

Board supports top executive

In an executive session meeting Oct. 12, a majority of the GRF Board of Directors approved a vote of confidence for GRF Executive Director Jessica Sedgwick; this vote shows that the board fully backs her performance.

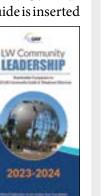
This vote was taken in response to questions from members in the community regarding who the executive director reports to. The executive director reports to the entire GRF board. The board, which oversees the executive director, is satisfied with her performance.

Any comments regarding the executive director should be addressed to the entire board.

Leadership Guide

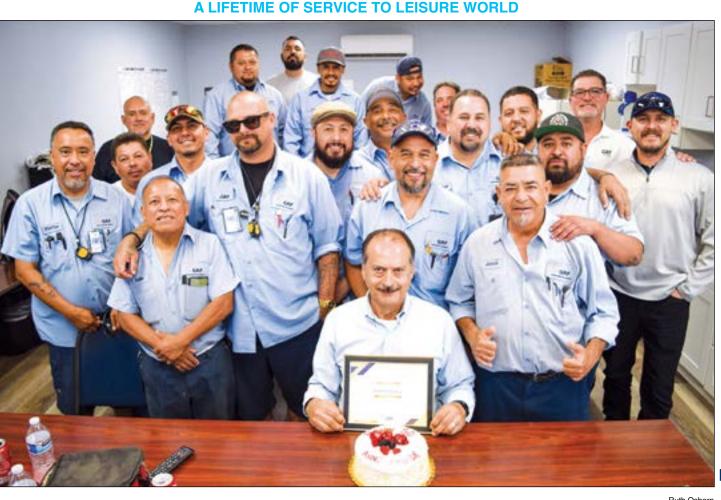
The 2023-2024 LW Community Leadership Guide is inserted

in this edition of the LW Weekly. An official GRF publication, this booklet features GRF and Mutual Board members who are leading LW this year.



It is meant to be inserted into the 2023-2024 Community Guide and Telephone Directory that was delivered to each resident household earlier this year.

The next delivery of the Community Guide and Telephone Directory will be in 2025. Current copies of both publications are available at the News Office



Ruben Gonzalez (center) celebrates his 50th anniversary at GRF with the rest of the maintenance crew.

Ruth Osborn

Service Maintenance director celebrates 50 years with GRF

by Ruth Osborn Communications Director

uben Gonzalez is a mild-mannered Clark Kent kind of guy who is quiet, humble and prefers the background to center stage. But his Superman influence ripples throughout Leisure World as he leads Golden Rain Foundation's largest department, Service Maintenance. It employs the most fulltime staff of all 14 GRF departments.

In the course of his remarkable ca-This month, Gonzalez will mark reer, Gonzalez has earned the unwaver-50 years of GRF employment. If that's not amazing enough, he is a seconding support of his colleagues, staff and left an indelible mark on our organizaresidents. Under his leadership, Service tion's heart. Through every twist generation employee whose family has been working in Leisure World since Maintenance is a shining example of

the beginning. His dad Sabino Gonzalez tended Leisure World's golf course starting in 1963. In fact, it was Ruben's dad who told him about an opening in the gardening department.

Ruben's story is one of rising above barriers, staying the course through high peaks and sorrowful valleys, and consistently striving to do the best job possible, which ultimately earned him the top spot in the Service Maintenance Department.

customer service at its best.

"Fifty incredible years of unwavering dedication-a true testament to the enduring spirit of commitment and excellence," said GRF Executive Director Jessica Sedgwick. "In a world where change is constant, Ruben Gonzalez's remarkable five decades of service shine brightly as a heartwarming story of loyalty, resilience and an unwavering pursuit of greatness.

"His journey isn't just a milestone; it's a heartwarming tale of dedication that's not only shaped his own career but has GONZALEZ, page 9

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of ervisors and administered by the Office on Aging. The conclusions and ons expressed may not be those of the California Department on Aging and the publication may not be based upon or inclusive of all raw data.

EARTHQUAKE PREPAREDNESS

Stay prepared for emergencies: Great California ShakeOut is today

Every Leisure World shareholder is encouraged to participate in this year's ShakeOut by practicing "Drop, Cover and Hold On" exercises today, Oct. 19, at 10:19 a.m.

The ShakeOut began in California in 2008 as a drill designed to educate the public about how to protect themselves during a large earthquake, and how to prepare for disasters. The Great Shake-Out earthquake drills are now held in in all U.S. states and some territories.

An earthquake is a sudden, rapid shaking of the ground caused by the shifting of rocks deep underneath the earth's surface.



People who practice safety protcols beforehand are more likely to be prepared when a disaster strikes.

Earthquakes can happen without warning and can result in injuries and damage to property and roads.

Earthquakes can cause fires, tsunamis, landslides or avalanches. While they can happen anywhere, some areas are at higher risk for earthquakes, including the entire state of California.

If an earthquake happens, protect yourself right away:

• If you are in a car, pull over and stop. Set your parking brake.

• If you are in bed, turn face down and cover your head and neck with a pillow.

• If you are outdoors, stay outdoors away from windows if possible.

- Do not get in a doorway.
- Do not run outside.

SHAKEOUT, page 3

THE OFFICIAL PUBLICATION OF THE GOLDEN RAIN FOUNDATION, LEISURE WORLD, SEAL BEACH, CA I WWW.LWSB.COM I WWW.LWWEEKLY.COM



As of July 1, the City of Seal Beach is providing animal control services to the community, after contracting with the City of Long Beach for many years. This includes pet licensing. The city is still in the process of implementing the Seal Beach pet registration system. All current pet licenses issued by the City of Long Beach are valid through the end of 2023.

Until the system is live, residents can input their animal's information at *https://sealbeachpd.com/pet-registration/*. Once the system is live, they will contact the residents with the next steps.

Office Hours with State Reps in LW

Representatives from the offices of Sen. Janet Nguyen and Assemblymember Diane Dixon will be available for questions and casework assistance in Clubhouse 3, Room 3, on Wednesday, Oct. 25.

Seal Beach Pet Licensing

A representative from Dixon's office will be available from 9 a.m.-1 p.m. A representative from Nguyen's office will be present from 1-5 p.m.

Residents are encouraged to attend the event to voice their concerns, seek assistance and receive valuable guidance on a range of issues.



Sen. Janet Nguyen



If you want to stay safe at home, Home Instead[®] can help.

Services

- Personal Care
- Memory Care

Old Town SB Parking Survey

The Seal Beach Citizen-Council Parking Advisory Ad Hoc Committee is seeking input on the future of parking in Old Town.

An online survey is available at sealbeachca. gov/Departments/Parking. People can respond until 9 p.m. on Nov. 17. All community members are encouraged to share their insights.

The committee will also host a series of town hall meetings to discuss the topic and hear suggestions. They meetings will be held on the following dates:

• Thursday, Oct. 26, focusing on the Chamber of Commerce and Main Street businesses: 3-5 p.m. in the Council Chambers, 211 Eighth Street.

• Monday, Oct. 30, focusing on Seal Beach North: 7-9 p.m. at the OCFA Fire Station 48 Community Room, 3131 North Gate Rd.

• Tuesday, Nov. 14, focusing on Seal Beach South: 5:30-7:30 p.m. in the City Council Chambers, 211 Eighth Street.

• Wednesday, Nov. 29, with the Ad Hoc Parking Committee: 5:30 p.m. in the Council Chambers, 211 Eighth Street.



The 53rd Annual Arts & Crafts Festival will be held on Friday, Nov. 3, and Saturday, Nov. 4, in Clubhouse 2 from 9 a.m.-2 p.m. The Arts & Crafts Festival encourages the creative talents of Leisure Worlders.

While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/ member. No manufactured articles may be sold. Each seller must live in Leisure World and must be a GRF member to qualify as an exhibitor of sale items at the festival. People are invited to come and support their fellow shareholders/members.

GATE ACCESS RFID tag distribution nears completion

Security is in the final stretch of RFID tag distribution. Only Mutuals 12, 14 and 15 remain, as well as one make-up day at the end of the month for people who missed their assigned date.

After Jan. 1, 2024, people will not be able to use decals to gain entry into the community; they must have an RFID tag on their vehicle or show a valid Leisure World ID to enter.

In the case of rain on a Mutual's distribution date, Security will close operations for that day. Rained-out Mutuals will be accommodated during the make-up week starting Oct. 30.

The RFID tag distribution is one tag per one LW ID card. Tags for additional vehicles, golf carts, etc. will be issued at a later date.

Where do I pick up my **RFID tag?**

People can pick up their RFID tags at the 1.8-acre site, located in the northwest corner of the community in Mutual 9 (formerly known as the "minifarms").

list the four permanent guests they want on their account.

People who do not need RFID tags, but would still like to update their list of permanent guests, will receive a form in mid- to late November along with their copy of the GRF budget. Instructions on how to return the form will be included.

Distribution Calendar

For efficiency, Security is distributing RFID tags by Mutual. Any residents in line for a tag on a day that they have not been assigned will not receive an RFID tag. The hours of distribution will be 8:30 a.m.-4 p.m. Cars may not line up earlier than 8:15 a.m. on Oak Hills Drive.

Distribution Dates: Mutual 12

- Buildings 6-11 and 34-45: Oct. 19
- Buildings 46-47 and 55-67: Oct. 20
- Buildings 68-78: Oct. 21
- Mutual 14 • Buildings 1-5: Oct. 21
- Buildings 12-30: Oct. 23
- Buildings 31-33 and 48-54:

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HCO #194700062

Before entering the 1.8acre site, Security will verify all four documents (valid license, vehicle registration, vehicle insurance and GRF Identification Card).

How do I add permanent guests?

Upon entering 1.8-acre site, people will complete a form to

Oct. 24

Mutual 15

- Buildings 1-11: Oct. 25
- Buildings 12-23: Oct. 26
- Buildings 24-35: Oct. 27
- Buildings 36-48: Oct. 28 Make Up Days

Make up days for those who

missed their assigned pick-up date will be held Oct. 30-Nov. 4.

Lane closures on I-405

As part of the I-405 Improvement Project, crews will begin testing the 405 Express Lanes system as early as mid-October. Testing will require closures of the I-605 and SR-22 HOV connectors, and may require intermittent lane closures on I-405.

Crews are also performing grinding work and barrier construction intermittently at night on northbound and southbound I-405. This work may be loud. For more information, visit 405expresslanes.com.

LWWEEKLY

SHAKEOUT from page 1

Stay safe during an earthquake: Drop, Cover and Hold On

• Drop: Wherever you are, drop down on to your hands and knees. If you're using a wheelchair or walker with a seat, make sure your wheels are locked and remain seated until the shaking stops.

• Cover: Cover your head and neck with your arms. If a sturdy table or desk is nearby, crawl underneath it for shelter. If no shelter is nearby, crawl next to an interior wall (away from windows). Crawl only if you can reach better cover without going through an area with more debris. Stay on your knees or bent over to protect vital organs.

• Hold On: If you are under a table or desk, hold on with one hand and be ready to move with it if it moves. If seated and unable to drop to the floor, bend forward, cover your head with your arms and hold on to your neck with both hands.

Prepare before an earthquake

The best time to prepare for any disaster is before it happens.

• Practice "Drop, Cover and Hold On" with family and coworkers.

• Secure heavy items in your home like bookcases, refrigerators, televisions and objects that hang on walls. Store heavy and breakable objects on low shelves.

• Create a family emergency communications plan that has an out-of-state contact. Plan



During an earthquake, people should drop, cover and hold on. For people who are wheelchair-bound, the proper protocol is lock, cover and hold on.

where to meet if you get separated.

• Make a supply kit that includes enough food and water for at least three days, a flashlight, a fire extinguisher and a whistle.

Stay safe after an earthquake

If an earthquake has just happened, there can be serious hazards such as damage to the building, leaking water lines, or downed power lines.

• Expect aftershocks to follow the main shock of an earthquake.

• Check yourself to see if you are hurt and help others if you have training. Learn how to be the help until help arrives.

• If you are in a damaged building, go outside and quickly move away from the building. Do not enter damaged buildings.

• When trapped, protect your mouth, nose and eyes from dust. Send a text, bang on a pipe or wall or use a whistle instead of shouting to help rescuers locate you.

• Text messages may be more reliable than phone calls.

• Once you are safe, listen to news reports for information and instructions via batteryoperated radio, TV, social media or from cell phone text alerts.

• Be careful during postdisaster cleanup of buildings and around debris. Do not attempt to remove heavy debris by yourself. Wear protective clothing, including a long-sleeved shirt, long pants, work gloves and sturdy, thick-soled shoes during cleanup.

For more information, visit *https://www.shakeout.org/california/.*

LW Trail Guide

The newly updated 2023 LW Walking Trails

brochure is available at the LW Weekly Office, the LW Library, Recreation and the Downtown Café in Building 5. The bro-



chure features seven

walks in Leisure World with full-color maps and mileage to help residents stay in tip top shape.

The brochure was printed at no cost to residents, thanks to the support of the Golden Age Foundation, which is celebrating 50 years in 2023.

GRF Closures

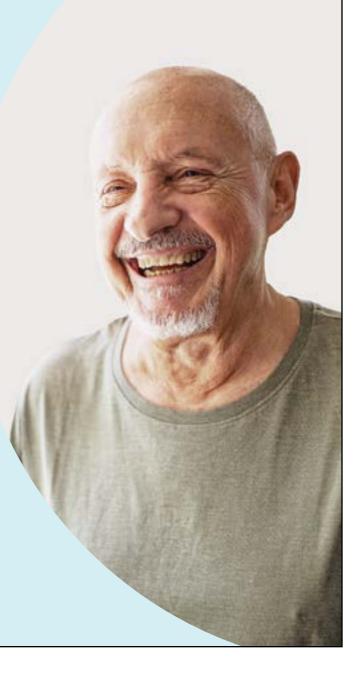
All GRF departments, including Stock Transfer, Recreation, Service Maintenance, will close on Friday, Oct. 20, beginning at 10 a.m.

Regular services will resume after lunchtime. In an emergency, call 911 or Security at 562-431-6586, ext. 377.

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PERSPECTIVES

MEMBER COLUMN

Why the RV Lot? It's realistic

by Nick Massetti

SB planning commissioner

The GRF Board had nothing to do with identifying the RV Lot among the land inventory sites in the Seal Beach Housing Element. It was solely my idea.

If you want to understand why, I can tell you. If you just want to join in NIMBYism, don't bother to read further.

At the root of it, Government Code Section 65583.2(c) requires, as part of the analysis of available sites to be included in a Housing Element, "a local government must demonstrate the projected residential development capacity of the sites identified in the housing element can realistically be achieved." "Realistically" is defined as a way that demonstrates a sensible and practical idea or alternately a way that is accurate and true to life.

I was keeping those facts in mind when I read the original draft of the Housing Element two years ago just after being appointed to the Seal Beach Planning Commission where I took an oath to "well and faithfully discharge the duties of that office."

To me, that meant I could not let a lie persist in the Housing Element draft. The City did not know it was a lie, but I did. What was that lie? The Housing Element draft had identified all of Leisure World as a potential site and described it this way: "Parking is scattered throughout the site and contained within carport structures. The 150 units can be accommodated on approximately 5 acres at a density of 30 units to an acre within areas that are currently developed with simple carports. New two-story buildings can accommodate parking on the ground level with units above. Since only 1% of the site is anticipated to be redeveloped with the removal of some carports and the incorporation of the replacement parking within new development, the existing uses will not impede the anticipated amount of residential development."

I knew it was a lie to say it was even possible and certainly not realistic, to take away resident's carports to build additional housing units. So, I suggested that the only lot within Leisure World that could accommodate 150 units would be the land currently occupied by the RV Lot.

It met the criteria that it not be a lie and that it be realistic, however improbable.

No one actually expects it to ever be built. I'll take the blame for honoring my oath.

No one likes change, it seems

by Stevin Cohen

LW contributor

As the saying goes, "no one likes change," and the older I get, am no exception.

Dealing with change at advancing age is particularly challenging. When's the last time you've spoken to a real, "I'm not a robot" person by phone to resolve a pressing issue?

By this time in life, I figured I had a fairly firm understanding of navigating the path ahead, and living in Leisure World would offer that harbor of understanding, safety, relaxation and support I dreamed of in retirement, offering unlimited recreational activities: gyms, pools, classes, and many opportunities for meaningful social interactions.

But "whoa horsey" reality reared its ugly head after the initial honeymoon period with the realization that advancing age brings with it encroaching health issues, endless runs to physical therapist to reverse the damage of living a extravagant lifestyle, joint replacements, doctor's appointments, slavish pill-taking schedules, threats of online hackers ever more cleverly trying to steal our life's savings, and now, AI. Meanwhile, the real world is stalking in the shadows cast by the giant immobile globe standing guard over our idyllic community and compounded additionally by the pressures imposed by ageinduced incompetence in negotiating the highly technical world foisted unwillingly onto too many of us Luddites. It's my impression, and shared by many here, that we are being unduly subjugated to bear the burden of indifference imposed by wholesale changes coming down in a "sink or swim" manner almost daily by edicts from on high. In the good old days, Leisure Land was immaculately and quietly groomed by men with rakes and shovels, not motorized mowers, and noisy gas-powered leaf blowers that make it impossible to sleep beyond 9 a.m.

Letters to the Editor

Editor:

I was reading a book in my enclosed patio at around 11:30 p.m. Oct. 9 when I heard something drop loudly. I wondered what it was, so I entered the room and looked around, but I couldn't find anything amiss. I returned to my book. Then, I heard it again and decided to look outside into the darkness. To my surprise, I saw a coyote in front of my patio.

It was biting a white aluminum downspout that was screwed onto the downspout extension, tearing and pulling it off, creating quite a commotion. I started to record a video of it. The coyote took the downspout and began playing with the aluminum, biting it, lifting it, dropping it and playing with it continuously. It carried the downspout to a spot about 75 feet away from my patio.

I was surprised to see how wild it was and noticed another coyote near by. The second coyote appeared to be eating something. It seemed like they were having a party while the residents were asleep. The following morning, I walked to the area to look for any remnants. I found some rabbit fur.

