

LWers invited to send in stories, share gratitude

Practicing gratitude has numerous mental and physical health benefits, and the season that celebrates thanksgiving is nearly upon us.

The LW Weekly would like to focus on all that makes this community great with a special Thanksgiving feature in the Nov. 23 issue. Residents are encouraged to send in a paragraph or two on something they are thankful for and/or their favorite holiday charities to help someone in need. Send submissions to emmad@lwsb.com by today, Nov. 16.

RFID tags available at Decal Office

RFID tags for new LW residents and residents' additional vehicles will now be available starting Dec. 1 at the Decal Office in Building 5. The office is open from 8 a.m.-4:30 p.m., Tuesday-Saturday (closed for lunch at noon).

The Security Department has distributed nearly 6,000 RFID tags at the 1.8-acre site.

Thanksgiving Closures

In observance of Thanksgiving, all Golden Rain Foundation offices except Security will be closed Thursday, Nov. 23, and Friday, Nov. 24. The Maintenance Department will be on call for emergencies at 562-594-4754.

Editorial submissions for the Nov. 30 issue of the LW Weekly must be sent to their respective editors by Wednesday, Nov. 22.



People traveling southbound on the I-405 to Leisure World must drive under the overpass between I-605 and SR-22, pictured. Soon, commuters will be able to speed up their travel time along this corridor for a toll.

405 Express Lanes will open Dec. 1, changing southbound travel from LW

he 405 Express Lanes are on track to open Friday, Dec. 1, transforming the way

that Leisure Worlders travel southbound on the 405 Freeway. The new express lanes will replace existing carpool lanes.

The lanes were added thanks to the Orange County Transportation Authority's I-405 Improvement Project. OCTA broke ground on the project in 2018 to improve travel times and accommodate an expected growth in employment, population and housing throughout the region.

Crews began testing the 405 Express Lanes in late October, necessitating the closure of existing carpool lanes along the I-405. The lanes will be closed for approximately one month. Drivers should

expect delays during the closures and are encouraged to take alternate routes if possible. People should not enter the 405 Express Lanes for the safety of the traveling public and OCTA crews.

Overall, the project is adding one regular lane in each direction of I-405 between Euclid Street in Fountain Valley and I-605 in Seal Beach as promised to voters through Measure M, Orange County's half-cent sales tax for transportation.

In addition, the project is constructing the 405 Express Lanes between SR-73 in Costa Mesa and I-605 at the Orange County border with Los Angeles County.

Those who want to use the 405 Express Lanes will need to acquire a FasTrak responder with a valid account. The responders are available for free from

any toll agency in California. Transponders will be available directly through the 405 Express Lanes website starting next week at www.405ExpressLanes.com. OCTA currently offers transponders at www.91ExpressLanes.com.

The lanes can be used by single drivers or carpools.

Tolls will vary by hour, day of the week, direction of travel, distance traveled, and will be adjusted regularly. On average, drivers will pay about \$3 to travel the entire 14 miles on the 405 Express Lanes.

The express lanes were not funded with local dollars but instead paid for through a federal Transportation Infrastructure and Innovation Act (TIFIA) loan that will be repaid solely by drivers who choose to pay a toll.

FACILITY UPDATE

FREE Legal Services for Qualifying Seniors 60+ in Orange County

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http://communitylegabocal.org

This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board o isors and administered by the Office on Aging. The conclusions and s expressed may not be those of the California Department on Agi minutis expressea may not be those of the California Department on Aging and the publication may not be based upon or inclusive of all raw data.

Library and bookstore will close for renovations in December

Temporary location in CH 3 will continue to provide services

by Taylor Greene

GRF Library Manager

The Leisure World Library and Friends of the LW Library will close for a much-needed refurbishment. The last day to visit the main library building and the Friends of Library will be Saturday, Dec. 23. The closure is expected to last through all of January.

will reopen in a temporary location to continue serving residents. This temporary location will be Clubhouse 3, Room 8. A selection of new and popular books, audio, and visual materials will be available for checkout at this location. Many magazines and all of the library's newspapers will be available for reading on site at the temporary location.

Library materials checked out prior to the closure of the main library will continue to be due at their regular due dates. Residents can either return the items in the same book drops they have always used or visit the temporary location in Clubhouse 3.



After the renovations, the library's interior will be arranged just as it was before.

On Thursday, Dec. 28, the library

LIBRARY, page 3

THE OFFICIAL PUBLICATION OF THE GOLDEN RAIN FOUNDATION, LEISURE WORLD, SEAL BEACH, CA I WWW.LWSB.COM I WWW.LWWEEKLY.COM



GAF volunteers wait eagerly for residents' used batteries at a past recycling event.

GOLDEN AGE FOUNDATION

Recycle old batteries on Nov. 21

The Golden Age Foundation's (GAF) battery recycling event will return on Tuesday, Nov. 21, from 10 a.m.-noon in the Clubhouse 2 parking lot. GRF ID is required. The GAF will collect the following approved batteries for recycle.

- Alkaline
- Carbon Zinc
- Nickel Cadmium (NiCd)
- Nickel Metal-Hydride (NiMH)
- Lithium Ion (Li-Ion)
- Lithium Metal
- Silver Oxide
- Button cell batteries and all other dry cell batteries

Basically this includes all household batteries, cell phone and laptop batteries, and small, button-type batteries. The GAF asks residents to place each lithium battery in a separate baggie as part of the recycle requirements.

It is important—to keep waste fees low and keep the planet clean—to recycle batteries instead of throwing them in the dumpster. This service is for Leisure World shareholders' personal household batteries only; no business batteries.

The Golden Age Foundation is happy and honored to be able to serve the community in this area. For more information, call Carl Kennedy at 661-810-9410.



THANKSGIVING

Holiday Bus

on holiday schedules during the Thanksgiving holiday weekend. Below are the changes.

• Thursday, Nov. 23, Holiday On-Call Bus: 8 a.m.-2:30 p.m. Passengers who need a ride on this day must call dispatch at 562-431-6586, ext. 379, and request a ride. This is not an appointment bus; it is an on-demand service. Passengers must be ready to meet the bus at the time they call for a ride.

• Thursday, Nov. 23, Access/Wheelchair Bus Service: 8 a.m.-2:30 p.m. Passengers using the Access/Wheelchair Bus must have an advance appointment. Call dispatch for appointments at 562-431-6586, ext. 379.

• Friday, Nov. 24, Holiday On-Call Bus: 8 a.m.-6:30 p.m. Passengers who need a ride on this day must call dispatch at 562-431-6586, ext. 379, and request a ride. This is not an appointment bus; it is an ondemand service. Passengers must be ready to meet the bus at the time they call for a ride.

• Friday, Nov. 24, Access/ Wheelchair Bus Service: 8 a.m.-3:30 p.m. Passengers using the Access/Wheelchair Bus must have an advance appointment. Call dispatch (24/7) for appointments at 562-431-6586, ext. 379.



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Services

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Memory Care

Stock Transfer Escrow Report

The GRF Stock Transfer office tracks escrow sales each month to monitor sales of units in Leisure World. Home sales provide an important component to GRF revenue streams. With the sale of every unit, there is a one-time Trust Property Use Fee that is directly channeled into the GRF reserve fund.

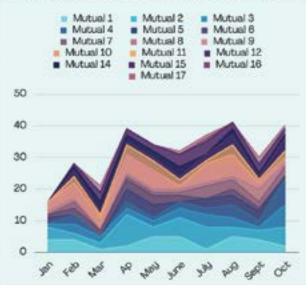
The GRF reserve fund covers the costs of future maintenance, replacement or repair of major assets. The GRF is required to maintain the fund in accordance with applicable law.

So far this year, sales are down 24% from this time last year. For more escrow information, see the charts below.

October Escrow Recap

Quick Fact: The move-in fee associated with escrows helps to offset assessments.

Number of Escrows by Mutual 2023 (YTD)



25%

The decrease in LW The decrease in LW The decrease of the decr

The decrease in the number of LW home sales this year.

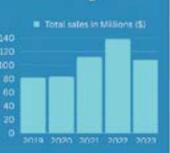
24%

Sales Summary

At this time in 2022, \$126.2 million worth of homes had been sold in Leisure World.

year.

This year, only \$94 million have sold.





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HANUKKAH

Rabbi will speak at GRF's Festival of Lights on Dec. 7

On Thursday, Dec. 7, at 4:30 p.m. at Veterans Plaza, Rabbi Aron David Berkowitz of the Chabad of West Orange County will share the story of Hanukkah and its meaning for Jew and Gentile alike. Musical entertainment will help celebrate the Festival of Lights prior to lighting the menorah. It is an opportunity for the LW community, rich in culture and customs, to learn and share in the joy of this beautiful festival.

The holiday celebrates the Jews defeating Syrian-Greek oppressors who had tried forcing them to abandon their religion and adopt Greek culture. The story has it that, led by Judah Maccabee, they recaptured the holy temple in Jerusalem. Arriving there, they found only enough olive oil to light candles for one night. The miracle of Hannukah is it lasted for eight nights, thus the eight-branch candelabra known as the menorah.

Kosher refreshments will be provided, courtesy of OptumCare. People are invited to enjoy a nosh and say hello to the HealthCare Center team.

In 1984, Rabbi Berkowitz started Chabad of West



Orange County to serve as a traditional synagogue and outreach center in the Huntington Beach area. For the last 37 years, Rabbi Berkowitz served as the director and Rabbi of Chabad of West Orange County and Congregation Adat Israel.

The congregation has developed an extensive adult education program. When the Jewish Learning Institute (JLI) opened some 20 years ago, Rabbi Berkowitz introduced the JLI to Orange County, teaching the courses in various cities throughout the county. He is an accomplished musician and the son of Holocaust survivors.

For more information, contact *mayokab@lwsb. com* or call 562-431-6586, ext. 476.

GRF HOLIDAY EVENTS

Christmas tree lighting scheduled for Dec. 6

This year's Christmas tree lighting hosted by the GRF Recreation Department, will be held Wednesday, Dec. 6, at 4:30 p.m. at Veterans Plaza.

Come sing along to hymns by The Jolly Holidays Carolers of Los Angeles, who will lead the holiday merrymaking alongside Santa and LW's elves (from the LW Theater Club).

The fabulous tree lighting will take place after the performance. People are encouraged to bring grandchildren, friends and neighbors to this festive celebration. All are welcome. The tree lighting is the official kickoff for the Holiday Toy Drive.

The Brown Descents Car Club of Orange County will sponsor its second annual toy drive throughout Leisure World with donation boxes at all the entrance gates, Recreation Department, Veterans Plaza, and every lobby of Mutual 17.



GRF hosts a tree lighting ceremony every year.

The nonprofit donates toys to over 200 Orange County

children and includes gift cards for families to enjoy holiday dinners.

The grace and generosity of Leisure World residents will allow the 501(c)3 organization to expand its reach to more OC Boys and Girls Clubs, churches and schools this season. Bring a new, unwrapped toy to bless an Orange County kid; no stuffed animals.

Refreshments and cookies will be provided by Optum. The Golden Age Foundation and Council on Aging will also be represented.

A few days after the tree lighting, GRF will hold the Toy Drive Dance, on Dec. 9 at 7 p.m. in Clubhouse 4. The Legends of Rock Dance Band will perform and the price of admission is a new, unwrapped toy.

The Recreation Department wishes residents a safe and happy holiday season.

SEAL BEACH CHAMBER OF COMMERCE

Chamber will give out free meals on Thanksgiving

After a three-year hiatus, the Seal Beach Chamber of Commerce will hold its 41st annual Community Thanksgiving Dinner at St. Anne's Church in Old Town Seal Beach on Thanksgiving Day, Thursday, Nov. 23.

The event provides free, traditional Thanksgiving meals to local citizens in need. "This event captures the heart of why people love Seal Beach," said Juni Banico, president of the Chamber of Commerce. "It is a chance for local citizens that may not have family or friends to celebrate with somewhere to gather for a meal and give thanks."

For more information, visit *https://seal-beachchamber.org/thanksgiving-dinner/*.



LIBRARY from page 1

This temporary library location will operate Monday-Friday from 9:30 a.m.- 3:30 p.m. Some of the library's regular services, such as faxing, copying and patron computers, will be unavailable in the temporary location. These services will resume when staff members return to the main library building.

The Friends of the Library will remain fully closed during the duration of the refurbishment. People should hold all their donations until the reopening.

Beyond the painting and carpeting, some exciting changes are coming to the library. Watch the LW Weekly for more information as the LW Library gets close to reopening, which is expected to happen in early February.



Sing Gloria

Come Join Us! Christmas Worship Celebration with 100 Person Choir and Orchestra

Saturday, December 2, 7:00 PM Sunday, December 3, 4:00 PM Childcare provided under 3 years of age

GoodShepherd 11600 Los Alamitos Blvd., Los Alamitos, CA 562.493.2553 gspc.org/info@gspc.org Los Altos United Methodist Church 5950 E. Willow St., Long Beach 90815

TICKETS \$65 / \$55 / \$40

FREE bus transportation for the first 50 ticket buyers. Bus will leave at 6:30pm from California Pizza Kitchen in the Marketplace.

Place your order and reserve your seat on the bus by calling 562-900-2863



PERSPECTIVES

Letters to the Editor

Editor:

Recently there have been articles in the paper stating our reserves are at alow enough level that they need to be "beefed up" by raising our assessments. Now, during a reported "marathon 3.5 hour meeting," they approved a \$110,618 "facelift" for the library, with a couple of board members questioning the urgency of the expenditure. Another board member justified it by stating that it was money that had already been saved. Well, if reserves are low and you have asked us to increase our assessment fees to build it up, shouldn't you work hard towards that goal?

Some spending is completely necessary, such as replacing the rusted chain link fence along the drainage canal. The swimming pool was unfortunate, but so many circumstances were out of our control and had to be dealt with. A significant amount of money had to be spent on it and that, among other things, contributed to our need to make sure our reserves were at a safe level. It just seems that the board is on a recent spending spree and I wish they would try to slow down a bit, prioritize and work on "beefing up our reserves" as they had indicated.

> Edward Hickman Mutual 3

Editor: September's Security Report (Oct. 26) reported 249 incidents, including six thefts

incidents, including six thefts. These numbers are comparable to the August report. Only one of these incidents, in my reading of them, might have been prevented by the significantly heightened security that is purported to result from instituting the RFID system, but maybe not. The family member that was arrested after a dispute might have been on the approved list had a RFID been in operation in September.

How pressing is/was our need for a state-of-the-art security system?

And I am still curious about how much of our monthly GRF assessment is due to RFID and other associated elements of the

new security system.

Lee Hoyt Mutual 11

Editor's Note: This letter, originally published in the Nov. 2 edition of the LW Weekly, contained an editing error that changed its meaning. The corrected version is reprinted in its entirety. Editor:

I am a resident of Mutual 3 and on Oct. 19, I was penalized \$300 for having an extra garage sale. I was having the sale to be able to catch up with my association fees and survival expenses.

I would like to suggest that all our Mutuals increase the number of garage sales per year to help us residents sell and buy, and get rid of unecessary items clogging our apartments.

Dan Taylor Mutual 3

Letters Policy

Letters to the editor, maximum 250 words, should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community.

