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The winter berm is coming down in next week as Seal Beach gets ready for a summer of fun.

Page 2



The GRF Recreation Department is surveying LW residents to gauge support for possible new amenities. Take the survey online or on paper.

Page 9

### DISTRACTED DRIVING



Distracted driving is dangerous, claiming 3,142 lives in 2020, according to the National Highway Traffic Safety Administration. Statistics show texting while driving is six times deadlier than driving while drunk.

### SBPD to actively look for scofflaws

April is Distracted Driving Awareness Month, and the Seal Beach Police Department will be actively looking for drivers throughout the month who are in violation of the state's hands-free cell phone law.

"The Seal Beach Police Department is committed to the safety of the motoring public. Holding your phone and using it while driving is not only dangerous, but also illegal," Chief Michael Henderson said. "Before starting the car, silence your phone or put it in the glove box, trunk or back seat. Safety is a shared responsibility, and we appreciate the community's partnership in making sure everyone gets home safely."

According to the 2022 California statewide public opinion survey, nearly 72% of drivers said that distracted driving because of texting was their biggest safety concern. In 2021, the California Highway Patrol issued nearly 56,000 citations for distracted driving.

Under current law, drivers are not allowed to hold a phone or electronic communications device while operating a vehicle. This includes talking, texting, or using an app. Using a handheld cell phone while driving is punishable by a fine. Violating the hands-free law for a second time within 36 months of a prior conviction for the same offense will result in a point being added to a driver's record.

If you have an important phone call, text, email, or in a situation with other distractions, pull over to a safe parking spot. Other distractions can be eating, grooming, reaching for something, putting on or taking off clothing or talking with passengers.

Funding for distracted driving enforcement is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

### SERVICE MAINTENANCE



Service Maintenance staffers with Director Ruben Gonzalez (center in black) braved rain and cold all night March 23 (see below), spreading plastic and hoisting sand bags to rooftops. It's been a long season of weather-related calls piled on top of regular calls for service. The team was treated to pizza March 23 as a heartfelt thank you for a job well done.

## LW heroes brave storms to keep LW dry

by Ruth Osborn  
rutho@lwsb.com

California's string of wet weather brought heavy rain, high-powered wind and street flooding to Leisure World March 21. It was the 12th atmospheric river to hit the state this winter—and despite a flood watch and winds reaching up to 35 miles per hour, Service Maintenance crews were everywhere all night long.

They were spreading plastic over leaky roofs, securing downed trees and light poles, and clearing clogged storm drains to keep water moving off streets. That was in addition to all the regular calls for broken water lines, pipe stoppages and other more routine work orders.

"Believe it or not, we are still short-handed in the department," said Service Maintenance Director Ruben Gonzalez. "Still, we managed to cover all the calls."

No small feat.

Crews were dispatched all night long to leaky Mutual buildings to tarp entire roofs in plastic, which then had to be anchored by sandbags that workers hoisted up from the beds of pickup trucks. As fast as one building was secured, calls came to stop leaks in others. Crews hustled from one job to the next in an all-out effort to keep LWers' homes dry from the torrential rain. Also reported were leaks in carports, a clubhouse and the GRF news office.

2023 has brought an unusually aggressive SERVICE, page 3



The U.S. Drought Monitor shows only 9% of the state is in severe drought (dark orange areas), thanks to a rainy winter. It is the 13th wettest season in 129 years, with more rain expected to come this week.

### DROUGHT UPDATE

## Gov. eases restrictions but impacts linger

California Gov. Gavin Newsom issued an order easing restrictions related to the drought emergency March 24 after a winterlong string of storms has replenished reservoirs in the wake of the three driest years on record.

He did not declare an end to the drought, but the state will no longer ask people to voluntarily cut their water use by 15%, a request the governor first made nearly two years ago.

While recent storms have helped ease drought impacts, regions and communities across the state continue to experience water supply shortages, especially communities that rely on groundwater supplies that have been severely depleted

in recent years. Last week's order:

- Ends the voluntary 15% water conservation target, while encouraging Californians to make conservation a way of life.
- Ends the requirement that local water agencies implement Level 2 of their drought contingency plans.
- Maintains the ban on wasteful water uses, such as watering ornamental grass on commercial properties.
- Preserves all current emergency orders focused on groundwater supply, where the effects of the multi-year drought continue.
- Maintains orders focused on spe-

DROUGHT, page 2



Every year, the City of Seal Beach constructs a berm to protect seaside homes from flooding during winter storms. This year's berm will be removed starting April 3, paving the way for a summer of surf, sand and fun.

**CITY OF SEAL BEACH**

## Winter berm to be removed starting April 3

The City of Seal Beach will commence removal of the winter sand berm starting April 3, and continuing for about three weeks. The city constructs the berm every year before winter storms to project oceanfront

homes. The removal of the berm will be performed by Crew Inc. The contractor will stage equipment at the Tenth Street beach parking lot. Public works will have a portion of the parking lot coned off

for the project on Monday, April 3, in preparation for the work. For further information, contact David Spitz, associate engineer at 562-431-2527, ext. 1331. *—from a city press release*

**GRF TRANSPORTATION**

## Bus tours are offered for new residents every month

The GRF Transportation Department will conduct monthly bus tours of Leisure World on the first Tuesdays for new and recently moved-in residents. The next tour is set for Tuesday, April 4. The tour will include GRF clubhouses, Turtle Lake Golf Course, Mission Park and its

activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station. The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building. Stock Transfer can book

tours when new buyers check in, or people can schedule one at <https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/>. For more information, contact Melissa Gomez at [melissag@lwsb.com](mailto:melissag@lwsb.com) or 562-431-6586, ext. 326, or Kathy Thayer at [kathyt@lwsb.com](mailto:kathyt@lwsb.com) or 562-431-6586, ext. 398.

**COPY & SUPPLY**

## Compost bags are back in stock

Compost bags for the food scrap collection program are now back stock at the Copy and Supply Center. The center also offers copy, notary and passport services, household light bulb disposal and the sale of emergency preparedness kits and replacement parts (stove top drip pan, light bulbs, etc.). For the complete list, see <http://www.lwsb.com/residents/copy-supply-center/>. Services include:  
 • Color copies, 14 cents, single-sided; black-and-white, 10 cents, single-sided.  
 • Passport photos, \$12 for two photos; between the hours of 9-11 a.m.  
 • Notary is \$15 per signature by appointment only.  
 The Copy and Supply Center, 562-431-6586, ext. 345, is open from Monday-Friday, 9 a.m.-4 p.m. (closed for lunch from 12-12:30 p.m.). The office is located in Building 5 on the first floor.

**CAP FOOD**

## Distribution is April 20 for eligible LWers

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be April 20. Distributions are on the third Thursday of the month. The pick-up process has changed. Rather than driving up to the food truck, people should park, check in and retrieve their box of food from the Art Room in Clubhouse 4. Every third Thursday from 9-11 a.m., qualified people receive 32 pounds of food, including cereal, juice, peanut butter, milk, canned vegetables, fruit, soup and cheese. Qualified residents will receive their food the same day. Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,473 a month for one person; \$1,984 for a two-person household; and \$2,495 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub). People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID. For more information, contact Roberta Arshat in GRF Member Resources at 562-431-6586, ext. 317, or [robertaa@lwsb.com](mailto:robertaa@lwsb.com).

**DROUGHT from page 1**

cific watersheds that have not benefited as much from recent rains, including the Klamath River and Colorado River basins, which both remain in drought.  
 • Retains a state of emergency for all 58 counties to allow for drought response and recovery efforts to continue.  
 This order will impact people in different ways depending on where they live. For most people, it means they won't be limited to watering their lawns on only certain days of the week or at certain times of the day. Newsom was able to ease restrictions in part because state officials have reported that California's reservoirs are so full they will more than double the amount of drinking water cities will get this year compared to a previous allocation announced last month. Three years of little rain or snow have depleted reservoirs to the point the state couldn't generate electricity from hydroelectric power plants. It dried up wells in rural areas and state officials had to truck in water supplies for some communities. And it reduced the flow of the state's major rivers and streams, killing off endangered species of fish and other species, according to Gov. Newsom. But since December, no fewer than 12 powerful storms have hit California, packing so much rain and snow that meteorologists call them "atmospheric rivers." These storms have flooded homes, closed ski resorts and trapped people in mountain communities for days with no electricity, prompting emergency declarations from President Joe Biden. The storms have also filled most state reservoirs. Of California's 17 major reservoirs, 12 of them are either at or above their historical averages for this time of year. And more water is coming. Statewide, the amount of snow piled up in the mountains is already 223% above the April 1 average, the date when the snowpack is typically at its peak. Most of that snow will melt in the coming months, flowing into reservoirs and posing more flooding threats downstream. The U.S. Drought Monitor reported last week that much of the state—including the major population centers along the coast and farmland in the Central Valley—are not in drought. California doesn't have enough room in its reservoirs to store all of the water from these storms. In fact, some reservoirs are having to release water to make room for new storms coming next week and snowmelt in the spring. That's why the Newsom administration has given farmers permission to take water out of the rivers and flood some of their fields, with the water seeping back under ground to refill groundwater basins. *—from the Office of the Governor at CA.gov and news reports*

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Service Maintenance answered regular calls for service in addition to dozens of weather-related calls, like this one to secure a downed tree.

**SERVICE**  
from page 1

sive season of wintery rain. In January alone, Service Maintenance answered 107 calls for service related to tarping and resealing plastic on leaky roofs. From the beginning of February to last week, crews covered about 98 roofs; that's a season-long total of 205, and the calls for service are still coming, according to Jay Abili, GRF Service Maintenance dispatcher.

In addition to roofs, other weather-related calls included securing downed trees and blown-over streetlights, and pulling debris from storm drains, a job that needed constant monitoring.

"The Service Maintenance crew went above and beyond the call of duty," said Gonzalez. "They worked long hours in the rain and wind to keep the community as safe as possible."

It's like the famous Postman's Motto: Neither snow, nor rain, nor heat, nor gloom of night keeps Service Maintenance staffers from the swift completion of their calls for service.

Given how hard and long they battled the elements last week, they deserve lots of pizza and a job-well-done pat on the back for working reliably and dependably through all conditions and in any storm.



Mariachi Zapopan will be playing at the Cinco de Mayo party on May 5.

**RECREATION**

**Always-popular Cinco de Mayo is a zesty fest**

The ever-popular Cinco de Mayo party is scheduled for Friday, May 5, with even more reasons to come out and enjoy a Koffel's Mexican food truck, its famous virgin margaritas plus a variety of Mexican and American food.

This year, Mariachi Zapopan, one of the most popular singing groups of the genre in Southern California, will perform. The band has been

performing in the Los Angeles and Orange County areas since 1998.

The dancing and fun will start at 5 p.m. in the Clubhouse 6 parking lot, as well as inside, so save the date.

The first floor of the clubhouse will be closed to normal activities, including table tennis.

This is one of the most popular events of the year and is always filled to capacity, both in-

side and outside the clubhouse, so only residents are allowed to attend the free festival.

Parking is extremely limited, so a free shuttle from the Clubhouse 4 parking lot will run continuously from 4:30 p.m.

Residents are asked to take advantage of the park and ride service, which is provided by GRF Transportation Department.

—from the Rec Department

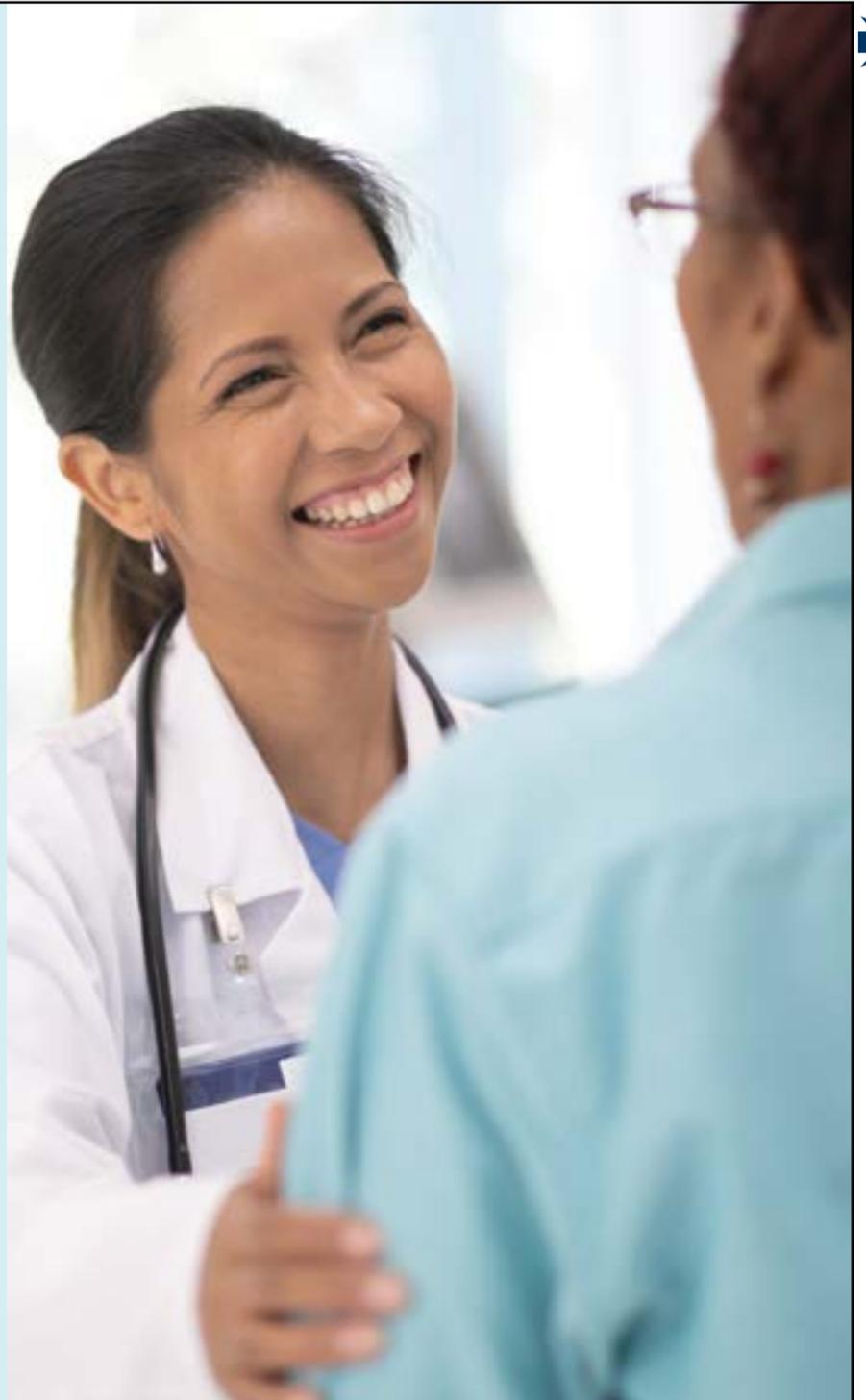
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# PERSPECTIVES

## Letter to the Editor

Editor:

Quite regularly, residents write letters to the editor in our LW Weekly about drivers speeding on the streets of our community, followed with suggestions as to how to deal with them.

Speed bumps and stricter enforcement are just a couple. For someone coming into Leisure World who is not familiar with the actual speed limits here, and for anyone for that matter, I think posted speed limits signs within the community would be helpful reminders.

From my observations these do not exist.

I find the vast majority of drivers here to be courteous, and law abiding.

Posting speed limit signs would be helpful reminder for those who are not.

Steve Cohen  
Mutual 14

## STOCK TRANSFER

### Exterior mail slot cuts wait times

To provide timelier service, the Stock Transfer office has an exterior mail slot on the wall near the LW Administration sign to get documents to GRF staff faster and provide safe, convenient office access.

Residents do not have to wait in line or until the office is open to conduct business.

Dropped off documents must be in sealed envelopes and include resident's name, and phone, Mutual and unit numbers, along with a brief explanation of the business action. No postage is needed.

## LW Live

Leisure World residents are invited to sign up for the GRF's one-way, real time community notification system.

To sign up online, log onto [www.lwsb.com](http://www.lwsb.com) and click the "LW Live" icon to the right.

Don't be left in the dark. Sign up today for LW Live.



—Midge Bash, photo

Patrica Whisnant (l) of Mutual 14 accepts cookies and treats from Jacqueline Kennedy (center) of Mutual 1, who frequently donates snacks to the Golden Age Foundation Hospitality Center in Clubhouse 6. Shelley Solis of Mutual 11 shared the treats with visitors last week. The Hospitality Center is open weekdays, including holidays, from 9-11 a.m. for coffee, cookies and conversation.

## Setting It Straight

A headline in the March 23 edition contained an incorrect date for a benefit being hosted by the Korean American Association for survivors of the earthquake in Turkey. The correct location for the benefit is Clubhouse 4. The event starts at 2 p.m. today, March 30, and will feature performances by the Korean American Chorale, directed by Kyung Hwan Paik; the Saxophone Club and the Joyful Line Dance Club among others.

## Missed Paper?

Call 562-430-0534 by 9 a.m. on any Thursday to have a LW Weekly delivered to your door.

## Perspectives Policy

**Letters to the Editor:** Letters must be no longer than 250 words and should be typed and delivered to LW Weekly by email at [rutho@lwsb.com](mailto:rutho@lwsb.com) (preferred), regular mail or hand-delivered.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.

The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

**Member Columns:** At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community.

Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

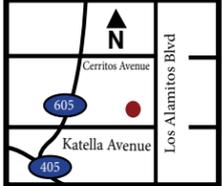



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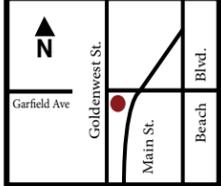
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**VOL 47, NO 13**

# GOVERNMENT

## GRF BOARD

### Candidate application period ends tomorrow

Shareholders who live in odd-numbered Mutuals are eligible to submit a candidacy application to serve on the Golden Rain Foundation (GRF) Board of Directors.

The deadline to submit applications is Friday, March 31, at 4:30 p.m.

A candidate may be a member who is an officer or director of a Mutual Corporation; of any City Council; of the Orange County Board of Supervisors; of the City of Seal Beach or the County of Orange Planning Commission. However, a member of any entity or partnership or an officer or director of any corporation engaged in supplying material or labor to GRF is strongly discouraged from running. This may cause a potential conflict of interest, causing an unnecessary liability including, but not limited to, breaching fiduciary duties.

Candidates must be members of GRF for at least one year. Therefore, renters/lessees of a unit within a Mutual are not eligible to run for the GRF Board of Directors.

