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CITY OF SEAL BEACH

Jan. 31 is the last day to vote in the SB City Council runoff election

No candidate for Seal Beach City Council in Districts 3 or 5, which covers part of Leisure World, secured a majority of voters. That means they did not get at least 50% plus one in the November elections. Therefore, runoff elections are underway.

In District 5, Mariann Klinger, a Seal Beach planning commissioner, and Nathan Steele, who owns an advertising agency specializing in Christian programming, are vying for the seat.

It was left vacant when Councilwoman Sandra Massa-Lavitt of LW termed out. District 5 covers LW west of St. Andrews Drive.

In District 3, Lisa Landau, an accounting manager and longtime volunteer in the community, and Stephanie Wade, a veterans policy advisor and environmental activist, are competing for the seat.

District 3 covers The Hill, Bridgepoint, Heron Pointe and the Seal Beach Naval Weapons Station.

Active registered voters in those districts will soon receive a new ballot and voter information guide in the mail from the Orange County Registrar of Voters. Ballots went out beginning Jan. 3.

Ballots must be returned by mail, postmarked by Jan. 31, and received from the U.S. Postal Service by Feb. 3 or they can be dropped off at one of the following locations:

- Registrar of Voters' drop box near the Administration Building is available 24/7.
- Seal Beach City Clerk's office, 211 Eighth St., open from 8 a.m.-5 p.m. weekdays and from 7 a.m.-8 p.m. on Jan. 31.
- Mary Wilson Branch Library, 707 Electric Ave., drop box available 24/7.
- The Registrar of Voters office,

VOTING, page 3

HIDDEN GEM

Seal Beach Wildlife Refuge reopens for public tours



Photos by Leland R. Sisk

A great blue heron (above) sits on the shoreline in the Seal Beach National Wildlife Refuge. A sign (below) welcomes visitors to the refuge.



by Emma DiMaggio  
emmad@lwsb.com

There aren't many people who would wake up early in the morning, pull on their work boots, and head out to a refuge to survey birds, care for plants and watch over nesting birds. But there are a few, and some of them live right here in Leisure World. These residents don't go to the Seal Beach National Wildlife Refuge to get paid, or for bragging rights, or for notoriety—though they were awarded the National Wildlife Refuge Association's 2022 Molly Krival Refuge Friends Group of the Year award. They go for their love of nature and their assumed stewardship of the land.

These volunteers, known as the Friends of the Seal Beach National Wildlife Refuge, are members of a nonprofit focused on the preservation of these unique tidal flats.

For the first time in over a year, those interested in becoming volunteers can get a taste of the refuge for themselves: after a long pandemic hiatus, the Seal Beach National Wildlife Refuge has commenced with public tours.

"Our situation is unique in that we're the only national wildlife refuge that's located on a military base," said Esther Cummings, who's volunteered at the refuge for two decades. "It's great for our endangered species, they get wonderful protection. Nobody bothers them, but it makes it much more difficult for us to bring in visitors."

Getting visitors into the Naval Weapons Station has always been tricky. Given that the site is an active military base which supplies the Pacific Fleet, the base maintains a high level of security. Volunteers must go through an FBI-level background check, providing everywhere they've ever lived, worked and played. But for visitors, the process is far less strenuous.

"Unless you're looking for it, it's hard to notice," said longtime volunteer Ted Nowell. "90% of people on tours didn't

REFUGE, page 2

Quick News

LWers should plan accordingly: Clubhouses 3 and 4 will be closed on Monday, Feb. 6. See page 3.

Prepare for an emergency: CERT leaders will hold a meeting tomorrow, Jan. 27, on how to make an emergency plan and how to create an emergency kit. See page 5.



Abilene lead Terry Otte and vocalist Tina Schaffer.

CALLING ALL COUNTRY ROCK LOVERS

Abilene returns to Amphitheater Jan. 28

On Saturday, Jan. 28, Abilene returns to Clubhouse 2 at 7 p.m. Abilene is Seal Beach Leisure World's No. 1 country rock band going strong for 20 years. Terry Otte leads Abilene and shares singing duties with Tina Schaffer. Guitarist Rod Anderson, bassist Doug Decker and drummer Jim Greer round out the group. Doors open at 6:30 p.m. and music goes until 9.

- Masks are no longer required regardless of vaccination status but are strongly recommended.
- No table saving. People may bring their own snacks.
- Attendees must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to tear down the setup and arrange the setup for the following day.
- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.
- Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of your favorite bands.





Photo by Leland R. Sisk

Bees buzz around some flowers at the refuge.

## REFUGE

from page 1

know we were there.”

But lack of visibility doesn’t stop the volunteers from pursuing their mission.

“The main goal of the wildlife refuge is to protect the creatures that are endangered, but also reach out and educate people about that as much as we can, get them involved in the same process,” Cummings said.

The refuge is a bird-lovers paradise. The site is a migratory stopover: a winter destination for migrating birds. These include hawks, Canada geese and a variety of seabirds. During nesting season, California lease terns will lay their eggs on the refuge. The nesting area is fenced in to protect the young avians, and volunteers stand guard.

“Some of my best times on the refuge have been sitting out there, watching the birds to make sure they’re safe,” Cummings said.

Tours of the Seal Beach National Wildlife Refuge take place monthly. To reserve a spot, call 562-598-1024.



## LW’s not-for-couples only Valentine’s Dance returns

The Golden Rain Foundation Valentine’s Day Dinner Dance, slated for Tuesday, Feb. 14, will return this year after a three-year hiatus due to the COVID-19 pandemic.

The romantic not-for-couples-only evening will begin at 6 p.m. in Clubhouse 2, with a sumptuous dinner of chicken piccata, garlic mashed potatoes, steamed vegetable medley, Sonoma salad and chocolate mousse for dessert, catered by Country Gardens Caterers.

Music and dancing will be provided by Anthony and Doniele Bernasconi, whose repertoire runs the gamut from Frank Sinatra and Marvin Gaye to Billy Joel, James Brown and Michael Bublé.

Anthony wowed the amphitheater audience last season with his Bublé tribute show and Doniele is an artist in her own right with her country classics renditions.

Their versatile and engaging style draws the audience into the fun and gets the house rocking.

Residents are encouraged to book early, as this event always sells out and seating is limited. Tables may be purchased by groups of eight, subject to availability.

Tickets are \$40 per person or \$300 for a table. People can purchase tickets at the Recreation office in Building 5.

For information, contact Mayoka Bassell at 562-431-6586 ext. 476 or email [mayokab@lwsb.com](mailto:mayokab@lwsb.com).



Image Courtesy Pixabay

## STOCK TRANSFER

### Pets need to be registered in LW

by Nancy Ray  
Stock Transfer Supervisor

#### Pet Registration in Stock Transfer

Per Pet Policy 7501, Article II, LW pets must be registered with the Stock Transfer Office before they are brought onto the Mutual premises.

Pet registration and licensing must be updated on or before Dec. 31 of each year. Mutual Pet Registration Forms can be picked up at the Stock Transfer Office. To complete the registration, you will need to include the following:

- Requirements for dogs: City of Seal Beach Pet License, proof of spay or neuter, proof of dog’s inoculations, proof of liability insurance, and proof of dog’s weight.

- Requirements for cats: Proof of spay or neuter, and proof of liability insurance.

People who are renewing currently registered pets in the Stock Transfer Office do not need to complete a new form.

For more information about registering pets, call Stock Transfer at 562-431-6586, ext. 339, 346 or 347.

#### Pet Licensing with City of Seal Beach

*Note: The City of Seal Beach contracts with the City of Long Beach Animal Care Services for animal control and licensing purposes.*

To purchase a City of Seal Beach Pet License, people will need to provide a history of prior licenses; current rabies inoculation certificate, and a Certificate of Sterility if the pet has been spayed or neutered (altered) for a reduced rate.

People can get licenses at the Long Beach Bureau of Animal Care Services located at 7700 E. Spring St. or online at <http://www.longbeach.gov/acs/pet-laws-and-licensing/licensing/>. Costs and other information are available online. The license will be processed, and a license tag will be mailed.

## LW Library

The LW Library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. Computers and fax, copy and printing services are also available. For more information, call 563-598-2431.

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## Construction begins on North Gate Road, lane will be closed

Crews will conduct utility work on North Gate Road. This work will require a lane reduction on North Gate. The lane will be reopened after each shift.

The utility work began around Monday, Jan. 23, and will take place from 8 a.m. - 3 p.m. on weekdays, for approximately one week.

Crews may mobilize equipment as early as 6 a.m., and some activities may occur from 9 p.m.-6 a.m. as needed.

Sign up for project-wide and bridge-specific construction alerts at [bit.ly/405-signup](https://bit.ly/405-signup).

This work may be loud. The schedule is subject to change due to inclement weather or unforeseen operational issues.

—Orange County Transportation Authority

## Finance and Mutual Administration relocation

Due to the Finance and Mutual Administration department relocation, the front desk receptionist is now located on the first floor across the cashier.

For any Mutual or GRF questions, see the front desk receptionist on the first floor of the Administration Building.

## GRF ID Card Renewal Update

GRF identification cards expire in 2023 for members in Mutuals 8, 9, 11 and 14. Residents who live in those Mutuals must renew their GRF ID cards during their month of birth.

To renew a GRF ID, people should stop by Stock Transfer anytime during the month of their birthday to obtain a replacement card.

The expiration date is located in the right corner of all GRF ID cards. Shareholders in other Mutuals should look at their ID cards to see what year their cards expire.

New ID cards will be replaced upon surrender of an old card. There is a \$20 fee to replace a lost card.

Per Policy 50-1201-1., GRF ID cards are renewed every five years for all shareholders.

## Minibus Orientation Meeting

A Minibus informational meeting is held on the first Thursday of every month in Clubhouse 3, Room 3, to assist LW residents with using the many transportation services available to the Leisure World community. No reservations are required. The meeting starts at 10 a.m.

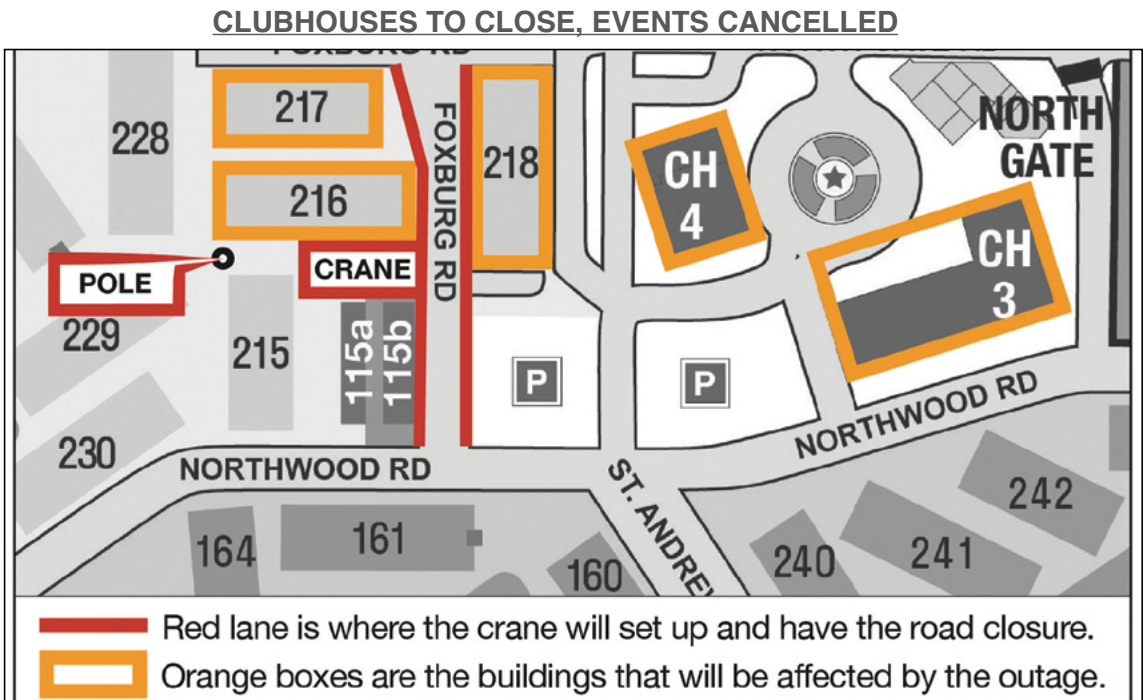
The GRF Transportation Department provides information on the LW Minibus service as well as the GRF appointment-based Access bus service for people with mobility challenges.

Information on other local area bus and transportation services to nearby grocery shopping and medical service destinations is also presented.

Meetings often include information and updates on the City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle. These sessions are for new or current shareholders who would like to learn about the Minibus service routes and timetables.

The LW Minibus service is for everyone. Residents, Leisure World employees, visitors, family members of residents and caregivers can all ride the minibuses.

Anyone who has a valid pass to enter the community can ride on the LW buses. The only rule is each person must be 18 years of age or older or accompanied by someone who is 18 years of age or older.



A map showing the effects of a light pole replacement, including crane placement and related power outages.

## Clubhouse 3 and 4 will close Monday, Feb. 6

Southern California Edison will replace a light pole serving Clubhouse 3 on Monday, Feb. 6. Both Clubhouse 3 and Clubhouse 4 will close for the entire day and there will be no access to the building or parking lot. The Library will remain open. All areas will be affected by the outage (orange boxes above).

All club meetings and classes will be cancelled. If you have an event that you would like to try to relocate, contact Melissa Gomez at [melissag@lwsb.com](mailto:melissag@lwsb.com) or Kathy Thayer at [kathyt@lwsb.com](mailto:kathyt@lwsb.com) as soon as possible.


## VOTING from page 1

1300 S. Grand Ave., Building C in Santa Ana, is open from 8 a.m.-5 p.m. weekdays and from 7 a.m.-8 p.m. on Jan. 31.

No voter centers for in-person voting will be operated. Postage is not required for voters who chose to mail their ballots.

The five-member council has some important issues to grapple with in 2023. Council members will decide where to allow the development of new housing, which the state is mandating, and whether to continue allowing restaurants on Main Street to use parking spots for outdoor dining.

They will also consider whether to continue repairs on the pool at McGaugh Elementary or build a pool in a new location and whether a restaurant should be built at the end of the Seal Beach pier.



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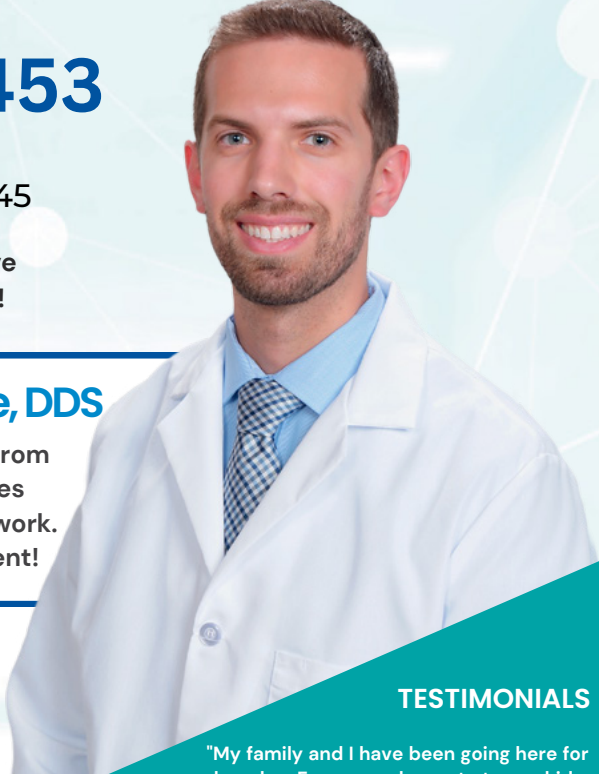
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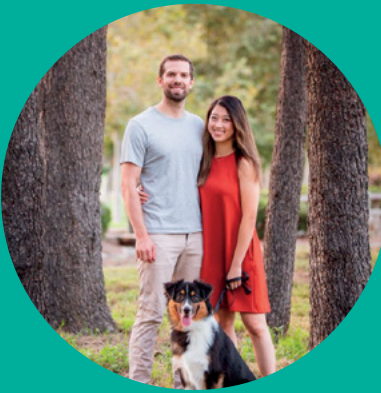
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### ABOUT US

Dr. Brandon and his wife, Dr. Iris, both graduated from UCLA School of Dentistry and have since been committed to providing the highest quality dentistry. They live in Tustin with their Australian Shepherd, and enjoy hiking the trails of Orange County.

### TESTIMONIALS

"My family and I have been going here for decades. From grandparents to our kids, you will not find a group of more friendly and highly skilled dental professionals."

—Nate M.

"Dr. Brandon is truly a gift to the world of dentistry. His attention to detail and the kindness with which he approaches everything gives a new meaning to what a dentist should be."

—Dorian B.

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CLASSICAL MUSIC IN LONG BEACH

LB Symphony to perform Mozart and Vivaldi on Feb. 4

On Saturday, Feb. 4, the Long Beach Symphony, under the direction of Maestro Eckart Preu, will rouse audiences with Mozart's "Symphony No. 40 in G minor" and Vivaldi's "Four Seasons," a group of four violin concertos embodying each season of the year.

