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CITY OF SEAL BEACH

Bathroom Accessibility Program Returns

Leisure World residents who have trouble stepping into the shower for any reason are likely eligible for a free bathroom upgrade. For nearly two decades, the City of Seal Beach has run the Seal Beach Bathroom Accessibility Program to help residents of Leisure World modify their bathrooms; making them easier for seniors to use as intended.

The units in Leisure World were built in the 1960s, before ADA regulations were established. As a result, the fiberglass tub/shower combinations can be a challenge for seniors to use. The funding from the County of Orange and HUD is used to modify these fiberglass units to make them more accessible to the residents for free.

How is it done? The side wall of the existing fiberglass tubs are cut to just a few inches from the floor. The tubs are then refinished with a new coat of fiberglass to look like new, and a custom glass shower door is installed. The process converts the tub/shower combination into a functioning shower. This eliminates the need for seniors to lift one leg up and over the tub wall; which is particularly dangerous when standing barefoot on a wet surface.

The Seal Beach Bathroom Accessibility Program is an innovative City Program designed to provide the residents with a more convenient and safe method to access the bathroom shower. The grant funds can also be used to build an in-shower bench, add grab bars and/or replace an existing toilet with a high-boy toilet; further assisting seniors.

To qualify, resident households must meet certain income guidelines. Savings do not disqualify you. All applicants must be over 55 years of age and have a gross annual household income less than or equal to the Orange County levels listed below:

- One person household: \$75,900
- Two person household: \$86,750
- Three person household: \$97,600

ACCESSIBILITY, page 4

LEISURE WORLD GOLD SHOW!

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COYOTE WATCH

Take precaution during the active coyote season

Residents of Leisure World, Orange County and other areas of Southern California may see an increase of coyotes roaming around during the months of January and February. These months are the beginning of coyote courting season. During this season, coyotes will have an increased appetites and will likely be seen more than other months.

While coyotes may have hidden away during the storms and rainfall that occurred over the past week, there will likely be an increase in activity once the storms in Southern California have passed, according to the organization Coyotes Orange County.

It is important for residents to take extra precaution during the courting season. That means supervising your pet when they go outside, even if it's just in the backyard. In extreme circumstances, coyotes might see household dogs as threats or competition and attack. Residents should also take care to reduce pet waste and any food or trash left outside.

Though not as often as other cities surrounding it, Leisure World does have its occasional coyote sighting. In December, there were four reported coyote sightings in the monthly security



David Friedland

Coyote sitting outside of Mutual 4 on Dec. 22. The photo is zoomed in and cropped. For your safety, do not approach a coyote.

report (see page 10 in the Jan. 12 issue) and three in November (page 14 in Dec. 8 issue).

If any resident comes across an approaching coyote, it is important to immediately use negative reinforcement such as shouting, throwing rocks, spraying with a garden hose and other hazing

techniques to dissuade the animal from approaching.

Once at an appropriate distance from a coyote, call Security at 562-594-4754 or the Long Beach Animal Care Services at 562-570-7387 to report the sighting. It is important not to engage with a coyote, even if it seems sick or lethargic.



Emma Dimaggio

Lead Woodshop Manager Ralph Miller

Volunteer woodshop supervisors needed

The newly remodeled Woodshop in Clubhouse 1 is open and gaining in popularity. In hopes of extending the hours to accommodate more residents, the Recreation Department is looking for a few good woodworkers to join our roster of volunteer supervisors. In particular, woodworkers who can commit to a few hours on one or two Saturdays a month would enable residents who still work to take advantage of the facility.

If you are interested in becoming a volunteer supervisor at the clubhouse woodshop, please call Jesse Cripps, Recreation Director, 562-431-6586, ext. 350, to set up an appointment. Typically, experienced woodworker hobbyists should be available for one or two 4-hour shifts a week.

For more information, contact Recreation at 562-431-6586 ext. 398.

CERT

Create an emergency plan for you and your family on Jan. 27

The Community Emergency Response Team (CERT) will meet at 10 a.m. in Clubhouse 3, Room 9 on Jan. 27 at 10 a.m. The topic will be "Create Your Family Emergency Plan." All are welcome.

During this class, residents will create a family plan for 2023, create a personal

support network for emergencies, and begin creating an emergency kit for their home.

CERT holds regular 45-minute organizational meetings on the fourth Friday of the month.

Meanwhile, LW residents are encouraged to give emergency preparedness a

high priority. To that end, people should make sure their Go Bags and at-home supplies of food and medicines are up to date.

In-depth training will be offered beginning Tuesday, Feb. 27, from 6-8 p.m. The twice-a-week classes on Tuesdays

CERT, page 3

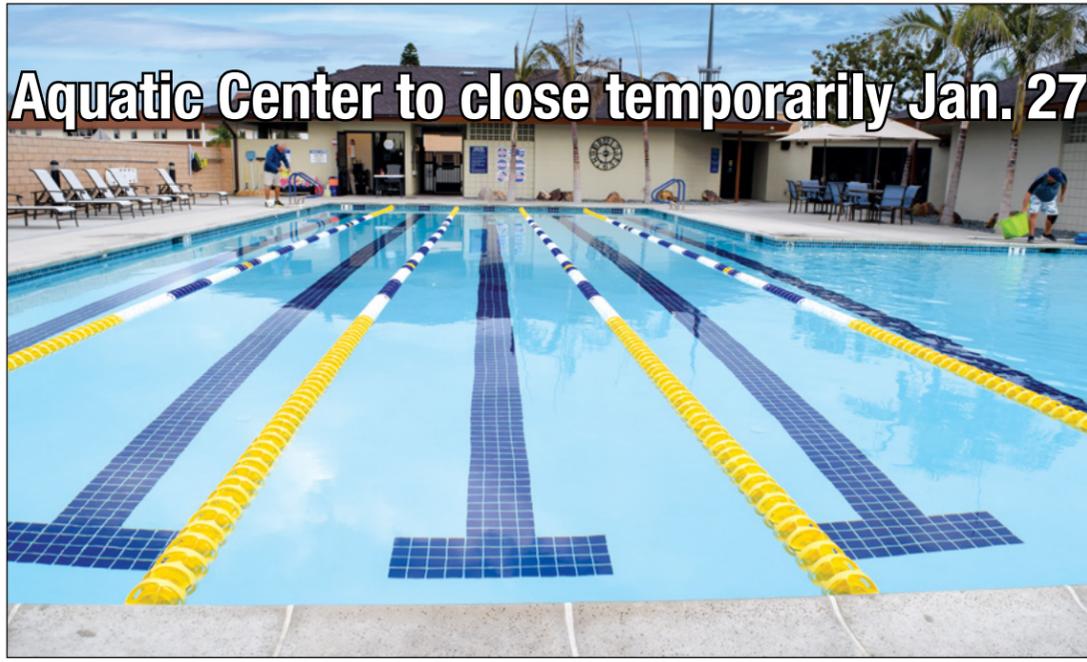


Yuri Lotakov

Concert scheduled for Jan. 20 canceled

A concert featuring pianist Yuri Lotakov and Richie Freedman on Jan. 20 in Clubhouse 4 has been canceled.

More information about a re-scheduled concert will be announced in the newspaper at a later date.



The pool and hot tub of the Aquatic Center will close on Saturday, Jan. 27, until 1 p.m. for maintenance.

CITY OF SEAL BEACH

Runoff elections for City Council are now underway

No candidate for Seal Beach City Council in Districts 3 or 5, which covers part of Leisure World, secured a majority of voters. That means they did not get at least 50% plus one in the November elections. Therefore, runoff elections are underway.

In District 5, Mariann Klinger, a Seal Beach planning commissioner, and Nathan Steele, who owns an advertising agency specializing in Christian programming, are vying for the seat.

It was left vacant when

Councilwoman Sandra Massalavitt of LW termed out. District 5 covers LW west of St. Andrews Drive.

In District 3, Lisa Landau, an accounting manager and longtime volunteer in the community, and Stephanie Wade, a veterans policy advisor and environmental activist, are competing for the seat.

District 3 covers The Hill, Bridgepoint, Heron Pointe and the Seal Beach Naval Weapons Station.

Active registered voters in

those districts will soon receive a new ballot and voter information guide in the mail from the Orange County Registrar of Voters. Ballots went out beginning Jan. 3.

Ballots must be returned by mail, postmarked by Jan. 31, and received from the U.S. Postal Service by Feb. 3 or they can be dropped off at one of the following locations:

- Registrar of Voters' drop box near the Administration Building is available 24/7.

VOTE, page 3

New Member Bus Tours

The GRF Transportation Department will conduct monthly bus tours of Leisure World on Tuesdays for new and recently moved-in residents. Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station. The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

Stock Transfer can book tours when new buyers check in, or people can schedule one at <https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/>. For more information, contact Melissa Gomez at melissag@lwsb.com or 562-431-6586, ext. 326, or Kathy Thayer at kathyt@lwsb.com or 562-431-6586, ext. 398.

How to stay safe as a pedestrian

Many people enjoy walking or biking as an alternative to driving to get around or to maintain a healthy and active lifestyle.

Leisure World has implemented many safety measures to protect pedestrians including lighted crosswalks, wide sidewalks, and visibility flags for residents to hold while crossing heavily trafficked streets.



It is important for both pedestrians and drivers to maintain awareness of pedestrian safety and rules. Below are some of the safety tips from the Pedestrian and Bicycle Information Center:

Be Safe and Be Seen: Make yourself visible to drivers

- Wear bright/light colored clothing and reflective materials.
- Carry a flashlight when walking at night.
- Cross the street in a well-lit area at night.
- Stand clear of buses, hedges, parked cars, or other obstacles before crossing so drivers can see you.

Be Smart and Alert: Avoid dangerous behaviors

- Always walk on the sidewalk. If there is no sidewalk, walk facing traffic.
- Stay sober; walking while impaired increases your chance of

PEDESTRIAN, page 3

Finance and Mutual Administration relocation

Due to the Finance and Mutual Administration department relocation, the front desk receptionist is now located on the first floor across the cashier.

For any Mutual or GRF questions, see the front desk receptionist on the first floor of the Administration Building.

LW Weekly Deadlines

The deadline for any editorial story in the LW Weekly is the Thursday prior to the desired publication date at 4. p.m. See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com, and submissions will be directed to the appropriate editor.

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GRF SERVICE

Sell vehicles on the 4th Saturday

Leisure World shareholder/members can sell used vehicles in the Administration parking lot from 8 a.m.-4 p.m. on the fourth Saturdays of the month. The next car lot is set for Jan. 28.

Vehicles must have current DMV registrations and GRF decals as well as be insured.

In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold. The owner does not need to be present. A single "for sale" sign no larger than 18 by 24 inches can be displayed on the vehicle.

Only LW residents are allowed to display vehicles for sale. The sale is open to residents and the guests they call in. For more information, contact Recreation at 431-6586, ext. 350 or 398.

VOTE

from page 2

- Seal Beach City Clerk's office, 211 Eighth St., open from 8 a.m.-5 p.m. weekdays and from 7 a.m.-8 p.m. on Jan. 31.

- Mary Wilson Branch Library, 707 Electric Ave., drop box available 24/7.

- The Registrar of Voters office, 1300 S. Grand Ave., Building C in Santa Ana, is open from 8 a.m.-5 p.m. weekdays and from 7 a.m.-8 p.m. on Jan. 31.

No voter centers for in-person voting will be operated. Postage is not required for voters who chose to mail their ballots.

The five-member council has some important issues to grapple with in 2023.

Council members will decide where to allow the development of new housing, which the state is mandating, and whether to continue allowing restaurants on Main Street to use parking spots for outdoor dining.

They will also consider whether to continue repairs on the pool at McGaugh Elementary or build a pool in a new location and whether a restaurant should be built at the end of the Seal Beach pier.

Interact Solutions

Interact Solutions will host an informational meeting for residents interested in learning more about the bulk cable and Internet service coming to LW. The final town hall is set for Jan. 21. All meetings are in the lobby of Clubhouse 3 from 1:30-5 p.m.

GRF ID Card Renewal Update

GRF identification cards expire in 2023 for members in Mutual 8, 9, 11 and 14. Residents who live in those mutuals must renew their GRF ID cards during their month of birth.

To renew a GRF ID, people should stop by Stock Transfer anytime during the month of their birthday to obtain a replacement card.

The expiration date is located in the right corner of all GRF ID cards. Shareholders in other Mutuals should look at their ID cards to see what year their cards expire.

New ID cards will be replaced upon surrender of an old card. There is a \$20 fee to replace a lost card.

Per Policy 50-1201-1. GRF ID cards are renewed every five years for all shareholders.

PEDESTRIAN

from page 2

being struck.

- Don't assume vehicles will stop. Make eye contact with drivers, don't just look at the vehicle. If a driver is on a cell phone, he or she may not be paying enough attention to drive safely.

- Don't rely solely on pedestrian signals. Look before crossing the road.

- Be alert to engine noise or backup lights on cars when in parking lots and near on-street parking spaces.

Be Careful at Crossings: Look before you step

- Cross streets at marked crosswalks or intersections, if possible.

- Obey traffic signals such as "Walk/Don't Walk" signs.

- Look left, right, and left again before crossing a street.

- Watch for turning vehicles. Make sure the driver sees you and will stop for you.

- Look across ALL lanes you must cross and visually clear each lane before proceeding. Even if one motorist stops, do not presume drivers in other lanes can see you and will stop for you.

- Don't wear headphones or talk on a cell phone while crossing.

For more information about pedestrian safety, visit <https://www.pedbikeinfo.org/resources>.

— Pedestrian and Bicycle Information Center



CERT from page 1

and Thursdays cover introduction to disaster preparedness, disaster psychology, team organization, fire suppression, light search and rescue and basic medical training, among other topics. Those who complete the course earn a certificate and are fully prepared to help out in the event of a disaster.

For more information, contact Health and Safety Specialist Eloy Gomez by emailing Eloy@lwsb.com or calling 562-431-6586, ext. 356.

— Cynthia Stone

GRF Board

The GRF Board holds monthly meetings on the fourth Tuesday of the month at 10 a.m. in Clubhouse 4. Meetings are livestreamed.

The next meeting is set for Tuesday, Jan. 24. To speak during public comments, register in the lobby.

Call the LW Weekly at 562-430-0534

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PERSPECTIVES

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

Letters to the Editor: The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must

be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or inappropriate. Names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF

employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

ACCESSIBILITY from page 1

In addition to the income requirements, a licensed medical doctor must complete the Doctor's Analysis Form (included in the application) that rates the physical condition of the applicant with respect to mobility problems, pain with movement, or trouble with balance. This rating allows the program to help the applicants who are in the most need first until all the funds are spent.

The bathroom improvement process is coordinated by Civic-Stone (www.civicstone.com): a company hired by the City of Seal Beach to review all applications and manage the construction improvements with the approved contractors. Once approved for the program and scheduled for work, the improvements usually take less than a week to complete.

