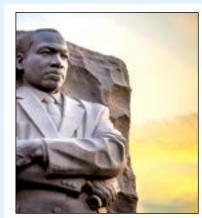


F MLK - Saluting a Visionary 🐋

January 11, 2024



The statue memorial for Martin Luther King Jr. in West Potomac Park, Washington D.C.

HOLIDAY NOTICE GRF offices will close for MLK Day

In observance of Martin Luther King Day, all Golden Rain Foundation offices except Security and the Optum Health Care Center will be closed Monday, Jan. 15.

The Leisure World Maintenance Department will be on call for emergencies only and may be reached by calling 562-594-4754.

Taking place each year on the third Monday in January, the Martin Luther King, Jr., Day of Service (MLK Day) is the only federal holiday that is also designated by Congress as a national day of service—a "day on, not a day off." Participation in service activities has grown each year as more Americans are encouraged to provide meaningful change in their communities.

This day was also established to honor the life and legacy of Dr. King. Americans celebrated the first official Martin Luther King Day on Jan. 20, 1986. HOLIDAY, page 3

New RFID gate access system will start Jan. 17-Are you ready?

How to Get Into the Community

QUICK START CLIP & SAVE

Gate Entry

RFID tag on vehicle?

- · Go through any gate, no matter who is driving.
- · Use the RFID ONLY lane at the Main Gate.

No RFID tag on vehicle?

- Use the ALL OTHERS lane.
- Show your GRF ID at the gate, no matter who is driving.
- Want to register your vehicle for an RFID tag?
- Bring your vehicle to the Decal Office in Building 5.

What is Not Changing?

- You can always call Security at 562-594-4754 to register guests.
- Delivery drivers will have access.
 - Emergency vehicles can always get through quickly.
- TIPS:

Verification Code

- Security will use this code to identify you when you call.
- This is the code you give Security when you fill out the guest registration form at the Security or Decal office.
- If you forget this code or need to create one, call Security at 562-594-4754 OR go to the Security or Decal Office in Building 5.

Proptia is software to manage guest passes online.

- You do not have to register with Proptia. It's optional.
- · Everyone with an email address on file with GRF received an
- emailed invitation from Proptia.
- Register for online guest management with the email invitation sent by Proptia.
- If you did not receive Proptia email:

GUES PA 5S 2023

2024 RESIDENT & GUEST ENTRY

Resident Entry

- Valid RFID tag or valid Leisure World identification card required. (Decals are not valid for entry – they are for Mutual use to manage carport parking).
- Vehicles with an RFID tag entering the Main Gate will enter in the "RFID TAG ONLY" lane.
- Vehicles without an RFID tag will enter the "ALL OTH-ERS" lane. . .

Permanent Visitors

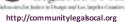
 Up to four permanent guests, people who visit often, are allowed per unit.

- Guests will receive a pass when entering-permanent visitors will remain on your list until you change them.
 - Every 90 days, a Security officer will check to ensure your permanent visitor is still listed and issue a pass for another 90 days.

FREE Legal Services for Qualifying Seniors 60+ in Orange County

We Can Help With Estate Planning, Financial Scams, Health Coverage, Conservatorships, **Consumer Debt, and More!**





This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of upervisors and administered by the Office on Aging. The conclusions and mions expressed may not be those of the California Department on Aging and the publication may not be based upon or inclusive of all raw data.

- Check your spam folder.
- Send an email to info@lwsb.com and provide your name, address and current email address when requesting Proptia.

Need Help?

Email the GRF Customer Care Team at *info@lwsb.com*; call volumes are heavy now, so the most efficient way to get your questions answered is via email. If calling, be patient. A team member will return your call as soon as possible.

Caregivers

Have a caregiver?

Register caregivers at Stock Transfer as usual.

Remember:

Proptia registration is OPTIONAL. LWers can always register guests by calling Security.

 Add or delete permanent visitors at any time by calling Security at 562-594-4754, filling out a form at the Decal Office in Building 5 or using the Proptia portal.

Temporary Visitors

- Temporary visitors, those who visit infrequently, can get passes good for 1 to 7 days.
- Register temporary visi-tors by calling Security at 562-594-4754 or using the Proptia portal.
 - 24 Hour Security Main Gate (562) 594-4754

THE OFFICIAL PUBLICATION OF THE GOLDEN RAIN FOUNDATION, LEISURE WORLD, SEAL BEACH, CA I WWW.LWSB.COM I WWW.LWWEEKLY.COM



A collision on Jan. 5 at 4:20 p.m. injured one person and tied up traffic at LW's main intersection. A Nissan Sentra traveling westbound on Golden Rain Road. The non-resident driver was turning left on to southbound St. Andrews Drive when the car collided in the intersection with a Honda CRV driven by a Mutual 3 resident. The Honda was eastbound on Golden Rain Road, according to a Security report. OC Fire Authority and Seal Beach police responded. One person, the driver of the Sentra, was transported to the hospital.

RECREATION

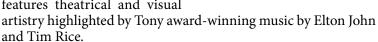
2024 excursions are planned; ticket sales begin on Jan. 19

The GRF Recreation Department will kick off 2024 with two highly anticipated GRF bus trips, one to see "The Lion King" and the other, to "MJ the Musical." Both events are at the Segerstrom in Costa Mesa.

The trips are expected to sell out. Tickets go on sale at the Recreation Department on Jan. 19. Residents and their guests are welcome. Tickets will be sold on a first-come, first-served basis for both events.

'The Lion King'

More than 100 million people around the world have seen "The Lion King," which features theatrical and visual



Tickets, \$88, include the Feb. 20 show and transportation from the Amphitheater at 5:30 p.m. The show starts at 7:30 p.m.

'MJ The Musical'

"MJ the Musical" is a jukebox musical based on the life of entertainer Michael Jackson. The musical is based on a book by Pulitzer Prize winner Lynn Nottage and Tony Award-winning choreography from director Christopher Wheeldon, who was Jackson's original choreographer. "MJ The Musical" goes beyond the singular moves and unique sound of the star, offering insight into the creative mind of Michael Jackson that made him a legend.

It's your HEALTH. It's your HOME. It's your CHOICE "MJ The Musical" starts at 7:30 p.m. on Wednesday, March 20, at the Segerstrom. Amphitheater pick-up is scheduled for 5:30 p.m.

Tickets are \$100 and include transportation.

Buses arrive well before showtime so people have plenty of time to get a bite and find their seats.

The Segerstrom Center for the Arts is a performing arts complex in Costa Mesa.

For more information on Recreation trips, contact Mayoka at 562-431-6586, ext.476, or email her at *mayokab@lwsb. com*.

2 of 4 Minibuses have arrived in LW

After a two-year wait, two of four new Minibuses arrived in Leisure World last week.

They are not yet in service as signage installation and other minor adjustments are being made.

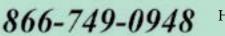
Drivers are also being trained on the buses' new features.

The two remaining buses on order are expected to arrive in LW by the end of the month. according to the GRF Transportation Department. GRF crews are installing bus route letter plates and applying graphics and signature blue stripes onto the buses. The dealership is adjusting the passenger exit pullcord buzzer and a couple interior seating stanchions. The new Minibuses were delayed by a perfect storm of supply chain issues and COVID-19 pandemic impacts among other things.

Family owned and locally operated for 28 years! www.hhhi.net Out services include:

- In House Orthopedic Rehab
- Skilled Nursing
- Wound Care
- Infusion Services
- Fall Prevention
- Medication Management and Education
- Medical Social Worker to assist with community access
- Palliative Care

The editorial deadline is 4 p.m. Thursday on the Thursday prior to the desired publication date.



HOME HEALTH | PALLIATIVE CARE | HOSPICE





Last week, Senior Director of Internal Operations Acacia Young led a well-attended session on how to use the new online Proptia guest registration system that will augment the new gate access program starting Jan. 17. Residents do not have to use Proptia; they can still manage guests through the Security Department as they always have.

GATE ACCESS

All systems are go for new system

All systems are go as Leisure World gets ready to transition to a new gate access system starting Wednesday, Jan. 17. In preparation for the roll-out, new signage is being installed, and Main Gate entry lanes are being reconfigured.

The GRF knows gate access affects every single resident and wants to make it as seamless as possible, so training sessions are underway, and the GRF customer care team is at the ready by calling 562-431-6586, ext. 0, or emailing *info@lwsb.com*.

It's more efficient to email questions as call volume is currently heavy. But in either case, a GRF team member will respond as soon as possible.

Here's what you need to know:

•Helpful RFID Video is Available

An instructional video to explain how the gate entrance system will work is now available at *lwsb.com*. For those who do not have a computer, the video is playing on a loop on the TV in the Downtown Café in Building 5 near the Administration. People may may visit the café anytime between 5 a.m.-9 p.m., seven days a week to watch.

•Gate Access Information and Training TODAY & Jan. 17

Get all your questions answered about the new RFID gate access system today, Jan. 11, at 2 p.m. in Clubhouse 4 or on Wednesday, Jan. 17, at 10 a.m. in Clubhouse 4. Senior Director of Internal Operations Acacia Young will give a comprehensive presentation on gate access, RFID tags, ways to register guests and more. All are welcome to attend in Clubhouse 4.

On Thursday, Jan. 18, Young will follow up that presentation with one-hour training sessions on how to use the new Proptia guest registration system.

Sessions will be held between 10 a.m.-2 p.m. in the Clubhouse 3 Learning Center (near the Sewing Room), first-come, first-served, space is limited.

•Do Not Contact Proptia Directly

Leisure World residents who want to sign up for Proptia so they can manage their guests online should not contact Proptia directly for registration assistance.

Every resident with an email address on file with GRF received an emailed invitation from Proptia last week for easy sign-up. Those who did not receive a Proptia email should check their spam folders. For assistance registering with Proptia, send an email to *info@lwsb. com* and provide a full name, address and current email address.

Residents do not have to register with Proptia. It's optional. People can still manage guest entry as they always have through the Security Department.



Construction at the St. Andrews Gate detoured traffic last week, but the gate is now fully operational. In other paving news, there will be road construction on Mayfield Road and Fairfield Lane from Jan. 16 to Jan. 26. Drivers are urged to drive cautiously in construction zones.

ELECTION NEWS

Canvassing is allowed in LW

In this election year, representatives of both political parties are knocking on doors to get out the vote. Some people mistakenly believe this practice is banned in LW. But the GRF cannot legally keep citizens from entering the community and going door-to-door. In 2002, the Supreme Court struck down a law that banned canvassing without a permit, even in gated communities. Political canvassers need to advise Security in advance before they are allowed access to LW. There is a difference between soliciting and canvassing. Citizens canvassing for political reasons are not selling an item or asking for donations.

HOLIDAY from page 1

Dr. King, a Baptist minister, was the youngest person to receive the Nobel Peace Prize in 1964. On April 4, 1968, at the age of 39, he was assassinated in Memphis, Tennessee.

> Need help? 24-Hour Nurse: 562-795-6216



Alpine Heating & Air Conditioning

Specializing in Serving Leisure World Residents

Free Installation Estimates Sales • Repair • Installation Lowest Prices In Town • All Work Guaranteed

#1 in Customer Service

714-901-0552 Cal. St. Lic. # 719734

	1/15/2024 to 1/19/2024 Find more menu details at our website											
A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week												
Monday	Tuesday	Wednesday	Thursday	Friday								
		LUNCH										
Turkey	Beef	Classic Chef	Quiche	Stuffed, Baked								
Sandwich	Tacos	Salad	Lorraine	Avocados								
Potato Salad	Rice & Beans	Turkey, Ham &	Side Salad w/	w/Imitation Crab								
		Cheddar Cheese	Ranch									
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Fruit Salad								
		DINNER										
Chicken	Roasted Salmon	Homemade	Baked	Fish								
Cordon Blue	Sautéed	Meatloaf	Bass	Stew								
Cheesy	Balsamic	Roasted	Zucchini Noodles	Tarragon Cream								
Vegetable	Spinach	Vegetables		Sauce								
Pie	Seasonal Fruit	Cookies	Seasonal Fruit	Cake								

FROM THE GRF

Unsafe driving increases LW insurance premiums

Maureen Habel

GRF Director

What's the most dangerous thing that seniors do every day? You might think getting up on a ladder or showering is dicey, but the fact is that the riskiest thing we do is drive. Every time I step on the accelerator of my 3,500-pound Ford Escape, I try to remind myself that I'm operating a potentially lethal weapon.

Making a mistake while driving can change your life and the lives of others in an instant. Unsafe driving habits have not only caused great suffering and death for some of our neighbors, but have also significantly raised GRF and Mutual insurance premiums, a cost borne by every resident.

We recently found out that the best deal we can get raises our insurance premiums from \$3.29 million in 2023 to \$5.49 million this year, primarily due to huge increases in liability and property damage coverage. Although statewide calamities have alarmed insurance carriers, our claims due to motor vehicle accidents have a direct effect on raising shareholder assessments.

The Seal Beach Police Department conducts traffic enforcement and traffic accident investigations inside the community. They issue approximately 300 moving violations a year; the most common citations are for failure to stop at posted stop signs, failure to obey a directional sign and cell phone use.

Ask yourself: Is speeding or running through a stop sign or not yielding the right of way worth it? Studies show that speeding saves very little time and the risks far outweigh any benefit.

When you don't drive safely, you increase your chance of injuring or killing another person or yourself. After an accident, you risk paying hefty fines and can expect a huge auto insurance bump. You could even lose your driver's license.

Ironically, I decided to take a break from writing this article to see what's new at Home Goods. While driving east on Golden Rain, I saw a woman blow through a stop sign on Thunderbird at a very fast rate of speed.

Had I not been reminding myself "this is the most dangerous thing I will do all day," and anticipated that she might not stop, I would not have escaped an accident in my Escape.

For good reason, insurance carriers view Leisure World as a high-risk client. We have five to eight traffic incidents a month, of which 40% are hit and runs.

We have residents who should no longer drive. According to the AAA Senior Website, "Seniors are outliving their ability to drive safely by an average of seven to 10 years."

The combination of mobility, hearing, vision and cognitive impairments that come with older age and a history of fatal and serious accidents means that insurers must raise premiums to offset their risks. Even when GRF isn't at fault, we are considered a deep pocket. Frankly, it's unrealistic to expect that Seal Beach police will ever have the resources

Letters to the Editor

Editor:

The recent events unfolding in Ukraine demand our immediate attention and action. Putin's aggressive incursion into Ukraine flagrantly violates international norms and threatens the democratic fabric of the region. It is imperative that we, as a global community, stand united in condemning this unprovoked aggression and extend unwavering support to Ukraine.

This assault on Ukraine's sovereignty strikes at the heart of democracy and self-determination. It is not just an attack on one nation but an affront to the principles of freedom, democracy, and the rule of law that bind us together as a global society.

The ramifications of Putin's actions reverberate beyond borders, impacting the lives of millions. Innocent civilians face displacement, violence and an uncertain future due to this unjustified aggression.

Supporting Ukraine is more than a moral obligation; it is a commitment to safeguarding democracy and the rights of sovereign nations. It's a statement that tyranny and disregard for international law will not be tolerated.

Our government must take swift action, providing substantial financial assistance to Ukraine to bolster its defense capabilities and aid displaced civilians. Moreover, it's crucial to rally international support to isolate Putin's regime and hold it accountable for its blatant disregard of established norms.

Let us stand in solidarity with Ukraine, advocating for democracy, peace and justice. By supporting Ukraine and condemning Putin's aggression, we affirm our commitment to upholding democratic values and ensuring a world where sovereignty is respected and freedom prevails.

Ray Olsowka *Mutual 2*

Editor:

I have been living in Leisure World for a year and a half, and I still get lost taking my nightly the gardener, the maintenance staff, everyone in Security, and all my table tennis instructors and friends.

> Man C. Cho, M.D. Mutual 4

Editor:

Marley, the little 10-pound, 7-year-old dog that patrols Mutual 10 to chase away coyotes, wanted to go out for dinner at Mamas, which has a special dog menu. This time, he wanted a coyote dinner. The server said it wasn't on the menu; instead, he had a doggie bowl of beef with carrots.

I had a rare Mama's burger, and my wife, Pauline, had Mama's Impossible Burger with a lettuce wrap.

Setting It Straight

Proptia training sessions, originally advertised to occur at 30-minute intervals, are now being scheduled in one-hour time slots in order to comprehensively review the new guest access system and answer residents' questions. The next session is set for Jan. 18 between 10 a.m. and 2 p.m. in the Clubhouse 3 Learning Center (near the Sewing Room). Sessions are on a first-come, first-served basis. Space is limited. The training provides residents with the opportunity to interact with GRF experts, ask questions, and gain a deeper understanding of how to effectively use the Proptia guest registration system. There will be additional training sessions for those who cannot make the Jan. 18 session. Future sessions will be announced in the LW Weekly and via LW Live.

An Official Golden Rain Foundation Publication Serving the Shareholders of LWWEEKLY GRF Leisure World Seal Beach LW Weekly is delivered on Thursday to every Leisure World residence. Opinions

and information expressed in articles, columns or letters have not been vetted nor do they necessarily reflect the opinions or policies of the Golden Rain Foundation or GRF Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any submission for any reason. General Inquiry: LWWeekly@lwsb.com

Ruth Osborn

Communications Director 562-431-6586, ext. 388 rutho@lwsb.com Perspectives

Emma DiMaggio Communications Manager

562-431-6586, ext. 387 emmad@lwsb.com Page One, General News, Arts & Leisure

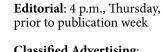
Laurie Bullock, Editor 562-431-6586, ext. 801 laurieb@lwsb.com Community, Religion, Obituary

For dessert, we had pineapple upside down cake. I had Karlas Fancy Coffee, quite tasty, as I wasn't driving, and Marley is too young.

There are three Mamas restaurants, which all feature an inner patio for dogs and doggie dining.

It serves breakfast starting at 8 a.m. weekdays and at 8:30 a.m. on Sundays. It is open for lunch and dinner. Mamas on 39 is located at 11122 Los Alamitos Blvd. in Los Alamitos. There are also locations in Huntington Beach and Ladera Ranch.

