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BEGINNERS UKULELE CLASS STARTS IN AUGUST

See page 12.



LEARN ABOUT THE IMPORTANCE OF A GOOD NIGHT'S SLEEP

See page 14.



SUNSHINE CLUB SPEAKER WILL DISCUSS STROKES

See page 16.

HANDS-ON DEMONSTRATION



Learn more about CINC in upcoming training sessions

The GRF has transitioned to a software system called CINC, which includes Mutual account history, documents, communication and more payment options for residents.

CINC resident portal training sessions are scheduled for:

- Monday, July 31, from 1-3 p.m.
- Tuesday, Aug. 1, from 10 a.m.-1 p.m.
- Wednesday, Aug. 2, from 10 a.m.-1 p.m.

All training is held in the Learning Center in Clubhouse 3. Staff will be onsite to give residents hands-on demonstrations of the CINC system and help them register via the online portal. RSVPs are not required. Walk-ins are welcome.

GRF FINANCE

Payment statements coming via U.S. mail

Leisure World residents who are not on direct debit will be receiving GRF payment statements in the mail this week.

The new CINC accounting system uses the same information—P.O. Box and account number—as the coupon books that were formerly provided.

The new statements will outline pre-existing balances as well as the current monthly charges. For more information, contact Finance at 562-431-6586, ext. 330.

AMPHITHEATER CONCERT

‘Walk Don’t Run’ to Venturesmania



Venturesmania was originally formed to back up legendary Ventures guitarist Nokie Edwards.

Tribute to The Ventures
July 27 | 7:30 p.m.
Amphitheater Stage
Sponsor: Community Legal Aid SoCal

Venturesmania is a tribute to the Ventures, a 1960s rock band that built its reputation on surf guitar. A group of Southern California surf musicians formed the band for the sole purpose of backing up legendary guitarist Nokie Edwards, the lead guitarist for The Ventures, America’s No. 1 instrumental rock group of all time.

The group played with Edwards on multiple occasions and even recorded a new album with him, “Bound & Sidejacked

Again!,” before his passing. Since then, Venturesmania has continued as a group, playing not only the great instrumental hits of the Ventures, but also exploring other instrumental surf music of the 1960s and even throwing in some party-pleasing vocal songs.

The Ventures were known for helping to popularize the electric guitar across the world.

The band is best known for its songs “Walk Don’t Run,” a catchy and melodic cover of the Champs song “Tequila,” “The Cruel Sea,” and a high-energy rock version of the Johnny Rivers song “Secret Agent Man.”

Using period-correct guitars, amplifiers, drums and even vintage suits, Venturesmania is a time trip of the best kind.

See page 9 for a full list of Amphitheater rules and page 23 for the full season schedule.

OPTUM

GRF bus tours now include stop at LW HealthCare Center



Tours will now end in front of the HCC, where people will have the option to take a tour of the facility.

The GRF Transportation Department conducts monthly bus tours of Leisure World on the first Tuesdays for new and recently moved-in residents.

Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station.

The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

The tour will end in front of the HealthCare Center, where riders will

TOURS, page 3

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging. The conclusions and opinions expressed may not be those of the California Department of Aging and the publication may not be based upon or inclusive of all raw data.

ORANGE COUNTY EVENTS



The OC Fair offers activities for people of all ages.

Orange County Fair

The Orange County Fair is in full swing, with a slew of fun events and activities for grandparents and kids alike. The OC Fair is open Wednesday-Sunday through Aug. 13. Tickets for seniors and children 6-11 years old cost \$9 each; children 5 and younger are free; general adult tickets are \$15.

The OC Fair features carnival rides, face painting, a petting zoo, pig races, arts and crafts, a variety of food options, acrobats, shops, exhibits and more. For more information or to purchase tickets, visit www.ocfair.com.

POLICE EVENT

Seal Beach Police hosts ‘National Night Out’ Aug. 1

The Seal Beach Police Department invites community members to National Night Out this Tuesday, Aug. 1, from 5-8 p.m. at Eisenhower Park near the Seal Beach Pier, located at 820 Ocean Ave., Seal Beach.

During National Night Out, communities across America come together to take a stand against crime, drugs and disorder in their neighborhoods.

Across the country, approximately 17,000 communities will celebrate with their own National Night Out events, according to the event’s website.

“This year’s National Night Out provides an opportunity for the Seal Beach Police Department to enhance crime prevention efforts by promoting cooperative relationships and reinforcing the need for community involvement,” the Seal Beach Police Department said in a statement.

The Seal Beach Police Department will partner with members of the community



The National Night Out event will feature cotton candy and face painting.

to affirm its conviction against crime and promote health, safety and personal preparedness.

This free, family-friendly event will feature SWAT vehicles, mobile command post tours, police motorcycles, a petting zoo, an Orange County Fire Authority booth and equip-

ment, drones, cotton candy, children’s face painting, and hot dogs and chips provided by the Seal Beach Lions Club.

For more information, contact Emergency Services Coordinator Sgt. Brian Gray at 562-799-4100, ext. 1145, or bgray@sealbeachca.gov.

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EXTRA COPIES

Pick up maps, Community Guides and more

The GRF News Office, located next to the Amphitheater, has extra copies of informational publications that help residents navigate Leisure World. Here are a few of the publications that residents can pick up at the office anytime between 8 a.m.-4 p.m.

2023-24 Community Guide: The Community Guide is the go-to resource for all things Leisure World—including information on the GRF Board, Mutual boards and GRF’s varying departments and their duties. In addition to providing information on the nuts and bolts of the community, the Community Guide also contains Leisure World’s white pages, providing contact information for GRF departments, fellow residents and important personnel in the City of Seal Beach.

2023-24 Spotlight On Entertainment: This magazine-style booklet contains all the information that residents need to take advantage of this summer’s Amphitheater season, including showtimes and locations for this season’s live concerts and free movie screenings at the Amphitheater. This booklet also contains useful tips about transportation to and from the Amphitheater, as well as the Recreation Department’s upcoming trips and GRF events.

Leisure World Seal Beach Maps: With 16 Mutuals, five clubhouses and a broad range of sport and recreational facilities, Leisure World can be a tricky place to navigate. Some residents keep a spare LW map in their cars to make sure they never get lost, or keep an extra map on hand for exploring the community.

ANIMAL CONTROL

SB Police will enforce animal-related laws

Earlier this month, the Seal Beach Police Department implemented a new, in-house animal control program. For several years, the City of Long Beach provided animal control services to Seal Beach.

Part of implementing this new program was reviewing several animal-related laws and regulations. Here are a few of them:

7.05.055 At-Large Requirements for Cats and Dogs.

A. No owner of a dog shall permit the animal to be at large unless it is leashed, confined in a motor vehicle or on another person's property with permission.

B. No owner of a cat shall permit the animal to enter upon another person's property or residential unit without permission.

C. The animal control officer may impound any cat or dog found in violation of this section.

7.05.070 Transportation of Animals. No person shall transport an animal by motor vehicle unless the animal is confined to prevent falling or jumping off the vehicle.

7.05.090 Blocking Public Places. No owner of a dog shall tie the dog to a tree, bike rack or similar object in front of any public place.

7.05.100 Feeding Wild Birds. No person shall feed any wild bird. This prohibition shall not apply to the feeding of wild birds that are confined in an enclosure on private property.

While a component of any effective animal control program is enforcement, the Seal Beach Police Department is prioritizing its efforts on outreach and education.

"Adherence to animal regulations is important to maintain the quality of life in Seal Beach. We believe that through education, warnings, and outreach, we will be able to accomplish our goals," said Operations Bureau Manager Nick Nicholas. "However, as we do now with other regulations, if enforcement is critical and necessary, we will act and issue citations."

Those who want to report any animal-related issues should call the police non-emergency line at 562-594-7232. Police will dispatch an animal control officer to the scene. For life-or-death emergencies, dial 911.

For more information about the program, email animalcontrol@sealbeachca.gov. To ask general questions about the Seal Beach Police Department and its work, email askacop@sealbeachca.gov.

Missing Paper?

Call the News Office at 562-430-0534 by 10 a.m. Thursday to have a paper delivered.

SECURITY



An example of the RFID headlamp tag that will be used to gain entry into Leisure World.

A first look at GRF's new RFID headlamp tags

GRF is acquiring radio frequency identification (RFID) tags in order to increase security at its gates. The tags are about 4 inches long and transparent, with adhesive meant to attach to a vehicle headlamp.

The new gate system will be equipped with an RFID reader, which can read RFID tags

from a certain distance. With a valid RFID tag, the barrier arm will raise, allowing a vehicle to pass into the community.

Each member will be issued one RFID tag for free. Additional tags can be purchased. For more information on the proposed fees, see page 5.

TOURS
from page 1

have the option of continuing their excursion with a guided tour of the Health Care Center.

An Optum team member will be there to meet and greet residents, discuss offered services and other HCC information, plus hand out giveaways.

Riders who are not interested in the HCC tour will be taken back to the parking lot at the Amphitheater hub.

Approximately 20 minutes later, the bus will return to the HCC to pick up people who opted for the meet-and-greet tour and need a ride back to the Amphitheater hub parking lot.

Stock Transfer can book tours when new buyers check in.

People can also schedule one at <https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/>.

For more information, contact Recreation Coordinator Melissa Gomez at melissag@lwsb.com or 562-431-6586, ext. 326, or Recreation Manager Kathy Thayer at kathyt@lwsb.com or 562-431-6586, ext. 398.

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PERSPECTIVES

Letter to the Editor

Editor:
Last week, the Powerball jackpot is \$1 billion, and the Mega Millions jackpot was over \$600 million.
But I'll have to go elsewhere to buy lottery tickets. We don't have a California Lottery ticket vending machine within Leisure World.
I'd like to offer the idea of getting one located here. We could place the machine in the Café, in Clubhouse 6 or in the not-yet-opened pharmacy.
One potential benefit is that retailers receive a bonus for selling the winning ticket too. Is anyone else interested in this idea? Good luck.

Steve Martinez
Mutual 9

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications Director.

Letters to the Editor: Letters, maximum 200 words, should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Golden Rain Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant reviews, theater reviews or travel journal submissions are welcome subject to terms and conditions in the policy unless otherwise noted.

405 Freeway Improvement Project Update

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

NB 405 Closure
Crews will continue construction activities on the northbound I-405, closing at Euclid Street and Talbert Avenue to install traffic detectors. The closure is anticipated as early as 11 p.m. today, July 27, and extending to 5 a.m. Friday, July 28.

Edinger Avenue Bridge
The Edinger Avenue bridge over I-405 will close nightly for grinding and final paving. The closures are anticipated as early as the week of July 31.

Westminster Boulevard/Willow Lane Intersection Closures for Drainage Work
The Westminster Boulevard/Willow Lane intersection will continue to close nightly for drainage work.

Nightly intersection closures are expected to continue through August on weeknights. Additional nighttime intermittent lane reductions are expected to continue through July.

405 Express Lanes
Crews are conducting utility work and installing equipment for the new 405 Express Lanes. This work requires intermittent nighttime lane reductions on northbound and southbound I-405. Ongoing lane reductions are anticipated as early as 10 p.m. to 4 a.m. on weeknights and weekends, as needed. This work may be loud. The schedule is subject to change due to inclement weather or unforeseen operational issues.

Montecito Channel
Crews began mobilizing equipment for a waterline relocation and began sound wall

reconstruction. Equipment mobilization and waterline relocation is anticipated to continue through July. Sound wall reconstruction is anticipated to continue through August. Construction work is ongoing between 7 a.m. and 4 p.m. weekdays and Saturdays, as needed. Crews may mobilize equipment as early as 6 a.m., and some activities may occur from 9 p.m.-6 a.m. as needed. Crews may access the work zone intermittently along College Park Drive and from the WB SR-22 connector to mobilize equipment. This work may be loud. The schedule is subject to change due to inclement weather or unforeseen operational issues. Sign up for projectwide and bridge-specific construction alerts at bit.ly/405-signup.

Setting It Straight

Due to a typographical error, the year listed in one of the frequently asked questions about the new gate access system was incorrect. The sentence should have read: "Four annual guest passes will not be issued in 2024. Instead, each unit is permitted up to four guests to be listed as permanent guests in the new system, Proptia."



