May 4, 2023

Weekly





NEW PAYMENT SYSTEM: GRF is implementing a new system for paying assessments. See page 2.



SURVEY RESULTS ARE IN: Find out how residents responded to the Recreation Department's amenity survey. See pages 6-7.

EVENTS Celebrate Cinco de Mayo tomorrow

Recreation's Cinco de Mayo event is this Friday, May 5. Enjoy Koffel's Mexican food truck, its famous virgin margaritas and a variety of Mexican and American food. This year will feature Mariachi Zapopan, one of the most popular singing groups of the genre in Southern California. The dancing and fun start at 5 p.m. in the Clubhouse 6 parking lot, as well as inside. The first floor of the clubhouse will be closed to normal activities, including table tennis.

This is one of the most popular events of the year, and the space is always filled to capacity, so residents only for this free festival.

Parking is extremely limited. A free shuttle from the Clubhouse 4 parking lot will run continuously from 4:30 p.m.



Honoring Mom

Mother's Day lets the most important woman in most people's lives know how greatly appreciated she is. Mothers are trusted confidants, best friends and ongoing support systems. The LW Weekly will celebrate mother love in a special edition featuring memories of, and tributes to, those mothers and maternal figures who cultivate potential to the fullest in their children. LW residents and their families are invited to submit brief tributes (one to two paragraphs) to emmad@lwsb.com. High resolution jpgs are welcome. Submissions are subject to editing and will run as space allows. Deadline is May 4 for

GRF will replace slanted retaining wall and add mounted fans to fitness room

BOARD HIGHLIGHTS

by Ruth Osborn

rutho@lwsb.com

In its second-to-last meeting before the close of the 2022-23 term, the GRF Board met April 25 for a relatively short and conflict-free session.

With only a handful of residents in attendance and no member comments, GRF Board President Marsha Gerber said "it must be that we're doing a good job." She noted that residents' opinions matter to the board, pointing to the removal of two controversial agenda items related to higher fees for excessive club meeting set-ups. The topics were tabled for future consideration.

But there was still a full agenda of business to conduct-authorizing pest control contracts, approving fans in Clubhouse 6 and accepting a donation, among other items.

Highlights include:

Perimeter Wall Funding

Upon the recommendation of the Physical Property Committee, the board authorized more than \$200,000 to share in the cost of replacing a perimeter wall with Frontier.

The dilapidated retaining wall now encompasses

the Frontier facility, abutting First Christian Church and the road leading to the North Gate. Most of the cinderblock wall is shrouded in ivy but in some places deterioration is clearly visible.

Frontier will equally share the project cost of \$449,535. GRF's estimated portion is \$201,530 with a \$10,000 contingency fee.

Frontier will pay \$224,767.50; and First Christian Church, \$23,237.50.

'I don't think we are financially ready to do this unless (Senior Facilities Director) Mark (Weaver) says it's really important," said Gerber. GRF Director Lee Melody from Mutual 14 agreed, inquiring whether the wall could simply be repaired, rather than demolished and replaced.

Weaver pointed to engineering reports that showed the wall is leaning outward by nearly three degrees, has substantial water damage, intruding tree roots, cracks, no rebar in places and subpar water drainage. Immediate action was recommended.

The engineer told us that the wall is failing," said GRF Director Carole Damoci of Mutual 12. "I think we have to replace it. It's a wall between neighbors."

HIGHLIGHTS, page 3



the May 11 edition.

FREE Legal Services for Qualifying Seniors 60+ in Orange County

We Can Help With Estate Planning, Financial Scams, Health Coverage, Conservatorships, Consumer Debt, and More!





http://communitylegabocal.org

This project is funded in part through a grant from the Colifornia Department of Aging, as allocated by the Orange County Board of previsors and administered by the Office on Aging. The conclusions an ions expressed may not be those of the Colifornia Department on Agi d the publication may not be based upon or inclusive of all raw data.

The retaining wall (pictured) encompasses the Frontier facility and abuts the First Christian Church. Most of the cinderblock wall is shrouded in ivy but in some places deterioration is visible.

PARKING

Security announces 30-day delay for parking enforcement



Leisure World's main security gate.

In an effort to build community goodwill toward the new parking enforcement program, the Security Department has been directed by GRF to delay full implementation of the parking enforcement program. The department will impose a 30 day "community warning period" before parking citations with fines are issued.

Full implementation of the parking enforcement program will be in force on June 1, according to Security Director Victor Rocha.

THE OFFICIAL PUBLICATION OF THE GOLDEN RAIN FOUNDATION, LEISURE WORLD, SEAL BEACH, CA I WWW.LWSB.COM I WWW.LWWEEKLY.COM

ASSESSMENTS

Some residents required to update payment information Moth

Editor's Note: As of May 1, the GRF will start transitioning to CINC Systems, a comprehensive community management software that can be accessed from anywhere, has a work order component so Service Maintenance staff can use cell phones for processing; and accommodates electronic invoice processing, approval workflows and vendor management. This software will yield significant efficiencies in staff time in all GRF departments. As part of the rollout, a new payment system for residents will be implemented. The following information was sent to all LW households:

Effective May 1, 2023, the Golden Rain Foundation will be transitioning to a new partnership with CINC Systems. This new partnership will feature a web-based account management tool and a new address to remit your payments.

To access your community's resident portal, visit *https://lwsb. cincwebaxis.com*. On your first visit to the website, you will need to create an account:

• Simply click on the "Sign In" button.

• Select "Create an Account" and complete the information required.

• Once your registration re-

quest is reviewed and validated, you will receive an email with a link to set your password.

• You can then log in with your email address and new password to make payments and access information about your community.

Payments:

New account numbers have been generated for all the members.

Your new account number is ACCOUNT NUMBER and is also located at the top of the first page of the letter.

Please be sure to update your payment methods so that they reflect your new account number and reference this account number on all future payments. Your account number must be listed on the check.

Current member balances will be forwarded and carried over to the new software in the next 30 days.

The Golden Rain Foundation offers the following options to make paying your assessment easier which includes:

By Mail: Check made payable to

SEAL BEACH MUTUAL XX c/o Golden Rain Foundation

PO Box 610310 San Jose, CA 95161

Direct Debit

If you want to sign-up for the automatic bank draft of your assessments, complete the form included in the letter and return to the cashier located in the first floor reception area of the Administration Building located at 13531 St. Andrews Dr., Bldg. A.

If you currently have direct debit set up, no action is required.

Bank's Bill Pay Service:

Using your Bank's Bill Pay service will generate a check and remit that payment to the lockbox on your behalf. Be sure to denote your account number in the setup as this will be necessary to ensure the payment is properly applied to your association account.

If you currently have bill pay set up through your bank, it is important that you delete your current setup and re-enter a new payor record using the new remittance address found in the letter along with your new account number.

Online Payments:

You will be able to make online one-time or recurring payments using either e-check or debit/credit card after May 1, 2023. Once you have registered on the association's website, click on PAY ASSESSMENTS. This website has been specifically designed to allow you the convenience of making your payments online and accessing your account information. A convenience fee may be charged for this service.

Registration Assistance Sessions:

If you need assistance with registering for the community's resident portal, the Golden Rain Foundation will be providing in-person step-by-step training on the following days:

• May 15 — Session 1 from 10 a.m.-noon

• May 15 — Session 2 from 2-4 p.m.

• May 16 — Session 3 from 2-4 p.m.

• May 17 — Session 4 from 10 a.m.-noon

• May 17 — Session 5 from 2-4 p.m.

The training sessions will be held in the Learning Center located at the LW Library. To reserve your spot in one of the training sessions, contact the Recreation Department at 561-431-6586 and press option 9 or online at *https://calendly.com/ lwsb/cinc.*

Feel free to contact the GRF at 562-431-6586 or *info@lwsb. com*, should you have any questions or concerns regarding your community account or your community.

Mother's day brunch May 13

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 13, in Clubhouse 4 at 11 a.m.

The event will be catered by Country Gardens Caterers. This event is always a huge success, and the Recreation Department expects to sell out this year.

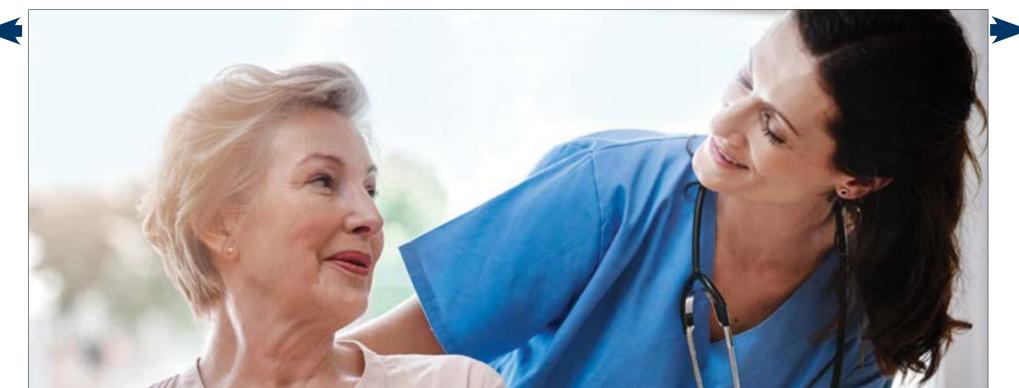
An elegant repast includes an egg and sausage strata, strawberry crepes, fresh fruit and pastry platters, sparkling cider and more.

Moms and guests will be serenaded by classical harpist Peggy Skomal. Mothers may want to treat daughters too, and both are welcome to attend the event taking place the day before Mother's Day.

Reservations are on sale for \$34 and are available at the Recreation Office in Building 5. Those wishing to buy a table of eight (\$250) or sit with a group should inform the Events Coordinator when purchasing.

All seating will be assigned by GRF if no request is made. Inquiries may be directed to Recreation at *mayokab@lwsb. com* or by calling 562-431-6586, ext. 476. Those buying individual tickets may pay online on *lwsb.com*.

—Recreation Department



Happy National Nurses Week

We send our thanks to all nurses for their incredible work.

Be sure to take a moment to thank the nurses in your life this next week.

Nurses Week is May 6-12.

© 2023 Optum, Inc. All rights reserved. 10316943 22002-06 04/23







Passport Photos

The Copy and Supply Center is in Building 5 next to the Security Decal Office. The center handles mail distribution for GRF offices. Copy, notary and passport photo services are available for a fee.

Passport photos are taken from 9-11 a.m., Monday-Friday and cost \$12. Notary service is by appointment only.

The center also has small flags, emergency kits, batteries and other items from the Purchasing Department for sale. Light bulbs can be recycled at the center, which is open from 9 a.m.-4 p.m.

The center closes for lunch from noon to 12:30.

Fax Service

The LW Library offers fax service for \$1 per page to send a fax domestically, \$3 per page to send a fax internationally and 50 cents per page to receive a fax.

To receive a fax via the library, residents should ask the sender to include his or her name and phone number on the fax and provide the sender with the library's fax number, 562-431-4143.

The library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. For more information, call the library at 562-598-2431.

HIGHLIGHTS from page 1

She added that if the wall were to come down on the cars frequently parked against it, GRF could be exposed to substantial liability.

GRF Director Camille Thompson of Mutual 8 said that the excessively wet winter may have accelerated the rate of deterioration, noting "we are stuck between a rock and a hard place, and it hurts."

The financial pain is exacerbated because the project was not planned for and therefore, unbudgeted. Typically, the GRF schedules bigger projects like this after making them part of a reserve study.

Weaver said if it was his wall, he'd replace it, a judgment that met with board agreement.

"This is a safety issue," which makes it mandatory, Gerber said. "But we always have to keep in mind that we don't have a huge pot of money."

The board majority agreed, with two no votes, Sandy Geffner of Mutual 3 and Lee Melody of Mutual 14.

Wall Mounted Fans in Fitness Room

Upon the recommendation of the Physical Property Committee, the board approved the installation of wall-mounted fans in the Fitness Center dance room in Clubhouse 6. Kress Construction was awarded the contract for a total not to exceed \$4,897.20.

The dance room accom-



Members of the Hui O Hula Club practice in the Fitness Center of Clubhouse 6. GRF will install wall-mounted fans in the room to keep residents cool.

modates several groups, who sizzled last summer when temperatures rose. There is air conditioning in the center that regulates ambient temperatures, but the dance room heats up because there is little air flow.

In March, a temporary wall mount fan was set up to test the possibility of moving air in the room. It was successful in cooling exercisers, so the Recreation Department moved forward with a recommendation to install two more wall mount fans for a total of three fans.

Friends of Library Donation

The GRF Board voted unanimously to accept a donation of \$7,500 to Leisure World Library from The Friends of the Library. Across the patio from the LW Library is the Friends of the LW Library Bookstore staffed by volunteers who promote the library by raising funds through the sale of used items such as books, movies, and boutique items donated by members of the LW community. These funds help the LW Library purchase new items for its collection. Bookstore hours are Monday, Wednesday, Thursday and Friday from 9:30 a.m.-3:30 p.m. and Saturdays from 9:30 a.m.-12:30 p.m.

Holiday Decorations

The board voted to award a contract to Magical Holiday Designs at a cost not to exceed \$30,995 for holiday decorations for the 2023 season.

The contract includes the purchase, storage, installation and striking of decorations throughout Trust property.

There will be two decorated and lighted Christmas trees, one at Veterans Plaza and the other near the Health Care Center; roofline lights on GRF buildings and at the Main Gate, wreaths and lighted holiday signs, among other embellishments.

The board discussed the possibility of the GRF buying, installing and storing decorations rather than contracting the project out. But the consensus was that six weeks of festive enjoyment was worth the cost.

 Image: State of the state



Dance and Rock And Roll All Night to the Classics of the 70's and 80's Led Zeppelin, U2, Starship, Pat Benatar, Scorpions, Lynyrd Skynyrd and more!

Tickets at LongBeachSymphony.org | (562) 436-3203, ext. 1



PERSPECTIVES

Letters to the Editor

Editor:

A little-known fact about Leisure World is that it has a very complete genealogical library with books and computers with a subscription to Ancestry.com. Nothing is more exciting than pulling up the 1950 census and seeing myself as a 7-year-old child living on my street with all my neighbors and playmates. The library is open Monday-Thursday from 1-4 p.m. and Saturday and Sunday from 11 a.m.-2 p.m. with very helpful assistants to get you started on putting together a family tree.

For example, a census can provide a family's location and its neighbors, plus relatives' occupations, ages and levels of education. If you are really lucky, you'll find a great great grandmother living close by. Since starting this addicting hobby, I found out that the great grandparents of my best friend in college lived next door to my great grandparents and are buried side by side in a small cemetery in Arkansas. I'll bet that some of us have distant cousins we are not aware of living in Leisure World. It's fun to recall memories of visiting a grandmother and a treasure for grandchildren.

Editor:

In my prior letter (April 13), I was proposing a restaurant in an existing structure. For example, Clubhouse 3, Room 9, could be the area where food is ordered and picked up. As additional space for cooking, food storage and supplies might be needed, one or two rooms next to 9 could be added or 9 could be extended on the south side. Dining would be in Room 9. Alternatively, dining could be in the lobby. Doing so would cause a cessation of any reoccurring activities there, which is why I had a caveat in my prior letter: no disturbance in the continuance of any club or GRF event schedule.

GRF could hire a chef or two to operate the restaurant, instead of bringing in an outside chain, and therefore avoid that type of contract obligation.

> W. H. Smith Mutual 15

Sandy Hines

Mutual 2

GRF BYLAWS BALLOT

Updated ballot language on 'proxy' explained

The proposed by laws amendment ballot has apparently caused some apprehension among detail-oriented readers who are uneasy about the amendment's use of the word "proxy" in defining procedures through which a quorum is determined.

Here's the updated language of the main provision, Section 9, that the GRF Board has asked members to change:

"The presence in person or by proxy or ballot of 33.33% of the members of record in good standing at any meeting shall constitute a quorum for the transaction of business at said meeting..."

First, it may help to know what is meant by the term. A proxy is a format, or an agent legally authorized to act on behalf of another party, which allows a shareholder to vote without being physically present at a meeting. In essence, when a member mails a ballot to the GRF elections inspector, the member submits a proxy vote, which allows his or her decision to be recorded even if he or she cannot attend a meeting

in person.

In fact, California's Davis-Stirling Act actually mandates proxy voting in some instances. In section 5105(2), the law requires HOAs to provide "a ballot to a person with general power of attorney for a member."

And while the word "proxy' is a new addition in the proposed Section 9 of the GRF bylaws, proxies are discussed in sections

10 and 11 of the bylaws. Those sections permit a majority of members to submit written instructions to alter GRF policy without a meeting of the board of directors. Proxy voting is well established in corporations and well regulated by California law.

In HOAs, it is a rarely used, but legally required method to allow the fullest participation by a community's residents.

EMERGENCY PREPAREDNESS Sign up for disaster notifications

by Eloy Gomez

GRF safety manager

Being prepared for disasters can reduce the fear, anxiety and losses that accompany disasters. Communities, families and individuals should know what to do in the event of an earthquake and where to seek shelter during a fire.

They should be ready to evacuate their homes and take refuge in public shelters and know how to care for their basic medical needs. You can reduce the impact of disasters by securing items that might shake loose in an earthquake,

and taking other pre-emergency precautions such as signing up to receive emergency alert notifications.

Below are three emergency alert notifications systems, residents are encouraged to register with all three systems to receive up to date emergency notifications.