Give your dog a treat. Tell the server that Marley sent you. Barry Allen Mutual 10



Deadlines

Classified Advertising: 12 noon, Monday, of publication week

Display Advertising 4:30 p.m., Thursday, prior to publication week

Office hours 8 a.m. to 4 p.m. Monday-Friday

Phone 562-430-0534

to catch every driver breaking the rules. It's up to us and our choices. If you are reading this and know you should stop driving, please do the right thing and stop driving.

In every town hall meeting, people speak passionately about unsafe driving, especially speeding. The GRF Board hears your concerns and is doing as much as possible to improve road safety. We just installed a speed cushion on a major Trust street, and last month, we approved funds to develop construction plans to the Golden Rain Road and St. Andews traffic signal system.

These efforts are necessary but very costly. The most practical and inexpensive way to maintain a safe driving environment in our community is to adopt the old habits that were drilled into us with first license-observe the speed limit (25 mph in Leisure World), make a full stop at every stop sign whether you see anyone else there or not, and follow right of way rules. Please encourage your visitors to help us keep our residents safe and our costs down by following these same rules.

Email letters to *lwweekly@lwsb.com*

stroll. As I look around all the houses lit up and decorated with Christmas lights, I feel that I am living surrounded by beautiful neighbors who wish to share their love and warmth with those living around them. I start to hum an old song I used to sing when I was young.

"There's a lamp shining bright in a cabin. In a window, it's shinin' for me. And I know that my mother is prayin' for the boy she is longing to see," from "When It's Lamplighting Time in the Valley," by Marty Robbins

I would like to send New Year's greetings to all those who have worked hard throughout the year, including the journalists, everyone working at the office, those who helped us with Frontier TV cable, the postal and the newspaper carriers, Paul Kryczko, Editor Graphic Design, Production 562-431-6586, ext. 389 paulk@lwsb.com Sports & Games

Katya Lukina, Editor, Graphic Design, Production 562-431-6586, ext. 266 katyal@lwsb.com Government, Health & Fitness

Stephen Bannon Production Editor 562-431-6586, ext. 392 stephenb_news@lwsb.com Online/Vision Impaired Editions, IT, Pre-press

Debbie Kim, Customer Service 562-431-6586, ext. 383 debbiek@lwsb.com Classified Advertising, Reception

Sylvia King, Advertising Sales 562-472-1274 sylviak@lwsb.com

after-hours voice mail

Missing Newspaper Report missed paper by 10 a.m. for same-day special delivery. 562-430-0534

Mailing Address P.O. Box 2338 Seal Beach, CA 90740

Delivery Address LW Weekly Building 13521 St. Andrews Drive Seal Beach, CA 90740

Online Editions LWWeekly.com lwsb.com/newspaper/

Distribution Services Dan Pomeroy, manager Eagle Rock Services

VOL 48, NO 2

GOVERNMENT

GRF Meetings

Golden Rain Foundation

committee and board

meetings are open to LW

residents. The following is

a tentative schedule.

Committee Meeting

Thurs., Jan. 11, 10 a.m. Conference Room A

Special GRF Executive

Tues., Jan. 16, 1 p.m.

Conference Room A

GRF Board Meeting

Tues., Jan. 23, 10 a.m.

GRF Board Executive

Thurs., Jan. 25, 1 p.m.

Conference Room A

Facilities Committee

Tues., Feb. 6, 10 a.m.

Conference Room A Operation Committee

Thurs., Feb. 8, 10 a.m. Conference Room A

A quorum or more of the

directors may be present,

only to listen and observe,

and no formal board

action will be taken at

committee meetings.

Memberswillbeprovided

an opportunity to address

the committee.

Clubhouse 4

Session

Meeting

Meeting

Administration

Session

Presidents' Council Meeting Recap

THE PRESIDENTS' COUNCIL

Clubhouse 4 and Zoom Tele-Video Conference

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach was convened at 1:30 p.m. by President Jeri Dolch on Jan 3 in Clubbouse 4 and via Zoom tele video conference

- Dolch on Jan. 3 in Clubhouse 4 and via Zoom tele-video conference. The following is a recap:
- President Dolch announced and accepted Beth Mayer's resignation as Secretary from Presidents' Council.
- Presidents' Council meeting minutes of Nov. 1, 2023 were approved as written.
- Senior Director of Facilities Mark Weaver provided updates on general projects in the community and on Fenn pest control.
- Physical Property Manager Kevin Black discussed the maintenance and cleaning of pipes.
- Senior Director of Mutual Administration Jodi Hopkins provided updates on Stock Transfer and Mutual Administration Departments.
- Executive Director Jessica Sedgwick provided a general update on Proptia.
- Executive Manager Dave Potter introduced himself and provided an update on water rates increase in Seal Beach.
- Representative from Lucent Care and Hospice Arthur Nguyen presented on happiness.
- The next meeting is on Wednesday, Feb. 7, at 1:30 p.m. in Clubhouse 4. It will be streamed via Zoom tele-video conference and YouTube Live.

Public Comments at GRF Meetings

California law requires the Board to establish reasonable time limits for members to speak at meetings. (Civ. Code Sec. 4925(b).)

Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker for more than 26 speakers.

California law also places significant limitations on how the Board responds to questions or concerns; most often the Board is unable to respond. (Civ. Code Sec. 4930.)

To address the Board, submit a comment card at the meeting prior to it being called to order. Members may email correspondence to the executive coordinator at *grfboardaction@lwsb.com*.

Purchasing Department Price List

PRICES ARE FOR MATERIALS ONLY! ALL TAXES AND PROCESSING FEES INCLUDED. (LABOR \$50.00 PER HOUR / PER TECHNICIAN)

WHITE COOK TOP \$577.79
BLACK COOK TOP \$577.79
WHITE OVEN \$1368.51
Black Oven \$1485.75
STAINLESS OVEN \$1625.70
WHITE TOP FREEZER
REFRIGERATOR \$693.90
BLACK TOP FREEZER
REFRIGERATOR \$836.54
STAINLESS STEEL TOP FREEZER
Refrigerator \$809.93
28 GALLON WATER HEATER 10YR.
\$790.72
38 GALLON WATER HEATER 10VR

REVISED 12/29/2023

KITCHEN SINK-WHITE\$501.71
KITCHEN SINK-BISCUIT\$ 652.22
KITCHEN FAUCET-MOEN\$100.25
KITCHEN FAUCET SPRAYER-delta \$134.33
BATHROOM FAUCET-MOEN \$141.09
BATHROOM WIDESPREAD FAUCET-
DELTA\$207.93

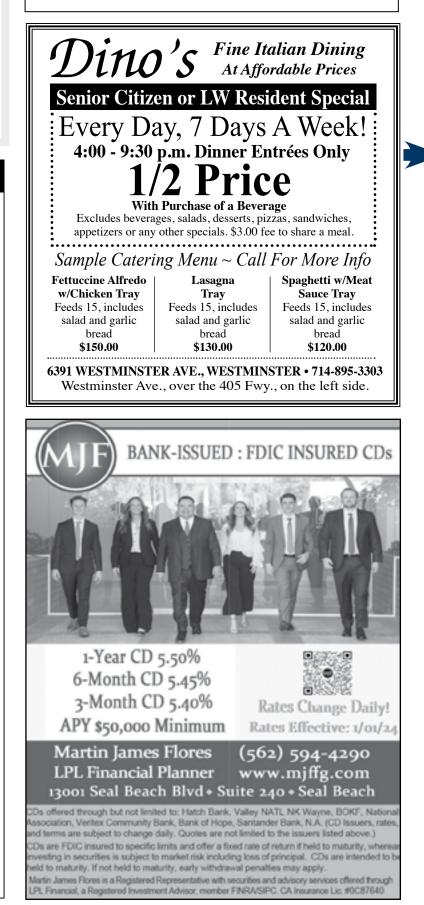
(TOILETS INCLUDE TANK, BOWL & TOILET SEAT) TOILET-ROUND-WHITE \$257.87 TOILET-ROUND-BONE \$307.66 TOILET-HI BOY-WHITE...... \$294.37 TOILET-HI BOY-BONE........\$376.60 ROUND TOILET SEAT: WHITE \$19.27 ROUND TOILET SEAT: BONE \$19.27 ELONGATED TOILET SEAT: WHITE \$23.50 ELONGATED TOILET SEAT: BONE \$28.84

Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., Jan. 11	Mutual 12
	Conference Room B/Zoom9 a.m.
Fri., Jan. 12	Mutual 3
	Conference Room B/Zoom9 a.m.
Tues., Jan. 16	Mutual 14
	Conference Room B/Zoom1 p.m.
Wed., Jan. 17	Mutual 5
	Conference Room B/Zoom9 a.m.
Wed., Jan. 17	Mutual 7
	Conference Room B/Zoom1 p.m.
Thurs., Jan. 18	Mutual 2
	Conference Room B/Zoom9 a.m.
Thurs., Jan. 18	Mutual 11
·	Conference Room B/Zoom1:30 p.m.
Fri., Jan. 19	Mutual 15
	Conference Room B/Zoom9 a.m.
Mon., Jan. 22	Mutual 8 (open forum 9:15 a.m.)
·	Conference Room B/Zoom9:30a.m.
Wed., Jan. 24	Mutual 10
	Conference Room B/Zoom9 a.m.
Thurs., Jan. 25	Mutual 1
- /	Conference Room B/Zoom9 a.m.

The LW Weekly: 562-430-0534



38 GALLON WATER HEATER 10YR. \$872.07

BATHROOM SINK WHITE-ROUND
\$49.82
BATHROOM SINK-BONE-ROUND
BATHROOM SINK–WHITE– OVAL
MUT-15-Gerber \$44.39
MUT-15- Gerber
BATHROOM SINK-ALMOND-OVAL

The above pricing is subject to change without notice. Please call Purchasing Department for current pricing.

SERVICE MAINTENANCE CAN BE REACHED AT (562) 431-3548 DURING THE HOURS 8:00 AM TO 4:30 PM,

PURCHASING DEPARTMENT

PHONE NO. 562-431-6586 Rosendo-Store Keeper-EXT. 306 Daniel-Warehouse Assistant–Ext 308 Justin-Warehouse Assistant EXT. 309 Ruben S.-Purchasing Manager-EXT. 307 STORE HOURS MONDAY– FRIDAY 8:00 AM TO 4:30 PM

Puzzles & Comics Answers on page 22 **Gasoline Alley** By Jim Scancarelli Boog. Thearyoure) Yeah, Rop Pool My eoltraught No!He's I meant the $J \gg \lambda_T$ ginifr (end)s brother Idperation പ്പാള Surfriend ൈവ്യം to the moon! has been side. up with a berter recket ship! 2 £ i 🔄 ŝ By Russell Myers Broom-Hilda WE'RE TIKED OF THAT OLP BLACK DRESS. WE GOT YOU A NEW WHITE ONE! PERSONALITY THAT HAPPENS TO ALL OF MY CLOTHES IT GEE, THANKS! 뵗 AUGT BE MY METABOLISAN Middletons By Ralph Dunagin & Dana Summers Marga and Andrews TURN UP THE าวับหมามาวาย @/!# RADIO, WE CAN THUMP! K300 LOUDER! HEAR IT! ÷. 1. States of South A. 25

Los Angeles Times Crossword Puzzle Edited by Patti Varol

129 Coarse file 130 Conquers 28 Adds criticism to 59 DVR button "THAT'S AMORE' 97 Post-dubbing BY GARY LARSON criticism "All the Light We title 61 & AMY ENSZ 98 Collect music 29 North Sea: Cannot See publishing Kazakh lake novelist Anthony DOWN copyrights? ACROSS 32 Island of French 1 Astrological ram 63 Ring bearer, 1 Refrigerator 101 Like 101 courses 2 Jollity Polynesia maybe Rock collector? 103 "Honest" known for black-65 Camera type, handle 6 Rideshare 105 Light cigar Very little sand beaches briefly updates, for short 106 Letter-shaped 34 Language of 68 Casual cafes 5 "Blessed the central Mexico 69 Anthem opener 10 Pencils that are beam meek' 70 TV room hard to sharpen 108 Sealy rival 6 Stingy sort 38 "Programs! Git In need of 110 County officers resupply, maybe 113 Daughter of ___ programs here!" 72 Row in Petco? 73 Use elbow 15 In need of 7 Chronicles 8 Length x width, 19 Asperity for a rectangle 40 Nouveaugrease on Cronus and 74 Čares for 20 TV producer Rhea 9 Kafka Mexique, par protagonist Sequin 76 Alter, in a way 116 One well-versed exemple Spencer 21 Put forward in competition? 10 41 Japanese 77 Clearance rack caveat 79 Shoulder 22 Lacking a paper 118 Balder's father 11 Snareless drum wrestling 42 Buddhist who trail 119 Legislative 12 Make the most 23 About to explode branch that is has attained ornament of 24 Blondie mindful and 13 Google 80 California beach nirvana alternative 14 Rating units drummer Burke introspective? 43 Buzz Lightyear's town with a 25 Bit of support on 121 Bent pal 44 Shade tree historic racetrack 115 Tire swing the job? 122 "Middle Child" 15 Steps aside Nursery piece 27 Blues legend 16 Stood up as 45 Laudatory poem 82 Daughter of rapper "Being the 123 James friends? 46 Cross product Cronus and Ricardos" role 48 Tech startup? 28 Partridge family 17 Scarce Rhea member 124 Basilica areas 18 Group with 52 Actress Russo 83 Mixture for a 30 Dune plants 53 "hehe" 125 Almond shade lodges Pennsylvania 31 Scottish herders, 126 "Shucks!" 26 Mineral replaced Dutch brewer? 56 Smacks informally Labor agcy. With 62-Across, 85 127 by cornstarch in 58 Longtime Notre 33 Noble gas that's 128 Vegetarian most cosmetic barbershop Dame coach roughly 1% of standard source of protein powders Parseghian the atmosphere 35 _ gin fizz 36 Arboreal 19

marsupial

amazed? 47 Farm female

Glissade garb

37 Hypoallergenic

makeup brand 39 Bouillon 42 Leave everyone 23

31

Sudoku 1

86 "If I Ruled the

91 Gluttony, e.g.

96 Risk territory

100 Eggy bun 102 "Tár" Oscar

nominee

Blanchett

program, briefly "Waves of grain"

99 Self-referential

93 Creeps

98 Close

104 Abate

109

107 Get-well

color

110 Takes off

111 Boneless cut

113 Carpentry slot

114 Farm females

117 12-point type

women's

Abbr.

listing

122 Indeed.com

basketball

120 Winner of all but

three Olympic

championships:

holder

112 Bygone blades

World" rapper

87 Infomercials, e.g.

			_		_	_		
	5		3			8		
	2	3		4	1			
7	9	4	8				5	3
2		7			6			
					5	2		8
5		8			9	7	4	
9	8		7	1		5		
1						4		
		2	6		3			

9 To 5 By Harley Schwadron

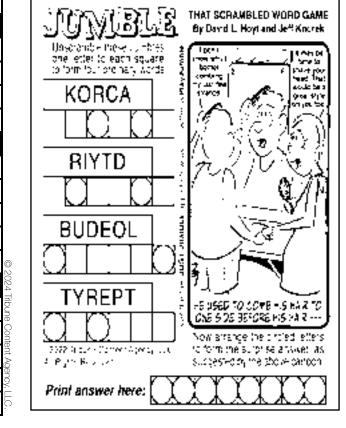


SCRABBLE GIRIA MIS D.-O· N٢ P. F.; 'AACA 1 1 O C AH P. T. HACKS H٠ HACK . D. H. N. R. 10000-000 U·I HACK & . j₩: A-|A·| E B N ٠N RACKS PAR SCORE 265-275 FIVE RACK TOTAL BEST SCORE 329 TIME LIMIT: 25 MIN - · • • • • • CRECTIONS THREE IS 1-2 S e 2211111 4 . . ALKA SHE SHA

49 Glissaue (
50 Sushi roll	topper			36								37				38		39			40	41
51 Tristan an																						
52 Like much	n of	42	43						44	45	46				47		48		49			
Montana		42	43						44	45	40				47		40		49			
54 Dworshak	<																					
structure		50				51								52				53		54		
55 Gets a mo	ove on																					
57 Legal tern	n that	55			56				57			58	59				60		61			
means "gi																						
mind"		62						63				64				65						
60 Greets sile		02						00				0.				00						
62 See 58-D	-	66						07	00	00	70								71	70	70	74
64 Broke off		66						67	68	69	70								71	72	73	74
group	noma																_					
66 Supermod					75	76	77									78	79	80				
Banks																						
67 In-house	wator	81	82	83					84				85	86	87		88					
	water																					
source?		89				90		91					92			93				94		
71 From Per	th to	00				00		01					02			00				01		
Sydney		0.5					07					00							100			
75 Sanctimor	nious	95			96		97				98	99							100			
sort																						
78 Southern		101				102		103		104						105						
81 Goes afte																						
84 Woodstoo	x k			106			107		108				109		110						111	112
sextet																						
88 Being		113	114					115		116				117					118			
89 Sleep cyc	le	110	114					115		110				,					110			
90 Not quite	foggy																					
92 Goodyear		119							120				121					122				
offering																						
94 "in-the	-Mist":	123					124						125					126				
novel by h																						
Mirrlees		127					128						129					130				
95 Purple blo																						
			I		I					L			L	I				L				

25

30



2

14

22

З

A14.5

BOGGLE POINT SIGALT

(<u>) antions – 1 point</u>) (<mark>) 4 lemens – 2 points</mark>)

Bieners - 3 points is Glatiers - Appendy (

() believe _ dige and a) (H MIRMA - 10 (K MMA) (és terters - 15 points)

13

*

17

З

+

4

8

2

The second se

Boggle BrainBusters Bonus

We ball started that highling words into the pozzle or all Caregos and Press? Find AT LEAST NINE MUSICAU NSTRUMI, NTS in the grid of letters

YOUR BOGGLE

151+ = Champ 101-150 = Expert 61 - 100 = Pro 31 - 60 = Garmer 21 - 30 = Rookie 11 - 20 = Amatour 0 - 10 = Try again

ABCDEFGHIJKLMNOPQRSTUVWXYZ

ം

Determine the code to reveal the answer!

Solve the code to discover words related to time management. Each number corresponds to a letter.

