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Learn about Minibus service inside Leisure World and bus service to nearby shopping centers at the monthly orientation led by GRF Fleet Manager Grant Winford.

Page 4



GRF FINANCE

Some residents will need to manually change fee amounts

Shareholders should receive 2023 assessment coupon books and guest passes in the next two weeks. As of Jan. 1, GRF monthly assessment amounts have changed. Members should have already received a year-end letter that contains the new assessment.

For those who have signed up for ACH/direct debit with their Mutual through the GRF Accounting office, the assessements are automatically updated to the new correct amounts.

Other shareholders pay their monthly assessments through their bank's bill-pay service, and some pay manually by check or cash every month. People who use any of these methods must manually change the amount they are remitting for their monthly assessments. Although late fees are waived in January, those who continue to pay 2022 monthly amounts may receive a late fee on the unpaid balance beginning Feb. 15.

At the end of December, a yearend letter was sent out with information on the amount of 2022 property tax incurred and the amount of the 2023 assessments.

Those who are not signed up for direct debit should soon receive new coupons in a separate mailing from the year-end letters. Those who made their January payments before receiving letters or 2023 coupons may need to make an additional payment to cover the increase. This may take a little extra time but can prevent a late fee from being posted to the account.

COUNCIL ON AGING

Learn about OC resources Jan. 11

The Council on Aging, Southern California, will present New Year, New Connections from 9 a.m.-noon on Jan. 11 in Clubhouse 4.

Topics will include a report on the 2023 Older Adults State of Health and 988, the new national suicide prevention lifeline. A resource exhibit will also be available.

Admission is free. Reservations are not required. People can check in at the door.

The event is sponsored by the Council on Aging ReConnect program and is partially funded by the OC Health Care Agency among others.

For more information, call GRF Member Services Liaison Robann Arshat at 562-431-6586, ext. 317.



GRF Executive Director Jessica Sedgwick

FIRST 180 Days

And what's coming in 2023

by Ruth Osborn

managing editor

It's been six months since GRF Executive Director Jessica Sedgwick came to Leisure World to take over the helm of this community of about 9,500 residents governed by the GRF Board of Directors and 16 Mutual boards.

She leads with a calm and steady hand, supported by a strong foundation of property management and community association experience.

"It's been a challenging six months collaborating with staff and GRF directors to identify challenges, determine objectives and review financial and organizational structures," she said. "I'm looking forward to 2023 as my staff and I work to craft a road map that protects and enhances this special community and the retirement lifestyle that it's known for."

Despite her short time here, Sedgwick's accomplishments can be felt throughout Leisure World. Residents can look forward to seeing her management decisions and guidance to the GRF Board come to full fruition in 2023.

In a nutshell, she has been adept at streamlining procedures, especially in Finance and Stock Transfer, that will lead to new efficiencies for residents and a more effective Golden

ACCOMPLISHMENTS, page 22

SCE

7 electric vehicle charging stations are coming to LW

Southern California Edison (SCE), in cooperation with the GRF Physical Property Department, has laid the infrastructure for seven electric vehicle charging stations with three individul and four dual ports. They are located just outside the St. Andrews Gate.

SCE is installing wiring and pipe for the metering equipment. Construction of the charging stations has not been scheduled as equipment remains on order.

In 2022, the GRF Board awarded a \$62,096 (plus a 20% contingency for a total cost not to exceed \$74,496) to Charge-Point to purchase and install the vehicle charging equipment. The contract includes 10 years of service and was based on approval from SCE Charge Ready Program, which it has since

EV, page



Charging stations are being installed outside the St. Andrews Gate.

Valentine's Dinner Dance tickets on sale

A GRF Valentine's Day Dinner Dance will be held Tuesday, Feb. 14, at 6 p.m. in Clubhouse 2 after a three-year hiatus due to the COVID-19 pandemic.

The romantic not-for-couples-only evening will feature a sumptuous dinner of chicken piccata, garlic mashed potatoes, steamed vegetable medley and Sonoma salad, followed by chocolate mousse. The meal will be catered by Country Gardens Caterers.

Anthony and Doniele Bernasconi will entertain. Their repertoire includes Frank Sinatra, Marvin Gaye, Billy Joel, James Brown and Michael Bublé. Anthony wowed the audience at an Amphitheater show last season with his Bublé tribute show. Their versatile and engaging style draws the audience into the fun and gets the house rocking.

DANCE, page 2

AFFORDABLE CONNECTIVITY

Eligible LWers can get discount internet

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per eligible household.

Visit Affordable Connectivity.gov for qualification guidelines, and to submit an application or print out a mail-in application. People can also contact their preferred participating internet provider to select a plan and have the discount applied to their bill.

Various internet providers, including those offering landline and wireless internet service, are participating in the Affordable Connectivity Program. For more information on specific service providers, visit https://www.fcc.gov/affordable-connectivityprogram-providers.

Interact Solutions Town Halls

Interact Solutions will host informational meetings for residents interested in learning more about the bulk cable and internet service coming to LW. Town halls will be held on Jan. 7 and Jan. 21. All meetings are in the lobby of Clubhouse 3 from 1:30-5 p.m.

LW's bulk cable contract expired Dec. 31. Interact Solutions representatives will be there to answer questions and demonstrate the company's product.

HOUSEHOLD HAZARDS

LWers cannot dispose of paint at 1.8-Acre site

Leftover household products, including paint, that contain corrosive, toxic, ignitable or reactive ingredients are considered household hazard-

Service Maintenance does not recycle paint for shareholders. They will have to take hazardous waste to an outside recycling facility or, in the case of paint, they can open cans and allow the paint to completely dry before throwing them away in trash bins.

Products such as cleaners, oils, batteries and pesticides that contain potentially haz- Drive. ardous ingredients require special handling when residents dispose of them. Residents are prohibited from disposing of household hazardous waste at the 1.8-Acre site.

Residents can dispose of PAINT, page 3

CITY OF SEAL BEACH

Runoff elections are now underway

No candidate for Seal Beach Bridgepoint, Heron Pointe and City Council in Districts 3 or the Seal Beach Naval Weapons 5, which covers part of Leisure Station. World, secured a majority of voters.

That means they did not get at least 50% plus one in the November elections.

Therefore, runoff elections are underway.

In District 5, Mariann Klinger, a Seal Beach planning commissioner, and Nathan Steele, who owns an advertising agency specializing in Christian programming, are vying for the seat.

It was left vacant when Councilwoman Sandra Massa-Lavitt of LW termed out. District 5 covers LW west of St. Andrews

In District 3, Lisa Landau, an accounting manager and longtime volunteer in the community, and Stephanie Wade, a veterans policy advisor and environmental activist, are competing for the seat.

District 3 covers The Hill,

Active registered voters in those districts will soon receive a new ballot and voter information guide in the mail from the Orange County Registrar of Voters. Ballots went out begin-

Ballots must be returned by mail, postmarked by Jan. 31, and received from the U.S. Postal Service by Feb. 3 or they can be dropped off at one of the following locations:

ning Jan. 3.

• Registrar of Voters' drop box near the Administion Building is available 24/7.

• Seal Beach City Clerk's office, 211 Eighth St., open from 8 a.m.-5 p.m. weekdays and from 7 a.m.-8 p.m. on Jan. 31.

• Mary Wilson Branch Library, 707 Electric Ave., drop box available 24/7.

• The Registrar of Voters office, 1300 S. Grand Ave., Building Cin Santa Ana, is open from 8 a.m.-5 p.m. weekdays and from 7 a.m.-8 p.m. on Jan. 31.

No voter centers for inperson voting will be operated. Postage is not required for voters who chose to mail their ballots.

In the District 1 election this year, incumbent Councilmember Joe Kalmick beat his two opponents in his reelection bid; therefore, a runoff election was not required.

District 1 encompasses Old Town and Surfside Colony.

The five-member council has some important iusses to grapple with in 2023.

Council members will decide where to allow the development of new housing, which the state is mandating, and whether to continue allowing restaurants on Main Street to take over parking spots for outdoor dining.

They will also consider whether to continue repairs on the pool at McGaugh Elementary or build a new pool in a new location and whether a restaurant should be built at the end of the Seal Beach pier.

Tree Disposal

Christmas trees can be disposed of at the 1.8-Acre site, according to the Service Maintenance Department.

People who need assistance can contact the department and create an order for their tree to be picked up at the rate of \$50 an hour, billed in 15-minute

To place an order with Service Maintenance, call 562-431-6586, ext. 367, 369 or 515.

DANCE from page 1

Residents should make reservations early as this event always sells out, and seating is limited. Tables may be purchased by groups of eight, subject to availability. Tickets are \$40 per person or \$300 for a table and are available at the Recreation office in Building 5. For information, contact Mayoka Bassell at 562-431-6586, ext. 476, or email mayokab@lwsb.com.

LWWeekl PAINT

from page 2

their toxic waste at any of Orange County's four Household Hazardous Waste Collection Centers. The closest one to LW is the Huntington Beach Collection Center, 17121 Nichols Lane,

Proof of county residence may be requested. E-waste such as televisions, tablets, cell phones and computers can also be taken to this collection center.

It is open from 9 a.m.-3 p.m., Tuesday through Saturday (closed on major holidays and during rainy weather).

People who need special assistance with household hazardous waste collection and are unable to bring it to a centers should call 714-834-4000 for more information about Orange County's door-to-door service.

For more information, visit www.oclandfills.com/hazardouswaste.

EV

from page 1

Southern California Edison (SCE), in cooperation with the GRF Physical Property Department, has laid the infrastructure for seven electric vehicle charging stations with three individual and four dual ports.

They are located just outside the St. Andrews Gate.

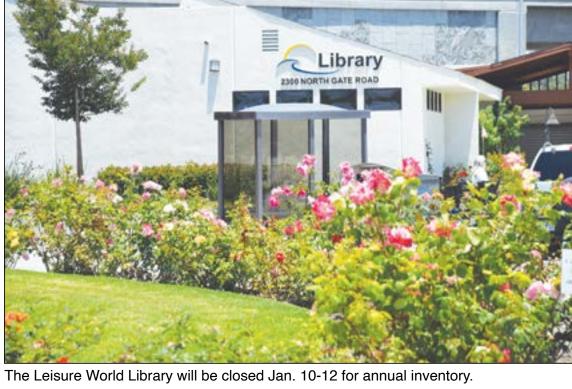
SCE is now installing wiring and pipe for the metering equipment. Construction of the charging stations has not been scheduled as equipment remains on order.

In January, the GRF Board awarded a \$62,096 (plus a 20% contingency for a total cost not to exceed \$74,496) to Charge-Point to purchase and install the vehicle charging equipment. The contract includes 10 years of service and was based on approval from the SCE Charge Ready Program, which it has since received. ChargePoint is the world's largest charging network, designing, building and supporting EV technology.

These Level 2 charging stations are specifically designed for light-duty passenger vehicles.

According to the U.S. Department of Energy, Level 2 charging currently comprises the majority of publicly available charging equipment across California. The state has more EV registrations than any other state by far, a total of 563,070. The next closest state is Florida, which has 95,640.

According to a report from the California's Office of the Governor, the state's electric vehicle market now encompasses nearly 18% of all new cars sold. By comparision, Norway is already at more than 80%.



LW Library Annual Inventory

will be closed from Tuesday, and locate areas in the collection Jan. 10, through Thursday, Jan. where titles need to be added or 12 for its annual inventory.

The library conducts an inventory each year to get a full accounting of the collection,

GRF Board

The GRF Board holds monthly meetings on the fourth Tuesday of the month at 10 a.m. in Clubhouse 4. Meetings are livestreamed. The next meeting is set for Jan. 24. To speak during public comments, register in the lobby.

The Leisure World Library find lost and misplaced items, eration are Monday-Saturday removed.

> The library will reopen on Friday, Jan. 13. Hours of op-

from 9:30 a.m.-3:30 p.m. A GRF identification card is required to check out materials. The library offers Wi-Fi, computers, a fax machine and printers.



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PERSPECTIVES

Letters to the Editor

Editor:

What is better than to see Christmas through the eyes of a child? The Turner's charming Christmas village in Mutual 9, 207-L, allowed me to tap into my inner child this year.

The Christmas trees in all their glitz, the Merry Christmas blimp, the moving train, the blinking lights and all the minature people enjoying the festive season gave everyone such joy. What a gift for all those who stopped by to see this magical display!

This was truly a Christmas present for one and all. I can't wait to return to this Christmas village next year!

Thank you,

Janie von Seggern Mutual 9

This is to publicly thank Golden Rain Foundation management, Optum at the Health Care Center and Recreation Manager Kathy Thayer for restoring a large, decorated Christmas tree to the front of the Health Care Center by the Administration Building. There, it can be viewed by every resident or visitor to Leisure World who travels on St. Andrews Drive and Golden Rain Road.

Although Veterans Plaza may have more seating for a lighting ceremony, it does not have the volume of vehicle and pedestrian traffic, allowing more people to daily view and enjoy the fully decorated tree during the holidays.

Thank you to all who were involved in restoring the tree, and it is hoped that this tradition will be continued every year. I look forward to it.

> Mitzi Winks Mutual 5

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

Letters to the Editor: The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority is given to first-time or *purposes*. less frequent writers. Some names will be left out to protect privacy.

New Member Bus Tours

The GRF Transportation Department will conduct monthly bus tours of Leisure World on Tuesdays for new and recently movedin residents. Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station. The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

Stock Transfer can book tours when new buyers check in, or people can schedule one at https://outlook.office365.com/owa/ calendar/NewMemberBusTours@lwsb.com/bookings/. For more information, contact Melissa Gomez at melissag@lwsb.com or 562-431-6586, ext. 326, or Kathy Thayer at kathyt@lwsb.com or be processed, and a license tag 562-431-6586, ext. 398.

Pets need to be registered in LW

by Nancy Ray Stock Transfer Supervisor

Pet Registration in **Stock Transfer**

Per Pet Policy 7501, Article II, LW pets must be registered with the Stock Transfer Office before they are brought onto the Mutual premises.

Pet registration and licensing must be updated on or before Dec. 31 of each year. Mutual Pet Registration Forms can be picked up at the Stock Transfer Office. To complete the registration, you will need to include the following:

• Requirements for dogs: City of Seal Beach Pet License, proof of spay or neuter, proof of dog's inoculations, proof of liability insurance, and proof of dog's weight.

