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ONLINE PAYMENT

New assessment payment system is operational

On May 1, the GRF began transitioning to a software system called CINC, which includes a new payment processing tool for residents. Welcome letters with important registration information were sent to every household and should have been received by now.

People who have direct debit through the GRF don't need to do anything but others will have to register for the new community portal.

What You Need to Know

- To learn how to register for the community's new online portal log on to <https://www.youtube.com/watch?v=gyyeFNCiGNA&feature=youtu.be>.
- To register for the CINC Community Portal, visit <https://lwsb.cincwebaxis.com>.
- There is no charge to register for the portal. (Additional charges on shareholder accounts are most likely for residential repairs; bills for those services will be coming soon.)

- To register for CINC, member information must match CINC's account information, so use the information provided in the welcome letter that was sent each LW household. If member and account information don't correspond to that in the system, you will need to have GRF staff validate and approve the registration before access can be granted.
- Payments submitted to the lockbox or through the click-to-pay website this month will be accepted.

For more information, call 562-431-6586, ext. 313, or visit info@lwsb.com.

Inside this issue

Coyote sightings increased in April. Page 3.

Learn more about GRF's upcoming elections. Page 5.

Seal Beach Health Fair is this weekend. Page 18.

FREE Legal Services for Qualifying Seniors 60+ in Orange County

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Community Legal Aid SoCal

<http://communitylegalsocal.org>

This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging. The conclusions and opinions expressed may not be those of the California Department of Aging and the publication may not be based upon or inclusive of all raw data.

50TH ANNIVERSARY



Golden Age Foundation members present the new Access bus to the GRF in 2014. The Access bus is available on call to LW residents with mobility issues.

LW never left the Golden Age
Thousands have benefited from 50 years of philanthropy

by Cheryl Falconer
GAF board member

The spirit of Leisure World is defined by the Golden Age Foundation (GAF), the largest, oldest, volunteer-driven philanthropic nonprofit in the community. For 50 years, the GAF's mission has been to empower people to live purposeful, healthy, quality lives in their own homes and community as they age. Its volunteers devote their time and talent to make life better on every level for residents.

The GAF is entirely funded by donations that are used to support safe, active, independent living for the entire community.

GAF Directors

There are 12 residents on the Golden Age Foundation Board of Directors who serve as trustees for all the projects funded by the GAF: Anna Derby, GAF president; Carl Kennedy, GAF vice president and Hospitality program chair; Heeja Alameida, director of Finance; Beth Greely, IT chair; Brenda Thompson, Mobility Aids program chair; Diana Lambert, Income Tax Program chair; Fara Macartney, recording secretary; Geneva Potepan, correspondence secretary; Martha Goossens history chair; Shery Wells, archives chair; Paula Snowden, membership chair; and Cheryl Falconer, 50th Anniversary Committee.

GAF HISTORY, page 17



GAF Vice President Carl Kennedy presents flowers and a hot meal to centenarian Bob Lynch in 2022.

HOW TO AVOID SCAMS

LWer's vigilance deters attempted phone scam

by Emma DiMaggio
emmad@lwsb.com

Last week, Mutual 7 resident Barbara Mogan received a suspicious phone call that could've resulted in the loss of \$49K. Luckily, Mogan identified the scam before it could escalate.

The call had several tell-tale signs of a scam. First, she received a text from an unknown number claiming that some-

one had attempted to transfer \$49K from her money market account. It provided a number to call for more information, so she called the number.

This was her first mistake: seniors should be suspicious texts or phone calls from numbers they don't recognize. Scammers will often impersonate someone else, such as a financial institution, a tech support line, a postal company, charity, IRS worker, Medicare profes-

sional, insurance broker, pharmacist or family member.

"In retrospect, I should've known it was a scam long before I did," Mogan said.

The man who answered the phone had an Indian accent and claimed to be a representative from her bank, "a big fat lie," Mogan said.

He repeatedly transferred her call, putting her on the line with a "supervi

SCAM, page 2

SCAM
from page 1

sor,” and then another, to make the call seem legitimate.

They continuously asked her if she lived alone and if she had another phone line, she said.

In retrospect, Mogan realized the scammers were trying to prevent her from calling a friend or relative to help her verify the call.

They told her to go to the bank and withdraw \$49K. They even told her what to say to the teller to reduce suspicion: that she was having work done on her house and wanted to pay the workers in cash. They told her to remain on the line while she withdrew the money.

This is another tactic scammers use. By keeping their victim on the phone, it prevents the person from looking into the call further. A quick Google search, or a call to a trusted family member or neighbor, would reveal their ruse.

As she was getting ready to head to the bank, she realized the call was a scam. She hung up the phone and went to her neighbors’ house. Her neighbor called Mogan’s bank on her phone, who confirmed that the call was a scam.

The scammers continued to call her back repeatedly, but she didn’t pick up. She then blocked the phone number.

“It’s very convincing. I thought they were being nice,” Megan said. “I consider myself fairly intelligent, but I wasn’t that day.”

Here are some questions to ask yourself if you find yourself in a similar situation:

- **Do I recognize the phone number? Is the call from a different area code or does the caller have an unfamiliar accent?** You can’t always trust the caller ID on a call, because scammers can use computer software that makes it look like they’re calling from a legitimate organization. In reality, they’re often calling from another country. Don’t click on unsolicited emails, texts or social media messengers from strangers.
- **Does it seem urgent?** Scammers will often create a false sense of urgency to give victims less time to think through the situation, often causing them to act against their better judgement. The scammers will often pose the situation as an emergency, and may get hostile and threaten their information for asking questions.
- **Are they asking me for personal information?** Scammers will often try to get personal information from their victims, like account numbers, Social Security numbers, pass-

words, credit cards or other identifying information that can be sold to fraudsters or used to compromise your accounts. A reliable institution or agency will never require you to share sensitive information over the phone.

- **Are they asking me to transfer money out of my account via a wire transfer or through gift cards?** A reliable institution will never ask you to send money via wire transfer, money order, cryptocurrency, payment app or gift card. Be suspicious of excuses for alternative forms of payment.
- **Are they preventing me from hanging up the phone?** Scammers know that victims’ friends or family members will be able to identify the call as a scam, so they try to keep their victims busy to prevent them from reaching out for support. Always ask a trusted friend or family member if you’re suspicious of a call.

Many, but not all, scams follow a similar pattern.

These same tactics may be used in email or social media scams. When in doubt, ask for a second opinion.

If you’ve been the victim of a scam, contact the Seal Beach Police Department at 562-799-4100 to make a report.



Pauline Breen (l) and Joni Williams sold glittering, hand-painted Christmas ornaments at the 2022 Arts & Crafts Festival.

Clubs can sell crafts at BBQ

Recreation is hosting its annual Fourth of July Classic Car Show & BBQ, and Recreation is calling out all artisan clubs to showcase and sell their crafts.

This is Recreation’s largest event of the year, and clubs won’t want to miss an opportunity to engage with both Leisure Worlders and guests while enjoying food truck fare, live music, and classic cars from the Silver Fox Car Club.

Artisans are an integral part of this event as spectators enjoy one-of-a-kind crafts and talents right inside LW’s walls. If a club would like to participate in the event, contact Recreation at 562-431-6586, ext. 476, or email mayokab@lwsb.com.

This is exclusively for GRF craft clubs. Individuals may sell their crafts at the Fall Arts and Crafts Festival in November. Space is limited and filling up fast. This is a way to promote a club and attract new members, as well as to show off club members’ talents.

SBPD officer injured in collision

A Seal Beach police officer was injured in a traffic collision while responding to an emergency call for service.

On May 12 at about 12:16 p.m., an on-duty Seal Beach police officer responded with lights and sirens to an emergency medical call for service. The officer drove into the intersection at Seal Beach Boulevard and Pacific Coast Highway when his vehicle was struck by another car.

The officer sustained non-life-threatening injuries. The Orange County Fire Authority responded and transported the officer to a local hospital for evaluation. The officer was released from the hospital later that day. The driver of the other vehicle also sustained minor injuries and was treated at the scene. Both the police car and the other vehicle were towed from the scene.

The Cypress Police Department is handling this investigation. The Los Alamitos Police Department is also assisting. The investigation is ongoing, and the cause of the collision is not immediately known.

Witnesses or anyone else with information is encouraged to contact the Cypress Police Department non-emergency dispatch line at 714-229-6600.



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Electrician Javier Gutierrez

Recognizing GRF Service

GRF thanks the following employees for their dedicated years of service to Leisure World.

- Javier Gutierrez, electrician with Service Maintenance, 2002
- Jaime Morales Soto, general maintenance technician with Service Maintenance, 2017
- Julia Mackin, Recreation attendant for the pool, 2019
- Lucyna Anna Cyze, Recreation attendant for the gym, 2019
- Veronica Mendias, Service Maintenance clerk, 2021
- Dianne Maldonado, Recreation attendant for the gym, 2022
- Christopher Mayne, Recreation attendant for the pool, 2022
- Roman Zavala, Recreation attendant for the pool, 2022
- Christopher Abel, Recreation attendant for the gym, 2022
- Patricia Littrell, Recreation attendant for the gym, 2022

WILDLIFE

Coyote sightings increase in April

by Emma DiMaggio
emmad@lwsb.com

It's coyote denning season, which means residents may see more of these canines around their yards between dusk and dawn.

Mutual 1 resident Denise Dena Frank saw two coyotes wandering lawns in the early morning on May 4, and she's not alone.

In the April Security report, residents reported three coyote sightings: one near the North Gate, one in the Clubhouse 4 parking lot, and another near Mutual 14. All of the incidents occurred between 8 p.m. and 8 a.m.

These sightings come as no surprise: an estimated 250,000 to 750,000 coyotes call California home, and they're quite active after mating season, which takes place from January to March.

That's because, from March to May, coyotes give birth to their pups.

They are protective of their young during this time and will be especially territorial near their dens.

Long Beach Animal Care Services suggests the following precautions against coyotes:

- Never feed coyotes or any other wildlife.
- Keep pets and pet food inside. If feeding outside, feed pets



Mutual 1 resident Denise Dena Frank had her first coyote sighting on May 4. She saw two coyotes wandering lawns around 8 a.m.

during the day (no more than one hour) and remove the food and water bowls when finished.

- Stay close to your pet when taking them outdoors and always keeping them on a leash, especially from dusk through early morning hours.

- Remove fallen fruit from the ground.

- Bag food waste such as meat scraps or leftover pet food.

- Keep trash in containers with tight-fitting lids.

- Use "hazing" techniques to shoo away coyotes, such as standing tall, yelling and waving arms while approaching the coyote; use a whistle, air horn, bell or other device; bang pots

or pans together; stomp your feet; using a water hose, pepper spray, or throw tennis balls or rocks at the coyote.

- Never run away from a coyote.

To report a coyote sighting to the California Department of Fish and Wildlife, visit <https://apps.wildlife.ca.gov/wir/incident/create>.

If there is an immediate threat to human life related to coyotes, residents should call 911.

Residents are invited to share photos of their coyote sightings with the LW Weekly by sending them via email to emmad@lwsb.com.

CITY OF SEAL BEACH

Expect basin construction through June

The Golden Rain Foundation, in partnership with the City of Seal Beach, was recently awarded a grant to install catch basin inserts to mitigate pollutants from entering into waterways.

On May 16, G2 Construction began installing these capture devices at various Leisure World locations.

The work will take place Monday through Fridays, starting at 8 a.m. G2 is expected to complete the work by mid-June.

"We thank you for your patience while we work together to improve our water quality," the City of Seal Beach said in a statement.

For more information about the construction, contact Iris Lee at the Public Works Department, 562-431-2527, ext. 1322.

LW LIVE

Get the real time information you need with LW Live.

See page 14 to sign up.

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*High Yield Savings Offer: This APY (Annual Percentage Yield) is accurate as of 2/13/2023. A \$5,000 minimum opening deposit of new money is required, a \$5,000 minimum balance to earn interest is also required. The rate may change after the account is opened and fees or withdrawals will reduce earnings. Additional information concerning Pacific Western Bank accounts is contained in our Deposit Account Agreement and Disclosure, Schedule of Fees, including information about fees, balance computation methods, compounding and crediting of interest, and contractual terms and conditions.

GOVERNMENT

GRF Board of Directors Meeting Agenda

- Tuesday, May 23, at 10 a.m.
Clubhouse 4
- This meeting may also be livestreamed at www.lwsb.com.
The tab will be active 15 minutes prior to the start of the meeting.
The livestreaming uses YouTube Live and terminates at the close of the meeting.
1. Call to Order/Pledge of Allegiance
 2. Roll Call/Notice of Quorum
 3. President’s Announcement
 4. Member Comments/Correspondence
 5. Consent Calendar
 - a. GRF Board of Directors Minutes, April 25, 2023
 - b. Accept Interim Financial Statements April 2023, for Audit
 - c. Approve Reserve Funds Investment Purchase
 - d. Approve Transfers of Funds for GRF per Civil Code 5502
 6. New Business
 - a. Capital Funding
 - i. Capital and Reserve Funds Balance Sheet
 - ii. Air Conditioning Unit for Amphitheater Dressing Rooms
Proposed Solution: Approve the installation of air conditioning at the Amphitheater dressing rooms as described, for a total cost not to exceed, \$16,920.00, which includes a 20% contingency, Capital Funding and authorize the President to sign the contract.
 - b. Reserve Funding
 - i. Shuffleboard Courts
Proposed Solution: Award a contract to Floor Care of Arizona for the leveling, beveling, and filling of cracks on six courts. Follow removing of all paint and lines, reinstalling lines, and numbers for \$10,950.00 plus a 20% contingency for a total cost not to exceed \$13,140.00 Reserve Funding and authorize the President to sign the contract.
 - c. Administration
 - i. Amend 30-1001-5, Glossary Term
Proposed Solution: Amend 30-1001-5, Glossary of Terms: Governing Documents, as presented.
 - ii. Amend 30-1021-1, Posting of Signs on Trust Property
Proposed Solution: Amend 30-1021-1, Posting of Signs on Trust Property, as presented.
 - iii. Amend 30-5022-3, Community Rules Violation Panel Charter
Proposed Solution: Amend 30-5022-3, Community Rules Violation Panel Charter.
 - iv. Amend 30-5025-3, Golden Rain Foundation Directors Handbook
Proposed Solution: Amend 30-5025-3, Golden Rain Foundation Directors Handbook, as presented.
 - v. Amend 40-2920-3, Budget Controls
Proposed Solution: Amend 40-2920-3, Budget Controls, as presented.
 - vi. Rescind 30-5175-3, Facilities and Amenities Ad Hoc Committee Charter
Proposed Solution: Rescind 30-5175-3, the charter for the Facilities and Amenities Review Ad Hoc Committee.
 7. Ad Hoc Reports
 - a. Governing Document Ad Hoc Committee – Discussion
 - b. 1.8 Ad Hoc Committee – Discussion
 8. Next Meeting Date
Tuesday, July 25, at 10 a.m. in Clubhouse 4
 9. Adjournment

GRF ELECTION BALLOTS

Your vote counts, and casting the ballot is simple

Every year, the Golden Rain Foundation (GRF) conducts an election to seat representatives from Mutuals on the GRF Board of Directors. This year, odd-numbered Mutuals will elect directors as follows: two representatives from Mutual 1 (because of its larger size) and one each from the other odd-numbered Mutuals.

Accurate Voting Services will conduct the vote-by-mail 2023 election.

