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VETERANS PICNIC: RSVP now for the FALW’s annual veterans picnic on July 1. See page 14.



CALLING ALL CRAFTERS: Recreation Department seeking vendors for Fourth of July event. See page 19.

HEALTH



Alzheimer’s OC introducing Memory Support Team in LW

Alzheimer’s Orange County (AlzOC), with the support of numerous community partners, is pleased to introduce the Leisure World Seal Beach Memory Support Team (MST).

The MST will provide a variety of memory support programs and services to LWSB shareholders and families concerned about memory loss and/or cognitive decline.

The MST is comprised of dementia care specialists and care team navigators who will team with residents to support their efforts to live productively and independently.

The development of the MST was greatly influenced by the thoughtful and persistent advocacy of the Golden Age Foundation.

MST programs and services, many of which are planned to begin this June, will include:

- Brain health classes
- Memory and cognitive screenings
- Memory training programs
- Early memory loss workshops
- Individual and family dementia care consultation and care options counseling
- Medication reviews and reconciliations
- Home safety evaluations and dementia-related safety screenings

MEMORY SUPPORT, page 3

Bicycle Safety Month

May is National Bicycle Safety Month. The Seal Beach Police Department and California Office of Traffic Safety (OTS) want to remind motorists and bicyclists alike to be courteous and share the road safely. Although bicycle safety is something that should be observed every day of the year, the month of May is dedicated to encouraging drivers and bicyclists to do their part to help reduce deaths and injuries on California’s roads.

“We all have places to be and not everyone gets there by car,” Chief Michael Henderson said. “Bicyclists and

BIKE SAFETY, page 3



Essie Mildred Bohannon Carter



Thuy Do (center, in green) with family members.

No one quite like her
Tributes to the mothers of LW

To Rosie Otte,
Mutual 6

Rosie Otte is an amazing woman who has dedicated her life to supporting her family. As a mother, grandmother, and great-grandmother, Rosie has undoubtedly played a vital role in shaping the lives of the people she loves. Her love, guidance, and support have undoubtedly helped her children, grandchildren, and great-grandchildren to achieve their dreams and become the people they are today. On this Mother’s Day, it’s important to acknowledge the incredible impact that Rosie has had on her family. She has been the glue that has held them together, providing a sense of stability and continuity in a world that is constantly changing. Her selflessness and devotion to her family are truly inspiring.

So, let us take a moment to honor Rosie Otte and all the other amazing mothers out there who have dedicated their lives to their families.

They are the unsung heroes of our world, and they deserve our deepest gratitude and respect.

—Cathy Otte

To Mable Schriver

When I was a little girl, my grandmother, Mable Schriver, moved into LW. It was brand new then and it was fun to come every week for lunch and see the big world globe in the water out front. Grandma was the center of our whole family. Over 100 of us have been here to visit her and get some of her wonderful hugs and love.

Years later, grandma needed help,

so my aunt Berneace Sabo moved in to assist her. She was very active in various clubs here in LW, including the swim club.

After my aunt’s passing, my cousins, Roger and Michi Broms moved in and a few years later my husband and I moved into another home here in LW and have been here for over 16 years. “And the beat goes on!”

—John and Debbie Shields,
Mutual 5

To Helen Lockyer

My mom, Helen Lockyer is an encouraging, strong and positive woman. She cheered for me in the stands while I played softball, drove me to the beach to surf, and took me with her to to play golf. She inspired me to follow my dreams and never give up. My mom is beautiful inside and out. Happy Mother’s Day mom! I love you.

—Pam Krug, Mutual 6

To Emily Rosina

My mum, Emily Rosina, was born a city girl on Christmas Day in Norwich, England, in 1912 to Percy, a policeman in the city, and Emily, a housewife. She loved city life, so it was a difficult adjustment to move into village life after she married my dad in 1935. Her character grew no doubt in leaps and bounds as she pumped water in order to flush the toilet or fill the copper for washing the clothes. In 1939, she became a mother to Jackie, then John and later to me. We were all born during the Second World War.



Isobel Riley



Helen Lockyer

I admire my mum’s fortitude under stressful situations. She always saw the bright side of life even in bleak times. She learned to appreciate the birds she saw and heard in the country. She loved us three; we were the best thing that ever happened to her. She always encouraged me to make the most of every opportunity that came my way. She let me practice recipes I had learned in cooking class and never complained of the mess I made! She was the most “let go” person I’ve ever met, letting me freely come to America with my husband after losing my dad and her husband three weeks earlier. I’m happy to say my mum remarried a man who had never worn a tie in his life, a require

MOTHERS’ TRIBUTE, page 18

CRIME

SBPD involved in vehicle pursuit

Seal Beach Police Department was involved in a vehicle pursuit last weekend, which resulted in the arrest of a 38-year-old Long Beach resident suspected of driving a stolen vehicle.

On May 6 at around 7:10 a.m., SBPD officers were dispatched to the area of First Street and Pacific Coast Highway in Seal Beach after an automated license plate reader detected a possible stolen vehicle. Officers located the vehicle on PCH and Second Street in Long Beach.

A 10-minute vehicle persuit ensued. The pursuit ended after an officer utilized a maneuver meant to intervene in vehicle pursuits. The officer conducted the maneuver near the northbound 405 Freeway transition to the 710 South Freeway, forcing the vehicle into an embankment.

The male driver was taken into custody without incident. His male passenger fled on foot and could not be located.

The driver complained of minor pain and was medically cleared at a local hospital. No officers or members of the public were injured during this incident.

California Highway Patrol is investigating the traffic collision. The suspect was identified as Anthony Ramirez of Long Beach. He was transported to Orange County Jail to be booked for felony possession of a stolen vehicle and felony evading.

This is an ongoing investigation. Anyone with information regarding the incident should contact Sergeant Garcia at 562-799-4100, ext. 1649, or jfgarcia@sealbeachca.gov.

Have an idea for a story?
Email lwweekly@lwsb.com



Mariachi Zapopan perform for a crowd of residents for Cinco de Mayo.

LWers celebrate Cinco de Mayo

LWers packed Clubhouse 6 on May 5 for Cinco de Mayo—an annual celebration of Mexico’s victory over the French Empire at the Battle of Puebla in 1862. It’s one of GRF’s most popular events of the year, featuring Koffel’s Mexican food truck, virgin margaritas and a variety of Mexican and American food.

JOB OPPORTUNITY

AlzOC seeks to hire LW navigators

Alzheimer’s Orange County (AlzOC) is hiring two part-time “care team navigators.”

AlzOC is seeking mission driven, compassionate and skilled individuals who want to make a difference in the lives of those living with cognitive loss.

Care team navigators (CTNs) will be core members of the LWSB Memory Support Team (MST) being developed by AlzOC.

Alzheimer’s Orange County is a communitybased nonprofit organization that has assisted individuals living with dementia and their family care-partners in Orange County for 41 years.

The MST is an education and care coordination program that teams with families and individuals living with dementia.

The goal is to improve the health and wellbeing of people living with dementia and their care-partners, as well as to decrease unnecessary medical costs.

The heart of this care team is the navigator who, in partnership with the AlzOC clinical team, will provide a variety of services and support to individuals living with dementia and their care-partners.

Those services include:

- Assessing individuals with cognitive decline and working with them to develop a plan of care.
- Providing education and support concerning memory loss and what to expect.
- Screening for unmet care needs including clinical or medication issues, behavioral issues, safety risks and psychosocial well-being.
- Guiding families through the process of advance care planning.
- Providing connections to local community services.

The navigator will be the primary point of contact for participants and their families enrolled in the program.

Navigators will work with participants and collaborate with their health care providers under direct supervision and guidance of the AlzOC multi-disciplinary clinical team.

To view the complete job description, visit <https://www.alzoc.org/about/employment-opportunities/>.

For additional information, call Project Manager Tarah McNulty at 949-757-3759. Interested individuals should review the full job description and submit a cover letter and resume to alzoc.hr@gmail.com.

This employment opportunity is exclusively with Alzheimer’s Orange County and is not with the Golden Rain Foundation.

Memory Support Team programs and services will begin in June.

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Catherine O'Brien scores personality questionnaires.

Community Emergency Response Team

At the April 28 CERT meeting about 20 people filled out a personality type questionnaire to clarify their strengths and weaknesses, especially during an emergency.

After scoring the questionnaires, CERT President Catherine O'Brien gave a very entertaining presentation of personality types and how they function in different circumstances and with each other.

During an emergency, "idealists" are good at caring for people and inspiring others. "Rationalists" are best at making strategic plans while "artisans" seek quick action and are rarely discouraged. Those who identify as "guardians" value rules, authority and stability and are excellent scribes in an emergency.

Knowing what you are best suited for and why others act as they do can help, not just in emergency situations.

The next CERT meeting is Friday, May 26, at 10 a.m. in Clubhouse 3, Room 9.

The topic will be "Dealing with a Power Outage." All LW residents are invited.

MEMORY SUPPORT

from page 1

- Dementia education, interventions and resource linkages
- Advance care planning
- Caregiver well being
- Behavioral management support
- Respite care programming
- Personalized dementia care management services
- Memory support outreach and engagement

Many of the above services will be accessed via phone or virtually (Zoom), at the LWSB Social Services Office, events, LW clubhouses and in the homes of individuals and families living with memory loss. Enrollment for in-home services will require a no-fee clinical assessment provided by the clinicians of the MST.

All the above services with the exception of respite care programming will be provided at no cost. Respite care programming is expected to begin in January 2024, and more information about that service will be forthcoming.

The LWSB MST is funded in part by a federal grant from the Administration for Community Living, including additional financial support from the Golden Age Foundation and AlzOC. MST services are based on a model of personal care management designed to address the unmet needs of persons living with dementia and provide support for their care partners. Services will be offered in English as well as Korean.

Support for this program has also come from the Golden Rain Foundation, SoMang Society, Pathways Volunteer Hospice, CSULB Center for Successful Aging, LWSB Community Church, Meals on Wheels Long Beach and Orange County, LWSB OPTUM Care Health Center and AlzOC.

Individuals interested in participating in the Memory Support Team can call the AlzOC Helpline at 844-373-4400, weekdays from 8:30 a.m.- 4:30 p.m. or send an email to info@alzoc.org.

BIKE SAFETY

from page 1

pedestrians have the same rights to the road, but face even more risk without the protections that vehicles have. We should all be looking out for one another."

To help keep pedestrians safe, SBPD will conduct traffic safety operations throughout the month focused on the most dangerous driver behaviors. Here are some steps people can take to greatly reduce the risk of getting injured or in a crash:

Pedestrians

- Be predictable. Use crosswalks, when available.
- Take notice of approaching vehicles and practice due care.
- Do not walk or run into the path of a vehicle. At 30 mph, a driver needs at least 90 feet to stop.
- Be visible. Make it easy for drivers to see you—wear light colors, reflective material and carry a flashlight, particularly at dawn, dusk or at night.

Drivers

- Follow the speed limit and slow down at intersections. Be prepared to stop for pedestrians at marked and unmarked crosswalks.
- Avoid blocking crosswalks while waiting to make a right-hand turn.
- Never drive impaired.

Bicyclists

- Obey traffic laws, use hand signals, use lights at night (front white light and rear red reflector), and wear a helmet.
- Bicyclists must travel in the same direction of traffic and have the same requirements as any slow-moving vehicle.
- Avoid the door zone: do not ride too closely to parked cars.
- If there's a bike lane, use it, unless making a left turn, passing, or approaching a place where a right turn is allowed.
- Yield to pedestrians. Bicyclists must yield the right-of-way to pedestrians within marked crosswalks or within unmarked crosswalks at intersections.

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PERSPECTIVES

Letters to the Editor

Editor:
In response to W.H. Smith's letter (May 4) about opening a restaurant, the requirements to open a restaurant are many and complex.

It isn't as simple as "hiring a chef or two." It requires:

- A city business license and tax ID
- The business must be registered with the Secretary of State
- Certificate of occupancy
- Food handlers permit
- Sellers permit
- Health permit
- Catering business license
- Passing a Food Safety Manager Certification exam

Also included in start-up costs are overhead items such as:

- Insurance (liability/property/worker's comp)
- Monthly rental/site fee
- Payroll
- Equipment/supplies
- Purchase of food

This list is incomplete but gives a basic idea that opening a restaurant is not that simple or cheap.

Outside restaurants have already determined it was not feasible to open a restaurant in Leisure World.

I suggest that those people who want a restaurant in Leisure World prepare a pro forma to present to the GRF Board that

includes a business plan with costs and realistic location of the facility.

GRF is not in the restaurant business for a reason.

Nancy Davison
Mutual 3

Editor:

I'm writing to commend (Library Operations Assistant) Heather Kaveney at our Leisure World Library. Recently, she was assisting a client, and the computer screen asked him for a credit card number.

She asked him, "Is that OK?," and he said "Yes," so she allowed the client to complete his work.

But within just a few minutes, Heather returned to him and asked, "If the site is free, why do you need to provide credit card information?"

He thought for a minute and then decided "You're right."

Now I can't predict the future, but she may have saved him from fraud or identity theft by encouraging his caution.

I'm thankful for the Leisure World Library staff and their cheerful assistance.

In this case, Heather deserves our praise for service above and beyond the call of duty!

Kathy Ryan
Mutual 2

Council Comments

by Nathan Steele
Seal Beach City Council

As part of my work as District 5 councilman for Seal Beach, I have been given tours and presentations around Seal Beach.

I've met with every department head in city hall. I have toured the Seal Beach Naval Weapons Station, Boeing, the OC Sanitation plant in Huntington Beach, the ground water recovery system and other interesting places I never knew about in our town.

My experience visiting our 911 call center at the Seal Beach Police Department was especially memorable. Those people are real pros and do great things for our city and for Leisure World.

The 911 center is called West Cities Police Communications or "WestComm." The agency was formed by a joint powers agreement to serve Seal Beach, Cypress, Los Alamitos and the Orange County Park Rangers.

The dispatchers are very impressive, highly trained with have many years of experience handling all kinds of difficult challenges for police, fire and medical emergencies. Even in the most high-stress situations, they excel.



Councilman Nathan Steele with 911 dispatchers Kasandra Bowden (center) and Lindsay Lenart.

Here's how it works. When someone calls 911, their location is instantly mapped on the monitor right in front of the dispatcher. It could be a call for an ambulance from someone who needs directions from the dispatcher to apply immediate

first aid. It could be a call for a fire with kids in the house. It could be a call from a person whose house is being broken into where they are hiding. There are literally thousands of scenarios the dispatcher may

911, page 5

Setting It Straight

The telephone number to sign up for training classes for the new CINC Systems account management tool was incorrect in the May 4 issue of the LW Weekly. The correct number is 562-431-6586, ext. 326.

There was also an incorrect time for the training sessions. Sessions are scheduled for May 15-17. Note that the May 16 session is from 10 a.m.-noon (not 2-4 p.m.) Leisure World residents who have direct debit do not need to take any action.



An Official Golden Rain Foundation Publication
Serving the Shareholders of

Leisure World Seal Beach



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Deadlines
Editorial: 4 p.m., Thursday, prior to publication week

Classified Advertising:
12 noon, Monday, of publication week

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Mailing Address
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Delivery Address
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GOVERNMENT

Frequently Asked Questions About Elections

By Ripa Barua
election specialist

The 2023 annual meeting season began May 16.

The fever-pitch of activity will continue for the next six weeks as all 16 mutuals host their annual meetings.

The annual meeting and election season begins in January and concludes at the end of June. There are often many questions about this time of the year and why these activities are important. Here are the most common questions and their answers.

What is an annual meeting and how is it different from a regular board meeting?

The Mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year.

Directors read reports concerning finances, infrastructure, accomplishments and goals for the future. An annual meeting is similar to a state of the union speech as directors are limited to presenting reports whereas business is conducted at board meetings.