• Requirements for cats: Proof of spay or neuter, and proof of liability insurance.

People who are renewing currently registered pets in the Stock Transfer Office do not need to complete a new form.

For more information about registering pets, call Stock Transfer at 562-431-6586, ext. 339, 346 or 347.

Pet Licensing with City of Seal Beach

Note: The City of Seal Beach contracts with the City of Long Beach Animal Care Services for animal control and licensing

To purchase a City of Seal Beach Pet License, people will need to provide a history of prior licenses; current rabies inoculation certificate, and a Certificate of Sterility if the pet has been spayed or neutered (altered) for a reduced rate.

People can get licenses at the Long Beach Bureau of Animal Care Services located at 7700 E. Spring St. or online at *http://* www.longbeach.gov/acs/petlaws-and-licensing/licensing/. Costs and other information are available online. The license will will be mailed.

FIND YOUR PEACE OF MIND While the holidays may not be the same as they were in the past, there can still be plenty of reasons to celebrate. Don't wait until depression happens to reach out to us. Learn how ReConnect can help.

ReConnect Program available in Leisure World: (714) 352-8820 Visit us at coasc.org/reconnect











GRF ID Card Renewal Update

GRF identification cards expire in 2023 for members in Mutual 8, 9, 11 and 14. Residents who live those mutuals must renew their GRF ID cards during their month of birth.

To renew a GRF ID, people should stop by Stock Transfer anytime during the month of their birthday to obtain a replace-

The expiration date is located in the right corner of all GRF ID cards. Shareholders in other Mutuals should look at their ID cards to see what year their cards expire.

New ID cards will be replaced upon surrender of an old card. There is a \$20 fee to replace a lost card.

Per Policy 50-1201-1. GRF ID cards are renewed every five vears for all shareholders.

Minibus Informational Meeting Today

A Minibus informational meeting will be held today Thursday, Jan. 5, at 10 a.m. in Clubhouse 3, Room 3. It is held on the first Thursday of every month to assist LW residents with using the many transportation services available to the Leisure World community. No reservations are required.

The GRF Transportation Department provides information on the LW Minibus service as well as the GRF appointment-based Access bus service for people with mobility challenges.

Information on other local area bus and transportation services to nearby grocery shopping and medical service destinations is also presented.

Meetings often include information and updates on the City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle.

Monthly informational sessions are for new or current shareholders who would like to learn about the Minibus service routes and timetables.

The LW Minibus service is a community transportation service

Anyone who has a valid pass to enter the community can ride on the LW buses. The only rule is each person must be 18 years of age or older or accompanied by someone who is 18 years of



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Leisure World Seal Beach

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions of policies of the Golden Rain Foundation or GRF Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for

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Mutual Meetings

LWWeekly

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Thu., Jan. 5	Presidents' Council
	Clubhouse 4/Zoom9 a.m
Mon., Jan. 9	Mutual 9
	Conf. Rm A/Zoom9 a.m
Tue., Jan. 10	Mutual 16
	Conf. Rm A/Zoom1 p.m
Wed., Jan. 11	Mutual 4 (open forum 8:30 a.m.)
	Conf. Rm A/Zoom 8:45 a.m.
Thu., Jan. 12	Mutual 12
•	Conf. Rm A/Zoom9 a.m
Fri., Jan. 13	Mutual 3
,,	Conf. Rm A/Zoom9 a.m
Tue., Jan. 17	Mutual 14
,,	Conf. Rm B/Zoom1 p.m
Wed., Jan. 18	Mutual 5
, ,	Conf. Rm B/Zoom 9 a.m
Wed., Jan. 18	Mutual 7
, ,	Conf. Rm A/Zoom1 p.m
Thu., Jan. 19	Mutual 2
, ,,	Conf. Rm A/Zoom
Thu., Jan. 19	Mutual 11
1114., juii. 17	Conf. Rm B/Zoom1:30 p.m
Fri., Jan. 20	Mutual 15*
111., jaii. 20	Conf. Rm A/Zoom

Rescheduled due to holiday

News Deadlines for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

GRF Board Executive Session Thu., Jan. 5, 1 p.m.

Conf. Rm A **Recreation Committee** Fri., Jan. 6, 1 p.m. Conf. Rm B/virtual

Mutual Administration Committee Mon., Jan. 9, 1 p.m. Conf. Rm A/virtual

Security Bus & Traffic

Committee Wed., Jan. 11, 1 p.m. Conf. Rm A/virtual **Architectural Design Review**

Committee Fri., Jan. 13, 1 p.m. Conf. Rm A/virtual **Finance Committee** Tue., Jan. 17, 10 a.m. Conf. Rm A/virtual Website Redesign Ad Hoc

Committee Tue., Jan. 17, 1 p.m. Conf. Rm A/virtual **Strategic Planning Committee**

Wed., Jan. 18, 1 p.m. Conf. Rm B/virtual A quorum or more of the

directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjerxn@yahoo. com, or call 562-431-6586, ext. 409.

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This is police of ficer) All till be talking you. Barbara Waffles i Danopping At the malt!

/shopping at the half!

On! Awitigate

Puzzles & Comics

Gasoline Alley

6

WORDS

CABINET

CATEGORY

CLEANING

CLOSET

CLUTTER

COLLECT

COORDINATE

DISARRAY

DISTRIBUTE

DONATION

GARBAGE **GROUP**

HOARD

LABEL LEAD

LISTS

MESS MOBILIZE

ORDER

ORGANIZE

PLANNING SCHEDULE

SHELVING

S0RT

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Solve the code to discover words related to getting organized. Each number corresponds to a letter.

(Hint: 4 = S)

Determine the code to reveal the answer!

1 23 4 5 11 13

Clue: Woven container

4 16 11 25 6

3 25 8 4 11 13

Clue: Stores things vertically

Clue: Holds coats and more

8 18 13 4

Clue: Categorize

Guess Who?

I am a singer born in Boston on January 1, 1995. I became a star through my Twitter and YouTube social media channels. I post vlogs and music videos, and have been doing so since 2011. My real name is Moriah.

Sudoku #2

9 To 5 By Harley Schwadron

5

5

9

At A Et Hi Nt Pt Ci

A+ A+ |E+| G2 G2 G2 B1

A: O: Y. W. G. L.

PAR SCORE 265-275

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CEETJ

Sudoku 1

8

Answers on page 22

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CONTRACTOR

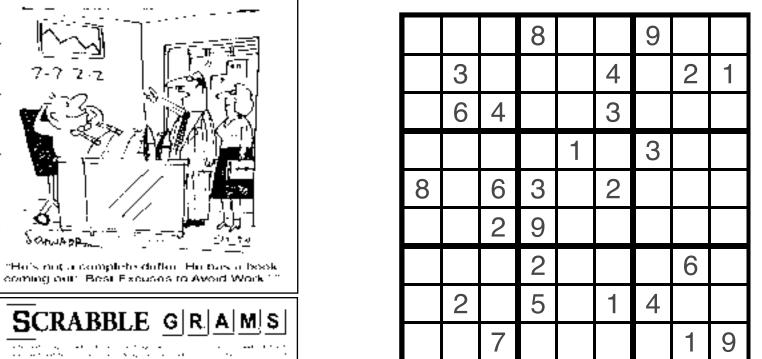
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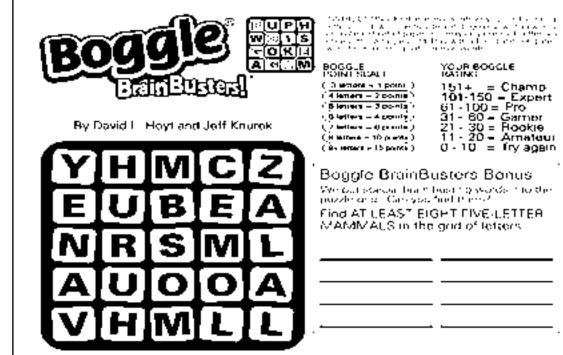
By Jim Scancarelli

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Answers on page 22



Puzzles & Comics

The marginary of the second **CONQUER CLUTTER WORD SEARCH**

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Find the words hidden vertically, horizontally, diagonally, and backwards.

Broom-Hilda By Russell Myers Tavern AN CULAR AN W I COME HERE

Middletons By Ralph Dunagin & Dana Summers



mes Crossword Puzzle

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FIVE RACK TOTAL

TIME LIMIT 25 MIN

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com/Food.

1. FILL

2. EMPTY

lection day.

absorb odors.

Weeds

Food Scraps

Green Waste

Grass clippings

 Leaves and branches • Lumber, scrap wood, ply-

wood (not painted or treated)

• Bread, rice and pasta

• Fruits and vegetables

• Flowers and herbs

Food-soiled Paper

• Food-stained paper

• Paper egg cartons

Pizza boxes

utensils

plastics)

produce)

Gloves

Medication

• Palm fronds

cleaning chemicals

• Pet waste

Tea bags

Textiles

Rocks and soil

sels, oysters)

• Coffee grounds and filters

• Meat, bones and poultry

• Pet food (non-medicated)

• Paper napkins and kitchen

• To-go boxes (no coating)

· Wooden and fiber-based

Food-soiled paper must be

100% fiber-based (no materials

with petroleum based plastic,

wax or bio-plastic coating, liner

Unacceptable Organics

Waste (Do Not Include)

• Cacti, succulents, yucca

• Coffee cups and pods

• Fats, oils and grease

• Compostable plastics (bio-

• Food stickers (remove from

• Hard shells (clams, mus-

• Paper napkins, towels with

Parchment and wax paper

Rubber bands and twist ties

Senate Bill 1383 tasks cities

and counties with formulating

plans with a statewide goal of

recovering 20% of edible food

by 2025. It is the nation's first

statewide law to require busi-

nesses to donate excess food

to be eaten by hungry people.

Compliance requirements are

now being phased in.

• Tissues and wet wipes

Did You Know?

All plastics

Seafood and soft shells

• Cheese and dairy

Participating is easy.

Fill your personal pail with

food scraps and acceptable

items. (Liners are optional.

Consider newspaper or a paper

bag. Plastic bags must be clear.)

your green organics container.

dairy scraps in a container in

your freezer and place in the

green organics container on col-

3. RINSE & REPEAT

Empty pail contents into

Athens Tip: Store meat and

Rinse out pail with soap

and water. Fill again. Sprinkle

lightly with baking soda to

Acceptable Organics Waste

• Flower and hedge trimmings (from personal garden-

Athens Services Food Composting Program

Editor's Note: The following is a reprint of information about the new food scrap collection program that was instituted late last year. Some Mutuals report that compliance has been spotty, and more outreach may be needed. To that end, the LW Weekly is reprinting the information that Athens supplied when the program debuted and a chart that residents can cut out of the paper for easy reference.

Athens Services is partnering with LW to implement a food scrap collection program, per Senate Bill 1383.

This new mandate requires residents in LW and across California to place all food scraps and food-soiled paper (100% fiber-based) into a special container.

RESIDENTIAL FOOD SCRAP

WHAT'S CHANGING? You will be able to use your green organics

container for the collection of landscaping waste, food scraps, and

DID YOU SAY FOOD SCRAPS? Yes, Athens will accept all types of food

waste into nutrient-rich soil amendment. The resulting compost is used

by commercial farmers, city projects, garden shops, landscapers, and

HOW DO I PARTICIPATE? To collect your kitchen food scraps, you can

choose to use a portable, reusable pail-like container with a tight fitting

lid. It could be plastic, metal, or ceramic. Pail options can be purchased

or consider reusing a coffee canister, large yogurt or margarine tub, or

juice pitcher. Storage ideas can include the kitchen counter, under the

scraps. Our American Organics compost facility converts organics

landscaping waste, food scraps, and food-soiled paper (100% fiber-based).

COLLECTION NOTICE

The new organics carts were delivered in October to all Mutual trash collection areas.

Dear Valued Customer,

The weekly service began in early November.

That's when residents started separating their waste in a new

WHAT'S CHANGING? You will be able to use your green organics container for the collection of green waste, food scraps, and 100% fiber-based, food-soiled paper. (Green waste includes resdients' personal garden and grass clippings, not LW landscapers, who have their own green waste program.)

DOES THAT INCLUDE FOOD SCRAPS? Yes, Athens will accept all types of food scraps. The American Organics compost facility converts organics waste into nutrient-rich soil

Athens Services has owned and operated the American Organics composting facility since 2009. Today, it is renowned as one of Southern California's

Athens Services is partnering with your community to implement food scrap collection. Per Senate Bill 1383, single-family home

residents and multifamily complexes across California will be required to place into their green waste container ALL of their

highest-tech composting facilities with state-of-the-art methods for organics waste recycling. The resulting compost is used by commercial farmers, city projects, garden shops, landscapers

> and residents. HOW DO I PARTICI-**PATE?** To collect kitchen food scraps, you can choose to use a portable, reusable pail-like container with a tight fitting lid. It could be plastic, metal or

Pails or countertop compost bins can be purchased, or LWers can consider reusing coffee canisters, large yogurt or margarine tubs, or juice pitchers. People can store composting containers on kitchen counters, under sinks, in freezers or wherever

WHY ORGANICS RECY-**CLING?** Landfills are the third largest source of methane in

emits 20% of the state's methane. By diverting organics from the landfill, you are part of the solution in helping to protect the environment and future generations.

ARE BAGS ACCEPTED? Liners are optional. Plastic and bioplastic "compostable" bags are accepted in the organics container, but must be CLEAR or translucent-green, and bag contents must be visible. Acceptable organics will be processed, but the bags will not be recycled or composted.

WHERECANIGETMORE **INFORMATION?** Athens is here to support the community with this new program and will provide resources and training to help you get started.

If you have any questions about the new organics collection program, contact Physical Property at 562-431-6586, ext. California. Organics waste 365, or visit AthensServices.

SENIOR RESOURCE-PART 2

What to do when a loved one dies: Help in a hard transition

by Robann Arshat, GRF member resources liaison. Part 1 ran Dec. 8 and covered needed documents, benefits, wills, trust, probate and federal estate taxes. Part 2 of the installment covers state taxes, changing ownerships and titles, credit cards, general finances and professional assistance.