Here’s how to cast a ballot:

1. After you have voted, insert the ballot into **Envelope A**.
2. Seal **Envelope A** and insert it into **Envelope B**, which is pre-addressed and postage-paid.
3. In the upper left corner of **Envelope B**, print your name and address (including unit number) *and* sign your name on the signature line.
4. Mail pre-addressed **Envelope B** to:
*Inspectors of Election
Accurate Voting Services
P.O. Box 80477
Rancho Santa Margarita,
CA 92688*
Allow 4-5 days for delivery.

The Inspectors of Election must receive your mailed ballot on or before noon on Monday, June 5, 2023, for your ballot to be counted.

People can bring their sealed ballots to Clubhouse 4, 1419 Northwood Road, Leisure World, Seal Beach, between 9-10 a.m. on Tuesday, June 6.

The polls will close at 10 a.m., and the counting process will begin. For a replacement ballot, call Accurate Voting Services toll free at 949-556-3936.

GRF BYLAWS BALLOT

Mail ballot to arrive before June 5 for a chance to win \$50 gift card

The GRF mailed a bylaw amendments ballot to every household on May 5.

Member participation is very important as 3,305 ballots must be returned with a “yes” majority for the amendments to pass.

Mailed ballots must be received before noon on Monday, June 5, so mail them as soon as possible for a chance to win a \$50 gift card. Allow 4-5 days for delivery.

LWers can also return ballots in person between 9-10 a.m. on Tuesday, June 6, in Clubhouse 4. Accurate Voting will begin counting ballots at 10 a.m.

Each Mutual will have one or more winners depending on its number of units as follows: Mutual 1, 844 units, eight cards; Mutual 2, 864 units, eight cards; Mutual 3, 432 units, four cards; Mutual 4, 396 units, three cards; Mutual 5, 492 units, four cards; Mutual 6, 408 units, four cards; Mutual 7, 384 units, three cards; Mutual 8, 348 units, three cards; Mutual 9, 384 units, three cards; Mutual 10, 276 units, two cards; Mutual 11, 312 units, three cards; Mutual 12, 452 units, four cards; Mutual 14, 328 units, three cards; Mutual 15, 502 units, five cards; Mutual 16, 60 units, one card; and Mutual 17, 126 units, one card.

Mutual Meeting Schedule

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.	
Thurs., May 18	Mutual 2 Admin/Zoom..... 9 a.m.
Thurs., May 18	Mutual 14 (annual) Clubhouse 4/Zoom 10 a.m.
Fri., May 19	Mutual 7 (annual) Clubhouse 4/Zoom 10 a.m.
Mon., May 22	Mutual 8 (annual) Clubhouse 4/Zoom 10 a.m.
Thurs., May 25	Mutual 1 Admin/Zoom..... 9 a.m.

GRF Meeting Schedule

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.	
Thurs., May 18	GRF Administration Committee Admin/virtual..... 10 a.m.
Tues., May 23	GRF Board Meeting Clubhouse 4..... 10 a.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings.

GRF/Mutual Election Schedule

Mutual	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed	Annual Shareholders Meeting
10	276	139	5	Apr. 13	May 16 10 a.m.
14	328	165	7	Apr. 18	May 18 10 a.m.
7	384	193	5	Apr. 19	May 19 10 a.m.
8	348	175	5	Apr. 20	May 22 10 a.m.
4	396	132	4	Apr. 24	May 24 10 a.m.
16	60	20	5	Apr. 24	May 24 2 p.m.
11	312	104	6	Apr. 25	May 25 10 a.m.
9	384	193	7	Apr. 26	May 26 10 a.m.
6	408	205	7	May 3	Jun. 2 10 a.m.
12	452	151	7	May 9	Jun. 8 10 a.m.
2	864	433	9	May 10	Jun. 9 10 a.m.
1	844	282	4	May 11	Jun. 12 10 a.m.
5	492	164	3	May 11	Jun. 13 10 a.m.
3	432	217	7	May 15	Jun. 14 10 a.m.
15	502	252	7	May 17	Jun. 16 10 a.m.
17	126	64	2	May 25	Jun. 27 10 a.m.
Golden Rain Foundation New directors installed at GRF Annual Meeting on June 13, 2 p.m. in clubhouse 4.				Ballots Mailed	Ballot Counting Meeting
Odd Numbered Mutuals				May 5	Jun. 6 10 a.m.

GRF Annual Meeting—What Is Your Question/Comment?

Do you have a question, comment or a suggestion for GRF? To expedite the proceedings of the GRF Annual Membership meeting on June 13, 2023, any member present who wants to comment or ask a question on any matter is requested to fill out this form. This will allow the GRF Board to prepare a response, if necessary. Submit requests to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, to the attention of Carol Levine, GRF corporate secretary, or Tia Makakaufaki, GRF executive coordinator, as soon as possible, but no later than 4:30 p.m. on Monday, June 5. People may also drop off questions/comments at the Stock Transfer Office: Attention Tia Makakaufaki.

NAME _____
(Please print)

ADDRESS _____ MUTUAL ____ APT _____

PHONE NO. _____

Subject of question, comment or statement which I intend to offer is:

Member comments are limited to:

- 4 minute limit per speaker, when there are no more than 15 speakers
- 3 minute limit per speaker, 16 - 25 speakers
- 2 minute limit per speaker, over 26 speakers

The Annual Meeting of the members will be held on
Tuesday, June 13, 2023, at 1 p.m. in Clubhouse 4 and livestreamed via YouTube.

Puzzles & Comics

Gasoline Alley



Broom-Hilda



Middletons



Los Angeles Times Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

"MAKING A DENT"
By MATT SKOCZEN

ACROSS

1 Hankered (for)
7 Honi's comics dad
12 Jungian concerns
19 Ricky Martin's surname, by birth
21 Mindless
22 Stuffed meat dish
23 Fraudulent budget increase for cleaning supplies?
25 Together
26 Walk in the park, say
27 Ending with neur-
28 Role for Ingrid
30 False
31 Lucie's dad
32 Start of a classic dramatic question
33 Those waiting for Facebook friend acceptance? Iain's negative
38 Concerning
40 Pre-flight pandemonium?
44 Big spreads
49 Challenge, as testimony
50 Air issues org.
51 "I knew it ___ you"
53 "Oy vey!"
54 Seal the deal
55 Hungry request
57 Fine
58 Folding ladder feature
60 H. to Kronos
61 Word of accusation
63 MIL rhyme for "Yahtzee"
64 Lost steam
65 Banking at a beach ATM?
69 Shape-fitting game
72 "The ___ Show"
73 Feed bag bits
74 Deg. of distinction
77 Just about
78 Letters to a lender
79 Part of CPA: Abbr.
81 Modeling supply
82 Stray
83 Ad.-based network
84 Shut out
85 Embrace, as a custom
88 Ancient Assyrian capital
91 Growing bulb?
93 First Black person to host a successful TV variety show

DOWN

1 Boast in a 1987 Michael Jackson hit
2 "Chestnuts roasting ..." co-writer
3 Exam no-nos
4 Tony winner who portrayed TV's Barney Miller
5 Vogue alternative
6 ___ grates
7 Use to conceal, as a bed
8 Added conditions
9 Chicken, in a Cantonese dish
10 Wilson of Heart
11 Saskatchewan capital
12 What a chair does
13 Spoken sounds
14 "Delish!"
15 Simple fastener
16 "___ mahana"
17 Car that didn't go far
18 Percolates
20 Precise location
24 Moving
29 Pres. or CEO
32 Fed. anti-discrimination org.
33 ___ Palace: castle on the Portuguese Riviera
34 Word with white or cream
35 "America's ___ Talent"
37 Legal gp.
39 Ready
40 One way to crack
41 "You found the right person"
42 Patti Tavatzenkit was its Rookie of the Year for 2021: Abbr.
43 Jazz pianist ___ Jamal
45 Quarterback Rodgers
46 Soften
47 One-named body-image advocate
48 Sesame ___
51 Bulb measure
52 Nightly news figure
56 Where it all started
57 One side of an issue
58 Mgr.'s second-in-command
59 Wintry strains
61 California's San ___ Obispo
62 Part of MIT: Abbr.
63 Fox
65 "The most striking figure in Starkfield," in a Wharton classic
66 Twelve, half the time
67 African antelope
68 Polished off
69 Alpine lake
70 Weena's race, in a Wells classic
71 IRS agent
74 Bit of talk show self-promotion
75 One may fall over a crowd
76 Something specific, informally
79 Heels
80 Showing support for
81 Take a limo, say
83 Spoo! occasion service
84 Sofia's home: Abbr.
86 Some NCOs
87 Anatoli's gp., once
89 Group for ex-GIs
90 Brings forth
91 Recycling receptacle
92 How deals are usually sealed
94 Kissing at the bar, briefly
95 Hit the jackpot
97 Protestant denom.
98 Group of experts
99 Geek Squad member, for short
100 Burns a little
102 Parts of gigs
104 Word from a coach
105 Where to find words for words
106 Label giant
109 "Gotcha, man"
110 Loaf
112 Pop's Carly ___ Jepsen
114 Text-scanning tech.
115 Called before
116 Limo passenger

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18

19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48

49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76

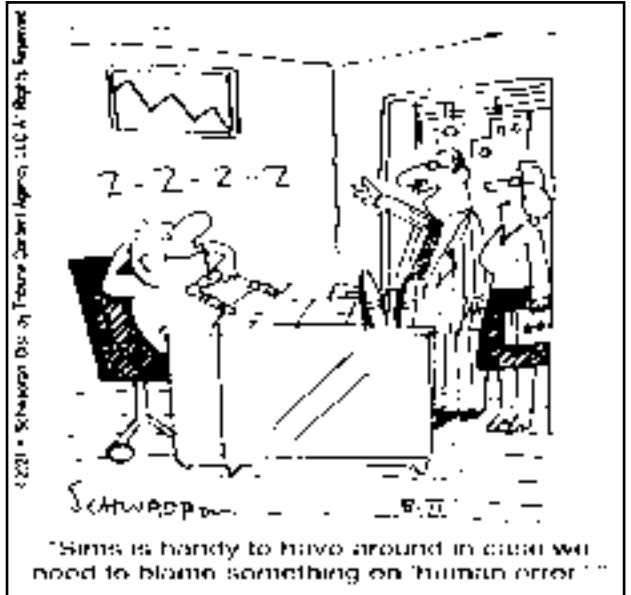
77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106

107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122

Sudoku 1

			9		1	2
	5		4	2		
7				3		5
2					8	
	4		2		5	
	8					6
4			8			1
1			3	7		2
6	7		1			

9 To 5 By Harley Schwadron



SCRABBLE GRAMS

PAR SCORE 260-270
BEST SCORE 330

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

A I D K N N M

E I O M S L S

E I U S N O T

E E I O N D C

E E I S G T D

JUMBLE

Unscramble these four words
one letter to each square
to form four primary words

LRUBB

GRAWE

KUICPP

PLATEL

Print your answer here:

THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knorr

Silly kid we weren't getting mad at after he game

With the round wheels, smelly socks, the wooden wheels, and the...

Now arrange the word cards to form the words and use as suggested by the above cards.

I am a singer born in New York on January 25, 1981. I studied at the Professional Performing Arts School. I am the first singer to receive five Grammy Awards at once after releasing my debut album. I also sang on a Jay Z New York-themed song.

8			9	7				1
	1	7						
4				5				6
			5			3		
5	8						2	
	3		2	4				
				9			3	2
6				1				4
					4	9	6	

Puzzles & Comics

Answers on page 22

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to slow cooking.
Each number corresponds to a letter.
(Hint: 12 = C)

A. 12 3 3 1 6 4 16
Clue: Preparing food

B. 17 18 17 12 7 23 6 12
Clue: Powered by electricity


C. 8 26 8 22
Clue: Opposite of here

D. 14 6 4 4 17 23
Clue: Evening meal

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BrainBusters!

By David L. Hoyt and Jeff Knurek




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BOGGLE POINT SCALE

- (1 letter) = 1 point
- (4 letters) = 2 points
- (6 letters) = 3 points
- (8 letters) = 4 points
- (12 letters) = 6 points
- (14 letters) = 10 points
- (16 letters) = 15 points

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Garner
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again



Boggle BrainBusters Bonus

Use our special BrainBusters words to the puzzle grid. Can you find them?

Find **AT LEAST SIX FIVE LETTER MAMMALS** in the grid of letters.

C	A	B	F	Y	I	M	E	A	L	S	E	U	A	L	V	K	C	Q	W
P	K	H	B	C	O	K	W	G	T	S	N	S	E	F	L	A	V	O	R
Z	O	W	B	Y	O	U	T	H	D	S	E	W	K	C	S	H	N	D	
S	H	T	I	M	H	M	E	W	T	A	L	T	L	W	I	A	E	S	
S	O	U	P	S	O	A	B	H	C	H	I	O	I	S	L	P	M	T	
P	Q	P	E	N	T	I	E	O	B	A	V	Q	G	B	T	A	I	E	
G	S	D	Q	D	Y	N	S	H	N	H	L	E	V	M	Q	P	P	W	
Q	N	B	E	M	D	T	A	E	W	E	M	Q	P	B	D	L	V	S	
S	E	E	A	E	O	E	A	T	R	A	W	K	O	O	C	I	R	O	
G	N	L	D	C	C	E	N	E	L	G	Q	Y	B	E	Z	A	T	I	
C	G	N	I	Z	I	R	B	D	N	E	T	P	B	B	Q	N	Y	H	
K	G	E	U	S	S	K	D	N	W	F	Q	U	G	C	C	U	I	E	
S	G	F	E	T	G	I	M	D	W	G	I	A	I	Y	W	O	V	A	
L	A	I	R	N	S	L	T	V	F	N	C	R	O	C	K	C	G	R	
O	Z	A	V	I	P	T	N	H	I	D	E	R	G	N	I	L	K	T	
W	U	A	T	O	W	V	N	M	C	M	F	O	R	E	A	O	Q	Y	
Q	A	A	L	Z	P	V	E	Q	R	Y	N	C	F	E	R	Q	B	T	
H	L	B	Z	W	C	H	F	H	S	E	T	T	I	N	G	V	N	U	
Q	V	G	N	A	I	R	S	W	S	A	V	N	Z	R	S	L	M	O	

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

APPLIANCE
CHILIS
COMBINE
COOKWARE
COUTERTOP
CROCK
DIGITAL
EVENING
FLAVOR
HEARTY
HEAT
INGREDIENTS
LOW
MEALS
MOIST
POT
QUARTS
SET
SETTING
SLOW
SOUPS
STEW
TENDERIZING
UNATTENDED

SPORTS & GAMES

Cribbage Club

Another great day of cribbage was played May 9 in Clubhouse 1. Carrie Kistner assisted Linda Evenson in serving a homemade blueberry coffee cake with vanilla ice cream to 51 members of the club. Melinda Cowan treated everyone to candy and mixed nuts. The club thanks everyone who provided refreshments.

The winners were: Gene Smith, first place, 843; Joanne Lester, second, 837; Linda Evenson, third, 834; and Minda Burkschab, fourth, 830. Lyn Doyle and Patti Smith deserve a special recognition for their low score of 54 out of a possible 121 in one game they played as partners.

To learn how to play cribbage, brush up on the game, or learn more about the club, call and leave a message with Terry Thrift at 714-394-588. New members are welcome. This year's dues are \$5.

To join, see the club's officers at the check-in desk before play begins on Tuesdays from noon-4 p.m. in Clubhouse 1.

—Marilyn Chelsvig



Shuffleboard Club's 2023/24 officers: Mick O'Connell, first Vice President, Mutual 2 (l-r), Kay Mount, President, Mutual 15, Sunshine Ellie West, second Vice President, Mutual 8, Linda Peters, Secretary, Mutual 6, Sally Fowler, Treasurer, Mutual 8, and Patty Peterson, Membership Coordinator, Mutual 15 (not pictured).

