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ARTS AND CRAFTS FESTIVAL TABLE SIGN-UPS ON OCT. 18  
See page 3.



SHUFFLEBOARD CLUB WILL EXTEND OPEN PLAY IN OCTOBER  
See page 11.



LAST CHANCE TO SHARE THOUGHTS ON AMPHITHEATER SEASON  
See page 14.

OPTUM

Flu clinic at HCC

The Optum Health Care Center will hold a flu clinic on Friday, Oct. 6, from 8 a.m.-3 p.m. in Clubhouse 6. To help with traffic, each Mutual has been assigned a designated time slot. Short-sleeved or sleeveless shirts are recommended.

People will not have to pay a copay for the flu shot if they have Original Medicare and are not Medicare Advantage patients. People will have to pay cash for their flu shots if they are Medicare Advantage patient and their insurance card doesn't have Optum Care Network-Monarch on it.

Many pharmacies are now offering the flu shot. People can check with their doctor's office to find out what locations are available.

Flu shots will cost \$40 for the regular adult dose and \$65 for the high dose for high-risk individuals at the HCC clinic. For more information about Optum's flu clinic, call 562-493-9581, TTY 711.

- The schedule is as follows:
- Mutual 1: 12:30-1:15 p.m.
  - Mutual 2: 11-11:45 a.m.
  - Mutual 3: 9:30-10:15 a.m.
  - Mutual 4: 1:15-2 p.m.
  - Mutual 5: 9:30-10:15 a.m.
  - Mutual 6: 8:45-9:30 a.m.
  - Mutual 7: 8:45-9:30 a.m.
  - Mutual 8: 8-8:45 a.m.
  - Mutual 9: 8-8:45 a.m.
  - Mutual 10: 11:45 a.m.-12:30 p.m.
  - Mutual 11: 1:15-2 p.m.
  - Mutual 12: 10:15-11 a.m.
  - Mutual 14: 11:45 a.m.-12:30 p.m.
  - Mutual 15: 10:15-11 a.m.
  - Mutual 16: 11-11:45 a.m.
  - Mutual 17: 12:30-1:15 p.m.
  - Missed Appointments: 2-3 p.m.



Seal Beach Community Development Director Alexa Smittle (at podium) fields questions from residents.

Town hall focuses on Seal Beach Housing Element

by Emma DiMaggio  
emmad@lwsb.com

Hundreds of residents filed into Clubhouse 4 to attend a Seal Beach Town Hall on Sept. 27. The hot topic of the afternoon was the Housing Element—a planning document required by the State that plans for housing and future growth.

The Housing Element is a “full spectrum plan,” said Community Development Director Alexa Smittle. The plan touches on housing preservation, rehabilitation, future growth, obstacles, and reduces barriers like restrictive zoning to help incentivize housing production.

Every city in California has a Housing Element, and every city must identify prospective sites for housing. The directive comes down from the State of

California, which sets forth a Regional Housing Needs Allocation (RHNA) every eight years. Housing requirements are then doled out by regional planning bodies—in Seal Beach's case, the directive comes down from the Southern California Association of Governments (SCAG).

During the last cycle (adopted in 2012), Seal Beach was allocated just two units. In the most recent cycle (adopted in 2021), that number skyrocketed to 1,243 units. Seal Beach isn't alone—cities across the region are facing doubled, even tripled allocations in the most recent RHNA cycle due to California's ongoing housing crisis.

“All communities were assigned a number, and in all cases, that number was much higher than anyone had

experienced [in past RHNA cycles],” Smittle said.

The Housing Element is not a guarantee that housing will be built, nor is it a prediction that it will be built. The State of California requires all cities to complete a housing element to reduce barriers to housing production—such as adjusting non-residential zoning on empty lots or streamlining the city's permitting process.

“We cannot force any private property owner to develop their land,” Smittle said. “The City needs to demonstrate capacity for growth and simplify the process as an incentive to property owners. Whether or not it comes to fruition is entirely up to the private market.”

The City of Seal Beach must submit

TOWN HALL, page 2

GRF BOARD RECAP

GRF delays passage of spending outline until next meeting

by Ruth Osborn  
rutho@lwsb.com

The Golden Rain Foundation Board of Directors met Sept. 26 before a fairly full house of residents who paraded to the podium with a host of concerns and questions.

About 15 people spoke to the board on topics ranging from the recent passage of a \$24 million budget and 10% increase in assessments that accompanied it; lowering speed limits in LW, the recent loss of four GRF building inspectors who left for more lucrative positions elsewhere, an RV lot rate increase, excessive spending and the long term viability of LW.

Several speakers were frustrated when questions posed to the board went unanswered. In California, the Open Meeting Act (Civil Code §1363.05) states that no action can be taken on issues not included on the meeting agenda.

Speakers often think their concerns can be immediately addressed, but the

law and Robert's Rules of Orders preclude that.

Authored by U.S. Army officer Henry Martyn Robert, Robert's Rules of Order are a set of guiding principles for conducting discussions and decision-making. The GRF Board uses these rules to keep meetings flowing smoothly. Robert's Rules of Order have been around for over 100 years, dating back to 1876.

Every GRF member with an opinion has a platform to express it at all GRF meetings. The board takes all comments into consideration.

The following is a partial list of board actions:

**Strategic Spending Outline**

The board tabled until next month's meeting a proposed Strategic Spending Outline, which is a capital spending plan that is required by civil code to identify dedicated projects for capital funding. The GRF plan loosely prioritizes allocations for specific community projects.

“It's a fluid and living document

and will change as boards change, but it is a starting point,” according to GRF Senior Director of Member Services Mallorie Hall.

The Administration Committee recommended such a Strategic Spending Outline at its September meeting.

The plan includes community gardens (formerly the Minifarms), EV charging stations as GRF converts its fleet from gas to electric, Main Gate traffic flow and RFID building access, among other projects.

**Community Facilities and Golf Course Landscape Contract**

Upon the recommendation of the Facilities Committee, the board approved a \$1.2 million, three-year contract extension with J&J Landscaping for community facilities and golf course landscape maintenance. The contractor's extension offer represents a 5.7% increase for the firm's 2024 services, a 5.4% increase for 2025, and a 5.1% increase in the contract's

GRF BOARD, page 2

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## TOWN HALL

from page 1

its Housing Element to the State for approval. Without a State-certified Housing Element, the consequences could be “devastating” to the city, according to Smittle.

First, Seal Beach would be referred to the State attorney general for failing to follow the law, since the Housing Element is required by the legislature.

According to Smittle, a number of cities are facing lawsuits from housing groups for not properly planning for new housing.

Then would come the financial losses. The city could face fines of up to \$100,000 per month—which could be increased by a court order. The city would also lose access to grant funding estimated at \$2.6 million a year.

The cost is “not something [Seal Beach’s] general fund can just shoulder and continue to provide services in the same way,” Smittle said.

Seal Beach is in a uniquely difficult situation when it comes



Community Development Director Alexa Smittle (l-r), City Manager Jill Ingram, City Councilmember Nathan Steele, Mayor Thomas Moore and Police Chief Michael Henderson.

to identifying so-called “housing opportunity sites” for the Housing Element. The city is 97% built out, according to Councilmember Nathan Steele, meaning city officials have to get creative when identifying potential sites.

“We’ve been 97% built out for a long time, so when you toss in these Housing Element issues, when you start talking about housing, low income housing, market housing and the rest of

this stuff, it starts to be very, very daunting,” Steele said.

In the current iteration of the draft Housing Element, all but one identified site is already used for another purpose. Leisure World’s RV Lot, which is Trust property owned by the GRF, is on that list.

During the town hall meeting, LW residents resoundingly voiced their opposition to the construction of housing in Leisure World to Seal Beach

officials. Seal Beach officials, including the City Council, cannot decide to build housing in Leisure World.

“Seal Beach is not in the business of real estate development. Seal Beach does not have the constitutional authority to take property from anybody, for any reason whatsoever,” Steele assured residents.

Smittle explained that the main goal of the Housing Element is to make it easy for private property owners to build housing if they so choose.

The city is required to streamline this process, but its job stops there.

“Most of the sites [the city identified] are privately owned. The city does not control the land. That’s where our job stops,” Smittle said. “All we’re doing is the planning. It’s not our property. We do not come in and build housing on someone else’s site, and we cannot force anyone else to do it either. We just need to make it easy if someone wants to.”

## GRF BOARD

from page 1

final year. The contractor also agreed to maintain all trees on GRF Trust property for no extra charge.

There is \$300,000 in the 2023 operating budget for these combined areas.

### Pickleball Tournament

The board voted to temporarily waive a policy that prohibits non-members from using the multipurpose court to allow guests from the Laguna Woods Pickleball Club to participate in a tournament hosted by the LW Pickleball Club.

### Speed Cushion Change Order

Upon the recommendation of the Facilities Committee, the board approved the installation of a speed cushion at Del Monte Drive.

The initial contract was for \$13,500 for five cushions with JB Bostic, an asphalt paving company, and a year later, no cushions have been installed.

The Orange County Fire Authority permitted the installation, but Bostic ordered the wrong materials for the job and then requested a change order to cover a \$12,573 cost difference. The company indicated it could install two speed cushions for the original price.

No money has been yet been paid to Bostic.

In discussion, directors weighed the need for speed cushions to calm traffic and prevent accidents in LW against patronizing a company that failed to deliver.

“I feel like we are rewarding bad behavior,” said GRF Vice President William Thompson, who represents Mutual 5, adding that the company did not give a realistic bid.

Safety won the day, as the board voted to install one cushion on Del Monte, where a fatal accident recently occurred. The cost cannot exceed the amount of the original contract.

### Channel Fence Replacement

Upon the recommendation of the Facilities Committee, the board awarded a contract to Quality Fence for \$99,000 to remove and replace approximately 2,000 linear feet of chain link fence at the channel near Service Maintenance and add a 20% contingency (city and county permits, and plant removal) for a total cost not to exceed \$118,800.

The 2023 Reserve Study calls for \$100,000 of replacement chain link fence at the channel. The project will replace mesh fencing, paint the existing poles, and add top rails.

### Clubhouse 1 Renovation

Upon the recommendation of the Facilities Committee, the board awarded contracts to various contractors to repaint Clubhouse 1’s interior and exterior, including the shuffleboard court, replace the lobby and main room lighting fixtures; and replace windows on the lobby’s north and south sides and the main room, for a total cost not to exceed \$218,295, including a 10% contingency.



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# PERSPECTIVES

## Letters to the Editor

Editor:

On Sept. 28, there was an article written by Kathy Thayer concerning insurance review. Being an instructor here at Leisure World, I have paid the \$150 fee, as the class was removed from the board until the fee was paid.

I take exception with two things in that article. The first being that this kind of fee is usual. I teach for many venues and Leisure World is the only venue to charge this fee. Larger senior communities, such as Del Webb or the villages in Florida, do not charge this fee. Smaller senior communities, such as Landmark Community in Huntington Beach, do not charge this fee either. People live and move into LW because of the amenities offered and the safety of living in a senior community.

Every year I renew my insurance and send that renewal sheet to all the venues. There is no further review needed. All my venues get a copy of my certifications, my current CPR and my insurance.

The other point I take issue with is the comment that people that don't charge for their services do not have this review. My concern is that anyone who is in front of a group of people doing any kind of instruction needs to be both certified and insured and have a CPR certificate or there my friends is the liability to Leisure World. All instructors need to be treated with the same discretion, as there is the same club space usage, the same equipment wear and tear but most importantly, to ensure the safety of the Leisure World resident.

Adrienne Rosenfeld  
Mutual 14

Editor:

On Sept. 29, Dianne Feinstein died. Dianne had been our senator for 30 years and 10 months. The day before Dianne died, she was on the Senate floor voting.

When Leisure World celebrated its 50th anniversary, Dianne sent us a large signed picture congratulating Leisure World on that milestone event. It was displayed in Clubhouse 2.

No woman has served our state for so long.

More importantly than how long she served is how well she represented the issues important to seniors. If you want to know how a representative votes you can find that information on Project Vote Smart, a non-partisan website.

The Alliance for Retired Americans, the National Active and Retired Federal Employees and the National Committee to Preserve Social Security and Medicare gave Sen. Feinstein a 100% voting record on issues important to seniors.

Hopefully, her replacement will care about seniors as much as she did.

Dave Silva  
Mutual 12

Editor:

The widespread unprotected outdoor cutting of countertop here in Leisure World is something the maintenance department needs to abate and monitor closely.

On several instances, I've reported clouds of countertop dust created in my immediate Mutual 14 area by open-air cutting. It's a serious health risk for contractors and residents that needs to be addressed immediately.

Stevin Cohen  
Mutual 14

*Editor's Note: The California State Contractors Licensing Board and the manufacturer's specifications set the guidelines for installation of countertops (and all other construction jobs). All contractors who work in LW are vetted by the GRF Physical Property Department to make sure they are licensed and insured. If a resident witnesses an apparent violation, he or she can report that to the department by calling 562-431-6586, ext.365.*

## MINIBUS

### Orientation meeting is today at 10

A Minibus informational meeting will be held today, Thursday, Oct. 5, at 10 a.m. in Clubhouse 3, Room 3, to assist LW residents with using the many transportation services available to the Leisure World community. No reservations are required.

The GRF Transportation Department provides information on the LW Minibus service as well as the GRF appointment-based Access bus service for people with mobility challenges.

Information on other bus and transportation services to nearby grocery and medical destinations is also presented. Anyone who has a valid pass to enter the community can ride on the LW buses.

Minibuses offer free transportation to the LW community.

### 405 Freeway Improvement Update

Grinding work and barrier construction are ongoing on northbound and southbound I-405 from 10 p.m.-5 a.m. on weeknights and weekends as needed. Work may be loud.

## A Social Worker in LW—Memory Support Team

by Toni Shapiro,  
licensed clinical social worker

For many years, I worked in the hospital setting as a clinical social worker. I bore witness to patients who experienced hardship and suffering. At times, older patients received treatments that provided no relief, only more complications.

There was little time for discussions about goals of care. I made the decision that I wanted to work with older adults in their home, where we could have important conversations about their health, their quality of life and what matters most to them without the frantic pace of the hospital setting.

In my current role at Alzheimer's Orange County, I am spearheading a new grant-funded program called the Memory Support Team that is currently being implemented in your Leisure World community.

### CITY OF SEAL BEACH Meeting set to consider zoning changes in city

The City of Seal Beach will host an interactive community meeting on the upcoming Zoning Code Update, which will create a new, high density residential mixed-use zone.

The meeting will be held Tuesday, Oct. 17, at 6 p.m. in Council Chambers, 211 Eighth St., in downtown Seal Beach.

The new mixed-use zone is expected to be utilized in certain commercial centers where there is an opportunity to incorporate housing into the environment, to implement the city's Housing Element and Regional Needs Housing Allocation.

The Zoning Code community meeting will be held in person in the Council Chambers, and will also be broadcast through SBTv-Channel 3 and Seal Beach Council Chambers YouTube channel. Both in-person and remote participants will be able to engage in real time with the community meeting through a mobile site that will be made available for the public at the start of the community meeting.

The mobile site will allow for community participation and feedback through quizzes and polls, and provide an opportunity to ask questions. Input from the community is crucial in shaping the project as it proceeds, and participation is highly encouraged. To learn more about the zoning code update, visit: <https://www.sealbeachca.gov/Departments/Community-Development/Planning-Development/Zoning-Code-Update>.

For questions or additional information, contact Megan Coats in the Community Development Department at 562-431-2527 ext. 1345 or [mcoats@sealbeachca.gov](mailto:mcoats@sealbeachca.gov).

This grant is funded by the Administration for Community Living (ACL) to provide these services. The Alzheimer's Disease Program Initiative aims to increase the dementia capabilities of communities.

With the support of local residents who have been hired and trained in dementia care—Care Team Navigators—we are meeting with shareholders who are concerned about memory loss or other forms of cognitive decline and its impact on aging in place in Leisure World.

We want to talk with residents who live alone, those who are married or widowed, residents who have partners—whatever your family looks like—about what it means to get older in today's world. I want to know what it's like for you to navigate health care, especially memory concerns.

And we want you to know that it's okay to ask for help. We all need a little support from time to time.

Our Memory Support Team offers guidance and options counseling on important matters such as home safety, medication management, advanced care planning and caregiver support at no cost.



Toni Shapiro

Options counseling means you decide what we talk about, and then we review your options with you. It's a wonderful service that is centered and focused on you and your specific needs concerning your cognitive health. I invite the community to spread the word about the Memory Support Team and if you or someone you know could benefit, please give me a call at 949-757-3753.

*Editor's note: Residents may also call GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317, for more information about this program and other social service resources in Leisure World.*



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# GOVERNMENT

## GRF GOVERNING DOCUMENT CHANGE

### Notification of proposed changes to consolidated fee schedule

Per the action of the GRF Board on September 22, 2023, per Civil Code §4360, Notice of Approval, the Board hereby provides general notice to all Shareholders/Members of the following proposed changes to GRF Governing Documents. All Shareholders wishing to comment on the proposed changes may submit your comments by either emailing comments to the attention of the GRF Board Executive Coordinator Tia Makakaufaki at [tiam@lwsb.com](mailto:tiam@lwsb.com) or mailing comments to: Golden Rain Foundation, P. O. Box 2069, Seal Beal, CA 90740, Attn: Proposed Document Revisions. Please reference the name of the governing document on any correspondence you submit. All comments will be copied to the Board for review and consideration. The Board will take final action on these document(s) at its regular October 24, 2023 meeting.

#### ADMINISTRATION

##### Policy 10-2000-2, Consolidated Fee Schedule

The following schedule of MEMBER fees is established by the GOLDEN RAIN FOUNDATION (GRF).

