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## **GRF BOARD HIGHLIGHTS**

## **Board considers** garden plots and service vehicles

by Ruth Osborn

communications director

The GRF Board met March 26 to consider everything from golf course regulations and RV parking limits to replacing service maintenance vehicles in a meeting that was kicked off by five residents who expressed concern during public comment time about a variety of issues. They included the expense of constructing community gardens, a perceived lack of transparency, GRF staff, the order that GRF directors are seated on the dais and RFID procedures.

On a more positive note, Jayna Kling of the Optum Health Care Center reported that the Medcare Pharmacy and Mini Mart is now

BOARD, page 7

## **GRF ANNUAL MEETING**

## Even-numbered Mutuals to elect **GRF** directors

The 2024 Annual Meeting of the Golden Rain Foundation will be held Tuesday, June 4, at 10 a.m. in Clubhouse 4, 1419 Northwood Road, Seal Beach.

Of the even-numbered Mutuals, there are nine director seats up for election at the 2024 GRF Annual Meeting.

The candidates whose names will appear on the ballot (in alphabetical order) for each respective

**CANDIDATES**, page 2

### **GATE ACCESS UPDATE**

## GRF Board OKs new RFID reader for Main Gate

by Ruth Osborn

communications director

In the first 45 days of operation, the GRF's new wireless RFID gate system recorded 284,900 total entries through the three Leisure World gates, which amounts to more than 6,300 entries per day. For the first time in LW history, Security can now document traffic volume in and out of the community with pinpoint precision. And it's an eye opener. In addition to residents, an army of guests, caregivers, vendors, GRF staffers and others flow into the community every day.

According to Security reports, nearly 400 vehicles an hour enter through the Main Gate, the North Gate or St. Andrews Gate between 8 a.m. and 8 p.m., with the majority entering at the Main Gate.

Most drivers can enter the community at any gate with little or no wait. But power outages, unregistered guests, drivers lingering to ask questions of gate guards and other issues can easily slow down admittance, especially at the Main Gate.

If even 5% of people are delayed, that's 300 vehicles whose drivers are temporarily inconvenienced.

But overall, thousands of vehicles are able to immediately enter without incident, according to Security reports.

Nonetheless, GRF is working to finetune the system to make access easy for everyone.

On March 26, the GRF Board approved \$19,905 to install an additional RFID reader, a mobile workstation, printer and scanner at the Main Gate, which will allow all drivers to enter both lanes, whether or not they have RFIDs. The motion passed with four no votes.

"The main point of the gate access system is to secure this property," said GRF Director Teri Nugent from Mutual 2. "We never intended it to speed anything up, and I think people have lost sight of that."

Residents can help as well. They can



Paul Kryczko

Nearly 400 vehicles an hour enter through the Main Gate, the North Gate or St. Andrews Gate between 8 a.m. and 8 p.m.

avoid the Main Gate and direct their guests to use other gates when possible. People can also:

• Manage guest access on Proptia, the GRF's guest management software system, by sending guests e-passes. More than 2,000 residents are currently signed up. Sending an e-pass is easy and streamlines time at the gate as all that's needed is a quick scan instead of data entry. To register for Proptia, send an email to info@lwsb.com, and include your name, home address, preferred email address and a request for a Proptia invitation.

• Residents should also make sure their caregivers are registered with Stock Transfer, which will assign them sixmonth e-passes to enter the community.

• Drivers should not linger at gates to ask questions; guards have cards to hand out with helpful ways to get questions

Before the RFID system was in place,

Security averaged 3-5 gate runners per day, according to reports. Since the barrier arms have been in place, only six drivers have breached the gates. They did so by piggybacking on authorized vehicles ahead of them in line.

The cost of the gate access program  $was\,\$384,\!987, which\,included\,three\,guest$ registration kiosks (not including the one the board just approved for the Main Gate), license plate reader systems in all lanes at all gates, RFID access controls at all gates, barrier arm operators at all gates and 15,000 RFID transponders at \$10.95 each. Additional costs included new signage for \$1,000 and \$6,700 to beef up personnel numbers during the five-day launch window.

Since its Jan. 17 launch, the system is providing an elevated level of security and the first real data on how many vehicles come in and out the community on any given day.

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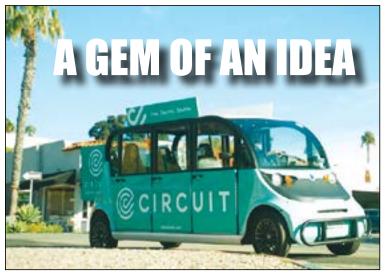
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Circuit, a New York-based firm, employs all-electric GEM cars to ferry passengers from one location directly to another. The system is being considered by the GRF.

## FROM THE GRF

## Committee to consider transit service that could save big bucks

Leisure World residents may soon have a new free ride around the community, an alternative that could save their fellow residents over \$100,000 a year.

The GRF Board of Directors has begun committee-level consideration of a proposal to bring free point-to-point transportation by request to the community.

The Member Services Committee will more fully explore employing Circuit Transportation, which operates similar transit services in Long Beach, Huntington Beach, Belmont Shore and Seal Beach.

The plan would replace the fixed-schedule, fixed-route Minibuses that now provide transportation.

Circuit, a New York-based firm that provides personal **TRANSIT, page 3** 

2 April 4, 2024 | www.lwsb.com | www.lwweekly.com | LWweekly.com

## LEISURE WORLD DISCOVERY TOUR

Big prizes, free totes, club demos will showcase LW at its best

by Kathy Thayer

Recreation Manager

The Great LW Discovery Tour is finally here. It's this Saturday, April 6, from 11 a.m.-2 p.m. with closing ceremonies directly afterward at Veterans Plaza, located between Clubhouse 3 and 4. Here's what you need to know:

- Start your tour from any of the five venues, whichever is closest to your home as parking will be extremely limited.
- Our Ambassadors will be on hand to give you a passport and free tote bag (while they last) at your first stop. They'll stamp your passport and direct you to the events in each location. In Clubhouses 2 and 4, you will also receive a raffle ticket for the half-hour vendor raffles.
- Minibuses will have tour guides to tell you about all there is to see at your next stop. They arrive at each venue every 15 to 20 minutes. If you want to spend more time at a particular one, catch a later bus.
- The bus will be waiting to take you to the next venue or back to Clubhouse 3 and 4 for the closing ceremonies.
- If you have all five stamps on your passport, you will receive a Golden Ticket for the grand prize drawing. Even if you don't

DISCOVERY, page 3

## **GRF EVENT**

## Spring Arts & Crafts Festival is April 12 in CH 2

The second annual Spring Arts & Crafts Festival will be held Friday, April 12, and Saturday, April 13, in Clubhouse 2 from 9 a.m.-2 p.m. The Arts & Crafts Festival is for the purpose of encouraging the creative talents of the LW community. While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/ member. No manufactured articles may be sold. Each seller must live in Leisure World and must be a authorized resident to qualify as an exhibitor of sale items at the festival.

Artisans who want to participate can sign up at the Recreation Office during normal business hours. A full table is \$10 but may be shared with another participant for \$5.

For more information, call 562-431-6586, ext. 2707, or email *Recreation.Department@lwsb.com*.



Emma DiMaggio

Glenda Wixon (I) and Greg Meyers sold handmade jewelry at Leisure World's 2022 Arts & Crafts Festival.

## CANDIDATES from page 1

Mutual are:

- •Mutual 2 (two candidates, will be elected because of its larger size): Donald Horning, Margaret Keller, Paula Snowden, Teri Nugent, Valerie Kornahrens
- Mutual 4: Janet Kuhl
- Mutual 6: Frank De Palma, Susan Hopewell
  - Mutual 8: Michael Banfield
- Mutual 10: Carol A. Stern Levine
- Mutual 12: Carole Damoci, Linda Herman
- Mutual 14: Barry Lukoff, Lee Melody, Martha Destra
  - Mutual 16: Janet Isom
    Ballot Delivery

Mail-in secret ballots will be distributed to members at least 30 days before the election.

After you have completed your ballot, insert your ballot into envelope "A," seal envelope "A" and insert it into envelope "B" which is preaddressed to the Inspectors of Election.

In the upper left corner of envelope "B," print your name and the address of your property located in Leisure World Seal Beach, sign your name on the signature line and return to the Inspectors of Election.

In order for your ballot to be counted, you must SIGN YOUR NAME on the outer envelope "B."

There are three ways to return your mail-in secret ballot:

1) Mail to: HOA Elections of California, Inc. at 1001 Avenida Pico, Ste. C-496, San Clemente, California 92673 in the prepaid envelope provided, ensure ample time for delivery by 12 p.m. on Monday, June 3, 2024.

2) Deliver the ballot by **Hand:** Deliver the ballot (inside the two envelopes) by hand to the Inspectors of Election, HOA Elections of California, Inc. at 1001 Avenida Pico, Ste. C-496, San Clemente, California 92673. The ballot must be received by the Inspector of Elections at the above address no later than 12 p.m. on Monday, June 3, 2024, the last business day before the election date or to the on-site ballot box located in the front of the Golden Rain Foundation Administration Building.

3) Deliver by hand day of GRF Annual Meeting: Deliver the ballot (inside of the two envelopes) to the Inspectors of Election at the Golden Rain Foundation Annual Meeting on Tuesday, June 4, 2024, in Clubhouse 4, 1419 Northwood Road, Seal Beach, CA 90740, between 9 -10 a.m., at which time the polls will close.



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**DISCOVERY** 

from page 2

## **Bus Tour: Michael Bublé Experience**

**¬** or people who caught his **◄** performance last summer at the Amphitheater or recently at the Valentine's Day dinner dance, Anthony Bernasconi needs no introduction. He will perform at the La Mirada Theater on April 5 at 8 p.m., and GRF will provide bus transportation for the first 54 residents to grab tickets.

The La Mirada Theater said this about the show: "Feelin' Good: The Ultimate Michael Bublé Experience is by far the finest Michael Bublé tribute in the United States! Backed by a 17-piece orchestra, Anthony Bernasconi perfectly emulates during the 2023 Amphithethe velvet-voiced crooner in a high-energy, interactive show



Anthony Bernasconi performs as Michael Bublé ater season.

that is sure to delight Bublé fans of all ages. Enjoy favorites from the Great American Songbook in classic Bublé style, as well as a selection of Bublé's greatest original hits like 'I Just Haven't Met You Yet."

Tickets are available now at the Recreation Office, located in Building 5, for \$62. The box office is open weekdays from 8 a.m.-4 p.m. For more information, contact Kathy Thayer at kathyt@lwsb.com or call 562-431-6586, ext. 2326 or 2398.

make it to all locations, you will receive raffle tickets for the locations you did visit for other fabulous prize drawings.

Just drop the tickets in the buckets of the drawings you want to enter. You don't have to be present to win.

 You may purchase lunch from the food vendors stationed around the circle. Lucille's BBQ, Koffel's Taco Tuesday truck and Cousins Maine Lobster will be on hand along with Scooter's Sweet Shack for dessert.

Tables will be provided around the circle for your convenience, from 11 a.m.-3 p.m.

Grand raffle prizes include large-screen TVs, an iPad, a solar skylight tube, restaurant and grocery store gift cards, gift baskets, service vouchers, a year's worth of cable TV and more. Sponsors have an event logo on their advertisements, so look for them in today's newspaper. And make sure to check out the special section in this issue. For more information, email kathyt@lwsb.com.

## **CONGREGATION SHOLOM**

## Israeli solider to discuss war in Gaza

Residents are invited to a presentation about the war in Gaza by Nov Levb, a soldier in the Israel Defense Forces (IDF). He will offer first-hand experience and knowledge. The presentation will be held in Clubhouse 4 on Wednesday, April 10, at 7 p.m. and is sponsored by Congregation Sholom.

Noy was born and raised in Canada but decided to move to Israel at age 18 and join the IDF. After completing his service, Noy continued with annual reserve training. He also went on to obtain his bachelor's degree in Israel



Noy Leyb

and a master's from the University of Michigan. Noy's Israeli advocacy has taken him to over 15 universities in North America and overseas.

On Oct. 7, 2023, Noy, who was living and working in New York City as the co-founder of a start-up tech company, made an instantaneous decision to drop everything and fly to Israel to join his elite commando unit. His brigade was among the first to enter the tunnels in Gaza.

Noy's mission is to talk with audiences around the country about his direct experiences, unique insight, and steadfast spirit to help empower others and lead a movement against antisemitism.

Noy will also share tools that he uses to combat online antisemitism and answer questions in an open forum. This event will be offered at no charge, however donations of any size to offset the cost of Noy's presentation are welcome. People can send a check to Congregation Sholom, P.O. Box 2901, Seal Beach, CA 90740.

—Jan Friedland

## TRANSIT from page 1

transit services in eight states, employs all-electric GEM cars to ferry passengers from one location directly to another.

Riders request a pick up by one of the six-passenger GEMs by phoning, using a cell phone app or hailing a GEM traveling along a street.

The proposed service will also offer a fully ADA-compliant electric van with a wheelchair lift for passengers with disabilities.

The plan, which emerged from cost-cutting meetings that included all GRF Board members, promises significant savings.

The Minibuses have lost 50% of their ridership since COVID, and a 10-fold increase in the vehicle liability insurance rates this year now means a single ride costs the community over \$18.

Circuit's tentative proposal would transport Leisure World's annual ridership for about \$115,000 less than the current Minibus system.

The savings come from personnel, insurance, equipment and maintenance costs, as well as reserve contributions to replace the buses.

The GRF study group investigating the proposal also indicated the sale of the community's present bus fleet could yield an additional \$280,000 that could be added to the community's funds.

The proposal's next step is a discussion at the April 9 meeting of the Member Services Committee.

More details can be found at www.ridecircuit.com/ride.

> –William Thompson GRF vice president

The editorial deadline is 4 p.m. Thursday on the Thursday prior to the desired publication date.



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## **PERSPECTIVES**

## **Letters to Editor**

Editor:

I haven't been afraid of the coyotes in Leisure World. I used to hike, and my experience with coyotes is that they want nothing to do with humans.

Recently I was walking my dog Otto at about 7:15 a.m. I saw a coyote approaching but rather than peeling off in a different direction, this coyote stayed on course.

This felt wrong. I doubled back into a nearby laundry room and closed the door.

I waited for the coyote to pass. He didn't. From behind a wall he emerged, head low, eyes fixed on 17-pound Otto.

To break his stare, I stepped in front of my dog and the coyote zipped around the building and in a flash he was on the other side.

After a couple of minutes of his circling around, I picked up a long handled dust pan, left Otto in the laundry room and went out to chase the coyote off. And then there were two.

I was taken aback to see the pair of hunters that I had heard about.

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yelled, shook the dust pan and moved forward.

One of the coyotes trotted off quickly, but the other moved just out of reach, instinctively he knew he was faster than me. I continued forward and eventually he trotted off.

I am troubled about how this would have ended if I hadn't been close to a laundry room because I'm not willing to let Otto be carried off and torn apart. This hunting duo needs to go.

> Feliza Dixon Mutual 15

*Editor:* 

I've lived in Mutual 5 for nearly 28 years, and this is a first.

This morning I heard a horn beeping from varying directions and when I looked out my unit window, there was a red car driving on my sidewalk between buildings 102 and 103.

I immediately ran out and began yelling at the driver, who then started to make a right turn onto the sidewalk between buildings 102 and 108, which is even narrower.

But then, the car backed up That was intimidating but I to turn around and continue on

a sidewalk toward Wentworth and, hopefully, exit onto a street.

I reported the incident to Security and, unfortunately, was not near enough to read the license plate.

Whether a visitor or a resident, driver is unknown. But, at 7:15 a.m. it most probably was a resident.

This clearly illustrates the importance of not just written renewal tests for the elderly; but it is essential that a vehicle test be required, especially past the age of 80.

LW should also have the decal office or security witness the driving skills of anyone past 80 who may still have an active license and insurance but is too visually or cognitively impaired to operate a vehicle.

Luckily, no one was walking a dog or on the sidewalk at the time.

> Mitzi Winks Mutual 5

Editor:

Barry Allen's letter (March 28), and my response, reminds me of the parable of the donkey and the tiger.

The donkey said to the tiger,

"the grass is blue."

The tiger replied, "No, the grass is green."

The discussion got heated, and the two decided to go before the lion, the king of the jungle. They brought their arguments and the lion declared that the tiger would be punished.

The Tiger then asked the lion "why have you punished me, after all the grass is green."

The lion replied, "In fact, the grass is green. I did not punish you because you were wrong, I punished you, an intelligent, proud creature, for arguing with a donkey."

Donald Trump has been attacked by democrat lawfare from the moment he came down the escalator "as a Republican." The Russian Collusion hoax, the Ukraine phone call hoax, the "good people on both sides" hoax, the "drink bleach" hoax,

the "bloodbath" hoax, the E. Jean Carroll hoax, the "Secret Documents" hoax, the Stormy Daniels hoax, the "Loan Fraud" hoax, the 14th Amendment sham, and so on and so on. All nonsense.

It's not surprising though when one diets on the crap being dished up by CNN, MSNBC and The NY Times.

Allen's letter closed by asking if one wants to vote for a president that is pillaging the coffers of the United States and jailing his critics.

This is exactly what Joe Biden has done and is doing.

> Earick Ward Mutual 7

Editor's Note: Lawfare means the use of legal systems and institutions to damage or delegitimize an opponent, or to deter an individual's usage of their legal rights, according to Wikipedia.

## **Letters to the Editor**

Letters to the Editor can be a maximum of 250 words and should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters may contain opinions, suggestions, compliments and complaints without being libelous, defamatory, repetitive or inappropriate.



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## GOVERNM

## **GRF Meetings Schedule**

Golden Rain Foundation committee and board meetings are open to LW residents. The following is a tentative schedule.

Thurs., April 4 **Operations Committee Meeting** Conference Room A/Zoom......10a.m. Tues., April 9 **Member Services Committee Meeting** Conference Room A/Zoom......10a.m. Thurs., April 11 **Administration Committee Meeting** Conference Room A/Zoom......10a.m. Thurs., April 18 **GRF Board Executive Session** Conference Room A......1 p.m. Tues., April 23 **GRF Board Meeting** Clubhouse 4/Zoom.....10 a.m.

## **Public Comments at GRF Meetings**

California law requires the Board to establish reasonable time limits for members to speak at meetings. (Civ. Code Sec. 4925(b).), and how the Board responds to questions or concerns; most often the Board is unable to respond (Civ. Code Sec. 4930.).

Approximately one-fourth of the Board's meeting, a maximum of 30 minutes, is reserved for Member comments. Comments are limited to three minutes if there are no more than 10 speakers. If there are more than 10 speakers, Members' time will be allocated equally to be completed during the available time.

To address the Board, submit a comment card at the meeting before it is called to order. Members may email correspondence to the executive coordinator at grfboardaction@lwsb.com.

## **Mutual Meetings Schedule**

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Mon., April 8	Mutual 9
•	Conference Room B/Zoom9 a.m.
Tues., April 9	Mutual 16
	Conference Room B/Zoom1 p.m.
Wed., April 10	Mutual 4 (open forum 8:30 a.m.)
, 1	Conference Room B/Zoom8:45 a.m.
Thurs., April 11	Mutual 12
_	Conference Room B/Zoom9 a.m.
Fri., April 12	Mutual 3
-	Conference Room B/Zoom9 a.m.
Mon., April 15	Mutual 15
•	Conference Room B/Zoom1 p.m.
Tues., April 16	Mutual 14
•	Conference Room B/Zoom1 p.m.
Wed., April 17	Mutual 5
· <b>1</b>	Conference Room B/Zoom9 a.m.
Wed., April 17	Mutual 7
· <b>1</b>	Conference Room B/Zoom1 p.m.
Thurs., April 18	Mutual 2
. 1	Conference Room B/Zoom9 a.m.
Thurs., April 18	Mutual 11
. 1	Conference Room B/Zoom1:30 p.m.
Mon., April 22	Mutual 8 (open forum 9:15 a.m.)
. 1	Conference Room B/Zoom9:30 a.m.

## Frequently asked questions about annual meetings and elections

The 2024 annual meeting season begins May 16. The fever-pitch of activity will continue for the next six weeks as all 16 mutuals and the Golden Rain Foundation (GRF) host their annual meetings.