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General Inquiry: LWWeekly@lwsb.com

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Katya Lukina, Editor, Graphic Design, Production 562-431-6586, ext. 266 katyal@lwsb.com Government, Health & Fitness	Classified Advertising: 12 noon, Monday, of publication week
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VOL 47, NO 28

Puzzles & Comics

Answers on page 22

Gasoline Alley

By Jim Scancarelli



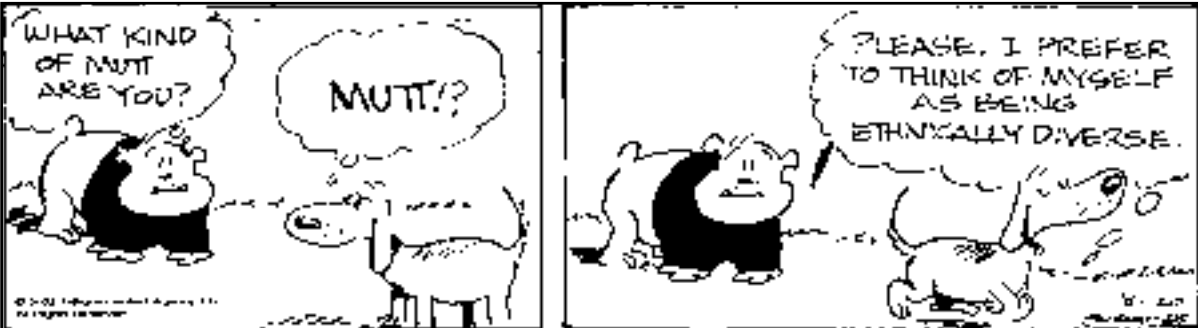
Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

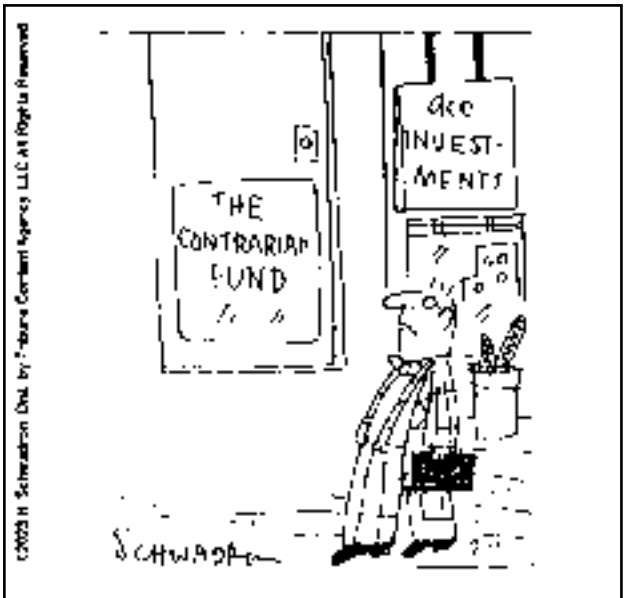
Edited by Patti Varol and Joyce Nichols Lewis

Crossword puzzle grid with clues and answers. Includes sections for 'DOUBLE PLAYS' by Desirée Penner & Jeff Sinnock, 'ACROSS' clues, and 'DOWN' clues. The grid is 18x18.

Sudoku 1

			9		3	4
5		2		3		
	6		1	2	3	
		1	6	7		
7	2	6		1		8
9	5			2		

9 To 5 By Harley Schwadron



SCRABBLE GRAMS game board with words and scores. Includes a 'FIVE RACK TOTAL' section and a 'TIME LIMIT' section.

JUMBLE game board with words and scores. Includes a 'Print answer here' section and a 'THAT SCRAMBLED WORD GAME' section.

Guess Who?

I am an actress born in Malaysia on August 6, 1962. I was a beauty pageant winner prior to becoming an actress. I've been in a James Bond movie and recently won a Best Actress Oscar for a role in a 2022 film.

Sudoku #2

		3				7		2
	5	4		3	8		1	
	1	9						
				8				7
1	7	8			9	2	5	4
	4		1	7			9	
				1	3	8		
	3			5	6	4	2	
9	2	1				6	3	

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to the dog days of summer.
Each number corresponds to a letter.
(Hint: 11 = M)

A.

12 8 11 15 10

Clue: Water vapor in the air

B.

3 13 22 6 11 9

Clue: Warm and moist

C.

3 8 11 11 22 5

Clue: Hot season

D.

3 4 9

Clue: Atmosphere seen from earth

Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek

F	L	A	T	H
S	I	D	N	O
A	E	R	V	Y
T	A	K	O	L
B	I	F	V	T

BOGGLE POINT SCALE

(1 letters = 1 point)
(4 letters = 2 points)
(5 letters = 3 points)
(6 letters = 4 points)
(7 letters = 6 points)
(8 letters = 10 points)
(9 letters = 15 points)

YOUR BOGGLE RATING

151+ = Champ
101-150 = Expert
61-100 = Pro
31-60 = Gamer
21-30 = Rookie
11-20 = Amateur
0-10 = Try again

Boggle BrainBusters Bonus

We put several brain-bust words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT CAR COMPANIES in the grid of letters.

Puzzles & Comics
Answers on page 22

COUNTY FAIR WORD SEARCH

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ADMISSION
AMUSEMENT
ANNUAL
BAND
BOOTH
CARNIVAL
CORN DOG
COTTON CANDY
ENJOYMENT
ENTERTAINMENT
FAIR
FAMILY
FERRIS WHEEL
FIELD
FIREWORKS
FUNNEL CAKE
GAMES
LEMONADE
LIVESTOCK
LOCAL
MUSIC
PARKING
RAFFLE
VISITORS

RELIGION

Beit HaLev

Beit HaLev with Rabbi Galit-Shirah conducts online livestream Shabbat services every Friday evening. To join the Beit HaLev “Zoomagogue” for its interactive service go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The livestream can also be viewed on Facebook at www.facebook.com/galityomtov or on YouTube at <https://www.youtube.com/@beithalevlive8816/streams>. Shabbat Ma’ariv services are every Friday at 5 p.m.

Today, July 27, coincides with the Hebrew date 9 Av, 5783—Tisha B’Av, the most

somber day in the Jewish calendar. Similar to Yom Kippur, it is observed with an all day fast, and reading from Ecclesiastes, or “Eicha” in Hebrew. It is a day of mourning, commemorating every catastrophic occurrence in Jewish history, including the building of the golden calf, the destruction of both Temples in Jerusalem, the loss of the Holy Land and exile for 2,000 years.

The first Shabbat this Saturday, is called “Shabbat Nachamu” (the Sabbath of Consolation). It is followed by a six week period of introspection and consolation culminating with the High Holy Days. The

reading will from the Torah portion “Va’etchanan” (I pleaded) from Deuteronomy 3:23-7:11. It begins with Moshe’s plea to cross the Jordan and enter the Promised Land. HaShem refuses, but ends with His/Her/Its love for the Jewish people.

All Beit HaLev services share the new special prayerbooks onscreen, “Lev L’Lev,” which include excerpts from the Reform Siddur, “Mishkan HaT’filah.” To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Congregation Sholom

Congregation Sholom will hold a potluck dinner prior to services on Friday evening, July 28, in Clubhouse 3, Room 9, at 5:15 p.m. A sign up sheet has been sent to members. Services conducted by Rabbi Mike Mymon will begin following the dinner at 6:30 p.m. and will also be available on Zoom. Rabbi Mymon will also lead the hybrid service on Saturday, July 29, in Clubhouse 3, Room 9, and via Zoom 10 a.m. To receive a Zoom invitation, call or text Jeff Sacks at 714-642-0122.

This week’s Torah portion is Va’etchanan from the Book of Deuteronomy. Va’etchanan (I pleaded) opens as Moses pleads with God to be allowed into the Land of Israel. Moses warns the Israelites not to pursue idolatry and recounts the giving of the Ten Commandments. The portion also contains the Shema, a declaration of faith and a central text in Jewish prayer.

Join Congregation Sholom on Sunday, July 30 to see the play “In the Heights” at the Long Beach Playhouse located at 5021 E. Anaheim St. in Long Beach. Carpools are available. The group will meet at the Clubhouse 4 parking lot at 1 p.m. to carpools. The show begins at 2 p.m.. Tickets are \$24 each. After the show, the group will go to a local restaurant for a meal. Suggestions welcome. Send an email to murrjet@yahoo.com to reserve a ticket.

Those who want become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

First Christian Church

First Christian Church of Leisure World teaches from God’s word, the Holy Bible, verse by verse.

It is a friendly church that welcomes all visitors to join in worship and explore God’s word together “that we may be mutually encouraged by each other’s faith, both yours and mine” Romans 1:12.

Weekend Services

In Genesis 17:8-16 God foretells consequential events that will happen in the lives of Abram and Sarai, beginning with changing their names to Abraham and Sarah. God then establishes the religious ritual of circumcision as a sign of remembrance of the covenant that God had with his people.

In verse 16, God tells Abraham that he and Sarah will have

a son. This came as a surprise since Abraham and Sarah were in their 90s, well past childbearing age. God also told Abraham the name of that son would be Isaac, and that He, God, would make a covenant with Isaac and with his descendants after him. That everlasting covenant is still in effect today. However, with the arrival of Jesus that covenant was opened to all people. When people allow Christ to become their savior, they enter the covenant given to Isaac.

Weekend Services

Sunday services are traditional from 9:30-10:45 a.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, Gregory Black will present the special music.

Saturday services are more contemporary with Gregory

Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

The women’s Bible study, led by Melli Herrera is held on Mondays from 10:30-11:30 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Pastor Bruce Humes, meets from 10:30-11:30 a.m.

Pastor Humes also leads the prayer and Bible study group on Fridays from 6-7 p.m.

All Leisure World residents are welcome to attend the above services and Bible studies.

Contact

For more information can call the church message line at 562-431-8810.

Assembly of God

Service/Gathering Times: The service is Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is on the fourth Sunday of the month at 6 p.m.

This week’s sermon: God sees through humans’ insecurities to the heart and soul of each individual. He has created every person with strength, ability and purpose. Michael Bogdan will share from Ephesians 1:17-22, with an encouraging message titled “I Want You” this Sunday, July 30.

Bible Study: The Bible study in Job continues Wednesday, Aug. 2, as Job demonstrates his human frailty and questions God about his horrible losses. God, the Creator Himself, answers Job’s questions with truth applicable today.

Contact: More information about the church can be found at www.lwassemblyofgod.com.

Pastor Chuck’s sermons are on the Faithlife app under “Leisure World Assembly of God,” where people can also give online.

Faith Christian Assembly

Scripture explains why church attendance should be important for believers. Hebrews 10:25 says, “and let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.”

When the Lord tells his people something, it’s always for their own good. The Lord

knows that connection with him and with others is what people were created for and can’t live without.

Faith Christian Assembly is here for people. Those who are looking for a church or want to learn more are invited to come to a service. The church has a rich heritage going back almost 90 years and is still a thriving and loving community of believers.

Sunday service times are at 10:30 a.m. and 5:30 p.m., with pre-service prayer offered at 5. The men’s and women’s ministries meet on the third Thursdays of each month at 1 p.m.

To receive more information about the church or receive the free monthly newsletter, call 562-598-9010, email contact@fcachurch.net or visit www.FCACHurch.net.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., in Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

Residents are invited to attend the county fair on Saturday, July 29, at Stake Center 4142 Cerritos Ave. in Los Alamitos from 4-8 p.m. There will be a talent expo, games, entertainment, petting zoo, free food, a chili cook-off, an 85-foot inflatable obstacle course and a canned food drive.

The reading source for this year is the New Testament. The reading assignment for the week of July 31-Aug. 6 is Acts 22-28.

Community Church

“All Things Work Together for Good” is the comforting message from Romans 8 that Community Church will reflect on this week. Kelly Frankiewicz will unpack that message, combined with the many ways that people can embrace the kingdom of heaven as outlined by Jesus, in Matthew 13, on Sunday, July 30 at the 9:50 a.m. service at Community Church.

Frankiewicz will lead worship and provide the sermon while Pastor Johan Dodge is on vacation. All are welcome to attend. The service is followed by a time of food and fellowship.

People may also watch the service live on Facebook at [@CommunityChurchLeisureWorld](https://www.facebook.com/CommunityChurchLeisureWorld) and via Zoom. People can contact the church office to receive the Zoom link.

Those who are in need without another way to address that need, may call the church office to leave a message at 562-431-2503.



Kelly Frankiewicz

Redeemer Lutheran

Romans 8 says “We know that all things work together for good for those who love God, who are called according to his purpose.” Redeemer Lutheran Church will continue this theme with a message titled “God Above, Beside and Within Us” on Sunday, July 30, at 10:30 a.m. in the sanctuary at 13564 St. Andrews Drive, across from the Administration.

Dee Sessa and Teresa Smith are this week’s greeters. Sharon Heck will play the organ and accompany the summer choir.

People can bring non-perishable food to the church any time to be distributed to those in need in the broader community.

For more information, call 562-598-8697.

LW Baptist

The Bible links Christians’ suffering to their future glory as God’s children, like their savior Jesus, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

LW Baptist’s service on Sunday, July 30, at 10 a.m. in Clubhouse 4 will celebrate the eternal blessings that God rewards his children for their faith.

For more information about the church, call 562-430-8598.

Buddha Circle

Buddha Circle will meet on Saturday, Aug. 5, in Clubhouse 3, Room 1, with Ven. Kusala from 9:30-11 a.m.

Ven. Kusala is well known in the Buddhist community. He presents Buddhism in simple ways and teaches people how to suffer less and become happier. Buddha Circle is an interaction-based group, and those who attend are encouraged to ask questions. Donations are welcome and will support Ven. Kusala in his teachings.

For more information, call 714-468-6887.

Call the LW Weekly at 562-430-0534

ARTS & LEISURE



Ben Benjamins welcomed many visitors at the Photo Arts Club's booth at the GRF's annual Fourth of July event.

Photo Arts Club

The Photo Arts Club will meet Thursday, Aug. 10, at 1:30 p.m. in Clubhouse 3, Room 9. The assignment is to photograph an interesting pattern. People should use the editing features in their software or phone. Submitted photos must be very sharp. Members should send only three recent photos to benbenjamins@hotmail.com to be shown at the next meeting. Photos should be sent at least two days before the meeting.

On July 13, the club met and reviewed black-and-white photos taken by members.

Hooks and labels will be available for members to use to hang framed photos in the hall of Clubhouse 3. Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting.

Everyone is welcome. For information about the club, call Regine Schumacher at 562-430-7978.

—Regine Schumacher

AUTHORSPEAK AT THE LIBRARY



Nicola Harrison (l) and the cover of her book "Hotel Laguna."

Author will discuss new historical fiction

The Leisure World Library will hold its next AuthorSpeak event on Friday, Aug. 11, at 11 a.m. next to the Library at Veterans Plaza.

