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Happy Mother's Day!



Honoring My Mother

by Fred Fenton
 LW contributor

My mother was a remarkable woman. She was a pioneer woman doctor who graduated from medical school in 1926, the only woman in her class. She did her best to live according to the teachings of Jesus, spending many hours in volunteer work at a social welfare agency and devoting a great deal of her income to helping others and giving to church and charity.

When I was in graduate school, my wife and I were living in a poor neighborhood in Boston. We decided to enroll our first child in a nearby nursery school. When I gave my name, the woman at the desk asked if by chance I was related to Dr. Helen Fenton of San Bernardino, California. Shocked, I asked how she knew of my mother. "We are sponsored by the American Baptist Denomination," she said, "and your mother has been giving to this school for years. We wouldn't think of charging for your child."

Mother's story begins with her

MOTHER, page 2

Memorial Day Early Deadline

Due to the Memorial Day holiday, submissions for the May 30 issue should be turned in by 4 p.m. Wednesday, May 22.



LW's Unsung Heroes

Innovative Cleaning Services staff are responsible for a litany of tasks around LW, including cleaning carpools and offices, plus setting up and tearing down tables for clubhouse events.

Innovative Cleaning Services helps keep LW running smoothly

by Kathy Thayer
 Recreation Manager

An old scripture cautions us to be hospitable to strangers as we may be entertaining angels unawares. Leisure World has been blessed with a team of angels for nearly nine years that go by the name of Innovative Cleaning Services. These are the workers who make sure our meetings are set up with the equipment we request, who clean our offices, clubhouses, laundry rooms, and carpools. It is they who take care of special circumstances with which we don't want to deal, like a deceased animal, an oil spill, or an unfortunate accident.

Typical of the comments we receive on our ICS crew, these kudos came from a happy Mutual 8 President Jeri Dolch, when a comedy of errors committed by nature could have ruined the picnic they

had planned at Clubhouse 1:

"We woke up to rain Saturday morning and later in the morning we had a Southern California Edison meltdown and were without electricity. Service personnel jumped into making one of the best times for Mutual 8. Forget the weather problems, we got long tables and chairs set up inside Clubhouse 1 for everyone and long service tables set up for buffet style service. Assistance with grill set up, ice filled into tubs for water bottles. The entire time they were present asking if we needed assistance with anything, cleaning floors when something was spilled and helping through the end with cleaning up and putting everything away. So many shareholders said how nice and helpful the employees were. Please let them know they are very much appreciated."

These custodians and utility workers staff our clubhouses, seven days a week,

365 days a year, from 6:30 a.m. - 11 p.m. They clean our offices after hours, help set up and tear down special events like the Amphitheater shows, vaccine clinics, and recently, The Great LW Discovery Tour.

Sometimes you may have trouble finding them because every clubhouse incorporates multiple areas both indoors and outdoors for which they are responsible. During the pandemic, these essential workers scrubbed equipment in the closed amenities and performed strict disinfection protocols throughout trust properties.

Several ICS employees have been with us longer than ICS has, choosing to join the company to be able to stay on at LWSB.

Valente Gonzalez is the weekday a.m. custodian at Clubhouse 2. Gonzalez has been here 28 years and knows the lay of the land better than most of us and

ICS, page 3

BICYCLE SAFETY MONTH

Police looks to create safe environment for bike riders in Seal Beach

May is National Bicycle Safety Month, and the Seal Beach Police Department is encouraging everyone to get active and safely take bike rides. At the same time, drivers should be on the lookout for more people biking and walking.

"Everyone deserves to reach their destination safely," Chief of Police Michael Henderson said. "Unfortunately, at a national level there has been an increase in bicycle fatalities and injuries over the last few years. Bicyclists do not have the same protections as people in a vehicle so if you see a bicyclist—slow down."

According to the National Highway Traffic Safety Administration, 1,105 people were killed while riding a bike in 2022, and an estimated 46,195 bicyclists were injured.

In 2021, 976 bicyclists were killed (a 1.9% increase from 2020) and an estimated 41,615 bicyclists were injured (a 7% increase from 2020).



BICYCLE, page 2 The LW Bicycle Group rides to locations like Newport Beach.

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MOTHER
from page 1

parents. She was their only child, and they loved and affirmed her always. Her father completed only five years of school. The jobs he worked at never paid much. Her mother was a homemaker. They were poor, but only discussed money problems at night when Mother was in bed.

A major expenditure for which her parents scrimped and saved was an upright piano. Delighted, Mother learned to play and kept that piano with her always, even taking it to the retirement home where she spent the last years of her life. Mom's parents, and their unconditional love for her, remained with her always.

Her first day in medical school, Mother spotted a handsome young man sitting in the front row and took her seat beside him. They fell in love, but it was only after graduating from medical school that the two saved up enough to marry. They set up practice together in his hometown, San Bernardino.

It was a difficult marriage. The birth of my brother, and four years later, me, added to the stress in their lives. Mother remained positive and productive through it all. Our family went to church twice on Sunday, and to a mid-week service as well.

Mom treated all her patients, which included Black and His-

panic people, with equal respect. In my nursery she hung a picture of a Black and a white baby together in a crib, a revolutionary act in the 1930s. Mother had an abiding interest in people. Her patients discovered her interest in their personal problems and would tell her everything, often keeping other patients waiting.

As a Baptist, Mother was concerned when I joined the Episcopal Church during my first year at Harvard. It sounded Catholic to her Protestant ears. I showed her the title page of the Book of Common Prayer, which contained the words "Protestant Episcopal Church," and she relaxed. A lifelong Republican, Mother surprised us by voting for Jimmy Carter, saying, "It's about time we have a good Baptist in the White House." That my brother and I both became priests was due, in large part, to the influence of our mother and the example she set for us.

When her mother had to be put in a nursing home, and missed going to church, Mother volunteered to provide a church service for all who wanted to attend. She learned to play a small, electronic organ and offered a Bible lesson.

For all her devotion, Mother was not sanctimonious. She laughed a lot and was genuinely amused by human frailties. She also was clear headed and practical. For instance, she was opposed to abortion, but

argued for it to be made legal because she saw it as a class issue. Women of means were able to obtain a safe procedure, while poor women often died trying to abort themselves.

Let me close with a series of events I think wonderfully reveal my mom, who she was. Needing rectal surgery, Mother surprised everyone who knew her by going to the Roman Catholic Hospital instead of the hospital she and Dad were affiliated with. Why? Because she knew it was the best hospital in town.

While in the hospital Mom was visited by a nun, and the two became friends. When she learned the sister had not been home to Ireland for many years because of travel expenses, Mom paid for her to make the trip.

Years later, when I was helping her pack for moving to a Baptist retirement home, I found a rosary in her dresser. "Mom," I said, "what are you doing with a rosary?"

"Hush," she replied. "That's not a rosary, it's some prayer beads Sister gave me."

Mother lived to be 93. Her funeral, in 1994, extended past an hour to accommodate representatives of organizations like the Salvation Army and the Christian Pilots Association who showed up unexpectedly to give thanks for her years of support. I am forever grateful for her, too.



LWers shop at a 2023 swap meet hosted by GRF.

GRF Swap Meet Sign-Ups: May 16

People are invited to declutter their homes, recycle and make a few dollars at the GRF Recreation Department's community swap meet on Saturday, June 15, in the Administration parking lot from 8 a.m.-noon.

Beginning Thursday, May 16, at 8 a.m., interested vendors should stop by the Recreation Department on the ground floor of Building 5. Space will be allotted on a first-come, first-served basis. Tables are \$10 for a single (no half tables; two-table limit). Tables include two chairs, but vendors must provide their own canopies.

People are invited to browse and find new and gently used treasures. For more information, contact recreation.department@lwsb.com or call 562-431-6586, ext. 2707.

BICYCLE
from page 1

To help keep people safe while biking or walking, the SBPD will conduct traffic safety operations throughout May focused on driver behaviors that put bicyclists and pedestrians at risk, such as speeding, making illegal turns, failure to yield right of way, and stop sign/red light running.