"Many residents get confused on the application process," said Monique Miner, program administrator. "They don't realize you can have substantial savings and still qualify for the free upgrade. We are just a phone call away and can help residents apply for the completely free upgrade. But don't delay completing your application, because funds are limited!"

Applications are currently being accepted and are available online at <https://www.civicstone.com> and from the City of Seal Beach's website.

For more information email monique@civicstone.com or call 909-364-9000.

Setting it Straight

An ad on page 12 in the Jan. 12 issue was published without an English translation. The translation says "Christian, Conservative, Entrepreneur,

"Seal Beach is a wonderful city with a rich history and small-town appeal.

"We are surrounded by big cities that have "Big City" problems.

"I will work to keep Seal Beach a wonderful place to live, work, and raise a family.

...

An article on page 12 that incorrectly stated that residents who vote in the District 5 City Council run-off election on Jan. 31 could not drop off their ballots in the drop box near LW's Amphitheater. The election is entirely mail-in or drop off, with no in-person voting centers. See page 2 for more information.

Letters to the Editor

Editor,

If you are like me, change is tough. We already separate recycle items. Who wants to separate food scraps, and dirty napkins? Well, not me. However, I was recently made aware why we need to do this. It's the law as of Jan. 1, 2023. Cities throughout California are adopting these programs—they have to.

So, what do we do with all the food scraps before we take it out to the bin outside? I made a canister for my mother. She had an ugly old pot sitting on her kitchen counter for it. I thought it looked awful. So, I came up with a nice alternative.

I found a tin canister at the craft store, then added the word "Compost" to the front in nice lettering. On the back I put "Newport Waste" in small lettering at the bottom (she lives in Newport Beach).

A 2.6 gallon liner fits the canister well. Biodegradable liners need to be clear or translucent green. A small paper bag will also work.

So, to use this cute canister, just put the liner inside it, fill it as you go and then toss it in the outside container when convenient or full.

Any container, like an old pot, can be used for this composting task. But why not make it a nice part of your kitchen and a new, fun way of doing things? I'm off to the craft store to find a canister for myself.

Ann Allard
Mutual 7

Editors Note: For more information about composting, see page 8 of the Jan. 5 issue or visit AthensServices.com/Food.



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Deadlines

Editorial: 4 p.m., Thursday, prior to publication week

Classified Advertising:
12 noon, Monday, of publication week

Display Advertising
4:30 p.m., Thursday, prior to publication week

Office hours
8 a.m. to 5 p.m.
Monday-Friday

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Mailing Address
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Seal Beach, CA 90740

Delivery Address
13521 St. Andrews Drive
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Online Edition
LWWeekly.com
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Distribution Services
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VOL 47, NO 3

GOVERNMENT

GRF Board of Directors

Meeting Agenda
 Tuesday, January 24, 1 p.m.
 Clubhouse 4

This meeting may also be live streamed at www.lwsb.com. The tab will be active 15 minutes prior to the start of the meeting. The live streaming uses YouTube Live and terminates at the close of the meeting.

1. Call to Order/Pledge of Allegiance
 2. Roll Call/Notice of Quorum
 3. President's Announcement
 4. Service Awards/Staff Commendations
 5. Seal Beach City Council Member's Update
 6. Member Comments/Correspondence
 7. Consent Calendar
 - a. GRF Board of Directors Minutes, November 22, 2022
 - b. Approve Capital Funds Investment Purchase
 - c. Approve Reserve Funds Investment Purchase
 - d. Acceptance of the Interim Financial Statements, November and December 2022, for Audit
 8. Ad Hoc Reports
 - a. Governing Document Ad Hoc Committee – Discussion
 - b. 1.8 Acre Ad Hoc Committee – Discussion
 - c. Website Ad Hoc Committee – Discussion
 9. New Business
 - a. General
 - i. Appoint Chair for Community Rule Violation Panel
 - ii. Adopt 30-5700-3, Presidents' Roundtable Charter
 - b. Architectural Design & Review Committee
 - i. Capital Funding Request: Landscaping at the Globe
 - c. Communication Committee
 - i. Amend 20-5050-1, Digital Billboards
 - ii. Adopt 20-5050-3, Digital Billboards
 - d. Finance Committee
 - i. Approve Active Shooter Insurance
 - e. Information Technology Services Committee
 - i. Amend 20-5045-3, Board Member Use of Foundation Equipment Procedures
 - ii. Adopt 20-5045-4, Board Member Use of Foundation Equipment Form
 - iii. Tentative Vote: Adopt 20-5560-1, Surveillance Camera Policy
 - f. GRF Administration Committee
 - i. Amend 30-1001-5, Glossary of Terms
 - ii. Final Vote: 30-5025-3, Golden Rain Foundation Election Procedure
 - g. Mutual Administration Committee
 - i. Capital Funding Request: SSD Alarm System
 - ii. Amend 50-5165-3, Mutual Administration and Service Maintenance Charter
 - h. Physical Property Committee
 - i. Reserve Funding Request: Building Five Modifications
 - ii. Capital Funding Request: Power for Fans Clubhouse 1
 - iii. Approve Fee for Contractor Vetting, 60-5504-1, Insurance Requirements Contractors
 - iv. Amend 60-5000-1, Use of Community Facilities, Dumpsters at 1.8 Acres – Rules
 - i. Recreation Committee
 - i. Approve Increase for Recreational Vehicle Lot
 - ii. Amend 70-1487-2, Schedule of Fees and Monetary Fines
 - iii. Amend 70-1500-1, Woodshop Rules
 - iv. Amend 70-5562-1, Amphitheater Programs
 - v. Amend 70-1480-1, Arts and Craft Festival
 - vi. Amend 70-1482-4, Arts and Craft Festival Seller's Statement and Form
 - vii. Rescind 70-1409-1, Amphitheater Programs
 - j. Security, Bus, and Traffic Committee
 - i. Capital Funding Request: Gate Access System
 - ii. Capital Funding Request: Access Cards for Shareholders and Staff
 - iii. Tentative Vote: Amend 80-1937-1, Parking – Rules
2. Next Meeting Date
 Tuesday, Feb. 28 at 10 a.m.
 Clubhouse 4
3. Adjournment

Community Guide White Pages

Residents' names and phone numbers are not automatically placed in the LW Community Guide's White Pages. To be included, shareholders may submit their information to the LW Weekly by filling out the form placed in previous editions of the Community Guide on page 55, and returning it to the LW Weekly office or by emailing debbiek@lwsb.com.

Those whose information may have changed since the 2021 edition of the White Pages may also submit new information via email or in person.

Resident names are deleted from the White Pages by request or after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Anyone who moves within LW may be deleted unless a form with the new address is submitted to the LW Weekly.

Residents who think they know a name that should be removed may notify LW Weekly via email at debbiek@lwsb.com.

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjexn@yahoo.com, or call 562-431-6586, ext. 409, to leave a message.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

- | | |
|---------------|--|
| Fri., Jan. 20 | Finance Committee (rescheduled)
Conf. Rm B/virtual..... 10 a.m. |
| Tue., Jan. 24 | GRF Board of Directors Meeting
Clubhouse 4/virtual 10 a.m. |
| Thu., Jan. 26 | GRF Administration Committee
Conf. Rm A/virtual 1 p.m. |
| Wed., Feb. 1 | Physical Property Committee
Conf. Rm B/virtual..... 1 p.m. |
| Thu., Feb. 2 | GRF Board Executive Session
Conf. Rm A 1 p.m. |

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

- | | |
|---------------|---|
| Thu., Jan. 19 | Mutual 2
Conf. Rm A/Zoom 9 a.m. |
| Thu., Jan. 19 | Mutual 11
Conf. Rm B/Zoom 1:30 p.m. |
| Fri., Jan. 20 | Mutual 15*
Conf. Rm A/Zoom 9 a.m. |
| Mon., Jan. 23 | Mutual 8 (open forum 9:15 a.m.)
Conf. Rm A/Zoom 9:30 a.m. |
| Wed., Jan. 25 | Mutual 10
Conf. Rm A/Zoom 9 a.m. |
| Thu., Jan. 26 | Mutual 1
Conf. Rm A/Zoom 9 a.m. |
| Fri., Jan. 27 | Mutual 6
Conf. Rm A/Zoom 10 a.m. |
| Thu., Feb. 2 | Presidents' Council
Clubhouse 4/Zoom 9 a.m. |

* Rescheduled due to holiday.

Comments/Questions at Meetings

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers.

To address the GRF Board of Directors, submit a request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Attention: Executive Coordinator, no later than 4:30 p.m. on the Friday prior to the meeting. You may also drop off your question/comment at the Stock Transfer Office, Attention: Executive Coordinator, or email your question/comment to grfboardaction@lwsb.com.

SIMPLY DELICIOUS SENIOR MEAL DELIVERY SERVICE

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A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week
 B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week

Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
Chili Sour Cream & Cheese	Chicken Tacos Coleslaw	Turkey Sausage Frittata Broccoli, Peppers & Cauliflower	Spinach & Cheese Omelet Sliced Tomatoes	Chicken Vegetable Soup Potatoes
Mixed Fruit	Flan	Seasonal Fruit	Mixed Berries	Fruit Salad
DINNER				
Barbecue Chicken Baked Beans & Corn	Shrimp Fajitas Spanish Rice	Beef Stew Potatoes & Carrots	Curry Chicken Sliced Almonds	Seafood Kebab Grilled Vegetables
Cookies	Seasonal Fruit	Raspberry Crumble	Seasonal Fruit	Cake

Salim Khoury
(562) 754-8487
www.simplydelicious.app

To ensure high quality, some items may be substituted.

Puzzles & Comics

Answers on page 19

Gasoline Alley

By Jim Scancarelli



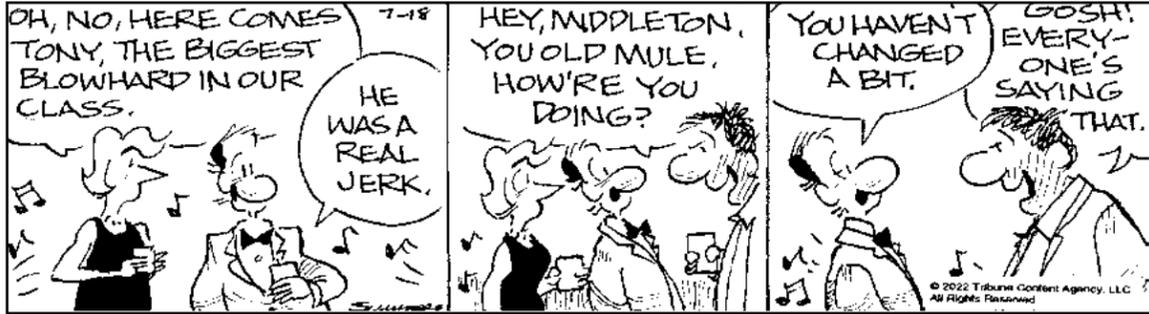
Broom-Hilda

By Russell Myers



Middletons

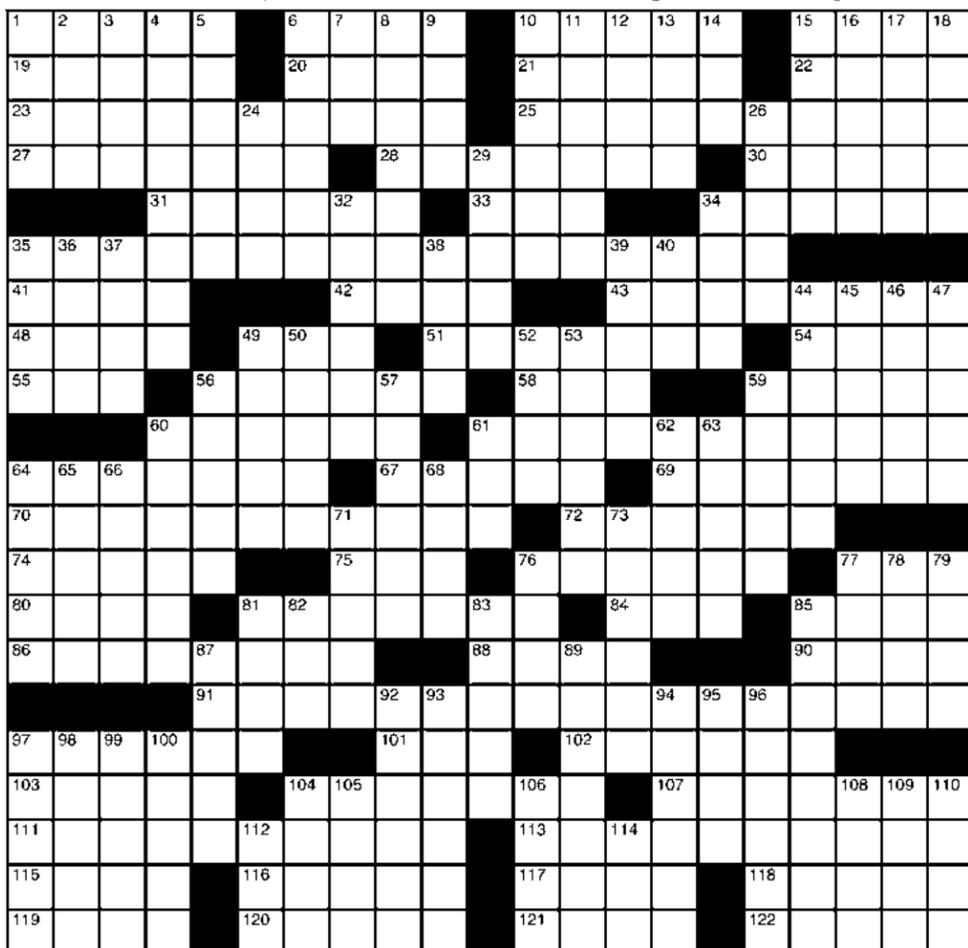
By Ralph Dunagin & Dana Summers



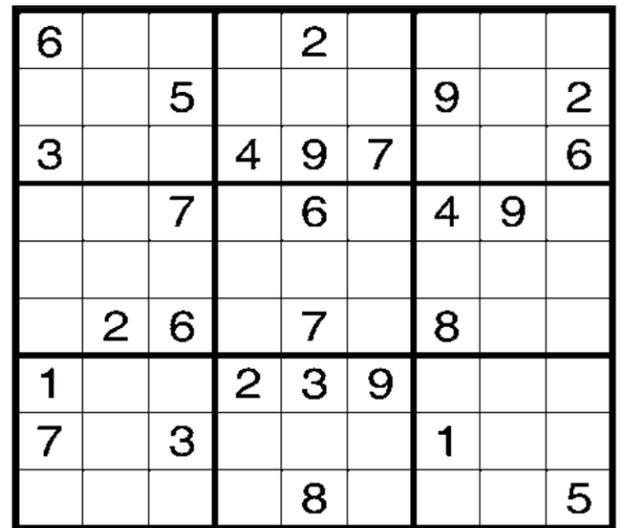
Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

