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FEES: The GRF Board will meet on Tuesday, April 25. To read the full agenda, see page 12.



EXCURSION: Tickets to operas, plays, sports games and more are now available at the Recreation Office. For the next event, see page 11.

VECTOR CONTROL

Wet weather promotes mosquito development

This year has seen one of the wettest periods to date, resulting in standing water across the state. Unfortunately, these conditions are ideal for mosquito development.

Stagnant water provides breeding grounds for disease-carrying mosquitoes, and leading experts worry this could result in a prolonged and intense mosquito season.

Orange County Mosquito and Vector Control District (OCMVCD) is participating in California Mosquito Awareness Week from April 16-22 to increase awareness of mosquitoes and the diseases they are capable of transmitting and to educate the public about the simple measures they can take to safeguard themselves and their families from mosquito bites.

“Our goal for California Mosquito Awareness Week is to make it easy for people to take action against mosquitoes,” says Heather Hyland, OCMVCD Director of Communications. “We believe that by providing simple, straightforward tips and resources, we can help prevent the spread of these diseases and protect our communities.”

During California Mosquito Awareness Week, OCMVCD will feature daily tips and educational content shared across multiple platforms. Additionally, there will be interactive posts and a character-naming giveaway to

VECTOR, page 4



A tribute to the surf sounds of the Beach Boys opens the 2023 Amphitheater season on June 29 at 7:30 p.m. Everyone is invited to attend. Guests must be accompanied by a LW residents. GRF ID cards may be requested.

Surf’s up and summer’s coming

2023 Amphitheater Season pays tribute to rock, soul, folk

The 2023 Amphitheater music festival will start Thursday, June 29, with a 12-show lineup, promising an eclectic mix of country, rock, pop, soul and blues tribute performers at the 2,500-seat Amphitheater.

Residents are invited to celebrate summer under the stars at the free weekly concerts. Shows start at 7:30 p.m. Lucille’s Smokehouse Bar-B-Que will kick off the season with barbecue and southern and Cajun style meals for al fresco dining before the show. Koffel’s Food Truck will be available at every show.

Non-resident guests must be accompanied by a resident. No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows.

AMPHI, page 2



The Amphitheater season will close Sept. 14 with a tribute to Jimmy Buffet by Mark Woods and the Parrot Head Band. Admission is free to all shows. People are welcome to bring their own beverages and snacks, and there will be a food truck for al fresco dining.

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging. The conclusions and opinions expressed may not be those of the California Department on Aging and the publication may not be based upon or inclusive of all raw data.

Golden Age Foundation will celebrate 50th year



Early LW resident Doris Seville at the Amphitheater.

The Golden Age Foundation (GAF) has served Leisure World for 50 years, since 1973.

The GAF will celebrate this remarkable anniversary on April 22 from 10 a.m.-2 p.m. at Clubhouse 6.

Beginning at 11 a.m., there will be an opening ceremony with the City of Seal Beach Mayor Thomas Moore, Council member Nathan Steele, Assemblywoman Janet Nguyen and GRF President Marsha Gerber.

There will be free food for the first 500 residents, and the food trucks will serve free hot dogs and chips at 11:30 following the opening ceremony.

GAF, page 14

AMPHI
from page 1

The schedule is as follows:
June 29: Surf's Up Beach Boys Tribute

Surf's Up is one of the first true Beach Boys tribute bands in the country and have been recreating the Beach Boys sound for almost 40 years.

July 6: Independence Day Celebration: The Springsteen Experience—a Tribute To Bruce Springsteen

The Springsteen Experience, led by Josh Schreiber and the cast and crew, will perform a high-octane, chronological journey recreating the most memorable moments and stage interactions throughout the E Street band's concert history.

July 13: Shades of Billy—Billy Joel Tribute

Shades of Billy is comprised of lead singer Steve Feller, who looks and sounds like Billy Joel, backed by a band of veteran players bring the sounds of excellent horns, vocals, pianos, guitars and bass to accompany their lead vocalist at the grand piano.

July 20: Stone Soul

This eight-piece, horn-blowing, foot-stomping classic soul and Motown band has built a reputation as one of the hardest-working, most entertaining tributes around. The band plays hits from Smokey Robinson, The Temptations, Stevie Wonder, The Four Tops, Otis Redding, James Brown and more.

July 27: Venturesmania
Venturesmania is a tribute to the Ventures, a 1960s rock band that built its reputation on surf guitar. The band adapted music from other sources or performed guitar-based covers of current hits. This will be a night of instrumental guitar rock and roll in the best surf tradition.

Aug. 3: Tribute to Elton John starring Kenny Metcalf

Kenny Metcalf as Elton John has mastered the wildly popular music, costumes and antics of the great British pianist, singer and composer who has sold 300 million records worldwide.

Aug. 10: Bee Gees Gold—The Tribute

Bee Gees Gold: The Tribute, is debuting for the first time in Leisure World and is the ultimate salute.

Bee Gees Gold recreates the look and sound of the Bee Gees from the 60's to the late 70's, with their unique falsettos that made them legends.

Aug. 17: Matt Lewis as Elvis

Matt Lewis began his entertainment career as an Elvis tribute artist at the age of 12. While there are lots of Elvis entertainers in the business, only one has been named "The Best Elvis in Vegas" by USA Today.

Aug. 24: Always Tina—Tribute to Tina Turner

Shar Wils as "Tina" has performed her celebrated singing

and dancing shows all over the world, including Great Britain, China, Germany, Bangkok, Bahrain and Japan. She's even given a royal command performance to the King of Norway.

Aug. 31: Hip To Be Square—Tribute to Huey Lewis and the News

"The Heart of Rock & Roll" is still beating with the nation's premier Huey Lewis and the News tribute band. Originally formed in 2013, this tight, fun band has played to thousands of cheering and dancing fans all over the U.S.

Sept. 7: Michael Buble Tribute with Anthony Bernasconi

Anthony Bernasconi will take the stage performing as a soulful Michael Bublé crooning classic swing and jazz standards and giving them a modern day feel. Bernasconi has mastered Bublé's buttery vocals and couples that with a mesmerizing stage presence.

Sept. 14: Mark Wood and the Parrot Heads—Tribute to Jimmy Buffet

Mark Wood began listening to and playing Jimmy Buffett tunes in the early 1970s. The stories that Jimmy told in his songs, along with the great melodies, were always intriguing to Mark. Songs like "Margaritaville," "A Pirate Looks at 40," "Pencil Thin Mustache" and "Tampico Trauma" became staples in his solo career.



Fleet Manager Grant Winford has been with GRF for 42 years.

Recognizing GRF Service

The following GRF employees are being recognized for dedicated service to Leisure World. Thank you for your part in making this community a vibrant and sought after retirement haven.

- Service Maintenance plumber Jesus Lopez: 44 years.
- Fleet Manager Grant Winford, 42 years.
- Carpenter Michael Navock, 18 years.
- Bus driver Margaret Walter, eight years.
- Copy and Supply Office Services Associate Cynthia Ann Maiden, seven years.
- Human Resources Director LeAnn Dillman, six years.
- Facilities Director Administrative Assistant Alicia Rubio-Villalobos, five years.
- Physical Property Administrative Assistant Susan Flynn, four years.
- Golf Recreation Attendant



Carpenter Michael Navock has been with GRF for 18 years.

- Susan Elliot, four years.
- Head Golf Starter Janice Turner, four years.
- News Department customer service specialist Debbie Kim, two years.
- Building Inspector Daniel Hough, one year.

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Decal Service

The GRF Security Decal Office is open Monday, Tuesday, Thursday and Friday from 8 a.m.-4 p.m. (closed for lunch) and Saturdays from noon-4 p.m.

The office is located in Building 5 near the Copy and Supply Center. Appointments are not required. Decal issuance is on a first-come, first-served basis.

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ACCESSIBILITY

Most LWers could get free bathroom remodel from city

Leisure World residents who have trouble stepping into the shower for any reason are likely eligible for a free bathroom upgrade under the Seal Beach Bathroom Accessibility Program. The City of Seal Beach has received extra funds for this bathroom accessibility grant through June 30, 2023 thanks to a one-time COVID grant.

The process converts the tub/shower combination into a functioning shower. This eliminates the need for seniors to lift one leg up and over the tub wall; which is particularly dangerous when standing barefoot on a wet surface.

The grant funds can also be used to build an in-shower bench, add grab bars and/or replace an existing toilet with a high-boy toilet; further assisting seniors.

To qualify, resident households must meet certain income guidelines. Savings do not disqualify you.

All applicants must be over 55 years of age and have a gross annual household income less than or equal to the Orange County levels: one-person household, \$75,900; two-person household, \$86,750; and three-person household, \$97,600.

In addition to the income requirements, a licensed medical doctor must complete the Doctor's Analysis Form (included in the application) that rates the physical condition of the applicant with respect to mobility problems, pain with movement, or trouble with balance.

Once approved for the program and scheduled for work, the improvements usually take less than a week to complete.

Applications are currently being accepted and are available online at <https://www.civictone.com> and from the City of Seal Beach's website.

For more information email monique@civictone.com or call 909-364-9000.

Car Sale

Each fourth Saturday authorized residents have the opportunity to sell any used motorized vehicle in the Administration parking lot from 8 a.m.-4 p.m.

Vehicles must have current DMV registrations and GRF decals as well as be insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes, and scooters may also be sold.

The owner or representative does not need to be present but is allowed to display a single "for sale" sign no larger than 18" by 24" on the vehicle, to include a phone number. The sale is open to Leisure World residents only and the guests they call in. The public will not be able to sell at the events. For more information, contact Recreation at 562-431-6586, ext. 398.

Ballots inbound for bylaws change

Every Leisure World residence will receive a ballot this GRF election cycle asking for a vote on a GRF bylaws amendment to ensure that only members of a Mutual can vote on their Mutual's GRF representative.

The bylaws amendment ballots will be mailed to GRF members in even-numbered Mutuals around May 5.

Ballots for residences in Mutuals 1, 3, 5, 7, 9, 11, 15 and 17, who are selecting GRF representatives this election cycle, will include the bylaws amendment provision.

A vote ratifying the bylaws change would assure that each Mutual's GRF representative is selected only by that Mutual's members.

Currently, Article III (9)(a) implies that the annual GRF elections are at large, meaning that a quorum of votes of the entire GRF membership is required, rather than a subset from a specific Mutual.

As the bylaw now stands, it might be possible for LW voters to overwhelm the choice of the 60 Mutual 16 voters' choice for their Mutual's GRF representative, for example.

The bylaws proposal also asks GRF members to amend articles suggesting that only men can be GRF directors or serve as a GRF board directors. The bylaws were written in 1962, hence the need for updated language.

Member participation is particularly important because 2,203 members must return ballots for the bylaw measures to be passed.

For more information on the bylaw changes or the ballot process, call Election Specialist Ripa Barua at 562-431-6586, ext. 329.

SEAL BEACH POLICE

Drug take-back event this Saturday

On Saturday, April 22, from 10 a.m.-2 p.m., the Seal Beach Police Department and the Drug Enforcement Administration (DEA) will give the public an opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs.

Bring your pills for disposal to the Main Gate of Leisure World. The DEA cannot accept liquids or needles or sharps, only pills or patches. The service is free and anonymous, no questions asked.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs.

Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, Americans are now advised that their usual methods for disposing of unused medicines—flushing them down the toilet or throwing them in the trash—both pose potential safety and health hazards.

"Throughout Orange County we hear of tragic events in which people die from an overdose of prescription medication," said Seal Beach Chief of Police Michael Henderson. "By creating this opportunity for the community to safely dispose of their unused and expired medication, our goal is to help prevent access to dangerous prescription medication. We are grateful for the continued partnership with the Golden Rain Foundation and Leisure World community for allowing us to host this event at their main entrance."

For more information about the disposal of prescription drugs or about the Take Back Day event, visit <https://takebackday.dea.gov/>.