LW Pool Club

On May 8, the LW Pool Club had its final regular season play for the American league. In the Money split its match with PJJ. Teams won six games each, and didn't play the last game since it would have no bearing on the standings. In the Money's Kurt Bourhenne had the most single wins for the A players on Monday with 21. Linda Patton of Right on Cue had the most single wins as a B with 18, and John Barth had 23 single wins as a C player.

Right on Cue won 11-2 over the Renegades, and also all six of its single matches. Linda Patton won six games. The Cue Crew edged the Rail Runners 7-6. Shery Wells had a big night winning six games and both of her single matches.

The final standings for Monday were In the Money with 107 wins and 87 losses; Right on Cue with 106 and 89; and PJJ with 103 and 91. In the playoffs, Right on Cue will play PJJ eight ball to two wins and then face the league leader, In the Money, in a two out of three match to meet the winner of the Wednesday league for the championship.

In the Wednesday league, the league-leading Favorites got off to a rocky start losing its first four games to Bank It. It came back to tie the match at 6-6, but lost the final eight ball game when Rusty Aquino made a long cut shot on the eighth ball. Paul Shellenberger won both his single matches for Bank It.

Triple Threat clinched third place by beating U3 9-4. Connie Terry and Russ Black scored five wins for Triple Threat.

The Ruffians led the league nearly all season long and only trailed the Favorites in the last week by two games. They came up big on the final day by beating Milly's Boys 11-2. Ruffy Ramos and Glenn Everson both won all seven of their games for the Ruffians. Their only losses were two single matches won by Roy Mittlestead.

Shuffleboard Club ends its spring league play

May has been a productive month for the Shuffleboard Club with the election of new officers, approval of changes to the club's bylaws and applause to its many members who made a difference with their contributions throughout the year. The copy of the club's new bylaws is posted at the shuffleboard courts building. On May 24 at 8:30 a.m., the club will have its final activity of the year, the annual Joan LaCascia Memorial Tournament. Spaces

SHUFFLEBOARD, page 9



Last Wednesday, the Pickleball Club players danced to the Legends of Rock cover band—a dance party that will be hosted every second Wednesday of the month at 5:30 p.m. in Clubhouse 2. The club will stop meeting on the first Sunday of the month in June, July and August, and resume those meetings in September. Beginner lessons will continue on the second Tuesday of the month at 10:30 a.m. and follow-up play for beginners on Wednesdays at 10 a.m. For more information, call the club president Linda Evenson at 561-577-3283 or email lwsbpickleball@gmail.com.

POOL CLUB, page 9



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Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
Breakfast Burrito w/Turkey Sausage	Chicken Tacos Coleslaw	Turkey Sandwich Potato Salad	Quiche Lorraine Leek & Bacon	Barbecue Chicken Salad Fresh Corn & Black Beans
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
DINNER				
Tuscan Chicken Pasta w/Sun-Dried Tomatoes	Fresh Salmon Mango Cream Sauce	Chili w/Cheese & Green Onions	Steak Fajitas Flour Tortillas	Honey Garlic Shrimp Snow Peas
Cookies	Seasonal Fruit	Cake	Seasonal Fruit	Pastry



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Woman’s Club of LW Tabletop Games

The Woman’s Club will meet on Friday, May 19, in Clubhouse 2 from noon-4 p.m. There will be a 50/50 drawing at the beginning of the games with refreshments, sweet treats, coffee and tea.

The club offers a variety of games, or people can bring their own. Card games, Mahjong, Yahtzee, Mexican Train and a few others seem to be the most popular. New residents, both men and women, are welcome. No membership required; \$1 donation to play. The donations support the Woman’s Club philanthropies. People are also invited to attend the Woman’s Club meeting that supports various charities and enjoy live entertainment and refreshments.

The meetings are held on the first Tuesday of every month at 1 p.m. in Clubhouse 2, except July and August. The June meeting is a luncheon for members only, but nonmembers can still sign up to attend. Dues are \$25 a year. For more information, call Jan Krehbiel at 562-431-8240. To learn more about the club or to join, call Kathy Russell at 949-293-7517.

—Beth Greeley

LW Men’s Golf Tournament

On May 10, two groups of three flights of variously skilled golfers played for best net scores (gross score minus handicap), two circle holes (shots within a 5-foot radius are rewarded) and two closest to the pin challenges at the a 1,658-yard, 18 hole-par 54 Turtle Lake Golf Course that challenges players of all levels. Players are asked to repair their divots and ball marks for everyone to have the enjoyable game.

A total of 62 golfers played last week and 18 of them accepted a special low gross challenge where Bob Turner took first place at three under 51; Bill Lyons was second at one over 55; and Mike Mayfield came in third at three over 57. There were 52 birdies and five circle hole winners, and 23 of 62 golfers were net at or under par. Closest to the pin on the second hole was Young J. Kim, and on the 11th hole was Thomas Kim.

All scores below are net, which is a gross score minus handicap.

A flight winners (encompasses golfers with handicaps of 0-6): Bob Turner, first place, nine under 45; Thomas Kim and Ron Steele tied for a second place with four under 50; Bill Lyons, third, one under 53; John Kolthoff, fourth with an even par 54; Dave LaCascia and Mike Mayfield tied for a fifth place at one over 55.

B flight winners (handicaps of 7-10): Paul Alloway, first place, six under 48; Brian Tivnan, second, five under 49; Jae H. Lee and Young J. Kim tied for a third place, four under 50; Fujio Norihiro and James Farr tied for fourth place with three under 51; Bruce Bowles, Roland Philips and Gary Newhall tied for a fifth place with two under 52; Walt Bier and Rolando Ramirez tied for sixth with one under 53; Richard Yokomi, Hyon Shin and John Rudosky tied for seventh place at even par 54; Dennis McMonigle, Jun Um and Ken Notorleva tied for eighth place at one over 55.

C flight winners (handicaps of 11-18): Scott Tuchfarber and Steve Kang tied for a first place, eight under 46; Peter Bae, second, seven under 47; Darry Holten, third, three under 51; Byron Schweitzer, Paul Shellenberger and Sam Williamson tied for the fourth place at two over 56.

The next Men’s tournament is on May 24, and every second and fourth Wednesday of the following months. Those who planned but cannot make it to a tournament need to call Alan Sewell at 541-324-8558 or Dave LaCascia at 801-674-5975 as soon as possible. Players must arrive 10-15 minutes prior to their scheduled tee time and be ready to play.

Yahtzee Club

May 5 winners: Diane Seeger, most Yahtzees; Mary Milhone, highest score; Pat Farrell, lowest score; and the door prize went to Marilyn Moody.

The next meeting is May 19 in Clubhouse 3, Room 6, at 1 p.m. There will be a half time social.

The club meets on first, third and fifth Fridays of each month. For more information, call Diane Seeger at 562-533-5997.

—Diane Seeger

Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year.

For more information, call club president Tom Pontac at 562-304-0880.

See more Sports & Games stories on page 22

Duplicate Bridge

The Duplicate Bridge Club meets on Mondays, Thursdays, Fridays and Saturdays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets or by calling Linda Nye at 562-453-6678 or emailing yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 p.m. to confirm reservations.

April 27 Howell Movement play winners were: Russell Gray and Fred Reker, first pair; and Stan Johnson and Louise Seifert, second pair.

May 1 six tables winners: Larry Topper and Priscilla Cailloutte, north/south; and Judith Jones and Al Appel, east/west.

May 5 nine tables winners: Carol Murakoshi and Lavonne McQuilkin, north/south; and Miranda Reddy and Anthony Reddy, east/west.

For complete results, including a list of all players and scores (except April 27), go to the Long Beach Bridge Center results page at www.acblunit557.org and click on Leisure World Results.

The club offers lessons and supervised play on Fridays starting at 9:30 a.m. Supervised play is an informal game where players have the opportunity to ask an experienced player questions about bidding and card play, which is a great way to learn how to play duplicate bridge. All games are informative and fun.

For more information on joining the club, call John Markovich at 562-661-0502 or email cdrijm@yahoo.com.

POOL CLUB from page 8

The top single matches for Wednesday went to A player Dave Silva with 21 wins, B player Roy Mittlestead with 18 wins and C player Connie Adkins with 18 wins.

In the playoffs, second-place Favorites will meet third-place Triple Threat in eight ball, and the winner will go up against the first place Ruffians.

Men’s Golf League

Friday Golf: On May 5, six golfers played at the 5,800-yard, par 71 Meadowlark Golf Course in Huntington Beach. Jim Goltra had the fewest putts for the round. Sam Choi was closest to the pin on the par three seventh hole and Fujio Norihiro was closest on the par three 16th.

A flight winners: Choi, first place, two under 69; Gary Stivers, second, one under 70; Goltra, third with an even par 71; and Norihiro, Mark Mallet, and Larry Hillhouse tied for the fourth place.

Monday Golf: On May 8, 12 golfers contested the 4,000-yard par 62 David L. Baker Golf Course in Fountain Valley. Bill McKusky had fewest putts in the A flight; Fujio Norihiro tied for fewest in the B flight. Fujio was closest to the pin on the par three third hole, and Lowell Goltra was closest on the par three 12th hole. Gary Stivers had two birdies, Dave LaCascia, McKusky, Bob Munn, Ron Jackson and Lowell had one each.

A flight winners: Stivers, first place, nine under 53; McKusky, second, six under 56; Sam Choi, third, five under 57; LaCascia, fourth, three under 59; Larrynd Hillhouse, fifth, two under 60.

B flight winners: Bob Munn, first place, 12 under 50; Fujio, second, nine under 53; Jackson, third, eight under 54; Tom Ross and Gene Vesely tied for fourth with seven under 55; Goltra, fifth, five under 57; and Digna Vesely, sixth, two under 60.

The Monday and Friday golf leagues play at four local courses within 15-20 minutes of Leisure World. The courses are usually full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number

GOLF LEAGUE, page 22

SHUFFLEBOARD from page 8

are limited. Those interested can register at the courts building. After the tournament, outgoing officers will host a celebration luncheon for all members to honor their achievements.

May 19 concludes the spring league play. Both the Tuesday evening league and the spring madness league concluded their spring season earlier this week. Awards were presented to both groups for their accomplishments.

After the Memorial Day, the courts will be available for play on Mondays and Wednesdays from 9-11 a.m. Additional opportunities are being considered and will be announced soon.

On May 9, the Tuesday evening league played with the Hot Shots and the Flying Discs. The Hot Shots blitzed the Flying Discs by winning eight of 12 games. The all-game winners for the Hot Shots were Elizabeth Martinez and Jack O’Brien for two weeks in a row. The Flying Discs all-game winner was John Mount, who was also the last week’s winner.

On May 12, the Friday morning league played a total of 24 games with four teams. The Shooters shattered the Bumpers winning 10 games out of 12. The all-game winners for the Shooters were Fred Carpenter, Carol Schubeck, Shel Magnuson and captain Carol Johnson.

With the second competition, the Smashers edged past the Hot Rods winning seven out of 12 games. Capt. Milly Larsen and Steve Edrich earned the all-game winner recognition for the Smashers, and John Mount was the all-game winner for the Hot Rods.

—Kay Mount

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RELIGION

Community Church

People can donate to Community Church's food drive up today, May 18, from 10 a.m.-noon in the parking spaces in front of the church. A volunteer will meet people at their vehicles to pick up the non-perishable food donations or people can drop the items off at the church office during the week.

Easter has been a seven-week celebration that culminates this Sunday with the ascension of Jesus, followed by Pentecost, or the giving of the Holy Spirit.

People are welcome to join the service on Sunday, May 21, at 9:50 a.m. in person or online on Zoom and on Facebook @CommunityChurchLeisureWorld. People can contact the church



Missions Chairperson Joyce Reed sorts food donations from the last food drive.

office to receive the Zoom link. The in-person service is followed by food and fellowship.

For more information, call the church office and leave a message at 562-431-2503.

Beit HaLev

Beit HaLev and Rabbi Galit-Shirah conduct online livestream Shabbat services every Friday evening and Saturday morning. To join the Beit HaLev "Zoomagogue" interactive service, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704 and the passcode is RavGalit. People can also join on Facebook at www.facebook.com/galityomtovOn or YouTube at https://www.youtube.com/channel/UCU_LHxFlq4-vsxs07H-U1Rw.

Shabbat Ma'ariv services are held Fridays at 5 p.m. and Saturdays at 10 a.m. and include the counting of Omer. The Omer serves as a method of counting the 49 days needed to arrive at Mt. Sinai. Beit HaLev counts each day until the holiday of Shavuot, giving each day a virtuous attribute so that souls may ascend and purify before celebrating the giving of the Torah.

All Beit HaLev services share special prayerbooks onscreen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Communities and Clergy. It is progressive in thought and traditional in liturgy. Services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid. To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

LW Baptist

Dealing with people requires understanding. Human beings, knowing so little, can be presumptuous. So it was with Job in the Bible, and with the man born blind. Believers should pray to God, who knows hearts,

when minister to others.

Join the LW Baptist choir, on May 21 at 10 a.m., as it sings "Make Me a Blessing" and "I Will Serve Thee Because I Love Thee."

The Christian Women Bible Study will meet in Clubhouse 3, Room 6, on Monday, May 22, at 10 a.m. The Energizers group will discuss why people need the Lord in Clubhouse 3, Room 1, on May 24 at 3 p.m. Call 562-430-8598 for more information.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

Faith Christian Assembly

Faith Christian Assembly holds a pre-service prayer meeting every week at 5 p.m., prior to the Sunday evening service at 5:30 in the prayer room. As Charles Spurgeon once said, "To pray is to enter the treasure-house of God and to gather riches out of an inexhaustible storehouse." This is a group of welcoming and friendly people who love to pray and co-labor with God to impact lives and the culture around the community.

Philippians 4:6-7 says, "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus." Those who have a desire to be prayed for, or pray for others, are welcome to join the pre-service prayer this week.

Sunday service times are 10:30 a.m. and 5:30 p.m. The midweek Bible study is on Wednesdays at 11 a.m. To receive more information about the church, call the office at 562-598-9010, email contact@fcachurch.net or visit www.FCChurch.net.

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, May 19, at 6:30 p.m. Rabbi Mike Mymon will lead the Zoom services on Saturday, May 20, at 10 a.m.

Saturday's Torah reading will be Bamidbar (In The Desert) which is the first Torah portion in the Book of Numbers. It describes God's command to take a census and details the camping formation of the Israelites in the desert. It also begins to enumerate the responsibilities of the Levites when transporting the Mishkan (Tabernacle).

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122.

Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to join Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

Redeemer Lutheran

"At One with God" is the theme for Redeemer Church's worship service on Sunday, May 21, at 10:30 a.m. LWers are invited to share the word and Communion in the sanctuary at 13564 St. Andrews Drive. Join the community in remembering Pastor Lynda Elmer's life and ministry during this service and in a fellowship reception to follow.

People can bring non-perishable food items to the church any time to be distributed to those in need in the broader community.

The outdoor chapel that reflects God's light is available 24/7 for prayer and contemplation. Feel free to come alongside the church (on the north side, near the golf course) to pause, sit on the bench, rest and pray.

For more information about the church, call 562-598-8697.

Christian Women's Fellowship & Bible Study

Christian Women's Fellowship and Bible Study Group will meet on Monday, May 22, in Clubhouse 3, Room 6, at 10 a.m. For more information, call Jean Davidson, 562-431-0597; or Margie Singleton, 562-594-8100.



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First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine" Romans 1:12.

Pastors Message

Isaiah 55:8-9 says, "For my thoughts are not your thoughts, nor are your ways my ways," says the Lord. "For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts."

