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ARTS AND CRAFTS FESTIVAL THIS FRIDAY AND SATURDAY

See page 3.



RECYCLE BATTERIES THIS MONTH

See page 23.



MEDICARE OPEN ENROLLMENT IS NOW

See page 25.

GRF BOARD HIGHLIGHTS



Notices were posted around Leisure World to warn residents that West Nile virus was recently detected in the area.

OC VECTOR CONTROL

West Nile Virus detected in LW

West Nile Virus has been detected in mosquitos in Leisure World. People may notice Orange Mosquito and County Vector Control District signs on their daily walks, reminding them how to mitigate mosquito production and protect themselves from infection.

WEST NILE, page 8

TURN BACK THE CLOCK

Daylight saving time ends Sunday

Daylight saving time will end Sunday, Nov. 5, at 2 a.m., gaining one hour to accommodate more daylight in the mornings. Clocks will fall back one hour at 2 a.m.



Emma DiMaggio

Library Manager Taylor Greene is thrilled to see updates to the library. The library will set up temporary accommodations during the renovations so people can continue to check out materials.

Renovations on the way for library, and more

Remodeled pharmacy, EV stations and food distributions to come

by Ruth Osborn communications director

The Golden Rain Foundation Board of Directors deferred a report on the 1.8-acre site, approved several capital projects and tweaked policy revisions in a marathon 3.5-hour meeting Oct. 24 in Clubhouse 4. Among the highlights was a report by Victoria Batistelli, the director of group

operations at Optum, who told the board that the new pharmacy is now undergoing an extensive remodel. It is expected to open at the beginning of the year and will have expanded food sales. The grocery area will be separate from the pharmacy and may not be added until shortly after the pharmacy opens. Optum has not yet secured a grocery supplier but is working on it. The other big news is that the LW Library, which has an inventory of about 40,200 materials, will get a \$110,618 facelift, the first in 20 years, at the beginning of 2024. A couple of board members questioned if the renovation is urgently needed. “We need to maintain this particular

facility,” said GRF Director Janet Isom representing Mutual 16, citing its worn look and its universal popularity among residents. GRF Vice President William Thompson from Mutual 5 agreed: “This is a reserve expenditure. Reserve expenditure is money that has already been saved for this purpose. By not spending it for this purpose, we haven’t saved any money because this is the only thing this money can be spent on. It is spending money that shareholders in the past have already saved for this purpose.” The library will be closed for at least six weeks while the renovation project is carried out. An exact start date has not been determined, but the project

BOARD, page 8

GRF STAFFING

Meet GRF’s new Mutual Services manager

by Ruth Osborn communications director

The Golden Rain Foundation welcomed Dave Potter, CCAM, CMCA, AMS, as the executive manager of Mutual Services starting this week. He was brought on board to fill the position vacated by Mallorie Hall, who was senior director of Member Services. After a year of dedicated service to the GRF, Hall stepped down to pursue new opportunities. She remained with the GRF to navigate the critical budget season and ensure a seamless transition for Potter. “With Potter comes an opportunity for us to welcome fresh perspectives and

talents to our organization,” said GRF Executive Director Jessica Sedgwick. “We actively recruited to fill the position, and I believe we have found the right person to ensure the continued excellence of the Member Services division.” Though the job title has changed to reflect Potter’s more comprehensive role in the company, there will be no related budget impacts. Potter brings to Leisure World nearly two decades of professional experience managing homeowner associations throughout Southern California. Most recently, he was general manager for a luxury high rise in Orange County. Prior to his career in association

MANAGER, page 8



Dave Potter

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I-405 IMPROVEMENT PROJECT

New toll lanes will affect southbound travel on I-405 from Seal Beach

Travelers on one of the nation's busiest highways are about to see their drive improve as two new regular lanes and the 405 Express Lanes are expected to open to traffic Dec. 1, as part of the Orange County Transportation Authority's I-405 Improvement Project.

In advance of the opening, crews have begun testing the 405 Express Lanes. Testing requires closures of the existing carpool lanes within the project limits.

The northbound I-405 carpool lane will close at SR-73. The carpool lanes in both directions will also close between SR-22 and I-405, and between I-605 and I-405, in early November.

Drivers should expect delays during the closures and are encouraged to use alternate routes if possible. Once testing is complete, the lanes will reopen as part of the 405 Express Lanes.

OCTA broke ground on the I-405 Improvement Project in 2018 to improve travel times and accommodate an expected growth in employment, population and housing throughout the region.

Overall, the project is adding one regular lane in each direction of I-405 between Euclid Street in Fountain Valley and I-605 in Seal Beach as promised to voters through Measure M, Orange County's half-cent sales tax for transportation.



Orange County Transportation Authority

People traveling on the I-605 (pictured) to the southbound I-405 will be able to use a new toll lane with a FasTrak responder.

The project is also making improvements to streets, freeway on- and off-ramps, bridges, sidewalks and bike lanes throughout the cities along the 16-mile project area.

In addition, the project is constructing the 405 Express Lanes between SR-73 in Costa Mesa and I-605 at the Orange County border with Los Angeles County, giving options to carpoolers to travel for free and solo drivers the choice to speed up their commute for a toll.

The 405 Express Lanes is two lanes in each direction in the center of the freeway. Vehicles are required to have a FasTrak

transponder and a valid account with any toll agency in California to enter the 405 Express Lanes, which will provide drivers with a safe, reliable commute, while maximizing the number of cars that travel at free-flow speeds.

Vehicles with three or more people, along with motorcycles and vehicles with designated veterans license plates or disabled person license plates, will always get to travel on the 405 Express Lanes for free with a FasTrak transponder and a valid account with any toll agency in California.

Vehicles with two people

will be able to travel on the 405 Express Lanes for free during non-peak hours when they open.

Solo drivers—and two-person carpools during peak hours—will have the option to pay a toll to use the lanes, helping them reach their destinations more quickly.

Tolls will vary by hour, day of the week, direction of travel and distance traveled, and will be adjusted regularly to ensure a free-flowing commute. Drivers can enter or exit the facility from I-405, SR-73, SR-22 and I-605.

—Orange County Transportation Authority

TRANSPORTATION

GRF Minibus Orientation

A Minibus informational meeting will be held today, Nov. 2, at 10 a.m. in Clubhouse 3, Room 3, to assist LW residents with using the many transportation services available to the Leisure World community.

Minibus informational meetings are held on the first Thursday of every month. No reservations are required.

The GRF Transportation Department provides information on the LW Minibus service as well as the GRF appointment-based Access bus service, equipped with a wheelchair lift for people with mobility challenges.

Information on other local area buses, as well as transportation services to nearby grocery shopping and medical service destinations, is also presented.

Meetings often include information and updates on the City of Seal Beach Senior Shopping Shuttle to Rossmore and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle.

The LW Minibus service is a community transportation service for everyone. Anyone who has a valid pass to enter the community can ride on the LW buses. The only rule is each person must be 18 years of age or older or accompanied by someone who is 18 years of age or older.

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## CINC Training Sessions

The final CINC Portal training sessions of this year will be held on Nov. 13-15 from 11 a.m.-2 p.m. in the Learning Center.

People will learn how to use the portal, what information is available in the portal, how to download the Leisure World app on a mobile device, and how shareholders can register for an account.

GRF transitioned to the software system earlier this year. The new system includes Mutual account history, documents, communications and more payment options for residents.



## Share thanks this season

Practicing gratitude has numerous mental and physical health benefits, and the season that celebrates thanksgiving is nearly upon us. The challenges brought by a world in turmoil weigh heavy at times, but the sun still shines.

The LW Weekly would like to focus on all that makes this community great with a special Thanksgiving feature in the Nov. 23 issue. Residents are encouraged to send in a paragraph or two on something they are thankful for and/or their favorite holiday charities to help someone in need. Send submissions to [emmad@lwsb.com](mailto:emmad@lwsb.com) by Nov. 15.

## ANNUAL ARTS AND CRAFTS FESTIVAL



Emma DiMaggio

The 53rd Annual Arts and Crafts Festival will be held Friday, Nov. 3, and Saturday, Nov. 4, in Clubhouse 2 from 9 a.m.-2 p.m. The festival encourages the creative talents of Leisure Worlders, and people are invited to come out and support their fellow members. Last year, Pauline Breen (I) and Joni Williams sold glittering, hand-painted holiday ornaments.

## Watch out for fake delivery scam during holidays

One scam to look out for this holiday season is phony “delivery failure notification” texts or emails. It might appear to be sent by a real delivery company, like the U.S. Postal Service or a carrier like Amazon, but it’s not.

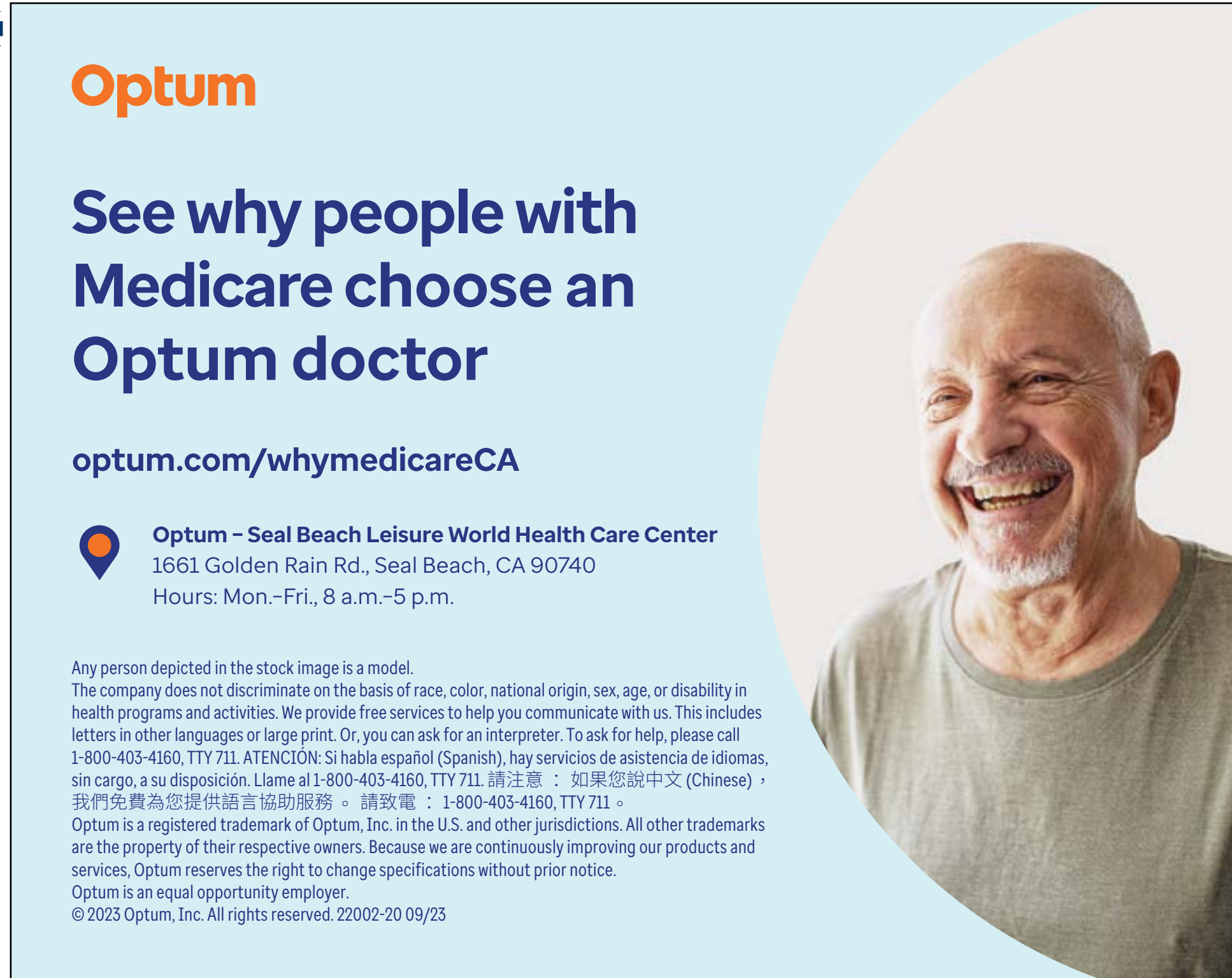
Many of these scams start with a text or email about delivering a package to a person's address. These messages often include a "tracking link" that person is urged to click in order to update their delivery

or payment preferences. This message may also be accompanied by a voicemail message with a call-back number.

While these messages often look or sound legitimate, people should never click a link or call back the number from an unexpected delivery notice. Instead, contact the delivery service or seller directly using a verified number or website. In some cases, a link may open a website that asks for personal information, or

it may install malware on a person's phone or computer that can secretly steal personal information. In others, the call-back number may be answered by a scam "operator" asking for account information or the credit card number used for purchase.

Remember that if something doesn't seem right, it's always a safe choice to hang up or walk away. For more information on scams, visit [consumer.ftc.gov](http://consumer.ftc.gov).



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# PERSPECTIVES

## Letters to the Editor

Editor:

I'm writing as a fellow resident who cares deeply about our community, and the recent changes in our rules have left me feeling uneasy.

One thing that's bothering me is how some new rules seem to be affecting everyone because of a few individuals. It's frustrating to see the majority of us facing consequences because of the actions of a small group. One example is the new parking rule.

I understand the new gate system is meant to keep us safe and control who comes in. However, I wonder if there are better ways to handle those who break the rules. Maybe taking away their access tags could be a more direct approach.

When it comes to getting our new ID tags, I wonder if there's an easier way. Instead of filling out paperwork, why not use an iPad to enter our information directly into the computer? It could help reduce mistakes and speed up the process. Also sharing passwords in writing seems risky. We should explore safer options.

Paying for a second ID tag can be a financial burden, especially for those of us on fixed incomes. It's important to think

about how this affects everyone in our community.

We all want our community to be lively and welcoming. Adding too many restrictions can make it harder for some of our elderly neighbors to stay connected with their loved ones. It's also important to think about privacy and whether some rules from a long time ago still make sense today.

Regarding the parking rules, maybe we could find other solutions, like improving our carport structures, instead of spending money on unnecessary office improvements.

Heinz Schulmeister  
Mutual 3

Editor:

I disagree with a letter (Oct. 19) that the intersection of Golden Rain Road and St. Andrews is dangerous. The writer did not explain what is dangerous about it. The speed limit is 25 miles an hour and turning lanes are clearly marked. There have been a couple collisions there due to operator error. There have also been cars driven into the wash along a straight stretch of roadway. Should we put up rubber bumpers?

The only thing that is dangerous is the diminished capacity of

people who insist on driving past their ability to react. I should know: my aunt of 90 years would not stop driving until (she had) two crashes involving stationary objects. I am still working and do not need an extra 45 seconds of cycle time added twice to my daily commute. If you don't like turns on red lights, you don't have to turn.

I do notice that drivers are not observing the 25 mph limit. Maybe place some speed bumps to slow them down?

I would like to add that AAA.com offers a senior driving class that is excellent. I took the online class, and now I have a discount on my insurance. I was pleasantly surprised at how much I learned. For example, the 10- and two-hand position that we all learned is *not* the preferred and position anymore. Who knew?

David Rettich  
Mutual 4

Editor:

How did the GRF decide to implement a vetting fee for instructors. I'm not looking for blame, but I'm wondering how a fee could be collected before the policy or rule went into effect.

Who directed Recreation to send out letters dated Aug. 17,

2023, to club presidents and instructors and demand payment be made within 10 days?

I've been recently told it was because the glossary of terms was revised, but a person had to make the decision to send out threatening letters.

I looked through old agendas, and the original policy was adopted in January 2023 and meant for construction contractors, not instructors. Somewhere between January and August someone looked at the glossary of terms and declared to someone that instructors were considered contractors. At the September Administration meeting, it was decided all independent contractors were to pay the fee. This was after most, if not all instructors, had paid the fee. Cart before the horse syndrome? How did this happen? Now, these instructors will receive a refund. This costs GRF, us shareholders, money. The process failed. Again, I'm not looking to blame anyone but, of course, for a process to fail, there are individuals involved. GRF should fully understand what happened so this does not happen again.

Linda Herman  
Mutual 12

Editor's Note: GRF staff is

continually seeking ways to recover costs as part of its fiduciary responsibility to shareholders. To that end, all independent contractors working in LW are required to pay a \$150 fee to recover staff time needed to verify they have met insurance requirements to work in LW. In a recent policy review, GRF staff determined that paid instructors used by clubs were conducting business on GRF property, and thus, subject to the \$150 insurance verification fee. A letter explaining that finding and requesting payment was sent out in August to apprise the nine affected clubs. The fee was subsequently discussed at two committee meetings after shareholders questioned it. The GRF Administration Committee added the item to the Oct. 24 GRF Board agenda. The board voted to remove club instructors from the category of vendors and refund the fee to the 11 instructors who paid it.

Editor:

One would think common sense is enough to rely on, but today, on two occasions, bicyclists riding on the sidewalk forced me—a pedestrian—to yield. Since common sense and courtesy seem not to prevail, may I remind my fellow cyclists to yield to pedestrians?

LETTERS, page 21



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# GOVERNMENT

## Recap of Golden Rain Foundation Board Activity, Oct. 24

**Approved consent agenda:** MOVED and approved the minutes of the GRF Board of Directors Minutes, Sept. 26, 2023; Accept the Interim Financial Statements August 2023.

**General—Approve Southern California Edison Easement Request:** MOVED to approve the Southern California Edison request for a 10-foot easement of Trust Property at the alley next to Canoe Brook to install an anchor for pole #1438516E and authorize the President to sign the agreement.

**General—Approval Project Food Box:** MOVED to permit Project Food Box and the Seal Beach Lions Club access to GRF facilities to distribute and sell produce boxes to individuals.

**Capital Funding—Clubhouse 2, Card and Game Room Renovation:** FAILED to award a \$129,800 contract to Hadi Construction for renovating the Clubhouse 2 Card and Game Room, adding a 10% contingency for a total cost not to exceed \$142,780 and authorize the President to sign the contract.

**Capital Funding—Electric Vehicle Charging Stations Plan Check Package Service Maintenance Yard:** MOVED to award a contract to Control Engineering for the Service Carts EV Charging Stations Plan Check Package at the Service Maintenance Yard for a cost not to exceed \$10,770 using Capital Funding and authorizing the President to sign the contract.

**Reserve Funding—Library Replacement of Flooring and Painting Interior and Exterior:** MOVED to award contracts for the Library and Friends of Library buildings to Hutton Painting for the repainting of the interior and exteriors in the amount of \$11,900; to Cornerstone Flooring for the floor replacement at both buildings in the amount of \$44,825; and to Penn to remove and reinstall inventory in the amount of \$43,837, adding a 10% contingency of \$10,056 for a total cost not to exceed \$110,618 Reserve funds and authorize the President to sign the contract.

**Reserve Funding—Replace Unit 12 in Clubhouse 2:** MOVED to award a contract to Greenwood Heating and Air to replace Clubhouse Two's HVAC unit 12 at a cost not to exceed \$9,475 Reserve Funding and authorize the President to sign the contract.

**Reserve Funding—Replacement of Lapidary Kilns:** MOVED to approve replacing two Kilns in Clubhouse 4 at a cost not to exceed \$4,687.01 with a contingency of 10% with funds from Reserves.

**Governing Documents—Amend 30-5020-1 – Organization of the Board:** MOVED to amend GRF Rule 30-5020-1, Organization of the Board, consolidating within it information from 30-5020-1, Committee Structure; and 30-5101-3, Limitation of Term-GRF Officers, and assigning the amended rule the number 13-5020-1.

**Governing Documents—Rescind 30-5024-1–Committee Structure and 30-5101-3—Limitation of Term-GRF Officers:** MOVED to rescind 30-5020-1, Committee Structure, and 30-5101-3. Limitation of Term-GRF Officers.

**Governing Documents—Amend 60-5504-1—Insurance Requirements:** FAILED to amend 60-5504-1, Insurance Require-

ments—Contractors, to affirm that all independent contractors, including non-sectarian instructors who conduct professional activities on Trust property, must pay a set annual fee to verify their adherence to insurance and licensing requirements. If the motion does not pass, those recreation instructors who have already paid the fee shall be reimbursed.

**Governing Documents—Amend 40-5061-2—Fees:** MOVED to amend GRF Rule 40-5061-2, Fees, renaming it Residency and Trust Property Use Fees (TPUF) and changing its number to 14-5061-2.

**Governing Documents—Amend 13-1001-5 – Glossary of Terms:** MOVED to amend GRF Rule 13-1001-5, Glossary of Terms, changing the definitions of "Amenity Fee," "Capital Improvement Fund," and "Trust Property User Fee."

**Governing Document—FINAL VOTE—Amend 10-2000-2—Consolidated Fee Schedule:** MOVED to ratify section 1.3. of Rule 10-2000-2, Consolidated Fee Schedule, standardizing the per-square-foot parking rental charge among all sizes of recreational vehicles.

## Public Comments at GRF Meetings

The Open Meeting Act requires boards of directors to establish reasonable time limits for speakers to address the GRF Board of Directors (Civ. Code §4925(b)). Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers. Pursuant to Civil Code 4930 of the Davis-Stirling Act, the GRF Board is prohibited from answering questions from residents speaking during public comment time at board meetings.

To address the board, submit a comment card at the meeting prior to it being called to order. Residents may email correspondence to the executive coordinator at [grfboardaction@lwsb.com](mailto:grfboardaction@lwsb.com).

## Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Tues., Nov. 7	<b>Mutual 17</b> Conference Room B/Zoom...1:30 p.m.
Wed., Nov. 8	<b>Mutual 4 (open forum 8:30 a.m.)</b> Conference Room B/Zoom...8:45 a.m.
Thurs., Nov. 9	<b>Mutual 12</b> Conference Room B/Zoom.....9 a.m.
Mon., Nov. 13	<b>Mutual 9</b> Conference Room B/Zoom.....9 a.m.
Tues., Nov. 14	<b>Mutual 16</b> Conference Room B/Zoom.....1 p.m.
Wed., Nov. 15	<b>Mutual 5</b> Conference Room B/Zoom.....9 a.m.
Wed., Nov. 15	<b>Mutual 7</b> Conference Room B/Zoom.....1 p.m.
Thurs., Nov. 16	<b>Mutual 2</b> Conference Room B/Zoom.....9 a.m.
Thurs., Nov. 16	<b>Mutual 11</b> Conference Room B/Zoom.....1:30 p.m.
Fri., Nov. 17	<b>Mutual 3</b> Conference Room B/Zoom.....9 a.m.
Mon., Nov. 20	<b>Mutual 15</b> Conference Room B/Zoom.....1 p.m.

## GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Tues., Nov. 7	<b>Facilities Committee Meeting</b> Conference Room A.....10 a.m.
Thurs., Nov. 9	<b>Operation Committee Meeting</b> Conference Room A.....10 a.m.
Tues., Nov. 14	<b>Member Services Committee Meeting</b> Conference Room A.....10 a.m.
Thurs., Nov. 16	<b>Administration Committee Meeting</b> Conference Room A.....10 a.m.
Tues., Nov. 28	<b>GRF Board Meeting</b> Clubhouse 4.....10 a.m.
Thurs., Nov. 30	<b>GRF Board Executive Session</b> Conference Room A.....1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Members will be provided an opportunity to address the committee.

## Grocery shopping on a budget with SNAP EBT cards

Many retailers allow people to use their Supplemental Nutrition Assistance Program (SNAP) Electronic Benefits Transfer (EBT) cards for online grocery shopping. Additional or delivery fees may not be covered by SNAP benefits.