The annual meeting and election season began in January and will conclude at the end of June. There are often many questions about this time of the year and why these activities are important.

What is an annual meeting and how is it different from a regular board meeting?

The mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year. Directors read reports concerning finances, infrastructure, accomplishments, and goals for the future. An annual meeting is similar to a State of the Union speech as directors are limited to presenting reports; business is conducted at board meetings.

## Who can attend annual meetings?

Shareholders/owners are encouraged to attend their mutual annual meeting (see schedule on page 6). All Foundation members are encouraged to attend the GRF Annual Meeting on Tuesday, June 11, at 2 p.m. in Clubhouse 4.

## Are the elections and annual meetings held on the same day?

The ballot counting for the Mutual's election will be conducted at the annual meeting. The ballot counting for the GRF election will be conducted at a special GRF Board meeting at 10 a.m. on Tuesday, June 4, in Clubhouse 4, one week before the GRF Annual Meeting.

## How often are elections conducted?

Most mutual boards of directors are elected annually. The GRF has elections every year but elects directors from even-numbered

mutuals in even-numbered years and directors from odd-numbered mutuals in odd-numbered years.

### How many ballots will I receive?

Depending on the mutual, shareholders may receive one or two ballots. Shareholders in mutuals 2, 4, 6, 8, 10, 12 and 14 are scheduled to receive two different ballots this season: a ballot to elect their Mutual board of directors and a ballot to elect their GRF director(s). Shareholders in mutuals 1, 3, 5, 7, 9, 11, 12, 15, 16 and 17 are scheduled to receive one mutual ballot.

Should I separate the voting-portion of the ballot before mailing it in the envelope provided?

Check the enclosed instructions on how to fill out ballots and how to return ballots to HOA Elections of California.

## Has my ballot been mailed?

Check the election schedule above to see when the mutual ballots were mailed. The GRF ballots will be mailed May 3.

There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power.

Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf? Proxies are not permissible in GRF elections but, depending on the Mutual's election policy, proxies may be used in Mutual elections. To ensure the ballot's integrity, ballot envelopes must be signed by the shareholder member connected to that household.

**QUESTIONS**, page 6

## **Recap of Board Activity, March 26**

Approved consent agenda: MOVED and approved the minutes of the GRF Board of Directors, February 27, 2024; Accept the Interim Financial Statements for January 2024 for Audit; Accept the Reserve Funds Investment Purchased; Approved Transfers of Funds for GRF per Civil Code 5502; Amend 37-1429.01-1, Golf Course Regulations.

Capital Funding -Additional Front Gate RFID Purchase: MOVED to approve an additional RFID reader, a mobile workstation, printer, and scanner for the Main Gate Entrance to improve traffic flow at a cost not to exceed \$19,905 Capital Funding and have the President sign the contract.

Operational Funding-**Phone System Change of SIP Provider:** MOVED to approve a one-time cost of \$359.25 and a monthly baseline cost of \$948.80 a month Operating Funding from Edge Communications and authorize the President to sign the contract.

Reserve Funding-Replacement of Service Maintenance **Utility Vehicles:** MOVED to approve the purchase of ten (10) big-foot utility vehicles with utility boxes and ladder racks from Paper Material Handling at a total cost not exceeding \$345,500, Reserve funding, and authorize the President to sign the contract.

**Reserve Funding-Network** Switch Replacement: MOVED to approve the replacement of the network switches for Hummingbird Networks for \$8,112.50 Reserve Funding and authorize the President to sign the contract.

Governing Documents— Amend 70-1406-1, Limitations on Use of Trust Property-Rules: MOVED to amend 70-1406-1, Limitations on Use of Trust Property—Rules, extending the ages of guests permitted to use the game room, and redesignating the rule as

**RECAP**, page 6



## California Coastal Cruise



Super Deal - No Flying

Only \$479

7 night cruise Round trip from Los Angeles Catalina, San Francisco, San Diego, Ensenada



(800) 662-5450

## SENIOR

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week B. 2 meals a day 5 days a week (Delivery: Mon. Wed. & Fri) \$165 per week

D. Z IIICal	B. 2 means a day 5 days a week (Denvery. Mon, Wed, & 11) \$105 per week								
Monday	Tuesday	Wednesday	Thursday	Friday					
		LUNCH							
Pasta Fagioli	Beef	Croissant	Spinach &	Chimichanga					
Pasta & Beans	Tacos	Turkey Sandwich	Feta	Black Beans					
Soup, W/ Sweet	Pico De Gallo	Tomatoes &	Quiche	Spanish Rice					
Italian Sausage	Rice & Coleslaw	Cucumber	Potato Salad	-					
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit					
		DINNER							
<b>Chicken Francaise</b>	Shrimp Kebab	Beef Stroganoff	Cajun Catfish	Loaded					
Zucchini & Red	W/ Mango,	Green Beans &	Roasted Red	Chicken					
Peppers, Mashed	Papaya &	Carrots ,Wide	Pepper Sauce	Vegetable Soup					
Potatoes,	Cilantro	Egg Noodles	<b>Grilled Asparagus</b>	Corn Bread					
Panna Cotta	Seasonal Fruit	Cookies	Seasonal Fruit	Apple Pie					
		0 II I/I							



Salim Khoury (562) 754-8487





## Senior transportation Shuttle

The Senior Shuttle Service is a free 20-passenger shuttle that runs on a fixed route throughout major city stops, including Seal Beach Pier/Old Town area, Leisure World, and Rossmoor Shopping Center/North Seal Beach Community Center. This shuttle can accommodate wheelchairs and scooters, and hold two bikes.

To register, submit the following to the City of Seal Beach Recreation Department:

- An application that can be found on *https://shorturl.at/djlmL*.
- Proof of Seal Beach residency (ID card) and date of birth (CA driver's license).

To use this free shuttle, people must be residents of Seal Beach; 60 years or older; pre-registered with the City of Seal Beach; and have their SMP ID number available for the driver. This number is assigned upon registration with a turnaround time of three business days after submittal of application.

For more information, call Robann Arshat, member resources liaison at 562-431-6586, ext. 2317, or email robertaa@lwsb.com.

**CITY OF SEAL BEACH** 

## Bike lane gap closure project

The City of Seal Beach continues the expansion of bike lane paths throughout the city.

As part of the grant on Active Transportation Program (ATP), Class II bike lanes will be constructed on Lampson Avenue between Basswood Street and Seal Beach Boulevard, which will connect to the already existing bike lane along Lampson Avenue from Basswood Street going east.

Class II bike lanes are designed as an on-road bicycle lane, and are typically 5-6' wide.

The modifications will also include bike lane signage, roadway pavement, replacement of curb ramps, traffic signals, landscaping, and limited roadway changes.

The construction will last from April 8 through August. "No parking" signs, lane restrictions, reduced speed, water trucks and construction noise should be expected.

## 2024 GRF and Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	14	328	165	7	1/26	2/26	4/16	3 <sup>rd</sup> Thu	5/16	10 a.m.	Cumulative Visting.
	7	384	193	5	1/26	2/27	4/17	3 <sup>rd</sup> Fri	5/17	10 a.m.	Cumulative Visting.
	10	276	139	5	2/1	3/4	4/18	3 <sup>rd</sup> Tue	5/21	10 a.m.	Cumulative Victing.
>	4	396	132	5	2/7	3/13	4/22	4 <sup>th</sup> Wed	5/22	10 a.m.	Cumulative Voting, Staggered terms, Bylaw Amendments
MAY	16	60	20	5	2/7	3/8	4/22	4 <sup>th</sup> Wed	5/22	2 p.m.	Cursulative Voting, Election & Annual Meeting held in Conf. Room, B.
-	11	312	104	5 or 7	2/8	3/4	4/23	4 <sup>th</sup> Thu	5/23	10 a.m.	Cumulative Voting. Per Article 5, of Bylax will either elect 5 or 7 directors. Bylaw Amendments
	9	384	199	7	2/2	3/5	4/24	4 <sup>th</sup> Fri	5/24	10 a.m.	Visting is per percel to elect one delegate. Percels in effect.
	8	348	175	5	2/7	3/8	4/25	4 <sup>th</sup> Tue	5/28	2 p.m.	Cumulative Veting.
JUNE	G	olden F	tain Foun	dation	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutua	als 2, 4,	6, 8, 10, 1	2, 14, & 16	2/20	3/29	5/3	1st Tue	6/4	10 a.m.	No Cumulative voting, New directors will be installed at GRF Annual Meeting on 6/11 at 2:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	6	408	205	7	2/16	3/19	5/8	1st Fri	6/7	10 a.m.	Cumulative Victing.
	1	844	282	5	2/26	3/27	5/10	2 <sup>nd</sup> Mon	6/10	10 a.m.	Cumulative Voting. Staggered Terms
ш	5	492	164	4	2/12	4/2	5/10	2 <sup>rd</sup> Tue	6/11	10 a.m.	No Cumulative Voting, Staggered Terms.
JUNE	3	432	217	7	2/23	3/18	5/13	2 <sup>nd</sup> Wed	6/12	10 a.m.	Cumulative Visting.
$\exists$	12	452	151	7	2/29	4/1	5/14	2 <sup>rd</sup> Thu	6/13	10 a.m.	Cumulative Visting.
	2	864	433	9	2/23	3/26	5/15	2 <sup>nd</sup> Fri	6/14	10 a.m.	Cumulative Veting.
	15	502	252	7	3/1	4/2	5/22	3 <sup>rd</sup> Fri	6/21	10 a.m.	Cumulative Visting.
	17	126	64	3	3/12	4/11	5/24	4 <sup>th</sup> Tue	6/25	10 a.m.	No Cumulative Voting, Steggered Terms.

= If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.

\* = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.

\*\* = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

\*\* = The quorum for Bylaws is pursuant to Sections 211 and 152 of the Corporations Code, the proposed Amended and Restated Bylaws must be approved by quorum as stated above. If approved by the shareholders, the immediately.

## QUESTIONS from page 5

## Are write-in candidates permitted?

Foundation bylaws do not permit write-in candidates for GRF directors. There is a space on most mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called "nominated from the floor") and must be present to accept the nomination.

## My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to the address of the shareholder's choice.

For more information, call HOA Elections of California at 951-667-7191 or email info@hoaelections.com or go to https:// hoaelections.net/need-a-replacement-ballot to request a replace-

## The candidates on my ballot are running unopposed; why should I vote?

Every vote counts and everyone's participation in the election process is critical for the operation of this community. Additionally, the return of a properly cast ballot ensures that a Mutual will obtain necessary number of votes to produce the annual meeting and counting of ballots.

## I don't know the candidates running for my mutual's board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on important topics. Attend meetthe-candidates events, and ask friends and neighbors for their opinion. If shareholders decide not to cast their votes for any of the mutual candidates, they are still strongly encouraged to vote by checking the box labeled "abstain from voting—ballot counted for quorum only" portion of the ballot. This lets them participate in the election process by returning a properly cast ballot.

## I've heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must be present to make mutual annual meeting proceedings valid. In the case of elections, the participation in the voting process, i.e. a properly cast ballot, counts as shareholder's attendance.

A quorum of at least one-third (1/3) for some Mutuals and half plus one for some of the mutual corporation membership is required before the mutual ballots can be counted.

## I lost my ballot OR can't remember if I mailed my ballot. What do I do?

Call HOA Elections of California at 951-667-7191 or email info@hoaelections.com or go to https://hoaelections.net/need-areplacement-ballot to request a replacement ballot.

## Where do I mail the ballot?

Shareholders can mail the ballot to the Inspector of Elections, HOA Elections of California., Inc, 1001 Avenida Pico, Ste C496, San Clemente, CA 92673. Drop the ballot in a US mailbox as soon as possible. The ballot must be received before 5 p.m. on the business day **before** the annual meeting. Members can also utilize the on-site ballot box in front of the Administration Building at least one hour before their Mutual's annual meeting begins. People may also hand-deliver their ballot to Clubhouse 4 on the day of the annual meeting. See instructions on your ballot for further information, and don't forget to sign the outside return envelope.

## I still have questions about annual meetings and elections. Who can help me?

Contact Senior Portfolio Specialist Ripa Barua at ripab@lwsb. com for Mutual Election assistance, or Jenna Dever at jennad@ lwsb.com for GRF election assistance.

**CITY OF SEAL BEACH COMMUNITY SERVICES** 

## Seal Beach **Recreation Guide** Available Online

The City of Seal Beach offers a variety of recreational services and programs to Seal Beach seniors: from transportation services to ice skating, jazzercise, and meditation classes.

People can access the recreation guide online at https://shorturl.at/ *hmAB2* and at Seal Beach community centers.

For more information, contact Nathan Caukin at 562-431-2527, ext. 1307.

## RECAP from page 5

37-1406-1, Limitations on Use of Trust Property.

Governing Documents— Amend 13-5092-1, Code of **Ethics:** FAILED to amend 13-5092-1, Code of Ethics, changing language throughout. This policy will be taken back to the Administration Committee for further review.

Governing Documents— Tentative Vote: Amend 48-1937-1, Parking Rules: MOVED to amend 48-1937-1, Parking Rules as presented, pending a 28-day notification to the members and a final decision by the GRF Board of Directors on April 23, 2024.

Governing Documents— Tentative Vote: Amend 10-2000-2, Consolidated Fee **Schedule:** MOVED to amend 10-2000-2, adding fees for leasing garden plots, pending a 28-day notification to the members and a final decision by the GRF Board of Directors on April 23, 2024.

Governing Documents— Tentative Vote: Amend 37-1447-1, Community Gardens-Rules: MOVED to amend 37-1447-1 Community Gardens-Rules, renumbering it as 37-1447-1, pending a 28-day notification to the members and a final decision by the GRF Board of Directors on April 23,

Governing Documents— Tentative Vote: Amend 13-5093-1, Authorized Resident **Rules of Conduct-Rules:** After discussion, the Board concurred to return this policy for further review at the April Board executive meeting.

Governing Documents— Rescind 37-1429.02-1, Golf Course Rules: MOVED to rescind 70-1487-1, Recreational Vehicle Lot (RVL), Rules & Regulations.

Governing Documents— Rescind 37-1487-1, Recreational Vehicle Lot (RVL)— Rules and Regulations: MOVED to rescind 37-1487-1, Recreational Vehicle Lot (RVL)—Rules and Regulations.

## **BOARD**

## from page 1

open Monday-Friday from 9 a.m.-5 p.m., and Saturday from 9 a.m.-5 p.m. Expanded hours on Sunday are in the works. There are two registered pharmacists on duty with two more expected to be hired soon.

There is currently a two-week delay on getting transfers from CVS to Medcare, but pharmacists are working to minimize that. To transfer prescriptions to Medcare, call 714-557-2982. Be prepared to provide insurance information.

Prescriptions aside, the pharmacy will be expanding the hot bar and adding a lounge area so people can sit and eat lunch. The refrigeration area will be expanded and already has milk, eggs, seafood and fresh vegetables, including potatoes, cilantro, lettuce, all fresh daily.

Highlights of the meeting are as follows.

### **Gate RFID Purchase**

Upon the recommendation of the Facilities Committee, the board approved an additional RFID reader, a mobile workstation, printer and scanner for the Main Gate entrance to improve traffic flow. The cost will not exceed \$19,905 in capital funding.

This is the first step in what could be a bigger change. The committee is considering eliminating cross traffic at the Main Gate to increase efficiency and safety.

As it stands now, an RFID reader will be installed on the right entry lane and a portable, battery-powered scanner/printer/computer station will be added to the left entry lane.

Those improvements will allow both lanes of traffic to accommodate all traffic. That means drivers with RFID readers and all others may enter in either lane at the Main Gate once the work is completed.

The Facilities Committee is still considering a proposal to modify traffic flow at the Main Gate to reduce conflicts.

Urban Crossroads, a Newport Beach traffic, air and noise consultant, conducted the study, which concluded that southbound vehicles on Del Monte should only turn right onto westbound Golden Rain. Northbound vehicles on Del Monte opposite On-Site Sales should only turn left onto Golden Rain.

In this scenario, vehicles entering through the Main Gate to the right of the lane island may not turn left, and vehicles entering through the Main Gate to the left of the lane island may not turn right. The traffic flow and parking spaces in front of On-Site Sales would remain as is.

## **Phone System Cost Decrease**

Upon the recommendation of the Operations Committee, the board voted to approve a one-time cost of \$359.25 and a monthly baseline cost of \$948.80 from operational funding to reduce the monthly bill for the GRF telephone system.

Phones were hosted by FTS Broadband for several years at a cost of \$5,265 a month, or \$63,180 annually. The board

approved a new SIP provider, Edge Communication, which will provide similar service at a baseline cost of \$948.80 a month, or \$11,385.60 a year, which amounts to a savings of up to \$51,794 annually.

SIP, which means Session Initiation Protocol, allows people to digitally make and receive phone calls over the internet. The GRF IT Department recently installed a new company-wide phone system

RVs cannot be parked on Trust streets for more than 24 hours, pending a final vote.

to replace a malfunctioning, decade-old system. This is the last step in that project.

## Service Maintenance Utility Vehicle Replacement

Upon the recommendation of the Facilities Committee, the board approved the purchase of 10 electric Big-Foot utility vehicles with utility boxes and ladder racks from Pape Material Handling at a total cost not to exceed \$345,500, reserve funding.

GRF owns 36 Cushman utility vehicles between 24 and 42 years old. As the vehicles have aged, repair parts have become more expensive and harder to find. Some parts are now obsolete, which requires the fleet department to find ways to refurbish them or find vendors who can.

Per a management agreement between GRF and Mutuals, Service Maintenance workers use the carts for all calls—plumbing, electrical, carpentry, appliance delivery, roofing repairs and service calls directly to shareholders, said GRF Director Carole Damoci from Mutual 12. She calculated that there are 20,414 calls a year answered by workers in carts.

"The 10 vehicles we are being asked for today are one-third of the fleet," she said, adding that Transportation Manager Grant Winford does not have enough duct tape to hold them together and reducing the fleet by that much could seriously impact the time it takes to answer service calls.

GRF Director Janet Isom from Mutual 16 noted that "the oldest cart in the system was bought when I was a senior in high school. The parts aren't being made any more," she said, adding "this is a need we reserved for; it's in the reserve study. The money is sitting there. Everyone wants us not to spend money, but it's our fiduciary duty as directors to make sure the place is kept up."

GRF Director Maureen Habel agreed that the purchase was "a need, not a want."

Senior Director of Facilities Mark Weaver echoed board sentiments, calling the need urgent. "It will help speed up the time to complete work orders," he said, adding that it will take six to seven months to get the new carts and by then, the electric

infrastructure will be in place to charge them.

The GRF reserve study proposes replacing 10 carts a year over three or more years beginning in 2024.

### **Network Switch Replacement**

Upon the recommendation of the Operations Committee, the board approved the replacement of the network switches at a cost not to exceed \$8,113, reserve funding, to Humming-bird Networks.

During the recent replacement of the GRF phone system, the IT Department uncovered 10 out-of-sight network switches installed inside drop ceilings and walls.

These switches, which are outdated and household-grade, cannot support connecting multiple networks and are made for much smaller networks than those used by the GRF.

The board voted to replace them with managed switches to support multiple network connections and power devices. They will also increase security, as the ports can be monitored and controlled.

## Game Room Open to Guests of Any Age

Upon the recommendation of the Operations Committee, the board amended the policy called Limitations on Use of Trust Property to allow guests of all ages in the game room in Clubhouse 2. Guests must be 18 years of age at all other amenities that allow non-resident use.

## Parking Rules for Recreational Vehicles

Upon the recommendation of the Operations Committee, the board voted to amend parking rules for recreational vehicles, pending a 28-day notification to members with a final decision of the GRF Board on April 23.

The biggest change is to clarify that RVs cannot park on Trust streets—except for loading and unloading—for more than 24 hours with an approved Security pass.

Moving the RV every 24 hours within Leisure World will no longer be allowed.

After 24 hours, RVs must be parked in the GRF RV lot if space permits, or it must be removed from the community.

## Community Garden Fees

Upon the recommendation of the Administration Committee, the board established fees for a variety of services, including lots within the community garden, pending a 28-day notification to members with a final decision of the GRF Board on April 23.