—Seal Beach Police Department

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PERSPECTIVES

Letters to the Editor

Editor:
I wish to express my gratitude for the installation of the EV chargers outside the St. Andrews gate. No longer will I be sitting in my car at Amazon Fresh at 6 a.m. to charge it. I now can plug it in, take a quick 20-minute walk home and the app lets me know when my car is fully charged. Thank you GRF.
*Carol Zeigler
Mutual 3*

Editor:
I just read the April 13 issue of the LW Weekly about the crimes committed in our gated community and outside our gates against we seniors.
First was the two senior distraction scam attacks at the local Wells Fargo Bank on March 24 and March 29.
Both were after the senior withdrew cash from the ATM. The first was successful of stealing the senior's ATM card and fraudulently withdrawing \$1,000. A second attempt for \$1,100 was unsuccessful.
The second victim was able to refuse to allow two suspects of forcefully taking his wallet and phone. The suspects escaped.
My question is, did I miss the LW blast or an article in the LW Weekly news immediately

after the March 24 successful criminal attack on the senior at a Wells Fargo Bank outside our gates. If it wasn't blasted in the newspaper or on LW Live, then why not? It may have prevented the second one.
Second, crime was within our community when five catalytic converters were stolen from our Minibuses.
Was there not adequate lighting and cameras in that lot covering the buses thoroughly? If not, then why not change that immediately.
It doesn't take a highly paid person or company to realize that this is a solution and immediately get it done.
*Ron Nett
Mutual 8*
Editor's Note: The LW Weekly prints pertinent crime news as soon as information is available and can be verified. In answer to the second question, the lot is brightly lit and routinely patrolled by Security. GRF Transportation is now in the process of equipping buses with devices that will make catalytic converter theft more difficult.
Editor:
Regarding the signal at St. Andrews Drive and Golden Rain Road, I don't see how they

can come up with another solution (to make it safer). We as shareholders should be cautious and stop when the light is red and go when it is green. Also, on the other streets, make a total stop at the stop signs, wait three seconds and then go. It would probably help tremendously as far as accidents go. We are adults. We should act like it. Thank you for reading this. Let's all do our part.
*Jean Enkhorn
Mutual 3*
Editor:
Here we go again wasting money on traffic studies.
The simple solution is to paint speed limit signs on the road. People who come to visit and some who live here do not know the speed limit is 25 mph.
Put in speed bumps on main roads. Cut down the trees at the main intersections so we can see upcoming traffic.
Another solution is to put in traffic cameras that record license plates and fine people.
If they don't pay fines after three tickets, take away their decals. The girls who work in the front office can monitor the cameras.
*Judy Belladella
Mutual 12*

Editor:
The GRF wants to charge clubs and churches for excessive room set up and tear down time by changing policy 70-1411. This proposal is a big change to how things have always worked. The proposal was printed in the March 9 edition of the LW Weekly. It will be voted on at the April 25 GRF board meeting. If you are a member of a club or church, can your group afford to pay a fee to set up (and tear down) the room so that your group can meet?
The discussion of this policy happened at the Feb. 6 meeting of the Recreation Committee and took just 16 minutes. Look at the proposed policy and ask yourself these questions:
Why are shareholders being asked to pay both an amenities fee and then asked to pay to use

those amenities?
Shouldn't the Recreation staff be able to give an estimate of time required based on the room set-up sketch before the event occurs?
Shouldn't larger events in which more residents are being served get more setup time than smaller events? Why are the larger clubs and churches being penalized for serving more residents?
Remember that as a self-governed community, your involvement is necessary.
If you don't say anything, then you are, in essence, agreeing to the policy change.
*John Hlavac
Mutual 12*
Editor's Note: See Amenity Update, New fees proposed, on page 12 for the most recent information on this subject.

VECTOR from page 1

participate in. Everyone can help prevent mosquito bites:

- Apply insect repellent containing an EPA-registered active ingredient, including DEET, picaridin, oil of lemon eucalyptus, or IR3535 to clothes and exposed skin according to the label instructions.
- Dress in long sleeves and pants, especially if outside at dawn and dusk when mosquitoes are most active.
- Install screens on windows and doors.

Eliminate all sources of standing water on your property, including flowerpots, old tires, buckets, pet dishes, and trash cans.



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VOL 47, NO 15

Puzzles & Comics

Gasoline Alley



Broom-Hilda



Middletons



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

"IN THE END" BY GARRETT CHALFIN

ACROSS

1. 2006 NBA Finals MVP Dwyane Wade

5. Wiggins, Dwyane Wade

11. Start of an idea

15. Soaks up

19. "I wasn't for sure"

20. Grizzlies

21. Old-timey talk

23. Atmosphere

25. Earthquake or a Chinese New Year parade?

26. Home-made cat costume?

27. Summe

28. Train of

29. Congress

30. Lunch spot for short

32. Spoke without a wheel?

34. Game drama

35. Buffalo Bill

36. Pearls

37. Very subtle

38. Shredded bun

39. Sound from a pen

41. Unlabeled

43. Hawaiian sign that has a time right under it

45. Motivation

47. Bathroom or kitchen device

48. BTS genre

49. Sensory perception

50. Old per device

51. Mu

52. It has to be "expensive" (the sequel?)

53. The

54. French film genre

55. Music that

56. Musical

57. Comedy

58. Tragedy

59. "I was in a" (the sequel?)

60. To whom a young sea monster goes for advice?

61. Trump

62. Margin of

63. You'll see it's the easy

64. Barber's tool

65. Fuzzless drink

66. Early Beatles

67. House means

68. CBS

69. Southwestern Pa.

70. Chamber's snack

71. Charter

DOWN

1. 44 letters

2. Tear in the spot

3. Scattered

4. "I'll be back" (the sequel?)

5. "I'll be back" (the sequel?)

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100. "I'll be back" (the sequel?)

Answers on page 22

By Jim Scancarelli

By Russell Myers

By Ralph Dunagin & Dana Summers

Sudoku 1

2			3		9
		6	9		5
5		8			7
	5			9	4
9	3				7
	1	7			2
3			6		8
	9		2	5	
4			7		2

9 To 5 By Harley Schwadron



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JUMBLE

THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

Unscramble these Jumble words by placing one letter in each square to form four ordinary words.

SREHF
RNSLA
PUYGMS
NCLEUT

Now arrange the unscrambled letters to form the surprise answer as suggested by the above cartoon.

I am an actress born in Texas on April 16, 2002. I started in theater, playing “Annie” on Broadway. I’ve been in a number of TV shows, but I am best known for my work on an ensemble show about strange happenings in a Midwestern town.

9			6	8		1		4
4	7	6	9		1			8
	1	8						9
1	2					8		
3	5		4				9	
8		9		1			2	3
		3		7		9	4	
7		1		4		3		
	4			9				5

Puzzles & Comics

Answers on page 22


CRYPTO FUN

Determine the code to reveal the answer!


Boggle®

BrainBusters!

By David I. Hoyt and Jeff Knurek



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BOGGLE POINT SCALE

(3 letters = 1 point)
 (4 letters = 2 points)
 (5 letters = 3 points)
 (6 letters = 4 points)
 (7 letters = 6 points)
 (8 letters = 10 points)
 (9 letters = 15 points)

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Garner
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again

Boggle BrainBusters Bonus

Without using the 10 boggle words in the puzzle above, Can you find 10 more?

Find **AT LEAST SIX U.S. PRESIDENTS** (LAST NAME(S)) in the grid of letters.

[illegible]

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

AMINO ACIDS
BEAN
BEVERAGES
BUTTER
EDAMAME
EMULSIFY
FIRM
ISOFLAVONES
LECITHIN
MISO
MOISTURE
NUTRITION
OIL
PHYTOESTROGEN
PRESSED
PROTEIN
SAUCE
SILKEN
SOYBEAN
SOY FLOUR
STABILIZER
TEMPEH
TEXTURE
TOFU

Frequently Asked Questions About Elections

By Ripa Barua
election specialist

The 2023 annual meeting season begins May 16. The fever-pitch of activity will continue for the next six weeks as all 16 mutuals host their annual meetings.

The annual meeting and election season begins in January and concludes at the end of June. There are often many questions about this time of the year and why these activities are important. Here are the most common questions and their answers.

What is an annual meeting and how is it different from a regular board meeting?

The Mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year. Directors read reports concerning finances, infrastructure, accomplishments and goals for the future. An annual meeting is similar to a state of the union speech as directors are limited to presenting reports whereas business is conducted at board meetings.

Who can attend annual meetings?

Shareholders/owners are encouraged to attend their mutual annual meeting (see schedule on page at below).

Are the elections and annual meetings held on the same day?

The ballot counting for your mutuals election will be conducted at the annual meeting.

How often are elections conducted?

Most mutual boards of directors are elected annually.

How many ballots will I

receive?

Everyone will receive two ballots due to the GRF bylaw amendments.

Should I separate the voting portion of the ballot before mailing it in the envelope provided?

No, return the full legal-sized ballot in the envelopes provided.

Has my ballot been mailed?

Check the election schedule (below) to see when the mutual ballots were mailed.

There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power. Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf?

Depending on your Mutuals election policy, proxies may be used in Mutual elections. To ensure the ballots integrity, ballot envelopes must be signed by the shareholder member connected to that household.

Are write-in candidates permitted?

There is a space on most Mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called "nominated from the floor") and must be present to accept the nomination.

My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to you at the address of your choice. Call Accurate Voting Services toll free at 949-556-3936 to request a replacement ballot.

The candidates on my ballot are running unopposed; why should I vote?

Your participation in the election process is critical for the operation of this community. Every vote counts! Additionally, the return of your properly cast ballot ensures that your Mutual will obtain the necessary number of votes to produce the annual meeting and counting of ballots.

I do not know the candidates running for my Mutuals board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on topics that are important to you. Attend meet-the-candidates events. Ask your friends and neighbors their opinion.

If you decide you still do not want to cast your votes for any of the mutual candidates, you are still strongly encouraged to vote by checking the box labeled abstain from voting-ballot counted for quorum only portion of the ballot. This lets you participate in the election process by returning a properly cast ballot.

I have heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must

be present to make mutual annual meeting proceedings valid. In the case of elections, your participation in the voting process, i.e. your properly cast ballot, counts as your attendance. A quorum of at least one-third for some Mutuals and half plus one for some of the Mutual corporation membership is required before the mutual ballots can be counted.

I lost my ballot or cannot remember if I mailed my ballot. What do I do?

Call Accurate Voting Services toll free at 949-556-3936 to have a replacement ballot mailed to you or to confirm if your ballot was received.

Where do I mail the ballot?

The yellow-and-blue mailing envelopes are postage-paid and pre-addressed to the Inspector of Elections, Accurate Voting Services, Inc., P.O. Box 6117, Laguna Niguel, CA 92607-6117. Drop the ballot in a U.S. Mailbox as soon as possible. Your ballot must be received before noon on the business day BEFORE the annual meeting. You may also hand deliver your ballot to Clubhouse 4 on the day of the annual meeting. See instructions on your ballot for further information. Do not forget to sign the outside return envelope.

I still have questions about annual meetings and elections. Who can help me?

Contact Rosie Estrada, Stock Transfer manager, at 562-431-6586, ext. 346, or Ripa Barua, election specialist, at ripab@lwsb.com for assistance. The election schedule is provided below to assist with dates for your specific Mutual and save the date to attend your annual shareholder meeting. Mutuals are listed in order of annual meeting.

Mutual	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed	Annual Shareholders Meeting
10	276	139	5	Apr. 13	May 16 10 a.m.
14	328	165	7	Apr. 18	May 18 10 a.m.
7	384	193	5	Apr. 19	May 19 10 a.m.
8	348	175	5	Apr. 20	May 22 10 a.m.
4	396	132	4	Apr. 24	May 24 10 a.m.
16	60	20	5	Apr. 24	May 24 2 p.m.
11	312	104	6	Apr. 25	May 25 10 a.m.
9	384	193	7	Apr. 26	May 26 10 a.m.
6	408	205	7	May 3	Jun. 2 10 a.m.
12	452	151	7	May 9	Jun. 8 10 a.m.
2	864	433	9	May 10	Jun. 9 10 a.m.
1	844	282	4	May 11	Jun. 12 10 a.m.
5	492	164	3	May 11	Jun. 13 10 a.m.
3	432	217	7	May 15	Jun. 14 10 a.m.
15	502	252	7	May 17	Jun. 16 10 a.m.
17	126	64	2	May 25	Jun. 27 10 a.m.
Golden Rain Foundation New directors installed at GRF Annual Meeting on June 13, 2 p.m. in clubhouse 4.				Ballots Mailed	Ballot Counting Meeting
Odd Numbered Mutuals				May 5	Jun. 6 10 a.m.