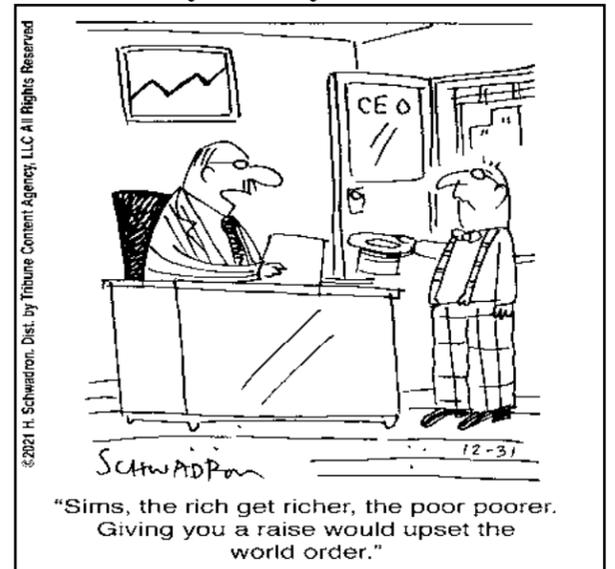
- | | | | | | |
|---|--|-----------------------------------|---|---|------------------------------------|
| "PLAY IT AGAIN"
BY ALAN MASSENGILL & DOUG PETERSON | 77 Media-regulating gp. | 115 Actor Stonestreet | 10 Jewish campus group | 46 Tolerated | 82 Predict-ability? |
| ACROSS | 80 One-named supermodel | 116 Yankee manager before Girardi | 11 AARP concern | 47 Medicinal shrub | 83 Spacek of "Bloodline" |
| 1 Pestors online, in a way | 81 Most efficient | 117 Big name in footwear | 12 Plunge | 50 Had a bug | 85 1941 Bogart role |
| 6 Dorothy Gale's dog | 84 socket | 118 Resolves a tense problem, say | 13 "Metamorphoses" poet | 52 Gush forth | 87 Group pic |
| 10 Wore | 85 Corn holder | 119 Ahi, for one | 14 worth | 53 Place for a pawdicure | 89 Italian dessert wine |
| 15 Three-time WNBA MVP Leslie | 86 Final request | 120 Irritable | 15 Brightened | 56 Word with mail or box | 92 Struggles |
| 19 Divvy up | 88 Pet food brand | 121 Knitter's ball | 16 Like Oscar Wilde | 57 Iberian capital | 93 Provides (with) |
| 20 Husband of Psyche | 90 Allowing a draft | 122 Station | 17 With 45-Down, West Coast racing venue | 59 No longer novel | 94 "Julie & Julia" writer/director |
| 21 "Just tell me" | 91 Jay-Z/Alicia Keys "remake" of Frank Sinatra's "New York, New York"? | | 18 Teen sensation, perhaps | 60 Dry red wine | 95 Froyo topping |
| 22 Iraq neighbor | 97 Dicey | DOWN | 24 Fries, e.g. | 61 Actress Thompson | 96 Made bubbles |
| 23 Lizzo "remake" of the Beatles' "I Feel Fine"? | 101 Connections | 1 Hangs loosely | 26 As a companion | 62 Motown Records founder Berry | 97 In a huff |
| 25 Dua Lipa "remake" of Katrina and the Waves' "Walking on Sunshine"? | 102 Paste-up pieces | 2 Snowbank | 29 Harebrained | 63 Maitre's milieu | 98 1960s jacket style |
| 27 Snookums | 103 Cola originally named Brad's Drink | 3 Banana Boat | 32 Maroon | 64 Brownish green | 99 Nadal's birthplace |
| 28 Defiant admission of dishonesty | 104 Dips for Easter | 4 Using contemporary styles | 34 Affectedly dainty | 65 First president with a Twitter account | 100 Pet adoption org. |
| 30 Thirsts (for) | 107 Keeps adding to, as mashed potatoes | 5 Work in a park, perhaps | 35 Litter cries | 66 Pares | 104 effort |
| 31 Least refined | 111 Ed Sheeran "remake" of the Rays' "Silhouettes"? | 6 Snickered | 36 Brief "Then again ..." | 68 Accurate | 105 Sandwich with tzatziki sauce |
| 33 Early console letters | 113 Lady Gaga "remake" of the J. Geils Band's "Love Stinks"? | 7 Vein contents | 37 Wing support | 71 Tokyo-based brewery | 106 Site for a bidding war |
| 34 Accessory for Mr. Monopoly | | 8 "Anna Karenina" novelist | 38 Suffragist Elizabeth Stanton | 73 "Fideles" | 108 Salon sound |
| 35 Taylor Swift "remake" of the Eagles' "Take It Easy"? | | 9 Scandinavian capital | 39 Faucet problems | 76 ESPN datum | 109 Bi-quadrupled |
| 41 " have to do" | | | 40 Cries of dismay | 77 Vanuatu neighbor | 110 Place for a clutch |
| 42 "Creed" director Coogler | | | 44 Wisconsin city between Milwaukee and Chicago | 78 Family circle | 112 Non-Rx |
| 43 Wimbledon surface | | | 45 See 17-Down | 79 Twine | 114 Musical arcade game, for short |
| 48 Petting zoo horse | | | | 81 Guacamole ingredient | |
| 49 LAX regulator | | | | | |
| 51 Find repugnant | | | | | |
| 54 Folder's loss | | | | | |
| 55 Doo-wop syllable | | | | | |
| 56 To no avail | | | | | |
| 58 Get-up-and-go | | | | | |
| 59 Descendant | | | | | |
| 60 "Will you let me?" | | | | | |
| 61 Marvin Gaye "remake" of Glenn Miller's "In the Mood"? | | | | | |
| 64 Direct means of access | | | | | |
| 67 Slow-cooked courses | | | | | |
| 69 Anthem played at Blue Jays games | | | | | |
| 70 Steve Miller Band "remake" of Screamin' Jay Hawkins' "I Put a Spell on You"? | | | | | |
| 72 Conditional release | | | | | |
| 74 "Rumble in the Jungle" locale | | | | | |
| 75 Trifling amount | | | | | |
| 76 Cowhand's seat | | | | | |



Sudoku 1



9 To 5 By Harley Schwadron



SCRABBLE GRAMS

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<input type="text"/>									
A ₁	O ₁	Y ₄	B ₃	L ₁	B ₃	L ₁			
Triple Word Score									RACK 1
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2nd Letter Double									RACK 5

PAR SCORE 260-270
BEST SCORE 339

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

LIYSK
O L I O G
T M R E T A
N E S Y R T

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

WITH SO MANY CASES ON THE DOCKET, THE COURT SYSTEM WAS EXPERIENCING ---

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RELIGION

Redeemer Lutheran

Psalm 27 encourages believers to remember: “The Lord is my light and my salvation; whom then shall I fear? The Lord is the strength of my life; of whom then shall I be afraid?”

“Seeking the Lord’s Light and Strength” is the theme for Redeemer Lutheran Church’s Sunday worship service at 10:30 a.m. on Jan. 22. LWers are invited to join the service to share Scripture and Communion in the sanctuary at 13564 St. Andrews Drive, across from the Administration building where ample parking is provided.

Dee Sessa and Teresa Smith will greet residents at the door and Sharon Heck will play the organ and accompany the quartet of Beverly Anderson, Pastor Lynda Elmer, Kay Pushman and Susan Sinner.

Redeemer Lutheran thanks those who have contributed generously to the continuous food drive. LWers can bring non-perishable food items to the church at any time. The food is distributed to those in need in the broader community.

The church has an outdoor chapel that reflects God’s light on sunny days, and is available 24/7 for prayer and contemplation. People are welcome to come to the north side of the church, near the golf course to pause, sit on the bench, rest and pray.

For more information about the service or outreach programs of the church, call 562-598-8697.

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2; Wednesday morning Bible study is currently on break. The Hymn Sing will be held Sunday, Jan. 22, in the Clubhouse 3 Lobby at 6 p.m.

Sermon for this week: Pastor Chuck Franco will present the next part in the “What is Truth?” series with a sermon titled “Our Healing God” from Isaiah 53:4-5.

While many theological points and doctrines can be argued, a personal and undeniable act of healing cannot be discounted. One was once sick; now they are not. One once was mentally tormented, now they are not. One was enslaved to a chemical addiction, now they are not. In some instances, God intervenes in a miraculous way that is not assisted by any human medical knowledge, practice or advice. In some instances, God partners with medical providers to bring healing. In other instances, the afflicted is not completely healed until they have passed from this life and left their mortal body behind. The indisputable fact remains that God is capable of divine healing, and that benefit is active today.

Bible Study: What would



Chuck and Sheryl Franco

change if one’s default response to problems was faith instead of fear? Cultural influences, the media, and politicians, whichever side one favors, use fear to win their argument. 2 Timothy 1:7 says, “God has not given us the spirit of fear.” So, if it is not from God, why do Christians entertain unhealthy fear? “Fearless,” by Max Lucado, is a Bible study with life-changing possibilities. Discover with other LWers how to be victorious over the destructive effects of fear through Bible study, discussion and personal application.

Contact: More information

about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests to add to the prayer chain at 562-343-8424.

Pastor Chuck’s sermons can be accessed on the Faithlife app under “Leisure World Assembly of God,” where people can also give online.

Community Church

Community Church thanks those who came and participated in the Wesleyan Covenant Renewal Service on Jan. 8. It was a powerful and meaningful experience for everyone involved.

People are welcome to join Community Church this Sunday at 9:50 a.m. for a sermon titled “Called Up to the Show.” The church will look at the calling of the first disciples and how the early church can serve as a model for believers today. The sermon will be based on Isaiah 9:1-4 and Matthew 4:12-23.

As always, the word Gospel means “good news” and those who are in need of some good news are welcome to join the service in person or online.

Per CDC guidelines, Community Church requires wearing masks indoors. The church will still hold fellowship outside at the conclusion of the service and look forward to indoor fellowship soon as the numbers improve. People can also view the service live on Facebook at [@CommunityChurchLeisureWorld](https://www.facebook.com/CommunityChurchLeisureWorld) and via Zoom. People can contact the church office for the Zoom link.

Those who are in need without another way to address it can call the church office to leave a message at 562-431-2503.



Pastor Johan Dodge

First Christian Church

First Christian Church of Leisure World teaches from God’s word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God’s word together, “That we may be mutually encouraged by each other’s faith, both yours and mine,” Romans 1:12.

Message from the Pastor

Chapter 6 of Genesis deals with the heart of God and the thoughts of man’s heart. In verse 3 the Lord said, “My Spirit shall not strive with man forever, because he also is flesh; nevertheless, his days shall be 120 years.” Man had been dwelling on the earth approximately 1,500 years and God had been striving long enough. God saw that the wickedness of man was great on the earth, and that every intent in men’s hearts was only evil.

The Lord grieved in his heart and was sorry that he had made man. God is holy, and in his holiness, sin cannot be tolerated

and must be dealt with. In verse 7 the Lord said, “I will destroy man whom I have created from the face of the earth, man and beast.

“But Noah found favor in the eyes of the Lord.”

God’s plan developed in the remainder of the chapter and eventually led to a well known verse in John 3:16: “For God so loved the world that he gave his only begotten son, that whoever believes in him shall not perish but have everlasting life.” 2 Peter 3:9 also reveals that God is “longsuffering towards us, not willing that any should perish, but that all should come to repentance.”

Weekend Services

Sunday services are held from 9:30-10:45 a.m. The service is traditional with hymnal music led by Janet Ray and Pat Kogok at the piano. This Sunday, Sandy Carlson will sing a solo.

Saturday services are more contemporary with Gregory Black leading worship with gui-

tar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the women’s Bible study Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday’s Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Pastor Bruce Humes leads Friday’s prayer and Bible study from 6-7 p.m.

Scripture of the Week

“Praise the Lord, all nations; laud him, all peoples for his loving kindness is great toward us and the truth of the Lord is everlasting. Praise the Lord” Psalm 117:1-2.

Contact

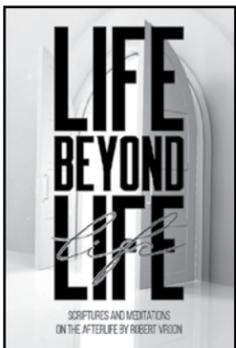
First Christian Church is located on Northwood Road behind Carport 125.

Those who have a need or would to receive more information about the church can call 562-431-8810.

Is There Life After Death? If So, What Is It Like?

A retired pastor living in Leisure World leads us through key Bible passages on death and the afterlife. The Bible gives us a hope that speaks to our deepest hurts and longings. Study guide included.

Author available to speak at local clubs, groups or churches.



Robert Vroon

Life Beyond Life, by Robert Vroon is available on Amazon.com and Barnes & Noble.com

Congregation Sholom

Congregation Sholom will hold services with Rabbi Eric Dangott via Zoom on Friday, Jan. 20, at 6:30 p.m.

Rabbi Mike Mymon will lead the hybrid service Saturday, Jan. 21, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Saturday’s Torah portion will be Vaera from the book of Exodus. Vaera (I Appeared) opens as God promises to redeem the

enslaved Israelites and bring them to the Promised Land. When Pharaoh repeatedly refuses to let the Israelites go, God sends a series of plagues: water turning to blood, frogs, lice, wild animals, death of livestock, boils and hail.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122.

Congregation Sholom has

served Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

The LW Weekly
562-430-0534

PAID ADVERTISEMENT

FREE Leisure World Gold Show

“Turn Your Broken or Unused Gold Jewelry, Gold & Silver Coins and Sterling Silver Into Instant Cash”

One Day Only. This is Saturday, 10am to 4pm.

The *Leisure World Gold Show* is happening this Saturday in Seal Beach. You can get paid cash instantly for your unused/unwanted gold jewelry (even if damaged), gold coins, silver coins, and dental gold — in fact, anything containing gold.

Real Gold?

What if you don't know if an item contains real gold? Don't worry, bring it anyway and gold buyer specialist *Greg Schilling*, owner of *Schilling Gold Exchange* will test and inspect your item to determine amount of gold content, purity of gold (10K, 14K, 18K, 24K), and weight.

Mr. Schilling will provide you information about your item and discuss purchasing it for cash should you wish to sell it.

Often times people with gold items are amazed at how much something is worth.

Hold or Sell — It's Up To You

There is never any pressure for you to sell your item.

