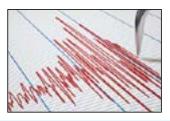




SEMINAR: HOW TO AGE INDEPENDENTLY AT HOME See page 8.



LW'S EMERGENCY BUDDY SYSTEM WILL HOLD GREAT SHAKEOUT DRILL See page 16.



TRY SOMETHING NEW: CRIBBAGE ACCEPTING NEW MEMBERS See page 21.



Diane Henry

GRF BOARD

New M9 board member elected

A special meeting of the GRF Board of Directors was held on Oct. 2 at 10 a.m. in Clubhouse 4 to conduct the counting process for the election of the GRF Director representing Mutual 9.

The results of the ballot count are as follows, with the winner's name bolded:

Mutual 9: Robert "Bob" Croft, 71; **Diane Henry, 157**; Debra Schnaufer, 42

The minutes of the Oct. 2 Board meeting will be published in the LW Weekly upon approval at the regular October Board meeting.

For more information, email the Elections Specialist at *jennad@lwsb.com*.

GRF All-Department Town Hall

There will be a GRF All-Department Town Hall meeting on Wednesday, Oct. 18, at 1 p.m. in Clubhouse 4. Directors will give updates and residents are encouraged to ask questions during the public forum.

News Redesign

The LW Weekly is debuting a gentle redesign with this week's edition. The updated masthead and new style elements were created to refresh the look of the newspaper and standardize editorial elements to help readers easily access information and stories.

In addition to the masthead, readers will notice a greater use of screens and text graphics to give a cleaner, more consistent look to pages.

It is hoped when combined, these changes will create an inviting, unified look throughout the LW Weekly.



A group of LWers care for monarch butterflies by planting milkweed and protecting their eggs and chrysalises.



Dana Westmoreland of Mutual 14 holds a monarch butterfly.

by Donna Gambol LW Contributor

ou see them fluttering about, the regal monarch butterfly. Folks this year seem to notice that there are more and more because for the past few years many residents have made an effort to plant and maintain milkweed in their gardens, the only food eaten by the monarch caterpillar.

The milkweed plant is not particularly attractive, but it is not offensive either and will often find a rooting source on the edges of gardens. Some folks have cultivated it more centrally. Cultivating it, cutting it back during the winter months, and encouraging additional plantings all are contributing to a resurgence of the monarch butterfly.

The western monarch population, which overwinters in California as part of its international migration, has suffered a 99% decline over the past two decades, according to the Center for Biological Diversity. Milkweed, an unassuming green leafy plant with small, round blooms, largely sustains monarchs during their important caterpillar stage.



Stephanie Matthews of Mutual 14 displays a butterfly on a rose.

Only after spending 10-14 days gorging on milkweed will a monarch caterpillar begin to form its chrysalis.

To support local monarch populations, it is important to plant native species of the plant. Often the plants sold at Home Depot and other retailers are not

MONARCH, page 2

FALL FESTIVAL

Live music, emergency preparedness expo and more coming to CH6

he GRF Recreation Department will host the annual Fall Festival on Saturday, Oct. 14, from 10 a.m.-1 p.m. in Clubhouse 6. The event will feature an emergency preparedness expo. Minibus service will be available throughout the event.

Stone Soul, which brought down the house at the Amphitheater this season, will perform at the event. It is an eight-piece, horn-blowing, classic soul and Motown tribute band that performs spot-on renditions of well-known hits from Smokey Robinson, The Temptations, Stevie Wonder and more.

There will be emergency preparedness supplies to buy, raffles, and an exhibit

FESTIVAL, page 3



Stone Soul rocked the Amphitheater this past summer with renditions of well-known soul and Motown hits.

October 12, 2023 | www.lwsb.com | www.lwweekly.com **LW**WEEKLY

GATE ACCESS

Residents can request visitors through form, will be mailed to all households in November

uring RFID tag distribution, residents are asked to provide the names of their desired four authorized guests.

People who do not need RFID tags on their vehicles will still have an opportunity to provide the names of their permanent authorized guests to Security.

In mid- to late November, every resident will receive a copy of the GRF budget. In the budget packet, people will also receive a form where people can write in their permanent guests.

After filling out the form, people can return it in one of three ways: (1) handing it to any Security guard while entering the community, (2) dropping the form off at the Finance Office, or (3) mailing the form to GRF.

After Jan. 1, 2024, people will not be able to use decals to gain entry into the community; they must have an RFID tag on their



A staffer places an RFID tag on a car's headlamp.

vehicle or show a valid Leisure World ID to enter.

 $RFID\, tags\, are\, part\, of\, Leisure$ World's new gate access system that will significantly heighten security in LW.

In the case of rain on a Mutual's distribution date, Security will close operations for that day. Rained-out Mutuals will be accommodated during the make-up week starting Oct. 30.

The RFID tag distribution is one tag per one LW ID card. Tags for additional vehicles, golf carts, etc. will be issued at a later date.

Who can receive an RFID tag?

Any person who possesses a valid Leisure World Identification Card may receive one RFID tag for one vehicle with a valid GRF decal without charge. To receive an RFID tag, people must have a valid Leisure World decal on their vehicle. Decals are available at the Decal Office next to the Café in Building 5.

Where do I pick up my RFID tag?

People can pick up their RFID tags at the 1.8-acre site, located in the northwest corner

of the community in Mutual 9 (formerly known as the "minifarms").

Before entering the 1.8-acre site, Security will verify all four documents (valid license, vehicle registration, vehicle insurance and GRF Identification Card). Upon entering 1.8-acre site, people will complete a form to list the four permanent guests they want on their account.

People will need to provide a password for their account.

Distribution Calendar

For efficiency, Security is distributing RFID tags by Mutual. Any residents in line for a tag on a day that they have not been assigned will not receive an RFID tag.

The hours of distribution will be 8:30 a.m.-4 p.m. Cars may not line up earlier than 8:15 a.m. on Oak Hills Drive.

Distribution Dates:

Mutual 8

• Buildings 201-205: Oct. 12 Mutual 9

- Buildings 206-216: Oct. 12
- Buildings 217-233: Oct. 13
- Buildings 234-237: Oct. 14 **Mutual 10**
- Buildings 238-250: Oct. 14
- Buildings 251-260: Oct. 16 Mutual 11
- Buildings 261-267: Oct. 16
- Buildings 268-286: Oct. 17
- Mutual 12 • Buildings 6-11 and 34-45: Oct. 19
- Buildings 46-47 and 55-67:
- Oct. 20 • Buildings 68-78: Oct. 21
- Mutual 14
- Buildings 1-5: Oct. 21
- Buildings 12-30: Oct. 23
- Buildings 31-33 and 48-54: Oct. 24

Mutual 15

- Buildings 1-11: Oct. 25
- Buildings 12-23: Oct. 26
- Buildings 24-35: Oct. 27
- Buildings 36-48: Oct. 28

Make Up Days

Make up days for those who missed their assigned pick-up date will be held Oct. 30-Nov. 4.

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10/12/2023, 2:00 PM

Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740

11/1/2023, 3:00 PM

Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740

10/16/2023, 12:00 PM

Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740

11/13/2023, 10:00 AM

Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740

10/24/2023, 12:00 PM

Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740

11/30/2023, 12:00 PM

Leisure World Seal Beach HCC 1661 Golden Rain Road Seal Beach, CA 90740

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The monarch chrysalises are protected from predators with mesh netting.

MONARCH from page 1

native. One excellent source is Tree of Life nursery in San Juan Capistrano, which specializes in native plants.

Those who grow the common tropical milkweed (Asclepias curassavica) should trim it back in late fall to near the ground to encourage new growth and to force the monarchs to migrate to their winter migration grounds.

Not to worry about those hungry caterpillars, after they completely strip a milkweed plant in the springtime, more leaves will regenerate and a second generation of butterflies will emerge in late summer.

This past summer Midge Bash of Mutual 14 has been helping to educate folks about the monarch butterfly. She has been clipping stems of the milkweed laden with eggs, encouraging caterpillar growth, keeping the chrysalises protected from birds in special cage habitats until the butterflies emerge.

Once the butterfly emerges, it takes a few hours for its wings to open and descend. Then it is ready for release.



All 2011-2013 models of the Kia Soul, among other makes and models, should be parked outside and away from homes.

Carport Parking Hazard Alert

Hvundai Motor America and Kia America have issued "park outside" recalls for more than 3.3 million vehicles due to the risk of fire. Out of an abundance of caution, owners of these vehicles should not use their carports and park away from buildings when possible until their vehicle is repaired.

Until these recalled vehicles have been repaired, the manufacturers say the safest place to park them is outside and away from homes and other structures.

Fires can occur whether the vehicle is parked and turned off or while driving.

Hyundai's safety recall applies to the following:

- 2012-2015 Accent
- 2012-2015 Azera
- 2011-2015 Elantra
- 2013-2015 Elantra Coupe
- 2014-2015 Equus
- 2011-2015 Genesis Coupe
- 2013-2015 Santa Fe
- 2013 Santa Fe Sport
- 2011-2015 Sonata HEV
- 2010-2013 Tucson • 2015 Tucson Fuel Cell
- 2012-2015 Veloster
- 2010-2012 Veracruz.

The following Kia vehicles should also be parked outside and away from homes until they've been repaired:

- 2014-2016 Cadenza
- 2011-2013 Forte/Forte
 - 2015-2017 K900
 - 2010-2015 Optima
 - 2011-2013 Optima Hybrid
 - 2011-2017 Rio
 - 2010 Rondo
 - 2011-2014 Sorento • 2011-2013 Soul
 - 2010-2013 Sportage.

The vehicle's anti-lock brake system module could leak brake fluid internally and cause an electrical short.

An electrical short could result in significant overcurrent in the ABS module, increasing the risk of an engine compartment fire while driving or parked.

There have been 21 related vehicle fires in the United States as well as 22 thermal incidents, including visible smoke, burning and melting.

Hyundai plans to notify owners to bring their vehicles to the nearest dealership to replace the ABS module fuse. Kia is still working on a remedy.

Lane closures on I-405

As part of the I-405 Improvement Project, crews will begin testing the 405 Express Lanes system as early as mid-October. Testing will require closures of the I-605 and SR-22 HOV connectors, and may require intermittent lane closures on I-405.

Crews are also performing grinding work and barrier construction intermittently at night on northbound and southbound I-405. This work may be loud. For more information, visit 405expresslanes.com.



GRF 2023 Paving Project

The 2023 GRF Paving Project will continue with the paving and slurry of four more streets, including Glenview Road, South Fairfield Lane, Fresh Meadow Lane and Kenwood Road.

Pedestrians and drivers should proceed with caution and adhere to traffic controls on and near streets that are being paved.

FESTIVAL from page 1

by the Community Emergency Response Team (CERT).

Demonstrations by the So-Cal Animal Response Team, a Southern California based animal disaster response team, will help educate the public in disaster preparedness for their families and pets.

Topics include solar power and communication, emergency medication, what to put in grab and go bags, and pet prep in an emergency.

In addition to vendors, there will be displays by LW service clubs, face painting, food trucks and much more. In the event of an emergency, LWers will be on their own until professional help can arrive, which may be days or longer, depending on the crisis.

Shuttle service will be available from the Clubhouse 4 parking lot. People are encouraged to park and ride. For more information, email mayokab@ lwsb.com.

CITY OF SEAL BEACH

Interactive Zoning Code Meeting

The City of Seal Beach will host an interactive Zoning Code Update community meeting on Tuesday, Oct. 17, at 6 p.m. The meeting will be held at the Council Chambers (211 Eight St., Seal Beach), and broadcast on SBTV3 and the Seal Beach Council Chambers YouTube channel.

The upcoming Zoning Code Update will create a new, high density residential mixed-use zone. The changes will affect the city's Housing Element and Regional Needs Housing Allocation.

Both in-person and remote participants will be able to engage in real time with the meeting—via quizzes, polls and questions— through a mobile site that will be made available for the public at the start of the community meeting. To learn more about the zoning code update, visit https://shorturl.at/hjAM7.

For more information, contact Megan Coats in the Community Development Department at 562-431-2527, ext. 1345, or mcoats@sealbeachca.gov.

SECURITY

Collision causes traffic jam in LW

An accident Oct. 6 at about 4:37 p.m. at the intersection of St. Andrews Drive and Golden Rain Road tied up traffic as Seal Beach police and emergency vehicles responded to the scene.

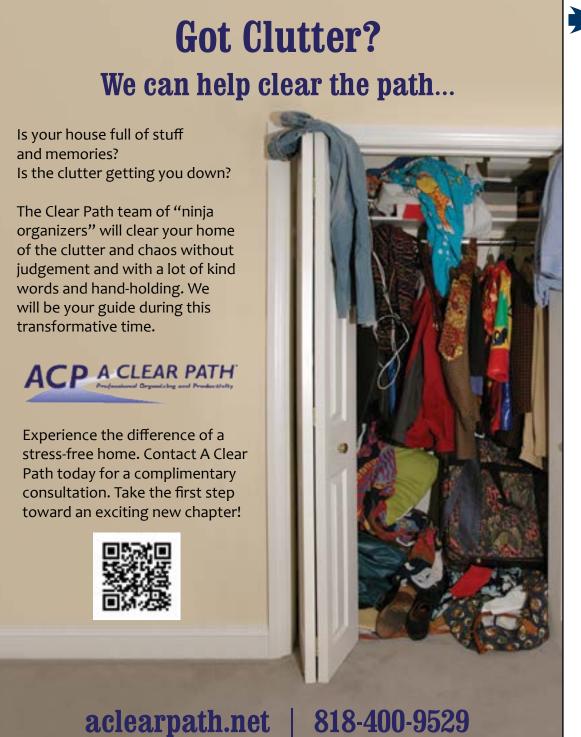
No serious injuries were reported, according to GRF Security Director Victor Rocha.

A silver minivan turning left from westbound Golden Rain Road to St. Andrews Drive and a grey minivan eastbound on Golden Rain Road collided, according to security camera footage.

The grey minivan spun out and hit the chain fence bordering the flood channel.

Rocha thanks GRF staff from the Recreation Department, Service Maintenance and Stock Transfer for helping with traffic control. Despite it being a Friday afternoon, staff members who heard or observed the accident jumped into action, helping to direct traffic around the collision.

No other information has been released. Seal Beach police are investigating the accident.



PERSPECTIVES

Member Column—SB Housing Element

by Bob Croft

LW contributor

I understand that the City of Seal Beach 2021-2029 Housing Element Appendix B—Land Inventory has been published.

The city has determined that the 5.5 acres housing the recreation vehicle storage lot in Leisure World is on the list as "underutilized."

Other private and federal property in Seal Beach also has recreational vehicle storage. Those locations would be less disruptive to the Leisure Would community.

Adding any new housing to Leisure World would only add more traffic and congestion on our streets, overload the underground sewer and storm water systems, and more noise pollution to the adjoining Mutuals 8 and 4.

We already have a parking problem on our streets. Additional vehicles will only add to the problem. And the new build would tower over existing single-story units. Do you want someone looking through your windows any time of night

GRF would have to add more Security and maintenance staff, another building inspector, and additional administration staff, etc.