Each of the seasons will be exquisitely presented by Long Beach Symphony's own lead violinists Roger Wilkie, Agnes Gottschewski, Chlo   Tardiff, and Chyi-Yau Lee. Vivaldi's best known work, "Four Seasons" (1725) is the world's most popular and recognized pieces of Baroque music.

Audiences will recognize the evolving sounds from movies like "Tin Cup," "Spy Game," "A View to Kill," "What Lies Beneath," "White Chicks," "Saved!," "Pacific Heights" and "The Other Sister," and they will be reminded of many wedding ceremonies attended.

Over 60 years later, Wolfgang Amadeus Mozart would compose "Symphony No. 40 in G minor," one of only two symphonies he wrote in minor keys reflecting the "Storm and Stress" artistic movement and showcasing darker and stronger emotions.



Long Beach Symphony violinists will perform four concertos embodying each season of the year for Vivaldi's "Four Seasons." The piece will be paired with a performance of Mozart's "Symphony No. 40 in G Minor."

Audiences will enjoy the Classical Series fun and elegant evening, including live ensemble in the lobby, pre-concert talk, and the ability to "Sip & Enjoy" in the concert hall.

Long Beach Symphony will present these unfolding and emotionally loaded compositions on Feb. 4 at 8 p.m. at the Long Beach Terrace Theater.

Doors will open at 6:30 for

a 7 p.m. pre-concert talk that promises additional insights into the evening's music. Individual concert tickets start at \$32. Customized packages and savings are available by calling 562-436-3203, ext. 1. For tickets and information, visit [LongBeachSymphony.org](http://LongBeachSymphony.org).

LWers can get 20% off group tickets through the Long Beach Opera Club—no membership is required—for the final three concerts, as well as on bus tickets, by contacting LBOC member Frieda Davis at [geoh.davis@gmail.com](mailto:geoh.davis@gmail.com).

The LBSO supplies round trip bus transportation to and from concerts between LW and the Terrace Theater at \$25 per person round trip.

If bus tickets are not bought in advance, they are also sold at the bus starting at around 5:15 p.m. on concert nights. The bus leaves promptly at 6 p.m. before the 7 p.m. pre-concert talk.

For more information on purchasing LW group tickets, contact Beverly Emus at 562-296-5586 or online at [beverly90740@gmail.com](mailto:beverly90740@gmail.com).

Contact Beverly Emus at 562-296-5586 for group tickets.

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

**Letters to the Editor:** The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

**Member Column:** At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

GRF Board

The GRF Board holds monthly meetings on the fourth Tuesday of the month at 10 a.m. in Clubhouse 4. Meetings are livestreamed. To speak during public comments, register in the lobby.

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**Ruth Osborn**, Managing Editor  
(562) 431-6586, ext. 388  
[rutho\\_news@lwsb.com](mailto:rutho_news@lwsb.com)  
Page One, General News, Perspectives

**Debbie Kim**, Customer Service  
(562) 431-6586, ext. 383  
[debbiek@lwsb.com](mailto:debbiek@lwsb.com)  
Classified Advertising, Reception

**Laurie Bullock**, Editor  
(562) 431-6586, ext. 801  
[laurieb@lwsb.com](mailto:laurieb@lwsb.com)  
Community, Religion, Obituaries

**Emma DiMaggio**, Editor  
(562) 431-6586, ext. 387  
[emmad@lwsb.com](mailto:emmad@lwsb.com)  
Arts & Leisure, Sports & Games

**Katya Lukina**, Editor,  
Graphic Designer  
(562) 431-6586, ext. 266  
[katyal@lwsb.com](mailto:katyal@lwsb.com)  
Health & Fitness

**Malena Avila**, Communications  
Coordinator, Editor  
(562) 431-6586, ext. 279  
[malenaa@lwsb.com](mailto:malenaa@lwsb.com)  
Government

**Stephen Bannon**, Production  
Editor  
(562) 431-6586, ext. 392  
[stephenb\\_news@lwsb.com](mailto:stephenb_news@lwsb.com)  
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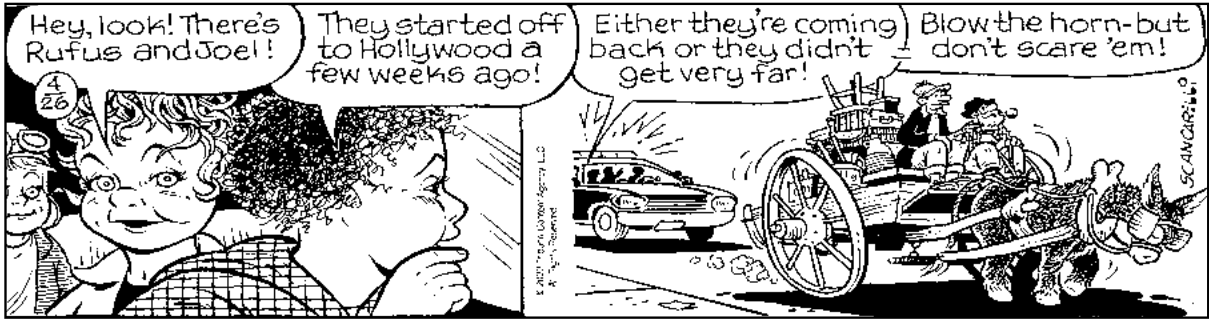


Puzzles & Comics

Answers on page 19

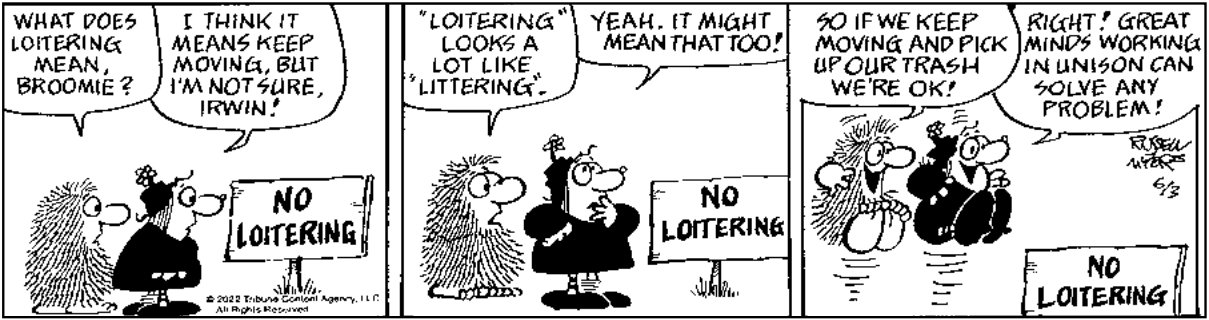
Gasoline Alley

By Jim Scancarelli



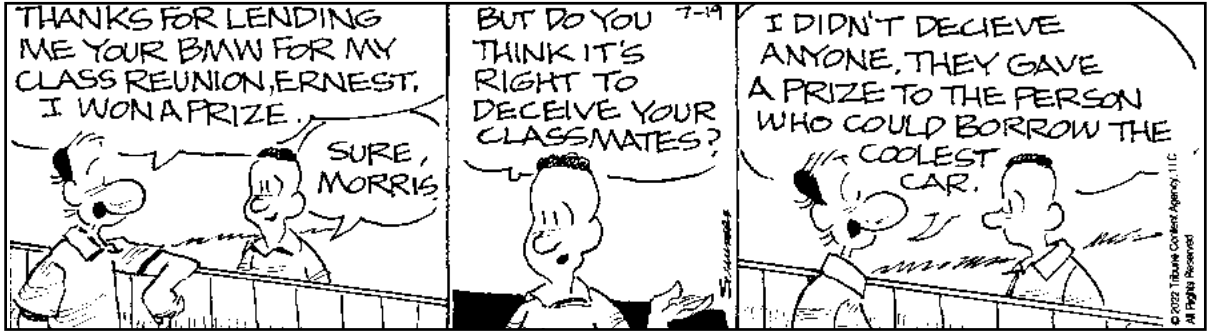
Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

"OPPOSITE DAY"  
BY BRIAN THOMAS  
& BROOKE HUSIC

ACROSS

- 1 Cat's attention-getter, maybe  
4 Car once advertised as a "well-built Swede"  
8 Endpoint for some boots and skirts  
13 Like cookies soon after the Cookie Monster spots them  
18 Equine parent  
20 Anti-censorship org.  
21 Provençal mayo  
22 Only just  
23 Drill sergeant, perhaps?  
27 New York, for one  
28 Lubricate  
29 Return  
30 Audrey Hepburn letters  
31 Distribution parties  
34 Ellington composition  
35 Inning's trio?  
36 Collective action by society women?  
41 French bread?  
43 Part of an underwater forest  
44 One-eighty  
45 Movie trailer?  
47 Pick up  
49 Farm bird that never topples?  
55 Wrath  
56 Honeycomb unit  
57 Rep. from the Bronx  
58 WWF, e.g.  
59 Mountain goats' terrain  
62 Temperamental  
63 Org. with the largest-circulation magazine in the U.S.  
65 Corner store  
66 Amendment proposed by a technophile?  
70 Cut and paste, say  
71 Ibex range  
72 Drops  
73 Invite for  
74 Gretchen of "Boardwalk Empire"  
75 La Liga cheer  
76 Contact  
77 Carol contraction  
78 Like a typical ride on a mechanical bull?  
83 Some Japanese TVs

86 "I don't care!"  
87 Terr. divided in 1889  
88 Kiwi-shaped  
90 Color of Montana's flag  
92 Endure within a group of peers?  
97 carte  
98 "Hair Love" voice actress Issa  
100 Strapless bralette  
101 "Lasso"  
102 Passing remark?  
104 Slides (over)  
107 Hides in plain sight?  
109 Death and taxes, per Benjamin Franklin?  
114 Contributed  
115 French 101 verb  
116 Ziggurat level  
117 Shoestring catch?  
118 Creates a Maillard reaction on a steak, say  
119 Gave back, as land  
120 Be worthy of  
121 Nestlé's \_\_\_-Caps

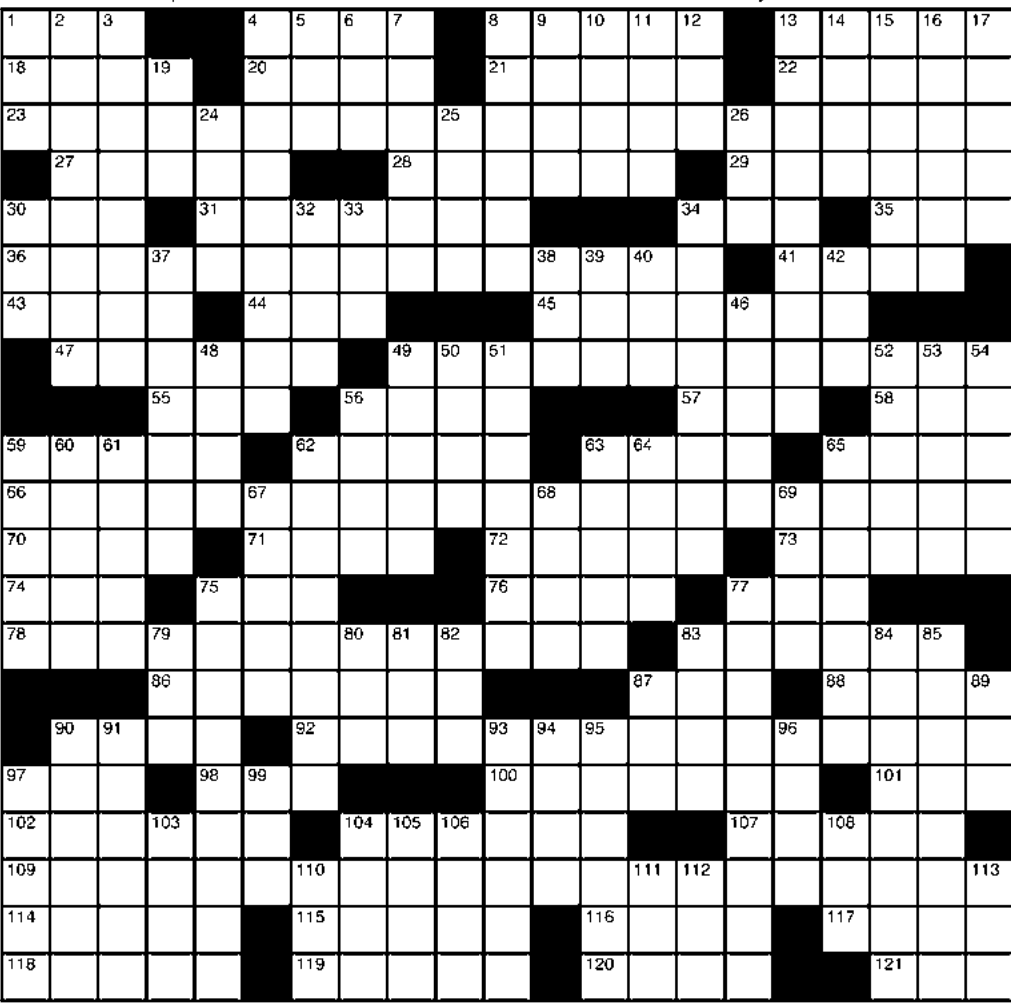
DOWN

- 1 Nintendo : DS :: Sony :  
2 Measure typically given in knots  
3 Like some data disks  
4 Chili-based Vietnamese condiment  
5 The "A" of LGBTQIA+, for short  
6 The "A" of 30-Across  
7 \_\_\_ cord  
8 Maximally vanilla  
9 "Howdy there!"  
10 Cyclotron particles  
11 "I'm rubber, you're \_\_\_"  
12 That guy  
13 Fired up  
14 Prefix with Mexico  
15 BOGO deal  
16 Weather-affecting Pacific current  
17 Politburo nos

- 19 Noblezada of "Easter Sunday"  
24 Bumping heads  
25 Drops the ball, say  
26 \_\_\_-free plastic  
30 Brief "Beats me!"  
32 Fit of pique  
33 Great Basin native  
34 Sends off the soccer pitch  
37 Far from relaxed  
38 Color TV pioneer  
39 Offline, briefly  
40 Kenan's "Good Burger" co-star  
42 Sch. that competes against Notre Dame for the Jeweled Shillelagh  
46 [Crossing my fingers!]  
48 German "first"  
49 Bright shades  
50 Ye \_\_\_ Shoppe  
51 Eschew a co-pilot  
52 Real talent  
53 Wading bird  
54 "Au contraire!"

- 56 Member-owned grocery  
59 Espresso froth  
60 Free from  
61 Fleet of foot  
62 Chemistry class model  
63 Filling with wonder  
64 Children's song marchers  
65 Text in a long-distance relationship, maybe  
67 Tibia neighbor  
68 Spilled salt, to some  
69 Thinking a song is about oneself, say  
75 Music store supply  
77 Roll the dice, say  
79 Pacific Northwest sch.  
80 Hawaiian for "white"  
81 Texting tech  
82 "If we must die, O \_\_\_ us nobly die!" McKay

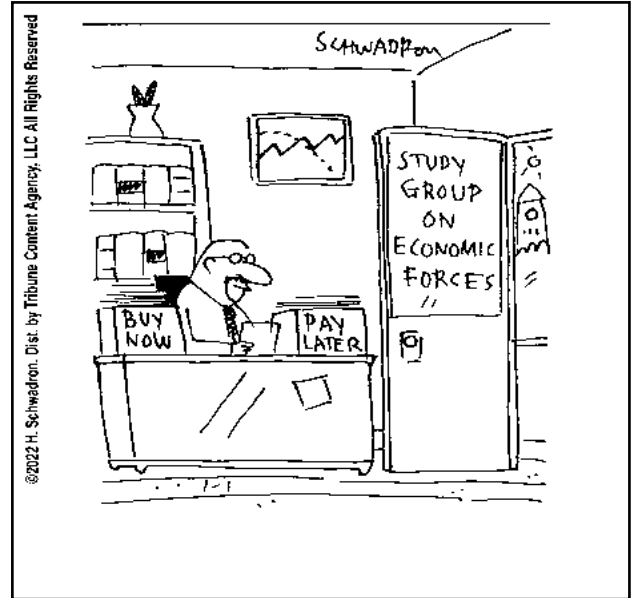
- 83 Herb used in some smudging rituals  
84 Big hands?  
85 Word in an Arthur Miller title  
87 RPG with a 20-sided die  
89 Acid initials  
90 Strawberry  
91 Highfalutin  
93 "All \_\_\_!"  
94 Rolls in yoga class  
95 In the office  
96 Word after rage or force  
97 \_\_\_ frescas: fruit drinks  
99 Passover's month, often: Abbr.  
103 Even once  
104 Back up  
105 Graceless one  
106 Four Tops singer Benson  
108 Some laptops fly  
110 Spy-fi org.  
112 Not 'neath  
113 Nwodim of "SNL"