- **Groceries on Amazon:** Look for food items labeled SNAP EBT Eligible on *Amazon.com*. Amazon Prime members get free shipping on orders of any size. Non-members get free delivery on orders of \$25 or more. Shipping fees for smaller orders will not be covered by SNAP EBT card.
- **Amazon Fresh:** Amazon Fresh is available in select cities across the U.S. Many perishable items can be purchased with EBT and delivered within one to two hours.
- **FarmboxRx:** FarmboxRx is a national grocery delivery service. It allows Medicare Advantage and Medicaid members to order fresh produce online using their insurance plan's member benefits. People can check with their insurance provider on eligibility to use FarmboxRx EBT grocery delivery.
- **Instacart:** Instacart is an online grocery delivery service that allows buying groceries at SNAP-participating retailers for delivery or pickup.
- **Walmart.com:** Walmart is currently the only superstore approved to accept SNAP EBT card payments for online grocery delivery and pickup. People can place an order by visiting *Walmart.com* or on the Walmart app.
- **Target:** Target also allows people to use their SNAP EBT card in-store or online at *Target.com*.
- **DoorDash:** DoorDash is an app-based delivery service that allows SNAP recipients to use their EBT card online to pay for grocery delivery and pickup.

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Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
DINNER				
Chicken Pot Pie	Cajun Salmon Mango Cream Sauce	Ground Beef Lasagna Mixed Vegetables	Spaghetti w/ Pancetta Asparagus	Seafood Cioppino Pasta
Cake	Seasonal Fruit	Cookies	Seasonal Fruit	Pie



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Puzzles & Comics

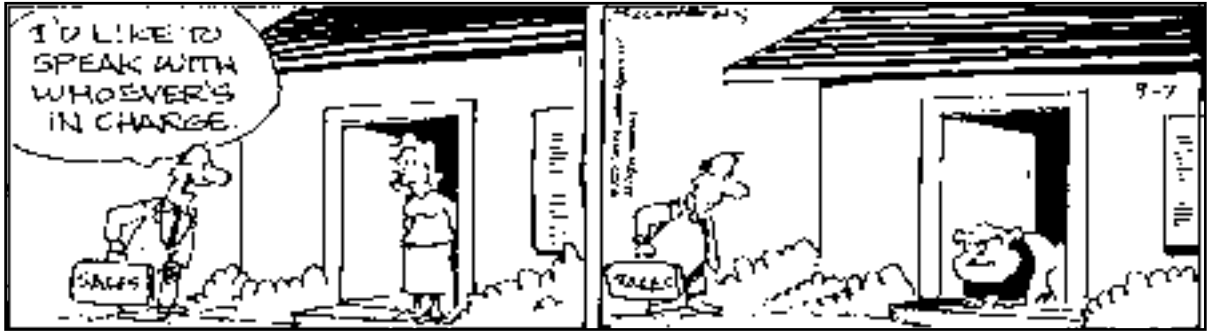
Gasoline Alley



Broom-Hilda



Middletons



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

**"CHANGE THE SUBJECT" BY SUSAN GELFAND & KATIE HALE**

**ACROSS**

1 Word with corn or matzo

5 Fill-in at an office

9 Truly hopeless

15 Org. with badges

18 Director Preminger

19 Thrown in

21 "Clever you"

22 Each and every

23 Tip from a history teacher about how to study WWII?

26 \_\_\_ card: smartphone need

27 Intimate

28 Went fast

29 Radio City Music Hall style

31 Unreturned tennis serve

32 Grover's predecessor

35 \_\_\_ the pot

37 "On a ..." poems

38 Tip from an English teacher about the editing process?

42 "\_\_\_ there, done that"

44 Rapper Dr. \_\_\_

45 Dines

46 3-Down novelist McEwan

47 Desilu co-founder

49 Actress Ward

52 Observed Ramadan, say

55 Question of identity

58 Make a difference

60 Tip from a gym teacher about how to win at tug-of-war?

63 Get more out of

65 Nonprofit URL ender

66 Make money

67 Tiny organism

71 Atlanta pitcher Kirby

74 Sandal feature

76 Botanical balm

77 Hosp. areas

79 Charlie Parker's instrument

81 Tip from an astronomy teacher about how to set up telescopes?

85 Some flower girl candidates

90 "Stay With Me" singer Smith

91 Invisible

92 Great flood protagonist

94 Baseball deal

95 Western treaty gp.

97 Stuck in \_\_\_

99 MMA calls

101 Big-screen format

102 Tip from an accounting teacher about calculating profits and losses?

109 Pie crust ingredient

110 "Anything \_\_\_?"

111 Prepare for a comeback tour

112 Reproductive cells

115 Google oneself, perhaps

117 Downright nasty

118 Caged copycat

120 Successful show letters

121 Tip from a math teacher about working with squares and cubes?

126 Shorten, as a skirt

127 Venezia's land

128 Skin soother

129 Sheltered from the wind

130 Thumbs-up

131 Former Seattle team, familiarly

132 Tide type

133 Colorado's \_\_\_ Verde National Park

**DOWN**

1 Chocolate coffee

2 Moral code

3 Booker Prize-shortlisted novel made into a film starring Keira Knightley

4 Booty

5 Grew molars, say

6 Prefix with thermic

7 Any of the Rockies: Abbr.

8 Magic word

9 Little bit

10 Droid

11 Stick (out)

12 Log-shaped pastry

13 Shirley Temple garnish

14 Acid \_\_\_

15 Question of evidence

16 Deli device

17 Just about

20 Colorado ski spot

24 Burlap bag

25 Arctic hazards

30 Qatar's capital

33 Hearing things

34 Struggling to stay awake

35 Apostle of Ireland, for short

36 Throw at

39 Med school subj.

40 Islamic mystic

41 Fries or slaw

42 "Kapow!"

43 Notable period

48 Zip

50 Girl who cannot be trusted to hold the football for Charlie Brown

51 Pasta \_\_\_ Norma

53 Pamplona bulls

54 Omelet skillet

56 Supersized sandwich

57 Normandy river

59 Energized anew

61 Unleash upon

62 Number of Grammy Awards won by Dolly Parton

64 Classic mint brand

67 Bleating sounds

68 Pelvic bones

69 Dorm areas for hanging out

70 NBA official

72 Dynamism

73 H-Town pro

75 Parkway sign

78 Wool clippers

80 Resident of Japan's third largest city

82 Unseat

83 Spooky

84 Comfy and cozy

86 Prince in "The Little Mermaid"

87 Small part for a big name, often

88 Writer LeShan

89 Census datum

93 Hindu spring festival

96 Goes on to say

98 Number of Powerpuff Girls

100 Course for college-bound HS students

102 Plump

103 "Amen to that!"

104 Contract adverb

105 "The Nightmare Before Christmas" composer Danny

106 Doesn't use scissors

107 Legendary Paul

108 Close by

113 Casts a ballot

114 On a cruise

116 "Exodus" novelist Leon

117 Many execs

119 Travel without a destination

122 Pharmaceutical giant \_\_\_ Lilly

123 MC's need

124 World Cup cheer

125 Cavaliers sch.

Sudoku 1

		2						
8						6		
1	6				5	8	3	
					9			
	9		4				7	
5				1				
	8			9	2			
		3				9		1
2	5			6	1	3		

9 To 5 By Harley Schwadron



**SCRABBLE GRAMS**

PAR SCORE 260-270  
BEST SCORE 339  
DIRECTIONS: Fill in the empty squares with letters to make words. Words can be horizontal, vertical, or diagonal. Do not use the same letter twice in a row.

**FIVE RACK TOTAL** \_\_\_\_\_  
**TIME LIMIT: 25 MIN**

**RACK 1**  
E E O F N L S

**RACK 2**  
I O M M R F S

**RACK 3**  
O T N B A E L

**RACK 4**  
A I C R H G P

**RACK 5**  
I O U S N B M

**JUMBLE**

Unscramble these words to win more fun prizes. One letter in each square is scrambled. Use the clues to help you.

WHSIS  
ODMME  
RZLDIA  
EGRALR

Now arrange the jumbled letters to form the 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 170, 175, 180, 185, 190, 195, 200, 205, 210, 215, 220, 225, 230, 235, 240, 245, 250, 255, 260, 265, 270, 275, 280, 285, 290, 295, 300, 305, 310, 315, 320, 325, 330, 335, 340, 345, 350, 355, 360, 365, 370, 375, 380, 385, 390, 395, 400, 405, 410, 415, 420, 425, 430, 435, 440, 445, 450, 455, 460, 465, 470, 475, 480, 485, 490, 495, 500, 505, 510, 515, 520, 525, 530, 535, 540, 545, 550, 555, 560, 565, 570, 575, 580, 585, 590, 595, 600, 605, 610, 615, 620, 625, 630, 635, 640, 645, 650, 655, 660, 665, 670, 675, 680, 685, 690, 695, 700, 705, 710, 715, 720, 725, 730, 735, 740, 745, 750, 755, 760, 765, 770, 775, 780, 785, 790, 795, 800, 805, 810, 815, 820, 825, 830, 835, 840, 845, 850, 855, 860, 865, 870, 875, 880, 885, 890, 895, 900, 905, 910, 915, 920, 925, 930, 935, 940, 945, 950, 955, 960, 965, 970, 975, 980, 985, 990, 995, 1000, 1005, 1010, 1015, 1020, 1025, 1030, 1035, 1040, 1045, 1050, 1055, 1060, 1065, 1070, 1075, 1080, 1085, 1090, 1095, 1100, 1105, 1110, 1115, 1120, 1125, 1130, 1135, 1140, 1145, 1150, 1155, 1160, 1165, 1170, 1175, 1180, 1185, 1190, 1195, 1200, 1205, 1210, 1215, 1220, 1225, 1230, 1235, 1240, 1245, 1250, 1255, 1260, 1265, 1270, 1275, 1280, 1285, 1290, 1295, 1300, 1305, 1310, 1315, 1320, 1325, 1330, 1335, 1340, 1345, 1350, 1355, 1360, 1365, 1370, 1375, 1380, 1385, 1390, 1395, 1400, 1405, 1410, 1415, 1420, 1425, 1430, 1435, 1440, 1445, 1450, 1455, 1460, 1465, 1470, 1475, 1480, 1485, 1490, 1495, 1500, 1505, 1510, 1515, 1520, 1525, 1530, 1535, 1540, 1545, 1550, 1555, 1560, 1565, 1570, 1575, 1580, 1585, 1590, 1595, 1600, 1605, 1610, 1615, 1620, 1625, 1630, 1635, 1640, 1645, 1650, 1655, 1660, 1665, 1670, 1675, 1680, 1685, 1690, 1695, 1700, 1705, 1710, 1715, 1720, 1725, 1730, 1735, 1740, 1745, 1750, 1755, 1760, 1765, 1770, 1775, 1780, 1785, 1790, 1795, 1800, 1805, 1810, 1815, 1820, 1825, 1830, 1835, 1840, 1845, 1850, 1855, 1860, 1865, 1870, 1875, 1880, 1885, 1890, 1895, 1900, 1905, 1910, 1915, 1920, 1925, 1930, 1935, 1940, 1945, 1950, 1955, 1960, 1965, 1970, 1975, 1980, 1985, 1990, 1995, 2000, 2005, 2010, 2015, 2020, 2025, 2030, 2035, 2040, 2045, 2050, 2055, 2060, 2065, 2070, 2075, 2080, 2085, 2090, 2095, 2100, 2105, 2110, 2115, 2120, 2125, 2130, 2135, 2140, 2145, 2150, 2155, 2160, 2165, 2170, 2175, 2180, 2185, 2190, 2195, 2200, 2205, 2210, 2215, 2220, 2225, 2230, 2235, 2240, 2245, 2250, 2255, 2260, 2265, 2270, 2275, 2280, 2285, 2290, 2295, 2300, 2305, 2310, 2315, 2320, 2325, 2330, 2335, 2340, 2345, 2350, 2355, 2360, 2365, 2370, 2375, 2380, 2385, 2390, 2395, 2400, 2405, 2410, 2415, 2420, 2425, 2430, 2435, 2440, 2445, 2450, 2455, 2460, 2465, 2470, 2475, 2480, 2485, 2490, 2495, 2500, 2505, 2510, 2515, 2520, 2525, 2530, 2535, 2540, 2545, 2550, 2555, 2560, 2565, 2570, 2575, 2580, 2585, 2590, 2595, 2600, 2605, 2610, 2615, 2620, 2625, 2630, 2635, 2640, 2645, 2650, 2655, 2660, 2665, 2670, 2675, 2680, 2685, 2690, 2695, 2700, 2705, 2710, 2715, 2720, 2725, 2730, 2735, 2740, 2745, 2750, 2755, 2760, 2765, 2770, 2775, 2780, 2785, 2790, 2795, 2800, 2805, 2810, 2815, 2820, 2825, 2830, 2835, 2840, 2845, 2850, 2855, 2860, 2865, 2870, 2875, 2880, 2885, 2890, 2895, 2900, 2905, 2910, 2915, 2920, 2925, 2930, 2935, 2940, 2945, 2950, 2955, 2960, 2965, 2970, 2975, 2980, 2985, 2990, 2995, 3000, 3005, 3010, 3015, 3020, 3025, 3030, 3035, 3040, 3045, 3050, 3055, 3060, 3065, 3070, 3075, 3080, 3085, 3090, 3095, 3100, 3105, 3110, 3115, 3120, 3125, 3130, 3135, 3140, 3145, 3150, 3155, 3160, 3165, 3170, 3175, 3180, 3185, 3190, 3195, 3200, 3205, 3210, 3215, 3220, 3225, 3230, 3235, 3240, 3245, 3250, 3255, 3260, 3265, 3270, 3275, 3280, 3285, 3290, 3295, 3300, 3305, 3310, 3315, 3320, 3325, 3330, 3335, 3340, 3345, 3350, 3355, 3360, 3365, 3370, 3375, 3380, 3385, 3390, 3395, 3400, 3405, 3410, 3415, 3420, 3425, 3430, 3435, 3440, 3445, 3450, 3455, 3460, 3465, 3470, 3475, 3480, 3485, 3490, 3495, 3500, 3505, 3510, 3515, 3520, 3525, 3530, 3535, 3540, 3545, 3550, 3555, 3560, 3565, 3570, 3575, 3580, 3585, 3590, 3595, 3600, 3605, 3610, 3615, 3620, 3625, 3630, 3635, 3640, 3645, 3650, 3655, 3660, 3665, 3670, 3675, 3680, 3685, 3690, 3695, 3700, 3705, 3710, 3715, 3720, 3725, 3730, 3735, 3740, 3745, 3750, 3755, 3760, 3765, 3770, 3775, 3780, 3785, 3790, 3795, 3800, 3805, 3810, 3815, 3820, 3825, 3830, 3835, 3840, 3845, 3850, 3855, 3860, 3865, 3870, 3875, 3880, 3885, 3890, 3895, 3900, 3905, 3910, 3915, 3920, 3925, 3930, 3935, 3940, 3945, 3950, 3955, 3960, 3965, 3970, 3975, 3980, 3985, 3990, 3995, 4000, 4005, 4010, 4015, 4020, 4025, 4030, 4035, 4040, 4045, 4050, 4055, 4060, 4065, 4070, 4075, 4080, 4085, 4090, 4095, 4100, 4105, 4110, 4115, 4120, 4125, 4130, 4135, 4140, 4145, 4150, 4155, 4160, 4165, 4170, 4175, 4180, 4185, 4190, 4195, 4200, 4205, 4210, 4215, 4220, 4225, 4230, 4235, 4240, 4245, 4250, 4255, 4260, 4265, 4270, 4275, 4280, 4285, 4290, 4295, 4300, 4305, 4310, 4315, 4320, 4325, 4330, 4335, 4340, 4345, 4350, 4355, 4360, 4365, 4370, 4375, 4380, 4385, 4390, 4395, 4400, 4405, 4410, 4415, 4420, 4425, 4430, 4435, 4440, 4445, 4450, 4455, 4460, 4465, 4470, 4475, 4480, 4485, 4490, 4495, 4500, 4505, 4510, 4515, 4520, 4525, 4530, 4535, 4540, 4545, 4550, 4555, 4560, 4565, 4570, 4575, 4580, 4585, 4590, 4595, 4600, 4605, 4610, 4615, 4620, 4625, 4630, 4635, 4640, 4645, 4650, 4655, 4660, 4665, 4670, 4675, 4680, 4685, 4690, 4695, 4700, 4705, 4710, 4715, 4720, 4725, 4730, 4735, 4740, 4745, 4750, 4755, 4760, 4765, 4770, 4775, 4780, 4785, 4790, 4795, 4800, 4805, 4810, 4815, 4820, 4825, 4830, 4835, 4840, 4845, 4850, 4855, 4860, 4865, 4870, 4875, 4880, 4885, 4890, 4895, 4900, 4905, 4910, 4915, 4920, 4925, 4930, 4935, 4940, 4945, 4950, 4955, 4960, 4965, 4970, 4975, 4980, 4985, 4990, 4995, 5000, 5005, 5010, 5015, 5020, 5025, 5030, 5035, 5040, 5045, 5050, 5055, 5060, 5065, 5070, 5075, 5080, 5085, 5090, 5095, 5100, 5105, 5110, 5115, 5120, 5125, 5130, 5135, 5140, 5145, 5150, 5155, 5160, 5165, 5170, 5175, 5180, 5185, 5190, 5195, 5200, 5205, 5210, 5215, 5220, 5225, 5230, 5235, 5240, 5245, 5250, 5255, 5260, 5265, 5270, 5275, 5280, 5285, 5290, 5295, 5300, 5305, 5310, 5315, 5320, 5325, 5330, 5335, 5340, 5345, 5350, 5355, 5360, 5365, 5370, 5375, 5380, 5385, 5390, 5395, 5400, 5405, 5410, 5415, 5420, 5425, 5430, 5435, 5440, 5445, 5450, 5455, 5460, 5465, 5470, 5475, 5480, 5485, 5490, 5495, 5500, 5505, 5510, 5515, 5520, 5525, 5530, 5535, 5540, 5545, 5550, 5555, 5560, 5565, 5570, 5575, 5580, 5585, 5590, 5595, 5600, 5605, 5610, 5615, 5620, 5625, 5630, 5635, 5640, 5645, 5650, 5655, 5660, 5665, 5670, 5675, 5680, 5685, 5690, 5695, 5700, 5705, 5710, 5715, 5720, 5725, 5730, 5735, 5740, 5745, 5750, 5755, 5760, 5765, 5770, 5775, 5780, 5785, 5790, 5795, 5800, 5805, 5810, 5815, 5820, 5825, 5830, 5835, 5840, 5845, 5850, 5855, 5860, 5865, 5870, 5875, 5880, 5885, 5890, 5895, 5900, 5905, 5910, 5915, 5920, 5925, 5930, 5935, 5940, 5945, 5950, 5955, 5960, 5965, 5970, 5975, 5980, 5985, 5990, 5995, 6000, 6005, 6010, 6015, 6020, 6025, 6030, 6035, 6040, 6045, 6050, 6055, 6060, 6065, 6070, 6075, 6080, 6085, 6090, 6095, 6100, 6105, 6110, 6115, 6120, 6125, 6130, 6135, 6140, 6145, 6150, 6155, 6160, 6165, 6170, 6175, 6180, 6185, 6190, 6195, 6200, 6205, 6210, 6215, 6220, 6225, 6230, 6235, 6240, 6245, 6250, 6255, 6260, 6265, 6270, 6275, 6280, 6285, 6290, 6295, 6300, 6305, 6310, 6315, 6320, 6325, 6330, 6335, 6340, 6345, 6350, 6355, 6360, 6365, 6370, 6375, 6380, 6385, 6390, 6395, 6400, 6405, 6410, 6415, 6420, 6425, 6430, 6435, 6440, 6445, 6450, 6455, 6460, 6465, 6470, 6475, 6480, 6485, 6490, 6495, 6500, 6505, 6510, 6515, 6520, 6525, 6530, 6535, 6540, 6545, 6550, 6555, 6560, 6565, 6570, 6575, 6580, 6585, 6590, 6595, 6600, 6605, 6610, 6615, 6620, 6625, 6630, 6635, 6640, 6645, 6650, 6655, 6660, 6665, 6670, 6675, 6680, 6685, 6690, 6695, 6700, 6705, 6710, 6715, 6720, 6725, 6730, 6735, 6740, 6745, 6750, 6755, 6760, 6765, 6770, 6775, 6780, 6785, 6790, 6795, 6800, 6805, 6810, 6815, 6820, 6825, 6830, 6835, 6840, 6845, 6850, 6855, 6860, 6865, 6870, 6875, 6880, 6885, 6890, 6895, 6900, 6905, 6910, 6915, 6920, 6925, 6930, 6935, 6940, 6945, 6950, 6955, 6960, 6965, 6970, 6975, 6980, 6985, 6990, 6995, 7000, 7005, 7010, 7015, 7020, 7025, 7030, 7035, 7040, 7045, 7050, 7055, 7060, 7065, 7070, 7075, 7080, 7085, 7090, 7095, 7100, 7105, 7110, 7115, 7120, 7125, 7130, 7135, 7140, 7145, 7150, 7155, 7160, 7165, 7170, 7175, 7180, 7185, 7190, 7195, 7200, 7205, 7210, 7215, 7220, 7225, 7230, 7235, 7240, 7245, 7250, 7255, 7260, 7265, 7270, 7275, 7280, 7285, 7290, 7295, 7300, 7305, 7310, 7315, 7320, 7325, 7330, 7335, 7340, 7345, 7350, 7355, 7360, 7365, 7370, 7375, 7380, 7385, 7390, 7395, 7400, 7405, 7410, 7415, 7420, 7425, 7430, 7435, 7440, 7445, 7450, 7455, 7460, 7465, 7470, 7475, 7480, 7485, 7490, 7495, 7500, 7505, 7510, 7515, 7520, 7525, 7530, 7535, 7540, 7545, 7550, 7555, 7560, 7565, 7570, 7575, 7580, 7585, 7590, 7595, 7600, 7605, 7610, 7615, 7620, 7625, 7630, 7635, 7640, 7645, 7650, 7655, 7660, 7665, 7670, 7675, 7680, 7685, 7690, 7695, 7700, 7705, 7710, 7715, 7720, 7725, 7730, 7735, 7740, 7745, 7750, 7755, 7760, 7765, 7770, 7775, 7780, 7785, 7790, 7795, 7800, 78



# Guess Who?

I am an actor born in California on December 7, 1966. I was a rodeo champion before becoming an actor, following in the footsteps of my dad. I am best known for work in popular movies like “Red Dawn” and “The Outsiders.”

## Sudoku #2

	4	1	5	3		
1		3		5		
3	7			9	4	
					8	
	2	6	9	1		
	3					
	8	1		4		9
	3	6				7
	6	9	7		1	

## Puzzles & Comics

### Answers on page 26

**CRYPTO FUN**

Determine the code to reveal the answer!

# Boggle®

## BrainBusters!

**By David L. Hoyt and Jeff Knurek**

B	U	P	H
W	O	I	S
G	O	K	E
A	C	L	M

**BOGGLE POINT SCALE:**

- (3 letters = 1 point)
- (4 letters = 2 points)
- (5 letters = 3 points)
- (6 letters = 4 points)
- (7 letters = 6 points)
- (8 letters = 10 points)
- (9 letters = 15 points)

**YOUR BOGGLE RATING:**

151+ = Champ  
 101-150 = Expert  
 61-100 = Pro  
 31-60 = Garner  
 21-30 = Rookie  
 11-20 = Amateur  
 0-10 = Fry again

H	A	I	R	D
C	O	F	B	E
M	R	S	L	S
T	A	B	K	C
E	N	I	B	A

**Boggle BrainBusters Bonus**  
 We put several brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST SEVEN PIECES OF FURNITURE in the grid of letters.

