



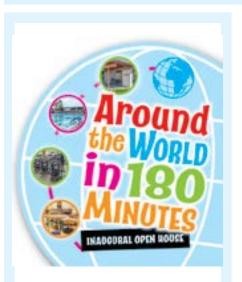
TICKETS ON SALE FOR VALENTINE'S DAY DINNER DANCE See page 3



TEMPORARY LIBRARY IS OPEN IN CH 3, ROOM 8 See page 18



RECREATION HOSTS TRIPS TO MJ MUSICAL, LION KING See page 23



DISCOVER LW TOUR

New event will showcase LW amenities, clubs

by Kathy Thayer *Recreation Manager*

he inaugural Great LW Discovery Tour, a daylong event showcasing LW amenities, clubs, supporters and new Minibuses, will be held from 11 a.m.-2 p.m., Saturday, April 6. This is the biggest event that the GRF has hosted in more than a decade.

It will be fun central with live music, food trucks, raffles, games, giveaways, grand prizes, club open houses, amenity tours, public service booths, a small business expo and a super sponsor center so residents learn more about trusted real estate, health and other service providers.

The event will give everyone—especially those who don't typically take advantage of all LW's amenities—an opportunity to experience a wide variety of activities.

Every participant will receive

EVENT, page 3



Paul Kryczko

The pharmacy at the Optum Health Care Center has been closed since February 2023 when ownership changed. Renovation of the pharmacy began Jan. 15.

Renovation started Jan. 15, with plans to expand grocery inventory

by Janet Isom
GRF Director

ptum has exciting news to share with the Leisure World community regarding its partnership with MedCare Medical Pharmacy, which will manage the on-site pharmacy here.

Following a complete overhaul of the space to accommodate a new open layout and an expanded grocery area, the grand re-opening will be scheduled upon completion of the renovation. Demolition began Jan. 1, and renovation began Jan. 15. The new pharmacy offerings will range from prescription medications to over-the-counter drugs, fresh and prepared food and drinks, as well as durable medical equipment. Greeting cards and candy are planned to be added to the selection of goods at a future date.

MedCare will have additional health services, such as immunizations and medication therapy as well, making this a one-stop-shop for medication needs.

PHARMACY, page 2



stock photo

The new pharmacy at the Optum Health Care Center will feature an expanded grocery area with fresh and prepared food and drinks in addition to other services.

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging. The conclusions and pinions expressed may not be those of the California Department on Aging and the publication may not be based upon or inclusive of all row data.

RFID Gate Access system has begun

The new gate access system began Jan. 17, and months of data entry, staff and resident training and RFID distributions led to a mostly smooth launch, according to Security Director Victor Rocha.

That's saying something, since more than 20,000 vehicles a day pass in and out of LW. With the new system comes heightened security and new tools to ensure only authorized people are able to enter LW.

Drivers who have an RFID pass will now use the RFID ONLY lane; everyone else will use the ALL OTHERS lane at the Main Gate. Guests can now enter LW at all gates. This will alleviate pressure on the Main Gate, which often backs up to Seal Beach Boulevard.

For more information, see page 3.



GRF Senior Director of Internal Operations Acacia Young answered residents' questions about gate access Jan. 11. More training sessions are in the works; watch the LW Weekly for the schedule.

LWWEEKLY

PHARMACY

from page 1

"We believe in building strong relationships with our patients, taking the time to listen to your concerns, answer your questions, and provide you with the information and support you need," said MedCare owners Vickie and Bryan Arthur.

The GRF Health Care Advisory Board (HCCAB) met with Optum on Dec. 15 for an update on the Health Care Center and Pharmacy.

Optum's management team—Director of Group Operations Victoria Batistelli and Site Administrator Jayna Kling—joined three GRF board members to discuss what has been accomplished since the last meeting on Oct. 23.

The board members representing GRF were President Marsha Gerber, Treasurer Camille Thompson and Mutual 16 representative Janet Isom.

For those who want to learn more about MedCare Medical Pharmacy, the Sunshine Club will host Terry Troung of MedCare on Friday, Jan. 26, in Clubhouse 3, Room 2, at 10 a.m.

Pharmacist Vickie Tsay is looking forward to building relationships with LW residents, meeting their needs and making their experience with MedCare easy and enjoyable.

LW residents will have an opportunity to meet her and the new pharmacy technicians at the grand re-opening, so watch for more details in an upcoming



The pharmacy at the Optum Health Care Center will offer an expanded grocery department, including healthy beverages, and fresh and prepared food staples.

edition of the LW Weekly.

MedCare will be relocating its existing pharmacy operation of 10-plus years from the Optum Harbor Boulevard site in Santa Ana.

Thus, MedCare has the management team and experience to make LW's on-site pharmacy a reality again. A delivery system created by its staff is also being modified to suit the community's particular needs.

In the meantime, Leisure World residents (who are not Kaiser or VA patients) still have the option to have prescriptions delivered to their door. MedCare offers next-day and, in some situations, same-day delivery to Leisure World.

It is also a SCAN preferred pharmacy, meaning SCAN patients will pay less for most medications than they would at other pharmacies.

To transfer prescriptions to MedCare Medical Pharmacy now, call 714-557-2982 or TTY 711. Be prepared to provide insurance information or the information of the patient's previous pharmacy.

Optum representatives will give a short presentation on the pharmacy at the Jan. 23 GRF Board meeting, which starts at 10 a.m. in Clubhouse 4. All are welcome to attend.

Janet Isom is on the GRF Board of Directors representing Mutual 16. She has served as a member of the GRF Health Care Advisory Board for two-and-ahalf years and has been an Optum HCC patient for over three years.



In February, seniors will receive free admission to San Diego Safari Park, an 1,800-acre zoo near Escondido. It is one of the largest tourist attractions in San Diego County.

FREE ADMISSION

Go wild at San Diego Safari Park

San Diego Safari Park is offering free admission for seniors 65-plus during February, a savings of almost \$70. This includes Africa Tram and all regularly scheduled experiences.

Take an exciting expedition on Africa Tram to spot herds of giraffes and rhinos, wander among kangaroos, and discover platypuses at Walkabout Australia, explore the bamboo forests of Tull Family Tiger Trail, take a stroll around Mombasa Lagoon, and relax with refreshments on the patio at Kijamii Overlook.

There's a wonderful world of sights to see at the Safari Park. Seniors can enter the Safari Park free every day during the month.

The San Diego Zoo Safari Park welcomes all guests. Special services are available for people with disabilities (see *sdzsafaripark*. org for detailed information).

The pathways are paved and sloping, so expect to walk about a mile or more to fully enjoy the various aspects of the park.

FREE, page 4



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Landslide: Music of

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Dance Party

February 3, 2024



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Pictures

February 17, 2024

Mussongsky (Ravel) | Florence Price | Dvořák



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Brahms Connesson Vaughan Williams



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www.LongBeachSymphony.org (562) 436-3203, ext 1

EVENT from page 1

a LW Discovery Tour passport, which will be marked at every destination visited, qualifying travelers for a host of prizes, including several grand prizes that will be raffled off at the closing ceremony at Veterans Plaza.

All clubhouses will be brimmingwith action.

Clubhouse 3 and 4

At Clubhouse 3, the club expo will showcase the Genealogy Li-

brary and the Needle Arts Studio, where members will lead tours.

More than 20 clubs will participate in open houses and demonstrations to give peope an idea of the range of interests available in LW.

The adjacent Clubhouse 4 will feature the Great LW Super Sponsor Expo featuring diamond, platinum, gold and silver supporters.

Super sponsors will have tables, raffle prizes and more.

LW craft clubs, including the Lapidary and Ceramic rooms, will be open for touring, member demonstrations and giveaways.

There will be live music at Clubhouse 4 from the stage, as well as food trucks at Memorial Circle.

Clubhouse 2

Clubhouse 2 will feature the Nonprofit Spotlight and Small Business Expo with more chances to win prizes.

There will be live music and club demonstrations of pickleball, bocce and pool hosted by those clubs.

Clubhouse 1

At Clubhouse 1, travelers can take a turn at the mic with Community Karaoke, check out the new state-of-the-art woodshop with demonstrations by skilled supervisors and enjoy a canine contest at the picnic grounds.

Clubhouse 6, Turtle Lake Golf Course, **LW Aquatic Center**

This amenity hub includes Clubhouse 6 and the nearby pool and golf course. Here travelers can tour the fitness center

The Great LW

Discovery Tour—club

expos & demos,

prizes, amenity tours

and more—is April 6

from 11 a.m.-2 p.m.

in Clubhouse 6 and get a free table tennis lesson downstairs, then cross the street for tours of the Aquatic Center and 9-hole golf course.

The Great Leisure World

Discovery Tour starts at 11 a.m. on Saturday, April 6.

Residents can get passports and begin their tours at any of the four clubhouse stops.

Buses will run at 15-minute intervals from each of the stops, transporting travelers to the various venues, where they will get passports stamped ahead of the closing ceremony and grand prize raffle at Veterans Plaza between Clubhouses 3 and 4.

The closing ceremony starts at 2 p.m.

People who visit all venues on the passport will be eligible for the grand finale prize drawings.

Those who only make it to some stops will still be eligible for a host of raffle prizes.

Minibuses will transport people to their vehicles at the end of the event.

Tour guides, courtesy of the Theater Club, will be on every bus to give travelers a complete rundown of each venue as they ride there in comfort.

Also, each venue will have an ambassador to stamp passports and answer questions.

The event is still in the planning stages, so watch for more information in the LW Weekly.

Clubs who have not yet applied to participate should contact Recreation soon at kathyt@lwsb.com as space is filling up fast.

COMING APRIL 6, 2024 Around

GUEST MANAGEMENT VALENTINE'S DAY

Learn all about

online system

Proptia, the new

Proptia is the new guest-

management software that

Leisure World residents may use

to manage their visitor lists now

that the new gate access system

is a reality. Or people can add

guests the way they always have

through the Security Depart-

ment. But now there is an online

ing hands-on demonstrations

of the Proptia system. The next

one is set for today, Jan. 18,

in the Clubhouse 3 Learning

Center between 10 a.m.-1 p.m.,

with a new session every hour,

first come, first served. Space

email addresses were registered

with the GRF received an

emailed invitation with instruc-

tions on how to register and

contact Proptia; registration

needs to occur through GRF.

Remember that Proptia is en-

tirely optional and is intended

only as a convenient tool for

Security at 562-594-4754 to call

Residents can always contact

those who want it.

in guests.

Do not attempt to directly

create accounts with Proptia.

Last month, residents whose

The GRF is scheduling ongo-

option as well.

is limited.

Dinner dance tickets on sale now

The popular GRF Valentine's Day Dinner Dance, scheduled for Wednesday, Feb. 14, is coming back, and tickets are on sale now.

The romantic not-for-couples-only evening will begin

at 6 p.m. in Clubhouse 2, with a sumptuous dinner of lemon herb chicken, garlic mashed potatoes, steamed vegetable medley, Sonoma salad and chocolate mousse for dessert, catered by Country Gardens Caterers.

Music and dancing will be provided by Anthony and Doniele Bernasconi, whose repertoire runs the gamut from Frank Sinatra and Marvin Gaye to Billy Joel, James Brown and Michael Bublé.



Anthony wowed the Amphitheater audience last season with his Bublé tribute show, and Doniele is an artist in her own right with her country classics renditions.

Their versatile and engaging style draws the audience into the fun and gets the house rocking.

Book now as this event always sells out, and seating is limited. Tables may be purchased by groups of eight, subject to availability. Tickets are \$40 per person or \$300 for a table and are available at the Recreation office in Building 5. For information, contact Mayoka Bassell at 562-431-6586, ext. 476, or email mayokab@lwsb.com.

Email letters to lwweekly@lwsb.com





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PERSPECTIVES

Letters to Editor

Editor:

I find the location of the newly installed speed cushion on Del Monte to be ineffective and useless. With cars parked next to the hump, a driver is forced to put one wheel in the opening between the humps and one on the hump. This totally negates the effect the cushion in supposed to have, i.e. slow down traffic.

I have hit the new "hump bump" at the speed limit—25 mph—and barely realized something was there.

Additionally, why was installation at that spot? Is Del Monte a speedway? No, it isn't.

Why not put the cushion at the GRF road exit to Seal Beach Boulevard where it might do some good by preventing drivers from flying through stop signs to make green lights? In that spot (adjacent to the On-Site Home Sales office), fire engines are leaving the community and should not have to worry about getting somewhere quickly.

And it seems we ultimately bought the speed cushions from the same organization that "mistakenly underestimated the device cost" so we only got one when we should have gotten five, which means we rewarded bad behavior with money, our money!

Dave LaCascia Mutual 4

Editor's Note: GRF Security chose the locations of speed cushions based on accident and speeding statistics in the community. One cushion has been installed and four more are scheduled to be installed in the near future through a different company as the original order was delayed, and costs came in much higher than estimated. The GRF Board voted to proceed with the installation at Del Monte in the interest of traffic safety. Editor:

It's been about 10 days since the newly installed Del Monte speed cushions were installed. Here is some eyewitness feed-

During the first few days, many cars sped/flew over them, and I even saw one fire truck with sirens and lights blazing that apparently paid no attention to the new hump and proceeded full speed over it. The truck's back end bounced up off the ground, just like a Disneyland E-Ticket from many years past.