Nixle

Nixle is a local text messaging alert notification system. It is a nationwide program but is typically operated by local jurisdiction's police departments such as is the case in the City of Seal Beach.

SAFETY, page 27





LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or GRF Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

Ruth Osborn

Communications Director 562-431-6586, ext. 388 rutho@lwsb.com Perspectives, Government

Emma DiMaggio

Communications Manager 562-431-6586, ext. 387 emmad@lwsb.com Page One, General News, Arts & Leisure

Katya Lukina, Editor, Graphic Design, Production 52-431-6586, ext. 266

Deadlines Editorial: 4 p.m., Thursday, prior to publication week

Classified Advertising: 12 noon, Monday, of publication week

Display Advertising 4:30 p.m., Thursday, prior to publication week

Office hours 8 a.m. to 5 p.m. Monday-Friday



CARPET/RUGS TILE VINYL/WATERPROOF HARDWOOD



WWW.BIXBYPLAZA.COM

Licensed, Bonded • Contractors #347062



562-493-3678 Monday-Friday 10-6 Sat 10-4 10831 Los Alamitos Blvd. Los Alamitos - Next to Ameci's

G781

NO P

- 27



714-847-2828 Monday-Friday 10-6 Sat 10-4 19062 Goldenwest St. Huntington Beach 92648

katyal@lwsb.com Health & Fitness, Sports & Games

Laurie Bullock, Editor (562) 431-6586, ext. 801 laurieb@lwsb.com Community, Religion, Obituaries

Stephen Bannon

Production Editor 562-431-6586, ext. 392 stephenb_news@lwsb.com Online/Vision Impaired Editions, IT, Pre-press

Debbie Kim, Customer Service 562-431-6586, ext. 383 debbiek@lwsb.com Classified Advertising, Reception

Sylvia King, Advertising Sales 562-472-1274 sylviak@lwsb.com

Ashley Salas, Social Media Ashleys@lwsb.com

Phone 562-430-0534 after-hours voice mail

Missing Newspaper

Report missed paper by 10 a.m. for same-day special delivery. 562-430-0534

Mailing Address

P.O. Box 2338 Seal Beach, CA 90740

Delivery Address

LW Weekly Building 13521 St. Andrews Drive Seal Beach, CA 90740

Online Editions LWWeekly.com lwsb.com/newspaper/

Distribution Services Eagle Rock Services

VOL 47, NO 17

GOVERNMEN

Frequently Asked Questions About Elections

By Ripa Barua election specialist

The 2023 annual meeting season begins May 16. The fever-pitch of activity will continue for the next six weeks as all 16 mutuals host their annual meetings.

The annual meeting and election season begins in January and concludes at the end of June. There are often many questions about this time of the year and why these activities are important. Here are the most common questions and their answers.

What is an annual meeting and how is it different from a regular board meeting?

The Mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year. Directors read reports concerning finances, infrastructure, accomplishments and goals for the future. An annual meeting is similar to a state of the union speech as directors are limited to presenting reports whereas business is conducted at board meetings.

Who can attend annual meetings?

Shareholders/owners are encouraged to attend their mutual annual meeting (see schedule at right).

Are the elections and annual meetings held on the same day?

The ballot counting for your mutuals election will be conducted at the annual meeting. How often are elections conducted?

Most mutual boards of directors are elected annually.

How many ballots will I receive?

Everyone will receive two ballots due to the GRF bylaw amendments.

Should I separate the votingportion of the ballot before mailing it in the envelope provided?

No, return the full legal-

sure the ballots integrity, ballot envelopes must be signed by the shareholder member connected to that household.

Are write-in candidates permitted?

There is a space on most Mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called "nominated from the floor") and must be present to accept the nomination.

My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to you at the address of your choice. Call Accurate Voting Services toll free at 949-556-3936 to request a replacement ballot.

The candidates on my ballot are running unopposed; why should I vote?

Your participation in the election process is critical for the operation of this community. Every vote counts! Additionally, the return of your properly cast ballot ensures that your Mutual will obtain the necessary number of votes to produce the annual meeting and counting of ballots.

I do not know the candidates running for my Mutuals board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on topics that are important to you. Attend meet-the-candidates events. Ask your friends and neighbors their opinion.

If you decide you still do not want to cast your votes for any of the mutual candidates, you are still strongly encouraged to vote by checking the box labeled abstain from votingballot counted for quorum only portion of the ballot. This lets you participate in the election process by returning a properly cast ballot.

Mutual	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed	Annual Shareholders Meeting
10	276	139	5	Apr. 13	May 16 10 a.m.
14	328	165	7	Apr. 18	May 18 10 a.m.
7	384	193	5	Apr. 19	May 19 10 a.m.
8	348	175	5	Apr. 20	May 22 10 a.m.
4	396	132	4	Apr. 24	May 24 10 a.m.
16	60	20	5	Apr. 24	May 24 2 p.m.
11	312	104	6	Apr. 25	May 25 10 a.m.
9	384	193	7	Apr. 26	May 26 10 a.m.
6	408	205	7	May 3	Jun. 2 10 a.m.
12	452	151	7	May 9	Jun. 8 10 a.m.
2	864	433	9	May 10	Jun. 9 10 a.m.
1	844	282	4	May 11	Jun. 12 10 a.m.
5	492	164	3	May 11	Jun. 13 10 a.m.
3	432	217	7	May 15	Jun. 14 10 a.m.
15	502	252	7	May 17	Jun. 16 10 a.m.
17	126	64	2	May 25	Jun. 27 10 a.m.
Golden Rain Foundation New directors installed at GRF Annual Meeting on June 13, 2 p.m. in clubhouse 4.			Ballots Mailed	Ballot Counting Meeting	

May 5

Where do I mail the ballot?

envelopes are postage-paid and

pre-addressed to the Inspector

of Elections, Accurate Voting

Services, Inc., P.O. Box 6117,

Laguna Niguel, CA 92607-6117.

ELECTIONS, page 27

The yellow-and-blue mailing

Jun. 6 10 a.m.

Odd Numbered Mutuals

I lost my ballot or cannot remember if I mailed my ballot. What do I do?

Call Accurate Voting Services toll free at 949-556-3936 to have a replacement ballot mailed to you or to confirm if vour ballot was received.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., May 4	GRF Executive Session
·	Conf. Rm A 1 p.m.
Mon., May 8	Mutual Administration Committee
	Conf. Rm A/virtual1 p.m.
Wed., May 10	Security Bus & Traffic Committee
·	Conf. Rm A/virtual 1 p.m.
Fri., May 12	Architectural Design Review Committee
•	Conf. Rm A/virtual 1 p.m.
Wed., May 17	Strategic Planning Committee 1 p.m.
	Conf. Rm A/virtual
Thurs., May 18	GRF Administration Committee 10 a.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Mutual 15 **Candidates Forum**

Mutual 15 shareholders are invited and encouraged to attend a candidates forum on Wednesday, May 10, from 2-4 p.m. in Clubhouse 4.

This is an opportunity to meet the candidates for the Mutual 15 Board of Directors and Golden Rain Foundation Board of Directors.

Candidates will give speeches about their experience and why they want to serve on the board of directors of either Mutual 15 or Golden Rain Foundation.

There will be time for shareholders to ask questions.

This forum is hosted by the Mutual 15 Hospitality Committee.

People who need transportation to the event can call 562-431-6586, ext. 379, in advance and ask for the on-call bus.

Mutual 3 Elections

There are two elections taking place this year. The first election is to elect a GRF Board of Directors representative from Mutual 3 and to vote on changes to the GRF bylaws. The proposed changes to the GRF bylaws include a change that would protect the right to choose a representative from one's own Mutual only, as well as update language regarding gender.

The second election is to elect the Mutual 3 board of directors. All seven seats are up for re-election.

The GRF ballots will be mailed on May 5 and will be counted at 10 a.m., Tuesday, June 6, at the GRF ballot counting meeting held in Clubhouse 4.

The Mutual 3 ballots will be mailed on May 15 and will be counted at 10 a.m., Wednesday, June 14 at the Mutual 3 Annual Shareholders meeting held in Clubhouse 4.

Be sure to vote and return all ballots received, as a quorum must be reached to have a valid election. Again, due to two elections, two ballots will be separately mailed; they are not duplicates.

sized ballot in the envelopes provided.

Has my ballot been mailed?

Check the election schedule (upper right) to see when the mutual ballots were mailed. There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power. Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf?

Depending on your Mutuals election policy, proxies may be used in Mutual elections. To enI have heard a quorum is necessary before the ballots can be counted. What is a auorum?

A quorum is the minimum number of members that must be present to make mutual annual meeting proceedings valid. In the case of elections, your participation in the voting process, i.e. your properly cast ballot, counts as your attendance. A quorum of at least one-third for some Mutuals and half plus one for some of the Mutual corporation membership is required before the mutual ballots can be counted.

Thurs., May 4	Presidents' Council
	Clubhouse 4/Zoom
Tue., May 9	Mutual 16
•	Admin/Zoom1 p.m.
Wed., May 10	Mutual 4 (open forum 8:30-8:45 a.m.)
	Admin/Virtual
Thu., May 11	Mutual 12
	Admin/Zoom
Fri., May 12	Mutual 3
	Admin/Zoom
Mon., May 15	Mutual 15
	Admin/Zoom1 p.m.
Tues., May 16	Mutual 10 (annual)
	Clubhouse 4/Zoom 10 a.m.
Wed., May 17	Mutual 5
	Bldg. 5, Rm B/Zoom
Thurs., May 18	Mutual 2
1110101, 1110/ 10	Admin/Zoom
Thurs., May 18	Mutual 14 (annual)
111u101, 111u/ 10	Clubhouse 4/Zoom 10 a.m.
Fri., May 19	Mutual 7 (annual)
111, 111uy 17	Clubhouse 4/Zoom 10 a.m.

GRF Meeting Notice

Thursday, May 4 1 p.m. **Conference Room A**

This GRF meeting is closed to Shareholders/Members per Civil *Code §*4935*.*

1.	Call to Order
2.	Roll Call
3.	Approve Minutes
4.	Legal
5.	Contracts
6.	Pending and/or
	Litigation Updates
7.	Member Code of
	Conduct
8.	Personnel
9.	Adjournment

Agenda is subject to change.



New Amenities Questionnaire Data

Collected and presented by the Recreation Department

ast month, the Recreation Department conducted a survey on current GRF amenities available to people residing in Leisure World Seal Beach including:

- Downtown Cafe expansion.
- Full service restaurant.
- Onsite salon and spa.
- Onsite grocery store.
- Pop up businesses.

The survey results will offer the opportunity to improve performance in areas that are important to the community. The GRF Recreation Department appreciates everyone's effort to better the quality of life and amenities in Leisure World Seal Beach. Individual comments are in the process of being tabulated and will be publicized as soon as they are available.

For more information or questions, email *kathyt@lwsb.com*.

Feedback Results

Answer Choices	Responses (%)	Responses (people)	
Shareholder/Owner	97.19%	1,869	
Co-occupant	3.07%	59	
Renter	0.31%	6	
Total		1,934	

Most Wanted Amenities

Answer Choices	Responses (%)	Responses (people)
Onsite grocery store	78.7%	1,256
Additional food service options	61.84%	987
Salon/Spa	28.63%	457
Onsite retail business	22.68%	362
Total		3,062

People answered: 1,596; skipped: 328.

Most Requested Onsite Services

Answer Choices	Responses (people)
Full service car wash	398
Mini grocery store	165
No new amenities	147
Pharmacy	130
Dog grooming service	103
Coffee shop	93
More vending machines	74
Total	1,069

People answered: 1,069; skipped: 853.



Downtown Cafe, Frequency of Use

Answer Choices	Responses (%)	Responses (people)	
Never	60.79%	1,135	
Less than once a week	23.46%	438	
Once a week	6.37%	119	
Few times a week	6.53%	122	
Multiple/many times a week	2.84%	53	
Total		1,867	

People answered: 1,867; skipped: 57.

Full Service Restaurant

Answer Choices	Responses (%)	Responses (people)	
In support of a restaurant if it won't affect the assessment fees	62.72%	1,055	
In favor of simple, basic food choices that are economical for seniors	46.55%	783	
In support of a restaurant that does not require giving up an existing amenity	26.22%	441	
Would like to see a restaurant open during the same hours as the clubhouses: from 7 a.m10 p.m.	21.94%	3690	
Would like to see a more upscale restaurant with different food choices	15.1%	254	
Total		2,902	

People answered: 1,682; skipped: 242.

Most Popular Mealtime for a Sit-Down Restaurant

Answer Choices	Responses (%)	Responses (people)
Breakfast	72.05%	923
Lunch	84.7%	1,085
Dinner	57.77%	740
Total		2,748

People answered: 1,281; skipped: 643.

Additional vending machines and placement

Downtown Cafe Expansion

Answer Choices	Responses (%)	Responses (people)
In support of the cafe expansion if it doesn't affect the assessments	41.16%	754
In favor of a sit down cafe that serves breakfast and lunch in addition to the vending machines	29.8%	546
Not in favor of the cafe expansion	16.92%	310
Other (not specified)	9.33%	171
More food choices in the vending machines	2.46%	45
More space for games	0.33%	6
Total		3,062

People answered:	1 596.	skinned	328
reopie answered.	1,390,	skipped.	520.

_	Answer Choices	Responses (%)	Responses (people)
	Not in favor of adding any more vending machines	41.98%	707
	In favor of adding more vending machines spread out across all trust properties	18.53%	312
	Other (in favor of adding more vending machines in a combination of two locations; or those who never use the vending machines)	12.95%	218
	Clubhouse 6	8.31%	140
	Aquatic Center/Golf course area	8.25%	139
	Mission Park (near the Multipurpose courts)	6.47%	109
	Clubhouse 1	3.5%	59
	Total		3,062

People answered: 1,684; skipped: 240.





Onsite Salon and Spa use

Answer Choices	Responses (%)	Responses (people)
Very unlikely to use an onsite Salon/Spa amenity	43.93%	818
Very likely to use an onsite Salon/Spa amenity	17.56%	327
Unlikely to use an onsite Salon/Spa amenity	14.07%	262
Neither likely nor unlikely	13.37%	249
Very likely to use an onsite Salon/Spa amenity	11.06%	206
Total		1,862

People answered: 1,862; skipped: 62.

Other Salon Services Requested

Answer Choices	Responses (%)	Responses (people)
Do not want any extra salon services	44.4%	202
Barber shop/Haircuts	24.84%	113
Pedicures	15.38%	70
Acupuncture	10.99%	50
Massage	10.55%	48
Salon	8.57%	39
Manicures	7.03%	32
Hair styling and coloring	5.49%	25
Sauna/Spa	1.76%	8
Total		1,862

Salon/Spa Feedback



Onsite Grocery Store

Answer Choices	Responses (%)
In support of the onsite grocery store as long as it won't affect the assessment fees	45.3%
In support of a full service mini market	42.07%
In support of a smaller option that carries basic staples	15.53%
Not in support of the onsite grocery store	14.45%
 Other: In support of a mini market that carries basic staples; Grocery store delivery service; Alcohol sale. 	9.4%
Willing to give up an existing amenity for the convenience of an onsite grocery store	8.06%

People answered: 1,861; skipped: 63.

Types of Businesses Requested

Answer Choices	Responses (%)	Responses (people)
Food trucks or fast food pop-ups	53.49%	957
No pop-up businesses	35.89%	642
Vacation and travel planning	10.96%	196
 Other: Pharmacy (like the Good Neighbor Pharmacy); Automotive services/Car detailing, mobile repairs; Estate and legal planning services; Veterinary services/Dog washing and vet care; Clothing boutiques. 	9.61%	172
Budget and investment counseling	5.59%	100
Health insurance agents	3.02%	54
Total		2,121

People answered: 1,789; skipped: 135.

Space the Respondents are Willing to Repurpose for the Use of a Pop-up Business

50% 27% 11%	Answer C
	1.8 Acre S
11%	1.8 Acre S
	Available
8%	Do not su current ar
4%	RV Lot
	Other: • Golf C • Comp • The ex • Old we • Grassy Total
	3%

People answered: 1,591; skipped: 333.

Answer Choices	Responses (%)	Responses (people)
1.8 Acre Site	41.56%	746
Available clubhouse space	38.22%	686
Do not support the repurposing of current amenities for pop-up businesses	29.3%	526
RV Lot	21.5%	386
Other: • Golf Course • Computer Lab • The existing pharmacy building • Old woodshop space in Clubhouse 2 • Grassy areas around the clubhouses	11.31%	203
Total		2,547

People answered: 1,795; skipped: 129.



HEALTH & FITNESS



The Joyful Line Dance Club draws a capacity crowd for exercise.

Joyful Line Dance

Joyful Line Dance meets in Clubhouse 6 upstairs from 10:30 a.m.-12:30 p.m. on Thursdays.

The club has several instructors who take turns leading classes. Last week, Gladys and Albert Comia demonstrated the Chili Cha Cha among other dances. Classes are on a firstcome, first-served basis. Limit is 35, and face masks are rec-

ommended. Exercise shoes are recommended; no membership required, no fees.

Donations are welcome. For more information, text (562) 301-5339.