The distribution of gardens will commence once policies governing the gardens are finalized.

The committee recommended leasing individual gardens for \$150 a year with a one-time \$15 application fee.

The lease would run from May 1-April 30.

The fees are to recover gardens' operating expenses, including maintenance, utilities and water, and repair and replacement expenses.

LOS ALAMITOS MEDICAL CENTER

## UCI Irvine Health purchases LAMC and 3 other hospitals

UC Irvine Health, the clinical enterprise of the University of California, Irvine, has acquired four nearby hospitals, including the nearby Los Alamitos Medical Center.

Previously owned by Tenet Healthcare Corporation, UCI Health has added Fountain Valley Regional Hospital, Lakewood Regional Medical Center and Placentia-Linda Hospital as well as the Los Alamitos hospital.

"This is a historic day for UC Irvine, California and beyond. We celebrate the transformation of UCI Health as a leader in the integration of academic and community-based health systems while promoting solutions to challenges facing healthcare," said UC Irvine Chancellor Howard Gillman in a press release issued last week.

"This visionary leap forward will bridge gaps in regional care and advance the University of California's mission to serve our communities through academic excellence, cutting-edge research and dedicated public service," he added.

Chad T. Lefteris, UCI Health's president and chief executive officer, said the additions gave UCI Health an opportunity to build on the care that the community is used to. All patients of the hospitals will continue to receive care as normal, Lefteris said.

As Orange County's only academic health system, UCI Health plays a unique and critical role providing healthcare in the region. This acquisition builds on that commitment to improve health in communities by expanding unrestricted healthcare access for more people in Southern California.

The acquisition adds 858 inpatient beds to the already existing 459 beds at UCI Medical Center and strengthens the hospital's ability to meet increasing demand.

"Our goal is to become the nation's friendliest and most accessible academic health system," Lefteris said.

More patients will now have access to the advanced therapies offered at UCI Health ranging from cancer to neurosciences, digestive diseases, orthopedics and internal medicine specialties.

"Now, we can begin strengthening the collaboration with local physicians and patients to expand healthcare services and provide unrestricted access for more people. Together, we will be an innovative, powerful team that will transform to meet the health needs of our communities," Lefteris said.

—from a UCI Health press release

## **AMERICAN LEGION POST 716**

## Senior Prom is May 4 at 3 p.m.

The City of Los Alamitos Recreation and Community Services Department will host a Senior Prom event featuring a carnivaltheme with a live music, dinner, prize drawings and more.

All LW residents are invited. The program is Saturday, May 4, from 3 p.m.-6 p.m. at the American Legion Post 716, 3252 Florista St., Los Alamitos, directly across from the Community Center.

Tickets are \$8 pre-sale, \$10 for people 50 and younger. To purchase tickets, call the Recreation & Community Services Department at (562) 430-1073.

## **BEN'S SEAL BEACH AUTO REPAIR**

## Leisure World Special \$10 off Smog Inspection



Plus . . .

- √ Free tire rotation with purchase of oil change
- $\sqrt{}$  Free vehicle inspection
- $\sqrt{}$  Free brake inspection
- $\sqrt{\text{Free fluid check}}$
- $\sqrt{\text{Free tire check}}$

(562) 799-0000

4000 Lampson Ave., Seal Beach



(Across from Seal Beach Tennis and Pickleball Center)

## Puzzles & Comics

Answers on page 26

**Gasoline Alley** 

By Jim Scancarelli



## Broom-Hilda

## By Russell Myers



## Middletons

## By Ralph Dunagin & Dana Summers



## Los Angeles Times Crossword Puzzle

### Edited by Patti Varol

## "GETTING IN THE WAY" BY JULIAN **KWAN**

### ACROSS

- Aural danger for Odysseus
- 10 Slow Churned
- ice cream brand High-and-mighty
- 18 Edge or Firefox alternative
- 19 Camembert kin 20 Penn State's
- Nittany \_\_ 22 Fabled second-
- place finisher
- 23 Ode to a muchloved Galaxy?
- 26 Actress Kurylenko
- 27 Slush Puppie maker
- 28 Camera type,
- for short 29 Bygone news
- source
- 33 Political cartoonist
- Thomas 36 Had tea, to a Brit
- 38 "Cat \_\_\_ your tongue?"
- 39 Solo homer result
- 40 Magical ottoman?
- 47 Unsure sounds 48 Restrain.
- as one's enthusiasm
- preposition
- 50 Experienced
- veteran 51 Traditional fare of Japanese New Year 53 Rockefeller
- Center's 'American Progress" muralist
- 55 Breeze (by) 57 Division symbols
- 58 Constantly thinking about escaping?
- 62 HIIT unit 63 "The Idol" star
- Lily-Rose
- 64 Scrooge outburst 65 Word after door
- or lock 66 Computer
- clickers 67 Treasure
- 69 Give guidance
- 71 Slanted 73 Co. founders,
- often 74 Level in a

115

- loyalty program 77 Easter preceder?
- 78 Upper arm muscles, briefly 79 Football stat

- 122 Rose bowl? 80 Intention of one without morals? 123 SEC athlete in 86 "The Cloister
- and the Hearth" author 88 Learned
- 89 Handle with
- "Ciao!"
- date
- stadium 97 Kid's cry
- 101 Raiding org.
- 102 Screening org. 103 Equals
- 104 Robe securer 105 Unit of
- 1.15 mph 106 Latte server
- 111 Gingerbread 113 Thought
- sports bet 116 Converse with
- guest?

- Avenue next to Reading Railroad 127 Uses a touchscreen 95 Tennis great with 129 Barracks VIP
  - a namesake
- 98 Must-haves for a fashion doll?
- speed that's approximately
- 31 Pessimist's word 115 One side of a
  - one more party

- **DOWN**
- 1 "Mamma Mia!" duet for Pierce Brosnan and
- 2 Stock market debut letters
- 3 Talk about the good old days
- 5 Necklace clasp
- network 7 Caterina
- dispenser

Utah 11 Tried a nutrition orange and blue program 12 Spinning toy on

10 State animal of

a string 13 Frosty's makeup

beef piece

15 Bamako's

country

Climber's

21 Apolio or Ra

24 Temporary tattoo medium

anniversary

material

backpack filler

16 Push (to)

25 Raging

- 124 Garish 125 How to play without knowing
- the score?
- "Above all
- 128 Squeezed (by)

  - Meryl Streep

  - Lego tower
- 8 Cinco de Mayo
- celebration 9 Chop down

- Cookie leftover 4 Assemble, as a 32 Loathe 34 Seeks attention, maybe
- spot 6 "The Last of Us" 35 Linen closet item 37 Straight to the
- - "Could be better" 42 Inflict (upon) 43 Skateboard stunt
- options
- point 40 Urban transport

- Slow-cooked 56 Mesopotamian
  - civilization 59 Go for 60 Stand out
    - 61 Moving image? 66 Baryshnikov nickname 67 Latin for "the

Behind"

44 Chef Lagasse

- rest" 68 Balloon filler
- Push and pull, 30 Second wedding in physics 72 Mr. and Mrs.
  - 73 Ingredient in some vegan brownies
  - 75 Hawkeye 76 Novelist Zola 78 Ph.D.
  - requirement 80 Fitness
  - instructor Austin Jon of "Napoleon Dynamite"

82 Persona non

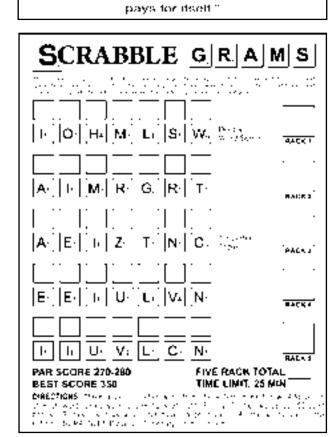
- 83 Head of servers? 84 "Crackerjack!"
- 45 Highlight, as text 46 Absolute rubbish 52 Underworld king 85 Obtain illegally Julia of "Leave the World
  - 87 Ideal way to graduate 92 Asian snack
  - steeped in
  - spices 94 "I'm here to
  - help" 96 Pronoun duo 99 Sonic waiter
  - 100 Could be better 105 Tanzania neighbor
  - 106 Sheltered inlet 107 Shape of a powerful office
  - 108 Admit, with "up" 109 Full house, in poker slang
  - 110 Flour for some flatbread 112 Toll unit
  - 114 "That one's mine! 117 Triage ctrs.
  - 118 Québec street 119 Contribute (to)
  - 120 Streaming annoyance 121 Before, once
- 31 32 121 122

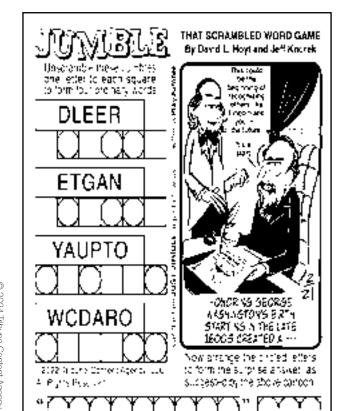
## Sudoku 1

8				4	5			9
			7			1		
					1			4
6		8						7
		1	4		7		8	
7		2		9		6		
9					4		3	
	6		9		2			
		5		3				

## 9 To 5 By Harley Schwadron







## Guess Who?

I am a comic actor born on May 10, 1978 in Ohio. I started acting at age 15 while attending a visual and performing arts school. I'm best known for zany roles on Nickelodeon and later for my comic work on "Saturday Night Live."

## Sudoku #2

				1		6		
			6		2		9	
3				9		7		
	3			5		1	8	
2	5						4	9
	9	8		3			2	
		2		7				1
	1		4		5			
		7		8				

## Puzzles & Comics Answers on page 26

○\*\* ☆® \* ~ O % ◇ \* \* \* × \* + \*\*\* \* \* A C \* \* \* \* \* \* た ≏ な & A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

CRYPIO FUN

Determine the code to reveal the answer!

(Hint: 17 = T)

Solve the code to discover words related to salad.
Each number corresponds to a letter.

A. 10 12 17 17 18 13 12

Clue: Salad leaves

B. 17 4 25 8 17 4 12 24

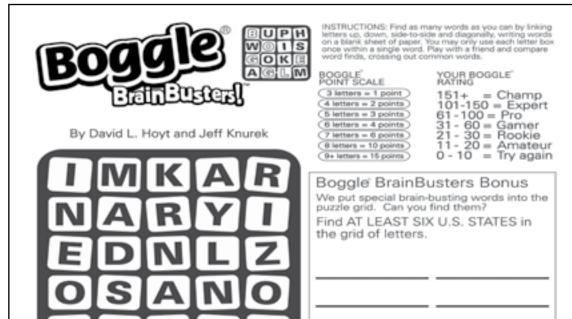
Clue: Full of lycopene

C. 13 20 16 24 5

Clue: Firm and crunchy

D. 10 18 23 13 15

Clue: Afternoon meal



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## TASTY SALAD WORD SEARCH

C T Υ C Ι Ε М D N N Ι Ε Т Y Α S E G D L Α Ε D М Т Т Ι 0 R Ι C Ι N Α N R R 0 0 М В Ε 0 C C E U Ε C Ι D М G R М S R Ε U G V V E S D P 0 S N Α Ι S E S D C Ι U F S N Ι 0 Ι Н S E S E E H C Н В R Α S C Ι C S C T Ι N V L T U Y N Ν Ν R L V G G 0 0 G N D R Α E 0 P Y Y Y 0 E T Α Y C E F N D G Ε N C Ι Ι Α C М G В 0 Ν Н Ν V S Н U S Ε C Н F G C G U Α N Α D N N D S Y В S C C R E Y V Ι R R T 0 M S В Α Α Ι Ε 0 Α U 0 0 C U 0 Y B В R S М V N L М S T F 0 A М C Н G F E Н В L Α Н В М R R S Ε S U F A 0 Ε S M U V R M Т N Н A 0 L U Ι Ε T R P P T D T U В C T T R E N R М E S S S T F Ι Ι E V Ν V L L N М N G D М R A C Ε Н L Ι Ε F D В Y D A A U Ε Ι E L Ι C R E E В G R D N D U N C Н Y M D C P Y P Н C D Ι S Н U V N G Α R L Ε Н Α N

Find the words hidden vertically, horizontally, diagonally, and backwards.

## **WORDS**

BAR

**BEETS** BUTTER CAESAR **CELERY CHEESE** CROUTONS **CRUNCHY** DIET **DRESSING GARNISH GREENS ICEBERG OLIVES** ONIONS **RADISHES REFRESHING** ROMAINE SALAD **SPINACH TOMATOES TOPPING TOSSED** 

## RELIGION

## **Faith Christian Assembly**

Faith Christian Assembly will hold an informative health class on Wednesday, April 10, at 11 a.m. The church holds classes in areas that will serve to enhance everyday lives, and be better stewards of those things that were given by God. Church member Susan Kelleghan, R.N., will share insights on health that she has gleaned from her many years of working in healthcare. The subject of this class is bone health. Take advantage of this opportunity to learn more about living a healthy lifestyle. All are welcome to join the class.

Pastor Curt Cornelius will speak at the 10:30 a.m. service on Sunday, April 7.

Faith Christian Assembly holds a weekly Bible study on Wednesdays at 11 a.m. GriefShare is currently in session and meets every Thursday at 3 p.m. in the Garden Room.

To receive a free newsletter or more information on the church, including the GriefShare program, call 562-598-9010 or email contact@fcachurch.net. People can also visit www.FCAchurch.net.

## **SB Union Evangelical Church**

Seal Beach Union Evangelical Church is a church dedicated to helping those in Leisure World live a peaceful life. Pastor Myung Hoon Joo serves the congregation through the Bible-centered preaching and leadership at each service.

Sunday worship is a balanced ministry of powerful words, praise, and prayer. The church meets on Sundays in Clubhouse 3, Room 2, at 1 p.m.

The church also holds a power prayer meeting on Tuesdays in Clubhouse 3, Room 4, at 6 p.m.

The Korean Senior Health Club meets on Thursdays in Clubhouse 3, Room 4, at 1 p.m.

All Koreans are welcome to attend any class or service.

For more information, call 714-520-1877 or email drchoo2014@gmail.com.

## **LW Korean Community Church**

Leisure World Korean Community Church (LWKCC), led by Senior Pastor Dr. Jang Young Yong, held a Palm Sunday service on March 24.

The service began with the hymn "On that Cruel Cross." Pastor Yong then gave a sermon titled "Jesus Went Ahead to the Cross to Save Us."

Pastor Yong encouraged the congregation, saying "Let us think deeply about Jesus, who silently walked the path of our salvation toward the cross.

"Let us remember God's will to save us from our sins."

A baptism service was held after the sermon where five new believers were baptized.

Pastor Yong blessed them, baptized them, and encouraged them to live while looking to Jesus who went before them. All the members welcomed their baptism and celebrated their journey of faith. Deacon Shin Hyeon-guk sang "You Raise Me Up."

LWKCC, page 11

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## **First Christian Church**

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse.

It is a friendly church that welcomes all visitors to join in worship and explore God's word together, "That we may be mutually encouraged by each other's faith, both yours and mine" Romans 1:1.

### Pastor's Message

Pastor Gary Whitlatch will teach from 1 Timothy 4; discussing three important topics contained in the first verse.

It begins with the Apostle Paul revealing to Timothy, "the spirit expressly says." Whitlatch will then refer to the Gospel of John where Jesus did much teaching on the Holy Spirit, lending to the biblical understanding that the Holy Spirit is still speaking today.

The verse goes on to say "In

latter times some will depart from the faith." This is a sobering subject for all members of the church then and now. Pastor Whitlatch will discuss what the church and its members are to pursue during these times.

The verse concludes with the "doctrines of demons." The church will read from Scripture to study what doctrine of demons threatens humanity most today.

## Weekend Services

Sunday services, held from 9:30-10:45 a.m., are traditional with hymnal music led by Janet Ray with Sherry Parmenter at the piano. This week Sandy Carlson will bring the special music.

Saturday services includes contemporary worship songs led by Gregory Black with guitar and vocal accompaniment from 9:30-10:45 a.m.

## **Midweek Studies**

Melli Herrera leads the women's Bible study on Mondays from 10:30-11:30 a.m.

Pastor Whitlach leads the Tuesday Bible study from 9:30-10:30 a.m.

Pastor Bruce Humes leads the Thursday morning Bible study from 10:30-11:30.

Pastor Humes also leads prayer and Bible study every Friday from 4-5 p.m.

## Scripture of the Week

"Behold, the Lord's hand is not so short that it cannot save; nor is His ear so dull that it cannot hear," Isaiah 58:1

### Contact

First Christian Church is located on Northwood Road behind Carport 125. Those who want more information or have a need, may call the church at 562-431-8810.

## **Assembly of God**

The Bible speaks a lot about blood and its role in the life of those under the Mosaic covenant, as well as those under the new covenant. The most important thing to understand is the blood Jesus shed at Calvary ensured eternal life for the believer, healing and power for daily living.

Pastor Chuck Franco will preach a message titled "Power in the Blood," from 1 Peter 1:18-19 on Sunday, April 7, at 10:30 a.m. in Clubhouse 3, Room 2.

The Bible study will discuss session 11 on Wednesday, April 10 at 10 a.m.The

passage for this week is Mark 15:40-16:7. Jesus lifeless body is sealed into a tomb. The women watch as a huge stone is rolled in front of the doorway. Yet, when they return after the Sabbath, they find an empty tomb and are greeted by an angel, who tells them, "Jesus is not here among the dead, He is alive."

This is the last session of this series, which has compelled believers to examine what true discipleship means. The powerful teaching video is followed by interactive class discussion, moderated by Pastor Chuck.

Leisure World Assembly

of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. Hymn Sing is held the fourth Sunday of the month, at 6 p.m. in the Clubhouse 3 Lobby.

More information can be found at www.lwassemblyof-god.com, and on Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons.

Contact the church office at 562-357-4360, or *pastor-chuck@lwassemblyofgod.com* for more information or to request a contact.

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## **Buddha Circle**

Due to the Great Discovery Tour in Leisure World on April 6, Buddha Circle will meet on Saturday, April 13, with Ven. Kusala, in Clubhouse 3, Room 3, from 9:30-11 a.m. Kusala is well known in the Buddhist community. He presents Buddhism in simple ways. His teachings focus on how to help people suffer less and become happier. For more information, call 714-468-6887.

Want to submit a story?

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



Paul Kryczko

Inside of Community Church's sanctuary

## **Community Church**

Each Sunday of Easter has a symbol of new life. This is the second Sunday of Easter and Community Church will celebrate with "water." For the church's Jewish siblings, the mikvah (gathering of waters) personifies both the womb and the grave and consequently, rebirth. It is regarded as a pure, unadulterated avenue of connection with God; and for that reason, it is a place where hope is reawakened and strengthened.

The waters of baptism are drawn from the tradition of the Mikvah and the church will celebrate this Sunday, April 7, with a remembrance of baptism using water from the Jordan River. Those who have not yet been baptized are invited to come and touch the waters and begin the inquiry process.

The church is located at 14000 Church Place. Sunday Worship is at 9:50 a.m., followed by a time fellowship and light refreshment. Come early for a cup of coffee in the narthex. Services are also available on Facebook or Zoom; contact the church office for a Zoom link.

## **LW Baptist Church**

The Bible tells God's people his great promises for them. Jesus refers to one of the picture-prophecies of himself "As Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up that whoever believes in him may have eternal life," John 3:14-15. Jesus compares his saving work to God's remedy for sinning Israel during their wilderness wanderings. Dying of poison snake bites, they cried out to Moses, "We have sinned; pray for us." God had Moses raise on a post a bronze serpent, the emblem of death for sin. Whoever would believe God's promise and look to the emblem of their sin and punishment on the post would live.

LW Baptist Church will look these passages and how life is offered to those who look to Jesus this Sunday, April 7, at 10 a.m. in Clubhouse 4. Call 562-430-8598 for more information.

## LWKCC

## from page 10

Every Sunday service is held at 14000 Church Place in the sanctuary at 11:50 a.m., and the early morning prayer service is held every day from Tuesday-Saturday at 6 a.m. led by the senior pastor. After the Saturday prayer meeting, church members have breakfast together in the fellowship room.