Construction trucks and heavy equipment would be needed for the construction of a building. This would devastate our roadways, and cause a lot of unnecessary noise and traffic congestion.

GRF has increased its staffing over the past couple of years, even though the population has not increased since Leisure World was built over 60 years ago.

The City of Seal Beach does not have the authority to force private property owners to increase the housing density to meet the city housing element mandated by the state.

The Golden Rain Foundation is the trustee of common property in Leisure World. The GRF Board of Directors can vote to sell or develop the 5.5 acres RV Storage Facility property. The GRF Board does not need the approval of its members. It is the only entity that can move forward with any plan to sell property. (Editor's note: The GRF is awaiting an opinion on this from legal counsel to verify this information.)

The city cannot force GRF to use the 5.5-arce RV lot for additional housing.

GRF Board members who are in favor of developing the 5.5 acres should publicly identify themselves to our community. I believe members of Golden Rain Foundation and Mutual shareholders do not want, and will not vote for, any kind or type of new housing being built in in Leisure World. We love our community just the way it is.

Editor's Note: There is no plan to sell property in Leisure World. The City of Seal Beach cannot force any private property owner to develop its land. The Seal Beach Housing Element is a statemandated document to show the city's capacity for growth. Almost all the parcels identified in the housing element are occupied by other uses as the city is built out, meaning it has very little land that could be potentially developed. The housing element gives no new power or rights to the Golden Rain Foundation. The RV lot could have been developed yesterday or 20 years ago—the authority already exists from a planning and zoning perspective, which is all the city can change. Most of the other sites included in the housing element must be rezoned in order to accommodate housing. Nothing changes for LW with this document, according to Alexa Smittle, community development director for the City of Seal Beach. The city's town hall Sept. 27 can be viewed at lwsb.com."

Letter to the Editor

Two weeks ago I read an article in the Leisure World Weekly that attempted to explain why we residents will be seeing another 10% increase in monthly fees. This increase again will occur at a time when most of us will see an increase in income that is only a small fraction of 10%. Depending on sources, some may not see an increase at all.

In this week's paper, I see that there is a budget item for 2024 of \$118,000 for chain link fence replacement and plant removal along the channel, near Service Maintenance. There is no mention of plant restoration. My question here is: why? Why destroy all that beautiful self sustaining bougainvillea to put up a shiny new chain link fence? A fence that will give us who live nearby a lovely view of a prison like fence and a concrete ditch. Especially at a time when people are purportedly trying to "control costs"? How does this improve the quality of our lives?

I grew up on my grandfather's farm in Iowa. His farm was very successful, in part because he didn't waste money. This is one of his favorite sayings; "If it ain't broke, don't fix it." He was a very smart and wise man.

> Mike Maher Mutual 3

Setting It Straight

An article from Alzheimer's OC seeking a care navigator in LW inadvertently omitted contact information in the Sept. 29 issue. For more information on becoming a care navigator, contact Tarah McNulty at 949-757-3759 or Robann Arshat, GRF member resources liaison, at 562-431-6588, ext. 317, or robertaa@lwsb.com.

Perspectives Policy

Letters to the Editor, maximum 250 words, should be typed and delivered to LW Weekly by email (preferred), regular mail or handdelivered. Letters must be of general interest to the community.

GRF

An Official Golden Rain Foundation Publication Serving the Shareholders of



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Editorial: 4 p.m., Thursday, prior to publication week

Classified Advertising:

12 noon, Monday, of publication week

Display Advertising 4:30 p.m., Thursday, prior to publication week

Office hours

8 a.m. to 4 p.m. Monday-Friday

562-430-0534

after-hours voice mail

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Seal Beach, CA 90740

Mailing Address

P.O. Box 2338

Delivery Address LW Weekly Building

13521 St. Andrews Drive Seal Beach, CA 90740

Online Editions LW Weekly.com lwsb.com/newspaper/

Distribution Services Dan Pomeroy, manager Eagle Rock Services

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Life + Health

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Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., Oct. 12	Mutual 12
	Conference Room B/Zoom9 a.m.
Fri., Oct. 13	Mutual 3
	Conference Room B/Zoom9 a.m.
Mon., Oct. 16	Mutual 15
	Conference Room B/Zoom1 p.m.
Tues., Oct. 17	Mutual 14
	Conference Room B/Zoom1 p.m.
Wed., Oct. 18	Mutual 5
	Conference Room B/Zoom9 a.m.
Wed., Oct. 18	Mutual 7
	Conference Room B/Zoom1 p.m.
Thurs., Oct. 19	Mutual 2
	Conference Room B/Zoom9 a.m.
Thurs., Oct. 19	Mutual 11
	Conference Room B/Zoom1:30 p.m.
Mon., Oct. 23	Mutual 8
	Conference Room B/Zoom9 a.m.
Wed., Oct. 25	Mutual 10
	Conference Room B/Zoom9 a.m.
Thurs., Oct. 26	Mutual 1
	Conference Room B/Zoom9 a.m.
Fri., Oct. 27	Mutual 6
	Conference Room B/Zoom9:40 a.m.
Wed., Nov. 1	Presidents' Council
	Clubhouse 41:30 p.m.

Common identity theft scams and how to avoid them

People can never let their guard down when it comes to identity theft. Commonly stolen data includes addresses, credit card numbers, bank account information, Social Security numbers, or medical insurance numbers.

Though thieves can gather information by intercepting it through digital channels or simply by stealing mail or going through trash, many times people inadvertently share personal information with scammers themselves.

- **Phone scams.** Phone scams may involve telemarketers trying to sell something in exchange for personal information, as well as people impersonating government agencies or credit card companies. "Please confirm account information" or "we'll need your financial information to process" are some of the phrases these scams utilize. Never give out personal information over the phone unless the individual on the other end is confirmed to be legitimate.
- Text links. Scammers utilize text messages to try to gain information. The text includes a link to a site that will request personal information. Do not respond to such texts and avoid clicking on the links.
- **Phishing emails.** Phishing emails look like they are coming from legitimate sources, but they often contain malware that can infiltrate computers and other devices to steal identity data.
- Medicare card verification. Older adults are often being called, emailed or even visited in person by scammers claiming to represent Medicare. Perpetrators of this scam offer new services or new chipped Medicare cards in exchange for verification of Medicare identification numbers. Medicare numbers should be carefully guarded, and people should keep in mind it is highly unlikely for a Medicare representative to contact them this way.
- Data breaches. Security experts indicate many major companies are being breached. By the time it is discovered that the personal information was stolen, it has been circulating for some time. While it's impossible for people to prevent this type of data breach, a credit monitoring service can alert consumers if their information shows up where it seemingly doesn't belong.

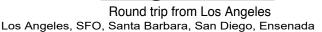
California Coastal Cruise



Pack and Go - Last Minute Departures!











Presidents' Council Meeting Recap

THE PRESIDENTS' COUNCIL Clubhouse 4 and Zoom **Tele-Video Conference**

The regular monthly meeting of the Presidents Council of Leisure World Seal Beach was convened at 1:30 p.m. by President Jeri Dolch on Oct. 4 in Clubhouse 4 and via Zoom tele-video conference.

The following is a recap:

- Presidents' Council meeting minutes of Sept. 6 were approved as written.
- Safety Manager Eloy Gomez provided an update on the Great California ShakeOut scheduled for Oct. 19 at 10:19 a.m.
- Senior Director of Facilities Mark Weaver provided updates on general projects in the community.
- Mutual Administration Director Jodi Hopkins provided updates on Mutual Administration and Stock Transfer Departments.
- The next meeting is on Wednesday, Nov. 1, at 1:30 p.m. in Clubhouse 4. It will be streamed via Zoom tele-video conference and YouTube Live.

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or $instruction\, on\, the\, use\, of\, the\, FRS$ radio, contact Leisure World Radio Club President Rich Erickson at *rjerxn@yahoo.com*, or call 562-431-6586, ext. 409, to leave a message.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., Oct. 12	Administration Committee Meeting
Tues., Oct. 24	Conference Room A10 a.m. GRF Board Meeting
Tues., Oct. 24	Clubhouse 410 a.m.
Thurs., Oct. 26	GRF Board Executive Session
Thurs., Nov. 2	Conference Room A

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Members will be provided an opportunity to address the committee.

CITY OF SEAL BEACH

Senior Transportation Shuttle

The Senior Shuttle Service is a free 20-passenger shuttle that runs on a fixed route throughout major city stops, including Seal Beach Pier/Old Town area, Leisure World, and Rossmoor Shopping Center/North Seal Beach Community Center. This shuttle can accommodate wheelchairs and scooters, and hold two bikes.

To register, submit the following to the City of Seal Beach recreation coordinator Anthony Nguyen by email or in-person/mail:

- An application that can be requested from Nguyen or found on www.sealbeachca.gov/Departments/Community-Services-Recreation/Senior-Services.
- Photo ID showing proof of Seal Beach residency and date of birth (CA driver's license or a Golden Rain Foundation ID card for Leisure World residents).

To use this free shuttle, people must be:

- A Seal Beach resident.
- 60 years or older.
- Pre-registered with the City of Seal Beach.
- Have their SMP ID Number available for the driver. (This number is assigned upon registration with a turnaround time of three business days after submittal of application).

For more information or further assistance with the registration, call Robann Arshat, GRF member resources liaison at 562-431-6586, ext. 317, or email robertaa@lwsb.com.

Public Comments at GRF Meetings

The Open Meeting Act requires boards of directors to establish reasonable time limits for speakers to address the GRF Board of Directors. (Civ. Code §4925(b).).

Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers. Pursuant to Civil Code 4930 of the Davis-Stirling Act, the GRF Board is prohibited from answering questions from residents speaking during public comment time at board meetings.

To address the board, submit a comment card at the meeting prior to it being called to order. Residents may email correspondence to executive coordinator at grfboardaction@lwsb.com.

SENIOR

Find more menu details at our website

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week

Monday	Tuesday	Wednesday	Thursday	Friday								
LUNCH												
Denver Omelet Dill Potatoes	Asian Salmon Tacos Hoisin & Mango De Gallo	Turkey Sandwich Potato Salad	Spinach Quiche w/Bacon & Mushroom	Chicken Enchiladas Spanish Rice								
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit								
Chicken Florentine Pasta	Cajun Catfish Broccoli & Carrots	Beef Stroganoff Wide Noodles	Basa Filet Lemon Butter Grilled Zucchini	Shrimp Scampi Rice								
Cake	Seasonal Fruit	Cookies	Cookie	Brownie								



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To ensure high quality, some items may be substituted

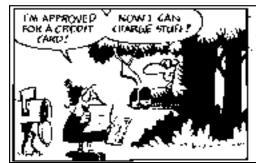


Puzzles & Comics

Answers on page 21

Gasoline Alley By Jim Scancarelli Not long chiliff tikahe a-heldi I been think in 'bout' pre-posin' l'Massimilia Rufusi Hasi ya **Joo**ngdi To take ക തിർ inside go ബടി lately i again. Yo'eyer been married befolded

Broom-Hilda



By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

10 Jewel

11 Cookie used

to make

"RELATIVELY SPEAKING' **BY KELLY RICHARDSON & KATIE HALE**

ACROSS

- 1 "The Name of the Game" pop quartet
- 5 Driver's lic. info 8 Nixed, at NASA 12 Back teeth
- 18 Adolescent 19 Concessions
- purchase 20 Very, informally
- 21 Bright red liaueur 22 Date night, or a midgame show starring Beyoncé instead of the coach's
- nephew's garage band? Stovetop piper
- 26 Still going 27 Cappuccino
- topping 28 Prophetic sign
- 30 Pliable wood
- 31 English article 32 "And so forth"
- abbr. 34 Bohr played by Kenneth Branagh in "Oppenheimer" 37 Word with bright
- or big 39 Giving up a lazy Saturday to clean up a beach at sunrise, or waking up to pancakes
- instead of gruel? 45 Busy mo. for a
- 102-Across 47 Weep
- 48 Brazilian berry 49 Cancel
- 50 Ease of movement 53 Target
- 55 Food stamp org. 56 A chic gray bob and cat eye bifocals, or sleeping until noon and dancing until dawn?
- 59 Classified 60 Ethically indifferent
- 61 Skip over 62 Fast Amtrak
- train 64 Took first place 65 Underground
- systems 67 Fluffy craft
- supply 70 Writing tip? 73 Adventure

game console

- 75 Soy block 76 "I am enough,"
- e.g. 78 Snouts 80 Cardstock instead of newsprint, or the work of a
- wordy student? 85 Feel (for)
- 86 Spanish diacritic 87 Meetings
- 88 Bite noisily 90 Operatic icon 91 Pub choice
- 92 Wolfed down 93 "The copy editor says this needs a capital
 - letter," or a judge saying "Not enough evidence" in a bass-baritone?
- 99 Flit 100 Greek fabulist 101 Wallach of "The Holiday"
- 102 Tax prep pro Scolding sound
- 108 Spring
- 110 2-Down, for one

- 112 Ready at a moment's notice
- 114 "Girl on Fire" singer Keys 116 God's rest on the seventh day,
- or forty winks on a bunk bed? 120 Sharp grabbers
- 121 Large barrel
- 122 Fish caught in pots 123 Hippocratic
- 124 Orbital extreme 125 18-wheeler 126 "Happy now?" 127 __ bargain

DOWN Up, in baseball

- 2 Canvas for many an arborglyph 3 Midler of "Hocus
- Pocus" 4 Against 5 Play-__: Fun
- Factory clay Balderdash
- 6 Norwegian saint 8 Cappuccino
 - topping, perhaps __-Wan Kenobi
- bloom 39 Actress Pam
- 38 Single-season
- 40 Take a shot at 41 Promposal goal

42 Appliance that performs under pressure? 43 In the buff

53 Sale caveat

59 Plots again 63 PR focus

66 Ending at,

casually

67 Bioré target

68 Frequently,

poetically

58 Drain

54 Hirsute cousin57 Punk offshoot

- Halloween bat-44 Happy45 Dollar alternative shaped treats 12 Manage with Give 'em the old whatever's available razzle-dazzle,
- 13 1968 to now. sav 50 Weak spot in professional Many Oscar
 - tennis contenders 52 Not as well
- "__ the games begin!"
- 15 Highbrow
- 16 Part Whole lot 19 Heraklion's
- island 23 Eternally 24 Event where pies win ribbons
- 29 "La Bohème" heroine 33 Prickly plants
- 35 Like fertile soil 36 Bolsa Chica State Beach's
- locale, informally

- 69 Oaty breakfast mix Oscar nominee Dunne
- 74 Abounded (with) Journalist Koppel 77 Water nymph

- 79 Nueve preceder 81 Singer Redding "Love your skir body brand
- 83 Woody area
 - Witherspoon

78 Salt formula

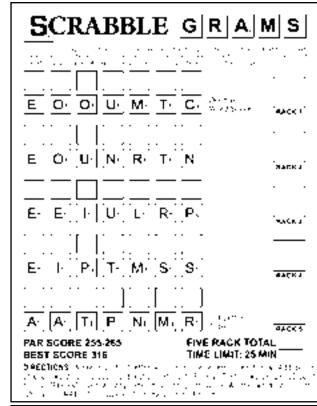
- 89 Nutty confection
- 90 __ mining 91 Current units 94 Fold
- 95 Thin strips of
- 96 Irked 97 Loses speed
- 98 German article 102 Gondola waterway
- 103 Tectonic 104 First Greek letter 105 "Toodles"
- 106 Thwack 107 2.2 lbs., roughly 109 Univ. conferrals
- 111 Sport sword 113 Trim, as a photo
- 72 Xylophone parts 115 Horologist's piece
 - 117 Wrath 118 Orbit, e.g. 119 Fútbol cheer
- 43 103 104 124

Sudoku 1

		2				8		
		9	5			· '	1	4
8			6		-			2
	8	3		1			2	
'				5		· '		
	6			9		7	4	
5 4					8			3
4	3				9	6		·
		8				4		

9 To 5 By Harley Schwadron









Guess Who?