MEDICARE UPDATE

New benefits available in wake of COVID pandemic

by Sandra Teel

special to the LW Weekly

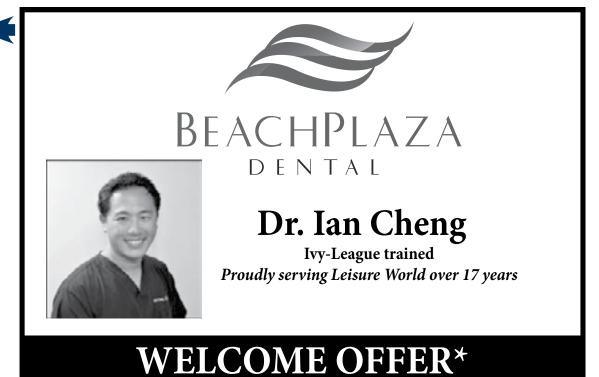
Now that the pandemic has been declared officially over, here are some changes you can expect:

• If you are on Medicaid (Medi-Cal in California), you will be receiving information from the State Medicaid (Medi-Cal) program so they can reassess your eligibility to continue to receive these state benefits. They may call you, or send you paperwork in the mail or an email. It is especially important that they have a current phone number and address.

LWers should be looking

for this information. When you receive the information packet, it is important that you respond in a timely manner with your updated information. Some people will be automatically renewed, but don't assume you were renewed unless you receive a letter saying so with a new

MEDICARE, page 27



Pickleball Players Club

The Pickleball Players Club will sponsor a free beginner lesson on Tuesday, May 9, at 10:30 a.m. on the pickleball courts behind Clubhouse 2. The Pickleball Club will loan paddles and balls. Jim Thomason teaches the beginner session on the second Tuesday of each month.

The club will host the band Legends of Rock on Wednesday, May 10, at 5:30 p.m. in Clubhouse 2.

For more information, contact President Linda Evenson at 561-577-3283 or email *lwsbpickleball@gmail.com*.

Laughing for the Health of It

Laughing for the Health of It will meet at 1:30 p.m. on Wednesday, May 10, in the Health Care Center Conference Room. Everyone is invited for an hour session of "no worries" and fun with others by laughing for no reason. Masks are required.

Bev Bender, a certified laugh leader, helps people improve their lives through laughter.

Optum Fall Prevention Series

LW residents are invited to learn more about fall prevention and how to stay safely on their feet every first Wednesday of the month beginning May 3 from 11 a.m.-noon at the Optum HealthCare Center Large Conference Room.

Clinical kinesiologist Christel Mitrovich of Reneu Health will lead the workshop series and educate people on how to reduce pain and risk of injury, prevent falls, increase strength and improve balance.

For more information, email Christel Mitrovich at *christel@ reneu-health.com*.

Meals on Wheels of Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www. mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, May 4

Spaghetti and meatballs with marinara sauce, whole grain roll, seasoned broccoli, fresh pear, turkey, ham and cheese sandwich with lettuce, tomato and pickle, and a homemade macaroni salad.

Friday, May 5

Steak picado, Spanish rice, black beans, tres leches cake, Caesar chicken salad with romaine lettuce, shredded cheese, croutons, Caesar dressing and crackers.

Monday, May 8

Beef goulash, whole grain dinner roll, zucchini medley, pudding, egg salad sandwich with spinach and tomato, and a homemade potato salad.

Tuesday, May 9

Turkey lentil stew, biscuit, peas and onions, chef's special cake, Cobb salad with turkey, ham and egg, tomato, bacon, blue **MEALS, page 9**

Lunch Cafe—Meals on Wheels OC

Meals on Wheels Orange County, in partnership with the city of Seal Beach, hosts The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, Monday-Friday from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time. Meals are served on a first-come, first-served basis. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. LW minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The minibus returns to the Amphitheater at 11:40 a.m.

\$99 - Complete set digital x-rays, comprehensive examination & consultation with Dr. Cheng & teeth cleaning with hygienist

Covid Precautions Are A Top Priority

Hepa filters in each room
Air fogged to sanitize after each patient
Extra oral aerosol suction in rooms



2914 Westminster Avenue | Seal Beach, CA | 90740 Located in the Denny's shopping center

New patients only. Must present valid Leisure World ID. Some restrictions may apply.

Thursday, May 4

Moroccan lentil soup with sugar free crackers, crab and vegetable salad, summer rainbow quinoa salad, and ambrosia.

Friday, May 5

Carnitas tacos with pico de gallo, Spanish rice, black beans, tortillas, rice pudding, and a fresh fruit.

Monday, May 8

Cream of butternut squash with sugar free crackers, pecan chicken salad, barley and black bean salad, and a mandarin orange. **Tuesday, May 9**

Pork tenderloin with pineapple raisin sauce, chow mein, chef's vegetable blend, whole wheat dinner roll with Smart Balance, and pineapple chunks.

Wednesday, May 10

Sweet citrus glazed chicken breast, Jasmine rice, winter vegetable blend, whole wheat dinner roll with Smart Balance, and a sugar free cookie.



The Ballet Fitness class taught by instructor Mel Lockett dances and exercises to classical music every week. Join the club on Saturdays from 1:30-2:30 p.m. in Clubhouse 6.



Members pack the floor to practice line and ballroom dances.

Dancing Feet Club meets every week in CH 2

Dancing Feet Club members danced to their hearts' content last Sunday in Clubhouse 2. They entertained the audience by performing "Despacito" and "Bosanova." It was a night of sheer fun to everyone.

For every ballroom selection played, there was a correspondingline dance to complement it.

Now people can come to a social dance without a partner and yet dance to every song.

Line dancing has changed the social ambience. Everyone is having fun on the dance floor, since partners are not mandatory.

The club hosts two events in Clubhouse 2: a line dance lesson and practice every Monday from 7-9 p.m., and social (ballroom) dance every fourth Sunday of the month from 6-9:30 p.m. Come dress to impress and may bring favorite snacks and drinks.

There is no fee to participate. For more information, text Ed Bolos at 551-998-4223 or email *edgbolos@gmail.com*. —Ed Bolos

Alcoholic drinks are not allowed.

OCTA National Bike Month

The Orange County Transportation Authority encourages people of all ages, including those working from home, to stay active and get outdoors to safely travel by bicycle during the month of May—National Bike Month.

OCTA is leading a month-long challenge called "Get in Gear 2023." Participants are encouraged to pledge to ride as many days as they can during May, for better health and to discover the fun and convenience of active transportation.

Bike Month highlights include a bike rally from 7:30-9 a.m. BIKE, page 27

MEALS

from page 8 cheese dressing, and crackers.

Wednesday, May 10

Beef lasagna, whole grain dinner roll, broccoli and cauliflower, cubed watermelon, turkey and cheese sandwich with lettuce, tomato and pickle, and a creamy coleslaw.





Fitness Fusion Club members Maria Cevallos and Suzanne Andrew practice stretching.

Fitness Fusion

The Fitness Fusion Club meets at 10:30 a.m. on Tuesdays upstairs in Clubhouse 6, and at 10:30 a.m. on Thursdays and Saturdays at Veterans Plaza.

Stretching is one of the club's 18 types of exercises. There are many health benefits associated with exercise. "Healthful Living Summer 2022" reported that exercise helps protect against Type 2 diabetes by modifying metabalism, how the body's cells change food into energy. Consistent physical activity also improves insulin secretion. The club also includes other exercises, which as weight lifting, squats, cardio, jogging, yoga and qigong, all done

Food Distribution

Free food is available to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be May 25. Distributions are on the third Thursday of the month from 9-11 a.m. The pick-up process has changed. Rather than driving up to the food truck, people should park, check in and retrieve their box of food from the Art Room in Clubhouse 4. Qualified people receive 32 pounds of food, including cereal, juice, peanut butter, milk, canned vegetables, fruit, soup and cheese.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,473 a month for one person; \$1,984 for a two-person household; and \$2,495 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub).

For more information, contact Roberta Arshat in GRF Member Resources at 562-431-6586, ext. 317, or *robertaa@ lwsb.com*.

WA-RITE

Members lose a total of 13 pounds

by Denise Stabile LW contributor

Members lost a total of 13 pounds in the week ending April 21 at the Wa-Rite Club. The club also welcomed new member Carol Darnell.

The meeting's Top Loser title went to Ruth Depuy who lost an amazing 4 pounds. That's a lot of butterflies in the club's April Showers Bring May Flowers Contest, which ends May 5. Winners will receive cash prizes in addition to bragging rights.

The meeting discussion focused on mental health and aging.

Club President Judy Chambers presented "Reframing How You Look at Failure."

The information gave strategies on how to acknowledge setbacks and increase opportunities for success as people move on from them.

Wa-Rite is a non-judgmental, supportive environment providing information, accountability, shared experiences and whimsy as the club members work toward their shared goal: making the most of our golden years by being as healthy



Top Loser Ruth Depuy lost four pounds this week.

and fit as possible. Members range from those maintaining their "ideal" weight to those working toward that goal.

Women interested in better health, more energy and some light-hearted cameraderie are enthusiastically welcomed.

Wa-Rite meets every Friday in Clubhouse 3, Room 1. Weigh in is from 9:15-9:45 a.m.

The meeting runs from 10-11 a.m.

People are welcome to visit up to three times for free; after that, weekly dues are 10 cents and annual dues are \$10.

	ls a day 3 days a v	menu details at o week (Delivery: Mo week (Delivery: Mor	n, Wed, & Fri) \$99	
Monday	Tuesday	Wednesday	Thursday	Friday
		LUNCH		
Denver Omelet French Toast	Chicken Tacos Coleslaw	Roast Beef Sandwich With Pesto & Arugula	Quiche Lorraine Macaroni Salad	Chinese Chicken Sala Mandarin Orange
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fru
		DINNER		
Chicken Madeira Mashed Potatoes	Rainbow Trout Basil, Grape Sauce	Baked Spinach Ravioli Rosemary	Curry Chicken Sliced Almonds	Salmon Mixed Vegetables
Cookies	Seasonal Fruit	Cake	Seasonal Fruit	Pastry
Senior Meal Delivery Service	ŵww.	Salim Khoury 2) 754-8 simplydelicio quality, some items may	us.app	Senior Meal Delivery Se



(Reg. \$292) In the absence of gum disease

\$35⁰⁰ exam, x-ray & cleaning special

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, ^{\$}8 to ^{\$}50 is saved in restorative and emergency procedures.



 Philip P. Nguyen,
 Ella J. Chen,
 Taylor J. Sant,

 D.D.S.
 D.D.S.
 D.M.D

 ADA, CDA, OCDS
 ADA, CDA,
 Over 4 years experience

 Over 20 years experience
 Over 10 years experience

Crowns & Bridges • Dentures • Implants Cosmetic Bonding & Veneers • Periodontics (Gum Disease)

Senior Discounts Available **Providing Quality Dental Care to Leisure World Residents Since 1975.**

Most Insurance Plans Accepted

Seal Beach Dentistry

1900-A St. Andrews Dr. Seal Beach, Leisure World Shopping Center 562-430-1054

Think CDs are boring? That's the point

Bank-issued, FDIC-insured



1-year APY*



Nailah Khan, CRPC™ Financial Advisor

202 Argonne Ave Suite A Long Beach, CA 90803-1792 562-786-5737

* Annual Percentage Yield (APY) effective 03/24/2023. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. AIIC Ds sold by Edward Jones are registered with the Depository Trust Corp. (DTC). FDI-1916M-A © 2022 EDWARD D. JONES & CO., L.P. ALL RIGHTS RESERVED. AECSPAD

<u>COMMUNITY</u>

SB WOMAN'S CLUB

Get tickets for fashion show

The Woman's Club of Seal Beach will host a fashion show and luncheon fundraiser on Saturday, May 20, at the Marina Community Center from 11:30 a.m.-2 p.m. A lunch will be served that includes a choice of chicken salad, roast beef or a vegetarian sandwich. The fashion show will display apparel from local Seal Beach boutiques. There will be raffle baskets along with a silent auction.

All proceeds are used to support local charities including the Seal Beach Animal Care Center, the arts and media departments at local schools and the Youth Center. A complete list of recipients is available on womansclubofsealbeach.org.

Tickets are \$50 and can be purchased by calling Judy O'Neill at 562-706-5721.

Get SBTV-3 on your television

Did you know the City of Seal Beach has a free community channel that shows many Leisure World community events?

Residents don't have to have cable TV to see the citywide community TV station known as SBTV-3. All that is needed is internet access, which can be found at home or in one of the Clubhouses.

Primetimeis from 4-10 p.m., seven days a week. All programs are streamed in high definition to the internet from www.sbtv3. org. People can go to the website page and click on the blue round circle with the "3" in it at top of the page.

For Spectrum cable subscribers, SBTV-3 can be seen on Channel 3 in standard definition.

— Joe Osuna

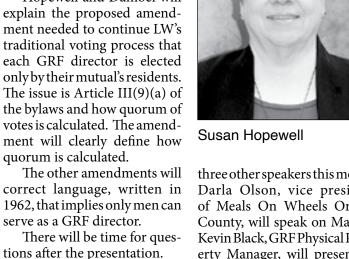
Schmooze Club

The Schmooze Club will meet on Tuesday, May 9, to celebrate the Jewish holiday of Lag b'Omer, which falls on the same day.

The group will celebrate with a kosher brunch in Clubhouse 3, Room 9, at 10 a.m. The cost is \$5 paid at the door for brunch, which will be served at 10:30. The Schmooze Club requests a donation for those who will only have a hot or cold drink and not the full brunch. Donations are gratefully accepted. The brunch will feature many dairy and vegetarian selections and dessert.

The celebration will include a "Schmooze Show and Tell" in which participants will share a favorite Jewish object in their home or family history, a favorite place or event to visit in Israel,

SCHMOOZE, page 12



tions after the presentation. The Sunshine Club will host



Darla Olson, vice president of Meals On Wheels Orange County, will speak on May 12; Kevin Black, GRF Physical Property Manager, will present on May 19; Heather Hyland, from



Carole Damoci

the O.C. Mosquito and Vector Control District will round out the month on May 26.

All residents are welcome to join this meeting. For more information, contact Anna Derby at 562-301-5339.

Humanist Association to discuss Dawkins

The LW Humanist Association will meet on Sunday, May 7, in Clubhouse 3, Room 1, at 10:20 a.m.

Dave Silva will present a program about the scientist, philosopher and writer Rich-

ard Dawkins. A short YouTube video will be shown and then there will be a PowerPoint presentation about Dawkins' books, starting with "The Selfish Gene," in 1976, which shows how genes act to ensure humans'

survival and program their brains. It was in this book that Dawkins invented the concept of memes as a replicator of ideas.

Dawkins is an evolutionary biologist and in "The Blind Wat-HUMANISTS, page 13





Medicare Questions? Want to Change Plans? **Need to Compare Plans?**

GRF Directors to discuss bylaw amendments

GRF board members Susan Hopewell and Carole Damoci will discuss the proposed GRF bylaw amendments at the Sunshine Club on Friday, May 5, in Clubhouse 3, Room 2, at 10 a.m.

SUNSHINE CLUB

Hopewell and Damoci will explain the proposed amendment needed to continue LW's traditional voting process that each GRF director is elected only by their mutual's residents. The issue is Article III(9)(a) of the bylaws and how quorum of votes is calculated. The amendment will clearly define how quorum is calculated.



I Make House Calls!

I Speak Fluent Medicare



Joe Koteras (562) 547-2913

Email: jkoteras55@yahoo.com

Koteras Health Insurance Solutions We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

LISTEN TO BROADWAY HITS Phantom of the Opera • Fiddler on the Roof West Side Story • And More

LONG BEACH CAMERATA SINGERS BRINGS THIS MAGIC TO LIFE ONE NIGHT ONLY

MAY 13, 2023 • 4:30PM WILSON HIGH SCHOOL AUDITORIUM Tickets \$65 / \$55 / \$40

Use coupon code LW20 for 20% off ticket price



Get Your Ticket Today!

Visit longbeachcameratasingers.org/events or call (562) 900-2863



SENIORS FOR PEACE

Three speakers to present on environmental protection

The Seniors For Peace Club will meet today, May 4, at 2 p.m. in Clubhouse 3, Room 9. The meeting will feature a program titled "Helping Our Planet: A History and Personal Stories." David Silva, Robert Richert and Rachael Lehmberg will present three perspectives on the environment.

The first speaker will be David Silva, president of the LW Humanist Association, who will present a brief history of the environmental movement. Silva is the author of "Searching for Utopia," a nonfiction book that addresses the problem of climate change along with other sociological challenges. He is also the only LW resident to have run for statewide office of a major party, according to the Democratic State Central Committee.

During the late 1970s, Robert Richert, the club's second speaker, was trained as an interpretive naturalist at El Dorado Nature Center in Long Beach. For 15 years, he led hundreds of groups of adults and children on informative nature walks at the Nature Center, Bolsa Chica Wetlands, and other Southern California wildlife preserves. He will talk about his local experiences. Richert is also the author of "Open Wound," a nonfiction book about his experiences in Vietnam, and a local artist specializing in land and seascapes.

The final speaker, Rachael Lehmberg, a scuba diver and volunteer seal trainer who taught English at community colleges in Arizona, Hawaii, and California, will discuss ways in which ordinary people can function as citizen scientists working alongside professionals to use the power of science to study the challenges facing wildlife in this changing world. Lehmberg, a LW resident, will explain how residents can help to mitigate the damage occurring to the wildlife with which they share the earth.

All LW residents and guests are invited to attend. For more information, call Pat Kruger at 562-357-4040.

PAWS, CLAWS AND BEAKS CLUB Get tips on dog behavior May 11

Pet lovers are invited to the next monthly meeting of the Paws, Claws and Beaks Club on May 11 at noon in the Clubhouse 1 picnic area. People are encouraged to bring their pets.