(Hint: 3 = A)

4

4

23

2

ារន

n

~~~~

22

23

8

\*

9

17

3

11

Clue: Pull attention away

UBUBI

Clue: System of organizing days

Clue: Proposal to do something

Clue: Intended timelines

C

11

13

5

22

凶

А.

В.

C.

D.

Ω

13

3

17

7

ՇՍսԻ

By David L. Hoyt and Jeff Knurok

S

G

Ν

Ι

R

Т



I am a professional born in Arkansas on February 27, 1980. I come from a famous family of politicians, and at one point I lived in the White House. I hold Master's degrees from prominent schools and a Ph.D. from Oxford.

# Sudoku #2

|   | 4 |   |   |             |   |   | 6 |   |
|---|---|---|---|-------------|---|---|---|---|
|   |   | З |   | 5           |   |   |   |   |
|   |   | 7 |   | 5<br>6      |   |   |   | 8 |
|   | 1 |   |   | 8           | 9 | 4 |   |   |
| 6 |   |   |   |             |   |   |   | 9 |
|   |   | 9 | 6 | 3           |   |   | 1 |   |
| 7 |   | 5 |   | 3<br>2<br>9 |   | 9 |   |   |
|   |   |   |   | 9           |   | 8 |   |   |
|   | 2 |   | 7 |             |   |   | 3 |   |

**Puzzles & Comics** A

Ρ

0

R

Т

Α

Ν

М

D Κ F S Α

Α

Н

S

Ι

|   |   |   |   |         |   | se 2     |       |   |   |   |                 | - |            | •• | . 10. 7 |   |                | i | ····· |                     |
|---|---|---|---|---------|---|----------|-------|---|---|---|-----------------|---|------------|----|---------|---|----------------|---|-------|---------------------|
| ) | M | 0 | M | IA<br>x | G | E 1<br>E | T III | A | E | E | 1 <b>0</b><br>L | R | <b>D</b> ( | SI | Y       | R | <b>CI</b><br>× | v | M     | WORDS               |
| K | 0 | Ν | Ν | Ζ       | Ε | Ρ        | Т     | Μ | Т | G | F               |   | Ε          | D  | R       | Α | С              | Α | D     | AGENDA              |
|   | Ρ | Χ | Ι | С       | 0 | Κ        | С     | Υ | Ζ | F | V               | Κ | Ε          | L  | F       | Α | U              | Ρ | Υ     | APPOINTMENT         |
| 5 | Т | С | Α | Т       | Ν | 0        | С     | Ρ | L | D | Ι               | Н | Μ          | U  | D       | S | Ζ              | Ρ | Α     |                     |
| 1 | D | С | L | R       | Ε | V        | Ζ     | R | L | R | С               | L | Y          | Ν  | Α       | Y | F              | 0 | Ι     | BALANCE<br>CLEANING |

В Η Υ Т Ι R 0 Ι R Ρ D Β G S S S Т D Ν Т Ι Ι М A Α В Х Α Ε L Х Т М A U Κ U Κ Κ L Ε Ε S Ε L Ν Κ Ι Ζ G V F L Т U Κ S Т Μ D S Ε Α Т G Ν Ι Ε С Μ Т Т Ε Ε L Ν Α L L Ν Ε Τ Ε Ζ Ε Ε Α R Ν Ν D Α L Μ A Μ A Ν Ν 0 Ε F С 0 Ε Ν Ι G Н Ρ Ρ Y Κ 0 Т V Κ Ν Μ Ν S Ι Ε Ε Ρ G D U Ν R G Β R С С В L Η L Ν G S G Ν R Μ R L С Α U Ε Α Α V Ε Ν G L Υ Ζ Т G Ι Ρ 0 Κ D Т D U Ν R R V R Т U G Α Ζ Μ Ε Х Т 0 Ι Т F Н Α Α Ε Ν L Х L Ν Ν R Ζ Ε С Т Ι V Ε 0 Ε L F S D Н V L Η 0 Y Α R L Х Х Н Ν Μ Т D 0 F Ν С Μ R В Μ В Η A Ρ Т Ρ Ε F Ε S G Η Ε L Ι R R В Ν Η Ν G Υ S С S Т R Ι Ε Ζ Ι D Κ Α Ν Κ Т Ν A G R 0

С

Ε

Ε

CONTEXT DEADLINES DELEGATE FILES FLAG GOALS **IMPORTANCE** INTEGRATION MANAGEMENT MEETING ORGANIZE PLANNER PRIORITY REMINDER SCHEDULE TASKS TIMER VALUES

CONTACTS

Find the words hidden vertically, horizontally, diagonally, and backwards.



# <u>COMMUNITY</u>

# **LW RV Club Soup Contest**

The RV Club will meet Tuesday, Jan. 16, in Clubhouse 3, Room 1, the first general meeting of the new year. The dinner and social hour begins at 5 p.m.

The club is holding a soup contest. Members are encouraged to bring a crockpot of soup for the competition. Three winners will receive gift cards.

The refreshment committee will serve a variety of sandwiches. Beverages will be provided. People are encouraged to bring a side dish such as a salad, cold or hot dish, or a dessert. Guests must pay \$10 for entry and bring a side dish.

The club welcomes input and suggestions from members on how the board can make the club even better in 2024. Membership annual dues for 2024, which cost \$10, will be collected at this meeting.

For more information, contact Bob Konier at rvclubsb@gmail.com or text 714-402-9225.

# **American Latino** Club

The American Latino Club will meet today, Jan. 11, at 11:30 a.m. in Clubhouse 3, Room 2. Sprouts will cater a lunch featuring a sandwich (choice of turkey, roast beef, or chicken breast), green salad, dessert and drinks (coffee, tea, lemonade, hibiscus water). The cost for members is \$15 per person and \$17 for guests.

No extra sandwiches will be ordered so people should make sure payment reaches Myriam Klotz. Members were contacted by email or phone. Payments must be sent to Klotz by U.S. mail or by dropping them off in her mailbox at 13940 Thunderbird Drive, 6-G. Checks can be made out to the American Latino Club. Members and guests can also bring their own lunch or drink but must tell Klotz. For more information, call her at 714-746-9626. Yearly dues of \$10 will also be collected and a 50/50 raffle will be held. —Miryam Fernandez



Lyndell Phillips (r) was one of the centenarians celebrated by the Golden Age Foundation last year.

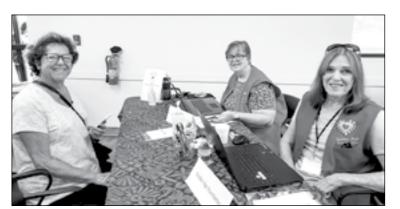
#### **GOLDEN AGE FOUNDATION**

# GAF seeks LW centenarians for annual milestone celebration

The Golden Age Foundation (GAF) will host its fourth Leisure World Centenarian Celebration on Tuesday, April 23. GAF's goal is to include every shareholder in LW who reaches this extraordinary point in life to be recognized and celebrated.

People who know a LW shareholder who is or will be turning 99.5 years young in 2024 should call or text one of the numbers below. People should provide their long-lived friend, neighbor or family member's name, mutual and unit number, and contact information to include them in the celebration. The GAF hopes to feature some LW centenarians' stories in the LW Weekly.

People can provide information on centenarians to any of the following: Carl Kennedy at 661-810-9410; Beth Greeley at 714-329-3621; Cheryl Falconer at 714-904-1984; Fara McCartney at 714-625-5141 or Anna Derby at 562-301-5339.



Sharon Langerman from Mutual 14 signed up for the Ralph Community Rewards program.

GAF's Ralphs Community Rewards sign up program returns Jan. 17

# **CAP Food** Distribution

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be Jan. 18. Distributions are on the third Thursday of the month.

Eligible seniors must live in Leisure World and be at least 60 years of age and meet income guidelines.

To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub). For more information, contact Roberta Arshat at 562-431-6586, ext. 317, or robertaa@ lwsb.com.

# American Legion Auxiliary fashion show, luncheon and raffle: March 9

The women of the American Legion Auxiliary are excited to once again present their annual fashion show and luncheon fundraiser. The event will be held on March 9, in Clubhouse 2 at 11 a.m.

Carol's in Old Town Seal Beach will provide the fashions. Lunch will be served, and people can try to win one of the many raffle prizes. Last year the Auxiliary supported 12 different projects including nursing scholarships to three young women and a young man, several families with children at Christmas, companion dogs, assistance to veterans assimilating back in the workforce, education, and food for homeless veterans through the food pantry at the VA Hospital, plus 63 jackets were given to veterans and their families to name a few.

It is rewarding to work with these organizations and meet the dedicated staff that work with veterans who have served the country, away from their families and many who come home with physical injuries and/or mental challenges This event makes it possible for the Auxiliary to make a difference in the lives of many and all LWers are welcome to attend and be part of the Auxiliary's purpose of "Service, not self." Residents' support makes this all possible. Tickets are on sale now and can be purchased for \$40 or a table of eight for \$300. People can call Rose Marie Sprague at 714-742-8362 to purchase tickets and they will be on sale in Clubhouse 2 at Bingo the first, second and fourth Sundays in January and February. This is a very popular event, so call early for tickets. *—Dianne Hart* 

# Emergency Information Council to meet today at 1 p.m. in Bldg. 5

The next Emergency Information Council (EIC) meeting will be at 1 p.m., today, Thursday Jan. 11, in Building 5, Room B.

Among the topics to be discussed will be whether to hold periodic activities such as presentations and services connected with disaster preparedness. Presentations could range from speakers from FEMA and the ASPCA. Services might include offering residents a service to scan their most vital documents onto a thumb drive to store in their Grab Go bag. All ideas will be welcomed.

In order to provide these types of emergency preparedness talks and services to Leisure World residents at little or no cost the Emergency Information Council will rely on donations from residents. Fortunately as a nonprofit 501(c)(3) charity (Tax ID No. 93-2693935) can now provide tax deduction receipts.

Donations can be made by contacting EIC President Jackie Dunagan at jackie919@gmail.com or 562-431-7479 and by attending the upcoming meeting.

# Security: 562-594-4754

IMPROVE YOUR POSTURE! INCREASE BALANCE and FLEXIBILITY. Class Sponsored By City of Seal Beach Recreation Department

> - Mobility - Strength - Flexibility - Energy For Men and Women **Essentrics**<sup>®</sup> Aging Backwards Registration NOW Open Call for information: 562-879-1954

7 Week Class - 1:30 p.m. Every Friday: Jan. 5 through February 16, 2024

**Seal Beach Senior Center** 707 Electric Ave in Old Town Seal Beach

The Golden Age Foundation (GAF) will begin assisting residents in signing up for the Ralphs Community Rewards program on Jan. 17, in the Clubhouse 6 Hospitality Room, from 9 -11 a.m.

The Ralphs Community Contribution program is sponsored by Kroger Grocery Stores and is an easy way for Leisure World residents to raise money for the Golden Age Foundation without additional costs.

Beginning this year, GAF volunteers will only be in the Hospitality Room on the third Wednesday of the month. To sign up, GAF volunteers will asks for a resident's full name, email, and phone number associated with their Ralphs membership to complete the transaction. The information will be shredded once the signup is complete.

Sharon Langerman, who recently signed up for the program, has lived in Mutual 14 since December 2021. She appreciates her neighbors and all the activities Leisure World has to offer, especially the summer concerts. She walks every morning and enjoys the green belts. She is a third-generation resident in LW, her mother, who followed her grandmother.

For more information, text 562-301-5339.

The LW Weekly: 562-430-0534

LW Democratic Club

by Mary Larson LW Contributor

Leisure World Democratic Club's monthly voter education sessions will begin again next Wednesday, Jan. 17, at 1 p.m in Clubhouse 3, Room 3. This first session of the new year will focus on current attempts to censor reading material. Carol Daus, board member of the Friends of Huntington Beach Public Library, will be the resource person for this session.

People can, but need not, register in advance for the Jan. 17 voter education session by emailing Bev Bender at *beverleybender@ gmail.com* or calling 562-594-9148.

The Democratic Club's first membership meeting in the new year will be on Wednesday, Jan. 24, in a new location, Clubhouse 3, Room 2 and new time, 1:30 p.m. Dom Jones, the Democratic Party endorsed candidate for the California Assembly in the March 2024 Primary Election, will be the featured speaker. There will also be information available on Proposition 1, which will be on all Leisure World voters' March primary ballot. Access to the meeting will be available by Zoom.

•

Endorsement of candidates running in the March primary election has been finalized by both the Democratic Party of Orange County (DPOC) and the state-wide party. These lists will be included in a letter to be sent to LW Democrats and potential supporters in February. The lists will also be posted on the club's website at www.sblwdems.wordpress.com.

Of special interest to Leisure World voters will be the endorsement of Frances Marquez for election to the OC Board of Supervisors. Marquez is running to replace termed-out Republican Andrew Do as LW's District 1 representative on the board.

There is also no incumbent running in the race to represent Leisure World's 47th District residents in Congress. Both House Democrats and Republicans have listed winning the district among their highest priorities in 2024. President Biden won the district with 54.5% of the vote in the 2020 presidential election. California Sen. Dave Min is the Democratic Party's endorsed candidate for the position.

The Leisure World Democratic Club believes health care is a right, diversity is a strength, the economy should work for everyone, and that facts and truth matter. Everything appearing in the press releases and the semi-monthly newsletters has been fact checked to the fullest extent possible.

All Leisure World Democrats and supporters are invited to subscribe to the club's semi-monthly electronic newsletter by emailing *mlarson.telfords@gmail.com*. It is important to include complete contact information: address, phone number and party registration, in the request. If a person's request has not been answered or they are not receiving the newsletter, email again or call editor Mary Larson at 562-296-8521.

# LW AMERICA FIRST REPUBLICAN CLUB Family conference is set for Jan. 13

Family Today-Family Tomorrow, an informational event covering issues of concern to many parents and grandparents, will be held in Clubhouse 2 from noon-3 p.m. Jan. 13.

The event, sponsored by the American Legion, is non-political and open to residents and non-residents alike.

There will be community exhibits, educational materials, refreshments and speakers, including Anne Calvo, RN, director of Youth Protection; Jerry Rueb, pastor, Cornerstone Church; Brenda Lebsack, teacher, and found of Interfaith Statewide Coalition, Jeffry Barke, MD; Theresa Murnby, director of Precious Life Shelter. For more information on the conference, call 562-335-0779.

The club is gearing up for the upcoming election for Orange County Board of Supervisors, District 1, to be held on Tuesday, March 5. It is vital for Republicans to vote, regardless of which candidate they support. Realistically, with four serious candidates running, it seems unlikely that any candidate will win the seat in this election since the winner must get over 50% of the vote. The possible exception might be Janet Nguyen. She is currently a California state senator and was previously a member of the Orange County Board of Supervisors. The Leisure World America First Republican Club supports legal immigration and secure borders, peace through strength, lower taxes, cutting government spending, free enterprise capitalism, family values, parental control of education, public safety through well-funded law-enforcement and an America first foreign policy.

#### **HOSPITALITY CENTER**

Free Hospitality Center opened on New Year's Day to provide a place to see neighbors. The Golden Age Foundation

vide a place to see neighbors. The Golden Age Foundation treated residents with pizza, coffee and tea. LW's Hui O Hula dancers performed beautiful dances to bring a warm, aloha spirit to everyone. Hank Barto played piano.

#### ENGAGEMENT

Clubhouse 6.

Army Mangravito and Maryanne Conte became engaged at the Saturday Texas Holdem game. People can come congratulate them at the Jan. 13 game at 10:30 a.m. in

#### FILIPINO ASSOCIATION OF LEISURE WORLD



The Filipino Association of Leisure World celebrated its annual Simbang Gabi mass on Dec. 21. in Clubhouse 3. The





# **Sunshine Club**

GRF Security Director Victor Rocha will speak at the Sunshine Club on Friday, Jan. 12, in Clubhouse 3, Room 2, at 10 a.m.

Rocha will give an overview of the Security Department, giving a glimpse into its operation and RFID gate access program.

Since the RFID system begins on Jan. 17, there will be information on what to expect as residents approach the gates, and what to do to prepare for it.

Rocha will provide time to answer questions regarding any aspect of Security or RFID concerns.

Rocha has over 30 years of law enforcement, security, and safety experience. He worked as a police officer and detective with the Los Angeles Police Department. In addition, he has provided security assessments for businesses, schools, and HOAs throughout the United States.

Rocha is a member of the Association of Threat Assessment Professionals and graduated with a bachelor of arts degree in criminal justice from California State University, Fullerton.

The Sunshine Club will host two more speakers this month. GRF Emergency and Safety Coordinator Eloy Gomez will speak on Jan. 19 about home fire safety, fire prevention, fire suppression with the use of portable fire extinguishers and other resources. Terry Truong from the MedCare Medical Pharmacy will speak on Jan. 26 about the new pharmacy that will be open soon.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome. Refreshment will be served at the meeting. Sunshine Club began on Jan. 12, 2012 with the mission to "build bridges for a brighter Leisure World," and to help all residents get the best out of living in Leisure World. For more information, contact Anna Derby at 562-301-5339.