> Keechul (K.C.) Park Mutual 8

Editor:

I read in the paper (Oct. 12) paper of yet another collision at the intersection of St. Andrews and Golden Rain. Upon moving here over seven years ago it was readily apparent that this main intersection was dangerous. Years ago, I asked the executive director about the possibility of installing left turn arrows. His answer was, "That would add an additional 45 seconds to the cycle of the light." The majority of us are retired...I think we can spare the time! Most recently I brought it up to another person in authority, whom I won't name, and was told it would cost over a million dollars. Are we not a part of the City of Seal Beach? Would they not be responsible for part if not all of that cost? But if not, are we letting dollar signs take precedence over safety and possibly lives? And please, no more studies at a cost of \$100,000 each just make a decision and install the left turn arrows. And while we're at it "No Right Turn on Red" signs as well. Karen Oja Mutual 9

welcome to come here to my home to find out!

Editor:

Cedric Elmer Mutual 5

I was surprised and delighted to see the article (Oct. 12) "Monitoring the Monarchs" and happy to learn that so many LW residents recognize the importance of planting milkweed to attract and bring back our butterflies. This was the goal of a special project in Mutual 8. Joanne Locnikar, with the support and funding of the Mutual through the efforts of its president, Jeri Dolch, and fellow officers, has established four butterfly gardens that are maintained by volunteers. Each garden has an aluminum stake with various butterflies on it, indicating it is a butterfly garden for all to enjoy. I became involved when a call went out for volunteers to plant and maintain the gardens.

Joanne and I traveled to nurseries to buy native plants and then watched over them carefully in the spring and summer, watering regularly until they were established and insect free. Most of the plants took and are thriving, and we are now at a point where we will cut them back this fall to generate even more growth come spring. We chose native plants that attract butterflies, including California summer lilac, buddleja, yarrow, salvia, balloon milkweed, coneflower, salvia, coyote mint, California milkweed, California Coastal Buckwheat, bush mallow, sticky monkeyflower, pin cushion and California fuschia.

I would like to encourage LWers to think about putting native plants into their gardens to support populations of unique pollinators (butterflies, bumblebees and birds to name a few).

Over the long haul, native plants also reduce maintenance since they've already adapted to California's climate, soil types and insects so less fertilizing, less soil amendments and less use of insecticides is necessary. The best time to plant them is now, fall and winter.

Calscape and the California Native Plant Society have helpful websites that can help gardeners find plants unique to their zip code. Consider planting native plants or getting your Mutual on board to establish its own oasis for these three essential three essential pollinators—butterflies, bees and birds.

> Barbara Gardner Mutual 8

LWWEEKLY

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General Inquiry: LWWeekly@lwsb.comDeadlinesions DirectorEditorial: 4 p.m., Thursday,6, ext. 388prior to publication week

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Serving the Shareholders of

Leisure World Seal Beach

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GRF will not knowingly publish any advertisement it deems to be untruthful or

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Classified Advertising: 12 noon, Monday, of publication week

Display Advertising 4:30 p.m., Thursday, prior to publication week

Office hours 8 a.m. to 4 p.m. Monday-Friday

Phone 562-430-0534

Do I sound like an old fart?

Only because I am.

I would hope this current administration keeps this in mind by offering a more considerate approach to the population they were hired by, and promised to serve. Editor:

In response to Yuri Lotakov's challenge (Oct. 12) to find out how closely the new Roland GP9 can equal the sound of "the real thing," that can be answered by a visit to my home in Mutual 5. When my wife, Lynda, and I moved to Leisure World in 2014, we brought a Roland digital 88-note keyboard as well as a 7-foot, Style B Steinway grand. Surely, the new GP9 would be far superior to my Roland 88note keyboard, but I'm not so sure how the GP9 would match up against my Steinway. Yuri is Paul Kryczko, Editor Graphic Design, Production 562-431-6586, ext. 389 *paulk@lwsb.com* Sports & Games

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VOL 47, NO 40

GOVERNMENT

GRF Board of Directors Meeting Agenda

Tuesday, Oct. 24, 10 a.m., Clubhouse 4

The GRF Board meeting can be attended in person or live streamed at *www.lwsb.com*. The tab will be active 15 minutes prior to the start of the meeting.

The live streaming uses YouTube Live and terminates at the close of the meeting.

- 1. Call to Order/Pledge of Allegiance
- 2. Roll Call/Notice of Quorum
- 3. President's Announcement
- 4. Member Comments/Correspondence
- 5. Consent Calendar
- a. GRF Board of Directors Minutes, Sept. 26
- b. Accept the Interim Financial Statements for August 2023 for Audit
- c. Approve Transfers of Funds for GRF per Civil Code 5502
- 6. New Business
- a. General
 - i. Southern California Edison Easement Request
 - ii. Approval Project Food Box
- b. Capital Funding
 - i. Capital and Reserve Funds Balance Sheet
 - ii. Clubhouse Two, Card and Game Room Renovation iii. Electric Vehicle Charging Stations Plan Check Package Service Maintenance Yard
 - iv. Replace Unit Twelve in Clubhouse Two
- c. Reserve Funding
- i. Library Replacement of Flooring and Painting Interior and Exterior
- ii. Replacement of Lapidary Kilns
- d. Governing Documents
 - i. Amend 30-5026-1—GRF Election of Officers
 - ii. Amend 30-5020-1—Organization of the Board
 - iii. Amend 60-5504-1—Insurance Requirements
 - iv. Amend 40-5061-2—Fees
 - v. Amend 13-1001-5—Glossary of Terms
 - vi. Rescind 30-5024-1-Committee Structure and 30-5101-
 - 3—Limitation of Term-GRF Officers
 - vii. FINAL VOTE: Amend 10-2000-2-Consolidated Fee Schedule
- 7. Ad Hoc Reports
- a. 1.8 Ad Hoc Committee—Discussion
- 8. Next Meeting: Tuesday, Nov. 28, at 10 a.m., Clubhouse 4
- 9. Adjournment

CITY OF SEAL BEACH

Senior Transportation Shuttle

The Senior Shuttle Service is a free 20-passenger shuttle that runs on a fixed route throughout major city stops, including Seal Beach Pier/Old Town area, Leisure World, and Rossmoor Shopping Center/North Seal Beach Community Center. This shuttle can accommodate wheelchairs and scooters, and hold two bikes.

To register, submit the following to the City of Seal Beach recreation coordinator Anthony Nguyen by email or in-person/mail:

• An application that can be requested from Nguyen or found on *www.sealbeachca.gov/Departments/Community-Services-Recreation/Senior-Services*.

• Photo ID showing proof of Seal Beach residency and date of birth (CA driver's license or a Golden Rain Foundation ID card for Leisure World residents).

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at *rjerxn@yahoo.com*, or call 562-431-6586, ext. 409, to leave a message.

Public Comments at GRF Meetings

The Open Meeting Act requires boards of directors to establish reasonable time limits for speakers to address the GRF Board of Directors. (Civ. Code §4925(b).).

Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers. Pursuant to Civil Code 4930 of the Davis-Stirling Act, the GRF Board is prohibited from answering questions from residents speaking during public comment time at board meetings.

To address the board, submit a comment card at the meeting prior to it being called to order. Residents may email correspondence to executive coordinator at *grfboardaction@lwsb.com*.

> Contact The LW Weekly 562-430-0534

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Tues., Oct. 24	GRF Board Meeting
	Clubhouse 410 a.m.
Thurs., Oct. 26	GRF Board Executive Session
	Conference Room A1 p.m.
Tues., Nov. 7	Facilities Committee Meeting
	Conference Room A10 a.m.
Thurs., Nov. 9	Operation Committee Meeting
	Conference Room A10 a.m.
Tues., Nov. 14	Member Services Committee Meeting
	Conference Room A10 a.m.
Thurs., Nov. 16	Administration Committee Meeting
	Conference Room A10 a.m.
Tues., Nov. 28	GRF Board Meeting
	Clubhouse 410 a.m.
Thurs., Nov. 30	GRF Board Executive Session
	Conference Room A1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Members will be provided an opportunity to address the committee.

Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule. Thurs Oct 19 Mutual 2

muis., Oct. 19	Mutual 2
	Conference Room B/Zoom9 a.m.
Thurs., Oct. 19	Mutual 11
	Conference Room B/Zoom1:30 p.m.
Mon., Oct. 23	Mutual 8
	Conference Room B/Zoom9 a.m.
Wed., Oct. 25	Mutual 10
	Conference Room B/Zoom9 a.m.
Thurs., Oct. 26	Mutual 1
	Conference Room B/Zoom9 a.m.
Fri., Oct. 27	Mutual 6
	Conference Room B/Zoom9:40 a.m.
Wed., Nov. 1	Presidents' Council
	Clubhouse 41:30 p.m.
Tues., Nov. 7	Mutual 17
	Conference Room B/Zoom1:30 p.m.
Wed., Nov. 8	Mutual 4 (open forum 8:30 a.m.)
	Conference Room B/Zoom8:45 a.m.
Thurs., Nov. 9	Mutual 12
	Conference Room B/Zoom9 a.m.

LW Weekly newspapers for people who are hearing or vision impaired are available at www.lwweekly.com

To use this free shuttle, people must be:

• A Seal Beach resident.

• 60 years or older.

• Pre-registered with the City of Seal Beach.

• Have their SMP ID Number available for the driver. (This number is assigned upon registration with a turnaround time of three business days after submittal of application).

For more information or further assistance with the registration, call Robann Arshat, GRF member resources liaison at 562-431-6586, ext. 317, or email *robertaa@lwsb.com*.



SIMPLY DELICIOUS SENIOR MEAL DELIVERY SERVICE

10/23/2023 to 10/27/2023 Find more menu details at our website

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week

Monday	Tuesday	Wednesday	Thursday	Friday
		LUNCH		
Sweet	Beef	Cobb	Quiche	Chili
Potato	Tacos	Salad	Lorraine	w/Ground Beef
Breakfast Hash	Coleslaw	Bacon & Chicken	Tomatoes & Cucumber	
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
		DINNER		
Chicken	Fish Stew	Spinach	Cajun	Shrimp &
Diane	w/Leek & Fennel	Ravioli	Catfish	Salmon Kebab
Shell Pasta		w/Pesto Sauce	Grilled Zucchini	Broccoli
Cake	Seasonal Fruit	Cookies	Seasonal Fruit	Brownie
Senior Meal Delivery Service	ŵww.	Salim Khoury 2) 754-84 simplydelicio quality, some items may	us.app	Senior Meal Delivery Service

Puzzles & Comics

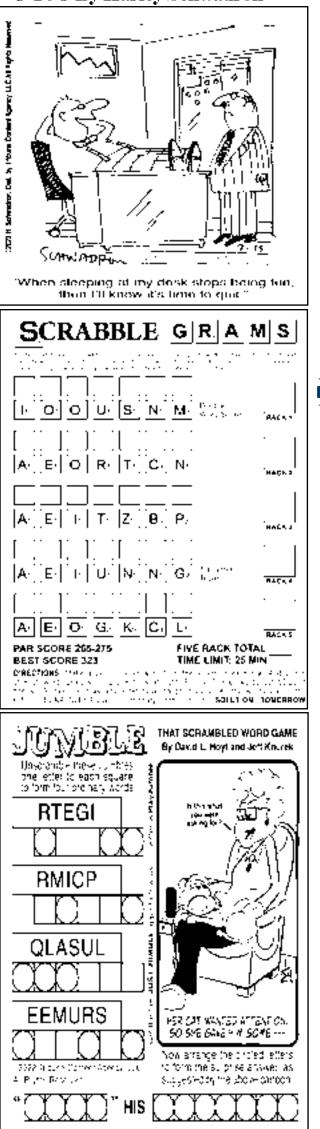


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Boggle BrainBusters Bonus We put special brain basing words into the pozzle and in Gas you find there? Find AT LEAST SEVEN BIRDS in the

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YOUR BOGGLE

151+ = Champ 101-150 = Expert 61 - 100 = Pro 31 - 60 = Gamer 21 - 30 = Hookie 11 - 20 = Amatour 0 - 10 = Try again

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Clue: Building or place of business

Determine the code to reveal the answer!

Solve the code to discover words related to caregiving.

Each number corresponds to a letter. (Hint: 23 = I)

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Clue: Remediates a health problem

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Clue: Keeps you busy

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Clue: Tends to someone

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Tain Lusters

By David L. Hoyt and Jeff Knurok.

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I am an actor born in California on November 11, 1974. An agent suggested I use a different name as my stage name. I am known for many big films, including one that really launched my career, despite the subject matter being about a titanic disaster.

# Sudoku #2

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		9	1				3	
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4								

**Puzzles & Comics** Answers on page 26



# **CLUB MEETING SCHEDULE**

Meeting information is subject to change. Check the LW website at www.lwsb.com for the most current listings.

ARTS AND CRAFTS

**Art League**, CH 4, A, B and C Sections, 2nd Tues.,7-9 p.m. for art show and demonstration, *562-431-4124* 

Arts & Crafts Guild, CH 4, Art Rm., Thurs., Mon., 9:30 a.m.-12:30 p.m.

**Ceramics—Claytime Ceramics**, CH 4, Ceramics Rm., Wed., 10 a.m.-2 p.m.

**Ceramics—Clay Crafters**, CH 4, Ceramics Rm., Mon., Fri., noon-4 p.m.

Chinese Brush Painting, CH 4, Art Rm., Mon., 1-4 p.m.

**Korean Traditional Painting**, CH 3, Rm. 5, Tues., 9 a.m.-noon

Lapidary/Beading, CH4, Lapidary Rm., Mon.-Fri., 9 a.m.-3 p.m.; Sat., 9 a.m.-noon

Love Weaving Baskets, CH 3, Rm. 6, 4th Sat., 9 a.m.-5 p.m. (does not meet Nov., Dec.)

Photographic Arts Club, CH 3, Rm. 9, 2nd

Thurs., 1:30-3 p.m. *562-430-7978* **Quilting Bees**, CH3, Lobby, Wed., 9-11:30 a.m. <u>CARDS</u>

Bridge–Combined Party Bridge, CH 1,

Mon., noon-4 p.m.; 1st & 2nd Fri., noon-4 p.m. Bridge—LW Duplicate Bridge, CH 1, Mon., Thurs., Fri., Sat., 12:30 p.m. (arrive by noon) 562-308-7838

Cribbage Club, CH 1, Tues., noon- 4 p.m. Diamond Poker Club, CH 3, Rm. 3, Tues., 4-8 p.m.

**Hold 'em -N- Squeeze 'em** (poker), CH 3, Rm. 6, Sat., Wed., 6-9:30 p.m.

**Leisure World Pinochle Club**, CH 1, Mon., Thurs., noon-4 p.m.

Social Club of Leisure World, CH 1, Fri., noon-4 p.m.

Tournament Poker Club, CH 6 Hospitality Center, 1st, 2nd, 3rd Sat., 11:30 a.m.-5 p.m. <u>DANCE</u>

**Ballet Fitness**, CH 6, Rm. C, Sat., 1:30-2:30 p.m. **Dance Fitness**, Vets Plaza, Mon., 4:30-5:30 p.m.; CH 6, Sec. C, Tues., 8:30-9:30 a.m. **Dancers & Mixers**, CH 4, 1st Tues., 7-9 p.m. 562-431-1257

**Dancing Feet,** CH 2, Mon., 7-9 p.m., 4th Sun., 5:30-10 p.m.

**Flowering Step Line Dance Club,** CH 2, 1st, 2nd, 4th Mon., 10 a.m.-noon; CH 3, Lobby, 3rd Mon., 10 a.m.-noon

**Grapevine Line Dance**, CH 6, Sec. C, Thurs., 2-5 p.m.

Hui O Hula, CH 6, Sec. C, Tues., 1-5:30 p.m. Joyful Line Dance of Leisure World, CH 6, upstairs, Thurs., 10:30 a.m.-12:30 p.m.

Korean Folk Dance Club, CH 6, Sec. C, Sat., 8-10 p.m.

**Leisure Time Dance Club**, CH6, Sec. C, Mon., 2-4 p.m., *310-743-9373* 

Line Dance Class, CH6, Sec. C. Mondays 10:15-11:45 a.m.

**LW Cloggers**, CH 6, Wed., 8:30-11:30 a.m. 562-598-9974

Saturday Morning Dance Class, CH 6, Sec. C, Sat., 9-11 a.m. 406-858-3560 Suede Sole Dancers, Scheduled as needed. Zumba Club, CH 6, Sec. C, Wed., 4:30-5:30 p.m.; Vets Plaza, Fri., 8:30-9:30 p.m.

a.m.-5 p.m.

Chess Club, CH3, Rm. 7, Fri., 2-6 p.m. Domino's Mexican Trained, CH3, Rm. 4, Thurs., 5:30 p.m.

**LW Woman's Club Table Games**, CH 2, 3rd Fri., 1 p.m. *562-431-8240* 

**Scrabble**, CH 3, Rm. 5, Wed., 1-4 p.m. **Yahtzee Club**, CH 3, Rm. 6, at 1 p.m., 1st, 3rd, 5th Fri. Diane Seeger: *562-533-5997*.

### HEALTH AND EDUCATION

Balance and Stability Club, CH3 Lobby, 1st and 3rd Tuesday, 10-10:45 a.m.; *562-397-1519* English Conversation Club, CH 3, Rm. 9, Thurs., 5-10 p.m. (no meetings in Aug.) Impaired Vision & Hearing, General meeting: CH3, Rm. 1, 4th Tues., 1:30 p.m. (except July,

August, and November); Impaired Vision Support Group: CH3, Rm. 9, 2nd Wed., 10 a.m.; Hard of Hearing Support Group: CH3, Rm. 9, 3rd Tues., 10 a.m.; *562-596-1969* 

Korean English Class, CH 3, Rm. 4, Wed. (except 2nd Wed.), 9:30 a.m.-noon; 2nd Wed., CH 3, Rm. 9

### HOBBIES

Art History Club, CH 3, Learning Center, 2nd Thurs, 9:30-11:30 a.m., CH4, 4th Thurs., 1:30-3:30 p.m.

**Astronomy Club**, CH 3, Rm. 3, 1st Wed., 6:30-8:30 p.m.

Carving Club, CH 1, Tues., 1-4 p.m.

