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GATE ACCESS

RFID tags

The RFID tag distribution on Thursday, Sept. 28, for Mutual 3 will be held on Nassau Drive outside of the 1.8-acre site due to a scheduled Southern California Edison pole replacement. The 1.8-acre site will be closed to all residents on Sept. 28. Residents will still enter the line for tags on Oak Hill Drive, and exit on Nassau towards Brookline Road. See page 3.

END-OF-YEAR TRIPS

Tickets to Sawdust Art Festival and 'The Nutracker'

Tickets for the Winter Sawdust Festival and The Nutracker will go on sale at the Recreation Department on Monday, Oct. 2. Tickets are available on a first-come, first-served basis at the Recreation Office, located in Building 5. See page 19.

Q&A

GRF All-Department Town Hall

There will be a GRF All-Department Town Hall meeting on Wednesday, Oct. 18, at 1 p.m. in Clubhouse 4. Directors will give updates and residents are encouraged to ask questions during the public forum.

COVID-19

Free COVID tests

People can get four free COVID-19 rapid test kits delivered directly to their home. See page 11.

OPTUM

Flu clinic at HCC

Optum will host a flu clinic on Friday, Oct. 6, from 8 a.m.-3 p.m. in Clubhouse 6. See page 10.



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GRF BUDGET

GRF Board approves \$24M budget for 2024

by Ruth Osborn
rutho@lwsb.com

The Golden Rain Foundation Board of Directors on Sept. 20 approved a \$24 million spending plan for 2024. The budget includes a 10-percent increase, to \$20.02, in GRF assessments per apartment per month. That brings the total 2024 assessment to \$213.25 per apartment per month.

Other cost recovery totaling \$89.81 per month is channeled from escrow and amenity fees, sponsorships, and advertising in the LW Weekly and GRF special publications, rental income and SRO labor recovery.

The budget is comprised of a reserve fund, a capital fund and an operating account. Prior to voting, the GRF Board listened to a staff overview of the budget with highlights as follows:

Reserve Fund

Reserve funds are monies that the Golden Rain Foundation collects to defray costs of future maintenance, replacement or repair of major assets. The GRF is required to maintain the fund in accordance with applicable law. In July, the reserve fund had a balance of \$11.3 million. The recommended 2024 annual contribution is \$2.74 million, which would place the risk of a special assessment at the top of the medium range, according to a reserve study completed in August.

The budget was passed with an annual contribution of \$2.53 million, which is \$216,600 less than recommended. At this funding level, reserves remain at medium risk until 2028. "Over the years, we've been pushing things down the road so we can keep these costs down," said GRF

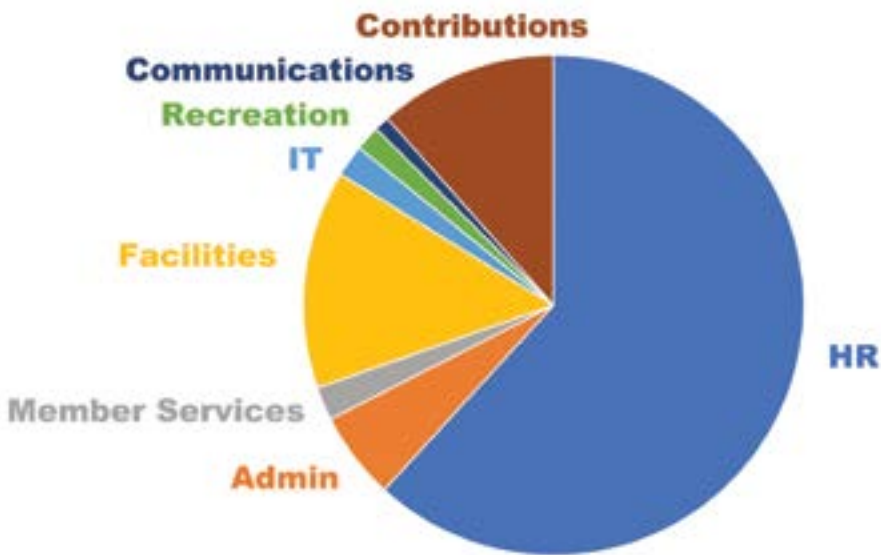
BUDGET, page 2



Emma DiMaggio

The budget will fund future capital improvement projects, like the 2024 GRF Paving Project. Work for the 2023 Paving Project, including the paving of St. Andrews Drive, pictured, is ongoing.

Distribution of GRF's Budget by Department



The GRF Board approved a \$24 million spending plan, a portion of which will be used for employee salary and benefits.



Emma DiMaggio

Coyotes will have a tough time preying on 6-year-old Lola Radivojevic, who wears a spiked coyote vest when walked by her owner Jovanka.

COYOTE WATCH

LWer protects small pet with anti-coyote safety measures

The GRF Security Department's recently-implemented coyote traps aren't the only way that residents can protect their pets from coyotes.

A few weeks ago, Mutual 6 resident Jovanka Radivojevic outfitted her dog Lola with an anti-coyote vest, which deters coyote attacks with spikes adhered to a

COYOTE, page 3



Emma DiMaggio

Workers began jackhammering the old pavement on St. Andrews Drive, outside of the gate, on Sept. 20.

GRF 2023 PAVING PROJECT

Paving on St. Andrews Drive nearly done, reopen to traffic

The 2023 GRF Paving Project will continue with the paving and slurry of five more streets, including Glenview, Twin Hills Drive, South Fairfield Lane, Fresh Meadow Lane and Kenwood Road. St. Andrews Drive is 95% complete and open to through traffic. Pedestrians and drivers should proceed with caution and adhere to traffic controls on and near streets that are being paved.

BUDGET

from page 1

Corporate Secretary Carol Levine, who represents Mutual 10. “So, if we keep pushing these things down the road, in the long run, won’t it cost more to do these projects?” she asked.

“Most likely, yes,” replied GRF Executive Director Jessica Sedgewick.

GRF Director Maureen Habel representing Mutual 3 agreed: “There is a risk in pushing things down the road... this year, the physical structure of LW is eligible for Social Security. In three years from now, it will be on Medicare. We are residents of an aging entity.”

Capital Funding and Projects

The capital improvement fund is not technically reserves but it is clearly earmarked by internal GRF Policy 40-5340-1 to cover the cost of expenditures for new projects.

Amenity fees, which are influenced by the real estate market, are the only source of funding for capital improvement projects. The proposed

budget was passed with 90% going to reserves and 10%, or about \$250,000, to capital projects. In 2023, all amenity fees went to the reserve fund.

A capital spending plan, or strategic spending outline, is required by civil code to provide spending priorities for capital funds. The plan loosely prioritizes allocations for specific community projects.

“It’s a fluid and living document and will change as boards change, but it is a starting point,” GRF Senior Director of Member Services Mallorie Hall said.

The Administration Committee recommended the strategic spending outline at its last meeting. The proposal will be discussed at the Oct. 24 GRF Board meeting. The spending outline includes community gardens (formerly the Mini-farms), EV charging stations as GRF converts its fleet from gas to electric, building access with staff key cards and turning GRF ID into an access card; traffic flow, a cafe and extended



The majority of GRF’s income comes from assessments.

patio in Clubhouse 6, flex space in Clubhouse 2 and bocce ball court improvements, among other items.

Employee Salary and Benefits

Employee salary and benefits is historically the largest

budget item in GRF spending plans. “It costs money to recruit and train people. We want to attract and retain quality employees,” Hall said.

The GRF currently employs 195 employees, according to Human Resources Senior Director LeAnn Dillman, who added the GRF has never been fully staffed at 206, with most open positions historically in Security and Transportation, specifically bus drivers.

Staffing in general, and particularly during the COVID-19 shutdowns, is fluid and ever-changing. In recent years, GRF was also hampered by below-market-rate salaries and found itself training staff, who then left for more lucrative opportunities. Pay grade adjustments and last year’s 5% salary increase companywide has helped ease staffing shortages.

The 2024 budget includes a merit pool, from which exempt employees receive salary increases, and a 2% cost-of-living bump for all staff. Increased salaries and competitive benefits have already helped stabilize the GRF workforce and led to elevated customer service and smoother operations. Open positions are posted at lwsb.com.

GRF senior staff is working to mitigate rising labor costs by keeping costs low in other areas. For example, it is committed to phasing out costly temporary labor in favor of direct hires and has been closely monitoring insurance and benefits costs.

Group dental, vision, medical insurance rates were way down this year as the company transitioned to MetLife, which offered a significant decrease in premiums, Dillman said. GRF Director Susan Jacquelin noted the decrease, remarking, “That shows that everyone is watching these costs.”

Other Factors Influencing Assessment Hikes

Prices are up in every sector of business, including the GRF. The 2024 budget reflects this with increases in liability insurance rates, contracted labor, audit fees, janitorial and landscape contracts, utilities, hospitality costs, such as water service, coffee, tea, etc., throughout the clubhouses and staff buildings; election expenses, which includes periodic mailout costs related to bylaw amendments and budgets for the GRF and Mutuals; cybersecurity and computer maintenance, and mobile device management so all devices can be unlocked, accessed and reset as staff changes, among many other expenses.

“I want to really thank the committee members, the board of directors and the staff for all the amazing work you have done on the budget,” said GRF Director Susan Hopewell, representing Mutual 6. “I was concerned there was going to be a 20% percent increase (in assessments) and that is down to 10 percent. I thank you all for the hard work that you’ve done.”

Her sentiments were echoed by GRF President Marsha

ASSESSMENTS, page 4

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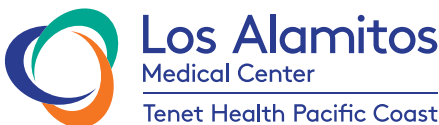
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GATE ACCESS

Starting in 2024,
people must
have RFID tag
or LW ID to enter

The GRF Security Department has distributed hundreds of radio frequency identification (RFID) tags at the 1.8-acre site in its quest to make sure every person with a valid Leisure World ID has one registered vehicle. The initial roll out will run from September to October.

It is important to note that after Jan. 1, 2024, people will not be able to use decals to gain entry into the community. People must have an RFID tag on their vehicle or show a valid Leisure World ID to enter. Without one of these two forms of identification, people will be required to pull over and wait for GRF Security staff to verify their identity, which may cause a noticeable delay.

Decals are still important, as they are used by the Mutuals to ensure that people are authorized to park in carports.

With the RFID tagging process now underway, Security reports short wait times as residents queue up at the 1.8-acre site in accordance with a Mutual-by-Mutual schedule (see page 22) to get a tag placed on a front headlight.

The first hour of distribution is often the busiest, Security personnel report. People who arrive later in the day can anticipate shorter wait times and expedient service.

RFID tags are part of Leisure World's new gate access system that will significantly heighten security in LW.

Security Director Victor Rocha emphasized that RFID tags are the best and most efficient way of verifying who is entering the community.

In the case of rain on a Mutual's distribution date, Security will close operations for that day because moisture impedes the adhesion of RFID tags on headlights. Therefore, rained-out Mutuals will be accommodated during the make-up week starting Oct. 30.

The RFID tag distribution is one tag per one LW ID card. Tags for additional vehicles, golf carts, etc. will be issued at a later date. If multiple vehicles are issued for one LW ID at this time, the second and all subsequent vehicles will not be entered or activated.

Here are some quick facts to make the distribution process an easy one for all residents:

Who can receive an RFID tag?

Any person who possesses a valid Leisure World Identification Card may receive one RFID tag for one vehicle with a valid GRF decal without charge. To receive an RFID tag, people must have a valid Leisure World decal on their vehicle.

Decals are available at the Decal Office next to the Café in Building 5. The Decal Office is open Tuesday-Saturday, 8 a.m.-

RFID, page 22



Emma DiMaggio

Mutual 6 resident Jovanka Radivojevic keeps her dog, Lola, safe by carrying around a whistle and a soda can full of coins to scare off coyotes.



Emma DiMaggio

Three coyote traps were set up in LW last week. Residents are urged not to disturb the traps, which are baited with chicken wings.

COYOTE
from page 1

velcro strip. When she walks her dog, Radivojevic also carries an empty soda can full of coins, which she uses to make a loud noise when she sees a coyote. She said she's recently seen up to three coyotes a day during her long daily walks in the community.

On Sept. 19, All City Animal Trapping set up three coyote traps at various locations in Leisure World.

The traps are humane cages, baited with chicken wings. A licensed professional will handle the removal of traps and coyotes.

If residents see a coyote, they should engage in hazing, a method that makes use of deterrents to move an animal out of an area or discourage an undesirable behavior or activity. For coyotes, this means yelling and waving your arms while approaching the animal, making loud noises, throwing small projectiles like rocks or sticks at the animal, or spraying water at the coyote if possible.

To effectively haze the animals, continue these actions until they have left the area.

EMERGENCY TRAINING

Learn basic radio
do's and don'ts

Are you an ex-HAM or C.B. or family radio services operator? Were you attracted to using radio communications like walkie talkies or two cans and a string when growing up? If so, this training is for you.

A Family Radio Services training will be provided by Marty Williams on Wednesday, Oct. 4, at 11 a.m. in the Clubhouse 3 Learning Center. Those without radios will be provided one for training.

Family Radio Services communications volunteers can help in the case of an emergency in Leisure World.

The training will cover basic functions for radio usage; Leisure World call-in communications protocol; battery care and maintenance; the do's and don'ts of radio communications; and outdoor practice.

There is limited seating, so this event is first come, first served.

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PERSPECTIVES

Letters to the Editor

Editor:

This is regarding the front page article in the Sept. 21 issue of LW Weekly, headlined “Three coyote traps set in LW.”

The article states that GRF is paying a company to set coyote traps “...due to a large number of sightings and unverified reports of coyotes threatening unleashed dogs...” in LW.

My concern is, why are we taking action to protect unleashed dogs when Mutual rules don’t allow for unleashed dogs?

Mike Stabile
Mutual 1

Editor’s Note: Traps are only being placed on Trust property.

Editor:

I have an answer in response to Andrea Matteucci’s enjoyable letter to the editor (Sept. 21) about about nutty squirrels scraping the metal off chairs:

To Andrea, the GRF cashier,
Whose questions on squirrels brought me good cheer.
The teeth of squirrels constantly grow,
So, they must gnaw objects both high and low.
In much the same way, once in a while,
A woman must her fingernails file.
But, while squirrels have reasons, they’re still nuts.
I say that with no ifs, ands or buts.

Dave Crandall
Mutual 10

Editor:

Your story in the Sept. 21 issue, similar to previous accounts of RFID tags, finally causes me to ask a few questions to try to understand the real reason for the change in entry policy.

The assertion that “. . . the new gate access system will significantly heighten security in LW” seems to me to assure solutions of problems not clearly existing but, if present, exit-regulated, not address-able at entry. The Security report in the same issue shows five thefts, none of which could be prevented by RFID.

Security breaches that I do recall have involved ladders and cutting torches, and golf carts, scooters and bicycles, etc., being stolen and ridden off or (stowed) in vans or car trunks. RFID will not “heighten” that security.

What I do see coming with RFID is much more hassle and cost for our family, who has visited us for many years using the four guest passes, which worked perfectly.

And I cannot imagine what the reasoning would be in deciding that in the event of an RFID malfunction, our decal, which must be kept current, won’t let us in!

Are other retirement communities installing or already operating comparable gate systems? And how much has the RFID project added to the GRF assessment?

Lee Hoyt
Mutual 11

Radio Frequency Identification (RFID) tags are being distributed in LW to augment vehicle access control. RFID tags have revolutionized the way vehicles are identified, tracked and managed, and many gated communities are using RFID technology. Specific HOA numbers are unavailable, but industry forecasts show a market value of \$14 billion in 2023, up from \$12.8 billion in 2022 (which includes RFID components of all sorts, including cards, fobs and tags, as well as scanners and software). The RFID project was paid for through capital funds; therefore, the assessments were not directly affected. Paper guest passes are being phased out in favor of digital guest entry, or people can call in guests as they always have. Decals will be used by Mutuals only to track parking as they cannot cannot trigger the barrier arms that are installed at all gates.

2023 PACIFIC AIRSHOW

Expect aviation noise ahead of weekend event

The 2023 Pacific Airshow will celebrate all things aviation for three days starting Friday, Sept. 29, at the Huntington Beach Pier. The city’s annual air show will kick off at 10:30 a.m.

The popular show will feature new fighter jet demos, aerobatics and parachutists performing right off the coast in Huntington Beach. This year’s event has performances each day starting at 10:30 a.m. and flying until 4:30 p.m. Hundreds of thousands of people are expected to bring their blankets and chairs for a waterside view of the spectacle.

Entry is free with premium

seating available for purchase. For more information, visit <https://tickets.pacificairshow.com>. Highlights include an F-22 Raptor demonstration, the U.S.

Air Force Thunderbirds and the Canadian Forces Snowbirds.

Residents can expect to hear jet noise throughout the weekend.