But then, orange construction cones appeared on both sides of the street, and drivers began taking heed and slowing down. I mean, they *really* slowed down

The results are amazingly quiet. I've lived on the "Del Monte freeway" for 19 years and heard many thousands of cars zoom by both day and night. But no more. Traffic is peaceful and calm now. I rarely hear

any cars dashing to or from the front gate, and the numerous residents using the Sunningdale crosswalk are much safer since this installation.

Thanks to GRF Director Lee Melody from Mutual 14 for spending two years on this project.

> Patti Ellsworth Mutual 14

Editor:

Did R. Gene Vesely (Jan. 4) mean to imply that the Democratic Club members and other Americans not belonging to one or the other of our major political parties, do not support an allegiance to our great country? Can this be true? If any group seems intent on subverting our constitution, sowing distrust among our citizenry, and promoting divisive misinformation, among other ills, Mr. Vesely need look no further than to his own political movement. Who is clamoring for dissolution of our nation? Who is arguing for a one-world government?

The Republican Party would do better to focus on viable solutions regarding immigration, America's involvement in the Middle East, disparities of wealth, suffering of those who are unable to afford their medications... and many other topics.

Jeff Colflesh Mutual 6

Editor:

I wrote a letter to the editor published Oct. 19, regarding the hazards of the intersection at Golden Rain and St. Andrews. The letter was written as a response to yet another article of an accident at this main intersection. My point was that a left-turn arrow was needed. My letter was rebuffed two weeks later by a LW resident who felt an additional 45 seconds at the light at this intersection (should a left turn arrow be installed) would hamper his commute to work.

Upon turning the first page of the Jan. 11 edition of the LW Weekly, it was impossible not to see the picture of the cars involved in an accident involving a left-turning car at this main intersection. Case in point.

The intersection is dangerous because of the extraordinarily wide divide between eastbound and westbound lanes due to the flood control channel, which hampers a driver's view of oncoming traffic.

Can we please just err on the side of caution and install left turn arrows before one of these accidents results in a fatality?

Karen Oja Mutual 9

Editor's Note: The GRF Board has given the go-ahead to hire a traffic consultant to draft a plan for dedicated left-turn lanes with a pedestrian crossing component. Once the plan is finalized and approved by the board, bids will go out to begin construction.

Safeguarding Against Scams

by Steven D. Nickens special to the LW Weekly

As society becomes more digitally interconnected, the elderly population is increasingly vulnerable to scams and fraud. People can safeguard themselves from falling victim by understanding common scams.

- Phishing Emails: Scammers often send emails disguised as legitimate messages from banks, government agencies or trusted organizations. These emails may contain links that lead to fake websites designed to steal login credentials or install malware on the victim's computer.
- Lottery or Prize Scams: Seniors may receive notifications claiming they've won a lottery or prize, often accompanied by a request for payment or personal information to claim the supposed winnings.
- Impersonation of Family Members: Scammers might impersonate a family member or friend in distress, claiming they need immediate financial assistance due to an emergency. This emotional manipulation preys on the victim's concern for loved ones, leading them to send money without verification.
- Investment Schemes: Fraudulent investment opportunities promise high returns with low risk. Scammers may use pressure tactics, false testimonials, or even pose as financial advisors to convince seniors to invest their savings. Once the money is transferred, the scammer disappears.
- Tech Support Scams: Victims receive a call from someone claiming to be from a tech support company, stating that their computer has a virus. The scammer convinces the senior to grant remote access to their computer or purchase unnecessary software/services, allowing the scammer to steal sensitive information.
- Romance Scams: Scammers build romantic relationships with seniors through online platforms. After gaining trust, they fabricate a crisis or financial need, requesting money from their unsuspecting victims. These scams exploit emotions and the desire for companionship.
- Grandparent Scams: In this scam, a fraudster calls posing as a grandchild or a law enforcement official, claiming the grandchild is in legal trouble and needs immediate funds. The grandparent, often caught off guard, may wire money without verifying the situation.
- Medicare and Health Insurance Fraud: Scammers may pose as representatives of Medicare or health insurance companies, seeking personal information or offering fake services. Seniors should be cautious about sharing Medicare details or making health-related payments without verifying the legitimacy.

Tips to Safeguard Yourself• Be Skeptical of Unsolicited

Communication: Be cautious with unsolicited phone calls, emails or messages. Do not share personal information.

•Secure Personal Information: Keep personal information, such as Social Security numbers and financial details, confidential. Use strong, unique passwords for online accounts.

- Monitor Financial Statements: Regularly monitor bank statements, credit reports and other financial documents for suspicious activity. Report any unauthorized transactions to the relevant financial institutions.
- *Use Technology Safely:* Seniors should learn how to use technology safely, includ-

ing recognizing and avoiding malicious websites and emails. Install and update reliable antivirus software to protect against online threats.

• Consult Trusted Family or Friends: A second opinion can provide valuable perspective and protection.

Through education and a commitment to vigilance, people can create a safer environment for everyone in an increasingly digital world.

Steven Nickens is the owner of Senior Helpers in Seal Beach and Los Alamitos; 714-816-5069, snickens@seniorhelpers.com. Senior Helpers is a provider of in-home senior care.

FREE

from page 2

Not all restroom locations are open. So people should take note of facilities as the trek between restrooms can exceed 150 yards.

Inside the park are a variety of restaurants and refreshment kiosks. There is also an excellent gift shop where souvenirs are available.

Guests 65-plus must present a valid photo ID at turnstiles for free entry. Guests younger than age 65 require a valid form of admission or membership (daily fee).

All other months, senior guests 65-plus receive a 10% discount on the one-day pass with a valid photo ID.

Parking is not included. General parking is not free and is paid upon arrival.

—Donna Gambol

LWWEEKLY



An Official Golden Rain Foundation Publication Serving the Shareholders of

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VOL 48, NO 3

GRF Meetings

Golden Rain Foundation committee and board meetings are open to LW residents. The following is a tentative schedule.

Tues., Jan. 23	GRF Board Meeting
	Clubhouse 4/Zoom10 a.m.
Thurs., Jan. 25	GRF Board Executive Session
	Conference Room A1 p.m.
Tues., Feb. 6	Facilities Committee Meeting
	Conference Room A/Zoom10 a.m.
Thurs., Feb. 8	Operation Committee Meeting
	Conference Room A/Zoom10 a.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Members will be provided an opportunity to address the committee.

Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., Jan. 18	Mutual 2
	Conference Room B/Zoom9 a.m.
Thurs., Jan. 18	Mutual 11
	Conference Room B/Zoom1:30 p.m.
Fri., Jan. 19	Mutual 15
	Conference Room B/Zoom9 a.m.
Mon., Jan. 22	Mutual 8 (open forum 9:15 a.m.)
	Conference Room B/Zoom9:30 a.m.
Wed., Jan. 24	Mutual 10
	Conference Room B/Zoom9 a.m.
Thurs., Jan. 25	Mutual 1
	Conference Room B/Zoom9 a.m.
Fri., Jan. 26	Mutual 6
	Conference Room B/Zoom10 a.m.
Tues., Feb. 6	Mutual 17
	Conference Room B/Zoom1:30 p.m.

Public Comments at GRF Meetings

California law requires the Board to establish reasonable time limits for members to speak at meetings. (Civ. Code Sec. 4925(b).)

Time limits are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker for more than 26 speakers.

California law also places significant limitations on how the Board responds to questions or concerns; most often the Board is unable to respond. (Civ. Code Sec. 4930.)

To address the Board, submit a comment card at the meeting prior to it being called to order. Members may email correspondence to the executive coordinator at grfboardaction@lwsb.com.

Election Day is 47 Days Away. Vote Safe. Vote Secure.

The presidential primary election is March 5. The State Legislature last updated the election calendar in 2020, setting the presidential primary elections for March and the gubernatorial primary elections for June.

Primary elections are generally conducted in polling places, and select candidates for a particular political party who will appear on the general election ballot.

Voters cast ballots for candidates, therefore selecting delegates for the party conventions. The top candidate in a state's primary election can either get all of that state's delegates (winner-



take-all format), or they can be apportioned proportionally to the primary election results. Some states have thresholds where every candidate who gets over a certain amount of the vote may be entitled to delegates.

Democrats apportion all of their delegates proportionally. Republicans generally require that states with primaries before March 15 apportion delegates proportionally. States with primaries after March 15 may switch to a winner-take-all format.

California uses a top two primary format such as a common ballot, listing all candidates on the same ballot. In California, each candidate lists his or her party affiliation. The top two vote-getters in each race, regardless of party, advance to the general election.

People can visit ocvote.gov/ registration before Feb. 20 to check their registration status or to make any necessary updates. —Bob Page, Registrar of Voters



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Puzzles & Comics

Answers on page 19

Gasoline Alley By Jim Scancarelli



Broom-Hilda

By Russell Myers







Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol

"SIGNS OF THE TIME" BY ZHOUQIN **BURNIKEL**

ACROSS

- 1 Muscles toned
- by planks 4 Does, e.g. 8 Goes out
- swinging? 13 Longest reptile
- in the world "Gosh, that was
- a long time ago" 21 Buck in the Baseball Hall of
- Fame 22 Bring back on
- board 23 *Canaries
- 24 *Bar food served with blue cheese and vegetable sticks
- 26 Gets slippery 28 Patronize, as a
- hotel
- 29 Hush-hush docs
- 30 Bundle of hay 32 Caustic cleaners
- 34 Enter stealthily 36 *Orange flowers that represent
- wealth in some Asian traditions 40 Domani: Italian wine
- brand 41 Promising letters?
- 42 Really bothered 43 *"Peace Train"
- singer 49 *Atlanta event
- for sci-fi fans 52 Actress
- Shawkat 53 Museum item
- 54 "Thumbs up" answers
- 55 Smashing success 56 Provided at no
- 59 Wealthy
- 60 "r u comina
- soon?" 62 Call to the
- on-deck circle 64 Beads on
- blades 65 *Sacred Hopi
- ritual *Western,
- slangily
- 73 "One Mississippi" star
- Notaro 74 Dulse and nori seaweeds, e.g.
- 76 __-mo video 77 Coup target
- 79 "You can't do that!"
- 80 Aggravate
- 83 Top-tier celebs
- 87 Basic font 89 Window shade

- 90 *Absurdly
- chaotic situation 92 *Playground
- 96 Short "Stop!"
- speedboat
- 104 Burkina
- 109 Mogadishu
- folded corner 116 *Ashtray for
- trash, e.g. 120 "Let me
- 122 Soul mate 123 Sandwiches
- bolillos 124 Secret
- a papaya

- fixture 95 Russian crepes
- Vinaigrette
- acronym 98 *Spray behind a
- 101 Act omnipotent
- 105 Assns.
- 106 Some ballpark figs. 107 Total accord
- resident *Sheet with a
- rephrase that ...
- 121 Appointed
- made with
- rendezvous 125 Black bit inside

is represented by the Zodiac animals at the starts of the

126 Vietnamese

- answers to the starred clues
- **DOWN**
- 1 Cause of inflation 2 Graphic
- designer's deg. 3 Part of a match 4 Deli apparatus
- 5 Fine-tune 6 Community group with a
- deer logo 7 SoCal campus with Mission Revival
- architecture 8 Lump of goo
- 9 Heavy loads 10 Some boxing
- punches 11 World Cup overseer: Abbr.
- 12 Leaves in stitches 13 Safeguard

- 14 Tree with flexible wood
- New Year, which 15 Weigh, in a way 16 Main language of India
 - 17 Heart, but not soul 18 Legendary loch
 - 20 Use TurboTax,
 - perhaps 25 Pool divisions 27 Easily influenced
 - 30 "Free your pores" brand
 - __ frescas: fruity Mexican drinks
 - 33 So far 35 Maker of eco-
 - friendly Vero computers 36 Neat and clean
 - 37 PC hookup 38 Rash symptom Sainted pope
 - called "the Great" 43 Put into gear?
 - Have the intention of 45 Thin candle
 - 46 Drop in pronunciation 47 More pleasant
- - directive Versailles

- 48 Phonetic symbol Squad: Best Buy tech support team
- KitchenAid rival Covered California
- statute, for short
- 57 Critical-care ctrs. 58 Club fees
- 61 Major Yemen port 62 Starts
- 63 Quite cold 65 Cook dim sum, say
- 66 Part of TNT 67 "Encore!" 68 Big deal
- 69 Trade pact from 1994 to 2020
- 70 Debussy's "_ de lune Casual collared shirt
- 75 Sketchy subject? 78 Waiting room
- residents 82 Philosopher

Immanuel

- 84 Pet pendant 85 Tractor-trailers 86 Plug away (at) 88 Impose, as a tax
- 91 Hair 93 Cultured
 - products? 94 Bret with four Gold Gloves
 - 95 Red Sox, on scoreboards 98 Hot spots
 - 99 Got going 100 "Judge Judy"
 - event 101 Product pitch 102 Light brew
 - 103 Failed to 104 Like bubble baths
 - 106 Make a long story short? 108 Trade jabs
 - 110 Makes a choice 111 Bog down 112 Shivering fit
- 114 "Blonde" star de Armas 80 Digs in the snow 115 Summer hrs. in
 - Philly 117 Kiddo
 - 118 "Or so __ heard 119 Pickleball need heard"
- 101 102 103 104 110 111 112 118 119 122

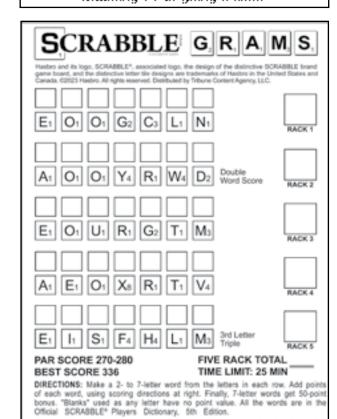
Sudoku 1

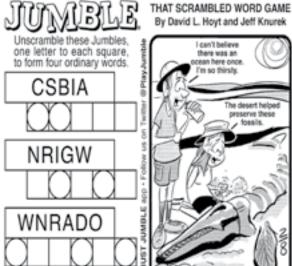
		3	9	7	2	6	4	
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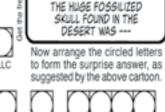
9 To 5 By Harley Schwadron



"Every riight, Cindovella's levil stepinother. farced her to empty the distrivisher before watching TV or going didine."







can't believe

there was an

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Guess Who?

