

The GRF Transportation Department conducts monthly bus tours of Leisure World for new and recently moved-in residents. The 1.5-hour tour covers all the LW highpoints.

Page 3



#### **CALIFORNIA DMV**

# New rule requires renewals of disabled parking placards

Under a state law cracking down on misuse of disabled parking placards, renewal notices went out in December to millions of Californians.

The protocol, in effect under SB 611, was enacted in 2017. It requires holders of permanent placards to submit a signed renewal every six years. Previously, the Department of Motor Vehicles renewed permanent placards automatically with no action required by customers.

Those who get the notice can send in a signature on the paper notice or submit an electronic signature by scanning a QR code on the notice or going to *dmv.ca.gov/dpp*.

New placards started going out in February; the old ones expire on June 30, 2023.

Gov. Jerry Brown signed legislation by then-state Sen. Jerry Hill to help prevent abuse and tighten oversight of the DMV's parking placard and license plate program for motorists with disabilities.

The law was triggered by an audit revealing that up to 35,000 parking placards in use were in the names of deceased people and 26,000 were to holders over the age of 100, though California had just 8,000 centenarians in 2014.

"We must block scofflaws and fraudsters from gaming the DMV's placard and license plate program for drivers with disabilities and ensure that the motorists who need this important program have access to its benefits," Hill wrote in a statement in 2017. "These changes to state law, along with changes recently made by the DMV, will go a long way toward reducing fraud and abuse."

DMV, page 2

## HISTORICAL SOCIETY

# Vintage LW newspapers available online



1963 - July 1999 issues are now available online at https://leisureworldnews.newspapers.com/ while August 1999 - July 2010 issues are being digitized.



August 2010 - November 2022 issues are available at https://cdnc.ucr.edu/

by Margaret Gillon president, LW Historical Society

rchived issues of the Leisure World Weekly newspaper, formerly called the LW News, are now online at the LW Library, thanks to the Leisure World Historical Society.

Residents can access the papers using the following URLs:

- •1963-July 1999—Free at the library or with a paid subscription at https://leisureworldnews.newspapers.com/
- August 1999-July 2010—Issues are now being digitized at *newspapers.com* and are scheduled to be online by 2024.
- 2010 August-2022 November— Free at the California Digital Newspaper Collection (CDNC) from any computer (use the title feature and set to LW Weekly) at https://cdnc.ucr.edu/What's Available

#### • 1963-July 1999 Issues

Early issues of the first 36 years of the Golden Rain Seal Beach Leisure World News, 1963 to June 1999, were released on *newspapers.com* in July 2022. There are 59,197 newspaper pages available to search. Because the files are digitized and the content has been made searchable with OCR software, the digital copies can be easily searched for names and events.

Residents who had relatives who lived here in the past will be able to search for articles about their families.

Researchers will be able to review a detailed record of events in the LW community as it grew and matured. Now, through a special arrangement with *newspapers.com*, shareholders can search these newspapers for free at the Leisure World Library.

LW WEEKLY, page 2

#### **GRF STAFF**

# Company reorganization designed to foster resident access

FREE Legal Services for Qualifying Seniors 60+ in Orange County

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging. The conclusions and opinions expressed may not be those of the California Department on Aging and the publication may not be based upon or inclusive of all raw data. rutho@lwsb.com

Leisure World celebrated it

by Ruth Osborn

Leisure World celebrated its first 60 years last June, and in an effort to set a firm course for the next 60, the Golden Rain Foundation will undertake a comprehensive staff reorganization set to roll out March 31.

The majority of LW residents will not notice the internal change, which amounts to clustering GRF's various departments into four divisions.

The strategy is designed to broaden resident access to staff expertise and foster teamwork among departments.

Externally, members will see a more dynamic company response as departments work together to solve problems and institute new projects and plans to move Leisure World forward as a premier

retirement community.

"This change is intended to build collaboration among departments, which will result in more proactive member services and a more streamlined approach to conducting daily business," said Executive Director Jessica Sedgwick.

Under the new structure, Sedgwick will oversee senior directors who will manage four divisions—Facilities, Member Services, Human Resources and Internal Operations.

All current GRF departments will be categorized within those four divisions as follows:

- Facilities Division will include Physical Property, Service Maintenance, Security and Fleet Management.
- Member Services Division will include Finance, Recreation, Mutual

REORG, page 2



Jessica Sedgwick GRF Executive Director

March 23, 2023 | www.lwsb.com | www.lwweekly.com

#### [Whiteley.

#### REORG

#### from page 1

Administration and Member Support.

- Human Resources is a stand-alone employee-focused division charged with finding, screening, recruiting and training job applicants, plus managing employee benefits among other tasks.
- Internal Operations will include Information Technology, Safety, Communications, and Learning and Development.

Marrying those departments with similar core missions will promote team culture and collaboration, both of which are essential to company growth and development.

As departments funnel through four main divisions, business operations will become more unified, which will provide higher levels of customer support and a path to quickly resolve more persistent problems.

The reorganization, which has the support of the GRF Board of Directors, was also designed to strengthen the bridge between the GRF and the



The GRF employees a staff of about 200 full- and part-time to provide management services for operation of shared Trust facilities as well as services to the 16 Mutual Corporations.

Mutuals by reinforcing support to all Mutuals.

Every Leisure World resident is a member of both the GRF and one of 16 Mutual Corporations.

This restructuring will re-

align company practice with the enduring principle that GRF is here to serve every member.

'We are ready to set in place an infrastructure that will provide next-level service for another 60 years," Sedgwick said.

#### LW WEEKLY from page 1

To access the newspapers, type in the URL-https://leisureworldnews.newspapers. com/—exactly as it is written. This will bring up all the newspapers. Filters can be set to search by date or name.

To learn how to use the search options, use the tutorials at the newspaper.com site or go to youtube.com and search for "tutorials newspapers.com." Keep in mind that library staff is not responsible for these websites. They are happy to assist patrons with basic issues that occur while patrons are using their machines like "How do I print this?" or "My computer is stuck," but prospective users of these websites will need to spend the time to get to know the website themselves.

The LW Genealogy Club has a subscription to newspapers. com that can be used on the computers in the Genealogy Library in Clubhouse 3. A Genealogy Club membership is required to use the Genealogy Library.

•2010 August-2022 No-

#### vember issues

The LW Weekly has been publishing digital editions of the newspaper since 2010. Last year, a copy of these issues was uploaded into the California Digital Newspaper Collection (CDNC) at University of California, Riverside. This is a public website that anyone can access without having to pay for using the site.

To search for newspapers at this site use the title filter and search for the common title "LW Weekly." If you do not use the filter, the key words entered will be searched for in all publications in this database.

New issues of the LW Weekly will be uploaded into the CDNC twice a year. There are more tutorials on how to use this site under the HELP button on the CDNC web site's home page.

Articles from newspapers. com and the CDNC can be saved by the user. Both sites have a download option.

Patrons at the Leisure World Library can print articles to the library printers for a small fee. Patrons can bring a flash drive to the LW Library and download the articles onto the drive to take with them.

The Leisure World Historical Society is a 501(c)(3) Educational Foundation founded and dedicated to preserving the history of Leisure World. Help make history live; tell your story; donate memorabilia.

The Historical Society is located in Clubhouse 1 and is open every Thursday from 2-4 p.m. Visit its website at LWHistory. org or SealBeachLeisureWorld-History.org.

#### DMV from page 1

There was also no limit on the number of replacement permits that could be ordered, and some people had requested more than 16. The new law sets a limit of four in a two-year period.

The new renewal requirement does not apply to license plates with the disabled designation.

#### **DMV Placard Facts**

- · Beginning in December, the DMV mailed renewal notices to approximately 2 million permanent placard holders, who can skip signing and sending the paper notice back to the DMV by providing an electronic signature online.
- This can be done by scanning the QR code on the notice or through the online option at dmv.ca.gov/dpp.
- Whether online or by mail —there is no need to visit an office—placard holders must provide a signed response, or they will not receive their new placard before their current one expires on June 30, 2023. • The DMV began mailing
- new placards in February to customers who have completed the process.
- Permanent placard holders every six years.

will receive a renewal notice







Learn more and find orthopedic specialist at LosAlamitosMedCtr.com/Ortho

DMV, page 4

Www.lwsb.com | www.lwweekly.com | March 23, 2023

# All chapters for the second se

Instructor Fara Macartney will teach the next Safety Community Emergency Response Team (CERT) workshop on "Communicating in an Emergency" from 10-10:45 a.m. on March 24 in Clubhouse 3, Room 9. It will cover how to use cell phones, emergency radios and walkie-talkies in the event of a disaster. Workshops are held on the fourth Fridays of the month. All residents are invited to attend.

## **GRF Dog Policy**

Resident pet owners are reminded that GRF policy requires dogs to be leashed and under the control of the pet owner at all times on trust streets. The leash should be no longer than 6 feet.

The policy also states that pet owners are responsible for damages or injury caused by their pets or support animals.

For more information on the GRF pet policy, visit *lwsb.com*, click GRF, then GRF Governing Documents to find GRF Pet Ownership Rules, 50-1023-1.

If a pet constitutes an immediate risk or danger to people, other pets or trust property, the owner will be asked to immediately remove the pet from Trust property.

#### **405 Freeway Improvements Update**

The Orange County Transportation Authority (OCTA), in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

#### **Montecito Channel**

Crews will continue construction activities as part of the drainage channel widening along the channel adjacent to homes in the College Park West community.

Activities include:

- Soil backfill, concrete paving, and installing rock and stone along the channel.
- Final paving of the south-bound I-405/westbound SR-22 connector.
- Sound wall reconstruction. Soil backfill, concrete paving, and rock/stone installation is anticipated to begin in mid-2023.

Final paving of the SB I-405/WB SR-22 connector is anticipated for early-to-mid 2023.

Sound wall reconstruction is also anticipated for early-to-mid 2023.

Crews may access the work zone intermittently along College Park Drive and from the westbound SR-22 connector to mobilize equipment as early as 6 a.m., and some activities may occur from 9 p.m.-6 a.m. as needed.

This work may be loud. The schedule is subject to change due to inclement weather or unforeseen operational issues.

#### **Almond Avenue**

Crews have begun removing K-rail along Almond Avenue in College Park East, and curb restoration is anticipated to begin in the coming weeks.

Activities are expected to continue from 7 a.m.-4 p.m. on

weekdays through April.

Crews may mobilize equipment as early as 6 a.m., and some activities may occur from 9 p.m.-6 a.m. as needed.

Sign up for project-wide and bridge-specific construction alerts at *bit.ly/405-signup*.

Email 405project@octa.net or call 888-400-8994 for more information.

—from OCTA

#### **GRF TRANSPORTATION**

# Bus tours offered on first Tuesdays

The GRF Transportation Department conducts bus tours of Leisure World on the first Tuesday of the month for new and recently moved-in residents.

Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station, among other destinations.

The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

Stock Transfer can book tours when new buyers check in, or people can schedule one at <a href="https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/">https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/</a>.

For more information, contact Melissa Gomez at *melissag@lwsb.com* or 562-431-6586, ext. 326, or Kathy Thayer at *kathyt@lwsb.com* or 562-431-6586, ext. 398.

#### **Decal Service**

The GRF Security Decal Office is open Monday, Tuesday, Thursday and Friday from 8 a.m.-4 p.m. (closed for lunch from noon-12:30 p.m.) and Saturdays from noon-4 p.m. The office, located in Building 5 near the Copy and Supply Center, is closed Wednesdays and Sundays.

Appointments are not required. To receive a vehicle decal, residents must present the following documents: Proof of vehicle insurance, DMV vehicle registration; DMV driver's license; and a GRF ID card.



#### **Letters to the Editor**

I have lived in Mutual 16 for over six years. The friendships I thought I had made have abruptly faded away.

Not so with my neighbors Shirley Thompson and Bill Denton.

I recently tested positive for COVID. Without being asked, they offered to take my very active 10-year-old dog, Murphy, while I am doing my five-day isolation.

I have made two lasting good friends and so has Murphy.

> *Cynthia Arance* Mutual 16

Editor:

Since I moved to Leisure World last year, I have been trying to practice five teachings from Confucius:

- 1. Learning new things is joyful.
- 2. Isn't it great when friends visit from afar?
- 3. If you don't get angry even if nobody notices you, you're a gentleman.
- 4. Knowing does not surpass liking, yet even liking cannot surpass the act of enjoying.
- 5. Everything has its beauty, but not everyone sees it.

I last played table tennis in elementary school, and now I am starting again.

Fortunately, the president and vice president of the LW Table Tennis Club give free lessons, and I am improving day by day. It's my daily joy, and I give special thanks to the teachers.

Man Chul Cho, MD Mutual 4

Editor:

I have lived in Leisure World now for more than 15 years and almost every day I enjoy my walks around the community. As I walk and especially when I come to road crossings, I am reminded that I am taking life into my own hands.

