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Ask for Cherie

Happy Thanksgiving

GRF PRESIDENT'S MESSAGE



Ben Benjamins

Marsha Gerber

Wishing you a very happy Thanksgiving, wherever you may be

by Marsha Gerber
GRF president

Thanksgiving Day has different meanings for each of us. Some people want the Norman Rockwell version. But for me, hopping into my golf cart (instead of bumper-to-bumper traffic on the 405 Freeway) and celebrating with a few people here that are my family now is just perfect. Homemade enchiladas by my Mutual 15 friend will be served instead of turkey. Pumpkin pie will still be part of the day, I am sure. This is a day to express gratitude for all our blessings. And one of those blessings we all share is that we live in this safe, beautiful community. With all my heart, I wish each of you a very happy Thanksgiving.

CHRISTMAS TREE

Lighting ceremony is Dec. 6 at 4:30

The GRF Recreation Department is hosting the Annual Christmas Tree Lighting Ceremony, beginning at 4:30 p.m. on Tuesday, Dec. 6, at Veterans Plaza. There will be a brand new tree and an appearance by Santa. He and his elves (courtesy of the LW Theater Club) will collect unwrapped toys for the upcoming annual Toys for Tots event to benefit children in need. Santa will be available for photos. The Korean American Chorale will entertain with a selection of Christmas carols. The audience will be invited to sing along. Optum at the HCC will provide complimentary refreshments.

GATHER ROUND

SEASON of GENEROSITY

The season that celebrates gratitude is here, and the focus is on all that makes Leisure World a great place to live. The LW Weekly is grateful to its loyal readers and contributors who help make this a weekly conduit of community connection. Staff seeks to accommodate all contributors, who inform readers weekly on LW's comings and goings. Thank you to all who help do that. As everyone gets ready for a full feast ahead, read on for an abundant look at what your neighbors and friends are thankful for.

Mary Ellen Fuller, Mutual 2

I have lived in LW since March 2020 and love it here. I'm so grateful for silence at night, the peacefulness in the morning, the friends I've met since I've been here, the ocean, the bike path, Main Street in Seal Beach, all of my neighbors and my pretty greenbelt. Happy Thanksgiving to all of you.

Fred Fenton, Mutual 12

I am thankful for Leisure World. There are many reasons: location near the beach, affordability, security, accessibility features, six clubhouses, Amphitheater, golf course, aquatic center, dozens of clubs and activities, extensive beautification over the past few years and the many volunteers who serve on our 16 Mutual boards.

But I am most thankful for meeting

my wife at Leisure World. Linda and I met at water aerobics classes here. Our falling in love and marrying is thanks to each of us having chosen this lovely community for our retirement years. Thank you, Leisure World!

Tom Pontac, Mutual 10

As corny as it sounds, I'm very thankful that I'm married to my best friend, Jeanne, and that, in many important ways, it's gotten better as the years go by. I'm thankful that, in times of crisis and difficulty, I've been blessed to have the friends and the courage to accept and surmount my problems. I am a better person because of them.

I'm thankful that my parents taught me to be non-judgmental and unprejudiced toward others as regards race, religion or gender, and to not judge myself

too harshly either. I'm very thankful that I have, at long last, learned to not dwell on my losses, but to focus what I have and, especially, what I can do for others. I'm very thankful for the life I've lived and can't wait to see what lies ahead.

Eileen Newquist, Mutual 2

I'm thankful for my children, grandchildren, and great grandchildren. I don't know what I would do without them and my longtime friends that I have made in Leisure World.

Melinda Lee, Mutual 5

I am grateful for having my father still alive today at 85.

Paulette Kaplan, Mutual 7

I just wanted to say thank you for the person who delivers my LW Weekly. Even though I am able to use the computer, I enjoy reading my paper.

The carriers in my area, Mutual 7, come up onto my patio and place my paper on the table that I have set next to my door.

This gesture, small to some but huge to me, is so appreciated. I have back issues, and the fact that I do not have to pick the paper up from the floor is so very much appreciated.

It brings to mind a song from long ago, "Little Things Mean a Lot."

At this time of Thanksgiving, I am very grateful. Thank you.

GRATITUDE, page 18



GOLDEN AGE FOUNDATION



Emma DiMaggio

The Golden Age Foundation helped 350 LW residents safely dispose of more than 650 pounds of spent household batteries at a drop-off event on Nov. 15. This group of enthusiastic GAF volunteers made the inaugural collection effort possible. It was the first opportunity to recycle batteries in LW since September when rising costs forced the shut-down of a previous collection program. On-site battery recycling is a welcome service as it saves residents' a trip to an Orange County hazardous waste collection center. For more information, see page 3.

WATER CONSERVATION

LWers are using less water but now is not the time to relax

The City of Seal Beach reports that Leisure World residents used 15% less water in October as compared to September.

“This is a good sign,” said Iris Lee, the city’s deputy public works director. “But we should not relax on these important water conservation measures.”

There are a number of free virtual classes offered for landscape design and irrigation principals offered free of charge by Metropolitan Water District. For more information, visit <https://www.bewaterwise.com/classes.html#find-classes-in-your-area>.

Residents are asked to continue implementing these important water conservation measures:

Kitchen

- There’s nothing as refreshing as a cold drink of water, but don’t let the faucet run to get it. Chill a container of water in the refrigerator instead.
- Avoid running the faucet



Sprinklers are the biggest water hogs around, especially when water flows onto sidewalks. Most GRF sprinklers have been adjusted to align with water conservation rules.

over frozen food to defrost it; put it in the refrigerator the night before or defrost in the microwave.

- Rethink any tasks usually performed under running water—like washing vegetables or brushing teeth. (A gallon of water is wasted if the faucet is

half open for 1 minute.) Use a dishpan or bowl to catch the water instead of letting it run down the drain. Then pour the water from the bowl onto your house plants.

Appliances

- Set the water level on wash-

WATER, page 20

GRF HEALTH & SAFETY

LW fire reports were up in November

by Eloy Gomez
health and safety specialist

The holiday season in the U.S. is generally considered to begin the day after Thanksgiving and end after New Year’s Day. However many Leisure World residents are already shifting into holiday mode and have begun to test their ovens to ensure they are functional and ready to try new recipes so they can bring the best homemade treats to those club and family holiday parties.

Unfortunately, this holiday cooking excitement also increases the risk of home fires in Leisure World.

In the first two weeks of November, there have been four fire incidents reported, including two stovetop, one microwave and one oven incident. Both stovetop incidents were caused by unattended cooking.

According to the Orange County Fire Authority, more cooking fires are reported on

Thanksgiving Day than any other day of the year, followed by Christmas and Christmas Eve. Help protect your family, neighbors, unit and building by practicing cooking safety this holiday season.

Holiday Cooking Safety Tips

- Stay in the kitchen when frying, grilling or broiling food. Unattended cooking is the leading cause of home cooking fires.
- Check food often while cooking. If you are entertaining guests, use a kitchen timer as a reminder that the stove or oven is on.
- Wear short, fitted or tightly rolled sleeves when cooking.
- Keep cooking areas clear. Pot holders, paper towels, wooden utensils and even cookbooks can be fire hazards if left too close to the stove, oven or other kitchen appliances.
- Clean cooking surfaces regularly to prevent grease buildup.
- Make sure children and pets stay at least 3 feet from the oven or stove.
- Test smoke alarms and never disable them while cooking.
- Inspect and remove combustible items from the oven before preheating; plastic and wooden handles and utensils can easily ignite.

In the Event of a Fire

- If the fire is on the stove, cover the pan with a lid and turn off the stove. Never try to move the pan to the sink and never pour water on a grease fire.
- If the fire is in the oven or microwave, keep the door closed and turn off the appliance.
- A multipurpose ABC fire extinguisher can also be used on a small cooking fire. An extinguisher should only be used if the fire is not spreading, and smoke and heat have not filled the area, and you have a clear escape path.

Each of the steps above must be followed by a call to 911, even if the fire has been doused. The fire department will check for hot-spots or damage to appliances. If the fire is spreading aggressively to other areas beyond the cooking surfaces, for example, floors, cabinets, counter top or items on the countertop, evacuate the unit immediately. Once safely out of the unit call 911 and begin to alert/evacuate your neighbors. Never re-enter a unit on fire.



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Events will follow applicable public health safety guidelines.

11/29/2022

10:00 AM & 3:00 PM

12/1/2022

4:00 PM

12/5/2022

5:00 PM

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Interact Solutions
Town Halls

Interact Solutions will host informational meetings for residents interested finding out more about bulk cable and Internet service coming to LW on Dec. 3, Jan. 7 and Jan. 21. All meetings are in the lobby of Clubhouse 3 from 1:30-5 p.m.

LW’s bulk cable contract will expire Dec. 31. Interact Solutions representatives will be there to answer questions and demonstrate its product.



Golden Age Foundation volunteers collected, sorted and boxed 650 pounds of spent household batteries at a Nov. 15 recycling event.

GAF

More than 350 LWers participated in recycle event

The Golden Age Foundation (GAF) sponsored a successful battery recycling event that served about 350 residents who dropped off over 650 pounds of batteries Nov. 15.

This was the first opportunity to recycle batteries in LW since September.

Residents expressed gratitude to the GAF when it found a way to resume the service, saving them a trip to a hazardous waste center. Household batteries cannot be thrown away in regular household trash.

People brought their batteries to the Clubhouse 2 parking lot where volunteers collected, sorted and packed them for shipment to the recycle facility.

Leisure World’s longtime battery-disposal service was discontinued after significant cost increases in pick up and processing made it impractical to continue.

In 2021, the GAF recycled between 3,000-5,000 pounds of batteries, but the cost of recycling shot up from less than \$1 a pound to over \$4 a pound. As a result, collection points supplied by the Golden Rain Foundation to the GAF were no longer available.

Since then, the GAF found a new program, which still costs around \$1.50 per pound but is much less expensive than the \$4-\$5 per pound it was paying last year.

So many residents turned out Nov. 15 that several had to be turned away as the 650-pound limit was reached sooner than anticipated.

The GAF plans to hold another household battery collection event in four months.

In the meantime, LW residents can take their batteries (of all sizes) to an Orange County Waste and Recycling Center for free all year long. Centers also take paints, cleaners, oils and

BATTERY, page 27

GRF/MUTUAL BUDGET

Packets will be received via USPS

GRF and Mutual budget disclosure packets were sent out for mailing starting Nov. 23. Shareholders should expect packets in the mail, rather than inserted in the LW Weekly as was the case in past years.

Packets include GRF and Mutual annual budget disclosures and a green electronic consent form, which will allow GRF or the Mutual to electronically send documents that would normally be mailed.

Some Mutuals have two electronic consent forms, one for GRF and one for the Mutual.

Additionally, packets include a consent form to let shareholders

BUDGETS, page 5

Town Hall

Saturday, December 3

1:30 pm to 4:30 pm

Clubhouse #3 Lobby

New TV and Internet Service coming 2023 to Leisure World

Presentations - Q&A

Live Demonstrations

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this season

As you enjoy this wonderful time of year, be sure to share the holiday cheer. Here’s how:

- Have a cup of coffee outside with friends
- Deliver holiday treats to your neighbors
- Connect with family and loved ones

We’re thankful to serve the Leisure World Community. We wish you and your loved ones a safe and happy holiday season.

— From all of us at the Health Care Center

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PERSPECTIVES

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

Letters to the Editor: The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant reviews, theater reviews or travel journal submissions are welcome, subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

Letter to the Editor

Editor:

I had a problem and I went to the new MedEx Urgent Care Clinic, 12410 Seal Beach Blvd. Ste F, Seal Beach, next to Ralphs in the Rossmoor Center.

The service was excellent, and the wait was very minimal. They knew what they were doing, and it was very fast.

If I need to go to urgent care again, I will go there. The clinic is connected to Optum Care (which is the provider at the Health Care Center).

Alanna Eaby
Mutual 12

CalFresh Program

CalFresh, a USDA-funded nutrition assistance program, can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods.

CalFresh is locally administered through the Community Action Partnership (CAP) in Leisure World to help improve the health and nutrition of people with lower incomes.

Requirements to Apply:

- Applicants must have at least one citizen or legal permanent resident with a Social Security number living in their household (including children).
- Applicants may qualify for CalFresh even if they have a full- or part-time job.
- Gross monthly income must be less than the amounts listed: One-person household, \$2,128; two-person household, \$2,874.
- Seniors, those on SSI or those with a disability can apply and may be eligible for CalFresh.
- Documents needed to ap-

CALFRESH, page 5



Senior Resource Focus

This one in a series of occasional columns to familiarize LW residents with the vast array of resources available to them. Each article focuses on a topic of interest as researched by GRF Member Resource Liaison Robann Arshat. This one is about the plethora of food resource programs in Orange County. The goal is to help residents better manage the challenges often associated with aging and to keep people at home and healthy for as long as possible.

by Robann Arshat
member resource liaison

There are many food resources in Orange County. For easy access information on finding more programs, resources, farmers markets, nutrition and free food map, visit www.ocfoodhelp.org.

Here is a list of top options:

• CalFresh

CalFresh, also known as the Food Stamp program or federally known as the Supplemental Nutrition Assistance Program (SNAP), provides monthly food benefits to individuals with low-income. It is the largest food program in California. This program issues monthly benefits on an Electronic Benefit Transfer (EBT) card (i.e., debit card). Food may be purchased at any grocery store or farmers market that accepts EBT card.

The amount of benefits depends on household size and income. The income guideline for 2022 is: one-person household can have a maximum gross monthly income of \$2,148; and a two-person household, \$2,904. Signing up for CalFresh is easy.

Log on to www.getcalfresh.org and click on "Apply for California Food Stamps Online."

RESOURCE, page 27

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GOVERNMENT

GRF Visitor Access Procedure

In an effort to provide a secure community while allowing timely access to authorized visitors, the following procedures regarding visitor access shall apply:

Resident/Authorized Person Call-In

An *authorized* resident/person can call the Security Main Gate Office at 562-594-4754 to call in a visitor to the community.

People authorized to call in visitors:

- Owner.
 - Co-occupant, non-owner, no stock.
 - Qualified permanent resident.
 - Authorized renter.
 - Power of attorney (*if* the resident is not deceased).
 - Executor (*only if* the unit is in “estate” status).
 - Trustee (*only if* the unit is in “estate” status).
- People who are not authorized to call in visitors:*
- Non-resident co-owner.
 - Outgoing, in escrow.
 - Former renter.
 - All caregivers, including part-time, full-time and live-in family caregivers.
 - In escrow.
 - Power of attorney (*if the resident is deceased*).
 - Immediate family.

When the authorized person notifies Security, he or she will provide the Security officer with the following information:

- First and last name.
- Mutual and unit number.
- Name of the visitor.

The Security officer will enter this information into the visitor access system. When the visitor arrives at the gate, a Security officer will:

- Obtain the name of the visitor.
- Obtain the name of the resident they are visiting.
- Record the visitor’s vehicle license number in the iPad tablet.
- Print out the pass and give the pass to the visitor.

If there is an issue with the issuing of the pass, the visitor will park and go to the Security Office for further assistance.

CITY OF SEAL BEACH

District 5 runoff will be Jan. 31

There will be a runoff election to fill the District 5 seat representing about half of Leisure World on Jan. 31. Council member Sandra Massa-Lavitt is termed out.