I am a singer born in Canada on September 9, 1975. As a young man I prayed to become a famous singer. Since them, I have become a Grammy Award-winning jazz singer who has sold over 50 million records internationally.

Sudoku #2

	2		8		5 8	
	1		8 9		8	
6		1		4		
7		3		1		
		9	5	8		3
		5				9
	8		6		7	
	8		6 3		2	

Puzzles & Comics Answers on page 19

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

* တ *******

Determine the code to reveal the answer!

Solve the code to discover words related to employment. Each number corresponds to a letter. (Hint: 7 = E)

10 8 5

Clue: Account of one's qualifications

Clue: Look for

17

Clue: Fills positions

19 9

Clue: Occupation



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

3 letters = 1 point 5 letters = 3 points 8 letters = 10 points YOUR BOGGLE

151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur 0-10 = Try again

Boggle BrainBusters Bonus We put special brain-busting words into the puzzle grid. Can you find them? Find AT LEAST NINE BIRDS in the grid of letters.

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JOB SEEKING WORD SEARCH

Е G S E В Т Е S Т S S Ι J Ι Е Ι I 0 U М ۷ Κ Х C U S 0 0 Н т S K R S G C P G C S Т т P R Υ Ι В N L N P W Р P 0 Е N Т 0 Е Ε Е 0 S U L E ĸ Ι 0 L U М Υ Α G Т Е E R J F Υ т G ٧ Α R R L М K 0 N N Υ F Р Ε Р Ε R Ι Т 0 т c М K М ۷ 0 Ε D N S S Н E E 0 т N F Ι Х М Ρ U N т Ι Υ Р W Т P U C F Ι Е D ٧ Υ Κ N R G G В L W Α W N S U S 0 Υ М Т D М В C G Α ٧ М W K В R т S P Ε т Е Х Α W L ٧ Ε Α В D N G М P J Т Υ S E Ι 0 Р P χ М U K Α R Ι Н W Υ М Е В Ι Ι S P Ι т F Н L М М U W D L Α Α D C E Ε S R Х т Е S Т Ι G L ۷ Α 0 0 L 0 Х G P Х 0 X Ε U ۷ 0 0 C X Н G L 0 W Ι L Н F S Ι т J J В P C т Υ J 0 W Υ K L ν

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

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January 18, 2024 | www.lwsb.com | www.lwweekly.com **LW**WEEKLY

HEALTH & FITNESS



Lance Chapman

The Impaired Hearing and Vision Club

The Impaired Hearing and Vision Club will meet on Tuesday Jan. 23, at 1:30 p.m. in Clubhouse 3, Room 1.

The guest speaker dermatologist Lance Chapman will talk about the importance of getting checked every year for various skin problems. Dr. Chapman has made many achievements in his career and has an office outside the St. Andrews Gate.

—Sandy Esslinger



Queen of December Darlene Gardner

Wa-Rite

Wa-Rite meets on Friday mornings in Clubhouse 3, Room 1. Weigh-ins are from 8:15-8:45. The meeting is from 9-10. Guests are encouraged to arrive by 8:40. Annual \$10 dues are payable in January. Weekly member dues are ten cents.

Last December, Darlene Gardner earned two out of three a queen of the month title. Gardner's streak continued into January when she claimed the first top loser title of 2024. She attributes her success to staying committed to the program and

At the club's Jan. 5 business meeting, members discussed the upcoming officers' election meeting, among other topics. The nomination committee was formed, and elections will be on Feb. 2.

The club thanks all the members who signed up to present various topics this year, and looks forward to informative and entertaining presentations. The first presentation is on Jan. 12 and will cover inflammation, its negative effects on the body, and foods that may cause or ease inflammation.

—Denise Stabile



Fun Line Dance Club meets on Mondays in Clubhouse 6 from 10:15-11:40 a.m. Everyone is welcome to join

in the fun. For more information or questions about the club, call Grace Ahn at 562-447-7273.

FITNESS FUSION



Fitness Fusion Club meets on Tuesdays from 10:30-11:30 a.m. in Clubhouse 6, and on Thursdays and Saturdays from 10:30-11:30 a.m. at veterans Plaza. Classes are focused on toning and strengthening muscles. For more information, call Marion Higgins at 562-296-8328.

OPTUM HCC

It's not too late to get a flu shot

Ilu season, which runs from November to May, is in full swing, so it is important to get vaccinated. The best time to get a flu shot is between September and the end of October. It takes two weeks to get full protection from the vaccine.

Getting the flu shot is the best and safest way to build up defense against serious complications, hospitalization or even death. Young children, older adults, pregnant women, and people with certain health conditions have the higher chances of getting sick.

Getting a flu shot can protect people from new variants and lower their chance of getting very sick if they do get the flu. Some side effects may include a low-grade fever that goes away within one or two days.

—Adrienne Flores

top loser titles and was named Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center, and a return to the Amphitheater at 11:40 a.m.

Thursday, Jan. 18

Chicken meatballs, sweet citrus glazed sweet potatoes, oriental vegetable blend, whole wheat dinner roll, and mandarin orange.

Friday, Jan. 19

Tortilla soup with sugar-free crackers, chicken Tinga, cilantro lime rice, California vegetable blend, tortilla, and sugar-free ambrosia. Monday, Jan. 22

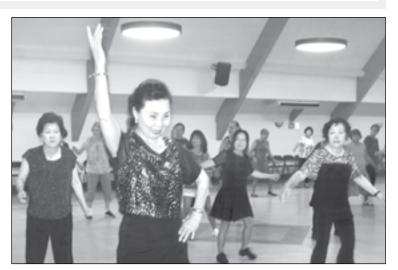
Chicken breast with Parmesan and sun-dried tomato sauce, tri-

color pasta, mixed vegetable blend, whole wheat dinner roll with Smart Balance, and mandarin orange. Tuesday, Jan. 23

Barbacoa beef, cilantro lime rice, Oregon bean medley, tortilla, sugar-free custard, and orange juice.

Wednesday, Jan. 24

Split pea soup with sugar-free crackers, Provencal tuna salad, sunshine gelatin salad, whole wheat dinner roll, and fresh apple.



Joyful Line Dance Club meets on Thursdays in Clubhouse 2 from 10:30 a.m.-12:30 p.m. with a special class for newbies from 10-10:30. Everyone is welcome to join with the minimal membership fee. Exercise or dancing shoes are recommended. For more information, call Anna Derby at 562-301-5339.



LW Bike Group members rode to Bolsa Chica State Beach and stopped on the return trip at Pelican Isle in Sunset Beach for breakfast. The group meets on Sundays (with breakfast) to El Dorado Park, Mondays, Wednesdays and Fridays at the North Gate at 9 a.m. Everyone must wear a bicycle helmet and safe shoes. For more information, call Mary Romero at 562-509-8475.

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk.

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, Jan. 18

Stuffed bell peppers, garlic and chives mashed potatoes, green beans with pimentos, pineapple with mango, turkey and cheese sandwich with lettuce, tomato, pickle, and marinated beet and onion salad.

Friday, Jan. 19

Beef Picado, Spanish rice, black beans, tangerine, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

Monday, Jan. 22

Turkey chili, cornbread, green beans with pimentos, cantaloupe, egg salad sandwich with spinach and tomato, and homemade macaroni salad.

Tuesday, Jan. 23

Curry chicken, brown and wild rice, zucchini with tomatoes, seasoned corn, kiwi, spinach salad with chicken, mandarin oranges, dried cranberries, Feta cheese, vinaigrette dressing and crackers.

Wednesday, Jan. 24

Polish sausage with sauteed onions and red bell peppers, baked beans, lemon pepper broccoli, banana, turkey and cheese sandwich with lettuce, tomato and pickle, and creamy coleslaw.

RELIGION



LW Korean Community Church members celebrated the new year together.

Leisure World Korean Community Church

Leisure World Korean Community Church (LWKCC) held its first service of the new year with the hope of becoming a church that fulfills God's will.

The senior pastor's message for the service was titled "Delighting in the Lord," which centered the message of blessing: "Commit your way to the Lord, if you believe in him, he will do it and guide you," as written in Psalm 37:5.

After the service, church members took the holy Communion and spent time living as one body of Jesus, and the first service of the new year was a time of promise.

Twelve missionaries and pastors gathered to sing hymns "in the new land" and give glory to God. After the service, members and pastors fellowshipped together with the saints.

Sunday services are held

at the sanctuary every week at 11:50 a.m., and a morning prayer meeting led by the senior pastor is held every Tuesday through Saturday at 6 a.m.

Breakfast is served after the morning service every Saturday, in the fellowship room.

LWKCC is located in LW next to South Gate at 1400 Church Place. For more informtion, call 714-323-0897 or email revyong@hanmail.net.

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine" Romans 1:1.

Pastor's Message

When people ask, "Why am I here?" a great answer is, "Because you are a part of Gods magnificent plan for His children." Pastor Bruce Humes' message this week will show how there are many example throughout scripture of God's plans for his people.

God gives directives for people to accomplish certain tasks and only afterward can it be seen that God was working on a magnificent outcome. Only God knows the all details beforehand.

In Genesis 24:32-52, Abraham's obedient servant had been tasked to go and find a wife for his son Isaac. It was required that the wife come from Abraham's ancestral people. The servant follows the instruction and because his prayer was specific regarding this matter, he was quickly successful. A woman appears by the water where the servant had prayed.

The woman's name was Rebekah, daughter of Bethuel, Nahor's son, whom Milcah bore to him. Rebekah takes the servant to her family and shows a great display of hospitality to the servant and those traveling with him by inviting them all to eat.

Before eating, the servant asks to recount the purpose of his visit. Upon explaining that Rebekah was the fulfillment of a prayer, the father said, "This matter comes from the Lord, here is Rebekah, take her and go, and let her be the wife of your master's son."

Contained within this story is the very reason for the specifics of the instructions given to the servant. When all is revealed, an incredible picture of the triune Godhead and God's establishment of His church is shown. Abraham and Isaac are a picture of the father, and his son Jesus, and the servant represents the Holy Spirit. Rebekah being the bride for the son is a picture of God's church, the called-out ones, who one day will be the bride of Christ.

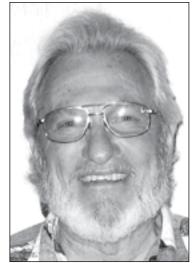
Weekend Services

Sunday services, held from 9:30-10:45 a.m., are traditional with hymnal music led by Janet Ray with Pat Kogak at the piano. This week, Ray will sing special

Saturday services are held from 9:30-10:45 a.m. and feature contemporary songs of worship led by Gregory Black with guitar and vocal accompaniment.

Midweek Studies

Mellie Herrera leads the Women's Bible study on Mon-



Pastor Bruce Humes

days from 9:30-10:30 a.m.

Pastor Gary Whitlach leds the Tuesday Bible study from 9:30-10:30 a.m.

Pastor Humes leads the Thursday morning Bible study from 10:30-11:30.

Pastor Humes also leads prayer and Bible study every Friday from 6-7 p.m.

All Leisure World residents are welcome to attend any of the services and Bible studies.

Scripture of the Week

"A joyful heart makes a cheerful face, but when the heart is sad, the spirit is broken," Proberbs 15:13.

Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call 562-431-8810 and leave a message.

Community Church

Any given afternoon, there is no shortage of opportunities to join a club in Leisure World. At the time of Jesus, there were fewer choices. All young boys went to rabbinical school until they couldn't cut it anymore and then they would return home to follow in their father's footsteps learning whatever trade he did.

This was the reality when Jesus came calling and gave Simon, Andrew, James and John a choice to leave their nets and become his disciples. The idea of disciples wasn't new, all rabbis had disciples who followed them until they were ready to call their own disciples. What was so radical about Jesus was he gave those who had dropped out a second chance. Those who are looking for a second chance or even a third, fourth, or fifth, are welcome to join Community Church on any Sunday morning. Many people have called Community Church the friendly church, but it's more than friendliness, it's a passion for being the love of God in the world.

