I Weekly



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Happy Valentine's Day



SUPER BOWL SUNDAY

SBPD will add DUI patrols on Feb. 12

Feb. 12 is Super Bowl LVII Sunday, and the Seal Beach Police Department will have additional officers on patrol looking for drivers suspected of being under the influence of alcohol and/or drugs.

"We want the football fans in our community to enjoy Super Bowl festivities, but we also want responsible drivers on our roads," Chief Michael Henderson said. "Before you grab a drink, make sure your game plan includes scheduling a ride-share or designating a sober driver."

The Seal Beach Police Department reminds the public that alcohol is not the only substance that impairs. Marijuana, prescription medications and over-the-counter drugs may also impair drivers' ability.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Super Bowl LVII will feature the Kansas City Chiefs vs. the Philadelphia Eagles. The game starts at 3:30 p.m. PST on Sunday, Feb. 12. The Chiefs are seeking their third Super Bowl title and are playing in the big game for the fifth time in franchise history. The Eagles are after a second Super Bowl title and are playing in the NFL's biggest game for the fourth time in franchise history.

RANCHO LOS ALAMITOS

Docents needed to lead site tours

Rancho Los Alamitos, the historic site neighboring California State University, Long Beach, is looking for docents to lead engaging tours for visitors of all ages.

The rancho is currently recruiting and training new docent volunteers to volunteer on Saturday afternoons.

People who enjoy learning, talking with others and immersing themselves in local history make excellent docents.

An information session about docent training will be held on Saturday, Feb. 18, at 11:30 a.m. at Rancho Los Alamitos, 6400 E Bixby Hill Road, Long Beach, 90815. The Rancho is eight miles from Leisure World. It is also seeking volunteers to help in the gardens, with crafts for children, and welcoming the public to the historic site.

For more information, contact steve@RanchoLosAlamitos.orgorcall 562-431-3541.



-courtesy of the CA Department of Water Resource

California Department of Water Resources staff conduct the second snow survey of the season at Phillips Station on Feb. 1. The manual survey recorded 85.5 inches of snow depth and a snow water equivalent of 33.5 inches, which is nearly double of average for this location.

State records heavy rain, but is drought over?

Editor's Note: The following information was provided at the Presidents' Council meeting Feb. 2. It is reprinted here for the edification of all LW residents.

by Karl W. Seckel, P.E.

director, Municipal Water District of Orange County

You might think that the recent parade of storms hitting California (now called atmospheric rivers) would have resulted in the end of the drought.

But when did the drought begin, how is a drought defined and how do we know when we are "out of a drought?"

My 45 years in the water industry in Orange County and Southern California has led me to the following conclusions: • Since the year 2000, we've endured 17 years of below-average water runoff in the two watersheds—the Northern Sierras and the Colorado River Water Basin—that provide valuable imported water into Southern California.

• We had a record-dry four-year period from 2012-2016 that was eclipsed by another record-dry three-year period from 2019-2022.

- Mother Nature has substantially changed how she delivers water to us. Each year is a mystery. Typically we don't know how much supply we will have to manage until the end of April for the year ahead. Stay tuned for the results in 2023.
- Substantial investments to the tune of \$5 billion since 1990 in storage

in Southern California and in Central Valley groundwater basins and in Lake Mead, investments in water use efficiency and investments in local projects, including recycling, have helped us survive these low supply periods without major mandatory water use restrictions. Per capita water use has dropped by over 40% since 1990 in Southern California. Simply put, we're using less water, even with many more people living here.

• Unfortunately, dealing with the Colorado River's over-allocation and California's shrinking snowpack will necessitate additional significant investments in the future. We must be more adept at capturing water in wet

DRÖUGHT, page 3



LW's Good Neighbor Pharmacy is closing its doors.

HCC NEWS

LW pharmacy to close at the end of February

Leisure World's Good Neighbor Pharmacy will close its doors at the end of the month. Optum, who subleased the space to the pharmacy, has indicated it is developing a plan to "assure that there will be continuous on-site support for pharmacy services" until a new pharmacy partner can be placed at the site.

On Feb. 3, the operators of the Good Neighbor Pharmacy informed Optum that the store was abandoning its lease, which ran through September, according to Victoria Batistelli, Optum's director of group operations. The store owner has reportedly sold the store's inventory

PHARMACY, page 2

SB NAVAL WEAPONS STATION

Security exercise may cause increased traffic around facility

Local residents may see an increase in law enforcement activities in and around the Seal Beach Naval Weapons Station through Feb. 17 as base personnel take part in an annual series of nationwide security exercises.

The exercises, collectively called Citadel Shield-Solid Curtain 2023, are being conducted simultaneously on Navy bases throughout the continental United States. At the naval weapons station, drills and training will be conducted on a wide range of potential security scenarios.

The exercises may cause increased traffic around the weapons station, delays in base access, and temporary gate closures. The station's "Giant Voice" mass notification loudspeaker and alarm system may also be used.

Civilian boat traffic through Anaheim Bay is unlikely to be affected.

The series of exercises are scheduled to run for two weeks and conclude by Friday, Feb. 17.

Exercises are not in response to any specific threat but are part of regularly scheduled annual training, developed to enhance the readiness of Navy security teams.

For more information about the exercise contact the Naval Weapons Station Seal Beach Public Affairs Office at (562) 626-7215.

Live updates will also be posted on the station's Facebook page (search under "Naval Weapons Station Seal Beach, Detachment Fallbrook, Detachment Norco").

MEMORIAL CARE

Heart screenings will be offered

In honor of American Heart Month, LW residents can get screened at the Women's Heart and Stroke Seminar and MemorialCare Long Beach Medical Center on Saturday, Feb. 25, from 7:30 a.m.-2 p.m.

People can also learn how to prevent cardiovascular disease and stroke and receive carotid ultrasound, EKG, and cholesterol and blood pressure screenings. Once people receive their readings, they'll have time to speak with a nurse practitioner to review the results. To register, call 562-933-0100. Cost of registration is \$25 and includes a light breakfast and lunch.

Pool Closed

The LW Aquatic Center is closed through Feb. 19.

A shade structure is also being installed.

The pool should reopen on Feb. 20.

Friends of the Library



GRF President Marsha Gerber and LW Library Manager Taylor Greene accept a check for \$5,000 from the Friends of the LW Library. Proceeds from the Friends Bookstore benefit the library.

Woodshop Supervisors Needed

The Recreation Department is seeking woodworkers to be volunteer supervisors at the LW Woodshop.

People must be able to devote a few hours on one or two Saturdays a month to enable residents who still work to take

advantage of the woodshop. To become a volunteer supervisor, call Recreation Director Jesse Cripps at 562-431-6586, ext. 350, to set up an appointment.

PHARMACY from page 1

to CVS, a Rhode Islandbased corporation with over 9,600 U.S. locations.

The abrupt announcement has forced Optum into both short-term and medium-term decisions to deliver continuing pharmacy services, according to Batistelli.

In the short-term, Batistelli said Optum will install a clinical account manager to provide residents one-on-one help to temporarily transfer their prescriptions to Optum's mail pharmacy system.

That service offers delivery to the customer's door.

In the medium term, Bastistelli said Optum will immediately search for a partner to replace the full on-site pharmacy, a process she estimated might take three to four months. The company also hopes to continue to stock grocery items in the space until the new store opens.

Current Good Neighbor prescription customers have other options. Batistelli indicated that Leisure World residents who obtain their prescriptions through Good Neighbor could call each of their prescribing physicians, including those doctors they see within the on-site Optum clinic, and change the pharmacy to which their prescriptions are automatically sent.

Five of those pharmacies are on routes served by City of Seal Beach or Leisure World free shuttles.

The community has had an on-site pharmacy since its opening in 1962. It operated in the Health Care Center until June 1966, when the community opened a free-standing pharmacy. It moved into its present location in 1986. Its only short-term closure was due to the 1995 flood, when it operated temporarily in Clubhouse 3.

Batistelli said Optum would update its plans by next week and inform pharmacy customers through the company's website and the LW Weekly.

—William Thompson







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DROUGHT from page 1

years (we will still have them) and storing it away for dry years.

Some would say there has been an epic failure by our state to get critical infrastructure built to deal with climate adaptation.

Others blame the myriad of regulations. There is nearly unanimous agreement that warming trends will reduce the opportunity to store water in the mountains in the form of snow. California's biggest reservoir has always been the Sierra snowpack, which is projected to reduce by 10-20 million acrefeet of equivalent storage. That's more than Shasta, Oroville and San Luis reservoirs combined. All were built in the 1960s or before to provide carry-over supplies for farmers and urban customers.

It seems irrational to run a state with fifth largest economy in the world using such an outdated water system.

Dealing with this future requires an "all of the above approach" to use water wisely. Additionally, we must utilize opportunitiestoturnwastewater into potable drinking water. We need further collaboration with farmers. Most importantly, we need to invest in infrastructure that will allow us to capture precipitation during wet years and deliver it to where it can be stored, primarily in groundwater basins, for future use.

Gov. Gavin Newsom's administration seems to be heading in the right direction, but the speed and participation by the state needs to be amplified. The issues facing us are beyond the ability of the water agencies to fix without the help from Sacramento.

Investments are needed for both water supply and flood control, and partnerships and collaboration should help spread the costs and make reliability more affordable throughout California.

California doesn't have a supply problem. We have a storage and delivery problem. If Sites Reservoir or the Delta Conveyance Project were in place this year, we would have considerably more water in storage at this time.

And no, the drought is not over. It will be over when our levels of storage increase to allow us to deal with the extreme swings in supply.

Recovery from multiple years of drought will not occur in a single year. Several wet years are needed.

There is good news, though. Storage reservoirs have begun to recover in early 2023. But we've seen this before. In fact, last year at about this time, after a very promising start to the winter, Mother Nature's spigot turned offentirely for three months and put us back in a hole.

Maybe Mark Arax, a columnist for the New York Times, whose most recent book is "The Dreamt Land: Chasing Water and Dust Across California," captures the

vagaries of water in California best: "A flood year always breaks the drought years, or so my grandfather, the raisin farmer, told it. Drought is California. Flood is California. In the wettest years, rain and snowmelt coming down the rivers produce some 200 million acre-feet of water.

"In the driest years, they produce 30 million. Between the extremes lies an average year, which happens so infrequently that it is a myth we tell ourselves. As long as we keep faith in the average, it is us and not nature in command.

"When we're in the midst of drought, we have no memory of flood. When we're in the midst of flood, we have no memory of drought. Amnesia is how we built agriculture across marsh and desert and houses in floodplains and canyons of fire."

In California, we need to plan and build infrastructure for both extremes. In the meantime, let's keep our fingers crossed for more rain and snow in February and March.

SEAL BEACH PROGRAM

Register for free transportation

There are currently 1,205 users registered for the Senior Transportation Program, according to the City of Seal Beach. The program is available for Seal Beach residents ages 60 and older and consists of a pre-fixed shuttle route and Yellow Cab Taxi service.

To register, visit www.seal-beachca.gov or contact the city's Recreation and Community Services Department at 562-431-2527, ext. 1307.

Security Town Hall

The GRF Security Department will host a town hall meeting on Wednesday, Feb. 15, at 6 p.m. in Clubhouse 4. Security Services Director Victor Rocha will review the enhanced access control system being implemented in the community. Time will be allocated to answer all shareholders' questions regarding security and safety.



LWers enjoyed the 2020 Kansas City Chiefs vs. San Francisco 49ers Super Bowl Game.

SUPER BOWL SUNDAY

Watch the Big Game at CH4

The GRF Recreation Department will host a viewing of the Super Bowl on Sunday, Feb. 12, in Clubhouse 4 on the big screens, starting at 3:30 p.m. Doors open at 3.

Plan to join friends and enjoy complimentary snacks.

For more information, call the Recreation Department at 562-431-6586, ext 324.

—Tommy Fileto



PERSPECTIVES

Girl Scout cookies are coming to Leisure World

will have cookie booths on select days in February and March in Leisure World:

On Saturdays, the Girl Scouts will be in Clubhouses 3 and 4 on the following dates:

- Feb. 11:10 a.m-2 p.m.
- **Feb. 18**: Noon-2 p.m.
- Feb. 26:10 a.m.-noon.

There will be another opportunity to buy cookies on Wednesday, March 1, from 4 -5 p.m. at Clubhouse 6.

Those who can't buy the cookies on-site at Leisure World can find the Girl Scouts at the Ralphs in Seal Beach almost ev-

The Seal Beach Girl Scouts ery day from Feb.10-March 12. Online ordering and delivery is also available by contacting shannonpollock@verizon.net, who will connect residents with one of the local troops.