Safety Tips for Drivers

- Slow down and follow the speed limit. Be careful traveling through intersections.
- Look carefully for bicyclists and pedestrians before making a turn or opening a car door near streets or bike paths.
- Be patient when traveling behind a bicyclist and give them space when passing. California law requires drivers to change a lane, when possible, to pass bicyclists and always pass with at least 3 feet of space.

• Never drive distracted or impaired.

Safety Tips for Bike Riders

- Use lights at night.
- Although not required for riders 18 and older, always wear a properly secured helmet. Helmets significantly reduce the chance of a head injury in the event of a crash.
- Bicyclists must travel in the same direction of traffic and have the same requirements as any slow-moving vehicle.
- Yield to pedestrians, just as a driver would. Pedestrians have the right-of-way within marked or unmarked crosswalks at intersections.

Funding for this program is provided by a grant from the California Office of Traffic Safety.

—Seal Beach Police Department

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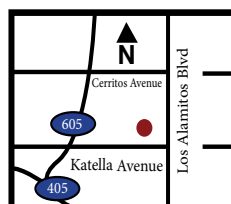
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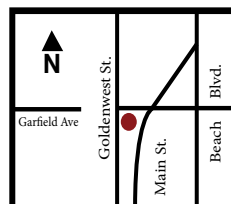
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ICS from page 1

knows the residents by name. Miguel Perez Ruiz and Antonio Fernandez have cleaned the carports for 28 and 18 years, respectively. Three shift supervisors, Selvin De Leon, Enrique Arretche and Ana Gomez, keep busy checking the custodians' work, delivering supplies, assisting GRF Recreation staff at special events and managing special cleanups. All have been here for several years. They and their coworkers are considered family by the Recreation Department, which is responsible for all janitorial services.

At the top of the on-site organization is indefatigable Site Manager Walter Solares and his assistant Elizabeth Cerda. Daily meetings with the Recreation Staff keep them apprised of any issues requiring special attention and both are in contact with their staff and ours seven days a week throughout all shifts. Without their work ethic, GRF's amenities would not be the enjoyable venues and activities that set LWSB apart.

The GRF Recreation Department works closely with ICS to efficiently set up event spaces to create the best experience for residents.

ICS is led by Jennifer Shramo and her team of operations staff who are devoted to our community. If you spoke to any of them, they would share their gratitude for the opportunities Leisure World has provided for so many of their people. You would also hear of the great pride they have in their staff who work hard to deliver safe and clean facilities for our residents.

Sharing her business philosophy, Shramo said, "The leadership of ICS is dedicated to fostering a culture of respect and dignity for all their employees." Next time you see one of these unsung heroes, take a moment to thank them for all they do behind the scenes. They more than deserve it.

Suicide Prevention Info Session

The City of Seal Beach will host a free suicide prevention training on Tuesday, May 21, from 7-8 p.m. at the Orange County Fire Authority Station No. 48, 3131 North Gate Road, Seal Beach, as part of Mental Health Awareness Month. RSVP at <https://forms.office.com/g/vJsvmePUeA>.

Emergency Information Council

The Emergency Information Council (EIC) meeting will meet today, May 9, at 1 p.m. in Building 5, Room B.

Among the topics to be discussed will be an assessment of the EIC's recent presentations and services connected with disaster preparedness. New initiatives and other avenues to help the community better prepare for emergency disasters are welcome.

Everyone is welcome to attend and become a member. Membership is free and new ideas are valued.

In order to provide these types of emergency preparedness talks and services to Leisure World residents at little or no cost, the Emergency Information Council relies on donations from residents.

The EIC now accepts vehicle donations including RVs and cars that are no longer wanted.

Donations can be made by contacting EIC President Jackie Dunagan at jackie919@gmail.com or 562-431-7479 or by visiting the EIC website at www.eiclwsb.org.



GRF Director Teri Nugent from Mutual 2 and GRF Treasurer Camille Thompson (r) from Mutual 8 enjoy a meal from the pharmacy's hot bar.

Pharmacy offers delivery plus rotating menu of hot bar options

From filling prescriptions to offering a mini-mart and a hot meal service, the MedCare Pharmacy is quickly becoming a go-to spot for residents seeking convenience without compromise. With same-day doorstep delivery, residents can rest assured knowing their medications will arrive promptly and hassle-free. MedCare also offers delivery for hot meals and grocery items.

MedCare's hot meal service runs from 10 a.m.-5 p.m., offering a rotating menu of freshly prepared dishes. Residents can look forward to comfort classics or adventurous flavors. Menus will be published in the LW Weekly as space allows.

For free prescription delivery, call 714-557-2982. To request delivery of over-the-counter medications, groceries, lunch or dinner meals, call 714-801-9982.

Owner Vickie Arthur is excited to join the community and said MedCare is "committed to providing top-notch healthcare services and convenience. Whether residents need a prescription refill, groceries, or a comforting meal, MedCare aims to be a trusted neighborhood spot, offering warmth and hospitality."

As MedCare prepares for its grand opening, residents are invited to visit the pharmacy at 1661 Golden Rain Road, next to the Optum Health Care Center, or online at facebook.com/medcaremedicalrx.

See the full weekly menu on page 15.



Happy National Nurses Week

We send our thanks to all nurses for their incredible work. Be sure to take a moment to thank the nurses in your life this next week.



Nurses Week is May 6-12

PERSPECTIVES

Letters to the Editor

Editor:

The GRF Board is proposing a new transit service to replace the Minibuses with fixed routes for all-electric GEM cars as a cost-savings service.

First, GRF just spent considerable sums to replace obsolete buses with new ones.

Second, ridership has decreased due to COVID and other factors such as unreliable vehicles that didn't make it out of maintenance, routes being cut back or even eliminated, etc. Now that has been corrected. Also, with the change in the phone system, contacting on-call, on-demand service after scheduled hours changed; people should call Security/Dispatch at 562-594-4754 to arrange pickup.

Finally, it isn't clear if the stated 10-fold increase in insurance rates is from a year or so ago or since the inception of the Minibus service, which would reflect decades of inflation.

The all-electric GEM vehicles are similar to electric carts. According to a reliable source that professionally drove one of these for a year, all the electric energy is required for propulsion and operating the headlights; consequently, there is no air conditioning in summer and no heat in the winter.

The driver needs to park in a shady place while he waits for the next call, as it can become overwhelming in the heat.

Further, the electric charge can drain quickly, and the driver has to be sure he or she is near a charging station before it is exhausted.

I truly believe this is not the answer to replacing our transportation fleet, and the contract should not be finalized at this time.

Mitzi Winks
Mutual 5

Editor:

With great empathy, I read a letter (April 25) in the LW Weekly lamenting the publication of letters that seem only designed to incite anger and divide people. I do understand that this approach to politics is counterproductive and really helps to solve nothing.

When I am having those distressing thoughts, I have to remind myself that we live in a country in which the right to speak one's opinion is perhaps the most significant part of our foundation of freedom. I am also aware that, with that freedom comes responsibility. For example, we aren't free to yell "fire" in a crowded movie theater, etc.

To protect our freedom of

expression, we sometimes have to allow others to have their say also. No matter how inflammatory, baseless or even borderline psychotic it might seem.

On another note. Thank you Jon Michaels for your wonderful Ode to Leisure World. It was refreshing, funny and so spot on. I really needed that.

Mike Maher
Mutual 3

Editor:

It is crucial for the future of this country that we recognize the stakes of the upcoming election. No longer do we have the luxury of two well-intentioned statesmen arguing over policies. We now have our precious democracy and all of its institutions in grave peril.

We need to educate ourselves as to what is actually going on. Then we must vote as if the future of our children, and our children's children, depend on it—because it does.

Jana Rogers
Mutual 7

Editor:

In the past 60 years, the U.S. population has doubled. That means more than half of our adult population has no direct experience in the pain and waste of war. Regrettably, the nations of the world (ourselves included) continue to be fiercely

"tribal." Tribal aggressions are mostly fueled by the self-interest of short-sighted leaders (if not misguided; perhaps evil).