I am a journalist born in London on November 3, 1949. I am well-known in the fashion industry. For many years, I was the editor-in-chief of a well-known fashion magazine, then going on to direct the publishing house of that magazine. I am known for my signature sunglasses.

Sudoku #2

				8	4	7		
3							8	
	5		9					
9	6				8			
8		5						4
							2	
			3	2				1
7	9							
		2	1		7	5		

Puzzles & Comics Answers on page 21

O** \(\text{B} \cdot \times \cdot \cdot \times \cdot \tim

Solve the code to discover words related to men's health.

Each number corresponds to a letter.

(Hint: 15 = E)

A. 26 4 23 10 6 11 21 8

Clue: Annual exam

B. 7 9 16 19 6 13 15

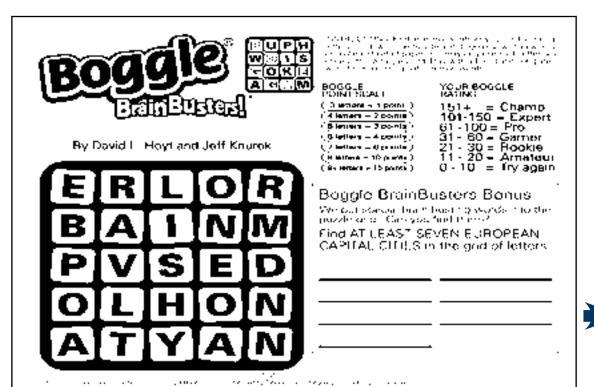
Clue: Occurs regularly

C. 15 14 15 7 11 6 10 15

Clue: Physical activity

D. 3 21 8 15

Clue: Man or boy



MEN'S HEALTH WORD SEARCH

R Н D R R D 0 Ε E М В L Ν Ν K K C Ι E D Ι Y K В Н R Ε C Ν Α C S G S T T W S 0 C N C K L W 0 0 0 R K R U T V K G X C M Ε V Ε R Α R Н S G C Ι V R R T C S Ε Ι N U D X Ι Ε T S М Т В В W Ν W G R В R Ν U Ι N L T C R C T G Н C N Ι 0 Y S U Y G X G P W T X X E R М 0 D 0 L V Ε Y X T L K Α R Т R L E K R Ι R L D ٧ Ε N S Y Ι P Ε F D E T X T 0 0 R R R K 0 U D Ε S H 0 L V Ι L В Τ Α Т Ε Α C N K Н W Ι S P S Ι В C W U 0 Ε S N T Ν Ε G W W X K E T E Н P R В F Н Y R Т Ι U N D W 0 K X T Ι R N S X G Ε 0 T В R X T G В Ι R G В S E E Ι P X S P P M H S 0 V Ε Н R D W L F G Ι S P S T T T P В L Н М R 0 Α Ε K K F Ι F V P T A Ν Ν T М Н B W R Y Α В Α N Ι В Ι Y 0 В D 0 U M V E E R R Ε T 0 М В Ε E D M Α X Α В N Y Y K М V H A L Τ Н S S C Ι Ε E C C R 0 Т N G F R U W W K Α D

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ANXIETY

BALDING BENIGN CANCER **COLONOSCOPY DEPRESSION** DIABETES **DOCTOR** DYSFUNCTION EXAM GENETIC HEALTH HEART DISEASE INFERTILITY **KIDNEYS MOVEMBER OBESITY OVERWEIGHT PROSTATE STRENGTH** STR0KE **TESTICULAR** TESTOSTERONE

8 October 12, 2023 | www.lwsb.com | www.lwweekly.com | Www.lwweekly.com | Www.lwsb.com | Ww.lwsb.com | Www.lwsb.com | Www.lwsb.com | Www.lwsb.com | Www.lwsb

HEALTH & FITNESS



Joyful Line Dance Club instructor Carmel Atkinson (second from left) shares her love for dancing with the LW community through Strait Cha Cha.

Get up, lace up and get moving with Joyful Line Dance on Thursdays in Clubhouse 2

Joyful Line Dance Club meets on Thursdays in Clubhouse 2, from 10:30 a.m.-12:30 p.m. It has many leaders who take turns teaching. One of them, Carmel Atkinson, joined the club over three years ago, and has made many friends and became a part of the Joyful Line Dance community. She finds joy in staying committed to her passion and teaching her favorite dances: "Jo and Jo Tango," "Strait Cha Cha"

and rcently added "Carinito."

She moved to Leisure World from Cypress with her late husband in 2010, and fell in love with many fun activities offered by community clubs such as Zumba and Dancing Feet. Atkinson also enjoys ballroom dancing in Leisure World and surounding areas.

The Joyful Line Dance Club of Leisure World invites everyone to improve their emotional, mental and physical health through dancing. The club also encourages men to come out and learn how to dance.

Through tough times and good times, the club appreciates its leaders and loyal members. Everyone is welcome. Exercise shoes are required. All attendees and their guests must sign in as they enter the class. For more information, text 562-301-5339.

—Anna Derby



Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon.

It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

Thursday, Oct. 12

Cubed beef with stew gravy, vegetables, baby potatoes, whole wheat bread with Smart Balance, and mandarin orange.

Friday, Oct. 13

Vietnamese diced chicken with lemongrass sauce, brown rice, Japanese vegetable blend, and sugar-free pudding.

Monday, Oct. 16

Mexican corn soup with sugar-free crackers, signature chicken salad, barley mushroom salad, whole wheat dinner roll, and canned peaches.

Tuesday, Oct. 17

Vegetable lasagna, threeway tossed salad with balsamic dressing,broccoliandcauliflower, whole wheat crackers, and sugarfree fruited gelatin.

MEALS OC, page 9



Wa-Rite members Bea Quintara and Marshia Larson shared the top loser title at the Sept. 29 meeting.

WA-RITE CLUB

Regain confidence on your weight loss journey on Fridays in CH 3

he Wa-Rite Club meets on Fridays in Clubhouse 3, Room 1. Weigh-ins are from 8:15-8:45 a.m. The meetings are from 9-10 a.m. The annual membership fee is \$10. Weekly dues are 10 cents.

At the club's Sept. 29 meeting, Bea Quintara and Marshia Larson shared the top loser title, each losing 2.5 pounds, and attributing their success to a lot of cabbage soup and staying committed.

Club members had their starting weight recorded for this season's Funny Money contest, which will run through Nov. 10. The contest team, led by Darleen Gardner, will track everyone's weight loss progress and distribute Wa-Rite bucks to members based on their individual weight loss. Those bucks can then be used at the Dec. 8 annual auction. A good time is promised to be had by all.

In addition to the regular month-end share, members were also invited to write down recipes, pertinent news or information they have learned about weight loss or product recommendations in the club's new share book. Those entries will be distributed to all members at the next meeting.

Women interested in better health, more energy and some light-hearted comradery, are enthusiastically welcome to stop by and learn more about the club and attend up to three meetings for free.

—Denise Stabile

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www. mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, Oct. 12

Herb-roasted chicken breast with honey mustard sauce, brown rice, cauliflower, green bean almandine, tangerine, ham and cheese sandwich with lettuce, tomato and pickle, and creamy coleslaw.

Friday, Oct. 13

Spaghetti and meatballs with marinara sauce, whole grain roll, broccoli, pear, Caesar chicken salad with romaine lettuce, shredded cheese, croutons, dressing, and crackers.

Monday, Oct. 16

Chicken enchilada with red sauce, pinto beans, cauliflower, applesauce with cinnamon, tuna salad sandwich with spinach and tomato, and homemade macaroni salad.

Tuesday, Oct. 17

Porkloin with brown gravy, mashed sweet potatoes, zucchini with tomatoes, chocolate pudding, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing, and crackers.

Wednesday, Oct. 18

Vegetable frittata, whole grain roll, seasoned carrots, tangerine, turkey and cheese sandwich with lettuce, tomato and pickle, cucumber, red onion, and dill salad.

Successful at Home Aging Tips

Leisure World Seal Beach Memory Support Team will share successful at home aging tips on Monday, Oct. 16, from 10-11 a.m., in Clubhouse 3, Room 2. Everyone is welcome to join and learn about how to continue living independently for as long as possible. Pre-registration is not required.

For more information, email *learn@alzoc.org* or call 1-844-373-4400, or contact GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

Optum HCC Events, Oct. 12-30

United Healthcare Informational Session

Learn about United Healthcare benefits with Sherry Vandervoort. RSVP at 949-702-9488 or just come by. When: Thursday, Oct. 12 and Monday, Oct. 16. Where: Boardwalk Conference Room (Oct. 12) and Large Conference Room

(Oct. 16) Time: 2-3 p.m.

Musicand Movement Group

Join Alignment Health to improve balance, energy and sleep to some popular tunes. RSVP at 562-493-6581 or just come by

When: Wednesday, Oct. 18 Where: Large Conference

Time: 11 a.m.-1 p.m.

1960s and 70s Trivia with Anthem Blue Cross

Everyone is invited to play trivia, win prizes, enjoy a snack, and learn more about Anthem Blue Cross. RSVP at 562-493-9581 or just come by. When: Thursday, Oct. 19 Where: Large Conference Room

Time: 2-3 p.m.

Nutrition 101 and Heart Health with Jacqueline Atwood

Right at Home registered dietitian Jacqueline Atwood will discuss the ways to keep a heart healthy through nutrition. RSVP at 562-493-9581 or just stop by.

When: Friday, Oct. 20
Where: Large Conference

Room Time: 2-3 p.m.

United Healthcare Benefits with Sussy Kim in Korean

Join independent Medicare specialist Sussy Kim as she shares 2024 health benefits offered by United Healthcare. Refreshments will be provided. This seminar is in Korean

When: Monday, Oct. 23 Where: Large Conference

Time: 1-3 p.m.

iPhone Tips with Sherry Vandervoort and United Healthcare

United Healthcare and Sherry Vandervoort are back, and will share updates on the latest iPhone tips and tricks. RSVP at 949-702-9488.

When: Tuesday, Oct. 24 Where: Large Conference Room

Time: 12-1 p.m.

SCAN Medicare 101

Join SCAN to learn about benefits it provides and how to save money on Medicare. No RSVP required.

When: Tuesday Oct. 24 Where: Large Conference Room

Time: 2-3 p.m.

HCC EVENTS, page 9



Prostate Forum of Orange County, including Mutual 15 Orange County Board of Supervisors during the Prostate resident Ira Kaget (third from the left), was recognized by the

Cancer Awareness Month.

Prostate Forum of OC was recognized by the Board of Supervisors

"Come talk to us, we've

been through it,"

Prostate Forum of

Orange County

range County Supervisor Doug Chaffee introduced a

meeting. Prostate Forum of Orange County Board members Ira Kaget, Charles Metzger, MD, Neal Berke and Brian McEvoy received the resolution where the work of the Prostate Forum of Orange County was recognized.

Prostate cancer is one of the most common forms of cancer with one out of seven men

detection greatly increases the chances of successful treatment and survival. It can save lives and educate community and also provide support for those who are courageously fighting against it.

The Prostate Forum of Orange County Support Group resolution proclaiming September as Prostate Cancer offers support meetings via Zoom for newly diagnosed men Awareness Month at the September Board of Directors every second Tuesday at 5 p.m., Zoom link: us02web.zoom.

> us/j/86164783897, and for advanced/recurrent group every fourth Tuesday at 5 p.m., Zoom link: us02web.zoom.us/j/85450819246. People can also learn more from the experts about treatment and management of prostate cancer every fourth Thursday of most months at 5 or 7 p.m. via Zoom: us02web.

diagnosed globally. Spreading awareness is crucial because early zoom.us/j/85477749453. All meetings are free, and open to anyone affected by prostate cancer including patients, family and friends.

For more information, visit www.prostateforum.org.

LW BICYCLE GROUP



LW Bicycle Group gathered for coffee at Shoreline Village in Long Beach. The group meets for breakfast and a ride to El Dorado Park on Sundays, and on Mondays, Wednesdays

and Fridays at the North Gate at 9 a.m. Helmets and safe shoes are required. For more information, call Lucy Czra at 818-209-5075 or Mary Romero at 562-810-4266.

Dental Services for Retired **Veterans**

For the 10th consecutive year, Dr. Seza Barsamian's Los Alamitos dental office will offer annual free dental services for retired veterans in honor of Veterans Day.

Retired veterans will get their annual dental checkup, X-rays and regular dental cleaning at no cost on Thursday, Nov. 9, at Seza Barsamian, DDS, Inc., 4022 Katella Ave., Suite 206, Los Alamitos, 90720.

Call in advance to schedule an appointment with Dr. Barsamian at 562-596-4439. Office hours are from 9 a.m.-5 p.m.

Dr. Barsamian said: "We love our veterans and where there is love, there is always an opportunity to serve. Thank you for your service."

—Dr. Seza Barsamian

HCC EVENTS from page 8

Healthy Golf Tips Seminar

Shaun Torbati, PT, RPT, will discuss how to improve driving distance and avoid back pain while playing golf. He will share flexibility drills to improve the game and valuable tips to use before the play. RSVP at 562-493-9581 or just come by.

When: Thursday, Oct. 26 Where: Large Conference Room Time: 1-2 p.m.

Alzheimer's Support Group in Spanish

When: Monday, Oct. 30 Where: Large Conference Room Time: 3-5 p.m.

Alzheimer's OC offers support to Spanish speaking LW residents, their families and friends affected by dementia or Alzheimer's disease. To learn more, RSVP at 562-493-958 or just come by.

MEALS OC from page 8

Wednesday, Oct. 18

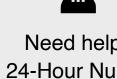
Chinese orange chicken with orange sauce, brown rice, spinach, sugar-free pudding, and orange juice.

Grief Support Group

Pathways provides a free grief support group for LW residents on Wednesdays from 2-3:30 p.m. in the Optum HCC Conference Room. Everyone is welcome to join and learn more about how to deal with grief during difficult times and not feel alone.

For a preliminary screening, call Tammie Ottenad at 562-531-3031.

For more information, call GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.