This meeting will feature a potluck and everybody is encouraged to bring a dish. People should contact Mary Romero at *marymromero11@ gmail.com* or 562-810-4266 to let her know what dish they are bringing to share.

Maryanne Dell Shamrock will give a presentation on dog behavior at the meeting, with time for questions at the end.

Dell is the founder and director of Shamrock Rescue Foundation, an Orange County-based

found or, if homes cannot be found, for life.



The Democratic Club's primary efforts for the remainder of the year continue to focus on the

March 2024 Primary election.

LW's 47th Congressional District, with no incumbent running, is one of three Orange County districts that could determine which of the major political parties controls the House of Representatives in the near future. This district includes Irvine, Laguna Beach, Newport Beach and Huntington Beach and Seal Beach. Democrats have a slight lead in voter registration: 35.6% of voters in the district compared to 33.9% for Republicans and 24.5% for no party preference.

Dave Min, a member of the California Senate, is a Democrat running in District 47. The LW Democratic Club has invited Min or his representative to be a guest speaker during the May membership meeting. All three declared Democratic candidates for District 47—Min, Women for American Values and Ethics founder Joanna Weiss and Huntington Beach business owner Dom Jones—are scheduled to take part in several debates/forums in the coming months. The debates will take place on May 13 in Huntington Beach, sometime in July in Irvine and on Aug. 26 in Newport Beach.

Club members interested in carpooling to any of these events should contact Mary Tromp at 562-412-0898.

Scott Baugh, a former GOP Assembly leader, is one of the Republicans currently running in District 47. He already has campaign experience, having run against Porter in the 2022 midterm election. He has name identification among Republicans, as well as the backing of the Republican Party of Orange County.

Republican businessman Max Ukropina has also joined the race to replace Porter.

The LW Democratic Club is also closely monitoring what is happening in neighboring congressional districts 40 and 45. Incumbents running in both districts are Republicans. Young Kim is running for re-election in OC's District 40 and Michelle Steel is running for re-election in District 45.

The Democratic Club's Information and Registration Booth outside Clubhouse 6 will be open on the first Tuesday of each month from 10:30 a.m.-12:30 p.m.

For more in-depth reporting on issues and candidates, Democrats and supporters can subscribe to the LW Democratic Club's free electronic newsletter by emailing *democraticclubsblw@gmail.com* or calling 562-296-8521.

People are asked to include their full contact information, as well as party affiliation, when signing up for the newsletter.

<u>GAF</u>

Join Ralphs Community Rewards

The Golden Age Foundation (GAF) will host a sign up for the Ralphs Community Contribution Program on May 10 from 9-11 a.m. in the Hospitality Room in Clubhouse 6.

The Ralphs Community Contribution Program is sponsored by its parent Kroger Grocery Stores and is an easy way for Leisure World residents to raise money for the Golden Age Foundation without an additional cost.

A digital account is needed to participate in the program. Once linked to a resident's Ralphs Rewards card, each shopping trip and swipe of the card at a Ralphs grocery store will give the GAF a donation from Kroger's at no cost to the resident.

This is currently the only active fundraising project the



Lillian Kennedy and Sunny Lee help Sandra Massa-Lavitt sign up for the Ralphs Reward program.

GAF has and is presently supported by 300 LW residents.

In an effort to increase participation in this program, volunteers from the GAF will be available every Wednesday morning beginning May 10, from 9-11 a.m. in the Hospitality Room in Clubhouse 6 to assist residents in signing up for the Ralph's Community Contribution Program or to answer any questions residents may have about the program.

LWers are encouraged to stop by on May 10 to enjoy a cup of coffee and then head to the volunteer table to receive help signing up for the program. Make sure to have a Ralphs membership card available before going.

For more information, about the program or the Golden Age Foundation, text 562-301-5339. —Anna Derby



Maryanne and her dog, Bumblebee

LWweekly

knowledge base. She works with rescues and networks throughout the country to help dogs find homes. She is advisor at large with the Tibetan Spaniel Club of America's Health and Rescue Trust, which finds homes for unwanted, homeless Tibetan spaniels.

always eager to learn more about dogs and is always growing her

rescue that takes in animals (mostly dogs) at area shelters who

are on death row or otherwise unlikely to find homes. Along with

Ron and Charice King of North Tustin, Dell provides foster homes

or boarding for the dogs Shamrock takes in, along with medical

care. Many of Shamrock's dogs are older and/or have medical or

behavioral issues. Shamrock cares for the dogs until homes are

Dell also trains dogs and consults on dog behavior. She is

In 2021, Dell achieved the Nose Work 2 title with her Tibetan spaniel, Bumblebee.

Dell will speak of her experience and answer questions residents might have about their own pets during the meeting.

"I always enjoy speaking to the members of Paws & Claws and helping them have enjoyable relationships with their pets," Dell said. For more information about the club, contact 562-810-4266.

— Mary Romero

SCHMOOZE from page 11

a book they recommend for summer reading, interesting information about their family history, a special place or experience when traveling, or the wisest advice they were given in life. Everyone is encouraged to wear a sun hat and picnic clothes.

All Leisure World residents are always welcome.

People must RSVP by text or voicemail to Darlene Rose at 562-347-8088 by this Friday, May 5. Make sure to also provide names of outside guests for Main Gate entry.



The Beyond Beginner Ukulele Players of the Aloha Club performed at the GAF's 50th anniversary celebration on April 22.



LW ANNIVERSARY

OBITUARIES Karin "Heidi" Mitchell

1938-2023

K a r i n "H e i d i " M i t c h e l l was born in Gardelegen, G e r m a ny, on April 27, 1938.



She passed away on Friday, April 21, 2023.

Heidi immigrated to the United States in 1958 from Germany.

After she retired as a dental assistant, she enjoyed gymnastics and yoga as well as tending her garden at Leisure World. She also enjoyed her weekly, sometimes daily, trips to Trader Joe's and Costco to find all the new and delicious foods.

She is survived by her sister Vera and brother Horst who both live abroad.

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date. Obituaries that are received later than Friday will go in the following week's issue.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

Email obituary notices to *laurieb@lwsb.com* with photos attached as jpg files.



The grandchildren of LWers Arnold and Pat Bateman wish a happy anniversary to Granny and Papa, with over 40 years and counting. "God bless. We love you guys!" The Batemans celebrated their 40th anniversary in Capistrano Beach on April 23.

New signs in Mutual 1

Now that the building painting project is complete, residents, visitors and delivery personnel of Mutual 1 can appreciate the installation of signs on all buildings with legible numbers. Street addresses and unit numbers are clearly visible from a distance





Leisure World Assembly of God members participated in a food distribution ministry program recently. The three members from the church, Shannon Harrison, Marge McDonald and Cathie Lent, spent last week in Dinuba, California, working at Youth With a Mission. "Gleanings" is a mercy ministry whose mission is to feed the hungry of the world, both physically and spiritually. Volunteers of all ages work together throughout the year to pack food to be distributed globally by ministry partners.

HUMANISTS from page 11

chmaker" in 1986, he argues the case for Darwinian natural selection as the explanation for the diversity of life.

Most of Dawkins' books have been about science; however, he is best known for his views of religion in books like "The God Delusion" in 2006, and "Outgrowing God: A Beginners Guide" in 2019.

After reviewing Dawkins' books and philosophy, the meeting will open up to questions.



Elevate your rate

4.0/⁰ APY*

High Yield Savings

\$5,000 minimum new money requirement* Available for consumer or business use. Not available for Property Management Companies or HOAs.

pacwest.com



^{*}High Yield Savings Offer: This APY (Annual Percentage Yield) is accurate as of 2/13/2023. A \$5,000 minimum opening deposit of new money is required, a \$5,000 minimum balance to earn interest is also required. The rate may change after the account is opened and fees or withdrawals will reduce earnings. Additional information concerning Pacific Western Bank accounts is contained in our Deposit Account Agreement and Disclosure, Schedule of Fees, including information about fees, balance computation methods, compounding and crediting of interest, and contractual terms and conditions.



RTS & GAMES

Thirty-two women golfers participated in the April 25

Flight A: Devora Kim, low

Flight B: Nina De Rosa and

Flight C: Pam Krug, low

Flight D: Mary Devlin and

For an application to join

The Yahtzee Club meets on

the first, third and fifth Fridays

in Clubhouse 3, Room 6 at 1

p.m., with the next meeting on

and Lyn Doyle won for most

Yahtzees. High score went to

Julie Milburn, and low score

to Joyce Ingram. Pat Herman

won the door prize. For more

information, contact Diane

Seeger at 562-535-997.

On April 21, Gail Levitt

May 5. There will be a social.

—Liz Meripol

gross, 33 with a chip in on No.

Connie Kang, low gross, 36: Patti

or more information, call 562-

Chong Hee Kim, low gross, 30; and Margie Thompson, Judy Kim

and Young Yoon, low net, 25.

2; Kay Hong, low net, 24.

Smith, low net, 23.

Yahtzee Club

493-0484.

weekly tournament. The win-

gross 26; Janice Turner, low net,

24 with a chip in on Hole 9; and Jessica Choi had a chip in on

Women's Golf

ners were:

No. 1.



Myrna Baker (I-r), Lyn Doyle, Alma Zamzow and Suzanne Frank are ready to begin Cribbage Day in Clubhouse 1.

Cribbage Club

The Cribbage Club meets on Tuesdays from noon-4 p.m. in Clubhouse 1. Last week, 47 members celebrated Happy Cribbage Day with cake and ice cream provided by Sandra deDubovay, and served by Margaret Smith and Donna Gorman. Melinda Cowan added chocolates and mixed nuts. Thank you to those who provided refreshments for the day.

First place honors went to Susan Dodson whose total score was 841 points of a possible 847. She was followed by Franca Yeske, second, 834; Alma Zamzow, third, 831; and Bea Lissow, fourth, 829. Margaret Smith lost all seven of the games played.

New members are welcome to join Cribbage Club. For more information or to learn how to play, call Terry Thrift at 714-394-5885.

Pool Club

At the Monday Pool League on April 24, In the Money extended its league lead by beating the Rail Runners 9-4.

This gives In the Money 96 wins and 73 losses, amounting to an eight-game lead over PJJ with two weeks to go.

With 13-point matches each week, eight games isn't an insurmountable lead. Ken Harpham led In the Money with six wins.

Right on Cue beat the Cue Crew 8-5 in a battle of the Cues. "C" player Frank Sablan of Right on Cue scored six wins, including POOL, page 15

> Comfort Keepers Elevating the Human Spirit

When uplifting stav-at-home care is needed most

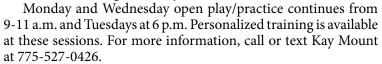
In-Home Senior Care Services

Shuffleboard Club

With warmer days and bright skies, people are ready to be out and about. From April 21-26, Shuffleboard Club members played 62 games at the LW courts. For each game, there are two people competing for the best score. That means the shuffleboard courts were in use approximately 75 hours during the six days. The 24

league games played every Friday morning and the 12 games played every Tuesday evening account for about 60% of the games. Monday and Wednesday open-play and the new Wednesday afternoon Spring Madness have contributed 40% of the games. The membership also keeps growing. Three new members have paid dues.

The Shuffleboard Club does more than just play shuffleboard. members and planned social events throughout the year.



The Tuesday Evening League played April 25 with the Night Shufflers and the Disc Throwers competed with the Disc Throwers winning seven games of 12. The Disc Throwers' John Mount and Carol Johnson both earned all-game winner honors.

The Friday Morning League played on April 28, with four teams playing a total of 24 games. The Hot Rods raced past the Bumpers winning 10 games out of 12. The all-game winners for the Hot Rods were Ellie West, Sal LaScala, John Mount, and Rod Osgood.

With the second competition, the Smashers and the Shooters played and evenly split the twelve games, 6-6. The all-game winners for the Smashers were Milly Larsen, Mo Habel and Steve Edrich. The all-game winners for the Shooters Shel Magnuson and Carol Schubeck, 6-6.

-Kay Mount

Pinochle Club

Clubhouse 1 on Mondays and Thursdays between 11-11:30 a.m. and Saturdays at 11 a.m.

April 17 winners: Irene Perkins, first place, 13,510; Charlotte Westcott, second, 13,260; Jane Haas, third, 12,000; Mary Luongo, fourth, 11,400.

April 20 winners: Marge

The Pinochle Club meets in Dodero, first place, 10,180; Gene Smith second, 9,910; Howard Perkins, third, 9,830.

April 24 winners: Pat Blum, first place, 10,590; Don Walton, second, 10,470; Ruth Bonnema, third, 10,410; Antonia Zupancich, 10,320.

For more information, call Donna Gorman, 562-400-7646.



There is a strong feeling Georgie Martinez, Mutual 2, and Barb

of camaraderie among Ponegalek, Mutual 5, were winners.

At Comfort Keepers[®], we provide in-home care that helps seniors live safe, happy, and independent lives in the comfort of their own homes.

- Personal care
- Companionship
- Grocery shopping and housekeeping
- Dementia and Alzheimer's care
- Respite care

La Mirada and Long Beach office: (562) 947-9740 ComfortKeepers.com Serving Long Beach, Seal Beach and surrounding areas

Duplicate Bridge Club

The Duplicate Bridge Club plays games on Monday, Thursday, Friday and Saturday in Clubhouse 1 beginning at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Also, people can call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Players should arrive by 12:15 to confirm reservations.

On April 17, winners were Alan Olschwang and Linda Nye, north/south; and Judith Jones and Al Appel, east/west.

On April 21, winners were Larry Topper and Lynn Danielson, north/south; and Howard Small and Sue Fardette, east/west.

For more results, including a list of all players and scores, go to the Long Beach Bridge Center results page at http://www.acblunit557.org and click on Leisure World Results.

The club offers lessons and supervised play on Friday mornings at 9:30 a.m. Supervised play is an informal game in which novice players can ask questions of experienced players questions about bidding and card play. For more information or to join the club, contact John Markovich at 562-661-0502 or cdrjjm@yahoo.com.

Friday Golf

On April 21, nine golfers visited the 6,000-yard, par 71 Willowick Golf Course in Santa Ana. The players attacked the course, and scoring was good with two birdies by Jim Goltra and Clay Fischer, and one by Gene Vesely.

Fischer was closest to the pin on the par 3, fourth hole, and Ellic Vaden was closest on the par 3, twelfth hole. Fischer and Goltra tied for fewest putts in the A flight and Vesely and Vaden tied for fewest in the B.

A Flight Winners

Fischer placed first with a sensational 8 under 63; Goltra, second with a well-played 2 under 69; Bill McKusky and Sam Choi, third with a hard-earned 1 under 70; Fujio Norihiro, fourth at even par 71; and, Dave LaCascia, fifth.

B Flight Winners

Vesely was first with an excellent 9 under 62; Vaden, second, 6 under 65; Bob Munn, third, 1 under 70.

On April 24, 16 golfers contested the 5,600-yard, par 70 Riverview Golf Course in Santa Ana.

Gary Stivers had the fewest putts in the A flight, and Gene Vesely had the fewest in the B flight. Dave LaCascia was closest to the pin on the par 3 second hole and Clay Fischer was closest on the par 3 ninth hole. There were no birdies this week.

A Flight Winners

Larry Hillhouse, first with 10 under 60; Stivers and Chris Lankford, second, 3 under 67; Jim Goltra and Bill McKusky, third, 2 under 68; Sam Choi, fourth, at even par 70; and Fischer, Fujio Norihiro and LaCascia, fifth.

B Flight Winners Vesely, first, an excellent 3 under 67; Tom Ross, second, even par 70; Digna Vesely, third, 2 over 72; Lowell Goltra, fourth, 3 over 73; Bob Munn, Ellic Vade and Ron Jackson, fifth.

For more information, contact Gary Stivers, 714-313-3697, or Dave LaCascia, 801-674-5975.

POOL from page 14

both of his singles.

PJJ won over the Renegades 8-5 as Pat Paternoster and John Barth each won five games. John Barth leads all "C" players in singles wins with 20.

On Wednesday, Triple Threat won 10-3 over Bank It. Steve Edrich won all seven of his games for Triple Threat, and Connie Terry won six. Triple Threat won all six of its doubles matches and the final eight triples match.

The Favorites edged The Ruffians7-6 and moved within three games of the league leading Ruffians, who have a record of 95 and 74.

Dave Silva won five for the Favorites and both of his singles matches.

Milly's Boys beat U3 9-4. Roy Mittlestead of Milly's Boys had his best night winning all seven of his games.

There are only two more weeks of play in the regular season before playoffs start. *—Dave Silva*

Men's Golf Club Tournament

The Leisure World Men's Golf Club Tournament was played on April 26. Two groups of three flights of variously skilled golfers played for best net scores (gross score minus handicap), plus two circle holes (shots within a 5-foot radius are rewarded) and two closest to the pin challenges. The Turtle Lake Golf Course is a 1658-yard, 18-hole, par 54 course, that challenges all who play.

A total of 49 golfers played. A special "low gross" challenge was offered, and 20 golfers accepted. John Kolthoff took first place; Bruce Bowles, second; Pat Paternoster, third; and there was a four-way tie for fourth among Kyoo Choi, Thomas Kim, Mike Mayfield and Bill Lyons.

There were 53 birdies and 12 circle hole winners. Additionally, 24 of 49 golfers were net at or under par. Closest to the pin on the 6th hole was Dave LaCascia, and on the 15th hole was Kyoo Choi.