Application for Candidacy forms and GRF Directors Handbooks are available in the Stock Transfer Office in the Administration Building.

The current GRF Board thanks all candidates for the willingness to participate in the continued success of Leisure World.

#### BOARD CANDIDATE REQUIREMENTS

Before filling out the application read the following information on board candidate requirements:

The campaign cycle for the Golden Rain Foundation (GRF) Board of Directors is underway. In 2023, GRF Board seats representing odd-numbered Mutuals are up for election.

1. The candidate cannot be convicted of a crime that would

either prevent GRF from purchasing fidelity bond coverage or terminate GRF's existing coverage, be current in the payment of carrying charges which does not include non-payment of collection charges, late charges, fines, fines rename assessments, costs levied by a third party, or if the member has (1) paid under protest per Civil Code Section 5658, (2) has entered into and is currently on a payment plan, or (3) if the member has not been provided the opportunity to engage in Internal Dispute Resolution (IDR). The candidate is a member of GRF for at least one year.

2. Candidates may self-nominate or be nominated by their GRF Nominating Committee or Board of Directors.

3. 50-1631-4 Application for Candidacy forms are available in the Stock Transfer Office on the bottom floor of the Administration Building. Candidates who are self-nominated must complete a 50-1631-4 Application for Candidacy before 4:30 p.m. on Friday, March 31.

4. Candidates who are nominated by their GRF Nominating Committee or Board of Directors will have their names submitted to Stock Transfer by the GRF Secretary. Upon receipt of any submitted names, the GRF Board Office will contact each candidate and arrange for them to confirm their candidacy by receiving and completing an "Application for Candidacy" and candidate instructions.

5. In accordance with 30-5025-3 GRF Election Procedures, each candidate shall submit a statement, or resume, of no more than 300 words, single sided, to the Stock Transfer Office. Statements shall be written in compliance with the election rules, e.g., contain the background, qualifications, and platform of the candidate, and shall not contain any disparaging or defamatory content. All statements are due before 4:30 p.m. on Friday, March 31.

6. Per Foundation by-laws, 30-5025-3 GRF Election Procedures, section 3.1.2. Candidates shall complete a 50-1632-4 Candidate Eligibility Disclaimer to set forth that they are qualified to serve on the GRF Board of Directors.

7. When turning in the 50-1631-4 Application for Candidacy, 50-1632-4 Candidate Eligibility Disclaimer, and statement, members must show GRFID. Candidates will receive a receipt when turning in their application materials.

8. To avoid any potential conflict of interest, no member of the GRF Board of Directors or his or her spouse may be employed by the Foundation. GRF Board Candidates must sign a 50-1632-4 Candidate Eligibility Disclaimer stating that they are eligible to serve as a Director and a member for one year.

9. Candidates who complete a timely 50-1632-4 Application for Candidacy (or are nominated by a GRF nominating committee or Board) will be listed on the Secret Mail-in Ballot. Ballot packets containing the Secret Mail-in Ballot, postage-paid envelopes, balloting instructions, and deadlines will be mailed to each household in odd-numbered Mutuals on Friday, May 5. The GRF By-Laws have no provisions for write-in candidates on the ballots or for nominations from the floor.

The GRF board looks forward to shareholders participation in the election process as shareholders will also be asked to vote on proposed changes to GRF bylaws.

For more information on being a candidate for the GRF Board, call 562-431-6586, ext. 346 for Stock Transfer, or ext. 303, for the Board of Directors Office.

## GRF BOARD

### Executive Session

Thursday, April 6, 1 p.m.  
Conference Room A

*This GRF meeting is closed to Shareholders/Members per Civil Code §4935.*

1. Call to Order
2. Roll Call
3. Approve Minutes
4. Legal
5. Contracts
6. Pending and/or Litigation Updates
7. Member Code of Conduct
8. Personnel
9. Adjournment

Agenda is subject to change.

### Comments at GRF Board Meetings

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers.

To address the GRF Board of Directors, submit a request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Attention: Executive Coordinator, no later than 4:30 p.m. on the Friday prior to the meeting. You may also drop off your question/comment at the Stock Transfer Office, Attention: Executive Coordinator, or email your question/comment to [grf-boardaction@lwsb.com](mailto:grf-boardaction@lwsb.com).

### GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

- Recreation Committee**  
Mon., April 3, 1 p.m.  
Conf. Rm B/virtual
- Information Technology Services Committee**  
Tue., April 4, 10 a.m.  
Conf. Rm A/virtual
- Physical Property Committee**  
Wed., April 5, 1 p.m.  
Conf. Rm B/virtual
- Board Executive Session**  
Thur., April 6, 1 p.m.  
Conf. Rm A
- Mutual Administration Committee**  
Mon., April 10, 1 p.m.  
Conf. Rm A/virtual
- Security Bus & Traffic Committee**  
Wed., April 12, 1 p.m.  
Conf. Rm A/virtual
- Communications Committee**  
Thur., April 13, 1 p.m.  
Conf. Rm A/virtual
- Architectural Design Review Committee**  
Fri., April 14, 1 p.m.  
Conf. Rm A/virtual

*A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.*

### Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

- Mutual 17**  
Tues., April 4, 1:30 p.m.  
Conf. Rm A/Zoom
- Presidents' Council**  
Thur., April 6, 9 a.m.  
Clubhouse 4/Zoom
- Mutual 9**  
Mon., April 10, 9 a.m.  
Conf. Rm A/Zoom
- Mutual 16**  
Tue., April 11, 1 p.m.  
Conf. Rm A/Zoom
- Mutual 4**  
Wed., April 12, 8:45 a.m. (9-9:30 a.m. open forum)  
Conf. Rm A/Zoom
- Mutual 12**  
Thur., April 13, 9 a.m.  
Conf. Rm A/Zoom

## Call for candidates for Mutual Boards 1 and 17

The candidate application period for the Mutual elections is almost complete. If interested or know someone who is interested in getting involved in the governing at the Mutual level, and live in Mutual 1 or 17 pick up an application at the Stock Transfer Office today.

The chart to the right lists important dates regarding each Mutual election. Mutuals are listed in order of annual meeting date. All shareholders are invited to attend their Mutual annual meeting and watch the vote count.

One of the best ways to sustain a thriving community like Leisure World is to volunteer to serve on the Mutual board. It is local governance at its best.

To run or for more information, call the election specialist at 562-431-6586, ext. 329. Check the 2023 election schedule for specific Mutual election dates.

Mutual	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins	Candidate Application Deadline	Ballots Mailed	Annual Shareholders Meeting
10	276	139	5	Jan. 26	Feb. 27	Apr. 13	May 16 10 a.m.
14	328	165	7	Jan. 27	Feb. 27	Apr. 18	May 18 10 a.m.
7	384	193	5	Jan. 27	Feb. 28	Apr. 19	May 19 10 a.m.
8	348	175	5	Feb. 1	Mar. 3	Apr. 20	May 22 10 a.m.
4	396	132	4	Feb. 8	Mar. 15	Apr. 24	May 24 10 a.m.
16	60	20	5	Feb. 8	Mar. 10	Apr. 24	May 24 2 p.m.
11	312	104	6	Feb. 9	Mar. 6	Apr. 25	May 25 10 a.m.
9	384	193	7	Feb. 3	Mar. 7	Apr. 26	May 26 10 a.m.
6	408	205	7	Feb. 10	Mar. 14	May 3	Jun. 2 10 a.m.
12	452	151	7	Feb. 23	Mar. 27	May 9	Jun. 8 10 a.m.
2	864	433	9	Feb. 17	Mar. 21	May 10	Jun. 9 10 a.m.
1	844	282	4	Feb. 27	Apr. 3	May 11	Jun. 12 10 a.m.
5	492	164	3	Feb. 13	Mar. 15	May 11	Jun. 13 10 a.m.
3	432	217	7	Feb. 24	Mar. 20	May 15	Jun. 14 10 a.m.
15	502	252	7	Feb. 24	Mar. 28	May 17	Jun. 16 10 a.m.
17	126	64	2	Mar. 14	Apr. 13	May 25	Jun. 27 10 a.m.
<b>Golden Rain Foundation</b> New directors installed at GRF Annual Meeting on June 13, 2 p.m. in clubhouse 4.				<b>Candidate Application Begins</b>	<b>Candidate Application Deadline</b>	<b>Ballots Mailed</b>	<b>Ballot Counting Meeting</b>
Odd Numbered Mutuals				Feb. 15	Mar. 31	May 5	Jun. 6 10 a.m.

### Election questions?

Call 562-431-6586, ext. 346.

# Puzzles & Comics

Answers on page 19

## Gasoline Alley

By Jim Scancarelli



## Broom-Hilda

By Russell Myers



## Middletons

By Ralph Dunagin & Dana Summers



## Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

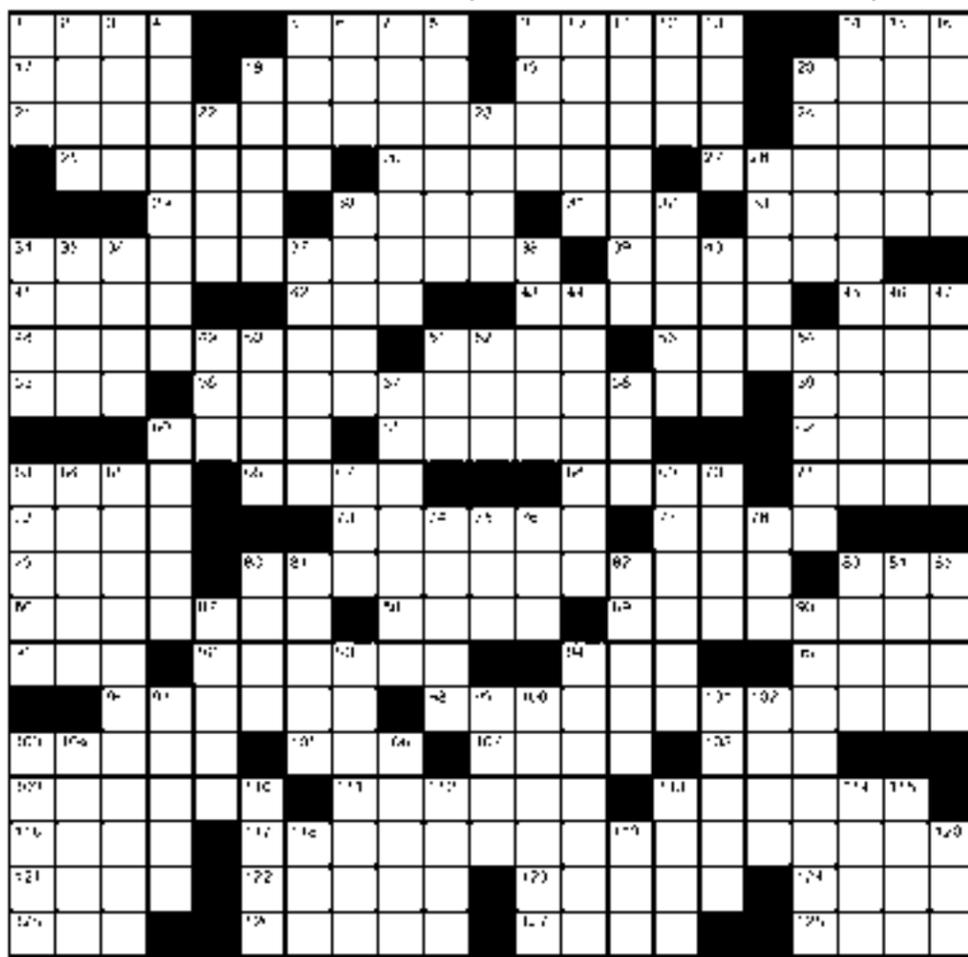
### "SOUND BITES" BY PAM AMICK KLAWITTER

#### ACROSS

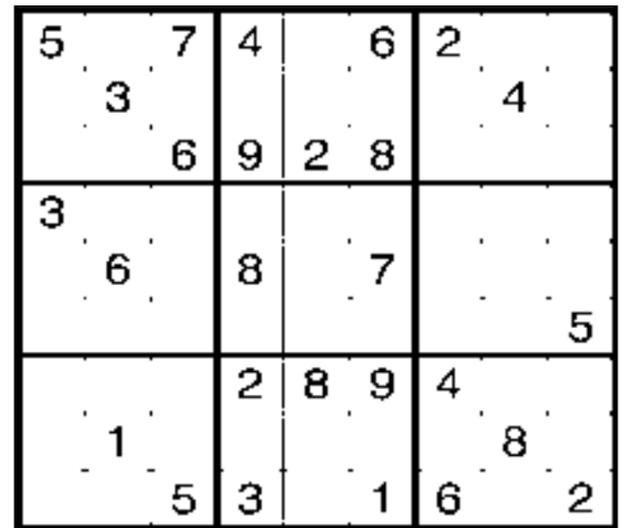
- 1 Go against
- 5 Fictive
- 8 Meskime can pyramid builders
- 14 Copy room
- 17 Helix Islands Great Lake
- 18 Same here
- 19 When the moon hits your eye, being
- 20 Duh-bumh
- 21 Traveling puppet show featuring talking monkeys?
- 24 Sign of aging
- 25 Add zest to it
- 28 Skippy school
- 29 One of 15 in Exodus
- 29 Cig with an elephant mascot
- 30 German poet
- 31 Squid
- 32 Mouth deity
- 34 Collier vessel with a brass handle?
- 35 "Scall"
- 41 H.E. Murray pen name
- 42 The real city
- 42 "Anchors Navy light song (Coke's TV brand)
- 48 Mar of La Mancha
- 51 Mystery water Nevada
- 52 Ties, authoritatively in a subtle way
- 52 Chinese zodiac animal before the Ox
- 54 "Yes never call it like you see it" (Lynch)
- 55 Hingle
- 60 D-Day fleet
- 61 Caro oeuvre
- 62 Taj Mahal city
- 63 Remate (what place?)
- 66 Play attention to
- 68 Colorado (what insect?)
- 71 Matthew of HBO's "Pony Man"
- 72 Male deer
- 73 Mexican (what sauce?)
- 77 Bourbon
- 78 "Alight already"
- 80 Result of an orchard's promotional deal with a bakery?

#### DOWN

- 1 Former Ford
- 5 Usher Bernier
- 86 Website known for feminist cultural criticism
- 88 Microwave unit
- 89 Compliment in a specific tone
- 92 United
- 97 Not on edge
- 94 Scouring pad brand
- 95 Goals up
- 96 "Crest cards only"
- 96 Lobster soup that's a little spicy?
- 103 increase
- 105 One of the lam
- 107 Scouring agent
- 108 Fish-tube
- 109 Sign something
- 111 Tea-house that
- 113 Paper mache party item
- 116 Labyrinth
- 117 Hole for holding toppings for french toast?
- 121 Same shape
- 122 Bath-tubing
- 123 Yuppit
- 123 Shined stone
- 124 Objectives
- 125 Obj. of identity
- 126 Computer-making
- 127 Russian
- 128 ol yore
- 129 Abstract an
- 130 porner Justin
- 131 Look slowly
- 132 Unconventional food for bread making?
- 15 Follow happily
- 16 "takes down"
- 18 Sleeping spot
- 20 Local of The
- 21 Lactifer
- 22 Born in on
- 23 Grounds crew
- 28 Wood-shaping tool
- 30 Metal cleat?
- 32 Pastoral sound
- 34 Lord War in a is
- 35 California wine valley
- 36 37 card game
- 37 Cherry red
- 38 Some Great poems
- 40 "A Death in the Family" Pulitzer winner James
- 44 Scouring
- 46 Last name of NBA brothers Steph and Scott
- 47 Map collection
- 49 Bounteous state?
- 50 Walter Ahe
- 51 Place to retire
- 57 Backpack card
- 54 Some 1960s Chrysler
- 57 Called "Shequar" say
- 58 Corp leader
- 60 Potato pancake
- 62 Mung bean for adolescent girl
- 64 Like some the primary
- 65 Box of donuts kept on on?
- 67 de coigne
- 68 Novelist Ernest
- 70 "in" competing
- 74 Take turns?
- 75 Vegeta of Fish
- 76 sauce
- 78 Not brief
- 80 Greek salad topper
- 81 Like nor quality mouth: traditionally
- 82 Put
- 83 Has been
- 84 Nautil tone
- 85 CNBC type
- 87 Club named on
- 90 Zipped again
- 93 Sash in fish
- 94 Larry's pal on "I Love 5"
- 95 Shake
- 97 Native
- 98 Nebraska
- 99 Pennsylvania
- 100 "No man"
- 101 Wade party
- 102 Sign of "La Brea"
- 103 Capstones
- 104 Synthetic
- 106 Nightie fabric
- 110 Zipped
- 112 Association
- 113 Summe of two
- 114 Brush in the man's
- 114 "Queen Sugar" actress (what food?)
- 115 Comedian Richter
- 116 Mike (what?)
- 119 OPEC member
- 120 Ice producer



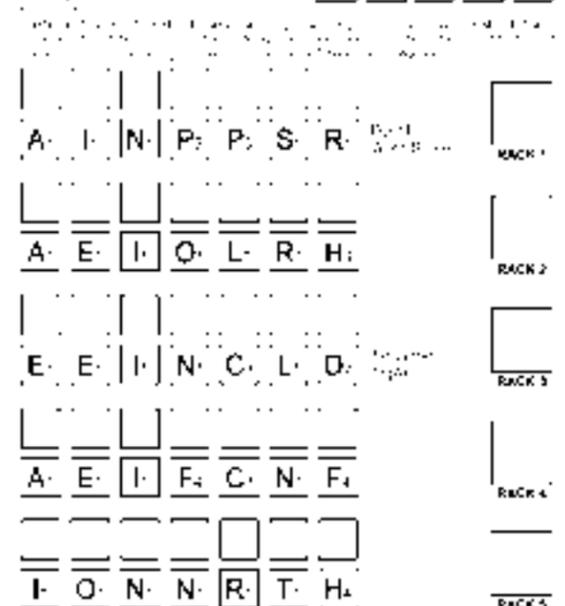
## Sudoku 1



## 9 To 5 By Harley Schwadron

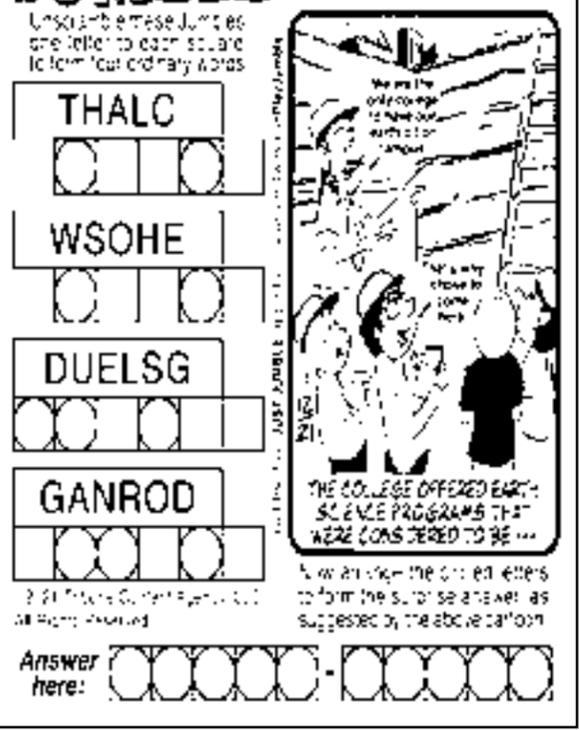


## SCRABBLE GRAMS



## JUMBLE

THAT SCRAMBLED WORD GAME  
By David L. Hoyt and Jeff Knurek





# SPORTS & GAMES

## Men's Golf League

### Friday Golf

On March 17, 14 golfers challenged the 5,800-yard, par 70 Riverview Golf Course in Santa Ana. Due to the severe rains, the riverbed that runs through the middle of the course (normally water-free) was flooded and flowing quite fast. Since it was impossible to cross the riverbed to get to the back nine, the course morphed into a par 60, 4,000-yard course by playing the front nine twice and by using different tee boxes on several holes as well as turning one par 4 and one par 5 into two par 3's and two par 4's.