Power and wealth can be overwhelming stimulants. Broadly based, socially beneficial solutions are developing, but they evolve slowly and we are an impatient species. Until we transition into a massive tribal merging (inter tribal marriages and children with a compelling sense of camaraderie and tolerance), it would appear we

are destined to repeatedly create dangerously competitive episodes.

Hopefully, for the next three or four generations, the nations of the world will remain sufficiently sensible to avoid really gross turmoil.

If not "sufficiently sensible," at least insufficiently efficient to instigate really gross turmoil. Cross your fingers. Our grandchildren are in for a rough ride.

Stan Verdi
Mutual 2

Setting It Straight

An April 25 story headlined "New proposal could save GRF a quarter million dollars annually" did not specify where the proposal originated. An editor's note attached to a May 2 letter from Mutual 2 resident Maureen Ashley should have specified that the proposal came out of a closed executive session, so as to avoid confusion for some residents who wanted more information about it. The reason the item was not on any agenda or otherwise officially documented was because it involved personnel; hence, it was discussed in an executive session of the GRF Board in March. In an effort to underscore the GRF's ongoing efforts to find cost savings, the board approved a general news article about curtailing the use of ODO (the security firm GRF uses to contract labor) for a savings to the community.

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GRF Leisure World Seal Beach

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GOVERNMENT

Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., May 9	Mutual 12 Conference Room B/Zoom.....9 a.m.
Fri., May 10	Mutual 3 Conference Room B/Zoom.....9 a.m.
Mon., May 13	Mutual 9 Conference Room B/Zoom.....9 a.m.
Wed., May 15	Mutual 5 Conference Room B/Zoom.....9 a.m.
Thurs., May 16	Mutual 2 Conference Room B/Zoom.....9 a.m.
Mon., May 20	Mutual 15 Conference Room B/Zoom.....1 p.m.
Tues., May 21	Mutual 14 Conference Room B/Zoom.....1 p.m.
Thurs., May 23	Mutual 1 Conference Room B/Zoom.....9 a.m.
Wed., May 29	Mutual 10 Conference Room B/Zoom.....1 p.m.

Mutual Elections

Mutual 14 is the first Mutual to receive the voting ballots to elect their Mutual Board of Directors. All other Mutuals will receive their ballots according to the election schedule on page 8. The shareholders will receive cumulative and non-cumulative voting ballots in the mail.

Cumulative voting offers multiple votes (based on the Mutual) to give to certain candidates. It allows shareholders to cast all of their votes for a single candidate when the Mutual has multiple openings on its board.

Non-cumulative voting is a single-vote system that only allows one vote per candidate.

IRS Revenue Resolution 70-604 is a new addition to the ballot. In reviewing the election process for the mutuals, it was determined that this item should be included to ensure compliance with tax laws.

Homeowners associations have two different options when filing their respective federal income tax returns. Although there are many different factors that can affect the final determination of which return shall be filed, IRS Revenue Ruling 70-604 is one factor that allows for homeowners associations to exclude net membership operating profits from taxation (as defined as excess membership operating revenues over membership operating expenses).

Under this ruling, owners may vote to apply any excess membership income for the year to the following (or subsequent) year's budget requirements. Failure to approve the revenue ruling limits the tax filing options available to the association and can mean increased tax liability for the current fiscal year.

For Mutual election questions, contact Senior Portfolio Specialist Ripa Barua at ripab@lwsb.com. For GRF election questions, contact Jenna Dever at jennad@lwsb.com.

Seal Beach Senior Services Spring 2024 Guide

The Seal Beach Senior Services spring guide provides consolidated information for all available programs that the city offers for seniors this spring. The guide is available online at <https://shorturl.at/cgA78> and at the community centers. For more information, contact Nathan Caukin at 562-431-2527 ext. 1307.

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Sample Catering Menu ~ Call For More Info

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GRF Meetings Schedule

Golden Rain Foundation committee and board meetings are open to LW residents. The following is a tentative schedule.

Thurs., May 9	Operations Committee Meeting Conference Room A/Zoom.....10 a.m.
Tues., May 14	Member Services Committee Meeting Conference Room A/Zoom.....10 a.m.
Thurs., May 16	Administration Committee Meeting Conference Room A/Zoom.....10 a.m.
Thurs., May 23	GRF Board Executive Session Conference Room A.....1 p.m.

Monthly bus tours are for new residents

The GRF Transportation Department conducts bus tours of Leisure World on the first Tuesday of the month at 1 p.m. for new and recently moved-in residents.

Included will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its activity courts and gaming rooms, the 1.8-Acre disposal and recycling area, as well as the Leisure World Library and the Main Gate bus station.

The 1.5-hour tours will begin at the bus hub on the east side of the Amphitheater north of the Administration Building.

Stock Transfer can book tours when new buyers check in, or people can schedule one at <https://shorturl.at/fnW13>.

For more information, contact Melissa Gomez at melissag@lwsb.com or 562-431-6586, ext. 2326, or Kathy Thayer at kathyt@lwsb.com or 562-431-6586, ext. 2398.

CITY OF SEAL BEACH

Free Senior Shuttle Offered

The Senior Shuttle Service is a free 20-passenger shuttle that runs on a fixed route throughout major city stops, including Seal Beach Pier/Old Town area, Leisure World, and Rossmoor Shopping Center/North Seal Beach Community Center. This shuttle can accommodate wheelchairs and scooters, and hold two bikes.

To register, submit the following to the City of Seal Beach recreation coordinator Anthony Nguyen by email or in-person.

- An application that can be found on <https://shorturl.at/ahxX0>.
- Proof of Seal Beach residency (ID card) and date of birth (CA driver's license).

To use this free shuttle, people must be residents of Seal Beach; 60 years or older; pre-registered with the City of Seal Beach; and have their SMP ID number available for the driver. This number is assigned upon registration with a turnaround time of three business days after submittal of application.

For more information, call Robann Arshat, member resources liaison at 562-431-6586, ext. 317, or email robertaa@lwsb.com.

See more Government on page 8.

Public Comments at GRF Meetings

California law requires the Board to establish reasonable time limits for members to speak at meetings. (Civ. Code Sec. 4925(b).), and how the Board responds to questions or concerns; most often the Board is unable to respond (Civ. Code Sec. 4930.).

Approximately one-fourth of the Board's meeting, a maximum of 30 minutes, is reserved for member comments. Comments are limited to three minutes if there are no more than 10 speakers. If there are more than 10 speakers, members' time will be allocated equally to be completed during the available time.

To address the Board, submit a comment card at the meeting before it is called to order. Members may email correspondence to the executive coordinator at grfboardaction@lwsb.com.

E-waste and Hazardous Waste Disposal

Leftover household products such as paints, cleaners, oils, batteries and pesticides that contain corrosive, toxic, ignitable or reactive ingredients are considered household hazardous waste, and require special disposal. The disposal of household hazardous waste at the 1.8-Acre site is prohibited.

Residents can dispose of their toxic waste at any of Orange County's four Household Hazardous Waste Collection Centers. The closest one to LW is the Huntington Beach Collection Center, 17121 Nichols Lane, 92647, Gate 6. It is open from 9 a.m.-3 p.m., Tuesday through Saturday (closed on major holidays and during rainy weather). Proof of county residence may be requested. TVs, tablets, cell phones and computers can also

E-WASTE, page 8

We would like our patients to meet our new associate Dr. Taylor J. Sant

For those who do not have dental insurance, we offer new patients a \$35⁰⁰ exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.



Philip P. Nguyen, D.D.S., ADA, CDA, OCS, Over 20 years experience



Ella J. Chen, D.D.S., ADA, CDA, Over 10 years experience



Taylor J. Sant, D.M.D., Over 4 years experience

- Crowns & Bridges • Dentures • Implants
- Cosmetic Bonding & Veneers
- Periodontics (Gum Disease)



Senior Discounts Available
Providing Quality Dental Care to Leisure World Residents Since 1975.