Nathan Steele, a business owner, got the most votes, 1,291 votes or 44.89%, on Election Day Nov. 8. He was followed by Mariann Klinger, a planning commissioner, who got 636 votes or 22.11%.

Neither candidate received 50% plus 1 of the votes, so they will contend for the seat in a runoff.

District 5 covers the portion of LW west of St. Andrews Drive. The remainder of LW comprises District 2.

Seal Beach city staff anticipates certifying the election at the Dec. 12 City Council meeting, provided the official results are received from Orange County Registrar’s Office.

CALFRESH

from page 4

ply: photo ID, Social Security card, proof of income and resident card (if applicable, receipt of rent and receipt of one utility bill).

Upon application, income and many other factors are taken into account to determine eligibility.

For more information or to apply online, call 1-800-281-9799 or go to <https://www.mybenefitscalwin.org/>.

Residents who need assistance applying for CalFresh should contact Robann Arshat in Member Resources at 562-431-6586, ext. 317, or robertaa@lwsb.com.

GRF BOARD

Executive Session

Thursday, Dec. 1

1 p.m.

Conference Room A

This GRF meeting is closed to Shareholders/Members per Civil Code §4935.

1. Call to Order
2. Roll Call
3. Approve Minutes
4. Legal
5. Contracts
6. Pending and/or Litigation Updates
7. Member Code of Conduct
8. Personnel
9. Adjournment

Agenda is subject to change.

Minibus Orientation

A Minibus informational meeting will be held Thursday, Dec. 1, at 10 a.m. in Clubhouse 3, Room 3. Meetings are held on the first Thursday of every month to help LW residents use the many transportation services available to them. No reservations are required.

The GRF Transportation Department provides information on the LW Minibus service as well as the GRF appointment-based Access bus service for people with mobility challenges.

Information on other bus and transportation services to nearby grocery shopping and medical service destinations is also presented.

Updates on the City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle.

BUDGETS

from page 3

set up an additional address where they can receive mail. People who want to receive correspondence electronically or receive mail at an additional address should complete the forms and return to them to Mutual Administration located in the Administration Building.

Residents should start receiving packets next week, and they will not all arrive at the same time, so neighbors may receive theirs before you receive yours.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., Dec. 1	Executive Board Session Conf. Rm A 1 p.m.
Mon., Dec. 5	Recreation Committee Conf. Rm B/virtual..... 1 p.m.
Tues., Dec. 6	Information Technology Services Committee Conf. Rm A/virtual 10 a.m.
Wed., Dec. 7	Physical Property Committee Conf. Rm B/virtual 1 p.m.
Thurs., Dec. 8	Communications Committee Conf. Rm A/virtual 1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Mon., Nov. 28	Mutual 8 (open forum 9:15 a.m.) Conf. Rm A/Zoom 9:30 a.m.
Tues., Nov. 29	Mutual 6 (rescheduled due to holiday) Conf. Rm A/Zoom 10 a.m.
Wed., Nov. 30	Mutual 10 (rescheduled due to holiday) Conf. Rm A/Zoom 9 a.m.
Thur., Dec. 1	Presidents’ Council Clubhouse 4/Zoom 9 a.m.
Tues., Dec. 6	Mutual 17 Conf. Rm A/Zoom 1:30 p.m.
Thurs., Dec. 8	Mutual 12 Conf. Rm A/Zoom 9 a.m.
Fri., Dec. 9	Mutual 3 Conf. Rm A/Zoom 9 a.m.

Carport Cleaning

Due to the Thanksgiving holiday the cleaning schedule will be adjusted. The carport that would have been cleaned on the holiday will be moved to Tuesday, Nov. 29.

In the morning:

- Mutual 11: Carports 130 and 131
- Mutual 15: Carports 7, 8, 10 and 13
- Mutual 16: Carport 9

In the afternoon:

- Mutual 15: Carports 3, 6, 11 and 12

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I am a singer born in Tennessee on November 26, 1939. I picked cotton as a kid and worked as a nurse's aide. A 1971 single helped propel my music career, and I am considered the Queen of Rock and Roll.

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Puzzles & Comics

Answers on page 23

○ ✱ ☐ ☉ ☼ ♪ ☾ ✧ ✨ ✖ ☼ ✚ ☹ ✨ ▲ ☾ ✨ ☿ ✨ ☹ ☿ ☹ ☹ ☹ ☹ ☹

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INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE	YOUR BOGGLE RATING
3 letters = 1 point	151+ = Champ
4 letters = 2 points	101-150 = Expert
5 letters = 3 points	61-100 = Pro
6 letters = 4 points	31-60 = Gamer
7 letters = 6 points	21-30 = Rookie
8 letters = 10 points	11-20 = Amateur
9+ letters = 15 points	0-10 = Try again

By David L. Hoyt and Jeff Knurek

D	H	S	I	P
O	A	T	T	L
C	R	G	O	A
K	H	C	N	O
Y	C	I	A	G

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[illegible]

Find the words hidden vertically, horizontally, diagonally, and backwards.

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ADRENAL
ADVERSE
ALBUMINURIA
ASYMPTOMATIC
BASAL RATE
BETA
BLOOD
CARBOHYDRATE
CARDIOVASCULAR
CONTROL
DEHYDRATION
DIABETIC
DIETICIAN
ENDOCRINE
FEET
GLUCOSE
INSULIN
KETONES
MONITOR
NERVES
ONSET
PANCREAS
STRIP



HEALTH & FITNESS

Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club's general meetings are held every fourth Tuesday at 1:30 p.m. in Clubhouse 3, Room 1. The board meetings are on second Wednesdays in Clubhouse 3, Room 7, from 9-11 a.m.

The Impaired Vision Support Group meets every third Friday at 10 a.m. in Clubhouse 3, Room 6. The Hard of Hearing Support Group meets every second Thursday at 10 a.m. in Clubhouse 3, Room 3.

For more information, call club President Juanita Townsend at 562-431-4026.

—Juanita Townsend



The Joyful Line Dance Club will host a Dec. 1 class and holiday party in Clubhouse 2 from 10:30 a.m.-12:30 p.m. All residents are welcome to attend for \$15 per person. For questions or to sign up, text Anna Derby at 562-301-5339. Joyful Line Dance meets on Thursdays from 10:30

a.m.-12:30 p.m. in Clubhouse 6 upstairs. Classes are limited to 35 people on a first-come, first-served basis. Face masks and exercise shoes are strongly recommended. No membership fee is required. For more information, text 562-301-5339.

SBTV Fitness

The following weekly exercise classes air on SBTv via TWC Spectrum CH3, Frontier Fios CH37 and sbtv3.org/schedule.

Sunday

5:30 a.m.: Feeling Fit

6:30 a.m.: Silver Age Yoga

Monday

6:30 a.m.: Feeling Fit

8:30 a.m.: Silver Age Yoga

Noon: Silver Age Yoga

Tuesday

7:30 a.m.: Feeling Fit

11 a.m.: Yoga for All Ages

Wednesday

5:30 a.m.: Yoga for All Ages

6 a.m.: Feeling Fit

7:30 a.m.: Silver Age Yoga

Thursday

6:30 a.m.: Silver Age Yoga

8:30 a.m.: Feeling Fit

Noon: Feeling Fit

Friday

6:30 a.m.: Silver Age Yoga

8:30 a.m.: Feeling Fit

Saturday

6:30 a.m.: Silver Age Yoga

8:30 a.m.: Feeling Fit

Bicycle Club

The Leisure World Bicycle Club invites riders for fun and healthy rides on Sundays (with breakfast), Mondays, Wednesdays and Fridays. Meet at the North Gate at 9 a.m. Helmets and safe shoes are required.

For more information about the club schedule, call Lucy Cyza at 818-209-5075 or Mary Romero at 562-810-4266.



Need help?
24-Hour Nurse:
562-795-6216

Tips to make your favorite foods healthier

After the whirlwind of the holiday season, many people are mentally preparing to give up their favorite foods to follow through with the new year's resolution of being healthier. What many don't realize is that resolving to eat healthier can be easy by making simple swaps when preparing the favorite foods.

- Choose crunchy foods. Those who are prone to snacking can reach for noisy foods. These include crunchy items like apples, carrots and pretzels.
- Tone down the cream. Comfort dishes like fettuccine alfredo typically are made with

lots of butter and cream. Replace cream sauces with a healthier base made of low-fat milk thickened with flour. Increase the flavor with favorite spices.

- Fry with care. Use healthy oils like olive or coconut sparingly. Many foods that are traditionally fried also can be lightly coated with cooking spray and baked for a crunchy texture.
- Choose sodium-free seasonings. It is recommended to limit the sodium to less than 1 teaspoon of salt per day. Try options like fresh herbs or lemon juice to add some sodium-free flavor.
- Increase fiber content. Fi-

ber helps one feel fuller longer and can also be helpful for digestion and heart health. Choose the brown varieties of rice, pasta and whole wheat breads.

- Replace meat with leaner forms of protein. Lean chicken and turkey can replace red meats in many recipes. Some traditional dishes such as burgers can also be modified using vegetables or seafood. Lean meats dry out quickly, so keep foods moist by watching cooking times.
- Stock up on yogurt. Greek and other varieties of yogurt can replace sour cream and mayonnaise in many dishes.

—MetroCreativeConnection

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Nov. 24

Happy Thanksgiving! Closed in observance of Thanksgiving holiday.

Friday, Nov. 25

Closed in observance of Thanksgiving holiday.

Monday, Nov. 28

Beef teriyaki, brown rice, oriental vegetables, applesauce with cinnamon, tuna salad sandwich with spinach and tomato, homemade macaroni salad.

Tuesday, Nov. 29

Oven-baked chicken leg and thigh, mashed sweet potatoes, seasoned cauliflower, chocolate pudding, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

Wednesday, Nov. 30

Stuffed bell peppers, garlic and chives mashed potatoes, peas with onions and pimentos, fresh pear, ham and cheese sandwich with lettuce, tomato and pickle, confetti slaw.



Wa-Rite members Linda Rich (l-r), Ruby Resnick, Joyce Brandon and Shirley La Breque achieve and celebrate their weight loss goals together.

Wa-Rite

The queen for the month of October was Linda Rich with a loss of 5.5 pounds. Ruby Resnick, Joyce Brandon and Shirley LaBreque tied for the loser of the week with a loss of 2 pounds each. The Wa-Rite's total loss for the week was 10 pounds. Members paid tribute to veterans at the meeting.

Judy Crimmins gave a presentation on signs of dehydra-

tion. Lack of water may cause dizziness, brain fog, muscle spasms and dry mouth. By using a refillable water bottle people can keep track of the recommended water intake amount of 56-64 ounces. Consuming water-rich foods such as celery, cucumbers and watermelon will help people stay hydrated throughout the day, increase energy and clear the head.

The weekly weigh-in is on Fridays in Clubhouse 3, Room 1, from 8-8:45 a.m. The meeting begins at 9. Everyone must present a GRF ID at the door to join the meeting.

There will be no meeting on Nov. 25. The next weigh-in and meeting are on Dec. 2. Attendance is mandatory for year-end awards.

—Carol Chambers

ARTS & LEISURE



LWO Auxiliary members include Beverly Eamus (l-r), Jeanette Williams, Laura Freedman, Heather Kim, Helen Uno, Betsy Brandel and Cynthia Stone.

LW Orchestra to perform Dec. 10 in CH 4

On Nov. 10, a small group of volunteers met to make a plan of action to help the Leisure World Orchestra. The auxiliary will perform duties like greeting guests, passing out programs, serving snacks after concerts and collecting donations to help purchase music, repair instruments and purchase percussion items.

Members of the group love listening to classical music and are grateful to live in a community

where the arts flourish. They appreciate the effort of conductor Samuel Kim and members of the orchestra to prepare and practice their craft. Over the past few years, Kim's leadership and recruitment has led to a marked improvement in the orchestra's performances.

The Leisure World Orchestra Auxiliary looks forward to a packed house on Dec. 10 at 6 p.m. in Clubhouse 4.



Sculptor Raquel Tal, pictured with her work, was the featured artist at the Spotlight on the Artist reception hosted by the Art League on Nov. 11 in Clubhouse 4. On the left is a clay sculpture titled "Comfort." On the right is a bronze sculpture titled "The Lift." The artist showcased her sculptures to LW residents and guests who attended the event. People were in awe of her creations, which they called "amazing," "wonderful," "mind-blowing," and "worthy of display at museums." Tal is also a musician and plays the cello.



Terry Otte and Abilene will perform on Nov. 26.

GRF presents Abilene concert

Abilene will host its regular monthly boot scootin' dance this Saturday, Nov. 26, in Clubhouse 2 at 7 p.m. Doors open at 6:30. Reserving tables is prohibited.

Abilene is Leisure World's No. 1 country rock band going strong for 20 years. Terry Otte

leads Abilene and shares singing duties with Tina Schaffer. Guitarist Rod Anderson; guitarist, synthesizer and pianist Jim Long; bassist Doug Decker; and drummer Jim Greer round out the group. Doors open at 6:30.

For more information, contact kathyt@lwsb.com.

Pinochle

The pinocle scores on Nov. 5 were: Ruth Bonnema, first, 10,900; Donna Gorman, second, 10,420; Antonia Zupancich, third, 10,030; and Nancy Wheeler, fourth, 9,450.

On Nov. 7, the winners were: Irene Perkins, first, 12,850; Lynne Sorum, second, 11,270; Gene Smith, third, 10,500; and Charlotte Westcott, fourth, 10,450.

On Nov. 10, the winners were: Marilyn Allred, first, 12,880; Nancy Wheeler, second, 12,290; Curt Rogers, third, 11,960; and Jean Sudbeck, fourth, 10,950.

On Nov. 12, the winners were: Antonia Zupancich, first, 11,710; Jim Kasper, second, 11,493; Donna Gorman, third, 10,890; and Peggy Kasper, fourth, 10,280.

Chorus will perform Dec. 12

The NOCE Leisure World Senior Chorus will perform its holiday concert in Clubhouse 4 on Monday, Dec. 12, at 10 a.m. The choir is directed by Lee Lassetter, a NOCE instructor who was honored as NOCE Teacher of the Year in 2021. Students from her classes nominated her with a letter writing campaign. They submitted more letters than students of any other instructor, thus securing the title for her.



Lee Lassetter

The senior chorus, along with the NOCE LW Chime Choir, will perform several holiday favorites, including “Jingle

Bells,” “Silent Night” and some recently-composed seasonal pieces. All are welcome.

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Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
No Service	No Service	Smoked Salmon, Bagel, Tomatoes, Capers	Quiche Lorraine w/Bacon & Leek	Omelet w/Turkey Sausage & Spinach
		Mixed Fruit	Mixed Berries	Honeydew & Grapes
DINNER				
No Service	No Service	Beef Stroganoff Wide Noodles	Eggplant Lasagna Asparagus	Fresh Catfish w/Roasted Red Pepper Sauce
		Apple Pie	Cantaloupe & Raspberries	Brownie



The Friends of the Library Bookstore and Boutique is stocked with lightly used holiday-themed items.

Holiday gifts are available at Friends of the Library boutique

The Friends of the Library Bookstore and Boutique is open to help residents decorate their homes for the holidays. The bookstore and boutique are seeking donations of books (both hardcover and paperbacks), puzzles and boutique items.