Despite current efforts, it seems that still far too many drivers ignore speed limits, don't stop at stop signs and frequently disregard people in crosswalks.

It is helpful to hear that speed bumps may be on the way, but I can only hope that this solution will finally be enough to help with the problem.

I do have another suggestion for a possible solution—give more tickets.

Hitting people in the wallet sometimes motivates behavior

This possibility may not be favored by everybody. Especially those who speed and don't stop at signs but this is all too often a matter of safety and even life or death for those of us on foot.

> Mike Maher Mutual 3

## **Letters Policy**

Letters to the Editor: Letters must be no longer than 250 words and should be typed and delivered to LW Weekly by email at rutho@lwsb.com (preferred), regular mail or hand-delivered.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.

The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

#### **GRF BOARD**

# Board candidacy open until March 31

Shareholders who live in odd-numbered Mutuals are eligible to submit a candidate application to serve on the Golden Rain Foundation (GRF) Board of Directors. The deadline to submit applications is Friday, March 31, 4:30 p.m.

A candidate may be a member who is an officer or director of a Mutual Corporation; any City Council; Orange County Board of Supervisors; the City of Seal Beach or the County of Orange Planning Commission. However, a member of any entity or partnership or an officer or director of any corporation engaged in supplying material or labor to GRF is strongly discouraged from running. This may cause a potential conflict of interest, causing unnecessary liability including, but not limited to, breaching fiduciary duties.

Candidates must be members of GRF for at least one year. Therefore, renters/lessees of a unit within a Mutual are not eligible to run for the GRF Board of Directors.

Application for Candidacy forms and GRF Directors Handbooks are available in the Stock Transfer Office in the Administration Building. The current GRF Board thanks all candidates for the willingness to participate in the continued success of Leisure World.

**BOARD CANDIDATE REQUIREMENTS** 

Before filling out the application read the following information

**BOARD**, page 5

#### DMV from page 2

- •The DMV has taken steps to offer more digital services. Most DMV tasks do not require an office visit.
- The DMV encourages customers to use its online services and other service channels to complete transactions, including eligible driver's license and vehicle registration renewals.
- Customers can also use the Service Advisor on the DMV website to learn their options to complete DMV tasks.
- To sign up for paperless vehicle registration and driver's license renewal notices, customers must sign in or create a secure online account at *dmv.ca.gov* and then opt in.

—from the California DMV



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Serving the Shareholders of Leisure World Seal Beach

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#### **Ruth Osborn**

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# GOVERNMENT

#### **BOARD**

#### from page 4

on board candidate requirements:

The campaign cycle for the Golden Rain Foundation (GRF) Board of Directors is underway. In 2023, GRF Board seats representing odd-numbered Mutuals are up for election.

- 1. The candidate cannot be convicted of a crime that would either prevent GRF from purchasing fidelity bond coverage or terminate GRF's existing coverage, be current in the payment of carrying charges that does not include non-payment of collection charges, late charges, fines, fines rename assessments, costs levied by a third party, or if the member has (1) paid under protest per Civil Code Section 5658, (2) has entered into and is currently on a payment plan, or (3) if the member has not been provided the opportunity to engage in Internal Dispute Resolution (IDR). The candidate must be a member of GRF for at least one year.
- 2. Candidates may self-nominate or be nominated by their GRF Nominating Committee or Board of Directors.
- 3. 50-1631-4 Application for Candidacy forms are available in the Stock Transfer Office on the bottom floor of the Administration Building. Candidates who are self-nominated must complete a 50-1631-4 Application for Candidacy before 4:30 p.m. on Friday, March 31.
- 4. Candidates who are nominated by their GRF Nominating Committee or Board of Directors will have their names submitted to Stock Transfer by the GRF Secretary. Upon receipt of any submitted names, the GRF Board Office will contact each candidate and arrange for them to confirm their candidacy by receiving and completing an "Application for Candidacy" and candidate instructions.
- 5. In accordance with 30-5025-3 GRF Election Procedures, each candidate shall submit a statement, or resume, of no more than 300 words, single sided, to the Stock Transfer Office. Statements shall be written in compliance with the election rules, e.g., contain the background, qualifications, and platform of the candidate, and shall not contain any disparaging or defamatory content. All statements are due before 4:30 p.m. on Friday, March 31.

6. Per Foundation by-laws, 30-5025-3 GRF Election Procedures, section 3.1.2., candidates shall complete a 50-1632-4 Candidate Eligibility Disclaimer to set forth that they are qualified to serve on the GRF Board of Directors.

- 7. When turning in the 50-1631-4 Application for Candidacy, 50-1632-4 Candidate Eligibility Disclaimer, and statement, members must show GRF ID. Candidates will receive a receipt when turning in their application materials.
- 8. To avoid any potential conflict of interest, no member of the GRF Board of Directors or his or her spouse may be employed by the Foundation. GRF Board Candidates must sign a 50-1632-4 Candidate Eligibility Disclaimer, stating that they are eligible to serve as a director and a member for one year.
- 9. Candidates who complete a timely 50-1632-4 Application for Candidacy (or are nominated by the GRF nominating committee or Board) will be listed on the Secret Mail-in Ballot. Ballot packets containing the Secret Mail-in Ballot, postage-paid envelopes, balloting instructions, and deadlines will be mailed to each household in odd-numbered Mutuals on Friday, May 5. The GRF By-Laws have no provisions for write-in candidates on the ballots or for nominations from the floor.

The GRF board looks forward to shareholders participation in the election process as shareholders will also be asked to vote on proposed changes to GRF bylaws.

For more information on being a candidate for the GRF Board, call 562-431-6586, ext. 346 for Stock Transfer, or ext. 303 for the Board of Directors Office.

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## **GRF Meetings**

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

#### Administration Committee

Thur., March 23, 1 p.m. Conf. Rm B/virtual

#### **GRF Board Meeting**

Tue., March 28, 10 a.m. Clubhouse 4/virtual

#### **Recreation Committee**

Mon., April 3, 1 p.m. Conf. Rm B/virtual

#### Information Technology **Services Committee**

Tue., April 4, 10 a.m. Conf. Rm A

#### **Physical Property**

Committee Wed., April 5, 1 p.m.

#### Conf. Rm B/virtual **Board Executive Session**

Thur., April 6, 1 p.m. Conf. Rm A

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

## Mutual **Meetings**

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

#### Mutual 1

Thur., March 23, 9 a.m. Conf. Rm A/Zoom

Mutual 6 Fri., March 24, 10 a.m.

#### Conf. Rm A/Zoom Mutual 8

Mon., March 27, 9:30 a.m. (9:15 open forum) Conf. Rm A/Zoom

#### Mutual 17

Tues., April 4, 1:30 p.m. Conf. Rm A/Zoom

#### **Presidents' Council**

Thur., April 6, 9 a.m. Clubhouse 4/Zoom

## **GRF Board of Directors Meeting**

Agenda Tuesday, March 28, 10 a.m. Clubhouse 4/Virtual

- 1. Call to Order/Pledge of Allegiance
- 2. Roll Call/Notice of Quorum
- 3. President's Announcement
- 4. Member Comments/Correspondence
- 5. Consent Calendar
  - a. GRF Board of Directors Minutes, February 28
  - b. Accept the Interim Financial Statements, February for Audit
  - c. Approve Reserve Fund Investment Purchase
- 6. New Business
  - a. General
  - b. Capital Funding

i. Improvement at Golden Rain and Saint Andrews Proposed Solution: Award a contract/change order to Stantec Consulting for additional operational traffic analysis of the traffic light at St Andrews and Golden Rain including vehicles and pedestrians and including protected left-turn phasing on all approaches, at a cost not to exceed an additional expenditure of \$4,581, Capital Funds, and authorize the President to sign the contract.

ii. Recreational Vehicle Lot Signage

Proposed Solution: Award a contract to All American Sign Company to supply and installation two foam facility signs 24"x108", one on each wall, for the Recreational Vehicle Lot at a cost not to exceed \$2,650 Capital Funding and authorize the President to sign the contract.

c. Reserve Funding

i. Main Entry Traffic Flow

Proposed Solution: Approve proposal from Urban Crossroads at a cost not to exceed \$13,900 to complete a traffic study and provide solutions to solve the problem on the main entry with funds to be expended from the Reserve Funding.

d. Administration

i. Final Vote: Adopt 20-5560-1. Surveillance Camera Policy Proposed Resolution: Ratify 20-5560-1, Surveillance Camera Policy, as presented.

ii. Amend 60-5130-3, Physical Property Committee Charter Proposed Resolution: Amend 60-5130-3, Committee Charter updating language under duties rules, as presented.

iii. Amend 30-1001-5, Glossary Term

Proposed Resolution: Amend 30-1001-5, Glossary of Terms: Bylaws, Community Rules Violation Notice, Community Rules Violation Panel, Default, Due Process, Governing Documents, Landlord-Tenant Relationship, Occupancy Agreement, Policies Rules and Regulations, Stock Certificate, Transfer, Trust, Trust Property and Trustee as presented.

iv. Amend 30-5020-1, Organization of the Board Proposed Resolution: Amend 30-5020-1, Organization of the Board, reducing the number of standing committees from 10 to 4, and establishing a target date of June 16, 2023, for the reorganization. Additionally, the GRF Administration Committee recommends the Board assess the new structure's effectiveness approximately three months after the new committee structure has been functioning.

7. Ad Hoc Reports

a. Governing Document Ad Hoc Committee - Discussion

8. Next Meeting Date

Tuesday, April 25 at 10 a.m. in Clubhouse 4

9. Adjournment

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Monday	Tuesday	Wednesday	Thursday	Friday		
		LUNCH				
Barbecue Meat Balls Veggies & Ranch	Chicken Tacos Coleslaw	Shrimp Salad 1000 Island Dressing	Quiche Lorraine Pasta Salad	Avocado Turkey Sandwich Croissant		
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seafood		
		DINNER				
Chicken Piccata Green Beans & Carrots	Cajun Catfish Asparagus	Beef Rigatoni Steamed Vegetables	Chicken Teriyaki Broccoli & Carrots	Cioppino Pasta		
Cookies	Seasonal Fruit	Cake	Seasonal Fruit	Pastry		
		Salim Khoury				



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# Puzzles & Comics

## Answers on page 22

#### **Gasoline Alley** By Jim Scancarelli Nadrit we better teil Officer) Its better to We can't prove HOW Wa:t those two are play the wait doyou Waffles what we saw? and and see gamel, pau trati atealing by see: Stuffing stuff in their coats!

#### **Broom-Hilda**



#### By Russell Myers



#### Middletons

#### By Ralph Dunagin & Dana Summers



#### Los Angeles Times Crossword Puzzle Edited by Patti Varol and Joyce Nichols Lewis

#### "SPLIT A RIDE" BY

#### MATTHEW STOCK ACROSS

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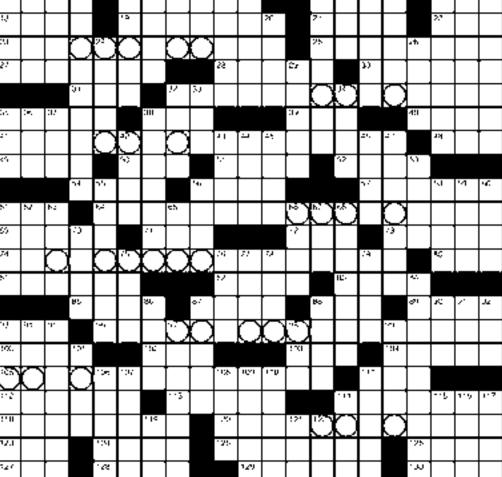
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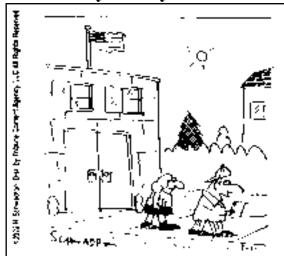
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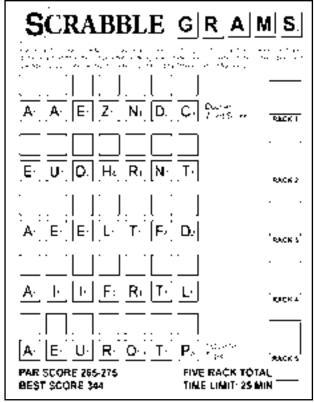
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#### 9 To 5 By Harley Schwadron

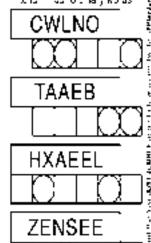


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Print your answer here:

# Guess Who?

I am an actress born in Louisiana on March 22, 1976. I became a fashion model for a TV advertisement at the age of 7. My various screen roles have kept me busy. One movie in particular helped me earn several awards.

# Sudoku #2

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Puzzles & Comics Answers on page 22

# CRYPTO FUN Determine the code to reveal the answer:

Solve the code to discover words related to umbrelies.

