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IDF SOLIDER WILL SPEAK ABOUT ISRAEL-GAZA CONFLICT

See page 15.



GRF BOARD CANDIDATE DEADLINE IS MARCH 29

See page 5.



LOOKING FOR SOMETHING TO DO ON EASTER?

See Religion on page 21.

ANSWERS FROM THE GRF

Importance of CPA audits for HOAs

In an effort to provide answers and build understanding, this is one in an occasional series to expand on issues and topics of interest to shareholders. This week features an in-depth look at the importance of CPA audits for HOAs in California.

In the governance of homeowner's associations (HOAs), financial transparency and accountability are paramount. Addressing recent questions in the community regarding the transparency of our financial operations, we reaffirm our commitment to transparency and accountability through the annual audit conducted by a Certified Public Accountant (CPA). This process plays a vital role in maintaining the financial integrity of the association, ensuring compliance with regulatory standards, and instilling confidence among homeowners.

Here at the Golden Rain Foundation (GRF), we recognize the significance of independent audits in safeguarding the financial well-being of our community. That's why GRF employs Clifton Larson Allen, LLC, a trusted third-party

AUDITS, page 4

MOTHER'S DAY

Mother's Day brunch tickets on sale now

Tickets are now on sale for GRF's massively popular Mother's Day Brunch on Saturday, May 11, the day before Mother's Day. See page 17 for details.



Paul Kryczko

A traffic study recommended a reconfiguration of the intersection of St. Andrews Drive and Golden Rain Road.

TRAFFIC COLLISION

Changes may be coming LW's main intersection

by Emma DiMaggio
Communications Manager

A Mutual 1 woman is in critical condition after being struck by a car at the intersection of St. Andrews Drive and Golden Rain Road on the morning of March 19, according to the Seal Beach Police Department (SBPD) and GRF Security reports.

At around 8 a.m., the Mutual 1 resident entered the crosswalk at St. Andrews Drive, walking in the direction of the Aquatic Center, according to GRF surveillance footage.

The driver—a 70-year-old nonresident visitor—traveling southbound on St. Andrews Drive entered the intersection to make a left turn onto Golden Rain Road.

Upon turning, the car collided with



GRF Security Footage

A woman was struck by a moving vehicle on the morning of March 19.

the Mutual 1 resident, who was thrown into the air and landed in the gutter near the sidewalk. She suffered serious injuries, according to SBPD, and was transported to the hospital, where she remained in critical condition at press

time. Police did not identify the injured resident by name, but said that she was in her 80s.

After the collision, the Long Beach driver continued traveling toward the Main Gate, according to surveillance footage of the event.

Another driver who witnessed the collision pursued the suspect's vehicle, which was stopped near Clubhouse 1.

GRF Security, SBPD and a fire engine responded to the scene. Eastbound Golden Rain Road between St. Andrews and Burning Tree Road was closed for several hours for investigation.

As of March 22, the driver had not been charged with a crime, according to SBPD. Police continue to investigate the incident.

The intersection has been the site of

INTERSECTION, page 3

CAPITAL PROJECTS

Community gardens on track for late spring, early summer opening

GRF Board approves rules governing garden plots

by Ruth Osborn
Communications Director

The community gardens are on track for a late-spring, early-summer opening, with construction nearly completed. Crews have installed garden delineators and are just finishing the irrigation systems. There will be 248 plots, 25 of them will be handicap accessible with raised beds and mobility pads for access.

The GRF Recreation Department is in the process of finalizing how the plots will be distributed. As part of that process, staff has culled waiting lists to remove

1.8-ACRE, page 3



Paul Kryczko

Crews are finishing the community gardens irrigation system.

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging. The conclusions and opinions expressed may not be those of the California Department on Aging and the publication may not be based upon or inclusive of all raw data.

THE GREAT

LEISURE WORLD DISCOVERY TOUR

by Kathy Thayer
Recreation Manager

The Great Leisure World Discovery Tour will be held Saturday, April 6, from 11 a.m.-2 p.m. with closing ceremonies directly afterwards at Veterans Plaza, located between Clubhouse 3 and 4.

This location is the hub of the event with the club expo in Clubhouse 3 (see page 2 in the March 21 issue), the LW Library and Friends of the Library Bookstore, four food trucks at Memorial Circle, and an exciting program in Clubhouse 4.

The Velvetones, LW's popular swing band, will take the stage to entertain while tourists visit Super Sponsors in the main hall.

People will be given a raffle ticket by Recreation ambassadors when they enter and drawing will be held every half hour.

These generous Super Sponsors are supplying the top prizes at the Grand Finale.

Those who visit all six Discovery Tour locations and get their passport stamped and completed will be eligible for the golden ticket drawing for a top prize, and get a chance to win several other high-ticket prizes.

People who don't fill out their passport completely should still hold on to them, as partially stamped passports can be ex-



Paul Kryczko

The Lapidary and Jewelry Studio in Clubhouse 4 will be open for tours during the April 6 Discovery Tour. See more about lapidary on page 18.

changed for grand prize raffle tickets.

This is in addition to the numerous drawings throughout the day in all six venues.

People won't want to miss the craft rooms on this tour. Stroll to the back of the Ceramic Studio to see Claytime members in action and enjoy watching artists demonstrate ceramic techniques such as hand-building, slip-casting and glazing. Get a raffle ticket to potentially win the item crafted by Claytime members especially for this event. They'll be joined by LW's other ceramics club, the Clay Crafters. Both welcome new members.

Tip: Avoid parking jams by starting at the clubhouse closest to your home.

Next stop is the Lapidary and Jewelry Studio. This club is offering exquisite, one-of-a-kind creations in its free raffle, as well as several jewelry pieces for sale. Hear about their classes for beading, glasswork, and metalwork for beginners to experts. They can repair jewelry and even help determine its value. One



Lucille's BBQ

Four food trucks will be stationed at Veterans Plaza: Lucille's BBQ, Koffel's Taco Truck, Cousins Main Lobster and Scooter's Sweet Shack.

of LW's fastest growing clubs, guests will be wowed by what they see here.

Not to be outdone, the LW Art League will raffle off a \$20 book with 80 acrylic painting references, 60 templates and two sheets of transfer paper.

"We will be putting up more things for the drawing. We will have many items out for purchase at very low prices, and artists will be painting and drawing to demonstrate," President Susie Ralston said. This club also offers classes in various media and disciplines.

Since parking will be extremely limited, Recreation recommends starting the tour at the clubhouse closest to your home and taking the minibus from there to other venues.

Limited parking will be available at Clubhouse 2, across Golden Rain Road from Clubhouse 1, and at the Amphitheater, including in staff parking. There will also be a shuttle from the Amphitheater parking lot to Clubhouses 3 and 4.

Plan to purchase lunch from the food vendors stationed around the circle. Lucille's BBQ, Koffel's Taco Tuesday truck and Cousins Lobster will be on hand along with Scooter's Sweet Shack for dessert. Tables will be provided around the circle for convenience.

For more information, contact kathyt@lwsb.com.

Next week, Recreation will profile events at Clubhouse 6, the Aquatic Center and the Turtle Lake Golf Course.

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GRF Security Footage

A segment of Golden Rain Road was closed for several hours while law enforcement investigated.

INTERSECTION from page 1

several serious collisions and accidents.

In July 2022, the former GRF Physical Property Committee evaluated proposals to conduct a traffic analysis at the intersection.

The committee recommended—and the board subsequently approved—Stantec Consulting to conduct a survey at the intersection. The original focus of the study was dedicated left-turn only phasing on the north-south streets.

After further consideration, the Physical Property Committee decided that the study should be expanded to include a review of “vehicles, pedestrians and protected left turn phasing on all approaches.”

The GRF Board widened the scope of the study in March 2023, approving additional funds for the traffic study.

That study, which has now been completed, analyzed the impacts and benefits of eliminating all left-turn conflicts, and prepared a concept plan identifying potential striping, signage, signal phasing and potential construction costs.

The plan is now being reviewed by the City of Seal Beach. Once permits are granted, the project will be sent out for bids, pending GRF Board approval.

1.8-ACRE from page 1

people who no longer want a garden plot. The exact distribution procedure should be ready in time for residents to plant late-spring, early-summer gardens.

The lease fee will be \$150 a year, with a one-time \$15 lease application fee. Leases run May 1 through April 30.

The fees were calculated to recover gardens’ operating expenses, including maintenance, utilities, water, and anticipated reserve expenses for repair and replacement of water pipes, irrigation devices, planters and roadway paving.

The GRF Board adopted rules governing garden use at its March 25 meeting. Pending a 28 day notification period

The board approved the appropriation of \$480,865 on Nov. 28 in capital funding to construct a new community garden area at the 1.8-acre site.

TRAFFIC COLLISION



Paul Kryczko

A vehicle collided with a retaining wall on March 20 at approximately 5:35 p.m.

Collision Report

On March 20 at approximately 5:35 p.m., a vehicle was traveling westbound on North Gate Road and collided with a retaining wall, according to GRF Security.

As the roadway veered southbound at the curve at the end of the parking lot, the vehicle continued westbound into the cement wall. The vehicle’s airbags deployed upon collision. The Orange County Fire Authority responded to the scene. The driver, a Leisure World resident, did not require medical transport and was taken home from the location.



Emma DiMaggio

Elizabeth Butterfield displays crafts and paintings at last year’s fall Arts & Crafts Festival.

Spring Arts & Crafts Festival

The second Spring Annual Arts & Crafts Festival will be held Friday, April 12, and Saturday, April 13, in Clubhouse 2 from 9 a.m.-2 p.m. The Arts & Crafts Festival is for the purpose of encouraging the creative talents of the LW community. While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/member. No manufactured articles may be sold. Each seller must live in Leisure World and must be a authorized resident to qualify as an exhibitor of sale items at the festival.

Artisans who want to participate can sign up at the Recreation Office during normal business hours. A full table is \$10 but may be shared with another participant for \$5.

For more information, call 562-431-6586, ext. 2707, or email Recreation.Department@lwsb.com.

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PERSPECTIVES

Letters to Editor

Editor:
I am a proud first-generation American. Every day, I walk by a sign that states that, that person is a Trump supporter. He supports an indicted person who wants to pardon insurrectionists who broke into the Congress of the United States to change the outcome of an election. Those people should have had their citizenship revoked.
Being an American citizen is important to me, my family and my loved ones. It saddens me when I see a Republican Congress that does not sup-

port our country and its values, and encourages its members to denigrate the president of these United States.
This is not the America that my father and I volunteered to enlist in the military to protect. Meanwhile, Trump got a doctor's note stating he was unqualified to fight for this country.
My children and grandchildren are the progeny of immigrants who made this country what it is, who refuse to bow down to a bigot who has milked the system and challenges prosecutors who have

social relationships with others while he has been found liable for sexual abuse.
Is this the person you want to be president, to pillage the coffers of the United States and to jail his critics?
*Barry Allen
Mutual 10*
Editor:
Mr. Ward's letter (March 14) is wrong about Biden's SAVE plan regarding student loans. It was wrong about what the Supreme Court ruled.
Perhaps a tad more research would be helpful before deciding to make claims that have little basis in fact.
As for the other critiques, well, many folks and ventures benefited from the programs he listed.
Rather than quote the writings of someone who died 200 years ago—circumstances change—it might be better to investigate the reasons why so many people in this country need assistance. Perhaps he could explain what his notion of what a perfect democracy/economic system should look like and how it would benefit nowadays so many millions of hard-pressed people who are being left behind.
*Jeff Colflesh
Mutual 6*

traffic infractions in Leisure World (speeding, few turn signals, rolling stops), but the most dangerous was when I've been a passenger with a driver wishing to specifically see the Superwire lighted sign at Golden Rain and St. Andrews.
The driver took his attention from the road and blew through the red light. One who had the green light did the opposite and nearly stopped in the middle of the intersection until I shouted "go!"
"But I wanted to see the sign," he said. In my opinion, it appears many motorists observe the signal easier by day, but the cloak of darkness diverts proper attention to the more brilliant sign.
Can the sign be turned off from 7 p.m.-6 a.m. to avoid experiences like the above? Thank you.
*Rob Illingworth
Mutual 5*
Editor:
Another resource for LW residents seeking to follow the politics in this critical year when so much is at stake is the carefully researched reporting in the LW Democratic Club newsletter, edited by Mary Larson. Leisure World Democrats and their supporters can subscribe

to this semi-monthly newsletter at no cost by emailing the editor at mlarson.telfords@gmail.com
*Fred Fenton
Mutual 12*
Editor:
Residents of Leisure World have noticed how complicated and inconvenient the main entrance has become lately.
Indeed, the new gate access system was installed to provide more convenient, efficient and effective control, but it's not any better than before.
It's a good thing to promote safety, but it's the role of Security and must not cause inconvenience to seniors in particular.
LW's main entrance is more congested, and Security guards must work extra diligently for safety.
LW's jammed traffic at the entrance is comparable to the moderate gates of other communities.
Drivers cannot always make an easy way through the gate now.
Sometimes, the cars wait in a long queue on Seal Beach Boulevard to access the Main Gate.
Consequently, the gate may need to be reconfigured as soon as possible.
*Robert Chung, MD
Mutual 4*

AUDITS

from page 1

CPA firm, to conduct comprehensive audits of our financial records on an annual basis. This proactive approach underscores our commitment to transparency and accountability in managing the finances of our HOA.
So, what exactly does a CPA audit entail, and why is it so crucial for GRF and other HOAs in California?
First and foremost, a CPA audit ensures compliance with Generally Accepted Accounting Principles (GAAP) and other regulatory requirements. By meticulously examining financial statements, invoices, bank statements, and other relevant documents, CPAs verify the accuracy and completeness of our financial records. This rigorous scrutiny helps identify any discrepancies or irregularities, allowing us to rectify them promptly and maintain compliance with industry standards.
Moreover, CPA audits are instrumental in preventing fraud and mismanagement of funds within the association. CPAs assess our internal controls and financial management processes to detect any potential weaknesses or vulnerabilities. Their expertise in auditing procedures enables them to identify areas of improvement and recommend strategies to enhance our financial controls, thereby mitigating the risk of fraud or financial mismanagement.
Furthermore, CPA audits provide invaluable insights into the financial health of our HOA. By analyzing key financial indicators, such as liquidity, reserves, and long-term financial sustainability, CPAs help us assess our financial strengths and weaknesses. This comprehensive assessment empowers our board members to make informed decisions regarding budgeting, reserve planning, and resource allocation, ensuring the long-term viability of our community.
Perhaps most importantly, CPA audits enhance confidence and trust among our homeowners. By demonstrating our commitment to transparency, accountability, and sound financial stewardship, these audits reassure our community members that their financial contributions are being managed responsibly and ethically. This, in turn, fosters a sense of unity, cooperation, and mutual respect within our community, strengthening the bonds that bind us together.
In conclusion, the annual CPA audit conducted by Clifton Larson Allen, LLC, and currently underway for the 2023 fiscal year, is an indispensable component of our financial governance framework here at GRF. By ensuring compliance with regulatory standards, preventing fraud, assessing financial health, and fostering homeowner confidence, these audits play a pivotal role in safeguarding the financial integrity and prosperity of our community. As we continue to uphold the highest standards of transparency, accountability, and fiscal responsibility, we remain steadfast in our commitment to serving the best interests of our homeowners and ensuring a vibrant and sustainable future for generations to come.

Setting It Straight

In the March 21 issue of the LW Weekly, front page images of a Mutual 11 fire were incorrectly attributed to Rick Hackenberg. Rich Hackenberg of Mutual 11 took the photos.
A story detailing fire history in Leisure World March 21 incorrectly attributed the cause of a fatal 2009 fire in Mutual 11 to smoking. The cause of the fire was actually an old heating pad that didn't have an automatic shut-off and overheated, lighting a pillow on fire. A Mutual 6 resident is the daughter of the homeowner who died as a result of injury suffered in the fire, and she has made it her mission to warn fellow LWers of the dangers of heating pads that lack automatic shut-offs.

Editor:
I am dismayed by the utter hysteria that surrounds coyotes. I am particularly upset by the talk of euthanizing trapped coyotes. According to the Merriam-Webster Dictionary, euthanize is the "the act or practice of killing or permitting the death of hopelessly sick or injured individuals (such as persons or domestic animals) in a relatively painless way for reasons of mercy."
Killing a coyote is not "euthanasia." Be honest about it. I suspect that any trapped coyote may be perfectly healthy and in no hurry to die. I note that there were 61 sightings recently recorded in LW. Perhaps the same coyote was spotted by multiple people for the same incidence?
Some people are concerned for their cats. I have two rescued feral cats that happily live indoors and spend time in a catio on my patio. Cats are killing our beautiful birds. If you leave your cat outside it is most unfair to those of us who love to see and hear birds.
Coyotes and birds are native species. Cats and people are invasive species. Let's enjoy some of the only wildlife we get to see here. There must be many of us who actually like to see a coyote. For my part, I have seen just one in the 11 months I have been here. Finally, for dog lovers, remember that coyotes are canines too. Maybe you can grow to love them as well?
*Kimberley Richardson
Mutual 1*
Editor:
As a pedestrian and/or passenger, I've seen a number of



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Serving the Shareholders of
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General Inquiry: LWWeekly@lwsb.com

Ruth Osborn
Communications Director
562-431-6586, ext. 2388
rutho@lwsb.com
Perspectives

Emma DiMaggio
Communications Manager
562-431-6586, ext. 2387
emmad@lwsb.com
Page One, General News, Arts & Leisure

Laurie Bullock, Editor
562-431-6586, ext. 2801
laurieb@lwsb.com
Community, Religion, Obituary

Paul Kryczko, Editor
Graphic Design, Production
562-431-6586, ext. 2389
paulk@lwsb.com
Sports & Games, Travel

Katya Lukina, Editor,
Graphic Design, Production
562-431-6586, ext. 2266
katyal@lwsb.com
Government, Health & Fitness

Stephen Bannon
Production Editor
562-431-6586, ext. 2392
stephenb_news@lwsb.com
Online/Vision Impaired Editions, IT, Pre-press

Debbie Kim, Customer Service
562-431-6586, ext. 2383
debbiek@lwsb.com
Classified Advertising, Reception

Advertising Sales
562-472-1274
sylviak@lwsb.com

Deadlines
Editorial: 4 p.m., Thursday, prior to publication week

Classified Advertising:
12 noon, Monday, of publication week

Display Advertising
4:30 p.m., Thursday, prior to publication week

Office hours
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Mailing Address
P.O. Box 2338
Seal Beach, CA 90740

Delivery Address
LW Weekly Building
13521 St. Andrews Drive
Seal Beach, CA 90740

Online Editions
LWWeekly.com
lwsb.com/newspaper/

Distribution Services
Dan Pomeroy, manager
Eagle Rock Services

VOL 48, NO 12



GOVERNMENT

2024 GRF and Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
MAY	14	328	165	7	1/26	2/26	4/16	3 rd Thu	5/16	10 a.m.	Cumulative Voting
	7	384	193	5	1/26	2/27	4/17	3 rd Fri	5/17	10 a.m.	Cumulative Voting
	10	276	139	5	2/1	3/4	4/18	3 rd Tue	5/21	10 a.m.	Cumulative Voting
	4	396	132	5	2/7	3/13	4/22	4 th Wed	5/22	10 a.m.	Cumulative Voting, Staggered Terms, Bylaw Amendments
	16	60	20	5	2/7	3/8	4/22	4 th Wed	5/22	2 p.m.	Cumulative Voting, Election & Annual Meeting held in Conf. Room B
	11	312	104	5 or 7	2/8	3/4	4/23	4 th Thu	5/23	10 a.m.	Cumulative Voting, Per Article 6, of Bylaw will either elect 5 or 7 directors, Bylaw Amendments
	9	384	199	7	2/2	3/5	4/24	4 th Fri	5/24	10 a.m.	Voting is per parcel to elect one delegate, Parcels in effect
	8	348	175	5	2/7	3/8	4/25	4 th Tue	5/28	2 p.m.	Cumulative Voting
JUNE	Golden Rain Foundation				Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutuals 2, 4, 6, 8, 10, 12, 14, & 16				2/20	3/29	5/3	1 st Tue	6/4	10 a.m.	No Cumulative voting, New directors will be installed at GRF Annual Meeting on 6/11 at 2:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
JUNE	6	408	205	7	2/16	3/19	5/8	1 st Fri	6/7	10 a.m.	Cumulative Voting
	1	844	282	5	2/26	3/27	5/10	2 nd Mon	6/10	10 a.m.	Cumulative Voting, Staggered Terms
	5	492	164	4	2/12	4/2	5/10	2 nd Tue	6/11	10 a.m.	No Cumulative Voting, Staggered Terms
	3	432	217	7	2/23	3/18	5/13	2 nd Wed	6/12	10 a.m.	Cumulative Voting
	12	452	151	7	2/29	4/1	5/14	2 nd Thu	6/13	10 a.m.	Cumulative Voting
	2	864	433	9	2/23	3/26	5/15	2 nd Fri	6/14	10 a.m.	Cumulative Voting
	15	502	252	7	3/1	4/2	5/22	3 rd Fri	6/21	10 a.m.	Cumulative Voting
	17	126	64	3	3/12	4/11	5/24	4 th Tue	6/25	10 a.m.	No Cumulative Voting, Staggered Terms

NOTE:

* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.

** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m., on the deadline day.

*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

**** = The quorum for Bylaws is pursuant to Sections 211 and 102 of the Corporations Code, the proposed Amended and Restated Bylaws must be approved by quorum as stated above. If approved by the shareholders, the Amended and Restated Bylaws will become effective immediately.

GRF Meetings Schedule

Golden Rain Foundation committee and board meetings are open to LW residents. The following is a tentative schedule.

GRF Board Executive Session

Thurs., March 28, 1 p.m.
Conference Room A
Facilities Committee Meeting

Tues., April 2, 10 a.m.
Conference Room A/
Zoom

Operations Committee Meeting

Thurs., April 4, 10 a.m.
Conference Room A/
Zoom

Member Services Committee Meeting

Tues., April 9, 10 a.m.
Conference Room A/
Zoom

Administration Committee Meeting

Thurs., April 11, 10 a.m.
Conference Room A/
Zoom

Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Mutual 1
Thurs., March 28, 9 a.m.
Conference Room B/Zoom

Mutual 17
Tues., April 2, 1:30 p.m.
Conference Room B/Zoom

Presidents' Council
Wed., April 3, 1:30 p.m.
Clubhouse 4

Mutual 9
Mon., April 8, 9 a.m.
Conference Room B/Zoom

Mutual 16
Mon., April 9, 1 p.m.
Conference Room B/Zoom

Mutual 4
(open forum 8:30 a.m.)
Wed., April 10, 8:45 a.m.
Conference Room B/Zoom

Frequently asked questions about annual meetings and elections

The 2024 annual meeting season begins May 16. The fever-pitch of activity will continue for the next six weeks as all 16 mutuals and the Golden Rain Foundation (GRF) host their annual meetings.

The annual meeting and election season began in January and will conclude at the end of June. There are often many questions about this time of the year and why these activities are important.

What is an annual meeting and how is it different from a regular board meeting?

The mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities

during the past year. Directors read reports concerning finances, infrastructure, accomplishments, and goals for the future. An annual meeting is similar to a State of the Union speech as directors are limited to presenting reports; business is conducted at board meetings.

Who can attend annual meetings?

Shareholders/owners are encouraged to attend their mutual annual meeting (see schedule above). All Foundation members are encouraged to attend the GRF Annual Meeting on Tuesday, June 11, at 2

QUESTIONS, page 6

Notification of proposed changes to GRF Governing Documents

Per the action of the GRF Board on March 26, 2024, in accordance with Civil Code §4360, Notice of Approval, the Board hereby provides general notice to all Shareholders/Members of the following proposed changes to GRF Governing Documents.

All Shareholders wishing to comment on the proposed changes may submit their comments by either emailing it to the attention of the GRF Board Executive Coordinator, tiam@lwsb.com or mailing comments to Golden Rain Foundation, P. O. Box 2069, Seal Beach, CA 90740, Attn: Proposed Document Revisions. Reference the name of the governing document on any submitted correspondence.

All comments will be copied to the Board for review and consideration. The Board will take final action relative to these documents at its April 23 meeting.

ADMINISTRATION

10-2000-2 Consolidated Fees

The following schedule of MEMBER fees is established by the GOLDEN RAIN FOUNDATION (GRF).

1. RECREATIONAL VEHICLES (RV) AND VEHICLES USED FOR RECREATION (VUFR)

1.1. NON-MEMBER RV TEMPORARY PARKING FEE (See CHANGES, page 6

Recap of Board Activity, March 27

Approved Consent Agenda: MOVED and approved the minutes of the GRF Board of Directors, February 27, 2024; Accept the Interim Financial Statements for January 2024 for Audit; Accept the Reserve Funds Investment Purchased; Approved Transfers of Funds for GRF per Civil Code 5502; Amend 37-1429.01-1, Golf

RECAP, page 10

Call for candidates for the GRF Board of Directors, even-numbered Mutuals only

The election cycle for the Golden Rain Foundation (GRF) Board of Directors representing Mutual 2 (two seats) and Mutuals 4, 6, 8, 10, 12, 14 and 16 (one seat) began in February.

A Mutual Board of Directors may appoint a nominating committee

CANDIDATES, page 11

SIMPLY DELICIOUS SENIOR MEAL DELIVERY SERVICE

4/1/2024 to 4/5/2024

Find more menu details at our website

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week
B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week

Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
Grilled Shrimp Salad, Avocado, Corn, Lettuce Tomatoes & Cucumber	Fish Wrap Rice, Cabbage, Mexican Cream & Pico De Gallo	Cranberries & Walnut Chicken Salad Croissant	Asparagus & Cheese Quiche Potato Salad	Sweet Potato Breakfast Hash Turkey Sausage & Italian Spices
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
DINNER				
Chicken Alfredo Fettuccine Pasta Asparagus	Basa Filet Honey Curry Sauce Green Beans & Carrots	ETTO Conchiglie Pasta, W/ Italian Sausage Tomato Sauce	Seafood Fajitas Red Onion, Roma Tomatoes Peppers & Cilantro	Fresh Salmon Lemon Butter Grilled Zucchini
Apple Pie	Seasonal Fruit	Cookies	Seasonal Fruit	Chocolate Cake



Salim Khoury
(562) 754-8487
www.simplydelicious.app

To ensure high quality, some items may be substituted.



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AND GET A 2ND ENTREE FOR HALF PRICE*

*Equal or lesser value with purchase of 2 drinks, Mon.-Fri, dining room only. Daily special and to-go orders excluded.

FULL BAR Happy Hour: M-F 2-6 pm

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(562) 493-1653

Seal Beach Village Shopping Center

COUPON ONLY

EXPIRES 4/31

Dining Room

7 am-8 pm daily

CHANGES

from page 5

Rule 48-1937-1, §5.4.):

- 1.1.1. Day One: \$50 non-refundable.....\$50 (includes registration fee)
- 1.1.2. Subsequent days.....\$30 per day
- 1.1.3. Weekly rate: \$200 per week.....\$200 per week
- 1.2. MEMBER RV TEMPORARY PARKING FEE AT CLUBHOUSE 4 (See Rule 48-1937-1, §5.4.1.):
- 1.2.1. Day One (includes registration fee)\$25
- 1.2.2. Subsequent days (up to 21 days)\$3 per day
- 1.3. MEMBER RV STORAGE ANNUAL LEASE FEE (See Rule 37-1487-1):
- 1.3.1. 10-foot to 20-foot space.....\$276.35
- 1.3.2. 20-foot+ to 30-foot space:\$414
- 1.3.3. 30-foot+ to 40-foot space.....\$552

2. GRF IDENTIFICATION

- 2.1. IDENTIFICATION CARD (See 14-1201-1 and 14-3182-1)
- 2.1.1. Initial Issue (See 14-3182.1)
- 2.1.1.1. Member/Owner.....No charge
- 2.1.1.2. Renter/Lessee.....\$500 Refundable Deposit
- 2.1.2. Lost Identification Card (See 14-1201-1)
- 2.2.1. First occurrence.....\$25
- 2.2.2. Subsequent occurrences.....\$50
- 2.2.3. Not surrendered on vacating.....\$500
- 2.2. VEHICLE DECALS (See 14-1382-1)
- 2.2.1. Initial Issue
- 2.2.1.1. Member's First Vehicle.....No charge
- 2.2.1.2. Renter/Lessee.....\$100 refundable
- 2.2.1.3. Golf cart (with disability waiver).....No charge
- 2.2.2. Subsequent Vehicles
- 2.2.2.1. Member's Second Vehicle.....\$25
- 2.2.2.2. Member's Third Vehicle.....\$75
- 2.2.2.3. Member's Subsequent Vehicles.....\$250
- 2.2.2.4. Renter/Lessee.....\$100 refundable per vehicle
- 2.2.3. Not surrendered on vacating
- 2.2.3.1. Member.....\$100 per vehicle
- 2.2.3.2. Renter/Lessee.....Forfeit decal deposit
- 2.3. ANNUAL GATE ENTRY PASSES (See 48-5180-1, 48-5180-3)
- 2.3.1. Initial Issue
- 2.3.1.1. Member.....No charge
- 2.3.1.2. Renter/Lessee.....No passes issued
- 2.3.2. Not surrendered on vacating (see 14-3182-1)
- 2.3.2.1. Member.....\$100 per pass
- 2.4. RADIO FREQUENCY IDENTIFICATION (RFID) TRANSMITTER (see 48-5580-2)
- *As allowed per occupancy agreement.
- 2.4.1. Member
- 2.4.1.1. Initial issue for a vehicle or golf cart.....No charge
- 2.4.1.2. Golf cart (with disability waiver).....No charge
- 2.4.1.3. Second motor vehicle transmitter.....\$25
- 2.4.1.4. Third motor vehicle transmitter.....\$75
- 2.4.1.5. Fourth motor vehicle transmitter.....\$200
- 2.4.1.6. Fifth & subsequent transmitters.....\$500
- 2.4.2. Vendors and Employees
- 2.4.2.1. Vendor.....No charge for 1 or 2
- 2.4.2.2. Commercial Lessee.....No charge for 1
- 2.4.2.3. Contracted worker.....No charge for 1
- 2.4.2.4. Real estate worker.....No charge for 1
- 2.4.2.5. More than 10 RFIDs.....\$15 each
- 2.4.4. Replacement RFID on individual vehicle
- 2.4.4.1. 1st Occurrence.....\$25
- 2.4.4.2. 2nd Occurrence.....\$50
- 2.4.4.3. Subsequent replacements.....\$75
- 2.5. CAREGIVER IDENTIFICATION (see 48-5180-1 and 14-3182-1)
- 2.5.1. Initial Issue
- 2.5.1.1. Member.....No charge
- 2.5.1.2. Renter/Lessee.....\$100 refundable per pass
- 2.5.2. Lost Identification.....\$20 per occurrence
- 2.5.3. Not surrendered on vacating
- 2.5.3.1. Member.....\$100 per caregiver pass
- 2.5.3.2. Renter/Lessee.....Forfeit caregiver deposit
- 2.6. REAL ESTATE PERSONNEL (see 48-5180-1)
- 2.6.1. Initial Issue.....No charge
- 2.6.2. Lost Identification
- 2.6.2.1. Initial occurrence.....\$50
- 2.6.2.2. Subsequent occurrences.....\$75

3. PET REGISTRATION (See 15-1023-1 and 14-3182-1)

- 3.1. Members.....No charge
- 3.2. Renter/Lessee.....\$100 non-refundable

4. COMMUNITY GARDEN PLOTS

- 4.2. Annual Plot Rental Fee.....\$150
- 4.3. One-Time Application Fee.....\$15

Document History

Key words: Members Fee

2. GENERAL REGULATIONS

- 2.1. The Recreation Department (RD) is responsible for the fair and equitable use of the Community Gardens (CG) area, also known as the 1.8 Acres, and will also be responsible for ensuring that all of the conditions of these rules are followed.
- 2.2. The CG area is for Golden Rain Foundation (GRF) Authorized Residents (AR) in good standing only. Only one garden shall be assigned per household, but two (2) ARs from different households can share a garden as long as both names are on the garden lease.
- 2.2.1. Each garden shall have an associated lease document and an associated lease fee and deposit which are described in a related document.
- 2.2.2. A waiting list shall be maintained by the RD, which will determine the order in which garden leases will be offered to a Renter/Lessee (R/L).
- 2.3. Mutual-Unit/Renter/Lessee must follow all rules and are subject to any consequences for failure to do so. The Mutual Unit/Member/Owner is ultimately responsible for the behavior and actions of their Renter/Lessee (R/L) and will be held responsible for any fees, fines, or disciplinary consequences incurred by the Renter/Lessee. See Policy 13-5093-1, Authorized Resident Rules of Conduct and 10-1937-3, Community Rules Violation Procedures.
- 2.3.1. The violation notice may be contested to the COMMUNITY RULES VIOLATION (CRV) PANEL. Procedures for the M/O to appeal a Community Rules Violation notice are detailed in 10-1937-3.
- 2.3.2. Additional penalties may be assessed to any M/O who fails to respond to a rules violation notice in a timely manner. The procedures for assessing those penalties are outlined in 10-1937-3.
- 2.4. If a Member/Owner (M/O) subsequently rents their Mutual unit, the M/O forfeits the right to retain their garden and must notify the RD and relinquish it immediately.
- 2.5. If a R/L has a garden leased, the lease shall be terminated immediately upon termination of their tenancy in the M/O's Mutual unit unless the AR moves to another rental unit in the community immediately.
- 2.6. The CGs are a non-smoking, tobacco-free, vape-free, drug-free, firearms/weapons-free, and alcohol-free environment.
- 2.7. No animals are allowed in the CG area: Qualified Service dogs will be allowed in the garden area. They must always remain on an eight (8)-foot leash and be under the control of the AR. The owner must pick up after them immediately. They are not allowed in any other person's garden.
- 2.8. Radios or music devices are allowed with headphones.
- 2.9. Spaces may be leased on an annual basis for a maximum of four (4) consecutive years. Upon the completion of the fourth year, the Lessees must relinquish their garden. The Lessee can then be added to the waiting list for another garden if they so desire. If there is no waitlist, the AR may renew the lease with the approval of RD for one (1) additional year.
- 2.10. Gardens shall not be abandoned, traded, or given up to another AR by the Lessee. If you choose to relinquish your space, you must notify the Recreation Department, and your space will be reassigned to the next AR on the waiting list. No refunds shall be issued for any monies paid to GRF.
- 2.11. Lessee is responsible for the planning, planting, and management of their own garden, including providing seeds, plants, soil amendments, perimeter 'bunny' fencing, and any tools. In case of a temporary absence, Lessee shall notify the RD in writing and a "garden angel" can be assigned to care for your garden with the approval of the RD. Only ARs may be appointed as a "garden angel."
- 2.12. Lessee may bring guests, including children, into the CG area, provided that the guests comply with the GRF Code of Conduct. Children must always be accompanied by an adult.
- 2.13. Neither Lessees nor their guests may enter other gardens or harvest produce without explicit written permission from that garden's Lessee. A copy of written permission must be kept on record in the RD office.
- 2.14. Lessees will keep clean and neat and weed free any common areas such as adjacent pathways. Lessee will promptly report any concerns about safety of the garden to the RD. The adjacent pathway along the wall bordering Nassau Drive and all walkways must always be kept clear of gardening tools and plant materials from the gardens.
- 2.15. Storage containers made of metal or wood are not permitted. Storage containers must be the type approved by the RD and the storage container and tools must be kept within the boundaries of the designated garden.
- 2.16. Fences may not exceed three (3) feet in height to avoid shading a neighbor's garden. Fences must be free standing, PVC pipe, or wood treated with or without non-toxic preservative, green metal stakes, and can include types of chicken wire. All fencing must be approved by the RD with a written scope of work to be included with the submitted application.
- 2.17. Structures to encourage vertical growing, including arbors, trellises, tree branch frames, and cages are only allowed during growing season if they are functional, orderly, safe, and do not conflict with CG standards.
- 2.18. GRF does not permit the construction or existence of permanent shelter structures within the individual's garden,

QUESTIONS

from page 5

p.m. in Clubhouse 4.

Are the elections and annual meetings held on the same day?

The ballot counting for the Mutual's election will be conducted at the annual meeting. The ballot counting for the GRF election will be conducted at a special GRF Board meeting at 10 a.m. on Tuesday, June 4, in Clubhouse 4, one week before the GRF Annual Meeting.

How often are elections conducted?

Most mutual boards of directors are elected annually. The GRF has elections every year but elects directors from even-numbered mutuals in even-numbered years and directors from odd-numbered mutuals in odd-numbered years.

How many ballots will I receive?

Depending on the mutual, shareholders may receive one or two ballots. Shareholders in mutuals 2, 4, 6, 8, 10, 12 and 14 are scheduled to receive two different ballots this season: a ballot to elect their Mutual board of directors and a ballot to elect their GRF director(s). Shareholders in mutuals 1, 3, 5, 7, 9, 11, 12, 15, 16 and 17 are scheduled to receive one mutual ballot.

Should I separate the voting portion of the ballot before mailing it in the envelope provided?

Check the enclosed instructions on how to fill out ballots and how to return ballots to HOA Elections of California.

Has my ballot been mailed?

Check the election schedule above to see when the mutual ballots were mailed. The GRF ballots will be mailed May 3.

There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power.

Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf?

Proxies are not permissible in GRF elections but, depending on the Mutual's election policy, proxies may be used in Mutual elections. To ensure the ballot's integrity, ballot envelopes must be signed by the shareholder member connected to that household.

Are write-in candidates permitted?

Foundation bylaws do not permit write-in candidates for GRF directors. There is a space on most mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called "nominated from the floor") and must be present to accept the nomination.

My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

CHANGES, page 7

QUESTIONS, page 7

QUESTIONS
from page 6

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to the address of the shareholder's choice.

For more information, call HOA Elections of California at 951-667-7191 or email info@hoaelections.com or go to <https://hoaelections.net/need-a-replacement-ballot> to request a replacement ballot.

The candidates on my ballot are running unopposed; why should I vote?

Every vote counts and everyone's participation in the election process is critical for the operation of this community. Additionally, the return of a properly cast ballot ensures that a Mutual will obtain necessary number of votes to produce the annual meeting and counting of ballots.

I don't know the candidates running for my mutual's board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on important topics. Attend meet-the-candidates events, and ask friends and neighbors for their opinion.

If shareholders decide not to cast their votes for any of the mutual candidates, they are still strongly encouraged to vote by checking the box labeled "abstain from voting—ballot counted for quorum only" portion of the ballot. This lets them participate in the election process by returning a properly cast ballot.

I've heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must be present to make mutual annual meeting proceedings valid. In the case of elections, the participation in the voting process, i.e. a properly cast ballot, counts as shareholder's attendance.

A quorum of at least one-third (1/3) for some Mutuals and half plus one for some of the mutual corporation membership is required before the mutual ballots can be counted.

I lost my ballot OR can't remember if I mailed my ballot. What do I do?

Call HOA Elections of California at 951-667-7191 or email info@hoaelections.com or go to <https://hoaelections.net/need-a-replacement-ballot> to request a replacement ballot.

Where do I mail the ballot?

Shareholders can mail the ballot to the Inspector of Elections, HOA Elections of California, Inc, 1001 Avenida Pico, Ste C496, San Clemente, CA 92673. Drop the ballot in a US mailbox as soon as possible.

The ballot must be received before 5 p.m. on the business day before the annual meeting. Members can also utilize the on-site ballot box in front of the Administration Building at least one hour before their Mutual's annual meeting begins. People may also hand-deliver their ballot to Clubhouse 4 on the day of

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CHANGES
from page 6

including personal sheds, storage, or shade units.

2.19. One faucet is set up for up to four gardens for watering. The gardens that are assigned to that area have exclusive use of the water fixture.

2.20. Automatic sprinklers and soaker hoses are forbidden. Lessees must turn off water faucet or valve before leaving the garden and shall not leave watering unattended at any time. Water run-off is not permitted on roadways, walkways, sidewalks, or adjacent gardens.

2.21. Crushed rock or gravel is not permitted inside the gardens.

2.22. No wood treated with toxic wood preservative shall be used in any gardens.

2.23. No piles of wood, brick, pipes, hoses, or fencing shall be stored in gardens.

2.24. All items, such as hoses, tools, and containers shall be safely stored to avoid trips and falls.

2.25. The use of "scrap" materials, such as broken bricks or pavers, scraps of wood, metal, or plastic is not permitted.

2.26. Items not authorized must be disabled and removed from the garden by required compliance date.

2.27. All trees, miniature trees, shrubs, or bush type fruit trees must be potted with a solid base underneath, and not exceed four (4) feet tall. Trees or shrubs cannot extend over walkways or exceed four (4) feet in height during any month of the year. Any existing tree, shrubs, or bush type fruit trees shall be removed when a lot is vacated, unless there is a lessee-to-lessee agreement approved by the RD.

2.28. No more than twenty-five percent 25% of garden may be planted with flowers. The remaining balance shall be used to plant produce.

2.29. The RD may order the forfeiture of a garden when any Lessee does not maintain their garden as described in these rules. Failure to plant at least seventy-five percent (75%) of a garden area for three (3) months shall be sufficient cause to forfeit the garden.

2.30. If a garden appears untended (overgrown weeds, unharvested), the Lessee will be issued a violation notice. If the violation is not remedied by the required compliance date of the third notice for the same violation, the RD may evict Lessee.

2.31. Lessees and their guests shall park in designated parking spaces only.

2.32. Dumpsters are available for the disposal of green waste and regular trash. See policy 26-5000-1, Dumpster Rules.

2.33. Gardens must be cleared of all vegetation and weeds before being vacated. Failure to clean garden for final inspection will result in loss of lease deposit and CG future privileges.

2.34. If the Lessee fails to comply with any terms of the lease within the allotted compliance time of the third notice for the same violation, the garden will be immediately forfeited with no refund of fees.

2.35. Lessees will not be entitled to any payment or reimbursement from the GRF for any materials planted, growing, or otherwise located within the CG or for any improvements made on the premises. All or any part of such material and improvements shall become the property of the GRF.

2.36. The RD will designate each garden by posting a garden number on the corner of each garden, which will correspond to a like number on a drawing of the garden area.

3. HOURS OF OPERATION

7 a.m. to dusk seven (7) days a week.

4. MAINTENANCE OF GARDENS

4.1. To prevent the breeding of flies, harboring of rats, or air contamination, all decaying compost or newly delivered fertilizer shall be properly cared for by effectively sealing in plastic bags or by turning it under in the garden within forty-eight (48) hours.