#### 1. RECREATIONAL VEHICLES (RV) AND VEHICLES USED FOR RECREATION (VUFR)

- 1.1. NON-MEMBER RV TEMPORARY PARKING FEE (See Rule 48-1937-1, §5.4.):
- 1.1.1. Day One: \$50 non-refundable...\$50 (includes registration fee)

1.1.2. Subsequent days.....\$30 per day

1.1.3. Weekly rate: \$200 per week.....\$200 per week
- 1.2. MEMBER RV TEMPORARY PARKING FEE AT CLUBHOUSE 4 (See Rule 48-1937-1, §5.4.1.):
- 1.2.1. Day One (includes registration fee).....\$25

1.2.2. Subsequent days (up to 21 days).....\$3 per day
- 1.3. MEMBER RV STORAGE ANNUAL LEASE FEE (See 37-1487-1):
- 1.3.1. 10-foot to 20-foot space:.....\$276.35

1.3.2. 20-foot+ to 30-foot space:.....\$414.00 ~~\$312.35~~

1.3.3. 30-foot+ to 40-foot space:.....\$552.00 ~~\$420.35~~
2. GRF IDENTIFICATION
- 2.1. IDENTIFICATION CARD (See 14-1201-1 and 14-3182-1)
- 2.1.1. Initial Issue (See 14-3182.1)

2.1.1.1. Member/Owner.....No charge

2.1.1.2. Renter/Lessee.....\$500 Refundable Deposit
- 2.1.2. Lost Identification Card (See 15-1201-1, 14-1201-2)
- 2.2.1. First occurrence.....\$20

2.2.2. Subsequent occurrences.....\$50

2.2.3. Not surrendered on vacating.....\$500
- 2.2. VEHICLE DECALS (See 14-1382-1)
- 2.2.1. Initial Issue

2.2.1.1. Member's First Vehicle.....No charge

2.2.1.2. Renter/Lessee.....\$100 refundable

2.2.1.3. Golf cart (with disability waiver).....No charge
- 2.2.2. Subsequent Vehicles
- 2.2.2.1. Member's Second Vehicle.....\$25

2.2.2.2. Member's Third Vehicle.....\$75

2.2.2.3. Member's Subsequent Vehicles.....\$250

2.2.2.4. Renter/Lessee.....\$100 refundable per vehicle
- 2.2.3. Not surrendered on vacating
- 2.2.3.1. Member.....\$100 per vehicle

2.2.3.2. Renter/Lessee.....Forfeit decal deposit
- 2.3. ANNUAL GATE ENTRY PASSES (See 48-5180-1, 48-5180-3)
- 2.3.1. Initial Issue

2.3.1.1. Member.....No charge

2.3.1.2. Renter/Lessee.....No passes issued
- 2.3.2. Not surrendered on vacating (see 14-3182-1)
- 2.3.2.1. Member.....\$100 per pass
- 2.4. RADIO FREQUENCY IDENTIFICATION (RFID) TRANSMITTER (see 14-5580-2)
- 2.4.1. (Issued tags cannot exceed the Member's number of registered vehicle or permitted under their Mutual Occupancy Agreement.)

2.4.1.1. Initial issue.....No charge

2.4.1.2. Golf cart (with disability waiver).....No charge

2.4.1.3. Second motor vehicle transmitter.....\$25

2.4.1.4. Third transmitter.....\$75

2.4.1.5. Fourth transmitter.....\$200

2.4.1.6. Fifth & subsequent transmitters.....\$500
- 2.4.2. Vendors and Employees
- 2.4.2.1. Vendor.....No charge for 1 or 2

2.4.2.2. Commercial Lessee.....No charge for 1

2.4.2.3. Contracted worker.....No charge for 1

2.4.2.4. Real estate worker.....No charge for 1

2.4.2.5. More than 10 RFIDs.....\$15 each
- 2.4.3. Lost RFID
- 2.4.3.1. 1st Occurrence.....\$25

2.4.3.2. 2nd Occurrence.....\$50

2.4.3.3. Subsequent replacements.....\$75
- 2.5. CAREGIVER IDENTIFICATION (see 48-5180-1 and 14-3182-1)
- 2.5.1. Initial Issue

- 2.5.1.1. Member.....No charge

2.5.1.2. Renter/Lessee.....\$100 refundable per pass
- 2.5.2. Lost Identification.....\$20 per occurrence
- 2.5.3. Not surrendered on vacating
- 2.5.3.1. Member.....\$100 per caregiver pass

2.5.3.2. Renter/Lessee.....Forfeit caregiver deposit
- 2.6. REAL ESTATE PERSONNEL (see 48-5180-1)
- 2.6.1. Initial Issue.....No charge

2.6.2. Lost Identification

2.6.2.1. Initial occurrence.....\$50

2.6.2.2. Subsequent occurrences.....\$75
3. PET REGISTRATION (See 15-1023-1 and 14-3182-1)
- 3.1. Members.....No charge

3.2. Renter/Lessee.....\$100 non-refundable
4. STOCK AND REAL ESTATE TRANSFER, FINANCE
- 4.1. Membership Certificate Change Fee.....\$300

4.3. Seller Stock Transfer Fee.....\$600

4.3. Trustee Attorney Review (see 14-5061-2)

4.3.1. Initial Review.....\$150

4.3.2. Subsequent Reviews of Same Trust.....TBD
- 4.4. Leasing Fees (see 14-3182-2)
- 4.4.1. Lessor Rental Processing Fee.....\$500

4.4.2. Lessee Refundable Deposits

4.4.2.1. GRF Renter ID Card.....\$500

4.4.2.2. GRF Renter Vehicle Decal.....\$100

4.4.3. Lessee Non-Refundable Pet Registration.....\$100
- 4.5. Insufficient Funds Check Return.....\$25 per item
5. MEMBERSHIP FEES (see 14-5061-2 & 14-3182-2)
- 5.1. One-Time Membership Fee.....25 times GRF monthly assessment

5.2. One-Time Lessee Trust Property Usage Fee.....25 times GRF monthly assessment
6. MERCHANDISE AND SERVICES
- 6.1. Warehouse (see 14-3326-1)

6.1.1. Items ordered by Purchasing.....5% of transaction + tax

6.1.2. Special purchases

6.1.2.1. Storage after 5 business days.....\$100 per week

6.1.2.2. Returns restocking fee.....20% of item cost
- 6.2. Copy Center Printing Services.....Price list at 14-2115-2
- 6.3. Graphic Design Services (See 42-2841-2).....\$40 per hour labor
- 6.4. Service Maintenance Labor.....\$50 per hour
7. FACILITY RENTAL (See 37-1406-2)
- 7.1. Under 100 People.....\$200

7.2. 100 to 199 People.....\$400

7.3. 200 to 299 People.....\$500

7.4. 300 to 399 People.....\$600

7.5. 400 to 499 People.....\$800

7.6. Over 499.....\$1,000

#### GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

##### Operation Committee Meeting

Thurs., Oct. 5  
Conference Room A, 10 a.m.

##### Member Services Committee Meeting

Tues., Oct. 10  
Conference Room A, 10 a.m.

##### Administration Committee Meeting

Thurs., Oct. 12  
Conference Room A, 10 a.m.

##### GRF Board Meeting

Tues., Oct. 24  
Clubhouse 4, 10 a.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Members will be provided an opportunity to address the committee.

#### Public Comments at GRF Meetings

The Open Meeting Act requires boards of directors to establish reasonable time limits for speakers to address the GRF Board of Directors. (Civ. Code §4925(b).)

Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers.

To address the board, submit a comment card at the meeting prior to it being called to order. Residents may email correspondence to executive coordinator at [grfboardaction@lwsb.com](mailto:grfboardaction@lwsb.com).

#### Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0. Wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at [rjerxn@yahoo.com](mailto:rjerxn@yahoo.com), or call 562-431-6586, ext. 409, to leave a message.

#### Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Mon., Oct. 9	<b>Mutual 9</b> Conference Room B/Zoom.....9 a.m.
Tues., Oct. 10	<b>Mutual 16</b> Conference Room B/Zoom.....1 p.m.
Wed., Oct. 11	<b>Mutual 4 (open forum 8:30 a.m.)</b> Conference Room B/Zoom.....8:45 a.m.
Thurs., Oct. 12	<b>Mutual 12</b> Conference Room B/Zoom.....9 a.m.
Fri., Oct. 13	<b>Mutual 3</b> Conference Room B/Zoom.....9 a.m.
Mon., Oct. 16	<b>Mutual 15</b> Conference Room B/Zoom.....1 p.m.
Tues., Oct. 17	<b>Mutual 14</b> Conference Room B/Zoom.....1 p.m.
Wed., Oct. 18	<b>Mutual 5</b> Conference Room B/Zoom.....9 a.m.
Wed., Oct. 18	<b>Mutual 7</b> Conference Room B/Zoom.....1 p.m.
Thurs., Oct. 19	<b>Mutual 2</b> Conference Room B/Zoom.....9 a.m.
Thurs., Oct. 19	<b>Mutual 11</b> Conference Room B/Zoom.....1:30 p.m.
Mon., Oct. 23	<b>Mutual 8</b> Conference Room B/Zoom.....9 a.m.
Wed., Oct. 25	<b>Mutual 10</b> Conference Room B/Zoom.....9 a.m.
Thurs., Oct. 26	<b>Mutual 1</b> Conference Room B/Zoom.....9 a.m.
Fri., Oct. 27	<b>Mutual 6</b> Conference Room B/Zoom.....9 a.m.



Puzzles & Comics

Answers on page 22

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

"FINISH LINES" BY BRIAN CALLAHAN

ACROSS

- 1 "That's sorta funny"
- 4 Oscar-nominated biopic about a Supreme Court justice
- 7 Pampered pet's destination
- 13 "If I Were \_\_\_ Man"
- 18 Good Grips brand
- 19 In the way of
- 20 Eyepieces
- 22 Soprano Fleming
- 23 Choking hazard warning label
- 25 Like some car engines
- 26 Disciple of Haile Selassie, informally
- 27 "Coral Sea" structure
- 30 Fawning parents?
- 31 Roland Garros playing surface
- 32 "Far out!"
- 33 Shows of soft power?
- 35 Battleship response
- 36 Webpage standard
- 37 Delight
- 40 Pushover
- 41 Quick \_\_\_ wink
- 42 Tribeca neighbor
- 43 Names on a fundraiser's call list
- 45 Customizable Wii Sports avatar
- 46 \*Place to chill on the train?
- 50 Wander off
- 54 Property transfer need
- 55 Word on a whiskey bottle
- 56 Stadium visitors
- 58 DDE rival
- 60 \_\_\_ Xtra: soda brand
- 63 Pan Am rival
- 64 Track legend Zatopek
- 65 \*Long-running comic strip about the Patterson family
- 71 First name in game shows
- 72 Old Prizm maker
- 73 Actor Morales
- 74 South, south of the Rio Grande
- 75 Liz of fashion
- 78 Vegetables in fried rice

- 81 Peal
- 84 Fifth cen. pope
- 85 \*Naval vessel known as a "flattop"
- 90 Org. with lots of "Raw" footage
- 92 Wrote 36-Across, say
- 93 Threesome
- 94 Fannie or Sallie follower
- 95 Salt spray
- 99 Gas additive brand
- 100 Luge, e.g.
- 101 Ctrl+C action
- 102 Belle & Sebastian genre
- 104 Hearty bowlful
- 105 Blue Pixar fish
- 106 Red or Card
- 107 \*Dog breed that weighs no more than seven pounds
- 113 Iraq port city
- 115 "You had your chance!"
- 116 Centrum alternative
- 117 One who plays a part

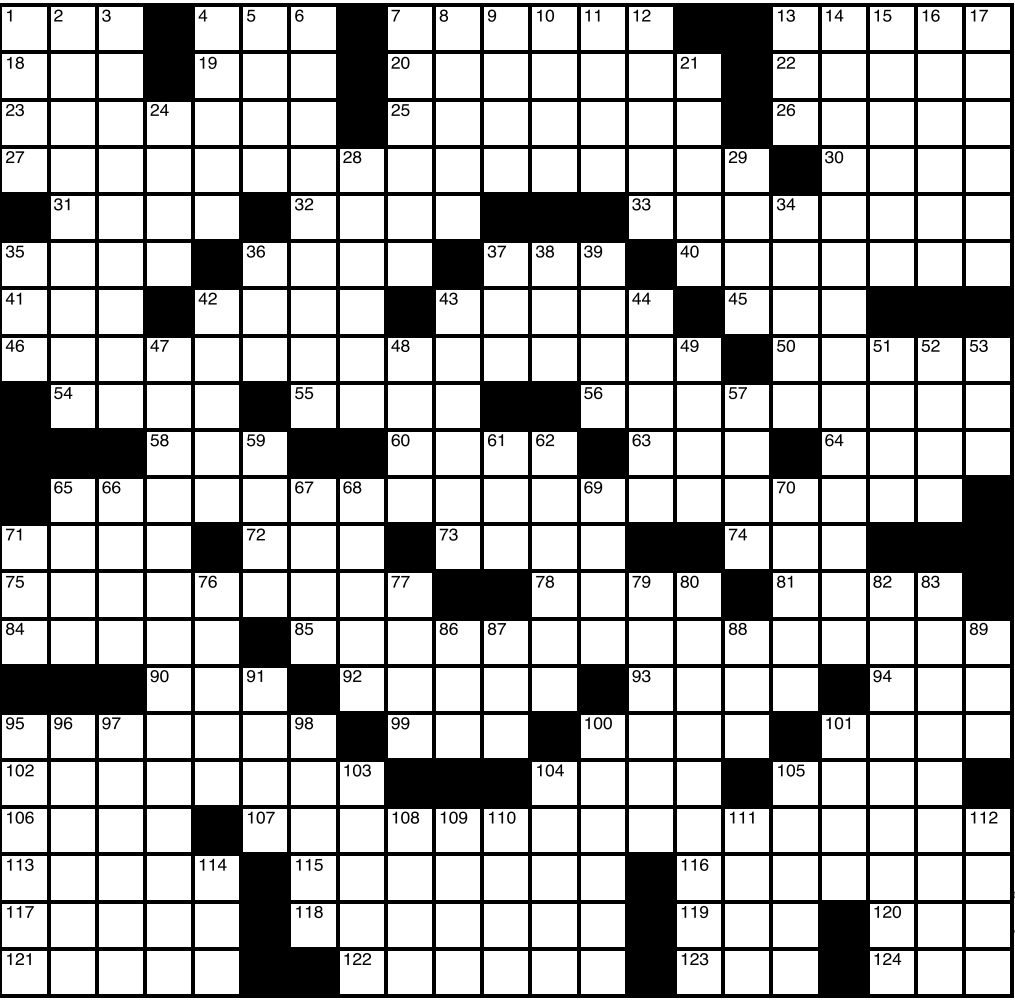
- 118 To the extent that
- 119 Adobe file format
- 120 New \_\_\_ cap brand
- 121 Caterpillar rival
- 122 Fins, or when parsed differently, a feature of the answers to the starred clues
- 123 Retired boomer
- 124 1040 fig.

- DOWN
- 1 \_\_\_ Kong
- 2 Lifted one's spirits?
- 3 Traveler's storage spot
- 4 Well-worn
- 5 Amorphous mass
- 6 Lady Gaga's "Born This Way," for one
- 7 Round up
- 8 Nail the midterm
- 9 Mascara container

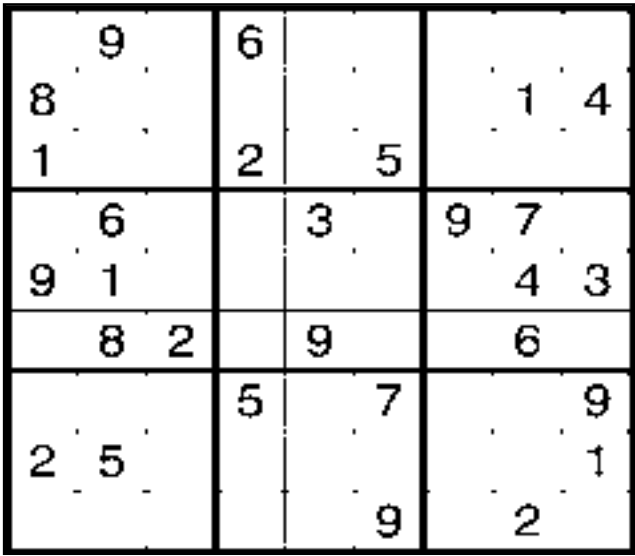
- 10 Curved line, in musical notation
- 11 Twosome
- 12 "King of the Hill" town
- 13 Pt. of ETA
- 14 "Cause of some memory problems
- 15 Jeans measure
- 16 Part of etc.
- 17 San Simeon castle builder
- 21 Mount
- 24 Duracell options
- 28 Suckerfish
- 29 Gift tag field
- 34 Pass off (on)
- 35 Tarnish
- 36 Biker's wheels
- 37 "The Back-up Plan" actress, familiarly
- 38 Sharing word
- 39 Org. with a community pool
- 42 Record half
- 43 Wear
- 44 Handled
- 47 "Need for a comprehensive background check?"

- 48 Suisse peak
- 49 Playful growl
- 51 Hits hard
- 52 French friend
- 53 Couture initials
- 57 Veers port or starboard
- 59 Bell-shaped lily
- 61 Sox from Mass.
- 62 Cup insert
- 65 Experienced
- 66 \_\_\_ hygiene
- 67 Portable drive capacity prefix
- 68 Restorative
- 69 Medieval land
- 70 Closing music
- 71 Roast hosts, briefly
- 76 "Young Americans" singer David
- 77 Son of Ares and Aphrodite
- 79 Prime minister before and after Churchill
- 80 Some bottle caps
- 82 Stretches out?
- 83 2024 and 2028
- 86 ORD summer hrs.