Who can attend annual meetings?

Shareholders/owners are encouraged to attend their mutual annual meeting (see schedule at right).

Are the elections and annual meetings held on the same day?

The ballot counting for your mutuals election will be conducted at the annual meeting.

How often are elections conducted?

Most mutual boards of directors are elected annually.

How many ballots will I receive?

Everyone will receive two ballots due to the GRF bylaw amendments.

Should I separate the voting-portion of the ballot before mailing it in the envelope provided?

No, return the full legal-sized ballot in the envelopes provided.

Has my ballot been mailed?

Check the election schedule (upper right) to see when the mutual ballots were mailed.

There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power. Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf?

Depending on your Mutuals election policy, proxies may be used in Mutual elections. To ensure the ballots integrity, ballot envelopes must be signed by the

shareholder member connected to that household.

Are write-in candidates permitted?

There is a space on most Mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called “nominated from the floor”) and must be present to accept the nomination.

My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to you at the address of your choice. Call Accurate Voting Services toll free at 949-556-3936 to request a replacement ballot.

The candidates on my ballot are running unopposed; why should I vote?

Your participation in the

election process is critical for the operation of this community. Every vote counts!

Additionally, the return of your properly cast ballot ensures that your Mutual will obtain the necessary number of votes to produce the annual meeting and counting of ballots.

I do not know the candidates running for my Mutuals board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on topics that are important to you. Attend meet-the-candidates events. Ask your friends and neighbors their opinion.

If you decide you still do not want to cast your votes for any of the mutual candidates, you are still strongly encouraged to vote by checking the box labeled abstain from voting-ballot counted for quorum only portion of the ballot.

FAQS, page 27

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Wed., May 17	Strategic Planning Committee Admin/virtual..... 1 p.m.
Thurs., May 18	GRF Administration Committee Admin/virtual..... 10 a.m.
Tues., May 23	GRF Board Meeting Clubhouse 4..... 10 a.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Presidents' Council Meeting Recap

THE PRESIDENTS' COUNCIL
Clubhouse 4 and Zoom Tele-Video Conference

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach was convened at 9 a.m. by President Jeri Dolch on May 4 in Clubhouse 4. It was also available via Zoom televideo conference.

The following is a recap:

- Presidents' Council meeting minutes of April 6, 2023, were **COUNCIL, page 27**

911 from page 4

face at any given moment. They need to be able to deal with each particular scenario in a way that brings out critical information from the caller quickly.

When someone calls 911, the dispatcher can see where the call is coming from instantly; the technology is right there. While I was sitting with the operator, a call came in from Leisure World, and I could see it was someone calling from Mutual 2. It turned out to be a misdial, and no one was on the other end of the line. But even that prompted the 911 dispatcher to call the number back to confirm the call was a mistake, just to be sure it wasn't someone unable to communicate.

However, if the call had been a real emergency, and the caller needed police response, for example, the dispatcher would instantly dispatch a police officer with the touch of a button. It might be a woman threatened by her ex-husband, a domestic dispute ensues, and she calls 911. The operator can see where the call is coming from and immediately sends a police officer to the house. The dispatcher would gather all the important information right away: “Does he have a gun?” “What is he wearing?,” and so on. This way the officers rolling up to the property know what to expect.

This is dangerous business as we saw in January when an armed man threatening a Seal Beach resident and her children pulled a gun on the police officers.

The officers shot the man, who eventually died from his injuries. Their main concern was the safety of the community. They attempted several times to de-escalate the situation and gain the attacker's cooperation. They used their stun gun. Finally, after the man pulled a gun out of his pocket, the officers were forced to respond to the threat he presented with lethal force.

It was the important teamwork of the 911 dispatchers that told the officers several relevant facts before they even got to the property. One dispatcher was on the phone with the caller eliciting information. Another dispatcher searched the database for information about that address and the people involved. Another dispatcher pulled up the rap sheet on the people associated with that address to find any outstanding warrants, criminal history, previous calls to the address or other meaningful information.

The great teamwork of the various 911 dispatchers delivered vital facts about that particular situation to the officers before they ever arrived, and they arrived within minutes of the call.

911 dispatchers are highly trained professionals who receive eight to nine months of training and months of orientation to the “operating environments” they cover.

They are calm in the face of urgent emergencies. They are experts at getting panicking callers to calm down and answer questions. They are trained to ask questions in any possible scenario as they keep the caller on the line until help arrives. They listen carefully to the background noises to determine if the situation is still ongoing to inform the police officers as they arrive.

I was amazed at what our 911 dispatchers do every day and how technology helps them keep all of us safe.

They are well trained and some of them have been serving our town for 20-plus years.

They work in tandem with the responding officers in a thousand ways, working for best possible outcome for us and for our brave officers.

Mutual Meeting Schedule

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Thu., May 11	Mutual 12 Admin/Zoom..... 9 a.m.
Fri., May 12	Mutual 3 Admin/Zoom..... 9 a.m.
Mon., May 15	Mutual 15 Admin/Zoom..... 1 p.m.
Tues., May 16	Mutual 10 (annual) Clubhouse 4/Zoom 10 a.m.
Wed., May 17	Mutual 5 Bldg. 5, Rm B/Zoom 9 a.m.
Thurs., May 18	Mutual 2 Admin/Zoom..... 9 a.m.
Thurs., May 18	Mutual 14 (annual) Clubhouse 4/Zoom 10 a.m.
Fri., May 19	Mutual 7 (annual) Clubhouse 4/Zoom 10 a.m.
Mon., May 22	Mutual 8 (annual) Clubhouse 4/Zoom 10 a.m.
Thurs., May 25	Mutual 1 Admin/Zoom..... 9 a.m.
Fri., May 26	Mutual 6 Admin/Zoom..... 10 a.m.

RELIGION

First Christian Church

First Christian Church of Leisure World honors all mothers of natural children, step-children, adopted children, or foster children. It is through a mother's love that all creation can come to understand the love that the creator and savior has for all people.

Pastor's Message

One of the lessons found in the Old Testament is from when God had given Abram specific instructions on where to settle his family. Abram arrived in the Negev and built an altar to the Lord. Afterward, a famine struck the land. This was a test of Abram's faith; trusting God to provide and remaining in the land he led Abram to. The text gives no indication that God instructed Abram to go to Egypt, but Abram with his family went Egypt and had a dangerous encounter with the Egyptians.

Abram devised a plan of defense by telling his wife to lie and

say she is his sister. Because she was a beautiful woman, Abram believed the Egyptians would kill him to have her. Pharaoh's officials saw Sarai and brought her to live in Pharaoh's house.

God would later bring Abram and Sarai through that time of failure, and back to the promised land.

God would continue to bless Abram, just as he will continue to bless those who put their faith in Jesus Christ today. Even those who, in a lack of faith, go through trials of one's own making.

Weekend Services

Sunday services are traditional services from 9:30 a.m.-10:45 p.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, the choir will sing "A Christian Home."

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service

is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the Women's Bible Study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Elder Jack Frost, meets from 10:30-11:30 a.m.

Pastor Bruce Humes leads the prayer and Bible study group on Fridays from 6-7 p.m.

All residents are welcome to join any of the studies.

Scripture of the Week

"How Blessed is everyone who fears the Lord, who walks in His ways," Psalm 128:1.

Contact

First Christian church is located on Northwood Road behind Carport 125.

Those who have a need or would like more information about the church can call 562-431-8810.

Assembly of God

Service/Gathering Times:

Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is held on fourth Sunday of the month in the Clubhouse 3 Lobby at 6 p.m.

This week's sermon:

LW Assembly of God will honor all mothers, whether they have given birth to a child or fulfill the role of mother in someone's life. God gifted women with the ability to bring life into the world, and with that ability comes great responsibility and a good bit of fear. "Being a mother is learning about strengths you never knew you had and dealing with fears you never knew existed," said Michelle Duggar.

God so valued mothers that he included Mary in his plan to redeem the world. The Bible is full of examples of women who served God in their role as a mother. Pastor Chuck Franco will present a sermon titled "Happy Hannah," found in 1 Samuel 1:1-28, to tell the redemptive story of a woman



Sheryl and Chuck Franco

who went from grief to joy.

Bible Study: "The Book of Acts," by Louie Giglio, will bring fresh insight to familiar passages of Scripture. As students delve deeper into the study of the early church, they discover new ways Scripture applies to their lives today. The early church turned the then-known world upside-down. It is time for today's church to help turn this world right-side up.

Contact: More information about the church can be found

at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

Beit HaLev

Beit HaLev and Rabbi Galit-Shirah conduct online livestream Shabbat services every Friday evening and Saturday morning.

To join the Beit HaLev "Zoomagogue" interactive service, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE10UXI5VXFDTWtuZHF4K3Vx-UT09>. The meeting ID is 915 243 4704 and the passcode is RavGalit.

People can also join on Facebook at www.facebook.com/galityomtov or on YouTube at https://www.youtube.com/channel/UCU_LHxFlq4-vsxs07H-UIRw.

All Beit HaLev services share special prayerbooks onscreen,

"Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Communities and Clergy. It is progressive in thought and traditional in liturgy. Services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid. To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Christian Fun and Fellowship Club

The Christian Fun and Fellowship Club will meet on Tuesday, May 16, at 6 p.m., in Clubhouse 3. All are welcome to come and enjoy an evening of wonderful potluck food, as well as entertainment.

People are asked to bring a food dish to share, as well as table service to the meeting. Coffee and water will be provided by the club.

People are encouraged to bring a friend or neighbor for a great evening.

For more information, contact Connie Postma by calling 562-794-9313 or emailing cns-postma@yahoo.com.

Community Church

The Community Church Missions Team will host another drive through food drive on Thursday, May 18, from 10 a.m.-noon in the parking spaces in front of the church. People are asked to bring cans or non-perishable food items for the event. On the day of the event, a Missions Team member will greet people at their vehicles to receive food donations. People may also drop off items at the church office during the week.

Before it was highly commercialized, Mother's Day began as a celebration created by Anna Jarvis to honor her own mother back in 1908 at a Methodist Church in West Virginia. The tradition was to give a carnation and a handwritten letter to celebrate mothers. This Sunday, May 14, following service, Community Church will honor mothers and mother figures in the Fellowship Hall.

Pastor Johan Dodge was away this past weekend but is back and will give a sermon titled "Do Not Fear What They Fear." Those who have felt fear controlling life recently are encouraged to come and listen to the sermon.

As always, the word Gospel means "good news" and those who are in need of some good news are welcome to join the service in person or online on Zoom and on Facebook @CommunityChurchLeisureWorld. People can contact the church office to receive the Zoom link. The in-person Sunday service is followed by food and fellowship.

Those who are in need without another way to address it can call the church office and leave a message at 562-431-2503.



Mary and Steve Martinez (mother and son) at the 2022 Mother's Day Tea.

Faith Christian Assembly

"She is clothed with strength and dignity; she can laugh at the days to come," Proverbs 31:25.

Faith Christian Assembly wants to wish LWers a happy Mother's Day, while understanding that for some, Mother's Day is not the happiest of days. For those who did not have the ideal relationship with their mother, Faith Christian Assembly offers this encouragement from Isaiah 49:15: "Can a woman forget her nursing child and have no compassion on the son of her womb? Even these may forget, but I will not forget you."

This Scripture shows that the love that God has for believers is even stronger than that love between mother and child that people celebrate every May. The love of a mother for her infant child has always been the example people point to as the strongest attachment there is, but God will never, ever forget.

LWers are invited to Faith Christian Assembly's Mother's Day service at 10:30 a.m. Join the church in singing hymns, listening to an encouraging biblical message and experiencing warm fellowship. Note there is no evening service on Mother's Day, May 14.

The church is located at 13820 Seal Beach Blvd. in Seal Beach, on the corner of Seal Beach Boulevard and St. Andrews Drive, just outside Leisure World. Office hours are Tuesday-Friday from 8 a.m.-5 p.m.

To receive more information about the church, call the office at 562-598-9010, email contact@fcachurch.net or visit www.FCAchurch.net.

LWer receives Catholic honor

Mutual 14 resident Gretchen Dinger recently received an honor through the Catholic Charities Auxiliary of Orange County.

Dinger is a St. Anne's Honoree at the 2023 Catholic Charities Inspirational Women Banquet. She is currently the president of the Women's Guild, a Sacristan, Extraordinary Minister of Holy Communion who visits the homebound, lector, and RCIA Catechist. In identifying her reason for serving Christ and his Church, Dinger said: "I want to be a saint and to bring Jesus to everyone, every day."

"We are blessed to have Gretchen at

St. Anne's and are inspired by her generous and faithful service to Christ and His Church" said Vikki Lyons of St. Anne's Seal Beach.



Gretchen Dinger

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., in Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The reading source for this year is the New Testament. The reading assignment for the week of May 15-21 is Matthew 21–23, Mark 11, Luke 19–20 and John 12.

The devotional, “Come, Follow Me” says “The Savior was hungry after traveling from Bethany to Jerusalem, and a fig tree in the distance looked like a source of food. But as Jesus approached the tree, he found that it bore no fruit.

“In a way, the fig tree was like the hypocritical religious leaders in Jerusalem: their empty teachings and outward demonstration of holiness gave no spiritual nourishment. The Pharisees and the scribes appeared to keep many commandments, yet missed the two greatest: to love God and to love thy neighbor as thyself.”

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, May 12, at 6:30 p.m. Following the service there will be an Oneg in Clubhouse 3, Room 9.

Rabbi Mike Mymon lead the hybrid services on Saturday, May 13, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Saturday’s Torah portion will be Behar-Bechukotai from the book of Leviticus. Behar (On The Mountain) details the laws of the sabbatical year (Shemita), when working the land is prohibited and debts are forgiven. It also sets out laws of indentured servitude and of the Jubilee year (Yovel), when property reverts to its original ownership. Bechukotai (In My Laws) is the final Torah portion in the Book of Leviticus. It begins describing blessings that follow obedience to God’s laws and curses that come with desecration of them. It ends with laws of vows and consecration of people and property.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122.

Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to join Congregation Sholom, should call Howard Brass at 714-396-0121 for a membership packet.

Redeemer Lutheran & St. Theodore’s

A Mother’s Day thought and reflection from the Bible: “Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres,” 1 Corinthians 13:4-7.

“Abiding in God’s Love” is the theme for Redeemer Lutheran and St. Theodore Church’s

worship service on Sunday, May 14, at 10:30 a.m.

LWers are invited to join the community and share the word and Communion in the sanctuary at 13564 St. Andrews Drive, across from the Administration building where ample parking is provided. Dee Sessa and Teresa Smith are this week’s greeters and Sharon Heck will play the organ and accompany the choir.

The church thanks those who have contributed to the

continuous food drive. People can bring non-perishable food items to the church any time to be distributed to those in need in the broader community.

The outdoor chapel that reflects God’s light is available 24/7 for prayer and contemplation. Feel free to come alongside the church (on the north side, near the golf course) to pause, sit on the bench, rest and pray.

For more information about the church or its services, call 562-598-8697.

LW Baptist

This Sunday, May 14, at LW Baptist is special because of the mothers in the world. Ruth was a mother in Israel, the great-grandmother of King David, although she was a gentile who came to faith in God.

Ruth’s blessing is recorded in Ruth 2:12: “A full reward be given you by the Lord, the God of Israel, under whose wings you have come to take refuge.”

The LW Baptist choir will sing, “Under His Wings,” in Clubhouse 4 at 10 a.m. this Sunday.

The Monday men’s fellowship group will survey the era when Ruth lived. The Energizers Group will meet on Wednesday, May 18, at 3 p.m. to discuss how the line “the tongue is a fire,” from Psalm 52.

To receive more information about the church and its service, call 562-430-8598.