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# HOLIDAY BAKING WORD SEARCH

P	U	M	P	K	I	N	P	I	E	T	V	A	A	N	I	L	L	A	D	P
O	F	G	G	G	I	R	K	C	T	M	A	E	R	R	C	U	K	Y	G	V
K	O	D	U	P	S	P	F	S	T	R	U	D	E	E	L	F	R	H	O	R
H	G	L	I	N	G	R	E	D	I	E	N	T	S	S	G	U	A	A	U	F
C	T	O	Y	O	O	S	G	G	E	G	D	V	U	U	C	A	N	N	O	B
S	T	F	N	C	K	O	R	L	L	R	I	B	H	A	P	B	S	R	L	F
T	H	V	E	V	T	K	N	E	A	D	E	K	A	N	C	T	I	S	Y	B
A	E	A	B	A	B	R	E	G	N	I	G	P	D	R	E	S	F	C	C	I
E	V	K	T	O	K	T	D	H	C	E	N	U	U	O	P	F	H	M	H	G
R	B	P	I	S	R	O	E	O	E	C	T	I	I	O	A	I	R	O	E	S
T	H	A	P	C	L	T	C	S	L	A	N	S	O	R	S	H	K	P	Y	U
Y	G	N	L	O	E	O	R	L	I	K	R	O	N	N	N	B	V	T	B	I
F	N	A	A	Y	E	R	P	E	R	H	C	N	N	C	O	M	M	R	B	D
F	I	S	T	A	V	M	S	I	S	S	V	L	G	D	A	O	C	Y	F	O
P	D	M	E	D	E	S	S	S	F	S	U	Y	D	U	U	K	Y	F	I	I
P	D	T	R	M	H	N	P	B	D	A	E	D	U	M	D	C	G	P	F	G
C	U	C	K	T	G	A	B	M	V	C	O	U	L	L	T	K	V	I	I	B
L	P	R	S	O	I	A	K	M	H	R	R	L			I	G				I

**Find the words hidden vertically, horizontally, diagonally, and backwards.**

## WORDS

BAKED  
CHOCOLATE  
COOKIES  
CREAM  
CRUMBS  
DESSERT  
EGGS  
FOLD  
FRUITCAKE  
GINGERBREAD  
INGREDIENTS  
KNEAD  
PASTRY  
PLATTER  
PUDDING  
PUMPKIN PIE  
RECIPE  
ROLLING PIN  
SPRINKLES  
STRUDEL  
TEMPERATURE  
TORTE  
TREATS  
VANILLA



## WEST NILE

from page 1

The District has collected six positive samples of West Nile virus in Seal Beach mosquitos so far this year, with no reports of positive human or equine infections.

Signs posted around the community by the Orange County Mosquito and Vector Control District urge residents to dump or drain any standing water, repair window and door screens, apply insect repellent when outdoors and avoid spending time outside at dawn and dusk.

If the District continues to detect high levels of West Nile virus activity, it may apply adult mosquito control applications to reduce the mosquito population in the area.

The District routinely applies “biorational” pesticides county-

wide to control mosquitos. The term “biorational” relates to the application of naturally occurring mosquito pathogens and predators in a manner that provides effective mosquito control with the least amount of impact on the environment.

Currently, the District uses several biorationals, including two microorganisms and an insect growth regulator, methoprene. Insect growth regulators prevent immature mosquitos from becoming biting, adult mosquitos.

Preventing bites is an important aspect of reducing the transmission of West Nile virus. Most often, the virus is spread by the bite of an infected mosquito, and those mosquitos are often infected by other vectors, such as infected birds.

West Nile virus affects the central nervous system. Of those who are infected, approximately 80% show no symptoms. The approximately 20% of people who do show symptoms may experience fever, headache, body aches, nausea, vomiting and sometimes swollen lymph glands or a skin rash.

In extremely rare cases, people will experience severe symptoms, such as high fever, headache, neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness, vision loss, numbness and paralysis. It can be fatal.

To stay up to date on West Nile virus and mosquito mitigation efforts, people can sign up for OC Vector alerts at <https://www.ocvector.org/sign-up-for-alerts>.

## MANAGER

from page 1

management, Potter worked in the energy and consulting sectors.

Before joining the GRF, Potter worked as both a community manager and supervisor for communities in Orange, Los Angeles, San Bernadino, San Diego and Riverside counties.

In addition to extensive knowledge of HOA operations in Southern California communities, he has worked with associations big and small, from 18 homes to communities of 1,600-plus.

He was the Community Associations Institute (CAI)-Orange County Manager of the Year in 2018 and was nominated for CAI-Inland Empire’s Rookie of the Year award in 2005. He holds a Certified Manager of Community Associations

(CMCA) and Association Management Specialist (AMS) designations from CAI, as well as his Certified Community Association Manager (CCAM) designation from the California Association of Community Managers (CACM).

Potter is a graduate of the University of Southern California with a bachelor of arts in English and a minor in political science. He is an active member of CAI and is on the board of directors for the Orange County chapter.

Additionally, Potter serves on the California Legislative Action Committee (CLAC), which is CAI’s organization in California to advise legislators on proposed laws impacting the industry. He is also an active member of CACM.

## BOARD

from page 1

should start before the end of this year and go through most, if not all, of January.

To efficiently repaint and recarpet the library, the shelves and library collection must be removed from building. A specialized library moving service, Penn Corporate Relocation Services, has been selected to perform this task. Penn has assisted the County of Orange with many of its library renovation projects. Penn will ensure that all library materials are packed and stored in a way that they can easily be restored to the same exact shelves they were taken from once the painting and carpeting is complete. This will dramatically decrease the project’s duration.

Residents will be notified of the closure. The library loans an average of 3,000 books and media a month, and many depend on it: “I can’t do without our wonderful library for six weeks,” said GRF Director Maureen Habel of Mutual 3.

To that end, plans are being made to establish a small satellite lending library in Clubhouse 3 during the renovation. This will give residents continued access to new and popular books and media. A selection of periodicals and daily newspapers will also be available for reading onsite. Services such as faxing, copying, printing, and public computers will not be available during the renovations. Patrons will still be asked to return their items to the book drops or in-person at the temporary location by the items’ due dates.

Upon the recommendation of the Facilities Committee, the GRF Board awarded contracts in the amounts of \$11,900 to Hutton Painting for repainting the interior and exteriors of the library and Friends of Library buildings; \$44,825 award to Cornerstone Flooring for replacing both buildings’ floors; and \$43,837 to Penn to remove and reinstall library inventory, adding a 10% contingency of \$10,056 for a total cost not to exceed \$110,618. This money comes from reserve funding,

meaning it has been earmarked for this project.

The library is one of the most popular amenities in LW. In 2023, it averaged 3,600 users a month and 190 unique computer users who are on the computers about 500 times each month.

In other meeting highlights: **SCE Easement**

Upon the recommendation of the Facilities Committee, the board approved a request from Southern California Edison for a 10-foot easement on Trust Property at the alley next to Canoe Brook to install an anchor for a utility pole.

**Lions Club Food Distribution**

Upon the recommendation of the Member Services Committee, the board approved Project Food Boxes to be distributed and sold on Trust property.

**Project Food Box will allow residents to purchase a 12-pound box of fresh produce for \$10.**

While lower-income residents can receive similar produce for free under a state-sponsored program, this Seal Beach Lions Club program will be open to all Leisure World residents. The proposed program would let residents purchase a 12-pound box with 3-4 vegetables and 1-2 fruit items for \$10 at a central Leisure World site. The distribution site is yet to be determined.

Project Food Box is a non-profit created by the Costa Mesa-based SunTerra Produce Traders, which will assemble, pack and deliver the produce to Leisure World each month. Volunteers from the Seal Beach Lions Club will collect cash for the produce from purchasers and reimburse Project Food Box.

Sun Terra Produce Traders reports that it sources, packs and distributes the boxes “to



Emma DiMaggio

Library Manager Taylor Greene

communities in need, such as food banks and faith-based organizations.” The Lions Club will receive no income from the program.

The food is donated, and Project Food Box will collect \$10 to cover the cost of the food box, and the labor and service charges to assemble, pack and deliver the produce.

There are no anticipated costs for GRF, nor will GRF receive any revenue from the program. Cash payments will be collected by the Lions Club and reimbursed to Project Food Box. The sponsors indicate that both Project Food Box and the Seal Beach Lions Club maintain comprehensive liability insurance.

**Renovation of Former CH 2 Woodshop**

Despite a recommendation by the Member Services Committee, the board voted against renovating the portion of Clubhouse 2 that once housed the wood shop. The board opted instead to use the area to temporarily store the LW Library’s 40,000-plus-item inventory during the library’s renovation.

The board declined to authorize a \$129,800 contract to create a card room until the best use of the space can be more specifically determined.

Executive Director Jessica Sedgwick told the board she

was working with a group that is interested in leasing the room in 2024.

**Electric Vehicle Charging Stations**

Upon the recommendation of the Facilities Committee, the GRF Board awarded a contract to Control Engineering for the service carts electric vehicle charging station plan check package at the service maintenance yard for a cost not to exceed \$10,770 from capital funding.

In July, the board approved the design/engineering for charging the new electric service carts for the Service Maintenance Department. Control Engineering is the same consultant who provided design/engineering for the new woodshop at Clubhouse 1. After an investigation, the company found that a lack of available power necessitated further study to complete the design. Control Engineering has provided a proposal to undertake the final engineering work needed to request proposals for the project’s construction.

The stations will be inside the gated yard with an activated security system to protect them.

**Replace CH 2 HVAC System**

Upon the recommendation of the Facilities Committee, the board voted to award a contract

to Greenwood Heating and Air to replace a HVAC unit in Clubhouse 2 at a cost not to exceed \$9,475 in reserve funding.

**Replace 2 Kilns in CH 4**

Upon the recommendation of the Member Services Committee, the board approved replacing two kilns at Clubhouse 4 at a cost not to exceed \$4,687.01 with a 10% contingency from reserve funds.

Two kilns used for glass and metal work in the lapidary studio were critically damaged by power disruptions. A specialized service technician determined that power upgrades to Clubhouse 4 were necessary to operate the replacement kilns, an upgrade that was found to be cost-prohibitive.

The Physical Property and Recreation departments worked together to resolve the power issues, paving the way for installation of the replacement kilns.

**Insurance Verification Fee for Paid Instructors**

The board rejected a motion to amend insurance requirements to define paid club instructors conducting business on GRF Trust property as independent contractors. Independent contractors working in LW are required to pay a \$150 fee to recover staff time needed to verify they have met insurance requirements to work in LW.

The fee was subsequently discussed at two committee meetings after shareholders questioned it. The GRF Administration Committee added the item to the Oct. 24 GRF Board agenda. The board voted to remove club instructors from the category of vendors and refund the fee to the 11 instructors who paid it.

**Governing Documents**

The GRF Board amended governing documents related to GRF Election of Officers, Organization of the Board, the renaming of amenity fees to Trust Property Use Fees, and the Consolidated Fee Schedule.

**1.8-Acre Ad Hoc Committee Report**

The board tabled a final report until a future meeting.



# ARTS & LEISURE

## ENTERTAINERS CLUB



Vickie Van Ert (l) and Mike Simpson

### Harvest Moon

The Entertainers Club will present Harvest Moon in the club's ongoing "TGIF, First Fridays of the Month" concert series at Veterans Plaza on Friday, Nov. 3, from 5:30-7 p.m.

Vickie Van Ert and Mike Simpson perform hits from the '50s, '60s, '70s and more, all the way to the present. Tables and chairs are provided. The show is free but tips are appreciated.

## LET THE GOOD TIMES ROLL CLUB



Jon Pearlstone (l) as Bob Dylan and Karl Aranjo (r) as Mike Bloomfield

### Bob Dylan Tribute

The Let the Good Times Roll Club will present an encore concert of Jon Pearlstone's Bob Dylan tribute at Veterans Plaza on Sunday, Nov. 5 from 2-3:30 p.m.

The duo, with Pearlstone as Dylan and Karl Aranjo as Dylan's favorite lead guitar player and friend, Mike Bloomfield, will recreate Dylan's iconic folk and rock music with a professional performance.

The pair have dedicated their musical talents to bring the epic story and music of Bob Dylan to audiences all over Southern California. On Nov. 25 they will perform at the Beach City Provisions at Bolsa State Beach from 1-5 p.m.

Veterans Plaza provides good sound, plenty of shade and table seating. It is located between the LW Library and Clubhouse 3. There is no admission fee, but donations for the performers are appreciated.

People are encouraged to bring their own snacks. Trash receptacles will be available for cleanup.

### Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6, second floor. Beginning in November there will be two new classes: salsa at 9 a.m. followed by American tango at 10 a.m. Class participants vote on new dance topics every month.

Each class is \$7 per person. Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.

—Howard Small

### Leisure Time Dancers

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. West Coast swing is at 2 p.m., followed by foxtrot at 3. No partner is necessary. The class will rotate so everyone dances. Beginners are welcome. A review of basics will be included.

The cost is \$7 per person for one class and \$11 per person for two classes in a single day. For more information, contact Leisure Time Dancers President Jackie Theis at 310-743-9373.

### Grab 'n' Go Food Schedule: Nov. 2-8

**Thursday: Domino's Pizza at Clubhouse 6**—Call ahead at 562-493-2212 for special orders, wings and salads. Truck is onsite from 3:30-7 p.m. Cash and cards are accepted.

**Monday: Kabobaholic Food Truck at Clubhouse 6**—Enjoy chicken or meat kabobs, gyros, falafel, loaded fries and more. For preorders, visit [www.kabobaholicft.com](http://www.kabobaholicft.com) or text 949-400-4696 and mention Leisure World. People can buy onsite with cards from 3:30-5 p.m.

**Tuesday: Taco Tuesday at Clubhouse 6**—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

**Wednesday: Cousins Maine Lobster Truck at Clubhouse 6**—See the full menu at [www.cousins-mainelobster.com](http://www.cousins-mainelobster.com). Cash and cards are accepted. Truck is onsite from 4-7 p.m.

On-call bus service is available from 4:30 p.m.; regular service before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379.

Vendors are subject to change. Watch LW Live for updates.

Sign up for notifications at [www.lwsb.com/lw-live-sign-up/](http://www.lwsb.com/lw-live-sign-up/).

For more information or to give feedback, email [kathytl@lwsb.com](mailto:kathytl@lwsb.com).

## HUI O HULA

### Hula classes held weekly in CH6

Hui O Hula holds lessons twice a week. On Tuesdays, the group meets upstairs in Clubhouse 6 at 1 p.m.

On Thursdays, it meets at Veterans Plaza at 1 p.m. People should wear comfortable, long dresses or sarongs, and be prepared to dance barefoot or in soft booties.

Want to join a club?

See Leisure World's full Club Meeting Schedule on page 31.



Paul Kortinen (l) and Mei Nguyen show off their moves on the dance floor.

### Dancers & Mixers Dance

The Dancers & Mixers Club will hold a dance on Tuesday, Nov. 7, from 7-9 p.m. in Clubhouse 4. November is a traditional time of the year to reflect on thanks. The group has so much to be thankful for. Besides the gentle physical exercise, dancing is also a way of expressing emotions.

People can bring their favorite beverages and snacks. Partners are not needed as there will be both line dancing and a mixer. The free dance features live music by Linda Herman. For more information, call 562-431-1257.



The Winter Sawdust Festival in Laguna Beach

### GRF Trip: Winter Sawdust Festival

The Recreation Department will host a trip to the Sawdust Art Festival: Winter Fantasy on Friday, Nov. 17. The one-of-a-kind holiday art and crafts jubilee showcases over 180 artisans with handmade goods. It will feature live music and two restaurant venues that residents can enjoy.

Tickets are \$36 and are sold on a first-come, first-served basis at the Recreation Department in Building 5.

## COIN CLUB



Stock Photo

### Free Coin Evaluations for LW residents

The LW Coin Club will meet on Nov. 8 in Clubhouse 3, Room 2, at 12:30 p.m. Members can participate in door prizes, refreshments, coin auctions, coin raffles, and group discussions regarding currency and coins. Refreshments will be provided.

LW residents can have coins evaluated at no cost.





Loni Gardette

### CD Music for Seniors Club

At the last meeting, the CD Music for Seniors Club got a presentation on the Funk Brothers from Loni Gardette. The Funk Brothers were the studio musicians behind Motown and their music can be found on YouTube. Members had snacks and fantastic conversation. The club's holiday meeting will be held Dec. 7 at noon in Clubhouse 3. Only members can attend, so people are encouraged to join now. The club regularly meets on the third Thursday of even-numbered months in Clubhouse 3, Room 3. For more information, call Barbara McFall at 361-537-0040.

### TECHNICAL HELP



Dan Taylor (l) and Joe Osuna

### Video Producers Club

Resident Dan Taylor of Mutual 3 learned new techniques from Joe Osuna, club vice president, like transferring photos and videos from Android cellphones to computers using a USB cable. He also learned how to send those files by email using Google Drive. Taylor was happy and appreciated the Video Producers Club volunteer service and he plans to come back and learn more about it. Residents who would like technical help should make an appointment with Joe Osuna by emailing [joosuna29a@gmail.com](mailto:joosuna29a@gmail.com). The Video Producers Club offers a variety of classes at the Video Producers Club loft room, located at the top of the Amphitheater. A brown door has a sign on it identifying it as the Video Producers Club room.

—Ivy Kung

### LW Poetry

*This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.*

#### The Seasons

Wintertime is cold, but nice  
Water turns itself to ice.  
Springtime gets a little hotter  
Ice turns itself back into water.  
Summer's still hotter by degrees  
You see green leaves on all the trees.  
Autumn gives us weather fair  
But leaves the trees without their hair.

—Dave Crandall

### LOS ALAMITOS HIGH

## Tickets on sale for local dance performance

The Los Alamitos High School Dance Department will perform "My Father's Closet" for its fall show. This captivating and nostalgic performance promises to transport the audience back in time through the magic of music and dance. The heartwarming tale revolves around a girl and her friends who embark on an unforgettable journey when they sneak into her father's closet to explore his cherished music collection. Little do they know, they will be surprised by more than just the old 45's and cassette tapes they find. "My Father's Closet" reveals that there is a lot more to this closet than just business suits, briefcases, and a chest full of music. Through captivating choreography and a heartwarming narrative, the dancers will bring to life the story of discovery and the power of music to transcend generations. There will be a matinee performance on Tuesday, Nov. 14, at 4:30 p.m. Nighttime performances will be held Nov. 15-17 at 7 p.m. Each performance will be held at the Los Alamitos High School Performing Arts Center, 3591 Cerritos Ave., Los Alamitos, 90720. Ticket prices range from \$15 to \$30 per seat. Ticket sales will begin today, Nov. 2, and can be purchased online at [lahs-dance.ticketleap.com](http://lahs-dance.ticketleap.com). People are encouraged to purchase tickets early, as this performance is expected to be in high demand. For more information about the Los Alamitos High School Dance Department and "My Father's Closet," visit [www.lahs-dance.com](http://www.lahs-dance.com) or email [president@losal.dance](mailto:president@losal.dance).

### OPERA CLUB

## Club will screen French version of 'Cinderella'

Everyone is invited to watch French composer Jules Massen's rendition of "Cinderella" on Tuesday, Nov. 21, at 1:30 p.m. in the Learning Center of Clubhouse 3. Club member Lucy Poropat will introduce this musical fairytale, which highlights a good outcome for a hard-working, conscientious person and loss of the same for a nasty step-mother and two snarly step-sisters. The production is in French with English subtitles. Attendees are invited to wear masks indoors, if desired. No dues or fees are collected. For more information, contact Margaret Gillon at [MargaretGi@yahoo.com](mailto:MargaretGi@yahoo.com) or call her at 562-370-3844.



Mariza Joquinn (l) and Elena Aroz sang "Monster Mash."

### Community Karaoke

It was a raucous crowd at Wednesday night's karaoke party. "Monster Mash" was the popular song of the night celebrating Halloween sung by Karen Morris, Rob Illingworth and Edward Jablonski. Mariza Joaquin and Elena Aroz, joined by many others, danced in the aisles to upbeat music sung by Gerry Tagalao, Frank Miller, Ellen Brannian, William Young, Vito Villamor and Vinny Correnti. Martha Destra delivered a bouncy "Still the Same." Dotti Brooks had fun with "Boots Were Made for Walking." Benjamin Shin did a powerful gospel favorite, "You Raise Me Up," as did Helen Schultz singing "Precious Lord." Michael Berthold sang the cute Elvis tune "Honey Money." It was a busy night with lots of anxious performers. People can join the fun night out in Clubhouse 1 each Wednesday evening. Plan to recognize songs from the past sung by friends and neighbors. Some folks sing because they're happy and some because it makes them happy. Everyone is welcome. Karaoke practice sessions are held Monday in Clubhouse 6 from 1-3 p.m. —Margie Thompson

### Restaurant Review

*Leisure World residents are welcome to submit reviews of their favorite restaurants. Reviews should include the writer's full name, contact information and a Mutual number. Make sure the restaurant's name, telephone number, address and operating hours are included in the review, which are subject to editing and will be run as space allows. Email them to [emmad@lwsb.com](mailto:emmad@lwsb.com).*

**Irrawaddy Taste of Burma (Myanmar)**  
7076 Katella Ave, Stanton, 90680  
[EatBurma.com](http://EatBurma.com)  
714-252-8565

**by Kathy Nadeau**  
*LW contributor*

Located at the intersection of Katella Avenue and Knott Avenue, next to Smart & Final, Irrawaddy offers a unique and healthy menu with a delight of new flavors. Burma (Myanmar), the largest country on mainland Southeast Asia, borders Thailand, China and India. Its delectable cuisine has been influenced by its neighbors yet has its own distinctive style. Burmese cooking shares some similarities with Indian dishes, without the use of any creams. This family-run business is a hidden gem, the only Burmese restaurant in Orange County. Burmese food has a spicy flavor with limited use of spices. Fresh ginger, turmeric, paprika, cardamon and other spices are bought freshly ground. Everything is cooked from scratch, using only the freshest ingredients purchased from local farmers markets and Restaurant Depot. They take pride in serving the best authentic home cooked food using family recipes. The menu is extensive offering flavors from all regions, main dishes, soups, masalas, curries, imported Burmese beers, and gluten free, vegan, and vegetarian fare also available. I tried the salad tossed with lime, garlic, chili, and fermented green tea leaf dressing. It was delicious and "good for digestion." I am going back for the pumpkin pork stew. Irrawaddy, one of Orange County's finest, welcomes parties, family get-togethers, catering, phone orders and take-out. They are open Monday through Friday, 11:30 a.m.-3 p.m. and 5-8:30 p.m., and Saturday and Sunday from 11:30 a.m.-8:30 p.m. without breaks.





The Velvetones' forte is big band swing and jazz.

## Enjoy live music at GRF dances in November

GRF's Recreation Department is back with another month of music for LW residents and their guests. The lineup includes something for everyone, from jazz and swing to pop and country rock.

### Big band swing and jazz on Nov. 5

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing big band swing and jazz standards—music for dreaming and dancing.

The band will perform Sunday, Nov. 5, from 6-9 p.m. in Clubhouse 4. The Velvetones play regularly at Clubhouse 4 on the first and third Sunday evenings.

### Classic rock, pop and Motown on Veterans Day

Cabaret Entertainers will present Vinyl Rock on Saturday, Nov. 11, in Clubhouse 4 at 7 p.m. to top off Veterans Day. All are welcome but guests must be accompanied by the resident who invites them.

Vinyl Rock is an Orange County-based band with eight members who passionately perform classic rock, pop and Motown tunes from the '60s, '70s and '80s. The band keeps the audience engaged, inviting them to participate in sing-alongs and mingling with them on the dance floor.

They'll have everyone smiling, singing, swinging and



Abilene rocked GRF's Halloween dance and will return to Clubhouse 2 with a strong repertoire of country rock hits.

swaying to the songs they grew up listening to and easily recognize. The show is sponsored by Cabaret Entertainers and is free to GRF members and their guests (over 18). Leisure suits, Fu Manchu 'staches, mullets and big hair are welcome, but not required.

### Country rock on Nov. 25

Abilene will host its monthly dance on Saturday, Nov. 25, in Clubhouse 2 at 7 p.m.