God works in mysterious ways. He brings blessings, even in failure. Genesis 13:2 states that Abram was very rich in livestock, in silver, and in gold. He was humiliated and sent away because of his lie concern-

ing his wife, Sarai; yet, Pharaoh spared him and allowed Abram and his brother Lot to return to the promised land. God had made a covenant with Abram, and despite Abram's frailties, shortcomings and weakness, God used Abram in a mighty way.

Weekend Services

Sunday services are traditional services from 9:30 a.m.-10:45 p.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. Pat will also sing a special solo.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the Women's Bible Study on Mondays from 10:30-11:45 a.m.

Pastor Gary Whitlatch leads

the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Elder Jack Frost, meets from 10:30-11:30 a.m.

Pastor Bruce Humes leads the prayer and Bible study group on Fridays from 6-7 p.m.

All residents are welcome to join any of the studies.

Scripture of the Week

"So I, the Lord, say to you, ask and it will be given to you; seek and you will find; knock and it will be opened to you. For everyone who asks, receives; and he who seeks, finds; and to him who knocks, it will be opened" Luke 11:9-10.

Contact

First Christian church is located on Northwood Road behind Carport 125. Those who have a need or would like more information about the church can call 562-431-8810.

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is held on fourth Sunday of the month in the Clubhouse 3 Lobby at 6 p.m.

This week's sermon: When one benefits from another's patience, there is emotional healing, peace and restoration. When one loses patience with another, the opposite events take place. It is easy to lose patience. Perhaps with the instant gratification of answers and information in nanoseconds from computers, the experience of waiting for nothing has robbed people of the ability to exercise their patience muscles. The next fruit of the spirit Assembly of God will study next is patience. Pastor Chuck Franco will give a sermon titled "The Three P's of Patience," this Sunday, May 21. Imagine if even a fraction of society experienced an ability to be patient, what a change could be accomplished in the argumentative and confrontational behavior demonstrated in everyday life.

Bible Study: "The Book Acts," by Louie Giglio, continues to bring new understanding of this often-read book of the Bible. The believers of the fledgling church in the book of Acts fled persecution, spreading the Gospel as they went.

Even today, the persecuted church multiplies at a far more rapid pace than in places where there is no persecution. People are invited to study the dynamic changes that took place then and how that impacts today's church.

Contact: More information about the church can be found at www.lwassemblyofgod.com. Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available at 562-343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

Buddha Circle

Buddha Circle will meet with Ven. Kusala on Saturday, June 3, in Clubhouse 3, Room 1, from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community and presents Buddhism in a simple way.

The group is interactive and those who attend are encouraged to ask questions. Donations are welcome and will support Ven. Kusala in his teachings.

For more information, call 562-431-7275.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., in Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from

Bishop Mike Gravley at 562-212-8641.

The reading source for this year is the New Testament. The reading assignment for the week of May 22-28 is Matthew 1, 24-25; Mark 12-13 and Luke 21.

The "Come, Follow Me" devotional says that "Jesus' disciples must have found his prophesy startling: the mighty temple of Jerusalem, the spiritual and cultural center of the Jewish people, would be destroyed. 'When shall these

things be?' They asked.

"The Savior's answers revealed that the great destruction coming to Jerusalem would be relatively small compared to the signs of his coming in the last days. Things that seem even more stable than the temple in Jerusalem will prove to be temporary: the sun, the moon, the stars, the nations, and the sea."

For those who are spiritually aware, this can teach people to put their trust in something truly permanent.

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ARTS & LEISURE



Kay Seo

Seal Beach Guitar Ensemble

The Seal Beach Guitar Ensemble will perform on July 29 at 10 a.m. in the Clubhouse 3 Lobby. The ensemble will perform its new repertoire in this year: “Minuet in G” and “Medley of Christmas Carols” for its second annual concert. Ensemble members gather every Thursday in Clubhouse 3, Room 6, from 9 a.m.-noon. to learn classic guitar techniques and skills.

Kay Seo has been member of the Seal Beach Guitar Ensemble since 2019. She is in charge of directing the group. She played a solo of “Minuet in G” at the last concert. It was wonderfully played and everyone was impressed. Anyone who is interested in learning classic guitar or joining the group is welcome. For more information, contact president Mimi Lee via text at 914-843-1696.

SILVER FOX CLASSIC CAR CLUB



Silver Fox Classic Car Club President Ted Green and Treasurer Ron Lee attended the Thunder Fest Car Show. They admired a stunning 1970 Dodge Super Bee (pictured). The car club meets on the second Tuesdays of each month in Clubhouse 3, Room 5, at 6 p.m. The car club plays an integral part in Leisure World’s July 4th Car Show. People don’t have to own a vintage, classic or collectible vehicle to join or participate in the club’s activities, just a passion for cars.

DRONE CLUB



The Drone Club meets every fourth Thursday in Clubhouse 3, Room 7, at 11:30 a.m. People are encouraged to stop in and ask questions. This drone photo was taken by Cristina Vegas over construction at the Seal Beach Pier. For information about the club, contact Joseph Valentenetti at 0501042@gmail.com.

LW Chorale

The new Leisure World Chorale’s first performance under the direction of Galit Levy-Slater is Wednesday, May 24, at 2 p.m. in Clubhouse 2. The theme of the Showcase is “Reboot,” and the entire Leisure World community is invited to come and enjoy the choral music, solos, poetry, comedy, dancing and instrumental acts performed by LW friends and neighbors.

There will be snacks following the performance and people are invited to join the performers. The Chorale is one of the first performance-based clubs in Leisure World. It is a collaborative group that is learning the basics of performance, led by Galit, who has an extensive background in show business. She is teaching basic musicianship and stage presence

as well as giving support and instilling confidence to those without performance experience. The Chorale rehearses every Monday from 9-11 a.m. in Clubhouse 3, Room 4. Those who want to learn to perform in front of an audience should call or text Galit (pronounced ga-LEET) at 562-715-0888 or email duets@icloud.com.



Friends of the Library volunteers are “on vacation.” Heather McKinney (l) and Mary Kelly await re-opening.

Bookstore remains closed for repairs

The Friends of the Library Bookstore is still closed as the building awaits needed repairs. The store will re-open as soon as safely possible. In the meantime, residents are encouraged to save their donations of books and household items.

People should not leave donations at the bookstore. Volunteers have no access to the store and no other place to store or secure them. “We miss seeing you all and look forward to our return and yours, too!” FOTL volunteer Patricia Kruger said.

GRF Swap Meet

The GRF Recreation Department will host a Swap Meet on Saturday, June 17, in the Administration parking lot from 8 a.m.-noon. Vendors who are interested in securing space should come into the Recreation Department in Building 5, lower level, as soon as possible, as space will be allotted on a first-come, first-served basis.

Tables are \$10 for a single (no half tables; two table limit). Vendors may provide their own canopies as they are not available through GRF. People are encouraged to come out, meet their neighbors and find new and gently used treasures. For more information, contact thomasf@lwsb.com or call 562-431-6586, ext. 476 or 324.

Send art stories to emmad@lwsb.com



The Velvetones Ballroom Dance Orchestra

Enjoy big band swing this Sunday

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing big band swing and jazz standards—music for dreaming and dancing—under the direction of Jeff Plum.

They perform that uniquely American combination of reeds, brass and rhythm that defined the nation's popular music for more than three decades.

They vividly bring this clas-

sic music to life for a new generation of audiences, authentically recreating the style, musicality, and essence of swing-era band music. They pepper their repertoire with contemporary pop hits to broaden their audience.

The Velvetones play at Clubhouse 4 on the first and third Sundays at 6 p.m. People are encouraged to grab their dancing shoes and join them this Sunday.

LW Orchestra

The LW Orchestra is rehearsing for its spring concert on Saturday, May 20, in Clubhouse 4 at 1 p.m. The group has some exciting and challenging new music to present.

It will include Bizet flute solos by GRF Member Resource Liaison Robann Arshat, a movement from Beethoven's "Symphony No. 5," and "Ave Verum" by Mozart sung by Linda Derungs, president of Mutual 5. Also included is "Worthy is the Lamb" from Handel's Messiah with the Korean Community Church Choir.

The orchestra has grown

over the last two years and is almost complete. However, it needs an oboe player, French horn player and a drummer, plus another bass player.

The orchestra rehearses on Tuesday and Wednesday afternoons in the Amphitheater. Anyone interested in joining should call Fred Reker at 615-898-0669 or email fredreker326@gmail.com.

As always, the concerts are free and refreshments are served at the end. It is a grand bargain and wonderful musical experience.

—Fred Reker

Saturday Morning Dance Class

Two dance classes are held every Saturday in Clubhouse 6, Section C, at 9 and 10 a.m.

In May, Candice Davis will teach West Coast Swing on Saturdays at 9 a.m. and rumba at 10 a.m.

New topics are voted on each month. Each class is \$7 per person. Partners are not needed. For more information, contact club President William Young at 408-858-3560.



Photo by Jojo Weingart

Hula dancers perform for Lyndell Phillips (sitting), who audited a class and danced along with her hands.

Hawaiian dance club will offer beginners class in June

A special class for absolute beginners will be offered in June. This six-week-session, starting on Tuesday, June 6, costs \$25 and will be given from 1-2 p.m., upstairs in Clubhouse 6.

To hula is to tell a story or describes a place through movements of the limbs and hips. In the beginners class, people can learn basic hula steps and two hula: one in the style of hula kahiko (ancient dance) and one in the style of hula 'auana (modern dance). In olden days, kahiko (ancient hula) was used to honor the gods and chiefs.

As the hula evolved under Western influence in the 19th and 20th centuries, a contemporary dance style, known as hula 'auana, was developed. This class is also intended for those who would like to refine their hula dance style. For more information or to enroll, call 562-252-9676 or text 562-338-1502.

Besides practicing and learning hula, most Hui O Hula dancers have volunteered to share their hula skills by performing.

On May 12, dancers welcomed and wished Mutual 5 newcomer Rosie Smith a happy birthday in hula. Dancers also look forward to entertaining the residents/patients of Alamitos West Health & Rehabilitation Center today, May 18.

Dancers had the pleasure of centenarian Lyndell Phillips auditing the class as Hui O Hula

dancers practiced. Sometimes she even danced along with her hands.

Lyndell has lived in Mutual 12 since 1988. She worked at the LW Health Care Center, as a switchboard operator, from 1989 to 2009. Throughout the years, she also enjoyed helping friends and neighbors as well as at the Friends of the Library, LW blood drive and more. In 1996, the Golden Age Foundation recognized her volunteer work with an award/plaque. Lyndell will be 101 in August.

All are welcome to class or to schedule a performance. Call 562-431-2242 for performance information.

—Jojo Weingart

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Photo by Troy Palmer

Members display East Coast Swing skills learned recently.

DANCE CLASSES

Cha-cha lessons begin this month

The Leisure Time Dancers have completed their six-week series of East Coast Swing and tango.

There were new members in both classes. Dancers polished the moves that have been taught for the past weeks.

The class requested that East Coast Swing be extended into the next six week series so that they could continue to build their skills in this popular dance.

Cha-cha was selected for the upcoming series, which began

on May 15.

Classes are every Monday in the dance studio, upstairs in Clubhouse 6. Cha-cha is at 2 p.m., followed by East Coast Swing at 3 p.m.

No partner is necessary; classes rotate so everyone dances. The cost is \$7 per person for one class, \$11 per person for two classes in a single day.

For more information, contact Leisure Time Dancers President Jackie Theis at 310-743-9373.



Leila Claudio

Community Karaoke

Last Wednesday's karaoke singers celebrated Mother's Day with songs like "Mama" by Ric Dizon and "Mama She's Crazy" by Elizabeth Butterfield. Erika Greenwood likes singing Patsy Cline country hits like "Walkin' After Midnight." Tony Tupas was a hit with the soothing Eagles tune "New Kid In Town," David Noble gave a rousing "Hound Dog." Newcomer Mike Depew was welcomed while singing "Loving You." Rob Illingworth celebrated his birthday as he sang "Red Sails in the Sunset." The always smiling Leila Claudio did a nice "Through the Eyes of Love." "Still the Same" has a nice beat sung by Martha Destra. It was a full house of karaoke singers and an appreciating audience.

Karaoke singers arrive in Clubhouse 1 each Wednesday night ready to perform for the audience, which has fun showing its support. Karaoke singing begins at 5:30 and a parade of 30 folks are ready to show off their talent. The karaoke practice held in Clubhouse 6 on Mondays from 1-3 p.m. is popular place to finetune a song. Everyone is welcome.

Genealogy Club

The Genealogy Club Workshop, which meets in the east end of Clubhouse 3, welcomes visitors and new members.

The Genealogy room is open Monday through Thursday from 1-4 p.m. and weekends from 11 a.m.-2 p.m. Each Thursday afternoon at 1:30 p.m., the club has a short class on a variety of subjects.

The schedule is as follows:

- May 18: Land Records
- May 25: DAR (Daughters of the American Revolution)

—Lu DeSantis



Josie Del Pino (l) and Ben Berg let the good times roll at a recent rehearsal in Clubhouse 2.

LIVE PERFORMANCE

Doo Wop show postponed to July

Due to a private event being held on May 20 in Clubhouse 2, the Doo Wop Let the Good Times Roll summer Woodstock-themed show has been postponed until Saturday, July 15.

All Leisure World residents and their guests are invited to dance and sing along to hippy,

folk, country, rock music and more.

Those interested in auditioning or joining the club should leave a comment on the club's Facebook fan page or stop by one of the rehearsals. The club rehearses in Clubhouse 2 every Tuesday at 7 p.m.



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Speaker MaryAnn Dell (l) answers questions from club President Bonnie Kaplan (r).

Paws, Claws and Beaks Club

Maryann Dell, founder of the Shamrock Rescue Foundation spoke to members on May 11.

She gave a presentation on dog behavior and answered many questions from 30 members in attendance. Twenty-six dogs were also in attendance.

The meeting included a potluck with delicious chicken tortilla soup.

The next monthly meeting is scheduled for June 8 with Dr. Wasserman, a local chiropractor for animals. For more information, call club President Bonnie Kaplan at 714-930-5314.

Church hosts post-COVID canata

The Long Beach Chapter of the American Guild of Organists (AGO) and Covenant Church will present "Unconditional Love" by British composer Howard Goodall on Sunday, May 21, at 4 p.m. in the Sanctuary of Covenant Presbyterian Church, 607 E. Third St. Long Beach.

The public is invited to attend the free event.

The choral work will be the centerpiece of the annual guild service and installation of officers for the local AGO chapter. Leisure World resident Peter Bates is the church's minister of music and resident organist.

The Goodall cantata was composed as a musical response to the COVID-19 pandemic. The composer refers to "Unconditional Love" as a "work of gratitude, remembrance and of hope for a world rebuilt. It gives thanks to all those whose

sacrifice and selflessness have been so powerful and moving a feature of the COVID-19 crisis. It honors those who have died, as carers, as patients, as family members and dear friends. It also reflects how much we took for granted and the simple needs and pleasures that became ordinary lifelines during the lockdown."

The church has assembled a professional brass ensemble and choral octet, who—along with soprano soloist Maria Schafer and pianist Althea Waites—will perform the half-hour work, according to Bates, who will conduct the work from the console of the church's pipe organ. In addition, the audience will be invited to join in singing three hymns.

For additional information, call the church's music department at 562-437-0958, ext. 130.

South Coast Orchid Society

The South Coast Orchid Society will meet Monday, May 22, from 7-9 p.m. at Whaley Park Community Center, 5620 E. Atherton St., Long Beach, 90815.

This week's program is titled "My Ten Favorite Cattleya Species," presented by orchid guru

and judge Douglas Overstreet, whose knowledge of orchids is truly encyclopedic. Orchids grown by members and guests will also be on display. The event is free and open to the public.