As people unpack their holiday decorations from storage, the library and bookstore encourages residents to think about whether their surplus holiday items could enrich another's home.

Those uncertain about the size or suitability of their items can call the bookstore at 562-596-7735 for more information. Large trees and furniture are not accepted, though small cabinets and jewelry cases are welcome.

The bookstore continues to offer bargain prices: holiday cards for 10 cents each, 2023 calendars for 25 cents each, DVDs for \$1 per disc, CDs at three for \$1 and coffee table books for 50 cents.



Shirlene Wallis

Community Karaoke

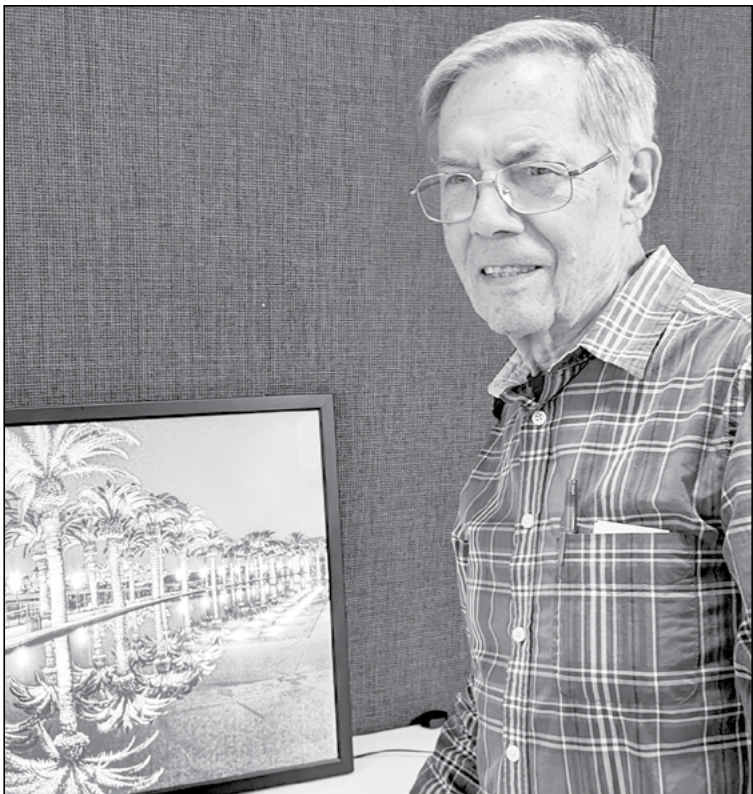
Celebrating her birthday, Shirlene Wallis, favored the group with delicious pizza and cake. Her favorite song, "Could I Have This Dance," is a trip down memory lane. Many toe-tappin' songs like "Rollin' in My Sweet Babies Arms" and "Hey Good Lookin'" were fun for Nina Todorov, Ellen Brannigan, Shannon Harrison, Danna Sanders, Pat Paternoster, Bob Barnum, Erika Greenwood and Vinny Correnti.

Richard Yokomi sang a quiet and smooth "You've Got a Friend." Intermingled were some beautiful ballads like "Twelfth of Never" and "The Great Pretender," sung by Mariza Joaquin, Elizabeth Butterfield, Barbie May, Ren Villaneauva, Ric Dizon and others.

With gusto, Nina DeRosa, did "Where the Boys Are" followed by Sally Glausser with "Love Potion No. 9." Folks go home from a Wednesday night karaoke party with a smile and humming a tune.

People can join the entertainment by neighbors and friends in Clubhouse 1 beginning at 5:30 p.m. Some enthusiastic singers take advantage of karaoke practice on Monday's in Clubhouse 6 from 1-3 p.m. Everyone is welcome.

—Margie Thompson



Ernie Dinkle displays his creative photo to the Photo Arts Club participants.

Photo Arts

The Photo Arts Club will hold a holiday meeting with food and libations on Thursday, Dec. 8, at 1:30 p.m. in Clubhouse 3, Room 9. Residents are encouraged to get to know their fellow photographers and bring holiday photos to share. Everyone is welcome.

A Facebook page has been created for all LW residents interested in photography. On Facebook, look for "Photographic Arts Club of Leisure World." This is a private page to avoid outside ads or comments posted on this page. To join, hit the "Join" button, and LW residents will be approved. Members are invited to post their favorite photos. In the "comments" section, people can ask questions about cameras, iPhones, or photography in general. A quick response will be provided.

At the Nov. 10 Photo Arts meeting, Ben Benjamins began a review and discussion of the 40 photos that members had sent to him. They were displayed on the large screen TV available now in Room 9. As each was shown, Benjamins and others in the audience commented on the importance of light and how it had impacted photo, design elements, use of color, focus, and the choice of subjects and how they had been arranged in the photo. Benjamins demonstrated using the edit features on his computer and on cell phones to modify some of the photos.

At the end of the presentation, he had a quiz showing buildings and asking the audience where the photo was taken.

For information about the club, call Regine Schumacher at 562-430-7978.



LWers Ellen Brannigan, Rita Tribble and Joanna Matos

Travel recap: Laughlin trip

Seventeen Leisure Worlders joined 17 others from Janet Karter's three-day getaway to Laughlin, Nevada on the Colorado River in mid-November.

All enjoyed the bus activities, the desert scenery and the casino playing machines, but the tour highlight was making the 191 curves on historic Route 66 to the old western mining town of Oatman, Arizona. Street burros greeted the group, nuzzled them for food and lazily wander through the main street where a cowboy shoot-out didn't faze them. As the number one residents, the wild burros have the right of way. Oatman was a booming town in 1915 with the discovery of rich ore. The town attracted miners and prospectors and the town grew to 3,500 residents. The town's main mine shut down in 1924, but other mining continued until 1944. To date, there are 70 families living in Oatman and they thrive on tourism.

—Joanna Matos

Texas Hold 'Em Tournament

Four tables of eight players enjoyed a great time at the tournament. The two players with the highest hands of the day were Tony Canfora (QQQQA) and Harry Sera (QQQQ7). The promotional hand was also won by Tony Canfora.

The final table players were Tony Canfora, Harry Sera, Daniel Galliani and John Burns. There was plenty of action at the table, with Galliani going out first in fourth place, and Canfora followed in third.

Sera and Burns battled for first place. In the winning hand, the flop came Q, K, 7. Sera went all-in with J10 and Burns called with AQ. The turn was a 5, and the river was a 10. That gave John the winning hand of QQ.

Burns has lived in Leisure World and been a member of the club for 1.5 years. He also enjoys other activities in LW, like pool, pickleball, ping pong and golf. Another of his hobbies is Brazilian jiu-jitsu.

To play a fun and friendly game of Texas Hold 'Em, visit the club on the first three Saturdays of each month at



John Burns

11:30 a.m. in the Clubhouse 6 lobby.

The Poker Club will host a Texas Hold 'Em Casino Tournament on Saturday, Dec. 17, in Clubhouse 6 at noon. Advance entry for club members is \$20 at the door, \$25 for guests. Advance registrations are accepted on all regular tournament days.

The tournament is limited to 50 players. People are encouraged to register early. Lunch, check-in and registration will begin at 11 a.m., and play will begin at noon. No late seating will be allowed.

—Deborah Barner

Orchestra needs French horn and tuba players

The next LW Orchestra concert is Saturday, Dec. 10, at 6 p.m. in Clubhouse 4. Admission is free and there will be treats after the concert. The club has an urgent need for French horn and tuba players. As always, the club is happy to accept any new musicians who want to join.

Those interested should contact Fred Reker at fredreker326@gmail.com. The concert will include Christmas music, classics by Beethoven, Tchaikovsky and Mozart, a trumpet concerto by Hayden and much more.

Cribbage

Forty-four members of Cribbage Club were treated to delicious chocolate cake and a choice of vanilla or chocolate ice cream last week.

Franca Yeske offered refreshments in celebration of Happy Cribbage Day. Donna Gorman and Carrie Kistner served.

First place prize winner was Lynne Sorum with a score of 839. Second place went to Jack O'Brien with 836. Mike Rosu took third place with 834, and Drew Sargent placed fourth with 823.

Refreshments are donated by members and served at noon. People who are interested in providing refreshments should see Marilyn Chelsvig at the check-in table for available dates. Seven games are played beginning at 12:30 p.m. each Tuesday in Clubhouse 1.

To learn how to play cribbage, brush up on the game or learn more about the club, call and leave a message with Terry Thrift at 714-394-5885.

—Terry Thrift

Duplicate Bridge

Overall winners in the four-table Howell game on Nov. 10 were Sibyl Smith and Al Appel with a 58.33% game. Second were John Berg, Jr. and Marcia Lane with a 57.14% game.

North/South winners in the seven-table game on Nov. 11 were Larry Topper and Lynn Danielson with a 61.9% game. East/West winners were Judy Jones and Al Appel with a 59.52% game.

With a 63.43% game Judy Jones and Al Appel were the East/West winners in the ten-table game on Nov. 14. Second East/West were Nancy Lichter and Richard Norris with a 54.63% game. North/South winners were Sylvia Kaprelyn and John Hagman with a 59.49% game; second were Shmuel Fisher and Thad Mikols with a 56.94% game.

Games are played on Monday, Thursday, Friday and Saturday afternoons in Clubhouse 1 beginning at 12:30 p.m. Players are asked to arrive no later than 12:15 p.m. to confirm their reservations. Reservations can be made at any game using the sign-up sheets and/or by contacting Dan Frank at 562-739-6441 (text preferred) or by email at danfrankcpa@gmail.com no later than 10 a.m. on game day.

—Gene Yaffee

Bunco Club

Bunco results for Nov. 14 are as follows: Michie Kimura, most buncos; Gail Levitt, most wins; a tie between Cindy Zurn, Dee Vasques and Trudy Dugan for most babies; Barbara Pouliot, most losses; and Sandy Weisenstein, door prize winner.

The next Bunco Club meeting will be held on Monday, Nov. 28. The club meets the second and fourth Monday of every month in Clubhouse 3, Room 1, at 6 p.m. sharp. All residents and guests are welcome. A halftime social is held for all attending.

For more information, call Gail Levitt at 562-596-1346.

Saturday Social Bunco

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. The next meeting will be held Nov. 26 in the Clubhouse 3 Lobby. Sign-up starts at 1 p.m. Play begins at 1:30.

The winners from the Nov. 12 meeting were: Susan Rose, most buncos; Dina Navarro, most wins; a tie between Mary Holden and Kathy Strople for most babies; and a tie between Diane Tucci and Barbara Lutzi for most losses. Katie Carmagnola was the door prize winner.

For more information, call Doris Dack at 562-356-0443.

—Doris Dack

Art League announces November competition winners



Award winners at the Art League's November competition were Allyn Constant (top), Carmen Leslie (bottom, l-r), Shel Magnuson and Alice Sioson. The Art League holds competitions monthly.

The winners in the Art League's November competition were:

- **Best of Show:** Alice Sioson
- **Masters:** Carmen Leslie, first place; Carol Levine, second place; Rita Hughes, third place.
- **Intermediate/Advanced:** Shel Magnuson, first place; Marion Higgins, second place; Pamela Lynn Farnell, third place.
- **3-D/Digital/Mixed Media:** Alison Sioson, first place; Linda Frysinger, second place.
- **Popular Vote:** Allyn Constant.

The demonstrator and judge at the meeting was an impressionist painter Tom Balderas. Leslie Parker joined as a new member and won the raffle prize donated by demonstrator Balderas.

There will be no meeting in December. The next scheduled meeting is on Jan. 8.

—Larry Sioson

CALLING ALL CAR LOVERS



Silver Fox Car Club President Ted Green riding low at the Belmont Shore Car Show. The Silver Fox Car Club meets on the second Tuesday of each the month, Clubhouse 3, Room 5, at 6 p.m. People don't have to own a vintage, classic or collectible vehicle to join the club; they just need a passion for cars.

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.

2 Ways

There are two ways to live your life;

One as though nothing is a miracle,

The other is as though everything is...

My preference is the latter.

History moves so fast, summer comes but once a winter;

I can't find tomorrow because I've lost today.

Yesterday is a whisper; The wine is no longer room temperature.

The tea is cold. The youth is no longer bold, I am told the rest has been sold.

—Mitch Cohen,
Mutual 15

NOCE opens class registration for spring 2023

The spring 2023 Leisure World NOCE semester begins on Jan. 13 and ends on May 27. Before the semester begins, students will need to register for classes beginning on Tuesday, Dec. 6. New and returning students will be able to register for the spring semester one of two ways:

1. Attend NOCE's in-person registration event at the Clubhouse 3 Learning Center on Tuesday, Dec. 6 which will be held from 8 a.m.-noon.

2. Beginning Dec. 6 at 8 a.m., people can register themselves online at myGateway, by visiting mg.nocccd.edu. Use the CRN numbers listed on the class list to add each class. If a class has two CRN numbers, people must register with both numbers to stay enrolled in the class for the full semester.

No matter which method people choose to register for classes, they must already have their Banner ID and password to access their online

account before registration day on Dec. 6.

Students who are currently enrolled in Fall 2022 classes should visit mg.nocccd.edu before Dec. 6 to ensure they have all their correct log-in information by logging into myGateway successfully.

Those interested in attending Leisure World NOCE classes for the first time should visit the LW Library before the end of November to receive assistance applying to become a NOCE student.

Prospective students will need to apply on a computer and will need access to their personal email account to complete the application.

People who have issues logging into myGateway or applying to become a student should call NOCE Star Help at 714-808-4679 or visit the library, where GRF staff will do its best to troubleshoot issues. More information regarding registration is available at the library.

Hui O Hula

Hula dancers practice weekly. Members are currently learning holiday hula.

The group meets on Tuesdays in Clubhouse 6 with a lesson on basic hula at 12:30 a.m., walk-in-hula-out at 1 p.m., and the regular class at 2 p.m.

On Thursdays, the club holds a regular class at 1 p.m. in Veterans Plaza.

Call event coordinator Kaye Huff at 562-431-2242 for class information or to book a Hawaiian style holiday program.

Hearing and vision-impaired versions of the LW Weekly are available online at www.lwweekly.com.

COMMUNITY



FALW Club officers open the Thanksgiving celebration with announcements.

FILIPINO ASSOCIATION OF LEISURE WORLD

Club’s holiday party will be held on Wednesday, Dec. 21

The Filipino Association of Leisure World’s (FALW) annual Thanksgiving dinner and November birthday celebration was held on Nov. 13 in Clubhouse 2.

The club enjoyed dinner which included turkey and ham with all the trimmings. After dinner, the festivities continued with karaoke singing and line dancing.

The next FALW meeting will be held on Dec. 11 in Clubhouse 2, Room 3.

New members are welcome to join the multicultural club and all residents are invited to participate in FALW’s bingo games Dec. 20 in Clubhouse 2 at noon.

The FALW Club will hold a “Simbang Gabi,” the celebration of the coming of the birth of Christ on Wednesday, Dec. 21, in Clubhouse 2 at 5 p.m.



FALW celebrates club members’ birthdays each month.

ROLLIN’ THUNDER

Last Air&Water Day of the year will be held on Dec. 3

The Rollin’ Thunder Golf Cart Club will hold its quarterly Air&Water Day on Saturday, Dec. 3, in the Clubhouse 4 parking lot from 8:30-10 a.m.