Pastor Rolland Coburn

Buddha Circle

Buddha Circle will meet with Ven. Kusala on Saturday, June 3, in Clubhouse 3, Room 1, from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community and presents Buddhism in a simple way. The group is interactive and those who attend are encouraged to ask questions. Donations are welcome and will support Ven. Kusala in his teachings.

For more information, call 562-431-7275.

Christian Women’s Fellowship Group

Christian Women’s Fellowship and Bible Study Group will meet on Monday, May 22, in Clubhouse 3, Room 6, at 10 a.m. For more information, call Jean Davidson, 562-431-0597; or Margie Singleton, 562-594-8100.

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562-430-0534

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HEALTH & FITNESS



LW Bike Club members—including Susan Jianto, Martha Valenzuela, Dolores Jaunzemis, Gary Southern and Anita Miller—will soon be enjoying beach parties at Bolsa Chica.

LW BICYCLE CLUB

All are welcome for weekly rides

Join the LW Bicycle Club for fun and healthy bicycle rides on Sundays with breakfast to El Dorado Golf Course in Long Beach and on Mondays, Wednesdays and Fridays. The group meets at the North Gate at 9 a.m. Bicycle helmets and safe shoes are required. Members also enjoy happy hours, dining out, pickleball, ping pong and various table games. For more information, call Mary Romero at 562-810-4266 or Lucy Cyza at 818-209-3075.

UCI MIND

Brain health and aging is topic May 26

The UC Irvine Institute for Memory Impairments and Neurological Disorders (UCI Mind), which is internationally recognized for its research accomplishments in age-related brain disorders, will give a presentation on brain health and aging. The meeting will be at 11 a.m. on Friday, May 26, in the large

MIND, page 9

CALFRESH

Food program is available in LW

CalFresh, also known as the food stamp program or federally known as the Supplemental Nutrition Assistance Program (SNAP), provides monthly food benefits to individuals with low-income. It is the largest food program in California. This program issues monthly benefits on an Electronic Benefit Transfer (EBT) card (i.e., debit card). Food may be purchased at any grocery store or farmers market that accepts EBT card. The amount of benefits depends on household size and income.

The income guideline is: one-person household can have a maximum gross monthly income of \$2,148; and a two-person household, \$2,904. Signing up for CalFresh is easy.

Log on to www.getcalfresh.org and click on “Apply for California Food Stamps Online.” A pink screen with a green “Apply now” button will appear. Click it and follow the simple directions to fill in the information. People who don’t have computers can call LW’s CalFresh representative at 714-733-8679 or 714-448-6226. Or you can call the main toll-free number at 800-281-9799.

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FITNESS FUSION

Combined exercises equals total fitness

The Fitness Fusion Club meets at 10:30 a.m. on Tuesdays upstairs in Clubhouse 6, and at 10:30 a.m. on Thursdays and Saturdays at Veterans Plaza.

The club practices 19 different types of exercise, including one that Jerome and Nicole Kluever invented just for the club, which focuses strength training, core strengthening, cardio, body balancing and flexibility.

In the April/May 2023 AARP: The Magazine, David Bartlett, adjunct assistant professor of Medicine at Duke University, noted that a combination of strength training and cardio exercises are the answer to helping people’s immune systems improve as they age. That’s because the combined exercises move cells around body and into the blood, including those dysfunctional T-cells, which end up being cleared out of the body.

Bring weights to the Veterans Plaza meetings. Everyone is welcome.

—Debbie Fudge



Jerome and Nicole Kluever

Meals on Wheels of Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, May 11

Oven roasted turkey with sage gravy, cornbread stuffing, Brussels sprouts, banana, ham and cheese sandwich with lettuce, tomato and pickle, carrot and raisin salad.

Friday, May 12

Chicken breast milano, barley pilaf, seasoned broccoli, white cake, spinach salad with chicken, mandarin oranges, dried cranberries, feta cheese, vinaigrette dressing and crackers.

Monday, May 15

Beef teriyaki, brown rice, Oriental vegetables, seasoned corn, applesauce with cinnamon, tuna salad sandwich with spinach and tomato, homemade macaroni salad.

Tuesday, May 16

Oven baked chicken leg and thigh, mashed sweet potatoes, seasoned cauliflower, chocolate pudding, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing, crackers.

Wednesday, May 17

Stuffed bell peppers, garlic and chive mashed potatoes, mixed vegetables, kiwi, ham and cheese sandwich with lettuce, tomato and pickle, tri-color pasta salad.

Balance and Stability Club

Leisure World residents who have a fear of falling or trouble with balance are invited to check out the new Balance and Stability Club.

The first meeting and class will be held June 6 at 10 a.m. in Clubhouse 3, Room 1. Subsequent classes will be held the first and third Tuesdays of each month in the same location.

Adrianne Rosenfeld, a certified balance and stability instructor and a functional aging institute consultant, will be the instructor. She has taught this class in various locations.

Bring water and a smile.

For more information, call Chris Russell, president, at 562-794-9334 or Adrianne Rosenfeld at 562-397-1519.

Did You Know?

The world’s population is rapidly aging, according to the World Health Organization. The number of people aged 60 years or older will rise from 900 million to 2 billion between 2015 and 2050 (moving from 12% to 22% of the total global population).

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REVISED 05/02/2023

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SPORTS & GAMES



The winning teams in the nine-ball tournament were Bruce Pettys (l-r), Shery Wells, Dave Silva, Susan Dotson, Gary Monahan and Dave Mackinder.

LW POOL CLUB

9-ball tournament netted winners cash prizes

The LW Pool Club held a 9-ball tournament on April 29 with 12 two-person teams that played seven rounds of 3,6,9 nine-ball.

Cash prizes went to the top three teams that scored the most points after seven games.

One point was awarded for making the three ball, two for the six and three points for the nine. Players alternated shots.

After five rounds, Bruce Pettys and Shery Wells led with 20 points.

Susan Dotson and Dave Silva were in second place with 19 points.

In round six, Susan and Dave made the 3, 6 and 9 for six points and in the seventh and last round pocketed the 6 and 9 to finish in first place with 30 points.

Shery and Bruce took second place with 27 points. Gary Monahan and Dave Mackinder made the 3, 6 and 9 in the last round to take third place with 26 points.

At the Monday Pool League, the race for first place tightened

as the Renegades beat In the Money 8-5.

In the Money still has a four-point lead with two weeks left in the regular season. Susan Dotson and Steve Mitchell both scored four points for the Renegades.

Right on Cue scored nine points against the Railrunners. Right on Cue won all six of their singles matches and all three players scored four points.

PJJ beat the Cue Crew 9-4 and is in second place, behind In the Money.

John Barth won six of his games, losing only a singles nine ball match.

On May 3, The Favorites took the Wednesday league lead by beating Milly's Boys 10-3.

Dave Silva won all seven of his games for The Favorites, and teammates Dave Mackinder and Connie Adkins each won five.

That puts The Favorites two games ahead of The Ruffians, who lost to Triple Threat by a 9-4 score. It was a team effort by Triple Threat with Steve Edrich, Russell Black and Connie Terry each winning five games.

Bank It edged out U3 7-6 by winning the final eight ball game, where all three players competed. Zelma Berkenkamp led Bank It with five wins.

There is only one more week to see which three teams in each league make the playoffs.

—Dave Silva



Douglas Park of Mutual 1 shot two consecutive holes-in-one at Turtle Lake Golf Course May 4. After his first round of golf, Park reported holes-in-one on No. 1 and No. 2 to the golf starter, His wife, Gil Young Park, witnessed the amazing feat. Golfers should let the starter on duty know when they score a hole-in-one to be featured in the LW Weekly. Golfers should provide the hole number, their name, Mutual number and the name of the witness.

HOLES-IN-ONE HONORS

CRIBBAGE CLUB

Grace Holdaway won all 7 games

The Cribbage Club meets on Tuesdays from noon-4 p.m. in Clubhouse 1. New members are always welcome.

Total scores were higher than usual May 2. Grace Holdaway earned her first star, winning all seven games played scoring a perfect total of 847. Wanda Bemben was a close second with 846, followed by Hoppy Hopkins, third with 843; and Bea Lissow, fourth with 837.

Members celebrated the birthday of Patti Smith, who provided cake and ice cream. Margaret Smith assisted her in serving 52 members of the club refreshments at noon. Potsy Frank donated a huge container of coffee creamer. The club appreciates the donations.

Members welcomed new member Jim Schneiderman. New members are always welcome. Call and leave a message with Terry Thrift at 714-394-



Grace Holdaway won all seven games May 2.

5885 to how to play cribbage, brush up on the game or learn more about the club; 2023 dues are \$5. To join, see any of the officers at the check-in desk before play begins.

—Terry Thrift

Duplicate Bridge Club

The Duplicate Bridge Club plays games on Monday, Thursday, Friday and Saturday in Clubhouse 1 beginning at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Also, people can call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Players should arrive by 12:15 to confirm reservations.

The club offers lessons and supervised play on Friday mornings at 9:30 a.m. Supervised play is an informal game in which novice players can ask questions of experienced players questions about bidding and card play. It's a great way to learn how to play duplicate bridge.

For more information or to join the club, contact John Markovich at 562-661-0502 or by email at cdrijm@yahoo.com.

Duplicate Bridge Club Winners:

- April 24: Seven tables: Sibyl Smith and Diane Schmitz, north-south; Judith Jones and Al Appel, east-west.
- April 28, Six tables: Carol Murakoshi and Lavonne McQuilkin, north-south; Bill Brooks and April Berg, east-west.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at <http://www.acblunit557.org> and click on Leisure World Results.

—John Markovich

Bocce Ball Club

The Bocce Ball Club is about halfway through its spring season with only a few more weeks to go. The Bocce Spring Finals Party is planned for Saturday, June 10, starting at 11 a.m.

There will be a sign-up list over the next few weeks to see gauge attendance and collect money for lunch. Members should be sure to sign up with their league coordinator.

A Bocce Ball Clinic will begin on Wednesdays at 10 a.m. for new players or anyone who wants to improve his or her skills. Newcomers who are interested in learning how to play can stop by the bocce court, which is located behind Clubhouse 2 next to the pickleball courts.

Bocce ball is a fun game that anyone can learn to play. The club is always recruiting new players and substitutes.

—Rhonda Cox

Pinochle Club

The Pinochle Club meets in Clubhouse 1 on Mondays and Thursdays between 11-11:30 a.m. and Saturdays at 11 a.m.

April 26 winners: Curt Rogers, first place, 13,940; Peggy Kaspar, second, 13,800; Nancy Wheeler, third, 12,380; Irene Perkins, 12,030.

April 29 winners: Suzanne Lester, first place, 11, 230; Ruth Bonnema, second, 10,370; Peggy Kaspar, third, 10,070; and Marge Doderro, fourth, 9,470.

May 1 winners: Charlotte Westcott, first place, 11,240; Peggy Kaspar, second, 10,790; Suzanne Parks, third, 10,550; and Jane Haas, 10,340.

New players are welcome. For more information, call Donna Gorman, 562-400-7646, or Antonia Zupancich, 760-427-2713.

YAHTZEE CLUB

Come play on May 5 in CH 3

The Yahtzee Club meets on the first, third and fifth Fridays in Clubhouse 3, Room 6, at 1 p.m., with the next meeting on May 5.

There will be a halftime social.

On April 21, Gail Levitt and Lyn Doyle won for most Yahtzees. High score went to Julie Milburn, and low score, to Joyce Ingram. Pat Herman won the door prize. For more information, contact Diane Seeger at 562-533-5997.



Regular players pause for a break from the Spring Madness League, which is at the midpoint of the five-week season. Short league seasons help players learn shuffleboard and LW traditions and league rules.

SHUFFLEBOARD CLUB

Election of officers is today at 10

The Shuffleboard Club will elect a new slate of officers for the next 12 months at 10 a.m. today, May 11, at the shuffleboard courts. Members will also vote on changes in the club's bylaws, with the goal of expanding leadership positions to better serve the growing membership. As the club's active membership has doubled over the last year, additional ways for people to be involved in the club are many. Membership growth continues with active members ranging in age from 63-93. The club has attracted new LW residents as well as people who have lived here for 14 years. Most of the newcomers have never played shuffleboard, but prospective members sometimes bring experience with indoor courts, just like the one in LW. The best way to get started with LW shuffleboard is to stop by the courts Monday and/or Wednesday for open play and practice from 9-11 a.m.

In addition, Tuesday evenings have available courts from 6-8. Personalized training is available at these sessions. For more information, call or text Kay Mount at 775-527-0426.

The Tuesday Evening League played May 2 with the Night Shufflers and the Hot Shots competing. The 12 games were split with each team winning six games. The Hot Shots' Elizabeth Martinez and Jack O'Brien both earned all-game winner honors. For the Night Shufflers, Harshad Patel, Karen Mendon, Helene Neun and Georgia Martinez were also all-game winners.

The Friday Morning League played on May 5, with four teams playing a total of 24 games. The Bumpers sailed past the Smashers winning eight games out of 12.

The all-game winners for the Bumpers were Mitch O'Connell, Linda Peters, Sally Fowler and Donna Gorman. Steve Edrich was all-game Winner for the Smashers.

With the second competition, the Shooters won seven of the 12 games against the Hot Rods. The all-game winners for the Shooters were Doris Morton, Dan Habel and Shel Magnuson.

The all-game winner for the Hot Rods was Harshad Patel.
—Kay Mount

Playing Sports Reaps Rewards

According to research conducted at a Centers for Disease Control and Prevention (CDC) Prevention Research Center, older adults can reap an array of rewards from physical activity, ranging from improved physical, emotional and social health scores to a decreased risk of hospitalization. Here are some of the best sports and athletic endeavors for older adults to enjoy—along with why they're important and how to participate safely—according to experts, science and data.

- Pickleball**
Pickleball is the fastest growing sport in the U.S.—and for good reason. The tennis/ping-pong hybrid sport is fun, fast-paced and highly social, and it can be enjoyed at just about any age or skill level.
- Golf**
A study in the Golf Science Journal found playing golf is associated with improved physical health and mental well-being, which can potentially contribute to increased life expectancy.
- Swimming**
Swimming is great for cardiovascular health, is easier on the joints than high-impact sports and provides a host of physical and mental health benefits.
- Exercise Classes**
Don't underestimate the power of group aerobic activity. Older adults who participated in a program at least once a week experienced fewer hospitalizations and lower health bills than those who didn't.



Scramble-Shotgun tourney winners are Stan Johnson (l-r), Gene Archambault, Nina DeRosa, Dale Williamson, Patty Littrell and Sam Williamson.

SCRAMBLE-SHOTGUN

Golf tournament followed by after-game party

Nine teams of six players of various skills played in the LW Men's Golf Club-sponsored Scramble-Shotgun tournament on May 3. Each group teed off at a different hole at 7:30 a.m. on a warm, sunny day. Following special rules, the teams competed for the lowest score after 18 holes.

The Turtle Lake Golf Course was set up with men's and women's tees at the markers and the flags in the center of the greens. To further challenge the teams, each player was required to use his or her tee shot three times during the round. After that it was a matter of choosing the best ball to play and continuing until the ball went in the hole. This required some interesting course and player management.

Winners
The team starting at hole No.

1 came in first with a spectacular 13 under par 41: Gene Archambault, Stan Johnson, Dale Williamson, Nina DeRosa, Sam Williamson and Patty Littrell.

In second place with a terrific 11 under par 43 was the team starting at hole No. 6: Mike Mayfield, Devora Kim, Grace Choi, Ron Jackson, Daniel Mahoney and Bert Thompson.

In third with an excellent 9 under par 45 was the team starting at hole No. 5: Bill Lyons, Jassca Choi, Jane Song, Mary Ann Moore, Marv Jones and Jon Russell.