- 87 Weight room unit
- 88 Help
- 89 Del \_\_\_ Books: sci-fi publisher
- 91 2023 award for Lionel Messi
- 95 Mythical mariner
- 96 Twist together
- 97 "\_\_\_ Fideles"
- 98 Horn sounds
- 100 Emotional strain
- 101 Former "Iron Chef America" chef Cat \_\_\_
- 103 Word on a whiskey bottle
- 104 Instrument in the tanbur family
- 105 P&G detergent brand
- 108 Former U.N. chief Annan
- 109 Macedonian or Montenegrin
- 110 Aesop character
- 111 Winds down
- 112 Meg of "You've Got Mail"
- 114 "\_\_\_ you sure?"



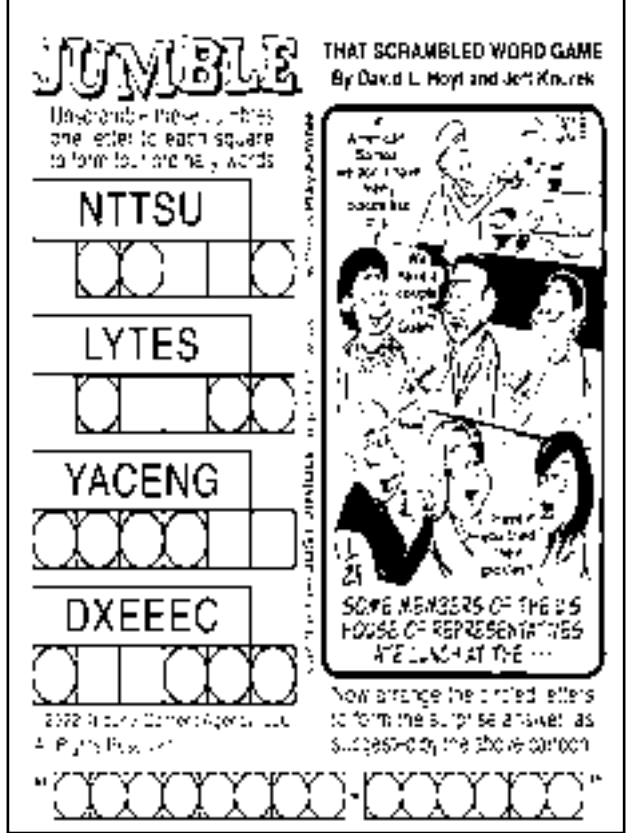
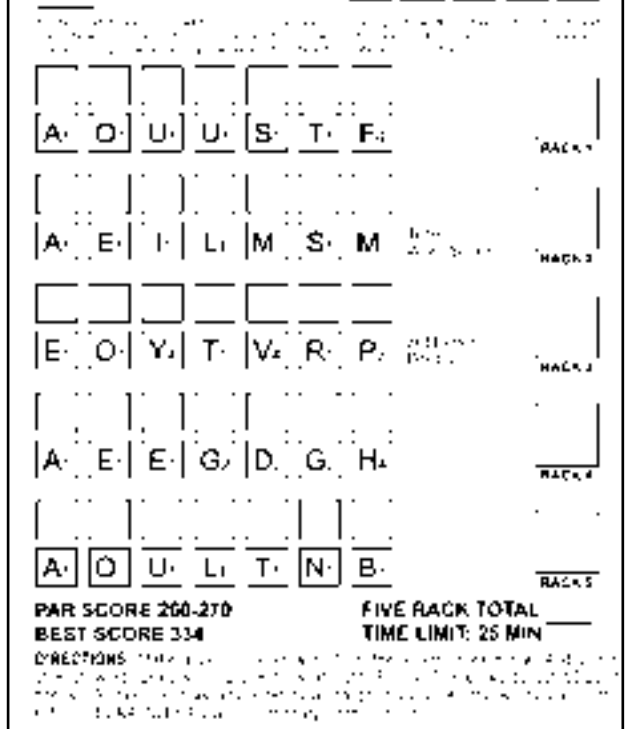
Sudoku 1



9 To 5 By Harley Schwadron



SCRABBLE G R A M S





# Guess Who?


I am an actress born in Scotland on November 28, 1987. Prior to acting I worked as a model in the UK. I rose to fame on the show “Dr. Who.” I’m also known as a villain of sorts in some of the Marvel universe movies, as well as a role in the 2017 “Jumanji” sequel.

# Sudoku #2

8		9			2	5		
5			9	1			2	
	4			5	8		1	6
1							7	
	3		4	8				
4		8	1		6	2	3	5
			8	9	7		5	
				6	3	7		4
7			5		1	6	9	

# Puzzles & Comics

## Answers on page 22



**CRYPTO FUN**

Determine the code to reveal the answer!

Solve the code to discover words related to technology.  
Each number corresponds to a letter.  
(Hint: 25 = C)

**A.      25    14    15    4    26    7    17    2**  
*Clue: Machine that performs operations*

**B.      16    17    1    24    25    17**  
*Clue: Gadget*

**C.      7    17    25    5**  
*Clue: Abbreviation for electronic devices*

**D.      25    14    15    15    26    22    24    25    12    7    17**  
*Clue: Exchange information or ideas*

# Boggle®

## BrainBusters!

By David I. Hoyt and Jeff Knurek

B	U	P	H
W	O	I	S
K	O	K	E
A	N	G	M

FOUR LETTER WORDS ARE WORTH 4 POINTS  
 FIVE LETTER WORDS ARE WORTH 5 POINTS  
 SIX LETTER WORDS ARE WORTH 6 POINTS  
 SEVEN LETTER WORDS ARE WORTH 7 POINTS  
 EIGHT LETTER WORDS ARE WORTH 8 POINTS  
 NINE LETTER WORDS ARE WORTH 9 POINTS  
 TEN LETTER WORDS ARE WORTH 10 POINTS

**BOGGLE POINT SCALE**

(3 letters = 1 point)  
 (4 letters = 2 points)  
 (5 letters = 3 points)  
 (6 letters = 4 points)  
 (7 letters = 6 points)  
 (8 letters = 8 points)  
 (9 letters = 10 points)  
 (10 letters = 15 points)

**YOUR BOGGLE RATING**

151+ = Champ  
 101-150 = Expert  
 61-100 = Pro  
 31-60 = Gamer  
 21-30 = Rookie  
 11-20 = Amateur  
 0-10 = Try again

**Boggle BrainBusters Bonus**

We cut several four letter words out of the puzzle grid. Can you find them?

Find **AT LEAST SEVEN FIVE-LETTER MAMMALS** in the grid of letters.

A	P	E	L	A
N	M	S	O	H
D	A	O	U	W
C	N	T	R	E
E	Y	H	I	G

# TECHNOLOGY WORD SEARCH

K	L	T	Q	P	Y	H	V	E	E	H	G	Q	O	M	P	P	E	K	F
U	Y	N	I	T	R	Q	U	O	G	M	V	A	Q	E	I	F	R	B	E
F	W	C	R	E	O	M	L	A	R	E	L	S	T	C	O	S	S	K	L
F	I	U	E	C	M	E	N	E	S	M	P	H	W	B	T	F	F	P	I
I	F	B	U	H	E	H	M	B	O	I	Q	D	B	E	O	F	K	O	F
V	I	O	U	N	M	A	W	B	L	A	M	R	V	C	M	S	Q	F	Y
K	U	P	Q	O	F	D	A	T	E	P	N	D	T	Q	S	Q	A	C	Q
S	Y	Q	E	L	W	S	T	Y	S	P	D	P	M	E	B	A	P	A	C
B	W	L	F	O	R	E	L	B	C	U	I	M	I	Q	V	A	P	A	A
M	D	O	D	P	O	G	T	T	W	E	N	R	L	V	L	B	T	A	C
A	M	P	W	C	S	I	W	E	E	C	I	C	Q	L	A	B	I	T	O
P	K	O	D	T	A	U	O	C	C	I	A	D	V	L	E	A	B	O	B
S	C	T	C	P	W	B	P	A	I	T	Y	P	L	L	G	L	E	T	O
L	G	A	G	Y	O	C	T	L	N	L	I	H	L	E	K	U	T	O	B
I	V	L	K	W	B	I	U	R	V	I	E	M	E	G	Q	T	O	B	E
A	W	V	C	Y	O	B	N	V	R	G	L	D	R	K	U	F	E	R	N
M	L	U	W	V	A	O	Y	W	B	A	A	H	U	Q	S	S	K	E	R
E	S	U	A	P	P	U	K	C	B	T	T	C	U	S	U	U	U	N	N

**Find the words hidden vertically, horizontally, diagonally, and backwards.**

# WORDS

- APP  
BACKUP  
CABLES  
COMMUNICATIONS  
DATA  
DEVICE  
EMAIL  
FEATURES  
FILE  
LAPTOP  
MEMORY  
MERGE  
MODEM  
QUEUE  
REBOOT  
RELIANT  
ROUTER  
SMARTPHONE  
SPAM  
SPLITTER  
TABLET  
TECHNOLOGY  
VIRTUAL  
WIFI





# RELIGION

## Beit HaLev

Beit HaLev will celebrate Erev Shabbat and the holiday of SimchatTorah on Friday, Oct. 6, at 5 p.m.

To join the Beit HaLev “Zoomagogue” interactive service, go to <https://bit.ly/3qwK6U9>. People can also watch on Facebook at [www.facebook.com/galityomtov](http://www.facebook.com/galityomtov) or on YouTube at <https://www.youtube.com/@beithalevlive8816/streams>.



Rabbi Galit-Shirah

The Holiday Torah readings are from “V’zot Hab’rachah,” in Deuteronomy 33:1-34:12 and “B’risheet,” in Genesis 1:1-23. These readings are the very last and the very first words of the five Books of Moses—the Torah. The Maftir is from “Pinchas,” in Deuteronomy 29:35-30:1.

All Beit HaLev services share brand new special prayerbooks onscreen, “Lev L’Lev,” which include excerpts from the Reform Siddur, “Mishkan HaT’filah.”

Beit HaLev and Rabbi Galit-Shirah are affiliated with the Union of Jewish Universalist Communities and Clergy and the International Federation of Rabbis. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. It welcomes everyone who seeks a path to the Divine and doesn’t believe in labels.

To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or email [duets@icloud.com](mailto:duets@icloud.com). Beit HaLev does not require a fee for membership, however contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA, 90740.

## Congregation Sholom

Congregation Sholom will hold Shmini Atzeret services led by Rabbi Eric Dangott on Friday, Oct. 6, via Zoom at 6:30 p.m. Services continue on Saturday, Oct. 7, in Clubhouse 3, Room 9, and via Zoom with Rabbi Mymon at 10 a.m.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122. Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

## Buddha Circle

Buddha Circle will meet on Saturday, Oct. 7, in Clubhouse 3, Room 1, with Kusala from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community. He presents Buddhism in simple ways, teaching people how to suffer less and become happier.

For more information, call 714-468-6887.

The LW Weekly: 562-430-0534

## Community Church

LWers are asked to gather their canned goods and non perishable food items to bring to Community Church’s last Drive Thru Food Drive of the year on Oct. 12 from 10 a.m.-noon. Missions Team members will be on hand to greet people at their vehicle to offload the items. Food may also be delivered to the church office during the week.

This Sunday begins Community Church’s season of stewardship, which focuses on how all that people have been blessed with is a gift from God. The message for this week is titled: “Produce the Fruits of the Kindom.” The “kin-dom” is God’s preferred future for his people, which requires their participation. In Scripture, the kindom is described as “at hand.” The church will look at how people can use their hands and resources to grab, hold and build



Members of the Missions Team, Virginia Olejnik (l-r), Joyce Reed, and Mara Williams

the kindom on earth.

Those who are looking for fellowship are welcome to join worship this Sunday, Oct. 8, at 9:50 a.m., followed by a time fellowship and light refreshment.

Come early for a cup of coffee in the Narthex. The church is located inside Leisure World at 14000 Church Place. People can also watch the service live **COMMUNITY, page 9**

## First Christian Church

First Christian Church of Leisure World teaches from the Holy Bible verse by verse. It is a friendly church that welcomes all visitors to join and explore God’s word together, “that we may be mutually encouraged by each other’s faith, both yours and mine,” Romans 1:12.

### Pastor’s Message

In Genesis 20, Abraham goes on a journey and settles in Gerar. Upon arriving Abraham identifies Sarah, his wife, as his sister. And the king of Gerar, Abimelech, sent for Sarah and took her. Looking back to Genesis 12, it tells of another time Abraham lied about Sarah being his sister to the Pharaoh of Egypt. In both cases Abraham defends himself by saying he feared he would be killed if he let it be known Sarah was his wife. This same lie 20 years later is and indication Abraham still had a trust issue when it came to God. He did not have complete trust in God to protect him. Abraham had several excuses for his lie, but none justified his sin. God

intervenes as only God can and brings resolution to this sin before it becomes a bigger problem.

This narrative should be a lesson for Christians today. In 2 Corinthians 13:5, the apostle Paul admonishes believers to “Examine yourselves as to where you are in the faith. Test yourselves. Do you not know yourselves, that Jesus Christ is in you—unless indeed you fail the test.”

The Psalmist wrote in Psalm 56:11, “In God I have put my trust, I shall not be afraid. What can man do to me?”

### Weekend Services

Sunday services are traditional from 9:30-10:45 a.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, the choir will sing “What a Beautiful Day God has Given Us.”

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

### Midweek Studies

The women’s Bible study, led by Melli Herrera, is held on Mondays from 10:30-11:30 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Pastor Bruce Humes, meets from 10:30-11:30 a.m.

Pastor Humes also leads the prayer and Bible study group on Fridays from 6-7 p.m.

All are welcome to attend.

### Scripture of the Week

“But as for me, I shall sing of Your strength; yes, I shall joyfully sing of Your lovingkindness in the morning, for You have been my stronghold and a refuge in the day of my distress” Psalm 59:16.

### Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call the church office line at 562-431-8810. The call will be returned at the earliest opportunity.

**Medicare Questions?  
Want to Change Plans?  
Need to Compare Plans?  
Get the answers you need!**

**I Make  
House Calls!**

**I Speak Fluent Medicare**



**Joe Koteris**  
**(562) 547-2913**  
Email: [jkoteris55@yahoo.com](mailto:jkoteris55@yahoo.com)  
Lic. #0H53209



**Koteris**

Health Insurance Solutions

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

## SIMPLY DELICIOUS SENIOR MEAL DELIVERY SERVICE

10/09/2023 to 10/13/2023

Find more menu details at our website

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week  
B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week

Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
Turkey Sandwich Potato Salad	Crispy Beef Taco Spinach Rice	Grilled Shrimp Salad Avocados & Fresh Corn	Quiche Spinach, Bacon & Mushroom	Beef Dip w/Au Jus
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
DINNER				
Chicken Francaise Sugar Peas	Lemon Herb Salmon Pasta	Angus Top Sirloin Kebab Vegetable Kebab	Shrimp Scampi Green Beans & Carrots	Dijon Basa w/Italian Breadcrumbs
Banana Crepe	Seasonal Fruit	Cookies	Seasonal Fruit	Brownie



**Salim Khoury**  
**(562) 754-8487**  
**www.simplydelicious.app**

To ensure high quality, some items may be substituted.







Lous Sellars (l-r), Sandy Carlson, Susan Kelleghan and Kay Pushman were honored to entertain with several barbershop pieces at Redeemer Lutheran Church on Sept. 17. The church was celebrating Pastor Gilbert Moore’s 96th birthday, and his 70th year of ordination.

### Redeemer Lutheran & St. Theodore’s

On Oct. 8, the 18th Sunday after Pentecost, the Bishop Murray Finck will preside at Redeemer Lutheran and St. Theodore’s 10:30 a.m. service. The choir, directed by organist Sharon Heck, will be sing “Jesus, Name Above All Names.” Betty Lucero and Elaine Lee will welcome everyone as they enter the sanctuary, and Nancy Anderson, Carol Costello, Betty Lucero and Sylvia Makus will serve as ushers. Carmen Leslie has given the altar flowers in memory of her son and mother. The church has coffee and fellowship immediately following the service. Redeemer will celebrate 60 years in Leisure World on Oct. 15 with a special service and luncheon. All are welcome.

### Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton Street in Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, and Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641. The reading source for this year is the New Testament. The reading assignment for the week of Oct. 9-15 is Philippians and Colossians.

The lesson manual “Come, Follow Me” says, “Paul wrote his epistles to the Philippians and Colossians while a prisoner in Rome. But these letters don’t have the tone you might expect from someone in prison. Paul spoke more about joy, rejoicing, and thanksgiving than he did about afflictions and trials.”

### Faith Christian Assembly

Faith Christian Assembly will offer its second health class of the year on Wednesday, Oct. 11, at 11 a.m. The church occasionally offers classes in areas that will serve to enhance residents lives and be better stewards of those things that given by God.

Faith Christian Assembly’s own Susan Kelleghan, R.N., will teach and share insights on health that she has gleaned from her many years of working in healthcare. LW residents are encouraged to take advantage of this opportunity to learn more about living a healthy lifestyle. Guests are welcome to join.

All are welcome to come worship and enjoy great fellowship and a Bible-based teaching on Sundays at 10:30 a.m. Come back for the Sunday evening celebration service at 5:30 p.m., preceded by pre-service prayer at 5.

The midweek Bible Study is held every Wednesday at 11 a.m. GriefShare meets every Thursday at 6 p.m. in the Garden Room. To receive a free newsletter and more information on the church, call 562-598-9010 or visit [www.FCAchurch.net](http://www.FCAchurch.net).



Seal Beach Union Evangelical Church meets in Clubhouse 3, Room 2, every Sunday.