The entrance to the cart line-up will be on the exit/alley roadway that connects Northwood Road and North Gate Road on the east side of Clubhouse 3. Look for the signs and follow the traffic cones. Rollin’ Thunder volunteers and Security staff will be there to assist.

Club volunteers will check tire pressure and battery water levels. Many LWers find it physically difficult to perform these activities on their own. Yet, ignoring these two maintenance items can lead to serious accidents and stall-outs in traffic, as well as premature tire and battery wear.

There is never a charge for this valuable service, and all LW cart owners are urged to participate. Club membership is not required.

For further information, call President Tom Davis at 562-431-6859.

In the event of rain, Air&Water Day will be postponed to Saturday, Jan. 14.

—Mike Levitt

Vehicle sale will be this Saturday

Each fourth Saturday authorized residents have the opportunity to sell any used motorized vehicle in the Administration parking lot from 8 a.m.-4 p.m.

Vehicles must have current DMV registrations and GRF decals and insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes, and scooters may be sold. The owner or representative does not need to be present but is allowed to display a single “for sale” sign no larger than 18” by 24” on the vehicle, to include a phone number.

The sale is open to Leisure World residents only and the guests they call in. The public will not be able to sell at the events. For more information, contact Recreation at 562-431-6586, ext. 398.

AMERICAN LATINO CLUB

Holiday party will be held Dec. 9

The American Latino Club will celebrate the holidays on Friday, Dec. 9, at 11:30 a.m. in Clubhouse 2.

Lunch will consist of two tamales per person with a choice of beef, chicken and/or pork. There will be a potluck of sides and desserts, plus drink choices including hibiscus water, horchata or plain water. The cost of the lunch for guests is \$10 per person. Members will be contacted by email or phone to provide their choices by Friday, Nov. 25.

Payment must be sent to Treasurer Carmen Edwards by Nov. 25 either by mail or by dropping it off at 1240 Oakmont Rd., 52-K, Seal Beach, CA 90740. Checks can be made out to the American Latino Club. For more information, call 562-431-4257. There will be a voluntary gift exchange with a \$10 minimum and a 50/50 raffle during the party. Entertainment will be provided by Ed Bolos and the team. There will be no events in January.

— Miryam Fernandez

Nikkei Club changes its name to the Japanese American Club

The Nikkei Club has changed its club name to the Japanese American Club. The club is still open to everyone in Leisure World, not just people of Japanese heritage.

The club’s annual Christmas luncheon will be held at the East Buffet located at 12100 E. Carson St., Hawaiian Gardens, on Tuesday, Dec. 13, at 11 a.m. Everyone is responsible for paying for their own lunch for \$15; drinks are extra. The club will pay for tax and tips. Friends and relatives are welcome to attend.

Club membership dues for 2023 are \$10.

People can RSVP to Michie Kimura at 714-317-1102.

Celebrate Thanksgiving in the Hospitality Room in CH 6

Join the Golden Age Foundation hospitality team and neighbors for hot coffee and pumpkin pie on Thanksgiving morning, Nov. 24, from 9-11 a.m. in Clubhouse 6. Hank Barto will provide light entertainment on the piano.

For more information, call Carl Kennedy at 661-810-9410.



People gather to honor Korean War Veterans in 2018.

Korean War veterans to be honored on Dec. 14

The Korean Veterans Association of Leisure World extends an invitation to the Korean War veterans in Leisure World to a night of dinner and entertainment on Wednesday, Dec. 14, in Clubhouse 4 from 4-6 p.m.

Members of the Korean Veterans Association want to honor and show their deep gratitude and respect to all Korean War veterans and their families for their sacrifices.

All the Korean War veterans residing in Leisure World, whether they were of military personnel of the U.S., U.N., or Korean Military Forces, are invited to attend.

The event will include dinner, gifts and entertainment by the Korean traditional classical music team.

The highlight of the event will be the award Korean War Veterans to Peace Medal by the Consulate General of the Republic of Korea in Los Angeles.

The event is sponsored by the Korean Veterans Association and the Consulate of the Republic of Korea in Los Angeles.

The event will include dinner, gifts and entertainment by the Korean traditional classical music team.

The highlight of the event will be the award Korean War Veterans to Peace Medal by the Consulate General of the Republic of Korea in Los Angeles.



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Joyce Craig, Alice Martanegara, Bruce Berman and Eileen Dohl

Woman’s Club of Leisure World

The Woman’s Club of Leisure World will meet on Tuesday, Dec. 6, at 1 p.m. in Clubhouse 2. During the last meeting, the club collected over 200 pounds of food for We Care, a program that provides urgent help for seniors, veterans and at-risk families.

Joyce Craig and Eileen Dohl also presented a check the Golden West College Foundation Scholarship for Nursing. Director of the Foundation, Bruce Berman and Dean of Nursing, Alice Martanegara were present to accept the check. This month, the club will hold a gift drive for the charity On the Day You Were Born. This organization provides birthday baskets to children in need. Each basket contains new clothing, shoes, toys and a book. It is all wrapped and topped off with a stuffed animal, paper party items and supplies.

On The Day You Were Born has a mission to help local children from low-income or at-risk

families feel special and loved on their birthday. These birthday presents and gifts go to children aged 2-10. The Woman’s Club asks members and guests to bring items to be included in the baskets. The talented singer Jennifer Hart will entertain members and guests with her special

holiday program. Hart’s repertoire consists of upbeat, positive songs peppered with stories, jokes and sing-alongs. Hot drinks and refreshments will be served. For more information about the Woman’s Club of LW or to join, contact Kathy Russell at 949-293-7517.



The Sunshine Club holiday party in 2018 featured an Asian buffet luncheon.

SUNSHINE CLUB Holiday Party will be held Dec. 16

On Friday, Dec. 16, the Sunshine Club will hold its annual holiday party with its members from 10:30 a.m.-1 p.m. in Clubhouse 3, Room 2. All residents are welcome to attend, but must RSVP by Wednesday, Dec. 9. Tickets are \$15 per person. The club will provide a Korean buffet lunch. For more information, text 562-301-5339.



Leo Chelyapov

Schmooze Club

All residents are invited to join the Schmooze Club for “A Klezmer Hanukkah” on Tuesday, Dec. 13, in the Clubhouse 3 Lobby and Room 9. The guest entertainer is renowned klezmer and jazz clarinetist Leo Chelyapov. Refreshments will be served at 10 a.m. in Room 9. The program will be held in the lobby from 10:30-11:30, where there is room to dance along with Chelyapov’s lively music. Hanukkah gifts will be available for viewing and purchase before and after the program.

SCHMOOZE, page 16

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Donate to the GAF through Amazon

The Golden Age Foundation (GAF) is launching its “Give Where You Live” campaign to raise awareness among residents about the value of contributing to the foundation year-round.

One way residents can help the GAF while they shop is through www.smile.amazon.com. Amazon Smile is a unique, charitable award program funded through Amazon for qualified nonprofit organizations like the GAF. Every time you buy something from Amazon, a small percentage of your purchase will go to the GAF at no additional cost.

When enrolling in Amazon Smile, make sure to choose your charitable organization as the Golden Age Foundation, Seal Beach. Below are step-by-step instructions on how to get started with Amazon Smile:

1. Sign in to an existing Amazon account. If you don’t have an Amazon account, you can create one for free on Amazon.com.
2. Type “Golden Age Foundation Inc.” as the charity you want to support. Make sure the location is set in Seal Beach.
3. Don’t forget to start at www.smileamazon.com when you shop.

During the past quarter, the GAF received \$301.09 through Amazon Smile. The GAF appreciates residents’ purchases through Amazon Smile to support the GAF.

For information on the GAF’s services in Leisure World and how to get involved or donate, visit www.goldenagefdn.org or call 562-431-9589 or 562-301-5339.

—Anna Derby

Call the LW Weekly at 562-430-0534

SCHOOZE
from page 15

Chelyapov was trained in Russia as a conductor and individual instrumentalist. He has lived in California since 1992 and has performed in jazz festivals and numerous venues with other accomplished artists, with his own band, and as a solo performer. Chelyapov plays many different instruments and uniquely combines jazz and klezmer melodies together. Leo has appeared on the “Late Show with David Letterman,” the Chabad Telethon and with Rabbi Shmuel Marcus and in the 8th Day band.

There are “no dues to schmooze,” however, donations are accepted.

All residents are invited to this festive pre-Hanukkah celebration with Chelyapov and Rabbi Shmuel Marcus of Chabad of Cypress and Los Alamitos. Hanukkah begins five days later on the evening of Dec. 18.

RSVPs are requested to plan for refreshments; call Darlene Rose at 562-347-8008.

Democratic Club

by Mary Larson
LW contributor

The Leisure World Democratic Club’s meeting, originally scheduled for Nov. 23, has been postponed to Wednesday, Nov. 30. The meeting will be held in Clubhouse 3, Room 9, and via Zoom at 1 p.m.

Diana Carey will deliver a speech titled “Where Do We Go from Here?” at the meeting. The title comes from Martin Luther King’s speech delivered at the 11th Annual ACELC Convention in Atlanta, on Aug. 16, 1967.

Carey is well known by long term club members as a former vice-chair of the Democratic Party of Orange County and as the recipient of the club’s “Democrat of the Year” award. She is currently a member of the Huntington Beach Union High School District Governing Board. Carey was first elected to that board in 2018, and was re-elected for another four years in this year’s General Election



Diana Carey

on Nov. 8.

Election of the 2023-2024 Democratic Club Board of Directors will be held during the Nov. 30 membership meeting. Members will also have an opportunity to discuss the results of the General Election and brainstorm about the future. Of special interest will be the Jan. 31 run-off election for the seat on the Seal Beach City Council.

The last time Leisure World residents living in Seal Beach City Council District 5 voted for their representative on the Council, there was only one candidate on the ballot. In this year’s General Election, four candidates ran to represent District 5, which covers the western half of the community.

None of the four 2022 candidates for District 5 received 50% + 1 of the votes. As a result, the two who received the most votes—Mariann Klinger and Nathan Steele—will face one another in the Jan. 31 run-off.

Klinger is currently serving on the city’s Planning Commission—a post she has held for the past seven years. She was appointed to this position by City Council member Sandra Massa-Lavitt.

The Democratic Club will support Klinger during the weeks leading up to the Jan. 31 election.


...

To subscribe to the Democratic Club’s free electronic newsletter, call 562-296-8521 or email democraticclubsblw@gmail.com. People are asked to include their full name, address, phone number and party affiliation.

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control issues, call the 24-hour animal services line, 562-570-7387, or go online at www.longbeach.gov/acs/wild-life/coyote-report.

Remember to not engage and give space to wild animals, strays and any sick or aggressive looking animal you come across.



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SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>.

Thursday, Nov. 24

- 4 pm Korean Community Church Chorale/LW Orchestra
 - 4:40 pm Kennedy Space Center/ LW Lapidary Club
 - 5 pm Duck Pond Reunion
 - 5:50 pm LW Radio Club
 - 6 pm Life and Times in SB: The Lawhead Brothers
 - 6:30 pm Velvetones or America's Oldest City
 - 7 pm Studio Cafe
 - 7:30 pm McGaugh Go West 2022
 - 9 pm SB City Limits: Richard Hastings
 - 10 pm TLR Experience: The Eagles Tribute
 - 11:50pm Cruise Alaska
- ### Friday, Nov. 25
- 4 pm Korean Nights
 - 5 pm Napa Wine Train
 - 5:30 pm Head Master or Aliens Walk Among Us
 - 6 pm Korean Community Church Chorale/LW Orchestra
 - 6:40 pm Kennedy Space Center
 - 7 pm McGaugh Pageant of the Arts
 - 8 pm Studio Cafe
 - 8:30 pm LW Tribute Concert 2022: Stone Soul Motown
 - 10:10 pm Neil Diamond Tribute
 - 11:40 pm Velvetones
- ### Saturday, Nov. 26
- 4 pm Mystery at the Theater
 - 4:30 pm The Bug Guy
 - 5 pm Jazz Holiday Concert with Hank Barto
 - 6:16 pm Cruise Alaska or LW Lapidary Club
 - 6:30 pm Studio Cafe
 - 7 pm McGaugh Pageant of the Arts
 - 8 pm LAUSD

Sunday, Nov. 27

- 4 pm Vintage Vehicles
 - 5 pm Napa Wine Train
 - 5:15 pm Kennedy Space Center
 - 5:30 pm LW Radio Club
 - 5:40 pm Cruise Alaska or LW Lapidary Club
 - 6 pm America's Oldest City
 - 6:15 pm Korean Community Church Chorale/LW Orchestra
 - 7 pm McGaugh Goes West 2022
 - 7:30 pm Bob Cole Conservancy
 - 8 pm Studio Cafe
 - 9 pm LW Tribute Concert 2022: Rod Stewart
 - 10:35 pm Korean Nights
 - 11:50 pm Napa Wine Train
- ### Monday, Nov. 28
- 4 pm Jazz Holiday Concert with Hank Barto
 - 5:20 pm Korean Community Church Chorale/LW Orchestra
 - 6:30 pm Studio Cafe
 - 8 pm Seal Beach City Limits: Richard Hastings
 - 9 pm TLR Experience: the Eagles Tribute
 - 10:50 pm Duck Pond Reunion
 - 11:30 pm The Bug Guy
- ### Tuesday, Nov. 29
- 4 pm Aliens Walk Among Us
 - 4:30 pm Mystery at the Theater
 - 5 pm LW Tribute Concert 2022: Hail to the King
 - 7 pm Neil Diamond Tribute
 - 8:30 pm LW Tribute Concert 2022: Stone Soul Motown
 - 10 pm Ronstadt Revival
 - 11:40 pm LW Car Show

Wednesday, Nov. 30

- 4 pm Life and Times in SB: Lawhead Brothers
- 5 pm LW FALW Picnic 2022
- 6 pm LW Tribute Concert 2022: Live and Let Die, Paul McCartney
- 7:40 pm The Velvetones
- 8:30 pm McGaugh Go West
- 9 pm LW Tribute Concert 2022: Stone Soul Motown
- 10:10 pm Rod Stewart Tribute Ban
- 11:40 pm Kennedy Space Center or America's Oldest City

*All programming subject to change.

American Legion Post 326

American Legion Post 326 will host bingo on Sunday, Nov. 27, in Clubhouse 2 at 1 p.m. All residents and guests are invited to join the fun. The buy-in is \$5 for 10 games and other games are available for purchase. The first call begins at 1:30. Refreshments and coffee are also available.

The American Legion Auxiliary Unit 327 will host a joint holiday luncheon on Monday, Dec. 21.

LOS ALAMITOS SENIOR CLUB

Join the Bingo fundraiser on Dec. 1

The Los Alamitos Senior Club will hold a bingo fundraiser at the Los Alamitos Community Center on Dec. 1 at 11:30 a.m. Doors open at 9 a.m. and buy-ins are from 9:30-11. Buy-ins are \$20 and \$5 for each additional six sheets per person.

Prizes include \$50 for nine games, \$100 for a blackout, drawing 50/50, extra games at 50/25/25, additional games for \$1 each and more.

Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you and your family. Email submissions and high resolution jpgs to laurieb@lwsb.com.

The deadline for submissions is the Thursday before the desired publication date.