For more information, email southcoastorchidsociety@gmail.com.

Sign up today for email alerts

Leisure World residents are invited to sign up for the GRF's one-way, real time community notification system. LW Live is designed to keep people informed during emergencies and get the word out about safety, recre-

ation and governance issues. All you need is an email address.



To sign up online, log onto www.lwsb.com and click the "LW Live" icon to the right.

Don't be left in the dark; sign up today for LW Live.

COMMUNITY



Seal Beach City Councilman Nathan Steele (r) joined the American Legion Auxiliary's meeting in April.

Nathan Steele visits LW's American Legion Auxiliary

A dedicated group of women is working diligently to assemble approximately 27,000 poppies this year for the American Legion Auxiliary in Leisure World. LWers will most likely see these hard working women around the community with handmade poppies for Poppy Day on May 26. All are encouraged to make a donation and wear their poppies proudly in support of veterans. Donations from the poppy drive

will go to veterans and their families. Meeting the needs of veterans should be the concern of every American who values his or her freedom. The Auxiliary promotes the poppy as a symbol of the sacrifices military have made. The poppy has signified remembrance and hope throughout history. Today, poppies carry a message of peace with an underlying sentiment

of soldier's sacrifice as they tend to grow on war-torn fields. They were often the first type of vegetation to regrow on destroyed battlefields, which were rich in lime deposits, due to the rubble. This provided optimal soil for their growth. War veteran John McCrae's famous poem, "In Flanders Field," mentions the poppies. McCrae composed this poem the day after his best friend was killed in battle.

FALW will hold annual Veterans Picnic on July 1

The Filipino Association of Leisure World (FALW) announced its annual Veterans Picnic will be held on Saturday, July 1, at the Clubhouse 1 picnic area. The event is open for all U.S. veterans residing in Leisure World and their guests. It is a way for the FALW to express its gratitude to veterans for selfless service to a great nation.

The Golden Age Foundation (GAF) donated \$3,500 to the FALW for the event. The FALW is grateful for the assistance.

The FALW started the event 11 years ago but, due to COVID-19, it was cancelled for two years. The event came back last year, stronger and bigger



than ever.

Last year, close to 250 veterans and their guests attended the picnic. Guests enjoyed delicious food, desserts, fresh-cut

fruit and sodas, and sang all the military branch songs to uplift spirits. "Taps" was played for departed comrades.

The Hui O Hula Club and the Hawaiian Band will entertain during the picnic this year.

Registration is required to attend the event. To register, call Ren Villanueva, 323-854-6209; Ric Dizon, 714-225-3597; Ed Bolos, 551-998-4223; or Harry Varnas, 323-791-1141, and state your name, phone number, branch of service and number of guests. A gift will be distributed to first 100 veterans who registered for the event.

Registration is open to veterans until June 25.

SB WOMAN'S CLUB

Fashion show fundraiser is this Saturday

The Woman's Club of Seal Beach will host a fashion show and luncheon fundraiser on Saturday, May 20, at the Marina Community Center at 151 Marina Drive, Seal Beach, from 11:30 a.m.-2 p.m.

A lunch will be served that includes a choice of chicken

salad, roast beef or a vegetarian sandwich.

The fashion show will display apparel from local Seal Beach boutiques. There will be raffle baskets along with a silent auction.

All proceeds are used to support local charities includ-

ing the Seal Beach Animal Care Center, the arts and media departments at local schools and the Youth Center. A complete list of recipients is available on womansclubofsealbeach.org.

Tickets are \$50 and can be purchased by calling Judy O'Neill at 562-706-5721.

FALW Bingo

The Filipino Association of Leisure World (FALW) holds bingo games on the third and fifth Sundays of the month in Clubhouse 2 at noon. Residents and guests are welcomed to participate.

The next FALW bingo game will be on May 21.

Tickets are now available for the FALW Anniversary-Luau Dinner Dance on Saturday, Sept. 2.

For more information, or to RSVP, call Ren Villanueva at 323-854-6209.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

SUNSHINE CLUB

Learn about Physical Properties

Physical Property Manager Kevin Black will be the guest speaker at Sunshine Club's meeting on Friday, May 19, in Clubhouse 3, Room 2, at 10 a.m. All residents are welcome to join.

During the meeting, Black will help residents to understand his role in the community and the Physical Property Department.

Black began his tenure with the Golden Rain Foundation over 30 years ago, in January 1993. At that time he was hired as a plumber in the Service Maintenance Department.

While being one of six plumbers on staff, he assisted the team in other maintenance aspects, including electrical, carpentry, concrete and street repair. In 2003, he was promoted to a physical property inspector role in the Physical Property Department.

Among many assignments, Physical Properties handles a variety of issues pertaining to code compliance, permits and safety concerns. As physical property manager, Black oversees all of the department inspectors who handle the processing of all building permits, preparing specifications, processing bid packets and for contracts for special Mutual projects as well as GRF projects.

Black will also talk about his extensive experience in assisting in many main projects the community. He currently holds an ICC California Building Inspector License and a C-36 Plumbing License issued by the California Licensing State Board. He is currently working on obtaining his Certified Manager of Community Associations certification.

The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served at the meeting. People are asked to arrive promptly so as not to disturb the speaker's presentation. Those who arrive late should use the back door.

For more information, contact Anna Derby at 562-301-5339.



Kevin Black, Physical Property Manager



GAF board member Beth Greeley (r) helps Jack O'Brien from Mutual 2 sign up for the Ralphs Community Reward Program. O'Brien is in his 90s but still buys his own groceries, cooks for himself, and decided to join the rewards program to give back to the GAF.

GAF

Volunteers will help LWers sign up for Ralphs Rewards on Wednesdays

In an effort to increase participation in the Ralphs Community Contribution Program, volunteers from the Golden Age Foundation will be available every Wednesday from 9-11 a.m. in the Hospitality Room in Clubhouse 6 to assist residents in signing up for the program or to answer any questions.

The Ralphs Community Contribution Program is sponsored by its parent Kroger Grocery Stores and is an easy way for Leisure World residents to raise money for the Golden Age Foundation without an additional cost.

A digital account is needed to participate in the program. Once linked to a resident's Ralphs Rewards card, each shopping trip and swipe of the card at a Ralphs grocery store will give the GAF a donation from Kroger's at no cost to the resident.

This is currently the only active fundraising project the GAF has and is presently supported by 300 LW residents. In this year's first quarter, the Ralphs Community Reward program brought in a total of \$1,350.92 to the GAF.

For more information, about the program or the Golden Age Foundation, text 562-301-5339.

Democratic Club

by Mary Larson
LW contributor

The SBLW Democratic Club will meet on Wednesday, May 24, in Clubhouse 3, Room 9, at 1 p.m. Club members and supporters can join the meeting in person, online or by phone. Isabel Ocampo, an experienced fundraiser with a demonstrated history of working on political campaigns will be the guest speaker.

Ocampo graduated from Barnard College with a degree in Spanish and Latin American studies with specialization in political science. She is skilled in social media, writing, fundraising and development. She has also worked on a number of political campaigns and is currently serving as the finance director at Dave Min for Congress.

Login information to participate in the meeting via Zoom can be obtained by emailing sblwdemocraticclub@gmail.com.

Plans are also currently underway to restart the SBLW Democratic Club's "Voter Awareness Series" sessions. These monthly informal gatherings are scheduled to begin on either the first or third Wednesday of July at 1 p.m., depending on room availability. It will continue at least until after the March 2024 primary election.

All LW Democrats and supporters—regardless of whether

they are current members—are invited to attend one or all of these free voter awareness sessions. However, because of the size of the rooms in Clubhouse 3, attendance will be limited. Reservations for each individual session are encouraged, preferably by email.

The overall goal of the series is to increase the turn-out of potential voters in the primary who are well informed and knowledgeable about the issues, as well as about the views of candidates running in "down-ballot" races.

The first session will include alerting voters as to how they can be involved in the political process of electing good candidates if they desire to do so.

...
The SBLW Democratic Club's information and registration booth outside Clubhouse 6 is open on the first Tuesday of each month from 10:30 a.m.-12:30 p.m. People can stop by the booth to show support, get more information about club activities or register to vote.

For more in-depth reporting on issues and candidates, Democrats and their supporters can subscribe to the club's free electronic newsletter by emailing democraticclubsblw@gmail.com or calling 562-296-8521. People are asked to include their full contact information as well as party affiliation when signing up.



Over 200 residents enjoyed GAF's ice cream social in Clubhouse 2.

GAF

Ice cream social brings people together

Over 200 Leisure World residents were treated to a selection of ice cream treats outside Clubhouse 2 by the Golden Age Foundation (GAF) on May 3. Novelty ice cream items were provided from the sliding service window of the brightly colored ice cream truck with many choices available.

Standing outside the ice cream truck on that cool spring day was reminiscent of happy childhood memories from early spring through late summer when the local ice cream truck came through the neighborhood. On this day however, waves of senior citizens ogled over the selection, trying to decide which ice cream cup or bar to choose; it was a joyful sight to see. Once their choices were made, residents went inside the clubhouse to select treats and toppings to add to the experience and sit down at brightly decorated tables to share the afternoon with friends and neighbors. A prominent poster was hung on the wall near the stage with a nice selection of props available for residents to snap selfies to commemorate the day.

Additionally, the poster display from the GAF 50th anniversary celebration and programs were available for those who missed out on the event April 22. Members of the GAF Board of Directors hosted the event and visited with residents as they enjoyed their ice cream. A table was set up for residents interested in joining the GAF and, or signing up for the Ralphs Community Rewards Program, which is currently the only fundraising activity the GAF has.

— Cheryl Falconer

OBITUARIES

Frank Douglas Destra
1942 -2023

Frank "Doo Wop" Destra grew up in Chicago, learning to dance and pantomime to '50s popular music.



At 14, he was dancing on a teenage dance show televised in Chicago. He invented a dip where he dropped his partner backward to the floor and she swung both feet as high as his head and then he lifted her back to her feet. They were chosen to represent Waller High School in the Harvest Moon Festival held at the Chicago Stadium; 22,000 people attended this charity event sponsored by the Sun Times. The show's headliners were Sarah Vaghn, Edie Gorme, Red Buttons and the Harry James Orchestra. He and his partner won a gold medal in the High School Jitterbug category.

The next summer, they were in the dance group that opened the Pan-American games at Soldiers Field. No Jitterbugging, but he learned to cha-cha, mambo, and samba. Then he and his partner were invited to open the Howard Miller Rock and Roll Show held at the Chicago Civic Opera House on March 1, 1959. The show's performers included Bobby Darrin, Connie Francis, Frankie Avalon, Conway Twitty, The Everly Brothers, Jack Scott, The Ponytails and Bobby Day. He rehearsed for three days with these performers who were just getting started. He even had a drink with Connie Francis.

He also learned to speed up records so his pantomime routines were funny. By adding some costumes and props, he earned some extra money entertaining at the Chicago Italian Club, the YMCA and some resorts and private parties.

After high school, he and his mom joined his older sister in California. Frank joined the Air Force. After the Air Force, he cooked with his mom at her Italian restaurant. In the evenings he found night clubs where he could enter the twist contests.

It was at the El Rey Night Club where he met Martha and fell in love. They were married in Las Vegas, which was the popular place for a wedding and honeymoon in 1965. They started a family and had Frankie in 1966, Angel in 1967 and Michael in 1968.

Frank worked at Douglas Aircraft fabricating parts and also helped with the cooking at his mom's new restaurant, La Pizza Mia, in Fountain Valley. The restaurant had a jukebox, a piano and a bar, so sometimes he would entertain there for family and friends.

In 1975, his mom agreed to remodel her second restaurant into the diet restaurant that Frank and Martha wanted to try. It was very successful in helping the customers stick to their Weight Watcher diets.

In 1985, they sold the res-

taurants so mom could retire and Frank became a school bus driver.

For the past 22 years, Frank and Martha have enjoyed retirement at Leisure World.

Through The Let the Good Times Roll Club, Frank found a venue where he could entertain with his skits. Thanks to Paul Salay and Carl Bourhenne, he even found out he could sing. In 2012 he won the Best Act trophy in a contest sponsored by the Theater Club.

Frank's cooking became famous when he was asked to make a spaghetti and meatball dinner for the residents of Mutual 2. He was elected president of the Italian-American Club, where he changed the refreshments from a Danish and coffee to homemade soups with Italian bread and butter.

After being elected president of the Let the Good Times Roll Club, he planned a corned beef and cabbage dinner to raise money for new karaoke equipment. With Terry Otte and Abilene entertaining for dancing, Clubhouse 2 was sold out. Green beer, red wine and green pistachio ice cream were served, and the club earned enough for new equipment.

Frank was treasurer for We the People and for the LW Coin Club. He was in a few performances for the Theater Club and for the Chorale. In 2014, he presented a petition signed by 200 residents asking the Recreation Committee to change one of the Saturday Night Ballroom dances to a Rock and Roll dance night.

Frank and Martha enjoyed traveling with cruises. They went to Alaska, New York and New England, the Caribbean and Aruba, Mexico and even organized group cruises along the California coast to San Francisco.

In the fall of 2018 the couple took their dream trip to Italy for 18 days. They arranged a side trip to visit Bagheria, the city where Frank's mother was born.

For the past few years, Frank's favorite pastime was going to karaoke to sing and meet friends.

He is survived by his wife, Martha; his children Frank Jr., Angel and Michael; his grandchildren Nikki, Tristan, Danica, and Rachel; and his great-granddaughter Rowan.

We will all miss Frank, who was a great people-lover and friend. He made life so fun for all who knew him.

The family will hold a memorial reception for Frank on Saturday, May 20, at 3:30 p.m. in Clubhouse 2. All of Frank's friends and fans are welcome to join. People can RSVP to Martha at marthad111442@icloud.com or by calling 562-225-0037.

—paid obituary

...
Chuck Nugent
1950-2023



Chuck Nugent was born in 1950 in Torrance, California. He grew up with an older brother Bob and a younger sister Pam in and around the South Bay.

Chuck is survived by his wife of nearly 40 years, Teri, his sister Pam, many nieces and nephews, several grandchildren, great-grandchildren, and lots of cousins and friends.

After being honorably discharged from the United States Marine Corps, Chuck became a tow truck driver and worked for the same company as his brother Bob for many years.



Chuck loved to shoot pool, play table top shuffleboard, throw darts and fish. He also loved riding Harley Davidson motorcycles, and owned many during his lifetime.

When he and Teri retired, they moved to Leisure World Seal Beach. He joined the American Legion Post 327, the Shuffleboard and Cribbage Clubs, and volunteered at the Long Beach VA, where he spent many hours collecting and distributing clothes and food for homeless veterans. Anyone who knew Chuck has heard him say, "One homeless vet is one too many." Chuck was also proud of being a 25-year member of the Gardena Elks Lodge No. 1919.

Chuck loved playing Bingo at the Los Alamitos Recreation Center, where he served several terms as a vice president of the Los Alamitos Senior Club, and was senior prom king in 2022.

He lived a rich, full life, and touched many people with his good nature and sharp wit. He had a laugh that could fill a room, and a wonderful singing voice, especially when he did a Johnny Cash song, always one of his most favorite performers.

Chuck was loved by many, and he will be missed by all that knew him.

Chuck passed away on March 27, 2023, and was interred at Miramar National Cemetery on May 12, 2023, with full military honors. May he forever rest in peace.

...
The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date. Obituaries that are received later than Friday will go in the following week's issue.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents. Email obituary notices to laurieb@lwsb.com with photos attached as jpg files. For more information, call 562-430-0534, ext. 801.