Special thanks to Tournament Director Steve Moody and Dave LaCascia for assigning teams and filling in empty slots with substitute players as required.

After the tournament, Bruce Bowles and Mike Mayfield

sponsored a get-together of the golfers on the course patio with drinks from Bruce and Mike and snacks brought by players.

Appreciation also to Liz Meripol for getting up super early to make the coffee and Jae Kim for acting as the starter. Additional thanks to the Recreation Department for pushing through approval of the tournament in record time.

With the tremendous participation and enjoyment expressed by the golfers, it is anticipated that this event will be repeated several times a year. This will require volunteers to help sign up players, collect fees and assign teams as well as the numerous other tasks required to make the tournament a success. Contact Alan Sewell, 541-324-8558, for more information and to volunteer to help.

MEN'S GOLF

Golfers brave cold and damp but emerge victorious

Friday Golf
On April 28, eight golfers visited the 6,000-yard, par 71 Willowick Golf Course in Santa Ana. The weather was overcast, misty, and cold at the 7 a.m. tee time. The course fairways had not been mowed lately causing some issues. The recent aeration and sanding was still evident but not a significant problem.

The players wrestled with the poor course conditions, but scoring was slightly above average. There was one birdie by Chris Lankford, plus Gary Stivers and Bill McKusky tied for fewest putts.

A Flight Winners
Lankford, first with a sensational 5 under 66; Bob Munn, second with a well-played 3 under 68; Jim Goltra, third with a nice 2 under 69; Sam Choi, fourth with a hard-earned 1 under 70; and Stivers, Bill McKusky and Tom Ross tied for fifth.

Monday Golf
On May 1, 12 golfers contested the 4,000-yard, par 62

David L. Baker Golf Course in Fountain Valley. Fairways are slowly recovering from the heavy rain, but the greens are still in great shape and have remained so all year. The weather was overcast, cold, and damp, but scoring was above average.

Gary Stivers and Jim Goltra tied for fewest putts in the A flight; Bob Munn and Fujio Norihiro tied for fewest in the B flight. Lowell Goltra was closest to the pin on the par 3 third hole, and Stivers was closest on the par 3 twelfth hole. Birdies were carded by Sam Choi, Chris Lankford, Stivers and Clay Fischer.

A Flight Winners
Sam Choi, first, with a terrific 7 under 55; Chris Lankford, second with a well-played 5 under 57; Jim Goltra, third with a nice 4 under 58; Larry Hillhouse, fourth at a sweet 3 under 58; Fischer, fifth with a good 2 under 60; and Tim Looney, sixth.

B Flight Winners
Bob Munn, first with an

excellent 8 under 62; Norihiro, second with a first-rate 7 under 55; Lowell Goltra, third with a very nice 6 under 56; Rin Jackson, fourth with a terrific 5 under 57; and Gene Vesely, fifth a fine 3 under 58.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter.

Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and Eagles (2 under par), although infrequent, are generously rewarded.

If interested, contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

COMMUNITY

SUNSHINE CLUB

Learn more about Meals on Wheels OC

Darla Olson, vice president of advancement at Meals On Wheels Orange County, will speak at the Sunshine Club's meeting on Friday, May 12, in Clubhouse 3, Room 2, at 10 a.m.

Olson is responsible for funding development, corporate and community relations, marketing, branding, as well as overseeing the communications for the organization.

Meals on Wheels Orange County's mission is to nourish the wellness, purpose, and dignity of older adults and their families in the community. The organization is the largest non-profit provider of nutrition and supportive services for at-risk older adults.

Meals On Wheels Orange County is committed to erasing hunger and loneliness for at-risk older adults through nutritious meals, friendly visits and safety checks, and keeping families together through day services. Through its critical services,

the organization delivers one million meals to more than 15,000 at-risk older adults each year throughout 20 Orange County cities.

Olson brings a commitment to excellence and a passion for Meals on Wheels Orange County. She cares deeply about older adults and believes that educating the community and raising awareness and resources can help elderly neighbors live with independence in the homes and communities they love.

Olson will give a presentation to the Sunshine Club about how Meals on Wheels Orange County provides so much more than what it is known for by addressing the issues of hunger and isolation in older adults. She will explain the services and qualifications for Meals On Wheels Orange County's home delivered meals and case management programs such as Meals on Wheels, Senior Lunch Café, Friendly Visitor, Adult



Darla Olson

Day Health Care and Adult Day Services programs.

All Leisure World residents are welcome to join this meeting. The Sunshine Club does not require membership fees, although donations are welcome. Refreshments will be served at the meeting.

For more information, contact Anna Derby at 562-301-5339.

SB WOMAN'S CLUB

Get tickets for the fashion show on May 20

The Woman's Club of Seal Beach will host a fashion show and luncheon fundraiser on Saturday, May 20, at the Marina Community Center at 151 Marina Drive, Seal Beach, from 11:30 a.m.-2 p.m.

A lunch will be served that includes a choice of chicken

salad, roast beef or a vegetarian sandwich.

The fashion show will display apparel from local Seal Beach boutiques. There will be raffle baskets along with a silent auction.

All proceeds are used to support local charities includ-

ing the Seal Beach Animal Care Center, the arts and media departments at local schools and the Youth Center. A complete list of recipients is available on womansclubofsealbeach.org.

Tickets are \$50 and can be purchased by calling Judy O'Neill at 562-706-5721.



Mary Greytak (left, sitting) and her family

Mary Greytak celebrates 101st birthday with family

Mary Greytak of Mutual 6 is sort of like the energizer bunny. She celebrated her 101st birthday at her home with family and friends. Mary's daughter Dee and son-in-law Brian from Mutual 12 hosted the luncheon celebration for the family. Two of her three granddaughters were able to attend along with her daughter-in-law and three of her four great-grandchildren.

Mary has lived in numerous Mutuels during her 23 years in

Leisure World. She was a mutual director and active in the Cribbage Club for many years, holding officer positions. She is not as mobile as she used to be but still manages to play cribbage weekly with a group of friends who come to her home.

"What a blessing it is for her to have such faithful and cherished friends," Dee said.

Mary has a great memory and shared stories with family about having ice delivered by the

iceman, surviving a flood during her childhood, volunteering at the USO in Jeffersonville, Indiana, and the jubilation when World War II ended.

Mary now resides in her home with "Alexa," a voice from a computer. Alexa reminds her to take her medication, turn on or off lights and adjust the heat. What a different world it is than the one she was born into.

Happy Birthday to this lovely centenarian.

GAF

Volunteers will help LWers sign up for Ralphs Rewards on Wednesdays

In an effort to increase participation in the Ralphs Community Contribution Program, volunteers from the Golden Age Foundation will be available every Wednesday from 9-11 a.m. in the Hospitality Room in Clubhouse 6 to assist residents in signing up for the program or to answer any questions.

The Ralphs Community Contribution Program is sponsored by its parent Kroger Grocery Stores and is an easy way for Leisure World residents to raise money for the Golden Age Foundation without an additional cost.

A digital account is needed to participate in the program. Once linked to a resident's Ralphs Rewards card, each shopping trip and swipe of the card at a Ralphs grocery store will give the GAF a donation from Kroger's at no cost to the resident.

This is currently the only active fundraising project the GAF has and is presently supported by 300 LW residents.

For more information, about the program or the Golden Age Foundation, text 562-301-5339.

—Anna Derby

Benefits trafficking and financial abuse workshop is on May 22

Those interested in learning how to protect themselves and your ones are invited to attend the Benefits Trafficking and Financial Abuse Workshop on Monday, May 22, from 7-8:30 p.m. at St. Irenaeus Parish Hall, 5201 Evergreen Ave., Cypress.

Benefits trafficking is the financial exploitation of Social Security benefits, disability benefits (SSI), veteran's benefits, Medicare, food stamps, etc. St. Irenaeus Bridge of Light: Human Trafficking to Human Triumph Ministry is sponsoring this free event to raise community awareness of benefits trafficking, human trafficking, and scams, such as identity theft, romance scams and healthcare fraud that can wipe out your life savings.

Financial exploitation is the fastest growing area of victimization of older adults according to the Association of Adult Protective Services. Financial losses are estimated at \$1.7 billion nationwide. Seniors are especially targeted by abusers. One in ten older Americans (five million) experience abuse each year according to the U.S. Government Accountability Office. However, only one in 25 cases is ever reported.

Experienced law enforcement professionals will present information about various scams, provide helpful resources, and give tips on how to prevent becoming a victim. Risk factors for financial abuse and red flags will be discussed. The speakers will also talk about the role of law enforcement in the prevention and prosecution of these crimes.

All are invited to this community event. Refreshments will be offered. Bring questions and concerns. "An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge." Proverbs 18:15.

Contact Monica Kovach at 310-490-6113 for more information.

— Rosemary Lewallen

GAF 50TH ANNIVERSARY CELEBRATION



Karen Flaig from Mutual 15 was happy to receive an ice cream from Mandi's Candies & Ice Cream Trucks after attending the GAF's 50th anniversary celebration.

The LW Weekly
562-430-0534

When seconds count, B.E. F.A.S.T.

A stroke is a medical emergency.

Experts at the MemorialCare Neuroscience Institutes remind you to recognize the signs of stroke:



Balance Lost
Sudden loss of balance or coordination



Eyes Blur
Sudden trouble seeing or blurred vision in one or both eyes



Facial Drooping
One side of the face droops or is numb



Arm Weakness
Sudden weakness or numbness of an arm or leg, especially on one side of the body



Speech Difficulty
Sudden confusion, trouble speaking or understanding speech



Time to Call 911
Call 911 immediately (note the time the symptoms started)





GAF Board members presented a check to FALW officers for their donation to help in the celebration of the veterans picnic.

FALW will hold annual Veterans Picnic on July 1

The Filipino Association of Leisure World (FALW) announced its annual Veterans Picnic will be held on Saturday, July 1, at the Clubhouse 1 picnic area. The event is open for all U.S. veterans residing in Leisure World and their guests. It is a way for the FALW to express its gratitude to veterans' for selfless service to a great nation.

The Golden Age Foundation (GAF) donated \$3,500 to the FALW for the event. The FALW is grateful for the assistance.

The FALW started the event 11 years ago, but due to COVID-19, it was cancelled for two years. The event came back last year, stronger and bigger than ever.

Last year, close to 250 veterans and their guests attended the picnic. Guests enjoyed delicious food, desserts, fresh-cut fruit and sodas, and sang all the military branch songs to uplift spirits. "Taps" was played for departed comrades.

The Hui O Hula Club and the

Hawaiian Band will entertain during the picnic this year.

Registration is required to attend the event. To register, call Ren Villanueva, 323-854-6209; Ric Dizon, 714-225-3597; Ed Bolos, 551-998-4223 or Harry Varnas, 323-791-1141, and state your name, phone number, branch of service and number of guests. A gift will be distributed to first 100 veterans who registered for the event.

Registration is open to veterans until June 25.

Democratic Club

by Mary Larson
LW contributor

The LW Democratic Club will meet on Wednesday, May 24, in Clubhouse 3, Room 9, at 1 p.m. Club members and supporters can join in person, online or by phone. Login information can be obtained by emailing sblwdemocraticclub@gmail.com.

Isabel Ocampo, finance director for Dave Min for Congress, will be the guest speaker at the meeting. Sen. Min is the best-known Democratic candidate currently running for Congress in LW's District 47.

Plans are also under way to restart the Democratic Club's "Voter Awareness Series." These sessions—likely to be held on the third Wednesday of the month—will be primarily focused on assisting all LW Democrats and supporters who seek to understand the issues and candidates involved in the upcoming races.

The first Voter Awareness Series session will focus on the role and influence of the Democratic Party at all levels. The emphasis will be on alerting LW voters as to how they can be a part of the process.

In the 2024 primary election, all registered Democrats in Leisure World—regardless of whether or not they are a member of the club—will have the opportunity to help determine the party's position

on issues. During this election, they will elect several members of the Orange County Democratic Party Central Committee. This committee is the party's decision-making body at the county level.


LW voters will play a significant role in the 2024 primary election. This is because of changes implemented in 2012 as to how Californians vote, led by former Gov. Arnold Schwarzenegger.

Before 2012, there had typically been around seven or eight same-party candidates running for a number of open positions in every general election. Now, all voters in primary elections are able to pick any candidate on the ballot, regardless of party affiliation. Only the top two vote-getters advance to the general election.

...

The club's information and registration booth outside Clubhouse 6 is open on the first Tuesday of each month from 10:30 a.m.-12:30 p.m. Democrats and supporters can stop by the booth to show support, get more information about club activities or register to vote.

For more in-depth reporting on issues and candidates, People can subscribe to the club's free electronic newsletter by emailing democraticclubsblw@gmail.com or calling 562-296-8521. Be sure to include full contact information, as well as party affiliation.



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Romanza (Nan Schwartz) | *Piano Concerto in One Movement* (Florence Price)
An American in Paris (Gershwin)

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CLASSICAL

April Security Incident Report

The following is the security incident report for the month of April. It has been edited for clarity and brevity.

FIRE: 3
•April 4, 10:02 p.m., Mutual 1
Orange County Fire Authority arrived on scene on scene to a false alarm; no fire or smoke.
•April 19, 10:04 a.m., Mutual 8
OCTA arrived on scene on scene to a false alarm; no fire or smoke.
•April 21, 7:49 a.m., Mutual 9
Burnt toast triggered a smoke alarm. There was no fire or damage to the property.

COYOTE SIGHTINGS: 3
•April 9, 6:40 a.m., North Gate
Coyote exited community.
•April 18, 2:05 a.m., Clubhouse 4 Parking Lot
Two coyotes observed.
•April 23, 8:15 p.m., Mutual 14
Coyote reported near unit 17G.

THEFT: 7
•April 4, 8:20 a.m., Clubhouse 4 parking lot
Five catalytic converters were removed from three GRF buses.
•April 8, 9 p.m., Mutual 10
An unknown person removed a catalytic converter from a resident's vehicle. Resi-

dent had not started the vehicle in three weeks, so it is unknown when the catalytic converter was removed.
•April 10, 3:22 p.m., Mutual 8
An unknown person removed a grill and propane tank from a resident's carport area.
•April 20, 6:08 p.m., Mutual 2
An unknown person removed plants from a resident's front yard area
•April 26, 9:58 a.m., Clubhouse 4
An unknown person removed an aluminum ladder belonging to GRF.
•April 27, 2:20 p.m., Mutual 6
A resident took property belonging to a GRF employee. Seal Beach Police were called but did not make an arrest. The GRF employee did not want to prosecute.
•April 29, 8:35 p.m., Mutual 2
An unknown person removed a delivery box from a resident's porch.

VANDALISM: 1
•April 16, 9:53 a.m. Mutual 8
A resident stated an unknown person damaged the corner of her window screen.

PET COMPLAINTS: 5
•April 6, 2 p.m., Mutual 12
A dog bit a resident after it was left off leash.
•April 16, 7:15 p.m., Mutual 10
A dog owner was advised

that barking was causing a disturbance.
•April 17, 3:18 p.m., Mutual 7
Residents were involved in a verbal dispute over a barking dog.
•April 26, 8:30 a.m., Mutual 3
A resident reported a barking dog. No noise detected.
•April 27, 3:30 p.m., Mutual 3
A resident complained of another resident's dog relieving themselves near their unit.

TRAFFIC INCIDENTS: 3
•April 1, 9:12 a.m., North Gate
A vehicle struck a metal pole with exiting the community.
•April 6, 5:40 p.m., 1650 Interlachen Road
A vehicle struck another vehicle and fled the scene.
•April 15, 4:30 p.m., Golden Rain Road
A resident stated another vehicle drove through a stop sign and almost collided with their golf cart. No collision or injuries occurred.