ASSESSMENTS from page 2

Gerber who emphasized during the meeting how available GRF staffers were to answer questions and give explanations during the weeks leading up to finalizing the budget.

“Thank you to everyone for making this happen,” she said, “especially to Mallorie and Jessica. I know you worked every day on this.”

To learn more about the budget, residents can view the special meeting held Sept. 20 at lwsb.com. GRF staff gave a comprehensive overview of the budget and answered questions posed by GRF directors. The meeting livestream will be available for about 30 days.

GRF Recreation Column—Insurance Review Fees

by Kathy Thayer
GRF recreation manager

Recently, the Recreation Department was tasked with notifying clubs that all independent contractors operating in LWSB are required to pay an insurance review fee.

That includes paid instructors working for clubs, according to GRF Policy 60-5504-1, which was passed in January.

Recreation maintains records on all paid instructors who are required to provide a business license, liability insurance, credentials in their discipline and a waiver of liability declaration.

Tracking, reviewing and renewing these documents takes significant staff time, and the review fee is designed to offset this.

While it is understandable that some LW members may take exception to this policy, cost recovery from contractors who make a living using GRF facilities with no overhead of their own is not unusual nor punitive. The wear-and-tear on GRF equipment, exclusive use of space on a regular basis, and staff and custodial time were also considered in levying this fee.

After consideration, the GRF Administrative Committee recommended the policy be sent to a work study. According to a report by the Recreation Department to that committee as well as the Member Services Committee:

- Every professional instructor (independent contractor) has paid the fee to date as they recognize this is a cost of doing business and common in their industry.
- Several instructors teach multiple classes here weekly, charging \$5-\$12 per person. Some of these classes exceed 40 attendees. Some teach multiple clubs.
- Table tennis coaches, for example, charge \$45 an hour per person. They have exclusivity, and no one else is permitted to coach.
- The average exercise or

dance class has about 30 people. That translates at the lowest rate to \$150 for an hour or hour-and-a-half class with no overhead and a ready-made clientele for whom there is no advertising expense.

• These classes have exclusive use of clubhouse space on a regular basis precluding the rest of the paying community from booking them. It is a privilege all residents pay for whether or not they can join the class.

The verification process

takes time and has a primary goal of protecting residents from being subjected to unqualified or uninsured instructors.

Unpaid instructors, which several clubs use, are not subject to the review process; therefore, they are not required to pay the fee.

The Recreation Department values resident input and encourages open debate.

Its door is open for questions and comments on any issue regarding anything recreation.

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications Director.

Letters to the Editor: Letters, maximum 200 words, should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Golden Rain Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant reviews, theater reviews or travel journal submissions are welcome subject to terms and conditions in the policy unless otherwise noted.



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GOVERNMENT

Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., Sept. 28	Mutual 1 Conference Room B/Zoom..... 9 a.m.
Tues., Oct. 3	Mutual 17 Conference Room B/Zoom..... 1:30 p.m.
Mon., Oct. 9	Mutual 9 Conference Room B/Zoom..... 9 a.m.
Tues., Oct. 10	Mutual 16 Conference Room B/Zoom..... 1 p.m.
Wed., Oct. 11	Mutual 4 (open forum 8:30 a.m.) Conference Room B/Zoom..... 8:45 a.m.
Thurs., Oct. 12	Mutual 12 Conference Room B/Zoom..... 9 a.m.
Fri., Oct. 13	Mutual 3 Conference Room B/Zoom..... 9 a.m.

Public Comments at GRF Meetings

The Open Meeting Act requires boards of directors to establish reasonable time limits for speakers to address the GRF Board of Directors. (Civ. Code §4925(b).)

Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers.

To address the board, submit a comment card at the meeting prior to it being called to order. Residents may email correspondence to executive coordinator at grfboardaction@lwsb.com.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Mon., Oct. 2	GRF Special Election Mutual 9 Clubhouse 4..... 10 a.m.
Tues., Oct. 3	Facilities Committee Meeting Conference Room A 10 a.m.
Thurs., Oct. 5	Operation Committee Meeting Conference Room A 10 a.m.
Tues., Oct. 10	Member Services Committee Meeting Conference Room A 10 a.m.
Thurs., Oct. 12	Administration Committee Meeting Conference Room A 10 a.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Members will be provided an opportunity to address the committee.

Ways to cut costs during retirement

The average person spends more than 50 years in the employment sector. As retirement draws closer, many professionals plan on giving up the commute and have more time to pursue their personal interests. Even if planning for retirement has been many years in the making, it can take some time for people to become acclimated to having less income. Housing, transportation, health care, and food are some of the biggest bills retirees will have to account for. Aiming to have savings in addition to any other retirement income or government subsidy to cover that amount is a step in the right direction.

People can make their money go further by making an inventory of their spending and some cuts where possible.

- Know where the money is going. It's impossible to save without knowing monthly expenses. Many people are surprised to learn how much little things add up over the course of a month. For example, spending money for a take-out coffee each day can quickly become an expensive luxury. Add all expenses and see where they can be cut back, especially if there is a deficit each month.
- Consider extra health care. Medicare participants can choose Medicare Supplement Insurance plans to help reduce out-of-pocket health care costs. Medicare Parts A and B only cover some of the health care costs. Supplemental insurance can cover some of the costs not covered by original Medicare, like copayments, deductible and coinsurance.
- Pare down on possessions. Take inventory of personal possessions and scale back where possible. If the commute to work is no longer required, people may be able to become a one-car household. Also, downsizing the residence can help older adults avoid spending too much of their retirement time and money on maintenance.
- Take advantage of senior discounts. Older adults can usually save on restaurants, travel, groceries and more by simply shopping on specific days or verifying their age when checking out.
- Purchase less expensive life insurance. The purpose of a life insurance is to replace income to ensure the financial security of dependents in the event of death. Some older adults may have no dependents and little income. Therefore, a large life insurance policy may not be necessary, especially if the funds to cover funeral costs have already been set aside.

—MetroCreativeConnection

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjexrn@yahoo.com, or call 562-431-6586, ext. 409, to leave a message.

Mutual 9 Election is Oct. 2

The GRF special election for a Mutual 9 representative is on Monday, Oct. 2, at 10 a.m. in Clubhouse 4.

Internet safety for older adults

Older adults' social media usage has been steadily rising for a number of years, proving that individuals 65 and over are not tech-averse. Research shows that 46 percent of individuals 65 and over use Facebook. Social media platforms like Facebook and Instagram can be a great way to stay connected with family and friends and stay up-to-date on community events. But social media usage is not without risks, especially in regard to users' safety. People without much social media experience can heed these safety tips as they navigate popular platforms and discover all they have to offer.

- Examine your account settings. Social media users can control their privacy settings so they can decide who can and can't view their online activity. Each platform is different, but profiles set to public generally allow anyone to view someone's activity, so people should set their profiles to private to limit access to personal information.
- Be mindful of your social media social circle. It's easy to make virtual friends via social media, but people should be mindful of who they accept as online friends. Carefully consider each friend request and decide just how big or small you want your social media community to be. Many people prefer to limit their online social circles to those they know well and want to stay in touch with, and that can serve as a good measuring stick when deciding whether or not to accept a friend request.
- Avoid sharing personal information. Seniors are no doubt aware that they should never share especially personal information, such as their Social Security number, or even vacation plans. People who post about upcoming trips could return home to find they've been victimized by criminals who scoured their social media accounts and learned when they were going to be away. A good rule of thumb is to keep personal information private and limit posts to information that is not overly specific or sensitive.
- Recognize the threat posed by scammers. Social media platforms have had varying degrees of success in regard to keeping their sites scam-free. But scammers find a way, and users must take steps to avoid being victimized. Never click on a link within a post from someone outside of a personal social circle and avoid anyone soliciting donations through social media platforms.

—MetroCreative Connection

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Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
Potato Kielbasa Skillet w/Spinach & Bacon	Asian Salmon Tacos Mango Salsa	Turkey Sandwich Potato Salad	Quiche Lorraine w/Leek & Bacon	Italian Steak Sandwich Provolone Cheese
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
DINNER				
Chicken Thyme Zucchini & Red Pepper	Shrimp Fajitas Flour Tortillas	Zucchini Boats Ground Turkey, Mushroom & Cheese	Chili Mac Casserole Ground Beef, Kidney Beans	Brown Sugar Glazed Salmon
Strawberry Cheesecake	Seasonal Fruit	Pumpkin Pie	Seasonal Fruit	Brownie

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To ensure high quality, some items may be substituted.

Puzzles & Comics

Gasoline Alley



Broom-Hilda



Middletons



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

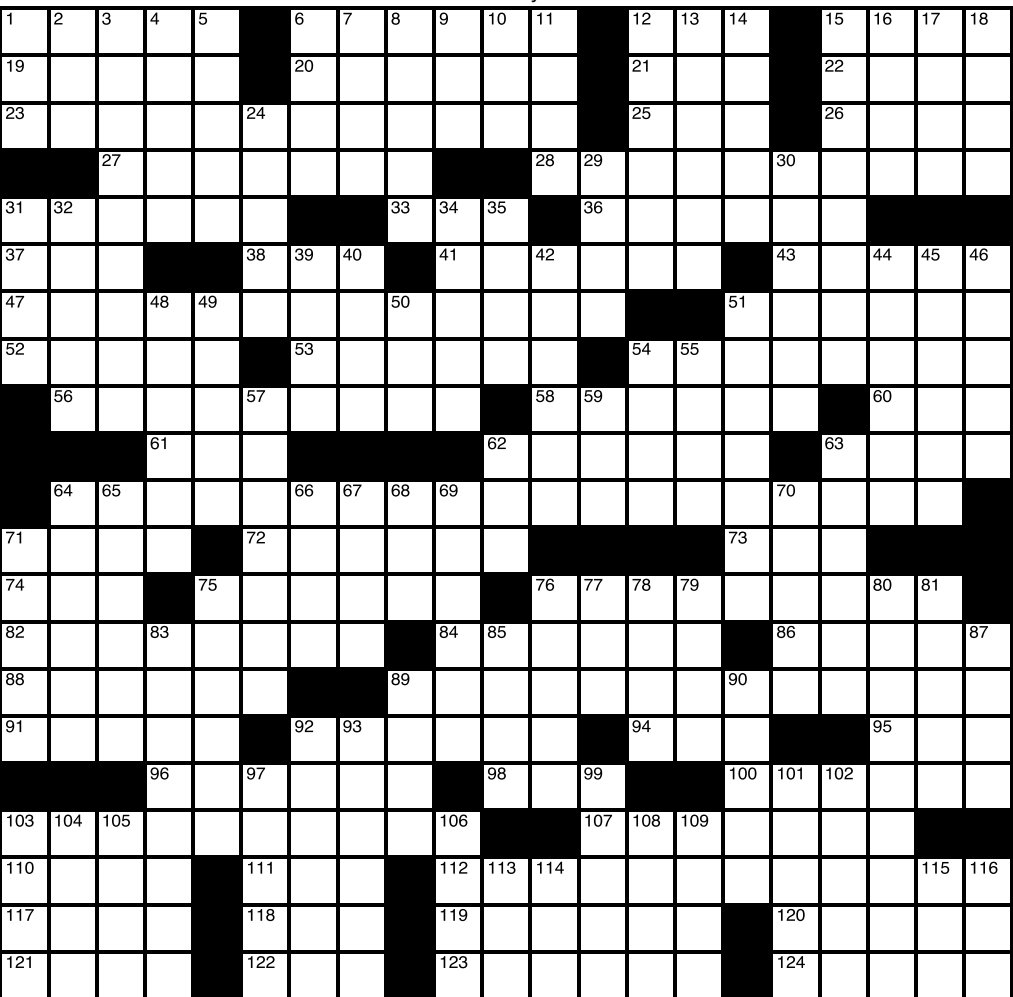
"HOLLYWOOD ENDINGS" BY GARY LARSON

- ACROSS**
- 1 Native Nebraskans
 - 6 Relishes
 - 12 Speck
 - 15 First word for some babies
 - 19 Spare place
 - 20 Footnote notation
 - 21 French article
 - 22 Grows old
 - 23 Editing scenes from a Wesley Snipes vampire film?
 - 25 Sleep stage
 - 26 New Rochelle school with an award-winning pipe band
 - 27 Nth, for one
 - 28 Putting the final touches on an Ed Asner Pixar film?
 - 31 Least risky
 - 33 "Fire away"
 - 36 Dump
 - 37 Big letters in home security
 - 38 On top of everything
 - 41 Four score and ten
 - 43 Fireplace piece
 - 47 Going on a promotional tour for a Sigourney Weaver family film?
 - 51 Faced
 - 52 Wedding dress option
 - 53 Chocolatey cereal brand
 - 54 Like some conclusions
 - 56 Withdrawing
 - 58 Colorful tee
 - 60 Came out on top
 - 61 Hearth residue
 - 62 Welcomes
 - 63 Hungers
 - 64 Showing the final cut of a Jennifer Lawrence sci-fi film?
 - 71 Winter coaster
 - 72 Deodorant brand
 - 73 Hosp. areas
 - 74 No-goodnik
 - 75 Chuck who broke the sound barrier
 - 76 Many a night owl
 - 82 Gilbert and Sullivan work
 - 84 Envelope
 - 86 Skin care brand

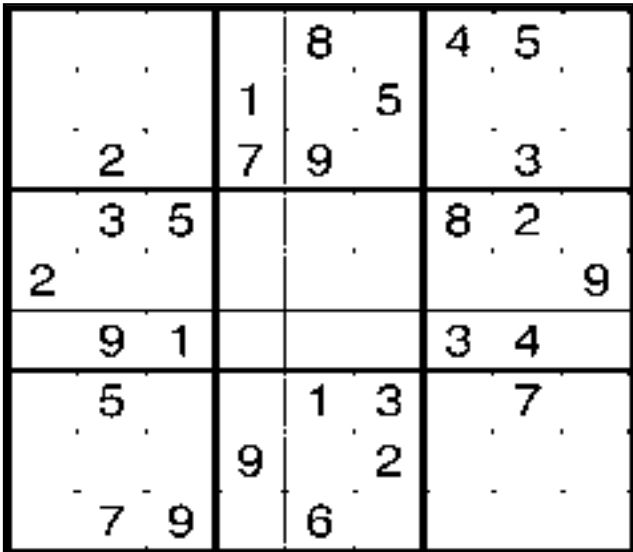
- 88 Tribal emblems
- 89 Hiring actors for a Shailene Woodley survival-at-sea film?
- 91 Govt. security
- 92 Singer/actress
- 94 Word in the names of two MLB teams
- 95 Island chain?
- 96 Dig
- 98 College major that may involve many museum trips
- 100 Bring in
- 103 Composing the music for a Tom Hanks fantasy film?
- 107 Radioactive element named for a planet
- 110 Facility
- 111 Santa ___ winds
- 112 Acquiring the rights for a Sandra Bullock action film?
- 117 Adroit

- DOWN**
- 1 Like aspirin, briefly
 - 2 ___TV: reality show channel
 - 3 At the wrong time
 - 4 Between, in French
 - 5 Loses control on the ice
 - 6 Communicate with one's hands
 - 7 "Fernando" singers
 - 8 Country estate
 - 9 "Ghost" psychic
 - 10 Primary color
 - 11 Small duck
 - 12 Two-time NBA Finals MVP Kevin
 - 13 Like cheap toilet paper
 - 14 Beat
 - 15 Downtown street
 - 16 Eager
 - 17 Drop-down list
 - 18 PDQ
 - 24 Capone cohort
 - 29 Wishes undone
 - 30 "Ditto"
 - 31 Enervates
 - 32 1950s politico
 - 34 Haughty one
 - 35 Drug bust unit
 - 39 ___ about: circa
 - 40 Brute
 - 42 Drink brand with a green leaf logo
 - 44 Declarer
 - 45 Mortise inserts
 - 46 Paradieses
 - 48 Poet ___ Manley Hopkins
 - 49 Down source
 - 50 "Isn't ___ bit like you and me?": Beatles lyric

- 51 Actor Yul
- 54 Come clean, with "up"
- 55 Cartoon canine
- 57 Queens team
- 59 "___ only money"
- 62 ICU worker
- 63 Formal agreement
- 64 Apply haphazardly
- 65 Officially give
- 66 In apple-pie order
- 67 Swenson of "Benson"
- 68 U-turn from SSW
- 69 Liechtenstein's language
- 70 Coffee machine setting
- 71 "Sicko Mode" rapper Travis ___
- 75 Omani neighbor
- 76 Carafe size
- 77 Frazier
- 78 Canadian bank notes featuring civil rights activist Viola Desmond
- 79 Thus
- 80 Dark signs
- 81 Allude (to)
- 83 Pension beneficiaries
- 85 Bhutan locale
- 87 In a quarrel
- 89 Big name in banking
- 90 Chopping down
- 92 Wheel securer
- 93 Hudson River capital
- 97 Hose woes
- 99 Architectural style
- 101 Botch
- 102 Trainee
- 103 Clothing line
- 104 Baja resort, familiarly
- 105 Nobel Institute city
- 106 Elated
- 108 Solemn ceremony
- 109 Poker stake
- 113 Simpsons grandfather
- 114 Peacock network
- 115 ___ trip
- 116 Get into



Sudoku 1



9 To 5 By Harley Schwadron

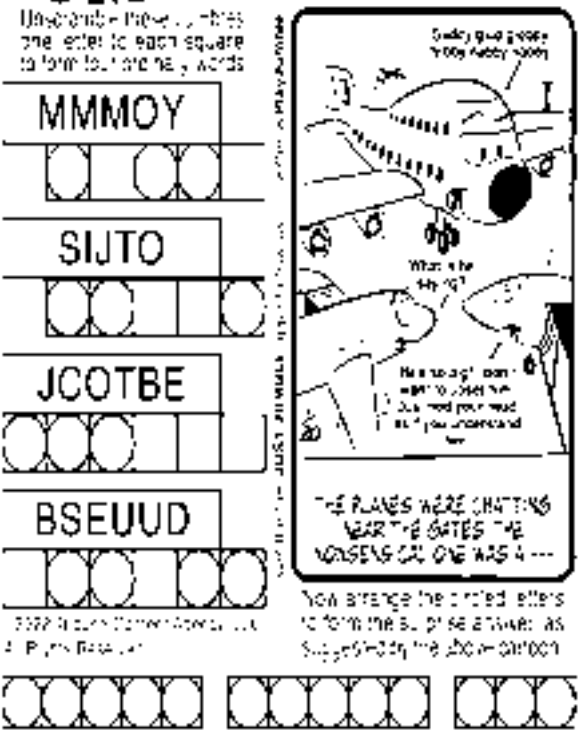


SCRABBLE GRAMS



PAR SCORE 200-270
BEST SCORE 334
DIRECTIONS: ...

