

A G E N D A
PRESIDENTS' COUNCIL

November 1, 2023

Meeting Begins at 1:30 p.m.

Clubhouse Four / YouTube Live / Zoom

TO ATTEND IN-PERSON: All Shareholders can attend in person at Clubhouse Four.

TO ATTEND YOU-TUBE LIVE: All Shareholders can attend via YouTube Live at <https://www.lwsb.com/>

TO ATTEND VIA ZOOM: Only Presidents and Invited Guests can attend via Zoom.

1. CALL TO ORDER / PLEDGE OF ALLEGIANCE

2. ROLL CALL / INTRODUCTION OF EACH PRESIDENT'S GUEST

3. INTRODUCTION OF GUEST(S) AND STAFF:

Marsha Gerber, GRF President
Tarah McNulty, Project Manager – Alzheimer's OC
Toni Shapiro, LCSW, CMC, Social Work Supervisor, Memory Support Services
Jessica Sedgwick, Executive Director
Mark Weaver, Sr. Director of Facilities
Kevin Black, Physical Property Manager
Rosie Estrada, Stock Transfer Manager
Robann Arshat, Member Resources Liaison
Ripa Barua, Sr. Portfolio Specialist

4. APPROVAL OF MINUTES FOR MEETING

- a. Approval of the regular meeting minutes of October 4, 2023 (pp. 3-5)

5. GUEST SPEAKER

Robann Arshat, Tarah McNulty, & Toni Shapiro

- a. Discussion on Dementia Gate Keeper Training (pp. 6-7)

6. SR. DIRECTOR OF FACILITIES DIRECTOR & PHYSICAL PROPERTY MANAGER

- a. General updates on projects in the community **Mark Weaver & Kevin Black**
b. Update on Fenn

7. MUTUAL ADMINISTRATION DIRECTOR

- a. Stock Transfer Monthly Updates **Rosie Estrada**
b. Mutual Administration Monthly Updates **Ripa Barua**

8. COUNCIL BUSINESS

- a. **Unfinished Business**
i. No Unfinished Business

b. **New Business**

- i. Review of Election Material (**handout**)
- ii. December Presidents' Council Meeting Cancelled

Ripa Barua

9. **PRESIDENTS' COMMENTS**

10. **ANNOUNCEMENTS:**

- a. **Next Meeting** - Wednesday, January 3, 2023, at 1:30 p.m. in Clubhouse Four/ via Zoom/
YouTube Live

11. **ADJOURNMENT**

**MINUTES OF THE REGULAR MONTHLY MEETING
OF THE PRESIDENTS' COUNCIL
LEISURE WORLD SEAL BEACH
OCTOBER 4, 2023**

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach was convened at 1:30 p.m. by President Dolch, on Wednesday, October 4, 2023, via Clubhouse Four and Zoom Tele-Video Conference.

INTRODUCTIONS/ANNOUNCEMENTS

President Dolch welcomed guests and staff to the meeting; each President introduced their invited guest from their Board.

MEMBERS

MUTUAL THREE	Ms. Carol Ginthner
MUTUAL FOUR	Mr. Dan Conley
MUTUAL FIVE	Ms. Linda DeRungs (via zoom; entered at 1:35 p.m.)
MUTUAL SIX	Ms. Lynn Baidack
MUTUAL SEVEN	Ms. Beth Vroon
MUTUAL EIGHT	Ms. Jeri Dolch
MUTUAL NINE	Ms. Beth Mayer
MUTUAL TEN	Ms. Ruthann Arlart
MUTUAL ELEVEN	Ms. Peggy Beste
MUTUAL TWELVE	Mr. Rich Carson (via zoom)
MUTUAL FOURTEEN	Mr. Jack Nevin
MUTUAL FIFTEEN	Ms. Barbara Keenoy
MUTUAL SIXTEEN	Mr. Dale Watkins
MUTUAL SEVENTEEN	Ms. Cathy Gassman

GUESTS

MUTUAL FOUR	Mr. Sam Cross
MUTUAL SIX	Ms. Susan Hopewell (via zoom)
MUTUAL EIGHT	Ms. Sandy Weisenstein
MUTUAL NINE	Mr. Bob Walz
MUTUAL ELEVEN	Ms. Beth Greeley
MUTUAL TWELVE	Ms. Susan Ferraro
MUTUAL FIFTEEN	Ms. Lois Corrigan
MUTUAL SIXTEEN	Ms. Loni Gardette
MUTUAL SEVENTEEN	Mr. Keith Goodner

ABSENT:

MUTUAL ONE	Mr. Dan Weber
MUTUAL TWO	Ms. Teri Nugent

STAFF & GUEST SPEAKERS

Mark Weaver, Sr. Director of Facilities
Jodi Hopkins, Mutual Administration Director
Eloy Gomez, safety Manager
Ripa Barua, Sr. Portfolio Specialist (via zoom)

MINUTES

Presidents' Council meeting minutes of September 6, 2023, were approved, by the Council, to stand as written.

GUEST SPEAKER

Safety Manager, Eloy Gomez, provided an update on the "Great California Shake-Out". The next Great California Shake-Out is scheduled for October 19, 2023 at 10:19 a.m.

Following questions, Mr. Gomez left at 2:10 p.m.

SR. DIRECTOR OF FACILITIES

The Sr. Director of Facilities, Mark Weaver, provided updates on general projects in the community.

Following questions, Mr. Weaver left the meeting at 2:18 p.m.