NOISE COMPLAINTS: 10
•April 1, 9:15 a.m., Mutual 3
Ongoing neighbor dispute regarding noise.
•April 3, 10:03 p.m., Mutual 3
Ongoing neighbor dispute regarding noise
•April 13, 5:45 p.m., Mutual 7
A resident complained of noise from neighboring unit.

No noise detected at the scene.
•April 15, 3:17 a.m., Mutual 4
A resident complained of noise from a neighboring unit. No noise detected.
•April 17, 4:30 a.m., Mutual 4
A resident complained of noise from a neighboring unit. No noise detected.
•April 18, 3:47 a.m., Mutual 4
A resident complained of noise from a neighboring unit. No noise detected.
•April 24, 11:27 p.m., Mutual 7
A resident complained of noise from neighboring unit. Security advised neighbor, who reduced the volume.
•April 26, 4:25 p.m., Mutual 6
A resident complained of a vendor's radio loudly playing music. No noise detected.
•April 29, 9:15 p.m., Mutual 15
A resident complained of noise from a neighboring unit. No noise detected.
•April 29, noon, Mutual 2
Ongoing noise issue regarding loud television. Neighbor reduced volume.

INJURIES: 12
•April 2, 12:02 p.m., Mutual 15
A resident fell while walking and was taken to the hospital.
•April 5, 3:53 p.m., Mutual 14
A resident fell while walking and was taken to the hospital.
•April 7, 8:25 a.m., Mutual 10
A resident fell in a crosswalk but did not need hospital transportation.
•April 10, 11:27 a.m., Mutual 11
A resident fell while walking and was taken to the hospital.
•April 10, 7:30 p.m., Mutual 5
A resident fell while walking and was taken to the hospital.
•April 12, 1:35 p.m., Mutual 15
A resident injured his finger in a car door.
•April 13, 4:25 p.m., Mutual 12
Resident fell while walking but did not need transportation to the hospital.
•April 13, 6:37 p.m., Mutual 9
A resident fell off a bicycle and was transported to the hospital.
•April 14, 12:32 p.m., Mutual 4
A resident fell while walking but did not require transportation to the hospital.
•April 26, 2:35 p.m., Mutual 12
A resident fell while walking but did not require transportation to the hospital.

•April 27, 2:34 p.m., Amphitheater
A resident fell while climbing the stairs but did not require transportation to the hospital.
•April 27, 2:17 p.m., Mutual 1
A resident fell while walking but did not require transportation to the hospital.
LOST RESIDENT: 8
•April 2, 9:35 p.m., Mutual 1
A lost resident was escorted home safely.
•April 9, 4:40 p.m., Mutual 14
A lost resident was escorted home safely.
•April 18, 5:30 p.m., Mutual 3
A lost resident was escorted home safely.
•April 21, 2:02 p.m., Mutual 3
A lost resident was escorted home safely.
•April 22, 12:57 p.m., Mutual 9
A lost resident was escorted home safely.
•April 22, 3:55 p.m., Mutual 3
A lost resident was escorted home safely.
•April 25, 12:09 p.m., Mutual 3
A lost resident was escorted home safely.
•April 25, 4:30 p.m., Mutual 3
A lost resident was escorted home safely.

OTHER INCIDENTS
•April 2, 5:30 p.m., Mutual 8
A resident found a plastic bag containing a crow's wing in the mail slot.
•April 5, 9:20 a.m., Mutual 3
Residents were involved in a verbal dispute regarding traffic issues.
•April 12, 7:45 a.m., Mutual 4
Ongoing issue resident issue regarding the feeding of wildlife.
•April 14, 12:34 p.m., Mutual 2
A resident stated someone deliberately placed a dead squirrel in his garden.
•April 17, 7:08 p.m., Clubhouse 6
Ongoing dispute between a resident and those using the table tennis area.
•April 18, 2:22 p.m., Aquatic Center
A resident was informed of the pool use rules.
•April 19, 8:55 a.m., Golf Course
A resident was advised of golf course rules.
•April 19, 7:35 p.m., Mutual 7
Security advised vendors of

SECURITY, page 17





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HOLY FAMILY RUMMAGE SALE



Holy Family Catholic Church held a rummage sale April 21-22 and had a great turnout. The event was two days of hard but rewarding work led by Holy Family’s pastor, Father Joseph Son Nguyen, and church volunteers. All proceeds will go toward church ministries. Thuy Do had the brilliant idea to include church plants in the rummage sale and the inventory was sold out by the end of the event. ,

How to Place an Obituary

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date.

Obituaries that are received later than Friday will go in the following week’s issue.

Email obituary notices to laurieb@lwsb.com with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call 562-430-0534, ext. 801, or email laurieb@lwsb.com.

SECURITY
from page 16

late night construction violation. Vendors ceased working.

- April 22, 10:40 a.m., Mutual 7
A resident verbally abused another resident regarding removing items from a dumpster.
- April 24, 10:50 a.m. Aquatic Center
A resident was advised of pool use rules.
- April 25, 9:50 a.m., Mutual 15
A resident was involved in a physical altercation with a caregiver.
- April 30, 12:46 p.m., Mutual 1
A resident was involved in a verbal altercation with a family member. Police were called to the scene to keep the peace.
- April 30, 1:10 p.m., Mutual 3
When attempting to advise vendors working on Sunday, a Realtor involved Security and the mutual president in a verbal altercation.
- April 30, 9:23 a.m., Mutal 4
A resident was threatening to self-harm while involved in a verbal altercation with a caregiver. Police were called to the scene to keep the peace.

TOTALS
Paramedic calls: 132
Theft: 7
Vandalism: 1
Traffic Incidents: 3
Death Investigations: 14
Lost Residents: 8
Injuries: 12
Noise Complaints: 10
Fire Reports: 3
Dog/Pet Complaints: 5
Coyote Sightings: 3
Grand Total: 197

OBITUARIES

Frank Douglas Destra
Memorial Service

A memorial reception for Frank Destra will be held on Saturday, May 20, at 3:30 p.m. in Clubhouse 2. All of Frank’s friends and fans are welcome. People can RSVP to Martha at marthad111442@icloud.com or by calling 562-225-0037.



Dan pastored churches here in Leisure World, and also in Indiana and New Mexico. He was until recently, associate pastor of LW Assembly of God. Music and singing were a great part of his life, and he led the monthly Hymn Sing here in LW for several years.

...

In Memoriam

- Mary Reiter 91
 - Steven Fallon 72
 - Aaland Gray 54
 - James Havness 73
 - Sumie Hill 94
 - Hilda Johnson 97
 - Anderson Jordan 80
 - Amy Lawrence 82
 - Ofelia Moreno 94
 - Kathleen Dawson 81
 - Jensy Meyer 75
 - Manny Chime 66
 - Michael Sherman 58
 - Frank Otto 70
 - Brenda Hudson 62
 - Carol Huber 68
 - Danny Ballinger 86
 - Tangula Brown 60
 - Richard Carrillo 72
 - Ronald Ferguson 64
 - Carolyn Lynn Black 93
 - Curtis Foster Jr. 84
 - Martha Olivia Pena Vega 79
 - Debra Salazar 66
 - Linda Jean Shackeford 68
 - Daryl Smith 70
 - Michael McDaniel 63
 - Aurea Lalap 94
 - Christopher Kavalaris 61
 - Charlotte Miller 101
 - Donald Rogers 80
 - Christefer Walker 72
 - Lynn Weber 66
 - Norris Howard 72
- Families assisted by
McKenzie Mortuary,
562-961-9301
— paid obituary

Danny (Dan) Lee Ballinger
1936-2023

Danny (Dan) Lee Ballinger was a resident of LW since 1994, where his wife, Norma, still resides.

Dan was born on Sept. 7, 1936, and passed away at home on April 21, 2023. He is also survived by three children, four grandsons, nine great-grandchildren and one brother.

A graveside service was held on April 30 at Forest Lawn in Long Beach with all survivors except two great-grandchildren present.

Dan was an ordained Christian Church minister, graduated from Redlands High School in 1954, married Norma Louise McNutt in 1956, received a bachelor’s degree from Pacific Christian College/Hope International University, along with Norma, in 1958 and a master’s degree in theology from Eastern New Mexico University in 1966. He was accredited by the American Association of Pastoral Counselors in 1984.



News copy deadline is 4 p.m., Thursday,
one week prior to the desired publication date.

Mother’s Day Recital

MAY 14, 2023
SUNDAY @ 5:30PM



PIANIST VAN-ANH NGUYEN



SOPRANO TERESA MAI



TENOR CHAD BERLINGHIERI



SOPRANO HILA PLITMANN



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MOTHERS' TRIBUTE

from page 1

ment by my sister in order to marry my mum.

She got to live back in the city and dance the afternoons and evenings away with Bill. They taught senior citizens to ball room dance, ran tea dances to raise money for guide dogs for the blind, and had much joy for 20 years together.

Mum, you've no idea how much your energy and enthusiasm for life, your care for others, your humor, your love for music and dance and the needy helped shape me. In some ways I still feel like "your little girl."

—Christine Bird, Mutual 5

To Carol Chambers, Mutual 5

Mom,

Happy Mother's Day. Your whole family loves you so much. Thank you for all that you have done for us. You have been the best Mom and Nana anyone could ask for. Can't wait to spoil you on your day. You have been the rock of this family. Thank you for all the fun times that we have shared, can't wait to make many more with you. We love you so much.

—Melody and Brent Lizarraga, and Cassie, Melvin, Bella and Michael Mendez

To Shirlene Wallis, Mutual 7

Mother's Day is a wonderful day to remember one of the most important women in my life! I am Shirlene Wallis' only child, so she gave me all of her love and attention while growing up.

My mom introduced me to Christianity and taught me about the love of God from the day I was born. My mom has always been there to help me with my three children.

She continues to be a big part in my life and the lives of her grandchildren and great grandchildren. I feel very blessed to have her as my mom, and it is great living close to her and spending more time with her!

—Debbie Casper, Mutual 3

To Isobel Riley

She raised 10 children and was an amazing mom to all of us. Miss her everyday!

—Mary Ellen Fuller, Mutual 2

To Irvine Bernstein, Mutual 15

This is easy—the biggest compliment I can get is someone telling me I'm just like my mother or that I sound like my mother or I sing like my mother: off key, knowing all the words and loudly!

—Perri Brackett, Mutual 15

To Everlinda Garcia, Mutual 9

My sister and I struck gold when God gave us our Mom. Everilda Garcia, known by her friends as "Evelyn," has lived in

LW for five years now.

Forty years ago, my mom left a third world country with nothing more than a suitcase and very minimal money gifted by her friends and family. She, along with two young daughters (my sister Carmen and I), embarked on a new path. Through Mom's hard work and struggles she has taught us to value of perseverance, courage, importance in education and that through hard work you can achieve anything.

Mom is a simple woman, who will give everything and anything to those in need. She will walk to the houses of those who are ill and bring them a homemade meal, will ensure she has room for those that need a place and will always be there for those in need. She has taught us that what you give you get in return, and her kindness has certainly been returned by those that know her.

Evelyn is amazing, the best mom that God could have given us, she is always there if we need her with open arms and honest support. As of today, she is still making sure my sister and I (both in our late 40s) are okay when she is no longer around.

We love you Mom, we see you, we hear you and we feel the love you have for us. Happy Mother's Day, today and everyday.

—Ally Phillpsen and Carmen Garcia

To Essie Mildred Bohannon Carter

My mother was born on the Fourth of July in the year 1909. She grew up in Huntsville and Fayetteville, Arkansas. She had a younger brother. Her folks came to Fullerton, California, in 1928, after Essie finished her freshman year at the Arkansas university.

She met, and later married (in 1934) my father, John Cecil Carter, an Oklahoma man who came with his parents to Fullerton in the 1920s. He attended Fullerton High School and played football there. They had many adventures together. After having three children, including myself, they took many trips, especially to Yosemite National Park. They both had a great sense of humor and loved playing pranks on family members. Cecil worked long hours at the Pacific Telephone Company, so my mother would often be alone with just the three of us kids. I was still a toddler, sitting in a high chair, while my older brother and sister would quarrel about something.

All my mother had to do was look at the kitchen door window and start to get under the table where we were eating. Then all three of us kids would stop what we were doing and get under the table, too.

I needed a little help from my sister to get out of the high chair. We weren't in any real danger, but for the rest of that night, there was peace and quiet, which my mother really needed! Ha!

—Ethel Carter, Mutual 2



Rebecca, (l-r), Patricia and Erin Rhoades



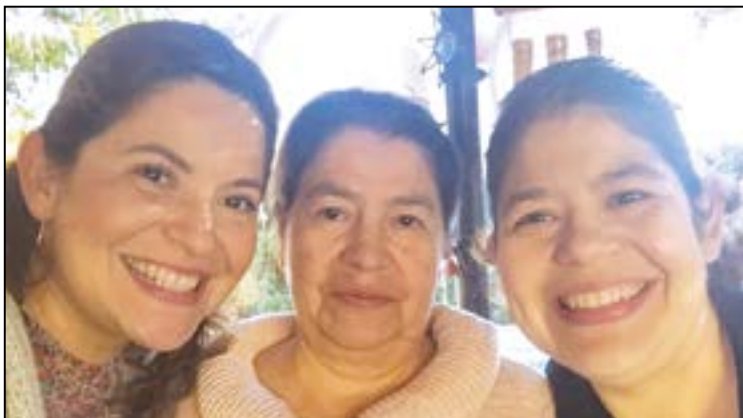
Shirlene Wallis (l-r), Debbie Casper, baby Kinsley Ward and Hannah Ward



The family of Carol Chambers



Kelley B. Song (left) and granddaughter Audrey Song



Carmen Garcia, Everlinda Garcia and Ally Phillpsen

To Kelley B. Song, Mutual 14

God gave us the best, most dedicated and supportive mother we could ever wish for: Kelley B. Song. Mom has always been there for us, and our dearly departed dad, Keith K. Song, as the matriarch to an immigrant family, from life in America

in an SRO in 1969 toiling for years to feed us, guide us and educate us, support us as we grew into adults. She loved us all way through, to success and happiness.

Kelley is an artist, painter, ceramicist, philosopher and supporter of the arts, with a modern, whimsical eye for design and aesthetics. She's an arbiter of great style and taste.

We salute and appreciate so much our dear mother Kelley B. Song and love our beautiful mother too much to mention, for everything she has sacrificed and done for us! We love you, Umma, until the end of time! Kelley B. Song, the greatest mother on Earth... ever, we love you so much!

—Jina Asia Bautista, Mutual 14

To Thuy Do, Mutual 14

To Mom,

You are the rock of our family. Your strength, wisdom, guidance is to be admired and emulated. An amazing mother and grandmother, you have taught us all what it means to love and live. Though there is only one day dedicated to celebrating and remembering mothers, we celebrate you everyday in our hearts.

You continue to thrive and flourish as you inspire everyone around you. You shine so brightly to the world in your art and your commitment to serve others as you share your faith. We are your children, but we do not have the energy to keep up with you. We love every bit of you and want to spend this Mother's Day celebrating your love for us.

—Stephanie T. Do, Mutual 14

To Patricia Rhoades, Mutual 9

Our mom is our hero.

From Eric: My dad died unexpectedly when I was 3 years old. In response to what had to be the most traumatic experience of her life, my mom, Patricia Rhoades, worked full time and put herself through nursing school to provide the best life for me and my baby sister Becky.

You don't always see the whole picture when you are a kid, but looking back through my grownup eyes, I see a woman who sacrificed everything for her children, who made us her No. 1 priority...always! Even when I was a moody jerk of a teenager! Because of my mom I grew up to be a good man and a good father. I'm not without my flaws, but I didn't get those from my mom. My mom is my hero.