Nicola Harrison is the author of three historical fiction novels, "Montauk," "The Show Girl," and her latest, "Hotel Laguna."

"Hotel Laguna" follows trailblazer Hazel Francis from the female-staffed factories of World War II to the sun-splashed beaches of Southern California, on a daring journey to demand more for herself. Publisher's Weekly calls this beach read, "One to savor."

The presentation begins promptly at 11 a.m. Attendees may arrive as early as 10:30 to enjoy refreshments provided by the library.

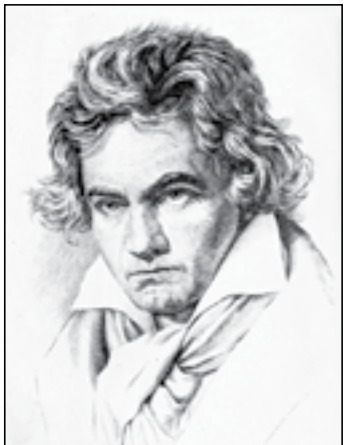
ART HISTORY CLUB

Club to review Beethoven's best works

On July 24, Art History Club will feature three of Ludwig van Beethoven's best-known works: Piano Sonata No. 23 in F minor, "Appassionata;" Missa solennis in D major, "Kyrie eleison;" and Symphony No. 5, "Fate."

The three compositions written by Beethoven are generally regarded as among the greatest masterpieces of all the time and are widely performed all over the world. The Piano Sonata No. 23 (22 minutes) and Symphony No. 5 (36 minutes) will be delivered in whole without any missing movement, but Missa solennis will be played only for the Kyrie part (10 minutes).

The class will be from 9:30-11:30 a.m. in the Clubhouse 3 Learning Center. For more information, contact Ken Chong at 562-362-8590.



LW Chorale

The Leisure World Chorale is one of the oldest performance clubs in Leisure World. Over the years, there have been numerous changes and several dedicated, talented directors and accompanists. Currently, Galit Levy-Slater is the director and co-president along with Connie Young.

Summer is not always the easiest time to recruit new members; people are on vacation, trying to stay cool, don't like getting up early to sing.

The club's membership, however, is in need of a boost as it prepares for the holidays.

After a brainstorming session, it was decided that instead of having one holiday showcase, the group will be carolers, roaming from pool to exercise room, office to office, clubhouse to clubhouse, to entertain with holiday music, dances and a few surprises.

The club needs rehearsal days more than once a week, so in addition to its Monday morning meetings from 9-11 in Clubhouse 3, Room 4, it will also meet on Thursdays at 1 p.m. The location of the Thursday rehearsal will be announced at a later date.

Members are having fun and rediscovering the club's purpose. It's looking for new voices with a desire to entertain. For more information, contact Galit at 562-715-0888 or duets@icloud.com.

—Galit Levy-Slater

Summer at the Show: Amphitheater Rules

The GRF, along with show sponsors, are proud to present the 2023 Amphitheater season.

To ensure an enjoyable season, show-goers are asked to adhere to the following rules:

- There is no video- or audiotaping of performers.
- Do not save seats. Amphitheater seating is first-come, first-served.
- Do not sing along with performers unless asked to do so by the performer on stage.
- No one is allowed to sit or stand in the aisles.
- No smoking is permitted in the Amphitheater area.
- Flags on scooters should be lowered, so everyone can see the stage (see LW Security for assistance with this).
- Leave walkers in the aisle.
- Handicap seating is at street level at the handrails in the middle of the Amphitheater.
- Pets are not allowed.
- The audience is not permitted to enter the Amphitheater earlier than 1-1/2 hours before the program begins as requested by performers, who will be doing sound checks.
- Dancing is allowed only on the two side wing patios flanking the Amphitheater stage.
- No flash photography.
- No climbing over seats.



Dean Jacobus (r) and Ken Notorleva

Greenbelt Singers

by Jan Friedland
LW contributor

Living in Leisure World Seal Beach keeps getting better and better! Not only are there many clubs, activities and events going on each week but, now we have something new to entertain us. There's a new group in town that call themselves "The Greenbelt Singers!"

Ken Notorleva, the person behind the group, moved to LW 2.5 years ago when an old friend and former co-worker since 1972, Dean Jacobus, told him that Leisure World is like "a day camp for seniors." When Ken heard that, he said, "I'm in!"

Notorleva is no stranger to singing. In fact, he was a professional singer before moving to Seal Beach. In LW he discovered many singing groups and joined them.

While Notorleva was involved in several of these singing clubs, he would invite his neighbors to attend the club musicals, but few did.

He then suggested that they come to listen from his front porch in the afternoons where they could bring a chair, sit and listen to music from his greenbelt area. That worked. In January, Notorleva invited Ric Dizon, his singing buddy, to join him and bring music to Notorleva's neighbors. From there he thought why not deliver music directly to all the Mutuals when invited.

Notorleva began sharing his vision of bringing music to the residents in any of the greenbelt areas, and other singers joined. The Greenbelt Singers come with their own accompanying music to perform the songs that we are all familiar with and love. The group is comprised of 22 singers.

Each gig has four or more singers joining Notorleva and Dizon. From January through July 15, the group has performed several times and have booked several more performances through September. Earlier this month, they performed for a Lapidary Club picnic celebrating three birthdays, and for a Sunshine Club picnic.

The Greenbelt Singers are absolutely terrific, and they sing for free. Donations are appreciated to maintain and replace equipment.

Those interested in booking The Greenbelt Singers to come a Mutual can contact Notorleva at musicmyway@icloud.com.

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Ric Dizon led the audience by rolling at a recent performance in Clubhouse 2.

‘Let the Good Times Roll’ Club

The doo-wop ‘Let the Good Times Roll’ Club extends a big thank you to all guests who came to its performance in Clubhouse 2 on July 15. Special thanks were extended to Cristian Sanchez and the building custodians, storyteller Rob Illingworth, and video/photographer team Bonnie Cooper, who is diligently working on a video production. The club will post progress and the video release date on its Facebook group page.

The club’s next show is planned for Saturday, Sept. 16, and performers will be returning to a classic doo-wop sock hop and early days of rock theme.

Any LW residents interested in joining the club, especially male voices (particularly Elvis-style), are welcome to audition during a rehearsal Tuesday, Aug. 1, in Clubhouse 2 at 7:30 p.m.

Additional audition details will be released in the coming weeks. People can request membership now to the Leisure World Seal Beach Let the Good Times Roll Facebook group page. The cutoff for auditions will be Aug. 15.

—Lu DeSantis

Amenity Update from Recreation

by Kathy Thayer
Recreation Manager

With GRF and Mutual elections and the usual June hiatus for GRF committees, it’s been a while since the Recreation Department has updated readers on what’s happening in Recreation.

Amphitheater Season

The Amphitheater season is in full swing with Thursday live concerts and Friday open air movies. The attendance demonstrates Leisure Worlders are anxious to get out and enjoy the summer. Come and dine al fresco before the show with Koffel’s Taco Truck and Mandi’s Candies Ice Cream Truck.

Bus Trip Tickets Going Fast

Bus trips are perennially popular and have been selling out. The Museum of Tolerance and a trip to the Segerstrom for a tribute to the Temptations are next on the calendar, followed by “The Nutcracker” and a holiday trip to the Sawdust Festival. Sales have been brisk, keeping the department operating in the black.

New Food Trucks

The new food truck rotation is drawing compliments from the community. Recently, the department added two Asian fare trucks, an empanada truck, a dessert truck, and Kabobaholic will be back for a visit along with Cousin’s Lobster in August.

Committee Restructuring

The new Member Services Committee, which replaces the Recreation Committee in part, had its inaugural meeting July 11. Some items that were previously were under Recreation’s purview are now handled by Facilities. The GRF restructuring is designed to streamline operations. Authorized residents are welcome to attend the meetings in Conference Room A or watch them livestreamed on www.lwsb.com by clicking “Meeting Livestream” in the top left corner of the webpage.

Record-Breaking July 4 Event

The July 4 Classic Car and Craft Show broke all the records of previous years with 95 cars, courtesy of Silver Fox Car Club, and 55 parading golf carts, thanks to the Rollin’ Thunder Golf Cart Club. An estimated 1,000 residents, family members and friends enjoyed dancing to classic rock while lunching with Lucille’s BBQ and Koffel’s. LW’s own craft clubs generated lots of interest and sales of their creative treasures indoors while the Theater Club painted patriotic designs on the faces of young and mature guests.

Swap Meet was a Success

The GRF June Swap Meet had vendors and buyers alike begging for more. Many will participate in the November Arts and Crafts Festival and again in the spring as Recreation has added another opportunity after many requests. A very special fall festival is in the planning stages with all GRF departments weighing in on a community-wide event. Recreation will be reporting more on that major event soon.

The Recreation Department welcomes residents’ respectful input and inquiries on all things Recreation. For more information, contact kathyt@lwsb.com.



Elizabeth Butterfield

Community Karaoke

Having fun is what karaoke is all about. It was fun for Elizabeth Butterfield singing “Ain’t That a Kick in the Head” with plenty of energy. She had the audience’s attention. Frank Miller’s rendition of “Hound Dog” got Mariza Joaquin dancing in the aisles. Ric Dizon’s Hawaiian tunes were cool songs for a hot evening. Sally Glausser was animated with “Big Spender.”

The audience enjoyed the pleasing voice of Vickie Van Ert singing “Walk on By.” A beautiful hit by Anne Murray was Sherlene Wallis’ selection. The catchy number “All My Exes Live in Texas,” sung by Vinny Correnti, got the line dancers moving. David Noble put his own spin on a country hit “Anytime.” A popular couple, Sue and Walter Piippo, melded their voices for duets. Anna Le used her powerful voice doing “The Winner Takes It All.”

Karaoke nights in Clubhouse 1 are fast-paced with a variety of music. Singers love their audience and the performers strive to entertain them. Music can relieve stress whether people sing or listen. People can join club members each Wednesday evening by dropping in anytime from 5:30-9:30.

—Margie Thompson

Grab ‘N’ Go Menu July 27-Aug. 3

Thursday: Domino’s Pizza in Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads; on site from 3:30 -7 p.m. Cash and cards are accepted.

Thursday: Koffel’s Taco Truck and Mandi’s Candies at the Amphitheater—Dine al fresco before the show, 5-7 p.m.

Tuesday: Taco Tuesday in Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted; no preorders.

Wednesday: Cousins Maine Lobster Truck at Clubhouse 6—Enjoy lobster rolls and more from 4-7 p.m. Cash and cards are accepted.

To ask questions or give feedback, call 562-431-6586, ext. 398. On-call bus service is available from 4:30 p.m. on; regular service before 4:30 p.m.; weekends on-call anytime. For a ride, call 562-431-6586, ext. 379.

Vendors are subject to change. For updates, sign up for LW Live at www.lwsb.com/lw-live-sign-up/.



John Hlavac

Ford Bauman (r) and Jackie Theis

Dancers & Mixers Dance

The Dancers & Mixers Club will hold a dance on Aug. 1 from 7-9 p.m. in Clubhouse 4. The club features ballroom dancing to live music provided by Leisure World’s own Linda Herman. With a collection of over 4,000 songs to play, there’s sure to be something for everyone. Last month Herman stunned the crowd with a July Fourth patriotic polka. It was something to behold, even for those who don’t know how to polka.

Everyone is welcome to attend. There is never a charge expected, although donations are not turned down. Partners are not needed as there is a mixer and some line dancing. People are encouraged to bring their favorite beverages and snacks. For more information, call 562-431-1257.

—John Hlavac



LWers learn how to use computers at the Korean American Computer Forum.

Korean American Computer Forum

The Korean American Computer Forum (KACF) meets the first and third Thursdays of each month. The club meets at the Learning Center in Clubhouse 3 from 9:30-11:30 a.m., listening to the lecturer’s instructions and practicing with laptops and mobile phones that each member brings from home.

The group is learning about various Google apps that may be useful for seniors’ daily lives. Those who are interested in elevating computer skills are welcome.

For more information, contact Tony Ahn at 562-447-7273 or Matt Sung at 801-860-1968.

Amphitheater Movie Schedule

Movies will be shown on the gigantic screen at the Amphitheater on Friday nights starting at 8:30 p.m.

LW residents are invited to bring friends and family for a free movie night. The Minibus has “on call” service to movies beginning at 7:15 p.m. Call 562-431-6586, ext. 379, and a bus will arrive within 10 minutes. A bus is available to take residents home after the movie.

• **Aug. 4—Jurassic World Dominion:** Four years after the destruction of Isla Nublar, Biosyn operatives attempt to track down Maisie Lockwood, while Dr. Ellie Sattler investigates a genetically engineered swarm of giant insects that threatens the world’s food supply.

PG-13 | 2h 27min | action, adventure

• **Aug. 18—The Fabelmans:** Growing up in post-World War II-era Arizona, young Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. But soon he discovers a shattering family secret, which motivates him to explore how the power of films can help him see the truth.

PG-13 | 2h 31min | drama

• **Aug. 25—Black Panther: Wakanda Forever:** The people of Wakanda fight to protect their home from intervening world powers as they mourn the death of King T’Challa.

PG-13 | 2h 41min | action, adventure, drama

• **Sept. 8—Elvis:** The life of music icon Elvis Presley, from his childhood to becoming a rock and movie star in the 1950s while maintaining a complex relationship with his manager.

PG-13 | 2h 39min | biography, drama, music



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Marie McGuire (r) was the raffle winner at the July 11 Art League meeting. The prize was donated by Cody M. Lusby (l), the guest demonstration artist at the meeting.