> All of the classic cookies will be available including Thin Mints, Caramel deLites (otherwise referred to as Samoas), Shortbread (now called Trefoils), Peanut Butter Patties, Lemonades and Peanut Butter Sandwiches. Cookies are \$6 per box.

> The Girl Scout Cookie Program prepares girls with the business smarts they need.

Everything girls do in Girl Scouting is designed to help them grow into leaders of cour-

When buying Girl Scout cookies you are creating opportunities for Girl Scouts to learn, grow, and thrive. From learning how to interact with customers to creating budgets and taking orders, the Girl Scout Cookie Program teaches Girl Scouts invaluable skills that they'll need to succeed throughout their lives. Plus, Girl Scout Cookie proceeds stay in the community to support local councils and troops.

age, confidence and character.

Did you know we have a free shuttle to appointments at Long Beach Memorial Medical Center? The driver leaves from the Amphitheater bus stop beginning at 8 a.m., Monday-Friday, approximately every two hours. The schedule is posted. The hospital campus is large, but the driver has maps available and will drop you off at the building where you need to be. It helps to know the name of the building where your doctor is located, or the address for GPS. Save gas,

> Lvn Kellev Mutual 12.

Editor:

562-933-1233.

Please let people know there are false phone calls regarding Spectrum lowering your phone bill. I recieved one, terrible experience. I called Spectrum, told them what happened and was told you must call them directly.

parking fees, and stress. I'm

very grateful for this service!

For more information, call

Letters to the Editor

I'd like to make sharehold-

ers aware of a helpful service.

Edith Sessa Mutual 10

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

Letters to the Editor: The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or inappropriate. Names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

Setting It Straight

The location for the GRF Valentine's Day Dinner/Dance was incorrectly reported in the Feb. 2 issue to be in Clubhouse 4. It will actually be held in Clubhouse 2.

CITY OF SEAL BEACH

Bathroom Accessibility Program returns to SB

Leisure World residents who have trouble stepping into the shower for any reason are likely eligible for a free bathroom upgrade. For nearly two decades, the City of Seal Beach has run the Seal Beach Bathroom Accessibility Program to help residents of Leisure World modify their bathrooms making them easier for seniors to use as intended.

The units in Leisure World were built in the 1960s, before ADA regulations were established. As a result, the fiberglass tub/shower combinations can be a challenge for seniors to use. The funding from the County of Orange and HUD is used to modify these fiberglass units to make them more accessible to the residents for free.

How is it done? The side wall of the existing fiberglass tubs are cut to just a few inches from the floor. The tubs are then refinished with a new coat of fiberglass to look like new, and a custom glass shower door is installed. The process converts the tub/shower combination

into a functioning shower. This eliminates the need for seniors to lift one leg up and over the tub wall; which is particularly dangerous when standing barefoot on a wet surface.

The Seal Beach Bathroom Accessibility Program is an innovative City Program designed to provide the residents with a more convenient and safe method to access the bathroom shower. The grant funds can also be used to build an in-shower bench, add grab bars and/or

ACCESSIBILITY, page 15



An Official Golden Rain Foundation Publication

Serving the Shareholders of Leisure World Seal Beach

LW Weekly

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or GRF Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for

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you will not find a group of more friendly

and highly skilled dental professionals."

TESTIMONIALS

-Nate M.

-Dorian B. Dr. Brandon and his wife, Dr. Iris, both graduated from UCLA School of Dentistry and have since been committed to providing the highest quality dentistry. They live in Tustin with their Australian Shepherd, and enjoy hiking the trails of Orange County.

Directors needed as Mutual election cycle begins

The community unity of Leisure World Seal Beach is a direct result of all the unpaid volunteers on Mutual and GRF boards. Board members/directors are elected to serve their Mutuals and shareholders. One of the best ways to create and sustain a community like Leisure World is to volunteer for the governance of this incredible lifestyle shareholders enjoy.

This community was founded on the premise that the Mutual Boards and the elected board of directors would set

into operation the day-to-day business of each Mutual corporation. Directors address important issues to shareholders and Mutuals. Board directors find solutions to problems, large and small. This is not an easy job. It takes time, effort, and a willingness to dedicate a portion of their everyday life to the community where they live.

Leisure World Seal Beach is full of highly qualified shareholders who can offer expertise, such as knowledge of construction, plumbing and accounting.

2023 GRF and Mutual Election and Annual Meeting Schedule

New ideas and perspectives are always needed. Consider becoming a candidate for a director of your Mutual's board of directors.

The schedule below indicates each Mutual's annual meeting date and election time line. Note the deadline to apply for candidacy. If interested in running or have any questions regarding the Mutual's board of directors, contact the election specialist at 562-431-6586, ext. 329. Note some Mutuals are already accepting applications.

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	10	276	139	5	1/26	2/27	4/13	3 rd Tue	5/16	10 a.m.	Cumulative Voting.
	14	328	165	7	1/27	2/27	4/18	3 rd Thu	5/18	10 a.m.	Cumulative Voting.
	7	384	193	5	1/27	2/28	4/19	3 rd Fri	5/19	10 a.m.	Cumulative Voting.
≿	8	348	175	5	2/1	3/3	4/20	4 th Mon	5/22	10 a.m.	Cumulative Voting.
MAY	4	396	132	4	2/8	3/15	4/24	4 th Wed	5/24	10 a.m.	Cumulative Voting. Staggered terms
	16	60	20	5	2/8	3/10	4/24	4 th Wed	5/24	2 p.m.	Cumulative Voting. Election & Annual Meeting held in Admin. Conf. Room.
	11	312	104****	6	2/9	3/6	4/25	4 th Thu	5/25	10 a.m.	Cumulative Voting. Bylaws on the ballot.
	9	384	193	7	2/3	3/7	4/26	4 th Fri	5/26	10 a.m.	Voting is per parcel to elect one delegate. Parcels in effect.
JUNE	G	olden F	tain Foun	dation	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
ſ	Mutu	als 1, 3,	5, 7, 9, 1	1, 15, & 17	2/15	3/31	5/5	1 st Tue	6/6	10 a.m.	No Cumulative voting. New directors will be installed at GRF Annual Meeting on 6/13 at 2:00 pm. Bylaws on the ballot.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	6	408	205	7	2/10	3/14	5/3	1 st Fri	6/2	10 a.m.	Cumulative Voting.
	3	432	217	7	2/24	3/20	5/15	2 nd Wed	6/14	10 a.m.	Cumulative Voting.
111	12	452	151	7	2/23	3/27	5/9	2 nd Thu	6/8	10 a.m.	Cumulative Voting. Parcels in effect. Bylaws on the ballot.
JUNE	2	864	433****	9	2/17	3/21	5/10	2 nd Fri	6/9	10 a.m.	Cumulative Voting.
3	1	844	282	4	2/27	4/3	5/11	2 nd Mon	6/12	10 a.m.	Cumulative Voting. Staggered Terms
	5	492	164	3	2/13	3/15	5/11	2 nd Tue	6/13	10 a.m.	No Cumulative Voting. Staggered Terms.
	15	502	252	7	2/24	3/28	5/17	3 rd Fri	6/16	10 a.m.	Cumulative Voting.
	17	126	64	2	3/14	4/13	5/25	4 th Tue	6/27	10 a.m.	No Cumulative Voting. Staggered
				_	0/11	7/10	0/20	T IUC	0/21	10 a.iii.	Terms.

Recap of GRF Board Activity, Jan. 24

Approved Consent Agenda: MOVED and approved the minutes of the GRF Board of Directors Minutes, November 22, 2022, were approved. Approve Capital Funds Investment Purchase, Approve Reserve Funds Investment Purchase, and the Acceptance of the Interim Financial Statements, November, and December 2022, for Audit were removed from the agenda on January 17, 2023.

General

Appoint Chair for Community Rule Violation Panel: MOVED to approve the President's nomination of Director Edward Jablonski as chair/ moderator of the 2022-23 Community Rules Violation Panel, and the naming of the following directors to hear Member appeals: Lucy Ableser, Carole Damoci, Tony Dodero, Janet Isom, Susan Jacquelin, Lee Melody, Teri Nugent, Leah Perrotti, and Camille Thompson.

Adopt 30-5700-3, Presidents' Roundtable Charter: After discussion, 30-5700-3, Presidents' Roundtable Charter will be sent to GRF Administration Committee for further review.

Architectural Design and **Review Committee**

Capital Funding Request: Landscaping at the Globe: FAILED to approve the contract to J&J Landscape to replace plants at the Globe at a cost not to excess, \$38,910 and authorize the President to sign the contract.

Communication Amend 20-5050-1, Digital Billboards: MOVED to amend 20-5050-1, Digital Billboards, as presented, and retitle it as "Electronic Communications" under the same rule number.

Adopt 20-5050-3, Digital Billboards: MOVED to adopt policy 20-5050-3, Digital Billboards, as presented.

Finance Committee Operating Funding Request: Approve Active Shooter **Insurance:** MOVED to approve the Active Shooter insurance proposal as presented by DLD, with coverage in the amount of \$3,000,000 at a total cost of \$21,551 plus taxes and fees. Funds to be expended from Operating Account GL #6731000, which has an annual budget of \$848,802 as of January 1, 2023. The GRF President is authorized to sign the coverage.

GRF Administration Committee

Amend 30-1001-5, Glossary of Terms: MOVED to amend these amendments in 30-1001-5 – Glossary of Terms: Age-Restricted Community, Common Area, Cooperative Housing, Exclusive-Use Common Area, Golden Rain Foundation, In Leisure World Seal Beach, Mutual Corporations (Mutual), Reserved Parking, Trust Property, Amenity, Common Interest Development, Cooperative Mutual, Property Interest, Roadway and Stock Cooperative, as amended.

Final Vote: 30-5025-3, Golden Rain Foundation Election Procedure: MOVED to ratify 30-5025-3, GRF Election Procedure, updating the Ballot Retention adding Acclamation rules, as presented.

Information Technology Service Committee

Amend 20-5045-3, Board Member Use of Foundation Equipment Procedures: MOVED to amend 20-5045-3, Board Member Use of Foundation Equipment, as presented, updating issuance and authorization rule, specifying that board members must sign

20-5045-4 form, and updating the return or replacement rule, giving the board member an option of replacing the device or purchasing theirs.

Adopt 20-5045-4, Board Member Use of Foundation **Equipment Form:** MOVED to approve adopt policy 20-5045-4, Board Member Use of Foundation Equipment Form, as presented.

Tentative Vote: Adopt 20-5560-1, Surveillance Camera **Policy**: MOVED to adopt policy 20-5560-1, Surveillance Camera Policy, as presented, pending a 28-day notification to the members, and a final decision

by the GRF Board of Directors at its March 28, 2023, meeting. **Mutual Administration**

Committee

Capital Funding Request: **SSD Alarm System:** MOVED to approve the SSD Alarm proposal for \$15,181.48 including a contingency of \$2,500.00, Capital Funding, for the installation of the alarm system and a monthly expenditure of \$206.95 from GL Code 6478000- 574, which has a monthly budget of \$70.25 as of January 1, 2023 and authorize the President to sign any contracts.

GRF, page 8

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Fri., Feb. 10	Architectural Design Review Committee
	Conf. Rm A/virtual1 p.m.
Mon., Feb. 13	1.8 Ad Hoc Committee
	Conf. Rm B/virtual10 a.m.
Mon., Feb. 13	Mutual Administration Committee
	Conf. Rm A/virtual 1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Thu., Feb. 9	Mutual 12
	Conf. Rm A/Zoom9 a.m.
Fri., Feb. 10	Mutual 3
	Conf. Rm A/Zoom9 a.m.
Mon., Feb. 13	Mutual 9
	Conf. Rm A/Zoom9 a.m.
Tue., Feb. 14	Mutual 16
	Conf. Rm A/Zoom1 p.m.
Wed., Feb. 15	Mutual 5
	Conf. Rm B/Zoom 9 a.m.
Wed., Feb. 15	Mutual 7
	Conf. Rm A/Zoom1 p.m.
Thu., Feb. 16	Mutual 2
	Conf. Rm A/Zoom9 a.m.
Thu., Feb. 16	Mutual 11
	Conf. Rm B/Zoom1:30 p.m.