Need help? 24-Hour Nurse: 562-795-6216



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TS & LEISURE



Dave LaCascia and Liz Meripol in Acapulco, Mexico.

Traveling Tigers Club

The Traveling Tigers will meet on Wednesday, Oct. 18, at noon in Clubhouse 3, Room 9. The meeting will begin with a potluck. People should bring a dish to share and, if possible, their own plates, silverware and coffee cup. There will be a short business meeting at 1 followed by the presentation. Dave LaCascia will present a talk on his, and his partner Liz Meripol's, transit through the Panama Canal, traveling from Miami to Mexico with stops in the Cayman Islands, Columbia and Guatemala.

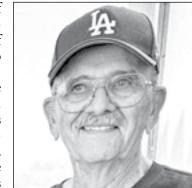


A wood-burned club logo created by Jack Haskins, one of many he's created in various mediums.

Video Producers Club

Jack Haskins, a member of Video Producers Club, personally handmade artworks of various materials with the Video Producers Club's logo on them.

Everyone was amazed at the various handicrafts he made. He also described the process of designing and manufacturing those handicrafts, "I used a program called Ink Scape," he said. "It develops shapes, adds text, and imports images into the program. I downloaded it to a thumb drive and plugged it into



Jack Haskins

the laser engraving device. This special laser engraving can edge."

Korean American Choir

The Korean American Choir will hold its 11th annual concert on Saturday, Oct. 14, at 4 p.m. at Canaan Presbyterian Church, located at 17200 Clark Ave., Bellflower.

The group meets every Friday from 9 a.m.-noon in the Clubhouse 3 lobby, where 70 members are divided into four parts: soprano, alto, tenor and bass. The group was founded in 2007 and learns gospel and contemporary music.

The concert will focus on music composed by conductor Pastor Paik Kyoung-Whan. For more information, contact Hyung Koo Kim at 714-667-7071.



Yuri Lotakov poses with the GRF's new Roland GP9 electronic grand piano.

New Roland GP piano will be put into action at recital

on Sunday, Oct. 22, at 3 p.m. in Clubhouse 4, presented by the Vietnamese American Club and the French Club.

In a world that's shifting toward the digital realm ever more quickly, the acoustic piano is no longer the only king of the stage. Several companies have struck a fine balance between the traditional and the innovative, the Roland GP series being at the top.

Leisure World has been fortunate to acquire

Yuri Lotakov will perform at a piano recital its very own brand new Roland GP9 digital grand piano. The organizers thank the Golden Rain Foundation for making this happen.

> Lotakov will introduce the modern masterpiece of acoustic engineering and digital wizardry.

> "How close does the GP9 get to the real thing? It, of course, has the gorgeous aesthetics of a grand piano, but does it truly recreate the singular musical experience of a grand piano?" Yuri said. "Let's find out together."

> > —Yuri Lotakov

Free Computer Class on Zoom

Ready to level up your tech skills? Bob Cohen of Mutual 11 is offering free live online computer classes for adults.

Beginners and those looking to brush up on their skills will benefit from the free training courses. He also has a website where people can connect with other adults interested in technology.

The classes cover a variety of topics, from basics to Artificial Intelligence, all in an easy-tounderstand format. All sessions are recorded for people to watch anytime. For more information or to sign up, email bob@bobology.com.

Creative Club Open House

Three creative clubs will host an open house on Saturday, Oct. 28, from 10 a.m.-1 p.m. in Clubhouse 4.

The Ceramics, Art and Lapidary clubs will have their instructors available to showcase what they do and answer people's questions.

People can explore the different options and see what they might be able to create for friends and family during the holiday season.

Stop by to meet club members, see demonstrations of new equipment, get gift ideas, and maybe even sign up for a couple of classes.

Each club will announce their upcoming events and classes. Treats will be

LWer's art featured in online gallery

Ariel Swartley is a visual artist and former journalist, and a resident of Mutual 2.

Her photography book, "Untrue Confessions," has been chosen for an international exhibition of artist's books in Decatur, Georgia. The exhibition is online and on view for the month of October. The photographs in the book were all taken in Leisure World, although it's not the world as people



Ariel Swartley's book "Untrue Confessions"

usually see it. In fact, fittingly for this month, they are a bit spooky. As the catalogue statement explains, they were taken when Swartley was having vision problems, and it was easier for her to take pictures at night.

To view the show and the online catalog, visit https:// decaturartsalliance.org/book-as-art/.

GRF Trip: Winter Sawdust Festival

The Sawdust Art Festival: Winter Fantasy occurs for five magical weekends as a one-of-a-kind holiday art and crafts jubilee, which showcases over 180 artisans with original handcrafted artwork. The event will feature live music as well as two separate restaurant venues that residents can enjoy. Recreation's end-of-year trip will take place on Friday, Nov. 17. Tickets are \$36 and will be sold on a first-come, first-served basis. Tickets can be purchased at the Recreation Department in Building 5. An online purchasing option is not be available.

GRF Annual Arts & Crafts Festival

The 53rd Annual GRF Arts & Crafts Festival will be held on Friday, Nov. 3, and Saturday, Nov. 4, in Clubhouse 2 from 9 a.m.-2 p.m. The Arts & Crafts Festival is held for the purpose of encouraging the creative talents of Leisure Worlders.

While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/ member. No manufactured articles may be sold. Each seller must live in Leisure World and must be a GRF member to qualify as an exhibitor of sale items at the festival. Come and support fellow shareholders/members.

Artisans who wish to participate can sign up at Clubhouse 2 on Wednesday, Oct. 18, from 7-9 a.m. A full table is \$10 but may be shared with another participant for \$5.

Grab 'n' Go Menu Oct. 12-18

Thursday: Domino's Pizzaat Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads from 3:30-7 p.m. Cash and cards are accepted.

Monday: Berlin Truck at Clubhouse 6: Enjoy gourmet sausages, grilled cheese and more from 4-6 p.m. Cash is not accepted, only cards.

Tuesday: Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday: The Empanada Maker at Clubhouse 6— Try out a variety of empanadas. See the full menu online at www.theempanadamaker.com/menu. Preorder by calling 949-524-3145. On site from 4-6 p.m.

On-call bus service is available from 4:30 p.m.; regular service before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379.

Watch LW Live for updates. Sign up for notifications at www.lwsb.com/lw-live-sign-up/. To ask questions or give feedback, email kathyt@lwsb.com.

Photo Arts Club

The Photo Arts Club will meet Thursday, Oct. 12, at 1:30 p.m. in Clubhouse 3, Room 9. People should bring their iPhone, Android and/or camera.

The assignment will be "landscape" photos taken with a camera or phone. The landscape scene can contain water or not; it's up to the photographer. People should take new photos instead of sending photos taken in the past.

The club will look for application of the principles discussed at the meeting. Email three of the best photos to Ben Benjamins at *benbenjamins@hotmail.com* at least two days before the meeting.

People can also bring photos of their choice to be displayed and to be commented on. Hooks and labels are available for members who wish to hang framed photos in the hall of Clubhouse 3.

Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome. For information about the club, call Regine Schumacher at 562-430-7978.

—Regine Schumacher

LW Weekly 562-430-0534

Long Beach Symphony Tickets

In the first concert of the 2023-24 season, the Long Beach Symphony Orchestra (LBSO) will play music of Brahms, Dvorak, Smetena and more, featuring guest piano soloist Andreas Boyde at the Terrace Theatre in Long Beach on Oct. 21 at 8 p.m.

Tickets for the concert and round trip bus tickets from Leisure World Seal Beach are available by contacting the box office at 562-436-3203 or online at *www.LongBeach-Symphony.org*. Those interested in purchasing tickets for the full five-concert season at 20% group price reduction and discounted bus tickets should call Lucy Poropat at 323-646-9290.

Last minute single concert tickets with or without bus tickets can be purchased at the box office. Bus tickets can also be purchased on concert nights starting at 5:15 p.m. at the Amphitheater bus pick-up area on St. Andrews Drive, for \$30 per round trip, payable by personal check to LBSO or exact cash; no change is available and cards are not accepted. The bus leaves at 6 p.m., arriving in time for Conductor Eckhart Preu's pre-concert talk.

For more information, call Beverly Emus at 562-296-



Hui O Hula wishes a happy 80th birthday to Susan Cucci, who is always happy in her golden years.

HUI O HULA

Dancers celebrate member's birthday

The Hui O Hula Club wished a happy 80th birthday to dancer Susan Cucci on Oct. 14. Cucci is a Southern California native. She was married to Steve Cucci and raised two children with him. She worked in corporate America for 25 years. Steve passed away in 2013

After retiring 24 years ago, she was ready for a change. Family and friends have always been most important, but she said, "I knew that when I retired, I wanted to find some way to be of service to others." After moving into Leisure World Mutual 4 in 2005, she joined Hui O Hula, the Hawaiian Dance Club, which was also new in LW.

Today she is an accomplished graceful dancer, serves on the Hui O Hula Board, and is a mentor to all newcomers. In sharing her aloha in hula, she says, "I never would have thought I'd be a hula dancer, and I love it!" Cucci also loves performing hula for the community, especially for people who are homebound at nursing homes and assisted living facilities outside the gates. For hula class information or the hula performance schedule, call 562-431-2242.

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Ted and Jeri Nowell

GARDEN CLUB

Talk will focus on local wildlife refuge

The Garden Club will meet Monday, Oct. 16, at 1:30 p.m. in Clubhouse 2. This month's speakers are Ted and Jeri Nowell, longtime Mutual 5 residents and longtime volunteers at the National Wildlife Refuge, which is located on the Seal Beach Naval Weapons Station.

His lifelong interest in plants and gardening led Ted to volunteer to work in the garden at the refuge 16 years ago. Jeri followed two years ago. They help maintain the 3.5-acre native garden. They will present a slideshow expertly photographed and produced by fellow Mutual 5 resident Cristina Vegas.

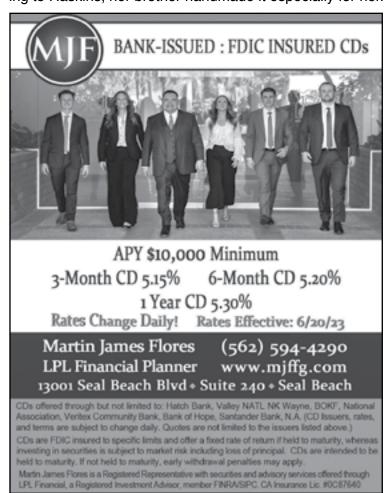
Tickets at \$25 each will be on sale in the lobby for the Christmas brunch, which will be held on Dec. 18 at 11:30 a.m. in Clubhouse 2. A dazzling brunch with scrambled eggs, sausage, bacon, potatoes, muffins and pastries will be provided by Country Garden Caterers. If any tickets are still available for the Oct. 18 Sherman Library and Gardens tour, they will also be on sale for \$60.

The We Care table will be set up in the lobby for donations of non-perishable food items, gift cards and cash. All are welcome to attend. Coffee, tea and cookies will be served after the meeting.



lvy Ku

Betty Haskinks of Mutual 10 has a very unique golf cart. From the outside, it looks like a minivan, with wooden panels all around and a small surf board placed on the roof. According to Haskins, her brother handmade it especially for her.



12 October 12, 2023 | www.lwsb.com | www.lwweekly.com | LWweekly.com |



The Velvetones Ballroom Orchestra

Dance the night away with the Velvetones this Sunday

The Velvetones Ballroom Dance Orchestra will perform this Sunday, Oct. 15, at 6 p.m. in Clubhouse 4.

The group is Leisure World's own professional big band, playing big band swing and jazz standards—music for dreaming

The Velvetones Ballroom and dancing—under the direcnce Orchestra will perform tion of Jeff Plum.

The Velvetones play at Clubhouse 4 on the first and third Sunday evenings at 6 p.m. People are encouraged to bring their dancing shoes.

The Velvetones vividly bring

this classic music to life for a new generation of audiences, authentically recreating the style, musicality, and essence of Swing era band music.

They pepper their repertoire with contemporary pop hits to broaden their audience.

OPERA CLUB

Club will screen the ghostly 'Turn of the Screw'

The Opera Club will screen Benjamin Britten's ghostly opera "The Turn of the Screw" on Tuesday, Oct. 17, at 1:30 p.m. in the Learning Center of Clubhouse 3. Club President Margaret Gillon will introduce this Halloween-themed story, which is based on a novella of the same title by the author Henry James.

Haunting music accompanies the arrival of the governess at the estate of Bly to care for two children, Miles and Flora, whose uncle had hired her by mail and who had insisted that she not bother him with upcom-

ing questions on their care. She is now asking herself, "O, why did I come?"

The governess also meets the housekeeper, Mrs. Grose, from whom she learns that Miles was just expelled from school. She then witnesses the shape of a man on the tower of the house who she learns is a former house valet, Peter Quint, who is accompanied by a former governess, Miss Jessel, both of whom are now deceased. The governess' first response is to abandon the children, but she decides to stay as their guardian from these ghosts.

The governess is greatly distraught when Flora skips away to the lake and Miles steals her reluctantly written letter of concern to the uncle, before crying out with her dying breath "Peter Quint, you devil." The story leaves the audience mulling on its ghastly happenings.

The production is in English with subtitles.

Attendees are invited to wear masks if desired. No dues or fees are collected.

For more information, contact Margaret Gillon at *MargaretGi@yahoo.com* or 563-370-3844

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REVISED 10/02/2023

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LW Library Manager Taylor Greene (I) and Friends of the LW Library President Joyce Brannon

Friends of the Library

On Oct. 2, Friends of the LW Library (FOTL) President Joyce Brannon, presented LW Library Manager Taylor Greene with a \$5,000 donation for the library. In total, FOTL has donated \$22,500 in 2023. This money is used to supplement the LW Library's budget, which allows them to better serve residents with more check-out materials and supplies. The library thanks the many volunteers who donate their time and energy to running the Friends of the LW Library Bookstore, which remains an important resource for many in the community.

Creative Writers

The Creative Writers Club meets the last Friday of each month in Clubhouse 3, Room 1, from 1-3:30 pm. The club will meet Friday, Oct. 28.

The club is perfect for people interested in writing for their own personal enjoyment and who would like to share their work with others who feel the same. Writers who are hesitant to share can come to up to three meetings as a visitor to listen and give feedback. For more information, contact Debbie Barner at 325-721-0687.

AMENITY UPDATE

There's something for everyone in LW

by Kathy Thayer

GRF Recreation Manager

Leisure World Seal Beach is a haven for anyone who loves music, from classical to classic rock and everything in between. GRF sponsors four weekend dances a month, three of them

in Clubhouse 4 and one in Clubhouse 2.

Residents who've been here a while may have already enjoyed the swing and jazz sounds of the Velvetones. If classic rock is more

the swing and jazz sounds of the Velvetones. If classic rock is more to your taste, Vinyl Rock plays monthly, as does Leisure World's country rock band, Abilene. But there is so much more musically going on that people might not know about.