For more information, call 714-323-0897 or email yong jang 10@ gmail.com

## **Redeemer Lutheran and St. Theodore**

On Sunday, April 7, the congregations of Redeemer Lutheran Church and St. Theodore of Canterbury Episcopal Church will celebrate the second Sunday of Easter with Bishop Murray Finck presiding. The 10:30 a.m. worship service gathers at 13564 St. Andrews Drive. All are welcome. A time of fellowship will be held in the Fellowship Hall after service with coffee, tea, cookies and snacks available.

The congregations continue to collect donations of canned and boxed foods for the hungry.

The Bible study returns under the direction of Bishop Finck. The study is on Wednesdays, at noon in the Conference Room, with the possibility of moving to the Fellowship Hall or sanctuary if interest is high. There will be a notice on the doors to direct members where the study is held each week. All are welcome to join.

On Sunday, April 7, the congregations will study the story of Jesus' appearance to his disciples. One disciple, Thomas, was missing when Jesus appeared.

Thomas doubted. He wanted proof of Jesus' return. He wanted something he could see and touch. How often do believers also doubt?

That's the issue with faith. There is no absolute proof. Believers cannot put their fingers in Jesus' holes in his hands from the nails or their fist into his side. Believers have to either accept or not accept that it is true. It is up to each of person to decide what our final declaration will be: "My Lord and my God." or "I will not believe."

## **Church of Jesus Christ of Latter-day Saints**

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m., followed in the second hour by Sunday School on the first and third Sundays, and Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The General Conference will be held April 6-7. Sessions will be at 9 a.m. and 1 p.m. on Saturday and Sunday and 5 p.m. on Saturday. There will be no meetings at the ward building on that Sunday.

The course of study this year is the Book of Mormon. Personal study for the week of April 8-14 should be centered on Jacob 5-7.

The "Come Follow Me" manual says "There are many, many people who haven't yet heard the gospel of Jesus Christ. If you ever feel over-

whelmed by the immensity of the task of gathering them into the Lord's church, what Jacob said about olive trees in Jacob 5 has a reassuring reminder: 'The vineyard belongs to the Lord.'

"He has given each of us a small area to assist in His work—our family, our circle of friends, our sphere of influence. And sometimes the first person we help gather is ourselves. But we are never alone in this work, for the Lord of the vineyard labors alongside His servants (see Jacob 5:72)."

## **Congregation Sholom**

Congregation Sholom will hold services with Rabbi Karen Isenberg on Friday, April 5, at 6:30 p.m. via Zoom. Services with Rabbi Mike Mymon on Saturday, March 16, in Clubhouse 3, Room 9, and on Zoom at 10 a.m. Saturday's Torah reading will be Shemini from the book of Leviticus. Shemini (Eighth) opens with the consecration of the Mishkan (Tabernacle). Two of Aaron's sons are consumed by a fire sent from God when they attempt to offer a "strange fire." God describes

the animals, birds and fish that are permissible and prohibited for consumption, as well as some laws of ritual purity. To receive a Zoom invitation contact Jeff Sacks at 714-642-0122.

Congregation Sholom will hold its annual Passover Seder and meal on April 22 at 5:30 p.m. in Clubhouse 1.

The Seder will be conducted by Rabbi Mike Mymon, with catering by Blueberry Hill. People will have a dinner choice of mango chutney brisket, roast chicken, or a

vegetarian plate. The dinner will also include matzo ball soup, gefilte fish, salad, potatoes, lemonade, dessert and Passover wine. Tickets are \$45 per person for members and \$55 for non-members. People must RSVP by April 8. Mail checks in advance to Congregation Sholom P.O. Box 2901 Seal Beach, 90740, or call Murray Pollack at 562-331-3949.

Congregation Sholom has been serving LW since 1962. It offers a traditional Jewish service in person and online.



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## SPORTS & GAMES



Debbie Casper (I-r), Jen Spindler, Connie Adkins, Victoria Rogers and Shery Wells show off their left-handed pool skills.

## LW Pool Club holds once-yearly bank contest

n the monthly pool tournament held March 23, the club held a once-a-year bank contest. This was held in honor of Mike Mooney, former Pool Club president, who enjoyed making those difficult bank shots.

A player couldn't just slop in any old bank shot. For it to count, the player had to call the pocket. After seven rounds of eight ball, Dave Silva had the most bank shots made with four called banks.

There were 12 two person teams and the players alternated shots. In the seventh and final round Steve Edrich and Brian Tivnan beat Dave Silva and Denise Scott for their sixth win to take first place. Gary Snow and Paul Ivanoff took second place, winning five games. There was a three-way tie for third place money between three teams. Brian Burke and Frank Sablan took third place by making three consecutive bank shots. Burke bank shot on the eight ball.

Going into the last week of the regular season in the Monday night league, the Renegades beat the Side Shooters 8-5 to hold a five game lead over the Rail Runners. All three of the Renegades—Ren Villenueva, Ken Harpham and Brian Tivnan-won four of their seven games.

The Rail Runners stayed in contention and gained one game of the Renegades by winning 9-4 over the Snipers. Roy Mittlestead won six games for the Rail Runners and Frank Sablan won five games.

The Cue Crew edged the Rustlers 7-6. WildFire! Christensen of the Cue Crew had a good night by winning five games, including both of her singles matches.

Going into the final week of regular play at the Wednesday league, the standings are ex-

ended the day by making a long tremely close. The Sharks are still on top, but SCAM is only one game behind. Also, No Miscueses is three games back and The Favorites are in fourth place, just four games behind the Sharks.

No Miscueses beat SCAM 8-5. Tom Zimmerman won five games for No Miscueses and they won the final eight ball game to put them in contention for the playoffs two weeks from now.

The Favorites beat the Anglers 9-4. Linda Patton and Dave Silva both won five games, including both of their singles matches. The odd thing about this match was that The Favorites won the first nine games, but lost the last four.

The Rack Runners won the final eight ball game to edge the Sharks 7-6. Barry Brideau and John Barth each won four games for the Rack Runners.

—Dave Silva



## Restaurant gift certificate raffle set for April 6

Shuffleboard Club members will be awaiting visitors at the April 6 Great Leisure World Discovery Tour from 11 a.m.-2 p.m. In addition to new raffle prizes being drawn every half hour, there will be a separate \$25 gift certificate to the new neighborhood restaurant, The Sunnyside Cate, for those interested in learning more about the game of shuffleboard.

The club offers open play Monday and Wednesday mornings from 9-11 a.m. Newcomers can begin to practice and improve their game right away. The only requirement is to wear closed toe shoes. The club supplies everything else, including the newly resurfaced enclosed courts, equipment, and patient, friendly veteran players for tips and coaching.



Shuffleboard Club members Susan McKaig (I-r), Susan Hopewell, Roger Bennett and Mark Scott take bets on how many guests will show up on the April 6 tour.

Sally and Team Carol tied 5-5. Team Carol's solo all-game winner was Harshad Patel. Team Sally's solo all-game winner was Donna Perkins. Team Milly overtook Team Shel 7-5. Team Milly all-game winners were Sal LaScala and Kay Mount. Team Shel had no all-game winners.

March 26 results: Team March 22 results: Team Elizabeth took on Team Rod

but Team Rod prevailed 7-5. Patty Peterson was the all-game winner for Team Rod and Karen Mendon was the all-game winner for Team Elizabeth. Team Chandra and Team Jack tied it up 6-6. Team Chandra had no all-game winners but Minda Burkschab was the all-game winner for Team Jack.

—Barbara Gardner

## **DID YOU KNOW?**

In the parking lot adjacent to Clubhouse 2, there's an air pump for pumping up those bike tires for spring beach rides, as well as a vacuum for getting rid of the potato chip crumbs that have been collecting in the front seat of the car and golf cart.



Ruffy Ramos (I-r), Dave Silva, Steve Edrich and Rusty Aquino celebrate their straight pool accomplishments.

LW POOL CLUB

## Silva wins straight pool playoffs

In mid-March, the LW Pool Club held its inaugural straight pool playoffs. Straight pool is a game similar to eight ball except that all balls are available to make for both players and each count as single point. The player who gets to 30 points first wins the match. There is a time limit of 45 minutes for the match. If neither player scores 30, the high score wins. These weekly season matches were played in Clubhouse 1 on Tuesday mornings.

After the regular season wrapped up, the playoff spots were set. And in the end it was one of the favorites, Dave Silva, who came out on top and was crowned Straight Pool Champion. The club veteran, Silva finished in a three-way regular season tie for first place with Ruffy Ramos and Rusty Aquino, all undefeated at 10-0. Rounding out the top six were John Barth (8-2) and Steve Edrich/John Burns (7-3). In the playoff semifinals, Silva defeated Ramos, and Aquino won a close one over Edrich. In the championship match a red hot Silva cruised by Aquino to win the title.

Gary Monohan recorded a league-best 14 shots in a row. Monohan commenting after the match said "I was in a groove." Clearly he did not want to give away any secrets to his success.

Club President Edrich stated that straight pool and snooker will alternate as the Tuesday morning league and matches will continue to be played in Clubhouse 1. League play, monthly tournament series, and special events will remain in Clubhouse 2.

For more information call Steve Edrich at 714-980-3665.

—John Barth

## Scrabble Club

The Leisure World Scrabble Club meets each Wednesday afternoon from 1-4 in Clubhouse 3, Room 5. New members are welcome.

The club met on Feb. 24 and all four Wednesdays in

There were 42 scores above 300, including four that were higher than 400. There were 25 bingos (i.e. the use of all seven tiles in one move).

Bob Ruderman accounted for all of the scores above 400 and 14 of the bingos. He had five other scores higher than 300. His best score was a 439.

Diane Seeger had seven scores above 300, one bingo, and a best total of 374. Club President Larry Edgar topped 300 six times. His high game was a 360.

Sylvia Makus and Maria Giegerich each posted four scores above 300. Their best totals were 375 and 356, respectively. Giegerich had one bingo.

Jim Schneiderman and Wanda Bemben each exceeded 300 three times. Schneiderman, who had three bingos, had a best score of 343. Bemben's best score was 313.

Myrna Loscuadro had two scores above 300, the higher of which was a 356. She had two bingos. Marilyn Moody had a high score of 319.

—Larry Edgar

**PICKLEBALL CLUB** 

## Dawn Hickey is new club secretary

The LW Pickleball Club recently added a new member to its team of officers. Dawn Hickey has stepped up to fill the position of Secretary for the club. Hickey joins Ivan Painschab, president; Stephanie Reagan, vice president; and Sue Burkschab, treasurer.

For more information, contact lwsbpickleballclub@gmail.



-Lori Probert Dawn Hickey

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Pictured are Liz Meripol (I) and Dave LaCascia. LaCascia stops by to encourage all to have a good time.

## LW Women's Golf Club

All Leisure World women are invited to join the Women's Golf Club. Annual dues are \$25. Weekly nine hole tournaments are Tuesday mornings at 7:30.

Thirty-seven women played the Leisure World course on March 26. Play for the day was low gross, low net and chip ins.

A flight winners: Linda Herman, 27, low gross; Hae Lee, 23, low gross.

B flight winners: Grace Choi, 30, low gross; Clara Suh, 25, low net; Nina DeRosa, No. 3, chip in.

C flight winners: Sue Yokomi, 29, low gross; Keiko Sekino, 23, low net; Son Lee, No. 4 and Kay Hong, No. 3, chip ins.

D flight winners: Sue Sloan and Elizabeth Butterfield, 36, low gross; Emiko Ochiyama, 24, low net.

—Linda Herman

## **LW BOCCE CLUB**

## Gift certificate raffle set for April 6

Be sure to stop by the bocce court behind Clubhouse 2 on Saturday, April 6, during The Great LW Discovery Tour between 11 a.m.-2 p.m. for the raffle of a \$50 gift certificate from a local restaurant.

The club celebrated the renovation of the new bocce court on March 24 with lunch, laughter and practice games when about 70-80 members showed up with wonderful dishes to share. Everyone loved the new surface and there were many new people who were interested in joining the club. Many of the new sign-ups will be playing during the spring season and waiting lists have started for the rest. The club thanks everyone who participated and brought goodies to the party.

The new spring season will begin the week of April 9-14. By this time, everyone should have received their new schedules. Those who have not received their email by now should contact the coordinator to get the necessary information. Players can also call Rhonda at 714-904-6458 with any questions or problems. New schedules will be posted on the bulletin board next to Clubhouse 2 as well as an updated substitute list.

—Rhonda Cox

## **Cribbage Club**

Cribbage is a card game, the objective of which is to be the first player to get 121 points. The Cribbage Club meets every Tuesday in Clubhouse 1 at noon. Refreshments are served from noon to 12:15 each week and anyone arriving by 12:15 is assured a place to play. Yearly dues are \$5 and \$1 is collected each week to play. Seven games are played beginning at 12:30.

Irvene Bernstein provided cake and ice cream. Carrie Kistner and Candy Meyers both served the refreshments. The club appreciates and thanks all of these ladies.

The week's winners include: Dave LaCascia, 839, first place: Margaret Smith and Don Kramer, 837, second; Cleo Looney, 835, third; Dale Quinn, 831, fourth. Suzanne Frank and Donna Gorman both finished with six 121s.

For more information call Marilyn Chelsvig at 562-279-5665. —Mary Holder

## **Duplicate Bridge Club**

The Leisure World Duplicate Bridge Club meets on Mondays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can also call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

March 18 winners (seven tables). Thad Mikols and Shmuel Fisher (57.39%), and Melanie Smith and Lavonne McQuilkin (56.1%), north/south; Judith Jones and Al Appel (66.1%), and Fay Beckerman and Fred Reker (56.6%), east/west.

March 22 winners (six tables): Howard Smith and Fred Reker (56.1%), and Russ Gray and Jackie Finney (52%), north/south; John Berg and Joan Berg (62.2%), and Linda Nye and Marilyn McClintock (59.6%), east/west.

For more information contact Howard Smith at 562-598-6121 or howardnrobin@gmail.com.

—Sue Fardette

## LW Men's Golf Club players post two holes-in-one

₹ifty-six golfers played ◀ March 27 at the second Leisure World Men's Golf Club Tournament of the month at the Turtle Lake Golf Course.

A very rare hole-in-one event was registered twice. Bill McKusky carded his on the 65-yard 11th hole, and Richard Yokomi recorded his on the 84-yard 17th hole. The club congratulates them both.

The low gross competition was won by Bill Lyons, followed by Mike Mayfield and Bob Barnum. Best net score was 46 by Paul Shellenberger, followed by Yokomi at 48, and seven others at 49. Closest to the pin on the seventh hole was club treasurer Byron Schweitzer at 3 feet 10 inches, and Yokomi was closest on the 16th at 0 feet 0 inches by virtue of his hole-in-one.

A flight winners (handicaps **of 0-8):** Mayfield, 6 under 48, first place; Alan Sewell, Bob Johnston and Ralph Koizumi, 5 under 49, second; Lyons and Fujio Norihiro, 4 under 50, third; Thomas Kim and Gene Archambault, 3 under 51, fourth; Pat Paternoster, Ron Steele and Rolando Ramirez, 2 under 52, fifth; Dave LaCascia, 1 under 53, sixth; Bob Turner, even par 54, seventh.



Bill McKusky

**NOTE TO ALL GOLFERS:** Men's Golf Club dues for 2024 are due. See Dave LaCascia at club tournaments or the next general meeting on May 1, in Clubhouse 3, Room 1. Dues need to be paid by the May 1 meeting, or golfers will not be

eligible to enter the rewards

part of the tournaments.

B flight winners (handicaps of 9-12): Yokomi, 6 under 48, first place; McKusky, 5 under 49, second; Hyon Shin, 4 under 50, third; James Farr and Dale Williamson, 3 under 51, fourth; John Haley, Mark Tal and Terry Thrift, 2 par 52, fifth; Won Song and Dennis McMonigle, 1 under 53, sixth; Joon Sup Yoon, Ron Jackson and Gary Newhall, even par 54, seventh.



**LW**WEEKLY

Richard Yokomi

C flight winners (handicaps of 13-18): Shellenberger, 8 under 46, first place; Kevin Linstedt and Ben Benjamins, 5 under 49, second; Mike Carlson, 3 under 51, third; Dennis Jensen and Bob Boyle, 2 under 52, fourth; Daniel Mahoney, 1 under 53, fifth; James Choi, even par 54, sixth.

The next men's tournament will be on April 10 and every second and fourth Wednesday of each month. The next Guys and Gals Tournament will be April 17 and on the third and fifth Wednesday—if there is one—of each month. Those who had planned to play and cannot should contact Scott Tuchfarber at 909-684-0426 or Alan Sewell at 541-324-8558 as soon as possible. Arrive 15 minutes prior to scheduled tee time ready to play. —Dave LaCascia

## LW Men's Golf League

Ten members of the Leisure World Men's Golf League played at the Willowick Golf Club in Santa Ana on March 22.

Bob Munn was closest to the pin on the 140-yard par-3 fourth hole. Chris Lankford was closest on the 140-yard par-3 12th hole. Gary Stivers had fewest putts in the A flight, and Digna Vesely had fewest in the B.

A flight winners (handicaps of 0-19): Lankford, 7 under 64, first place; Stivers, 4 under 67, second; Dave LaCascia, 3 under 68, third; tie between Sam Choi and Fujio Norihiro, fourth.

B flight winners (handicaps over 19): Clay Fischer, 7 under 64, first place; Digna Vesely, 1

under 70, second; Gene Vesely, third; Munn, fourth; Bill McKusky, fifth.

Nine golfers played Riverview Golf Course in Santa Ana on March 25.

Closest to the pin on the 140-yard par-3 second hole was Chris Lankford and on the par-3 100-yard ninth hole was Gary Stivers. Stivers also had fewest putts in the A flight, and Bob Munn had fewest in the B. Lankford, Stivers, Fujio Norihiro, and Clay Fischer each had one birdie.

A flight winners (handicaps of 0-19): Stivers, 4 under 65, first place; LaCascia, even par 69, second; Norihiro, third; tie

between Sam Choi and Lankford, fourth.

B flight winners (handicaps over 19): McKusky, 7 under 62, first place; Fischer, 4 under 65, second; Munn, third; Steve Miller, fourth.

The Monday and Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. These courses are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

Those interested in playing can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

-Dave LaCascia



Some of the March 23 Saturday Social Bunco Club winners celebrate their wins

## **Saturday Social Bunco Club**

The Saturday Social Bunco held on April 13. Club meets on the second and fourth Saturdays of the month in the Clubhouse 3 lobby. Sign-in begins at 1 p.m. and is \$5. Play begins at 1:30. The next meeting will be

March 23 winners: Stella Kaiser, most buncos; Rita Fueyo, most wins; Laura Grier and Kathy Rapp, most babies; Lillian Munoz and Sandy Weisenstein, most losses;

Nancy Floyd, door prize.

For more information, players or those curious can contact Susan Hopewell at 562-754-5059 or Kathy Rapp at 562-230-8972.

—Kathy Rapp

## **Monday Night Bunco Club**

The Monday Night Bunco Club meets the second and fourth Mondays of each month. The next meeting will be April 8. Play begins at 6 p.m. sharp in Clubhouse 3, Room 1. All residents and their guests

are welcome. There will be a halftime social for meeting friends and neighbors.

March 25 winners: Francesca Armienti and Jan Goodwyn, most buncos; Beverly Friedman, most wins; Liz Meripol, most babies; Michie Kimura and Katie Carmagnola, most losses; Jean Hayes, door prize.

For more information, call Katie Carmagnola at 925-413-

## HEALTH & FI



Joyful Line Dance Club will have a free class on April 6 for those who are interested in learning more about the club.

## Joyful Line Dance Club offers a free beginner class April 6 in CH 6

Yoyful Line Dance Club meets on Thursdays from 10 a.m.-12:30 p.m. in Clubhouse 2. The first half hour is for beginners and intermediate dancers. After a brief break, the students practice more advanced dances.

The Great LW Discovery Tour, and invites everyone to stop by Clubhouse 6, upstairs, for a line dancing class from 11 a.m.-noon.

On April 6, the Joyful Line Dance Club will participate in JOYFUL, page 16



Shirlene Bradrick

## Wa-Rite

The Wa-Rite Club meets on Fridays from 9-10 a.m. in Clubhouse 3, Room 1. All female LW residents who are seeking support in losing weight are welcome to visit and should arrive no later than 8:30.