SENIOR MEA

Find more menu details at our website

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week 2 meals a day 5 days a week (Delivery: Mon. Wed. & Fri) \$165 per week

B. 2 means a day 5 days a week (Denvery, Mon, Wed, & Fri) \$105 per week											
Monday	Tuesday	Wednesday	Thursday	Friday							
		LUNCH									
Turkey Sausage, Spinach & Jack Cheese Omelet	Fish Tacos Cole slaw	Turkey Sandwich Potato Salad	Broccoli & Cheese Quiche Macaroni Salad	Monte Cristo Sandwich Raspberry Preserves							
Seasonal Fruit	Mexican Pastry	Seasonal Fruit	Mixed Berries	Seasonal Fruit							
		DINNER									
Chicken Parmesan Asparagus	Basa Filet Almandine Grilled Zucchini	Beef Stroganoff Wide Noodles	Chicken Teriyaki Broccoli & Carrots	Shrimp Fajitas Spanish Rice							
Chocolate Cake	Seasonal Fruit	Cookies	Seasonal Fruit	Flan							



Salim Khoury (562) 754-8487 www.simplydelicious.app

To ensure high quality, some items may be substituted



Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers





Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

"TEN MINUTES TO WAN ITT BY AMIE WALKER

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Sudoku 1

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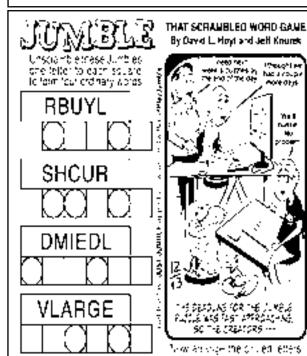
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to form the surprise anaker las A ALTONOOPER Systy (C) A Paring Received suggested by the above datioth Print your

answer here:

Guess Who?

I am a singer born in Mississippi on February 11, 1979. I grew up in a family of musicians. My younger brother is a performer as well. I gained fame on a hit TV series in the 1990s.

Sudoku #2

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Puzzles & Comics Answers on page 19

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z * တ \mathbb{C}

> Solve the code to discover words related to infants. Each number corresponds to a letter. (Hint: 18 = A)

Determine the code to reveal the answer!

A. 18 9 21 20 21 **22**

Clue: Keeps child calm

В. 19 5 18 23 26

Clue: Provides warmth

22 18 14 5 11 9

Clue: Sleeping spot

21 D. 19 19

Clue: Protects clothes



Ε J R S Ε Т 0 В N P Ε Ι В C L C Н C Ι C L C N G J N G 0 Y Α J U T U Т

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Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

BABY

BASSINET BATH **BOTTLES BOUNCER** BURP CLOTH CARRIAGE CARRIER CAR SEAT CRIB **DIAPERS** HAT MOBILE MONITOR ONESIE **PAJAMAS RATTLE** SLING SPIT **SPOONS** STR0LLER **SWADDLE SWING** T0YS

ç

How to Contact Your Government

Contacting your elected officials remains one of the most important civic responsibilities you can perform outside of voting. Here's a guide to how to contact those elected to be your voice:

President Joseph R. Biden

Phone: 202-456-1111

Mail: The White House, Office of the President, 1600 Pennsylvania Ave. NW, Washington, D.C. 20500

Website: www.whitehouse.gov

Vice President Kamala Harris

Phone: 202-456-1111

Mail: The White House, Office of the Vice President, 1600 Pennsylvania Ave. NW, Washington, D.C. 20500

Website: www.whitehouse.gov

U.S. Senator Dianne Feinstein

Phone: 310-914-7300 or 202-224-3841

Mail: 11111 Santa Monica Blvd., Ste. 915, Los Angeles,

CA 90025

Website: www.feinstein.senate.gov

U.S. Senator Alex Padilla

Phone: 202-224-3553 **Mail:** 255 E. Temple St.

Suite 1860, Los Angeles, CA 90012 **Website:** www.padilla.senate.gov

U.S. Representative, 47th District, Katie Porter

Phone: 949-668-6600 or 202-225-5611

Mail: 12151 Michelson Drive Sutie 195, Irvine, CA 92612 Website: https://porter.house.gov

Governor Gavin Newsom

Phone: 916-445-2841

Mail: 1303 10th St., Ste. 1173, Sacramento, CA 95814

Website: www.gov.ca.gov

State Senator, District 36, Janet Nguyen

Phone: 714-558-3785 or 916-651-4036

Mail: 1021 O Street, Ste. 7130, Sacramento, CA 95814

Website: sr36.senate.ca.gov

State Assembly Member, District 72, Diane Dixon

Phone: 714-843-4966 or 916-319-2072

Mail: 17011 Beach Blvd., Ste. 1120, Huntington Beach,

CA 92647

Website: ad72.asmrc.org

Orange County Supervisor, District 1, Andrew Do

Phone: 714-834-3110

Mail: 400 W. Civic Center Drive, Santa Ana, CA 92701

Website: bos1.ocgov.com

Seal Beach Mayor Joe Kalmick

Phone: 562-431-2527, ext. 1501

Email: jkalmick@sealbeachca.gov

Mail: Seal Beach City Hall, 211 Eighth St., Seal Beach,

CA 90740

Website: www.sealbeachca.gov/Government/City-Council

Seal Beach City Council Member, District 5, To be determined

Phone: 562-431-2527, ext. 1505

Mail: Seal Beach City Hall, 211 Eighth St., Seal Beach,

CA 90740

Website: www.sealbeachca.gov/Government/City-Council

Comments/Questions at GRF Board Meetings

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers.

To address the GRF Board of Directors, submit a request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Attention: Executive Coordinator, no later than 4:30 p.m. on the Friday prior to the meeting. You may also drop off your question/comment at the Stock Transfer Office, Attention: Executive Coordinator, or email your question/comment to grfboardaction@lwsb.com.

Presidents' Council

Recap Jan. 5 Clubhouse 4 ZoomVideo – Virtual

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach was convened at 9 a.m. by President Jeri Dolch on Jan. 5 in Clubhouse 4 and via Zoom.

The following is a recap.

Presidents' Council meeting minutes of Dec. 1, 2022 were approved, by the Council, to stand as written.

City of Seal Beach guest speaker Iris Lee provided an update on the 2021-2022 Leisure World Water Consumption.

Emergency Council Committee Members, Kathy Almeida and Marty Williams, presented the "Go Bag" and "Boots on the Ground" Plan.

GRF President Marsha Gerber discussed the Optum's Health Care Center Team's plan to have an addition to the New Buyer Orientations.

Executive Director Jessica Sedgwick provided an update on the upcoming changes to the Mutual Administration Department, Finance Department, Stock Transfer Department, and Copy and Supply Department.

Learning and Development Manager, Acacia Young introduced her roles in Leisure World and presented the "Board Leader Certificate" program offered by the Community Association Institute (CAI).

IT Director Marcelo Mario provided an update on the Mutual website.

Facilities Director Mark Weaver provided updates on general projects in the community.

The Facilities Manager Ruben Gonzalez and Warehouse Manager Ruben Sandoval introduced the Purchasing Department's roles and duties in Leisure World.

The Security Services Director Victor Rocha provided an update on recent thefts in the community and the new access gate system. He also announced the Security Town Hall.

Mutual Administration Director Jodi Hopkins presented the Mutual Administration Monthly Reports and Stock Transfer Monthly reports.

Mutual Administration Director Jodi Hopkins discussed the Mutual Election Material.

President Dolch adjourned the meeting at 11 a.m.

Recap Feb. 2 Clubhouse 4 ZoomVideo – Virtual

The regular monthly meeting of the Presidents' Council of

Leisure World Seal Beach was convened at 9 a.m. by President Jeri Dolch, on Feb. 2 in Clubhouse 4 and via Zoom.

The following is a recap.

Presidents' Council meeting minutes of Jan. 5 were approved, by the Council, to stand as written.

Municipal Water District of Orange County guest speaker Karl Seckle discussed Water Supply Conditions Impacting Orange County.

Onsite Sales Broker Dawn Januszka discussed the housing market, escrows, and new buyer orientations.

President of Lynn Wealth Management Dave Lynn discussed Investment Opportunities

IT Director Marcelo Mario discussed LWSB emails for Mutual Board Directors.

Facilities Director Mark Weaver provided updates on general projects in the com-

Mutual Administration Director Jodi Hopkins presented the Mutual Administration Monthly Reports and Stock Transfer Monthly reports.

Next Council meeting: Thursday, March 2, at 9 a.m., in Clubhouse 4 and via Zoom Tele-Video Conference and YouTube LIVE.

GRF from page 5

Amend 50-5165-3, Mutual Administration and Service Maintenance Charter: MOVED to amend 50-5165-3, Mutual Administration and Service Maintenance Charter, updating language throughout, as presented.

Physical Property Committee
Reserve Funding Request:
Building Five Modifications:
MOVED to approve the improvements at Building Five for the replacement of carpet upstairs, LED lighting, workstations and the repainting of the complete exterior and upstairs interior, at a cost not to exceed \$98,515, Reserve Funding, which includes a \$5,000 contingency and authorize the President sign the contracts.

Capital Funding Request: Power for Fans Clubhouse One: MOVED to award a contract to Pacific 3 Electric for electrical improvements at the Clubhouse One Shuffleboard Courtarea, installing a 100-amp electrical panel, (3) wall-mounted fans, (8) 110v convenience outlets, (4) porch lights at each entry/exit door, for a cost not to exceed \$18,000, Capital Funding, which includes the \$3,000 contingency, and authorize the President sign the contract.

Amend 60-5504-1, Insurance Requirements Contractors: MOVED to amend 60-5504-1, Insurance Requirements-Contractors establishing the annual fee of \$150 required from each contractor to adhere to these insurance requirements as soon administratively fea-

sible, as presented.

Amend 60-5000-1, Use of Community Facilities, Dumpsters at 1.8 Acres – Rules: MOVED to amend 60-5000-1, use of community facilities, dumpsters at 1.8 acres – rules removing rule, 2.10 under general regulation and updating the days of operation from Monday to Sunday, as amended.

Recreation Committee Amend 70-1487-2, Schede of Fees and Monetary Fines:

ule of Fees and Monetary Fines: MOVED to amend 70-1487-2, Schedule of Fees and Monetary Fines, increasing the Annual Space Lease Fee effective June 1, 2023, as presented.

Amend 70-1500-1, Woodshop Rules: MOVED to amend 70-1500-1, woodshop rules, updating language throughout, as presented.

Amend 70-5562-1, Amphitheater Programs: MOVED to amend 70-5562-1, Amphitheater Programs, updating language throughout, as presented.

Amend 70-1480-1, Arts and Craft Festival: MOVED to amend 70-1480-1, Arts and Craft Festival, updating language throughout, as amended.

Amend 70-1482-4, Arts and Craft Festival Seller's Statement and Form: MOVED to amend 70-1482-4, Arts and Craft Festival Seller's Statement and Form, updating language throughout, as amended.

Rescind 70-1409-1, Amphitheater Dancing: MOVED to rescind 70-1409-1 Amphitheater Dancing, as presented. Security, Bus, and Traffic Committee

Capital Funding Request: Gate Access System: MOVED to approve the proposal for a vehicle gate access system from CG Systems at a total one-time cost of \$423,485.70, which includes a 10% contingency, with funds to be expended from the Capital Fund, which has an unallocated balance of \$2,731,736 as of November 30, 2022, and a monthly cost of \$1,632.00, with funds to be expended from Operating Account GL #6481000-837, which has an annual budget of \$4,950. The President is authorized to sign the contract.

Recreation Committee

Capital Funding Request: Administration Access Control System: MOVED to approve the proposal from CG Systems at a total one-time installation cost of \$49,218.40 plus a 10% contingency, and the purchase of 200 key cards at \$1,270.00, with funds expended from the Capital Fund, which has an unallocated balance of \$2,744,771, and approve the monthly subscription of \$72.11, with funds to be expended from Operating Account GL #6481000-837, which has a monthly budget of \$412.50 as of January 1, 2023. The President is authorized to sign the contract.

Tentative Vote: Amend 80-1937-1, Parking – Rules: MOVED to tentatively amend 80-1937-1 Parking – Rules, updating language throughout, pending a 28-day notification to the members, and a final decision by the GRF board of directors on March 28.

SPORTS & GAMES



Some of Leisure World's best-known sweethearts, Milly Larsen of Mutual 2 and Richard "Red" Ryals of Mutual 5, have inspired shuffleboard members for many years with their warm friendliness and hard work, supporting all activities of the Shuffleboard Club.

Shuffleboard Valentine's Party

The Shuffleboard Court's Building (behind Clubhouse 1 on Burning Tree Lane) will be open this Friday evening, Feb. 10, at 5:30, for a Valentine's celebration. All members and residents interested in joining the Shuffleboard Club are invited to attend. The potluck party will begin with a short club meeting, a potluck supper, and two games of "On the Line," where winning teams will be rewarded. The entrance fee for the party is some delightful food dish, while the cost to play "On the Line" will be \$1.

Sign-up sheets for the spring league will be available in the Courts Building beginning the evening of Feb. 10. Everyone who want to play in either one or both spring leagues (Tuesday evenings/Friday mornings) should sign up as early as possible. The deadline is March 3. The first spring league game will begin March 10.