**Coin Club**, CH 3, Rm. 2, 2nd Wed., 1:30-4 p.m. **Creative Writers**, CH 3, Rm. 1, 4th Fri., 1-4 p.m. *714-747-2146* 

Drone Club, CH 3, Rm. 7, 4th Thurs., 11:30 a.m. Garden Club, CH 2, 3rd Mon., 1:30-4 p.m. Genealogy Workshop, CH 3, Rm. 1, 4th Wed.,

9 a.m.-noon Historical Society, LW, CH 1, Historical

Society Rm., Thurs., 2-4 p.m.

Korean American Computer Forum, CH 3, Learning Center, 1st, 3rd Thurs., 9:30-11:30a.m. Korean Literature, CH 3, Rm 7, 2nd, 4th Mon., 9:30-11:30 a.m.

Leisure World Seal Beach Book Club, CH 3, Rm. 7, 3rd Thurs., 1-3 p.m.

**LW Technology Club**, CH 3, Rm. 2, 2nd Tues. in March, May, September, 1-3 p.m.

**Paws, Claws & Beaks**, CH 3, Rm. 9, 3rd Wed., 4-7:30 p.m. (except May-Oct. when meetings are in CH 1 picnic area, 2nd Thurs., noon- 3 p.m.)

**Rollin' Thunder Golf Cart Club**, CH 2, 4th Tues., noon-4 p.m. (except June, July, Aug., Sept. when meetings are in CH 1 picnic area) **Silver Fox Classic Car Club**, CH 3, Rm. 5, 2nd Tues., 6 p.m.

**Traveling Tigers,** CH 3, Rm. 9, 3rd Wed., noon-3 p.m. (no meeting in Aug.)

Video Producers Club, CH 3, Rm. 7, 4th Tues., 10 a.m.

### <u>MUSIC</u>

Entertainment Ensemble & Video Club, LW, CH 3, Rm, 2, Mon., 9-11 a.m. 1-4 p.m.

Vibratones, scheduled as needed <u>NATIONALITY</u>

**American Latino**, CH3, Rm. 2, 2nd Thurs., 11 a.m.-3:30 p.m.; CH3, Rm. 8, Wed., 3-5 p.m. **Chinese Friendship Club,** CH 3, Rm. 7, Wed., 1-6 p.m.

**Filipino Association of Leisure World,** CH 3, Rm. 1, 2nd Sun., 2:30-8 p.m.; CH 1, 3rd Sun., bingo

**French Club**, CH3, Rm. 4, 1st and 3rd Sun., 2:30-4:30 p.m., *714-932-1244* 

**German American Club,** CH 3, Rm. 7, Tues. (except 4th Tues.), 12:30-4 p.m.

**Korean American Association of LWSB,** CH 2, 2nd Thurs., 4-10 p.m.

Japanese American Club, CH 3, Rm. 2, 3rd

Sat., 11 a.m.-3 p.m. 714-317-1102

Vietnamese American Club, scheduled as needed, 714-932-1244

POLITICS

**Democratic Club**, CH3, Rm. 9, 4th Wednesday, 1 p.m.

**Leisure World Republican Club,** CH 3, Rm. 2, 3rd Wed., 6-9 p.m.

**Seniors for Peace**, CH 3, Rm. 9, 1st Thurs, 2 p.m.; *562-357-4040* 

### **RELIGION AND PHILOSOPHY**

A Course in Miracles, CH 3, Rm. 8, Fri., 4-5:30 p.m.

Assembly of God, CH 3, Rm. 2, Wed., 9:30-11:30 a.m.; Sun., 9 a.m.-1 p.m.; CH 3, Lobby, Sun., 4:30-8 p.m.

**Baptist Church,** CH 4, Sun., 8 a.m.-noon; CH 3, Rm. 9, 2nd Wed., 1-4 p.m.

**Beit Halev—House of the Heart,** Scheduled as needed.

**Buddha Circle,** CH3, Rm. 3, Sat., 10a.m.-noon **Chinese English Bible Study Fellowship**, CH3, Rm. 9, Tuesdays 2-5 p.m.

**Congregation Sholom**, Fri., 6:30 p.m., Zoom; Sat., 10 a.m.-noon, CH 3, Rm. 9.

**Dongbu Pyunkang Church**, CH 3, Rm. 2, Sun. (except last Sun.), 3-9 p.m.

Interfaith Council, scheduled as needed KCRC Bible Study, CH 3, Rm. 1, 3rd Fri., 4:30-8 p.m.; CH 3, Rm. 6, Tues., 10 a.m.-noon Korean Bible Study, CH 3, Rm. 5, Thurs., 6-9 p.m.; CH 3, Rm. 7, 2nd Sun., 5-9 p.m.

Korean Catholic Fellowship, CH 3, Rm. 9, 3rd Sat., 4-10 p.m.; 1st, 2nd Wed., 5-9 p.m.

Latter-Day Saints, CH 3, Rm. 1, 3rd Mon., 4:30-9 p.m.; 3rd Sun., CH 3, Rm. 6, 2-3:30 p.m. LW Han In Church, CH 3, Rm. 4, Sun., 8 a.m.-1 p.m.; CH 3, Rm. 8, Wed., 9 a.m.-noon LW Humanist Association, CH 3, Rm. 1, 1st Sun., 10:30 a.m.-noon

Seal Beach Cornerstone Fellowship, CH 2, Sun., 9 a.m.-noon; CH 3, Rm. 3, Fri., 2:30-5:30 p.m.

**Seal Beach Sa-Rang Church**, CH 3, Lobby and Rm. 9, Sun., 9 a.m.-2 p.m.; CH 3, Rm. 1, Wed., 6:30-8:30 p.m.

8-8:45 a.m., meeting from 9-10 a.m.

### **SERVICE**

LWWEEKLY

# **Amateur Radio Club**, CH 3, Rm. 9, 1st Wed., 10-11:30 a.m.

American Legion Auxiliary, CH 3, Rm. 1, 3rd Mon., 1-3:30 p.m.

American Legion Post 327, CH 3, Rm. 3, 3rd Mon., 11 a.m.-4 p.m.; CH 2, 2nd, 4th, 5th Mon., 1-4:30 p.m.

**Community Emergency Response Team** (CERT) Study Group, Bldg. 5, Conference Rm. C, Fri., 6-8 p.m.

**Concerned Shareholders**, CH 3, Rm. 2, 4th Thurs., 1-3 p.m.

Friends of the LW Library, scheduled as needed

**Golden Age Foundation**, CH 6, Hospitality, Mon.-Fri., 9-11 a.m.

**LW Woman's Club**, CH 2, 1st Tues., 1:30 p.m. (no meetings July, Aug.)

<u>SOCIAL</u>

**Christian Fellowship and Fun Club**, CH 4, 3rd Tues., 5:30-9 p.m. (no meetings in July, Aug., Dec.)

LW Noon Spoons Lunch Club, scheduled as needed

Neighbor to Neighbor Club (Mutual 14), scheduled as needed

**RV Club**, CH 3, Rm. 1, 3rd Tues., 5-8 p.m., (no meetings in May-Sept.), *LWRVClubSB@* gmail.com

**Rainbow Sisters**, CH 3, Rm. 6, 1st, 3rd Tues., 6-9 p.m.

Red Hat Society, CH 3, Rm. 5, 4th Fri., 1-4 p.m.

562-430-6950; CH3, Rm. 1, 2nd Mon., Noon-4

p.m.; CH3, Rm. 5, 1st Mon., 9:30 a.m.-Noon;

CH3, Rm. 2, 3rd Thurs. in Nov., 12:30-3:30 p.m.

Schmooze Club, CH 3, Rm. 9, 2nd Tues., 9

Social Club of LW, CH 1, 4th Fri., noon-4 p.m.

Social Club Seventeen (Mutual 17), CH 1,

picnic area, 2nd Sun. in Aug., 10 a.m.-3 p.m.

Sunshine Club, CH 3, Rm. 2, every Fri., 10

Where We Live, CH 3, Rm. 6, 3rd Mon.,

**Woman's Club, LW,** CH 2, 1st Tues., 1:30 p.m.;

3rd Fri. (tabletop games), noon, 949-293-7517

**SPORTS** 

Bocce Club, scheduled as needed; 562-756-9170

Golf-Men's Club, CH 3, Rm. 1, 2nd Tues.,

9-11 a.m. (only Jan., March, June, Sept., Nov.)

Golf-Women's Club, CH 3, Rm. 1, 1st Tues.,

Ladies "Q" Club, CH 1, Pool Room, regular

play, Mon., 9:30 a.m.; monthly meeting, 1st

Pickleball Players Club, CH 2, 1st Sun., 5-7

Rat Pack, scheduled as needed

a.m.-1 p.m. (no meetings in Aug.)

(no meetings in Nov.-Dec.)

a.m.-Noon. 562-301-5339

6:30-8 p.m.

3 p.m

p.m.

Mon., 10 a.m.

### **ENTERTAINMENT CLUBS**

**Abilene Club**, CH 2, Thurs., 5-10 p.m.; 4th Sat., 4-10 p.m.

Cabaret Entertainers, scheduled as needed, 626-485-3983

The Entertainers, schedule to be determined Doo Wop Club (Let the Good Times Roll), CH 2, 3rd Sat. in odd months, 4-10 p.m. Producers, schedule to be determined Theater Club, Performing Arts Center (Amphitheater building), 4th Fri, 10-11 a.m. *njcataylor@yahoo.com* Velvetones Jazz Club, CH 4, 1st, 3rd Sun.,

2-10 p.m.

### **GAMES**

**Bunco**, **LW**, CH 3, Rm. 1, 2nd, 4th Mon., 6-10 p.m.; CH 3, Rm. 7, 3rd Tues., 5-10 p.m.; CH 3, Rm. 5, Wed., 6-10 p.m.; CH 3, Lobby, 2nd, 4th Sat., 1-4 p.m.; CH 3, Rm. 1, 2nd Sat., 11 Community Karaoke, CH 1, Wed., 5:30-10

### p.m.

Evergreen Chorale, CH 3, Rm. 8, Mon., 9 a.m.-noon

**Gloria Autoharp Club**, CH 3, Rm. 6, Wed., 10 a.m.-noon

Good News Singers, CH 3, Rm. 1, Thurs., 9-11 a.m.

**Korean American Chorale**, CH 3, Lobby, Fri., 9 a.m.-noon

Korean Drum Club, Amphitheater, Mon., 2:30 p.m., 818-632-7799

Leisure World Opera Club, CH 3 Learning Center, third Tues., 1:30 p.m.

Leisure World Orchestra, Amphitheater, Tues., 1-4 p.m.; Tues. and Wed., noon

Leisure World Women's Sing Along, CH 3, 1st, 2nd, 3rd, 5th Wed., 1-4 p.m.

Music C.D.s for Seniors, CH 3, Rm. 3, 3rd Thurs., even months only, 1 p.m., 714-625-2022 Seal Beach Guitar Ensemble, CH 3, Rm. 6, Thurs., 9 a.m.-noon

Ukulele Guitar Club, CH 3, Lobby, Thurs.,

Women's Christian Fellowship, CH 3, Rm. 6, 2nd, 4th Mon., 10-11:30 a.m.

Young Nak Presbyterian Bible Study & Fellowship, CH 3, Rm. 3, 3rd Sun., 5-7:30 p.m.

### SELF IMPROVEMENT

Al Anon, CH3, Rm. 7 on 1st and 3rd Mondays, 9:30 a.m., and CH3, Rm. 8 on 2nd and 4th Mondays, 9:30 a.m., 562-412-8351 AA Friends, CH3, Rm. 4, Wed., 3:30 p.m.; Sat., 8:30 a.m. 562-209-0816, 213-248-0539 Fitness Fusion, CH 6: Tues., 10:30-11:30 a.m.; Veterans Plaza: Thurs., 10:30-11:30 a.m. Fun Exercise Club, CH 6, Sec. C, Mon., 9:30 a.m.-1 p.m.

Joy Walking & Jogging, Amphitheater, Sat., 7:30-11:30 a.m.

Leisure Leggers, CH 6, Mon., 8 a.m. LW Yoga Club, CH 6, Sec. C, Wed., 9-10 a.m.; 10:15-11:15 a.m.; Veterans Plaza, Tues., 10:15-11:15 a.m.

Walk/Hike Club, Various locations, Mon., 5 p.m., 562-810-4266

Wa-Rite Club, CH3, Rm. 1, Fri., Weigh-In from

**Pool Club, LW,** CH 2, Pool Room, League play, every Mon., 6-9 p.m. through May; tournaments, 4th Sat., 1:30 p.m. through May (June-Aug. monthly tournaments, 3rd Wed., 6-9 p.m.) **Shuffleboard Club**, Indoor Courts for open play: Mon.,Wed., Fri from 9-11 a.m. and Tues. from 6-8 p.m. at the Shuffleboard Courts Building behind CH 1; 775-527-0426.

Table Tennis Club, scheduled as needed.

# **TO MAKE CHANGES**

Changes must be made in writing at the LW Weekly office or by email: emmad@ lwsb.com. For more information, call 562-431-6586, ext. 387, Monday-Friday from 8 a.m.-4 p.m.

LW club information is provided by the clubs' representatives and GRF Recreation. Club representatives can add new listings or change the information provided here. This list is subject to change. The LW Weekly recommends people confirm meeting information with the individual clubs.



### LWWEEKLY GONZALEZ from page 1

and turn, Ruben has a beacon of consistency and a source of inspiration for all of us who've had the privilege of working alongside him," Sedgwick said, adding, "Ruben's legacy is etched not only in the history of our company but in the hearts of their colleagues, reminding us all that true dedication is the secret ingredient to success."

Seven days a week, 24 hours a day, the department provides ongoing and emergency maintenance to the entire community of 9,500 people, 6,608 dwellings, plus GRF buildings, offices and amenities.

His busy team of nearly 40 averages 2,500 service repair orders each month fixing leaks, pipe stoppages, appliance failures and equipment malfunctions. Whether its emergency responses like tarping roofs, fire clean-up, power outages and loaner appliances, or plumbing, electric, grounds or carpentry, his employees are famous for solving residents' problems with can-do efficiency and good attitude.

Ron Nett of Mutual 8 recently called the news office for the sole purpose of praising the Service Maintenance Department. When he called Service Maintenance with a semi emergency involving his shower, dispatcher Marie Soto immediately sent Jessie Lopez to help.

"He was so polite, and everything he did was clean. It was great service, the best I've ever experienced," Nett said, who also called Service Maintenance Clerk Sue Acebo "an angel" for diligent follow-up.

The LW Weekly often receives calls like that, with accolades for service levels that exceed expectation. That is not by happenstance.

It's Gonzalez and his work ethic rippling down to every employee. Happy customers are a core goal for this team: "We need to always focus on customer service. It's more than 50 percent of the job," Gonzalez



Service Maintenance Director Ruben Gonzalez leads a team of nearly 40 staff members who complete an average 2,500 service requests each month.

said.

This all started 50 years ago, when teen-aged Gonzalez decided he was was ready for his first full-time job. "My dad told me about an opening at Leisure World, where he was employed. I was eager to begin working, so I said yes right away. Ilearned that I would begin in the gardening department, but I did not know it would lead to the development of a lifelong career."

He showed up on Monday, Oct. 1, 1973, and was "intrigued by the vastness of the community inside the walls of Leisure World. My first assignment was at the golf course, and I worked there for a few years."

He's a self-starter and his inherent curiosity led him to learn more about new trades. Over the course of time, he worked on irrigation systems and landscaping while taking a lead role with the grounds team. Meanwhile, he also went to night school at Long Beach City College and got his state contractor's license, among other credentials.

"Around 14 years later, I was ready to move up and try something new," Gonzalez said. "I applied to the Service Maintenance department and was offered the opportunity to begin working as a plumber. This is where I felt my connection to Leisure World form even more. I was learning new things and had the ability to use my problem-solving skills.

"Since I was a young boy, I always liked working with my hands and figuring out challenges. As a plumber, I not only was able to practice this, but I also began to have more interaction with the shareholders.

"The Leisure World community is full of kind-hearted residents who I got to know over the years, many of whom I would call my friends. When you come to work every day for 50 years, you have to like the job you are doing and the people you work with."

And it shows in his colleagues' respect, his department's high morale and strong resident support.

"Let me congratulate Ruben on his 50th anniversary," said Senior Director of Facilities Mark Weaver, who is Ruben's boss. "I have known Ruben for many, many, many years. I appreciate his honesty, integrity, and patience in dealing with difficult situations. It's been a privilege working with him."

Service Maintenance Manager Aaron Hensley echoes the sentiment: "Ruben has always been supportive of all staff, especially as it relates to their families. He has been nothing but supportive of my professional development in and out of GRF, especially when having to deal with my long absences due to military obligations."

Good directors take pride when their teams run like welloiled machines, and Gonzalez has good reason to be proud.

In 2012, Ruben took over as Service Maintenance manager and then in 2022, he was promoted to Service Maintenance director.

"His leadership in the Service Maintenance department is worthy of all the praise you will hear," Weaver said.

"One of the things I enjoy most about my current role is having the opportunity to mentor and develop my team," Gonzalez said. "I have known some of them for over 20 years and others, for just a few months, but all of them work hard and allow our department to be successful. Leading them to overcome the challenges that arise makes me feel proud of everything we are able to accomplish."

Parallel to his career at Leisure World, his personal life has also blossomed over the years. Gonzalez married his lovely wife, Rosie, 40 years ago. They had three beautiful children, Ruben Jr., Karina and Elizabeth, and are now grandparents to Zara, 3, and Remi, 2 months.

"Our dad has been an incredible example to us of hard work and dedication," said Karina. "He's always taught us to leave our mark and have a positive influence no matter what we do. Along with our mom, they provided for us so that we could obtain our college educations and establish our careers. We are so proud of him, and he continues to be a role model for us."

Karina, 36, is senior manager of communications at Bridgestone Americas, and Elizabeth, 30, is a psychiatric social worker at Kaiser Permanente. "The work-life balance that Leisure World provides allowed me to enjoy watching them grow," said Gonzalez, "and my fondest memory is watching them play sports in their youth. I am a big baseball fan."

His namesake son was more than a fan. At 13, Ruben was a 6-foot power hitter who was a summer teammate and good friends with Justin Turner, another baseball standout. There was little doubt that both boys had a real shot at making it to the big leagues. But that dream was cut short when Ruben passed away in a car crash in 1997.

No one has forgotten him in all the years since. His friend Justin Turner did go on to the Major Leagues, and he never forgothis friend Ruben, remaining close to the Gonzalez family to this day.