Community Church meets for worship every Sunday at 9:50 a.m. followed by a time fellowship and light refreshment. People are welcome to arrive early for a cup of coffee in the narthex. The church is located inside Leisure World at 14000 Church Place.

People may also watch the weekly services live on Facebook, @CommunityChurchLeisureWorld, and on Zoom. People can contact the church office for the Zoom link.

Those who are in need without another way to address it may call the church office to leave a message at 562-431-2503.

Dino's Fine Italian Dining At Affordable Prices

Senior Citizen or LW Resident Special

Every Day, 7 Days A Week! 4:00 - 9:30 p.m. Dinner Entrées Only 1/2 Price

With Purchase of a Beverage

Excludes beverages, salads, desserts, pizzas, sandwiches, appetizers or any other specials. \$3.00 fee to share a meal.

Sample Catering Menu ~ Call For More Info

Fettuccine Alfredo w/Chicken Tray Feeds 15, includes salad and garlic bread

\$150.00

Lasagna Trav Feeds 15, includes salad and garlic bread \$130.00

Spaghetti w/Meat Sauce Tray Feeds 15, includes salad and garlic bread \$120.00

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(Across from Seal Beach Tennis and Pickleball Center)



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Beit HaLev

Beit HaLev's community prays for Israel, the Israel Defense Forces, the safe return of all hostages and a swift end to the Israel-Hamas War.

The name of this week's Torah reading is "Bo" (Come). HaShem instructs Moshe and Aharon that they must "come" to Pharaoh because "I have hardened Pharaoh's heart." The eighth, ninth and 10th plagues (locusts, darkness and death of the firstborn) are recounted before Pharaoh finally relents



Rabbi Galit Shirah

and tells Moshe and Aharon that the Israelites are free.

To join the Beit HaLev Zoomagogue and interactive service, go to http://bit.ly/3qwK6U9. Beit HaLev is also on Facebook at www.facebook.com/galityomtov and YouTube, https://www.youTube.com/@beithalevlive8816/streams. Services are held on Fridays at 5 p.m.

All Beit HaLev services share new special prayerbooks on the screen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are affiliated with the Union of Jewish Universalist Communities and Clergy (UJUC) and the International Federation of Rabbis (IFR). It is progressive in thought and traditional in liturgy. Beit HaLev's services are joyous, meaningful and musical. It welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid.

To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or email *duets@icloud.com*. Beit HaLev does not require a fee for membership, however contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Faith Christian Assembly

Faith Christian Assembly continues to rejoice and be grateful for what the Lord has done in and through the church in 2023, which gives members confidence to march boldly in faith into 2024.

As church members move forward into the new year, Faith Christian Assembly encourages believers to renew their commitment to God's word in 2024. One great way to dig into the word is by joining church members for Bible study every Wednesday at 11 a.m. God's word shows believers his plan for the way they should walk around this world as he draws others to himself. Psalm 119:24 says, "Your testimonies also are my delight and my counselors."

Faith Christian Assembly also has tools to help people with their own personal study time, available at the church for free.

LW residents are encouraged to visit Faith Christian Assembly on Wednesdays at 11 a.m. and/or Sundays at 10:30 a.m. where they can find a welcoming crowd, sing hymns and be inspired by a Biblical message.

Faith Christian Assembly is located on the corner of Seal Beach Boulevard and St. Andrews Drive at 13820 Seal Beach Blvd.. To receive a free copy of the church's newsletter or more information on church, visit *www.fcachurch.net* or call 562-598-9010.

Buddha Circle

Buddha Circle will meet with Ven. Kusala on Saturday, Feb. 3, in Clubhouse 3, Room 1, from 9:30-11 a.m.

Kusala is well known in the Buddhist community. He presents Buddhism in simple ways. His teachings focus on how to help people suffer less and become happier.

For more information, call 714-468-6887.

Christian Women's Fellowship & Bible Study

The Christian Women's Fellowship and Bible Study group will meet on Jan. 22 in Clubhouse 3, Room 6, at 10 a.m. All residents are welcome to attend. The group is currently studying the book of John.

For more information, call Jean Davidson at 562-431-0597.

Security: 562-594-4754



Rabbi Mike Mymon

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, Jan. 19, at 6:30 p.m. Services continue with Rabbi Mike Mymon on Saturday, Jan. 20, in Clubhouse 3, Room 9, and on Zoom at 10 a.m. Saturday's Torah reading will be Vaera from the book of Exodus. Vaera (I appeared) opens as God promises to redeem the enslaved Israelites and bring them to the Promised Land. When Pharaoh repeatedly refuses to let the Israelites go, God sends a series of plagues: water turning to blood, frogs, lice, wild animals, death of livestock, boils, and hail. To receive a Zoom invitation contact Jeff Sacks at 714-642-0122.

Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online.

To become a member of Congregation Sholom, call Howard Brass at 714-396-0121 for a membership packet.



Pastor Rolland Coburn

LW Baptist

"Make me a blessing" is the LW Baptist's prayer this Sunday, Jan. 21, at 10 a.m. in Clubhouse 4.

Even though believers know all that they are and have is to be used for God's glory, it is still a daily challenge to express gratitude and dedicate their bodies, behaviors, relationships and all things to God. No one knew better than the apostle Peter that good intentions do not always materialize in practice. Peter reminded his readers, "But just as he who called you is holy, so be holy in all you do; for it is written, Be holy, because I am holy." For more information, call 562-430-8598.

Assembly of God

Hands are wonderful things, an amazing collection of bone, muscle, tissue and nerves, capable of both extraordinary kindness and heart-wrenching evil. They can produce works of breathtaking beauty and devastating destruction. The difference in the outcome is the intent of the one attached to those hands.

God instructed the prophet Jeremiah to go to the potter's house and watch the craftsman at work. What he observed about the craftsman's hands and then described in Jeremiah 18:1-6 is the basis for part 1 of a two-part series titled, "What Kind of Hands Do You Have?" that Pastor Chuck Franco will begin Sunday, Jan. 21. This question should motivate Christians to reflect on those marvelous instruments at the end of their arms and the opportunity for blessing or cursing with them.

The Wednesday Bible study will go through session five of "The Rock, The Road and The Rabbi" series. Students have learned about the symbolism of specific words and numbers used in scripture that lend layers of meaning to familiar passages. This week, follow Jesus through the last days of his life as the video, titled "Jerusalem: Crucifixion and Resurrection," takes learners into the garden, the courtyard, the cell, the hill of crucifixion, and finally the tomb of resurrection.

Leisure World Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. More information about the church can be found at *www.lwassemblyofgod.com*, and on Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. People can contact the church office at 562-357-4360, or *pastorchuck@lwassemblyofgod.com*.

Redeemer Lutheran & St. Theodore

On Sunday, Jan. 21, the congregations of Redeemer Lutheran Church and St. Theodore of Canterbury Episcopal Church will celebrate the third Sunday after Epiphany. Bishop Murray Finck will return to the pulpit.

The churches meet every Sunday at 10:30 a.m. at 13564 St. Andrews Drive in Leisure World.

This week, Carol Costello will be the reader and prayer leader. All are welcome.

The congegations continue to collect donations of canned and boxed foods for the hungry in the church sanctuary.

The first declaration of the Kingdom of God happens on the third Sunday after Epiphany "The time is fulfilled, and the kingdom of God has come near, repent, and believe in the good news." Another version of the calling of the disciples from the Gospel of Mark will also be studied this Sunday.

Jesus' message is the same as John the Baptist's: repent and believe. Again, people are just dropping their lives and following Jesus. There's no hesitation in the thought process for any of these people. Maybe it was time for a change for them. Maybe they were tired of fishing. Maybe they were ready for a new adventure.

The point is, Jesus calls each person in a unique way, at different points in their lives, for different reasons. Each of person answers that call in their own way. Some are called to change their lives completely. Some are called to live their lives more completely. Others are called to simply live lives of faithful devotion where they are and as they are. Believers cannot and should not judge which are better or worse; that's God's job. What believers can and should do is live their lives answering God's call every day and helping others to do the same.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m., followed in the second hour by Sunday School on the first and third Sundays, and Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The reading source for this year is The Book of Mormon. The reading assignment for the week of Jan. 22–28 is 1 Nephi 11-15.

The "Come, Follow Me" lesson manual says "When God has a monumental work for his prophet to do, he often gives that prophet a monumental vision. Moses, John and Lehi all had visions like that—visions that expanded their minds and helped them see just how grand and awe-inspiring God's work really is."

The LW Weekly 562-430-0534



Join us at our free seminar to learn how atrial fibrillation could affect your heart.

Did you know that the most common irregular heart arrhythmia (rhythm) is called atrial fibrillation, or AFib?

AFib can cause your heart to flutter or skip a beat, similar to an anxiety or panic attack. However, untreated AFib significantly increases your risk of stroke, which is why it's so important to learn how to identify it.

Join Dr. Mark Lee to discuss the warning signs, risk factors and treatment options.



Wednesday, Jan. 31 | 5:30 - 7 p.m.

Old Ranch Country Club | 3901 Lampson Ave., Seal Beach, CA 90740

RSVP at memorialcare.org/AFibSeminar or by scanning the QR code.



Mark Lee, M.D., F.A.C.C. medical director, Electrophysiology, MemorialCare Heart & Vascular Institute, Long Beach Medical Center





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SPORTS & GAMES



The devoted captains of the Shuffleboard Club league teams support their team members, manage substitutes, and track statistics for individual and team performance. They are Milly Larsen (I-r), Rod Osgood, Carol Johnson, Jack O'Brien, Chandra Patel, Shel Magnuson, newest captain Elizabeth Martinez, Karen Mendon and Sally Fowler.

Shuffleboard Club offers two Saturday open plays

The Shuffleboard Club invites anyone interested in learning the sport of shuffleboard to attend an open play/initial training for the next $two\,Saturdays, Jan.\,20\,and\,27, at$ the courts building on Burning Tree Lane, adjacent to the back side of Clubhouse 1. The courts building will be open from 10 a.m. to noon.

Current league members attend open play dates to practice skills and to spend time with good friends. The club provides all equipment needed; however, closed-toe shoes with rubber soles are required to play.

Winter league has begun and is scheduled to run until mid-March. All nine teams have seven members, ensuring the six positions needed scheduled date to play league games requires a minimum of six players for each team. Four teams go head-to-head when the Friday morning league plays from 8:30-11 and the Tuesday evening league plays from 5:30-8. Guests are invited to stop by to watch teams in friendly competition and enjoy the lively banter between courts.

Jan. 5 winners: Team Shel slipped by Team Carol winning seven games out of 12. Doris Morton and Sue Burkschab earned all-game winner status for Team Shel while Carol Johnson and Jack O'Brien were all-game winners for Team Carol.

Team Sally took the upper hand over Team Milly winning

for each competition. Each seven of 12 games. All-game winners for Team Sally included Donna Perkins and Donna Gorman. Sal LaScala was the all-game winner for Team Milly.

Scores for the Jan. 12 morning league games will be published in next week's paper.

Jan. 9 winners: Team Chandra and Team Elizabeth evenly split the 12 games of the new winter season. Chandra Patel was the all-game winner for Team Chandra while Karen Mendon and Sue Burkschab were the all-game winners for Team Elizabeth.

Team Rod had its first scheduled bye Jan. 9.

For more information, call Membership Coordinator Patty Peterson at 562-714-7072.

Yahtzee Club to meet Jan. 19

The objective of Yahtzee is to score points by rolling five dice to make certain combinations. The Yahtzee Club will meet Jan. 19 in Clubhouse 3, Room 6 at 1 p.m. There will be a halftime social. The club meets the first, third and fifth Fridays of each month.

Dec. 29 winners: Mary Newport, most Yahtzees; Louise Hinkle, high score; Lillian Munoz, low score; Sandy Weisenstein, door prize.



Play a fun and easy game with the Yahtzee Club.

Jan. 5 winners: Trish Moyer, most Yahtzees; Louise Hinkle, high score; Beverly Pernaud, low score; Lillian Munoz, door prize.

For more information, contact Diane Seeger at 562-533-5997. —Diane Seeger

NEW YEAR'S RESOLUTION



The pickleball courts are located behind Clubhouse 2.

Play more pickleball with the Pickleball Player's Club

Jim Thomason will give beginner lessons on Tuesday, Jan. 23 at 10:30 a.m. on the fourth Tuesday of each month. Follow-up lessons for skill development are offered every Wednesday at 10 a.m.

The Pickleball Players' Club monthly meetings are held on the second Sunday of each month at 6:30 p.m. in Clubhouse 2.

For more information about the club or lessons, send an email to: lwsbpickleballclub@gmail.com.

Woman's Club Tabletop Games

The Woman's Club will host tabletop games on Friday, Jan. 19, in Clubhouse 2 from noon to 4 p.m. A lot of people play cards at the event. Bridge was really popular last month, and there was room at some of the tables for more players. Cribbage, Canasta, Yahtzee, dominos and mahjong, to name a few, are also popular. Those who don't belong to a group can come and start their own table or join one looking for players. It's a great way to make new friends and have fun at the same time.