Mr. Schilling states, “I have a lot of folks who just want to know more about their item, which is fine. Often times there is sentimental value

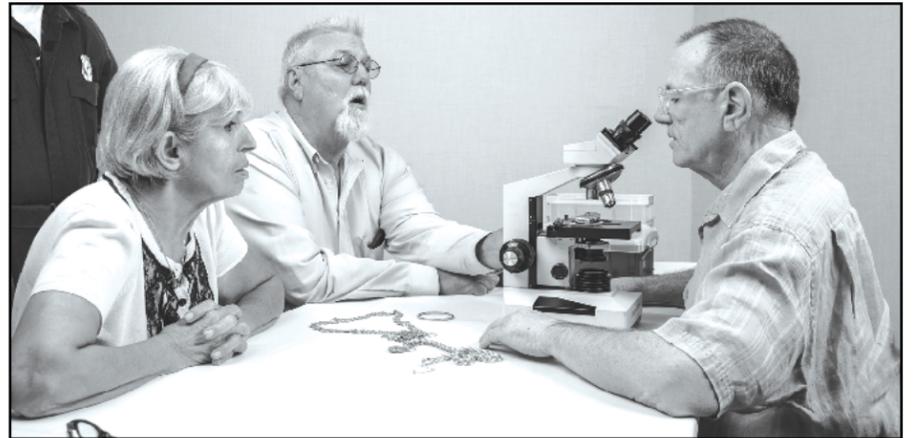
attached, in which case I always recommend to my customers they hold on to it. I build my business through repeat customers, and I know that if I treat my customers right, they will refer their family and friends. I want everyone to walk away feeling good about attending this event.”

Comments From Previous Gold Show Attendees

“After shopping around, I found *Schilling Gold Exchange* gave me the best price for my gold. I highly recommend *Schilling Gold Exchange* to other Seniors. “ — J.R.

“I am more than pleased with *Greg Schilling* of *Schilling Gold Exchange*. He was able to give me top dollar for my gold jewelry and coins. After my wife passed, I had some gold coins that I wanted to cash-in. Not only did *Greg* give me a fair price, but I also got more than I was expecting as one of the coins had extra numismatic value that I was unaware of. I now recommend to all my family friends they use *Schilling Gold Exchange* instead of jewelry stores.” — G.P.

“Try it. You'll like it. Very friendly and honest. “ — M.B.



Mr. Schilling (on right), of *Schilling Gold Exchange* and member of the *World Gold Council*, and *American Numismatic Association*, evaluates jewelry for show goers. Mr. Schilling will be at the event and available to provide information about gold jewelry, gold and silver coins, sterling silverware sets, and diamonds.

Admission Is Free

The event is free and there is never any fee to bring your items for evaluation. Plus, there are no long lines. Wait times if any, are only about 5-10 minutes. There is plenty of free parking.

Location & Time

The event will be held at:
Hampton Inn & Suites
2401 Seal Beach Blvd
Seal Beach, CA

Saturday, January 21, 2023
10am-4pm.

Private In-Home Appointments

If you have a large collection, or are home-bound, or have diamonds, call (949) 763-4403 for information on scheduling a private appointment with Mr. Schilling.

Instant Cash

Don't miss this opportunity to turn your unused, broken, or unwanted gold jewelry, gold coins, silver coins, dental gold, Sterling Silverware sets, and diamonds into cash. This event is one-day only — don't miss it!

ADMISSION IS FREE!

You Get Paid For:

- Gold Jewelry
- Gold Chains
- Gold Coins
- Silver Coins
- Dental Gold
- Anything Gold!

Plus..

- Sterling Silverware Sets!
- Diamonds

Note: If you have a large gold collection that you would like to get evaluated for possible sale, please call (949) 763-4403 for information about a private in-home by appointment.

LEISURE WORLD GOLD SHOW

1 DAY ONLY. THIS Saturday, January 21, 2023

Turn Your Gold, Silver, & Diamonds Into INSTANT CASH!

FREE ADMISSION!

Leisure World Gold Show
Saturday, January 21, 2022 10am-4pm

Hampton Inn & Suites
2401 Seal Beach Blvd, Seal Beach
For hotel directions only call (562) 594-3939

5% SENIOR CITIZEN COUPON

This coupon is good for Senior Citizens age 65 and older, and is good for an extra 5% cash on any sales (except for gold coins and bullion) made to *Schilling Gold Exchange* at the event. Original coupons only. Coupon valid through show dates only. One coupon per person. Present coupon at event.



Leisure World Gold Show
Saturday, January 21, 2023
10am-4pm

Leisure World Gold Show | coupon code SB202001

INSTANT CASH!

Have A Large Collection?
Private In-Home Appointments

If you have a large collection, or are home-bound call (949) 763-4403 for information on scheduling a private in-home appointment with Mr. Schilling.

Schilling Gold Exchange
(949) 763-4403



Church of Jesus Christ of Latter-day Saints

There will be no church services—Sacrament, Sunday school or Primary—on Sunday, Jan 22. Instead, there will be the semi-annual Los Alamitos Stake Conference. The first adult session will be held at 7 p.m. on Saturday, Jan 21. The second session will be held at 10 a.m. on Sunday, Jan 22. Both meetings will be held at the Stake Center located at 4142 Cerritos Ave. in Los Alamitos.

The reading source for this year is the New Testament. The reading assignment for the week of Jan. 23-29 is Matthew 3, Mark 1 and Luke 3.

People are encouraged to pay special attention to Luke 3:5. Here Luke describes the effect that the savior's coming would have: "Every valley shall be filled, and every mountain and hill shall be brought low...the crooked made straight and the rough smoothed." If a permanent mountain can be flattened, then surely the Lord can help us straighten our crooked paths."

The message is "Jesus Christ and his gospel can change you".

LW Baptist

At times genuine Christian believers find their assurance shaken, as Job did. Nevertheless, like Job, believers must continue to bring their broken hearts to God. This understanding enables and shapes their continuing worship, which will be the theme for LW Baptist's service on Sunday, Jan. 22, at 10 a.m. in Clubhouse 4.

During the service, the church will sing and reflect on "Hear our prayer, O Lord." The choir will sing, "Tell it to Jesus."

On Monday, Jan. 23, the women's Bible study will meet at 10 a.m. in Clubhouse 3, Room 6. The Energizers group will meet on Wednesday, Jan. 25, at 3 p.m. to read Psalm 40 and discuss praise and prayer. The group will also pray for missionaries' outreach and for local requests during the meeting.

For more information, call 562-430-8598.



Pastor Rolland Coburn

Faith Christian Assembly

Faith Christian Assembly delivers great biblical messages every week by Pastor Sheri Leming and other trusted pastors on topics relevant to life today.

In addition to its weekly services, the church has a great community support for many areas of life. The Grief Share program meets weekly on Thursdays at 5:30 p.m. is currently in session and still open to new attendees. Grief Share is a caring setting to those who have experienced the loss of a loved one.

Another vital group is the Care Ministry team, which ensures that members are regularly checked in on and cared for if needed.

The Prayer Ministry meets at 5 p.m. on Sundays, just prior

to the 5:30 service. The group prays for individual needs and beyond, including local, national and world issues.

Faith Christian Assembly also regularly offers classes on subjects of interest to the congregation. Last year's subjects included fraud awareness and prevention, senior care resources, illness prevention and nutrition. The church will hold a health class in February, with more details to come.

Being part of a church has so much to offer, most importantly it's a wonderful way for people to grow in their relationship with the Lord and connect in real relationship with others. LWers are welcome to visit Faith Christian Assembly and, if it's a fit, be a part of the com-

munity. Get to know the warm and welcoming congregation, sing some wonderful hymns, and hear a great message that is sure to encourage.

"I was glad when they said to me, 'Let us go into the house of the Lord'" Psalm 122:1.

Faith Christian Assembly's regular Sunday service times are at 10:30 a.m. and 5:30 p.m. The pre-service prayer is on Sundays at 5 p.m. The midweek Bible study held on Wednesdays at 11 a.m.

People can call the church office at 562-598-9010 for updated schedule information or to receive a free copy of the church's newsletter. People can also read the newsletter archive and find more information about the church at www.FCAchurch.net.

Beit HaLev

Rabbi-Cantor Galit-Shirah will conduct online services for Friday night and Saturday morning Shabbat services. The Friday service will be held on Jan. 20 at 5 p.m. and the Saturday services will be held on Jan. 21 at 10 a.m. Note that the Friday evening service begins earlier than last year, at 5 p.m.

Beit HaLev LIVE! Interactive livestream services are on Zoom at <https://us02web.zoom.us/j/9152434704?pwd=THJGT E1OUXI5VXFDTWtuZHF4K3 VxUT09>. The meeting ID is 915

243 4704, and the passcode is RavGalit. People can also view on Facebook at www.facebook.com/galityomtov or YouTube at www.youtube.com/beithalev8816.

The First Triennial Cycle Torah reading this Shabbat is "Va'era, (HaShem appeared) from Exodus 6:2-7:7. It reveals the name of God to Moses; the Parsha gives an account of the conversation between HaShem and Moses in which HaShem bestows Moses as a Divine proxy and Moses' brother Aaron as his Prophet who will speak to Pharaoh. Moses fears that his "slow" speech will be a hindrance and that Pharaoh will not listen to him.

All Beit HaLev services use the special prayerbooks, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. The services are joy-



Rabbi Galit-Shirah

ous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the Divine and doesn't believe in labels. It considers all religions holy and valid.

To request a membership form for Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and may be sent to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.



BEACHPLAZA

DENTAL



Dr. Ian Cheng

Ivy-League trained
Proudly serving Leisure World over 17 years

WELCOME OFFER*

\$99 - Complete set digital x-rays, comprehensive examination & consultation with Dr. Cheng & teeth cleaning with hygienist

Covid Precautions Are A Top Priority

- Hepa filters in each room
- Air fogged to sanitize after each patient
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- Extra oral aerosol suction in rooms

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Located in the Denny's shopping center

* New patients without insurance only. Some restrictions may apply.

Buddha Circle

Buddha Circle will meet on Saturday, Jan. 4, in Clubhouse 3, Room 1, from 9:30-11 a.m. with Ven. Kusala, who presents Buddhism in a simple way.

The group is interactive and people are encouraged to ask questions.

Donations are welcome and will support Kusala in his teachings.

For more information, go to www.urbandharma.org or call 714-468-6887.

Christian Women's Fellowship & Bible Study

The Christian Women's Fellowship and Bible Study group will meet on Monday, Jan. 24 in Clubhouse 3, Room 6 at 10 a.m. to discuss chapters 27 and 28 in the book "Loving God with All Your Mind." All residents are invited to attend.

For more information, call Jean Davidson at 562-431-0597 or Marge Singleton at 562-594-8100.

Assembly of God Hymn Sing

LWers are invited to start the new year with praise at Assembly of God's monthly hymn sing on Sunday, Jan. 22, at 6 p.m. in the Clubhouse 3 Lobby. All are welcome to attend. Fellowship time will follow the service; snacks will be provided.

*****ATTENTION***
Leisure Worlders**
Transportation avail at
beverly90740@gmail.com

LONG BEACH SYMPHONY
ECKART PREU, MUSIC DIRECTOR

Saturday, February 4, 2023 | 8PM
Pre-Concert Talk at 7PM | Terrace Theater

Eckart Preu, conductor
Roger Wilkie, Agnes Gottschewski,
Chloé Tardif, Chyi-Yau Lee, violins

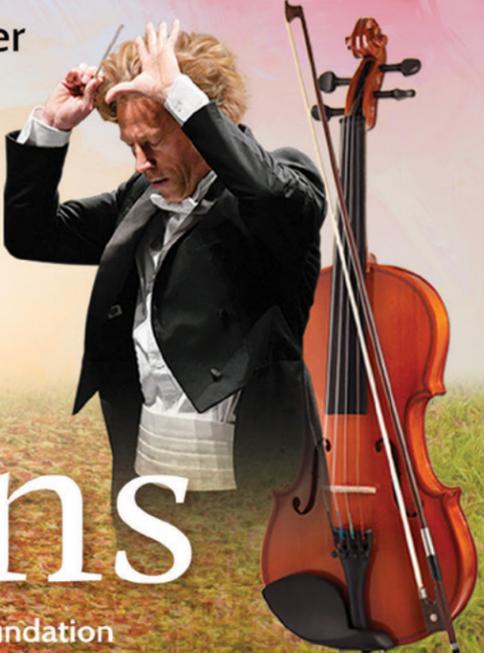
MOZART Symphony No. 40 in G minor
VIVALDI *The Four Seasons*

The Four Seasons

Classical Series

Sip and Enjoy!
A Fun and
Elegant Evening.

Generously Sponsored by Paulette & Henry Matson · The Wolfe Foundation

Saturday, February 25, 2023 | 8PM
Indoor Picnicking Starts at 6:30PM | Long Beach Arena

POPS SERIES
Music. Dancing. Picnicking.

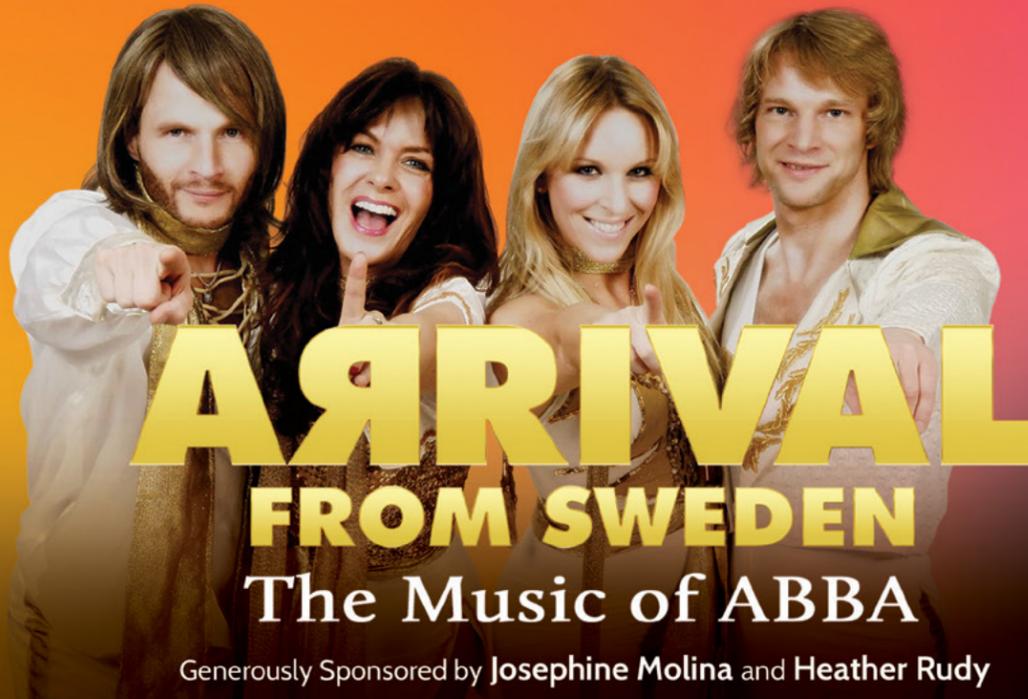
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COMMUNITY

AMERICAN LATINO CLUB

Valentine-themed meeting will be held on Thursday, Feb. 9

The American Latino Club will meet on Thursday, Feb. 9, at 11:30 a.m. in Clubhouse 3, Room 2. The Valentine-themed lunch menu will consist of lasagna (vegetarian or meat), a slice of garlic bread, a green salad, drinks (lemonade, hibiscus water, coffee or tea), and a Valentine cookie. The club will also hold a 50/50 raffle.