The grounds were wet, plus the day was cool, overcast, and misty. The greens remain in great condition and overall, play was shortened but not dramatically affected.

Sam Choi and Fujio Norihiro tied for fewest putts in the "A" flight, and Ron Jackson had the fewest for the "B" flight. Bill McKusky was closest to the pin on the par 3 second hole, and Sam was closest on the par 3 ninth hole. Three birdies were carded by McKusky, two birdies were shot by Sam, and Elicc Vaden had one. A special competition was held where a

greenie on either the difficult par 3 third or seventh holes were rewarded. Only Ron met the challenge.

### Winners:

**A Flight:** First place: Choi, a terrific 8 under 51; second: Norihiro, a well-played 4 under 56; third: Gary Stivers, a nice 3 under 57; fourth: a tie between Chris Lankford and Jim Goltra, a solid 2 under 58; fifth: a tie between Clay Fischer and Dave LaCascia, a sweet even par 60.

**B Flight:** First place: Vaden, an excellent 10 under 50; second: Bob Munn, a terrific 9 under 51; third: a tie between McKusky and Tom Ross, a sweet 8 under 52; fourth: Gene Vesely, a very fine 7 under 53; fifth: a tie between Jackson and Lowell Goltra, a good 3 under 57.

### Monday Golf

On March 20, six hardy golfers and a guest confronted the 5,600-yard, par 70 Meadowlark Golf Course in Huntington Beach. It was a cold, misty, overcast round. Due to the early morning rains and after the storms from previous weeks, the course was already extremely wet and "cart path only" rules applied.

### Winners:

Gary Stivers had a banner day with first place at 3 under 67, three birdies, was closest to the pins on the par 3 seventh and sixteenth holes, and had fewest putts. Bill McKusky was second at a really good 1 under 69. Larry Hillhouse came in third at a nice even par 70. Sam Choi, Clay Fischer, Elicc Vaden (with a birdie) and Bill Zurn tied for fourth.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter.

Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight.

Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. If interested, contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia



The O'Connell's, Mick and Annette of Mutual 2, along with Jack O'Brien, hosted the Shuffleboard Club's St. Patty's Celebration in fine Irish style on March 16.

## Players will compete in Ham Shoot

The Shuffleboard Club will sponsor its fun-filled "Ham Shoot"—a game of luck where each lane is assigned an obstacle and each player shoots the lane only once before moving to the next lane. A series of three turns around the six courts leads to a cumulative score. The Ham Shoot will be open to club members and guests on April 4, at 5 p.m. at the Courts Building behind Clubhouse 1. For more information, call or text Kay Mount at 775-527-0426.

The March newcomer training sessions led to four new players for the Shuffleboard Club: Tom Gerrity and Mark Scott have already joined the spring league with Peggy Lynch and Barbara Gardner looking for the next available slots for additional club opportunities.

The Tuesday evening league played its first spring league, even with all the rain during the day and night, on March 21. Barb Ponegalek and Elizabeth Martinez are playing in their first league competition even though both joined the Shuffleboard Club last summer.

The 12 games were evenly split by the two competing teams: the Night Shufflers, captained by Karen Mendon, and the Hot Shots, captained by Jack O'Brien.

Both teams had two all-game winners: Karen Mendon and Helene Neun earned the honors for the Night Shufflers while Roger Bennett and Patty Peterson won the honors for the Hot Shots.

The Friday morning league played on March 24, with the Smashers, captained by Millie Larsen, and the Hot Rods, with substitute captain John Mount, evenly splitting the games with each team winning six.

The all-game winner for the Smashers was Dolores Cook and the all-game winner for the Hot Rods was John Mount.

In the second competition, the Bumpers, captained by Sally Fowler, topped the Shooters, captained by Carol Johnson, winning eight of 12 games. All-game winners for the Bumpers were Mick O'Connell, Loretta Brown and new member Tom Gerrity. Jack O'Brien was the All-Game Winner for the Shooters.

—Kay Mount

## POOL CLUB

### League standings tighten; violation costs a win

On March 20, league standings tightened as last place team the Renegades beat first place team PJJ 9-4. Ren Villeneuve, the "A" player on the Renegades, led his team with a perfect seven for seven night. Teammate Susan Dotson had her best night with five wins.

In the Money won 7-6 over the Rail Runners to go into first place by two games. Eunis Wildfire! Christensen won both of her singles matches for In the Money. An excessive coaching violation possibly cost In the Money one game.

Members are only allowed to coach a player twice in one game. If that person is coached a third time, it costs the offend-

ing team their shot and gives their opponents ball-in hand. The Rail Runners proceeded to win the game after the violation.

Right on Cue won its match against the Cue Crew by an 8-5 score. Tom Zimmerman and Frank Sablan led Right on Cue with five wins each.

The big match on March 24 was between the first place Ruffians and the Favorites, who were tied for second with Triple Threat. The Ruffians started out strong, winning the first two games, but the Favorites won seven of the next ten games.

The Ruffians won the final eight ball game, where they got ball-hand on an eight ball scratch and made the seven

and eight.

If members scratch the cue ball while shooting the eight, it isn't lost of game unless the eight goes in. Dave Mackinder led the 7-6 win for the Favorites with five wins, including both his singles matches. The Ruffians lead the Favorites by two games.

Bank It won big over Triple Threat 10-3. Tommy Flaviano, Paul Shellenberger and Zelma Berkenkamp all had five wins for Bank It.

Milly's Boys beat U3 8-5. Milly Larsen of Milly's Boys won five games. Everyone on both teams split their singles matches, but Milly's Boy's won five out of six doubles matches.

—Dave Silva

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Seasonal Fruit	Pastry	Seasonal Fruit	Mixed Berries	Seasonal Fruit
<b>DINNER</b>				
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Cake	Seasonal Fruit	Cookies	Seasonal Fruit	Pastry

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To ensure high quality, some items may be substituted.

## BOCCE BALL CLUB

### Finals and pizza party on April 1

The Bocce Ball Club finals and pizza party are Saturday, April 1, at 11 a.m. People should come early and get their name tags with a ticket to win a special prize. People should also bring chairs and desserts.

The party costs \$5 and those who haven't paid should call club Treasurer Milly Larsen at 562-537-9053. Members expect to enjoy some great games between the top players from Tuesday, Thursday, Saturday and Sunday. The teams are composed of two players and have been competing for seven weeks, with 14 teams each day.

The winners so far are Harshad and Chandra Patel from Tuesday, Randi Allen and Leah Lambros from Thursday, and Connie Adkins and Paul Shellenberger from Saturday. Sunday's winner will be decided soon.

The club invites all bocce players to cheer on the winners of their league.



# New Amenities Questionnaire

Recreation Department

Thank you for participating in our survey. Your feedback is important. In planning for our community's future, we'd like your opinion on potential new amenities. The questionnaire only takes a few minutes to complete. Please answer as completely as possible.

### 1. Who is taking this questionnaire?

Name: \_\_\_\_\_

Mutual Number: \_\_\_\_\_

Unit Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### 2. What type of authorized resident are you? Choose the one that best applies.

- Shareholder/Owner
- Co-Occupant
- Renter

### 3. Which of the following items appeal to you? In-depth questions will follow for each of these categories. Check all that apply.

- Additional food service options
- A salon/spa
- Onsite retail business
- Onsite grocery store

### 4. Name any onsite services you would like to see. Some suggestions are: full service car wash, dog grooming, estate planning, but add your own ideas:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### DOWNTOWN CAFE EXPANSION

The Cafe in Building 5 currently offers a few tables and vending machines. What would you think of expanding this amenity? Tell us by answering the questions below.

### 5. How frequently do you use this type of amenity?

- Multiple/Many times a week
- A few times a week
- Once a week
- Less than once a week
- Never

### 6. If the cafe were expanded, what other services would you like to see?

- More food choices in vending machines
- Space for games
- An actual sit-down cafe that serves breakfast and lunch in addition to the vending machines
- I am not in favor of expanding the cafe
- I would only support expanding the Cafe if it does not raise my assessment

### FULL-SERVICE RESTAURANT

An amenity that has been discussed previously is the addition of a sit-down restaurant. This is your chance to weigh in on this option. Please be aware that alcohol sales would be excluded.

### 7. Would you support a sit-down restaurant? Check all that apply.

- Breakfast
- Lunch
- Dinner

### 8. Which of the following options would appear to you? Check all that apply.

- I would prefer simple, basic meal choices that are economical for seniors.
- I'd like a more upscale restaurant with different ethnic choices.
- I'd like a restaurant open from 7 a.m. to 10 p.m. like our clubhouses.
- I would only support a restaurant that does not raise my assessment.

### 9. If additional vending machine locations were an option, where would you like to see them?

- Clubhouse 1
  - Mission Park, near the multipurpose courts
  - Aquatic Center/Golf Course area
  - Clubhouse 6
  - None of the above
  - Other (please specify)
- \_\_\_\_\_
- \_\_\_\_\_

### AN ONSITE SALON SPA

A salon/spa has been suggested as an amenity that would benefit our community. Here's your chance to let us know what you think.

### 10. Would you use an onsite beauty salon/spa?

- Very likely
- Likely
- Neither likely nor unlikely
- Unlikely
- Very unlikely

### 11. How frequently, if ever, do you go to a SALON to have a NON-HAIRCUT service done? Please select one.

- More than once a month
- Once a month
- Once every two months
- Once every 3 months
- Once every 4 to 5 months
- Once every 6 months
- Once every 7 to 11 months
- Once a year or less
- Never

### 12. If our new service were available today, how likely would you be to use it instead of competing services available from other salons?

- Extremely likely
- Very likely
- Somewhat likely
- Not so likely
- Not at all likely

### 13. What other services would you like to see the salon offer?

- Manicurist Services
- Aesthetic Series (hair removal, facials, makeup)
- Massage Therapy

### 14. What other services would you like to see available from the salon/space not mentioned above?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### 15. If you responded positively to question 1, which of the following do you agree with?

- I would only welcome a salon if it doesn't raise my assessment.
- I like the idea of a salon if it does not replace an existing amenity.
- The convenience of an onsite salon outweighs any other concerns.

### AN ONSITE GROCERY STORE

A grocery store has been suggested as an amenity that would benefit our community. Here's your chance to let us know what you think.

### 16. An onsite grocery store has been suggested in the past. If GRF could locate a vendor willing to offer this amenity, would you support it? NOTE: Alcohol would not be sold.

- I would support a full-service mini market-type store.
  - I would support a smaller option that just stocks staples.
  - I am willing to give up an existing amenity for the convenience.
  - I would only support a grocery store if it will not raise my assessment.
  - Other (please specify)
- \_\_\_\_\_
- \_\_\_\_\_

### POP UP BUSINESS

Having onsite vendors for the convenience and that produce revenue to keep assessments down may be considered as an option. Tell us what you think.

### 17. What type of retail business would you like to see in LWSB? Check all that apply.

- Health insurance agents
  - Food trucks or fast food pop-up
  - Vacation and travel planning
  - Budget and investment counseling
  - Other (please specify)
- \_\_\_\_\_
- \_\_\_\_\_

- None of the above.

### 18. In order to have a downtown cafe, full-service restaurant, salon/spa, pop up business/grocery, repurposing of an existing space may be necessary. Which area(s) are you willing to see used for the convenience of having these businesses or other businesses? Check all that apply.

- RV Lot
  - 1.8 Acre site
  - Available clubhouse space
  - I would not support repurposing of our current amenities to have these businesses.
  - Other (please specify)
- \_\_\_\_\_
- \_\_\_\_\_

### 19. What other service or amenity would you like GRF to consider?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

TEAR OUT THIS SHEET AND BRING IT TO THE RECREATION OFFICE IN BUILDING 5 BY FRIDAY, APRIL 14 TO HAVE YOUR OPINION CONSIDERED ON THIS IMPORTANT ISSUE.



# RELIGION

## Faith Christian Assembly

Spring is in the air, and Resurrection Sunday will come early this year on April 9. Faith Christian Assembly invites all LWers to join its morning celebration service at 10:30. The celebration starts a week earlier, on Sunday, April 2.

The Sunday before Easter is known as Palm Sunday. It is the commemoration of Jesus' triumphant entry into Jerusalem, where he was greeted by a large crowd of people waving palm branches. "So they took branches of palm trees and went out to meet him, crying out, 'Hosanna! Blessed is he who comes in the name of the Lord'"

John 12:13.

According to Easton's Bible Dictionary, the branches of the palm tree have a significant meaning. "Its branches are a symbol of victory (Revelation 7:9)."

The people wanted victory, and Jesus did come to bring victory, but not the kind they had in mind. On Palm Sunday, Christians acknowledge Jesus' victory (commemorated on Resurrection Sunday) in conquering death in order to provide salvation through himself.

This week in the Christian church is often referred to as "Holy Week," where the most

significant parts of Jesus' ministry on earth took place, starting with Palm Sunday on April 2 (with services at 10:30 a.m. and 5:30 p.m.), to Good Friday on April 7, with a one hour service at noon, which culminates in the celebration of the resurrection on April 9, with Easter service at 10:30 a.m.

As part of the holidays schedule, there will not be a Bible study on April 5 or an evening service April 9.

To receive a free monthly newsletter, or more information on the church, call 562-598-9010, email [contact@fcachurch.net](mailto:contact@fcachurch.net), or visit [www.fcachurch.net](http://www.fcachurch.net).

## Beit HaLev

Beit HaLev will hold its inaugural Online Passover Seder on Wednesday, April 5, at 4 p.m. The event is held early to accommodate the members of the community who are from the eastern part of the U.S. Rabbi-Cantor Galit-Shirah has created "Haggadah for the Heart," adapted from *JewBelong.com* and *Haggadot.com*. It will be shared on screen as all of the prayerbooks.

As a celebration of Shabbat HaGadol, Beit HaLev is implementing a Shabbaton on Saturday, April 1. The name "Shabbat HaGadol" is taken from the Haftarah reading of Malachi 3:23 in which HaShem promises to send the prophet Eliyahu before "the coming of 'the great fearful day of the Lord,' a foreshadowing of Eliyahu's role at the Passover Seder and as a harbinger of the coming of the messianic age.

Friday, March 31, Beit HaLev will hold its regular Shabbat Ma'ariv service at 5 p.m. Shabbat Shacharit services will be held on Saturday, April 1, at 10: a.m. Rabbi-Cantor Galit-Shirah invites all to a Mincha (afternoon) service at 3 p.m., which includes short Torah service and reading of "Sh'mini," Leviticus 9:1-16 followed by a Havdallah (separation) service at 4. This special Shabbaton will be conducted on the first Saturday of each month.

The Passover services are:

- Thursday, April 6, at 10 a.m., including the Full Hallel and the Prayer for Tal (Dew).
- Friday, April 7, at 10 a.m., including Full Hallel.

Beit HaLev LIVE! Interactive livestream services are on Zoom at <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUX15VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704, and the passcode is RavGalit. People can also view on Facebook at [www.facebook.com/galityomtov](http://www.facebook.com/galityomtov) or YouTube at [www.youtube.com/beithalev8816](http://www.youtube.com/beithalev8816).

This Shabbat is called Shabbat HaGadol: The Great Sabbath. It is the Sabbath that precedes Passover. The Triennial Cycle Torah reading is "Tzav" or "Issue a Command" from Leviticus 6:1-7:10. HaShem tells Moshe to command Aharon and his sons in the ritual of the different kinds of sacrifices, how the priests were to be dressed, prohibitions regarding fat and blood and the affirmation of the Sinaitic laws regarding sacrifices.

All Beit HaLev services, including Festival services, use special prayerbooks, "Lev I Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid. To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email [duets@icloud.com](mailto:duets@icloud.com).

Contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

## Congregation Sholom

Congregation Sholom will hold a potluck dinner prior to service on Friday, March 31, in Clubhouse 3, Room 9, at 5 p.m. A sign up sheet has been sent to members. The service, conducted by Rabbi Mike Mymon, will begin following the dinner at 6:30 p.m. and will also be available via Zoom. Rabbi Mymon will also lead the hybrid service on Saturday, April 1, in Clubhouse 3, Room 9, and via Zoom at 10 a.m. To receive a Zoom invitation, call or text Jeff Sacks at 714-642-0122.

This week's Torah portion is Tzav from the book of Leviticus. In Tzav (Command), God tells Moses about the sacrifices

offered in the Mishkan (Tabernacle), including a meal offering brought by the high priest, guilt offerings, and offerings of thanks. Moses initiates Aaron and Aaron's sons for priestly service in the Mishkan.

The Passover Seder, conducted by Rabbi Mymon, will be on April 5 at 5:30 p.m. in Clubhouse 3, Room 2. Catering will be by Blueberry Hill. People can choose between a mango chutney brisket, roast chicken, or a vegetarian matzo ball soup for dinner. Gefilte fish, salad, potatoes, dessert, Passover wine, and lemonade will also be served.

The cost for the dinner is \$36

per person for members and \$54 for non members. Friends and family are welcome to join.