Abilene is Leisure World's No. 1 country rock band going strong for over 20 years. Terry Otte leads Abilene and shares singing duties with Tina Schaffer. Guitarist Rod Anderson, Jim Greer on the drums, and bassist Doug Decker round out the group. Doors open at 6:30 p.m. and the music goes until 9.

Several GRF clubs are sponsoring performances and dances. Check out the digital bulletin

boards in the clubhouses and the LW Weekly for more information.

#### Rules:

- No table saving. People can bring their own snacks.
- Attendees must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to tear down the setup and arrange the setup for the following day (except New Year's Eve).
- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.
- Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of LWers' favorite bands.



Regine Schumacher

The assignment for the Photo Arts Club meeting is "shadows."

## Photo Arts Club

The Photo Arts Club will meet Thursday, Nov. 9, at 1:30 p.m. in Clubhouse 3, Room 9. The club will hold its annual elections at the meeting to select a president, vice president, treasurer and secretary.

The assignment is to take photos of "shadows" with a camera or phone. Since Ben Benjamins will not be at the next meeting, members should email three of their best photos to [siegfried.romano@gmail.com](mailto:siegfried.romano@gmail.com) to be shown at the meeting. People should send the photos at least three days before the meeting.

People can also bring photos of their choice to be displayed and commented on at the meeting. Hooks and labels are available for members who wish to hang framed photos in the hall of Clubhouse 3. Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome.

A Facebook page has been created for all LW residents interested in photography. On Facebook, look for "Photographic Arts Club of Leisure World." This is a private page to avoid outside ads and comments.

To join, hit the "Join" button, and LW residents will be approved. People are encouraged to post their favorite photos. In the comments section, people can ask questions about cameras, iPhones or photography in general. A quick response will be provided.

For information about the club, call Regine Schumacher at 562-430-7978.

## EARLY HOLIDAY DEADLINE

Due to the Veterans Day holiday, the LW Weekly office will be closed on Friday, Nov. 10. For the Nov. 16 paper, submit any content by 4 p.m. on Wednesday, Nov. 8.

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# RELIGION

## Assembly of God

There are plenty of people with sour expressions and equally sour dispositions. People who are full of joy are the pleasant exception. Christians should be the exception. Though the world is full of bad news and despair, those whose lives are built on Jesus Christ and the confident assurance of the salvation he offers can have an unshakable daily joy, despite outward circumstances. That means through sickness, misfortune, war, loss or even death, nothing can steal one's God-given joy. Happiness is temporal. Joy is eternal. Pastor Chuck Franco will share a sermon titled "Joy, Our Testimony," from John 15:11 on Sunday, Nov. 5.

The Wednesday Bible study group begins a new study, "Faith in Hostile Times," by Berni Dymet on Nov. 8. So many people question what the world is coming to in these volatile times. Even those who have been Christians for decades can be saddened and discouraged by world events and the challenge to Biblical values and societal norms. But there is hope, and there are answers in God's word. There is room for all residents in this group of students who focus on God's eternal truth and its application to contemporary life.

More information about Leisure World Assembly of God can be found at [lwassemblyofgod.com](http://lwassemblyofgod.com). Those who want prayer, personal contact from a pastor, or have not received a DVD of the Sunday morning sermon and want one, can contact Pastors Chuck and Sheryl Franco by calling 562-357-4360 or emailing [pastorchuck@lwassemblyofgod.com](mailto:pastorchuck@lwassemblyofgod.com), or Carolyn van Aalst at 562-343-8424 for prayer requests.

Pastor Chuck Franco's sermons can be accessed on Facebook (Chuck Franco) and the Faithlife app under the group "Leisure World Assembly of God," where people can also give online.

## First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine" Romans 1:12.

### Pastor's Message

Every day followers of Christ are given the freedom by God to make their own choices. Observers take notice of the actions, which is referred to as a person's witness. This witness has the possibility of leaving a good impression to observers or a poor impression, and often carries over to how observers think about God.

An example of this is in Genesis 2:22, where Abraham is told by Abimelech's army commander, Phicol, "God is with you in all that you do."

During the time Abraham had spent as a neighbor to these men they had seen Abraham's witness and had observed Abra-

ham's way of living, how he dealt with others and how God was with Abraham, blessing him in all that he did.

Paul the apostle pointed out in 2 Corinthians 6:19-20, "Do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore, glorify God in your body and in your spirit which are God's."

Pastor Bruce Humes will share how this verse can strengthen today's believers understanding of how followers of Christ should strive to live to give observers evidence that "God is with them in all they do."

### Weekend Services

Sunday services are held from 9:30-10:45 a.m. and are traditional with hymnal music led by Janet Ray with Pat Kogak at the piano. Kogak will also share special music this week.

Saturday are held from 9:30-10:45 a.m. The services include contemporary songs of worship, led by Gregory Black with guitar

and vocal accompaniment.

### Midweek Studies

Melli Herrera leads the women's Bible study on Mondays from 10:30-11:30 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study from 9:30-10:30 a.m.

Pastor Humes leads the Thursday Bible study from 10:30-11:30 a.m.

Humes also leads the prayer Bible study on Fridays from 6-7 p.m.

### Scripture of the Week

"Great is the Lord, and highly to be praised, and his greatness is unsearchable. One generation shall praise your works to another and shall declare your mighty acts. On the glorious splendor of your majesty and on your wonderful works, I will meditate" Psalm 145:3-5.

### Contact

First Christian Church is located on Northwood Road behind Carport 125.

For more information about the church or to receive prayer, call the church message line at 562-431-8810.

## Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, Nov. 3, at 6:30 p.m. Rabbi Mike Mymon will lead the hybrid service on Saturday, Nov. 4, in Clubhouse 3, Room 9, and on Zoom at 10 a.m. Saturday's Torah reading will be Vayera from the book of Genesis. Vayera (He Appeared) opens as guests inform Abraham that Sarah will give birth. Despite Abraham's attempts to convince God otherwise, God destroys the cities of Sodom and Gomorrah. Sarah gives birth to Isaac, and Abraham sends away Hagar and Ishmael. At God's command, Abraham prepares to sacrifice Isaac, but an angel of God tells Abraham to offer a ram instead.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122

Congregation Sholom has served Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

## Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, and Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The reading source for this year is the New Testament. The reading assignment for the week of Nov. 6-12 is Hebrews 7-13.

The lesson manual "Come, Follow Me" says "Even faithful Saints at times suffer 'reproaches and afflictions' that can shake their confidence. Paul knew that Jewish converts to Christianity were experiencing severe persecution because of their new faith. To encourage them to stay true to their testimonies, he reminded them of the long tradition of faithful believers from their own history."

## Buddha Circle

Buddha Circle will meet on Saturday, Nov. 4, in Clubhouse 3, Room 1, with Ven. Kusala from 9:30-11 a.m. Ven. Kusala is well known in the Buddhist community and presents Buddhism in simple ways. For more information, call 714-468-6887.

## Christian Women's Fellowship and Bible Study

The Christian Women's Fellowship and Bible Study group will meet Monday, Nov. 13 and 27 in Clubhouse 3, Room 6, at 10 a.m. The group is currently studying the book of John, chapters 5-6 in John McArthur's study book. For more information, contact Jean Davidson at 562-431-0597 or Margie Robertson at 562-594-8100.

## Beit HaLev

The Beit HaLev community continues prayers for Israel, the Israel Defense Forces, the safe return of all hostages and a swift end to the war.

"Vayera" is the name of this week's Triennial Cycle Torah reading from Genesis 19:1-20:24. The dramatic reading is of the two angels who came to Sodom, one to rescue Lot and his family and the other to destroy the corrupt cities of Sodom and Gomorrah. The Maftir, from Genesis 20:20-24, introduces Abraham's extended family, his brother's children, and the birth of Rebecca.

To join the Beit HaLev Zoomagogue and interactive service, go to Facebook at [www.facebook.com/galityomtov](http://www.facebook.com/galityomtov), YouTube <https://www.youtube.com/@beithalevlive8816/streams> or join the Zoom link at <https://bit.ly/44kW8xP>.

All Beit HaLev services share prayerbooks onscreen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are affiliated with the Union of Jewish Universalist Communities and Clergy and the International Federation

of Rabbis. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid.

To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or email [duets@icloud.com](mailto:duets@icloud.com).

Beit HaLev does not require a fee for membership, but contributions are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

## HOLY FAMILY CATHOLIC CHURCH



Sixty-five members of Holy Family Parish attended the Eucharistic Revival "I AM" at Christ Cathedral in Garden Grove. The full bus departed from the church around 10:30 a.m. and came back at 5 p.m. on Oct. 21. The group was led by senior pastor Father Joseph. It was a beautiful day of spiritual renewal, joy, friendship and hope.





Members of the Seal Beach Union Evangelical Church picked the best apples they could find at Riley's Farm in Oak Glen, California.

Seal Beach Union Evangelical

On Oct. 20, members of the Seal Beach Union Evangelical Church family went for a picnic at Riley's Farm located in Oak Glen.

People enjoyed picking apples in the farm's orchard in good weather. The refreshing breeze, fun times and meals provided a great time for those who went.

Seal Beach Union Evangelical Church wants to enrich the lives of the seniors at Leisure World by preparing quality events for them.

Senior pastor Joo Myung Hoon leads the church through gracious worship and Bible-centered sermons each week. He serves to help church members enjoy their time at Leisure World through picnics and trips once or twice a month.

Through the Korean Senior Health Club class that meets every Thursday, the church provides a beneficial and fun time for seniors to improve mentally and physically.

Seal Beach Union Evangelical Church meets on Sundays for worship at 1 p.m. in Clubhouse 3, Room 2. All are welcome to join. For more information, call 714-520-1877.

Community Church

Today, Nov. 2, is Dia de los Muertos, the Day of the Dead. It is a time to pay respects and remember loved ones who have passed away.

In the church, people remember those who have passed this past year on All Saints Day. All Saints is an ancient tradition that gave birth to the tradition of All Hallows' Eve—Halloween. Today, the celebration of Halloween has become a multi-billion dollar global phenomenon while All Saints Day has become more obscure and is even downplayed or ignored by many Christian churches. The connection between All Hallows' Eve and All Saints has been lost such that many churches have now become anti-Halloween. As the world is now seemingly out of the worst of the pandemic, this is the time to celebrate All Hallows' Eve.

Community Church will observe All Saint's Day on Sunday, Nov. 5. Candles will be lit in memory of those who have passed and loved ones will be mentioned by name.

Sunday Worship is at 9:50 a.m., followed by a time of fellowship and light refreshment. Come early for a cup of coffee in the Narthex. Community Church is located inside Leisure World at 14000 Church Place.

People may also watch services on Facebook at @CommunityChurchLeisureWorld and on Zoom. Contact the church office for the Zoom link. Those who are in need without another way to address it, may call the church office to leave a message at 562-431-2503.

Faith Christian Assembly

There are seasons in life when storms enter with a vengeance. The torrents of life seem to relentlessly blast without mercy. But thankfully, believers can confidently trust in God's word, which promises a hiding place. Isaiah 32:2 says "A man will be as a hiding place from the wind, And a cover from the tempest, As rivers of water in a dry place, As the shadow of a great rock in a weary land."

It's obvious who this "man" is referring to ultimately. Jesus is the one people can run to and hide in to provide a safe place. He is the only one who give peace in the midst of a storm.

Isaiah 32:2 says "this rock is found in a weary land—A land where there is fatigue and where one is feeling overwhelmed without any refreshment and shelter." There are places in Africa where the temperature in the shade stays at 100 degrees—where the slightest breeze felt like a flame coming against the face. But in the distance there can be found a huge rock leaning against a small cliff facing the sun where one can go for refuge underneath its cool shade, where the coolness emitted from this rock can be counted on to be refreshing.

This is what is found in the savior, as Psalm 18:2 says, "The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold."

LWers are invited to join Faith Christian Assembly for service each Sunday at 10:30 a.m. and 5:30 p.m. with pre-service prayer at 5. Dig deeper into the word each Wednesday at the midweek Bible Study at 11 a.m. The Grief Share group meets weekly on Thursdays at 6 p.m. in the Garden Room.

Faith Christian Assembly is located just outside of Leisure World at 13820 Seal Beach Blvd., Seal Beach. To receive a free newsletter and for more information on the church, call 562-598-9010, email [contact@fcachurch.net](mailto:contact@fcachurch.net), or visit [www.FCACHurch.net](http://www.FCACHurch.net).

Redeemer Lutheran and St. Theodore's

Sunday, Nov. 3, is All Saints Day. It will be a beautiful service when members of Redeemer Lutheran and St. Theodore's will remember all of the members that have passed into their heavenly home over the past year. An inspirational message "When the Saints Go Marching In" will be delivered by President, Jerry Brady. Beverly Anderson will read the Holy Scripture. The choir, under the direction of Sharon Heck, will perform "Sing With All the Saints in Glory." Join Redeemer Lutheran and St. Theodore's congregation for worship on Sundays at 10:30 a.m., and a fellowship coffee hour immediately following the service.

LW Baptist

Christ's second coming is the Christian's blessed hope and the only real hope for the whole world. LW Baptist will celebrate how this hope helps believers on Sunday, Nov. 5, at 10 a.m. in Clubhouse 4.

The Bible promises, "The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient, not wanting anyone to perish, but everyone to come to repentance." Churches differ on details of Jesus' coming, but the differences are about the timing. Yet God's disclosure of associated events, like the Antichrist's arrival, alerts believers to lift their heads, knowing that day, the day of their redemption, is nearer now than when they first believed.

For more information, call 562-430-8598.

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**Employment Opportunity  
Recreation Attendant  
Part-Time**

Golden Rain Foundation (GRF) at Leisure World, Seal Beach is currently recruiting a part-time Recreation Attendant. In this position, you will be expected to be able to perform a broad range of duties at various Trust property locations such as our RV lot, Gym, Golf Course, and Pool.

**Hours:** Weekdays 8am to 12pm this will be temporary OR Saturday/Sunday 8am to 4:30pm. Your work schedule will be determined during the interview process and may include weekends and holidays.

**This position is 100% on-site.**

**Hourly Pay Range:**  
\$15.75 per hour up to \$21.92 per hour.  
Benefit eligibility after your first 30 days of employment include: 401(k)

**Work Environment:** Indoor and outdoor

**What you will do in this position:**

- Answering phones
- Providing members with excellent customer service
- Reporting new and terminated leases to the Finance Department, daily operational/maintenance issues, daily activity report
- Completes monthly inspection reports.
- Schedule any maintenance orders for the RV lot.
- Verify that policies, use conditions, and restrictions of the lot are being followed.
- Cross training to assist in other recreation roles as needed.
- Operate GRF vehicles as needed.
- Inspections of the RV lot amenities
- Maintains the inventory of membership and recreational vehicles, ensures all RV's have current registration,
- Handles new leases, late notices, and policy/lease agreement violation notices and processes all payments using point of sales system.

**To apply, please visit <https://www.lwsb.com/careers/>**



# SPORTS & GAMES



New member Sue Burkschab (l) and veteran player Shel Magnuson agree that they have learned new strategies and advanced their shuffleboard skills at the open play dates, Mondays and Tuesdays, 9-11 a.m.

## SHUFFLEBOARD CLUB

### Special social events will add fun to entire holiday season

On Halloween evening the Shuffleboard Club hosted a spooky, special evening with various costumes, delicious potluck food, and a fun variation of traditional shuffleboard called “on the line.”

The second social event of the season will be Monday, Nov. 6, when the club hosts the Laguna Woods Shuffleboard Club with classic shuffleboard competitions.

Wednesday, Nov. 15, at 5 p.m. will be the third special event with the annual “turkey shoot” competition. No guns allowed; obstacles expected. There will be cash prizes for the winners of this unusual tournament.

December culminates the shuffleboard social season as the fall league season draws to a close on Dec. 8 with appropriate accolades. The annual Christmas/holiday party is Dec. 9 and the New Year’s party is Dec. 31.

**Oct. 24 winners:** Team Chandra raced past Team Rod, winning eight games out of 12. Team Chandra had three all-game winners: Capt. Chandra Patel, new player Lori Probert and substitute for the night, Jack O’Brien.

Team Sally also won eight of 12 games over Team Karen. Team Sally had three all-game winners: Bob Peterson, Sally Fowler and Ellie West. Team Karen had two all-game winners: veteran player Karen Mendon and new member Micki Aiello.

Team Jack had a scheduled bye Oct. 24.

**Oct. 27 winners:** Team Rod players were again at the top of their game winning nine of 12 games over Team Carol. All-game winners honors for Team Rod included veteran players Roger Bennett, Rod Osgood and Ellie West. Although Team Carol had no all-game winner, three players have an average score of wins versus losses at 500 or better.

Team Milly edged out Team Shel winning seven of 12 games. Team Milly had two all-game winners: veteran players Steve Edrich and Dennis Kotecki. Eileen Kotecki was the all-game winner for Team Carol.

Team Sally had its second bye for Oct. 27 games.

For additional club information, call membership coordinator Patty Peterson at 562-714-7072.

—Kay Mount

## Table Tennis Club 2024 elections

The Table Tennis Club will elect officers for 2024 on Saturday, Nov. 11, from 1-4 p.m. in Clubhouse 6. Those interested in running for office need to print and sign their name under the office

for which they are running in Clubhouse 6 by 8 p.m. on Nov. 8.

For club information, contact K.C. Park at [park.keechul@sbcglobal.net](mailto:park.keechul@sbcglobal.net) or call 714-204-2848.

## Monday Bunco Club

The Monday Bunco Club meets the second and fourth Monday of every month in Clubhouse 3, Room 1. The next meeting will be Nov. 13. Play begins at 6 p.m. sharp. All Leisure World residents and their guests are welcome. There is a halftime social to meet neighbors and friends.

**Oct. 23 winners:** Most buncos: Sandy Weisenstein, Lillian Munoz and Cheryl Richardson; most wins: Pat Herman; most babies: Nancy Pittman; most losses: Phil Arnold; door prize winner: Arleen Cullison.

For club information, call Katie Carmagnola at 925-413-7583.

## Yahtzee Club

The Yahtzee Club meets the first, third and fifth Fridays of each month. The next meeting will be Nov. 3 in Clubhouse 3, Room 6, at 1 p.m. There will be a halftime social to visit with friends and neighbors.

On Oct. 20 the winner for most Yahtzees was Eleanor Zandbergen; high score went to Diane Seeger; low score, Lillian Munoz; door prize, Marilyn Moody.

For information, contact Diane Seeger at 562-533-5997.

—Diane Seeger



Joan Berg won her first star with a perfect score.



Susan Dodson received a star for her perfect score.

## CRIBBAGE CLUB

### Tuesday games begin at noon

The Cribbage Club meets every Tuesday at noon in Clubhouse 1. Refreshments are served from noon-12:15 and those arriving by 12:15 are assured a place to play. Announcements are shared at 12:25 and games start at 12:30. Seven games are played.

Donna Gorman provided homemade gingerbread cake served with ice cream, whip cream and peaches at the last gathering. Gorman, along with Lynne Sorum, served everyone the refreshments. Melinda Cowan also provided mixed nuts and candies.

Laurie Teague was welcomed as a new member.

Winners for the week include Joan Berg, who won her first star with a perfect score of 847 and Susan Dodson, also a perfect score, first place; Don Kramer, 841, second; Ron Jackson 836, third; Jack O’Brien, 833, fourth. Laurie Teague had no wins. The club congratulates all the winners of the week.

New members are always welcome. For club information, contact Marilyn Chelsvig at 562 279-5665.

—Mary Holder



Duplicate Bridge Club players ponder their cards.

## DUPLICATE BRIDGE CLUB

### Cards are on the table Friday

The Leisure World Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can call Linda Nye at 562-453-6678 or email her at [yuelingnye@yahoo.com](mailto:yuelingnye@yahoo.com) no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

**Oct. 16 winners (seven tables):** Larry Topper and Aarlyn Glenn, and Howard Smith and Glenn Berry, north/south; Thad Mikols and Shumel Fisher, and Beth Matheny and Ellen Kice, east/west.

**Oct. 19 winners (four tables):** Bud Parrish and Howard Smith, north/south; Joan Tschirki and Ellen Kice, east/west.

**Oct. 20 winners (seven tables):** Larry Topper and Lynn Danielson, and Carol Murakoshi and Lavonne McQuilkin, north/south; Judith Jones and Al Appel, and Joan Berg and Marcia Lane, east/west.

**Oct. 21 winners (three tables):** Joan Tschirki and Ellen Kice, and Chie Wickham and Howard Small, north/south.

The club congratulates the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at [www.acblunit557.org](http://www.acblunit557.org) and click on Leisure World Results.

For club information contact Howard Small at 516-659-3314 or [howard.small@outlook.com](mailto:howard.small@outlook.com).

—Sue Fardette

## TOURNAMENT POKER CLUB

### Make poker play plans Saturday

Those who would like to play a fun and friendly game of Texas Hold ‘Em for a \$5 buy-in should make plans to play with the Tournament Poker Club on Nov. 4. Regular tournaments are on the first three Saturdays of every month in the lobby of Clubhouse 6. Registration begins at 10 a.m. Treats and coffee will be available. Cards are in the air at 10:30. There is no late seating.

The club had a great tournament on Oct. 21. The players with the two highest hands of the day were Cheryl Enge who had 5-5-5-5-9 and Terry Gonzalez with a full house of A-A-A-Q-Q. By playing and winning with the promotional hand of 10-3, Donna Hernandez won the prize.

The final table players were: Roger Montero, first place; Katherine Powell, second; Dick Jones, third; Donna Hernandez, fourth; and Jeff Rolnick, fifth. This group played a great game right up until the heads up play between Powell and Montero. Holding a pair of 8s, Powell went all in before the flop and was called by Montero holding K-3. The flop was K-K-10 giving Powell two pair, and Montero three of a kind. The turn was a 2, and the river card a 9, which didn’t help Powell, and Montero’s triple K’s won the hand.

Montero has lived in Leisure World and been a member of the poker club for about a year. This was his third final table win. In addition to tournament poker, Montero also enjoys dancing and golf here in Leisure World.

—Deborah Barner



Roger Montero had his third final table win.

## EARLY HOLIDAY DEADLINE

Due to the Veterans Day holiday, the LW Weekly office will be closed on Friday, Nov. 10. For the Nov. 16 paper, submit any content by 4 p.m. Wednesday, Nov. 8.



# Carpool Closures for 405 Express Lanes Testing!

## 405 EXPRESS LANES ARE OPENING SOON!

First, crews must close the I-405 carpool lanes between SR-73 and I-605 to test the 405 Express Lanes operating system. This closure will be in place for approximately one month.

## WHAT ARE THE CLOSURES?

**At 11 p.m. Wednesday, October 25**, crews closed the northbound I-405 carpool lane at SR-73.

**As early as 11 p.m. Wednesday, November 1**, crews will close the I-405 carpool lanes and connectors between SR-22 and I-605.

**FOR THE SAFETY OF OUR CREWS AND THE TRAVELING PUBLIC, DO NOT ENTER THE EXPRESS LANES.**

**TRAVELERS SHOULD EXPECT SIGNIFICANT DELAYS AND USE ALTERNATE ROUTES WHEN POSSIBLE.**



I-405 Improvement Project is still an active construction zone.  
**#55ONTHE405**

## CREWS WILL BE TESTING THE 405 EXPRESS LANES SYSTEM.


You will see test vehicles utilizing the Express Lanes intermittently.

- Traffic delays are expected on I-405 and I-605.

For more information regarding the 405 Express Lanes, visit **405expresslanes.com**







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LW POOL CLUB

Joker’s Wild holds on to first

In round seven of the Monday pool league, the race for first place tightened up as the second place Cue Crew beat the first place Joker’s Wild 8-5. That leaves the Cue Crew only one game behind Joker’s Wild. Linda Patton led the Cue Crew with five wins, winning both of her singles matches against a tough opponent.