Each number corresponds to a letter.

(Hint: 16 = I)

A. 25 15 3 12 18 8 12 Cive: Keep from being demaged

15 6 16 23 13 Ciue: Felling water

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B.

C. 16 23 19 18 23 12 16 3 23

Clue: Newly introduced product

D. 17 7 16 18 9 4

Clue: Protective structure



By David I, Hoyt and Jeff Knurek

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Find the words hidden vertically, bertwatelly, diagonally, and backwards.

#### WORDS

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March 23, 2023 | www.lwsb.com | www.lwweekly.com

# <u>COMMUNITY</u>

#### **Humanist Association**

The LW Humanist Association will meet on Sunday, April 2, in Clubhouse 3, Room 1, at 10:20 a.m.

Stephanie Campbell will speak on the background of Americans United for Separation of Church and State in Orange County. There's an upcoming Summit for Religious Freedom, which people can attend virtually to discuss the critical issues facing Americans United. Campbell will talk about the current litigation particularly in the areas of discrimination in the name



Stephanie Campbell

of religion, LGBTQ rights and reproductive rights. She will also talk about those areas not currently being litigated that need to be addressed. Following the formal presentation, Campbell will open it up to discussion.

Campbell is a founding member of the Orange County chapter of Americans for Separation of Church and State which was formed in 2004. She is currently president of the chapter and a former member of the National Board of Trustees, where she chaired the Governance Committee. Prior to her work with Americans United, she was active with the ACLU on religious rights, reproductive rights and gay rights.

#### **American Latino Club**

The American Latino Club will meet on Thursday, April 13, at 11:30 a.m. in Clubhouse 3, Room 2.

The lunch menu will consist of ham and the trimmings for \$10 per member, and \$12 for guests, payable to club Treasurer Carmen Edwards, either by U.S. mail or dropping it off at 1240 Oakmont Road, Apt 52-K, Seal Beach, CA 90740. Make checks payable to American Latino Club. Payment must reach Edwards by Friday, April 7. Members will be contacted by email or phone for details. Members and guests may bring their own lunch/drink if they have dietary restrictions.

There will also be a 50/50 raffle at the meeting. To celebrate Easter, the club will have a fun Easter hat contest. There will be three cash prizes in the categories of most original, funniest and prettiest hat. For more information, call Edwards at 562-431-4257.

— Miryam Fernandez

#### **Mutual 12 Luncheon**

Join fellow Mutual 12 neighbors at the annual shareholder luncheon on Thursday, April 27, at noon in Clubhouse 2.

People can enjoy the "Island Delight" menu of Kahlua Pork Lau Lau, teriyaki chicken skewers, tiki stir fry vegetables, jasmine rice, sesame mandarin almond salad and Hawaiian rolls.

Last year drew a big crowd, so don't miss the chance to relax with neighbors and friends in a sunny island atmosphere. Tickets available from building captains or directors after April 3. Cost is \$10 for shareholders, \$20 for guests or caregivers.

#### **Concerned Shareholders**

The Concerned Shareholders meeting for this month has been cancelled. The club will meet next month.

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The Korean American Association will hold a fundraiser to benefit emergency relief efforts for the people in Turkey.

# KAA to host benefit concert March 30 in CH 2 at 2 p.m.

Korean American Association (KAA) will host a benefit concert on Thursday, March 30, in Clubhouse 4 at 2 p.m. to provide relief for those who were impacted from the earthquake in Turkey.

Tens of thousands have lost their lives in the two powerful earthquakes that struck southeastern Turkey and northern Syria on Feb. 6. According to recent updates, over 24 million people have been severely affected by this disaster.

The KAA's program will include performances by the Korean American Chorale,

directed by Kyung Hwan Paik, the Saxophone Club, led by Steve Chung, the Joyful Line Dance Club, led by Anna Derby and Albert Comia; tenor Wi Young Oh and soprano Mi Jin Kim.

The KAA asks Leisure World residents to make payments to the Red Cross, which will receive all of the donations from the concert to help many victims of terrible earthquakes in February.

Around 4 million people who were already internally displaced in Syria are among those most severely affected. They lived in flimsy shelters,

tents and partially destroyed buildings. In Turkey, those impacted include nearly 1.75 million refugees who have been hosted there for the last 12 years. The earthquakes have destroyed people's homes, livelihoods and the local infrastructure. As the disaster occurred during the harsh winter months, families are struggling in the bitter cold and are in urgent need of shelter and relief items. People are asked donate to provide emergency relief to those affected by this earthquake. For more information, contact Won Sik Ryu at 630-697-5377.

#### **GAF**

# Signing up for Ralphs Rewards is simple and easy

The Ralphs Reward program is one way people can donate to the Golden Age Foundation (GAF) for free.

People can sign up by going to www.ralphs.com/community rewards and imputing their Ralphs Reward card number or the phone number associated with the account. People can also call the Ralphs Reward registration phone number at 800-576-4377 and give them the GAF nonprofit organization (NPO) number, 519, to register. When calling, wait to choose the



Lillian Kennedy helped Carl Kennedy sign up for the Ralphs Rewards program.

number 8, then choose option 3 to get through the Community Reward customer service rep-

This would be a great opportunity for residents to help GAF at no additional cost by

signing up and doing their regular grocery shopping at any Ralphs store.

For more information, go to www.goldenagefdn.org or text 562-301-5339.

–Anna Derby



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GAF volunteers braved the rain to accept documents from residents to shred.

# GAF serves over 475 residents at shredding event

The Golden Age Foundation (GAF) held a shredding event March 14 and served 475 residents as volunteers braved the cold and windy weather. It was the highest number of people so far.

Despite the wet, cold weather, volunteers continued on throughout the consistent rain for the two-hour service.

A record number of cars streamed steadily for two hours. GAF volunteers worked hard to keep up with the traffic, which never slowed down until the end.

Security Director Victor Rocha and two other security officers directed the traffic to avoid any incident.

The drop-off method once again worked extremely well for the organization. GAF volunteers retrieved the items from the residents' cars, which made it so much easier for everyone.

The next shredding event will be held on Tuesday, July 11. The GAF asks residents to place their shredding bags either in the passenger's seat or trunk of their vehicles to stay in their cars.

For the next shredding event, the GAF asks the community to put all documents to be shredded in open paper bags and plastic bags; no boxes will be accepted. The Mobile Shredding Company has asked residents to untie the plastic bags to prevent truck fire.

Volunteers had to remove file hangers, binder paper clips and other non-paper items from tied plastic bags that would cause the shredding truck trouble. The GAF asks the community to remove all metal objects from files before bringing documents to the next shredding event.

The GAF appreciates volunteers Carl Kennedy, Rosemarie Da Roza, Dave Forny, Ren Villanueva, Caryn Lynn Stel, Teresa Danton, and Anna Derby for their services. It couldn't come a better time to have great help when the club needed it badly. Shery Wells also stood in the rain to collect donations from shareholders.

The GAF would like to thank those who dropped off generous donations to make the recordbreaking total in the last six years since GAF began taking the shredding event under the service program. The GAF is a 501(c)(3) nonprofit foundation.

For more information, go to www.GoldenAgeFdn.org.

—Anna Derby



GAF Tax-Aide volunteer Beth (I) helps Mutual 4 resident, Cathleen Walters who has lived in LW for four years and received Income Tax service for four years.

# Sign up for free tax filing aid

IRS-certified volunteers are preparing and e-filing tax returns for full-year California residents. This AARP tax service is sponsored by the Golden Age Foundation and is provided every Monday, Tuesday and Wednesday mornings in the Knowledge and Learning Center in Clubhouse 3.

LWers can pick up the intake/interview sheet at the Leisure World Library. This should be completed prior to the appointment. Note that individuals with rental property or a net loss from self-employment are out of scope for this program.

LWers can make the tax appointment now by calling 562-596-1987 and leaving their name and telephone number.

#### **Retired Teachers Luncheon**

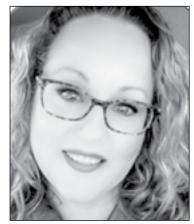
Division 56 of the CalRTA will have its spring meeting on Friday, April 7, at noon in Clubhouse 3, Room 5. Although lunch is complimentary, reservations are still needed. Contact Anne Stone at 714-600-6956 to reserve. Active members of Division 56 will be contacted by a board member via phone or email.

The guest speaker will be JoAnn Copp, Area X government representative. She will provide highlights of the Advocacy Days at the Washington, D.C., conference, which was held earlier this month. Of particular interest to teachers is a status report on two pieces of legislation: Windfall Elimination Provision (WEP) and Government Pension Offset (GPO) legislation.

# Learn more about Pavilions grocery store in CH 3, Room 2

Amy Gagne, a Pavilions concierge in Seal Beach, will speak to the Sunshine Club on Friday, March 24, in Clubhouse 3, Room 2, at 10 a.m.

Gagne has been with Pavilions for over 20 years and specializes in helping people make any occasion, from weddings to casual get-togethers stress free and delicious. Pavilions is dedicated to being a one-stop shop, where people can find everything they need in one convenient stop.



Amy Gagne

Gagne will inform members

about Pavilions Ready Meals. There are three categories of meals and include a variety of cuisines like Italian, Asian, Mediterranean, Indian and classic American comfort food. The portions are perfect for 1-2 people. These meal options are a great solution for those who do not want to cook or are short on time. The three categories for the Ready Meals include:

- **READY 2 COOK:** These meals all have fresh ingredients, easy to follow instructions and most meals will cook and be ready to serve in about 30 minutes.
- **READY 2 HEAT:** These meals are fully cooked, chefinspired dishes. All people need to do is heat and eat. Meals can be cooked in the oven or microwave.
- **READY 2 EAT:** These meals and snacks are grab-and-go with no cooking required.

People must submit all orders by Monday. Orders will be fulfilled and/or delivered by Friday.

All residents are welcome to join this meeting. Sunshine Club requires no membership fees, but donations are welcome. For more information, contact Anna Derby at 562-301-5339.

The LW Weekly 562-430-0534

# Filipino Association of Leisure World

The Filipino Association of Leisure World (FALW) met on March 12, in Clubhouse 3, Room 1.

The meeting was focused on discussing future events for the association, including the Veterans' Picnic on Saturday, July 1, and the Anniversary Luau Dinner on Saturday, Sept. 2.

Club President Ren Villanueva presented to the members FALW's financial situation and the current economic trend. He said that the current 8% inflation rate affects the cost of food, music and dance performers. Unless something is done to improve the finances, the FALW will be forced to cancel all activities.

But with the support and resiliency of members, the officers and board members accepted the challenge to go through with the events. The members promised to work hard to fulfill their commitments to the Leisure World community.

The club celebrated those with March birthdays with a sumptuous dinner, camaraderie and friendship. Membership in the multicultural group has escalated as it continues to grow and serve the community.

FALW, page 10

## LW Birthday

Mutual 12 resident Fred Reker is a long-esteemed bass player and president of the Leisure World Orchestra. He was treated to an afternoon birthday party at Katella Deli.

Fred was quite touched by the affection, camaraderie, songs, gifts and dinner. The orchestra members sang and made merry to the delight of their guest of honor.

The next day they were hard at work preparing for their next concert on May 20 at 1 p.m. in Clubhouse 4.



# Celebrating a Birthday, Anniversary or Retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to:

#### laurieb@lwsb.com

The deadline is the Thursday before the desired publication date.

News copy deadline is at 4 p.m., on Thursday, one week prior to the desired publication date.

March 23, 2023 | www.lwsb.com | www.lwweekly.com

# Second Wind will be one of three bands to play at GAF's 50th anniversary party on April 22

Second Wind is one of three entertainers that will be at the Golden Age Foundation's (GAF) 50th anniversary celebration event on Saturday, April 22, inside and outside Clubhouse 6 from 10 a.m.-2 p.m.

Second Wind is an acoustic band from Long Beach, California. The band is composed of husband-wife Marc and Pattie Davidson, LWer Dave Noferi and Tom Gallo. The blending of acoustic guitar, banjo, bass, mandolin and accordion provides a diverse musical repertoire. Along with original material from singersongwriter Marc N. Davidson, its playlist includes American songbook jazz and pop standards, folk, bluegrass, country, and unique '30s and '40s French standards. The tagline for the band is, "Songs Your Mother Should Know," based on the classic Beatles tune. The band has played events and venues in Southern California and other parts of the United States. Second Wind has been a frequent performer for the Santa Barbara French Festival, Make Music Long Beach, as well as entertaining international guests at



Second Wind

Le Cosy Montparnasse in Paris and other community venues in France.

For more information about Second Wind, go to www. secondwindplaysforyou.com or https://www.facebook.com/ secondwindmusic.longbeach/ photos

The GAF's 50th anniversary celebration will display its rich history with artifacts, photos

and data its committee has been working to collect.