Member Column-Community Gardens in LW

by Camille Thompson GRF Director, Mutual 8

About 48 years ago, in 1975, a gentleman wrote in the Leisure World classifieds, "Interested in a community garden?" Within a year, a garden was located at Northgate/Beverly Manor, across from the fire department. The consequent garden was in the newspaper, in sales brochures and active as a gathering place for residents. In 1988, the garden moved west inside the fences, next to the 405/22 East onramp of the freeway. The 1.8 acres site had started. The big trash bins were added in 1991. The community gardens stayed there until December 2020. During 2021, the gardens were removed.

Now, there is a plan and proposal to bring the gardens back.

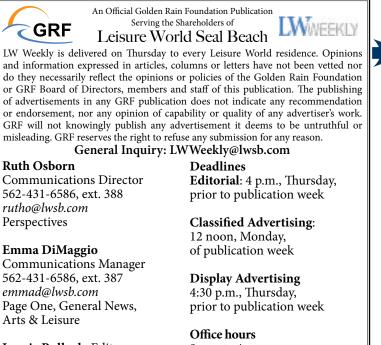
The costs have doubled since 2020, but the gardens will not raise monthly assessments. Garden construction will come from the capital fund. It is not raising the monthly fees. The Ad Hoc Committee for the 1.8-acre site has worked on this issue for one-and-a-half years. It is going to recommend a funding of over 400K to grade, plumb, add water back to the site, create outlines for 250 garden plots and provide the basic plots for 25-50 American with Disability gardeners (ADA) on flat surfaces. This is a 30-50% increase of costs in years from when the garden were torn down. It's awful.

Eating good cheap food is a priority in the recent Leisure World survey. The monetary value of food raised is probably \$30,000-plus a year for the gardeners and their friends who receive vegetables.

Gardens allow stress reduction, relaxation, general health benefits and a destination place to meet people. Gardens are not language based work; therefore, many cultures laugh and trade together with a common bond, food and fun. It's good to leave your club meeting with something to share, as many of our clubs here already do daily. We are a community of giving people.

The vote to restore the community gardens will be at the GRF Board meeting on Tuesday, Nov. 28, at 10 a.m. in Clubhouse 4. Please sign a slip to speak and tell the GRF Board what you think and feel. The item will appear in the GRF Agenda printed in the newspaper.





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GOVERNMENT

Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., Nov. 16	Mutual 2
	Conference Room B/Zoom9 a.m.
Thurs., Nov. 16	Mutual 11
	Conference Room B/Zoom1:30 p.m.
Fri., Nov. 17	Mutual 3
	Conference Room B/Zoom9 a.m.
Mon., Nov. 20	Mutual 15
	Conference Room B/Zoom1 p.m.
Tues., Nov. 21	Mutual 14
	Conference Room B/Zoom1 p.m.
Mon., Nov. 27	Mutual 8 (open forum 9:15 a.m.)
	Conference Room B/Zoom9:30 a.m.
Wed., Nov. 29	Mutual 10
	Conference Room B/Zoom9 a.m.
Thurs., Nov. 30	Mutual 1
	Conference Room B/Zoom9 a.m.
Tues., Dec. 5	Mutual 17
	ConferenceRoomB/Zoom1:30p.m.

TECHNOLOGY

Reduce clutter with digital storage

Utilizing digital storage can free up space and help keep important information only a few clicks away. Cloud storage is just one method of digital storage people can utilize. The following is a look at key digital options for getting organized.

Cloud storage. Cloud storage is a mode of computer data storage in which digital information is stored on servers off-site. Those servers are maintained by a thirdparty provider who is responsible for managing, securing and hosting the data that is always available via Internet connection.

Some cloud storage is free, while other cloud storage requires a subscription for a set amount of storage space, and the service provider may be able to use people's personal data in various ways.

External hard drive. An external hard drive connects to a computer or another device (such as a mobile phone, tablet or gaming system) through USB connection. It is also known as a portable hard drive. People who save data to an external drive will always have exclusive ownership of those files, which may not be the case when utilizing cloud storage services.

An external hard drive is a relatively safe way to back up and store data for personal use only. However, people must have the external hard drive to access the files, and due to their mechanical nature, these drives can sometimes fail, resulting in lost data. Plus the data caps and monthly costs may make this type of storage impractical.

Device storage. Smartphones, tablets and computers all have built-in storage to enable the device to function and store data added by the user. Flash memory storage is one of the most popular used on mobile devices, according to Dignited, a technology information site. Computers use a combination of drive and memory types.

At the crux, memory, which comes in the number of bytes it can hold, stores information on the device itself. It is limited by the maximum number of bytes the device can hold, typically measured in megabytes, gigabytes or terabytes. This type of storage allows people to keep important data right on a computer or digital device for easy access when needed. However, the storage amounts are limited by the maximum of what the device can hold and may not be accessed remotely.

Public Comments at GRF Meetings

The Open Meeting Act requires boards of directors to establish reasonable time limits for speakers to address the GRF Board of Directors (Civ. Code §4925(b).). Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers.

Pursuant to Civil Code 4930 of the Davis-Stirling Act, the GRF Board is prohibited from answering questions from residents speaking during public comment time at board meetings.

To address the board, submit a comment card at the meeting prior to it being called to order. Residents may email correspondence to the executive coordinator at grfboardaction@lwsb.com.

SAFE DRIVING

Save on gas with car maintenance

Vehicle maintenance keeps cars safe and running smoothly. In addition to potentially saving lives, vehicle maintenance can also save drivers money.

Last year's inflation affected prices of just about everything, including gas prices, which forced many drivers seek any way to save money at the pump. Vehicle maintenance is one simple way to reduce fuel costs, sometimes by a significant margin.

In fact, the U.S. Department of Energy estimates that fixing a faulty oxygen sensor could improve gas mileage by as much as 40%.

Smaller measures can also save drivers money at the pump. For example, keeping tires properly inflated can increase fuel efficiency by as much as 3%.

In addition, using the motor oil recommended in a vehicle owner's manual can improve gas mileage by 1-2%.

-MetroCreativeConnection ly

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., Nov. 16	Administration Committee Meeting
	Conference Room A10 a.m.
Tues., Nov. 28	GRF Board Meeting
	Clubhouse410a.m.
Thurs., Nov. 30	GRF Board Executive Session
	Conference Room A1 p.m.
Tues., Dec. 5	Facilities Committee Meeting
	Conference Room A10 a.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Members will be provided an opportunity to address the committee.

CITY OF SEAL BEACH

SBPD is looking for families in need

During the month of December, the Seal Beach Police Department (SBPD) is teaming up with Target in Seal Beach to bring holiday cheer to youth through Heroes and Helpers community outreach program. This event helps underserved kids shop for gifts for themselves and their families, which brightens their holidays and help strengthen relationship with the public safety officials.

The Seal Beach Police Department is once again requesting the public's assistance. However, this time it is not looking for a suspect, but for families in need. The nominations are now accepted for families or people who could use some extra holiday cheer this year. SBPD has raised the donations and wants to help spread joy to people in need.

The sender must include their name, phone number, and the nominees' name(s), phone number and address, along with the reason for the nomination. Send the nominations to officer Kendra Owen or officer David Rael-Brook no later than Sunday, Dec. 1, by 5 p.m. For questions, reach out to officer Owen at *kowen@seal-beachca.gov* or officer Rael-Brook at *draelbrook@sealbeachca.gov*.

Nominations will be anonymous and those selected will be visited by Seal Beach police officers and a Santa cop.

Monthly bus tours for new residents

The GRF Transportation Department will conduct monthly bus tours of Leisure World on Tuesdays for new and recently movedin residents. Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station.

The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

Stock Transfer can book tours when new buyers check in, or people can schedule one at *https://outlook.office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/*.

For more information, contact Melissa Gomez at *melissag@ lwsb.com* or 562-431-6586, ext. 326, or Kathy Thayer at *kathyt@ lwsb.com* or 562-431-6586, ext. 398.

-MetroCreativeConnection

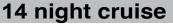


One Sailing Only - Hurry!

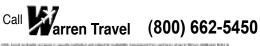


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Wonday	Tuesuay		Inursuay	Friday								
		LUNCH										
Chicken	Beef Wrap	Shrimp Salad	Broccoli & Cheese	Beef Dip								
Vegetable Soup	Pico De Gallo	Ranch Dressing	Quiche	w/Au Jus								
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Seasonal Fruit	Mixed Berries		Mixed Berries	Seasonal Fruit								
		DINNER										
Baked	Basa w/	Turkey	Turkey Dinner	Fish Stew								
Spaghetti	Honey Curry	Dinner	Green Beans	w/Leek & Fennel								
Grilled Vegetables	Sauce	Green Beans	Almandine									
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Cookies	Seasonal Fruit	Pumpkin Pie	Pumpkin Pie	Cheesecake								
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The LW Pool Club celebrates their 46-41 victory over Laguna Woods on Nov. 4.

LW Pool Club basks in 46-41 competition win

n Nov. 4, 17 LW Pool Club players traveled to Laguna Woods to play its pool team. Last May Laguna Woods came to Leisure World and won 25-23. This rematch resulted in the Leisure World team winning the match 46-41. At one point Leisure World held an 11 game lead. All matches were eight ball singles, with "A", "B" and "C" players competing against each other.

"I believe one reason we did so well, playing a community more than twice our size, is that we have weekly competition in our Monday and Wednesday pool leagues. We have a lot of players working to improve their game," said Dave Silva.

In the Monday league, The Renegades beat Joker's Wild 8-5. Ren Villenueva and Guta Basner won both of their singles matches for the Renegades.

The Cue Commandos beat the Rustlers 8-5. Millie Larsen, subbing for the Cue Commandos, had a big night winning six games and both of her singles in 8 and 9 ball.

The Sharp Shooters edged the Cue Crew 7-6. Dennis Bedford was on his game for the Sharp Shooters winning six games. Bedford only lost his 8 ball singles.

With only one week left in the season Joker's Wild holds a three game lead over the Cue Crew.

The Wednesday league will be reported next week.

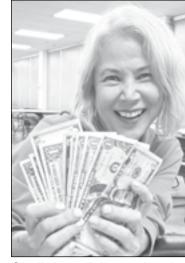
—Dave Silva

Tournament Poker Club tournament is on Nov. 18

The Tournament Poker Club's Casino Tournament will be held Saturday, Dec. 16, at 10 a.m. Early registration is a must since seating is limited. People can register any Saturday morning on regular tournament days.

Those who would like to play a fun and friendly game of Texas Hold 'Em for a \$5 buy-in should make plans to play at the next Saturday tournament on Nov. 18. Regular tournaments are on the first three Saturdays of every month in the lobby of Clubhouse 6. Registration begins at 10 a.m., along with treats and coffee. Cards are in the air at 10:30. There is no late seating.

The club welcomed back its members for the first tournament of the month on Nov. 4. As the winners of their original



Shelly Yu celebrates her first final table win.

table, the final table players were: Shelly Yu, first; Joyce Smith, second; Guta Basner, third; Tom Pappas, fourth; Nancy Floyd, fifth. At the final table, play continued until Smith and Yu were head's up. Holding a pair of K's, Smith went all in before the flop and was called by Yu holding pocket sevens. The flop was A-3-5 leaving Smith still in the lead, and Yu hoping for another seven. The turn was a three, but the river card was a seven; and Yu's triple sevens won the hand.

Yu has lived in Leisure World and been a member of the poker club for two years. This was her first final table win at a regular tournament. In addition to tournament poker, Yu enjoys poker and pickleball here in Leisure World, and also likes painting and traveling.

The club congratulates all the winners.

For club information, email Deborah Barner at *deborahbarner7@gmail.com*.

—Deborah Barner

Cribbage Club meets Tuesdays

The Cribbage Club meets every Tuesday at noon in Clubhouse 1. Refreshments are served from noon to 12:15 and anyone arriving by 12:15 is assured a place to play. Announcements are shared at 12:25, and play begins at 12:30. A total of seven games are played.

Melinda Cowan provided cake and ice cream last week. Cowan, along with Margaret Smith, served everyone the refreshments. Cowan and Joan Berg also provided additional snacks. The club appreciates these ladies.

Winners of the week include: Don Kramer, 839, first place; Pot

Don Kramer, 839, first place; Potsy Frank and Gene Smith, 838, second; Helen Elich, 836, third; Ron Jackson, 827, fourth.

The club is happy to welcome Bob Kabelitz as a new member. For club information contact Marilyn Chelsvig at 562-279-5665. New members are always welcome to join.

-Mary Holder

Duplicate Bridge Club

The Leisure World Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can also call Dan Frank at 562-739-6441 or email him at *danfrankcpa@gmail.com* no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

Learn the ins and outs of duplicate bridge during weekly play with the Duplicate Bridge Club.

Oct. 30 winners (eight

tables): Howard Small and Chie Wickham, and Anthony Reddy and Miranda Reddy, north/south; Thad Mikols and Schmuel Fisher, and Judith Jones and Al Appel, east/west.

Nov. 2 winners (four tables): Howard Small and Sue Fardette, and Fred Reker and Russ Gray, north/south.

Nov. 3 winners (eight tables): Schmuel Fisher and Joan Tschirki, and Howard Smith and Glenn Berry, north/ south; Marcia Lane and John Berg, and Leon Estes and Fred Reker, east/west.

The club congratulates the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at *www.acblunit557.org* and click on Leisure World Results.

For club information, contact Howard Small at 516-659-3314 or *howard.small@outlook.com*.



Friday play for Chess Club

The LW Chess Club meets every Friday in Clubhouse 3, Room 7, from 1:30-5:30 p.m. Keep Alzheimer's and dementia at bay by practicing this strategy game, proven to improve short and long-term memory, critical thinking skills and cognitive function. People are encouraged to bring one or more friends and enjoy the moment. Men and women are welcome.

The LW Weekly 562-430-0534

Bocce Club

The Bocce Club congratulates Sal and Melli Herrera on their crowning as the new fall champions. The club celebrated the end of the 2023 season with playoffs and a party on Nov. 4.

The next season begins in January 2024, and signups will take place for the next month.

The club will have its first club meeting on Thursday, Nov. 30, at 1 p.m. to discuss the new season. Anyone interested in joining can contact Rhonda Cox at 714-904-6458.

-Rhonda Cox Melli and Sal Herrera



Yahtzee Club winners for Nov. 3 include Diane Seeger (I-r), most Yahtzees; Lois True, high score; Geraldine Wright, low score; Joyce Ingram, door prize.

Yahtzee Club to play on Nov. 17

The Yahtzee Club will meet Nov. 17 in Clubhouse 3, Room 6, at 1 p.m. There will be a halftime social to interact with friends and neighbors. The club meets the first, third and fifth Fridays of each month.

For more information, contact Diane Seeger at 562-533-5997. —Diane Seeger

LWWEEKLY **Men's Golf League**

Thirteen golfers from the Leisure World Men's Golf League played Nov. 3 at the 6,000-yard par-70 Willowick Golf Course in Santa Ana.

Accordingly, with barely average playing conditions, only five of the 13 players were at net par or under and there were just three birdies-two by Chris Lankford, and one by Clay Fischer. Sam Choi had fewest putts in the "A" flight, and Gene Vesely for the "B". Lankford was also closest to the pin on the 140-yard 12th hole.

A flight winners (handicaps 0-19): Lankford, 4 under 66, first place; Fischer, 2 under 68, second; tie between Choi and Jim Goltra, 2 over 72, third; Gary Stivers, fourth; tie between Dave LaCascia and Bill McKusky, fifth.

B flight winners (handicaps 20 and over): Vesely, 3 under 67, first place; Tom Ross, 1 under 69, second; Lowell Goltra, even par 70, third;: Digna Vesely, fourth: tie between Bob Munn and John Meyer, fifth.

