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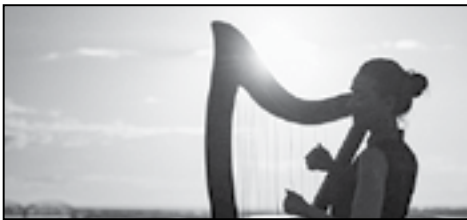
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ICE CREAM: The Golden Age Foundation is hosting an ice cream social on Wednesday, May 3. See page 21.



SPECIAL EVENT: Tickets are now available for GRF's Mother's Day brunch, featuring harp music and an elegant repast. See page 17.

EVENTS

Celebrate Cinco de Mayo next Friday

Recreation's Cinco de Mayo event will be held next Friday, May 5, with even more reasons to attend. Enjoy Koffel's Mexican food truck, its famous virgin margaritas and a variety of Mexican and American food. This year will feature Mariachi Zapopan, one of the most popular singing groups of the genre in Southern California. The dancing and fun start at 5 p.m. in the Clubhouse 6 parking lot, as well as inside. The first floor of the clubhouse will be closed to normal activities, including table tennis. This is one of the most popular events of the year, and the space is always filled to capacity, both inside and outside the clubhouse, so residents only for this free festival. Since parking is extremely limited, a free shuttle from the Clubhouse 4 parking lot will run continuously from 4:30 p.m.

TOWN HALL



LW residents listen intently as Security Director Victor Rocha (standing) fields questions from the crowd.

All-department town hall attracts hundreds
Directors discuss security, bylaws changes and excessive club setups

CALL FOR SUBMISSIONS

Honoring Mom

Mother's Day lets the most important woman in people's lives know how greatly appreciated she is. Mothers are trusted confidants, best friends and ongoing support systems. The LW Weekly will celebrate mother love in a special edition featuring memories of, and tributes to, those mothers and maternal figures who cultivate potential to the fullest in their children. LW residents and their families are invited to submit brief tributes (one to two paragraphs) to emmad@lwsb.com. High resolution jpgs are welcome. Submissions are subject to editing and will run as space allows. Deadline is May 4 for the May 11 edition.

by Emma DiMaggio
emmad@lwsb.com

Hundreds gathered in Clubhouse 4 on April 19 for an all-department town hall event to get updates on the new gate access system and learn more about club set-up fees, GRF bylaw changes and other topics of interest. People also had a platform to give feedback on GRF operations, which included customer service concerns and traffic safety among other issues.

Excessive club setups could increase cost of custodial contract

The Recreation Department has proposed a plan to recoup expenses related to excessive club setups by charging fees to clubs whose setup and teardown times exceed one hour.

According to Recreation Director



GRF Carpenter Jorge Valencia repairs one of the fold-out tables used for events in Clubhouse 6.

Jesse Cripps, club setups have become increasingly complicated, some of which

require hours-long setup times. This poses a challenge for Recreation. Third-party custodians are responsible for setting up elaborate table and chair configurations for club meetings and events. However, Recreation's custodial contract provides only one custodian per shift, per clubhouse. Excessive set-ups and teardowns often require multiple custodians. Cripps showed the crowd a few examples to demonstrate how certain setups can strain staffing. The examples are in custodial hours—meaning two custodians working for 30 minutes equals one custodial hour. In one, a bingo event required 38 long tables, four regular tables and nearly

TOWN HALL, page 2

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10am-4pm

See Ad Inside for Details
Plus Special Coupon

Parking enforcement will commence this Friday

Parking enforcement will begin Friday, April 28. Security will use the new Community Violation Notice (CVN) to document parking violations inside Leisure World. The enhanced system streamlines the enforcement process and will reduce the administrative burden on the Security and Finance Departments.

Dealing with a citation: pay or appeal

When a citation is issued, the violator can instantly pay online or in-person at the Finance Office, which will have all the citation information available. This information can also be found on the back of the citation.

Those who want to appeal their citation may do so via two options:



1. In-person: The appeals board meets the third Tuesday of each month at 10 a.m. in Conference Room A, located in the Administration building.

2. Written Appeal: A violator can write an appeal online or send the appeal letter to PO Box 2069, Seal Beach, CA 90740. The Security Department will provide the appeals board with the necessary information regarding the citation before the meeting of the appeals board, including photographs. It is important to note that once a citation is issued, Security does not have the authority to cancel or waive that citation.

How Security will deal with enforcement

At this time, the enhanced citation program will be enforced on GRF Trust

ENFORCE, page 3

TOWN HALL
from page 1

300 chairs. The setup took five hours and 50 minutes, almost six times as long as budgeted. Their typical attendance is under 75.

In another instance, a cultural club required a 2.5-hour setup, and a church required a 4-hour-and-15-minute setup. Approximately 45 people attend regularly. Among all of Recreation's examples, longer setup times did not correlate with higher attendance levels.

Labor and supplies have also risen with inflation, and the hourly cost per custodian is \$27 per hour.

It's this \$27 hourly that Recreation wants to pass on to clubs with lengthy labor-intensive setups that will create cost burden for GRF during future contract negotiations. Its three-year custodial contract has already grown to \$6 million.

The department hopes that, in combination with education, the new \$27 per hour fee will help discourage excessive setups and recoup the losses associated with them.

Cripps said he hoped the presentation was comforting to most LW clubs who have "perfectly reasonable setups" that custodians can complete in the budgeted time frame.

The new plan also places the cost burden on the exclusive-use group, i.e. the clubs, instead of the whole community, since an



Innovative Cleaning Services custodian Salvador Moreno (l) and supervisor Selvin Deleon haul fold-out tables for an event in Clubhouse 6.

increase in the overall custodial budget could affect residents' assessment fees.

Cripps emphasized that GRF was not attempting to make money from shareholders or put a financial burden on clubs. The move is meant to recoup unexpected costs that fall outside the GRF's contract.

GRF Director Sandy Geffner clarified that free concerts like

Abilene, the Velvetones and Vinyl Rock, which are hosted by Recreation, will not be subject to the fee.

An answer to unanswered phones

GRF is tackling the issue of unanswered phone calls. In response to resident complaints, the foundation will form a "customer care concierge team."

The team will be made up

of customer service representatives whose main job will be to answer shareholder questions, and answer phones and direct calls.

One current receptionist has been assigned to the team, and two additional staff members were hired to similar positions—one will work concurrently as a cashier and the other will be a subject matter expert on Stock Transfer.

Also, GRF is getting a new, more "dynamic" phone system in the coming months and rolling out a set of standard operating procedures that will require staff to return voicemails within two business days.

"The hope is that, when everyone does call in, there's going to be less transfers and more immediate answering of questions for shareholders," GRF Executive Director Jessica Sedgewick said. "The goal is to not have to send shareholders all over the place trying to get their answers. That is coming; we're working on it."

During the town hall, Sedgewick also shared data provided by GRF's phone company that showed that GRF offices received 149,000 phone calls in

March, which equates to about 5,000 calls per weekday.

She pointed out that the sometimes-overwhelming call volume can prove challenging to staff. Of 180 employees, only around 80 take phone calls. Some departments mostly employ staff who are out in the field such as Service Maintenance and Security.

LWers will vote on bylaws changes

Directors discussed two proposed changes to GRF bylaws that will be voted on this coming month.

A "yes" vote would correct language in the bylaws that implies that the annual GRF elections are at large, meaning that a quorum of votes of the entire GRF membership is required, rather than a subset from a specific Mutual. This change would ensure that each Mutual's GRF representative is selected only by that Mutual's members.

The second proposal asks GRF members to amend articles implying that only men can be GRF directors or serve as GRF board directors—a rule that led the crowd to erupt with laughter.

"I hear all the women laughing," Susan Hopewell said at the town hall. "Clearly that's not the case, because in recent years it's been more women than it's been men."

The bylaws were written in 1962, hence the need for updated language.

Member participation in this election is particularly important, because 2,203 members must return ballots for the bylaw measures to be passed.

For more information on the bylaw changes or the ballot process, call Election Specialist Ripa Barua at 562-431-6586, ext. 329.

New gate access system is on track

Security Director Victor Rocha gave the crowd a brief update on the progress of LW's new gate access system.

The enhanced access system will increase security at LW's entrance gates and will include:

- 10 License Plate Readers (LPR) to capture vehicle plates

TOWN HALL, page 15

Rowntree Gardens Presents

Ann Hablitzel RN,BSN,MBA

Lunch & Learn

Topic:
Healthy Aging

Monday May 15, 2023

10:30am-1:00pm

Be our guest and join us for an informational talk and complimentary lunch.

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The Golden Age Foundation celebrated its 50th anniversary on April 22. Anna Derby (red vest) accepted a certificates of recognition for the foundation from Sen. Janet Nyguyen (second from left). Also pictured are GAF Vice President Carl Kennedy (l-r), GRF President Marsha Gerber (center), and Seal Beach Mayor Thomas Moore and council member Nathan Steele. *See the full story on page 19.*

Free Dementia Care Consultations

Residents who would like to have a conversation with a dementia specialist from Alzheimer's Orange County can now make a free appointment.

These are private, one-on-one consultations to help plan and identify resources, assistance and support.

Consultations can include education about Alzheimer's disease, dementia and assisting with individual needs.

Dementia specialists from Alzheimer's Orange County will hold office hours in its Social Services Office, located in Building 5—the door in between the Cafe and Conference Room C, next to the Coke machine. The office is behind the Optum Healthcare Center and Pharmacy.

Office hours are 1-5 p.m. on Tuesdays and appointments are required.

To make an appointment,
call 949-757-3753.

These consultations are supported by through funding from the Golden Age Foundation.

ENFORCE

from page 1

property only.
There are no assigned “parking enforcement” officers in Security.

Parking enforcement will be conducted by patrol officers when there are no other duties of higher priority occurring in the community—such as paramedic calls, incident reports, etc.

The Security Department asks residents to assist them with enforcement by advising them immediately of any parking violations, including those believed to be in violation of the 72-hour parking rule.

AQUATIC CENTER



After issues with the pool heater last week, Raypak Company Lead Field Technician Juan Arias came down to the Aquatic Center to test the heater's wiring. The problem was fixed the same day, and the water is back to a comfortable 80-84 degrees.

Minibuses are back in operation

All Minibus routes and services are back in operation following the theft of five catalytic converters from three minibuses on April 3. Following the event, two regular bus routes were shut down while the vehicles underwent repairs.

Fleet Manager Grant Winford thanks residents for their patience.

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PERSPECTIVES

Letters to the Editor

Editor:

I took the new amenities survey and found it to be a frustrating experience. For most of the amenities, there was no option to simply say no, I don't want this amenity or no, I don't want my GRF assessment spent on this amenity.

Here is my amenities survey: full service restaurant, no; on-site salon spa, no; on-site grocery store, no.

I have some questions for
GRF.

Has GRF contacted any vendors for these amenities to see if they thought they could be profitable in a gated community of 6,608 apartments, where there are lots of similar businesses nearby? There are also similar businesses near Leisure World that have closed in recent years.

Does GRF know how much it would cost to build spaces for these amenities?

How much rent would GRF charge?

How long would it take to make back the cost of building spaces for these amenities?

What happens if a vendor for an amenity finds that his business is not profitable and does not renew his lease?

What happens if GRF cannot find a new vendor to sign a lease

for the space that was built for a particular amenity?

Signe Merrifield
Mutual 16

Editor's Note: Leaving the line blank was interpreted as a "no" response in the survey. Every proposed amenity had the choice of rejecting it if it raised assessments. The survey also contained ample room for comments, which are now being tabulated.

Editor:

I attended the recent town hall meeting and heard the presentation by GRF's Security Director Victor Rocha on the new security system. This new security system is going to cost around \$400,000.

I wondered what is the benefit vs. the cost? I suspect that my idea of a crime problem is a lot different than GRF's.

I grew up in Newark and spent most of my life in the Newark and New York City metro areas. When I read the crime log in the LW Weekly, I wondered, "What crime?" Some flowers were stolen. Some unsecured stuff was stolen.

The most serious crime in Leisure World was the theft of catalytic converters from the Minibuses.

That could have been prevented by parking the buses in

an area surrounded by a fence with a locked gate and installing security cameras. According to Mr. Rocha, most of the crimes in Leisure World are committed by residents or visitors called in by residents. How is this new security system at the gates going to prevent these types of crimes in Leisure World and is it worth the cost?

Abraham Samansky
Mutual 16

Editor:

Having missed a couple

Scam Alert

A variation of the so-called grandma scam is targeting some LW residents, according to anecdotal reports, one of them from Tiny Schaffer, LW's resident computer expert and vocalist at GRF dances. One of her clients recounted the following story about her neighbor: "My neighbor's mom is 83, and she just got a call notifying her that her son was in the hospital, and instructing her to take \$10,000 to the hospital immediately. The woman had her neighbor drive her to the bank, pull the cash and head to the hospital where she was met by a man, who accepted the cash. Needless to say, her son was never in the hospital."

of issues, this letter may seem repetitive.

A restaurant located conveniently in the neighborhood with the attributes cited by W.H. Smith in his letter (April 13) sounds great.

I suppose, however, any restaurateur considering moving in here will first determine why another restaurant with those attributes, Denny's, is no longer around.

Lee Hoyt

Mutual 11

GRF Services

RV Lot Hours

The RV Lot office is now open seven days a week. Residents may stop by Monday through Saturday from 8 a.m.-4 p.m. and Sundays from 10 a.m.-2:30 p.m.

People may also call 562-431-6586, ext. 373, and leave a message any time.

For further information,
contact kyleb@lwsb.com.

Stock Transfer Mail Slot

The Stock Transfer office has a mail slot on its exterior wall near the LW Administration sign. The drop-off slot allows residents to get documents to GRF staff faster and provides safe, convenient office access. Dropped off documents must be in sealed envelopes and include the resident's name and phone, and Mutual and unit numbers, along with a brief explanation of the business action. No postage is needed.


Passport Photos

The GRF Copy & Supply Center offers passport photo service in Building 5 from 9 a.m.-4 p.m. (closed for lunch 12-12:30 p.m.) No appointment necessary. Two photos cost \$10.

SCAM, page 6

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LW *Weekly*

Leisure World Seal Beach

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GOVERNMENT

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Mon., May 1	Recreation Committee Conf. Rm B/virtual..... 1 p.m.
Tues., May 2	Information Technology Services Conf. Rm A 10 a.m.
Wed., May 3	Physical Property Committee Conf. Rm B/virtual..... 1 p.m.
Thu., May 4	GRF Executive Session Conf. Rm A 1 p.m.
Mon., May 8	Mutual Administration Committee Conf. Rm A/virtual 1 p.m.
Fri., May 12	Architectural Design Review Committee Conf. Rm A/virtual 1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee. Residents are welcome to attend committee meetings but GRF executive sessions are closed to the public.

GRF BOARD

Executive Session

Thursday, May 4
1 p.m.
Conference Room A

This GRF meeting is closed to Shareholders/Members per Civil Code §4935.

1. Call to Order
2. Roll Call
3. Approve Minutes
4. Legal
5. Contracts
6. Pending and/or Litigation Updates
7. Member Code of Conduct
8. Personnel
9. Adjournment

Agenda is subject to change.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Thu., April 27	Mutual 1 Conf. Rm A/Zoom 9 a.m.
Fri., April 28	Mutual 6 Conf. Rm A/Zoom 10 a.m.
Tues., May 2	Mutual 17 Conf. Rm A/Zoom 1:30 p.m.
Thu., May 4	Presidents' Council Clubhouse 4/Zoom 9 a.m.
Mon., May 8	Mutual 9 has cancelled this meeting. Conf. Rm A/Zoom 9 a.m.
Tue., May 9	Mutual 16 Conf. Rm A/Zoom 1 p.m.
Wed., May 10	Mutual 4 (open forum 8:30-8:45 a.m.) Conf. Rm A/Zoom 8:45 a.m.
Thu., May 11	Mutual 12 Conf. Rm A/Zoom 9 a.m.
Fri., May 12	Mutual 3 Conf. Room A/Zoom..... 9 a.m.
Mon., May 15	Mutual 15 Conf. Rm A/Zoom 1 p.m.

OF MUTUAL INTEREST

Frequently Asked Questions about Annual Meetings and Elections

By Ripa Barua
election specialist

The 2023 annual meeting season begins May 16. The fever-pitch of activity will continue for the next six weeks as all 16 mutuals host their annual meetings.

The annual meeting and election season begins in January and concludes at the end of June. There are often many questions about this time of the year and why these activities are important. Here are the most common questions and their answers.

What is an annual meeting and how is it different from a regular board meeting?

The Mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year. Directors read reports concerning finances, infrastructure, accomplishments

and goals for the future. An annual meeting is similar to a state of the union speech as directors are limited to presenting reports whereas business is conducted at board meetings.

Who can attend annual meetings?

Shareholders/owners are encouraged to attend their mutual annual meeting (see schedule below).

Are the elections and annual meetings held on the same day?

The ballot counting for your mutuals election will be conducted at the annual meeting.

How often are elections conducted?

Most mutual boards of directors are elected annually.

How many ballots will I receive?

Everyone will receive two ballots due to the GRF bylaw amendments.

Should I separate the voting portion of the ballot before mailing it in the envelope

provided?

No, return the full legal-sized ballot in the envelopes provided. **Has my ballot been mailed?**

Check the election schedule (below) to see when the mutual ballots were mailed.

There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power. Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf?

Depending on your Mutuals election policy, proxies may be used in Mutual elections. To ensure the ballots integrity, ballot envelopes must be signed by the shareholder member connected to that household.