Most Insurance Plans Accepted

Seal Beach Dentistry

1900-A St. Andrews Dr. Seal Beach, Leisure World Shopping Center

562-430-1054

Puzzles & Comics

Answers on page 22

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol

"WORKPLAY"
BY SAMUEL A. DONALDSON & DOUG PETERSON

ACROSS

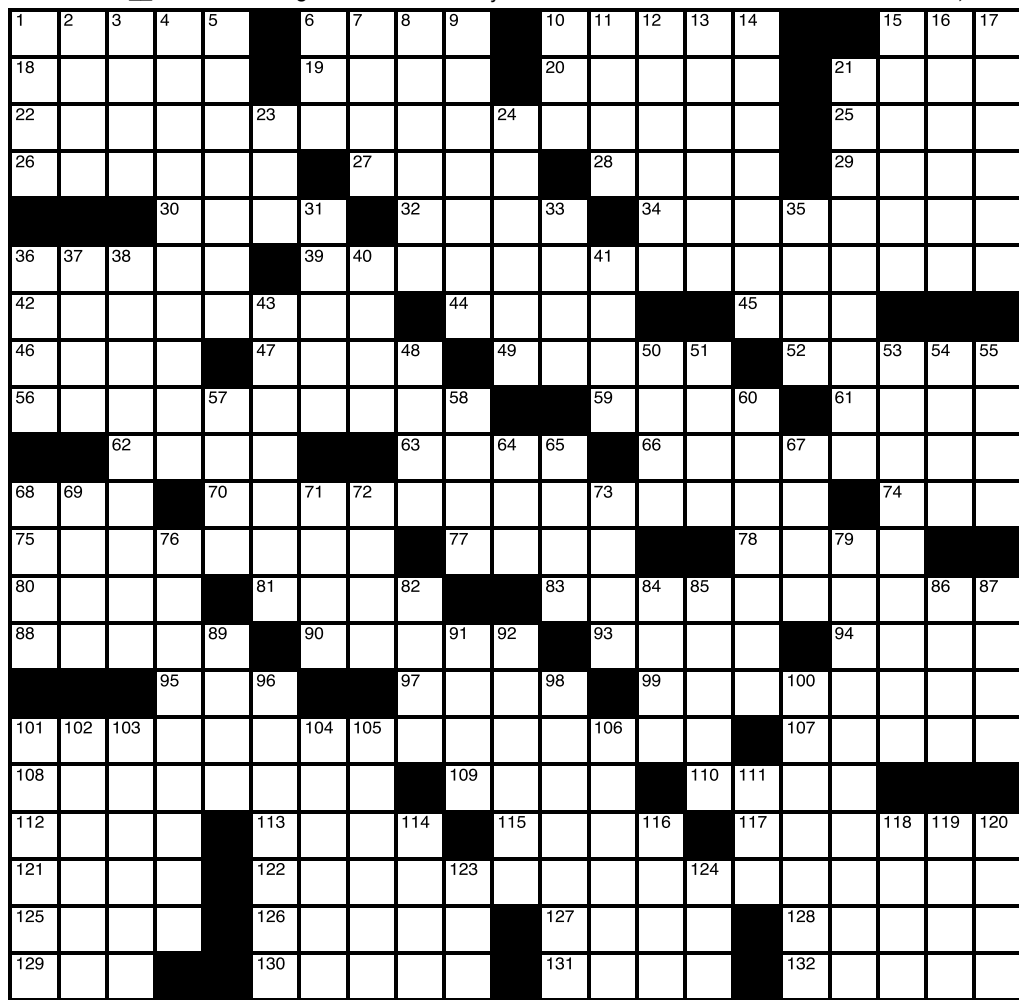
- 1 FLOTUS after Hillary
- 6 Result of a lost front tooth, perhaps
- 10 Winter accessory
- 15 Docs doing deliveries
- 18 Fairy tale bullies
- 19 Kuwaiti ruler
- 20 Gainbridge Fieldhouse player
- 21 "Sussudio" singer Collins
- 22 Home business?
- 25 Sword side
- 26 Ritzy
- 27 PJ top, perhaps
- 28 Change one's story?
- 29 Handle
- 30 Sift through
- 32 Small stream
- 34 "They set us up!"
- 36 Italian "That'll do!"
- 39 Risky business?
- 42 Fail to cooperate?
- 44 Timid souls
- 45 Division I org. based in Arlington, Texas
- 46 Efficient
- 47 Diamond with hits
- 49 Pita sandwiches
- 52 Rough and disorderly
- 56 Pressing business?
- 59 Checker's concern
- 61 Loafer, e.g.
- 62 Souvenir shop staples
- 63 Pop, to baby
- 66 Real struggle
- 68 Buckeyes' sch.
- 70 Core business?
- 74 Venn diagram grouping
- 75 1960s sitcom family with a pet dragon named Spot
- 77 Entreaty
- 78 Formerly, once
- 80 Amount countable on one hand
- 81 Partially melted
- 83 Funny business?
- 88 Six Flags attractions
- 90 Afternoon class hour
- 93 127-Across's Bonneville Flats
- 94 Homeowner's overhaul, for short

- 95 ICU readout
- 97 Response to something
- 98-Down
- 99 Gymnastics team gear
- 101 Family business?
- 107 Scanner brand
- 108 More than necessary
- 109 Wind with keys
- 110 Unnamed others
- 112 Slimming procedure, for short
- 113 Gothic governess
- 115 Guesses from late guests, briefly
- 117 Lack of pep
- 121 "Hooked on Classics" record label
- 122 Nobody's business?
- 125 Make waterproof
- 126 Doomed, so to speak
- 127 Bryce Canyon National Park locale
- 128 Run the ___

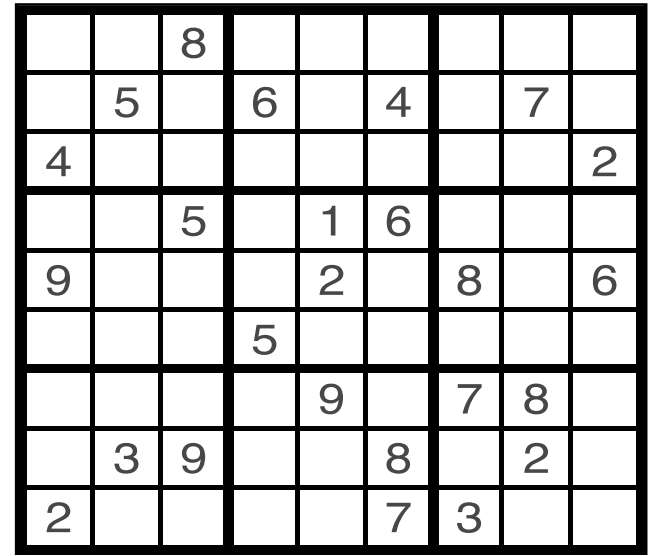
- 129 Couture monogram
 - 130 Weasel relative
 - 131 Okay
 - 132 Kimberly of "Diary of a Mad Black Woman"
- DOWN**
- 1 Parliament member
 - 2 "The African Queen" screenwriter James
 - 3 Intercontinental mountain range
 - 4 Second thoughts
 - 5 Like one of the ace community
 - 6 Service that's neither good nor bad?
 - 7 Apple that comes in many colors
 - 8 Lutelike instruments
 - 9 Pump option
 - 10 Lotion letters
 - 11 Central Perk, e.g.
 - 12 Biting

- 13 Compete in a poetry slam
- 14 Tool that resembles a "P"
- 15 "Fiddlesticks!"
- 16 Burger with a jingle listing its ingredients
- 17 Grumpy colleague
- 21 Whitsunday, by another name
- 23 Seasoning for French fries?
- 24 North Sea work site
- 31 First part of many forms
- 33 Like many doilies
- 35 Vegan panna cotta ingredient
- 36 Lacking locks
- 37 Laptop using ChromeOS, maybe
- 38 "More to come"
- 40 Apt reply to "Does drei times drei equal acht?"
- 41 Brand with a Kids Tactical Vest Kit
- 43 Tiny outfits