The cost for the lunch is \$10 per person and \$12 for guests, payable to club Treasurer Carmen Edwards, either by mail or dropping it off at 1240 Oakmont Road, Apt. 52-K, Seal Beach, California, 90740. Make checks payable to American Latino Club. Payment must reach Carmen by Friday, Feb. 3.

Members will be contacted by email or phone to provide their lasagna choice or may bring their own lunch/drink.

For more information, call Carmen at 562-431-4257.

In honor of Valentine's Day, members may voluntarily perform a dance, sing, share an anecdote or memory, recite a poem, etc. A karaoke machine and CD player will be available. The annual \$5 membership dues will also be collected. Those who paid in December will not need to pay again.

—Miryam Fernandez



The Filipino Association of Leisure World celebrated the birthdays of club members who were born in January.

FALW

Members plan events for the year at recent meeting

The Filipino Association of Leisure World (FALW) held its first meeting of the year in Clubhouse 3, Room 1, on Jan. 8. The president's agenda for the year was discussed.

Members overwhelming approved the cancellation of the annual Valentines' Dinner and Dance. The club will continue the sponsorship of the Veterans' Picnic on Saturday, July 1, at the Clubhouse 1 picnic grounds and the Anniversary-Luau Dinner

Dance on Saturday, Sept. 2, in Clubhouse 2. All other events are put on hold until further discussion.

Other matters resolved during the meeting was increasing the annual membership fee from \$5 to \$10 year. The members of the food group will also be re-aligned to accommodate new members.

Members of the FALW who are celebrating their birthdays in the month January were hon-

ored with a grand feast during the meeting.

FALW is an inclusive club that invites and welcomes all residents to join.

FALW also holds bingo games every third and fifth Sundays of the month. The next bingo game will be held on Sunday, Jan. 15, in Clubhouse 2. The doors will open at 1 p.m.

The club's next meeting will be held on Sunday, Feb. 12, in Clubhouse 3, Room. 1.

CERT training begins Feb. 7

Are you ready in for an emergency? Join the Community Emergency Response Team (CERT) training starting Tuesday, Feb. 7, from 6-8 p.m. The class will be held on Tuesdays and Thursdays for six weeks.

LWCERT is a club of residents who are trained to help selves and others in an emergency. During the training, people will learn to:

- Plan for emergencies, power outages, and earthquakes.
- Protect themselves and others.
- Learn skills such as basic first aid, use a fire extinguisher, and react in an emergency.
- Recover after a disaster.

Call Eloy Gomez for information at 562-431-6586, ext. 356.

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SUNSHINE CLUB

Pharmacist will join club on Jan. 20

Pharmacist Naomi Banh will join the Sunshine Club on Friday, Jan. 20 to speak about update on the new pneumococcal vaccines.

Banh is currently a pharmacy resident with Ralphs Pharmacy and Western University of Health Sciences, with an emphasis on community pharmacy practices. She graduated from the University of California, Irvine with a bachelor degree in pharmaceutical sciences and went on to pursue her Doctor of Pharmacy degree at Western University of Health Sciences. Banh has a passion for giving back to the community, providing high-quality patient care, and medication management. She looks forward to providing educational information to promote healthy living and safe use of medications at the meeting.

All residents are welcome to join the meeting. The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served.

The Sunshine Club began in January 2012 with the mission of "Building Bridges For A Brighter Leisure World." The club frequently invites guest speakers from Leisure World's GRF departments so residents could get familiar with each system within the community. The club also invites guest speakers from outside LW.

For more information, text 562-301-5339.



Naomi Banh

Concerned Shareholders

The Concerned Shareholders Club is going to have guest speakers from Frontier at its next meeting on Thursday, Jan. 26, in Clubhouse 3, Room 2, at 1 p.m.

The representatives will show the group how LWers can save money on internet, TV and telephone services. People are encouraged to bring their bill for profession evaluation. Frontier also participates in the Federal Affordable Connectivity Program (ACP). It is a long established company that has already installed all equipment and is function in all the Mutuels.

Democratic Club

by Mary Larson
LW contributor

Seal Beach City Council candidate Mariann Klinger will be the speaker at the LW Democratic Club membership meeting on Jan. 25. The meeting will again be held in Clubhouse 3, Room 9, at 1 p.m. Club members and supporters can join the meeting in person or Zoom. To receive a Zoom link email lwsbcecmocraticclub@gmail.com.

The LW Democratic Club is supporting Klinger in the Jan. 31 District 5 runoff election. Her previous work experience including work on the City planning commission, and LW's Security Department helps her understand the community's needs.

This is a very important election. As the city's legislative body, the City Council is responsible for establishing goals and policies, enacting legislation, adopting the City's operating budget, and appropriating the funds necessary to provide service to the City's residents, businesses, and visitors. The Council also has appointment authority for positions such as city manager and for appointing citizens to various advisory committees.

This will be an all-mail-in ballot election. Unlike in recent elections, there will be no vote

centers for in-person voting. Ballots can be placed in the Leisure World drop box located in the Amphitheater's parking lot or returned by mail.

For more information about candidate Mariann Klinger, including how to help in electing her to the City Council, email democraticclubsblw@gmail.com.

Democrats are also reminded that Mary Tromp, immediate past president of the LW Club, is one of the 24 candidates running in an upcoming Democratic Party sponsored election. The Democratic Club is also supporting her re-election. Call 562-412-0898 for details.

For more in-depth reporting on issues, Democrats and their supporters can subscribe to the club's free electronic newsletter. People can subscribe by calling 562-296-8521 or emailing democraticclubsblw@gmail.com. The club asks people to include their party affiliation, phone number, street and email address when signing up.



Japanese American Club

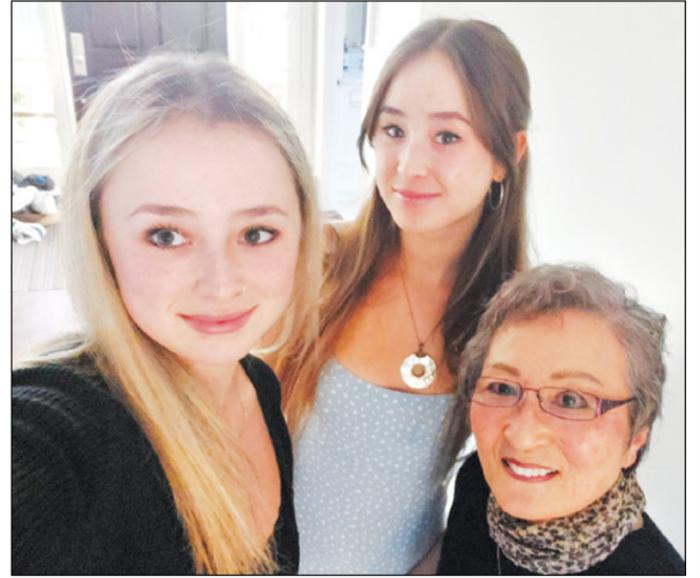
Last year, the Nikkei Club changed its name to the Japanese American Club.

The Club will hold meetings every other month beginning in February.

Yearly membership of \$10 are due. For more information, call Michie Kimura at 714-317-1102.

The LW Weekly
562-430-0534

Relatively Speaking



Mutual 5 resident Anna Derby (r) is proud to share one of her granddaughters, Rebekah Raphling, was accepted to New York University on Dec. 15. Rebekah is 17 years old, and her older sister Alexandra Raphling is a freshman at Berkeley in San Francisco. Rebekah is a senior and currently in her sixth Samohi Santa Monica High School Theater production. She was recently in "Singing In The Rain," "Clue" and "Legally Blonde" in her dream role as Shaha Romanoffski. Her latest role was to play Julia in the "1984" play in November.

American Legion Auxiliary

American Legion Auxiliary's mission statement is "In the Spirit of Service, Not Self." The mission of the American Legion Auxiliary is to support The American Legion and to honor the sacrifice of those who serve by enhancing the lives of veterans, active military, and their families, at home and abroad.

For God and Country, the American Legion Auxiliary advocate for veterans, educate citizens, mentor youth, and promote patriotism, good citizenship, peace and security.

American Legion Auxiliary welcomes those who have a serving heart and an undying respect for veterans to join the group. People can attend a meeting and fill out a simple membership form to be invited to a special orientation luncheon on how you join the group.

Auxiliary meetings are held every third Monday in Clubhouse 3, Room 1 at 1:30.

For Your Information

When there is doubt about LW policy or rules and regulations, residents should refer to their Occupancy Agreement, or direct questions to their mutual directors or GRF representatives.

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Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club will meet on Tuesday, Jan. 24, in Clubhouse 3, Room 1. President Juanita Townsend will call the meeting to order at 1:30 p.m.

The guest speaker will be Eloy Gomez, GRF Health and Safety Specialist. He is tasked with being sure all GRF buildings and public spaces are safe. Gomez will share how to handle an emergency in a clubhouse or on GRF property. He will also talk about earthquake safety. Those who know of a safety hazard in the community are encouraged to bring that information to share.

Members will be asked to pay the annual \$3 due. All Leisure World residents are invited to attend. People are reminded to make handicap bus reservations if needed.

For more information, call Sharon Kohn at 562-596-1969.



Eloy Gomez

How to place an obituary

The obituaries deadline is Monday at 1 p.m., prior to the desired Thursday publication date.

Obituaries that are received later than Monday will go in the following week's issue.

Email obituary notices to laurieb@lwsb.com with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call (562) 430-0534, ext. 801, or email laurieb@lwsb.com.

LW Library

The LW Library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. Computers and fax, copy and printing services are also available.

For more information, call 563-598-2431.

The LW Weekly
562-430-0534

OBITUARIES

Memorial Service

Henry "Hank" Lincourt

The family of Henry "Hank" Lincourt will hold a burial and memorial reception on Monday, Jan. 23. The memorial service will be followed by a military burial service at the Los Angeles National Cemetery, 950 S. Sepulveda Boulevard at 11:30 a.m.



The family will hold a memorial reception for Hank in Leisure World immediately following burial service from 1:30-5 p.m. in Clubhouse 3, Room 2. All of Hank's friends are welcome to join.

People can RSVP to Jennifer Lincourt at jmarie841@gmail.com or 310-487-9541.

Raymond Robert

"Bob" Fitzpatrick 1937-2022

Raymond Robert "Bob" Fitzpatrick, 85, was born in Chicago, Illinois, on Feb. 24, 1937, and died peacefully in



Orange County, California, in the presence of his loving family on Dec. 30, 2022.

In 1944, Bob, along with his sister Vivian and their parents Raymond and Margaret, moved from Chicago to Long Beach, California, where Bob attended several schools some of which included St. Matthews Elementary School, Jefferson Middle School and Wilson High School. Bob joined the U.S. Army in 1955 and was assigned to the 11th Airborne Division, 503rd Regiment, in Munich, Germany. He was honorably discharged in 1958, having earned a Parachutes Badge and Good Conduct Medal. He returned to Long Beach, where he met his future wife Joan and was hired as a coach at St. Joseph Elementary School.

By the time Bob and Joan married in 1959 at St. Joseph Church, coaching had become Bob's other life's passion, inspiring "Coach Fitz" to take classes at Long Beach City College and California State University, Long Beach, where he eventually earned a bachelor's degree in recreation studies with a minor in coaching, while his family grew to include Coleen, Tim and Shawn. In 1970, Bob and Joan opened University Trophies, a business that allowed them to combine their love for sports, family, and community. While Bob coached, Joan ran the day-to-day production, and today, 52 years later, University Trophies is still a thriving, family-owned business.

Bob went on to become the athletic director for the Los Angeles Archdiocese—Catholic Youth Organization (CYO), overseeing the Sports Department for 180 plus Catholic

schools. After retiring from CYO, he returned to St. Joseph Elementary School, this time as a volunteer coach, and in 2006 he led the 7th- and 8th-grade flag football team to an undefeated season and the CYO championship.

For the past 25 years, Bob and Joan enjoyed living in Leisure World (11 years in Mutual 15, past 14 years in Mutual 7) spending time with family, and—of course—cheering on their favorite teams, most notably Notre Dame Football. Bob was a proud recipient of many honors and recognitions, including a Proclamation by the City of Long Beach, the Long Beach Century Club Ernie G. Pollman Memorial Award, Catholic Charities Employee of the Year, CYO Hall of Fame and Legends Sports Bar Wall of Fame. Lastly, St. Joseph Elementary School paid the ultimate tribute to Coach Fitz by naming the school's athletic field "Fitz Field."

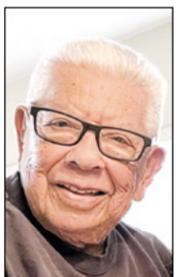
Bob is survived by his wife of 63 years, Joan Fitzpatrick; daughter Coleen (Fitzpatrick) Followell; sons Tim Fitzpatrick and Shawn Fitzpatrick (Carrie Fitzpatrick); sister Vivian Kiley; granddaughter Shauna Followell; and countless others whose lives he touched. Bob leaves behind a legacy of love and invaluable life lessons, and he will live in our hearts forever.

A funeral mass will be held on Saturday, Feb. 4, at 11 a.m. at St. Joseph Catholic Church, 6220 E. Willow St., Long Beach, CA 90815 with an off-site reception to follow.

In lieu of flowers, donations can be sent in Fitz's memory to St. Joseph Elementary School in Long Beach.

Guillermo (Bill) Ugaz 1931-2022

Guillermo (Bill) Ugaz, a 25-year resident of Leisure World, died Dec. 24 at Los Alamitos Medical Center with his family by his side.



Born in Chiclayo, Peru, Bill moved to the United States in 1963. He, his wife, and daughters moved from New York to Florida and finally to California. Bill worked as a computer operator and retired in 1996. In 1997, he moved from Sacramento to Leisure World where he found many friends, happiness and joy. Bill loved being near the beach which brought back memories of his home in Peru.

He loved his family and enjoyed going to many family events, such as birthday parties, graduations, basketball games, baseball games, swimming events, gymnastics, and pageants.

Bill is survived by his wife, Rosa; three daughters, Lily, Carmen and Caroline; and six grandchildren.

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ARTS & LEISURE



Keiko Kawamoto (l-r) and Yoshiko Kishi perform with the band Kapakahi.

Hui O Hula

Both Keiko Kawamoto and Yoshiko Kishi are exceptional hula dancers and have been with Hui O Hula, the LW Hawaiian dance club, from the get-go. Not only do they share the same passion for hula dance, but they also have their birthdays in January.