JUMBLE THAT SCRAMBLED WORD GAME



Guess Who?

I am a singer born in California on October 25, 1984. I am the daughter of two pastors who discouraged listening to pop music. Despite that, I became a successful pop singer and later an “American Idol” judge.

Sudoku #2

	6	1		8				
		4	6		9		7	
						4		
2		7						
				4	3	9		
	1							
		3	2	9				
		6		7		3	4	
	7				8	2	6	

Puzzles & Comics

Answers on page 22

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to kitchens and baths.
 Each number corresponds to a letter.
 (Hint: 12 = R)

A. 22 7 24 25 1 4 12
Clue: Flat surface

B. 19 2 25 5 1 23
Clue: Surrounds sink in bathroom

C. 11 5 12 12 7 12
Clue: Reflective device

D. 22 2 15 5 25 4 1 9
Clue: Storage devices

Boggle®

BrainBusters!

By David I. Hoyt and Jeff Knurek

B	U	P	H
W	E	I	S
K	O	K	L
A	G	M	

FOUR LETTER WORDS ARE WORTH 4 POINTS
 THREE LETTER WORDS ARE WORTH 3 POINTS
 TWO LETTER WORDS ARE WORTH 2 POINTS
 ONE LETTER WORDS ARE WORTH 1 POINT

WORDS ARE NOT REPEATED. ONLY ONE LETTER MAY BE USED IN THE SAME POSITION IN TWO DIFFERENT WORDS.

L	Y	I	D	E
A	S	N	C	I
T	I	U	A	N
R	O	I	A	G
I	A	D	L	O

BOGGLE POINT SCALE

(3 letters = 1 point)
 (4 letters = 2 points)
 (5 letters = 3 points)
 (6 letters = 4 points)
 (7 letters = 5 points)
 (8 letters = 6 points)
 (9 letters = 7 points)
 (10 letters = 8 points)

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Gamer
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again

Boggle BrainBusters Bonus

Write at least ten three-syllable words in the puzzle area. Can you find them?

Find **AT LEAST SIX THREE-SYLLABLE COUNTRIES** in the grid of letters.

KITCHEN & BATH WORD SEARCH

I	R	C	O	W	U	I	F	O	A	U	C	E	T	L	G	I	E	O	R	H	R
U	S	C	T	S	T	F	T	B	S	X	T	R	E	M	W	B	Y	B	E	E	W
R	T	O	I	L	E	E	E	V	Y	S	A	B	U	C	D	C	T	D	W	O	C
O	E	R	W	A	U	S	S	F	A	W	O	R	E	F	L	W	F	E	H	T	W
L	S	N	O	V	O	D	G	I	H	K	I	C	A	T	E	B	X	S	A	I	B
X	S	R	E	W	A	S	L	S	T	E	T	E	E	Y	G	A	D	K	R	N	W
V	E	O	R	D	I	I	T	A	E	K	A	R	I	I	B	R	M	D	G	A	C
L	N	T	K	S	T	E	R	L	N	A	N	C	H	M	G	G	K	U	A	R	C
E	I	A	E	I	H	C	I	T	X	S	H	E	T	O	U	S	I	S	I	G	L
D	A	R	R	E	A	X	D	S	G	R	Y	K	H	O	H	D	H	M	S	N	S
O	L	E	D	R	H	G	M	R	L	E	T	G	C	R	T	B	G	E	I	N	K
M	S	G	G	I	M	V	X	V	X	U	I	H	T	A	W	T	K	S	L	R	L
E	T	I	N	E	X	M	D	A	B	T	D	C	B	V	K	T	W	H	B	X	K
R	C	R	X	W	G	T	M	B	F	X	I	E	T	N	A	T	R	I	Y	N	W
M	E	F	V	B	L	W	W	C	Y	I	M	N	F	X	C	U	N	Y	K	I	B
N	X	M	X	L	U	M	M	F	C	F	U	C	W	S	A	Y	W	I	I	W	C
B	R	G	Y	L	U	M	W	W	W	I	H	H	F	E	A	N	B	W	A	R	W
E	R	G	Y	L	U	M	W	W	W	I	H	H	F	E	A	N	B	W	A	R	W

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

BATHROOM
CLEANLINESS
ESSENTIAL
FAUCET
FIXTURES
GATHER
GRANITE
HUMIDITY
ISLAND
KITCHEN
MAT
MICROWAVE
OVEN
REFRIGERATOR
REMODEL
SHOWER
SINK
TABLE
TILES
TOILET
VANITY

SPORTS & GAMES



Newcomer Sue Rotter is supported by veteran players Helene Neun (l) and Captain Jack O'Brien (r) in her bid to win a game in her first league play competition.

Shuffleboard Club begins fall play

On Sept. 19, the evening league of the Shuffleboard Club began its fall season with only one substitute among the four teams playing. The experiment of fewer players on a team passed the sufficiency test—no forfeits were necessary. With smaller teams, fewer people had to sit out a game. Only six players for each team play at a time.

Eleven new members played for the season opener. As the competition began to wind down, most reported they had a fun time. However, it seemed unanimous that winning was more fun than losing.

Team Sally and Team Jack tied the number of games won by their players, 6-6. Team Sally had two all-game winners—veteran players Bob Peterson and Ellie West—plus two teammates, Sally Fowler and newcomer Randi Allen split their games with one win and one loss. Team Jack had a single all-game winner, newcomer Lynn Baidack. Four Team Jack members split their games (won one and lost one): Jack O'Brien, Linda Peters, Susan Clark and Sue Rotter.

Team Karen outpaced Team Rod, winning seven of 12 games.

Team Karen all-game winners were: Sal LaScala, Roger Bennett and Karen Mendon, all veteran players. Newcomer Micki Aiello split her games with one win and one loss and reported that she “loved playing.” Team Rod had one all-game winner, newcomer Sheila Sanfilippo, plus two players who won one game and lost one game: Mark Scott and Sandy Derouin. Derouin, a member of Team Karen, graciously agreed to substitute for Team Rod to avoid a forfeiture.

The Friday morning league played its opening games on Sept. 21. Game results will be in the next LW Weekly.

Open play practice opportunities will continue Monday and Wednesday mornings from 9-11. The club provides all needed equipment. Closed-toe shoes are required as a safety precaution. Anyone interested in knowing more about the game of shuffleboard is invited to attend. Veteran members will be available to provide support to learn the basics of the game.

For more information, call Membership Coordinator Patty Peterson at 562-714-7072.

—Kay Mount

Cribbage Club

Cribbage Club meets each Tuesday in Clubhouse 1. A dollar is collected from each member at the table before play begins. Yearly dues are \$5. Members who come by 12:15 p.m. are assured a place to play. Announcements are shared at 12:25 with games beginning soon after.

Grace Holdaway earned her second star by winning all seven games with a perfect score of 847; Jim Scheiderman, 841, second; Marie McGuire, 833, third; Patti Smith, 832, fourth. Melinda Cowan and Gene Smith each won six out of seven games played without having a winning total.

The club thanks Bob Berry, who continued his birthday celebration by providing cake and ice cream for the group. Carrie Kistner and Candy Meyers assisted by serving



Grace Holdaway earned a second star.

all 50 members present. Melinda Cowan added candy and mixed nuts to the refreshment table.

To learn to play cribbage or hear more about the club, call Marilyn Chelsvig at 562-279-5665.

—Marilyn Chelsvig

Duplicate Bridge Club

The Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

Sept. 11 winners (seven tables): Bud Parish and Carol Murakoshi, and Sibyl Smith and Diane Schmitz, north/south; Howard Small and Judi Orloff, and Thad Mikols and Glenn Barry, east/west.

Sept. 14 winners (four tables): Sibyl Smith and Al Appel, Larry Slutsky and Adair Paul, and Norma Krueger and Lavonne McQuilkin, north/south; Bud Parish and Sue Fardette, and Mark Singer and Ellen Kice, east/west.

Sept. 15 winners (seven tables): Carol Murakoshi and Lavonne McQuilkin, and Sibyl Smith and Diane Schmitz, north/south; Judy Jones and Al Appel, and Bill Brooks and April Berg, east/west.

The club congratulates all the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at www.acblunit557.org and click on Leisure World Results.

For more information, contact John Markovich at 562-661-0502 or by email at cdrjjm@yahoo.com.

—John Markovich



The Pickleball Players Club invites residents to join them at the courts for play.

PICKLEBALL

Club players take top honors

The Pickleball Players Club is proud to announce that its players took top honors Sept. 18 at the Golden West College monthly tournament.

In other news, free LW pickleball lessons will now be conducted by Jim Thomason at 10:30 a.m. every fourth Tuesday of the month. For more information contact lwsb-pickleballclub@gmail.com.

Private lessons can also be scheduled with the club's pro pickleball coach Barry Chittem at 747-777-0724.

—Jiliann Sosa



Mexican train dominoes central station in play.

Mexican Train Dominoes Club

The Mexican Train Dominoes Club meets every Thursday at 5:30 p.m. in Clubhouse 3, Room 4.

The object of the game is for a player to play all the tiles from his or her hand onto one or more trains emanating from a central station.



GRF Security Director Victor Rocha speaks to the Table Tennis Club at the Sept. 16 gathering.

Table Tennis Club

The Table Tennis Club had a dinner gathering on Sept. 16 in the Hospitality Center at Clubhouse 6. The club invited Victor Rocha, GRF security director, who explained the new gate access system and held a question and answer session. It was a valuable time for the members.

The club plans to have its last gathering of the year on Dec. 9. For more information, contact club president K.C. Park at park.keeichul@sbcglobal.net.

—K.C. Park

Pool League

In Monday pool league action on Sept. 18, the Renegades edged the Rustlers 7-6 to hold a slim one point lead over the Cue Commanders, with a record of 16 wins and 10 losses. Ken Harpham and Guta Basner each had four wins for the Renegades.

The Cue Crew beat Joker's Wild 8-5. The Cue Crew won five of the six doubles matches. Brian Burke led the Cue Crew with five wins and teammates Bruce Pettys and Linda Patton contributed to the team effort, with four wins each.

The Cue Commandos moved into second place with an 8-5 win over the Sharp Shooters. Roy Mittlestead led the Cue Commandos with six wins. Mittlestead's only loss was his eight ball singles match.

For the second week of the Wednesday pool league, the six teams are all very close. The Stevenators, Vader's Raiders and The X Factor are tied for the lead with 14 wins and 12 losses. Hots Sticks is in last place, but are only three games behind the leaders.

The Stevenators beat Hot Sticks 9-4 by winning five of the six singles matches. John Burns and Milly Larsen of the Stevenators each won five matches.

Vader's Raiders beat Right on Cue 8-5. John Barth, Vader's Raiders "B" player, won six matches, losing only his nine ball singles match.

The Favorites squeaked out a 7-6 win over the X Factor. Dave Mackinder, the "B" player for the Favorites, won six games and made the eight ball on a bank shot to break a six all tie. In the game of pool there's no such thing as an easy bank shot.

The LW Pool Club dues for the year, which runs from October 2023 to October 2024, are \$10. For more information, contact Steve Edrich at 714-980-3665.

—Dave Silva

Hey Sports and Games Clubs:

Do you want to see your club represented in LW Weekly? Are you looking for new members? Let them know you're here. Club presidents: email paulk@lwsb.com to get things going.



Lem Hall held the winning hand on Sept. 16.

Tournament Poker

The Tournament Poker Club invites players to a fun and friendly game of Texas Hold ‘Em for a \$5 buy-in. The next Saturday tournament will be Oct. 7. Regular tournaments are on the first three Saturdays of every month in the lobby of Clubhouse 6. Registration begins at 10 a.m. Treats and coffee will be available. Cards are in the air at 10:30. There is no late seating.

During Sept. 16 play, the player with the two highest hands of the day was Lem Hall. He had two four of a kind hands: K-K-K-K-Q and 7-7-7-7-K. By playing and winning with the promotional hand of 10-2, Terrie Gonzalez won the prize.

The final table players were: Lem Hall, first place; Bob Konier, second; Glenn Evenson, third; Guta Basner, fourth. This group played a great game right up until the heads up play between Hall and Konier. Holding A-10, Konier went all in before the flop and Hall called with A-K. The flop came A-8-3 giving both players with a pair of aces, but gave Hall two pairs A’s and K’s. Konier’s only hope was to see two 10’s on the remaining streets. Neither the turn card (8), nor the river card (3) was any help, and Hall’s two pair was the winning hand.

Hall has lived in Leisure World for 17 years and has been a member of the club for so long he doesn’t remember how many years. This was his 10th final table win. In addition to tournament poker, Hall also enjoys playing Omaha poker here in Leisure World, and he’s a tough competitor in that game as well.

For club information, email Deborah Barner at deborah-barner7@gmail.com.

—Deborah Barner

Monday Night Bunco Club

Bunco is an easy dice game and a lot of fun. The Monday Night Bunco Club meets the second and fourth Mondays of every month in Clubhouse 3, Room 1. Play begins at 6 p.m. sharp. All Leisure World residents and their guests are welcome. There is a halftime social to meet with friends and neighbors.

For more information, contact Katie Carmagnola at 925-413-7583.

Guys and Gals Golf Tournament

The next Guys and Gals tournament will be on Oct. 18. As the event is during Breast Cancer Awareness Month, it is requested that everyone wear pink in support.

The September Guys and Gals tournament was played on Sept. 20 at the Turtle Lake Golf Course. It was a beautiful morning with sunny skies, comfortable temperatures and high humidity. Teams of various skilled golfers of one man and one woman vied for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot radius are rewarded), and two closest-to-the-pin challenges.

A total of 34 teams (68 players) teed off and played 18 holes. Fairways remain in good condition and the weeds on the greens are reduced every week. Unfortunately, the tee boxes are reverting back to their early spring chewed up conditions as there wasn’t seed in the divot fix bottles for numerous weeks.

Overall scores were very good with 31 of 34 rounds net at or under par. Low gross score of 49 (five under) was Pat Paternoster and Linda Herman. In addition, the lowest net score for the round was a tie between Young and Hae Lee, and Mark Rice and Patty Littrell at 10 under 44. There were 26 rounds at net 50 or below.

All scores below are net—gross score minus handicap.

A flight winners (handicaps of 0-8): Young and Hae Lee, first place; Pat Paternoster

and Linda Herman, second; tie between Dong and Devora Kim, Bob and Janice Turner, and Bill Lyons and Yasmin Merali, third; Gene Archambault and Mary Ann Moore, fourth.

B flight winners (handicaps of 10-12): Mark Rice and Patty Littrell, first place; Tom Owens and Judi Ornoff, second; Glenn Barry and Karen Mendon, third; tie between Dave LaCascia and Liz Meripol, Mike Mayfield and Nancy Tye, fourth; tie between Alan Sewell and Patty Smith, Dennis McMonigle and Bert Thompson, Hyon Shin and Sang An, and Jae H. and Sun Lee, fifth.

C flight winners (handicaps of 13-18): Steve Walker and Emiko Uchiyama, first place; tie between Bill Zurn and Neve Senske, Ron Jackson and Dale Quinn, Lee Broadbent and Joann Lim, and Roger and Sue Elliot, second.