The Sharp Shooters had one of its best outings of the season by beating the Cue Commandos 8-5. Kurt Bourhenne won six games for the Sharp Shooters, losing only an eight ball doubles match. Teammate Dennis Bedford had five wins for the Sharp Shooters.

The Renegades edged the Rustlers 7-6, to hold on to third place. Ken Harpham, one of the most steady “B” players, won five games, including both singles matches for the Renegades.

At the Wednesday night pool league, Right on Cue won

big over Shot First, Then Shape 12-1. This near sweep extended Right on Cue’s league lead to seven games over The Favorites. Ray Friedrichsen and Denise Scott both had perfect scores of seven wins and no losses. Tom Zimmerman, their “A” player, only lost his eight ball singles game.

The Favorites beat the X Factor 10-3. Dave Mackinder won six games for The Favorites and both of his singles games. This leaves The Favorites seven games behind with three weeks to go. However, there will be 39 points in those three weeks.

The Stevenators beat Hot Sticks 8-5. This leaves The Stevenators in third place, 11 games out of first.

Steve Edrich, John Burns and Brian Burke all had four points for The Stevenators.

For club information, contact Steve Edrich at 714-980-3665.

—Dave Silva



Martine Whitford appears to be happy with her victory.

BOCCE CLUB

Championship set for Saturday

The LW Bocce Club will hold its final fall championship games Saturday, Nov. 4 at 10 a.m. Everyone is welcome to watch the games. Sign-ups for the 2024 season will be available. Those curious about playing bocce can check out the club at the bocce ball court located behind Clubhouse 2. Bring a lawn chair as a large crowd is expected.

Current players should sign in and sign up for play in the 2024 season, which begins Jan. 9.

Those who have bought lunch in advance will receive a lunch ticket for a deli lunch, which will be served after the final games. The club looks forward to seeing everyone and enjoying a fun-filled day on the court.


For club information, contact Rhonda Cox at 714-904-6458.


—Rhonda Cox

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New players are welcome.

Pinochle Club

The Pinochle Club meets on Mondays, Thursdays and Saturdays in Clubhouse 1 from noon-4 p.m.

**Oct. 12 winners:** Diana Lambert, 13,370, first place; Don Walton, 12,680, second; Howard Bleakley, 11,920, third; Jean Sudbeck, 11,870, fourth.

**Oct. 14 winners:** Don Walton, 11,380, first place; Curt Rogers, 11,200, second; Howard Bleakley, 11,170, third; Marge Dodero, 10,910, fourth.

**Oct. 16 winners:** Dolores Cook, 13,600, first place; Chung He, 11,680, second; Charlotte Westcott, 10,890, third; Donna Gorman, 10,740, fourth.

**Oct. 19 winners:** Don Krammer, 11,710, first place; Marge Dodero, 11,530, second; Jean Sudbeck, 10,390, third; Irene Perkins, 10,300, fourth.

**Oct. 21 winners:** Jim Campbell, 12,640, first place; Joan Taylor, 11,890, second; Suzanne Parks, 11,790, third; Ruth Bonnema, 11,420, fourth.

For information, contact Antonia Zupancich at 760-427-2731.





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LW MEN'S GOLF CLUB

Men's and women's shotgun scramble set for Dec. 6 play

The Leisure World Men's Golf Club will sponsor a shotgun scramble team tournament on Dec. 6. Players must be a member of the LW men's or women's golf clubs and have a handicap to play.

With a full complement of 54 players, there will be six individuals, men and women, on each team. Teams are chosen by using individual handicaps as of the November calculations. Players will not know who their teammates are until the day before the tournament.

The tournament will start promptly at 7:30 a.m. Players are requested to arrive and check-in no later than 7:15 and then proceed to their assigned

starting hole.

Rules are below and are identical to the last scramble played. These will be available at sign-up and will also be posted.

1. Each team member tees off and then, it's best ball until the ball goes in the hole.
2. Each best shot will be marked, and each player plays from within six inches of that spot.
3. Only the best score is entered on the scorecard. No individual scores are kept.
4. Every team member must use their drives (as the best ball) off the tee three times. This must be noted on the scorecards.

SHOTGUN, page 20

MEN'S GOLF LEAGUE

Wet greens don't dampen play at Meadowlark

Nine golfers from the Leisure World men's golf league played Oct. 20 at the 5,600-yard par-71 Meadowlark Golf Course in Huntington Beach. The weather was cool and very damp with some ground fog. This translated into very wet fairways and greens which persisted throughout. Putting on wet greens was an issue for the entire round and fairways, which are being prepped for aeration, were recently trimmed quite low but left lots of cut grass and some muddy debris. Greens are large and have always been in good shape, and the numerous water hazards challenge everyone.

With the average playing conditions, only four of the nine rounds were net under par with just three birdies—two by Dave LaCascia and one by Chris Lankford. LaCascia had fewest putts in the "A" flight and Bob Munn in the "B." Steve Miller was closest to the pin on the

140-yard 17th hole, and Jim Goltra was closest on the 140-yard 16th hole.

**A flight winners (handicaps 0-19):** tie between LaCascia and Lankford, 8 under 63, first place; Miller, 2 under 69, second; Gary Stivers, 1 over 72, third; Goltra, 2 over 73, fourth; Bill McKusky, fifth.

**B flight winners (handicaps 20 and over):** tie between Lowell Goltra and Munn, 4 under 67, first place; Gene Vesely, 1 under 70, second.

It was a dark and stormy morning on Oct. 23 at the par-62 David L. Baker Executive Golf Course in Fountain Valley. Twelve intrepid golfers plus one guest—Bruce Batler—came to play despite the dire predictions of rain, cold, and heavy clouds.

At the 7 a.m. tee time, temperatures were in the 50s, skies very overcast, and rain fell for the first five holes. The grounds were already soaking wet plus the recently aerated and sanded

greens were very slow and difficult to read. The sun appeared late but did nothing to dry out the course.

Oddly, there were several excellent scores and only four of the 13 rounds over par. The poor conditions of the putting surfaces led to 20 three-putt greens. Despite putting difficulties the course still yielded three birdies—one each by Sam Choi, Chris Lankford, and Steve Miller.

**A flight winners (handicaps 0-19):** Lankford, 10 under 52, first place; Choi, 9 under 53, plus closest to the pin on 110-yard third hole, second; Jim Goltra, 5 under 57, plus low putts (only player without a 3-putt green), third; Gary Stivers, 2 under 60, fourth; Miller, even par 62, fifth; tie between Bill McKusky, Larry Hillhouse and Dave LaCascia, sixth.

**B flight winners (handicaps 20 and over):** Bob Munn, 14 under 48, plus fewest putts, first place; Tom Ross, 5 under 57, second; Bill Zurn, 1 under 61, third; Lowell Goltra, fourth. Guest player Batler was closest to the pin on the 130-yard 12th hole.

The Monday and Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded. Those interested can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

Scrabble Club

The Leisure World Scrabble Club met on all four Wednesdays in October. There were 59 scores above 300, eight of which were above 400, and 40 bingos (i.e. the use of all seven tiles in one move).

Bob Ruderman led with 10 scores higher than 300, of which four were above 400, and bingos. His high score was 468. Diane Seeger topped 300 nine times. Her best score was a 303 in a three-way game (equivalent to a 454 in a two-way game). She had four bingos.

Club Vice President Sylvia Makus bettered 300 six times, with a high score of 395. Club President Larry Edgar scored above 300 five times and had one bingo. His best was 368.

Jim Schneiderman had five scores higher than 300, two of which were above 400, and seven bingos. His high total was 432.

Maria Giegerich and Wanda

SCRABBLE, page 20



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LW MEN'S GOLF CLUB

General club meeting to be held Nov. 14 at 9 a.m.; dues will be collected

The next Leisure World Men's Golf Club general meeting will be held on Nov. 14 at 9 a.m. in Clubhouse 3, Room 2. Players must attend one meeting before the March events or they will be excluded from playing in future tournaments. Dues for the club are \$15 and will be collected at the meeting. Look for details about the December team scramble at the meeting.

The second tournament of the month was held on Oct. 25 at the Turtle Lake Golf Course. Two groups of three flights of variously skilled golfers vied for best net scores (gross score minus handicap, plus four circle holes (shots within a 5-foot circle rewarded) and two closest

to the pin challenges.

A total of 55 golfers teed off and played 18 holes through a very overcast, rainy morning.

The course was extremely wet due to the overnight rains and lack of sunshine or wind until late in the round. Consequently, the greens were very inconsistent and balls didn't roll on the greens. The tee boxes still need some improvement, but the divot fix material does have seed in it. Several wet spots have been fixed with a new one appearing in the middle of the fourth fairway.

With the wet conditions only 11 of the 55 rounds were net at or under par, but there were 54 birdies. The low gross competition was won by Bill Lyons at

even par, followed by Ron Newhall at 1 over, and Seung Lee at 2 over. Best two net scores were Paul Shellenberger and John Rudosky. Lowest gross score was Rudosky. Closest to the pin on the par 3 second hole was Trai Nguyen at 4 feet, 10 inches, and on the par 3 eleventh hole was Seung Lee at 2 feet, 8 inches. There were also 12 circle hole winners.

All scores below are net (gross score minus handicap).

**A flight winners (handicaps 0-5):** tie between Thomas Kim and Seung Lee, 3 under 51, first place; tie between Don Newhall and Rolando Ramirez, 2 under 52, second; Train Nguyen, 1 under 53, third; tie between Mike Mayfield and Yong J. Kim, even

par 54, fourth; fifth: tie between Bill Long, Gene Archambault and Bill Lyons, 1 over 55, fifth; John Kolthoff, 2 over 56, sixth.

**B flight winners (handicaps 6-12):** John Rudosky, 8 under 46, first place; tie between Ron Steele and Ben Benjamins, 6 under 48, second; Joon Sup Yoon, 5 under 49, third; tie between Jae H. Lee and Young Lee, 4 under 50, fourth; tie between Steve Kang and James Farr, even par 54, fifth; Dale Williamson, 1 over 55, sixth; tie between Ryan Hong and Byron Schweitzer, 2 over 56, seventh; Glenn Barry, 3 over 57, eighth.

**C flight winners (handicaps 13-18):** Paul Shellenberger, 11 under 43, first place; Manny Miranda, 1 under 53, second; Jon

Russell, even par 54, third; Dennis Jensen, 2 under 56, fourth; tie between Richard Yokomi and Lee Broadbent, 3 over 57, fifth; tie between Peter Bae and Scott Tuchfarber, 4 over 58, sixth.

The next men's tournament will be on Nov. 8 and every second and fourth Wednesday of the month. The next Guys and Gals tournament will be on Nov. 15. Guys and Gals tournaments are played every third Wednesday plus fifth Wednesday if there is one. Those who had planned to play and cannot should contact Alan Sewell at 541-324-8558 or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 15 minutes prior to scheduled tee time and be ready to play.

—Dave LaCascia



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LW WOMEN'S GOLF CLUB

Timely turkey tournament transpires Nov. 14 and 21

The next major tournament for the LW Women's Golf Club will be the Turkey Shoot, happening Nov. 14 and 21. The next general meeting will be Tuesday, Nov. 7, at 3 p.m. in Clubhouse 3, Room 1.

The weekly tournament had 38 golfers participating, playing for low gross, low net and chip-ins, which means the player gets the ball in the hole from off the green.

**A flight winners:** Low gross: Linda Herman and Soo Choi, 28. Choi had a chip-in on hole No. 9; low net: Hae Lee, 24. Chong Hee Kim had a chip-in on hole No. 6.

**B flight winners:** Low gross: MaryAnn Moore, 30; low net: Veronica Chang, 24.

**C flight winners:** Low gross: Patty Littrell, Dale Quinn and Cecilia Han, 33. Han had a chip-in on hole No. 6; low net: Helen Yoon, Vivian Ceballos and Joann Lim, 25.

**D flight winners:** Low gross: Mary Devlin, 37; low net: Joyce Basch and Liz Meripol, 26.

Those interested in joining the women's golf club can obtain an application from the golf course starter or contact club treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol

SHOTGUN  
from page 18

- All balls must be played into the hole—no gimmies or concessions.
  - There will be no improvement of lies except for balls in tree wells, blocked by fence, in mud, or standing water. Remember: move the ball no closer to the hole.
  - Pins will be located near the middle of each green. Men's tees will be at the blue markers with the women's red tees closer to the hole.
  - Only one ball—and thus one score—counts per hole for each team and the team with the lowest total score for the 18 holes wins the tournament.
- Golfers from the LW men's and women's golf clubs will be able to sign up at the Tuesday and Wednesday golf tournaments in November. The sign-up fee will be \$12. For more information, contact Steve Moody at 424-213-3002.
- Dave LaCascia

SCRABBLE  
from page 18

Bemben each bested 300 four times. Their top scores were 319 and 354 respectively.

Myrna Loscuandro and Sue Ann Gass each had three scores above 300. Respectively, their best scores were 331 and 352. Loscuandro had one bingo.

Marilyn Moody had two scores above 300, the higher of which was 321. Three others each topped 300 once: Donna Perkins, Kay Pushman and new member Mary Barry. Their respective best scores were 313, 309 and 303.

The club meets each Wednesday in Clubhouse 3, Room 5, from 1-4 p.m. New members are welcome. For club information, contact Larry Edgar at [ledgar72@gmail.com](mailto:ledgar72@gmail.com).

—Larry Edgar

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LETTERS

from page 4

It is against the law in Seal Beach to ride a bicycle on the sidewalk. Riding on the street can be dangerous, I agree. But cyclists who do choose to ride on sidewalks must defer to pedestrians.

Get off your bike. Ride on the grass. Don't force pedestrians to make way for you.

Mark Bloomfield  
Mutual 4

Editor:

GRF has a couple of restrictions in converting the RV lot to residential property. First, its own by-laws restricts its authority for the number of residential units to the current number, 6,608 units; this language can be found in Article II of the by-laws in the last sentence of Section 3. While that can be amended to a greater number, it would take an election of the GRF certificate holders (us, not the GRF Board of Directors) to do so.

Second, Exhibit B to the Trust Agreement between GRF and the Mutuals does allow for a total of 6,752 units, so the increase would not violate the agreement between the Mutuals and GRF, but Section VII, paragraph J says GRF is "expressly prohibited from exercising any power vested in it for the primary benefit of Trustee or for the benefit of any person other than the beneficiaries of this Trust and their stockholders." Adding more residential units would not benefit the Mutuals nor their stockholders since no "Mutual 18" would exist until after being built and only GRF would benefit by converting the RV lot to a more profitable use.

Complicated? A little, but who would want to open this expensive can of worms by trying to develop the area against the popular will of nearly 9,000 residents?

I think we are safe even if the City of Seal Beach "recognized" the RV area as a potential site for more housing. As a practical matter, it is functionally like making a minor adjustment to the city zoning plan.

It helps the city to avoid expensive penalties levied by the State of California without changing the RV lot from what it is.

Richard Winslow  
Mutual 8

Editor:

September's Security Report (Oct. 26) reported 249 incidents, including six thefts. These numbers are comparable to the August report. Only one of these incidents, in my reading of them, might have been prevented by the significantly heightened security that is purported to result from instituting the RFID system, but maybe not. The family member that was arrested after a dispute might not have been on the approved list had RFID been in operation in September.

How pressing is/was our need for a state-of-the-art security system?

And I am still curious about how much of our monthly GRF assessment is due to RFID and other associated elements of the

new security system.

Lee Hoyt  
Mutual 11

Editor:

The other morning, I was rudely awakened outside my bedroom window by a dog barking at another dog. Their owners stood talking, ignoring their barking dogs.

Unfortunately for me it was 6:30 a.m. and one of the few days that my work schedule allowed me to sleep in.

I also have a neighbor across the greenbelt in another Mutual who likely keeps her dog on the patio all day long.

Her dog barks incessantly whenever others walk past the unit. The dog barks at other dogs, mail and delivery persons, squirrels and even rabbits. The bark is loud, annoying and continual, disturbing the peace that I and most Leisure World residents desire.

I hope this letter serves as a friendly reminder for people to train their dogs to be polite and quiet. It would also do their dogs a service.

Jeanne Pontac  
Mutual 10

Editor:

Usually my dog Marley and I head out for our morning walk at 7:15. Today, he was very antsy. He sleeps with me and he has a ladder to get up on the bed. This morning (Oct. 24), he pushed me to get up and take him out at 6:15. Marley is 7 years old and weighs 10 pounds.

We went on our regular route through Mutual 10. As we got toward the south end, we saw this coyote that was twice Marley's size.

Marley was on a 6-foot leash, and he pulled toward the coyote barking a very loud bark and kept moving toward the coyote that kept moving away.

Marley was being aggressive, and the coyote kept backing away and then ran south to the next Mutual. A woman came out of her home and applauded Marley for doing such a great job.

When we got home, he had a nice shower and rubdown for being a good protector.

Barry Allen  
Mutual 10

Setting It Straight

In the HAM Radio Club picture Oct. 26 edition, the titles of two club members of the were misidentified. Frank Van Dornis is the current president of the club. Richard Erikson is a club member.

Letters Policy

Letters can be a maximum 200 words, and should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.

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# COMMUNITY

## HUMANIST ASSOCIATION

### Communication is topic Nov. 5

The LW Humanist Association will meet Sunday, Nov. 5, at 10:30 a.m., in Clubhouse 3, Room 1.

Polls consistently show that Americans will vote for a Muslim, homosexual, or just about anyone else before they would check the box for an atheist. Atheists, religious skeptics and humanists are among the last minorities.

With the aid of PowerPoint, Robert Richert will provide information and offer advice about how to communicate non-belief to the general public. He will highlight the many challenges that disbelievers face in sharing their views. He will explain various communication methods; both effective and non-effective. Richert will also offer tips about how non-believers can win over audiences, or at least have their views be given a fair hearing.

Richert believes that being deeply religious is analogous to being in love. Who wants to hear criticism about loved ones? That is the difficult challenge that atheists, skeptics and humanists face. Join the Humanist Association to learn how to help bridge this communication gap.

Richert has been active in the Freethought, atheist and humanist movement for over 40 years. He has given numerous speeches to these groups and written articles for their publications. He is an award-winning writer and public speaker.

Don't forget to change clocks back an hour on Nov. 5, because of daylight savings time.

—Robert Richert

## TOWN HALL



Laurie Bullock

Assemblywoman Diane Dixon (I) and California State Sen. Janet Nguyen hosted a town hall with Leisure World residents in Clubhouse 4 and online. Residents were able to ask their representatives about topics of interest including the 2035 electric car rollout policy, privacy policies and what the state is doing to stop human trafficking.

## LW Woman's Club

The Woman's Club of Leisure World will meet on Tuesday, Nov. 7, in Clubhouse 2. The doors open at 1 p.m. and the meeting starts at 1:30.

Last month club members had so much fun at the Halloween party. Jan Krehbiel, Betty Levitt and Eileen Koltecki met attendees at the door, and many of the guests came in costume. Dessert was pumpkin pie and bundt cake. Sally Fowler outshined herself once again with the meeting decorations.

The Woman's Club of Leisure World is a nonprofit philanthropic organization with approximately 180 members. Meetings are held the first Tuesday of the month, October-June in Clubhouse 2 at 1 p.m.

Most meetings include not only donations to specially chosen organizations, but also outside professional entertainment followed by refreshments. In addition, special events such as bingo, fundraisers and luncheons are also scheduled during the year.

The entertainment for this year is especially exciting as the club will host some new people with some great talents, including a magician, and a quick-change artist/impersonator, among others.

The Woman's Club of Leisure World plans to have a big favorite of LW at its Christmas show, to be announced soon.

Kathy Russell will be at the meeting with the new membership booklets for those who haven't received one yet. Those who want to know more about the Woman's Club of LW can contact Kathy Russell at 949-293-7517.

—Beth Greeley



## Sunshine Club trip

The Sunshine Club will take off on a day long excursion to the Academy Museum of Motion Pictures on Monday, Nov. 6. Everyone who has signed up and paid for the trip will need to meet at the Amphitheater bus station at 8:15 a.m. sharp.

The club asks everyone to either carpool or walk to keep parking spaces open. Do not park anywhere other than designated resident's parking.

Those who have signed up for the trip, but haven't turned in the waiver of liability form, should contact Anna Derby immediately.

For more information, text Anna Derby at 562-301-5339; no phone calls.

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Seal Beach, Ca 90740	Seal Beach, Ca 90740	Seal Beach, Ca 90740
October 24, 2023, 12:00 PM-1:00 PM	November 13, 2023, 10:00 AM-11:00 AM	December 1, 2023, 10:00 AM-11:00 AM
Leisure World Seal Beach	Leisure World Seal Beach	Leisure World Seal Beach
1661 Golden Rain Road	1661 Golden Rain Road	1661 Golden Rain Road
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Birthday celebrants Annie Andreatta, Bernie Goosens and Julie Nulod.

## Filipino Association of Leisure World

The Filipino Association of Leisure World (FALW) met on Oct. 8, when newly-elected President Anastasia Wayman conducted her first full meeting. She expressed her gratitude to the members for their confidence and support for her presidency. She mentioned there will be some changes in her administration starting the year 2024. She cautioned that it will not necessarily affect the way the club operates. The membership fee will stay the same but a new assessment of financial responsibilities of the members will be imposed next year.

The annual Thanksgiving dinner will be held after the regular meeting on Nov. 12. The turkey and ham will be provided by FALW. Guests will be charged \$10 to attend the dinner.

## RALPHS REWARDS PROGRAM



Kelly Bitz (l) from Mutual 2 visited the Ralphs Reward sign-up table to contribute to the Golden Age Foundation (GAF). LWers can sign up for the program on Wednesdays in Clubhouse 6 from 9-11 a.m. The GAF will ask for a resident's full name, email and phone number related to their Ralphs membership card to sign up. The information will be shredded once the process is complete.

## Paws, Claws and Beaks Club

Helen Sanders of Cat Protection and Welfare Society (CatPAWS) will speak at the Paws, Claws and Beaks meeting on Wednesday, Nov. 15, at 4 p.m. in Clubhouse 3, Room 9.

CatPAWS is a Seal Beach nonprofit cat rescue organization which does much more than rescue, foster and adopt cats to loving homes. CatPAWS has several new and exciting programs including, pet therapy for seniors, mobile spay/neuter clinics and opportunities for Leisure World residents to get involved as volunteers.

CatPAWS has a permanent adoption center located at PetSmart

**CATPAWS, page 24**

## Battery Recycling

The Golden Age Foundation's (GAF) battery recycling program returns on Tuesday, Nov. 21, in the Clubhouse 2 parking lot from 10 a.m.-noon. A GRF ID is required.

GAF will collect approved batteries including alkaline, carbon zinc, nickel cadmium, nickel metal-hydride, lithium ion, lithium metal, silver oxide, button cell batteries and all other dry cell batteries. People are asked to place each lithium battery in a separate bag in



accordance to recycling requirements.

It is important to recycle batteries instead of throwing them in the dumpster to keep LW waste fees low and keep the planet clean. For more information, call Carl Kennedy at 661-810-9410.

## American First Republican Club

The LW America First Republican Club's next meeting will be held Nov. 15 in Clubhouse 3, Room 2 at 5 p.m. The club will not meet in December. The club booth will be open outside of Clubhouse 6 from 10 a.m.-1 p.m. on Nov. 6, 8, 13, 15, 20, 22, 27 and 29.

# Learn about the Middle East crisis today

Dr. Don Schwartz, professor emeritus of history at California State University Long Beach (CSULB), will be the featured speaker at the Seniors For Peace Club's meeting today, Nov. 2, at 2 p.m. in Clubhouse 3, Room 9. He will present a program titled "Causes and Consequences of the Current Crisis in the Middle East." He will delve into the history and politics of Israel, the Palestinians and Gaza; what was happening behind the scenes before the surprise attack by Hamas; and the many possible ramifications of the conflict. It will be an informative and insightful talk.