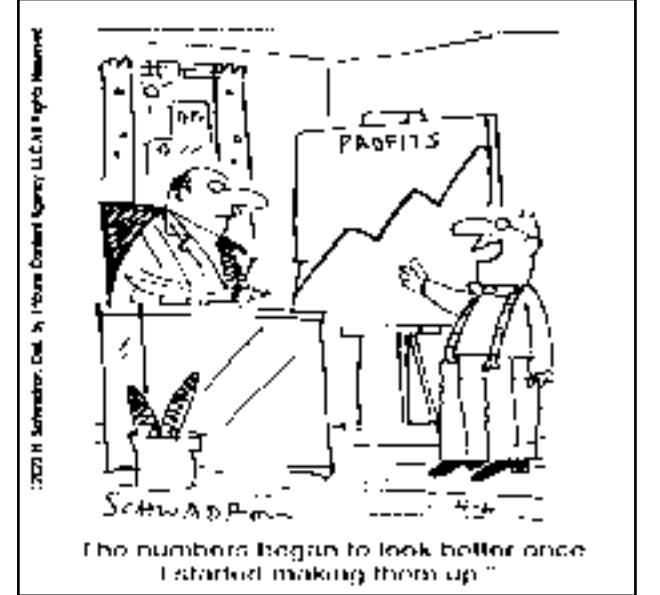
- 44 Algeria neighbor
- 45 To-be
- 46 Ctrl+Z action
- 47 Cap'n's deputy
- 48 Whole alternative
- 49 Slightly, on scores
- 50 Argentine grape
- 51 Sticks on
- 52 Laugh-out-loud funny
- 53 The first "T" in TMNT
- 54 Down-home
- 55 Offers with clickable RSVP's
- 56 Overtune
- 57 Pain relief brand with an oxymoronic name
- 58 Word with empty or veiled
- 59 Close by
- 60 Snarky syllable
- 61 Instead
- 62 Daycation destinations
- 63 "Rent" role
- 64 Promising notes
- 65 Pay to play
- 66 Abbr. on a copier tray
- 67 "Think so, eh?"



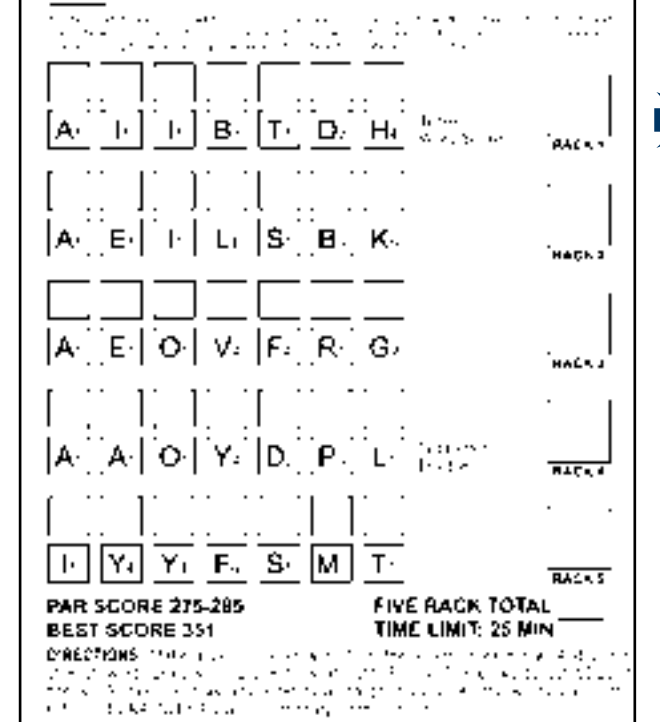
Sudoku 1



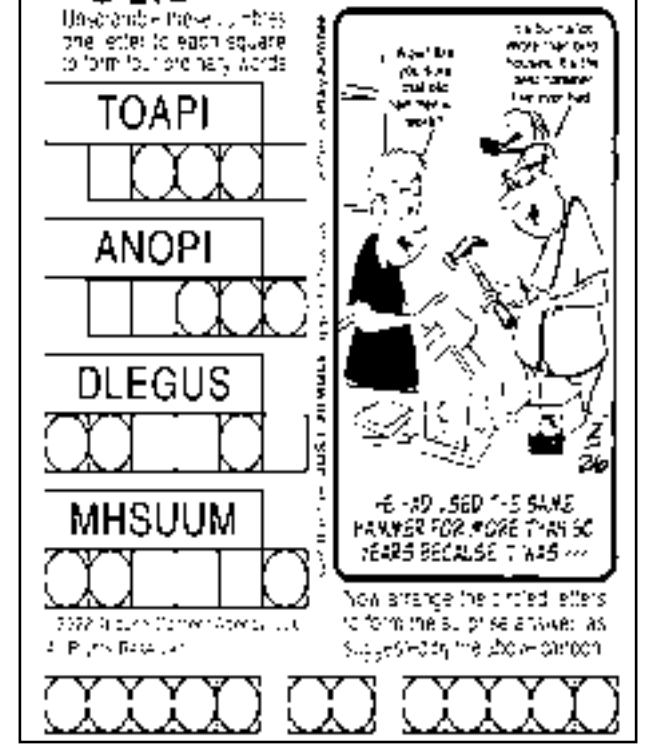
9 To 5 By Harley Schwadron



SCRABBLE GRAMS



JUMBLE THAT SCRAMBLED WORD GAME



Guess Who?

I am a retired athlete born in Pennsylvania on June 11, 1956. I was a quarterback for the Ringgold High School Rams, and invited to Parade magazine's All-American team. I won a national championship for Notre Dame, and later led the 49ers to four Super Bowl victories.

Sudoku #2

	4	5	1	9		2	
2		1				5	
				4			7
8				3		4	
	3						6
		2		6			9
				1			
						7	2
	8			2	3	6	9

Puzzles & Comics
Answers on page 22

⊙*☐☪☙⊕⊖⊗⊘⊙⊚⊛⊜⊝⊞⊟⊠⊡⊢⊣⊤⊥⊦⊧⊨⊩⊪⊫⊬⊭⊮⊯⊰⊱⊲⊳⊴⊵⊶⊷⊸⊹⊺

CRYPTO FUN

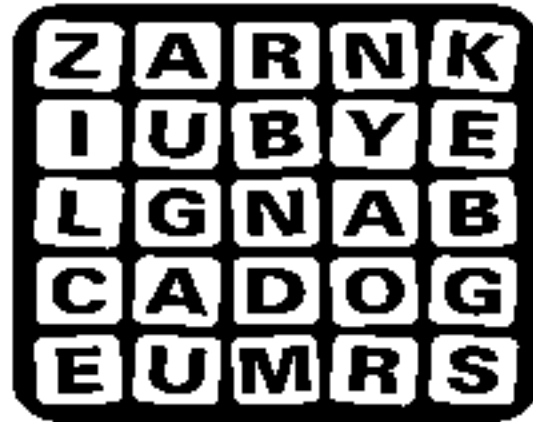
Determine the code to reveal the answer!

Solve the code to discover words related to fireworks.
Each number corresponds to a letter.
(Hint: 25 = S)

- A. 13 26 12 25 5**
Clue: Break apart
- B. 21 16 15 16 12 25**
Clue: Hues
- C. 3 23 11 9 5**
Clue: Evening
- D. 10 22 25 5 23 20 22**
Clue: Lively and entertaining



By David L. Hoyt and Jeff Knurek



BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 4 points
- 8 letters = 10 points
- 9 letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 21-60 = Gamer
- 11-30 = Rookie
- 1-20 = Amateur
- 0-10 = fry again

Boggle BrainBusters Bonus
Without using the 15 best words in the puzzle, find at least six countries ON THE EQUATOR in the grid of letters.