Art League

There will be no Art League meeting in August, but there will be a “Spotlight On The Artist” event featuring Terese Smith and Patti Kilian. More information will be disseminated through email announcements and via the LW Weekly.

Regular monthly Art League meetings will resume in September.

DRONE CLUB



Owen Hughes

Want to expand your photo/video skills and meet some fun people? The Drone Club flies at local parks and near the ocean. A recent outing brought members to the Beach House at First Street in Seal Beach. For more information, contact Joseph Valentinetti at 0501042@gmail.com.

PICKLEBALL CLUB

Bob Dylan Tribute

Jon Pearlstone will perform his Bob Dylan Tribute “Unplugged” on Sunday, July 30, from 2-4 p.m., thanks to a sponsorship by the LW Pickleball Club. This is the same show Pearlstone will perform at the OC Fair in Costa Mesa on Friday, Aug. 4, at 6 p.m. on the Meadows Stage—but people can watch it here Leisure World for free.

CDs for Seniors Club

The CDs for Seniors Club meets on the third Thursdays of every month. The club will meet Aug. 17 in Clubhouse 3, Room 3. Everyone is invited to attend. Free CDs are available, plus lots of fun and snacks. For more information, call Barbara McFall at 361-537-0040.

Coin Club

The Coin Club will meet Aug. 9 in Clubhouse 3, Room 2, at 1:30 p.m. Members can participate in door prizes, coin auctions, coin raffles, and group discussions regarding currency and coins. Refreshments are provided. LW residents can have coins evaluated at no cost. Meetings are held monthly.



Susan Hopewell (l-r), Larry Yamashiro, Kathy Thayer, Lynn Baidack and Leah Perrotti at the Aloha Ukulele Club’s recent recital celebration.

Aloha Club ukulele beginners course starts in August

People interested in learning how to play ukulele are invited to the Aloha Club’s upcoming beginners class.

Leisure World resident Larry Yamashiro, the instructor, has years of experience in sharing his passion for the island tradition and the Hawaiian culture.

The class will be held in Clubhouse 1 on Wednesdays from 9-10 a.m. beginning Aug. 16 and continuing until Dec. 13. A one-time materials fee of \$10 is due on the first day of class.

The class size is limited and registration is required by Aug. 4. To register, call Doris Morton at 714-330-4609.



Jojo Weingart

LW resident Susan Mathieu (center, waving) invited dancers to entertain and eat lunch at the Alpert Jewish Center in Long Beach. Dancers enjoyed sharing their aloha in hula.

Club members learn to dance to melodic island music

Hui O Hula, the Hawaiian dance club, welcomes anyone interested in learning the hula.

Free lessons are given at 1 p.m. upstairs at Clubhouse 6 on Tuesdays and at Veterans Plaza, or inside Clubhouse 3 when the weather is unfavorable, on Thursday.

Hula is mostly accompanied by song and Western-influenced musical instruments. In class, dancers learn to sway to melodic island music with gentle hip movements and soft knees. Many hand motions are used to represent the words in the song. They can signify aspects of nature: such as the swaying trees in the breeze, a wave in the ocean, or a feeling or emotion such as fondness or yearning.

Anyone can dance the hula either on foot or in chair (noho/sitting style). People should be prepared to do hula barefoot or bring soft booties. For more information, call 562-252-9676 or email Jojo@huiohula.com.

—Jojo Weingart

CABARET ENTERTAINERS



“Come to the Cabaret” on Saturday, July 29, in Clubhouse 2. Showtime is 6:30 p.m.; doors open at 5:30. The club has prepared a great show. People are encouraged to arrive early for the best seats.

HEALTH & FITNESS



The Ballet Fitness Club meets on Saturdays in Clubhouse 6 from 1:30-2:30 p.m. and is taught by Mel Lockett. The classes are fun, help with balance and provide a full body workout. Everyone is welcome.



Joyful Line Dance summer line dance party attendees bonded over lunch, music and dancing on July 13 in Clubhouse 2.

Joyful Line Dance moves to CH 2 beginning Aug. 3 to accommodate the number of students

Fitness Fusion

Fitness Fusion Club member Evelyn Kim bends and unbends an invisible metal bar, an exercise that works various muscle groups.

Older adults can benefit from strength training to stay mobile for daily activities and to retain motor function.

The club meets on Tuesdays at 10:30 a.m. in Clubhouse 6, and Thursdays and Saturdays at 10:30 a.m. in Veterans Plaza. People can bring their own weights to Veterans Plaza for additional resistance. Everyone is welcome.



Evelyn Kim

Beginning Aug. 3, the Joyful Line Dance Club moves to Clubhouse 2 from Clubhouse 6. Class times and days will remain the same, Thursdays from 10:30 a.m.-12:30 p.m.

The club was formed in 2014 and held a special summer line dance party to celebrate its ninth anniversary on July 13. The club welcomes everyone who loves to dance. No partners are needed.

The event ran smoothly under the guidance of Albert and Gladys Comia with a Korean dosirak lunch and 50 people who dressed up for the party and

bonded over dancing and food. The club also thanks George Pinada and Sophia Chun for cutting the watermelons and cantaloupes, Gina Baik for coordinating with a catering company and everyone else who helped to serve food.

The Joyful Line Dance Club encourages men to come out and put on their dancing shoes. Currently, the club has more than four men who regularly participate in the classes.

Nine leaders of the club take turns in teaching the classes. They are Albert Comia, Chung

Cha Lewis, George Pinada, Carmel Atkinson, Sunny Kim, Ginna Paik, Elizabeth Kim and Nak Soo Kim and Anna Derby.

The club meets every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6. It will move to Clubhouse 2 starting Aug. 3. Each class gives LWers the opportunity to participate in a fun exercise class and learn how to dance to popular hits. Everyone is welcome to join with minimal membership fees required.

For more information, call Anna Derby at 562-301-5339.



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Wa-Rite top loser Karen Green

Wa-Rite

Wa-Rite July meetings have served as opportunities for accountability and celebrations of success. The total weight loss for June was 25.5 pounds. But even with a holiday, members have lost a total of 18 pounds in just the first two weeks of July.

After earning the queen of May title (total loss of 8 pounds), Karen Green also snagged the top loser title (weekly loss of 3 pounds) at the July 14 meeting. Green attributes her continuing success to eating nutritious foods in appropriate quantities and exercising.

June queen Marianne Barlow is another frequent visitor to the winner's circle. She lost a total of six pounds and earned her bachelor of goal weight in June. Another frequent contender, Bea Quintana, grabbed the title of top loser for the week of July 7 with an impressive loss of 2.5 pounds.

At the July 14 meeting people had an opportunity to discuss the benefits and importance of hydration following the timely and informative presentation by member Linda Rich. While hydration is important all year, it is particularly critical during the hot summer months. Rich reminded everyone to keep water bottles handy and sip often instead of waiting to get thirsty. Thirst is a red flag of the beginning stage of dehydration.

Wa-Rite offers a nonjudgmental and supportive environment that provides information, accountability, and shared experiences to members who work toward their common goal of making the most of their golden years by being as healthy and fit as possible. Members range from those maintaining their ideal weight to those working toward that goal.

Those interested in better health, more energy and some light-hearted camaraderie are welcome to stop by up to three times for free and check it out.

Wa-Rite meets every Friday in Clubhouse 3, Room 1. Weigh-ins are from 8:15-8:45 a.m. Meetings are from 9-10 a.m. Annual membership fee is \$10. Weekly dues are 10 cents.

—Denise Stabile



Everyone is welcome to join the walk/hike group in Leisure World. The group meets promptly on Mondays at 5 p.m. at local sites. The walks/hikes are about three miles long and last one hour on average. More information will be posted on

Facebook—"Leisure World Community"—on Friday for the following week's meeting. Dogs are welcome on leash and cleaning up after the dog is required. Carpooling is encouraged. For more information, call Mary Romero at 562-810-4266.



Katya Lukina

LW Bicycle Group

The LW Bicycle Group meets on Sundays for breakfast, Mondays, Wednesdays and Fridays at the North Gate at 9 a.m. Bicycle helmets and safe shoes are required. Everyone is welcome.

Cycling is a great endurance exercise that can be done with friends and has many health benefits to promote longevity, endurance and overall well-being.

For more information, call Mary Romero at 562-810-4266 or Lucy Cyza at 818-209-5075.



Katya Lukina

Over 40 residents attended the balance and stability class on July 18 at 10 a.m. in Clubhouse 3 lobby, taught by the certified balance and stability instructor and Mutual 14 resident Adrienne Rosenfeld. The class meets on first and third Tuesdays at 10 a.m. in Clubhouse 3 Lobby. Attendees will learn different balance exercises, and seated and standing chair exercises. Rosenfeld encourages everyone to practice balancing exercises daily, which can help people be more mobile, strong and steady. Rosenfeld also welcomes everyone to visit her YouTube channel by searching "balance and stability class."

Importance of Sleep for Healthy Brain

Everyone is invited to attend a presentation by a team from the UCI Institute for Memory Impairments and Neurological Disorders (UCI Mind) on the importance of sleep in protecting the aging brain and reducing the risk for memory problems July 31, from 11 a.m.-1 p.m. in Clubhouse 3, Room 2.

Attendees will learn more about healthy lifestyle practices to protect the brain as it ages and improve memory.

For more information, go to mind.uci.edu or email mwit-brac@uci.edu.

Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Café at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome.

Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

Thursday, July 27

Sweet citrus glazed chicken meatballs, mashed potatoes, oriental vegetable blend, whole wheat dinner roll with Smart Balance, and a mandarin orange.

Friday, July 28

Tortilla soup, Chicken Tinga, cilantro lime rice, California vegetable blend, whole grain tortilla, and a sugar-free ambrosia.

Monday, July 31

Chicken breast with parmesan and sun dried tomato sauce, tricolor pasta, mixed vegetable blend, whole wheat dinner roll with Smart Balance, parmesan cheese, and a tropical fruit mix.

Tuesday, Aug. 1

Barbacoa Beef, cilantro lime rice, Oregon bean medley, whole grain tortilla, sugar-free custard, and orange juice.

Wednesday, Aug. 2

Split pea soup with sugar-free crackers, Provencal tuna salad, sunshine gelatin salad, whole wheat dinner roll with Smart Balance, and a fresh apple.

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m.

Deliveries include an 8-ounce carton of 1% milk. An alternate dessert is available for those on a diabetic diet.

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, July 27

Beef lasagna, whole grain dinner roll, broccoli and cauliflower, cubed watermelon, roast beef and cheese sandwich with lettuce, tomato and pickle, and a confetti slaw.

Friday, July 28

Roast turkey with sage gravy, cornbread stuffing, peas and carrots, banana, spinach salad with chicken, mandarin oranges, cranberries, feta cheese, vinaigrette dressing and crackers.

Monday, July 31

Barbecue pulled pork, whole grain roll, oven-roasted potatoes, mixed vegetables, fresh orange, egg salad sandwich with spinach and tomato, and marinated beet and onion salad.

Tuesday, Aug. 1

Beef goulash, whole grain dinner roll, zucchini medley, apple sauce, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

Wednesday, Aug. 2

Vegetable fritatta, whole grain roll, seasoned carrots, tangerine, turkey and cheese sandwich with lettuce, tomato and pickle, cucumber, red onion and dill salad.

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COMMUNITY

LW ANNIVERSARY

Jay and Connie Young celebrate 70 years

Jay and Connie Young were married on July 25, 1953. They met at the University of Redlands in 1951, where they both attended college. Jay was a star basketball player and Connie was the head song girl and cheerleader. Jay says the success of their marriage can be attributed to Connie insisting they have a dance, hug, kiss, and a laugh every day.

After they completed their advanced college work at California State University Long Beach and Jay's tour in the army during the Korean War, they each began their teaching careers and have 65 years of teaching experience between them. Jay taught and coached varsity basketball for 35 years at Warren High School in Downey and Connie taught 30 years of first and second grade in Seal Beach and Long Beach. Connie retired in 1990 and Jay in 1992.

Connie and Jay have traveled the world together and have taken their three motor homes to every state with their kids. They have been to 36 national and state parks, traveled to 62 countries and taken 18 cruises. Boating and water skiing were a big part of their lives, going to the Colorado River most holidays and Bass Lake and Lake Shasta during the summers. They have traveled the country playing bridge and both have achieved life master status.

Connie's main interests have been music, dancing and play-



Jay and Connie Young

ing piano since childhood. She also enjoys reading and is active in a local book club. She has learned to beach start on a water ski. She plays in a golf group with Jay. She loved acting in plays in high school and college.

Jay was big into volleyball and played on a team that won the 1961 National Championship. He was selected to play on a USA volleyball team in the Pan American Games, but had to pass because of coaching responsibilities. He played 18 years of beach volleyball and loved playing golf.

They have three children and

six grandchildren, who plan to help celebrate Jay and Connie's anniversary in a cabin at Big Bear Lake. They have lived in Seal Beach since 1959, including 13 years in Leisure World. Jay and Connie have been active in choir and Jay is the vice president of the Art League.

Humanist Association

The LW Humanist Association will meet on Sunday, Aug. 6, in Clubhouse 3, Room 1, starting at 10:20 a.m. The guest speaker will be Bobbie Hamfeldt, who will give a presentation on organ, eye and tissue donation.

Shortly after retiring in 2010, Hamfeldt's only child was killed in a tragic accident. Her grief journey has led her to take new paths in life to honor her son Erik and support causes that were important to him. In 2017, she trained to become a OneLegacy Ambassador, so she could help to spread the important message of organ donation, a cause that is very important to her.