The club congratulates its top loser Shirlene Bradrick who lost 2 pounds in the week ending March 22. The club's total loss for the week was 17 pounds.

At the last meeting, led by Vice President and laugh master Bev Bender, women learned about medical alert devices from member Marshia Larson.

WA-RITE, page 16





The Ballet Fitness Club meets on Saturdays from 1:30-2:30 p.m., upstairs in the Clubhouse 6 Mirror Room. The

class practices quatre bras exercise for toned arms and as the warm up.

## **Home Care for Veterans**

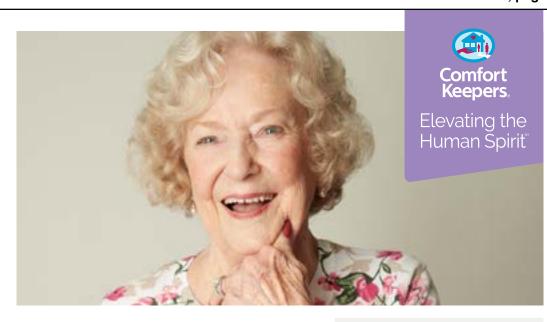
Veterans Resource Center and Becky Kohl with BrightStar Care will present on home care for veterans with registered nurse oversight on Tuesday, April 9, from 6-7 p.m., in Huntington Beach Central Library Talbert Room (main floor). Veterans who have a 70% or greater VA disability rating are welcome to attend.

BrightStar Care provides high quality home care, assisted living and staffing support to those who need it most, and is credentialed with the VA to provide care for those who qualify for this program.

Registration is requested at https://hbpl.libcal.com/ event/10562238. For more information, call 714-375-5111 or email HBPLVetCenter@gmail.com.

-Robann Arshat





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## **Aging and Disability Resource Connection**

The Orange County Aging and Disability Resource Connection (ADRC) serves older adults and people with disabilities with information and access to available long-term services and support.

To learn more about this program, call 714-480-6450 or visit https://shorturl.at/zBJT7.

## **Impaired Vision and Hearing Club**

Join the Impaired Vision and Hearing Club in an eye health seminar and meet-and greet on Thursday, April 11, from noon-1:30 p.m., in Optum HCC Large Conference Room.

Carla Ibarra and Dr. Carlos Martinez will talk about eye health and answer the questions. RSVP by calling 1-877-870-2717.

For more information, contact Sharon Kohn at 562-596-1969.

—Sandy Esslinger



Bev Bender

## Laughing for the Health of It

Everyone is invited for an hour-long session of laughing for no reason on Wednesday, April 10, at 1:30 p.m. in the Optum HCC conference room.

Participants will leave with smiles on their faces and a song in their hearts. Best of all, it's fun, free and non-fattening.

Bev Bender is a certified laugh leader who helps people improve their lives through laughter.

## LW BICYCLE GROUP



The LW Bicycle Group took a rest stop and a selfie in the Port of Long Beach. The group meets at the North Gate on Sundays with breakfast, Mondays, Wednesdays and Fridays at 9 a.m. Helmets and safe shoes are required. For more information, call Mary Romero at 562-509-8475 or Lucy Cyza at 818-209-5075.

## FITNESS FUSION



Fitness Fusion Club meets on Tuesdays in Clubhouse 6 from 10:30-11:30 a.m. and on Thursdays and Saturdays in Veterans Plaza from 10:30-11:30 a.m. Classes include arm strengthening exercises and more. For more information, contact Marion Higgins at 562-296-8328.

## Tips on keeping the aging brain sharp

Memory loss and trouble processing things sometimes can be a side effect of aging. Older adults interested in strengthening their brains and delay in a cognitive decline and dementia may want to consider these strategies.

- Address high blood pressure. High blood pressure can increase the risk of heart disease and stroke. Maintaining healthy blood pressure and cholesterol levels have been associated with better cognitive function.
- Use all your senses. The more senses used in learning something, the more of the brain that is involved in retaining the memory. For example, studies have shown that images paired with pleasant aromas leads to better recall later on.
- Exercise regularly. Staying physically active helps maintain blood flow to the brain, which also helps reduce the risk for hypertension.
- Eat brain-healthy foods. Studies show eating fish rich in

## **WA-RITE** from page 15

Larson acquired the device through her SCAN policy at a low price automatically deducted with her Medicare payment. She encourages everyone to look into this reliable life-saving option that she already used on different occasions. With a push of a button, the paramedics receive a help alert and arrive to the front door within minutes.

Members also discussed the benefits of eating more fiber, and an easy access to fresh vegetables available for sale in front of Clubhouse 3 on the fourth Friday of every month, provided by the Lions' Club.

—Denise Stabile

- omega-3 fatty acids, like tuna, salmon and mackerel, decreases risk for cognitive decline. People should avoid saturated fats, trans fats and hydrogenated oils.
- Read and write frequently. Studies show that regular reading and writing in older adults may reduce the rate of memory decline by 32%. Joining a book club or just reading more can improve people's cognition. Writing improves memory and communication abilities and can help strengthen the brain as well.
- Drink healthy beverages. Tea and coffee can improve alertness and focus, as they're rich in polyphenols and antioxidants. Avoid drinking sugary beverages and limit consumption of alcohol, as neither boasts brain-boosting properties.
- Get plenty of sleep. Getting enough rest at night or taking naps during the day may help in learning new things, memory and focus.

-MetroCreativeConnection

## JOYFUL from page 15

The class is free. Arrive early due to limited space.

One of the club's leaders Karen Kei will lead the class on Electric Slide, Texas Hold 'em, Ah Si, Maria Meringue, Some Beach, Desire, Tennessee Waltz, Oh Diana, Glee Gloria, Last Dance For me, Rivers of Babylon and others.

Joyful Line Dance Club encourages social and physical activity, and mental health among the residents through dancing.

For more information, text at 562-301-5339.

—Anna Derby

## **Meals on Wheels Long Beach**

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1% milk. Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb. org to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, April 4

Beeflasagna, whole grain dinner roll, seasoned cauliflower, chef's special cake, roast beef and cheese sandwich with lettuce, tomato and pickle, and homemade macaroni salad.

Friday, April 5

Roasted turkey with sage gravy, cornbread stuffing, seasoned carrots, brussels sprouts, banana, turkey and ham cobb salad with egg, tomato, bacon, blue cheese dressing and crackers.

Monday, April 8

Curry chicken, brown and wild rice, zucchini with tomatoes, seasoned corn, orange, tuna salad sandwich with spinach and tomato, and homemade macaroni salad.

## April 9

Beef teriyaki, stir-fried noodles, oriental vegetables, apple, kale chicken salad with shredded brussels sprouts, dried cranberries, balsamic dressing and crackers.

## Wednesday, April 10

Herb-roasted chicken breast with honey mustard sauce, brown rice, mixed vegetables, seasoned broccoli, fresh pear, ham, turkey and cheese sandwich with lettuce, tomato and pickle, and creamy cucumber salad.

## **Family Strategies Education for Caregivers**

**LW**WEEKLY

On Tuesday, April 9, the Somang Society will have a family strategies education class for caregivers who care for family members, friends or others with memory impairment or dementia, from 10-11 a.m., in Clubhouse 3, Room 2. Preregistration is required.

For more information or to register, contact Yoonjae Lee at 949-414-7885.

## **Korean Care Partners Support Group**

The Somang Society will host the Korean Care Partners Support Group in Leisure World. Care partners are those who provide physical, emotional, or financial support to a family member or a friend with memory loss or dementia.

People may join one or both

- Saturday, April 6, from 2-3 p.m., in Clubhouse 5, Conference Room C.
- Friday, April 26, from 10-11 a.m., in Clubhouse 5, Conference Room C.

For more information, contact Yoonjae Lee at 949-414-

## Meals on Wheels **Orange County**

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud *Dr.*, *Seal Beach*, *Monday-Friday*, from 11 a.m.-noon.

It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy *lunch for \$5. Arrive 10 minutes* before the start time as meals are served on a first-come, firstserved basis. All meals come with 1% milk.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

## Thursday, April 4

Pork carnitas bowl, tomato cilantro rice, fiesta vegetable mix, tortilla, sour cream and seasonal fresh fruit.

## Friday, April 5

Baja fish stick tacos, black beans, red and white cabbage, tortillas, Pico de Gallo and pineapple chunks.

## Monday, April 8

Vietnamese caramel pork with sauce, Jasmine rice, broccoli, and tropical fruit mix.

## Tuesday, April 9

Turkey pot roast with brown gravy, sweet potatoes, collard greens, and sugar-free fruited gelatin.

## Wednesday, April 10

Macaroni and cheese, diced tomatoes, carrots, breadstick, sugar-free apple crisp, and orange pineapple juice.

## **COMMUNITY**

## LEISURE WORLD DISCOVERY TOUR

## Show off your pet's tricks at the Paws, Claws and Beaks booth

The Paws, Claws and Beaks Club will participate in the Great LW Discovery Tour on Saturday, April 6, from 11 a.m.-2 p.m. The club welcomes all LW pet owners to come visit its booth in the Clubhouse 1 picnic area, where pets are welcome to join. Dogs will need to be on a non-retractable leash. People can come to participate in any of the club's events below; times are subject to change.

- 11 a.m.-2 p.m.: Residents will share important information about basic pet needs to consider from first aid for pets, dog walking, pet sitting and emergency preparedness.
- 11 a.m.-1:45 p.m.: Enter to win a drawing for a pet first aid kit. Drawing will be held at 1:45.
- 11 a.m.-1:45 p.m.: Residents can show off their dog's tricks and skills so he or she can take home a prize from the club's K-9 contests.
- Noon-2 p.m.: Helen Sanders CatPAWS will provide cat information and answer concerns about club member's feline friends. A fun, personal keepsake will be available to take home.
- 12:30-1:15 p.m.: Get engaged with a beautiful therapy parrot that is one of 14 nationally registered "Pet Partners."

LW buses will be available for transportation to and from the clubhouses. Pets must be in a carrier to be able to use this service.

## **GOLDEN AGE FOUNDATION**

## Win a Ralphs gift card on April 6

The Golden Age Foundation (GAF) will be in the Clubhouse 3 Lobby with raffles and a gift basket at the Great LW Discovery Tour, on Saturday, April 6, from 11 a.m.-2 p.m. Volunteers will greet walk-in residents and answer any questions.

The club will have four \$25 Ralphs gift cards and a grand prize of JAFRA brand spa package, donated by a club member, available for raffle. People do not have to be present to win the raffle as long as they write their phone number and name on the back of the raffle ticket.



Anna Derby

The GAF is a nonprofit 501(c)(3) charitable organization dedicated to serving the special needs of residents since 1973, and has served the LW for over 50 years. Its purpose is to make the community a better place to live.

GAF's ongoing programs include the Hospitality Center in Clubhouse 6, income tax preparation, Mobility Aids Program, volunteers for the annual flu clinic, and document shredding.

GAF's donations to the community include handicapped accessible buses, equipment for hearing impaired at the new Learning Center, the Interfaith Council Directory sign, and the

GAF, page 19

## **SENIORS FOR PEACE CLUB**

## Club will participate in the LW Discovery Tour April 6

The Seniors for Peace Club will participate in the Great LW Discovery Tour on Saturday, April 6, in place of its regular meeting.

The club will have a booth in Clubhouse 3, Room 3, from 11 a.m.-2 p.m., with information about the club, its activities, and membership forms. At the end of the day, a raffle will be held for two countertop compost bins.

For more information, call Pat Kruger at 562-357-4040.



## American Latino Club

The American Latino Club will not meet in April but have a "Mamacitas" (Mother's Day) themed event on Thursday, May 9, from 11:30 a.m. -2:30 p.m.

The club will enjoy some Argentine empanadas, salad, dessert and learn/discuss the country of Argentina through an informative video and other fun activities.

The club invites all LWers to stop by and visit its booth for the LW Discovery Tour on Saturday, April 6, in Clubhouse 3, Room 7, to enter a raffle, learn more about the club, and get to know some of its members.

## Humanist Association

The Leisure World Humanist Association will meet on Sunday, April 7, at 10:30 a.m., in Clubhouse 3, Room 1.

This will be a good meeting for those who are unfamiliar with Humanist philosophy. The club will show a 40 minute video "An Introduction to Humanism," narrated by Jennifer Hancock, during the meeting.

This program is designed to help clarify one of the most influential philosophies of this time. Humanism has arisen in every culture and time, and yet most people don't know what it is and why it has been so influential. This short film covers the definition of Humanism and its history as well as Humanism's relationship to religion. It will also go over the central values of Humanism, famous Humanists, such as Confucius, Buddha and Socrates, and address frequently asked questions about Humanism.

This video serves as a good beginning introduction for people looking to learn more about Humanism and how it can improve their lives. Club President Dave Silva will lead a discussion about the film and try to answer any questions.

—Dave Silva

## Mutual 12 Luncheon

Tickets for Mutual 12's luncheon on April 26 are now available for purchase. Buy tickets from a building captain or parcel director before the deadline of Friday, April 12. Spend a couple of hours with neighbors and friends while enjoying a backyard barbecue chicken meal, door prizes and raffle drawings.



Volunteers sort batteries at the GAF's recent collection.

## GAF collects 750 pounds of batteries

The Golden Age Foundation (GAF) volunteer team collected 750 pounds (15 boxes) of batteries for recycle on March 19. Residents brought used household batteries to the Clubhouse 2 parking lot where volunteers collected, sorted, and packed the batteries for

**BATTERIES**, page 19



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## GAF receives SB Cornerstone Church's annual donation

Representatives from Seal Beach Cornerstone Church, Senior Pastor Peter Kang, and Congregation Committee Chair Jong Ok Kim and Elder Chang Mu Im donated \$1,000 to Golden Age Foundation (GAF). Seal Beach Cornerstone Church has been a consistent donor since its founding in 2010 and GAF appreciates its contribution, especially during this difficult time when only a handful of organizations from LW remain as donors.

Seal Beach Cornerstone would like to continue to be a part of the community by supporting the GAF service program.

Seal Beach Cornerstone Church holds services on Sundays in Clubhouse 2 at 9:45 a.m. It recently celebrated its 14th anniversary on Feb. 4.

The GAF is a nonprofit 501(c)(3) charitable organiza-



Congregation committee chair, Jung Ok Kim (I-r), Senior Pastor Sung II Kang, GAF President Anna Derby and Elder Chang Mu Im.

special needs of residents.

Through the generosity of individuals in the community, the GAF can provide various programs and projects.

All Golden Age programs are

tion dedicated to serving the provided free to Leisure World residents, and the Foundation is entirely staffed by resident volunteers. For more information, go to www.goldenagefdn. org, or call Anna Derby at 562-301-5339.

## **California Retired Teachers' Association**

LW's Retired Teachers Association will host California Retired Teachers' Association State President Susan Dixon on Friday, April 5, at 11:30 a.m. in Clubhouse 3, Room 9.

Dixon taught in Capistrano Unified School District in Southern California for 35 years. She was the state government relations chair for seven years and has been active at the state and federal level fighting for the repeal of the Windfall Elimination



Susan Dixon

Provision (WEP), Government Pension Offset (GPO) and other legislations that protect educators' retirement security. She works with other retiree organizations in California, Cal-STRS, and is the vice-chair of the National WEP/GPO Repeal Task Force. As president, she focuses on ensuring members receive a consistent message of CalRTA's shared vision that promotes advocacy, membership recruitment, and the REACH and diversity of sub-committees.

Dixon will speak on CalRTA's focus on a unified message, the importance of membership matters campaign, updates on federal and state legislation, the current status of WEP/GPO Repeal, state legislation and the opposing initiate.

Complimentary lunch reservations may be made by calling Anne Stone at 714-600-6956.

## **Sunshine Club**

Dr. Hilary Siebens will talk about how residents can think and communicate with health care professionals at the Sun $shine\,Club\,on\,Friday,\,April\,5,\,in$ Clubhouse 3, Room 2, at 10 a.m.

Siebens' talk is a follow-up on her talk last year that focused on communicating about one's health care. She will review the value of an evidence-based, simple, four-part framework as a guide to thinking about one's own health. She will review the importance of keeping personal essential health information organized in one place.

Siebens' research has shown that often individuals have relevant information scattered across computers, cell phones, drawers, and rooms in their homes. It's then not available during doctor visits or urgent health situations or for family members who may be helping.

In addition, being prepared and organized helps communicate concerns more effectively in stressful health care settings. Ways to communicate with health care teams can include electronic portals and paper formats that include medical journals, health care folders, and self-made or purchased three-ringed binders.

Siebens has invited some LW residents who heard the talk last year to share their stories of what happened when their health information was better organized.

Siebens is a primary care geriatrician and physiatrist (rehabilitation physician). She cared for older adults with few active medical conditions, those with multiple enduring conditions, and those requiring palliative and hospice care. This work involved close teamwork



Hilary Siebens

with colleagues and enabled her to appreciate multiple issues confronting patients, care partners, families, and health care professionals.

To receive more information about the Sunshine Club, contact Anna Derby at 562-301-5339.

## **SB Lions Club**

The Seal Beach Lions Club Food Box Program sold out within 20 minutes of opening on March 22. Residents lined up a half hour before the 10 a.m. opening with \$10 cash in hand. The 12-pound box contained a variety of fresh picked, local, seasonal fruits and vegetables.

Residents happily carried off their purchases. Due to demand, the SB Lions Club will double the order for its next sale.



This is a nonprofit event. The SB Lions Club pays \$10 per box and sells it to residents for \$10 cash. Project Food Box will be held once a month on the fourth Friday of the month. The next opportunity will be Friday, April 26, from 10 a.m.-1 p.m., in the parking lot of Clubhouse 6.

## **GAF AND RALPHS COMMUNITY REWARDS**



Albert Reid of Mutual 15 received help signing up for the Ralphs Community Rewards Program from Beth Greeley at the last sign up event. People can sign up for the program to donate to the GAF at no additional cost on on Wednesday, April 17, from 9-11 a.m. in the Clubhouse 6 Hospitality Center. The GAF thanks its board members, who have been assisting residents since May 10. They are Cheryl Falconer, Beth Greeley, Diana Lambert, Shery Wells and Anna Derby.

## **LW CERT**

## **Understand** personality types April 26

The LW Community Emergency Response Team (LW CERT) will meet on Friday, April 26, at 9 a.m. in Clubhouse 3, Room 9, for a safety class on how to understand personality types. LW CERT's free monthly safety classes are 45 minutes long and all residents are welcome to join. Refreshments are provided.

Each month, CERT gives a valuable gift to an attendee. During March's class, Tricia Luse won the drawing for a first aid kit.

At the March LW CERT safety class, President Catherine O'Brien distributed a checklist for communicating during an emergency. The presentation covered using cell phones for both local and out-of-state contacts, subscribing to a local



LW CERT President Catherine O'Brien (I) with Tricia Luse

text alert service, such as OC Alert, and using social media like Facebook to update friends and family. LW CERT Instructor Fara Mccartney spoke about types of radios, from solarpowered to hand-crank and AM/FM models, all offered on Amazon. Some Mutuals have walkie-talkies to communicate, which are also used by LW Security. Communicating in a big disaster can be as simple and helpful as posting signs in your window that say "help" or "OK."

Residents can stop by the LW CERT table during the Leisure World Discovery Tour on April 6 to get a free emergency contact card. A name and phone number can be listed for local and out-of-state contacts.

## **LW BIRTHDAY**

Ann Frambach turned 96 on March 26. She celebrated with a birthday lunch at the El Dorado Country Club. Frambach is a native Californian, born in Los Angeles. She was married to Bill Frambach for 71 years. They lived in LW in Mutual 12 for 31 years. They had four children, eight grandchildren, and 33 great-grandchildren.



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## **Democratic Club**

by Mary Larson

LW contributor

OC Registrar of Voters' Bob Page has officially certified the Orange County results of the March 5 Presidential Primary Election.

Unfortunately, total voter turnout for the election in the county was only 37.7%. Of the 685,038 Orange County ballots cast and counted, the overwhelming majority (84.5%) were vote-by-mail. Only 15.5% were cast as an in-person ballot at one of 183 Vote Centers throughout the county.