Dancers and Mixers features Mutual 12 resident Linda Herman

on the accordion, belting out a wide variety of tunes residents and their guests can dance to on the first Tuesday of the month in Clubhouse 4. The Pickleball Club sponsors Legends of Rock, led by Mutual 17 resident Jon Pearlstone on the second Wednesday each month in Clubhouse 2. Pearlstone also performs a Bob Dylan concert at Veterans Plaza.

Also drawing them in at Veterans Plaza are Mike Simpson and Vicki Van Ert with their mellow soft rock stylings, sponsored by the Entertainers Club. Check the Announcements section on www.lwsb.com and the LW Weekly to see when these concerts are coming.

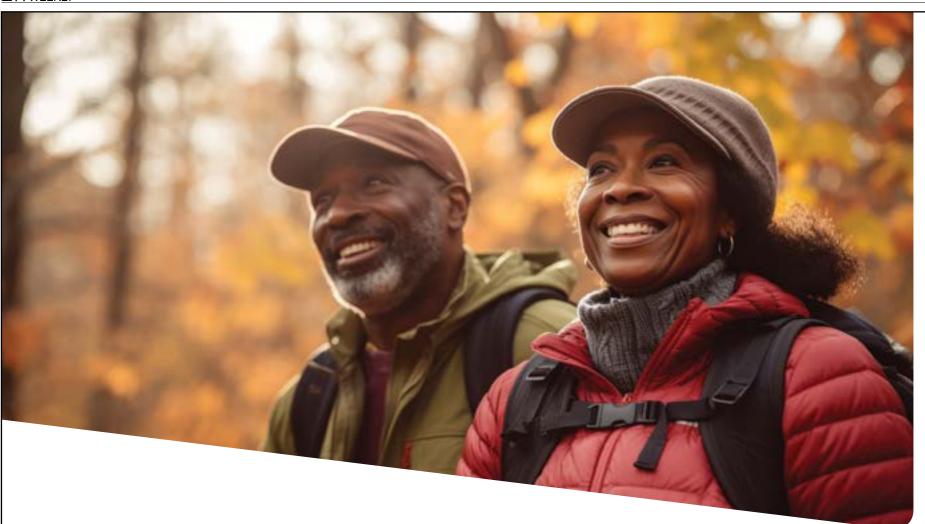
Love ballroom dancing? Join Dancing Feet in Clubhouse 2 on the third Sunday evening each month. They host a practice and line dance each Monday night and welcome new members and guests.

Several performing arts clubs entertain periodically for large audiences. From the Theater Club to the doowop sounds of Let the Good Times Roll, which offers fun for everyone. Those who love to perform will want to visit Clubhouse 1 every Wednesday night for Community Karaoke to take a turn at the mic.

Fans of Brahms or Beethoven should plan to see Yuri Lotakov, concert pianist, who will perform Oct. 22 at 3 p.m. in Clubhouse 4. He'll show off the new Roland digital piano (he has one like it at home), sponsored by the Vietnamese and French clubs. His last concert, featuring the works of Chopin, blew away the audience. Not to be outdone, the LW Orchestra boasts many accomplished musicians who meet twice weekly and always welcome new recruits. They will perform a holiday concert in Clubhouse 4 in December.

Looking to polish your dancing skills or just looking for a fun way to exercise? LW clubs offer 15 opportunities to kick up your heels, from ballet to Zumba. There is a dance class to suit every taste, and no partner is needed.

Reach out to Recreation for more information or check out club listings at www.lwsb.com/activeliving and in the LW Weekly.



Inaugural Fall Health & Wellness Fair

Free Cancer Screening and Educational Event Saturday, November 4, 2023 10 a.m. – 1 p.m.

Long Beach Medical Center | Houssels Forum 2801 Atlantic Ave., Long Beach, CA 90806

Join us for this free screening and educational event to usher in autumn and a season of wellness. We'll be offering these complimentary screenings, activities and lectures:

- Cancer prevention and survivorship information
- Breast self-exam tutorials
- Sock drive to support cancer patients
- Giveaways and opportunity drawing

Lectures

- Healing from Within: Nourishing your Body to Combat Inflammation Naturally
- Benefits of Acupuncture
- Garlic, Wine & Chocolate



Visit memorialcare.org/LBhealthfair to schedule your breast self-exam tutorial and learn more.

memorialcare.org/LBhealthfair



October 12, 2023 | www.lwsb.com | www.lwweekly.com **LW**WEEKLY

Korean Women's Sing Along Club visits Lucerne Valley Base Camp Jujube Farm



The Korean Women's Sing Along Club went on a recent day trip to Lucerne Valley Base Camp Jujube Farm on Sept. 27. Forty-two members of the club enjoyed picking and eating fresh jujube at the farm.



Jung Sook Kwon, Oh Gap Kwon, Sung Soon Kim and Hae Na Choi pick jujubes, otherwise known as red dates or Chinese dates.

LEISURE TIME DANCERS

Learn swing and foxtrot on Mondays in Clubhouse 6

The Leisure Time Dancers hold classes on are welcome. A review of basics will be included. Monday afternoons in the dance studio, upstairs in Clubhouse 6. West Coast swing is at 2 p.m., followed by foxtrot at 3. No partner is necessary. The class will rotate so everyone dances. Beginners

The cost is \$7 per person for one class and \$11 per person for two classes in a single day. For

more information, contact Leisure Time Dancers President Jackie Theis at 310-743-9373.

Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6, on the second floor. In October, Candis Davis will teach West Coast swing at 9 a.m., followed by waltz at 10.

Class participants vote on new dance topics every month. Each class is \$7 per person. Partners are not required.

For more information, contact President Howard Small at 516-659-3314.



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Sally Glausser

Community Karaoke

With a bit of a laugh, Sally Glausser, has fun singing "I Enjoy Being a Girl." A little shy, Mila Cruz did fine with a Ray Charles hit. David Noble enjoys putting his own spin on a Hank Williams tune. "Beer Barrel Polka" by Ellen Brannigan got the audience involved. Essie Hicks put a lot of heart into her "You've Got a Friend." Eileen Merrit tried out a new lovely karaoke song called "Flowers." Anna Le sang a powerful "Without You." Kenny Notorleva delivered a smooth "Something to Talk About." With his strong voice, Edward Jablonski gave the audience "From a Distance."

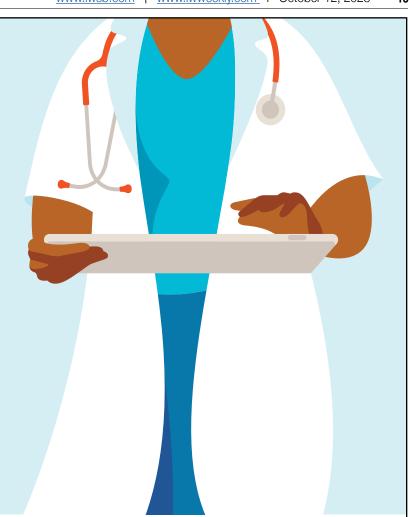
Some karaoke singers show some flair and others just have a good time with a happy tune. Everyone is welcome to sing or just enjoy the social evening each Wednesday evening beginning at 5:30 in Clubhouse 1.

-Margie Thompson

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COMMUNITY

PAWS CLAWS AND BEAKS

Wear your best costumes today

The Paws, Claws and Beaks Club will hold its annual Halloween Potluck Party today. Oct. 12, in the Clubhouse 1 picnic area at noon.

LW pet owners and their pets are welcome to join the club's afternoon of fun, food and games.

Dog owners are asked to bring their dog in costume and on a leash. Cat or bird owners are encouraged to bring a picture of their cat or bird in



costume as there will be separate contests for each category.

People are asked to bring a side dish for eight people that will go with chicken. There will be a costume parade, games and prizes with lots of food, fun and laughter.

For more information or to RSVP call Bonnie Kaplan at 714-930-5314 so she knows how much chicken to bring.

Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution photos to: laurieb@lwsb.com The deadline is the Thursday before the desired

publication date.

SBTV-3 Listings

Thursday, Oct. 12

4 p.m. Studio Cafe 4:30 p.m. Pizza at the Hospitality

Room 5 p.m. Hip to Be Square

7 p.m. LW Orchestra

8 p.m. Stone Soul Band 10 p.m. Aliens Walk Among Us 10:30 p.m. Mystery at the Theater

11 p.m. On Q

Friday, Oct. 13

4 p.m. On Q 5 p.m. Harvest Moon

6:30 p.m. Head Master

7 p.m. Neil Diamond Tribute Band 8:30 p.m. Studio Cafe

9 p.m. Albuquerque Balloon Fiesta

9:30 p.m. LW Lapidary Club 10 p.m. Korean Nights 11:30 p.m. Road Trip

Saturday, Oct. 14

4p.m. Always Tina Tribute Band 5:30 p.m. LW Orchestra 6:30 p.m. Studio Cafe 7 p.m. LAUSD Meeting Replay 8 p.m. Harvest Moon 9:30 p.m. Mystery at the Theater 10 p.m. Neil Diamond Tribute Band

SBTV, page 18



Dr. Rosa Fabian

Great ShakeOut Drill on Oct. 19

LW's Emergency Buddy System is a volunteer-led group from Mutual 2 that wants all LW residents accounted for in case of a disaster earthquake. The group will hold a Great ShakeOut Drill on Oct. 19 at 9:45 a.m. on the Mutual 2 greenbelt between buildings 21 and 34.

During the presentation, residents learn to drop, cover and hold on. They will learn how to respond during and after the earthquake. The six steps of earthquake safety will also be discussed.

Providing the ShakeOut Drill will be Dr. Rosa Fabian, Dave Forney, Angie Forney, Doreen Chesebro, Pat Ronda, Sylvia Markus, Teresa Turner, Fara Quirin, Joanna Matos and Lorna Lass.

Japanese American Club The Japanese American Club will meet on

a.m. in Clubhouse 3, Room 2, for a potluck lunch.

Saturday, Oct. 21, at 11

The club will provide turkey and ham, and members will provide the sides for an early Thanksgiving celebration. Members are asked



to bring dishes to serve 6-8 people or pay \$10. Pumpkin pie will be provided for dessert.

The guest speakers will be Kazuko Monobe and Leona Hasegawa regarding their latest mishaps. The Kishabas are donating items for sale at meeting. Members will be contacted by the club's telephone committee around the Friday, Oct. 13, weekend to get a head count for the event.

All residents are welcome join the potluck.

For more information about the club or meeting, call Sherie Vanek at 714-916-6313.

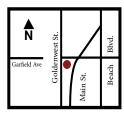


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Hilary Siebens (I) from Mutual 17 visited Hospitality Center to sign up the Ralph's Community Reward program with help from Cheryl Falconer.

Volunteers for the 2021 tax program.

GAF and Ralphs Rewards

The Ralphs Community Contribution Program is sponsored by its parent company, Kroger Grocery, and is an easy way for LW residents to raise money for the Golden Age Foundation (GAF).

Each Wednesday, GAF board members will be in the Hospitality Room in Clubhouse 6 to assist residents in signing up for the program. In order to sign up for the program, the GAF will ask residents to provide their full name, email and phone number associated with their Ralphs membership. The information is shredded as soon as the resident is signed up. For more information, text 562-301-5339.

GAF seeks tax program volunteers for next year

People often find filing their income tax returns overwhelming and seek help. The AARP Tax Program, sponsored by the Golden Age Foundation (GAF), needs volunteers for its tax filing program. Volunteers will provide free tax preparation and e-filing to residents. This will relieve the stress of the residents

and help them get the refunds they deserve. Experience is not necessary. AARP and GAF will provide all the training that support volunteers need to provide a great service to the community.

The current positions that need to be filled are:

• Tax-Aide: Work directly

with taxpayers to prepare their tax returns.

- Client Facilitator: Greet clients and help organize their documents.
- Telephone Assistant: First line of contact to schedule appointments for clients.

To volunteer, people must be TAXES, page 19



Girls State to visit Auxiliary

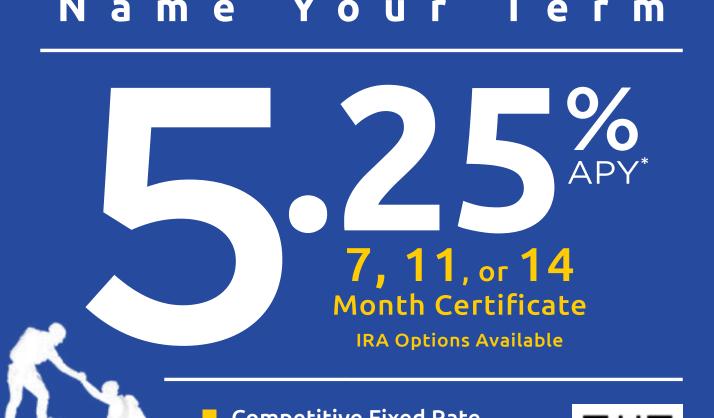
Since 1937, American Legion Auxiliary (ALA) units in all 50 states proudly host ALA Girls State programs. The program is designed to increase awareness and knowledge of governmental processes while teaching young women about the duties, privileges, rights and responsibilities of citizenship.

The American Legion Auxiliary Girls State mission statement is "To provide an outstanding, unique and coveted educational opportunity for young women of California that instills the basic ideals and principles of American government."

The ALA October meeting will welcome a Girls State delegate as its guest speaker. Those who were Girls State delegates and live in Leisure World are welcome to join the meeting on Monday, Oct. 16, in Clubhouse 3, Room 1 at 1 p.m..

Those who are interested in joining the American Legion Auxiliary should contact Dianne Hart at 714-955-2885.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



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October 12, 2023 | www.lwsb.com | www.lwweekly.com **LW**WEEKLY

EMERGENCY RADIO SERVICE



Midge Bash of Mutual 14 (I) who is the emergency coordinator for the Amateur Radio Emergency Service (ARES) attended the Disasters Expo USA at the Anaheim Convention Center. Leading the latest development and recovery is the Clean Earth Rovers. Michael Arens (r), CEO of Clean Earth Rovers explained how this machine can monitor and manage pollution in the Coastal Waterways. Oil spills response and water quality monitoring are the goal for a healthier coastal community with the rover.

SBTV from page 16

11:30 p.m. Space Shuttle History

Sunday, Oct. 15 4 p.m. On Q

5 p.m. Hip to Be Square 6:30 p.m. Studio Cafe 7 p.m. LW Orchestra 8 p.m. Hui-O-Hula 9 p.m. Seal Beach Public Safety Awards

10:30 p.m. Road Trip

11 p.m. Long Beach Dragon Boat Race/Long Beach Dragon Boat Festival 11:30 p.m. Seal Beach Car Show

Monday, Oct. 16

4 p.m. Harvest Moon 6 p.m. On Q 7 p.m. Seal Beach City Council

Meeting: LIVE 9 p.m. Road Trip 9:30 p.m. Korean Nights 11 p.m. Long Beach Dragon Boat Race/Long Beach

Dragon Boat Festival 11:30 p.m. Bob Cole Conservancy

Tuesday, Oct. 17 4 p.m. Studio Cafe 4:30 p.m. Pizza at the Hospitality Room

5 p.m. Hip to Be Square 7 p.m. LW Orchestra 8 p.m. Stone Soul Band 10 p.m. Aliens Walk Among Us 10:30 p.m. Mystery at the Theater 11 p.m. On Q

Wednesday, Oct. 18

4 p.m. On Q 5 p.m. Harvest Moon 6:30 p.m. Head Master 7 p.m. Neil Diamond Tribute Band 8:30 p.m. Studio Cafe 9 p.m. Albuquerque Balloon Fiesta

9:30 p.m. LW Lapidary Club 10 p.m. Korean Nights 11:30 p.m. Road Trip All programming subject to change

OBITUARIES deadline is 4 p.m., Friday, prior to publication.