News Deadlines for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

Community Guide White Pages

Residents' names and phone numbers are not automatically placed in the LW Community Guide's White Pages. To be included, shareholders may submit their information to the LW Weekly by filling out the form placed in previous editions of the Community Guide on page 55, and returning it to the LW Weekly office or by emailing debbiek@lwsb.com.

Those whose information may have changed since the 2021 edition of the White Pages may also submit new information via email or in person.

Resident names are deleted from the White Pages by request or after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Anyone who moves within LW may be deleted unless a form with the new address is submitted to the LW Weekly.

Residents who think they know a name that should be removed may notify LW Weekly via email at debbiek@lwsb.com.

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjerxn@yahoo.com, or call 562-431-6586, ext. 409, to leave a message.

Passport Photos

Residents can take passport photos in LW. Simply stop by the GRF Copy & Supply Center in Building 5 from 9 a.m. - 4 p.m. closed for lunch 12-12:30 to take a picture, no appointment necessary.

Two photos cost \$10. For information, call 562-431-6586, ext. 345.

Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

Election Questions?
Call 562-431-6586,
ext. 346.

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SPORTS & GAMES

Shuffleboard Club plans for its 60th celebration

On April 12, 27 members of the LW Shuffleboard Club attended its monthly meeting and learned of the club's 60th anniversary and plans for a summer celebration. A slate of new officers for the club was announced and will be voted on at the next meeting May 11.

Now is the time for those interested in learning more about the basics of shuffleboard to join other beginners on Wednesday, April 19, at 1:30 p.m. to the courts building behind Clubhouse 1. Two-person teams will form for the new spring madness clinic planned for five Wednesdays, ending May 17. For more information, contact chairperson Doris Morton at 714-330-4609.

The Tuesday Evening league played April 11 with the Night Shufflers edging past the Hot Rods 7-5. The Night Shufflers' Helene Neun and Karen Mendon both earned all-game winner honors. New member Elizabeth Martinez earned the all-game winner status for the Hot Shots for the first time.

The Friday Morning league played on April 14, with four teams playing a total of 24 games with opportunities for great shots and unique challenges. The Hot Rods and the Shooters evenly split their games with each winning six games out of 12. The all-



Roger Bennett (l-r), Mutual 7, calls the winner in this very close play-off shot when Karen Mendon, Mutual 14, and Mick O'Connell, Mutual 2, were tied at the end of regulation play.

game winners for the Shooters were Jack O'Brien, Carol Johnson, Doris Morton and Fred Carpenter. The all-game winner for the Hot Rods was John Mount. With the second competition,

the Smashers skirted passed the Bumpers winning seven games of 12. The all-game winners for the Smashers were Milly Larsen and Mark

SHUFFLEBOARD, page 10

Poker Club

The April 8 tournament was won by Roger Montero, who moved in Leisure World one month ago and has been a Poker Club member for a week. This is Montero's first tournament win. When not playing poker, he enjoys dancing and golf.

Second place went to Barry Brideau; Frank Sablan, third; and Jon Jones, fourth. Tony Canfora dealt the final table.

High hand was (44447) held by Jones; second high hand was a full house (AAAKK) held by Sablan. There was no promo winner.

The club is looking for poker players. The tournament winner this week was a new member of the club. For more information, call Carole Damoci at 562-405-4965. Tournaments are held on the first three Saturdays of the month starting at noon. People need to arrive at least 30 minutes early.



Roger Montero

—Carole Damoci

Men's Golf League

Friday Golf at Meadowlark Golf Course

On April 7, 10 golfers played at the 5,600-yard par 71 Meadowlark Golf Course in Huntington Beach. It was cool and damp throughout the round with an increasing breeze. The fairways

MEN'S GOLF, page 10

LW Pinochle Club

Pinochle Club's March 27 winners were: Tony Dodero, first place, 12,100; Nancy Wheller, second place, 11,670; Dona Kramer, third, 11,120; and Suzzane Tester, 10,280.

April 1 winners: Don Walton, first place, 10,640; Chung He, second, 10,280; Donna Gorman, third, 9,780; Irene Perkins, fourth, 9,630.

April 3 winners: Suzzane Tester, first place, 11,890; Don Kramer, second, 11,000; Gene Smith, third, 10,870; Suzzane Paul, fourth, 10,650.

April 6 winners: Gene Smith, first place, 13,690; Diana Lambert, second, 12,870; Peggy Kaspar, third, 12,660; Phyllis Pierce, fourth, 11,560.

April 8 winners: Don Walton, first place, 14,680; Juan Taylor, second, 12,210; Marge Dodero, third, 11,240; Suzzane Tester, fourth, 10,440.

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Cribbage Club

Last Tuesday, 56 club members enjoyed ice cream and carrot cake with cream cheese frosting donated by Dolores Cook. Carrie Kistner assisted with serving.

Richard McCarty took first place honors with a total of 839 points of a possible 847. Second place went to Howard Bleakley with a score of 834. Jack O'Brien came in third with 833, while Joyce Basch placed fourth with 829. Sandra DeDubovay and Darlene Meyers each won six of the seven games played with final scores that totaled less than 829.

Those interested in learning how to play cribbage or learning more about the club can call and leave a message with Terry Thrift at 714-394-5885. Annual dues are \$5. See an officer at the check-in desk in Clubhouse 1 before play begins. Everyone is welcome.

—Marilyn Chelsvig



Sandra DeDubovay earned her 26th star in the game of cribbage.



Patt Harrington (l-r), Geri McNulty, Arleen Cullison and Jean Sudbeck make the best of their time together.

Woman's Club of Leisure World Tabletop Games

The Woman's Club next table top games meeting will be on Friday, April 21, in Clubhouse 2, from noon-4 p.m. There will also be a 50/50 drawing at the beginning of the games. Members and friends are welcome to bring and/or join any game they enjoy. The club encourages new LW

residents to attend the event to make friends and introduce themselves. Spring is a perfect time to come out and play.

Refreshments, sweet treats, coffee and hot water for tea and hot cocoa will be served. People may bring their own lunch. Everyone is asked to donate \$1 to help support Woman's Club

philanthropies.

For more information about the tabletop games, contact Jan Krehbiel at 562-431-8240.

To learn more about the Woman's Club of Leisure World or information about joining, contact Kathy Russell at 949-293-7517.

—Beth Greeley

LW Women's Golf

Forty members of the Women's Golf Club participated in the April 11 tournament. They played for low gross, low net and birdies.

The winners were:

Flight A—Low Gross: Devora Kim, 25 with birdies on holes 6 and 8. Low Net: Jane Song, 24 with a birdie on 8, Stella Yoon had a birdie on 4 and Karen Mendon had a birdie on 5.

Flight B—Low Gross: Judy Kim, 31. Low Net: Margie Thompson and Mary Ann Moore, 26.

Flight C—Low Gross: Sally Park, 35. Low Net: Patti Littrell, 26. Pam Krug had a birdie on 6 and 8, and Keiko Sekino had a birdie on 2.

WOMEN'S GOLF, page 18

Pool League

The Pool Club from Laguna Woods will play the 48-game match with the LW Pool Club on Saturday, April 29 at 1 p.m. The club's board selected its best performing players to be on the team. Eight level B players participated in a round robin tournament on April 8, determining the final four to join the team against Laguna Woods. The players had to win four games or more, out of seven rounds, to make the cut. Earick Ward, Dave Mackinder and Bruce Pettys all won five games to make the team. George Gordon and Gary Snow were the two players with four wins and three losses. They had a one game playoff for the final spot on the team. Gordon established an early lead, but wasn't able to get a makeable shot on the eight. The game

POOL, page 18

Saturday Social Bunco

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. Next meeting is on Saturday, April 22, in Clubhouse 3 Lobby. Sign ups start at 1 p.m. The play begins at 1:30.

April 8 winners are Lyn Doyle, most buncos; Linda Payne, most wins; Sandy Weisenstein, most babies; and Donna Cooper, most losses. The door prize winner was Mary Milhorne.

For more information, call Doris Dack at 562-356-0443.

Mah Jongg Club

Come and join the LW American Rule Mah Jongg Club. The club meets every Monday in Clubhouse 3, Room 6, from 1-4 p.m.

New players are welcome.

For more information, call Jo Beers at 562-799-9313.

Bunco Club

LW Bunco Club meets on the second and fourth Mondays of every month in Clubhouse 3, Room 1. Play begins at 6 p.m. sharp. The next meeting is on Monday, April 24. All LW residents and their guests are welcome to socialize and play the fun game of bunco. There is a half-time social for all attending.

April 10 winners were Carolyn Reedy and Michie Kimura, most buncos; Leena Shulman, most wins; Joanne Lester, most babies; Marianne Durino and Marianne Matheis, most losses; and the door prize winner was Joyce Ingram.

For more information, call Gail Levitt at 562-596-1346.

MEN'S GOLF from page 9

were fairly dry considering the wetness of previous weeks, but the greens remained in great condition, and scores and distance were only affected by the wind and cool temperatures.

Dave La Cascia, Gene Vesely, Larry Hillhouse and Bill McKusky each had a birdie. Mike Mayfield and LaCascia had fewest putts in the A flight, and McKusky had the fewest for the B flight. Tim Looney was closest to the pin on the par 3 seventh hole.

Flight A winners (handicap 20 or less): LaCascia got a first place with two under 69; second place was a tie between Looney, Mayfield and Mark Mallet, a well-played two over 73; third place was also a tie between Hillhouse and Clay Fischer.

Flight B winners (handicaps 21 or more): first place went to McKusky with a hard earned three under 68; second was Vesely with a very good even par 71; third went to Bob Munn and Fujio Norihiro.

Monday Golf at David L. Baker Golf Course

On April 10, 13 golfers contested the 4,000-yard par 62 David L. Baker Golf Course in Fountain Valley. It was a misty, cold morning that did not improve until the last few holes. The tee boxes were not in good shape, but the fairways are improving. The greens remained in great condition.

Ron Jackson had the only birdie of the round. LaCascia had fewest putts of the A flight, and Gene Vesely had fewest for the B flight. Hillhouse was closest on the par three third hole, and LaCascia was closest to the pin on the par three 12th hole.

Flight A winners (handicaps 20 or less): First place went to Bill McKusky with a sensational eight under 54; second was Hillhouse with an excellent two under 60; third place was a tie between LaCascia and Clay Fischer; fourth went to Chris Lankford and Sam Choi with an even par 62.

Flight B winners (handicaps 21 or more): First place was a three-way tie between Tom Ross, Bob Munn and Vesely with spectacular six under 56; second was Ron Jackson with a very good three under 59; third place was a tie between Bill Zurn, Lowell Goltra and Henry Meza.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and Eagles (two under par), although infrequent, are generously rewarded. Those interested can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

SHUFFLEBOARD from page 9

Scott while the all-game winner for the Bumpers was Sally Fowler.

Monday and Wednesday open play/practice continues from 9- 11 a.m. and Tuesday evenings at 6. For more information, call or text Kay Mount at 775-527-0426.

—Kay Mount

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ARTS & LEISURE



Tanya Alexander (l) and Tony Abatemarco perform in “Under the Skin” at International City Theater in Long Beach.

Tickets available for ‘Under the Skin’

Protagonist Lou is in desperate need of a kidney and since he does not want to die, his only option is to ask his estranged daughter Reina for hers. Reina is completely appalled as Lou has been more of a somewhat father than an active dad, and yet her anger battles Lou’s deadly timeline.

The tragic-comedy is not just built on Lou’s need for a kidney, it focuses on the forgiveness and fortitude needed to escape what unnecessarily rents space in our lives.

“Under the Skin” is a timeless work of art, a comedy that asks the audience to reflect on what stories they deem worthy and whether it is time to just let go. Laugh, be inspired, and grab a friend to attend on Sunday, April 30, at 2 p.m. Tickets are \$61 and include pick-up from the Amphitheater at 12:15 p.m.

For more information, contact Mayoka at 562-431-6586 ext. 476 or email her at mayokab@lwsb.com.