The event will feature three entertainment groups lined up to perform during the celebration: LW's Hui O Hula, Coconut Breeze led by Craig Wilson, and Second Wind.

All residents are welcome. For more information, visit www.GoldenAgefdn.org.

—Anna Derby



Golden Age Foundation President Anna Derby (center) received a sponsorship donation for GAF's 50th anniversary celebration from the Korean American Association.

## KAA among one of the GAF's 50th anniversary sponsors

The Korean American Association (KAA) is one of the sponsors for the Golden Age Foundation's (GAF) 50th anniversary celebration event.

The GAF is celebrating its 50th anniversary on Saturday, April 22, at Clubhouse 6 from 10 a.m-2 p.m.

The celebration will have bands playing throughout the event as well as a taco truck to serve food.

The 50th anniversary celebration will display the GAF's rich history with 20 posters, artifacts, photos and accomplishment data. The GAF's committee has been working since October to get everything ready for the event.

The GAF will set up tents outside of Clubhouse 6 to house entertainers for the event, which will include LW's Hui O Hula, Coconut Breeze led by Craig Wilson, and Second Wind.

The GAF invites all residents

to come to this milestone event for the organization.

The KAA presented a \$750 sponsorship for the 50th anniversary celebration to the GAF. The KAA has been a consistent donor to the GAF since 2015, when it was formed to foster Korean cultural activities.

Other sponsors besides the KAA include Leisure World Korean Community Church, the City of Seal Beach, OnSite Home Sales group, Seal Beach Sa-rang Church, Pyung Kang Church, and other organizations including church groups.

The GAF appreciates the KAA's generosity to support special programs GAF has been doing to help residents who are in need.

Anyone who would like to be a sponsor for the 50th anniversary celebration should contact GAF president Anna Derby at 562-301-5339 by March 31 the

The KAA welcomes all residents to participate in their activities. The purpose of the KAA is to promote fellowship; create and foster Korean cultural activities, promote the principles of good citizenship and encourage community services.

For more information about the KAA, call Won S. Ryu at 714-982-7793.

For more information, about the GAF and its activities, go to www.GoldenAgefdn.org.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

## **Democratic Club**

by Mary Larson

LW Contributor

Leisure World Democrats continue to lay groundwork for the 2024 elections. Club meetings for the remainder of the year will focus on presenting potential candidates' views on issues of concern to members of the community as well as to the party itself.

LW Streetly

Major interest will center around the candidates running to replace Katie Porter in the House of Representatives. There are currently five Democrats in this race—Dave Min, Harley Rouda, "Dom" Jones, Joanna Weiss and Lori Kirkland Baker. Two Republicans have announced that they are also running in District 47. They are Scott Baugh and Steven Cotton.

A new voter outreach task force has also been formed. Members of this new group will lead the club's efforts to increase the number of Leisure World registered voters to participate in the March 2024 Primary. Residents interested in being a part of this effort can contact the club by emailing democratic clubs blw@gmail. *com* or by calling 562-296-8521 or 562-596-0450.

The club's information and registration booth outside Clubhouse 6 will be open on the first Tuesday of each month from 10:30 a.m.-12:30 p.m.

The club will continue to hold membership meeting on the fourth Wednesday of the month in Clubhouse 3, Room 9 at 1 p.m. Members who are unable to attend the meeting in person can participate online or by phone. For login information, email sblwdemocraticclub@gmail.com or call 562-412-0898.

Club members who are able to attend the April meeting in person are invited to bring documents for the club newly reinstated advocacy information table. All documents on this advocacy table represent the views of individual club members. They do not necessarily represent those of the club itself or the Democratic Party.

Readers are reminded that the LW Democratic Club is chartered by the Democratic Party of Orange County (DPOC). DPOC and the California party have rules and regulations related to making official candidate endorsements. Club members speaking as individuals are free to endorse candidates at any time.

For more in-depth reporting on issues and candidates, Democrats and supporters can subscribe to the LW Democratic Club's free electronic newsletter by emailing democratic clubs blw@gmail. com. Be sure to include full contact information, as well as party affiliation when signing up.

#### Falw from page 9

All Leisure World residents are welcome to join FALW's next meeting on Easter Sunday, April 9, at 2:30 p.m. in Clubhouse 3, Room 2, for a special Easter dinner.

The next FALW Bingo will be held on Sunday, April 16, at noon in Clubhouse 2.

#### William Graham McAllister 1929-2023

Graham McAllister passed away On Feb. 24, 2023. He and his wife, Catherine, moved to Leisure World in 1992, and they often said "It was the best thing we ever did." Catherine predeceased Graham, in 2015.

Graham leaves behind a son, five stepchildren, eight grandchildren and several great-grandchildren.

Graham earned his bachelor's degree from the University of Buffalo and worked as an engineer for many years. He also spent a few years in the Army right at the end of the Korean conflict.

Graham was a kind, smart and clever man who will be missed by his family, friends and neighbors. Graham enjoyed a long healthy life. He was content with what he had, received pleasure from the simple things like celebrating holidays, birthdays and just being with family and friends. He enjoyed a good meal, a glass of red wine and a bowl of ice cream. Graham loved to read and research subjects of interest such as history, politics,

exercise and cooking to name a few. His long life was most likely by his design as he was a bicyclist and exercised at the gym daily, and he was careful with his diet. He volunteered for many years, moving old Leisure World paper documents into a computer system and he loved this work.

Carol Graves was Graham's joy and support in his later years. He often proclaimed, "She was the best thing that ever happened to me."

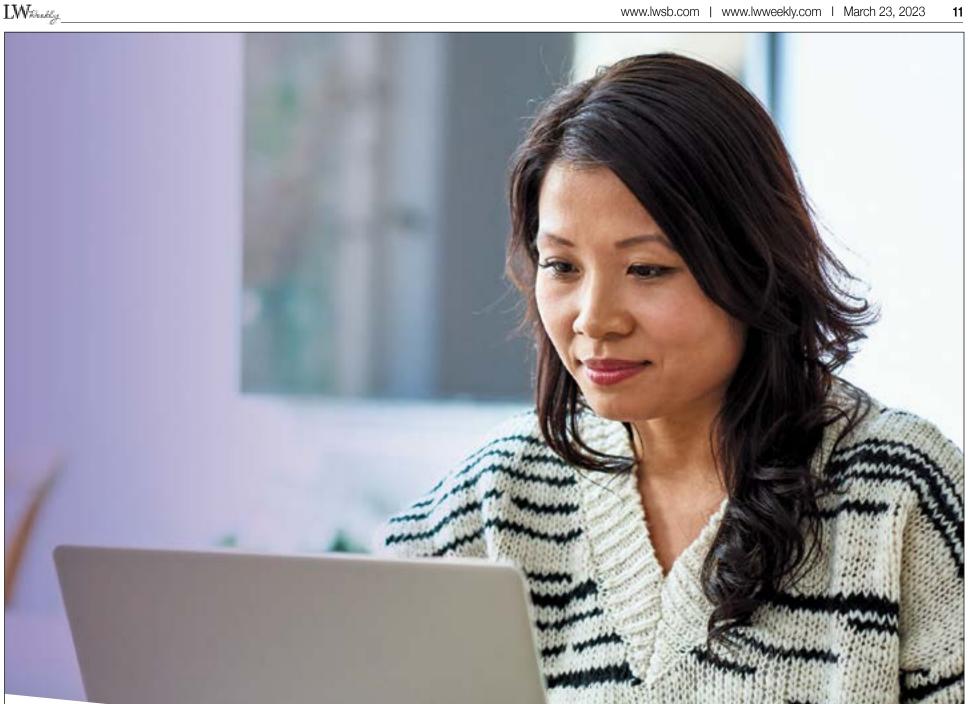
It is difficult to summarize a long, good life in a few sentences. However, it is now easy to see that Graham leaves behind for us such a clear example of what it means to be a good man, a loyal husband, a caring friend and mentor.

The obituaries deadline is Friday at 1 p.m., prior to the desired Thursday publication date.

Obituaries that are received later than Friday will go in the following week's issue.

Email obituary notices to *laurieb@lwsb.com* with photos attached as jpg files.

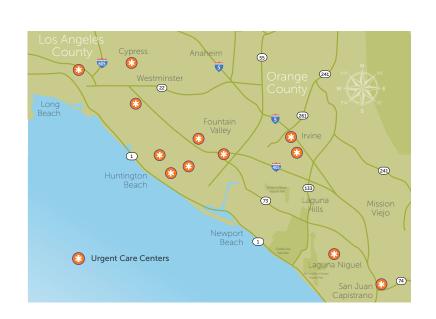




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# **HEALTH & FITNESS**



Betty Herman of Mutual 5 celebrated her 93rd birthday this month. She is one of the role models in LW Fitness Center. In addition to her daily walks outside, Herman uses exercise room equipment to keep her body healthy and strong. She greets everyone with a smile and never complains. Herman wants to encourage everyone to move more to stay young, healthy and happy.

#### Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

#### Thursday, March 23

Swedish meatballs with garlic cream sauce, egg noodles, seasoned broccoli, Mexicali corn, fresh pears, turkey and cheese sandwich with lettuce, tomato and pickle, and a creamy coleslaw.

#### Friday, March 24

Oven-baked breaded fish with tartar sauce, oven-browned potatoes, peas and carrots, chocolate cake, turkey and ham Cobb salad with egg, tomato, bacon, blue cheese dressing, and crackers.

#### Monday, March 27

Beef goulash, whole grain dinner roll, zucchini medley, fresh pear, tuna salad sandwich with spinach and tomato, marinated cucumber and onion salad.

#### Tuesday, March 28

Turkey lentil stew, biscuit, peas and onions, tangerine, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing, and crackers.

#### Wednesday, March 29

Beef lasagna, whole grain dinner roll, broccoli and cauliflower, applesauce, ham and cheese sandwich with lettuce, tomato and pickle, and potato salad.



Joyful Line Dance members practice their routines to perform at the concert benefiting earthquake survivors.

# Joyful Line Dance to support a benefit concert for earthquake survivors March 30 in Clubhouse 4

On March 30, the Korean American Association will host a concert to raise emergency relief funds for Turkey and Syria earthquake survivors in Clubhouse 4 at 2 p.m. Joyful Line Dance is honored to show its support by performing a program that has been taught in class for the past two weeks.

Joyful Line Dance Club meets on Thursdays, upstairs in Clubhouse 6 from 10:30 a.m.-12:30 p.m. The club has multiple leaders who take turns leading the class. They are Albert and Gladys Comia, Jojo Weingart, Kelly Johnson, David Powell, Carmel Atkinson, Anna Derby, Chung Cha Lewis, George Pinada, Gina

Baik, Jinna Yoon and Sunny Kim.

For safety, classes are limited to 35 people on a first-come, first-served basis. Face masks and exercise shoes are strongly recommended. No membership fees are required, but donations are welcome.

For more information, text 562-301-5339.

## Reduce the Blood Sugar to Prevent Dementia

Doctors and researchers have found a link between high blood sugar levels and the formation of dementia, which includes a loss of memory and thinking skills that afflicts millions of older adults.

A 2018 study found a correlation between sugar and dementia, whereas those with high blood sugar had a faster rate of cognitive decline than those with normal blood sugar, which can lead to Alzheimer's disease and other dementias.

People can tame the elevated **DEMENTIA**, **page 13** 



Wa-Rite members Virginia Olejnik (I-r) and Reta Lombardi tackle big goals, such as weight loss, together. The club meets on Fridays in Clubhouse 3, Room 1. Weigh-ins are from 9-9:45 a.m. The meeting begins at 10. The annual fee is \$10. Everyone must present a GRF ID.



Town Hall March 25, 1:30pm

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The slower riders group rides to Shoreline Village in Long Beach on Tuesdays and Thursdays.

## **Bicycle Club**

Ioin the LW Bicvcle Club for fun rides on Sundays (with breakfast) to El Dorado Park, Mondays, Wednesdays and Fridays. The group meets at the

North Gate at 9 a.m. Bicycle helmets and safe shoes are required. Call Mary Romero at 562-810-4266 for additional details.

The club also has a group

for slower riders on Tuesdays and Thursdays to Shoreline Village in Long Beach. For more information, call Lucy Czra at 818-209-5075.

#### **Lunch Cafe - Meals on Wheels OC**

Meals on Wheels Orange County partnered with the city of Seal Beach to host a senior lunch program—The Lunch Cafe, at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, Monday-Friday, starting at 11 a.m. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome, even if a contribution is not possible. Guests under 60 can enjoy lunch for \$5. Every contribution goes directly to help keep this vital program going.

Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% milk served daily. \*\* indicates sodium content over 1,000 mg. S indicates a special event or holiday and the menu may exceed 1,000 mg. of sodium. indicates a meatless meal. Low Cholesterol, 0% trans-fat buttery spread served with bread and rolls. Weekly average lunch meal provides over 550 calories. Condiments are not analyzed and may increase sodium. https://www.mealsonwheelsoc.org/senior-services/senior-lunch/

#### Thursday, March 23

Chicken meatballs with sweet and sour sauce, jasmine rice, carrots, sugar free cookie, and orange pineapple juice.