People are asked to RSVP by Saturday, April 1. Mail checks in advance to Congregation Sholom P.O. Box 2901 Seal Beach, CA, 90740 or call Murray Pollack at 562-331-3949 for a reservation and to select their dinner choice.

Hybrid services will be held on Thursday, April 7, in Clubhouse 3, Room 9, and on Zoom at 10 a.m. with Rabbi Mymon.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

## LW Baptist

Passover and Holy Week starts on the same day as Palm Sunday. In Jesus' day, crowds flooded Jerusalem at this season. The temple that witnessed hundreds of thousands of sacrifices was the Lamb of God's destination when he made his royal entrance amid the acclaim of the multitudes.

The words of the ancient psalm set the scene for LW Baptist's worship service on Sunday, April 2, at 10 a.m. in Clubhouse 4: "Lift up your heads, you gates; lift them up, you ancient doors, that the King of glory may come in."

The Men's Bible Study group concludes its survey of Israel's

tragic hero Samson on Monday, April 3. The Energizers meet on Wednesday, April 5, at 3 p.m. in Clubhouse 3, Room 1, to pray for missionaries and local needs, based on the Bible promise, "God is our refuge and strength, a very present help in trouble."

To learn more about the church, call 562-430-8598.

**We would like our patients to meet our new associate Dr. Taylor J. Sant**

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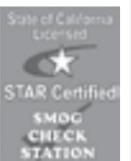
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## Redeemer Lutheran

A blessed Palm Sunday will be celebrated at Redeemer and St. Theodore's worship service on Sunday, April 2. With the church organ welcoming all, LWers are invited to join the community and share the word with Communion and hymns at 10:30 a.m. in the sanctuary, 13564 St. Andrews Drive, across from the administration building where ample parking is provided.

A Liturgy of Maundy Thursday will also be celebrated in Holy Week on Thursday, April 6 at 10:30 a.m.

Holy Week leads to the festive celebration of the Resurrection Easter Service on Sunday, April 9, at 10:30 a.m.

Those who want more information about the programs or the work of our church can call 562-598-8697.



## First Christian Church

This coming week First Christian Church will celebrate the death, burial and resurrection of the Lord and Savior Jesus Christ. All Leisure World residents are welcome to join in the celebration of the most Holy week of the year.

### Pastor's Message

This weekend, Christians around the world will celebrate what is known as Palm Sunday. It is when Jesus, having been throughout the land preaching, entered the city of Jerusalem. As he entered the great city the people aware of his coming spread palm branches in front of his path as a way of showing respect and honor. The crowds of people shouted "Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest heaven!"

Most in the crowds did not know that coming into the city would mean that he would be arrested, tried before a court and ultimately would be crucified on

the Cross in just a matter of days.

Why would Christians want to continue to celebrate the day the King of Kings entered into the city that would find him guilty of no crime, but sentence him to death anyway?

Believers and followers recognize that because of that death on the cross, the King of Kings would become the savior to any and all that believe and put all their trust in him. This Holy Week, Christians around the world commemorate that triumphant entry in recognition of the Savior that willingly died to save a world that was and is without hope.

### Weekend Services

Sunday services are held from 9:30-10:45 a.m. The service is traditional with hymnal music led by Janet Ray and Pat Kogok at the piano. This week, Don Sunday will sing a song fit for a King titled "Because He Lives."

Saturday services are more contemporary with Gregory Black leading worship with gui-

tar accompaniment. The service is held from 9:30-10:45 a.m.

### Midweek Studies

Melli Herrera leads the women's Bible study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Pastor Bruce Humes leads Friday's prayer and Bible study from 6-7 p.m.

### Scripture of the Week

"At the last supper when Jesus had taken some bread and given thanks, He broke it and gave it to them saying, 'This is My body which is given for you; do this in remembrance of me'" Luke 22:19.

### Contact

First Christian church is located on Northwood Road behind Carport 125. For more information, call 562-431-8810. The call will be returned at the earliest opportunity.

## Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton Street in Long Beach. Sacrament service is held every Sunday at 10:30 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

On Easter Sunday, April 9, there will be only the Sacrament service held at 10:30 a.m.

The reading source for this year is the New Testament. The reading assignment for the week of April 3-9th is Easter. One way to focus on the blessings of the savior's atonement this week is to spend time each day reading about the last week of Jesus's life. That reading would start Sunday, April 2, with Matthew 21:6-11 (the entry into Jerusalem). Matthew 21: 12-16 (Cleansing of the Temple) on Monday April, 3. Matthew 21-23 (Teaching in Jerusalem) on Tuesday, April 4 and Wednesday, April 5. Matthew 26 (The Passover) on Thursday, April 6. Matthew 27: 1-61 (The Trial, Crucifixion) on April 7. Matthew 27: 62-66 (Christ body lies in the tomb) on March 8, and Matthew 28:1-10 (the Resurrection) on April 9.

## Community Church

This Sunday, April 2, is Palm Sunday. It's a great time for people who have never been to church to come for the first time. It's not quite as busy as Easter—which is next week, but it's also a special event. Palm Sunday celebrates the triumphal entry of Jesus into the city of Jerusalem.

If people were to place themselves in the story in the scripture passage in Matthew's Gospel, they are the donkey that carries Jesus into the world. Now, there are different ways to carry Jesus and the history of the church has included many ways that were less than helpful, and Community Church will look at some of those ways even as it look at how it can bring the light and love of God into the community today.

The Bowl and a Roll Lenten Study on Wednesdays at 11 a.m. offers hot soup and a video look at the geography of the Holy Land through Max Lucado's new book "In the Footsteps of the Savior." No need to have attended the first session.

As always, the word Gospel means "good news" and those who are in need of some good news are welcome to join the service on Sundays at 9:50 a.m. in person or online on Zoom and on Facebook at @CommunityChurchLeisureWorld. People can contact the church office to receive the Zoom link.

Those who are in need without another way to address it can call the church office and leave a message at 562-431-2503.

## Buddha Circle

Buddha Circle will meet on Saturday, April 1, in Clubhouse 3, Room 1, with Venerable Kusala from 9:30-11 a.m.

Ven. Kusala is well known in the Buddhist community and presents Buddhism in a simple way. The group is interactive and those who attend are encouraged to ask questions.

Donations are welcome and will support Ven. Kusala in his teachings. For more information, call 714-468-6887.

Missing LW Weekly?  
call **562-430-0534** between  
**9-10 a.m. on Thursdays** to have one delivered.

## Assembly of God

**Service/Gathering Times:** Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The Hymn Sing is held on the fourth Sunday of the month at 6 p.m., in the Clubhouse 3 Lobby.

**This week's sermon:** As the church approaches the Easter season, many look to the scriptures and retrace the events that led up to Jesus's death and resurrection. John 12:12-16, describes the event known as Jesus's triumphal entry into Jerusalem, riding a young colt, the path before him spread with

people's clothing, the crowd shouting blessings and acclamation and waving palm branches.

Students of the Bible recognize that small details are important and are often symbols of a larger truth. Pastor Chuck Franco will examine the significance of the palm branch this Sunday, April 2.

**Bible Study:** The Bible study series "Jesus's Farewell Message," by Francis Chan, wraps up on Wednesday, April 5. This study has led students through a, intimate journey with Jesus in his last days with the disciples, emphasizing the truths he wanted them to remember and sustain

them after his ascension.

**Contact:** More information about the church can be found at [www.lwassemblyofgod.com](http://www.lwassemblyofgod.com).

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing [pastorchuck@lwassemblyofgod.com](mailto:pastorchuck@lwassemblyofgod.com). Carolyn van Aalst is also available to add to the prayer chain at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

## Leisure World Korean Community Church

Join Leisure World Korean Community Church (LWKCC), led by Rev. Dr. Yong Jang-Young in celebration of Passion Week.

The church will hold a series of special early morning meetings titled "Seven Words of the Cross" from April 3-8.

Pastor Hwang Noh will open the series on Monday, April 3, followed by Pastor Jangyoung Yong on April 4, Pastor Yeonsan Lee on April 5, Pastor Shin Hwan Kim on April 6, Pastor Gyusam Kim on April 7, and Senior Pastor Yong Jang-Young on April 8.

Easter morning assembly will be held on Easter Sunday, April 9, at 6 a.m. in the parish. Senior Pastor for Jangyoung Yong, India and Pastor Joo

Young Jang will open the service with prayer, the church choir will sing the Handel's "Hallelujah." Pastor Young Jin Heo, who is the senior pastor of O.C. Youngnak Church will preach the sermon, Jeong Kwon Jeong will recite a special praise, and Pastor Noh Hwang will close out the ceremony with a benediction. After the morning meeting, there will be breakfast in the fellowship room.

The Resurrection Sunday service will be held at 11:50 a.m. in the sanctuary, led by Senior Pastor Yong Jang-Young. He will deliver a message about the resurrection events, facts, and testimonies. The LWKCC choir will sing Handel's "Amen, the

Lamb that was Slain" under the direction of Music Pastor Kyu-Sam Kim. The men's choir will also sing a special performance. After the service, there will be Easter Thanksgiving dinner in the Fellowship Room.

LWKCC is located next to the South Gate in LW Community Church's sanctuary. It holds worship services every Sunday at 11:50 a.m.

The morning prayer meetings are held Tuesday-Saturday at 6 a.m. in the sanctuary. After the Sunday service and Saturday prayer meeting, the church spends time with our friends in the fellowship room.

For more information, call 714-323-0897.

## Holy Family Catholic Church

Holy Family Catholic Church will hold a rummage sale on Friday, April 21, and Saturday, April 22. People can bring their unwanted items to the Parish from March 17 through Thursday, April 20. Items may be brought to the side of the rectory Monday through

Friday from 9 a.m.-4 p.m.

Items accepted include collectibles, home decor, small appliances, kitchen accessories, women and men's accessories bedding, antiques, small furniture, health care items (walkers or wheelchairs) children toys or baby toys and games, holiday

decor, pet accessories, tools, craft items, sporting goods, bicycles and more. The church will not accept used clothing, books, paint or chemicals, large appliances, bulky furniture or mattresses.

For more information, call 562-430-8170.

# ARTS & LEISURE



Photo by Troy Palmer

John Palmer (l-r), Jackie Theis, Carmel Atkinson and John Atkinson.

## Saturday Bunco

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month.

The club met on March 25 in the Clubhouse 3 lobby.

The winners from the March 11 meeting were: an six-way tie for most buncos among Kathy Russell, Darlene Brideau, Marilyn Moody, Rose Marie Sprague, Mary Milhone and Gina McQuade.

Helen Sponsler and Karen Riner tied for most wins. Lori Auman had the most babies. Dolores Ruiz had the most losses. The door prize went to Shelley Middleton.



Photo by John Hlavac

Glenn Brazeal and Andreé G.

## LEISURE TIME DANCERS

### Swing and tango classes begin April 3

On April 3, Leisure Time Dancers start a new six-week series. Classes are every Monday in the dance studio, upstairs in Clubhouse 6. East Coast Swing will be from 2-3 p.m., tango from 3- 4 p.m. The class is friendly and meant for everyone, from never-danced-before beginners to advanced. No partners are necessary; singles and couples are enthusiastically welcomed. The classes are \$7 per person for one class, \$11 per person for two classes in a single day. For more information, contact Jackie at 310-743-9373.

## Pinochle

The Pinochle Club winners on March 11 were: Nita Dixon, first, 13,790; Joan Taylor, second, 11,830; Curt Rogers, third, 10,480; and Suzzane Tester, fourth, 9,900.

The winners on March 13 were: Don Kramer, first, 12,660; Ruth Bonemma, second, 10,860; Donna Gorman, third, 10,720; Suzzane Tester, fourth, 10,350.

On March 16, the winners were: Tony Dodero, first, 11,840; Curt Rogers, second, 11,690; Donna Gorman, third, 10,450; and Gayle Colden, fourth, 9,970.

On March 19, the winners were: Jim Kaspar, first, 11,530; Don Walton, second, 11,080; Marjorie Cady, third, 10,880; and Joan Taylor, fourth, 10,240.

### Mixers will host spring dance on April 4

The Dancers and Mixers Dance Club will have a dance on Tuesday, April 4, at Clubhouse 4 from 7-9 p.m. April 4 falls right between the start of spring and Easter, so people can take the opportunity to dance to both.

There is no admission charge, although donations are always welcome. Linda Herman will provide dance music. People can also bring and enjoy their favorite snacks and beverages. There will be a variety of music suitable for ballroom dancing, although as the club's name implies, there will be a mixer and always a few line dances. For more information, call 562-431-1257.

## ART LEAGUE RAFFLE WINNER



Photo by Larry Sioson

Kelly Frankiewicz (r) shows off the painting she won as raffle prize at the March 14 meeting of the LW Art League. The painting was donated by Joe A. Oakes (l), the guest demonstration artist and judge at the meeting. The LW Art League will meet on April 10.

## Saturday Morning Dance Class

Two dance classes are held every Saturday in Clubhouse 6, Section C, at 9 a.m. and 10 a.m.

In April, Candice Davis will teach West Coast Swing on Saturdays at 9 a.m. and Argentine Tango at 10 a.m.

New topics are voted on each month. Each class is \$7 per person. Partners are not needed. For more information, contact club President William Young at 408-858-3560.

—William Young

## Yahtzee Club

The Yahtzee Club meets on the first, third and fifth Fridays in Clubhouse 3, Room 6. Play begins at 1 p.m.

The club will meet on March 31. There will be a halftime social.

On March 17, the winner for most Yahtzees was Gail Levitt. The high score was Karen Riner.

The lowest score was Susie Ralston and the door prize winner was Pat Herman.

For more information about the club, contact Diane Seeger at 562-533-5997.



Photo by Lu DeSantis

Amy Walker brought a colorful soft-shoe jazzy dance to the Clubhouse 2 stage last Saturday night.

### Doo Wop dance declared a success

The Doo Wop Let the Good Times Roll Club thanks the wonderful LW community and guests who came out to join its dance party. From the opening act, guests were up on their feet dancing to Chubby Checker's "Twist Again," performed by Lu DeSantis, and the fun didn't end until the final duet was performed by Frank Destra with guest singer and KJ, Adam SoKool.

Sherie Vanek sang a heartfelt "It's Now or Never," and Carmen Edwards wowed everyone with "Our Day Will Come." Erica Greenwood delighted the audience with "Pick Me Up On Your Way Down" as Josie DelPino and Amy Walker joined her dancing on stage.

The auditorium was filled with pink tablecloths, lavender centerpieces and springtime greens. Guests found their way to the snack table for free refreshments, then joined others for a warm slow dance to Martha Destra's "Wonderful Tonight."

Another outstanding performance followed by Elvis impersonator Ric Dizon who charmed everyone with "Indescribably Blue." Ben Berg closed the show as only he knows how, with good old piano boogie tunes.

The next show is planned for May 20 with the theme "Summer Woodstock." Hippie wardrobe is in the plan for what's sure to be yet another great dance party at Clubhouse 2.

## WEEKEND DANCES

### Bands return to LW in April

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing swing and jazz standards. They will perform on Sunday, April 2, from 6-9 p.m. in Clubhouse 4 and again on the April 16.

Vinyl Rock will play on Saturday, April 8, at 7 p.m. in Clubhouse 4, The Orange County based band passionately performs classic rock, Motown, and pop tunes from the '60s, '70s and '80s. Vinyl Rock is sponsored by Cabaret Entertainers. Doors open at 6:30.

On Saturday, April 22, Abilene returns to Clubhouse 2 at 7 p.m. Abilene is Seal Beach Leisure World's No. 1 country rock band going strong for 20 years. Doors open at 6:30 and the music goes till 9.

Tickets are on sale for the GRF Mother's Day Eve Brunch at Clubhouse 4 on May 13. Call or stop by the Recreation Office soon to secure tickets. Contact [mayokab@lwsb.com](mailto:mayokab@lwsb.com) about remaining space. Single tickets are \$34 or groups of eight can buy a table for \$250. The event will feature harpist Peggy Skomal and a sumptuous brunch catered by Country Gardens. Moms of all ages and their families are welcome.

## Cribbage Club

Fifty-eight members were treated to delicious homemade cake and ice cream provided by Hoppy Hopkins with the help of Donna Gorman.

Margaret Smith assisted Donna in serving her wonderful, homemade creation for "Happy Cribbage Day."

Donna Gorman continued her winning ways by taking first-place honors with a score of 843. She shared first with Jack Hawn who also scored 843. Second place went to Joyce Basch with 841 while Mary Holder took third with 839. Fourth place when to Howard Bleakley with 837.

Several members won six of seven games without having a winning total. They were: Bea Lissow, Linda Evenson and Cleo Looney. Candy Meyers went without winning a single game. Mike Rosu was omitted from last week's list of prize winners when he lost all seven games.

Those who want to learn how to play cribbage, to brush up on the game or to learn more about the club should call and leave a message with Terry Thrift at 714-394-5885.

Dues for 2023 are \$5. See any of the officers at the check-in desk before play begins next Tuesday at 12:30 p.m. in Clubhouse 1 to make a payment. Refreshments are served at noon.

## Genealogy Club

The Leisure World Genealogy Workshop invites people to come join the club and let members help find stories and information about their ancestors. The club's library is located in Clubhouse 3 at the east end. It is open Monday through Thursday from 1-4 p.m. and Saturday and Sunday from 11 a.m.-2 p.m. For more information about what the club has to offer, or information about joining, email [lwgenealogy@gmail.com](mailto:lwgenealogy@gmail.com).

## Coin Club

The Coin Club will meet on April 12 in Clubhouse 3, Room 2, at 1:30 p.m. Members can participate in door prizes, refreshments, coin actions, coin raffles and group discussions regarding currency and coin. Refreshments will be provided.

LW residents can have coins evaluated at these meetings at no cost.

## GOOD NEWS SINGERS



Accompanist Ruth Bonnema (l) and director Janet Ray (r) are members of the Good News Singers, which is looking for new members. All that is required is a heart to sing with and a love for good people. The group sings all styles of music that lift up the "Good News." The group meets at 9 a.m. on Thursdays. For more information, contact director Janet Ray at 562-506-5894.

## RECREATION DEPARTMENT

### Amenity survey available on page 9

by **Kathy Thayer**  
Recreation Director

It's been called an adult Disneyland. What sets LWSB from just another HOA are the amenities it offers.

Looking toward the future, GRF wants your opinion on what new amenities you would favor being added to what the GRF currently offers. Are more food services in our future? How about a full-service salon? What do you think about pop-up businesses offering services targeted to our residents?