From Becky: I second everything my brother wrote above. Mom put herself through nursing school and worked hard every day of her life to give my brother and I a good, happy, secure life.

She also loved us unconditionally, something that shouldn't be, but is, rare. All the best things about me come from her and the example she set for us. It is truly a joy to visit her, to travel with her, to talk to her, and to be her daughter. My mom is an incredible woman and my hero.

We make sure to love, cherish, appreciate, and spoil our mom at every opportunity. Happy Mother's Day!

—Eric and Becky Rhoades

ARTS & LEISURE



The Seal Beach Guitar Ensemble will perform on Saturday, July 29.

Seal Beach Guitar Ensemble

The Seal Beach Guitar Ensemble will perform on July 29 at 10 a.m. in the Clubhouse 3 Lobby. The ensemble had its first concert of the year in on April 27 in Clubhouse 3, Room 6, at 10 a.m. The group performed a new list of “Moderato Cantabile,” “Do Re Mi” and three other

ensemble pieces. Each member also played solo. The ensemble has a new member: Titus Kim, who has played and taught an auto harp class before in LW. The ensemble will perform its new repertoire in this year: “Minuet in G” and “Medley of Christmas Carols” for the second annual concert. Ensemble

members gather every Thursday in Clubhouse 3, Room 6, from 9 a.m.-noon. to learn classic guitar techniques and skills. Anyone who is interested in learning classic guitar or joining the group is welcome. For more information, contact president Mimi Lee via text at 914-843-1696.



Photo by Lori 'Lolo' Chamberlain

Mahalo/thanks to Mutual 12 board of directors for an invitation to its annual luncheon in Clubhouse 2 on April 27. Here, the lunch crowd and Hui O Hula club dance “Tiny Bubbles” together.

Hula dancers perform for Mutual 12 luncheon

Hui O Hula had a lot of fun entertaining the LW crowd at the GAF 50th celebration on April 22. Around 30 dancers and musical band KAPAKAHI showed up to dance and sing. After the first song, “God Bless America,” hula program continued with both the hula kahiko (traditional chant) as well as hula auwana (modern dance styles). Implements such as na pu’ili (bamboo sticks) and na ‘uli ‘uli (feather gourds) were also used.

On the morning of April 27, Hui O Hula entertained at the LW Health Care Center on its “Celebrate Hawaiian Culture Day.” The hula dancers and the LW medical staff had lots of fun dancing together. The club thanks Sarah Young, who is the patient relations liaison for the HCC. Next, dancers went on to perform at Mutual 12’s annual luncheon. Hula instructor Jojo Weingart lives in Mutual 12, and said it was exciting to be able to

share her aloha in hula with her neighbors and friends there. Hula dance lessons are offered twice a week. All are welcome. The current hula subject is “Ka Pilina,” composed by Frank Kawaikapuokalani Hewett. For more information, call 562-431-2242. A special class for absolute beginners will be offered in June. This class will last six weeks; basic steps and two hula will be taught. Sign ups are necessary, and there will be a small fee.

LWers invited to sell their crafts at July 4 event

Recreation will host its annual Fourth of July Classic Car Show & BBQ and is calling on all artisan clubs to showcase and sell their crafts. This is Recreation’s largest event of the year, and club’s are invited to take advantage of this opportunity to engage

with both Leisure Worliders and guests while enjoying food truck fare, live music and classic cars courtesy of the Silver Fox Classic Car Club. Artisans are an integral part of this event, as spectators enjoy one-of-a-kind crafts and talents right inside of the walls.

To participate in the event, contact Recreation at 562-431-6586, ext. 476, or email mayokab@lwsb.com. Space is limited and filling up fast. This is a way to promote a club and attract new members, as well as to show off artistic talents.



Ivy Kung in Taiwan.

Travel Diary: Taiwan

by Ivy Kung
LW resident

I visited Taiwan, also called “Formosa,” from March to April this year. I lived in Jiaoxi Township, Yilan County, Taiwan, a scenic spot famous for its natural hot springs. One of the eye-catching ancient mountainous areas I visited was called the “Horse Paving Trail” and is now called the “Jiaoxi Historical Trail.” It is a section of Danlan Ancient Trail South Road in Yilan County. It is the transportation from Tamsui Office (Taipei) to Kavalan (Yilan). The road was formed during the Xianfeng and Tongzhi years of the Qing Dynasty with immigrants to reclaim the inland of Pinglin, along the Xindian River and Jingmei River to Shengkeng, after crossing Shiding and Pinglin, to Shipai, Toucheng to Jiaoxi and Beiyi. There are many overlapping sections of

the highway, also known as “Beiyi Ancient Road.” Roads were built during the Japanese colonial period, and the ancient roads were abandoned. Only the section from Shipai to Jiaoxi well-preserved. It was restored by the Jiaoxi Township Office and named “Horse Paving Ancient Road.” The Pao Ma Ancient Road has been named many times, and each name represents a period of history—the earliest was a path for transporting timber. The track was laid with round logs, smeared with black oil to reduce resistance, and wooden horses were used to carry the timber, hence the name “Wooden Horse Road.” The ancestors walked with blue threads, and wooden horses weighing thousands. Now on the gentle and wide gravel road, hikers walk briskly and enjoy the clear streams of the mountains, unprecedented lightness and affinity.

Photo Arts Club

The Photo Arts Club will meet today, May 11, at 1:30 p.m. in Clubhouse 3, Room 9. The assignment is to submit photos taken on the club’s field trip to the Rancho Los Alamitos on April 13 by submitting them to Ben Benjamins at ben-benjamins@hotmail.com to be shown at the meeting. People should also bring photos of their choice to be displayed and to be commented on at the meeting.

Hooks and labels will be available for members to use to hang framed photos in the hall of Clubhouse 3. Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome. For information about the club, call Regine Schumacher at 562-430-7978.

—Regine Schumacher

Traveling Tigers

The Traveling Tigers will meet Wednesday, May 17, at noon in Clubhouse 3, Room 9. The meeting will begin with a potluck. People are encouraged to bring a dish to share and, if possible, their own plates, silverware and coffee cups. There will be a short business meeting at 1 p.m., followed by a travel related discussion.



New members David Noble (l-r, top to bottom), William Young, Vitaly Telishevsky and Tina Todorov.

Doo Wop Club

A private event has been booked at Clubhouse 2 on May 20 and as a result, the next Doo Wop performance is planned for Saturday, July 15.

The club welcomes several new performing members who will hit the stage just in time for the annual Summer Woodstock

themed show. Those interested in auditioning can let the club know by joining its private Facebook group page.

If you don't sing or dance, there are still many other ways to join the club. Another great show is shaping up.

—Lu DeSantis



Kim Moore

GARDEN CLUB

Naturalist will speak at meeting

The Garden Club will meet Monday, May 15, at 1:30 p.m. in Clubhouse 2. Naturalist, artist and photographer Kim Moore will present a program titled “A Garden Filled with Life,” an overview of some insects and other critters that call a garden home.

After retiring from a career in information technology for the financial industry, Moore pursued her interests in nature, photography and art.

She has taken classes in entomology, zoology, birding and botanical illustration and is a certified naturalist through the Los Angeles Coastal California Master Naturalist Program, participating in environmental education and in citizen science activities including local butterfly surveys, bird counts and biodiversity hunts and studies.

“My art and photography reflect my passion for exploring nature—starting right outside my own front door,” she said.

Her work has been displayed at the Museum of Latin American Art, Greenly Art Space, Gallery at El Dorado Nature Center and the Liberty Gallery and Event Space in Long Beach.

Tickets for the Garden Club’s “June Blooms” luncheon will be available in the lobby before and after the meeting at a cost of \$20.

The luncheon will be June 19 at 11:30 a.m. in Clubhouse 2. It will feature a delicious meal including a club wrap or veggie/hummus wrap with salads and an array of baked goods for dessert.

Attendees are encouraged to wear their favorite gardening hat and participate in a festive parade.

There will also be door prizes and an opportunity drawing for many splendid gift baskets. Club membership is not required to attend this event.

The WE CARE table will also be set up in the lobby for donations of non-perishable food, gift cards and cash. Coffee, tea and cookies will be served after the meeting.



Robert Richert

LW LIBRARY

Author will discuss Vietnam War

The LW Library invites residents to its second AuthorSpeak event of 2023 on Friday, June 2, at 11 a.m. next to the Library at Veterans Plaza.

Veteran, artist and memoirist Robert Richert will take listeners through his time in the Vietnam War as a drafted civilian and through struggles, both mental and physical, that he endured while in Vietnam.

He'll also discuss his healing process in the years afterward with his book “Open Wound.”

Arrive as early as 10:30 a.m. to enjoy refreshments provided by the library. The discussion begins at 11 a.m.

RV Club Annual Picnic

The RV Club will meet Tuesday, May 16, at 5 p.m. in the Clubhouse 1 picnic area.

The group will have a barbecue dinner for the club's annual May barbecue and potluck picnic. The club will provide tri-tip and chicken entrees and beverages.

Members may bring a side dish such as a salad, potato dish or dessert. Happy hour starts at 4 p.m. Members who want chicken for their entree must RSVP.

Volunteers are needed. To volunteer, come by the picnic area at 4 p.m. This is the RV Club's last meeting until September. RSVP to lwrvclubsb@gmail.com or text Bob Konier at 562-314-8468.

LW Orchestra

The LW Orchestra is rehearsing for its spring concert, which will take place Saturday, May 20, in Clubhouse 4 at 1 p.m. with exciting and challenging new music to present. The program will include Bizet flute solos by Robann Arshat, who is the GRF member resource liaison, a movement from Beethoven's “Symphony No. 5,” and “Ave Verum” by Mozart sung by Linda DeRungs from Mutual 5.

The orchestra has grown over the last two years and is almost complete. However, the

group needs an oboe player, French horn player and drummer. The group could also use another bass player.

The LW Orchestra rehearses on Tuesday and Wednesday afternoons in the Amphitheater. Anyone interested in joining call Fred Reker 615-898-0669 or email fredreker326@gmail.com.

As always, the concerts are free and refreshments are served at the end. It is a grand bargain and wonderful musical experience.

—Fred Reker

GRF Excursion Recap

by Mayoka Bassell
Recreation Department

When I saw the International City Theater's ad for “Under the Skin” by Michael Hollinger, I immediately knew it was a comedy I wanted our residents to enjoy. And so we did on April 30 as Gold Coast Bus 6042 took us along Ocean Boulevard with residents beaming in their excitement. The excursion was smooth from start to finish, and “Under the Skin” was impressively clever. The play offered a mix of laughter, confusion, and tears—both of joy and frustration—as Reina neurotically decided whether her father Lou deserved her kidney or not.

Lou seemed like the guy who always was who he was no matter what it cost others. So, we all

felt for Reina as we watched her inner girl lose it while she carried all the pain from her past. And understandably so. At the end of the play, her love for her father allowed her to donate a kidney as a match, although Lou, as it turned out, was not her biological father!

I want to encourage our residents to not shy away from the new experiences GRF is hosting for our community.

Recreation still has tickets to the Angels game on June 9 and will soon be selling excursion tickets to the Getty Villa on July 7, as well as Pageant of the Masters on August 30.

For more information about upcoming excursions, contact Mayoka at 562-431-6586 ext. 476 or email mayokab@lwsb.com.

Quilting Bee luncheon tickets on sale

The Leisure World Quilt Bee Annual Spring Luncheon Fundraiser is May 17 in Clubhouse 2 at 11:30 a.m. Tickets are \$20.

This is a popular event with wonderful door prizes. There is limited seating so those interested should contact Lisa at 949-584-2884 as soon as possible to purchase tickets.

LW Weekly

562-430-0534

Recreation Amenity Update

by Kathy Thayer
Recreation Manager

Excessive club setup policies pulled for further study

The GRF board decided to pull two reservations policies off the April agenda at the last minute for more review. These amended policies would allow GRF to charge clubs for excessive setups: that is, requiring more than a total of one hour setup, teardown, cleanup, and AV assistance provided by one custodian. The board sent the policies back to the Recreation Committee. After discussion at the meeting, it was decided to send this to a work study once the new committee structure is implemented in July.

The discussion included the possibility of exempting 501(c)(3) organizations that raise money for Leisure World residents. It was also recommended that new clubs and existing ones at the time of renewal will need to work with staff on the setup they would like, which may or not be approved depending upon how elaborate it is. That procedure was approved and is now being implemented. Another director suggested allowing only the one hour for setup and teardown and any time required for one custodian beyond that would come off of their reservation time.

Recreation did reach out numerous times to offer clubs a consultation on their current setup; only four clubs took us up on it.

Amenity questionnaire results

Results of the New Amenities Questionnaire were

published in the LW Weekly on May 4. They may also be viewed on lwsb.com. Over 1,900 residents responded. Overall, we did not see much enthusiasm for new amenities and virtually all ideas would only be supported if they did not raise assessments. This is valuable information for the committees that plan for the future. The survey was conducted using Survey Monkey, which program GRF owns, at virtually no cost to shareholders. The digital version includes comments that could not be calculated.

Big events coming up

We are busy preparing for the Amphitheater season, special events, running bus trips, and acclimating to the new GRF structure. The July 4 Classic Car Show, BBQ and Craft Fair is coming soon. If you are a member of a craft club, ask your leadership if they have signed up for the biggest event of the year. See page 19 for more information.

New food trucks

Finally, we are in negotiations with several food trucks to be added to a monthly rotation. Of all of the requests on the survey, more food options were No. 1. If the community supports these businesses, we can count on them coming back and if not, they will require that we guarantee a certain level of sales to return. If you have a favorite truck, we are open to more suggestions.

We welcome your respectful input and inquiries on all things Recreation. Please let us know what is on your mind.

For further information, contact kathyt@lwsb.com.