Free open-play/pick-up games take place Monday and Wednesday mornings from 9-11 a.m. Most days, eight to 12 players participate. For those wanting to practice in the evenings, the courts are open Tuesday evenings from 6-8. All equipment is provided; closed-

toe shoes are required. For more information, call or text Kay Mount at 775-527-0426.

The Tuesday Evening League played Jan. 31, pairing the Night Sliders—captained by Sally Fowler—and the Hot Shots—captained by Jack O'Brien. The Night Sliders won eight of 12 games. The Night Sliders' allgame winners included: Sally Fowler who has had an average of 100% through the first four games, plus Roger Bennett, Carol Johnson, Chandra Patel and Patty Peterson.

The Tuesday league played its fifth game on Feb. 7 and their results will be included in next week's article.

The Friday morning league played on Feb. 3, with the Smashers winning over the Hot Rods 8-4, with Milly Larsen and Shel Magnuson earning all-game winner honors for the Smashers, both for two weeks in a row. Roger Bennett earned all-game winner status for the Hot Rods. The Flying Discs triumphed over the Bumpers 8-4, with Mo Habel and Chandra Patel as all-game winners for the Flying Discs. Chandra, too, has been an allgame winner for two weeks in a row.

—Kay Mount

Men's Golf League

Monday Golf

On Jan. 23, nine golfers attacked the 5,600-yard, par 70 Meadowlark Golf Course in Huntington Beach. Temps were in the low 40s and the skies were clear, with no wind. The course is in wonderful conditions although quite wet due to early morning watering. Once the greens dried out, putting became easier and the ball rolled more consistently improving overall play.

Bob Munn and Gary Stivers were closest to the pins on the par 3 seventh and 16th holes, respectively. Chris Lankford and Munn had fewest putts for the round. Clay Fischer had the lone birdie.

Winners

A Flight: First place: Fischer, a nice one under 69; second: Stivers, a hard-earned even par 70; third: Lankford; fourth: tie between Glen Barry and Sam Choi.

B Flight: First place: Digna Vesely, good 2 over 72; second: Munn; third: tie between Gene Vesely and Bill McKusky.

Friday Golf

On Jan. 27, nine golfers, including two new members Scott Tuchfarber and Elicc Vaden, confronted the 6,000-yard, par 71 Willowick Golf Course in Santa Ana. Temps were in the low 40s and the skies were clear with no wind.

The greens are in very good condition and the tee boxes fair. The fairways are still very bumpy and full of mole hills. The grass was trimmed

and only a few wet spots still remain.

Dave LaCascia and Clay Fischer were closest to the pins on the par 3 fourth and 12th holes respectively. Gary Stivers and Bob Munn had fewest putts for the round. Sam Choi had the only birdie.

, Winners:

A Flight: First place: tie between Stivers and Fischer, a nice one under 70; second: Larry Hillhouse, a hard-earned 2 over 73; third: tie between Choi and LaCascia, a hard-earned 3 over 74.

B Flight: First place: Munn, a terrific 7 under 64; second: Bill McKusky, a well-played even par 71.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and Eagles (two under par), although infrequent, are generously rewarded.

If interested, contact, Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

Pool League

In the second week of the LW Pool League, held on Monday and Wednesday nights in Clubhouse 2, the matches were not as close as in the first week.

On Monday the Renegades won 9-4 over the Cue Crew. Ren Villenueva won five games, including both of his singles matches. The leading "A," "B" and "C" players get an award at the end of the season.

The Rail Runners beat PPJ's 8-5. The Rail Runners "A" player, Rusty Aquino won five games and so did teammate Dennis Bedford.

Right on Cue won its match against In the Money 9-4. Tom Zimmerman had a good night, winning six and losing only an eight ball singles match.

Triple Threat won 10-4

over The Favorites. Connie Terry won six games, including both of her doubles games. Jerry Wrenn and Steve Edrich each won five for Triple Threat.

The Ruffians won big over U3 by an 10-3 margin. Ruffy Ramos won six for the Ruffians and George Gordon and Glenn Everson each won five.

Bank It beat Milly's Boys 8-5. Bank It fell behind early, but came on strong in its singles match by winning five out of six.

After two weeks, the Renegades and the Rail Runner are tied for first place on Monday with 15 wins and 11 losses. On Wednesday, Triple Threat led with 17 wins and 9 losses, with the Ruffians one game behind.

—Dave Silva

CANCELED EVENT

Pickleball courts closed to add fencing

The free pickleball lesson advertised in last week's issue of the LW Weekly has been canceled.

From Feb. 13-17, the Pickleball Courts will be closed to install new fencing. The exact installation dates will depend on weather.

The Pickleball Players Club hosts free pickleball classes on the second Tuesday of each month.

Jim Thomason provides the instruction to new players and the Pickleball Players Club loans paddles and balls to the players.

For more information, contact President Linda Evenson at 561-577-3283 or email lwsbpickleball@gmail.com.

Women's Golf League

It was a chilly Tuesday morning for the 37 Women golfers participating in the Jan. 31 weekly tournament. The women played for low gross and low net. The winners were:

Flight A—Low Gross: tie between Lisa Kim and Jassca Choi, 26; Low Net: tie between Devora Kim and Linda Herman, 26.

Flight B—Low Gross: tie between Alison Kim and Judy Kim, 30; low net: Bert Thompson, 24.

Flight C—Low Gross: tie between Sang An and Pam Krug, 32; low net: tie between Sun Lee and Sue Yokomi, 26.

Flight D—Low Gross: Connie Kang, 34; low net: tie between Elizabeth Butterfield and Patty Littrell, 24.

The club holds tournaments every Tuesday. The sign-up sheet is posted in the golf clubhouse.

The club meets the first Tuesday of each month in Clubhouse 3, Room 1, at 3:30 p.m. Elizabeth Butterfield is the social chair and she always provides a festive array of snacks and entertainment.

Members and prospective members are encouraged to attend and participate in the festivities.

Anyone interested in joining the Women's Golf Club can obtain an application from the golf course starter or contact Club Treasurer Margie Thompson at 562-493-0484 for more information.

... —Liz Meripol

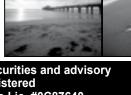
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10 February 9, 2023 | www.lwsb.com | www.lwweekly.com

8 & LEISURE



Debbi Fudge

LB Shakespeare Company

The Long Beach Shakespeare have been attending Long Company has 14 shows in 2023. These 14 shows include Shakespeare plays, Old Time Radio Shows, a poetry series and a New Works Festival at a new venue.

On Jan. 22, Mutual 1 resident Debbi Fudge was in the audience for the first 2023 show—the Old Time Radio Show "Alice In Wonderland."

"The Old Time Radio Shows are really fun seeing how all the special effects are performed, listening to the clever original commercials and hearing the actors give a voice to multiple characters," Fudge said. "For more than ten years now I

Beach Shakespeare Company performances at the Helen Borgers Theatre."

The next play is Shakespeare's "King Lear," which will run from Feb. 17-March 11.

From March 24-April 2, the group will perform the Old Time Radio Show "Sherlock Holmes: The Strange Case of Miss Alice Faulkner."

GRF is not running any bus trips to the shows, but residents can use rideshares like Uber or Lyft. Tickets for upcoming shows range from \$13 to \$23. For more information, visit www.lbshakespeare.org.

—Debbi Fudge

GARDEN CLUB

Local nonprofit We Care will be highlighted

The Garden Club will meet Monday, Feb. 20, at 1:30 p.m. in Clubhouse 2. Elizabeth Rubio, case manager at We Care of Los Alamitos, will speak about the good work that this family resource center has been doing since 1989 to help local families with the daily struggles of keeping fed and sheltered.

Rubio started out as an intern with We Care in 2018 while she was a student at Cal State Long Beach studying child development and family life education.

Upon graduation she was offered the opportunity to work for them as a part-time case manager, and she has been there now for five years. "Working with the community and helping clients with any assistance that we can is really rewarding," Rubio said.

The Garden Club is a proud, longtime supporter of We Care. A donation table dedicated to We Care is set up in the lobby at all club meetings for donations of non-perishable food items, gift cards and cash.

Coffee, tea and cookies will be served after the meeting.

—Nancy Goldstein



Hui O Hula newcomer Mee Jong Mc Partland "MeeMee" posing the noho position.

Hui O Hula

Hui O Hula, the LW Hawaiian dance club, welcomes anyone who is interested in learning the hula. Classes are given twice a week, on Tuesdays and Thursdays, at 1 p.m. Tuesday's class is held upstairs at Clubhouse 6 and Thursday's class is taught at Veteran Plaza (or inside Clubhouse 3 when it's cold and windy).

The particulars of hula dancing involve the hands, face, hips and legs. It is with the hands that the story is described; the face/eyes give expression to the story; the gentle movements of the feet and the swaying of the hips keep the beats and rhythm. Not only is hula gentle to the body, but it also helps cognitive functioning while dancers try to remember the story or lyrics of each songs.

Hui O Hula dancers welcome newcomer Mee Jung Mc Partland. "MeeMee" and husband, Richard, moved into Mutual 7 from Hacienda Heights in 2020. Here in LW, both enjoy playing pingpong.

MeeMee likes jewelry-making and knitting, while Richard is an assistant instructor to the popular ukulele class with Aloha Club's president and instructor Larry Yamashiro. Richard and MeeMee are faithful members of the Calvary Mission Church in Buena Park. MeeMee belongs to the OC Korean Parkinson Group. Her hula family looks forward to the opportunity to share their aloha in a hula performance with her church in March.

Beginners may come at 12:30 on Tuesday when hula sisters Keiko Kawamoto and Susan Cucci demonstrate the fundamental steps before class. The hula should be danced barefoot. Bring soft booties or socks because the floor can be cold during the winter. Those who cannot stand may sit while dancing. This hula style is called hula noho. Noho means sit or stay in Hawaiian. For more information on classes, call 562-431-2242.

—Jojo Weingart

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REVISED 02/06/2023

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White / Black Oven
STAINLESS OVEN \$1551.81
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Refrigerator \$769.73
28 GALLON WATER HEATER 10YR.
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38 GALLON WATER HEATER 10YR.
\$832.43
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BATHROOM FAN/HEATER \$154.28
BATHROOM FAN-NO HEAT \$177.58
BATHROOM SINK WHITE-ROUND

WHITE / BLACK OVEN \$1306.31
STAINLESS OVEN \$1551.81
WHITE TOP FREEZER
REFRIGERATOR \$718.35
BLACK TOP FREEZER
REFRIGERATOR \$718.36
STAINLESS STEEL TOP FREEZER
Refrigerator \$769.73
28 GALLON WATER HEATER 10YR.
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GARBAGE DISPOSAL \$253.64
BATHROOM FAN/HEATER \$154.28
BATHROOM FAN-NO HEAT \$177.58
BATHROOM SINK WHITE-ROUND
\$47.55
BATHROOM SINK-BONE-ROUND
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BATHROOM SINK-WHITE-OVAL
MUT-15- GERBER \$42.37
BATHROOM SINK-ALMOND-OVAL
MUT-15\$48.80
BATHROOM SINK -WHITE
CHINA\$51.04

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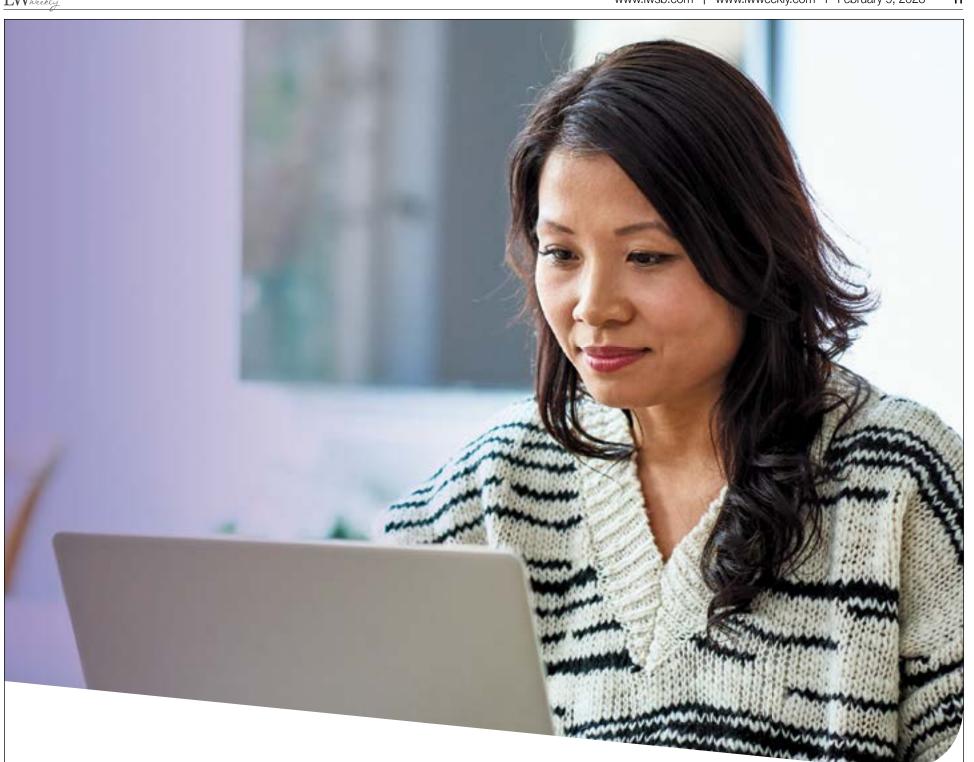
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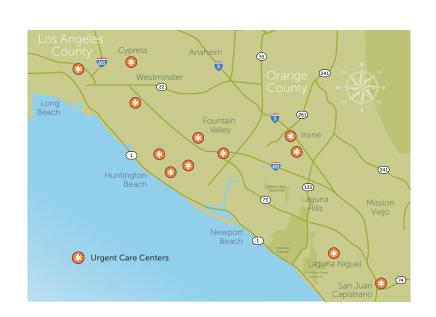
Mutual 1 residents Dori Campbell (I) and Debbi Fudge were in the Jan. 21 audience of the Capital Comedy "Two Cheers For Democracy" performance at the Richard and Karen Carpenter Performing Arts Center in Long Beach. Debbi commented, "The current events lyrics were sharp and hilarious in the song parodies, the comedy sketches, the mock commercials and the fake news updates."