Democratic Club

by Mary Larson

LW contributor

California Democrats have begun the process of endorsing candidates in anticipation of the upcoming March Primary Election. Eleven delegates from the Leisure World Democratic Club will be playing a small, but significant role in that process.

On Oct. 22, these LW delegates will join other Congressional District 47 Democratic leaders in voting online or by mail for their preference as to who should replace Katie Porter in the House of Representatives. State Sen. Dave Min and founder and past president of Women for American Values and Ethics (WAVE) Joanna Weiss are the principle candidates seeking this endorsement.

If any candidate gets 70% or more of the vote in this October pre-endorsement conference. the official endorsement by the California Democratic Party will appear on the candidate consent calendar to be voted on during the November statewide Party Convention.

California Democratic Party bylaws include a different endorsement procedure for candidates running for countywide offices. Several such endorsements have already been made by the governing body of the Democratic Party of Orange County (DPOC). Dr. Frances Marquez, a candidate for election to the county Board of Supervisors from LW's District 1, is included in this list of endorsed candidates.

Marquez was the featured speaker at the LW Democratic Club's membership meeting on Sept. 27. Club leaders are pleased that their support for her candidacy has been affirmed by the DPOC.

Beginning Feb. 5, the Orange County Registrar of Voters will mail vote-by-mail ballots to every registered voter in Leisure World.

Leisure World Democrats recruited by the club's Get Out the Vote in 2024 taskforce have begun reaching out to other Democrats in their respective Mutuals. The immediate goal is to spread the word about the importance of this upcoming Primary Election. The longterm goal of the taskforce is to establish a visible, friendly and helpful presence in every LW neighborhood.

Any club member interested in being a part of this effort should email Vice President Kathy Moran at kmoran97@ yahoo.com.

There are still a limited number of tickets available at no cost for anyone who wants to attend the first annual Democratic Party of Orange County Convention on Oct. 21. The convention will include a number of workshops related to the 2024 elections. Carpooling will be available for anyone who wants to attend. For more information or to RSVP for the event,

DEMOCRATIC, page 19

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Alice West

SUNSHINE CLUB

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with a few tips

Alice West from Transform

Your Space will give a presenta-

tion to the Sunshine Club titled

"So Organized it's Scary!" on

3, Room 2, at 10 a.m.



In Memoriam Dashell Hart 76 Paul Park 83 Tommy Mejia 75 Cynthia Wheeler 69 **Joyce Anderson 83** Karyl Crosthwait 81 Teresa Sanchez Monge 70 Jill Zunigar 59 Tekle Zigetta 63 Barbara Spangler Sorenson 92 Charles Alford 74

Joe Morse 84 Douglas James 65 Lawrence Fitzgerald 76 Laronda Harris 55 Robert Moore 88 Meris Sibley 87 Jenifer Wald Morgan 69 Yvette White 82 George Johnson 98 Brian Hodge 59 Minnie Nua 83 Barbara Lackey 79 Jane Nesmith 77 Ralph Rasmussen 91 Carla Antuna 74 Darla Bartoli 58 Norman Beaty 71 Nancy Jordan 78 Nancy Fagen 102 Robert Hale 90

John Hall 82 Orav McCullough 91 Bertram Northrop 77 Theresa Roach 70 David Peterson 86 Peri Rasko 59 Phyllis Hege 84 Kenneth Whitney 82 Guy Martin 92 Tim Gill 78 Families Assisted by McKenzie Mortuary, 562-961-9301 —paid obituary

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date.

Obituaries that are received

later than Friday will go in the following week's issue. Email obituary notices to

laurieb@lwsb.com with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional

For more information, call (562) 430-0534, ext. 801, or email laurieb@lwsb.com.



LWers can join the fun every Sunday in Clubhouse 2 for a few rounds of bingo. Doors open at 1 p.m. and first call is at 1:30. Buy-in starts at \$5 per game. Other table games are avail-

Bingo sponsors for each week are:

- First Sunday: American Legion Auxiliary Unit 327
- Second Sunday: American Legion Post 327

able for those who are interested. Refreshments are provided.

- Third Sunday: Filipino Association of Leisure World
- Fourth Sunday: American Legion Post 327
- Fifth Sunday: Filipino Association of Leisure World

Concerned Shareholders

The Concerned Shareholders Club will not meet October, November and December. The group will meet on Jan. 25, 2024 at 1 p.m., in Clubhouse 3, Room 2.

from page 17

1-2 days a week for 4-5 hours during tax season, Feb. 5-April 10.

TAXES

Friday, Oct. 13, in Clubhouse

In this presentation, West will provide residents with tons of organizing tips. These include proper storage of different belongings, the correct quantity to keep for many household items, and several ways to quickly get organized.

West will also cover many methods to declutter the home such as the use of "premium space," the best way to store unattractive items and maximizing the space people already have. This will be a fun, interactive presentation and will help people finally get those skeletons out of their closet.

All shareholders are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome.

People are asked arrive promptly; those who are late for the meeting are asked to quietly use the back door so as not to disturb the presentation.

Mark Odom, vice president of Alzheimer's Orange County, will talk about the organization's upcoming projects on Oct. 20.

For more information, contact Anna Derby at 562-301-5339.

DEMOCRATIC from page 18

call 562-296-8521 or email mlarson.telfords@gmail.com.

Readers are reminded that the Seal Beach Leisure World Democratic Club believes health care is a right, diversity is a strength, the economy should work for everyone, and that facts and truth matter.

All Leisure World Democrats and supporters are invited to subscribe to the club's electronic newsletter. This semi-monthly free publication covers more in-depth reporting on issues and candidates. Email mlarson.telfords@gmail.com or call 562-296-8521 to sign up for the newsletter. It is important to include full contact information when signing up.





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SPORTS & GAMES



Veteran player Anita Giroud (third from left) mentors new players Minda Burkschab (I-r), Sue Rotter and Susan Jacquelin at a recent Monday morning open play practice.

SHUFFLEBOARD CLUB

Fall season yields surprise results

hen new Shuffleboard Club members begin their first season of league play, there are highlights and disappointments. The club attempts to pair new players against other new players until after their third league competition to help reduce the let-downs. However, this year there have been some surprising results. First, the club has more new members-a total 18—playing in one of the two leagues than in any year in recent history. Second, 50% of the new members have won all of their games during any given competition date. Two of those all-game winners, Lynn Baidack and Rosie Grogan, have won the recognition on two different dates.

Oct. 3 winners: Team Sally slipped past Team Karen 7-5, and had two all-game winners, both who are beginning players: Susan McKaig won both of her games, and Susan Hopewell won her single game. Team Karen also had two all-game winners: veteran player Roger Bennett won both games and new player Rosie Grogan won her single game in a tie-breaker shoot-out,

which are always exciting.

Team Chandra sailed past Team Rod, winning 10 of the 12 games, and had five players who were all-game winners: Chandra Patel, Carrie Kistner, Patty Peterson—all veteran players—plus new players Minda Burkschab and Lori Probert.

Team Jack did not compete as the team was the designated bye for the week. There was a misprint in last week's paper. It was Team Chandra that had the bye for week one.

Oct. 6 winners: Team Milly blasted past Team Shel, winning 10 of the 12 games, and had two all-game winners: Anita Giroud and Dennis Kotecki. Team Shel had one all-game winner: Chandra Patel.

Team Carol catapulted past Team Rod, winning 10 of 12 games, and had four all-game winners: Harshad Patel, Jack O'Brien, Mo Habel and Kay Mount, playing as a substitute for Team Carol.

Team Sally had a bye for the week.

For more information, call membership coordinator Patty Peterson at 562-714-7072.

—Kay Mount



Water Aerobics

The water aerobics class meets Monday through Saturday at 10 a.m. (Wednesdays at 10:30) for exercise and fun at the Aquatic Center pool.



Sept. 23 winners at the Saturday Social Bunco Club include Karen Waller (I-r), Sandy Weisenstein, Geraldine Wright, most wins; Helen Sponsler, most losses; Joan Simonds, door prize. Not pictured: Marilyn Moody, Cheryl Antonos and Linder Neer.

Saturday Social Bunco Club

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. The club will meet Oct. 14 in the Clubhouse 3 lobby. Play begins at 1:30 p.m. For more information, contact Doris Dack at 714-356-0443.

—Doris Dack

CRIBBAGE CLUB

New players are welcome to play

The Cribbage Club meets each Tuesday at noon in Clubhouse 1. New players are welcome. Yearly dues are \$5 and \$1 is collected from each member before play begins. Refreshments are served starting at noon. Members arriving by 12:15 are assured a place to play. Announcements are shared at 12:25, and play begins at 12:30.

Jack Hawn provided a beautiful "Happy Fall" cake and ice cream. Jack and Margaret Smith served the delicious refreshments, and Melinda Cowan provided the group with nuts and assorted candies. The club thanks them all.

The week's winners: Ron Jackson with 841, first place; Minda Burkschab and Candy Meyers, 830, second; Wanda Bemben, 829, third; Jim Schneiderman, 828, fourth.



Jack Hawn with the "Happy Fall" cake.

57

Alma Zamzow finished with six 121's and Marie McGuire had no wins.

For more information, call Marilyn Chelsvig at 562-279-5665. —Mary Holder

SCRABBLE G.R. A.M. S. SOLUTION

Tournament Poker Club

There will be no tournament on Saturday, Oct. 14 because Clubhouse 6 will be used for the Fall Festival.

The next regularly scheduled tournament will be on Saturday, Oct. 21.

Regular tournaments are on the first three Saturdays of every month in the lobby of Clubhouse 6. Memberships are \$10 per year, and the weekly buy-in is \$5. Residents who are club members are welcome to invite and accompany a guest who can enter the tournament for \$3.

Registration is at 10 a.m. All players must be in their seat and ready to play at 10:30. There is no late seating.

LW Pool Club

On Oct. 2, during the third week of the American Pool league, Joker's Wild beat the Renegades 10-3 to move into first place with a two game lead over The Cue Crew. Joker's Wild won five of their six doubles matches. Gary Snow, Steve Mitchell and Frank Sablan each won five of their seven games.

The Cue Commandos won a close match 7-6, over the Rustlers. WildFire! Christensen won five of her matches. Roy Mittlestadt won the final tie breaking eight ball game when the Rustlers scratched with the eight ball hanging in the corner pocket.

The Cue Crew won over the Sharp Shooters 7-6 by winning four of their six singles matches. Bruce Pettys won both of his singles matches.

On Oct. 4 at the National

League, Right on Cue beat Hot Sticks 9-4. This big win vaulted Right on Cue into first place, two games ahead of The Favorites and Vader's Raiders. Tom Zimmerman, Right on Cues "A" player won six games, including both of his singles matches.

The Stevenators edged The Favorites 7-6, by winning the final eight ball game, where all three players competed. Rusty Aquino won five games, including both of his singles.

Vader's Raiders won over X Factor 7-6. Russell Black, John Barth and Brian Tivnan all won four games for Vader's Raiders in a very hard fought match.

The LW Pool Club dues for the year, which runs from October 2023 to October 2024, are \$10. For more information, contact Steve Edrich at 714-980-3665.

—Dave Silva

See more Sports & Games on page 22

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

2	1	9	6	8	4	7	5	3
3	4	7	5	1	2	6	8	9
6	5	8	9	7	3	1	4	2
9	6	4	2	5	8	3	1	7
8	2	5	7	3	1	9	6	4
1	7	3	4	9	6	8	2	5
5	8	6	3	2	9	4	7	1
7	9	1	8	4	5	2	3	6
4	3	2	1	6	7	5	9	8

Guess W Anna Wintour

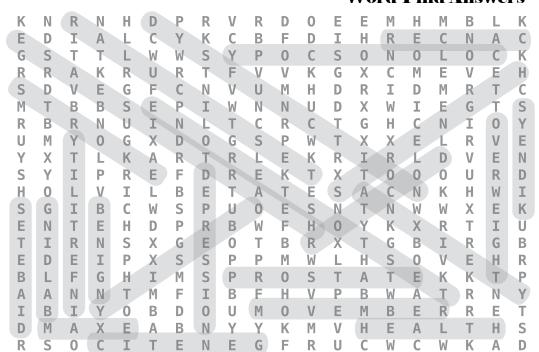
Crypto Fun Answers

A. physical B. routine C. exercise D. male

Boggle Brain Busters Answers

ROME OSCO PARIS MEANA PERCAY CONDON ATHEAS

Word-Find Answers



PAR SCORE 255-265 **Crossword Answers**

RIA MEPIAINET

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			G	R	Е	Α	Т	Е	R	G	0	0	D	М	0	R	Ζ	I	Ζ	G
	Α	Р	R			C	R	Υ			Α	C	Α	I		Α	Ζ	Ζ	С	L
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T	S	Κ		L	Е	Α	Р			Т	R	Е	Е		0	Z	С	Α	L	L
Α	L	I	С	I	Α		Н	I	G	Η	Ε	R	Ρ	0	W	Ε	R	Z	Α	Ρ
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Sudoku 1 Answers

2	1	9	6	8	4	7	5	3
3	4	7	5	1	2	6	8	9
6	5	8	9	7	3	1	4	2
9	6	4	2	5	8	3	1	7
8	2	5	7	3	1	9	6	4
1	7	3	4	9	6	8	2	5
5	8	6	3	2	9	4	7	1
7	9	1	8	4	5	2	3	6
4	3	2	1	6	7	5	9	8

The Hasic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solve correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Fach column must contain all of the numbers I through 9 and no two numbers in the same column of a

the same. tain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku ne same. nust contain all of the numbers 1 through 9 and no two numbers in the same block of a can be the same.

Jumble Answers

PINCH BLAND GLANCE LAVISH The book the sorcerer used to learn magic and new incantations was — SPEH BINDING

Men's golf league plays multiple courses nearby

Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. Advance league reservations are required with a sign-up sheet available at each round.

Six golfers from the league played Sept. 29 at the 5,600-yard par-70 Riverview Golf Course in Santa Ana.

There were three birdiesone each by Jim Goltra, Clay Fischer and Gene Vesely. Goltra and Vesely also had the fewest putts for the round. Closest to the pin on the 150-yard second hole was Lowell Goltra, and Vesely was closest on the 100yard ninth.

A flight winners (handicaps 0-19): Jim Goltra, first place; Fischer, second.

B flight winners (handicaps 20 and over): Vesely, first place; Lowell Goltra, second; Bob Munn and Ron Jackson, third.