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Puzzles & Comics

Answers on page 26

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

"ACROSS AMERICA" By JOHN CLARK LEVIN

- ACROSS
- 1 Band with horns
 - 8 Some fits
 - 14 "Or perhaps less"
 - 20 Go on a rampage
 - 21 November pardon recipient
 - 22 End of a sentence
 - 23 Tournament pairings in Fort Wayne, Denver and Kennebunkport?
 - 25 Without delay
 - 26 Personnel groups
 - 27 A 20-sided one may be used in Dungeons & Dragons
 - 28 Bit of Lab love
 - 30 Pericles foe
 - 31 Hot Wheels item
 - 33 Regular observance in Bangor, St. Louis, Providence and Mobile?
 - 35 Grandpa Simpson
 - 38 Cheering noise
 - 39 Fill up
 - 40 They may have EIKs
 - 41 They may be uncut
 - 43 ___ Díaz de Vivar (El Cid)
 - 46 Reddit Q&A sessions
 - 47 Bagel topping
 - 50 Bread spread in Montgomery, Jefferson City and Fargo?
 - 52 Showed the way
 - 53 "Murder, She Wrote" setting
 - 54 Formal topper
 - 55 Screenwriter James
 - 56 Fronts divide them
 - 58 Cleave
 - 59 Hilton rival
 - 61 Ancient Dead Sea kingdom
 - 64 Far less friendly
 - 65 "A Wrinkle in Time" director
 - 66 DuVernay
 - 66 Tableware in Boston, South Bend, Baton Rouge and Bismarck?
 - 70 Old draft org.
 - 72 Amazon's sector

145 Did

146 Base opposite

147 Cable station for 45 yrs.

148 "Shape of You" Grammy winner

149 Moderate, with "up"

150 Religion of Mecca

151 Some Kias

152 Gadot of "Wonder Woman"

153 What can capture Santa Barbara, Grand Forks and Boise?

154 Journalist Curry

155 Cry hard

156 Pasta order

157 Shoe part

158 Route-finding app

159 Writer Bombeck

160 Contractor's no.

161 Power-washing meas.

162 Olympiads in Little Rock, Fresno and Dover?

163 Modesto Nuts' baseball level, historically

164 Tackle neighbor

165 Giants manager

166 Kapler

167 Orc, to an Elf

168 JFK's 100

169 Name of six popes

170 Traffic cone color in Quincy, Minot, Bentonville and Bloomington?

171 Supply

172 Big Easy cuisine

173 Coffeehouse job

174 Implored

175 Patronizing words, maybe

176 Mountain wind

177 NFL analyst

178 Collinworth

179 Track

180 Atahualpa, e.g.

181 Lars of "Tomb Raider" games

182 Try to achieve

183 Homers, in

184 baseball lingo

185 Gambling initials

186 Part of a flight

187 Purplish shade

188 Target of Indy's quest

189 He-Man nemesis

190 Relaxing bubble bath, say

191 Food service giant

192 Pub pick

193 Campaign funders

194 Online harassers

195 Worked to perfect

196 Big name in metal

197 Itsy-bitsy

198 Food label fig.

199 "Seinfeld" doofus

200 Greek-style yogurt brand

201 Old wizard

202 Small tablet

203 First name in mystery

204 Trusted

205 Hermione

206 Granger

207 portrayer

208 Browsing blueprint

209 Campus org.

210 Started eating

211 Hwy., e.g.

212 Clay became him

213 Worries too much (over)

214 Evokes a "TMI" say

215 Strikes (out)

216 "Moonlight" actress Harris

217 TV forensics letters

218 Easy as ___

219 Maine coastal park

220 Feminist film-criticism subject

221 ___-horse town

222 Riders, e.g.

223 Office PC linkup

224 Invites over

225 Summer quencher

226 Kenyan's neighbor

227 "I see" reactions

228 Important period

229 Caesar salad dressing ingredient

230 Tie word

231 Gator's tail?

232 Texer's "No way!"

233 Lunched

234 Donation to the poor

235 Corruption metaphor

236 Disappointing social outing

237 in a watchful way

238 Head to sea

239 Sandal style

240 Audibly shocked

241 Less tactful

242 "Cheers" waitress

243 Big name in transmission repair

244 Apple pie-making tool

245 Welcoming garland

246 Bring shame to

247 FDR's Scottie

248 Not duped by

249 New ___

250 Migratory seabird

251 Quiet go-ahead

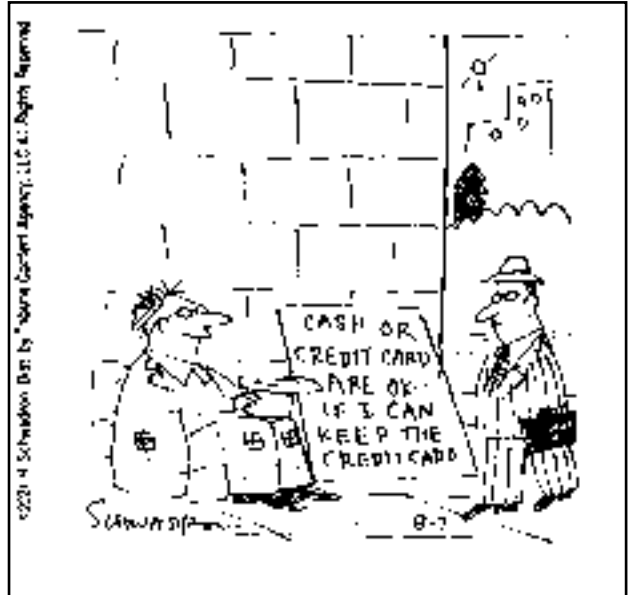
252 One looking for a buck?

253 Food service trade org.

Sudoku 1

6			8	3		1	2
						6	9
					5		
	3		6			4	
	9		2		5	3	8
	7				4	2	
		7					
9		2					
5	1		3	9			4

9 To 5 By Harley Schwadron



SCRABBLE G R A M S

PAR SCORE 260-270

BEST SCORE 344

FIVE RACK TOTAL

TIME LIMIT: 25 MIN

JUMBLE

Unscramble these fun words and offer to each square to form four primary words

NEGIS

LNAFK

TCLOHB

LUNFAT

These are just as good as Kona

We repeated these last month

Let's try to do it again

Let's try to do it again

Let's try to do it again

I am an actor born in California on January 7, 1971. I was nominated for an Academy Award for Best Actor for a role as a military sergeant. Later, I went on to play a key role in Marvel's Avengers movies.

		2	1		4			
5								3
	3				9	2		
			6		3			1
						5		6
2					7			
	1	7	4					
				6				
	9				2	8	3	

Puzzles & Comics

Answers on page 26


The cryptogram features a key at the top where symbols correspond to letters A-Z. Below the key, the words 'CRYPTO FUN' are written in large, bold letters, each with a symbol underneath it. The puzzle text below reads: 'Determine the code to reveal the answer!'.

Symbol	Letter
☉	A
**	B
☐	C
☺	D
♣	E
~	F
☾	G
☪	H
✧	I
*	J
⊗	K
⊕	L
≈	M
✱	N
▲	O
☾	P
✱	Q
♊	R
✱	S
≡	T
☿	U
☼	V
☾	W
☼	X
☼	Y
☼	Z


CRYPTO FUN

☐ ☾ ☼ ✱ ☿ ≈ ~ ★ +

Determine the code to reveal the answer!



By David L. Hoyt and Jeff Knurek




YOU CAN PLAY Boggle on a 4x4 grid of letters. The letters are arranged in a 4x4 grid of paper. The letters are arranged in a 4x4 grid of paper. The letters are arranged in a 4x4 grid of paper.

BOGGLE POINT SCALE

(1 letter = 1 point)
 (2 letters = 2 points)
 (3 letters = 3 points)
 (4 letters = 4 points)
 (5 letters = 5 points)
 (6 letters = 6 points)
 (7 letters = 7 points)
 (8 letters = 8 points)
 (9 letters = 9 points)
 (10 letters = 10 points)
 (11 letters = 11 points)

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Garner
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again



Boggle BrainBusters Bonus

We put special brain-buster words into the puzzle grid. Can you find them?

Find **AT LEAST EIGHT BONUSES OF WATER** in the grid of letters.

BLOOD DONATION WORD SEARCH

A	L	R	N	C	L	U	K	E	G	N	I	R	Y	S	O	C	S	B	B
Y	K	K	N	A	B	O	O	T	H	E	R	A	P	Y	E	L	D	A	E
U	C	I	S	M	I	P	S	P	E	T	R	Y	K	L	D	O	N	N	D
P	A	K	U	G	R	T	I	M	G	T	S	R	L	M	R	I	G	M	D
B	U	D	M	E	D	O	S	A	O	E	O	R	C	G	L	G	O	S	U
A	I	L	A	I	Z	E	H	T	E	D	N	S	E	U	A	I	I	S	P
L	D	S	A	T	I	N	B	P	G	A	Z	E	B	D	B	B	B	C	D
L	Y	A	N	T	B	B	I	D	Y	T	E	L	S	T	H	I	G	M	O
E	S	B	T	U	Z	H	B	Y	I	G	R	O	Y	S	A	B	A	L	C
L	E	O	I	P	R	E	H	U	I	P	I	K	L	D	N	R	C	R	I
E	M	T	G	G	K	M	E	C	I	U	E	A	Y	D	C	A	H	E	H
U	Y	E	E	D	P	A	M	T	T	H	D	S	O	D	N	I	C	G	A
T	Z	I	N	S	M	N	O	I	D	Z	U	N	U	O	P	A	T	P	B
Z	N	H	U	D	S	A	O	N	R	G	G	E	A	N	K	T	A	K	R
R	E	U	G	K	A	N	I	B	G	D	O	N	R	A	T	I	M	R	K
E	L	D	T	N	G	R	O	M	O	K	N	C	A	I	R	O	S	O	D
S	P	H	M	B	L	N	R	U	P	P	U	N	E	O	Z	N	S	N	O
R	H	U	I	A	S	Z	K	I	Z	S	I	M	A	S	K	Z	O	D	O
P	L	D	M	P	H	K	D	P	D	I	S	E	A	S	E	Y	R	Z	L

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ADSORPTION
ALLELE
ANTIBODY
ANTIGEN
ANTIGLOBULIN
BANK
BLOOD
CALIBRATION
CELLS
CODOMINANT
CROSSMATCH
DISEASE
DONATION
DONOR
DOSAGE
ENDOTHELIAL
ENZYMES
GENETIC
GROUP
HEALTH
STEM
SYRINGE
THERAPY
TYPE

Opera Club

The Opera Club will screen “Fire Shut Up in My Bones” on Tuesday, May 16, at 1:30 p.m. in the Learning Center of Clubhouse 3.

Frieda Davis, the club’s knowledgeable music source, will introduce this contemporary opera by composer Terence Blanchard.

The opera is based on the New York Times’ bestselling “Fire Shut Up in My Bones” by Charles M. Blow.

It is a memoir about the author’s early-life exposure to pedophilia, illustrating the negative psychological and emotional effects caused by the human behavior of another person.

In Act 1, the adult Charles is driving back to his childhood home in Louisiana with a rifle next to him.

He recalls how his mother Billie was unable to extend affection to him as she had four other children plus a full-time job to manage her household.

When his older cousin Ches-

ter visited and abused Charles at age 7, he understands that destiny beset him with the burden of how to deal with that incident.

Act 2 recounts how his traumatic incident was followed by rage and confusion. However, Charles does decide to move on with his life by going to Grambling College.

In Act 3, he falls in love with Greta, but when he learns she is seeing someone else and breaks off with him, he calls home in his loneliness, only to find out that Chester is again visiting.

He packs a gun and sets off for his childhood home leaving destiny and the audience to discover the outcome of his decision.

The production is in English with English subtitles. Attendees are invited to wear masks indoors, if desired.

No dues or fees are collected.

For more information contact Opera Club President Margaret Gillon at MargaretG@yahoo.com or call her at 562-370-3844.

Genealogy Club

The Genealogy Club Workshop, which meets in the east end of Clubhouse 3, welcomes visitors and new members.

The club provides computers with Ancestry.com, newspapers and military subscriptions for member use. It also has a large selection of research books and periodicals.

The Genealogy room is open Monday through Thursday from 1-4 p.m. and weekends from 11 a.m.-2 p.m. Each Thursday afternoon at 1:30 p.m., the club has a short class on a variety of subjects.

The schedule is as follows:

- May 4: Ancestry.com
- May 11: The Brazilian Connection
- May 18: Land Records
- May 25: DAR (Daughters of the American Revolution)



Van-Anh Nguyen

Symphony will host Mother’s Day event

The Seal Beach Symphony will hold its inaugural Mother’s Day recital on Sunday, May 14, at the Old Ranch Country Club.

From Australia, pianist Van-Anh Nguyen will play selections from Chopin and Debussy. Coloratura Soprano Hila Plitman will feature Mozart’s “Queen of the Night.”

Concert Master Myroslava Khomik will impress with Vivaldi and Massenet. Artist in residence Sangeeta Teresa Mai and Artistic Director Chad Berlinghieri will present a few classics, including the Italian favorite “Mamma!”

The afternoon will feature a cash bar and passed appetizers.

Individual tickets range from \$25-\$125. VIP tables and tax-deductible sponsorship opportunities are available.

For more information, visit sealbeachsymphony.org or call 562-509-8640.

Puzzle Answers

Puzzle pages 24-25



SCRABBLE G R A M S SOLUTION												
D	O	G	C	A	R	T	RACK 1 =	61				
M	E	N	A	C	E	R	RACK 2 =	61				
H	O	G	L	I	K	E	RACK 3 =	95				
O	U	T	B	R	A	G	RACK 4 =	60				
P	O	T	E	N	C	Y	RACK 5 =	67				
PAR SCORE 260-270								TOTAL	344			

Crossword Answers

CHICAGO	SPASMS	IFT	THAT
RUNRIOT	TURKEY	PAROLE	
INCOME	BRACKETS	ATONCE	
STAFFS	DIE	LICK	CLEON
TOYCAR	MEMORIAL	DAY	
ABE	RAH	SATE	APTS
GEMS	RODRIGO	AMAS	LOX
ALMOND	BUTTER	LED	COVE
TIARA	AGEE	AIR	MASSSES
HEW	OMNI	MOAB	ICIER
AVA	MAIN	LAND	CHINA
ETA	IL	APED	ACID
SHO			
EDS	SHEERAN	EASE	ISLAM
RIOS	GAL	CANDID	CAMERA
ANN	BAWL	ALDENTE	HEEL
WAZE	ERMA	EST	PSI
ARCADE	GAMES	CLASSA	
GUARD	GABE	FOE	PTBOAT
ADRIAN	MANDARIN	ORANGE	
SELL	TO	CREOLE	ROASTER
PRAYED	OK	DEAR	ALPHORN

Sudoku 1 Answers

6	5	9	7	8	3	4	1	2
1	8	3	4	5	2	6	7	9
7	2	4	1	6	9	5	8	3
2	3	1	6	7	8	9	4	5
4	9	6	2	1	5	7	3	8
8	7	5	9	3	4	1	2	6
3	4	7	5	2	6	8	9	1
9	6	2	8	4	1	3	5	7
5	1	8	3	9	7	2	6	4

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

SINGE FLANK BLOTCH FLAUNT
He told them that he grew great coffee, but
he was — FULL OF BEANS

Sudoku 2 Answers

7	8	2	1	3	4	9	6	5
5	4	9	2	7	6	1	8	3
1	3	6	8	5	9	2	4	7
9	5	8	6	2	3	4	7	1
4	7	3	9	8	1	5	2	6
2	6	1	5	4	7	3	9	8
3	1	7	4	9	8	6	5	2
8	2	4	3	6	5	7	1	9
6	9	5	7	1	2	8	3	4

Guess Who?
Jeremy Renner

Crypto Fun Answers

A. type B. donor C. blood D. health

Boggle BrainBusters Answers

SEA GULF FOWE ODVE LAKE OOSAN WLET LAGDON

Word-Find Answers

A	L	R	N	C	L	U	K	E	G	N	I	R	Y	S	O	C	S	B	B
Y	K	K	N	A	B	O	O	T	H	E	R	A	P	Y	E	L	D	A	E
U	C	I	S	M	I	P	S	P	E	T	R	Y	K	L	D	O	N	N	D
P	A	K	U	G	R	T	I	M	E	T	S	R	L	M	R	I	G	M	D
B	U	D	M	E	D	O	S	A	G	E	O	S	C	G	L	R	O	S	U
A	I	L	A	I	L	E	H	T	O	D	N	E	E	U	A	C	I	S	P
L	D	S	A	T	Z	N	S	P	E	G	Z	N	B	D	B	A	B	C	D
L	Y	A	N	T	I	B	O	D	Y	A	E	O	S	U	H	L	G	M	O
E	S	B	T	U	B	I	Y	Y	I	T	L	O	Y	T	A	I	A	L	C
L	E	O	I	P	Z	B	L	U	I	G	R	K	L	S	N	B	Y	R	I
E	M	T	G	G	R	H	E	C	I	P	I	A	Y	D	C	R	H	E	H
U	Y	E	E	D	K	E	S	T	T	U	E	S	O	D	N	A	C	G	A
T	Z	I	N	S	P	M	N	I	D	H	D	N	U	O	P	T	T	P	B
Z	N	H	U	D	M	A	O	N	R	Z	U	E	A	N	K	I	A	K	R
R	E	U	G	K	S	N	O	B	G	G	G	N	R	A	T	O	M	R	K
E	L	G	T	N	A	N	I	M	O	D	O	C	A	T	R	N	S	O	D
S	P	H	M	N	G	R	O	U	P	K	N	N	E	I	Z	Z	S	N	O
R	N	Y	I	B	L	N	R	I	Z	P	Z	U	L	O	U	T	O	O	L
P	H	D	T	A	S	Z	E	I	G	S	T	M	N	N	K	K	R	D	L
H	L	U	M	P	H	K	D	P	D	I	S	E	A	S	E	Y	C	Z	B

FAQS

from page 5

This lets you participate in the election process by returning a properly cast ballot.