For more information, email laurieb@lwsb.com, or call 562-430-0534, ext 801.

OBITUARIES

Jennie Mathilde Walsh 1925-2022

Jennie Mathilde Walsh, a 13-year resident of Leisure World, died Nov. 18 at her home. She was 97.



Born in Ketchikan, Alaska, on March 21, 1925, Jennie was the only child of a pioneer Alaskan fishing boat captain Otto Bindpage and his wife, Ione. After high school graduation, Jennie first moved to California to attend Scripps College in 1943.

A year later she married U.S. Army Corps of Engineer Vincent Walsh, who had been stationed in Ketchikan and served in the Alaskan Campaign in World War II.

The couple settled in Southern California and were married for 63 years until his death in

2007.

A homemaker and accomplished seamstress, Jennie enjoyed playing and watching golf. She and Vince were longtime members of Chevy Chase Golf Course in Glendale and later the Golf Course of Oregon in Albany, Oregon.

Jennie raised three children, one daughter, Dawn Hoeger, who preceded her in death, and two sons, Douglas Walsh (Kathleen) and Daniel Walsh (Debbie).

She is also survived by son-in-law Dennis Hoeger, three grandchildren, Darren Hoeger, Maree Hoeger and Michael Walsh and three great-grandchildren, Colin Troman, Sebastian Walsh and Madeline Walsh.

She enjoyed her later years at Leisure World where she became an avid gardener, often seen basking amid the amazing plant display on her sunny Mutual 9 patio.



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(1) Annual Percentage Yield (APY) is accurate as of 11/14/2022, subject to change without notice, and cannot be combined with any other offers. The minimum balance to open a Savings Promo account is \$2,500 and the minimum balance to obtain the advertised APY for the Savings Promo account is \$2,500 – new money only. Balance tier amounts and APYs associated with the end-of-day balance for purpose of paying interest on the Savings Promo account are: \$0-\$2,499.99 – APY 0.00%; \$2,500.00-\$5,000,000.00 – APY 3.00%; \$5,000,000.01 or more – APY 0.50%. Interest rate is variable and subject to change after account opening. If the balance in the account exceeds \$5,000,000.00, the APY will be reduced on the entire account balance. The APY will be reduced on the entire account balance if the amount on deposit for all of your individual and joint Savings Promo accounts combined exceed \$5,000,000.00. A maintenance fee will apply if the account balance falls below \$2,500. Fees may reduce earnings. Additional terms and conditions may apply. Offer not available for Specialty Deposits or Public Funds. Deposit maximums may apply. See branch for details.

(2) Annual Percentage Yield (APY) is accurate as of 11/14/2022, and cannot be combined with any other offers. The minimum balance to open an 13 Month Certificate of Deposit (CD) Promo account and obtain the advertised APY is \$2,500 – new money only. The APY assumes interest remains on deposit until maturity. A withdrawal of interest will reduce earnings. A penalty may be imposed for early withdrawal. Fees may reduce earnings. Additional terms and conditions may apply. Offer not available for Specialty Deposits or Public Funds. Deposit maximums may apply. See branch for details

HAPPY Thanksgiving

GRF staff would like to express gratitude to the cheerful, optimistic and altruistic residents who make this community such a great place to work.

Thank you for your patience during trying times, and for your smiles and encouraging words throughout the year.

May this holiday find you at the center of family, friends and feasting.

We are grateful for you!

GRATITUDE
from page 1

KG and Katy Koons, Mutual 15

Though we have health problems, we are thankful that our 42nd anniversary is coming soon and for our church and the Lord. We are thankful that we have had freedom in this nation to have two vocations for me: teaching and pastoring, and banking for my lovely wife. Of course, we have family members we love and our cat of 11 years. Longtime friends round out our blessings that include living out our last time in LW. Not bad for a kid from Jersey and a wife from Austria.

Christine Bird, Mutual 5

I am thankful for the variety of trees that adorn our properties, the green grass and beautiful golf course and the humming, lively pool for all to frolic in. I'm thankful for the food trucks offering burritos, pizzas and lobster rolls and bisque and even whoopie pies! And for the variety of clubs and churches that keep us moving in mind, body, spirit and heart. The convenient Health Center Center and post office are invaluable.

Also the diligence of volunteers who help recycle batteries, shred unwanted documents, run our Mutuals with insight, expertise and willingness to serve, and for our weekly newspaper that keeps us informed. We appreciate photos of homes that we wished our loving friends in other parts of the country would invest in so we could be closer physically and not be just text or phone pals. God has been good to us all.

Dave Crandall, Mutual 10

I'm thankful for my 2022 retirement, allowing me to appreciate my new home in Seal Beach, and specifically, Leisure World. Goodbye, morning alarm and rush to begin work on a computer. Hello, stepping outside to feel the caress of the sunshine and sea breeze, and spy the ubiquitous rabbits, monarch butterflies and black phoebes, as well as the occasional great egret.

I'm thankful for the time to enjoy the Leisure World activities, clubs, facilities, and classes (the LW Library, the Creative Writing club, painting, genealogy, Scrabble, bocce ball), and for my new neighbors and old friends. I'm thankful for my new part time math tutoring job outside Leisure World that I actually look forward to, and the gift of being able to taste food, and hear music from the world over, right here in sunny, breezy Seal Beach.

Angela Valerie, Mutual 1

I am very grateful for the shredder truck available to us and for the Golden Age Foundation volunteers who are there to help us. God bless you all!

Steve Martinez, Mutual 9

I'm thankful for the Leisure World community. The GRF and GAF boards give their time without pay to make the community a nicer place to live. Their hard work is noticed. Mutual 9 directors also give their time without pay updating important documents, managing multiple contracts and funding off lawsuits. I sleep well knowing they take care of business.

The Community Church welcomes all no matter your story or identity. Spirits are renewed. And to all those who show remarkable resilience facing life's challenges, steady perseverance waking each morning to live your lives, and the wisdom to know that wealth and treasure have no pleasure like a friend or two. You are great role models. I'm thankful for the time spent with few and faithful friends; being present with a sound mind, body and soul; the honor and privilege to love you; and a hope for a greater tomorrow.

Janice Turner, Mutual 8

I'm thankful for the opportunity GRF offered me to participate in the 2022 Arts & Crafts Festival. My sales were a success! I raised a generous amount to help St. Jude Children's Research Hospital. Thanks to all the generous people that stopped by to make this donation in fighting childhood cancer possible. Wishing you all a blessed holiday season!

Yvette Perdue, Mutual 10

Thankful to LW friends who helped donate hundreds of caps, scarves, clothing, etc., over the years to Christian Outreach in Action, Long Beach, which provides assistance to the homeless.

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WATER

from page 2

ing machines to match the size of the load. Try to avoid doing frequent small loads; whenever possible, run the machine only when it is fully loaded.

- People don't need to rinse dishes before putting them in the dishwasher. Hand rinsing dishes under the faucet uses up a lot of water. Use the dishwasher's pre-rinse cycle instead of hand rinsing. If a dish or two isn't completely clean after the dishwasher cycle, finish the job by hand.
- Like the washing machine, only run the dishwasher when it's full. When possible, wash dishes by hand in a sink—not under a running faucet. Use a second basin or dishpan for rinsing.

Bathroom

The bathroom offers the next biggest opportunity to save water.

- Make sure toilets are all working properly. According to the American Water Works Association, the average American home loses more than 15 percent of all water used to leaks. Call a Mutual director for a leaking toilet. Leak detection tablets can help people check for leaking toilet components. Up to 20 gallons of water a day can be lost this way. If you hear water running in an adjacent unit, call Security.
- Keep showers as brief as possible or turn the water off while shaving or scrubbing in the stall.
- When taking a bath, close the drain while the water warms up, then adjust the temperature. Monitor the tub as it fills, and turn the water off at the half-way mark.
- Turn off tap water while brushing teeth.

Outside

- Sprinkler set-ups can be overwatering lawns and greenbelts. Residents should report standing water that could be attributed to sprinkler overwatering to their Mutual directors. These puddles also foster mosquitos, which can exacerbate the potential for West Nile Virus.
- Use a broom, not the garden hose, to wash off patios or sidewalks.
- Use the car wash located at Clubhouse 2 as it uses recycled water.
- Water gardens in the morning or later in the evening, when temperatures are cooler.


Water conservation begins with each individual. If each member makes a few simple adjustments to his or her household routine, the community can conserve thousands of gallons of water and save thousands of dollars each year.

In California's Mediterranean climate, winter rains typically taper off and end in the spring. By November, rain usually arrives and wets down the landscape, dampening the fire danger.



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SPORTS & GAMES

Special tournament will be held on fifth Tuesday in November



Theresa Lim holds the lucky ball after a hole-in-one.

Thirty-five members of the LW Women's Golf Club participated in the weekly tournament on Nov. 15. They competed for low gross, low net and fewest putts.

During this nine-hole competition, Theresa Kim scored a hole-in-one on Hole 7. The club congratulates Theresa as this is the first hole-in-one she has scored since joining the club six years ago.

The Flight winners were:

Flight A—Low Gross: Susie Kim, 24; Low Net: Stella Yoon, 21; Fewest Putts: Susie Kim, 11.

Flight B—Low Gross: Theresa Lim, 30; Low Net: Pam Krug, 25; Fewest Putts: Theresa Lim, 11.

Flight C—Low Gross: Mary Anne Moore, 30; Low Net: a tie between Hailey Yang

and Cecilia Han, 24; Fewest Putts: a tie between Hailey Yang and Cecilia Han, 12.

Flight D—Low Gross: a three-way tie between Liz Meripol, Delias Kim, and Mary Devlin, 33; Low Net: Anne Walshe, 21; Fewest Putts: Liz Meripol, 14.

A special fifth Tuesday tournament competition will be held on Tuesday, Nov. 29.

Golfers participating are expected to play 18 holes. The \$2 fee will be collected.

The day of the tournament, prizes will be awarded for low gross and low net for each flight. Those who choose not to participate in the tournament can come and play nine holes that day.

—Dale Quinn

Pool League

The last meeting of the Leisure World Fall Pool League was held on Nov. 14 in Clubhouse 1 and 2. The Rustlers lost to the Bank Bandits by an 8-5 score, but held on to win the league championship by two games with a season record of 70 wins and 47 losses.

The Rustlers team is Rusty Aquino, Gary Snow and Connie Terry. They led the 10-team league most of the season and held on to what was a close finish. Dave Silva, Dave Mackinder and Connie Adkins each won four games against the Rustlers for the Bank Bandits.

Right on Cue finished the season strong with a 10-4 win over the Ball Busters. Tom Zimmerman won six games for Right on Cue, including both his singles matches.

Hard to Handle won over the Renegades 8-5 to finish in second place, just two games behind the Rustlers. Jerry Wrenn won six games for Hard to Handle, losing only his nine ball singles match.

Any Hole Counts won nine to four over the Crack Shots. They were led by "A" player Steve Edrich who won five games.

The 3 Amigos edged Rockin' Rolling 7-6 to tie for third place with 65 wins and 52 losses. The 3 Amigos were led by the league's top "C" player, Roy Mittlestead, who won five games.

On Nov. 21, in Clubhouse 2, all 10 teams played one game of eight ball against every other team. The top three winning teams divided the sweepstakes money set out at the beginning of the season.

The winners of the Nov. 21 eight ball tournament were not available at press time.

—Dave Silva

Men's Golf League

Friday Golf

Twelve golfers from the Leisure World Men's Golf League played Nov. 11 at the 4,000-yard, par 62 David L. Baker Golf Course in Fountain Valley. Baker has numerous water hazards and large sand traps.

This week the weather was sunny but very cool at the 7 a.m. tee time. Once the sun rose over the treetops, the temperatures rose nicely and with no wind the golfers attacked the course. The fairways, which are in poor condition, are being groomed and seeded with numerous fairways closed to cart traffic. Tee boxes still need renovation. Greens remain in good condition.

With the average playing conditions, the course, surprisingly, allowed eight of the 12 golfers to shoot net at or below par. Tim Looney and Liz Meripol were closest to the pins on the third and twelfth par 3's respectively. Fujio Norihiro and Bob Munn had fewest putts, and Dave LaCascia had the only birdie.

Winners:

A Flight (handicaps 0-19): First place: Dave LaCascia, a well-played 3 over 59; second: tie between Gary Stivers and Clay Fischer, a very nice 2 over 60; third: Fujio Norihiro; fourth: tie between Bill McKusky and Tim Looney.

B Flight (handicaps 20 and over): First place: Liz Meripol, an excellent 7 over 55; second: tie between Tom Ross and Bob Munn, a very good 5 over 57; third: Lowell Goltra, even par 62; fourth: Digna Vesely; fifth: Gene Vesely.

Monday Golf

Twelve intrepid golfers from the Leisure World Men's Golf League played Nov. 14 at the 6,000-yard, par 71 Willowick Golf Course in Santa Ana. Willowick has no water hazards, but

relays on long, narrow, treelined fairways and cavernous sand traps to challenge the golfers.

With the average playing conditions, the course was very stingy and allowed only two of the 12 golfers to shoot net at or below par and there were no birdies.

Lowell Goltra and Gene Vesely were closest to the pins on the fourth and twelfth par 3's respectively. Gary Stivers and Goltra had fewest putts.

Winners:

A Flight (handicaps 0-19): First place: Clay Fischer, a well-played 1 over 72; second: Gary Stivers, a very nice 2 over 73; third: Fujio Norihiro, a hard earned 3 over 74; fourth: tie between Bill McKusky, Larry Hillhouse and Sam Choi.

B Flight (handicaps 20 and over): First place: Digna Vesely, an excellent 4 under 67; second: Bob Munn, a very good even par 71; third: Tom Ross, a nice 1 over 72; fourth: tie between Gene Vesely, Bill Zurn, and Goltra.

The Monday and Friday greens golf leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance League reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and Eagles (two over par), although infrequent, are generously rewarded.

If interested, contact Gary Stivers, 714-313-3697, or Dave LaCascia, 801-674-5975.

—Dave LaCascia



Ellie West, Roger Bennett, and Rod Osgood won prizes at the Turkey Shoot on Nov. 9.

Shuffleboard Club

The deadline for signing up for the Winter Leagues that will begin in early January is Dec. 2. For information, sign up at the Courts Building behind Clubhouse 1, or call or text Kay Mount at 775-527-0426.

The LW Shuffleboard has much to be thankful for this year. The club is most grateful for all its new players who have taken the plunge and to the club's many veterans who have so generously mentored and encouraged novice players. The club thanks the LW Weekly staff

for its support in publicizing club events.

The club is so fortunate to have officers Sally Fowler, treasurer, team captain and room decorator extraordinaire, and Ellie West, club communicator, luncheon organizer, and ever-present helper.

The club is especially grateful to President Kay Mount, for contributing her dynamic leadership skills and boundless energy to make the club a warm and welcoming place to be.

—Maureen Habel

Golf Club Christmas party Dec. 3

The Men's Golf Club Christmas Party will be held on Dec. 3 in Clubhouse 2, starting with happy hour at 5 p.m., dinner at 6 and installation of new club officers to follow. There will be dancing to a live band playing rock and roll hits.

Only Men's and Women's Golf Club members and their guests can attend. Tickets will be available at all golf tournaments and meetings, with a cutoff date of Nov 25. Tickets can also be purchased from Joann Lim by contacting her at 909-762-5393. Tickets will not be sold at the door.