State Estate Taxes

In California any estate which pays a federal estate tax must also file a state estate tax. This amount will be paid by the estate to the state in which the deceased lived. For details on state estate tax, contact:

Controller's Office

State Capitol

Room 1114

Sacramento, CA, 95814

You can also contact your own trust attorney, tax attorney or tax advisor.

State Inheritance Tax

California does not have an inheritance tax, estate tax or gift tax. In other words, inheritance is not subject to tax in California. If you are a beneficiary, you will not have to pay tax on your inheritance. However, California residents are subject to federal laws governing gifts during their lives and their estates after they die. Each California resident may gift a certain amount of property in a given tax year, tax free. Beneficiaries who live in another state will follow inheritance tax requirements, if any, for that state.

The federal and state income taxes of the deceased are due for the year of death. The taxes are due on the normal filing date of the following year unless an extension is requested.

The spouse of the deceased may file jointly for the year of death. A spouse with dependent children may file jointly for two additional years. The IRS offers a booklet, publication No. 559, "Information for Survivors, Executors and Administrators," which may be helpful. You can obtain this booklet by contacting your local IRS office.

Internal Revenue Service

501 W. Ocean Blvd,

Long Beach, CA 90802

562-980-4194

Changing Ownership or Title

You may need to transfer ownership or change title on property, or revise documents after a death. Some items to check include:

• Insurance policies

For policies held by the spouse of the deceased, beneficiaries may need to be changed. Especially for life insurance, you may decide that you no longer need to have the same amount if you do not have dependents. Auto insurance and home insurance may also need revision. In the case of a spouse, the deceased may have covered your medical insurance through work. You may need to purchase your own medical insurance. Check with the employer to see if you can continue with their group health insurance plan, which may be less expensive. Contact the company issuing the policy to make any changes, or for more information.

The title of the car owned by the deceased may need to be changed. Contact your State Department of Motor Vehicles: Department of Motor Vehicles, Long Beach, 3700 E Willow St., Long Beach, CA 90802, 800-777-0133; Department of Motor Vehicles, Westminster, 13700 Hoover St., Westminster, CA 92683, 800-777-0133.

Your will may have passed property on to the deceased and should be updated. You may want to contact your attorney for

• Bank Accounts, Stocks, Bonds

If you had a joint bank account with the deceased, it will automatically pass to you. You should check with the bank representative to change the title and signature card on the account. To change stocks or bond titles, check with your stockbroker. If the bank account was held only in the name of the deceased, those assets will have to go through probate. An exception to this would be trust accounts.

• Safe Deposit Box

If the box was rented only in the name of the deceased, it will require a court order to open the box. Only the will or any other materials pertaining to the death can be removed until the will or trust has been probated.

In California, if the safe deposit box was rented in joint names, you will need a letter from the Superior Court, Probate Division to get into the box. Contact the Court for details.

• Credit Cards

Credit cards that were held exclusively in the name of the deceased should be canceled. Any payments due on these credit cards should be paid by the estate.

In the case of a spouse, you may have credit cards in both names, and/or you may have used cards which listed only the name of the deceased. In this situation, you will want to try to make payments to keep your own good credit rating. You should begin to notify the credit card companies that your spouse is deceased, and that the card should list your name only. Some people, particularly

This information is provided as part of the Senior Focus Resource widows, may experience difficulties in getting a new card if they do not have their own credit rating. When applying for a card, be sure to inform the lender about credit cards you shared with your spouse, even if your name was not listed.

General Finances

Debts owed by the deceased will be the responsibility of the estate and should be forwarded to the personal representative or executor who is settling the estate. However, debts which are jointly owed, particularly mortgage payments and utility or phone bills, should generally be paid by the survivor to keep a good credit rating. Most companies will ask for a death certificate.

An extra word of caution to widows and widowers: it is generally suggested that you do not immediately make permanent significant financial decisions, such as selling your home, moving, or changing jobs. You will need some time to consider your situation before you can make these decisions responsibly. If at all possible, don't rush into a decision you might later regret.

DEBTS, page 19

GRF Visitor Access

In an effort to provide a secure community while allowing timely access to authorized visitors, the following procedures regarding visitor access shall

Resident/Authorized Person

An authorized resident/ person can call the Security Main Gate Office at 562-594-4754 to call in a visitor to the community.

People authorized to call in

• Owner.

• Co-occupant, non-owner,

no stock. • Qualified permanent resi-

ACCESS, page 19

SIMPLY DELICIOUS SENIOR MEAL DELIVERY SERVICE 1/09/2023 to 1/13/2023 Find more menu details at our website

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$90 per week B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$150 per week

Monday	Tuesday	Wednesday	Thursday	Friday										
LUNCH														
Denver Omelet Dill Potatoes	Beef Tacos Coleslaw	Turkey Sandwich Potato Salad	Broccoli & Cheese Quiche Macaroni Salad	Chicken Soup Vegetables										
Seasonal Fruit	Grapes	Seasonal Fruit	Mixed Berries	Fruit Salad										
		DINNER												
Chicken Madeira Asparagus Mashed Potatoes	Cajun Catfish Roasted Red Pepper Sauce	Baked Spinach Ravioli Rosemary Sauce	Curry Chicken w/Sliced Almonds	Fresh Salmon Pesto Sauce										
Cheese Cake	Mixed Berries	Cookie	Seasonal Fruit	Brownie										
ARL'Y DELICIO	/EG	Salim Khoury	407	ARLY DELICE										



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* New patients without insurance only. Some restrictions may apply.

sink, in the freezer, or wherever you feel is best.

PARTICIPATING IS EASY AS 1-2-3

100% fiber-based, food-soiled paper.



1. FILL

Fill your pail with food scraps and acceptable items. (Liners are optional. Consider newspaper or a paper bag.

2. EMPTY

Empty pail contents into your green organics container.

recycled or composted.

3. RINSE & REPEAT

Rinse out pail with soap and water. Fill again. Sprinkle

lightly with baking soda to absorb odors.

Athens Tip: Store meat and dairy scraps in a container in your freezer and place in the green organics container on collection day.

ACCEPTABLE ORGANICS WASTE **FOOD SCRAPS**

- Flower & hedge trimmings Grass clippings
- Leaves & branches Lumber, scrap wood, & plywood (not painted or
- treated)

- Weeds

Athens Services

- Bread, rice, & pasta Cheese & dairy Coffee grounds & filters
- · Fruits & vegetables Flowers & herbs
- Meat, bones, & poultry Seafood & soft shells

*Must be 100% fiber-based. NO materials with petroleum based plastic, wax, or bio-plastic coating, liner, or

Pet food (non-medicated)

- Pizza boxes Plates
 - To-go boxes (no coating) Wooden & fiber-based

FOOD-SOILED PAPER

Food-stained paper

Paper egg cartons

Paper napkins & kitchen

- · Cacti, succulents, & yucca
- (bioplastics) · Coffee cups & pods
- Fats, oils, & grease Food stickers (please
- remove) Gloves

Medication

- mussels, oysters)
- Palm fronds Paper napkins &
 - towels with cleaning chemicals Parchment & wax
 - - Tea bags

AthensServices.com

O DO NOT INCLUDE

WHY ORGANICS RECYCLING? Landfills are the third largest source

of methane in California. Organics waste emits 20% of the state's

ARE BAGS ACCEPTED? Liners are optional. Plastic and bioplastic

be CLEAR or translucent-green, and bag contents must be visible.

Acceptable organics will be processed, but the bags will not be

at (888) 336-6100 or visit AthensServices.com/Food.

methane. By diverting organics from the landfill, you are part of the

solution in helping to protect the environment and future generations.

"compostable" bags are accepted in the organics container, but must

WHERE CAN I GET MORE INFORMATION? Athens is here

to support the community with this new program and will provide resources and training to help you get started. If you have any questions about the new organics collection

program, please contact the Athens Customer Care Center Scan for more

- · All plastics
- Compostable plastics
- Hard shells (clams,
- - paper Pet waste
 - Rocks & soil · Rubber bands & twist
 - Textiles
 - Tissues & wet wipes

LW Weekly

SPORTS & GAMES

Women's Golf Club gets new president; weekly tournaments continue

On Dec. 27, 40 women golfers participated in the last weekly tournament for the year 2022. They competed for low gross, low net and chip-ins. Seven women chipped the golf ball from the fairway directly into the hole.

The golf club's new president, Pam Krug, not only scored a chip-in but made two birdies during the nine hole round. She assumed her new duties as president Jan. 1.

The flight winners were:

Flight A—Low Gross: Devora Kim, 29; Low Net: A tie between Grace Choi and Stella Yoon, 25; Chip-ins: Grace Choi, Hole 2, Linda Herman, Hole 8, and Lisa Kim, Hole 9.

Flight B—Low Gross: Young Sak, 29; Low Net: A three-way tie between Jee Choi, Mary Ann Moore and Young Yoon, 25; Chip-in: Pam Krug, Hole 6.

Flight C—Low Gross: Hailee Yang, 31; Low Net: Mary Grieg, 24; Chip-in: Eullia Kim, Hole 7.

Flight D—Low Gross: Keiko Sekino, 34; Low Net: Patti Smith, 24; Chip-ins: Keiko Sekino, Hole 3 and Connie Kang, Hole 5. Despite the freezing cold weather, 49 women golfers came to



Pam Krug right after she

participate the weekly tourament play on Dec. 20. They competed for low gross, low net and fewest putts. During the nine hole round, three women scored 11 putts each which averaged just over one putt per hole.

The flight winners were:

Flight A-Low Gross: A tie between Linda Herman and Jassca Choi, 28; Low Net: Grace Choi, 25; and fewest putts: Janice

Flight B—Low Gross: Margie Thompson, 30; Low Net: Sun Lee, 24; Fewest Putts: a tie between Margie Thompson and Sun

Flight C-Low Gross: A tie between Bert Thompson and Sue Yokomi, 32; Low Net: Patty Littrell, 24; Fewest Putts: Sue

Flight D—Low Gross: Kyung Ju, 31; Low Net: Anne Walshe, 21; Fewest Putts: A three-way tie between Kyung Ju, Anne Walshe, and Myung Kim, 13.

The club plays on the first and third Tuesdays of the month.

We would like our patients to meet our new associate Dr. Taylor J. Sant

insurance, we offer new patients a \$35% exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease Because one of our goals is to discover small

dental problems before they become big ones. The American Dental Hygienists' Association stimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.

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Sandra de Dubovay enjoys the Pickleball Players Club's

Pickleball Players Club

The Pickleball Players Club will hold its first meeting of 2023 on Sunday, Jan. 8, at 5 p.m. in Clubhouse 2. The monthly meetings are held on the first Sunday of each month except this one due to the New Year's holiday. An Asian themed potluck dinner is planned.

The first free beginners lesson offered in the new year will be Jan. 10 at 10:30 a.m. at the pickleball courts.

Jim Thomason will provide instruction while the club will loan paddles and balls to players. The classes are held on the second Tuesday of each month. For more information, email lwsbpickleballclub@gmail.com or call club President Linda Evenson at 561-577-3283.

-Margaret Beste

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4000 Lampson Ave., Seal Beach

(Across from Seal Beach Tennis and Pickleball Center)



Pool Club celebrates with 396 tournament



Sisters Shel Magnuson and Grace Baker had a friendly contest, as Grace has only recently moved into Leisure World while Shel joined the Shuffleboard Club in September.

Shuffleboard Club

Games continued at the Shuffleboard Courts between Christmas and New Year's. New members are feeling the excitement of competing in their first league play and veteran members know they must stay sharp to keep their top positions. The Friday morning league begins on Jan. 6 with four teams playing every Friday while the Tuesday evening league will begin Jan. 10 with three teams competing.

On Thursday, Jan. 12, there will be a general member meeting at the Courts Building at 10 a.m. All members are encouraged to attend, and any LW residents interested in knowing more about the club are welcome to attend.

Regularly scheduled open-play/pick-up games have resumed on Monday and Wednesday mornings from 9-11 a.m., free for all club members and any interested LW residents. For those wanting to practice in the evenings, the courts are open from 5:30-8 on Tuesdays. For more information, call or text Kay Mount at 775-527-0426.

-Kay Mount

Bocce Ball: Report from the Court

The Bocce Ball Club will hold a referee clinic on Saturday, Jan. 7 at 10 a.m. at the bocce ball court located in Mission Park behind Clubhouse 2. Anyone intersted in becoming a referee for the upcoming season can contact head referee Rod Osgood at

League games are played on Tuesdays and Saturdays from 9 a.m.-1:30 p.m. and on Thursdays and Sundays from 11:45 a.m.-

Anyone who wants to practice bocce ball, learn how to play the game or learn how to referee is invited to join the group.

-Marsha Mauger



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Jerry Wrenn (I-r), Brian Burke, Ray Fredrichsen, Connie Terry, Dave Ruiz, Millie Larson and Bob Barnum.

It is much faster than playing an entire game. The two players shoot their cue ball at the same time to the end rail, and the one that comes the closest one to the for first place with 20 points. back rail wins the lag.

To break the tie, two team A Bob Barnum won the lag year. players, on two different tables, against Dave Ruiz and Jerry lagged for which teams would Wrenn won his lag against Tom play one game of nine ball for Zimmerman. In the final game first place; the other two teams for first place, Connie Terry would play for third place. made a nice shot on the nine Lagging is routinely used in ball in a corner pocket to win pool tournaments to decide for her teammates Bob Barnum which player gets to break first. and Ray Friedrichsen. Jerry

Wrenn, Linda Patton and Brian Burch were second and Dave Ruiz, Gary Monahan and Millie Larson finished third.

This was the Leisure World Pool Club's final event of the

The spring pool league will start on Monday, Jan. 23, and Wednesday, Jan. 25, at 6 p.m. in Clubhouse 2. Each division will have six teams that will play three rounds and finish the season on May 10.

. —David Silva

was featured on Orange

LW Weekly 562-430-0534

GETTING MEDICARE RIGHT



"Sadie" Suzanne Independent Agent

LW M-15 **CALL ME AND**

for making the three ball, two

points for the six and three

points for the nine, so a team

can receive zero to six points

there were four teams tied

At the end of six rounds,

in a game.