### Seal Beach Union Evangelical Church

Seal Beach Union Evangelical Church held a special worship service on Sept. 24. The church celebrated Chuseok, a traditional Korean holiday, and gave thanks to God for the grace he has bestowed over the past year. The church members decided to live happily in thankfulness to God for the rest of their lives. Seal Beach Union Evangelical Church will continue to do its best to love and worship God and serve elderly believers. The church meets Sundays at 1 p.m. in Clubhouse 3, Room 2. Members of the church also

meet every Thursday at 1 p.m. in Clubhouse 3, Room 4, for its Korean Senior Health Club. All Koreans are welcome to attend Sunday services or the weekly health class. For more information, call 714-520-1877 or email [drcho2014@gmail.com](mailto:drcho2014@gmail.com).

### Assembly of God

Although the name Paul Marcarelli might not ring a bell, the advertising slogan he is famous for has become part of American lexicon. Cell phone to his ear, he would ask, “Can you hear me now?” The ability to hear and react is vital to one’s ability to navigate life fully, successfully and safely. It is even more important to be able to hear and heed God’s message and instruction clearly. Pastor Chuck Franco asks the question “How Is Your Hearing?” on Sunday, Oct. 8, based on Matthew 7:24-27. Wednesday morning Bible study continues in “The Ten Commandments,” by Albert Tate. Each week reveals new insight and a deeper appreciation for the perfection of the plan God laid out for his followers. There is freedom in living within God’s framework. Leisure World Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at

10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is at 6 p.m. on the fourth Sunday night of each month in the Clubhouse 3 Lobby. For more information, visit [lwassemblyofgod.com](http://lwassemblyofgod.com), or Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. Contact the church office at 562-357-4360 or [pastorchuck@lwassemblyofgod.com](mailto:pastorchuck@lwassemblyofgod.com) for more information.

### LW Baptist

The Christian life is sometimes compared to fighting the good fight of faith. The Bible says faith is the victory that overcomes the world. “By faith” means believing that Jesus is the Son of God. Standing firm in the faith is not always easy, and so the Bible reminds believers to endure hardships in this life as good soldiers of Jesus Christ. The strength, of course, is not in oneself; rather believers are called to be strong in the Lord, depending on his mighty power. A spiritual captures the picture, “I am on the battlefield for my Lord, and I promised him that I would serve him till I die.” LW Baptist meets Sundays at 10 a.m. in Clubhouse 4. More schedule details are available at 562-430-8598.

**COMMUNITY from page 8** on Facebook @CommunityChurchLeisureWorld and Zoom. Contact the church office for the Zoom link. Those are in need without another way to address it can call the church office at 562-431-2503. The call will be returned as soon as possible.

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# SPORTS & GAMES

## LW WATER AEROBICS CLASS



Members of the LW water aerobics class gathered poolside on Sept. 26 to celebrate Sylvia Makus's birthday and to thank her for being its leader for a total of 10 years. The class meets Monday through Saturday at 10 a.m. (Wednesdays at 10:30) for exercise and fun.

## Cribbage Club

The Cribbage Club meets each Tuesday in Clubhouse 1. The yearly dues are \$5 and \$1 is collected from each member at the table before play begins. Members who arrive by 12:15 p.m. are assured a place to play. Refreshments are served between 12-12:15 with announcements made at 12:25. A total of seven games are played, beginning at 12:30.

Cake and ice cream were provided by Lynne Sorum and served by Sorum and Margaret Smith. Melinda Cowan provided mixed nuts and assorted candies. The club offers its thanks.

The club congratulates the week's winners: Joyce Basch with 845, first place; Jack O'Brien, 839, second; Cleo Looney, 827, third; Julie Milburn, 826, fourth. Donna Morgan had no wins.

For more information contact Marilyn Chelsvig at 562-279-5665.

—Mary Holder

## THANK YOU



Jung Joo wrote: When I was playing golf I saw Lynn Stel sweeping leaves. It's not her job, so I asked her why she was doing it. She said when she's not busy she tries to clean the area. I was very impressed.

## LW Pool Club

The monthly LW Pool Club tournament was held on Sept. 23 in Clubhouse 2. There were 12 teams playing seven games of eight ball against different opponents. Partners were drawn randomly by the 12 highest rated players.

Tom Zimmerman and John Barth won their first five games. In round six Dave Silva and Dave Mackinder handed Zimmerman and Barth their first loss. In round seven Zimmerman and Barth bounced back to win their sixth game and take first place. The two Dave's, Silva and Mackinder, won their last game to take second place with five wins. Several teams were tied for third place with four wins.

At the Monday night pool league on Sept. 25, the Cue Crew beat the Rustlers 9-5 to take a one game lead with a record of 23 wins and 16 losses. The standings are really close, with three teams tied for second place, only one game behind. The Pool Club Board tried to make the teams as even as possible. The Cue Crew won five singles matches and lost only one. Bruce Pettys and Brian Burke each won five games for the Cue Crew.

Joker's Wild won over the Sharp Shooters 8-5. Steve Mitchell of Joker's Wild won five games and Frank Sablan won both of his singles matches.

The Cue Commandos edged the Renegades 7-6 to move into a tie for second place. Wildfire Christensen won five games for the Cue Commandos, including both of her singles matches.

In the Wednesday night league, The Favorites beat Hot Sticks 10-3. Dave Silva, Dave Mackinder and Connie Terry all had five wins for The Favorites. The shot of the night was made by Elizabeth Butterfield as she made a long cut shot in the corner to win the final game for the Hot Shots. This win for The Favorites moved them into first place, with a record of 22 wins and 17 losses.

Right on Cue beat the X Factor 8-5 to stay within a game of the lead. Ray Friedrichsen of Right on Cue won six games, including both of his singles matches.

Vader's Raiders edged the Stevenators 7-6 and are tied for second place, only one game behind The Favorites. Russell Black led Vader's Raiders with five wins. The Raiders won four of their doubles matches and the tied breaking triples match at the end of the night.

The LW Pool Club dues for the year, which runs from October 2023 to October 2024, are \$10. For more information, contact Steve Edrich at 714-980-3665.

—Dave Silva

## Bunco Club offers a fun evening

Bunco is an easy dice game and a lot of fun. The Monday Night Bunco Club meets the second and fourth Mondays of every month in Clubhouse 3, Room 1. Play begins at 6 p.m. sharp. All Leisure World residents and their guests are welcome. There is a halftime social to meet with friends and neighbors. The next meeting will be Oct. 9.

**Sept. 25 winners:** Sandy Weisenstein and Cheryl Richardson, most buncos; Kay Butterfield, Mimi Durino and Nancy Floyd, most wins; Nancy Pittman, most babies; Joanne Herrera and Joanne Lester, most losses; Michie Kimura, door prize winner.

For more information, contact Katie Carmagnola at 925-413-7583.

## Tournament Poker Club

Those who want to play a fun and friendly game of Texas Hold 'Em are invited to the next tournament of the Tournament Poker Club on Saturday, Oct. 7, in the lobby of Clubhouse 6. Registration is at 10 a.m., with a meet-and-greet with coffee and muffins. All players must be in their seats and ready to play at 10:30. There is no late seating.

Regular tournaments are on the first three Saturdays of every month in the lobby of Clubhouse 6. Memberships are \$10 per year, and the weekly buy-in is \$5. Those who are residents and a club member are welcome to invite and accompany a guest who can enter the tournament for \$3. Guests can win the table stakes but are not eligible to play at the final table. Every week there are prizes for the top two winning hands, and for the player who wins a hand with the promotional combination.

—Deborah Barner



The Leisure World Scrabble Club meets each Wednesday in Clubhouse 3, Room 5, from 1-4 p.m. New members are welcome.

## Scrabble Club spells it out weekly

The Scrabble Club met on all four Wednesdays in September. The members recorded 63 scores above 300. Six of them were higher than 400. There were 42 bingos (i.e. the use of all seven tiles in one move).

Diane Seeger and club president Larry Edgar each posted 11 scores higher than 300. Seeger had four bingos and a top score of 388. Edgar had two bingos. His best score was 472.

Bob Ruderman topped 300 seven times and recorded 10 bingos. His top score was 429. Jim Schneiderman had six totals higher than 300 and six bingos. A 402 was his best game.

Sue Ann Gass and Zoe Pickell each topped 300 four times. Their respective best scores were 351 and 337. Gass had one bingo.

Myrna Loscuandro and Marilyn Moody each had three scores above 300. Loscuandro had three bingos and a best total of 396. Moody's high score was 356.

Former club president Maria Giegerich and Sylvia Makus each bettered 300 twice. Their best scores were 359 and 305 respectively. Giegerich had two bingos.

For more information, contact Larry Edgar at [ledgar72@gmail.com](mailto:ledgar72@gmail.com).

—Larry Edgar

## Duplicate Bridge Club

The Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can also call Linda Nye at 562-453-6678 or email her at [yuelingnye@yahoo.com](mailto:yuelingnye@yahoo.com) no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

**Sept. 18 winners (seven tables):** Russ Gray and Ellen Kice, and Sibyl Smith and Diane Schmitz, north/south; Shmuel Fisher and Thad Mikols, and Judy Jones and Al Appel, east/west.

**Sept. 21 winners (five tables):** Sibyl Smith and Al Appel, and Dan Frank and Larry Slutsky, north/south; Fred Reker and Russ Gray, and Ellen Kice and Mark Singer, east/west.

**Sept. 22 winners (six tables):** Shmuel Fisher and Joan Tschirki, and Larry Topper and Lynn Danielson, north/south; Marcia Lane and John Berg, and Thad Mikols and Sue Fardette, east/west.

The club congratulates the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at [www.acblunit557.org](http://www.acblunit557.org) and click on Leisure World Results.

For more information, contact John Markovich at 562-661-0502 or by email at [cdrijm@yahoo.com](mailto:cdrijm@yahoo.com).

—John Markovich



## Men's Golf League

On Sept. 22, 10 golfers competed at the 5,600-yard, par-71 Meadowlark Golf Course in Huntington Beach. This is a medium size course with elevation changes, numerous water hazards, and several turtleback greens. The course favors the straight hitters due to tree lined fairways, long par 3's and several over 450-plus yard par 5's.

Scores were higher than usual reflecting the course difficulty with unique placement of tee boxes and flag positioning. There were just four birdies—two by Chris Lankford, and one each by Clay Fischer and Dave LaCascia. Gary Stivers had fewest putts for the 'A' flight and Gene Vesely had fewest for the 'B'. Stivers was also closest to the pin on the par-3 16th hole.

**A flight winners:** Tie between Fischer and Lankford, 1 under 70, first place; Stivers, second; Jim Goltra, third; Steve Miller, fourth; tie between LaCascia and Fujio Norihiro, fifth.

**B flight winners:** Vesely, 3 under 67, first place; Bob Munn, second; Lowell Goltra, third.

On Sept. 25, nine golfers competed at the 4,000-yard par-62 David L. Baker Golf Course in Fountain Valley. This course has been in good condition for quite a while. Weather was cool and overcast with no wind.

With the nice playing conditions and receptive greens, scores were low. There were four birdies—one each by Gary Stivers, Jim Goltra, Bob Munn and Ron Jackson. Gary had fewest putts for the 'A' flight and Gene Vesely had fewest for the 'B'. Goltra was closest to the pin on both the par-3 third and 15th holes.

**A flight winners:** Stivers, first place; Clay Fischer, second; Goltra, third; Sam Choi, fourth.

**B flight winners:** Tie between Vesely and Munn, first place; Digna Vesely, second; Ron Jackson, third.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the fewest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded. Those interested can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

## LW Women's Golf Club

The Leisure World Women's Golf Club Weekly Tournament had 46 golfers participating. The women played for low gross, low net and "chip-ins," which means the player gets the ball in the hole from off the green.

**A flight winners:** Low gross: Linda Herman, 25; low net: Jane Song and Janice Turner, 25. Judy Kim had a chip-in on hole No. 8.

**B flight winners:** Low gross: Veronica Chang, 30; low net: Sue Yokomi, 25. Sun Lee had a chip-in on hole No. 3 and Young Yoon on hole No. 9.

**C flight winners:** Low gross: Keiko Sekino and Kang Hong, 35. Hong had a chip-in on hole No. 7; low net: Helen Yoon, 26. Patty Littrell had a chip-in on hole No. 6. Angela Han had chip-ins on holes No. 6 and 7.

**D flight winners:** Low gross: Neva Senske, 35; low net: Elizabeth Butterfield and Kum Delius, 26.

Fifth week tournament Chair Karen Mendon announced the fifth week tournament will be Oct. 31. It will be a shotgun tournament starting at 8:15 a.m. Plan on wearing a costume. Details are in the golf clubhouse.

Those interested in joining the Women's Golf Club can obtain an application from the golf course starter or contact Club Treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol



Veteran players (l-r) Linda Peters, Bob Peterson, Ellie West and Jack O'Brien serve the Shuffleboard Club with their many volunteer activities and mentoring new members.

## Shuffleboard Club announces Saturday morning open play

With the new fall season well underway, many shuffleboard players want to practice more than anticipated. Because the refurbished courts react differently than before, extra practice seems advisable. Therefore, beginning Oct. 7, for the month of October, the Courts Building will open on Saturdays from 10 a.m.-noon. Monday and Wednesday open play will continue from 9-11 a.m.

The general membership business meeting will be held Thursday, Oct. 12, at Clubhouse 1 from 9:45-11 a.m. The primary agenda items will be to hear responses regarding the start of league play and to announce dates for future fall special events. All club members are invited to attend.

**Sept. 26 winners:** Team Karen ran wild over Team Chandra winning eight games out of 12. Team Karen had three all-game winners: veteran player Sal LaScala along with new players Micki Aiello and Rosie Grogan.

Team Jack, after a bye for the first week's competition, walloped Team Rod, winning 11 of the 12 games. Team Jack set a record by having six players who were all-game winners: Elizabeth Martinez, Jack O'Brien, Sandy Derouin, Linda Peters, and new players Sue Rotter and Lynn Baidack.

**Sept. 22 winners:** Team Sally zoomed past Team Milly winning eight of the 12 games. Team Sally had three all-game winners: Dan Habel, Sally Fowler and Jack O'Brien, who was substituting for an absent player. Team Milly had one all-game winner: Dennis Kotecki.

Team Rod leapt past Team Kay/Shel, also winning eight of 12 games. Team Rod had three all-game winners: Doris Morton, Roger Bennett and Rod Osgood. Team Kay/Shel had one all-game winner: Sue Burkschab, also a substitute for an absent player.

**Sept. 29 winners:** Team Shel and Team Carol split the 12 games with each team winning six and losing six. Team Shel had one all-game winner—Chandra Patel—while Team Carol also had one—Harshad Patel. The Patel's are tough competitors at every turn.

Team Rod slipped past Team Sally, winning seven of the 12 games. Team Rod had three all-game winners: Dolores Cook, Doris Morton and Roger Bennett, while Team Sally had one—Bob Ponegalek.

For information about the Shuffleboard Club, call Patty Peterson, membership coordinator, at 562-714-7072.

—Kay Mount

## Men's Golf Club

On Sept. 27 the Leisure World Men's Golf Club played its second September tournament at the Turtle Lake Golf Course. The weather was cool at the 7:30 a.m. start but turned into a sunny and warm morning. The course continues to be in good condition with no dramatic wet spots or weed patches on the greens, plus it appears the divot fix bottles now have seed in them.

Two groups of three flights of variously skilled golfers played for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot radius are rewarded), and four closest-to-the-pin challenges.

A total of 54 golfers competed on the course. With nice weather conditions there were 50 birdies and six circle hole winners. Additionally, 20 of 54 golfers were net at or under par. Closest to the pin on the second hole was Tom Owens and on the 11th hole was Dong Kim. Low net score was Steve Walker at nine under 45, followed by Pat Paternoster at eight under 46, with five other golfers at or under net 50.

All scores below are net—gross score minus handicap.

**A flight winners (handicaps of 0-7):** Pat Paternoster, first place; Fujio Norihiro, second;

Won Song, third; tie between Alan Sewell, Bill Lyons, and Andrew Kim, fourth; tie between Bob Turner and Bob Barnum, fifth; Bill Long, sixth; John Kolthoff, seventh.

**B flight winners (handicaps of 8-12):** Steve Walker, first place; tie between Paul Alloway and Byron Schweitzer, second; Mark Rice, third; Ron Steele, fourth; Seung Lee, fifth; tie between Jun Um and Ron Jackson, sixth; Don Roberson, seventh; tie between James Farr, Richard Yokomi, Dennis McMonigle and Ben Benjamins, eighth.

**C flight winners (handicaps of 13-18):** Manny Miranda, first place; Paul Shellenberger, second; John Sorenson, third; James Choi, fourth; tie between Jon Russell, Dennis Actil, and Bill Zurn, fifth.

The next men's tournament will be on Oct. 11, and every second and fourth Wednesday of the following months. Those who had planned to play in any tournament and cannot should contact Scott Tuchfarber at 909-684-0426 or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 10-15 minutes prior to scheduled tee time and be ready to play.

—Dave LaCascia

## Pinochle Club

The Pinochle Club meets on Mondays, Thursdays and Saturdays in Clubhouse 1 from noon to 4 p.m.

**Sept. 11 winners:** Irene Perkins, 12,400, first place; Gene Smith, 11,820, second; Peggy Kaspar, 11,040, third; Don Walton, 10,920, fourth.

**Sept. 14 winners:** Don Walton, 13,160, first place; Kathie Ho, 11,760, second; Marge Dodero, 11,450, third; Antonia Zupancich, 11,250, fourth.

**Sept. 16 winners:** Donna Gorman, 12,090, first place; Gayle Colden, 10,870, second; Antonia Zupancich, 9,980, third; Curt Rogers, 9,680, fourth.

**Sept. 18 winners:** Mary Luongo, 9,660, first place; Charlette Westcott, 9,420, second; Ruth Bonnema, 9,130, third; Peggy Kaspar, 9,020, fourth.

**Sept. 21 winners:** Peggy Kaspar, 12,780, first place; Diana Lambert, 12,580, second; Suzzane Parks, 11,750, third; Melena Cowan, 11,220, fourth.