Tabletoppers play is from noon to 4 p.m. in Clubhouse 2 every third Friday of the month. Men are welcome also. Members and friends can bring or join



Dorothy Prince (I-r), Geraldine Wright, Helen Becker and Jean Damrel.

any game they enjoy. Everyone is asked to donate \$1 to help support the Woman's Club philanthropies. This month, the Woman's Club of Leisure World recognized the Leisure World Orchestra with a donation.

Refreshments are served,

sweet treats as well as coffee and hot water for tea and hot cocoa. Some of the gamers like to bring their lunch.

For more information, call Jan Krehbiel at 562-431-

-Beth Greeley

Duplicate Bridge Club

The Leisure World Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can call Linda Nye at 562-453-6678 or email her at yuelingnye@ *yahoo.com* no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

Jan. 5 winners (six tables): Shmuel Fisher and Joan Tschirki, and Sibyl Smith and Diane Schmitz, north/south; Bill bridge. Brooks and April Berg, and



Attend a meeting to learn the ins and outs of duplicate

Kathy Jervik and Priscilla Caillouette, east/west.

The club congratulates the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at www.acblunit557. org and click on Leisure World Results. For club information contact Howard Small at 516-659-3314 or howard.small@outlook.com.

Cribbage Club meets Tuesdays at noon in CH 1

Cribbage is a card game, the objective of which is to be the first player to get 121 points. The Cribbage Club meets every Tuesday at noon in Clubhouse 1. Refreshments are served from noon to 12:15 and anyone arriving by 12:15 is assured a place to play. A total of seven games are play beginning at 12:30. Yearly dues are \$5 and \$1 is collected each week to play.

Donna Gorman and Helen Elich provided and served homemade cake, ice cream and cookies to everyone. The club thanks them.

The winners for the week include: Joan Berg, 844, first



Donna Gorman (I) and Helen Elich provided and served refreshments.

place; Pat Blum, 842, second; Sandra DeDubovay, 824, third; Jim Schneiderman, 823, fourth. Bobbie Straley finished with

New members are always welcome to join. For more information, call Marilyn Chelsvig at 562-279-5665.

—Mary Holder

LW MONDAY NIGHT BUNCO CLUB

Evening bunco play is Jan. 22

Bunco is an easy dice game and a lot of fun. The Monday Night Bunco Club meets the second and fourth Mondays of every month in Clubhouse 3, Room 1. Play begins at 6 p.m. sharp. All residents and their guests are welcome. There will be a halftime social to meet your friends and neighbors. The next meeting is Jan. 22.

Jan. 8 winners: Barbara Gardner, most buncos; Michie Kimura, Marianne Matheis, Diane Seeger, most wins; Lillian Munoz, most babies; Pat Wilson, most losses; Sandy Weisenstein, door prize

For more information, call Katie Carmagnola at 925-413-7583.

LW Men's Golf League

On Jan. 5, the first Friday of the new year, 11 golfers from the Leisure World Men's Golf League challenged the par-62 David L. Baker Executive Golf Course in Fountain Valley. Executive courses are designed to be played in a shorter amount of time (three hours vs. four and a half) and at a much shortage yardage (4,000 yards. vs. 5,800). Typically, there are no par 5s, and an equal amount of par 3s and par 4s.

With good playing conditions, and tee boxes set midrange, seven of the 11 scores were net at or below par, and there were seven birdies—three by Clay Fischer, and one each by Sam Choi, Jim Goltra, Chris Lankford and Gene Vesely. Choi also had fewest putts in the A flight, and Bill McKusky in the B. Fischer was closest to the pin on the 100-yard par-3 third hole, and Vesely was closest on the 110-yard par-3 15th hole.

A flight winners (handicaps 0-19): Fischer, 8 under 54, first place; Choi, 5 under 57, second; Fujio Norihiro, 3 under 59, third; Jim Goltra, 2 under 60, fourth; tie between Lankford and Gary Stivers, fifth.

B flight winners (handicaps 20 and over): McKusky, 11 under 51, first place; tie between Vesely and Bob Munn, 4 under 59, second; tie between Lowell Goltra and Tom Ross, third.

On Monday, Jan. 8, 13 bundled up golfers defied the chill at the Willowick Golf Course in Santa Ana. Willowick is a 6,000-yard par-71 course that, surprisingly, has no water hazards. Instead, it substitutes several 520-plus yard par 5s, and very long par 3s, creating additional challenges for the average golfer.

Even with decent playing conditions, only four of the 11 scores were net at or below par, and there was just one birdie by Sam Choi. Choi also had fewest putts in the A flight, and Bill Zurn in the B. Daniel Mahoney was closest to the pin on the 140-yard par-3 12th hole. The always frustrating par-3 fourth hole had no one capture the closest to the pin this round.

A flight winners (handicaps 0-19): Choi, at even par 71, first place; Jim Goltra, 1 over 72, second; Norihiro, 2 over 73, third; tie between Lankford, Fischer and Stivers, fourth.

B flight winners (handicaps 20 and over): Vesely, 3 under 68, first place; McKusky, 2 under 69, second; Lowell Goltra, 1 under 70, third; tie between Mahoney, Zurn, Digna Vesely and Bob Munn, fourth.

The Monday and Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. Those interested in playing can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

LW Men's Golf Club

The first Men's Golf Club tournament of the year was held Jan. 10 at the Turtle Lake Golf Course. Three flights of variously skilled golfers vied for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot circle rewarded) and two closest to the pin challenges.

The course was in good condition save for weedy spots on several greens. Accordingly, it was peculiar that only 18 of the 50 rounds were net at or under par, but there were 43 birdies, and 11 circle hole winners.

The low gross competition was a tie by Mark Rice and Mike (the Kid) Mayfield, followed by Rolando Ramirez and John Kolthoff. Best net score was Darry Holtzen, then a tie between Jack Haskins, Mary Jones and Richard Yokomi. Lowest gross score was also Holtzen at 4 under 50. Closest to the pin on

NOTE TO ALL **GOLFERS:**

Men's Golf Club dues for 2024 are due. See Dave LaCascia at club tournaments or the next general meeting on March 6, in Clubhouse 3, Room 1. Meeting dates have changed to the first Wednesday of January, March, June, September and November.

the eighth hole was Ron Steele seven feet six inches, and Jun Um at two feet ten inches on the 17th hole.

All scores below are net (gross score minus handicap).

A flight winners (handicaps of 0-5): Tie between Rice, Ramirez and Mayfield, 2 under 52, first place; tie between Dave LaCascia and Kolthoff, 1 under 53, second; Alan Sewell, 1 over 55, third.

B flight winners (handicaps

of 6-13): Richard Yokomi, 4 under 50 first place; Tom Owens, 1 under 53, second; tie between Steve Walker and Bill Long, even par 54, third; tie between John Rudosky and Jun Um, 1 over 55, fourth.

Cflight winners (handicaps **of 14-18):** Holten, 6 under 48, first place; Haskins, 4 under 50, second; Mark Tal, 3 under 51, third; Mary Jones, 1 under 53, fourth: tie between Mike Carlson, Bill Zurn and Jon Russell, even par 54. fifth.

The next men's tournament will be on Jan. 24 and every second and fourth Wednesday of each month. The Guys and Gals tournament will take place on Jan. 31. Those who had planned to play and cannot should contact Alan Sewell at 541-324-8558 or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 15 minutes prior to tee time.

—Dave LaCascia

LW Women's Golf Club

Thirty-nine women turned out for the weekly tournament on a brisk and cold day Jan. 29. Play for the day was low gross, low net and birdies. There were a total of

A flight winners: Low gross: Hae Lee, 28; low net: Lisa Kim and Veronica

Chang, 26; birdies: Lisa Kim, holes No. 2 and 6, Susie Kim, No. 3 and 5.

B flight winners: Low gross: Karen Mendon, 29; low net: Bert Thompson and Clara Suh, 24; birdie: Sang An, hole No. 1.

C flight winners: Low gross: Nancy Tye; low net: Keiko Sekino, 24; birdies: Nancy Tye, holes No. 3 and 6, Keiko Sekino, No. 7, Patty Littrell, No. 2, Sun Lee, No. 6.

D flight winners: Low gross: Sue Elliot, 35; Low net: Emiko Uchiyama, 23; birdies: Liz Meripol, hole No. 9, Michelle McMonigle, No. 7.

—Linda Herman



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COMMUNITY



Some floats used grains, beans, or bits of bark 'to create the final product.



photos Donna Gambo

Donna Gambol spent two days helping volunteers build floats for the Rose Parade.



Floats were constructed in warehouses.



Hundreds of thousands of roses are used in the parade each year to make the floats.



LWer helps create beauty for Rose Parade

GRF Board Member Donna Gambol from Mutual 1 spent two days in Pasadena helping to prepare the Rotary International float for the Rose

"It was a great experience, from cleaning out little tubes and preparing them for roses

to clipping the petals off of status to sprinkle on the float. There's so much detail to this art-form," said Gambol.

Her tasks during her time volunteering included wrapping support sticks and clipping bits of baby's breath, and gluing the tops of mums and

carnations to the float.

Thousands of volunteers work on the floats that are primarily constructed in three large warehouse like facilities until the day of the parade.

Gambol plans to return to volunteer again next year.

–Donna Gambol



Roger and Sue Elliott on their wedding day.



The Elliotts celebrated their 60th on a cruise.

LW Anniversary

Roger and Sue Elliott will celebrate their 60th anniversary today, Jan. 18, while on a Caribbean cruise.

Roger and Sue met at Long Beach Jordan High School in 1961. They married three years later in 1964 and were blessed with four children, two boys and two girls. They have five grandchildren and three greatgranddaughters.

Roger and Sue lived in Thailand where Roger was working and their oldest daughter was born. Their time there was very special and allowed them to visit other Asian countries. They lived in Lakewood for 48 years before moving to Leisure World five-and-a-half years ago. Both continue to lead busy,

productive lives. Roger runs Specialty Tires, and Sue works as a golf starter here in Leisure World. They enjoy golfing in their spare time and even played at Pebble Beach once. Their favorite destinations are Hawaii and Las Vegas. They are looking forward to more special times together making new memories.



LWers will be able take advantage of the EIC's document scanning services periodically throughout the year.

Emergency Information Council sets agenda for the new year

The Emergency Information Council (EIC) met on Jan. 11 to kick off the new year by planning activities to promote emergency preparedness in the community.

 $Twenty-one \,members \,representing \,11 \,mutuals \,attended \,both \,in$ person and virtually. The group decided to regularly host meetings with speakers who can educate LW residents on topics such as managing medicines, pets, medical equipment and power outages associated with a disaster.

As an activity, the EIC decided to provide to residents a document scanning service periodically throughout the year for the purpose of copying one's most critical documents on a USB drive (also called a "thumb" or memory stick). Vital documents include birth certificates, wills, owners certificates or any other document that one might need to access after a disaster. A USB drive can be kept in one's emergency grab-and-go bag and be used to access the most essential personal information.

Those interested in getting involved in EIC activities are welcomed to join and share related ideas. Contact EIC President Jackie Dunagan at jackie919@gmail.com.

—Nick Massetti

Sunshine Club

GRF Safety Manager Eloy Gomez, will speak at the Sunshine Club meeting on Friday, Jan. 19, in Clubhouse 3, Room 2, at 10 a.m.

Gomez will speak in detail about home fire safety, fire prevention, fire suppression with the use of portable fire extinguishers and other resources.

He is a certified Cal-OSHA instructor, Red Cross certified instructor, Community Emergency Response Team (CERT) instructor and a certified Emergency Management specialist by the California Specialized Training Institute (CSTI).



Eloy Gomez

All residents are welcome to attend the meeting. The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served.

The Sunshine Club is open to all people regardless of religion or politics. The club began on Jan. 12, 2012, with the mission to "build bridges for brighter Leisure World," and help people get get the best out of living in Leisure World and have better communication with their neighbors.

For more information, contact Anna Derby at 562-301-5339.

Golden Age Foundation board meeting

The Golden Age Foundation (GAF) will have its monthly board meeting on Wednesday, Jan. 24, at 1 p.m. in the GRF Conference Room B.

During GAF's tax assistance program, board meetings will be held at 2 p.m.

All members of the GAF are welcome to observe the meeting. This is a great opportunity to catch up on the latest news and get a preview of upcoming projects.

The GAF board meets on the fourth Wednesday of the month.

For more infromation, contact Anna Derby at 562-301-5339.

American Legion Auxiliary fashion show, luncheon and raffle: March 9

The women of the American Legion Auxiliary are excited to once again present their annual fashion show and luncheon fundraiser. The event will be held on March 9 in Clubhouse 2 at 11 a.m.

Carol's in Old Town Seal Beach will provide the fashions. Lunch will be served, and people can try to win one of the many raffle prizes. Last year, the Auxiliary supported 12 different projects including nursing scholarships to three young women and a young man, several families with children at Christmas, companion dogs, assistance to veterans assimilating back in the workforce, education, and food for homeless veterans through the food pantry at the VA Hospital, plus 63 jackets were given to veterans and their families, to name a few.

It is rewarding to work with these organizations and meet the dedicated staff that works with veterans who have served the country, away from their families and many who come home with physical injuries and/or mental challenges. This event makes it possible for the Auxiliary to make a difference in the lives of many and all LWers are welcome to attend and be part of the Auxiliary's purpose of "Service, not self."