Sudoku 1

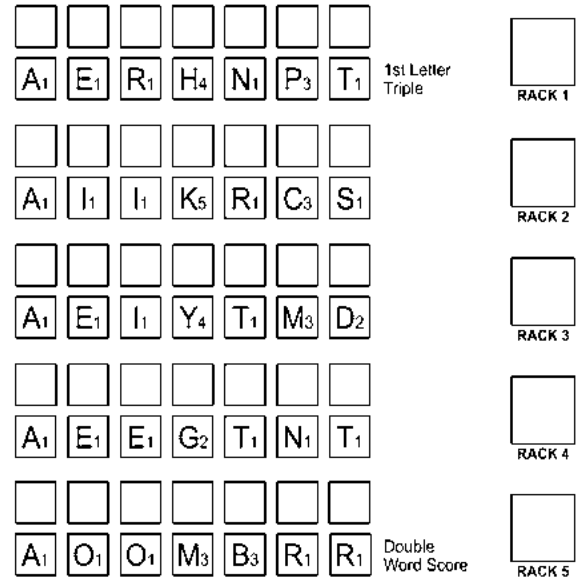
			2	4	3			
6	5						3	1
		8			5			4
2		5		7		1		3
4		1	6			2		
1	2						5	7
			9	5	7			

9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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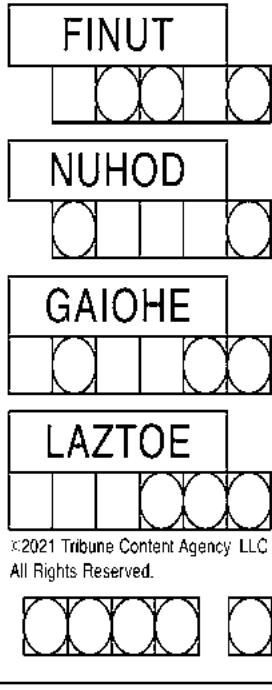
PAR SCORE 265-275  
BEST SCORE 324

FIVE RACK TOTAL  
TIME LIMIT: 25 MIN

JUMBLE

THAT SCRAMBLED WORD GAME  
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

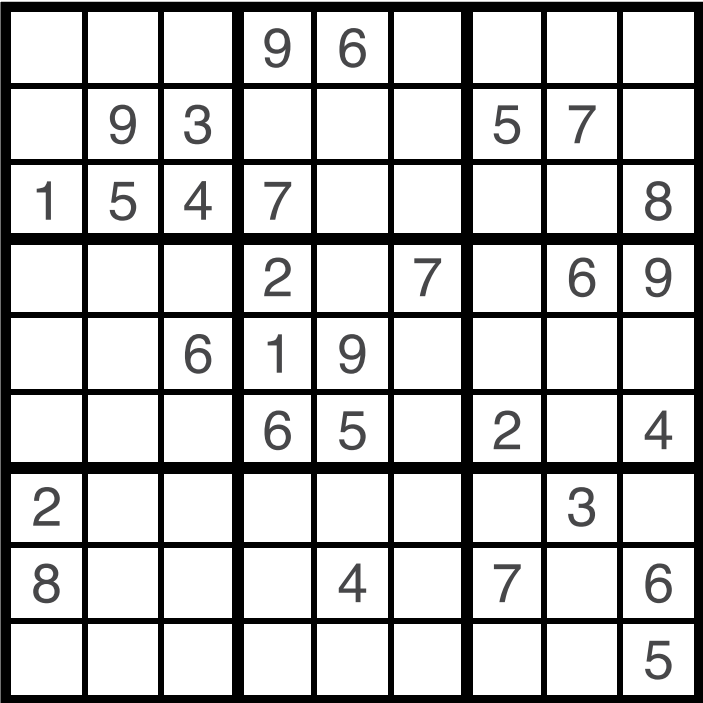


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Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



I am a chef and TV personality born in Ohio on January 22, 1968. I worked as a food product developer before making it big on the Food Network. I'm known for my gregarious personality and bleached hair.



# Puzzles & Comics

## Answers on page 19

Determine the code to reveal the answer!

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Solve the code to discover words related to donating blood.  
Each number corresponds to a letter.  
(Hint: 14 = O)

**A.      3    14    12    5    15    8    14    12**  
*Clue: Gift of money or something*

**B.      22    21    14    1    15    5    4    6**  
*Clue: Not enough*

**C.      17    8    2    6**  
*Clue: Growth and sustenance*

**D.      19    5    1    8    12    4**  
*Clue: Compassionate*




**Boggle®**  
**BrainBusters!**

B	U	P	H
W	O	I	S
G	O	K	E
A	G	L	M

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

By David L. Hoyt and Jeff Knurek



**BOGGLE POINT SCALE**

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

**YOUR BOGGLE RATING**

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

**Boggle BrainBusters Bonus**

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST SIX WATER-LOVING BIRDS in the grid of letters.

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5 29 22

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G	M	A	P	V	A	D	A	C	Y	O	A	D	I	S	E	I	B	O	M
E	E	N	N	H	B	M	E	N	H	E	L	T	H	E	R	A	P	Y	N
N	K	T	Z	V	C	V	S	R	C	T	L	Y	C	S	D	A	G	M	G
E	V	I	R	F	N	T	M	A	L	L	E	F	G	M	R	E	P	C	T
L	H	B	F	E	A	E	A	Y	L	E	E	R	R	P	C	S	B	I	G
C	E	O	O	C	C	M	G	M	A	S	P	M	O	D	U	O	A	E	M
T	M	D	H	N	V	I	C	I	D	P	U	G	U	I	R	A	H	S	Z
Y	B	C	E	A	E	K	P	S	T	C	N	C	P	F	K	D	N	O	Y
P	K	F	L	R	Y	E	F	K	B	I	L	I	N	G	N	H	E	M	L
E	U	A	H	U	B	K	T	I	L	D	I	V	I	V	D	P	U	P	Y
B	S	G	O	S	T	A	N	S	I	L	V	A	I	H	V	B	T	U	C
L	U	G	E	A	P	S	E	H	H	T	I	L	R	A	K	T	T	V	D
O	G	U	M	M	N	O	I	S	U	F	S	N	L	A	Z	E	Y	E	P
O	C	S	O	L	K	H	Y	G	Y	B	N	O	C	R	A	R	T	V	R
D	B	C	K	N	D	R	F	N	S	Z	F	F	T	C	K	M	T	E	I
D	R	D	A	O	D	V	R	R	P	P	O	O	M	U	A	P	P	S	Y
H	T	N	N	T	N	A	N	I	M	O	D	N	C	T	H	V	H	S	I
F	Y	O	D	G	M	N	Z	N	E	G	A	S	A	I	G	B	G	T	A
Z	R	D	S	E	M	Y	Z	N	E	P	R	S	D	I	G	B	G	U	

**Find the words hidden vertically, horizontally, diagonally, and backwards.**

- ALLELE  
ANTIBODY  
ANTIGEN  
ASSURANCE  
BANK  
BLOOD  
CELLS  
CODOMINANT  
COMPATIBLE  
DONOR  
DOSE  
ENZYMES  
GENE  
GROUPING  
MANAGEMENT  
MATCH  
PHERESIS  
PLASMA  
RED  
TESTING  
THERAPY  
TRANSFUSION  
TYPE  
VIAL





# CLUB MEETING SCHEDULE

Meeting information is subject to change. Check the LW website at [www.lwsb.com](http://www.lwsb.com) for the most current listings.

### ARTS AND CRAFTS

**Art League**, CH 4, Art Rm., Wed., 9 a.m.-noon; Fri., 9 a.m.-4 p.m.  
**Arts & Crafts Guild**, CH 4, Art Rm., Thurs., Mon., 9:30 a.m.-12:30 p.m.  
**Ceramics—Bisque-It**, CH 4, Ceramics Rm., Wed., 10 a.m.-2 p.m.  
**Ceramics—Clay Crafters**, CH 4, Ceramics Rm., Mon., Fri., noon-4 p.m.  
**Chinese Brush Painting**, CH 4, Art Rm., Mon., 1-4 p.m.  
**Korean Traditional Painting**, CH 3, Rm. 5, Tues., 9 a.m.-noon  
**Lapidary/Beading**, CH 4, Lapidary Rm., Mon.-Fri., 9 a.m.-3 p.m.; Sat., 9 a.m.-noon  
**Love Weaving Baskets**, CH 3, Rm. 6, 4th Sat., 9 a.m.-5 p.m. (does not meet Nov., Dec.)  
**Photographic Arts Club**, CH 3, Rm. 9, 2nd Thurs., 1:30-3 p.m. 562-430-7978  
**Quilting Bees**, CH 3, Lobby, Wed., 9-11:30 a.m.

### CARDS

**Bridge—Combined Party Bridge**, CH 1, Mon., noon-4 p.m.; 1st & 2nd Fri., noon-4 p.m.  
**Bridge—LW Duplicate Bridge**, CH 1, Mon., Thurs., Fri., Sat., 12:30 p.m. (arrive by noon) 562-308-7838  
**Cribbage Club**, CH 1, Tues., noon- 4 p.m.  
**Diamond Poker Club**, CH 3, Rm. 3, Tues., 4-8 p.m.  
**Hold 'em -N- Squeeze 'em** (poker), CH 3, Rm. 6, Sat., Wed., 6-9:30 p.m.  
**Leisure World Pinochle Club**, CH 1, Mon., Thurs., noon-4 p.m.  
**Social Club of Leisure World**, CH 1, Fri., noon-4 p.m.  
**Tournament Poker Club**, CH 6 Hospitality Center, 1st, 2nd, 3rd Sat., 11:30 a.m.-5 p.m.  
**WA Train**, CH 3, Rm. 4, Thurs., 5:30-9 p.m.

### DANCE

**Ballet Fitness**, CH 6, Rm. C, Sat., 1:30-2:30 p.m.  
**Dance Fitness**, Vets Plaza, Mon., 4:30-5:30 p.m.; CH 6, Sec. C, Tues., 8:30-9:30 a.m.  
**Dancers & Mixers**, CH 4, 1st Tues., 7-9 p.m. 562-431-1257  
**Dancing Feet**, CH 2, Mon., 7-9 p.m., 4th Sun., 5:30-10 p.m.  
**Flowering Step Line Dance Club**, CH 2, 1st, 2nd, 4th Mon., 10 a.m.-noon; CH 3, Lobby, 3rd Mon., 10 a.m.-noon  
**Grapevine Line Dance**, CH 6, Sec. C, Thurs., 2-5 p.m.  
**Hui O Hula**, CH 6, Sec. C, Tues., 1-5:30 p.m.  
**Joyful Line Dance of Leisure World**, CH 6, upstairs, Thurs., 10:30 a.m.-12:30 p.m.  
**Korean Folk Dance Club**, CH 6, Sec. C, Sat., 8-10 p.m.  
**Leisure Time Dance Club**, CH 6, Sec. C, Mon., 2-4 p.m.  
**LW Cloggers**, CH 6, Wed., 8:30-11:30 a.m. 562-598-9974  
**Saturday Morning Dance Class**, CH 6, Sec. C, Sat., 9-11 a.m. 406-858-3560  
**Suede Sole Dancers**, Scheduled as needed.  
**Zumba Club**, CH 6, Sec. C, Wed., 4:30-5:30 p.m.; Vets Plaza, Fri., 8:30-9:30 p.m.

### ENTERTAINMENT CLUBS

**Abilene Club**, CH 2, Thurs., 5-10 p.m.; 4th Sat., 4-10 p.m.  
**Cabaret Entertainers**, scheduled as needed, 626-485-3983  
**The Entertainers**, schedule to be determined  
**Doo Wop Club (Let the Good Times Roll)**, CH 2, 3rd Sat. in odd months, 4-10 p.m.  
**Producers**, schedule to be determined  
**Theater Club**, Performing Arts Center (Amphitheater building), 4th Fri, 10-11 a.m. [njcataylor@yahoo.com](mailto:njcataylor@yahoo.com)  
**Velvetones Jazz Club**, CH 4, 1st, 3rd Sun., 2-10 p.m.

### GAMES

**Bunco**, LW, CH 3, Rm. 1, 2nd, 4th Mon., 6-10 p.m.; CH 3, Rm. 7, 3rd Tues., 5-10 p.m.; CH 3, Rm. 5, Wed., 6-10 p.m.; CH 3, Lobby, 2nd,

4th Sat., 1-4 p.m.; CH 3, Rm. 1, 2nd Sat., 11 a.m.-5 p.m.  
**Chess Club**, CH3, Rm. 7, Fri., 2-6 p.m.  
**LW Woman's Club Table Games**, CH 2, 3rd Fri., 1 p.m. 562-431-8240  
**Scrabble**, CH 3, Rm. 5, Wed., 1-5 p.m.  
**Yahtzee Club**, CH 3, Rm. 6, at 1 p.m., 1st, 3rd, 5th Fri. Diane Seeger: 562-533-5997.

### HEALTH AND EDUCATION

**English Conversation Club**, CH 3, Rm. 9, Thurs., 5-10 p.m. (no meetings in Aug.)  
**Impaired Vision & Hearing**, regular meeting, CH 3, Rm. 1, 4th Tues., 1:30-3:30 p.m. (except July, Aug., Nov.); board meeting, CH 3, Rm. 4, 2nd Wed., 9:30-10:30 a.m.; Braille support group, CH 3, Rm. 6, 3rd Fri., 10-11:30 a.m. 562-431-4026  
**Korean English Class**, CH 3, Rm. 4, Wed. (except 2nd Wed.), 9:30 a.m.-noon; 2nd Wed., CH 3, Rm. 9  
**Movement for Health Medical Qi Gong**, CH 3, Lobby, Sat., 10-11:30 a.m. 562-596-0450

### HOBBIES

**Art History Club**, CH 3, Learning Center, 2nd, 4th Thurs., 9:30-11:30 a.m.  
**Astronomy Club**, CH 3, Rm. 3, 1st Wed., 6:30-8:30 p.m.  
**Carving Club**, CH 1, Tues., 1-4 p.m.  
**Coin Club**, CH 3, Rm. 2, 2nd Wed., 12:30-4 p.m.  
**Creative Writers**, CH 3, Rm. 1, 4th Fri., 1-4 p.m. 714-747-2146  
**Garden Club**, CH 2, 3rd Mon., 1:30-4 p.m.  
**Genealogy Workshop**, CH 3, Rm. 1, 4th Wed., 9 a.m.-noon  
**Historical Society**, LW, CH 1, Historical Society Rm., Thurs., 2-4 p.m.  
**Korean American Computer Forum**, CH 3, Learning Center, 1st, 3rd Thurs., 9:30-11:30 a.m.  
**Korean Literature**, CH 3, Rm 7, 2nd, 4th Mon., 9:30-11:30 a.m.  
**Leisure World Seal Beach Book Club**, CH 3, Rm. 7, 3rd Thurs., 1-3 p.m.  
**LW Technology Club**, CH 3, Rm. 2, 2nd Tues. in March, May, September, 1-3 p.m.  
**Paws, Claws & Beaks**, CH 3, Rm. 9, 3rd Wed., 4-7:30 p.m. (except May-Oct. when meetings are in CH 1 picnic area, 2nd Thurs., noon- 3 p.m.)  
**Rollin' Thunder Golf Cart Club**, CH 2, 4th Tues., noon-4 p.m. (except June, July, Aug., Sept. when meetings are in CH 1 picnic area)  
**Silver Fox Classic Car Club**, CH 3, Rm. 5, 2nd Tues., 6 p.m.  
**Traveling Tigers**, CH 3, Rm. 9, 3rd Wed., noon-3 p.m. (no meeting in Aug.)  
**Producers**, CH 3, Rm. 2, 4th Thurs., 10 a.m.

### MUSIC

**Entertainment Ensemble & Video Club**, LW, CH 3, Rm. 2, Mon., 9-11 a.m.  
**Community Karaoke**, CH 1, Wed., 5:30-10 p.m.  
**Evergreen Chorale**, CH 3, Rm. 8, Mon., 9 a.m.-noon  
**Gloria Autoharp Club**, CH 3, Rm. 6, Wed., 10 a.m.-noon  
**Good News Singers**, CH 3, Rm. 1, Thurs., 9-11 a.m.  
**Korean American Chorale**, CH 3, Lobby, Fri., 9 a.m.-noon  
**Korean Drum Club**, Amphitheater, Mon., 2:30 p.m., 818-632-7799  
**Leisure World Opera Club**, CH 3 Learning Center, third Tues., 1:30 p.m.  
**Leisure World Orchestra**, Amphitheater, Tues., 1-4 p.m.; Wed., noon-2:30 p.m.  
**Leisure World Women's Sing Along**, CH 3, 1st, 2nd, 3rd, 5th Wed., 1-4 p.m.  
**Seal Beach Guitar Ensemble**, CH 3, Rm. 6, Thurs., 9 a.m.-noon  
**Ukulele Guitar Club**, CH 3, Lobby, Thurs., 1-4 p.m.  
**Vibratones**, scheduled as needed  
**NATIONALITY**  
**American Latino**, CH3, Rm. 2, 2nd Thurs., 11 a.m.-3:30 p.m.; CH3, Rm. 8, Wed., 3-5 p.m.