For more information, contact Antonia Zupancich at 760-427-2731 or [antonina9543@sbcglobal.net](mailto:antonina9543@sbcglobal.net).

The LW Weekly  
562-430-0534

Golf etiquette suggests one never walks across the line of another golfer's putt or talk while someone is hitting.

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# ARTS & LEISURE



Bonnie Cooper (l) and Cristina Vegas

## Video Producers Club

The Video Producers Club offers technical assistance to those who need it. Residents with issues regarding iPhones or iPads can email Cristina Vegas at [cvegas2017@gmail.com](mailto:cvegas2017@gmail.com), or comment on her weekly posts on the Leisure World Seal Beach Facebook page. She takes appointments at the Video Producers Club office in person on Wednesdays from 10 a.m.-noon to answer questions and offer guidance.

Recently, Vegas taught member Bonnie Cooper how to transfer videos from an iPad to a flash drive so she could use the videos on a PC. They looked at general settings, iCloud storage and how to add Safari to the iPad taskbar for easier use.



Vito Villamor

## Community Karaoke

Karaoke folks sometimes dance and Vito Villamor got them moving on Sept. 27 by singing “Elvira.” Frank Miller also chose a good song, “A Fool Such As I.” William Young came on strong with “Stand By Me.” Eric Voge likes country tunes like “On The Other Hand.” Nina Todorov entertained the audience with “Blame It On the Bossa Nova.” Sherlene Wallis and Vinny Correnti sang a nice “Dream.” Sally Glausser shows her personality singing show tunes like “Big Spender.” Vickie Mendoza’s operatic voice sang “Summertime.” Bob Barnum and Flo Lee tried out a new, catchy tune, “Stumblin’ In.”

People enjoyed pizza and ice cream bars during the entertaining evening of karaoke singing. Everyone is welcome each Wednesday evening beginning at 5:30 in Clubhouse 1. Folks practice in Clubhouse 6 on Monday’s from 1-3 p.m.

—Margie Thompson

## Grab ‘n’ Go Menu Oct. 5-11

**Thursday: Domino’s Pizza at Clubhouse 6**—Call ahead at 562-493-2212 for special orders, wings and salads from 3:30-7 p.m. Cash and cards are accepted.

**Monday: Lucille’s Smoke-house BBQ at Clubhouse 6**—Enjoy barbecue plates with a variety of meats, plus sides like cole slaw, garlic mashed potatoes and more. Lucille’s does not accept preorders. People can order onsite from 3-6 p.m.; cards only.

**Tuesday: Taco Tuesday at Clubhouse 6**—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

**Wednesday: The Empanada Maker at Clubhouse 6 (New)**—Try out a variety of empanadas. See the full menu online at [www.theempanadamaker.com/menu](http://www.theempanadamaker.com/menu). Preorder by calling 949-524-3145.

On-call bus service is available from 4:30 p.m.; regular service before 4:30.; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379.

Watch LW Live for updates. Sign up for notifications at [www.lwsb.com/lw-live-sign-up/](http://www.lwsb.com/lw-live-sign-up/). To ask questions or give feedback, email [kathyty@lwsb.com](mailto:kathyty@lwsb.com).



Lori ‘Lolo’ Chamberlin

Senior priest Father Joseph was surprised when Hui O Hula dancers showed up to wish him a happy 60th birthday.

## Hui O Hula

All are welcome to join free hula dance sessions twice a week: on Tuesdays upstairs in Clubhouse 6 at 1 p.m.; and on Thursdays at Veterans Plaza, also from 1 p.m. Tuesday’s class is popular with the malihini/newcomers. In this hour, memorizing the routine is not necessary: simply follow the senior dancers and enjoy the hula.

Next week, the class will review Ka Huila Wai. Dancers use four hula implements in this choreography to describe the cliff, stormy ocean, koa’e birds, waterfall and peacocks. The hula implements are bamboo rattles, gourds, river rocks and feather gourds. There are extra bamboo rattles so that new dancers may use them for this upbeat melody. For class information, call 562-431-2242.

## RECREATION TRIPS

## Winter Sawdust Festival and Nutcracker tickets on sale now

The highly anticipated end-of-year trips to the Winter Sawdust Festival and “The Nutcracker” went on sale at the Recreation Department on Oct. 2.

Tickets will be sold on a first-come, first-served basis. Tickets can be purchased at the Recreation Department in Building 5. An online purchasing option is not be available.

The Sawdust Art Festival: Winter Fantasy occurs for five magical weekends as a one-of-a-kind holiday art and crafts jubilee, which showcases over 180 artisans with original handcrafted artwork. The event will feature live music as well as two separate restaurant venues that residents can enjoy. The trip will take place on Friday, Nov. 17, and tickets are \$36.

“The Nutcracker” returns to the Segerstrom Center for the Arts in Costa Mesa and LWers will make the trip on Wednesday, Dec. 13. American Ballet Theatre’s critically acclaimed production of superstar dancers, gorgeous costumes and the Pacific Symphony is a perfect holiday memory for individuals and their families.

Segerstrom describes “The Nutcracker” as a story of a girl named Clara who receives the gift of a nutcracker doll at a family’s Christmas party. That night, she dreams of her nutcracker doll as a prince who travels with her to new lands with unusual characters like an army mouse, waltzing flowers and more. The production includes over 100 performers, and Recreation has secured orchestra seats for just \$55.

## Art League Demonstration

The Art League will hold a demonstration on Tuesday, Oct. 10, in Clubhouse 4 at 7 p.m. Michelle Zumstein, the daughter of a local resident, will demonstrate. Zumstein works as a staff accountant, but in her free time she works on her side business: art. Zumstein is traveling from Johnson Valley, north of Big Bear, to demonstrate for the club.

Zumstein’s specialty is pyrography, the art of decorating wood with burn marks. In 2018, she experienced a serious car accident and had a long recovery, during which she perfected her skills with the help and training of fellow artists. She receives commissions through her company MZPYROGRAPHY. She also designs and paints cowboy hats, some of which have been purchased by famous country entertainers.

Members should have their work in for judging by 6:30 p.m. The popular vote subject this month is “still life.”

## Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6, on the second floor. In October, Candis Davis will teach West Coast swing at 9 a.m., followed by waltz at 10.

Class participants vote on new dance topics every month. Each class is \$7 per person. Partners are not required. For more information, contact President Howard Small at 516-659-3314.



Susan Mathieu

## Huntington Beach Concert Band

The Huntington Beach Concert Band will celebrate a half century of service to the community with a concert on Sunday, Oct. 8, at 3 p.m. at the Rose Center Theater, 14140 All American Way, Westminster.

Susan Mathieu of Mutual 6 plays clarinet in the band and said this performance will be one not to miss. Tickets, which are \$15 for seniors, can be purchased online at [rb.gy/45ip3](http://rb.gy/45ip3), or by contacting the theater’s box office at [RoseCTBoxOffice@gmail.com](mailto:RoseCTBoxOffice@gmail.com) or leaving a voicemail at 714-793-1150, ext. 1.

For more information, visit the Huntington Beach Concert Band website at [www.hbconcertband.org](http://www.hbconcertband.org).

## GARDEN CLUB

## Sherman Gardens tickets still available

Tickets are still available for the Garden Club’s Oct. 18 trip to Sherman Gardens in Corona Del Mar. Tickets cost \$60, which includes the bus, a docent-led tour of the 2.2 acre gardens and lunch at the 608 Dahlia Restaurant.

To purchase tickets, call Mary Casdorff at 562-446-0056 or attend the club’s next meeting on Oct. 16.

## Creative Writers Club

The Creative Writers Club meets the last Friday of each month in Clubhouse 3, Room 1, from 1-3:30 pm. The club will meet Friday, Oct. 28.

The club is perfect for people interested in writing for their own personal enjoyment and who would like to share their work with others who feel the same. Writers who are hesitant to share can come to up to three meetings as a visitor to listen and give feedback. For more information, contact Debbie Barner at 325-721-0687.



ENTERTAINERS CLUB

LW duo Harvest Moon will perform at Veterans Plaza

Leisure World residents Vickie Van Ert of Mutual 16 and Mike Simpson of Mutual 6 will return as the guitar/vocal duo, Harvest Moon, to Veterans Plaza on Friday, Oct. 6, from 5:30-7 p.m. Harvest Moon is proudly sponsored by The Entertainers Club on the first Friday of the month at Veterans Plaza, showcasing popular hits from the '50s, '60s, '70s and more.

Guests are invited to bring their own refreshments. Seating and tables are provided. The concert is free but tips are appreciated.



Vickie Van Ert and Mike Simpson are the duo behind Harvest Moon.

Email arts stories to [emmad@lwsb.com](mailto:emmad@lwsb.com)

SILVER FOX CLASSIC CAR CLUB



Members and friends of the Silver Fox Classic Car Club toured the Lions Automobilia Museum in Rancho Dominguez. The Lions Auto Foundation takes preserving automotive history to the next level. Each gallery reveals the human experience with the automobiles. Visitors describe the exhibits as mind-blowing. Visitors included Susan Lee (l-r), Ron Lee, Joe Lewis, Ted Green, Patti Green, June Reisner, Gary Reisner and Scott Davis.

RECREATION

Fall Festival will return in October

The GRF Recreation Department will host the annual Fall Festival on Saturday, Oct. 14, from 10 a.m.-2 p.m. in Clubhouse 6. The event will feature an emergency preparedness expo. Minibus service will be available throughout the event.

Stone Soul, which brought down the house at the Amphitheater this season, will perform at the event. It is an eight-piece, horn-blowing, foot-stomping classic soul and Motown tribute band that performs spot-on renditions of memorable soul and Motown hits from Smokey Robinson, The Temptations, Stevie Wonder, Otis Redding, James Brown and more.

There will be emergency preparedness supplies to buy, raffles, and an exhibit by the Community Emergency Response Team (CERT).

Demonstrations will be given by the SoCal Animal Response Team (SCART), a Southern California based animal disaster response team whose goals are to educate the public in disaster preparedness for their families and pets. Topics include solar power and communication, emergency medication, what to put in grab and go bags, and pet prep in an emergency.

In addition to vendors, there will be displays by LW service clubs, face painting, food trucks and much more. The expo will underscore the fact that in the event of an emergency, LWers will be on their own until professional help can arrive, which may be days or longer, depending on the crisis.

Shuttle service will be available from the Clubhouse 4 parking lot. People are encouraged to park and ride. For more information, contact [mayokab@lwsb.com](mailto:mayokab@lwsb.com).

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<b>11/1/2023, 3:00 PM</b> Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740	<b>11/13/2023, 10:00 AM</b> Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740	<b>11/30/2023, 12:00 PM</b> Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740

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## 2023 Amphitheater Show Survey

DATE	SHOW	GOOD	FAIR	POOR
6/29	Beach Boys Tribute			
7/6	Springsteen Experience			
7/13	Shades of Billy Joel			
7/20	Michael Bublé Tribute			
7/27	Venturesmania			
8/3	Tribute to Elton John			
8/10	Bee Gees Gold			
8/17	Matt Lewis as Elvis			
8/24	Tribute to Tina Turner			
8/31	Tribute to Huey Lewis and the News			
9/7	Stone Soul			
9/14	Jimmy Buffet Tribute			

Mutual: \_\_\_\_\_ Apartment Number: \_\_\_\_\_

Comments/Suggestions for future shows:

Return surveys to the GRF Recreation Office, Bldg. 5, by Oct. 6.



  
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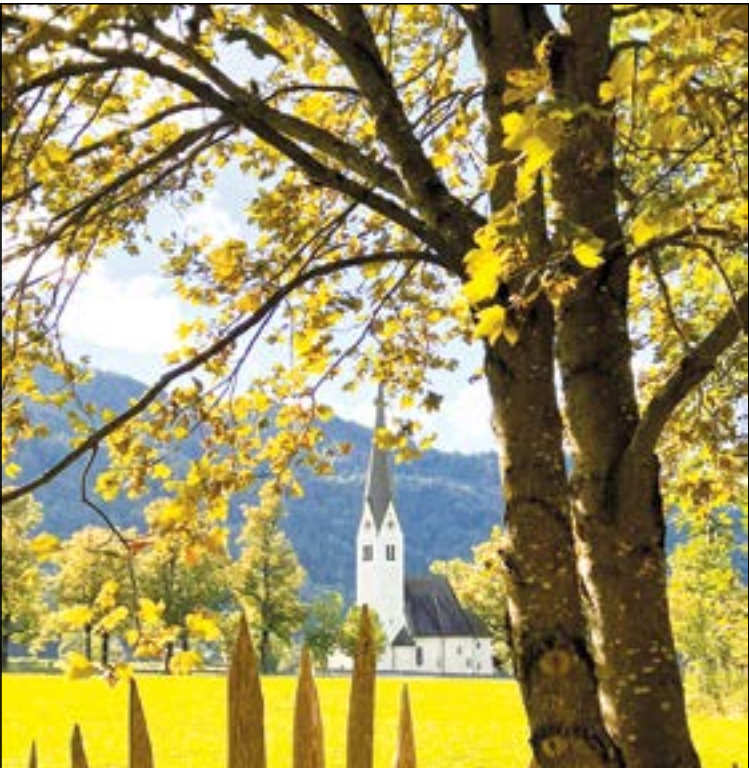
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Regine Schumacher

A landscape in Bavaria taken by a club member.

## Photo Arts Club

At the Sept. 14 meeting of the Photo Arts Club, Ben Benjamins began the PowerPoint program by reviewing photography topics: making better photographs, direction of light, hot spots, absence of detail, absence of information, image sharpness, depth of field, focus point, balance, location of subject, the rule of thirds, subject in relation to its environment and supporting elements.

After this review of all the essential elements of image creation, Benjamins showed the photos that had been sent to him by the photographers. As all photos were viewed, the group worked together to analyze each of the photos using the principles reviewed on PowerPoint.

The Photo Arts Club will meet on Thursday, Oct. 12, at 1:30 p.m. in Clubhouse 3, Room 9. The assignment will be “landscape” photos taken with a camera or phone. The landscape scene can contain water or not; it’s up to the photographer.

Members should take new photos instead of sending in photos taken in the past. The group will look for the application of the photography principles discussed at the meeting. People should email three of their best photos to Benjamins at [benbenjamins@hotmail.com](mailto:benbenjamins@hotmail.com) to be shown at the meeting. People should send the photos at least two days beforehand.

People can also bring photos of their choice to be displayed and to be commented on. Hooks and labels are available for members who wish to hang framed photos in the hall of Clubhouse 3. Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome.

To ask questions about cameras, iPhones or photography, or to share photos, visit the club’s Facebook page, titled “Photographic Arts Club of Leisure World.” All are welcome to join the private group. To join, hit the “join” button, and LW residents will be approved.

For information about the club, call Regine Schumacher at 562-430-7978.

—Regine Schumacher

Joshua 1:7-9

# GREENWOOD

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LONG BEACH SYMPHONY

Group discount tickets available

Jeannie Berro from Mutual 2 is accepting new members into her Long Beach Symphony Orchestra season ticket group, which she's had for about 16 years. Tickets for the upcoming Pops concert five-show subscriptions start at \$80; single tickets start at \$30.

Upcoming concerts include: Oct. 28: A Beatles Celebration; Dec. 9: Holiday Swing; Feb. 3, 2024: Rolling Stones Tribute; March 23, 2024: Fleetwood Mac Tribute; and May 4, 2024: Disco Fever Dance Party.

Contact Jeannie Berro at 562-284-6054 for more information. People should text before calling if possible.

Being in a season ticket group offers subscriber-only benefits and offers, early access to events, priority seating, free lost ticket replacement, free flexible ticket exchanges, dining discounts, no per-ticket fees, parking discounts and more. Carpools will be arranged, and ADA seating is available. There is no bus transportation for Pops concerts. People can also save up to 30% off single tickets.

—Jeannie Berro

LEISURE TIME DANCERS

Learn swing and foxtrot on Monday in Clubhouse 6

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. West Coast swing is at 2 p.m., followed by foxtrot at 3.

No partner is necessary. The class will rotate so everyone dances. Beginners are welcome. A review of basics will be included.

The cost is \$7 per person for one class and \$11 per person for two classes in a single day. For more information, contact Leisure Time Dancers President Jackie Theis at 310-743-9373.



John Robinson displays some of his jewelry in the display case in front of the Lapidary Club room in Clubhouse 4.

Lapidary Club

by Janice Friedland  
LW contributor

John Robinson, the longest-tenured Lapidary Club member, who has been with the club for almost 30 years, is somewhat of a Renaissance man. He has been a Woodshop #2 and Lapidary supervisor for many years and enjoys painting and ceramics here in Leisure World. Robinson was also a marathon runner in Pikes Peak, Big Sur and Los Angeles. He is also a very talented jewelry designer, creating necklaces, earrings, rings and bracelets.

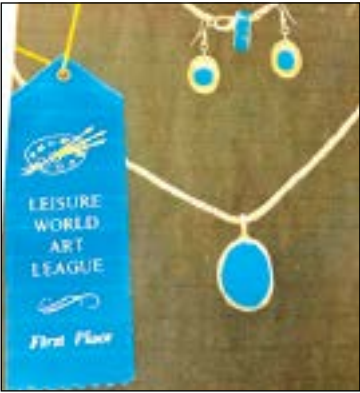
Robinson's love for gemstones started at an early age. He was raised on a farm in a rural area of Colorado where he has fond memories of going mountain climbing with his father.

Robinson completed the gemology program 25 years ago, where he evaluated a large collection of gemstones. His specialty in the Lapidary Club is faceting. He finds the process relaxing—grinding and polishing the stones (commonly called “cutting”) and creating beautifully finished gemstone suitable for jewelry. He said it “takes your mind off of everything else.”

He cuts and polishes gemstones which can be integrated into various forms of jewelry which he sells at various GRF art shows. Robinson, 88, is not slowing down. He is currently president of Faceters Guild of Southern California.