I have heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must be present to make mutual annual meeting proceedings valid.

In the case of elections, your participation in the voting process, i.e. your properly cast ballot, counts as your attendance.

A quorum of at least one-third for some Mutuals and half plus one for some of the Mutual corporation membership is required before the mutual ballots can be counted.

I lost my ballot or cannot remember if I mailed my ballot. What do I do?

Call Accurate Voting Services toll free at 949-556-3936 to have a replacement ballot mailed to you or to confirm if your ballot was received.

Where do I mail the ballot?

The yellow-and-blue mailing envelopes are postage-paid and pre-addressed to the Inspector of Elections, Accurate Voting Services, Inc., P.O. Box 6117, Laguna Niguel, CA 92607-6117. Drop the ballot in a U.S. Mailbox as soon as possible.

Your ballot must be received before noon on the business day BEFORE the annual meeting.

You may also hand deliver your ballot to Clubhouse 4 on the day of the annual meeting. See instructions on your ballot for further information.

Do not forget to sign the outside return envelope.

I still have questions about annual meetings and elections. Who can help me?

Contact Rosie Estrada, Stock Transfer manager, at 562-431-6586, ext. 346, or Ripa Barua, election specialist, at ripab@lwsb.com for assistance.

The election schedule is provided below to assist with dates for your specific Mutual and save the date to attend your annual shareholder meeting. Mutuals are listed in order of annual meeting.

COUNCIL

from page 5

approved by the council, to stand as written.

- Minnie Domingo, senior director of business development at Silverado Hospice, and other representatives from Silverado Hospice discussed the Virtual Dementia Tour Program.

- Physical Property Manager Kevin Black provided updates on general projects in the community.

- Stock Transfer Manager Rosie Estrada presented the department's reports. The Mutual Administration monthly reports were submitted.

- The June Presidents' Council meeting was canceled.

The next meeting is scheduled for Thursday, July 6, at 9 a.m. at Clubhouse 4. It will be streamed via Zoom and on YouTube LIVE.

Bob Dylan tribute in Seal Beach

Leisure World resident Jon Pearlstone has two free local live music performances in Seal Beach. On Saturday, May 13, from 6-8 p.m., Jon will perform his Bob Dylan Tribute at Bogart's Coffee at 905 Ocean Ave. right across from the Seal Beach Pier. The show features Dylan's greatest hits along with other songs he inspired and the stories behind them. There is no cover charge.

On Sunday, May 21, Glory Days Bar and Restaurant in Seal Beach right off of Pacific Coast Highway has hired The Legends of Rock Band to play dance music from 3-6 p.m. There's indoor outdoor seating and dining and, if it goes well, the bar plans to make it a regular event at least until football season. Residents



A Bob Dylan tribute

may know The Legends of Rock Classic Rock Dance music from their monthly pickleball club dance in Clubhouse 2.

The Legends of Rock and The Bob Dylan Tribute appreciate the support of fellow Leisure World residents.

Community Karaoke

Cinco de Mayo was the karaoke theme of the night. The musical rhythm of "Jambalaya" sung by Ric Dizon and Ren Villanaeuva had the audience dancing. Vito Villamor's "Texas When I Die" also had them swaying. Eileen Merritt did a rousing "Redneck Woman."

Essie Hicks sang a powerful "Black Velvet." Barbie May pleased listeners with an old Freddy Fender hit "I Can't Help It." Tony Burris grabbed attention with "I've Got You Under My Skin."

The subtle beat of "All Over Again" was nicely sung by David Noble. Some beautiful, moving ballads were sung by Elizabeth Butterfield, Bev Sunday, Mariza Joaquin, Bob Barnum, Vitaly Telishevsky, Richard Yokomi, Gerry Tagaloa, Rob Illingworth and Donald Horning. Duets were fun for Susan Kelleghan, Vinny Correnti and Sherlene Wallis. Thirty-three karaoke performers kept the audience entertained.

Join the club for music and fun each Wednesday in Clubhouse 1 at 5:30 p.m. Enhance your karaoke singing performance at the Monday afternoon practice sessions in Clubhouse 6 from 1-3 p.m.. This is an opportunity to select the perfect rendition and key for a favorite tune. Everyone is welcome.



Photo by Troy Palmer

Dancers have fun with East Coast swing moves.

Leisure Time Dancers

On week five of the current class series, the Leisure Time Dancers gained a few new members, so they reviewed the basics.

Everyone did well, so the East Coast swing class returned to the cuddle in/out and pivots.

Likewise, the tango class reviewed and polished basics, and when that went well, introduced to new folks to the open box.

Classes are every Monday

in the dance studio, upstairs in Clubhouse 6.

East Coast swing is at 2 p.m., followed by tango at 3 p.m.

No partner necessary. Class will rotate so everyone dances. The cost is \$7 per person for one class, \$11 per person for two classes in a single day.

For more information, contact club President Jackie Theis at 310-743-9373.

South Coast Orchid Society

The South Coast Orchid Society will meet Monday, May 22, from 7-9 p.m. at Whaley Park Community Center (5620 E. Atherton St., Long Beach, 90815).

This week's program is titled "My Ten Favorite Cattleya Species," presented by orchid guru

and judge Douglas Overstreet, whose knowledge of orchids is truly encyclopedic. Orchids grown by members and guests will also be on display. The event is free and open to the public.

For more information, email southcoastorchidsociety@gmail.com.

CLASSIFIEDS

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Classified
deadline
is 12:00 p.m.
Monday,
for
Thursday's
publication

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CLASSIFIEDS

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Exp 6/14

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Exp 6/28

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Neighborhood Patio Sale. 1380
Weeburn Road, Mutual-4/Build-
ing-81/81-L. Thursday/May-11th,
8:00am-2:00pm. Many-Kitchen-
Items/Cabinet/Clothing/Loads-
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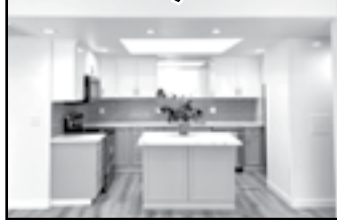
Mutual-4 Carport Space Available
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1221 Knollwood
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New Listing
Mutual 4-52J
\$455,000



FABULOUS GREENBELT and a GREAT UNIT!!
Fully expanded with so much added storage! Large living room/
dining room with built-ins and book shelves, remodeled kitchen
with added counter space, storage and breakfast bar and the
remodeled bath has dual sinks! Master bedroom has a walk-in
closet plus an extra wardrobe closet, the 2nd bedroom/den has
French doors that open to the living room and 2 closets - one
with a built-in desk! Washer/dryer, central heat/air, sky-
lights, laminate wood look floors, smooth ceilings, Plantation
Shutters, dual pane boxed bay window with seating so you can
sit and enjoy the FABULOUS GREENBELT!!

New Listing
Mutual 2-47C
\$459,900



BEAUTIFUL Unit - BEAUTIFUL Setting!
Light and bright open concept floorplan - the remodeled kitch-
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expanded and remodeled home has two bedrooms and one bath.
The master bedroom has a walk-in closet and the 2nd bedroom/
den has pretty French door slider that overlook the huge living
room. Granite counters, washer/dryer, 3 heat pumps, skylights,
smooth ceilings, laminate wood look floors, bay windows with
Plantation Shutters that overlook the
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Pending

Mutual 11-265-A \$495,000

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2-62C	\$225,000
6-130K	\$300,000
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15-11Q	\$350,000
12-55E	\$295,000
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M1-28A



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Mutual 4 -76I
\$219,000



1 BDR, 1 Bath Beauty, Move-in ready, Laminate flooring, New counters sinks and fixtures, Extra storage, new windows.



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\$445,000

Fully expanded corner, move in ready. Beautiful greenbelt location. New paint, new flooring. A/C Heat and more...



Mutual 16 - 54A
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Basic corner on a big greenbelt, Beautiful laminate flooring, Granite counter tops and more..

Mutual 2 - 10J
\$285,000



Basic 2 BDR/ 1 Bath, New paint and flooring, Skylights, enclosed side patio

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\$345,000




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2B/2Ba Great Features
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Mutual 12 – 77h Glen View
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Door, exceptionally clean!
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Mutual 15 – 22a McKinney
RARE ON MARKET 1B/1Ba
Corner, NEW Laminate Flrs.,
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Seal Beach, CA 90740



Claudette "CC" Cooley
310-484-9600




Mutual 1-40D \$229,500
Great greenbelt, enclosed patio, sky-
lights, very nice


Estee Edwards
562-208-2540

One-Bedrooms

Mutual 4-77E \$249,900
Elegant unit with upgraded appliances



Mike Varipapa
562-235-7413



Mutual 1-26L \$318,000
corner unit with extra large skylight


Leah Perrotti
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Two-Bedrooms


Mutual 15-46P \$367,000
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Mutual 4-50F \$369,000
comfortable & cozy with double
paned windows.


Mutual 1-10G \$425,000
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Chris Kim
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562 514-6613



Gloria Hadley
Realtor®
DRE # 01057681

Mutual 4-50F

\$369,000

Comfortable and cozy describes this fully expanded corner 2 Bedroom, 2 Bathroom home with a spacious Living Room. The dining area has double pane windows. The Kitchen has built-in Leisure World appliances including a stove, oven, and refrigerator, upgraded counter top and ceiling fan. The main bedroom has been expanded and has a wardrobe closet with a sitting area and a second closet in the expansion. The bathroom has a cut down shower for walk-in convenience. The second bedroom has been expanded and has a wardrobe closet. The Living room, Dining room and bedrooms have carpeting. Kitchen, Bath and hall-way have vinyl flooring. This lovely home has a heat pump and drive up parking.



PENDING

Mutual2-29E

**SOLD
2023**

Mutual9-212C
Mutual6-143A
Mutual 9-225C
Mutual 9-230D
Mutual11-283D
Mutual 4-51D
Mutual 8-189D

Mutual 1-26L

\$318,000

A must see corner 2 bedroom 1 bath cottage newly redecorated. This charming home is light and bright and ready to move in. It has new deluxe vinyl flooring though out and has been newly painted. The Kitchen has white cabinets and features built-in appliances including a built-in dishwasher and extra- large skylight. The bathroom has a large skylight and cut down shower for walk-in convenience. The private patio has new indoor/outdoor carpeting and walk-in storage closet. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities including, a swimming pool, Jacuzzi, 9 hole 3 par golf course, bocce ball, shuffle board, arts, ceramic and sewing room, a variety of exercise and card groups, library, health care center, amphitheater and so much more. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



**SOLD
2022**

Mutual 14-17B
Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6- 117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5- 117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10 -250J
Mutual11-286B
Mutual12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

M4-77E

\$249,900



Charming upgrade and recently remodeled 1 bedroom, 1 bathroom home. This delightful home has many upgrades. Spacious living room is light and bright and features leaded glass entry door, double pane windows with plantation shutters and deluxe vinyl plank flooring. Kitchen has new built-in appliances including Bosch stove and oven, LG double door refrigerator with lower freezer, new sink, and costume counter tops and new ceiling fan. Bedroom has deluxe vinyl plank flooring and double pane sliding glass doors to patio. Bathroom has new counter tops, sink, high boy toilet and cut down shower for walk-in convenience. Private patio has indoor/outdoor carpeting with patio storage and gated entry

M11-273L

\$349,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



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HOME SALES

www.OnsiteHomeSales.com



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From On-Site Home Sales!!!



M12 - 73H \$379,000

Partially expanded 2 Bedroom 1 bath



M6 - 142C \$225,000

Adorable One Bedroom



M5 - 71L \$405,000

Beautiful 2 Bedroom Corner Unit



M9 - 220C - \$315,000

Basic 2 bedroom one bath



M7 - 176F - \$459,000

Beautiful 2 bedroom 1 bath unit!



M14 - 32H - \$445,000

Fully expd. two-bedroom corner home; The Beverly Hills of LW



M9 - 208D - \$369,000

Fully Expanded 2 bedroom 1 bath



M2 - 58H \$395,000

Expanded 2 Bedroom 1 Bath



M11 - 275B \$319,000

Cute 2 bedroom 1 bath



M10 - 238H \$325,000

Lovely Drive up 2 Bedroom 1 Bath



M3 - 34F - \$320,000

Two-bedroom Upgraded unit; Washer/Dryer



M9 - 220B - \$305,000

Basic two-bedroom unit; Easy access; Faces the breeze



M11 - 283J \$258,000

Fully expanded one bedroom, one bath on a greenbelt



M11 - 264H \$529,000

Gorgeous 2 Bedroom 2 Bath with Washer/Dryer



M1 - 45B \$215,000

Basic East facing One Bedroom



M4 - 84F - \$399,000

Corner 2 Bedroom 1 Bath with enclosed Patio on Greenbelt



M3 - 16C - \$395,000

Two-bedroom full expansion!



M10 - 253D \$310,000

Basic 2 Bedroom 1 Bath



M12 - 62A \$459,000

Gorgeous Expanded Corner with added Bathroom



M1 - 44D - \$259,000

Gorgeous 1 Bedroom Close to Amenities



M3 - 9C - \$235,000

Partially expanded one-bedroom unit; Expd. bedroom; Tiled patio!



M4 - 81E - \$247,000

Very nice one-bedroom unit; Enclosed patio; On lovely green



Dawn Januszka

Broker

DRE #02110501



Ginni Houck

Escrow Officer



Verna Chumley

Realtor®



John Webster

Realtor®



Shawna Verrette

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1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 39 pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1201 Oakmont Rd #196H | M8 | \$349,000
Gorgeous greenbelt 2bed/1bath with partial expansion and exterior storage. Immaculate home with laminate floors throughout, Central HVAC, skylight, shutters on all windows.



13660 Annandale Dr #21F | M1 | \$379,000
Corner patio with garden walk up looking out onto the golf course! 2Bed/1Bath, heat pump, light and bright kitchen with skylight and newer appliances. Bamboo floors, dual pane windows, washer/dryer, meticulously maintained!



13200 Del Monte Dr #23P | M15 | \$329,000
Upper unit 2bed/2bath with window patio enclosure. Galley kitchen with newer oven and refrigerator. Blank canvas ready for your interpretation!



13800 El Dorado Dr #24B | M3 | \$369,000
2Bed/1Bath fully expanded unit with BIG beautiful windows in front. AC heat pumps, new carpeting, laminate floors and paint throughout. Skylights and cutdown shower in bathroom. Golf cart included!



13131 Shawnee Ln #268C | M11 | \$295,000
Adorable 2bed/1bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



1080 Foxburg Rd #216i | M9 | \$339,000
Adorable 2bed/1bath unit with full tiled patio and large bright skylights throughout. Washer/dryer, AC heat pumps in living room and both bedrooms, luxury vinyl flooring throughout, granite countertops, oversized storage unit and gold cart pad!



On May 8th, 2023 a total of 62 units show as active listings on the CRMLS (this is where Realtors list property for sale)

12 - 1 bedroom/1 bath units
from \$215,000 to \$258,000

38 - 2 bedrooms/1 bath units
from \$265,000 to \$459,900

12 - 2 bedrooms/2 baths units
from \$329,000 to \$597,500

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory! We are here to help!



HAPPY MOTHER'S DAY

WISHING ALL THE WONDERFUL MOMS OUT THERE A HAPPY MOTHER'S DAY FROM US HERE AT GASPER MONTEER!