Hamfeldt's presentation will begin with an overview of donation, its impact on others and why it's an important act to consider. She will also go over ways that people can participate in donation as a living donor and/or as a deceased donor. There are many myths that have been passed around regarding organ and tissue donation, and Hamfeldt will spend some time addressing these fallacies.

After the presentation, there will be time for questions, and people will be able to register to be a donor if they choose.



Bobbie Hamfeldt

Concerned Shareholders

The guest speaker for the Concerned Shareholders meeting on today, July 27, at 1 p.m. in Clubhouse 3, Room 2, will be Mutual Administration Director Jodi Hopkins. She will discuss the policies of the Stock Transfer Office as well Mutual Administration. There will be time for questions.

All residents are invited.

Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: laurieb@lwsb.com. The deadline is the Thursday before the desired publication date.

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Michael Oh

GAF volunteers collected over 14 boxes worth of batteries at a recent battery recycling event.

GAF Battery Recycling Event

The Golden Age Foundation's (GAF) volunteer team collected over 560 pounds of batteries to recycle on July 18. Residents brought their used household batteries to the Clubhouse 2 parking lot where volunteers collected, sorted and packed the batteries for shipment to the recycle facility. There are still instances of residents who try to drop off car batteries and electronic devices or batteries after the scheduled event. The GAF volunteers seal the boxes for the FedEx deliv-

ery at noon and are unable to take more batteries after noon to make the delivery time. The GAF is unable to take any batteries other than household. There will be another household battery collection event in four months. However, Leisure World residents can take their batteries (of all sizes), paints, cleaners, oils, pesticides that contain potentially hazardous ingredients, as well as E-waste such as televisions, tablets, cell phones and computers to the Orange County Waste and

Recycling Facility for free all year long. The nearest facility is located in Huntington Beach, 8.5 miles from Leisure World, at 17121 Nichols Lane, Huntington Beach, CA 92647, Gate 6. It is open from 9 a.m.-3 p.m. Tuesday-Saturday. For more information, call 714-834-4000. The GAF thanks the residents of this community for their commitment to recycle as well and the volunteers who supported the battery recycle event. — Carl Kennedy
GAF Battery Recycling Chair



Michael Oh

Ren Villanueva (l) and Mike Turis are two of the four men who helped the shredding event run smoothly.

GAF serves 375 residents

Golden Age Foundation volunteers braved the warm weather for a shredding event that served 375 residents on July 11. The 10 volunteers worked hard to keep up with vehicles driving through to make the event run smoothly. The drop and go method worked well for the event. Residents stayed in their cars while GAF volunteers retrieved the items to make it easier for everyone. The GAF will continue operating the shredding service with this method since it continues to work well. The next shredding event

will be held on Nov. 14. The GAF thanks volunteers Carl Kennedy, Dave Forny, Ren Villanueva, Beth Greeley, Cheryl Falconer, Diana Lambert, Mike Turis and Anna Derby for their service at the event. The GAF also thanks Shery Wells and Fara McCartney, who collected donations from residents. The GAF would like to thank residents who donated generously to the foundation during the event. The GAF is a 501(c)(3) non-profit foundation. For more information, go to www.GoldenAgeFdn.org —Anna Derby



Dr. Nirav Patel

Sunshine Club

Dr. Nirav Patel, a neurologist at the Los Alamitos Medical Center, will speak to the Sunshine Club about the cause and treatment for strokes, on Friday, July 28, in Clubhouse 3, Room 2, at 10 a.m. Patel will discuss the causes, symptoms and treatments for strokes. He will talk about the importance of getting help as soon as possible and how it may affect treatment options. Los Alamitos Medical Center is a comprehensive stroke center. Patel is board-certified and is a graduate of the University of California, Los Angeles. He is the medical director of the Stroke Program for Los Alamitos as well as an assistant clinical professor of neurology at the UCLA David Geffen School of Medicine. All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome. Arrive promptly so as not to disturb the speaker's presentation. For more information, contact Anna Derby at 562-301-5339.

Democratic Club

by Mary Larson
LW contributor

There are many months left to go before Leisure World residents will receive a vote-by-mail ballot from the Orange County Registrar of Voters. Nevertheless, the SBLW Democratic Club is already implementing plans designed to raise awareness about the importance of the 2024 Primary Election. These club plans include: scheduling potential Democratic candidates as speakers at club meetings, helping Leisure Worlders understand how important their vote will be in local races and raising funds for candidates as well as voter outreach efforts. The club's "Get Out the Vote in 2024" task force is already organizing a neighbor-to-neighbor program. The goal will be to have a visible presence in every mutual. Volunteers will reach out to potential voters in their respective neighborhoods to stress the importance of voting in the primary election and offer assistance as needed. The SBLW Democratic Club has also begun offering a monthly voter education program open to current and potential Democratic voters. The first session in July addressed how the Democratic Party functions at the local, county and state level. Future sessions will deal with details about down-ballot issues and candidates. Sessions on how to counter hateful rhetoric will also be offered. These sessions take place on the third Wednesday of the month in Clubhouse 3, Room 3, at 1 p.m. Because of the importance of local elections, the club's membership meetings will feature presentations by candidates such as Frances Marquez, who is running for a position on the Orange County Board of Supervisors. Rep. Katie Porter, who is running to succeed Dianne Feinstein in the U.S. Senate, will join the club's August meeting via Zoom. Adam Schiff, another candidate running for the same position, joined club members by Zoom in June. The club is still attempting to schedule a session with Barbara Leem who is also running for the same position as Porter and Schiff. There are several thousand registered voters in Leisure World. Whether or not they all vote in March primary and who they vote for may well play a significant role as to which candidates will be on the November General Election ballot.

•••
The Democratic Club's information and registration booth will be open again on Tuesday, Aug. 1, from 10:30 a.m.-12:30 p.m. in the Clubhouse 6 parking lot. Democrats and potential supporters are invited to stop by the booth to get more information about the club or to register to vote. Leisure World's electronic bulletin boards now include a welcoming message from the LWSB Democratic Club.
DEMOCRATIC, page 17

AMERICAN LATINO CLUB

RSVP for casino trip by Aug. 8

The American Latino Club will host a trip to the Pechanga Resort and Casino on Tuesday, Aug. 15, from 8 a.m.-5 p.m. Pick up and drop off will be at the Amphitheater. The cost is \$20 for members and \$25 for guests. Members will have priority to RSVP by Aug. 8. Guests will only be able to sign up from Aug. 9-14. Guests payments are due no later than Aug. 14. Payments must be made promptly to club Treasurer Carmen Edwards by mail or dropping it off at 1240 Oakmont Road, Unit 52-K, Seal Beach, CA, 90740. Checks can be made out to American Latino Club. Snacks and water will be provided on the bus. For more information, call Edwards at 562-431-4257. There will be no meeting in LW on Aug. 10. —Miryam Fernandez

KOREAN VETERANS ASSOCIATION

Liberation Day celebration on Aug. 15

The Korean Veterans Association invites Korean veterans and residents to attend its Liberation Day Celebration Performance on Aug. 15 in Clubhouse 4 at 3 p.m. The event will honor the 78th annual Korean Liberation Day with a dinner, snacks, music and a K-Pop dance performance. For more information about the event, contact Paul Lee at 310-710-3114.

PEO Chapter KJ

After an almost four-year hiatus, the Philanthropic Educational Organization (PEO) Chapter KJ will meet for its annual fundraiser on Saturday, July 29, at 10 a.m., in Clubhouse 4. People are welcome to join the fun with cards, Bunco and lunch. There will be beautiful baskets auctioned off during the luncheon. To buy tickets call either Nancy Bodziak at 562-607-2304 or Nancy Gee at 562-420-1953.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at Sbtv3.org.

Thursday, July 27

4 pm Seal Beach Car Show
4:30 pm Studio Cafe
5 pm GAF 50th Anniversary
6 pm Abilene Band
6:30 pm Velvetones
7 pm Memorial Day Special
8 pm Patriotic Songs by Rob Roy
8:30 pm Cool Blue Jazz
9 pm Safety Flags Installation
9:30 pm Road Trip
10 pm Seal Beach Public Safety Awards
11:30 pm Bob Cole Conservancy

Friday, July 28

4 pm Road Trip
4:30 pm Seal Beach Public Safety Awards
6 pm GAF 50th Anniversary
7 pm Studio Cafe
7:30 pm Sophia Rabin: On Q
8 pm All the Rest of the Songs
9:30 pm Aquatic Center Opening
10:30 pm Seal Beach Car Show
11 pm Good News Singers: Precious Memories

Saturday, July 29

4 pm Sophia Rabin: On Q
5:30 pm Aquatic Center Opening
6:30 pm Studio Cafe
7 pm LAUSD Meeting
8 pm Rough Seas Ahead
8:30 pm Bearizona
9 pm GAF 50th Anniversary
10 pm Patriotic Songs by Rob Roy
10:30 pm Abilene Band
11 pm Velvetones

Sunday, July 30

4 pm Seal Beach Planning Commission: Replay
5 pm Seal Beach Public Safety Awards
6:30 pm Patriotic Songs by Rob Roy
7 pm All the Rest of the Songs
8:30 pm Road Trip
9 pm Seal Beach Car Show
9:30 pm Memorial Day Special



10 pm Studio Cafe
10:30 pm Sophia Rabin: On Q
11:30 pm Rough Seas Ahead
Monday, July 31
4 pm Good News Singers: Precious Memories
5 pm Seal Beach Public Safety Awards
6:30 pm McGaugh Second Grade Concert
7:30 pm GAF 50th Anniversary
8:30 pm Bearizona 2023
9 pm All the Rest of the Songs
10:30 pm Sophia Rabin: On Q
11:30 pm Seal Beach Car Show

Tuesday, Aug. 1
4 pm Studio Cafe
4:30 pm Aquatic Center Opening
5:30 pm Seal Beach Public Safety Awards
7 pm Seal Beach Car Show
7:30 pm Sophia Rabin: On Q
8:30 pm GAF 50th Anniversary
9:30 pm Patriotic Songs by Rob Roy
10 pm Abilene Band
10:30 pm Velvetones
11:30 pm Cool Blue Jazz

Wednesday, Aug. 2
4 pm Seal Beach Public Safety Awards
5:30 pm Road Trip
6 pm Studio Cafe
6:30 pm Seal Beach Car Show
7 pm Sophia Rabin: On Q
8 pm Good News Singers: Precious Memories
9 pm McGaugh Fourth Grade Concert
10 pm GAF 50th Anniversary
11 pm Road Trip

*All programming is subject to change.

FALW BINGO



The Filipino Association of Leisure World hosts Bingo games every third and fifth Sunday of the month and are open for all residents and their guests. Sandy McMullen (l) and Diane Seeger, two of the winners last week, enjoyed kibitzing with friends. Clubhouse 2 is fully air conditioned and it is a nice place to spend the hot summer days.



SENIORS FOR PEACE

‘An Inconvenient Truth’ to be screened

The Seniors For Peace Club’s next meeting will be on Thursday, Aug. 3, at 2 p.m. in Clubhouse 3, Room 9. Former vice president Al Gore’s 2006 remarkable film, “An Inconvenient Truth,” will be shown.

This Academy Award-winning film presents an illustrated talk on climate by Al Gore, aimed at alerting the public to an increasing planetary emergency due to global warming. In 2006 the movie made headlines around the world, raising awareness of global warming and its predicted dire consequences for the planet and society, and 17 years later the film has proved to be very prescient. Record-breaking weather conditions are now being experienced all around the world. The truth is now even more inconvenient.

All are welcome to attend. Call Pat Kruger at 562-357-4040 for more information



Paramount Pictures

FALW

RSVPs are open for annual luau

The Filipino Association of Leisure World (FALW) is preparing for its annual luau-dinner dance that will be held on Saturday, Sept. 2, in Clubhouse 2.

There will be special performances from the Mahana Dance Group that sway hearts and transport people to an island with a refreshing ocean breeze. These talented young men and women will perform dances from Hawaii, Tahiti, New Zealand and other Marquesas Islands. David Noferi and his Second Winds Band will provide the music for dancing at the event.

Pacific Island cuisine will be served to satisfy taste buds. The main dish will be a whole roasted pig.

There are a limited number of tickets available for sale for \$40 or \$280 for a table of eight.

For more information about the event or to RSVP, call: Ric Dizon at 714-225-3597, Ed Bolos at 551-998-4223, Harry Varnas at 323-791-1141 or Ren Villanueva at 323-854-6209.

—Ren Villanueva



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OBITUARIES

Curtis Francis Sample

Curtis Francis Sample passed away on July 5, 2023, at the age of 83 in Los Alamitos, California. He was born in Glassport, Pennsylvania, to Mabel and Curtis Sample. As a youth, Curt was an avid baseball player. He was called to the ministry at an early age and after graduating from Zion Bible Institute preached the Gospel for many years on both the east and west coasts. Curt and his wife, Marsha, moved to Mutual 10 in Leisure World in 2012.



Curt is predeceased by his brother Richard and his sister Doris. He is survived by his sister Nancy of San Pedro, California. He also leaves behind his wife of 37 years, Marsha; daughter Faith; grandchildren Anne, Mark, Catherine and John; nieces Brenda, Janet and Tricia and nephews Jeffrey, Robert and Richard.

Curt saw his life’s work as bringing people to Christ and was a beloved pastor who touched many lives. He was also a loving husband to Marsha. Curt was a gentle loving father and grandfather whose games of chess and tic-tac-toe will be greatly missed. He was buried on July 24 at Forest Lawn in Long Beach, California.