OBITUARIES
deadline is
4 p.m., Friday,
prior to publication.

GAF HISTORY

from page 1

GAF's First Focus

In the early years, the primary focus of the GAF was to improve the health and well-being of Leisure World residents. It sponsored flu vaccine clinics, diabetic clinics and a smoking cessation clinic. To facilitate routine blood pressure screening for LW residents, the GAF purchased automated blood pressure machines for the on-site health center.

The early board also provided funds to purchase a projector for lectures and presentations in the health center. One of the most attended lectures was the emphysema clinic, with over 300 shareholders in attendance.

The GAF sponsored colon cancer screening awareness and hemocult colorectal projects, breast cancer self exam lectures, nutrition classes and CPR training classes. In 1977, the Mobility Aids Program was launched with a \$1,200 grant from the GAF. The Emergency Meals Program began with monthly donations from the GAF. Also in 1977, GAF volunteers provided the first Property Tax Rebate Program.

GAF in the 1980s

During the 1980s, the GAF started the on-site Lifeline Program and provided funds to the early LW Disaster Preparedness Program for the purchase of emergency equipment and radio transceivers.

The GAF Income Tax Preparation Program began with hundreds of shareholders served each year.

In 1987, the first LW resident donated his unit to the GAF, which sold for \$41,000.

GAF in the 1990s

The 1990s marked a new era for the GAF with capital investments throughout the community. GAF grants were used to purchase a 50-inch TV and VCR for Clubhouse 3, and a projector, computer and an interface device to connect the computer to the big screen in Clubhouse 4.

Another \$14,000 was donated to upgrade the sound systems in Clubhouses 1 and 2. The GAF made several donations for upgrades to the Amphitheater, including a donation of \$31,000 to purchase a new sound system, and a grant to the Leisure World Library for new equipment.

In 1999, the GAF purchased a handicap accessible bus for \$49,000 and began underwriting the Rossmoor Bus Service with a donation of \$18,000 per year.

Other donations included camera and battery pack equipment for the Video Producers Club, startup money for the LW Historical Society, the purchase of sheet music and instruments for the LW Orchestra, and bus benches throughout the community at an initial cost of \$91,000 for 14 locations.

More than 125 GAF-funded bus benches and shelters have been placed throughout LW. Funding for health-related events and education continued throughout the 1990s. One of



Volunteer tax preparers receive instruction from Diana Lambert, who chairs the GAF Income Tax Assistance Program.



It takes more than a dozen GAF volunteers to facilitate the quarterly battery disposal program for LW residents.



GAF volunteers staff the Hospitality Center in Clubhouse 6, which draws residents for coffee and conversation five mornings a week.

the final GAF projects of the decade was the 55 Alive Mature Driver Improvement Program.

GAF in the 2000s

The first GAF Hospitality Center opened in 2000 to provide coffee, treats and a place for shareholders to socialize. In 2003, the Hospitality Center moved to its current location in Clubhouse 6. GAF spent \$20,000 to purchase furniture and equipment for the facility, which has been a popular social hub for residents for the past 20 years. The center is open Monday-Friday from 9-11 a.m.

Throughout the 2000s, the GAF funded and lent volunteer support to the annual flu vaccine clinic at a cost of \$10,000 per year and paid for the Rossmoor Bus program to transport shareholders to the shopping center.

Throughout the decade, the GAF contributed to worthwhile projects, including \$23,000 for equipment for the gymnasium; \$14,500 for additional equipment for the Mobility Aide Program; \$5,000 to purchase risers and acoustical shells for the LW



Volunteers stitched thousands of masks to distribute to LW residents during the 2020 COVID-19 pandemic.

Chorale; \$8,000 to upgrade the sound system in Clubhouse 2; \$5,000 toward the expansion of the LW Library; \$10,000 toward a respite care program located at Redeemer Lutheran Church and \$2,500 a year for a battery recycling and fluorescent light bulb program.

More Donations to Benefit LW

There were many large and small projects funded by the GAF during the mid-2000s. In

2012, the estate of Jack Schiffler made possible a \$120,000 donation for new exercise equipment in the large new exercise room. His bequest also funded a handicap accessible bus at a cost of \$130,000.

Among other services, GAF sponsored a quarterly shredding service; donated \$15,000 to the GRF for the installation of Serenity Park behind Mission Park in 2018; and purchased a third handicap accessible bus

scheduled to be delivered this summer.

GAF's Pandemic Response

As the pandemic began, the GAF Board mobilized a COVID-19 crisis response that included volunteers making cotton face masks and distributing them to residents and GRF employees and distributed 45,000 disposable face masks. Volunteers worked the Optum/GRF COVID-19 vaccine program and flu vaccine clinics at the Health Care Center that drew 5,000 residents.

The GAF made a \$120,000 donation to Meals on Wheels Long Beach and Meals on Wheels Orange County to make sure no LW resident went hungry due to isolation or lack of resources. Despite the pandemic, GAF volunteers continued to serve the community with mobility aids delivered to residents' homes, curbside drop-off shredding services and remote income tax preparation service. From 2020-2022, a hearing loop was donated to the Knowledge and Learning Center at a cost of \$13,500; the Community Emergency Response Training (CERT) Program was given a grant for a backpack giveaway program; a social services collaboration team was developed and located in Building 5 to bring services into LW.

Betterment of LW Life Continues

GAF-funded programs and projects have enriched all aspects of the community. The GAF has given more than \$1.4 million in contributions for the betterment of LW life. Tens of thousands of volunteers have given their time and talents over the past 50 years working to ensure Leisure World residents have what they need to age well at home.

Donations Welcome

Charitable contributions make a difference, whether it's money, time or talent. Monetary donations to the 501(c)(3) nonprofit organization may be eligible for a deduction of up to 60% of adjusted gross income. Assets such as long term stocks or property are generally deductible at fair market value up to 30% of adjusted gross income. Ways to give include making a one-time donation, designating a future gift via a will or trust, as a beneficiary designation or making a donation of stocks, real estate or life insurance. For detailed information, go to the IRS.gov website. The Golden Age Foundation tax ID number is 23-7273105, and donations can be made directly to the GAF via P.O. Box 2369, Seal Beach, CA 90740.

For more information, visit www.goldenagefdn.org.

—compiled from information provided by Linda Johnson, emeritus GAF board member and Leisure World historian, and written by Cheryl Falconer, GAF board member. Credit goes to GAF Board member and IT chair Beth Greeley for digitizing and chronicling 50 years of GAF programs and projects.

HEALTH & FITNESS



The Leisure World Bicycle Club Group B recently posed at the California State University, Long Beach, Walter Pyramid. Everyone is welcome to join cyclists for fun and healthy bicycle rides on Sundays with breakfast to El Dorado Golf Course in Long Beach and on Mondays, Wednesdays and Fridays. The group meets at the North Gate at 9 a.m. Bicycle helmets and safe shoes are required. For more information call Mary Romero at 562-810-4266 or Lucy Cyza at 818-209-3075.



Fitness Fusion Club member Kathy Giangiorgi demonstrates the Warrior II yoga pose. Yoga is one of 18 exercises practiced by Fitness Fusion Club members during meetings on Tuesdays at 10:30 a.m. upstairs Clubhouse 6, and at 10:30 a.m. on Thursdays and Saturdays at Veterans Plaza. The benefits of practicing yoga include increased flexibility and better posture. Bring weights to the Veterans Plaza sessions.

Understanding Rheumatoid Arthritis

By C.J. Blomquist
Optum Senior Communications Strategist

Rheumatoid arthritis is a common inflammatory disorder that not many people are familiar with. On May 25, the HCC will feature a special presentation on managing rheumatoid arthritis in Optum HCC Conference Room 1 from 1-2 p.m. The presenter, physician assistant Dennis Bansil, will talk about signs of rheumatoid arthritis and share tips on how to make living with it easier including the following:

- **Exercise.** It may seem counterintuitive, but staying active can help with managing arthritis pain. Low impact exercises including swimming and walking can help the muscles get stronger and keep the joints flexible. Even a daily 30-minute walk can make a big difference.
- **Get rest.** Getting plenty of rest allows the body to recover whether from flare-ups or exercising. Giving the joints a break during a flare-up can help reduce the inflammation and pain.
- **Ask for help.** The aches and pains of arthritis aren't just physical. They can also have an impact on mental health. When the flare-ups are rough, having a friend to help around the house or take the mind off pain with a good conversation can keep the spirit positive.



Marshia Larson
Wa-Rite

Wa-Rite's queen of April Marshia Larson lost more weight in one month than any other member. Another member lost 7 pounds in the week ending May 5 by exercising and carb control. Everyone is encouraged to stay committed to their goals until May 19, when the cash prizes will be awarded.

The May 5th meeting included acknowledging May birthdays and review of the degree program prepared by the birthday girl Darleen Gardner.

The May 19 meeting will wrap up the spring contest, and the final meeting of the month will provide members with the opportunities to share ideas and offer support. June presentation topics will include comparisons, choices and support to facilitate positive behavioral change.

Wa-Rite offers a nonjudgmental and supportive environment to women maintaining their ideal weight or working toward that goal. Those interested in better health and more energy are welcome to stop by or visit up to three meetings for free.

Wa-Rite meets every Friday in Clubhouse 3, Room 1. Weigh-ins are from 9:15-9:45 a.m. An hour-long meetings start at 10 a.m. The annual membership fee is \$10. Weekly dues are 10 cents.



Allison Kim (l-r) and Sunny Kim.

Joyful Line Dance

Joyful Line Dance Club meets on Thursdays in Clubhouse 6 upstairs from 10:30 a.m.-12:30 p.m. The club has multiple leaders who take turns leading the class, introduce new dances and bring back the oldies such as "Up Town Funk," "I'm Alive," "Bailando Boogaloo," "Tennessee Waltz Surprise," "Joe And Jo Tango," "Mambo Italiano," and "Mamma Mia."

For the safety, classes are limited to 35 people on a first-come, first-served basis. Face masks and exercise shoes are recommended. No membership or fees are required, but donations are welcome.

For more information, text 562-301-5339.

Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club's general meetings are held every fourth Tuesday at 1:30 p.m. in Clubhouse 3, Room 1 (except July, August and November). The membership fee of \$3 is now due.

The Impaired Vision Support Group meets every third Friday at 10 a.m. in Clubhouse 3, Room 6.

The Hard of Hearing Support Group meets every second Thursday at 10 a.m. in Clubhouse 3, Room 7.

On May 23, Seal Beach Police detective Jon Ainley will speak about scams at the Hearing and Vision Impaired Club meeting in Clubhouse 3, Room 1, at 1:30 p.m.

The El Dorado High School graduate and a native of the city of Orange, Ainley began his law enforcement career in 2002 as a police cadet and joined the Placentia Police Department as an officer in 2005.

He served as a patrol officer, field training officer, and detective before laterally moving to the Seal Beach Police Department in 2017. During his time there, Ainley served as a field training officer,



Detective Jon Ainley with his youngest child.

IMPAIRED, page 22

Learn more about age-related brain disorders with UC Irvine

The UC Irvine Institute for Memory Impairments and Neurological Disorders (UCIMIND), which is internationally recognized for its research accomplishments in age-related brain disorders, will give a presentation on brain health and aging. The meeting will be held at 11 a.m. on Friday, May 26, in the large conference room at Optum Health Care Center. All are welcome.

Topics include the healthy brain, Alzheimer's disease, the importance of research participation, the history of Alzheimer's disease, prevalence, risk reducing factors and current research findings.

The team from UCI MIND will also discuss how to implement healthy lifestyle practices to protect the brain as people age and

BRAIN, page 23

See more Health & Fitness stories on page 23

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Genealogy Club

The Genealogy Club will meet May 24 at 10 a.m. in Clubhouse 3, Room 1. Look for signs outside the door. Social time begins at 9:30 a.m. and the meeting at 10, which will also be streamed via Zoom. Sign in a few minutes before 10 at <https://us02web.zoom.us/j/86968781803?pwd=b1RWdmlyVlE3UVk3bTV2WnJlVEtldz09>.

Ron Gilmore will present Hands on Ireland, with the focus on Irish genealogical records, their location and access in Dublin, Belfast and elsewhere. Various sample records will be shown at the presentation along with a total 900 photos of Ireland take by Gilmore on his trip. It will also include tips on currency, customs and touring, and car rentals in Ireland.

After retiring from his career as a management consultant in IT, Gilmore dedicates his time to genealogy for family investigations in Ireland, UK, France, Germany and Canada. He presented to several genealogical societies in California and Canada on his favorite topic—Ireland.

—Mary Romero

GOLF LEAGUE

from page 9

The Monday and Friday golf leagues play at four local courses within 15-20 minutes of Leisure World. Advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded.

Those interested should call Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

Bunco Club

LW Bunco Club meets on the second and fourth Mondays of every month in Clubhouse 3, Room 1. The next meeting is on May 22. The play begins at 6 p.m. sharp. Everyone is welcome. There is a half time social for all attending. Bunco is a fun dice game that promotes social interaction and gives plenty of time for conversation. For more information, call Gail Levitt at 562-596-1346.

May 8 winners were: Mimi Durino, most buncos; Rosie Pikus and Rosann MacGregor, most win s; Michie Kimura, most babies; Joanna Rogers and Cheryl Richardson, most losses; and Rita Fueyo, door prize winner.

IMPAIRED

from page 18

member of the special enforcement detail, peer support and detective, focusing on the Leisure World community. He is married to his wife, Samantha, and has two children.

LW Women's Golf

LW Women's Golf Club opened a three-week tournament May 9; 38 women golfers played for low gross, low net and birdies.

Flight A winners were: low gross: Jane Song, 26 with birdies on numbers four and eight; low net: Linda Herman, 23. The following players had the birdies: Susie Kim on No. 8; Devora Kim on No. 6; Jessica Choi on No. 7; Janice Turner on No. 1; Karen Mendon on No. 2; and Zoe Pickle on No. 8.

Flight B winners: low gross: Nina De Rosa and Lisa Kim, 32; low net: Sun Lee, 25.

Flight C winners: low gross: Pam Krug, 31, with a birdie on number four; low net: Patty Littrell and Marilyn Hewitt, 25.

Flight D winners: low gross: Angela Han, 33; low net: Neva Senske, 22.

The club's June luncheon is on Tuesday, June 6, at noon in Clubhouse 3, Room 1. Tickets, \$10, can be purchased by calling Liz Meripol at 562-537-0318. Anyone interested in joining the Women's Golf club can get an application from the golf course starter or call the club treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol

LW Bocce Ball

The Bocce Ball Club's spring finals party is June 10 at 11 a.m. There will be a sign-up list over the next few weeks to gauge attendance and collect money for lunch. Members can sign up with their league coordinator.

A bocce ball clinic will be on Wednesdays at 10 a.m. for new players or anyone to improve their skills. Those interested in learning how to play can stop by the bocce court located behind Clubhouse 2. New players are welcome.