Fifteen golfers plus guest Linda Herman challenged the Riverview Golf Course in Santa Ana on Nov. 6.

The difficult playing conditions allowed only six of the 16 rounds to be net at or under par and slowed play way down. There were just six birdies-two by Bill McKusky and Sam Choi, and one each by Clay Fischer and Jim Goltra. Gary Stivers and Choi had fewest putts in the "A" flight, and Bob Munn in the "B". Jim Goltra was closest to the pin on the 140-yard second hole, John Meyer on the 100 yard all over water ninth, and a special closest was won by Chris Lankford on the very difficult 140-yard 14th.

A flight winners (handicaps 0–19): tie between Choi and Dave LaCascia, 2 under 68, first place; Fischer, even par 70, second; Jim Goltra, 1 over 71, third; tie between Lankford and Larry Hillhouse, fourth; Stivers, fifth.

B flight winners (handicaps 20 and over): tie between Tom Ross and Bill McKusky, 3 under 67, first place; Ron Jackson, 1 under 69, second; Gene Vesely, even par 70, third; Meyer, 1 over 71, fourth; tie between Lowell Goltra, Bill Zurn, and Bob Munn, fifth.

The Monday and Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded. Those interested can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975. —Dave LaCascia

LW WOMEN'S GOLF CLUB

Holiday luncheon to be Dec. 5

Tickets are available for the Women's Golf Holiday Luncheon, to be held Tuesday, Dec. 5, at 12:30 p.m. in Clubhouse 3, Room 1. Ask any board member for a ticket, which is \$10.

The women's tournament on the first Tuesday of each month features a circle hole challenge in addition to low gross and low net. The gardeners place a chalk circle approximately 6 feet around the hole and if players make their first shot into the circle, they win a prize. This month's circle was around hole No. 8.

There were 44 players competing this past week.

A flight winners: Low gross: Devora Kim, 28, with her first shot into the circle on No. 8; low net: Janice Turner, 26.

B flight winners: Low gross: Jane Song, 29; low net: Clara Suh and Nina DeRosa, 24. Judy Kim made her first shot into the circle on No. 8.

C flight winners: Low gross: Kay Hong, 32; low net: Patty Littrell, Helen Yoon, Dale Quinn and Mary Devlin, 26.

D flight winners: Low gross: Neva Senske, 33; low net: Emiko Uchiyama, 25.

Men's Golf Club hosts 57 players for tournament

he first November Leisure World Men's Golf Club tournament was held on Nov. 8 at the Turtle Lake Golf Course. Three flights of variously skilled golfers vied for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot circle rewarded) and two closest to the pin challenges.

A total of 57 golfers teed off and played 18 holes on a beautiful fall morning. Only 15 of the 57 rounds were net at or under par, but there were 65 birdies.

The low gross competition was won by Bob Barnum at 1 over 55, followed by Bob Turner at 3 over, then Dong On Kim and Bob Johnston at 4 over. Best two net scores were Paul Shellenberger and Steve Kang. Lowest gross scores were by Dave LaCascia and Barnum at 1 over 55. Closest to the pin on the par 3 seventh hole was Bruce Bowles at two feet four inches and on the par 3 16th hole was Barnum at five feet four inches. There were also 15 circle hole winners.

A flight winners (handicaps 0-5): Dave LaCascia, 3 under 51, first place; Ron Steele, 2 under 52, second; Young Lee, even par 54, third; tie between Thomas Kim, Bob Turner and Bob Barnum, 1 over 55, fourth; tie between Alan Sewell, Mark Rice, Dong On Kim and Gene Archambault, 2 over 56, fifth.

B flight winners (handicaps 6-12): Paul Shellenberger, 7 under 47, first place; Steve Kang, 6 under 48, second; Steve Walker,

Scramble for all golfers Dec. 6

There will be scramble on Dec. 6 at 7:30 a.m. Men's and women's golf club members may sign up at all tournaments through Dec. 5; however, only the first 54 players signed up can play. There will be six players on each hole and team assignments will be available the day before the tournament.

5 under 49, third; tie between Joon Sup Yoon and Bob Johnston, 2 under 52, fourth; Ron Jackson, 1 under 53, fifth; tie between Hyon Shin and Gary Newhall, even par 54, sixth; Jun Um, 1 over 55, seventh; tie between Dennis McMonigle and John Haley, 2 over 56, eighth.

C flight winners (handicaps 13-18): Kevin Lindstedt, even par 54, first place; James Choi, 3 under 51, second; Kevin Lindstedt, even par 54, third; Darry Holten, 1 over 55, fourth; tie between Lee Broadbent and Jack Haskins, 2 over 56, fifth.

The next men's tournament will be on Nov. 22 and every second and fourth Wednesday of each month. There will be a fifth Wednesday Guys and Gals tournament on Nov. 29. Those who had planned to play and cannot should contact Alan Sewell at 541-324-8558 or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 15 minutes prior to scheduled tee time and be ready to play.

—Dave LaCascia

Shuffleboard Club flexibility pays off in no forfeits

When the Shuffleboard Club started its fall season in mid-September, it created teams of only six or seven players rather than the historical line-up of seven or eight players. By doing so, the two leagues had five teams competing in both leagues. In shuffleboard circles, a minimum of six players are required for each competition.

As the season progressed, many players have agreed to substitute for a team that might be short a player to avoid a forfeit. On Nov. 3, the morning league realized it would be short eight players. Eight league players stepped up, gave up a free morning, and the club's record for the season of no forfeits still holds.

For many of the LW Shuffleboard Club members, having fun, making friends, and supporting the centuries old game of shuffleboard are the major reasons for learning to play and compete.

Nov. 7 winners: Team Sally edged past Team Chandra winning seven games out of 12. Team Sally had two all-game winners, both new members: Susan McKaig and Randi Allen. Chandra Patel and new member Lori Probert were the all-game winners for Team Chandra.

Team Karen outpaced Team Jack winning seven of the 12 games. Team Karen had two all-game winners: new member Micki Aiello and veteran player Sal La Scala. Team Jack had two all-game winners: veteran players Jack O'Brien and Linda Peters.

Team Rod had a scheduled

bye Nov. 7

Nov. 3 winners: Team Milly and Team Carol split the Friday morning games with each team winning six games.

All-game winners honors for Team Milly included veteran players Donna Gorman and Steve Edrich. Veteran player Jack O'Brien earned the allgame winner honors for Team Carol.

Team Sally edged out Team Shelwinning seven of 12 games. Team Sally had two all-game winners: veteran players John Mount and Sally Fowler.

Team Rod had its second bye in the season Nov. 3.

For information about the Shuffleboard Club, call Membership Coordinator Patty Peterson at 562-714-7072.

-Kay Mount

We would like our patients to meet our new associate Dr. Taylor J. Sant

For those who do not have dental insurance, we offer new patients a \$35⁰⁰ exam, x-ray & cleaning special



Those interested in joining the women's golf club can obtain an application from the golf course starter or contact club treasurer Margie Thompson at 562-493-0484 for more information.

—Liz Meripol

PICKLEBALL CLUB Free classes continue

As the holiday season approaches, the Pickleball Club would like to remind everyone of its free pickleball clinics on Tuesdays at 10 a.m. and the free beginners classes on the fourth Tuesday of the month at 10:30 a.m.



-Jesus Sosa Free clinics are on Tuesdays.

(Reg. \$292) In the absence of gum disease

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.

Philip P. Nguyen Ella J. Chen D.D.S D.D.S. ADA, CDA, OCDS ADA, CDA Over 10 years experience Over 20 years exper

Taylor J. Sant D.M.D Over 4 years experience

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Senior Discounts Available Providing Quality Dental Care to Leisure World Residents Since 1975.

Most Insurance Plans Accepted

Seal Beach Dentistry

1900-A St. Andrews Dr. Seal Beach, Leisure World Shopping Center 562-430-1054



RELIGION

Community Church

This Sunday, Nov. 19, is the second week of extended advent at Community Church. The message is titled "Hope is in Our Hands."

The season of Advent has long been celebrated in the Christian church as a time of waiting for the second coming of Jesus in the "end times." That waiting has now gone on for almost 2,000 years, leaving some to wonder if the point has been missed. This Sunday, Community Church will look at 1 Thessalonians 5:1-11 and Matthew 25:14-30 and learn what it means for hope to be "in our hands."

Pastor Johan Dodge is lead-

ing a weekly Advent study, titled "Advent is for Action," on Thursday mornings at 11 in the Fellowship Hall through Dec. 21. The group will not meet next week on Thanksgiving, Nov. 23. Everyone is welcome to join the group any week.

Those who are looking to belong to something that is lifegiving, creative and empowering are invited to join Community Church on Sundays. All are welcome at Community Church. Worship begins at 9:50 a.m., followed by a time of fellowship and light refreshments. Come early for a cup of coffee in the narthex. Community Church is located inside Leisure World at 14000 Church Place.

People can also watch the service live on Facebook, @*CommunityChurchLeisureWorld*, and on Zoom. People can contact the church office to receive the Zoom link.

Those who are in need without another way to address it may call the church office to leave a message at 562-431-2503.

Faith Christian Assembly

Even in the midst of challenging times, there is so much to be thankful for and people can always find ways to express gratitude. It's been said that whatever people focus on grows, and also, whatever consumes the mind controls the life. Godknows these things and gives believers direction for how to focus thoughts:

"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to

God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

"Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you," Philippians 4:6-9. The negative things in today's world are plentiful, but the choice on where people place their thoughts is their own. God's promise is peace in the hearts and minds of believers who trust and give thanks to him. Join Faith Christian Assembly for its Thanksgiving Eve service on Wednesday, Nov. 22, from 11 a.m.-noon for an inspiring message, timeless hymns and great fellowship. Then come back for Sunday service on Nov. 26 at 10:30 a.m. There will not be a Sunday evening service on the Nov. 26. Faith Christian Assembly's weekly Sunday service times are 10:30 a.m. and 5:30 p.m., with the pre-service prayer at 5 p.m. The Wednesday Bible study is in the main sanctuary at 11 a.m. To receive a copy of the free monthly newsletter or more information on the church, contact the office during business hours Tuesday-Friday by calling at 562-598-9010 or emailing at contact@fcachurch.net. The church is located at 13820 Seal Beach Blvd., Seal Beach. People can also visit the website at www.FCAchurch.net to learn more.

Assembly of God

It is easy to be overwhelmed by the barrage of bad news streaming in from all sources. The disturbing realization that one has so little control over bad things happening in the world can lead to anxiety, depression and fear. However, the Bible has provided an antidote to these feelings for thousands of years.

It is possible to fully recognize evil and its effects while maintaining inner peace. The key is being thankful to God for his provision in every situation. Developing a consistent attitude of gratitude opens a world of possibilities.

Pastor Chuck Franco will preach a mesage titled "In Everything Give Thanks," from 1 Timothy 6:17 and 1 Thessalonians 5:18 this Sunday, Nov. 19. He encourages Assembly of God members to make Psalm 92:1 the theme of this coming season: "It is a good thing to give thanks unto the Lord."

The Wednesday morning Bible study continues with the third session of "Faith in Hostile Times," by Berni Dymet. This



Chuck and Sheryl Franco

installment is titled "When Freedoms Come Under Threat." It is important for Christians to be aware and prepared for opposition to Biblical principles. The loudest voice in an argument is not necessarily the one speaking truth.

It is vitally important for Christians to understand their freedoms and responsibilities and exercise them responsibly.

Leisure World Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing begins at 6 p.m. on the fourth Sunday of the month in the Clubhouse 3 Lobby.

More information can be found at *www.lwassemblyofgod. com*, or on Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. Contact the church office at 562-357-4360, or *pastorchuck@ lwassemblyofgod.com.*

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine," Romans 1:12.

Pastor's Message

Pastor Gary Whitlatch will finish his messages on the book of Colossians this week. He will share the closing portion of the letter, written by Paul the apostle to the Colossians from his prison cell in Rome. Even though he was some distance away, Paul's heart was evidently with the people in Colossae and the entire letter, written by his own hand, was fully intended to encourage the church he had established.

Pastor Whitlach will cover Colossians 4:7-18 and the bounty of information given in that final chapter. Paul writes about whom he is sending to the church and the varied background of the visitors entrusted with the handwritten letter. He describes their purpose: to encourage the hearts of the new believers. Verse 17 is a specific message to Archippus, the church minister, "Take heed to the ministry which you have received in the Lord, that you may continually fulfill it." All the verses are a reminder of the responsibility even today to encourage and strengthen the many churches established around the world that labor earnestly to further the Kingdom of God.

First Christian Church takes that verse to heart by supporting and praying for many ministries around the world that are often experiencing persecution and hardship because of their faith. Hebrews 12:28 reads, "Therefore, since we received a kingdom which cannot be shaken, let us show gratitude, by which we may offer to God an acceptable service with reverence and awe."

Weekend Services

Sunday services, from 9:30-10:45 a.m., are traditional with hymnal music led by Janet Ray with Pat Kogak at the piano. Sandy Carlson will sing a solo for this week's special music feature.



Pastor Bruce Humes

Pastor Bruce Humes leads the Thursday Bible study from 10:30-11:30 a.m.

Humes also leads the prayer Bible study on Fridays from 6-7 p.m.

All are welcome to join any the Bible studies





Pastor Johan Dodge

The LW Weekly 562-430-0534

Saturday services, from 9:30-10:45 a.m., include contemporary songs of worship, led by Gregory Black with guitar and vocal accompaniment.

Midweek Studies

Melli Herrera leads the women's Bible study on Mondays from 10:30-11:30 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study from 9:30-10:30 a.m.

of the bible studies.

Scripture of the Week

"Oh Lord, be gracious to us; we have waited for You. Be our strength every morning, our salvation also in the time of distress," Isaiah 33:2.

Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information or to receive prayer, call 562-431-8810.

Interfaith Council Picnic is today

Today, Nov. 16, the Interfaith Council of Leisure World will hold a Fall's Falling Picnic at 5 p.m. in Clubhouse 4. There will be Pollo Loco chicken, salads and pumpkin pie. There will also be entertainment. RSVP to Alberta Karch at 562-296-5567 to ensure there will be enough food. Every participant is asked to bring a salad to serve eight. There will also be kosher chicken for those who need it.

LWWEEKLY Congregation Sholom

Congregation Sholom will hold services with Rabbi Eric Dangott via Zoom on Friday, Nov. 17 at 6:30 p.m. Rabbi Mike Mymon will lead the hybrid service on Saturday, Nov. 18, in Clubhouse 3, Room 9, and via Zoom at 10 a.m. Saturday's Torah reading will be Toldot from the book of Genesis. Toldot (Generations) opens with the births of Isaac and Rebecca's twins, Jacob and Esau. Esau sells his birthright to Jacob in exchange for soup. Isaac and Rebecca travel to Gerar, where Isaac makes a peace treaty with King Abimelech. Isaac gives Jacob the blessing meant for Esau, and Jacob runs away to his uncle Laban.

To receive a Zoom invita-

Christian Women's Fellowship and Bible Study

The Christian Women's Fellowship and Bible Study group will meet Monday, Nov. 27 in Clubhouse 3, Room 6, at 10 a.m. The group is currently studying the book of John, chapters 5-6 in John McArthur's study book. For more information, contact Jean Davidson at 562-431-0597 or Margie Robertson at 562-594-8100.