The percentage of voters in Leisure World was much higher than that of the county as a whole for both Democrats and Republicans. There are still no statistics available that cover the whole of Leisure World. However, in the LW area west

of St. Andrews Drive, 72.2% of the 1,664 registered voters eligible to cast a Democratic ballot voted for their choice for president. Republicans did almost as well with 70.2% percent of registered voters also selecting their choice.

The LW community had the highest overall turnout of voters in Orange County in the race for president for the next four years.

LW voters did almost as well in down ballot races. This was apparent in the vote to replace Andrew Do as the representative on the Board of Supervisors. Of the 4,874 eligible voters living west of St. Andrews, 67% (2,865 people) voted in the race.

Dr. Francis Marquez, the Democratic Party's endorsed candidate for the Board of Supervisors, was the featured speaker at the club's March 27 meeting. She thanked club members for the support. She also spoke about what it will take for her to win in the November General Election.

State Sen. Dave Min, who withstood millions of dollars of attack ads in a bitter primary election battle to replace Rep. Katie Porter in the U.S. House of Representatives, will join the April 24 meeting by Zoom.

The November General Election matchup between Min and Republican Scott Baugh is poised to be one of the most important races in the country.

Democrats and supporters can subscribe to the club's newsletter by emailing mlarson. telfords@gmail.com or calling editor Mary Larson at 562-296-8521. Include complete contact information, including name, address, phone number and email

## Concerned Shareholders

Nathan Steele will be the guest speaker for the month of April. Steele is now serving as a city councilman for the city of Seal Beach, representing one half of Leisure World. He will speak on two major issues confronting Seal Beach. The installation are the installing of parking meters on Main Street downtown and the proposed increase in water and sewer costs.

The Concerned Share-holders meeting will be April 25, at 1 p.m, in Clubhouse 3, Room 2.

## **LW America First Republican Club**

by Brian Harmon

LW contributor

Brian Kim will discuss "Answers to the Woke Agenda" with the LW America First Republican Club on April 17 at 5 p.m. in Clubhouse 3, Room 2.

Kim and his wife, Grace, are the founders of Kairos University in Tustin. The school is accredited by the top two accrediting agencies for theological schools in the United States. Kairos offers programs ranging from general college education to a PhD program in global leadership.

The LW Republican Club believes in legal immigration and secure borders, peace through strength, lower taxes, cutting government spending, free enterprise capitalism, family values, parental control of education, public safety through well-funded law-enforcement, and an America-first foreign policy.

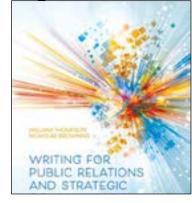
The America First Republican Club's monthly meetings are held in Clubhouse 3, Room 2, on the third Wednesday of each month at 5 p.m. for socializing, and 5:30 for the speaker.

The club booth, located near Clubhouse 6, will be open each Monday and Wednesday from 11 a.m.-2 p.m. Residents can sign the Protect Kids of California petition, register to vote, change their party affiliation, or just enjoy pleasant conversation.

## LW resident wins college textbook writing honor

A university textbook written by GRF Vice President William Thompson was named the Most Promising New Textbook for colleges and universities by the Textbook and Academic Authors Association (TAA).

The book, "Writing for Public Relations and Strategic Communications," was evaluated by the association during its annual recognition of first-



edition books written for university classrooms.

Thompson's text, which is already in use at major U.S. universities, was proposed for the award because of its theory-based writing instruction, student-accessible prose and innovative teaching components. It competed with other university texts in a judging panel's evaluation of scholarship, pedagogy and writing style.

Thompson finished the book after moving to Leisure World. Before that, Thompson headed the largest organization of public relations professors, consulted with organizations throughout the nation and became a highly honored professor during his 23-year career at the University of Louisville.

Many of Thompson's students now occupy high-level corporate positions as senior communications leaders and administrators at such firms as Sony, Humana, KFC, Res-Care, the Cleveland Browns, and Papa Johns. His book's co-author, Indiana University professor Nicholas Browning, was also one of his undergraduate students.

Thompson and Browning will be recognized at TAA's annual book award presentation in April.

Thompson can be reached at 502-802-7980 or wethom01@ louisville.edu.

## BATTERIES from page 17

shipment to the recycle facility.

The GAF will hold having another household battery collection event in four months.

In the meantime, residents can take their batteries (of all sizes), paints, cleaners, oils, and pesticides that contain potentially hazardous ingredients, as well as E-waste such as televisions, tablets, cell phones and computers to Orange County Waste and Recycling for free all year long.

The nearest facility is located in Huntington Beach, 8.5 miles from Leisure World, at 17121 Nichols Lane, Huntington Beach, CA 92647, Gate 6. It is open from 9 a.m.-3 p.m. Tuesday-Saturday. For more information, contact 714-834-4000.

The GAF would like to thank the members of the community for their commitment to recycle as well as all the volunteers who supported the battery recycle event: Carl Kennedy, Roberta Johnson, Dave Fourny, Fara McCartney, Sophie Jin, Linda Johnson, Cheryl Falconer, Henry Kim, Katie Kim, Al Basler and Anna Derby.

## **Mutual 4 Fiesta**

Residents are ivited to Mutual 4's fiesta party on April 17 in Clubhouse 2 at 5 p.m. People can enjoy food from a taco truck for \$10 per person. RSVP by April 10 to any Mutual director with payment.

## **GAF**

## from page 17

Emergency Communications System.

The GAF has also helped upgrade ice machines in clubhouses, donated \$75,000 to support the newly renovated gym at Clubhouse 6, funded bus benches, and an audio alert traffic signal. During the pandemic,the GAF helped run a COVID-19 vaccine and flu shot clinic with Optum.

The GAF reoccuring aid to other organizations include Meals on Wheels in Long Beach and Orange County, handing out orange safety flags on bikes, scooters and wheelchairs, and introducing the Council On Aging, Alzheimer's' OC, and Adult Protection Service to LW. For more information, text 562-301-5339.

## **OBITUARIES**

## Gertrude (Trudy) Brunsting

Trudy (Brouwer) Brunst-ing passed away on Feb. 22, 2024, after a long health battle. She



had recently celebrated her 88th birthday with her entire family.

Trudy was born in Hudson, South Dakota, on the family farm on a snowy February day. Her parents later moved to Rock Valley, Iowa, where she grew up and lived both on a farm and in town.

After graduating from Western Christian High School, Trudy worked at the town drug store until her high school sweetheart, Alvin (Al) Brunsting, proposed. Once married, they moved many times throughout the years, from the east coast to the midwest, and on to California.

When Trudy and Al first retired, they spent a short time in Arizona. Finally, in 2002 they settled in Leisure World in Seal Beach, California, to be near children and grandchildren. Trudy lost the love of her life, Al, in 2011, after many years of marriage. She loved to play games, sing, walk, knit and crochet, garden, spend time with friends/neighbors, family, and her grandchildren. Trudy also enjoyed potlucks, and having breakfast with friends. She attended Cornerstone Church in Long Beach, California.

She is survived by four daughters, three granddaughters, three step-grandchildren, four step-great-grandchildren and two step great-great grandchildren, and also a brother with his family. Trudy will be missed greatly.

Her family rejoices in the hope that they have in Jesus—that they will one day see her again in Heaven, and be reunited.

Send Obituaries to laurieb@lwsb.com

## Anita Smart 1923-2024

Friend and neighbor Anita Smart turned 100 years old on Nov. 5, 2023 and died of congestive heart failure on Feb. 24, 2024. She was born in



Los Angeles and went to Benjamin Franklin high school in Highland Park. She had three brothers and outlived them all.

Anita met her husband, Bob, at a meeting when she was 16 years old, and they were married on Sept. 7, 1943. Bob was enlisted in the Army and went to UCLA after being released. He graduated and then went to work for Mobil Oil as a petroleum geologist. Bob and Anita moved around a lot because of Bob's job. They lived in several states, including Connecticut, Utah, Texas and Colorado, ending up in California. Their son Michael was born in 1950 and their daughter Ann was born

During those years, Anita was a busy wife and mother, involved in the children's lives. She was room mother for the Parent Teachers Association and served as PTA president twice

When the kids were grown, Bob and Anita moved to Stamford, Connecticut, and Anita went to work as a receptionist in a law firm. They eventually moved to San Clemente, California.

Bob and Anita were happily married for 67 years. After Bob died of kidney failure in 2010, Anita sold their beautiful home in San Clemente and moved to Leisure World in 2012 to be closer to her daughter and son -in-law, who live in Rossmoor Estates.

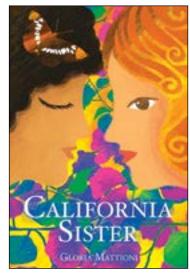
Anita belonged to the Cribbage Club and the Canasta Club, and made many friends in Leisure World. She enjoyed amazingly good health, as well as her nightly cocktail. She played crossword puzzles daily and walked around Leisure World often, even a few days before her death.

Anita is survived by her two children, two grandchildren and three great-grandchildren.

20 April 4, 2024 | www.lwsb.com | www.lwweekly.com | LWweekly.com |

## ARTS & LEISURE





"California Sister" author Gloria Mattioni

**LW LIBRARY** 

## AuthorSpeak events return in May

The LW Library's annual AuthorSpeak events, where authors come to Leisure World to speak to interested readers about their books, are returning in May. Five authors will visit the library from May to October.

On Friday, May 3, Gloria Mattioni will present her multiple award-winning novel, "California Sister." Set in both Bergamo, Italy, and Los Angeles, CA, the book follows two sisters who are close at heart but physically apart as they are thrust back together as one of them falls terribly ill and requires the other to help them recover.

On Monday, June 3, New York Times best-selling historical fiction author Kate Quinn will speak about her many hit books, including Reese's Book Club pick "The Alice Network" as well as her upcoming book, "The Briar Club." "The Briar Club" captures the paranoia of the McCarthy era and evokes the changing roles for women in postwar America. It is an intimate and thrilling novel of secrets and loyalty put to the test.

On Friday, July 12, author, journalist and musician John Borack will visit Leisure World to speak about his non-fiction music history book, "The Beatles 100: One Hundred Pivotal Moments in Beatles History." Beatles buffs and casual fans alike are sure to learn something new from this informative presentation.

On Sept. 6, Bianca Schwarz, author of "The Gentleman Spy" mystery romance series, which includes books such as "The Innkeeper's Daughter," will speak about her writing career and books. Her series is filled with danger, intrigue, love and dastardly villains that will keep readers turning the pages.

Lastly, on Friday, Oct. 4, No. 1 New York Times best-selling author and screenwriter Lee Goldberg will speak about his new book, "Ashes Never Lie." The book is the second title in the "Sharpe and Walker" series which follows a team of LA sheriff arson investigators. Lee also served as a writer for hit TV shows such as "Diagnosis Murder," "Monk" and more.

A selection of books from each author are available to borrow from the library. People can pick up a reminder slip with a list of all the events for their calendar at the library.

Excluding Kate Quinn's presentation, which will be held in Clubhouse 4, all other events will be held at Veterans Plaza, and all events will start at 11 a.m..

Following each presentation, a short Q&A session will be hosted, and then the author will be available to sign books. Refreshments will be provided for those in attendance while supplies last.



Bill Anderson's rendering of the Seal Beach Pier.

## LW Art League

The LW Art League will meet Tuesday, April 9, in Clubhouse 4 at 7 p.m. The guest demonstration artist and judge will be Bill Anderson, a Sunset Beach artist, gallery owner, author and former Long Beach and Los Alamitos art teacher.

Anderson has painted France, Italy, Holland, Norway, Mexico, Greece and Latvia but Seal Beach is one of his favorite spots to paint. He has written a book featuring the pier, uniqueness and

ART, page 22

## CHEAT LEISURE WORLD DISCOVERY TOUR

The Great LW Discovery Tour is finally here this Saturday, April 6 from 11 a.m. -2 p.m. with closing ceremonies directly afterward at Veterans Plaza, located between Clubhouse 3 and 4. Let's take a look at our last stop, Clubhouse 6 and the Amenity Hub.

Hop the Minibus headed to Clubhouse 6. The first stop will be the Aquatic Center where you can checkout the pool and spa. The pool will be open, and the attendant will be happy to answer questions.

Slip through the gate to Turtle Lake Golf Course where the Men's and the Women's Golf Clubs are waiting to show off the nine-hole course.

Ron Steele, president of the men's club, says, "We will have a drawing for a dozen golf balls. We want to emphasize the men's golf club is for all golfers no matter what their skill level is for two tournaments a month. We have a yearly summer picnic and Christmas party, and the yearly dues are only \$15." The women have a tournament every Tuesday.

Next, you'll be guided across the street to Clubhouse 6. Ambassadors will greet you and stamp your passport. Rollin' Thunder will line the entrance with decorated golf carts.

Members will be inside in the Hospitality area to answer questions. One of our top service clubs, they host air and water events quarterly, servicing any resident's cart for free. They also maintain a repair station at the 1.8-acre site and host holiday parades that delight the community.

The Table Tennis Club will be on hand to show off its favorite sport. Alex Heske, an award-winning professional coach, will offer free lessons for the day.

Take the elevator or stairs to the second-floor Fitness Center. Regardless of your skill level or the shape you're in, there are modern machines to accommodate everyone. The on-duty fitness attendant can



Paul Kryczko

The men's and women's golf clubs will be on hand to give tours of the Turtle Lake Golf Course.



Paul Kryczko

An attendant will be available to answers questions about the Aquatic Center, which includes a pool and spa.

demonstrate how to use any of the equipment.

Adjacent to the circuit training area is a large dance studio, utilized by numerous clubs from ballroom to ballet. Peggy Beste says, "Zumba is the perfect combo of fun and fitness. With its contagious blend of Latin rhythms plus some golden 'oldies' that will get you moving, it's the most awesome workout ever. Dance to great music, with great people and burn a ton of calories without even realizing it. Come join the fitness party Wednesdays at 4:30 p.m. in the fitness center and Fridays at 8:30 a.m. in Veterans Plaza. Join us today in the fitness center from 11 a.m.-2 p.m. Dance with us or watch our demonstration. You'll be sure to come back for more."

Alternating with Zumba is the Joyful Line Dance Club for those who prefer a variety of music and dance steps. Members meet in Clubhouse 2 on Thursday mornings.

If this is your last stop on April 6, catch the bus back to Clubhouses 3 and 4 for the closing ceremonies. If you have stopped by all six destinations and have had your passport stamped five times, you qualify for a golden ticket for the grand prize raffle. Did you miss a stop or two? You are still eligible for raffle tickets for each stop you made for other fabulous prizes. Exchange your passport at Veterans Plaza for tickets. You don't have to be present to win.

For more information, contact *kathyt@lwsb.com*.

## Grab 'n' Go Food Truck Schedule: April 4-10

**Thursday:** Domino's Pizza at Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads. The truck is on site from 3:30-7 p.m. Cash and cards are accepted.

Saturday: Koffels' Taco Truck, Cousins Maine Lobster, Lucille's BBQ and Scooter's Sweet Shack at Veterans Plaza Memorial Circle—enjoy a variety of food trucks, plus live entertainment during the Great LW Discovery Tour. Food trucks will be available from 11 a.m.-3 p.m. Only cards will be accepted.

Monday: Lucille's Smokehouse BBQ at Clubhouse 6—No preorders are accepted. See the full menu at *lucillesbbq.com/foodtruck*. The truck will be on site from 3-6 p.m. Only cards are accepted.

**Tuesday**: Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and

cards are accepted. No preorders are allowed.

Wednesday: The Empanada Maker at Clubhouse 6—Try a variety of empanadas from 4-6 p.m. Preorder by calling 949-524-3145 or buy on site. See the full menu online at www. theempanadamaker.com/menu.

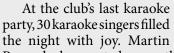
On-call bus service is available from 4:30 p.m. on. Regular bus service is available before 4:30; and weekends on-call any

GRAB, page 21

### **COMMUNITY KARAOKE**

## New singers invited to take the mic

Members of the Community Karaoke Club will be singing at the Great LW Discovery Tour on Saturday, April 6. People are invited to join the fun in Clubhouse 1 from 11 a.m.-2 p.m. The club will have musical keychains for each visitor and a raffle opportunity. The club encourages visitors to experience the fun of karaoke.





Martin Rosendaal

Rosendaal presented a smooth "Spanish Eyes" while enjoying a slice of pizza. Frank Farmer chose a gospel favorite, "Lord I Hope This Day Is Good." Audience members whistled and clapped along with Frank Miller's "C'mon Everybody." Karen Morris likes cheerful tunes with a good beat like "Mr. Bojangles." Husband and wife duo, Walter and Sue Piippo, harmonized with "Here Comes The Sun." Michael Berthold sang a pleasing "Three Times A Lady." The group enjoyed newcomer Sandy Binder's "Annie's Song."

Karaoke parties are every Wednesday night in Clubhouse 1 beginning at 5:30. On Mondays there are practice sessions in Clubhouse 6 from 1-3 p.m. so singers can fine-tune a song. Everyone is welcome.

-Margie Thompson

## **Saturday Morning Dance Class**

There are two dance classes every Saturday morning in Clubhouse 6 (second floor). For April the classes are: West Coast Swing at 9, followed by rumba at 10. Each class is \$7 per person.

Class participants vote on new dance topics every month.

Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.

## **Leisure Time Dancers**

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. In April, East Coast Swing is the new dance at 2 p.m., followed by a continuation of salsa at 3. Beginners are welcome.

No partner is necessary. The class will rotate so everyone dances. A review of basics is included. The cost is \$8 per person for one class; \$12 per person for two classes in a single day. For more information, contact Nancy Lyons at *nhlyons@icloud.com*.

## **CD Music for Seniors**

The CD Music for Seniors Club will meet Thursday, April 18, 1 p.m. in Clubhouse 3, Room 3. The club welcomes new members and provides music presentations, lots of snacks and free music CDs for everyone. The club meets every third Thursday during even months. Members also go to music events outside Leisure World.

—Barbara McFall

## Coin Club

The LW Coin Club will meet April 10 in Clubhouse 3, Room 2, at 1:30 p.m.

Members can participate in the club's door prizes, refreshments, coin auction, coin raffle and group discussions on currency and coins. Refreshments will be provided. LW residents can have coins evaluated at no cost. The club meets monthly.

## **Video Producers**

People don't need Spectrum cable to watch SBTV3. Watch the live broadcast online at https://shorturl.at/cuBDP.

—Joe Osuna

## **GRAB** from page 20

time. Call a ride at 562-431-6586, ext. 2379. Vendors are subject to change. To get updates, sign up for LW Live at www.lwsb.com/ lw-live-sign-up.

For more information or give feedback, email *kathyt@lwsb.com*.

LW Weekly newspapers for people who are hearing or vision impaired are available at www.lwweekly.com



Hui O Hula dancers helped celebrate three birthdays and a farewell at Mutual 11 with a few hula last week. Happy March birthdays to hula sister Lori 'Lolo' Chamberlain, who lives in Mutual 11, and her neighbors David Steffen and Betty Vander Wal. Good friend Larry Jacobs will be moving soon. Hui O Hula wished him a fond aloha by dancing "I'll Remember You." "Each of us here has a story to tell of where we once lived as well as our journey to Leisure World," said Chamberlin, "and then of our happy homes here." In this photo, hula dancers perform "He Aloha No 'O Honolulu," which depicts composer Lot Kauwe's journey from Honolulu, Oahu to Kona, on the Big Island, the seafaring that took him from one home to another and how happy he was as he finally arrived in Kona.

## **LW Poetry**

This feature showcases original poems by *members of the Creative* Writers Club of Leisure World and other GRF members. Send poems to emmad@lwsb.com. Submissions run as space allows.

## **SOLDIERS SONG**

Rifles will sing our songs Bullets their melodies

We will fear no evil God holds our hands

While rifles sing our songs bullets will tear at the

hearts of our enemies and death will be their reward.

Once again the water will separate and our enemies disap-

no longer able to bring their evil to our people

Rifles will sing our songs and bullets their melody. for bullets.

> -Mitch Cohen Mutual 15

## **SPRING BIRD**

It's a strange place for In my sixty-fifth spring, I find I'm up a tree, And I don't know a thing.