Tickets are on sale now and can be purchased for \$40 or a table of eight for \$300. People can call Rose Marie Sprague at 714-742-8362 to purchase tickets and they will be on sale in Clubhouse 2 at Bingo the first, second and fourth Sundays in January and February.

Tickets sell fast; call and reserve early.

—Dianne Hart



Debbi Fudge and Cesario Galindo

LW Birthday

Mutual 1 resident Debbi Fudge celebrated her 79th birthday on Dec. 28 with a tamale dinner, board games and birthday cake hosted by residents Juan Melendez and Kristi Martin.

Another 79th birthday celebration for Fudge was gosted by her Long Beach friend of 40 years, Cesario Galindo, at Hof's Hut on Dec. 29.

Democratic Club

by Mary Larson
LW contributor

The Democratic Club's first membership meeting of the year will be held on Wednesday, Jan. 24, in Clubhouse 3, Room 2 at 1:30 p.m. Note the meetings will now be held at a new location and time.

In order to have time to socialize with one another before the meeting begins, members are invited to bring their own bag lunch and arrive as early as 12:45 for the 1:30 meeting. Coffee, water and individually wrapped snacks will be available.

Members can also join the meeting via Zoom by emailing *sblwdemocraticclub@gmail.com* for the login information.

Dom Jones, the Democratic Party endorsed candidate for the California Assembly in the March Primary Election, will be the featured speaker at the meeting. She will attend the meeting in person.

In a recently completed

Ballotpedia's Candidate Connection survey, Jones indicated that—if elected—she would be a strong advocate in the Assembly for equitable access to health-care, fair tax laws, empowering women and unwavering support for LGBTQIA+rights. She is also committed to preserving the natural beauty of coastal Orange County, while also understanding the interconnectedness between economic prosperity and ecological well-being.

Gun safety laws will be the topic of the Feb. 21 Democratic Club sponsored voter education session in Clubhouse 3, Room 3, at 1 p.m.

These sessions have been relaunched in 2024 as a component of the club's efforts to help voters better understand the importance of down-ballot races. All LW Democrats and supporters are welcome to attend. People can register in advance for this session by calling 562-594-9148 or emailing Beverleybender@gmail.com.

Weather permitting, the club's Hospitality and Information Booth will be open every Tuesday and Thursday from 10:30 a.m.-12:30 p.m. outside Clubhouse 6 until the March Primary Election.

The Leisure World Democratic Club believes that facts and truth matter. Everything appearing in the press releases and semi-monthly newsletters has been fact checked for accuracy to the fullest extent possible.

All Democrats and supporters are invited to subscribe to the club's semi-monthly electronic newsletter. Email *mlarson.telfords@gmail.com* to sign up. It is important to include complete contact information—address, phone number and political party registration—in the request.

If a request has not been answered or a person has signed up but is not receiving the newsletter, the person is asked to send another email request or call editor Mary Larson at 562-296-8521.



Chinese Friendship Club

The Chinese Friendship Club will celebrate the Chinese New Year, the Year of the Dragon, on Feb. 8 in Clubhouse 3, Room 1, at noon.

The club will have a potluck luncheon to celebrate the new year. All are welcome to join.

For more information about the event, call Stella Huang at 562-588-6060.

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December Security Incident Report

The following is the security incident report for the month of December. It has been edited for brevity and clarity.

FIRE: 2

•Dec. 12, 6:55 p.m., Health Care Center

False alarm; no fire ocurred. • Dec. 27, 12:58 a.m., Mutual 1

A resident left a microwave on, which burned the food inside. No fire or injury occured, only smoke.

COYOTE SIGHTINGS: 28

•28 sightings reported.

THEFT: 8

• Dec. 1, 5:43 p.m., Mutual 2 An unknown person removed a stepladder from the carport area.

• Dec. 4, 1:47 p.m., Clubhouse 2 An unknown person removed a chair in the game room.

• Dec. 6, 5:31 p.m., Mutual 12 An unknown person removed a package from a resident's porch.

• Dec. 7, 10:45 a.m., Mutual 15 An unknown person removed a resident's jacket from the basket of a scooter.

•Dec. 9, 4:50 p.m., Mutual 9 An unknown suspect removed a resident's flowers.

• Dec. 11, 3:15 p.m., Mutual 9 An unknown person removed a resident's clothes from a laundry basket.

•Dec. 11, 11:51 a.m., Mutual 6 An unknown person removed a license plate sticker from a vehicle.

• Dec. 29, 11 a.m., Mutual 12 A resident stated she placed her property in a box in November and one month later found it missing.

VANDALISM: 5

•Dec. 2, 11:35 a.m., Mutual 2 An unknown person damaged a chair in front of a resident's unit.

• Dec. 6, 6:38 a.m. Clubhouse 1 An unknown person tampered with an electrical panel lock.

• Dec. 6, 10:04 p.m., Mutual 7 An unknown person cut zip ties on a golf cart cover. No other damage was noted.

•Dec. 25, 1:46 p.m., Electrical Shop

A locked padlock was tampered with, but nothing was removed.

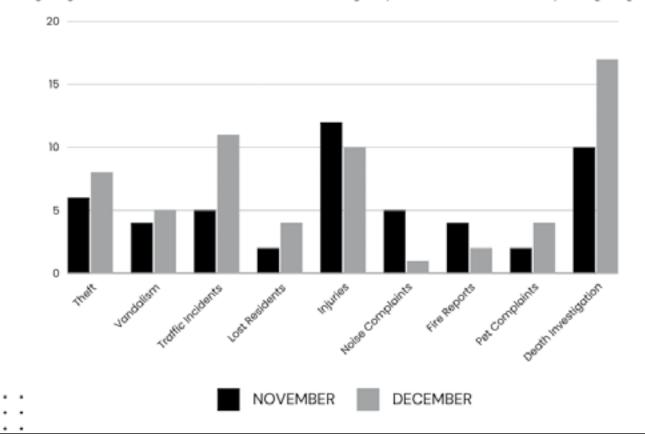
• Dec. 28, 4:32 p.m., Mutual 2 A resident reported scratches on his vehicle.

PET COMPLAINTS: 4

•Dec. 1, 12:21 p.m., Mutual 8

NOVEMBER AND DECEMBER AT A GLANCE

Below is a comparison of the total Security reports for the months of November (30 days) and December (31 days). The month of November had a total of 264 calls, including 167 paramedic calls and 47 coyote sightings. December had a total of 266 calls, including 176 paramedic calls and 28 coyote sightings.



A resident reported a dog running without a leash.

• Dec. 2, 1:40 p.m., Mutual 6 Security responded to a barking dog complaint. The barking dog was found, and the owner advised.

• Dec. 18, 2:24 p.m., Mutual 6 Security responded to a barking dog complaint. The barking dog was found and the owner advised.

•Dec. 30, 1:17 p.m., Mutual 10 A resident stated a coyote bit her dog five days earlier.

TRAFFICINCIDENTS: 11

• Dec. 2, 1:13 p.m., Mutual 11 A resident backing out of a carport struck a parked vehicle.

• Dec. 3, 1:47 p.m., Mutual 7 An unknown driver struck a retaining wall with their vehicle and fled the scene.

• Dec. 3, 12:10 p.m., Mutual 3 A resident struck a storage cabinet in the carport.

•Dec. 5, 1 p.m., St. Andrews Drive/Northwood Road

A resident's vehicle and an ambulance collided. Seal Beach police were at the scene.

• Dec. 11, 1:30 p.m., St. Andrews Drive/Golden Rain Road An unknown vehicle almost

An unknown vehicle almost struck a pedestrian in the crosswalk; no injuries reported.

•Dec. 15, 9:51 p.m., Glenview Road

A resident struck a parked vehicle while driving.

•Dec. 20, 12:55 p.m., St. Andrews Gate

A resident drove a vehicle over sprinkler valves and sprinklers.

• Dec. 21, 1:01 p.m., Mutual 4 A resident backing out of a carport struck a parked vehicle.

• Dec. 22, 1:51 p.m., Amphitheater A resident drove a vehicle into a metal pole.

•Dec. 23, 5:35 p.m., Main Gate Two vehicles collided while exiting the community.

• Dec. 30, 10:30 p.m., Mutual 6 A resident's guest drove his vehicle into a light pole.

NOISE COMPLAINTS: 1

• Dec. 20, 3:43 p.m., Mutual 14 A resident complained of loud voices coming from the neighboring unit.

LOST RESIDENTS: 4

• Dec. 2, 4:50 p.m., Mutual 15 A lost resident was found and returned home safely.

• Dec. 10, 5:40 p.m., Mutual 4 A lost resident was found returned home safely.

• Dec. 11, 12:15 p.m., Mutual 3 Ongoing issue with missing resident. Security returned the resident home safely.

• Dec. 24, 2:30 p.m., Mutual 6 A resident could not find their unit and was safely returned home by Security.

OTHER INCIDENTS

• Dec. 1, 10:21 a.m., Mutual 6 Security assisted the Mutual president with addressing a non-resident living in a unit.

• Dec. 3, 11:24 a.m., Mutual 3 Ongoing resident dispute involving a variety of issues.

•Dec. 4, 7:14 p.m., Mutual 8 A resident verbally abused Security officers at the gate.

• Dec. 4, 9:08 a.m., Decal Office A resident physically and verbally abused a Decal Office employee.

• Dec. 6, 1:34 p.m., Mutual 1 A resident complained of neighbor using an offensive air freshener

•Dec. 11, 11 p.m., Mutual 14 Security advised a resident of the car wash policies.

• Dec. 18, 10:20 a.m., Mutual 2 Security advised a resident regarding harassing wildlife with a water hose.

• Dec. 19, 1:09 p.m., Main Gate Security observed an unauthorized person enter through the exit gate. SBPD was called, and the person was escorted out of the community.

• Dec. 20, 8:42 p.m., Pool Area An unauthorized person was observed near the Aquatic Center and escorted out of the community.

• Dec. 26, 9:43 a.m., Mutual 7 A vendor using electricity from a neighboring unit ceased after speaking with Security.

• Dec. 26, 2:25 p.m., Mutual 4 Security advised a resident against feeding wildlife.

•Dec. 29, 8:21 and 8:31 p.m., Mutual 4

Ongoing resident dispute involving a variety of issues.

• Dec. 30, 6:40 p.m., Mutual 4 A resident engaged Mutual president in a verbal altercation over parking.

TOTALS:

Paramedic calls: 176
Theft: 8
Vandalism: 5
Traffic Incidents: 11
Death Investigations: 17
Lost Residents: 4
Injury: 10
Noise Complaints: 1
Fire Reports: 2
Pet Complaints: 4
Coyote Sightings: 28
Grand Total: 266

CAP Food Distribution

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be today, Jan. 18. Distributions are on the third Thursday of the month.

Eligible seniors must live in Leisure World and be at least 60 years of age and meet income guidelines.

To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub). For more information, contact Roberta Arshat at 562-431-6586, ext. 317, or *robertaa@lwsb.com*.

Golden Age Foundation Mobility Aids

Mobility aids are loaned out to the community as needed. The office is open from Monday-Friday, 9-11 a.m., downstairs in Clubhouse 6. For more information or to volunteer, go to www.GoldenAgeFdn.org or call 562-431-9589.



News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

Luane Watkins (I) and Cella Vaccareua from Mutual 5 received assistance signing up for the Ralphs Community Rewards Program.

Golden Age Foundation & Ralphs Rewards

Golden Age Foundation (GAF) volunteers will be in the Hospitality Room in Clubhouse 6 every third Wednesday of the month to help residents sign up for the Ralphs Community Rewards Program. The GAF will ask for a resident's full name, email and phone number connected to their Ralphs membership to complete the process. It will take at least a few minutes, so allow a few minutes to complete the process. The information will be shredded once the sign up process is complete

The Ralphs Community Rewards program is the GAF's only ongoing fundraising project. By signing up and shopping at Ralphs grocery stores, residents can donate to the GAF without adding additional costs to their grocery trip.

GOLDEN AGE FOUNDATION

GAF seeks LW centenarians for annual milestone celebration

The Golden Age Foundation (GAF) will host its fourth Leisure World Centenarian Celebration on Tuesday, April 23. GAF's goal is to recognize and celebrate every shareholder in LW who has reached this extraordinary point in life to be recognized and celebrated.

People who know a LW shareholder who is or will be turning 99.5 years young in 2024 should call or text one of the numbers below. People should provide their long-lived friend, neighbor or family member's name, mutual and unit number, and contact information to include them in the celebration. The GAF hopes to feature some LW centenarians' stories in the LW Weekly.

People can provide information on centenarians to any of the following: Carl Kennedy at 661-810-9410; Beth Greeley at 714-329-3621; Cheryl Falconer at 714-904-1984; Fara McCartney at 714-625-5141 or Anna Derby at 562-301-5339.

Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: laurieb@lwsb.com

The deadline is the Thursday before the desired publication date.



Our unique Shared Care process allows for more frequent visits at a lower cost. We also provide discounts when you refer a friend.