In his professional life, Robinson worked in the aerospace industry for 56 years. He is currently the chairman of the Space Propulsion Synergy Team and Emeritus Associate Fellow of American Institute of Aeronautics & Astronautics, where he served in many positions, just to name two of his many accomplishments.

Robinson has enjoyed developing friendships over the years in the Lapidary Club. People can come by Clubhouse 4 to see the display case where Robinson has placed several of his pieces of jewelry.



An example of Robinson's jewelry.

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CONGREGATION SHOLOM BENEFIT



LW resident Dan Habel, an active member of the Brotherhood of Magician who teaches magic at the Seal Beach Community Center, performs a card trick during a session of close-up magic at the Congregation Sholom benefit show on Sept. 27. The show was enjoyed by all.



# COMMUNITY



Diana Lambert (r) of Mutual 4 and Gloria Arganda of Mutual 2 have over 26 and 20 years of experience preparing taxes, respectively.

## GAF seeks tax program volunteers

People often find filing their income tax returns overwhelming and seek help. The AARP Tax Program, sponsored by the Golden Age Foundation (GAF), needs volunteers for its tax filing program. Volunteers will provide free tax preparation and e-filing to residents. This will relieve the stress of the residents and help them get the refunds they deserve. Experience is not necessary. AARP and GAF will provide all the training that support volunteers need to provide a great service to the community.

The current positions that need to be filled are:

- **Tax-Aide:** Work directly with taxpayers to prepare their tax returns.
- **Client Facilitator:** Greet clients and help organize their documents.
- **Telephone Assistant:** First line of contact to schedule appointments for clients.

To volunteer, people must be computer literate and attend training session. Volunteers will work 1-2 days a week for 4-5 hours during tax season, Feb. 5-April 10.

To apply or to receive more information, call Diana Lambert at 562-860-2844.

## Community Bingo Games

LWers can join the fun every Sunday in Clubhouse 2 for a few rounds of bingo. Doors open at 1 p.m. and first call is at 1:30. Buy-in starts at \$5 per game. Other table games are available for those who are interested. Refreshments are provided.

Bingo sponsors for each week are:

- First Sunday: American Legion Auxiliary Unit 327
- Second Sunday: American Legion Post 327
- Third Sunday: Filipino Association of Leisure World
- Fourth Sunday: American Legion Post 327
- Fifth Sunday: Filipino Association of Leisure World



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## American Latino Club

The American Latino Club will meet on Thursday, Oct. 12, from 11 a.m.-3 p.m. in Clubhouse 3, Room 2.

The three lunch choices are: a lomo saltado-sauteed beef mixed with onions, tomatoes and french fries served with white rice; vainita de pollo-sauteed chicken mixed with onions, tomatoes, and green beans served with white rice; or saltado de vegetales-sauteed mix of vegetables served with rice. All entrees come with a cilantro-based chicken soup, dinner roll and aji verde served on the side. Each meal is \$15 for members and \$17 for guests. There will also be a raffle at the event.

The theme for this month is Halloween, with a costume contest. Prizes will be given out for the winner of the following three categories: original, ugliest and prettiest costume.

Payment must reach club Treasurer Carmen Edwards by Oct. 9, either by U.S. mail or it can be dropped off at her house at 1240 Oakmont Road, 52-K, Seal Beach, CA. 90740. Make **ALC, page 20**

## WHERE WE LIVE CLUB

## Carport charging gains interest

The Where We Live Club had a great meeting on Sept. 11 with about 20 people. It seems there is strong interest in bringing carport charging to LWSB. However, there are no quick solutions. Essentially, residents need to be ready for Southern California Edison to reopen the "Charge Ready" grants so that each Mutual can install chargers at little expense, as guaranteed under Davis Stirling. Until then, each Mutual can start creating a list of shareholders interested in charging, so that when the money becomes available, they are ready to seize the moment.

A new Facebook group was created just for LWSB shareholders interested in this topic under the name "Car Charging @ LWSB" for those who want to keep up and share information.

The meeting featuring GRF Executive Director Jessica Sedgwick has been postponed. There will be no meeting in October.

—Greg Moore



## Surplus Equipment for Sale

The Recreation Department is selling the following used surplus equipment:

- Used billiard balls from Clubhouse 1 (three sets).
- Four-drawer metal filing cabinet.
- Used Nintendo Wii Console, formerly used by Recreation.
- Used digital camera from the early 2000's.

For more information, stop by the Purchasing Department or call it at 562-431-6586, ext. 309.



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## LWer gets a visit from a Grammy-winning conductor

Taylor Swift didn't show, but Leisure World still had a Grammy winner within its walls last month.

Karen Kamensek, who won the Best Opera Recording Grammy in 2022 for conducting the Metropolitan Opera's U.S. premiere of Philip Glass' "Akhnaten," came to Leisure World to celebrate her Sept. 12 Hollywood Bowl debut leading the Los Angeles Philharmonic.

Kamensek visited her high school choral teacher, Mutual 5 President Linda DeRungs, to rest from a grueling flight from Australia, where she conducted at the famous Sydney Opera House before her Bowl concert. Kamensek spent three days at Leisure World, then returned to her home in southwest France.

Kamensek studied with DeRungs for three years at her performing arts high school before being accepted into Indiana University's renowned music school, then nurturing her career in Europe.

Next year, Kamensek is



Grammy-winning conductor Karen Kamensek (l-r) visited former teacher Linda DeRungs after leading the Los Angeles Philharmonic at the Hollywood Bowl.

slated to conduct London's Royal Philharmonic, the Royal Opera at Covent Garden, as well as orchestras in the United States, Canada and nine European countries.

DeRungs herself is an international music honoree. She was the soprano soloist for the Ars Femina chamber ensemble, one of whose Baroque recordings the BBC placed on its 10-Best Recordings of the Year. Her husband, GRF vice president

William Thompson, also has performing arts experience. Before starting his college teaching career at age 29, Thompson was the University of Missouri Conservatory of Music's assistant director. He is still the youngest person to hold a director's position in the institution's nearly 120-year history.

Despite her duties as Mutual 5's president, DeRungs is involved in Leisure World's music

**DERUNGS, page 19**

## SBTV-3 Listings

**Thursday, Oct. 5**  
4 p.m. Studio Cafe  
4:30 p.m. Pizza at the Hospitality Room  
5 p.m. Hip to Be Square  
7 p.m. LW Orchestra  
8 p.m. Stone Soul Band  
10 p.m. Aliens Walk Among Us  
10:30 p.m. Mystery at the Theater  
11 p.m. On Q

**Friday, Oct. 6**  
4 p.m. On Q  
5 p.m. Harvest Moon  
6:30 p.m. Head Master  
7 p.m. Neil Diamond Tribute Band  
8:30 p.m. Studio Cafe  
9 p.m. Albuquerque Balloon Fiesta  
9:30 p.m. LW Lapidary Club  
10 p.m. Korean Nights  
11:30 p.m. Road Trip

**Saturday, Oct. 7**  
4 p.m. Always Tina Tribute Band  
5:30 p.m. LW Orchestra  
6:30 p.m. Studio Cafe  
7 p.m. LAUSD Meeting Replay  
8 p.m. Harvest Moon  
9:30 p.m. Mystery at the Theater  
**SBTV, page 20**

## Democratic Club

by Mary Larson  
LW Contributor

Beginning on Feb. 5, less than four months from now, the Orange County Registrar of Voters will begin mailing vote-by-mail ballots to every registered voter in Leisure World. As a part of its ongoing efforts to prepare for that important election, LW Democratic Club members gathered in Clubhouse 3 on Sept. 27. The club listened to one of the candidates who will appear on that Primary Election ballot, Cypress City Councilwoman Dr. Frances Marquez.

Marquez is running for election to the OC Board of Supervisors to replace Andrew Do, who will be termed out of office at the end of 2024. The overwhelming positive response she received during the club's meeting was similar to that of other Democratic Clubs throughout the district. As evidence of that support, the Democratic Party of Orange County voted later that same evening to officially endorse her candidacy.

During the Sept. 27 meeting, the LW Democratic Club's nominating committee also presented a slate of candidates for the 2024-25 Board of Directors. There were no additional candidates nominated by club members during the meeting. The election will be held during the club's November meeting.

The club's "Neighbor to Neighbor" program is getting ready to implement its "Get Out the Vote in 2024" taskforce. The taskforce has held two training sessions for the program coordinators. The coordinators are currently in the process of recruiting club members who will help other Democrats in their respective Mutuels be aware of the importance of the March primary election. The long-range goal of the taskforce is to establish a visible, friendly and helpful presence in every LW neighborhood. Any club member who is interested in being a part of this effort should email Vice President Kathy Moran at [kmoran97@yahoo.com](mailto:kmoran97@yahoo.com).

There are still a limited number of free tickets available for any club member who wants to attend the first annual Democratic Party of Orange County Convention on Oct. 21. The convention will include a number of workshops related to the 2024 elections. Carpooling will be available for those attending. Call 562-296-8521 or email [mlarson.telfords@gmail.com](mailto:mlarson.telfords@gmail.com) for more information or to reserve a ticket.

The SBLW Democratic Club believes health care is a right, diversity is a strength, the economy should work for everyone, and that facts and truth matter.

All LW Democrats and supporters can to subscribe to the club's free electronic newsletter. The semi-monthly publication covers more in-depth reporting on issues and candidates. Email [mlarson.telfords@gmail.com](mailto:mlarson.telfords@gmail.com) or call 562-296-8521 to sign up. It is important to include full contact information.

# Fabulous 50's Party!

## Wednesday, October 18th

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Karen Rossi

SUNSHINE CLUB

Learn the anatomy of a scam Friday

Karen Rossi from the Council on Aging in Southern California (COASC) will discuss the anatomy of a scam with the Sunshine Club on Friday, Oct. 6, in Clubhouse 3, Room 2, at 10 a.m.

Rossi's 45 minute presentation will discuss the four main characteristics of every scam. While scams or fraud may vary in appearance, they all have the same four characteristics regardless of how they appear. Rossi will also discuss why reporting is important, to whom to report to, and ways people can safeguard themselves and their assets/estate against scams.

The Senior Protection Program focuses on elder financial abuse both through education and awareness of how to recognize scams and fraud as well as fielding calls from individuals who think they or someone they know may be a victim of a scam or fraud. The program is the source for resource referral whether it be legal assistance, local law enforcement, Adult Protective Services, or just information to keep one's assets/estate safe from fraud.

Rossi is the program coordinator for the Senior Protection Program at the COASC. She has been with the Council for over eight years working as the production manager for ANSWERS magazine as well as the Senior Protection Program.

Rossi has a bachelor's in science degree from Purdue University, an MBA from Pepperdine, and a Fiduciary Certification from Cal State Fullerton. She is also a member of the Financial Abuse Specialist Team, the FBI Citizens Academy, and the Elder Abuse Forensic Center.

The Council on Aging will be celebrating its 50th year in OC. It is a 501(c)3 nonprofit organization located in Irvine. It houses seven programs under their corporate umbrella, including the Senior Protection Program. The Senior Protection Program is the proud recipient of the 2023 Partner of the Year award from Public Law Center.

In the month of October, there will be four speakers including Rossi on Oct. 6. Alice West from Transform Your Space will speak on Oct. 13; Mark Odom, Vice President of Alzheimer's' Orange County, **SUNSHINE, page 20**



Dr. Rosa Fabian

Emergency Buddy System

LW's Emergency Buddy System is a volunteer-led group from Mutual 2 that wants all LW residents accounted for in case of a disaster earthquake. The group will hold a Great Shakeout Drill on Oct. 19 at 9:45 a.m. on the Mutual 2 greenbelt between buildings 21 and 34.

During the presentation, residents learn to drop, cover and hold on. They will learn how to respond during and after the earthquake. The seven steps of earthquake safety will also be discussed.

Providing the Shakeout Drill will be Dr. Rosa Fabian, Dave Forney, Angie Forney, Doreen Chesebro, Pat Ronda, Sylvia Markus, Teresa Turner, Fara Quirin and Lorna Lass.

PAWS CLAWS AND BEAKS

Bring your best costumes Oct. 12

The Paws, Claws and Beaks Club will hold its annual Halloween Potluck Party on Thursday, Oct. 12 in the Clubhouse 1 picnic area at noon.

LW pet owners and their pets are welcome to join the club's afternoon of fun, food and games.

Dog owners are asked to bring their dog in costume and on a leash. Cat or bird owners are encouraged to bring a picture of their cat or bird in costume as there will be separate contests for each category.

People are asked to bring a side dish for eight people that will go with chicken. There will be a costume parade, games and prizes with lots of food, fun and laughter.

For more information or to RSVP call Bonnie Kaplan at 714-930-5314 so she knows how much chicken to bring.



DERUNGS from page 18

scene. She is the newly named assistant conductor of the Leisure World Orchestra, headed by Kyu-Sam Kim.

Kamensek's Hollywood Bowl concert, which included works by Gustav Holst and Philip Glass, as well as Adam Schoenberg's world premiere memorializing Los Angeles' iconic mountain lion, P-22, will be rebroadcast Oct. 22 on KUSC radio at 7 p.m.

—William Thompson



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<p>Complimentary Consultation or Second Opinion</p> <p><small>New Patients only. Must mention offer at time of scheduling and present ad at time of service. Expires 10-31-23</small></p>	<p>Los Alamitos 10900 Los Alamitos Blvd, Suite 133 Los Alamitos, CA 90720 (562) 596-8888</p> <p>Payment Plans Available. Most Insurances Accepted Same Day Emergency Services Extended Evening Hours</p>	<p>On-Site: Endodontist (Root Canal Specialist) Periodontist (Gum Specialist)</p>





Darlene Ross (l-r) and Trish Moyer signed up for Ralphs Community Rewards with Betty Greeley and Cheryl Falconer.

Support the GAF

The Ralphs Community Contribution Program is an easy way for Leisure World residents to raise money for the Golden Age Foundation (GAF). Each Wednesday, GAF board members will be in the Hospitality Room in Clubhouse 6 to assist residents in signing up for the program. In order to sign up for the program, the GAF will ask residents to provide their full name, email and phone number associated with their Ralphs membership. The information is shredded as soon as the resident is signed up. For more information, text 562-301-5339.

ALC from page 17

checks payable to the American Latino Club. For more information, call 562-431-4257.

In preparation for Election of Officers for 2024, any members that would like to run for the Board should sign up at this meeting. Elections will be held at the Nov. 9 meeting. All are welcome.



Ellen Brannigan (l) and Ashley Bassett-Parkins of Lyvon.

Seal Beach Farmers Market

Mutual 14 resident Ellen Brannigan met Ashley Bassett-Parkins, the owner of Lyvon (“live-on”) sustainable clothes and gifts, at the SB Farmer’s Market.

Lyvon also carries many healthy organic skin and hair products such as body butter, shampoo and conditioner, hair oil and therapeutic salve. She also sells affirmation cards and clothing. “Everything to make you feel good inside and out” says Brannigan. “Ashley will greet you and show you her skirts, tops and dresses that look good, feel good and last long.”

The Farmers Market is held every Tuesday from 9 a.m.-1 p.m. at Seal Beach Village, at the corner of Westminster and Seal Beach Boulevards.

**SBTV**  
**from page 18**  
10 p.m. Neil Diamond Tribute Band  
11:30p.m. Space Shuttle History

**Sunday, Oct. 8**  
4 p.m. On Q  
5 p.m. Hip to Be Square  
6:30 p.m. Studio Cafe  
7 p.m. LW Orchestra  
8 p.m. Hui-O-Hula  
9 p.m. Seal Beach Public Safety Awards  
10:30 p.m. Road Trip  
11 p.m. Long Beach Dragon Boat Race/ Long Beach Dragon Boat Festival  
11:30 p.m. Seal Beach Car Show

**Monday, Oct. 9**  
4 p.m. Harvest Moon  
6 p.m. On Q  
7 p.m. Seal Beach City Council Meeting: LIVE  
9 p.m. Road Trip  
9:30 p.m. Korean Nights  
11 p.m. Long Beach Dragon Boat Race/ Long Beach Dragon Boat Festival  
11:30 p.m. Bob Cole Conservancy

**Tuesday, Oct. 10**  
4 p.m. Studio Cafe  
4:30 p.m. Pizza at the Hospitality Room  
5 p.m. Hip to Be Square  
7 p.m. LW Orchestra  
8 p.m. Stone Soul Band  
10 p.m. Aliens Walk Among Us  
10:30 p.m. Mystery at the Theater  
11 p.m. On Q

**Wednesday, Oct. 11**  
4 p.m. On Q  
5 p.m. Harvest Moon  
6:30 p.m. Head Master  
7 p.m. Neil Diamond Tribute Band  
8:30 p.m. Studio Cafe  
9 p.m. Albuquerque Balloon Fiesta  
9:30 p.m. LW Lapidary Club  
10 p.m. Korean Nights  
11:30 p.m. Road Trip  
All programming subject to change

**SUNSHINE**  
**from page 19**  
Oct. 20; and Dr. Megan Witbracht, a researcher from UCI Mind, Oct. 27.

All residents are welcome to join this meeting. Sunshine Club requires no membership fees, but donations are welcome.

People are asked to arrive promptly so as not to disturb the speaker’s presentation. Those who arrive late are asked to quietly use the back door.

For more information, contact Anna Derby at 562-301-5339.

OBITUARIES

**In Memoriam**  
David Peterson 86  
Peri Rasko 59  
Phyllis Hege 84  
Kenneth Whitney 82  
Guy Martin 92  
Tim Gill 78  
Judith Lines 70  
Marlene Kudryk 84  
Frances Ritchey 64  
Kelly Brown 67  
Families Assisted by McKenzie Mortuary, 562-961-9301  
—paid obituary


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# HEALTH & FITNESS



LW Bicycle Group B members at the Bolsa Chica State Beach. The group meets for breakfast and a ride to El Dorado Park on Sundays, and on Mondays, Wednesdays and Fridays at the North Gate at 9 a.m. Helmets and safe shoes are required. For more information, call Lucy Czra at 818-209-5075.