Schwartz taught history at CSULB for more than 20 years. In his retirement he has continued to conduct weekly lecture classes, either through OLLI or independently, on many different topics in history and has a loyal following of adult students.

He is deeply involved with improving the Teaching American History project, working with the Gilder Lehrman Institute of American History and with teaching American history projects as well as serving as former executive director of the California Council for History Education.

All LW residents and their



Dr. Don Schwartz  
guests are invited to attend. Call Pat Kruger at 562-357-4040 for more information.

## LW BIRTHDAY



Maxine Wells (seated, center) from Mutual 14 celebrated her 105th birthday with family and friends. She moved to Leisure World in 1990 and currently resides at Roundtree Gardens in Stanton.



Dr. Michael Setareh

## Sunshine Club

Dr. Michael Setareh, a family medicine physician, will talk to the Sunshine Club about healthy aging on Friday, Nov. 3, in Clubhouse 3, Room 2, at 10 a.m.

Setareh is a board certified family medicine physician who is passionate about helping his patients achieve their goals. He understands that feeling good is as important to health as lab values and prides himself on his ability to form successful partnerships with his patients.

Setareh's ability to blend the most effective integrative and allopathic treatments to obtain results quickly and safely sets him apart in this specialty. His expertise includes hormone optimization, weight loss, sexual health/dysfunction, fitness and nutrition.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome.

People are asked to arrive promptly, those who are late are asked to quietly use the back door.

For information, contact Anna Derby at 562-301-5339.

## HOSPITALITY ROOM



Golden Age Foundation (GAF) volunteers will serve pizza, cookies, tea and coffee at the Hospitality Room today, Nov. 2, from 9-11 a.m. The Hospitality Room is open Monday-Friday from 9-11 a.m. in Clubhouse 6. For more information, call Carl Kennedy at 661-810-9410.

## SEAL BEACH FARMERS MARKET



Le St. Honoré Bakery is a new booth at the SB Farmers Market that features high quality pastries made with authentic French flour and butter. Mo Mosba (r) gives patrons a tour of his delightful pastries from berry tarts to buttery buns to Danish dishes. He sells berry, banana, pistachio and other cronuts, as well as croissants and donuts, plus ham, bacon or mushroom quiches. It's hard to resist his tempting Nutella, pumpkin or cream pastries. LW resident Ellen Brannigan (l) picked up some of his delicious pastries last week. The farmers market is held from 9 a.m.-1 p.m. every Tuesday at the intersection of Westminster and Seal Beach Boulevards.



## LW Democratic Club

by Mary Larson  
LW contributor

In an effort to be of assistance to Leisure World residents, the Democratic Club continues to reach out to potential voters about the importance of the March Primary Election.

In the 2010 Primary Election, California voters approved Proposition 14 (the Top Two Candidates Open Primary Act). That act was initiated by the governor at the time, Republican Arnold Schwarzenegger. It required that the two candidates receiving the greatest number of votes in the Primary Election would appear on the subsequent General Election ballot regardless of party preference.

The Top Two Primary applies to most of the offices that were previously known as “partisan” and are now known as “voter-nominated” offices. In California, these offices include:

- United States Senators and Congressional Representatives
- State Senators and Assembly members
- Governor and Lt. Governor
- State Treasurer, Secretary of State and Attorney General.

The Top Two Primary rule does not apply to county or local offices. In these races, any candidate who receives 50% plus 1 vote in the Primary is immediately elected to the position. A primary example is the current race for election to the Orange County Board of Supervisors from the district that includes Leisure World.

Cyprus City Council Member Frances Marquez is the Democratic Party endorsed candidate for election to the Orange County Board of Supervisors in LW’s District 1. Her name will appear on all LW ballots. Two Republicans, former Assembly member Van Tran and Westminster Councilmember Kimberly Ho, are also running in the race and will be on every LW ballot. Additional candidates may file before the December deadline.

If any one of the candidates gets 50% + 1 of the vote in the Primary, they are elected and do not have to run again in the November General election.

The Democratic Club also continues to expand its Neighbor to Neighbor program. Mutual coordinators and volunteers

will gather in November for updates on both candidates and issues that will be on the March 5 ballot. Those interested in participating in the program should email [kmoran97@yahoo.com](mailto:kmoran97@yahoo.com).

The club’s next voter education session will be on Wednesday, Nov. 15 in Clubhouse 3, Room 3, at 1 p.m. Theresa Danton will help participants know how to do research about the 36 judicial candidates that will be on the ballot. To register, email [Beverleybender@gmail.com](mailto:Beverleybender@gmail.com).

The Seal Beach Leisure World Democratic Club believes health care is a right, diversity is a strength, the economy should work for everyone, and that facts and truth matter. Everything appearing in these weekly press releases and our semi-monthly newsletters has been fact checked to the fullest extent possible.

All Leisure World Democrats and supporters are invited to subscribe to the club’s electronic newsletter by emailing [mlarson.telfords@gmail.com](mailto:mlarson.telfords@gmail.com) or calling 562-296-8521. It is important to include full contact information, including party registration, in the request.



Feliza Dixon (l) and Roberta Johnson volunteer on each Wednesday from 9-11 a.m. in the Mobility Aids Office.

## Mobility Aid Program

The Mobility Aid program is one of the five core programs of the Golden Age Foundation (GAF). It provides a variety of free equipment designed to promote greater freedom and independence for shareholders with mobility impairments and decrease the risk of falling. Mobility Aids are loaned to residents of Leisure World in six month intervals. Renewal of a loan agreement is required for each six month interval.

Two volunteers staff the office each day, Monday-Friday from 9-11 a.m. in Clubhouse 6. The after-hours telephone assistance line is staffed by volunteers to provide information and urgent assistance when needed. It is 562-431-9589.

There are five types of mobility aids in a variety of sizes in the Mobility Aid Center: wheelchairs, transport chairs, four-wheel rollators with seats, knee rollators and two wheeled walkers.

The GAF is always looking for new volunteers wanting to get involved with any of the many programs provided. To get involved, call 562-431-9589 and leave a message. The call will be returned within 24-48 hours. For more information, go to [www.goldenagefdn.org](http://www.goldenagefdn.org).

## CATPAWS from page 23

in Rossmoor, where adorable, adoptable cats and kittens meet the public and find their “forever” homes. The organization is always looking for interested volunteers who can self-schedule their shifts, and work as many or as few days and hours as they wish.

Residents are invited to attend the meeting and learn more about CatPAWS’ work in the community saving cat’s lives and enriching the lives of people who cherish them.

There will be a video presentation and an opportunity drawing for prizes, including PetSmart gift cards.

People are asked to bring a potluck dish to share. For more information, call Bonnie Kaplan at 714-930-5314.

## Next shredding event will be held Nov. 14

The Golden Age Foundation (GAF) will hold a shredding service on Nov. 14 at 10 a.m. in the Clubhouse 2 parking lot.

The GAF reminds residents of the following rules:

- Residents are asked to put documents in untied plastic or brown paper bags.
- Do not arrive earlier than 10 a.m.
- Put bags on the front passenger seat for GAF volunteers to receive.
- All residents are asked to drop and go. There will not be any chairs provided to sit and wait.
- Magazines, newspaper, X-ray scans, electronic devices and contaminated bags will not be accepted.
- Remove staples and paper



Volunteer Ren Villanueva will help facilitate the event.

clips from documents.

All GAF programs are provided free to Leisure World residents. The GAF is entirely staffed by volunteers, so all contributions go directly to meeting

community needs.

Donations are welcome.

For more information about the GAF and its services, go to [www.GoldenAgeFdn.org](http://www.GoldenAgeFdn.org) or text Anna Derby at 562-301-5339.

## AMERICAN LEGION AUXILIARY BINGO



American Legion Auxiliary will host bingo games on Sunday, Nov. 5, in Clubhouse 2, at 1:30 p.m. The American Legion Auxiliary meets every third Monday at 1 p.m. in Clubhouse 3, Room 1. Those interested in joining should contact Dianne Hart at 714-955-2885.

## Save the date for the American Legion fashion show

The American Legion Auxiliary will sponsor its annual fashion show and luncheon on March 9, in Clubhouse 2. Carol’s, Old Town Seal Beach, will provide the fashion for this event.

Tickets can be purchased for \$40 or \$300 for a table of eight.

The event will include lunch provided by “Love At First Bite” and a raffle.

All proceeds will go toward scholarships for veterans enrolled in the nursing program at Golden West College in Huntington Beach and local

programs for veterans and their families.

The club looks forward to presenting this event again in support of veterans.

All are welcome to join. To reserve tickets, call Denese Anderson at 951-640-9340.

## OBITUARIES

### Cindy Maiden 1958-2023

Cindy Maiden passed away in Leisure World on Oct. 20, 2023 at the age of 65. Cindy was born in Portland, Maine, but moved to California with her parents when she was in high school.

Cindy had a variety of careers. Her love for children led her to have an in-home daycare and then transitioned to working in a childcare center of a private school before she became an office manager. After beating a difficult case of breast cancer, Cindy moved on to pursue a job working in attractions at Disneyland. Cindy had a passion for all things Disney which meant that she was living the Disney magic each day. She eventually left Disneyland to work for the Golden Rain Foundation in Recreation and then Copy



and Supply offices.

Cindy lived in Long Beach for most of her life and loved going to the beach regardless of the season. She was a lover of rollercoasters, movies, sweets, and Diana Galbaldon’s Outlander series. She said she was always waiting for her Scottish Highlander in a kilt to come and sweep her off her feet.

Cindy’s passing was very unexpected; her family and friends are mourning her during this difficult time. Her legacy includes four daughters and six grandchildren. She often had her grandchildren over for sleepovers. These sleepovers would include camping in tents in her living room and giving them more sugar than their parents would ever allow before dropping them off at home.

A celebration of Cindy’s life will be held on Friday, Nov. 17, in Clubhouse 4. Contact Jennifer at 714-271-0737 if you would like to attend.



# HEALTH & FITNESS

## LW BICYCLE GROUP



The fearsome foursome Bill Castro (l-r), Carl Kennedy, Al Baseler and Bruce Vircks crossed the new Long Beach International Gateway Bridge (top), a 2,000-foot long and 200-foot high structure completed in 2020. Join the LW Bicycle Group on Sundays with breakfast, and Mondays, Wednesdays and Fridays at 9 a.m. at the North Gate. Helmets and safe shoes are required. For more information, contact Lucy Cyza at 818-209-5075, or Mary Romero at 562-509-8475.

## JOYFUL LINE DANCE



Due to scheduling conflict, there will be no class on Nov. 2. Joyful Line Dance Club meets on Thursdays in Clubhouse 2 from 10:30 a.m.-12:30 p.m. The club will have a special class from 10-10:30 for newbies to learn easy and simple dances. Line dancing takes time to master, and the club's leaders make this process easy and enjoyable for new members. Each leader goes to the stage to demonstrate before the music plays so beginners can learn by watching their steps. Everyone is welcome to join with the minimal membership fee. Exercise or dancing shoes are required. All attendees and their guests must sign in as they enter the class. For questions or more information, text Anna Derby at 562-301-5339.

## Don't wait and get help with low mood, sadness or depression

Statistics show that 2 million of the 34 million Americans 65 and older suffer from some form of depression, and only 3% receive treatment. It is important to remember that depression is a medical illness that can be treated with medication or psychotherapy, and the prognosis of older adults is excellent when they seek treatment for this disorder.

ReConnect, a program of

the Council on Aging, is available to LW residents by calling 714-352-8820 or visiting [coasc.org/reconnect](http://coasc.org/reconnect). People can also contact the Veterans Crisis Line at 1-800-273-8255 (press 1), or the Suicide and Crisis Lifeline by dialing 9-8-8.

For more information and additional resources, contact GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

## Balance and Stability Club

The Balance and Stability Club will meet on Tuesday, Nov. 7, at 10 a.m., in the Clubhouse 3 Lobby. All are welcome to attend to improve their balance and reduce falls and learn exercises that can be done at home.

For more information, call Adrienne Rosenfeld at 562-397-1519.

## WA-RITE



Top loser Darleen Gardner (l) and co-queen of September Pat Miller.

## Get your weight loss back on track on Fridays in Clubhouse 3

The Wa-Rite Club meets on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-ins are from 8:15-8:45 and are optional for visitors. The annual membership fee is \$10. Weekly dues are 10 cents. All female residents looking to improve their health and lose at least 10 pounds are invited to join any of the club's meetings, and should arrive no later than 8:45 a.m.

In the week ending Oct. 20 the club lost a total of 16.5 pounds. Darleen Gardner took a top loser title with a 6.5 pound weight loss. She attributed her success to resolving a medical concern, exercising and watching what she ate. Gardner also reminded everyone that

**WA-RITE, page 27**

## WATER AEROBICS CLASS



Everyone is welcome to attend the water aerobics class daily, from 8:30-9 a.m., at the LW swimming pool. Classes are free, fun, and offer fundamental water calisthenics. People can wear bathing suits, or t-shirts and shorts. Barbara Magie (l-r), Jean Hogue, Joyce Craig and Gwen Robertson founded this class and been doing pool exercises for 10 years. Anyone who is looking to add variety to their exercise routine is welcome to try it out.

## Medicare open enrollment period is ongoing through Dec. 7

It's that time of the year again for people 65 or older to sign up for Medicare Part A and Part B through Social Security, and make both retirement and Medicare choices. Knowing the options, costs, and how Medicare works doesn't have to be complicated.

- **The Initial Enrollment Period (IEP).** The IEP starts after turning 65. It lasts for seven months and ends three months after the month people turn 65. The coverage always starts on the first of the month. People who qualify for premium-free Part A can take advantage of their coverage the month they turn 65. Part B (and Premium-Part A) coverage starts based on the month people sign up. Those who don't qualify for a Premium-free Part A, might be able to buy it. The amount depends on how long a person or their spouse worked and paid Medicare taxes.
- **Getting Social Security benefits before 65.** Those who are planning to get retirement or disability benefits from Social Security at least four months before turning 65 will automatically get Medicare Part A (hospital insurance) and Part B (Medicare insurance) when they turn 65, but still have to decide about adding the drug coverage. Those with Social security disability

**MEDICARE, page 27**



## Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting *The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5.*

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

### Thursday, Nov. 2

Chicken with sweet and sour sauce, egg noodles, Oriental vegetables, whole wheat dinner roll, and sugar-free fruited gelatin.

### Friday, Nov. 3

Cubed beef with ranchero sauce, Mexican rice, pinto beans, tortilla, Pico de Gallo, canned apricot.

### Monday, Nov. 6

Chicken torta sandwich with pinto beans, shredded lettuce, diced tomatoes and mayonnaise, French roll, and tropical fruit mix.

### Tuesday, Nov. 7

Beef cheeseburger with swiss cheese, lettuce, tomato and red onion, whole grain bun, mayonnaise, mustard, ketchup, potato salad, and sugar-free fruited gelatin.

### Wednesday, Nov. 8

Moroccan lentil vegetable soup with sugar-free crackers, veggie egg salad, barley mushroom salad, whole wheat mini blueberry muffin with Smart Balance, and diet pear crisp.

Due to Veterans Day holiday, the LW Weekly office will be closed on Friday, Nov. 10. For the Nov. 16 paper, submit any content by 4 p.m. on Wednesday, Nov. 8.

## FITNESS FUSION



Fitness Fusion Club meets on Tuesdays from 10:30-11:30 a.m. in Clubhouse 6 and on Thursdays and Saturdays from 10:30-11:30 a.m. at Veterans Plaza. Class participants work on the shoulder press to strengthen shoulders, triceps and biceps. For more information, contact Marian Higgins at 562-296-8328.

## Leisure Leggers

The Leisure Leggers, a LW running and walking club, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood. Dues are 99 cents per year. For more information, call club president Tom Pontac at 562-304-0880.

## Dental Services for Retired Veterans

For the 10th consecutive year, Dr. Seza Barsamian's Los Alamitos dental office will offer annual free dental services for retired veterans in honor of Veterans Day.

Retired veterans will get their annual dental checkup, X-rays

and regular dental cleaning at no cost on Thursday, Nov. 9, at 4022 Katella Ave., Suite 206, Los Alamitos, 90720.

To schedule an appointment, call 562-596-4439. Office hours are from 9 a.m.-5 p.m.

—Dr. Seza Barsamian

# Puzzle Answers

Puzzle pages 6-7



SCRABBLE G R A M S SOLUTION														
O	N	E	S	E	L	F								
M	I	S	F	O	R	M								
N	O	T	A	B	L	E								
G	R	A	P	H	I	C								
O	M	N	I	B	U	S								
PAR SCORE 250-270										TOTAL 339				

## Crossword Answers

M	E	A	L	T	E	M	P		A	B	J	E	C	T		B	S	A
O	T	T	O	E	X	T	R	A		T	O	U	C	H	E		A	L
C	H	O	O	S	E	O	N	E	S	B	A	T	T	L	E	S		S
H	I	N	T	A	T			S	P	E	D		A	R	T		D	E
A	C	E		C	H	E	S	T	E	R		S	T	I	R		O	D
				M	A	K	E	A	L	O	N	G	S	T	O	R	Y	S
B	E	E	N		D	R	E		S	U	P	S		I	A	N		
A	R	N	A	Z		S	E	L	A		F	A	S	T	E	D		W
M	A	T	T	E	R		P	U	L	L	I	T	O	G	E	T	H	E
							R	E	C	Y	C	L	E			O	R	G
M	I	C	R	O	B	E		Y	A	T	E	S		O	P	E	N	T
A	L	O	E		O	R	S		A	L	T	O	S	A	X			
A	I	M	F	O	R	T	H	E	S	T	A	R	S		N	I	E	C
S	A	M		U	N	S	E	E	N		N	O	A	H		T	R	A
				O	A	S			A	R	U	T		K	O	S		I
F	I	N	D	T	H	E	R	I	G	H	T	B	A	L	A	N	C	E
L	A	R	D		E	L	S	E		R	E	U	N	I	T	E		O
E	G	O	S		U	R	F		M	E	A	N			P	A	R	R
S	R	O		R	E	M	E	M	B	E	R	Y	O	U	R		R	O
H	E	M		I	T	A	L	I	A		S	A	L	V	E		A	L
Y	E	S		S	I	O	N	I	C	S		N	E	A	P		M	E

## Sudoku 1 Answers

9	2	5	6	8	3	4	1	7
8	3	7	1	2	4	6	5	9
1	6	4	9	7	5	8	3	2
7	1	8	2	3	9	5	4	6
3	9	2	4	5	6	1	7	8
5	4	6	8	1	7	2	9	3
4	8	1	3	9	2	7	6	5
6	7	3	5	4	8	9	2	1
2	5	9	7	6	1	3	8	4

The Basic Rules of Sudoku:  
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

## Jumble Answers

SWISH MODLM LIZARD LARGLH  
His mother-in-law had questions about his outdoor cooking techniques, so she — GRILL ED HIM

## Sudoku 2 Answers

2	4	8	1	9	5	3	7	6
1	6	9	7	3	4	5	2	8
3	5	7	2	8	6	9	4	1
9	1	4	3	7	2	6	8	5
8	7	2	6	5	9	1	3	4
6	3	5	4	1	8	7	9	2
7	8	1	5	2	3	4	6	9
4	9	3	8	6	1	2	5	7
5	2	6	9	4	7	8	1	3

## Guess Who?

C. Thomas Howell

## Crypto Fun Answers

A. flour B. mixer C. rolled D. sugar

## Boggle BrainBusters Answers

BED BOFA DECK TABLE CHUP APWADRE CHA NET

## Word-Find Answers

P	U	M	P	K	I	N	P	I	E	T	V	A	N	I	L	L	A	D	P
O	F	G	G	G	I	R	K	C	T	M	A	E	R	C	U	K	Y	G	V
K	O	D	U	P	S	P	F	S	T	R	U	D	E	L	A	F	R	H	O
H	G	L	I	N	G	R	E	D	I	E	N	T	S	G	K	U	A	U	R
C	T	O	Y	O	O	S	G	G	E	G	D	V	U	C	Y	I	N	O	F
S	T	F	N	C	K	O	R	L	L	R	I	B	H	P	B	P	S	L	B
T	H	V	Y	V	T	K	N	E	A	D	E	K	A	C	T	I	U	R	F
A	D	A	E	R	B	R	E	G	N	I	G	P	N	E	S	S	S	Y	B
E	E	K	B	A	K	E	D	H	N	C	G	D	R	P	F	E	M	C	I
R	V	P	T	O	R	T	E	H	H	E	N	U	R	P	I	H	O	H	G
T	B	A	I	S	L	O	E	O	L	C	T	I	O	K	I	R	P	E	S
Y	H	A	P	C	E	T	C	S	I	A	N	S	O	S	H	K	A	Y	U
F	G	N	L	O	E	O	R	L	R	K	R	O	R	N	S	B	S	B	I
F	N	A	A	Y	L	R	P	E	L	H	C	N	N	O	N	V	T	B	D
P	I	S	T	A	V	O	P	E	S	S	V	N	C	E	K	M	R	Y	O
P	D	M	T	D	E	M	S	I	F	S	U	L	G	V	A	O	Y	F	I
C	D	E	E	M	E	S	S	S	D	A	E	Y	D	V	D	C	U	F	G
L	U	C	R	T	H	N	P	B	V	D	O	D	U	E	T	K	G	P	B
Y	P	R	K	O	G	D	B	M	H	C	R	U	M	B	S	K	V	Y	I
A	T	E	S	T	I	A	K	M	Y	R	O	L	L	I	N	G	P	I	N



KOREAN SENIOR HEALTH CLUB CLASS



The Korean Senior Health Club Class (KSHCC) meets on Thursdays in Clubhouse 3, Room 4, at 1 p.m. Everyone is welcome to come, sing and play, stretch, solve quizzes and search for riddles, and enjoy the occasional guest speakers. All the activities held in class are beneficial for an overall well-being and may prevent dementia. On Oct. 20 the members visited the Riley’s Farm at Oak Glen and had fun picking the apples. For more information, call 714-713-0905.

Blood Sugar and Nutrition Seminar

Over 1.4 million Americans are diagnosed with diabetes every year. Registered dietitian Jacqueline Atwood from Right at Home will discuss the ways to manage diabetes through nutrition on Friday, Nov. 3, at 2 p.m., in Optum HCC Large Conference Room.

For more information, contact GRF Member Services Liaison Robann Arshat at 562-431-6586, ext. 317.

Optum HCC Events, Nov. 2-17

**SCAN Medicare Camp**  
Diane Scott from SCAN will speak about Medicare and share tips on how to save money. No RSVP needed.  
**When: Thursday Nov. 2**  
**Where: Outside of Large Conference Room**  
**Time: 11:30 a.m.-1 p.m.**

**Medicare 101 in Korean with David Kim**  
David Kim will speak about Medicare benefits to LW’s Korean-speaking population. Light refreshments will be served. RSVP by calling 657-325-6334.  
**When: Friday, Nov. 3**  
**Where: Large Conference Room**  
**Time: 10-11 a.m.**

**Sussy Kim and United Healthcare**  
Korean broker Sussy Kim will speak about United Healthcare Medicare benefits. No RSVP needed.  
**When: Tuesday, Nov. 7**  
**Where: Large Conference Room**  
**Time: 11 a.m.-noon**

**United Healthcare Formal Sales Meeting**  
Sherry Vandervoort will speak about Medicare benefits. RSVP by calling 949-702-9488.  
**When: Monday, Nov. 13**  
**Where: Large Conference Room**  
**Time: 10-11 a.m.**

**Pelvic Floor Therapy**  
Come and learn about the benefits of a pelvic floor physical therapy. RSVP by calling 562-493-9581, ext. 6255.  
**When: Monday, Nov. 13**  
**Where: Large Conference Room**  
**Time: 2-3 p.m.**

**SCAN Medicare 101**  
Diane Scott from SCAN will speak about the latest updates in Medicare and share tips on how to save money. No RSVP needed.  
**When: Tuesday, Nov. 14**  
**Where: Large Conference Room**  
**Time: 10-11 a.m.**

**Music and Movement with Alignment Health**  
Join Alignment Health for a fun music and movement session to improve balance and stability and prevent falls. Music has been shown to improve health and quality of life in older adults. RSVP by calling 562-493-6581 or just come by.  
**When: Wednesday, Nov. 15**  
**Where: Large Conference Room**  
**Time: 11 a.m.-12:30 p.m.**

**Kidney Smart Informational Class**  
Come and learn about chronic kidney disease, its warning signs, risks, and how to manage it. No RSVP needed.  
**When: Thursday, Nov. 16**  
**Where: Large Conference Room**  
**Time: 2-3 p.m.**

**Balance and Fall Prevention Talk With Shaun Torbati**  
Physical Therapist Shaun Torbati will hold an interactive balance and fall prevention workshop. Be prepared to move and dress accordingly, and learn how to use the body to stay balanced and upright, and avoid falls. RSVP by calling 562-493-9581.  
**When: Friday, Nov. 17**  
**Where: Large Conference Room**  
**Time: 1-2:30 p.m.**



Bev Bender

Laughing for the Health of It

Everyone is invited for an hour of laughter for no reason on Wednesday, Nov. 8, at 1:30 p.m. at the Health Care Center Conference Room. Participants will leave with smiles on their faces and a song in their hearts. Best of all, it’s fun, free and non-fattening.