Are write-in candidates permitted?

There is a space on most Mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called “nominated from the floor”) and must be present to accept the nomination.

My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to you at the address of your choice. Call Accurate Voting Services toll free at 949-556-3936 to request a replacement ballot.

The candidates on my ballot are running unopposed;

why should I vote?

Your participation in the election process is critical for the operation of this community. Every vote counts! Additionally, the return of your properly cast ballot ensures that your Mutual will obtain the necessary number of votes to produce the annual meeting and counting of ballots.

I do not know the candidates running for my Mutuals board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on topics that are important to you. Attend meet-the-candidates events. Ask your friends and neighbors their opinion.

If you decide you still do not want to cast your votes for any of the mutual candidates, you are still strongly encouraged to vote by checking the box labeled abstain from voting-ballot counted for quorum only portion of the ballot. This lets you participate in the election

process by returning a properly cast ballot.

I have heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must be present to make mutual annual meeting proceedings valid. In the case of elections, your participation in the voting process, i.e. your properly cast ballot, counts as your attendance. A quorum of at least one-third for some Mutuals and half plus one for some of the Mutual corporation membership is required before the mutual ballots can be counted.

I lost my ballot or cannot remember if I mailed my ballot. What do I do?

Call Accurate Voting Services toll free at 949-556-3936 to have a replacement ballot mailed to you or to confirm if your ballot was received.

Where do I mail the ballot?

The yellow-and-blue mailing envelopes are postage-paid and pre-addressed to the Inspector of Elections, Accurate

ELECTIONS, page 6

Mutual	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed	Annual Shareholders Meeting
10	276	139	5	Apr. 13	May 16 10 a.m.
14	328	165	7	Apr. 18	May 18 10 a.m.
7	384	193	5	Apr. 19	May 19 10 a.m.
8	348	175	5	Apr. 20	May 22 10 a.m.
4	396	132	4	Apr. 24	May 24 10 a.m.
16	60	20	5	Apr. 24	May 24 2 p.m.
11	312	104	6	Apr. 25	May 25 10 a.m.
9	384	193	7	Apr. 26	May 26 10 a.m.
6	408	205	7	May 3	Jun. 2 10 a.m.
12	452	151	7	May 9	Jun. 8 10 a.m.
2	864	433	9	May 10	Jun. 9 10 a.m.
1	844	282	4	May 11	Jun. 12 10 a.m.
5	492	164	3	May 11	Jun. 13 10 a.m.
3	432	217	7	May 15	Jun. 14 10 a.m.
15	502	252	7	May 17	Jun. 16 10 a.m.
17	126	64	2	May 25	Jun. 27 10 a.m.
Golden Rain Foundation New directors installed at GRF Annual Meeting on June 13, 2 p.m. in clubhouse 4.				Ballots Mailed	Ballot Counting Meeting
Odd Numbered Mutuals				May 5	Jun. 6 10 a.m.

Mutual 3 Election Information

There are two elections taking place this year.

The first election is to elect a GRF Board of Directors representative from Mutual 3 and to vote on changes to the GRF bylaws. The proposed changes to the GRF bylaws include a change that would protect the right to choose a representative from one's own Mutual only, as well as update language regarding gender.

The second election is to elect representatives to the Mutual 3 Board of Directors. All seven seats are up for re-election.

The GRF ballots will be mailed on May 5 and will be counted at 10 a.m., Tuesday, June 6, at the GRF ballot counting meeting held in Clubhouse 4.

The Mutual 3 ballots will be mailed on May 15 and will be counted at 10 a.m., Wednesday, June 14, at the Mutual 3 Annual Meeting for its shareholders held in Clubhouse 4.

Be sure to vote and return all ballots received, as a quorum must be reached to have a valid election. Again, due to two elections two ballots will be mailed separately they are not duplicates.

GRF Board Recap-April 25 Meeting

The following is a recap of the GRF Board meeting held on April 25 in Clubhouse 4.

Approved Consent Agenda

MOVED and approved the minutes of the GRF Board of Directors Minutes, March 28, 2023; accept the Interim Financial Statements, March 2023, for Audit; and approve Reserve Fund Investment Purchase.

General—Accept Donation from The Friends of the Library

MOVED to accept the donation of \$7,500 from The Friends of the Library.

Capital Funding—Perimeter Wall Around Frontier Building

MOVED to Authorize funding to share the cost of replacing the Perimeter Wall with Frontier using their contractor, CRA, and add \$10,000 contingency for a total cost not to exceed \$211,530, capital funding, and authorize the President to sign the contract.

Capital Funding—Clubhouse 6—Wall Mount Fans in Fitness Center Dance Room

MOVED to Award a contract to Kress Construction to install three standard receptacles for fans, one 120v 20amp circuit for fans, provide two global industries wall mount fans for \$4,081 plus a 20% contingency for a total cost not to exceed \$4,897.20, capital funding, and authorize the President to sign the contract.

Operational Funding—Three-Year Contract—Community Facilities Pest Control Service

MOVED to Award a contract to Fenn Termite and Pest Control to provide pest control and termite inspection and localized treatment for all Trust property buildings for a three-year period at a cost of \$60,870 operational funding and authorize the President to sign the contract.

Operational Funding—Holiday Contract

MOVED to Award a contract to Magical Holiday Designs as presented at a cost not to exceed \$30,995 operational funding and authorize the President to sign the contract.

Reserve Funding—Clubhouse 3 Kitchens and Rooms

MOVED to award a contract to Vickers Construction for replacing countertops, painting meeting rooms, installing GRF provided appliances (estimated cost \$32,000) and installing new blinds in Rooms 1-8 in Clubhouse 3 at a cost of \$75,600. Also have Service Maintenance install a storage closet adjacent to Room 9 in the main lobby and replace lighting with LED type for a cost of \$9,000 and at a cost of \$6,000 for installation of a television for a total cost

not to exceed \$138,710, reserve funding/capital funding, and authorize the President to sign the contract.

Cost Recovery—Approve Homewise Docs Schedule of Fees

MOVED to approve Homewise Docs Schedule of Fees, as presented.

Amend 30-1001-5, Glossary Terms

MOVED to Amend 30-1001-5, Glossary Terms: Authorized Resident, Commercial Worker, Contractor, Emotional Support Animal, Employee, Member, Member/Owner, Non-Resident, Occupant, Owner, Pet, Renter/Lessee, Resident, Service Animal, Service Provider, Shareholder/Stockholder, Vendor, and Visitor; and to add definitions for Director, Executive Director, Lessor Member, Qualified Resident and Governing Documents, as presented.

Final Vote: Ratify 70-1411-1, Facility Reservations

Item was removed as of April 21.

Final Vote: Ratify 70-1406-2, Limitations of Use of Trust Property-Fees

Item was removed as of April 21.

Rescind Existing Charters for the Foundation's Standing Committees

MOVED to rescind the following committee charters, effective as of June 15, 2023: 10-5160-3, Architectural Design and Review Committee; 20-5118-3, Information Technology Services Committee; 20-5125-3, Communications Committee; 30-5110-3, G R F Administration Committee; 30-5167-3, Strategic Planning Committee; 30-5180-3, Governing Documents Committee; 40-5115-3, Finance Committee; 50-5165-3, Mutual Administration and Service Maintenance Committee, 60-5130-3, Physical Property Committee; 70-5135-3, Recreation Committee; 80-5145-3, Security, Bus and Traffic Committee.

Adopt Committee Charters

MOVED to Adopt the following charters assigning responsibilities and limitations to the four standing committees that will report to the GRF Board of Directors and establish the four committees' starting date of June 15, 2023; 10-1000-3, Administration Committee Charter; 20-1000-3, Facilities Committee Charter; 30-1000-3, Services Committee Charter; 40-1000-3, Operations Committee Charter.

The next board meeting will be May 23 at 10 a.m. in Clubhouse 4.

CITY OF SEAL BEACH

Classic car show will draw capacity crowd to Main Street this Saturday

The 35th annual Seal Beach Classic Car Show, sponsored by the Seal Beach Chamber of Commerce, will be held from 9 a.m.-3 p.m., Saturday, April 29, on Main Street in Seal Beach.

This year's show will showcase 600 classic cars, hot rods, custom cars, antiques and local public officials.

People can drink and dine, and listen to live music while surrounded by pristine vehicles.

The following streets will be closed to traffic:

- Main Street between Pacific Coast Highway and Ocean Avenue
- Ocean Avenue between 10th Street and 8th Street
- Central Avenue between 10th Street and 8th Street
- Electric Avenue between 10th Street and 8th Street

On the day of the show, the streets will close at 5 a.m. Show cars will enter the show via Ocean Avenue, Central Avenue and Electric Avenue starting at 6 a.m. Streets will reopen approximately one hour after the show closes at 3 p.m.

Parking for the general public will be on the grounds of the Seal Beach Naval Weapons Station. Entry to the Naval Weapons Station parking area is on the 100-block of Seal Beach Boulevard, south of Pacific Coast Highway (Liberty Gate). Do not go to the Naval Weapons Station Main Gate or to the Navy gate at Westminster Avenue and Kitts Highway.

A shuttle service will be provided from the Naval Weapons Station to Main Street. People who want to drop off passengers should do so at the corner of Electric Avenue and Main Street, continue south on Electric Avenue to Seal Beach Boulevard, and park at the Naval Weapons Station Liberty Gate.

For additional information, call (562) 799-0179.

SB NAVAL WEAPONS STATION

Station wins environmental award

Naval Weapons Station Seal Beach has been granted an important Navy-wide environmental award, while at the same time finalizing plans for the last major phase of pile driving in Anaheim Bay, the base announced April 24.

"We are very excited to say that we have won the 2023 Secretary of the Navy Environmental Award for Sustainability," said Commanding Officer Capt. Jessica O'Brien.

"The award specifically called out the fantastic work of our Environmental Director, Mr. Jeff McGovern, and our Energy Program Manager, Mr. Bruce Delling."

The award recognizes installation teams and individuals for their accomplishments in innovative and cost-effective environmental sustainment strategies supporting mission readiness, resiliency and conservation.

At Seal Beach and its detachments located in Fallbrook and Norco, California, personnel were able to achieve a 7% reduction in energy usage since 2015, and a 44% reduction in water usage since 2007, all while the base population expanded by 41%.

Other notable accomplishments included diverting over 1,000 tons of waste from local landfills, and working to significantly expand the potential for solar power generation and battery backup systems aboard the base.

"This is a great win for Jeff, Bruce, and really our entire staff across all of our installations," O'Brien said. "I couldn't be more pleased at the level of cooperation between our environmental and energy teams and everyone else here supporting our critical mission."

The base also announced the upcoming start of the last major round of pile driving, part of a project to build a replacement ammunition pier in Anaheim Bay. Over an approximately six-week period, 120 fender piles will be driven along the edge of the new pier. That effort is set to start in early May, after being delayed due to weather conditions earlier in the year.

"We thank the community for their patience as we work towards completing this massive project," O'Brien said. "As before, it is our goal to get pile driving done as safely and quickly as possible in order to minimize disruptions to our neighbors."

SCAM from page 4

to be coming from a trusted source.

Often the imposter claims to have been in an accident or arrested. The scammer may ask the grandparent "please don't let mom and dad know," and may hand the phone over to someone posing as a lawyer seeking immediate payment.

Unfortunately, bad actors can now use artificial intelligence technology "to mimic voices, convincing people, often the elderly, that their loved ones are in distress," according to a recent Washington Post article. The article reports that scammers can replicate a voice from just a short audio sample, then use AI tools to hold a conversation in that voice, which "speaks" whatever the imposter types. Several variations of the grandparent scam have surfaced over the years. A U.S. Postal Inspection Service webpage about grandparent scams (see <https://www.uspis.gov/news/scam-article/grandparent-scams>) includes videos of victims sharing their stories to help raise awareness of this criminal tactic.

GRF Bylaws Ballots Coming

Every Leisure World residence will receive a ballot this GRF election cycle asking for a vote on a GRF bylaw amendment to ensure that only members of a Mutual can vote on their Mutual's GRF representative.

LW participation in this election is particularly important because 2,203 members must return ballots for the bylaw measures to be passed.

The bylaw amendment ballots will be mailed to GRF members in even-numbered Mutuals around May 5.

Ballots for residences in Mutuals 1, 3, 5, 7, 9, 11, 15 and 17, who are selecting GRF representatives this election cycle, will include the bylaws amendment provision.

A vote ratifying the bylaws change would assure that each Mutual's GRF representative is selected only by that Mutual's members.

Currently, Article III (9)(a) implies that the annual GRF elections are at large, meaning that a quorum of votes of the entire GRF membership is required, rather than a subset from a specific Mutual.

As the bylaw now stands, it might be possible for LW voters to overwhelm the choice of the 60 Mutual 16 voters' choice for their Mutual's GRF representative, for example.

The bylaws proposal also asks GRF members to amend articles suggesting that only men can be GRF directors or serve as a GRF board directors.

The bylaws were written in 1962, hence the need for updated language.



ELECTIONS from page 5

Voting Services, Inc., P.O. Box 6117, Laguna Niguel, CA 92607-6117.

Drop the ballot in a U.S. mailbox as soon as possible. Your ballot must be received before noon on the business day BEFORE the annual meeting. You may also hand deliver your ballot to Clubhouse 4 on

the day of the annual meeting. See instructions on your ballot for further information. Do not forget to sign the outside return envelope.

I still have questions about annual meetings and elections. Who can help me?

Contact Rosie Estrada, Stock Transfer manager, at 562-431-

6586, ext. 346, or Ripa Barua, election specialist, at ripab@lwsb.com for assistance.

The election schedule (page 5) is provided to assist with dates for your specific Mutual and save the date to attend your annual shareholder meeting. Mutuals are listed in order of annual meeting.

FREE Leisure World Gold Show

"Turn Your Broken or Unused Gold Jewelry, Gold & Silver Coins and Sterling Silver Into Instant Cash"

One Day Only. This is Saturday, 10am to 4pm.

The *Leisure World Gold Show* is happening this Saturday in Seal Beach. You can get paid cash instantly for your unused/unwanted gold jewelry (even if damaged), gold coins, silver coins, and dental gold — in fact, *anything* containing gold.

Real Gold?

What if you don't know if an item contains real gold? Don't worry, bring it anyway and gold buyer specialist *Greg Schilling*, owner of *Schilling Gold Exchange* will test and inspect your item to determine amount of gold content, purity of gold (10K, 14K, 18K, 24K), and weight.

Mr. Schilling will provide you information about your item and discuss purchasing it for cash should you wish to sell it.

Often times people with gold items are amazed at how much something is worth.

Hold or Sell — It's Up To You

There is never any pressure for you to sell your item.

Mr. Schilling states, "I have a lot of folks who just want to know more about their item, which is fine. Often times there is sentimental value

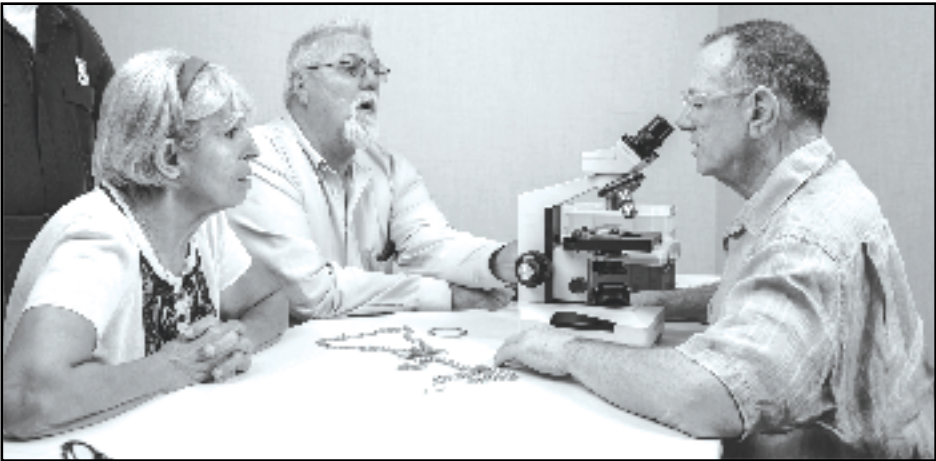
attached, in which case I always recommend to my customers they hold on to it. I build my business through repeat customers, and I know that if I treat my customers right, they will refer their family and friends. I want everyone to walk away feeling good about attending this event."

Comments From Previous Gold Show Attendees

"After shopping around, I found *Schilling Gold Exchange* gave me the best price for my gold. I highly recommend *Schilling Gold Exchange* to other Seniors. " — J.R.

"I am more than pleased with *Greg Schilling* of *Schilling Gold Exchange*. He was able to give me top dollar for my gold jewelry and coins. After my wife passed, I had some gold coins that I wanted to cash-in. Not only did *Greg* give me a fair price, but I also got more than I was expecting as one of the coins had extra numismatic value that I was unaware of. I now recommend to all my family friends they use *Schilling Gold Exchange* instead of jewelry stores." — G.P.

"Try it. You'll like it. Very friendly and honest. " — M.B.



Mr. Schilling (on right), of *Schilling Gold Exchange* and member of the *World Gold Council*, and *American Numismatic Association*, evaluates jewelry for show goers. Mr. Schilling will be at the event and available to provide information about gold jewelry, gold and silver coins, sterling silverware sets, and diamonds.

Admission Is Free

The event is free and there is never any fee to bring your items for evaluation. Plus, there are no long lines. Wait times if any, are only about 5-10 minutes. There is plenty of free parking.