Photo by Troy Palmer

The Leisure Time Dancers are learning tango and East Coast Swing.

Leisure Time Dancers learn swing and tango on Mondays

This past week, in East Coast Swing, Leisure Time Dancer club members continued to refine their pivot movements, building a three movement sequence to add zing on the dance floor.

In tango, a new movement, the “open box,” was introduced, as well as a transition from this move to the promenade. Next week, dancers will add last week’s “La Puerta” to the sequence, giving the dancers drama in their tango. Each class begins with a review of the previous week’s material before moving on to new concepts. The friendly class is made for everyone, from never-danced-before beginners to advanced dancers. When new dancers join, an introduction to the basics is included with the review.

Classes are every Monday in the dance studio, upstairs in Clubhouse 6. East Coast Swing is at 2 p.m., tango at 3 p.m. No partner is necessary; class will rotate so everyone dances. The cost is \$7 per person for one class or \$11 per person for two classes in a single day. For more information, contact club Leisure Time Dancers Club President Jackie Theis at 310-743-9373.

Want more information on LW bus excursions?

Call Kathy Thayer at 562-431-6586, ext. 398 or
Mayoka Bassell at ext. 476.



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GOOD NEWS SINGERS



The Good News Singers meet on Thursdays at 9 a.m. in Clubhouse 3, Room 1. It's a good time to start singing with the group, as members have just received new music for their next concert.



Phyllis Spencer (l) and Taylor White of the Theater Club, which helped organize the performance.

Quartet will perform at LW church

The Belmont Four, a new doo-wop style singing quartet, will have its West Coast premier at the LW Community Church on Sunday, April 30, at 3 p.m. The event is presented by the Theater Club.

This a capella group will take listeners on a sentimental musical ride through the '50s and '60s, singing many of the songs that contributed to the rock n' roll era.

The church is excited to showcase them in its Sunday concert series. Stay for a cookie after the show. A \$10 donation is suggested.

NOCE class registration opens in May

The summer 2023 Leisure World NOCE semester begins June 5 and ends Aug. 5. Before the semester begins, students will need to register for classes beginning on Tuesday, May 2.

New and returning students will be able to register for the spring semester one of two ways:

1. Starting May 2 at 7:30 a.m. people can register themselves online at myGateway, by visiting mg.nocccd.edu on an internet browser. Use the CRN numbers listed on the class list to add each class. If a class has two CRN numbers, you must register with both numbers to stay enrolled in the class for the full semester.

2. Visit the Library on Tuesday, May 2. Beginning at 8 a.m. the library will open early to assist residents who needs hands on help registering for classes on a first-come, first-served basis.

No matter which method students choose to register for classes students MUST already have their Banner ID and password to access their online account before registration day on May 2.

Students who are currently enrolled or have taken NOCE classes before should visit mg.nocccd.edu before May 2 to ensure they have all their correct login information by logging into myGateway.

Interested in attending Leisure World NOCE classes for the first time? Please visit the LW Library before the end of April to receive assistance applying to become a NOCE student. Prospective students will need to apply on a computer and have access to their personal email account to complete the application.

If you have issues logging into myGateway or applying to become a student, call NOCE Star Help at 714-808-4679 or visit the library where GRF staff will do their best to troubleshoot any issues. More information regarding classes and registration is available at the library.

—Taylor Greene



Top place award winners at the LW Art League's April 11 competition were Terese Smith, Carmen Leslie (l-r, back), Linda Frysinger (l-r, front), Daniel Prosek and Alice Sioson.

Art League

The LW Art League met April 11 in Clubhouse 4. The guest demo artist and judge was jewelry designer Lisette Thierry. Thierry began the demonstration by showing a slide presentation of her creations using gemstones from all over the world. Shortly after, she showed a brief demonstration on how she designs her creations and how she cuts the metal sheet she uses for jewelry making.

The Art League held its monthly competition. Carmen Leslie won best of show; Terese Smith won the popular vote.

In the masters category, Alice Sioson won first place; Rita Hughes, second; and Marilyn Jonas, third. In the intermediate/advanced category,

Daniel Prosek won first place; John Robinson, second; and Diana Harrison, third. In the 3D/multimedia/digital category, Linda Frysinger won first place; Alice Sioson, second; and John Robinson, third.

Carmen Leslie's best of show winning piece was painted at her portrait painting class in Clubhouse 4 using a live model. Those interested in portrait painting using a live model can attend her class every Wednesday at 9:30 a.m. in the art room of Clubhouse 4. One new member, Daniel Prosek, joined the Art League. The club will meet May 9.

—Larry Sioson

Amenity Update: Setup fees, gas bill, kitchen upgrades

Kathy Thayer
Recreation Manager

New free proposed

Next Tuesday, the GRF board will hold the final vote on collecting fees for excessive setups in the clubhouses. While a significant percentage of clubs won't have their regular meetings impacted by this policy change, many of the larger organizations and special events will. This can be mitigated to a certain extent by meeting with staff at the Recreation Office to go over a club's current sketch to see if there are ways to avoid unnecessary equipment.

In addition to charging the end-user when they exceed 60 minutes of combined setup, teardown and cleaning time, clubs may be fined for failing to adhere to their scheduled time frame, failing to cancel a reservation resulting in an unnecessary setup (and excluding others from reserving the space), or failing to clean up the area prior to leaving.

The custodial contractor has been busy timing each setup. Their reports are very telling. Some groups require as much as six hours. That doesn't include the time they have exclusive use of a facility. This not only impacts the use of the custodial staff but prevents other residents from using the space.

Normally, Recreation leaves

an hour between reservations, but people can begin to see why this isn't always sufficient. To accommodate a large gathering, either more time must be allotted, or extra staff must be utilized. All of this factors into custodial costs.

Massive gas bill hits Aquatic Center

Sticker shock hit the department recently when it received a \$17,000 gas bill at the Aquatic Center for one month. Based on previous assumptions, the budget for the whole year is \$23,000. This became the impetus for the Recreation Committee to work with Physical Property to look into pricing pool covers. Recently, a new cover was deployed at the spa, but it is the large pool that presents some issues.

It is much larger than the old pool and will necessitate additional staffing time and personnel to perform these duties if that technology is chosen. As it stands now, residents are asked to vacate the spa and pool by 8:45 p.m. to allow the attendant time for closing procedures. If new covers are purchased, the pool will close at 8:30 p.m. and the Aquatic Center itself by 9.

Another related issue with the pool is the temperature. Opinions differ, but by policy, the pool is to be kept between 82-84 degrees and the spa no higher than 104. This has been a challenge with the cold, wet

winter, and going forward it might have to be revisited if the energy bills continue to escalate.

One solution under consideration is to lower the temperature to offset this rise in cost. GRF will soon look at whether the solution is to pay for the covers and additional staff time, to lower the temperatures or both.

Potential upgrades to Clubhouse 3 kitchens

Next Tuesday, the GRF board will vote on modernizing the Clubhouse 3 kitchens. Clubs that have storage in the kitchens of Rooms 1-8 will need to remove their belongings during the renovation. The Recreation Department will keep the clubs apprised as information becomes available, but plan now for alternate accommodations. Some cancellations will likely be necessary.

Amenities Questionnaire

The department also gives a special thanks to all 1,900-plus residents who responded to the New Amenities Questionnaire. Recreation will be culling and analyzing the results and expect to report the findings in May. Approximately 21% of the community gave their opinions, which is impressive for a tool that ordinarily draws 5-10% response. Residents have proven they care about our future and GRF will hear their voices.

For further information, contact kathyt@lwsb.com.



Photo by Jojo Weingart
Dancers perform at the Hilo Bay Hotel in Hawaii, where several Hui O Hula members are visiting.

Hui O Hula

Once a year, starting the day after Easter Sunday, sleepy little Hilo Town on the Big Island of Hawai'i wakes up to a week of cultural hula dancing festival. This festival, called the Merrie Monarch, is held in honor of King Kalakaua. This year, Merrie Monarch celebrates its 60th year. Hui O Hula instructor Jojo Weingart and her hula students/sisters Lori Chamberlain and Susan Saraf were there to observe the three-day hula competition which is held in at the local stadium. During the week, music and dancing is everywhere.

—Jojo Weingart



Silver Fox Classic Car Club President Ted Green poses next to a 1981 Delorean DMC-12.

Silver Fox Classic Car Club

The Silver Fox Classic Car Club recently visited to the Lions Auto Foundation & Museum, a 100,000-square-foot facility that features SoCal's famous car culture, rich motorsports history and the largest collection of Willys cars and trucks in North America.

The car club meets on the second Tuesday of each the month, Clubhouse 3, Room 5, at 6 p.m. The Car Club plays an integral part in Leisure World's July 4 Car Show. People don't have to own a vintage, classic or collectible vehicle to join or participate the club's activities, just a passion for cars.

—Ted Green

Community Karaoke

Thirty-four karaoke singers entertained the audience with every variety of music at last week's session. Pete Tupas, with his smooth style, sang a Jim Reeves hit "He'll Have to Go." Two first-timers at karaoke were given rousing applause: Pam Krug singing "Silver Threads" and Gloria Justmano singing "Edelweiss." Vitaly Telishevsky got accolades for "Can't Help Falling in Love."



Pete Tupas and William Young.

It is a friendly atmosphere in Clubhouse 1 each Wednesday night beginning at 5:30. Many folks come to hear their friends and neighbors entertain the audience with song. Members clap, smile and sing along with the happy music made by happy people. Everyone is welcome.

—Margie Thompson

Country rock band Abilene will play in CH2 this Saturday

Abilene performs Saturday, April 22, in Clubhouse 2, starting at 7 p.m. Doors open at 6:30. Reserving tables is prohibited. Abilene is Seal Beach Leisure World's No. 1 country rock band going strong for nearly 20 years. Terry Otte leads Abilene and shares singing duties with Tina Schaffer. Guitarist Rod Anderson, guitar synthesizer and pianist Jim Long, bassist Doug Decker and drummer Jim Greer round out the group.

All concerts are free, but tips are accepted and greatly appreciated. For more information, contact kathy@lwsb.com.



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FUNDRAISER

Quilting Bee luncheon is in May

The Leisure World Quilt Bee Annual Spring Luncheon Fundraiser is May 17 in Clubhouse 2 at 11:30 a.m. Tickets are \$20. This is a popular event with wonderful door prizes. There is limited seating so those interested should contact Lisa at 949-584-2884 as soon as possible to purchase tickets.

Yahtzee Club

The Yahtzee Club meets on the first, third and fifth Fridays in Clubhouse 3, Room 6. Play begins at 1 p.m. The club will meet April 21. There will be a halftime social.

On April 7, there were two winners for most Yahtzees: Pat Herman and Sandy Weisenstein. The high scorer was Lois True. The low scorer was Nancy Mora. The door prize winner was Louise Hinkley.

For more information about the club, contact Diane Seeger at 562-535-997.

Saturday Morning Dance Class

Two dance classes are held every Saturday in Clubhouse 6, Section C, at 9 a.m. and 10 a.m. In April, Candice Davis will teach West Coast Swing on Saturdays at 9 a.m. and Argentine Tango at 10 a.m.

New topics are voted on each month. Each class is \$7 per person. Partners are not needed. For more information, contact club President William Young at 408-858-3560.

—William Young

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COMMUNITY



Members of the Sunshine Club at the Huntington Gardens in San Marino, California.

Members enjoy all the beauty the Huntington Library has to offer

by Cheryl Falconer
LW contributor

On April 6, 55 Leisure World residents enjoyed a lovely day trip to the Huntington Library, Museum and Botanical Gardens in San Marino, California, sponsored by the Sunshine Club. Participants were chauffeured in a luxury motorcoach.

It could not have a more pleasant day; the weather was warm with a light spring breeze, and everyone had a great time.

The sprawling 207-acre property boasts a majestic Georgian mansion that was the primary residence of Henry Edwards Huntington and his

family from 1913 to his death in 1927. The art gallery on the property houses an impressive collection of 18th-century British portraits, 18th- and 19th-century European art and 17th to mid-20th century American works of art.

The Botanical Gardens provided walkable trails that amble over 120 acres that showcase plants from around the world. There are 16 specialized botanical landscaped gardens including the Australian Garden, Desert Garden, a Japanese Garden with koi-filled streams and several pagodas that are used for special events, a Chinese Garden developed by Liu Fang

Yuan and a Shakespeare Garden.