"I am grateful that the company was there to help me through difficult times and for the opportunities it has offered me over the last 50 years," Gonzalez said. "Not only that, but Leisure World truly is a caring community, for the shareholders and also for the employees, and I am grateful to be one of them."

Although he has had many new jobs here as he moved up the ranks, Gonzalez has only had one true first day of work in his entire career. Because of that Leisure World now has the benefit of a half-century of his expertise and the historical knowledge that comes with time.

On behalf of the entire company, Weaver summed it up best: "Thank you, Ruben, for the high level of service that you have provided Seal Beach Leisure World. I wish you more successes and best wishes always!"

"I am so happy to be here doing what I am doing," Gonzalez said, adding that he has no immediate plans to retire.

So, with any luck at all, this subject-matter expert will continue to make Leisure World a safe haven for all who retire here.



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# **DMMUNITY**



LWers enjoy coffee and conversation Monday-Friday in Clubhouse 6.

# Join the GAF for coffee and cookies from 9-11 a.m.

The Golden Age Foundation (GAF) and its hospitality volunteers serve coffee, tea and cookies Monday-Friday from 9-11 a.m. in Clubhouse 6.

This is a great opportunity to meet some neighbors and solve the problems of the world over hot coffee. Many people have incorporated a little coffee before or after their gym workout, ping pong session, or neighborhood morning walk.

For more information, contact GAF Hospitality Chair Carl Kennedy at 661-810-9410.



Volunteers for the 2021 tax program.

# GAF seeks tax program volunteers for next year

People often find filing their income tax returns overwhelming and seek help. The AARP Tax Program, sponsored by the Golden Age Foundation (GAF), needs volunteers for its tax filing program. Volunteers will provide free tax preparation and e-filing to residents. This will relieve the stress of the residents and help them get the refunds they deserve. Experience is not necessary. AARP and GAF will provide all the training that support volunteers need to provide a great service to the community.

The current positions that need to be filled are:

• Tax-Aide: Work directly with taxpayers to prepare their tax returns.

• Client Facilitator: Greet clients and help organize their documents.

• Telephone Assistant: First line of contact to schedule appointments for clients.

To volunteer, people must be computer literate and attend training session. Volunteers will work 1-2 days a week for 4-5 hours during tax season, Feb. 5-April 10.

To apply, call Diana Lambert at 562-860-2844.

# Sign up for the SB community Thanksgiving dinner event

The Seal Beach Chamber of Commerce is thrilled to be organizing the 41st annual Community Thanksgiving Dinner in person after a three-year hiatus. It will be held again at St. Anne's Church in Old Town Seal Beach on Thanksgiving Day. The event provides a traditional Thanksgiving meal to local citizens in need or those that might not have someone to celebrate the holiday with.

This event would not be possible without generous food donations from Seal Beach area restaurants such as Finbars Italian Kitchen, Boggart's Coffee, Marni's, Walt's Wharf, Javatini's, Hennesey's, Pavilions, O'Malley's on Main, The Hangout, Clancy's, The Beach House, McDonald's, The Abbey, 320 Main, Starbucks, Bistro St. Germain and others. Volunteers from the Seal Beach Chamber and the Seal Beach Lion's Club who will donate their time to the event this holiday.

Juni Banico, president of the Seal Beach Chamber of Commerce said, "This event captures the heart of why people love Seal Beach. It is a chance for local citizens that may not have family or friends to celebrate with somewhere to gather for a meal and give thanks."

The Chamber of Commerce wants to say thanks to all those who have pledged donations of food, cash, or bingo prizes.

For more information about the event, go to https://sealbeach-





Toni Shapiro



Hye-Won Grace Shin

# Representatives from AlzOC and SoMang Society to visit

Representatives from Alzheimer's Orange County and the SoMang Society will speak at the Sunshine Club on Friday, Oct. 20, at 10 a.m. in Clubhouse

Hye-Won Grace Shin, PhD, to disturb the presentation. executive director of the So-Mang Society, will discuss the partnership with the Memory Support Team and the Korean language education and services in conjunction with Alzheimer's Orange County. All residents are welcome to join this meeting. The Sunshine Club requires no membership fees but donations are welcome. Refreshments will be served at the meeting. People are asked to arrive promptly, those who are late for the meeting are asked to quietly use back door so as not

Next week's topic will feature Dr. Megan Witbracht from the University of California in Irvine's Institute for Memory

# Japanese American Club

The Japanese American Club will meet on Saturday, Oct. 21, at 11 a.m. in Clubhouse 3, Room 2, for potluck lunch. The club will provide turkey and ham, and members will provide the sides for an early Thanksgiving celebration. Members are asked to bring dishes to serve 6-8 people or pay \$10. Pumpkin pie will be provided for dessert.



The Kishabas are donating items for sale at the meeting also.

All residents are welcome to bring a side dish or pay \$10 by calling in advance. For more information about the club or meeting, call Sherie Vanek at 714-916-6313.

# Call the LW Weekly at 562-430-0534

3. Room 2.

Mark Odom

**SUNSHINE CLUB** 

Mark Odom, vice president, of Alzheimer's Orange County, will discuss the Adult Day Program currently in development at Leisure World.

Toni Shapiro, social work supervisor of the LW Memory Support Team, will discuss the supportive no-cost services for people who are concerned about a loved one or a neighbor with memory issues.

Impairments and Neurological Disorders.

The Sunshine Club began on Jan. 12, 2012, with the mission of "building bridges for brighter Leisure World," and to help all residents to get along in the community and to get best out of living in Leisure World.

For more information about the event or club activities, contact Anna Derby at 562-301-5339.

# Golden Age Foundation Board Meeting

The Golden Age Foundation will have its monthly board meeting on Wednesday, Oct. 25, at 1 p.m. in the GRF Conference Room B.

All members of the foundation are welcome to observe the meeting. This is a great opportunity to catch up on the latest news and get a preview of coming Golden Age Foundation attractions and projects.

# Concerned **Shareholders**

The Concerned Shareholders Club will not meet October, November and December. The next meeting will be on Jan. 25, at 1 p.m., in Clubhouse 3, Room 2.

# **LWWEEKLY** September Security Incident Report

The following is the Security incident report for September. It has been edited for clarity and brevity.

### FIRE: 3

•Sept. 5, 11:49 p.m., Mutual8 An electrical fire started near a ceiling fan. There was damage to the ceiling area but no injuries.

• Sept. 16, 12:26 p.m., Mutual 2 Orange County Fire Authority quickly put out a dumpster fire. Reason for the fire remains unknown.

•*Sept. 24, 4:50 p.m., Mutual 1* A pan left on the stove set off an alarm; no fire or damage.

### **COYOTE SIGHTINGS: 64**

• 64 sightings reported this month.

### THEFT: 6

•Sept. 9, 2:45 p.m., Mutual 5 An unknown person removed a resident's decal from the vehicle's windshield.

•Sept. 17, 8:52 a.m., Mutual 11 A resident stated someone entered her residence one week ago and took a package.

•Sept. 17, 1 p.m., Mutual 1 An unknown person re-

moved a palm tree belonging to a resident • Sept. 20, 12:06 p.m., Mutual 14

An unknown person removed property from the porch area.

• Sept. 22, 6:07 p.m., Mutual 9 A resident stated people have entered her unit numerous times to remove property. No evidence of a crime was found at the scene.

•Sept. 26, 8:40 a.m., Mutual 9 An unknown person removed a resident's golf cart cover.

### VANDALISM:1

•*Sept. 11, 12:39 p.m., Mutual 9* An unknown person cut irrigation line to planters.

### **PET COMPLAINTS: 4**

•*Sept. 12, 2:26 p.m., Mutual 6* A dog attacked a USPS letter carrier. A pet violation was given to the owner.

•*Sept. 14, 1:01 p.m., Mutual 3* A resident reported a barking dog; no noise heard upon arrival.

•*Sept. 25, 9:26 a.m., Mutual 2* A resident reported a barkA resident driver exiting LW struck the stop sign, damaging the side mirror.

•Sept. 14, 8:27 p.m., Shuffleboard Area

A resident and a bicyclist collided. The bicyclist was transported to the hospital.

•Sept. 15, 1:26 p.m., 1600 Interlachen Road

An unknown driver struck a parked vehicle and fled the scene.

> •Sept. 18, 3:23 p.m., Golden Rain Road Exit Gate

Two vehicles collided while waiting for the signal light to change.

•*Sept. 19, 11 a.m., Mutual 2* A moving vehicle struck a parked vehicle while attempting to park.

• Sept. 21, 9:35 a.m., Clubhouse 4 A moving vehicle in reverse was struck by a passing vehicle. • Sept. 21, 4:10 p.m., 13440 S. A resident complained of loud music at neighboring unit. Neighbor reduced volume.

•Sept. 20, 8:50 p.m., Mutual 3 Ongoing complaint of noise from neighboring unit; no noise detected.

•*Sept. 26, 3:23 p.m., Mutual 10* A resident complained of loud noise from a neighboring unit. Police arrived to assist.

### LOST RESIDENT: 3

• Sept. 3, 6:33 p.m., Mutual 3 Ongoing issue with lost resident who was taken home safely.

•*Sept. 15, 7:04 p.m., Mutual 14* SBPD was called to find lost resident. The resident was taken

home safely.

• Sept. 21, 3:23 p.m., Mutual 12 A lost resident was found and taken home safely.

### **INJURIES:10**

•Sept. 1, 12:21 p.m., Mutual 4

transportation.

• Sept. 21, 12:06 p.m., Mutual 4 A resident fell while walking

and was taken to the hospital. • Sept. 23, 8:18 a.m., Mutual 11 A resident fell while walking

and was taken to the hospital. •Sept. 23, 1:42 p.m., Mutual 15

A resident fell while walking and was transported to the hospital.

• Sept. 23, 5:18 p.m., Clubhouse 2 A resident reported he was injured in the billiards room.

• *Sept. 28, 11:30 a.m., Mutual 16* A resident fell while walking and was transported to the hospital.

### **OTHER INCIDENTS**

•Sept. 3, 11:38 a.m., Pickleball Court

Residents were in a dispute over the use of the court. Security kept the peace during the dispute. Ongoing resident dispute. Security kept the peace and took report.

•*Sept. 8, 1:41 p.m., Mutual 5* Residents were in verbal altercation regarding chasing coyotes.

• Sept. 12, 10:10 p.m., Clubhouse 1 A non-resident at the clubhouse with no resident present was escorted from the community.

• Sept. 15, 3:15 p.m., Clubhouse 2 A resident was involved in a dispute over snooker table.

•Sept. 19, 11 a.m., Mutual 4 A resident believes squirrels are being poisoned. Security will contact animal control

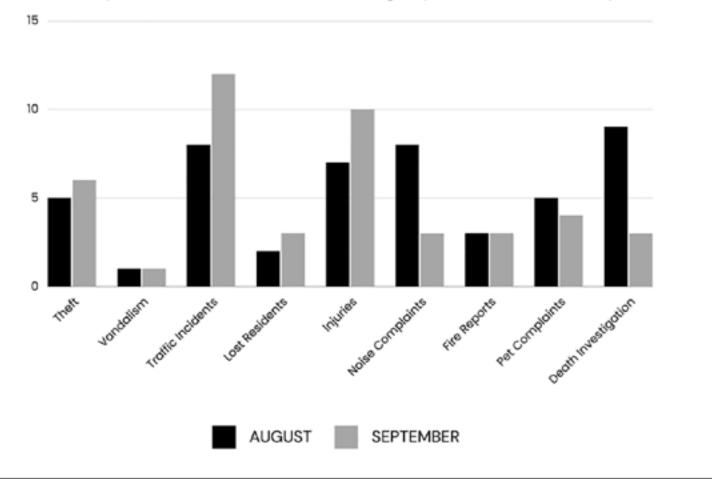
regarding the situation. •Sept. 23, 2:47 p.m., Mutual 3 Security advised a resident

of a vehicle leaking oil. •Sept. 24, 8:38 a.m., Mutual 9

SBPD was called to a family dispute. The family member

# AUGUST AND SEPTEMBER AT A GLANCE

Below is a comparison of the total Security reports for the months of August (31 days) and September (30 days). The month of August had 239 calls, including 165 paramedic calls and 26 coyote reports and the month of September had a total of 249 calls, including 140 paramedic calls and 64 coyote calls.



ing dog; no noise heard upon arrival.

•*Sept. 27, 3:35 p.m., Mutual 3* Dogs were barking in a neighboring unit. Security arrived and issued a pet citation.

### **TRAFFICINCIDENTS: 12**

•Sept. 2, 11:32 a.m., Northwood Road at Clubhouse 3 A moving vehicle and a golf cart collided; no injuries.

• Sept. 10, 8:45 p.m., Oakmont Drive and El Dorado Road A vehicle nearly struck pedestrians, who fell to the ground but required no transport.

•Sept. 13, 9:15 a.m., St. Andrews Gate Fairfield Lane

A reversing moving vehicle struck a parked vehicle.

•Sept. 25, 4:52 p.m., 13261 Del Monte Drive

A resident drove a vehicle into a fire hydrant.

• Sept. 28, 10:25 p.m., Main Gate A vehicle struck a metal post at the Main Gate and fled.

•Sept. 29, 11 a.m., Golden Rain Road at St. Andrews Drive A moving vehicle struck a pedestrian in the crosswalk; the pedestrian received minor injuries.

### NOISE COMPLAINTS: 3

•Sept. 3, 7:28 p.m., Mutual 10

A resident fell while walking but did not require transportation to the hospital.

• Sept. 3, 8:51 p.m., North Gate A resident fell off a bicycle, and did not need hospital transportation.

• *Sept. 11, 5:56 p.m., Mutual 8* A resident fell while getting out of the car and was transported to the hospital.

• Sept. 11, 12:38 p.m., Mutual 5 A resident fell near the laundry room; no hospital transportation required.

•Sept. 19, 1:30 p.m., Admin Parking Lot

A resident fell while walking but did not need hospital • Sept. 3, 11:01 a.m., Mutual 3 A resident had a verbal altercation with another resident. One resident was lost and taken home by Security.

•Sept. 4, 9:25 a.m., 4:42 p.m., Mutual 15

A resident stated ongoing issue with a neighbor looking into her unit.

•*Sept. 4, 8:55 p.m., Mutual 5* A resident ordered an unwanted visitor to leave; visitor complied.

•*Sept. 4, 1:30 p.m., Mutual 12* A visitor attempted to gain access into LW by showing expired LW ID card.

•*Sept. 5, 9:56 p.m., Mutual 4* 

was arrested.

•*Sept. 26, 2:40 p.m., Mutual 6* Security assisted a Mutual director with unauthorized people in a unit.

### TOTALS:

Paramedic calls: 140 Theft: 6 Vandalism: 1 Traffic Incidents: 12 Death Investigations: 3 Lost Residents: 3 Injuries: 10 Noise Complaints: 3 Fire Reports: 3 Pet Complaints: 4 Coyote Sightings: 64 Grand Totals: 249

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



### **Democratic Club**

**by Mary Larson** *LW contributor* 

The LW Democratic Club will meet Wednesday, Oct. 25, in Clubhouse 3, Room 9, at 1 p.m. All LW Democrats are welcome to attend. Those unable to join in person can participate online or by phone by emailing *sblwdemocraticclub@gmail.com* for login information.

Congresswoman Barbara Lee, one of three members of Congress running to replace Dianne Feinstein in the U.S. Senate, will be the keynote speaker via Zoom during this meeting. Club members will also vote on a slate of candidates for election to the 2024-2025 Board of Direct

to the 2024-2025 Board of Directors. Lee has understood what it means to struggle her entire life. As

a teenager, she joined forces with the NAACP to become her high school's first Black cheerleader. As a teenager, she risked her life having a back-alley abortion when such procedures were illegal. She escaped an abusive marriage. As a single mother raising two sons, she received public assistance while building a better life for her family. While earning her degree, she brought her kids to class with her because she couldn't afford childcare.

Lee

In 1998, Lee became the first woman elected to Congress from her district. In Congress, she is best known for casting the sole no vote against giving the then president unlimited war powers after 9/11.

Beginning in early February, the Orange County Registrar of Voters will send vote-by-mail ballots to every registered voter in Leisure World. In anticipation, club members are spreading the word about the importance of this upcoming Primary Election as they begin implementing their newly organized Neighborto-Neighbor program. The immediate goal of the program is to increase the number of voters in the Primary. The club's long-term goal is to establish a visible, friendly and helpful presence in every LW neighborhood. Anyone interested in being a part of this effort should email Vice President Kathy Moran at *kmoran97@yahoo.com*.

The Oct. 21 Democratic Party of Orange County convention has been canceled due to the continuation of the hotel workers' strike.

All Leisure World Democrats and supporters are invited to subscribe to the club's electronic newsletter. This semi-monthly free publication covers more in-depth reporting on issues and candidates. Email *mlarson.telfords@gmail.com* or call 562-296-8521 to sign up. It is important to include full contact information, including party registration, in the request.

### SENIORS FOR PEACE CLUB





John Hendrix (I) of Mutual 1 signed up for the Ralphs Community Rewards Program.

## **GAF and Ralphs Community Rewards**

The Ralphs Community Contribution Program, sponsored by Kroger Grocery Stores, is an easy way for Leisure World residents to raise money for the Golden Age Foundation (GAF).

Each Wednesday, GAF board members will be in the Hospitality Room in Clubhouse 6 to assist residents in signing up for the program. In order to sign up for the program, the GAF will ask residents to provide their full name, email and phone number associated with their Ralphs membership. The information is shredded as soon as the resident is signed up.

John Hendrix of Mutual 1 moved to LW less than a year ago after retiring from the San Diego Police Department after over 33 years. He wanted to be close to his son who is a leutenant for the Seal Beach Police Department.

For more information, text 562-301-5339. People can learn more about the GAF by going to *www.goldenagefdn.org*.



Fara MacCartney points to the holiday safety class flyer.