#### Friday, March 24

Moroccan lentil soup with sugar free crackers, crab and vegetable salad, summer rainbow quinoa salad, and ambrosia.

#### Monday, March 27

Cream of butternut squash with sugar free crackers, pecan chicken salad, barley and black bean salad, and a mandarin orange.

#### Tuesday, March 28

Pork tenderloin with pineapple raisin sauce, mashed potatoes, chef's vegetable blend, whole wheat dinner roll with buttery spread (Promise), and pineapple chunks.

#### Wednesday, March 29

Chicken breast with sweet citrus glaze, jasmine rice, winter vegetable blend, whole wheat dinner roll with buttery spread (Promise), and a sugar free cookie.

# **SBTV Fitness**

The following weekly excercise classes air 24/7 on SBTV-3 via TWC Spectrum CH3, Frontier Fios CH37 and online streaming at *sbtv3.org*/ schedule.

#### Sunday

**5:30 a.m.:** Feeling Fit (1 hr) **6:30a.m.:** Silver Age Yoga (4.5 hrs)

#### Monday

**6:30 a.m.:** Feeling Fit (1 hr) **8:30 a.m.:** Silver Age Yoga (4.5 hrs) **Noon:** Silver Age Yoga (2.5 hrs) **Tuesday** 

**7:30 a.m.:** Feeling Fit (1 hr) 11 a.m.: Yogafor All Ages (30 mins)

#### Wednesday

**5:30 a.m.:** Yoga for All Ages (30 mins) **6 a.m.:** Feeling Fit (1 hr) **7:30 a.m.:** Silver Age Yoga (3.5 hrs) Thursday

#### **6:30a.m.:** Silver Age Yoga (4.5 hrs) **8:30 a.m.:** Feeling Fit (1 hr)

**Noon:** Feeling Fit (1 hr) **Friday** 

**6:30a.m.:** Silver Age Yoga (4.5 hrs) **8:30 a.m.:** Feeling Fit (1 hr)

## Saturday

**6:30a.m.:** Silver Age Yoga (4.5 hrs) **8:30 a.m.:** Feeling Fit (1 hr)

#### **DEMENTIA** from page 12

blood sugar levels by exercising, losing weight and eliminating highly refined grains from their diet. Favoring a Mediterranean style of eating, which focuses on fish, olive oil, fruits, vegetables, and beans over processed carbohydrates and sugar laden foods, can keep seniors healthy throughout their golden years.

Keeping the aging brain healthy by playing board games, working on crosswords, numbers, or other kinds of puzzles may help slow memory loss and dementia.

Physical exercises to help reduce the risk of dementia include walking, riding a bicycle, swimming, cardio machines, and running or circuit training.

—Metro Creative Connection









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# RELIGION

#### **First Christian Church**

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together. "That we may be mutually encouraged by each other's faith, both yours and mine," Romans

#### Pastor's Message

What do the genealogies in the Bible have to do with anything? Pastor Bruce Humes will look at Genesis 10 this week to see what and whom is listed. Genesis 9:19 says that it was from the three sons of Noah— Shem, Ham and Japheth—that the world was populated. Noah was a descendant of the first man, Adam, and his wife, Eve.

In Chapter 10, the genealogies of the sons start with the youngest son Japheth, goes to the middle son Ham, and finishes with the oldest son Shem. The line of Abraham would come through Shem, giving rise to God's chosen people, the Israelites. Through the Israelites, the promised Messiah will come. The holy Scriptures are about God's plan of salvation for mankind through his son **Jesus Christ.** 

Noah's three sons and their descendants dispersed throughout the earth and from them the various people are descended.

#### Weekend Services

Sunday services are held from 9:30-10:45 a.m. The service is traditional with hymnal music led by Janet Ray and Pat Kogok at the piano.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

#### **Midweek Studies**

Elli Herrera leads the women's Bible study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Pastor Bruce Humes leads Friday's prayer and Bible study from 6-7 p.m.

#### Scripture of the Week

"And, Jesus said 'For whoever does the will of my father who is in heaven, he is my brother and sister and mother."

#### Contact

First Christian church is located on Northwood Road behind Carport 125.

For more information, call 562-431-8810. The call will be returned at the earliest opportunity.

# **Church of Jesus Christ of Latter-day Saints**

Meetings for the Atherton Ward are held at 6500 E. Atherton Street in Long Beach. Sacrament service is held every Sunday at 10:30 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum meetings on the second and fourth

Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The General Conference will be broadcast over the internet on April 1 and 2. Saturday's meetings will be at 9 a.m., 1 p.m. and 5. There will be no meetings held at church.

On Easter Sunday, April 9, there will be only the Sacrament service held at 10:30 a.m.

The reading assignment for the week of March 27-April 2 is Matthew 14, Mark 6, and John 5-6.

## **Assembly of God**

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The Hymn Sing will be held this Sunday, March 26, at 6 p.m. in the Clubhouse 3 Lobby.

This week LW Assembly of God welcomes Pastor Sam Pawlak at the Sunday morning worship service and the Hymn Sing. Pastor Sam and his wife, Pat, were dearly loved pastors and friends in Leisure World. Following Pat's promotion to heaven 2020, Sam pastored



Sam Pawlak

until December, when he retired and moved to Florida, near their children. Since making the cross-country move, Pastor Sam has published a biography and continued to travel and minister. Join with many friends in welcoming Pastor Sam home to Seal Beach and celebrating how God has continued to use him in this

Bible Study: "Jesus's Farewell Message," by Francis Chan. Contact: More information about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to add to the prayer chain at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

#### LW Baptist

The Bible is clear that people need wisdom for the trials of life. It says anyone who lacks such wisdom may ask God, "who gives to all generously and without reproach, and it will be given." Job discovered this truth in the midst of his troubles in Job 28:28.

Wisdom is not what you know, but who you know. It is not having the answer to all your questions, but knowing the one who does. LW Baptist Church will celebrate this truth in song with "Turn your eyes upon Jesus" at its worship service on Sunday, March 26, at 10 a.m. in Clubhouse 4.

The Christian Women's Fellowship group will meet on Monday, March 27, at 10 a.m. in Clubhouse 3, Room 6, to continue discussing the book "A Woman's Walk with God."

For more information, call 562-430-8598.

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#### **Redeemer Lutheran Church**

"Coming to Life Again" is the theme for Redeemer Lutheran Church's Sunday worship service on March 26. Members will gather to share in God's blessings in thanksgiving, pray in hope, faith and the peace of Christ, and abide in the joy and strength of the Holy Spirit. LWers are invited to join the celebration and share the word, hymns and Communion at 10:30 a.m. in the sanctuary at 13564 St. Andrews Drive, across from the administration building where ample parking is provided.

The church's donation cart is in the entryway to receive nonperishable goods that will be distributed to those in need in the broader Orange County community.

Those who have questions about the service or the work of the church can call 562-598-8697.

# Join the Passover Seder April 5

Congregation Sholom and Passover Across America will hold its annual Passover Seder on April 5, at 5:30 p.m. in Clubhouse 3, Room 2. Passover is a Jewish holiday that honors the freedom and exodus of the Israelites (Jewish slaves) from Egypt during the reign of the Pharaoh Ramses II. Before the ancient Jews fled Egypt, their firstborn children were "passed over" and spared from death, therefore resulting in this holiday being called "Passover."

The food will be catered by Blueberry Hill, and the Seder will be conducted by Rabbi Mike Mymon. The menu consists of a choice of mango chutney brisket, roast chicken, or a vegetarian plate, plus, matzo ball soup, Gefilte fish, salad and potatoes. In addition, the lunch will have lemonade, dessert and Passover wine. The cost is \$36 per person for members and \$54 for non-members.

Those who are interested in joining must RSVP to Murray Pollack by emailing *murrjet@yahoo.com* or calling 562-331-3949 no later than April 1.

—Jan Friedland

#### **Beit HaLev**

Rabbi-Cantor Galit-Shirah conducts online services for Friday night and Saturday morning Shabbat services. The Friday, March 24, service will begin at 5 p.m. and the Saturday, March 25, service will begin at 10 a.m. Note that the Friday evening service begins earlier than last year, at 5 p.m.

Beit HaLev LIVE! Interactive livestream services are on Zoom at https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5 VXFDTWtuZHF4K3VxUT09. The meeting ID is 915 243 4704, and the passcode is RavGalit. People can also view on Facebook at www.facebook.com/galityomtov or YouTube at www.youtube. com/beithalev8816.

To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com.

#### **Buddha Circle**

Buddha Circle will meet on Saturday, April 1, in Clubhouse 3, Room 1, with Venerable Kusala from 9:30-11 a.m.

Ven. Kusala is well known in the Buddhist community and presents Buddhism in a simple way. The group is interactive and those who attend are encouraged to ask questions.

Donations are welcome and will support Ven. Kusala in his teachings. For more information, call 714-468-6887.

## **Holy Family Catholic Church**

Holy Family Catholic Friday from 9 a.m.-4 p.m. Church will hold a rummage sale on Friday, April 21, and Saturday, April 22. People can bring their unwanted items to the Parish from March 17 through Thursday, April 20. Items may be brought to the side of the rectory Monday through

Items accepted include collectibles, home decor, small appliances, kitchen accessories, women and men's accessories bedding, antiques, small furniture, health care items (walkers or wheelchairs) children toys or baby toys and games, holiday

decor, pet accessories, tools, craft items, sporting goods, bicycles and more. The church will not accept used clothing, books, paint or chemicals, large appliances, bulky furniture or mattresses.

For more information, call 562-430-8170.

## **Community Church**

This is the fifth week of Lent, which means next Sunday is Palm Sunday, and Easter is just around the corner. Community Church will hold a Maundy Thursday meal and worship on April 6.

The passage from John's Gospel this week is the story of Lazarus, with a focus on the work of Jesus, who, despite persecution, returns to the village of Bethany where the people had just tried to stone Jesus. The disciples decide that they

will go with Jesus even though they think it will mean that they are stoned too.

As people go through life, there are many challenges that they must face and overcome if they are going to keep moving forward.

The Bowl and a Roll Lenten Study on Wednesdays at 11 a.m. offers hot soup and a video look at the geography of the Holy Land through Max Lucado's new book "In the Footsteps of the Savior." No need to have attended the first session.

As always, the word Gospel means "good news" and those who are in need of some good news are welcome to join the service on Sundays at 9:50 a.m. in person or online on Zoom and on Facebook at @CommunityChurchLeisureWorld. People can contact the church office to receive the Zoom link.

Those who are in need without another way to address it can call the church office and leave a message at 562-431-2503.

## Faith Christian Assembly

Easter is already right around the corner, this year landing on April 9. Faith Christian Assembly extends an invitation to those who don't have a home church start attending its Sunday morning Easter service at 10:30 a.m.

This most important celebration that Christians call Resurrection Sunday, or Easter, commemorates Jesus' resurrection from the grave. Remembering the importance of the event plus tradition is a wonderful way to celebrate the holiday and brings more people to the House of the Lord than any other day of the year. There's just nothing like celebrating a beautiful Easter Sunday morning at church with the family. Easter may be a time to more likely receive a "yes" from people to the invitation to come to church. As an added blessing, more people will be there to hear a great salvation message highlighting the joy, beauty and significance of the resurrection of Jesus from the grave. Faith Christian Assembly encourages people to start thinking of who they could invite to the service.

Join the church for Palm Sunday on April 2 at one of the usual service times, 10:30 a.m. and 5:30 p.m. Additionally, Faith Christian Assembly will hold a Good Friday service on April 7 at noon. As part of the holiday schedule, there will not be a Bible study on April 5 or an evening service April.

To receive a free monthly newsletter, or more information on the church, call 562-598-9010, email contact@fcachurch.net, or visit www.fcachurch.net.