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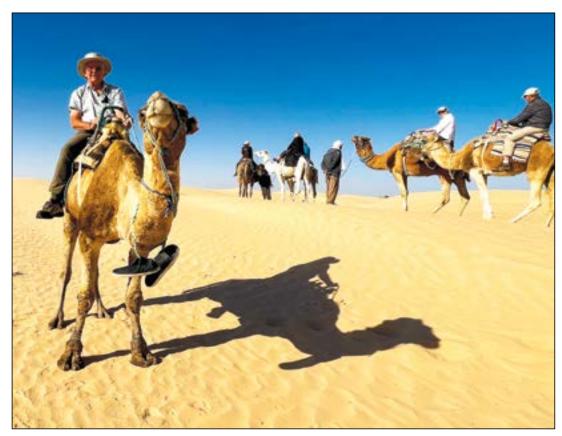
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Edward Hickman rides a camel in the Sahara Desert.

Traveling Tigers will discuss Algeria and Tunisia

The Traveling Tigers will meet Wednesday, Feb. 15, at noon in Clubhouse 3, Room 9. There will be a potluck at noon, the business meeting will be at 1 where the group will be filling the two vacant positions on the board.

The presentation will begin at approximately 1:30, and the topic will be Edward Hickman's trip to Algeria and Tunisia. Traveling there in November, he visited the capitol cities along with smaller villages and uncrowded ancient

Roman ruins. He had a chance to camp in the Sahara Desert in a tent and ride a camel. He shared meals with families and stayed a while in Constantine, a city built across deep valleys with many dramatic bridges.

He also got a chance to visit the wind swept northernmost point in Africa, Ras ben Sakka. What he most remembers is the generous hospitality of the people and how welcoming they were.

Pinochle

The Pinochle Club winners on Jan. 23 were: Marilyn Allred, first, 15,520; Joan Taylor, scond, 12,540; Nancy Wheller, third, 12,010; and Don Dramer, fourth, 11,630.

The winners on Jan. 28 were: Tony Dodero, first, 11,650; Nancy Wheeler, second, 11,150; Marge Dodero, third, 11,140; and Irene Perkins, fourth, 11,040.

The winners on Jan. 30 were: Tony Dodero, first, 12,360; Ruth Bonnema, second, 11,460; Maureen Habel, third, 10,860; and Gene Smith, fourth, 10,810.

The winners on Feb. 2 were: Gayle Colden, first, 12,440; Diana Lambert, second, 12,110; Donna Gorman, third, 11,770; and Curt Rogers, fourth, 10,980.

The Pinochle Club meets on Mondays, Thursdays and Saturdays around 11 a.m. in Clubhouse 1. The card game is meant for two or more players using a 48-card deck consisting of two of each card from nine to ace. The object of the game is to score points for various combinations of cards.

Yahtzee Club

On Feb. 3, the winner for most Yahtzees was Sandy Weisenstein. The winner for the highest score was Mary Milhone. The winner for the lowest score was Kathy Russell. The door prize went to Pat Wilson.

The next meeting will be Feb. 17 in Clubhouse 3, Room 6, at 1 p.m. There will be a halftime social. The club meets the first, third and fifth Fridays of each month. For more information, contact Diane Seeger at 562-533-5997.

—Diane Seeger



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Cribbage Club

Donna Morgan provided delicious cake and ice cream to celebrate her birthday with the Cribbage Club on Jan. 17. She served red velvet or German chocolate cake with a choice of ice cream flavors. Carrie Kistner and Margaret Smith assisted her as she served all 47 members present.

The club congratulates Joanne Lester who earned her first star with a perfect score of 847. Second place went to Susan Dodson with 838. Donna Gorman and Wanda Bemden tied for third place with 836 and Franca Yeske and Mary Holder tied for fourth place with 833. Jesus Sosa won six out of seven games played.

Suzanne Frank celebrated a late birthday with Cribbage Club by providing cake and ice cream on Jan. 25. Margaret Smith assisted with serving at noon.

Winners this week were: Bobbie Straley, first, 846; Candy Meyers, second, 839; Eileen Dohl, third, 837; and Alma Zamzow, fourth, 834.

The club will hold a semiannual meeting Tuesday, Feb. 14. Sandwiches will be provided by the club and served to



Joanne Lester

members beginning at 11:30 a.m.

Seven games of cribbage are played each Tuesday in Clubhouse 1 beginning at 12:30 p.m. and ending by 4 p.m. Refreshments to celebrate birthdays or other special occasions are donated by members.

Those who want to learn how to play cribbage, to brush up on the game or to learn more about the club should call and leave a message with Terry Thrift at 714-394-5885. Dues of \$5 are accepted for 2023. To pay, stop at the check-in desk before play begins next Tuesday.



A sunflower drawn with colored pencil by Janet Roberts.

Art League

The guest demonstrator for the Art Leauge meeting in Clubhouse 4 on Tuesday, Feb. 14, will be Janet Roberts. Janet was an art and physical education major at the University of Redlands, where she earned her teaching credential in 1970. She taught art and advanced placement art for over 38 years at Walnut High school, Diamond Bar High School and Chino Hills High School before retiring eight years ago. She was selected as ten of 12 teachers in the United States to study art history at the National Gallery of Art in Washington, D.C. She says it was an experience of a lifetime. She loves exploring art museums and learning the back stories of the pieces. It brings the art alive for her.

Janet is a longtime crafter and painter but found her real love in drawing and colored pencils. She has illustrated two books for her friends and several of her drawings can be seen on th 1980s TV show "30 Something." She loves sending handmade cards to her friends and teaches art classes from her home. She is also a motivational speaker and travels all over the United States and Canada

sharing positive inspiration to high school and middle school students and adult philanthropic groups.

When COVID hit and everyone was directed to stay in their homes, Janet knew she needed to come up with something to keep herself busy every day. On March 18, she started a Facebook page called #creativejournalchallenge and encouraged others to join. She has not missed a day since and has filled over 12 journals with art. The Facebook page is based on being positive through art.

Janet is excited to share her love for colored pencils with optimistic motivation. Her favorite quote is by Teddy Roosevelt: "No one cares how much you know unitl they know how much you care." Janet has combined her love of art and her heart for reaching out to others during the tough times of COVID. She is excited to share many of her creative pages with the club and demonstrate easy ways to color with pencils.

Members should have their painting for the art show hung by 6:30 p.m. to be judged. The popular vote theme is "abstract."

—Jay Young



Anna Le

Community Karaoke

Anna Le never misses Wednesday night's karaoke. She has a powerful voice and engaged the audience while singing "Don't Worry Baby." Mariza Jouquin entertained the audience with "Dancing Queen." With a strong husky voice, Ed Jablonski sang "Rainy Days and Sundays."

Wayne Urban always gets attention with "Swinging Doors" by Merle Haggard. Arleen Cullison had fun with "Boots are Made for Walking." Julie Nulad sang a fine "You Don't Know Me."

Beautiful duets were done by Kyung Ju and Bob Barnum, Tony Tupas and Susan Kelleghan, Elizabeth Butterfield and Donald Horning, Vinny Corrdenti, Carmen Edwards, Vito Villomar, Ellen Brannigan and Kenny Notorleva.

Each Monday, a small group meets in Clubhouse 6 to practice a new song or perfect a favorite. The group meets from 1-3 p.m. Wednesday nights are karaoke parties in Clubhouse 1 beginning at 5:30 and everyone is welcome to be a singer. Singers always appreciate an audience.

-Margie Thompson



Erica Greenwood

Tournament Poker

The player of the year tournament was held Jan. 28. The winners of the weekly tournaments play for the Player of the Year. This year's winner was Erica Greenwood, followed in second place by club secretary Debbie Barner and tournament director Tony Canfora.

Erica is a longtime member of the club and a longtime LW resident. She spends her spare time playing cards, karaoke, and the Doo Wop group.

The club meets the first three Saturdays of the month at noon. Players should arrive 30 minutes early to check in.

For more information, email caroledamoci@yahoo. com.

Duplicate Bridge

North/South winners in the five-table game on Jan. 26 were Larry Slutsky and Shmuel Fisher with a 63.5% game. East/West winners were Beth Matheny and Fred Reker with a 63% game.

In the eight-table game on Jan. 27 North/South winners were Larry Topper and Lynn Danielson with a 60.12% game; second were Larry Slutsky and Bob Goldstein with a 55.36% game. East/West winners were Howard Small and Paul Chen with a 61.31% game; second were Bill Brooks and April Berg with a 56.55% game.

Sylvia Kaprelyan and Russ Gray were the winners in the two-table Howell game on Jan. 28 with a 59.26% game.

With a 62.19% game, Lynn Danielson and John Tholen were the East/West winners in the 9.5-table game on Jan. 30. Second were Kathy Jervik and Sherry Geller-Vogeli with a 57.02% game; third were Dave Carman and Emma Trepinski with a 52.79% game. North/South winners were Harriet Weiss and Larry Topper with a 59.6% game; second were Joyce Basch and Gene Yaffee with a 58.32% game; third were Linda and Dick Stein with a 54.83% game.

Games are played on Monday, Thursday, Friday and Saturday afternoons in Clubhouse 1 beginning at 12:30 p.m. Players are asked to arrive no later than 12:15 p.m. to confirm their reservations. Reservations can be made at any game using the sign-up sheets and/or contact Linda Nye at 562-453-6678 or email *yuelingnye@yahoo.com* no later than 10 a.m. on game day.

—Gene Yaffee



Silver Fox Classic Car Club Member Scott Davis admires a Ford GT40 at the Shelby Museum. The Ford GT40 won the prestigious 24 Hours of La Mans endurance race four years in a row, from 1966-1969. The car club meets on the second Tuesday of each the month in Clubhouse 3, Room 5, at 6 p.m. People don't have to own a vintage, classic or collectible vehicle to join the club, just a passion for cars.

Bunco Club

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. The next meeting will be held Feb. 11 in the Clubhouse 3 Lobby. Sign-up starts at 1, play begins at 1:30 sharp. The club is collecting dues for this year. The winners from the Jan. 28 meeting were: Ron Holbrook, most buncos; Yvonne Vostry, most wins; Kathy Rapp, most babies; Pat Wilson, most losses. The door prize winner was Bunny Boardman. For more information, call Doris Dack at 562-356-0443.

—Doris Dack

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COMMUNITY

SUNSHINE CLUB

LW developer's daughter will speak to club on Friday, Feb. 17, in CH 4

Heidi Cortese, daughter of the Leisure World developer Ross Cortese, will speak at the Sunshine Club's meeting on Friday, Feb. 17, in Clubhouse 4 at 10 a.m.

Cortese has been the CEO of Rossmoor Construction Company since February 1993.

She will speak on her 30year tenure as chairwoman of one of America's most influential companies in developing senior housing: Leisure World.

Over 70,000 people nationwide call a "Leisure World," former "Leisure World," or Rossmoor property "home."

Note that the meeting will take place in Clubhouse 4 instead of the Sunshine Club's regular meeting place due to a larger crowd expectation.



Heidi Cortese



GAF Volunteers for the 2023 AARP tax-aid program.