**Chinese Friendship Club**, CH 3, Rm. 7, Wed., 1-6 p.m.  
**Filipino Association of Leisure World**, CH 3, Rm. 1, 2nd Sun., 2:30-8 p.m.; CH 1, 3rd Sun., bingo  
**German American Club**, CH 3, Rm. 7, Tues. (except 4th Tues.), 12:30-4 p.m.  
**Korean American Association of LWSB**, CH 2, 2nd Thurs., 4-10 p.m.  
**Japanese American Club**, CH 3, Rm. 2, 3rd Sat., 10 a.m.-4 p.m. (714) 317-1102  
**Vietnamese American Club**, scheduled as needed

### POLITICS

**Democratic Club**, CH3, Rm. 9, 4th Wednesday, 1 p.m.  
**Leisure World Republican Club**, CH 3, Rm. 2, 3rd Wed., 6-9 p.m.  
**Seniors for Peace**, CH 3, Rm. 9, 2nd Tues., 2-6 p.m.

### RELIGION AND PHILOSOPHY

**A Course in Miracles**, CH 3, Rm. 8, Fri., 4-5:30 p.m.  
**Assembly of God**, CH 3, Rm. 2, Wed., 9:30-11:30 a.m.; Sun., 9 a.m.-1 p.m.; CH 3, Lobby, Sun., 4:30-8 p.m.  
**Baptist Church**, CH 4, Sun., 8 a.m.-noon; CH 3, Rm. 9, 2nd Wed., 1-4 p.m.  
**Beit Halev—House of the Heart**, Scheduled as needed.  
**Buddha Circle**, CH 3, Rm. 3, Sat., 10 a.m.-noon  
**Chinese English Bible Study Fellowship**, CH3, Rm. 9, Tuesdays 2-5 p.m.  
**Congregation Sholom**, Fri., 6:30 p.m., Zoom; Sat., 10 a.m.-noon, CH 3, Rm. 9.  
**Dongbu Pyunkang Church**, CH 3, Rm. 2, Sun. (except last Sun.), 3-9 p.m.  
**Interfaith Council**, scheduled as needed  
**KCRC Bible Study**, CH 3, Rm. 1, 3rd Fri., 4:30-8 p.m.; CH 3, Rm. 6, Tues., 10 a.m.-noon  
**Korean Bible Study**, CH 3, Rm. 5, Thurs., 6-9 p.m.; CH 3, Rm. 7, 2nd Sun., 5-9 p.m.  
**Korean Catholic Fellowship**, CH 3, Rm. 9, 3rd Sat., 4-10 p.m.; 1st, 2nd Wed., 5-9 p.m.  
**Latter-Day Saints**, CH 3, Rm. 1, 3rd Mon., 4:30-9 p.m.; 3rd Sun., CH 3, Rm. 6, 2-3:30 p.m.  
**LW Han In Church**, CH 3, Rm. 4, Sun., 8 a.m.-1 p.m.; CH 3, Rm. 8, Wed., 9 a.m.-noon  
**LW Humanist Association**, CH 3, Rm. 1, 1st Sun., 10:30 a.m.-noon  
**Seal Beach Cornerstone Fellowship**, CH 2, Sun., 9 a.m.-noon; CH 3, Rm. 3, Fri., 2:30-5:30 p.m.  
**Seal Beach Sa-Rang Church**, CH 3, Lobby and Rm. 9, Sun., 9 a.m.-2 p.m.; CH 3, Rm. 1, Wed., 6:30-8:30 p.m.  
**Women's Christian Fellowship**, CH 3, Rm. 6, 2nd, 4th Mon., 10-11:30 a.m.  
**Young Nak Presbyterian Bible Study & Fellowship**, CH 3, Rm. 3, 3rd Sun., 5-7:30 p.m.  
**SELF IMPROVEMENT**  
**AI Anon**, CH3, Rm. 7 on 1st and 3rd Mondays, 9:30 a.m., and CH3, Rm. 8 on 2nd and 4th Mondays, 9:30 a.m., 562-412-8351  
**AA Friends**, CH 3, Rm. 4, Wed., 3:30 p.m.; Sat., 8:30 a.m. 562-209-0816, 213-248-0539  
**Fitness Fusion**, CH 6: Tues., 10:30-11:30 a.m.; Veterans Plaza: Thurs., 10:30-11:30 a.m.  
**Fun Exercise Club**, CH 6, Sec. C, Mon., 9:30 a.m.-1 p.m.  
**Joy Walking & Jogging**, Amphitheater, Sat., 7:30-11:30 a.m.  
**Leisure Leggers**, CH 6, Mon., 8 a.m.  
**LW Yoga Club**, CH 6, Sec. C, Wed., 9-10 a.m.; 10:15-11:15 a.m.; Veterans Plaza, Tues., 10:15-11:15 a.m.  
**Wa-Rite Club**, CH 3, Rm. 1, Fri., 8-10:30 a.m.

### SERVICE

**Amateur Radio Club**, CH 3, Rm. 9, 1st Wed., 10-11:30 a.m.  
**American Legion Auxiliary**, CH 3, Rm. 1, 3rd Mon., 1:30-3:30 p.m.  
**American Legion Post 327**, CH 3, Rm. 3, 3rd Mon., 11 a.m.-4 p.m.; CH 2, 2nd, 4th, 5th

Mon., 1-4:30 p.m.  
**Community Emergency Response Team (CERT) Study Group**, Bldg. 5, Conference Rm. C, Fri., 6-8 p.m.  
**Concerned Shareholders**, CH 3, Rm. 2, 4th Thurs., 1-3 p.m.  
**Drone Service Club**, CH 3, Rm. 7, 4th Thurs., 11:30 a.m.  
**Friends of the LW Library**, scheduled as needed  
**Golden Age Foundation**, CH 6, Hospitality, Mon.-Fri., 9-11 a.m.  
**LW Woman's Club**, CH 2, 1st Tues., 1:30 p.m. (no meetings July, Aug.)

### SOCIAL

**Christian Fellowship and Fun Club**, CH 4, 4th Tues., 5-9 p.m. (no meetings in July-Aug., Dec.)  
**Friendly Couples Club**, CH 3, Rm. 2, 2nd Wed., 5-9 p.m.  
**LW Noon Spoons Lunch Club**, scheduled as needed  
**Neighbor to Neighbor Club (Mutual 14)**, scheduled as needed  
**RV Club**, CH 4, 3rd Tues., 6-9 p.m., (no meetings in May-Sept.)  
**Rainbow Sisters**, CH 3, Rm. 6, 1st, 3rd Tues., 6-9 p.m.  
**Rat Pack**, scheduled as needed  
**Red Hat Society**, CH 3, Rm. 5, 4th Fri., 1-4 p.m. 562-430-6950; CH3, Rm. 1, 2nd Mon., Noon-4 p.m.; CH3, Rm. 5, 1st Mon., 9:30 a.m.-Noon; CH3, Rm. 2, 3rd Thurs. in Nov., 12:30-3:30 p.m.  
**Schmooze Club**, CH 3, Rm. 9, 2nd Tues., 9 a.m.-1 p.m. (no meetings in Aug.)  
**Social Club of LW**, CH 1, 4th Fri., noon-4 p.m. (no meetings in Nov.-Dec.)  
**Social Club Seventeen (Mutual 17)**, CH 1, picnic area, 2nd Sun. in Aug., 10 a.m.-3 p.m.  
**Sunshine Club**, CH 3, Rm. 2, every Fri., 10 a.m.-Noon. 562-301-5339  
**Where We Live**, CH 3, Rm. 6, 3rd Mon., 6:30-8 p.m.  
**Wine Lovers Club**, CH4, Sec. A, 1st Mon., 6-10 p.m.  
**Woman's Club, LW**, CH 2, 1st Tues., 9 a.m.-4:30 p.m.; 3rd Fri. (games), 9 a.m.-4:30 p.m.

### SPORTS

**Bocce Club**, scheduled as needed; 562-756-9170  
**Golf—Men's Club**, CH 3, Rm. 1, 2nd Tues., 9-11 a.m. (only Jan., March, June, Sept., Nov.)  
**Golf—Women's Club**, CH 3, Rm. 5, 1st, 3rd Tues., 2-5:30 p.m  
**Ladies "Q" Club**, CH 1, Pool Room, regular play, Mon., 9:30 a.m.; monthly meeting, 1st Mon., 10 a.m.  
**Pickleball Players Club**, CH 2, 1st Sun., 5-7 p.m.  
**Pool Club**, LW, CH 2, Pool Room, League play, every Mon., 6-9 p.m. through May; tournaments, 4th Sat., 1:30 p.m. through May (June-Aug. monthly tournaments, 3rd Wed., 6-9 p.m.)  
**Shuffleboard Club**, Indoor Courts for open play: Mon., Wed., Fri from 9-11 a.m. and Tues. from 6-8 p.m. at the Shuffleboard Courts Building behind CH 1; 775-527-0426.  
**Table Tennis Club**, scheduled as needed.

## TO MAKE CHANGES

Changes must be made in writing at the LW Weekly office or by email: [emmad@lwsb.com](mailto:emmad@lwsb.com). For more information, call 562-431-6586, ext. 387, Monday-Friday from 8 a.m.-4:30 p.m.  
LW club information is provided by the clubs' representatives and GRF Recreation. Club representatives can add new listings or change the information provided here. This list is subject to change. The LW Weekly recommends people confirm meeting information with the individual clubs.



# HEALTH & FITNESS

## New Year, New Connections brings awareness to the mental health of seniors

by Katya Lukina  
LW staff

On Jan. 11, over 40 LW residents attended the New Year, New Connections event in Clubhouse 4, organized by the Council on Aging – Southern California ReConnect EISOA Program in partnership with the LWSB Member Resource Liaison Office. The goal was to address the older adults mental health, the new three-digit suicide prevention line 988, and connect people with the available resources.

The President of the Golden Age Foundation, Anna Derby, introduced the event by providing the history on the Council on Aging protective services for veterans and older adults and its collaboration with the Golden Age Foundation.

Michelle Jo Park, MD, program psychiatrist for the Council on Aging – Southern California ReConnect Program, made a comprehensive presentation on elder abuse. According to the National Center on Elder Abuse, the number of older adults in the U.S. has been growing and is projected to outnumber children by reaching 70% of the population by 2060.

This growing population faces a number of challenges. One is ageism, or discrimination based on age that can include mental or physical abuse.

Older adults also face health issues. According to Park, 80% of older adults have at least one chronic health condition, and 50% have two or more. Approximately 40% of them report some type of functional disability, including age-related changes in metabolism of medications and alcohol, in particular.

One in four adults will continue to use prescribed anxiety, pain or insomnia drugs long term, which may cause leth-



Robann Arshat (l-r), and the guest speakers: Joanna Constanza, training and outreach coordinator, Survivor Support Services at Didi Hirsch Mental Health Services, Anna Derby, GAF President, Michelle Jo Park, MD, Program Psychiatrist for the Council on Aging – Southern California ReConnect Program, Kevin Alexander, Service Chief of Orange County Health Care Agency, and Carolina Gutierrez-Richau, MA Director of the Preventative Mental Health Department, Council on Aging OC.

argy, confusion, falls and other life-threatening risks. Drug and alcohol use among older adults is particularly dangerous, Park explained, since they are more susceptible to the harmful effects of these substances.

In addition to physical health issues, mental health disorders are a common issue among older adults. People can suffer from the whole spectrum of disorders, including depression, dementia or neurocognitive disorders, anxiety and substance abuse.

One in four older adults experience loneliness and social isolation that may negatively affect mental health, leading to depression, heart disease and more. Park explained that older adults, victims of elder abuse, immigrants, minorities and members of the LGBTQ community are at a higher risk of experiencing loneliness.

Statistics show that 19.9% of

adults 65 and over die by suicide, Park said. White males ages 85 and over have the highest rate of suicide in the U.S.

According to Park, COVID-19 had less impact on older adults' mental health than expected. COVID deaths, however, occurred in large numbers in people 75 and over, causing a loss of population. Unvaccinated and unboosted older adults made up the majority of deaths, and only 51% of older adults have received their booster shots.

Besides mental and physical health challenges, older adults can also face elder abuse, which includes physical, psychological, financial and sexual abuse, as well as neglect, Park explained. One in ten older adults



Guest speaker Joanna Constanza shared her personal experience with losing a loved one to suicide and how to recognize when someone is at risk and where to seek help.

suffer from abuse, and signs of abuse require immediate action.

Over the past five years, the number of Americans providing unpaid care to an adult with

**MENTAL HEALTH, page 10**

## SB Senior Lunch Program

Meals on Wheels Orange County partnered with the city of Seal Beach to host a senior lunch program at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, from 11 a.m.-noon, Monday-Friday. Sugar free desserts and water-packed fruits are available.

The program is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome, even if a contribution is not possible. Guests under 60 pay \$5.

The menus are available online at <https://www.mealsonwheelsoc.org/wp-content/uploads/2022/12/C1-January-Menu-2023-FINAL.pdf>.

### Thursday, Jan. 26

Minestrone soup with pasta and sugar free crackers, Vietnamese chicken salad, Asian cucumber salad and whole wheat dinner roll.

### Friday, Jan. 27

Barbacoa beef beans and corn salad, Oregon bean medley with tortilla and sugar free fruited gelatin.

### Monday, Jan. 30

Vegetarian lasagna, succotash, sliced carrots with crackers.

### Tuesday, Jan. 31

Huli Huli chicken strips with pineapple sauce, jasmine rice with broccoli and sugar free fruited gelatin.

### Wednesday, Feb. 1

Spinach mushroom quiche, sweet potatoes, winter vegetable blend, blueberry muffin and canned peas.

## Bicycle Club

Join the LW Bicycle Club for a healthy ride on Sundays (with breakfast) to El Dorado Park, Mondays, Wednesdays and Fridays. The group meets at the North Gate at 9 a.m. Members also enjoy happy hours, dining out, pickleball and playing Rummikub.

For more information, call Mary Romero at 562-810-4266 or Lucy Czra at 818-209-5075.



Ruby Resnick (l) and Marsha Larson were the biggest losers of the week.

## Wa-Rite

Wa-Rite's total loss of the week of Jan. 13 was 12.5 pounds. Ruby Resnick and Marsha Larson were the biggest losers each losing 2 pounds. The club welcomed new members Denise Stabile and Signe Kaleel, and is getting ready to nominate new board members.

Carol Chambers gave a presentation on importance of protein, adding that eating more protein reduces the risk of hip fractures by up to 45% due to amino acids that strengthen the bones.

The Wa-Rite reminds everyone that the meetings time has changed to 10 a.m., with a weigh-in from 9-9:45 a.m., at the same location — Clubhouse 3, Room 1. Annual dues are \$10.

## Dancing Feet Club

Dancing Feet Club hosts two free events in Clubhouse 2: line dancing class every Monday from 7-9 p.m. and the ballroom and line dancing class every fourth Sunday of the month from 6-9:30 p.m.

For the social dance come dressed to impress. People may bring own snacks and drinks. Alcoholic beverages are not allowed.

For more information, text 551-998-4223 or email [edbolos@comcast.net](mailto:edbolos@comcast.net).

—Ed Bolos

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## Meals on Wheels, Long Beach

*Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.*

### Thursday, Jan. 26

Hawaiian chicken with pineapple, brown and wild rice, brussels sprouts, cantaloupe, roast beef and cheese sandwich with lettuce, tomato and pickle, plus creamy coleslaw.

### Friday, Jan. 27

Beef stew with potatoes, celery, carrots and onions, biscuit, chef's special cake, Greek chicken salad with tomato, olives, cucumber, feta cheese vinaigrette dressing and crackers.

### Monday, Jan. 30

Herb-roasted chicken leg and thigh, mashed sweet potatoes, seasoned cauliflower, tangerine, chicken salad sandwich with spinach and tomato and marinated beet and onion salad.

### Tuesday, Jan. 31

Pork loin with apple berry sauce, macaroni and cheese, peas and onions, kiwi, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing and crackers.

**Need help?  
24-Hour Nurse:  
562-795-6216**



Joyful Line Dance former and current members celebrated the Simbang Gabi with the FALW on Dec. 21.

## Joyful Line Dance Celebrates Simbang Gabi with the FALW

The Joyful Line Dance Club invites those who enjoy dancing and wish to connect socially to attend its classes every Thursday in Clubhouse 6 upstairs from 10:30 a.m.-12:30 p.m. under the guidance of skillful instructors.

Joyful Line Dance former and current members gathered together as part of the Simbang Gabi, the Filipino Association of Leisure World's celebration of Jesus Christ's birthday held annually on the third Wednesday. In 2022, FALW held its gathering on Wednesday, Dec. 21, in Clubhouse 6 with Holy Family Church Rev. Juan Caboboy

and over 100 members of FALW. Everyone who attended enjoyed the sumptuous meal put together by the Filipino Association.

The Joyful Line Dance thanks the FALW staff and its members for making that day special for everyone and welcoming the line dancing performance under the Ed Bolos' and Rose Vivar's leadership.

For safety, classes are limited to 35 people on a first-come, first-served basis. Face masks and exercise shoes are strongly recommended. No membership is required.

For more information, text 562-301-5339.

## Join the beginners ukulele classes on Wednesdays in Clubhouse 1

Fun and friendly beginners ukulele class sponsored by the newly formed Aloha Club welcomes anyone interested in learning how to play ukulele on Wednesdays, from 9:30-10:30 a.m. in Clubhouse 1, from Feb. 15 until June 14.

The class instructor Larry Yamashiro has years of experience in sharing his passion for this island tradition. This humble instrument can benefit older adults by stimulating brain activity, and reducing the risks of depression and dementia. Plus singing along can make people happy.