Bev Bender is a certified laugh leader who helps people improve their lives through laughter.

WA-RITE from page 25

LW residents have access to a 24-hour consulting nurse hotline.

The Club also celebrated its co-queen of September Pat Miller who lost a total of 7.5 pounds in one month.

Second Vice President Marina Tesla shared some recipes and products she uses to maintain her goal weight. Members took notes of her valuable tips and recommendations on portion control, avoiding temptations in different environments and kitchen shortcuts. The recipes will be provided in an upcoming newsletter.

In addition to welcoming eligible female residents to attend up to three meetings for free, the club asks its members and nonmembers to take note of the following changes and restrictions in the upcoming meeting schedule:

- Nov. 3: Business meeting.
- Nov. 10: Last day of the autumn contest.
- Nov. 24 and Dec. 22: No meeting.
- Dec. 8 (auction) and Dec. 15 (Christmas party) meetings are for members only.

—Denise Stabile

BALLET FITNESS



The Ballet Fitness Club meets on Saturdays from 1:30-2:30 p.m. in the Clubhouse 6 mirror room. Classes are taught by instructor Mel Lockett, who promises that everyone will have fun dancing and exercising their body and mind. All are welcome, including men.

Meals on Wheels Long Beach

*Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk.*

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit [www.mowlb.org](http://www.mowlb.org) to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, Nov. 2

Beef Stroganoff, egg noodles, zucchini medley, seasoned carrots, sugar cookies, roast beef and cheese sandwich with lettuce, tomato, and pickle, and creamy coleslaw.

Friday, Nov. 3

Baked turkey ziti, whole grain roll, California blend vegetables, kiwi, Greek chicken salad with tomato, olives, cucumber, feta cheese, vinaigrette dressing, and crackers.

Monday, Nov. 6

Rosemary chicken breast with creamy garlic sauce, rice pilaf, seasoned carrots, mixed vegetables, applesauce, egg salad sandwich with spinach and tomato, and marinated beet and onion salad.

Tuesday, Nov. 7

Homemade meatloaf with mushroom gravy, garlic and chive mashed potatoes, creamed spinach, vanilla pudding, chicken Caesar salad with lettuce, cheese, croutons, Caesar dressing, and crackers.

Wednesday, Nov. 8

Oven-roasted chicken breast with barbecue sauce, mashed sweet potatoes, broccoli, chef’s special cake, turkey and cheese sandwich with lettuce, tomato and pickle, and carrot and pineapple salad.

MEDICARE from page 25

- benefits will get a Medicare automatically after getting disability benefits for 24 months.
  - **Getting Social Security benefits after 65.** People 65 and older should learn more about different parts of Medicare, and contact Social Security to sign up.
  - **Getting Social Security past 65 while working.** People (or their spouses) who are still working when they turn 65 need to find out when to enroll by going to [www.medicare.gov](http://www.medicare.gov) and following the “getting Social Security benefits after 65” steps.
  - **Getting Social Security with the End-Stage Renal Disease (ESRD).** People with ESRD can get Medicare no matter how old they are if:
    - Their kidneys no longer work, they need regular dialysis or have had a kidney transplant.
    - Worked with the required amount of time under Social Security, the Railroad Retirement Board (RRB), or as government employee.
    - Already getting or eligible for Social Security or Railroad Retirement benefits.
    - Are the spouse or dependent child of a person who meets either of the requirements listed above.
  - **Have a Lou Gehrig’s disease (ALS).** People with an ALS disease can get a Medicare automatically the same month they start to get Social Security benefits.
  - **Need a Special Enrollment Period (SEP).** A Special Enrollment Period is only available for a limited time. If missed, people can wait for the General Enrollment Period (Jan. 1-Mar. 31) and might have to pay a monthly late enrollment penalty.
- For questions and more information, visit [www.medicare.gov](http://www.medicare.gov), or call 1-800-633-4227 or 1-877-486-2048 (TTY).

—www.medicare.gov

Health Tip

As people age, they lose muscle mass, so it’s important to strength train to stay strong. If there’s only time for one exercise, do a set set of squats.

Squats strengthen all of the muscle groups in legs, including

the calves, quadriceps, hamstrings and glutes, as well as muscles in the lower back and core. Those muscles provide the foundation for most activities of daily living, such as climbing a set of stair or standing up from a chair.



# Professional Services

Room Additions / All Improvements



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# CLUB MEETING SCHEDULE

Meeting information is subject to change. Check the LW website at [www.lwsb.com](http://www.lwsb.com) for the most current listings.

## ARTS AND CRAFTS

**Art League**, CH 4, A, B and C Sections, 2nd Tues., 7-9 p.m. for art show and demonstration, 562-431-4124

**Arts & Crafts Guild**, CH 4, Art Rm., Thurs., Mon., 9:30 a.m.-12:30 p.m.

**Ceramics—Claytime Ceramics**, CH4, Ceramics Rm., Wed., 10 a.m.-2 p.m.

**Ceramics—Clay Crafters**, CH 4, Ceramics Rm., Mon., Fri., noon-4 p.m.

**Chinese Brush Painting**, CH 4, Art Rm., Mon., 1-4 p.m.

**Korean Traditional Painting**, CH 3, Rm. 5, Tues., 9 a.m.-noon

**Lapidary/Beading**, CH4, Lapidary Rm., Mon.-Fri., 9 a.m.-3 p.m.; Sat., 9 a.m.-noon

**Love Weaving Baskets**, CH 3, Rm. 6, 4th Sat., 9 a.m.-5 p.m. (does not meet Nov., Dec.)

**Photographic Arts Club**, CH 3, Rm. 9, 2nd Thurs., 1:30-3 p.m. 562-430-7978

**Quilting Bees**, CH3, Lobby, Wed., 9-11:30 a.m.

## CARDS

**Bridge—Combined Party Bridge**, CH1, Mon., noon-4 p.m.; 1st & 2nd Fri., noon-4 p.m.

**Bridge—LW Duplicate Bridge**, CH 1, Mon., Thurs., Fri., Sat., 12:30 p.m. (arrive by noon) 562-308-7838

**Cribbage Club**, CH 1, Tues., noon- 4 p.m.

**Diamond Poker Club**, CH 3, Rm. 3, Tues., 4-8 p.m.

**Hold ’em -N- Squeeze ’em** (poker), CH 3, Rm. 6, Sat., Wed., 6-9:30 p.m.

**Leisure World Pinochle Club**, CH 1, Mon., Thurs., noon-4 p.m.

**Social Club of Leisure World**, CH 1, Fri., noon-4 p.m.

**Tournament Poker Club**, CH 6 Hospitality Center, 1st, 2nd, 3rd Sat., Registration 10 a.m.; Play at 10:30 a.m.

## DANCE

**Ballet Fitness**, CH6, Rm. C, Sat., 1:30-2:30 p.m.

**Dance Fitness**, Vets Plaza, Mon., 4:30-5:30 p.m.; CH 6, Sec. C, Tues., 9-10 a.m.

**Dancers & Mixers**, CH 4, 1st Tues., 7-9 p.m. 562-431-1257

**Dancing Feet**, CH 2, Mon., 7-9 p.m., 4th Sun., 5:30-10 p.m.

**Flowering Step Line Dance Club**, CH 2, 1st, 2nd, 4th Mon., 10 a.m.-noon; CH 3, Lobby, 3rd Mon., 10 a.m.-noon

**Grapevine Line Dance**, CH 6, Sec. C, Thurs., 2-5 p.m.

**Hui O Hula**, CH 6, Sec. C, Tues., 1-5:30 p.m.

**Joyful Line Dance of Leisure World**, CH 6, upstairs, Thurs., 10:30 a.m.-12:30 p.m.

**Korean Folk Dance Club**, CH 6, Sec. C, Sat., 8-10 p.m.

**Leisure Time Dance Club**, CH6, Sec. C, Mon., 2-4 p.m., 310-743-9373

**Line Dance Class**, CH6, Sec. C. Mondays 10:15-11:45 a.m.

**LW Cloggers**, CH 6, Wed., 8:30-11:30 a.m. 562-598-9974

**Saturday Morning Dance Class**, CH6, Sec. C, Sat., 9-11 a.m. 406-858-3560

**Suede Sole Dancers**, Scheduled as needed.

**Zumba Club**, CH 6, Sec. C, Wed., 4:30-5:30 p.m.; Vets Plaza, Fri., 8:30-9:30 a.m.

## ENTERTAINMENT CLUBS

**Abilene Club**, CH 2, Thurs., 5-10 p.m.; 4th Sat., 4-10 p.m.

**Cabaret Entertainers**, scheduled as needed, 626-485-3983

**The Entertainers**, schedule to be determined

**Doo Wop Club (Let the Good Times Roll)**, CH 2, 3rd Sat. in odd months, 4-10 p.m.

**Producers**, schedule to be determined

**Theater Club**, Performing Arts Center (Amphitheater building), 4th Fri, 10-11 a.m. njcataylor@yahoo.com

**Velvetones Jazz Club**, CH 4, 1st, 3rd Sun., 2-10 p.m.

## GAMES

**Bunco**, LW, CH 3, Rm. 1, 2nd, 4th Mon., 6-10 p.m.; CH 3, Rm. 7, 3rd Tues., 5-10 p.m.; CH 3, Rm. 5, Wed., 6-10 p.m.; CH 3, Lobby, 2nd, 4th Sat., 1-4 p.m.; CH 3, Rm. 1, 2nd Sat., 11

a.m.-5 p.m.

**Chess Club**, CH3, Rm. 7, Fri., 2-6 p.m.

**Domino’s Mexican Trained**, CH3, Rm. 4, Thurs., 5:30 p.m.

**LW Woman’s Club Table Games**, CH 2, 3rd Fri., 1 p.m. 562-431-8240

**Scrabble**, CH 3, Rm. 5, Wed., 1-4 p.m.

**Yahtzee Club**, CH 3, Rm. 6, at 1 p.m., 1st, 3rd, 5th Fri. Diane Seeger: 562-533-5997.

## HEALTH AND EDUCATION

**Balance and Stability Club**, CH3 Lobby, 1st and 3rd Tuesday, 10-10:45 a.m.; 562-397-1519

**English Conversation Club**, CH 3, Rm. 9, Thurs., 5-10 p.m. (no meetings in Aug.)

**Impaired Vision & Hearing**, General meeting: CH3, Rm. 1, 4th Tues., 1:30 p.m. (except July, August, and November); Impaired Vision Support Group: CH3, Rm. 9, 2nd Wed., 10 a.m.; Hard of Hearing Support Group: CH3, Rm. 9, 3rd Tues., 10 a.m.; 562-596-1969

**Korean English Class**, CH 3, Rm. 4, Wed. (except 2nd Wed.), 9:30 a.m.-noon; 2nd Wed., CH 3, Rm. 9

**Korean Senior Health Club Class**, CH3, Room 4, Thurs., 1 p.m., 562-716-2010

## HOBBIES

**Art History Club**, CH 3, Learning Center, 2nd Thurs, 9:30-11:30 a.m., CH4, 4th Thurs., 1:30-3:30 p.m.

**Astronomy Club**, CH 3, Rm. 3, 1st Wed., 6:30-8:30 p.m.

**Carving Club**, CH 1, Tues., 1-4 p.m.

**Coin Club**, CH 3, Rm. 2, 2nd Wed., 1:30-4 p.m.

**Creative Writers**, CH 3, Rm. 1, 4th Fri., 1-4 p.m., 325-721-0687

**Drone Club**, CH3, Rm. 7, 4th Thurs., 11:30 a.m.

**Garden Club**, CH 2, 3rd Mon., 1:30-4 p.m.

**Genealogy Workshop**, CH3, Rm. 1, 4th Wed., 9 a.m.-noon

**Historical Society, LW**, CH 1, Historical Society Rm., Thurs., 2-4 p.m.

**Korean American Computer Forum**, CH 3, Learning Center, 1st, 3rd Thurs., 9:30-11:30 a.m.

**Korean Literature**, CH 3, Rm 7, 2nd, 4th Mon., 9:30-11:30 a.m.

**Leisure World Seal Beach Book Club**, CH 3, Rm. 7, 3rd Thurs., 1-3 p.m.

**LW Technology Club**, CH 3, Rm. 2, 2nd Tues. in March, May, September, 1-3 p.m.

**Paws, Claws & Beaks**, CH 3, Rm. 9, 3rd Wed., 4-7:30 p.m. (except May-Oct. when meetings are in CH 1 picnic area, 2nd Thurs., noon- 3 p.m.)

**Rollin’ Thunder Golf Cart Club**, CH 2, 4th Tues., noon-4 p.m. (except June, July, Aug., Sept. when meetings are in CH 1 picnic area)

**Silver Fox Classic Car Club**, CH 3, Rm. 5, 2nd Tues., 6 p.m.

**Traveling Tigers**, CH 3, Rm. 9, 3rd Wed., noon-3 p.m. (no meeting in Aug.)

**Video Producers Club**, CH 3, Rm. 7, 4th Tues., 10 a.m.

## MUSIC

**Entertainment Ensemble & Video Club, LW**, CH 3, Rm. 2, Mon., 9-11 a.m.

**CD Music for Seniors**, CH3, Rm. 3, 3rd Thurs., even months only, 1 p.m., barbara.mcfall4@gmail.com

**Community Karaoke**, CH1, Wed., 5:30-10 p.m.

**Evergreen Chorale**, CH 3, Rm. 8, Mon., 9 a.m.-noon

**Gloria Autoharp Club**, CH 3, Rm. 6, Wed., 10 a.m.-noon

**Good News Singers**, CH 3, Rm. 1, Thurs., 9-11 a.m.

**Korean American Chorale**, CH 3, Lobby, Fri., 9 a.m.-noon

**Korean Drum Club**, Amphitheater, Mon., 2:30 p.m., 818-632-7799

**Leisure World Opera Club**, CH 3 Learning Center, third Tues., 1:30 p.m.

**Leisure World Orchestra**, Amphitheater, Tues., 1-4 p.m.; Tues. and Wed., noon

**Leisure World Women’s Sing Along**, CH 3, 1st, 2nd, 3rd, 5th Wed., 1-4 p.m.

**Seal Beach Guitar Ensemble**, CH 3, Rm. 6, Thurs., 9 a.m.-noon

**Ukulele Guitar Club**, CH 3, Lobby, Thurs.,

1-4 p.m.

**Vibratones**, scheduled as needed

## NATIONALITY

**American Latino**, CH3, Rm. 2, 2nd Thurs., 11 a.m.-3:30 p.m.; CH3, Rm. 8, Wed., 3-5 p.m.

**Chinese Friendship Club**, CH 3, Rm. 7, Wed., 1-6 p.m.

**Filipino Association of Leisure World**, CH 3, Rm. 1, 2nd Sun., 2:30-8 p.m.; CH 1, 3rd Sun., bingo

**French Club**, CH3, Rm. 4, 1st and 3rd Sun., 2:30-4:30 p.m., 714-932-1244

**German American Club**, CH 3, Rm. 7, Tues. (except 4th Tues.), 12:30-4 p.m.

**Korean American Association of LWSB**, CH 2, 2nd Thurs., 4-10 p.m.

**Japanese American Club**, CH 3, Rm. 2, 3rd Sat., 11 a.m.-3 p.m. 714-317-1102

**Vietnamese American Club**, scheduled as needed, 714-932-1244

## POLITICS

**Democratic Club**, CH3, Rm. 9, 4th Wednesday, 1 p.m.

**Leisure World Republican Club**, CH 3, Rm. 2, 3rd Wed., 6-9 p.m.

**Seniors for Peace**, CH 3, Rm. 9, 1st Thurs, 2 p.m.; 562-357-4040

## RELIGION AND PHILOSOPHY

**A Course in Miracles**, CH 3, Rm. 8, Fri., 4-5:30 p.m.

**Assembly of God**, CH 3, Rm. 2, Wed., 9:30-11:30 a.m.; Sun., 9 a.m.-1 p.m.; CH 3, Lobby, Sun., 4:30-8 p.m.

**Baptist Church**, CH 4, Sun., 8 a.m.-noon; CH 3, Rm. 9, 2nd Wed., 1-4 p.m.

**Beit Halev—House of the Heart**, Scheduled as needed.

**Buddha Circle**, CH3, Rm. 3, Sat., 10 a.m.-noon

**Chinese English Bible Study Fellowship**, CH3, Rm. 9, Tuesdays 2-5 p.m.

**Congregation Sholom**, Fri., 6:30 p.m., Zoom; Sat., 10 a.m.-noon, CH 3, Rm. 9.

**Dongbu Pyunkang Church**, CH3, Rm. 2, Sun. (except last Sun.), 3-9 p.m.

**Interfaith Council**, scheduled as needed

**KCRC Bible Study**, CH 3, Rm. 1, 3rd Fri., 4:30-8 p.m.; CH 3, Rm. 6, Tues., 10 a.m.-noon

**Korean Bible Study**, CH 3, Rm. 5, Thurs., 6-9 p.m.; CH 3, Rm. 7, 2nd Sun., 5-9 p.m.

**Korean Catholic Fellowship**, CH 3, Rm. 9, 3rd Sat., 4-10 p.m.; 1st, 2nd Wed., 5-9 p.m.

**Latter-Day Saints**, CH 3, Rm. 1, 3rd Mon., 4:30-9 p.m.; 3rd Sun., CH 3, Rm. 6, 2-3:30 p.m.

**LW Han In Church**, CH3, Rm. 4, Sun., 8 a.m.-1 p.m.; CH 3, Rm. 8, Wed., 9 a.m.-noon

**LW Humanist Association**, CH 3, Rm. 1, 1st Sun., 10:30 a.m.-noon

**Seal Beach Cornerstone Fellowship**, CH 2, Sun., 9 a.m.-noon; CH 3, Rm. 3, Fri., 2:30-5:30 p.m.

**Seal Beach Evangelical Church**, CH3, Room 2, Sun., 1-3 p.m. 714-520-1877

**Seal Beach Sa-Rang Church**, CH3, Lobby and Rm. 9, Sun., 9 a.m.-2 p.m.; CH 3, Rm. 1, Wed., 6:30-8:30 p.m.

**Women’s Christian Fellowship**, CH 3, Rm. 6, 2nd, 4th Mon., 10-11:30 a.m.

**Young Nak Presbyterian Bible Study & Fellowship**, CH 3, Rm. 3, 3rd Sun., 5-7:30 p.m.

## SELF IMPROVEMENT

**AI Anon**, CH3, Rm. 7 on 1st and 3rd Mondays, 9:30 a.m., and CH3, Rm. 8 on 2nd and 4th Mondays, 9:30 a.m., 562-412-8351

**AA Friends**, CH3, Rm. 4, Wed., 3:30 p.m.; Sat., 8:30 a.m. 562-209-0816, 213-248-0539

**Fitness Fusion**, CH 6: Tues., 10:30-11:30 a.m.; Veterans Plaza: Thurs., 10:30-11:30 a.m.

**Fun Exercise Club**, CH 6, Sec. C, Mon., 9:30 a.m.-1 p.m.

**Joy Walking & Jogging**, Amphitheater, Sat., 7:30-11:30 a.m.

**Leisure Leggers**, CH 6, Mon., 8 a.m.

**LW Bike Riders Club**: North Gate, Sun., Mon., Wed., Fri., Group A: 562-509-8475, Group B: 818-209-5075

**LW Yoga Club**, CH 6, Sec. C, Wed., 9-10 a.m.; 10:15-11:15 a.m.; Veterans Plaza, Tues., 10:15-

11:15 a.m.

**Walk/Hike Club**, Various locations, Mon., 5 p.m., 562-810-4266

**Wa-Rite Club**, CH3, Rm. 1, Fri., Weigh-In from 8-8:45 a.m., meeting from 9-10 a.m.

## SERVICE

**Amateur Radio Club**, CH 3, Rm. 9, 1st Wed., 10-11:30 a.m.

**American Legion Auxiliary**, CH 3, Rm. 1, 3rd Mon., 1-3:30 p.m.

**American Legion Post 327**, CH 3, Rm. 3, 3rd Mon., 11 a.m.-4 p.m.; CH 2, 2nd, 4th, 5th Mon., 1-4:30 p.m.

**Community Emergency Response Team (CERT) Study Group**, Bldg. 5, Conference Rm. C, Fri., 6-8 p.m.

**Concerned Shareholders**, CH 3, Rm. 2, 4th Thurs., 1-3 p.m.

**Friends of the LW Library**, scheduled as needed

**Golden Age Foundation**, CH 6, Hospitality, Mon.-Fri., 9-11 a.m.

**LW Woman’s Club**, CH 2, 1st Tues., 1:30 p.m. (no meetings July, Aug.)

## SOCIAL

**Christian Fellowship and Fun Club**, CH 4, 3rd Tues., 5:30-9 p.m. (no meetings in July, Aug., Dec.)

**LW Noon Spoons Lunch Club**, scheduled as needed

**Neighbor to Neighbor Club (Mutual 14)**, scheduled as needed

**RV Club**, CH 3, Rm. 1, 3rd Tues., 5-8 p.m., (no meetings in May-Sept.), LWRVClubSB@gmail.com

**Rainbow Sisters**, CH 3, Rm. 6, 1st, 3rd Tues., 6-9 p.m.

**Rat Pack**, scheduled as needed

**Red Hat Society**, CH 3, Rm. 5, 4th Fri., 1-4 p.m. 562-430-6950; CH3, Rm. 1, 2nd Mon., Noon-4 p.m.; CH3, Rm. 5, 1st Mon., 9:30 a.m.-Noon; CH3, Rm. 2, 3rd Thurs. in Nov., 12:30-3:30 p.m.

**Schmooze Club**, CH 3, Rm. 9, 2nd Tues., 9 a.m.-1 p.m. (no meetings in Aug.)

**Social Club of LW**, CH 1, 4th Fri., noon-4 p.m. (no meetings in Nov.-Dec.)

**Social Club Seventeen (Mutual 17)**, CH 1, picnic area, 2nd Sun. in Aug., 10 a.m.-3 p.m.

**Sunshine Club**, CH 3, Rm. 2, every Fri., 10 a.m.-Noon. 562-301-5339

**Where We Live**, CH 3, Rm. 6, 3rd Mon., 6:30-8 p.m.

**Woman’s Club, LW**, CH 2, 1st Tues., 1:30 p.m.; 3rd Fri. (tabletop games), noon, 949-293-7517

## SPORTS

**Bocce Club**, scheduled as needed; 562-756-9170

**Golf—Men’s Club**, CH 3, Rm. 1, 2nd Tues., 9-11 a.m. (only Jan., March, June, Sept., Nov.)

**Golf—Women’s Club**, CH 3, Rm. 1, 1st Tues., 3 p.m

**Ladies “Q” Club**, CH 1, Pool Room, regular play, Mon., 9:30 a.m.; monthly meeting, 1st Mon., 10 a.m.

**Pickleball Players Club**, CH2, 1st Sun., 5-7 p.m.

**Pool Club, LW**, CH 2, Pool Room, League play, every Mon., 6-9 p.m. through May; tournaments, 4th Sat., 1:30 p.m. through May (June-Aug. monthly tournaments, 3rd Wed., 6-9 p.m.)