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LWWeekl

morning prayer meetings every Tuesday-Saturday in the sanctuary be-

RELIGION

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2; Wednesday morning Bible study is currently on break. The Hymn Sing is held on the fourth Sunday of the month, at 6 p.m. in the Clubhouse 3 Lobby.

Sermon for this week: The Christmas decorations are packed away, and New Year's resolutions have been made and may be broken already. Blank calendar pages are rapidly filling with appointments and events not to be missed. It is tempting to try to hit the ground running, get a jump on things, and lose an opportunity to thoughtfully chart a new course for the new

year. Pastor Chuck Franco will return to the series "What Is Truth?" and present his sermon titled "What Does it Mean to be Holy?" Holiness is not a popular concept. What place does trying to live a holy life have in today's world? What are the benefits? Is it even achievable? Take advantage of this natural break in time to evaluate the worth of personal holiness.

Bible Study: Fear is paralyzing. Fear obliterates the enjoyment of life. "Fearless," by Max Lucado, presents life-altering principles to deal with fear. Students will discover what God has to say about fear and how to overcome its debilitating effects.

Be assured that it is never too late to become fearless.

Contact: More information about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.



A painting by Carmen Leslie and Barbara Simundza at the front of Redeemer Lutheran.

Faith Christian Assembly

Isaiah 48:18 says, "If only you had paid attention to My commands, your peace would have Bible study plans people can been like a river, your well-being like the waves of the sea."

This passage reflects a similar thought in Deuteronomy 12:28: "Be careful to obey all these regulations I am giving you, so that it may always go well with you and your children after you, because you will be doing what is good and right in the eyes of the Lord your God."

Believers must read God's Word daily, be in constant orayer, and not try to figure things out on their own. Believer regular Sunday service times are FCAchurch.net.

First Christian Church

First Christian Church of

Leisure World teaches from

God's word, the Holy Bible,

most often verse by verse. It is

a friendly church that welcomes

all visitors to join in worship and

explore God's word together,

"That we may be mutually en-

couraged by each other's faith,

both yours and mine," Romans

Message from the Pastor

For his first message of

2023, Pastor Gary Whitlack

has prepared a sermon for the

will share from the 13th chapter

in 1 Corinthians, known as the

love chapter: "For now we see in

a mirror dimly, but then face to

face; now I know in part, but

then I will know fully just as

I also have been fully known."

After a three month hiatus,

Rabbi-Cantor Galit Shirah will

begin the new year with the

online services for Friday night

and Saturday morning Shabbat

services. The Friday evening

service will be held at 5 and the

Saturday morning services will

Beit HaLev

1:12.

must be reliant on God for help.

There are serval printed choose from at Faith Christian Assembly. It's never too late to start a daily Bible reading plan. Following a plan is important, as it creates the discipline of consistency and so strengthens a stronger relationship with the Lord. Just as people need physical nourishment for their bodies, they also need spiritual nourishment daily, which is achieved through reading God's

word every day. Faith Christian Assembly's

describes Christ's love for the

saints and how they are to love

in turn. It outlines what love is

and what it is not, describing

love as patient and unfailing.

As a Christian matures, he or

she should come to understand

that God's love for his children

is even more than they can

comprehend. The chapter ends

of Christ that the greatest thing

Weekend Services

led by Janet Ray and Pat Kogok at

the piano. This Sunday the First

Christian Choir, led by Ray will

Saturday services are more

sing "Jesus Is Coming Again."

contemporary with Gregory

Black leading worship with gui-

Sunday services are held

asked of them is love.

saints to know about the love from 9:30-10:45 a.m. The service

of God intimately. Pastor Gary is traditional with hymnal music

This great chapter on love taraccompaniment. The service

with an edict to the followers

at 10:30 a.m. and 5:30 p.m. The pre-service prayer is on Sundays at 5 p.m. The midweek Bible study held on Wednesdays at 11 a.m. People are invited to bring friends and family. The church also hosts a Grief Share group

People can call the church office at 562-598-9010 for the most updated schedule information or to receive a free copy of the church's newsletter. People can also read through the newsletter archive and find more information about the church at www.

is held from 9:30-10:45 a.m.

days from 10:30-11:45 a.m.

from 9:30-10:30 a.m.

inthians 5:17, NASB.

10:30-11:30 a.m.

from 6-7 p.m.

Midweek Studies

Redeemer Lutheran

The painting that hangs on the front wall of Redeemer Lutheran Church, painted by LW artists, Carmen Leslie and Barbara Simundza, honors the day of Epiphany when the kings recognized the baby Jesus as the Messiah King with gifts of gold, frankincense and myrrh.

The Feast of Epiphany and the baptism of Jesus will be celebrated at Redeemer Lutheran's Sunday worship on Jan. 8 at 10:30 a.m. Join the wise men as Redeemer Lutheran celebrates in scripture, worship and song in the sanctuary at 13564 Saint Andrew's Drive.

that meets every Thursday at Those who are able are asked to bring an Epiphany gift of a non-perishable food item to donate to less fortunate neighbors 5:30 p.m. in the Garden Room. through local OC relief efforts.

For more information about the church, call 562-598-8697.

LW Baptist

The drama of the book of Job pictures Job and his friends debating over the extreme afflictions Job is suffering. Job himself sets the stage for the dialogue by questioning in strong language why he was ever born. God hears and understands his people's cries and cares about their pain, when other people Melli Herrera leads the new seem not to. women's Bible study on Mon-

frame LW Baptist's worship Pastor Gary Whitlach leads service on Sunday, Jan. 8, at 10 the Bible study held on Tuesdays a.m. in Clubhouse 4. The congregation will sing the lyrics, Thursday's Bible study, led "I cast all my care upon you; I by Elder Jack Frost, is held from lay all of my burdens down at Pastor Bruce Humes leads

your feet." The Women's Bible study

Scripture of the Week "Therefore, if anyone is in Christ, he is a new creation; the old things passed away; behold, new things have come," 2 Cor-

Friday's prayer and Bible study

Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call 562-431-8810.

The groans of God's people

Pastor Rolland Coburn

will meet on Monday, Jan. 9, at 10 a.m. in Clubhouse 3, Room 6, and is open to any interested women.

Following choir practice, the Energizers group will meet on Wednesday, Jan. 11, at 3 p.m. to pray for missionaries and for local requests. The group will also read one of David's penitential psalms, Psalm 38, where his prayer prefigures what Jesus did for the world. This message is expressed in the hymn's words, "He took my sins and my sorrows; he made them his very own/He bore my burden to Calvary and suffered and died alone."

Call 562-430-8598 for more information.

Eric Dangott on Friday, Jan. 6, at 6:30 p.m. Rabbi Dangott will also lead the hybrid service on Saturday, Jan. 7 in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Congregation Sholom has served Leisure World since 1962. It

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi

Saturday's Torah portion will be Vayechi from the book of Genesis. Vayechi (he lived) is the final Torah portion in the Book of Genesis. It opens as Jacob prepares for his death, making his son Joseph swear to bury him in the Cave of Machpelah. Jacob blesses Joseph's two sons and his own 12 sons and then dies. Jacob's sons bury him. The portion ends with Joseph's death.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122. offers a traditional Jewish service in person and online. Those who want to become a member of Congregation Sholom should call **BEIT HALEV, page 13** Howard Brass at 714-396-0121 for a membership packet.



Join Community Church on Sunday, Jan.9, at 9:50 a.m. for its annual covenant service in the Wesleyan tradition. As always, the word Gospel means "good news" and those who are in need of some good news, are welcome to join the service in person or online.

ginning at 6 a.m.

Per the CDC guidelines the church asks everyone to wear a mask indoors. All are welcome.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



Leisure World Korean Community Church's Choir at its end of the year party on Dec. 17 at the Luxe Buffet Hall in the Westminster Mall. Leisure World Korean Community Church holds its Sunday worship services

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton Street in Long Beach. Sacrament service is held every Sunday at 10:30 a.m. This is followed by Sunday School in the second hour on the first and third Sundays, Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

The Family History activity will be held on Monday, Jan. 16, at 5 p.m. in Clubhouse 3, Room 1. People are invited to bring family photos, stories, memories and the church will help put the stories and history together on FamilySeach.org for future generations to enjoy.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-864.

Members are reminded that the first Sunday of every month is fast Sunday. But because of the holidays, Fast Sunday will be this Sunday, Jan. 8.

This is the start of a new year. The reading source for this year (2023) will be the New Testament. The reading assignments for the week of Jan. 9-15 are Matthew 2 and Luke 2.

Christian Women's Fellowship & Bible Study

The Christian Women's Fellowship and Bible Study group will meet on Monday, Jan. 8 and 24 in Clubhouse 3, Room 6 at 10 a.m. to discuss chapters 27 and 28 in the book "Loving God with All Your Mind." All residents are invited to attend.

For more information, call Jean Davidson at 562-431-0597 or Marge Singleton at 562-594-8100.

Buddha Circle

Buddha Circle will meet on Saturday, Jan. 7, in Clubhouse 3, Room 1, from 9:30-11 a.m. with Ven. Kusala, who presents Buddhism in a simple way.

Donations are welcome and will support Kusala in his teachings. For more information, go to www.urbandharma.org or call 714-468-6887.

BEIT HALEV From page 12

from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the Divine and doesn't believe in labels. It considers all religions holy and valid.

To request a membership form for Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and may be sent to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.



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begin at 10. Beit HaLev LIVE! Interactive livestream services are on Zoom at *https://us02web.zoom*.

E1OUXI5VXFDTWtuZHF4K3 VxUT09. The meeting ID is 915 243 4704, and the passcode is RavGalit. People can also view on Facebook at www.facebook. com/galityomtov or YouTube at www.youtube.com/beithalev8816.

This Shabbat, Saturday, Jan. ("Jacob lived") Genesis 47:28-

us/j/9152434704?pwd=THJGT

7, the Torah reading is "Vay'chi,"

Menassah.

48:22 in the First Triennial Cycle. The Torah reading is the account of Jacob's preparation for his own death and burial. He gathers his family around his bed and blesses his sons and grandsons Ephraim and

All Beit HaLev services use the special prayerbooks, "Lev L'Lev," which include excerpts









LEFT, CLOCKWISE: Yuri Lotakov played piano in front of a packed house in Leisure World on Oct. 29. He has played with major orchestras in Ukraine, Russia, Europe and South Africa. TOP RIGHT: Richie Freedman has been performing on stage since he was 12 years old in New York. BOT-TOM RIGHT: Lotakov in his home in Leisure World. **BOTTOM LEFT: Lotakov** (I) and Freedman found out they shared a love of music from an early age and performed together at a Christmas gathering. They will perform again on Jan. 20 in Clubhouse 4 at 4 p.m. All are welcome to attend.

Yuri Lotakov returns to LW on Friday, Jan. 20

Those who missed the outstanding performance of Yuri Lotakov on Oct. 29 have another chance to see him and Richie Freedman play on Friday, Jan. 20, in Clubhouse 4 at 4 p.m At his previous performance, the standing-room-only audience didn't want him to leave the

Lotakov got his start through his mother, a piano teacher up. Realizing they both had a music as a jazz trumpeter for who encouraged him to go into music. He achieved early success in Ukraine, beginning his training in piano at 5 years old and playing his first public performance at 9. Lotakov graduated from the prestigious Kiev Conservatory with a Ph.D. in 1971. He has played extensively with major orchestras in the in Ukraine, Russia, Europe and South Africa.

In 1976, Lotakov tried to get out of the Soviet Union, but it wasn't easy. When he applied for permission to leave, he was punished by losing his teaching position plus having all his music appearances cancelled. This went on for two years. Lotakov persisted and succeeded in coming to the U.S. and eventually moved to Leisure World.

Luba, Lotakov's wife, said that her husband is not only a brilliant musical artist and sportsman, but he's also a very successful computer programmer who's run his own business and Ike and Tina Turner. After for many years.

Four months ago, Lotakov met Freedman, who was also a completely different direction: talented musician from a young law enforcement for 35 years. age, at a LW Bicycle Club meet After retiring he went back to love of music, Freedman asked Lotakov to play Hummel's ing with several major-name trumpet concerto together and they decided to prepare for a Freedman visit richiestrumpets. full concert.

Freedman started his music

studies at 8 years old and was performing in New York at age 12. By the time he was in UCLA, he was already performing with Della Reese, The Impressions attending undergraduate and graduate schools he went in a several big bands plus performartists. To learn more about

—Jan Friedland

American Legion Post 327

American Legion Post 327 will resume bingo games this Sunday, Jan. 8 in Clubhouse 2. Doors open at 1 p.m. and early bird games start at 1:30 p.m. Buy-in begins at \$5. People are asked to bring smaller bills as group does not have much change. Free coffee is available and simple snacks can be purchased. All proceeds support local Veterans activities. People are invited to bring a friend, family member or neighbor for a fun afternoon.

The regular Post 327 meetings will resume on Monday, Jan. 16. The board meeting will be held in Clubhouse 3, Room 3, at 12:30 p.m. The general meeting starts at 1:30 p.m. in the same location. All veterans are invited to attend the meetings.

For more information about Post 327, call Cmdr. Rich Carson at 714-719-6872.



Pastor Young Kyu Lee (I-r), GAF President Anna Derby and Senior Pastor Jung Hyun Lee

Sa-Rang Church donates to GAF

The Seal Beach Sa-Rang Church recently donated \$1,000 to the Golden Age Foundation (GAF). The church has been an annual donor to the GAF since its inception 18 years ago.

The Seal Beach Sa-Rang Church first began meeting in Clubhouse 3, Room 2. The congregation has been steadily growing over the past eight years under the leadership of Rev. Kyo Min Soh, and moved to the Clubhouse 3 Lobby in November 2017. The current senior pastor is Jung Hyun Lee (John Lee). It is an inter-denominational church.

Lee was ordained as a pastor in 1978, served as a chaplain in the Korean army, and served as president of the Southern California pastor's association. He also serves as a Christian counselor for the Korean Press and as president of KAPC Reformed Presbyterian University and Seminary.

Sa-Rang's worship service is held every Sunday in the Clubhouse 3 Lobby at 11 a.m. It holds weekly Bible studies on Wednesdays at 6:30 p.m. in Clubhouse 3, Room 2. For more information about the church, contact Pastor Jung Hyun Lee at 310-749-0577.

