AGENDA

PRESIDENTS' COUNCIL

April 3, 2024

Meeting Begins at 1:30 p.m.

Clubhouse Four / YouTube Live / Zoom

TO ATTEND IN-PERSON: All Shareholders can attend in person at Clubhouse Four.

TO ATTEND YOU-TUBE LIVE: All Shareholders can attend via YouTube Live at https://www.lwsb.com/

TO ATTEND VIA ZOOM: Only Presidents and Invited Guests can attend via Zoom.

- 1. CALL TO ORDER / PLEDGE OF ALLEGIANCE
- 2. ROLL CALL / INTRODUCTION OF EACH PRESIDENT'S GUEST
- 3. INTRODUCTION OF GUEST(S) AND STAFF:

Marsha Gerber, GRF President
Jessica Sedgwick, Executive Director
Dave Potter, Executive Manager
Mark Weaver, Sr. Director of Facilities
Jodi Hopkins, Sr. Director of Mutual Administration
Kevin Black, Physical Property Manager
Eloy Gomez, Safety Manager
Ripa Barua, Sr. Portfolio Specialist

- 4. APPROVAL OF MINUTES FOR MEETING
 - a. Approval of the regular meeting minutes of March 6, 2024 (pp. 3-5)
- 5. GUEST SPEAKER SAFETY MANAGER

Eloy Gomez

Mark Weaver & Kevin Black

- a. American Red Cross Emergency Preparedness Kit Donation
- 6. SR. DIRECTOR OF FACILITIES DIRECTOR & PHYSICAL PROPERTY MANAGER
 - a. General updates on projects in the community

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b. Discuss the updating of forms used in Physical Property

7. SR. DIRECTOR OF MUTUAL ADMINISTRATION

Jodi Hopkins

- a. Stock Transfer Monthly Updates
- b. Mutual Administration Monthly Updates
- 8. EXECUTIVE DIRECTOR/ EXECUTIVE MANAGER

Jessica Sedgwick & Dave Potter

- a. General Updates.
- 9. COUNCIL BUSINESS
 - a. Unfinished Business
 - i. Alzheimer's O.C. Dementia Training Flyer (p. 6)

- b. New Business
 - i. No New Business

10. PRESIDENTS' COMMENTS

11. ANNOUCEMENTS:

a. **Next Meeting -** Wednesday, May 1, 2024, at 1:30 p.m. in Clubhouse Four/ via Zoom/ YouTube Live

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12. ADJOURNMENT

3/27/24 RB

MINUTES OF THE REGULAR MONTHLY MEETING OF THE PRESIDENTS' COUNCIL LEISURE WORLD SEAL BEACH MARCH 6, 2024

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach was convened at 1:30 p.m. by President Dolch, on Wednesday, March 6, 2024, via Clubhouse Four and Zoom Tele-Video Conference.

INTRODUCTIONS/ANNOUNCEMENTS

President Dolch welcomed guests and staff to the meeting; each President introduced their invited guest from their Board.

MEMBERS

MUTUAL ONE M	1s. S	Saundra Luther-Stark (M01 Representative)
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MUTUAL TWO Ms. Teri Nugent
MUTUAL THREE Ms. Carol Ginthner
MUTUAL FOUR Ms. Jan Kuhl

MUTUAL FIVE Mr. Kevin Powell (M05 Representative)

MUTUAL SIX Ms. Lynn Baidack (via zoom)

MUTUAL SEVEN Ms. Beth Vroon MUTUAL EIGHT Ms. Jeri Dolch MUTUAL NINE Mr. Beth Mayer

MUTUAL TEN Ms. Ruthann Arlart (via zoom)

MUTUAL ELEVEN Ms. Beth Greeley (M11 Representative)

MUTUAL TWELVE Mr. Rich Carson (via zoom, entered at 1:34 p.m.)