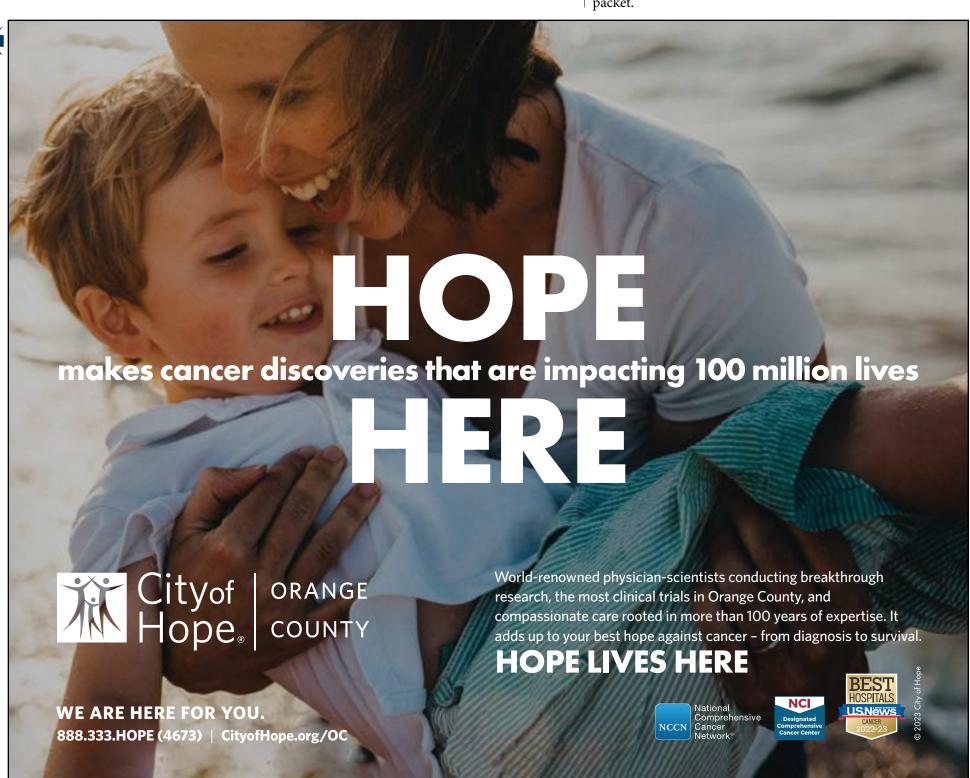
#### **Congregation Sholom**

Congregation Sholom will hold services via Zoom with Rabbi Mike Mymon on Friday, March 24, at 6:30 p.m. Rabbi Mymon will also lead the hybrid service on Saturday, March 25 in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Saturday's Torah portion will be Vayikra. In Vayikra (He Called), the first Torah portion in the Book of Leviticus, God tells Moses about the sacrifices offered in the Mishkan (Tabernacle). Among these are sacrifices entirely burnt on the altar, meal offerings made of flour and oil, peace offerings and sacrifices brought for sinning inadvertently.

To receive a Zoom invitation contact Jeff Sacks at 714-642-0122. The Passover Seder will be on April 5 at 6:30 p.m. in Clubhouse 3 Room 2. The cost is \$36 for members and \$54 for non members.

Those who wantto become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.



# ARTS & LEISURE



Top place award winners at the LW Art League's monthly competition held on March 14 were: Carol Levine (I-r, back) m, Carmen Leslie; in front are Allyn Constant (I-r) and Mari Ann McGrath.

## **Art League**

The LW Art League met on March 14 in Clubhouse 4. The guest demonstration artist and judge was Joe A. Oakes, an acrylic painter known for vibrant, bold and fiery colors.

Carmen Leslie won best of show, and Mari Ann McGrath won

The masters winners were: Carol Levine, first place; Vicky Mayhew, second place; and Marion Higgins, third place. Kelly Frankiewicz got an honorable mention.

In the 3D/multimedia category, Allyn Constant won first place; Nina De Rosa, second; and Linda Frysinger, third.

There were four new members—Jon and Natalie Olson, David Vogel, and Joan Simonds—who joined at the meeting.

The Art League will meet on April 11.

—Larry Sioson



Tony Burris and Charla Gae

#### **CABARET ENTERTAINERS**

# Club will perform 'On Broadway' April 1

The Cabaret Entertainers will present "On Broadway" on Saturday, April 1, in Clubhouse 2. It will feature songs from notable shows such as "Les Mis," "West Side Story," "Jesus Christ Super Star" and many

more. The show will start at a new time: 6:30 p.m. instead of 7, and the doors will open at 5:30. People are encouraged to bring their favorite beverages and snacks and come early to snag the best seats.

## **Saturday Bunco**

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. The club will meet on March 25 in the Clubhouse 3 Lobby. Sign up starts at 1 p.m. Play begins at 1:30. The winners from the March 11 meeting were: an six-way tie for most buncos among Kathy Russell, Darlene Brideau, Marilyn Moody, Rose Marie Sprague, Mary Milhone and Gina Mc-Quade. Helen Sponsler and Karen Riner tied for most wins. Lori Auman had the most babies. Dolores Ruiz had the most losses. The door prize went to Shelley Middleton.

#### **Pinochle**

The Pinochle Club winners on March 2 were: Don Walton, first, 13,560; Ruth Bonnema, second, 12,540; Lynne Sorum, third, 10,700; and Suzanne Parks, fourth, 10,130. The winners on March 4 were: Peggy Kasper, first, 15,220; Nita Dixon, second, 12,640; Diana Lambert, third, 12,350; and Suzanne Tester, fourth, 9,870.

On March 6, the winners were: Don Walton, first, 11,580; Gene Smith, second, 11,570; Mary Luongo, third, 11,430; and Ron Jackson, fourth, 10,880.

On March 9, the winners were: Peggy Kasper, first, 11,090; Jean Sudbeck, second, 10,170; Curt Rogers, third, 9,870; and Dolores Cook, fourth, 9,630.

#### **Monday Bunco**

The LW Bunco Club results on March 13 were: Teri Nugent, most buncos; Nancy Floyd, most wins; a tie between Sandy Weienstein and Nancy Demille for most babies; and a tie between Rosann Mac Gregor and Larry Shulman for most losses. The door prize winner was Linda Payne. The LW Bunco Club will meet on March 27.

The club meets on the second and fourth Monday of the month. All LW residents and their guests are welcome. Bunco is an easy dice game and a lot of fun. The club holds a halftime social for all attending. For more information, contact Gail Levitt at 562-596-1346.

## **Saturday Morning Dance Class**

Two dance classes are held every Saturday in Clubhouse 6, Section C, at 9 a.m. and 10 a.m. In April, Candice Davis will teach West Coast Swing on Saturdays at 9 a.m. and Argentine Tango at 10 a.m.

New topics are voted on each month. Each class is \$7 per person. Partners are not needed. For more information, contact club President William Young at 408-858-3560.



Glenna Hoff will always remember her trip.

**LOCAL TRAVEL** 

# A visit to the Venice Mosaic House

by Glenna Hoff

LW contributor

It was a beautiful sunshiny day in Venice on March 4 and my daughter, LeAnna, and her husband wanted to surprise me with an outing I would never forget. The Mosaic Tile House tour in Venice took my breath away. Its beauty was unbelievable, and I enjoyed every minute there. We easily spent 1.5 hours touring and visiting the gift store. Cheri Pann and her husband, Gonzalo Duran—both artists—spent 21 years to turn their house into a prized possession. You will enjoy the designs and the atmosphere there. I found it hard to leave.

Tours are on Saturdays only; 12-3 p.m. Reservations are required at mosaictilehouse@mac.com. People 90 years and older get free admission. Admission for adults is \$20; senior admission for those 65 years or older is \$15; and children 12 and under are free.

You may want to see the house at www.mosaictilehouse.com for further enjoyment. I will always remember this day with my special loving couple and I am thankful for the talents of artists Cheri and Gonzalo.

**SURVEY** 

# GRF seeks opinions on amenities

by Kathy Thayer Recreation Director

What sets LWSB apart from just another HOA are the amenities it offers. Looking toward the future, GRF wants your opinion on what new amenities you would favor being added to current offerings. Are more food services in the future? How about a full-service salon? What do you think about pop-up businesses offering services targeted to LW residents?

Unlike a previous survey that was widely criticized a few years ago, this one was formulated with a professional program and includes the input of both staff and residents. There is, in addition to the questions, an opportunity to include your own suggestions.

Until March 31, you will have the opportunity to weigh in on these and other ideas by filling out the New Amenities Questionnaire on www.lwsb.com. Just go to the website and a popup will invite you to participate.

After the results are tabulated, a printed questionnaire will be published in the News for those unable to complete it online. It is critical that as many residents as possible voice their opinions as this data will help formulate GRF's plans for your

We think it is worth five minutes of your time to let GRF decision-makers know what direction the majority wants for our little slice of heaven. Fill it out as soon as possible. For further information, contact kathvt@lwsb.com.

#### Coin Club

The Coin Club will meet on April 12 in Clubhouse 3, Room 2, at 1:30 p.m. Members can participate in door prizes, refreshments, coin actions, coin raffles and group discussions regarding currency and coin. Refreshments will be provided. LW residents can have coins evaluated at these meetings at no cost.



Terry Otte (third from left) and members of Abilene

# **GRF** presents Terry Otte and Abilene this weekend

Abilene will host its regular monthly boot scootin' dance this Saturday Clubhouse 2, starting at 7:00 p.m. The doors open at 6:30, but reserving tables is prohibited.

Abilene is Seal Beach Leisure World's No. 1 country rock band going strong for nearly 20 years. Last year,

they opened the Amphitheater season with a rockabilly show that drew nearly 2,000 fans and will play again this year by popular demand. Terry Otte leads Abilene and shares singing duties with Tina Schaffer. Guitarist, Rod Anderson; Guitar Synthesizer and pianist, Jim Long;

bassist Doug Decker and drummer, Jim Greer, round out the group. Come and see why Abilene is Leisure World's favorite band.

All concerts are free, but tips are acceptable and greatly appreciated.

Questions? Contact kathyt@lwsb.com.



On Saturday, March 25, at 2 p.m. in Clubhouse 4, the Good News Singers, directed by Janet Ray and accompanied by Ruth Bonnema, will present "Precious Memories." Along with their songs of praise, members will also perform longtime favorites as singalongs, which will be sure to bring back memories. Light refreshments will be served. To join the group, see director Janet Ray after the concert.

# lucky listeners of their musical connection in March. —Jan Friedland

Lotakov to play Hummel's trumpet concerto together and viola,

they decided to prepare for a full concert. LW residents will be the

Just six months ago, Freedman met Lotakov at the LW Bicycle Club. Realizing they both had a love of music, Freedman asked

of the Leisure World community.

# Photo Arts Club will visit Rancho Los Alamitos

At the March 9 Photo Arts Club meeting, Ben Benjamins began with a review of the many photos of the Seal Beach Pier that members sent to him. They were displayed on the large screen TV and members commented.

He stressed the importance of having some part of every photo in sharp focus. He also discussed how having a person in a photo could enhance the design and add interest. It was noticed that very special effects can be seen if you take the photo

as the darkness falls, but still has some sky light, and the electric lights are coming on. This feature was seen in several photos. Sue Ann commented at the end of the display of the photos on the excellent quality of photos and how members are all improving from the techniques they are learning.

Regine Schumacher brought a photo of a herd of zebras printed on metal. Members shared a photo of a cat drinking from a sprinkler, a Signal Hill photo and a historic photo album from the Photo Arts Club.

The Photo Arts Club will meet on Thursday, April 13, at 1 p.m. at the Rancho Los Alamitos. Driving instructions were provided at the meeting.

The assignment is to submit photos taken on that field trip at Rancho Los Alamitos by submitting them to Ben Benjamins at benbenjamins@hotmail.com to be shown at the club's May

For information about the club, call Regine Schumacher at 562-430-7978.

# Spring Jam with Coconut Breeze

The Coconut Breeze Band will play coastal acoustic tunes on the evening of March 24 in Clubhouse 4 from 6-8 p.m. The band's coastal acoustic tunes will inspire the audience to listen, dance and relax with their friends.

Coconut Breeze's music spans various styles from Bob Marley, Otis Redding, Kenny Chesney, Linda Ronstadt, Tom Petty, Jimmy Buffett, Bob Dylan and others.

The all-Leisure World member band has entertained residents seasonally outdoors on Taco Tuesdays and special events but is now venturing into an inside venue. People can bring their own refreshments and enjoy the music with their friends and neighbors.

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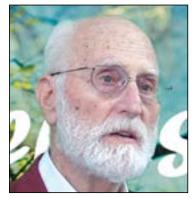
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Reese, The Impressions, and Ike and Tina Turner. But after attend-

ing undergraduate and graduate schools, he went in a completely different direction: law enforcement, and did that for 35 years. After retiring, he went back to music, performing as a jazz trumpeter for several big bands and performing with several major-name artists. Lotakov achieved very early success in the Ukraine, beginning his training in piano at the age of 5 and playing his first public performance at the age of 9. He graduated from the prestigious Kiev Conservatory with a Ph.D in 1971 and started performing with major orchestras in Ukraine, Russia and Eastern Europe. In 1976, Lotakov tried to get out of the Soviet Union, but it wasn't easy. When he applied for permission to leave, he was punished by losing his teaching position plus having all his music appearances cancelled. This went on for two years but finally he was free. He started performing in Europe, South Africa, and the United States. Now Lotakov and his wife, Luba, are happy members March 23, 2023 | www.lwsb.com | www.lwweekly.com



Don Sunday

## **Commmunity** Karaoke

Don Sunday beamed when he received a standing ovation for "Danny Boy" at the St. Patrick's Day karaoke night.