The Huntington Library is a Mediterranean Revival-style structure built in 1920 by southern California architect Aaron Hunt to house Huntington's sizable collections. It contains a substantial collection of rare books and manuscripts, concentrated in the fields of British and American history, literature, science and technology assembled by Henry Huntington. It houses 7 million manuscript items, over 400,000 rare books, and over a million photographs.

The Main Exhibition Hall exhibits some of the most outstanding rare books and manuscripts in the collection.

The Dibner Hall has a permanent exhibition on the history of science which includes astronomy, natural history, medicine and light. The West Hall of the library hosts rotating exhibitions for guests to discover.

At the end of the day, the weary band of seniors boarded the motorcoach for the trip home with souvenirs and lots of photos to remember a lovely day at the Huntington Library, Museum and Botanical Garden.

Residents who went on the adventure would like to thank Sunshine Club for providing an opportunity to take a beautiful day trip.

GAF from page 1

Everyone needs to get a special ticket to get that complimentary lunch from the GAF. Jimmy's food truck and Lucille's BBQ will be available for lunch.

Entertainment will include three musical acts plus dancers for residents to enjoy outside Clubhouse 6. Entertainers include 20 Hui O Hula dancers accompanied by ukulele players, the Aloha Club, Second Wind and Coconut Breeze. GAF thanks Optum for providing a large tent for entertainers and the audience.

Inside Clubhouse 6, guests will learn about the services the GAF has provided over the years with photo displays and artifacts. It will also showcase the ongoing programs offered to Leisure World residents.

There will be a face painting booth inside Clubhouse 6 for grandchildren.

The GAF will set up booths from the City of Seal Beach, Optum, Alzheimer's Orange County, Elim Acupuncture Group Inc., Financial Partners Credit Union, and more for residents to walk through.

The goal of the GAF is to empower residents to lead purposeful and healthy lives. The GAF's core programs include the Hospitality Center, Mobility Aids Program, Income Tax Preparation, quarterly document shredding services and environmental programs which include the quarterly battery and fluorescent bulb collection.

The GAF recently facilitated a collaboration with top Orange County agencies that focus on aging. This collaboration includes the Council on Aging, Alzheimer's Orange County and the Adult Protective Services that is based in Leisure World. Some of the programs offered by the collaboration include: Friendly Visitors, which are trained volunteers who regularly visit or call isolated individuals, and the Reconnect Program which provides short-term private comprehensive services to seniors experiencing emotional challenges and overall health barriers. The GAF also partners with the Health Insurance Counseling and Advocacy and Adult Protective Services, which serves to protect seniors from abuse, neglect and exploitation.

This celebration was made possible by many organizations' generous sponsorship including DLD Insurance, Optum, the City of Seal Beach, On-Site Home Sales, Inc., Leisure World Korean Community Church, Korean American Club, Seal Beach Cornerstone Church, Seal Beach Sa-Rang Church, Financial Partners Credit Union, Elim Acupuncture Group, Inc., Pyung Kang Church, and Union Evangelical Church.

For more information, text 562-301-5339.

CERT



Karen Flaig (center-r), Myriam Klotz and Angie Forney receive their CERT equipment in good working order with an assist from Dave Forney (far left). CERT students receive the right tools as part of their disaster training. The CERT mission is to "do the greatest good for the greatest number of people."



American Legion Auxiliary

LW's American Legion Auxiliary started this year with "boots on the ground" by welcoming 10 new members. A special welcoming luncheon and orientation was held in Clubhouse 3 as all were advised on what people can do to serve America's veterans and military families.

While the Poppy Brigade exceeded over 37,000 poppies, the group is also planning to participate in a Military Children's Party on April 29 at Cottonwood Church. The Auxiliary is also proud to support the Girl's State program held in Sacramento with 500 high school girls learning about government while developing leadership skills and civic awareness.

The group meets on third Mondays in Clubhouse 3, Room 1, at 1 p.m.

SENIOR PEACE CLUB

Next peaceful protest on May 26

The Senior Peace Club will hold a peaceful protest on Wednesday, May 26, from 4:30-5:30 p.m. in front of the Leisure World Globe. As the days become longer, the protests will start a half hour later than the winter demonstrations. This month's focus will be

PEACE, page 16

Concerned Shareholders

The Concerned Shareholders group will meet on Thursday, April 27, in Clubhouse 3, Room 2, at 1 p.m. The group will discuss the changes to the Golden Rain Foundation (GRF) Bylaws that will be voted on in the next Mutual election.

GRF Director Carole Damoci will be the speaker on the changes to the bylaws and the major committee changes regarding the Golden Rain Foundation. There will be time for questions after the presentation.

All shareholders are invited to join the meeting.

—Mike Supple

SUNSHINE CLUB

Communicating in health care

The Sunshine Club will host Dr. Hilary C. Siebens, M.D., on Friday, April 21, in Clubhouse 3, Room 2, at 10 a.m.

Dr. Siebens will share experiences when she recognized benefits to using a four-part practical clinical model in her own practice. It helped organize her thoughts and communicated an individual's key health information among an entire health care team. Because of this model, she found that discussions about diagnosis and possible treatment steps with individuals and their care partners were more complete.



Dr. Hilary C. Siebens

Since the idea was first created, 25 years ago Siebens and colleagues have researched several clinical applications and demonstrated the model's benefits.

This efficient model can also help people think about their well-being and plan their self-care.

Communicating concerns in health care settings includes several approaches. One is using electronic portals if individuals have an electronic medical record. Siebens will review why paper plays an important role as well. Formats include using medical journals, health care folders, and self-made or purchased three-ring binders.

With the principles presented, residents may learn some new ideas that can help as they continue, or start, to take charge of their wellbeing and health, one step at a time.

As a primary care geriatrician and physiatrist (rehabilitation physician), Siebens has practiced medicine in all care settings. She cared for older adults with few active medical conditions, those with multiple enduring conditions, and those requiring palliative and hospice care. This work involved close teamwork with colleagues and enabled her to appreciate multiple issues confronting patients, care partners, families, and health care professionals. Her clinical research focused on exercise in hospitalized older adults and self-care notebooks. Her health services research has been on stroke, hip fracture rehabilitation, and care management in Parkinson's. Siebens has been a founding medical director for rehabilitation units and served on expert national guideline panels.

Siebens received her medical degree from Harvard, her internal medicine training at Johns Hopkins, geriatrics at Harvard, and rehabilitation training at Tufts/New England Medical Center. She currently is principal, Siebens Patient Care Communications LLC.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome.

People are asked to arrive promptly, and to use the back door to not disrupt the presentation. For more information, contact Anna Derby at 562-301-5339.



photo via Pexels.com

WATCH YOUR STEP

How to create strong passwords

One of the best ways avoid hacking or scams is to secure all of important accounts with a strong, unique password.

Passwords help create a wall to protect sensitive information online and to authenticate a person's identity. They are used for banking, emails, social media platforms and more. Having multiple unique, strong, passwords can help create a sense of safety online.

A strong password, according to *cybernews.net*, is a combination of uppercase and lowercase letters, numbers and special symbols, such as punctuation that is at least 12 characters long.

Another characteristic of a strong password is something that is unique to you but difficult to guess. There are many people who

PASSWORDS, page 16



The American Latino Club had an Easter Hat Contest on April 13. There were about 50 members and guests and fun was had by all. The group meets the second Thursday of the month at 11:30 a.m. in Clubhouse 3, Room 2. The next meeting is May 11. All are welcome.

Democratic Club

by Mary Larson
LW contributor

The LW Democratic Club will meet on Wednesday, April 26, in Clubhouse 3, Room 9 at 1 p.m. Members who are unable to attend the meeting in person are invited to participate online or by phone. For login information, contact sblwdemocraticclub@gmail.com or call 562-412-0898.

Newly retired Seal Beach City Council member Sandra Massa-Lavitt will be the featured speaker for the meeting. She will provide clarification about Seal Beach's efforts to comply with the state's mandate to deal with increasing the amount of affordable housing.

Massa-Lavitt had been a

resident of Leisure World for 24 years before being elected to represent District 5 on the city council. For the majority of her professional career, she had worked as a city planner for a number of local governments in California. She also served as a member of Seal Beach's Planning Commission before being elected to the city council.

The oldest of three sisters, Massa-Lavitt was born in Brooklyn, New York. Her family moved to the Los Angeles area when she was only 7. She did not initially seek a career in government. After raising her three children, Massa-Lavitt returned to California State University at Long Beach to complete her bachelor's degree in political science and public administra-



Sandra Massa-Lavitt

tion and earn her master's degree in public administration.

Massa-Lavitt's career took off as an employee of Willdan
DEMOCRATIC, page 16



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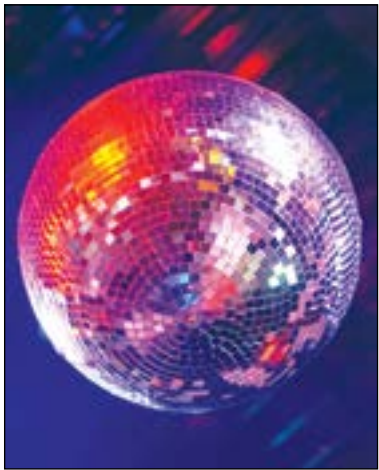
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RSVP for Senior Prom May 6

Leisure World residents are invited to dance the night away at the city of Los Alamitos' Senior Prom on Saturday, May 6, at the Los Alamitos Community Center from 3-6 p.m.

Tickets are now available for purchase online. Presale tickets are \$8 per person and \$10 at the door. The theme this year will be '70s disco and will feature a live band, dinner, photobooth and more.

For more information about the event, contact Community Services Coordinator Gilberto Arteaga-Cejamy by emailing garteaga-ceja@cityoflosalamitos.org or calling 562-430-1073, ext. 516.



Filipino Association of Leisure World

Members of the Filipino Association of Leisure World (FALW) celebrated the joy of Easter with family and friends on April 9 in Clubhouse 3, Room 1.

At the meeting, members enjoyed traditional and delicious Easter with scrumptious desserts.

The main topic of the meeting was to discuss preparation for the annual veterans picnic to honor the veterans residing in Leisure World. The anticipated budget to serve about 250 veterans/guests was evaluated and approved. Members pledged to donate to the club to supplement the financial needs to cover costs of the event.

The FALW's annual veterans picnic will be held on Saturday, July 1, from 11 a.m.-5 p.m. Veterans are asked to register with the FALW to attend this event.

Other topics discussed were the forthcoming FALW anniversary Luau dinner/dance



FALW members Maria Bogart (l-r), Ren Villanueva, Ed Bolo, Julie Nulod and Tina Lindl enjoy an early Easter dinner.

on Saturday, Sept. 2. Tickets are now available for sale at \$40 per person or \$280 for a table of eight people. More information on this event will be announced at a later date.

The club also celebrated its members who were celebrating their birthdays in April, Anna Wayman and Wilma Green.

FALW's bi-weekly bingo games will be held on Sunday, April 30, in Clubhouse 2. Doors opens at 1 p.m.



Birthday celebrants Anna Wayman (l) and Wilma Jose Green.



GAF to sponsor ice cream social

LW Residents will be treated to free soft serve ice cream with toppings and have the opportunity to spend some time with the Golden Age Foundation's (GAF) Board and volunteers to learn more about the organization on Saturday, May 3. The ice cream social will be held from 2-4 p.m. in Clubhouse 2. All are welcome to join.

A presentation from the GAF's 50th anniversary celebration will be on site for people to see some of the many projects the GAF has funded in the past. The GAF board and volunteers will also be available for those who would like to sign up for the Ralphs Community Rewards Program, which is an easy way to donate to the GAF while shopping at any Ralphs grocery store.

Those who want to sign up for the Ralphs Community Rewards Program must bring their Ralphs membership number or tag. For more information, call 562-301-5339.

LW FRIENDS



LW resident Donna Gambol encountered a happy turtle along the golf course on the third fairway. The turtle was out for a sunny stroll. "Folks just have to look around to see the wild kingdom around them," Gambol said.