4.2. Gardens must always be maintained and kept free of debris.

4.3. Keep all gardens, including the adjacent walkway areas, free from all grass and weeds throughout the year.

4.4. Use care and caution while watering in order to keep from flooding neighboring gardens and pathways.

4.5. Use care when spraying or dusting for bugs, snails, and other garden pests. Lessees must make every effort to ensure there is no drifting of pesticides to adjoining gardens. GRF does not permit the use of Roundup on Trust property. See Addendum A for approved pest control list.

4.6. Store only the garden material necessary for supporting, staking or containing the plantings, neatly within the perimeter of one's assigned garden area. No plants or vines shall be allowed to grow past a fence or property line, over walkways or sidewalks. No exterior fence will be used as a trellis on which to grow plants or vines.

4.7. GRF is not liable for loss or damage to personal property, vandalism to the garden parcel, and/or destruction of crops due to disease, pests, rodents, gophers, inclement weather, or flooding from water run-off by hose/faucet whether coming from water lines inside or outside of gardens.

4.8. All items stored within the garden area must be essential to gardening. Pesticides of any kind may not be stored at the CG. Items such as wooden stakes, tomato cages, etc. must be kept in a neat and orderly manner. Materials may not be stored against the garden fencing.

4.9. GRF is responsible for the maintenance and pest control of the common areas. Lessee is responsible for maintenance and

pest control within their garden.
4.10. Lessee is responsible for the cost, installation, and maintenance of fencing. RD staff must approve any fence or other structure prior to installation and follow GRF guidelines. Staff will provide written approval/permit for installation. This permit must be displayed at the garden for thirty (30) days.

5. CORRECTIVE ACTION

5.1. The RD may order the forfeiture of any garden when the Lessee fails to comply with this set of rules, or any action in violation of the established Code of Conduct policy, 13-5093-1, or Community Rules Violation Procedure, 10-1937-3.

5.2. The RD (with Board approval) reserves the right to review and adjust the operating rules to accommodate the needs of the community at any time.

5.3. The RD also reserves the right to enter any garden at any time.

5.4. The AR is entitled to request a hearing if they disagree with any disciplinary decision.

5.5. Mutual-Unit/Renter/Lessees must follow all rules and are subject to any consequences for failure to do so. The Mutual Unit/Member/Owner is ultimately responsible for the behavior and actions of their Renter/Lessee (R/L) and will be held responsible for any fees, fines, or disciplinary consequences incurred by the Renter/Lessees. See Policy 10-1937-3, Authorized Resident Rules of Conduct, and Community Rules Violation Procedure.

5.5.1. The violation notice may be contested to the COMMUNITY RULES VIOLATION (CRV) PANEL. Procedures for the M/O to appeal a Community Rules Violation notice are detailed in 10-1937-3

5.5.2. Additional penalties may be assessed to any M/O who fails to respond to a rules violation notice in a timely manner. The procedures for assessing those penalties are outlined in 10-1937-3.

Document History

Keywords: Mini Farm, Garden Plot, 1.8 Acres

OPERATIONS
48-1937-1 Parking—Rules

1. PREFACE

In order to promote safety, all drivers and pedestrians shall follow the same parking rules as required on public streets unless otherwise specified herein.

2. GENERAL RULES

The following Parking Rules are enforced and are applicable to all persons owning, controlling, or operating vehicles on Golden Rain

CHANGES, page 10



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With Purchase of a Beverage

Excludes beverages, salads, desserts, pizzas, sandwiches, appetizers or any other specials. \$3.00 fee to share a meal.

Sample Catering Menu ~ Call For More Info

Fettuccine Alfredo w/Chicken Tray	Lasagna Tray	Spaghetti w/Meat Sauce Tray
Feeds 15, includes salad and garlic bread	Feeds 15, includes salad and garlic bread	Feeds 15, includes salad and garlic bread
\$150.00	\$130.00	\$120.00

6391 WESTMINSTER AVE., WESTMINSTER • 714-895-3303

Westminster Ave., over the 405 Fwy., on the left side.

Puzzles & Comics

Answers on page 22

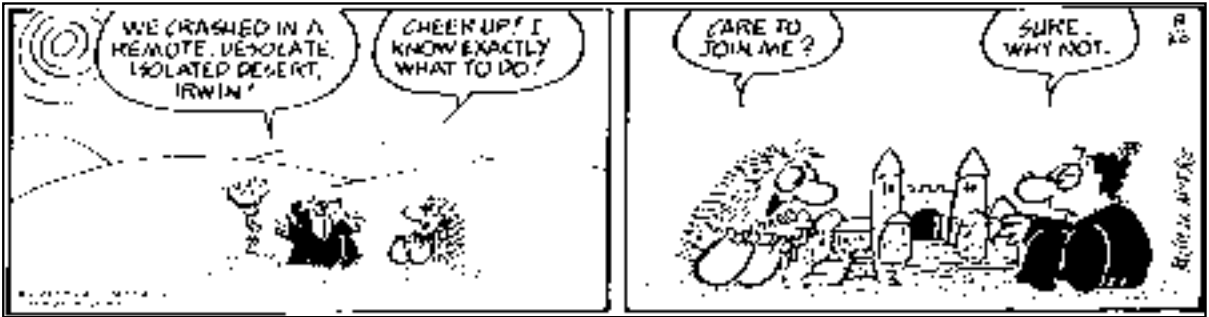
Gasoline Alley

By Jim Scancarelli



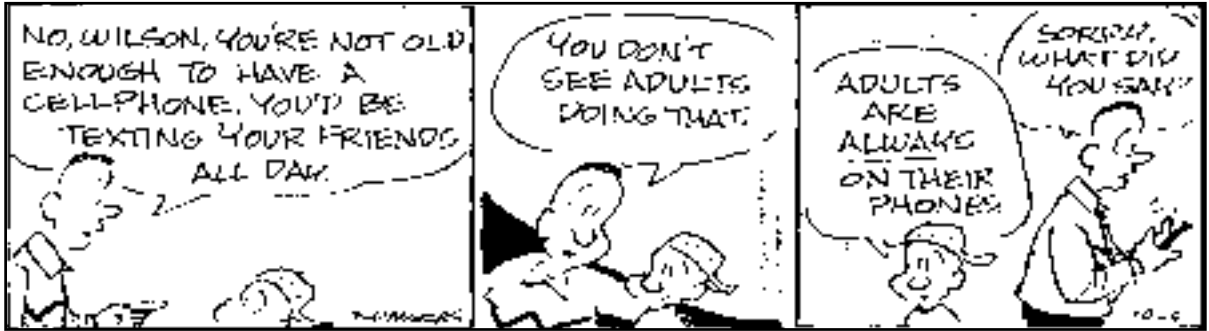
Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol

“ROCK ‘N’ ROLL”
BY TOM PEPPER
& ZHOUQIN
BURNIKEL

ACROSS

- 1 Bugs
- 7 Flat-topped hills
- 12 Faux wood in a fireplace
- 18 Pass by
- 19 Harding biopic
- 21 Chihuahua coin
- 22 Place for a rock
- 24 1984 Jeff Bridges film that begins with a UFO crash
- 25 Shorthand system
- 26 Just
- 27 Place for a roll
- 29 Geometry calculation
- 31 U.S. intel org.
- 33 “Trainwreck” director Judd
- 34 Place for a rock
- 39 Carbon compound
- 40 Short evening wear?
- 43 Driver’s assignment: Abbr.
- 44 Microsoft Office default typeface until 2007
- 45 Ore-Ida side, familiarly
- 47 Tech company with an exclamation point
- 49 Envelope abbr.
- 51 Burden
- 52 Take a break
- 55 Hulu alternative
- 56 Left high and dry
- 58 Place for a roll
- 61 ___ as punch
- 62 Bring home
- 64 Shopping cart count
- 65 Choice words?
- 66 Fit together, as some dolls
- 69 Brobdingnagian
- 71 Barbecue fuel
- 73 Kung ___ chicken
- 76 Booze
- 78 Bit attachment
- 80 Dave Barry genre
- 84 Place for a rock
- 87 Natural ability
- 90 Mammal with more gray matter than a human
- 91 Caesar ___
- 92 Nabe in lower Manhattan
- 93 Miami Heat coach Spoelstra
- 94 Buy time
- 96 Australia’s national gemstone

- 98 In the midst of
- 100 Pub pintful
- 101 Oreochiette shape
- 102 Asgard god
- 105 Place for a roll
- 108 Actress Jennifer in Capital One commercials
- 110 Letters after nus
- 111 “Othello” villain
- 112 Place for a Rock
- 116 Matching
- 118 Put in more chips, say
- 122 Stretch with no landmarks
- 123 Place for a roll
- 126 Firsthand accounts
- 127 Fast and furious
- 128 Sharp kitchen tool
- 129 Tons
- 130 Knobs on a pipe organ
- 131 Respected ones

DOWN

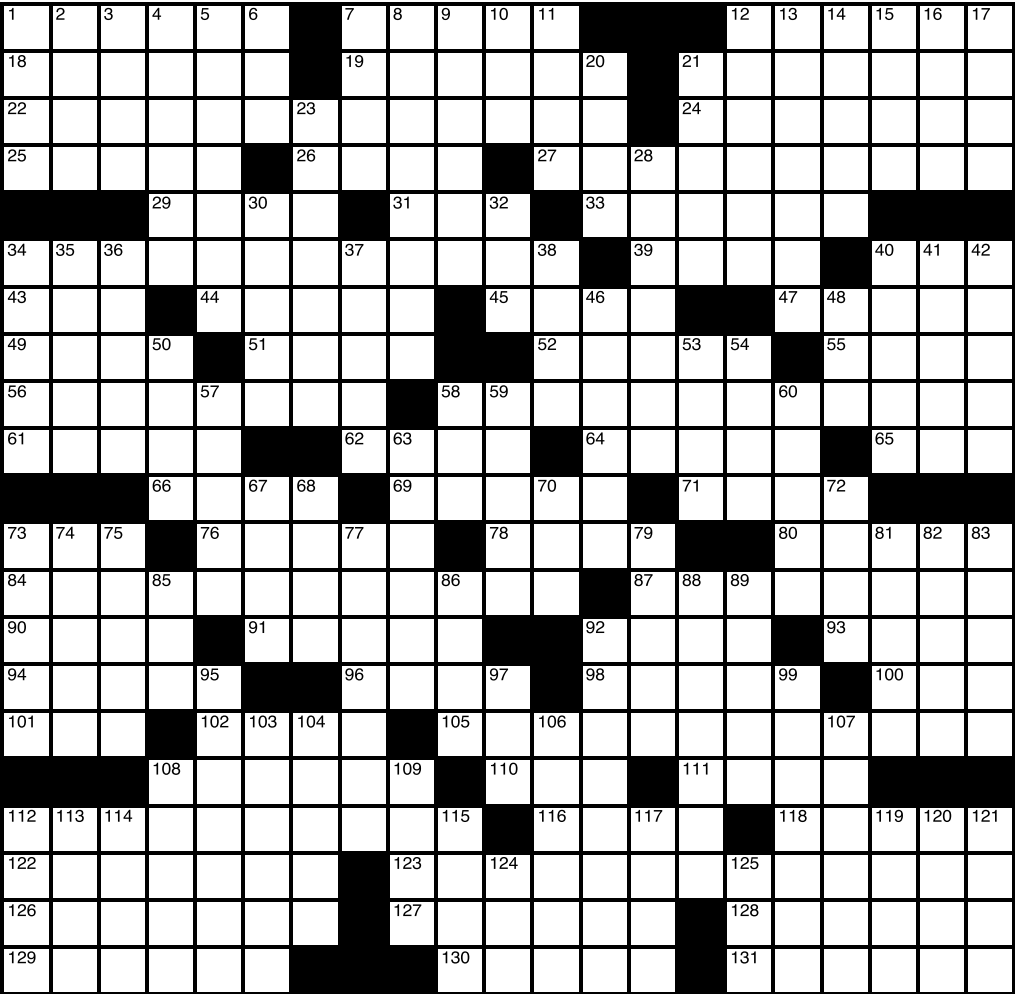
- 1 Loch in hoax photos
- 2 Tons
- 3 Strong wind

- 4 Word with column or cord
- 5 Oregon’s oldest city
- 6 Cha, chai, or matcha
- 7 Bog down
- 8 2021 Marvel movie directed by Chloé Zhao
- 9 Most tender
- 10 “32 Flavors” singer DiFranco
- 11 Bring into alignment
- 12 Arrives at
- 13 Chess legend Karpov
- 14 Milkshake insert
- 15 Meat common in Greek cuisine
- 16 Shape of sesame seeds
- 17 No longer there
- 20 Indian city with a mausoleum
- 21 House channel
- 23 “Just think ...”
- 28 Hairy Halloween costume
- 30 Disgraced energy company
- 32 Make a scene?

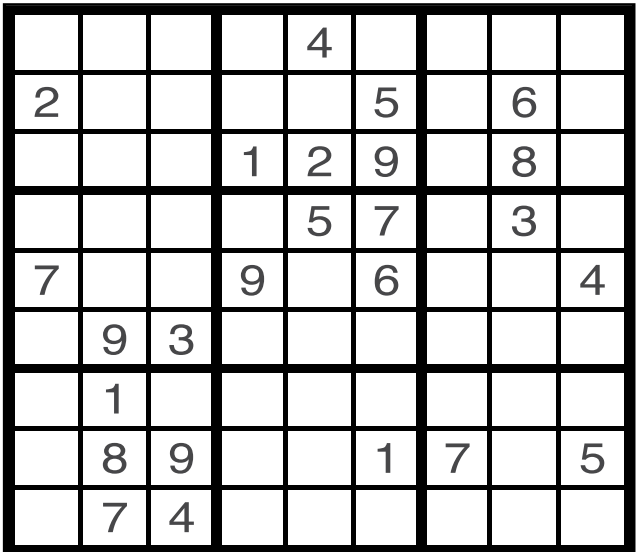
- 34 Swimmer’s woe
- 35 ___ Pradesh: Indian state
- 36 Fashionably dated
- 37 “All in the Family” spinoff
- 38 Short trips
- 40 Part of a magazine spread
- 41 Class clown
- 42 Some whiskey drinks
- 46 Largest island in French Polynesia
- 48 Wall flowers, perhaps
- 50 Wall or flower
- 53 Architect’s detail, briefly
- 54 Muppet who rarely says “I”
- 57 Port city south of Kyiv
- 58 ___ Lankan rupee
- 59 Take heat from?
- 60 Japan’s largest beermaker
- 63 Factor in sibling rivalry, often

- 67 Costco rival, familiarly
- 68 Bulky brass instrument
- 70 Bridal bio word
- 72 Instrument for a troubadour
- 73 Counterpart of poetry
- 74 Place for a stent
- 75 Prized statuette
- 77 Sanders, for one
- 79 “No Logo” author Klein
- 81 Big picture?
- 82 Black swan of ballet
- 83 Type in again
- 85 Rogue computer of sci-fi
- 86 Small amount
- 88 Hypocritical sorts
- 89 Polynesian kingdom with more than 170 islands
- 92 Tortilla chip topper
- 95 Adds, as paper to a copier

- 97 Fish in some omelets
- 99 Series of bad takes
- 103 Appliances with drums
- 104 Ancient Cuzco dwellers
- 106 Not tricked by
- 107 Gave for a short time
- 108 Italian city known for salami
- 109 Oldest of the Pointer Sisters
- 112 Lombardy lake
- 113 Cartel founded in Baghdad
- 114 Widely shared post
- 115 Sweeties
- 117 Karaoke gear
- 119 Castaway’s home
- 120 One who’s forward-looking
- 121 Makes a misstep
- 124 Interest rate fig.
- 125 Safety gear for ER workers



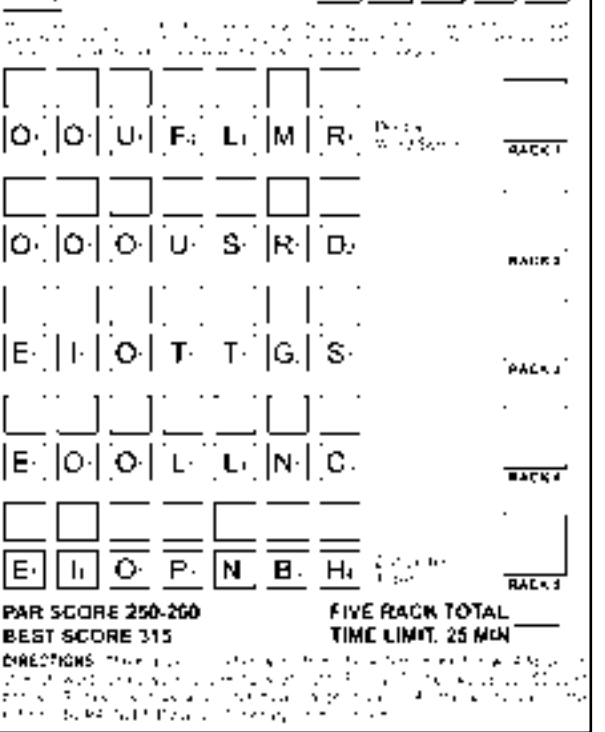
Sudoku 1



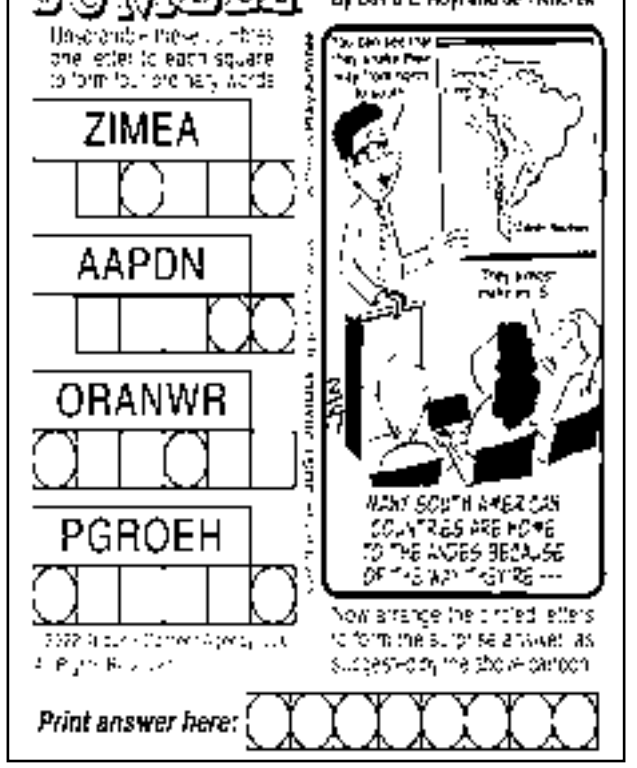
9 To 5 By Harley Schwadron



SCRABBLE G R A M S



JUMBLE THAT SCRAMBLED WORD GAME



Guess Who?

I was born on May 4, 1979 in Mississippi. I had early plans to study engineering so I could work for NASA. However, I ended up in a multi-platinum pop boy band. I also advocate for human rights.

Sudoku #2


	1		5		3	
5	7				8	6
		2	7	9		
				4	3	
	5	8			1	2
		7	3			
			4	8	7	
9	8				6	2
	2		3		1	

Puzzles & Comics

Answers on page 22

CRYPTOFUN

Determine the code to reveal the answer!



By David L. Hoyt and Jeff Knurek

B	U	P	H
W	O	I	S
G	O	K	H
A	C	E	M


104,377 Boggle words were analyzed to find the 100 most common words. The following words were found in the Boggle BrainBusters! Bonus puzzle. Are you in the top 100 of Boggle words?

BOGGLE POINT SCALE

(3 letters = 1 point)
 (4 letters = 2 points)
 (5 letters = 3 points)
 (6 letters = 4 points)
 (7 letters = 6 points)
 (8 letters = 10 points)
 (9 letters = 15 points)

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Garner
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Fry again



Boggle BrainBusters! Bonus

Use the puzzle grid to find 10 words that are the puzzle words. Can you find them?

Find **AT LEAST SIX COUNTRIES** STARTING AND ENDING WITH A CONSONANT in the grid of letters.

GIFTS FROM THE GARDEN WORD SEARCH

W	S	G	N	I	N	N	A	L	P	T	W	S	V	K	F	U	B	I	C
S	A	D	B	F	W	M	C	G	N	I	L	E	E	E	S	N	P	V	T
N	P	T	E	Z	B	R	W	O	N	W	K	O	A	H	Y	M	A	H	T
E	F	G	E	E	R	U	D	K	N	S	P	E	L	E	E	S	G	C	T
L	Z	Y	N	R	W	I	Y	P	U	W	A	C	A	A	L	I	Y	V	T
G	B	W	A	P	S	H	F	A	T	I	K	S	U	E	L	N	H	C	S
B	Y	D	C	M	R	L	K	V	U	B	K	B	E	N	B	E	V	H	S
I	P	R	D	A	G	S	S	C	R	T	R	E	D	P	D	R	C	O	E
C	L	N	I	F	C	E	B	E	E	E	A	S	S	N	S	M	R	Z	V
W	O	S	H	R	W	A	A	R	Z	A	C	P	U	U	G	A	M	D	R
O	E	M	L	C	U	S	C	A	B	C	L	E	N	U	O	Z	N	E	A
D	F	G	P	B	V	O	K	I	O	I	T	U	O	L	G	A	C	P	H
Y	G	Y	F	O	S	N	Y	N	C	W	R	I	L	T	O	S	A	T	F
I	U	W	N	F	P	Z	A	A	W	I	H	A	T	R	U	G	C	H	Z
G	L	L	E	C	S	T	R	E	P	S	M	D	I	H	C	Z	O	D	H
H	Z	B	O	R	I	A	D	B	A	Y	O	I	R	N	I	V	W	D	Y
R	F	L	F	T	S	T	S	C	T	H	K	A	P	O	S	F	A	O	N
R	P	W	O	R	Y	P	Z	T	O	D	S	E	I	R	U	E	V	T	T
B	W	Z	Z	D	S	S	C	A	A	V	M	V	A	F	F	O	L	F	E
P	R			E	N		H		D	E							N		N

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

BACKYARD
BEDS
COMPOST
CULTIVATE
DEPTH
FERTILIZE
GARDEN
HARVEST
HOSE
MEASURE
NURTURE
PESTS
PLANNING
RAIN
RAISED
ROOTS
SEASON
SEEDLING
SHADE
SOIL
SUNLIGHT
TILL
WATER
WEEDS



CHANGES

from page 7

Foundation (GRF) TRUST PROPERTY. This refers to the streets, sidewalks, parking areas, clubhouses, grounds, and other amenities overseen by GRF.