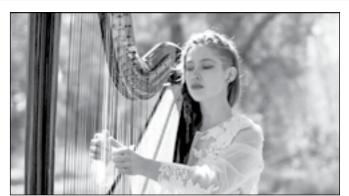
I've always got it wrong. Little birdy in my tree, Teach me with your

So grateful I would be.

"Tweet", the birdy smiled.

"I'll teach you my child."

—David Crandall Mutual 10



Pheobe Madison Schrafft

## **Mother's Day Brunch with Harpist**

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 11, in Clubhouse 4 at 11 a.m. The event will be catered by Country Gardens Caterers. This event is always a huge success, and tickets are expected to sell out. Now is the time to save the date and drop hints to family members who would like to treat mom.

An elegant repast includes an egg and sausage strata, strawberry crepes, fresh fruit and pastry platters, sparkling cider and more. Moms and guests will be serenaded by classical harpist Pheobe Madison Schrafft. Mothers may want to treat daughters too, and both are welcome to the brunch event on the day before Mother's Day.

Reservations are on sale for \$45 and are available at the Recreation Office in Building 5. Those who want to buy a table of eight (\$325) or sit with a group should inform the recreation coordinator when purchasing. All seating will be assigned by GRF if no request is made. Inquiries may be directed to Recreation at kathyt@lwsb.com or by calling 562-431-6586, ext. 2707.



The Velvetones

## **Live Swing and Jazz Music**

The Velvetones will perform on Sunday, April 7, in Clubhouse 4 at 6 p.m. The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing big band swing and jazz standards—music for dreaming and dancing under the direction of Jeff Plum. The Velvetones play at LW Clubhouse 4 on the first and third Sundays at 6 p.m. Grab your dancing shoes and join us this Sunday.

The big band sound—that uniquely American combination of reeds, brass, and rhythm which defined the nation's popular music

**VELVETONES**, page 22

Leisure World residents are welcome to submit reviews of

their favorite restaurants. Reviews should include the writer's

full name, contact information and a Mutual number. Make

sure the restaurant's name, telephone number, address and

operating hours are included in the review, which are subject

to editing and will be run as space allows. Email them to

The Sunny Side Cafe located at the old Denny's restau-

rant is a hidden gem for LWers. The food is exceptional.

Everything is baked on site, so the bread, pastries and des-

serts are very fresh. The staff is experienced and friendly. If

you like dinner early, hot entrees and salads are available.

Prices are reasonable, and the quality is excellent.

## **ART**

## from page 20

beauty of Seal Beach. His watercolor paintings are in galleries and museums all over the world. His Seal Beach pier watercolor painting was featured in the SUN Newspaper in 2018. Just recently, his watercolor painting of Huntington Beach's iconic Golden Bear was selected by the Hilbert Museum of California Art at Chapman University in Orange, California as part of a new exhibit called "Same Place, Another Time: Views of Orange County." The exhibit is in the North Wing Galleries of the museum and will

Restaurant Review

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emmad@lwsb.com.

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LW resident

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www.sunnysidesb.com

by Sandy Esslinger

run through Sept. 7.

Bill Anderson was born in Mankato, Minnesota in 1941 and graduated from Minnesota State University. He moved to Long Beach after graduation and started his 38-year art teaching career, the last 25 years in Los Alamitos. In 1994, he opened the Anderson Art Gallery in Sunset Beach and is currently celebrating its 30th anniversary. He has painted Southern California for over 50 years. He is a recipient of a "Lifetime Achievement Award"

by Marquis Who's Who In America and in the Wall Street Journal. His work is recognized in Gordon McClellands's book, "The History of California Watercolor 1850-1970." Anderson has exhibited in many galleries and museums in several states and countries and has had more than 40 solo exhibits. He was a regular illustrator for Sierra Heritage magazine for 10 years and has illustrated six books related to the gold country era in California for Pulitzer-prize nominee author Craig MacDonald.

In the early 2000s, Anderson was commissioned by US Brigadier General James Combs, the commanding officer of the US Military Joint Forces Training Base (JFTB), in Los Alamitos to paint the base. His JFTB watercolor paintings, pastels, pen and ink drawings and sketches, 75 in all, are on permanent exhibit at the base, referred to as "The Heritage Series," recording the history of the base.

The popular vote theme for this meeting is animals. People who are entering art for competition should arrive early. Judging will start at 6:30 p.m. People can also bring paintings for display if they do not want to enter in the competition.

The meeting is open to everyone, but the competition is for active Art League members only. There is no fee to enter in the art competition. For more information, call Marion Higgins at 562-296-8328.

—Larry Sioson



Irma Contreras and Mary Halsey LONG BEACH SYMPHONY

## Long Beach Symphony tickets will be raffled during Great LW Discovery Tour

Tickets to the Long Beach Symphony's Disco Fever Dance Party on May 4 will be raffled off at the Great LW Discovery Tour on April 6 in Clubhouse 4. People will also get a chance to win tickets to the symphony's performance of Tchaikovsky's Piano Concerto. Regular raffles will be held in both Clubhouse 2 and Clubhouse 4 from 11 a.m.-2 p.m.

On Saturday, May 4, Long Beach Symphony and Classical Night Fever will blast out some of the best disco tunes from the '70s at the Long Beach Arena Pacific Ballroom, located at 300 E. Ocean Blvd., Long Beach. Audiences can boogie to the groove of Barry White, The Commodores, KC and The Sunshine Band, Bee Gees, the Village People and Donna Summer. Doors open at 6:30 p.m. and the music starts at 8 p.m. There is a bar on premises and catering is available by preorder. For more information, visit https://longbeachsymphony.org/ or call 562-436-3203, ext. 1.

## **VELVETONES**

## from page 21

for more than three decades and which still pervades the public consciousness is the Velvetones signature.

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SATURDAY, APRIL 6 • 11 AM TO 2 PM

Algalita Marine Research and Education

Alzheimer's OC

Community Legal Aid SoCal

Council on Aging - SoCal

Disabled Resources Center, Inc.

Fair Trade Long Beach Retail Collective

OC Task Force on Hoardina

Pathways Volunteer Hospice

**UCI MIND** 

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SATURDAY, APRIL 6 • 11 AM TO 2 PM

**All-Ways Travel** Athens Services Seal Beach Health & Rehabilitation Solatube Home Tandem Careplannina Bio-One of Orange **Budget Norwalk** Gina Rojas Real Estate & Notary Goli Electric

Jersey Mike's **Konrad Konstruction** SONUS Hearing



주일 (SUN) 예배 :11:00 AM 수요 (WED) 성경공부: 6:00PM 말씀을 사모하는 자는 오십시요 CLUBHOUSE #3 LOBBY

담임목사: 이 정 현 REV. DR, JOHN LEE 310) 749-4756 / 310) 749-0577

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주일예배: Sun. 10:30 AM

LW Open Bible College

열린 성경대학 (수): Wed. 10:00 AM

C. H. 3, Rm 4 2 310) 748-2595

**\$** Bible College will start on March 6. 성경대학은 3월 6일 부터 개강합니다.



담임목사: 한용국

Rev. Yongkuk Han

Calvin Theological Seminary (M.Div.)

Seoul National University (B.A., M.A.)

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## AFFORDABLE INTERNET

## FCC program provides inexpensive internet service

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands.

Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

## Who Is Eligible for the Affordable Connectivity Program?

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

- Received a Federal Pell Grant during the current award
- Meets the eligibility criteria for a participating provider's existing low-income internet program;
- Participates in one of these assistance programs: Free and Reduced-Price School Lunch Program or School Breakfast Program, including at U.S. Department of Agriculture (USDA) Community Eligibility Provision schools; SNAP; Medicaid; Federal Housing Assistance; Supplemental Security Income (SSI); WIC; and Veterans Pension or Survivor Benefits.

## Two Steps to Enroll

Go to GetInternet.gov to submit an application or print out a mail-in application.

Contact your preferred participating provider to select a plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask eligible subscribers to complete.

Eligible households must both apply for the program and contact a participating provider to select a service plan.

Consumers can choose a service plan that best meets their needs (including a plan they may already be on.

## Which Internet Service **Providers Are Participating** in the Affordable Connectivity Program?

Various internet providers are participating in the Affordable Connectivity Program. Participating providers include Spectrum and Frontier, among others.

For more information, visit https://www.fcc.gov/acp.

—from the Federal Communications Commission

## **GATE ACCESS QUICK TIPS**

## **RFID Tag Expiration Notices**

Some residents have received an email stating their RFID tags are expiring. For most people, this means that their GRF decal—the sticker on their driver's side window—is expiring. RFID tags are linked to decal expiration date. If you received this email, call Security at 562-431-6586, ext. 375. LW residents can renew their decals at the Security Office in Building 5.

### **Fastest Entry for Guests**

For the most efficient access to LW, visitors should tell gate guards the unit number of their destination and then the resident's name. That is the order that information is entered into the computer.

### **E-Passes for Guests**

LW residents who are registered through the GRF with the Proptia guest management system can text guests e-passes to easily allow their guests entry to LW. To learn more, visit info@lwsb.com.

## All People, All Gates

Everyone—residents, guests, vendors, caregivers alike—can enter the Main Gate, St. Andrews Gate or the North Gate. Opening all gates to all traffic from 7 a.m.-11 p.m. is expected to significantly reduce pressure on the Main Gate.

### **Barrier Arms**

More than 45 days into the new system, barrier arms continue to be broken off by motorcyclists, cyclists and vehicles. The arms are designed to break away at the least pressure to avoid damage and injury.

GRF Service Maintenance re-installs the arms, which can be reused, but it does disrupt entry flow.

Drivers and bikers are asked to approach gates with caution.

## SCRABBLE G R A M. S. SOLUTION It G. R. A. M. I. N. C. A. T. E. 88 V4 E1 11 N1 U1 L1 E 60 [U-][N-][C-] I- |[V-] I- |[L-] 62 TOTAL 350 PAR SCORE 270-280

## Crossword Answers

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S I R E N H U F F E D Y S S M U G

## Sudoku 1 Answers

8	1	6	3	4	5	7	2	9
5	3	4	7	2	9	1	6	8
2	7	9	6	8	1	3	5	4
6	5	8	2	1	3	4	9	7
3	9	1	4	6	7	5	8	2
7	4	2	5	9	8	6	1	3
9	8	7	1	5	4	2	3	6
1	6	3	9	7	2	8	4	5
4	2	5	8	3	6	9	7	1

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be conscorrectly is when all 81 boxes contain numbers and the other Sudoku rules have been followed by the word of the Sudoku rules have been followed by the word of the Sudoku, some blocks will be pre-filled for you. You cannot change he Basic Rutes of Stutum.

There is only one valid solution to each Sudoku property. There is only one valid solution to each Sudoku property is when all \$1\$ boxes contain numbers and the other Sudoku rutes may be supported by the sum of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Fach column must contain all of the numbers 1 through 9 and no two numbers in the same column of a support of the sum of a Sudoku sum of the sum of a Sudoku sum of the sum of the sum of the sum of a Sudoku sum of the sum of th

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a window puzzle can be the same. Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku nuzzle can be the same. Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a sudoku puzzle can be the same.

## **Jumble Answers**

AGENT PAYOU1 COWARD ELDLR Honoring George Washington's birth starting in the late 1800s created a — "PRECEDENT" DAY

## Puzzle Answers

Puzzle pages 8-9





## Sudoku 2 Answers

8	2	9	7	1	3	6	5	4
1	7	5	6	4	2	8	9	3
3	6	4	5	9	8	7	1	2
4	3	6	2	5	9	1	8	7
2	5	1	8	6	7	3	4	9
7	9	8	1	3	4	5	2	6
5	8	2	9	7	6	4	3	1
6	1	3	4	2	5	9	7	8
9	4	7	3	8	1	2	6	5

Kenan Thompson

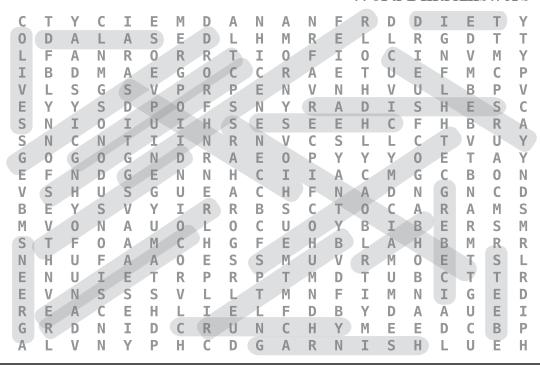
## **Crypto Fun Answers**

A. lettuce B. tomatoes C. crisp D. lunch

## **Boggle Brain Busters Answers**

DINO MANG KANSAS ARBONA MARYLAND ARKANSAS.

## **Word-Find Answers**



### **CROSSWALK SAFETY**

## Drivers need to watch how near they park to unmarked crosswalks

California drivers should double-check where they park this year as a new law on the books has created a no-parking buffer around marked and unmarked pedestrian crosswalks.

Drivers are typically not allowed to park their vehicles in the middle of an intersection, on a crosswalk, in front of marked curbs, in a way that blocks access to fire hydrants or too close to a fire station entrance, among other prohibited parking spots.

Now drivers will need to consider the areas around crosswalks as no-park zones, because of the law that went into effect at the start of the year.

Assembly Bill 413 prohibits the stopping, standing or parking of a vehicle within 20 feet of the vehicle approach side of any unmarked or marked crosswalk or 15 feet of any crosswalk where a curb extension is present.

Drivers will need to get into the habit of leaving a 20-foot gap between their vehicle and any marked or unmarked crosswalks.

Assembly Bill 413 does not specify what constitutes an unmarked crosswalk and whether that applies to a sidewalk curb or ramp.

In Leisure World, sidewalk curbing at marked crosswalks is painted red.

A study could be needed to see if LW's red zones at crosswalks comply with this new bill, according to GRF Senior Director of Facilities Mark Weaver.

California's pedestrian fatality rate is nearly 25% higher than the national average, according to the California Office of Traffic

## **GOLDEN AGE FOUNDATION**

## Centenarians to be celebrated April 23

The Golden Age Foundation will hold its annual Centenarian Celebration on April 23.

To join in the festivities, people with friends or neighbors that are turning 99.5 or older this year should contact one of the following GAF volunteers: Carl Kennedy at 661-810-9410, Beth Greeley at 714-329-3621, Cheryl Falconer at 714-904-1984, Fara McCartney at 714-625-5141, or Anna Derby at 562-301-5339.

People will be celebrated with a delivered lunch and other tokens of appreciation.

## **How to Place a Classified Ad**

Classified ads may be ordered over the phone by calling (562) 431-6586, ext. 383, or (562) 430-0534; emailed to debbiek@lwsb.com (staff will call back for payment information and ad confirmation) or in person at the LW Weekly office, 13521 St. Andrews Drive (two-story white building at the Amphitheater complex). The office is open Monday-Friday from 8 a.m.-5 p.m.

### **Classified Rates**

Resident rate: Classifieds are \$8 for 12 words or fewer; each additional word is 25 cents.

Non-resident rate: Ads start at \$12 for 12 words or fewer. Discounts are available for ads that run at least four weeks in a row without changes. Payment must be made at the time the ad is placed.

## Deadline

The LW Weekly classified advertising deadline is Monday at noon for that week's Thursday edition. Deadline changes due to the holidays will be printed in the LW Weekly.

## **GRF Decal Service**

The GRF Security Decal Office is open Monday, Tuesday, Thursday and Friday from 8 a.m.-4 p.m. and Saturdays from noon-4 p.m. The office will be closed Wednesdays and Sundays, and on

weekdays from noon-12:30 p.m. for lunch. The office is located in Building 5 near the Copy and Supply

Appointments are not required. Decal issuance is on a firstcome, first-served basis.

To receive a vehicle decal, residents must present the following documents: Proof of vehicle insurance, DMV vehicle registration (vehicle must be registered to the LWSB resident); DMV driver's license; and a GRF ID card.

Decals are valid for up to two years after the date of issuance. If a resident's driver's license expires before the end of the twoyear period, a decal will expire in the same month the resident's drivers license expires. Expired insurance, registration and/or driver's licenses are not valid documents, and no decal will be issued. A DMV identification card is not a valid driver's license, and no decal will be issued.

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At Affordable Prices

## **Senior Citizen or LW Resident Special**

Every Day, 7 Days A Week! 4:00 - 9:30 p.m. Dinner Entrées Only

With Purchase of a Beverage

Excludes beverages, salads, desserts, pizzas, sandwiches, appetizers or any other specials. \$3.00 fee to share a meal.

Sample Catering Menu ~ Call For More Info

Fettuccine Alfredo w/Chicken Tray Feeds 15, includes

salad and garlic bread \$150.00

Lasagna Tray Feeds 15, includes salad and garlic bread

Spaghetti w/Meat Sauce Tray Feeds 15, includes salad and garlic bread

\$120.00

\$130.00 6391 WESTMINSTER AVE., WESTMINSTER • 714-895-3303 Westminster Ave., over the 405 Fwy., on the left side.

## **GENERAL**

Indoor house cat (12 years young) NEEDS a FOREVER Home. He is Lovable, Furry, in good health & NOT on any medications! Free to a good and caring home. Call/text inquiries to Michael at (949) 280-8256

## **FREE ITEM**

Quantum Q6 Power Wheelchair. Good condition. Seldom used. Stored for several months and not charged. Needs cleaning and possible new battery. Includes charger, manuals and Roho air chamber seat cushion. You MUST pick up in Seal Beach, CA 90740. Contact Ron/LW-resident/(949)-940-6256.

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Complete maintenance and land-scape. Serving Leisure-World since 1978. Planting/Clean-Ups/ Fertilization/New-Lawns/etc. My services available to every Mutual. State Contractor License 779462. Honest-and-Reliable.Call/562-863-7739, 562-743-3832 or 714-527-1172 Exp 5/08

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Tammy Nguyen Phenix Salon. Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard#116. Tammy Nguyen (714)-425-4198. Exp 6/05

Full hair services for Men-and-Women/(all-ages) at DAL JE's salon. (562)-626-8122\_or\_(562)-431-4603. Only 5-minutes from Leisure-World. I-Cannot Wait-to-Serve-You!. Please mention SUSAN. Seal Business License 14203016 Exp 5/01

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All things computer related, LW-Resident Exp 4/17 SB License FUH0001

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MOST AFFORDABLE RATE with/ optimum service, 30+years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/ Doctor-Appointments. References, Fluent English. Ann/714-624-1911 and 562-277-3650/Heidi. SB Business License HYC0001. Exp 11/06/2024

EXPERIENCED CAREGIVER Over 25+/years in Leisure-World with/Excellent References! Hourly or Live-in. PLEASE Call Pampet/ (562)-371-4895. SB Business License PAN0003. Exp 6/19

ELDERLY CARE. Live-in/Live-out. 30+/Years Experience. Cooking/Cleaning/Medications/Doctors/ Companions. Experience with Dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 4/17

MARIA'S Experienced Caregivers. Run Errands/Doctor-Appointments/ Cleaning/Part-Time/Full-Time/Live-In. 9xShift. (562)-230-4648. SB Business License CAM0006. Exp 4/17

Anthony Caregiver. Light-Cleaning/ Doctor-Appointments/Errands/ Cooking/Laundry. Anthony Camacho Available-Evening-and-Nights-ONLY. 714-605-6869. SB Business License 14206319. Exp 4/24

Loving Arms Caregiving Are you or a loved one in need of compassionate caregiving services? Look no further!

Loving Arms Caregiving is here to support you with most here to support you with meal preparations, cleaning, Dr's. appointment transportation, companionship and much more. Contact us at (562)754-4639 to learn more about how we can assist you or your loved one. HCO#194701039 Exp 4/24

## **HOUSE CLEANING**

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006. Exp 6/05

MOVE-IN, MOVE-OUT. WALLS, FLOORS, WINDOWS PHIL 562-881-2093. OVER 30+ YEARS EXPERIENCE! SP. Business License. AP0001 SB Business License AB0001.