Christian Friends and Fellowship Club

Christian Friends and Fellowship Club meeting will be held on Tuesday, Nov. 21 at 6 p.m. in Clubhouse 4. All are welcome to attend. Musical entertainment and food will be provided. RSVP to one of the following numbers for an accurate head count: 562-277-2836, 562-455-6218 or 562-594-9430.

Religion Directory

To submit updates to the Religion Directory, email <u>laurieb@lwsb.com</u>, or call 562-430-0534, ext. 801

<u>Assembly of God</u> Sunday service, 10:30 a.m. Clubhouse 3, Room 2 562-357-4360

LW Baptist Church

Sunday service, 10 a.m. Clubhouse 4 562-430-2920

Beit HaLev

Friday, 6 p.m. Saturday, 10:30 a.m. Livestream on Zoom, YouTube and Facebook and *simshalom.com*

LW Community Church

Sunday worship, 9:50 a.m. Livestream available on Facebook and Zoom 14000 Church Place, 562-431-2503

Congregation Sholom Friday service, 6:30 p.m.

Holy Family Catholic

<u>Church</u> Mass, Mon.-Sat., 8:30 a.m. Saturday, 5 p.m. Sunday, 8 a.m., 10 a.m., noon 13900 Church Place, (562) 430-8170

Church of Jesus Christ of

Latter-day Saints Sacrament Meeting., Sunday, 9 a.m. Sunday School, 1st and 3rd Sundays, 10 a.m. Elders and Relief Society, Second and fourth Sundays, 10 a.m. 6500 E. Atherton St., Long Beach Livestream: https://youtu. be/Qk24-vuAAi0

Korean Community

<u>Church</u> Sunday service 11:50 a.m. Weekly morning prayer, Tuesday-Saturday, 6 a.m. 14000 Church Place 714-323-0897 tion, contact Jeff Sacks at 714-642-0122

Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

To become a member of Congregation Sholom, call Howard Brass at 714-396-0121 for a membership packet.



Holy Family Catholic Church

Holy Family Church invites all LW residents to participate in Thanksgiving Mass on Thursday, Nov. 23, at 10 a.m.

The church will hold the blessing of the bread and wine that people will enjoy later on with friends and family. People are encouraged to bring their bread and wine to be blessed that day.

LW Korean Community Church

Leisure World Korean Community Church (LWKCC), led by Senior Pastor Rev. Dr. Jang Young Yong meets every Sunday worship at 11:50 a.m. in the sanctuary.

The weekly morning prayer meeting is held at the sanctuary at 6 a.m. from Tuesday to Saturday, under the guidance of the pastor. Every Saturday morning service is followed by breakfast in the fellowship room.

LWKCC is the nesting church of LW Community Church, which is located within Leisure World at 14000 Church Place, next to St. Andrew's Gate. LWKCC is

LW Baptist

The Bible speaks much of people being made in God's image and likeness. Even more, it focuses on God becoming man in Jesus Christ. The Bible also calls upon believers in Christ to walk or live as Jesus walked here. He is the potter; his people, the clay.

Christians sing, "To be like Jesus, my desire, to be like Him/All through life's journey from earth to glory/So meek and lowly so humble and holy, how I long to be like Him," and "More like the Master I would ever be."



Pastor Rolland Coburn

Godly living is Christlike

living; true holiness. Christ's love in the lives of his people makes the difference. And Christ's power and grace, enables them to live godly in an ungodly world.

LW Baptist Church meets for worship on Sundays at 10 a.m. in Clubhouse 4. For more information about the church, call 562-889-8888.

Redeemer Lutheran & St. Theodore's

Members of Redeemer Lutheran and St. Theodore's churches will meet on Sunday, Nov. 19, the 25th Sunday After Pentecost, at 10:30 a.m. Bishop Murray Finck will preside over the service with an inspirational message.

The Gospel lesson this week is from Matthew 25:14-30, where Jesus tells a parable about his second coming, indicating that it is not sufficient merely to maintain things as they are. Those who await his return should make good use of the gifts that God has provided them.

The church is located across from the Administration Building. Members always welcome

residents who are looking for a church home. Every service is followed with a coffee hour in the fellowship hall.

Seal Beach Union Evangelical Church

The Sunday service of the Seal Beach Union Evangelical Church is held at 1 p.m. on Sundays in Clubhouse 3, Room 2.

Pastor Timothy Joo's sermons are faithful to the exposition of the Bible.





The Reverend Murray D. Finck, Bishop Emeritus, ELCA Pacifica Synod.

Saturday service, 10 a.m. Clubhouse 3, Room 9 Livestream on Zoom

Faith Christian Assembly

Sunday services, 10:30 a.m., 5 p.m. Midweek Bible Study, Wednesday, 11 a.m. Griefshare, Wednesday, 5:30 p.m. 13820 Seal Beach Blvd., 562-598-9010

First Christian Church

Friday Prayer Meeting, 6 p.m. Saturday Service, 9:30 a.m. Sunday Service, 9:30 a.m. Chapel on Northwood Road, 562-431-8810 <u>Redeemer Lutheran</u>

Sanctuary service, Sunday, 10:30 a.m. 13564 St. Andrews Drive, 562-430-8619

<u>Sa-Rang Church</u> Sunday service, 11 a.m., Clubhouse 3 Lobby Bible Study, Wednesday, 6:30 p.m., Clubhouse 3, Room 2

SB Conerstone Church

Sunday service, 9:25 a.m., Clubhouse 2

<u>Seal Beach Union Evangelical</u> Sunday service, 1 p.m., Clubhouse 3, Room 2 committed to carrying out its mission of a church that plants God's will in the ground. Every other week, LWKCC holds a seminar on how to use a smartphone (iPhone, Samsung phone) in the praise room, with Elder Yoo Jeong-hoon and ordained Deacon Lee Kun-soo. For more information about the church, call 714-323-0897, or email *revyong@hanmail.net*.

Call the Security office at 562-594-4754

<u>COMMUNITY</u>

RETIRED TEACHERS ASSOCIATION

Join the luncheon on Dec. 1

The Retired Teachers Association will host a luncheon on Dec. 1 at 11:30 a.m. in Clubhouse 3, Room 9.

William Quemada, a member of the Leisure World Seal Beach/California Retired Teachers Association (CalRTA), will be the guest speaker at the event. His presentation is titled "Every Adventure Begins with a Single Step."

For all the hiking and outdoor enthusiasts, Quemada will share his video of traveling to Tanzania William Quemada and summitting Mt. Kili-



manjaro at 19,340 feet. Quemada has also backpacked the John Muir Trail, the Rim-to-Rim trail in the Grand Canyon, Mount. Whitney, Machu Picchu, Mount. Blanc in France and the El Camino de Santiago de Compostela. At 74 years of age, Quemada just completed hiking the Bright Angle Trail from the South Rim Grand Canyon with his family (five grandchildren ages 7-14).

In addition to hearing from Quemada, members will receive a complimentary lunch and hear the latest news from CalRTA. For lunch reservations, call Anne Stone at 714-600-6956.





Members of the Sunshine Club spent a day at the Academy Museum of Motion Pictures in Los Angeles.

SUNSHINE CLUB Members enjoy the Academy Museum of Motion Pictures

The Sunshine Club organized a successful bus trip for 56 community members to the Academy Museum of Motion Pictures in Los Angeles.

As people boarded the bus at 8 a.m. to leave for the museum, each guest received a sack lunch prepared by Sunshine Club volunteers with lots of treats such as chips, a candy bar, a power bar, water as well as sandwiches from Sprouts that were picked up at 7 a.m. and delivered by volunteer Henry Kim.

Anna Derby and her team of Sunshine Club volunteers always make these bus trips fun and exciting. Lynn Baidack and Susan Hopewell checked in all the guests before departure to

make sure everyone was onboard as the adventure began.

Members arrived at the museum at about 10:30 a.m. and the first thing the group did was go to the fourth floor that has a large open patio-like area with a breathtaking view of the Los Angeles/Hollywood area, including the famous Hollywood sign, which turns 100 years old this year. Several photos taken of the group by the official photographer, Michael Oh.

After the picture taking was done, people went separate ways to explore the four floors of the interesting museum. The museum showcases different movies, artists, eras, genres and technologies of the movie

industry. Some of the movies showcased were "Casablanca," "The Godfather" and "Boys From the Hood."

The group was asked to return to the bus by 3:45 p.m. As Lynn and Susan checked in each passenger as they boarded the bus, they celebrated that all 56 of members returned with time to spare. The driver was calm and patient as he maneuvered through the rush hour traffic and safely arrived home at 5:30 p.m. to a gorgeous Seal Beach sunset. A beautiful ending to a fun day.

The day proved to be a successful showcase of team effort. - Cheryl Falconer and Susan Hopewell



Evelyn Velez and Caryl Ann Hathaway

LWers dance their way to the ballroom championship crown

Evelyn Velez and Caryl Ann Hathaway began taking ballroom lessons four years ago at Dance Around the Clock Orange County, now in downtown Seal Beach. Aside from the physical challenge, it is a fantastic brain-boosting sport that enriches both of their lives socially.

Velez and Hathaway were crowned the 2023 North American Same Sex International Ballroom Senior Champions in July, and competed this past weekend at the Hollywood Dancesport Championships at Universal Studios. They also placed first in Senior Pre-Champion International Ballroom as well as Senior International Ballroom Open Championship. It's good to be a senior.

The next adventure for Velez and Hathaway is to take social and Latin dance lessons for competitions next year. They currently reside in Mutual 6 but are excited to be moving to Mutual 15 next month.

Sandy Esslinger (I-r), Carolyn van Aalst and Lee Esslinger helped students learn how to fold an American flag in the correct way.

American Legion led a flag ceremony at elementary school

and Auxiliary were invited by the principal of Furgeson Elementary School in Hawaiian Gardens to participate in a flag ceremony as part of its annual Veterans Day program.

Lee and Sandy Esslinger and Carolyn van Aalst were

The American Legion Post honored to attend, fold the flag and explain all of the 13 folds to the students and faculty at the outdoor event which was also attended by school board and city council members.

> Students and their veteran family members were acknowledged and saluted as the flag

was presented to the principal. Light refreshments (really a full breakfast) was served after the program to the guests.

Those interested in joining the American Legion Auxiliary can contact Dianne Hart at 714-955-2885.

-Dianne Hart

Detober Security Incident Report

The following is the Security incident report for October. It has been edited for clarity and brevity.

FÍRE: 4

• Oct. 7, 12:09 p.m., Mutual 11 A resident left the stovetop on and a box on top of the stove caught fire; smoke only.

• Oct. 21,11:54 a.m., Clubhouse 6 An alarm malfunctioned in the clubhouse.

•Oct. 24, 4:35 p.m., Mutual 2 A water heater's alarm turned on: no fire or smoke.

•Oct. 31, 2:07 p.m., Mutual 11 A cardboard inside of a trash bin caught on fire. The fire was extinguished, but the heat damaged the bin.

COYOTESIGHTINGS:44

• 44 sightings reported.

THEFT: 3

•Oct. 8, 10:03 a.m., Mutual 1 An unknown person removed a resident's wagon from the carport.

•*Oct. 23, 1:25 p.m., Mutual 6* An unknown person removed a resident's ashtray that was located near the unit.

•Oct. 25, 12:01 p.m., Mutual 8 An unknown person removed cash from a resident's safe.

VANDALISM:1

•Oct. 13, 4 p.m., Mutual 11 A resident stated the paint peeling from her vehicle was due to acid.

PET COMPLAINTS: 1

•*Oct. 11, 2:40 p.m., Mutual 6* A resident reported dogs on 20-foot leashes were running through the Mutual.

TRAFFIC INCIDENTS: 12

• *Oct. 1, 11:30 a.m., North Gate* A driver struck a pole and fled the scene.

•Oct. 2, 7:30 a.m., Mutual 11 A driver struck a parked vehicle and fled the scene.

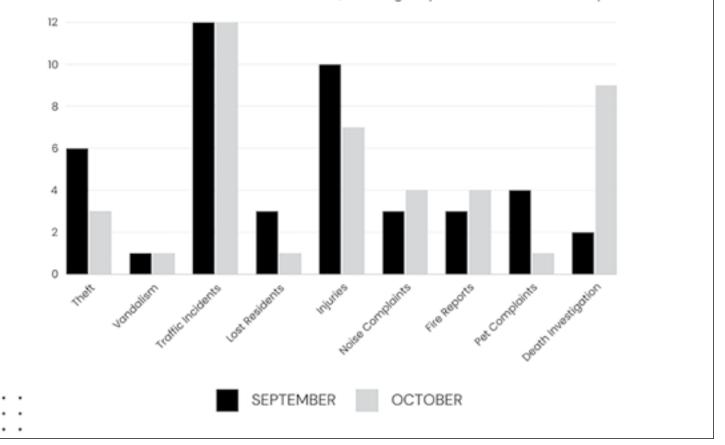
•*Oct. 4, 10:17 p.m., Mutual 2* A driver struck a parked vehicle and fled the scene.

•Oct. 5, 7:30 a.m., Mutual 2 A resident discovered scratches on the rear of her parked vehicle.

•Oct. 6, 2:08 p.m., 1.8 Acres

SEPTEMBER AND OCTOBER AT A GLANCE

Below is a comparison of the total Security reports for the months of September (30 days) and October (31 days). The month of September had a total of 249 calls, including 140 paramedic calls and 64 coyote calls and the month of October had a total of 241 calls, including 155 paramedic calls and 44 coyote calls.



•Oct. 27, 6:20 a.m., St. Andrew's Gate

A moving vehicle struck an open gate; no injuries reported. • Oct. 31, 9:30 p.m., Mutual 7 An unknown person struck the rear bumper of a parked vehicle and fled the scene.

bu NOISE COMPLAINTS: 4 to

•Oct. 18, 6 p.m., Mutual 5 A resident complained about construction noise. No noise detected at the scene.

•*Oct. 22, 7:40 p.m., Mutual 2* A resident complained of banging on the walls. No noise detected at the scene.

• Oct. 25, 11:56 p.m., Mutual 2 A resident reported a loud TV in a neighboring unit. The TV volume was lowered .

•Oct. 27, 12:38 a.m., Mutual 2 Ongoing issue with loud TV; no noise detected at the scene.

INJURIES: 7

•*Oct. 2, 5:05 p.m., Mutual 2* A resident fell while walking A resident was taken to the hospital after lifting tile.

•Oct. 24, 4:35 p.m., Mutual 7 A resident fell while walking but did not need transportation to the hospital.

•Oct. 24, 9:53 a.m., Mutual 7 A resident fell while walking but did not need transportation to the hospital.

•Oct. 25, 9:37 a.m., Mutual 6 A resident tripped over a curb but did not need transportation to the hospital..

• Oct. 29, 5:50 p.m., Mutual 1 A resident tripped on grass and was taken to the hospital.

LOST RESIDENTS: 1

• Oct. 11, 10:02 a.m., Mutual 14 A lost resident was safely returned home by Security.

OTHER INCIDENTS

•Oct. 2, 6:17 p.m., Mutual 3 Security assisted a Mutual director with informing a resident of a violation of the occupancy agreement.

•Oct. 3, 11 a.m., Mutual 3

•Oct. 5, 7:30 p.m., Mutual 9 A resident complained that an unknown person placed bugs inside her residence.

•Oct. 11, 2:30 p.m., Mutual 6 A contractor was working without permit and ceased operations after being informed by Security.