## Pathways Friendly Visitor Program

Pathways will host an informational meeting on how to give back to a community on Friday, Oct. 6, from 10 a.m.-noon, in Clubhouse 3, Room 4. People will learn about the different ways to help others in Leisure World by becoming a friendly visitor or a companion, or helping pick up things from the store.

Formoreinformation, call Tina Hernandez at 562-531-3031, or GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

## Build the best version of yourself at the LW Fitness Center



Ivy Kung

Mutual 11 resident Joe Lewis remains healthy and independent at 90 years young, and is a role model to many in LW community. He enjoys various activities such as going to church, listening to music and visiting his family, and stays physically active by dancing and working out. “Even if I am busy every day, I still find time to go to the gym to exercise, which benefits my physical and mental health,” says Lewis. He greets everyone with a smile every time he’s at the gym, and encourages others to be healthy and fit.



Dave Forney

LW resident Steven Dean Lauria, 73, is crushing it at the community Fitness Center and Gold’s Gym in Long Beach. His passion for bodybuilding and experience in competing encourages others to work out harder and smarter. Other gym goers proudly follow the seasoned bodybuilder’s split of training major muscle groups on different days of the week. Lauria is also a veteran of the Vietnam War, an actor, a writer and a retired school teacher.

## Reneu Health physical literacy and fall prevention workshop Oct. 11

Everyone is welcome to attend physical literacy and fall prevention workshops with Reneu Health on the first Wednesdays from 11 a.m.-noon, in the Optum HCC Large Conference Room. The next meeting is Oct. 11.

This interactive hybrid style seminar presented by the clinical kinesiologist Christel Mitrovich from Reneu Health provides a lecture and exercise demonstrations on how to prevent falls, increase strength, improve balance, and reduce pain and risk of injury.

For more information, call Robann Arshat, GRF member resources liaison, at 562-431-6586, ext. 317, or email [robertaa@lwsb.com](mailto:robertaa@lwsb.com), or Christel Mitrovich at [Christel@renue-health.com](mailto:Christel@renue-health.com).

## The Impaired Vision Support Group

The Impaired Vision Support Group will be meet on Wednesday, Oct. 11 at 10 a.m., clubhouse 3, Room 9. Anyone who is blind or has low vision is welcome to attend. For more information, call Sharon Kohn at 562-596-1969.

## Trivia Thursday With HCC

Anthem Blue Cross will sponsor the ‘60s and ‘70s trivia game on Thursday, Oct. 19, in Healthcare Center Conference Room from 2-3 p.m. Refreshments will be provided.

Everyone is welcome to come and join the fun, stretch their memory, win the prizes and collect the giveaways. Medicare questions will also be answered.

## Meals on Wheels Long Beach

*Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.*

**Thursday, Oct. 5**  
Salisbury steak with mushroom gravy, garlic and chive mashed potatoes, seasoned broccoli, fresh pears, turkey and cheese sandwich with lettuce, tomato and pickle, and marinated beet salad.

**Friday, Oct. 6**  
Turkey chili, cornbread, green beans with pimentos, plum, spinach salad with chicken, mandarin oranges, dried cranberries, feta cheese, vinaigrette dressing, and crackers.

**Monday, Oct. 9**  
Beef goulash, whole grain dinner roll, zucchini medley, pudding, egg salad sandwich with spinach and tomato, and homemade potato salad.

**Tuesday, Oct. 10**  
Roast beef with mushroom gravy, potatoes au gratin, seasoned broccoli, oatmeal cookies, turkey and ham Cobb salad with egg, tomato, bacon, blue cheese dressing, and crackers.

**Wednesday, Oct. 11**  
Chicken noodle casserole, seasoned carrots, brussels sprouts, chocolate pudding, roast beef and cheese sandwich with lettuce, tomato and pickle, and carrot and raisin salad.

### BALLET FITNESS



Ballet Fitness instructor Mel Lockett leads the class on Saturdays in the Clubhouse 6 mirror room from 1:30-2:30 p.m. Each class offers a great music and a full body exercise that is great for memory and an overall well-being.

See more health and fitness stories on pages 22 and 23



## Free Covid-19 tests are now available

Every U.S. household can now place an order to receive four free Covid-19 rapid tests delivered directly to their home.

Rapid antigen at-home tests (not PCR) can be taken at home; give results within 30 minutes; and can be used for testing with or without symptoms present.

For more information or to place an order, visit [www.covid.gov/tests](http://www.covid.gov/tests).

## Medicare annual enrollment period begins on October 15

Every year the Medicare insurance companies unveil the plans for the following year and make changes to the Medicare Advantage plans that usually give people greater benefits. The annual enrollment period runs from Oct. 15 through Dec. 7. The annual notification of changes (ANOC) from the Medicare insurance was sent out in September.

This notification lets people know what changes are being made to their current insurance plan. It is good idea to sit down and look at both positive and possible negative changes in a plan. It is also time to make changes for those who have Medicare Advantage plan, a Medicare Prescription Drug Plan with a Medicare Supplemental (Medigap Plan) or a straight Medicare.

People can compare their current Advantage Plan or Prescription Drug Plan with the new plans with the help of a insurance broker. Newer plans may offer better benefits; a change of company could also be a good reason to make those changes. Keep in mind that the new plan will not take effect until Jan. 1. Those

MEDICARE, page 27

## DANCING FEET CLUB



Dancing Feet Club members enjoy a solo ballroom dancing in a group of friends.

### Discover the world of ballroom dancing without a partner

The Dancing Feet Club hosts two events in Clubhouse 2: line dance lessons and practice on Mondays from 7-9 p.m., and a social (ballroom) dancing on the fourth Sunday of every month from 6-9:30 p.m.

At Dancing Feet Club, dancing with a partner is a thing of the past. Members have learned and mastered every ballroom dance like cha-cha, rock'n'roll, samba, tango, mambo, swing and foxtrot, to name a few, and no longer shy away from attending a social or ballroom dance because they don't have a partner. People share the instructor's vision and dance the night away in every class.

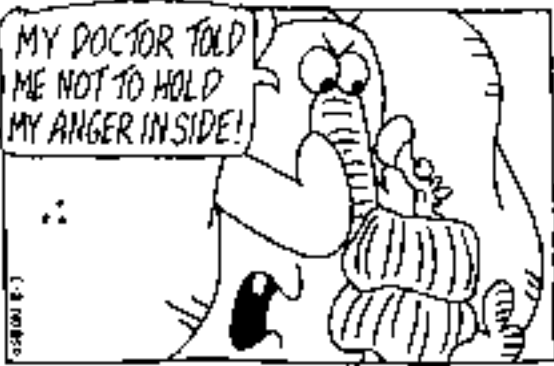
On Oct. 22, the club will have a Halloween night. People are encouraged to dress up, and can bring their favorite snacks and drinks. Alcohol is not allowed. Admission is free.

For more information, text Ed Bolos at 551-998-4223.

—Ed Bolos

## Puzzle Answers

Puzzle pages 6-7



### Crossword Answers

H	E	H	R	B	G	C	A	T	S	P	A	A	R	I	C	H
O	X	O	A	L	A	O	C	U	L	A	R	S	R	E	N	E
N	O	T	A	T	O	Y	R	E	B	U	I	L	T	R	A	S
G	R	E	A	T	B	A	R	R	I	E	R	R	E	E	F	D
C	L	A	Y	N	E	A	T	N	E	R	F	W	A	R	S	
M	I	S	S	H	T	M	L	J	O	Y	D	O	O	R	M	A
A	S	A	S	O	H	O	A	L	U	M	S	M	I	I		
R	E	F	R	I	G	E	R	A	T	O	R	C	A	R	S	T
D	E	E	D	M	A	L	T	A	W	A	Y	T	E	A	M	S
A	E	S	P	I	B	B	T	W	A	E	M	I	L			
F	O	R	B	E	T	T	E	R	O	R	F	O	R	W	O	R
M	E	R	V	G	E	O	E	S	A	I	S	U	R			
C	L	A	I	B	O	R	N	E	P	E	A	S	T	O	L	L
S	T	L	E	O	A	I	R	C	R	A	F	T	C	A	R	R
W	W	E	C	O	D	E	D	T	R	I	O	M	A	E		
S	E	A	M	I	S	T	S	T	P	S	L	E	D	C	O	P
I	N	D	I	E	P	O	P	S	T	E	W	D	O	R		
N	L	E	R	Y	O	R	K	S	H	I	R	E	T	E	R	I
B	A	S	R	A	T	O	O	L	A	T	E	O	N	E	A	D
A	C	T	O	R	S	O	F	A	R	A	S	P	D	F	E	R
D	E	E	R	E	F	I	V	E	R	S	S	S	T	S	S	N

### Sudoku 1 Answers

7	9	3	6	4	1	8	5	2
8	2	5	9	7	3	6	1	4
1	4	6	2	8	5	3	9	7
5	6	4	1	3	2	9	7	8
9	1	7	8	5	6	2	4	3
3	8	2	7	9	4	1	6	5
6	3	1	5	2	7	4	8	9
2	5	9	4	6	8	7	3	1
4	7	8	3	1	9	5	2	6

The Basic Rules of Sudoku:

- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
- When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

### Jumble Answers

STUNT STYLL AGENCY LXCLLD  
Some members of the U.S. House of Representatives ate lunch at the — "DFI FGATF-TFSSFN"

### Sudoku 2 Answers

8	1	9	6	3	2	5	4	7
5	7	6	9	1	4	8	2	3
3	4	2	7	5	8	9	1	6
1	6	5	3	2	9	4	7	8
2	3	7	4	8	5	1	6	9
4	9	8	1	7	6	2	3	5
6	2	4	8	9	7	3	5	1
9	5	1	2	6	3	7	8	4
7	8	3	5	4	1	6	9	2

Guess Who?  
Karen Gillan

Crypto Fun Answers  
A. computer B. device C. tech D. communicate

Boggle BrainBusters Answers  
MOUSE MOORE CAME FASTER AND HE TOOK THE CASH

### Word-Find Answers

K L T Q P Y H V E E H G Q O M P P E K F  
U Y N I T R Q U O G P V A Q E I F R B E  
F W C R E M E N E E O P H W E T M F P I  
I F B U H E H M B M L Q D B C A E E O F  
V I O E N M A W B I O M R V R R C A F Y  
K U P U O F D A T A E N E T R O U T M Q  
S Y Q Q L W S T Y P S D P D M U B U S C  
B W L E O S E L B A C H P M O R Q R Q A  
M D O F G R G T T W O I U I E M E E A A  
A M P D Y O I W R N L N C L R M V S P C  
P K O W L S U E E E I G I Q E U Y D B A  
S C T C T A B O C C H A D V T O P M T I  
L G P G Y W U P A I N Y P L U B V I A T  
I V A K W O C T L T V I H L O E E V B O  
A W L C Y B I U R L R E M E R U I E L O  
M L V W V O B N V I R G D G U N U O E B  
E M U A N A O Y W N V L H K U E T Q T E  
B S U S P P U K C A B A C Q Y M B F K R  
K N N P R N A T P D R T V H K T S S H N



WA-RITE

Beat a weight loss plateau with Wa-Rite community

Bea Quintana was Wa-Rite's top loser of the week with a weight loss of 2.5 pounds. She attributes her success to eating her last meal at 3 p.m. and staying away from snacking for the rest of the day. Two of the club's other members, Ellen Larsen and Shirlene Bradrick, each reached their master of goal weight status and were awarded certificates of achievement. They shared their personal struggles with weight loss and how they stayed focused with goals.

Every week Wa-Rite provides a platform for women to share their experiences and struggles trying to keep off pounds sensibly or maintain a healthy weight, and to find the encouragement and support from others. The club's total weight loss the week of Sept. 22 was 20.5 pounds.

President Judy Chambers presented a fun program called "what's your diet IQ?" where each member was given 12 random questions and answers pertaining to diet and health from a



The week of September 22 winners: Ellen Larsen, master of goal weight (l-r), Bea Quintana, top loser, and Shirlene Bradrick, master of goal weight.

Nutrition Action Healthletter.

From Sept. 29 to Nov. 10 the club will also have a six-week contest called "the funny money fall contest." Each member will have an opportunity to decorate their own paper pumpkin with stickers that designate a personal weight loss progress and earn "funny money" to purchase donated items at the Dec. 8 auction. Everyone is welcome to join the fun.

The club meets on Fridays in Clubhouse 3, Room 1. Weigh-ins are from 8:15-8:45 a.m. The meetings are from 9-10 a.m. Annual membership fee is \$10. Weekly dues are ten cents. Women who are trying to lose those last ten pounds and need encouragement and friendly support are encouraged to join.

For more information, call Judy Chambers at 562-430-9966.

—Denise Stabile

Health Tip

As people age, they naturally lose muscle mass, so it's important to strength train to stay healthy and strong. If there's only time for one exercise, do a set set of squats. Squats strengthen legs, and

glutes, as well as lower back and core muscles. Those muscles provide the foundation for most daily activities such as climbing a set of stairs or standing up from a chair.

Leisure Leggers

The Leisure Leggers, a running and walking club, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood. Dues are 99 cents per year. For more information, call Tom Pontac at 562-304-0880.

Laughing for the health of it

Everyone is invited for an hour-long session of laughing for no reason on Wednesday, Oct. 11, at 1:30 p.m. in Optum HCC conference room.

Laughter is a natural medicine that relaxes the whole body, boosts the immune system, protects the heart, and helps people live longer.

Participants will leave with smiles on their faces and a song in their hearts. Best of all, it's fun, free and non-fattening.

Bev Bender is a certified laugh leader who helps people improve their lives through laughter.



Bev Bender

Dental Services for Retired Veterans

For the 10th consecutive year, Dr. Seza Barsamian's Los Alamitos dental office will offer annual free dental services for retired veterans in honor of Veterans Day.

Retired veterans will get their annual dental checkup, X-rays and regular dental cleaning at no cost on Thursday, Nov. 9, at Seza Barsamian, DDS, Inc., 4022 Katella Ave., Suite 206, Los Alamitos, 90720.

Call in advance to schedule an appointment with Dr. Barsamian at 562-596-4439. Office hours are from 9 a.m.-5 p.m.

Dr. Barsamian said: "We love our veterans and where there is love, there is always an opportunity to serve. Thank you all for your service."

—Dr. Seza Barsamian

See more health and fitness stories on page 27

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수요 (WED) 성경공부: 6:00PM  
말씀을 사모하는 자는 오십시오  
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(We invite you to our gracious and joyful church.)

주일 낮 예배 낮 1:00PM / Clubhouse 3, Rm 2  
매일 말씀묵상 / YouTube 실비치 유니온교회 강단  
목요 모임 오후 1시 / Clubhouse 3, Rm 4

(Great fellowship time for seniors.)

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Y0066\_SPRJ55188\_C 



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행사 와 사업 안내(Event and business overview)

- (1) 3 번의 분기회와 연말총회등등 년 4 회의 모임으로 친교하며 년 4 회의 이사회를 통하여 한인회의 진로를 결정하고 임원들의 충성 봉사로 건전하게 운영되고 있습니다.(We are operating soundly to decide the career path with 4 General meetings and 4 board meetings of directors, including 3 quarterly general.)
- (2) 매년 8/9 월에 야외극장에서 Korean Night 행사를 개최하며 (A Korean night is held at amphitheater every August/September)
- (3) 매년 2/3 월에 무료 세금 보고 봉사 진행 중이고 (We offer a freeTax reporting service on 2/3 every year.)
- (4) 상담실(매주 목요일) 을 통하여 각종 서비스를 제공 하고 (Providing various services through the counseling room.)
- (5) 매월 1 일자로 유익한 정보를 수집 소식지를 보내고 (We collect useful information as of the 1<sup>st</sup> of every month and Send newsletter by mail.)
- (6) 격년제로 한인 전화번호부를 제작 배부 하고 있습니다. (Editing and distributing Korean phone directory every other year.)
- (7) LWSB 한인회는 비영리 단체로 설립 등록하였습니다 (The LWSB Korean Association was established and registered. as a non-profit organization.)

Inquiries : LWSB KAA (유원식) 630 697-5377



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JOYFUL LINE DANCE



Joyful Line Dance meets on Thursdays in Clubhouse 2, from 10:30 a.m.-12:30 p.m. Since its move to Clubhouse 2, the club added a few more dances to accommodate the growing membership. The club has many leaders who take turns teaching. They are Albert and Gladys Comia, Chung Cha Lewis, George Pinada, Carmel Atkinson, Sunny Kim, Ginna Paik, Elizabeth Kim, Nak Soo Kim and Anna Derby. Joyful Line Dance also invited Karen Kei (center) to share her moves to Maria Merengue, Lonely Drum, Jim Reeves Waltz, and Papa. All are welcome. Membership fees apply. Dancing or exercise shoes are required. For more information, text Anna Derby at 562-301-5339.



Grief Support Group

Pathways provides a free grief support group for LW residents on Wednesdays from 2-3:30 p.m. in the Optum HCC Conference Room. People who want to learn more about the grief process can call Tammie Ottenad at 562-531-3031 for a preliminary screening. For more information, call GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

Pre-workout tips for older adults

- With age, active adults have to think about injury prevention and ways to improve endurance prior to lacing up their sneakers. For most, taking various pre-workout steps can reduce injury risk from exercise.
- Get enough rest. The body requires adequate sleep to stimulate muscle growth and repair. Otherwise, exercise may not be as effective, plus the sleep deprivation can reduce reaction times, and adversely affect workouts.
  - Emphasize stretching. Stretching can improve flexibility and reduce the risk of muscle injuries. It also can improve range of motion in the joints. Stretching before and after a workout prepares the body for exercise and helps it recover.
  - Wear the proper footwear and clothing. Sturdy, supportive athletic shoes and well-fitting workout clothes can make working out more comfortable and safer.
  - Warm up. Give the body an opportunity to acclimate during a warm-up period that will facilitate healthy breathing. Warming up also loosens up the joints and muscles for the exercise ahead. After a workout, people should cool down to reduce their heart rates and prepare for recovery.