Japanese American Club

The Japanese American Club will meet on Feb. 18 in Clubhouse 3, Room 1, at 11:30 a.m.

Beau Onouye from **BEACHFITNESS** will be the featured speaker. He is a certified Fumanet instructor and traveled to Hokaido, Japan, to get certification by Professor Kazutoshi Kitazawa in



2018. He graduated from California State University, Long Beach, and is currently a personal trainer, corrective exercise specialist, brain health trainer and nutrition coach. During the meeting, he will focus his presentation on senior exercise.

Members are asked to bring Asian potluck dishes. Those who do not bring a dish will need to pay \$8 to cover expenses for the club-provided catered dishes which will include teriyaki chicken, Japanese vegetables, Chinese food and birthday cake.

The phone committee will call all members to take RSVPs. All residents of LW are welcome to attend. The club dues are \$10. For more information about the club or the meeting, call Michie Kimura at 714-317-1102.

Call the LW Weekly at 562-430-0534 **Alpine** Heating & Air Conditioning Specializing in Serving Leisure World Residents Free Installation Estimates Sales • Repair • Installation Lowest Prices In Town • All Work Guaranteed #1 in Customer Service 714-901-0552

Free income tax services are now available in LW

The AARP Tax-Aide program IRS-certified volunteers are preparing and e-filing tax returns for full-year California residents. This tax service is sponsored by the Golden Age Foundation (GAF) and is provided every Monday, Tuesday and Wednesday morning in

the Knowledge and Learning Center in Clubhouse 3. Appointments are required.

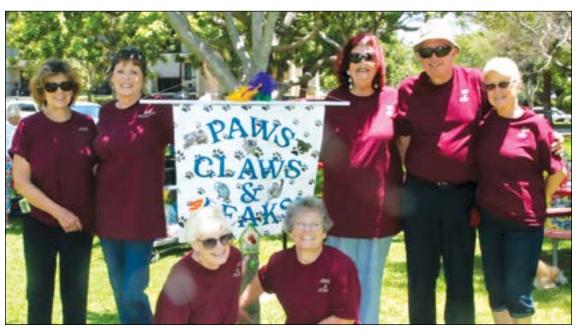
LW residents can call 562-596-1987 and leave their name and telephone number and a volunteer will return the call to schedule an appointment.

The intake/interview sheet

required for every appointment can be picked up at the Leisure World Library and completed prior to the appointment.

Individuals with rental property or a net loss from selfemployment are out of scope for this program.

-Anna Derby



LW Community Emergency Paws, Claws, and Beaks Response Team Instructor Eloy Gomez will talk about animal safety and emer-

GRF Safety Manager and gency preparedness at the Refreshments will be served. Club on Feb. 15 at 4 p.m. in Clubhouse 3, Room 9. All LW pet owners are welcome.

For more information, contact Bonnie Kaplan at 714-930-5314 or email *craft*. kaplan029@gmail.com.



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by Mary Larson

LW Contributor

The Orange County Registrar of Voters has until March 2 to certify the results of the Jan. 31 Seal Beach City Council runoff election. However, published reports already make it clear that over 1,800 Leisure World residents who were eligible to vote in this election did not vote. It is also clear that Leisure World's new representative on the council will be Nathan Steele. As of Feb. 2, he was ahead by 185 votes with only approximately

With this runoff election completed, the Democratic Club is now focusing on what to anticipate in next year's local and state-wide races. It is already clear that the contest to replace Dianne Feinstein in the U.S. Senate could be the most crowded and high-profile primary race of the 2024 cycle. Following close behind will be the race to replace Katie Porter in the House of Representatives.

36 ballots left to count.

Nancy Pelosi has already announced she will endorse Adam Schiff to replace Feinstein if she opts not to run again. Porter, the first candidate to throw her hat in this race, has been endorsed by Sen. Elizabeth Warren.

As previously reported, former U.S. Congressman Harley Rouda and California Senator Dave Min have both announced they will be running to replace Porter in the House.

Leisure World Democrats and supporters are reminded that they—speaking as an individual—are free to endorse any candidate at any time.

The SBLW Democratic Club is chartered by the Democratic Party of Orange County. This means that the club must follow the party's rules and regulations in making candidate endorsements.

Before making endorsements, the club will send representatives to participate later this year in a meeting called a "pre-endorsement conference." The meeting has currently been scheduled for October. Participants will vote on which candidates should receive the Democratic Party's endorsement. The number of votes any club will have in this conference will depend on the number of members "in good standing" in that club.

The names of all candidates receiving at least 70% of the preendorsement vote are forwarded to the California Democratic Party for consideration during their state-wide convention. The final decision on endorsement will be made at this convention. Endorsements for local candidates (school boards, city councils, etc.) are made by the Democratic Party of Orange County governing body. The LW club will have one vote in that process.

For a more in-depth reporting on issues, Democrats and supporters can subscribe to the club's free newsletter by emailing democraticclubsblw@gmail.com

or calling 562-296-8521.

all residents to join its multicultural club's next meeting on Sunday, Feb. 12, at 2:30 p.m. in Clubhouse 3, Rooms 1 and 2. The club's annual membership dues of \$10 are due now. The FALW's next bingo event will be held on Sunday, Feb. 19 in Clubhouse 2. Doors open at noon, and games starts at 1.

Obituary Notices

laurieb@lwsb.com

The Filipino Association of Leisure World (FALW) welcomes

ACCESSIBILITY from page 4

replace an existing toilet with a high-boy toilet; further assisting seniors.

To qualify, resident households must meet certain income guidelines. Savings do not disqualify you. All applicants must be over 55 years of age and have a gross annual household income less than or equal to the Orange County levels listed below:

- One-person household: \$75,900
- Two-person household: \$86.750
- Three-person household: \$97,600

In addition to the income requirements, a licensed medical doctor must complete the Doctor's Analysis Form (included in the application) that rates the physical condition of the applicant with respect to mobility problems, pain with movement, or trouble with balance. This rating allows the program to help the applicants who are in the most need first until all the funds are spent.

The bathroom improvement process is coordinated by CivicStone (www.civicstone. com): a company hired by the City of Seal Beach to review all applications and manage the construction improvements with the approved contractors. Once approved for the program and scheduled for work, the improvements usually take less than a week to complete.

"Many residents get confused on the application process," said Monique Miner, program administrator. "They don't realize you can have substantial savings and still qualify for the free upgrade. We are just a phone call away and can help residents apply for the completely free upgrade. But don't delay completing your application, because funds are limited!"

Applications are currently being accepted and are available online at *https://www.civicstone.com* and from the City of Seal Beach's website.

For more information email *monique@civicstone.com* or call 909-364-9000.

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John Harper (I) and David Harlow



Kitty Hamerschmidt (I) and David Harlow

Republican Club recognizes its volunteers

The LW Republican Club held a volunteer recognition lunch on Jan. 31.

During this even,t John Harper and Kitty Hammerschmidt were honored for their unselfish service to the club.

These same volunteers for the last two years have been supporting local candidates and other office holders in various ways. The various tasks include precinct walking, phone calls, manning the club's booth and selling merchandise.

Harper was a past president and founder of the current Republican Club for nine years and Hammerschmidt was a past secretary to the club.

The club also recognized various outstanding performers during the midterm elections.

The club will hold its next meeting on Wednesday, Feb. 15, in Clubhouse 3, Room 2, at 7 p.m. Experienced campaigner Hope Horning will be the featured speaker.

Beginning in March, the Republican Club will open its booth on the first Monday of each month outside Clubhouse 6 from 10 a.m.-noon.

- David Harlow

SUNSHINE CLUB

Learn about lower back pain treatment on Friday, Feb. 10

Dr. Roger Moon, M.D, will speak to the Sunshine Club about chronic low back pain, on Friday, Feb. 10, in Clubhouse 3, Room 2, at 10 a.m.

Moon is a board certified anesthesiologist, who specializes in interventional pain management. He graduated from Tufts University School of Medicine in Boston, Massachusetts. He completed his residency at Stony Brook University in New York in anesthesiology. He then completed his fellowship training in pain management at Cedars-Sinai Medical Center in Los Angeles, California.



Dr. Roger Moon

Moon has a broad experience in the management of acute and chronic low back pain. He specializes in image guided techniques (ultrasound and fluoroscopy), including selective nerve root blocks, interlaminar epidural steroid injections, facet joint injections, medial branch blocks, radiofrequency ablation, sacroiliac joint injections and kyphoplasty/vertebroplasty. He also performs neuromodulation and intrathecal pump implants for post-laminectomy syndrome. Moon is a member of the American Academy of Pain Medicine as well as the Spine Interventional Society.

During the meeting, Moon will discuss the most common causes of low back pain in the elderly. He will also describe pertinent topics regarding low back pain treatment.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served at the meeting. The Sunshine Club does not discuss politics or religions.

The Sunshine Club began in January 2012 with the mission of "Building Bridges For A Brighter Leisure World." The club frequently invites guest speakers from Leisure World's GRF departments so residents could get familiar with each system within the community. For more information, text 562-301-5339.

GAF

Amazon Smile program ends Feb. 20, Ralphs Rewards has new contact number

Amazon just announced the end of its Amazon Smile Community Reward program as of Feb. 20, and the Golden Age Foundation (GAF) would like to thank the LW community's support over the years through the program.

Amazon launched Amazon Smile to make it easier for customers to support their favorite charities. However, after almost a decade, the program has not grown to create the impact that it had originally hoped. With so many eligible organizations (more than 1 million globally), its ability to have an impact was often spread too thin.

Amazon says it will continue to pursue and invest in other areas where it can make meaningful change from building affordable housing, providing access to computer science education for students, and using its logistics infrastructure and technology to assist communities impacted by natural disasters.

To help charities like the GAF that have been a part of the AmazonSmile program with this transition, Amazon will be providing the GAF with a one-time donation equivalent to three months of what it earned in 2022 through the program. A mazon will also be able to accrue additional donations until the program officially closes in February. The GAF will still be able to seek support from Amazon customers by creating wish lists.

There is another way to donate to the GAF through the Ralphs Community Reward program. People can sign up on www.ralphs.com or by calling (800) 576-4377. Note that the number has recently been changed. You will need your Ralphs reward card number to register or the phone number associated with the account. When signing up be sure to have the GAF's non-profit organization FS 519 to register.

The GAF is a nonprofit 501 (c)(3) charitable organization dedicated to serving LW residents.

Anna Derby

GAF

Board Meeting will be held Feb. 22

The Golden Age Foundation will hold its monthly board meeting on Wednesday, Feb. 22, at 2 p.m. in the GRF Conference Room B.

All members of the GAF are welcome to observe. This is a great opportunity for members to catch up on the latest news and get a preview of coming GAF attractions. For more information, contact Anna Derby at 562-301-5339.



Moriarty Independent Agent #0804860 LW M-15

'Sadie" Suzanne

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The committee for the Valentine Cancer Party: Phyllis Spencer (I-r), Carol Burge, Taylor White, Sandy Walker, Virginia Olehnik and Patty Jo Schmitz.

Valentine's day luncheon for cancer survivors

The strong men and women at Community Church. who are currently a cancer patient or a survivor are invited to come to LW Community Church's free Valentines Day luncheon on Tuesday, Feb. 14, at noon in the fellowship hall

The luncheon will provide food, fun and smiles.

People may also invite their caregiver and the significant other who helped them through their time of need during the

The party is by reservation only. Those interested in attending should contact Taylor White, a seven year survivor, by calling 562-208-3359 and leave a message.

American Legion Auxiliary

American Legion Auxiliary's mission statement is "In the Spirit of Service, Not Self." The $mission\,of\,the\,American\,Legion$ Auxiliary is to support The American Legion and to honor the sacrifice of those who serve by enhancing the lives of veterans, active military, and their families, at home and abroad.

For God and Country, the American Legion Auxiliary advocate for veterans, educate citizens, mentor youth, and promote patriotism, good citizenship, peace and security.

American Legion Auxiliary welcomes those who have a serving heart and an undying respect for veterans to join the

People can attend a meeting and fill out a simple membership form to be invited to a special orientation luncheon on how you join the group.

Auxiliary meetings are held every third Monday in Clubhouse 3, Room 1, at 1:30 p.m.

-Dianne Hart

LW Woman's Club

The Woman's Club of Leisure World is a non-profit philanthropic organization with approximately 150 members. Meetings are held the first Tuesday of the month, October-June. Meetings include not only donations to specially chosen organizations, but also outside professional entertainment followed by refreshments for our members.

At the January meeting we invited Sharon Kohn of the Impaired Vision and Hearing Club to tell us about the advantages of belonging to their club and also to accept a check from the Woman's Club of Leisure World on their behalf.