Location & Time

The event will be held at:
Hampton Inn & Suites
2401 Seal Beach Blvd
Seal Beach, CA

Saturday, April 29, 2023
10am-4pm.

Private In-Home Appointments

If you have a large collection, or are home-bound, or have diamonds, call (949) 763-4403 for information on scheduling a private appointment with Mr. Schilling.

Instant Cash

Don't miss this opportunity to turn your unused, broken, or unwanted gold jewelry, gold coins, silver coins, dental gold, Sterling Silverware sets, and diamonds into cash. This event is one-day only — don't miss it!

ADMISSION IS FREE!

You Get Paid For:

- Gold Jewelry
- Gold Chains
- Gold Coins
- Silver Coins
- Dental Gold
- Anything Gold!

Plus..

- Sterling Silverware Sets!
- Diamonds

Note: If you have a large gold collection that you would like to get evaluated for possible sale, please call (949) 763-4403 for information about a private in-home by appointment.

LEISURE WORLD GOLD SHOW

1 DAY ONLY. THIS Saturday, April 29, 2023

Turn Your Gold, Silver, & Diamonds Into INSTANT CASH!

FREE ADMISSION!

Leisure World Gold Show
Saturday, April 29, 2023 10am-4pm
Hampton Inn & Suites
2401 Seal Beach Blvd, Seal Beach
For hotel directions only call (562) 594-3939

5% SENIOR CITIZEN COUPON

This coupon is good for Senior Citizens age 65 and older, and is good for an extra 5% cash on any sales (except for gold coins and bullion) made to Schilling Gold Exchange at the event. Original coupons only. Coupon valid through show dates only. One coupon per person. Present coupon at event.



Leisure World Gold Show
Saturday, April 29, 2023
10am-4pm

Leisure World Gold Show | coupon code SB202001

INSTANT CASH!

Have A Large Collection?
Private In-Home Appointments

If you have a large collection, or are home-bound call (949) 763-4403 for information on scheduling a private in-home appointment with Mr. Schilling.

Schilling Gold Exchange
(949) 763-4403



Puzzles & Comics

Answers on page 23

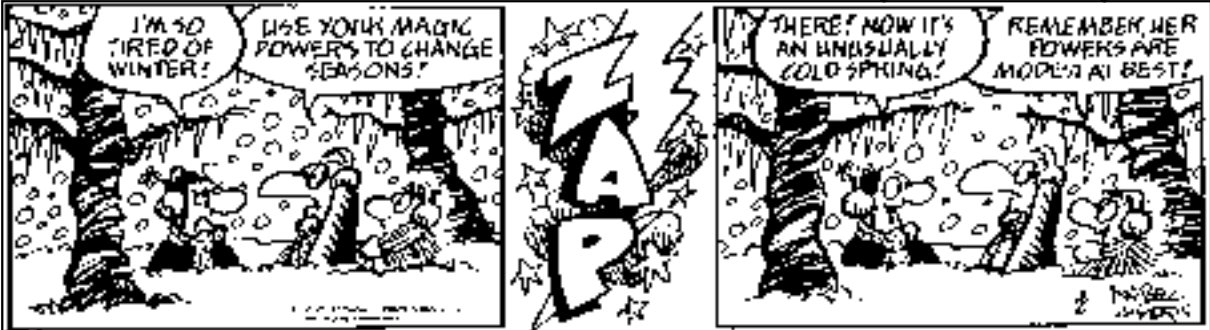
Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers



Sudoku 1

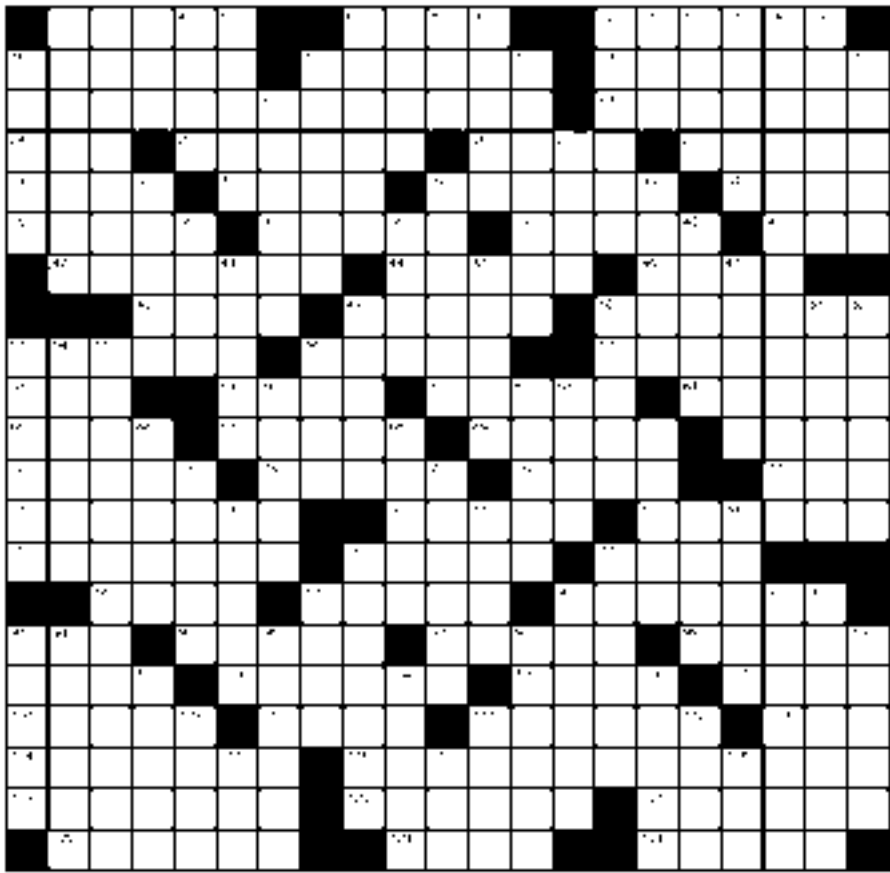
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9 To 5 By Harley Schwadron



Authors Edited by Linda and Charles Preston

- ACROSS
- 1. ...sneep
 - 4. Russia's ...
 - 10. ...phantasy
 - 16. ...people
 - 17. ...sister
 - 19. ...suspiciously
 - 21. "The Shooting of ..."
 - 23. ...father
 - 24. ...marked by ...
 - 25. ...place
 - 26. ...Khayam
 - 28. ...songs
 - 29. ...of Maryland
 - 31. ...game ...
 - 32. ...and ...
 - 34. "Doctor Zhivago" ...
 - 35. ...and ...
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 - 113. ...
 - 114. ...
 - 116. "The Long ..."
 - 119. ...
 - 120. ...



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- DOWN
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SCRABBLE G|R|A|M|S|

SCRABBLE G|R|A|M|S|

PAR SCORE 265-275
BEST SCORE 342

FIVE RACK TOTAL
TIME LIMIT 25 MIN

JUMBLE THAT SCRAMBLED WORD GAME

JUMBLE

Unscramble these four words, one letter to each square to form four ordinary words.

OGAME

HTOOP

GNININ

CURPES

Good luck with that piece of junk!

At least I have turbo boost!

THE MEMBERS OF THE SINGLE-PERSON JUMBLE ARE SUPER-ENGINEERING

Now arrange the lettered letters to form the surprise answer, as suggested by the above cartoon.

RELIGION



Rabbi Galit Shirah

Beit HaLev

Beit HaLev and Rabbi Galit-Shirah conduct online livestream Shabbat services every Friday evening and Saturday morning.

To join the Beit HaLev “Zoomagogue” interactive service, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704 and the passcode is RavGalit.

People can also join on Facebook at www.facebook.com/galityomtovOn or YouTube at https://www.youtube.com/channel/UCU_LHxFlq4-vsxs07H-U1Rw.

Shabbat Ma’ariv services will be held Friday, April 28, at 5 p.m. and Saturday, April 29, at 10 a.m. and include the counting of Omer. The Omer is a measurement of barley, but it serves as a method of counting the 49 days needed to arrive at Mt. Sinai—Beit HaLev counts each day until the holiday of Shavuot, giving each day a virtuous attribute so that souls may ascend and purify before the celebration of the Giving of the Torah.

“Tazria-Metzora,” (Tazria: At childbirth/Metzora: Skin disease) one of the “double parashot,” instructs the Israelites in the Laws of Purity. The Torah reading is from Leviticus 12:1-13:39 and because it is also Rosh Chodesh (the beginning of the month of Iyar), the special Maftir reading is from Numbers 28:9-15. The laws of purity differentiate between giving birth to a male and to a female. Giving birth to a female is comparable to a menstruating woman and the time of impurity is twice as long as having given birth to a male.

All Beit HaLev services share special prayerbooks onscreen, “Lev L’Lev,” which include excerpts from the Reform Siddur, “Mishkan HaT’filah.”

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Communities and Clergy. It is progressive in thought and traditional in liturgy. Services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn’t believe in labels. It considers all

BEIT HALEV, page 11



Members of LW Korean Community Church enjoyed a day trip to the Antelope Valley Poppy Reserve.

LWKCC stops and smells the flowers, raises money for eye surgeries

A group of 56 Leisure World Korean Community Church (LWKCC) members visited the Antelope Valley California Poppy Reserve State Natural Reserve on April 11.

The group made the trip to see flowers in the beautiful world God made and feel the greatness and mercy of the Lord’s creation.

Just as flowers bring hope and joy to the members, this trip was filled with the love and mercy of the Lord. The trip included exploring downtown Los Angeles before heading home.

LWKCC is led by Pastor Young-Yong Jang, senior pastor. On April 16, the church hosted Dr. Kim Soon-tae, the director of Siloam Eye Hospital.

Leading up to the service, the church held a eye cancer surgery fundraising drive for Siloam. Since the founding of the church in 2010, LWKCC has covered eye surgery expenses to 67 people.

Thanks to the generosity of the church members 33 additional patients’ surgeries were covered with a donation of \$11,550 to Kim Seon-tae.

During the service, Pastor

Kim Seon-tae delivered a message titled “God’s Children Who are Blessed by Imitating Isaac’s Faith,” and presented a video to promote the ministry of Siloam Hospital to those who had not seen it yet.

Pastor Kim Seon-tae became an orphan during the Korean War and lost sight in both eyes. He wrote an autobiography in Korean and English titled “The Boy in Search of Heaven’s Light.”

After losing his sight, Pastor Kim Seon-tae went on to open the Siloam Eye Hospital in 1986, performed numerous free eye surgeries, provided scholarships to 1,200 people, established a welfare center and nursing home for the visually impaired, and built three churches for the visually impaired.

Pastor Kim Seon-tae was awarded the Magsai Sai Award, which is Asia’s equivalent to the Nobel Prize, and plans to continue his focus on researching treatment for rare intractable eye diseases by organizing the World Without Eye Disease Research Group in tandem with Siloam Eye Hospital.

Pastor Kim Seon-tae is an apostle of the Gospel, the apostle of love, and the apostle of hope



Pastor Kim Seon-tae encouraged choir members after worship.

to all those who do not see the light of life in this age.

LWKCC is a nesting church that meets in the sanctuary of Leisure World Community Church.

The weekly Sunday service is held at 11:50 a.m. LWKCC holds a morning prayer meeting led by Senior Pastor Yong Jang-yeong

every Tuesday-Saturday beginning at 6 a.m. in the sanctuary.

After the Sunday morning worship service and the early morning prayer meeting on Saturday, the church hosts a banquet in the fellowship room.

LWKCC is located next to St. Andrews Gate. For more information, call 714-323-0897.

Buddha Circle

Buddha Circle will meet with Ven. Kusala on Saturday, May 6, in Clubhouse 3, Room 1, from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community and presents Buddhism in a simple way.

The group is interactive and those who attend are encouraged to ask questions. Donations are welcome and will support Ven. Kusala in his teachings.

For more information, call 562-431-7275.

Faith Christian Assembly

Faith Christian Assembly offers a special Wednesday morning Bible study in addition to its regular Sunday services at 10:30 a.m. and 5:30 p.m.

The Bible Study, taught by Pastor Sheri Leming at 11 a.m., offers believers a time to dive deep into the word of God. People who are seeking encouragement, wisdom, or help in a relationship will find the word of God will shed light in all these areas and more.

Psalms 119:130 says “The

unfolding of your words gives light, it imparts understanding to the simple.”

Come join Faith Christian Assembly this Wednesday at 11 a.m. as Pastor Sheri teaches from the word of God, pointing to its relevance in a believer’s life to give hope, encouragement and direction through all of life’s challenges. This midweek service is also a time of great fellowship, connecting with old friends and meeting new ones as well.

Sunday service times are 10:30 a.m. and 5:30 p.m., with a pre-service prayer at 5 p.m.

Faith Christian Assembly is located on the corner of Seal Beach Boulevard and St. Andrews Drive at 13820 Seal Beach Boulevard. The church office hours are Tuesday-Friday from 8 a.m.-5 p.m.

To receive more information on the church, call the church office at 562-598-9010, email contact@fcachurch.net or visit www.FCAchurch.net.

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The Hymn Sing is held on fourth Sunday of the month in the Clubhouse 3 Lobby at 6 p.m.

This week's sermon: Pastor Chuck Franco will continue the series "The Fruit We Bear," focusing on "joy busters" this coming Sunday, April 30. Picture the "Winnie the Pooh" characters Tigger and Eeyore. Tigger is unquestioningly and unapologetically joyful about

life in general, bouncing his way through the 100 Acre Wood. Eeyore, however, is as sad and mournful as one can be, expecting the worst from everybody and everything. And his expectations are always met. This week's sermon looks at what robs Christians of the spiritual fruit joy.

Bible Study: "The Acts of the Apostles," by Louis Giglio, opens up the book of Acts and reveals the world-changing power of the early church. Discover through interactive discussion and guided study what that means for the church today.

Contact: More information about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com.

Carolyn van Aalst is also available at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

Pastor's Message

This week Pastor Gary Whitlatch returns to the book of Colossians. In chapter 1, verses 12-23, the apostle Paul gives insight into who Christ is to the church and what that means to his followers. Colossians 1:15, 18 says "He, Christ, is the image of the invisible God, the firstborn of all creation... For it was the Father's good pleasure for all the fullness of Godship to dwell in His son." With this in mind, followers of Christ are cautioned to continue in the faith firmly established and steadfast, and to not move away from the hope of the good news

found in the Gospel.

The heavenly father rescued his children from the domain of darkness and transferred them to the kingdom of his beloved son, in whom they have forgiveness of sins. Taking the time to understand and ponder these powerful truths from God's word is truly a reason to take part in fellowship with other believers and be encouraged when all around seems hopeless. Christ, the good news of the Gospel, the hope of glory, brings hope when all else fails.

Weekend Services

Sunday services are traditional services from 9:30 a.m.-10:45 p.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, Gregory Black will lift up the congregation with his guitar and harmonica playing in a special song.

Saturday services are more contemporary with Gregory Black leading worship with gui-

tar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the Women's Bible Study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible Study group from 9:30-10:30 a.m.

The Thursday Bible Study group, led by Elder Jack Frost, meets from 10:30-11:30 a.m.

Pastor Bruce Humes leads the prayer and Bible study group on Fridays from 6-7 p.m.

All are welcome to join.

Scripture of the Week

"Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight," Proverbs 3:5-6.

Contact

First Christian Church is located on Northwood Road behind Carport 125.

For more information, call 562-431-8810.

Community Church

Easter is a season of Seven Sundays in the church but every so often, that season is taken over by the presence and work of the Holy Spirit.

Those who have not been a part of a church in the past may be wondering what the presence and power of the Holy Spirit about or those who have been to church before and left because there were too many questions without good answers, know this: Community Church welcome questions and is willing to say sometimes the only answer is another question.

This week, Community Church will lean into the Spirit with a good old fashioned hymn sing during service.

As always, the word Gospel means "good news" and those who are in need of some good news are welcome to join the service in person or online on Zoom and on Facebook @CommunityChurchLeisureWorld. People can contact the church office to receive the Zoom link. The in person Sunday service is followed by food and fellowship.

Those who are in need without another way to address it can call the church office and leave a message at 562-431-2503.

LW Baptist

LW Baptist's worship service on Sunday, April 30, at 10 a.m. applies God's majesty to believers' dealings with others in mercy, faithfulness and accountability as children of the king. A praise song says, "He is able to do much more than I could ever dream."

The Monday men's fellowship group will look at the Bible's emphasis on having a godly legacy on May 1.

The midweek Energizers group will meet on Wednesday, May 3, for prayer as God promises, "Call to Me, and I will answer you, and show you great and mighty things, which you do not know."

For more information about the church or its meetings, call 562-430-8598.



Pastor Rolland Coburn

Redeemer Lutheran & St. Theodore's

"The Lord, Our Shepherd, Opens the Gate to Join Him" is the title of Pastor Lisa Rotchford's sermon at Redeemer Lutheran and St. Theodore Episcopal Church's worship service on Sunday, April 30.

LW residents are invited to join the community and share the word with Communion and hymns at 10:30 a.m. in the sanctuary at 13564 St. Andrews Drive, across from the administration building where ample parking is provided.

As part of the church's outreach mission, residents are encouraged to bring cans of soup to be distributed to those in need in the local community.

For more information about the service or the work of the church, call 562-598-8697.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., in Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum on the second and fourth Sundays. Primary Classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-864.

The reading source for this year is the New Testament. The reading assignment for the week of May 1-7 is John 7-10, Luke 12-17 and John 11.