—MetroCreativeConnection

MEDICARE from page 22

with original Medicare without any extra coverage can take advantage of the enrollment period to add an Advantage Plan to their Original Medicare. Those who had the same Medicare Advantage Plan or Prescription Drug Plan for more than a few years might be missing out on better benefits. Now is the time to see if any of those benefits are available in the area. Medicare Insurance Broker Sandra Teel is available to help with the annual review of the current Medicare insurance at no cost for additional benefits. For more information, call 657-204-4224. —Sandra Teel, Medicare Insurance Broker

Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis. LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

- Thursday, Oct. 5**  
Baked tilapia with ranchero sauce, Mexican rice, broccoli, whole grain tortilla, sugar-free pudding, and orange juice.
- Friday, Oct. 6**  
Chinese beef stir-fry with peppergarlic sauce, Jasmine rice, carrots, and seasonal fruit.
- Monday, Oct. 9**  
Pork chile verde with verde sauce, pinto beans, peas and carrots, tortilla, and tropical fruit mix.
- Tuesday, Oct. 10**  
Zuni corn soup with sugar-free crackers, poppy seed chicken, pasta salad, harvest salad (spring mix, cranberries, almonds and balsamic dressing), whole wheat crackers, and sugar-free fruited gelatin.
- Wednesday, Oct. 11**  
Spinach and mushroom quiche, roasted potatoes, broccoli and cauliflower blend, whole wheat dinner roll with Smart Balance, and canned pears.

LW Weekly:

562-430-0534

RFID TAG from page 3

4 p.m. Cars may not line up earlier than 8:15 a.m. on Oak Hills Drive. Before entering the 1.8-Acre site, Security will verify all four documents (valid license, vehicle registration, vehicle insurance and GRF Identification Card). Upon entering 1.8 Acre site, people will complete a form to list the four permanent guests they want on their account. People will need to provide a password for their account (it may be any type of name or object or set of numbers). **Distribution Calendar** For efficiency, Security is distributing RFID tags by Mutual. If people miss their assigned day for any reason (illness, vacation, etc.), there will be an opportunity to obtain an RFID tag on a make-up day. The make-up day is in the last week of October, after the regular distribution of all RFID tags. The Security Department will be distributing over 10,000 RFID tags. The process will take nearly two months to complete. Therefore, Security cannot offer any specific day or timed reservations for RFID distribution, nor can Security accommodate any special requests. Any residents in line for a tag on a day that they have not been assigned will not receive an RFID tag. **Distribution Dates:** **Mutual 5** • Buildings 115-126: Oct. 5

- Mutual 6**  
• Buildings 53-57: Oct. 5  
• Buildings 58-68 and 127-131: Oct. 6  
• Buildings 132-144: Oct. 7  
**Mutual 7**  
• Buildings 145-149: Oct. 7  
• Buildings 150-166: Oct. 9  
• Buildings 167-176: Oct. 10  
**Mutual 8**  
• Buildings 177-183: Oct. 10  
• Buildings 184-200: Oct. 11  
• Buildings 201-205: Oct. 12  
**Mutual 9**  
• Buildings 206-216: Oct. 12  
• Buildings 217-233: Oct. 13  
• Buildings 234-237: Oct. 14  
**Mutual 10**  
• Buildings 238-250: Oct. 14  
• Buildings 251-260: Oct. 16  
**Mutual 11**  
• Buildings 261-267: Oct. 16  
• Buildings 268-286: Oct. 17  
**Mutual 12**  
• Buildings 6-11 and 34-45: Oct. 19  
• Buildings 46-47 and 55-67: Oct. 20  
• Buildings 68-78: Oct. 21  
**Mutual 14**  
• Buildings 1-5: Oct. 21  
• Buildings 12-30: Oct. 23  
• Buildings 31-33 and 48-54: Oct. 24  
**Mutual 15**  
• Buildings 1-11: Oct. 25  
• Buildings 12-23: Oct. 26  
• Buildings 24-35: Oct. 27  
• Buildings 36-48: Oct. 28  
**Make Up Days**  
Make up days for those who missed their assigned pick-up date will be held Oct. 30-Nov. 4.

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**RUMMAGE SALE.** Saturday, October-7th, 9:00am to 1:00p.m. 13560 Medinac Lane, (Mutual-5/ Apartment-102H). Lots of Clothing, White-Pants/Jeans/ Luggage/Hawaiian-Dresses/ New-Router/Shoes/Handbags/ Scarves/Small-Paintings/Mirrors/ Costume-Jewelry/Toys/CDs/ Storage-Boxes. 562-301-5539  
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**Collector Autographed Guitars: \$400. - Melissa Ethridge - Beautiful Ebony acoustic guitar, includes certificate of authenticity, gig bag. \$500. - Steven Tyler of Aerosmith Acoustic guitar with certificate of authenticity autographed picture, sheet music and gig bag** PRICES FIRM (562)-597-6182.

**Estate Sale - Thursday, Oct. 5 and Friday, Oct. 6 from 8:30-2pm at 13610 Burning Tree Lane, M1-1A.** Fully expanded and full of stuff! Pottery Barn style loveseat, 2 recliners (1 electric), cream and white shabby chic cabinets, tables, hutch and accessories. Large round dining table. Gorgeous modern murphy bed with side towers. Full size bed, vintage style dresser, nightstands and wall unit. Ladies clothing (size M), purses. Air fryer, garden flags, safe, tennis/ ladies golf clubs/accessories. Estate Sales by Docia Drake 714-514-8232, POB 427, Seal Beach Business License ESD0001.

Antique Piano, Completely-RESTORED. Vertical Grand, Plays-Beautifully. Call me for a Look/See! 714-496-5608.

Patio/Yard Sale. Thursday/ October-5th/9:00am-3:00pm and Friday/October-6th/9:00am-12:00pm. 1460 Homewood Road, Mutual-5/Unit-95i. Living-Room-Table-and-Accessories. Bedroom-Accessories/Costume-Jewelry/ Clothing. Kitchen-Dishes/ Flatware/Kitchen-Accessories/ Miscellaneous-Household-Items.

## LEISURE WORLD APARTMENT FOR LEASE

Leisure World 2-Master-Bedrooms with OWN bath. Super clean and light, NO-SMOKING, no-pets. One-time LW membership fee required PER person, must financially qualify with 60-90/ day waiting period. \$2,000/per month. Call (949) 680-8840 and leave message for call back.    Exp 10/11

## FREE ITEMS

Patio table (glass top) and 4-chairs with THICK pads needs a good home. Dimensions 3x5. Call 760-660-3606.

Want to place a classified ad?  
The deadline is  
**Monday 12:00 p.m.**  
for Thursday's publication  
debbiek@lwsb.com



**Joanie Korman (714) 308-8034**

10+ Years LW Resident and Real Estate Specialist  
"Where Life Just Got Easier"  
Leisure Living Resales, Inc.  
DRE#01937786

## New Listing

**2 Bedroom Corner L Shaped Patio**  
**New Listing In-Escrow**  
Skylights, Dishwasher and more!!!  
**M4 82L \$340,000**

## New Listings

**2 Bedroom Expanded Corner, Light and Bright**  
**M5 125F \$399,000**

**1 Bedroom on Greenbelt Newer Glass Sliding Doors**  
**M10 242i \$269,000**

13918 Seal Beach Blvd.  
Seal Beach, CA 90740



**Gina Rojas (562) 533-3190**



ginamrojas@gmail.com  
Leisure World Specialist

23 Years LW Experience

♥ DRE#02111452 ♥  
"I Have Your Best Interest at Heart♥"

## Now Offering Notary Services

**Mutual 2-18L Sold \$465,000**

Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.

## 2022 Escrows

8-178D	\$582,000	14-12A	\$560,000
5-70F	\$520,000	6-64A	\$272,000
7-170K	\$342,000	15-11Q	\$350,000
8-195B	\$480,000	12-55E	\$295,000
2-62C	\$225,000	2-39A	\$310,000
6-130K	\$300,000	17-110B	\$475,000

Leisure Living Resales

**Mr. Hank Leisure Living Resales, Inc.** Lic. #636260  
13918 Seal Beach Blvd., Seal Beach, CA 90740  
**(562) 493-6601**  
leisurelivingresales.com

**No One Knows LW Like We Do!**



Erika — M17 (562)-208-5223



Lela Lee (714) 213-1993



Carl Kennedy M15 (661) 810-9410



Gina Rojas 562-533-3190



Daniel Mahoney 562-493-6601



Karen Wittkamm 714-858-1794



Mr. Hank (562) 743-8473  
The Piano Man



Joanie Korman (714) 308-8034

**New Listing \$**  
**M4 "Corner" 79G - \$435,000 Erica**  
**Coming Soon**  
**M2 "Gorgeous" 24G \$579,000 - Appointment only**  
Call Mr. Hank  
562-743-8473  
**M14 "Corner" 49L**  
All offers

**28 Years in LW! The Happy Office!**







# Specializing in the LW Community

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**Kathy Gupton**  
Associate Broker  
DRE # 00744676



**Sean Wood**  
Realtor®  
DRE# 02186926



**Gloria Hadley**  
Realtor®  
DRE # 01057681

## Mutual 3-29K    \$229,000

**New Listing!**



Available one bedroom one bathroom cottage located on the street for drive-up convenience. This terrific one bedroom has a spacious living room with added heat pump & air conditioning and laminate plank flooring. The kitchen has white cabinets, built in Leisure World appliances including a stove, oven, refrigerator, laminate plank flooring and a ceiling fan. The bedroom has laminate plank flooring and a wardrobe closet. The bathroom has a cut down shower for walkin convenience. The central location allows you to walk to downtown Leisure World, as well as the 9-hole 3 par golf course, swimming pool, Jacuzzi, gym, amphitheater, post office and health care center. Located in the lovely resort-like community of Leisure World Seal Beach featuring over 200 clubs, organizations and activities including 6 club houses and features table tennis, wood working shops, billiards rooms, bocce ball court, shuffleboard, library, card and exercise groups, sewing, craft and art rooms, picnic area with BBQ, and so much more. Enjoy the quaint downtown area of Seal Beach, the morning sun, and the wonderful ocean breezes.

## Mutual 2-26C    \$343,000



This unique and elegant home. This home has many desirable upgrades. It is a 2 Bedroom, 1 bathroom that is light and bright and ready to move in. The spacious Living Room opens into a designer Kitchen that features a stainless steel refrigerator, dish washer, induction stove top with a stainless steel vent and hood, quartz counter top, tile back splash, extra large sink with stainless steel shelves above, a reverse osmosis system and a large skylight that is double pane and solar operated with a remote control ad is complemented with a stylish light fixture. The main bedroom, second bedroom and living room all overlook a private screened in patio that features tile floor, a walk-in storage cabinet, skylight and a beautiful view of the Greenbelt and adds an additional 400 sq. feet of living space. The home also features Deluxe vinyl flooring through-out and an added camera system. Enjoy the lovely beach town of Seal Beach and the wonderful ocean breeze it has to offer.

## Mutual 1-25I    \$229,000



Great Location! Pretty View! Lots of Trees! Enhance the desirability of this one Bedroom one bathroom cottage with a terrific Greenbelt view. Move in and make this property your own. The spacious Living Room has a heat pump and air conditioning. The Kitchen has built-in Leisure World appliances including a stove, oven, refrigerator and a skylight that opens. Bedroom is carpeted and has a wardrobe closet. The Bathroom has a cut-down shower for walk-in convenience and a skylight with dome that opens. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities, including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, amphitheater, Bocce ball, Shuffle board, Wood working, sewing, arts and crafts, Library, Healthcare and so much more. This property is located in the unique beach town of Seal Beach. Move-in and enjoy the delightful ocean breezes.

## Mutual 11-273L    \$349,900



Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting.

### PENDING

Mutual 1-26B

### SOLD 2023

Mutual 8-188C  
Mutual 1-30K  
Mutual 5-91J  
Mutual 11-267C  
Mutual 1-26L  
Mutual 11-268F  
Mutual 4-50F  
Mutual 9-212C  
Mutual 6-143A  
Mutual 9-225C  
Mutual 9-230D  
Mutual 11-283D  
Mutual 4-51D  
Mutual 8-189D

### SOLD 2022

Mutual 14-17B  
Mutual 8-188H  
Mutual 8-189B  
Mutual 2-40J  
Mutual 2-49B  
Mutual 2-17G  
Mutual 9-59G  
Mutual 6- 117L  
Mutual 15-39A  
Mutual 10-258H  
Mutual 6-135I  
Mutual 10-258B  
Mutual 1-31E  
Mutual 5- 117L  
Mutual 12-61C  
Mutual 2-63H  
Mutual 3-4F  
Mutual 4-88G  
Mutual 2-3B  
Mutual 2-8C  
Mutual 10 -250J  
Mutual 11-286B  
Mutual 12-61A  
Mutual 11-286I  
Mutual 5-117G  
Mutual 2-46H  
Mutual 1-67E  
Mutual 4-49G  
Mutual 8-183G  
Mutual 11-285D  
Mutual 9-216H  
Mutual 7-164L  
Mutual 2-6G  
Mutual 11-285A  
Mutual 11-263A  
Mutual 4-49B  
Mutual 8-201L  
Mutual 2-6L  
Mutual 7-165E

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nicholasmonteer@gmail.com

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REALTY GROUP



www.sealbeach-retirementcommunity.info  
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 68 pending and closed sales.  
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



**NEW Listing!**

**1200 Canoe Brook Dr #19D | M3 | \$359,000**  
Pristine 2bed/1bath with wrap around custom tiled patio! AC heat pumps in bedroom and living room, newer wood floors throughout. Kitchen equipped with dishwasher and microwave. Dual pane windows with shutters throughout!



**NEW Listing!**

**13199 El Dorado Dr #208D | M9 | \$359,000**  
2Bed/1bath interior location with full expansion. Tile floors throughout and skylights in the kitchen and bathroom. Large bay window in living room. Walk-in closet in main bedroom with a formal dining room area!



**13310 N Fairfield Ln #176A | M7 | \$539,000**  
Corner fully expanded 2bed/2bath drive-up location with bay windows, updated kitchen and bathrooms, skylights, central AC, washer/dryer, walk-in closet!



**13381 Del Monte Dr #28I | M14 | \$349,000**  
2Bed/1bath fully expanded unit with windows across the front of the home. Dining room, AC heat pumps, skylights throughout, laminate floors, microwave, and large additional storage closet.



**In Escrow**

**13983 Thunderbird Dr #3E | M2 | \$349,000**  
Fully expanded 2bed/1bath with dual pane windows across the front which allow immense light! Sprawling new laminate flooring, fresh paint throughout, large storage closet. Skylights in kitchen and bathroom.



**13751 St Andrews Dr #33B | M5 | \$229,000**  
Redone 1bed/1bath interior unit with nice patio complete with engineered flooring and newer tile in kitchen and bathroom. Kitchen is also equipped with updated appliances.



On October 3rd, 2023 a total of 40 units show as active listings on the CRMLS  
(this is where Realtors list property for sale)

4 - 1 bedroom/1 bath units  
from \$229,000 to \$329,000

21 - 2 bedrooms/1 bath units  
from \$230,000 to \$529,000

15 - 2 bedrooms/2 baths units  
from \$325,000 to \$749,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory!

**THANK YOU FOR YOUR SUPPORT!**  
For September we sponsored 3 local teachers who needed your support and we did just that!



**Meet: Mrs Discenna**  
Teacher of 5th Grade at Weaver Elementary



**Meet: Mrs Adams**  
Teacher of 9-12th Grade for Special Needs Kids at Gilbert High School



**Meet: Ms Hensel**  
Teacher of 1st Grade at Weaver Elementary

These teachers will be receiving their donations this week along with \$200 from Gasper Monteer Realty Group!  
Thank you again for your support of our local teachers and keep an eye out for our NEW raffle this next week.





The Januszka Group, Inc.  
**ON-SITE** (562) 598-1388  
HOME SALES [www.OnsiteHomeSales.com](http://www.OnsiteHomeSales.com)

Leaves are falling, is a new home calling?! At On-Site Home Sales, our expert Realtors® are eager to help you find your dream home, or list your current Leisure World home! Come by our office anytime, we are open 7 days a week.



**M15 21L \$350,000**  
Large Expanded Upstairs unit overlooking a Greenbelt



**M2 1G \$529,000**  
Stunning 2 Bedroom Overlooking Private Greenbelt"



**M6 136I \$399,000**  
Cute Expanded 2 Bedroom 1 Bath greenbelt



**M1 46A \$329,000**  
Corner Unit with a beautiful greenbelt view!



**M15 - 21P \$390,000**  
2 Bedroom 2 Bath Expanded Upstairs Unit



**M12 - 43E \$310,000**  
Adorable Basic 2 Bedroom 1 Bath"



**M15 - 14Q \$345,000**  
Fully Expanded 2 Bed 2 Bath Upstairs Unit with Vaulted Ceiling



**M2 - 1A \$417,000**  
Private 2 Bedroom Corner Unit



**M14-32H - \$445,000**  
Two Bedrooms, 1 Bath, Fully Expanded



**Dawn Januszka**  
Broker  
DRE #02110501



**Ginni Houck**  
Escrow Officer



**Verna Chumley**  
Realtor®



**John Webster**  
Realtor®



**Mike Varipapa**  
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**Kim Jbeili**  
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**Tony Accetta**  
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**Sally Angell**  
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**Terri Walters**  
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**Maryann Shaddow**  
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**Giving Back to the Community on Every Real Estate Transaction!**