Today, the LW Weekly is offering a printed survey for those who can't submit a digital one online (see page 9). Those who haven't submitted the online version should complete this one and return it to the Recreation Office in Building 5 or the Library prior to Friday, April 14.

Residents will continue to have the opportunity to weigh in on these and other ideas by filling out the New Amenities

Questionnaire on [www.lwsb.com](http://www.lwsb.com) until April 14, extended from the original March 31 deadline. Just go to the website and a popup will invite you to participate.

It is critical that as many residents as possible voice their opinions as this data will help formulate GRF's plans for Leisure World's future.

We think it is worth five minutes of your time to let our decision-makers know what direction the majority wants for our little slice of heaven. Please do it today. Hundreds of your neighbors already have.

Since the manually-completed forms will require extensive staff time to input, the results are anticipated to be fully tabulated and available later in May.

To date, the response has been overwhelming and we are grateful to all of those who have participated. For further information, contact [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

**See page 9 for the survey.**



Rachel Howzell Hall



Nichola Harrison



Kaira Rouda



Naomi Hirahara

## LIBRARY EVENTS

### Authorspeak is back

by **Taylor Greene**  
LW Library

The LW Library is excited to announce the upcoming slate of authors who will visit Leisure World to speak with interested readers. From May to September, the library will host an author each month just outside the library at Veterans Plaza.

First up on Friday, May 5, New York Times bestselling mystery author Naomi Hirahara will discuss her latest works, including her upcoming historical mystery book "Evergreen," the sequel to her hit book "Clark and Division" set in 1940s Chicago.

On Friday, June 2, veteran, artist, and memoirist Robert Richert will take people through his time in the Vietnam War as a drafted civilian and through struggles both mental and physical that he endured while in Vietnam, as well as his healing process in the years afterwards with his book "Open Wound."

On Friday, July 14, USA Today bestselling thriller author Kaira Rouda will talk about her career as an author and her upcoming book, "Beneath the Surface," which follows two sons and their families as they try to curry favor with their billionaire father who invited them to

spend a week on Catalina Island.

On Friday, Aug. 11, author of "Montauk" and "The Show Girl" Nicola Harrison will discuss her new historical fiction novel, "Hotel Laguna." The novel follows trailblazer Hazel Francis, from the factories of World War II to the sun-splashed beaches of Southern California, on a daring journey to demand more for herself.

Finally, on Friday, Sept. 8, New York Times bestselling mystery thriller author and James Patterson collaborator, Rachel Howzell Hall, will speak about her experience writing books that keep people guessing until the very end, including her recent titles "These Toxic Things" and "We Lie Here."

A selection of books from each author are available to borrow from the library for people who would like to read them before the upcoming visits.

All events will take place at Veterans Plaza and run from 11 a.m.-noon.

Following the author's presentation, there will be a short question-and-answer session, and then the author will be available to sign books.

Refreshments will also be provided to those in attendance, so people are encouraged to arrive early.

## GRF excursion tickets on sale now: LA Opera, Stars on Ice, Angels game

Tickets are now available online and at the Recreation office in Building 5 for the first trips of the season. All prices include transportation and gratuity. Sales have been brisk. Sign up for events as soon as possible.

The first excursion of the season will be Sunday, April 30, to see "Under the Skin" at the Long Beach International

City Theater. The show revolves around protagonist Lou needing a kidney. His estranged daughter Raina has one to spare, but does he deserve it? Tickets are \$61, including transportation.

On May 17 and June 1, the LA Opera will hold two evening performances of "Othello." Due to the special low pricing and limited seating, residents may

submit their names for a drawing and will be randomly chosen for either date. Tickets including transportation are \$34. The drawing will be held after April 14, which is the last day to get your name in.

Stars on Ice is on the agenda for May 20 at the Honda Center. The 2023 Stars on Ice tour will boast an international cast of

Olympic, World and National Champion skaters sure to entertain all ages. Tickets are \$45, all inclusive.

On June 9, the Angels will take on the Mariners. Tickets are now available at the Recreation Office or on [www.lwsb.com](http://www.lwsb.com) for \$65.

For further information, contact [mayokab@lwsb.com](mailto:mayokab@lwsb.com).

Send art and leisure stories to [emmad@lwsb.com](mailto:emmad@lwsb.com).



Susan Kelleghan

## Community Karaoke

It's double the fun and the challenge when karaoke singers harmonize their voices. Susan Kelleghan is often invited to sing duets with others. The audience appreciated her "Blue Bayou" number on the night of March 22. Craig Wilson and Leslie Wickam blended smoothly singing "You and Tequila." Vito Villomar and Ellen Brannigan had fun with "One Day at a Time." Wayne Urban shook up the audience with "Livin' on Love." Nina Todorov had people smiling as she sang "Perhaps Perhaps Perhaps." Sally Glusser was animated singing "Love Portion No. 9." A new member, Marvin Rolnick, was at ease with "Love & Marriage." "I Saw the Light" is a 1970s soft rock tune nicely sung by Tony Tupas. Thirty karaoke members entertained the audience for a fast-paced, lively evening in Clubhouse 1.

Everyone is welcome to sing or just socialize each Wednesday evening beginning at 5:30.

—Margarie Thompson



Photo by Jojo Weingart

Hui O Hula dancers are looking forward to practicing with Hawaiian band Kapakahi. Its musicians are Larry Yamashiro (middle with ukulele), Pete Kahele (behind Larry), Ron Hom (left of Pete) and Carry Kumabe (with guitar). Kapakahi band and Hui O Hula dancers will be entertaining at GAF's 50th Anniversary on Saturday, April 22. The club wishes a happy April 2 birthday to dancer Roland "RoRo" Philips (at left). On April 22, Roland will tell a story in hula about the cowboys

from Ulupalakua, which is located at the slope of Haleakala Volcano. Happy reunion to Larry and his sister Amy Tanaka (middle with glasses) who is visiting from Honolulu. Anyone who is interested in auditing Kapakahi or joining the class is welcome in Clubhouse 6 on Tuesday, April 4 and April 11, at 1 p.m. The correct way to hula is without shoes. One may wear soft booties for the floor can be cold during the winter months.



Music Director Charla Gae and the Cabaret Singers will present "On Broadway" in Clubhouse 2 on Saturday, April 1. Doors open at 5:30 p.m. People can come with their favorite beverages and snacks to enjoy the show. Performers

Bette Fritz, Nina DeRosa, Charlie Guggino, Connie Ferran, Tony Burris, Linn Atkinson, Brian Tivnan, Maxine Chavez and Charla Gae are ready to impress. The show begins at 6:30 p.m.

## LWer ziplined in Puerto Vallarta, shares memories of the thrill

by Leila Claudio  
LW Contributor



Lee "Jack" Pfeifer

## Tournament Poker

The March 18 tournament was won by Lee "Jack" Pfeifer with three 3's. This is her tenth tournament win. Jack is a resident of Mutual 2 and has lived in LW for 12 years.

Second place was Ozzie Herrera and Glenn Evenson came in third. Tony Canfora dealt the final table.

High hand was (AAKK) held by Joyce Smith, second high hand was (99966) also held by Joyce Smith. The promo hand was 6-3 held by Donna Hernandez.

The club is looking for new players. For more information, call Carole Damoci at 562-405-4965.

Tournaments are the first three Saturdays of the month starting at noon. Those playing should arrive at least 30 minutes early.

On the last leg of our Panama Canal cruise, in Puerto Vallarta, my buddy Magda Bellis and I had signed up for a ziplining tour. Ziplining is something that I thought was interesting, but not something that I would deliberately do.

Here I am, 70 years old, not too many years left to try something extraordinary. In spite of my fear of heights, I said, "Let's do it!"

What the tour description didn't mention was that there was more than ziplining involved. The name of the company was Extreme Adventure, which should have given us a hint of what was to come. We started on the zipline, gentle and smooth. "Not bad, I can do this," I thought. Next came the roller coaster. It started out like the first one, but soon after, the line dropped about one story and did hair-raising turns with four more drops. I was so glad I didn't eat lunch, otherwise I would have to throw up. The rappelling came next. You jumped off the edge of a cliff until you reached the platform below. The jump was the scary part, but it slowed down before reaching the platform. The lady before me got panicked and hysterical and decided not to go on this part of the tour. Once started, we couldn't go back because our



Magda Bellis (second from right) and Leila Claudio (r) celebrate after ziplining.

bus would be waiting for us at the other end.

At this point, the guide talked to us about the next three consecutive tasks: the first one was climbing a rock wall covered in plastic with holes for climbing. When you reached the top of the wall, they had rigged two ziplines: one for your arms, the other for your legs. We had to shimmy our feet to get to the other side.

We tried not to lose our balance as the workers there couldn't help since people would be on a ravine. The third part had upright posts one and a half stories tall and about 2 feet apart. You had to balance or skip posts to get to the end. Needless to say, Magda and I decided to skip this part.

To get to the next adventure, we had the option of ziplining

there or walking. We chose the former. Now came "The Pendulum." You jumped off the edge and the line swung you from one side to the other in big arcs about five times. We then hiked up the mountain to get to the next ride which was called "The Superman." All of a sudden, we heard this bloodcurdling scream and a crashing sound, then nothing. We were told the photographer was delayed but they wouldn't tell us more. I found out when we got back on the ship that our youngest, most experienced adventurer had an accident. Apparently, the brakes on her zip line were defective. As the ride was ending, the brakes didn't take hold and she kept going, hitting a photographer who was taking her picture. The young lady injured her spine. She wore a brace but at least nothing

was broken. The photographer however, fractured her pelvis. I assume our photographer was late because he had to come from another site.

On to "The Superman," which entailed lying prone while the workers pushed you off the platform. You had to keep your legs straight and arms close to your side, lest a branch hit you and cause an injury. That ride was fantastic! I rode through tree tops and greenery whizzed by so fast, I wished I could have slowed down to enjoy the view.

The last ride was a water slide with steep turns. I was supposed to follow behind another lady when her hip hit the wall on a fast turn. She yelled and I changed my mind.

That was the trip. As you can read, we weren't that brave, but we had a hell of a ride!

# HEALTH & FITNESS



Joyful Line Dance is honored to support a fundraising concert benefiting Turkey and Syria earthquake survivors, held by the Korean American Association, on March 30 at 2 p.m. in Clubhouse 4. The club meets on Thursdays upstairs in Clubhouse 6 from 10:30 a.m.-12:30 p.m. No membership fees are required, but donations are welcome. For more information, text 562-301-5339.

## Keep Parkinson's at bay with jabs and crosses



Photo by Katya Lukina

Angela Forney and John Mercurio demonstrate the moves used in Rock Steady Boxing classes to fight off Parkinson's disease.



Photo by Katya Lukina

John and Kasha Mercurio, Huntington Beach Fight Club.

by Katya Lukina  
katyal@lwsb.com

Despite the rain, nearly two dozen residents came out to learn more about palliative care and Parkinson's disease Tues., March 21. Snacks and refreshments were provided by the BrightStar Care. Becky Kohl from BrightStar Care, Johnny Clay and Michelle Sullivan from Apex Homehealth Care Services, and John and Kasha Mercurio from the Huntington Beach Fight Club kicked off the beginning of the Parkinson's Support Group in Optum HealthCare Center.

The meetings will be held regularly on third Tuesday of the month at 2 p.m. in Optum HealthCare Center Conference Room. People can also attend on the second Tuesday of the month at 11 a.m. at the BrightStar Care Huntington Beach office located at 16052 Beach Blvd., Ste. 129. Kohl asked those interested in learning more about Parkinson's disease to email her the topics and guest speaker suggestions for future meetings at [becky.kohl@brightstarcare.com](mailto:becky.kohl@brightstarcare.com) or call 714-861-4101.

John Mercurio, the head coach and owner of the Huntington Beach Fight Club, a 501(c)(3) nonprofit organization, spoke of the benefits of boxing therapy for movement disorders and Rock Steady Boxing classes in particular. Rock Steady routines help older adults manage the symptoms of Parkinson's disease. The club is located at 15531 Computer Lane, Huntington Beach, just five miles away from Leisure World. People are welcome to come and take a first class for free, let their emotions out in a healthy way and connect with other Parkinson's community members. The club is open seven days a week and offers wide variety of classes for people of

**PARKINSON'S, page 16**



Fitness Fusion member Rita Tribble proves that even in late 80s age is just a number. Rita and her daughter Lori Moyer had fun at a Saturday morning class. The club meets every Tuesday upstairs in Clubhouse 6 at 10:30 a.m. and on Thursdays and Saturdays at 10:30 a.m. in Veterans Plaza. The classes are fun and incorporate 18 different exercises to motivating music. Free weights can be brought to Veterans Plaza classes for additional resistance. Everyone is welcome.

## Lunch Cafe - Meals on Wheels OC

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, Monday-Friday, starting at 11 a.m. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome, even if a contribution is not possible. Guests under 60 can enjoy lunch for \$5. Every contribution goes directly to help keep this vital program going.

Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% milk served daily. \*\* indicates sodium content over 1,000 mg. © indicates a special event or holiday and the menu may exceed 1,000 mg. of sodium. 🌱 indicates a meatless meal. Low Cholesterol, 0% trans-fat buttery spread served with bread and rolls. For more information, go to <https://www.mealsonwheelsoc.org/senior-services/senior-lunch/>

### Thursday, March 30

Turkey pot roast, turkey gravy, polenta with parmesan cheese, carrots, sugar free crackers, and a tropical fruit mix.

### Friday, March 31

Breaded baked fish with tartar sauce, quinoa pilaf, broccoli, Hawaiian roll with buttery spread (Promise), and ambrosia.

### Monday, April 3

Vietnamese chicken strips with lemongrass sauce, brown rice, Japanese vegetable blend, and a mandarin orange.

### Tuesday, April 4 ©

Tortilla soup with tortilla chips, chicken tinga taco, cilantro lime slaw, tortilla, and a tropical fruit mix.

### Wednesday, April 5

Turkey Shepherd's pie, peas and carrots, zucchini medley, whole wheat dinner roll with buttery spread (Promise), and a sugar free custard.

## Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

### Thursday, March 30

Oven-roasted turkey with sage gravy, cornbread stuffing, brussels sprouts, turkey, ham and cheese sandwich with lettuce, tomato and pickle, creamy coleslaw, and a banana.

### Friday, March 31

Chili relleno casserole, Spanish rice, pinto beans, apple crumb cake, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing, and crackers.

### Monday, April 3

Beef teriyaki, brown rice, oriental vegetables, applesauce with cinnamon, chicken salad sandwich with spinach and tomato, and a homemade macaroni salad.

### Tuesday, April 4

Oven-baked chicken leg and thigh, Au-gratin potatoes, broccoli, vanilla chocolate swirl pudding, Greek chicken salad with tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

### Wednesday, April 5

Stuffed bell peppers, garlic and chives mashed potatoes, green beans with pimentos, fresh pear, ham, turkey, and cheese sandwich with lettuce, tomato and pickle, and a creamy cucumber salad.

## Tips on telehealth appointments

Telemedicine became popular during the pandemic and projected to stick around long after people have gotten rid of their masks.

Many doctors have increased their telemedicine offerings, allowing patients to call in and discuss issues or symptoms over the phone. Telehealth appointments can be valuable for anyone, and people can take steps to ensure their telemedicine sessions with their physicians are as productive as possible.

- Write down questions prior to an appointment. This helps ensure nothing is forgotten in case of a distraction when calling from home.

- Keep a health diary. It can help patients point to symptoms or other persistent issues they've faced in the weeks or months prior to their telehealth appointment. People should note everything from the severity and frequency of symptoms to fluctuations in weight to any reactions to medications. No detail is too minor.

- Photograph any extraordinary symptoms. Physical examinations are vital components of preventive health regimens, which many people have delayed or skipped during the pandemic. Any unusual symptoms should be documented with photos and reported to a physician. Photographs can also ensure nothing is lost in translation during telehealth appointments.

Telemedicine will play a bigger role in health care in the years to come. Embracing strategies to make telehealth appointments more successful can help people adapt to the changing health care landscape.

—MetroCreativeConnection

## Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year.

For more information, call club president Tom Pontac at 562-304-0880.

## Wa-Rite

The Wa-Rite Club meets on Fridays in Clubhouse 3, Room 1. Weigh-ins are from 9-9:45 a.m. The meeting begins at 10. The annual fee is \$10. Everyone must present a GRF ID.



Need help?  
24-Hour Nurse:  
562-795-6216



The Zumba club celebrated the first day of Spring, March 20, with dance and a potluck dinner. The special event, "Dance from your Heart" a celebration of dance, also

commemorated the 12th anniversary of the club. The club meets on Wednesdays at 4:30 p.m. in the fitness center, Clubhouse 6, and Fridays at 8:30 a.m. in Veterans Plaza.

## SBTV Fitness

The following weekly exercise classes air 24/7 on SBTv-3 via TWC Spectrum CH3, Frontier Fios CH37 and on-line streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule).

### Sunday

5:30 a.m.: Feeling Fit (1 hr)  
6:30 a.m.: Silver Age Yoga (4.5 hrs)

### Monday

6:30 a.m.: Feeling Fit (1 hr)  
8:30 a.m.: Silver Age Yoga (4.5 hrs)  
Noon: Silver Age Yoga (2.5 hrs)

### Tuesday

7:30 a.m.: Feeling Fit (1 hr)  
11 a.m.: Yoga for All Ages (30 mins)

### Wednesday

5:30 a.m.: Yoga for All Ages (30 mins)  
6 a.m.: Feeling Fit (1 hr)  
7:30 a.m.: Silver Age Yoga (3.5 hrs)

### Thursday

6:30 a.m.: Silver Age Yoga (4.5 hrs)  
8:30 a.m.: Feeling Fit (1 hr)  
Noon: Feeling Fit (1 hr)

### Friday

6:30 a.m.: Silver Age Yoga (4.5 hrs)  
8:30 a.m.: Feeling Fit (1 hr)

### Saturday

6:30 a.m.: Silver Age Yoga (4.5 hrs)  
8:30 a.m.: Feeling Fit (1 hr)



LW Bike Club celebrated four birthdays this month and enjoyed Vietnamese/French food at Broderick's Restaurant in Garden Grove. The club meets on Sundays (with breakfast), Mondays, Wednesdays and Fridays at the North Gate a 9 a.m. Everyone must wear a bicycle helmet and safe shoes. For more information, call Mary Romero at 562-810-4266 or Lucy Czra at 818-209-5075.