MUTUAL FOURTEEN Mr. Jack Nevin MUTUAL SIXTEEN Mr. Dale Watkins

GUESTS

MUTUAL FOUR Ms. Christina Aguero

MUTUAL SIX Ms. Charlotte Cone (via zoom)
MUTUAL EIGHT Ms. Sandy Weisenstein

MUTUAL NINE Mr. Bob Walz
MUTUAL TEN Mr. Mike Giles
MUTUAL TWELVE Mrs. Rose Sprague

MUTUAL SIXTEEN Ms. Loni Gardette (via zoom)

ABSENT:

MUTUAL SEVENTEEN Ms. Cathy Gassman MUTUAL FIFTEEN Mr. Bruce Bowles

STAFF & GUEST SPEAKERS

Marsha Gerber, GRF President (via zoom)
Jessica Sedgwick, Executive Director
Dave Potter, Executive Manager
Mark Weaver, Sr. Director of Facilities
Jodi Hopkins, Sr. Director of Mutual Administration
Ripa Barua, Sr. Portfolio Specialist (via zoom)

APPOINTMENT OF OFFICER

Jeri Dolch nominated Cathy Gassman as Secretary for Presidents' Council for the remaining 2023-2024 term of office and Beth Mayer seconded the nomination. There being no further nominations, Cathy Gassman was appointed to the office of Secretary.

MINUTES

Presidents' Council meeting minutes of February 7, 2024, were approved, by the Council, to stand as written.

SR. DIRECTOR OF FACILITIES

The Sr. Director of Facilities, Mark Weaver, provided updates on general projects in the community and coyote traps.

Following questions, Mr. Weaver left at 2:04 p.m.

SR. DIRECTOR OF MUTUAL ADMINISTRATION DIRECTOR

Sr. Director of Mutual Administration, Jodi Hopkins, provided updates in the Stock Transfer Department and in the Mutual Administration Department.

EXECUTIVE DIRECTOR/EXECUTIVE MANAGER

Executive Director, Jessica Sedgwick, provided a general update on general projects in the community.

Executive Manager, Dave Potter, provided an update on the increase in Seal Beach water rates and town halls for shareholders on insurance matters.

UNFINISHED BUSINESS

No unfinished business.

NEW BUSINESS

No new business.

PRESIDENTS' COMMENTS

The Presidents offered comments during the proceedings of the meeting.

ANNOUNCEMENTS

Next Council Meeting: Wednesday, April 3, 2024, at 1:30 p.m., at Clubhouse Four, Zoom Tele-Video Conference and YouTube LIVE.

ADJOURNMENT

President Dolch adjourned the meeting at 2:45 p.m.

Attest, Cathy Gassman, Secretary PRESIDENTS' COUNCIL RB 3/6/24

SUPPORTING PEOPLE WITH DEMENTIA: TIPS FOR GOLDEN RAIN FOUNDATION GATEKEEPERS



Who is a "Gatekeeper"?

Gatekeepers include community members, volunteers and service providers who come into contact with older adults who are isolated and at risk.

The role of a gatekeeper

- You are a valuable and important set of eyes and ears and provide meaningful and regular interactions for isolated older adults.
- It is not uncommon for older adults to be protective of their privacy and independence. However, they may agree to assistance offered by someone they know and trust.
- You as a gatekeeper can help preserve quality of life and independence for older adults, by recognizing and referring those who need more support.

What does it mean for an older adult to be at risk?

- Older adults may live alone with little to no support and experience social isolation. These individuals may be at risk for safety and health concerns, and may lack family or friends to provide assistance or monitoring as they experience difficulties with day to day activities.
- Older adults who have Alzheimer's disease or a related dementia may be at risk for self-neglect, unmet care needs, unmet medical needs, home safety concerns and financial abuse.



About Alzheimer's Disease and Related Dementia (ADRD)*

Dementia is an umbrella term that refers to a collection of symptoms caused by different diseases of the brain- the most common being Alzheimer's Disease. Dementia is about more than just memory loss and confusion. There are changes in the brain that contribute to changes in personality, behaviors, communication, and ability to navigate day to day tasks.

All Memory Support Team referrals can be made to Roberta Ann "Robann" Arshat, Golden Rain Foundation Member Resource Liaison at: Phone: (562) 431-6586, ex. 317

Email: robertaa@lwsb.com