The "Come, Follow Me" devotional says that "Although Jesus Christ came to bring peace and good will toward men (John 2:14) there was a division among the people because of him. When the Jews asked Jesus to tell them plainly whether he was the Christ, He revealed a principle that can help us distinguish truth from error: My sheep hear my Voice. As you read these scriptures prayerfully seek what Heavenly Father wants you to know and do."

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, April 28, at 6:30 p.m. Rabbi Mike Mymon will continue Hybrid services on Saturday, April 29, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Saturday's Torah portion will be Achrei Mot from the book of Leviticus. Achrei Mot (After The Death) opens by describing the ritual service of Yom Kippur, the Day of Atonement. It then details the prohibitions of offering sacrifices outside of the Mishkan (Tabernacle) and of eating animal blood, and ends with a list of forbidden sexual relations.

To receive a Zoom Invitation, contact Jeff Sacks at 714-642-0122

Congregation Sholom has been serving Leisure World since 1962. It offers traditional Jewish services in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

Join Buddha Circle for 'Aging with Joy'

Buddha Circle invites all LW residents to a special event on Tuesday, May 9, in Clubhouse 3, Room 1, from 10-11:30 a.m.

Khangser Rinpoche will give a special presentation titled "Aging with Grace and Joy." He will give a short presentation on the benefits of mindful meditation.

Khangser Rinpoche is recognized as the eighth reincarnation of Khangser Rinpoche. He received his doctorate in Buddhist philosophy and the teachings from many great Tibetan spiritual teachers including His Holiness the 14th Dalai Lama.

For more information, call 714-721-1548.

BEIT HALEV from page 10

religions holy and valid.

To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

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SPORTS & GAMES

Bocce Ball

The Spring Bocce Ball Tournament is well underway with sunny weather and a great start. Last week, teams competed in the first week of play and will continue over the next six weeks until the first week of June, weather permitting. The finals for this spring tournament will take place soon after that.

The club is currently recruiting volunteers to help with the upcoming pizza party in mid-June.

Each league now has coordinators to facilitate a smooth day for all to enjoy. If for any reason people must forfeit their game, they need to contact one of their coordinators in advance. Their names and numbers are printed on the schedule, and a substitute list is posted at the bocce court for everyone's convenience.

The court is open all day for anyone to practice on Mondays, Wednesdays and Fridays. League play takes place on Tuesday and Saturday mornings and on Thursday and Sunday afternoons. Everyone is welcome to come and watch the tournaments and cheer on their favorite teams.

—Rhonda Cox

Pool League

On April 17, In the Money was the big winner of the Monday Pool League by beating PJJ's 9-4; they won five of the six singles matches and Ken Harpham scored five points.

The other two matches were very close. The Cue Crew edged the Rail Runners 7-6, by winning the final eight ball games, where all three players on each team alternate shots. Gary Monahan won five for the Cue Crew and won both of his singles games.

The Renegades beat Right on Cue 7-6. The match once again was tied six games a piece and was decided by the final eight ball game. Steve Mitchell of the Renegades scored five points. To show how competitive the night was no player scored more than five out of seven points.

On April 19, at the Wednesday pool league, the Ruffians edged Milly's Boys 7-6. The difference was the last eight ball game the Ruffians won to break a 6-6 tie. All the players split their singles matches, while the Ruffians won all three eight doubles games and

POOL, page 14

Duplicate Bridge Club

The Duplicate Bridge Club meets on Mondays, Thursdays, Fridays and Saturdays in Clubhouse 1 beginning at 12:30 p.m. Reservations can be made at any game using the sign-up sheets or by calling Linda Nye at 562-453-6678 or emailing yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 p.m. to confirm reservations.

The club will offer lessons and supervised plays on Fridays at 9:30 a.m. Supervised play is an informal game where players have the opportunity to ask an experienced club member questions about bidding and card play. The games are informative and fun and a great way to learn how to play duplicate bridge.

For more information on joining the club, call John Markovich at 562-661-0502 or email cdrijm@yahoo.com.

The winners of April 10 Duplicate Bridge nine-table game are: North/South: Paul Chen and Barbara Van. East/West: Shmuel Fisher and Thad Mikols.

April 13 six-table game winners are: North/South: Sibyl Smith and Al Appel. East/West: Howard Small and Beth Matheny.

April 14 eight-table winners
BRIDGE, page 14

Guys and Gals Golf Tournament

The last Guys and Gals Tournament was played in January due to weather issues over the past three months. On April 19, the tournament was played again under sunny skies and warm temperatures. Teams of various skilled golfers of one man and one woman vied for best net scores (gross score minus handicap), plus two circle holes (shots within a 5-foot radius are rewarded), and two closest to the pin challenges. The Turtle Lake Golf Course is a 1,658-yard 18 hole-par 54 course that tests all who play.

All the players are asked to repair their divots and ball marks.

A total of 32 teams (64 players) teed off and played 18 holes. The fairways were in great shape after significant resolution of the numerous wet and muddy spots issue. The greens, unfortunately, had been aerated recently, plus the excessive weed patches on every green made putting a major issue for all the players.

There were eight circle hole winners and 42 birdies. The lowest gross score was recorded by Mike Mayfield and Allison Kim at one under 53. Four teams tied for lowest net scores of nine under 45. Twenty-seven teams had net scores at or under par, plus 21 teams were under 50 net. Closest to the pin on the eighth hole were James Farr and Mary Ann More; on the 17th hole: Glenn Barry and Margie Thompson.

A flight winners (handicaps of 0-9; all scores below are net equal gross score minus handicap): First place was a tie between Mike Mayfield and Allison Kim, and Won Song and Jane Song at a sensational nine under 45. Second was a three-way tie between Dave LaCascia and Yasmen Merali, Dong and Devora Kim, and Bob and Janice Turner, at a well-played five under 49.

B flight winners (handicaps of 10-12): First place was a tie between Pat Paternoster and Nancy Reid, and Bob Barnum and Kyung Ju, with a spectacular nine under 45. Second place went to Bill McKusky and Bert Thompson, with a super seven under 47. Third place was a tie between Walt Bier and Margie Thompson, and Yoon Sup and Young Yoon, at a sweet six under 48; fourth place: James Farr and Sandy Derouin, at a very nice five under 49.

C flight (handicaps of 13-18): First place: Brian Tivnan and Patty Littrell, an amazing 8 under 46. Second place was a tie between Hyon Shin and Sang An, and Ron Jackson and Dale Quinn, with a terrific seven under 47. Third place went to Fujio Norihiro and Keiko Sekino, with a really good six under 48. Fourth place was a tie between Steve and Connie Kang, and James and Grace Choi, with a very nice five under 49.

The next two guys and gals tournaments are on May 17 and 31. The men's tournament is played every second and fourth Wednes

GUYS AND GALS, page 14

Men's Golf League

Friday golf at the Riverview Golf Course

On April 14, two golfers challenged the 5,600-yard par 70 Riverview Golf Course in Santa Ana. The weather was cool and overcast, which was nothing new for the last two months. Significantly, during this round, Jim Goltra had a rare hole-in-one on the 150-yard second hole.

For weeks during the recent rains, the Santa Ana River, which runs through the middle of the golf course, was a raging torrent and only allowed half the course to be reached due to high and fast flowing water. This week the water flow has ceased and the course reverted to its original condition with one change to a par 5, which became a par 3 because its fairway was nearly washed away.

The players welcomed the challenge of the restored course and scoring was quite good with birdies by Goltra, Sam Choi, Clay Fischer, and Fujio Norihiro. Goltra was also closest to the pin on the par 3 second hole (by virtue of his hole-in-one) and Fischer was closest on the par 3 ninth. Choi had fewest putts in the A flight and Tom Ross had fewest in B.

Flight A winners: First place was a tie between Choi and Norihiro with a sensational 7 under 63; second: Fischer, a well-played four under 66; third: LaCascia, a hard-earned two under 68; fourth: three-way tie between Bill McKusky, Chris Lankford, and Goltra at even par 70.


Flight B winners: First place: three-way tie between Ross, Ron Jackson, and Bob Munn, an excellent five under 65; second: Lowell Goltra with a terrific four under 66; third: Gene Vesely, a sweet one under 69.

Monday Golf at Meadowlark Golf Course

On April 17, 12 golfers contested the 5,800-yard par 71 Meadowlark Golf Course in Huntington Beach. In the last two months, rains saturated the grounds and left some areas unplayable. This week only two small areas remained flooded, and the fairways are return

MEN'S GOLF, page 14

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See more Sports and Games stories on page 14



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LW Pinochle Club

Pinochle Club meets in Clubhouse 1 on Mondays and Thursdays between 11-11:30 a.m. and Saturdays at 11 a.m.

April 8 winners: Don Walton, first place, 14,680; Joan Taylor, second, 12,210; Marge Dodero, third, 11,240; Suzzane Tester, fourth, 10,440.

April 10 winners: Donna Gorman, first place, 12,240; Julia Troise, second, 11,380; Nancy Wheeler, third, 11,190; Marge Cady, fourth, 10,920.

April 13 winners: Irene Perkins, first place, 12,720; Curt Rogers, second, 12,020; Julia Troise, third, 10,610; Tony Dodero, fourth, 10,360.

April 15 winners: Irene Perkins, first place, 10,490; Antonio Zupancich, second, 10,170; Donna Gorman, third, 9,400; Peggy Kapar and Julia Troise tied for the fourth place with a score of 9,010.

Club Alert

LW clubs may drop the sports and games submissions into the letter slot at the front of the News Building by 4 p.m. on Thursday for the following Thursday's edition, or email to: katyal@lwsb.com.

In order to be published, all submissions must include:

- Name of the club.
- Contact information.
- Club's current schedule.

POOL

from page 12

Milly's Boys won all three nine ball doubles matches.

U3 had the big win of the night beating Triple Threat 9-4. Sal LaScala scored six points for U3 and teammates Gary Snow and Denise Scott won five.

The Favorites beat Bank It 8-5 and moved to within three points of league leading Ruffians. Dave Silva won six games for the Favorites and Connie Adkins won five, including both her singles matches. Dave Mackinder made the shot of the night to win the last eight ball game for the Favorites. The eighth ball was hanging in the corner pocket, and blocked by an opponent's ball. Mackinder blanked the cue ball across the table and kicked in the eight without scratching or hitting the other ball. If he had not hit the eight ball his team could have lost because of three consecutive scratches. A loss due to three consecutive scratches is rare but it happens.

—Dave Silva

GUYS AND GALS

from page 12

day of each month. Those who were scheduled to play but cannot make it, can contact Alan Sewell at 541-324-8558 or Dave LaCascia at 801-674-5975 as soon as possible. People should arrive 10-15 minutes prior to their scheduled tee time and be ready to play.

—Dave LaCascia



Nine LW Shuffleboard Club members traveled to Laguna Woods Village (LWV) to assess the differences between the LWV courts and the LW shuffleboard courts. The LWV Shuffleboard president, Laura Dillak, (second to the left)

stands between Sal La Scala (l), Mutual 12, and the LW Shuffleboard Club President Kay Mount (third to the left), Mutual 15. Other LW club members include Jack O'Brien, Sally Fowler, Roger Bennett, Ellie West and Patty Peterson.

LW Shuffleboard Club visits Laguna Woods Village courts

On April 17, nine LW Shuffleboard Club members drove to Laguna Woods Village to test out their courts and find ways to make the LW shuffleboard court better. As a result, the LW club discovered that implementing some procedures in place could improve the games process. The LW court buildings, however, provide the most pleasant environment for people to practice and socialize.

The first meeting of the spring madness teams on April 19 included four two-person teams playing five games. Everyone left with at least a couple of strategies for developing their shuffleboard skills. Additional newcomers are invited to come by on Wednesday, April 26, at 1:30 p.m. For more information, call the club's chairperson Doris Morton at 714-330-4609.

On April 18, the Tuesday evening league played with the Night Shufflers and the Night Disc Throwers splitting the 12 games 6-6. The Night Disc Throwers' John Mount and Zoe Pickell both earned the all-game winner honors. Elizabeth Martinez and Jack O'Brien

earned the all-game winner status for the Hot Shots.

On April 21, the Friday morning league played a total of 24 games with four teams. Everyone was in a good mood with the bright blue sky and almost no wind.

The Hot Rods wrecked the Smashers winning eight games out of 12. The all-game winners for the Hot Rods were Ellie West, Harshad Patel, John Mount, and newest member Laura Garcia. The all-game winner for the Smashers was Milly Larsen.

With the second competition, the Bumpers and the Shooters played and evenly split 12 games, 6-6. The all-game winners for the Shooters were Carol Johnson, Fred Carpenter, and Jack O'Brien. The all-game winner for the Bumpers was Roger Bennett.

Monday and Wednesday open play/practice continues from 9-11 a.m. and on Tuesday evenings at 6.

For more information, call Kay Mount at 775-527-0426.

—Kay Mount

LW Women's Golf

On April 18, 34 members of the LW Women's Golf Club (LWWGC) competed in a weekly tournament for low gross, low net and putts.

Flight A winners were: low gross: Devora Kim, 25; low net: Linda Herman, 26 and 13 putts. Also for low gross: Margie Thompson and Janice Turner, 26; and Zoe Pickell and Susie Kim also had 13 putts.

Flight B: low gross: Nancy Reid, 30; low net: Sang An, 25; and Mary Greig had 13 Putts.

Flight C: low gross: Sally Park, 32; low net: Marilyn Hewitt, 23 with 12 putts.

Flight D: low gross: Elizabeth Butterfield, 38; low net: Connie Kang, 22; and Patti Smith had 17 putts.

LWWGC will have a special, shotgun tournament on Tuesday, May 2, with all golfers starting at 8:15 a.m. Those interested must sign up in golf starter clubhouse. There will be a gathering at Clubhouse 1 picnic area following the tournament.

Anyone interested in joining the Women's Golf Club can obtain an application from the golf course starter or contact club treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol



Club member Connie Kang had a hole-in-one on the sixth hole of the Turtle Lake Golf Course.

BRIDGE

from page 12

are: North/South: Joan Tschirki and Shmuel Fisher. East/West: Thad Mikols and Marilyn McClintock. The club congratulates all the winners and thanks everyone for their participation and support.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at <http://www.acblunit557.org> and click on Leisure World Results.

—John Markovich

MEN'S GOLF

from page 12

ing to their original conditions. The greens were in great shape throughout.

Scores were generally higher than normal due to the cool and overcast conditions, and the wind made the back nine more difficult. Also, numerous water hazards and sand traps added to the challenge of errant or poorly positioned approach shots.

LaCascia and Larry Hillhouse had two birdies each, plus Choi and Norihiro had one. McKusky and Norihiro tied for fewest putts in the A flight, and Lowell Goltra had the fewest putts for the B flight. Ellic Vaden was closest to the pin on the par 3 seventh hole and Norihiro was closest on the par 3 twelfth hole.

Flight A winners: First place was a tie between Fischer and Hillhouse, a terrific six under 65; second: McKusky, a well-played three under 68; third: Norihiro, a nice one under 70; fourth: tie between Choi and LaCascia, a well-played even par 71; fifth: Jim Goltra, at one over 72.

Flight B winners: First place: Vaden with an excellent eight under 63; second: Gene Vesely, a first-rate seven under 64; third: Bob Munn, a nice even par 71; fourth: Lowell Goltra; fifth: Digna Vesely.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and Eagles (two under par), although infrequent, are generously rewarded. Those interested can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia



Jim Goltra had a rare hole-in-one on the 150-yard second hole at the Riverview Golf Course, which is a big deal for any golfer.

TOWN HALL

from page 2

- Three resident entry lanes with “red/green” traffic signals for security officer use.
- Four barrier gates: two at the Main Gate and one each at the North Gate and St. Andrews Gate.
- Three guard station computers/kiosks at each vehicle entry point (one kiosk at each gate).
- RFID tags for residents, staff and contractors. The tags will be used to electronically identify residents and employees as they enter through any gate.
- Electronic links that can cancel a vehicle’s access in seconds, creating tighter control when residents move out or want to prevent unwanted visitors from entering the community.

The new system will use RFID tags—small stickers that attach to a car’s window shield and contain a microchip that relays information via radio frequencies. In this case, the tags will identify cars that are approved to enter Leisure World.

Security will release an update on the RFID tags in the next month or two, according to Rocha. The update will include information on how to get the tags, how Security is going to pass out the tags and more.

“We have a lot to pass out,

and a lot to distribute and get onto vehicles, and that will all be explained in the coming months,” Rocha said, noting that each resident will get one tag.

One feature of the new system will allow residents to add visitors electronically using a web browser.

Residents will also be able to send their visitors a guest pass via text or email. Visitors can print these passes or show Security the pass on their phones to gain access to the community.

One LWer expressed concern that older folks without computer savvy would have a hard time with the newer, more high-tech system.

Rocha emphasized that residents without strong computer skills shouldn’t worry: Security employees will still accept calls and collect visitor names manually, as they do now.

Other Updates

- **Speed cushions are coming:** In an ongoing effort to elevate traffic safety in LW, the GRF will install speed cushions at St. Andrews Drive, Del Monte Drive, El Dorado Drive, Golden Rain Road and Thunderbird Drive. The cushions have been received, and the job is awaiting approval from the Orange County Fire Authority, at which point installation can begin, according to Senior Director of

Facilities Mark Weaver.