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To learn more call us at **714.249.4843** or visit our website at www.rahwestoc.com

America First Republican Club

The America First Republican Club held its Family Today-Family Tomorrow, an informational event covering issues of concern to many parents and grandparents, on Jan. 13. The event was sponsored by the American Legion Post.

The Leisure World America First Republican Club supports legal immigration and secure borders, peace through strength, lower taxes, cutting government spending, free enterprise capitalism, family values, parental control of education, public safety through well-funded law-enforcement and an America first foreign policy.

Monthly meetings are held in Clubhouse 3, Room 2, on the third Wednesday of each month at 5 p.m. for socializing and 5:30 for the speaker.

The club booth, located near Clubhouse 6, will be open each Monday, Wednesday and Friday in January from 11 a.m.-2 p.m. At the booth, residents can register to vote, change their party affiliation or just enjoy pleasant conversation.



Spiritual Advisor Father Juan Caboboy (I-r), Vic Gendrano, Lilia Gaerlan, Cecilia Cabaysa and Martina Lindl attended the celebration of life for their late fellow club member and friend, Rick Dizon.

CELEBRATION OF LIFE

Ric Dizon honored by club

The Filipino Association (FALW) honored Ric Dizon with a celebration of his life on Jan. 6. No words can adequately express the enormity of his kind, generous and talented personality. Former president of the FALW, Dizon also served in many other clubs, working and performing. He was also an American Navy veteran.

The luncheon event was attended by 200 people who danced and sang Elvis karaoke songs, which Dizon loved to sing. His family members and friends who lived in and outside the Leisure World community joined to celebrate and honor his extraordinary life. He will be greatly missed.

—Carolyn Mottola

How to place an obituary

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date. Email obituary notices to *laurieb@lwsb.com* with photos attached as jpg files. The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call 562-430-0534, ext. 801, or email *laurieb@lwsb.com*.

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January 18, 2024 | www.lwsb.com | www.lwweekly.com **LW**WEEKLY

ARTS & LEISURE

Antarctica holiday adventure thrills M15 residents Grab 'n' Go Food: Jan. 24-31

ay and John Mount of Mutual 15 celebrated a white Christmas aboard the Viking Polaris expedition ship on the seas around Antarctica. The 16-day trip required seven days traveling to and from the southernmost town in the world, Ushuaia, Argentina, to reach the forgotten continent. The Mounts enjoyed seven excursions from the ship onboard a Zodiac, a common landing craft used by military and expeditions, to reach land where countless penguins nested and rear their young during the Southern Hemisphere summer months. The various stops included the chance to see three penguin species: Gentoo (the most common penguin in Antarctica), Chin Strap and Adelie.

Also seen on the excursions were historical sites and beautiful icebergs, some as large as the eight-deck ship. Three hundred and eight passengers made the



The hike to the penguin colony after disembarking from the Zodiac, which carried passengers from their ship to the dazzling sites.

sailing with a crew of approximately 125, headed up by a half dozen Ph.D. scientists. There were data collection research projects conducted throughout the voyage, with passengers snapping photos of clouds, wildlife, and icebergs. The science staff downloaded the photos and

sent them to a variety of university and private institutions from Australia to England, to assist their research staffs studying the Antarctic region.

The trip thrilled the Mounts from start to finish and exceeded their high expectations at every

Thursday: Domino's Pizza at Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads. The truck is on site from 3:30-7 p.m. Cash and cards are accepted.

Monday: Italian Burger Truck at Clubhouse 6—Burgers, chicken, steak and loaded fries with an Italian accent. Menu: www.bestfoodtrucks.com/truck/italian-burger-grill-b64e1deb-43df-4669-9fb8-8ccb1ac81430/menu. Preorders accepted online at info@ italianburgergrill.com or text 424-299-6291. Cash and cards are accepted. 4-6 p.m.

Tuesday: Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday: NEW Kiki's Cuban Food at Clubhouse 6— Offering a variety of Cuban specialties, from slow roasted pork to sweet plantains to vegan dishes. www.canva.com/ design/DAF0u9GczdU/wS68pltbDPjTesrFhHiO_Q/view?utm_ content=DAF0u9GczdU&utm_campaign=designshare&utm_ medium=link&utm_source=editor

On-call bus service is available from 4:30 p.m.; regular service before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 379.

Vendors are subject to change. Watch LW Live for updates. Sign up for email notifications at www.lwsb.com/lw-live-sign-up/. To ask questions or give feedback, call 562-431-6586, ext. 398, or email *kathyt@lwsb.com*.



A reading option while the library undergoes renovations is this Little Free Library, where one can give or take a book. It is located on El Dorado Drive, across the street from the large parking lot adjacent to Clubhouse 2.

Art League names monthly winners at meeting

The LW Art League held its monthly meeting on Jan. 9 in Clubhouse 4. The guest demo artist and judge was John "Jim" Salchak. There was no live painting demonstration but Salchak made a slideshow presentation/lecture on the works of an American painter, John Singer Sargent.

The complete list of winners at the competition are: Carol Levine, Best of Show; Marilyn Jonas, Popular Vote award. In the Masters category, Kelly Frankiewicz, first place; Intermediate category: Ida Bruce, first place; Judy Sherratt, second; Marion Higgins, third. In the 3D/Craft category, Brenda Hemry, first place; Nina De Rosa, second; John Robinson,

There were six new members who joined at the meeting including Brenda Hemry, Nancy Pittman, Norma Kolb,



Top award winners at the LW Art League's monthly competition held on Jan. 9 include: Carol Levine (front, I-r), Brenda Hemry, Ida Bruce. Back row: Marilyn Jonas (I) and Kelly Frankiewicz.

Carol Friedland, Gay Gould and Avonnia Asbury. Member Mari McGrath was honored with a Lifetime Member designation

for reaching 90 years of age. The next Art League meeting is on Feb. 13.

-Larry Sioson

LET THE GOOD TIMES ROLL

Rock and roll this Saturday evening

Forget the winter cold and rain. Come out for a rock and roll dance to be held this Saturday evening, Jan. 20, in Clubhouse 2. Doors will open at 5:30 and the dance is from 6-9.

The Legends of Rock Dance band, lead by Jon Pearlstone, will keep the party going with all the best dancing music.

The Let the Good Time Roll Club will provide cider, coffee, and cookies for refreshments during the band break. Attendees can bring their own refreshments, ice will be available. There is no admission charge for this live music event, but donations are appreciated to keep offering great live entertainment for the music and party lovers of Leisure World.

-Martha Destra

Temporary Library

Located in Clubhouse 3, Room 8, the temporary library offers a selection of new and popular books, audio and visual materials available for checkout. Many of the library's magazines and all of its newspapers are also available for reading.

Library materials checked out prior to the closure of the main library will continue to be due at their regular due dates. Residents can either return the items in the same book drops as they have always used or visit inside the temporary location in Clubhouse 3.

This temporary library location will operate Monday-



Library Manager Taylor Greene is ready to welcome visitors to the temporary library in Clubhouse 3, Room 8.

Friday from 9:30 a.m.-3:30 p.m. Some of the library's regular services such as faxing, copying

and patron computers, will be unavailable at the temporary location.

Velvetones set to play Sunday

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing Big Band Swing and jazz standards—music for dreaming and dancing under the direction of Jeff Plum. The Velvetones play at Clubhouse 4 on the first and third Sunday evenings at 6 p.m. Grab your dancing shoes and join us this Sunday.

The Big Band Sound—that uniquely American combination of reeds, brass, and rhythm which defined our nation's popular music for more than three decades and which still pervades our public consciousness is the Velvetones signature.

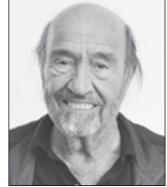
They vividly bring this classic music to life for a new generation of audiences, authentically recreating the style, musicality, and essence of Swing Era band music. They pepper their repertoire with contemporary pop hits to broaden their audience.

Whether it be a well-known big band standard, contemporary jazz showcase, sentimental vocal ballad, or a hard swinging brass feature, the Velvetones provides a unique and complete package of musical entertainment.

COMMUNITY KARAOKE

Country Western karaoke hits the stage on Jan. 24

The annual Country Western Karaoke Jamboree is coming Wednesday, Jan. 24, to Clubhouse 1 at 5:30 p.m. Don those cowboy hats and boots and get ready for folk, bluegrass and blues music sung by energetic karaoke folks. It's always a fun night as feet tap and hands clap to the beat. Everyone is welcome for a lively evening.



David Noble

Richard Yokomi began last week's evening with a

jumpin' tune that set the pace for other lively hits sung by Frank Miller, Karen Morris, Donald Horning, David Noble, Dotti Brooks, David Noble, Bobby Groncki and Ray Geierman. Kathy Swinger was a hit singing "I Started a Joke." Rob Illingworth did a fine Broadway hit from "Camelot." Capturing the audience and expressing the music were Galit Stater, Susan Kelleghan, Bob Barnum, Essie Hicks, Flo Lee and Sally Glausser among several other talented singers.

—Margie Thompson

Hui O Hula

Everyone is welcome to Hui O Hula, LW's Hawaiian dance club. Hula classes are offered on Tuesday and Thursday at 1 p.m. Tuesday's class is held upstairs, in the mirror room, at Clubhouse 6, and Thursday's class meets at Veterans Plaza or inside Clubhouse 3 if the weather is unfavorable.

Hula should be performed without shoes. Bring a pair of socks or booties because the floor can be cold during the winter months.

In class, He Aloha No O Honolulu is the current hula dance subject. This song, composed by Lot Kauwe (ca. 1877-1922), tells of his boat ride from Honolulu on the island of 'Oahu to Kona, on the Big Island. Lot was known for using na kaona/hidden meanings in his many songs. In He Aloha No O Honolulu, He uses the kole and manini fish as terms of endearment; and 'ho'okomo Ho'okena' (meaning entering Ho'okena—a place near Kona) as returning home



Joio Weingart

Veteran Hui O Hula dancers Keiko Kawamoto (I-r), Yo Kishi and Miyuki Kawamoto celebrate their January birthdays with their hula family. Always helpful and kind, dancers thank them for being good leaders.

to his lover.

A big mahalo/thanks to dancers Keiko Kawamoto, Yo Kishi and Miyuki Okura. They have been dancing with Hui O Hula for at least 15 years. Personas personified, their dedication to the hula and the LW hula hui/group is inspir-

ing. Besides being outstanding dancers, they are kind-hearted and always welcoming to other dancers in class. Since all three were born in January, here's to wishing them a happy birthday and a year filled with joy, aloha, good health, and hula galore.

—Jojo Weingart

SCRABBLE GRAMS SOLUTION								
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G ₂ O ₁ U ₁ R ₁ M ₃ E ₁ T ₁	RACK 3 =	_60_						
O1 V4 E1 R1 T1 A1 X8	RACK 4 =	67						
H ₄ I ₁ M ₃ S ₁ E ₁ L ₁ F ₄	RACK 5 =	71						
PAR SCORE 270-280	TOTAL	336						

Crossword Answers

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Sudoku 1 Answers

1	8	3	9	7	2	6	4	5
5	6	9	4	8	3	1	7	2
7	4	2	5	6	1	9	3	8
			6					
2	5	6	7	3	4	8	9	1
8	3	7	1	9	5	2	6	4
3	7	5	2	1	9	4	8	6
			8					
6	1	8	3	4	7	5	2	9

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all \$1\$ boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.

Sudoku puzzle can be the same.

• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.

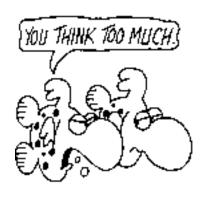
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku muzzle can be the same.

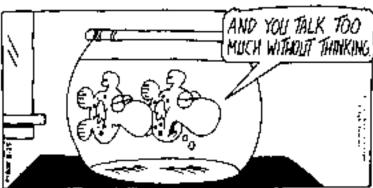
<u>Jumble Answers</u>

BASIC WITING ONWARD SPLEDY The huge tossilized skull found in the desert was — DBY AS A BONE

Puzzle Answers

Puzzle pages 6-7





Sudoku 2 Answers

7	8	5	3	2	9	1	4	6
6	9	1	4	7	5	8	2	3
4	3	2	6	8	1	7	5	9
3	2	9	7	4	6	5	8	1
1	5	6	8	9	2	4	3	7
8	4	7	5	1	3	9	6	2
9	7	8	2	3	4	6	1	5
5	1	3	9	6	8	2	7	4
2	6	4	1	5	7	3	9	8



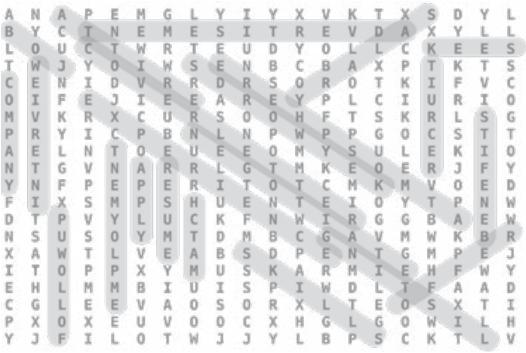
Crypto Fun Answers

A. résumé B. search C. recruiter D. career

Boggle BrainBusters Answers

OWL EMU HAWK DUCK LARK CROW CRANE EGRET EAGLE

Word-Find Answers



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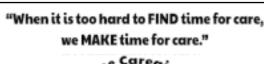
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GRF bus trips to The Lion King and Michael Jackson Musical

Recreation will kick off 2024 with two highly anticipated GRF bus trips to The Lion King, and Michael Jackson Musical at Segerstrom Costa Mesa. Both trips are expected to sell out when tickets become available at the Recreation Department on Jan. 19.