All GAF programs are provided free to residents. The GAF is entirely staffed by volunteers, so all contributions go directly to meeting community needs. The generous support of residents, clubs organizations, and businesses is the main source of income.

For more information, go to www.goldenagefdn.org or call Anna Derby at 562-301-5339.

Schmooze Club

Everyone is invited to a free concert with the Schmooze Club on Tuesday, Jan. 10, in Clubhouse 3, Room 9. Refreshments and schmoozing (socializing) begin at 10 a.m. The program concert, featuring musician Isaac Gordon, is from 10:30-11:30. Donations are gratefully accepted.

Isaac Gordon is a singer songwriter who blends his Jewish roots with a modern pop sound. Gordon's unique ability to compose complex yet catchy



Isaac Gordon

tunes has made him a sought after composer for modern record companies. Locally, fans have seen him perform at the Menorah Lighting at the Seal Beach Pier and at Universal Studios in Hollywood. Isaac Gordon will perform classic Jewish tunes along with a few original songs.

Enjoy a wonderful morning of music and the friendly comaraderie of the Schmooze Club. New residents are especially encouraged to join in and make new friends.

People should call Darlene Rose (562-347-8088) with names of outside guests for Main Gate entry by Monday, Jan. 9.

Senior Peace Club will meet Jan. 5

The Senior Peace Club's meeting is on Thursday, Jan. 5, at 2 p.m. in Clubhouse 3, Room 9. LW resident Jean Parr will discuss the struggle for abortion rights and delve into Laura Kaplan's book "The Story of Jane: The Legendary Underground Feminist Abortion Service."

Parr is a second generation LWer. She did curriculum training for the state of California and was on the staff of the National Writing Project at University of California Santa Barbra.

All residents are welcome. Call Pat Kruger at 562-357-4040 for more information.



The Sunshine Club at its recent Christmas party.

The Sunshine Club will hold its first meeting of the year on Friday, Jan. 16

The Sunshine Club began 11 years ago in January 2012 with the mission of "Building World." Since that first meeting, the club's membership has grown and current members continue its mission today. The club members feel very proud of their contribution and are speakers from outside LW so

content with the direction the is heading.

The Sunshine Club frefrom Leisure World's GRF departments so residents could get familiar with each system and purpose within the community. The club also invites guest residents can learn more about Director Victor Rocha. He will the surrounding community.

The club took a couple of Bridges For A Brighter Leisure quently invited guest speakers weeks off for the holidays and will hold a meeting for members to catch up and socialize on Friday, Jan. 6, at 10 a.m. in Clubhouse 3.

> On Jan. 13, the club will hold a meeting with GRF Security nator Eloy Gomez and Laverne

give a speech titled "Review of "Go Bags." The topic of each Security Department." On Jan. speaker's presentation will be 20, pharmacist Naomi Bahn will speak on her interest in ambulatory care, community pharmacy, and social and health equity; on Jan. 27, the GRF Emergency and Safety Coordi-

Haller and will speak about announced in the LW Weekly. The Sunshine Club meets every Friday in Clubhouse 3, Room 2, from 10 a.m.-noon. There are no membership dues; everyone in LW is welcome to join. For more information, text 562-301-5339.

Democratic Club

by Mary Larson LW contributor

Leisure World residents living west of St. Andrews Drive are reminded that they will be asked to vote once again later this month. The run-off election for the District 5 seat on the Seal Beach City Council will be held on Tuesday, Jan. 31. Voting will be by mail-in ballots only. There will be no in-person vote centers. However, voters can deposit their completed ballots in the drop box located by the Amphitheater.

Whichever of the two candidates receives the most votes in this election will be the only Leisure World resident on the Seal Beach City Council.

Only Leisure World residents will be voting in this election. All eligible voters will be receiving a combined Voter Information Guide and mail-in ballot sometime between Jan. 3 and Jan. 17. They will be asked to choose between the two top vote-getters in the November 2022 General Election: Mariann Klinger and Nathan Steele. The LW Democratic Club has endorsed Mariann Klinger in election.

Klinger is a 13-year resident of Leisure World and has worked as a member of the Seal Beach City Planning Commission for seven years. She also worked for 10 years in Leisure World's Security Department.

Klinger also has covered city and county governments for 20 years as a daily newspaper reporter and editor. She has a bachelor's degree in communications and an master's in political science.

For more information about Klinger, including how to help her campaign, call 562-596-0450 or email democraticclubsblw@

Democrats are also reminded that Mary Tromp, immediate past president of the SBLW Democratic Club, is one of the 24 candidates running in an upcoming Democratic Party sponsored election. She is currently already a member of the Party's state-wide governing body and is running for re-election. LW's Democratic Club is supporting her re-election. Call 562-412-0898 for information.

For in-depth reporting on issues, Democrats and supporters can subscribe to the club's free electronic newsletter by calling 562-296-8521 or emailing democratic clubs blw@gmail.com. People are asked to include their party affiliation, phone number, email and street address.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



Kat Goyan of Mutual 10 (I-r), Estee Edwards of Mutual 15, and Dianne Daley and Patti Kilian of Mutual 2 took the LW Weekly along on their train ride to Cambria and Hearst Castle with a stop in Solvang on the return trip. The chocolate martinis at the lovely Cambria Pines Lodge were enjoyed by all.



The Filipino Association of Leisure World (FALW) celebrated its annual Simbang Gabi (the coming of the birth of Christ) on Dec. 22 in Clubhouse 2. The event was a delightful Christmas program filled with song, dance and delicious dining that was enjoyed by over 250 people from Holy Family Catholic Church and the Leisure World Community. The next FALW meeting will be held on Sunday, Jan. 8, in Clubhouse 3, Room 2, at 2:30 p.m.

HEALTH & FITNESS

SB Senior Lunch Program

Meals on Wheels Orange County partnered with the city of Seal Beach to host a senior lunch program at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, from 11 a.m.noon, Monday-Friday. Sugar free desserts and water-packed fruits are available. The program is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome, even if a contribution is not possible. Guests under 60 pay \$5.

The menus are available online at https://www.mealsonwheelsoc.org/wp-content/uploads/2022/12/C1-January-Menu-2023-FINAL.pdf.

Thursday, Jan. 5

Baked breaded fish with tartar sauce, quinoa pilaf, broccoli, Hawaiian roll, ambrosia.

Friday, Jan. 6

Turkey pot roast with gravy, polenta (cornmeal) with parmesan, sliced carrots, crackers, tropical fruit mix.

Monday, Jan. 9

Cheese tortellini with marinara sauce, broccoli, Capri vegetable blend, whole wheat dinner roll, parmesan, sugar free fruited gelatin.

Tuesday, Jan. 10

Tortilla soup with chips, chicken Tinga taco, cilantro lime slaw, tortilla, tropical fruit mix.

Wednesday, Jan. 11

Turkey Shepherd's pie, peas and carrots, zucchini medley, whole wheat dinner roll, sugar free custard.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day. Thursday, Jan. 5

Roasted turkey with sage gravy, cornbread stuffing, brussels prouts, banana, roast beef and cheese sandwich with lettuce, tomato and pickle, homemade macaroni salad.

Friday, Jan. 6

Chicken enchilada casserole with red sauce, pinto beans, seasoned cauliflower, orange, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

Monday, Jan. 9

Beef teriyaki, brown rice, oriental vegetables, applesauce with cinnamon, tuna salad sandwich with spinach and tomato, homemade macaroni salad.

Tuesday, Jan. 10

Oven-baked chicken leg and thigh, mashed sweet potatoes, cauliflower, vanilla chocolate swirl pudding, chicken salad sandwich with spinach and tomato, homemade macaroni salad.

Wednesday, Jan. 11

Stuffed bell peppers, garlic and chives mashed potatoes, green beans with pimentos, fresh pear, ham, turkey and cheese sandwich with lettuce, tomato and pickle, creamy cucumber salad.

Ways to maintain memory as you age

Adults confront various age-related side effects as they transition from middle age to their golden years. The Harvard Medical School notes that fleeting memory problems experienced with aging often reflect normal changes in the structure and function of the brain. But it's important not to mistake those changes for dementia, and equally important for older adults to recognize there are many ways they can protect and sharpen their minds as they age.

- Continue learning. Experts theorize that advanced education compels people to remain mentally active, which in turn helps them maintain a strong memory. Even aging adults who are still working in challenging fields can benefit from pursuing a new hobby or learning a new skill.
- Use the organizational tools like planners, maps and lists that can help maintain memories. Expending mental energy on finding car keys or remembering what to buy at the store makes it harder to learn new and important things.
- Let all your senses play a role. Reports show that the more senses people use to learn something, the more their brain is involved in retaining a memory. Researchers believe that when the additional parts of the brain are activated, people can have a better recall of the things to remember or complete.

-*MetroCreativeConnection*

SBTV Fitness

The following weekly excercise classes air 24/7 on SBTV-3 via TWC Spectrum CH3, Frontier Fios CH37 and online streaming at sbtv3.org/schedule. Have ROKU channel? Go to http://roku.streamsource.tv/ add/sbtv.

Playback schedule available each week in LWWeekly and SBTV3.org.

Sunday

5:30 a.m.: Feeling Fit (1 hr) **6:30 a.m.:** Silver Age Yoga (4.5 hrs) Monday

6:30 a.m.: Feeling Fit (1 hr) 8:30 a.m.: Silver Age Yoga (4.5 hrs) Noon: Silver Age Yoga (2.5 hrs)

Tuesday **7:30 a.m.:** Feeling Fit (1 hr) 11a.m.: Yoga for All Ages (30 mins)

Wednesday 5:30 a.m.: Yoga for All Ages (30 mins) **6 a.m.:** Feeling Fit (1 hr)

7:30a.m.: Silver Age Yoga (3.5 hrs) Thursday **6:30 a.m.:** Silver Age Yoga (4.5 hrs) **8:30 a.m.:** Feeling Fit (1 hr)

Noon: Feeling Fit (1 hr) Friday **6:30a.m.:** Silver Age Yoga (4.5 hrs) **8:30 a.m.:** Feeling Fit (1 hr)

Saturday **6:30 a.m.:** Silver Age Yoga (4.5 hrs) **8:30 a.m.:** Feeling Fit (1 hr)

Laughing For the Health of It

There will be no class in January. Classes will resume on Wednesday, Feb. 8, in the Health Center Conference

-Bev Bender

New Year's resolutions can help reset wellness goals

The new year often means the season of celebration and resolutions. There is no better time to set new wellness goals and make health a priority.

- Get enough sleep. Older adults should aim for seven to nine hours of sleep to maintain healthy immune system and improve memory and concentration. Keep the bedroom cool, comfortable and quiet; go to bed and get up at the same time every day and avoid long naps; stay active during the day and check with your physician to see if any of the medications or medical conditions
- Eat well and stay hydrated. Focus on consuming fruits and vegetables, whole grains, nuts, and low fat dairy. Limit the consumption of fatty meats, sugar, butter, salt, and pre-packaged foods. To stay hydrated, keep a bottle of water nearby and take frequent sips throughout the day.
- Stay social. The importance of social interaction for older adults cannot be overstated. Loneliness is known as a silent killer for seniors. Stay connected with family members and reach out to your friends.
- Use your brain. Experts suggest staying sharp with mindbending puzzles like crossword and sudoku. Other activities like reading, writing, and trying a new hobby can help ward off a decline
- Exercise. Staying physically active is one of the best new year goals. Studies show that regular exercise has many benefits for seniors, including: weight management, alleviation of depression, strong bones and muscles, better sleep, improved balance and fall prevention, and decreased risk of heart disease, type 2 diabetes, high blood pressure and high cholesterol. Aim for at least 30 minutes of exercise per day. Low impact activities such as biking, walking, Tai Chi, water aerobics, and yoga are popular exercise options for
- Practice prevention. Focus on preventative health measures: schedule your annual physical exam, get vaccinated against common viruses, manage your medications and wash your hands frequently.
- Kick bad habits that may have serious health issues attached
- Maintain purpose in life. Make an effort to manage the stress, relax, and focus on spiritual growth, and not on the perceived limitations of aging. Stay connected with the purpose by keeping a gratitude journal, volunteering, surrounding yourself with other positive people, setting reasonable expectations for aging.
- Evaluate home safety for fall hazards such as blocked walkways, cluttered high traffic areas, slippery, loose rugs, food spills, stairs, adequate lighting and the need for assistive devices.

-MetroCreativeConnection

OC HEALTH CARE AGENCY

OC moves to 'high' COVID transmission level

moved up to the high CO-VID-19 Community Level, according to the latest metfor Disease Control and serious illness." Prevention (CDC), the OC Health Care Agency (HCA) residents take preventative announced Dec. 22.

respiratory viruses and the the following: onset of flu season, the HCA reminds residents that it is critical to follow preventive measures, including remaining up to date with vaccinations such as flu and COVID-19, to reduce the severity of disease and to help lessen the burden vaccine. on hospitals.

"With the expanding CO-VID-19 community spread, there is a higher risk for more individuals to catch COVID-19 especially during the holidays when families are gathering," said Dr. Regina Chinsio-Kwong, County Health Officer and the HCA's Chief Medical Officer. "As and consider wearing a highpeople spend more time indoors and with loved ones, with them. these viruses will spread.

• Get fully vaccinated including the updated bivalent

booster (now available for 6 months and up) to maximize your immunity against CO-VID-19 & flu. Visit https:// myturn.ca.gov/ to schedule a

as an added layer of protection. • Avoid contact with people who are sick or confirmed with

COVID-19. • If you have household or social contact with someone at high risk for getting very sick, consider self-testing to detect infection before contact, quality mask when indoors

If you recently attended

Orange County has been We know it's frustrating to a high-risk event, traveled, or continuously hear about the came into close contact with preventive measures, but they someone who has COVID-19, work when followed and can self-monitor for symptoms rics released by the Centers help to protect each other from and get tested. If you are sick or test positive follow the self-The HCA recommends isolation guidance.

Patients exposed to COactions to minimize the risk VID-19 or who test positive Combined with a surge in of severe illness and advises for COVID-19 should contact their health care providers about available therapeutic medications or locate a Test to Treat site. Act fast to seek CO-VID-19 treatment as treatment must begin within 5-7 days of when symptoms start.