- **Catalytic engraving program may come to LW:** After five catalytic converters were stolen from three Minibuses in on April 3, Security is working with the Seal Beach Police Department to set up a catalytic converter engraving program in Leisure World. Serial number engravings are meant to deter the resale of stolen car parts. More information will be published in the LW Weekly as it becomes available.
- **New online payment system:** In the next few weeks, residents should expect a welcome letter in the mail discussing the new CINC System. GRF will also have a new lockbox where residents can mail payments. Payments can still be dropped off at the Administration Building. The current lockbox will be open during the transition process. GRF is also ending its program with ClickPay. Any residents who’ve signed up for recurring payments with ClickPay are going to have to transition over to the new CINC system. More information about this transition, as well as about a new resident portal for shareholders, will be included in the welcome letter. Information sessions about these changes are scheduled for May 15-17 in the Learning Center.



Applying for CalFresh

CalFresh, a USDA-funded nutrition assistance program, can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods.

CalFresh is locally administered through the Community Action Partnership (CAP) in Leisure World to help improve the health and nutrition of people with lower incomes.

Requirements to Apply:


- Applicants must have at least one citizen or legal permanent resident with a Social Security number living in their household (including children).
- Applicants may qualify for CalFresh even if they have a full- or part-time job.
- Gross monthly income must be less than the amounts listed: One-person household, \$2,128; two-person household, \$2,874.
- Seniors, those on SSI or those with a disability can apply and may be eligible for CalFresh.
- Documents needed to apply: photo ID, Social Security card, proof of income and resident card (if applicable, receipt of rent and receipt of one utility bill).

Upon application, income and many other factors are taken into account to determine eligibility.

For more information or to apply online, call 1-800-281-9799 or go to <https://www.mybenefitscalwin.org/>.

Residents who need assistance applying for CalFresh should contact Robann Arshat in Member Resources at 562-431-6586, ext. 317, or robertaa@lwsb.com.

Send news stories to emmad@lwsb.com



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ARTS & LEISURE



Sue Ann Gass (l) and Nancy DeMille take a brief rest during the Photo Arts Club field trip to Rancho Los Alamitos.

Photo Arts Club

Members of the Photo Arts Club had a field trip to Rancho Los Alamitos on April 13.

Rancho Los Alamitos curator Doug Cox met the group and welcomed everyone. The group then split into two groups, one with Ben Benjamins to explore the farm buildings and visit the animals, and the other, with Doug Cox to visit the gardens, focusing on locations for photo shoots.

The assignment for the next Photo Arts meeting is to submit photos taken on the field trip. Members will send three photos to Ben at benbenjamins@hotmail.com to be shown at the meeting on Thursday, May 11, at 1:30 p.m. in Clubhouse 3, Room 9.

Hooks and labels will be available for members to use to hang framed photos in the hall of Clubhouse 3.

Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting.

Everyone is welcome. For information about the club, call Regine Schumacher at 562-430-7978.

—Regine Schumacher



Jenny Scoullar (l-r), Chris Wade, Dave Albulario and Lisa Margaroli

LIVE MUSIC

Quartet will perform at LW church

The Belmont Four, a new doo-wop style singing quartet, will have its West Coast premier at the LW Community Church on Sunday, April 30, at 3 p.m. The event is presented by the Theater Club.

This a capella group will take listeners on a sentimental musical ride through the '50s and '60s, singing many of the songs that contributed to the rock n' roll era.

The church is excited to showcase them in its Sunday concert series. Stay for a cookie after the show. A \$10 donation is suggested.

—Taylor White



Photo by Troy Palmer

The maestro demonstrates the tango corte.

Leisure Time Dancers

The Leisure Time Dancers meet every Monday in the Clubhouse 6 dance studio at 2 p.m. and 3 p.m.

In week three of the current class series, the East Coast Swing class focused on refining the three move sequence of pivots.

Many of the Leisure Time Dancers members displayed their new moves at the Velvetones dance on Sunday.

The tango class built a new five movement sequence, introducing the Corté, and culminating with the Open Box, which the class learned the previous week.

Since each class begins with a review of the previous week's material before moving on to new concepts, folks can join at any point in the series. This is a friendly class for everyone, from never-danced-before beginners to advanced dancers.

When new dancers join, an introduction to the basics is included with the review. Classes are every Monday in the dance studio, upstairs in Clubhouse 6.

East Coast Swing is at 2 p.m., followed by tango at 3 p.m.

No partner necessary, class will rotate so everyone dances. \$7 per person for one class, \$11 per person for two classes in a single day.

For more information, contact Jackie Theis, Leisure Time Dancers president, at 310-743-9373.

Saturday Morning Dance Class

Two dance classes are held every Saturday in Clubhouse 6, Section C, at 9 a.m. and 10 a.m.

In April, Candice Davis will teach West Coast Swing on Saturdays at 9 a.m. and Argentine Tango at 10 a.m.

New topics are voted on each month. Each class is \$7 per person. Partners are not needed. For more information, contact club President William Young at 408-858-3560.

—William Young



Walt and Sue Piippo

Community Karaoke

"Singing in the Rain" was Don Sunday's selection for karaoke night after he received a rousing "Happy Birthday" by the audience. "Blue Skies" was the perfect opening number for Walt Bier after many overcast months. "Here Comes the Sun" was another happy tune by Elizabeth Butterfield. The audience can count on Walt and Sue Piippo harmonizing a lively duet. Ray Geierman grabbed the audiences attention with "April Love," as did Leila Claudio with "I'll Never Find Another You." Other favorites that had the audience swaying with the music were Gerry Tagaloe with "Ramblin' Rose," Ric Dizon singing "South of the Border" and Bob Barnum in "I Can't Help Myself." Sherlene Wallis was a hit with "You Are My Destiny."

After enjoying a variety of tasty sandwiches, everyone sampled the birthday cake provided by Bev Sunday. The club appreciates Josie Cado and her helpers.

Karaoke night, each Wednesday in Clubhouse 6, is full of surprises as members celebrate special occasions or greet new singers. Everyone is welcome to enjoy a variety of music sung by neighbors and friends.

—Margie Thompson



Library manager Taylor Greene (l) and Friends of the Library President Joyce Brannon.

Friends of the Library

The LW Friends of the Library donated \$7,500 to the Lesiure World Library in April.

"These funds are generated from book, media, and boutique items donated by residents and are then cycled back into the community through small dollar purchases," Joyce Brannon said. "The Friends would like to thank all those who donate items and patronize the bookstore."

Genealogy Club offers free workshops

Each Thursday, the Genealogy Club offers short classes known as "Theme Thursday" in the Genealogy Club library at 1:30 p.m. These classes are open to everyone.

On April 27, the club will discuss DNA testing.

The library is located at the east end of Clubhouse 3. The library is open Monday through Thursday from 1-4 p.m. and Saturday and Sunday from 11 a.m.-2 p.m.

For more information, email lwgenealogy@gmail.com.



Photo by John Hlavac

Dancers & Mixers Club

The Dancers and Mixers Dance Club will have a dance on Tuesday, May 2, at Clubhouse 4 from 7-9 p.m.

There is no admission charge, although donations are welcome. Linda Herman will provide dance music. Feel free to bring and enjoy your favorite snacks and beverages.

There will be a variety of music suitable for ballroom dancing, although, as the club's name implies, there will be a mixer and a few line dances. For more information, call 562-431-1257.

—*John Hlavac*

Author Naomi Hirahara will speak

The Leisure World Library will hold its first AuthorSpeak event of 2023 at 11 a.m. on Friday, May 5, next to the Library at Veterans Plaza.

Edgar Award-winning author Naomi Hirahara will discuss her New York Times Best Mystery Book of 2021, "Clark and Division," and its upcoming sequel, "Evergreen," part two of the Japantown Mystery series.

Set in 1944 Chicago, “Clark and Division” is an eye-opening and poignant new mystery—the story of a young woman searching for the truth about her revered older sister’s death—that brings to focus the struggles of one Japanese-American family released from mass incarceration at Manzanar during World War II.

The presentation begins promptly at 11 a.m. Arrive as



Author Naomi Hirahara

SPECIAL EVENTS

Mother's Day brunch tickets available

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 13, in Clubhouse 4 at 11 a.m.

The event will be catered by Country Gardens Caterers. This event is always a huge success and the Recreation Department expects to sell out this year.

An elegant repast includes an egg and sausage strata, strawberry crepes, fresh fruit and pastry platters, sparkling cider and more.

Moms and guests will be serenaded by classical harpist Peggy Skomal. Mothers may want to treat daughters too, and

both are welcome to attend the event taking place the day before Mother's Day.

Reservations are on sale for \$34 and are available at the Recreation Office in Building 5. Those wishing to buy a table of eight (\$250) or sit with a group should inform the Events Coordinator when purchasing.

All seating will be assigned by GRF if no request is made. Inquiries may be directed to Recreation at mayokab@lwsb.com or by calling 562-431-6586, ext. 476. Those buying individual tickets may pay online on lwsb.com.

—Recreation Department

Tickets available for LA Opera, Stars on Ice and more

Excursion tickets are now on sale for the first trips of the season.

For the first time, residents can purchase tickets online and at the Recreation office in Building 5. All prices include transportation and gratuity. Sales have been brisk so don't delay.

'Otello' at the LA Opera

The LA Opera is back in business. This year, Recreation was lucky to secure enough tickets for two evening performances of “Otello.” Hailed as the pinnacle of the Italian operatic repertoire, Verdi’s transformation of the original Shakespeare play is a powerful drama of uncontrolled human emotion at its most extreme.

Verdi's musical portrait of Othello's descent into a tortured heart of darkness is explicit in every chilling detail as he destroys all in life that he holds dear.

The operatic performances are on May 17 and June 1. Due to the special low pricing and limited seating, tickets have nearly sold out. Each year LA Opera offers a limited number of tickets at a greatly reduced price.

Tickets, including transportation, are \$34. If they are still available by this printing, contact the Recreation Office to purchase.



Stars on Ice

Stars on Ice is on the agenda for May 20 at the Honda Center. The 2023 Stars on Ice tour will boast an international cast of Olympic, World and National Champion skaters sure to entertain all ages. Tickets are \$45, all inclusive.

Angels vs. Mariners game

On June 9, the Angels will take on the Mariners and one bus load of LWers will be there to see the action. Tickets are now

available at the Recreation Office or on www.lwsb.com for \$65.

More details about these events and other upcoming events will be available in the News and through LW Live. To sign up for LW Live, visit www.lwsb.com. Click on the text that says, "Click to sign up for community alerts," and then input your name and email address.

For more information about
excursions, contact *mayokab@
lwsb.com*.

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Leisure World resident Jon Pearlstone (center) and Musical Director Tony Robin (right)

Legends of Rock hump day dance on May 10

Based on the great success of its April dance, the Pickleball Club is sponsoring a Wednesday “Hump Day” dance party free to all Leisure World residents and their guests.

The dance will be held on Wednesday, May 10, from 5-8:30 p.m. in Clubhouse 2. The party will feature the Legends of Rock (LoR) Dance Band who play throughout Orange County.

Leisure World resident Jon Pearlstone is a member of the band.

The LoR Dance Band plays music that makes people want to dance and party, featuring the best in classic rock dance tunes from artists like The Beatles, Rolling Stones, Elvis, Springsteen, Petty and many more.

This will be a monthly concert on the second Wednesday

of every month. All concerts are free, and BYO-everything with donations accepted to help keep such a quality band playing for LWers every month.

For more information contact Legendsrocktribute@gmail.com and join their Facebook page by searching “Legends of Rock - LOR - Tribute Bands” for other fun dance and live music events.



Wendy Wu

Tournament Poker Club

The April 15 tournament was won by Wendy Wu—her second win this month. Wendy is a resident of Mutual 2 and has lived in LW for 13 years. She’s been a Poker Club member for nine years and this is her 16th tournament win. Besides poker, Wendy plays ping pong and enjoys reading and spending time with her LW friends.

Second place was Cleo Looney; Roger Montero came in third; Mike Gass in fourth; and in fifth place was Lem Hall. Tony Canfora dealt the final table.

High hand was four of a kind (6666A) held by Renato Montero; second high hand was a full house (JJJ99) held by Jack Pfeifer. There was no promo winner.

The club is looking for new players. Its membership is growing. For more information, call Carole at 562-405-4965.

Tournaments are the first three Saturdays of the month starting at noon. Arrive at least 30 minutes early.

Starting June 3, the club will change its tournament start time. Check the LW Weekly for updates.

QUILTING BEES

Tickets available for luncheon

The Leisure World Quilt Bee Annual Spring Luncheon Fundraiser is May 17 in Clubhouse 2 at 11:30 a.m. Tickets are \$20.

This is a popular event with wonderful door prizes. There is limited seating so those interested should contact Lisa at 949-584-2884 as soon as possible to purchase tickets.

NOCE registration

The summer 2023 Leisure World NOCE semester begins on June 5 and ends on Aug. 5.

Before the semester begins, students will need to register for classes beginning Tuesday, May 2.

New and returning students will be able to register for the spring semester one of two ways:

1. Starting May 2 at 7:30 a.m., students can register themselves online at myGateway by visiting mg.nocccd.edu on any internet browser.
2. Visit the library on Tuesday, May 2. Beginning at 8 a.m. the library will open early to assist residents who need hands-on help registering for classes on a first-come, first-served basis.

Those who experience issues logging into myGateway or applying to become a student should call NOCE Star Help at 714-808-4679 or visit the library, where GRF staff will do their best to troubleshoot your issues.

More information regarding classes and registration is available at the library.

Coin Club

The Coin Club will meet on May 10 in Clubhouse 3, Room 2, at 1:30 p.m.

Members can participate in door prizes, refreshments, coin auctions, coin raffles and group discussions regarding currency and coins.

Refreshments will be provided. LW residents can have coins evaluated at no cost.

LW Weekly
562-430-0534



Old Ranch Country Club

Symphony will host Mother’s Day event

The Seal Beach Symphony will hold its inaugural Mother’s Day recital on Sunday, May 14, at the Old Ranch Country Club.

From Australia, Pianist Van-Anh Ngyuen will thrill the audience with selections from Chopin and Debussy. Coloratura Soprano Hila Plitman will wow the audience with the fireworks of Mozart’s Queen of the night. Concert Master Myroslava Khomik will impress with Vivaldi and Massenet. Artist in residence Sangeeta Teresa Mai and Artistic Director Chad Berlinghieri will present a few classics, including the Italian favorite Mamma!

The afternoon will feature a cash bar and passed appetizers.

Individual tickets range from \$25-\$125. VIP tables and tax-deductible sponsorship opportunities are available. For more information, visit sealbeachsymphony.org or call 562-509-8640.

Art History Club

The Art History Club-sponsored classical music appreciation meeting will be held April 27, from 1:30-3:30 p.m. in Clubhouse 4.

The first part of the session will be focused on paintings from Baroque and Rococo movements, and their artists and artworks. The second part of the session will present pre-lectures and videos of musical concerts with five selected pieces of classical music.

Those pieces are:

- Johann S. Bach, Prelude and Fugue No. 1 in C major from Well-Tempered Clavier Book 1 (piano)
- Jacques Offenbach, Barcarole (vocal duet) from opera “Les contes d’Hoffmann”
- Johann S. Bach, Mass in B minor (chorus and orchestra)
- Wolfgang A. Mozart, Symphony No. 39, Movs. I and II
- Ludwig van Beethoven, Violin Sonata, No. 5, Mov. II

Those who want to enjoy the classic paintings and the classical music are welcome. The presentation will be given in Korean.

For more information, contact Yun Han Choi at 847-708-4790 or Susan Yai at 213-321-6135.

Legacy-writing class starts in May

LW resident Doris Sandrick will start a five week legacy writing class on Thursday, May 11, from 1-2:30 p.m. Those interested should call 562-296-8435 for more information. Space is limited.

The popular memoir writing class will cover how to begin such a project and provide a new theme each week. Members will share their work for constructive feedback, support and encouragement.

The class will help people capture memories, and get to know LW neighbors and friends better. Everyone has a story to tell.

“It is important to write our memoirs,” Sandrick said. “It will show family, friends and others that your life mattered. They will understand who you are, how you lived, how you became who you are. We make sense of our lives, while leaving our life for posterity.” Refreshments will be served.

New Resident Bus Tours

The GRF Transportation Department conducts monthly bus tours of Leisure World on the first Tuesdays for new and recently moved-in residents.

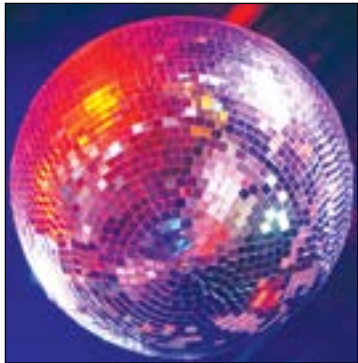
Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station.

The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

Stock Transfer can book tours when new buyers check in, or people can schedule one at <https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/>.

For more information, contact Melissa Gomez at melissag@lwsb.com or 562-431-6586, ext. 326, or Kathy Thayer at kathyt@lwsb.com or 562-431-6586, ext. 398.

COMMUNITY



RSVP for Senior Prom

Leisure World residents are invited to dance the night away at the city of Los Alamitos Senior Prom on Saturday, May 6, at the Los Alamitos Community Center from 3-6 p.m.

Tickets are now available for purchase online. Presale tickets are \$8 per person and \$10 at the door. The theme this year will be '70s disco and will feature a live band, dinner, a photobooth and more.

For more information about the event, contact Community Services Coordinator Gilberto Arteaga-Cejamy by emailing garteaga-ceja@cityoflosalamitos.org, or calling 562-430-1073, ext. 516.

Get SBTv3 on your television

Did you know the City of Seal Beach has a free community channel that shows many Leisure World community events?