# **Community Emergency Response Team**

The Community Emergency Response Team will meet to talk

# SBTV-3 Listings

Thursday, Oct. 19 4 p.m. Studio Cafe 4:30 p.m. Pizza at the Hospitality Room 5 p.m. Hip to Be Square 7 p.m. LW Orchestra 8 p.m. Stone Soul Band 10 p.m. Aliens Walk Among Us 10:30 p.m. Mystery at the Theater 11 p.m. On Q Friday, Oct. 20 4 p.m. On Q 5 p.m. Harvest Moon 6:30 p.m. Head Master 7 p.m. Neil Diamond Tribute Band 8:30 p.m. Studio Cafe 9 p.m. Albuquerque Balloon Fiesta 9:30 p.m. LW Lapidary Club 10 p.m. Korean Nights 11:30 p.m. Road Trip Saturday, Oct. 21 4 p.m. Always Tina Tribute Band 5:30 p.m. LW Orchestra 6:30 p.m. Studio Cafe 7 p.m. LAUSD Meeting Replay 8 p.m. Harvest Moon 9:30 p.m. Mystery at the Theater 10 p.m. Neil Diamond Tribute Band 11:30 p.m. Space Shuttle History Sunday, Oct. 22 4 p.m. On Q 5 p.m. Hip to Be Square 6:30 p.m. Studio Cafe 7 p.m. LW Orchestra 8 p.m. Hui O Hula 9 p.m. Seal Beach Public Safety Awards 10:30 p.m. Road Trip 11 p.m. Long Beach Dragon Boat Race/Long Beach Dragon Boat Festival 11:30 p.m. Seal Beach Car Show Monday, Oct. 23 4 p.m. Harvest Moon 6 p.m. On Q 7 p.m. Seal Beach City Council Meeting: LIVE 9 p.m. Road Trip 9:30 p.m. Korean Nights 11 p.m. Long Beach Dragon Boat Race/Long Beach Dragon Boat Festival 11:30 p.m. Bob Cole Conservancy Tuesday, Oct. 24 4 p.m. Studio Cafe 4:30 p.m. Pizza at the Hospitality Room 5 p.m. Hip to Be Square 7 p.m. LW Orchestra 8 p.m. Stone Soul Band 10 p.m. Aliens Walk Among Us 10:30 p.m. Mystery at the Theater 11 p.m. On Q



Congresswoman Barbara

An enthusiastic standing-room-only crowd attended CSULB President Jane Close Conoley's presentation on book banning on Oct. 5. Many attendees wanted to know what they could do to help in the fight against book banning and censorship. Conoley sent the club a list of websites of various groups that are fighting back: *bit.ly/LetFreedom-ReadDay* and *UniteAgainstBookBans.org*. These websites are full of good suggestions for actions people can take to get involved, including buying a banned book, donating to Little Free Library and writing letters or emails to school and library boards.

> Send Community stories to laurieb@lwsb.com

about holiday safety on Oct. 27 from 10-10:45 a.m. in Clubhouse 3, Room 9. This meeting will focus on how residents can keep themselves, home, car and identity safe during the holiday season. After the general meeting, the club will have elections for club officers.

# **Rollin' Thunder General Meeting**

The Rollin' Thunder will be rollin' back to Clubhouse 2 for the start of its new season with a potluck luncheon on Tuesday Oct. 24, at noon.

The club will have a special guest speaker on a concerning topic, and elect officers for the upcoming year.

The Rollin' Thunder is selling tickets for its Thanksgiving

potluck feast gala on Nov. 28. The club will provide the turkey and fixings.

Dues for the coming year are now due.



Wednesday, Oct. 25 4 p.m. On Q 5 p.m. Harvest Moon 6:30 p.m. Head Master 7 p.m. Neil Diamond Tribute Band 8:30 p.m. Studio Cafe 9 p.m. Albuquerque Balloon Fiesta 9:30 p.m. LW Lapidary Club 10 p.m. Korean Nights 11:30 p.m. Road Trip All programming subject to change

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



# **ARTS & LEISUR**

### **DRONE CLUB**



Want to expand your photo/video skills and meet fun people? New members are always welcome to join the Drone Club. Drone ownership is not necessary. The club meets every fourth Thursday in Clubhouse 3, Room 7, at 11:30 a.m. Recently club members tested their skills on an obstacle course at the Beach House off First Street. For more information, contact Joseph Valentinetti at 0501042@gmail.com.



Vinyl Rock

# Vinyl Rock will perform in CH4

GRF will welcome back Vinyl Rock to the weekend dance lineup this Saturday, Oct. 21, at 7 p.m. All are welcome but guests must be accompanied by the resident who invites them.

Vinyl Rock is an Orange County-based band consisting of eight members who passionately perform classic rock, pop and Motown tunes primarily from the '60s, '70s and '80s. The band keeps the audience engaged, inviting them to participate in singalongs and by mingling with them on the dance floor. Vinyl Rock is sponsored by Cabaret Entertainers and is free to GRF members and their guests (over 18). Leisure suits, Fu Manchu 'staches, mullets and big hair are welcome, but not required.

Be sure to sign in; it's the only way Recreation can track each band's popularity. All concerts are free, but tips are accepted and greatly appreciated. For more information, contact *kathyt@lwsb*. com.





Zhao. Missing is Meejung McPartland. For class information, call 562-431-2242.

Jojo Weingart Hui O Hula, LW's Hawaiian dance club, enjoys parties. Here hula dancers celebrate with October birthday girls Brigit Ramirez (I-r, front), Susie Cucci, Nora Fredlund and Angie

# **Creative Club Open House**

Three creative clubs will host an open house on Saturday, Oct. 28, from 10 a.m.-1 p.m. in Clubhouse 4.

The Ceramics, Art and Lapidary clubs will have their instructors available to showcase what they do and answer people's questions.

People can explore the different options and see what they might be able to create for friends and family during the holiday season.

Stop by to meet club members, see demonstrations of new equipment, get gift ideas, and maybe even sign up for a couple of classes.

Each club will announce its upcoming events and classes. Treats will be available.

# **GRF Trip: Winter Sawdust Festival**

Recreation will host a trip to the the Sawdust Art Festival: Winter Fantasy on Friday, Nov. 17. The one-of-a-kind holiday art and crafts jubilee showcases over 180 artisans with handmade goods. It will feature live music and two restaurant venues that residents can enjoy.

Tickets are \$36 and are being sold on a first-come, first-served basis. Tickets can be purchased at the Recreation Department in Building 5.

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### **GARDEN CLUB: GARDEN OF THE MONTH**



The October garden of the month belongs to Shu Chant of Mutual 16, 13048 Del Monte Drive, Building 42, Unit F. The garden is a lovely mix of shrubs and flowers, which spills into an inviting patio.

# **Creative Writers**

The Creative Writers Club meets the last Friday of each month in Clubhouse 3, Room 1, from 1-3:30 p.m. The club will meet Friday, Oct. 28. The club is perfect for people interested in writing for their own personal enjoyment and who would like to share their work with others who feel the same. Writers who are hesitant to share can come to up to three meetings as a visitor to listen and give feedback. For more information, contact Debbie Barner at 325-721-0687.



The FOTL Bookstore sets up creative displays of its wares for each season.

## Friends of the Library

It's never too early to start thinking about the approaching holidays. The Friends of the Library Bookstore has a variety of attractive jewelry on display at reasonable prices. The bookstore also has a variety of pots and vases for green thumbs and decorators.

The boutique committee does a very creative job in utilizing all of these items in their displays.

Thanks to the ongoing support of LW residents, the bookstore is overwhelmed with cookbooks and gardening books, likely reflecting people's changing needs as they adapt to LW life in the era of Google. Many still rely on books for recipes and tips, so people are encouraged to come and have a look. They make good gifts too.

The bookstore also has an excess of sheet music, craft patterns and books. Ask a volunteer at the desk to make them available for review. There are many musicians in LW with talent on several different kinds of instruments; there's a variety of sheet music to match each musician's needs.



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LWWEEKLY



**Christine Cohen** 

# **Genealogy Club**

Genealogist Christine Cohen will give a presentation on "Online Cemetery Websites" at the Genealogy Club meeting on Oct. 25 at 10 a.m. in Clubhouse 3, Room 1. Social time starts at 9:30. Cohen will review the awesome resources of deceased online, interment.net, GraveStonePhotos.com, FindA-Grave, BillionGraves and others to advance people's research. These websites include U.S. and international information.

Cohen will also detail how people can help fellow genealogists by volunteering to take photos of gravestones, transcribe headstones, or create memorials for posting online and connecting with cousins.

Cohen is a long time member of the Whittier Area Genealogical Society (WAGS), and also a member of the El Redondo Chapter of the Daughters of the American Revolution, the Society of Daughters of Holland Dames, and the Association of Professional Genealogists.

Her interest in genealogy began in 1977 with the airing of the TV mini-series "Roots" and was piqued when she found a typed pedigree chart of her Dutch heritage from the New Netherlands in the 1660s. She is a native Californian who graduated from UCLA in political science and has worked for Vitol Aviation Company since 1993.

The election of the club's board of directors will be held held at the October meeting.

The Genealogy Library is open from Monday though Thursday from 1-4 p.m.; closed Friday; and open Saturday and Sunday from 11 a.m.-2 p.m.

The club needs volunteers to cover the first two weeks of each month on Wednesdays from 1-4 pm. For more information, call volunteer coordinator Lisa Brass at 714-390-4213 or email lisnhow@gmail.com. Theme Thursdays are held in the Genealogy Library in Clubhouse 3 adjacent to the lobby. The program schedule is as follows: • Oct 19: To be announced • Oct 26: Witches in the American Colonies For more information, contact Janet Lessin at 316-640-8509.

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**Club Meeting** Schedule See page 8



Yuri Lotakov will perform using the GRF's new Roland GP9 digital grand piano.

# Recital will show off new digital piano

Yuri Lotakov will perform at a piano recital on Sunday, Oct. 22, at 3 p.m. in Clubhouse 4, presented by the Vietnamese American Club and the French Club.

In a world that's shifting toward the digital realm ever more quickly, the acoustic piano is no longer the only king of the stage. Several companies have struck a fine balance between the traditional and the innovative, the Roland GP series being at the top.

Leisure World has been fortunate to acquire its very own brand new Roland GP9 digital grand piano. The organizers thank the Golden Rain Foundation for making this happen.

Lotakov will introduce the modern masterpiece of acoustic engineering and digital wizardry.

"How close does the GP9 get to the real thing? It, of course, has the gorgeous aesthetics of a grand piano, but does it truly recreate the singular musical experience of a grand piano?" Lotakov said. "Let's find out together."



Dichroic glass jewelry

# **Lapidary Club**

The Lapidary Club is offering an introduction to dichroic fused glass jewelry class.

The class will be held on today, Oct. 19, from 12:30-3 p.m. in the Lapidary Room in Clubhouse 4.

The class will cover the basics of fused glass jewelry. New students will learn the basics and experienced students will have the opportunity to expand their skills in cutting and shaping glass.

Materials provided for the class include everything people will need to make two fused glass pendants. The fused pieces may be picked up the following day.

The class is only open to Leisure World residents. The cost of the class is \$15. Leisure World residents interested in attending this class can sign up in the Lapidary Room in Clubhouse 4. Class size is limited to six students.

CD MUSIC FOR SENIORS



The CD Music for Seniors Club will be meet Oct. 19 in Clubhouse 3, Room 3, at 1 p.m. All are invited to attend or join the club, which holds music-related presentations by members, discussions and snacks. The group also gives out free CDs of people's choosing.

# **Leisure Time Dancers**

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. West Coast swing is at 2 p.m., followed by foxtrot at 3. No partner is necessary. The class will rotate so everyone dances. Beginners are welcome. A review of basics will be included.

The cost is \$7 per person for one class and \$11 per person for two classes in a single day. For more information, contact Leisure Time Dancers President Jackie Theis at 310-743-9373.

# **Coin Club**

The LW Coin Club will meet on Nov. 8 in Clubhouse 3, Room 2, at 12:30 p.m. Members can participate in door prizes, refreshments, coin auctions, coin raffles, and group discussions regarding currency and coins. Refreshments will be provided. LW residents can have coins evaluated at no cost.

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-Yuri Lotakov

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# Long Beach Symphony Tickets

In the first concert of the 2023-24 season, the Long Beach Symphony Orchestra (LBSO) will play music of Brahms, Dvorak, Smetena and more at the Terrace Theatre in Long Beach on Oct. 21 at 8 p.m.

Tickets for the concert and round trip bus tickets from Leisure World are available at the box office, 562-436-3203, or at

www.LongBeachSymphony.org. For tickets to the full five-concert season at 20% group price reduction or discounted bus tickets, call Lucy Poropat at 323-646-9290.

Last minute single concert tickets with or without bus tickets can be purchased at the box office. Bus tickets can also be purchased on concert nights starting at 5:15 p.m. at the Amphitheater bus pick-up area on St. Andrews Drive, for \$30 per round trip, payable by personal check to LBSO or exact cash; no change is available. The bus leaves at 6 p.m., arriving in time for Conductor Eckhart Preu's pre-concert talk. For more information, call Beverly Emus at 562-296-5586.

# Saturday Morning Dance Class

Two dance classes are held every Saturday morning in Clubhouse 6, second floor. In October, Candis Davis will teach West Coast swing at 9 a.m., followed by waltz at 10 a.m. Class participants vote on new dance topics every month. Each class is \$7 per person.

Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.



LWers dress up for a Halloween dance.

# Abilene will rock Halloween dance

Terry Otte and Abilene will perform at GRF's free Halloween Dance Party on Tuesday, Oct. 31, at 7 p.m. in Clubhouse 2. This costume optional dance party has become one of Leisure World's most popular events.

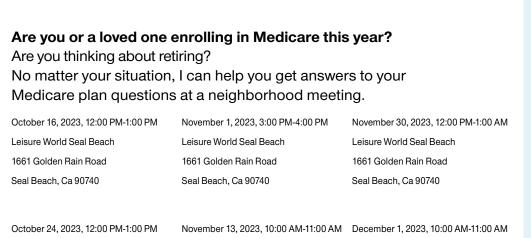
The clubhouse is set up with tables, so BYOB and snacks. People are encouraged to bring their dancing shoes for this country rock sensation.

No saving tables. Tips are appreciated. For more information, contact *kathyt@lwsb.com*.

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# Grab 'n' Go Menu Oct. 19-25

Thursday: Domino's Pizza at Clubhouse6—Call ahead at 562-493-2212 for special orders, wings and salads from 3:30-7 p.m. Cash and cards are accepted.

**Monday: Berlin Truck** at Clubhouse 6-Enjoy gourmet sausages, grilled cheese and more from 4-6 p.m. Cash is not accepted, only cards.

Tuesday: Taco Tuesday at Clubhouse 6-Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday: The Empanada Maker at Clubhouse 6-Try out a variety of empanadas. See the full menu online at www.theempanada*maker.com/menu*. Preorder by calling 949-524-3145. On site from 4-6 p.m.

On-call bus service is available from 4:30 p.m.; regular service before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379.

Watch LW Live for updates. Sign up for notifications at www.lwsb.com/ *lw-live-sign-up/.* 

To ask questions or give feedback, email kathyt@ lwsb.com.



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# **Free Computer** Class on Zoom

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# Prescription Drugs

is offering free live online computer classes for adults.

Beginners and those looking to brush up on their skills will benefit from the free training courses. He also has a website where people can connect with other adults interested in technology.

The classes cover a variety of topics, from basics to Artificial Intelligence, all in an easy-tounderstand format.

All sessions are recorded for people to watch anytime. For more information or to sign up, email *bob@bobology.com*.



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SPRJ81892

### LWWEEKLY



Cristina Vegas (I), and Joe Osuna (center) received a personal creative craft with Video Producers Club logo on it as a special gift from Jack Haskins (r).

### **VIDEO PRODUCERS CLUB**

# Free technical classes offered

Jack Haskins showed his appreciation after Cristina Vegas taught him how to transfer files from his iPhone to the PC using the Video Producers Club's USB flashdrive. He also appreciated Vice President Joe Osuna teaching him how to transfer and edit videos of concerts and personal videos he took into the computer.

The Video Producers Club offers the following classes at the Video Producers Club loft room, located at the top of the Amphitheater. A brown door has a sign on it identifying it as the Video Producers Club room.

• Mondays, 10 a.m.-noon: Joe Osuna (*joosuna29a@gmail.com*) specializes in Android cellphone video and Windows Computers, video editing, and Power Director Versions 14 and 19 for video editing.

• Tuesdays, 10 a.m.-noon: Jack Haskins (*Jhask@mac.com*) is familiar with video cameras and SD card video transfer to computers, and has done iMovie editing

• Wednesdays, 10 a.m.-noon: Cristina Vegas (*cvegas2017@ gmail.com*) specializes in iPhones, iPads, Apple devices, is familiar with iMovie and Power Director video editor. She knows the different options of transferring video from Apple devices onto a computer.

• Thursdays: Only available on Zoom at 10 a.m. for general discussions with Joseph Valentinetti.

• Fridays, 10 a.m.-noon: Owen Hughes (*cre8vid@yahoo.com*) has extensive experience on camera work, video editing and setting up for interviews. He is familiar with Power Director editing and other video editors. Contact each teacher for more information. —Ivy Kung



Julie Nulod

Pete Tupas

# Art League announces October award winners

The LW Art League met Oct. 10 in Clubhouse 4. The guest demonstration artist and judge was Michelle Zumstein, a pyrography artist.

Before the start of the demonstration, Susie Ralston announced that the Lapidary Club is having an open house exhibition on Oct. 28 in Clubhouse 4. Art League members are invited to join the exhibition and show and sell their artworks.

The club voted on a new award category system for the monthly competition. Ballots were passed out at the meeting.

At the end of the demonstration, Marion Higgins announced the vote results: the club will adapt the "art entry by level of experience" system with the winners receiving ribbons and a walk-by before the audience. The new system will be implemented in 2024.

At the club's monthly competition, Terese Smith won the best of show and popular vote awards. In the masters category, Barbara Simundza won first place; Shel Magnuson, second; Art Salazar, third.

In the intermediate/advanced category, Bobbie Turudic won first place; Allyn Constant, second; and Daniel Prosek, third.

In the 3D/craft category, Nina DeRosa won first place;



Top place award winners at the LW Art League's monthly competition held on Oct. 10: Bobbie Turudic (I-r, front), Terese Smith, Nina DeRosa and Barbara Simundza (back).

Judy Sherratt, second; Elizabeth Butterfield, third; and Allyn Constant, honorable mention.

There was one new member, Mary Hebert, who joined at the meeting.