Oct. 20, 2 p.m., Mutual 1 Ongoing resident dispute regarding a variety of issues.
Oct. 21, 12:10 a.m. and 2:05 p.m., Mutual 10 Ongoing resident dispute regarding a variety of issues.
Oct. 26, 6:06 p.m., Mutual 14 Ongoing resident dispute regarding parking
Oct. 26, 8:10 p.m., Mutual 9 A resident stated an unknown person cut the locks on his storage container. No

property inside the container was missing.

•Oct. 26, 10:50 a.m., Mutual3 A resident took exception to images found on parked vehicle.

• Oct. 30, 9:53 a.m., Mutual 1 A resident observed another resident taking photos of her unit.

TOTALS

Paramedic calls: 155 Theft: 3 Vandalism: 1 Traffic Incidents: 12 Death Investigations: 9 Lost Residents: 1 Injury: 7 Noise Complaints: 4 Fire Reports: 4 Pet Complaints: 1 Coyote Sightings: 44 Grand Total: 241



0000 Community Thomboniuing Dinne

A resident struck a metal dumpster.

• Oct. 11, 10:36 p.m., Mutual 10 An unknown person driving a vehicle struck a parked vehicle and fled the scene.

•Oct. 12, 3:19 p.m., Mutual 3 An unknown person driving a vehicle struck a parked vehicle and fled the scene.

• Oct. 17, 10:50 a.m., Mutual 10 An unknown person driving a vehicle struck a parked vehicle and fled the scene.

•*Oct. 18, 9:52 p.m., Mutual 6* A moving vehicle struck a parked vehicle; information was exchanged.

•Oct. 24, 12:55 p.m., Golden RainRoad/BurningTreeLane A moving vehicle making a turn struck another moving vehicle.

 and was taken to the hospital.
 Oct. 4, 2:55 p.m., Mutual 8
 A resident fell while walking and was transported to the

•Oct. 19, 12:11 p.m., Mutual 4

Police asked for Security to come to the residence to assist family members.

•Oct. 4, 8:21 p.m., Mutual 2 Ongoing resident dispute involving multiple issues.

SEAL BEACH

hospital.

Turkey Trot Street Closures

On Saturday, Nov. 18, the Seal Beach Turkey Trot 5K/10K will take place in the Old Town area of Seal Beach. As a result of this event and the large number of participants expected to run, the following streets will be closed to ensure runner safety:

• Main Street, from Electric Avenue through Ocean Avenue 4-11 a.m.; both directions.

• Ocean Avenue, from Electric Avenue through 10th Street, 6-10 a.m.; both directions.

• Ocean Avenue, from 1st Street through 8th Street, 6-10 a.m.; both directions.

CLOSURES, page 13

2023 Community Thanksgiving Dinner Thanksgiving Day, Thurs Nov 23rd

Free event for those that cannot be with family or friends for the holiday, or those in need.

Bingo at 11:00am Dinner at 12:00pm

At St. Anne's Church 340 10th Street Seal Beach

Please RSVP to 562-799-0179 by November 17th

Let us know if you require transportation!

LW Birthdays



Barbara Ferris (center, wearing crown) with her family and friends.

Barbara Ferris turns 97 with friends and family

Barbara Ferris from Mutual 2 celebrated her 97th birthday with a large group of friends and family, who traveled from near and far to see her.

Ferris' daughter, Janet Sunet, and granddaughter, Jody Sunet planned and executed the fun event that included five generations of the Ferris family attending. The two orchestrated a potluck, featuring a catered taco truck, to come to Mutual 2 to be enjoyed by family, friends and neighbors.



Barbra Ferris (I-r), her daughter Janet Sunet and granddaughter Jody Sunet.

Celebrating a birthday, or anniversary?

Email submissions and high resolution jpgs to: laurieb@lwsb.com The deadline is the Thursday before the desired publication date.

Ellen Larson celebrated her 88th year

Ellen Larson, who has lived in Leisure World for more than 35 years, celebrated her 88th birthday with her Mutual 14 neighbors on Oct. 26.



Democratic Club

By Mary Larson LW Contributor

This month's LW Democratic Club meeting has been rescheduled for Nov. 30 (the fifth Thursday of the month). It be held in Clubhouse 3, Room 9, at 1 p.m. Members and supporters can also join the meeting online or by phone. To receive the Zoom login information, email *sblwdemocraticclub@* campaign with club members during an earlier meeting.

The Democratic Party's official endorsement of a candidate in this highly contested District 47 campaign will take place during the state-wide convention in Sacramento later this month. The party will also make endorsements in other contests. This will include a statewide ballot measure that changes the funding structure and name of the Mental Health Services Act. The measure also authorizes the issue of bonds for veteran housing and homeless projects.

Bruce

• Treasurer: Mary Tromp • Assistant treasurer: Robert

(Bob) Cohen • Secretary: Jane Brittingham

• Program Chair: Debbie Wrathall

• Nominating Chair: Virginia Devine Melville

• Special Events Chair: Martha Warner

• Hospitality Chair: Rachael Lehmberg



Tina Lindl (left, front) and Michael Russell (left, back) signed up for the Ralphs Community Rewards program.

GAF & Ralphs Rewards

While many people spend a lot of money on groceries, there's a way to donate to the Golden Age Foundation (GAF) while grocery shopping without paying extra.

People can sign up for the Ralphs Community Rewards to donate to the GAF by going to *www.ralphs.com/community rewards*. People will need their Ralphs Reward Card number or the phone number associated with their account to register. People can also call 800-576-4377 and give the GAF's nonprofit organization (NPO) number, FS 519, to register.

A digital account is needed to participate in the program. Once linked to the Ralphs Rewards card, each time people swipe their card at a Ralphs grocery store, the GAF will receive a donation at **RALPHS**, page 13

Sunshine Club

Dr. Regina Lark, founder of A Clear Path, will speak at the Sunshine Club on Friday, Nov. 17, in Clubhouse 3, Room 2, at 10 a.m.

Lark is an organizing and productivity specialist based in Los Angeles. In 2008 she founded A Clear Path, followed by Silk Touch Moves, and recently, Speaking of Clutter.

Lark and her organizers provide professional physical, emotional and psychological support for people who want

to clear clutter and chaos from their lives. She is a board certified professional organizer with additional certifications in ADHD, chronic disorganization and hoarding disorders. Lark is a graduate of the Organizer Coach Foundation Training Program, and serves as a member director of the National Association of Productivity and Organizing Professionals.

Regina Lark

Lark is a frequent speaker and educator on topics ranging from women's leadership, emotional labor, time management, productivity, hoarding and ADHD.

All residents are welcome to join the meeting. The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served.

People are asked to arrive on time. Those who arrive late are asked to quietly use the back door to avoid disturbing the presentation.

The Sunshine Club will not meet next week to give members the opportunity to celebrate the Thanksgiving with family. The club will resume meeting on Friday, Dec. 1, with Sandy Shaken from the Community Legal Aid SoCal.

For more information, contact Anna Derby at 562-301-



gmail.com.

California Sen. Dave Min will attend this club meeting in person. He will present information about his campaign for election to the U.S. House of Representatives. Min and community activist Joanna Weiss are the two major Democratic contenders for election to Congress for District 47, which includes Leisure World.

Weiss had discussed her

LW Democratic Club members will also vote to elect the 2024/25 board of directors during the Nov. 30 meeting. The nominating committee presented the following slate of candidates during the September club meeting.

• President: William (Bill)

• Member at Large: Beverley Bender

There have been no additional nominations.

Vice President Kathy Moran, Publicity Chair Mary Larson and Membership Chair Loni Gardette were previously elected for a two-year term ending in December 2024.

There will be no Democratic **DEMOCRATIC**, page 13

5339.

GOLDEN AGE FOUNDATION

Enjoy a slice of pumpkin pie at the hospitality room on Nov. 23

Golden Age Foundation volunteers will serve pumpkin pie with whipped cream along with coffee and other treats on Thanksgiving morning, Thursday, Nov. 23, in Clubhouse 6 from 9-11 a.m.

Pianist Yuri Lotakov will play his classical selections on the piano during the event. Lotakov is a world renowned classical pianist who has played concerts around the world.

All residents are welcome to join. For more information, call Carl Kennedy at 661-810-9410.

American Legion Post 327

The American Legion Post's general meeting will be held on Monday, Nov. 20, at 1:30 p.m. in Clubhouse 3, Room 3. All veterans are invited to attend.

The Post will also hold bingo games on the fourth Sunday of the month, Nov. 26. Bingo is also held in Clubhouse 2 and the doors open at 1 p.m. with play beginning at 1:30.

OBITUARIES

deadline is Friday at 4 p.m., prior to publication.



America First Republican Club

by Brian Harmon *LW contributor*

GOP congressional candidate Max Ukropina addressed the LW America First Republican Club Oct. 18, focusing on parental rights in education, illegal immigration and runaway government spending.

Ukropina will face Scott Baugh in the March primary to determine which candidate will replace current Democratic congresswoman Katie Porter in November. Baugh represented this area in the California State Assembly from 1995-2000 and briefly served as the minority leader.

Ukropina stressed that he is not a career politician but rather abusinessman, whose company helps small banks to thrive. On a moral personal level, he said he got married just four months ago.

He said voters in this congressional district voted Republican in every race but Katie Porter's, indicating that this makes the seat very winnable.

Regarding education, he said Orange County schools are great, but U.S. government educational policies are eroding parental rights and that the solution is eliminating federal control of education.

On the immigration issue, Ukropina said that 4 million

CLOSURES from page 11

• Ocean Avenue, from 10th Street through 8th Street, 6-10:30 a.m.; both directions.

• 1st Street, from Ocean Avenue through Marina Drive, 6-10 a.m.; both directions.

• Marina Drive, from 1st Street through 5th Street, 6-10 a.m.; both directions.

• 1st Street, from Welcome Lane to Marina Drive, 6-10 a.m.; North only.

The event begins and ends on Main Street at Central Avenue. Streets will be reopened for the traffic as the last athletes pass an area. Note all times are approximate and roadway openings may be delayed. These times are conservative in the name of setting expectations as well as simplifying communication. Allow extra time for travel due to street closures and possible traffic delays. There will be no parking on the streets listed above. Vehicles along the race course may not be moved from closed streets during the race hours of 7-10 a.m. Send questions about the Turkey Trot to Jason Bruton at runlegacyevents@gmail.com.

people have entered this country illegally since President Joe Biden entered office. Also, 150 people on the terrorist watchlist have been caught trying to cross the border.

"It is time to finish the wall," Ukropina said.

On the issue of runaway government spending, Ukropina said that currently the cost of financing the national debt is greater than the amount spent on national defense.

Ukropina also voiced concern that China is sending soldiers into the U.S. to attend school to spy on American companies and steal information and patent rights.

"We are not vetting immigrants," Ukropina said.

Republican Club President David Harlow said that soon the Israeli flag will be flying at the LW America First Republican Club booth every Monday from 10 a.m.-2 p.m. in support of Israel's fight against Hamas and Islamic terrorism. The flag has been purchased and is expected to arrive at any time, he said.

DEMOCRATIC from page 12

Club membership meeting in December. In its place, several of the recently appointed neighbor to neighbor coordinators will hold a number of smaller social events in their respective Mutuals. Anyone interested in participating in this outreach to LW Democrats should email *kmoran97@yahoo.com*.

The Seal Beach Leisure World Democratic Club believes health care is a right, diversity is a strength, the economy should work for everyone, and that facts and truth matter. Everything appearing in the weekly press releases and the semi-monthly newsletters has been fact checked to the fullest extent possible.

All Leisure World Democrats and supporters are invited to subscribe to the club's free electronic newsletter. To sign up, email *mlarson.telfords@gmail. com.* It is important to include complete contact information including party registration—in the request.

OBITUARIES

In Memoriam Judy England 62 Susan Morris 79 Delma Reath 86 **Richard Snell 72** Dolores Stoker 82 Glen Wheeler 86 Doris Aito 89 Mary Coleman 84 Henry Hightower 57 Edward Sale 75 Cynthia Maiden 65 Robert Wadey 76 Dwayne Larson 81 Leonard Jackson 79 Daniel Roberts 67 James Farmer 60

RALPHS from page 12

Olga Cantu 86 Concepcion Acosta Garcia 63 Families Assisted by McKenzie Mortuary, 562-961-9301 —paid obituary

•••

Email obituary notices to *laurieb@lwsb.com* with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

no cost. This is currently the only active fundraising project the GAF has and is supported by 350 residents.

GAF board members will be in Clubhouse 6 on Wednesdays from 9-11 a.m. to help residents sign up for the program. The board will take a holiday break beginning Dec. 20 and return Jan. 10. For more information, text 562-301-5339.



Call the Security office at 562-594-4754

Save Smarter

> 888.415.3893

FPCU.org/leisureworld

Visit your local branch at 12410 Seal Beach Blvd, (next to Ralphs).





*APY = Annual Percentage Yield. Minimum deposit is \$1,000. Maximum deposit is \$5,000. Penalty for early withdrawal/early closure. Offer is available to new members only in Los Angeles, Orange, Riverside, or San Diego County; the city of South San Francisco; and the city of Alameda, California. Limit one per new member. Fees could reduce earnings on the account. Rate quoted as of 10.24.2023 and subject to change at any time. Offer is subject to change, be revoked, or end at any time. A new Financial Partners Credit Union membership required. © 2023 Financial Partners Credit Union. All rights reserved.

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HEALTH & FITNESS

BICYCLE GROUP



Last week, members enjoyed a rest break from cycling in the Pacific City mall in Huntington Beach. The LW Bicycle Group meets on Sundays (with breakfast) to El Dorado Park, Mondays, Wednesdays and Fridays at the North Gate at 9 a.m. Everyone must wear a bicycle helmet and safe shoes. For more information, call Mary Romero at 562-509-8475 or Lucy Czra at 818-209-5075.

BALLET FITNESS



Ballet Fitness Class meets on Saturdays from 1:30-2:30 p.m. in Clubhouse 6, upstairs in the mirror room. Instructor Mel Lockett demonstrates a new routine to the class. Ballet Fitness proides a full body exercise, helps with memory, balance and strengthens the core. Everyone is welcome.

WHEN IT COMES TO MEDICARE YOU HAVE CHOICES.

find a plan to fit your health care needs.

Are you or a loved one enrolling in Medicare this year? Hospital Are you thinking about retiring? Stays No matter your situation, I can help you get answers to your Medicare plan questions at a neighborhood meeting. October 16, 2023, 12:00 PM-1:00 PM November 1, 2023, 3:00 PM-4:00 PM November 30, 2023, 12:00 PM-1:00 AM part **Provider** B Leisure World Seal Beach Leisure World Seal Beach Leisure World Seal Beach Visits 1661 Golden Rain Road 1661 Golden Rain Road 1661 Golden Rain Road Seal Beach, Ca 90740 Seal Beach, Ca 90740 Seal Beach, Ca 90740 part **Medicare** С October 24, 2023, 12:00 PM-1:00 PM November 13, 2023, 10:00 AM-11:00 AM December 1, 2023, 10:00 AM-11:00 AM **Advantage** Leisure World Seal Beach Leisure World Seal Beach Leisure World Seal Beach

Hearing Support Group

The Hearing Support Group, sponsored by the Impaired Hearing and Vision Club, will meet on Tuesday, Nov. 21, from 10-11:30 a.m. in Clubhouse 3, Room 9.

Residents who are hearing impaired or deaf are welcome to attend. Don Craig will set up a video screen to display the conversation for everyone to see.

People with mobility challenges can call an access service bus up to three days in advance at 562-431-6586, ext. 379.