Treatments are now widely available for COVID-19 and • Wear a well-fitting mask are free, like the Paxlovid pill which is safe and effective for preventing COVID-19 illness from becoming serious, can lead to testing negative sooner, and may lower the risk of long COVID. Call your health care provider or an urgent care center or connect to a free telehealth provider today by visiting Free Virtual COVID-19 Visit for Californians Ages 12 and Up (sesamecare.com) or by calling (833) 686-5051.

ARTS & LEISURE



Doo Wop Let the Good Times Roll Club President Frank Destra sang along with Whiskey Hayride band leader Dr. Mike Johnson earlier this year in Clubhouse 2. The club is hosting the return of Whiskey Hayride to perform classic rock, country rock, country and dance music in Clubhouse 2 on Saturday, Jan. 21. Doors open at 6:30 p.m. and the dance begins at 7. People can visit the club's Facebook page for more details.

GARDEN OF THE MONTH



The Garden Club garden of the month is located in Mutual 4, 1401 Skokie Road, 83-G. The garden belongs to David and Janice Friedland.

Start the new year with a dance

January's weekend dance schedule is as follows:

- Saturday, Jan. 14: Cabaret presents the rock and roll band Vinyl Rock at 7 p.m. in Clubhouse 4
- Sunday, Jan. 15: Big Band ballroom music by the Velvetones in at 6 p.m. in Clubhouse 4
- at 7 p.m. in Clubhouse 2 All welcome, but guests must be accompanied by GRF Member who invites them. Check LW Weekly for any changes

Saturday, Jan. 28: Country rock and pop music by Abilen

Art League

in the schedule.

Katie Stubblefield will be the Art League demonstrator Jan 10 at 7 p.m. in Clubhouse 4.

Stubblefield lives in the Los Angeles-Long Beach area. She received her BFA from Middle Tennessee State University and her MFA from California State University Long Beach in 2001. She is an art professor teaching art survey courses to adults

Her works have been included in exhibitions in Salt Fine Arts, San Luis Obispo Museum, the Brooklyn Museum of Art and more. She is teaching an art class through NOCE at Leisure World on Tuesdays from 1-3 p.m.

with intellectual disabilities and autism at Coastline College.

Members must submit their artwork by 6:30 p.m. for display The popular vote theme this month is "winter." Members

should be prepared to pay their annual dues of \$20. Members will also elect new officers at this meeting.

Pinochle Club

The winners on Dec. 22 were: Don Walton, first, 11,500; Charlotte Westcott, second, 11480; Antonia Zupancich, third, 11,160; Nancy Wheeler and Marilyn Allred, tied for third, 10,390.

The Pinochle Club meets on Mondays, Thursdays and Saturdays between 11-11:30 a.m. in Clubhouse 1.

-Marge Dodero

Monday Bunco

The Monday Night Bunco Club results on Dec. 26 were: Linda Payne, most buncos; Rita Fueyo, most wins; and a tie between Leena Shulman, Nancy DeMille and Suzanne Frank for most babies; Johanna Rogers, most losses. Michelle Angevine was the door prize winner. The next Bunco Club meeting will be held on Jan. 9.

The club meets the second and fourth Monday of every month in Clubhouse 3, Room 1. Play begins at 6 p.m. sharp. All Leisure World residents and their guests are invited to play the easy and fun dice game. A halftime social is held for all attending. For more information, call Gail Levitt at 562-596-1346.

Saturday Morning Dance Class

Two dance classes are held every Saturday in Clubhouse 6, Section C, at 9 a.m. and 10 a.m.

In January, Candice Davis will teach East Coast swing on Saturdays at 9 a.m. and foxtrot at 10 a.m. to the Saturday Morning Dance Class group.

New topics are voted on each month. Classes are \$7 per person. Partners are not needed.

For more information, contact President William Young at 408-858-3560.

-William Young

Coin Club

The Coin Club will hold its first meeting of the new year on Jan. 11 in Clubhouse 3, Room 2, at 1:30 p.m. Members can participate in the club's door prizes, refreshments, coin auction, coin raffle and group discussions regarding currency and coins. Refreshments will be provided. Leisure World residents can have their coins evaluated at no cost.

Missing paper?

Call 562-430-0534 before 10 a.m. on Thursdays to have a paper delivered to you.



Gene Smith (I-r), Margaret Smith and their two daughters celebrated Gene's 90th birthday.

Cribbage Club

Cribbage Club last Tuesday began with a special 90th birthday celebration for Gene Smith. Two of his daughters hand delivered huge "9" and "0" balloons to help decorated the space. His wife, Margaret, treated members of the club to homemade German chocolate cake and ice cream. Sharon Rutigliano assisted Margaret

Alma Zamzow took first place honors with a score of 846—just one point shy of a perfect score. Margaret Smith placed second with 825 while Irvene Bernstein's score was 820 for third place. Fourth place went to Linda Evenson with a score of 819 of a

Seven games are played each Tuesday in Clubhouse 1 beginning at 12:30 p.m. and ending by 4 p.m. Refreshments that celebrate birthdays or other special occasions are donated by members and are served at noon. Those who want to learn how to play cribbage, to brush up on the game or to learn more about the club should call and leave a message with Terry Thrift at 714-394-5885.

Dues of \$5 are now being accepted for 2023. Members can pay by stopping at the check-in desk before play begins next Tuesday.



Julia Kung and David Wolfe discuss the features of his

Photo Arts Club

The next meeting of the Photo Arts Club will be on Thursday, Jan. 12, at 1:30 p.m. in Clubhouse 3, Room 9.

The assignment is to photograph an image with lots of texture. It could be something small or large, but a major part of the photograph must "razor sharp." If the background is slightly (or definitely) out of focus, that is okay, because it will emphasize the object or subject. Backlighting or side lighting of the subject will increase texture, which is the desired objective. Send images to Ben Benjamins at benbenjamins@hotmail.com and the class will see everybody's interpretation of this assignment at the January meeting. Multiple photos by the same artist are encouraged.

A Facebook page has been created for all LW residents interested in photography; on Facebook, look for "Photographic Arts Club of Leisure World." This is a "private" page to avoid outside ads or comments posted on this page. To join, hit the "Join" button, and LW residents will be approved. Feel free to post your favorite photos. In the "comments" section, people can ask questions about cameras, iPhones, or photography in general. A quick response will be provided.

Everyone is welcome. For information, call Regine Schumacher at 562-430-7978.

-Regine Schumacher

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Elvis Tribute Birthday Celebration

King," features the Steamroller Blues Band.

are \$50. For a special VIP office, call 562-706-2894.

An Elvis Tribute Birthday Celebration featuring Donny Ed-

The show, called "An Authentic Heart and Soul Tribute to the

To purchase tickets online, go to https://donnyedwardslive.

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larly a lawyer or a financial advisor. It may be initially easy to

use the services of the lawyer who wrote the will or trust for the

deceased or to work with the financial advisor of the deceased.

eventbrite.com. Rows D-K are \$65 and rows L-N (disabled seating)

wards will be held at 7:30 p.m. on Jan. 6 at the Huntington Beach

Central Library Theater, 7111 Talbert Road, Huntington Beach.



Poker Club members enjoyed a lunch before the Casino

Tournament Poker Club

On Dec. 17, five tables of eight players made for an exciting afternoon. A light lunch was served at 11 a.m., and the casino tournament started at noon. Unlike the club's regular Saturday tournaments, people did not have a winner for each table. In the casino format, as soon as there were only five players left at a table, the table was broken, and the remaining players dispersed to other tables. Players did their best to stay in the tournament since only seven would play at the final table. Player number eight is called on a "bubble," and this time it was Ron Pine who was awarded a box of wine as a consolation prize.

The seven final table players were: Barry Brideau in first place (\$200), Donna Hernandez in second place (\$145), Shelly Yu in third place (\$100), Tony Canfora in fourth place, Wendy Wu in fifth place, Paul Shaltenberg in sixth place and Bob Konier in seventh place.

Barry Brideau has lived in Leisure World and has been a member of the club for four years. During his time



Barry Brideau

in the club, he won two other tournaments. This tournament marked his third win. Barry is also a member of the Leisure World Pool Club. His other hobbies include chess and genealogy.

To play a fun and friendly game of Texas Hold 'Em, join the club on the first three Saturdays of each month at noon in the Clubhouse 6 Lobby. Those who are new to the club should come a little early to get registered and make sure seats are available, as no late seating is permitted.

—Deborah Barner



Orchid expert to give talk in LB

The South Coast Orchid to grow hundreds of orchid Society will present a program by Scott McGregor, "Pushing Limits: Growing Orchid Species Outdoors in Southern California", from 7-9 p.m. on Monday, Jan. 23, at the Whaley Park Community Center, 5620 E. Atherton St. in Long Beach.

After retiring from an IT career several years ago, Scott developed expert skills in growing orchids. Southern California, with its favorable climate, is an ideal location

species outdoors. This is the story of an experiment to push the limits on what might be possible to grow, with a number of surprising outcomes. From this talk, people will learn about some beautiful new species they can grow and some tips and techniques on outdoor growing. The program is free and open to the public.

For more information, email southcoastorchidsociety@gmail.



Barbie May

Community Karaoke

There was a light turnout of karaoke singers between Christmas and New Year's. Fifteen performers were thrilled to sing repeatedly and as a group, they brought in the year with "Auld Lang Syne."

The audience enjoyed Nina DeRosa and Elizabeth Butterfield singing the catchy tune "Wishin' & Hopin." William Young, looking dapper in his western attire, gave the audience a country tune.

"That's Life" was powerfully sung by Ed Jablonski. Anna Le passionately sang "I Will Survive." Country-western rhythms are favorites of Barbie May, David Noble, Erika Greenwood and Shannon Harrison. Some romantic numbers were nicely sung by Ric Dizon, Rob Illingworth, Donald Horning and Bob

The club thanks Tony Tupas and Richard Yokomi for filling in as KJ's. The club will be celebrate the new year on Jan. 11 with a potluck and hero sandwiches.

People are invited to refine some new tunes at Monday's practice session in Clubhouse 6 from 1-3 p.m. Karaoke parties are held in Clubhouse 1 beginning at 5:30 p.m. each Wednesday. The coffee is hot and everyone is welcome.

-Margie Thompson

Saturday Bunco

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. The next meeting will be held Jan. 14 at noon in Clubhouse 3, Room 1, and will include a post-holiday luncheon. Bring a side dish to share. Play will begin at 1:30. For more information, call Doris Dack at 562-356-0443.

—Doris Dack

Yahtzee Club

On Dec. 16, the winner for most Yahtzees was Pat Wilson. The winner for the highest score was Margaret DesRochers. The winner for the lowest score was Mary Milhone. The door prize winner was Gail Levitt.

The Yahtzee Club will meet on Jan. 6 in Clubhouse 3, Room 6, at 1 p.m. There will be a halftime social. The club meets the first, third and fifth Fridays of each month for more information, contact Diane Seeger at 562-533-5997.

—Diane Seeger

Woodshop supervisors needed

The newly remodeled Woodshop in Clubhouse 1 is open and gaining in popularity. In hopes of extending the hours to accommodate more residents, the Recreation Department is looking for a few good woodworkers to join its roster of volunteer supervisors. In particular, the department is looking for woodworkers who can commit to a few hours on one or two Saturdays a month, which would enable residents who still work to take advantage of the facility.

Those interested in becoming a volunteer supervisor at the clubhouse woodshop should call Recreation Director Jesse Cripps at 562-431-6586, ext. 350, to set up an appointment. Typically, experienced woodworker hobbyists should be available for one or two 4-hour shifts a week.

For more information, contact Recreation at 562-431-6586,

—Kathy Thayer

RV Club will host soup contest

The Leisure World RV Club's next general meeting will take place Tuesday, Jan. 16 in Clubhouse 3, Room 1—the first general meeting of the new year. A dinner and social hour begins at 5 p.m.

The club is also holding a soup contest. Residents are encouraged to bring a crock pot of soup for the competition. Three winners will receive gift cards.

The refreshment committee will serve wrap sandwiches. Beverages will also be provided. People are encouraged to bring a side dish such as a salad, cold or hot dish, or a dessert. Guests must pay \$10 for entry, but may enter for free if they bring a side dish.

The club welcomes input and suggestions from residents on how the board can make the club even better in 2023. Membership dues for 2023, which cost \$10, are being collected.

For more information about the RV Club, contact Bob at 714-402-9225.

Lobster truck returns Jan. 11

The week of Jan. 9 will offer the following Grab 'N' Go food options:

Each Tuesday will be Taco Tuesday, with Mexican favorites plus hot dogs, burgers and fries. Cash and cards are accepted. Food will be available from 5-7 p.m. No preorders are required.

On Wednesday, Jan. 11, for one day only, Cousins Maine Lobster Truck will return to Leisure World. Cash and cards are accepted. Food will be available from 4-7 p.m. To view the menu, visit https://www.cousinsmainelobster. com/locations/details/orange-county-ca/.

Every Thursday is pizza day with Domino's Pizza. Call ahead at 562-493-2212 for special orders, wings and salads. Cash and cards are accepted. Food will be available from

Food trucks will be located in the Clubhouse 6 Parking Lot. The Grab 'N' Go schedule and vendors are subject to change. Check LW Live for updates. People can sign up for LW Live by visiting www.lwsb.com/lw-live-sign-up/. For more information or to give feedback, call 562-431-6586, ext. 398.

On-call bus service is available from 4:30 p.m. on. Regular service is available before 4:30 p.m. and on-call anytime on weekends. Call 562-431-6586, ext. 379.

Duplicate Bridge

Overall winners in the four-table Howell game on Dec. 22 were Dan Frank and Russ Gray with a 63.9% game; second were John Hagman and Elizabeth Hansen with a 57.83% game; third were Larry Slutsky and Sue Fardette with a 53.21% game.

North/South winners in the five-table game on Dec. 23 were Judy Jones and Fred Reker with a 58.36% game. East/West winners were Thad Mikols and Sue Fardette with a 58.13% game.

With a 64.59% game Joyce Basch and Gene Yaffee were the North/South winners in the 6.5-table game on Dec. 26. East/West winners were Shmuel Fisher and Thad Mikols with a 60.79% game.