Closest to the pin on the eighth hole was Bob Turner and Jane Song. Closest on the 17th hole was Marv Jones and Yasmin Merali. There were nine circle hole winners with 68 birdies, an average of two per team.

The men’s tournament is played every second and fourth Wednesday of each month. Those who had planned to play in any tournament and cannot should contact Alan Sewell at 541-324-8558, Scott Tuchfarber at 909-684-0426, or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 10-15 minutes prior to scheduled tee time and be ready to play.

—Dave LaCascia

LW Women’s Golf Club

The Women’s Golf Club tournament on Sept. 19 had 46 golfers participating. It was also the second and last week of the President’s Cup. The players competed for low gross, low net and putts.

A flight winners: Low gross: Linda Herman and Devora Kim, 28; low net: Sandy Kim and Janice Turner, 25, with 13 putts each. Herman had 13 putts.

B flight winners: Low gross: Karen Mendon and Marilyn Hewitt, 31; low net: Veronica Chang, 25. Bert Thompson, Pam Krug and Eulia Kim each had 13 putts.

C flight winners: Low gross: Vivian Ceballos, Dale Quinn and Cecilia Han, 36; low gross: Joann Lim and Kay Hong, 28. Quinn had 13 putts.

D flight winners: Low gross: Judi Ornoff, 33; low net: Liz Meripol, 22. Emiko Uchiyama had 13 putts.

Anyone interested in joining the Women’s Golf Club can obtain an application from the golf course starter or contact club Treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol



The Turtle Lake Golf Course is a 1,658-yard, 18-hole par-54 course located within Leisure World off Golden Rain Road. And yes, there are turtles and a lake.

Pinochle Club

The Pinochle Club meets on Mondays, Thursdays and Saturdays in Clubhouse 1 from noon to 4 p.m.

For more information, contact Antonia Zupancich at 760-427-2731 or antonia9543@sbcglobal.net.

Yahtzee Club

The objective of Yahtzee is to score points by rolling five dice to make certain combinations. The Yahtzee Club meets the first, third and fifth Fridays of each month at 1 p.m. in Clubhouse 3, Room 6. The next meeting is Sept. 29.

Sept. 15 winners: Diane Seeger, most Yahtzee’s; Pat Farrell, high score; Pat Wilson, low score; door prize went to Mary Milhone.

For more information, contact Diane Seeger at 562-533-5997.



Game Room

The game room in Clubhouse 2 offers a variety of free play options, including video games. Tables are also available for those who bring a pack of cards or board game. A room for pool is adjacent.

LW Weekly newspapers for people who are hearing or vision impaired are available at www.lwweekly.com

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HEALTH & FITNESS

Learn weight loss tips with Wa-Rite every Friday in CH 3

Wa-Rite Club members lost a total of 17 pounds the week ending Sept. 15. Denise Stabile earned a top loser title by losing 4 pounds. She attributed her achievement to the panic of backsliding the week before, which was also a topic of the presentation that week. Backsliding, or regaining lost weight, is a frustrating issue many people struggle with when trying to lose weight.

One member spoke of the weight loss struggles that many can relate to, from losing discipline and faith in yourself to making decisions that can trigger old patterns allowing the weight to come back. She postulated that the fight to stay healthy happens as much in people's heads as in their bodies.

The club also discussed collecting and sharing recipes and products that individual members have favored over the years.

Women interested in better health, more energy and some light-hearted camaraderie are enthusiastically welcome to attend up to three meetings for free before joining.

Wa-Rite meets every Friday in Clubhouse 3, Room 1. Weigh-ins are from 8:15-8:45 a.m. The meetings are from 9-10 a.m. Annual membership fee is \$10. Weekly dues are 10 cents.



Wa-Rite's top loser of the week, Denise Stabile

LW BICYCLE GROUP



LW Bicycle Group members Donna Hughes (l-r), Leslie Phair, Mary Romero and Lucy Cyza enjoyed happy hour at Jade Restaurant in Long Beach. The group meets for breakfast and a ride to El Dorado Park on Sundays, and on Mondays, Wednesdays and Fridays at the North Gate at 9 a.m. Helmets and safe shoes are required. For more information, call Mary Romero at 562-810-4266 or Lucy Czra at 818-209-5075.

Optum HCC annual flu clinic returns on Oct. 6

The Optum Health Care Center will hold a flu clinic on Friday, Oct. 6, from 8 a.m.-3 p.m. in Clubhouse 6. To help with traffic, each Mutual has been assigned a designated time slot. Short-sleeved or sleeveless shirts are recommended.

People will not have to pay a copay for the flu shot if they have Original Medicare and are not Medicare Advantage patients. People will have to pay cash for their flu shots if they are Medicare Advantage patient and their insurance card doesn't have Optum Care Network-Monarch on it.

Many pharmacies are now offering the flu shot. People can check with their doctor's office to find out what locations are available.

Flu shots will cost \$40 for the regular adult dose and \$65 for the high dose for high-risk individuals at the HCC clinic.

For more information about Optum's flu clinic, call 562-493-9581, TTY 711.

Mutual	Appt. start time	Appt. end time
Mutual 1	12:30 p.m.	1:15 p.m.
Mutual 2	11 a.m.	11:45 a.m.
Mutual 3	9:30 a.m.	10:15 a.m.
Mutual 4	1:15 p.m.	2 p.m.
Mutual 5	9:30 a.m.	10:15 a.m.
Mutual 6	8:45 a.m.	9:30 a.m.
Mutual 7	8:45 a.m.	9:30 a.m.
Mutual 8	8 a.m.	8:45 a.m.
Mutual 9	8 a.m.	8:45 a.m.
Mutual 10	11:45 a.m.	12:30 p.m.
Mutual 11	1:15 p.m.	2 p.m.
Mutual 12	10:15 a.m.	11 a.m.
Mutual 14	11:45 a.m.	12:30 p.m.
Mutual 15	10:15 a.m.	11 a.m.
Mutual 16	11 a.m.	11:45 a.m.
Mutual 17	12:30 p.m.	1:15 p.m.
Missed appointments	2 p.m.	3 p.m.

Dental Services for Retired Veterans

For the tenth consecutive year, Dr. Seza Barsamian's Los Alamitos dental office will offer annual free dental services for retired veterans in honor of Veterans Day.

Retired veterans will get their annual dental checkup, X-rays and regular dental cleaning at no cost on Thursday, Nov. 9, at Seza Barsamian, DDS, Inc., 4022 Katella Ave., Suite 206, Los Alamitos, 90720.

Call in advance to schedule an appointment with Dr. Barsamian at 562-596-4439. Office hours are from 9 a.m.-5 p.m.

Dr. Barsamian said: "We love our veterans and where there is love, there is always an opportunity to serve. Thank you all for your service."

—Dr. Seza Barsamian

Make a difference in Leisure World community as AlzOC navigator

Alzheimer's OC (AlzOC) is seeking a compassionate and skilled individual who desires to make a difference in the lives of those living with cognitive loss, and work part-time as a care team navigator in Leisure World.

The care team navigator (CTN or navigator) will be a core member of the Leisure World Seal Beach Memory Support Team (MST) offered by AlzOC. The MST is an education and care coordination program with a goal to improve the health and well-being of people living with memory concerns, as well as to decrease unnecessary medical costs.

The heart of this care team is the navigator. The navigator, in partnership with the AlzOC clinical team, will provide a variety of services offered by AlzOC. Those services include:

- Assessing people with cognitive decline and working together to develop a plan of care.
- Providing education and support concerning memory loss and what to expect.
- Screening for unmet care needs including clinical or medication issues, behavioral issues, safety risks, and psychosocial well-being.
- Guiding families through the process of advance care planning.
- Providing connections to local community services.

The navigator will be the primary point of contact for participants and their families enrolled in the program and help collaborate with their health care providers under direct supervision and guidance of the AlzOC multidisciplinary clinical team.

People are encouraged to visit <https://www.alzoc.org/about/employment-opportunities/> for complete job description and submit a cover letter and resume to alzoc.hr@gmail.com.

For more information, call Project Manager Tarah McNulty at

Physical literacy and fall prevention workshop Oct. 11

Everyone is welcome to attend physical literacy and fall prevention workshops with Reneu Health on the first Wednesdays from 11 a.m.-noon, in the Optum HCC Large Conference Room. The next meeting is Oct. 11.

This interactive hybrid style seminar presented by the Clinical Kinesiologist Christel Mitrovich from Reneu Health provides a lecture and exercise demonstrations on how to prevent falls, increase strength, improve balance, and reduce

pain and risk of injury.

For more information, call Robann Arshat, GRF member resources liaison, at 562-431-6586, ext. 317, or email robertaa@lwsb.com, or Christel Mitrovich at Christel@renue-health.com.

Osteoporosis causes, signs and prevention

Osteoporosis is a disease that causes weak bones that break easily. People who smoke, have a low body weight, family members with osteoporosis, do not get enough exercise, drink alcohol (more than three drinks a day) and take certain medicines for seizures or steroids, and women over 50 are more likely to get it.

There is no cure for osteoporosis, but there are things to

slow it down and tests to detect it early, such as X-rays, spine, hip or wrist exams, and ultrasounds.

Prescription medications in the form of a pill, a patch, or injection can slow bone loss. A primary care physician can offer other drugs and will advise to monitor possible side effects and interactions with other medications.

Dietary supplements includ-

ing vitamins, powders, energy bars and herbs may assist in progression of osteoporosis.

Lifestyle changes such as physical exercise, walking, quitting smoking, limiting alcohol and getting enough calcium and vitamin D may also lower the risk for osteoporosis.

For more information on women's health, visit www.fda.gov/womens.

KSHCC



The Korean Senior Health Club Class (KSHCC) meets on Thursdays at 1 p.m. in Clubhouse 3, Room 4. Members have fun dancing to the rhythms of traditional Korean and pop songs, and learning about health from the club’s guest speakers. Everyone is welcome. For more information, contact Lisa Kim at 562-716-2010 or 714-713-0905.

Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon.

It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

Thursday, Sept. 28

Cream of spinach soup with sugar-free crackers, tarragon chicken salad with yogurt dressing, lemony orzo salad, and mandarin oranges.

Friday, Sept. 29

Pork tenderloin, creamy mushroom sauce, rice pilaf, mixed vegetables, whole wheat dinner roll with Smart Balance, and sugar-free cookie.

Monday, Oct. 2

Cream of spinach soup with sugar-free crackers, tarragon chicken salad with yogurt dressing, lemony orzo salad, and mandarin orange.

Tuesday, Oct. 3

Mexican beef cocido, cubed beef soup with vegetables, corn, tortilla, salsa, and sugar-free fruited gelatin.

Wednesday, Oct. 4

Ground turkey Bolognese, bow tie pasta, Italian vegetable blend, whole wheat dinner roll with Smart Balance, Parmesan cheese, and tropical fruit mix.



Joyful Line Dance members enjoy each other’s company and learning new dances.

Joyful Line Dance grows its membership in fun and inclusive atmosphere

Joyful Line Dance Club meets on Thursdays in Clubhouse 2 from 10:30 a.m.-12:30 p.m. The club’s membership has grown since its move to Clubhouse 2. More dances were added to the program to keep the members engaged—lonely drum, and Papa and Jim Reeves waltz, led by Karen Kei and Sunny Kim.

The club has many leaders who take turns teaching the class. They are Albert and Gladys Comia, Chung Cha Lewis, George

Pinada, Carmel Atkinson, Sunny Kim, Ginna Paik, Elizabeth Kim, Nak Soo Kim, Karen Kei, and Anna Derby. Each leader steps on stage to demonstrate the dance for beginners to learn before the music goes on. The club offers LWers the opportunity to have fun and meet new people while exercising and learning new dances. Membership fees apply. Dancing or exercise shoes are required. For more information, text Anna Derby at 562-301-5339.

Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie.

Dues are 99 cents per year. For more information, call President Tom Pontac at 562-304-0880.

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, Sept. 28

Garlic butter fish, barley pilaf, creamed corn, zucchini with tomatoes, banana, roast beef and cheese sandwich with spinach, tomato and pickle, cucumber, red onion, and tomato salad.

Friday, Sept. 29

Beef curry, rice pilaf, oriental vegetables, seasoned corn, cantaloupe, turkey and ham Cobb salad with egg, tomato, bacon, blue cheese dressing, and crackers.

Free Covid-19 tests are now available for home delivery

Every U.S. household can now place an order to receive four free Covid-19 rapid tests delivered directly to their home.

Rapid antigen at-home tests (not PCR) can be taken at home or other locations; give results within 30 minutes (no lab drop-off required); can be used for testing with or without symptoms present; and regardless the vaccination status. Those tests are also referred to as self-tests or over-the-counter (OTC) tests.

For more information or to place an order, visit www.covid.gov/tests.

Health Tip

As people age, they naturally lose muscle mass, so it’s important to strength train to stay healthy and strong. If there’s only time for one exercise, do a set of squats, experts say.

Squats strengthen all of the muscle groups in legs, including the calves, quadriceps, hamstrings and glutes, as well as muscles in the lower back and core muscles.

Those muscles provide the foundation for most activities of daily living, such as climbing a set of stairs and simply standing up from a chair.

Grief Support Group

Pathways provides a free grief support group for LW residents on Wednesdays from 2-3:30 p.m. in the Optum HCC Conference Room. People who want to learn more about the grief process can call Tammie Ottenad at 562-531-3031 for a preliminary screening.

For more information, call GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

Need help? 24-Hour Nurse:
562-795-6216

WARNING SIGNS OF SUICIDE:

The behaviors listed below may be some of the signs that someone is thinking about suicide.

TALKING ABOUT:

- Wanting to die
- Great guilt or shame
- Being a burden to others

FEELING:

- Empty, hopeless, trapped, or having no reason to live
- Extremely sad, more anxious, agitated, or full of rage
- Unbearable emotional or physical pain

CHANGING BEHAVIOR, SUCH AS:

- Making a plan or researching ways to die
- Withdrawing from friends, saying goodbye, giving away important items, or making a will
- Taking dangerous risks such as driving extremely fast
- Displaying extreme mood swings
- Eating or sleeping more or less
- Using drugs or alcohol more often

If these warning signs apply to you or someone you know, get help as soon as possible, particularly if the behavior is new or has increased recently.

988 Suicide & Crisis Lifeline
Call or text 988
Chat at 988lifeline.org

Crisis Text Line
Text "HELLO" to 741741



NIMH National Institute of Mental Health

nimh.nih.gov/suicideprevention

COMMUNITY

SBTV-3 Listings

SBTV-3 airs 24/7 on TWC Spectrum Channel 3, Frontier Fios Channel 37.

For the Roku channel go to <http://roku.streamsource.tv/add/sbtv> Playback schedule available each week in LW Weekly.

Thursday, Sept. 28
4 pm Studio Cafe
4:30 pm Pizza at the Hospitality Room
5 pm Hip to Be Square
7 pm LW Orchestra
8 pm Stone Soul Band
10 pm Aliens Walk Among Us
10:30 pm Mystery at the Theater
11 pm On Q

Friday, Sept. 29
4 pm On Q
5 pm Harvest Moon
6:30 pm Head Master
7 pm Neil Diamond Tribute Band
8:30 pm Studio Cafe
9 pm Albuquerque Balloon Fiesta
9:30 pm LW Lapidary Club
10 pm Korean Nights
11:30 pm Road Trip

Saturday, Sept. 30
4 pm Always Tina Tribute Band
5:30 pm LW Orchestra
6:30 pm Studio Cafe
7 pm LAUSD Meeting Replay
8 pm Harvest Moon
9:30 pm Mystery at the Theater
10 pm Neil Diamond Tribute Band
11:30 pm Space Shuttle History

Sunday, Oct. 1
4 pm Sept. 25 Seal Beach City Council - REPLAY
5 pm Hip to Be Square
6:30 pm Studio Cafe
7 pm LW Orchestra
8 pm Hui O Hula
9 pm Seal Beach Public Safety Awards
10:30 pm Road Trip
11 pm Long Beach Dragon Boat Race/Long Beach Dragon Boat Festival
11:30 pm Seal Beach Car Show

Monday, Oct. 2
4 pm Harvest Moon
6 pm On Q
7 pm Seal Beach Planning Commission LIVE
9 pm Road Trip
9:30 pm Korean Nights
11 pm Long Beach Dragon Boat Race/Long Beach Dragon Boat Festival
11:30 pm Bob Cole Conservancy

Tuesday, Oct. 3
4 pm Space Shuttle History/Canadian Rockies
5 pm Heidi Cortese Speaks
6 pm Black N White Knights Band
7 pm On Q

SBTV, page 14

The LW Weekly
562-430-0534

American Legion Auxiliary

Join the American Legion Auxiliary this Sunday, Oct. 1, for a game of bingo. It's a win-win opportunity for residents where not only will they have fun playing bingo, but the funds will support local veterans and their families.