Ten golfers played Oct. 2 at the 5,600-yard par-71 Meadowlark Golf Course in Huntington Beach. The course permitted eight of the 10 rounds to be at or under par and yielded four birdies, two by Clay Fischer, and one each by Tom Ross and Chris Lankford.

Closest to the pin on the 140-yard seventh hole was Ross and closest on the 150-yard 16th hole was Fischer. Fewest putts for the "A" flight was Fujio Norihiro, and fewest for the "B" was Ross.

A flight winners (handi**caps 0–19):** Fischer, first place;

The men's Monday and Lankford, second; Larry Hillhouse, third; Sam Choi, fourth; Norihiro, fifth.

> B flight winners (handicaps **20 and over):** Ross, first place; Lowell Goltra, second; Digna Vesely and Bob Munn, third; Gene Vesely, fourth.

Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded. Those interested can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

-Dave LaCascia

LW Women's Golf Club

The LW Women's Golf Club tournament on the first Tuesday of each month features a circle hole challenge in addition to low gross and low net. The gardeners place a chalk circle approximately 6 feet around the hole and if the player makes their first shot into the circle, they win a prize.

This month's circle was around hole No. 2. There were 46 players competing.

A flight winners: Low gross: Linda Herman, 28; low net: Hae Lee, 26. Debora Kim was the only player in the tournament to make the circle hole.

B flight winners: Low gross: Veronica Chang and Mary Ann Moore, 30; low net: Grace Choi, Karen Mendon, Marilyn Hewitt and Young Yoon, 25.

C flight winners: Low gross: Kum Delias, 34; low net: Cecilia Han, 24.



The club congratulates Sue Elliot for winning the President's Cup.

D flight winners: Low gross: Mary Devlin and Sue Elliott, 37; low net: Liz Meripol, 26.

Anyone interested in joining the Women's Golf Club can obtain an application from the golf course starter or contact club treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol

Duplicate Bridge Club

The Leisure World Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can also call Linda Nye at 562-453-6678 or email her at yuelingnye@ yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

Sept. 25 winners (seven tables): Sibyl Smith and Al Appel, and Larry Topper and Thad Mikols, north/south; Bud Parrish and Nancy Toussaint, and Donald Vallens and Barbara Wallace, east/west.

Sept. 28 winners (four tables): Sibyl Smith and Al Appel, north/ south. East/West: Jeanette Estill and Ron Lee, east/west.

Sept. 29 winners (six tables): Larry Topper and Lynn Danielson, and Russel Gray and Ellen Kice, north south; Shmuel Fisher and Sue Fardette, and Marcia Lane and John Berg, east/west.

For complete results, go to the Long Beach Bridge Center results page at www.acblunit557.org and click on Leisure World Results.

For more information, contact Howard Small at 516-659-3314 or howard.small@outlook.com.

—Sue Fardette

Yahtzee Club

The Yahtzee Club will meet Oct. 20 in Clubhouse 3, Room 6, at 1 p.m. The club meets the first, third and fifth Friday of each month.

Sept. 29 winners: Lois True, most Yahtzees; Diane Seeger, high score; Louise Hinkle, low score; Julie Milburn, door prize.

For more information, contact Diane Seeger at 562-533-5997.

—Diane Seeger

Pinochle Club

The Pinochle Club meets on Mondays, Thursdays and Saturdays in Clubhouse 1 from noon-4 p.m.

Sept. 23 winners: Howard Bleakley, 12,030, first place; Donna Gorman, 9,120, second; Antonia Zupancich, 9,110, third; Peggy Kaspar, 9,070, fourth.

Sept. 25 winners: Nancy Wheeler, 12,530, first place; Dianna Labert, 12,030, second; Dolores Cook, 10,720, third; Jim Campbell and Melina Cowan, 10,180, fourth.

Sept. 28 winners: Dolores Cook, 11,800, first place; Marjorie Dodero, 11,580, second; Jean Sudbeck, 11,360, third; Irene Perkins, 11,310, fourth.

Sept. 30 winners: Antonia Zupancich, 11,500, first place; Roberta Johnson, 10,950, second; Howard Bleakley, 10,630, third; Marge Dodero, 9,530, fourth.

For more information, contact Antonia Zupancich at 760-427-2731 or antonia9543@sbcglobal.net.

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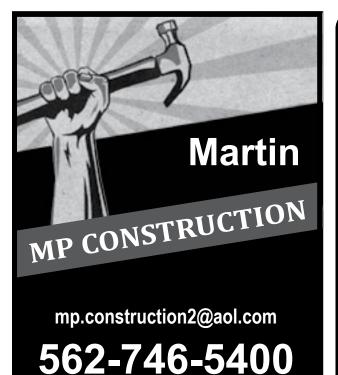
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RELIGION

Beit HaLev

The High Holy Days are behind over and once again Beit Halev begins its Torah cycle on Fridays at 5 p.m. via Zoom.

To join the Beit HaLev "Zoomagogue" interactive service, go to https://bit. ly/3qwK6U9. People can also watch on Facebook at www. facebook.com/galityomtov or on YouTube at https://www.youtube.com/@beithalevlive8816/streams.



Rabbi Galit-Shirah

Rabbi-Cantor Galit-Shirah will begin the Second Triennial Cycle Torah reading with "B'reisheet" (In the beginning); the reading is from Genesis 2:4-4:26. On the sixth day of creation, HaShem created the first human (Adam) to be a caretaker over everything; then splits the human to create man and woman to share in the guardianship, cautioning them as to which trees they may eat fruit from and which ones they are prohibited from eating fruit.

All Beit HaLev services share new special prayerbooks onscreen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are affiliated with the Union of Jewish Universalist Communities and Clergy and the International Federation of Rabbis. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. It welcomes everyone who seeks a path to the Divine and doesn't believe in labels.

To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or email *duets@icloud.com*. Beit HaLev does not require a fee for membership; however, contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA, 90740.

Assembly of God

The subject of highest importance in one's life is often revealed by what one talks about most. Matthew 12:34 states, "Out of the abundance of the heart, the mouth speaks." Pastor Chuck Franco asks, "How Important is God to You?" from Matthew 6:33 in his sermon on Sunday, Oct. 15, at Assembly of God Church.

An interesting exercise people can do to prepare for the sermon would be to track the topics of conversations one is engaged in from now until Sunday.

The Bible study group continues to focus on one commandment each week and delve deeper into the obvious and broader meanings of the text. The short video teaching is followed by moderated discussion and student interaction. These ancient directives come alive as they are applied to contemporary situations. The Word of God is as relevant today as it was when it was written.

Leisure World Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is at 6 p.m. on the fourth Sunday night of each month in the Clubhouse 3 Lobby.

For more information, visit *lwassemblyofgod.com*, or Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons.

Contact the church office at 562-357-4360 or *pastorchuck@lwassemblyofgod.com* for more information.

LW Baptist

LW Baptist will meet for worship on Sunday, Oct. 15, at 10 a.m. in Clubhouse 4. Patsy Schaffner will sing "We Shall Behold Him," accompanied by the choir.

The Bible says, "Beloved, now we are children of God, and it has not appeared as yet what we will be. We know that when he appears, we will be like him, because we will see him just as he is."

How is that possible? Christians are not left to themselves to achieve Christ's likeness on their own. Christ will finish the work he has begun in his people.



Pastor Rolland Coburn

As one has said, God is gracious to forgive, able to preserve, and faithful to save his own. All glory to God.

Call the church at 562-430-8598 for more information.

Holy Family Catholic Church celebrates 60 years







Holy Family Church celebrated its 60th anniversary with a picnic on Sept. 24. The church also celebrated Father Joseph Son Nguyen's (photo, lower left) birthday and Priesthood Day. It was a wonderful afternoon filled with laughter, joy, good food and cake for all. The church thanks all the volunteers, parishioners and friends who brought food to share.

Faith Christian Assembly

Faith Christian Assembly is excited to welcome back special guest speaker Pastor Curt Cornelius to the pulpit on Sunday, Oct. 15, at the 10:30 a.m. and 5:30 p.m. services.

Pastor Cornelius has a passion for God and for being used to fulfill his purposes. He also has a love for the word that is evident as he shares with a generosity to see lives transformed.

The men's and women's ministries will gather for the separate monthly meetings on Thursday, Oct. 19, at 1 p.m.

The men's group, led by drews Drive. LW Residents

Ruben de la Rosa, will meet in the main sanctuary, and the women's group, called a Touch of Love and led by Linda Hernandez, will meet in the Garden Room.

These groups are a great way to get to know new people, as the groups offer a more casual setting than the regular Sunday services. It is also a great way to learn more about the church.

Faith Christian Assembly is located at 13820 Seal Beach Blvd., on the corner of Seal Beach Boulevard and St. Andrews Drive LW Residents

and their families are welcome to join.

In addition to the regular Sunday service times of 10:30 a.m. and 5:30 p.m., Faith Christian Assembly holds a pre-service prayer at 5 p.m. on Sunddays.

The midweek Bible Study is held Wednesdays at 11 a.m. GriefShare meets every Thursday at 6 p.m. in the Garden Room.

To receive a free newsletter or more information on the church, call 562-598-9010 or visit www.FCAchurch.net.

Redeemer Lutheran & St. Theodore's

This Sunday, Oct. 15, Redeemer Lutheran and St. Theodore's will celebrate their 60th anniversary of bringing God's word to the residents of Leisure World.

The Pacifica Synod of the Evangelical Church in America's Bishop David Nagler will preside over the 10:30 a.m. service with an inspirational message. Dee Sessa, Elaine Lee and Betty Lucero will greet people as they enter the Sanctuary.

The worship leader this week is Jerry Brady, president of Redeemer Church. Cedric Elmer and Sharon Heck will play a piano duet of "Amazing Grace." The church choir will sing "Let Us Go Now to the Banquet."

There will have a luncheon immediately following the service organized by chairman Carmen Leslie. All are invited to help Redeemer celebrate this momentous occasion.

Christian Fun and Fellowship Club

The Christian Fun and Fellowship Club will hold a potluck on Tuesday, Oct. 17, at 6 p.m. in Clubhouse 4.

People are asked to bring a dish to share, and their own cutlery. Coffee and water will be provided by the club.

During the potluck, the club will play a few rounds of bingo.

All LW residents are invited to attend.

Read the LW Weekly online at www.lwweekly.com

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, Oct. 13, at 6:30 p.m. Rabbi Karen Isenberg will lead the hybrid service on Saturday, Oct. 14, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Saturday's Torah reading will be Bereshit from the book of Genesis. Bereishit (In the Beginning), the first parashah in the annual Torah reading cycle, begins with God's creation of the world. The first people, Adam and Eve, eat from the



Rabbi Eric Dangott

Tree of Knowledge and are banished from the Garden of Eden. To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122.

Join Congregation Sholom on Sunday, Oct. 22, at 2 p.m. to watch the musical "Rent" at the Long Beach Playhouse Studio Theater in Long Beach. Note the theater is upstairs and there is not an elevator available. Those who want to carpool should contact Murray Pollack. The group will meet at the Clubhouse 4 parking lot at 1 p.m. to carpool. The show begins at 2. Tickets are \$25. After the show, the group will go to a local restaurant for an early dinner or a late lunch. People are welcome to give Pollack restaurant recommendations in the area.

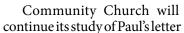
People can RSVP and sign up to carpool by emailing Pollack at murrjet@yahoo.com.

Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom $should\,call\,Howard\,Brass\,at\,714\text{-}396\text{-}0121\,for\,a\,membership\,packet}.$

Community Church

It's not too late to drop by Community Church's Drive Thru Food Drive today, Oct. 12, from 10 a.m.-noon with non-perishable food donations. Missions Team members will be on hand to greet people at their vehicles to offload the items. Donations may also be dropped off at the church office during the week. The food collected at this drive will be picked up by the Long Beach Rescue Mission.





Rev. Johan Dodge

to the Christians in Philippi and Matthew's Gospel. The church will focus on the banquet of grace that God has prepared for people and their participation in the celebration. This Sunday, Oct. 15, is the second week of the annual stewardship campaign which will conclude on All Saints Sunday as the church celebrates those who have finished their course in faith.

The church will hold another Pizza with the Pastor event on Wednesday, Oct. 18, at 11 a.m. in the fellowship hall. This is a great opportunity for those who have had questions about the church to come and meet Pastor Johan Dodge and some of the leaders of the church.

Those who are looking for fellowship are welcome to join worship this Sunday, Oct. 15, at 9:50 a.m., followed by a time fellowship and light refreshment. Come early for a cup of coffee in the narthex. The church is located inside Leisure World at 14000 Church Place. People can also watch the service live on Facebook @CommunityChurchLeisureWorld and Zoom. Contact the church office for the Zoom link.

Call the church office at 562-431-2503.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St. in Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, and Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The reading source for this year is the New Testament. The reading assignment for the week of Oct. 16-22 is First and Second Thessalonians.

The lesson manual "Come, Follow Me" says "In Thessalonica Paul and Silas were accused of having 'turned the world upside down.' Their preaching angered certain leaders among the Jews' and these leaders, stirred the people into an uproar."



LW Korean Community Church members will study and pray at sacred sites in Israel and Jordan for 11 days.

LW KOREAN COMMUNITY CHURCH

Church members head to Israel for 11 days

13th anniversary of the founding of the church, Leisure World Korean Community Church (LWKCC) will hold its first trip to the Holy Land (Israel and Jordan) for 11 days and 10 nights from Oct. 17-27.

Senior Pastor Yong Jang-Young lead the group of 39 people in prayer every Saturday to prepare for the trip. The group studied the sacred sites of the trip in advance. The journey includes Tel Aviv, Israel via Istanbul and Turkey. Then, the group will travel through Jerusalem, Beersheba, Bethlehem, Caesarea, Nazareth, Galilee,

In commemoration of the Hermon, Masada and the Dead Sea. The group will finish its trip in Jordan, visiting Mount Nebo, the King's Highway, Petra, Agaba, and the Red Sea.

> Pastor Young also edited the Holy Land (Jordan, Israel) booklet that was given to the

> The fifth LWKCC family trip is scheduled to take place from Dec. 4-8 with 68 members going on a cruise to Catalina and Ensenada, Baja California, Mexico.

> LW Korean Community Church is located next to St. Andrew's Gate at 14000 Church Place. It meets every Sunday

at 11:50 a.m. in the sanctuary. After the service, lunch is served in the fellowship room.

Every Tuesday -Saturday, at 6 a.m., LWKCC holds an early morning prayer service in the sanctuary, led by the senior pastor. On Saturdays, the church serves breakfast in the fellowship hall through the Saturday Breakfast Ministry Team.

The church also hold seminars on how to use smart phones every other week.

For more information about the church and its activities, people can call 714-323-0897, or send an email to revyong@ hanmail.net.

First Christian Church

First Christian Church of Leisure World teaches from the Holy Bible verse by verse. It is a friendly church that welcomes all visitors to join and explore God's word together, "that we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

Pastor's Message

There are many miracles and supernatural events that happen in the holy Scriptures. In Genesis 21, there is an event that is described as miraculous. At that time, Abraham was 100 years old and his wife, Sarah, was 90 years. Both were long past the ability to procreate. But God had made a promise to them both that they would have a son. They had attempted to take things into their own hands, which resulted in a child, Ishmael, born to Hagar.