Games are played on Monday, Thursday, Friday, and Saturday afternoons in Clubhouse 1 beginning at 12:30. Players are asked to arrive no later than 12:15 p.m. to confirm their reservations. Reservations can be made at any game using the sign-up sheets and/or contact Linda Nye at 562-453-6678 or email yuelingnye@ yahoo.com no later than 10 a.m. on game day.

—Gene Yaffee

Send art and leisure stories to emmad@lwsb.com

CalFresh Benefits

LWWeekly

CalFresh, a USDA-funded nutrition assistance program, can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods.

CalFresh is locally administered through the Community listed: One-person household, Action Partnership (CAP) in \$2,128; two-person household, Leisure World to help improve \$2,874. the health and nutrition of

people with lower incomes.

Requirements to Apply:

• Applicants must have at least one citizen or legal permanent resident with a Social Security number living in their household (including children).

- Applicants may qualify for CalFresh even if they have a full- or part-time job. • Gross monthly income
- must be less than the amounts
- Seniors, those on SSI or *mybenefitscalwin.org/*.

those with a disability can apply and may be eligible for CalFresh.

• Documents needed to apply: photo ID, Social Security card, proof of income and resident card (if applicable, receipt of rent and receipt of one utility

Upon application, income and many other factors are taken into account to determine

For more information or to apply online, call 1-800-281-9799 or go to https://www.

from page 9

ACCESS

- Authorized renter.
- Power of attorney (if the resident is not deceased).
- Executor (only if the unit is in "estate" status).
- Trustee (*only if the* unit is in "estate" status). People who are not autho-
- rized to call in visitors: • Non-resident co-owner.
- Outgoing, in escrow. • Former renter.
- All caregivers, including this information into the visitor

family caregivers.

- In escrow. • Power of attorney (if the resident is deceased).
- When the authorized person notifies Security, he or she will provide the Security officer with

• Immediate family.

the following information: • First and last name.

• Mutual and unit number.

• Name of the visitor. The security officer will enter

part-time, full-time and live-in access system. When the visitor

arrives at the gate, a Security officer will:

- visitor.
- resident they are visiting. • Record the visitor's vehicle

If there is an issue with the issuing of the pass, the visitor will park and go to the Security

Or you may want to locate another professional with whom you feel more comfortable.

- Obtain the name of the
- Obtain the name of the
- license number in the iPad tablet.
- the pass to the visitor.

Office for further assistance.

- Print out the pass and give

One good place to begin finding names of competent professionals is from friends or family members who have had successful dealings with the kind of advisors you are seeking. Professional

DEBTS

- organizations, such as the local bar association, may be able to provide referrals.
 - There are several websites with volumes of information on this subject. The information in this article is a focus on some of the more important financial items that need to be addressed. The main source of this information came from "A Guide for Survivors When Death Occurs." More information is available at www.

Residents are welcome to visit the brochure display in Building 5 for more information.

If you would like to book an appointment to learn more about the information here, call Robann Arshat at 562-431-6586, exten-

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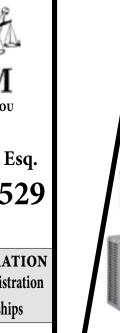




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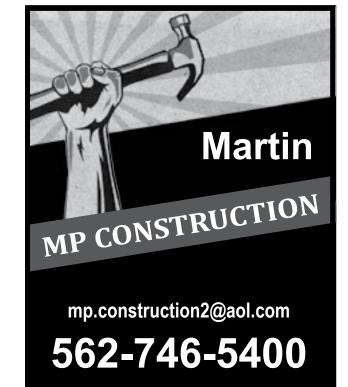


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ACCOMPLISHMENTS from page 1

Rain Foundation overall

She is a team builder with an eye to buttressing customer service for all LW residents.

And she is working to get community management credentialing for top staff to solidify top-down competency and underscore team efficiency.

These strides forward may seem nebulous to the average LW resident, but they are the infrastructure for a stronger community. Sedgwick is working to align companywide priorities so staff can work together to bring accomplishments that will yield value to all residents:

Procedures Streamlined

Specifically:

• New Software Systems: Historically, GRF business has been conducted via antiquated and counterintuitive Jenark property management, Click-Pay and Axxerion software. As a result, many critical processes—for example, service request orders and accounting transactions—have been done mostly manually.

Sedgwick, working with the Information Technology Services (ITS) Department, managed by Director Marcelo Mario, has implemented new technologies to cut redundancies for huge productivity gains. With the new Cync software, the GRF now has a robust platform that will ripple efficiency into the community.

Cync can be accessed from anywhere and has a work order component so Service Maintenance staff can use cell phones for processing service repair orders (SROs). The software accommodates electronic invoice processing, approval workflows and vendor management. This will make for faster turnaround times. Plus, Cync can collect and analyze financial data to help pinpoint fiscal projections. That insight will help LW remain financially strong.

Also coming is a program called HomeWise Docs, which will provide reliable, aroundthe-clock online access so Stock Transfer can streamline the

101AL 332

sometimes painstakingly slow escrow process.

• Gate Access: Of more immediate value for some is the new gate access system proposed by Sedgwick, Security Services Director Victor Rocha and ITS Director Mario. The program has been reviewed by the Security Bus and Traffic committee, and GRF Board approval is pending. Despite changes in software over several years, visitor management and gate access continue to plague the Security Department.

On Dec. 14, the Security, Bus and Traffic Committee recommended that the GRF Board approve a contract with California Gate & Entry Systems (CG Systems, Inc.).

The company, located in Anaheim since 1981, provides automated gates and entry, access control, CCTV and visitor management solutions. This means guests will have swift access to LW. Security will know what vehicles have entered and RFID access control.

That is a type of key-card system that uses RFID technology to verify a resident's credentials. RFID stands for Radio Frequency Identification. At its core, RFID enables wireless communication between a reader and an RFID tag. Ultimately, this technology will allow instant resident access to all GRF amenities, such as the pool and gym. • Action Request Process:

Sedgwick and Administration staffers have instituted new expanded action request forms to provide transparency and comprehensive overviews in GRF Board agenda packets. The forms include project background, fiscal impacts and committee recommendations. This will help residents monitor pending community projects. **Team Building**

• Ramped Up Training Protocols: Sedgwick has put a priority on the importance of best practices for community left LW, and residents will have management as designated in

the Davis-Stirling Act. (Davis-Stirling governs the operation of community interest developments, such as Leisure World.) To that end, she has hired GRF Learning and Development Manager Acacia Young, who will formalize operating procedures for every GRF department. This will cut down redundancy and help with cross training employees, which will result in a more responsive, less

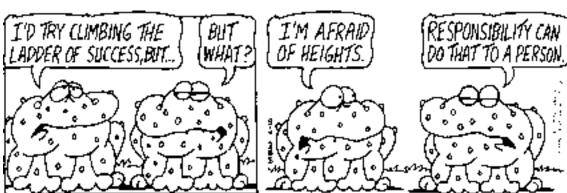
expensive workforce. Young is also tasked with drafting a 2023 Road Map that will delineate specific changes and improvements to promote efficiency and service communitywide.

• Revamped Safety Meetings: Health and Safety Specialist Eloy Gomez has designed safety meetings to help make LW a more secure place to work and live. New hire orientations will be coming soon to help staff acclimate quickly to the unique GRF workplace, according to Sedgwick.

ACCOMPLISHMENTS, page 23

Puzzle Answers

Puzzle pages 6-7



SCRABBLE GIRIA M. SI SOLUTION

Pr A | Nr A | Cr Hi E RACK 1 - 64

B. A. G. G. A. G. E. RACK 2 - 62

Tr E: A- Tr I- M- E: RACKS - <u>59</u>

O. A. Y. G. L. O. W. RACKS- 80

GULTE SULD SUDH SULVE

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PAR SCORE 265-275

Crossword Answers

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Sudoku I Answers

4	5	6	8	2	6	1	3	7
7	2	9	1	4	3	8	6	5
8	3	1	5	7	6	4	9	2
6	1	2	7	9	4	3	5	8
9	7	4	3	5	8	2	1	6
[3	8	5	6	1	2	9	7	4
2	4	7	9	3	5	6	8	1
5	9	8	4	6	1	7	2	3
1	6	3	2	8	7	5	4	9

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers in the same column of a contain all of the numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and no two numbers I through 9 and n • Badoku puzzle can be the same. • Each row must contain all of the numbers I through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.

• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a

Jumble Answers

MATCH CRABBY NOODLE EJECT He wanted to change the channel to watch the game but didn't have a REMOTE CHANCE.

Sudoku 2 Answers

ı	2	7	1	8	6	5	9	4	\Im
	5	3	8	7	9	4	6	2	1
	9	6	4	1	2	3	8	7	5
	7	9	5	4	1	6	3	8	2
	8	1	6	3	5	2	7	9	4
	3	4	2	9	8	7	1	5	6
	1	8	3	2	4	9	5	6	7
	6	2	9	5	7	1	4	3	8
	4	5	7	6	3	8	2	1	(0)

Guess Who? Poppy

Crypto Fun Answers

l. basket B. shelving C. closet D. sort

Boggle Brain Busters Answers

MONOSE LADOSE HORSE LENGO 25894 CAMEL EXEMA LIAMA

Word-Find Answers

U	M	Е	0	D	N	Е	P	Т	U	C	Y	N	V	R	Е	D	Т	0	S
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V	D	В	L	0	R	D	N	G	S	H	M	L	I	В	0	N	R	Т	Z
L	Z	Α	A	Е	0	D	N	R	Т	C	C	C	В	D	T	Α	0	D	S
Н	Α	C	R	Т	0	N	I	0	S	N	G	R	U	L	R	Е	D	R	0
Z	P	S	В	В	C	R	N	U	I	Т	0	N	Т	Υ	L	I	G	U	В
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ACCOMPLISHMENTS from page 22

LWWeekly

provide department heads with a platform to interface. This has led to a cohesive approach to solving community problems and meeting resident needs.

Community Management Expertise

• Education and Credentials: Sedgwick has spearheaded the credentialing of top management, starting with the M-100 class on the Essentials of Community Association Managetaking the course, which is the Certified Manager of Community Associations (CMCA) credential. In addition, several new hires, such as Finance Director Mallorie Hall, already have the credential.

The instruction covers every aspect of community management-responsibilities, management ethics, rules enforcement, budgeting, assessment collections, risk management, recruiting and more.

• The Bigger Picture: Sedgwick herself is a certified manager of community associations (CMCA) and thus, a subject

• Bimonthly Staff Meetings: matter expert on all that en- the unseen improvements that and remains decades behind in some procedures.

> For example, until this year, year-end financial statements were delivered as an insert in the LW Weekly. Davis Stirling demands that such documents be mailed to every household. So, this year, the Finance Department mailed documents to

all LW households. In another example, there are currently no managed email ment. Several directors are systems for most of the Mutual boards. Members of the boards first step toward earning the use their personal emails, which can expose them as targets for spam, phishing and other attacks. Davis-Stirling recommends dedicated email accounts for conducting board business to protect confidentiality, promote professionalism and avoid litigation, among other reasons.

At the December meeting, the Information Technology Services Committee recommended that the GRF Board consider a plan to help Mutuals standardize board email addresses and develop usage policies.

These are just a couple of



John and Kay Mount, Sally Fowler and Lilly Rivera enjoyed the Shuffleboard Club Christmas party in Clubhouse 3.

Shuffleboard Club

The LW Shuffleboard Club closed out a spectacular fall season with a fun potluck Christmas/holiday party with 38 people participating in the festivities. Incredible decorations provided by Sally Fowler, coupled with delicious food and the uproarious games of left-right-center made for a great evening after all fall league games were completed.

The Friday morning fall league ended with the Hot Rods, who earned a win average of 555. Both the Bumpers and the Smashers earned win average was 472. The Tuesday evening fall league ended with an earned win average of 500 for the Night Shufflers, 486 for the Hot Shots and 472 for the Evening Sliders.

The Tuesday Evening Fall League had 18 players win all their games played on a given night at least once. Chandra Patel, Roger Bennett and Carol Johnson won all their games on three of the six nights their teams played.

The Friday Morning Fall League had 17 players win all their games played on a given morning at least once. Sally Fowler, Harshad Patel, Jack O'Brien, Roger Bennett, Enrique Gracia, and Richard "Red" Ryals won all their games on three of the six mornings their teams played.

Schedules for the winter leagues have been posted in the Courts Building, which will be open for pick-up games on Wednesday, Dec. 28, from 9-11 a.m.

Starting Jan. 2, the regularly scheduled open-play "pick-up' games will resume from 9-11 a.m., free for all club members and

For more information, call or text Kay Mount at 775-527-0426.

Sedgwick has implemented tails. Historically, LW has been will bring LW into compliance bimonthly staff meetings to parochial in management style with best practices in the world of community management, which is now an industry onto

Nuts and Bolts Decisions

Not all of Sedgwick's accomplishments are behind the scenes. She has a nuts-and-bolts practicality that can be seen on several levels. For example, after conferring with staff, it was decided that GRF departments with high resident traffic, such as Mutual Administration and Stock Transfer, should be clustered together on the first floor of the Administration Building. This will allow for ease of access for every LWer who needs to do business with the GRF.

Finance will move upstairs and be headquartered near Administration to consolidate departments with heavy interface.

Also, Sedgwick and Mutual Administration have been proactive in protecting GRF records with the signing of a contract to digitize hundreds of boxed GRF documents dating back decades and taking up valuable office space.

Once all the records are digitized, they can be easily accessed and are forever preserved.

She also implemented bus tours for new residents, so they can learn more about their com-

Those tours will soon be accompanied by a comprehensive new-member orientation to help people quickly acclimate

It's been a busy six months for Sedgwick, and 2023 promises to be even more productive, as she works on every level to protect your retirement community.

Starting a Club?

Since the COVID-19 oandemic, the number of LW clubs has dropped to about 150 organizations from an alltime high of 270. Part of the attrition has to do with policy changes requiring clubs to combine or disband, rather than have duplicates.

How to Start a Club

There is now an opportunity for authorized residents to form new clubs as space nas now become available Residents can request an application from the Recreation Office. Staff will present it at a Recreation Committee meetng for approval.