Those who would like to know more about the Leisure World Woman's Club or to join, should contact Membership Chair Kathy Russell at 949 293-7517.

LW Community Emergency Response Team

Members of LW Community Emergency Response Team (CERT) opened the last meeting to residents who were interested in learning about emergency preparedness and how to become a CERT member. President Catherine O'Brien made a pre-



sentation about how people can create a family emergency plan. O'Brien covered topics like creating a paper copy of the contact information for your family and other important people including information such as medical facilities, doctors and service providers. She encouraged those at the meeting to carry a copy or post a copy of the plan in a central location in their home such as a refrigerator, or a bulletin board.

The second half of meeting was presented by Peggy Lynch who gave a presentation about the effective ways that LW CERT members can stop bleeding in an emergency by using multiple options available.

— Janice Friedland

Call the LW Weekly at 562-430-0534

Visit the Pala Casino on Feb. 20

20 through the Los Alamitos Senior Club for \$45 per person.

The Pala Casino is a AAA Four-Diamond award winner for nine consecutive years and its gaming and entertainment includes over 2,000 slot machines, 70 table games, eight restaurants, two concert and show venues and more.

One will be in front of Clubhouse 4, 1418 Northwood Road, at 7:45 a.m. and the other will be at the Los Alamitos Vons, 11322 Los Alamitos Boulevard, Los Alamitos, 90720 at 8:15 a.m.

Teri Nugent at 310-803-4338.

LWers can visit The Pala Casino Spa Resort for the day on Feb.

There will be two pickup and drop off locations for the event.

For more information or to register for the day trip, contact

In Memoriam Robert Asplin Jr. 54 Mary Lou Klar 88 Allegra Harlan 99 Lyle Morris 57 nna Exacoustos 7 Helchandree Sooklall 73 Marilyn Mehl 71 Frances Ortiz 84 John Zvonec 71 Lois Crawford 83 Dennis Leger 76 Enrigueta Romera Luna 98 Paul-Yuan Chen 81 Robert Palomo 90 Thomas Redwine 81 Barbara Knapil 89 Luis Gutierrez 96 Anayo Onwunyi 65 Patricia Frye 73 Anna Nuno 58 Lillie Farwell 74 Margaret Wheeler 77 Francisco Fernandez 94 Jean Yannuzzi

Alger Mock 69

Filomena Galdames 77

James Johnson 83

Robert Aito 93 Martha Alvillar 88 Dennis Quinn 81 Virginia Johnson 75 Angela Verand 64 Kathy Madison 71 Manuel Renteria 101 Carol Noland 84 Families assisted by McKenzie Mortuary, 562-961-9301 -paid obituary

The obituaries deadline is Friday at 1 p.m., prior to the desired Thursday publication date. Obituaries that are received later than Friday will go in the following week's issue.

Email obituary notices to laurieb@lwsb.com with photos attached as jpg files. The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents. For more information, call 562 - 430-0534, ext. 801, or email laurieb@lwsb.com.





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HEALTH & FITNESS



Denise Stabile (I-r) and Shirley LaBrecque

Wa-Rite

Wa-Rite's total weight loss for the week was 11.5 pounds. Last week Denise Stabile was the biggest loser with a loss of 2.5 pounds. This week the biggest loser was Shirley LaBrecque with a loss of 4 pounds. Have faith in yourself and start out small by having more water, movement, and being aware of portion sizes.

The club meets on Fridays in Clubhouse 3, Room 1. Weigh ins are from 9-9:45 a.m. The meeting begins at 10. The annual membership fee is \$10.

Eat to your

heart's content

health month, Optum Health-

Care Center will hold a nutrition

presentation by dietitian Sylvia

Hernandez on Thursday, Feb. 16,

from 10-11 a.m. in large confer-

ence room at the HealthCare

reduce the risk of heart disease

while still enjoying their food;

separate healthy eating facts from

food myths; and have their ques-

tions answered by a specialist.

provided and two lucky recipi-

ents will receive a raffle prize at

the end of the presentation. RSVP

is required by Tuesday, Feb. 14,

to patient relations liaison Sarah

White at 562-795-6255.

Healthy refreshments will be

People will learn how to

Center.

In celebration of a heart

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www. mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, Feb. 9

Spaghetti and meatballs with marinara sauce, whole grain roll, seasoned broccoli, maple baked pears, ham, turkey and cheese sandwich with lettuce, tomato and pickle, and a creamy coleslaw.

Friday, Feb. 10

Chicken enchilada casserole with red sauce, pinto beans, seasoned cauliflower, sugar cookies, Caesar chicken salad with romaine lettuce and shredded cheese, croutons, Caesar dressing and crackers.

Monday, Feb. 13

Polish sausage with sauteed onions and bell peppers, baked beans, seasoned broccoli, vanilla pudding, chicken salad sandwich with spinach and tomato, and homemade macaroni salad.

Tuesday, Feb. 14

Chicken with wine sauce, biscuit, green beans with pimentos, chocolate cake, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

Wednesday, Feb.15

Beef lasagna, whole grain dinner roll, broccoli and cauliflower, baked apple with granola, ham and cheese sandwich with lettuce, tomato and pickle, and carrot and raisin salad.

Joyful Line Dance offers full body workout

Joyful Line Dance meets on Thursdays in Clubhouse 6 upstairs from 10:30 a.m.-12:30 p.m.

The club has multiple leaders who take turns leading the class. They are Albert and Gladys Comia, Jojo Weingart, Caryn Lynn Stel, Kelly Johnson, David Powell, Carmel Atkinson, Anna Derby, Chung Cha Lewis, George Pinada, Gina Baik, Jinna Yoon and Sunny Kim.

For safety, classes are limited to 35 people on a first-come, first-served basis. Exercise shoes and masks are strongly recommended. No membership fees required, but donations are welcome.

For more information, text 562-301-5339.

—Anna Derby



Gina Baik and Jinna Yoon lead the Mambo Italiano, which is a quick tempo and energetic line dance. The class attendees love good cardio dances with arm movements for a complete exercise.



LW Bicycle Club members rode to Martha's in Huntington Beach for coffee, biking through flooded Bolsa Chica State Beach. The group meets on Sundays with breakfast, Mondays, Wednesdays and Fridays. Helmets and safe shoes are required. Everyone is welcome. For more information, call Mary Romero at 562-810-4266.

SB Senior Lunch Program

Meals on Wheels Orange County partnered with the city of Seal Beach to host a senior lunch program at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, from 11 a.m.-noon, Monday-Friday. Sugarfree desserts and water-packed fruits are available. The program is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome, even if a contribution is not possible. Guests under 60 pay \$5.

The menus are available online at https://www.mealsonwheelsoc.org/wp-content/uploads/2022/12/C1-January-Menu-2023-FINAL.pdf.

Thursday, Feb. 9

Multigrain Cheerios, 2% milk and orange pineapple juice, whole wheat bread with sugarfree jelly, low fat yogurt, curry chicken, couscous with Parmesan and peas, Keebler crackers, sugar free cake, peas with ricotta and broccoli, sweet potatoes, succotash, whole wheat dinner roll and mandarin oranges.

Friday, Feb. 10

Oatmeal, 2% milk and orange juice, whole wheat bread with sugar free jelly, string cheese, shredded pork taco with pinto beans and corn, fiesta corn and bell pepper salad, tortilla, sugar free fruited gelatin, beef stew with vegetables and sauce, baby potatoes, Keebler crackers and a peach cup.

Monday, Feb. 13

Hard boiled egg, 2% milk and orange juice, all bran, chicken pecan salad, barley and black bean salad, California salad, whole wheat dinner roll, ambrosia, pork tenderloin with honey mustard sauce, sweet potatoes, collard greens, whole wheat dinner roll, and sugar free cookie.

Tuesday, Feb. 14

Oatmeal, 2% milk and orange pineapple juice, low fat yogurt and raisins, cranberry tuna salad on spring mix, lime and lentil salad, whole wheat bread, sugar free cake, stuffed cabbage, mashed potatoes, Chef's Cut vegetable blend, whole wheat dinner roll, and assorted cake or fresh fruit.

Wednesday, Feb. 15

Cottage cheese, 2% milk and fruit mix juice, whole wheat bread with peanut butter and jelly, hamburger patty with bun, mayonnaise and mustard, potato salad, spring mix, mandarin orange, chicken breast strips glazed with citrus sauce, jasmine rice, Japanese vegetable blend, Keebler crackers, and sugar free pudding.

Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club meets every fourth Tuesday in Clubhouse 3, Room 1, at 1:30 p.m. (except for July, August and November).

The Impaired Vision Support Group meets every third Friday in Clubhouse 3, Room 6, at 10 a.m.

Hard of Hearing Support Group meets every second Thursday in Clubhouse 3, Room 7, at 10 a.m.

For more information, call 562-431-4026.

—Sharon Kohn

RELIGION

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

Message from the Pastor

"But Noah found favor in the eyes of the Lord," Genesis 6:8. God took notice of Noah, "Because I have seen that you are righteous before me in this generation."

God instructed Noah to construct an ark for himself, his wife, sons and his sons' wives, plus two of every living thing; one male and one female. God described the construction of the ark in detail. He gave Noah the type of wood to use, the dimensions for the inside and

outside, and how to cover it inside and out with pitch: "Thus, Noah did; according to all that God had commanded him, so he did" Genesis 6:22.

Afterward, God said, "I am bringing the flood of water upon the earth to destroy all flesh under the heavens." Then God told Noah he was establishing a covenant (promise) with him that would occur when Noah and his family entered the ark. The ark was a vessel that saved the righteous; those who had faith in the creator, God, from judgement.

Today, believers know that the ark is an Old Testament picture of the savior, Jesus Christ, that came to bring salvation to whosoever would believe in God. A future judgement of mankind will come, and to survive the judgement each individual has been given an opportunity through belief to get "on board" the New Testament Ark—the person of Jesus Christ.

In John 14:6 Jesus says "I am the way, the truth, and the life, no one comes to the father except through me."

Weekend Services

Sunday services are held from 9:30-10:45 a.m. Theservice is traditional with hymnal music led by Janet Ray and Pat Kogok at the piano.

First Christian Church Choir, led by Ray, will sing "Make Me a Blessing."

Saturday services are more contemporary with Gregory Blackleading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the women's Bible study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlach leads the Bible study held on Tuesdays

FCC, page 22

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, Feb. 10, at 6:30 p.m. Rabbi Mike Mymon will lead hybrid services on Saturday, Feb. 11, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Saturday's Torah portion will be Yitro (Jethro), which begins as Moses reunites with his father-in-law Yitro and accepts his advice to appoint judges who will help govern the Israelites. The Israelites prepare to encounter God at Mount Sinai. God descends amidst fire, smoke, thunder and the blast of a shofar and gives the Ten Commandments to Moses.

To receive a Zoom link to the services, contact Jeff Sacks at 714-642-0122.

The book club will meet on Zoom on Wednesday, Feb. 15, at 7 p.m. This week, the club will travel back a few centuries by reading "The Gentleman from Krakow" by I.B. Singer.

Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those would like to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

The LW Weekly 562-430-0534

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Crossword Answers

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Sudoku 1 Answers

6	3	7	9	8	2	4	5	1
9	4	5	1	7	3	6	2	8
2	8	1	6	5	4	7	9	3
7	1	4	8	2	9	5	3	9
8	2	9	5	3	7	1	6	4
3	5	6	4	9	1	2	8	7
5	7	8	2	4	9	3	1	6
4	6	2	3	1	8	9	7	5
1	9	3	7	6	5	8	4	2

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all S1 boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a

Sudoku puzzle can be the same.

• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.

• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

BURLY CRUSH MIDDLE CRAVEL The deadline for the Jumble puzzle was fast approaching, so the creators — SCRAMBLED

Puzzle Answers

Puzzle pages 6-7







Sudoku 2 Answers

2	9	4	7	1	3	8	5	6
6	3	1	8	2	5	4	9	7
7	5	8	4	6	9	1	3	2
9	8	2	1	5	6	3	7	4
5	1	7	3	9	4	2	6	8
3	4	6	2	7	8	9	1	5
1	2	5	9	8	7	6	4	3
8	6	3	5	4	1	7	2	9
4	7	9	6	3	2	5	8	1

Guess Who? Brandy

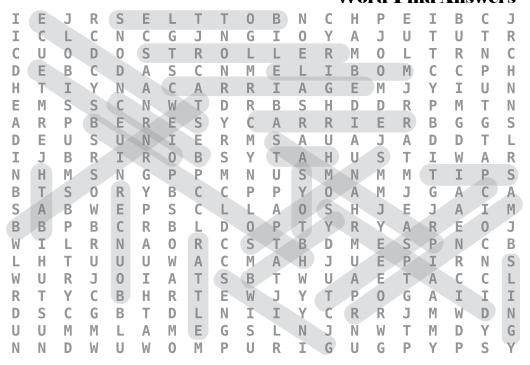
Crypto Fun Answers

A. pacifier B. blanket C. cradle D. bib

Boggle BrainBusters Answers

EAGLS EXILE EVADE ELOPS SPODS SYSVE EVOKE ELODE.