For more information, call Sharon Kohn at 562-596-1969. *—Sandy Esslinger*

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-*12:30 p.m. Deliveries include an* 8-ounce carton of 1 percent milk.

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

1661 Golden Rain Road Seal Beach, Ca 90740

plan information.

1661 Golden Rain Road Seal Beach, Ca 90740

Contact me to RSVP for a meeting or get more Medicare

As your independent health care resource, I can offer you

be happy to talk with you over the phone or in person.

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help you

1661 Golden Rain Road Seal Beach, Ca 90740

Prescription Drugs

Thursday, Nov. 16 Salisbury steak with mushroom gravy, mashed potatoes, broccoli, pear, turkey and cheese sandwich with lettuce, tomato and pickle, and homemade potato salad.

Friday, Nov. 17 Garlic butter fish, brown rice, corn, zucchini, tomatoes, kiwi, turkey and ham cobb salad with egg, tomato, bacon, blue cheese dressing and crackers.

Monday, Nov. 20

Swedish meatballs with garlic cream sauce, seasoned egg noodles, seasoned broccoli, carrots, banana, tuna salad sandwich with spinach and tomato, and marinated beet and onion salad. MEALS LB, page 17

Plans are insured or covered by a Medicare Advantage organization with a Medicare contract and/or a Medicare-approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2023 United HealthCare Services, Inc. All Rights Reserved. SPRJ81892

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Medicare plans from several private insurance companies. I would

Optum

Your Health Care Center, your way

We're honored to care for our Leisure World community.

Our care team

Our primary care team is focused on your health and wellness. Our doctors, nurses and medical assistants care for you together. Our team is trained to understand the needs of adults and those 65+.



Sophia Chun, MD Internal medicine, physical medicine, rehabilitation



Rudolf Haider, MD Family medicine, geriatric medicine



Nancy Smith, MD Family medicine



Ellen Dayon, MD Internal medicine



Mental health

· Optometry and

Physical therapy

Pharmacy

David R. Park, MD Family medicine



Sullyvan Tang, MD Internal medicine

More services in one place

Besides your health care team, we offer many health care services **open to all Leisure World residents** right here at the HCC. This means you get the care you need when you need it. Our specialists focus on many different areas:

Endocrinology (diabetes)

ophthalmology (eyes)

- 24-hour nurse on call for all residents
- Acupuncture
- · Cardiology (heart)
- Chiropractic and massage
- Dermatology (skin)

For a complete list of our specialties, visit **optum.com/bettercare**

- Podiatry (feet)
- Pulmonology (lungs)
- Radiology and laboratory (blood)
- Rheumatology (immune system, joints, bones)
- Social work



Optum - Seal Beach Leisure World

Schedule an appointment

Health Care Center

1661 Golden Rain Rd. Seal Beach, CA 90740 **Hours:** Mon.-Fri., 8 a.m.-5 p.m. Call **1-562-493-9581,** TTY **711.** Visit **optum.com/bettercare**

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-562-493-9581, TTY 711. ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-562-493-9581, TTY 711. 請注意: 如果您說中文 (Chinese), 我們免費為您提供語言協助服務。 請致電: 1-562-493-9581, TTY 711.

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OPTUM HCC

Doctor Manchandia's farewell is today in Clubhouse 1

Today, Optum HCC's eye department says farewell to Dr. Ajay Manchandia in Clubhouse 1, from 6:30-8:30 p.m. Food and drinks will be provided. To RSVP, email yessicad@eplb.com. Space is limited.

The Health Care Center thanks Dr. Manchandia for the outstanding patient care that he provided to this community in the past two years.

HCC will also introduce its incoming eye care specialists who will continue to provide eye care to LW residents.

For questions, call 562-493-9581, TTY 711.

Dr. Ajay Manchandia

JOYFUL LINE DANCE Learn the basics of line dancing on Thursdays at 10

oyful Line Dance Club meets on Thursdays in Clubhouse 2 from 10:30 a.m.-12:30 p.m. The club will have a special class from 10-10:30 for newbies to learn easy and simple dances. All attendees are asked to sign in with their name, Mutual and unit number before the class.

The club's leaders make this process easy and enjoyable for new members. They are Albert and Gladys Comia, Anna Derby, Chung Cha Lewis, George Pinada, Gina Baik, Karen Kei, Nak Soo Kim, Elizabeth Kim and Sunny Kim.

Each leader goes to the stage to demonstrate before the music plays so beginners can learn by watching their steps.

Everyone is welcome to join with the minimal membership fee. Exercise or dancing shoes are required.

On Thursday, Dec. 7, the club will have a holiday line dance party from 10:30 a.m.-12:30 p.m. with a Korean lunch. All residents are welcome to stop



Instructors Elizabeth Kim (I-r), Sunny Kim, Albert Comia and Chung Lewis demonstrate the dance moves on stage of Clubhouse 2.

by before Nov. 30 and sign up for the party, \$20 per person.

For more information, contact Anna Derby at 562-301-5339.

WOMEN'S HEALTH **Osteoporosis Signs** and Prevention

Osteoporosis is a disease that causes weak bones that break easily. People who smoke, have a low body weight, family members with osteoporosis, do not get enough exercise, drink alcohol (more than three drinks a day) and take certain medicines for seizures or steroids, and women over 50 are more likely to get it.

There is no cure for osteoporosis, but there are things to slow it down and tests to detect it early, such as X-rays (DXA scans), spine, hip or wrist exams, and ultrasounds.

Prescription medications in the form of a pill, a patch, or injection can slow bone loss. A primary care physician can offer other drugs and will advise to monitor possible side effects and interactions with other medications.

Dietary supplements including vitamins, powders, energy bars and herbs may assist in progression of osteoporosis. Lifestyle changes such as physical exercise, walking, swimming, quitting smoking, limiting alcohol and getting enough calcium and vitamin D may also lower the risk for osteoporosis. For more information on women's health, visit www.fda. gov/womens.

Wa-Rite

The Wa-Rite Club meets on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-ins are from 8:15-8:45 and are optional for visitors. The anual membership fee is \$10. Weekly dues are 10 cents.



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Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood. Dues are 99 cents per year.

For more information, call president Tom Pontac at 562-304-0880.

Brain boot camp is Nov. 20 in CH 4

LWWEEKLY

The Leisure World Seal Beach Memory Support Team will host a brain boot camp on Monday, Nov. 20, from 10-11:30 a.m. in Clubhouse 4.

This fun event is sponsored by Alzheimer's OC and the Memory Support Services, and is based on UCLA Longevity Center research on how to keep a brain healthy. No pre-registration is required. Everyone is welcome.

For more information, email *learn@alzoc.org* or call 1-844-373-4400 or contact GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

Thursday, Nov. 16

Baked tilapia with ranchero sauce, Mexican rice, broccoli, tortilla, sugar-free pudding, and orange juice.

Friday, Nov. 17

Roast turkey with brown gravy, sweet potatoes with marshmallows, California vegetable blend, dinner roll with Smart Balance, assorted cake or a fresh fruit (diet).

Monday, Nov. 20

Pork chile verde with verde sauce, pinto beans, peas and carrots, tortilla, and tropical fruit mix.

Tuesday, Nov. 21

Zuni corn soup with sugarfree crackers, poppy seed chicken, pasta salad, harvest salad (spring mix, cranberries, almonds and balsamic dressing), whole wheat crackers and sugarfree fruited gelatin.

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FREE RESOURCE

Find companionship in Lucent Care volunteers for the holidays

his month through December, including Thanksgiving Day, Lucent Care volunteers will be available to

keep LW residents company and share the joy of the holiday season. These volunteer companions are nurses from Pacific College, pastors and parishioners from local churches. They are reputable, trained professionals who have been background and fingerprint checked.

For more information, contact GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

Health Tip

As people age, they naturally lose muscle mass, so it's important to strength train to stay strong. If there's only time for one exercise, do a set set of squats, experts say.

Squats strengthen all of the muscle groups in legs, including the calves, quadriceps, hamstrings and glutes, as well as muscles in the lower back and core. Those muscles provide the foundation for most activities of daily living, such as climbing a set of stairs and simply standing up from a chair.

Studies show a link between strong leg muscles and longevity. Healthy adults in their 70s and older who have a greater quadriceos strength had a lower risk of early death. Another study revealed that the ability to sit on the floor and then get up without using the hands or knees could predict one's mortality.



The Water Aerobics Class meets daily from 8:30-9 a.m. at the LW swimming pool. Classes are fun, free and offer fundamental water calisthenics. People can wear bathing suits, or t-shirts and short. Men and women are welcome.

Water exercises are a great way for older adults to stay healthy and fit. They are low-impact, easy on the joints, and a great way to develop muscle strength.

Dance Fitness

Dance Fitness class meets on Mondays at 4:30 p.m. in Veterans Plaza, and on Tuesdays at 9 a.m. in Clubhouse 6. For more class information, contact Jim Blanchard at 714-487-2446.

LW Weekly News Deadline for Nov. 30

Due to Thanksgiving holiday, the Nov. 30 news deadline is 4 p.m. on Wednesday, Nov. 22. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater.

See page 4 of any edition for a list of section editors and their email addresses.

LW Weekly newspapers for people who are hearing or vision impaired are available at www.lwweekly.com



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Wednesday, Nov. 22 Sliced ham with apricot sauce, mashed potatoes, collard greens, Parkerhouse roll with Smart Balance, pumpkin pie or a fresh fruit (diet).

MEALS LB from page 14

Tuesday, Nov. 21 Roast beef with mushroom gravy, au gratin potatoes, Mexicali corn, oatmeal cookies, Greek chicken salad with tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

Wednesday, Nov. 22

Roast turkey with sage gravy, cornbread stuffing, garlic and chive mashed potatoes, peas and carrots, pumpkin pie, roast beef and cheese sandwich with lettuce, tomato and pickle and homemade potato salad.

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Donna Rekseen (timpani), Cynthia Trostler (French horn) and Fred Recker (bass) are some of the 40-plus people who will perform.

LW Orchestra Free Holiday Concert

The Leisure World Community Orchestra will host its annual free holiday concert on Saturday, Dec. 2, at 1 p.m. in Clubhouse 4. All are welcome to attend.

The 40-plus-piece orchestra has been rehearsing twice a week since September under the direction of Dr. Samuel Kim.

The program will include classical and modern pieces and a sing-along. The show will also introduce the orchestra's new assistant Conductor, Linda DeRungs. The Leisure World Community Church Chorus will also be featured during the concert.

Light refreshments will be served after the show.

The orchestra always welcomes new members. For more information, email *chris.p.gruber@gmail.com*.

Grab 'n' Go Food: Nov. 16-22

Thursday: Domino's Pizza at Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads. Truck is onsite from 3:30-7 p.m. Cash and cards are accepted.

Monday: Berlin Truck at Clubhouse 6—Try gourmet sausages, grilled cheese and more from 4-6 p.m.; cards only.

Tuesday: Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday: The Empanada Maker Clubhouse 6—Preorder by calling 949-524-3145 or buy on site from 4-6 p.m.

On-call bus service is available from 4:30 p.m.; regular service before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379.

Vendors are subject to change. Watch LW Live for updates. Sign up for notifications at *www.lwsb. com/lw-live-sign-up/*.

For more information, email *kathyt@lwsb.com*.

CD MUSIC FOR SENIORS CLUB



The CD Music for Seniors Club will hold a members-only holiday event on Dec. 7 at 1 p.m. in Clubhouse 3. The club has gratefully accepted many donations and will accept more. The club gives CDs for free, such as those pictured here with Barbara McFall (I) and Lucie Garabedian. For more information, email *Barbara.mcfall4@gmail.com*.

Community Karaoke

Nina Todorov charmed the audience with a bubbly tune, "Ob la Di Ob la Da," at last week's karaoke night. "Black Velvet" was a smooth number by Vinny Correnti. Eileen Merritt entertained the group with a beautiful song "Flowers." Ellen Brannigan chose a meaningful gospel song, "Let There Be Peace on Earth." Folks identified with Essie Hicks' selection, "Yesterday When I Was Young." A catchy tune, "Neon Moon," was well done by Karen Morris. Edward Jablonski and Sally Glausser both sang popular showtunes. Susan Kelleghan



Nina Todorov

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and Elizabeth Butterfield harmonized singing "Does He Love You." All told, 30 performers engaged audience members with a wide variety of songs.

Karaoke parties are each Wednesday evening beginning at 5:30 in Clubhouse 1. Everyone is welcome to socialize with friends and neighbors during an evening of music. Karaoke practice sessions on Mondays from 1-3 p.m. in Clubhouse 6 are popular for fine-tuning song selections.

-Margie Thompson

Friends of the Library

The Friends of the Library (FOTL) Bookstore will be closed Nov. 23-24 for the Thanksgiving holiday weekend. On Dec. 26, the FOTL Bookstore will close until further notice for remodeling.

People should hold all boutique donations, such as decor and other non-book items, starting immediately. The FOTL will still have its holiday boutique and lots of beautiful items to sell, and is in no danger of running out of items to enhance the home. FOTL will continue to accept donations of books and cards till the end of November. The Bookstore has an abundance of cookbooks and quilting books, so consider these items for gifts or for personal use. FOTL may need to recycle some in the future if they are not sold. By February, the Bookstore will have a freshly painted, recarpeted bookstore and boutique. The FOTL needs urgent cooperation during this transition. Goodwill and other thrift stores will be happy to take donations of items that people cannot hold until the bookstore's reopening. To regular book and puzzle buyers: stock up because the bookstore and the LW Library will both be closed for approximately six weeks. FOTL thanks everyone for their patience during this time.



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Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6 (second floor). Beginning in November there will be two new classes: salsa at 9 a.m. followed by American tango at 10. Class participants vote on new dance topics every month.

Each class is \$7 per person. Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314. Candis Davis is traveling; consequently, the next class will be Nov. 25.

—Howard Small



Performers Josie Del Pino (top to bottom, I-r), David Noble, Erika Greenwood, Any Walker and Nina Todorov.

Let the Good Times Roll

"Rock and Roll Holiday" will be the theme for the Let the Good Times Roll show on Saturday, Nov. 18, in Clubhouse 2. Doors open at 5:30 p.m. and the show starts at 6.

Club members picked out their favorite melodies sung in those memorable holiday specials that were TV events of the '50s and '60s. People still enjoy those songs as evidenced by the sales of holiday albums by popular vocal artists. Songs will include "White Christmas," "Blue Christmas," "Jingle Bell Rock," "Is Dat You Santy Clause," and "Christmas in Dixie." These songs, among others, will be joined by sounds of rock and roll to dance to, provided by the Legends of Rock Dance Band, led by Leisure World resident Jon Pearlstone.

The club will provide light refreshments and coffee. Ice and cups will be available if guests prefer to bring their own beverages and snacks. There is no admission fee but donations will be appreciated so the club can continue to provide live entertainment on the third Saturday of odd-numbered months.

GARDEN CLUB Learn how to make a holiday wreath

The Garden Club will meet Monday, Nov. 20, at 1:30 p.m. in Clubhouse 2. Mutual 8 resident Elizabeth Butterfield will be the featured speaker. She will demonstrate how to create a fresh foliage holiday wreath.

Butterfield, under the direction of an inspirational art instructor in Monterey, found her niche and successfully developed her own individual artistic style by layering art materials and mediums. Her passion for mixed media art influences her Elizabeth Butterfield



LOS ALAMITOS HIGH Local dance performance is tonight

The Los Alamitos High School Dance Department will perform "My Father's Closet" for its fall show. Nighttime shows will be held today, Nov. 16, and Friday, Nov. 17, at 7 p.m.