Young Yo was trained in buyo, the Japanese classical dance. She joined clogging, line dance, and hula as soon as she and husband Roy moved into Leisure World.

Keiko is a naturally gifted hula dancer. Instructor Jojo Weingart thinks it is because her mother was born in Hawaii; so was her husband, Clyde. Weingart is grateful for Yo and Keiko because they happily share their hula knowledge and even help teach the beginners in class.

New class subject is Roselani Blossom, composed by John K.

Almeida. Roselani is the bud of the lokelani rose, also known as the damask rose, which is established and designated as the official flower of the island of Maui. The composer is inspired by his love for a woman who is as beautiful as roselani. Dancers are having fun learning to tell Almeida's story/lyrics with their hands and facial expressions.

Classes are given on Tuesday and Thursday afternoons from 1 p.m. Tuesday's class is held in Clubhouse 6 upstairs. Thursday's class is held at the Veteran Plaza; or inside Clubhouse 3 during extreme weather. Hula should be danced barefoot. Otherwise wear socks or soft booties for practice.

All—including men—are welcome. Call 562-431-2242 or email jojo@huiohula.com for more class information or to book a show.

—Jojo Weingart

Valentine's Dinner Dance returns Feb. 14

The GRF Valentine's Day Dinner Dance, slated for Tuesday, Feb. 14, will return this year after a three-year hiatus due to the COVID-19 pandemic.

The romantic not-for-couples-only evening will begin at 6 p.m. in Clubhouse 2, with a sumptuous dinner of chicken piccata, garlic mashed potatoes, steamed vegetable medley, Sonoma salad and chocolate mousse for dessert, catered by Country Gardens Caterers.

Music and dancing will be provided by Anthony and Doniele Bernasconi, whose repertoire runs the gamut from Frank Sinatra and Marvin Gaye to Billy Joel, James Brown and Michael Bublé.

Anthony wowed the amphitheater audience last season with his Bublé tribute show and Doniele is an artist in her own right with her country classics renditions. Their versatile and engaging style draws the audience into the fun and gets the house rocking.

Residents are encouraged to book early, as this event always sells out and seating is limited. Tables may be purchased by groups of eight, subject to availability. Tickets are \$40 per person or \$300 for a table and are available at the Recreation office in Building 5.

For information, contact Mayoka Bassell at 562-431-6586 ext. 476 or email mayokab@lwsb.com.

Weekend dances coming up in January

On Saturday, Jan. 28, Abilene returns to Clubhouse 2 at 7 p.m. Abilene is Seal Beach Leisure World's #1 country rock band going strong for 20 years. Terry Otte leads Abilene and shares singing duties with Tina Schaffer. Guitarist Rod Anderson, bassist Doug Decker and drummer Jim Greer round out the group. Doors open at 6:30 and music goes until 9.

- Masks are no longer required regardless of vaccination status but are strongly recommended.
- No table saving. People may bring their own snacks.
- Attendees must be out of the clubhouse no

later than 10 p.m. to permit adequate time for the custodian to tear down the setup and arrange the setup for the following day.

- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.
- Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of your favorite bands.

—Kathy Thayer

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Helen Schultz

Community Karaoke

It was a full house for karaoke Wednesday enjoying the music and the animated singers. It was a happy night as people listened to "Treat Me Nice" sung by Vito Villamor and "Love Portion No. 9" by Karen Morris.

Wayne Urban was a hit with "Old Dogs & Children." "Mr Bojangles" was fun for Donald Horning.

Changing the pace was Susan Kelleghan's beautiful "Lost Without Your Love" and Anna Le's "Winner Takes It All."

Bob Barnum's "Best of My Love" captured the audience. First time singers Randi Allen and Leslie Wickman were applauded and encouraged.

Glen Brazeal did fine with a showtune "It's Impossible." Helen Schultz sang a popular gospel hymn "In The Garden."

The annual Country-Western Jamboree night is Jan. 25. Polish your boots to kick up your heels and don your cowboy hat. The audience can look forward to some toe-tappin' music. There will be treats to eat.

The club thanks Essie Hicks, Barbie May and others for their help with the karaoke potluck held last week.

Over 65 happy folks clapped and were charmed by the enthusiasm of the singers and enjoyed the rhythm of the music.

Karaoke is held in Clubhouse 1 beginning at 5:30 p.m. each Wednesday.

A casual practice session on Monday in Clubhouse 6 is from 1-3 p.m. Everyone is welcome.

—Margie Thompson

Bunco Club

The Monday Night Bunco Club results on Jan. 9 were: Sandy Weisenstein, most buncos; Cheryl Richardson, most wins; Diane Seeger, most babies; Joyce Ingram, most losses; and Suzanne Frank was the door prize winner. The next meeting will be held on Jan. 23.

The club meets the second and fourth Monday of every month in Clubhouse 3, Room 1. Play begins at 6 p.m. sharp.

All LW residents and their guests are welcome. Bunco is an easy dice game and a lot of fun.

A halftime social is held for all attending.

For more information, contact Gail Levitt at 562-596-1346.



Participants in the Saturday Morning Dance Class pose for a photo. Two dance classes are held every Saturday in Clubhouse 6, Section C, at 9 a.m. and 10 a.m. In January, Candice Davis will teach East Coast swing on Saturdays at 9 a.m. and foxtrot at 10 a.m. to the Saturday Morning Dance Class group. New topics are voted on each month. Each class is \$7 per person. Partners are not needed.

KOREAN WOMEN'S SINGALONG CLUB



The Korean Women's Singalong Club was founded in March of 2012. The group meets on the first, second and third Wednesdays of each month in the Clubhouse 3 Lobby at 2 p.m. For more information, contact Joann Lim at 909-762-5393.

Pinochle Club

The winners on Dec. 26 were: Marge Dodero, first, 11,930; Julia Inree, second, 9,660; Jim Kasper, third, 9,580; and Oscar Moya, fourth, 8,720.

The winners on Dec. 29 were Marilyn Allred, first, 10,980; Oscar Moya, second, 10,080; Irene Perkins, third, 9,930; Lynne Sorum and Jean Sudbeck, tied for fourth, 9,890.

The winners on Dec. 5 were: Susanne Tester, first, 11,930; Don Walton, second, 11,070; Marilyn Allred, third, 10,980; and Nita Dixon, fourth, 10,220.

On Jan. 7, the winners were: Antonia Zupanich, first, 11,030; Peggy Kasper, second, 10,740; Marge Dodero, third, 10,250; and Ruth Bonnema, fourth, 10,190.

The winners on Dec. 9 were: Gene Smith, first, 11,990; Marilyn Allred, second, 11,330; Peggy Kasper, third, 10,950; and Irene Perkins, fourth, 10,780.

The Pinochle Club meets on Mondays, Thursdays and Saturdays between 11-11:30 a.m. in Clubhouse 1.

—Marge Dodero

Cribbage Club

Last Tuesday, 46 Cribbage Club members enjoyed cake and ice cream supplied by Linda Smith. Margaret Smith and Sharon Rutigliano made sure that everyone got their fill.

Winners for the day were: first place: Drew Sargent with a score of 836; second place: Julie Milburn with 832; third place: Jack Hawn with 828; and fourth place: Maureen Habel with 824. Russ Gray lost all seven games played.

Seven games are played each Tuesday in Clubhouse 1 beginning at 12:30 p.m. and ending by 4 p.m.

Refreshments to celebrate birthdays or other special occasions are donated by members and served at noon.

Those who want to learn how to play cribbage, brush up on the game or learn more about the club should call and leave a message with Terry Thrift at 714-394-5885.

Dues of \$5 are now being accepted for 2023. Stop at the check-in desk before play begins next Tuesday.

—Marilyn Chelsvig

Duplicate Bridge

East/West winners in the six-table game on Dec. 30 were Ellen Kice and Russ Gray with a 71.25% game; second were Suzanne Richmond and Dave Carman, 54.38%.

North/South winners were Larry Slutsky and Bob Goldstein, 57.29%; second were Sue Fardette and Fred Reker, 53%.

Fred Reker and Russ Gray were the East/West winners in the five-table game on Jan. 5 with a 63.38% game. North/South winners were Larry Slutsky and Shmuel Fisher, 57.29%.

With a 63% game Linda Nye and Marilyn McClintock were East/West winners in the eight-table game on Jan. 6; second were Fred Reker and Sue Fardette, 56.4%; third were Judy Jones and John Hagman, 54.52%. North/South winners were Russ Gray and Ellen Kice, 54.96%; second were Emma Trepinski and Dave Carman, 54.86%; third were Sibyl Smith and Diane Schmitz, 53.22%.

Howard Small and Larry Slutsky were the North/South winners in the nine-table game on Jan. 9, with 62.38%, second were Larry Topper and Frances Gross, 61.92%; third were Joan Tschirki and Priscilla Caillouette, 51.27%.

East/West winners were Shmuel Fisher and Thad Mikols, 66.52%; second were Bill Brooks and Sue Fardette, 59.68%; third were Glenn Barry and Ellen Kice, 50.35%.

Games are played on Monday, Thursday, Friday and Saturday afternoons in Clubhouse 1 beginning at 12:30 p.m. Players are asked to arrive no later than 12:15 p.m. to confirm their reservations.

Reservations can be made at any game using the sign-up sheets or by calling Linda Nye at 562-453-6678 or emailing her at yuelingnye@yahoo.com no later than 10 a.m. on game day.

—Gene Yaffee

Yahtzee Club

On Jan. 6 the winner for most Yahtzees was Karen Riner. The winner for high score was Sandy Weisenstein. The low score went to Margaret Des Rochers and the door prize went to Doris Dack.

The Yahtzee Club meets the first, third and fifth Fridays of every month in Clubhouse 3, Room 6.

Yahtzee is a fun game and the club welcomes new players. For more information contact Diane Seeger at 562-533-5997.

—Diane Seeger



Lu DeSantis (back row, l-r), Martha and Frank Destra, Jackie Hildebrant (front row, l-r) and Sherie Vanek.

Doo Wop Club

Let the Good Times Roll will hold a Winter Country Dance with live music by Whiskey Hayride in Clubhouse 2 on Saturday, Jan. 21. Doors open at 6:30 p.m. and the show starts at 7. The dance is free to LW residents and their guests.

The Doo Wop Club graciously asks for donations to help offset costs so it can bring more fun to the stage all year.

Learn more about the club by becoming a virtual fan on the club's Facebook group page. Those interested in joining Doo Wop as a performer or as a club "extra" should talk to club President Frank Destra or Vice President Lu DeSantis at the dance.

People are invited to polish their boots, wear their finest cowboy jeans, grab that Western style shirt, put on your cowboy hat and get ready to dance.

—Lu DeSantis

Donated instruments making music in Seal Beach schools

Giving old instruments new life has become an unexpected hallmark project for the Seal Beach committee of the Philharmonic Society of Orange County.

Over 50 instruments have been donated, repaired and are giving young students the thrill of participating in school orchestras and bands in local schools. These repaired instruments include trumpets, violins, cellos, trombones, clarinets, a bass, flutes, saxophones, guitars and a viola.

Many of these donations have come from former students who received an instrument which changed their lives. They wanted other young students to have the opportunity and privilege they did.

Those with an unused instrument may donate it to the group to receive tax receipt. For more information, call Virginia Fraser at 562-596-8591 or email her at CVF1955@gmail.com.

The group strives to provide exceptional music education programs in local schools. These programs engage and inspire students to develop a life-long appreciation of music and the power it has to connect and enrich lives. Those interested in joining the committee or volunteering should contact Fraser.



Top place award winners at the LW Art League's monthly competition held on Jan. 10 were Carol Levine (l-r), Shel Magnuson and Marilyn Jonas.

Art League

Despite the storm and rains, the LW Art League meeting on Jan. 10 was surprisingly well attended. The demonstrator and judge at the meeting was art professor Katie Stubblefield, who also teaches NOCE painting classes in Leisure World. At the meeting, Susie Ralston announced that she is stepping down as president of the LW Art League but will temporarily stay on if nobody comes forward to succeed her as president. Jay Young, the vice president of programs, is

also stepping down but will temporarily stay on until a successor for his position is found. He will also serve as LW Art League co-president and will assume Ralston's duties and responsibilities in her absence. Lucie Garabedian joined as new member and 2023 membership renewal dues were also collected at the meeting. At the Jan. 10 meeting, Shel Magnuson won best of show. In masters, Carol Levine took first place, Rosie Grogan took second, and Carmen Leslie

took third. In the intermediate/advanced section, Marilyn Jonas won first, Judy Sherratt won second, Pamela Lynn Farnell won third, and Diana Harrison got an honorable mention. In the three-dimensional, digital and mixed media section, Ramayana Baba won first, Linda Frysinger won second, Racquel Tal won third and Baba received an honorable mention. The popular vote winner was Marilyn Jonas.

—Larry Sioson

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HEALTH & FITNESS



Henrietta Pevy

Wa-Rite

Henrietta Pevy was the biggest loser of last week of December with a loss of 3 pounds. Total loss for the month of December was 15.5 pounds. Linda Rich was the queen of the month with a loss of 4.5 pounds.

Total weight loss for the week of January was 4 pounds. Joyce Brannon lost 3 pounds.

Members voted for the meetings to begin an hour later, at 10 a.m., in the same location Clubhouse 3, Room 1. Weigh in is from 9-9:45 a.m.

The club's motto for the new year is to start the year with a greater mindset.



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24-Hour Nurse:
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The LW Bicycle Club members enjoyed the ride to Shoreline Village in Long Beach on a beautiful SoCal winter day.

Bicycle Club

Join the LW Bicycle Club for a healthy ride on Sundays (with breakfast) to El Dorado Park on Mondays, Wednesdays and Fridays. The group meets at the North Gate at 9 a.m. Everyone must be wearing a bicycle helmet and safe shoes. Call Mary Romero at 562-810-4266 for additional details.

Members also enjoy happy hours, dining out, pickleball and playing Rummikub.

In response to several requests, the club is starting a group for slower riders. Contact Lucy Czra at 818-209-5075 for more information.

Joyful Line Dance

Joyful Line Dance Club meets on Thursdays in Clubhouse 6 upstairs, from 10:30 a.m.-12:30 p.m. It has multiple leaders who take turns leading the class. They are Albert Comia, Connie Peck, Daisy Ramos, Chung Cha Lewis, George Pinada, Sunny Kim, Caryn Stel and Anna Derby.

Each class begins with a warm up dance with Peck and continues with cha-cha, rumba, West Coast swing, electric slide, cumbia, fox trot, samba, disco, tango, salsa, merengue, boogie jive, swing, and waltz with Tennessee waltz, led by Comia. Occasionally, Lewis and Pinada take the lead to demonstrate new dance moves for the members. Everyone was happy to see their dance family after



Peter Lim (l-r), George Pinada, Albert Comia (class leader), David Powell, Nak Soo Kim, and Chung Soo Im.

a two-week break and holiday festivities. The club appreciates its leaders and members for continuous attendance and support.