Word-Find Answers



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수요: 6:00PM (ROOM #1)

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Faith Christian Assembly

After a brief hiatus for the holidays, Faith Christian Assembly's men's and women's ministries will hold the first meetings of the year on Thursday, Feb. 16, at 1 p.m. The church looks forward to returning to its monthly meeting schedule for these special groups. The groups are a way for people to gather comfortably in an informal setting, with the company of like-minded brothers and sisters. The groups are a great way for people who are not familiar with the church to give it a try and see what Faith Christian Assembly is about.

Faith Christian Assembly believes there is something special about people getting together to focus on strengths and address issues as men and women. Having a ministry devoted specifically to each group gives an excellent opportunity to do so. It provides an opportunity to learn from someone who has gone through or are currently experiencing the same things and help navigate life's ups and downs through encouragement.

Join Faith Christian Assembly Thursday, Feb. 16, at 1 p.m. The women's ministry, also called "Touch of Love," meets under the direction of Linda Hernandez in the Garden Room. The men's ministry meets under the direction of Ruben de la Rosa and Gary FCA, page 23

FCC

from page 19 from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Pastor Bruce Humes leads Friday's prayer and Bible study from 6-7 p.m.

Scripture of the Week

"Jesus said 'All that the father gives me will come to me, and the one who comes to me I will certainly not cast out. For I have come down from heaven, not to do my own will, but the will of him who sent me," John 8:37-38.

Contact

First Christian Church is located on Northwood Road behind Carport 125. Those who would like to receive more information can call 562-431-8810.

LW Baptist

"Though he slay me, yet will I hope in him" are famous words of the prophet Job. Less well-known are these: "All the days of my struggle I will wait until my change (or renewal) comes." Both phrases express the hope of personal resurrection and glorification. LW Baptist will focus on these things in its worship service on Sunday, Feb. 12, at 10 a.m. in Clubhouse 4. The sermon title for this week is "Changed from Glory into Glory."

The women's Bible study group will meet Monday, Feb. 13, at 10 a.m. in Clubhouse 3, Room 6, to discuss the corollary doctrine of Christian growth. On Wednesday, Feb. 15, at 3 p.m., the Energizers group will host missionaries Ralph and Joan Justiniano from Japan. For more information, call 562-430-8598.

Christian Women's Fellowship and Bible Study

The Christian Women's Fellowship and Bible study group will meet on Monday, Feb. 13, and Monday, Feb. 27, at 10 a.m. in Clubhouse 3, Room 6. Members will begin a new book by Elizabeth George, "A Woman's Walk with God."

All residents are welcome. For more information, call Jean Davidson at 562-431-0597 or Margie Singleton at 562-594-8100

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Community Church Missions Team members Mara Williams (I-r), Pastor Johan Dodge, Kelly Frankiewicz, Peggy Coles, Virginia Olejnik, and Missions Team Chair Joyce Reed are ready to collect donations for the church's annual "Souper Bowl Sunday" event.

Community Church

It's not too late to join Community Church for its two upcoming events. The Valentine's Day luncheon for cancer survivors will be held on Tuesday, Feb. 14 at noon. People can contact Taylor White at 562-208-3359 to RSVP by Friday, Feb. 10.

The church's Souper Bowl event will be held on Sunday, Feb. 12. People are asked to bring in canned soup or nonperishable food items to the Sunday worship service or drop off at the church office this week. Bins will be marked "Eagles" or "Chiefs" so people can drop the food items into their favorite team's bin. Food will be donated

to local food banks

Choose your own adventure books were very popular back in the day. Every few pages, the reader would be presented with a choice that would make them turn to a different page. Readers would be taken through different storylines and might even skip some storylines or outcomes entirely. Two people could read the same book and get a different ending.

In Community Church's study of Deuteronomy this week, the writer presents a choice: life and prosperity or death and adversity. People naturally want to choose life and prosperity but can people know

their choices will lead to life and prosperity rather than death and adversity? This question and its answers will be reflected on in Community Church's joy filled community this Sunday, Feb. 12, at 9:50 a.m. All are welcome.

As always, the word Gospel means "good news" and those who are in need of some good news are welcome to join the service in person or online on Zoom and on Facebook at @CommunityChurchLeisure-World. Contact the church office for the Zoom link.

Those who are in need without another way to address it can call the church office to leave a message at 562-431-2503.

Redeemer Lutheran

"Choose to Follow...Choose to Live" is the theme found in the Old and New Testament readings in Redeemer Lutheran Church's worship service on Sunday, Feb. 12, at 10:30 a.m.

All are invited to join the community and share the word with Communion and hymns in the church sanctuary at 13564 St. Andrews Drive, across from the Administration building where ample parking is provided.

The church is celebrating SOUPerBowl Sunday and invites LWers to bring cans of soup to be distributed to those in need in the local community.

Those who have questions about the service or the work of the church can call 562-598-8697.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton Street in Long Beach. Sacrament service is held every Sunday at 10:30 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The reading source for this year is the New Testament. The reading assignment for the week of Feb. 13-19 is Matthew 5 and Luke 6. Of these two chapters, the "Come, Follow Me" says "By this point in His ministry it was clear that Jesus's teaching would be unlike what the people of His time were used to hearing. The poor will receive the kingdom of God? The meek will inherit the earth? Blessed are the persecuted? The scribes and Pharisees were not teaching such things."

FCA

from page 22

Leming in the main sanctuary. The church is located on the corner of Seal Beach Boulevard and St. Andrews Drive, just outside

Faith Christian Assembly's regular Sunday service times are at 10:30 a.m. and 5:30 p.m. The pre-service prayer is on Sundays at 5 p.m. The midweek Bible study held on Wednesdays at 11 a.m.

People can call the church office at 562-598-9010 for updated schedule information or to receive a free copy of the church's newsletter. People can also read the newsletter archive and find more information about the church at www.FCAchurch.net.

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2. The Hymn Sing will be held on the fourth Sunday, in the Clubhouse 3 Lobby at 6 p.m.

Sermon for this week: Love can save a life. Love has motivated people to donate organs, lift impossibly heavy vehicles off trapped loved ones and take literal bullets to shield someone else from death. When these events make the news, do people ever question whether the life that was saved merited the sacrifice of the lifesaver?

Rarely would that question be posed, as the full details of the relationship between the parties can be told in a brief

news story. When it comes to the sacrificial love of God for His human creation, the answer is clear. Humanity was sick, hopeless, and in need of saving. God sent Jesus as the answer to that need.

"Love to the Rescue," from Ephesians 2:4-5, will be Pastor Chuck Franco's sermon this week. LWers are invited to join Assembly of God and discover the overwhelming love of God and the extraordinary way he chose to express that love.

Bible Study: Assembly of God's Bible study resumes on Wednesday, Feb. 15, with two sessions remaining in "Fearless," by Max Lucado. It is never too late to join this series and become empowered to face down fear in a culture that manufactures and distributes it.

Contact: More information about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to add to the prayer chain at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

The Sisterhood of Congregation Sholom celebrated Valentine's Day with a luncheon. The beautiful centerpiece was created by Carol Levine to commemorate Jewish Arbor Day, which was on Feb. 6.

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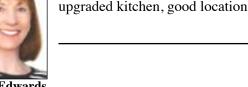
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\$599,900



M9-225C

\$199,900



Don't miss out on this one bedroom one bathroom home that is priced to sell. The kitchen has built-in LW appliances including Stove, Oven, Refrigerator, and features a ceiling fan and skylight. Livingroom overlooks a private patio that has walk in storage and small green belt. Bedroom has wardrobe closet and sliding glass door to patio. The bathroom features a skylight. This unit has close parking, faces south, and enjoys the wonderful ocean breezes that Seal Beach has to offer. It is located in Leisure World Seal Beach, a resort-like community that is security guard gated and features over 200 clubs' organizations and activities including a pool, jacuzzi, gym, health care center, lawn bowling, shuffleboard, wood working shops, sewing, art and ceramic rooms, banquet halls, meeting rooms, post office, amphitheater and so much more.

M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



M9-230D \$349,900



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living the sest of each expansive windows that overlook a has a walk-in storage closet, entry closet,

PENDING

Mutual 4-51D Mutual 8-189D

SOLD 2022

Mutual 14-17B Mutual 8-188H Mutual 8-189B Mutual 2-40J Mutual 2-49B Mutual 2-17G Mutual 9-59G Mutual 6- 117L Mutual 15-39A **Mutual 10-258H Mutual 6-1351 Mutual 10-258B** Mutual 1-31E **Mutual 5- 117L Mutual 12-61C** Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-2861 **Mutual 5-117G** Mutual 2-46H Mutual 1-67E Mutual 4-49G **Mutual 8-183G Mutual 11-285D** Mutual 9-216H Mutual 7-164L Mutual 2-6G

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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



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www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of <u>10</u> Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



13751 St Andrews Dr #33B | M1 | \$219,000 Interior 1bed/1bath unit with large patio and storage closet. Beautiful engineered wood flooring in living and bedroom. Updated appliances with custom sink in kitchen. Fresh paint throughout!



13451 St. Andrews Dr #124J | M5 | \$329,000 2Bed/1bath drive up location with laminate flooring throughout. Center patio with expansions on either side for walk-in closet in master bedroom and dining room area. Light and bright kitchen with skylights.



1300 Mayfield Rd #61A | M6 | \$489,000 Corner greenbelt location 2bed/2bath unit fully expanded with patio. Skylights and solar tubes throughout, large kitchen, custom built-ins and laminate floors. Carpet in bedrooms with walk-in closets in both!



13131 Shawnee Ln #268C | M11 | \$329,000
Adorable 2Bed/1Bath interior location full patio with storage closet, new laminate floors and freshly painted throughout, Skylights in kitchen and bathroom.

Move-in ready!



1362 Golden Rain Rd #56B | M2 | \$395,000 2 Bed 1 bath unit in a fantastic greenbelt location with updated kitchen! Full expansion and sprawling updated flooring with skylights throughout. AC heat pump and updated bath with laundry in unit!



13781 Alderwood Ln #22D | M3 | \$219,000
Adorable refreshed one bedroom one bathroom with laminate flooring, newly painted throughout.
Cut down shower. Open patio with large storage closet on interior location close to parking..



On February 6th, 2023 a total of 57 units show as active listings on the CRMLS

(this is where Realtors list property for sale)

11 - 1 bedroom/1 bath units from \$219,000 to \$269,500

34 - 2 bedrooms/1 bath units from \$275,000 to \$599,000

12 - 2 bedrooms/2 baths units from \$325,000 to \$700,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!





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Home is where the heart is -- These are our newest listings





M 3 - 9C - \$243,000 Partially expanded one-bedroom unit; Expd. bedroom; Tiled patio!



M 3 - 16C - \$425,000 Two-bedroom full expansion!



M 4 - 81E - \$247,000 Very nice one-bedroom unit; Enclosed patio; On lovely green





M 10 - 2461 - \$219,900 One-bedroom unit on lovely green; Great price



M 6 – 66B – \$319.000 Immaculate two-bedroom unit; Bigger skylights; Plus bathtub!



M 7 - 168I - \$299,000 Great basic two-bedroom unit; Great for remodel: On Central Park



M 8 - 200B - \$419,000 Expanded two-bedroom on greenbelt; washer/dryer; Shows great



M1 - 18A - \$320,000 Two-bedroom corner in great location, walking distance to shops.



M 11 - 274H - \$225,000 One-bedroom unit; Tucked away like a country cottage



M 14 - 24E - \$319,000 Least expensive expanded two bedroom unit; Great Mutual



M9 - 237A - \$379,000Fully expanded corner unit on street



M 14 - 32H - \$469,000 Fully expd. two-bedroom corner home; The Beverly Hills of Leisure World



M 15 - 33F - \$515,000 Nice atrium unit with huge front patio!



M 3 - 4C - \$329,000 Two-bedroom unit; private location!



M 3 - 7D - \$219,000 One-bedroom unit; small green!



M3 - 34F - \$418,000 Two-bedroom Upgraded unit; Washer/Dryer



M9 - 220B - \$315,000 Basic two-bedroom unit; Easy access; Faces the breeze



M14 - 13H - \$395,000 Expanded two-bedroom unit; Immaculate condition; Steps to golf course



M6 - 141B - \$379,000 Fabulous expanded two-bedroom unit on lovely greenbelt in Mutual 6!



Escrow Officer





















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