The club thanks GRF Security Director Victor Rocha for joining the last meeting and answering all questions about the new RFID tags.

The club will host a bake sale at the Oct. 6 flu clinic. There will be an assortment of homemade treats plus patriotic jewelry and scarves, for sale.

Those who need to replace their old and tattered American flags can drop them off at the Library to be disposed of properly in a dignified manner.

—Dianne Hart



American Legion Auxiliary members meet under the flags at Veterans Plaza.

Humanist Association

The Leisure World Humanist Association will meet on Sunday, Oct. 1, in Clubhouse 3, Room 1, at 10:30 a.m. In an effort to better understand the important issues that affect people everywhere the group will discuss humans' relationship with other animals. What should that relationship be?

In 1975, the philosopher Peter Singer wrote "Animal Liberation," a book widely regarded as the foundational text on moral treatment of animals. Singer argues that the discrimination against other species simply because they are not human is unethical. He uses the feminist and civil rights movements as comparisons to the fight against speciesism in order to prove the existence of this prejudice. Singer also states that it is, "ignorance, rather than indifference to animals that keeps massive, institutional cruelty to animals in place in the U.S."

Raising livestock for human consumption generates nearly 15% of total greenhouse gas emissions, which is greater than all transportation emissions. It also uses nearly 70% of agricultural land, which is a major cause of deforestation, biodiversity loss and water pollution. Singer, who is a vegetarian, argues that the moral course of action is to reduce suffering in the world.

The group will watch a 30 minute YouTube video reflecting Singer's views on the treatment of animals. There will be a handout and the group will discuss these issues and give opinions. Everyone is welcome to attend.

—Dave Silva

GAF trip to Academy Museum of Motion Pictures waitlist now open

The Sunshine Club's day trip to the Academy Museum of Motion Pictures on Nov. 6 is now sold out. The club has opened a waitlist for those still interested in potentially joining. Those who are interested should text Anna Derby at 562-301-5339 or stop by Clubhouse 3, Room 2, on Fridays before 9:30 a.m. or after 11:15.

Those who have already signed up should stop by the next club meeting to pick up and sign a waiver of liability to return before Oct. 6.

The cost of the trip is \$80, which includes an admission ticket, **WAITLIST, page 16**



Concerned Shareholders

The Concerned Shareholders will host Leisure World's technology expert, Tina Schaffer with Computer Images Plus, at its meeting today, Sept. 28, at 1 p.m. in Clubhouse 3, Room 2.

The main topic of discussion will be learning how to avoid computer and telephone scams.

Schaffer will also discuss other technological information and there will be a time for questions after the presentation. All residents are welcome.

For more information, email Tina@ComputerImagesPlus.com or call 562-755-6199.



Tina Schaffer

SENIORS FOR PEACE

CSULB President Conoley to speak at Oct. 5 meeting

The Seniors For Peace Club will host guest speaker Jane Close Conoley, president of California State University Long Beach, on Oct. 5 at 2 p.m. in Clubhouse 3, Room 9. She will speak about the current rise of book banning and censorship in schools and libraries across the country. Conoley is an esteemed and excellent speaker, and the club hopes to have a large turnout for her.

All LW residents and their guests are invited to attend. Light refreshments will be served.



Jane Close Conoley

Come to the Blessing of the Animals

Holy Family Catholic Church invites residents to attend its Blessing of the Animals event on Wednesday, Oct. 4, at 10:30 a.m. on the church grounds in Leisure World. The event is in honor of the Feast Day of St. Francis of Assisi. Make sure the pets you want to be blessed are on leashes or in carriers.



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MEMORIALCARE MEDICAL GROUP | GREATER NEWPORT PHYSICIANS MEMORIALCARE

Retired Teachers Association

The California Retired Teachers (CalRTA) State Chair Sue Breyer will be the guest speaker at the luncheon for the Retired Teachers Association on Oct. 6, at 11:30 a.m., in Clubhouse 3, Room 9.

Breyer will give a presentation on how scammers specifically target senior citizens. According to the FBI, Americans over the age of 60 lost \$1.7 billion to fraud last year. Older adults are less likely to be tech-savvy and more likely to be home during the day to answer phone calls or reply to emails. In this presentation, Breyer will discuss the types of scams that ensnare seniors and what people can do to stay safe.

Join the association for lunch and learn how to “Be Scam Savvy.” To RSVP for lunch, call Ann Stone at 714-600-6956.



Sue Breyer

SBTV from page 12

8 pm Seal Beach Public Safety Awards
9:30 pm Bee Gees Gold Tribute Band
11:30 pm Cool Blue Jazz

Wednesday, Oct. 4
4 pm Studio Cafe

4:30 pm Long Beach Dragon Boat Race/Long Beach Dragon Boat Festival
5 pm Hui O Hula
6 pm Ukulele Group
7 pm On Q
8 pm Mr. Tambourine Man
10 pm Heidi Cortese Speaks
11 pm Historical Society
*All programming subject to change

Email community stories to laurieb@lwsb.com



The Platters-Live performed for the LW Woman's Club Fundraiser

WOMAN'S CLUB

Club surpasses fundraising goal during '50s dance

The Leisure World Woman's Club Fundraiser on Sept. 16 was a huge success. The theme was back to the '50s. Lots of Pink Ladies and poodle skirts battled it out to see who wore it best. There were no clear winners; they all looked fabulous.

The entertainment was provided by The Platters-Live group. The group was fantastic. If anything can pull a person back to the '50s it's songs such as "The Great Pretender," "Smoke Gets in Your Eyes," "Only You (And You Alone)" and "Twilight Time" among many others. The delicious lunch was catered by Domenico's of Long Beach and featured three different pastas, salad and bread.

The LW Woman's Club thanks everyone who helped make it possible to surpass the goal once again. A lot of thanks go out to vendors and donors who not only sponsored but also donated an amazing array of gifts for the raffle. Also, thanks to all those who attended and had a good time.

The Woman's Club 2023-2024 season starts with the

Tuesday, Oct. 3, meeting in Clubhouse 2, at 1 p.m. There will be a great line-up of entertainers this season, starting with someone new: Kenneith Perrin.

This smooth, velvet-voiced entertainer first hit radio airwaves with his debut album, "It Took So Long." Perrin is best known for his inspirational pop/soul styles and delivering passionate and high energy live shows. Perrin's notable eclectic blend of gospel, pop, soul and dances synergizes its way into the hearts of fans and new listeners alike.

Woman's Club members will also be able to pick up their new membership books from Kathy Russell at this meeting. Those who want to know more about the Woman's Club should call Russell at 949-293-7517.

— Beth Greeley

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Annual flu shot clinic

October 6, 2023

How do I know if I can get my flu shot here?

My primary care doctor works at an Optum clinic.

- You can get your flu shot. There is no copay.

My primary care doctor doesn't work at an Optum clinic.

- If you have Original Medicare and aren't a Medicare Advantage patient, you can get your flu shot. There's no copay.
- If you're a Medicare Advantage patient and your insurance card doesn't say Optum Care Network – Monarch on it, you must pay cash. Or else we can't give you the flu shot. Please call your primary care doctor to find out where you can get the flu shot.
- Many pharmacies are now offering the flu shot. Check with your doctor's office to learn more.
- If you want to pay in cash, the normal adult shot is \$40. The high-amount shot for high-risk individuals is \$65.

What do I need to do before getting my flu shot?

- If you have a fever, cough or shortness of breath before arriving, please call us at **1-562-493-9581, TTY 711**. This will help us determine the best place for you to get care. It also helps keep all our patients and staff safe.
- Bring your picture ID and insurance card.
- Wear a short-sleeve or sleeveless shirt.

Mutual times

Please show up during your mutual's designated time. This helps with traffic.

Mutual	Appointment start time	Appointment end time
Mutuals 8 and 9	8:00 a.m.	8:45 a.m.
Mutuals 6 and 7	8:45 a.m.	9:30 a.m.
Mutuals 3 and 5	9:30 a.m.	10:15 a.m.
Mutuals 12 and 15	10:15 a.m.	11:00 a.m.
Mutuals 2 and 16	11:00 a.m.	11:45 a.m.
Mutuals 10 and 14	11:45 a.m.	12:30 p.m.
Mutuals 1 and 17	12:30 p.m.	1:15 p.m.
Mutuals 4 and 11	1:15 p.m.	2:00 p.m.
Missed appointments	2:00 p.m.	3:00 p.m.



Clubhouse 6
1661 Golden Rain Rd.
Seal Beach, CA 90740



Questions? Give us a call at
1-562-493-9581, TTY 711

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American Latino Club

The American Latino Club will meet on Thursday, Oct. 12, from 11 a.m.–3 p.m. (new time) in Clubhouse 3, Room 2.

This month, the club will serve a delicious Peruvian cuisine. The three lunch choices are: a lomo saltado-sauteed beef mixed with onions, tomatoes and french fries served with white rice; vainita de pollo-sautéed chicken mixed with onions, tomatoes, and green beans served with white rice; or saltado de vegetales-sautéed mix of vegetables served with rice. All entrees come with a cilantro-based chicken soup, dinner roll and aji verde (a mildly spicy green sauce) served on the side. Each meal is \$15 for members and \$17 for guests. No extra lunches will be ordered. There will also be a raffle at the event.

Payment must reach club Treasurer Carmen Edwards by Oct. 9, either by U.S. mail or it can be dropped off at her house at 1240 Oakmont Road, Unit 52-K, Seal Beach, CA. 90740. Make checks payable to the American Latino Club. For more information, call 562-431-4257.

In preparation for Election of Officers for 2024, any members that would like to run for the Board (president, vice president, secretary or treasurer) should sign up at this meeting. Elections will be held at the Nov. 9 meeting. All are welcome.

Community Bingo Games

LWers can join the fun every Sunday in Clubhouse 2 for a few rounds of bingo. Doors open at 1 p.m. and first call is at 1:30. Buy-in starts at \$5 per game. Other table games are available for those who are interested. Refreshments are provided.

Bingo sponsors for each week are:

- First Sunday: American Legion Auxiliary Unit 327
- Second Sunday: American Legion Post 327
- Third Sunday: Filipino Association of Leisure World
- Fourth Sunday: American Legion Post 327
- Fifth Sunday: Filipino Association of Leisure World



LW Birthday



LW Redeemer Lutheran Church's beloved Pastor Gilbert Moore celebrated his 96th birthday on Sept. 18 with 80 friends and family. He was also celebrating 70 years of being ordained as a Lutheran pastor. Redeemer Lutheran was blessed by his service as its pastor for 16 years.

Celebrating a birthday, anniversary or retirement?
Let the LW Weekly celebrate with you!
Email stories to laurieb@lwsb.com
with photos attached as jpegs.

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Leticia Luane Watkins from Mutual 5 (l-r) and Cella Vaccareua signed up with Betty Greeley and Cheryl Falconer.

GAF & RALPHS

Give back to the community

The Ralphs Community Contribution Program, sponsored by Kroger Grocery Stores, is an easy way for Leisure World residents to raise money for the Golden Age Foundation (GAF).

Each Wednesday, GAF board members will be in the Hospitality Room in Clubhouse 6 to assist residents in signing up for the program. After signing up, people can enjoy a cup of coffee and cookie.

In order to sign up for the program, the GAF will ask residents to provide their full name, email and phone number associated with their Ralphs membership. That information will be shredded as soon as the resident is signed up. For more information, text 562-301-5339.

WAITLIST
from page 12

transportation, sandwich, snack, water and driver's gratuity. The pick-up location is in front of the Amphitheater bus terminal, at 8:15 a.m. The group will return before 6 p.m. at the same spot.

No refund will be given after Oct. 6 for cancellation; no exceptions.

For more information, text 562-301-5339; no phone calls.



Lori Hallett

Sunshine Club

Audiologist Lori Hallett will speak at the Sunshine Club’s meeting on Friday, Sept. 29 in Clubhouse 3, Room 2, at 10 a.m.

Hallett is an audiologist and hearing aid dispenser practicing in Los Alamitos, California. Hallett has a master’s degree in Audiology and has been practicing for 25 years.

As a child, Hallett had neighbors who had five children. The parents were deaf and all the children heard normally. Hallett was intrigued with their ability to communicate using American Sign Language and this was the seed that took Hallett on her journey to learn more about hearing loss and the great effect it has on people’s ability to communicate.

Hearing Services West is the name of the hearing clinic that Hallett has owned for 11 years. Her clinic performs hearing evaluations for people of all ages. Hallett prides herself on educating people on their hearing loss and helping them to decide if it’s time to consider hearing aids. Anybody who is 60 or older should have a hearing screening or complete audiological evaluation. People’s ears naturally begin to have a bit of hearing loss in their early 60s; so having a baseline result is a good idea. Her office also helps people with problems with ringing in the ears and balance concerns.

Those who are over 60 and notice difficulties hearing in noisy environments, who already wears hearing aids but doesn’t feel the aids are helping as much as expected or who needs existing hearing aids cleaned, are welcome to join this informative gathering with the Sunshine Club.

All residents are welcome to attend. The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served at the meeting.

People are asked to arrive promptly. Those who are late for the meeting should quietly use the backdoor so as not to disturb the presentation.

For more information, contact Anna Derby at 562-301-5339.

The LW Weekly
562-430-0534



Winners from the Filipino Association of Leisure World’s bingo games.

Filipino Association of Leisure World

The Leisure World bingo games held every Sunday of the month are sponsored by the American Legion, the Woman Auxiliary Club and the Filipino Association of Leisure World in

Clubhouse 2.

The doors open at 1 p.m. and ends approximately at 4:30. This event can help residents release stress and relax their mind on a Sunday afternoon.

Players also meet new people and enjoy the camaraderie of the game. All residents and their friends and neighbors are invited to join the games for a fun Sunday afternoon.

OBITUARIES

Janice Laine
1937- 2023

Janice Laine, a friend to many in Leisure World, passed away on Sept. 6, 2023.

Born in Iowa and raised in Nebraska, she then moved to California. She got her master’s degree and taught at Westminster High School.

Janice, her husband and three children lived in Westminster. After her husband died, she moved into Leisure World. Janice was in many clubs, including the Video Producers Club, where she filmed many of the club’s performances. She also co-taught an improv class, was an avid reader and a member of a book club, and wrote the newsletter for the Seniors for Peace Club.

Janice is survived by her son Rustan Laine; daughter-in-law Joan; daughter Tina Laine; son-in-law, Van; her grandchildren, Chelsee Laine (married to Trevor McClung) Jake Laine and Victoria Laine; her great-grandchildren Lenin McClung and Mordecai Laine.

If you wish to make a donation in Janice’s name donate to Planned Parenthood or Second Harvest of OC.

Obituary Notices *laurieb@lwsb.com*

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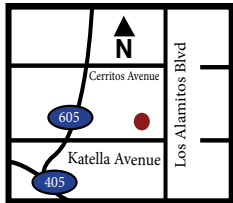
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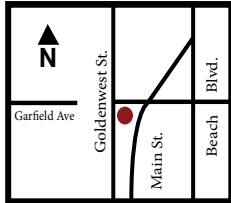
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Be prepared to avoid holiday scams this year

As the holiday season rapidly approaches, it is important to stay vigilant against potential scams that surround the holiday season. AARP lists the following holiday scams as the most popular during the season:

- Charity scams
- Delivery scams
- Shopping/Travel scams

AARP recommends looking out for these warning signs while shopping:

- Huge discounts on hot gift items on social media posts or unfamiliar websites.
- Spelling errors or shoddy grammar on a shopping website or in an email or text.
- An unsolicited email that asks to click on a link or download an app to access a deal or arrange a delivery.
- Pressure from a charity fundraiser to donate right away. Legitimate charities will accept donations on your own timeline.

Thankfully, there are ways to protect against scams:

- Rather than clicking on a link from an email or text to a hot deal, go to the web browser and type in the web address of the company offering said great deal.
- Pay by credit card. This way you can dispute charges and limit the damage if the transaction was fraudulent.
- Buy gifts cards online directly from the issuing business instead of a retail rack, where the cards can be tampered with.

For more information about scams targeting seniors, go to <https://www.aarp.org/money/scams-fraud/>.

ARTS & LEISURE



The Accidentals Quartet

LW Community Church Quartet

The Accidentals Quartet, a barbershop group of young professionals, is back by popular demand and will perform at the Leisure World Community Church on Sunday, Oct. 1, at 3 p.m., sponsored by the LW Theater Club. The performance will get people tapping their feet with uplifting Americana music and the harmonies of yesteryear. This group brings spirit, joy and laughter to every show. The group has performed at the Macy's Day Parade, in Daniel Radcliff's "Miracle Workers," and done voice overs for national ads. Free cookies and lemonade will be provided. There will be a freewill collection taken at the performance to show appreciation for the group's talent.