Tickets cost \$20 per person, which includes a choice of one of three Finbars pastas with the trimmings, plus salad and dessert with free beer, wine, water, and soda.

Raffle tickets will be sold at 10 tickets for \$5. Winners receive \$25 until cash runs out. It is expected there will be some donated merchant gifts included in the raffle. There will be a final door prize drawing with one table winning \$5 for each person at the table.

Contact Dave LaCascia at 801-674-5975 with any questions.

GOLF

Tournaments rescheduled due to weather

There was no LW Men's Golf Club tournament on Nov. 9, due to the inclement and the fact that the tee boxes will be under repair for several weeks.

With temporary tee boxes placed well in front of their usual position, it was decided to postpone the tournament until the tee boxes are functional again. For the same reasons, the Guys and Gals Tournament on Nov. 16 was also postponed. The next Men's Tournament will be on Nov. 23, and the Guys and Gals fifth Wednesday of the month tournament will be held on Nov. 30.

Those who planned to play in any tournament and cannot should contact Alan Sewell, 541-324-8558, or Dave LaCascia, 801-674-5975, as soon as possible. Arrive 10-15 minutes prior to your scheduled tee time and be ready to play.

—Dave LaCascia

Send sports stories to
emmad@lwsb.com

RELIGION

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2; Wednesday morning Bible study at 10 in Clubhouse 3, Room 2. The Hymn Sing will be held Sunday, Nov. 27, at 6 p.m. in the Clubhouse 3 Lobby.

Sermon for this week: Pastor Chuck Franco will continue his series titled “What is Truth?” this weekend. The third installment of the series is related to the baptism of the Holy Spirit. One of the distinctives of Pentecostalism is the initial evidence of the infilling of the Holy Spirit and speaking in tongues. While this experience has been frequently misunderstood and mishandled, it is a gift from God, described and validated in scripture. Pastor Chuck will bring his sermon titled “The Evidence of the Baptism of the Holy Spirit” in the Sunday morning service on Nov. 27. He will expand on why the gift is given, its place in the church and its value to the believer.

The Hymn Sing is this Sunday evening at 6. in the Clubhouse 3 Lobby. All LWers who enjoy singing traditional hymns and fellowship are invited to participate.



Chuck and Sheryl Franco

Bible Study: The study of the book of Titus continues to draw parallels to today’s society and issues of modern culture, demonstrating the absolute consistency of Biblical truth. Students are engaged, and the discussion is thought-provoking.

Contact: More information about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor

or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at 562-343-8424.

Pastor Chuck’s sermons can be accessed on the Faithlife app under “Leisure World Assembly of God,” where people can also give online.

Community Church

All residents are invited to Community Church’s first annual Christmas Bazaar on Saturday, Dec. 3, from 10 a.m.-2 p.m. Residents can shop for festive home-made baked goods, knit and crochet items, cards and crafts. Join Community Church for a “Bowl and a Roll” lunch for \$7. Nativity Scenes will be displayed along with a tour of the stained glass windows.

Luke’s Gospel says about the end times that “about that day and hour no one knows.” It can be refreshing to hear these words when there are so many voices claiming to know the moment of the end times. Jesus teaches his followers not to listen to these prognosticators but rather to be prepared and to work toward the world as God is calling it to be. The way believers do that is to walk in the light and participate in what God is doing.

This is the third week of Community Church’s Extended Advent as the church looks at the season of Advent as a time of development, rather than a time of waiting. The development that is asked of believers is to learn to accept and embrace God’s love for each person as they are. When people embrace God’s love, they are released from a hidden burden and can share that love with others. This accepting love that is shared between people rises together like a warm loaf of bread.

The word Gospel means “good news,” and Community Church’s mission is to spread the good news, both in person and online.

As a faith community in Leisure World, Community Church continues to celebrate its 60-year history here and the legacies of those who founded and grew the church. While the future remains a mystery, the members of Community Church are dedicated to celebrating each day that is given to them. All are welcome to join the church.

Entrances to the church may be found both at the front of the church and by the pedestrian gate near the shopping center.

The church no longer requires proof of vaccination in the sanctuary; masking is optional. Community Church also offers virtual worship on Zoom and Facebook for those who cannot attend in person.

Those who want more information or are in need without another way to address it may call the church office at 562-431-2503.

First Christian Church

First Christian Church’s prayers for the community include asking for the Lord to keep all Leisure World residents in his care and that his bountiful love is felt by all who take part in services at First Christian Church.

This month, First Christian Church will receive special offerings to be sent to a local homeless shelter to help with extra meals for the holidays. For more information, call the church and leave a message and someone will reply at earliest opportunity.

Message From the Pastor

Pastor Bruce Humes’ message this week will reveal the beginning of the human race and the promise that Eve’s offspring, Jesus, would be the savior of the human race.

Thus far in the book of Genesis, Adam had called his companion “woman,” but in Genesis 3:20, he names her Eve: “And Adam called his wife’s name Eve because she was the mother of all living.”

The name Adam gave Eve means “life or life giver.” There were no children at this point, just Adam, uniquely designed in the image of God, and his wife, Eve. From this, believers know that people are all descendants of this first family, Adam and his wife Eve. There is but one human race, born of one man and one woman.

It was by faith that Adam named the woman Eve and that she would be the first to bear

children and through her, all mankind would be born.

Genesis 3:15 states that from Eve’s descendants would come the Messiah himself, who would “crush the head of the serpent that had entered the garden in his attempt to have his own way with the man and woman that God had created.”

First Corinthians 15:45 says: that “Adam became a living being, the last Adam, a life-giving spirit.” The revelation of the last Adam in the New Testament is a testimony of God’s original plan to allow man to have eternal life through Adam and Eve.

Weekend Services

Traditional Sunday services are from 9:30-10:45 a.m., with hymnal music led by Pat Kogak at the piano.

This week the talented Don and Beverly Sunday will sing a duet.

Saturday services, from 9:30-10:45 a.m., are more contemporary with Gregory Black leading worship with guitar accompaniment. Saturday service time is 9:30-10:45.

Midweek Studies

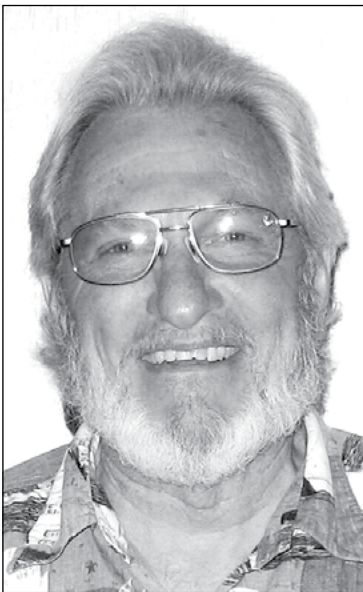
Melli Herrera leads the new women’s Bible study on Mondays from 10:30-11:45 a.m.

Pastor Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday’s Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Friday’s prayer and Bible study is from 6-7 p.m.

All residents are welcome to



Pastor Bruce Humes

attend any of the above services and Bible studies.

Scripture of the Week

A Psalm for Thanksgiving: “Shout joyfully to the Lord, all the earth. Serve the Lord with gladness; Come before him with joyful singing. Know that the Lord himself is God; it is he who has made us and not we ourselves; we are his people and the sheep of his pasture. Enter his gates with thanksgiving and his courts with praise. Give thanks to him, bless his name. For the Lord is good; His lovingkindness is everlasting And his faithfulness to all generations,” Psalm 100.

Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call 562-431-8810.

LW Baptist

The Great Commission assigns believers to offer God’s salvation to the ends of the Earth. Amazingly, with modern technology and missionary outreach, every believer can participate in the mission. Jesus promises to be with believers in this enterprise for his glory.

LWers can learn more about the Great Commission and a believer’s individual role in it at LW Baptist’s Sunday’s service on Nov. 27. The choir will echo the message’s themes with the gospel song, “Jesus Saves.”

The women’s Bible study group will meet on Monday, Nov. 28, at 10 a.m. The group will finish its study on the book “Serving God With all Your Mind,” and announce a new study for the following week. The Energizers group will meet on Wednesday, Nov. 30, at 3 p.m. to learn about how to wait on God from Psalm 37.

For more information about the church, call 562-430-8598.



Pastor Rolland Coburn

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, Nov. 25, at 6:30 p.m. Rabbi Mike Mymon will lead the hybrid services on Saturday, Nov. 26, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

To receive a Zoom invitation for any of the services, call or text Jeff Sacks at 714-642-0122.

This week’s Torah portion is Toldot from the book of Genesis. Toldot (Generations) opens with the births of Isaac and Rebecca’s twins, Jacob and Esau. Esau sells his birthright to Jacob in exchange for soup. Isaac and Rebecca travel to Gerar, where Isaac makes a peace treaty with King Abimelech. Isaac gives Jacob the blessing meant for Esau, and Jacob runs away to his uncle Laban.

Congregation Sholom has served Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

Faith Christian Assembly

“Those who are planted in the house of the Lord shall flourish in the courts of our God,” Psalm 92:13 (New Kings James Version).

All people want to flourish. Being planted in God’s house, the church, believers can expect to flourish based on hearing the promise that comes from the word of God.

Often, people try to achieve self-improvement in many ways, but when people look to the word of God, it says that getting planted in a church will bring the growth that leads to a flourishing life. This growth can be found through relationships and community, learning what a

person’s true identity in the Lord is and his love for us through reading the Bible.

Some people may think of going to church as an obligation or duty, a place with rituals and rules. But it’s not so people can rest assured by the verse in Psalm 92:13 that it’s something more. There is a supernatural exchange that takes place when people go to meet God in his house, alongside his people, in the freedom and joy that God intended.

Those who are considering visiting or joining a new church are invited to join Faith Christian Assembly. The church has a welcoming and warm congrega-

tion with a Bible-based message taught each week.

Faith Christian Assembly’s Sunday service times are 10:30 a.m. and 5:30 p.m., with the pre-service prayer at beginning at 5. The weekly Bible study is in the main sanctuary every Wednesday at 11 a.m.

To receive a copy of the church’s free monthly newsletter or to receive more information, contact the office at 562-598-9010 during business hours Tuesday through Friday or email contact@fcachurch.net. The church is located at 13820 Seal Beach Blvd. People can also visit the church website at www.FCachurch.net.

Redeemer Lutheran

Redeemer Lutheran Church Council Vice President Jerry Brady will deliver a sermon titled “Counting Sheep as We Try to Sleep” on Sunday, Nov. 27. People are invited to reflect, join the celebration and share the Scripture and Communion

of the Great Thanksgiving at 10:30 a.m. in the sanctuary a 13564 St. Andrews Drive, across from the Administration building. Ample parking is provided.

Every Wednesday during Advent (Nov. 30-Dec. 21), there will be special study and service

at 10:30 a.m. for those who would like a quiet, meditative time in the midst of the busiest time of the year.

For more information about the service or the work of the church, call the office at 562-598-8697.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays. Relief Society and Elders Quorum meetings are on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8681.

Buddha Circle

Buddha Circle will meet on Saturday, Dec. 3, in Clubhouse 3, Room 1, from 9:30-11 a.m. with Ven. Kusala, who presents Buddhism in a simple way.

Donations are welcome and will support Kusala in his teachings. For more information, go to www.urbandharma.org or call 714-468-6887.

Holy Family Catholic Church

Holy Family Catholic Church will hold a Thanksgiving Day Mass celebration today, Nov. 24 at 10 a.m. Note this is not the usual 8:30 a.m. Mass. People can bring bread and wine for their Thanksgiving meal to be blessed.

Hymn Sing

Assembly of God will host its monthly Hymn Sing on Sunday, Nov. 27, in the Clubhouse 3 Lobby at 6 p.m. There will be time for fellowship after the service, and residents are welcome to bring finger food to share.

Puzzle Answers

Puzzle pages 6-7



SCRABBLE G R A M S SOLUTION											
D ₂	A ₁	Y ₄	P ₃	A ₁	C ₃	K ₅	RACK 1 = 77				
C ₃	A ₁	N ₁	V ₄	A ₁	S ₁	S ₁	RACK 2 = 62				
A ₁	N ₁	A ₁	T ₁	O ₁	M ₃	Y ₄	RACK 3 = 62				
P ₃	A ₁	C ₃	K ₅	A ₁	G ₂	E ₁	RACK 4 = 82				
T ₁	A ₁	C ₃	K ₅	I ₁	L ₁	Y ₄	RACK 5 = 66				
PAR SCORE 280-290							TOTAL 349				

Crossword Answers

S	L	A	T		A	S	I	A		E	G	G	S		T	A	T	T	L	E	
C	A	B	O		P	E	N	D		T	O	R	I		O	B	E	R	O	N	
O	V	E	R		T	H	E	C	O	U	N	T	E	R	C	U	L	T	U	R	E
W	A	L	T		Z	I	N		P	A	C	T		A	T	E	E	T	E	R	
					O	D	I	S	T	S		H	E	A	L				H	A	G
A	G	A	I	N	S	T	T	H	E	W	A	L	L	M	A	P			B	L	Y
P	R	I	C	E		Y	E	T	I			A	S	P	I	R	E				
R	I	D	E		P	A	L	M		R	A	E			S	N	A	T	C	H	
	P	A	S	T	O	N	E	S	B	E	D	T	I	M	E	S	T	O	R	Y	
			R	I	G			A	D	R	A	T	E	S		S	L	A	P		
O	H	B	O	Y		O	A	F	S		I	L	S	A		L	O	D	G	E	
D	I	E	U		A	R	M	O	I	R	E		N	S	A						
O	F	F	T	H	E	A	I	R	C	O	N	D	I	T	I	O	N	E	R		
R	I	O	T	E	R			T	S	A		E	N	O	S		C	A	A	N	
		R	A	R	I	N	G			S	O	F	A			L	A	R	G	O	
W	W	E		B	E	Y	O	N	D	T	H	E	P	A	L	E	A	L	E	S	
H	E	P			L	A	I	R		A	R	T	P	O	P						
O	T	H	E	L	L	O		S	E	A	R			R	O	E	B	U	C	K	
A	B	O	V	E	O	N	E	S	T	A	T	I	O	N	W	A	G	O	N		
M	A	T	A	T	A		V	A	S	T		A	N	N	I		S	L	O	E	
I	R	O	N	O	N		E	N	Y	A		B	A	S	E		K	Y	L	E	

Sudoku 1 Answers

9	3	8	5	4	1	6	7	2
1	6	2	9	3	7	5	8	4
7	4	5	6	8	2	9	3	1
5	7	1	2	6	8	4	9	3
2	9	6	4	7	3	1	5	8
4	8	3	1	5	9	7	2	6
8	1	7	3	9	4	2	6	5
3	5	4	7	2	6	8	1	9
6	2	9	8	1	5	3	4	7

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

ENJOY AGILE TARTAR CASINO
If U.S. automobile owners collectively had a favorite flower, it would be the — “CAR-NATION”

Sudoku 2 Answers

2	5	9	3	6	4	1	8	7
4	1	3	7	9	8	5	2	6
6	7	8	5	2	1	4	3	9
3	4	6	9	8	5	7	1	2
7	9	1	2	4	6	8	5	3
5	8	2	1	3	7	6	9	4
8	2	7	4	5	9	3	6	1
9	6	4	8	1	3	2	7	5
1	3	5	6	7	2	9	4	8