Read the LW Weekly online at www.lwweekly.com Monthly meetings are held in Clubhouse 3, Room 2 on the third Wednesday of each month at 5 p.m. for socializing and 5:30 for the speaker.

The club booth, located near Clubhouse 6, will be open each Monday, Wednesday and Friday in January from 11 a.m.-2 p.m. At the booth, residents can register to vote, change their party affiliation or just enjoy pleasant conversation. mass was officiated by Father Juan Caboboy. Simbang Gabi is a nine day devotional series of masses practiced by The Roman Catholic and Aglipayan devotees in the Philippines honoring Blessed Virgin Mary in anticipation for the birth of Jesus Christ. It usually starts at dawn on Dec. 16 and ends at the eve of Dec. 24.



# LWWEEKLY **CLUB MEETING SCHEDULE**

Meeting information is subject to change. Check the LW website at www.lwsb.com for the most current listings.

#### ARTS AND CRAFTS

Art League, CH 4, A, B and C Sections, 2nd Tues., 7-9 p.m. for art show and demonstration, 562-431-4124

Arts & Crafts Guild, CH 4, Art Rm., Thurs., Mon., 9:30 a.m.-12:30 p.m.

Ceramics-Claytime Ceramics, CH4, Ceramics Rm., Wed., 10 a.m.-2 p.m.

Ceramics-Clay Crafters, CH 4, Ceramics Rm., Mon., Fri., noon-4 p.m.

Chinese Brush Painting, CH 4, Art Rm., Mon., 1-4 p.m.

Korean Traditional Painting, CH 3, Rm. 5, Tues., 9 a.m.-noon

Lapidary/Beading, CH4, Lapidary Rm., Mon.-Fri., 9 a.m.-3 p.m.; Sat., 9 a.m.-noon

Love Weaving Baskets, CH 3, Rm. 6, 4th Sat., 9 a.m.-5 p.m. (does not meet Nov., Dec.)

Photographic Arts Club, CH 3, Rm. 9, 2nd

Thurs., 1:30-3 p.m. 562-430-7978

Quilting Bees, CH3, Lobby, Wed., 9-11:30 a.m. **CARDS** 

Bridge-Combined Party Bridge, CH1, Mon., noon-4 p.m.; 1st & 2nd Fri., noon-4 p.m. Bridge-LW Duplicate Bridge, CH 1, Mon., Thurs., Fri., Sat., 12:30 p.m. (arrive by noon) 562-308-7838 Cribbage Club, CH 1, Tues., noon- 4 p.m.

Diamond Poker Club, CH 3, Rm. 3, Tues., 4-8 p.m.

Hold'em -N- Squeeze'em (poker), CH 3, Rm. 6, Sat., Wed., 6-9:30 p.m.

Leisure World Pinochle Club, CH 1, Mon., Thurs., noon-4 p.m.

Social Club of Leisure World, CH 1, Fri., noon-4 p.m.

Tournament Poker Club, CH 6 Hospitality Center, 1st, 2nd, 3rd Sat., Registration 10 a.m.; Play at 10:30 a.m.

#### DANCE

Ballet Fitness, CH6, Rm. C, Sat., 1:30-2:30 p.m. Dance Fitness, Vets Plaza, Mon., 4-5 p.m.; CH 6, Sec. C, Tues., 9-10 a.m.

Dancers & Mixers, CH 4, 1st Tues., 7-9 p.m. 562-431-1257

Dancing Feet, CH 2, Mon., 7-9 p.m., 4th Sun., 5:30-10 p.m.

Flowering Step Line Dance Club, CH 2, 1st, 2nd, 4th Mon., 10 a.m.-noon; CH 3, Lobby, 3rd Mon., 10 a.m.-noon

Grapevine Line Dance, CH 6, Sec. C, Thurs., 2-5 p.m.

Hui O Hula, CH 6, Sec. C, Tues., 1-5:30 p.m. Joyful Line Dance of Leisure World, CH 2, Thurs., 10:30 a.m.-12:30 p.m.

Korean Folk Dance Club, CH 6, Sec. C, Sat., 8-10 p.m.

Leisure Time Dance Club, CH6, Sec. C, Mon., 2-4 p.m., 310-743-9373

Line Dance Class, CH6, Sec. C. Mondays 10:15-11:45 a.m.

LW Cloggers, CH 6, Wed., 8:30-11:30 a.m. 562-598-9974

Saturday Morning Dance Class, CH 6, Sec. C, Sat., 9-11 a.m. 406-858-3560 Suede Sole Dancers, Scheduled as needed. Zumba Club, CH 6, Sec. C, Wed., 4:30-5:30 p.m.; Vets Plaza, Fri., 8:30-9:30 a.m.

Chess Club, CH3, Rm. 7, Fri., 2-6 p.m. Domino's Mexican Trained, CH3, Rm. 4, Thurs., 5:30 p.m.

LW Woman's Club Table Games, CH 2, 3rd Fri., 1 p.m. 562-431-8240

Scrabble, CH 3, Rm. 5, Wed., 1-4 p.m. Yahtzee Club, CH 3, Rm. 6, at 1 p.m., 1st, 3rd, 5th Fri. Diane Seeger: 562-533-5997.

#### **HEALTH AND EDUCATION**

Balance and Stability Club, CH3 Lobby, 1st and 3rd Tuesday, 10-10:45 a.m.; 562-397-1519 English Conversation Club, CH 3, Rm. 9, Thurs., 5-10 p.m. (no meetings in Aug.)

Impaired Vision & Hearing, General meeting: CH3, Rm. 1, 4th Tues., 1:30 p.m. (except July, August, and November); Impaired Vision Support Group: CH3, Rm. 9, 2nd Wed., 10 a.m.; Hard of Hearing Support Group: CH3, Rm. 9, 3rd Tues., 10 a.m.; 562-596-1969

Korean English Class, CH 3, Rm. 4, Wed. (except 2nd Wed.), 9:30 a.m.-noon; 2nd Wed., CH 3, Rm. 9

Korean Senior Health Club Class, CH 3, Room 4, Thurs., 1 p.m., 562-716-2010

#### **HOBBIES**

Art History Club, CH 3, Learning Center, 2nd Thurs, 9:30-11:30 a.m., CH4, 4th Thurs., 1:30-3:30 p.m.

Astronomy Club, CH 3, Rm. 3, 1st Wed., 6:30-8:30 p.m.

Carving Club, CH 1, Tues., 1-4 p.m.

Coin Club, CH 3, Rm. 2, 2nd Wed., 1:30-4 p.m. Creative Writers, CH 3, Rm. 1, 4th Fri. (dark in Dec), 1:30-4:30 p.m., 325-721-0687

Drone Club, CH3, Rm. 7, 4th Thurs., 11:30 a.m. Garden Club, CH 2, 3rd Mon., 1:30-4 p.m.

Genealogy Workshop, CH 3, Rm. 1, 4th Wed., 9 a.m.-noon

Historical Society, LW, CH 1, Historical Society Rm., Thurs., 2-4 p.m.

Korean American Computer Forum, CH 3, Learning Center, 1st, 3rd Thurs., 9:30-11:30 a.m. Korean Literature, CH3, Rm7, 2nd, 4th Mon., 9:30-11:30 a.m.

Leisure World Seal Beach Book Club, CH 3, Rm. 7, 3rd Thurs., 1-3 p.m.

LW Technology Club, CH 3, Rm. 2, 2nd Tues. in March, May, September, 1-3 p.m.

Paws, Claws & Beaks, CH 3, Rm. 9, 3rd Wed., 4-7:30 p.m. (except May-Oct. when meetings are in CH 1 picnic area, 2nd Thurs., noon- 3 p.m.)

Rollin' Thunder Golf Cart Club, CH 2, 4th Tues., noon-4 p.m. (except June, July, Aug., Sept. when meetings are in CH 1 picnic area) Silver Fox Classic Car Club, CH 3, Rm. 5, 2nd Tues., 6 p.m.

Traveling Tigers, CH 3, Rm. 9, 3rd Wed., noon-3 p.m. (no meeting in Aug.)

Video Producers Club, CH 3, Rm. 7, 4th Tues., 10 a.m.

#### **MUSIC**

Entertainment Ensemble & Video Club, LW, CH 3, Rm. 2, Mon., 9-11 a.m. CD Music for Seniors, CH 3, Rm. 3, 3rd Thurs.

1-4 p.m.

Vibratones, scheduled as needed **NATIONALITY** 

American Latino, CH3, Rm. 2, 2nd Thurs., 11 a.m.-3:30 p.m.; CH3, Rm. 8, Wed., 3-5 p.m. Chinese Friendship Club, CH 3, Rm. 7, Wed., 1-6 p.m.

Filipino Association of Leisure World, CH 3, Rm. 1, 2nd Sun., 2:30-8 p.m.; CH 1, 3rd Sun., bingo

French Club, CH3, Rm. 4, 1st and 3rd Sun., 2:30-4:30 p.m., 714-932-1244

German American Club, CH 3, Rm. 7, Tues. (except 4th Tues.), 12:30-4 p.m.

Korean American Association of LWSB, CH 2, 2nd Thurs., 4-10 p.m.

Japanese American Club, CH 3, Rm. 2, 3rd Sat., 11 a.m.-3 p.m. 714-317-1102

Vietnamese American Club, scheduled as needed, 714-932-1244

#### POLITICS

Democratic Club, CH3, Rm. 9, 4th Wednesday, 1 p.m.

Leisure World Republican Club, CH 3, Rm. 2, 3rd Wed., 6-9 p.m.

Seniors for Peace, CH 3, Rm. 9, 1st Thurs, 2 p.m.; 562-357-4040

#### **RELIGION AND PHILOSOPHY**

A Course in Miracles, CH 3, Rm. 8, Fri., 4-5:30 p.m.

Assembly of God, CH 3, Rm. 2, Wed., 9:30-11:30 a.m.; Sun., 9 a.m.-1 p.m.; CH 3, Lobby, Sun., 4:30-8 p.m.

Baptist Church, CH 4, Sun., 8 a.m.-noon; CH 3, Rm. 9, 2nd Wed., 1-4 p.m.

Beit Halev-House of the Heart, Scheduled as needed.

Buddha Circle, CH3, Rm. 3, Sat., 10 a.m.-noon Chinese English Bible Study Fellowship, CH3, Rm. 9, Tuesdays 2-5 p.m.

Congregation Sholom, Fri., 6:30 p.m., Zoom; Sat., 10 a.m.-noon, CH 3, Rm. 9.

Dongbu Pyunkang Church, CH3, Rm. 2, Sun. (except last Sun.), 3-9 p.m.

Interfaith Council, scheduled as needed KCRC Bible Study, CH 3, Rm. 1, 3rd Fri.,

4:30-8 p.m.; CH 3, Rm. 6, Tues., 10 a.m.-noon Korean Bible Study, CH 3, Rm. 5, Thurs., 6-9 p.m.; CH 3, Rm. 7, 2nd Sun., 5-9 p.m.

Korean Catholic Fellowship, CH 3, Rm. 9, 3rd Sat., 4-10 p.m.; 1st, 2nd Wed., 5-9 p.m.

Latter-Day Saints, CH 3, Rm. 1, 3rd Mon., 4:30-9 p.m.; 3rd Sun., CH 3, Rm. 6, 2-3:30 p.m. LW Han In Church, CH 3, Rm. 4, Sun., 8a.m.-1 p.m.; CH 3, Rm. 8, Wed., 9 a.m.-noon

LW Humanist Association, CH 3, Rm. 1, 1st Sun., 10:30 a.m.-noon

Seal Beach Cornerstone Fellowship, CH 2, Sun., 9 a.m.-noon; CH 3, Rm. 3, Fri., 2:30-5:30 p.m.

Seal Beach Evangelical Church, CH3, Room 2, Sun., 1-3 p.m. 714-520-1877

Seal Beach Sa-Rang Church, CH 3, Lobby and Rm. 9, Sun., 9 a.m.-2 p.m.; CH 3, Rm. 1, Wed., 6:30-8:30 p.m.

Walk/Hike Club, Various locations, Mon., 5 p.m., 562-810-4266

Wa-Rite Club, CH 3, Rm. 1, Fri., Weigh-In from 8-8:45 a.m., meeting from 9-10 a.m.

#### **SERVICE**

Amateur Radio Club, CH 3, Rm. 9, 1st Wed., 10-11:30 a.m.

American Legion Auxiliary, CH 3, Rm. 1, 3rd Mon., 1-3:30 p.m.

American Legion Post 327, CH 3, Rm. 3, 3rd Mon., 11 a.m.-4 p.m.; CH 2, 2nd, 4th, 5th Mon., 1-4:30 p.m.

**Community Emergency Response Team** (CERT) Study Group, Bldg. 5, Conference Rm. C, Fri., 6-8 p.m.

Concerned Shareholders, CH 3, Rm. 2, 4th Thurs., 1-3 p.m.

Friends of the LW Library, scheduled as needed

Golden Age Foundation, CH 6, Hospitality, Mon.-Fri., 9-11 a.m.

LW Woman's Club, CH 2, 1st Tues., 1:30 p.m. (no meetings July, Aug.)

SOCIAL

as needed

gmail.com

6-9 p.m.

scheduled as needed

Christian Fellowship and Fun Club, CH 4, 3rd Tues., 5:30-9 p.m. (no meetings in July, Aug., Dec.)

LW Noon Spoons Lunch Club, scheduled

Neighbor to Neighbor Club (Mutual 14),

RV Club, CH 3, Rm. 1, 3rd Tues., 5-8 p.m.,

(no meetings in May-Sept.), LWRVClubSB@

Rainbow Sisters, CH 3, Rm. 6, 1st, 3rd Tues.,

Red Hat Society, CH 3, Rm. 5, 4th Fri., 1-4 p.m.

562-430-6950; CH3, Rm. 1, 2nd Mon., Noon-4

p.m.; CH3, Rm. 5, 1st Mon., 9:30 a.m.-Noon;

CH3, Rm. 2, 3rd Thurs. in Nov., 12:30-3:30 p.m.

Schmooze Club, CH 3, Rm. 9, 2nd Tues., 9

Social Club of LW, CH1, 4th Fri., noon-4 p.m.

Social Club Seventeen (Mutual 17), CH 1,

picnic area, 2nd Sun. in Aug., 10 a.m.-3 p.m.

Sunshine Club, CH 3, Rm. 2, every Fri., 10

Where We Live, CH 3, Rm. 6, 3rd Mon.,

**Woman's Club, LW,** CH 2, 1st Tues., 1:30 p.m.;

3rd Fri. (tabletop games), noon, 949-293-7517

**SPORTS** 

Bocce Club, scheduled as needed; 562-756-

Golf-Men's Club, CH 3, Rm. 1, 2nd Tues.,

9-11 a.m. (only Jan., March, June, Sept., Nov.) Golf-Women's Club, CH 3, Rm. 1, 1st Tues.,

Ladies "Q" Club, CH 1, Pool Room, regular

play, Mon., 9:30 a.m.; monthly meeting, 1st

Rat Pack, scheduled as needed

a.m.-1 p.m. (no meetings in Aug.)

(no meetings in Nov.-Dec.)

a.m.-Noon. 562-301-5339

6:30-8 p.m.

9170

3 p.m

Mon., 10 a.m.

**ENTERTAINMENT CLUBS** 

Abilene Club, CH 2, Thurs., 5-10 p.m.; 4th Sat., 4-10 p.m.

Cabaret Entertainers, scheduled as needed, 626-485-3983

The Entertainers, schedule to be determined Doo Wop Club (Let the Good Times Roll), CH 2, 3rd Sat. in odd months, 4-10 p.m. **Producers**, schedule to be determined Theater Club, Performing Arts Center (Amphitheater building), 4th Fri, 10-11 a.m. njcataylor@yahoo.com

Velvetones Jazz Club, CH 4, 1st, 3rd Sun., 2-10 p.m.

#### **GAMES**

Bunco, LW, CH 3, Rm. 1, 2nd, 4th Mon., 6-10 p.m.; CH 3, Rm. 7, 3rd Tues., 5-10 p.m.; CH 3, Rm. 5, Wed., 6-10 p.m.; CH 3, Lobby, 2nd, 4th Sat., 1-4 p.m.; CH 3, Rm. 1, 2nd Sat., 11 a.m.-5 p.m.

even months only, 1 p.m., barbara.mcfall4@ gmail.com

Community Karaoke, CH 1, Wed., 5:30-10 p.m.

Evergreen Chorale, CH 3, Rm. 8, Mon., 9 a.m.-noon

Gloria Autoharp Club, CH 3, Rm. 6, Wed., 10 a.m.-noon

Good News Singers, CH 3, Rm. 1, Thurs., 9-11 a.m.

Korean American Chorale, CH 3, Lobby, Fri., 9 a.m.-noon

Korean Drum Club, Amphitheater, Mon., 2:30 p.m., 818-632-7799

Leisure World Opera Club, CH 3 Learning Center, third Tues., 1:30 p.m.

Leisure World Orchestra, Amphitheater, Tues., 1-4 p.m.; Tues. and Wed., noon

Leisure World Women's Sing Along, CH 3, 1st, 2nd, 3rd, 5th Wed., 1-4 p.m.

Seal Beach Guitar Ensemble, CH 3, Rm. 6, Thurs., 9 a.m.-noon

Ukulele Guitar Club, CH 3, Lobby, Thurs.,

Women's Christian Fellowship, CH 3, Rm. 6,

2nd, 4th Mon., 10-11:30 a.m.

Young Nak Presbyterian Bible Study & Fellowship, CH 3, Rm. 3, 3rd Sun., 5-7:30 p.m.

#### **SELF IMPROVEMENT**

Al Anon, CH3, Rm. 7 on 1st and 3rd Mondays, 9:30 a.m., and CH3, Rm. 8 on 2nd and 4th Mondays, 9:30 a.m., 562-412-8351 AA Friends, CH 3, Rm. 4, Wed., 3:30 p.m.; Sat., 8:30 a.m. 562-209-0816, 213-248-0539 Fitness Fusion, CH 6: Tues., 10:30-11:30 a.m.; Veterans Plaza: Thurs. and Sat., 10:30-11:30 a.m. Fun Exercise Club, CH 6, Sec. C, Mon., 9:30 a.m.-1 p.m.

Joy Walking & Jogging, Amphitheater, Sat., 7:30-11:30 a.m.

Leisure Leggers, CH 6, Mon., 8 a.m. LW Bike Riders Club: North Gate, Sun., Mon., Wed., Fri., Group A: 562-509-8475, Group B: 818-209-5075

LW Yoga Club, CH 6, Sec. C, Wed., 9-10 a.m.; 10:15-11:15 a.m.; Veterans Plaza, Tues., 10:15-11:15 a.m.

Pickleball Players Club, CH 2, 2nd Sun., 6:30 p.m.

Pool Club, LW, CH 2, Pool Room, League play, every Mon., 6-9 p.m. through May; tournaments, 4th Sat., 1:30 p.m. through May (June-Aug. monthly tournaments, 3rd Wed., 6-9 p.m.) Shuffleboard Club, Indoor Courts for open play: Mon., Wed., Fri from 9-11 a.m. and Tues. from 6-8 p.m. at the Shuffleboard Courts Building behind CH 1; 775-527-0426

# TO MAKE CHANGES

*Changes must be made in writing at the LW* Weekly office or by email: emmad@lwsb.com. For more information, call 562-431-6586, ext. 387, Monday-Friday from 8 a.m.-4 p.m. LW club information is provided by club representatives and GRF Recreation. Club representatives can add new listings or change the information provided here. This list is subject to change and runs as space allows. The LW Weekly recommends people confirm meeting information with the individual clubs.



Dr. Andrew Wassef, medical director of the Joint Replacement Center at Long Beach Medical Center, checking on his knee replacement patient.

# The best care. Tailored to what moves you.

# Regional leaders in spine & joint care.

**MemorialCare Long Beach Medical Center** is proud to be recognized as a Best U.S. Hospital in Orthopedics and a Top 10 orthopedic program in California by *U.S. News & World Report*. The MemorialCare Orthopedic & Spine Institute at Long Beach Medical Center is a regional leader in issues affecting the spine and joints through surgical interventions, utilizing the most advanced technologies.



We offer robotic-assisted surgical options and computer navigation to enhance accuracy and precision during surgery, including **ExcelsiusGPS**<sup>®</sup> and **O-arm**<sup>®</sup> for spine surgery, and **Mako**<sup>®</sup> for joint replacement surgery. This technology, combined with our expert care, has increased our patient outcomes above national standards. Talk to your doctor about your options for care at

Long Beach Medical Center.

- Our patients recover sooner and leave the hospital quicker.
- Our patients are prepared for surgery through pre-operative education classes and direct access to our program coordinator.
- Our expert team of nurses and physical therapists partner with each patient in the hospital to ensure that they are up and walking before discharge.

Find a joint replacement or spine surgeon at Long Beach Medical Center. (562) 933-4014 memorialcare.org/lbjointreplacement memorialcare.org/lbspine





# ARTS & LEISURE

#### **TEMPORARY LIBRARY**

# Books, audio and visual materials available

**≺**he library has re-opened in a temporary location in Clubhouse 3, Room 8, while the main library undergoes renovations.

A selection of new and popular books, audio and visual materials are available for checkout, and many of the library's magazines and all of its newspapers are available for reading.

Library materials checked out prior to the closure of the main library will continue to be due at their regular due dates. Residents can either return the items in the same book drops they have always used or visit inside the temporary location in Clubhouse 3.



The temporary library is located in Clubhouse 3, Room 8.

This temporary library location will operate Monday-Friday from 9:30 a.m. - 3:30 p.m. Some of the library's regular

services such as faxing, copying and patron computers, will be unavailable at the temporary location.

# LW Book Club to discuss New York Times bestseller novel

The Leisure World Book Club will meet at 1 p.m., Thursday, Jan. 18, in Clubhouse 3, Room 7. The book for discussion will be "Book Woman of Troublesome Creek," by Kim Michelle Richardson.

This work of historical fiction was on the New York Times' bestseller list.

The club had a good attendance for its December meeting when members discussed the novel "Cooking for Picasso," by Michelle Aubray. The majority of people thought it was a good read. Many found it very insightful regarding the private life of one of the world's most famous

painters.

"Max Perkins Editor of Genius," by A. Scott Berg, has been selected for the February meeting. This is a National Book Award-winning biography of the man who introduced the public to the greatest writers of this century.

*—Dale Watkins* 

# Hui O Hula invites everyone to hula in 2024

Hui O Hula, the LW Hawaiian dance group, welcomes the New Year with an invitation to everyone to hula.

Hula is good for the mind and body-its movements are gentle for the body, and learning the choreography is good for the mind.

Dance classes meet twice a week, on Tuesday and Thursday, starting at 1 p.m. The Tuesday class is held upstairs in Clubhouse 6, while the Thursday class is at the Veterans Plaza, or inside Clubhouse 3 when it's cold and windy outdoors.

Beginners-regardless of skill level—are welcome to the first hour of class. Bring a pair of soft booties or socks as the hula is danced barefoot.