## PARKINSON'S from page 15

ages and physical abilities. Mercurio added that movements in boxing, just like with Parkinson's disease, require good coordination, dynamic movements, and a brain body connection. Observational evidence shows that in addition to weight loss, improved strength and movement, some of the Parkinson's symptoms may regress with a regular physical activity.

Aside from serving the community with developmental, neurological, and mental limitations, the Huntington Beach Fight Club offers other exercises utilizing free weights, encouraging people to perform unfamiliar, complex movements.

Mercurio ended his presentation with a Q&A session and

**"The way to mitigate the fear of going to a boxing class is to join the community of people fighting the same fight as you are. It gives you the sense of solidarity and can be very inspiring."**

—Dave Forney, Mutual 2

a boxing demo with the club's longtime member and instructor assistant, Angela Forney. In 2022, Angela, who is also a certified personal trainer, and her husband, Dave Forney, from Mutual 2, volunteered with the club's enrollment expansion and have been loyal members ever since.

For more information on the Huntington Beach Fight Club, visit <https://hbfightclub.org> or call 714-487-2082, or email Kasha Mercurio at [kasha@hbfightclub.org](mailto:kasha@hbfightclub.org). People can

also follow it on Instagram: @hbfightclubinc.

Johnny Clay and Michelle Sullivan from Apex Homehealth Care Services spoke of the benefits of palliative care and the resources available to older adults that are covered by Medicare. Apex provides convenient and lower cost services including skilled nursing staff, certified home health aide, physical, occupational and speech therapy, nutritional guidance, medical equipment, medical social worker, and pharmacy

services. Clay highlighted a correlation between the Apex clients, boxing, and behavioral health, such as depression, that comes with Parkinson's disease. He noted that people with dementia and Parkinson's need to keep moving daily to preserve as much functionality as possible. New and repetitive movements used in boxing, dancing, playing ping pong or even singing can make living with Parkinson's disease easier.

Sullivan added that palliative care is one step before hospice, whereas people can still seek therapy and treatments that hospice won't cover. In a way, she referred to it as home health on steroids. Every case is managed by a nurse with documented visit and a mutual goal to keep people out of the hospitals.

# COMMUNITY



The American Legion Auxiliary had the co-founder and executive director of the Step Forward Academy, Ryan Wong and Fernando Arroyo, Veterans Outreach Director and author of "The Shadow of Death" as guests at its meeting. Step Forward Academy is a faith based, nonprofit organization helping veterans transition to civilian life. Club President Carolyn van Aalst (r) and Denese Anderson (l) presented a check for \$2,500 to support the group. For more information, go to [Stepforwardacademy.org](http://Stepforwardacademy.org). The Auxiliary meets every third Monday at 1 p.m. in Clubhouse 3.

## SUNSHINE CLUB DAY TRIP



The Sunshine Club's fully booked day trip to the Huntington Library in Pasadena will leave the Amphitheater parking lot on Thursday, April 6, at 9 a.m. People are asked to arrive no later than 8:30 to check in. Those who signed up for a trip must fill out a waiver, which can be picked up at the Sunshine Club's meeting Friday, March 31, at 10 a.m. People are asked to bring their cell phones and wear comfortable shoes on the trip. Sandwiches from Sprouts, snacks, and water will be provided by the club. For more information, contact Anna Derby at 562-301-5339.

## SUNSHINE CLUB

### Hear from the SBPD on March 31 in CH 3

Seal Beach Police Officer Jon Ainley will speak at the Sunshine Club on Friday, March 31, in Clubhouse 3, Room 2, at 10 a.m.

Ainley will speak to the club about popular financial scams and how to prevent them. He

will go over topics such as identity theft prevention and awareness, possession theft prevention and situational awareness, financial and physical elder abuse, caretaker theft and computer hacks and malware.

Ainley began his law en-

forcement career as a cadet with the City of Placentia in 2002. In 2005, he attended the Orange County Sheriff's Academy and was subsequently hired as a police officer in the City of Placentia. Ainley spent 11 years as

**SUNSHINE, page 23**

## GAF

### Battery recycling resumes April 4

The Golden Age Foundation (GAF) will resume its battery recycling on Tuesday, April 4, Tuesday in the Clubhouse 2 parking from 10 a.m.-noon. GRF ID is required

Approved batteries include alkaline, carbon zinc, nickel cadmium (NiCd), nickel metal-hydride (NiMH), lithium ion (Li-Ion), lithium metal, silver oxide, button cell batteries and all other dry cell batteries. Residents must place each lithium battery in a separate bag to meet recycling requirements. Note that this service is for Leisure World shareholders' personal household batteries only; no business batteries.

For more information, call Carl Kennedy at 661-810-9410.

## ROLLIN' THUNDER

### Join the Easter Parade April 8

The Rollin' Thunder Golf Cart Club will hold its annual Easter parade on Saturday, April 8, beginning at noon. The parade will be a long and raucous line of colorfully decorated golf carts that will follow a mile-long route along residential streets.

Line-up and last minute decorating will be at 11:30 a.m. The parade will begin and end at Clubhouse 6, with special treats for participants at the parade's conclusion. Contributions of baked goods will be accepted in Clubhouse 6 before the parade begins. Cart owners must enter the parade with fully-charged batteries or a full tank of gas.

For more information on this, and other Rollin' Thunder Club activities call club President Tom Davis at 702-204-5222.

## LW Birthdays

For months, my three daughters and I had been secretly scheming to organize an early surprise 70th birthday party for their dad and my sweet husband of 45 years, Bob Kabelitz of Mutual 5. It was a challenge because two of our three daughters live out of state and have children's school schedules plus jobs to coordinate. It finally all came together perfectly and on March 11, 22 family members gathered at Finbar's Italian Kitchen in Seal Beach for a delicious lunch and to laugh at Bob's shocked and surprised reaction. Afterward the group returned to our home for cake, coffee, presents and wonderful fellowship. We're so thankful for Bob, his love of God, great example through the years and fun loving personality. Happy birthday, Bob!

-Ellen Kabelitz



Bob Kabelitz and Ellen Kabelitz (center), with their daughters.



Patricia Bateman and her husband, Arnold, have been residents of Leisure world for the past 14 years Patricia retired from the Lakewood Sheriff's Station after 27 years of service, including during the pandemic. Patricia celebrated her 70th birthday on March 29 and says she has a lot to be thankful for. She enjoys her family, friends and meeting new people while walking around Leisure World. Happy 70th Birthday, Patricia!

### Celebrating a Birthday, Anniversary or Retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: [laurieb@lwsb.com](mailto:laurieb@lwsb.com) The deadline is the Thursday before the desired publication date.



Liz Rasmussen and Janet Lessin, officers of the Leisure World Genealogy workshop that is located in Clubhouse 3. The genealogy library is open to all residents every day from 1-4 p.m. with well organized unique resources. The group meets on the fourth Wednesday of the month at 10 a.m. in Clubhouse 3, Room 1 with coffee and pastries. Call 562-537-6948 for information.

# February Security Incident Report Democratic Club

by Mary Larson  
LW contributor

The following is the Security incident report for February. It has been edited for brevity and clarity.

## FIRE: 2

•Feb. 5, 4:18 p.m., Mutual 12  
A spark caused by an oven raised concern. Orange County Fire Authority arrived at the scene and did not discover fire, smoke, or damage in unit.

•Feb. 12, 6:07 a.m., Mutual 12  
A burning plastic smell caused concern. The OCFA arrived at the scene and did not discover fire, smoke, or damage in unit.

## THEFT: 15

•Feb. 1, 9:03 a.m., Mutual 15  
An unknown person removed plants from a resident's patio.

•Feb. 1, 3:15 p.m., Mutual 1  
A resident left a bicycle unlocked. The bike was missing when the resident returned five minutes later.

•Mutual 3, 8:40 p.m., Mutual 9  
A resident reported a missing golf cart, which was found undamaged the next day in another Mutual.

•Feb. 3, 3:23 a.m., Mutual 7  
An unknown person removed a bicycle from a resident's patio.

•Feb. 3, 9:27 a.m., Mutual 7  
A resident stated a caregiver took his clothing and other property. The reported items were being washed; all property was found.

•Feb. 5, 10:25 a.m., Mutual 1  
An unknown person removed propane gas cylinders from a carport.

•Feb. 6, 2:40 p.m., Mutual 9  
An unknown person removed an unlocked bicycle from a resident's porch.

•Feb. 8, 2:26 p.m., Mutual 9  
An unknown person removed a bicycle from the carport area.

•Feb. 12, 3:38 p.m., Mutual 5  
An unknown person removed a spare tire from the carport area.

•Feb. 13, 9:03 p.m., Mutual 11  
An unknown person removed property from a resident's outside storage area.

•Feb. 16, 3:50 p.m., Mutual 10  
An unknown person removed bicycle cover from bike and fled the scene.

•Feb. 17, 9:10 a.m., Mutual 11  
An unknown person removed lock on residents' storage cabinet – no property taken.

•Feb. 19, 10:19 a.m., Mutual 12  
An unknown person removed a lock on a resident's storage cabinet. No items were missing.

•Feb. 22, 6:07 p.m., Mutual 6  
An unknown person removed flowers from a resident's garden.

•Feb. 22, 10:34 a.m., Mutual 2  
An unknown person removed resident's car cover while out of town.

## VANDALISM: 2

•Feb. 1, 9:16 a.m., Mutual 15  
An unknown person broke a resident's bathroom window.

•Feb. 20, 9:47 a.m., Mutual 11

An unknown person left scratch marks on a resident's vehicle.

## PET COMPLAINTS: 1

•Feb. 18, 6:45 p.m., Mutual 1  
Ongoing complaint regarding a barking dog.

## TRAFFIC INCIDENTS: 7

•Feb. 2, 5:06 p.m., Golden Rain Road/St. Andrews Drive  
A vehicle struck another vehicle in the intersection. Drivers exchanged information.

•Feb. 8, 6:20 a.m., Mutual 12  
An unknown driver struck a parked vehicle and fled the scene.

•Feb. 9, 4:30 p.m., Thunderbird Road/Merion Way  
A moving vehicle struck a parked vehicle. No reported injuries.

•Feb. 14, 9:30 a.m., Mutual 15  
A construction vehicle struck a parked vehicle while reversing. The driver's information was obtained.

•Feb. 24, 9 a.m., Mutual 2  
A moving vehicle struck parked vehicle while reversing. The driver's information was obtained.

•Feb. 25, 6:25 p.m., Mutual 2  
A moving vehicle struck a parked vehicle. The driver's information was obtained.

•Feb. 28, 1:12 p.m., Del Monte Road/Sunningdale Lane  
A vehicle making a U-turn was struck by another moving vehicle. The drivers exchanged information.

## NOISE COMPLAINTS: 2

•Feb. 4, 3:37 a.m., Mutual 6  
A resident reported excessive TV noise from a neighboring unit.

•Feb. 28, 6:31 p.m., Mutual 4  
A resident complained of noise. No noise was detected at the scene.

## INJURIES: 8

•Feb. 1, 4:45 a.m., Mutual 12  
A resident fell while walking and was transported to the hospital.

•Feb. 4, 1:47 p.m., Mutual 14  
A resident fell while walking but did not need transportation to the hospital.

•Feb. 17, 12:21 p.m., Mutual 12  
A resident fell while walking and was taken to the hospital.

•Feb. 17, 12:33 p.m., Mutual 9  
A resident fell while walking but did not need transportation to the hospital.

•Feb. 22, 1:56 p.m., Mutual 2  
A resident fell out of a scooter but did not require transportation to the hospital.

•Feb. 22, 12:25 p.m., Mutual 4  
A resident fell while attempting to sit down and was taken to the hospital.

•Feb. 22, 8:51 a.m., Mutual 6  
A resident fell while walking; no transportation required.

•Feb. 27, 11:20 a.m., Mutual 1,  
A resident fell while walking; no transportation required.

•Feb. 28, 1:56 p.m., Mutual 7  
A resident fell while walking; no transportation required.

## LOST RESIDENTS: 5

•Feb. 3, 6:25 a.m., Mutual 17

A lost resident was found and escorted home safely/

•Feb. 6, 1:45 p.m., Mutual 5  
A lost resident was found and escorted home.

•Feb. 8, 7:48 p.m., Mutual 3  
A lost resident was escorted home.

•Feb. 9, 3:55 p.m., Mutual 3  
A lost resident was returned safely home.

•Feb. 20, 12:15 a.m., Mutual 14  
A lost resident in a wheelchair was escorted safely home.

•Feb. 22, 4:25 p.m., Mutual 1  
A lost resident was escorted safely home.

## OTHER INCIDENTS

•Feb. 5, 3:22 p.m., Mutual 7  
Two residents were involved in a dispute regarding alleged scratches made on a vehicle.

•Feb. 5, 12:28 p.m., Mutual 1  
Seal Beach Police were called to keep the peace during a family dispute. No arrests were made.

•Feb. 7, 11:50 a.m., Mutual 4  
Residents were involved in a dispute regarding the feeding of wildlife.

•Feb. 7, 2:45 p.m., Mutual 2  
A resident stated another resident was rude to him.

•Feb. 9, 11:26 p.m., Mutual 1  
A suspicious person was found sitting in parked car. Security verified the person was visiting a resident.

•Feb. 11, 12:40 p.m., Mutual 4  
Two residents argued over the use of a laundry room dryer.

•Feb. 13, 9:11 a.m., Mutual 1  
Residents argued over a walkway area.

•Feb. 15, 1 p.m., 2:25 p.m., Mutual 5  
Ongoing resident dispute regarding a resident's dog.

•Feb. 15, 5:10 p.m., Mutual 1  
Contractors were working overtime and ceased operations once advised of rules.

•Feb. 17, 11:37 a.m., Mutual 6  
A resident complained that the gardener cut his plants too low.

•Feb. 17, 2:50 p.m., Mutual 5  
Ongoing resident dispute regarding a variety of issues.

•Feb. 19, 3:52 p.m., Clubhouse 6  
A resident stated another resident physically assaulted her. A police report was taken.

•Feb. 21, 9:55 a.m., 5:45 p.m., Mutual 4  
Ongoing resident issue with neighbor coming to another resident's unit uninvited.

•Feb. 21, 10 p.m., Amphitheater Parking Lot  
Residents were involved in a verbal altercation regarding vehicle/pedestrian rules.

•Feb. 22, 7:23 p.m., Mutual 1  
A resident reported being frightened by person on a motor scooter.

•Feb. 22, 10:08 a.m., Mutual 9  
A resident stated they found a sliding glass door open upon return to unit. The residence was checked; no property was missing.

•Feb. 23, 6:21 p.m., Mutual 4  
Ongoing resident issue with neighbor coming to another resident's unit uninvited.

•Feb. 23, 11:25 a.m., Mutual 2  
A contractor was not per-

**SECURITY, page 23**

Despite the inclement weather, the Leisure World Democratic Club gathered on March 22 for its second installment in a series of monthly meetings leading up to the 2024 elections. The meeting began with a presentation by Los Alamitos Unified School District Board Trustee Scott Fayette.

Fayette represents the board's Area 4, which covers a portion of Leisure World. During the meeting, he covered a wide range of issues facing the Los Al School District.

He began and ended his presentation with a review of the tremendous cost to the district of previous efforts to recall him and other board members from office. He addressed topics such as:

- The immense size of the district.
- How the board relates to parental input.
- The over 1,000 district employees.
- The relationship of the district to charter schools.
- How the district relates to the Orange County Board of Education, as well as the Orange County Department of Education.
- How the board deals with hecklers who attempt to disrupt their meetings.

He made it clear that—with a \$120 million yearly budget and 9,000 students—the board operates much like a corporation, “The problems cannot be resolved by avoiding discussing them,” Fayette said.

Fayette spoke frankly about his concerns relating to harassment (including death threats) directed at school board members locally, as well as in other communities across the nation. He indicated that he had not yet decided whether to run for re-election in 2024.

The LW Democratic Club will continue to lay groundwork for the 2024 elections at its next meeting on April 26. Former Seal Beach City Council member Sandra Massa-Lavitt will be the featured speaker at the meeting. The club has asked Massa-Lavitt to help members separate facts from fiction. She will address a number

**DEMOCRATIC, page 23**

## OBITUARIES

### Richard Alan Austin 1946-2023

Richard was born on January 13th, 1946, and grew up in Redondo Beach. He was always a unique person; where most people rode two-wheeled bikes, Richard opted to ride a unicycle instead. He enjoyed rock music (especially the Rolling Stones), cruising Sunset Blvd., painting pelicans and eating Mexican food. He belonged to the Screen Actors Guild and often worked as a stand-in for Keith Caradine, as well as being an extra in CSI: New York.

He moved to Leisure World in October 2008 where his fun really started. He began to attend Enter Laughing classes (the perfect group for him) and started doing comedy stand-up; he had a deadpan sense of humor! He also loved singing karaoke and dancing, which is how he met Linda Allen in October 2009. They went to all of the dances and danced the night away every Saturday. On Sundays he enjoyed the car shows with his best friend Roy Robertson. Richard and Linda belonged to the Rollin' Thunder Golf Cart Club, and Richard also played dominoes and volleyball at the pool. The residents of Leisure World have fond memories the tall, thin man riding a unicycle with a smile on his face.

Most of all, he loved playing Hot Wheels with his grandson Nathan. Richard is survived by his partner Linda Allen, son-in-law Mike Allen, his wife, Regina, and their son Nathan, sisters



Charlene Williams and Audrey Austin, brother Jack Austin and his wife Nori, and his two pet cats Mick and Jagger. He will be missed.

—Paid Obituary

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### In Memoriam

Joan R. Dalley  
Mutual 1  
Age 86

...

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date.

Obituaries that are received later than Friday will go in the following week's issue.

Email obituary notices to [laurieb@lwsb.com](mailto:laurieb@lwsb.com) with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call (562) 430-0534, ext. 801, or email [laurieb@lwsb.com](mailto:laurieb@lwsb.com).



LW Woman's President Rose Sprague (center), Nancy Barber and Darlene Brideau with Anthony Bernasconi.

### Woman's Club

The past year for the Leisure World Women's Club has been productive. Between the club's fundraising event and generous gifts and donations from members and friends, the club can increase its contributions to many charities including the Leisure World Library, Precious Life, the Impaired Vision and Hearing Club, Interval House and other organizations that make life better for Leisure

World residents and those in need outside Leisure World.

The Woman's Club in Leisure World is a nonprofit, philanthropic organization with approximately 140 members. Meetings are held monthly, October through June, and include an outside professional entertainer followed by refreshments.

The club additionally hosts special events such as Bingo, fundraisers, special luncheons

and more scheduled throughout the year.