Residents don't have to have cable TV to see the city-wide community TV station known as SBTv3. All that is needed is internet access, which can be found at home or in one of the Clubhouses.

Prime time is from 4-10 p.m., seven days a week. All programs are streamed in high definition to the internet from www.sbtv3.org. People can go to the website page and click on the blue round circle with the "3" in it at top of the page.

For Spectrum cable subscribers, SBTv3 can be seen on Channel 3 in Standard Definition.

— Joe Osuna

Concerned Shareholders

The Concerned Shareholders group will meet on Thursday, April 27, in Clubhouse 3, Room 2, at 1 p.m. The group will discuss the changes to the Golden Rain Foundation (GRF) Bylaws that will be voted on in the next Mutual election.

GRF Director Carole Damoci will be the speaker on the changes to the bylaws and the major committee changes regarding the Golden Rain Foundation. There will be time for questions after the presentation.

All shareholders are invited to join the meeting.

—Mike Supple

GAF pulled out all the stops for its 50th anniversary

by Cheryl Falconer
LW contributor

On April 22, The Golden Age Foundation (GAF) hosted a celebration to commemorate its 50th years of service to the Leisure World community. The event was extremely well attended, with an estimated crowd over 750 residents and guests.

The event kicked off outside Clubhouse 6 at 10 a.m. with the graceful movements in the dancers of the Hui O Hula Club. Next, in their first public appearance, the mellow tropical sounds of the Aloha Club Ukulele Players entertained the crowd under the canopies in the warm morning air. There was also face painting available for the young at heart.

Inside Clubhouse 6, the opening ceremony got underway at 11 a.m. with a warm welcome and a short speech by GAF President Anna Derby who expressed her gratitude to the generous benefactors who donated to the Golden Age Foundation over the years. She also recognized the dedication and work of past and present members of the GAF Board of Directors and the countless volunteers for their time and talents over the past half century to the GAF and noted that they have made LW better place for residents to live.

In his address, Seal Beach Mayor Thomas Moore reflected on the remarkable accomplishments of the Golden Age Foundation over the years. He pointed out that the Centenarian Luncheon events the GAF hosted in 2019 and 2022 were truly community services that lifted spirits of those who turned 100 years or older.

State Sen. Janet Nguyen presented Anna Derby and the GAF, with a Certificate of Recognition for 50 years of service to LW residents. In her speech, Nguyen spoke of the tireless efforts of GAF volunteers and pointed out what a gift that was to the community.

The final speaker of the day was GRF President Marsha Gerber, who presented Anna Derby with a plaque to commemorate the GAF's 50th anniversary and addressed the crowd.

At 11:30, residents were treated to a hot dog lunch served by Koffel Food Trucks, a Leisure World favorite. There was also a Lucille's Barbecue food truck at the event with a tasty selection of barbecue food items to purchase. Both indoor and outdoor dining was available, although most chose to dine al fresco to enjoy the warm spring breeze and music by the Second Wind, the third act of the day.

A poster presentation lined the walls of Clubhouse 6 memorializing past programs and events sponsored by the GAF. Volunteers were available to provide information to attendees. Linda Johnson,



Residents lined up to receive free hot dogs from the food truck vendors.



LEFT: GAF President Anna Derby (l) accepts certificate from State Sen. Janet Nguyen. RIGHT: Mutual 1 residents Betty West (l) and Alphonso Gonzalez came to the event to enjoy good food and fun entertainment.



The GAF invited multiple entertainers and acts to preform during the event, including the Aloha Ukulele Club.

the GAF historian, displayed photo albums from the GAF historical archives for residents to view. Beth Greeley, the GAF IT chair, assembled a collection of video clips from past events for residents to enjoy.

Mobility Aid Program volunteers showed off a variety of mobility aids available for loan and answered residents' questions.

There were a total of 10 tables on display which included Golden Age Foundation, Optum Health Care, Elim Acupuncture Group, More Prepared—which sells ready-made Go Bags—the Korean American Association,

the City of Seal Beach, Financial Partners Credit Union, Alzheimer's Association of Orange County and the LW CERT and Emergency Information Council.

The final act of the day, Coconut Breeze, took the stage at 12:45 and entertained the crowd through the remainder of the event. Eight Video Producers Club members circulated throughout the day to memorialize the festivities on film and in photos. The event concluded at 2 p.m., and a good time was had by all.

The GAF thanks everyone involved in the event. A special

thank you is in order for GRF Recreation Manager Tommy Fileto, his staff and sound technician Jesse Gomez for their hard work from beginning to end to insure everything was seamless.

Those who want to donate or are interested in volunteering can call 562-431-9589 to leave a message and a GAF phone distributor will return the call within 24-48 hours.

The Golden Age Foundation tax ID number is 23-7273105, the address is P.O. Box 2369, Seal Beach, CA 90740.

For more information about the GAF, go to www.goldenagefdn.org.

Join the benefits trafficking and financial abuse workshop May 22

Those interested in learning how to protect yourself and your loved ones are invited to attend the Benefits Trafficking and Financial Abuse Workshop on Monday, May 22, from 7–8:30 p.m. at St. Irenaeus Parish Hall, 5201 Evergreen Ave., Cypress.

Benefits trafficking is the financial exploitation of Social Security benefits, Disability Benefits (SSI), Veteran's benefits, Medicare, food stamps, etc. St. Irenaeus Bridge of Light: Human Trafficking to Human Triumph Ministry is sponsoring this free event to raise community awareness of benefits trafficking, human trafficking, and scams, such as identity theft, romance scams and healthcare fraud that can wipe out your life savings.

Financial exploitation is the fastest growing area of victimization of older adults according to the Association of Adult Protective Services. Financial losses are estimated at \$1.7 billion nationwide. Seniors are especially targeted by abusers. One in ten older Americans (five million) experience abuse each year according to the U.S. Government Accountability Office. However, only one in 25 cases is ever reported.

Experienced law enforcement professionals will present information about various scams, provide helpful resources, and give tips on how to prevent becoming a victim. Risk factors for financial abuse and red flags will be discussed. The speakers will also talk about the role of law enforcement in the prevention and prosecution of these crimes.

All are invited to this community event. Refreshments will be offered. Bring your questions and concerns. "An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge." Proverbs 18:15.

Contact Monica Kovach for more information at 310-490-6113.
— Rosemary Lewallen

SENIORS FOR PEACE

Three speakers to present on environmental protection

The Seniors For Peace Club will meet Thursday, May 4, at 2 p.m. in Clubhouse 3, Room 9. The meeting will feature a program titled "Helping Our Planet: A History and Personal Stories." David Silva, Robert Richert and Rachael Lehmberg will present three perspectives on the environment.

The first speaker will be David Silva, president of the LW Humanist Association, who will present a brief history of the environmental movement. Silva is the author of "Searching for Utopia," a nonfiction book that addresses the problem of climate change along with other sociological challenges. He is also the only LW resident to have run for statewide office of a major party, according to the Democratic State Central Committee.

During the late 1970s, Robert Richert, the club's second speaker was trained as an interpretive naturalist at El Dorado Nature Center in Long Beach. For 15 years, he led hundreds of groups of adults and children on informative nature walks at the Nature Center, Bolsa Chica Wetlands, and other Southern California wildlife preserves. He will talk about his local experiences. Richert is also the author of "Open Wound," a nonfiction book about his experiences in Vietnam, and a local artist specializing in land and seascapes.

The final speaker, Rachael Lehmberg, a scuba diver and volunteer seal trainer who taught English at community colleges in Arizona, Hawaii, and California, will discuss ways in which ordinary people can function as citizen scientists working alongside professionals to bring the power of science to study the challenges facing wildlife in this changing world. Lehmberg, a LW resident, will explain how Leisure World residents can help to mitigate the damage occurring to the wildlife with which they share the earth.

All LW residents and guests are invited to attend. For more information, call Pat Kruger at 562-357-4040.

AMERICAN LATINO CLUB

RSVP by May 4 for Mother's Day

The American Latino Club will meet on Thursday, May 11, at 11:30 a.m. in Clubhouse 3, Room 2. The Mother's Day themed lunch menu will be provided by Porto's Bakery and Café.

For lunch, people can choose between an entree of grilled citrus chicken breast, Lechon (slow roasted pork), or three ropa vieja (Cuban-style stewed beef). All entrees come with jasmine rice, Cuban-style black beans and plantains. Drinks include lemonade, hibiscus water, coffee and tea.

The cost for the lunch is \$15 per person, \$17 for guests, payable to club Treasurer Carmen Edwards, by U.S. mail or dropping it off at 1240 Oakmont Road, Unit 52-K, Seal Beach, CA 90740. Make checks payable to American Latino Club. Payment and food choices must reach Edwards by Wednesday, May 4, (no exceptions). Members will be contacted by email or phone. People with also dietary restrictions may bring their own lunch/drink.

In honor of Mother's Day members may (voluntarily) share an anecdote or memory, recite a poem, etc. about their mother. For more information, call Edwards at 562 431-4257.

GAF

Join Ralphs Community Rewards

The Golden Age Foundation (GAF) will host a sign up for the Ralphs Community Contribution Program on May 10 from 9-11 a.m. in the Hospitality Room in Clubhouse 6.

The Ralphs Community Contribution Program is sponsored by its parent Kroger Grocery Stores and is an easy way for Leisure World residents to raise money for the Golden Age Foundation without an additional cost.

A digital account is needed to participate in the program. Once linked to a resident's Ralphs Rewards card, each shopping trip and swipe of the card at a Ralphs grocery store will give the GAF a donation from Kroger's at no cost to the resident.

This is currently the only active fund raising project the



Joanna Matos (right) receives help signing up for the Ralphs Community Rewards from a GAF volunteer.

GAF has and is presently supported by 300 LW residents.

In an effort to increase participation in this program, volunteers from the GAF will be available in Clubhouse 6 every Wednesday morning beginning May 10, from 9-11 a.m. in the Hospitality Room to assist residents in signing up for the Ralph's Community Contribution Program or to answer any questions residents may have

about the program.

LWers are encouraged to stop by on May 10 to enjoy a cup of coffee and then head to the volunteer table to receive help signing up for the program. Make sure to have a Ralphs membership card available before going.

For more information, about the program or the Golden Age Foundation, text 562-301-5339.
—Anna Derby

PAWS, CLAWS AND BEAKS CLUB

Next meeting will feature tips on dog behavior

Pet lovers are invited to the next monthly meeting of the Paws, Claws and Beaks Club on May 11 at noon in the Clubhouse 1 picnic area. People are encouraged to bring their pets.

This meeting will feature a potluck and everybody is encouraged to bring a dish. People should contact Mary Romero at marymromero11@gmail.com or 562-810-4266 to let her know what dish they are bringing to share.

Maryanne Dell Shamrock will give a presentation on dog behavior at the meeting, with time for questions at the end.

Dell is the founder and director of Shamrock Rescue Foundation, an Orange Coun-



Maryanne and her dog, Bumblebee

ty-based rescue that takes in animals (mostly dogs) at area shelters who are on death row

or otherwise unlikely to find homes. Along with Ron and Charice King of North Tustin, Dell provides foster homes or boarding for the dogs Shamrock takes in, along with medical care. Many of Shamrock's dogs are older and/or have medical or behavioral issues. Shamrock cares for the dogs until homes are found or, if homes cannot be found, for life.

Dell also trains dogs and consults on dog behavior. She is always eager to learn more about dogs and is always growing her knowledge base. She works with rescues and networks throughout the country to help dogs find homes. She is advisor at large

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Democratic Club

by Mary Larson
LW contributor

The LW Democratic Club's newest task force is in the process of organizing a "Neighbor to Neighbor Get out the Vote" program. The ultimate goal of this effort will be to significantly increase the number of voters in the March 2024 primary election. There is a role to play for every club member interested in participating. Members can email democraticclubsblw@gmail.com or call 562-296-8521 for details.

One of the races that the group is currently focused on is the one to replace Katie Porter, LW's current representative in Congress. The 2024 primary election race to replace her is being eyed by both national parties as a potential determiner in who will control the House of Representatives in 2025.

Former Rep. Harley Rouda has dropped out of the race on the advice of his doctors. While Democratic candidate Dave Min doesn't hold incumbency in LW's congressional district, he's an elected state senator serving a large area of Orange County. His district includes many cities in the 47th. He is also the candidate endorsed by Porter.

Joanna Weiss is one of the other Democratic candidates running in the 47th. She is the founder of Women for American Values and Ethics (WAVE) Action Fund.

Scott Baugh, a former GOP Assembly leader, is also running. He ran against Porter in the 2022 midterm election. He has the backing of the Republican Party of Orange County.

Republican businessman Max Ukropina has also just joined the race to replace Porter. Ukropina included the follow-

ing in a news release announcing his campaign, "I'm not a politician. I'm a businessman, and I know what it takes to build our economy."

The 47th Congressional district includes Irvine, Huntington Beach, Costa Mesa, Newport Beach, Laguna Beach and Seal Beach. The Filing deadline for candidates is Dec. 8, 2023.

In another closely watched contest, 18 candidates are reported to be running to replace Dianne Feinstein in the Senate. Adam Schiff, Katie Porter and Barbara Lee are still the most prominent Democrats. Attorney Eric Early is the best-known Republican.

...

Beginning Tuesday, May 2, the LW Democratic Club's information and registration booth outside Clubhouse 6 will
DEMOCRATIC, page 21

HEALTH & FITNESS

Wa-Rite

Wa-Rite members lost a total of 6.5 pounds in the week ending April 14. The top loser's title was shared by three members: Henrietta Peavy, Rosemary Trujillo and Shirley LeBrecque, with a loss of 1 pound each. They also split the weekly cash purse.

Last week's meeting also marked the official beginning of the four-week April showers brings May flowers contest. The club wishes luck to all the participants.

The topic of discussion was finding healthier alternatives to satisfy a sweet tooth. Recently, the club also discussed stroke and cardiac fitness, nutrition and lifestyle, and diet and behavior modification.

Wa-Rite provides a non-judgmental, supportive environment with shared information, accountability, experiences and whimsy as the club members work toward their goal of making the most of their golden years healthy and fit.

Members range from those



Wa-Rite's top losers for the week ending April 14: Henrietta Peavy (l-r), Rosemary Trujillo and Shirley LeBrecque.

maintaining their ideal weight to working toward that goal. Women interested in improving their weight and health, gaining more energy and some light-hearted camaraderie are welcome.

The club meets every Friday in Clubhouse 3, Room 1.

Weigh-ins are from 9:15-9:45 a.m. The meeting is from 10-11 a.m. Those interested can stop by during the meeting and learn more about the club up to three times at no charge.

The annual membership fee \$10. Weekly dues are 10 cents.

—Denise Stabile

Joyful Line Dance

Joyful Line Dance meets on Thursdays upstairs in Clubhouse 6 from 10:30 a.m.-12:30 p.m. and has multiple leaders taking their turns in leading the class.

The club appreciates George Pinada and Chung Cha Lewis' initiative to lead in the absence of other instructors.

For safety, classes are limited to 35 people on a first-come, first-served basis. Exercise shoes and face masks are strongly recommended. No membership fees are required, but donations are welcome.

For more information, text 562-301-5339.



One of the class leaders Sunny Kim is graciously leading the dancing group.

Al-Anon

LW Al-Anon Club meets from 9:30-10:30 a.m. in Clubhouse 3, Room 7, on the first, third, and fifth (if any) Mondays, and in Clubhouse 3, Room 8 on the second and fourth Mondays.

Al-Anon is a 12-step program for family members and friends of those with alcohol and drug addictions.

For more information, contact Mariann Klinger at 559-410-2424.

Bicycle Club

Join the LW Bicycle Club for a fun healthy ride on Sundays (with breakfast) to El Dorado Park, Mondays, Wednesdays and Fridays. The group meets at the North Gate at 9 a.m. Bicycle helmets and safe shoes are required. Members also enjoy happy hours, dining out, pickleball and playing Rummikub.

For more information, call Mary Romero at 562-810-4266 or Lucy Czra at 818-209-5075.

Fitness Fusion

Fitness Fusion Club meets at 10:30 a.m. on Tuesdays in Clubhouse 6 upstairs, and Thursdays and Saturdays in Veterans Plaza.

People may bring free weights to Veterans Plaza classes for additional resistance.

Exercising is fun and beneficial to mind, body and soul. With Fitness Fusion classes people will strengthen their muscles, improve balance skills and overall health.



Lynn Holland (far left) and other members of the group sing a song about Parkinson's to the tune of Bob Dylan's "Blowing in the wind" while tapping their chests to the rhythm of the music.

OC Clefs: therapeutic singing for people with Parkinson's disease

by Katya Lukina
katyal@lwsb.com

On April 18, LWers enjoyed singing with the OC Tremble Clefs, a therapeutic singing group, as part of the monthly Parkinson's Support group. The BrightStar representative Lisa Elder was also present and provided bottled water.

The OC Tremble Clefs is a community of people with Parkinson's disease and a desire to sing and explore the therapeutic value of music. Its goal is to enhance and maintain people's physical skills through vocal and movement exercises, and promote communication within the Parkinson's community and a better understanding of this disease. Residents sang along to the tunes of Billy Joel, Neil Diamond and Johnny Mandel (Mash) with the lyrics based on struggles living with Parkinson's.

"Right after being diagnosed with parkinson's in 2014, I was driving and heard the OC Tremble Clefs' rehearsal. I was blown away. It's a real music! The next day I went to the meeting and been singing ever since. It gave me hope. Parkinson's is hard, and it was a blessing to discover the Tremble Clefs."