PASSWORD from page 15

still use "password" as part of their password. A strong password would be something that is memorable to you, but not easily found through online research. Avoid birthdays, anniversaries, names of children and pets, or favorite sports teams. Think of a phrase that is not on social media or generally popular to incorporate into your password. Add capitalized and lowercase letters, numbers, and special characters such as an exclamation point, question mark, pound key or "at" symbol before, within and after your unique phrase to make it even stronger.

Once you've created a strong password it is important to keep it secure. Do not share your password with anyone, even friends or family members, especially over email, text message, or any other form of communication that is not secure. Be wary of strange text messages or emails asking you to change your password, and always go through a trusted and authentic website to change your password if you believe there has been an unauthorized attempt to log into your account.

Another way to keep your security safe is to have strong and unique passwords for each account. If a scammer is able to access your password for one site, they will try to use the same password on other site. Using unique passwords for each of your banking, email, and social accounts ensures that there will not be multiple hacks if one occurs.

Multi-factor authentication (MFA) is one more step in securing your accounts. MFA requires two forms of authentication, which means a person will need to type in their password, then type in a one-time code sent to their text messages or email. Some apps on an iPhone will even use the face recognition feature as an option for a multi-factor authentication.

Creating strong, unique passwords with multi-factor authentication for each account can provide a peace of mind in online security.

DEMOCRATIC from page 15

Financial Services, a consulting firm founded in 1964. The firm was contracted with cities throughout Orange and Los Angeles Counties. They assigned Massa-Lavitt to coordinate operations between city departments. During this period, she acted as interim planning director, director of community development and director of planning and building for 28 cities.

During the April meeting, club members will also discuss plans for getting out the vote during the 2024 primary and general elections. This will include a Neighbor to Neighbor plan organized under the leadership of the club's vice-president. There will be a role to play in carrying out these efforts for every club member willing and able to participate. Call 562-596-0450 or email democraticclubslw@gmail.com for details.

For more in-depth reporting on issues and candidates, Democrats and supporters can subscribe to the club's free electronic newsletter by emailing democraticclubslw@gmail.com or calling 562-296-8521. People are asked to include their full contact information, as well as party affiliation when signing up.

PEACE from page 14

advocating for gun control. Signs will be available at the demonstration and people are encouraged to make their own signs. All caring and concerned people are welcome to participate.

For more information, call Pat Kruger at 562-357-4040.

OBITUARIES

David Yoon Kie Song 1934-2023

David Yoon Kie Song was born in the city of Seoul, Korea, on May 14, 1934. He passed away peacefully at his home on a Saturday morning, April 15, 2023, in the company of his loving family at the age of 88 years old.

He is survived by his wife, Angela Kyung Ok Song, and is the father of Michelle Kim, Mee Lyu and Darrin Song, and grandfather of Elizabeth Rutkowski, Crystal Woo, Jonathan Lyu, David Lyu and Elias Joon-ho Song.

He was a devoted family man who immigrated to the United States to provide a better life for his children. With grit and determination, he created three generations of successful children. He is a true example of fulfilling the American Dream.

He is leaving a legacy of hard work, the determination to succeed and his love to his family extending to his great grandchildren. He was passionate about golf, cold beers and his grandchildren up to his final days.



During his retirement, he was one of the oldest players at his local golf course. His joy of a cold beer after playing nine holes continued to his last days. He was a good husband, a great father, and had a wonderful life.

Madolyn Virginia Lacy 1932-2023

Madolyn Virginia Lacy, a dearly loved, mother, grandmother, great grandmother, aunt and friend to many, passed from this earth and into the arms of her savior early March 14, 2023, after a brief illness. She will be missed deeply by her friends and family, both of which were of great importance to her.

She is survived by her two daughters: Stephanie (Lacy) Isbell and Denise (Lacy) Brown and their husbands; four grandchildren and four great-grandchildren.

A memorial service will be held on June 10 at 11 a.m. at Parkcrest Christian Church, 3936 Woodruff Ave., Long Beach, CA, 90808 in the main sanctuary.



HEALTH & FITNESS



One week after getting a new left hip, the president of the long-running Leisure Leggers Walking Club, the unstoppable Tom Pontac (right) is out walking with his neighbor. Join the Leisure Leggers on Mondays, at 8 a.m. at Clubhouse 6 for a brisk trot around the neighborhood.



With the weather improving, 20 members of the LW Bicycle Club enjoyed a happy hour at the Crab Pot in Long Beach. The club meets for the rides on Sundays (with breakfast) to El Dorado Park, Mondays, Wednesdays and Fridays, at the North Gate at 9 a.m. Everyone must wear a bicycle helmet and safe shoes. For more information, call Mary Romero at 562-810-4266 or Lucy Czra at 818-209-5075.

Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club's general meetings are every fourth Tuesday at 1:30 p.m. in Clubhouse 3, Room 1 (except July, August and November).

The Impaired Vision Support Group meets every third Friday at 10 a.m. in Clubhouse 3, Room 6.

The Hard of Hearing Support Group meets every second Thursday at 10 a.m. in Clubhouse 3 Room 7.

On April 25, at 1:30 p.m. in Clubhouse 3, Room 1 the Impaired Vision and Hearing Club will have a guest speaker—Mindy Wulff and her guide dog Moto. Wulff is the president of the OC Guide Dogs Alumni chapter of Guide Dogs for the Blind (GDB).

Guide Dogs for the Blind is the largest guide dog school in North America with more than 16,000 graduates and over 1,000 teams in the field.

Guide Dogs provides stellar guide dogs individually matched to clients free of charge. Clients benefit from veterinary financial assistance and support services through the support center, field service managers and the Alumni Association.

Guide dogs cannot be trained without the input of volunteer puppy trainers. They love, care and nurture puppies, teaching them how to behave at home and in public until they are about 15 months old. Then, the dogs go back to GDB for more formalized training with expert guide dog mobility trainers on either the Boring, Oregon, or San Rafael, California campus.

Wulff graduated in March 2020 with her 4-year-old male yellow lab Moto from the Boring, Oregon campus. Another graduate from the Oregon campus Annie Funk has had a female black lab Gwen for seven years, who is turning nine in July.

Along with Wulff and Funk, there will be two puppy raisers



Guide Dogs for the Blind puppy in training.

Gertha Rajagopal with Redding and Nika Brewster with Ford.

—Sharon Kohn

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m.

Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet.

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, April 20

Hawaiian chicken with pineapple, oven-browned potatoes, oriental vegetables, mixed melons, ham turkey and cheese sandwich with lettuce, tomato and pickle, and an Asian coleslaw.

MEALS LB, page 18



The club practices Mamma Mia dance under the guidance of Jinna Yoon and Gina Baik.

Joyful Line Dance

Joyful Line Dance meets on Thursdays in Clubhouse 6 upstairs from 10:30 a.m.-12:30 p.m., and has multiple leaders who take turns leading the class. They are Albert Comia and Gladys Comia, **LINE DANCE, page 18**

Lunch Cafe - Meals on Wheels OC

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome. Guests under 60 can enjoy lunch for \$5. Arrive ten minutes before the start time. Meals are served on a first-come, first-served basis. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% milk served daily. **☞** indicates a meatless meal. Low Cholesterol, 0% trans-fat buttery spread (Promise) served with bread and rolls.

LW minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews, with a drop off at the Community Center. The minibus returns to the Amphitheater at 11:40 a.m.

Thursday, April 20

Minestrone soup with sugar free crackers, Vietnamese chicken salad, Asian cucumber salad, whole wheat dinner roll with Promise.

Friday, April 21

Barbacoa beef, bean and corn salad, Mexican rice, tortilla, and a sugar free fruited gelatin.

Monday, April 24 **☞**

Vegetarian lasagna, succotash, carrots, crackers, and ambrosia.

Tuesday, April 25

Huli huli chicken strips with pineapple sauce, chow mein, broccoli, and a sugar free fruited gelatin.

Wednesday, April 26

Breaded fish tacos, cilantro lime coleslaw, black beans and lentil salad, tortilla, pico de gallo, and a sugar free custard.



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Helen Becker and Annina Young have fun at the Fitness Fusion classes. The club meets on Tuesday mornings in Clubhouse 6 upstairs at 10:30 with a limited space, and on Thursdays and Saturdays at 10:30 a.m. at the Veterans Plaza (between Clubhouses 3 and 4). People can bring their own weights (dumbbells) to the Veterans Plaza classes for additional resistance.



The Ballet Fitness Club meets on Saturdays from 1:30-2:30 p.m. upstairs in Clubhouse 6. Classes are suitable for all levels—from beginners to advanced, and structured around strengthening muscles and developing balance. Everyone is welcome.

Instill self-confidence, heart health and empowerment with Zumba

Zumba has been called exercise in disguise for a good reason. During a class, people dance to the beat of Latin-inspired tunes while sneaking in both low and high intensity moves. Heart benefits aside, there are plenty of other reasons to try Zumba.

It's easy on the joints

Zumba is an excellent low-impact workout that protects joints and muscles while raising the heart rate. It allows people to move at their own speed and provides low-impact routines that are easy to follow.

It keeps the brain sharp

Unlike many forms of exercise, Zumba offers an endless variety of movements. People can start with the basics and gradually layer on new techniques. Shifting the weight and rhythmic steps also challenge hand-eye coordination and right-left brain activity.

Plus, that motivation to face new challenges often translates into real life.

It helps people to develop an exercise routine

Researchers found a common post-workout sentiment among Zumba participants: they truly enjoyed the experience.

Eventually, an "I can't dance" declaration becomes a "That was fun!" exclamation—which then turns into "Let's do it again!"

—www.silversneakers.com

Zumba Club

Zumba Club meets on Wednesdays at 4:30 p.m. in the fitness center, Clubhouse 6, and Fridays at 8:30 a.m. in Veterans Plaza.

WOMEN'S GOLF

from page 10

Flight D—Low Gross: Elizabeth Butterfield, 37. Low Net: Sandra De Dubovay, 24.

The Leisure World Women's Golf Club will have a special shotgun tournament on Tuesday, May 2, with all golfers starting at 8:15 a.m. Those interested can sign up at the golf starter clubhouse. There will be a post tournament gathering at Clubhouse 1 picnic area.

Anyone interested in joining the club can obtain an application from the golf course starter or contact the club treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol

MEALS LB

from page 17

Friday, April 21

Beef stew with potatoes, celery, carrots and onions, biscuit, fresh orange, Greek chicken salad with tomato, olives, and cucumber, feta cheese, vinaigrette dressing, and crackers.

Monday, April 24

Oven-baked chicken breast with lemon pepper sauce, mashed sweet potatoes, seasoned cauliflower, peaches, chicken salad sandwich with spinach and tomato, marinated beet and onion salad.

Tuesday, April 25

Pork loin with apple berry sauce, barley pilaf, peas and onions, kiwi, Chinese chicken salad with mandarin oranges, cabbage, carrots, onions, Asian dressing, and crackers.

Wednesday, April 26

Stuffed cabbage casserole, whole grain roll, seasoned corn, fresh pear, ham and cheese sandwich with lettuce, tomato and pickle, cucumber, red onion, and tomato salad.

Overcoming older adults' mental health issues

Many people nearing retirement age and those who are already retired are dealing with mental health issues. According to the World Health Organization, approximately 15% of the world's adults 60 and over suffer from a mental disorder. Depression, however, is often undiagnosed among seniors and remains untreated because it co-occurs with other issues.

In the past, the Centers for Disease Control and Prevention have acknowledged that late life anxiety was not readily understood. However, much progress has been made in recent years thanks to a heightened awareness of the problem of seniors and mental health. That means older adults now have ample resources they can use and learn how to safeguard their mental health.

The National Institute of Mental Health notes that recognizing the signs of mental health issues is the first step to getting treatment. Mental health issues vary, and people with anxiety will likely experience different symptoms than those

with depression.

The following are some of the warning signs of mental health issues:

- Noticeable changes in mood, energy level, or appetite.
- Feeling flat or having trouble feeling positive emotions.
- Difficulty sleeping or sleeping too much.
- Difficulty concentrating, feeling restless or on edge.
- Increased worry or feeling stressed.
- Anger, irritability or aggressiveness.
- Ongoing headaches, digestive issues, or pain.
- Misuse of alcohol or drugs.
- Sadness or hopelessness.
- Suicidal thoughts.
- Engaging in risky activities.
- Obsessive thinking or compulsive behavior.
- Thoughts or behaviors that interfere with family, or social life.
- Engaging in thinking or behavior that is concerning to others.
- Seeing, hearing, and feeling things that other people do not see, hear, or feel.

