

Annual flu shot clinic

October 6, 2023

How do I know if I can get my flu shot here?

My primary care doctor works at an Optum clinic.

- You can get your flu shot. There is no copay.

My primary care doctor doesn't work at an Optum clinic.

- If you have Original Medicare and aren't a Medicare Advantage patient, you can get your flu shot. There's no copay.
- If you're a Medicare Advantage patient and your insurance card doesn't say Optum Care Network – Monarch on it, you must pay cash. Or else we can't give you the flu shot. Please call your primary care doctor to find out where you can get the flu shot.
- Many pharmacies are now offering the flu shot. Check with your doctor's office to learn more.
- If you want to pay in cash, the normal adult shot is \$40. The high-amount shot for high-risk individuals is \$65.

What do I need to do before getting my flu shot?

- If you have a fever, cough or shortness of breath before arriving, please call us at **1-562-493-9581, TTY 711**. This will help us determine the best place for you to get care. It also helps keep all our patients and staff safe.
- Bring your picture ID and insurance card.
- Wear a short-sleeve or sleeveless shirt.

Mutual times

Please show up during your mutual's designated time. This helps with traffic.

| Mutual | Appointment start time | Appointment end time |
|---------------------|------------------------|----------------------|
| Mutuals 8 and 9 | 8:00 a.m. | 8:45 a.m. |
| Mutuals 6 and 7 | 8:45 a.m. | 9:30 a.m. |
| Mutuals 3 and 5 | 9:30 a.m. | 10:15 a.m. |
| Mutuals 12 and 15 | 10:15 a.m. | 11:00 a.m. |
| Mutuals 2 and 16 | 11:00 a.m. | 11:45 a.m. |
| Mutuals 10 and 14 | 11:45 a.m. | 12:30 p.m. |
| Mutuals 1 and 17 | 12:30 p.m. | 1:15 p.m. |
| Mutuals 4 and 11 | 1:15 p.m. | 2:00 p.m. |
| Missed appointments | 2:00 p.m. | 3:00 p.m. |



Clubhouse 6

1661 Golden Rain Rd.
Seal Beach, CA 90740



**Questions? Give us a call at
1-562-493-9581, TTY 711**

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-562-493-9581, TTY 711. ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-562-493-9581, TTY 711. 請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-562-493-9581, TTY 711。

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