—Lynn Holland, member of the OC Tremble Clefs

The group leader and music therapist Karen Skipper also shared exercises for reducing rigidity in facial muscles for Parkinson's people:

- Roll the shoulders back and open up the chest.
- Do a big yawn, big enough to fit three fingers.
- Inhale and make an "ahhhh" sound on exhale.
- Stick the tongue out and hold it still; touch the nose with a tongue, then reach down and touch the chin; with a tongue, push out left and right cheeks alternatively.

PARKINSON'S, page 27



The OC Tremble Clefs' leader Karen Skipper (far right) leads the group in singing about Parkinson's disease.



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Health and
Fitness
stories on
page 27**

SCRABBLE G R A M S SOLUTION								
T	E	M	P	U	R	A	RACK 1 =	<u>61</u>
A	S	Q	U	I	N	T	RACK 2 =	<u>86</u>
T	E	N	T	A	G	E	RACK 3 =	<u>58</u>
T	E	N	F	O	L	D	RACK 4 =	<u>61</u>
U	N	C	I	O	A	K	RACK 5 =	<u>76</u>
PAR SCORE 265-275							TOTAL	342

Crossword Answers

C	R	E	E	P	F	S	L	E	F	O	S	F	R	A	C	S
E	L	E	V	E	S	H	E	A	P	E	R	F	H	O	H	A
P	O	B	E	R	T	S	E	N	V	I	C	E	O	N	D	E
A	S	I	S	E	T	T	E	E	G	M	A	R	E	E	L	E
T	E	R	P	R	E	F	I	N	F	R	O	S	T	S	L	A
O	T	T	O	S	A	R	E	N	A	R	I	S	K	S	L	S
S	H	J	T	T	L	E	O	E	S	T	T	E	A	R		
			T	A	R	S	A	N	I	S	E	L	E	A	R	N
S	H	A	S	T	A	G	A	N	T	B	A	N	O	L	E	
A	L	E	S	L	A	M	G	O	L	I	A	D	E	B	A	R
A	L	E	C	A	T	E	P	A	L	A	L	S	J	P	E	
D	I	X	I	T	M	E	R	T	W	A	L	L	S	J	P	E
E	T	A	G	E	H	E	S	H	R	E	D	S	T	A	G	E
S	E	N	A	T	O	R	C	E	R	E	S	J	O	A	N	
			C	R	O	P	A	S	E	C	R	A	P	P	O	R
A	R	F	N	F	P	A	L	A	D	R	E	M	A	D	F	A
S	E	R	T	D	U	L	L	E	D	A	P	E	D	E	L	L
T	A	P	I	R	L	O	O	M	B	I	A	S	E	S	E	L
E	M	O	T	E	R	S	U	P	T	O	N	I	S	I	N	C
R	P	I	E	T	E	S	T	A	F	E	T	T	O	S	S	F
			S	E	E	D	E	D	Y	A	R	D	E	T	T	E

Sudoku 1 Answers

8	7	2	9	4	6	3	1	5
1	6	5	3	2	8	9	4	7
4	3	9	7	5	1	6	8	2
7	5	4	6	8	3	2	9	1
2	8	3	1	9	5	7	6	4
9	1	6	2	7	4	8	5	3
5	9	1	8	3	2	4	7	6
3	4	8	5	6	7	1	2	9
6	2	7	4	1	9	5	3	8

The Basic Rules of Sudoku:

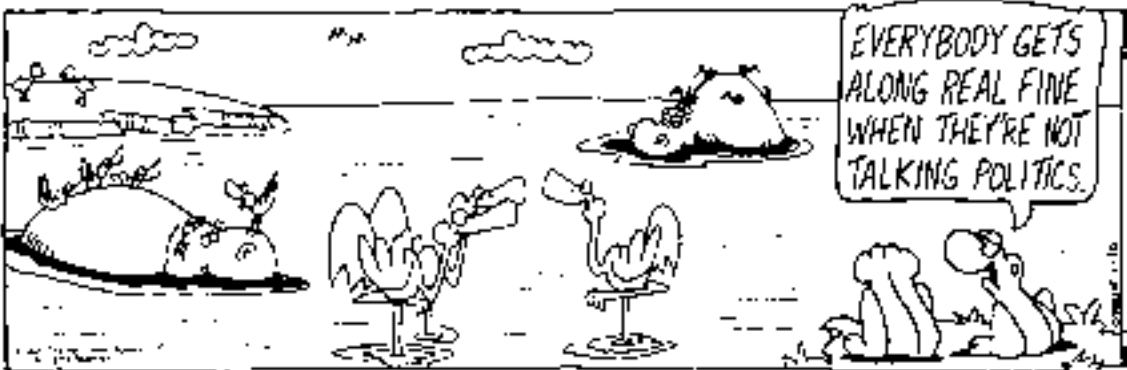
- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
- When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

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Puzzle Answers

Puzzle page 8-9



Sudoku 2 Answers

5	7	8	6	4	3	1	9	2
6	2	3	9	7	1	4	5	8
1	9	4	8	2	5	7	3	6
7	1	5	3	8	9	2	6	4
8	4	6	2	5	7	9	1	3
9	3	2	4	1	6	5	8	7
2	8	9	5	6	4	3	7	1
3	6	7	1	9	2	8	4	5
4	5	1	7	3	8	6	2	9

Guess Who?
Shaun White

Crypto Fun Answers

A. *compose* B. *draft* C. *edit* D. *ideas*

Boggle BrainBusters Answers

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Word-Find Answers

[illegible]

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Lunch Cafe - Meals on Wheels OC

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome. Guests under 60 can enjoy lunch for \$5. Arrive ten minutes before the start time. Meals are served on a first-come, first-served basis. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% milk served daily. Low Cholesterol, 0% trans-fat buttery spread (Promise) or Smart Balance served with bread and rolls.

LW minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The minibus returns to the Amphitheater at 11:40 a.m.

Thursday, April 27

Turkey white bean chili, mixed vegetables, peas and carrots, corn bread with Promise, and pineapple tidbits.

Friday, April 28

Black bean soup with sugar free crackers, Cobb salad with diced chicken, egg, shredded lettuce, swiss cheese, bell pepper, carrots, cucumbers, homemade ranch dressing, lemony lentil salad, and a mandarin orange.

Monday, May 1

Baked meatloaf with savory tomato sauce, mashed potatoes, Capri vegetable blend, whole wheat dinner roll with Smart Balance, and a sugar free apple crisp.

Tuesday, May 2

Chicken meatballs with sweet and sour sauce, Jasmine rice, carrots, sugar free cookie, and an orange pineapple juice.

Wednesday, May 3

Beef stew with vegetable sauce, whole baby potatoes, whole wheat dinner roll with Smart Balance, and a tropical fruit mix.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, April 27

Turkey chili, corn bread, green beans with pimentos, apple sauce, roast beef and cheese sandwich with spinach, tomato and pickle, cucumber, red onion and tomato salad.

Friday, April 28

Oven-baked breaded fish with tartar sauce, macaroni and cheese, mixed vegetables, fresh banana, turkey and ham Cobb salad with egg, tomato, bacon, blue cheese dressing and crackers.

Monday, May 1

Oven-baked chicken breast with lemon pepper sauce, mashed sweet potatoes, seasoned cauliflower, peaches, chicken salad sandwich with spinach and tomato, marinated beet and onion salad.

Tuesday, May 2

Roast beef with mushroom gravy, au-gratin potatoes, peas with onions, mixed melons, chicken salad sandwich with spinach and tomato, and a marinated beet and onion salad.

Wednesday, May 3

Turkey Tetrizzini, brown rice, seasoned corn, brussels sprouts, cantaloupe, Greek chicken salad with tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

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The File of Life sleeve and the medical information form are available for purchase at Copy and Supply Center in Building 5 from 8 a.m.-4 p.m. at the cost of 73 cents, plus eight cents for the medical information form, and should be updated as needed. For more information, call 562-431-6586, ext. 345 or ext. 307.

PARKINSON’S from page 22

Aside from trembling and a masked face, people with Parkinson’s lose their rhythm when walking and talking. Skipper added that people could practice polyrhythms by tactile tapping to the music or by following a metronome app. Breathing exercises, in addition to singing, can also help loosen the diaphragm.

Skipper added that it all depends on how everyone’s body manifests Parkinson’s disease. Based on that, the movement disorder specialist could develop a plan and help ease the symptoms.

The OC Tremble Clefs is funded by grants and donations, and meets four times a week on Mondays in person in Laguna Woods Village and on Tuesdays, Wednesdays and Thursdays via Zoom. The attendance is free.

For more information, go to www.octrembleclefs.org.

Optum HCC Events, May 3-11

Health and Fall Prevention
Wednesday, May 3, 2-3 p.m.
Large Conference Room,
Optum HCC

The exercise physiology professional Christel Mitrovich from Reneu Health will speak on postural issues, preventing falls and improving balance in older adults. To RSVP, call 562-795-6255.

SCAN Medicare 101
Tuesday, May 9, 10-11:30 a.m.
Large Conference Room,
Optum HCC

SCAN representatives will educate people about Medicare and the Medicare advantage special needs plan. Everyone is welcome. No RSVP required.

Medicare and Music
Tuesday, May 9, 2-3 p.m.
Large Conference Room,
Optum HCC

Evan Baker from Anthem will talk about Medicare. Everyone is invited to attend and sing along to the groovy tunes of his guitar. Fun, refreshments, and prizes will be provided. To RSVP, call 562-493-9581.

Sherry Vandervoort and the United Healthcare Scam Talk
Wednesday, May 10, 2-3 p.m.,
Large Conference Room,
Optum HCC

Sherry Vandervoort from the United Healthcare will share tips and tricks on how to detect scammers and keep a personal information safe and secure. To RSVP, call 949-702-9488.

Korean Karaoke
Thursday, May 11, 10a.m.-noon
Large Conference Room,
Optum HCC

Jean Shin will host a karaoke session primarily in Korean. Everyone is welcome. Light refreshments will be provided. People can come by or RSVP by calling 562-795-6255.

SBTV Fitness

The following weekly exercise classes air 24/7 on SBTv-3 via TWC Spectrum CH3, Frontier Fios CH37 and on-line streaming at sbtv3.org/schedule.

Sunday

5:30 a.m.: Feeling Fit (1 hr)
6:30 a.m.: Silver Age Yoga (4.5 hrs)

Monday

6:30 a.m.: Feeling Fit (1 hr)
8:30 a.m.: Silver Age Yoga (4.5 hrs)
Noon: Silver Age Yoga (2.5 hrs)

Tuesday

7:30 a.m.: Feeling Fit (1 hr)
11 a.m.: Yoga for All Ages (30 mins)

Wednesday

5:30 a.m.: Yoga for All Ages (30 mins)
6 a.m.: Feeling Fit (1 hr)
7:30 a.m.: Silver Age Yoga (3.5 hrs)

Thursday

6:30 a.m.: Silver Age Yoga (4.5 hrs)
8:30 a.m.: Feeling Fit (1 hr)
Noon: Feeling Fit (1 hr)

Friday

6:30 a.m.: Silver Age Yoga (4.5 hrs)
8:30 a.m.: Feeling Fit (1 hr)

Saturday

6:30 a.m.: Silver Age Yoga (4.5 hrs)
8:30 a.m.: Feeling Fit (1 hr)

CLASSIFIEDS

GENERAL

Calling All New-Comers to Leisure-World: Join Open-Forum-Discussion for questions regarding Leisure-World-Community. Saturdays/April-29th/May-06th/ (11:00am-1:00pm). Call/714-654-5434 for Mutual-5 meeting-address. Exp 5/10

May the sacred heart of Jesus be adored and glorified/loved/honored/praised and preserved Now-and-Forever. Sacred heart of Jesus, pray for us. St. Jude, helper of the hopeless, pray for us. THANK YOU for Intention Delivered! Say this prayer nine-times for nine-days and your petition will be granted. Must-promise-publication.

LANDSCAPING

FRANK’S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor License 779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 Exp 6/07

HANDYMAN SERVICES

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001 Exp 7/12

562-596-0559 LW DECOR INC.

Kitchen/Bathroom-Remodeling. Install Microwave/Dishwasher/ Recessed-Lights/Closets Redesigned/Cabinets-Refaced/ New-Windows/Patio-Storage and Enclosures. Exp 5/03

40+/Years in LW
State Contractor License 723262

BATHTUB & SHOWER REFINISHING

We refinish your SHOWER/ TUB to look brand new. Convert to WALK-IN SHOWER and/or raise seat. Nu Kote 562-833-3911. Serving LW since 1999. License 699080 Exp 7/19

PAINTING

Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 5/24

Cory Gee Painting. Affordable, Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/ Pressure-Washing/Cabinets. Senior Discounts 714-308-9931. State Contractor License 1049257 Exp 5/03

562-596-0559, LW DECOR INC. Premium-Paints. Interiors/ Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. **40+/Years in LW. State Contractor License 723262** Exp 5/03

Bel-Rich Painting. Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 5/17

Painting service for exterior or interior repairs, texture/drywall/ cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/22/23

SKYLIGHT SERVICES

SKYLIGHTS
CLEAN AND REPAIR.
Licensed and insured.
Dan (562) 841-3787 Exp 7/12
SB Business License BRA0002

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. Exp 11/29/2023

UPHOLSTERY / CARPET CLEANING AND TILE & GROUT

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito. State Contractor License 578194. Exp 5/24

WINDOW WASHING

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 5/24

LEISURE WORLD HELPING LEISURE WORLD

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

"ROLLIN THUNDER" GOLF CART CLUB

Offering FREE advice on buying and selling of your Golf Cart. Also batteries and Safety Flags. 562-431-6859

HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/ Doctor-Appointments/Errands/ Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 7/05

CHRISTIAN HOME CARE
Experienced, knowledgeable caregivers. Honest/Assertive/ Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/ Insured. SB Business License BCS0002. Exp 6/21

MOST AFFORDABLE RATES with/optimum service, 30-years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/ Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 5/10

EXPERIENCED CAREGIVER
Over 25+years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call **Pampet/562-371-4895**. SB Business License PAN0003. Exp 7/19

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 5/17

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 5/03

LWWeekly

Read the paper online!
www.lwsb.com/newspaper

CLASSIFIEDS

BEAUTY SERVICES

Tammy Nguyen Phenix Salon. Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&women. Shampoo/Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 7/05

In home haircare, serving the men-and-women of Leisure-World for 36-years. Mel Cell/562-480-9341 SB Business License KC75538. Exp 5/10

Experienced Korean-Barber at Dal Je's Salon. 562-626-8122, 562-431-4603. 5-minutes from Leisure-World! Cannot-WAIT-to-Serve You! PLEASE ask for Sue/Thank-You! SB Business License 14203016. Exp 5/10

HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 Exp 7/05

MOVE-IN, MOVE-OUT, WINDOWS, FLOORS. CALL PHIL at 562-881-2093. Over 30 Years Experience! SB Business License AB0001. Exp 5/24

GRACIAN'S HOUSECLEANING & WINDOWS.

WINDOWS 10% OFF first cleaning.

General housecleaning Excellent referrals in LW (562) 307-3861.

20 years experience. Exp 7/12 SB Business License GRA0006

General housekeeping, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 5/17

Maria House-Cleaning We'll make your house look NICE-as-possible! 15+/years experience. We can work with your schedule. Bi-weekly/Monthly. Deep-cleaning. Call/Text/714-496-2885. SB Business License HER0008. Exp 5/17

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days/call anytime! Complete-cleaning. 562-505-1613 SB Business License M0001A. Exp 6/28

Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830 SB Business License 14206409. Exp 6/28

LeeGee Cleaning Services. Move-In, Move-Out. Deep Cleaning and/or Recurring. General Housecleaning, Weekly/Bi-Weekly/Monthly. 7-Days Call/Text Lisa/714-916-7796. SB Business License LEE0004. Exp 5/03

COMPUTERS

FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License #CIP0001 Exp 5/03

John's Computer Services 562-733-9193 Virus-Removal/Internet Security Repair, Training, Wireless and Smart-TV Setup. LW Resident. SB License FUH0001. Exp 5/17

AUTOS WANTED

ANY KIND OF CAR

Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of-Liability for you! Bonded/Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 7/05

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/03/2024

Pride Victory Electric Scooter. Like-New 4-Wheel with/2-Baskets. Custom-Cover and Charger. Call 562-760-5668/Mutual-11.

GOLF CART TIRES

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 6/07

TRANSPORTATION

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258 Exp 5/10

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. Exp 5/03

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. State Contractor License #779462 Exp 6/07

2003 Hyundai Accent/2-Door, Sporty-Looking/Hatch-Back. Approximately-33,000-miles/Good-Fuel-Economy-and-Performance. Available Mid-May/OR-to-Suit-Buyer. \$1,800/OBO/562-296-6361.

2012 Black Toyota Yaris Hatch-Back. 64,326 miles. Call/Text Denise/714-234-8842 for information/details.

MOVING, HAULING & STORAGE SERVICES

J&D HAUL-AWAY AND CLEAN-UP SERVICE

No job too small! Fast/Reliable/ Great prices. SB Business License BRA0002. 562-841-3787/Dan. Exp 7/12

A FRIEND AND A TRUCK Your moving service, any size job. SB Business License RO263644. Call/310-387-2618 Exp 7/19

MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE Buying Mid-Century Modern Furniture/Antiques/Stain-Glass Windows and Lamps/Miscellaneous-Collectibles/Vintage-Clothing/Jewelry/ETC. 562-243-7229 Exp 5/10

MISCELLANEOUS FOR SALE

Emerson Wine Cooler/12-Bottle-Holder/Like-New. Price-Reduced/\$40/OBO. Call/562-296-6361.