Puzzle Answers

Puzzle pages 6-7

SCRABBLE G R A M S SOLUTION									
M	A	N	K	I	N	D		RACK 1 =	70
L	I	S	S	O	M	E		RACK 2 =	59
I	N	Q	U	E	S	T		RACK 3 =	82
C	O	D	E	I	N	E		RACK 4 =	60
E	D	G	I	E	S	T		RACK 5 =	59
PAR SCORE 260-270									TOTAL 330



Crossword Answers

ITCHED	HAGAR	PSYCHES
MORALES	INANE	ROULADE
BRILLOPADDING	ENMASSE	
AMBLE	OSSES	ILSA
DEST	ETTU	PENDING
NAE	INREGARD	TO
WILDBOARDING	ESTATES	
IMPEACH	EPA	WAS
SIGN	MORE	CAN
ETA	LIAR	ROTC
FUNDING	IN	THE
TETRIS	GONG	OATS
ALMOST	IOU	CERT
ROAM	GNN	BAN
NINEVEH	BUDDING	LIGHT
FLIP	WILSON	TON
EPIC	WINDING	RPMS
PATH	CAAN	ISEE
INPARIS	BONDING	VOYAGE
SERRATE	ICE	IN
CLOSEST	GREGG	PLENTY

Sudoku 1 Answers

3	6	4	7	5	9	8	1	2
8	5	9	4	2	1	7	6	3
7	2	1	6	8	3	9	4	5
2	1	6	3	7	5	4	8	9
9	4	3	2	6	8	1	5	7
5	8	7	9	1	4	2	3	6
4	3	2	8	9	6	5	7	1
1	9	8	5	3	7	6	2	4
6	7	5	1	4	2	3	9	8

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

BLURB WAGER PICKUP PALLET
When the young players started crying, the baseball field became a — "BAWL" PARK

Sudoku 2 Answers

8	6	5	9	7	3	2	4	1
9	1	7	4	6	2	8	5	3
4	2	3	8	5	1	7	9	6
2	7	4	5	8	6	3	1	9
5	8	6	1	3	9	4	2	7
1	3	9	2	4	7	6	8	5
7	4	8	6	9	5	1	3	2
6	9	2	3	1	8	5	7	4
3	5	1	7	2	4	9	6	8

Guess Who?
Alicia Keys

Crypto Fun Answers

A. cooking B. electric C. away D. dinner

Boggle BrainBusters Answers

ARE HOLE HOLE HARE HORSE MOUSE MOOSE WOLE ANTELOPE

Word-Find Answers

C	A	B	F	Y	I	M	E	A	L	S	E	U	A	L	V	K	C	Q	W
P	K	H	B	C	O	K	W	G	T	S	N	S	E	F	L	A	V	O	R
Z	O	W	B	Y	O	U	T	H	D	A	E	W	K	C	S	L	H	N	D
S	H	T	I	M	H	M	E	W	T	A	L	T	L	W	I	L	A	E	S
S	O	U	P	S	O	A	B	T	C	H	I	L	I	S	Z	P	P	M	T
P	Q	P	E	N	T	I	E	I	B	O	V	O	G	S	T	O	P	I	E
G	S	D	Q	D	Y	N	S	E	N	H	L	Q	V	B	Q	T	L	P	W
Q	N	B	E	M	D	T	A	T	W	E	M	E	P	M	D	R	I	V	S
S	E	E	A	E	O	E	N	E	R	A	W	K	O	O	C	E	A	R	O
G	N	L	D	C	C	E	B	K	L	G	Q	Y	B	E	Z	T	N	T	I
C	G	N	I	Z	I	R	E	D	N	E	T	P	B	B	Q	N	C	Y	H
K	G	E	U	S	S	K	D	N	W	F	Q	U	G	C	C	U	E	I	E
S	G	F	E	T	G	I	M	D	W	G	I	A	I	Y	W	O	L	V	A
L	A	I	R	N	G	L	T	V	F	N	C	R	O	C	K	C	P	G	R
O	Z	A	V	I	S	T	N	E	I	D	E	R	G	N	I	L	T	K	T
W	U	K	T	O	P	V	N	H	C	M	F	O	R	E	A	O	H	O	Y
Q	A	A	L	Z	W	V	E	M	R	Y	N	C	F	E	R	Q	Y	Q	T
H	L	B	Z	W	C	H	F	Q	S	E	T	T	I	N	G	V	I	B	U
Q	V	G	N	A	I	H	Y	H	K	E	V	E	N	I	N	G	T	N	O
N	K	Y	C	I	D	R	S	W	S	A	Y	N	Z	R	S	L	Z	M	L

Balance and Stability Club

Leisure World residents who have a fear of falling or trouble with balance are invited to check out the new Balance and Stability Club.

Routine balance exercises can help improve the overall health, strengthen muscles and bones, and improve cardiovascular function and self-confidence.

The first meeting and class will be held June 6 at 10 a.m. in Clubhouse 3, Room 1. Subsequent classes will be held the first and third Tuesdays of each month in the same location.

Adrienne Rosenfeld, a certified balance and stability instructor and a functional aging institute consultant, will be the instructor. She has taught this class in various locations.

Bring water and a smile.

For more information, call Chris Russell, president, at 562-794-9334 or Adrienne Rosenfeld at 562-397-1519.

Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time. Meals are served on a first-come, first-served basis. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics; 1% milk served daily. LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

Thursday, May 18

Salisbury steak with mushroom gravy, mashed potatoes, mixed vegetables, breadstick, sugar-free pear crisp.

Friday, May 19

Vietnamese chicken strips with lemongrass sauce, brown rice, Japanese vegetables, mandarin orange.

Monday, May 22

Baked tilapia with savory tomato, Baby Baker potatoes, California vegetable blend, dinner roll, canned peaches.

Tuesday, May 23

Roasted turkey breast and hummus sandwich, tomato and cucumber salad, barley corn and mango salad, pita bread and a mandarin orange.

Wednesday, May 24

Split pea soup with crackers, Greek salad with edamame and shredded chicken, marinated vegetable salad and sugar-free apple crisp.

Bus Tours

The GRF Transportation Department conducts monthly bus tours of Leisure World on the first Tuesdays for new and recently moved-in residents.

Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station.

The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

Stock Transfer can book tours when new buyers check in, or people can schedule one at <https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/>.

For more information, contact Melissa Gomez at melissag@lwsb.com or 562-431-6586, ext. 326, or Kathy Thayer at kathyt@lwsb.com or 562-431-6586, ext. 398.

Hazardous Waste

Leftover household products that contain corrosive, toxic, ignitable or reactive ingredients are considered household hazardous waste. Products such as paints, cleaners, oils, batteries and pesticides that contain potentially hazardous ingredients require special handling when residents dispose of them. Residents are prohibited from disposing of household hazardous waste at the 1.8-Acre site.

Residents can dispose of their toxic waste at any of Orange County's four Household Hazardous Waste Collection Centers. The closest one to LW is the Huntington Beach Collection Center, 17121 Nichols Lane, 92647, Gate 6.

Proof of county residence may be requested. E-waste such as televisions, tablets, cell phones and computers can also be taken to this collection center.

It is open from 9 a.m.-3 p.m., Tuesday through Saturday (closed on major holidays and during rainy weather).

People who need special assistance with household hazardous waste collection and are unable to bring it to a centers should call 714-834-4000 for more information about Orange County's Door-to-Door service.

For more information, visit www.oclandfills.com/hazardous-waste.



Seal Beach Pier

Seal Beach Be More Healthy Expo May 20

On Saturday, May 20, the Seal Beach Chamber of Commerce will hold its 16th annual Seal Beach Be More Healthy Expo from 9 a.m.-1 p.m. at the Seal Beach Pier.

The admission is free and open to the public. Over 65 vendors will offer live fitness demonstrations, health and wellness products and services, and a kids fit and fun zone. Health screenings such as blood

pressure or cardiovascular health will also be provided, which can detect a problem and get attendees on a track to a healthier self.

Health expos are designed to connect people to locally offered products and services. People will be able to speak with representatives about specific services and receive materials on health and safety topics and more.

Everyone is welcome to join the fun and enjoy the ocean views. LWers can take advantage of a free shuttle that will be making rounds from Leisure World to Seal Beach Pier and back.

For more information and vendor registration, contact Diana Bean at 209-642-1114 or email sponsorship@seal-beachchamber.org or follow the event on Facebook @SealBeach-HealthExpo.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, May 18

Chicken enchilada casserole with red sauce, pinto beans, seasoned broccoli, mandarin oranges, turkey, ham and cheese sandwich with lettuce, tomato and pickle, and carrot raisin salad.

Friday, May 19

Oven-baked breaded fish with tarter sauce, oven-browned potatoes, peas and carrots, mixed melons, Greek chicken salad with tomato, olives, cucumber, feta, vinaigrette and crackers.

Monday, May 22

Oven-baked chicken molé, spanish rice, pinto beans, fresh orange, chicken salad sandwich with spinach, and tomato, marinated beet and onion salad.

Tuesday, May 23

Pork loin with honey mustart sauce, creamy noodles, peas and onions, applesauce, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

Thursday, May 24

Beef stroganoff, brown rice, zucchini medley, seasoned carrots, cantaloupe, turkey and cheese sandwich with letuce, tomato and pickle, cucumber, red onion, and dill salad.

BRAIN from page 18

reduce the risk for memory problems later in life.

UCI MIND is a research center designated by the National Institutes of Health with the goal of advancing the treatment, prevention, diagnosis and care for Alzheimer's.

The faculty is specifically seeking to understand the causes leading to neurological disorders such as Alzheimer's disease, frontotemporal dementia, Lewy body dementia and Huntington's disease.

For more information, visit mind.uci.edu.

CLASSIFIEDS

GENERAL

2 adult female cats, 8 years old, spayed/neutered, indoor-only, DECLAWED (on the front). All shots and veterinary records are up to date and available upon request. Both are black and white color with short-and-medium length hair. Perfect health for both cats. Both cats come with a ton of cat towers, playthings, toys, treats, food, and litter. These cats have been loved, but my mom can no longer care for them and wants to find them a safe and loving forever home. Call 858-405-1879 or email albahr33@hotmail.com. Pictures available upon request.

LANDSCAPING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor License 779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 Exp 6/07

HANDYMAN SERVICES

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001 Exp 7/12

562-596-0559
LW DECOR INC.
Kitchen/Bathroom-Remodeling. Install Microwave/Dishwasher/ Recessed-Lights/Closets Redesigned/Cabinets-Refaced/ New-Windows/Patio-Storage and Enclosures. Exp 7/26
40+/Years in LW
State Contractor License 723262

BATHTUB & SHOWER REFINISHING

● We refinish your SHOWER/ TUB to look brand new. ● Convert to WALK-IN ● SHOWER and/or raise seat. ● Nu Kote 562-833-3911. ● Serving LW since 1999. ● License 699080 Exp 7/19

PAINTING

Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 5/24

Cory Gee Painting. Affordable, Professional, Licensed-and-Insured. Interior/Exterior Dry-wall Repairs/Texturing/Pressure-Washing/Cabinets. Senior Discounts 714-308-9931. State Contractor License 1049257 Exp 7/26

562-596-0559, LW DECOR INC. Premium-Paints. Interiors/ Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. **40+/Years in LW.** **State Contractor License 723262** Exp 7/26

Bel-Rich Painting. Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 8/09

Painting service for exterior or interior repairs, texture/drywall/ cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/22/23

CLASSIFIEDS

SKYLIGHT SERVICES

SKYLIGHTS
CLEAN AND REPAIR.
Licensed and insured.
Dan (562)-841-3787 Exp 7/12
SB Business License BRA0002

SKYLIGHT Cleaning & Repairs,
Contact Eugene (714) 774-4385.
Contractor License 634613-B.
Exp 11/29/2023

UPHOLSTERY / CARPET CLEANING AND TILE & GROUT

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841
Tito. State Contractor License 578194. Exp 5/24

WINDOW WASHING

WANT CLEAN WINDOWS?
I clean Inside/Outside OR Clean Outside only and SAVE \$\$\$.
LW-Resident/Rich Livitski. (562)-600-0014. SB Business License LIV0004. Exp 8/02

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 5/24

LEISURE WORLD HELPING LEISURE WORLD

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

"ROLLIN THUNDER" GOLF CART CLUB
Offering FREE advice on buying and selling of your Golf Cart. Also batteries and Safety Flags. 562-431-6859

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Experienced Caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands/Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 7/05

CHRISTIAN HOME CARE
Experienced, knowledgeable caregivers. Honest/Assertive/Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 6/21

MOST AFFORDABLE RATES with/optimum service, 30-years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 8/02

EXPERIENCED CAREGIVER Over 25+/years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call **Pampet/562-371-4895**. SB Business License PAN0003. Exp 7/19

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 8/09

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 7/26

BEAUTY SERVICES

Tammy Nguyen Phenix Salon.
Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/ Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 7/05

In home haircare, serving the men-and-women of Leisure-World for 36-years. Mel Cell/562-480-9341
SB Business License KC75538. Exp 6/14

Experienced Korean-Barber at Dal Je's Salon. 562-626-8122, 562-431-4603. 5-minutes from Leisure-World! Cannot-WAIT-to-Serve You! PLEASE ask for Sun/Thank-You! SB Business License 14203016. Exp 5/31

HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 Exp 7/05

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 5/24

GRACIAN'S HOUSECLEANING & WINDOWS.

WINDOWS 10% OFF first cleaning.

General housecleaning
Excellent referrals in LW
(562) 307-3861.

20 years experience. Exp 7/12
SB Business License GRA0006

General housekeeping, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 8/09

Maria House-Cleaning
We'll make your house look NICE-as-possible! 15+/years experience. We can work with/your schedule. Bi-weekly/Monthly. Deep-cleaning. Call/Text/714-496-2885. Exp 8/09 SB Business License HER0008.

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days/call anytime! Complete-cleaning. 562-505-1613
SB Business License M0001A. Exp 6/28

Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830
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COMPUTERS

FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License #Simp Exp 7/26

John's Computer Services 562-733-9193
Virus-Removal/Internet Security Repair, Training, Wireless and Smart-TV Setup. LW Resident. SB License FUH0001. Exp 8/09

AUTOS WANTED

ANY KIND OF CAR
Cars/Motorcycle/Truck, running-or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of-Liability for you! Bonded/Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 7/05

AUTOS WANTED (CONTINUED)

Senior looking for 4-door OR 2-door. Prefer BIG car/sedans. Please call Duffy/562-477-8065. Exp 5/24

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/03/2024

Shop-Rider 4-Wheel Scooter. Fairly-New Batteries/Charger/Tires. \$300 Call 562-666-6467.

GOLF CART TIRES

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 6/07

TRANSPORTATION

Need a lift? Pam Miller.
LW Residents ONLY.
310-227-1258 Exp 6/07

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. Exp 6/07

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS
Installed at your residence. Call Frank 562-743-3832. State Contractor License #779462 Exp 6/07

2003 Southwind 32vm-32vs Workhorse. Miles/54,110, Motors: 8.1 Workhorse (Chevy), Transmission/Allison, Exhaust: Banks System, Onan-Generator, Solar-Panels, 2 Slide-Outs. Excellent-Condition. 1-year/Warranty, Call-Diane/949-322-8447. Exp 6/14

RV in RV Lot, Brand/Alpha, 40/foot-long, sleeps-4. Call for pricing 714-343-1071.