For safety, classes are limited

to 35 people on a first-come, first-served basis. Face masks and exercise shoes are strongly recommended. No membership

or registration fees are required, but donations are welcome.

For more information, text 562-301-5339.

We would like our patients to meet our new associate Dr. Taylor J. Sant

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Ella J. Chen, D.D.S. ADA, CDA, Over 10 years experience



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SB Senior Lunch Program

Meals on Wheels Orange County partnered with the city of Seal Beach to host a senior lunch program at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, from 11 a.m.-noon, Monday-Friday. Sugar free desserts and water-packed fruits are available.

The program is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome, even if a contribution is not possible. Guests under 60 pay \$5.

The menus are available online at <https://www.mealsonwheelsoc.org/wp-content/uploads/2022/12/C1-January-Menu-2023-FINAL.pdf>.

Thursday, Jan. 19

Pork tenderloin with honey garlic sauce, brown rice, collard greens, whole wheat dinner roll and sugar free custard.

Friday, Jan. 20

Cream of carrot soup with sugar free crackers, Mexican tuna salad, barley mango salad, whole wheat dinner roll and pineapple chunks.

Monday, Jan. 23

Pork tenderloin with sweet and sour sauce, egg roll, chow mein noodles, oriental vegetable blend, sugar free mandarin orange gelatin with fortune cookie.

Tuesday, Jan. 24

Crumbled beef bolognese sauce with penne pasta, Italian vegetable blend, whole wheat dinner roll, orange juice and sugar free custard.

Wednesday, Jan. 25

Spinach mushroom quiche, sweet potatoes, winter vegetable blend, blueberry muffin and canned peas.

SBTV Fitness

The following weekly exercise classes air 24/7 on SBTv-3 via TWC Spectrum CH3, Frontier Fios CH37 and online streaming at sbtv3.org/schedule.

- Sunday**
5:30 a.m.: Feeling Fit (1 hr)
6:30 a.m.: Silver Age Yoga (4.5 hrs)
- Monday**
6:30 a.m.: Feeling Fit (1 hr)
8:30 a.m.: Silver Age Yoga (4.5 hrs)
Noon: Silver Age Yoga (2.5 hrs)
- Tuesday**
7:30 a.m.: Feeling Fit (1 hr)
11 a.m.: Yoga for All Ages (30 mins)
- Wednesday**
5:30 a.m.: Yoga for All Ages (30 mins)
6 a.m.: Feeling Fit (1 hr)
7:30 a.m.: Silver Age Yoga (3.5 hrs)
- Thursday**
6:30 a.m.: Silver Age Yoga (4.5 hrs)
8:30 a.m.: Feeling Fit (1 hr)
Noon: Feeling Fit (1 hr)
- Friday**
6:30 a.m.: Silver Age Yoga (4.5 hrs)
8:30 a.m.: Feeling Fit (1 hr)
- Saturday**
6:30 a.m.: Silver Age Yoga (4.5 hrs)
8:30 a.m.: Feeling Fit (1 hr)

Vitamins and minerals for older adults

Reports show that 98% of adult supplement users are taking vitamins and minerals. Individuals considering supplements should always discuss them with their physicians prior to including them in their health regimens.

- Vitamin A plays an important role in vision, keeps tissues and skin healthy, and is also involved with bone growth.
- Vitamins B1 and B3 help convert food into energy, and is essential for brain health and nerve function.
- Vitamin B2 works with other B vitamins by promoting growth and the production of red blood cells.
- Vitamin B5 helps make lipids, neurotransmitters, steroid hormones, and hemoglobin in the body.
- Vitamin B6 may reduce the risk of heart disease and helps convert tryptophan into niacin and serotonin, a mood-regulating neurotransmitter.
- Vitamin B9 may lower risk for colon cancer.
- Vitamin B12 is important for metabolism and energy production, and helps form red blood cells and maintain the central nervous system.
- Biotin helps to metabolize proteins and carbohydrates. It also promotes healthy bones and hair.
- Vitamin C promotes healthy teeth and gums, and helps the body absorb iron. It may also boost the immune system to help with illness prevention or recovery.
- Vitamin D is made in the body after spending time in the sun. It also helps the body absorb calcium that is vital for healthy bones and teeth.
- Vitamin E helps the body form red blood cells and use vitamin K. Scientists also are studying a potential relationship between vitamin E and a lower risk for Alzheimer's disease.
- Vitamin K activates proteins and calcium essential to blood clotting. It also may help prevent hip fractures.

-MetroCreativeConnection

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

- Thursday, Jan. 19**
Baked turkey ziti, whole grain roll, California blend vegetables, pineapple with mango, turkey, ham and cheese sandwich with lettuce, tomato and pickle plus three bean salad.
- Friday, Jan. 20**
Teriyaki chicken, brown rice, oriental vegetables, almond cookies and fortune cookie, chicken Caesar salad with lettuce, cheese, croutons, Caesar dressing and crackers.
- Monday, Jan. 23**
Homemade meatloaf with mushroom gravy, mashed sweet potatoes, peas and carrots, oatmeal cookies, egg salad sandwich with spinach and tomato plus homemade macaroni salad.
- Tuesday, Jan. 24**
Barbecue chicken leg and thigh, mashed sweet potatoes, seasoned broccoli, pears with cinnamon, spinach salad with chicken, mandarin oranges, dried cranberries, feta cheese, vinaigrette dressing and crackers.
- Wednesday, Jan. 25**
Corned beef, boiled potatoes, seasoned cabbage, banana, turkey and cheese sandwich with lettuce, tomato and pickle plus carrot and raisin salad.

SCRABBLE G R A M S SOLUTION

B ₃	A ₁	L ₁	L ₁	B ₃	O ₁	Y ₄	RACK 1 =	92
D ₂	A ₁	Y ₄	L ₁	O ₁	N ₁	G ₂	RACK 2 =	62
A ₁	C ₃	R ₁	Y ₄	L ₁	I ₁	C ₃	RACK 3 =	64
P ₃	A ₁	N ₁	N ₁	I ₁	S ₁	T ₁	RACK 4 =	59
T ₁	E ₁	N ₁	F ₄	O ₁	L ₁	D ₂	RACK 5 =	62
PAR SCORE 260-270							TOTAL	339

Puzzle Answers

Puzzle pages 6-7



Crossword Answers

S	P	A	M	S	T	O	T	O	H	A	D	O	N	L	I	S	A							
A	L	L	O	T	E	R	O	S	I	G	I	V	E	I	R	A	N							
G	O	O	A	S	H	E	L	L	L	E	V	I	T	A	T	I	N	G						
S	W	E	E	T	I	E	S	O	I	L	I	E	D	L	U	S	T	S						
					R	U	D	E	S	T	N	E	S	T	O	P	H	A	T					
Y	O	U	N	E	E	D	T	O	C	A	L	M	D	O	W	N								
I	T	L	L						R	Y	A	N				R	Y	E	G	R	A	S	S	
P	O	N	Y			F	A	A			D	E	S	P	I	S	E		A	N	T	E		
S	H	A				V	A	I	N	L	Y		P	E	P			S	C	I	O	N		
						C	O	U	L	D	I		L	E	T	S	G	E	T	I	O	N		
H	O	T	L	I	N	E			S	T	E	W	S		O	C	A	N	A	D	A			
A	B	R	A	C	A	D	A	B	R	A		P	A	R	O	L	E							
Z	A	I	R	E		S	O	U		S	A	D	D	L	E		F	C	C					
E	M	M	E		L	E	A	N	E	S	T	E	Y	E		S	I	L	O					
L	A	S	T	W	I	S	H			I	A	M	S		A	J	A	R						
						E	M	P	I	R	E	S	T	A	T	E	O	F	M	I	N	D		
U	N	S	A	F	E				I	N	S		R	E	P	R	O	S						
P	E	P	S	I		E	G	G	O	D	Y	E	S		H	E	A	P	S	O	N			
S	H	A	P	E	O	F	Y	O			B	A	D	R	O	M	A	N	C	E				
E	R	I	C		T	O	R	R	E		A	L	D	O		E	D	I	T	S				
T	U	N	A		C	R	O	S			Y	A	R	N		D	E	P	O	T				

Sudoku 1 Answers

6	9	8	3	2	5	7	1	4
4	7	5	6	1	8	9	3	2
3	1	2	4	9	7	5	8	6
5	3	7	8	6	2	4	9	1
8	4	1	9	5	3	2	6	7
9	2	6	1	7	4	8	5	3
1	5	4	2	3	9	6	7	8
7	8	3	5	4	6	1	2	9
2	6	9	7	8	1	3	4	5

The Basic Rules of Sudoku:
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

SILKY IGLOO MATTER SENTRY
 With so many cases on the docket, the court system was experiencing — TRYING TIMES

Sudoku 2 Answers

3	2	8	9	5	1	4	6	7
7	5	6	4	8	2	1	3	9
9	1	4	7	3	6	5	8	2
8	9	7	2	4	3	6	1	5
1	4	2	5	6	9	3	7	8
5	6	3	8	1	7	9	2	4
4	7	1	3	2	5	8	9	6
6	8	9	1	7	4	2	5	3
2	3	5	6	9	8	7	4	1

Guess Who?
 Pitbull

Crypto Fun Answers

A. slip B. grab C. lighting D. water

Boggle BrainBusters Answers

FIG DATE LIME PEAR LEMON PEACH APPLE APRICOT

Word-Find Answers

I	C	O	M	M	O	D	E	A	V	E	Z	T	T	A	Z	R	T	M	L
R	S	U	U	I	S	Y	G	Z	R	A	D	J	U	S	T	A	B	L	E
H	E	E	Z	L	A	I	S	U	C	I	K	B	W	R	R	E	D	F	P
H	O	C	I	B	N	O	T	I	K	T	I	F	E	H	K	E	V	V	T
Y	H	A	N	G	S	A	N	M	C	R	T	F	L	E	I	U	W	A	T
T	R	D	I	A	R	L	S	K	I	C	S	M	S	P	A	G	E	E	U
E	I	U	E	E	T	J	I	A	T	N	E	M	E	V	O	R	P	M	I
F	R	U	P	S	S	O	P	A	M	I	P	M	P	T	A	B	G	Y	
A	O	M	E	B	I	N	I	R	P	Y	A	M	G	N	I	L	L	A	F
S	E	J	S	M	R	A	T	S	V	E	O	S	I	G	P	K	I	U	T
T	H	H	O	K	H	H	R	C	S	S	R	Y	Z	Z	B	C	M	C	I
M	O	D	I	F	Y	K	S	D	D	A	K	Y	L	I	E	N	V	W	S
T	Z	M	W	U	T	G	G	W	P	S	W	V	S	C	A	L	D	K	M
G	K	M	P	I	L	S	N	O	N	N	O	I	T	U	A	C	E	R	P
G	S	E	I	H	K	V	S	L	S	M	E	E	D	P	V	G	A	P	R
A	P	S	N	M	I	K	N	P	H	R	V	S	H	O	W	E	R	N	G
E	J	E	B	S	T	E	P	I	N	C	A	S	R	E	S	I	R	U	D
D	I	A	N	H	D	V	I	D	I	A	P	B	P	D	I	H	L	E	I
O	O	T	G	R	P	E	M	O	O	R	H	T	A	B	B	E	P	U	B
S	E	Y	N	D	S	A	G	B	H	T	A	S	K	S	D	J	R	J	R

SPORTS & GAMES

Men's Golf League

After a number of weeks not playing due to inclement weather and poor golf course conditions, eight golfers from the Men's Golf League resumed play on Jan. 9 at the 6,000-yard, par 71 Willowick Golf Course in Huntington Beach. At the 7 a.m. tee time it was in the low 40s with soaking wet fairways and a damp morning. The skies were overcast, with no sun during the round and a slight breeze. The weather and wetness were a major factor in the above average scores.

This course has had great greens, but fairways and tee boxes are still undergoing much needed maintenance. The continuing early morning dampness has produced many challenges for the golfers everywhere over the last few months. The weather and course conditions only allowed two of the nine golfers to shoot net under par, plus there were no closest to the pin shooters this week. Bill McKusky had fewest putts, and there were no birdies.

Winners: First place: Bob Munn, an excellent 2 under 69; second: Sam Choi, a well-played 1 over 70; third: Tom Ross, a nice 1 over 73; fourth: McKusky; fifth: tie between Gary Stivers, Gene Vesely, and Fujio Norihiro.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and Eagles (2 under par), although infrequent, are generously rewarded. Those interested should contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia



Dan Conley (l-r), Patti Kilian, Marsha Stamper and Estee Edwards.

Bocce Club has openings on Thursday team

Bocce is a ball sport developed into its present form in Italy. It shares a common ancestry from ancient games played in the Roman Empire. In bocce, players or teams, roll their bocce balls toward a smaller target ball called a pallino. The goal in bocce ball is to get your bocce closest to the pallino. This sport is very popular in senior communities as bocce ball is a sport that is not defined by physical strength.

The Bocce Ball Club is getting up and running for a great winter league. Each league runs for

seven weeks. Teams are currently forming for some exciting and rousing competition!

The bocce club is comprised of Leisure World residents that are friendly, fun and supportive of each other.

The club has one opening left for a Thursday afternoon team and it is starting a waiting list for people who want to join a bocce team when there is an opening. Those who want to join should call Rhonda at 714-904-6458.

—Peggy Lynch

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SEAL BEACH SA-RANG CHURCH

주일 :11:00 AM
(CLUB HOUSE 3 LOBBY)

수요: 6:00PM
(ROOM #1)

담임목사: 이 정 현
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Sandy Derouin (center), a Tuesday evening league player, has volunteered to assist the Friday morning league by substituting as needed. Friday morning league players, Dolores Cook (l) and Red Ryals (r), appreciate substitutes for league play to avoid having to forfeit games.

Shuffleboard Club

High energy abounds at the Courts Building with the Friday morning league playing on all six courts every week and the Tuesday evening league generally having four players with the opportunity to play a non-competitive game before their scheduled league game.

Team captains have reported the response from players is that the season has started with fun and camaraderie in excellent form.

With colds, flu, and other maladies prevalent this winter season, substitutes for league players who cannot participate any given week are vital to the success of league competition.

Already, at least one morning of league play saw five players unable to attend due to health concerns. With the help from the Tuesday evening league players Sandy Derouin and Karen Mendon, the competitive games continued without any forfeited games. A potential substitute list is being created to keep all games for the season on schedule.

The Tuesday evening league played their first games on Jan. 10 with the Hot Shots—captained by Jack O'Brien—and the Night Sliders—captained by Sally Fowler—competing. The Night Sliders dominated the night, winning 10 of 12 games with six all-game winners: Roger Bennett, Sally Fowler, John Mount, Mick O'Connell, Zoe Pickell and Red Ryals. The Tuesday league played their second game on Jan. 16 and their results will be included in next week's article.