SPARKLE & POP WORD SEARCH

N C L O G P H B R R D S T R O B E E N N
 L H W G S K P B H P P O C B N K O N S E
 R A A O A C T H I M A I L K P M G C U P
 Y E E G P M U M E H T N A S Y R H C P O
 D E D D F D A H L I A E I I L S N B U B
 C T S W A R F I B A T T E R Y P B S F A
 S T F U O C O C F K U F P A H I I U W R
 F E A M A P O M O U S W M M D D L N A G
 E S P U C E H R A F D T P B E E S C F E
 L S L U F A S S B N R N A K H R A W U F
 T O R B N K K U A W C Y T R K T L Y E L
 B R L E N I M E F L F A Y O S E U O G I
 R C R P N A N I F R F L N B H M T B A T
 P U M R P E R E H P S D L D G O E T R S
 Y Y H P B S S P A R K S I E L C L H R I
 W W E C E I P T E S E F D I H E Y P A P
 E S O P H D K U H A N D S Y C S N T B U
 W A T E R F A L L A H C R D S M O E G K
 C U G Y T E P E W P T L U S R K E M W P
 U S N H A P I K B D W E M P C K P D A T

WORDS

- BARGE
- BARRAGE
- BATTERY
- BROCADE
- CAKE
- CHRYSANTHEMUM
- COMET
- CROSSETTE
- DAHLIA
- FLASH POWDER
- FUSE
- MINE
- PEONY
- PISTIL
- ROMAN CANDLE
- SALUTE
- SET PIECE
- SHELL
- SPARKS
- SPHERE
- SPIDER
- STARS
- STROBE
- WATERFALL

Find the words hidden vertically, horizontally, diagonally, and backwards.

Frequently asked questions about annual meetings and elections

The 2024 annual meeting season begins May 16. The fever-pitch of activity will continue for the next six weeks as all 16 mutuals and the Golden Rain Foundation (GRF) host their annual meetings.

The annual meeting and election season began in January and will conclude at the end of June. There are often many questions about this time of the year and why these activities are important.

What is an annual meeting and how is it different from a regular board meeting?

The mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year.

An annual meeting is similar to a State of the Union speech as directors are limited to presenting reports concerning finances, infrastructure, accomplishments, and goals for the future. Business is conducted at board meetings.

Who can attend annual meetings?

Shareholders/owners are encouraged to attend their mutual annual meeting (see schedule on the right). All Foundation members are encouraged to attend the GRF Annual Meeting on Tuesday, June 11, at 2 p.m. in Clubhouse 4.

Are the elections and annual meetings held on the same day?

The ballot counting for the Mutual's election will be conducted at the annual meeting. The ballot counting for the GRF election will be conducted at a special GRF Board meeting at 10 a.m. on Tuesday, June 4, in Clubhouse 4, one week before the GRF Annual Meeting.

How often are elections conducted?

Most mutual boards of direc-

tors are elected annually. The GRF has elections every year but elects directors from even-numbered mutuals in even-numbered years and directors from odd-numbered mutuals in odd-numbered years.

How many ballots will I receive?

Depending on the mutual, shareholders may receive one or two ballots. Shareholders in mutuals 2, 4, 6, 8, 10, 12 and 14 are scheduled to receive two different ballots this season: a ballot to elect their Mutual board of directors and a ballot to elect their GRF director(s). Shareholders in mutuals 1, 3, 5, 7, 9, 11, 12, 15, 16 and 17 are scheduled to receive one mutual ballot.

Should I separate the voting-portion of the ballot before mailing it in the envelope provided?

Check the enclosed instructions on how to fill out ballots and how to return ballots to HOA Elections of California.

Has my ballot been mailed?

Check the election schedule above to see when the mutual ballots were mailed. The GRF ballots will be mailed May 3.

There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power.

Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf?

Proxies are not permissible in GRF elections but, depending on the Mutual's election policy, proxies may be used in Mutual elections. To ensure the ballot's

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
MAY	14	328	165	7	4/16	3 rd Thu	5/16	10 a.m.	Cumulative Voting.
	7	384	193	5	4/17	3 rd Fri	5/17	10 a.m.	Cumulative Voting.
	10	276	139	5	4/18	3 rd Tue	5/21	10 a.m.	Cumulative Voting.
	4	396	132	5	4/22	4 th Wed	5/22	10 a.m.	Cumulative Voting. Staggered terms. Bylaw Amendments.
	16	60	20	5	4/22	4 th Wed	5/22	2 p.m.	Cumulative Voting. Election & Annual Meeting held in Conf. Room. B.
	11	312	104	5 or 7	4/23	4 th Thu	5/23	10 a.m.	Cumulative Voting. Per Article 5, of Bylaws will either elect 5 or 7 directors. Staggered Terms. Voting is per unit to elect one delegate. Proxies in effect.
	9	384	199	7	4/24	4 th Fri	5/24	10 a.m.	Cumulative Voting.
JUNE	Golden Rain Foundation				Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutuals 2, 4, 6, 8, 10, 12, 14, & 16				5/3	1 st Tue	6/4	10 a.m.	No Cumulative voting. New directors will be installed at GRF Annual Meeting on 6/11 at 2:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
JUNE	6	408	205	7	5/8	1 st Fri	6/7	10 a.m.	Cumulative Voting.
	1	844	282	5	5/10	2 nd Mon	6/10	10 a.m.	Cumulative Voting. Staggered Terms.
	5	492	164	4	5/10	2 nd Tue	6/11	10 a.m.	No Cumulative Voting. Staggered Terms.
	3	432	217	7	5/13	2 nd Wed	6/12	10 a.m.	Cumulative Voting.
	12	452	151	7	5/14	2 nd Thu	6/13	10 a.m.	Cumulative Voting.
	2	864	433	9	5/15	2 nd Fri	6/14	10 a.m.	Cumulative Voting.
	15	502	252	7	5/22	3 rd Fri	6/21	10 a.m.	Cumulative Voting.
17	126	64	3	5/24	4 th Tue	6/25	10 a.m.	No Cumulative Voting. Staggered Terms.	

NOTE:
 * = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.
 ** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.
 *** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.
 **** = The quorum for Bylaws is pursuant to Sections 211 and 152 of the Corporations Code, the proposed Amended and Restated Bylaws must be approved by quorum as stated above. If approved by the shareholders, the Amended and Restated Bylaws will become effective immediately.

2024 GRF and Mutual election and annual meeting schedule.

integrity, ballot envelopes must be signed by the shareholder member connected to that household.

Are write-in candidates permitted?

Foundation bylaws do not permit write-in candidates for GRF directors. There is a space on most mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called "nominated from the floor") and must be present to accept the nomination.

My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to the address of the shareholder's choice. For more information, call HOA Elections of California at 951-667-7191 or email info@hoaelections.com or go to <https://hoaelections.net/need-a-replacement-ballot> to request a replacement ballot.

The candidates on my ballot are running unopposed; why should I vote?

Every vote counts and everyone's participation in the election process is critical for the operation of this community. Additionally, the return of a properly cast ballot ensures that a Mutual will obtain necessary number of votes to produce the annual meeting and counting of ballots.

I don't know the candidates running for my mutual's board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on important topics. Attend meet-the-candidates events, and ask friends and neighbors for their opinion.

If shareholders decide not to cast their votes for any of the mutual candidates, they are still strongly encouraged to vote by checking the box labeled "abstain from voting—ballot counted for quorum only" portion of the ballot. This lets them participate in the election process by returning a properly cast ballot.

I've heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must be present to make mutual annual meeting proceedings valid. In the case of elections, the par-

ticipation in the voting process, i.e. a properly cast ballot, counts as shareholder's attendance. A quorum of at least one-third (1/3) for some Mutuals and half plus one for some of the mutual corporation membership is required before the mutual ballots can be counted.

I lost my ballot OR can't remember if I mailed my ballot. What do I do?

Call HOA Elections of California at 951-667-7191 or email info@hoaelections.com or go to <https://shorturl.at/hDES2> to request a replacement ballot.

Where do I mail the ballot?

Shareholders can mail the ballot to the Inspector of Elections, HOA Elections of California, Inc, 1001 Avenida Pico, Ste C496, San Clemente, CA 92673. Drop the ballot in a US mailbox as soon as possible. The ballot must be received before 5 p.m. on the business day **before** the annual meeting.

Members can also utilize the on-site ballot box in front of the Administration Building at least one hour before their Mutual's annual meeting begins, or hand-deliver their ballot to Clubhouse 4 on the day of the annual meeting. See instructions on your ballot for further information, and don't forget to sign the outside return envelope.

I still have questions about annual meetings and elections. Who can help me?

Contact Senior Portfolio Specialist Ripa Barua at ripab@lwsb.com for Mutual Election assistance, or Jenna Dever at jennad@lwsb.com for GRF election assistance.