**Shuffleboard Club**, Indoor Courts for open play: Mon., Wed., Fri from 9-11 a.m. and Tues. from 6-8 p.m. at the Shuffleboard Courts Building behind CH 1; 775-527-0426.

**Table Tennis Club**, scheduled as needed.

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Changes must be made in writing at the LW Weekly office or by email: [emmad@lwsb.com](mailto:emmad@lwsb.com). For more information, call 562- 431-6586, ext. 387, Monday-Friday from 8 a.m.-4:30 p.m. LW club information is provided by the clubs’ representatives and GRF Recreation. Club representatives can add new listings or change the information provided here. This list is subject to change. The LW Weekly recommends people confirm meeting information with the individual clubs.



# CLASSIFIEDS

## GENERAL

FOUND in Mutual-6, a beautiful **Siamese Cat** with blue eyes who walked into my apartment Saturday October-21st. If you know who this cat belongs to, please call me at 562-881-0593 (area code incorrect in last week paper).

## LANDSCAPING

### FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor License 779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 Exp 11/22

## HANDYMAN SERVICES

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001 Exp 7/10/2024

## BATHTUB & SHOWER REFINISHING

We refinish your SHOWER/TUB to look brand new. Convert to WALK-IN SHOWER and/or raise seat. Nu Kote 562-833-3911 Serving LW since 1999. License 699080 Exp 1/03/2024

## PAINTING

Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 11/08

**CORY GEE PAINTING**  
State Contractor License 1049257, Bonded and Insured. Interior and Exterior, Cabinets/Drywall/Texturing/Acoustic-Ceilings, Senior-Discounts. 714-308-9931. Exp 1/10/2024

562-596-0559, LW DECOR INC. Premium-Paints. Interiors/Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. 40+Years in LW. State Contractor License 723262 Exp 1/10/2024

**Bel-Rich Painting.** Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 1/24/2024

Painting service for exterior or interior repairs, texture/drywall/cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/22

## WINDOW WASHING

**WANT CLEAN WINDOWS?** I clean Inside/Outside OR Clean Outside only and SAVE \$\$\$! LW-Resident/Rich Livitski. (562)-600-0014. SB Business License LIV0004. Exp 11/29

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 11/29

## SKYLIGHT SERVICES

**SKYLIGHTS CLEAN AND REPAIR**  
Licensed and insured Dan (562) 841-3787 Exp 12/27 SB Business License BRA0002

SKYLIGHT Cleaning & Repairs. Contact Eugene (714) 774-4385. Contractor License 634613-B. Exp 11/29

## LEISURE WORLD HELPING LEISURE WORLD

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

### "ROLLIN THUNDER" GOLF CART CLUB

Offering FREE advice on buying and selling of your Golf Cart. Also batteries and Safety Flags. 562-431-6859

## BEAUTY SERVICES

**Tammy Nguyen Phenix Salon.** Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 12/20

In home haircare, serving the men-and-women of Leisure-World for 36-years. Mel Cell/562-480-9341 SB Business License KC75538. Exp 12/06

Experienced hair-&-nails/Technicians at DAL JE's Salon. 562-626-8122-OR-562-431-4603. We-cannot-wait-to-serve-you, only 5-minutes-away from Leisure-World. SB Business License 14203016. Exp 1/03/24

## COMPUTERS

### FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License CIP0001. Exp 1/10/2024

### COMPUTER SERVICES (562)-733-9193

All things computer related. Phones, TV's, Tablets, Electronic gadgets. Call John LW Resident. SB License FUH0001.

## HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands/Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 12/20

**CHRISTIAN HOME CARE**  
Experienced, knowledgeable caregivers. Honest/Assertive/Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 1/31/2024

**MOST AFFORDABLE RATES** with/optimum service, 30-years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 10/23/2024

**EXPERIENCED CAREGIVER Over 25+years in Leisure-World** with/Excellent References! Hourly or Live-in. Please Call **Pampet/562-371-4895**. SB Business License PAN0003. Exp 1/03/2024

Elderly Care. Live-in, Live-out. 30+Years Experience. Cooking/Cleaning/Medications/Doctors/Companions. Experience with Dementia. Gloria 949-371-7425. SB Business License RAZ0002. Exp 1/24/2024

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 1/10/2024

**LW WEEKLY**  
Read the paper online!  
[www.lwsb.com/newspaper](http://www.lwsb.com/newspaper)

## HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 Exp 12/20

**MOVE-IN, MOVE-OUT.** Walls, Floors, WINDOWS. CALL PHIL 562-881-2093. Over 30 Years Experience! SB Business License AB0001 Exp 11/29

**GRACIAN'S HOUSECLEANING & WINDOWS.** (WINDOWS 10% OFF first cleaning)  
General housecleaning  
Excellent referrals in LW (562)-307-3861.  
25/years experience Exp 1/03/2024  
SB Business License GRA0006

General housekeeping, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 1/24/2024

Maria House-Cleaning  
We'll make your house look NICE-as-possible! 15+/years experience. We can work with/your schedule. Bi-weekly/Monthly. Deep-cleaning. Call/Text/714-496-2885. SB Business License HER0008 Exp 1/24/2024

**MAGALY'S CLEANING SERVICE.** We make your home sparkle! 7-days/call anytime! Complete-cleaning. 562-505-1613 SB Business License M0001A. Exp 12/13

Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830 SB Business License 14206409. Exp 12/13

## AUTOS WANTED

**ANY KIND OF CAR**  
Cars/Motorcycle/Truck, running-or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of-Liability for you! Bonded/License, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 12/20

## AUTOS/BOATS/RV'S TRAILERS FOR SALE

**ELECTRIC CAR PADS**  
Installed at your residence. Call Frank 562-743-3832. #779642 State Contractor License. Exp 11/22

## ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/03/2024

Solid CLUB-CAR Brand 2-Seater Golf-Cart. 2021 Battery with very little usage. Heavy-Duty Charger & Parcel Shelf in rear, \$1,800. Call/213-446-1448

Cute Blue Golf-Cart. Runs Great. New-Tires/New-Seat-Covers/New-Hubcap-Covers/Charging-Cord-Included. \$3,800/OBO. Call/714-501-0426.

## GOLF CART TIRES

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 11/15

## TRANSPORTATION

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258 Exp 11/22

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. Exp 11/29

## MOVING, HAULING & STORAGE SERVICES

**J&D HAUL-AWAY AND CLEAN-UP SERVICE**  
No job too small! Fast/Reliable/Great-Prices. SB Business License BRA0002. 562-841-3787 Dan. Exp 12/27

**A FRIEND AND A TRUCK**  
Your-Friendly-Movers! We-offer-Hauling-service-too. Any size job! Call/310-387-2618. SB Business License RO263644. Exp 1/03/2024

## MISCELLANEOUS WANTED

**LESLIE'S VINTAGE STORE**  
Buying Furnishings/Wrought-Iron/Rattan/1960s-Modern/Art-work/Rugs/Statutes/Tiki/Jewelry/Vintage-Clothing/Miscellaneous-Collectibles, ETC. 562-243-7229 Exp 11/08

## MISCELLANEOUS FOR SALE

Coins, Comics, First Day Cover Stamps, Misc. Appointments ONLY Monday-Friday. Call 562-594-3975. Exp 11/08

Patio Sale. Friday/November-3rd, Saturday/November-4th & Sunday/November-5th. 1571 Golden Rain Road, Mutual-5/ Apartment-118A/9:00am-4:00pm. Household-Goods/Clothing/Kitchen-Items/Holiday-Decorations/Miscellaneous-Items.

Tandem Bicycle in good shape. Paid/\$1,500. Asking/\$500/OBO plus home decorative items. jalightnertennis@gmail.com or 760-779-8221.

Patio Sale. Wednesday/November-1st through Sunday/November-5th, 9:00am-5:00pm. 1660 Glenview Road, Mutual-12/Apartment-78B. Furniture/Clothing-sizes-4,6,8/ Bric-Brac/too-MANY-items-to-list. PLEASE-stop-by!

**Estate Sale - Thursday, Nov. 2 and Friday, Nov. 3** from 8:30-2pm at 1541 Northwood Rd., M11-273C. Beautiful Sale. Sofa with chaise, reclining chair, dining set/4 chairs, Persian rug, cherry entertainment unit, stereo, queen platform beds, cherry armoire, white dressers. Ladies clothing (size M), shoes (6-1/2), costume jewelry. Lots of art, lamps, linens, décor, full kitchen, electric radiator, ladder, and more. **Estate Sales by Docia Drake** 714-514-8232, POB 427, Seal Beach Business License ESD0001.

Huge Moving Out Sale. Thursday/November-2nd, Friday/November-3rd, Saturday/November-4th. 13680 El Dorado Drive, Mutual-3/ Apartment-33E across from CH2. Table-lamps/ham-radios/Greek-ancient-statutes/dollies/vacuum-cleaners/patio-chairs/table-decorations/Christmas-gifts/scooter-batteries-12V/many-new-light-bulbs/many-electric/electronic-tools-and-parts. 562-386-6070

Two/Oak-Bookcases/(2-Shelves/36x36)/\$35-each-bookcase. Four/Fabric-Dining-Room-Chairs-used-once/\$25-per-chair. 714-501-0426/Mutual-14.

Is your neighbor missing their LW Weekly paper?

Call Thursday  
(562) 430-0534

Before 10 a.m.  
State Mutual and  
Apartment Number



**Verna Chumley**  
[www.OnsiteHomeSales.com](http://www.OnsiteHomeSales.com)

DRE: 00753726

**562-598-1388**  
**562-221-3113**

## New Listing

**Mutual 9 - 231C**  
**\$247,500**  
One-bedroom unit; Very clean and easy access

## New Listing

**Mutual 2 - 45E**  
**\$350,000**  
Two-bedroom unit; Very nice condition; G/B; W/D

**Mutual 15 - 14Q**  
**\$329,000**  
Large upstairs unit; two bedrooms, two baths; approximately 1300 sq. ft.; Lots of room

## In Escrow

**Mutual 4 - 80J**      **Mutual 15 - 32C**  
**Mutual 15 - 37L**      **Mutual 11 - 267C**  
**Mutual 11 - 262K**      **Mutual 2 - 16I**  
**Mutual 1 - 1D**      **Mutual 4 - 80J**  
**Mutual 16 - 53L**      **Mutual 15 - 37L**

## On-Site Home Sales



**Gina Rojas**  
**(562) 533-3190**



[ginamrojas@gmail.com](mailto:ginamrojas@gmail.com)  
**Leisure World Specialist**

23 Years LW Experience  
DRE#02111452  
"I Have Your Best Interest at Heart"

## Now Offering Notary Services

**Mutual 7-153H**

**\$320,000**

**Adorable, light and bright, new floors and paint, move-in ready, 2 bedrooms.**

## 2023 Escrows

2-46C	\$379,000	2-18L	\$465,000
17-93A	\$482,000	7-146i	\$250,000
1-38E	\$215,000	9-210A	\$510,000
7-161i	\$330,000	1-8E	\$255,000
6-141K	\$288,000	4-79A	\$610,000

**Leisure Living Resales**





An Independent Brokerage!  
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**COMING SOON!**  
2B/1Ba Extended Deal  
2B/1Ba w/3rd Den/Bd.  
2B/1Ba Nice Location

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PENDING SALE





**Mutual 7 – 174h N. Fairfield**  
2B/1Ba on Center Greenbelt  
Extended w/Tiled Patio, D/W,  
Microwave, NEW W/Dryer,  
Kitchen Island, Xtra Cabs,  
Dual Pane Windows, A/C,  
Walk-in Closet, Cabana Fans,  
Three Skylights, Built-in Xtras!  
Turnkey, Clean A++ Location.  
**FABULOUS FIND @ \$389,000**

**Mutual 15 – 14n McKinney**  
2B/2Ba Upper South Corner  
Tree View, great cross breezes,  
All NEW Rehab! Kitchen/Bath,  
Appliances & Countertops,  
Fixtures, New Paint, Flooring,  
Dual Pane Windows, Blinds,  
3 Skylights, Mirrors + more!  
**GREAT VALUE ! @ \$379,000**



\*\*\*\*\***CLOSED TRANSACTIONS**\*\*\*\*\*

Listed 12-77h	Listed 1-47h	Listed 15- 21b	Buyers Agt. 7-164l Buyers Agt. 15-11d Buyers Agt. 10-248c Buyers Agt. 4-47j Buyers Agt. 10-249b
Listed 10-238b	Listed 15-29j	Listed 14-19e	
Listed 15-22a	Listed 7-163k	Listed 2-37i	
Listed 15-43e	Listed 5-115i	Buyers Agt. 7-176c	
Listed 15-10f	Listed 7-158b	Buyers Agt. 14-25e	
Listed 5-103l	Listed 14-18b	Buyers Agt. 12-64g	

**www.TeamDonnaJean.com**

 <b>Andrea Bair</b> 714-624-1981	 <b>Suzanne Ahn</b> 562-810-1614	 <b>Michael Shieh</b> 714-866-9268	 <b>Alice Sioson</b> 626-216-3038
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**Kristin Duncan**  
562-480-1465  
*Office Manager*



**Robin Gray**  
562-209-5605



**Barbara Diette-Dobias**  
562-754-5628



**Jasmine Elisha**  
949-522-1618



**Kathy Gup-ton**  
562-618-9940




**Gloria Hadley**  
562-884-3594



**Edwina DiMario**  
562-706-7999



**Vickie Van Ert**  
310-220-1407



**Rosie Wang Davis**  
626-623-9929



**Estee Edwards**  
562-208-2540

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**BERKSHIRE HATHAWAY**  
HomeServices  
California Properties

**(562) 431-2149**  
13926 Seal Beach Blvd.  
Seal Beach, CA 90740



**Claudette "CC" Cooley**  
310-484-9600

**One-Bedrooms**



**Leah Perrotti**  
310-889-6583

**Mutual 3 - 29K**      **\$229,000**  
Central location with convenient parking.



**Bill Berman**  
714-606-5258

**Mutual 8 - 185K**      **\$299,000**  
Charming, ready to move in, with cozy garden patio.

**Two-Bedrooms**



**Hanna Rubinstein**  
562-900-4243

**Mutual 8-196B**      **\$324,000**  
Newly enclosed patio w/Acrylic UV windows



**Jay Cho**  
714-944-4998



**Philip Bak**  
213-550-9991



**Fay Wescott**  
949-212-8748



**Kawain Payne**  
714-293-1151



**Adrian Villarreal**  
714-694-3291



**Conrad Rodriguez**  
562-746-1960



**Chris Kim**  
424-247-4542



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Yes we are **SISTERS**



**Kathy Gupton**  
Associate Broker  
DRE # 00744676



**Sean Wood**  
Realtor®  
DRE# 02186926

562 514-6613



**Gloria Hadley**  
Realtor®  
DRE # 01057681

New Listing!



Mutual 8-185K    \$299,000

Charming and ready to move in. This special expanded one bedroom one bathroom unit has many upgraded features. The spacious living room has been expanded and features a ceiling fan, heat pump with air conditioning, and sliding glass doors to a cozy garden patio. The kitchen is remodeled with newer cabinets, quartz like counter tops, tile back splash, built-in stove top, oven, refrigerator, dishwasher, micro wave, an oversize skylight, and recessed lighting. The Bedroom is fully expanded and has a wardrobe closet, ceiling fan, and a half wall divider. The front portion of the bedroom may be used as an office, exercise or craft room, or extra sleeping area and features a bay window with storage and double pane sliding glass doors to quaint patio. The bathroom has an updated vanity and counters, tile floors, and an oversized skylight. The bedroom, hall and living room have plank flooring. The charming patio has storage, a gate, and side views of beautiful green belt areas. Enjoy the morning sun from this beautiful northeast facing location. This lovely home is located in the resort-like community of Leisure World Seal Beach featuring over 200 clubs, organizations, and activities including a 9-hole 3-par golf course, swimming pool and Jacuzzi, gym, library, health care center and much, much more.

Mutual 3-29K    \$229,000



Available one bedroom one bathroom cottage located on the street for drive-up convenience. This terrific one bedroom has a spacious living room with added heat pump & air conditioning and laminate plank flooring. The kitchen has white cabinets, built in Leisure World appliances including a stove, oven, refrigerator, laminate plank flooring and a ceiling fan. The bedroom has laminate plank flooring and a wardrobe closet. The bathroom has a cut down shower for walkin convenience. The central location allows you to walk to downtown Leisure World, as well as the 9-hole 3 par golf course, swimming pool, Jacuzzi, gym, amphitheater, post office and health care center. Located in the lovely resort-like community of Leisure World Seal Beach featuring over 200 clubs, organizations and activities including 6 club houses and features table tennis, wood working shops, billiards rooms, bocce ball court, shuffleboard, library, card and exercise groups, sewing, craft and art rooms, picnic area with BBQ, and so much more.  
Enjoy the quaint downtown area of Seal Beach, the morning sun, and the wonderful ocean breezes.

PENDING

Mutual 11-273L  
Mutual 1-25I  
Mutual 2-26C  
Mutual 1-26B

SOLD  
2023

Mutual 8-188C  
Mutual 1-30K  
Mutual 5-91J  
Mutual 11-267C  
Mutual 1-26L  
Mutual 11-268F  
Mutual 4-50F  
Mutual 9-212C  
Mutual 6-143A  
Mutual 9-225C  
Mutual 9-230D  
Mutual 11-283D  
Mutual 4-51D  
Mutual 8-189D

SOLD  
2022

Mutual 14-17B  
Mutual 8-188H  
Mutual 8-189B  
Mutual 2-40J  
Mutual 2-49B  
Mutual 2-17G  
Mutual 9-59G  
Mutual 6- 117L  
Mutual 15-39A  
Mutual 10-258H  
Mutual 6-135I  
Mutual 10-258B  
Mutual 1-31E  
Mutual 5- 117L  
Mutual 12-61C  
Mutual 2-63H  
Mutual 3-4F  
Mutual 4-88G  
Mutual 2-3B  
Mutual 2-8C  
Mutual 10 -250J  
Mutual 11-286B  
Mutual 12-61A  
Mutual 11-286I  
Mutual 5-117G  
Mutual 2-46H  
Mutual 1-67E  
Mutual 4-49G  
Mutual 8-183G  
Mutual 11-285D  
Mutual 9-216H  
Mutual 7-164L  
Mutual 2-6G  
Mutual 11-285A  
Mutual 11-263A  
Mutual 4-49B  
Mutual 8-201L  
Mutual 2-6L  
Mutual 7-165E

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GASPER MONTEER

REALTY GROUP



www.sealbeach-retirementcommunity.info  
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 76 pending and closed sales.  
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



**1200 Canoe Brook Dr #19D | M3 | \$359,000**  
Pristine 2bed/1bath with wrap around custom tiled patio! AC heat pumps in bedroom and living room, newer wood floors throughout. Kitchen equipped with dishwasher and microwave. Dual pane windows with shutters throughout!



**13199 El Dorado Dr #208D | M9 | \$359,000**  
2Bed/1bath interior location with full expansion. Tile floors throughout and skylights in the kitchen and bathroom. Large bay window in living room. Walk-in closet in main bedroom with a formal dining room area!



**13110 Seaview Ln #245F | M10 | \$449,000**  
Corner partially expanded 2bed/1bath drive-up and greenbelt location with dual pane windows, skylights, central AC, outdoor storage closet, tiled patio, walk-in closet!



**In Escrow**  
**13681 St Andrews Dr #25K | M1 | \$259,000**  
Greenbelt 1 bedroom with attention to detail!! Quartz counters, expanded skylights, laminate floors, custom Dutch Door with tiled patio and storage closet. 2 AC heat pumps and dual pane windows!



**1541 Northwood Rd #273C | M11 | \$450,000**  
Fully expanded 2bed/2bath with dual pane bay windows. Laminate and tile flooring throughout. Outdoor and interior storage with central HVAC. Skylights galore and stackable washer/dryer!



**13751 St Andrews Dr #338 | M1 | \$224,000**  
Redone 1bed/1bath interior unit with nice patio complete with engineered flooring and newer tile in kitchen and bathroom. Kitchen is also equipped with updated appliances.

10/30/2023 - Year To Date MLS Activity

For Sale

In Escrow

Closed Sale



Month	For Sale	In Escrow	Closed Sale
Jan	55	38	15
Feb	52	40	25
Mar	55	55	20
Apr	68	50	38
May	65	45	30
Jun	52	60	32
July	42	60	25
Aug	45	52	38
Sept	45	55	30
Oct	50	50	38
Nov			
Dec			

On October 30th, 2023 a total of 49 units show as active listings on the CRMLS (this is where Realtors list property for sale)

10 - 1 bedroom/1 bath units from \$224,000 to \$308,000

22 - 2 bedrooms/1 bath units from \$299,000 to \$500,000

17 - 2 bedrooms/2 baths units from \$319,000 to \$629,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties. We have access to all inventory!

ENTER TO WIN



PIE GIVEAWAY  
WE WILL BE GIVING AWAY 5 PIES TO 5 LUCKY WINNERS JUST BEFORE THANKSGIVING

PIE GIVEAWAY DRAWING WILL BE ANNOUNCED NOVEMBER 16TH, DEADLINE TO SUBMIT NOVEMBER 13TH!

CUT OUT AND MAIL IN OR DROP OFF:

Gasper Monteer Realty Group  
1900 St Andrews Drive #B,  
Seal Breach, CA 90740

NAME:

PHONE:

EMAIL:

☐ I want to receive information about the market in Leisure World





The Januszka Group, Inc.

ON-SITE (562) 598-1388

HOME SALES [www.OnsiteHomeSales.com](http://www.OnsiteHomeSales.com)

It's October, which means all the cobwebs and dust in your home just became Halloween decorations. At On-Site Sales, we are ready to help get your unit in great shape before you list in order to get top dollar! Come by anytime, we are open 7 days a week!



M9 - 231C \$247,500  
Nice Driveup 1 bedroom 1 bath



M9 - 232C \$255,000  
Fully Expanded 1 Bedroom Driveup



M1 57C \$255,000  
Clean Basic 1 Bedroom with Nice Patio



M14 - 32H - \$429,000  
Two Bedrooms, 1 Bath,  
Fully Expanded



M1 - 57J \$229,999  
1 Bedroom with newer laminate floors and Dual Heat Pumps



M11 - 273K \$329,000  
Beautiful and Bright 2 bedroom 1 bath in a private location



M12 - 63G \$485,000  
Spacious Fully Expanded 2 Bedroom 2 Bath Corner with Washer/Dryer!



M2 - 30F \$629,000  
Breathtaking 2 Bedroom 2 Bath Remodeled Corner!!



M15 - 21L \$319,000  
Large Expanded Upstairs unit overlooking a Greenbelt



M6 - 136I \$399,000  
Cute Expanded 2 Bedroom 1 Bath greenbelt



M1 - 46A \$299,000  
Corner Unit with a beautiful greenbelt view!



M15 - 14Q \$329,000  
Fully Expanded 2 Bed 2 Bath Upstairs Unit with Vaulted Ceiling



Dawn Januszka  
Broker  
DRE #02110501



Ginni Houck  
Escrow Officer



Verna Chumley  
Realtor®



John Webster  
Realtor®



Mike Varipapa  
Realtor®



Kim Jbeili  
Realtor®



Tony Accetta  
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Maryann Shaddow  
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