In 2024, Susie Ralston, Art Salazar and Jay Young will step down from their positions as president, treasurer and vice president of programs, respectively. The club needs volunteers to fill their positions. An email will be sent out to all members with the job description of each position.

The next Art League meeting will be held Nov. 14. The next "Spotlight On The Artist" event will be held Nov. 25. It will feature ceramics artist and teacher Ramayana Baba.

*—Larry Sioson* 



**Community Karaoke** 

The Karaoke Club celebrated two birthdays during karaoke night for Pete Tupas and Julie Nulo

d. Tupas's granddaughter, Chelsey, sang a great tune for him. Nulod entertained the audience with "You're the Reason I'm Living." The club enjoyed duets from Susan Kelleghan and Elizabeth Butterfield, as well as husbandwife duo Walter and Sue Piippo. The line dancers from the audience loved "Achy Breaky Heart" sung by Vito Villamor and William Young. A mellow hit from Elton John was sung by Richard Yokomi. Ray Geierman charmed the audience with "Mona Lisa." Karen Morris likes highenergy tunes like "Looking for Love." Ric Dizon sang an easy going "Go Chase a Moonbeam." Sherie Vanek got folks dancing with "Tennessee Waltz." Carmen Edwards sang a delightful "Allegheny Moon." Bruce Lee did a nice Bob Dylan hit "Blowin' in the Wind." It was an actionpacked evening with 35 LW performers taking the stage.

Karaoke members are a happy, welcoming group who love celebrating. People can join the group each Wednesday night in Clubhouse 1 from 5:30-9:30. Halloween is near, so find a spooky tune. People can practice a new tune on Mondays in Clubhouse 6 from 1-3 p.m.

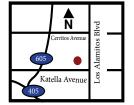
*—Margie Thompson* 

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# SPORTS & GAMES

### **CRIBBAGE CLUB**

# Susan Dodson wins the week with perfect score

■he Cribbage Club meets every Tuesday in Clubhouse 1 at noon. Refreshments are served from noon-12:15 and those arriving by 12:15 are assured a place to play. Club President Marilyn Chelsvig shares announcements at 12:25, and games begin at 12:30. Seven games are played.

Myrna Baker provided a "Happy Cribbage Day" cake and ice cream in celebration of her birthday. Margaret Smith and Baker served everyone the treats and Melinda Cowan provided mixed nuts and assorted candies.



Susan Dodson won her second star.

The winners for last week include: Susan Dodson, with a perfect score of 847, first place; Alma Zamzow, 846, second; Jack O'Brien, 845, third; Richard McCarty, 844, fourth. Darlene Meyers finished with six 121's.

The club extends its heartfelt condolences to Peggy Kaspar for the loss of her husband, Jim Kaspar. Jim was a member of the Cribbage Club for many years and will be greatly missed by all who knew him.

For club information, call Marilyn Chelsvig at 562-279-

-Mary Holder



At the October meeting of the LW Shuffleboard Club, allgame winners were recognized. The top all-game winners presented with a "Super Star" button included Sal LaScala (I-r), Chandra Patel and Roger Bennett.

## **Duplicate Bridge Club**

The Leisure World Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can also call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

Oct. 2 winners (eight

tables): Sibyl Smith and Diane Schmitz, and Ellen Kice and Lavonne McQuilkin, north/ south; Mark Singer and Beth Matheny, and Judith Jones and Al Appel, east/west.

Oct. 5 winners (three tables): Sibyl Smith and Al Appel, north/south; Dave Carman and Ellen Kice, east/west.

Oct. 6 winners (seven tables): Carol Murakoshi and Lavonne McQuilkin, and Shmuel Fisher and Joan Tschirki, north/south; Thad Mikols and Lynn Danielson, and Larry Topper and Sue Fardette, east/ west.

5665.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at www.acblunit557.org and click on Leisure World Results.

For club information contact Howard Small at 516-659-3314 or howard.small@ outlook.com.



# Saturday open play and training clinic continues for October

The Saturday open play and training clinic will continue Oct. 21 and 28 from 10 a.m.-noon. The clinic is designed to give court time to people who cannot attend on Monday and Wednesday mornings. Veteran players coach specific skill development at clinics. Anyone interested in learning about shuffleboard is welcome to stop by the courts building behind Clubhouse 1 on Burning Tree Lane.

Oct. 3 winners: Team Karen, winning seven games, slipped past Team Jack winning five games out of 12. The teams were closely matched. Team Karen had four all-game winners: veteran players Sal LaScala and Karen Mendon, plus two new players: Micki Aiello and Mary Birch. Team Jack had two all-game winners, both new players: Susan Clark and Sue Rotter.

Team Chandra and Team Sally played equally matched games with both teams winning six of the 12 games. Team Chandra had two all-game winners: veteran player Chandra Patel plus new player Lori Probert. Team Sally also had two all-game winners: veteran player Bob Peterson and new player Susan Hopewell.

Team Rod did not compete Oct. 3 as the team had a scheduled bye for week four of the fall season.

Oct. 6 winners: All four teams played quite evenly throughout the morning contests, creating an air of friendly competition with many exciting moments. Team Carol won seven games while Team Milly captured five from the total of 12 games. Both teams had one all-game winner: Captain Carol Johnson for her team, and Anita Giroud for Team Milly.

Team Shel skirted past Team Sally winning seven of 12 games. Team Shel had one all-game winner: Eileen Kotecki, while Team Sally had two: Sally Fowler and Rod Osgood, who substituted for an absent team player

Team Rod had a bye for the fourth competition of the fall season. For more club information, call membership coordinator Patty Peterson at 562-714-7072.

-Kay Mount



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Oct. 6 Yahtzee Club winners: Trish Moyer (I-r), most Yahtzee's; Karen Reiner, high score; Diane Seeger, low score; Nancy Mora, door prize.

# Yahtzee Club meets tomorrow

The Yahtzee Club meets on the first, third and fifth Fridays of every month. The next meeting will be Oct. 20 in Clubhouse 3, Room 6 at 1 p.m. There will be a halftime social. For more information, contact Diane Seeger at 562-533-5997. -Diane Seeger

The editorial deadline is 4 p.m. Thursday on the Thursday prior to the desired publication date.

### LWWEEKLY



Some of the pickleball tournament players on Oct. 21 will include Patrick and Stephanie Reagan (I-r), Phil Orndorff, Mel and Bob Magie, and Vindar Batoosingh.

## **Pickleball Players Club**

The Leisure World Seal Beach Pickleball Players Club has challenged Laguna Woods to a mixed doubles pickleball tournament on Saturday, Oct. 21 from 9 a.m.-noon.

The club will be represented by Patrick and Stephanie Reagan, Bob and Mel Magie, Jeff "JB" Burnett and Sue Visbal, Vindar Batoosingh and Pennie Alberts, Chinh Ngo and Judy Hughes, Phil Orndorff and Julia Walling, Barry Chittem and Cheryl Peterson, Ric Enge and Sue Burkschab.

The club invites everyone to come support and cheer for the club.

The club would also like to thank the Recreation Department for helping this tournament happen.

—Jesus Sosa

# Construction starts on Tennis and Pickleball Center project

The City of Seal Beach held a groundbreaking ceremony for the Seal Beach Tennis and Pickleball Center improvement project on Oct. 11. During construction, the center's hours will be as follows:

**Members:** Monday–Friday, 8 a.m.–9 p.m.; Saturday-Sunday, 8 a.m.–5 p.m. **Non-Members:** Monday-Friday, noon-9 p.m.; Saturday-Sunday, noon-5 p.m.

The center is located at 3900 Lampson Ave. in Seal Beach. To learn more about the programs and activities available at the center, visit *www.sealbeachtenniscenter. com.* 

### **Tournament Poker Club**

Those who would like to play a fun and friendly game of Texas Hold 'Em for a \$5 buy-in should make plans to play with the Tournament Poker Club on Oct. 21. Regular tournaments are on the first three Saturdays of every month in the lobby of Clubhouse 6. Registration begins at 10 a.m. There will be treats and coffee available. Cards are in the air at 10:30. There is no late seating.

The club had a great tournament on Oct. 7. The players with the two highest hands of the day were Nancy Floyd, who had a straight flush from 2-6, and Kathy Elliott, with a full house A-A-A-K-K. By playing and winning with the promotional hand of J-3, Donna Hernandez won the prize. The final table players were: Maryanne Conte, first; Katie Hamilton, second; Jeff Rolnick, third; Steve Edrich, fourth; and Guta Basner, fifth. The group played a great game right up until the heads up play between Hamilton and Conte. The flop came 3-7-8 and holding 7-10, Hamilton went all in and Conte called with 5-8. The turn brought another 8, giving Hamilton a pair of 7's and Conte triple 8's. The river card (K) didn't



Maryanne Conte

# Woman's Club Tabletop Games

The Woman's Club of Leisure World will host tabletop games on Friday, Oct. 20 from noon-4 p.m. in Clubhouse 2. There will be a drawing at the beginning of the games. Sweet treats, coffee and tea will be served.

There are many different games to join or people can bring their own. While card games seem to be the most popular, players may also find Mahjong, Yahtzee, Mexican Train and a few other more unusual games. Membership is not needed to attend. The club especially encourages new residents of Leisure World, both men and women, to come and make friends.

It costs a \$1 donation to play. This helps support the Woman's Club philanthropies. To see the \$1 at work, attend a meeting of the Woman's Club. Not only is a check presented to various charities, but there is also live entertainment and refreshments. Meetings are held on the first Tuesday of every month in Clubhouse 2. Doors open at 1 p.m.

Those interested in knowing more about the Woman's Club of Leisure World can contact Kathy Russell at 949-293-7517.

Any questions or concerns regarding the tabletop games can be directed to Jan Krehbiel at 562-431-8240.

# Fall league reaches halfway point

LW POOL CLUB

The fall pool league of the LW Pool Club is now halfway through its 10-week schedule. Every team has now played all the other teams in their six team leagues.

Joker's Wild beat the Cue Commandos 10-3 to expand its league lead to four games over the Cue Crew. Joker's Wild won all six of its singles games. Gary Snow had five wins for Joker's Wild.

The Cue Crew beat the Renegades 8-5. The Cue Crew won the first five doubles matches. Brian Burke of the Cue Crew won five games, including both singles matches.

The Rustlers beat the Sharp Shooters 8-5. The Rustlers won four of the six doubles matches and the final eight ball game. Rusty Aquino and Elizabeth Butterfield each won five games for the Rustlers.

In the Wednesday night league, Right on Cue maintained its two game lead over The Favorites by beating the Stevenators 8-5. Ray Friedrichsen won five games for Right on Cue, including his eight ball and nine ball singles matches.

The Favorites kept pace with Right on Cue by beating Shot First, Then Shape (formally known as Vader's Raiders) by a score of 8-5. Zelm Berkenkamp won five games for The Favorites and both of her singles matches.

The X Factor edged Hot Sticks 7-6. Even though Hot Sticks won five singles matches they lost five doubles games and the final eight ball game that decided the final score. Sal LaScala won five games for X Factor.

The LW Pool Club dues for the year, which runs from October 2023 to October 2024, are \$10. For more information, contact Steve Edrich at 714-980-3665.

-Dave Silva

### **Monday Bunco Club**

The Monday Bunco Club meets the second and fourth Monday of every month in Clubhouse 3, Room 1. The next meeting will be Oct. 23. Play begins at 6 p.m. sharp. All Leisure Word residents and their guests are welcome. There is a halftime social to meet neighbors and friends.

**Oct. 9 winners:** Sanda deBubovay, most Buncos; Cindy Zurn, most wins; Linda Payne, most babies; Jean Hayes, most losses; Kay Butterfield, door prize winner.

For club information, contact Katie Carmagnola at 925-413-7583.



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change anything, and Conte's triple 8's was the winning hand.

Conte has lived in Leisure World for 22 years and has been a member of the club for 15 years. This was her third final table win. In addition to tournament poker, Conte also enjoys playing Omaha and 3-card limit poker here in Leisure World. She also volunteers for Meals on Wheels and at Los Alamitos Hospital.

The club congratulates all the winners.

For club information, email Deborah Barner at *deborahbarner7@gmail.com* 

—Deborah Barner

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### See more Sports & Games on page 20

# Men's Golf Club wears pink for awareness

Men's Golf Club tournament of the month was held Oct. 11 on the Turtle Lake Golf Course. A total of 54 golfers teed off and played 18 holes through a very warm, sunny morning and into the afternoon. The club thanks the many men who helped celebrate Breast Cancer Awareness Month by wearing pink, peach or red shirts.

Two groups of three flights of variously skilled golfers vied for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot circle rewarded) and two closest-to-the-pin challenges.

The course was very well manicured for the tournament. Although the tee boxes still need some improvement, the fairways and greens were in excellent shape. The weeds on the greens are very nearly gone, and the few wet spots on fairways have been noted and reported. Padded walkways were replaced recently, as they were becoming a hazard.

Even with good conditions only 22 of the 54 rounds were net under par, but there were a remarkable 70 birdies. The low gross competition was won by Bill Lyons at two under, followed by Young Kim at one under. Lastly, John

The first Leisure World Kolthoff and Bob Johnston tied at even par. Best net scores were Ron Steele and Bill Long. Closest to the pin on the 65yard par-3 second hole was Jae H. Lee at 4' 3", and on the par-311th hole was Dong Kim at 2' 9". There were also nine circle hole winners.



All scores below are net (gross score minus handicap).

A flight winners (handicaps 0-5): Tie between Johnston and Young J. Kim at 5 under 49, first place; tie between Dave LaCascia, Kolthoff and Mark Rice, 3 under 51, second; Lyons, 2 under 52, third; tie between Pat Paternoster and Thomas Kim, 1 under 53, fourth; tie between Andrew Kim, and Orlando Ramirez, even par 54, fifth.

B flight winners (handicaps 6-12): Tie between Steele and Long at 7 under 47, first place; Don Roberson, 6 under 48, second; tie between Dale Williamson and Steve Walker,

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4 under 50, third; tie between Jae H. Lee and Steve Kang, 3 under 51, fourth; tie between James Farr, Byron Schweitzer, Ken Notorleva and Joon Soop Yoon, 2 under 52, fifth; tie between John Rudosky and Jun Um, 1 under 53, sixth; Peter Oh, even par 54, seventh.

Cflight winners (handicaps 13-18): Mike Carlson at 5 under 49, first place; Peter Bae, 4 under 50, second; Manny Miranda, 3 under 51, third; Ben Benjamins, 1 under 53, fourth; Paul Shellenberger, even par 54, fifth; tie between Bill Zurn and Jack Haskins, one over 55, sixth.

The next men's tournament will be on Oct. 25 and every second and fourth Wednesday of the month. The next Guys and Gals tournament will be on Oct. 25. Continue to support Breast Cancer Awareness by wearing brightly colored shirts. Guys and Gals tournaments are played every third Wednesday plus the fifth Wednesday if there is one. Those who had planned to play and cannot should contact Alan Sewell at 541-324-8558 or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 15 minutes prior to scheduled tee time and be ready to play. –Dave LaCascia

Joshua 1:7-9

# **Men's Golf League**

Ten golfers from the Leisure World Men's Golf League played Oct. 6 at the 6,000-yard par-71 Willowick Golf Course in Santa Ana. This course has changed hands several times over the past few years and serious attempts are finally being made to get it into decent shape. Tee boxes still need work, but fairways have been properly mowed and the rough trimmed to an acceptable level. Greens are large and have always been in good shape.

The weather was sunny and quite wet at the beginning of the round. Temps were in the mid 60s at the 7 a.m. tee time and soared to well over 80 by round's end. Only three of the 10 rounds were net under par with three birdies—one each by Sam Choi, Gene Vesely and Steve Miller. Dave LaCascia had fewest putts for the "A flight and Lowell Goltra had fewest for the "B". Closest to the pin on the 140-yard fourth hole was Choi.

A flight winners (handicaps 0-19): Clay Fischer, first place; Choi, second; Jim Goltra, third; LaCascia fourth; Chris Lankford, fifth.

B flight winners (handicaps 20 and over): Bob Munn, first place; tie between Lowell Goltra and Daniel Mahoney, second; Miller, third; Vesely, fourth.

Eleven golfers played Oct. 9 at the 5,800-yard par-70 Riverview Golf Course in Santa Ana. The weather was initially overcast and very damp. The sun made an appearance toward the end of the round and became a lovely day. The course played tough, only allowing four of the 11 rounds to be at or under par, and yielded just three birdies—one each by Clay Fischer, Sam Choi and Chris Lankford.

A flight winners (handicaps 0-19): Choi, 6 under 64, with fewest putts and closest to the pins on both the second and ninth holes, first place; Lankford, 1 under 69, second; Larry Hillhouse, 2 over 72, third; tie between Fischer and Dave

Note to all golfers: **Remember to repair** any ball marks on the greens.

LaCascia, 3 over 73, fourth; Fujio Norihiro and Steve Miller, fifth.

B flight winners (handicaps 20 and over): Tom Ross, 1 under 69, first place; Bob Munn, even par 70, second; Lowell Goltra, with fewest putts, third; Gene Vesely, fourth.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded. For more information, contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975. *—Dave LaCascia* 

# Women's Golf Club

The Leisure World's Women's Golf Club holiday luncheon will be Tuesday, Dec. 5 at 12:30 p.m. in Clubhouse 3, Room 1. Officers will be installed and tournament payouts will be made. Tickets and more information will be available soon.

Thirty-eight golfers played in the weekly tournament on Oct. 10 for low gross, low net and birdies.

A flight winners: Low gross: Devora Kim, 27, with birdies on holes No. 2 and No. 8; low net: Sandy Derouin, 24, with a birdie on hole No. 5. Birdies were achieved by Linda Herman on hole No. 8 and Sun Lee on hole No. 7.

B flight winners: Low gross: Veronica Chang, 28, with a birdie on hole No. 1; low net: Clara Sun, 22. Birdies were achieved by Karen Mendon on hole No. 2, Bert Thompson on No. 3 and Nancy Reid on holes No. 7 and 9.

C flight winners: Low gross: Joann Lim, 28, with a birdie

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on hole No. 2; low net: Keiko Sekino, 23. Patty Littrell had birdies on holes No. 2 and 8.

D flight winners: Low gross: Patti Smith and Neva Senske, 36, with Senske having a birdie on hole No. 8; low net: Sue Elliott, 27.