Hui O Hula dancers were glad for the opportunity to entertain LW's early birds with a few hula on New Year's Day. Mahalo nui/many thanks to Video Club producer Joe Osuna who captured the morning's activities. Big kudos to Carl Kennedy (not pictured) who takes care of the morning coffee crowd at the Hospitality Center in Clubhouse 6 every weekday from 9-11 a m

# Grab 'n' Go Food: Jan. 11-17

Thursday: Domino's Pizza at Clubhouse 6-Call ahead at 562-493-2212 for special orders, wings and salads. The truck is on site from 3:30-7 p.m. Cash and cards are accepted.

Monday: The Berlin Truck at Clubhouse 6-Gourmet sausages, grilled cheese and much more. The truck will be on site from 4-6 p.m. Only cards are accepted. www.theberlintruck.com/menu

Tuesday: Taco Tuesday at Clubhouse 6-Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday: Onpointttt Jerk Chicken at Clubhouse 6-Caribbean favorites will transport you to the islands! Cash and cards are accepted. The truck will be on site from 3:30-7 p.m. www. onpointttt.com/menu-flyer

On-call bus service is available from 4:30 p.m.; regular service before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379.

Vendors are subject to change. Watch LW Live for updates. Sign up for email notifications at *www.lwsb.com/lw-live-sign-up/*. To ask questions or give feedback, call 562-431-6586, ext. 398, or email kathyt@lwsb.com.

#### **GARDEN CLUB**

# Learn impactful garden design

The next Garden Club will meet on Monday, Jan. 15, at 1:30 p.m. in Clubhouse 2. This month's speaker, Rod Sims, will present a program on the topic of "How to Maximize your Garden Design" for greater impact.

Sims, a Mutual 10 resident for the past five years, will offer a few dos and don'ts to bear in mind when designing a garden. His experience spans a lifetime. He studied bonsai gardening with Frances Watari and Harry Hirao and learned western gardening



Rod Sims

principles from gold-medal winners from the Chelsea Flower Show. The We Care table will be set up in the lobby for donations of

non-perishable food items, gift cards and cash.

All are welcome to attend. Coffee, tea and cookies will be served after the meeting.

*—Nancy Goldstein* 

# **PHOTO ARTS CLUB**

# Reflections is theme for Jan. 11

The next meeting of the Photo Arts Club will be today, Jan. 11, at 1:30 p.m. in Clubhouse 3, Room 9.

The assignment is photos of "reflections" with a camera/ phone. That could be reflections on water, glass, mirrors, puddles, etc.

People should email three of their best photos to Ben Benjamins at *benbenjamins@hotmail.com* to be shown at the meeting.

For the meeting, people can also bring photos of their choice to be displayed and commented on at the meeting.

Hooks and labels are available for members who wish to hang framed photos in the hall of Clubhouse 3.

Individuals with technical or other questions will be paired with someone who can help them for individual discussion after

In class, dancers enjoy reviewing their old favorites together. Among them is Welina 'Oahu/Greetings 'Oahu. This composition is a celebration of 'Oahu's favorite flowers which, when made into flowers lei, are adorned by the composer's favorite people.

A new hula, He Aloha No O Honolulu, has been introduced

this month. Composed by Lot Kauwe in the 1920's, he describes his journey from Honolulu, 'Oahu to Kona, the Big Island aboard the inter-island steamer, Mauna Loa. The first verse mentions leaving the rainy Honolulu Harbor and passing Lele AKA Lahaina on Maui while star Sirus shines bright from above.

On Jan. 6 dancers performed "Blue Hawai'i" and "I'll Remember You" in honor and memory

of Ric Dizon. Dancers are grateful to have known him. Always pleasant, popular Dizon was also caring. He helped with his sophisticated sound system at Hui's parties and often graced the crowd with his Elvis-like voice. "Blue Hawaii" was among his favorites.

For more class information, call 562-252-9676 or email jojo@ huiohula.com.

—Jojo Weingart

the meeting.

Everyone is welcome.

For more information, call Regine Schumacher at 562-430-7978. *—Regine Schumacher* 

# **Saturday Morning Dance Class**

There are two dance classes every Saturday morning in Clubhouse 6 (second floor). In January the classes are cha-cha at 9 a.m., followed by Foxtrot at 10. Each class is \$7 per person. The class participants vote on new dance topics every month. Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.

# Leisure Time Dancers

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. The Hustle will be the new dance at 2 p.m., followed by a continuation of the Rumba at 3. Beginners are welcome.

No partner is necessary. The class will rotate so everyone dances. A review of basics is included. The cost is \$8 per person for one class; \$12 per person for two classes in a single day. For more information, contact Nancy Lyons at *nhlyons@icloud.com*.

# **CD Music for Seniors Club**

The CD Music for Seniors Club welcomes all to the new year. The club meets on the 15 at 1 p.m. in Clubhouse 3, even months of the year on the Room 3. All are welcome to

third Thursday of the month. The next meeting is Feb.

ioin. The club distributes free music CD's in all genres to interested members. -Barbara McFall

# Vinyl Rock returns this Saturday to CH 4 at 7 p.m.

GRF welcomes back Vinyl Rock to the weekend dance lineup this Saturday, Jan. 13, in Clubhouse 4 at 7 p.m. All are welcome but guests must be accompanied by the resident who invites them.

Vinyl Rock is an Orange County-based band consisting of eight members who passionately perform classic rock, pop and Motown tunes primarily from the '60s, '70s, and '80s.

The band keeps the audience engaged, inviting them to participate in sing-alongs and by mingling with them on the dance floor. They'll have everyone smiling, singing, swinging and swaying to the songs they

# **Traveling Tigers Club**

The Traveling Tigers will meet on Wednesday, Jan. 17 at noon in Clubhouse 3, Room 9.

The meeting will begin with a potluck, followed by a short business meeting at 1 p.m. Bring a dish to share.



Cabaret Entertainers sponsors the return of Vinyl Rock.

grew up listening to and easily recognize.

Vinyl Rock is sponsored by CabaretEntertainersandisfreeto GRF members and their guests over 18. Leisure suits, Fu Manchu 'staches, mullets and big hair are welcome, but not required.

# Lapidary offers new classes

popularity.

appreciated.

tact kathyt@lwsb.com.

Lapidary will offer two different metal classes on Wednesday, Jan. 17. The 9 a.m. class will be metalsmithing, and the 1 p.m. class will

be copper enameling. Each class is \$15, limited to three attendees. Sign up and pay in the Lapidary Room in Clubhouse 4 as soon as possible.

Want to keep our bands

All concerts are free, but

For more information, con-

coming back? Be sure to sign

in. It's the only way to track their

tips are acceptable and greatly

# Opera Club to present comic opera 'Falstaff' on Jan. 16

Everyone is invited to come and watch Verdi's opera "Falstaff" on Tuesday, Jan. 16, at 2:30 p.m. in the Learning Center of Clubhouse 3. This is a new time based on the room's availability during the first few months of 2024.

'Falstaff" is the last opera by Giuseppe Verdi, who collaborated with his librettist Arrigo Boito in adapting Shakespeare's "Merry Wives of Windsor" and "King Henry IV" to the musical stage. Knowledgeable club member Joyce Bachner will introduce this comic opera with its joyous twists and turns that have delighted audiences for over 100 years.

The production is in Italian with English subtitles. People are invited to wear masks indoors if desired. No dues or fees are collected. For more information, contact Margaret Gillon at Marga*retGi@yahoo com* or 562-370-3844.

# Long Beach Symphony stages "Pictures at an Exhibition"

On Saturday, Feb. 17, at 8 p.m., under the direction of Maestro Eckart Preu, Long Beach Symphony presents an evening filled with music and imagery featuring the works of American composer Florence Price, Dvořák, Mussorgsky and Ravel, and Cécilia Tsan's superb cello.

The concert takes place at the Long Beach Terrace Theater in Long Beach. Tickets and more information is available at: *aabn*. short.gy/ejAzqi, by calling 562-436-3203, ext. 1 or LongBeach-Symphony.org.



Miller's choice was "You're My Best Friend," a hit from Queen. David Noble with his husky voice did "Islands in the Stream." With lots of energy Nina Todorov sang "Blame It on the Bossa Nova." Mariza Joaquin captured the crowd with "I Can Love You Better." For a change of pace Walt Bier crooned "Blue Moon." Vito Villamor sang an easy-going country hit. The moody song "Babylon" was nicely done by Bob Barnum. A delightful "It Might as Well be Spring" was Sally Glausser's selection.

-Margie Thompson

Need help? 24-Hour Nurse: 562-795-6216

\*APY = Annual Percentage Yield. Minimum deposit is \$1,000. Maximum deposit is \$5,000. Penalty for early withdrawal/early closure. Offer is available to new members only in Los Angeles, Orange, Riverside, or San Diego County; the city of South San Francisco; and the city of Alameda, California. Limit one per new member. Fees could reduce earnings on the account. Rate quoted as of 10.24.2023 and subject to change at any time. Offer is subject to change, be revoked, or end at any time. A new Financial Partners Credit Union membership required. © 2023 Financial Partners Credit Union. All rights reserved.

**Federally Insured by NCUA** 

FPCU.org • 844.TRY.FPCU

# RELIGION

# Assembly of God

The Merriam-Webster dictionary defines a miracle as "an extraordinary event manifesting divine intervention in human affairs." Other sources add "inexplicable by natural or scientific laws." The word miracle is often misapplied to mundane things, and yet truly miraculous things that happen every day are overlooked as ordinary. The creative power behind every miracle is Almighty God, who authored the laws of nature and science and set them in motion. Pastor Chuck Franco will share a message titled "Our Miracle-Working God," from John 4:48, this Sunday.

As problems in families and the world continue to escalate, the need for divine intervention becomes clear. Scripture points to the solution, and the miracle may be just around the corner.

The Wednesday Bible study covers session five of "The Rock, The Road and The Rabbi," titled "Mount of Olives: The Triumphal Entry." In just a few short weeks, the study has taken students from Bethlehem and Jesus' birth to the closing days of his ministry. The baby who was worshipped by shepherds and wise men is now greeted with acclamation in Jerusalem, but will be arrested, given a mock trial and crucified within a few days' time. The Mount of Olives is a crucial location of the events in the closing days of Jesus's life and ministry.

LW Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. Information can be found at *www. lwassemblyofgod.com*, and on Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. For more information, contact the church office at 562-357-4360, or *pastorchuck@lwassemblyofgod.com*.

# **Redeemer Lutheran & St. Theodore**

On Sunday, Jan. 14, the congregations of Redeemer Lutheran Church and St. Theodore of Canterbury Episcopal Church will celebrate the Second Sunday after Epiphany.

Jerry Brady will grace the pulpit this Sunday at 10:30 a.m. as preacher and presider. The worship service gathers at 13564 St. Andrews Drive. Carol Costello will be the reader and prayer leader. As always, there will be a collection of canned and boxed food for the hungry.

The second Sunday of January focuses on the Gospel of John and the calling of the first disciples. The interesting thing is that Jesus does no persuading or explaining, although he does answer Nathanael's question. He just says, "follow me." How many of people now would follow some random man who says, "follow me;" even if someone they trusted said he was a good person?

REDEEMER, page 16

# Immanuel Hahnin Church

The members of Immanuel Hahnin Church, believe that the triune God, revealed in Scripture, is alone worthy of worship. Further, Immanuel Hahnin Church believes that God has created people in his image, thereby making communication and relationship with this God possible and natural. People were made to worship.

As Reformed/Evangelical IMMANUEL, page 16



First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine" Romans 1:12.

#### Pastor's Message

This week Pastor Gary Whitlatch will return to 1 Timothy 1:12-20. Included in these verses is a clear message of God's grace, mercy, salvation, strength, and a warning. The apostle Paul confesses his own sinful conduct as foremost of all sinners. He goes on to say he was shown mercy because of the Lord's abundant grace.

All mankind before Jesus is no different than Timothy or Paul. The writer, Paul, twice in chapter 1, mentions having a good conscience. In a personal way, Pastor Whitlatch will share his own longing to emulate Paul's heart and approach, and telling believers who they are and to what they are entitled. Namely the same grace and mercy in Christ. Secondly letting them know what they are to pursue in their walk with Christ and emphasizing verse 12 that so much can and will be accomplished by being found faithful in what can be done, and not being sidetracked by what cannot.

#### Weekend Services

Sunday services, from 9:30-10:45 a.m., are traditional with hymnal music led by Janet Ray with Pat Kogak at the piano. The choir will sing "There's A New Song in my Heart" this week.

Saturday services, from 9:30-10:45 a.m., include contemporary songs of worship, led by Gregory Black with guitar and vocal accompaniment.

#### Midweek Studies

Mellie Herrara leads the women's Bible study every Monday from 9:30-10:30 a.m.

Pastor Whitlatch leads the Tuesday Bible study from 9:30-10:30 a.m.

Pastor Bruce Humes leads the Thursday Bible study from 10:30-11:30 a.m.

Humes also leads the prayer Bible study on Fridays from 6-7 p.m. All are welcome to join any of the Bible studies.

### Scripture of the Week

"Therefore, we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day. For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, while we look not at things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal," 2 Corinthians 4:16-18.

#### Contact

First Christian church is located on Northwood Road behind Carport 125. For more information call 562-431-8810 and leave a message. The call will be returned at the earliest opportunity.

# **Beit HaLev**

Beit HaLev's community prays for Israel, the Israel Defense Forces, the safe return of all hostages and a swift end to the Israel-Hamas war.

In chapter "Va'era" (HaShem appeared), Exodus 7:8-9:35, Moshe and Aharon come before Pharaoh to ask that the Israelite slaves be set free. Pharaoh is obstinate and refuses; the first of the 10 plagues begins with the Nile River changing from water into blood. The ending verses of the Torah reading, the Maftir, describe the devastation of Egypt's crops from fiery hail.

To join the Beit HaLev "Zoomagogue" interactive service, go





(714) 348-8193 FREE NO-OBLIGATION COMPARISON QUOTE.

IvanoffAdvisors.com | 5252 Orange Ave #107, Cypress, CA 90630

es offered by Ivanoff Wealth Management Inc. Guarantees are subject to the financial strength and claims-paying ability of the issuing insurance company. Products and features are subject to state availability.

Scan the QR code to visit our website!

to https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5 VXFDTWtuZHF4K3VxUT09, on Facebook: www.facebook.com/ galityomtov, or on YouTube: https://www.youtube.com/@beithalevlive8816/streams. Services are on Fridays at 5 p.m.

All Beit HaLev services share brand new special prayer books onscreen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi GalitShirah are affiliated with the Union of Jewish Universalist Communities and Clergy (UJUC) and the International Federation of Rabbis (IFR). They are progressive in thought and traditional in liturgy. Services are joyous, meaningful and musical. Everyone is welcome who seeks a path to the Divine. All religions are considered holy and valid.

To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or email *duets@icloud.com*. Beit HaLev does not require a fee for membership, however contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

> Read stories online at www.lwweekly.com



Pastor Sheri Leming

# Faith Christian Assembly

What is it that you are hoping for in 2024? Better health? More money? More stuff from Amazon?

Members at Faith Christian Assembly attempt to ask a better question: What are we praying for in regards to our souls in 2024?

Life brings its share of concerns with each day that passes. But how often do people reflect on the condition of their soul? And what steps are they taking in their daily lives to encourage their souls to flourish to the glory of God? In the current culture, it can be easy to neglect the soul.

Psalm 107:9 says "For he satisfies the longing soul, and fills the hungry soul with goodness."