A Flight Winners

John Kolthoff came in first with a well-played 5 under 49, followed by Pat Paternoster, second with a terrific 4 under 50; Dave LaCascia and Bob Turner tied for third with a hard-earned 2 under 52; Dong Kim and Ron Steele tied for fourth with a nice 1 under 53; fifth: Kyoo Choi, at even par 54.

B Flight Winners

Bruce Bowles was first with a spectacular 11 under 44; John (JR) Rudosky, second with a super 6 under 48; Dennis McMonigle, third with a well-played 5 under 49; Thomas Kim and Ron Jackson, fourth with a nice 4 under 50; Won Song and Gary Newhalla, fifth; and Hyon Shin, Don Newhall and Ken Notorleva, sixth; John Haley and Rolando Ramirez, seventh; and Bill Long, eighth.

C Flight Winners

Richard Yakomi was first a very good 9 under 45; Steve Kang, second with a sweet 7 under 47; Manny Miranda, third with a respectable 3 under 51; and Byron Schweitzer, fourth at even par 54. The next men's tournaments will be on May 10 and May 24.



Saturday Social Bunco Club

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month, with the next meeting on May 6 in the lobby of Clubhouse 3.

Sign-ups are at 1 p.m.; play begins at 1:30.

On April 22, Marilyn Moody won most buncos; Linda Payne, most wins; Kathe Repasi, most babies; and Marianne Matheis and Helen Sponsler, most losses. Lyn Doyle won the door prize. For more information, call President Doris Dack at 562-356-0443.

Complete Cleaning, Exam & X-Rays \$49

New patients only. Includes polishing, exam and x-rays. Not valid for deep cleaning. Cannot combine with other offers or prior service. Must present ad at time of service. Expires 5-31-23

Implant \$1,995 (Reg. \$4,000) Includes Implant. Abutment & Crown

combine with other offers or prior service. Must mention offer at time of scheduling and present ad at time of service. Expires 5-31-23

Extra Steps for COVID Safety:

• ADA compliant PPE in use Pre-screening with no-touch infrared thermometer

 Preventative antiviral/antibacterial rinse for patients

Complimentary Consultation

Second Opinion

or

New Patients only. Must mention offer at time of scheduling and present ad at time of service. Expires 5-31-23

os Alamitos. 10900 Los Alamitos Blvd, Suite 133 Los Alamitos, CA 90720 562 888

Payment Plans Available. Most Insurances Accepted Same Day Emergency Services **Extended Evening Hours**

On-Site: Endodontist (Root Canal Specialist) Periodontist (Gum Specialist)

CD MUSIC FOR SENIORS



The new CD Music for Seniors Club had its first meeting last week. Fun, music and snacks were on the agenda. The club will meet next on June 15. CD's are free, plus CD players are available to those that do not have them. Those who enjoy music and fun people are welcome to join.



Barbara Simundza and Susan Roberge, who joined the field trip of the Photo Arts Club to the Rancho Los Alamitos.

VIDEO PRODUCERS CLUB



On his latest road trip, Video Club Producer Owen Hughes travels to Oregon. See it all as nature abounds, from lakes, waterfalls and wine country. View his video segment this Thursday at 7 p.m. on Facebook by searching "Leisure World Video Producer's Club."



Grab 'N Go Menu May 8-11

Lucille's Smokehouse BBQ Lucille's BBQ will visit Leisure World each second Monday starting May 8, from 3-6 p.m. No preorders are accepted: onsite orders only, and cahs and cards are accepted.

Look up "Lucille's Food Truck Event Menu" for a full list of offerings.

Taco Tuesday

Each Tuesday, enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. No preorders allowed; cash and cards are accepted.

Domino's Pizza

Order Domino's pizza each Thursday. Call ahead at 562-493-2212 for special orders like wings and salads. Order inperson from 3:30-7 p.m. in the Clubhouse 6 parking lot. cash and cards are accepted.

This schedule is subject to change. Check LW Live for updates; sign up at *www.lwsb. com/lw-live-sign-up/*.

Those with questions or feedback can call 562-431-6586, ext. 398

On-call bus service is available from 4:30 p.m. on; regular service before 4:30 p.m; weekends on-call any time. Call 562-431-6586, ext. 379.

Scrabble Club

The Leisure World Scrabble Club met on all four Wednesday's in April. There were 61 scores above 300, eight of which were higher than 400. There were 31 bingos (the use of all seven tiles in one move).

Bob Ruderman led with 12 scores above 300, four of which exceeded 400. He had 14 bingos and a top score of 418. Diane Seeger topped 300 eight times and recorded two bingos. Her best score was a 373.

Four members each scored above 300 seven times. Suthy Edgar had eight bingos and two games higher than 400. She had the club's best score for the month, a 474.

Club President Maria Giegerich had two bingos and a high score of 413. Larry Edgar had three bingos and a top score of 437. Wanda Bemben's best total was a 327. Marilyn Moody scored above 300 four times, the highest of which was a 368. Vice President Sylvia Makus topped 300 three times, the best of which was a 374. Two members had scores above 300 twice. Myrna Losquadro had one bingo and a best score of 338. Sue Ann Gass' best game was a 310. Two others topped 300 once: Donna Perkins, with a 361 and a bingo, and Kay Pushman, with a 314. The club meets on Wednesdays from 1-4 p.m. in Clubhouse 3, Room 5. New members, including beginning players, are welcome.

Photo Arts

The Photo Arts Club will meet Thursday, May 11 at 1:30 p.m. in Clubhouse 3, Room 9.

The assignment is to submit photos taken on the field trip to the Rancho Los Alamitos on April 13 by submitting them to Ben Benjamins at *benbenjamins@hotmail.com* to be shown at the meeting.

A Facebook page has been created for all LW residents interested in photography. On Facebook, look for "Photographic Arts Club of Leisure World." This is a private page to avoid outside ads or comments. To join, hit the "Join" button, and LW residents will be approved. Feel free to post favorite photos. In the "comments" section, people can ask questions about cameras, iPhones or photography in general. A quick response will be provided.

For the meeting, also bring photos to be displayed and to be commented on at the meeting.

Hooks and labels will be available for members to use to hang framed photos in the hall of Clubhouse 3.

Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome.

For information about the club, call Regine Schumacher at 562-430-7978.

The symphony performs at the Long Beach Arena.

LB Symphonic Rock on May 20

People can "rock and roll all night" to some of the best classic rock of the '70s and '80s on May 20 during Symphonic Rock. A seven-member band and the power of the Long Beach Symphony will bring the house down for a full party evening at the Long Beach Arena (300 E. Ocean Ave.) at 8 p.m.

Conductor Susie Seiter is best known for The Legend of Zelda: Symphony of the Goddesses, Pokémon: Symphonic Evolutions, and conducting film concerts like Frozen Live, Pixar in Concert and Mary Poppins Live. In legendary Pops series style, picnicking and side-stage dance floors will get everyone up on their feet.

The music of Journey, Led Zeppelin, U2, Starship, Pat Benatar, Scorpions and Lynyrd Skynyrd are just a few of the evening's top chart favorites.

Doors will open at 6:30 for indoor picnicking. People cna bring their own food and libations, or pre-order online. Bring dancing shoes and your best rockstar look.

For tickets, visit *LongBeach-Symphony.org* or call 562-436-3203, ext. 1.

LW ART LEAGUE



There were two raffle winners at the LW Art League meeting on April 11: Carol Costello (I) and Vicky Mayhew (r). They won jewelry pieces created by guest demonstration artist Lisettle Thierry (center). The Art League will meet on May 9.



Artist Juan Gomez in his studio

Art League

The LW Art League will meet on Tuesday, May 9, in Clubhouse 4 at 7 p.m.

The club will be honored with a visit by the successful Long Beach-based artist Juan Gomez. Gomez's parents migrated to the United States from the state of Zacatecas, Mexico, where they were farmers, when Gomez was young. His parents encouraged him to work hard, get an education and pursue his love of art. He received his bacehlor's degree of fine arts in drawing and painting from California State University, Fullerton. He has established work in galleries, museums and alternative spaces throughout Southern California, such as the Torrance Art Museum, LA Artcore Brewery Annex, Los Angeles Municipal Gallery, CSUF Pollock Library and the Coastline Community College Art Gallery. He works in mixed media and painting.

His work is an exploration of his roots and the social disruption that affects many today. The purpose of his current work is to expose the disconnect brought up by present societal divisions, which prompted the idea of finding strength in one's own roots to face adversity with fortitude and conviction. Gomez continues his practices at his studio space at the Artists Co-op in Long Beach and makes a profound effort to support his artisitic peers. His current goals are to continue refining his craft and to participate in exhibitions.



Betty Hacke

Genealogy Club

The Genealogy Club Workshop, which meets in the east end of Clubhouse 3, welcomes visitors and new members.

The club provides computers with *Ancestry.com*, newspapers and military subscriptions for member use. It also has a large selection of research books and periodicals.

The Genealogy room is open Monday through Thursday from 1-4 p.m. and weekends from 11 a.m-2 p.m. Each Thursday afternoon at 1:30, the club has a short class on a variety of subjects.

The schedule is as follows: May 4: *Ancestry.com* May 11: The Brazilian Con-

nection

May 18: Land Records May 25: DAR (Daughters of the American Revolution)



Garden Club luncheon tickets on sale

Tickets for the Garden Club's June Blooms Luncheon are now available for \$20 each. The luncheon will be held on June 19 at 11:30 a.m. in Clubhouse 2. Catered by Country Garden, attendees will have a choice of a club wrap or veggie hummus wrap, offered alongside old-fashioned potato salad and cucumber, tomato and dill salad plus an array of baked goods including cupcakes, cookies and brownies for dessert.

There will be an opportunity drawing for a wide variety of amazing gift baskets. Everyone is encouraged to wear their favorite gardening hat and join in a festive parade.

Club membership is not required to attend. To purchase tickets call Nancy Goldstein at 562-896-8604 or attend the next Garden Club meeting on May 15 at 1:30 p.m. in Clubhouse 2, where tickets will be on sale in the lobby.

DRONE CLUB

Community Karaoke

Erika Greenwood loves country music and often selects apopular tune at the Wednesday night karaoke party.

Newcomer Rodney Schaerer had fun singing "House of the Rising Sun." Rose Mary Trujillo and Helen Schultz sing the joyful gospel numbers. Ed Jablonski did a powerful "Greatest Love of All."

Vilma Lina Tagaloa sang "I Have a Dream." "Have You Ever Seen the Rain" was sung with energy by Sherie Vanek. "That's Amore" is a catchy song for Nina Todorov. Carmen Edwards sang "Queso Queso Queso" in perfect Spanish. Thirty-plus Leisure World karaoke singers performed for a full house socializing between the songs.

Next week the club will still be celebrating Cinco de Mayo. People can practice a new tune or perfect a familiar one each Monday in Clubhouse 6 from 1-3 p.m. Karaoke parties are in Clubhouse 1 on Wednesday evenings beginning at 5:30. Everyone is welcome to sing or just enjoy the variety of music.



On a recent outing Drone Club members, Bruce Reynolds (I-r) and Larry Blitstein, take flight at the End Cafe Park in Seal Beach. The club flies for recreational and photographic purposes, and new members are welcome. For more information, contact Joseph Valentinetti at 0501042@gmail.com.

Symphony will host Mother's Day event

The Seal Beach Symphony will hold its inaugural Mother's Day recital on Sunday, May 14, at the Old Ranch Country Club.

From Australia, Pianist Van-Anh Ngyuen will thrill the audience with selections from Chopin and Debussy. Coloratura Soprano Hila Plitman will wow the audience with the fireworks of Mozart's Queen of the night. Concert Master Myroslava Khomik will impress with Vivaldi and Massenet. Artist in residence Sangeeta Teresa Mai and Artistic Director Chad Berlinghieri will present a few classics, including the Italian favorite Mamma! The afternoon will feature a cash bar and passed appetizers. Individual tickets range from \$25-\$125. VIP tables and taxdeductible sponsorship opportunities are available. For more information, visit *sealbeachsymphony.org* or call 562-509-8640.

The Art League's popular vote subject this month is "flowers." Those submitting work for judging should have them in 6:30 p.m.

Email art stories to emmad@lwsb.com

Coin Club

The Coin Club will meet on May 10 in Clubhouse 3, Room 2, at 1:30 p.m.

Members can participate in door prizes, refreshments, coin auctions, coin raffles and group discussions regarding currency and coins.

Refreshments will be provided. LW residents can have coins evaluated at no cost.

RV Club Annual Picnic

The next RV Club general meeting will be Tuesday, May 16, at 5 p.m. in the Clubhouse 1 picnic area.

The group will have a barbecue dinner for the club's annual May barbecue and potluck picnic. The club will provide tri-tip and chicken entrees and beverages.

Members may bring a side dish such as a salad, potato dish or dessert. Happy hour starts at 4 p.m. Members who want chicken for their entree must RSVP.

Volunteers are needed. To volunteer, come by the picnic area at 4 p.m. This is the RV Club's last meeting until September. RSVP to *lwrvclubsb@gmail.com* or text Bob Konier at 562-314-8468.



Club members work on their swing moves.

Leisure Time Dancers

This week the "cuddle in/ out" was introduced in East Coast Swing. Two new members joined the class. The tango class reviewed the "la puerta" and "open box," focusing on differentiating between the two similar movements.

All levels of dancers are

welcomed, and folks can join the class at any point in the series. Each class begins with a review of the previous week's material before moving on to new concepts.

Classes are every Monday in the dance studio, upstairs in Clubhouse 6. East Coast Swing is at 2 p.m., followed by tango at 3 p.m. No partner is necessary; class will rotate so everyone dances. The cost is \$7 per person for one class, \$11 per person for two classes in a single day.

Photo by Troy Palme

For more information, contact club President Jackie Theis at 310-743-9373.

QUILTING BEES

Tickets available for Quilting Bee luncheon

The Leisure World Quilt Bee Annual Spring Luncheon Fundraiser is May 17 in Clubhouse 2 at 11:30 a.m. Tickets are \$20. This is a popular event with wonderful door prizes.

There is limited seating so those interested should contact Lisa at 949-584-2884 as soon as possible to purchase tickets.



Bank-issued, FDIC Insured







The library regularly displays items for sale.

Friends of the Library

by Pat Kruger

Friends of the Library

This is one of those announcements that we hate to make. Recent events tell us that the Friends of the Library are apparently not immune to reports of shoplifting. The Friends Bookstore and Boutique places trust in anyone who comes shopping here and it hopes to maintain that kind of relationship with customers. But now volunteers must be more vigilant to protect the already lowpriced items from opportunists who take advantage. This isn't the world we expect here in LW. We can ask that those who seek to exploit our trust not to come to the store but that would be naive. So, we will be watching our stock more closely and ask that people report to us any suspicious things you might notice. At another period of time, limits were placed on the numbers of customers allowed at one time, and we hope not to have to do that again. Let's all try to work together to keep our reputation of trust and good will and enjoy the Bookstore as the fun adventure it's meant to be.

Author will speak at library

The Leisure World Library will hold its first AuthorSpeak event of 2023 at 11 a.m. on Friday, May 5, next to the Library at Veterans Plaza.

Edgar Award-winning author Naomi Hirahara will discuss her New York Times Best Mystery Book of 2021, "Clark and Division," and its upcoming sequel, "Evergreen," part two of the Japantown Mystery series.

Set in 1944 Chicago, "Clark and Division" is an eye-opening and poignant new mystery—the story of a young woman searching for the truth about her revered older sister's death—that brings to focus the struggles of one Japanese-American family released from mass incarceration at Manzanar during World War II.

The presentation begins



Author Naomi Hirahara

promptly at 11 a.m. Arrive as early as 10:30 a.m. to enjoy refreshments provided by the library.



CONTACT PAUL AND TRAVIS IVANOFF FOR A FREE NO-OBLIGATION COMPARISON QUOTE.

Paul Mobile: (714) 348-8193

IvanoffAdvisors.com | 5252 Orange Ave #107, Cypress, CA 90630

ent advisory services offered through Tucker Asset Management LLC, an SEC Registered Investment Advisor. 1: Ameritrade Institutional as of 03/08/23

Leisure World d Care

Receive high quality care from our team at a fraction of the cost



Our unique Shared Care process allows for more frequent visits at a lower cost. We also provide discounts when you refer a friend.

Our fullly trained, bonded, and insured caregivers can perform medication reminders, light housekeeping, personal hygiene, assistance with exercise, meal prep and more.

Visits are 30 minutes or less and service rates differ with care. We have no minimums, where most agencies require 4 hour minimum.



To learn more call us at **714.249.4843** or visit our website at www.rahwestoc.com



The Velvetones Ballroom Dance Orchestra

Weekend night dances in May; next up: big band swing

is Leisure World's own professional big band, playing big band swing and jazz standards. They will perform Sunday, May 7 from 6-9 p.m. in Clubhouse 4 and again on May 21.

Vinyl Rock wil perform on Saturday, May 25, at 7 p.m. in Clubhouse 4. The Orange Countybased band consists of nine members who passionately perform classic rock, Motown, and pop tunes primarily from the '60s, '70s and '80s. Vinyl Rock is sponsored by Cabaret Entertainers. The doors open at 6:30.

On Saturday, April 22, Abilene returns to Clubhouse 2 at 7 p.m. Abilene is Leisure World's No. 1 country rock band going strong for 20 years.

The Velvetones Ballroom Dance Orchestra Doors open at 6:30 and the music goes until 9. Rules and guidelines for shows:

> No table saving. You may bring your own snacks.