Guess Who?
Tina Turner

Crypto Fun Answers

A. glucose B. insulin C. levels D. diet

Boggle BrainBusters Answers

ARGO CRASH ROCKY CHICAGO TITANIC PLATOON

Word-Find Answers

M	P	I	P	Y	M	C	Y	I	M	N	M	C	B	F	E	E	T	S	P
V	R	Y	I	G	C	U	N	E	E	P	C	E	K	E	L	F	K	A	T
H	U	A	R	Y	C	K	N	V	K	A	A	A	C	Y	Y	I	N	I	R
T	O	L	T	D	E	D	E	F	R	A	T	A	H	C	O	C	V	U	A
I	D	I	S	T	O	M	G	B	I	M	R	G	C	S	R	F	N	S	R
E	D	B	O	C	N	O	O	R	G	D	L	F	R	E	C	M	Y	F	Y
E	B	N	R	G	O	H	U	F	I	A	N	B	A	O	H	M	O	A	C
Y	E	I	A	F	Y	N	A	O	N	O	K	S	N	B	P	I	K	C	V
S	N	L	C	D	I	S	V	E	I	Y	B	T	U	T	R	H	V	I	O
E	H	V	R	M	E	A	R	T	O	Y	R	A	O	F	M	Y	E	D	N
U	N	A	U	F	S	D	A	M	R	O	N	M	S	S	V	S	S	O	S
L	T	B	O	C	A	R	O	T	L	F	A	A	Y	A	V	T	S	S	E
E	L	O	U	L	D	N	Y	K	E	T	B	I	I	P	L	L	R	I	T
A	G	L	T	Y	I	G	E	R	I	B	T	V	T	C	V	R	O	S	A
N	A	E	H	T	L	S	K	C	D	I	A	B	E	T	I	C	A	I	B
R	C	E	O	U	R	O	M	R	D	B	M	C	H	F	S	T	O	T	D
Y	D	R	H	E	K	L	O	F	O	I	O	M	H	D	F	B	E	A	E
V	P	C	V	U	K	L	B	N	O	P	T	N	T	A	E	N	A	I	G
D	G	D	P	S	T	D	R	U	L	I	N	S	U	L	I	N	E	U	D
S	A	N	E	R	V	E	S	R	B	O	O	G	L	U	C	O	S	E	T

SBPD

Santa Cop program seeks families who need special holiday cheer

The Seal Beach Police Department is looking for families in need this holiday season as it prepares for the fourth annual Santa Cop community outreach event.

SBPD is requesting the public's assistance in locating families in need. People are welcome to nominate families or individuals who could use some extra holiday cheer this year, which will be funded by donations raised by the department.

Nominations should include the person or family's full name, phone number and the nominees' name(s), phone number, address, along with the reason for the nomination.

Send nominations to Officer Kendra Owen or Officer David Rael-Brook no later than Sunday, Dec. 11, by 5 p.m. Officer Owen can be reached at kowen@sealbeachca.gov or Officer Rael-Brook at draelbrook@sealbeachca.gov.

Nominations will be anonymous. All nominations will be reviewed and those selected will be visited by Seal Beach police officers and Santa Cop.

OLLI at CSULB Registration

Registration for the Osher Lifelong Learning Institute (OLLI) educational programs, winter semester, starts on Dec. 9. Classes start Jan. 4. OLLI is Cal State Long Beach's senior university.

The schedule includes 75 classes, including 14 new offerings. Classes, which are taught by emeritus professors and other senior experts, are held on campus at Cal State Long Beach, at several community satellite locations and online with Zoom.

To attend OLLI, people need to become members. Membership is open to adults 50 or older and is \$40 for a full year. People can register for any class for a \$15 tuition fee.

SBPD Report

A man was arrested after allegedly making a false bomb threat and pulling the fire alarm at a large apartment complex, according to the Seal Beach Police Department.

On Nov. 20 at 11:35 a.m., police responded to a call of a structure fire at the Eaves apartment complex, 333 First Street.

Officers arrived on scene and quickly determined that although the fire alarm was sounding, there was no fire.

Officers detained a male subject whom they suspected had intentionally pulled the fire alarm.

As officers continued to check the apartment building for fire, they discovered a suspicious package directly in front of the detained person's apartment door.

The man allegedly told officers that the package was a "gift for the bomb squad."

Fearing the package contained a hazardous object, the Orange County Fire Authority and the Orange County Sheriff's Department Bomb Squad responded.

Additional personnel from

the Los Alamitos, Cypress, and Huntington Beach police departments, along with the California Highway Patrol, and the Long Beach and Huntington Beach Fire Departments also responded.

The two neighboring apartment buildings were evacuated out of an abundance of caution. Pacific Coast Highway was

closed for approximately one hour while the buildings were evacuated.

Ultimately it was determined that the package did not contain hazardous or explosive materials. Once the man's apartment was also checked and officers discovered no hazardous items, people were allowed to return to their apartments.

City of Los Alamitos Winter Wonderland

Everyone is invited to attend the City of Los Alamitos 11th annual MemorialCare Miller Children's & Women's Hospital Long Beach Winter Wonderland presented by Universal Waste Systems (UWS).

The event will be held on Saturday, Dec. 3, from 4-7:30 p.m. at St. Isidore Historical Plaza, 10961 Reagan and Pine streets.

The free event will feature a snow play area sponsored by UWS, Santa and Mrs. Claus, vendors, entertainment by local school performing groups and organizations, a tree lighting ceremony, food vendors, a sensory calming area and a children's fun area. Parking is free for attendees and located at the Los Alamitos Medical Center parking structure.

The City of Los Alamitos Recreation and Community Services Department thanks the following gracious sponsors who help keep this event free for the community: MemorialCare Miller Children's & Women's Hospital Long Beach, title sponsor; Universal Waste Systems, presenting/snow area sponsor; Alamitos Eye Care and Southland Credit Union, bronze sponsor; and Los Alamitos Medical Center and Wicorek Family Dentistry, community sponsors.

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COMMUNITY ACTION PARTNERSHIP

Food distribution procedure has changed

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site near Clubhouse 4. The next food distribution will be Dec. 15.

The pick-up process has changed. Rather than driving up to the food truck, people should park, check in and retrieve their box of food from the Art Room in Clubhouse 4.

Every third Thursday from 9-11 a.m., qualified people receive 32 pounds of food, including cereal, juice, peanut butter, milk, canned vegetables, fruit, soup and cheese.

Eligible seniors must live

in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,473 a month for one person; \$1,984 for a two-person household; and \$2,495 for a three-person household.

To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck

stub). People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID.

Qualified residents receive their food the same day.

For more information, contact Roberta Arshat at GRF Member Resources at 562-431-6586, ext. 317, or robertaa@lwsb.com.

Decal Service

The GRF Security Decal Office is open Mondays, Tuesdays, Thursdays and Fridays from 8 a.m.-4 p.m. and Saturdays from noon-4 p.m. The office is closed Wednesdays and Sundays, and on weekdays from noon-12:30 p.m. for lunch. It is located in Building 5 near the Copy and Supply Center. Decal issuance is on a first-come, first-served basis. To receive a vehicle decal, residents must present proof of vehicle insurance, DMV vehicle registration, DMV driver's license and a GRF ID card.

RESOURCE

from page 4

A pink screen with a green "Apply now" button will appear. Click it and follow the simple directions to fill in the information. People who don't have computers can call LW's CalFresh representative Daisy Diaz at 714-733-8679 or 714-448-6226. Or they can call the main toll-free number at 800-281-9799.

CalFresh also offers a Restaurant Meal Program that allows elderly, disabled and homeless CalFresh recipients to use CalFresh benefits to purchase prepared meals at participating restaurants by using their Golden State Advantage (EBT) card. To find participating restaurants, log on to <https://ssa.ocgov.com/cash-calfresh/calfresh/rmp-locations>.

Community Action Partnership Food Distribution

Free food is available in Leisure World to eligible residents who are 60 years and older through Community Action Partnership of Orange County (CAPOC). The distribution site is at Clubhouse 4 on the third Thursday of the month from 9-11 a.m. Each eligible person receives a 32-pound box of food which includes cereal, peanut butter, juice, milk, cheese, canned vegetables, fruit and soup. The guidelines for LW residents are they must be at least 60 years, have an income level of \$1,473 per month for a one-person household; \$1,984 per month, two-person household; and \$2,495, three-person household.

To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub) to the food delivery truck, where the attendant will sign people up. Qualified seniors will receive food the same day. Seniors who are unable to drive to the pick-up site may send a proxy to act on their behalf with appropriate ID. To see if you qualify, contact Trudy Wilson, senior CSFP manager at 714-667-0717, ext. 3610, or twilson@capoc.org.

Meals On Wheels-Anaheim

Meals On Wheels offers home-delivered meals in one of

two programs to choose from. The first one includes five days of meals, including breakfast, lunch and dinner, delivered to homebound adults 60 years and older who have difficulty shopping or preparing meals and no one to help with meal support. Meals are nutritious, heart-healthy, diabetic-friendly and meet 100% of recommended dietary allowance. Participants are given the opportunity to provide a voluntary contribution for meals. However, those who qualify for the low-income program are entitled to financial assistance to cover the cost of daily meals.

Program No. 2, Senior Cuisine Delivered, offers a choice from favorite participating restaurants and caterers for a lunch and dinner for two, four or six days a week. Meals are affordably priced at \$10.95 each with no additional delivery costs and no hidden fees. For more information, call 714-220-0224 or visit www.MealsOnWheelsOC.org.

Meals on Wheels of Long Beach

Meals on Wheels of Long Beach offers a service of home delivered nutritionally balanced and diabetic-friendly ready to eat meals for individuals who are unable to shop and cook for themselves and who live alone. Meals are delivered Monday-Friday, except for major holidays. Service can be long-term or on a temporary basis for people recovering from surgery or illness. The fee is \$9.75 per day for a hot dinner, cold lunch, dessert and beverage. However, those who qualify for the low-income program are eligible for financial assistance to cover the cost of daily meals. For more information, call 562-439-5000, ext. 1, or visit the website at www.mowlb.org.

Seal Beach Lunch Program

The Seal Beach Lunch Program is provided by Meals on Wheels OC at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach. A dine-in lunch is served on Thursdays from 11 a.m. -noon.

Starting Monday, Dec. 5, this lunch program will be offered

from 11 a.m.-noon Monday through Friday. The lunch program is open to all adults age 60 years and older, suggested donation is \$3.

For more information, call the site at 562-430-6079 between 8 a.m. and noon or visit the city website at www.sealbeachca.gov/city-services/senior-services.

Los Alamitos Community Center Drive-Through Distribution

This senior grocery program is sponsored by the Second Harvest Food Bank OC and Cottonwood Church.

They provide free grocery items, no registration or income requirements.

Distribution is Tuesdays beginning at 1 p.m. until supplies last, on a first-come, first-served basis. People are asked to arrive no sooner than 12:45 p.m. due to space constrictions and follow the signs. People should bring bags and carts to carry groceries home. For more information, call 562-430-1073 or visit the website at www.cityoflosalamitos.org/recreation.

Other Resources

Grocery delivery: Some local grocery stores offer delivery services, and they will take EBT (CalFresh) debit cards. People can order and pay online. These stores also offer ready-made meals that can be heated or hot prepared meals. People can place orders online and have meals delivered to their doors.

Sprouts, Ralphs and Gelson's use Instacart for their delivery services for a fee. Pavilions has a concierge delivery free of charge.

Target will deliver groceries for \$9.99 per delivery.

Hunger Hotline: Call the USDA National Hunger Hotline for immediate food assistance at 1-866-3-HUNGRY (1-866-348-6479) or 1-877-8-HAMBRE (1-877-842-6273). Information is available in English and Spanish. The hotline operates Monday-Friday from 7 a.m.-10 p.m., Eastern Time.

Residents are invited to visit the brochure display in Building 5 for more information. To book an appointment to learn more, call Robann Arshat at 562-431-6586, ext. 317.

Fax Service at LW Library

The LW Library offers fax service for \$1 per page to send a fax domestically, \$3 per page to send a fax internationally and 50 cents per page to receive a fax.

To receive a fax via the library, residents should ask the sender to include his or her name and phone number on the fax and provide the sender with the library's fax number, 562-431-4143.

The library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. (except holidays). Faxes are not sent past 3:15 p.m. to allow time for closing procedures. Faxes can be received by the machine 24 hours a day, seven days a week but only picked up during regular hours of operation.

For more information, call the library at (562) 598-2431.

OLLI

from page 24

Paid membership is required to take any class. Go to the OLLI website at www.csulb.edu/olli to create an OLLI account, purchase a new membership and register for classes online

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Checks are payable to CSULB Foundation. Registration forms with checks can be mailed to:

OLLI at CSULB
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Or people can register in person at the OLLI office.

Cash payments are not accepted at this time. For more information, visit www.csulb.edu/olli or call the OLLI office at 562-985-8237.

BATTERY

from page 3

pesticides and other hazardous waste, as well as electronic waste such as televisions, tablets, cell phones and computers. The nearest facility to LW is located in Huntington Beach, 8.5 miles from Leisure World, at 17121 Nichols Lane, Huntington Beach, 92647, Gate 6. It is open from 9 a.m.-3 p.m., Tuesday-Saturday. For more information, call 714-834-4000.

The GAF would like to thank the members of this wonderful community for their commitment to recycle as well as all the volunteers who supported the event, including Beth Greeley, Linda Johnson, Fara McCartney, Shery Wells, Rosemarie Da Roza, Dave Forney, Paul Lee, Ivy Kung, Anna Derby, Paula Snowden, Chung Cha Lewis, Seung Yul Lee, Michael Oh, Al Basler and Carl Kennedy.

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Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of-Liability for you! Bonded/Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 1/18/2023

Irish Student/Grandson needs Transportation (Car/Truck). Call Dillon 562-571-9559 or Tony 707-774-4097. Exp 12/14

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/04/2023

Red 3-Wheel Scooter (Model Shoprider) in Good Condition! \$650/OBO, call 909-322-2175 Exp 12/07

Pride Scooter (Model GoGo). Includes Battery-Charger/Large-Rear-Basket/Flag. Very Good Condition \$300. 562-208-3359

GOLF CART TIRES

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-standard-sizes and MORE! Call 1-800-847-9593 Exp 12/21 SB Business License SPE0007

TRANSPORTATION

Need a lift? Pam Miller. **LW Residents ONLY.** 310-227-1258. Exp 12/21

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. Exp 12/07

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS
Installed at your residence. Call Frank 562-743-3832. State Contractor License #779462 Exp 12/21

2014 Honda CR-V Tow Car 96,800 miles. New Tires. \$15,900/OBO. 714-743-7000 Exp 12/14

Travel Trailer 2003 Casita Spirit Deluxe. Great Condition \$12K. (805) 801-2167.