One time \$10 material fee is due on the first day of class. Class size is limited and preregistration is required.

For more information, call or text Doris Morton at 714-330-4609.



Beginners ukulele class attendees boost their mental and physical health by mastering the basics of playing ukulele.

## MENTAL HEALTH from page 9

health or functional needs has increased from 43.5 to 53 million. The negative mental and physical impact of caregiving on family members has also risen.

According to statistics cited by Park, the U-shaped curve of happiness in the U.S. is one of the lowest in the world. However, people aged 64 and older are still the happiest compared to other age groups.

Despite these challenges, studies show that older adults are resilient, and that resilience can be taught and learned. Many people become more resilient after suffering a traumatic event, Park explained, and reap the benefits of it by slowing aging and better recovering from future diseases. Positive and secure attachments, reducing stress, the establishment of social networks and physical activities are just a few ways people can promote resilience to trauma.

After Park's presentation,

people learned more about the National Suicide Prevention Lifeline (988) from Joanna Constanza, training and outreach coordinator, Survivor Support Services at Didi Hirsch Mental Health Services.

Though the 1-800-985-5990 number still works, the new three-digit 988 number speeds up the connection and routes the caller to the national Lifeline. The Lifeline is different from dialing 911 in that it stabilizes most situations over the phone and connecting a person with local resources to help.

The long-term goal of 988 Lifeline is to help people be more open about mental health and recognize when someone is at risk. This three-digit number can be used by an individual in crisis or by a third party such as a friend, parent, or a teacher.

Dr. Kevin Alexander, Service Chief of Orange County



Many LW residents found the event topics valuable and informative.

Health Care Agency, spoke of the county's resources that are available to those in crisis, with a goal to reduce suicide rates and bring community together.

He added that the OC Links at [www.ocalhealthinfo.com/services-programs/mental-health-crisis-recovery/navigation-help-resources](http://www.ocalhealthinfo.com/services-programs/mental-health-crisis-recovery/navigation-help-resources) can offer help immediately, which has improved

in the last ten years along with private and public insurance requirements.

According to Alexander, the county works closely with the Department of Education and non-profits to educate young people about available resources and to destigmatize conversations about mental health. He added that people need to ask

questions if someone seems suicidal and assure them that everything will be okay.

Derby thanked the participants and attendees for their time and reminded the residents to reach out to GAF or Members Resources Liaison Robann Arhsat, with questions or resources for financial and emotional issues.

Nick Massetti, the GRF Board member and the facilitator for the Depression and Bipolar Support Alliance said he enjoyed the event and encourages people to be more open about mental issues.

He invited anyone diagnosed with bipolar disorder, depression, or anxiety to attend the free classes (East Long Beach support group) via Google meet on Wednesday evenings.

For time and more information, email: [dbsaeastlb@gmail.com](mailto:dbsaeastlb@gmail.com).





# Know Your Risk.

Join MemorialCare Long Beach Medical Center at its Women’s Heart & Stroke Seminar to receive various health screenings and learn how you can prevent cardiovascular disease and stroke.

Saturday, Feb. 25 | 7:30 a.m. - 2 p.m.

**The \$25 attendance fee includes:**

- Light breakfast and lunch
- Screenings:
  - Cholesterol
  - Carotid artery
  - EKG
  - Blood pressure
- Time with a nurse practitioner to review your results

**Seminar Timeline:**

- 7:30 - 9 a.m.      Registration & screenings
- 9 a.m. - 2 p.m.      Speakers

*Screenings will also be performed during seminar breaks.*



Scan the QR code  
or call (562) 933-0100  
to register.



# COMMUNITY

## SUNSHINE CLUB

### Learn about Go Bags on Friday

Eloy Gomez, GRF Safety and Emergency Specialist, and LaVerne Haller from Community Emergency Response Team (CERT), will be the guest speakers at the Sunshine Club meeting on Friday, Jan. 27, in Clubhouse 3, Room 2, at 10 a.m.

Gomez is a certified Cal-OSHA instructor, Red Cross certified instructor, CERT instructor and a certified Emergency Management Specialist by the California Specialized Training Institute (CSTI).

Haller is a registered nurse and public health nurse, Leisure World CERT member, and supporter and presenter of the emergency Go Bag.

The two will speak in detail about emergency preparedness, and specifically the importance of having an emergency Go Bag kit readily available.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome.

Refreshments will be served at the meeting. The Sunshine Club does not discuss politics or religions.

The Sunshine Club began in January 2012 with the mission of "Building Bridges For A Brighter Leisure World." The club frequently invites guest speakers from Leisure World's GRF departments so residents could get familiar with each system within the community. For more information, text 562-301-5339.



Eloy Gomez



LaVern Haller



AARP tax volunteers are ready to help LWers file taxes.

### LWers can receive help with the taxes beginning Feb. 1

The AARP Tax-Aide Program sponsored by the Golden Age Foundation (GAF) begins Wednesday, Feb. 1, through Wednesday, April 12. IRS certified volunteers will prepare and e-file returns on Monday, Tuesday and Wednesday mornings.

Appointments are required. People can call 562-596-1987 and leave their name and telephone number on the GAF answering machine. A volunteer will return the call to schedule an appointment. People are asked to answer their phones even though the calling number will not be familiar or show as a blocked number. Make sure that you have all of the documents necessary for filing before you call for an appointment.

You must be a full-year California resident and qualify to file as single or married filing jointly.

The following records should be brought to the appointment if

they are applicable to you:

- Social Security number for everyone on the return.
  - Government issued ID.
  - Copy of 2021 Federal and State returns.
  - W-2 Forms.
  - Forms 1099 for interest, dividends, pensions, social security benefits, stock sales, etc.
  - Verification of the Cost of assets sold during 2022.
  - Form 1095-A if you purchased medical insurance through Covered California.
  - For itemized deductions, prepare and total a list of medical expenses, charitable contributions, taxes, interest and other deductions (total should exceed \$5,202). Bring the list along with the organized receipts.
  - Copy of a check, if you want a refund to be deposited or a direct debit for a balance due from your bank account.
- Note that the GAF and

AARP volunteers cannot prepare returns that are out-of-scope for the program. The group cannot prepare returns with rental property, a net loss from self-employment, sale of anything other than a California residence, stocks, bonds and mutual funds.

An Intake/Interview Sheet (Form 13614-C) must be completed for each return that is prepared.

For your convenience, the form will be available in the LW Library. People are asked to pick up the form and complete it in advance.

The tax preparation room is in Clubhouse 3, in the Knowledge and Learning Center computer room. You will participate in an interview with the tax preparer and the Quality Reviewer. The process will take at least an hour to have the tax return prepared.

## SENIOR PEACE CLUB

### Club to honor Dr. Martin Luther King Jr. during Black History Month

The Senior Peace Club's next meeting will be on Thursday, Feb. 2, at 2 p.m. in Clubhouse 3, Room 9. A program to honor Dr. Martin Luther King Jr. will be presented. It will include several videos and a presentation by LW resident Donald Koepke, who actually marched with MLK Jr.

Five short videos about MLK Jr. will be shown including a compilation of excerpts from his many brilliant and inspiring speeches, a music video and one showing his funeral. The videos are not the more common ones usually shown about him.

February is Black History Month. King's impact on the U.S. and the world is huge. His non-violent fight for civil rights and human rights changed the course of history in this country and must be carried on.

All LW residents and guests are invited to attend; light refreshments will be served. For more information, call Pat Kruger at 562-357-4040.

## Concerned Shareholders

The Concerned Shareholders Club is going to have guest speakers from Frontier at its next meeting today, Jan. 26, in Clubhouse 3, Room 2, at 1 p.m.

The representatives will show the group how LWers can save money on internet, TV and telephone services. People are encouraged to bring their bill for a professional evaluation. Frontier also participates in the Federal Affordable Connectivity Program (ACP). It is a long established company that has already installed all equipment and is functional in all the Mutuels.

## SUNSHINE CLUB

### LW developer's daughter will speak to club on Friday, Feb. 17, in CH 4

Heidi Cortese, daughter of the Leisure World developer Ross Cortese will speak at the Sunshine Club's meeting on Friday, Feb. 17, in Clubhouse 4 at 10 a.m.

Cortese has been the CEO of Rossmoor Construction Company since February 1993. She is excited about having this opportunity to

CORTESE, page 14

### GAF announces 2023 schedule

The Golden Age Foundation (GAF) is an independent non-profit, 501(c)(3) charitable organization dedicated to serving the residents of Leisure World.

The GAF holds multiple free programs throughout the year to help LWers.

**Hospitality Center:** The GAF sponsors the Hospitality Center in Clubhouse 6, Monday-Friday, from 9-11 a.m. Coffee and cookies are served to residents who drop by to socialize. New residents are especially welcome to come and make friends. GAF volunteers staff this project.

**Mobility Aids:** One of the most used and appreciated services of the GAF is loaning out free-of-charge wheelchairs and walkers to residents. The Mobility Aids room is on the ground floor, west side of Clubhouse 6 and is open Monday-Friday from 9-11 a.m. No appointment is necessary, but make sure to bring the GRF ID.

GAF, page 14

### LW Birthday



Lana Nguyen (l) of Mutual 6 celebrated her 87th birthday on Jan. 13. For her birthday celebration, Lana and her friend Debbi Fudge (r) ate lunch in Little Saigon in Westminster at the Sao Bien. The two ate birthday cake at Lana's favorite Westminster bakery, 85 Degrees Celsius Bakery and Restaurant.

### Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: [laurieb@lwsb.com](mailto:laurieb@lwsb.com)

The deadline is the Thursday before the desired publication date.



## Amazon Smile program will end Feb. 20

Amazon just announced the end of its Amazon Smile Community Reward program as of Feb. 20, and the Golden Age Foundation (GAF) would like to thank the LW community's support over the years through the program.

Amazon launched Amazon Smile to make it easier for customers to support their favorite charities. However, after almost a decade, the program has not grown to create the impact that it had originally hoped. With so many eligible organizations (more than 1 million globally) their ability to have an impact was often spread too thin.

Amazon says it will continue to pursue and invest in other areas where it can make meaningful change from building affordable housing, providing access to computer science education for students, and using its logistics infrastructure and technology to assist communities impacted by natural disasters.

To help charities like the GAF that have been a part of the AmazonSmile program with this transition, Amazon will be providing the GAF with a one-time donation equivalent to three months of what it earned in 2022 through the program. Amazon will also be able to accrue additional donations until the program officially closes in February. The GAF will still be able to seek support from Amazon customers by creating wish lists.

There is another way to donate to the GAF through the Ralphs Community Reward program. People can sign up on [www.ralphs.com](http://www.ralphs.com) or by calling (800) 443-4438. You will need your Ralphs reward card number to register or the phone number associated with the account. When signing up be sure to have the GAF's non-profit organization FS 519 to register.

The GAF is a nonprofit 501 (c)(3) charitable organization dedicated to serving LW residents.

## CERT training begins Feb. 7

Join the Community Emergency Response Team (CERT) training starting Tuesday, Feb. 7, from 6-8 p.m. The class will be held on Tuesdays and Thursdays for six weeks.

LW CERT is a club of residents who are trained to help selves and others in an emergency. During the training, people will learn how to:

- Plan for emergencies, power outages, and earthquakes.
  - Protect themselves and others.
  - Learn skills such as basic first aid, use a fire extinguisher, and react in an emergency.
  - Recover after a disaster.
- Call Eloy Gomez for information at 562-431-6586, ext. 356.

### AMERICAN LATINO CLUB

## Valentine meeting on Feb. 9

The American Latino Club will meet on Thursday, Feb. 9, at 11:30 a.m. in Clubhouse 3, Room 2. The Valentine-themed lunch menu will consist of lasagna (vegetarian or meat), a slice of garlic bread, a green salad, drinks (lemonade, hibiscus water, coffee or tea), and a Valentine cookie. The club will also hold a 50/50 raffle.

The cost for the lunch is \$10 per person and \$12 for guests, payable to club Treasurer Carmen Edwards, either by mail or dropping it off at 1240 Oakmont Road, Apt. 52-K, Seal Beach, California, 90740. Make checks payable to American Latino Club. Payment must reach Carmen by Friday, Feb. 3.

Members will be contacted by email or phone to provide their lasagna choice or may bring their own lunch/drink.

For more information, call Edwards at 562-431-4257.



Sunshine Club members can bring their reusable mugs to club meetings again.

## Club members are encouraged to bring reusable mugs

Sunshine Club members are asked to bring their own coffee mugs to save the earth.

On average, there are 45-65 attendees at Sunshine Club meeting. The club provides refreshments to residents each week and had encouraged club members to start bringing cups or mugs from home to cut back on its paper cup consumption.

During the pandemic, the club halted the reusable mug campaign when it started meeting in person again to observe safety precautions at that time.

Now, while continuing to observe best safety practices, the Sunshine Club has asked members to bring their own coffee mugs to meetings again. The club will still provide paper

cups for those who don't bring a cup to the meeting. The club doesn't use styrofoam cups, only paper cups.

The Sunshine Club meets every Friday in Clubhouse 3, Room 2, at 10 a.m. All residents are welcome to join. No membership is required and refreshments are provided.

—Anna Derby

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## Democratic Club

by Mary Larson  
LW contributor

Residents are reminded that there are only a few days left to vote in the City Council run-off election. The LW Democratic Club endorses Mariann Klinger for the position. Ballots can be placed in the drop-box located in the Amphitheater parking lot. The club reminds residents to not give their ballot for mailing to anyone they do not personally know.

...

To the surprise of many, Congresswoman Katie Porter has announced she will be running to replace Dianne Feinstein in the Senate. If elected, she would be Orange County's first U.S. Senator since John Seymour was appointed to a short term in the 1990s.

A number of other Democrats are also reportedly exploring running to replace Feinstein

in the 2024 election, including Representatives Adam Schiff, Barbara Lee and Ro Khanna.

A person familiar with his thinking has previously written that Schiff had decided to explore the possibility of running for the Senate rather than seeking a position in House Democratic leadership. Lee has announced she is running. Khanna has said he has been "looking at the Senate." His allies are talking about the White House.

Secretary of State Shirley Weber and others were reportedly upset when the Harris seat did not go to another Black woman. She may also run for Feinstein's spot.

Gov. Gavin Newsom can possibly control what happens in the race to replace Feinstein. He has reportedly told President Biden and Vice President Harris that he will not run against either of them in 2024. Pundits

say that it is doubtful that any other candidate running to replace Feinstein in a 2024 Primary could best Newsom if he chooses to run for the position.

In addition to what happens in California in the 2024 election, Democrats will have to defend more than twice as many seats for the U.S. Senate as Republicans. This will include races in competitive states like Nevada, Pennsylvania and Wisconsin.

...

What is not a surprise is that former Representative Harley Rouda will be a candidate in Congressional District 47. His announcement about running to replace Porter in the 2024 Primary came just one day after she said she was giving up that position to run for the Senate.

In the November 2018 General Election, Rouda defeated long-term incumbent Republican Congressman Dana Rohrabacher to become Leisure World's representative in Congress. In 2020, he was defeated for re-election by Orange County Supervisor Michelle Steel.

State Sen. Dave Min has also thrown his name into the mix for a seat in Congress to replace Porter. Min is the only Korean American currently in the state legislature.

In endorsing Min, Porter wrote, "Dave has proven that he can win in this area while delivering on a progressive agenda with real results."

...

For in-depth reporting on issues, Democrats and supporters can subscribe to the club's free newsletter by emailing [democraticclubsblw@gmail.com](mailto:democraticclubsblw@gmail.com), or calling 562-296-8521.

### CORTESE from page 12

give fortuitously, she will speak on what is her 30th anniversary as Chairwoman of one of America's most influential companies in developing senior housing: Leisure World.

Over 70,000 people nationwide call a "Leisure World," former "Leisure World," or Rossmoor property "home."

Note that the meeting will take place in Clubhouse 4 instead of the Sunshine Club's regular meeting place due to a larger crowd expectation.



The GAF holds shredding service events three times a year in addition to many other free resources and events.

### GRF from page 12

**Tax Return Assistance:** The GAF arranges for tax volunteers, trained by the AARP, to prepare basic State and Federal tax forms without charge (see page 12). The program opens the beginning of February through mid April. Appointments are required, and the phone number will be in the LW Weekly during the service period.

**Shredding Service:** The GAF sponsors free document shredding for shareholders three times a year in the Clubhouse 2 parking lot, generally between 10 a.m.-noon. The dates and times will be announced in the LW Weekly a couple of weeks before the service.

**Recycling Program:** The GAF pays for the proper disposal of batteries and fluorescent bulbs to help the environment. The GAF asks residents to save the dead batteries for the recycling service on March 21 in the Clubhouse 2 parking lot from 10 a.m.-noon. Fluorescent/LED bulbs can only be dropped off at the Purchasing Department during office hours.

GAF's upcoming events include:

- **Shredding Service:** March 14, in Clubhouse 2 from 10 a.m.-noon
- **Battery Recycling Service:** March 21, in Clubhouse 2, from 10 a.m.-noon.
- **GAF's 50th Anniversary:** The GAF will celebrate its 50th anniversary on April 22, downstairs in Clubhouse 6, from 10 a.m.-2 p.m. There will be three different musical entertainers, dancing, and a food truck to celebrate.