The Lion King has been experienced by over 100 million people around the globe and is known for its theatrical, visual artistry with Tony winning award music by Elton John and Tim Rice. Tickets will be sold at \$88 each and include Amphitheater pickup at 5:30 p.m. The show is scheduled for Tuesday, Feb. 20, at 7:30 p.m., so mark the calendar and visit the Recreation department early to secure tickets. Residents and their loved ones are welcomed, and tickets will be sold on a first-come first-served basis.

Michael Jackson's legendary hits will play at the Segerstrom on Wednesday, March 20 at 7:30 p.m. The musical is choreographed by the star's original choreographer and the moves have debuted to audiences across the globe. Amphitheater pickup is scheduled for 5:30 p.m. and transportation is included in the \$100 ticket cost. Note that shows are attended early so that attendees can grab a bite and have a seat without urgency.

For more information, contact Mayoka at 562-431-6586 ext. 476 or email her at *mayokab@lwsb.com*.

Video Producers Club hours scheduled

Joe Osuna, vice president of the Video Producers Club, is conducting a video editing class on Mondays that is now closed to new students. If anyone has a pressing video matter, he is available by appointment via email at joosuna29a@gmail.com.

Jack Haskins volunteers Tuesdays to answer questions about the club and will be available from 10 a.m.-noon at the loft room at the top of the Amphitheater.

Cristina Vegas volunteers Wednesdays starting Jan. 24 from noon-2 p.m. to help iPhone and iPad users. Make a one hour appointment by texting her at 562-279-4657 or via email at *cve-gas2017@gmail.com*.

Owen Hughes volunteers Fridays from 10 a.m.-noon for help with video editing. Make an appointment via email at *Cre8Vid@vahoo.com*

—Ivy Kung

LW Genealogy Club

The regular monthly meeting of the LW Genealogy Club is scheduled for Jan. 24 at 10 a.m. in Clubhouse 3, Room 1. This is the annual Bingo Game Day—lots of fun is guaranteed and possibly new genealogy terminology will be learned. Come join the fun and bring items to use for prizes—it's a great way to unload those unwanted gifts or do some after-Christmas cleaning.

Resolve to get more involved in the club this year. The club is only as strong as the members make it. The members who stepped up in 2023 to do Theme Thursdays have brought some great new ideas to the library which have been enjoyed. To keep the library, it must keep increasing the number of people using it. To do this, volunteers and backup volunteers are needed to open and staff the library each week. The library will be closed on Sundays until there is a new volunteer. The library is currently open: Monday-Thursday, 1-4 p.m.; Saturday, 11 a.m.-2 p.m.; closed Friday and Sunday.

It's time to renew membership for the year. There are white slips in the library for returning members. Fill in the contact information so information is current and correct. The cost for 2024 dues has gone up to \$15 for the year to help cover rising expenses. The membership funds the library, library subscriptions to Ancestry, Fold3, Newspapers, monthly speakers, supplies for the coffee hour each month and for the summer picnic.

There are some changes in the calendar this year. The annual summer picnic will be in June. Due to low attendance in the summer, there will be no club meetings in July and August. The library will be open as usual during the summer as long as there are volunteers to keep it open. Club meetings will resume in September after the summer break.

Theme Thursdays: 1:30-2ish in the library (mini learning sessions and/or discussions.)

Jan 18: Richard Dean: Settlements in Western Virginia, Forts, Indian Raids and more - George Washington may also come up. Jan 25: Researching with Liz and Janet for the "Most Wanted." Consider coming in and talk about making a presentation on

Theme Thursdays.

Anyone seeking a lost ancestor may submit his or her information for future newsletters. Club members love to hear about genealogy discoveries, family stories and see old family photos. Submit newsletter articles or photos to <code>lwgenealogy@gmail.com</code>.

—Mary M Romero

Gardening Event

South Coast Orchid Society, Inc. will present a program by Scott McGregor on "Searching for Blue", the story of the quest for blue orchids, on Monday, Jan. 22, at 7 p.m. in the Whaley Park Community Center, 5620 E. Atherton St. in Long Beach.

Blue orchids have a mystique—exotic, rare and unobtainable. They are an object of desire for books, movies, perfumes and much more.

McGregor will explore the lore of blue orchids, delve into the biology of human color perception, expose many "blue orchids" as fakes, share a few that are actually blue, and talk about breeding possibilities with DNA modification for blue pigments. Orchids grown by our members and visitors will be on display.

The event is free and open to the public.

LW Art League

Digital art is taking over many aspects of art in general and the LW Art League is joining in the action.

The league is seeking Leisure World residents interested in investigating this new aspect of digital imaging via the computer. Because this is new and the league is at the beginning of this method of computer generated imaging, it will be using the inexpensive Corel's Painter Essentials, an intro version of Painter. All attendees will need is a computer and the willingness to learn new tricks. No art degree necessary. For more information, call John Harper at 714-222-

Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6 (second floor). In January the classes are cha-cha at 9 a.m., followed by Foxtrot at 10. Each class is \$7 per person. The class participants vote on new dance topics every month. Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.

Leisure Time Dancers

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. The Hustle will be the new dance at 2 p.m., followed by a continuation of the Rumba at 3. Beginners are welcome.

No partner is necessary. The class will rotate so everyone dances. A review of basics is included. The cost is \$8 per person for one class; \$12 per person for two classes in a single day. For more information, contact Nancy Lyons at nhlyons@icloud.com.

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Mutual 15-37R

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home.

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New Listings! \$359,900 M11-273L

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M14-28A

This elegant fully expanded corner two-bedroom one bathroom home features a spacious living room and formal dining room. The living room has Bay windows, recessed lighting and is adjacent to a formal dining room with a beveled-mirrored wall. The custom kitchen has newer cabinets and built-in appliances including a refrigerator, stove, oven, microwave, and dishwasher. The kitchen also has an extra-large skylight and an added pantry. The main bedroom has a large walk-in closet and Bay window. The bathroom has a skylight and walk-in shower. The second bedroom has a built-in wall unit with desk and sliding doors to a private side patio addition. This charming home has been painted throughout and has newly installed deluxe vinyl plank flooring with tile flooring in the bathroom. Additional features include double pane windows, central heating and air conditioning, entry closet, leaded glass entry door, an outside storage closet, and convenient drive-up parking. Don't miss out on this beautiful home located in the resort-like community of Leisure World Seal Beach. This senior community offers over 200 clubs, activities, and organizations including a nine-hole three-par golf course, gym, swimming pool, jacuzzi, arts, crafts, amphitheatre, library, health care center and so much more. Enjoy the ocean breezes that the city of Seal Beach has to offer.

\$450,000



Mutual 15-37R \$315,000

This lovely corner two bedroom one-and three-quarter bathroom home is light, bright, and ready to move in. The spacious living room overlooks an enclosed patio sunroom and a lovely Greenbelt view. The kitchen has built-in appliances including a stove top, oven, refrigerator, microwave, and dishwasher. It provides a tremendous amount of cupboard space and has a solar tube for brightness. The main corner bedroom has a separate closet dressing area, and the windows overlook a beautiful Greenbelt with an abundance of trees. The main bath has tile flooring, a bathtub with shower, and a solar tube. The second bedroom features a large wardrobe closet, lots of extra storage space, and a view of the beautiful greenbelt. The second bathroom has a stall shower and solar tube for brightness. This terrific floor plan has central heating and air conditioning, laminate flooring in the living room, bedrooms, and hallway, and has recently been painted throughout.

Be sure to stop by and see this terrific home that is located in the Resort-Like Community of Seal Beach.



Mutual 14-5B Mutual 8-185K Mutual 11-273L **Mutual 1-25I** Mutual 2-26C Mutual 1-26B Mutual 8-188C Mutual 1-30K Mutual 5-91J Mutual 11-267C Mutual 1-26L Mutual11-268F Mutual 4-50F Mutual9-212C Mutual6-143A Mutual 9-225C Mutual 9-230D Mutual11-283D Mutual 4-51D

Mutual 8-189D

Mutual 14-17B Mutual 8-188H Mutual 8-189B Mutual 2-40J Mutual 2-49B Mutual 2-17G Mutual 9-59G Mutual 6- 117L Mutual 15-39A Mutual 10-258H Mutual 6-1351 Mutual 10-258B Mutual 1-31E Mutual 5- 117L Mutual 12-61C Mutual 2-63H Mutual 3-4F Mutual 4-88G Mutual 2-3B Mutual 2-8C Mutual 10 -250J Mutual11-286B Mutual12-61A Mutual 11-2861 Mutual 5-117G Mutual 2-46H Mutual 1-67E Mutual 4-49G Mutual 8-183G Mutual 11-285D Mutual 9-216H Mutual 7-164L Mutual 2-6G Mutual 11-285A Mutual 11-2634 Mutual 4-49B Mutual 8-201L Mutual 2-6L Mutual 7-165E

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www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2024, We have a total of <u>7</u> pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!

Coming Soon

1642 Merion Way #40G | M2 | \$419,000

Corner drive-up location 2bed/1bath partially expanded with sunroom/patio. Washer/dryer. Skylights in kitchen and bathroom. Added dishwasher with newer refrigerator. Dual pane windows with shutters throughout and lots of storage space!

Coming Soon

13520 Medinac Ln #104K | M5 | \$239,000

1Bed/1bath interior location with patio. Laminate floors throughout, scraped ceilings with crown molding. Skylights in kitchen and bathroom. Custom front door and added kitchen peninsula.



13110 Seaview Ln #245F | M10 | \$419,000 Corner partially expanded 2bed/1bath drive-up and greenbelt location with dual pane windows, skylights, central AC, outdoor storage closet, tiled patio, walk-in closet!

Coming Soon

13261 Del Monte Dr #36A | M12 | \$439,000

Corner 2bed/1bath fully expanded home on drive-up/greenbelt location. Washer/dryer w/remodeled kitchen and bath, dual pane windows, tile floors with new laminate in bedrooms. Skylights in kitchen and bath. Walk-in closet with custom entry!



13751 St Andrews Dr #36B | M1 | \$235,000
Greenbelt with mature trees 1 bedroom 1 bathroom with full patio! Newer laminate floors. AC Heat pump in the living room, expanded skylights that open in kitchen and bathroom.



13160 Nassau Dr #211G | M9 | \$420,000

Expanded drive-up 2bed/1.5 bath unit w/patio. Bay windows, double pane windows. Large skylights in bathroom and kitchen. Dishwasher, microwave and recessed lighting. AC heat pump in living room.

1/15/2024 - Year To Date MLS Activity



On January 15th, 2024 a total of 38 units show as active listings on the CRMLS

(this is where Realtors list property for sale)

7 - 1 bedroom/1 bath units from \$229,000 to \$299,000

15 - 2 bedrooms/1 bath units from \$299,000 to \$455,000

16 - 2 bedrooms/2 baths units from \$309,000 to \$598,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory!

testimonial

Carol and Nick were amazing to work with!!
They went above and beyond to help us sell three properties in a very short time. Their kindness and professionalism meant so much to us. I would highly recommend them to anyone interested in selling or buying a new

property.
-Cindy Thomas



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S A L E S www.OnsiteHomeSales.com



At On-Site Home Sales we know listing or purchasing a home can be a chore, let our experts make the process easy in 2024! Our agents will help you get your unit ready to list, no matter what the scenario we are always ready to assist!



LWWEEKLY



Mutual 3 - 14D \$269,000 Beautifully Updated and Staged Expanded 1 Bedroom



Mutual 5 - 69L \$455,000 **Gorgeous Spacious Expanded** 2 Bedroom on a Greenbelt



Mutual 6 - 1421 \$ 299,000 Fully Expanded 1 Bedroom with **Drive up Parking**



Mutual 1 - 17G \$449,000 Beautiful Expanded 2 Bedroom on a Huge Greenbelt



Mutual 15 - 10H \$509,000 Gorgeous Downstairs 2 bedroom 2



M15 - 21E \$420,000 Beautiful expanded 2 Bedroom 2 bath downstairs unit"



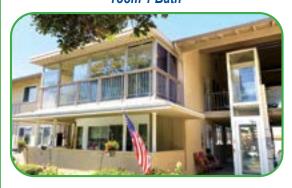
M12 - 34D \$435,000 Fully Expanded Beautiful 2 Bedroom 1 Bath



M14 - 32H - \$429,000 Two Bedrooms, 1 Bath, **Fully Expanded**



M2 - 30F \$629,000 **Breathtaking 2 Bedroom** 2 Bath Remodeled Corner!!



M15 - 21L \$319,000 Large Expanded Upstairs unit overlooking a Greenbelt



M1 - 46A \$299,000 Corner Unit with a beautiful greenbelt view!



M15 - 14Q \$329,000 Fully Expanded 2 Bed 2 Bath **Upstairs Unit with Vaulted**























Giving Back to the Community on Every Real Estate Transaction!