> • Attendees must be out of the clubhouse no later than 10 p.m.

• No announcements are permitted from the stage, except by the bands.

 Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.

• Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge bands' popularity.

-Recreation Department

Recreation offers trips to LA Opera, Stars on Ice and more

Excursion tickets are now on sale for the first trips of the season. Residents can purchase tickets online and at the Recreation office in Building 5. All prices include transportation and gratuity. Sales have been brisk.

'Otello' at the LA Opera

This year, Recreation was lucky to secure enough tickets for two evening performances of "Otello" by the LA Opera. Hailed as the pinnacle of the Italian operatic repertoire, Verdi's transformation of the original Shakespeare play is a powerful drama of uncontrolled human emotion at its most extreme.

The operatic performances are on May 17 and June 1. Tickets have nearly sold out. Each year LA Opera offers a limited number of tickets at a greatly reduced price.

Tickets, including transportation, are \$34. If they are still available by this printing,

contact the Recreation Office to purchase.

Stars on Ice

On May 20, the 2023 Stars on Ice Tour will visit the Honda Center. The tour boasts an international cast of Olympic, world and national champion skaters sure to entertain all ages. Tickets are \$45, all inclusive.

Angels vs. Mariners game

On June 9, the Angels will take on the Mariners and one busload of LWers will be there to see the action. Tickets are now available at the Recreation Office or on www.lwsb.com for \$65.

More details about these events and other upcoming events will be available in the News and through LW Live. To sign up for LW Live, visit www. *lwsb.com*. Click on the text that says, "Click to sign up for community alerts," and then input your name and email address.

For more information about excursions, contact mayokab@ lwsb.com.

LIVE MUSIC Legends of Rock show on May 10

Based on the great success of its April dance, the Pickleball Club is sponsoring a free Wednesday "Hump Day" dance party on Wednesday, May 10, from 5-8:30 p.m. in Clubhouse 2. The party will feature the Legends of Rock (LoR) Dance Band that plays throughout Orange County. Leisure World resident Jon Pearlstone is a member of the band.

The LoR Dance Band plays music that makes people want to dance and party, featuring the best in classic rock dance tunes from artists like The Beatles, Rolling Stones, Elvis, Springsteen, Petty and many more.

This will be a regular concert on the second Wednesday of every month.

All concerts are free, and BYO-everything with donations accepted.

For more information contact Legendsrocktribute@gmail. com.



Local sales agent with local Medicare Advantage plans.

I'm Sherry Vandervoort, a licensed sales agent in Leisure World Seal Beach. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs. Take advantage of my knowledge and experience to:

NOCE registration

The summer 2023 Leisure World North Orange County Continuing Education (NOCE) semester begins on June 5 and ends on Aug. 5. Class registration opened on May 2.

New and returning students will be able to register for the spring semester online at my-Gateway by visiting *mg.nocccd*. *edu* on any internet browser.

Those who experience issues logging into myGateway or applying to become a student should call NOCE Star Help at 714-808-4679 or visit the library, where GRF staff will do their best to troubleshoot your issues. More information regarding classes and registration is available at the library.

- Take the confusion out of Medicare
- Get help comparing plans
- Receive one-on-one service
- Make enrolling in a plan easier

I look forward to helping you explore your Medicare options so you can enroll in a plan with confidence.

It's time to take advantage.



Licensed Sales Agent 562-795-6250, ext. 6250, TTY 711 Cell: 949-702-9488 sherryv.uhclwsb@gmail.com www.MyUHCagent.com/sherry.vandervoort

Located in The Health Care Center, 1661 Golden Rain Rd.

United Healthcare

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2021 United HealthCare Services, Inc. All rights reserved. Y0066 22SPRJ55189 C SPRJ55189



RELIGION

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "that we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

Pastor's Message

Many people remember the song "Abraham Had Many Sons" from camp or Sunday school. This week, Pastor Bruce Humes will reveal the inspiration for that song.

In Genesis 12, the Lord said to Abram, "Go forth from your country, and from your relatives and from your fathers' house to the land which I will show you; and I will make you a great nation. Abram at the age of 75 went forth as the Lord had spoken to him, taking his wife, Sarai, his nephew Lot, all their possessions and the people with them and set out for the land of Canaan. Upon arriving in the land, the Lord appeared to Abram and said, "To your descendants I will give this land."

Abram knew this appearance of the Lord was a sign he had arrived in the land that God had designated for him to dwell in. Abram built an altar there to the Lord. Travelling further into the land, he settled in Bethel and there he pitched his tent, and another altar to God. In doing so, Abram was declaring his faith and worshiping God.

God promised before Abram's departure from the land of his fathers that he would make Abram a great nation and would bless him and make his name great. This must have seemed an impossibility to Abram. He nor his wife were young, and they had no children. But things that seem impossible for man are not impossible for God. Soon God would change Abram's name to Abraham and his wife's name to Sarah and she would give birth to a child that would be the fulfillment of that promise.

It is important for believers to look not at circumstances, but at Gods promises. He is a faithful and unchanging God.

The child born to Abraham and Sarah was the beginning of the nation that would be Israel, which God blesses even today.

Weekend Services Sunday services are traditional services from 9:30 a.m.-10:45 p.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, Beverly Sunday will sing a solo hymn.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the Women's Bible Study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible Study group from 9:30-10:30 a.m.

The Thursday Bible Study group, led by Elder Jack Frost, FCC, page 26

Join Buddha Circle for 'Aging with Joy'

Buddha Circle invites all LW residents to a special event on Tuesday, May 9, in Clubhouse 3, Room 1, from 10-11:30 a.m.

Khangser Rinpoche will give a special presentation titled "Aging with Grace and Joy." He will give a short presentation on the benefits of mindful meditation.

Khangser Rinpoche is recognized as the eighth reincarnation of Khangser Rinpoche. He received his doctorate in Buddhist philosophy and the teachings from many great Tibetan spiritual teachers including His Holiness the 14th Dalai Lama.

For more information, call 714-721-1548.

Faith Christian Assembly

Join Faith Christian Assembly this Sunday, May 7, at 10:30 a.m. or 5:30 p.m. Pastor Sheri Leming will bring another biblical message to encourage and help people get started on the right foot to begin a new week. People are also welcome to join the pre-service prayer at 5 p.m.

Jesus gives believers the greatest invitation in Matthew 11. Verse 28 is a familiar passage to many: "Come to Me, all you who labor and are heavy laden, and I will give you rest."

How do believers find this rest that Jesus is offering? First people must come to him, not for what he gives, but for who he is. Coming to him is rest. Because when people truly come to him in humility, they will learn of him. He has so much to teach, and he is imminently qualified to do so because he created all people and therefore understands their nature.

God says to believers: "Learn of me." Learn of him, by coming under the whole counsel of God, no matter how unpalatable the current culture may find it. God commands it because it is a person's responsibility to respond with obedience that brings honor to God. Believers need a humble desire to know the truth, and a temperament to be saved by it.

Other gatherings at Faith Christian Assembly include the Wednesday morning Bible Study at 11 a.m. and the men's and women's ministries on the third Thursday of each month at 1:30 p.m.

Faith Christian Assembly is located on the corner of Seal Beach Boulevard and St. Andrews Drive at 13820 Seal Beach Blvd.. The church office hours are Tuesday-Friday from 8 a.m.-5 p.m.

To receive more information, call the church office at 562-598-9010, email *contact@fcachurch.net* or visit *www.FCAchurch.net*.

LW Baptist

Remarkably the Bible refers to Abraham, Moses and Job as "friends of God," and Jesus extends this title to his followers. This personal intimacy with God involves several features, for example prayer or talking to God, and these elements of Christian fellow-ship will shape LW Baptist's worship service on Sunday, May 7, at 10 a.m. in Clubhouse 4.

The Women's Bible Study group will meet Monday, May 9, in Clubhouse 3, Room 6 at 10 a.m. for social interaction and discussion of growing in faith. The Energizer's group will meet on Wednesday, May 11, to discuss the application of the Psalmist's petition, "Create in me a clean heart, O God."

Call 562-430-8598 for more information about the church and meetings.

Congregation Sholom

Congregation will hold services via Zoom with Rabbi Eric Dangott on Friday, May 5, at 6:30 p.m. Rabbi Dangott will also lead the hybrid service on Saturday, May 6, in Clubhouse 3, Room 9, and via Zoom at 10 a.m. Saturday's Torah portion will be Emor, from the book of Leviticus. Emor (Say) opens with laws regulating priestly behavior, working in the Mishkan (Tabernacle), and consuming sacrifices and priestly food. It describes the biblical holidays of Passover, Shavuot, Rosh Hashanah, Yom Kippur, and Sukkot, and ends with a story about a blasphemer and his punishment. To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122. Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is held on fourth Sunday of the month in the Clubhouse 3 Lobby at 6 p.m.

This week's sermon: Life can be noisy and chaotic, even in a community like Leisure World. The banging of construction tools, yard maintenance machines, the squawking of that flock of wild parrots as they fly overhead, the planes that seem to fly just over the rooftop as they head to the airport, shatter the peace and quiet people crave. More worrisome than outside noise is the inner noise people suffer. Regrets, selfcriticism and rehearsing hurtful words spoken by others disrupt a peaceful mind.

In this installment of the series "The Good Fruit We Bear," Pastor Chuck Franco looks at the peace experienced by believers who seek the good fruit of the Spirit.

Bible Study: "The Acts of the Apostles," by Louie Giglio, opens up the book of Acts and reveals the world-changing power of the early church. Discover through discussion and guided study what that means for the church today.

Contact: More information about the church can be found at *www.lwassemblyofgod.com*.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com.

Carolyn van Aalst is also available at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

Community Church

The Apostle Stephen prays forgiveness for his tormentors. David advocates for relying on God's love for deliverance.

The Apostle Peter calls believers to be delivered from ordinary existence into a holy from fear of death.

Come one, come all to receive these messages of deliverance from Kelly Frankiewicz, M.Div.,who will speak at LW Community Church on Sunday, May 7, at 9:50 a.m. service in person or online on Zoom and on Facebook @CommunityChurchLeisureWorld. People can contact the church office to receive the Zoom link. The in person Sunday service is followed by food and fellowship.

priesthood.

Jesus, through John, challenges believers to trust in eternity and Jesus delivering all As always, the word Gospel means "good news" and those who are in need of some good news are welcome to join the Those who are in need without another way to address it can call the church office and leave a message at 562-431-2503.



20% off first bill up to \$100 for Leisure World residents when you mention this ad!



PERSONAL CARE | MEMORY CARE HOSPICE SUPPORT | MEALS & NUTRITION

562.448.5200 HomeInstead.com/275

Each Home Instead Senior Care Franchise is independently owned and operated. © 2020 Home Instead, Inc. HCO# 194700062 Those who want to join Congregation Sholom, should call Howard Brass at 714-396-0121 for a membership packet.

Buddha Circle

Buddha Circle will meet with Ven. Kusala on Saturday, May 6, in Clubhouse 3, Room 1, from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community and presents Buddhism in a simple way.

The group is interactive and those who attend are encouraged to ask questions. Donations are welcome and will support Ven. Kusala in his teachings.

For more information, call 562-431-7275.

Puzzles & Comics

LWWeekly

348

37

-20

433

Answers on page **26** Gasoline Alley By Jim Scancarelli Officer Waffles! Availyna, Sophie) ... when we grow up-we want to be just Broom-Hilda By Russell Myers I CAN'T STAND THIS I CAN'T STAND I CAN'T STAND CLOSE YOUR STES AND PICTURE YOURSELF THP HEAT! LISTENING TO YOU! COLP! GLACIER! The sea Middletons By Ralph Dunagin & Dana Summers WELL, IF YOU WERE DON'T EVER DO THE PARENT WHAT TNLK ABOUT THAT AGAIN, GETINGCUT WILSON, YOU THINK MIGHT OFF AT THE ACTUALLY KNES HEY, I RON'T MEAN THINK IT MAS A SOMETHING BIG PEAL, NOM.s⊳((Los Angeles Times Crossword Puzzle Edited by Patti Varol and Joyce Nichols Lewis "INBOX ZERO ' OY MATTMEW STOCK 14 Bring up again? Peoperant 125 Line https:// 51 Converge 90 Cord heads. 53 Now a suby bein in me anicant is g An Farch wronble 15 Convey 58, State on the & STACEY YARUSS 16 Vielh Davis Colorado casasba s NEGULLOUGH September 126 Beaky namenes accemp or Pialeou heisnot orger bestale? Maxios 54 Gets ready to UNP 127 Jobining ment briefly 54 Toessan Len ACR055 17 Moray Fethiave 55 CONVERTING containe. 57 Feini 1 S'X 4 horiday meeting 96 T:ex of or publicative 19 Ezha 128 Carlata basket 129 "Opf everytring Construction 37 Tel Aviv 97 Sommer Carnes, 128 surdwelles 21 Flow webout 58 Tawel set word. Hayek Forzuit orç SB Celterryke 56 Get course. Rapping ef Margio Mikels. 25 Specifics 61 Bloca quisens. rescent elly 3665 fand 64 Golback (on) 101 Flawed Lord Déndeli Lossn: one ind a's 28 59 Place to get DOWN. 17 Mexicous o and cash. sentences. 1 Egyptian shal? 2 Suifhder Beach 18 Burning ke 37 Howing Va 65 Foundam 102 Heads loisen. history That Hull surger ganie 20 Boljs 100 Entry on al ceverage 103 Irahan oheese 68 Lie for, say Conner's to Co LSP 104 Less povidury OIV. Kate 3 Line some one sith most 105 Raspy 107 Uthe hoefer 22 Arrive 30 69. Big square in 31 Photo Islandis Made aware 22 106 Oktischické Gar. rpcs-SPROVE weed whacker 108 NMSE ourch 24. Maynem Ihat A Life a blue motta Z1. Cahori 109 Eye-rolated confues when one increases **Bit Fowering** coster or a blue. 22 Hookey 12 Abor for some 1D Advice when 38 EVIS 364 oorbinary. PCC/F ad.oniage Chiscis Segui Bhu who juggung sawes 11: Parik 5 Cutosy sliff • 13 Canadat an NASA croch a Bin Mae 37) Sive past milli ningsti 6. Foster 3 partner 74 Byrnp fran Office at on Arby's? 41 12 Over again 16 julionaly is a judge on the UK reation of "The Masked 26 Shaple used in 14 Preserbed 28 Not Rely to SAME SERVICE Coppertune stat play activities 116 Soutimaker 3 In the instruction mrge arrount 17 Babor est Singer 15 Up 27 Workstow Montgage them /8 läle research offers 80 Two gol that 17 Scholars' degs alternative mammal with 43 Cleanast target Quisic close? short hind kees 10. Hubble class 44 Fealthear ocycled. 19 Animasan 25 Controlespart? sucto secore: R Campagers 16 Anongstion on Sections: a tomatise. aı. a Norse famin? 122 Tinget of some 83 Brand coalion Preso ped siuff. -18 1015/01 Valuation Park in NYC Carryer's onj 87 121 lor strat (600M) 11 Wayto Whenes 12Costrolar -19 Doesn't distarte 48 Sucrat 35 September

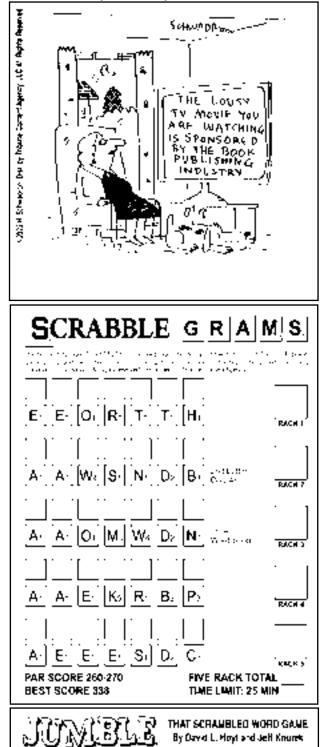
120 Olionened Premarks and to shaving 124 Concurs tet, fur short. 173 Puby for one atmosphere Gable network 50 Caton period. Some online accords. Tractores in Control France? 10055 172 •2 tacol on al English descert. DO GREE 45 Jack or jointy 46 Dhokig noedy

Sudoku 1

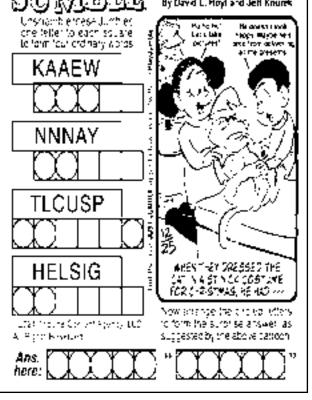
 \bar{z}_{H}

З			2		7			
		_		1	3		2	6
							2 9	
		3		2		6		7
		9		2 6 8		6 5 9		
6		4		8	-	9	-	
	6							
7	1		5	4				
		_	56		1		-	5

9 To 5 By Harley Schwadron



แกษณ์ (ก็ไม่เล่า). เพชาใจกล	37			.lo				1		Г		150		÷		31			11	÷ !	<u></u>
stationare																					
2020				6.0		I 1		10	1			U.	<u>دم</u>					1.1			I 1
ocyaset -														_							
фes:	14	11	16						50		14				n'-						I 1
60	[×= _	I				a1 -	58	1:"	I		94 - Y			1.7			-9 C		I		I
r¢.																					
	Ω_{-}			61		65		1	1	8				67	65	() 			1		
		l	L								l	l									
		10			73				1-				17						2.1	74	
						I 1	I 1		1												
5				75						15			<u> </u>					17	<u> </u>		16
						I 1	I 1														I 1
	1.5	90	(0 -					8.2	άl				81						á,		
	1.	1	I-						1				· ·								I 1
I	55	 	<u> </u>		-	117	30		30	<u>├</u>	<u> </u>	×.	-				<u> 5</u> !	97		<u>├</u>	⊢
	* _					Ů.	·~										<i>"</i>	1			I 1
	21					┣──	┣━━	·#•		<u> </u>		¥5.		<u>18</u> .		47	_				
	 ^'					I 1	I 1	.						:**		1.					
0		┝──	┝──			┣──	—			-00	101	<u> </u>	┝──				_	┝──	-r/s 1	104	
	1:00	1			W)	I 1	I 1			-ω	per .				112 2				1.63	102	10
													<u> </u>							<u> </u>	⊢
			106	177			196		. (a		1.0										I 1
k																					
	212	1.3				11	I 1		1					150							I 1
																					L
	1.8				1.24	I						1-10	[10]		1.22		15.2				1
ym -																					
	724							150							140						
90	l	l				I 1						l	l								1
	127								126							125					T
	1	1								1	1	1	1						1		





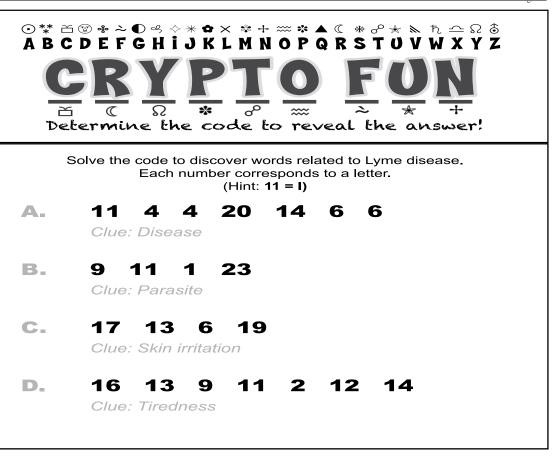
I am a pop singer born in Michigan on April 27, 1988. I started performing as part of music groups in 2011, and by 2014 I was named an artist to watch. I'm known for my flute-playing abilities and bodypositive stance.