2.1. All MEMBER/OWNERS (M/O) are solely responsible for the actions of any VISITOR, RENTER/LESSEE (R/L), CAREGIVER, OR CONTRACTOR who has entered Leisure World Seal Beach (LWSB) under their authorization, as well as any persons who have entered LWSB through their R/L's authorization. Therefore, the M/O is responsible for any fines and penalties associated with their unit that are imposed by GRF.

2.2. GRF is not liable for damaged, lost, or stolen property associated with the use of vehicles on GRF TRUST PROPERTY.

2.3. GRF vehicles are exempted from these policies when appropriate, such as maintenance or security vehicles assisting first responders or providing emergency services to a unit or GRF TRUST PROPERTY.

2.4. Documentation

2.4.1. No MOTOR VEHICLE (including GOLF CARTS) may be parked on TRUST PROPERTY without a valid GRF decal on its windshield or valid GRF entry pass visibly displayed. In the case of COMMERCIAL VEHICLES or RVs without a windshield or dashboard, a valid GRF pass can be secured to the vehicle or the trailer.

2.4.2. Any motor vehicle without proof of required current valid State registration may not be parked on TRUST PROPERTY at any time.

2.5. Requirements

2.5.1. All persons parking IN LEISURE WORLD SEAL BEACH must observe California Vehicle Code Chapter 10.12 regarding time limits associated with the painted curbs and parking limitations listed in this document.

2.5.2. Curb or Parking space – Vehicles may park in a designated parking space or along a curb or sidewalk, unless otherwise provided herein.

2.5.3. Parking on all Trust Streets (streets having names) shall be in the direction of the flow of traffic in all cases of parallel parking.

2.5.4. Vehicles on a two-way travel roadway must be parked with the passenger side wheels within 18 (eighteen) inches of the curb or sidewalk.

2.5.5. Vehicles must be parked completely within the marked boundaries of a parking space, except for commercial or recreational vehicles more than 20 feet in length.

2.5.6. No MOTOR VEHICLE may be parked with any portion of the vehicle on a sidewalk.

2.5.7. At no time may a motor vehicle be parked with any portion of the vehicle on the grass.

2.5.8. Vehicles may be parked for no more than 72 (seventy-two) hours in one location.

2.5.9. At no time may a vehicle be parked in a manner that creates a traffic hazard, interferes with other vehicle access, PEDESTRIAN traffic, or access to facilities or equipment.

2.5.10. MOTOR VEHICLES shall not park in GOLF CART- or LOW SPEED VEHICLES (LSV) designated spaces.

2.5.11. Pods, moving trailers or similar portable storage units are permitted on TRUST PROPERTY for up to 72 (seventy-two) hours with prior authorization.

2.5.12. Trailers not hitched to a vehicle are not permitted to be parked on TRUST PROPERTY except as noted in 4.6.

3. PARKING ZONES

3.1. Red Zone: Vehicles in violation are subject to immediate tow at the VEHICLE owner's expense.

3.1.1. Fire Hydrant: No person shall park within fifteen (15) feet of a fire hydrant even if the curb is unpainted.

3.1.2. Fire Lanes: A vehicle may not be left unattended at any time.

3.1.3. Bus Stops: No person shall park or leave standing any vehicle within thirty (30) feet on the bus-stop side of the street to provide for loading and unloading of buses unless otherwise marked.

3.1.4. Crosswalks: No vehicles shall park within twenty (20) feet of a marked crosswalk.

3.2. Blue Zone (Handicapped): Vehicles must display a valid, government-issued disabled (handicapped) license plate or placard.

3.3. Green Zone: Parking may not exceed twenty (20) minutes.

3.3.1. EXCEPTION: Unlimited time parking in a Green Zone is permitted only when the vehicle is displaying a valid government-issued disabled license plate or placard.

3.4. White Zone: Immediate passenger loading and unloading only.

3.5. Yellow Zone: Vehicle loading and unloading only not to exceed 20 (twenty) minutes.

3.6. Unpainted: Parking is permitted up to 72 (seventy-two) hours, unless otherwise restricted.

4. SPECIFIC VEHICLE TYPES

4.1. Commercial Vehicles

4.1.1. Contractor vehicles must comply with all traffic and parking rules and regulations inside the community and must not obstruct or park on sidewalks or walkways.

4.1.2. Contractor and service vehicles, including personal vehicles driven by EMPLOYEES or COMMERCIAL WORKERS, shall not be parked overnight on TRUST PROPERTY

(including named TRUST STREETS) without a permit.

4.2. Golf Carts and Low-Speed Vehicles (LSV)

4.2.1. GOLF CARTS AND LSVs may be parked in parking spaces or along curbs designated for GOLF CARTS or MOTOR VEHICLES.

4.2.2. GOLF CARTS AND LSVs may not be parked in any manner interfering with foot or vehicle traffic.

4.2.3. GOLF CARTS AND LSVs are prohibited from parking on the sidewalk.

4.3. Bicycles and Electric Bicycles

4.3.1. BICYCLES or ELECTRIC BICYCLES must be parked utilizing bicycle racks where provided.

4.3.2. BICYCLES or ELECTRIC BICYCLES may not be parked in any manner interfering with foot or vehicle traffic.

4.3.3. Attended BICYCLES or ELECTRIC BICYCLES may be parked off the pavement, but only in such a manner as not to damage landscaping.

4.3.4. BICYCLES or ELECTRIC BICYCLES are prohibited from parking on the sidewalk.

4.3.5. Overnight parking of bicycles on TRUST PROPERTY is not permitted.

4.4. Mobility Scooters

4.4.1. MOBILITY SCOOTERS may be parked in parking spaces designated as intended for "SCOOTERS" or "GOLF CARTS."

4.4.2. MOBILITY SCOOTERS shall not be parked in any manner interfering with foot or vehicle traffic.

4.4.3. MOBILITY SCOOTERS are prohibited from parking on a sidewalk.

4.5. RECREATIONAL VEHICLES (RV) or VEHICLE USED FOR RECREATION (VUFR) – MEMBER/OWNERS, RENTER/LESSEE

4.5.1. The RV or VUFR parked on TRUST PROPERTY MUST display a valid GRF-issued decal or valid entry pass.

4.5.2. The RV or VUFR cannot be parked on trust streets except for loading and unloading purposes for no more than 24 (twenty-four) hours with approved security entry pass.

4.5.3. Other activities, such as vehicle maintenance, sleeping, cooking or resting in the RV or VUFR, are not permitted.

4.5.4. The RV or VUFR must be parked with engine and accessory equipment (e.g., exterior lights, air conditioner, audio and video equipment) shut off. The generator may be used while loading or unloading the vehicle and ONLY between the hours of 8:00 a.m. and 8:00 p.m. when parked on trust streets.

4.5.5. The extensions such as slide-outs, tilt-outs, and awnings must remain closed. Steps must not block the sidewalk.

4.5.6. The RV or VUFR shall not be attached to any external power or water supply.

4.5.7. Leveling jacks, if used, must include a base plate sufficient to prevent damage to pavement.

4.5.8. No animals or children shall be left unattended on or within any RV or VUFR at any time.

4.5.9. Safety Requirements – All sections of the California Vehicle Code that are applicable to RVs and VUFRs shall be adhered to while parked in the community.

4.6. Designated Temporary RV and VUFR Parking

4.6.1. Designated Temporary RV and VUFR Parking Location

4.6.1.1. The Three (3) approved parking spaces within the Clubhouse Four (4) parking lot are for temporary RV and VUFR use, subject to the terms and conditions noted in this policy.

4.6.1.2. Available permit parking is limited. Spaces are allotted on a "first-come-first-served" basis.

4.6.2. Identification

4.6.2.1. All RVs and VUFRs must be registered with the Recreation Department and display the Parking Permit in order to park in the noted location, see 4.6.1. If the RV and VUFR does not have a windshield, the identification must be placed on the king pin of a fifth wheel or the tongue of a trailer.

4.6.3. RVs and VUFRs Temporary Registration

4.6.3.1. M/O or R/L must register the visitor RV or VUFR with the Recreation Department during business hours prior to arrival and pay the necessary fees, see 10-2000-2.

4.6.3.2. Payment and security deposit shall be collected by the Recreation Department at the time the Parking Permit is issued from the M/O or R/L. Maximum Consecutive Nights. An RV (and boat or trailer) or VUFR may be parked in the approved location within Clubhouse Four (4) parking lot for a maximum of fourteen (14) days for a fee. An additional third week may be approved at an additional fee (see 10-2000-2)*. A second term will be allowed within twelve calendar months, provided that the RV or VUFR has been out of the community for no less than one hundred eighty (180) days. Vehicle must be removed at the expiration of approved stay. Failure to comply will result in immediate towing of the vehicle at the owner's expense and/or withholding of security deposit.

4.6.3.3. In the event of an unexpected medical and or mechanical emergency, the Executive Director or their designee may grant a limited extension not to exceed seventy-two (72) hours.

4.6.4. Use of an RV or VUFR

RECAP

from page 5

Course Regulations; Rescind 37-1429.02-1, Golf Course Rules; Rescind 37-1487-1, Recreational Vehicle Lot (RVL)—Rules and Regulations.

Capital Funding—RFID Purchase: MOVED to approve an RFID reader, mobile workstation, printer, and scanner for the Main Gate at a cost not to exceed \$19,905 Capital Funding and to have the President sign the contract.

Operational Funding—Phone System Change of SIP Provider: MOVED to approve a one-time cost of \$359.25 and a monthly baseline cost of \$948.80 a month Operating Funding from Edge Communications and authorize the President to sign the contract.

Reserve Funding—Replacement of Service Maintenance Utility Vehicles: MOVED to approve the purchase of ten (10) Big-Foot utility vehicles with utility boxes and ladder racks from Paper Material Handling at a total cost not exceeding \$345,500, Reserve funding, and authorize the President to sign the contract.

Reserve Funding—Network Switch Replacement: MOVED to approve the replacement of the network switches for Hummingbird Networks for \$8,112.50 Reserve Funding and authorize the President to sign the contract.

Governing Documents—Amend 70-1406-1, Limitations on Use of Trust Property—Rules: MOVED to amend 70-1406-1, Limitations on Use of Trust Property—Rules, extending the ages of guests permitted to use the game room, and redesignating the rule as 37-1406-1, Limitations on Use of Trust Property.

Governing Documents—Tentative Vote: Amend 48-1937-1, Parking Rules: MOVED to amend 48-1937-1, Parking Rules as presented, pending a 28-day notification to the members and a final decision by the GRF Board of Directors on April 23, 2024.

Governing Documents—Tentative Vote: Amend 10-2000-2, Consolidated Fee Schedule: MOVED to amend 10-2000-2, adding fees for leasing garden plots, pending a 28-day notification to the members and a final decision by the GRF Board of Directors on April 23, 2024.

Governing Documents—Tentative Vote: Amend 37-1447-1, Community Gardens—Rules: MOVED to amend 37-1447-1 Community Gardens-Rules, renumbering it as 37-1447-1, pending a 28-day notification to the members and a final decision by the GRF Board of Directors on April 23, 2024.

Governing Documents—Tentative Vote: Amend 13-5093-1, Authorized Resident Rules of Conduct—Rules: MOVED to amend 13-5093-1, Authorized Resident Rules of Conduct, Rules, changing its title to Code of Conduct, Rules, pending a 28-day notification to the members and a final decision by the GRF Board of Directors on April 23, 2024.

CHANGES

from page 10

- 4.6.4.1. M/O, R/L or Visitors may not live in a RV or VUFR parked in the community. This includes sleeping, cooking or any other activities not associated with preparation of the vehicle for travel or storage. No barbeques or exterior cooking is permitted.
- 4.6.4.2. No animal or child shall be left alone in a vehicle at any time.
- 4.6.4.3. Safety Requirements–All sections of the California Vehicle Code that are applicable to RVs and VUFRs shall be adhered to while parked in the community.
5. TRUST PROPERTY PARKING AREAS
- 5.1. Clubhouse One
- 5.1.1. There is no parking between 11:00 p.m. and 7:00 a.m. in the following Clubhouse One parking areas:
- 5.1.1.1. The lot near the woodshop.
- 5.1.1.2. The spaces on the west side of the clubhouse (Burning Tree).
- 5.1.1.3. The lot across from the clubhouse next to the golf course, except for Employee vehicles during their work shift and authorized GRF contractor vehicles.
- 5.2. Clubhouse Two
- 5.2.1. Parking in the lot next to the car wash is prohibited between 11:00 p.m. and 7:00 a.m.
- 5.2.2. Parking is prohibited between 11:00 p.m. and 7:00 a.m. in the spaces on the east side of the clubhouse (El Dorado).
- 5.2.3. Parking is permitted up to 72 (seventy-two) hours in the lot north of Clubhouse Two if the vehicle displays an official GRF decal or an unexpired short-term entry pass issued by Security.
- 5.3. Clubhouses Three and Four
- 5.3.1. Overnight parking is prohibited except for those vehicles permitted by Security, i.e., GRF buses, Radio Club Emergency Van, Innovative Cleaning Services Vehicles, or approved temporary RVs/VUFRs.
- 5.3.2. Participants in a GRF-sanctioned overnight bus tour may park their vehicles in Clubhouse Three parking lot for up to seventy-two (72) hours. An authorized permit must be displayed on dash.
- 5.3.3. RVs and VUFRs may be permitted to park in the extended lot (where the GRF buses are stationed) for up to fourteen (14) days as noted in 4.6.1.
- 5.4. Building Five, Clubhouse Six, Healthcare Center, Administration and Alley
- 5.4.1. No overnight parking is permitted, except for GRF Vehicles and vehicles authorized by GRF Executive Director or their designee.
- 5.5. Amphitheater
- 5.5.1. Only employees of GRF, the Healthcare Center (HCC) or commercial lessees may park in designated employee parking from 7 a.m. to 6 p.m. Monday to Friday.
- 5.5.2. AUTHORIZED RESIDENTS may park in spaces marked for “Staff” or “HCC” only from 6 p.m. until 11 p.m. Monday through Friday and from 7 a.m. until 11 p.m. Saturday and Sunday.
- 5.5.3. No overnight parking is allowed.

- 5.5.4. Visitors are only allowed to park in the Amphitheater parking lot during GRF-sponsored special events.
- 5.5.5. The parking space designated for the HCC 24-hour Nurse may never be used by anyone else.
- 5.6. No RVs are allowed to park in any community lots except for the designated temporary parking area at Clubhouse 4 (see 4.6).
6. SPECIAL CIRCUMSTANCES
- 6.1. No animal or child is allowed to be left alone in any parked vehicle on TRUST PROPERTY. Animal Control or Seal Beach Police, respectively, will be called immediately.
- 6.2. “For Sale” signage shall not be displayed on any vehicle on TRUST PROPERTY.
- 6.3. Vehicles may not be repaired and/or major service may not be performed, and fluids may not be changed on any TRUST PROPERTY.
- 6.4. Only Vehicles owned by an AUTHORIZED RESIDENT and displaying a GRF-issued decal shall only be washed at the car and RV washing areas behind Clubhouse Two.
- 6.5. Vehicles shall not be washed anywhere on TRUST PROPERTY other than the designated car wash area.
7. TOWING
- The Security Department has been authorized by the GRF Board of Directors to enforce the rules of this community in compliance with California Vehicle Code Section 22658, which may result in the towing of a vehicle at the vehicle owner’s expense.
- 7.1. MOTOR VEHICLES Subject to Immediate Towing at the VEHICLE Owner’s Expense:
- 7.1.1. Those in red zones designating fire lanes or fire hydrants;
- 7.1.2. Those parked in any no-parking zone;
- 7.1.3. Those parked in handicapped spaces without a proper government-issued placard or state-issued disabled license plates;
- 7.1.4. Those in properly posted construction zones;
- 7.1.5. Those blocking entrances, exits, and crosswalks or preventing access to or operation of another motor vehicle.
- 7.1.6. Those leaking gasoline, oil, or any other hazardous fluids; and
- 7.1.7. Those parked in the space designated for the HCC 24-Hour Nurse.
- 7.1.8. Any PROHIBITED VEHICLE such as:
- 7.1.8.1. Boats or unattached trailers;
- 7.1.8.2. Inoperable vehicles;
- 7.1.8.3. Unlicensed and/or off-road vehicles (except golf carts);

CANDIDATES

from page 5

for the purpose of recommending a candidate for election, who will be given candidate instructions by the Stock Transfer Office. Candidates may also self-nominate.

A candidate may be a member who is an officer or director of a Mutual Corporation; any City Council; Orange County Board of Supervisors; City of Seal Beach or the County of Orange Planning Commission. A member of any entity or partnership or an officer or director of any corporation engaged in supplying material or labor to GRF is discouraged from running for the Board. This may cause a potential conflict of interest, causing an unnecessary liability including, but not limited to, breaching fiduciary duties. Candidates cannot be convicted of a crime that would either prevent GRF from securing fidelity bond coverage or terminate GRF’s existing coverage.

The candidate must be current in the payment of carrying charges excluding non-payment of collection charges, late charges, fines, remove assessments, costs levied by a third party, or if the member has paid regular or special assessments under protest per Civil Code Section 5658, has entered into and is currently on a payment plan, or if the member has not been provided with the opportunity to engage in Internal Dispute Resolution (IDR).

CHANGES, page 12

CANDIDATES, page 12

Lenning Tax & Accounting,
More Than Just
Tax Preparation

We are a family-owned business serving the needs of Leisure World since 1979. We give personal service tailored to your needs.

We are open all year.

We are not a large impersonal tax preparation corporation.

Call for an appointment or stop by our office.
L.W. clients - We will pick up your information and deliver when finished.



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Services, Inc.

562-594-9729

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Leisure World Shopping Center

예수 그리스도께서 사망권세를 이기시고 부활하셨습니다.
Jesus Christ conquered the power of death and was resurrected.

부활절 특별 새벽예배
Easter Dawn worship

3월 31일(주일) 새벽 6시
LW 한인 커뮤니티 교회 본당
Mar. 31(Sunday) 6am
Korean Community Church Sanctuary

LW 지역을 위한 부활절 특별 새벽예배
Easter special dawn service for the LW area

6 AM, 본당 sanctuary
영도: 윤 장영 담임목사 Inba, Senior Pastor Jangyoung Yoon
기도: 김 홍중 장로 Prayer: Elder Hongjung Kim
찬양: LWKCC 찬양대: “천사의 합창”
Praise: LWKCC Praise Band “Chorus of Angels”
지휘: 김 규삼 음악목사 Conducted by Music Pastor Gyu-sam Kim
반주: 김 민정 집사 Accompaniment by Deacon Kim Min-jeong
설교: 장 주영 목사 Sermon: Pastor Jangyoung Yoon
고전 15:1-11 “부활의 영광”
1 Corinthians 15:1-11, “The Glory of the Resurrection”
특별찬양: 찬양, 무릎중 Special praise: Chorus, kneeling
축도: 노 황 목사 Benediction: Pastor No-Hwang

부활주일예배 Resurrection Sunday Service

11:50am, 본당 11:50 AM, sanctuary
기도: 변 영철 장로 Prayer: Elder Byun Young-cheol
찬양: LWKCC 찬양대: “살아계신 주”
Praise: LWKCC Praise Band: “Living Lord”
지휘: 김 규삼 음악목사 Conducted by Music Pastor Gyu-sam Kim
반주: 김 민정 집사 Accompaniment by Deacon Kim Min-jeong
설교: 담임목사 윤장영 Sermon: Senior Pastor Yong Jang-yeong
눅 22:23-33 Luke 22:23-33
“산 자의 하나님” “God of the Living”
특별찬양: 8팀가곡 Special praise: Team 8 family
※ 주일중식: 찬교실 ※ Sunday Lunch: Fellowship Room

LW 한인 커뮤니티교회 (LWKCC)

매주일예배, 11:50am, 새벽기도회(화-토) 6am
Sunday service, 11:50am,
dawn prayer meeting (Tue.-Sat.) 6am
담임목사 윤 장영외 교우일동
Senior Pastor Yong Jang Yeong and all alumni
(714)323-0897



COMMUNITY

GRF

Make sure your pet's registration is up to date

By Rosie Estrada
Stock Transfer Manager

Per Pet Rule 7501, Article II, pets must be registered with the Stock Transfer Office before being brought onto Mutual premises.