MOVING, HAULING & STORAGE SERVICES

J&D HAUL-AWAY AND CLEAN-UP SERVICE
No job too small! Fast/Reliable/ Great-Prices. SB Business License BRA0002. 562-841-3787/Dan. Exp 7/12

A FRIEND AND A TRUCK
Your Moving-AND-Hauling Service. Any size job! Call/310-387-2618. SB Business License RO263644. Exp 7/19

MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE
Buying Mid-Century Modern Furniture/Antiques/Chinese-Collectibles/Old-Toys/Vintage-Clothing/14K-Jewelry-and-Sterling/etc. 562-243-7229 Exp 8/09

MISCELLANEOUS FOR SALE

Coins, Comic Books, First Day Stamps, Miscellaneous. Nikon Camera. Appointment 9:00am-to-3:00pm. 1-562-594-3975 Exp 5/24

Moving Out Sale. 13680 El Dorado Drive, Mutual-03/Unit-33E/across from CH2. Thursday/May-18th, Friday/May-19th, Saturday/May-20th. Many gift collectibles. Vintage-statues/wall-clocks/vacuum-cleaners/various-kitchen-items/toasters/patio-chairs/VCR-recorders/many-household-tools/mechanical/electrical/table-lamps/portable-radios/ham-radios and MUCH MORE

Estate Sale. Thursday/May-18th and Friday/May-19th, 9:00am-2:00pm. 1881 St. John Road, **Mutual-15/Unit-37R**. This home is filled with MANY sparkle feathers and beautiful bold colors! You will find Vintage-Jewelry, M/L-Clothing/Hats/Purses. Entire Sewing Room with Overlock and Embroidery-Machines/Fabric/Threads. Lift-Recliner/Rocker-Recliner/Vintage-Lamps/Corning-Ware/Bread-Machine/Queen-Tempur-Pedic-Contour-Bed/Pots/Pans and MUCH MORE. **ESTATE SALES by JENNIFER and DENISE**, POB 427, Seal Beach 90740. Seal Beach License 14206514. **For entry through Leisure-World main-gate, call/text Denise/714-234-8842 by Wednesday.**

LEISURE WORLD CARPORT FOR RENT

Mutual-4 Carport Space Available for Rent. Call 562-209-7015 for details. Exp 5/24

LEISURE WORLD APARTMENT FOR RENT

2-bedroom furnished apartment available for rent. Call 661-317-5412 for details.

LWWeekly

Read the paper online!
www.lwsb.com/newspaper

Mr. Hank Leisure Living Resales, Inc. Lic. #636260
13918 Seal Beach Blvd., Seal Beach, CA 90740
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leisurelivingresales.com

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Erika — M17
(562)-208-5223



Lela Lee
(714) 213-1993



Valory
Escrows



Gina Rojas
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Carl Kennedy M15
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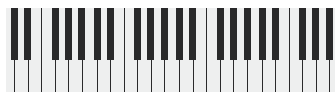
Karen Wittkamm
714-858-1794



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The Piano Man



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- Arranging for Clean out Services
- Estate Sale Recommendations
- Suggest & Supervise LW approved Vendors for anything needed
- AND FREE STAGING I'll Make it look like a Model Home

New Listing!



M1 -28A

3681 St. Andrews Dr.

2 Bedroom 1 bath corner, facing greenbelt.

Drive up potential. Close to the Golf course and Clubhouse 1.

References provided upon request

Melinda Curtis

Call now!

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(310) 753-2776

BROKER

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www.leisurelistsb.com

DRE#01291830



Gina Rojas

(562) 533-3190

I have buyers

ginamrojas@gmail.com

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Mutual 2-18L



\$485,000

Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.

2022 Escrows

8-178D	\$582,000
5-70F	\$520,000
7-170K	\$342,000
8-195B	\$480,000
2-62C	\$225,000
6-130K	\$300,000
14-12A	\$560,000
6-64A	\$272,000
15-11Q	\$350,000
12-55E	\$295,000
2-39A	\$310,000
17-110B	\$475,000

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Sold

Mutual 10 – 238b St. Andrews
2B/1Ba Expanded faces South Dual Pane Windows, Skylights Ceramic Floors, Ceiling Fans, Turnkey! Good Price \$315,000



SOLD OVER ASKING!

Mutual 12 – 77h Glen View
2B/1Ba, L-Shape w/tile patio NEW laminate floors, NEW Paint, Granite Countertops, Dual Pane Windows, French Door, exceptionally clean! A+ Like a MODEL! \$345,000



SOLD OVER ASKING!

Mutual 15 – 22a McKinney
RARE ON MARKET 1B/1Ba Corner, NEW Laminate Flrs., A/C, Microwave & D/W, New Oven, White Cabinets Dual Windows + more!!! OPPORTUNITY @ \$279,900

www.TeamDonnaJean.com



Michael Shieh
714-866-9268



Andrea Bair
714-624-1981



Suzanne Ahn
562-810-1614



Alice Sioson
626-216-3038



Joanie Korman
(714) 308-8034
“Where Life Just Got Easier”
LW Resident, Real Estate Specialist
BRE#01937786

2 Bedroom 1 Bath with an Incredible View, Newer Windows, In-Escrow Plantation Shutters, Heat Pump Needs Some TLC M8 Call to Preview

I Sold all my Listings and I can Sell Yours Too. Call Joanie 714-308-8034 for a Friendly, Informative Meeting on what you need to know to sell your LW Apartment. I appreciate the opportunity to work with you. Thank you.

Berkshire Hathaway Home Services

Robin Gray
Over 25 years of Leisure World Experience
DRE 01027333
(562) 209-5605



New Listings



Mutual 4-52J
\$455,000

FABULOUS GREENBELT and a GREAT UNIT!! Fully expanded with so much added storage! Large living room/dining room with built-ins and book shelves, remodeled kitchen with added counter space, storage and breakfast bar and the remodeled bath has dual sinks! Master bedroom has a walk-in closet plus an extra wardrobe closet, the 2nd bedroom/den has French doors that open to the living room and 2 closets - one with a built-in desk! Washer/dryer, central heat/air, skylights, laminate wood look floors, smooth ceilings, Plantation Shutters, dual pane boxed bay window with seating so you can sit and enjoy the FABULOUS GREENBELT!!



Mutual 2-47C
\$459,900

BEAUTIFUL Unit - BEAUTIFUL Setting! Light and bright open concept floorplan - the remodeled kitchen, dining room and living room all flow so nicely! This fully expanded and remodeled home has two bedrooms and one bath. The master bedroom has a walk-in closet and the 2nd bedroom/den has pretty French door slider that overlook the huge living room. Granite counters, washer/dryer, 3 heat pumps, skylights, smooth ceilings, laminate wood look floors, bay windows with Plantation Shutters that overlook the BEAUTIFUL GREENBELT!!

Pending

Mutual 11-265-A \$495,000
13926 Seal Beach Blvd., Seal Beach, CA 90740



Kristin Duncan
714-356-6717
Office Manager



Robin Gray
562-209-5605



Jasmine Elisha
949-522-1618



Kathy Gupton
562-618-9940



Gloria Hadley
562-884-3594



Edwina DiMario
562-706-7999



Vickie Van Ert
310-220-1407



Rosie Wang Davis
626-623-9929



Joanie Korman
(714) 308-8034

(562) 594-0515

1900 St. Andrews Dr. , Suite C
Seal Beach, CA 90740
BRE 00338699

BERKSHIRE HATHAWAY

HomeServices

California Properties

(562) 431-2149

13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette “CC” Cooley
310-484-9600

One-Bedroom

Mutual 1-40D \$229,500
Great greenbelt, enclosed patio, skylights, very nice

Two-Bedrooms

Mutual 1-26L \$318,000
corner unit with extra large skylight

Mutual 11-273L \$349,900
Spacious corner in private location

Mutual 15-46P \$367,000
A/C, washer/dryer and dishwasher

Mutual 4-50F \$369,000
comfortable & cozy with double paned windows.

Mutual 1-10G \$425,000
Corner unit in a desirable location

Mutual 4-#52J \$455,000
Fully expanded unit on a fabulous green.



Estee Edwards
562-208-2540



Leah Perrotti
310-889-6583



Hanna Rubinstein
562-900-4243



Jay Cho
714-944-4998



Philip Bak
213-550-9991



Fay Wescott
949-212-8748



Kawain Payne
714-293-1151



Adrian Villarreal
714-694-3291



Conrad Rodriguez
562-746-1960



Chris Kim
424-247-4542



Mike Varipapa
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714-606-5258

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Kathy Gup-ton
Associate Broker
DRE # 00744676



Sean Wood
Realtor®
DRE# 02186926



Gloria Hadley
Realtor®
DRE # 01057681

Mutual 4-50F

\$369,000

Comfortable and cozy describes this fully expanded corner 2 Bedroom, 2 Bath-room home with a spacious Living Room. The dining area has double pane win-dows. The Kitchen has built-in Leisure World appliances including a stove, oven, and refrigerator, upgraded counter top and ceiling fan. The main bedroom has been expanded and has a wardrobe closet with a sitting area and a second closet in the expansion. The bathroom has a cut down shower for walk-in convenience. The second bedroom has been expanded and has a wardrobe closet. The Liv-ing room, Dining room and bedrooms have carpeting. Kitchen, Bath and hall-way have vinyl flooring. This lovely home has a heat pump and drive up parking.



PENDING

Mutual4-77E
Mutual2-29E

SOLD 2023

Mutual9-212C
Mutual6-143A
Mutual 9-225C
Mutual 9-230D
Mutual11-283D
Mutual 4-51D
Mutual 8-189D

Mutual 1-26L

\$318,000

A must see corner 2 bedroom 1 bath cottage newly redecorated. This charming home is light and bright and ready to move in. It has new deluxe vinyl flooring though out and has been newly painted. The Kitchen has white cabinets and fea-tures built-in appliances including a built-in dishwasher and extra- large skylight. The bathroom has a large skylight and cut down shower for walk-in convenience. The private patio has new indoor/outdoor carpeting and walk-in storage closet. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities including, a swimming pool, Jacuzzi, 9 hole 3 par golf course, bocce ball, shuffle board, arts, ceramic and sewing room, a variety of exer-cise and card groups, library, health care center, amphitheater and so much more. Enjoy the charming community of Seal Beach and the wonderful ocean breezes.



SOLD 2022

Mutual 14-17B
Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6- 117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5- 117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10 -250J
Mutual11-286B
Mutual12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

Mutual 11-268F

\$469,000



Enjoy this beautiful fully expanded corner home with many custom upgrades nestled in a fabulous Greenbelt location. This lovely home features two bedrooms, one bath-room, large spacious living room, and formal dining room. The living room features a leaded glass entry door, entry closet 2 Bay windows overlooking beautiful Green-belt views. The remodeled kitchen has custom cabinets, Corian countertops, built in appliances including a stove, oven, refrigerator, dishwasher, built in microwave, a pantry and extra-large skylight. The dining Room has a ceiling fan and recessed lighting. The master bedroom has a walk-in closet, is carpeted and has a Bay window. The bathroom has a stacked washer dryer, custom cabinets, walk in tile shower, and extra-large skylight. The second bedroom is carpeted with a ceiling fan and two ward-robe closets. Additional features are double pane windows through-out, plantation shutters, and central-heat and air. The entry porch has a storage area and seating area to enjoy the beautiful Greenbelt view and the lovely ocean breezes. This is a must see. Don't miss out on the beautiful home located is a spectacular location.

M11-273L

\$349,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bath-room has skylight and cut down shower for walk-in convenience. Large versa-tile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



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REALTY GROUP



www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 40 pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1201 Oakmont Rd #196H | M8 | \$349,000
Gorgeous greenbelt 2bed/1bath with partial expansion and exterior storage. Immaculate home with laminate floors throughout, Central HVAC, skylight, shutters on all windows.



13660 Annandale Dr #21F | M1 | \$379,000
Corner patio with garden walk up looking out onto the golf course! 2Bed/1Bath, heat pump, light and bright kitchen with skylight and newer appliances. Bamboo floors, dual pane windows, washer/dryer, meticulously maintained!

Coming Soon

13700 El Dorado Dr | M3 | \$589,000
Reimagined 2bed/2bath home on greenbelt location, chef's kitchen, tiled showers, quartz countertops, stainless appliances, central AC, washer/dryer, no detail spared!

In Escrow

13800 El Dorado Dr #24B | M3 | \$369,000
2Bed/1Bath fully expanded unit with BIG beautiful windows in front, AC heat pumps, new carpeting, laminate floors and paint throughout. Skylights and cutdown shower in bathroom. Golf cart included!



13131 Shawnee Ln #268C | M11 | \$295,000
Adorable 2bed/1bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!

Price Improvement!

1080 Foxburg Rd #216i | M9 | \$319,900
Adorable 2bed/1bath unit with full tiled patio and large bright skylights throughout. Washer/dryer, AC heat pumps in living room and both bedrooms, luxury vinyl flooring throughout, granite countertops, oversized storage unit and gold cart pad!

05/16/2023 - Year To Date MLS Activity

For Sale

In Escrow

Closed Sale



Month	For Sale	In Escrow	Closed Sale
Jan	55	38	15
Feb	52	40	25
Mar	55	55	20
Apr	68	50	38
May	62	48	18
Jun			
July			
Aug			
Sept			
Oct			
Nov			
Dec			

On May 16th, 2023 a total of 62 units show as active listings on the CRMLS (this is where Realtors list property for sale)

12 - 1 bedroom/1 bath units from \$215,000 to \$350,000

38 - 2 bedrooms/1 bath units from \$274,500 to \$459,900

12 - 2 bedrooms/2 baths units from \$329,000 to \$659,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory! We are here to help!

ENTER TO WIN

4TH OF JULY

RAFFLE

ENJOY A 4TH OF JULY THEMED GIFT BASKET WITH \$100 VISA GIFT CARD TO CELEBRATE OUR INDEPENDENCE!

4TH OF JULY BASKET DRAWING WILL BE ANNOUNCED JULY 6TH. DEADLINE TO SUBMIT JULY 3RD!



CUT OUT AND MAIL IN OR DROP OFF:

Gasper Monteer Realty Group
1900 St Andrews Drive #B,
Seal Beach, CA 90740

NAME: _____

PHONE: _____

EMAIL: _____

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M7- 148G \$659,000
AMAZING 2 bedroom 2 bath remodel
on central park!



M3 - 23E \$220,000
Adorable 1 bedroom



M10 - 253D \$310,000
Basic 2 Bedroom 1 Bath



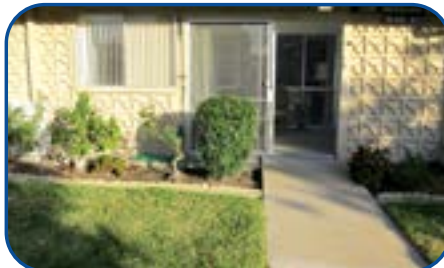
M12 - 62A \$459,000
Gorgeous Expanded Corner with
added Bathroom



M1 - 44D - \$259,000
Gorgeous 1 Bedroom Close to Ame-
nities



M3 - 9C - \$235,000
Partially expanded one-bedroom
unit; Expd. bedroom; Tiled patio!



M4 - 81E - \$247,000
Very nice one-bedroom unit;
Enclosed patio; On lovely green



M12 - 73H \$379,000
Partially expanded 2 Bedroom 1 bath



M6 - 142C \$225,000
Adorable One Bedroom



M5 - 71L \$405,000
Beautiful 2 Bedroom Corner Unit



M9 - 220C - \$315,000
Basic 2 bedroom one bath



M7 - 176F - \$459,000
Beautiful 2 bedroom 1 bath unit!



M9 - 208D - \$369,000
Fully Expanded 2 bedroom 1
bath



M11 - 275B \$309,000
Cute 2 bedroom 1 bath



M10 - 238H \$325,000
Lovely Drive up 2 Bedroom
1 Bath



M3 - 34F - \$320,000
Two-bedroom Upgraded
unit; Washer/Dryer



M9 - 220B - \$305,000
Basic two-bedroom unit; Easy
access; Faces the breeze



M11 - 283J \$258,000
Fully expanded one
bedroom, one bath on a
greenbelt



M11 - 264H \$529,000
Gorgeous 2 Bedroom 2 Bath
with Washer/Dryer



M1 - 45B \$215,000
Basic East facing One Bed-
room



M4 - 84F - \$399,000
Corner 2 Bedroom 1 Bath
with enclosed Patio on
Greenbelt



M3 - 16C - \$395,000
Two-bedroom full expansion!



Dawn Januszka
Broker
DRE #02110501



Ginny Houck
Escrow Officer



Verna Chumley
Realtor®



John Webster
Realtor®



Shawna Verrette
Realtor®



Kim Jbeili
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