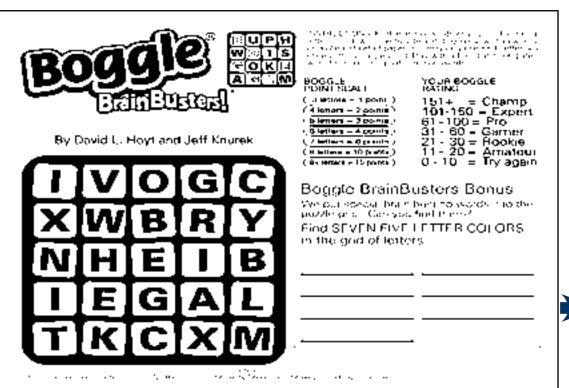
Sudoku #2

	7							
9 8		5	8					
8				7	5			
		6		2	8			
3			6			1	7	
2						6		9
					1			
1	6		2	9		7		
			4			3		

Puzzles & Comics Answers on page 26

_																					
		T		K		ß	E		SE	S			R		S	E		RC			WODDS
	IMAAVMANTIBODIESS	W A D C A N A P L A S M O S I S A	H E V S E S O N G A I D B J A R M	O E O X A E B B M T W U G N R S D	NVCTPTXBUFKEETTEB	W I A U N O R F A M N R D V H S E	P T T P T E I E U C V W N M R S N	N A E N T R L Y A O T W T C I A M	C N B E M Y W L U T S E P R T R U	U R B T F F I S E S M D R Y I G H	E E U I W U S L T P S E O I S B G	R T I B T Y I G I W E T N O U F C	U L P R S D I P H T U R N T W M	SATTERYTHEMAMIGRA	0 H E S S J M W I Y N B R S O P F	P M Y T S S E N L L I S V F W J H	XCBFSPGKEJMWMKTUO	E D I I V B C U V O D I N F E C T	M M O P P I H N B L A C K L E G G	J X D F T R M A N T I B I O T I C	KORDS ACUTE ADVOCATE ALTERNATIVE ANAPLASMOSIS ANTIBIOTIC ANTIBODIES ARTHRITIS BACTERIUM BITE BLACKLEGGED DIAGNOSES ERYTHEMA MIGRANS EXPOSURE GRASSES ILLNESS INFECTED JOINTS NERVOUS SYSTEM PETS REPELLENT
	R J G	A B K	C D L	U N S	T M T	E S E	I S P	J Y B	F M T	S P O	K T F	V 0 0	R M B	N S H	M S P	J M D	K I D	E D L	E D D	A W I	SYMPTOMS TICK TREATMENT WOODS





Find the words hidden vertically, horizontally, diagonally, and backwards.













CaSteamco.com

- Flooring
- · Electric (Recessed light)
- Patio Enclosures
- Room additions Counter Top

 Free Estimates / Excellent References Quality Craftsmanship / Innovative Design

714-900-0307 949-246-7960(CELL)

LNScoreconstruction@gmail.com





CA License #: 942112

For More Information, Call 949-773-2433 (CHEF) www.ChefsForSeniors.com



lel

Specializing in Serving Leisure World Residents

We service MITSUBISHI & install **HEAT PUMPS**

Free Installation Estimates Sales • Repair • Installation

Lowest Prices In Town All Work Guaranteed

714-901-0552

Cal. St. Lic. # 719734

Professional Services





mp.construction2@aol.com

562-746-5400

Lic.# 954725



All home improvements

Quality work

Beautifying Leisure World for over 20 years

Marco Garcia General Contractor 562-726-2476



OTHER SERVICES + Probate Administration + Trust Modification + Small Estate Affidavits + Legal Name Changes Service Includes: • Two visits w/office • 23 YEARS' EXPERIENCE • AFFORDABLE FEES Web site: www.amstrustlaw.com

(714) 899-9671

Law Offices of Allan M. Soto, Inc. 7960 W. McFadden Ave. • Westminster, CA 92683

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., in Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum on the second and fourth Sundays. Primary Classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The reading source for this year is the New Testament. The reading assignment for he week of May 8-14 is Matthew 19-20, Mark 10 and Luke 18.

The "Come, Follow Me" devotional asks, "If you had the opportunity to ask the Savior a question, what would it be?' When a certain rich young man met the Savior for the first time, he asked, 'What good thing shall I do, that I may have eternal life?' (Matthew 19:16). The Savior's response showed both appreciation for the good things the young man had already done and loving encouragement to do more. When we ponder the possibility of eternal life, we may similarly wonder if there's more we should be doing."

FCC

from page 20

meets from 10:30-11:30 a.m.

Pastor Bruce Humes leads the prayer and Bible study group on Fridays from 6-7 p.m.

All are welcome to join.

Scripture of the Week

"For what great nation is there that has a god so near to it as is the Lord our God whenever we call on Him" Deuteronomy 3:7. Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call 562-431-8810.

	SCRABBLE G R A M S SOLUTION													
T	H	E	R.	E.	T	O.	RACH 1 -	60						
8	A.	N	D.	s.	A-	w.	RACK Z .	64						
A.	D/	W.	0-]	$\left[M_{\rm s}\right]$	A:	N:	RACK 3 #	89						
[™] P√	A.	RI	B⊳Ì	A.	[K ₀]	E-	RACK 4 =	65						
$ \mathbf{D}_i $	E-]	$[\mathbf{C}_{2}]$	E•]	Α:	$ S_1 $	[E·	RACK 5 -	60						
PAR			TOTAL											

Crossword Answers

5	м	0	я	5	S			5	А		м	А			×	A	13	1	Г	N
С	A	N.	A	2	T	Δ		P	Ľ	С	А	C	S		£	M.	E	P	G	с.
Α	-	⊦	н	T	÷	n		F	Α	5	т	F	0	ю	n	Ľ,	н	Α	O	5
в	1	C	L		A)	נט]	Ч			[G	11	L	Δ.	[H]	s		Ŀ	N	۱	S.
А	13	A		Ĥ	F1	F	A	т	Έ.	F		F	я	А		Т	М	5		
ß	Ľ	R	G	[u	N	[0]	×.	W)	0	С	S		[<u>-</u>	ŢΤ	0	N		[0]	Α	S
			Α	5	S		5	1	P		C	ο	п	F	я	R	ι	o.	С	ĸ
s	М	J	S	[+1				D	C	м	J	A		s	Δ	L	ε	R	м	0
Ρ	F	т			\$	н	F	D		0	I.	F	\$			O,	т	7	F	R
۲	ι	А	н		ы	E.	N)	$\left \cdot \right $	8	υ	Р)		11	Α	Ι	0	s			
	7	٠I	7	С	u	п	s	E	o	F	т	ŀ:	7	Ħ	٨	v	в	0	0	
			[N	0	[+]	[s]	Y		D	1	S	0	0	[C]	[Y]		ε	м	ν	9
٠I	0	т	F	м			A	т	А	D		м	А	т	Ş.			Ι	5	н
٨	5J	A	G	а	Λ	₩.		٨	ч	A,	C	С				ъ	٨	7	۳	×.
ι	Т	ж	ŀ	٨	v	Т	в	\mathbf{C}_{1}	0		F	Ι	LJ		Т	۲)	0			
U,	1	L		0	[E]	[L]	1		P	11	\mathbf{o}	С	Ľ	S	S	6	É	Α	С	н
		۰I	0	Π.		Т	P	a		Ð	S	Ē	С	А	я	F		5	4	0
>	Ņ	С	. 7		D	٤	ε	Ρ	C	5			к	Т	٨		Ρ	-	ĸ	A.
F	0	4	Ι	С	ю	IJ	Ν	1	D	0	W.	\mathbf{N}		Т	E	6	н	Α	Т	H
Ą	G	R	Е	Ξ	S		s	T	G	54	Е	С		S	L	Ε	D	G	Е	S
в	$^{\circ}$	г	ſ	[1]	F			5	`⊢	\mathbf{S}	r	A			[1]	N.	s	' о	H	F
S	nd	lo	kı	1]		h	ST	we	P	5										

1 3 8 6 2 9 5 4 7

Beit HaLev

Beit HaLev and Rabbi Galit-Shirah conduct online livestream Shabbat services every Friday evening and Saturday morning.

To join the Beit HaLev "Zoomagogue" interactive service, go to https://us02web.zoom.us/j/ 9152434704?pwd=THJGTE1O UXI5VXFDTWtuZHF4K3Vx-UT09. The meeting ID is 915 243 4704 and the passcode is RavGalit.

People can also join on Facebookatwww.facebook.com/ galityomtovOn or YouTube at https://www.youtube.com/channel/UCU LHxFlq4-vsxs07H-U1Rw.

Shabbat Ma'ariv services on Friday, May 5, at 5 p.m. and Saturday, May 6, at 10 a.m. include the counting of Omer. The Omer is literally a measurement of barley, but it serves as a method of counting the 49 days needed to arrive at Mt. Sinai-Beit Ha-Lev counts each day until the holiday of Shavuot, giving each day a virtuous attribute so that souls may ascend and purify before celebrate the Giving of

9

8

5

3

6

2

6

4

1

7

8

9

7

3

2

4

1

5

2

5

3

6

9

8

1

6

7

5

2

4

8

9

4

1

3

5

1

6

9

7

3

4

7

8

2

5

6

3

2

9

8

4

the Torah.

This week's Torah reading is "Emor" (speak), from Leviticus 21:1-22:16, and continues the instructions to the Levites, Kohanim and their families on what is commonly referred to as the "Holiness Code." Some of the criteria include regulations on choosing a wife, rules for disqualified Kohanim, sacrificial animals and sacred food.

All Beit HaLev services share special prayerbooks onscreen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-

Shirah are a part of the Union of Jewish Universalist Communities and Clergy. It is progressive in thought and traditional in liturgy. Services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid.

To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Redeemer Lutheran & St. Theodore's

The Truth-filled Way of Life" is the theme at Redeemer Lutheran and St. Theodore Episcopal Church's worship service on Sunday, May 7. LWers are invited to join the community and share the word with Communion and hymns at 10:30 a.m. in the sanctuary at 13564 St. Andrews Drive, across from the Administration building where ample parking is provided.

As part of the church's outreach mission, people are asked to bring cans of soup to be distributed to those in need in the local community. For more information about the service or the work of the church, call 562-598-8697.



Crypto Fun Answers A. illness B. tick C. rash D. fatigue

Boggle BrainBusters Answers

BROWN WHITE GREEN REIGE CREAM WORY RLACK

5	9	7	4	1	З	8	2	6
2	4	1	8	5	6	7	9	3
8	5	3	1	2	0	6	4	7
1	2	9	7	6	4	5	З	8
	-							
6	7	4	3	8	5	9	1	2
6 4	7			8		9 2	1 7	2
6 4 7	7 6 1	5			8			2

The Basic Rules of Sudoku: • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed. • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-bers in the course of the game. • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same. • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku mwzle can be the same. e the

puzzle can b • Each block r, the same. k must contain all of the numbers 1 through 9 and no two numbers in the same block of a zle can be the same

Jumble Answers

SCULPT SLEIGH AWAKE. NANNY. When they dressed the cat in a St. Nick costume for Christmas, he had — SANTA "CLAWS"

													Wa	ord-	Fir	nd 4	Ans	swe	ers	
Ι	W	Н	0	Ν	W	Ρ	Ν	С	U	Ε	R	U	S	0	Р	Х	Ε	М	J	
М	Α	E	Ε	V	Ι	Т	Α	Ν	R	E	Т	L	Α	Н	М	С	D	М	Х	
Α	D	V	0	С	Α	Т	Е	В	В	U	Ι	Ρ	Т	E	Y	В	I	0	D	
Α	С	S	Х	Τ	U	Ρ	Ν	E	Т	I	В	R	Τ	S	Τ	F	Ι	Ρ	E	
V	Α	Е	Α	Ρ	Ν	Т	Т	М	F	W	Т	S	E	S	S	S	V	Р	Τ	
М	N	S	Е	Τ	0	Ε	R	Υ	F	U	Υ	D	R	J	S	Ρ	В	Ι	R	
Α	Α	0	В	X	R	I	L	W	I	S	Ι	I	Υ	М	E	G	С	H	М	
Ν	Ρ	Ν	В	В	F	Ε	Y	L	S	L	G	Ρ	Т	W	Ν	K	U	Ν	Α	
Т	L	G	М	U	Α	U	A	U	E	T	I	Н	н	I	L	E	V	В	N	
I	Α	Α	Т	F	М	С	0	T	S	Ρ	W	Т	E	Υ	L	J	0	L	Т	
В	S	I	W	Κ	Ν	V	T	S	М	S	E	U	Μ	Ν	I	М	D	Α	I	
0	Μ	D	U	E	R	W	W	E	D	E	T	R	Α	В	S	W	Ι	С	В	
D	0	В	G	Е	D	Ν	Т	Ρ	R	0	N	N	М	R	V	М	Ν	Κ	I	
I	S	J	N	Т	V	М	С	R	Y	I	0	T	Ι	S	F	Κ	F	L	0	
E	I	Α	R	Т	Η	R	I	Т	Ι	S	U	W	G	0	W	Т	E	E	Т	
S	S	R	S	Е	S	S	Α	R	G	В	F	М	R	P	J	U	С	G	I	
S	Α	М	D	В	Е	Ν	М	U	Н	G	С	Μ	Α	F	Η	0	Т	G	С	
R	Α	С	U	Т	E	I	J	F	S	Κ	V	R	Ν	М	J	Κ	E	Е	Α	
J	В	D	Ν	М	S	S	Y	М	Ρ	Т	0	Μ	S	S	М	I	D	D	W	
G	Κ	L	S	Т	Е	Ρ	В	Т	0	F	0	В	Н	Ρ	D	D	L	D	I	



FUSION

from page 10

to music. People should bring their own weights to the meetings at Veterans Plaza.

In addition to health benefits, being involved in this club has a social element. The club has lots of interesting people, including member Jerome Kluever, who takes his exercise very seriously, not only in the Fitness Fusion class but also in the Zumba and table tennis clubs.

In fact, that is why Jerome moved to Leisure World as soon as he found out that they had a room full of ping pong tables. People have interesting back stories, like Jerome who was once a prison guard at the Richard J. Donovan Correctional Facility in San Jerome Kluever Diego. He also



met his wife, Nicole, at an airport and thought she was the prettiest girl he ever saw.

Fitness Fusion has class size limitations on Tuesdays but not on Thursday and Saturdays at the Veterans Plaza.

ELECTIONS from page 5

Drop the ballot in a U.S. Mailbox as soon as possible. Your ballot must be received before noon on the business day BEFORE the annual meeting. You may also hand deliver your ballot to Clubhouse 4 on the day of the annual meeting. See instructions on your ballot for further information. Do not forget to sign the outside return envelope.

I still have questions about annual meetings and elections. Who can help me?

Contact Rosie Estrada, Stock Transfer manager, at 562-431-6586, ext. 346, or Ripa Barua, election specialist, at *ripab@lwsb*. *com* for assistance.

The election schedule is provided below to assist with dates for your specific Mutual and save the date to attend your annual shareholder meeting. Mutuals are listed in order of annual meeting.