E-WASTE from page 5

be taken to this collection center. For more information about the OC door-to-door service, call 714-834-4000 or visit www.oclandfills.com/hazardous-waste.

2024 Holiday Carport Cleaning Schedule

Holiday	Regular Schedule Date	New Date
Memorial Day Mutual 10: Morning: 117, 118, 119, 120, 121, 122. Evening: 123, 124.	Monday, May 27	Thursday, May 30
Independence Day Mutual 2: Morning: 25, 26, 30, 31, 32.	Thursday, July 4	Friday, July 5
Labor Day Mutual 1: Morning: 2, 5, 6, 9, 10. Evening: 1, 3, 4. Mutual 17: Evening: Building 3.	Monday, Sept. 2	Thursday, Aug. 29
Veteran's Day Mutual 5: Morning: 60, 61, 62, 63. Evening: 68, 69, 70, 71.	Monday, Nov. 11	Wednesday, Oct. 30
Thanksgiving Day Mutual 11: Morning: 130, 131. Mutual 15: Morning: 7, 8, 10, 13. Evening: 3, 6, 11, 12. Mutual 16: Morning: 9.	Thursday, Nov. 28	Friday, Nov. 29
Christmas Day Mutual 11: Morning: 132, 133. Mutual 12: Morning: 141, 142, 143, 144. Evening: 145, 146. Mutual 15: Evening: 4, 5.	Wednesday, Dec. 25	Monday, Dec 30



COMMUNITY

EMERGENCY INFORMATION COUNCIL

SB Sergeant will speak on City's Hazard Mitigation Plan

Sgt. Brian Gray, Seal Beach Police emergency services coordinator, will speak at the Emergency Information Council's (EIC) about the city's Local Hazard Mitigation Plan (LHMP) on Monday, May 13, in Clubhouse 4, at 1 p.m.

Emergency management is needed to prepare for, mitigate, respond to and recover from emergencies. The LHMP allows public safety officials, city staff, elected officials and members of the public understand the threats from natural and human-caused hazards in the community and recommends specific actions to proactively decrease these threats before disasters occur.

An LHMP is a way for the city to become more prepared in advance of these disasters, so when they do occur, there is less damage and recovery is easier. The community can use LHMP strategies to reduce instances of

property damage, injury and loss of life from disasters.

An LHMP includes an assessment of the threat to Seal Beach, which will describe how the community and its members, particularly disabled persons, are vulnerable to future disasters. For Seal Beach, those hazards include earthquakes and liquefaction, tsunamis, wildfires, tornadoes, water-spouts and wind events.

Gray will discuss the LHMP hazard mitigation strategy, which lays out specific policy recommendations for Seal Beach to carry out going forward. More about the plan can be found at the City's website: <https://www.sealbeachca.gov/Departments/Police/Public-Safety/Local-Hazard-Mitigation-Plan>.

Gray has served the SBPD for a decade. His role as the emergency manager for the past two years showcases his com-



Brian Gray

mitment to preparedness and effective crisis response. Gray's academic achievements include earning bachelor's and master's degrees from UC Irvine.

Residing in College Park West, Gray is not just a public servant, but also a valued member of the Seal Beach community he serves.

In 2018, Gray was listed in the Top 100 Influential People in Orange County by the OC Register for his work with the homeless community.

PAWS, CLAWS AND BEAKS

How to care for a pet in a disaster

The Paws, Claws and Beaks Club will meet today, May 9, in the Clubhouse 1 picnic area at noon to talk to LW residents about how to shelter and care for pets in the event of a disaster. SoCal Animal Response Team (SCART) will also present.

Those who want to attend are asked to bring a dish for eight people. The club will bring desert and water for all. Dogs that are on a 6-foot nonretractable leash are also welcome.

SCART is a nonprofit organization that was founded to respond to animal needs and assist other agencies during local or national disasters or crises. They educate the public to prepare for a disaster and train them to care for their animals before, during, and after a crisis. They also assist local and national agencies by responding to a crisis with trained volunteers, which can include evacuation and shelter management teams. They are an all-volunteer organization and rely on fundraisers and donations to support their team and their efforts.



SEAL BEACH LIONS CLUB



The Seal Beach Lions Club Project Food Box sold out within 30 minutes of opening on April 26. The 12-pound boxes contained a variety of fresh fruits and vegetables. This is a nonprofit event. The Lions Club pays \$10 per box and sells the boxes to LW residents for \$10 cash. Project Food Box is held once a month on the fourth Friday of the month. The next event is Friday, May 24, from 10 a.m.-noon, in the parking lot of Clubhouse 6. The Lions Club will once again increase its order in an effort to meet demand. Those interested in the program must bring a GRF ID and \$10 cash. The Lions Club thanks Leisure World for supporting this healthy-choice program.

Read the LW Weekly online at www.lweekly.com

Senior Get Together

The Mary Wilson Library in Seal Beach will host a Senior Get Together event today, May 9, from 10 a.m.-1 p.m. at Eisenhower Park off of Ocean Avenue and Main Street in Seal Beach.

Residents are invited to attend a celebration of Older Americans Month. There will be trivia games, a Charlie Cart food demonstration, Library of Things demonstration, scanning party, adult craft center and representatives from community partners including: CalOptima, SCAN, CalFresh, HiCap, OC Waste, OC Animal Care, OC Office on Aging and Meals on Wheels.

Concerned Shareholders

The Concerned Shareholders will meet Thursday, May 23, at 1 p.m., in Clubhouse 3, Room 2.

The club will have two guest speakers in May, GRF Recreation Manager Kathy Thayer and Physical Property Manager Kevin Black. Thayer will discuss the programs for the Amphitheater and Recreation Department programs. Black will speak about the changes, functions and responsibilities of the Physical Properties Department. There will be time for questions at the end of the presentations. All residents are welcome.

American Latino Club

The American Latino Club will meet today, May 9, from 11:30 a.m.-2:30 p.m. in Clubhouse 3, Room 2 for a "Mamacitas" (Mother's Day) themed event.

In celebration of Mother's Day, bring a favorite family recipe to enter in the contest where three prizes will be given. There will also be a 50/50 raffle and a short but interesting video and discussion on the country of Argentina.

Mexico Cruise Special
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Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
Barbecue Chicken Salad Fresh Corn, Black Beans, Romaine Lettuce	Fish Tacos Cabbage, Mexican Cream & Pico de Gallo	Turkey Sandwich Lettuce, Tomatoes & Cucumber	Broccoli & Cheese Quiche Potato Salad	White Bean Fennel soup Mixed Greens Balsamic Vinaigrette
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
DINNER				
Baked Monterey Chicken Roasted Vegetables Mashed Potatoes	Shrimp Kebab Mango, Papaya & Cilantro Pico	Homemade Chili Sour Cream, Cheese Green Onions	Curry Chicken Sliced Almonds Red and Yellow Pepper	Basa Almandine Green Beans & Carrots Dill Pasta
Unholy Cannoli	Seasonal Fruit	Cookies	Seasonal Fruit	Fruit Trifle

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To ensure high quality, some items may be substituted.

LW Democratic Club

by **Mary Larson**
LW contributor

The LW Democratic Club will meet on Wednesday, May 15, in Clubhouse 3, Room 3 at 1 p.m. for the club's monthly Voter Information Series. This session will deal with protecting reproductive freedom. Residents do not need to be members of the Democratic Club to attend. Email Beverleybender@gmail.com for more information.

Kristin Langlois will join the meeting in person to facilitate the discussion as well as answer questions. She is the senior donor relations specialist for the Community Action Fund of Planned Parenthood of Orange and San Bernardino Counties.

A number of Democrats point to abortion as a top voting issue in 2024 due to the U.S. Supreme Court's *Dobbs v. Jackson Women's Health Organization* decision, which allowed abortion restrictions to take effect around the country. Most of the

partisan gap on this issue stems from rising support for abortion rights among Democrats over the past decade or more. In 2023, 86% of Democratic voters surveyed reportedly expressed support for abortion rights, up from 71% of Democrats in 2010.