The word longing originally applied to an animal running in search of food or water. God alone can satisfy the cravings of man's spiritual nature. Every human soul was made in his image. This means a person's soul has a yearning that nothing in this world can satisfy. The soul is fallen and therefore, has need of restoration which nothing finite can accomplish.

A believer's satisfaction can only come from the heavenly father, otherwise it lives unsettled and discontented. The soul's happiness is inseparably connected with obedience to the divine will of God. Anything less only increases a soul's thirst.

Too many are tempted in their longings to turn to this world. But this world cannot give rest. The only way the soul can be satisfied is in being at peace with God. To do the will of Jesus: this is rest. Matthew 11:28-29 says, "Come to me, all you who labor and are heavy laden, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls." Faith Christian Assembly is located on the corner of Seal Beach Boulevard and St. Andrews Drive at 13820 Seal Beach Blvd., Seal Beach. To receive a free copy of the newsletter and for more information on the church, visit www.fcachurch.net or call 562-598-9010.

# **LW Baptist**

LW Baptist meets at 10 a.m. on Sundays in Clubhouse 4. This week celebrates the privilege of God's people to serve the Lord.

The Bible tells believers, "You know that you will receive an inheritance from the Lord as your reward, so serve the Lord Christ." One of the many ways God has his people serve, is in interceding for others in prayer. All God's people are priests, holy or set apart to perform this privilege for God and his people. Through prayer they accomplish much for God'skingdom, because he has chosen to get things done in this way using

humble, human channels of his grace. For more information

about the church, call 562-430-8598.

Thuy Do (I) stands next to her portrait of the holy family made of glass.

# **Holy Family Catholic Church**

Dec. 31 was the Feast Day of Holy Family, which is the feast day of LW's Holy Family Catholic Church parish as well.

The Feast of the Holy Family of Jesus, Mary and Joseph is normally celebrated on the Sunday after Christmas. This feast developed at the beginning of the 19th century in Canada and then spread to the entire church in 1920. At first, it was celebrated on the Sunday after Epiphany. It is a feast that seeks to portray the Holy Family of Nazareth as the "true model of life" (cf. Opening Prayer) from which families can draw inspiration and know where to find help and comfort.

The church celebrated with delicious apple cider and cookies after the mass.

Parishioner and artist Thuy Do gifted the church a beautiful portrait of the Holy Family made of glass.

# OrthopedicCare.



Providing Minimally Invasive Orthopedic Treatment to the North Orange County/ Greater Long Beach Area

The LW Weekly 562-430-0534

When joint or muscle pain keeps you from moving freely, lean on the orthopedic specialists at Los Alamitos Medical Center. We provide patient-centered treatments, such as:

- Outpatient joint replacement surgery
- Robot-assisted partial and total knee replacement
- Knee arthroscopy
- Shoulder surgery





Learn more and find an orthopedic specialist at LosAlamitosMedCtr.com/Ortho



20% off first bill up to \$100 for Leisure World residents when you mention this ad!

# • Home Instead SENIOR CARE

#### PERSONAL CARE | MEMORY CARE HOSPICE SUPPORT | MEALS & NUTRITION

**562.448.5200** HomeInstead.com/275

Each Home Instead Senior Care Franchise is independently owned and operated. © 2020 Home Instead, Inc. HCO#194700062

# Community Church

This week is the second Sunday in the Season of Epiphany. The season of Epiphany is often overlooked as so much emphasis is given to Christmas. Community Church is intentionally focusing on the season of Epiphany this year to bring greater emphasis to the love that God gave to the world in the birth of Jesus. The Epiphany—the gift of God to people before they have done anything to deserve God's love—is the core of who believers are. Many have called Community Church the friendly church, but it's about more than friendliness; it's a passion for being the love of God in the world. All are invited to attend the service.

Sunday worship is at 9:50 a.m. at 14000 Church Place, followed by a time fellowship and light refreshment. Come early for a cup of coffee in the narthex.

People may also watch services live on Facebook, @*CommunityChurchLeisureWorld* or on Zoom. Contact the church office for the Zoom link.

Those who are in need without another way to address it may call the church office to leave a message at 562-431-2503.

# Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum on the second and fourth Sundays.

Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.



People would have questions for him: why? Where are you going? What are you doing? Who are you? But that isn't what happens. Nathanael comes out with a declaration of faith instead. This is why Jesus is different. Those who follow him see that difference. Believers see beyond the human and see the divine. While believers may not know exactly where they are going or what they will be doing, they are willing to follow him to find out. It will not be easy but always interesting.

IMMANUEL from page 14

# Leisure World SEAL BEACH

# PROPTIA NEW GATE ACCESS SYSTEM

# **GRF VISION AND MISSION**

# **OUR VISION**

Our vision is to empower the community through advanced security and convenience, as we introduce and implement a new era of the gate access system.

### **OUR MISSION**

We are dedicated to enhancing security, streamlining access, and elevating the quality of life for LW residents. Through meticulous planning, technological excellence, and community engagement, we strive to create an environment where everyone feels secure and enjoys a harmonious living experience.

# THE POSITIVE IMPACT

### **1. ENHANCED SECURITY**

The new system allows residents to restrict and control authorized entries and keep community safe.

**2. IMPROVED SAFETY** A gated access system creates a safer environment by regulating traffic flow within the community.

### 3. CONVENIENCE FOR RESIDENTS

Reduced amount of time residents spend waiting while entering and leaving the community.

# 4. VISITOR MANAGEMENT

Convenience of monitoring and granting the access through Proptia portal.

### 5. POTENTIAL INCREASE IN PROPERTY VALUE

The presence of a robust gate access system can potentially increase property values, and attract future homebuyers and renters who prioritize safety and security.

# **REGISTERING GUESTS AND GRANTING VISITOR ACCESS**

### **DESKTOP OR MOBILE APP**

Residents can register and manage their vendors and guests through a desktop portal or Proptia mobile app available for download from Apple App Store or Google Play. **CALL SECURITY** (562) 594-4754

# **PROPTIA PASS TYPES**

# **PERMANENT GUEST PASS**

Residents can select up to four people as permanent guests, who will be issued a paper pass by Security.

# **TEMPORARY GUEST PASS**

Residents can request (from Security) a one-day guest pass for people who are not on their permanent guest list.



### **VENDOR PASS**

This is a temporary one-day paper pass issued by Security to vendors and service providers.

# **RFID TAG (Radio Frequency Identification)**

A vehicle RFID tag is an electronic sticker that is placed on a headlamp and used to gain access to the community's gated vehicle entrance. An RFID-powered sensor will wirelessly read these stickers, verify the driver's identity, and grant access.

# **PROPTIA PORTAL ASSISTANCE**

### UPCOMING USER TRAINING EVENTS

When: Wednesday, Jan. 17. Time: PowerPoint presentation, 10 a.m. Where: Clubhouse 4.

### CONTACT GRF CUSTOMER CARE

(562) 431-6586, ext. 0.

When: Thursday, Jan. 18. Time: One hour training sessions between 10 a.m.-2 p.m. Where: Clubhouse 3 Learning Center (near the Sewing Room).

# **VISIT US ONLINE**

www.lwsb.com

Golden Rain Foundation | Leisure World Seal Beach | January 2024

Christians who emphasize the lordship of Christ over all of life, church members believe worship is not limited to a couple of hours on Sunday. The Bible also speaks more narrowly of what might be called the official, public worship of the gathered

community. Immanuel Hahnin Church meets in Clubhouse 3, Room 4, at 10:30 a.m. each Sunday. All are welcome to attend the service, which has a traditional hymnal and lunch served after worship. Starting this March, the LW Open Bible College is held each Wednesday at 10 a.m. in Clubhouse 3, Room 4.

Those who have a pastoral need or prayer request can call Pastor Han at 310-748-2595 or *email figtrees123@gmail.com*.

# HEALTH & FITNESS



Joyful Line Dance members practice familiar steps under the guidance of Gina Baik on stage.

# Learn to dance and make friends on Thursdays in CH 2

oyful Line Dance Club meets on Thursdays in Clubhouse 2 from 10:30 a.m.-12:30 p.m. with a special class for newbies from 10-10:30.

After the beginners' class, the first hour of the class offers easy to follow dances for all levels. After a brief break, one of the leaders guides the class to more advanced, familiar dances learned in the past few months. The club has many leaders

who take turns teaching. They are Albert and Gladys Comia, Carmel Atkinson, Chung Cha Lewis, George Pinada, Gina Baik, Karen Kei, Nak Soo Kim, Elizabeth Kim, Sunny Kim and Anna Derby.

The club will also introduce new dances this month, including Maria Merengue, Jim Reeves Waltz, Papa, Lonely Drum, Sugar Sugar, Desire (Barem in Korean), and The River of

Babylon.

All attendees are asked to sign in with their name, Mutual and unit number before the class. January is the annual membership registration month. Everyone is welcome to join with the minimal membership fee. Exercise or dancing shoes are recommended.

For more information, call Anna Derby at 562-301-5339. —Anna Derby

#### LW FITNESS CENTER



Pool and gym attendants Al Lopez (I-r), Chris Abel and Jeff Burnett hold each other accountable in their spare time by lifting weights at the LW Fitness Center.

#### **OPTUM HCC**

# Regain strength and confidence with Reneu Health beginning Jan. 12

Reneu Health will have a free 12-week fall recovery program every Friday, from 11 a.m.-12:30 p.m. in Optum HCC Conference Room beginning Jan. 12 through March 22.

People will learn how to improve balance and strength, and gain confidence in performing physical activities. In addition, homework will be assigned.

#### STRENGTH, page 18

# **Meals on Wheels** Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk.

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

### Thursday, Jan. 11

Beef lasagna, whole grain dinner roll, broccoli and cauliflower, chef's special cake, ham and cheese sandwich with lettuce, tomato and pickle, and carrot and pineapple salad.

Friday, Jan. 12



December top loser Darleen Gardner

Wa-Rite



Herb-roasted chicken breast with honey mustard sauce, brown rice, seasoned carrots, green bean almandine, fresh orange, chicken Caesar salad with lettuce, cheese, croutons, Caesar dressing and crackers.

#### Monday, Jan. 15

No service. Closed in observance of Martin Luther King Jr. Day.

#### Tuesday, Jan. 16

Beef teriyaki, brown rice, oriental vegetables, apple, chicken salad sandwich with spinach and tomato, and homemade macaroni salad.

#### Wednesday, Jan. 17

Herb-roasted chicken breast, mashed sweet potatoes, seasoned cauliflower, fresh pear, roast beef and cheese sandwich with lettuce, tomato and pickle and homemade potato salad.

Wa-Rite meets on Friday mornings in Clubhouse 3, Room 1. Weigh-ins are from 8:15-8:45. The meeting is from 9-10. Guests are encouraged to arrive by 8:40.

At its last meeting of the year, Dec. 29, Wa-Rite acknowledged Darleen Gardner for the most weight loss in December. This was her second top loser title. Gardner attributes her success to sticking to her program and goals.

It was also a meeting for members to share accountability, weight loss experiences and make plans for the future, with the focus on recommitment rather than regret.

Moving forward, the club's nominating committee continues to work at full speed. The WA-RITE, page 18

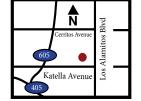
#### VINYL/WATERPROOF CARPET/RUGS HARDWOOD TILE



# WWW.BIXBYPLAZA.COM

Licensed, Bonded • Contractors #347062

*y*// ((47)



#### 562-493-3678 Monday-Friday 10-6 Sat 10-4 10831 Los Alamitos Blvd. Los Alamitos - Next to Ameci's

NG TR



714-847-2828 Monday-Friday 10-6 Sat 10-4 19062 Goldenwest St. Huntington Beach 92648

# Improve balance and prevent falls with physical therapy

egistered physical therapist Dorothy Ulit, from Optum's Physical Therapy facility, will hold The Importance of Physical Therapy in Fall Prevention workshop on Thursday, Jan. 25, at 1 p.m. in HCC Conference Center.

This free presentation will cover the reasons why people see a physical therapist and their benefits. The majority of Ulit's patients come to her due to a fall. A physical therapist's goal is to reduce the chances of falling through combinations of exercise, stretches, handson techniques, and equipment to restore function or relieve pain. She then creates and updates a personalized treatment plan, modifies it as needed, and records the patient's progress.

Ulit will also address the treatments and solutions to reduce the need for surgery and/ or prescription drugs.

> To RSVP, call 562-795-6255. —Janice Friedland



nd Dorothy Ulit

# SOMANG SOCIETY

# Healthy Aging Seminar Jan. 16

The LW Somang Society will host a normal aging vs. warning signs seminar on Tuesday, Jan. 16, from 10-11 a.m. in Clubhouse 3, Room 2.

This event will be held in Korean.

For more information, call YoonJae Lee at 562-977-4580.



#### **BICYCLE GROUP**



Last week, the Bicycle Group members Pat Gunter (I-r), Violet Fitzgerald, Mary Romero and Carl Kennedy stopped for breakfast at the Beach House in Seal Beach before the rain. The group meets on Sundays with breakfast, Mondays, Wednesdays, and Fridays at the North Gate at 9 a.m. Helmets and safe shoes are required. For more information, call Mary Romero at 562-5089-8475.

# Water Aerobics

Everyone is welcome to attend the water aerobics class daily, from 8:30-9 a.m., at the LW swimming pool. Classes are free, fun, and offer fundamental water calisthenics. People can wear bathing suits, or t-shirts and shorts.

Studies show aquatic exercise improves balance and strength in older adults and allows them to keep up with daily activities and improve their mental outlook as they remain independent and active.

# **Meals on Wheels Orange County**

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

#### Thursday, Jan. 11

Pork carnitas bowl, tomato cilantro rice, Fiesta vegetable mix, tortilla, sour cream (one pack), seasonal fresh fruit.

#### Friday, Jan. 12

Barbecue McRib on French roll, barbecue sauce (one pack), baked beans, collard greens, apple pie or fresh fruit (diet).

# Monday, Jan. 15

No service. Closed in observance of Martin Luther King Jr. Day. **Tuesday, Jan. 16** 

Macaroni and cheese, diced tomatoes, carrots, breadstick (one pack), sugar-free apple crisp, and orange pineapple juice.

#### Wednesday, Jan. 17

Turkey pot roast with gravy, mashed potatoes, green beans, and sugar-free fruited gelatin.

# Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year.

For more information, call Tom Pontac at 562-304-0880.

# STRENGTH from page 17

Classes will consist of a general exercise portion and an individual customized exercise portion to target each person's specific needs. Class size is limited to eight people. Once capacity is reached, there will be a waiting list for the upcoming class. Proof of official

to help you achieve your goal.

Visit or call us to learn more details!





Agnes & Scarlet RF microneedling Available to help tighten your skin and remove stretch marks during and after weight loss process

> 3855 Atlantic Ave., Unit #A Bixby Knolls 562-349-0239 noveluwellness@gmail.com

noveluwellness.com

class registration is required for attendance. Classes will be offered for as long as residents are interested in learning more about regaining balance, strength and confidence.

Anyone who has fallen before or has a fear of falling again that prevents them from performing daily activities, and people who walk with or without assisting devices are welcome to attend this program designed by Reneu Health kinesiologists.

For more information and to register, contact GRF member Resources Liaison Robann Arshat at 562-431-6586, ext. 317.

# WA-RITE from page 17

club's officer elections will be on Jan. 26. \$10 annual membership fees were due Jan. 5. Presentations will start Jan. 12.

LW female residents looking for support to get rid of the stubborn last few pounds are welcome.

#### *—Denise Stabile*

LW Weekly newspapers for people who are hearing or vision impaired are available at www.lwweekly.com

# **Professional Services**







BOB REPNARD

Owner

Bauha Caspeta Inc