Those interested in joining the club can obtain an application from the golf course starter or contact club treasurer Margie Thompson at 562-493-0484 for more information. —Liz Meripol

# **Mexican Train Dominoes Club**

Lic. # 945655

The Mexican Train Dominoes Club meets every Thursday at 5:30 p.m. in Clubhouse 3, Room 4.

The object of the game is for a player to play all the tiles from his or her hand onto one or more trains emanating from a central station.



Mexican train dominoes central station in play.

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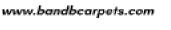
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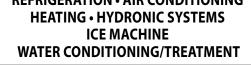


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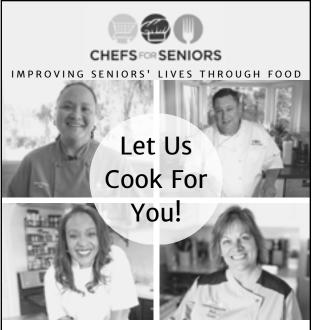
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# HEALTH & FITNESS



Sunny Kim shares her energy and skills with the class in Clubhouse 2.

JOYFUL LINE DANCE

# Take your love for dancing to the next level on Thursdays in CH 2

Joyful Line Dance Club meets on Thursdays in Clubhouse 2, from 10:30 a.m.-12:30 p.m. The club will have a special class from 10-10:30 for newbies to teach easy and simple dances. Over the past nine years, the club has welcomed many members and dance leaders. One of them is Sunny Kim. She has been a loyal member of the club and a leader since her move to Leisure World from Los Angeles with her husband in May 2021.

After joining the club, she hasn't missed a single class. Kim's passion for line dancing led her to become one of the club's leaders. She is always willing to help, quickly picks up the dances others introduce to the class, and enjoys both fast and slow tempos. One of the best parts of it all is being a member of this energizing, close knit community, meeting people and making lifelong friends.

Kim normally leads the bailando boogaloo with Anna Derby, and has expanded her repertoire to new dances to make new members feel welcomed and have fun.

Through tough times and good times, the club appreciates its leaders and loyal members. Everyone is welcome. Exercise shoes are required. All attendees and their guests must sign in as they enter the class. For more information, text 562-301-5339.

–Anna Derby

# Home Safety 101

The Somang Society will host a memory support event on Monday, Oct. 23, in Clubhouse 3, Room 2, from 10:30-11:30 a.m.

People will learn valuable tips on how to keep their homes safe and free of hazards. This event will be held in Korean and is sponsored by Alzheimer's OC.

For more information, call YoonJae Lee at 562-977-4580.

# **Meals on Wheels Long Beach**

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www. mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

### FITNESS FUSION



Fitness Fusion Club meets on Tuesdays from 10:30-11:30 a.m. in Clubhouse 6, and on Thursdays and Saturdays from 10:30-11:30 a.m. in Veterans Plaza. Each class incorporates a warm-up, upper and lower body exercises with hand weights, standing yoga poses for balance (floor mat not needed), Qigong (body tapping for circulation) and cooling down. In the photo above class participants demonstrate the front lunge to strengthen core, legs, and improve balance. For more information, contact Marion Higgins at 562-296-8328.

# Turn your goals into a plan with Wa-Rite

The Wa-Rite Club meets on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-ins are from 8:15-8:45 a.m. and are optional for visitors. The annual membership fee is \$10. Weekly dues are 10 cents. All female residents looking to improve their health and fitness and lose at least 10 pounds are invited to join any of the club's meetings, and should arrive no later than 8:45 a.m.

Wa-Rite's first meeting of the month is always about business—business of supporting and celebrating each other. Ruby Resnick was named a top loser at Oct. 6 meeting with 2.5 pound weight loss in one week. She credits her success to not allowing easy temptations into her house. Bea Quintara and Pat Miller shared the queen of August title, each losing 7.5



August queen Bea Quintara (I) and master of goal weight Shirley LeBrecque.

pounds. The entire club lost 42 pounds in the month of August. Treasurer Shirley LeBrecque was presented with her Wa-Rite masters degree for maintaining her goal weight for two years. Velma Sama was awarded the same certificate in September.

The club's autumn leaves contest will continue until Nov. 10. Members can earn merit-based funny money, which is the only currency allowed at the Wa-Rite's annual auction on Dec. 8.

Wa-Rite members enjoy sharing, but the club secretary Marshia Larson pointed out the difficulty of taking down a recipe, recommendation, or resource on the fly during the meeting. This prompted the creation of the fledgling Wa-Rite newsletter that premiered at the last meeting. It contained various recipes including Linda Rich's easy four-ingredient cold avocado asparagus soup, a calorie conscience yogurt parfait, and ways to enhance a protein rich cottage cheese for quick appetite suppressing snack. Members are encouraged to submit their ideas in the green book next to the sign-in before each meeting. —Denise Stabile



### Thursday, Oct. 19

Beef lasagna, whole grain dinner roll, broccoli and cauliflower, chef's special cake, roast beef and cheese sandwich with lettuce, tomato and pickle, and confetti coleslaw.

### Friday, Oct. 20

Roast turkey with sage gravy, cornbread stuffing, peas and carrots, banana, spinach salad with chicken, mandarin oranges, cranberries, Feta cheese, vinaigrette dressing, and crackers.

### Monday, Oct. 23

Chicken cacciatore, seasoned egg noodles, seasoned broccoli, peas and carrots, fresh orange, chicken salad sandwich with spinach and tomato, and marinated beet and onion salad.

### Tuesday, Oct. 24

Beef teriyaki with brown rice, oriental vegetables, seasoned corn, peaches, chicken salad with chopped kale, shredded brussels sprouts, dried cranberries, balsamic dressing, and crackers.

### Wednesday, Oct. 25

Oven-baked chicken breast with lemon pepper sauce, rice pilaf, green beans with pimentos, carrots, fresh pear, ham and cheese sandwich with lettuce, tomato and pickle, and carrot and pineapple salad.

### Oct. 6 top loser Ruby Resnick

# Dental Services for Retired Veterans

For the 10th consecutive year, Dr. Seza Barsamian's Los Alamitos dental office will offer annual free dental services for retired veterans in honor of Veterans Day. Retired veterans will get their annual dental checkup, X-rays and regular dental cleaning at no cost on Thursday, Nov. 9, at Seza Barsamian, DDS, Inc., 4022 Katella Ave., Suite 206, Los Alamitos, 90720.

Call in advance to schedule an appointment with Dr. Barsamian at 562-596-4439. Office hours are from 9 a.m.-5 p.m.

—Dr. Seza Barsamian

# **Leisure Leggers**

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year.

For more information, call Tom Pontac at 562-304-0880. **BICYCLE GROUP** 



Bike riders Martha Valenzuela and Bruce Vircks tied the knot on Saturday, Oct. 7, in Clubhouse 4. In addition to family and friends, many other bike riders celebrated the couple. LW Bicycle Group meets for breakfast and a ride to El Dorado Park on Sundays, and on Mondays, Wednesdays and Fridays at the North Gate at 9 a.m. Helmets and safe shoes are required. For more information, call Lucy Czra at 818-209-5075 or Mary Romero at 562-509-8475.

### **BALLET FITNESS**



Everyone is welcome to attend the Ballet Fitness class on Saturdays from 1:30-2:30 p.m. in the Clubhouse 6 mirror room. Instructor Mel Lockett demonstrates proper form for the ballet salutation. Ballet Fitness class teaches balance, coordination,



Dancing Feet Club prepares for its Halloween night on Sunday, Oct. 22, in Clubhouse 2, from 6-9:30 p.m. Everyone is encouraged to dress up. The club hosts two events for the residents and their guests in Clubhouse 2: line dance lesson and practice every Monday from 7-9 p.m., and social (ballroom) dancing every fourth Sunday from 6-9:30 p.m. People can bring snacks and drinks. Alcohol is not allowed. Admission is free. For more information, text Ed Bolos at 551-998-4223.

# Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club will meet on Tuesday, Oct. 24, at 1:30 p.m., in Clubhouse 3, Room 1. Representatives from the Orange County Council on Aging will provide updates on Medicare changes per HIPAA laws that should be noted during the Medicare open enrollment period.

People with mobility challenges can call an access service bus up to three days in advance at 562-431-6586, ext. 379.

For more information, call Sharon Kohn at 562-596-1969. —Sandy Esslinger

# **Grief Support Group**

Pathways provides a free grief support group for LW residents on Wednesdays from 2-3:30 p.m. in the Optum HCC Conference Room. Everyone is welcome to join and learn more about how to deal with grief during difficult times and not feel alone.

For a preliminary screening, call Tammie Ottenad at 562-531-3031. For more information, call GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

# News Deadlines for the LW Weekly

# How to confront memory loss in three easy steps

One common concern that people share as they get older is the potential decline of their cognitive health. With the help of medical professionals people can confront memory loss to improve their cognitive function.

The Alzheimer's Association recommends taking a threepronged approach to memory loss the moment they notice any changes in their memory or behaviors.

- Assess the situation. Start making a list of any changes that feel abnormal or cause a concern. The Alzheimer's Association lists 10 warning signs for Alzheimer's at *www. alz.org/10signs* that people can get familiar with to see how they line up with how they're feeling.
- Have a conversation. The Alzheimer's Association notes that many people find it helpful to discuss their concerns with a loved one rather than going it alone, and then ask that person to accompany them when discussing those concerns with their doctor. If a loved one says they sound like normal aging, don't hesitate to contact another friend or family member.
- **Reach out for help.** The Alzheimer's Association is a reliable source of information that can be accessed at *www.alz. org* or by calling 1-800-272-3900. People can also find local resources by visiting *www.alz.org/CRF*.

-MetroCreativeConnection

## Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon.

It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

### Thursday, Oct. 19

Pork carnitas bowl, tomato cilantro rice, fiesta vegetable mix,

and memory, and exercises the core, legs and arms.

### WOMEN'S HEALTH

# **Osteoporosis Signs and Prevention**

Osteoporosis is a disease that causes weak bones that break easily. People who smoke, have a low body weight, family members with osteoporosis, do not get enough exercise, drink alcohol (more than three drinks a day) and take certain medicines for seizures or steroids, and women over 50 are more likely to get it.

There is no cure for osteoporosis, but there are things to slow it down and tests to detect it early, such as X-rays (DXA scans), spine, hip or wrist exams, and ultrasounds.

Prescription medications in the form of a pill, a patch, or injection can slow bone loss. A primary care physician can offer other drugs and will advise to monitor possible side effects and interactions with other medications.

Dietary supplements including vitamins, powders, energy bars and herbs may assist in progression of osteoporosis. Lifestyle changes such as physical exercise, walking, quitting smoking, limiting alcohol and getting enough calcium and vitamin D may also lower the risk for osteoporosis.

For more information visit www.fda.gov/womens.

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.



Need help? 24-Hour Nurse: 562-795-6216 whole grain tortilla, sour cream (one pack), and seasonal fruit.

### Friday, Oct. 20

Baja fish tacos, black beans, red and white cabbage, corn tortillas (two), pico de gallo, and pineapple chunks.

### Monday, Oct. 23

Vietnamese caramel pork, jasmine rice, broccoli, and tropical fruit mix.

### Tuesday, Oct. 24

Turkey pot roast, brown gravy, sweet potatoes, collard greens, and sugar-free fruited gelatin.

### Wednesday, Oct. 25

Macaroni and cheese, diced tomatoes, carrots, breadsticks, sugar-free apple crisp, and orange-pineapple juice.

# Health Tip

As people age, they naturally lose muscle mass, so it's important to strength train to stay strong. If there's only time for one exercise, do a set of squats, experts say.

Squats strengthen all of the muscle groups in legs, including the calves, quadriceps, hamstrings and glutes, as well as muscles in the lower back and core. Those muscles provide the foundation for most activities of daily living, such as climbing a set of stairs and simply standing up from a chair.

# RELIGION

# Church celebrates Feast Day of St. Francis of Assisi Congregation Sholom



### HOLY FAMILY

Holy Family Catholic Church in LW celebrated the Feast Day of St. Francis of Assisi on Oct. 4, with a blessing to the animals event. Father Joseph Nguyen, Holy Family's Pastor, said a blessing over the animals and owners who gathered outside the church.

> The LW Weekly 562-430-0534



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Congregation Sholom will hold services with Rabbi Eric Dangott via Zoom on Friday, Oct. 20, at 6:30 p.m. Rabbi Mike Mymon will lead the hybrid service on Saturday, Oct. 21, in Clubhouse 3, Room 9, and via Zoom at 10 a.m. Saturday's Torah reading will be Noach from the book of Genesis. Noach (Noah) begins as God decides to destroy mankind with a flood. At God's command, the righteous Noah builds an ark, where Noah, his family, and select animals survive the flood. Noah's children bear children, and several generations develop. God confounds the speech of people building the Tower of Babel. To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122.

Join Congregation Sholom on Sunday, Oct. 22, at 2 p.m. to watch the musical "Rent" at the Long Beach Playhouse Studio Theatre in Long Beach. The theater is upstairs and there is no elevator available. Those who want to carpool should contact Murray Pollack. The group will meet at the Clubhouse 4 parking lot at 1 p.m. to carpool. The show begins at 2. Tickets are \$25. After the show, the group will go to a local restaurant for an early dinner or a late lunch. People are welcome to give Pollack recommendations on nearby restaurants..

People can RSVP and sign up to carpool by emailing Pollack at *murrjet@yahoo.com*.

There will be a pizza and game night on Oct. 29 at 6 p.m.

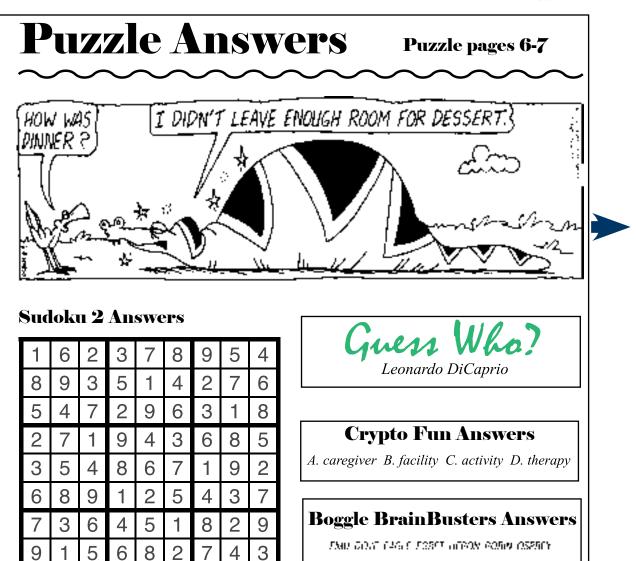
Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

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### **Crossword Answers**

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The Basic Rules of Sudoku: • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed. • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-bers in the course of the game. • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same. • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku nuzzle can be the same. c.acn row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Su puzzle can be the same.
Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

### Jumble Answers

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## LWWEEKLY **First Christian Church**

Leisure World teaches from the Holy Bible verse by verse. It is a friendly church that welcomes all visitors to join and explore God's word together, "that we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

### Pastor's Message

This Sunday, Oct. 22, Pastor Gary Whitlatch will speak about the three themes from Colossians 4.

Whitlach will look at the concepts prayer, wisdom and how to conduct oneself in speech before others. The urgent message from the apostle Paul challenges Christians to remember that they are called upon to be representatives of the Gospel of Christ, and they should continue, persist and devote themselves to prayer.

Paulhimselfwasimprisoned

First Christian Church of at the time he penned the letter to the Colossians. Despite his imprisonment, he spoke to those around him about the "mystery of Christ." He was always ready to proclaim the coming savior as the redeemer and deliverer. Thankfully, the body of believers today have access to these writings and can encourage each other just as Paul did from his cell so long ago.

Weekend Services

Sunday services are traditional from 9:30-10:45 a.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, Beverly Sunday will sing a special music selection.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

> **Midweek Studies** The women's Bible study,

led by Melli Herrera, is held on Mondays from 10:30-11:30 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Pastor Bruce Humes, meets from 10:30-11:30 a m

Pastor Humes also leads the prayer and Bible study group on Fridays from 6-7 p.m.

All are welcome to attend. Scripture of the Week

"O Israel, trust in the Lord; He is their help and their shield," Psalm 115:9.

### Contact

First Christian Church is located on Northwood Road behind Carport 125.

For more information about the church or its services, call the church office line at 562-431-8810. The call will be returned at the earliest opportunity.

### Faith Christian Assembly

There's been a good deal of talk about the increasing cost of things like gasoline and energy as well as other goods and services. Many speculate about how companies are arriving at their prices. The common answer to that question is that a company should charge "what the market will bear," or the highest price that customers will pay. But is the price paid really worth what is received in return?

One thing that is worth the price is the value that the Lord put on the immeasurable worth of the church.

Acts 20:28 makes this powerful statement about the priceless value of the church, "the church of God, which he obtained with his own blood."

Jesus purchased the church, and the price was his own life. Scripture makes it clear that, in light of this, there should be a spiritual paradigm shift in believers. 1 Corinthians 6:19-20 says that in view of Christ's shed blood, believers are no longer their own. They have been purchased, and therefore are called to glorify God in body and spirit.

This involves a shift in perspective in the way that believers live. In view of his blood, which has been shed for the church, believers should guard and defend it because it was bought at the highest price in the universe. If the Lord Jesus loved the church so much that he gave himself for it, shouldn't believers be willing to deny themselves for it?

Faith Christian Assembly is located at 13820 Seal Beach Blvd., on the corner of Seal Beach Boulevard and St. Andrews Drive. LW Residents and their families are welcome to join.

In addition to the regular Sunday service times of 10:30 a.m. and 5:30 p.m., Faith Christian Assembly holds a pre-service prayer at 5 p.m. on Sundays. The midweek Bible Study is held Wednesdays at 11 a.m. GriefShare meets every Thursday at 6 p.m. in the Garden Room.

To receive a free newsletter or more information on the church, call 562-598-9010 or visit www.FCAchurch.net.

many generous LW residents who donated food at the recent food drive. All food donations were picked up by the Long Beach Rescue Mission, which expressed its deepest gratitude to this community. The church continues to add new members. Recently, Community Church held another Pizza with the Pastor in the fellowship hall. Those who had questions about the church were able to come and meet Pastor Johan Dodge and other leaders of the church.