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10% off 1st-windows cleaning General-Housecleaning Excellent referrals in LW (562)-307-3861 25/years experience Exp 5/29 SB Business License GRA0006

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Erika — M17

Joanie Korman

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MARIA/House-Cleaning We will make your house look NICE-as-possible! 15+/Years-Experience. We can work with/ your-schedule. Bi-weekly/ Monthly. Deep-cleaning.Call/ Text/714-496-2885.SB Business License HER0008 Exp 4/17

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Albert and Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly.(562)-397-4659, (323)-413-0830. SB Business License 14206409. Exp 5/29

## **AUTOS WANTED**

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Cars/Motorcycle/Truck, running-or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV & Release-of-Liability for you! Bonded/Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp6/05

## **AUTOS/BOATS/RV'S TRAILERS FOR SALE**

**ELECTRIC CAR PADS** Installed at your residence. Call Frank/(562)-743-3832. State Contractor License #779462. Exp 5/08

2015 18' Bunkhouse (Sleeps-6) Trailer. AC/Microwave/Fridge/TV/ New Tires & Battery/load leveling Hitch. \$12,500/OBO. (562)-896-1785\_or\_(562)-896-0980. Exp 4/10

## **GOLF CARTS**/ **ELECTRIC CARTS**/ **SCOOTERS/MOBILE** CHAIRS FOR SALE

GOLF CARTS for Sale & Repairs. Call 714-292-9124. SB Business License 14206207. Exp 1/29/2025

GO GO 4-Wheel Scooter for sale. Call 562-296-8031

## **GOLF CART TIRES**

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 4/17

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## **MISCELLANEOUS** WANTED

Buying Antique and Vintage Furniture/MCM-Retro-Furnishings/ Dressers/Desk/Antique-Jewelry/ Navajo-Zuni-Jewelry/Vintage-Clothing/Men's-Watches-and-Lighters/Toys/Novelities/ Whimsical-Figures/Miscellaneous-Collectibles, ETC. 562-243-7229.

## **MISCELLANEOUS FOR SALE**

130 items, highest bid gets Morgan Dollar 1879 CC VF. Coins/Books/Digital-Camera/ Watches/Knives/Ceramic-Dolls/ Records/Miscellaneous-Items. By-Appointment-ONLY/562-594-3975.

Ninety inch Leather Couch with/twin recliners and charging ports. Slightly worn in 2 places. \$350. Call Sue @ 562 708-5775

Estate Sale - Thursday, April 4 and Friday, April 5 from 8:30-2pm at 13370 St. Andrews Dr., Mutual 12 - 69H. Pottery Barn style furniture: off white sofa, leather electric recliner, tweed swivel rocker. Coffee table with drawers, curio cabinet, cottage drawers, curio cabinet, cottage style dining table, and buffet. Lladro, Hummels, Villaroy and Boch, crystal. Lots of cookbooks and appliances. Quality ladies clothing (size XL-2X), designer purses, quality shoes (size 8-1/2) and of course, costume jewelry! You do not want to miss this sale! Estate Sales by Docia Drake Estate Sales by Docia Drake 714-514-8232, Seal Beach Business License ESD0001.

Estate Sale. 1601 Golden Rain Road Mutual-5/Unit-117H. Thursday/April-4th and Friday/ April-5th 9:00AM-2:00PM. White sofa, small vintage kitchen table, crafts, ladies clothing lamp tables tops of clothing, lamp tables, tons of items still in boxes to rummage through. Glinda Davis 714-943-1818. Seal Beach license GDD0001 PO Box 2069 Seal Beach, CA.

## LEISURE WORLD **APARTMENT FOR SALE**

For Sale by Owner. Mutual-14/ Corner-Unit/2-Bedroom/1.5-Baths/ Real-Wood-Floors/Washer-&-Dryer, Air/Conditioning. \$479 562-760-5875 Exp 4/17

## **LEISURE WORLD CARPORT WANTED**

LW/Mutual-15 resident seeking carport space in Mutual-15. Will pay \$35/monthly. (562)-896-1785 or (562)-896-0980.



**Daniel Mahoney** 562) 340-6918 leisurelivingresales.com

Listing **Commission** 

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Gina Rojas (562) 533-3190



ginamrojas@gmail.com Leisure World Specialist

> 24 Years LW Experience DRE#02111452 "I Have Your Best Interest at Heart "

## Now Offering Notary Services



Newly painted one bedroom w/ enclosed indoor/outdoor patio

## 2023 Escrows

<u> </u>	<u> </u>	110
\$379,000	2-18L	\$465,000
\$482,000	7-146i	\$250,000
\$215,000	9-210A	\$510,000
\$330,000	1-8E	\$255,000
\$288,000	4-79A	\$610,000
	\$379,000 \$482,000 \$215,000 \$330,000	\$482,000 7-146i \$215,000 9-210A \$330,000 1-8E

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Verna Chumley

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562-598-1388

562-221-3113

New Listing

**Mutual 6 - 62B** 

\$349,000

Two bedrooms, one bath on

lovely greenbelt; centrally

located in community. **Mutual 15 - 10H** 

\$509,000

Two bedrooms, two baths,

washer/dryer; Approx. 1100 sq.

ft. with large patio; Very private

location.

**Mutual 12 - 38L** 

\$379,000

Expanded two-bedroom corner

unit in great location; GREAT

POTENTIAL! WASHER/DRYER!

**Mutual 17 - 109B** 

\$450,000

**RARE CONDO UNIT WITH** 

GREAT VIEWS; Two bedrooms, two baths!

Coming Soon!

One-bedroom in very private location!

• Fully expanded - could be 3 bedrooms

center of community

 Basic two-bedroom with washer/dryer **On-Site Home Sales** 



Joanie Korman (714) 308-8034 10+ Years LW Resident and

Real Estate Specialist 'Where Life Just Got Easier' Leisure Living Resales, Inc DRE#01937786

## New Listing

1 Bedroom **Partially Expanded** Ready to Move in. Located on a Tree Lined Courtyard.. Cute, Clean, Well Located, **Priced Right** M1 3J \$260,000

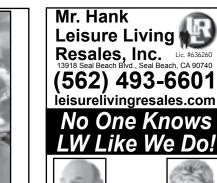
## **Coming Soon!**

1 Bedroom Freshly Painted, **New Vinyl Plank Flooring** Located on a Sunny Courtyard and close to Parking. M4 Call for more information.

2 Bedroom 2 Bath Fully **Expanded Corner with Open** Spacious Floor Plan. Private entrance from 2nd Bedroom. Move in Ready

> M9 237A \$530,000

l3918 Seal Beach Blvd Seal Beach, CA 90740



Mr. Hank 562 - 743-8473 The Piano Man

0 T R

Y



I ela I ee 714 - 213-1993





Carl Kennedy M15 661- 810-9410



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## **ERIKA SHAPIRO**

Resales Specialist Mut. 17 Resident

562-208-5223

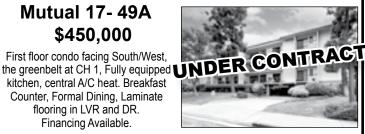
## Mutual 9 - 218H \$298,000

2 Bdr, 1 bath, enclosed patio, Washer & dryer, dishwasher, microwave. East facing, private location.



## **Mutual 17-49A** \$450,000

kitchen, central A/C heat. Breakfast Counter, Formal Dining, Laminate flooring in LVR and DR. Financing Available.



## **Mutual 7 - 162H** \$435,000

Move-in ready, 2 BDR/ 1 bath, beautifully staged, drive-up convenience, fully expanded, central A/C heat, new white cabinetry, new appliances, formal dining, built in breakfast island and dining room hutch, washer & dryer and more!



## Mutual 14 - 49L \$450,000

Desirable Mutual 14 location, 2 BDR, 1 Bath, fully expanded corner with a large side patio, washer & dryer, Central A/C Heat, large skylights. Laminate Flooring.



Leisure Living Resales



## Robin Gray

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(562) 209-5605





## Coming Soon

Mutual 10 - Lovely expanded 2 bed, 1 bath, pretty wood look laminate floors, newer paint, dual pane windows, private side patio

Mutual 8 - One Bedroom, new paint, pretty location, close to laundry and parking.

## New Listing



Cute one bedroom with laminate floors, dual pane windows, skylights, cut-down shower, heat-pump, and a patio to enjoy the pretty courtyard setting. Be sure to see this one! Call Me Today!!

## SOLD 2023 & 2024

Mutual 11-264-E Mutual 4-82-L Mutual 7-172-D Mutual 5-126-K Mutual 12-72-C Mutual 3-11-K Mutual 2-62-K Mutual 6-134-J Mutual 4-52-J Mutual 2-47-C Mutual 1-27-D

Mutual 9-210-J Mutual 11-273-D Mutual 12-55-K Mutual 2-62-K Mutual 14-24-B Mutual 1-50-I Mutual 4-80-A Mutual 15-5-H Mutual 11-265-A Mutual 5-90-B Mutual 2-7-G

13926 Seal Beach Blvd., Seal Beach, CA 90740



## Mutual 1-3D \$234,800

1 Bedroom 1 Bathroom **Greenbelt Views** With Lovely Improvements To Make This Your Gorgeous New Home!





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An Independent Brokerage! DRE#02120194



*14-350-9449* 

Coming Soon 2B/1Ba w/3rd Den/Bd. 2B/1Ba Opportunity



Mutual 15 - 11d McKinney 2Bd/2Ba Expanded Corner, w/Large Family/Great Room, private patio, greenbelt view. Rehab w/NEW Laminate Firs., NEW Counters, Range/Oven, Bathrooms Rehabbed, NEW Paint, NEW Fixtures, Dual Pane Windows + Must See! **PRIVATE & SPACIOUS** @ \$439,000



## \*\*\*\*\*\*CLOSED TRANSACTION

Sale ₁⊞

l isted 12-77h Listed 1-47h Listed 15-29j Listed 10-238b Listed 7-163k Listed 15-43e Listed 5-115i Listed 15-10f Listed 7-158b

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Listed 12 - 45c Listed 15 - 14n Buyers Agt. 15-11d Buyers Agt. 10-248c Buyers Agt. 10-249b

## www.TeamDonnaJean.com



Listed 5-103l

**Andrea Bair** 714-624-1981



Listed 14-18b

Suzanne Ahn 562-810-1614



Michael Shieh 714-866-9268



Alice Sioson 626-216-3038



John Paul Garcia **Branch Manager** 562-567-8228



**Robin Gray** 562-209-5605



Barbara Diette-Dobias 562-754-5628





**Kathy Gupton** 



**Gloria Hadley** 



Edwina DiMario





**Rosie Wang Davis** 



Estee Edwards 562-208-2540

## (562) 594-0515

Seal Beach, CA 90740 BRE 00338699

**Mutual 8 - 185K** Charming, ready to move in, with cozy garden patio





562-618-9940



562-884-3594



562-706-7999



310-220-1407



## 1900 St. Andrews Dr., Suite C

Mutual 5 -123.I \$234,000 Move in ready, new vinyl plank flooring 2 heat pumps



BERKSHIRE HATHAWAY HomeServices California Properties

## rooms

**Mutual - 1-62D** Lovely unit, greenbelt, plantation shutters, laminate flooring.

Mutual 1-6-K \$239,000

Mutual 4-46F

Mutual 5-104F

**Mutual 1-6F** 

Cute one bed with laminate floors, heat-pump, skylights, patio with storage.

West facing unit w/ green view

2 Bed 1 Bath- Recent Remodel

Corner with Large Patio

13926 Seal Beach Blvd.

Seal Beach, CA 90740



Claudette "CC" Cooley 310-484-9600



Leah Perrotti 310-889-6583

### Mutual 1 - 14L \$298,000

2 Bedroom 1 Bath, New flooring, dishwasher, new heat pump, and upgrades. Includes golf cart.

Mutual 3-24F \$349,000 2 Bedrooms, 1 bath Corner unit

\$359,000 **Mutual 11-273L** 2 Bedrooms, 1 Bathroom

## **Two-Bedrooms**

**Mutual 10-248-I** \$369,000 Expd. two bed, side patio, new paint & laminate floors.

Mutual 2-68G \$399,000 Expanded corner close to carport



714-293-1151



**Adrian Villarreal** 714-694-3291



\$409,000

\$549,000

Chris Kim



562-900-4243



Jay Cho 714-944-4998



Philip Bak 213-550-9991



Fay Wescott 949-212-8748







424-247-4542

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Kathy Gupton Associate Broker DRE # 00744676

Yes we

Sean Wood
Realtor®

DRE# 02186926





Gloria Hadley Realtor® DRE # 01057681

Charming expanded 2 bedroom 1 bathroom home. This home is ready to move in and features a leaded glass entry door, spacious carpeted living room, and a formal dining area. The kitchen has laminate flooring white cabinets with granite counters built-in appliances including a microwave dishwasher and skylight. The master bedroom has a ceiling fan and walk-in closet. The bathroom has a cut-down shower for walk-in convenience and safety, washer/dryer, and a skylight. The second bedroom is carpeted with a wardrobe closet. Also featured our double pane windows with plantation shutters, central heat and air conditioning, an outside storage closet, front tiled porch overlooking a beautiful green area. Curb appeal is enhanced by exterior brick siding and surrounding trees and greenery.

M8-193B \$399,900 Sold in 2 Days Sold in 2

Delightful one bedroom one bathroom home overlooking a fabulous large green belt. This lovely home is ready to move into. The Spacious living room has a lovely leaded glass entry door, plantation shutters, and beautiful wood flooring. The kitchen has white cabinets built-in Leisure World appliances including a stove, oven, refrigerator, an added ceiling fan, vinyl flooring, and an extra-large skylight. The bedroom has wood flooring and plantation shutters. The bathroom has vinyl floors and an extra-large skylight. The private patio has a walk-in storage closet, overlooks a lovely green belt, and is perfect for relaxing and enjoying the wonderful ocean breezes and beautiful sunsets. This property is walking distance to downtown Leisure World, the 9-hole 3 par golf course, swimming pool, jacuzzi, health care center, post office, amphitheater, and the out-side of LW corner shopping center. Located in the charming and quaint town of Seal Beach.



This lovely two-bedroom one bathroom home is ready to move into. It has been newly painted and has newly installed deluxe vinyl plank flooring throughout. Enter the spacious living room through the beautiful leaded glass entry door. The living room has a heat pump that provides both heating and air conditioning. The kitchen has a skylight, white cabinets, and Leisure World appliances including a stove, oven, refrigerator, and it has an added new dishwasher. The main bedroom has mirrored wardrobe doors. The bathroom has white cabinets, a cut down shower for walk-in convenience and a skylight. The second bedroom has mirrored wardrobe doors. The large and private wrap around patio has two skylights, a walk-in storage closet, and is perfect for indoor outdoor entertaining.



Elegant 2 bedroom 1-1/2 bathroom fully expanded home with a formal dining area. Take a look at this lovely spacious home with a large corner living room, adjacent formal dining area, and one that has been fully remodeled and expanded. The tiled entry porch and leaded glass door open into an entry area with a coat closet. The kitchen has been fully remodeled with custom cabinets, granite counters, built in appliances including a stove, oven, refrigerator, dishwasher, a mirrored backsplash, and skylight. The main bedroom is fully expanded with a walk-in closet, double pane windows and plantation shutters. The main bathroom has granite counters, cut down shower for walk-in convenience, vinyl flooring, and skylight. The second bedroom is carpeted and has a half bath. Also featured in this lovely home is central heating and air conditioning and is located in a pretty greenbelt area.



Charming describes this lovely expanded two-bedroom one-bathroom Leisure World cottage. This home is light, bright, warm, and cozy. A washer dryer will be added at seller's expense. A Beautiful leaded glass door leads into a spacious open floor plan. The living room has a heat pump and air conditioning unit. The kitchen has an extra-large skylight, white cabinets with granite countertops, built in Leisure World appliances including stove, oven, refrigerator, an added built-in microwave oven, and a mirrored backsplash. The master bedroom has mirrored wardrobe doors. The bathroom has a skylight and cut down shower for walk-in convenience. The second bedroom has a mirrored wardrobe door. The side edition may be used as a dining area, office, den, sitting area or bonus area of your choice. There is laminate flooring throughout and a private patio with a walk-in storage area. This lovely home is a must see.



## **PENDING**

Mutual 12-46F Mutual14-28A

## SOLD 2024

Mutual 15-37R Mutual 11-273L Mutual 4-83L Mutual 14-5B

## SOLD 2023

Mutual 10-2421

Mutual 2-29E Mutual 4-51L Mutual 4-76L Mutual 4-77E **Mutual 10-254H Mutual 14-17B** Mutual 5-91C Mutual 3-29K Mutual 14-5B Mutual 8-185K **Mutual 11-273L Mutual 1-25** Mutual 2-26C Mutual 1-26B Mutual 8-188C Mutual 1-30K Mutual 5-91J **Mutual 11-267C** Mutual 1-26L

Mutual 11-267C
Mutual 1-26L
Mutual11-268F
Mutual 4-50F
Mutual9-212C
Mutual6-143A
Mutual 9-225C
Mutual 9-230D
Mutual11-283D
Mutual 4-51D
Mutual 8-189D

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## Gasper Monteer





Nicholas Monteer Broker DRE #02166226

562.280.4631 nicholasmonteer@gmail.com

 REALTY GROUP 1900 St. Andrews Dr. Suite B, Seal Beach, CA 90740

## **OUR TEAM!**

sealbeach-retirementcommunity.info















## For 2024, We have a total of 39 pending and closed sales.



1642 Merion Way #40G | M2 | \$389,000 Corner drive-up location 2bed/1bath partially expanded with sunroom/patio. Washer/dryer. Skylights in kitchen and bathroom. Added dishwasher with newer refrigerator. Dual pane windows with shutters throughout and lots of storage space!



1221 Golden Rain Rd #3i | M3 | \$239,000 1Bed/1bath interior location on wide green with tiled patio. New laminate floors and freshly painted. Skylights in kitchen and bathroom. AC heatpump and bathtub with storage closet.



1080 Brookline Rd #213A | M9 | \$585,000 Corner 2bed/1.5bath on greenbelt with added patio and custom stone work! Skylights throughout, hardwood floors, double pane windows and slider. Walk-in closet with formal yet open spaces!



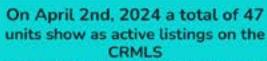
13265 Del Monte Dr #35i | M12 | \$429,000 Interior 2bed/1bath fully expanded home on greenbelt location. Light and bright kitchen with dual pane windows, carpeting. Skylights in kitchen and bath. Walk-in closet with lots of storage and brick patio.!



13860 St Andrews Dr #61E | M1 | \$235,000 Charming greenbelt location with mature trees 1 bedroom 1 bathroom with full patio! Wood and laminate floors, dual pane windows, granite countertops throughout, patio skylight and cut down



1871 Golden Rain Rd #26E | M14 | \$429,000 Partial expanded drive-up corner 2bed/1 bath unit w/patio. Central AC, double pane windows, skylights in bathroom/ kitchen. Movable kitchen peninsula. Large Outdoor storage closet and "peek-a-boo" view of golf course!



(this is where Realtors list property for sale)

7 - 1 bedroom/1 bath units from \$233,000 to \$315,000

27 - 2 bedrooms/1 bath units from \$298,000 to \$475,000

13 - 2 bedrooms/2 baths units from \$380,000 to \$665,000

Please note that we offer virtual tours for anyone you know that needs a video of the interior of listings on the market! Please contact us to get access to any and all inventory.









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Spring is here and the weather isn't the only thing heating up! Ready to see how much your home is worth in this hot market? Come by and speak with an expert

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M12-40G \$380,000 Fully Expanded 2 Bedroom 1.5 Bath with Drive up Parking



M14 - 51G \$375,000 Partially Expanded 2 Bedroom 1 Bath with Washer/Dryer



M15 - 26C \$645,000 RARE and GORGEOUS 2 Bedroom 2 bath Loft



M12 - 38L \$379,000 Partially expanded 2 bedroom 1 bath with Heatpump



*M3 - 6G \$355,000* Adorable 2 Bedroom 1 bath Corner



M15 - 24A \$489,900 A Stunning Downstairs Unit with Beautiful Built-Ins and Greenbelt views





*M17 - 109B \$450,000* 2 Bedroom 2 Bath Condo with Great Views!



M1 - 44K \$232.000 Expd. Bedroom on a Green, walking distance to **Downtown** 



M15 - 10H \$509.000 Gorgeous Downstairs 2 bedroom 2 bath

