MOVING, HAULING & STORAGE SERVICES

J&D HAUL-AWAY AND CLEAN-UP SERVICE
No job too small! Fast/Reliable/ Great prices. SB Business License BRA0002. 562-841-3787/Dan. Exp 1/25/2023

A FRIEND AND A TRUCK
Your moving service, any size job. SB Business License RO263644. Call/310-387-2618 Exp 2/01/2023

MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE. Looking to buy Mid-Century Modern-Furniture, Art Deco/French-Furnishings, Unique-Items/Uranium-Glass/Vintage-Hawaiian/ETC. 562-243-7229 Exp 12/07

MISCELLANEOUS FOR SALE

Futon-Bed/Practically-New, \$200/OBO. Leather-Love-Seat/Practically-New \$400/OBO. Corner-Curio-Cabinet/\$50. 2-Bikes/(3-Wheeler-and-2-Wheeler). Picture/Miscellaneous. 1281 Golden Rain/Mutual-2/ Apartment-69L.

CERTIFIED PERSONAL TRAINER

I specialize in improving strength, balance, posture, flexibility, and mobility • shoulders • back • hips • legs • core muscles. Call Howard • 516-659-3314. SB Business License 14206682 Exp 12/07

TIMESHARE FOR SALE

Carlsbad, CA (1-week) between March-April. Will negotiate price and buyers fee. 1-(562) 607-4345.

LWWeekly

Read the paper online!

www.lwsb.com/newspaper

How to Place a Classified Ad:

Classified ads may be ordered over the phone by calling (562) 431-6586, extension 383, or (562) 430-0534; emailed to debbiek@lwsb.com (staff will call back for payment information and ad confirmation) or in person at the LW Weekly office, 13521 St. Andrews Drive (two-story white building at the Amphitheater complex). The office is open Monday-Friday from 8:00a.m-5:00p.m.

Classified Rates:

Residential Rate: Classifieds are \$8 for 12 words or fewer; each additional word is 25 cents. *Non-residential rate:* Ads start at \$12 for 12 words or fewer. Discounts are available for ads that run at least four weeks in a row without changes. Payment must be made at the time the ad is placed.

Deadline:

The LW Weekly classified advertising deadline is Monday at 12:00 p.m. for that week's Thursday edition. Deadline changes due to the holidays will be printed in the LW Weekly.

For Information:

For more information, call (562) 431-6586, ext. 383.

LW Weekly classified ads are online at LWWeekly.com and lwsb.com.



Joanie Korman
(714) 308-8034

"Where Life Just Got Easier"
LW Resident, Real Estate Specialist
BRE#01937786

Happy Thanksgiving!
Thank your for your Business and Friendship.
I appreciate you!

1 Bedroom
Move in Ready
Laminate Flooring
Newly Painted, Cute unit
M1 37C \$225,000

Coming Soon!
2 Bedroom 2 Bath
Gorgeous Unit, Chef's Kitchen
All the Bells and Whistles plus a Master Closet you have to see!
M9 218F \$599,000

Berkshire Hathaway Home Services



Gina Rojas
(562) 533-3190

ginamrojas@gmail.com
Leisure World Specialist
22 Years LW Experience

♥DRE#02111452♥
"I Have Your Best Interest at Heart♥"



Beautiful upgraded two bedroom green-belt unit

2022 Escrows

5-70F	\$520,000
7-170K	\$342,000
8-195B	\$480,000
2-62C	\$225,000
6-130K	\$300,000
14-12A	\$560,000
6-64A	\$272,000
15-11Q	\$350,000
12-55E	\$295,000
2-39A	\$310,000
17-110B	\$475,000

Leisure Living Resales



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see All Listings & Sales

Broker-Realtor®
Resident Mutual 14

714-350-9449

Thanksgiving Blessings

Under Contract



Mutual 5 – 112c Homewood
SOUTH Facing 2B/1Ba with
L-Shape patio, Heat-Air Pump,
Carpet w/Tile Kitchen & Bath,
Skylights, Bright and Airy!
A+ Maintained \$285,000

SOLD OVER ASKING!



Mutual 15-29J
\$400,000 on Greenbelt

NEW LISTING



Mutual 15 – 22a McKinney
RARE ON MARKET 1B/1Ba
Corner, NEW Laminate Flrs.,
A/C, Microwave & D/W,
New Oven, White Cabinets
Dual Windows + more!!!
OPPORTUNITY @ \$279,900

PENDING SALE



Mutual 15 – 10F Del Monte
Downstairs 2B/2Ba all NEW!
including Central Heat/Air,
Kitchen/Baths, Appliances,
Incredible Price \$379,900

Mutual 15 – 43e Del Monte
Sold over ask \$430,000

www.TeamDonnaJean.com



Michael Shieh
714-866-9268



Andrea Bair
714-624-1981



Suzanne Ahn
562-810-1614



Alice Sioson
626-216-3038

Leisure Living Resales, Inc.
13918 Seal Beach Blvd., Seal Beach, CA 90740
(562) 493-6601
leisurelivingresales.com

**No One Knows
Leisure World
Like We Do!**



Erika — M17
(562)-208-5223



Lela Lee
(714) 213-1993



Valory
Escrows



Gina Rojas
562-533-3190



Carl Kennedy M15
(661) 810-9410



Mr. Hank
(562) 743-8473

We are family!

HAPPY THANKSGIVING

**The
Happy Office!**

28 Years in LW!
Thank You!

Lic. #636260



**Erika
Shapiro**

Resales Specialist Mut. 17 Resident
BRE # 01448494

562-208-5223

Fully Expanded, 2 BDR/ 1 Bath, Unique Floor Plan, Formal Dining Room or Den, Walk-in closet in master bedroom, New kitchen, washer/dryer, Central A/C heat, greenbelt view
Mutual 10 - 249B \$475,000

1 BDR/ 1 Bath, On a pretty greenbelt Basic Floorplan, Washer/dryer, Laminate flooring, Quartz Countertops & more
Mutual 5 – 122E \$255,000

Basic 1 BDR/ 1 Bath, Patio enclosure, ceramic tile flooring, Cut down shower, skylights, Move-in ready
Mutual 1 - 15D \$210,000

Fully Expanded 1 BDR/ 1 Bath, beautiful greenbelt & Golf Course View, Quartz counters, Large skylight, walk-in closet, lam. wood flooring, Move-in ready
Mutual 1 – 22J \$238,000

Basic 1 BDR/ 1Bath, Very private location, A/C heat pump, laminate flooring, New double pane windows lots of storage. Move-in ready
Mutual 11-274H \$234,900

Great Location: 2 BDR/ 1 Bath, greenbelt 5 skylights, A/C Heat pump, laminate flooring and more....Needs a little TLC, perfect remodel candidate
Mutual 2 – 33C \$295,000

Leisure Living Resales



The Januszka Group, Inc.

ON-SITE
HOME SALES

(562) 598-1388

To See Pictures of Our Current Listings and Many Other Fine Homes For Sale, Visit The Januszka Group Online At:
www.OnsiteHomeSales.com

HAPPY THANKSGIVING FROM THE ON-SITE HOME SALES TEAM! Thanksgiving is a time that reminds us to pause and express our gratitude. On behalf of our amazing Broker Dawn Januszka, our expert sales team, and our friendly On-Site Escrow, we would like to thank each and every one of our clients who have listed or bought their Leisure World home through our office. We are grateful for you and wish you and your family a bountiful holiday season!



M10 257A \$410,000



M8 178C \$310,000



M 4 81E \$247,000





M 14 24E \$329,000



M 8 200B \$419,000



M 2 10E \$385,000



M 5 106E \$329,000



M-1 21F \$429,000



M 10 243K \$205,000



M 15 12A \$450,000



M 3 18H \$429,000



M 3 7D \$227,000



M5 106E \$329,000



Dawn Januszka
Broker
DRE #02110501



Ginni Houck
Escrow Officer



Verna Chumley
Realtor®



John Webster
Realtor®



Wendi Noble
Realtor®



Tony Accetta
Realtor®



Sally Angell
Realtor®



Suzanne Fekjar
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Terri Walters
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Specializing in the LW Community

Stop by our office Tuesday Morning to pick up your 2023 Norman Rockwell Calendar

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Yes we are **SISTERS**



Kathy Gupton
Associate Broker
DRE # 00744676



Sean Wood
Realtor®
DRE# 02186926



Gloria Hadley
Realtor®
DRE # 01057681

562 514-6613



HAPPY THANKSGIVING



We would like to take this opportunity to say thank you to our Leisure World friends and our past and present clients. Wishing you and your families a safe and Happy Thanksgiving!



M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



M8-189D \$400,000

Delightful fully expanded 2-bedroom 1 bathroom home located on a beautiful Greenbelt. This home has a spacious corner living room and formal dining room. The kitchen has built-in appliances and a skylight. The bathroom has a skylight and stacked washer dryer. The master bedroom is expanded and has a walk-in closet. This lovely home also features laminate flooring, central heating and air conditioning, double pane windows, overlooks beautiful Greenbelt views, and is a must see. Located in leisure world Seal Beach a-resort like community with over 200 clubs, organizations, and activities. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



M9-230D \$349,900



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living space that features expansive windows that overlook a beautiful greenbelt. The living room area has a walk-in storage closet, entry closed and heat pump with air conditioning. The kitchen has white cabinets, built-in stove, new oven, refrigerator skylights and an extra built-in cupboard over the sink. Master bedroom is fully expanded with two wardrobe closets. The bathroom has a washer/dryer, cut down shower and large skylight that opens. Second bedroom has wardrobe closet and large skylight. This charming home has new vinyl flooring, new paint throughout and is ready to move in.

PENDING

Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 4-51D

SOLD 2022

Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6- 117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5- 117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10 -250J
Mutual11-286B
Mutual12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

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California Properties



Jim Duncan
714-356-6717
Broker/Manager



Joanie Korman
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Leah Perrotti
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Hanna Rubinstein
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Barbara Diette-Dobias
562-754-5628



Philip Bak
213-550-9991



Kathy Gupton
562-618-9940



Fay Wescott
562-242-6162



Gloria Hadley
562-884-3594



Tim Kearns
714-293-3950



Edwina DiMario
562-706-7999



Yolanda Narro
562-400-0720



Vickie Van Ert
310-220-1407



Chris Kim
424-247-4542



Rosie Wang Davis
626-623-9929



Gail Alonzo
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California Properties

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1900 St. Andrews Dr. , Suite C
Seal Beach, CA 90740
BRE 00338699

(562) 431-2149
13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette "CC" Cooley
310-484-9600



Mike Varipapa
562-235-7413



Bill Berman
714-606-5258

One-Bedrooms

Mutual 1 37C **\$225,000**
enclosed patio, fresh paint, laminate flooring, skylight that open, good price two bedroom

Mutual 3 28C **\$237,500**
expanded, double pane windows, upgraded kitchen, good location

Two-Bedrooms

Mutual 1 43F **\$329,900**
west facing, 2 flared skylights in kitchen, enclosed patio, downtown area

Mutual 1 20A **\$330,000**
corner, gorgeous green, new paint, new carpet, upgraded windows

Mutual 4 51D **\$349,000**
move in condition, wrap around patio, greenbelt, drive up

Mutual 9 230D **\$349,900**
full expansion, washer/dryer, skylight that opens, new paint

Mutual 11 273L **\$359,900**
corner, enclosed patio, dish washer, large skylights living room

Mutual 15 23P **\$369,000**
upstairs corner, enclosed patio, close to bus stop, nice

Mutual 8 189D **\$400,000**
full expansion, washer/dryer, double pane windows, great buy

Mutual 5 122L **\$410,000**
corner, fully expanded, washer,dryer, drive up, very nice

Mutual 9 228L **\$439,000**
btfl. location, south facing, fully expanded, ready to move in



Robin Gray
(562) 209-5605
rwgraysales@verizon.net
DRE 01027333

13926 Seal Beach Blvd., Seal Beach, CA 90740

HAPPY THANKSGIVING!

(Located in the shopping center, behind Carl's Jr.)



BERKSHIRE HATHAWAY
HomeServices

Mutual 1-20-A \$330,000







CORNER COTTAGE with a GORGEOUS VIEW of a BEAUTIFUL GREEN with TREES!! Two bedrooms and one bath with New Paint, New Carpet, raised living room exterior walls - much better for furniture placement. The patio to have new indoor/outdoor carpet installed - buyer gets to pick color, a new heat pump to be installed that will keep you cool in the summer and warm in the winter, cut down shower with a clear glass enclosure, skylights, ceiling fan in the kitchen, dishwasher, close laundry, built-in patio storage cabinet and a nice size patio to relax, read a book, visit with friends, or enjoy your surroundings. This unit is definitely a "MUST SEE" - be sure its on your list!!

COMING SOON!!! Mutual 9-210-J \$289,000







Basic two bedroom, one bath with lots of potential to make your own! Freshly painted ceilings and walls, skylights, cut-down shower, large "L" shaped patio, and a pretty courtyard location. Now just add your own new flooring and move in!!

See more at www.sealbeachleisureworld.com



**CAROL GASPER &
NICK MONTEER**
REALTOR Lic# 01276484, 01927606

**562.716.1547
213.880.8220**
gcarol1966@gmail.com
nicholasmonteer@gmail.com

GASPER MONTEER
REALTY GROUP



www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of 82 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1231 Golden Rain Rd. #70G | M2 | \$539,000
Corner 2bed/1bath with the best of both worlds! Drive-up/greenbelt location with gorgeous hardwood floors, French Doors and bay windows, central AC, remodeled kitchen and bath and washer/dryer!



13451 St. Andrews Dr #124J | M5 | \$345,000
2Bed/1bath drive up location with laminate flooring throughout. Center patio with expansions on either side for walk-in closet in master bedroom and dining room area. Light and bright kitchen with skylights.



1881 Golden Rain Rd. #23F | M14 | \$429,999
Fully expanded interior unit right near the golf course in beautiful Mutual 14! Luxury laminate floors, remodeled white kitchen, newer stainless steel appliances, marble counters, walk-in closet, AC heat pump, washer/dryer!



1340 Kenwood Rd. #156D | M7 | \$359,000
2Bed/1Bath interior location with full expansion, laminate floors throughout, skylights, updated bathroom with bathtub, walk-in closet. AC heat pump in living room!



1362 Golden Rain Rd. #56B | M2 | \$429,000
2 Bed 1 bath unit in a fantastic greenbelt location with updated kitchen! Full expansion and sprawling updated flooring with skylights throughout. AC heat pump and updated bath with laundry in unit!



13721 Alderwood Ln. #28L | M3 | \$585,000
Drive-up corner 2bed/2bath done by a contractor for a contractor with no detail spared!!! Heat pumps in every room, newer white kitchen, luxury flooring, walk-in closet, skylights throughout. A unique double master bedroom layout.



On November 22nd, 2022 a total of 51 units show as active listings on the CRMLS (this is where Realtors list property for sale)

15 - 1 bedroom/1 bath units from \$205,000 to \$280,000

24 - 2 bedrooms/1 bath units from \$289,000 to \$615,000

12 - 2 bedrooms/2 baths units from \$335,000 to \$629,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!

ENTER TO WIN



PIE GIVEAWAY

WE WILL BE GIVING AWAY 5 PIES TO 5 LUCKY WINNERS JUST BEFORE THANKSGIVING

CONGRATS!!!

**STEVE MALAN
ANAT BEN-AZIZ
PAUL KRYCZKO
LINDA PRIDANONDA
ROBBIN BECKER**

CONGRATS TO OUR LUCKY WINNERS! BE ON THE LOOK OUT FOR OUR NEXT RAFFLE OR GIVEAWAY! HAVE A WONDERFUL THANKSGIVING