Further, the pet registration and licensing must be updated on or before Dec. 31 of each year.

The Mutual Pet Registration Form can be picked up at the Stock Transfer Office.

To complete the registration, residents will need to include the following:

Requirements for dogs: City of Seal Beach pet license, proof of spay or neuter, proof of dog's inoculations, proof of liability insurance and proof of dog's weight.

Requirements for cats: Proof of spay or neuter, and proof of liability insurance.

When renewing a currently registered pet in the Stock Transfer Office, residents do not need to complete a new form, but do need to provide current liability insurance documents and, for dogs only, a current City of Seal Beach pet license as well as their current inoculations.

Residents can contact the Seal Beach Animal Care Center (SBACC) located at 1700 Adolfo Lopez Drive, Seal Beach, CA 90740, by calling 562-430-4993, faxing 562-594-0003, emailing contact@sbacc.org or visiting www.sbacc.org.

The center is open Monday, Wednesday and Friday from 1-5 p.m.; Tuesday and Thursday from 2-4 p.m.; and Saturday and Sunday from 11 a.m.-5 p.m.

SBACC animals are seen by appointment only; go to www.sbacc.org for more information.

Those who have questions about registering their pet can stop by the Stock Transfer Office.

License Fees:

- Dog altered: \$31
- Dog altered (senior residents): \$15
- Dog unaltered (only current license renewal for Long Beach dogs): \$103
- Dog unaltered (senior residents) \$50
- Replacement Tag: \$10

Municipal law requires that all cats and dogs over the age of four months be licensed as a rabies control measure. Making sure a pet has its current license attached to its collar also is the

best insurance of having a pet returned in case he or she becomes lost or gets out of the yard. The pet license also lets people know if the pet is currently vaccinated against rabies.

For more information about licensing pets, visit the Seal Beach Police Department's pet registration page at www.seal-beachpd.com/pet-registration.

GRF has been advised that licensing by City of Seal Beach will begin April 1.

Animal Control

As of July 1, 2023, The Seal Beach Police Department took over animal control services. If you need animal control services or need to report stray, aggressive, or dead animals, call Seal Beach PD at 562-799-4100 ext. 1606, or email animalcontrol@sealbeachca.gov.

Call the
LW Weekly at
562-430-0534

SUNSHINE CLUB



GRF Executive Manager of Mutual Services Dave Potter (center) and GRF Senior Director of Mutual Administration Jodi Hopkins (r) spoke at the Sunshine Club. Potter reviewed Leisure World's beginnings and its continuing evolution, including the possibility of introducing electronic voting, increasing financial transparency, and continuing to monitor structural integrity. Hopkins gave a brief overview of how to create trusts in a way that would keep their units and families out of probate. After each presentation, Anna Derby (l) opened the meeting to allow questions from members in attendance.

MUTUAL 12 LUNCHEON

Tickets on sale Monday, April 1

Mutual 12 shareholders are encouraged to buy tickets for the April 26 luncheon from their building captain or parcel director before the deadline of Friday, April 12. Tickets are \$10 per resident or \$20 per guest or caregiver.

Spend a couple of hours with neighbors and friends while enjoying a backyard barbecue chicken meal. There will be door prizes and raffle drawings during the event as well.

CANDIDATES

from page 11

Candidates must be members of GRF for at least one year. Renters/lessees of a unit within a Mutual are not eligible. Each candidate is required to submit a 300-word or (more/less), single-sided statement to the Stock Transfer Office, written in compliance with the election rules and contain the background, qualifications, and platform of the candidate, and shall not contain any disparaging or defamatory content. The statement will be mailed out with ballots.

Candidates should refer to GRF By-laws, Article Six, Section One, and complete an Eligibility Disclaimer.

Application for Candidacy forms and GRF Directors Handbooks are available in the Stock Transfer Office in the Administration Building, and should be submitted by Friday, March 29, 4:30 p.m.

QUESTIONS

from page 7

the annual meeting. See instructions on your ballot for further information, and don't forget to sign the outside return envelope.

I still have questions about annual meetings and elections. Who can help me?

Contact Senior Portfolio Specialist Ripa Barua at ripab@lwsb.com for Mutual Election assistance, or Jenna Dever at jennad@lwsb.com for GRF election assistance.

CHANGES

from page 11

- 7.1.8.4. Vehicles lacking current state registration;
- 7.1.8.5. Aircraft.
- 7.2. Other Parking Violations Subject to Towing
 - 7.2.1. Any vehicle issued a Community Rules Violation notice shall be subject to towing 72 hours after the citation has been posted.
 - 7.2.2. Any RV or VUFR that has exceeded its fourteen (14) day permit shall be towed at the owner's expense, unless an additional third week has been approved at an additional fee (see 10-2000-2).
- Document History
- Keywords: Parking, Towing, Oversize Vehicles, Parking Zones, Trust Property.

We would like our patients to meet our new associate Dr. Taylor J. Sant

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ADA, CDA,
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D.M.D.
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California Retired Teachers' Association

LW's Retired Teachers Association will host California Retired Teachers' Association State President Susan Dixon on Friday, April 5, at 11:30 a.m. in Clubhouse 3, Room 9.

Dixon taught in Capistrano Unified School District in Southern California for 35 years. She was the state government relations chair for seven years and has been active at the state and federal level fighting for the repeal of the Windfall Elimination Provision (WEP), Government Pension Offset (GPO) and other legislations that protect educators' retirement security. She works with other retiree organizations in California, CalSTRS, and is the vice-chair of the National WEP/GPO Repeal Task Force. As president, she focuses on ensuring members receive a consistent message of CalRTA's shared vision that promotes advocacy, membership recruitment, and the REACH and diversity of sub-committees.

Dixon will speak on CalRTA's focus on a unified message, the importance of membership matters campaign, updates on federal and state legislation, the current status of WEP/GPO Repeal, state legislation and the opposing initiate.

Complimentary lunch reservations may be made by calling Anne Stone at 714-600-6956.



Susan Dixon

Ruth Beaman celebrated 103 years on Feb. 6

The Golden Age Foundation (GAF) will host the fourth LW Centenarian Celebration on Tuesday, April 23. Its goal is to include every resident who will be turning 99.5 years or older this year. To register a centenarian, call or text one of the numbers below and provide their name, mutual and unit number, and contact information. The GAF will also feature some of the centenarians' stories in the LW Weekly.

by Lita Fernandez
LW Contributor

Ruth Elaine Beaman in Mutual 6 is 103 years old and still kicking.

Ruth Elaine Scrivner was born in Kuna, Idaho, on Feb. 6, 1921, she was one of the seven children born to William Troy and Alice Elvida Scrivner. She had one older brother, three older sisters and twin younger sisters.

The family moved to Long Beach. When Beaman was young, they lived in tents at the beach at first, until her father could find a place to stay. They eventually settled down in a home, and Beaman remembers walking to the beach with her sisters. This was before the breakwater, and Beaman remembered the waves were as "big as a house." It was during



Ruth Beaman (sitting) was visited by Erika Jennings (l-r), Jennifer Robles and Lauren Barich for the centenarian event in 2022.

this time that her mother was diagnosed with serious illness. Shortly after moving to California, the Scrivner clan became members of the First Christian Church of Long Beach, where they remained members for many years. The Church quickly became a source of fellowship where Beaman spent much of her time with the family and made many friends.

On March 10, 1933, the Scrivners' world changed again. An earthquake of 6.4 struck, and the epicenter was not far from their home. The foundation of the house fell, there was no electricity and the weather was cold. They slept at a camp

near the beach for several days and cooked outside with the wind blowing. Then, there was a radio broadcast of a Tsunami coming to Long Beach, so the whole family moved to a higher hillside. With all the prayers the tsunami didn't occur.

Ruth was introduced by a family friend to Kenneth A. Beaman during a church function. They were married in 1931. After a few years, Kenneth was drafted and stationed at the Presidio in San Francisco. While living in Sausalito, California, Beaman had her first baby, Sandra Lee, on Dec. 2, 1944.

One of Ruth's best memories
BEAMAN, page 14

THE GREAT LEISURE WORLD DISCOVERY TOUR

Show off your pet's tricks at the Paws, Claws and Beaks booth

The Paws, Claws and Beaks Club will participate in the Great LW Discovery Tour on Saturday, April 6, from 11 a.m.-2 p.m. The club welcomes all LW pet owners to come visit its booth in the Clubhouse 1 picnic area, where pets are welcome to join. Dogs will need to be on a non-retractable leash. People can come to participate in any of the club's events below; times are subject to change.

- **11 a.m.-2 p.m.:** Residents will share important information about basic pet needs to consider from first aid for pets, dog walking, pet sitting and emergency preparedness.
 - **11 a.m.-1:45 p.m.:** Enter to win a drawing for a pet first aid kit. Drawing will be held at 1:45.
 - **11 a.m.-1:45 p.m.:** Residents can show off their dog's tricks and skills so he or she can take home a prize from the club's K-9 Contests.
 - **Noon-2 p.m.:** Helen Sanders CatPAWS will provide cat information and answer concerns about club member's feline friends. A fun, personal keepsake will be available to take home.
 - **12:30-1:15 p.m.:** Get engaged with a beautiful therapy parrot that is one of 14 nationally registered "Pet Partners."
- LW buses will be available for transportation to and from the clubhouses. Pets must be in a carrier to be able to use this service.

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Democratic Club

by Mary Larson
LW contributor

All Leisure World voters can be proud of their voting record in the 2024 Presidential Primary Election. The final official results of the election have not yet been posted by the Orange County Registrar of Voters. However, preliminary reports make it clear that Leisure World had the highest turnout of voters in Orange County.

In the LW area west of St. Andrews Drive, 72.2% of the 1,664 registered voters eligible to cast a Democratic ballot voted for their choice for president. The Republicans did almost as well with 70.2% percent of their 1,783 registered voters also selecting their choice.

Orange County is reportedly one of only five California counties to decide the winner of local elections, such as the one for the

Board of Education, in the low turnout March primary. Other counties conduct these elections during the higher turnout November general election.

A study conducted in 2021 by the University of California at San Diego concluded that shifting local races from the primary to the general election ballot materially increases turnout, by nearly twofold. It also engages a more racially and demographically representative voter population. This is especially true for Hispanic and Asian American voters, who together account for almost 60% of Orange County's population.

California Senate Bill 907, currently being considered by the state legislators, would, among other things, require that the Orange County Board of Education election be consolidated with the statewide general election in November

of each even-numbered year. Leisure World residents will be voting to elect a member to this board in 2026.

The LW Democratic Club's monthly membership meetings will continue to feature in-depth discussions concerning the candidates and issues that will be on the November ballots.

Issues of special concern to club members relate to the Seal Beach City Council and the Los Alamitos Board of Education. Candidates running for both of these boards will also be on many LW ballots in November.

Democrats and supporters can subscribe to the club's newsletter by emailing mlarson.telfords@gmail.com or calling editor Mary Larson at 562-296-8521. Make sure include complete contact information, including name, address, phone number and email.

LW America First Republican Club

by Brian Harmon
LW contributor

Brian Kim will discuss "Answers to the Woke Agenda" with the LW America First Republican Club on April 17 at 5 p.m. in Clubhouse 3, Room 2.

Kim and his wife Grace are the founders of Kairos University in Tustin. The school is accredited by the top two accrediting agencies for theological schools in the United States. Kairos offers programs ranging from general college education to a PhD program in global leadership.

The LW Republican Club believes in legal immigration and secure borders, peace through strength, lower taxes, cutting government spending, free enterprise capitalism, family values, parental control of education, public safety through well-funded law-enforcement, and an America-first foreign policy.

The America First Republican Club's monthly meetings are held in Clubhouse 3, Room 2, on the third Wednesday of each month at 5 p.m. for socializing, and 5:30 for the speaker.

The club booth, located near Clubhouse 6, will be open each Monday and Wednesday from 11 a.m.-2 p.m. Residents can sign the Protect Kids of California petition, register to vote, change their party affiliation, or just enjoy pleasant conversation.

BEAMAN
from page 13

was standing on the Golden Gate Bridge welcoming soldiers coming home after the war's end. After the war, Beaman's family settled down in Long Beach. They stayed there until their second child was born, Bob, on Dec. 14, 1951. Kenneth worked for the City of Long Beach and Ruth worked in several jobs while her mother-in-law Lydia watched the kids. The family strived to live as a family and

enjoyed quality time together, going to church, beaches, national parks, camping, parties and playing sports and games.

After Ken retired, Ruth started working at a local insurance and was an active member and president of Insurance Women of Long Beach. In 1982, they came to Leisure World and bought an apartment in Mutual 6, where she has lived ever since.

They traveled to many countries and the different states.

Ruth also enjoys painting, ceramics, needlework and flower gardening. She arranged flowers for her First Christian Church of Leisure World and assisted in church functions.

When Ken passed away in 2004, Ruth devoted herself to the Lord by going to church, Bible classes and enjoying life to the fullest. She has three grandchildren, two step-grandchildren and 12 great-grandchildren.

BEAMAN, page 15

SENIORS FOR PEACE CLUB

Club will participate in the
LW Discovery Tour April 6

The Seniors for Peace Club will participate in the Great LW Discovery Tour on Saturday, April 6, instead of its regular meeting.

The club will have a booth in Clubhouse 3, Room 3, from 11 a.m.-2 p.m., with information about the club, its activities, and membership forms. At the end of the day, a raffle will be held for two countertop compost bins.

For more information, call Pat Kruger at 562-357-4040.



EMERGENCY INFORMATION COUNCIL

FEMA specialist focused on
preparedness at meeting

YOYO is not a plaything to Federal Emergency Management Agency (FEMA) specialists, but an alert for emergency preparedness. "It stands for 'You're On Your Own,'" said Roxann Crawford, a 20-year veteran of the FEMA. "You need to be prepared."

On a lucky day, there is one firefighter for every 265 people, one police officer per 334 people and one paramedic per 325 residents, according to Crawford. "Think about the impact in an emergency when there is an increased number of residents they need to serve."

In an earthquake, wildfire or flooding, many resources may not work. Utilities, phones, water systems, transportation, grocery stores and pharmacies may be out of commission. Hospitals are likely to be overwhelmed and roads may be blocked, preventing evacuation. Crawford, along with specialist Christian Erickson, spelled out the details for residents at a talk presented by the Emergency Information Council (EIC) on March 18 in Clubhouse 3.

Some residents may have mobility, cognitive, or mental health issues, Crawford noted. More common issues would be hearing, vision and speech disabilities or a dependency on power, for sleep aids, power chairs, or refrigerated medicine. The most lost items in an emergency are glasses, hearing aids and dentures. Crawford promoted the need for a plan and a disaster kit, aimed at preparedness for people with disabilities, older adults and even pets, as well as sources for accurate information. Crawford listed supply kit needs and also cited the EIC website, Pacific ADA (Americans with Disabilities Act) and FEMA as good sources for emergency preparedness information. These sites offer check lists for supply needs and guides to creating an individual disaster plan.

Crawford serves as a disability integration specialist for the Department of Homeland Security, FEMA Region 9. She can be contacted by email at Roxann.Crawford@fema.dhs.gov. Find more information on the EIC website at www.eiclwsb.org, the Pacific ADA at www.adapacific.org and the FEMA website at www.fema.gov.

—Mariann Klinger



Roxann Crawford

Grab a passport, hop on a bus, and join us for a fun day exploring all that Leisure World has to offer, from the clubs you've been curious about or didn't know existed, to the physical amenities that everyone can enjoy.

Get your passport stamped at each location to be eligible for grand prize drawings at the Closing Ceremony!

Read LW Weekly for details to come!

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OPEN HOUSE

THE GREAT LEISURE WORLD DISCOVERY TOUR

Sunshine Club

Rick Paap, retired Seal Beach police officer, will speak to the Sunshine Club about fraud on Friday, March 29, in Clubhouse 3, Room 2, at 10 a.m.

Paap is a retired 26 year veteran of the Seal Beach Police Department. He currently works for Talon Executive Protection owned by Ron Williams, a retired secret service agent based out of Orange County. Paap's duties include cyber security, computer forensic science, background checks, fraud investigation and private armed protection.

Paap will speak on today's "World of Fraud" and how to tips to prevent it.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome.

For more information, contact Anna Derby at 562-301-5339.



Rick Paap

Soldier to give talk on war in Gaza

Residents will have the opportunity to hear a presentation about the war in Gaza by Noy Leyb, a soldier in the Israel Defense Forces (IDF) with first-hand experience and knowledge about the war. The presentation will be held in Clubhouse 4 on Wednesday, April 10, at 7 p.m. and is sponsored by Congregation Sholom.

Noy was born and raised in Canada but decided to move to Israel at age 18 and join the IDF. After completing his service, Noy continued with annual reserve training. He also went on to obtain his bachelor's degree in Israel and a master's from the University of Michigan. Noy's Israeli advocacy has taken him to over 15 universities in North America and overseas.

On Oct. 7, 2023, Noy, who was living and working in New York City as the co-founder of a start-up tech company, made an instantaneous decision to drop everything and fly to Israel to join his elite commando unit. His brigade was among the first to enter the tunnels in Gaza.

Noy's mission is to talk with audiences around the country about his direct experiences, unique insight, and steadfast spirit to help empower others and lead a movement against antisemitism.

Noy will also share tools that he uses to combat online antisemitism and answer questions in an open forum. This event will be offered at no charge, however donations of any size to offset the cost of Noy's presentation are welcome. People can send a check to Congregation Sholom, P.O. Box 2901, Seal Beach, CA 90740.

—Jan Friedland



Noy Leyb

RALPHS COMMUNITY REWARDS



Residents can sign up for the Ralphs Community Rewards on Wednesday, April 17, in Clubhouse 6 from 9-11 a.m. Feliza Dixon (l), was assisted by Golden Age Foundation board member Cheryl Falconer in signing up for the program last month.

BEAMAN
from page 14

After two years passed from the centenarian event in 2022, Beaman still is in good health for her age of 103 years. She drives her golf cart to go to clinic and church with her caregiver. She likes to dress up, eat well, and enjoy a glass of wine with friends. Ruth says "God is good all the time, thank you, Golden Age Foundation, from the bottom of my heart for your gifts and love to me."

To honor a centenarian, contact a GAF volunteer: Carl Kennedy at 661-810-9410; Beth Greeley at 714-329-3621; Cheryl Falconer at 714-904-1984; Fara McCartney at 714-625-5141 or Anna Derby at 562-301-5339.

OBITUARY

Lloyd D. Haynes
1938-2024

Lloyd D. Haynes served in the Air Force from 1955-1959, where he did a tour in South Korea. After the war, he was an aircraft mechanic.

Lloyd had been a resident of Leisure World, Seal Beach, since 2013. He enjoyed football, reading books about WWII history, and keeping up with current events. He also took pride in keeping his front garden in nice order. He was a private person, but was very warm if you got to know him as many of his neighbors did.

In his younger years, his big passion was riding and working on his Ducati motorcycle. He also enjoyed taking his family on camping trips around California. Before retirement, he was a graphic designer for several big magazines included AARP.

Lloyd is survived by his three children Matthew, Aaron, and Sara.



Anna Derby (r) and Steve Chung

Korean American Association donates \$1,000 to the GAF

The Korean American Association (KAA) presented its annual \$1,000 donation to Golden Age Foundation (GAF). The KAA has been a consistent donor since the club formed in 2016.

The purpose of the KAA is to promote fellowship, create and foster Korean cultural activities, promote the principles of good citizenship, and encourage community service. The KAA invites all residents to join.

The KAA was established in May 2016. As of December 2021, over 750 residents with Korean backgrounds registered as members. The KAA meets quarterly, in March, June, September, and December on the second Thursday in Clubhouse 2. For more information on KAA, call Steve Chung at 714-713-0167.

Concerned Shareholders

The Concerned Shareholders Club will meet on April 25, at 1 p.m., in Clubhouse 3, Room 2. The guest speaker will be Seal Beach City Councilman Nathan Steel, who represents Leisure World.

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ARTS & LEISURE



Dancers gathered on March 17 to celebrate the club’s 19th anniversary.

HUI O HULA

Hawaiian dance club celebrates 19th year in LW

In 2004, Jojo Weingart and her husband, Joe, moved to Leisure World from Honolulu to take care of Joe’s mother, Helen Wingate. A year later, on March 17, 2005, Jojo and several LW residents, including Kaye Huff, started Hui O Hula. Since then, traditional hula dance classes have been offered twice a week continuously. The hui/ group also shares its aloha in hula at numerous performances inside and outside the gates.

The current hula subject is medley “Mahina O Hoku/Aloha Wau Ia ‘Oe” and dancers are looking forward to performing for and with hula sister and March birthday girl Lori ‘Lolo’ Chamberlain in Mutual 11 with her neighbors and other March birthdays ladies. All are welcome to Hui O Hula’s classes. For more class or performance information, call 562 431-2242.

—Jojo Weingart



Love Boat crew members: Dr. Bones played by Carol Ziegler, the over-the-top cruise director Julie played by Adrienne Rosenfeld, Isabel Washington, a bartender that can mix and shake with the best of them, and Vincent Correnti, who plays a handsome and able-bodied pursuer.