MUTUAL ADMINISTRATION DIRECTOR

The Mutual Administration Director, Jodi Hopkins, provided updates in the Mutual Administration Department and the Stock Transfer Department.

UNFINISHED BUSINESS

No unfinished business.

NEW BUSINESS

No new business.

PRESIDENTS' COMMENTS

The Presidents offered comments during the proceedings of the meeting.

ANNOUNCEMENTS

- **Next Council Meeting: Wednesday, November 1, 2023, at 1:30 p.m., at Clubhouse Four, Zoom Tele-Video Conference and YouTube LIVE.**

ADJOURNMENT

President Dolch adjourned the meeting at 2:28 p.m.

Attest, Beth Mayer Secretary
PRESIDENTS' COUNCIL
RB 10/4/2023

DRAFT

SUPPORTING PEOPLE WITH DEMENTIA: TIPS FOR GOLDEN RAIN FOUNDATION GATEKEEPERS

Who is a "Gatekeeper"?

Gatekeepers include community members, volunteers and service providers who come into contact with older adults who are isolated and at risk.

The role of a gatekeeper

- You are a valuable and important set of eyes and ears and provide meaningful and regular interactions for isolated older adults.
- It is not uncommon for older adults to be protective of their privacy and independence. However, they may agree to assistance offered by someone they know and trust.
- You as a gatekeeper can help preserve quality of life and independence for older adults, by recognizing and referring those who need more support.



What does it mean for an older adult to be at risk?

- Older adults may live alone with little to no support and experience social isolation. These individuals may be at risk for safety and health concerns, and may lack family or friends to provide assistance or monitoring as they experience difficulties with day to day activities.
- Older adults who have Alzheimer's disease or a related dementia may be at risk for self-neglect, unmet care needs, unmet medical needs, home safety concerns and financial abuse.



About Alzheimer's Disease and Related Dementia (ADRD)*

Dementia is an umbrella term that refers to a collection of symptoms caused by different diseases of the brain- the most common being Alzheimer's Disease. Dementia is about more than just memory loss and confusion. There are changes in the brain that contribute to changes in personality, behaviors, communication, and ability to navigate day to day tasks.

**All Memory Support Team referrals can be made to Roberta Ann "Robann" Arshat, Golden Rain Foundation Member Resource Liaison at: Phone: (562) 431-6586, ex. 317
Email: robertaa@lwsb.com**



Alzheimer's OC | 2515 McCabe Way, Suite 200, Irvine, CA 92614
Helpline 844-373-4400 | www.alzoc.org

CREATING EFFECTIVE OUTCOMES TOGETHER

Every person experiencing cognitive changes deserves a partner to help them along the way.

Our organization helps thousands of individuals and families every year through a multitude of services and resources.

Don't wait for a crisis. Seek support early to take control over your future and make the road ahead smoother.



WHY SEEK SUPPORT?



Hyperlocal support
right in your community



Multiple services
offered at no cost



Expert help
from a dedicated team
prepared to make a difference

EXPLORE ADDITIONAL ALZHEIMER'S ORANGE COUNTY SERVICES



SCAN HERE

- » **Helpline: 844-373-4400**
Find answers to your questions.
- » **Early memory loss services**
Learn how to live well and plan ahead.
- » **Caregiver support groups**
Connect with others like you.



This project is supported in part by grant number ACL-90ADPI0096, awarded to Alzheimer's Orange County, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

Have questions?
Contact us today.

Helpline: 844-373-4400 | www.alzoc.org
info@alzoc.org

Leisure World Seal Beach Memory Support Team

A program of Alzheimer's Orange County



LIFE IS EASIER
WITH A TEAM

SIGNS OF COGNITIVE DECLINE

Are you or a family member experiencing any of the following?

- Memory loss that disrupts daily life _____
- Challenges in planning or solving problems _____
- Difficulty completing familiar tasks at home, at work or for leisure _____
- Confusion with time or place _____
- Trouble understanding visual images and spatial relationships _____
- New problems with words in speaking or writing _____
- Misplacing things and losing the ability to retrace steps _____
- Decreased or poor judgement _____
- Withdrawal from work or social activities _____
- Changes in mood and personality _____

**OVER 164,000 PEOPLE IN ORANGE COUNTY
ARE AFFECTED BY DEMENTIA OR MILD
COGNITIVE IMPAIRMENT**

OUR TEAM IS READY TO HELP YOU

✓ Identify Cognitive Changes

We can help you identify possible changes in cognition and utilize a first-step approach to get started on the right track.

✓ Get educated and get resources

Discover information and resources that can equip you with what you need.

✓ Schedule a Care Consultation

Get expert guidance to learn, plan and get support matched to your family's needs.

✓ Make Care Easier Together

Our team offers support through no-cost care coordination, behavioral management, and assistance with other vital areas of care.



What is the Memory Support Team?

Located in **Leisure World Seal Beach (LWSB)**, the Memory Support Team is a support, education, and care coordination collaboration with individuals living alone with dementia or care partners.

The team includes Care Team Navigators (CTN's), licensed clinical social workers, gerontologists, and pharmacists. Together, they provide support and care management **for residents of LWSB.**

What Services Does the Memory Support Team Provide?

- Mind Checks (Memory Screenings)
- Brain Health Education
- Memory Training
- Safety Assessments
- Caregiver Support & Education
- Medication Reconciliation
- Behavior Management
- Decision Making
- Advanced Care Planning