Women who are Leisure World residents are welcome to visit two meetings to see what the club is all about before becoming members. The club's annual dues are \$25.

To learn more information about the Leisure World Woman's Club, contact Kathy Russell at 949-293-7517.

—Beth Greeley

### SENIOR FOR PEACE CLUB

### Learn about preserving independence

The Seniors For Peace Club will meet on Thursday, April 7, at 2 p.m. in Clubhouse 3, Room 9. The theme for the meeting will be "Aging in Place."

Social workers from various social service agencies, including the Council on Aging, Pathways, the Alzheimer's Association and possibly others, will talk about the services their organizations can provide seniors. The services of all these organizations are available to all LW residents. Brenda Thomason of the GAF's Mobility Aids Service will be coordinating the program.

The thrust of the concept of Aging in Place is focused on the changing needs of seniors over time as they age and raising awareness of the many services available to help seniors stay in their own homes and thrive.

Aging is not to be feared when seniors have confidence in the support that is available to them. Many people are reluctant to reach out for help for fear it might cause some loss of independence, but the goal of social services is to preserve independence and privacy. No one in this community should be experiencing food scarcity, suffering through loss alone or feeling shame at asking for help. Often neighbors are the only ones who are aware that someone is in need of help but don't know how to access it or even how to talk to their neighbor about it. The aim of this program is to better inform all shareholders of the many options that are available. Light refreshments will be served.

All LW residents and their guests are invited to attend. For more information, call Pat Kruger at 562-357-4040.

See more Community stories on pages 20 and 23

## Puzzle Answers

Puzzle pages 6-7

SCRABBLE GRAMS SOLUTION									
P	A	R	S	N	I	P	RACK 1 =	72	
A	I	R	H	O	L	E	RACK 2 =	60	
D	E	C	L	I	N	E	RACK 3 =	64	
C	A	F	F	E	I	N	RACK 4 =	65	
T	I	N	H	O	R	N	RACK 5 =	60	
PAR SCORE 260-270								TOTAL 321	



### Crossword Answers

I	D	I	I	S	I	C	I	M	A	Y	A	S	U	E	N				
F	H	I	E	S	O	D	O	I	A	M	O	H	E	H	O	N	O		
C	A	N	T	A	L	O	U	P	E	T	R	O	U	P	E	R	U	S	T
S	L	A	S	O	N	T	R	U	A	N	T	P	L	A	G	U	E		
U	N	S	A	F	E	C	A	R	A	F	E	B	E	A	T	I			
S	A	K	I	F	F	S	A	W	E	I	G	H	R	C	A				
S	P	A	N	I	A	R	O	B	A	N	A	G	E	C	K	O	U	T	
R	A	T	G	U	C	H	E	L	I	C	H	E	C	U	R	L			
S	O	F	A	I	S	I	S	A	D	S	T	I	F	A	C	R	A		
H	A	R	T	A	D	S	A	L	F	O	N	I	S						
O	K	O	K	F	O	J	I	T	B	S	C	U	I	T	B	E	N		
W	I	Z	E	B	I	L	B	E	I	P	I	T	I	H	A	C	Y		
Q	N	F	A	T	F	A	S	F	S	O	S	F	R	S					
N	U	C	A	S	H	S	O	U	L	B	I	S	O	U					
A	D	T	O	S	R	O	L	I	T	R	O	F							
G	O	O	N	G	T	A	T	A	M	I	P	I	R	A	T	A			
M	A	Z	E	P	O	S	I	T	I	N	I	G	U	I	D	I	I	N	F
F	W	F	S	F	O	N	I	F	A	G	A	T	F	F	N	D	S		
S	S	N	D	L	A	N	S	N	Y	L	I	D	A	Y	S				

### Sudoku 1 Answers

5	9	7	4	3	6	2	1	8
8	3	2	7	1	5	9	4	6
1	4	6	9	2	8	5	3	7
3	5	8	6	4	2	1	7	9
9	6	1	8	5	7	3	2	4
7	2	4	1	9	3	8	6	5
6	7	3	2	8	9	4	5	1
2	1	9	5	6	4	7	8	3
4	8	5	3	7	1	6	9	2

**The Basic Rules of Sudoku:**  
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

### Jumble Answers

LATCH WHOSE SLUDGE DRAGON  
 The college offered Earth science programs that were considered to be — WORLD-CLASS

### Sudoku 2 Answers

8	6	1	5	7	4	3	2	9
2	3	5	6	1	9	4	7	8
7	9	4	8	3	2	6	5	1
9	4	7	3	2	8	1	6	5
1	8	3	7	5	6	9	4	2
6	5	2	4	9	1	7	8	3
3	7	8	1	4	5	2	9	6
5	1	9	2	6	7	8	3	4
4	2	6	9	8	3	5	1	7

*Guess Who?*  
 Reba McEntire

### Crypto Fun Answers

A. blooms B. flower C. warm D. rain

### Boggle BrainBusters Answers

CUBA CHAD LADS NEPAL JAPAN SPAIN CHERUS SWEDEN

### Word-Find Answers

S	T	K	L	U	F	O	H	B	W	H	U	W	C	N	O	O	Y	T	A
S	D	G	U	E	W	E	Y	D	B	F	M	H	N	D	O	D	U	C	E
Y	U	N	H	S	V	T	L	I	L	O	O	E	H	R	G	I	N	M	D
S	V	S	E	T	W	A	R	M	V	B	A	C	Y	G	E	S	N	Y	
E	E	V	B	I	U	B	R	G	A	T	B	A	E	U	P	G	T	Y	C
M	T	M	O	W	R	O	A	T	C	F	S	E	G	A	R	E	V	E	B
E	A	G	A	F	T	F	S	F	A	Y	W	M	I	C	N	L	L	G	G
S	R	I	T	S	C	V	P	S	T	S	U	U	R	R	L	L	D	S	R
T	B	R	F	I	P	G	S	W	I	A	M	O	I	W	H	O	A	E	H
E	E	G	W	R	U	R	C	F	O	H	W	D	I	M	Y	C	F	S	L
R	L	C	I	F	E	S	I	H	N	D	L	C	E	B	B	R	R	S	R
B	E	D	G	B	F	V	M	N	S	Y	O	P	K	E	E	S	S	S	D
N	C	E	S	C	A	P	E	I	G	N	W	U	A	S	L	U	H	M	B
M	L	M	C	D	O	V	H	L	W	M	O	C	H	T	O	N	A	C	M
Y	C	C	D	R	R	R	K	D	R	S	H	M	K	R	W	S	O	U	F
L	T	D	K	M	G	T	T	A	E	Y	E	W	F	A	O	H	S	O	T
L	T	S	E	T	N	O	C	B	E	N	C	W	N	F	O	I	S	W	D
T	I	S	Y	T	R	A	P	T	T	R	G	S	K	F	C	N	R	U	S
I	U	U	L	P	W	P	S	S	G	L	B	U	B	I	A	E	O	S	T
Y	D	U	D	M	R	T	N	U	V	B	F	H	M	C	C	K	N	T	T



Hui O Hula will be one of three entertainers at the Golden Age Foundation's 50th anniversary celebration on April 22 at Clubhouse 6 from 10 a.m.-2 p.m. The Hui O Hula's performance will also feature the band Kapakahi, led by Larry Yamashiro, and musicians Ron Hom, Pete Kahele, and Carrie Kumabe. The anniversary celebration will feature posters, artifacts, photos and accomplishments for people to view inside the clubhouse. Each week, Hui O Hula dancers enjoy friendship and swaying to the melodic island music together. The club has been dancing and entertaining in Leisure World for over 19 years.

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**10 Minutes from Leisure World**

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**MUTUAL 12**

**Tickets on sale starting April 3**

Tickets for Mutual 12's shareholder annual luncheon on April 27 will go on sale Monday, April 3.

Tickets must be purchased from a building captain or parcel director before the deadline on Friday, April 14.

Mutual 12 residents are invited to enjoy a couple of hours with neighbors and friends while enjoying a meal with flavors of the Islands. Join the fun entertainment, door prizes and raffle drawings.

—Susan Ferraro

**DEMOCRATIC from page 18**

of issues, including Seal Beach's efforts to comply with the state's mandate to deal with increasing the amount of affordable housing throughout California.

Members who are unable to attend the meeting in person can participate online or by phone. For login information, contact [sblwdemocraticclub@gmail.com](mailto:sblwdemocraticclub@gmail.com) or call 562-412-0898.

Club members who are able to attend the April meeting in person are invited to bring documents for the club's newly reinstated Advocacy Information Table. All documents on this table represent the views of individual club members. They do not necessarily represent those of the club itself or the Democratic Party.

The LW Democratic Club is chartered by the Democratic Party of Orange County (DPOC). Both DPOC and the California Party have rules and regulations related to local clubs making candidate endorsements. Club members—speaking as individuals—are free to endorse candidates at any time.

For more in-depth reporting on issues and candidates, Democrats and supporters can subscribe to the club's free electronic newsletter by emailing [democraticclubsblw@gmail.com](mailto:democraticclubsblw@gmail.com) or calling 562-296-8521. People are asked to include all contact information, as well as party affiliation.

**SECURITY from page 18**

mitted for work – knoblocked unit per M2 President.

•Feb. 26, 2:40 p.m., Mutual 7

Ongoing issue with visitor verbally abusing staff, SBPD contacted, kept the peace.

•Feb. 28, 1:54 p.m., Mutual 16

Unauthorized person using the laundry room facilities

**TOTALS**

- Paramedic calls: 142
- Theft: 15
- Vandalism: 2
- Traffic Incidents: 7
- Death Investigations: 8
- Lost Residents: 5
- Injury: 8
- Noise Complaints: 2
- Fire Reports: 2
- Pet Complaints: 1
- Grand Totals: 192



Wi Young Oh



Mi Jin Kim

**Turkey earthquake benefit concert**

Korean American Association (KAA) will host a benefit concert for Turkey's earthquake relief today, March 30, in Clubhouse 4 at 2 p.m.

The program consists of Korean American Chorale, directed by Kyung Hwan Paik, Saxophone Club led by Steve Chung, Joyful Line Dance Club, led by Anna Derby and Albert Comia, tenor Wi Young Oh, and soprano Mi Jin Kim.

People should make their donations to the Red Cross.

The earthquakes have destroyed people's homes, livelihoods, and the local infrastructure and as the disaster occurred during the harsh winter months, families are struggling in the bitter cold and are in urgent need of shelter and relief items.

For more information, contact Won Sik Ryu at 630-697-5377.

**Humanist Association**

The LW Humanist Association will meet on Sunday, April 2, in Clubhouse 3, Room 1, at 10:20 a.m.

Stephanie Campbell will speak on the background of Americans United for Separation of Church and State in Orange County. There's an upcoming Summit for Religious Freedom, which people can attend virtually to discuss the critical issues facing Americans United. Campbell will talk about the current litigation particularly in the areas of discrimination in the name of religion, LGBTQ rights and reproductive rights. She will also talk about those areas not currently being litigated that need to be addressed. Following the formal presentation, Campbell will open it up to discussion.



Stephanie Campbell



David Harlow is delivering free "He Has Risen" crosses to the LW community for Easter. People can choose between a height of 18 or 33 inches. Donations are accepted but not required. For free delivery, call Harlow at 562-335 0779.

**SUNSHINE from page 17**

a police officer/detective with the City of Placentia. Since assigned to Leisure World, Ainley has investigated additional crimes including kidnapping, carjacking, fraud, assault, elder abuse, vehicle theft, sexual assault and other violations.

All residents are welcome to join. The Sunshine Club requires no membership fees, but donation are welcome. Refreshment will be served.

For more information, contact Anna Derby at 562-301-5339.



**CLASSIFIEDS**

**GENERAL**

A resident in Mutual-1 has passed, leaving a free indoor 8-year old white/grey tabby named Mick. He needs a forever home as the family cannot take him due to allergies and other pets. Mick is a sweet and loving kitty. He is a bit shy at first but warms up quickly, even to strangers. For pictures/details, please contact Regina Allen at 562-544-7686 or Linda Allen in Mutual-4 at 562-765-8444.

**SKYLIGHT SERVICES**

**SKYLIGHTS CLEAN AND REPAIR.**  
Licensed and insured.  
Dan (562) 841-3787 Exp 4/19  
SB Business License BRA0002

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. Exp 11/29/2023

**UPHOLSTERY / CARPET CLEANING AND TILE & GROUT**

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito. State Contractor License 578194. Exp 5/24

**WINDOW WASHING**

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 5/24

**LEISURE WORLD HELPING LEISURE WORLD**

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

"ROLLIN THUNDER" GOLF CART CLUB  
Offering FREE advice on buying and selling of your golf cart. Also batteries and Safety Flags. 562-431-6859

**HOME CARE PERSONAL ASSISTANT**

Experienced Caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands/Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 4/12

**CHRISTIAN HOME CARE**  
Experienced, knowledgeable caregivers. Honest/Assertive/Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 6/21

**MOST AFFORDABLE RATES** with/optimum service, 30-years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 5/10

**EXPERIENCED CAREGIVER Over 25+ years in Leisure-World** with/Excellent References! Hourly or Live-in. Please Call **Pampet/562-371-4895**. SB Business License PAN0003. Exp 4/26

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 5/17

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 5/03

**LANDSCAPING**

**FRANK'S GARDENING SERVICE**

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor License 779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 Exp 6/07

**HANDYMAN SERVICES**

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001 Exp 7/12

562-596-0559

**LW DECOR INC.**

Kitchen/Bathroom-Remodeling. Install Microwave/Dishwasher/ Recessed-Lights/Closets Redesigned/Cabinets-Refaced/ New-Windows/Patio-Storage and Enclosures. Exp 5/03

40+/Years in LW

State Contractor License 723262

**A. SHADOW'S HANDYMAN SERVICE (a LW-Resident)**

Clean Windows/Screens/Skylights and Heat-Pump Filters. Small Paint-Jobs Reasonably-Priced. Call/714-365-6179. SB Business License TON0001. Exp 4/19

**BATHTUB & SHOWER REFINISHING**

- We refinish your SHOWER/TUB to look brand new.
- Convert to WALK-IN
- SHOWER and/or raise seat.
- Nu Kote 562-833-3911.
- Serving LW since 1999.
- License 699080 Exp 4/26

**PAINTING**

Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 5/24

Cory Gee Painting. Affordable, Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/Pressure-Washing/Cabinets. Senior Discounts 714-308-9931. State Contractor License 1049257 Exp 5/03

**562-596-0559, LW DECOR INC.** Premium-Paints. Interiors/Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. **40+/Years in LW.** State Contractor License 723262 Exp 5/03

**Bel-Rich Painting.** Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 5/17

Painting service for exterior or interior repairs, texture/drywall/cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/22/23



Read the paper online!  
[www.lwsb.com/newspaper](http://www.lwsb.com/newspaper)

# CLASSIFIEDS

## BEAUTY SERVICES

**Tammy Nguyen Phenix Salon.** Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-& women. Shampoo/ Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 4/12

In home haircare, serving the men-and-women of Leisure-World for 36-years. Mel Cell/562-480-9341 SB Business License KC75538. Exp 4/05

## HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 Exp 4/12

MOVE-IN, MOVE-OUT, WINDOWS, FLOORS. CALL PHIL at 562-881-2093. Over 30 Years Experience! SB Business License AB0001. Exp 5/24

## GRACIAN'S HOUSECLEANING & WINDOWS. WINDOWS 10% OFF first cleaning.

General housecleaning Excellent referrals in LW (562) 307-3861.

20 years experience. Exp 4/19 SB Business License GRA0006

General housekeeping, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 5/17

**Maria House-Cleaning**  
We'll make your house look NICE-as-possible! 15+/years experience. We can work with/your schedule. Bi-weekly/Monthly. Deep-cleaning. Call/Text/714-496-2885. SB Business License HER0008. Exp 5/17

**MAGALY'S CLEANING SERVICE.** We make your home sparkle! 7-days/call anytime! Complete-cleaning. 562-505-1613 SB Business License M0001A. Exp 6/28

Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830 SB Business License 14206409. Exp 4/05

## COMPUTERS

### FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License #CIP0001 Exp 5/03

John's Computer Services 562-733-9193  
Virus-Removal/Internet Security Repair, Training, Wireless and Smart-TV Setup. LW Resident. SB License FUH0001. Exp 5/17

## AUTOS WANTED

**ANY KIND OF CAR**  
Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of-Liability for you! Bonded/Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 4/12

## ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/03/2024

## TRANSPORTATION

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258 Exp 4/12

## AUTOS/BOATS/RV'S TRAILERS FOR SALE

**ELECTRIC CAR PADS**  
Installed at your residence. Call Frank 562-743-3832. State Contractor License #779462 Exp 6/07

## MOVING, HAULING & STORAGE SERVICES

**J&D HAUL-AWAY AND CLEAN-UP SERVICE**  
No job too small! Fast/Reliable/ Great prices. SB Business License BRA0002. 562-841-3787/Dan. Exp 4/19

**A FRIEND AND A TRUCK**  
Your moving service, any size job. SB Business License RO263644. Call/310-387-2618 Exp 4/26

## MISCELLANEOUS WANTED

**LESLIE'S VINTAGE STORE**  
Buying Mid-Century Modern Furniture/Antiques/Stain-Glass Windows and Lamps/Miscellaneous-Collectibles/Vintage-Clothing/Jewelry/ETC. 562-243-7229 Exp 5/10

## MISCELLANEOUS FOR SALE

Brand New Total-Gym with 10-Resistance Levels and Miscellaneous-Attachments. Paid \$400/Asking \$300. 435-216-6310.

Estate Sale. Thursday/March-30th and Friday/March-31st/9:00am-12:00pm. 13881 Thunderbird Drive, Mutual-1/Apartment-69K. Furniture/Rattan-Couch/End-Tables/Lamps/Kitchen-Items/Collectibles/3-Wheel-Scooter and even some FREE-STUFF! Come-see-Cary!

MacBook/Pro 2021 16-inch, M1 Pro Chip 16GB/Like-New/\$2,000. MacBook/Pro 2018 13-inch Intel i7 Chip 16GB/Like-New/\$750. MacBook/Pro 2016 15-inch Quad Core intel i7 Chip 500GB-storage/16GB-memory/Like-New/\$500. 818-940-9332.

Fabric for Sale in Leisure-World. Lots of Yardage, Cotton/Flannel/Knit/Specialty and Sewing/Quilting-Books/Supplies. Call -for-Appointment/503-559-3080.