All GAF programs are provided free to Leisure World residents and is entirely staffed by volunteers, so all contributions go directly to meeting community needs. The generous support of shareholders, residents, clubs, organizations and businesses is the main source of income.

There are numerous ways LWers can contribute to the GAF including becoming a member and/or making a yearly contribution, volunteering, joining the Ralph's Rewards program or naming the GAF as a beneficiary in your estate planning. For more information, call 562-431-9589. Contributions are tax deductible. The GAF's Tax ID is 23-7273105.

For more information, go to [www.goldenagefdn.org](http://www.goldenagefdn.org) or text at 562-301-5339.



The Filipino Association of Leisure World (FALW) enjoyed the first bingo of the new year on Jan. 15. Despite the forecasted rain, the bingo aficionados came in droves to enjoy a few games. All who played look forward to the next FALW Bingo on Sunday, Jan. 29. The multicultural club invites all Leisure World residents to come and join the exuberant club at the next meeting on Feb. 12, in Clubhouse 3, Room 2. The club's annual membership dues of \$10 are now due.


# OBITUARIES

**Margaret Scammell  
1922-2023**

Margaret Scammell, an ex-long-time Leisure World resident in Mutual 5, passed away Wednesday night on Jan. 18. She was 100 years old and had been residing in Sunrise Senior Living home in Seal Beach since February 2012. She passed peacefully, comfortably, and without pain.

Margaret was born in Toronto, Ontario, Canada on June 26, 1922. She met and married William Scammell, and they were married for 46 years. He brought her to California to be with family. They bought a home in Lakewood. It was the early 1960's when they moved into Leisure World.

She is preceded in death by her husband, Bill, four sisters and two brothers. Her favorite childhood memories were sharing a room with her sister, Bea, and family gatherings putting together puzzles or games. She and Bea were extremely close and in later



years she visited her in Canada where she fixed up an apartment in Bea's home.

Marg worked as a receptionist for 25 years at Farmer Brothers. They treated her like family. She retired in 1979 to take care of Bill as his caregiver. They enjoyed many visits to Disneyland and often took family member's kids.

Marg was not only a sweet lady, but a classy one as well. She always dressed well including her springalater high heels and accessories matching each outfit. Her make up and dress were always to the tens.

She was a very crafty, gifted person. She loved to sew, knit, make dolls and do needlepoint. She would open her place to LW residents to see her crafts. She also walked all the time and worked out to tapes keeping herself in great physical shape.

Her independence meant more to her than anything. Even as dementia and then Alzheimer's were taking over, she wanted to do "it" herself. Margaret was a very strong, special lady. We are so grateful to have had her in our lives.



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Call the LW Weekly at 562-430-0534



# ARTS & LEISURE

## ART LEAGUE RAFFLE WINNERS



The raffle winners at the LW meeting on Jan. 10 were an unnamed guest (l) and Diana Harrison (r). The demo artist for the meeting was Katie Stubblefield (center), who also teaches NOCE classes on Tuesdays at Clubhouse 4. The next Art League meeting will be held on Valentine's Day, Feb. 14. The demonstration artist will be Janet Roberts.



Silver Fox Classic Car Club Member Joe Lewis and his recently acquired 1976 Cadillac Seville are out seeking adventure. This cream puff has only 56,000 original miles. The car club meets on the second Tuesday of each month in Clubhouse 3, Room 5, at 6 p.m. People don't have to own a vintage, classic or collectible vehicle to join the club, just a passion for cars.

## Valentine's Dinner Dance returns Feb. 14

The GRF Valentine's Day Dinner Dance, slated for Tuesday, Feb. 14, will return this year after a three-year hiatus due to the COVID-19 pandemic. The romantic not-for-couples-only evening will begin at 6 p.m. in Clubhouse 2, with a sumptuous dinner of chicken piccata, garlic mashed potatoes, steamed vegetable medley, Sonoma salad and chocolate mousse for dessert, catered by Country Gardens Caterers. Music and dancing will be provided by Anthony and Doniele Bernasconi, whose repertoire runs the gamut from Frank Sinatra and Marvin Gaye to Billy Joel, James Brown and Michael Bublé.

Anthony wowed the amphitheater audience last season with his Bublé tribute show and Doniele is an artist in her own right with her country classics renditions. Their versatile and engaging style draws the audience into the fun and gets the house rocking. Residents are encouraged to book early, as this event always sells out and seating is limited. Tables may be purchased by groups of eight, subject to availability. Tickets are \$40 per person or \$300 for a table and are available at the Recreation office in Building 5. For information, contact Mayoka Bassell at 562-431-6586 ext. 476 or email [mayokab@lwsb.com](mailto:mayokab@lwsb.com).



Ernie Dinkel



Guta Basner

## Tournament Poker Club

The Jan. 7 tournament was won by Ernie Dinkel with the winning hand of a pair of tens. John Burns came in second, Joyce Smith third and Tom Pappas was fourth. Ernie also spends his time playing bocce ball and is a member of the Photo Arts Club. High hand was a spade Royal Flush by John Burns and second high hand was four queens and a six, held by Tom Pappas. The Jan. 14 tournament was won by Club President Guta Basner with a straight. Second was Carole Damoci and third Debbie Barner. High hand was

four kings and a queen by Guta Basner and second high hand was a full house, 10s over 7s held by Erica Greenwood. Guta has been a club member for six years and this is her eighth win. She spends her spare time playing pickleball, pool and sudoku. The club is looking for some new members. If you enjoy playing poker and just having a fun time, feel free to join. Members play the first three Saturdays in the month. Seating starts at 11:30 a.m. and the games start firmly at noon. —Carole Damoci

## Orchestra seeks new members

The group needs oboe, French horn, timpani, bass and percussion players

The LW Orchestra is rehearsing for its next concert on Saturday, May 20, at 1 p.m. Admission to the concert is free and there will be treats afterwards. The club is looking for new members and leadership knows there are lots of former musicians in LW who would enjoy playing great classical music. The club needs at least two players for each instrument and hopes to find some new members to fill in its gaps. The club particularly needs oboe,

French horn, timpani, bass and percussion players. The club rehearses Tuesdays and Wednesdays at noon in the Amphitheater. Many members who have not played for many years join and find their skills return and are able to contribute. Those interested should contact Fred Reker at [fredreker326@gmail.com](mailto:fredreker326@gmail.com). The orchestra been growing over the past three years and looks forward to increasing its numbers.

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Members of the Photo Arts Club enjoying the presentation

## Photo Arts Club

At the Jan. 12 Photo Arts Club meeting, Ben Benjamins began a review of the 90 photos that members had sent to him. They were displayed on the large screen. As each was shown, Ben and others in the audience commented on the importance of light and how it had impacted the photo, design elements, use of color and sharp focus, as well as choice of subjects and how they were arranged in the photo.

Ben demonstrated the edit features on his computer and also on cell phones to modify some of the photos. Members also practiced holding their cell phones to stabilize the photo image.

The next meeting of the Photo Arts Club will be on Thursday, Feb. 9, at 1:30 p.m. in Clubhouse 3, Room 9.

The assignment is to take a photos of a face

with emphasis on sharpness and use of light. Members are invited to send four photos to Ben at [benbenjamins@hotmail.com](mailto:benbenjamins@hotmail.com) to be shown at the meeting.

People can also bring photos of their choice to be displayed and to be commented on at the meeting.

Hooks will be available for those who wish to bring photos in a 16" x 20" black frame to be hung in the hallway of Clubhouse 3.

Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome.

For information about the club, call Regine Schumacher at 562-430-7978.

—Regine Schumacher

## Bridge Club offers free lessons on Fridays

The Leisure World Duplicate Bridge Club is offering free lessons to experienced bridge players on Friday mornings in Clubhouse 1 from 9:30-11:30 a.m. beginning Feb. 3. Larry Slutsky and Rob Preece will teach the lessons.

The focus of the classes will be defense and will feature a lot of supervised play.

For more information and/or to sign up for the lessons, contact Larry Slutsky by phone at 562-253-7119 or by email at [larryslutsky@gmail.com](mailto:larryslutsky@gmail.com); or Linda Nye by phone at 562-453-6678 or by email at [yeulingny@yahoo.com](mailto:yeulingny@yahoo.com).

North/South winners in the 5½-table game on Jan. 12 were Larry Slutsky and Shmuel Fisher with a 62.1% game. East/West winners were Ellen Kice

and Linda Stein with a 61.69% game.

In the ten-table game on Jan. 13, North/South winners were Larry Topper and Lynn Danielson with a 59.49% game; second were Carol Murakoshi and LaVonne McQuilkin with a 59.26% game; third were Bill Brooks and April Berg with a 57.41% game. East/West winners were Kathy Jervik and Sherry Geller-Vogeli with a 58.8% game; second were Miranda and Tony Reddy with a 57.41% game; third were Frances Gross and Sue Fardette with a 57.18% game.

With a 68.43% game Bud Parish and Jeanette Estill were the East/West winners in the ten-table game on Jan. 16. Second were Shmuel Fisher and Thad Mikols with a 60.85%

game and third were Miranda and Tony Reddy with a 53.69% game. North/South winners were Larry Slutsky and Fred Reker with a 68.2% game; second were Sibyl Smith and Diane Schmitz with a 61.2% game and third were Linda Nye and Alan Olschwang with a 57.93% game.

Games are played on Monday, Thursday, Friday and Saturday afternoons in Clubhouse 1 beginning at 12:30 p.m. Players are asked to arrive no later than 12:15 p.m. to confirm their reservations. Reservations can be made at any game using the sign-up sheets and/or by contacting Linda Nye at 562-453-6678 or emailing [yeulingny@yahoo.com](mailto:yeulingny@yahoo.com) no later than 10 a.m. on game day.

—Gene Yaffee

Send arts stories to [emmad@lwsb.com](mailto:emmad@lwsb.com)



## FIND YOUR PEACE OF MIND

While the holidays may not be the same as they were in the past, there can still be plenty of reasons to celebrate. Don't wait until depression happens to reach out to us.

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Hoppy Hopkins



Ron Jackson

## Cribbage Club

Members of the club congratulate two players who each won all seven games played last Tuesday. Hoppy Hopkins and Ron Jackson each earned their first star with a perfect score of 847.

Marilyn Chelsvig took second place with 843 while Drew Sargent placed third with 837. Cleo Looney rounded out the winners in fourth place with 834.

Refreshments were provided and served by Carrie Kistner and Candy Meyers in honor of the birthday of their mother and mother-in-law, Darlene Meyers. The club wishes Darlene a happy

birthday and a speedy recovery.

Seven games of cribbage are played each Tuesday in Clubhouse 1 beginning at 12:30 p.m. and ending by 4 p.m.

Refreshments to celebrate birthdays or other special occasions are donated by members.

Those who want to learn how to play cribbage, brush up on the game or learn more about the club, should call and leave a message with Terry Thrift at 714-394-5885.

Dues of \$5 are accepted for 2023. Stop at the check-in desk before play begins next Tuesday.

—Marilyn Chelsvig

## Community Karaoke

Fulfilling a bucket list, Randi Allen has begun to sing at the Wednesday karaoke parties. With her gentle voice, the audience enjoyed the Everly Brothers hit "Let It Be Me." Vickie Mendoza sang a husky "Sumertime", which is an Ella Fitzgerald favorite.

Changing the mood was Erika Greenwood with "Skip A Rope," Shannon Harrison doing "Let Your Love Flow" and Nina Todorov singing "Those Were the Days." A powerful Lady Gaga hit "Always Remember" got appreciation for Nina DeRosa. A smooth "Day After Day" was sung by Tony Tupas. David Noble sang a mellow Elvis tune. Ray Greirman, always animated, sang "Tiny Bubbles." The audience enjoyed the voices of 25 karaoke enthusiasts.

The club's "cookie lady," Allana Eaby, provided a plateful of fresh baked goodies. Hot coffee and tea are ready for



Randi Allen

people as they're are moved with the variety of music.

Each Monday in Clubhouse 6, a small group practice a new song or perfect a favorite. The club meets from 1-3 p.m. Wednesday nights are karaoke parties in Clubhouse 1 beginning at 5:30. Everyone is welcome to be a singer. Singers love their audience, who appreciate their efforts.

—Margie Thompson

## Lapidary Club

A beginner Fused Glass class will be offered on Tuesday, Feb. 7, from 12:30-2:30 p.m. by two very talented instructors: Yvette Louie and Edy Jianto. Students will learn basic fused

glass skills, plus they will go home with two 3" x 3" plates. The materials and class cost are only \$15. Come by the Lapidary Room in Clubhouse 4 to sign-up for this interesting class.

## Saturday Social Bunco

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. The next meeting will be held Jan. 28 in the Clubhouse 3 Lobby. Sign-up starts at 1 p.m. play begins at 1:30 p.m. sharp. The club had its post-holiday party on Jan. 14. A good time was had by all. The winners from

Jan. 14 meeting were as follows: Most buncos went to Kathy Russell; most wins went to Patti Goughay; most losses went to Diane Seeger; and most babies went to Susie Ralston. The door prize went to Kathy Rapp. For more information, call Doris Dack at 562-356-0443.

—Joyce Ingram



# RELIGION

## First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

**Message from the Pastor**  
"So God looked upon the earth, and indeed it was corrupt; for all flesh had corrupted their way on the earth" Genesis 6:12.

Earlier, in verse 3 God had set the length of a human life to last no more than 120 years. It was his love, patience and long suffering that gave humans time to repent and turn from their evil ways and seek him. Humans rejected the one who had given them life and went their own way and so sin ruled over humans. Evil, wickedness and unholiness was the rule of the day and God, in his sovereignty, brought judgement upon that which he had created.

"And God said to Noah, 'the end of all flesh has come before me, for the earth is filled with violence, and behold, I will destroy them with the earth.'" God is describing a worldwide catastrophic flood in which only eight souls would survive. He instructs Noah and his family

to "make themselves an ark of gopher wood; make rooms in the ark and cover it inside and out with pitch" Genesis 6:13-14.

That ark, built to carry the righteous through flood, is an Old Testament type of Christ who will be the one that saves the righteous from the next coming judgement that will come upon the earth. That is what the entirety of God's word is about, the plan of salvation for mankind through his son, Christ Jesus.

**Weekend Services**  
Sunday services are held from 9:30-10:45 a.m. The service is traditional with hymnal music led by Janet Ray and Pat Kogok at the piano. This Sunday Gregory Black will sing a special selection.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

**Midweek Studies**  
Melli Herrera leads the women's Bible study Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Pastor Bruce Humes leads Friday's prayer and Bible study



Gregory Black

from 6-7 p.m.  
**Scripture of the Week**  
"Our soul waits for the Lord; He is our help and our shield. For our heart rejoices in him, Because we trust in his holy name. Let your loving kindness, O Lord, be upon us, According as we have hoped in you" Psalm 33:20-22.

**Contact**  
First Christian Church is located on Northwood Road behind Carport 125. Those who have a need or would to receive more information about the church can call 562-431-8810 at the earliest opportunity.

## Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton Street in Long Beach. Sacrament service is held every Sunday at 10:30 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

Members are reminded that the first Sunday of every month is fast Sunday.

The reading source for this year is the New Testament. The reading assignment for the week of Jan. 30-Feb. 5 is Matthew 4 and Luke 4-5. Pay special attention to Luke 4:1-21. The Savior used the scriptures (the Old Testament) both to resist Satan's temptations and to testify of his own divine mission. People are encouraged to ponder how the scriptures can build their faith and resolve to resist temptation.

## Congregation Sholom

Congregation Sholom will hold a potluck dinner before services on Friday, Jan. 27, at 5:15 p.m. in Clubhouse 3, Room 9. A sign up sheet has been sent to members. Rabbi Mike Mymon will conduct the services following the dinner at 6:30 p.m. The service will be also be available on Zoom. Rabbi Mymon will also lead the hybrid services on Saturday, Jan. 28, in Clubhouse 3, Room 9 and via Zoom at 10 a.m. To receive a Zoom invitation, call or text Jeff Sacks at 714-642-0122.

This week's Torah portion is Bo from the book of Exodus. "Bo" ("Come") recounts the last three plagues that God inflicts on the Egyptians: locusts, darkness and death of firstborns. God commands the Israelites to offer a Passover lamb sacrifice. After the last plague, Pharaoh and the Egyptians demand that the Israelites leave.

Congregation Sholom has served Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

## Beit HaLev

Beit HaLev will conduct online services for Friday night and Saturday morning Shabbat services. The Friday service will be held on Jan. 27 at 5 p.m. and the Saturday services will be held on Jan. 28 at 10 a.m. Note that the Friday evening service begins earlier than last year, at 5 p.m.

Beit HaLev LIVE! Interactive livestream services are on Zoom at <https://us02web.zoom.us/j/9152434704?pwd=THJGT E1OUXI5VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704, and the passcode is RavGalit. People can also view on Facebook at [www.facebook.com/galityomtov](http://www.facebook.com/galityomtov) or YouTube at [www.youtube.com/beithalev8816](http://www.youtube.com/beithalev8816).

The final three plagues are chronicled in this Torah reading

of "Bo," in Exodus 10:1-11:3. "Bo" in Hebrew translates as "Come," because HaShem has again "hardened Pharaoh's heart" ensuring that the tenth plague, the Death of the First-born, will be the most catastrophic of all, claiming Pharaoh's son. Even the firstborn of the Egyptian cattle would fall victim to the last plague.