Theater Club Performance: Love Boat

The Love Boat, an original play from the Theater Club, will be presented Friday, March 29, in Clubhouse 2 at 7 p.m. A take-off of the TV show by the same name, it will have a full crew and many different types of passengers seeking adventure on the high seas. Romance will be in the air, along with all shipboard activities including a bar, Zumba classes, a tango lesson, exciting music and more. This rollicking show will be filled with many guests and workers, including a spoiled cat who will tell the audience how he feels about cruising. The evening is BYOB. Donations are accepted and greatly appreciated.

COIN CLUB

Join discussions on coins and currency this month

The LW Coin Club will meet April 10 in Clubhouse 3, Room 2, at 1:30 p.m. Members can participate in the club’s door prizes, refreshments, coin auction, coin raffle and group discussions on currency and coins. Refreshments will be provided. LW residents can have coins evaluated at no cost. The club meets monthly.

ART LEAGUE RAFFLE WINNERS



The LW Art League’s March 12 raffle winners were Camber Dupree (l-r), Ida Bruce and Christina Woods. The winners received original watercolor paintings, which were generously donated by guest demonstration artist Geri Medway (second from right). The Art League will meet April 9. All are welcome.

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LINE DANCING

Free Dancers & Mixers dance is April 2

The Dancers & Mixers Club dance will be held Tuesday, April 2, in Clubhouse 4 from 7-9 p.m. to celebrate the spring season.

A variety of live dance music will be played by Linda Herman. Partners are not needed as there will be a mixer and line dancing.

The Dancers & Mixers Club meets the first Tuesday of the month. There are no dues; just sign the sign-in sheet and dance.

People are invited to bring their favorite snacks and beverages.

Non-dancers are welcome to hang out and listen to the music. Everyone is welcome. For more information call 562-431-1257.



Nicole and Jerome Kleuver



David Wolfe
Anthony Bernasconi

Last Chance:
Michael Bublé
Experience

Michael Buble tribute artist Anthony Bernasconi will perform at the La Mirada Theater on April 5 at 8 p.m., and GRF will provide bus transportation for the first 54 residents to grab tickets. Backed by a 17-piece orchestra, Anthony Bernasconi perfectly emulates the velvet-voiced crooner in a high-energy, interactive show. Enjoy favorites from the Great American Songbook in classic Bublé style, as well as a selection of Bublé's greatest original hits like 'I Just Haven't Met You Yet.'"

Tickets are available now at the Recreation Office, located in Building 5, for \$62. For more information, email kathyt@lwsb.com or call 562-431-6586, ext. 2326 or 2398.

Grab 'n' Go Food
Truck: Schedule
March 28-April 3

Thursday: Domino's Pizza at Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads. The truck is on site from 3:30-7 p.m. Cash and cards are accepted.

Monday: Lucille's Smoke-house BBQ at Clubhouse 6—No preorders are accepted. See the full menu at lucillesbbq.com/foodtruck. The truck will be on site from 3-6 p.m. Only cards are accepted.

Tuesday: Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday: Cousins Maine Lobster Truck at Clubhouse 6—See the full menu at <https://www.cousinsmainelobster.com/locations/details/orange-county-ca/>. Enjoy lobster rolls and more from 4-7 p.m. Cash and cards are accepted.

On-call bus service is available from 4:30 p.m. on. Regular bus service is available before 4:30; and weekends on-call any time. Call a ride at 562-431-6586, ext. 2379. Vendors are subject to change.

For more information, to ask questions or give feedback, email kathyt@lwsb.com.



Kathy Salazar (l-r), Joyce Basch and Helen Tang

VIDEO PRODUCERS CLUB

iPhone and iPad classes available

Kathy Salazar is now teaching people how to use iPhones and iPads to take photos and video at the Video Producers Club loft room. She takes reservations for her free classes for Thursdays, 10 a.m.-noon. To make a reservation, text Salazar at 714-654-8643.

The Video Producers Club loft room is at the top row seating area of the Amphitheater, where there are a few rooms. There is a sign on the door of the Video Producers Club room.

Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6 (second floor). For March the classes are: West Coast swing at 9, followed by Rumba at 10. Each class is \$7 per person. The class participants vote on new dance topics every month.

Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.

Mother's Day Brunch with Harpist

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 11, in Clubhouse 4 at 11 a.m. The event will be catered by Country Gardens Caterers. This event is always a huge success, and tickets are expected to sell out. Now is the time to save the date and drop hints to family members who would like to treat mom.



Pheobe Madison Schrafft

An elegant repast includes an egg and sausage strata, strawberry crepes, fresh fruit and pastry platters, sparkling cider and more. Moms and guests will be serenaded by classical harpist Pheobe Madison Schrafft. Mothers may want to treat daughters too, and both are welcome to the brunch event on the day before Mother's Day.

Reservations are on sale for \$45 and are available at the Recreation Office in Building 5. Those who want to buy a table of eight (\$325) or sit with a group should inform the recreation coordinator when purchasing. All seating will be assigned by GRF if no request is made. Inquiries may be directed to Recreation at kathyt@lwsb.com or by calling 562-431-6586, ext. 2707.



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the North Gate of LWSB, behind the Library!

www.superwiretelecom.com



Irma Contreras (l) and Mary Halsey

CD Music for Seniors

The CD Music for Seniors Club will meet Thursday, April 18, 1 p.m. in Clubhouse 3, Room 3. The club welcomes new members. The club provides music presentations, lots of snacks and free music CDs for everyone. The club meets every third Thursday during even months. Members also go to music events outside Leisure World.

—Barbara McFall

Community Karaoke

The Karaoke Club will participate in the LW Great Club Discovery Tour on Saturday, April 6. Everyone is welcome to come to Clubhouse 1 from 11 a.m.-2 p.m. Members will greet visitors and encourage them give karaoke a try. All of the club's faithful karaoke singers will be able to sing, however, visitors will get first-up at the mic. Club members are invited to come during those hours and be a "greeter" to guests. This is their chance to entertain with their favorite song.



Walt Bier

The club had a joyous karaoke night celebrating karaoke host Walt Bier's birthday. Tony Tupas sang "Old Man" for his friend. David Noble had a novel tune, "I'm My Own Grandpa." Newcomer Gary Snow delivered a strong "Bad Bad Leroy Brown." Joonie Rosenberg, a first-timer karaoke singer, impressed with her lovely voice. The evening went quickly as singers and listeners escaped for a few hours to enjoy friends and neighbors, along with music that brought back memories or had people tapping their feet to the beat.

Karaoke parties are held every Wednesday night in Clubhouse 1 beginning at 5:30. On Mondays there are practice sessions to allow people to fine-tune a song in Clubhouse 6 from 1-3 p.m. Everyone is welcome.

—Margie Thompson

TRAVELING TIGERS

Club seeks input for group excursions

The Traveling Tigers have begun preparations to reignite its members passion for exploration after a prolonged hiatus during the pandemic. The club is eager to embark on new adventures and create lasting memories.

Newly appointed travel coordinator Debra Hall wants to hear suggestions from community members for its next group excursion, including ideas and preferences for future destinations. From the rugged landscapes of Alaska to cruising the tropical paradises of Hawaii, the possibilities are endless. The allure of an all-inclusive retreat in the Yucatan Peninsula, or the mystique of far-off lands like Asia and Egypt also beckon to the adventurous spirit of the group.

People can reach out to Hall with their suggestions, questions and preferences at 818-317-6447 or by email at DebraJoy777@gmail.com.

Leisure Time Dancers

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6.

The schedule will change on April 1. East Coast Swing will be the new dance at 2 p.m., followed by a continuation of salsa at 3. Beginners are welcome.

No partner is necessary. The class will rotate so everyone dances. A review of basics is included. The cost is \$8 per person for one class; \$12 per person for two classes in a single day. For more information, contact Nancy Lyons at nhlyons@icloud.com.

JEWELRY AND LAPIDARY CLUB

Club rebrands to reflect variety of creative possibilities

The Lapidary Club has changed its name to the Jewelry and Lapidary Club, a more appropriate name since the club covers so many creative options.

The club meets on Wednesday evenings in Clubhouse 4, six or more days a week.

The schedule of dates and times for all activities is posted on the Lapidary Studio door.

The club holds classes for beginners in beading, fused glass, lapidary, and more advanced multi-week classes in silversmithing, metalsmithing, copper enameling and faceting.

In beading, people can flex their creative abilities to make necklaces, earrings, bracelets, suncatchers and much more by using beads, wire and stones with expert supervisors like Shannon Brennan every Monday morning from 9 a.m.-noon, or with Aletta Stephen and Thuy Do Friday afternoons from noon-3 p.m.

Dichroic fused glass classes allow people to learn how to create fused glass pieces. Those who are interested can come Tuesday mornings or Thursday afternoons where experienced instructors Yvette Louie and Mary Chavez are available for training.

Fused glass classes are of-



Janice Friedland

A pair of fused glass earrings.

fered regularly to learn basic skills needed to make plates, seasonal ornaments, jewelry and more.

Silversmithing involves soldering of several configurations of sterling silver metals to create items of jewelry such as necklaces and pendants.

The class taught by Paul Polinski, a gifted jeweler for over 30 years, introduces students to the soldering methods used in silversmithing that will result in creating a finished piece of jewelry that people can be proud to wear or give as a gift to family or friends.

Metalsmithing is taught by LaVerne Christanson who teaches basics of sawing, filing, sanding in preparing metals, and how to use a torch for strengthening and soldering to

construct jewelry.

Lapidary is the art of cutting, shaping, and polishing stones. It's taught and supervised by Greg Meyers, who has been interested in this for over 20 years. The resulting stones can be used for display or for jewelry. Classes are held twice a week on Mondays and Fridays. People can also drop by to get more information.

Copper enabling is the act of applying glass powder to copper and shaping it to create beautiful pieces that will pop with color and last forever.

Students say it's not as difficult as it seems. LaVerne Christanson, who has been working in this genre for 20 years, teaches this class.

Bill Hayes, a very creative instructor for the past 40 years, teaches faceting, which is the cutting of sparkling gems done on faceting machines. People can work with sapphire, ruby, garnet, topaz, emerald, or other gemstones, except for diamonds.

People are invited to visit the club Monday through Saturday, from 9 a.m.-3 p.m. President Dean Jacobus and club supervisors are happy to explain more about the club.

—Janice Friedland

April Dance Schedule: Velvetones perform April 7

The Velvetones Ballroom Dance Orchestra, LW's own big band, is back in action on Sunday, April 7, from 6-9 p.m. in Clubhouse 4. They'll return to Clubhouse 4 on April 21.

Cabaret Entertainers presents Vinyl Rock Saturday, April 13, in Clubhouse 4 at 7 p.m. The band performs classic rock, pop and Motown tunes primarily from the '60s through '80s.

Abilene will host its monthly dance on Saturday,



The Velvetones

April 27, in Clubhouse 2 at 7 p.m. Abilene is LW's favorite country rock band going strong for over 20 years. Doors

open at 6:30 p.m. and the music goes till 9.

No table saving is allowed but people can bring their own snacks. Attendees must be out of the clubhouse no later than 10 p.m.

No announcements are permitted from the stage, except by the bands. Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.

PHOTO ARTS CLUB

Club will raffle off portrait session at LW Discovery Tour

The Photo Arts Club is looking forward to participating in a big way at the Leisure World Discovery Tour on Saturday, April 6, from 11 a.m.-2 p.m., in Clubhouse 3, Room 1.

Siegfried (Ziggy) Romano will take complimentary portrait photos. People who visit the exhibit will get a raffle ticket for a grand prize: a private portrait photo session with Romano. The first 60 visitors can pick a greeting card of their choice. The cards were donated by Gil Moore. Member photos will be displayed.

Members should bring matted, unframed photos with their name and phone number on the back on Friday at 4 p.m., when the club will be setting up. People can also bring their photos when they come to visit the exhibit or work the event.

People who would like to help with setup on Friday, greet



Roger Bennett

Les Coombes shares photos of interest with the class.

visitors or rotate display photos on Saturday, or help clean up after the event ends at 2 p.m. should call President Regine Schumacher at 562-430-7978.

At the March 14 meeting of the Photo Arts Club, Ben Benjamins began by sharing that his preference for night photos included some light in the sky, at dusk after the sun has set. He

recommended using a tripod if the photographer wants to show movement of light.

On March 28, Romano and President Regine Schumacher will be at the Café in Building 5 at 1:30 p.m. for a one-hour instruction on technical problems and editing. Romano will also teach white balance.

The Photo Arts Club will meet April 11 at 1:30 p.m. in Clubhouse 3, Room 9. People should bring photos of their choice to be displayed and commented on.

The photo assignment is "Farmer's Market, Fruits, Vegetables."

People should send their three favorite photos to Romano at siegfried.romano@gmail.com before April 9. Everyone is welcome.

For more information, call Regine Schumacher at 562-430-7978.

SPORTS & GAMES

SHUFFLEBOARD CLUB

Raffles galore at April 6 shuffleboard open house

As one of the oldest clubs in Leisure World, the Shuffleboard Club is excited to show off its quality courts and freshly painted building on April 6 as part of the The Great Leisure World Discovery Tour.

There will be greeters at two separate entrances and everyone who comes will be given a raffle ticket. A new raffle will begin every 30 minutes so there will be lots of prizes handed out to visitors. The prizes are lovely steppingstones for a garden or pathway.

The courts will be roped off so visitors can observe a live game in progress and ask questions about shuffleboard. One of the organizers for the event, Karen Mendon, exclaimed, "People are going to be really surprised at the quality of our courts and that we offer both open play and league play as well as fun social gatherings." She



Come one, come all to the shuffleboard courts on April 6, behind Clubhouse 1 at the corner of Golden Rain Road and Burning Tree Lane.

THE GREAT
LEISURE WORLD
DISCOVERY
TOUR

was ably assisted in the planning process by President Kay Mount and Zoe Pickell. People interested in joining will be asked to fill out a form.

March 15 results: Team Carol bested Team Shel 7-5. Team Carol all-game winners were Carol Johnson and Ellie West. Team Shel's all-game winner was Rod Osgood. Team Milly beat Team Sally 11-1. Team Milly all-game winners were Steve Edrich, Linda Evanston,

Anita Giroud, Milly Larsen and Sal LaScala. Team Sally had no all-game winners.

March 19 results: Team Sally tied Team Rod 6-6. Team Sally all-game winners were Sally Fowler and Jesus Sosa. Team Rod's lone all-game winner was Sandy Derouin. Team Jack handily won over Team Elizabeth 9-3. Team Jack's all-game winners included Minda Burkschab, Stephanie Reagan and Jack O'Brien. Team Elizabeth had no all-game winners.

—Barbara Gardner

Tournament Poker Club

All are welcome to play a fun and friendly game of Texas Hold 'Em with the Tournament Poker Club for a \$5 buy-in on Saturday, April 13. Regular tournaments are usually on the first three Saturdays of every month, but April 6 is the The Great Leisure World Discovery Tour. Residents are encouraged to attend the Club Expo and stop by the club's table in Clubhouse 3. Regular tournaments start with coffee and treats and registration at 10 a.m. Cards are in the air at 10:30. There is no late seating.



Brent Covington

The club had a great turnout on March 16 for the last tournament of the month. A great time was had by all 42 participants, win or lose. High hand winners were Jon Jones (6-10 A's straight flush) and Joe Guglielmo (AAA1010). Tony Canfora won a prize for winning with the promo hand of 9-2.

As the winners of their original table, the final table players were: Brent Covington, first place; Barry Brideau, second; Bruce Bowles, third; Joe Guglielmo, fourth; Tom Pappas, fifth. Play continued until brothers Covington and Brideau were head's up. Holding A-7, Covington went all in before the flop and was called by Brideau. The flop was A-4-6, giving Covington the lead with a pair of aces. The turn was a 10 and the river was a Q. Neither card helped Brideau's hand, giving Covington the winning hand.

Covington has lived in Leisure World for seven years and has been a member of the poker club for about a year. This was his fourth final table win at regular tournament. In addition to tournament poker, Covington is skilled at computer programing, and enjoys weightlifting and golf in Leisure World.

The club congratulates all the winners including Bruce Bowles, who went to the final table as a new member.

—Deborah Barner



Pickleball players hit the court on March 16 for a friendly competition.

LW Pickleball Club paddles its way to victory

The Leisure World Pickleball Club hosted a tournament against Laguna Woods on March 16 for the second time in six months. The first friendly challenge between the clubs was last October and resulted in a

win for Leisure World with 30 games to Laguna Woods' 19. A fun time was had by both clubs with Laguna Woods requesting a rematch as soon as possible. Their chance at redemption however fell short with the LW

club holding steady, resulting in another victory with 29 games to Laguna Woods' 23. Both sides seem to really enjoy coming together and are looking forward to future competitions.

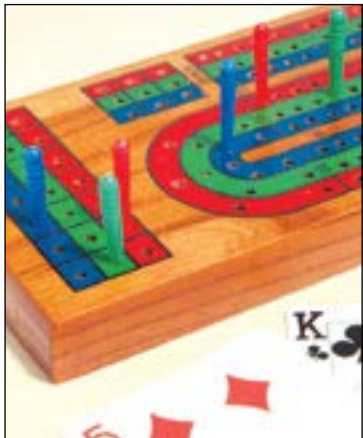
—Lynn Burnett

Cribbage Club meets Tuesdays

Cribbage is a card game, the objective of which is to be the first player to get 121 points. The Cribbage Club meets every Tuesday in Clubhouse 1 at noon. Refreshments are served from noon-12:15 and anyone arriving by 12:15 is assured a place to play. A total of seven games are played beginning at 12:30. The yearly membership fee is \$5 and \$1 is collected from each player weekly to play.

Don Kramer provided homemade cake and ice cream in celebration of his birthday with Carrie Kistner and Candy Meyers serving everyone. Melinda Cowan provided mixed nuts and candies. The club thanks everyone and sends a happy birthday to Don.

Winners for the week include: Mary Holder, 844, first



place; Hoppy Hopkins, 842, second; Jesus Sosa, 838, third; Grace Holdaway, 836, fourth. Mike Rosu and Cleo Looney each finished with six 121s and Melinda Cowan had no wins.

For more information, contact Marilyn Chelsvig at 562-279-5665.

—Mary Holder

The LW Weekly:
562-430-0534

LW Pool League

The LW Pool Club has seasonal weekly leagues Monday and Wednesday evenings from 6-10 in the Clubhouse 2 pool room.

In week eight of the Monday pool league, the Cue Crew beat the Renegades 8-5. Bruce Pettys and Cornel Sneekes each won five games for the Cue Crew. The Renegades still have a six game lead over the Rail Runners and the Side Shooters, but that's a slim lead with two 13 point matches left to play.

The Snipers edged the Side Shooters 7-6. John Burns won five games for the Snipers and teammates Gary Snow and Elizabeth Butterfield each won four.

The Rustlers beat the Rail Runners in another 7-6 contest. There have been a lot of 7-6 matches this year. Rusty Aquiono won five games and both of his singles matches for the Rustlers.

In the Wednesday league, SCAM beat the Sharks 9-4. This tied SCAM for the league lead with the Sharks at 56 wins and 48 losses. Steve Edrich won six games for SCAM. He only lost one doubles match. Teammate Cornel Sneekes won five games.

The Anglers edged the Rack Runners 7-6. The Anglers are in third place, only three games off the lead. The Anglers won five of their six singles matches.

The Favorites won in another 7-6 match over No Miscueses. Linda Patton won five games for The Favorites.

For more information call Steve Edrich at 714-980-3665.
—Dave Silva



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LW Women's Golf Club

March 19 was low gross, low net and putts day for the Women's Golf Club. Putts day means fewest putts for the nine holes.

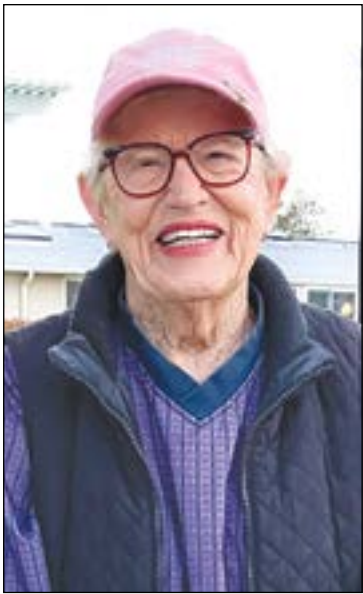
A flight winners: Janice Turner, 25, low gross; Ann Tran, Hae Lee, Veronica Chang and Soo Choi, 26, low net; Janice Turner, 10, fewest putts.

B flight winners: Judy Kim, 28, low gross; Sang An and Marilyn Hewitt, low net; Zoe Pickell, 10, fewest putts.

C flight winners: Euillia Kim, 32, low gross; Jane Kors, Pam Crug and Kay Hong, 25, low net; Euillia Kim, 9, fewest putts.

D flight winners: Neva Senske and Elizabeth Butterfield, 39, low gross; Mary Devin, 28, low net; Mary Devin and Dale Quinn, 13, fewest putts.

—Linda Herman



Neva Senske, one of LW Women's Golf Club's "senior" members. There's always a smile on her face.

Duplicate Bridge Club

The Leisure World Duplicate Bridge Club meets on Mondays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can also call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

March 11 winners (seven tables): Miranda and Tony Reddy (63.4%), and Bill Brooks and Joan Tschirki (61.1%), north/south; Glenn Barry and Thad Mikols (63.1%), and Jeanette Estill and Priscilla Cailloutte (54.5%), east/west.

March 15 winners (eight tables): Larry Topper and John Berg (64%), and Paul Chen and Bobbi Vann (53%), north/south; Alan Olschwang and Kay Tseng (56.8%), and Linda Nye and Marilyn McClintock (56.3%), east/west.