...

In Memoriam

Thomas Bradley III 71
Guy Dartnell 59
Davi Garcia 82
Debra Martinez 56
Lawrence Murray 75
John Morrison Jr 79
Michael Negrete 81
Richard Rosser 68
Wendell Frank 62
Victoriano Rivera Pinon 60
Katherine Reed 65
Alexander McKaughan 65
Rafael Ayala 60
Dennis Archuleta 75
Arturo Blackburn Jr 44
*Families assisted by
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GAF AND RALPHS REWARDS



Elizabeth Butterfield (l) stopped by the Golden Age Foundation’s (GAF) sign up booth for the Ralphs Community Rewards program. Every Wednesday, GAF Board members are available to assist residents downstairs in Clubhouse 6 from 9-11 a.m. In order to sign-up, GAF will ask for a resident’s full name, email and phone number connected to their Ralphs Rewards membership to complete the transactions. The information will be shredded after signing up. People can also receive a File of Life packet from the GAF’s booth at the same time. For more information, text 562-301-5339.

DEMOCRATIC from page 16

LW Democrats are invited to subscribe to the club’s free electronic newsletter. This semi-monthly publication covers more in-depth reporting on issues and candidates. People do not need to be a club member to subscribe. To sign up, email mlarson.telfords@gmail.com or call 562-296-8521. It is important people include their full contact information, as well as party affiliation in the email.

SPORTS & GAMES

LEISURE WORLD POOL CLUB



The third annual Mano-A-Mano Tournament winners are Gary Snow (l-r), fourth place; Tom Zimmerman, second; Kurt Bourhenne, first; and Steve Edrich, third.

One-to-one pool duels were played July 19 at the Leisure World Pool Club's (LWPC) third annual Mano-A-Mano Tournament. Kurt Bourhenne, the overall winner, overcame five opponents. Bourhenne banked a difficult 8 ball shot to beat out second place winner Tom Zimmerman.

Sixteen players played singles in the tournament, working their way through the winners' brackets or dropping down after a loss to the one-and-done

bracket. Steve Edrich, LWPC club president, was the third place winner and Gary Snow was fourth, working his way up through the second chance bracket.

Leisure World residents who want to upgrade beginner pool skills or learn how to play are invited to attend a free basic pool skills workshop Saturday, July 29, at 1:30 p.m. in the Clubhouse 2 pool room. The hands-on workshop will be taught by

LWPC "C" level players Connie Adkins and Eunis "WildFire!" Christensen, both LWPC officers.

Participants can be assured that instruction will not be too advanced. The workshop format will introduce attendees to beginner level eligibility requirements for playing in LWPC monthly tournaments and/or seasonal weekly league play.

To RSVP for the workshop, text or call 562-879-1954.

Tournament Poker

On July 15, the Tournament Poker Club had another great tournament. Forty-five players on five tables means that the group is growing. The two players with the highest hands of the day were: Joyce Smith with a King high straight flush of spades, and close behind her was Cleo Looney with a Queen high straight flush of diamonds. The promotional hand was won by Nancy Floyd.



Erika Greenwood

The final table players were Erika Greenwood, first place; Lee Pfeifer, second; Harry Sera, third; Shelley Yu, fourth; and Ernie Dinkel, fifth place. With five great players, there was plenty of action at the table right up until the head's up play between Pfeifer and Greenwood. In the winning hand, Pfeifer went all in (K2) after the flop (3, 5, 6) and was called by Greenwood (K6). The turn card was an ace, and the river card was a 5. That gave Greenwood the winning hand of K-K-6-6-A.

Greenwood has lived in Leisure World for 27 years and has been a member of the club from the start. This was her fourth final table win. She is also a member of the Let the Good Times Roll Club. Greenwood enjoys playing Mexican Train Dominoes, bowling and fishing as well as poker.

Anyone who would like to play a fun and friendly game of Texas Hold 'Em should plan on joining the club on Saturday, Aug. 5. Regular tournaments are on the first three Saturdays of every month in the lobby of Clubhouse 6. Registration begins at 10 a.m. and cards are in the air at 10:30. There is no late seating.

—Deborah Barner

Pickleball Club

On July 8, the Pickleball Players Club held a tournament and barbecue in memory of treasurer Jerry Wrenn, who passed away while on a vacation in Australia and Fiji.

There were over 120 players, founding members, neighbors and friends of Jerry in attendance. Court 1 was dedicated to Jerry with a plaque hung in his honor by Sandy Bird, one of the founding members, and current president Linda Evenson. Jon Pearlstone, a member of the Legends of Rock band and fellow pickleball player, entertained the group during the barbecue with a few songs from the past. "It was a wonderful day, and we are sure Jerry was looking down and smiling," Evenson said.

—Linda Evenson



Linda Evenson and Sandy Bird hold the plaque honoring the late Jerry Wrenn.

Cribbage Club

Sam Ray provided cake and ice cream to the Cribbage Club in celebration of his birthday and had a perfect score for the day, 726 of a possible 726. Candy Meyers and Margaret Smith served refreshments while Melinda Cowan added candy and pecans to the table.

Fourteen members took home prize money for the day. Alma Zamzow and Lynn Sorum tied for second place

with a total score of 719; Julie Milburn, third, 718; and Hoppy Hopkins, fourth, 709. Maureen Habel, Jesus Sosa, Mike Rosu, Jack O'Brien, Dale Quinn and Susan Dodson each won five of the six games played. Donna Morgan, Joanne Lester and Minda Burkschab each lost all six games for the day.

The club is experimenting with the idea of playing six games instead of seven each

week to shorten the time spent playing.

The club plays each Tuesday in Clubhouse 1. A dollar is collected from each member before play begins. Members who arrive by 12:15 p.m. are assured a place at the table. Announcements are shared at 12:25. Seven games are played beginning at 12:30.

For more information, call Terry Thrift at 714-394-5885. Yearly dues are \$5.

Women's Golf Club

The Women's Golf Club congratulates Alison Kim for her hole-in-one on No. 8.

This week's tournament had 45 women golfers participating. The women played for low gross, low net and "putts".

A flight winners: Low gross: Lisa Kim, 26 with 11 putts; low

net: Jessica Choi, 22.

B flight winners: Low gross: Judy Kim, 27 with 11 putts; low net: Marilyn Hewitt, 21; Alison Kim, 11 putts.

C flight winners: Low gross: Patty Littrell, 34; low net: Angela Han, 22; Sanghi Kim had 12 putts.

D flight winners: Low gross:

Judi Ornoff, 35; low net: Connie Kang, 25 and 12 putts.

Those interested in joining the Women's Golf Club can obtain an application from the golf course starter or contact club treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol

Duplicate Bridge Club

The Duplicate Bridge Club meets on Mondays, Thursdays, and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can also call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

July 10 winners (eight tables): Tony Reddy and Miranda Reddy, and John Markovich and Fred Reker, north/south; Judy Jones and Al Appel, and Joyce Basch and Bud Parish, east/west.

July 13 winners (five tables): Larry Slutsky and Fred Reker, and Howard Smith and Glenn Barry, north/south; Lynn Danielson and Jane Reid, and Bud Parish and Sue Fardette, east/west.

July 14 winners (five tables): Larry Topper and Lyn Danielson, and Tony Reddy and Miranda Reddy, north/south; Marcia Lane and John Berg, and Judy Jones and Al Appel, east/west.

The club congratulates all the winners and thanks the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at www.acblunit557.org and click on Leisure World Results.

There is a break in the lessons and supervised play offered on Friday mornings. They will resume in a few weeks.

For more information regarding the club, contact John Markovich at 562-661-0502 or by email at cdrijm@yahoo.com.

—John Markovich

Pinochle Club

The Pinochle Club meets on Mondays and Thursdays in Clubhouse 1 from noon-4 p.m.

July 8 winners: Diana Lambert, first place, 12,920; Curt Rogers, second, 12,630; Suzane Tester, third, 11,860; Gayle Colden, fourth, 11,410.

July 10 winners: Diana Lambert, first place, 11,420; Brandy Padilla, second, 11,380; Antonia Zupancich, third, 11,220; Marge Dodero, fourth, 10,020.

July 13 winners: Rogell Van Wyk, first place, 11,500; Tony Dodero, second, 11,480; Don Walton, third, 10,520; Marge Dodero, fourth, 10,240.

July 15 winners: Don Walton, first place, 12,210; Marge Dodero, second, 11,250; Gayle Colden, third, 10,950; Antonia Zupancich, fourth, 10,790.

See more Sports & Games
on page 22

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(2) 매년 8/9 월에 야외극장에서 Korean Night 행사를 개최하며
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(3) 매년 2/3 월에 무료 세금 보고 봉사 진행 중이고
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(4) 상담실(매주 목요일) 을 통하여 각종 서비스를 제공 하고
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(6) 격년제로 한인 전화번호부를 제작 배부 하고 있습니다.
(Editing and distributing Korean phone directory every other year.)

(7) LWSB 한인회는 비영리 단체로 설립 등록하였습니다
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Men's Golf League Results

On July 15, 11 golfers competed at the 3,600-yard, par-60 Bixby Golf Course in Long Beach. Bixby is a nine-hole executive course with several water hazards and diabolically placed sand traps. The golfers were required to play the course twice to achieve 18 holes.

The weather was cool and initially overcast. Scores were excellent considering the so-so condition of the course. There were only two birdies, one each by Fujio Norihiro and Jim Goltra. Gary Stivers and Bob Munn tied for fewest putts for the 'A' and 'B' flights respectively. Norihiro was closest to the pin on the par-3 second hole and Chris Lankford was closest on the par-3 fifteenth.

A flight winners: Bill McKusky, at 9 under 51, first place; Clay Fischer at 2 under 58, second; Lankford, at 1 under 59, third; tie between Norihiro and Goltra at 2 over 62, fourth; tie between Stivers and Sam Choi, fifth.

B flight winners: Lowell

Goltra at 8 under 52, first place; Munn, at 5 under 55, second; tie between Gene Vesely and Ron Jackson, at even par 60, third.

Monday Golf

On July 17, 14 golfers competed at the 5,800-yard, par-70 Riverview Golf Course in Santa Ana. This course continues to be in great shape and helped by some nice weather, the golfers scores were better than usual.

There were three birdies, one each by Fujio Norihiro, Bill McKusky, and Clay Fischer. Gary Stivers and Ron Jackson had fewest putts for the 'A' and 'B' flights respectively. McKusky was closest to the pin on the par-3 second hole and Gene Vesely was closest on the par-3 ninth.

A flight winners: Stivers, at 7 under 63, first place; McKusky, at 6 under 64, second; Fischer, at 5 under 65, third; Jim Goltra, at 4 under 66, fourth; tie between Norihiro, Sam Choi, and Chris Lankford, fifth.

B flight winners: Digna

Vesely, 3 under 67, first place; tie between Lowell Goltra and Jackson, at 1 over 71, second; tie between Tom Ross and Bob Munn, third; tie between Gene Vesely and Daniel Mahoney, fourth.

The Monday and Friday Golf Leagues play at five local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round. Players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest-to-the-pin on two par threes, and for the fewest number of putts in each flight. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. For more information, contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

Men's Golf Club

The Leisure World Men's Golf Club played its first July tournament on July 12 on the Turtle Lake Golf Course.

Two groups of three flights of variously skilled golfers played for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot radius are rewarded) and two closest-to-the-pin challenges.

This round there were only seven circle hole winners. Closest to the pin on the first hole was Gene Archambault, and on the 10th hole was club treasurer Byron Schweitzer. Low net score was Bill Long, at 7 under 47, followed by James Farr and Mark Tall at 6 under 48, with four other golfers at 49.

All winning scores below are net.

A flight winners (handicaps of 0-7): Long, first place; Dong Kim, second; Archambault, third; Ron Steele, fourth; tie between Bob Turner, Thomas Kim, Young Lee and Rolando Ramirez, fourth.

B flight winners (handicaps of 8-12): Farr, first place; tie between Jun Sup Yoon and Ron Jackson, second; Dale Williamson, third; Don Roberson, fourth; Dennis McMonigle, fifth; Won Song, sixth; Richard Yokomi, seventh.

C flight winners (handicaps of 13-18): Mark Tall, first place; Daniel Mahoney, second; Darry Holten, third; Ben Benjamins, fourth; tie between Sam Williamson and club treasurer Byron Schweitzer, fifth.

Men's tournaments are every second and fourth Wednesday of the month. Those who planned to play in a tournament and cannot should contact Scott Tuchfarber at 909-684-0426 or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 10-15 minutes prior to scheduled tee time and be ready to play.