Want to place a classified ad? The deadline is **Monday 12:00 p.m.** for Thursday's publication

## MISCELLANEOUS FOR SALE (CONTINUED)

**Estate Sale - 13250 N. Fairfield Ln., M7-173L.** Thursday, March 30 and Friday March 31 from 8:30-2:00. House full of treasures. Convert-a-sofa, custom blue dining table, vintage Drexel dining chairs, secretary/dresser, white cottage dresser, lingerie chest. Costume jewelry, ladies clothes/shoes. Pottery, art, camera lenses. Outdoor bistro set, Henckels knives, Bissell steam mop, area rugs, Pilates machine, NEW sewing machine, plant stands, outdoor pots. **Estate Sales by Docia Drake, 714-514-8232, POB 427, Seal Beach. Business License ESD0001**

## FREE ITEMS

Free standing bedside commode and transfer shower bench. Call 562-355-6630/Mutual-11.

Sealed Box PVC Urethral Catheters 14Fr and E-Z lubricating jelly. Call 526-296-6361.

## LEISURE WORLD CARPORT FOR RENT

Mutual-1, Space-41. Monthly/\$75. Larry/562-430-7080.

Need Classified Help? [debbiek@lwsb.com](mailto:debbiek@lwsb.com)



Happy Spring!



**Did you just inherit the job to sell your Loved ones place in LW? Sunny days and Butterflies are predicted in your Future! Let me make it easy for you. Time to try a Real Estate Company that can make your place look Fresh and New, Free Staging!**



**Melinda Curtis Call now! (562) 270-5305 (310) 753-2776 BROKER LEISURE LIST, S.B. REAL ESTATE SERVICES www.leisurelistsb.com DRE#01291830**



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**DONNA JEAN McIntyre**

## UNITS COMING SOON

**2B/2Ba Great Features 2B/1Ba High-End Stunning 2B/1Ba Corner Beauty**

### NEW LISTING



**Mutual 12 - 77h Glen View 2B/1Ba, L-Shape w/tile patio NEW laminate floors, NEW Paint, Granite Countertops, Dual Pane Windows, French Door, exceptionally clean! A+ Like a MODEL! \$339,000**



**Mutual 15 - 22a McKinney RARE ON MARKET 1B/1Ba Corner, NEW Laminate Flrs., A/C, Microwave & D/W, New Oven, White Cabinets Dual Windows + more!!! OPPORTUNITY @ \$279,900**

**714-350-9449**

Thinking of Selling? Wanting to upgrade to a Larger Unit? Curious about Market Values? Call us TODAY! We are happy to help!



**Mutual 10 - 238b St. Andrews 2B/1Ba Expanded faces South Dual Pane Windows, Skylights Ceramic Floors, Ceiling Fans, Extra Storage, Drive up location Turnkey! Good Price \$325,000**

**Recent Closed Listings**  
M5 - 112c sold  
M15 - 29j sold  
M15 - 43e sold  
M15 - 10f sold

[www.TeamDonnaJean.com](http://www.TeamDonnaJean.com)

<b>Michael Shieh</b> 714-866-9268	<b>Andrea Bair</b> 714-624-1981	<b>Suzanne Ahn</b> 562-810-1614	<b>Alice Sioson</b> 626-216-3038

**Mr. Hank Leisure Living Resales, Inc.** Lic. #636260  
13918 Seal Beach Blvd., Seal Beach, CA 90740  
**(562) 493-6601**  
[leisurelivingresales.com](http://leisurelivingresales.com)  
**No One Knows LW Like We Do!**

**ASSOCIATES**

<b>Erika - M17</b> (562)-208-5223	<b>Lela Lee</b> (714) 213-1993
<b>Valory Escrows</b>	<b>Gina Rojas</b> 562-533-3190
<b>Carl Kennedy M15</b> (661) 810-9410	<b>Karen Wittkamm</b> 714-858-1794
<b>Mr. Hank</b> (562) 743-8473 The Piano Man	

Thinking of Selling? We will save you Thousands of Dollars on Sale Expenses!!!  
**The Happy Office!**  
**28 Years in LW!**  
**Thank You!**



**Gina Rojas (562) 533-3190**

**I have buyers**  
[ginamrojas@gmail.com](mailto:ginamrojas@gmail.com)  
**Leisure World Specialist**  
23 Years LW Experience  
DRE#02111452  
**"I Have Your Best Interest at Heart"**

**Mutual 2-18L**  
**\$485,000**

**Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.**

**2022 Escrows**

8-178D	\$582,000
5-70F	\$520,000
7-170K	\$342,000
8-195B	\$480,000
2-62C	\$225,000
6-130K	\$300,000
14-12A	\$560,000
6-64A	\$272,000
15-11Q	\$350,000
12-55E	\$295,000
2-39A	\$310,000
17-110B	\$475,000

**Leisure Living Resales**

**Robin Gray**  
 Over 25 years of Leisure World Experience  
 DRE 01027333  
 (562) 209-5605  
 BERKSHIRE HATHAWAY HomeServices California Properties



**Thinking of Selling?**  
**Call me!**  
 I have over 26 years Leisure World Experience and Knowledge!  
 I can help you!!



Mutual 9-210-J  
**\$275,000**



Courtyard location with a pretty tree right in front!! Two Bed, one bath, fresh paint, two walkways, skylights, a cut-down shower and a large open "L" Shaped patio to enjoy! Call to see-this is a nice clean-bright unit that is just waiting for you to call home!!

Mutual 3-11-K  
**\$215,000**



Convenient drive with a pretty street location! One bed, one bath, the white painted kitchen has newer lower cabinetry with soft close drawers, newer laminate wood look floors, and ceiling fan. Skylights, cut-down shower, heat pump, dual pane windows/slider, patio storage, and a nice patio to enjoy your surroundings. This home is so cute you are just going to love it!!

13926 Seal Beach Blvd., Seal Beach, CA 90740



**Joanie Korman**  
 (714) 308-8034  
 "Where Life Just Got Easier"  
 LW Resident, Real Estate Specialist  
 BRE01027333

**New Listing**  
 Beautiful 2 Bedroom  
 1- 1/2 Bath  
 Expanded Corner  
 with Greenbelt views  
 2 Patios  
**M9 236A**  
**\$569,000**

**New Listing**  
 1 Bedroom  
 Newer Light  
 Flooring  
 Patio, Great  
 Location  
**M8 192K**  
**\$219,000**  
 Berkshire Hathaway Home Services



**Erika Shapiro**  
 Resales Specialist Mut. 17 Resident  
 BRE # 01448494  
**562-208-5223**



Mutual 2 - 40L  
**\$475,000**

Fully expanded corner, Drive-up, Convenience, 2 full bathrooms, 2 A/C heat pumps, washer & dryer, Dishwasher & more.

**New Listing**  
 Mutual 7 - 161I  
**\$345,000**



Fully Expd. 2 BDR / 1 Bath, Drive-up convenience  
 Plantation shutters, beautiful laminate flooring throughout, 4 skylights, breakfast counter, formal dining area, walk-in closet, Small patio. Move-in ready.

**New Listing**  
 Mutual 16 - 54A  
**\$299,000**



Basic corner on a big greenbelt, Beautiful laminate flooring, Granite counter tops and more..

**Leisure Living Resales**



**Kristin Duncan** 714-356-6717 Office Manager  
**Robin Gray** 562-209-5605  
**Barbara Diette-Dobias** 562-754-5628  
**Kathy Gupton** 562-618-9940  
**Gloria Hadley** 562-884-3594  
**Edwina DiMario** 562-706-7999  
**Vickie Van Ert** 310-220-1407  
**Rosie Wang Davis** 626-623-9929

**Joanie Korman** (714) 308-8034

**(562) 594-0515** BERKSHIRE HATHAWAY HomeServices California Properties  
 1900 St. Andrews Dr. , Suite C Seal Beach, CA 90740 BRE 00338699

**(562) 431-2149**  
 13926 Seal Beach Blvd. Seal Beach, CA 90740

**Claudette "CC" Cooley** 310-484-9600

**One-Bedrooms**

Mutual 1-49B \$218,000  
 Great location, close to parking  
**Estee Edwards** 562-208-2540

Mutual 3-28C \$227,500  
 Expanded, double pane windows, up-graded kitchen, good location

Mutual 1-40D \$229,500  
 Great greenbelt, enclosed patio, skylights, very nice

Mutual 1-2D \$233,000  
 Great location with cozy porch

**Mike Varipapa** 562-235-7413

**Two-Bedrooms**

Mutual 11-273L \$349,900  
 Spacious corner in private location  
**Leah Perrotti** 310-889-6583

Mutual 12-7G \$385,900  
 Custom turnkey home.

Mutual 7-173L \$395,000  
 Fully extended end unit, steps to Central Park

Mutual 1-10G \$425,000  
 Corner unit in a desirable location

Mutual 9-236A \$569,000  
 Fully upgraded and expanded

**Bill Berman** 714-606-5258



**Hanna Rubinstein** 562-900-4243  
**Jay Cho** 714-944-4998  
**Philip Bak** 213-550-9991  
**Fay Wescott** 949-212-8748  
**Kawain Payne** 714-293-1151  
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# Specializing in the LW Community



**Kathy Gupton**  
Associate Broker  
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Yes we are **SISTERS**



**Sean Wood**  
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DRE# 02186926



**Gloria Hadley**  
Realtor®  
DRE # 01057681

## M6-143A \$369,000



Lovely 2 bedroom 1 bathroom corner cottage that has been uniquely upgraded. The leaded glass entry enters into a light and bright living room that features thermo French windows with blinds and added built-in cabinets and shelving. Kitchen has granite counters with tiled back splash, oversized skylight, built-in appliances including stove, oven, refrigerator, microwave, dish washer and ceiling fan. Main bedroom has thermo French sliding door to patio and has a walk-in closet. Bathroom has tile flooring, oversized skylight, high boy toilet and walk-in shower. Second bedroom has added cabinets and shelving, mirrored sliding glass wardrobe closet doors and thermo French sliding glass door to the patio. This home features central air. Charming wrap around brick patio has a gated entry and storage cabinet. This pretty home has wonderful ocean breezes and is a must see. Enjoy the many activities available and the quant community of Seal Beach.

**PENDING**

Mutual 9-225C

**SOLD 2023**

Mutual 9-230D  
Mutual 11-283D  
Mutual 4-51D  
Mutual 8-189D

## M4-77E \$245,000



Charming upgrade and recently remodeled 1 bedroom, 1 bathroom home. This delightful home has many upgrades. Spacious living room is light and bright and features leaded glass entry door, double pane windows with plantation shutters and deluxe vinyl plank flooring. Kitchen has new built-in appliances including Bosch stove and oven, LG double door refrigerator with lower freezer, new sink, and costume counter tops and new ceiling fan. Bedroom has deluxe vinyl plank flooring and double pane sliding glass doors to patio. Bathroom has new counter tops, sink, high boy toilet and cut down shower for walk-in convenience. Private patio has indoor/outdoor carpeting with patio storage and gated entry

**SOLD 2022**

Mutual 14-17B  
Mutual 8-188H  
Mutual 8-189B  
Mutual 2-40J  
Mutual 2-49B  
Mutual 2-17G  
Mutual 9-59G  
Mutual 6- 117L  
Mutual 15-39A  
Mutual 10-258H  
Mutual 6-135I  
Mutual 10-258B  
Mutual 1-31E  
Mutual 5- 117L  
Mutual 12-61C  
Mutual 2-63H  
Mutual 3-4F  
Mutual 4-88G  
Mutual 2-3B  
Mutual 2-8C  
Mutual 10 -250J  
Mutual 11-286B  
Mutual 12-61A  
Mutual 11-286I  
Mutual 5-117G  
Mutual 2-46H  
Mutual 1-67E  
Mutual 4-49G  
Mutual 8-183G  
Mutual 11-285D  
Mutual 9-216H  
Mutual 7-164L  
Mutual 2-6G  
Mutual 11-285A  
Mutual 11-263A  
Mutual 4-49B  
Mutual 8-201L  
Mutual 2-6L  
Mutual 7-165E

## M9-212C \$267,000

Charming fully expanded 1 bedroom 1 bathroom home located on a delightful greenbelt. This home has a leaded glass door entry into a spacious wrap around living area. Living area features laminate flooring heat pump and a large walk-in closet for extra storage with mirrored sliding glass doors. The kitchen has built-in appliances including a LW stove, oven, refrigerator, and a built-in microwave, tile floors and a skylight. The bathroom has tile floors, cut down shower and a skylight. The bedroom has laminate floors and a heat pump. Also featured is double pane windows throughout. This lovely home is ready to move in and a must see. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities including, a swimming pool, jacuzzi, 9 hole 3 par golf course, bocce ball, shuffle board, arts, ceramic and sewing room, a variety of exercise and card groups, library, health care center, amphitheater and so much more. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



## M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



### Recipients of the Berkshire Hathaway Presidents Circle Award

Call and let us present our extensive marketing program.

Members of M.L.S.

Visit Our Website: [www.thesealbeachsisters.com](http://www.thesealbeachsisters.com)

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



BERKSHIRE HATHAWAY  
Home Services  
California Properties



**CAROL GASPER, Resident Realtor**  
**& NICK MONTEER, Broker**  
 Lic# 01276484, 01927606

**562.716.1547**  
**213.880.8220**  
 gcarol1966@gmail.com  
 nicholasmonteer@gmail.com

**GASPER MONTEER**  
 REALTY GROUP



[www.sealbeach-retirementcommunity.info](http://www.sealbeach-retirementcommunity.info)  
 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 26 pending and closed sales.  
 Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



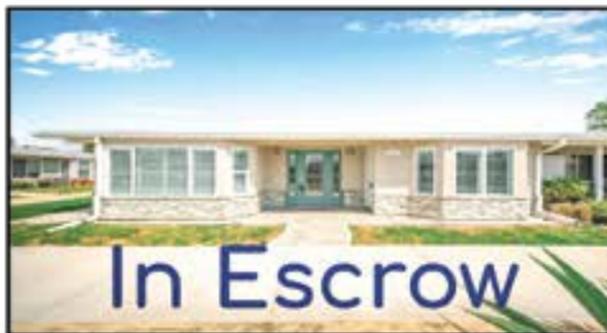
**1881 Golden Rain Rd #23F | M14 | \$395,000**  
 Drive-up location 2 Bed 1 Bath with full expansion and exterior storage. Beautifully remodeled kitchen. AC heat pump, stackable washer/dryer, sprawling laminate floors throughout, dual pane windows.



**13660 Annandale Dr #21F | M1 | \$389,000**  
 Corner patio with garden walk up looking out onto the golf course! Heat pump, light and bright kitchen with skylight and newer appliances. Bamboo floors, dual pane windows, washer/dryer, meticulously maintained!



**1300 Mayfield Rd #61A | M6 | \$475,000**  
 Corner greenbelt location 2bed/2bath unit fully expanded with patio. Skylights and solar tubes throughout, large kitchen, custom built-ins and laminate floors. Carpet in bedrooms with walk-in closets in both!



**1681 Monterey Rd #15F | M2 | \$575,000**  
 2 Bed 2 Bath corner unit with all the bells and whistles! Gorgeous fully expanded bay windows, designer kitchen, washer/dryer, central AC, enlarged skylights, recessed lighting and much more!



**13131 Shawnee Ln #268C | M11 | \$309,000**  
 Adorable 2Bed/1Bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



**13781 Alderwood Ln #22D | M3 | \$219,000**  
 Adorable refreshed one bedroom one bathroom with laminate flooring, newly painted throughout. Cut down shower. Open patio with large storage closet on interior location close to parking..



On March 27th, 2023 a total of 55 units show as active listings on the CRMLS (this is where Realtors list property for sale)

- 14 - 1 bedroom/1 bath units from \$217,500 to \$265,000
- 34 - 2 bedrooms/1 bath units from \$265,000 to \$599,000
- 7 - 2 bedrooms/2 baths units from \$434,900 to \$569,500

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory! We are here to help!

# SHRED-IT EVENT

**BIG THANK YOU TO ALL WHO ATTENDED! WE HAD OVER 100 FOLKS SHRED WITH US ON SATURDAY!**

**"MY THANKS TO GASPER MONTEER FOR SPONSORING A FREE PAPER SHREDDING EVENT LAST SATURDAY. AS A LEISURE WORLD RESIDENT, I APPRECIATE THOSE WHO TAKE THE TIME TO DO A BIT EXTRA FOR THEIR COMMUNITY. THE FOLKS WERE HELPFUL AND THE DONUTS WERE FRESH!"**  
**-FRED. W**

**-WE ARE ALREADY LOOKING FORWARD TO NEXT YEAR!**






The Januszka Group, Inc.

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**M 14 53K - \$379,000**  
2 Bedroom 1 Bath in Mutual 14



**M1 44D - \$259,000**  
Gorgeous 1 Bedroom Close to Amenities



**M5 120J - \$230,000**  
Expanded 2 bedroom 1 bath with walk-in closet



**M6 - 141B - \$379,000**  
Fabulous expanded two-bedroom unit on lovely greenbelt in Mutual 6!



**M 3 - 9C - \$235,000**  
Partially expanded one-bedroom unit; Expd. bedroom; Tiled patio!



**M 3 - 16C - \$415,000**  
Two-bedroom full expansion!



**M 4 - 81E - \$247,000**  
Very nice one-bedroom unit; Enclosed patio; On lovely green



**M 7 - 168I - \$299,000**  
Great basic two-bedroom unit; Great for remodel; On Central Park



**M 14 - 32H - \$469,000**  
Fully expd. two-bedroom corner home; The Beverly Hills of LW



**M 15 - 33F - \$510,000**  
Nice atrium unit with huge front patio!



**M9 - 208D - \$369,000**  
Fully Expanded 2 bedroom 1 bath



**M3 - 34F - \$399,000**  
Two-bedroom Upgraded unit; Washer/Dryer



**M9 - 220B - \$315,000**  
Basic two-bedroom unit; Easy access; Faces the breeze



**M14 - 13H - \$379,000**  
Expanded two-bedroom unit; Immaculate condition; Steps to golf course



**M11 - 283J \$258,000**  
Fully expanded one bedroom, one bath on a greenbelt



**Dawn Januszka**  
Broker  
DRE #02110501



**Ginni Houck**  
Escrow Officer



**Verna Chumley**  
Realtor®



**John Webster**  
Realtor®



**Wendi Noble**  
Realtor®



**Tony Accetta**  
Realtor®



**Sally Angell**  
Realtor®



**Suzanne Fekjar**  
Realtor®



**Terri Walters**  
Realtor®



**Elana Torres**  
Realtor®



**Maryann Shaddow**  
Realtor®

**Giving Back to the Community on Every Real Estate Transaction!**