Thirty-eight members regaled the audience with song. The Irish tunes like "My Wild Irish Rose" were fun to hear. Singers included Karen Morris, David Nobel, Ren Villaneauva and Ellen Brannigan. The group enjoyed duets from Ray Geierman and Dorothy Farrington singing "I'm Looking Over a Four Leaf Clover" and Elizabeth Butterfield and Don Horning singing the beautiful Irish song "Grace." A variety of rock and roll tunes were a hit, sung by Frank Miller, William Young, Sheri Vanek, Vickie Mendoza, Bev Adams and Eric Voge. To complete the St. Patrick's celebration, everyone relished corn beef sandwiches and mint green ice cream bars.

The club meets each Wednesday in Clubhouse 1 beginning at 5:30. Others fine-tune new songs at the club's Monday afternoon practice session in Clubhouse 6 from 1-3. Everyone is welcome.

—Margie Thompson



Maryanne Conte

#### Tournament Poker

Maryanne Conte won the March 11 tournament with a pair of aces—her first tournament win. Maryanne is a resident of Mutual 15 and has lived in LW for 21 years. She's been a poker club member for 10.5 years. She enjoys reading, lots of poker and walking her dog.

Second place was Mike Gass, third Lee "Jack" Pfeifer and Ernie Dinkel in fourth place. Tony Canfora dealt the final table.

High hand was (2222A) held by Fiona Wolfe; second high hand was a full house (KKK77) held by Lee "Jack" Pfeifer. There was no promo hand.

The club is looking for new players. For more information, call Carole Damoci at 562-405-4965. Tournaments are the first three Saturdays of the month starting at noon. Arrive at least 30 minutes early.



Hui O Hula celebrated its 19th anniversary on St. Patrick's Day. The Hawaiian Dance Club began in a small room in Clubhouse 3 with a few dancers and Jojo Weingart (floor, center) as the instructor in 2004. Today, at least 100 hula have been taught, and quite a few "old-timers" (sitting) still enjoy the hula and perform.

# Hui O Hula celebrates 19th anniversary with Green Rose Hula

Hui O Hula, which means "Hawaiian dance group," celebrated its 19th year in Leisure World on March 17. The Board has decided not to have a party and will wait until next year, in 2024, to celebrate its 20th anniversary.

It is always a tradition to dance the "Green Rose Hula" on its anniversary in class. This year, teacher Jojo Weingart has incorporated ipu (gourd drums) in the choreography. Nearly everyone in the Hui knows this dance.

Hui O Hula also wishes Shigemi "Susie" Yokimi (left of flag), old-timer Josephine O'Rourke (right of flag), and Lori Chamberlain (next to Josephine) happy March birthdays.

Everyone, including na kan (men), is welcome to learn traditional hula. Lessons are offered on Tuesday, upstairs in Clubhouse 6; and on Thursday, at Veterans Plaza or, when the weather is bad, inside Clubhouse 3. Both classes start at 1 p.m. Call 562-431-2242 or email Jojo@huiohula.

*com* for more information.

Another class subject this month is Pua Ahihi. Everyone, including the Hui's newest dancers, has learned this romantic hula. Dancers are now learning to add feeling to the dancing as the lyrics go, "It is a precious love that comes to me, a fragrance that teasing the heart." Pua Ahihi will be part of the repertoire this spring, at the GAF's 50th anniversary as well as Mutual 12's annual luncheon.

—Jojo Weingart



Lapidary jewelry made by club members.

# Visit LW's lapidary shop

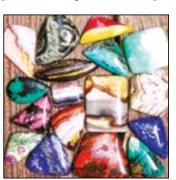
One of the great amenities in Leisure World is the Lapidary Shop in Clubhouse 4. Lapidary is the art of cutting, shaping and polishing stones. Once finished, the polished stones can be placed in many types of jewelry or kept for display. Classes are available at the shop to learn the basics of lapidary using state-of-the-art CabKing machines—taught by Greg Myers, a talented lapidarist.

The club has saws with up to a 20-inch diameter, allowing members to start with a rough rock and follow all of the steps to produce a polished stone.

There are endless possibilities of what people can do with their polished stones.

One option is wire wrapping, a popular jewelry making technique that opens doors to a whole array of beautiful jewelry. Materials and instruction are available at the shop. Beading is also taught at the lapidary shop and can be used to enhance many types of jewelry.

The club has a tremendous variety of beads, plus all the



Cut and polished stones

tools and supplies that a new learner would need.

Making a pendant can be as simple as gluing a bale onto the back of a piece of polished stone and then enhancing it with beading. Cutting and polishing stones is rewarding in itself, but the ability to turn the polished stone into a piece of jewelry is especially rewarding.

The Lapidary Shop is open Monday through Friday from 9 a.m.-3 p.m. and Saturday from 9 a.m.-1 p.m. People can stop by for a tour and to sign up for classes. The club has a friendly atmosphere and many knowledgeable people to help out.

—Jan Friedland

# LWer wants to form Ski Club

Dr. Man Chul Cho, a ski enthusiast and certified Professional Ski Instructor of America (PSIA), wants to meet with other interested parties to discuss the possibility of creating a ski club in Leisure World.

Today, March 23, from 7:30-9:30 p.m. in Clubhouse 3, Room 5, there will be a discussion on safety issues, advanced ski techniques, and other topics—such as free lift tickets for people 70 years and older at Mountain High Ski Resort and Snow Valley in Big Bear. Cho will also discuss the physical, mental and emotional benefits he receives from skiing. For more information, contact Cho at 310-713-8382.

#### **Duplicate Bridge**

In the five-table game on March 9, North/South winners were Howard Small and Linda Nye. East/West winners were Beth Matheny and Fred Reker.

Russ Gray and Ellen Kice were the North/South winners in the 11-table game on March 10; second were Linda Nye and Chie Wickham; third were John Berg, Jr. and Marcia Lane. East/ West winners were LaVonne McQuilkin and Carol Murakoshi; second were Judy Jones and Al Appel; third were Dave Carman and Emma Trepinski.

Overall winners in the six-table championship game on March 11 were Alan Olschwang and Kiyo Nagaishi; second were Sue Fardette and Joan Tschirki; third were Stan Johnson and Louise Seifert; fourth were Judy Jones and Al Appel.

Bobbie Vann and Paul Chen were the North/South winners in the seven-table game on March 13; second were Sibyl Smith and Diane Schmitz. Thad Mikols and Shmuel Fisher were East/West winners; second were Larry Topper and Kay-Yee Nelson. Games are played on Monday, Thursday, Friday and Saturday afternoons in Clubhouse 1 at 12:30. Players are asked to arrive no later than 12:15 p.m. to confirm their reservations. Reservations can be made at any game using the sign-up sheets and/or by contacting Linda Nye at 562-453-6678 or yuelingnye@yahoo.com no later than 10 a.m. on game day.

—Gene Yaffee

#### **Cribbage Club**

Donna Gorman offered wonderful, homemade cake and ice cream to start the day last Tuesday. The green frosting made it a real St. Patrick's Day treat while also celebrating the 99th birthday of longtime member Jim Kaspar. Sam Ray assisted with serving.

First place went to Cleo Looney with a score of 843. Bob Berry came in second with 833. Marsha Larson's score of 825 took third place, while Gene Smith and Joe DiDonato each had a total of 824 for fourth place.

To learn how to play cribbage, brush up on the game or learn more about the club, call and leave a message with Terry Thrift at 714-394-5885. 2023 dues are \$5. See any of the officers at the check-in desk before play begins next Tuesday at 12:30 p.m. in Clubhouse 1. Refreshments are served at noon.

**CELEBRATING MOMS** 

# GRF will host Mother's Day luncheon with crepes and cider

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 13, in Clubhouse 4 at 11 a.m. The event will be catered by Country Gardens Caterers. This is always a huge success and is expected to sell out this year, so now is the time to drop hints to family members who would like to treat mom.

An elegant repast includes an egg and sausage strata, strawberry crepes, fresh fruit and pastry platters, sparkling cider and more. Moms and guests will be serenaded by classical harpist, Peggy Skomal.

Tickets are on sale for \$34 and are available at the Recreation Office in Building 5. Thosewho want to buy a table of eight (\$250) or sit with a group should inform the events coordinator when purchasing. All seating will be assigned by GRF if no request is made. Inquiries may be directed to Recreation at mayokab@lwsb. com or by calling 562-431-6586, ext. 476. People buying individual tickets may pay online on lwsb.com.

#### **Car Sale**

Each fourth Saturday, authorized residents have the opportunity to sell any used motorized vehicle in the Administration Parking Lot from 8 a.m.-4 p.m.

Vehicles must have current DMV registrations and GRF decals as well as be insured. Motorhomes, motorcycles, golf carts, bikes, trikes and scooters may also be sold. The owner does not need to be present, but is allowed to display a single "for sale" sign no larger than 18" by 24" on the vehicle.

The sale is open to LW residents only and the guests they call in. The public will not be able to sell at the events. For more information, contact Recreation at 562-431-6586, ext. 398.

#### GRF excursion tickets on sale now

Tickets are now available online and at the Recreation office in Building 5 for the first trips of the season. All prices include transportation and gratuity. Sales have been brisk. Sign up for events as soon as possible.

The first excursion of the season will be Sunday, April 30, to see "Under the Skin" at the Long Beach International City Theater. The show revolves around protagonist Lou needing a kidney. His estranged daughter Raina has one to spare, but does he deserve it? Tickets are \$61, including transportation.

On May 17 and June 1, the LA Opera will hold two evening performances of "Othello." Due to the special low pricing and limited seating, residents may submit their names for a drawing and will be randomly chosen for either date. Tickets including transportation are \$34. The drawing will be held after April 14, which is the last day to get your name in.

Stars on Ice is on the agenda for May 20 at the Honda Center. The 2023 Stars on Ice tour will boast an international cast of Olympic, World and National Champion skaters sure to entertain all ages. Tickets are \$45, all inclusive.

On June 9, the Angels will take on the Mariners. Tickets are now available at the Recreation Office or on www.lwsb.com for \$65. For further information, contact mayokab@lwsb.com.

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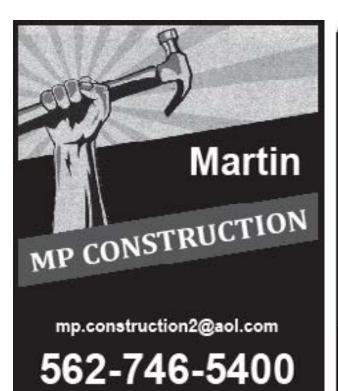
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# **SPORTS & GAMES**

## Men's Golf League

**Monday Golf** 

On March 6, 11 golfers attacked the 6,000-yard, par 71 Willowick Golf Course in Santa Ana. Temps were very cold, and foggy with patches of blue indicating perhaps a warmer late morning. That didn't happen.

Gary Stivers had the fewest putts in the "A" flight and Gene Vesely was lowest for the "B" group. Gene Vesely was closest to the pin and the par 3 second

Clay Fischer was closest to the pin on the par 3 fourth hole, and Bill McKusky was closest on the par 3 12th hole. Birdies were shot by Sam Choi, who had three. Jim Goltra, Clay and Bill McKusky had one each.

Winners:

A Flight: First place: Choi, a terrific 6 under 65; second: Stivers, a hard-earned 1 under 70; third: Goltra, fourth: tie between Fischer and Chris Lankford.

**B Flight:** First place: Bob Munn, very nice 4 under 67; second: Digna Vesely, a well-played 3 under 68; third: McKusky a sweet 2 under 69; fourth: tie between Tom Ross, Gene Vesely, and Bill Zurn.

On March 13, 14 golfers challenged the 4,000-yard, par 62 David L. Baker Golf Course in Fountain Valley. Temps were cool, and it was foggy with a little wind. It did not warm up much during the round with only spotty sun throughout.

Gary Stivers and Jim Goltra had the fewest putts in the "A" flight, and Ron Jackson and Tom Ross tied for fewest in the "B" flight.

Jackson was closest to the pin on the par 3 third hole, and Gene Vesely was closest to the pin on the par 3 fifteenth hole. Birdies were shot by Stivers, who had two, Clay Fischer, who had two, and Jim Goltra and Bill McKusky, who each had one.

Winners:

A Flight: First place: Stivers, a terrific 7 under 55; second: Goltra, a hard-earned 6 under 56; third: Sam Choi, a nice 4 under 58; fourth: Fischer, at 1 under 61; fifth: Dave LaCascia, at even par 62.

**B Flight:** First place: Ellic Vaden, a sensational 11 under 51; second: tie between Jackson and Ross, a well-played 8 under 54; third: Digna Vesely a sweet 2 under 60; fourth: tie between Gene Vesely, Dale Quinn and Lowell Goltra.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. Advance league reservations are required with a sign-up sheet available at each round. There is a prize pool for each round that players are not obligated to enter. If interested, contact, Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

#### Women's Golf

Forty-one women golfers participated on March 14—the start of the club's annual two-week Spring Tournament. The final low gross, low net scores will be published at the close of the tournament.