—Dave LaCascia

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E	N	F	L	A	M	E								
B	E	G	U	I	L	E								
PAR SCORE 255-275										TOTAL 326				

Crossword Answers

L	A	M	A	S		A	D	D	S		S	C	O	T	T		I	F	F	Y			
A	L	A	R	M		D	O	E	S		P	A	L	E	S		M	O	L	E			
G	O	Y	O	U	R	O	W	N	W		A	Y	S	A	R	A		P	R	O	W		
S	T	A	N	D	A	R	D	S		S	C	I	F	I		Y	E	E	T	S			
				G	I	N				P	L	A	N		F	U	N	G	I				
S	A	L	T	E	D		D	R	E	A	M	O	N	R	A	G	D	O	L	L			
P	L	O	W	S		S	E	E	I	N			E	U	R	O		I	L	E			
A	C	A	I		L	I	E	N				O	X	I			S	N	A	G			
D	O	N	T	B	E	C	R	U	E	L	H	O	U	N	D	D	O	G					
E	V	E	R		R	A	K	E		L	O	O	P	S		R	O	O					
S	E	R	M	O	N					S	E	A	R	S			O	U	T	F	I	T	
			E	O	N					S	E	N	D	S		T	A	O	S		L	O	B
			T	A	K	E	I	T	E	A	S	Y	D	E	S	P	E	R	A	D	O		
M	A	R	T			D	A	D				A	M	P	S			E	R	I	N		
E	R	A		C	A	L	L				R	E	U	P	S			S	P	E	N	D	
H	E	Y	J	U	D	E	L	E	T	I	T	B	E		L	A	S	S	E	S			
		A	B	E	T	S				L	I	V	E		R	O	D						
S	C	A	T	S		D	W	A	D	E		R	A	I	N	D	A	N	C	E			
W	O	K	S		B	E	A	T	I	T	B	I	L	L	I	E	J	E	A	N			
I	D	E	E		E	M	C	E	E		A	C	M	E		S	A	N	T	O			
G	E	S	T		G	O	O	D	S		M	E	A	D		T	R	E	E	S			

Sudoku 1 Answers

6	8	7	2	9	1	5	3	4
1	4	3	5	6	8	2	7	9
5	9	2	7	3	4	6	8	1
8	7	9	1	5	2	3	4	6
4	6	5	3	8	9	1	2	7
2	3	1	6	4	7	8	9	5
7	2	6	4	1	3	9	5	8
3	1	8	9	7	5	4	6	2
9	5	4	8	2	6	7	1	3

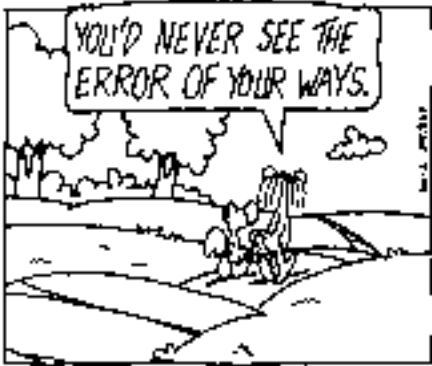
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• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

SPURN IMPEL HEALTH BEFORE
He really wanted to say hello to the woman
and had — "HI" HOPES

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

6	8	3	5	9	1	7	4	2
2	5	4	7	3	8	9	1	6
7	1	9	6	2	4	5	8	3
3	9	2	4	8	5	1	6	7
1	7	8	3	6	9	2	5	4
5	4	6	1	7	2	3	9	8
4	6	5	2	1	3	8	7	9
8	3	7	9	5	6	4	2	1
9	2	1	8	4	7	6	3	5

Guess Who?
Michelle Yeoh

Crypto Fun Answers

A. humid B. steamy C. summer D. sky

Boggle BrainBusters Answers

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Word-Find Answers

P	W	T	P	C	K	F	A	M	I	L	Y	L	A	C	O	L	M	H	O
A	J	N	C	T	L	C	N	L	L	H	V	S	V	G	I	I	D	T	O
R	T	D	W	W	N	I	T	I	O	M	H	I	G	C	K	L	W	O	S
K	J	A	Y	E	P	E	V	R	H	M	U	B	Y	S	M	T	G	O	E
I	O	H	C	N	E	V	M	E	N	V	E	G	W	G	K	E	W	B	M
N	S	V	U	J	W	W	C	N	S	E	E	D	A	N	O	M	E	L	A
G	R	I	L	O	U	A	A	O	I	T	D	I	D	A	B	Y	L	S	G
I	M	S	F	Y	P	T	M	J	C	A	O	H	I	P	R	F	A	K	M
R	V	I	B	M	U	T	O	U	V	T	T	C	R	A	A	K	U	R	U
K	V	T	N	E	T	E	L	F	F	A	R	R	K	C	C	I	N	O	D
U	R	O	I	N	O	I	S	S	I	M	D	A	E	C	F	G	N	W	J
Y	M	R	A	T	M	U	B	G	L	O	R	U	K	T	I	K	A	E	L
P	G	S	R	D	A	I	T	M	U	S	I	C	M	E	N	M	D	R	J
A	M	U	S	E	M	E	N	T	L	J	M	P	F	W	N	E	B	I	R
N	T	F	E	R	R	I	S	W	H	E	E	L	W	A	O	B	W	F	B
H	L	S	Y	E	D	D	I	W	L	A	V	I	N	R	A	C	N	A	C
J	P	T	L	H	D	N	Y	D	N	A	C	N	O	T	T	O	C	I	F
T	F	I	E	L	D	A	J	V	H	T	B	S	S	S	S	K	J	R	U
P	D	A	A	I	U	B	C	Y	T	P	W	H	C	O	R	N	D	O	G
D	S	F	U	N	N	E	L	C	A	K	E	S	K	D	U	F	A	T	E

AMPHITHEATER CONCERT RECAP



Anthony Bernasconi took to the Ampitheater stage on July 20 as the soulful Michael Buble.



Anthony Bernasconi sang Buble hits, as well as classic swing and jazz standards for his LW audience.

Minibus Transportation

The GRF Minibus system provides convenient shuttle bus service seven days a week anywhere in the LW community and the adjoining Seal Beach Village (Dollar Tree) shopping center. Service hours are Monday-Friday from 8 a.m.-6:15 p.m.; Saturdays from 8 a.m.-6 p.m.; Sundays from 9 a.m.-4 p.m.; and holidays from 9 a.m.-4 p.m.

On weekdays, four shuttle routes provide passenger services during the peak daytime hours of 8:30 a.m.-2 p.m. to nearly every street and most carport areas in Leisure World.

A special “on-call” demand shuttle is available weekdays during non-peak hours from 2-6 p.m. and all day Saturday and Sunday.

GRF Minibus shuttles are easily recognizable by their distinct blue-and-white stripes. Passengers may board a Minibus from any safe curbside location along any Minibus route by simply waving at an approaching bus.

Fixed-route weekday Minibus shuttles are identified by large block letters on all four sides of each shuttle. The Minibuses on weekday shuttle routes are identified by the letters A, B, C and D; on weekends and holidays by the letter D.

Every weekday-scheduled Minibus route will make stops at the following locations: Main Gate Bus Depot, Health Care Center, Leisure World Library, Clubhouses 1, 2, 3, 4 and 6, as well as the Amphitheater bus hub and the Seal Beach Village shopping center.

On weekends, there are buses at these locations at 15-minute intervals between 8:45 a.m. and 2 p.m.

Each Minibus route loop is about 40 minutes with a five-minute layover at the Health Care Center. Most passengers will have an 18-minute or shorter ride on the weekday routes to their destination.

Special dedicated, appointment-based Access bus service is available for passengers with mobility challenges or those who need a wheelchair-accessible bus. Access service is available Monday-Friday from 8 a.m.-3:15 p.m. and on Saturdays, Sundays and holidays from 8 a.m.-1:30 p.m. Appointments for the Access service can be made up to three days in advance by calling 562-431-6586, ext. 379.

Distinguished Speaker Series tickets available

The Distinguished Speakers Series has again lined up an all-star array of live presenters for the upcoming 2023-24 season. Each presentation begins at 8 p.m. at the Terrace Theater.

The speakers include:

- Goldie Hawn: An Academy Award-winner and humanitarian whose Mind Up Curriculum helps children manage stress and reach their highest potential.
- Dr. Moogega Cooper: A woman who helped make history when Mars Perseverance Rover successfully landed on the Red Planet.
- Liz Cheney: A former congresswoman and Profile in Courage recipient who will discuss the divide in American politics.
- Dr. Lisa Genova: A neuroscientist and best-selling author who will discuss the journeys of those affected by brain diseases.
- H. R. McMaster: Former National Security advisor will offer timely insight on the most pressing issues facing the U.S.
- Thomas Friedman: Pulitzer Prize-winning foreign affairs columnist will discuss the geopolitical trends shaping the world today.

The Series is sold in subscription packages ranging from \$240 to \$660. Subscriptions can be purchased online at www.speakersla.com.

2023 Amphitheater Season Schedule

The 2023 Amphitheater music festival will run until Sept. 14, with a 12-show lineup promising an eclectic mix of country, rock, pop, soul and blues tribute performers at the 2,500-seat Amphitheater. Shows start at 7:30 p.m. (schedule is subject to change).

Non-resident guests must be accompanied by a resident. Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes.

This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Food trucks will provide options for pre-event dining.

July 27	Venturesmania <i>Sponsor: Community Legal Aid SoCal</i>
Aug. 3	Tribute to Elton John with Kenny Metcalf <i>Sponsors: Gasper-Monteer Real Estate MemorialCare</i>
Aug. 10	Bee Gees Gold <i>Sponsors: Athens Services Financial Partners Credit Union</i>
Aug. 17	Elvis Tribute with Matt Lewis
Aug. 24	Always Tina—Tribute to Tina Turner
Aug. 31	Hip To Be Square— Huey Lewis & The News Tribute <i>Sponsor: Optum Healthcare</i>
Sept. 7	Stone Soul <i>Sponsor: Optum Healthcare</i>
Sept. 14	Mark Wood & The Parrot Head Band <i>Sponsor: Optum Healthcare</i>

Did you know?

GRF’s Member Resources can be contacted for confidential, free information and referrals for grief support, long-term care, stress management and friendly visitors for the homebound.

Those interested in volunteering to help fellow residents can also contact Member Resources.

For more information, call Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

CLASSIFIEDS

GENERAL

Betsy is looking for a forever home. Her previous owners moved into assisted living and cannot take Betsy with them. She is 12-years old, a white maltese mix, healthy, and up-to-date with vaccinations. Please call 562-810-3166.

LANDSCAPING

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HANDYMAN SERVICES

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001 Exp 7/10/2024

BATHTUB & SHOWER REFINISHING

We refinish your SHOWER/TUB to look brand new. Convert to WALK-IN SHOWER and/or raise seat. Nu Kote 562-833-3911. Serving LW since 1999. License 699080 Exp 10/11

UPHOLSTERY / CARPET CLEANING AND TILE & GROUT

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito. State Contractor License 578194. Exp 8/16

PAINTING

Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 8/16

CORY GEE PAINTING

State Contractor License 1049257, Bonded and Insured. Interior and Exterior, Cabinets/Drywall/Texturing/Acoustic-Ceilings, Senior-Discounts. 714-308-9931. Exp 10/18

562-596-0559, LWDECOR INC.

Premium-Paints. Interiors/Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. 40+/Years in LW. State Contractor License 723262 Exp 10/18

Bel-Rich Painting.

Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 8/09

Painting service for exterior or interior repairs, texture/drywall/cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/22/23

LADY PAINTER

Cindy Beateay 714-356-1539. Interior Paint, Specialty-Finishes, Cabinets, Murals and MORE! State Contractor License 1033927. Exp 10/18

BEAUTY SERVICES

Tammy Nguyen Phenix Salon.

Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 9/27

In home haircare, serving the men-and-women of Leisure-World for 36-years. Mel Cell/562-480-9341 SB Business License KC75538. Exp 8/23

Full-Service for Men-and-Women at Dal Je's Salon. 562-626-8122, 562-431-4603. 5-minutes from Leisure-World! Cannot-WAIT-to-Serve You! PLEASE ask for Sun/Thank-You! SB Business License 14203016. Exp 8/02

SKYLIGHT SERVICES

SKYLIGHTS CLEAN AND REPAIR. Licensed and insured. Dan (562)-841-3787 Exp 10/04 SB Business License BRA0002

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. Exp 11/29/2023

WINDOW WASHING

WANT CLEAN WINDOWS? I clean Inside/Outside OR Clean Outside only and SAVE \$\$\$ LW-Resident/Rich Livitski. (562)-600-0014. SB Business License LIV0004. Exp 8/02

BEAUTIFUL WINDOWS 40+ YEARS EXPERIENCE. PHIL (562) 881-2093. SB Business License AB0001. Exp 10/11

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CLASSIFIEDS

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Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

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Offering FREE advice on buying and selling of your Golf Cart. Also batteries and Safety Flags. 562-431-6859

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FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License CIP0001. Exp 1/10/2024

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All things computer related. Phones, TV's, Tablets, Electronic gadgets. Call John LW Resident. SB License FUH0001. Exp 11/01

HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands/Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 9/27

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Experienced, knowledgeable caregivers. Honest/Assertive/Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 1/31/2024

MOST AFFORDABLE RATES with/optimum service, 30-years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 8/02

EXPERIENCED CAREGIVER Over 25+ years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call Pampet/562-371-4895. SB Business License PAN0003. Exp 10/11

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 8/09

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 10/18

HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 Exp 9/27

MOVE-IN, MOVE-OUT. Walls, Floors, WINDOWS. CALL PHIL 562-881-2093. Over 30 Years Experience! SB Business License AB0001. Exp 10/11

GRACIAN'S HOUSECLEANING & WINDOWS

WINDOWS 10% OFF first cleaning.
General housecleaning
Excellent referrals in LW (562) 307-3861.
20 years experience. Exp 10/04
SB Business License GRA0006

General housekeeping, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 8/09

Maria House-Cleaning
We'll make your house look NICE-as-possible! 15+years experience. We can work with/your schedule. Bi-weekly/Monthly. Deep-cleaning/Call/Text/714-496-2885. Exp 8/09 SB Business License HER0008

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days/call anytime! Complete-cleaning. 562-505-1613 SB Business License M0001A. Exp 9/20

Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830 SB Business License 14206409. Exp 9/20

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ANY KIND OF CAR
Cars/Motorcycle/Truck, running-or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of-Liability for you! Bonded/License, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 9/27

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS
Installed at your residence. Call Frank 562-743-3832. #779642 State Contractor License. Exp 8/30

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/03/2024

2021 HDK Golf-Cart, 300miles, 4-Passenger Evolution, Like-New \$8,500 Includes AM/FM-Radio with/dual-speakers/bluetooth/back-up-camera. Peter/(562)-756-1126.