The club congratulates the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at www.acblunit557.org and click on Leisure World Results. For more information contact Howard Smith at 562-598-6121 or howardnrobin@gmail.com.

—Fred Reker

Club Presidents: Did you know?

Your club listing on the Leisure World website may be due for an update. Go to www.lwsb.com/activeliving and view the club listing to verify it is correct. If an update is needed for things such as new contact people or different meeting locations, contact emmad@lwsb.com.

Yahtzee Club

The Yahtzee Club will meet March 29 in Clubhouse 3, Room 6, at 1 p.m. There will be a half-time social to visit with friends and neighbors. The club meets the first, third and fifth Fridays of each month.

March 15 winners: Pat Farrell, most Yahtzees; Louise Hinkle, high score; Julie Milburn, low score; Mary Milhone, door prize. For more information, contact Diane Seeger at 562-533-5997.

—Joyce Ingram



In Yahtzee, score points with the roll of five dice.

Pinochle Club

The Pinochle Club meets on Mondays, Thursdays and Saturdays in Clubhouse 1 from noon-4 p.m.

March 11 winners: Howard Bleakley, 12,550, first place; Marge Dodero, 12,130, second; Donna Gorman, 11,340, third; Nita Dixon, 11,200, fourth.

March 14 winners: Curt Rogers, 12,520, first place; Chung He, 11,850, second; Dolores Cook, 10,560, third; Nita Dixon, 10,550, fourth.

March 16 winners: Gayle Colden, 13,100, first place, Ruth Bonnema, 12,220, second; Chung He, 11,820, third; Curtis Rogers, 11,250, fourth.

March 18 winners: Lynn Sorum, 11,970, first place; Ruth Bonnema, 11,810, second; Gene Smith, 10,980, third; Irene Perkins, 10,660, fourth.

Guys and Gals golf tournament draws 26 teams

The Guys and Gals Golf Tournament was played on March 20 at the Turtle Lake Golf Course.

Teams of various skilled golfers of one man and one woman vied for best net scores—gross score minus handicap—plus two circle holes. Shots within a 5-foot radius are rewarded. There were two closest to the pin challenges. A total of 26 teams (52 players) competed and completed the 18 holes.

Overall scores were excellent with 24 of 26 rounds net at or under par. Low net score for the round was by Jae H. and Sun Lee at 12 under 42, followed by Mike Mayfield and Nancy Tye at 11 under 43. Low gross was a three way tie at 2 under 52. There were 21 rounds at net 50 or under plus there were 10 circle hole winners with 56 birdies.

Closest to the pin for the men on the eighth and 17th holes were Tom Owens and Dave LaCascia respectively, and for the ladies, Anne Tran and Linda Herman.

All scores below are net—gross score minus handicap

A flight winners (handicaps of 0-10): Glenn Barry and Karen Mendon, and Bob and Janice Turner, 10 under 44, first place; Ralph Koizumi and Ann Tran, and Bob Barnum and Kyung Ju, 9 under 45, second; Bill Lyons and Yasmin Merali, 8 under 46, third.

B flight winners (handicaps of 11-13): Mike Mayfield and Nancy Tye, 11 under 43, first place; Won and Jane Song, and Walt Bier and Margie Thompson, 10 under 44, second; James Farr and Sandy Derouin, 9 under 45, third; Terry Thrift and Karen Ford, and Gene Archambault and Mary Ann Moore, 7 under

47, fourth.

C flight winners (handicaps of 14-18): Jae H. and Sun Lee, 12 under 42, first place; Ron Jackson and Dale Quinn, 8 under 46, second; Joon Sup and Young Sil Yoon, 7 under 47, third; Paul Shellenberger and Lynn Baidack, and Marv Jones and Marilyn Hewitt, 5 under 49, fourth.

The next Guys and Gals Tournament will be on April 17. The men's tournament is played every second and fourth Wednesday of each month. Those who had planned to play in any tournament and cannot should contact Scott Tuchfarber at 909-684-0426, or Dave LaCascia at 801-674-5975 as soon as possible. Arrive 10-15 minutes prior to scheduled tee time and be ready to play.

—Dave LaCascia

LW Men's Golf League

Seven members of the Leisure World Men's Golf League competed March 15 at the Riverview Golf Club in Santa Ana on a sunny, but cool morning. Temps were in the mid-50s at the 7 a.m. tee time but barely approached 65 by rounds end.

With the Santa Ana River running down the length of the course, fairways were severely damaged by winter rains, and in some cases completely eroded by the torrent of water released from an upstream dam.

The players competed on a shortened course of about 4,000 yards, par-60, and everyone played under par. Just nine holes were used, and the course was played twice. This configuration is fun to play with different tee boxes and several new greens.

Fujio Norihiro was closest to the pin on the difficult, downhill 160-yard par-3 second hole. Clay Fischer was closest on the treacherous, all over water, 100-yard par-3 ninth hole. Gary Stivers had fewest putts in the A flight and Daniel Mahoney had fewest in the B. Mahoney also had two birdies and Fischer had one.

A flight winners (handicaps

of 0-19): Norihiro, 8 under 52, first place; Stivers, 5 under 55, second; Dave LaCascia, 3 under 57, third.

B flight winners (handicaps over 19): Mahoney, 10 under 50, first place; Lowell Goltra, 8 under 52, second; Bill McKusky, 7 under 53, third; Fischer, 2 under 58, fourth.

The league played Huntington Beach's Meadowlark Golf Course on March 18. Nine golfers confronted a drying course on a cool, but sunny morning.

The December and January rains decimated many fairways. Soggy and muddy areas are drying up which allowed mostly full course access with carts.

Many of the holes were being aerated and sanded leading to four temporary holes that were considerably shorter than the usual holes. Special league rules applied in cases of sanded or temporary greens. With these rules in effect every golfer gained some advantage and played net under par.

Closest to the pins on the 140-yard par-3, all over water, seventh hole was Dave LaCascia. Sam Choi had fewest putts in the A flight, and Lowell Goltra had fewest in the B. Chris Lankford

carded two birdies, Clay Fischer and Choi had one each.

A flight winners (handicaps of 0-19): LaCascia, 8 under 62, first place; Lankford, 5 under 66, second; Norihiro, 4 under 67; third; Choi, 1 under 70, fourth.

B flight winners (handicaps over 19): Bob Munn, 8 under 62, first place; Lowell Goltra, 6 under 65, second; Tom Ross, 5 under 66, third; Clay Fischer, 4 under 67, fourth; Bill McKusky, fifth.

The Monday and Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. These courses are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded. Those interested in playing can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia



Table tennis lesson students Pastor Sam Kim (l-r), Young Kim, Ken Han, Sara An, Man Cho and Coach Jin Up Kim.

Players work hard to improve their paddle skills

LW resident Man Cho takes lessons from Coach Jin Up Kim, who has won seven medals, including a gold medal in the 70 and over men's doubles United States Open Table Tennis Championships held

in December 2023.

"Personally, it feels like receiving private lessons directly from famous players such as John McEnroe and Andre Agassi in tennis or Fred Couples and Phil Mickelson

in golf," said Cho. "What a wonderful feeling to learn the most efficient movements to hit a light and small ping pong ball."

For more information, contact 714-474-5751.

RELIGION

Interfaith Council Passover/Good Friday

The Interfaith Council of Leisure World will hold a service observing Passover, Good Friday and Easter on Friday, March 29, in the Amphitheater beginning at noon. There will be music and speakers from many faiths. All are invited to attend.

In case of rain, shuttle service will be provided from the Amphitheater to the alternate location in Leisure World Community Church.

Holy Family Catholic Church

The following is Holy Family Catholic Church's Holy Week schedule:

Holy Thursday, March 28
Morning Prayer (no morning Mass): 8:30 a.m.; Mass of the Lord's Supper: 4 p.m.; Adoration of the Blessed Sacrament: 5-7 p.m.

Good Friday of the Lord's Passion, March 29
Morning Prayer (no morning Mass): 8:30 a.m.; Good Friday Liturgy: 3 p.m.

Holy Saturday, March 30
Morning Prayer (no morning Mass): 8:30 a.m.; Easter Vigil Mass: 6 p.m. (no 4 p.m. Mass).

Easter Sunday, March 31
Masses: 8 a.m., 10 a.m. and noon.

Assembly of God

Leisure World Assembly of God begins the Easter weekend with a Good Friday service at noon on Friday, March 29, in Clubhouse 4. This is a traditional, intimate observance of Christ's crucifixion, highlighted by guests Johnny and Ruth Larring, who will bring special music and lead worship, followed by preaching by Pastor Chuck Franco. On Sunday, March 31, a victorious celebration of Jesus' resurrection will be the focus of the 10:30 a.m. service in Clubhouse 3, Room 2. All LW residents, family and friends are welcome to these special times of praise and worship.

On Wednesday, April 3, at 10 a.m. the Bible study will look at session 10 of the book of Mark 14:1-15:47. This video series by Francis Chan compels believers to examine what true discipleship means. The powerful teaching video is followed by interactive class discussion, moderated by Pastor Chuck.

Leisure World Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. Hymn Sing takes place the fourth Sunday of the month, at 6 p.m. in the Clubhouse 3 Lobby.

More information can be found at www.lwassemblyofgod.com, and on Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. Contact the church office at 562-357-4360, or pastorchuck@lwassemblyofgod.com for more information or to request a contact.

Redeemer Lutheran and St. Theodore

Redeemer Lutheran will hold a Maundy Thursday Communion service at 10:30 a.m. today, March 28. The church will also hold a Good Friday service on March 29 at 10:30 a.m. All are invited to join the meditative service. Redeemer will also join the Interfaith Good Friday Service from noon-3 p.m.

The Easter celebration will be held at 10:30 a.m. on Sunday, March 31. All are welcome to join any or all of the Holy Week celebrations. Friends, family and neighbors are also welcome.

On Sunday, March 31, the congregations of Redeemer Lutheran Church and St. Theodore of Canterbury Episcopal Church will celebrate Easter Sunday. This is the high point in the church calendar. Bishop Murray Finck will preside. The worship service gathers at 13564 St. Andrews Drive.

After the service, people can come to the coffee fellowship time in the Fellowship Hall, where coffee, tea, cookies and snacks will be provided.

Redeemer and St. Theodore continues to collect donations of canned and boxed food for the hungry.

Buddha Circle

Due to the Great Discovery Tour in Leisure World on March 6, Buddha Circle will meet on Saturday, April 13, with Ven. Kusala, in Clubhouse 3, Room 3, from 9:30-11 a.m. Kusala is well known in the Buddhist community. He presents Buddhism in simple ways. His teachings focus on how to help people suffer less and become happier. For more information, call 714-468-6887.



Pastor Myung Hoon Joo

SB Union Evangelical Church

Seal Beach Union Evangelical Church is a church dedicated to helping those in Leisure World live a peaceful life. Pastor Myung Hoon Joo serves the congregation through the Bible-centered preaching and leadership at each service.

Sunday worship is a balanced ministry of powerful words, praise, and prayer. The church meets on Sundays in Clubhouse 3, Room 2, at 1 p.m.

The church also holds a power prayer meeting on Tuesdays in Clubhouse 3, Room 4, at 6 p.m.

The Korean Senior Health Club meets on Thursdays in Clubhouse 3, Room 4, at 1 p.m.

All Koreans are welcome to attend any class or service.

For more information, call 714-520-1877 or email drchoo2014@gmail.com.

First Christian Assembly

For those looking for a place to attend church this Holy Week, First Christian Church of Leisure World will hold special services in observance of Resurrection Day in addition to events leading up to the weekend.

The Maundy Thursday Service will be held today, March 28, from 10:30-11:30 a.m., and will mark the Last Supper with Jesus and his disciples. The Good Friday service will be held Friday, March 29, from 9:30-10:30 a.m. Saturday and Sunday services will be an observance of the resurrection Sunday from 9:45-10:45 a.m.

Pastor's Message
"For God so loved the world, that he gave his only begotten son, that whoever believes in him shall not perish, but have eternal life. For God did not send the son into the world to judge the world, but that the world might be saved through him," John 3:16.

That verse tells the story of

Community Church

All are welcome to attend Community Church's Maundy Thursday meal and hand-washing ceremony today, March 28 at 11 a.m. People are also welcome to join the Easter Sunday service on March 31 at 9:50 a.m.

This Sunday, Community Church will celebrate the first Sunday of Easter with Easter lillies and a flower cross processional to lead into worship. Worship will begin outside and church members will begin by building the flower cross that will be in the sanctuary.



Flowers cover the cross featured in Community Church's sanctuary from 2023.

After building the cross, the main service will begin. This is the first of seven Sundays of Easter. Each Sunday of Easter has a symbol of new life. This week, the symbol is the Easter egg, which has been a Christian symbol for Easter for hundreds of years. Orthodox believers began the tradition by dying the eggs red to symbolize the blood of Christ, the shell of the egg was the tomb and the cracked egg was the resurrection.

The church is located at 14000 Church Place. Sunday Worship is at 9:50 a.m., followed by a time fellowship and light refreshment. Come early for a cup of coffee in the narthex. Services are also available on Facebook or Zoom; contact the church office for a Zoom link.

LW Baptist

"Christ is risen" is Sunday morning's greeting, and "He is risen indeed" is the rejoinder spoken and heard all over the world on March 31, including in Clubhouse 4, where LW Baptist Church will celebrate Easter at 10 a.m.

Jesus Christ was crucified in weakness, but lives by the power of God. He rose not with a resuscitated mortal body subject to die again, but with immortality. Raised from the dead, Christ cannot die again; death no longer has mastery over him.

He died and rose not in a private capacity, but for his people. Jesus promised, "Because I live you shall live also."

The Bible calls Jesus the first fruits of those who are asleep. The Passover barley sheaf was cut down and waved on the day after the Sabbath, representing the beginning of a great harvest yet to come. That is the Gospel: Christ died for all sins as the Scriptures foretold and was buried and raised on the third day. The Apostle Paul says the Corinthians' changed lives testify to Jesus Christ's resurrection, just as Paul's and countless other lives do yet today.

For more information, call 562-430-8598.

Resurrection Sunday, or Easter, and what it means for anyone that takes the story to heart.

Jesus came to the world. He testified of his father and spoke of love to any that would hear. He was crucified and died on a wooden cross, to take away the sins of all. He then rose up from the grave, that the world might be saved through him and have eternal life.

Afterwards Jesus told his disciple Thomas, "Is it because you've seen me that you have believed? How blessed are those who have never seen me and yet have believed."

May everyone be blessed this year by drawing closer to the perfecter of the faith, the living Jesus.

Weekend Services
Sunday services, held from 9:30-10:45 a.m., are traditional with hymnal music led by Janet Ray with Sherry Parmenter at the piano. This week the choir will sing "Alleluia, Alleluia".

Saturday services includes contemporary worship songs led by Gregory Black with guitar and vocal accompaniment from 9:30-10:45 a.m.

Midweek Studies
Melli Herrera leads the women's Bible study on Mondays from 10:30-11:30 a.m.

Pastor Whitlach leads the Tuesday Bible study from 9:30-10:30 a.m.

Pastor Bruce Humes leads the Thursday morning Bible study from 10:30-11:30.

Pastor Humes also leads prayer and Bible study every Friday from 4-5 p.m.

Scripture of the Week
"For the grace of God has appeared, bringing salvation to all men," Titus 2:11, NASB.

Contact
First Christian Church is located on Northwood Road behind Carport 125. Those who want more information or have a need, may call the church at 562-431-8810. The call will be returned at the earliest opportunity.

Faith Christian Assembly

Resurrection Sunday is March 31. This is a time when it is beneficial for believers to once again reflect with hearts of gratitude on all that the savior has accomplished for them, through his life, his death and his resurrection for the remission of sin. Philippians 2:8 says that Jesus “humbled himself, and became obedient unto death, even the death of the cross.”

All too often the act of humbling is generally what happens to people, as opposed to something that is volunteered for. But James 4:7,10 tells be-

lievers to submit to God and be humble. Believers “humble ourselves” first by submitting to God. When desire wants to go contrary to God’s commands, believers submit their will to God. Luke 18:9-14 says, “for all those who exalt themselves will be humbled, and those who humble themselves will be exalted.”

Believers must make it a matter of daily prayer to remember the way Jesus walked before everyone he encountered. He obediently continued the walk to the cross, for all people, and

humbled himself. Join Faith Christian Assembly for its Good Friday service on March 29 at noon to honor Jesus for the sacrifice he made on the cross.

People can also join the celebration of his resurrection on Easter Sunday, March 31, at 10:30 a.m.

To receive a free newsletter or more information on the church, including the GriefShare program, call 562-598-9010 or email contact@fcachurch.net. People can also visit www.FCACHurch.net.



The Sisterhood of Congregation Sholom enjoyed a luncheon event at Hof’s Hut in Seal Beach. Those at the luncheon include Karen Sands (l-r), Carol Levine, Maxine Smith, Joan Smith, Judy Nesteby and Jan Berliner.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m., followed in the second hour by Sunday School on the first and third Sundays, and Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Mem-

bers who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The General Conference will be held April 6-7. Sessions will be at 9 a.m. and 1 p.m. on Saturday and Sunday and 5 p.m. on Saturday.

There will be no meetings at the ward building on that Sunday.

Church on Easter Sunday, March 31, will be for only one hour.

The course of study this year is the Book of Mormon. Personal study for April 1-7 should be centered on Jacob 1-4.

Presented by the Interfaith Council of Leisure World, there will be a Passover, Good Friday, Easter event on Friday, March 29 in the Amphitheater at noon.

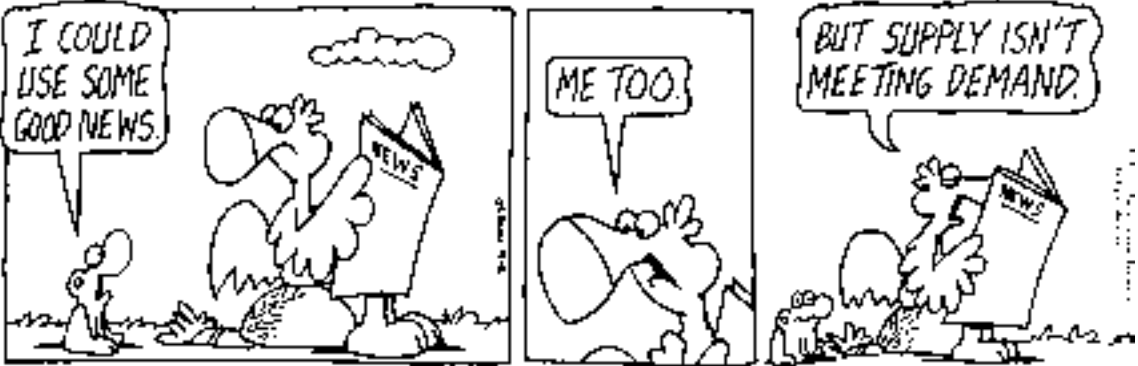
Congregation Sholom

Congregation Sholom will hold a potluck dinner on Friday, March 29, in Clubhouse 3, Room 9, at 5 p.m. with a Shabbat service at 6:30. Cantor Marla Barugel will lead the service, concluding with Shlomit Jackson from the Jewish National Fund speaking about her recent trip. Services will also be on Zoom for those who cannot attend in person. Rabbi Mike Mymon will lead Saturday, March 30 prayers from 10 a.m.-noon and discuss the portion of the week at lunch from 12:15-1 p.m.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122. Congregation Sholom has been serving Leisure World since 1962. It offers a traditional Jewish service in person and online. Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

Puzzle Answers

Puzzle pages 8-9



Crossword Answers

N	A	G	S	A	T		M	E	S	A	S			G	A	S	L	O	G	
E	L	A	P	S	E		I	T	O	N	Y	A		C	E	N	T	A	V	O
S	O	L	I	T	A	I	R	E	R	I	N	G		S	T	A	R	M	A	N
S	T	E	N	O		M	E	R	E		C	R	A	P	S	T	A	B	L	E
			A	R	E	A		N	S	A		A	P	A	T	O	W			
C	U	R	L	I	N	G	M	A	T	C	H		E	N	O	L		P	J	S
R	T	E		A	R	I	A	L		T	O	T	S		Y	A	H	O	O	
A	T	T	N		O	N	U	S			P	A	U	S	E		R	O	K	U
M	A	R	O	O	N	E	D		S	U	S	H	I	P	L	A	T	T	E	R
P	R	O	U	D		E	A	R	N		I	T	E	M	S		O	R	S	
			N	E	S	T		G	I	A	N	T		C	O	A	L			
P	A	O		S	A	U	C	E		R	E	I	N		H	U	M	O	R	
R	O	S	H	A	M	B	O	G	A	M	E		A	P	T	I	T	U	D	E
O	R	C	A		S	A	L	A	D			S	O	H	O		E	R	I	K
S	T	A	L	L		O	P	A	L		A	M	O	N	G		A	L	E	
E	A	R		O	D	I	N		B	O	W	L	I	N	G	A	L	L	E	Y
			G	A	R	N	E	R		X	I	S		I	A	G	O			
C	O	M	E	D	Y	C	L	U	B		S	A	M	E		R	A	I	S	E
O	P	E	N	S	E	A		T	A	P	E	D	I	S	P	E	N	S	E	R
M	E	M	O	I	R	S		H	E	C	T	I	C		P	E	E	L	E	R
O	C	E	A	N	S			S	T	O	P	S		E	L	D	E	R	S	

Sudoku 1 Answers

9	5	8	6	4	3	2	7	1
2	3	1	7	8	5	4	6	9
4	6	7	1	2	9	5	8	3
1	4	6	8	5	7	9	3	2
7	2	5	9	3	6	8	1	4
8	9	3	4	1	2	6	5	7
6	1	2	5	7	4	3	9	8
3	8	9	2	6	1	7	4	5
5	7	4	3	9	8	1	2	6

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

MAIZL PANDA NARROW GOPHEH
Many South American countries are home to the Andes because of the way they're — ARRANGFD

Sudoku 2 Answers

4	1	6	8	5	2	9	3	7
5	7	9	4	1	3	2	8	6
8	3	2	7	9	6	5	4	1
6	9	1	5	2	4	3	7	8
3	5	8	9	6	7	1	2	4
2	4	7	3	8	1	6	5	9
1	6	5	2	4	8	7	9	3
9	8	3	1	7	5	4	6	2
7	2	4	6	3	9	8	1	5

Guess Who?