This captivating performance promises to transport the audience back in time through the magic of music and dance. The tale revolves around a girl and her friends who embark on an unforgettable journey when they sneak into her father's closet to explore his music collection. They're surprised by more than just the old 45's and cassette tapes they find.

Each performance will be held at the Los Alamitos High School Performing Arts Center, 3591 Cerritos Ave., Los Alamitos, 90720.

Tickets are \$15-\$30 and can be purchased online at lahs-dance. *ticketleap.com*. For more information visit www. lahsdance.com or email president@losal.dance.

OPERA CLUB

Club will screen French 'Cinderella'

Everyone is invited to come and watch the French composer Jules Massenet's rendition of "Cinderella" on Tuesday, Nov. 21, at 1:30 p.m. in the Learning Center at Clubhouse 3.

Club member Lucy Poropat will introduce the musical fairy tale which highlights a good outcome for a hard-working, conscientious person and loss of the same for a nasty step-mother and two snarly step-sisters.

Act 1 depicts the Countess de la Haltiere supervising the dressing of her two daughters for the Royal Ball while her husband,



Astamp depicting French composer Jules Massenet, who wrote more than 30 operas.

Pandolfe, is helplessly leaving his own daughter at the fireplace. After they depart, a fairy godmother appears to transform Cinderella for the ball, to which she yearns to go.

Act 2 shows the Prince being commanded by his father, the King, to find a wife at the ball, but he sees no one attractive until Cinderella arrives and it's love at first sight.

Yet, at the stroke of midnight, Cinderella hurries away, in keeping with her fairy godmother's admonished limits, losing a glass slipper along the way.

Act 3A shows the Countess at home, discussing the Royal Ball with her two daughters. Cinderella listens to her father stating his interest in taking her back to the country estate from which they came. However, Cinderella feels she would rather just run away. Act 3B, however, shows the fairy godmother creating a magic landscape around a big oak tree where Cinderella rediscovers the Prince, who declares his love for her and they fall into an enchanted sleep.

In Act 4, Cinderella awakens from her dream to witness a parade of princesses trying on the glass slipper to no avail. The slipper, the audience knows, is only for her, and the opera ends with her being caught up by Prince Charming amid general rejoicing.

The production is in French with English subtitles. Attendees are invited to wear masks indoors, if desired. No dues or fees are collected. For more information, contact Margaret Gillon at Mar*garetGi@yahoo.com* or call her at 562-370-3844.

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Tickets for the Wednesday, Dec. 13, tour to the Reagan Library as well as Christmas brunch tickets will be on sale in the lobby from 12:30 p.m. until the start of the meeting at 1:30.

The cost of the tour is \$60 and covers bus transportation and admission to the Library. The Library will exhibit "Christmas Around the World" with a display of 26 exquisitely decorated Christmas trees, each representing a different country. There will also be an opportunity to visit the gift shop for Christmas shopping.

The Christmas brunch tickets sell for \$25 each. The brunch will be held Dec. 18 at 11:30 a.m. in Clubhouse 2, and a buffet of scrambled eggs, sausage, bacon, potatoes, muffins and pastries will be provided by Country Garden Caterers. Everyone is encouraged to wear their favorite holiday-themed adornments, whether it be hats, sweaters, scarves or jewelry. Prizes will be given for various categories, including prettiest, funniest, ugliest and others to be determined. There will also be a bit of caroling, door prizes and an opportunity drawing for many lovely gift baskets.

The We Care table will be set up in the lobby for donations of non-perishable food items, gift cards and cash. All are welcome to attend. Coffee, tea and cookies will be served after the meeting.

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ART LEAGUE

Longtime ceramicist will be guest speaker at meeting

The Leisure World Art League will hold a "Spotlight On The Artist" event on Saturday, Nov. 25, from 1-3:30 p.m. in Clubhouse 4. The featured artist is ceramics teacher Ramayana Baba. RB, as he is affectionately called by friends and colleagues, is currently the president of LW's Clay Crafters Club and membership chair of the Art League. He also teaches ceramics at North Orange County Community College.

Baba graduated A portrait of longtime ceramics

from the University of teacher Ramayana Baba Massachusetts with a BFA in art education and received a master's degree in special

education from Florida Atlantic University. He has studied under nationally renowned ceramic artists, Peter Voulkos at UC Berkeley and Ron Nagle at San Francisco State University.

Baba is a working artist who has been teaching ceramics to elementary, high school and college students for 40 years. He helped develop a creative ceramics department for the Indian River Charter High School in Vero Beach, Florida.

Baba's ceramic pieces use humor, irony, and exaggeration to comment on current social justice and political issues, in the tradition of "Confrontational Ceramics."

The artwork is made from cone 06 low fire clay, with colored underglazes and lusters. Each piece begins with a phrase or an event, or a casual thought he might hear someone say out loud. He will research the visuals, make collages, and finally make drawings that help determine the details. With each piece, he builds in some obstacle, and new skill, to compliment the piece and develop his ceramic skills.

Most of the pieces that will be showcased have been shipped from Florida. This event is a must see for artists and enthusiasts. Light refreshments and snacks will be served at the event. All are welcome.

-Larry Sioson

Leisure Time Dancers

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. Rumba is at 2 p.m., followed by West Coast swing at 3. No partner is necessary. The class will rotate so everyone dances. Beginners are welcome. A review of basics will be included.

The cost is \$7 per person for one class and \$11 per person for two classes in a single day. For more information, contact Leisure Time Dancers President Jackie Theis at 310-743-9373.



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CONTINUING EDUCATION

Residents can register for NOCE classes in person and online starting Dec. 5

he Spring 2024 Leisure World NOCE semester begins on Jan. 16 and ends on May 23. Before the semester begins students will need to register for classes beginning Dec. 5 at 8 a.m.

New and returning students will be able to register for the summer semester one of two ways:

1. Starting Tuesday, Dec. 5, at 8 a.m. people can register themselves online at myGateway, by visiting *mg.nocccd.edu* on any internet browser. Use the CRN numbers listed on the class list (to the right) to add each class.

2. Visit the Learning Center in Clubhouse 3 on Tuesday, Dec. 5, from 8-10 a.m. Library staff will assist residents who need extra help registering for classes on a first-come first-served basis. After 10 a.m., visit the library to receive registration help.

No matter which method students choose to register for classes, students must already have their Banner ID and password to access their online account before registration day on Dec. 5.

Students who are currently enrolled or have taken NOCE classes before should visit *mg.nocccd.edu* before Dec. 5 to ensure they have all of the correct log-in information by logging into myGateway successfully.

Those interested in attending Leisure World NOCE classes for the first time should visit the LW Library as soon as possible to Library staff will be available to help residents register for classes online on Tuesday, Dec. 5.

receive assistance with applying to become a NOCE student.

Prospective students will need to apply on a computer and must have access to their personal email account to complete the application.

People who experience issues logging into myGateway or applying to become a student are encouraged to call NOCE Star Help at 714-808-4679 or visit the library, where GRF staff will do their best to troubleshoot any issues.

The full list of NOCE classes offered inside of LW can be picked up at the library and will be sent via an LW Live for those who are signed up for email notifications.

Class	CRN	Schedule	Dates	Location		
Senior Chorus	60857	Mondays, 10-11:50 a.m.	Jan. 22-May 20	Amphitheater Stage		
Quilting	60483	Mondays, 1:30-3:20 p.m.	Jan. 22-May 20	CH3 Needle Arts Studio		
Ceramics 619		Tuesdays, 8:30 a.m12:20 p.m.	Jan. 16-March 12	CH4 Ceramics Room		
Ceramics	61903	Tuesdays, 8:30 a.m12:20 p.m.	March 19-May 21	CH4 Ceramics Room		
Creative Arts: Drawing	61794	Tuesdays, 9:30 a.m11:20 a.m.	Jan. 16-May 21	CH3, Room 3		
Painting 614		Tuesdays, 1-4:50 p.m.	Jan 16-March 12	CH4 Art Room		
Painting	61419	Tuesdays, 1-4:50 p.m.	March 19-May 21	CH4 Art Room		
Needlecraft, Knits 61241 and Crochet		Wednesdays, 2-3:50 p.m.	Jan. 17-May 22	CH3 Needle Arts Studio		
Tone Chime Choir	61158	Thursdays, 10-11:50 a.m.	Jan. 18-May 23	CH3, Room 9		
Health and Wellness: Exercise Class	61791	Thursdays, 9:30-11:20 a.m.	Jan. 18-May 23	CH4, Section C		
Health and Wellness: Exercise Class	61792	Thursdays, 11:30 a.m1:20 p.m.	Jan. 18-May 23	CH4, Section C		
Ceramics	60570	Thursdays, 12:45-4:35 p.m.	Jan. 18-March 12	CH4 Ceramics Room		
Ceramics	60572	Thursdays, 12:45-4:35 p.m.	March 21-May 23	CH4 Ceramics Room		
Computer Basics	61975	Fridays, 9:30-11:20 a.m.	Jan. 19-March 1	CH3 Learning Center		
Software Essentials Microsoft Office	61976	Fridays, 9:30-11:20 a.m.	March 8-April 19	CH3 Learning Center		
Mature Driver	60962	Saturday, 8:30 a.m5 p.m.	Feb. 24	CH3 Learning Center		

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"The Nutcracker" at the Terrace Theater features a full orchestra, a flying sleigh, a horse and pyrotechnics.

LONG BEACH BALLET

LWWEEKLY

Long Beach 'Nutcracker' tickets on sale

The Long Beach Ballet will perform "The Nutcracker" six times through December at the Terrace Theater, located at 300 East Ocean Blvd., Long Beach, CA 90802. The shows will run from Dec. 16-17, 22-23.

As always, the beloved production bursts with special guest performances and additional surprise treats the entire family will love. This production boasts a full symphony orchestra, a flying sleigh, a live horse, on-stage pyrotechnics, and a cast of over 250.

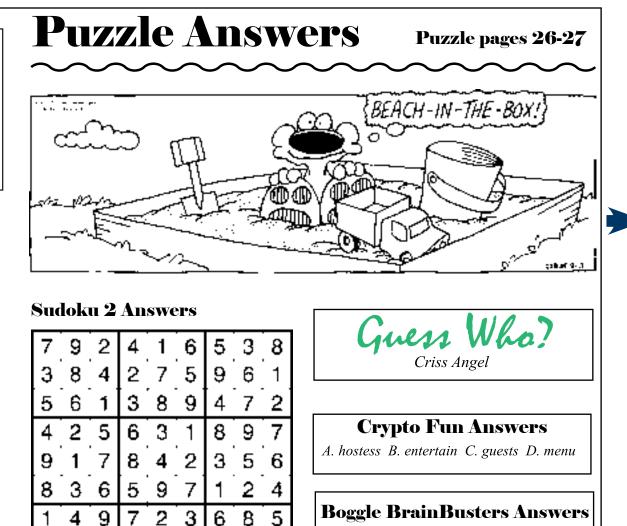
Tickets are now on sale. To purchase, and for complete information, visit LongBeachNutcracker.com. Tickets can also be purchased at the Long Beach Performing Arts Center Main Box Office.

Family-friendly ticket prices range from \$34-\$85, with a special VIP Package also available. Discounts are available for groups of 10 or more.



Donna Gambol

On Nov. 11, Leisure World residents and guests gathered in Clubhouse 2 for the American Legion Post 327's annual Veterans Day pinning ceremony. The LW Orchestra provided music for the event.



DONE HALLS HARRY TERM CACH, DUCK SHAM ROOK,

SCRABBLE G R A M S SOLUTION											
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L. I. T. U. R. G. Y.	RAGK 2 -										
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[M] A. [M] [M] [O] [T] [H]											
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PAR SCORE 265-275	10140	341									

Crossword Answers

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5	6	З	1	7	8	2	9	4
4	8	9	5	6	2	7	1	З
1	2	7	4	9	З	5	8	6
2	7	8	6	З	9	4	5	1
9	З	4	8	5	1	6	7	2

The Basic Rules of Sudoku: • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed. • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-bers in the course of the game. • Each column must contain all of the numbers I through 9 and no two numbers in the same column of a Sudoku puzzle can be the same. • Each row must contain all of the numbers I through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.

sworoku puzze can be the same. • Each row must contain all of the numbers I through 9 and no two numbers in the same row of a Sud puzzle can be the same. • Each look must contain all of the numbers I through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

BALLY SHROUD ALLAIN. LEAVE She correctly answered every question on herhistory exam, which her score - ATTESTED TO

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S	Ν	F	V	S	Α	E	Ν	Y	E	М	В	Ι	L	G	С	I	S	U	М
С	Т	М	L	Ρ	I	D	M	Ι	Y	I	0	Α	0	М	R	М	Α	G	Υ
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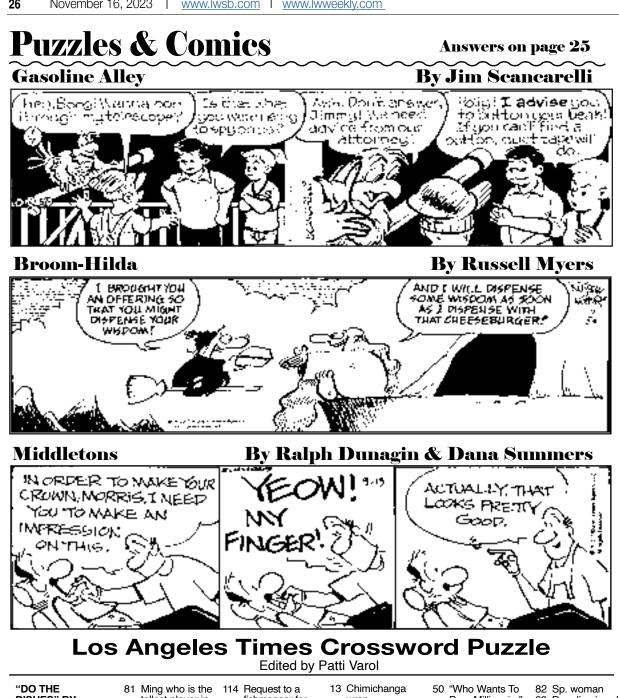
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Sour 33

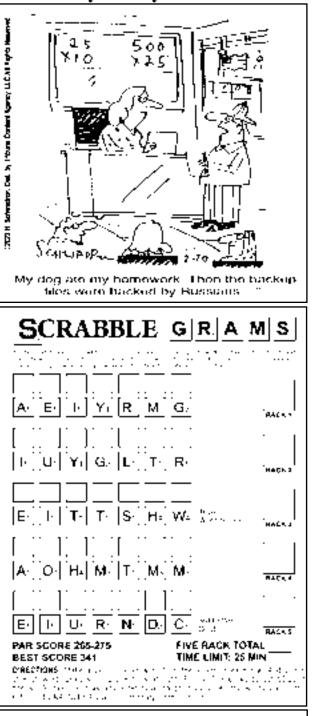
aviary лл



Sudoku 1

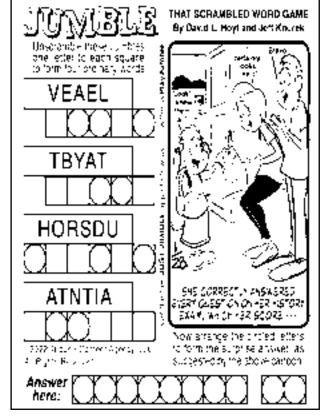
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9					1			2
	1	5			4			