Jon Pearlstone



Karl Aranjó

PICKLEBALL PLAYERS CLUB

Bob Dylan Tribute at Veterans Plaza

On Sunday, Oct. 1, from 2-3:30 p.m., the Pickleball Players Club presents another Bob Dylan tribute concert at Veterans Plaza. This Dylan tribute show is called "Songs That Defined A Generation" and will be performed as a duo, with Leisure World resident Jon Pearlstone as Bob Dylan and Karl Aranjó as Dylan's famous sidekick Mike Bloomfield, playing lead guitar. The duo will perform some of the most iconic folk and rock music ever written. Pearlstone and Aranjó are both in the Tambourine Man Band Bob Dylan Tribute that plays all over Southern California at venues like the OC Fair, The Coach House and, later this year, Yamaava Casino. The Dylan Tribute show will be outdoors at Veterans Plaza, a great venue with tables, chairs and plenty of shade right next to Clubhouse 3. The show is free—BYO-everything. Donations to the band are accepted and appreciated.

GENEALOGY CLUB

Club library open six days a week

The Genealogy Club's popular Theme Thursdays are held 1:30-2 p.m. in the Genealogy Library in Clubhouse 3, adjacent to the lobby. On Thursday, Sept. 28, the club will follow-up on the Sept. 27 meeting presentation. The Genealogy Library is open Monday through Thursday from 1-4 p.m., closed Friday, and open Saturday and Sunday from 11 a.m. -2 p.m. Volunteers are needed to help at the library or act as substitutes. To volunteer, contact volunteer coordinator Lisa Brass at 714-390-4213 or lisnhow@gmail.com. The Genealogy Library gratefully accepts donations of old computers, office chairs, office supplies and shredders. For more information, call 316-640-8509.

Grab'n' Go Menu Sept. 28-Oct. 4

Thursday: Domino's Pizza at Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads from 3:30-7 p.m. Cash and cards are accepted.

Monday: Kabobaholicin Clubhouse 6—Enjoy chicken or meat kabobs, gyros, falafel, or loaded fries from 3:30-5:30 p.m. See the full menu and place orders at www.kababaholicft.com or text 949-400-4696, and mention LWSB. People can make orders onsite and pay with cash or cards.

Tuesday: Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday: Mad Dumplings Food Truck at Clubhouse 6 parking lot—Try out Asian fusion cuisine from 4-6 p.m.; cards only.

On-call bus service is available from 4:30 p.m.; regular service before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379. Watch LW Live for updates. Sign up for notifications at www.lwsb.com/lw-live-sign-up/. To ask questions or give feedback, email kathytl@lwsb.com.



Linda Herman

Dancers & Mixers Dance

The Dancers & Mixers Club will hold a dance on Tuesday, Oct. 3, from 7-9 p.m. in Clubhouse 4. People can get in the Halloween mood and try out their latest costume ideas. Everyone is welcome to attend. There is never a charge, although donations are welcome. The club has a strong tradition of welcoming newcomers, so partners are not needed. There is always a mixer and some line dancing. Dancers & Mixers features live music by Linda Herman that has a strong danceable beat and is fun to dance to. People should bring their favorite beverages and snacks. The dances are enjoyable and a great chance to meet new people. For more information, call 562-431-1257.



The Long Beach Symphony Orchestra

LONG BEACH SYMPHONY

Group discount tickets available

Jeannie Berro from Mutual 2 is accepting new members into her Long Beach Symphony Orchestra season ticket group, which she's had for about 16 years. Tickets for the upcoming Pops concert five-show subscriptions start at \$80; single tickets start at \$30. Upcoming concerts include:

- Oct. 28: A Beatles Celebration
- Dec. 9: Holiday Swing
- Feb. 3, 2024: Rolling Stones Tribute
- March 23, 2024: Fleetwood Mac Tribute
- May 4, 2024: Disco Fever Dance Party

Contact Jeannie Berro at 562-284-6054 for more information. People should text before calling if possible. Being in a season ticket group offers subscriber-only benefits and offers, early access to events, priority seating, free lost ticket replacement, free flexible ticket exchanges, dining discounts, no per-ticket fees, parking discounts and more. Carpools will be arranged, and ADA seating is available. There is no bus transportation for Pops concerts. People can also save up to 30% off single tickets.

—Jeannie Berro



Composer Giuseppe Verdi

Art History Club

The Art History Club will meet Thursday, Sept. 28, at 1:30 p.m. in Clubhouse 4. The meeting will feature a presentation of Cubist painters and paintings and classical music masterpieces. The musical pieces will include:

- Opera: "Song to the Moon" from Rusalka's "Dvorak"
- Opera: "Are you afraid my face grazes yours?" from Massenet's "Manon"
- Requiem: Verdi's "VII. Libera me, Messa da Requiem"
- Mass: Bruckner's "I. Kyrie, Mass No. 3"

For more information, contact Yun Han Choi at 847-708-4790.



The American Ballet Theatre will perform “The Nutcracker” at the Segerstrom Center for the Arts in Costa Mesa.

RECREATION TRIPS

Winter Sawdust Festival and Nutcracker tickets on sale now

The highly anticipated end-of-year trips to the Winter Sawdust Festival and “The Nutcracker” will go on sale at the Recreation Department beginning Monday, Oct. 2.

Tickets will be sold on a first-come, first-served basis. Residents interested in attending are encouraged to come into the Recreation Department in Building 5 to make their purchase since an online option will not be available.

The Sawdust Art Festival: Winter Fantasy occurs for five magical weekends as a one-of-a-kind holiday art and crafts jubilee, which showcases over 180 artisans with original handcrafted artwork. According to its website, the enchanting outdoor winter wonderland includes art mediums of glass, ceramics, jewelry, clothing, textiles, photography, mixed media and more. Live music is also available every hour on the hour, as well as two separate restaurant venues that residents can enjoy. The trip will take place on Friday, Nov. 17, and tickets are \$36.

The jaw-dropping “Nutcracker” returns to the Segerstrom Center for the Arts in Costa Mesa, and Recreation is making an evening out of it on Wednesday, Dec. 13. American Ballet Theatre’s critically acclaimed production of superstar dancers, gorgeous costumes, set and the Pacific Symphony is a perfect holiday memory for individuals and their families.

Segerstrom describes “The Nutcracker” as a story of a girl named Clara who receives the gift of a nutcracker doll at a family’s Christmas party. That night, she dreams of her nutcracker doll as a prince who travels with her to new lands with unusual characters like an army mouse, waltzing flowers and more. The production embodies over 100 performers, and Recreation has secured orchestra seats for just \$55.

RECREATION

Fall Festival returns in October

The GRF Fall Festival will be held Saturday, Oct. 14, from 10 a.m.-1 p.m. at Clubhouse 6.

The LW Community Emergency Response Team (CERT) Club, in conjunction with the Security Department and several safety groups and vendors, will demonstrate emergency preparedness products and services.

A variety of noshes will be offered by Koffel’s food truck at modest prices, including a special taco grill. The Theater Club will offer complimentary face painting for the young at heart.

Shuttle service will be available from the Clubhouse 4 parking lot. People are encouraged to park and ride.

Stone Soul, which brought down the house at the Amphitheater this season, will perform at the event. It is an eight-piece, horn-blowing, foot-stomping classic soul and Motown tribute band that has built a reputation as one of the hardest-working, most entertaining bands in the genre.

With their snazzy suits and spot-on renditions of memorable soul and Motown hits, the band will have people dancing The Jerk, The Mashed Potatoes and The Twist to smash hits from Smokey Robinson, The Temptations, Stevie Wonder, The Four Tops, Otis Redding, James Brown and more.

For more information, contact mayokab@lwsb.com.

GRF DANCES

Enjoy a country rock Halloween dance in October

Big band swing and jazz on Oct. 1

The Velvetones Ballroom Dance Orchestra is Leisure World’s own professional big band, playing big band swing and jazz standards—music for dreaming and dancing.

The band is back in action on Sunday, Oct. 1 from 6-9 p.m. in Clubhouse 4. The Velvetones play regularly at Clubhouse 4 on the first and third Sunday evenings.

Classic rock, pop and Motown on Oct. 21

Cabaret Entertainers presents Vinyl Rock Saturday, Oct. 21, in Clubhouse 4 at 7 p.m. All are welcome but guests must be accompanied by the resident who invites them.

Vinyl Rock is an Orange County-based band consisting of eight members who passionately perform classic rock, pop and Motown tunes primarily from the ‘60s, ‘70s and ‘80s.

The band keeps the audience engaged, inviting them to



participate in sing-alongs and mingling with them on the dance floor. They’ll have everyone smiling, singing, swinging and swaying to the songs they grew up listening to and easily recognize.

The dance is free to GRF members and their guests (over 18). Leisure suits, Fu Manchu ‘staches, mullets and big hair are welcome, but not required.

Country rock Halloween party on Oct. 31

Abilene will be host its annual Halloween dance on Monday, Oct. 31, in Clubhouse 2 at 7 p.m., instead of the fourth Saturday. Costumes are optional, but don’t

be late as it’s sure to be a packed house.

Abilene is Seal Beach Leisure World’s No. 1 country rock band going strong for 20-plus years. Doors open at 6:30 p.m. and the music goes until 9.

Rules for GRF dances

- No table saving. People may bring their own snacks.
- Attendees must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to tear down the setup and arrange the setup for the following day (except New Year’s Eve).
- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.
- Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of peoples’ favorite bands.



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The Friends of the Library is selling seasonal decorations for fall. The sales benefit the LW Library.



People can decorate their homes with Halloween decor from the Friends of the Library Bookstore.

Kick off the fall season with new decor from Friends of the Library

Some say that California doesn't have seasons, but fall definitely arrived with light showers and cooler temperatures, coinciding with the new fall boutique at the Friends of the Library. People can stop by and check out the displays of all kinds of decorative items to enhance the home. People can also bring in their own pieces to donate for someone else to enjoy.

The Friends of the Library (FOTL) is a part of an informal giving circle in which the items you donate are sold to others and the profits go to support the LW Library, which enhances their services.

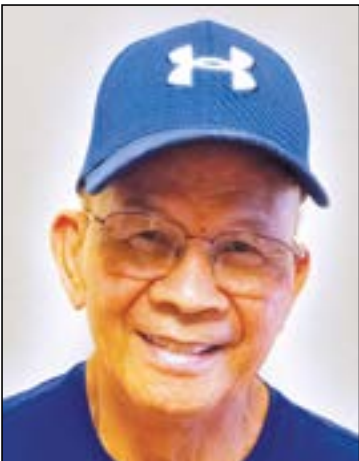
So far this year, FOTL has donated \$17,500 to the LW Library and another \$5,000 will be given in October. The LW Library uses the money to purchase new books and supplies, and in turn, donates excess and used books and puzzles to FOTL for sales.

Some have inquired if FOTL takes cash donations and the answer is yes. The FOTL is a 501(c) (3) organization so donations are tax deductible and tax forms are available. Inquire at the desk.

None of this would be possible without a large corps of dedicated volunteers who diligently process donations, be it books or decorative items. They price and clean them as needed, shelve items, and assist customers with purchases. No one at the FOTL receives a salary or even a discount on purchases so all the profits can continue to circulate around LW.

The FOTL thanks residents for their positive response to the FOTL DVD sale. DVDs will now return to the regular price of \$1 per disc.

—Patricia Kruger



Gerry Tagaloa

Community Karaoke

The karaoke night on Sept. 20 was full of high energy. Folks couldn't stop grinning and dancing as the club's karaoke singers roused the audience with catchy tunes.

Setting the tone for the evening was Richard Yokomi's "Sugar Pie Honey Bunch." Karen Morris kept the pace with the country hit "Try a Little Kindness." Shannon Harrison rocked with "Lollipop." Anna Lee and Elizabeth Butterfield had fun with "Dancing Queen." Gerry Tagaloa serenaded Velma singing "You Look Wonderful Tonight." Bruce Lee awed the audience with "Starry Starry Night," as did Susan Kelleghan with "Memory" from Cats. The late crowd gathered for a group song, "California Dreaming."

People can join the fun each Wednesday night from 5:30-9:30 in Clubhouse 1.

The evening quickly becomes a buzzing room of folks becoming friends in this atmosphere of singing. Everyone is welcome.

—Margie Thompson

Leisure Time Dancers

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. West Coast swing is at 2 p.m., followed by foxtrot at 3.

No partner is necessary. The class will rotate so everyone dances. Beginners are welcome. A review of basics will be included.

The cost is \$7 per person for one class and \$11 per person for two classes in a single day. For more information, contact Leisure Time Dancers President Jackie Theis at 310-743-9373.

Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6.

In September, Candis Davis will teach cha-cha at 9 a.m., followed by waltz at 10.

The class participants vote on new dance topics every month. Each class is \$7 per person. Partners are not required.

For more information, contact President Howard Small at 516-659-3314.

—Howard Small

ART LEAGUE



Leisure World resident and Art League member Alice Sioson (r) won a special award at the recently concluded 2023 Cypress Art League Autumn Art Show on Sept. 17. Pictured above with Alice is Pat Edep (l), Cypress Art League president. The art show attracted 270 entries and was held in Cypress Community Center in coordination with the City of Cypress. Winning entries can be viewed at the Community Center until Oct. 17.



Linda Frysinger (l) was the raffle winner at the LW Art League meeting on Sept. 12. The prize was donated by Hillary Norcliffe (r), the guest demonstration artist at the meeting. Frysinger also won first place in the art competition at the meeting under the 3D/craft category. The next Art League meeting is Oct. 10.

LIVE PERFORMANCE

Los Alamitos High School Choir

The Los Alamitos High School Choir will perform its Broadway music show "Feel the Light" at the Los Alamitos High School Performing Arts Center, 3591 W. Cerritos Ave, Los Alamitos, 90720.

This year's show will journey through a series of musicals that highlight the unity music brings throughout the world. Tickets are \$20 per person.

The Los Alamitos High School Choir consists of seven show choirs that perform four concerts a school year and compete against Southern California schools and at the national level. The choir strives to achieve the highest level of choral excellence with a program designed to celebrate diversity of talent, creativity and musicianship.

The dedication of their directing team, David Moellenkamp and Moana Dherlin, inspires students to develop dynamic performances through their artistry and showmanship. Los Alamitos choirs have been named grand champions over 175 times, including 17 national grand championship titles.

Performances will be held Sept. 28-30 at 7 p.m., and Sept. 30 at 2 p.m. To purchase tickets to "Feel the Light," go online to bit.ly/losalchoir-tix.

International City Theater

Just in time for Halloween, International City Theatre presents "Deathtrap," the Tony-nominated, gasp-inducing comedy thriller by master of suspense Ira Levin (Rosemary's Baby, The Stepford Wives). Jamie Torcellini directs for a three-week run, Oct. 20-Nov. 5 (\$49-55) at 8 p.m. Two low-priced previews take place Oct. 18 and Oct. 19 at 8 p.m. (\$37).

International City Theatre is located in the Long Beach Convention & Entertainment Center at 330 East Seaside Way, Long Beach, CA 90802.

For more information or to purchase tickets, call 562-436-4610 or visit www.InternationalCityTheatre.org.

AMENITY UPDATE

What’s up with Recreation?

by Kathy Thayer
GRF Recreation Manager

There is some misunderstanding surrounding the Clubhouse 4 piano, including why it was replaced and how to access the new electronic piano that is now available.

Some residents have publicly contended that the piano was purchased for one resident, a concert pianist who occasionally performs in LW. This is incorrect.

Among the clubs that regularly use the piano—and supported the replacement of the damaged one—are the Velvetones, the LW Orchestra, LW Baptist Church, the Korean American Association, Korean Veterans Association and various performing arts clubs.

The Recreation Department regularly has GRF pianos professionally tuned, and it was determined by the tuner that the old piano was irreparably damaged in a fall, and, while playable, it could not be further restored.

Once the GRF Board approved the purchase of the new electronic piano, it was deployed in Clubhouse 4. As is required for all GRF equipment, a club must request it as part of its meeting sketch to have it ready to use. A cord needed to activate the piano is stowed away to deter unauthorized play. Any club that wants to use the piano need only request it along with their reservation at the Recreation Office.

In other news:

- Now that the Amphitheater season is successfully concluded, the department is looking to the community to provide feedback to help it determine next year’s lineup. Complete the survey published to the right and return it to the Recreation Office in Building 5 as soon as possible to have a voice in who will and won’t return in future years.
- The Fall Festival on Oct. 14 is the department’s next big event, featuring Stone Soul and the Emergency Preparedness Expo at Clubhouse 6. *See page 19.*
- Tickets will go on sale for trips to the “Nutcracker” and the Winter Sawdust Festival starting Oct. 2. GRF trips are self-supporting and sell out fast, so save the date. *See page 19.*
- One more thing: The department is often contacted by residents asking staff to dispel misinformation posted on social media. GRF employees do not participate on those platforms and suggest residents go to the source to verify postings. Context often dispels conflict as it provides the bigger picture and often helps people understand why decisions were made.
- The department welcomes respectful input and inquiries on all things Recreation. Let staff know what is on your mind.