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Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 8/09

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Your-Friendly-Movers! We-offer-Hauling-service-too. Any size job! Call/310-387-2618. SB Business License RO263644. Exp 10/11

MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE
Buying Mid-Century Modern Furniture/Antiques/Chinese-Collectibles/Old-Toys/Vintage-Clothing/14K-Jewelry-and-Sterling/ETC. 562-243-7229 Exp 8/09

MISCELLANEOUS FOR SALE

Yard Sale at 13141 Del Monte Drive, Mutual-11/Apartment-284J. Thursday-ONLY, July-27th, 9:00am-2:00pm. Household -miscellaneous-items/lots-of-artificial-flower-arrangement-items.

Kohler & Campbell Classic Upright Walnut Piano. BEST OFFER. Call 562-430-8170.

6 Family Yard Sale. Lots of Good Stuff! 1441 Homewood Road, Mutual-5, Unit-96A. Thursday/ July-27th, 9:00am

Brand-New/TV. Never-Worn/Line Square Dancing-Boots. Call-For-Pricing/Description, 562-799-0643

LEISURE WORLD APARTMENT FOR LEASE

Condo available for Lease in Mutual-17. Call/562-810-3166.

LEISURE WORLD CARPORT STORAGE FOR RENT

Carport-Storage-ONLY available for Rent. \$40/ Month/562-430-3840. Exp 7/26

FREE ITEMS

Leather-Look Vinyl Sofa. Take It Away! Mutual-5, Unit-125D.

COUCH/L-shaped. White vinyl material. Karlstad brand. Good condition, no rips or tears. 94"L, 30"H, 37"W, 62" Lounge length. Paul 562/742-0230. Email photos available upon request britefuture92@gmail.com



Gina Rojas
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\$465,000

Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.

2022 Escrows

8-178D \$582,000	14-12A \$560,000
5-70F \$520,000	6-64A \$272,000
7-170K \$342,000	15-11Q \$350,000
8-195B \$480,000	12-55E \$295,000
2-62C \$225,000	2-39A \$310,000
6-130K \$300,000	17-110B \$475,000

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Listings Wanted



Mutual 2-47C
\$454,900



BEAUTIFUL Unit - BEAUTIFUL Setting!
Light and bright open concept floorplan - the remodeled kitchen, dining room and living room all flow so nicely! This fully expanded and remodeled home has two bedrooms and one bath. The master bedroom has a walk-in closet and the 2nd bedroom/den has pretty French door slider that overlook the huge living room. Granite counters, washer/dryer, 3 heat pumps, skylights, smooth ceilings, laminate wood look floors, bay windows with Plantation Shutters that overlook the **BEAUTIFUL GREENBELT!!**

Mutual 4-52J
\$450,000



FABULOUS GREENBELT and a GREAT UNIT!!
Fully expanded with so much added storage! Large living room/dining room with built-ins and book shelves, remodeled kitchen with added counter space, storage and breakfast bar and the remodeled bath has dual sinks! Master bedroom has a walk-in closet plus an extra wardrobe closet, the 2nd bedroom/den has French doors that open to the living room and 2 closets - one with a built-in desk! Washer/dryer, central heat/air, skylights, laminate wood look floors, smooth ceilings, Plantation Shutters, dual pane boxed bay window with seating so you can sit and enjoy the **FABULOUS GREENBELT!!**

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for Preview

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PENDING SALE



Mutual 1 – 47h Thunderbird
1B/1Ba on large greenbelt,
Dual Pane Windows, Laminate
Vinyl Flrs., Stunning Kitchen
w/Stainless Appl., Granite
Counters, Heat/Air Pump, Sky-
lights,Smooth Ceilings, All New
Construction. Parking is next
to the unit. MUST SEE!
Completely Remodeled @ \$245,000

FOR SALE



Mutual 15 – 21b McKinney
2B/2Ba Downstairs Corner
Great Location, Expanded,
Granite Counters, Smooth
Ceilings, Heat/Air Pumps,
Bamboo Flrs., Washer/Dryer,
Dual Pane Windows + more!
UPGRADED NICE! @ \$390,000

**Mutual 12 – 77h Glen View**
2B/1Ba, L-Shape w/tile patio,
NEW Floors & Paint, Granite
SOLD OVER ASKING! \$345,000

*****CLOSED TRANSACTIONS*****

Listed 10-238b	Listed 15-29j	Listed 14-19e	Buyers Agt. 7-164l
Listed 15-22a	Listed 7-163k	Listed 2-37i	Buyers Agt. 15-11d
Listed 15-43e	Listed 5-115i	Buyers Agt. 7-176c	Buyers Agt. 10-248c
Listed 15-10f	Listed 7-158b	Buyers Agt. 14-25e	Buyers Agt. 4-47j
Listed 5-103l	Listed 14-18b	Buyers Agt. 12-64g	Buyers Agt. 10-249b

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\$295,000

One bedroom in Mutual 2
Beautiful greenbelt, laminate flooring, new
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Light and bright and a great location

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562-884-3594

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**Vickie Van Ert**
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**Claudette "CC" Cooley**
310-484-9600

**Estee Edwards**
562-208-2540

One-Bedroom
Mutual 1-30K \$219,000
Quaint unit with potential

**Mike Varipapa**
562-235-7413

**Leah Perrotti**
310-889-6583

Mutual 11-273L \$349,900
Spacious corner in private location

Mutual 14-24H \$360,000
Faces west with great neighbors

Two-Bedrooms
Mutual 12-39E \$365,000
East facing unit, completely remodeled

Mutual 1-10G \$425,000
Corner unit in a desirable location

**Bill Berman**
714-606-5258

**Chris Kim**
424-247-4542

**Hanna Rubinstein**
562-900-4243

**Jay Cho**
714-944-4998

**Philip Bak**
213-550-9991

**Fay Wescott**
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Associate Broker
DRE # 00744676



Sean Wood
Realtor®

DRE# 02186926

562 514-6613



Gloria Hadley
Realtor®
DRE # 01057681

Mutual 11-267C

\$229,500

This fabulous expanded one bedroom 1 bathroom home has a dramatic Greenbelt view. A lovely leaded glass entry door that opens into this charming home that features a spacious living room with a large added skylight. The remodeled kitchen has upgraded cupboards including upper cabinets with lovely glass doors, Corian counters, a built-in stove, oven, and refrigerator. The kitchen is fully expanded with a walk-in closet providing lots of storage space and sliding glass doors to a quaint patio. The full bathroom has a bathtub added with a shower fixture over the tub, an extra-large skylight and custom countertop. Also included in this amazing home is hardwood floors, carpeted bedroom, central heating and air conditioning, window coverings that are elegant sheer covered blinds, and large windows in the living room and bedroom that maximizes the amazing Greenbelt view. The cozy patio offers the opportunity to sit back, relax, and enjoy the expansive Greenbelt view and the refreshing ocean breezes Seal Beach has to offer. This home is a definite must see. Don't miss out.



PENDING

Mutual 1-26B
Mutual4-77E
Mutual2-29E
Mutual 4-76L

**SOLD
2023**

Mutual 11-268F
Mutual 4-50F
Mutual9-212C
Mutual6-143A
Mutual 9-225C
Mutual 9-230D
Mutual11-283D
Mutual 4-51D
Mutual 8-189D

**SOLD
2022**

Mutual 14-17B
Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6- 117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5- 117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10 -250J
Mutual11-286B
Mutual12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

Mutual 5-91J

\$399,000

This Charming beach cottage features 2 Bedrooms, 1 3/4 Bathrooms plus a den. This lovely flexible floor plan has 2 master bedrooms with walk-in closets. Living is light and bright with a leaded glass entry door. The kitchen has an added skylight and heat pump with air conditioning. The kitchen has built-in Leisure World appliances with added ceiling fan and skylight. Main Bedroom is expanded with a walk-in closet, bay window and sliding door to patio. Main Bathroom has a bath tub and shower over tub and a skylight. The extra large second bedroom has skylight and sliding doors to patio. The den has a walk-in closet added and a 3/4 Bathroom with walk-in shower, .



Mutual 1-30K

\$219,000

Great location for this one bedroom one bath unit which is close to downtown Leisure World and the shopping center. The living room is carpeted and has Vertical Blinds. The kitchen has tile flooring, built in Leisure World appliances including a stove, oven, refrigerator, and has an added ceiling fan and skylight. The bedroom has tile flooring, cut down shower for walk-in convenience. The bedroom is carpeted and has a wardrobe closet. The private patio is screened has a side view of a pretty Greenbelt. You can walk to downtown Leisure World, the gym, golf course, pool, jacuzzi, amphitheater, health care center and shopping center. Located in the resort-like community of Leisure World Seal Beach which features over 200 clubs organizations and activities. Enjoy Seal Beach and it's wonderful ocean breezes.



Mutual 1-26L

\$318,000

A must see corner 2 bedroom 1 bath cottage newly redecorated. This charming home is light and bright and ready to move in. The home has luxury vinyl flooring throughout and has been fully updated with new kitchen cabinets and features built-in appliances including a stove, oven, dishwasher and extra- large skylight. The bathroom has a large skylight and cut down shower for walk-in convenience. The private patio has new indoor/outdoor carpeting and walk-in storage closet.



Mutual11-273L

\$349,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting.



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REALTY GROUP



www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of **53** pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



In Escrow

1201 Oakmont Rd #196H | M8 | \$344,000
Gorgeous greenbelt 2bed/1bath with partial expansion and exterior storage. Immaculate home with laminate floors throughout, Central HVAC, skylight, shutters on all windows.



1601 Glen View Rd #64H | M12 | \$399,000
2Bed/1bath drive-up location with golf cart pad, patio and large storage closet! Heat pump, light and bright remodeled custom kitchen with skylight and newer appliances. Wood floors, dual pane windows, skylights throughout with jetted shower/tub.



In Escrow

13700 El Dorado Dr 32H | M3 | \$569,000
Reimagined 2bed/2bath home on greenbelt location, chef's kitchen, tiled showers, quartz countertops, stainless appliances, central AC, washer/dryer, no detail spared!



In Escrow

13381 Del Monte Dr #28I | M14 | \$349,000
2Bed/1bath fully expanded unit with windows across the front of the home. Dining room, AC heat pumps, skylights throughout, laminate floors, microwave, and large additional storage closet.



New Listing!

13180 St Andrews Dr #238J | M10 | \$285,000
Refreshed 2bed/1bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. AC heat pump in living room with skylight in kitchen.



In Escrow

1571 Golden Rain Rd #118K | M5 | \$349,000
Adorable 2 bed/1 bath with newer laminate floors throughout. Central AC, washer/dryer with tiled patio. Updated kitchen, newer appliances, dishwasher with skylights and shutters throughout.

07/24/2023 - Year To Date MLS Activity

■ For Sale

■ In Escrow

■ Closed Sale



Month	For Sale	In Escrow	Closed Sale
Jan	55	38	15
Feb	52	40	25
Mar	55	55	20
Apr	68	50	38
May	65	45	32
Jun	52	60	32
July	42	60	25
Aug			
Sept			
Oct			
Nov			
Dec			

On July 24th, 2023 a total of 42 units show as active listings on the CRMLS
(this is where Realtors list property for sale)

4 - 1 bedroom/1 bath units
from \$219,000 to \$290,000

22 - 2 bedrooms/1 bath units
from \$279,000 to \$520,000

16 - 2 bedrooms/2 baths units
from \$344,900 to \$589,500

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory!

ENTER TO WIN





In celebration of our Elton John Concert Sponsorship that is coming up we are giving away a \$50 Hof's Hut gift certificate!!!

ELTON JOHN CONCERT DRAWING WILL BE ANNOUNCED AUGUST 10TH, DEADLINE TO SUBMIT AUGUST 3RD AT THE CONCERT! COME SEE US AT OUR BOOTH

CUT OUT AND MAIL IN OR DROP OFF:

Gasper Monteer Realty Group
1900 St Andrews Drive #B,
Seal Beach, CA 90740

NAME: _____

PHONE: _____

EMAIL: _____

☐ I want to receive information about the market in Leisure World



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M3 - 9C - \$229,000

Partially expanded one-bedroom unit; Expd. bedroom; Tiled patio!



M7 - 172C \$350,000

2 bedroom 1 bath with a beautiful greenbelt



M2 - 24J \$379,000

Clean Expanded 2 Bedroom 1 Bath



M15 - 28A \$520,000

Beautiful and Spacious Atrium with Greenbelt Views



M2 - 1A \$425,000

Private 2 Bedroom Corner Unit"



M15 45B \$619,000

Gorgeous Modernized 2 bedroom Atrium unit with Vaulted ceilings



M15 - 37L \$349,000

Large 2 bedroom 2 Bath Upstairs unit



M11 - 283J \$253,000

Beautiful expanded 1 bedroom on a Green Belt



M1 - 1D - \$290,000

Beautiful expanded one bedroom on a greenbelt



M14-32H - \$445,000

Two Bedrooms, 1 Bath, Fully Expanded



Dawn Januszka
Broker
DRE #02110501



Ginni Houck
Escrow Officer



Verna Chumley
Realtor®



John Webster
Realtor®



Wendi Noble
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Kim Jbeili
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