Growing awareness of mental health issues and how they affect older adults has translated to more available resources. People can visit National Institute of Mental Health at www.nimh.nih.gov/health/find-help for contact information of various groups that can help in times of mental health crises.

The National Institute on Aging notes that most cases of depression can be prevented. Healthy lifestyle changes, for example, can have long term benefits on older adults' mental health. They are:

- Being physically active.
- Eating a healthy diet that can reduce risk for diseases that can bring on disability and depression.
- Getting adequate sleep, which for older adults is between 7-9 hours per night.
- Remaining socially active, including regular contact with friends and family.
- Sharing mental issues or concerns with friends, family members and a primary care physician.

—MetroCreativeConnection

POOL

from page 10

finally got down to both players shooting the eight. Gordon missed a cut shot he would normally make and Snow pocketed the routine shot on the eight in the same corner.

The Monday night league tightened up as Right On Cue beat the league leaders In the Money 7-6. Ward and Paul Shellenberger each won four games for Right On Cue. The Cue Crew took the Renegades 8-5 with Shery Wells winning five games, including both of her singles matches. The Rail Runners edged PJJ 7-6. Rusty Aquino won five games and both of his singles matches for the Rail Runners. John Burns won five games for PJJ. In the Money still leads the Monday league with 72 wins and 63 losses, but they are only two games ahead of PJJ, and just seven games ahead of the fifth place team. With five weeks to go the league winning team is very much in doubt.

At the Wednesday night league, all three winning teams went eight and five. It is usually a close match with 8-5 where a couple of games could have gone either way. The league leading Ruffians won over U3. All three players on the Ruffians, Ruffy Ramos, George Gordon and Glenn Everson, each won five games and lost two.

The second place Favorites kept pace with the Ruffians winning 8-5 over Triple Threat. Connie Adkins and Dave Silva each won five games and took both of their singles games for the Favorites. Bank It won over Milly's Boys with Ward winning five of them. Earick won both singles games and the final eight ball game with a tough bank shot on the eight.

—Dave Silva

LINE DANCE

from page 17

Jojo Weingart, Kelly Johnson, David Powell, Carmel Atkinson, Anna Derby, Chung Cha Lewis, George Pinada, Gina Baik, Jinna Yoon and Sunny Kim.

For safety, classes are limited 35 people on a first-come, first-served basis. Face masks and exercise shoes are recommended. No membership is required, but donations are accepted.

For more information, text 562-301-5339.



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RELIGION

Holy Family Catholic Church

Holy Family Catholic Church will hold a rummage sale on Friday, April 21, and Saturday, April 22. People can bring their unwanted items to the Parish through today, April 20. Items may be brought to the side of the rectory Monday through Friday

from 9 a.m.-4 p.m. Items accepted include collectibles, home decor, small appliances, kitchen accessories, women and men's accessories, bedding, antiques, small furniture, health care items (walkers or wheelchairs) children's toys or baby toys and games, holiday

decor, pet accessories, tools, craft items, sporting goods, bicycles and more. The church will not accept used clothing, books, paint or chemicals, large appliances, bulky furniture or mattresses. For more information, call 562-430-8170.

Redeemer Lutheran & St. Theodore's

Pastor Jennifer Zahnow will be the guest preacher and celebrant for Redeemer Lutheran and St. Theodore Episcopal Churches' morning worship service on Sunday, April 23. LWers are invited to reflect, join the celebration and share scripture and Communion at 10:30 a.m. in the sanctuary at 13564 St. Andrews Drive. As part of its mission and ongoing service to the community, Redeemer Lutheran asks LWers to bring a few cans of nonperishable food items to the sanctuary to be distributed to neighbors in need. For more information about the service or the work of the church, call 562-598-8697.

Faith Christian Assembly

Faith Christian Assembly believes that although life can be challenging at times, there is a God in heaven who loves and cares for us. "That you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height—to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God" Ephesians 3:17b-19.

Residents are invited to learn more about the great love that Christ has for people this Sunday, April 23, at 10:30 a.m. Faith Christian Assembly is a friendly congregation where the Bible is taught, hymns are sung, and friends are made. Sunday service times are 10:30 a.m. and 5:30 p.m., with a pre-service prayer at 5 p.m. Faith Christian Assembly is located on the corner of Seal Beach Boulevard and St.

Andrews Drive at 13820 Seal Beach Boulevard. The Wednesday morning Bible study is at 11 a.m. The church office hours are Tuesday-Friday from 8 a.m.-5 p.m. To receive more information on the church, or to receive a copy of the free monthly newsletter, call the church office at 562-598-9010, email contact@fcachurch.net or visit www.FCACHurch.net.

Buddha Circle

Buddha Circle will meet with Ven. Kusala on Saturday, May 6, in Clubhouse 3, Room 1, from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community and presents Buddhism in a simple way. The group is interactive and those who attend are encouraged to ask questions. Donations are welcome and will support Ven. Kusala in his teachings. For more information, call 562-431-7275.

Christian Women's Fellowship & Bible Study

The Christian Women's Fellowship and Bible study group will meet on Monday, April 24, at 10 a.m. in Clubhouse 3, Room 6. The group's new study is in "A Woman's Walk with God" by Elizabeth George. For more information, call Jean Davidson at 562-431-0597 or Margie Singleton 562-594-8100.

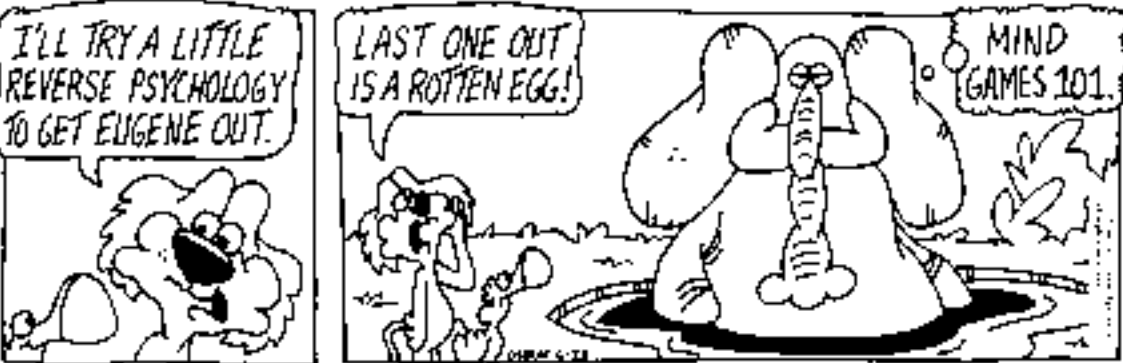
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C	A	N	I	N	O	L	I	RACK 1 =	59
P	A	Y	A	B	L	E		RACK 2 =	92
D	E	F	L	E	C	T		RACK 3 =	67
A	N	A	R	C	H	Y		RACK 4 =	65
T	I	T	U	L	A	R		RACK 5 =	57

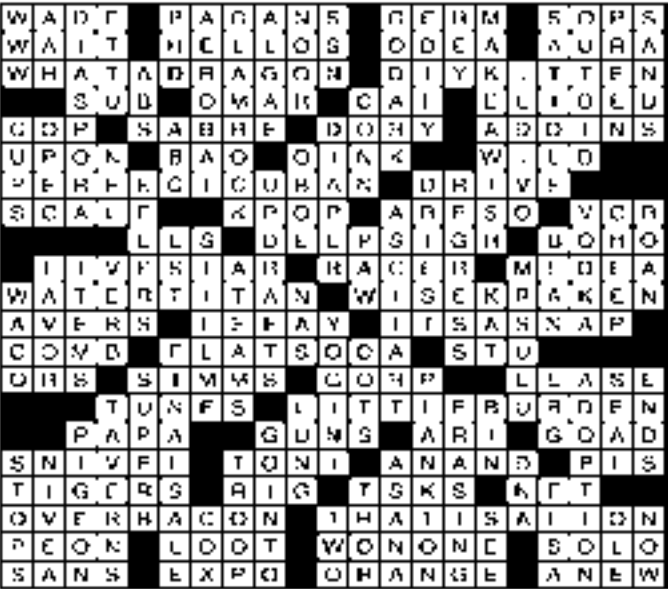
PAR SCORE 260-270 TOTAL 340

Puzzle Answers

Puzzle pages 6-7



Crossword Answers



Sudoku 1 Answers

2	7	6	5	3	4	1	8	9
1	8	3	6	9	7	2	5	4
5	4	9	8	1	2	6	3	7
6	5	7	2	8	9	3	4	1
9	3	2	4	6	1	8	7	5
8	1	4	7	5	3	9	2	6
3	2	5	9	4	6	7	1	8
7	9	8	1	2	5	4	6	3
4	6	1	3	7	8	5	9	2

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

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Sudoku 2 Answers

9	3	5	6	8	2	1	7	4
4	7	6	9	5	1	2	3	8
2	1	8	7	3	4	5	6	9
1	2	4	3	6	9	8	5	7
3	5	7	4	2	8	6	9	1
8	6	9	5	1	7	4	2	3
5	8	3	1	7	6	9	4	2
7	9	1	2	4	5	3	8	6
6	4	2	8	9	3	7	1	5

Guess Who?
Sadie Sink

Crypto Fun Answers

A. legume B. bean C. tofu D. cooking

Boggle BrainBusters Answers

TAFT POLK PIERCE CARTER TRUMAN MONROE

Word-Find Answers



First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

Pastor's Message

There are many references to genealogy throughout the Bible. One of particular interest is the genealogy of Terah found in Genesis 11:27: "Terah begot Abram, Nahor and Haran. Haran begot Lot." God would later change the name of Abram to Abraham. The lineage from Adam to Abraham is the lineage of the coming Messiah that was promised in Genesis 3:15.

In Genesis 12:1-3, the Lord had said to Abram, "Get out of your country, from your family and from your family's house to a land that I will show you. I will make you a great nation; I will bless you and make your name great, and you shall be a

blessing. I will bless those who bless you and I will curse those who curse you; and in you all the families of the earth shall be blessed."

Christians just celebrated the greatest blessing of all, the death, burial and resurrection of Jesus who died for all people on the cross to pay for the world's sin. That momentous event opened the door for all people of every generation of every nation to become a part of the family lineage established by God through Abraham.

Weekend Services

Sunday services are traditional services from 9:30 a.m.-10:45 p.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. Beverly Sunday will present a special hymn this week.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the

Women's Bible Study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible Study group from 9:30-10:30 a.m.

The Thursday Bible Study group, led by Elder Jack Frost, meets from 10:30-11:30 a.m.

Pastor Bruce Humes leads the prayer and Bible study group on Fridays from 6-7 p.m.

All are welcome to join.

Scripture of the Week

"And Jesus said to his disciples, 'And do not seek what you will eat and what you will drink, and do not keep worrying. For all these things the nations of the world eagerly seek; but your Father knows that you need these things. But seek his kingdom and these things will be added to you. Do not be afraid, little flock, for your Father has chosen gladly to give you the kingdom'" Luke 12:29-32.

Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call 562-431-8810.



Senior Pastor Dr. Jang Young Yong led an infant baptism ceremony for Michael Kim and Jennifer Yong's daughter, Celine Bitna Kim.

Leisure World Korean Community Church

Leisure World Korean Community Church (LWKCC), led by Rev. Dr. Jang Young Yong, held a special Easter morning service for Korean LW residents on April 9.

During the early morning service at 6 a.m., Pastor Hur Young Chin delivered a message and the LW choir sang Handel's "Hallelujah."

The church also held an Easter service at 11:50 a.m.. The orchestra and choir sang "Worthy is the Lamb, Who was Slain" under the direction of Music Pastor Kim Gyu-sam. Senior Pastor Jangyoung Yong delivered the Easter message titled, "God Who Raises the Dead."