For more information, contact kathyt@lwsb.com.

GARDEN CLUB



Garden Club members enjoyed an interesting and informative presentation at their Sept. 18 meeting by LW resident and professor Kathie Mariarty about regional native plants. There is a huge variety of beautiful and colorful plants native to Southern California that will thrive in this region and are extremely drought-tolerant, low maintenance and beneficial to the environment. These plants should be considered when adding new plants to Leisure World gardens.



Administrator Ivonne Meader (l) and her staff (front) perform What A Wonderful World with Hui O Hula dancers (back) for the residents of Mom and Dad’s House Cottage in Long Beach.

Hula dancers perform for assisted living house in LB

Hui O Hula, the LW Hawaiian dance group, continues to offer free lessons upstairs in Clubhouse 6 on Tuesdays and outdoors at Veterans Plaza on Thursdays at 1 p.m. All are welcome.

Even though Hui O Hula has been entertaining inside and outside the community for nearly 19 years, it always welcomes new potential performers. Those who only want to dance for enjoyment are also welcome. Having fun swaying together is the main object of the class. The friendly dancers are always glad to share hula knowledge.

The club gives a big mahalo/ thanks to LWer Rosie Carrillo for inviting Hui O Hula dancers to Holy Family Church’s senior priest Father Joseph’s surprise birthday picnic party on Sept. 24. Dancers enjoyed celebrating Father Joseph’s latest trip around the sun so much, and they are looking forward to many more.

On Sept. 15, Ivonne Meader, the administrator of Mom and Dad’s House Cottage in Long Beach, invited the LW hula dancers back for another performance. It is always pleasant to entertain the residents there at their colorfully decorated patio. At this party, Meader took the opportunity to thank her staff and residents with food and entertainment.

After the well-received hula program, the staff and Hui O Hula dancers also did a couple popular tunes together.

With the holiday season around the corner, Hui O Hula will soon begin practicing popular Christmas hula. Call Kaye Huff at 562-431-2242 or email Jojo@huiohula.com for the holiday performance schedule or class information.

—Jojo Weingart

2023 Amphitheater Show Survey

DATE	SHOW	GOOD	FAIR	POOR
6/29	Beach Boys Tribute			
7/6	Springsteen Experience			
7/13	Shades of Billy Joel			
7/20	Michael Bublé Tribute			
7/27	Venturesmania			
8/3	Tribute to Elton John			
8/10	Bee Gees Gold			
8/17	Matt Lewis as Elvis			
8/24	Tribute to Tina Turner			
8/31	Tribute to Huey Lewis and the News			
9/7	Stone Soul			
9/14	Jimmy Buffet Tribute			

Mutual: _____ Apartment Number: _____

Comments/Suggestions for future shows:

Return surveys to the GRF Recreation Office, Bldg. 5, by Sept. 29.



RFID TAG
from page 3

4 p.m. (closed noon-12:30 p.m.). To receive a decal, people must have the following: (1) valid state issued driver's license, (2) valid vehicle registration, (3) valid vehicle insurance, (4) valid GRF Identification Card.

Where do I pick up my RFID tag?

People can pick up their RFID tags at the 1.8-acre site, located in the northwest corner of the community in Mutual 9 (formally known as the "mini-farms").

When do I pick up my RFID tag?

Residents of each Mutual and building have been assigned a date to pick up their RFID tags. The hours of distribution will be 8:30 a.m.-4 p.m. Cars may not line up earlier than 8:15 a.m. on Oak Hills Drive. Before entering the 1.8-Acre site, Security will verify all four documents (valid license, vehicle registration, vehicle insurance and GRF Identification Card). Upon entering 1.8 Acre site, people will complete a form

to list the four permanent guests they want on their account. In addition, people will need to provide a password for their account (the password may be any type of name or object or set of numbers).

Distribution Calendar
To ensure the RFID tag issuance is completed in an efficient manner, Security is distributing RFID tags by Mutual.

If people miss their assigned day for any reason (illness, vacation, etc.), there will be an opportunity to obtain an RFID tag on a make-up day. Be advised that the make-up day will be after regular distribution of all RFID tags are made, so issuance of the RFID tag will be during the last week of October. The Security Department will be distributing over 10,000 RFID tags. The process will take nearly two months to complete. Therefore, Security cannot offer any specific day or timed reservations for RFID distribution, nor can Security accommodate any special requests.

Any residents in line for a tag on a day that they have not been assigned will not receive an RFID tag.

- Distribution Dates:**
- Mutual 3**
- Buildings 8-24: Sept. 28
 - Buildings 25-36: Sept. 29
- Mutual 4**
- Buildings 37-42: Sept. 29
 - Buildings 43-59: Sept. 30
 - Buildings 60-76: Oct. 2
 - Buildings 77-89: Oct. 3
- Mutual 5**
- Buildings 69-72 and 90-97: Oct. 3
 - Buildings 98-114: Oct. 4
 - Buildings 115-126: Oct. 5
- Mutual 6**
- Buildings 53-57: Oct. 5
 - Buildings 58-68 and 127-131: Oct. 6
 - Buildings 132-144: Oct. 7
- Mutual 7**
- Buildings 145-149: Oct. 7
 - Buildings 150-166: Oct. 9
 - Buildings 167-176: Oct. 10
- Mutual 8**
- Buildings 177-183: Oct. 10
 - Buildings 184-200: Oct. 11
 - Buildings 201-205: Oct. 12



On Thursday, Sept. 28, residents from Mutual 3, Buildings 8-24, will line up on Nassau Drive to get their tags. The road that winds through the 1.8-acre site will be closed for an SCE pole replacement.

- Mutual 9**
- Buildings 206-216: Oct. 12
 - Buildings 217-233: Oct. 13
 - Buildings 234-237: Oct. 14
- Mutual 10**
- Buildings 238-250: Oct. 14
 - Buildings 251-260: Oct. 16
- Mutual 11**
- Buildings 261-267: Oct. 16
 - Buildings 268-286: Oct. 17
- Mutual 12**
- Buildings 6-11 and 34-45: Oct. 19
 - Buildings 46-47 and 55-67: Oct. 20
- Buildings 68-78: Oct. 21
- Mutual 14**
- Buildings 1-5: Oct. 21
 - Buildings 12-30: Oct. 23
 - Buildings 31-33 and 48-54: Oct. 24
- Mutual 15**
- Buildings 1-11: Oct. 25
 - Buildings 12-23: Oct. 26
 - Buildings 24-35: Oct. 27
 - Buildings 36-48: Oct. 28
- Make Up Days**
Make up days for those who missed their assigned pick-up date will be held Oct. 30-Nov. 4.

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B	I	Z	A	R	R	O						
PAR SCORE 250-270										TOTAL 334		

Crossword Answers

O	T	O	E	S	S	A	V	O	R	S	D	O	T	M	A	M	A
T	R	U	N	K	I	B	I	D	E	M	U	N	E	A	G	E	S
C	U	T	T	I	N	G	B	L	A	D	E	R	E	M	I	O	N
			O	R	D	I	N	A	L		W	R	A	P	P	I	N
S	A	F	E	S	T		A	S	K		U	N	L	O	A	D	
A	D	T		T	O	O	N	I	N	E	T		G	R	A	T	E
P	L	U	G	G	I	N	G	H	O	L	E	S		B	R	A	V
S	A	R	E	E		O	R	E	O	O	S		F	O	R	E	G
I	N	R	E	T	R	E	A	T		T	I	E	D	Y	E		W
		A	S	H			L	E	T	S	I	N		Y	E	N	S
S	C	R	E	E	N	I	N	G	P	A	S	S	E	N	G	E	R
S	L	E	D		M	E	N	N	E	N		E	R	S			
C	A	D		Y	E	A	G	E	R		L	A	T	E	R	I	S
O	P	E	R	E	T	T	A		M	A	I	L	E	R		N	I
T	O	T	E	M	S		C	A	S	T	I	N	G	A	D	R	I
T	N	O	T	E		L	A	I	N	I	E		S	O	X		L
			I	N	S	U	L	T		A	R	T		I	M	P	O
S	C	O	R	I	N	G	B	I	G		U	R	A	N	I	U	M
E	A	S	E		A	N	A		L	A	N	D	I	N	G	S	P
A	B	L	E		G	U	N		A	B	B	O	T		D	I	N
M	O	O	S		S	T	Y		D	E	C	R	E	E		O	L

Sudoku 1 Answers

9	1	3	2	8	6	4	5	7
4	8	7	1	3	5	6	9	2
5	2	6	7	9	4	1	3	8
7	3	5	6	4	9	8	2	1
2	4	8	3	5	1	7	6	9
6	9	1	8	2	7	3	4	5
8	5	2	4	1	3	9	7	6
1	6	4	9	7	2	5	8	3
3	7	9	5	6	8	2	1	4

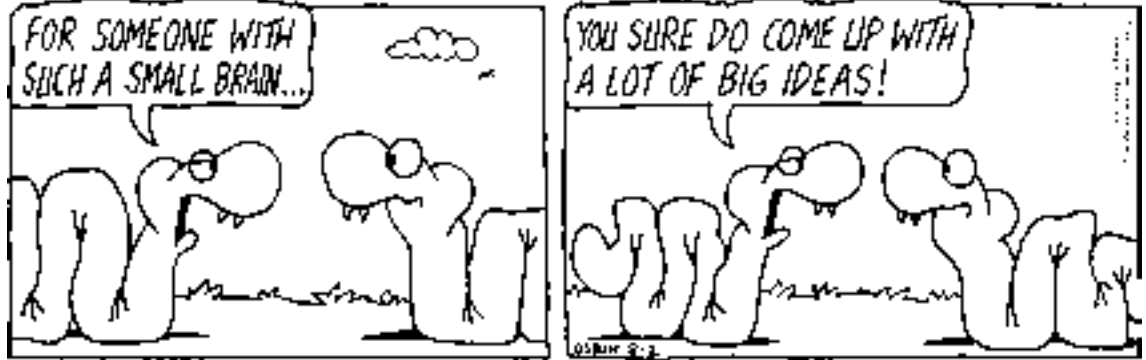
The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

MOMMY JOIST OBJLOT SUBDUL
The planes were chatting near the gates. The nonsensical one was a — MUMBO JUMBO JET

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

7	6	1	3	8	4	5	9	2
5	8	4	6	2	9	1	7	3
3	9	2	5	1	7	4	8	6
2	3	7	9	6	1	8	5	4
6	5	8	7	4	3	9	2	1
4	1	9	8	5	2	6	3	7
8	4	3	2	9	6	7	1	5
9	2	6	1	7	5	3	4	8
1	7	5	4	3	8	2	6	9

Guess Who?
Katy Perry

Crypto Fun Answers
A. counter B. vanity C. mirror D. cabinets

Boggle BrainBusters Answers
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Word-Find Answers

I	R	C	O	W	U	I	F	A	U	C	E	T	G	I	E	O	R	H	R
U	S	C	T	S	T	F	O	S	X	T	R	L	W	B	Y	B	E	O	W
R	T	O	I	L	E	T	B	Y	S	A	B	M	Y	M	T	D	W	E	C
O	E	R	W	T	E	E	V	A	W	O	R	C	I	M	F	D	O	T	W
L	S	L	O	A	U	S	F	H	K	I	C	F	F	X	E	L	H	I	B
D	S	N	E	V	O	D	I	Y	L	T	Y	Y	T	E	T	E	S	N	W
H	E	R	R	W	A	G	S	G	A	M	I	U	I	Y	X	G	K	A	W
X	N	O	K	D	I	L	A	B	E	A	D	G	T	X	D	Y	D	R	C
V	T	T	I	S	T	T	L	Y	K	N	F	S	M	A	M	B	A	G	C
L	I	A	E	I	H	E	T	I	A	C	N	S	O	V	K	G	U	N	L
E	A	R	L	E	N	R	T	L	N	N	E	E	O	W	I	U	S	H	S
D	L	E	R	R	A	C	S	X	S	H	K	N	R	S	H	S	I	N	K
O	S	G	D	I	H	I	R	G	E	Y	G	I	H	E	G	M	D	L	L
M	T	I	G	E	M	X	G	L	R	T	H	L	T	H	H	E	B	R	K
E	C	R	N	K	X	D	V	B	U	I	H	N	A	W	C	K	W	B	W
R	W	F	X	W	G	M	A	T	T	D	C	A	B	K	T	H	T	X	R
M	K	E	I	W	N	T	B	F	X	I	E	E	V	A	N	I	T	Y	G
N	E	R	V	R	G	T	C	Y	I	M	K	L	N	M	R	U	U	N	R
B	X	M	X	B	L	W	F	C	F	U	N	C	X	C	F	Y	U	K	V
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행사 와 사업 안내(Event and business overview)

- (1) 3 번의 분기회와 연말총회등등 년 4 회의 모임으로 친교하며 년 4 회의 이사회를 통하여 한인회의 진로를 결정하고 임원들의 충성 봉사로 건전하게 운영되고 있습니다.(We are operating soundly to decide the career path with 4 General meetings and 4 board meetings of directors, including 3 quarterly general.)
- (2) 매년 8/9 월에 야외극장에서 Korean Night 행사를 개최하며 (A Korean night is held at amphitheater every August/September)
- (3) 매년 2/3 월에 무료 세금 보고 봉사 진행 중이고 (We offer a freeTax reporting service on 2/3 every year.)
- (4) 상담실(매주 목요일) 을 통하여 각종 서비스를 제공 하고 (Providing various services through the counseling room.)
- (5) 매월 1 일자로 유익한 정보를 수집 소식지를 보내고 (We collect useful information as of the 1st of every month and Send newsletter by mail.)
- (6) 격년제로 한인 전화번호부를 제작 배부 하고 있습니다. (Editing and distributing Korean phone directory every other year.)
- (7) LWSB 한인회는 비영리 단체로 설립 등록하였습니다 (The LWSB Korean Association was established and registered. as a non-profit organization.)

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Beit HaLev

Beit HaLev will conduct only online High Holy Day services this year; the schedule is as follows:

- Erev Sukkot/Shabbat:** Friday, Sept. 29, at 5 p.m.
- Sukkot/Shabbat Morning:** Saturday, Sept. 30, at 10 a.m.
- Simchat Torah:** Saturday, Oct. 7, at 10 a.m.

The Torah reading on Saturday is from “Emor,” (Speak) in Leviticus 22:26-23:44 and the Maftir is from “Pinchas,” from Numbers 29:12-16. The instructions for sacrifices the Israelites were to perform specify that the ritual slaughterers must show compassion to the animals by allowing a newly born animal to stay with its mother for eight days and not slaughtering a young animal on the same day as its mother.

All Beit HaLev services share brand new special prayerbooks onscreen, “Lev L’Lev,” which include excerpts from the Reform Siddur, “Mishkan HaT’filah.”

Beit HaLev and Rabbi Galit-Shirah are affiliated with the Union of Jewish Universalist Communities and Clergy and the International Federation of Rabbis. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. It welcomes everyone who seeks a path to the Divine and doesn’t believe in labels.

To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or *email duets@icloud.com*. Beit HaLev does not require a fee for membership, however contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA. 90740.

Congregation Sholom

Congregation Sholom will hold Erev Succoth services led by Rabbi Mike Mymon on Friday, Sept. 29, in Clubhouse 3, Room 9 and via Zoom at 6:30 p.m. Services for Succoth Day 1 will be on Saturday, Sept. 30, in Clubhouse 3, Room 9, and on Zoom at 10 a.m.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122.

Congregation Sholom has served Leisure World since 1962. It offers a traditional Jewish service in person and online. Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

Community Church

This Sunday, Oct. 1, Community Church will celebrate World Communion Sunday. This is an opportunity to celebrate the diversity of the Leisure World Community and believers are drawn together in a shared purpose. The table is open, and all who are present in worship are welcome to receive Communion (also called the Eucharist or the Great Thanksgiving). This week’s message is titled “Fellowship of the Spirit” and will be drawn from Philippians 2:1-13 and Matthew 21:23-32.

Those who are looking for fellowship are welcome to join worship this Sunday, Oct. 2, at 9:50 a.m., followed by a time fellowship and light refreshment. Come early for a cup of coffee in the Narthex. The church is located inside Leisure World at 14000 Church Place. People can also watch the service live on Facebook @CommunityChurchLeisureWorld and Zoom. Contact the church office for the Zoom link.

Those are in need without another way to address it can call the church office at 562-431-2503.

Faith Christian Assembly

Faith Christian Assembly takes time to observe holy Communion on the first Sunday of the month during its 10:30 a.m. service. Christians take Communion to follow Jesus’ directive: “keep doing this in memory of me” (1 Corinthians 11:25). The wine is a symbolic of Jesus’ shed blood, spilled for the forgiveness of sins. The bread a symbol of his broken body, which he endured for the world’s healing and wholeness. Taking Communion is a reminder of this sacrifice that not only represents the new covenant believers have in him, but God’s immeasurable love for all people. People don’t have to be a member of the church to take Communion, as long as they have accepted Christ as their savior.