9 To 5 By Harley Schwadron



DISHES" BY STEVE MARRON 83 Dangling jewelry 84 Unhappy tallest player in fishmonger for wrap Be a Millionaire" smaller portions? 14 Chemical suffix the basketball channel & ZHOUQIN Hall of Fame 116 Aria deliverer 15 Picture house 52 Jai returns? BURNIKEL 82 Make an 117 Ignored the limit 16 Caramel-filled 54 Retail giant that 85 "Elon Musk" unusual choice owns Food 4 Less and Ralphs 118 Abundant treat biographer ACROSS while making 119 Noggins 17 Town across the Walter Thames from Saoirse of "Lady borscht? 120 "Please don't 55 Swamps 88 Bowl over go!" 121 Letters on egg 84 Stocky dog Windsor 57 "See ya!" 89 Walgreens rival 58 Actress Woodard Casino request 85 Little devils 18 Spa treatment 91 Soak (up) "The Long cartons Goodbye" Oscar 122 Speedy Go to the polls 86 24 Jack kin 59 Pitch in 93 Elbow room 15 Ship's staff 26 Reason to hit 62 Outdo 94 Furniture chain 63 Aussie greeting 67 Drink with foam 19 IRS option winner Ahmed 123 Piques the books founded in 87 Biometric 29 Campus 20 Lakers legend Sweden DOWN brothers 96 Hindu festival of Shaquille recognition art Nutrient in dried method 1 Some tow 32 _ contact 68 Operating lights 34 Bark 99 Actress Swinton 90 Talks back tasks. for short beans svstem 22 Letter before 92 Artists' lofts 2 Functional 36 Punishes with a developed by 101 Blunt, as truth 102 Supermodel Mike Brady or 3 Wafer named Bell Labs 95 fine 23 Score a seafood morsel in a bite 69 Ceremonies 71 Melodramatic 39 Oldest Haim Phil Dunphy for its flavor Campbell 97 Mauna 103 Spot of land 4 Admits sister 98 Scraped (by) 5 Read Across 40 Pricey salon job 104 Game with rooks of paella? fare 99 Warthog feature 100 Far from calm 25 Carefully check America org. 41 "This herb is 73 Chem class cost 105 Sandpaper 6 Beagle, for one 76 Garage cacophony some deli amazing!"? surface 42 Citation 106 Etna emission 105 Utter delight 7 Refuse to bend City viewed from 107 Picnicker's worry 8 Reason to hit shortener 77 How-_ 108 Blown away Holmenkoll-109 Battle of the the books 43 Movie location manuals 110 "The Idol" 78 Comedy bit actress Lily-Rose bakken brands 9 Super 44 In one fell 112 Driller's deg. 28 Miles and 111 Credit alternative conductors? 45 Avoid the 79 Min. parts meters 112 Sketch the 10 Annex shape, downside in a 80 Movesian who 113 Tallahassee sch. corn investment? 46 Pitched perhaps 11 Take a trip to 29 Decree Thanksgiving co-hosts "Conan 114 Watering hole turkey before it's O'Brien Needs 115 Fantasy football 12 Killer whale a Friend" 48 Court fig. microprocessor carved? stat 31 Kelp and 16 sargassum 19 20 21 35 Mosque leader Certain, for sure: Abbr. 23 24 26 firma 40 Patterns in an

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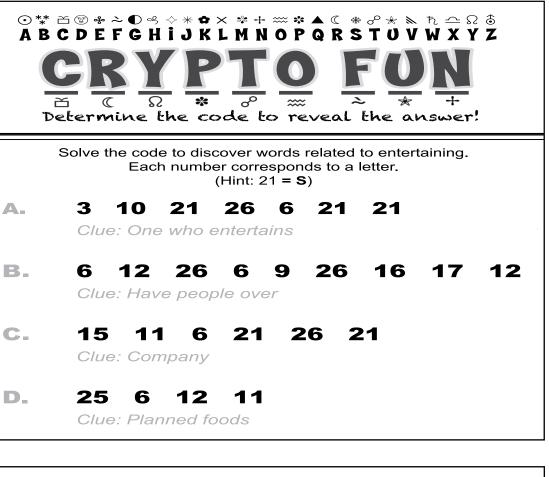
I am a magician and escape artist born in New York on December 19, 1967. Despite objections from my parents, I chose being a professional magician over going to college. I broke the record for being on TV more hours than any other magician.

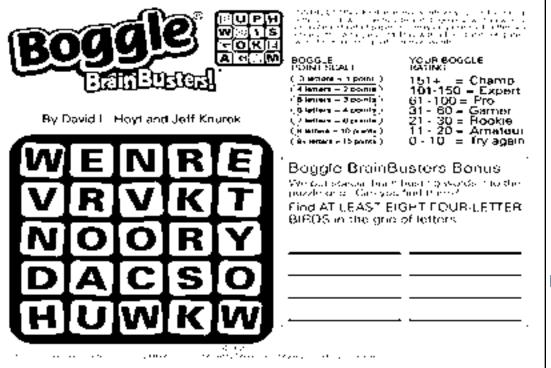
Sudoku #2

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Puzzles & Comics Answers on page 25

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MOVING, HAULING & STORAGE SERVICES

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MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE Buying Furnishings/Wrought-Iron/Rattan/1960s-Modern/ Artwork/Rugs/Statutes/Tiki/ Jewelry/Vintage-Clothing/Miscellaneous-Collectibles, ETC. 562-243-7229



Expanded

2 Bedroom Corner,



Bel-Rich PAINTING. Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 1/24/2024

Painting service for exterior or interior repairs.texture/drvwall/ cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798.

Exp 11/22

WINDOW WASHING

WANT CLEAN WINDOWS? I clean Inside/Outside OR Clean Outside only and SAVE \$\$\$. LW-Resident/Rich Livitski. (562)-600-0014. SB Business License LIV0004. Exp 11/29

Exp 12/20

BEAUTIFUL WINDOWS.40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 11/29

State Mutual and Apartment Number

MISCELLANEOUS FOR SALE

Patio Sale. Friday/November-17th/9:00am-12:00pm. 13121 Del Monte Drive, Mutual-11/ Unit-283J. Miscellaneous - Items from living-room/bedroom. PLEASE-STOP-BY.

LEISURE WORLD APARTMENT FOR SALE

Expanded 2-Bed 2-Bath Corner Unit near parking in Mutual-2 \$449,900. Please call/text Jeff at (562) 477-4500 for a private showing. DRE#01067346



Read the paper online! www.lwsb.com/newspaper





Kristin Duncan 562-480-1465 Office Manager



Robin Gray 562-209-5605



562-754-5628

Jasmine Elisha 949-522-1618





562-706-7999







562-208-2540

(562) 594-0515

1900 St. Andrews Dr., Suite C Seal Beach. CA 90740 BRE 00338699



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(562) 431-2149

13926 Seal Beach Blvd.

Seal Beach, CA 90740

Vickie Van Ert 310-220-1407

Rosie Wang Davis 626-623-9929



One-Bedroom

Mutual 8 - 185K

\$299,000

Charming, ready to move in, with cozy garden patio.



Mutual 1-6F \$625,000 Rare Find! 2 Bedroom, 2 Bath with an extra room that can be used as an office or guest bedroom

\$299.000 Mutual 8-196B Newly enclosed patio w/Acrylic UV windows

Two-Bedrooms

Mutual 2-7G \$315,000 Basic unit ready to be made a home.

Mutual 4-46F \$409.000 West facing unit w/ green view Mutual 15-37R A must see!

Mutual 2-68G

\$319.000

\$399.000



Bill Berman 714-606-5258



Hanna Rubinstein 562-900-4243



Jay Cho 714-944-4998



Philip Bak 213-550-9991



Fay Wescott 949-212-8748



Kawain Payne 714-293-1151



Adrian Villarreal 714-694-3291



Expanded corner close to carport



Chris Kim 424-247-4542



562 514-6613

New Listing!



Kathy Gupton Associate Broker DRE # 00744676



Realtor**®**

DRE# 02186926

Mutual 15-37R \$315,000

This lovely corner two bedroom one-and three-quarter bathroom home is light, bright, and ready to move in. The spacious living room overlooks an enclosed patio sunroom and a lovely Greenbelt view. The kitchen has built-in appliances including a stove top, oven, refrigerator, microwave, and dishwasher. It provides a tremendous amount of cupboard space and has a solar tube for brightness. The main corner bedroom has a separate closet dressing area, and the windows overlook a beautiful Greenbelt with an abundance of trees. The main bath has tile flooring, a bathtub with shower, and a solar tube. The second bedroom features a large wardrobe closet, lots of extra storage space, and a view of the beautiful greenbelt. The second bathroom has a stall shower and solar tube for brightness. This terrific floor plan has central heating and air conditioning, laminate flooring in the living room, bedrooms, and hallway, and has recently been painted throughout.

Be sure to stop by and see this terrific home that is located in the Resort-Like Community of Seal Beach.

Mutual 8-185K \$299,000

Charming and ready to move in. This special expanded one bedroom one bathroom unit has many upgraded features. The spacious living room has been expanded and features a ceiling fan, heat pump with air conditioning, and sliding glass doors to a cozy garden patio. The kitchen is remodeled with newer cabinets, quartz like counter tops, tile back splash, built-in stove top, oven, refrigerator, dishwasher, micro wave, an oversize skylight, and recessed lighting. The Bedroom is fully expanded and has a wardrobe closet, ceiling fan, and a half wall divider. The front portion of the bedroom may be used as an office, exercise or craft room, or extra sleeping area and features a bay window with storage and double pane sliding glass doors to quaint patio. The bathroom has an updated vanity and counters, tile floors, and an oversized skylight. The bedroom, hall and living room have plank flooring. The charming patio has storage, a gate, and side views of beautiful green belt areas. Enjoy the morning sun from this beautiful northeast facing location. This lovely home is located in the resort-like community of Leisure World Seal Beach featuring over 200 clubs, organizations, and activities including a 9-hole 3-par golf course, swimming pool and Jacuzzi, gym, library, health care center and much, much more.



Mutual 3-29K

Available one bedroom one bathroom cottage located on the street for drive-up convenience. This terrific one bedroom has a spacious living room with added heat pump & air conditioning and laminate plank flooring. The kitchen has white cabinets, built in Leisure World appliances including a stove, oven, refrigerator, laminate plank flooring and a ceiling fan. The bedroom has laminate plank flooring and a wardrobe closet. The bathroom has a cut down shower for walkin convenience. The central location allows you to walk to downtown Leisure World, as well as the 9-hole 3 par golf course, swimming pool, Jacuzzi, gym, amphitheater, post office and health care center. Located in the lovely resort-like community of Leisure World Seal Beach featuring over 200 clubs, organizations and activities including 6 club houses and features table tennis, wood working shops, billiards rooms, bocce ball court, shuffleboard, library, card and exercise groups, sewing, craft and art rooms, picnic area with BBQ, and so much more.

\$229,000





Gloria Hadley Realtor DRE # 01057681

PENDING

Mutual 11-273L **Mutual 1-25** Mutual 2-26C Mutual 1-26B

Mutual 8-188C Mutual 1-30K Mutual 5-91J Mutual 11-267C Mutual 1-26L Mutual11-268F Mutual 4-50F Mutual9-212C Mutual6-143A Mutual 9-225C Mutual 9-230D Mutual11-283D Mutual 4-51D Mutual 8-189D

Mutual 14-17B Mutual 8-188H Mutual 8-189B Mutual 2-40J Mutual 2-49B Mutual 2-17G Mutual 9-59G Mutual 6- 117L Mutual 15-39A Mutual 10-258H Mutual 6-1351 Mutual 10-258B Mutual 1-31E Mutual 5- 117L Mutual 12-61C Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-2861 Mutual 5-11/G Mutual 2-46H Mutual 1-67E Mutual 4-49G Mutual 8-183G Mutual 11-285D Mutual 9-216H Mutual 7-164L Mutual 2-6G Mutual 11-285A Mutual 11-263A Mutual 4-49B Mutual 8-201L Mutual 2-6L Mutual 7-165E

Enjoy the guaint downtown area of Seal Beach, the morning sun, and the wonderful ocean breezes.

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CAROL GASPER, Resident Realtor & NICK MONTEER, Broker

gcarol1966@gmail.com nicholasmonteer@gmail.com

Gasper Monteer - Realty Group

www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2023, We have a total of 79 pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1200 Canoe Brook Dr #19D | M3 | \$359,000 Pristine 2bed/1bath with wrap around custom tiled patio! AC heat pumps in bedroom and living room, newer wood floors throughout. Kitchen equipped with dishwasher and microwave. Duat pane windows with shutters throughout!



13199 El Dorado Dr #208D | M9 | \$359.000 2Bed/1bath interior location with full expansion. Tile floors throughout and skylights in the kitchen and bathroom. Large bay window in living room. Walk-in closet in main bedroom with a formal dining room area!



13110 Seaview Ln #245F | M10 | \$419,000 Corner partially expanded 2bed/1bath drive-up and greenbelt location with dual pane windows, skylights, central AC, outdoor storage closet, tiled patio, walk-in closet!



13346 El Dorado Rd #193D | M8 | \$339,000 2Bed/1Bath patio home on greenbelt. Granite counters. dual pane windows, shutters, new carpet/fresh paint. Skylights in kitchen and bath w/cutdown shower. AC heat pump with outdoor storage closed.



1541 Northwood Rd #273C | M11 | \$450,000 Fully expanded 2bed/2bath with dual pane bay windows. Laminate and tile flooring throughout, Outdoor and interior storage with central HVAC. Skylights galore and stackable washer/dryer!



13751 St Andrews Dr #33B | M1 | \$224,000 Redone 1bed/1bath interior unit with nice patio complete with engineered flooring and newer tile in kitchen and bathroom. Kitchen is also equipped with updated appliances.





1470 Homewood Rd #90D | M5 | \$229,000

1Bed/1bath interior unit on wide green with full patio. Carpet, skylights in kitchen and bathroom. Window AC in living room and cut down shower.

On November 13th, 2023 a total of 56 units show as active listings on the CRMLS (this is where Realtors list property for sale)

> 9 - 1 bedroom/1 bath units from \$224,000 to \$308,000

28 - 2 bedrooms/1 bath units from \$299,000 to \$500,000

19 - 2 bedrooms/2 baths units from \$318,500 to \$629,000

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M6 - 64H \$345,000 Charming 2 bedroom directly across from laundry with small GreenBelt



M2 - 45E \$369,500 Beautiful 2 bedroom with remodeled kitchen and bath



M9 - 231C \$247,500 Nice Drive up 1 bedroom 1 bath



M9 - 232C \$255,000 Fully Expanded 1 Bedroom Drive up



M14 - 32H - \$429,000 Two Bedrooms,1 Bath, Fully Expanded



M1 - 57J \$229,999 1 Bedroom with newer laminate floors and Dual Heat Pumps



M11 - 273K \$329,000 Beautiful and Bright 2 bedroom 1 bath in a private location





M12 - 63G \$485,000 Spacious Fully Expanded 2 Bedroom 2 Bath Corner with Washer/Dryer!





M2 - 30F \$629,000 Breathtaking 2 Bedroom 2 Bath Remodeled Corner!!







M1 - 46A \$299,000 Corner Unit with a beautiful greenbelt view! M15 - 14Q \$329,000 Fully Expanded 2 Bed 2 Bath Upstairs Unit with Vaulted Ceiling









Ginni Houck Verna Chum



Realtor®

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