This week's game was "birdies," which means a golfer plays 1 under par on any given hole.

Flight A—Jassca Choi and Devora Kim each got a birdie

on Hole No. 1

Flight B—Nancy Reid got two birdies on Holes No. 3 and 4 **Flight C**—Anne Walshe got a birdie on Hole No. 2

Flight D—Lucy Park got a birdie on Hole No. 3

Anyone interested in joining the Leisure World Women's Golf Club can obtain an application from the golf course starter or contact club Treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol

#### Table Tennis Club will host tournament

On Saturday, March 25, at 5 p.m., the Table Tennis Club will host a tournament of top players in Clubhouse 6. The tournament will include three singles matches: Jin Kim vs. James Jung, Alex Heske vs. Paul Kang, and John Lee vs. Don Choi. There will also be a doubles game between Jin Kim and Alex Heske vs. John Lee and James Jung. LW residents and their guests are welcome to watch. For more information, call K.C. Park at 714-204-2848 or email park.keechul@sbcglobal.net.

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#### Sudoku I Answers

1	2	7	9	8	5	3	4	6
3	5	4	1	6	7	2	9	8
8	9	6	3	4	2	1	7	5
9	8	2	5	1	4	7	6	3
4	7	5	6	3	8	9	1	2
6	3	1	7	2	9	8	5	4
7	4	3	8	5	1	6	2	9
2	1	8	4	9	6	5	3	7
5	6	9	2	7	3	4	8	1

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solve correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku prazzle can be the same.
Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

#### **Jumble Answers**

CLOWN ABATE EXHALE SNEEZE She was learning to use Microsoft's spreadsheet. program and thought it was — EXCELLENT

# Puzzle Answers

Puzzle pages 6-7





#### Sudoku 2 Answers

4	6	7	8	5	9	3	1	2
1	8	5	2	6	3	4	7	9
3	2	9	4	7	1	5	8	8
5	9	3	7	8	2	6	4	1
8	7	2	6	1	4	9	5	3
6	1	4	9	3	5	2	8	7
9	5	8	3	4	7	1	2	6
2	4	6	1	9	8	7	3	5
7	3	1	5	2	6	8	9	4



**Crypto Fun Answers** 

A. protect B. rainy C. tovention D. shield

**Boggle Brain Busters Answers** 

SMU OME WARK RATHY BOOK TERM CROWN AREA GODGE ROOM

#### **Word-Find Answers**

												•	1 01			111		•••	
U	U	M	В	R	Е	L	L	Α	I	Т	J	N	M	E	Н	I	L	R	U
S	L	I	Р	Р	Е	R	Y	U	P	M	0	F	V	V	V	U	W	Y	0
L	I	S	D	Z	T	N	I	0	Р	W	Е	D	G	U	S	Т	S	M	K
0	D	G	Т	G	C	G	Н	S	F	G	F	Α	D	Ι	Υ	Z	T	P	G
V	I	S	I	В	I	L	I	T	Y	T	Α	S	R	0	0	D	N	I	S
K	M	Р	0	L	U	В	Т	T	S	Α	C	R	Е	V	0	W	M	V	Н
U	K	Т	U	D	Υ	U	Α	I	Υ	Н	J	Н	С	Т	U	N	N	F	Н
L	V	N	N	G	M	Ι	S	L	U	G	G	I	S	Н	0	K	P	K	P
V	В	Υ	Т	I	D	Ι	M	U	Н	W	M	I	U	I	U	R	V	K	Т
D	P	J	Α	С	K	Е	T	Α	Υ	N	R	W	T	Y	0	L	D	H	0
G	Н	Н	F	K	Р	W	U	Υ	U	M	P	A	I	T	G	Υ	T	E	R
Υ	K	M	0	Z	G	G	0	G	L	V	I	S	E	N	P	A	L	0	K
S	E	Р	В	0	F	Υ	С	Р	N	I	Y	C	E	U	D	Z	I	I	Υ
K	L	L	Α	F	N	Ι	Α	R	T	G	T	E	D	H	Z	Y	K	I	F
P	P	M	Α	D	Р	K	Υ	Р	G	I	H	D	G	I	S	J	Z	N	F
Т	W	0	Т	Ε	W	F	I	0	0	T	L	В	R	Y	E	0	Α	N	E
Н	J	N	V	G	Υ	C	S	N	F	E	0	D	W	F	I	L	L	S	I
S	R	Υ	Υ	В	Е	P	T	C	S	V	Е	C	W	N	M	T	N	Α	R
M	R	W	V	R	I	D	J	H	E	N	N	W	P	K	W	L	I	S	G
Р	M	0	P	C	Z	R	В	C	L	0	U	D	Y	F	K	N	U	S	T

Www.lwsb.com | www.lwweekly.com | March 23, 2023



Pickleball Club Level 3.0 players meet up on Monday and Thursday evenings to play under the lights. Pictured are Nina Todorov (back row, I-r), Peggy Beste, Vitaly Telishevsky, Nora Fredlund, (front row) Rose Seeley (I-r), Elaine Lee, Judy Warners, Louise Nadeau-Gaunce and Hal Ferber.

## **Pickleball Players Club**

On Saturday, March 25, at 8:30 a.m., the 2.5 and 3.0 level players will play in the rescheduled Pickleball Players Club Tournament. The courts are located at the multi-use courts behind Clubhouse 2. The winners will receive their medals

at the next club meeting, which will be Sunday, April 2, at 5 p.m. in Clubhouse 2.

For more information, contact club President Linda Evenson at 561-577-3283 or email *lwsb-pickleball@gmail.com*.



Harshad and Chandra Patel of Mutual 15, veteran Shuffleboard Club members as well as other LW sports teams, devote significant time to participating in shuffleboard activities.

#### **Shuffleboard Club**

The final league season of the club's regular calendar year started with a bang on March 17, with four teams filling every lane for competitive league games. People are welcome to stop by to watch competitions and enjoy a coffee or snack.

On April 4 at 5 p.m. in the Courts Building, the club will sponsor a fun-filled tournament called the Ham Shoot—a game of luck where each lane is assigned an obstacle and each player shoots the lane only once before moving to the next lane. For more information, call or text Kay Mount at 775-527-0426

The newcomer training sessions will continue Tuesday afternoon, March 28, from 2-3:30. Pick-up games continue Monday and Wednesdays from 9-11 a.m., free for any interested LW residents. For those wanting to practice in the evenings, the courts are open Tuesday evening from 6-8.

The Tuesday evening league finished the winter league on March 14 with the Night Sliders edging past the Night Shufflers with seven wins of the 12 games played. The all-game winners were Sally Fowler, John Mount, Mick O'Connell, Roger Bennett and Norb Walsh. The Friday morning league played on March 17, with the Smashers winning seven out of 12 games over the Shooters. The all-game winners were Anita Giroud, Mo Habel, Milly Larsen and Carol Schubeck. In the second competition, the Bumpers fell to the Hot Rods with the latter taking eight of 12 games. All-game winners were Sal LaScala, John Mount, Harshad Patel, Lillian Rivera and Tom Gerrity.

#### **Bocce Ball**

The winter bocce ball tournaments are almost complete—winners have been declared from Tuesday and Thursday games. There are 14 teams consisting of two players each competing on each of the four days.

The Bocce Ball Finals and Pizza Party is April 1 at 11 a.m. The Tuesday winning team was Harshad and Chandra Patel. They will play against the winning team from Thursday, Randi Allen and Leah Lambros. Saturday and Sunday winners are not yet determined, but will be completed soon if weather permits. At the party there will be pizza, salad and desserts. Members are asked to bring desserts and their own chairs to the party. Water will be provided.

Bocce players that have not yet contributed \$5 for the party should contact club Treasurer Milly Larsen at 562-537-9053.

#### **Pool Club**

In the Monday night pool league, known as the American Division, PJJ beat the league leaders In the Money 9-4. This put PJJ in the lead by one game. John Barth won six games for PJJ and teammate John Burns won four.

Right On Cue won 8-5 over the Renegades. Everyone contributed for Right On Cue with Tom Zimmerman winning five games and both of his singles, and teammates Linda Patton and Frank Sablan each winning four. Everyone plays seven games, so the night is a success for those who win four.

The Cue Crew edged out the Rail Runners 7-6. Bruce Pettys won five games, including both his singles for the Cue Crew.

On March 15, the division known as the National had the top three teams winning their matches. The league-leading Ruffians beat Milly's Boys 8-5. The Ruffians "A" player, Ruffy Ramos won five and teammates George Gordon and Glenn Everson each won four. The Ruffians hold a three game lead over The Favorites and Triple Threat.

Triple Threat beat U39-4, gaining one game on the top two teams. Connie Terry won six, including both her singles and Jerry Wrenn also won six for Triple Threat.

The Favorites beat Bank It 8-5. Here again it was a team effort, with Dave Silva, Dave Mackinder a Connie Adkins each winning four games.

LW residents and their guests are welcome to watch and enjoy the friendly competition. For more information, call K.C. Park at 714-204-2848 or email park. keechul@sbcglobal.net.

—Dave Silva

# **CLASSIFIEDS**

#### **GENERAL**

A resident in Mutual-1 has passed, leaving two free indoor cats that need adopting as the family cannot take them due to allergies and other pets. Mick and Jagger are 8-year old brothers. Both are sweet and loving kitties. Mick is shy at first but warms up quickly and Jagger is VERY friendly to everyone. For pictures/details, please contact Regina Allen at 562-544-7686 or Linda Allen in Mutual-4 at 562-765-8444.

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Spacious corner in private location

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# SOLD 2022

STEKSHERÇLATHA#AY

# M4-77E \$245,000



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# M9-212C \$267,000

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# M11-273L \$359,900

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# Recipients of the Berkshire Hathaway Presidents Circle Award Call and let us present our extensive marketing program.

Members of M.L.S.
Visit Our Website: www.thesealbeachsisters.com

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



## CAROL GASPER, Resident Pecthod & NICK MONTEER, Broken Brotzerock, 1877000

562.716.1547 213.880.8220 gcarol1481(jgmaltom nicholasmorados()gmaltonn





www.seathearth-retirementscmmunrty.irdn 1933 St. Andrews Dr. Snite B. Seet Beach, CA 98770

For 2023, We have a total of <u>22</u> pending and closed sales.

Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!





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1680 Minimary, Inc. 2019 Fig. 47. Server 3.0. Constitution of some also find and of efficient of Minimary and a server of posterior yields from design and realists. As a server of experience of the process of examples of the financial example.



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On Mapon 20th, 2020 a total of 01 units show as active istings on the CRMAS.

BUS Section 20 does be provided with

15 - 1 pedroom/1 peth units from \$220,000 to \$22,9000

25 - 2 had some/1 hads to re from \$275,000 to \$599,000

7 ž bedrovnež britis units from \$385,000 to 5530,500

Manufaction of the Tourist Commission of Paris.
We had Tourish and any or the companion of the Paris.

Some results of any of the Commission of the Paris.



SPONSORING A FREE PAPER SHREDDING EVENT LAST SATURDAY. AS A LEISURE WORLD RESIDENT, I APPRECIATE THOSE WHO TAKE THE TIME TO DO A RIT EXTRA FOR THEIR COMMUNITY. THE FOLKS WERE HELPFUL AND THE DONUTS WERE FRESH!"

FRED. W

WE ARE ALREADY LOOKING FORWARD TO NEXT YEAR!





# The Januszka Group, Inc.

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www.OnsiteHomeSales.com Spring into Escrow with an On-Site Realtor®!



M7 - 168I - \$299,000Great basic two-bedroom unit; Great for remodel: On Central Park



M 9 - 237A - \$355,000 Fully expanded corner unit on street



M 14 - 32H - \$469,000Fully expd. two-bedroom corner home; The Beverly Hills of LW



M 15 - 33F - \$510,000Nice atrium unit with huge front patio!



*M9 - 208D - \$369,000* Fully Expanded 2 bedroom 1 bath



*M3 - 34F - \$399,000* Two-bedroom Upgraded unit; Washer/Dryer



*M9 - 220B - \$315,000* Basic two-bedroom unit; Easy access; Faces the breeze



M14 - 13H - \$385,000 Expanded two-bedroom unit; Immaculate condition; Steps to golf course



*M11 - 283J \$258,000* Fully expanded one bedroom, one bath on a greenbelt



M6 - 141B - \$379,000 Fabulous expanded two-bedroom unit on lovely greenbelt in Mutual 6!



M3 - 9C - \$235,000Partially expanded one-bedroom unit; Expd. bedroom; Tiled patio!



*M 3 - 16C - \$415,000* Two-bedroom full expansion!



M 4 – 81E - \$247,000 Very nice one-bedroom unit; Enclosed patio; On lovely green























Giving Back to the Community on Every Real Estate Transaction!