Community Church's Missions Team would like to thank the

One of the first things one notices when traveling abroad is the exchange of money and the inherently nagging question of where to get the best rate of exchange. Even the issue of exchange was something that had to be dealt with the time of Jesus. Community Church will look at this exchange and the laws around the coins with their image of the emperor on them. This questioning of Jesus can inform believers' own lives and the choices that they make today.

Those who are looking for fellowship are welcome to join worship this Sunday, Oct. 22, at 9:50 a.m., followed by a time fellowship and light refreshment. Come early for a cup of coffee in the narthex. The church is located inside Leisure World at 14000 Church Place. People can also watch the service live on Facebook @CommunityChurchLeisureWorld and Zoom. Contact the church office for the Zoom link.

Those who have a need without another way to address it can call the church office at 562-431-2503.

### Assembly of God

Vince Lombardi said, "Perfection is not attainable, but if we chase perfection, we can catch excellence."

What would it look like for a church to chase perfection and catch excellence? Pastor Chuck Franco will present a message titled "An Excellent Church," from Acts 2:41-47, on Sunday, Oct. 22.

An excellent church has

church to be.

The Hymn Sing will be held on Sunday, Oct. 22, at 6 p.m. in the Clubhouse 3 Lobby. Join LWers and friends in singing favorite hymns and enjoy a short devotional, followed by fellowship.

The Bible study group has just wrapped up "The Ten Commandments." There will be a one week break before a a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is at 6 p.m. on the fourth Sunday night of each month in the Clubhouse 3 Lobby.

For more information, visit lwassemblyofgod.com, or Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. Contact the church office at 562-357-4360 or pastorchuck@lwassemblyofgod.com for more information.

### LW Baptist

Baptist pastor Cleavant Derricks, now in various gospel music halls of fame, wrote and sang with his family "Just a Little Talk with Jesus," along with 300 gospel songs. The sentiment, "Brethren, Pray for Us," echoes in another spiritual, "Standin' in the Need of Prayer." The Bible includes praying for one another as one of the expressions of Christian affection, along with an embrace, sharing the promises of God's Word, and giving a blessing in the name of the Lord Jesus Christ.

LW Baptist will meet at 10 a.m. on Sunday, Oct. 22, in Clubhouse 4 to remember, "Now that you have purified yourselves by obeying the truth so that you have sincere love for each other, love one another deeply, from the heart," (1 Peter 1:22). Worship continues with the songs "Open Our Eyes Lord" and "Make Me a Channel of Blessing." For more information, call 562-430-8598.



LW Community Church members collected the generous food donations from LW residents on Oct. 12.

## **Community Church**

several noteworthy attributes that set it apart from powerless, lackluster gatherings. Discover what scripture compels the

new study begins on Nov. 1 at 10 a.m.

Leisure World Assembly of God meets Sundays at 10:30

LW Korean Community Church

Leisure World Korean Community Church (LWKCC), led by Rev. Dr. Jang Young Yong, will observe Reformation Sunday on Oct. 22.

Rev. Dr. In Soo Kim, former president of Presbyterian Theological University of America, will lead the service and deliver a sermon on Romans 1:16-17, "Principles of Church Reform."

Pastor Kim served as a professor of church history at the Presbyterian Theological University in Korea and as president of the Presbyterian Theological University in the Americas. His manybooks include "History of the Korean Church."

Due the current war, LWKCC's planned tour of Israel's holy sites was postponed.

LWKCC is a nesting church of LW Community Church, which is at 1400 Church Place. Sunday worship is held every week at 11:50 a.m. in the sanctuary.

The weekly morning prayer meeting is held at the sanctuary

at 6 a.m. on Tuesdays-Saturdays under the guidance of the pastor.

Every Saturday morning service is followed by breakfast in the fellowship room.

Every other week, LWKCC holds a seminar on how to use a smartphone in the praise room, with Elder Yoo Jeong-hoon and ordained deacon Lee Kun-soo. For more information about the church and its services, call 714-323-0897 or email revyong@hanmail.net

# **Redeemer Lutheran & St. Theodore's**

Soon it will be the 20th Sunday after Pentecost, and Kelly Frankiewicz, M. Div., will preach on the Gospel from Matthew 22:1-14 on Sunday, Oct. 22 at 10:30 a.m. Jerry Brady, president of Redeemer, will be the worship leader. Kay Pushman will read the holy Scripture. Susan Sinner will sing "Soli Deo Gloria" joined by the choir.

The altar flowers are given by Phyllis Mackey in memory of her wedding anniversary. Join Redeemer Lutheran after the service for fellowship and coffee after the service in the conference room.

## **Buddha Circle**

Buddha Circle will meet on Saturday, Nov. 4, in Clubhouse 3, Room 1, with Ven. Kusala from 9:30-11 a.m.

Ven. Kusala is well known in the Buddhist community and presents Buddhism in simple ways.

For more information, contact 714-468-6887.

# CLASSIFIEDS

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A FRIEND AND A TRUCK Your-Friendly-Movers! Weoffer-Hauling-service-too. Any size job! Call/310-387-2618.SB Business License RO263644. Exp 1/03/2024

### MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE Buying Furnishings/Wrought-Iron/Rattan/1960s-Modern/Artwork/Rugs/Statutes/Tiki/Jewelry/ Vintage-Clothing/Miscellaneous-Collectibles, ETC. 562-243-7229 Exp 11/08

### MISCELLANEOUS FOR SALE

Coins, Comics, First Day Cover Stamps, Misc. Appointments ONLY Monday-Friday. Call 562-594-3975. Exp 11/08

Whirlpool 21 cubic feet sideby-side refrigerator with/icemaker and water-dispenser. 66-5/8 Height, 32-3/4 Width, 33-5/8 Depth.IN-GREAT-CONDITION. \$300/OBO/Mutual-3. Please call 562-296-5852.

32" Samsung TV • DVD Player • 52" Remote Ceiling Fan. \$50 EACH. (310) 991-6626

Huge Moving Out Sale. Thursday/ October-19th & Friday/October-20th, 9:00am-3:00pm. 13680 Eldorado Drive, Mutual-3/ Apartment-33E.across from CH2. Many-Electric/Electronic-Toolsand-Parts/Wall-Clocks/Dollies/ Patio-Chairs/Table-Lamps/Ham-Radios/Greek-Ancient-Statutes/ Small-Table/Decorations-and-Gifts/Vacuum-Cleaners/Toasters/ Kitchen-Items/Holiday-Gifts/12V-

### How to Place a Classified Ad:

Classified ads may be ordered over the phone by calling (562) 431-6586, extension 383, or (562) 430-0534; emailed to debbiek@ lwsb.com (staff will call back for payment information and ad confirmation) or in person at the LW Weekly office, 13521 St. Andrews Drive (two-story white building at the Amphitheater complex). The office is open Monday-Friday from 8:00a.m-4:00p.m.

### **Classified Rates:**

*Residential Rate:* Classifieds are \$8 for 12 words or fewer; each additional word is 25 cents.

*Non-residential rate:* Ads start at \$12 for 12 words or fewer. Discounts are available for ads that run at least four weeks in a row without changes. Payment must be made at the time the ad is placed.

### Deadline:

The LW Weekly classified advertising deadline is Monday at 12:00 p.m. for that week's Thursday edition. Deadline changes due to the holidays will be printed in the LW Weekly.

### For Information:

For more information, call (562) 431-6586, ext. 383.

LW Weekly classified ads are online at **LWWeekly.com** and **lwsb.com**.



### SKYLIGHT SERVICES

SKYLIGHTS CLEAN AND REPAIR. Licensed and insured. Dan (562)-841-3787 Exp 12/27 SB Business License BRA0002

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. Exp 11/29

Read the paper online! www.lwsb.com/newspaper **CHRISTIAN HOME CARE** Experienced, knowledgeable caregivers. Honest/Assertive/ Fluent-English. Hourly/Full-Time, doctor-appointments, errands.Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 1/31/2024

MOST AFFORDABLE RATES with/optimum service, 30-years LW experience. Licensed, Reliable, HonestCaregivers.24-hours/ Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 1/17/2024

EXPERIENCED CAREGIVER Over 25+/years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call Pampet/562-371-4895. SB Business License PAN0003. Exp 1/03/2024 Installed at your residence. Call Frank 562-743-3832. #779642 State Contractor License. Exp 11/22

### ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/03/2024

2016 YAMAHA Golf-Cart with folding/rear-seat \$5,300.Call/Text for photos or appointments to see it. Susie/714-737-0884 OR 310-980-7110/Maggie.

Solid CLUB-CAR Brand 2-Seater Golf-Cart. 2021 Battery with very little usage. Heavy-Duty Charger & Parcel Shelf in rear, \$1,800. Call/213-446-1448

Need Classified Help?

debbiek@lwsb.com

Scooter-Battery and MORE. 562-386-6070.

### LEISURE WORLD CARPORT WANTED

WANTED Carport-Space to Rent near Mutual-3. Call/562-296-5852.

### FREE ITEM

Antique roll top desk. Excellent condition. Call Bernie (310) 363-5803. Mutual-15/Unit-29B.

Classified deadline is <u>12:00 p.m.</u> <u>Monday,</u> for Thursday's publication 23 Years LW Experience DRE#02111452 *"I Have Your Best* 

"I Have Your Best Interest at Heart

# Now Offering Notary Services



Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.

## 2022 Escrows

8-178D	\$582,000	14-12A	\$560,000
5-70F	\$520,000	6-64A	\$272,000
7-170K	\$342,000	15-11Q	\$350,000
8-195B	\$480,000	12-55E	\$295,000
2-62C	\$225,000	2-39A	\$310,000
6-130K	\$300,000	17-110B	\$475,00

### Leisure Living Resales





**Kristin Duncan** 562-480-1465 **Office Manager** 





562-754-5628

**Robin Gray** 562-209-5605

Jasmine Elisha 949-522-1618





**Gloria Hadley** 562-884-3594



**Edwina DiMario** 562-706-7999





**Rosie Wang Davis** 626-623-9929





Seal Beach, CA 90740 BRE 00338699



(562) 431-2149 13926 Seal Beach Blvd. Seal Beach, CA 90740



Claudette "CC" Cooley 310-484-9600

# BERKSHIRE HATHAWAY HomeServices

California Properties



### Leah Perrotti 310-889-6583

# **One-Bedroom**

Mutual 3 - 29K \$229,000 Central location with convenient parking.

# **Two-Bedrooms**

Mutual 8-196B \$324,000 Newly enclosed patio w/Acrylic UV windows



**Bill Berman** 714-606-5258

Chris Kim

424-247-4542



# Specializing in the LW Community 562 618-9940 562 884-3594 Yes we are SISTERS



Kathy Gupton Associate Broker DRE # 00744676



Sean Wood Realtor®

## DRE# 02186926

# Mutual 3-29K \$229,000

Available one bedroom one bathroom cottage located on the street for drive-up convenience. This terrific one bedroom has a spacious living room with added heat pump & air conditioning and laminate plank flooring. The kitchen has white cabinets, built in Leisure World appliances including a stove, oven, refrigerator, laminate plank flooring and a ceiling fan. The bedroom has laminate plank flooring and a wardrobe closet. The bathroom has a cut down shower for walkin convenience. The central location allows you to walk to downtown Leisure World, as well as the 9-hole 3 par golf course, swimming pool, Jacuzzi, gym, amphitheater, post office and health care center. Located in the lovely resort-like community of Leisure World Seal Beach featuring over 200 clubs, organizations and activities including 6 club houses and features table tennis, wood working shops, billiards rooms, bocce ball court, shuffleboard, library, card and exercise

groups, sewing, craft and art rooms, picnic area with BBQ, and so much more. Enjoy the quaint downtown area of Seal Beach, the morning sun, and the wonderful ocean breezes.

# New Listing!

562 **514-6613** 





Gloria Hadley Realtor[®] DRE # 01057681

# PENDING

Mutual 1-26B

SOLD 2023

Mutual 8-188C Mutual 1-30K Mutual 1-207C Mutual 11-267C Mutual 1-26L Mutual 1-268F Mutual 4-50F Mutual9-212C Mutual6-143A Mutual 9-225C Mutual 9-230D Mutual 11-283D Mutual 4-51D Mutual 8-189D

# Mutual 2-26C \$343,000

This unique and elegant home. This home has many desirable upgrades. It is a 2 Bedroom, 1 bathroom that is light and bright and ready to move in. The spacious Living Room opens into a designer Kitchen. that features a stainless steel refrigerator, dish washer, induction stove top with a stainless steel vent and hood, quartz counter top, tile back splash, extra large sink with stainless steel shelves above, a reverse osmosis system and a large skylight that is double pane and solar operated with a remote control ad is complemented with a stylish light fixture. The main bedroom, second bedroom and living room all overlook a private screened in patio that features tile floor, a walk-in storage cabinet, skylight and a beautiful view of the Greenbelt and adds an additional 400 sq. feet of living space. The home also features Deluxe vinyl flooring through-out and an added camera system. Enjoy the lovely beach town of Seal Beach and the wonderful ocean breeze it has to offer.



# Mutual 1-251 \$229,000

Great Location! Pretty View! Lots of Trees! Enhance the desirability of this one Bedroom one bathroom cottage with a terrific Greenbelt view. Move in and make this property your own. The spacious Living Room has a heat pump and air conditioning. The Kitchen has built-in Leisure World appliances including a stove, oven, refrigerator and a skylight that opens. Bedroom is carpeted and has a wardrobe closet. The Bathroom has a cut-down shower for walk-in convenience and a skylight with dome that opens. Located in Leisure World Seal Beach a resort like community with over 200 clubs, organizations and activities, including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, amphitheater, Bocce ball, Shuffle board, Wood working, sewing, arts and crafts, Library, Healthcare and so much more. This property is located in the unique beach town of Seal Beach. Move-in and enjoy the delightful ocean breezes.





# SOLD 2022

Mutual 14-17B Mutual 8-188H Mutual 8-189B Mutual 2-40J Mutual 2-49B Mutual 2-17G Mutual 9-59G Mutual 6- 117L Mutual 15-39A Mutual 10-258H Mutual 6-1351 Mutual 10-258B Mutual 1-31E Mutual 5- 117L Mutual 12-61C Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-2861 Mutual 5-117G Mutual 2-46H Mutual 1-67E Mutual 4-49G Mutual 8-183G Mutual 11-285D Mutual 9-216H Mutual 7-164L Mutual 2-6G Mutual 11-285A Mutual 11-263A Mutual 4-49B Mutual 8-201L Mutual 2-6L Mutual 7-165E

# **Mutual 11-273L**

# \$349,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting.



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 13926 Seal Beach Blvd.,Seal Beach, CA 90740 (Behind Carl's Jr.)



CAROL GASPER, Resident Realtor & NICK MONTEER, Broker Lic# 01276484, 01927606

562.716.1547 562.280.4631 gcarol1966@gmail.com nicholasmonteer@gmail.com

10/16/2023 - Year To Date MLS Activity

📕 For Sale 🔄 In Escrow 📗 Closed Sale



www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

# For 2023, We have a total of <u>72</u> pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1200 Canoe Brook Dr #19D | M3 | \$359,000 Pristine 2bed/1bath with wrap around custom tiled patiol AC heat pumps in bedroom and living room, newer wood floors throughout. Kitchen equipped with dishwasher and microwave. Dual pane windows with shutters throughout!



13199 EL Dorado Dr #208D | M9 | \$359,000 2Bed/1bath interior location with full expansion. Tile floors throughout and skylights in the kitchen and bathroom. Large bay window in living room. Walk-in closet in main bedroom with a formal dining room area!



13110 Seaview Ln #245F | M10 | \$449,000 Corner partially expanded 2bed/1bath drive-up and greenbelt location with dual pane windows, skylights, central AC, outdoor storage closet, tiled patio, walk-in closet!



13381 Del Monte Dr #28I | M14 | \$349,000 2Bed/1bath fully expanded unit with windows across the front of the home. Dining room, AC heat pumps, skylights throughout, laminate floors, microwave, and large additional storage closet.

80

60



1541 Northwood Rd #273C | M11 | \$450,000 Fully expanded 2bed/2bath with dual pane bay windows. Laminate and tile flooring throughout, Outdoor and interior storage with central HVAC. Skylights galore and stackable washer/dryer!



13751 St Andrews Dr #33B | M1 | \$224,000 Redone 1bed/1bath interior unit with nice patio complete with engineered flooring and newer tile in kitchen and bathroom. Kitchen is also equipped with updated appliances.

On October 16th, 2023 a total of 43 units show as active listings on the CRMLS (this is where Realtors list property for sale)

6 - 1 bedroom/1 bath units from \$224,000 to \$279,000

20 - 2 bedrooms/1 bath units from \$310,000 to \$500,000

17 - 2 bedrooms/2 baths units



Are you looking for a BOO-tiful home this fall? Don't be spooked by the real estate market...On Site Home Sales is here to help! Our real estate services are all treats- NO TRICKS! Come by our office anytime to speak with an expert Realtor®, we are open 7 days a week!



M11 - 273K \$329,000 Beautiful and Bright 2 bedroom 1 bath in a private location



M15 - 21P \$390,000 2 Bedroom 2 Bath Expanded Upstairs Unit

M5 - 111C \$315.000 Beautifully Staged 2 Bedroom 1 Bath in Desirable Mutual 5!!



M12 - 63G \$485,000 Spacious Fully Expanded 2 Bedroom 2 Bath Corner with Washer/Dryer!



M2 - 30F \$629,000 Breathtaking 2 Bedroom 2 Bath Remodeled Corner!!



M15 - 21L \$319,000 Large Expanded Upstairs unit overlooking a Greenbelt



M6 - 1361 \$399,000 Cute Expanded 2 Bedroom 1 Bath greenbelt









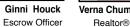
M14-32H - \$429,000 Two Bedrooms,1 Bath, Fully Expanded







Dawn Januszka Broker



Verna Chumley John Webster **Realtor**®

Mike Varipapa Realtor®



M15 - 14Q \$329,000

Fully Expanded 2 Bed 2 Bath Upstairs Unit with

Vaulted Ceiling

Kim Jbeili **Realtor**®

Tony Accetta **Realtor**®

Sally Angell Realtor®



Suzanne Fekiar **Bealtor®** 

Terri Walters

**Realtor**®

Elana Torres

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Giving Back to the Community on Every Real Estate Transaction!