All are welcome to come worship and enjoy great fellowship and a Bible-based teaching from Pastor Sheri Leming on Sundays at 10:30 a.m. Come back for the Sunday evening celebration service at 5:30 p.m., preceded by pre-service prayer at 5.

The midweek Bible Study is held every Wednesday at 11 a.m. GriefShare meets every Thursday at 6 p.m. in the Garden Room.

To receive a free newsletter and more information on the church, call 562-598-9010 or visit *www.FCChurch.net*.

Church of Jesus Christ of Latter-day Saints

There will be no Sunday service on Oct 1. due to the General Conference. The worldwide general conference will be held Saturday, Sept. 30 and Sunday, Oct. 1. Live broadcast can be found at *www.ChurchofJesusChrist.org*, or on YouTube and *www.BYUtv.org*.

The reading source for this year is the New Testament. The reading assignment for the week of Oct. 2-8 is Ephesians.

The lesson manual “Come, Follow Me” says, “When the gospel began to spread in Ephesus, it caused no small stir among the Ephesians. Local craftsmen who produced shrines to a pagan goddess saw Christianity as a threat to their livelihood, and soon they were full of wrath.”

Buddha Circle

Buddha Circle will meet on Saturday, Oct. 7, in Clubhouse 3, Room 1, with Kusala from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community. He presents Buddhism in simple ways, teaching people how to suffer less and become happier.

For more information, call 714-468-6887.

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LW Korean Community Church

Leisure World Korean Community Church (LWKCC) held its sixth annual outdoor Sunday service and friend gathering on Sept. 24.

Elder Pyeon Young-Cheol offered a representative prayer, and the choir sang “Longing for My Hometown.” Senior Pastor Young Yong Jang spoke about “living well together” from Psalm 133. Elder Jun Yoo gave a special praise, and deacon Jeongha Hwang and his wife Younghee Yong played the ocarina and accompanied the worship service. After the service, ahead of Korea’s traditional Chuseok (Korean Thanksgiving Day), LWKCC alumni were invited to share



Members of Leisure World Korean Community Church attended the outdoor service on Sept. 24.

a rich Korean meal, including ribs and songpyeon. During the meal, deacon Gyo-seon Kim and deacon Heo Sang-kwon played the saxophone.

At LWKCC, lunch is held every Sunday at 11:50 a.m. in the main hall. The church holds an early prayer service every Tuesday-Saturday, at 6 a.m. in

the sanctuary. On Saturdays, members of LWKCC have breakfast in the fellowship room after the prayer meeting. Every other week the church

holds seminars on how to use smartphones. The church is located at 14000 Church Place inside LW Community Church.

First Christian Church

First Christian Church of Leisure World teaches from the Holy Bible verse by verse. It is a friendly church that welcomes all visitors to join and explore God’s word together, “that we may be mutually encouraged by each other’s faith, both yours and mine,” Romans 1:12.

Pastor’s Message

Pastor Gary Whitlatch will share a message from Colossians 3.

Colossians 3:12-17, written by the apostle Paul and inspired by the Holy Spirit, is a beautiful portion of Scripture that calls on God’s people to put on a heart of compassion and bear with one another, forgiving, just as the Lord forgave them.

Paul describes love as the perfect uniting bond between God’s people. He tells them to allow the peace of Christ to be the decision maker in their life.

Colossians 3:18-25 is referred to as the “Christian Home” guide for followers of Christ. In these verses tenderness and kindness is the theme for how wives, husbands, children and parents are instructed to conduct themselves in a manner pleasing to the Lord with the inheritance of the Lord as their ultimate reward.

Weekend Services

Sunday services are traditional from 9:30-10:45 a.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week special guest Kathryn Virzi will sing “El Shaddai.”

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

The women’s Bible study, led by Melli Herrera, is held on

Mondays from 10:30-11:30 a.m. Pastor Gary Whitlatch leads the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Pastor Bruce Humes, meets from 10:30-11:30 a.m.

Pastor Humes also leads the prayer and Bible study group on Fridays from 6-7 p.m.

All are welcome to attend.

Scripture of the Week

“Now may the Lord of peace himself continually grant you peace in every circumstance. The Lord be with you all” 2 Thessalonians 3:16.

Contact

First Christian church is located on Northwood Road behind Carport 125. For more information, call the church office line at 562-431-8810. The call will be returned at the earliest opportunity.

LW Baptist

LW Baptist will meet on Sunday, Oct. 1, for worship at 10 a.m. in Clubhouse 4.

The church is God’s family, made up of children of God through faith in Jesus Christ, with great diversity of gifted people. Jesus promised that he would build his church, and he did, as seen today all over the world.

In the Bible, God repeatedly declares his love for his family. The church is precious to God, and so he calls believers to love his family with the same affection he has for the church. Each believer has their gifts and talents from God. All together, believers are a community of graces. United, they praise God for his family, the church. They sing, “For her my tears shall fall; for her my prayers ascend; To her my cares and toils be given, till toils and cares shall end.”

For more information about LW Baptist, call 562-430-8598.

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Assembly of God

As in the instance of the aroma of fresh-baked bread coming from the oven, or the first few notes of a favorite song being played by the band, one can recognize the presence of something without a formal announcement. Jesus says in John 13:35 that Christians will be known by their inherent “aroma” or “melody,” known as “love.”

Love is not known until it is shown. Pastor Chuck Franco will share a message from Acts 4:36-37 titled “How to be a Do-Gooder.”

Assembly of God’s Bible study continues with “The Ten Commandments,” a video series by Albert Tate.

Understanding the commandments as permission to live freely within the safety and protection of God’s law instead of a confining set of harsh rules of is pivotal in understanding God’s character.

Students enjoy the opportunity for guided discussion and applying biblical truth to their own situations.

Leisure World Assembly of God meets Sundays at 10:30

a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is at 6 p.m. on the fourth Sunday night of each month in the Clubhouse 3 Lobby.

For more information, visit lwassemblyofgod.com, or Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons.

Contact the church office at 562-357-4360 or pastorchuck@lwassemblyofgod.com for more information.

Redeemer Lutheran & St. Theodore’s Episcopal Churches

On Oct. 1, the 18th Sunday after Pentecost, Jerry Brady will preside over the combined service answering the question “Who Gives Us the Say So?” The choir, under the direction of Sharon Heck will sing “Jesus, Name Above All Names.”

The greeters this week will be Betty Lucero and Elaine Lee, and the reader will be Kay Pushman. After the service there will be have coffee and fellowship in the conference room.

Join Redeemer Lutheran

Church celebrating 60 years in Leisure World on Oct. 15, at 10:30 a.m. with lunch follow-

ing the service. The church is located across from Administration.

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Mutual 4-80-A
\$599,999

Fabulous Open Concept home and outdoor living at its BEST!! Two bedrooms, 1.5 baths - approx. 1120 sq. ft. of indoor living and over 550 sq. ft of patio - one of the largest patio is in LW! Beautiful Shaker cabinetry and Quartz counter-tops, stainless steel appliances, 3 heat-pumps, laminate floors, drive-up parking, and in the process of getting an EV Port installed in the carport! Call to See!!



Mutual 11-273-D
\$354,900

Two Bedroom, 1 bath, U-Shape expansion on a pretty green! New paint, large master bedroom with 2 closets! Close parking and laundry... Call me to see!



PENDING

Mutual 4-82-L

13926 Seal Beach Blvd., Seal Beach, CA 90740



Kristin Duncan
562-480-1465
Office Manager



Robin Gray
562-209-5605



Barbara Diette-Dobias
562-754-5628



Jasmine Elisha
949-522-1618



Kathy Guppton
562-618-9940



Gloria Hadley
562-884-3594



Edwina DiMario
562-706-7999



Vickie Van Ert
310-220-1407



Rosie Wang Davis
626-623-9929



Estee Edwards
562-208-2540

(562) 594-0515

1900 St. Andrews Dr. , Suite C
Seal Beach, CA 90740
BRE 00338699



BERKSHIRE HATHAWAY
HomeServices
California Properties

(562) 431-2149

13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette "CC" Cooley
310-484-9600

Coming Soon! M1-25I \$229,000
Great location with a beautiful view.

Mutual 8-196B \$324,000
Newly enclosed patio w/Acrylic UV windows

Mutual 2-26C \$343,000
Designer kitchen, unique elegant home.

One-Bedrooms

Two-Bedrooms

Mutual 1-14I \$243,000
Expanded east facing unit

Mutual 11-273D \$354,900
South facing unit on a pretty green with trees

Mutual 4-80A \$599,999
Custom corner with wrap around patio.



Leah Perrotti
310-889-6583




Bill Berman
714-606-5258



Hanna Rubinstein
562-900-4243



Jay Cho
714-944-4998



Philip Bak
213-550-9991



Fay Wescott
949-212-8748



Kawain Payne
714-293-1151



Adrian Villarreal
714-694-3291



Conrad Rodriguez
562-746-1960



Chris Kim
424-247-4542

Specializing in the LW Community

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Yes we are **SISTERS**



Kathy Gupion
Associate Broker
DRE # 00744676



Sean Wood
Realtor®
DRE# 02186926



Gloria Hadley
Realtor®
DRE # 01057681

562 514-6613

New Listing!

Mutual 2-26C \$343,000

This unique and elegant home. This home has many desirable upgrades. It is a 2 Bedroom, 1 bathroom that is light and bright and ready to move in. The spacious Living Room opens into a designer Kitchen that features a stainless steel refrigerator, dish washer, induction stove top with a stainless steel vent and hood, quartz counter top, tile back splash, extra large sink with stainless steel shelves above, a reverse osmosis system and a large skylight that is double pane and solar operated with a remote control and is complemented with a stylish light fixture. The main bedroom, second bedroom and living room all overlook a private screened in patio that features tile floor, a walk-in storage cabinet, skylight and a beautiful view of the Greenbelt and adds an additional 400 sq. feet of living space. The home also features Deluxe vinyl flooring through-out and an added camera system. Enjoy the lovely beach town of Seal Beach and the wonderful ocean breeze it has to offer.



New Listing!

Mutual 1-25I \$229,000

Great Location! Pretty View! Lots of Trees! Enhance the desirability of this one Bedroom one bathroom cottage with a terrific Greenbelt view. Move in and make this property your own. The spacious Living Room has a heat pump and air conditioning. The Kitchen has built-in Leisure World appliances including a stove, oven, refrigerator and a skylight that opens. Bedroom is carpeted and has a wardrobe closet. The Bathroom has a cut-down shower for walk-in convenience and a skylight with dome that opens. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities, including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, amphitheater, Bocce ball, Shuffle board, Wood working, sewing, arts and crafts, Library, Healthcare and so much more. This property is located in the unique beach town of Seal Beach. Move-in and enjoy the delightful ocean breezes.



Mutual 11-273L \$349,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting.



Mutual 8-188C \$428,000

This beautifully remodeled, fully expanded, two-bedroom, one-bathroom, formal dining room home is located in a quaint neighborhood location. This lovely home has a brick porch and a leaded glass entry door that leads into a formal dining room and spacious living room that features a Bay window with plantation shutters. The kitchen has a built-in refrigerator, stove, oven, microwave, new granite counters, China cabinet above the sink, added pantry, tile floor and a large skylight with tracked lighting. The main bedroom is carpeted and has a walk-in closet, Bay windows with plantation shutters. A special feature is a cabinet attached to the wall with a mirrored door that houses a ironing board and electrical outlet. The bathroom has a washer dryer, cut down shower, updated cabinets with cultured marble counters, custom shower, tile floors, and an extra-large skylight. The second bedroom has mirrored wardrobe doors and a ceiling fan. The living room and both bedrooms have hardwood floors. This classic home also has central heating and air conditioning. Don't miss out! Stop by and view this lovely home and all it has to offer including soft ocean breezes.



PENDING

Mutual 1-26B

SOLD 2023

Mutual 1-30K
Mutual 5-91J
Mutual 11-267C
Mutual 1-26L
Mutual 11-268F
Mutual 4-50F
Mutual 9-212C
Mutual 6-143A
Mutual 9-225C
Mutual 9-230D
Mutual 11-283D
Mutual 4-51D
Mutual 8-189D

SOLD 2022

Mutual 14-17B
Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6-117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5-117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10-250J
Mutual 11-286B
Mutual 12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

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GASPER MONTEER
REALTY GROUP



www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 67 pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



In Escrow

13751 St Andrews Dr #36D | M1 | \$235,000
Adorable 1bed/1bath on a large greenbelt close to parking. AC heatpump, newer laminate floors throughout. Kitchen with custom tile backsplash and updated appliances.



NEW Listing!

13199 El Dorado Dr #208D | M9 | \$359,000
2Bed/1bath interior location with full expansion. Tile floors throughout and skylights in the kitchen and bathroom. Large bay window in living room. Walk-in closet in main bedroom with a formal dining room area!



NEW Listing!

13310 N Fairfield Ln #176A | M7 | \$539,000
Corner fully expanded 2bed/2bath drive-up location with bay windows, updated kitchen and bathrooms, skylights, central AC, washer/dryer, walk-in closet!



13381 Del Monte Dr #28I | M14 | \$349,000
2Bed/1bath fully expanded unit with windows across the front of the home. Dining room, AC heat pumps, skylights throughout, laminate floors, microwave, and large additional storage closet.



In Escrow

13983 Thunderbird Dr #3E | M2 | \$349,000
Fully expanded 2bed/1bath with dual pane windows across the front which allow immense light! Sprawling new laminate flooring, fresh paint throughout, large storage closet. Skylights in kitchen and bathroom.



13751 St Andrews Dr #33B | M5 | \$229,000
Redone 1bed/1bath interior unit with nice patio complete with engineered flooring and newer tile in kitchen and bathroom. Kitchen is also equipped with updated appliances.

09/25/2023 - Year To Date MLS Activity

■ For Sale ■ In Escrow ■ Closed Sale



Month	For Sale	In Escrow	Closed Sale
Jan	55	38	15
Feb	50	40	25
Mar	55	55	20
Apr	68	50	38
May	65	45	30
Jun	50	60	32
July	42	60	25
Aug	45	52	38
Sept	45	55	25
Oct			
Nov			
Dec			

On September 25th, 2023 a total of 45 units show as active listings on the CRMLS
(this is where Realtors list property for sale)

7 - 1 bedroom/1 bath units
from \$215,000 to \$329,000

21 - 2 bedrooms/1 bath units
from \$230,000 to \$529,000

17 - 2 bedrooms/2 baths units
from \$325,000 to \$749,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory!

TEACHERS SHOULD BE APPRECIATED ALL YEAR ROUND...



For September we are sponsoring 3 local teachers who need your support! Our office is donating \$200 each week to a sponsored teacher and **YOU** can help too!

Meet: Mrs Discenna
Teacher of 5th Grade at Weaver Elementary

If you would like to donate any items, please bring them to 1900 St Andrews Dr #B near the South Gate of Leisure World or we can come and collect from you directly, just give us a call!

THE NEEDS IN HER CLASSROOM ARE:

- Felt tip colored pens
- Disposable coffee cups
- Squishy pencil grips for kids

- Sharp/Dull pencil holders
- Financial donations are also welcome in the form of cash or check





The Januszka Group, Inc.

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www.OnsiteHomeSales.com

*Fall is Officially here and On Site-Home Sales has all the pumpkin spice and REAL ESTATE ADVISE!
We are here 7 days a week for any and all real estate needs!*



M15 21L \$350,000 Large Expanded
Upstairs unit overlooking a Greenbelt



M12 7B \$264,900
Gorgeous 1 Bedroom Walking Distance to
Down Town!



M2 1G \$529,000
Stunning 2 Bedroom Overlooking
Private Greenbelt"



M6 136I \$399,000
Cute Expanded 2 Bedroom 1 Bath



M16 53L \$320,000
Nice 2 Bedroom corner unit with a beautiful
greenbelt



M1 46A \$329,000
Corner Unit with a beautiful greenbelt view!



M15 - 21P \$390,000
2 Bedroom 2 Bath Expanded Upstairs Unit



M12 - 43E \$310,000
Adorable Basic 2 Bedroom 1 Bath"



M15 - 14Q \$345,000
Fully Expanded 2 Bed 2 Bath Upstairs Unit with
Vaulted Ceiling



M15 - 28A \$459,000
Beautiful and Spacious Atrium with
Greenbelt Views



M2 - 1A \$417,000
Private 2 Bedroom Corner Unit



M14-32H - \$445,000
Two Bedrooms, 1 Bath,
Fully Expanded



Dawn Januszka
Broker
DRE #02110501



Ginny Houck
Escrow Officer



Verna Chumley
Realtor®



John Webster
Realtor®



Mike Varipapa
Realtor®



Kim Jbeili
Realtor®



Tony Accetta
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