CA Contractor Lie. #748/11

DBA 868 Corpets & Floor









- · Electric (Recessed light)
- Patio Enclosures
- Room additions Counter Top

Free Estimates / Excellent References

Quality Craftsmanship / Innovative Design

714-900-0307 949-246-7960(CELL)

LNScoreconstruction@gmail.com



For More Information, Call 949-773-2433 (CHEF) www.ChefsForSeniors.com

# Alpine **Heating & Air Conditioning**

Specializing in Serving Leisure World Residents

#### We service MITSUBISHI & install **HEAT PUMPS**

**Free Installation Estimates** Sales • Repair • Installation

**Lowest Prices In Town** All Work Guaranteed

714-901-0552

Cal. St. Lic. # 719734

# **Professional Services**





mp.construction2@aol.com

562-746-5400

Lic.# 954725



All home improvements

Quality work

Beautifying Leisure World for over 20 years

Marco Garcia General Contractor 562-726-2476



# Married or Single \$899<sup>00</sup>

First Time Clients. Simple Estates. Living Trust & Pour-Over Will Health Care Directive Financial Power of Attorney

 OTHER SERVICES

 + Probate Administration

 + Trust Modification

 + Small Estate Affidavits

 + Legal Name Changes

 Service Includes:

 • Two visits w/office

 • 25 YEARS' EXPERIENCE

 • AFFORDABLE FEES

 Web site: www.amstrustlaw.com

# (714) 899-9671

Law Offices of Allan M. Soto, Inc. 7960 W. McFadden Ave. • Westminster, CA 92683

# Cribbage Club plays Tuesdays

The Cribbage Club meets every Tuesday in Clubhouse 1 at noon. Refreshments are served from noon to 12:15 and anyone arriving by 12:15 is assured a place to play. A total of seven games are played beginning at 12:30.

The club thanks Suzanne Frank, who provided the group with cake and ice cream in celebration of her birthday. Frank and Candy Meyers served everyone the refreshments.

Winners of the week include: Russ Gray, 837, first place; Jack Hawn, 834, second; Bea Lissow, 831, third; Patti Smith, 830, fourth. Myrna Losquadro finished with six 121s.

For more information, con-



Suzanne Frank

tact Marilyn Chelsvig at 562-279-5665. New members are always welcome to join. -Marv Holder

Do you want to see your sports or game club represented in LW Weekly? Club presidents: email paulk@lwsb.com.

# **Duplicate Bridge Club**

The Leisure World Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the signup sheets. Players can call Linda Nye at 562-453-6678 or email her at *yuelingnye@yahoo.com* no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

Dec. 29 winners (seven tables): Sibyl Smith and Diane Schmitz, and Howard Smith and Fred Reker, north/ south; Kathy Jervik and Priscilla Caillouette, and Lynn Danielson and Larry Topper, east/west.

The club congratulates the winners and thanks all the players who participate and support the club.

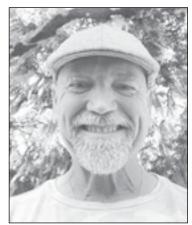
For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at www.acblunit557.org and click on Leisure World Results.

For more information contact Howard Small at 516-659-3314 or howard.small@outlook.com.

*—Sue Fardette* 

LW Weekly newspapers for people who are hearing or vision impaired are available at www.lwweekly.com

#### PICKLEBALL PLAYERS **CLUB**



Ivan Painschab, Pickleball Players Club president

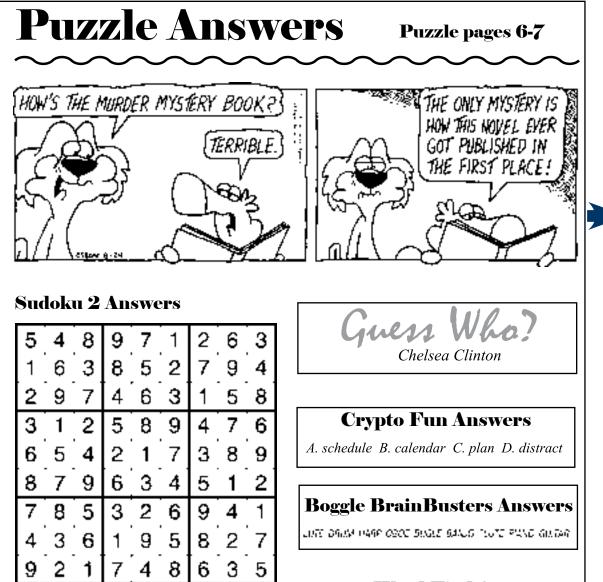
The Pickleball Players Club monthly meeting will be held on Sunday, Jan. 14 at 6:30 p.m. at Clubhouse 2. Members should RSVP by email or on the Team Reach App.

For more information, send an email to: *lwsbpickleballclub@* gmail.com.

| SCF              | <b>RAF</b> | BL  | EG                  | 5 R | AļM | ्\$् अव | 5L U | кон       |
|------------------|------------|-----|---------------------|-----|-----|---------|------|-----------|
| [ <b>P</b> ] [1] | N.         | F   | [O·]                | [L] | D/  | RAÇK I  | -    | 76        |
| T. A.            | P          | Ţ.  | 0                   | C.  | A-  | RAGK 2  | -    | 61        |
|                  | G.         | H   | T.                  | E-  | N:  | RACK 3  | •    | <u>51</u> |
|                  | H          | Ţ.  | $ \mathbf{R}\cdot $ | E.  | D.  | RACK 4  | -    | 69        |
| W A              |            |     |                     |     |     |         |      |           |
| FAR SCOR         | • •        | • • |                     |     |     |         |      | 329       |

### **Crossword Answers**

| U | LU                | 1010 | , , , | U  |   | 11 |   |    | · · |   |   |   |   |   |   |   |   |   |   |   |
|---|-------------------|------|-------|----|---|----|---|----|-----|---|---|---|---|---|---|---|---|---|---|---|
| А | М                 | А    | Ν     | А  |   | Е  | Т | А  | S   |   | S | Т | U | в | S |   | В | А | R | Е |
| R | I                 | G    | 0     | R  |   | L  | А | R  | А   |   | Ρ | 0 | S | - | Г |   | 0 | R | А | L |
| I | R                 | А    | Т     | Е  |   | С  | L | Е  | М   |   | А | М | Е | z | А | Т | W | 0 | R | Κ |
| Ш | Т                 | Т    | А     |    | Ρ | Ξ  | Е | А  | S   | А | Ζ | Т |   | G | R | А | S | S | ш | S |
| S | Н                 | Е    | L     | Т  | L | Е  | S |    | А   | R | G | 0 | Ν |   | S | L | 0 | Е |   |   |
|   |                   | к    | 0     | А  | L | А  |   |    |     | А | L | М | А | Υ |   | С | U | в | Е | S |
| А | W                 | Е    | Т     | н  | Е | Ρ  | Е | 0  | Р   | L | Е |   | н | Е | Ν |   | Т | U | Т | U |
| R | 0                 | Е    |       | I  | S | 0  | L | D  | Е   |   |   | R | U | R | А | L |   | D | А | М |
| н | 0                 | Ρ    | S     | Т  | 0 |    | М | Е  | Ν   | S | R | Е | А |   | Ν | 0 | D | S | Т | 0 |
| А | D                 | Е    | L     | 1  | Ν | Е  |   |    | _   | W | Е | Ν | Т | S | 0 | L | 0 |   |   |   |
| Т | Υ                 | R    | А     | _  |   | А  | В | 0  | D   | Е | W | Е | L | L |   |   | Е | А | S | Т |
|   |                   |      | Ρ     | н  | А | R  | 1 | S  | Е   | Е |   |   |   | R | Е | D | R | I | С | Е |
| С | Н                 | А    | S     | Е  | S |    | S | А  | Ν   | Т | А | Ν | А |   | Ρ | Е | R | S | 0 | Ν |
| R | Е                 | М    |       | М  | T | S  | Т | Υ  |     |   | R | А | D | T | А | L |   | L | U | D |
| I | R                 | Ι    | S     |    | S | I  | R |    | А   | М | А | S | S | Ν | U | М | В | Е | R | S |
| В | А                 | S    | I     | С  |   | Ν  | 0 | L  | T   | Е |   |   |   | С | L | А | R | 0 |   |   |
|   |                   | Н    | В     | А  | R |    | S | Е  | R   | Т | А |   | S | н | Е | R | Ι | F | F | S |
| D | Е                 | М    | Е     | Т  | Е | R  |   | S  | L   | А | М | Ρ | 0 | Е | Т |   | 0 | D | I | Ν |
| А | W                 | А    | R     | Е  | Н | 0  | U | S  | Е   |   | В | I | А | S |   | J | С | 0 | L | Е |
| D | Е                 | S    | I     |    | А | Ρ  | S | Е  | S   |   | Е | С | R | U |   | 0 | Н | G | Е | Е |
| 0 | S                 | Н    | А     |    | В | Е  | А | Ν  | S   |   | R | А | S | Ρ |   | В | Е | S | Т | S |
| S | nd                | lo   | kτ    | 1] | A | h  | S | ve | P   | 5 |   |   |   |   |   |   |   |   |   |   |
|   | 6 5 1 3 9 7 8 2 4 |      |       |    |   |    |   |    |     |   |   |   |   |   |   |   |   |   |   |   |



| 8 | 2 | З | 5 | 4 | 1 | 6 | 7 | 9 |
|---|---|---|---|---|---|---|---|---|
| 7 | 9 | 4 | 8 | 6 | 2 | 1 | 5 | З |
| 2 | 4 | 7 | 1 | 8 | 6 | З | 9 | 5 |
| З | 6 | 9 | 4 | 7 | 5 | 2 | 1 | 8 |
| 5 | 1 | 8 | 2 | З | 9 | 7 | 4 | 6 |
| 9 | 8 | 6 | 7 | 1 | 4 | 5 | З | 2 |
| 1 | З | 5 | 9 | 2 | 8 | 4 | 6 | 7 |
| 4 | 7 | 2 | 6 | 5 | 3 | 9 | 8 | 1 |

The Basic Rules of Sudoku: • There is only over the line of the second second

The Basic Kules of Sudoku: • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all \$1 boxes contain numbers and the other Sudoku rules have been followed. • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-bers in the course of the game. • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a

Each column must con in be the same. contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku

Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sud puzzle can be the same.
 Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

# **Jumble Answers**

CROAK DIRTY DOUBLE PREITY He used to comb his hair to one side before his hair – DEPARTED

|   |   |    |   |   |   |   |   |   |   |   |   | W | ord  | l-Fi | ind | An | ISW | ers |
|---|---|----|---|---|---|---|---|---|---|---|---|---|------|------|-----|----|-----|-----|
| М | 0 | М  | Х | Е | Ε | Т | Α | G | Е | L | Е | D | U    | Y    | Α   | Х  | V   | М   |
| 0 | Ν | Ν  | Ζ | Е | Ρ | Т | М | Т | G | F | F | Е | D    | R    | Α   | С  | Α   | D   |
| Ρ | Х | Ι  | С | 0 | Κ | С | Υ | Ζ | F | V | Κ | Е | L    | E.   | Α   | U  | Р   | Υ   |
| Т | С | Α  | Т | Ν | 0 | С | Ρ | L | D | Ι | Н | М | U    | D    | S   | Ζ  | Ρ   | Α   |
| D | С | L  | R | Е | V | Ζ | R | L | R | С | L | Y | Ν    | A    | Y   | F  | 0   | Ι   |
| Н | S | Ι  | М | Ρ | 0 | R | Т | Α | Ν | С | E | E | T    | S    | G   | Ν  | I   | R   |
| Н | Υ | Т  | Ι | R | 0 | Ι | R | Р | D | В | G | S | S    | S    | Τ   | D  | Ν   | Т   |
| Α | I | U  | М | Α | K | Α | В | X | U | Α | Κ | Е | - L- | Ι    | Χ   | Κ  | Т   | L   |
| E | L | Ν  | K | E | Ι | Ζ | G | V | F | L | Т | U | Κ    | S    | E   | Τ  | Μ   | D   |
| S | E | Α  | T | G | Ν | Ι | Ν | Α | Е | L | С | L | М    | Т    | Т   | Ν  | E   | Е   |
| R | E | T  | N | E | N | Ζ | D | Α | E | L | М | Α | М    | Α    | Ν   | Е  | Ν   | 0   |
| Е | F | Ν  | I | С | G | E | Н | Ρ | Р | Υ | Κ | V | Κ    | Ν    | 0   | Μ  | Т   | Ν   |
| D | U | S  | I | N | E | R | L | Н | L | G | В | R | Ν    | С    | С   | Е  | Ρ   | В   |
| Ν | R | М  | R | L | G | С | A | U | E | Α | Α | V | S    | Ε    | Ν   | G  | L   | Υ   |
| Ι | Ζ | Ρ  | 0 | K | D | T | G | T | D | U | Ν | R | R    | V    | R   | Α  | Т   | U   |
| М | Е | Χ  | Н | Τ | Z | Α | 0 | Α | I | E | T | Ν | L.   | Х    | L   | Ν  | Ν   | R   |
| Е | Ζ | Н  | С | T | I | V | E | V | L | 0 | H | 0 | E    | Y    | L   | Α  | F   | S   |
| R | L | Χ  | Х | Н | Ν | М | Ť | D | 0 | F | N | С | М    | R    | В   | М  | В   | н   |
| F | Р | Τ. | Ρ | E | E |   | F | T | R | R | B | N | S    | H.   | G   | N  | G   | Y   |

D S K S A T N K R T I E Z I N A G R O



D Κ E S A Α В M S L Α

> 0 G

G

G

F

D

Α

Н

С



Shuffleboard Club revelers rung in the new year with lots of laughs.

# Shuffleboard Club revelers celebrate new year

The Shuffleboard Club's last party of the year had all the elements of its other parties throughout the year-friendly faces, warm welcomes, great decorations and food, and lots of laughs. Zoe Pickell and Sandy Derouin greeted people as they came in the door to make them feel at ease. Members and guests immediately played a getacquainted game, asking each other personal questions until a few people got all the right answers. The game encouraged both newcomers and more experienced members as well as morning and evening league members to mingle. The win-

ners received a hand painted rock, created by member Karen Mendon.

After hefty refreshments, Roger's Bennett's version of "Play on the Line" commenced, with 25 people playing two games each for \$1 a game. The first place team winners received a cash prize of \$16 from the proceeds. At 8 p.m. sharp, the group was asked to visualize a large crystal ball hanging down in the middle of the courts to begin the traditional New York City New Year's Eve countdown. Member Doris Morgan rang a cow bell 10 times until the countdown was complete. Members blew their horns and officially toasted in

the New Year and assembled for a picture.

The new year brings this same lively crew together for league play which has already begun, with five teams of seven members playing on Tuesday nights and four teams also with seven members playing on Friday mornings. Both leagues are geared up for some good fun, competition and camaraderie in 2024. The first round of game scores will be included in next week's article.

For more information regarding membership, contact Patty Peterson at 562-714-7072.

*—Barbara Gardner* 

# LW Women's Golf Club

Thirty-three women participated in the weekly nine hole golf tournament at Turtle Lake Golf Course on Jan. 2. Play for the day was low gross, low net and circle hole No. 2. No one got their tee shot to land in

the circle. A flight winners: Low gross: Veronica Chang, 28; low net: Jessica Choi, 2.

B flight winners: Low gross: Sang An, 28; low net: Grace Choi, 23.

Cflight winners: Low gross: Eullia Kimm, 33; low net: tie

between Patti Littrell and Sue Yokomi, 26.

D flight winners: Low gross: Kay Hong, 37; low net: Sue Elliot, 24.

> Any woman interested in joining the Women's Golf Club should stop in at the starter shack and get an application. Weekly tournaments are every Tuesday morn-

ing. Join in the fun and camaraderie.

Come out an enjoy the beautiful golf course.

-Linda Herman



Saturday Social Bunco Club Dec. 23 winners: Mary Newport (I-r), Darlene Brideau, most buncos; Kathy Rapp, most wins; Susan Rose, most babies; Barbara Gardner, most losses; Susan Hopewell, door prize.

The Saturday Social Bunco Club meets on the second and

fourth Saturdays of the month. The next meeting will be Jan. 13 in Clubhouse 3, Room 1. Play begins at 1:30 p.m. For more informa-

# Saturday Social Bunco Club

tion, contact Susan Hopewell at 562-430-6044.

# Scrabble Club welcomes new members to play

The Leisure World Scrabble Club meets every Wednesday from 1-4 p.m. in Clubhouse 3, Room 5. New members are welcome.

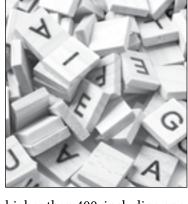
The club met on the first three Wednesdays of December and on the first Wednesday in January.

There were 25 scores above 300 (including five that were higher than 400). Also, there were 25 bingos (i.e. the use of all seven tiles in one move.)

Bob Ruderman led with nine bingos and five scores above 300. Three of those scores were

**Pinochle Club** 

from noon-4 p.m.



higher than 400, including one of 451.

Diane Seeger and club president Larry Edgar each had five

scores above 300. Their best scores were 375 and 373, respectively. Seeger had two bingos.

Jim Schneiderman had four scores higher than 300 and three bingos. His best total was a 379. Donna Perkins had two scores above 300, one bingo, and a top score of 343.

Sylvia Makus, Wanda Bemben, Maria Giegerich and Myrna Losquadro each exceeded 300 once. Their respective scores were 383, 343, 303, and 325. Makus had one bingo.

*—Larry* Edgar



#### LANDSCAPING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/ Fertilization/New-Lawns/etc.My services available to every Mutual. State Contractor License 779462. Honest-and-Reliable. Call/562-863-7739, 562-743-3832 or 714-527-1172 Exp 2/14/2024

#### HANDYMAN SERVICES

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001 Exp 7/24/2024

# PAINTING

Painting FREE-ESTIMATES. 1-room OR entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 1/31/2024

CORY GEE PAINTING State Contractor License 1049257 (Bonded and Insured). Interior and Exterior, Cabinets/ Drywall/Texturing/Acoustic-Ceilings, Senior-Discounts 714-308-9931. Exp 4/03/2024

Call/562-596-0559 LW DECOR INC. Premium-Paints. Interiors/ Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. 40+/Years in LW. State Contractor License 723262. Exp 4/03/2024

Bel-Rich PAINTING. Small-Jobs, Bathrooms, Walls, Gates &

Nita Dixon, 9,640, fourth.

Dec. 28 winners: Nancy Wheeler, 12,030, first place; Nita Dixon, 10,970, second; Alma Zamzow 10,660, third;

fourth.

#### Rodgers, 13,140, first place; Peggy Kaspar, 12,530, second; Julia Froise, 10,900, third; Donna Gorman, 10,850,

Perkins, 11,230, first place; Roberta Johnson, 11,040, second; Gayle Colden, 10,240, third;

The Pinochle Club meets

Dec. 23 winners: Irene

on Mondays, Thursdays and

Saturdays in Clubhouse 1

Rogell Van Wyk, 10,560 fourth. Dec. 30 winners: Curt at 760-427-2731.

For club information, contact Antonia Zupancich

#### **TABLE TENNIS**



Table tennis is available on the first floor of Clubhouse 6. The Table Tennis Club offers lots of play options. Look for information and sign-up sheets by the tables.

# **Chess Club**

The LW Chess Club meets every Friday in Clubhouse 3, Room 7, from 1:30-5:30 p.m.

Keep Alzheimer's and dementia at bay by practicing this strategy game, proven to improve short and long-term memory, critical thinking skills and cognitive function. People are encouraged to bring one or more friends and enjoy the moment. Men and women are welcome.



# CLASSIFIEDS

#### LEISURE WORLD HELPING LEISURE WORLD

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Contact Diane Hart 714-955-2885.

"ROLLIN THUNDER" GOLF CART CLUB Offering FREE advice on buying

and selling of your Golf Cart. Also batteries and Safety Flags. 562-431-6859

### **BEAUTY SERVICES**

Tammy Nguyen Phenix Salon. Service in private suite. Onecustomer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/ Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 3/13/2024

#### COMPUTERS

FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License CIP0001. Exp 1/22/2025

JOHN'S COMPUTER & TV SERVICES (562)-733-9193 All things computer related, LW-Resident Exp 1/24/2024 SB License FUH0001