On April 2, on Palm Sunday, Saint Park Kyung-soon was baptized, and on April 9, Michael Kim and Jennifer Yong's second daughter, Celine Bitna Kim, christening was also held. Shining Celine, who received her infant christening, is the second granddaughter of the senior pastor.

LWKCC holds weekly Sunday worship services at 11:50 a.m. and morning prayer meeting Tuesday-Saturday at 6 a.m. in the main hall under the guidance of the senior pastor. After the Sunday service and the Saturday morning prayer meeting, there is fellowship and food in the fellowship room.

For more information about the church, call 714-323-0897.

Assembly of God

Service/Gathering Times:

Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The Hymn Sing will be held Sunday, April 23, in the Clubhouse 3 Lobby at 6 p.m.

This week's sermon Pastor Chuck Franco continues his series "The Good Fruit We Bear," with an emphasis on joy. Happiness can be obtained from many sources. Joy is not elusive. It is a state of the heart and mind. Joy comes with the confidence of God's love and his perfect will for one's life. It is a gift that

comes to the believer from the loving hand of God and sustains one through life's uncertainties. Joy is a rare and special gift that can be exponentially powerful when it is shared with others.

Bible Study: The book of Acts lays the blueprint for God's plan and his purpose for the church, the people of God, on this earth. Not only does Acts present the plan, it also reveals the source of power in the plan. The same power that ignited the early church is available to the church today. This is an interactive Bible study, moderated by Pastor Chuck, with participa-

tion by students.

Contact: More information about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

Community Church

The Community Church Missions Team is sponsoring a fundraiser at Polly's Pies in Los Alamitos on Wednesday, April 28, from noon-4 p.m. LWers can stop by the office or join the Sunday worship service and pick up a flyer that contains a barcode required for the fundraiser. The proceeds will benefit local missions projects.

Much more than just a Sunday, Easter is a season for Com-

munity Church. The season of Easter guides believers to see the resurrections and new life that are taking place as they are called out of fear and into new life. This week, the church will look at Acts 2:14a, 36-41; 1 Peter 1:17-23; and Luke 24:13-35 during a sermon titled: "A Promise that Cannot Wait."

As always, the word Gospel means "good news" and those who are in need of some good

news are welcome to join the service in person or online on Zoom and on Facebook at [@CommunityChurchLeisureWorld](https://www.facebook.com/CommunityChurchLeisureWorld). People can contact the church office to receive the Zoom link. The in person Sunday service is followed by food and fellowship.

Those who are in need without another way to address it can call the church office and leave a message at 562-431-2503.

Congregation Sholom

Congregation will hold services led by Rabbi Eric Dangott via Zoom on Friday, April 21, at 6:30 p.m. Rabbi Mike Mymon will lead the Zoom service on Saturday, April 22, at 10 a.m.

Saturday's Torah portion will be Tazria-Metzora from the book of Leviticus. Tazria (She Bears Seed) opens by describing the purification process for a woman after childbirth. It then describes different forms of tzaraat, a discoloration condition on skin or clothing, and the requirement of an infected person to dwell alone outside the camp and be inspected by a priest.

Metzora opens by describing the purification process and accompanying sacrifices for one infected with tzaraat. It then describes the process of treating a house infected with tzaraat and the ritual impurity generated by certain bodily discharges.

To receive a Zoom Invitation, contact Jeff Sacks at 714-642-0122.

Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online. Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121.

LW Baptist

LW Baptist will look at Job's expressions in chapter 31 about God's redeeming grace on Sunday, April 23, at 10 a.m.

Job 31 links to having an inheritance from God, being in his household, reflecting his love to others and treating them with equality since they are in God's image.

The women's Bible Study group will meet on April 24 in Clubhouse 3, Room 6, at 10 a.m. to discuss growing closer to God. The Energizers will gather for prayer and to learn from the Psalms on April 26 in Clubhouse 3, Room 1, at 3 p.m.

For more information about the church, call 562-430-8598.

CLASSIFIEDS

GENERAL

Calling All New-Comers to Leisure-World: Join Open-Forum-Discussion for questions regarding Leisure-World-Community. Saturdays/April-22nd/April-29th/May-06th/(11:00am-1:00pm). Call/714-654-5434 for Mutual-5 meeting-address. Exp 5/10

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LWWeekly

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The LW Weekly: 562-430-0534

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Yard Sale. Thursday/April-20th-ONLY. (9:00am-1:00pm). 1771 Sunningdale Road, Mutual-14/Unit-49F, 3rd driveway on right. Kayak/Karaoke/Clothes/Glass/MANY-TREASURES. For Information-or-Entry, Call-Ellen/310-890-2368.

LIKE-NEW Costco Queen-mattress still in plastic cover! \$290 plus FREE/metal-frame. Pickup in LW. Could deliver for \$\$\$. Text/ (562)-619-4419

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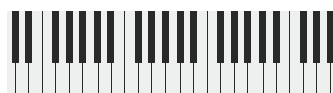
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Basic 2 BDR/ 1 Bath, New paint and flooring, Skylights, enclosed side patio



Mutual 16 - 54A

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One-Bedrooms

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Great location, close to parking

Mutual 3-28C \$217,500
Expanded, double pane windows, up-graded kitchen, good location

Mutual 1-40D \$229,500
Great greenbelt, enclosed patio, sky-lights, very nice

Mutual 4-77E \$259,000
Elegant unit with upgraded appliances

Two-Bedrooms

Mutual 1-26L \$318,000 corner unit with extra large skylight

Mutual 11-273L \$349,900
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Mutual 15-46P \$377,000
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Mutual 1-10G \$425,000
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Chris Kim
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M2-29E \$585,000

Elegant and unique describes this 2 Bedroom 1 1/4 Bathroom custom Leisure World home. Enter through a leaded glass door into a lovely living room that features an entry closet, crown molding, electric fireplace, double pane bay windows, tract lighting and it is carpeted. The exceptionally spacious kitchen has custom cabinets with Quartz counter tops, built-in stove top, oven, microwave, refrigerator, dishwasher, and features recessed lighting. Formal dining room has crown molding, wood plank flooring, and double pane sliding glass doors to patio. Main bedroom is carpeted, has a walk-in closet, crown molding, tract lighting, and double pane sliding glass doors to patio. Main bathroom has a shower over bathtub, tile flooring, Quartz counters, and sola tube. Second bedroom is carpeted, has a wardrobe closet, double pane windows and overlooks patio and garden area. Second bathroom has a shower, cabinets with Quartz counter, double sinks, and washer/dryer. Hallway has a linen closet and an additional storage closet. Extra features include attic storage space, two private side patio's and garden Space that runs the length of the home, and small private tiled entry patio.

PENDING

Mutual 9-225C
Mutual 9-212C
Mutual 6-143A

SOLD 2023

Mutual 9-230D
Mutual 11-283D
Mutual 4-51D
Mutual 8-189D

SOLD 2022

Mutual 14-17B
Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6-117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5-117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10-250J
Mutual 11-286B
Mutual 12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

Mutual 1-26L \$318,000

A must see corner 2 bedroom 1 bath cottage newly redecorated. This charming home is light and bright and ready to move in. It has new deluxe vinyl flooring though out and has been newly painted. The Kitchen has white cabinets and features built-in appliances including a built-in dishwasher and extra- large skylight. The bathroom has a large skylight and cut down shower for walk-in convenience. The private patio has new indoor/outdoor carpeting and walk-in storage closet. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities including, a swimming pool, Jacuzzi, 9 hole 3 par golf course, bocce ball, shuffle board, arts, ceramic and sewing room, a variety of exercise and card groups, library, health care center, amphitheater and so much more. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



M4-77E \$245,000



Charming upgrade and recently remodeled 1 bedroom, 1 bathroom home. This delightful home has many upgrades. Spacious living room is light and bright and features leaded glass entry door, double pane windows with plantation shutters and deluxe vinyl plank flooring. Kitchen has new built-in appliances including Bosch stove and oven, LG double door refrigerator with lower freezer, new sink, and costume counter tops and new ceiling fan. Bedroom has deluxe vinyl plank flooring and double pane sliding glass doors to patio. Bathroom has new counter tops, sink, high boy toilet and cut down shower for walk-in convenience. Private patio has indoor/outdoor carpeting with patio storage and gated entry

M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



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GASPER MONTEER
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www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 32 pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



In Escrow

1881 Golden Rain Rd #23F | M14 | \$395,000
Drive-up location 2bed/1bath with full expansion and exterior storage. Beautifully remodeled kitchen, AC heat pump, stackable washer/dryer, sprawling laminate floors throughout, dual pane windows.



***Price Improvement**

13660 Annandale Dr #21F | M1 | \$379,000
Corner patio with garden walk up looking out onto the golf course! 2Bed/1Bath, heat pump, light and bright kitchen with skylight and newer appliances. Bamboo floors, dual pane windows, washer/dryer, meticulously maintained!



1300 Mayfield Rd #61A | M6 | \$475,000
Corner greenbelt location 2bed/2bath unit fully expanded with patio. Skylights and solar tubes throughout, large kitchen, custom built-ins and laminate floors. Carpet in bedrooms with walk-in closets in both!



In Escrow

1681 Monterey Rd #15F | M2 | \$575,000
2Bed/2Bath corner unit with all the bells and whistles! Gorgeous fully expanded bay windows, designer kitchen, washer/dryer, central AC, enlarged skylights, recessed lighting and much more!



13131 Shawnee Ln #268C | M11 | \$309,000
Adorable 2bed/1bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



New Listing!

13200 Del Monte Dr #23P | M15 | \$329,000
Upper unit 2bed/2bath with window patio enclosure. Galley kitchen with newer oven and refrigerator. Blank canvas ready for your interpretation!

04/17/2023 - Year To Date MLS Activity

■ For Sale ■ In Escrow ■ Closed Sale



Month	For Sale	In Escrow	Closed Sale
Jan	55	38	15
Feb	50	40	25
Mar	55	55	20
Apr	60	48	20
May			
Jun			
July			
Aug			
Sept			
Oct			
Nov			
Dec			

On April 17th, 2023 a total of 60 units show as active listings on the CRMLS
(this is where Realtors list property for sale)

13 - 1 bedroom/1 bath units
from \$215,000 to \$285,000

31 - 2 bedrooms/1 bath units
from \$265,000 to \$479,000

16 - 2 bedrooms/2 baths units
from \$355,000 to \$597,500

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory! We are here to help!



ENTER TO WIN

Cinco de Mayo Basket!!!

a basket filled with all the cinco de mayo must-haves and a \$100 trader joes gift certificate!

CINCO DE MAYO BASKET RAFFLE!
DRAWING WILL BE ANNOUNCED MAY 4TH. DEADLINE TO SUBMIT MAY 1ST!

CUT OUT AND MAIL IN OR DROP OFF:

Gasper Monteer Realty Group
1900 St Andrews Drive #B,
Seal Breach, CA 90740

NAME: _____

PHONE: _____

EMAIL: _____

☐ I want to receive information about the market in Leisure World



The Januszka Group, Inc.
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HOME SALES

(562) 598-1388

www.OnsiteHomeSales.com

First Quarter Market Update – Sold Units

January 2023 thru March 2023
BASIC UNITS

1 Bedroom: \$193,000 to \$265,000
2 Bedroom – Inside: \$287,000 to \$379,000
2 Bedroom – Corners: \$305,000 to \$330,000

EXPANDED UNITS

1 Bedroom: \$228,000 to \$252,500
2 Bedroom – Inside: \$305,000 to \$417,500
Exception: \$506,000
With 1+ baths: \$405,000 to \$440,000
2 Bedroom – Corners: \$325,000 to \$423,500
With 1+ baths: \$424,000 to \$599,900
Exception: Full modern expansion on golf course - \$730,000

MUTUAL 15

Two Bedrooms, Two Baths: \$305,000 to \$405,000
Exception: Expanded and remodeled - \$550,000
Atriums: No atriums closed this quarter

MUTUAL 17 – CONDOS

Condominiums: \$482,000 to \$494,000

Prices are determined by location, condition and amenities ...
If you would like to know the value of your unit, please
Call for a Comparable Market Analysis.
Based on information available to us at time
of publication. Reflects ALL closed sales.



Dawn Januszka
Broker
DRE #02110501



Ginni Houck
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John Webster
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Elana Torres
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