Coin COLLECTORS! Indian-Head Cent, Lincoln Wheat (1909-1940). By appointment As-Is (9:00am-3:00pm) 562-594-3975. Ad Exp 5/03

Estate Sale. Thursday/April-27th/12:00-4:00pm. 1541 Northwood Road, Mutual-11/Unit-273L EVERYTHING-MUST-GO. Kitchen-Items/TV-Stand/Coffee-and-End-Tables/Lamps/Sofa/like-new-Queen-Bed/Bedroom-Set/Bookcases/Books/VCR-Cabinet/ Knick-Knacks/Small-Refrigerator/ Luggage-and-MORE. 714-402-1955

Brown-Pub-Table/43"H. 6-Metal/Chairs/33"H. Must See to Appreciate/Mutual-2. Nice Condition. Can-Deliver/\$300. Call/562-493-5344.

Asewing-groupthatsewsforLocal-and-Global/Charities NEEDS Fabric! If-you-are-interested-in-DONATING-Fabric; PLEASE call me/951-283-0961.

Schwinn Bicycle/Like-New. 3-Wheel, 3-Speed with/Basket. \$150/OBO. 562-760-5668.

BEAUTIFUL 48"/Oak Round-Table with/5-Chairs to match. Includes/2-additional-leaves to extend table/72". \$125/OBO. Call 562-270-8152/Mutual-11.

Sun Trike 3-Speed/\$75. Cruiser 3-Speed/\$95. Folding-Bike/\$50. 714-615-0123 or 714-349-0059.

Estate Sales. April-27th/Thursday and April-28th/Friday/9:00am-2:00pm. 1080 Brookline Road/Mutual-09/Unit-213B. This home is filled with many Treasures. 2012 Toyota Yaris/Hatch-Back with/VERY-low-mileage. NEW/Red-Travel-Pro-Mobility-Scooter with/new-batteries. Rectangle-dining-table with/6-chairs. Luggage/hospital-bed/full-adjustable-bed/lots-of-medical-equipment/2-lift-recliners/lots-of-women-clothes-sizes-M/L. MCM-lamp/Tri-Fecta-Tricycle and MUCH-MORE! ESTATE SALES by JENNIFER and DENISE, POB 427, Seal Beach 90740. Seal Beach License 14206514. For entry through Leisure-World main-gate, call/text Denise/714-234-8842 by Wednesday.

LEISURE WORLD CARPORT FOR RENT

Mutual-1, Building-12, Space-41. Monthly/\$75. Larry/562-430-1080 Exp 5/03

Mr. Hank Leisure Living Resales, Inc. Lic. #636260 13918 Seal Beach Blvd., Seal Beach, CA 90740

(562) 493-6601 leisurelivingresales.com

No One Knows LW Like We Do!



Erika — M17 (562)-208-5223



Lela Lee (714) 213-1993



Valory Escrows



Gina Rojas 562-533-3190



Carl Kennedy M15 (661) 810-9410



Karen Wittkamm 714-858-1794



Mr. Hank (562) 743-8473 The Piano Man

Thinking of Selling? We will save you Thousands of Dollars on Sale Expenses!!!



The Happy Office! 28 Years in LW! Thank You!



714-350-9449

Thinking of Selling? Wanting to upgrade to a Larger Unit? Curious about Market Values? Call us TODAY! We are happy to help!



Mutual 10 – 238b St. Andrews 2B/1Ba Expanded faces South Dual Pane Windows, Skylights Ceramic Floors, Ceiling Fans, Extra Storage, Drive up location Turnkey! Good Price \$315,000

Recent Closed Listings

M5 – 112c sold
M15 – 29j sold
M15 – 43e sold
M15 – 10f sold

www.TeamDonnaJean.com



Michael Shieh 714-866-9268



Andrea Bair 714-624-1981



Suzanne Ahn 562-810-1614



Alice Sioson 626-216-3038



Joanie Korman (714) 308-8034

"Where Life Just Got Easier"

LW Resident, Real Estate Specialist BRE#01937786

2 Bedroom 1 Bath with an Incredible View, New Windows, In-Escrow White Plantation Shutters, Heat Pump Needs Some TLC M8 Call to Preview

Beautiful 2 Bedroom 1- 1/2 Bath Expanded Corner with In-Escrow Great Views 2 Patios M9 236A \$569,000

1 Bedroom Newer Light Floor, In-Escrow Great Location M8 192K \$219,000 Berkshire Hathaway Home Services

Leisure List, S.B.



Attention Sellers!

TIME TO SELL?

Tried The Rest? Now Try The Best! My unique Real Estate Services go beyond Listing

I also provide:

- A Free Interior Design update Consultation
- Arranging for Clean out Services
- Estate Sale Recommendations
- Suggest & Supervise LW approved Vendors for anything needed
- AND FREE STAGING I'll Make it look like a Model Home

M1-28A



3681 St. Andrews Dr.

2 Bedroom 1 bath corner, facing greenbelt. Drive up potential. Close to the Golf course and Clubhouse 1. References provided upon request

Melinda Curtis


Call now!

(562) 270-5305 (310) 753-2776

BROKER

LEISURE LIST, S.B.

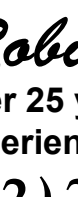
REAL ESTATE SERVICES www.leisurelistsb.com DRE#01291830




Robin Gray

Over 25 years of Leisure World Experience DRE 01027333

(562) 209-5605



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California Properties



Thinking of Selling?


Call me!

I have over 26 years

Leisure World


Experience and Knowledge!

I can help you!!



Mutual 11-265-A

\$495,000



Two Bedrooms, one bath expanded Corner with a GORGEOUS Location! Tile floors through-out, central heat/air, stackable washer/dryer, side patio, and newer windows.

Coming Soon

Mutual 4 Beauty!

Two Bedrooms, One Bath, Fully Expanded with a GORGEOUS LOCATION!!

Washer/Dryer, Central Heat/Air, Pretty Floors, and a Remodeled Kitchen...

13926 Seal Beach Blvd., Seal Beach, CA 90740



Gina Rojas
(562) 533-3190

I have buyers

ginamrojas@gmail.com
Leisure World Specialist
 23 Years LW Experience
 ♥DRE#02111452♥
"I Have Your Best Interest at Heart" ♥

Mutual 2-18L



\$485,000

Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.

2022 Escrows

8-178D	\$582,000
5-70F	\$520,000
7-170K	\$342,000
8-195B	\$480,000
2-62C	\$225,000
6-130K	\$300,000
14-12A	\$560,000
6-64A	\$272,000
15-11Q	\$350,000
12-55E	\$295,000
2-39A	\$310,000
17-110B	\$475,000

Leisure Living Resales

	<h1 style="margin: 0;">Erika Shapiro</h1> <p style="margin: 0;">Resales Specialist Mut. 17 Resident BRE # 01448494</p> <h2 style="margin: 0;">562-208-5223</h2>
	<p style="margin: 0;"><i>New Listing</i></p> <p style="margin: 0;">Mutual 5 - 91F</p> <p style="margin: 0;">\$445,000</p> <p style="margin: 0;">Fully expanded corner, move in ready. Beautiful greenbelt location. New paint, new flooring. A/C Heat and more...</p>
<p style="margin: 0;"><i>New Listing</i></p> <p style="margin: 0;">Mutual 2 - 10J</p> <p style="margin: 0;">\$285,000</p>	 <p style="margin: 0;">Basic 2 BDR/ 1 Bath, New paint and flooring, Skylights, enclosed side patio</p>
	<p style="margin: 0;">Mutual 16 - 54A</p> <p style="margin: 0;">\$299,000</p> <p style="margin: 0;">Basic corner on a big greenbelt, Beautiful laminate flooring, Granite counter tops and more..</p>
<p style="margin: 0;">Mutual 7 – 161I</p> <p style="margin: 0;">\$345,000</p>	 <p style="margin: 0;"><i>Under Contract</i></p> <p style="margin: 0;">Fully Expd. 2 BDR / 1 Bath, Drive-up convenience Plantation shutters, beautiful laminate flooring throughout, 4 skylights, breakfast counter, formal dining area, walk-in closet, Small patio. Move-in ready.</p>
<p style="margin: 0; text-align: center;">Leisure Living Resales</p>	



Kristin Duncan
714-356-6717
Office Manager



Robin Gray
562-209-5605



Barbara Diette-Dobias
562-754-5628



Kathy Gup-ton
562-618-9940



Gloria Hadley
562-884-3594



Edwina DiMario
562-706-7999



Vickie Van Ert
310-220-1407



Rosie Wang Davis
626-623-9929



Joanie Korman
(714) 308-8034

(562) 594-0515
1900 St. Andrews Dr. , Suite C
Seal Beach, CA 90740
BRE 00338699



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13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette "CC" Cooley
310-484-9600

One-Bedrooms



Estee Edwards
562-208-2540

Mutual 3-28C **\$217,500**
Expanded, double pane windows,
upgraded kitchen, good location

Mutual 1-49B **\$218,000**
Great location, close to parking

Mutual 1-40D **\$229,500**
Great greenbelt, enclosed patio, sky-
lights, very nice

Mutual 4-77E **\$259,000**
Elegant unit with upgraded appliances



Mike Varipapa
562-235-7413

Two-Bedrooms



Leah Perrotti
310-889-6583

Mutual 1-26L **\$318,000**
corner unit with extra large skylight

Mutual 15-46P **\$377,000**
A/C, washer/dryer and dishwasher

Mutual 1-10G **\$425,000**
Corner unit in a desirable location

Mutual 2-26A **\$389,000**
Unit has central A/C, washer/dryer,
dishwasher and microwave.

Mutual 2-29E **\$585,000**
Elegant and unique. A must see!



Bill Berman
714-606-5258



Hanna Rubinstein
562-900-4243



Jay Cho
714-944-4998



Philip Bak
213-550-9991



Fay Wescott
949-212-8748



Kawain Payne
714-293-1151



Adrian Villarreal
714-694-3291



Conrad Rodriguez
562-746-1960



Chris Kim
424-247-4542

Specializing in the LW Community



Kathy Gupion
Associate Broker
DRE # 00744676

562 618-9940

562 884-3594

Yes we are **SISTERS**



Sean Wood
Realtor®

DRE# 02186926

562 514-6613



Gloria Hadley
Realtor®
DRE # 01057681



M2-29E \$585,000

Elegant and unique describes this 2 Bedroom 1 3/4 Bathroom custom Leisure World home. Enter through a leaded glass door into a lovely living room that features an entry closet, crown molding, electric fireplace, double pane bay windows, track lighting and it is carpeted. The exceptionally spacious kitchen has custom cabinets with Quartz counter tops, built-in stove top, oven, microwave, refrigerator, dishwasher, and features recessed lighting. Formal dining room has crown molding, wood plank flooring, and double pane sliding glass doors to patio. Main bedroom is carpeted, has a walk-in closet, crown molding, track lighting, and double pane sliding glass doors to patio. Main bathroom has a shower over bathtub, tile flooring, Quartz counters, and sola tube. Second bedroom is carpeted, has a wardrobe closet, double pane windows and overlooks patio and garden area. Second bathroom has a shower, cabinets with Quartz counter, double sinks, and washer/dryer. Hallway has a linen closet and an additional storage closet. Extra features include attic storage space, two private side patio's and garden. Space that runs the length of the home, and small private tiled entry patio.

PENDING

Mutual 9-225C
Mutual 9-212C
Mutual 6-143A

SOLD 2023

Mutual 9-230D
Mutual 11-283D
Mutual 4-51D
Mutual 8-189D

SOLD 2022

Mutual 14-17B
Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6-117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5-117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10-250J
Mutual 11-286B
Mutual 12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

Mutual 1-26L \$318,000

A must see corner 2 bedroom 1 bath cottage newly redecorated. This charming home is light and bright and ready to move in. It has new deluxe vinyl flooring throughout and has been newly painted. The Kitchen has white cabinets and features built-in appliances including a built-in dishwasher and extra-large skylight. The bathroom has a large skylight and cut down shower for walk-in convenience. The private patio has new indoor/outdoor carpeting and walk-in storage closet. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities including, a swimming pool, Jacuzzi, 9 hole 3 par golf course, bocce ball, shuffle board, arts, ceramic and sewing room, a variety of exercise and card groups, library, health care center, amphitheater and so much more. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



M4-77E \$245,000



Charming upgrade and recently remodeled 1 bedroom, 1 bathroom home. This delightful home has many upgrades. Spacious living room is light and bright and features leaded glass entry door, double pane windows with plantation shutters and deluxe vinyl plank flooring. Kitchen has new built-in appliances including Bosch stove and oven, LG double door refrigerator with lower freezer, new sink, and custom counter tops and new ceiling fan. Bedroom has deluxe vinyl plank flooring and double pane sliding glass doors to patio. Bathroom has new counter tops, sink, high boy toilet and cut down shower for walk-in convenience. Private patio has indoor/outdoor carpeting with patio storage and gated entry.

M11-273L \$359,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



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& NICK MONTEER, Broker
Lic# 01276484, 01927606

562.716.1547
213.880.8220
gcarol1966@gmail.com
nicholasmonteer@gmail.com

GASPER MONTEER
REALTY GROUP



www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 36 pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



New Listing!

1201 Oakmont Rd #196H | M8 | \$349,000
Gorgeous greenbelt 2bed/1bath with partial expansion and exterior storage. Immaculate home with laminate floors throughout, Central HVAC, skylight, shutters on all windows.



*Price Improvement

13660 Annandale Dr #21F | M1 | \$379,000
Corner patio with garden walk up looking out onto the golf course! 2Bed/1Bath, heat pump, light and bright kitchen with skylight and newer appliances. Bamboo floors, dual pane windows, washer/dryer, meticulously maintained!



In Escrow

1300 Mayfield Rd #61A | M6 | \$459,000
Corner greenbelt location 2bed/2bath unit fully expanded with patio. Skylights and solar tubes throughout, large kitchen, custom built-ins and laminate floors. Carpet in bedrooms with walk-in closets in both!



New Listing!

13800 El Dorado Dr #24B | M3 | \$369,000
2Bed/1Bath fully expanded unit with BIG beautiful windows in front. AC heat pumps, new carpeting, laminate floors and paint throughout. Skylights and cutdown shower in bathroom. Golf cart included!



New Listing!

13131 Shawnee Ln #268C | M11 | \$309,000
Adorable 2bed/1bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



New Listing!

13200 Del Monte Dr #23P | M15 | \$329,000
Upper unit 2bed/2bath with window patio enclosure. Galley kitchen with newer oven and refrigerator. Blank canvas ready for your interpretation!

04/24/2023 - Year To Date MLS Activity

■ For Sale ■ In Escrow ■ Closed Sale



Month	For Sale	In Escrow	Closed Sale
Jan	55	38	15
Feb	52	40	25
Mar	55	55	20
Apr	68	50	30
May			
Jun			
July			
Aug			
Sept			
Oct			
Nov			
Dec			

On April 24th, 2023 a total of 68 units show as active listings on the CRMLS
(this is where Realtors list property for sale)

14 - 1 bedroom/1 bath units
from \$215,000 to \$285,000

38 - 2 bedrooms/1 bath units
from \$265,000 to \$479,000

16 - 2 bedrooms/2 baths units
from \$329,000 to \$597,500

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M11 - 264H \$529,000
Gorgeous 2 Bedroom 2 Bath with Washer/Dryer



M6 - 134J \$319,000
2 Bedroom 1 Bath unit with enclosed Patio and Washer/Dryer



M1 - 45B \$215,000
Basic East facing One Bedroom



M8 84F - \$399,000
Corner 2 Bedroom 1 Bath with enclosed Patio on Greenbelt



M10 - 253D \$310,000
Basic 2 Bedroom 1 Bath



M12 - 62A \$459,000
Gorgeous Expanded Corner with added Bathroom



M1 - 44D - \$259,000
Gorgeous 1 Bedroom Close to Amenities



M3 - 9C - \$235,000
Partially expanded one-bedroom unit; Expd. bedroom; Tiled patio!



M3 - 16C - \$415,000
Two-bedroom full expansion!



M4 - 81E - \$247,000
Very nice one-bedroom unit; Enclosed patio; On lovely green



M9 - 220C - \$315,000
Basic 2 bedroom one bath



M5 - 101L - \$449,000
Gorgeous 2 bedroom 1.5 bath unit with built in office



M7 - 176F - \$479,000
Beautiful 2 bedroom 1 bath unit!



M14 - 32H - \$469,000
Fully expd. two-bedroom corner home; The Beverly Hills of LW



REDUCED

M15 - 33F - \$499,000
Nice atrium unit with huge front patio!



M9 - 208D - \$369,000
Fully Expanded 2 bedroom 1 bath



M10 - 238H \$369,500
Lovely Drive up 2 Bedroom 1 Bath



M3 - 34F - \$399,000
Two-bedroom Upgraded unit; Washer/Dryer



M9 - 220B - \$305,000
Basic two-bedroom unit; Easy access; Faces the breeze



M14 - 13H - \$375,000
Expanded two-bedroom unit; Immaculate condition; Steps to golf course



M11 - 283J \$258,000
Fully expanded one bedroom, one bath on a greenbelt



REDUCED

M 14 53K - \$359,000
2 Bedroom 1 Bath in Mutual 14



Dawn Januszka
Broker
DRE #02110501



Ginny Houck
Escrow Officer



Verna Chumley
Realtor®



John Webster
Realtor®



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