All Beit HaLev services use the special prayerbooks, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone

who seeks a path to the Divine and doesn't believe in labels. It considers all religions holy and valid. To request a membership form for Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email [duets@icloud.com](mailto:duets@icloud.com). Contributions to Beit HaLev are welcome and may be sent to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

## LW Baptist

By faith, God's people endure and persevere, even through suffering. What is their biblical shield of faith in affliction and doubt? It is God's mercy. This understanding informs LW Baptist's worship service on Sunday, Jan. 29, at 10 a.m. in Clubhouse 4.

The Energizers will meet on Wednesday, Feb. 1, at 3 p.m., in Clubhouse 3, Room 1. The group will continue its Bible study of Psalms with a study titled "Blessed are the merciful." All are welcome to attend.

For more information about the church, call 562-430-8598.

The LW Weekly 562-430-0534

## Redeemer Lutheran

"We Are Blessed Even If We Don't Sneeze!" is the title of lay preacher Jerry Brady's sermon for Redeemer Lutheran church's worship service. The service will be held on Sunday, Jan. 29, at 10:30 a.m..

All are invited to be blessed by the word and Holy Communion in the sanctuary at 13564 St. Andrews Drive, across from the Administration building where ample parking is provided.

Dee Sessa will greet people at the door and Sharon Heck will play the organ and accompany the choir quartet.

Those who have questions about the service or the work of the church can call 562-598-8697 for more information.

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## Assembly of God

**Service/Gathering Times:** Sunday morning at 10:30 in Clubhouse 3, Room 2; Wednesday morning Bible study at 10 in Clubhouse 3, Room 2. The Hymn Sing will be held on the fourth Sunday, in the Clubhouse 3 Lobby at 6 p.m.

**Sermon for this week:** Sometimes a secret is a wonderful thing; a very special diamond solitaire tucked away in a gentleman's pocket, ready to be offered to the lady he wishes to marry; the knowledge a parent has far in advance of Christmas morning of the wrapped delights around the tree awaiting their child; the mystery of the gender of a long-desired, unborn child. The revelation of those secrets is often greeted with tears and shouts of joy. A good secret is like a treasure, just waiting to be shared.

A secret many people wish they knew more about is the end of their mortal existence and what, if anything, comes next. God generously shares that secret with those who look to 1 Corinthians 15:51-52. Rather than fear of the unknown, Christians look with eager anticipation and great expectation to what lies ahead.

Pastor Chuck Franco will share a sermon titled "A Wonderful Secret" with the con-



Chuck and Sheryl Franco

gregation this coming Sunday, Jan. 29.

**Bible Study:** There are just a few sessions left of "Fearless," Bible study by Max Lucado, but there is still much to be discovered about how to eradicate fear from becoming a stronghold in one's life.

The study asks "What would you do if you didn't fear failing?" Big questions and big answers are shared and addressed in this interactive, very applicable weekly Bible study. All residents and friends are welcome to join the group at any time.

**Contact:** More information

about the church can be found at [www.lwassemblyofgod.com](http://www.lwassemblyofgod.com).

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing [pastorchuck@lwassemblyofgod.com](mailto:pastorchuck@lwassemblyofgod.com). Carolyn van Aalst is also available to receive prayer requests to add to the prayer chain at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

## Faith Christian Assembly

Faith Christian Assembly is excited to invite all residents to a special musical event titled "Christian Music Through the Generations" this Sunday, Jan. 29, at 5:30 p.m. in the main sanctuary. The church's own exceptionally gifted pianist, Earlene Leming, will lead the line up along with family members on violin, saxophone and bass guitar.

The event will showcase an anthology of Christian music over several decades during the last century beginning in the 1940s, a time still known for hymns, and continuing through the '50s and '60s, including the gospel music of Elvis Presley, tent revival songs and more. The 1970s will take people into the beginnings of the Andre Crouch era and other memorable artists. From there, attendees will hear highlights from the '80s and '90s, wrapping up a look at Christian music and its evolution during the last six decades of the 20th century.

This free show is something residents will not want to miss. People are encouraged to bring their family, friends and neighbors and enjoy a blast from the past evening of good music and friendly people.

On Wednesday, Feb. 1, Faith Christian Assembly will be hold its first health class of the year at 11 a.m. in the main sanctuary. Susan Kelleghan, a skilled and knowledgeable registered nurse, will teach the class about an often overlooked yet critical health practice: sleep. During this class, called "God's Precious Gift of Sleep," residents will learn about sleep's importance and many benefits. And yes, the Bible does have something to say about sleep as well.

Faith Christian Assembly's regular Sunday service times are at 10:30 a.m. and 5:30 p.m. The pre-service prayer is on Sundays at 5 p.m. The midweek Bible study held on Wednesdays at 11 a.m.

People can call the church office at 562-598-9010 for updated schedule information or to receive a free copy of the church's newsletter. People can also read the newsletter archive and find more information about the church at [www.FCAchurch.net](http://www.FCAchurch.net).



Earlene Leming

Call the LW Weekly at 562-430-0534

## PAID POLITICAL ADVERTISEMENT



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## Community Church

Community Church is open again for in person coffee and refreshment fellowship time after the Sunday worship service on Jan. 29 at 10:50 a.m. As always, the church will continue to follow the science and adjusting its schedule accordingly, but for now and maybe for ever more, welcome back.

This week, Community Church will fill the sanctuary with music as it engages in a Fifth Sunday Hymn Sing. Music will serve as prayers as the church comes together on this special Sunday. The message this week will be shorter because of all that singing. The sermon will look at Jesus going up the mountaintop to share with his disciples the way of God in the world, and how to be Christlike to the world around them. These same words are offered to believers this day and all residents are invited to hear what role they might play in being the loving kindness of God. All are welcome here.

As always, the word Gospel means "good news" and those who are in need of some good news are welcome to join the service in person or online on Zoom and on Facebook at [@CommunityChurchLeisureWorld](https://www.facebook.com/CommunityChurchLeisureWorld). Contact the church office for the Zoom link.

Those who are in need without another way to address it can call the church office to leave a message at 562-431-2503.



Pastor Johan Dodge

## Buddha Circle

Buddha Circle will meet on Saturday, Jan. 4, in Clubhouse 3, Room 1, from 9:30-11 a.m. with Ven. Kusala, who presents Buddhism in a simple way.

The group is interactive and people are encouraged to ask questions. Donations are welcome and will support Kusala in his teachings.

For more information, go to [www.urbandharma.org](http://www.urbandharma.org) or call 714-468-6887.



# GOVERNMENT

## GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thu., Jan. 26	<b>GRF Administration Committee</b> Conf. Rm A/virtual ..... 1 p.m.
Wed., Feb. 1	<b>Physical Property Committee</b> Conf. Rm B/virtual..... 1 p.m.
Thu., Feb. 2	<b>GRF Board Executive Session</b> Conf. Rm A ..... 1 p.m.
Mon., Feb. 6	<b>Recreation Committee</b> Conf. Rm B/virtual..... 10 a.m.
Tue., Feb. 7	<b>Information Technology Services Committee</b> Conf. Rm A/virtual ..... 10 a.m.
Wed., Feb. 8	<b>Security Bus &amp; Traffic Committee</b> Conf. Rm A/virtual ..... 1 p.m.
Thu., Feb. 9	<b>Communications Committee</b> Conf. Rm A/virtual ..... 1 p.m.
Fri., Feb. 10	<b>Architectural Design Review Committee</b> Conf. Rm A/virtual ..... 1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

## Comments/Questions at Meetings

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker for more than 26 speakers. To address the GRF Board of Directors, submit a request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Attention: Executive Coordinator, no later than 4:30 p.m. on the Friday prior to the meeting. You may also drop off your question/comment at the Stock Transfer Office, Attention: Executive Coordinator, or email your question/comment to [grf-boardaction@lwsb.com](mailto:grf-boardaction@lwsb.com).

## Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Thu., Jan. 26	<b>Mutual 1</b> Conf. Rm A/Zoom ..... 9 a.m.
Fri., Jan. 27	<b>Mutual 6</b> Conf. Rm A/Zoom ..... 10 a.m.
Thu., Feb. 2	<b>Presidents' Council</b> Clubhouse 4/Zoom ..... 9 a.m.
Tue., Feb. 7	<b>Mutual 17</b> Conf. Rm A/Zoom ..... 1:30 p.m.
Wed., Feb. 8	<b>Mutual 4</b> Conf. Rm A/Zoom ..... 8:45 a.m.
Thu., Feb. 9	<b>Mutual 12</b> Conf. Rm A/Zoom ..... 9 a.m.
Fri., Feb. 10	<b>Mutual 3</b> Conf. Rm A/Zoom ..... 9 a.m.

## News Deadlines for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

### SCRABBLE G R A M S SOLUTION

P <sub>3</sub>	A <sub>1</sub>	N <sub>1</sub>	T <sub>1</sub>	H <sub>4</sub>	E <sub>1</sub>	R <sub>1</sub>	RACK 1 =	68
A <sub>1</sub>	I <sub>1</sub>	R <sub>1</sub>	S <sub>1</sub>	I <sub>1</sub>	C <sub>3</sub>	K <sub>5</sub>	RACK 2 =	63
D <sub>2</sub>	A <sub>1</sub>	Y <sub>4</sub>	T <sub>1</sub>	I <sub>1</sub>	M <sub>3</sub>	E <sub>1</sub>	RACK 3 =	63
T <sub>1</sub>	E <sub>1</sub>	N <sub>1</sub>	T <sub>1</sub>	A <sub>1</sub>	G <sub>2</sub>	E <sub>1</sub>	RACK 4 =	58
B <sub>3</sub>	A <sub>1</sub>	R <sub>1</sub>	R <sub>1</sub>	O <sub>1</sub>	O <sub>1</sub>	M <sub>3</sub>	RACK 5 =	72
PAR SCORE 265-275								TOTAL 324

### Crossword Answers

P	A	W		S	A	A	B		T	H	I	G	H		E	A	T	E	N			
S	I	R	E		A	C	L	U		A	I	O	L	I		N	E	W	L	Y		
P	R	I	V	A	T	E	E	N	E	M	Y	N	U	M	B	E	R	O	N	E		
	S	T	A	T	E				G	R	E	A	S	E		P	R	O	F	I	T	
I	P	A		I	S	S	U	E	R	S				R	A	G		E	N	S		
D	E	B	U	T	A	N	T	E	S	T	R	I	K	E		E	U	R	O			
K	E	L	P		U	I	E				C	R	E	D	I	T	S					
	D	E	T	E	C	T			N	O	F	A	L	L		C	H	I	C	K	E	N
		I	R	E		C	E	L	L			A	O	C		N	G	O				
C	R	A	G	S		M	O	O	D	Y		A	A	R	P		M	A	R	T		
R	I	G	H	T	T	O	O	N	E	S		O	W	N	D	E	V	I	C	E	S	
E	D	I	T		A	L	P	S			O	M	I	T	S		A	S	K	T	O	
M	O	L		O	L	E				L	E	N	S		T	I	S					
A	F	E	W	B	U	C	K	S		L	O	N	G		S	A	N	Y	O	S		
			S	O	S	U	E	M	E				D	A	K		O	V	A	L		
	B	L	U	E		L	A	S	T		A	M	O	N	G	E	Q	U	A	L	S	
A	L	A		R	A	E			B	A	N	D	E	A	U		T	E	D			
G	O	D	E	E	P		S	C	O	O	T	S		T	I	P	I	S				
U	N	I	V	E	R	S	A	L	B	A	S	I	C	O	U	T	C	O	M	E		
A	D	D	E	D		A	V	O	I	R		T	I	E	R		S	N	A	G		
S	E	A	R	S		C	E	D	E	D		E	A	R	N			S	N	O		

### Sudoku 1 Answers

7	1	9	2	4	3	5	6	8
3	8	4	5	6	1	7	2	9
6	5	2	7	9	8	4	3	1
9	3	8	1	2	5	6	7	4
2	6	5	8	7	4	1	9	3
4	7	1	6	3	9	2	8	5
1	2	3	4	8	6	9	5	7
5	9	7	3	1	2	8	4	6
8	4	6	9	5	7	3	1	2

The Basic Rules of Sudoku:  
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

### Jumble Answers

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## Puzzle Answers

Puzzle pages 6-7



### Sudoku 2 Answers

7	8	2	9	6	5	1	4	3
6	9	3	4	1	8	5	7	2
1	5	4	7	3	2	6	9	8
5	4	1	2	8	7	3	6	9
3	2	6	1	9	4	8	5	7
9	7	8	6	5	3	2	1	4
2	6	5	8	7	9	4	3	1
8	3	9	5	4	1	7	2	6
4	1	7	3	2	6	9	8	5

Guess Who?  
Guy Fieri

### Crypto Fun Answers

A. donation B. shortage C. life D. caring

### Boggle BrainBusters Answers

SWAN GOOSE CRANE EGRET PELICAN FLAMINGO

### Word-Find Answers

G	M	A	P	V	A	D	A	C	Y	O	A	D	I	S	E	I	B	O	M
E	N	N	H	B	M	E	N	H	E	L	T	H	E	R	A	P	Y	N	
K	T	Z	V	C	V	S	R	C	T	L	Y	C	S	D	A	G	M	G	
V	I	R	F	N	T	M	A	L	L	E	F	G	M	R	E	P	C	T	
H	B	F	E	A	E	A	Y	L	S	L	R	R	P	C	S	B	I	G	
E	O	O	C	C	M	G	M	A	P	E	M	O	D	U	O	A	M	M	
C	M	D	H	N	V	I	C	I	D	U	E	G	U	I	R	D	A	E	Z
T	B	Y	O	A	E	K	P	S	T	L	I	C	P	F	K	K	H	S	Y
Y	K	C	E	R	Y	K	F	K	B	N	E	K	I	T	N	D	N	O	L
P	U	F	L	U	B	E	G	I	I	L	A	U	N	V	D	H	E	M	Y
E	G	A	H	S	T	K	T	N	L	D	V	S	G	I	V	P	U	P	M
B	S	G	O	S	Y	A	N	S	I	L	I	P	O	A	H	H	B	U	C
L	U	G	E	A	P	S	E	H	H	T	L	H	Z	L	K	E	T	Y	D
O	G	U	M	M	N	O	I	S	U	F	S	N	A	R	T	R	T	V	P
O	C	S	O	L	K	H	Y	G	Y	B	N	E	K	L	S	E	T	E	R
D	B	C	K	N	D	R	F	N	S	Z	O	T	T	C	T	S	M	E	I
D	R	D	A	O	D	V	R	R	P	P	F	L	M	U	E	I	P	S	Y
H	T	B	N	T	N	A	N	I	M	O	D	O	C	T	R	S	H	H	I
F	Y	O	D	G	T	N	E	M	E	G	A	N	A	M	H	S	V	T	A
Z	R	D	S	E	M	Y	Z	N	E	P	R	S	D	I	G	G	B	G	U



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# SPORTS & GAMES

## Men's Golf League returns after weeks of inclement weather

### Monday Golf at Willowick Golf Course

After a number of weeks not playing due to inclement weather and poor golf course conditions, eight golfers from the Leisure World Men's Golf League resumed play on Jan. 9 at the 6,000-yard, par 71 Willowick Golf Course in Huntington Beach. At the 7 a.m. tee time, it was in the low 40s with soaking wet fairways and a damp morning.

The skies were overcast, with no sun during the round and a slight breeze. The weather and wetness were a major factor in the above average scores.

This course has had great greens, but fairways and tee boxes are still undergoing much needed maintenance.

The continuing early morning dampness has produced many challenges for the golfers everywhere over the last few months. The weather and course conditions



Image Courtesy Pixabay

only allowed two of the nine golfers to shoot net under par, plus there were no closest to the pin shooters this week. Bill McKusky had fewest putts, and there were no birdies.

#### Winners:

First place: Bob Munn, an excellent 2 under 69; second: Sam Choi, a well-played 1 over 70; third: Tom Ross, a nice 1 over 73; fourth: McKusky; fifth: tie between Gary Stivers, Gene Vesely, and Fujio Norihiro.

### Friday Golf at Meadowlark Golf Course

On Jan. 13, seven golfers

challenged the 5,600-yard, par 70 Meadowlark Golf Course in Huntington Beach. Temperatures were in the low 40s with extremely wet fairways and greens, plus "Cart Path Only" rules for the electric carts. The skies were clear, and there was no wind.

Meadowlark has been in terrific shape for a long time and all the rain has only helped green up the course.

The cold weather and the prior heavy rains have, unfortunately, left the fairways and greens water soaked.

This contributed to the above average scores and there were no birdies. Larry Hillhouse and Sam Choi were "in the vicinity" of the pins on the par 3 seventh and 16th holes respectively. Gary Stivers had fewest putts for the round.

#### Winners:

First place: Bill McKusky, a nice even par 70; second: Stivers, a hard-earned 2 over

72; third: Hillhouse; fourth: Choi, fifth: tie between Clay Fischer, Fujio Norihiro and Chris Lankford.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World.

The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and Eagles (two under par), although infrequent, are generously rewarded.