Lance Bass

Crypto Fun Answers

A. vegetables, B. fruit C. flowers D. plants

Boggle BrainBusters Answers

LAOS GABON NEPAL KUWAIT BELGIUM DENMARK

Word-Find Answers

W	S	G	N	I	N	N	A	L	P	T	W	S	V	K	F	U	B	I	C
S	A	D	B	F	W	M	C	G	N	I	L	D	E	E	S	N	P	V	T
N	P	T	E	Z	B	R	W	O	N	W	Y	R	A	H	Y	M	A	H	T
E	F	G	E	E	R	U	D	K	U	S	O	I	L	E	E	S	G	C	T
L	Z	Y	N	R	W	I	Y	P	R	W	E	C	A	A	L	I	Y	V	S
G	B	W	A	P	S	H	F	A	T	I	K	E	S	L	L	N	H	H	E
B	Y	D	C	M	R	L	K	V	U	B	K	U	L	N	B	E	V	O	V
I	P	R	D	A	G	S	S	C	R	T	R	I	U	P	E	D	C	Z	R
C	L	N	I	F	C	E	B	E	E	E	T	S	E	Y	D	R	R	D	A
W	O	S	H	R	W	A	A	R	Z	Y	A	P	N	N	S	A	M	E	H
O	E	M	L	C	U	S	C	A	B	I	C	E	U	U	G	G	Z	P	F
D	F	G	P	B	D	O	K	I	O	W	L	U	U	O	S	N	T	L	
Y	G	Y	F	O	V	N	Y	N	C	L	T	I	L	L	U	G	A	H	Z
I	U	W	N	F	S	Z	A	A	W	I	R	A	T	T	C	O	C	D	H
G	L	L	E	C	P	T	R	I	P	S	H	D	L	R	I	Z	O	D	Y
H	Z	B	O	R	S	T	D	E	A	Y	H	L	I	H	E	V	W	D	N
R	F	L	F	T	I	A	S	B	T	H	M	O	R	N	S	F	A	O	T
R	P	W	O	R	Y	T	Z	C	O	D	O	K	I	P	U	Y	V	T	Y
B	W	O	R	D	S	P	C	T	A	V	T	S	A	O	V	E	L	F	E
P	R	Z	Z	E	N	S	H	A	D	E	M	V	E	R	F	O	N	F	N

HEALTH & FITNESS

Chefs for Seniors: Improving people’s lives through food

Chefs for Seniors is a first-of-its-kind meal preparation service that connects seniors with licensed, professional chefs who prepare high quality, affordable, fresh and nutritious meals for seniors. Chefs for Seniors will have a meet-and-greet along with a presentation on Friday, April 12, from 11 a.m.-12:30 p.m. in the Health Care Center Conference Room.

This service is for people who can no longer cook for themselves, find it difficult to plan nutritious meals, have specific dietary concerns, are tired of eating out or returning home from a hospital stay. Homemade meals are prepared in residents’ kitchens using fresh ingredients. People can choose from 12 seasonal menu options that rotate weekly. The chef shops for ingredients, brings their own kitchen utensils, does the cooking and cleanup, and customizes meals according to people’s dietary needs. The chef will also package and label the

CHEFS, page 27

See more Health &
Fitness on page 27

LW BICYCLE GROUP



Last Monday, LW Bicycle Group members rode to Shoreline Village in Long Beach. The group meets at the North Gate on Sundays with breakfast, Mondays, Wednesdays and Fridays at 9 a.m. Helmets and safe shoes are required. For more information, call Mary Romero at 562-509-8475 or Lucy Cyza at 818-209-5075.

Dementia Caregivers Support Group

Beginning April 12, Alzheimer’s OC will have informational discussions for families, caregivers or friends of people living with dementia on the second Friday of the month, at 10 a.m., in Clubhouse 3, Room 4. No reservations needed. Walk-ins are welcome.

The meetings will provide educational information, resources, emotional support, and offer a safe place to share experiences and feelings and hear from others.

For more information, call 1-844-373-4400 or email supportgroups@alzoc.org or contact GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 2317.

Wa-Rite welcomes new and returning members

The Wa-Rite Club meets on Fridays from 9-10 a.m. in Clubhouse 3, Room 1. All female LW residents who are seeking support in losing weight (at least 10 pounds) are welcome to visit and should arrive no later than 8:30.

On March 9, the club welcomed a new member and others who were away for awhile. The club’s doors are always open for new and returning members. Membership fee is \$10 along with a proof of residency (LW



Darleen Gardner

ID card).

The top loser was long-standing weight recorder Darleen Gardner with a 3-pound loss. She attributes her success to watching calories, portion control and daily walks.

Current degreed member Ellen Larsen shared her story in an interview with Judy Chambers about coming to Leisure World in 1989, and her community involvement as a Mutual Board member and a Wa-Rite member.

WA-RITE, page 27

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1% milk. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

MEALS LB, page 27

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Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting *The Lunch Cafe at the North Seal Beach Center*, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon.

It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis. All meals come with 1% milk.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

Thursday, March 28

Cubed beef with stew gravy and vegetables, whole baby potatoes, whole wheat bread with Smart Balance and mandarin orange.

Friday, March 29

Colorful frittata, three-way salad with balsamic dressing, roasted potatoes, whole wheat dinner roll with Smart Balance, festive dessert or fresh fruit (diet).

Monday, April 1

Mexican corn soup with sugar-free crackers, signature chicken salad, barley mushroom salad, whole wheat dinner roll with Smart Balance and canned peaches.

Tuesday, April 2

Vegetable lasagna, three-way tossed salad with balsamic dressing, broccoli and cauliflower, whole wheat crackers and sugar-free apple crisp.

Wednesday, April 3

Chinese orange chicken with sauce, brown rice, spinach, sugar-free pudding and orange juice.

MEALS LB from page 23

Thursday, March 28

Baked ham, sweet potatoes, green bean almondine, mixed melons, turkey, ham and cheese sandwich with lettuce, tomato and pickle, and creamy coleslaw.

Friday, March 29

Garlic butter fish, brown rice, creamed corn, zucchini with tomatoes, banana, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

Monday, April 1

Polish sausage with sautéed onions and bell peppers, baked beans, broccoli, oatmeal cookies, egg salad sandwich with spinach and tomato, and homemade potato salad.

Tuesday, April 2

Chicken and rice casserole, whole grain dinner roll, zucchini medley, kiwi, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing and crackers.

Wednesday, April 3

Swedish meatballs with garlic cream sauce, egg noodles, broccoli, carrots, tangerine, turkey and cheese sandwich with lettuce, tomato and pickle, and creamy coleslaw.



Joyful Line Dance members learn the basics of line dancing under the guidance of Albert Comia (on stage).

Learn the basics of line dancing on Thursdays in CH 2

Joyful Line Dance Club meets on Thursdays from 10 a.m.-12:30 p.m. in Clubhouse 2. The first half hour is for beginners and intermediate dancers. After a brief break, the students

practice more advanced dances. The instructors take turns teaching with the help of volunteers, and turn beginners into advanced dancers. Dance movements are taken from popular

dances such as cha cha, rumba, West Coast Swing, tango, fox trot, Samba, salsa, meringue and waltz. For more information, text 562-301-5339.

BALANCE AND STABILITY CLUB



The Balance and Stability Club meets on Tuesdays at 10 a.m. in Clubhouse 3 Lobby. Classes are taught by a licensed instructor and help to improve balance. A \$5 donation is requested. For more information, contact Adrienne Rosenfeld at 562-397-1519. Residents are also invited to stop by Clubhouse 3 Lobby for the club's table in the Great LW Discovery Tour on April 6. There will be demonstrations, raffles and goodies available.

Tips on losing weight after 50

- Embrace strength training. By age 50 people lose about 50% of their muscle mass, which is more metabolically active and burns more calories than fat. Lifting weights is the secret to building muscle for both men and women and keeping a healthy weight.
- Remember the 200-calorie rule. The number of calories people need each day drops slightly as they age. Statistics show that people burn approximately 200 fewer calories after age 50, which should be taken into account while adjusted with diet and exercise.
- Stay hydrated. Drinking plenty of fluids, mainly water, will put a body through the process known as thermogenesis that requires energy, which essentially will burn calories and boost metabolism.
- Break a sweat. Cardio exercise is just as important as strength training. Older adults should aim for at least 150 minutes of moderate intensity cardio per week.
- Curb the sweet tooth. With age, declining levels of estrogen and testosterone set the body up for storing fat in the abdomen, which makes losing weight even more challenging. Over time, excessive sugar can lead to insulin resistance, which furthers weight gain and makes weight loss difficult.
- Avoid late-night snacking. Eating late at night can lead to weight gain because the body tends to store those extra calories as fat instead of burning them off like it does during the day.
- Load up on protein. Late night eating could be an indication of not getting enough protein. Consuming enough protein throughout the day, especially with the last meal of the day, could reduce cravings and help curb appetite at night.
- Get more sleep. Getting at least 6-8 hours of sleep every night could lead to more energy and less cravings.

—MetroCreativeConnection

CHEFS from page 23

meals for reheating.

People can schedule weekly or bi-weekly visits with an affordable personal chef with no long-term commitments. Chefs for Seniors mission is to improve people's lives through food.

For more information, contact GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 2317.

WA-RITE from page 23

Larsen encourages those who are trying to reach their goal weight to stay on track.

The topic of a program of the day was sleep. Vice President Beverly Bender talked about sleep deprivation, which can lead to hunger and unwanted weight, and affect metabolism, insulin level, bone density and productivity.

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Mutual 1-64H



Newly painted one bedroom w/ enclosed indoor/outdoor patio

2023 Escrows

2-46C	\$379,000	2-18L	\$465,000
17-93A	\$482,000	7-146I	\$250,000
1-38E	\$215,000	9-210A	\$510,000
7-161i	\$330,000	1-8E	\$255,000
6-141K	\$288,000	4-79A	\$610,000

Leisure Living Resales

Robin Gray

Over 27 years of Leisure World Experience DRE 01027333

(562) 209-5605



Coming Soon

Mutual 1 - Cute one bed with a courtyard location, laminate floors, dual pane windows, heat-pump and more.

Mutual 10 - Lovely expanded 2 bed, 1 bath, pretty wood look laminate floors, new paint, dual pane windows, private side patio,



Mutual 11-264-E \$309,000

New Listing... Basic 2 Bed, 1 Bath with a nice Courtyard Setting. Laminate Floors, New Carpet in the Master Bedroom, needs some cosmetic work.



PROPERTIES ARE SELLING LISTINGS NEEDED!



SOLD 2023 and 2024

Mutual 7-172-D	Mutual 3-11-K	Mutual 2-62-K
Mutual 12-72-C	Mutual 6-134-J	Mutual 14-24-B
Mutual 2-62-K	Mutual 2-47-C	Mutual 1-50-I
Mutual 4-52-J	Mutual 11-265-A	Mutual 4-80-A
Mutual 1-27-D	Mutual 9-210-J	Mutual 15-5-H
Mutual 4-82-L	Mutual 11-273-D	Mutual 5-90-B
Mutual 5-126-K	Mutual 12-55-K	Mutual 2-7-G

13926 Seal Beach Blvd., Seal Beach, CA 90740

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Yes we are **SISTERS**



Kathy Gupion
Associate Broker
DRE # 00744676



Sean Wood
Realtor®
DRE# 02186926



Gloria Hadley
Realtor®
DRE # 01057681

Fully expanded 2 bedroom 1 & ½ bathroom home features a brick walkway and a beautiful leaded glass entry door that opens into a spacious living room with Bay window. The adjoining formal dining has an added ceiling fan. The kitchen has white cabinets with white Corian counters, built-in appliances, added cabinets for additional storage, and an extralarge skylight. The main bedroom is fully expanded with a walk-in closet, Bay window and added half bath. The main bathroom has white cabinets, corian counter, added linen closet, cut-down shower, washer dryer, and an extra-large skylight. The second bedroom has a wardrobe closet and ceiling fan. This lovely custom home is light, bright, cheerful, and features double pane windows throughout with plantation shutters. Hardwood floors are in the living room, dining room and bedrooms with vinyl flooring in the kitchen, bathroom, and hallway. This fabulous home also has central heating and air conditioning. This is definitely a home you will not want to miss seeing.



M12-46F \$489,900

Delightful one bedroom one bathroom home overlooking a fabulous large green belt. This lovely home is ready to move into. The Spacious living room has a lovely leaded glass entry door, plantation shutters, and beautiful wood flooring. The kitchen has white cabinets built-in Leisure World appliances including a stove, oven, refrigerator, an added ceiling fan, vinyl flooring, and an extra-large skylight. The bedroom has wood flooring and plantation shutters. The bathroom has vinyl floors and an extra-large skylight. The private patio has a walk-in storage closet, overlooks a lovely green belt, and is perfect for relaxing and enjoying the wonderful ocean breezes and beautiful sunsets. This property is walking distance to downtown Leisure World, the 9-hole 3 par golf course, swimming pool, jacuzzi, health care center, post office, amphitheater, and the out-side of LW corner shopping center. Located in the charming and quaint town of Seal Beach.



M1-35J \$239,000

This lovely two-bedroom one bathroom home is ready to move into. It has been newly painted and has newly installed deluxe vinyl plank flooring throughout. Enter the spacious living room through the beautiful leaded glass entry door. The living room has a heat pump that provides both heating and air conditioning. The kitchen has a skylight, white cabinets, and Leisure World appliances including a stove, oven, refrigerator, and it has an added new dishwasher. The main bedroom has mirrored wardrobe doors. The bathroom has white cabinets, a cut down shower for walk-in convenience and a skylight. The second bedroom has mirrored wardrobe doors. The large and private wrap around patio has two skylights, a walk-in storage closet, and is perfect for indoor outdoor entertaining.



M12-43B \$339,000

Elegant 2 bedroom 1-1/2 bathroom fully expanded home with a formal dining area. Take a look at this lovely spacious home with a large corner living room, adjacent formal dining area, and one that has been fully remodeled and expanded. The tiled entry porch and leaded glass door open into an entry area with a coat closet. The kitchen has been fully remodeled with custom cabinets, granite counters, built in appliances including a stove, oven, refrigerator, dishwasher, a mirrored backsplash, and skylight. The main bedroom is fully expanded with a walk-in closet, double pane windows and plantation shutters. The main bathroom has granite counters, cut down shower for walk-in convenience, vinyl flooring, and skylight. The second bedroom is carpeted and has a half bath. Also featured in this lovely home is central heating and air conditioning and is located in a pretty greenbelt area.



M9-229C \$459,000

Charming describes this lovely expanded two-bedroom one-bathroom Leisure World cottage. This home is light, bright, warm, and cozy. A washer dryer will be added at seller's expense. A Beautiful leaded glass door leads into a spacious open floor plan. The living room has a heat pump and air conditioning unit. The kitchen has an extra-large skylight, white cabinets with granite countertops, built in Leisure World appliances including stove, oven, refrigerator, an added built-in microwave oven, and a mirrored backsplash. The master bedroom has mirrored wardrobe doors. The bathroom has a skylight and cut down shower for walk-in convenience. The second bedroom has a mirrored wardrobe door. The side edition may be used as a dining area, office, den, sitting area or bonus area of your choice. There is laminate flooring throughout and a private patio with a walk-in storage area. This lovely home is a must see.



M7-168C \$369,000

PENDING

Mutual14-28A

SOLD 2024

Mutual 15-37R
Mutual 11-273L
Mutual 4-83L
Mutual 10-242I
Mutual 14-5B

SOLD 2023

Mutual 2-29E
Mutual 4-51L
Mutual 4-76L
Mutual 4-77E
Mutual 10-254H
Mutual 14-17B
Mutual 5-91C
Mutual 3-29K
Mutual 14-5B
Mutual 8-185K
Mutual 11-273L
Mutual 1-25I
Mutual 2-26C
Mutual 1-26B
Mutual 8-188C
Mutual 1-30K
Mutual 5-91J
Mutual 11-267C
Mutual 1-26L
Mutual11-268F
Mutual 4-50F
Mutual9-212C
Mutual6-143A
Mutual 9-225C
Mutual 9-230D
Mutual11-283D
Mutual 4-51D
Mutual 8-189D

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BERKSHIRE HATHAWAY
HomeServices
California Properties



Carol Gasper
Resident Realtor
DRE #01276484
562.716.1547
gcarol1966@gmail.com



Patti Kilian, Realtor



Ruben Valladolid, Realtor



John Neill, Realtor



John Dixon, Realtor



Christina Reed, TC



Rossella Caroletti, Reception



Nicholas Monteer
Broker
DRE #02166226
562.280.4631
nicholasmonteer@gmail.com



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REALTY GROUP

1900 St. Andrews Dr. Suite B, Seal Beach, CA 90740
sealbeach-retirementcommunity.info

OUR TEAM!

For 2024, We have a total of 34 pending and closed sales.



Price Reduction!
1642 Merion Way #40G | M2 | \$389,000
Corner drive-up location 2bed/1bath partially expanded with sunroom/patio. Washer/dryer. Skylights in kitchen and bathroom. Added dishwasher with newer refrigerator. Dual pane windows with shutters throughout and lots of storage space!



1221 Golden Rain Rd #3i | M3 | \$239,000
1Bed/1bath interior location on wide green with tiled patio. New laminate floors and freshly painted. Skylights in kitchen and bathroom. AC heatpump and bathtub with storage closet.



In Escrow
1080 Brookline Rd #213A | M9 | \$585,000
Corner 2bed/1.5bath on greenbelt with added patio and custom stone work! Skylights throughout, hardwood floors, double pane windows and slider. Walk-in closet with formal yet open spaces!



In Escrow
13265 Del Monte Dr #35i | M12 | \$429,000
Interior 2bed/1bath fully expanded home on greenbelt location. Light and bright kitchen with dual pane windows, carpeting. Skylights in kitchen and bath. Walk-in closet with lots of storage and brick patio!



In Escrow
13860 St Andrews Dr #61E | M1 | \$235,000
Charming greenbelt location with mature trees 1 bedroom 1 bathroom with full patio! Wood and laminate floors, dual pane windows, granite countertops throughout, patio skylight and cut down shower.



1871 Golden Rain Rd #26E | M14 | \$429,000
Partial expanded drive-up corner 2bed/1 bath unit w/patio. Central AC, double pane windows, skylights in bathroom/ kitchen. Movable kitchen peninsula. Large Outdoor storage closet and "peek-a-boo" view of golf course!

On March 25th, 2024 a total of 46 units show as active listings on the CRMLS (this is where Realtors list property for sale)

8 - 1 bedroom/1 bath units from \$233,000 to \$315,000

22 - 2 bedrooms/1 bath units from \$298,000 to \$465,000

16 - 2 bedrooms/2 baths units from \$380,000 to \$645,000

Please note that we offer virtual tours for anyone you know that needs a video of the interior of listings on the market! Please contact us to get access to any and all inventory.





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www.OnsiteHomeSales.com

(562) 598-1388



HAPPY EASTER FROM ON-SITE HOME SALES! Do you know some 'bunny' with real estate needs? It is an EGG-cellent time to head to On-Site Home Sales for all of you real estate needs, whether you are purchasing or listing a home in Leisure World. We are the **ONLY** office open 7 DAYS A WEEK!



M12-40G \$380,000

Fully Expanded 2 Bedroom 1.5 Bath with Drive up Parking



M14 - 51G \$399,000

Partially Expanded 2 Bedroom 1 Bath with Washer/Dryer



PRICE REDUCED

M15 - 26C \$645,000

RARE and GORGEOUS 2 Bedroom 2 bath Loft



M12 - 38L \$379,000

Partially expanded 2 bedroom 1 bath with Heatpump



M3 - 6G \$355,000

Adorable 2 Bedroom 1 bath Corner



M15 - 24A \$489,900

A Stunning Downstairs Unit with Beautiful Built-Ins and Greenbelt views



M3 - 9G \$549,000

Fully Expanded 2 Bedroom 1.5 Bath with Bay windows!



M17 - 109B \$450,000

2 Bedroom 2 Bath Condo with Great Views!



M1 - 44K \$232,000

Expd. Bedroom on a Green, walking distance to Downtown



M15 - 10H \$509,000

Gorgeous Downstairs 2 bedroom 2 bath



Dawn Januszka
Broker
DRE #02110501



Ginni Houck
Escrow Officer



Verna Chumley
Realtor®



John Webster
Realtor®



Mike Varipapa
Realtor®



Kim Jbeili
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