The Friday morning league played on Friday, Jan. 13, with no particularly bad luck. In fact, Sung Yi luckily showed up to substitute, which prevented a forfeited game. The club thanks all the people being flexible enough to play where a substitute is needed. The two winning teams from the previous week, the Hot Rods and the Smashers, tied with six wins each. The All-Game winners included Smashers Kay Mount and Roger Bennett and Doris Morton for the Hot Rods. The Bumpers and the Flying Disc's met and the Bumpers dominated, winning eight of 12 games. The all-game winners for the Bumpers included Nancy Reid, Carol Schubeck, Dan Habel and Carol Johnson. John Mount represented the Flying Discs as an all-game winner.

Regularly scheduled open-play/pick-up games have resumed on Monday and Wednesday mornings from 9-11, free for all club members and any interested LW residents. For those wanting to practice in the evenings, the courts are open from 6-8 on Tuesday evenings. For more information, call or text Kay Mount at 775-527-0426.

—Kay Mount

Table Tennis Club

On Jan. 10, the Table Tennis Club had an orientation for free table tennis lessons. There was lots of interest with 55 members in attendance. During the orientation, club President K.C. Park provided an overview of the lessons, while Vice President John Lee, assessed each member's skills and provided recommendations for lesson levels (beginner, intermediate, advanced). K.C. started lessons on Jan. 11. Lessons go from 5:30-8:20 p.m., Monday through Friday. 23 members signed up for K.C.'s classes and 13 members were assigned to John Lee.

Club Treasurer Yong Pin Choe began taking membership dues on Dec. 23. The club had a total of 114 members as of Jan. 10. The group's strong membership shows that Leisure World residents are interested in table tennis and they enjoy playing the active sport.

On Feb. 4, the club will host another table tennis tournament. Club members with February birthdays will be recognized at this meeting. For information about club activities, call K.C. Park at 714-204-2848 or email park.keechul@sbcglobal.net.

—K.C. Park

Pool Club hosts double elimination tournament

On Jan. 9, 16 players competing in the Pool Club's B and C Double Elimination 8 Ball Tournament. No "A" rated players were eligible to compete.

Players were randomly paired in the first round and the first set of games required two wins to advance in the winners bracket.

For the eight losers in the first round, their matches against each other were one and done, while those continuing in the winners bracket continued to be two games out of three.

After three rounds, Paul Shellenberger remained the only player in the tournament without a loss.

Paul won over John Burns and Jerry Wrenn defeated Connie Terry, who had come through the losers bracket with three straight wins to take fourth place.

Connie Terry was the highest finishing "C" player in the tournament.

Jerry Wrenn won his match with John Burns. That meant that John Burns finished in third place and Jerry Wrenn had to win two straight games from Paul Shellenberger to take first place, since this was a double elimination tournament and Jerry had lost one game and



John Burns (l-r), Connie Terry, Jerry Wrenn and Paul Shellenberger were the top four finishers in the B and C Double Elimination Tournament.

Paul hadn't lost any.

The first game was a defensive battle, but Jerry found an open table, ran his last two balls and made an easy shot on the eight ball.

So, it came down to one final game. That game was a difficult table, because many balls were tied up together with no pocket

to make them.

Finally, Paul Snellenberger made a nice bank shot in the corner pocket and played good position on the eight ball to win the game and take first place.

The B and C tournament has become an annual event which will be held again next year.

—Dave Silva

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 Joanie Korman (714) 308-8034	<p>(562) 594-0515 1900 St. Andrews Dr. , Suite C Seal Beach, CA 90740 BRE 00338699</p>		 BERKSHIRE HATHAWAY HomeServices California Properties		<p>(562) 431-2149 13926 Seal Beach Blvd. Seal Beach, CA 90740</p>		 Claudette "CC" Cooley 310-484-9600
 Estee Edwards 562-208-2540	Mutual 3 11K \$218,000 Drive-up location, upgraded in 2022	Mutual 1 68I \$225,000 Light & bright unit located by a beautiful greenbelt	Mutual 11 283D \$225,000 Great view from patio located on a fabulous greenbelt	Mutual 3 28C \$237,500 expanded, double pane windows, upgraded kitchen, good location	Mutual 4 79K \$239,000 great location. full expansion, cent.air, super price	Mutual 1 40D \$257,500 great greenbelt, enclosed patio, skylights, very nice	 Mike Varipapa 562-235-7413
 Leah Perrotti 310-889-6583	Mutual 9 210J \$284,000 Basic unit with new paint throughout	Mutual 1 20A \$330,000 corner, gorgeous green, new paint, new carpet, upgraded windows	<p>One-Bedrooms</p>		Mutual 9 230D \$349,900 full expansion, washer/dryer, skylight that opens, new paint	Mutual 11 273L \$359,900 corner, enclosed patio, dish washer, large skylights living room	 Bill Berman 714-606-5258
 Hanna Rubinstein 562-900-4243	 Jay Cho 714-944-4998	 Philip Bak 213-550-9991	 Fay Wescott 562-242-6162	 Tim Kearns 714-293-3950	 Yolanda Narro 562-400-0720	 Chris Kim 424-247-4542	 Gail Alonzo 562-673-6307

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DRE # 00744676



Sean Wood
Realtor®
DRE# 02186926

562 514-6613



Gloria Hadley
Realtor®
DRE # 01057681

M4-51L

\$599,000



Elegance and class describes this 2 Bedroom, 1 3/4 Bathroom fully expanded corner home. The Living Room has a built-in wall unit that includes and electric fireplace, TV and curio cabinet. Formal Dining Room, Kitchen, Hall and Bath has Italian tile flooring. Kitchen has upgraded appliances including stove, oven, refrigerator, double drawer dish washer, microwave, custom cabinets with granite counters and large skylight. Bathroom has Washer/Dryer, walk-in tile shower, added linen closet, custom cabinets and counters and skylight. Master Bedroom has walk-in closet and bay window with window seat with storage and a built-in TV cabinet. Second Bedroom has 3/4 bath, walk-in closet, Bay window seat with storage and ceiling fan. This lovely home features plantation shutters, crown molding, wide baseboards, double pane windows and central heat and AC throughout. Both Bedrooms and Living rooms are carpeted. Also featured is a leaded glass entry door. Outside storage cabinet, decorative rock siding and stone porch area



PENDING

Mutual 4-51D
Mutual 8-189D

SOLD 2022

- Mutual 14-17B
- Mutual 8-188H
- Mutual 8-189B
- Mutual 2-40J
- Mutual 2-49B
- Mutual 2-17G
- Mutual 9-59G
- Mutual 6- 117L
- Mutual 15-39A
- Mutual 10-258H
- Mutual 6-135I
- Mutual 10-258B
- Mutual 1-31E
- Mutual 5- 117L
- Mutual 12-61C
- Mutual 2-63H
- Mutual 3-4F
- Mutual 4-88G
- Mutual 2-3B
- Mutual 2-8C
- Mutual 10 -250J
- Mutual 11-286B
- Mutual 12-61A
- Mutual 11-286I
- Mutual 5-117G
- Mutual 2-46H
- Mutual 1-67E
- Mutual 4-49G
- Mutual 8-183G
- Mutual 11-285D
- Mutual 9-216H
- Mutual 7-164L
- Mutual 2-6G
- Mutual 11-285A
- Mutual 11-263A
- Mutual 4-49B
- Mutual 8-201L
- Mutual 2-6L
- Mutual 7-165E

M9-225C \$199,900



Don't miss out on this one bedroom one bathroom home that is priced to sell. The kitchen has built-in LW appliances including Stove, Oven, Refrigerator, and features a ceiling fan and skylight. Livingroom overlooks a private patio that has walk in storage and small green belt. Bedroom has wardrobe closet and sliding glass door to patio. The bathroom features a skylight. This unit has close parking, faces south, and enjoys the wonderful ocean breezes that Seal Beach has to offer. It is located in Leisure World Seal Beach, a resort-like community that is security guard gated and features over 200 clubs' organizations and activities including a pool, jacuzzi, gym, health care center, lawn bowling, shuffleboard, wood working shops, sewing, art and ceramic rooms, banquet halls, meeting rooms, post office, amphitheater and so much more.

M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



M9-230D \$349,900



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living area with expansive windows that overlook a private patio. The living room has a walk-in storage closet, entry closet and air conditioning. The kitchen has white cabinets, built-in stove, new oven, refrigerator skylights and an extra built-in cupboard over the sink. Master bedroom is fully expanded with two wardrobe closets. The bathroom has a washer/dryer, cut down shower and large skylight that opens. Second bedroom has wardrobe closet and large skylight. This charming home has new vinyl flooring, new paint throughout and is ready to move in.

Pending

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To see more of these, and many other fine homes for sale



M 9 - 237A - \$379,000
Fully expanded corner unit on street



M 14 - 32H - \$469,000
Fully expd. two-bedroom corner home; The Beverly Hills of Leisure World



M 14 - 53E - \$435,000
Expanded two-bedroom unit; 1.5 baths; remodeled kitchen



M 15 - 33F - \$515,000
Nice atrium unit with huge front patio!



M15 - 34D - \$399,000
Expanded downstairs unit; 2 bedrooms, 2 baths; Fabulous unit



M 1 - 21F - \$429,000
Two-bedroom corner with washer/dryer; Views of golf course



M 3 - 4C - \$339,000
Two-bedroom unit; private location!



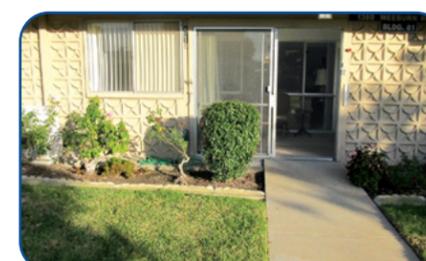
M 3 - 7D - \$219,000
One-bedroom unit; small green!



M 3 - 9C - \$243,000
Partially expanded one-bedroom unit; Expd. bedroom; Tiled patio!



M 3 - 16C - \$425,000
Two-bedroom full expansion!



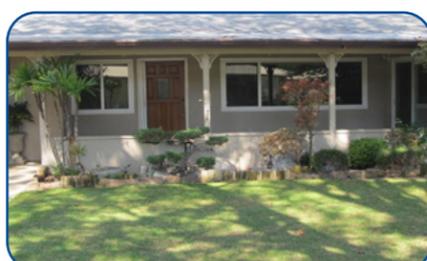
M 4 - 81E - \$247,000
Very nice one-bedroom unit; Enclosed patio; On lovely green



M 6 - 66B - \$349,000
Immaculate two-bedroom basic unit; steps to parking



M 7 - 168I - \$330,000
Great basic two-bedroom unit; Great for remodel; On Central Park



M 8 - 200B - \$419,000
Expanded two-bedroom on greenbelt; washer/dryer; Shows great



M 10 - 246I - \$225,000
Adorable two-bedroom expanded corner; Drive-up parking



M 10 - 257A - \$375,900
Adorable, fully expd. two-bedroom, 1 bath corner with drive-up parking on two sides



M 11 - 274H - \$225,000
One-bedroom unit; Tucked away like a country cottage



M 12 - 44E - \$525,000
Fully expd. unit in great location; 1.5 baths; washer/dryer!



M 14 - 24E - \$319,000
Least expensive expanded two bedroom unit; Great Mutual



Dawn Januszka
Broker
DRE #02110501



Ginni Houck
Escrow Officer



Verna Chumley
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John Webster
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 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 5 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



In Escrow

1631 Interlachen #264C | M11 | \$295,000
 Interior 2bed/1bath patio home with ceiling fans. White kitchen w/expanded skylight, dishwasher, microwave. Plantation shutters and light and bright throughout. Cut-down shower/skylight in bathroom.



Price Improvement!

13451 St. Andrews Dr #124J | M5 | \$329,000
 2Bed/1bath drive up location with laminate flooring throughout. Center patio with expansions on either side for walk-in closet in master bedroom and dining room area. Light and bright kitchen with skylights.



Coming Soon

1300 Mayfield Rd #61A | M6 | \$489,000
 Corner greenbelt location 2bed/2bath unit fully expanded with patio. Skylights and solar tubes throughout, large kitchen, custom built-ins and laminate floors. Carpet in bedrooms with walk-in closets in both!



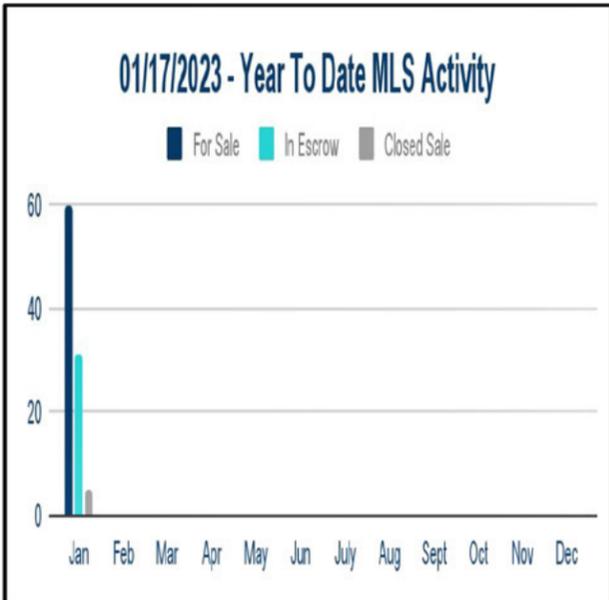
13131 Shawnee Ln #268C | M11 | \$329,000
 Adorable 2Bed/1Bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



1362 Golden Rain Rd #56B | M2 | \$395,000
 2 Bed 1 bath unit in a fantastic greenbelt location with updated kitchen! Full expansion and sprawling updated flooring with skylights throughout. AC heat pump and updated bath with laundry in unit!



13271 Del Monte Dr #33B | M14 | \$360,000
 Driveup and greenbelt 2bed/1bath home partially expanded for a dining room and entry area. Multiple AC heat pumps, immaculate home with like-new laminate flooring, fresh paint, patio with large storage locker and golf cart pad.



On January 17th, 2023 a total of 60 units show as active listings on the CRMLS (this is where Realtors list property for sale)

- 16 - 1 bedroom/1 bath units from \$199,900 to \$269,500
- 30 - 2 bedrooms/1 bath units from \$275,000 to \$599,000
- 14 - 2 bedrooms/2 baths units from \$325,000 to \$609,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!



13701 Annandale Dr. #13L | M1 | \$425,000
 Corner unit taken down to the studs and reimagined! 2bed/2bath home with new custom kitchen with skylights throughout. Master suite with pocket door, washer/dryer and central HVAC overlooking a HUGE greenbelt with all newer dual pane windows.

With a new year comes change... As of Feb 1st, they will be moving our weekly advertisement just on the back side of this page. Don't worry! Still look out for our raffles and our continued market updates! We look forward to continuing our quality service in Leisure World as our promise to you.

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I want to receive information about the market in Leisure World