But the child was not the one that God had promised. Abraham and Sarah were helpless to do this on their own, which meant they were completely dependent on God.

Genesis 21:2 says "And the Lord visited Sarah as He had said, and the Lord did for Sarah as He had spoken. For Sarah conceived and bore Abraham a son in his old age, at the set time of which God had spoken to him. And Abraham called the name of his son who born to him-whom Sarah bore to him—Isaac."

This event fell into place just as God had spoken, and it was all in his timing.

In a similar way, Christians throughout time have discovered that they were once helpless in doing anything about their own eternal salvation outside the saving grace, mercy, and love of God: "For God so loved the world that he gave his only begotten son that whoever believes in him should not perish but have everlasting life," John 3:16.

Weekend Services

Sunday services are traditional from 9:30-10:45 a.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, Al and Sherry Parmenter will sing a duet.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

The women's Bible study, led by Melli Herrera, is held on Mondays from 10:30-11:30 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Pastor Bruce Humes, meets from 10:30-11:30

Pastor Humes also leads the prayer and Bible study group on



Pastor Bruce Humes

Fridays from 6-7 p.m.

All are welcome to attend.

Scripture of the Week

"For while we were still helpless, at the right time Christ died for the ungodly. But God demonstrates his own love toward us, in that where we were yet sinners, Christ died for us," Romans 5:6,8.

Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call the church office line at 562-431-8810. The call will be returned at the earliest opportunity

The LW Weekly 562-430-0534

CLASSIFIEDS

GENERAL

Sweet little Betty lost her Mom in August and is looking for a new home. She is 13 years young and PLAYFUL as a kitten! She would love to have someone to cuddle with while watching TV. Her Siamese nature makes her a great conversationalist too. Most of her life was spent in a multi-cat household but she now prefers; to be the only cat. Pictures available upon request. If interested please call Kate @ 562-333-1335.

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"SUN" Recumbent-Bike. Good Tires, Lights, 6-Speed, Basket. \$250/FIRM. Joanna Matos Mutual-2/Apartment-24E, Call/562-598-1849.

ITEMS-FOR-SALE. Saturday/ October-14th/starting-9AM.1910 McKinney Way, Mutual-15/Unit-19E. Nice Dining-Room-Table with/Chairs, Armoire, King-Size/ Adjustable-Bed, XL-Twin/Bed, Chest, Miscellaneous-Items

Estate Sale - Thursday, Oct. 12 and Friday, Oct. 13 from 8:30-2pm at 13421 S. Fairfield Ln., Mutual 6 - 55F. Fully expanded and full of stuff! Three display cabinets and 2 curio cabinets packed full. Floral sofa, nesting tables, recliners (1 electric), bar cart, tiffany style torchiere, dining set with 6 chairs. Dansk flatware, portable dishwasher, Tupperware and microwave. Fenton moonstone glass, beautiful colored glass items, glass sea creatures. Heywood Wakefield dresser, trundle bed, bookcase, puzzles, queen tempur-pedic adjustable bed, wing back chair, several accent tables. Costume jewelry, ladies clothing (size M), ladies leather motorcycle jackets, mink cape, large garden statues, and so much more. Estate Saies by Docia Drake 714-514-8232, POB 427, Seal Beach Business License ESD0001.

Coins, Comics, First Day Cover Stamps, Misc. Appointments ONLY Monday-Friday. Call 562-594-3975. Exp 11/08

Tricycle/as-New \$125.00 562-296-8338

IESTATE SALES BY Jennifer and Denise. Thursday/October-12th and Friday-the-13th, 9:00am-2:00pm 1860 McKinney Way, Apartment-21E/Mutual-15 This home is one you should NOT miss! Lots of unique-art and collectibles from all over the world. Rare research-books and more-books. La-Z-Boy/rocker-recliner, Ekornes-Stressless-chairand-ottoman, Floor-Lamps/ Bookshelves/Tall-Bovdresser/Air-Purifier/Tablewith-four-chairs/Costume-Jewelry/Microwave/Potsand-Pans/Men-and-Women-Clothing/and-so-much-more. For entry through Leisure-World/main-gate, call/text Denise/714-234-8842 by Wednesday-evening. POB 427, Seal Beach, 90740. Seal Beach Business License 14206514.

LEISURE WORLD APARTMENT **FOR LEASE**

Leisure World 2-Master-Bedrooms with OWN bath. Super clean and light, NO-SMOKING, nopets. One-time LW membership fee required PER person, must financially qualify with 60-90/day waiting period. \$2,000/per month. Call (949) 680-8840 and leave message for call back. Exp 10/18

2-Bedroom/1-Bath unit for lease in Mutual-9. New-flooring/freshlypainted/vertical-blinds/step-inshower/skylights/patio-storage. Parking close to unit. Call for more information 562-344-5089.

LEISURE WORLD CARPORT AND CARPORT LOCKER FOR RENT

Mutual-8, Building-177. Carport-Parking \$35/Month and/or Carport-Storage \$15/month.562-296-8338

FREE ITEMS

Free Bedroom Set. Dresser mirror, chest, night stand, and queen headboard. Excellent condition. Mutual-15/Call Bernie (310)363-

Oriental Rug (5x8) Black & Tan in Mutual-Two. Leave message or ask for Pam/714-401-6592.



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New Listing\$ <u> M4"Corner" 79G - \$435,000 Erica</u> Coming Soon M2"Gorgeous" 24G \$579,000 - Appointment only Call Mr. Hank 562-743-8473 MI4"Corner" 49L All offers

28 Years in LW! The Happy Office!



714-350-9449



Mutual 15 – 14n McKinney 2B/2Ba Upper South Corner Tree View, great cross breezes, All NEW Rehab! Kitchen/Bath. Appliances & Countertops.



Gina Rojas (562) 533-3190



ginamrojas@gmail.com Leisure World Specialist

23 Years LW Experience

DRE#02111452 "I Have Your Best Interest at Heart "

Now Offering Notary Services

Mutual 2=13L sold \$465,000

Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.

2022 Escrows

8-178D \$582,000 14-12A \$560,000 5-70F \$520,000 7-170K \$342,000 8-195B \$480,000 6-64A \$272,000 15-11Q \$350,000 12-55E \$295,000 2-62C \$225,000 6-130K \$300,000 2-39A \$310,000 17-110B \$475,000

Robin Gray

Over 26 years of Leisure World Experience DRE 01027333

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Mutual 8-196-B \$324,000

Two bedroom, one bath with a fabulous enclosed patio that gives you an extra 400 sq. ft. of living space without the added cost. Pretty flooring and close guest parking. Call Edwina at 562-706-7999 to see today!!



Mutual 4-80-A \$599,999

Fabulous Open Concept home and outdoor living at its BEST! Two har forms, 1.5 baths - appurer 10007. ft. of indoor living ar 1000 sq. ft of patio - one of the largest patio is in LW!

PENDING

Mutual 4-82-L Mutual 11-273-D

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Kristin Duncan 562-480-1465 Office Manager



Robin Gray 562-209-5605



Barbara Diette-Dobias 562-754-5628



Jasmine Elisha 949-522-1618



562-618-9940





Gloria Hadley 562-884-3594



Edwina DiMario 562-706-7999



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Claudette "CC" Cooley 310-484-9600



Leah Perrotti 310-889-6583

One-Bedroom

Mutual 3 - 29K \$229,000 Central location with convenient



Jay Cho 714-944-4998 562-900-4243



Philip Bak 213-550-9991



Fay Wescott 949-212-8748

Kawain Payne 714-293-1151

Adrian Villarreal 714-694-3291

windows

Mutual 8-196B

Two-Bedrooms

Newly enclosed patio w/Acrylic UV

Conrad Rodriquez 562-746-1960

\$324,000



Bill Berman

714-606-5258

424-247-4542

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Gloria Hadley DRE # 01057681

Mutual 3-29K \$229,000

Available one bedroom one bathroom cottage located on the street for drive-up convenience. This terrific one bedroom has a spacious living room with added heat pump & air conditioning and laminate plank flooring. The kitchen has white cabinets, built in Leisure World appliances including a stove, oven, refrigerator, laminate plank flooring and a ceiling fan. The bedroom has laminate plank flooring and a wardrobe closet. The bathroom has a cut down shower for walkin convenience. The central location allows you to walk to downtown Leisure World, as well as the 9-hole 3 par golf course, swimming pool, Jacuzzi, gym, amphitheater, post office and health care center. Located in the lovely resort-like community of Leisure World Seal Beach featuring over 200 clubs, organizations and activities including 6 club houses and features table tennis, wood working shops, billiards rooms, bocce ball court, shuffleboard, library, card and exercise groups, sewing, craft and art rooms, picnic area with BBQ, and so much more.

Enjoy the quaint downtown area of Seal Beach, the morning sun, and the wonderful ocean breezes.

New Listing!



PENDING

Mutual 1-26B

Mutual 8-188C Mutual 1-30K Mutual 5-91J **Mutual 11-267C** Mutual 1-26L Mutual11-268F Mutual 4-50F Mutual9-212C Mutual6-143A Mutual 9-225C Mutual 9-230D Mutual11-283D Mutual 4-51D Mutual 8-189D

Mutual 2-26C \$343,000

This unique and elegant home. This home has many desirable upgrades. It is a 2 Bedroom, 1 bathroom that is light and bright and ready to move in. The spacious Living Room opens into a designer Kitchen that features a stainless steel refrigerator, dish washer, induction stove top with a stainless steel vent and hood, quartz counter top, tile back splash, extra large sink with stainless steel shelves above, a reverse osmosis system and a large skylight that is double pane and solar operated with a remote control ad is complemented with a stylish light fixture. The main bedroom, second bedroom and living room all overlook a private screened in patio that features tile floor, a walk-in storage cabinet, skylight and a beautiful view of the Greenbelt and adds an additional 400 sq. feet of living space. The home also features Deluxe vinyl flooring through-out and an added camera system. Enjoy the lovely beach town of Seal Beach and the wonderful ocean breeze it has to offer.



Mutual 1-25 \$229,000

Great Location! Pretty View! Lots of Trees! Enhance the desirability of this one Bedroom one bathroom cottage with a terrific Greenbelt view. Move in and make this property your own. The spacious Living Room has a heat pump and air conditioning. The Kitchen has built-in Leisure World appliances including a stove, oven, refrigerator and a skylight that opens. Bedroom is carpeted and has a wardrobe closet. The Bathroom has a cut-down shower for walk-in convenience and a skylight with dome that opens. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities, including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, amphitheater, Bocce ball, Shuffle board, Wood working, sewing, arts and crafts, Library, Healthcare and so much more. This property is located in the unique beach town of Seal Beach. Move-in and enjoy the delightful ocean breezes.



Mutual 11-273L

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting.

\$349,900



Mutual 14-17B Mutual 8-188H Mutual 8-189B Mutual 2-40J Mutual 2-49B Mutual 2-17G Mutual 9-59G Mutual 6- 117L Mutual 15-39A Mutual 10-258H **Mutual 6-135** Mutual 10-258B Mutual 1-31E Mutual 5- 117L Mutual 12-61C Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-2861 Mutual 5-117G Mutual 2-46H Mutual 1-67E Mutual 4-49G Mutual 8-183G Mutual 11-285D Mutual 9-216H Mutual 7-164L Mutual 2-6G Mutual 11-285A Mutual 11-263A Mutual 4-49B Mutual 8-201L Mutual 2-6L Mutual 7-165E

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www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of <u>70</u> pending and closed sales.

Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1200 Canoe Brook Dr #19D | M3 | \$359,000
Pristine 2bed/1bath with wrap around custom tiled patio! AC heat pumps in bedroom and living room, newer wood floors throughout. Kitchen equipped with dishwasher and microwave. Dual pane windows with shutters throughout!



13199 El Dorado Dr #208D | M9 | \$359,000 2Bed/1bath interior location with full expansion. Tile floors throughout and skylights in the kitchen and bathroom. Large bay window in living room. Walk-in closet in main bedroom with a formal dining room area!



13310 N Fairfield Ln #176A | M7 | \$539,000 Corner fully expanded 2bed/2bath drive-up location with bay windows, updated kitchen and bathrooms, skylights, central AC, washer/dryer, walk-in closet!



13381 Del Monte Dr #28I | M14 | \$349,000 2Bed/1bath fully expanded unit with windows across the front of the home. Dining room, AC heat pumps, skylights throughout, laminate floors, microwave, and large additional storage closet.

Coming Soon

1541 Northwood Rd #273C | M11 | \$450,000 Fully expanded 2bed/2bath with dual pane bay windows. Laminate and tile flooring throughout. Outdoor and interior storage with central HVAC. Skylights galore and stackable washer/dryer!



13751 St Andrews Dr #33B | M1 | \$224,000 Redone 1bed/1bath interior unit with nice patio complete with engineered flooring and newer tile in kitchen and bathroom. Kitchen is also equipped with updated appliances.



On October 9th, 2023 a total of 45 units show as active listings on the CRMLS

(this is where Realtors list property for sale)

7 - 1 bedroom/1 bath units from \$224,000 to \$329,000

21 - 2 bedrooms/1 bath units from \$299,000 to \$500,000

16 - 2 bedrooms/2 baths units from \$319,000 to \$749,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory!

Testimonial

"I can't express enough how good a decision it was to use Gasper Monteer. Nick staged the home for no charge and it looked great. Leisure World has many nuances for selling the units and picking a realtor with that knowledge is the best way to sell. They also use an escrow company that knows everything needed to sell your unit. Gasper Monteer has an office right out of the entry gate which came in handy a few times. His partner Carol knew everything going on with the sale which also helped to make the process go smooth."

-Wayne S. 61A M6



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M5 - 111C \$315,000 Beautifully Staged 2 Bedroom 1 Bath in Desirable Mutual 5!!



M15 - 21P \$390,000 2 Bedroom 2 Bath Expanded Upstairs Unit



M1 - 1K \$259,000 Stunning One Bedroom on a Greenbelt!



M12 - 63G \$485,000 Spacious Fully Expanded 2 Bedroom 2 Bath Corner with Washer/Dryer!



M2 - 30F \$629,000 Breathtaking 2 Bedroom 2 Bath Remodeled Corner!!



M15 - 21L \$350,000 Large Expanded Upstairs unit overlooking a Greenbelt



M6 - 1361 \$399,000 Cute Expanded 2 Bedroom 1 Bath greenbelt



M1 - 46A \$319,000 Corner Unit with a beautiful greenbelt view!



*M*12 - 43*E* \$299,000 Adorable Basic 2 Bedroom 1 Bath"



M15 - 14Q \$345,000 Fully Expanded 2 Bed 2 Bath Upstairs Unit with Vaulted Ceiling



M2 - 1A \$417,000 Private 2 Bedroom Corner Unit



M14-32H - \$445.000 Two Bedrooms, 1 Bath, Fully Expanded























Giving Back to the Community on Every Real Estate Transaction!