SAFETY from page 4

Nixle subscribers will receive alerts for severe weather, criminal activities, severe traffic or traffic accidents requiring street closures, DUI check points, missing persons and local events. To sign up to receive alerts from you local agencies simply text your zip code to 888777.

AlertOC

AlertOC is a mass notification system designed to keep Orange County residents and businesses informed of emergencies. By registering with AlertOC, time-sensitive voice messages from the City of Seal Beach can be sent to your home, mobile, or business phone. Text messages may also be sent to mobile phones, e-mail accounts, and hearing impaired devices.

Public mass notification systems have become a critical component of emergency preparation and response.

Public safety officials utilize the system to rapidly send out messages when there is a perceived, emerging, or imminent situation that may require community action, such as evacuation.

Based on the severity of the event, AlertOC may be used to contact residents by one or all of the following methods: home, work and mobile phones, email and text messages.

Residents are encouraged to sign up for this important notification service. From your search bar type the words: "AlertOC—Sign Up" or type the following link in your search en-

gine https://member.everbridge. net/453003085613900/login LW Live

Leisure World Live is an email messaging system designed to keep LW residents and their families informed on street closures, major construction activities, emergencies, community events, and Optum medical related information.

To sign up to receive LW Live alerts, go to *lwsb.com* and click on the blue square located at the right side "Stay Informed Subscribe to LW Live" and fill out the form that pops up.

For more information regarding emergency preparedness or this article, contact Eloy Gomez, GRF health and safety specialist at 562-431-6586, ext. 356.

MEDICARE from page 8

Medicaid (Medi-Cal) card.

• You may even get a phone call or information from your current Medicare Insurance company reaching out to help you re-qualify for your Medicaid.

• If you or someone you know is denied renewal of your Medicaid (Medi-Cal), call a specialist or me at 657-204-4224 to discuss options.

Other Medicare changes include:

• You may need to pay for those at-home COVID test kits now. Some COVID tests ordered in a doctor's office will be covered.

• COVID treatments like Paxlovid will still be covered for beneficiaries through their prescription drug plans. However, there may be a co-pay for the prescription.

• Free telehealth video chats with doctors or healthcare providers will still be in place until the end of 2024. Before the pandemic, telehealth usually came with a cost.

• A Medicare provision that allows hospitals to treat patients in their homes instead of on-site is extended until the end of 2024. This effort began in November 2020 to free up hospital beds.

• Beginning 2024, Medicare will expand the types of behavioral and mental health providers it covers: added to the list are intensive outpatient mental health services.

BIKE

from page 9

on Thursday, May 18, from the Orange Metrolink Station to the OCTA Administrative Headquarters at 600 S. Main St. in Orange. The bike rally is an approximate 3-mile ride, followed by an event featuring speakers, a free t-shirt for each participant, snacks and raffle prizes. Those planning to participate are asked to RSVP at www.octa.net/bikemonth.

GENERAL

Calling All New-Comers to Leisure-World: Join Open-Forum-Discussion for questions regard-ing Leisure-World-Community. Saturday/May-06th/(11:00am-1:00pm). Call/714-654-5434 for Mutual-5 meeting-address. $_{Exp}$ 5/10

LANDSCAPING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/ Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor License 779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 $_{Exp 6/07}$ Painting/FREE Estimates. 1-room or entire-house and refinish kitchen

Cory Gee Painting. Affordable, Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/Pressure-Washing/Cabinets. Senior Dis-counts 714-308-9931. State Contractor License 1049257 Exp 7/26

562-596-0559,LWDECORINC. Premium-Paints. Interiors/ Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew.40+/Years in LW. State Contractor License 723262 Exp 7/26

UPHOLSTERY / **CARPET CLEANING AND TILE & GROUT**

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito. State Contractor License 578194. Exp 5/24

WINDOW WASHING

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 5/24

LEISURE WORLD HELPING LEISURE WORLD

MOST AFFORDABLE RATES with/optimum service, 30-years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/ Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 5/10

EXPERIENCED CAREGIVER **Over 25+/years in Leisure-World** with/Excellent References! Hourly or Live-in. Please Call **Pampet/562-371-4895.** SB Business License PAN0003. Exp 7/19

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 5/17

HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 _{Exp} 7/05

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 5/24

GRACIAN'S HOUSECLEANING & WINDOWS. WINDOWS 10% OFF first cleaning. General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Exp 7/12 SB Business License GRA0006



cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 5/24

HANDYMAN SERVICES

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable.Call JR 562-519-2764.SB Business License JRH0001 Exp 7/12

562-596-0559 LW DECOR INC.

Kitchen/Bathroom-Remodeling. Install Microwave/Dishwasher/ Recessed-Lights/Closets Redesigned/Cabinets-Refaced/ New-Windows/Patio-Storage and Enclosures. Exp 7/26 40+/Years in LW State Contractor License 723262

BATHTUB & SHOWER REFINISHING

..... •• We refinish your SHOWER/ TUB to look brand new. • Convert to WALK-IN . SHOWER and/or raise seat. Nu Kote 562-833-3911. • Serving LW since 1999. License 699080 Exp 7/19

Bel-Rich Painting. Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 5/17

Painting service for exterior or interior repairs, texture/drywall/ cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/22/23

SKYLIGHT SERVICES

SKYLIGHTS CLEAN AND REPAIR. Licensed and insured. Dan (562) 841-3787 Exp 7/12 SB Business License BRA0002

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. Exp 11/29/2023

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

"ROLLIN THUNDER" GOLF CART CLUB Offering FREE advice on buying and selling of your Golf Cart. Also batteries and Safety Flags. 562-431-6859

HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/ Doctor-Appointments/Érrands/ Available_24/7.949-899-7770.SB Business License HEL0006. Exp 7/05

CHRISTIAN HOME CARE Experienced, knowledgeable caregivers. Honest/Assertive/ Fluent-English.Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280.Bonded/ Insured. SB Business License BCS0002. Exp 6/21

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 7/26

BEAUTY SERVICES

Tammy Nguyen Phenix Salon. Service in private suite. Onecustomer.One-hairstvlist.Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/ Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 7/05

In home haircare, serving the menand-women of Leisure-World for 36-years. Mel Cell/562-480-9341 SB Business License KC75538. Exp 5/10

Experienced Korean-Barber at Dal Je's Salon. 562-626-8122, 562-431-4603. 5-minutes from Leisure-World!Cannot-WAIT-to-Serve You! PLEASE ask for Sue/ Thank-You! SB Business License 14203016. Exp 5/31

General housekeeping, 30+ years experience. Bi-weekly or monthly SB Business License RAZ0002 Call Gloria 949-371-7425. Exp 5/17

Maria House-Cleaning We'll make your house look NICE-as-possible! 15+/years experience. We can work with/ your schedule. Bi-weekly/ Monthly. Deep-cleaning.Call/ Text/714-496-2885. Exp 5/17 SB Business License HER0008.

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days/call anytime! Complete-cleaning.562-505-1613 SB Business License M0001A. Exp 6/28

Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830 SB Business License 14206409. Exp 6/28





FRUSTRATED

(PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business

John's Computer Services

Virus-Removal/Internet Security

CHAIRS FOR SALE

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258 Exp 5/10

TRAILERS

ELECTRIC CAR PADS

J&D HAUL-AWAY AND **CLEAN-UP SERVICE**

FOR SALE

Estate Sale - 1860 McKinney Way, Mutual 15 - 21B. Thursday, May 4 and Friday, May 5 from 8:30 to 2pm. Lovely sofa, several wing back chairs, beautiful carved cabinets and mirrors. Small tea cart, contemporary dining set with butterfly leaf, buffet server, and hutch. 32" round oak table with 2 chairs, bookcase, small desk, large armoire, original art. Tons of small figurines, pelicans, polyphon music boxes, antique flat irons. Dresser/mirror, desk. Men's western boots (size 12), hats, bolos. Ladies clothing (size L), and so much more. Estate Sales by Docia Drake, 714-514-8232. POB 327, Seal Beach. **Business License ESC0001**

Thursday/May-4th & Friday/ May-5th,9:00am-2:00pm.Clean sale with lovely furnishings. Dining-Room Table/Chairs. Beige 6' Sleeper Couch, Living-Room/Couch, Asian-Style Black drop-desk bookshelf, kitchen bed, computer-desk, boil BBQ, lamps, mirrors, dishes. Look forward to visiting with you Glinda Davis/714-943-1818







Seal Beach, CA 90740

Mutual 4-77E





Joanie Korman



Seal Beach, CA 90740 BRE 00338699

HomeServices **California Properties**

\$218,000



Mutual 3-28C \$217,500 Expanded, double pane windows, upgraded kitchen, good location

One-Bedrooms

Mutual 1-40D \$229,500 Great greenbelt, enclosed patio, skylights, very nice

Great location, close to parking

Mutual 1-49B

Elegant unit with upgraded appliances

\$259.000

Mike Varipapa 562-235-7413



<u>Two-Bedrooms</u>

\$318,000 Mutual 1-26L corner unit with extra large skylight

Mutual 11-273L \$349,900 Spacious corner in private location

Mutual 15-46P \$377,000 A/C, washer/dryer and dishwasher

\$389.000 Mutual 2-26A Unit has central A/C, washer/dryer, dishwasher and microwave.

Mutual 1-10G \$425,000 Corner unit in a desirable location

Mutual 2-29E \$585,000 Elegant and unique. A must see!









Jay Cho 714-944-4998

Philip Bak 213-550-9991



Fay Wescott 949-212-8748











Specializing in the LW Community 562 **618-9940** 562 **884-3594** Yes we are **SISTERS**



Kathy Gupton Associate Broker DRE # 00744676



562**514-6613**

DRE# 02186926

M2-29E

\$585,000



Realtor DRE # 01057681

Mutual9-212C

Mutual6-143A

Mutual 9-225C

Mutual 9-230D

Mutual11-283D

Mutual 4-51D

Mutual 8-189D

Mutual 14-17B

Mutual 8-188H

Mutual 8-189B

Mutual 2-40J

Mutual 2-49B

Mutual 2-17G

Mutual 9-59G



Elegantanduniquedescribesthis2Bedroom134BathroomcustomLeisureWorldhome. Enter though a leaded glass door into a lovely living room that features an entry closet, crown molding, electric fireplace, double pane bay windows, tract lighting and it is carpeted. The exceptionally spacious kitchen has custom cabinets with Quartz counter tops, built-in stove top, oven, microwave, refrigerator, dishwasher, and features recessed lighting. Formal dining room has crown molding, wood plank flooring, and double pane sliding glass doors to patio. Main bedroom is carpeted, has a walk-in closet, crown molding, tract lighting, and double pane sliding glass doors to patio. Main bathroom has a shower over bathtub, tile flooring, Quartz counters, and sola tube. Second bedroom is carpeted, has a wardrobe closet, double pane windows and overlooks patio and garden area. Second bathroom has a shower, cabinets with Quartz counter, double sinks, and washer/dryer. Hallway has a linen closed and an additional storage closet. Extra features include attic storage space, two private side patio's and garden Space that runs the length of the home, and small private tiled entry patio.

Mutual 1-26L \$318,000

A must see corner 2 bedroom 1 bath cottage newly redecorated. This charming home is light and bright and ready to move in. It has new deluxe vinyl flooring though out and has been newly painted. The Kitchen has white cabinets and features built-in appliances including a built-in dishwasher and extra- large skylight. The bathroom has a large skylight and cut down shower for walk-in convenience. The private patio has new indoor/outdoor carpeting and walk-in storage closet. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities including, a swimming pool, Jacuzzi, 9 hole 3 par golf course, bocce ball, shuffle board, arts, ceramic and sewing room, a variety of exercise and card groups, library, health care center, amphitheater and so much more. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



M4-77E \$249,900



Charming upgrade and recently remodeled 1 bedroom, 1 bathroom home. This delightful home has many upgrades. Spacious living room is light and bright and features leaded glass entry door, double pane windows with plantation shutters and deluxe vinyl plank flooring. Kitchen has new built-in appliances including Bosch stove and oven, LG double door refrigerator with lower freezer, new sink, and costume counter tops and new ceiling fan. Bedroom has deluxe vinyl plank flooring and double pane sliding glass doors to patio. Bathroom has new counter tops, sink, high boy toilet and cut down shower for walk-in convenience. Private patio has indoor/outdoor carpeting with patio storage and gated entry

M11-273L \$349,900

Mutual 6- 117L Mutual 15-39A Mutual 10-258H Mutual 6-1351 Mutual 10-258B Mutual 1-31E Mutual 5- 117L Mutual 12-61C Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-2861 Mutual 5-117G Mutual 2-46H Mutual 1-67E Mutual 4-49G **Mutual 8-183G** Mutual 11-285D Mutual 9-216H Mutual 7-164L Mutual 2-6G Mutual 11-285A Mutual 11-263A Mutual 4-49B Mutual 8-201L Mutual 2-6L Mutual 7-165E

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resortlike 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



Recipients of the Berkshire Hathaway Presidents Circle Award Call and let us present our extensive marketing program. Members of M.L.S. BERKSHIRE HATHAWAY Visit Our Website: www.thesealbeachsisters.com 13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



CAROL GASPER, Resident Realtor & NICK MONTEER, Broker Lic# 01276484, 01927606

562.716.1547 213.880.8220 gcarol1966@gmail.com nicholasmonteer@gmail.com

GASPER MONTEER



www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of <u>39</u> pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1201 Oakmont Rd #196H | M8 | \$349,000 Gorgeous greenbelt 2bed/1bath with partial expansion and exterior storage. Immaculate home with laminate floors throughout, Central HVAC, skylight, shutters on all windows.



13660 Annandale Dr #21F | M1 | \$379,000 Corner patio with garden walk up looking out onto the golf course! 2Bed/1Bath, heat pump, light and bright kitchen with skylight and newer appliances. Bamboo floors, dual pane windows, washer/dryer, meticulously



1080 Foxburg Rd #216i | M9 | \$369,000 Adorable 2bed/1bath unit with full tiled patio and large bright skylights throughout. Washer/dryer, AC heat pumps in living room and both bedrooms, luxury vinyl flooring throughout, granite countertops, oversized storage unit and gold cart pad!



13800 El Dorado Dr #24B | M3 | \$369,000 2Bed/1Bath fully expanded unit with BIG beautiful windows in front. AC heat pumps, new carpeting, laminate floors and paint throughout. Skylights and cutdown shower in bathroom. Golf cart included!

Feb

Jan

Mar

Apr

May



13131 Shawnee Ln #268C | M11 | \$309,000 Adorable 2bed/1bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!

Sept

Oct

Nov

Dec



Jun

July

Aug

Cinco de Mayo TRADER Basket!!!



13200 Del Monte Dr #23P | M15 | \$329,000 Upper unit 2bed/2bath with window patio enclosure. Galley kitchen with newer oven and refrigerator. Blank canvas ready for your interpretation!

On May 1st, 2023 a total of 64 units show as active listings on the CRMLS (this is where Realtors list property for sale)

> 13 - 1 bedroom/1 bath units from \$215,000 to \$259,000

37 - 2 bedrooms/1 bath units from \$265,000 to \$459,000

14 - 2 bedrooms/2 baths units from \$329,000 to \$597,500

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!

ongrats to

a basket filled with all the cinco de mayo must-haves and a \$100 trader joes gift certificate!

BIG THANK YOU to all our entries! Keep an eye out for our next raffle coming soon!



At On-Site Home Sales, we SPRING into action when listing your home! Your transaction begins and ends with our office, from painting and flooring - to signing escrow papers! We do it all!



Mutual 2 58H \$395,000 Expanded 2 Bedroom 1 Bath



Mutual 11 275B \$319,000 Cute 2 bedroom 1 bath



M10 - 238H \$325,000 Lovely Drive up 2 Bedroom 1 Bath



LWWeekly

M3 - 34F - \$399,000 Two-bedroom Upgraded unit; Washer/Dryer



M9 - 220B - \$305,000 Basic two-bedroom unit; Easy access; Faces the breeze



M8 84F - \$399,000 Corner 2 Bedroom 1 Bath with enclosed Patio on Greenbelt



M3 - 9C - \$235,000 Partially expanded one-bédroom unit;



M11 - 283J \$258,000 Fully expanded one bedroom, one bath on a greenbelt



M11 - 264H \$529.000 Gorgeous 2 Bedroom 2 Bath with Washer/Dryer



M12 - 62A \$459,000 Gorgeous Expanded Corner with added Bathroom



M4 - 81E - \$247,000 Very nice one-bedroom unit;



M1 - 45B \$215,000 Basic East facing One Bedroom



M1 - 44D - \$259,000 Gorgeous 1 Bedroom Close to Amenities



M9 - 220C - \$315,000 Basic 2 bedroom one bath



M10 - 253D \$310,000 Basic 2 Bedroom 1 Bath



M3 - 16C - \$395,000 Two-bedroom full expansion!

adi(gad

Expd. bedroom; Tiled patio!



M7 - 176F - \$479.000 Beautiful 2 bedroom 1 bath unit!





Escrow Office

Dawn Januszka





Verna Chumley Realtor®



Realtor®

M14 - 32H - \$445,000

Fully expd. two-bedroom corner

home; The Beverly Hills of LW

Shawna Verrette John Webster Realtor®



Tony Accetta













Realtor®





Giving Back to the Community on Every Real Estate Transaction!



Enclosed patio; On lovely green



M15 - 33F - \$499000 Nice atrium unit with huge front patio!



M9 - 208D - \$369,000 Fully Expanded 2 bedroom 1 bath