Here are the steps:

- Find residents who vould like to join.
- Make sure similar clubs do not exist. Recreation Department can provide nformation.
- Residents should pick ip a New Club Packet or call he Recreation Department to have one emailed.
- Club founders should amiliarize themselves with GRF Recreation policies especially "Membership of Clubs and Facilities Reservations," (available under the GRF tab on *lwsb.com*).

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No LW Weekly Paper by 9:00 a.m. Thursday?

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How to Place a Classified Ad:

Classified ads may be ordered over the phone by calling (562) 431-6586, extension 383, or (562) 430-0534; emailed to debbiek@ lwsb.com (staff will call back for payment information and ad confirmation) or in person at the LW Weekly office, 13521 St. Andrews Drive (two-story white building at the Amphitheater complex). The office is open Monday-Friday from 8:00a.m-5:00p.m.

Classified Rates:

Residential Rate: Classifieds are \$8 for 12 words or fewer; each additional word is 25 cents. Non-residential rate: Ads start at \$12 for 12 words or fewer. Discounts are available for ads that run at least four weeks in a row without changes. Payment must be made at the time the ad is placed.

Deadline:

The LW Weekly classified advertising deadline is Monday at 12:00 p.m. for that week's Thursday edition. Deadline changes due to the holidays will be printed in the LW Weekly.

For Information:

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LW Weekly classified ads are online at LWWeekly.com and lwsb.com.

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14-350-9449 Lela Lee (714) 213-1993

We Thank All GRF Departments, Inspectors, Mutual Directors, Escrows and Cooperating Agents to a Successful Year for all of us! Especially for Clients & Residents of LW!



SOUTH Facing 2B/1Ba with L-Shape patio, Heat-Air Pump, Carpet w/Tile Kitchen & Bath. Skylights, Bright and Airy! Sold in 6 days Full Price \$285,000





Mutual 15 - 22a McKinney Corner, NEW Laminate Firs. A/C, Microwave & D/W, New Oven, White Cabinets Dual Windows + more!!! **OPPORTUNITY @ \$279,900**



Mutual 15 - 10F Del Monte Downstairs 2B/2Ba all NEW! including Central Heat/Air, Kitchen/Baths, Appliances, Sold over ask @ \$410,000

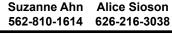
Mutual 15 – 43e Del Monte Sold over ask \$430,000

www.TeamDonnaJean.com











Shapiro

Resales Specialist Mut. 17 Resident

562-208-5223

Happy New Year!!!



Fully Expanded, 2 BDR/ 1 Bath, Unique Floor Plan, Formal Dining Room of Den, Walk-in closet in master be 1. New kitchen, washer/dry Contral A/C heat, greenbelt visible Mutual 3 - 249B \$475,000

Basic 1 BDR/ 1 Bath, Patio enclosure, ceramic tile floctig, Cut down shower, skylights, Mcycin Suy Mutuul no \$199,000



Mutual 1 – 22J \$238,000



Best Buy!

SERVE 113 113



Gina Rojas (562) 533-3190 ginamrojas@gmail.com Leisure World Specialist

22 Years LW Experience DRE#02111452 UTI Have Your Best Interest at Heart "



Beautiful upgraded two bedroom green-belt unit

2022 Escrows 5-70F \$520,000 7-170K \$342,000 8-195B \$480,000 2-62C \$225,000 \$300,000 6-130K 14-12A \$560,000 \$272,000 6-64A 15-110 \$350,000 12-55E \$295,000 2-39A \$310,000 17-110B \$475,000 Leisure Livir





Basic two bedroom, one bath with lots of potential to make your own! Freshly painted ceilings and walls, skylights, cut-down shower, large "L" shaped patio, and a pretty courtyard location with a pretty tree and an extra walkway that could be used as a golf cart pad. Now just add your own new flooring and move in!!

Mutual 1-20-A \$330,000



GORGEOUS VIEW of a BEAUTIFUL GREEN with TREE!! Two bedrooms, one bath with New Paint, New Carpet, raised living room exterior walls - much better for furniture placement. Covered patio with new indoor outdoor carpet to be installed during escrow, heat pump, cut down shower with a clear glass enclosure, skylights, ceiling fan in the kitchen, dishwasher, and close laundry.

Mutual 3-11-K \$222,000



Darling one bed- one bath cottage with a convenient drive-up location!! The white painted kitchen has newer lower cabinetry with soft close drawers, newer laminate wood look floors, and ceiling fan. Cut down shower, skylights, heat-pump, dual pane windows, patio storage and a wonderful covered patio to enjoy!

13926 Seal Beach Blvd., Seal Beach, CA 90740



714-356-6717 Broker/Manager

Estee Edwards

562-208-2540

Leah Perrotti

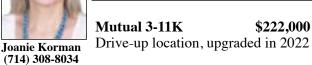
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562-900-4243





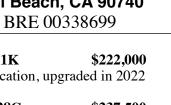




Mutual 9-210J

Mutual 14-#17B

Mutual 1 20A



\$289,000

\$329,000

\$330,000

Philip Bak 213-550-9991

Mutual 3 28C \$237,500 expanded, double pane windows, upgraded kitchen, good location

Basic unit with new paint throughout

Charming, spacious and cozy unit with

corner, gorgeous green, new paint, new

A/C and vinyl floors throughout

carpet, upgraded windows

714-944-4998





One-Bedrooms

great location. full expansion, cent.

Two-Bedrooms

full expansion, washer/dryer, skylight

corner, enclosed patio, dish washer,

upstairs corner, enclosed patio, close

Mutual 4 79K

air, super price

Mutual 9 230D

that opens, new paint

large skylights living room

Mutual 11 273L

Mutual 15 23P

to bus stop, nice

Fay Wescott 562 -242-6162



\$239,000

\$349,900

\$359,900

\$369,000

Tim Kearns

714-293-3950



Mutual 1 40D

skylights, very nice

Mutual 8 189D

Mutual 5 122L

Mutual 9 218F

drive up, very nice

Yolanda Narro

562-400-0720

pane windows, great buy

(562) 431-2149



Claudette "CC" Cooley

310-484-9600

13926 Seal Beach Blvd. Seal Beach, CA 90740

\$257,500 great greenbelt, enclosed patio,

\$400,000

\$410,000

\$575,000

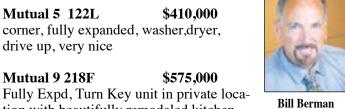
Mutual 1 38D \$260,000 south facing, great greenbelt, 2 skylights, near south gate, nice

full expansion, washer/dryer, double

corner, fully expanded, washer, dryer,

tion with beautifully remodeled kitchen.





714-606-5258











424-247-4542



January 5, 2023 | www.lwsb.com | www.lwweekly.com www.lwsb.com | www.lwweekly.com | January 5, 2023 27

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Kathy Gupton

Associate Broker

DRE # 00744676

Sean Wood Realtor®

562 514-6613



Gloria Hadley Realtor



Mutual 14-17B



Charming Mutual 14, 2 bedroom 1 bathroom cottage. Living room is spacious and cozy. Kitchen has Leisure World built-in appliances including a stove, oven refrigerator, added skylight and white cabinets. Living room, master bedroom and second bedroom overlook a private patio. Bathroom has a skylight and a high boy commode. This lovely home is light and bright and features three skylights, central heat and air conditioning. Deluxe vinyl plank flooring throughout, and is ready to move in. The private expansive wrap-around patio has 1 skylight, walk-in storage cabinet, private entrance and is perfect for entertaining. This property is close to laundry, parking and is walking distance to the 9 hole 3 par golf course located close to the front gate in desirable mutual 14. Enjoy the ocean breezes in this resort like community of Leisure World Seal Beach.

M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/ outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



M8-189D \$400,000

Delightful fully expanded 2-bedroom 1 bathroom home located on a beautiful Greenbelt. This home has a spacious corner living room and formal dining room. The kitchen has built-in appliances and a skylight. The bathroom has a skylight and stacked washer dryer. The master bedroom is expanded and has a walk-in closet. This lovely home also features laminate flooring, central heating and air conditioning, double pane windows, overlooks beautiful Greenbelt views, and is a must see. Located in leisure world Seal Beach a-resort like community with over 200 clubs, organizations, and activities. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



M9-230D \$349,900



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living space that features expansive windows that overlook a beautiful greenbelt. The living room area has a walk-in storage closet, entry closed and heat pump with air conditioning. The kitchen has white cabinets, built-in stove, new oven, refrigerator skylights and an extra built-in cupboard over the sink. Master bedroom is fully expanded with two wardrobe closets. The bathroom has a washer/dryer, cut down shower and large skylight that opens. Second bedroom has wardrobe closet and large skylight. This charm-

Mutual 8-201L Mutual 2-6L ing home has new vinyl flooring, new paint throughout and is ready to move in. Mutual 7-165E

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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



PENDING

Mutual 4-51D

SOLD

Mutual 8-188H

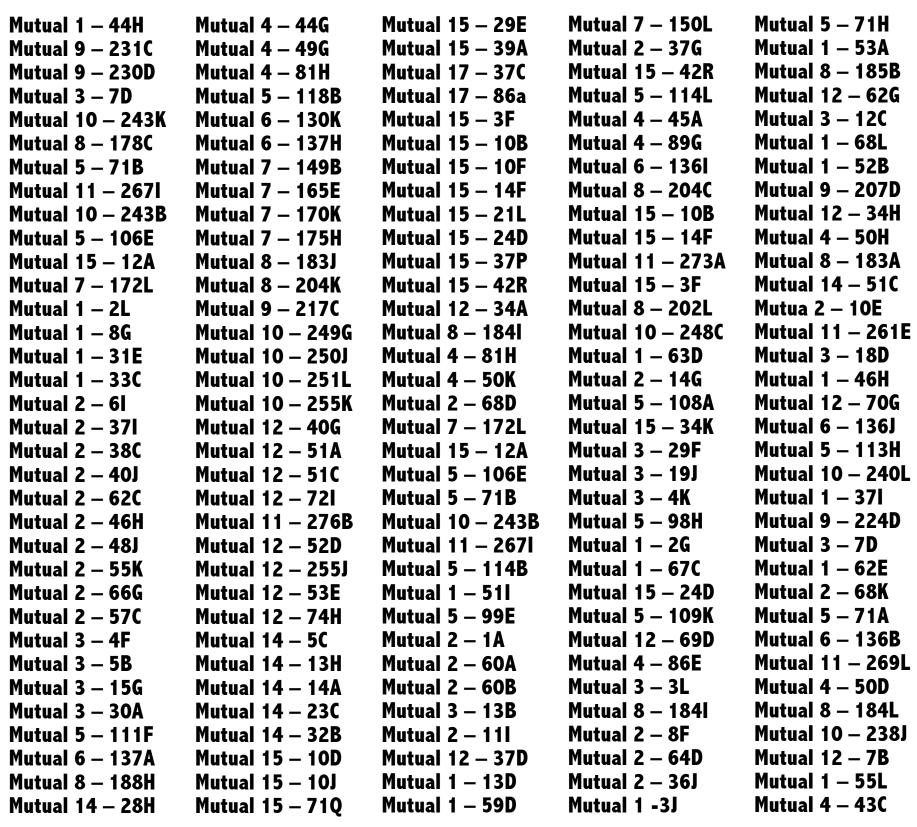
Mutual 8-189B Mutual 2-40J Mutual 2-49B Mutual 2-17G Mutual 9-59G **Mutual 6- 117L** Mutual 15-39A Mutual 10-258H **Mutual 6-135I Mutual 10-258B** Mutual 1-31E Mutual 5- 117L Mutual 12-61C Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-2861 Mutual 5-117G Mutual 2-46H Mutual 1-67E Mutual 4-49G Mutual 8-183G Mutual 11-285D Mutual 9-216H Mutual 7-164L Mutual 2-6G **Mutual 11-285A Mutual 11-263A** Mutual 4-49B

BERKSHIRE HATHAWAY



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Happy New Year! **2022 SALES**

































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CAROL GASPER & NICK MONTEER REALTOR Lic# 01276484, 01927606

562.716.1547 213.880.8220

gcarol1966@gmail.com





www.sealbeach-retirementcommunity.info nicholasmonteer@gmail.com 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 1 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1631 Interlachen #264C | M11 | \$315,000 Interior 2bed/1bath patio home with ceiling fans. White kitchen w/expanded skylight, dishwasher, microwave. Plantation shutters and light and bright throughout. Cut-down shower/skylight in bathroom.



13451 St. Andrews Dr #124J | M5 | \$345,000 2Bed/1bath drive up location with laminate flooring throughout. Center patio with expansions on either side for walk-in closet in master bedroom and dining room area. Light and bright kitchen with skylights.



1881 Golden Rain Rd. #23F | M14 | \$429,999 Fully expanded interior unit right near the golf course in beautiful Mutual 14! Luxury laminate floors, remodeled white kitchen, newer stainless steel appliances, marble counters, walk-in closet, AC heat pump, washer/dryer!



13131 Shawnee Ln #268C | M11 | \$329,000 Adorable 2Bed/1Bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



1362 Golden Rain Rd. #56B | M2 | \$429,000 2 Bed 1 bath unit in a fantastic greenbelt location with updated kitchen! Full expansion and sprawling updated flooring with skylights throughout. AC heat pump and updated bath with laundry in unit!



13271 Del Monte Dr. #338 | M14 | \$360,000 Driveup and greenbelt 2bed/1bath home partially expanded for a dining room and entry area. Multiple AC heat pumps, immaculate home with like-new laminate flooring, fresh paint, patio with large storage locker and golf cart pad.





2bed/2bath home with new custom kitchen with skylights throughout. Master suite with pocket door, washer/dryer and central HVAC overlooking a HUGE greenbelt with all newer dual pane windows.

With a new year comes change... As of Feb 1st, they will be moving our weekly advertisement just on the back side of this page. Don't worry! Still look out for our raffles and our continued market updates! We look forward to continuing our quality service in Leisure World as our promise to you.

HAPPY NEW YEAR

On January 2nd, 2023 a total of 52 units show as active listings on the CRMLS

(this is where Realtors list property for sale)

14 - 1 bedroom/1 bath units from \$215,000 to \$269,500

27 - 2 bedrooms/1 bath units from \$289,000 to \$615,000

11 - 2 bedrooms/2 baths units from \$325,000 to \$575,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!