Those interested should contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

## Pickleball Players Club

The Pickleball Players Club will not meet on the first Sunday of the month in February because of a planned joint event with the Bicycle Club later in the month.

Instead of the usual monthly meeting, a joint event will be held at 6 p.m. on Thursday, Feb. 16, in Clubhouse 4 with the Bicycle Club.

For more information, contact President Linda Evenson at 561-577-3283 or email [lwsbpickleball@gmail.com](mailto:lwsbpickleball@gmail.com).

## Meeting Times

Check page 8 for a full schedule of when LW sports clubs gather to play.

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# Shuffleboard Club membership continues to grow; new players welcome

As the Shuffleboard Club has grown in membership, the next step for a thriving club is to have many different members volunteering for various aspects of the Courts Building, the five league teams, plus monthly social activities.

In addition to the seven team captains (those pictured plus three for the evening league: Sally Fowler, Jack O'Brien and Karen Mendon), recent volunteers include Carol Johnson, Ellie West, and Red Ryals—all three veteran members of the club—who will manage the multifaceted waxing safety process.

Patty Peterson will work with the team captains to ensure an adequate number of substitutes for absent league players, a job critical to avoid forfeited games.

New club members Karen Mendon and Lilly Rivera will provide oversight of the club's refreshment center, including maintaining the proper inventory of supplies. Maureen and Dan Habel will submit monthly attendance reports to



Captains for shuffleboard Friday morning leagues carry responsibility for every week of league play. Milly Larsen (l-r) of Mutual 2, Rod Osgood of Mutual 9, Sally Fowler of Mutual 8 and Chandra Patel of Mutual 15.

the Recreation Department.

Visitors arrive at the courts almost every time the doors are open.

As a reminder, regularly scheduled open-play/pick-up

games in the beautiful indoor courts take place Monday and Wednesday mornings from 9-11, free for all club members and any interested LW residents. Most days, there are eight to 12 players participating.

For those wanting to practice in the evenings, the courts are

open from 6-8 on Tuesday evenings. All equipment is provided; closed-toe shoes are required. For more information, call or text Kay Mount at 775-527-0426.

The Tuesday evening league played Jan. 17. The Hot Shots—captained by Jack O'Brien—and

the Night Shufflers—captained by Karen Mendon—competed until the last game ended, with the Hot Shots winning the night with seven of 12 games.

The Hot Shots win was driven with four all-game winners: Sal LaScala, Bob Peterson, Ellie West, and new member Pinky Kartinen. Harshad Patel led the Night Shufflers as an all-game winner.

The Tuesday league played its third game on Jan. 24, and those results will be included in next week's article.

The Friday morning league played on Jan. 20, with the teams responding with their competitive best, resulting in a tie between the Hot Rods and the Bumpers.

In the second contest, the Smashers won seven games out of 12 and outdistanced the Flying Discs by two games.

The all-game winners for the Smashers included Mic O'Connell and new member Dolores Cook, with John Mount winning both his games for the Flying Discs. The All-Game winner for the Bumpers was Dan Habel for the second week in a row.

—Kay Mount

## Guys and Gals Tournament

A Guys and Gals Tournament was played on Jan. 18. Teams of various skilled golfers of one man and one woman vied for best net scores (gross score minus handicap), plus two circle holes (shots within a 5 foot radius are rewarded), and two closest to the pin challenges. The Turtle Lake Golf Course is a 1,658-yard, 18 hole, par 54 course, that tests all who play. There were two holes-in-one this tournament recorded by Dale Williamson on Hole No. 8 and Grace Choi on Hole No. 15.

Players are urged to repair their divots and ball marks.

A total of 33 teams (66 players) teed off and played 18 holes. The morning was cool and very damp with little wind. The sun was out but temperatures never rose above the low 50s. Greens and fairways were extremely damp, and golfers were urged to avoid walking in the high traffic areas by using the concrete walkways to get from hole to hole where possible. Fairways had not been mowed due to the inclement weather and the golf ball did not travel well either on the ground or in the air. By rounds end, some of the dampness had burned off but accurate putting remained an issue due to the very weedy and wet conditions on the greens.

There were ten circle hole winners and 40 birdies. The lowest gross and net score was recorded by Pat Paternoster and Nancy Reid. Twenty teams had net scores at or under par plus six teams were under 50 net. Closest to the pin on the eighth hole was Dale Williamson and Nancy Reid. On the 17th hole it was Dong Kim and Grace Choi.

Winners: (All scores below are net=gross score minus handicap)

**"A" flight (handicaps of 0-9):** First place: tie between Bob Turner and Susie Kim: Won and Jane Song, a sensational 6 under 48; second: tie between Dong and Devora Kim : Gene Archambault and Stella Yoon, a well-played 4 under 50; third: Steve Walker and Lisa Kim, a very nice 3 under 51; fourth: Mike Mayfield and Alison Kim, a sweet 2 under 52; fifth: tie between Young and Hae Lee, Kyoo and Jassca Choi, a nice 1 under 53; sixth: Bill Lyons (welcome back) and Linda Herman, at even par 54.

**"B" flight (handicaps of 10-12):** First place: Pat and Nancy, a spectacular 9 under 45; second: James Farr and Sandy Derouin, a really good 5 under 49; third: Yong J. and Myung Kim, a super 1 under 52; fourth: Fujio Norihiro and Keiko Sekino, at even par 54.

**"C" flight (handicaps of 13-18):** First place: A three-way tie between Dale Williamson and Mary Grieg, Jae H. and Sun Lee, Lee Broadbent and Joann Lim, a terrific 6 under 48; second: Brian Tivnan and Patty Littrell, an impressive 4 under 50; third: Scott Tuchfarber and Judi Orloff, a very nice 3 under 51; fourth: James and Grace Choi, a fine 2 under 52; fifth: Rolando Ramirez and Mary Ann Moore, at even par 54.

The next Guys and Gals Tournament will be on Feb. 15. The next Men's Tournament will be on Feb. 8 and every second and fourth Wednesday of the following months. Those who planned to play in any tournament and cannot should contact Alan Sewell, 541-324-8558, or Dave LaCascia, 801-674-5975 as soon as possible. Arrive 10-15 minutes prior to your scheduled tee time and be ready to play.

—Dave LaCascia

Send sports stories to [emmad@lwsb.com](mailto:emmad@lwsb.com).  
Have questions? Call 562-430-0534, ext. 387.

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Estate Sale - 13151 Shawnee Lane, **Mutual 11 - 266-I**. Thursday Jan. 26 and Friday Jan. 27 from 8:30-2:00. Reclining loveseat, 2 recliner chairs, glass dining table/chairs, roll top desk, file cabinets, trundle bed, lawyers bookcase, 55" tv, curio, queen bed, unique accent furniture. Costume jewelry, ladies clothing (S/M), shoes (8/9/10). Bose cd/radio, "GoGo" scooter, patio chairs, tools, plants/pots and lots more. **Estate Sales by Docia Drake**, 714-514-8232, POB 427, Seal Beach. Business License ESD0001.

Multi-Family Yard Sale. Thursday/ January-26th, 9:00am-1:00pm. 13199 El Dorado Drive, Mutual-9/Unit-208L. Costume-Jewelry/Household-Goods/Art-Easel/Quilt-Racks/Portable Sewing-Machine-Tables/Etc.

Estate Sale. Thursday/January-26th and Friday/January-27th 8:30am-12:30pm. 13321 El Dorado Drive, **Mutual-8/Unit-203F**. Lots of Vintage-Clocks/ Art/Trunk/Dishes/Chairs/Side-Tables/Religious-Items. Beautiful Tiffany-Style Lamps/ Wrought Iron Oval Patio-Table with/four-chairs/Christmas/4-Piece Antique Bedroom-Set/ Garden-Items/Hummel/Beatrice-Potter/Round Oak Dining-Table with/four-chairs. **Estate Sales by Jennifer and Denise**, PO Box 427, Seal Beach, 90740. SB Business License 14206514. **For entry through Leisure-World main-gate, call/text Denise/714-234-8842 by Wednesday, PLEASE bring your own boxes/bags.**

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14-12A	\$560,000
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17-110B	\$475,000

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**Mutual 2 – 40L \$475,000**



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**Mutual 7 – 161H \$345,000**



Great Greenbelt View Basic 1 BDR, Fresh paint, new Flooring, Move-in ready

**Mutual 1 – 38E \$220,000**



Fully Expanded, 2 BDR/ 1 Bath, Unique Floor Plan, Formal Dining Room & Den, Walk-in closet in master bedroom, New kitchen, washer/dryer, Central A/C heat, greenbelt view

**Mutual 10 – 249B \$475,000**



Basic 1 BDR/ 1 Bath, Patio enclosure, ceramic tile flooring, Cut down shower, skylights, Move-in ready

**Mutual 15B \$199,000**



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**Mutual 1 – 22J \$238,000**



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for Thursday's publication







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## M4-51L

\$599,900

Elegance and class describes this 2 Bedroom, 1 ¾ Bathroom fully expanded corner home. The Living Room has a built-in wall unit that includes and electric fireplace, TV and curio cabinet. Formal Dining Room, Kitchen, Hall and Bath has Italian tile flooring. Kitchen has built-in appliances including stove, oven, refrigerator, microwave, custom cabinets with granite countertops and skylight. Bathroom has Washer/Dryer, walk-in tile shower, added linen closet, custom cabinets and counters and skylight. Master Bedroom has walk-in closet and bay window with window seat with storage and a built-in TV cabinet. Second Bedroom has ¾ bath, walk-in closet, Bay window seat with storage and ceiling fan. This lovely home features plantation shutters, crown molding, wide baseboards, double pane windows and central heat and AC throughout. Both Bedrooms and Living rooms are carpeted. Also featured is a leaded glass entry door. Outside storage cabinet, decorative rock siding and stone porch area

**Pending**



## PENDING

Mutual 4-51D  
Mutual 8-189D

**SOLD  
2022**

Mutual 14-17B  
Mutual 8-188H  
Mutual 8-189B  
Mutual 2-40J  
Mutual 2-49B  
Mutual 2-17G  
Mutual 9-59G  
Mutual 6- 117L  
Mutual 15-39A  
Mutual 10-258H  
Mutual 6-135I  
Mutual 10-258B  
Mutual 1-31E  
Mutual 5- 117L  
Mutual 12-61C  
Mutual 2-63H  
Mutual 3-4F  
Mutual 4-88G  
Mutual 2-3B  
Mutual 2-8C  
Mutual 10 -250J  
Mutual 11-286B  
Mutual 12-61A  
Mutual 11-286I  
Mutual 5-117G  
Mutual 2-46H  
Mutual 1-67E  
Mutual 4-49G  
Mutual 8-183G  
Mutual 11-285D  
Mutual 9-216H  
Mutual 7-164L  
Mutual 2-6G  
Mutual 11-285A  
Mutual 11-263A  
Mutual 4-49B  
Mutual 8-201L  
Mutual 2-6L  
Mutual 7-165E



## M9-225C \$199,900



Don't miss out on this one bedroom one bathroom home that is priced to sell. The kitchen has built-in LW appliances including Stove, Oven, Refrigerator, and features a ceiling fan and skylight. Livingroom overlooks a private patio that has walk in storage and small green belt. Bedroom has wardrobe closet and sliding glass door to patio. The bathroom features a skylight. This unit has close parking, faces south, and enjoys the wonderful ocean breezes that Seal Beach has to offer. It is located in Leisure World Seal Beach, a resort-like community that is security guard gated and features over 200 clubs' organizations and activities including a pool, jacuzzi, gym, health care center, lawn bowling, shuffleboard, wood working shops, sewing, art and ceramic rooms, banquet halls, meeting rooms, post office, amphitheater and so much more.

## M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



## M9-230D \$349,900



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living area with expansive windows that overlook the patio. The living room has a walk-in storage closet, entry closet, and air conditioning. The kitchen has white cabinets, built-in stove, new oven, refrigerator skylights and an extra built-in cupboard over the sink. Master bedroom is fully expanded with two wardrobe closets. The bathroom has a washer/dryer, cut down shower and large skylight that opens. Second bedroom has wardrobe closet and large skylight. This charming home has new vinyl flooring, new paint throughout and is ready to move in.

**Pending**

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*Two-bedroom corner in great location,  
walking distance to shops.*



**M 10 – 257A - \$375,900**  
*Adorable, fully expd. two-bedroom,  
1 bath corner with drive-up parking on  
two sides*



**M 11 – 274H - \$225,000**  
*One-bedroom unit; Tucked away like  
a country cottage*



**M 14 – 24E - \$319,000**  
*Least expensive expanded two  
bedroom unit; Great Mutual*



**M 9 – 237A - \$379,000**  
*Fully expanded corner  
unit on street*



**M 14 – 32H - \$469,000**  
*Fully expd. two-bedroom corner home;  
The Beverly Hills of Leisure World*



**M 14 – 53E - \$435,000**  
*Expanded two-bedroom unit; 1.5  
baths; remodeled kitchen*



**M 15 – 33F - \$515,000**  
*Nice atrium unit with  
huge front patio!*



**M 1 – 21F – \$429,000**  
*Two-bedroom corner with washer/  
dryer; Views of golf course*



**M 3 – 4C - \$339,000**  
*Two-bedroom unit;  
private location!*



**M 3 – 7D - \$219,000**  
*One-bedroom unit;  
small green!*



**M 3 – 9C - \$243,000**  
*Partially expanded one-bedroom  
unit; Expd. bedroom; Tiled patio!*



**M 3 – 16C - \$425,000**  
*Two-bedroom  
full expansion!*



**M 4 – 81E - \$247,000**  
*Very nice one-bedroom unit;  
Enclosed patio; On lovely green*



**M 6 – 66B – \$349,000**  
*Immaculate two-bedroom basic unit;  
steps to parking*



**M 7 – 168I - \$330,000**  
*Great basic two-bedroom unit; Great  
for remodel; On Central Park*



**M 8 – 200B - \$419,000**  
*Expanded two-bedroom on green-  
belt; washer/dryer; Shows great*



**M 10 – 246I - \$221,900**  
*Adorable two-bedroom expanded  
corner; Drive-up parking*



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For 2023, We have a total of 6 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



**13751 St Andrews Dr #33B | M1 | \$219,000**  
Interior 1bed/1bath unit with large patio and storage closet. Beautiful engineered wood flooring in living and bedroom. Updated appliances with custom sink in kitchen. Fresh paint throughout!



**13451 St. Andrews Dr #124J | M5 | \$329,000**  
2Bed/1bath drive up location with laminate flooring throughout. Center patio with expansions on either side for walk-in closet in master bedroom and dining room area. Light and bright kitchen with skylights.



**1300 Mayfield Rd #61A | M6 | \$489,000**  
Corner greenbelt location 2bed/2bath unit fully expanded with patio. Skylights and solar tubes throughout, large kitchen, custom built-ins and laminate floors. Carpet in bedrooms with walk-in closets in both!



**13131 Shawnee Ln #268C | M11 | \$329,000**  
Adorable 2Bed/1Bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



**1362 Golden Rain Rd #56B | M2 | \$395,000**  
2 Bed 1 bath unit in a fantastic greenbelt location with updated kitchen! Full expansion and sprawling updated flooring with skylights throughout. AC heat pump and updated bath with laundry in unit!



**13271 Del Monte Dr #33B | M14 | \$349,900**  
Driveup and greenbelt 2bed/1bath home partially expanded for a dining room and entry area. Multiple AC heat pumps, immaculate home with like-new laminate flooring, fresh paint, patio with large storage locker and golf cart pad.

**01/23/2023 - Year To Date MLS Activity**



Month	For Sale	In Escrow	Closed Sale
Jan	50	38	10
Feb	0	0	0
Mar	0	0	0
Apr	0	0	0
May	0	0	0
Jun	0	0	0
July	0	0	0
Aug	0	0	0
Sept	0	0	0
Oct	0	0	0
Nov	0	0	0
Dec	0	0	0

**On January 23rd, 2023 a total of 51 units show as active listings on the CRMLS**  
(this is where Realtors list property for sale)

11 - 1 bedroom/1 bath units  
from \$199,900 to \$269,500

28 - 2 bedrooms/1 bath units  
from \$275,000 to \$599,000

12 - 2 bedrooms/2 baths units  
from \$325,000 to \$609,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!



**13701 Annandale Dr. #13L | M1 | \$425,000**  
Corner unit taken down to the studs and reimagined! 2bed/2bath home with new custom kitchen with skylights throughout. Master suite with pocket door, washer/dryer and central HVAC overlooking a HUGE greenbelt with all newer dual pane windows.

With a new year comes change... As of Feb 1st, they will be moving our weekly advertisement just on the back side of this page. Don't worry! Still look out for our raffles and our continued market updates! We look forward to continuing our quality service in Leisure World as our promise to you.

**ENTER TO WIN**



**BEAT INFLATION AT THE STORE WITH A... \$200 Ralphs GIFT CARD!**

**BEAT INFLATION RAFFLE!**  
DRAWING WILL BE ANNOUNCED **FEBRUARY 9TH. DEADLINE TO SUBMIT FEBRUARY 6TH!**

**CUT OUT AND MAIL IN OR DROP OFF:**

Gasper Monteer Realty Group  
1900 St Andrews Drive #B,  
Seal Breach, CA 90740

**NAME:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

☐ I want to receive information about the market in Leisure World