#### **TV SERVICES**

JOHN'S TV & COMPUTER SERVICES (562)-733-9193 All things TV related, LW-Resident Exp 1/24/2024 SB License FUH0001

#### HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/ Doctor-Appointments/Errands/ Available\_24/7. 949-899-7770. SB Business License HEL0006. Exp 3/13/2024

CHRISTIAN HOME CARE Experienced, knowledgeable caregivers.Honest/Assertive/ Fluent-English. Hourly/Full-Time,doctor-appointments, errands.Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 1/31/2024

### HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 Exp 3/13/2024

MOVE-IN, MOVE-OUT. WALLS, FLOORS, WINDOWS PHIL 562-881-2093. OVER 30+ YEARS EXPERIENCE! SB Business License AB0001 Exp 2/07/2024

GENERAL HOUSEKEEPING, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 1/24/2024

Maria House-Cleaning We'll make your house look NICE-as-possible! 15+/years experience. We can work with/ your schedule. Bi-weekly/ Monthly. Deep-cleaning. Call/Text/714-496-2885. SB Business License HER0008 Exp 1/24/2024

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days/call anytime! Complete-cleaning. 562-505-1613. SB Business License M0001A. Exp 3/06/2024

Albert and Patricia House-Cleaning. Weekly/Bi-Weekly/ Monthly. (562)-397-4659, (323)-413-0830. SB Business License 14206409. Exp 3/06/2024

# **AUTOS WANTED**

ANY KIND OF CAR Cars/Motorcycle/Truck, runningor-not. We are local, call anytime! We pay cash and remove promptly! We do DMV & Release-of-Liability for you! Bonded/Licensed, since **1985**! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 3/13/2024

#### AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS Installed at your residence. Call Frank/(562)-743-3832. State Contractor License #779462. Exp 2/14/24

2008 Toyota Prius, 175,000/miles, Original-Owner, No-Accidents, Runs good.\$4,500 (805)8012167.

#### ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/17/2024

#### **GOLF CART TIRES**

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business

#### MISCELLANEOUS FOR SALE

Selling E-Bay store at 50% off. If purchasing single-item-only; a free-item comes with/single-item. Camera/Coins/Comic-Books/ Miscellaneous-Items. 9:00am-2:30pm. Call/562-594-3975/by-Appointment-ONLY. Exp 1/17/2024

• GOOD CELLO (4/4 size). • Beautiful sound. Good • condition/price. Bow/case/ • wooden-stand-included. • Life-is-the-Sound-of-Joy! • Never-too-late-for-NEW-• Challenge. PLEASE-give-• us-a-call/626-362-4963.

Estate Sale. January/15th through 18th. 10:00am-4:00pm. 1841 McKinney Way/Mutual-15/Unit-24A. Cliff at 562-412-4340.

ESTATE SALE. 13240 Twin Hills Drive/Mutual-12/Apartment-44F, Friday/January-19th and Saturday/ January-20th, 9:00am-3:00pm. Furniture/Dining-Table/Couch/ Bedroom/Household-Itemsincluding-Appliances/Clothes. 562-256-6005. Exp 1/24/2024

Estate Sales by Jennifer and Denise. Thursday/January-11th, 9:00am-2:00pm. 1440 Northwood Road. Mutual-10/Apartment-242K. You do NOT want to miss this amazing ONE-DAY-SALE. This is the home of an artist, creator and collector of very unique beautiful and colorful things! Books/Vintage-Furniture/ Kitchen-Items/Tools/ Dehydrator/Vintage-Sewing-Machines/Sculpting-Tools/ Oxygen-Generating-System-(OG 15)/Pook Turkhard (OG-15)/Rock-Tumblers/ Art-Sculptures/Beads/ Jewelry/Blankets/Gem-Stones/Smart-TV/Folding-Chairs and much more. For entry through Leisure-World main-gate, call/text Denise/714-234-8842 by Wednesday-evening.POB 427, Seal Beach, 90740. Seal Beach Business License 14206514.

**Private Sale** - Call for appointment. 714-514-8232. Exquisite Asian style furnishings, electric fireplace, electric recliner, many Lladros, Beleek,flambe animals by Royal Doulton, Maya Evangelista purses, designer purses (Tory Burch,Karl Lagerfeld),60" wall mount TV,interior plants,garden figures and so much more.

Yamaha Gas Generator Model#/3000. New Pad. Paid/\$2,800,Asking/\$2,300/OBO. Also bed-rails/shower-chair/adultdiapers. 513-490-6250

#### LEISURE WORLD



# Mut 9 - 218H \$325,000

2 Bdr, 1 bath, enclosed patio, Washer & dryer, dishwasher, microwave. East facing, private location.



# Mutual 17-30C

MOST AFFORDABLE RATE with/optimum service, 30+years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/ Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650/ Heidi. SB Business License HYC0001. Exp 11/06/2024

EXPERIENCED CAREGIVER Over 25+/years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call Pampet/562-371-4895. SB Business License PAN0003. Exp 3/27/2024

Elderly Care. Live-in, Live-out. 30+/Years Experience. Cooking/ Cleaning/Medications/Doctors/ Companions. Experience with Dementia. Gloria 949-371-7425. SB Business License RAZ0002. Exp 1/24/2024

MARIA'S EXPERIENCED CAREGIVERS. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 4/03/2024 License SPE0007. Exp 1/17/2024

### TRANSPORTATION

INEXPENSIVE SHUTTLE. AIRPORTS/SHOPPING/ DOCTORS, etc. 562-881-2093. SB License ABL0001. Exp 2/07/2024

Here's To The New Year! Thank You Very Much! Your Driver James/562-537-1298.

# MOVING, HAULING & STORAGE SERVICES

J&D HAUL-AWAY AND CLEAN-UP SERVICE No job too small! Fast/Reliable/ Great-Prices. 562-841-3787 Dan. SB Business License BRA0002. Exp 3/20/2024

A FRIEND AND A TRUCK Your-Friendly-Movers! Weoffer-Hauling-service-too. Any size job! Call/310-387-2618.SB Business License RO263644. Exp 3/27/2024

#### APARTMENT WANT TO RENT

Would like to rent-AND-live (1-bedroom/1-bath) apartment in Leisure-World. 714-655-1544. Exp 2/07/2024

#### LEISURE WORLD APARTMENT FOR SALE

For sale by owner. 2-Bedroom/1.5-Baths in Mutual-14.562-760-5875.

# **FREE ITEM**

Piano looking for a NEW Home. Contact Bernie (310) 363-5803. Mutual-15, 29B.



Read the paper online! www.lwsb.com/newspaper

# \$450,000

Condo 3rd Floor, facing South/East Fully equipped kitchen, central A/C Heat, Large floorplan, breakfast counter, formal dining. Financing Available.

# Mutual 7 -162H \$475,000

Move-in ready, 2 BDR/ 1 bath, beautifully staged, drive-up convenience, fully expanded, central A/C heat, new white cabinetry, new appliances, formal dining, built in breakfast island and dining room hutch, washer & dryer and more!

# Mutual 14 -49L \$450,000

Desirable Mutual 14 location, 2 BDR, 1 Bath, fully expanded corner with a large side patio, washer & dryer, Central A/C Heat, large skylights. Laminate Flooring.



# Leisure Living Resales







|                               | Basic unit ready home.                                  | y to be made a                                              | Two-Be                                 | drooms                       | West facing un                                                          | 310-404-7000     |             |
|-------------------------------|---------------------------------------------------------|-------------------------------------------------------------|----------------------------------------|------------------------------|-------------------------------------------------------------------------|------------------|-------------|
| Estee Edwards                 | Mutual 15-37R<br>A must see!                            | \$319,000                                                   | <b>Mutual 2-68G</b><br>Expanded corner | \$399,000                    | <b>Mutual 5-104F</b><br>2 Bed 1 Bath-<br>Corner with La                 | Recent Remodel   | 0           |
| 562-208-2540                  | Mutual 12-72-C<br>2 bed 1 bath, bas<br>washer/dryer, an | <b>\$338,900</b><br>sic, laminate floors,<br>id c/heat-air. | ,                                      |                              | Mutual 1-6F<br>Rare Find! 2 Be<br>an extra room th<br>office or guest b | Bill Berman      |             |
| Leah Perrotti<br>310-889-6583 | M14-5B                                                  | M 8-185K                                                    |                                        | ding                         | М 5-90-В                                                                | 714-606-5258     |             |
| Hanna Rubinstein              | Jay Cho<br>714-944-4998                                 | Philip Bak<br>213-550-9991                                  | Fay Wescott<br>949-212-8748            | Kawain Payne<br>714-293-1151 | Adrian Villarreal<br>714-694-3291                                       | Conrad Rodriquez | Chris Kim   |
| 562-900-4243                  | /14-944-4998                                            | 213-550-9991                                                | 949-212-8/48                           | /14-295-1151                 | /14-094-3291                                                            | 502-740-1900     | 424-247-454 |

Mutual 4-46F

310-484-9600

# Specializing in the LW Community 562 618-9940 562 884-3594 Yes we are SISTERS



Kathy Gupton Associate Broker DRE # 00744676



Sean Wood Realtor**®** 

# 562 **514-6613**



**Gloria Hadley** Realtor DRE # 01057681

# Coming Soon! M14-28A \$450,000

This elegant fully expanded corner two-bedroom one bathroom home features a spacious living room and formal dining room. The living room has Bay windows, recessed lighting and is adjacent to a formal dining room with a beveled-mirrored wall. The custom kitchen has newer cabinets and built-in appliances including a refrigerator, stove, oven, microwave, and dishwasher. The kitchen also has an extra-large skylight and an added pantry. The main bedroom has a large walk-in closet and Bay window. The bathroom has a skylight and walk-in shower. The second bedroom has a built-in wall unit with desk and sliding doors to a private side patio addition. This charming home has been painted throughout and has newly installed deluxe vinyl plank flooring with tile flooring in the bathroom. Additional features include double pane windows, central heating and air conditioning, entry closet, leaded glass entry door, an outside storage closet, and convenient drive-up parking. Don't miss out on this beautiful home located in the resort-like community of Leisure World Seal Beach. This senior community offers over 200 clubs, activities, and organizations including a nine-hole three-par golf course, gym, swimming pool, jacuzzi, arts, crafts, amphitheatre, library, health care center and so much more. Enjoy the ocean breezes that the city of Seal Beach has to offer.



# Mutual 14-5B

Available one bedroom one bathroom cottage located on the street for drive-up convenience. This Lovely one bedroom has a spacious living room with added heat pump and air conditioning and is light and bright. The kitchen has built in Leisure World appliances including a stove top, oven, refrigerator, a ceiling fan and skylight. The bedroom has a wardrobe closet and sliding door to patio. The bathroom has a cut down shower for walk-in convenience and an added skylight. A private front patio has a walk-in storage cabinet and ceramic tile flooring. The central location allows you to walk to downtown Leisure World, as well as the 9-hole 3 par golf course, swimming pool, Jacuzzi, gym, amphitheater,

# **Mutual 15-37R** \$315,000

This lovely corner two bedroom one-and three-quarter bathroom home is light, bright, and ready to move in. The spacious living room overlooks an enclosed patio sunroom and a lovely Greenbelt view. The kitchen has built-in appliances including a stove top, oven, refrigerator, microwave, and dishwasher. It provides a tremendous amount of cupboard space and has a solar tube for brightness. The main corner bedroom has a separate closet dressing area, and the windows overlook a beautiful Greenbelt with an abundance of trees. The main bath has tile flooring, a bathtub with shower, and a solar tube. The second bedroom features a large wardrobe closet, lots of extra storage space, and a view of the beautiful greenbelt. The second bathroom has a stall shower and solar tube for brightness. This terrific floor plan has central heating and air conditioning, laminate flooring in the living room, bedrooms, and hallway, and has recently been painted throughout.



\$239,000

Mutual 8-185K Mutual 11-273L Mutual 1-251 Mutual 2-26C Mutual 1-26B Mutual 8-188C Mutual 1-30K Mutual 5-91J Mutual 11-267C Mutual 1-26L Mutual11-268F Mutual 4-50F Mutual9-212C Mutual6-143A Mutual 9-225C Mutual 9-230D Mutual11-283D Mutual 4-51D Mutual 8-189D

Mutual 14-17B Mutual 8-188H Mutual 8-189B Mutual 2-40J Mutual 2-49B Mutual 2-17G

Mutual 9-59G Mutual 6- 117L Mutual 15-39A Mutual 10-258H Mutual 6-1351 Mutual 10-258B Mutual 1-31E Mutual 5- 117L Mutual 12-61C Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-286 Mutual 5-117G Mutual 2-46H Mutual 1-67E Mutual 4-49G Mutual 8-183G Mutual 11-285D Mutual 9-216H Mutual 7-164L Mutual 2-6G Mutual 11-285A Mutual 11-263A Mutual 4-49B Mutual 8-201L Mutual 2-6L Mutual 7-165E

Be sure to stop by and see this terrific home that is located in the Resort-Like Community of Seal Beach.

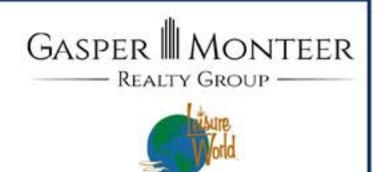


**Recipients of the Berkshire Hathaway Presidents Circle Award** Call and let us present our extensive marketing program. Members of M.L.S. Visit Our Website: www.thesealbeachsisters.com 13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



CAROL GASPER, Resident Realtor & NICK MONTEER, Broker Lic# 01276484, 01927606

562.716.1547 562.280.4631 gcarol1966@gmail.com nicholasmonteer@gmail.com



www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2024, We have a total of <u>5</u> pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1200 Canoe Brook Dr #19D | M3 | \$359,000 Pristine 2bed/1bath with wrap around custom tiled patiol AC heat pumps in bedroom and living room, newer wood floors throughout. Kitchen equipped with dishwasher and microwave. Dual pane windows with shutters throughout!



13199 EL Dorado Dr #208D | M9 | \$359,000 2Bed/1bath interior location with full expansion. Tile floors throughout and skylights in the kitchen and bathroom. Large bay window in living room. Walk-in closet in main bedroom with a formal dining room areal



13110 Seaview Ln #245F | M10 | \$419,000 Corner partially expanded 2bed/1bath drive-up and greenbelt location with dual pane windows, skylights, central AC, outdoor storage closet, tiled patio, walk-in closet!



13346 El Dorado Rd #193D | M8 | \$339,000 2Bed/1Bath patio home on greenbelt. Granite counters, dual pane windows, shutters, new carpet/fresh paint. Skylights in kitchen and bath w/cutdown shower. AC heat pump with outdoor storage closet!.



13751 St Andrews Dr #368 | M1 | \$235,000 Greenbelt with mature trees 1 bedroom 1 bathroom with full patio! Newer laminate floors, AC Heat pump in the living room, expanded skylights that open in kitchen and bathroom.



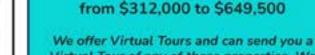


13160 Nassau Dr #211G | M9 | \$420,000 Expanded drive-up 2bed/1.5 bath unit w/patio. Bay windows, double pane windows. Large skylights in bathroom and kitchen. Dishwasher, microwave and recessed lighting. AC heat pump in living room.

On January 8th, 2024 a total of 35 units show as active listings on the CRMLS (this is where Realtors list property for sale) 3 - 1 bedroom/1 bath units from \$229,000 to \$299,000

> 13 - 2 bedrooms/1 bath units from \$299,000 to \$475,000

19 - 2 bedrooms/2 baths units



Virtual Tour of any of these properties, We have access to all inventory!



# testimonial

Carol and Nick were amazing to work with!! They went above and beyond to help us sell three properties in a very short time. Their kindness and professionalism meant so much to us. I would highly recommend them to anyone interested in selling or buying a new

property.

Cindy Thomas

# The Januszka Group, Inc. **ON-SITE** (562) 598-1388 HOME SALES

To See Pictures of Our Current Listings and Many Other Fine Homes For Sale, Visit The Januszka Group Online At:

www.OnsiteHomeSales.com

FOURTH QUARTER MARKET UPDATE – SOLD UNITS October, 2023 through December, 2023

# **BASIC UNITS**

1 Bedroom: \$200,000 to \$269,000 2 Bedrooms – Inside: \$270,000 to \$364,500 2 Bedrooms – Corners: \$233,000 to \$335,000

# **EXPANDED UNITS**

1 Bedroom: \$215,000 to \$285,000 Exception: Full expansion, remodeled kitchen - \$350,000 2 Bedrooms, Inside: \$330,000 to \$420,000 2 Bedrooms, Inside, Bath +: \$456,623 to \$635,000 2 Bedrooms, 1 Bath – Corners: \$345,000 to \$515,000 2 Bedrooms, 1+ Baths - Corners: \$490,000 to \$610,000

# **MUTUAL 15**

2 Bedroom Apartment Style: \$315,000 to \$458,000 Atriums – \$440,000 Exception: Expanded beauty with 2 baths; W/D - \$730,000

# <u>MUTUAL 17 – CONDOS</u>

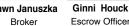
2 Bedroom, 2 Bath Condo - \$423,000 Condos: \$437,000 to \$460,000

Prices are determined by location, condition and amenities ... If you would like to know the value of your unit, please Call for a Comparable Market Analysis. Based on information available to us at time of publication. Reflects ALL closed sales.

# Servicing this Community EXCLUSIVELY for over 50 years













Realtor®



Mike Varipapa Kim Jbeili Realtor® Realtor®



li Tony Accetta Realtor®















Maryann Shaddov

Giving Back to the Community on Every Real Estate Transaction!