The next Voter Information Series on June 19 will revolve around issues relating to the history of fascism. Emphasis will be on the question, "Is America Ripe for Fascism Today?" This meeting on the subject of fascism has been scheduled as the result of a unanimous request coming from those who attended the first session on fascism in April.

The Democratic Club's membership meeting will be on Wednesday, May 22, in Clubhouse 3, Room 2 at 1:30. The scheduled speakers for this meeting will address issues related to the local Los Alamitos United School Board election.

Marlys Davidson, a long-time friend of the club, will



Kristin Langlois

moderate. Two candidates running for election to the board on Nov. 5, Chris Forehan and Matt Bragman, will participate. Farnaz Pardasani will be unable to join. A map covering the candidates' various districts is available by emailing mlarson.telfords@gmail.com.

Subscribe to the club's newsletter by emailing mlarson.telfords@gmail.com or phoning 562-296-8521. Requests must include complete contact information, including name, address, phone number and email.

American First Republican Club

by **Brian Harmon**
LW contributor

The American First Republican Club will meet Wednesday, May 15, in Clubhouse 2, at 6 p.m., rather than its usual location, to watch the movie "Indescribable." All are welcome to attend.

The title of the film refers to the love of God. The film takes place during World War I and focuses on the efforts of a group of children trying to locate the author of a poem to be used as the third verse in a song called "The Love of God." They think that finding the poem will bring them a great deal of money.

The club booth near Clubhouse 6 will be open the first Monday of the month from 11 a.m. - 2 p.m. Residents can sign the Protect Kids of California, register to vote, change their party affiliation, or just enjoy pleasant conversation.

The LW Republican Club believes in:

- Legal immigration and secure borders.
- Peace through strength.
- Lower taxes.
- Cutting government spending.
- Free enterprise capitalism.
- Family values.
- Pro-life.
- Parental control of education.
- Public safety through well-funded law-enforcement.
- An America first foreign policy.

EMERGENCY INFORMATION COUNCIL



Mutual 4 resident Ann Hwang (l) received help scanning her vital documents onto a free thumb drive by Emergency Information Council (EIC) volunteer Paula Snowden on April 29. Residents brought their stock and membership certificates, medical power of attorney documents and other important papers to be scanned onto a free thumb drive. Driver's license and credit cards were copied and then scanned as well. People were also able to purchase a waterproof canister to store the drive and a fireproof bag to keep original documents safe. To learn more about the EIC and its next events, go to www.eiclwsb.org.



Noy Leyb and Linda Rich, who befriended Noy over 14 years ago and made this event possible.

Over 266 people attend soldier's presentation on the war in Gaza

Over 266 people, plus many more on Zoom, listened to a presentation by Noy Leyb, an Israel Defense Forces (IDF) soldier, about his recent experiences in Gaza on April 10.

The diverse crowd listened to Leyb discuss his camaraderie with fellow soldiers, along with his feelings and thoughts of what it was like when he first saw the tunnels in Gaza, fighting a war during Hanukkah, and fighting antisemitism in United States and around the world.

Leyb's unique insights and upbeat disposition generated a lot of enthusiasm for the people who were in the room creating a great question-and-answer session after his presentation, which included a photo slide show.

Over \$3,000 was raised, with the money going to support Noy's IDF unit. Leyb will be back in Israel in mid-May, the group sends its prayers and positive thoughts with him and all the soldiers and hostages in Israel and Gaza. Leyb appreciates the great support from his Leisure World friends and loved spending time here.

—Jan Friedland

GAF

Centenarians celebrate milestone



Steve Brogoli (second from left) from Mutual 8, had many family members come to celebrate this special occasion. Mutual 8 President Jeri Dolch wanted to be there for them to show her celebration for him and his family members.



Jane Oskims (r) said her most important job was raising her four children. Her constant companions are her daughter Merri Oskims, her friendly dog and her cat. Oskims was visited by Geneva Potepan for the centenarian event on April 23.



Carl Kennedy (l) and Liz Kennedy (r) visited Donald Roswurm to give him his certificate of recognition from the City of Seal Beach on April 23.



Dr. David Rubinstein

Sunshine Club

Dr. David Rubinstein, Ph.D, will speak to the Sunshine Club about the most important breathing techniques for overall physical and mental strength on Friday, May 10, in Clubhouse 3 Room 2, at 10 a.m.

People will walk away from the meeting knowing the most important breathing technique for overall physical and mental strength and how it can immediately impact stress and mood.

Rubinstein has an extensive background in exercise science and kinesiology. After inventing Neuromuscular Calibration, he returned to school to pursue his doctoral degree in medical science to better understand the nature of the breakthroughs from this invention. His clinic in Huntington Beach is where he teaches and certifies new practitioners for civilian and military competency, as well as providing treatment for his patients. He has authored several peer reviewed articles on pain, addiction, health and wellness, and athletic performance.

Rubinstein developed seven breathing techniques that are specific to stress remediation and worked in the addiction field both at inpatient and outpatient facilities as a stress expert.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome.

For more information about the club, contact Anna Derby at 562-301-5339.

OBITUARIES

Harold Weinger 1930 - 2024

Harold Weinger of Mutual 14 passed on May 4, 2024 at 93 with his wife, Marion, by his side. Harold and Marion were married in 1954 and were together for 70 years. Harold was father to Steven and Marsha, grandfather to Brad, Krista, Justin, Hayden, and Zachary, and great-grandfather to Jade, Zoey, Scarlett, Lyla, Lily, and Lexi. Harold also had a sister, Diane Vanwasshnova, and a brother Mort Weinger who both passed away several years ago. Harold was also close with Diane's daughter (Melissa) and her family, which includes husband Scott and their children Brandon, Logan, and Olivia.



Harold spent several years in the Army serving the military and earned the exclusive privilege of protecting President Truman. Harold treasured the role he played during those service years. He also managed many grocery stores and bakeries during his career and was also a foodbroker/salesman. Harold and Marion moved to Leisure World in 2000 after Harold retired from the grocery business.

Harold's hobbies included having dogs most of his life and also being around other dogs that would visit him in Leisure World. He was also an excellent bowler and participated in leagues when he lived in Michigan and California.

The family is extremely grateful to the friends and family who would stop by to visit or call and talk with him. All of the caregivers and hospice staff made an excellent effort to ensure Harold was always well taken care of and cared for him with their hearts as well as their medical skills. Harold is also very grateful for his dedicated wife, Marion, who made sure he was the No. 1 person she cared for, which significantly contributed to his long and rewarding life.

Harold will reside at the Riverside National Cemetery, and his family will honor him for his life and military service.

...

Marjoire Anne Moeller 1944-2024

Marjorie Ann Moeller, mother, grandmother, and friend, passed on April 17, 2024, unexpectedly at the age of 80 from an aneurism. Margie was born on January 30, 1944, in South Gate, California, to Adelaide French of Minnesota and Lt. Col. Thomas H. Mills of Montana who are both buried in Arlington Cemetery. Growing up in a military family, Margie had an adventurous upbringing in South Africa and Virginia with her late brothers, Mark and Danny, that sparked her imagination and love of travel.



She married the late Robert Moeller of San Antonio, Texas, a respected federal marshal,

in 1967. They lived in the Los Angeles area and Virginia while raising their two sons, Jeffrey and Bear. Margie retired from the aerospace industry and lived in Leisure World for 30 years. She shared more than 22 years with the late James Throgmorton, a retired aerospace engineer and beloved Leisure World musician and dancer.

There are some people who live life so large it seems impossible they are gone. Margie's daily activities seemed to defy the laws of time. She loved travelling, dancing, music, crochet, painting and spending time with her family. Margie was the kindest, most selfless, and loving soul. She gave all of herself every day to family, friends, and strangers alike, and we are bereaved by her passing.

Margie is survived by her two sons, six grandchildren, one great granddaughter, and Ronna and Jamie Throgmorton.

Join us for a celebration of a life on Monday, May 20, 11 a.m.-2 p.m. in Clubhouse 4, 1419 Northwood Road, Seal Beach.

GAF AND RALPHS



The Golden Age Foundation has provided assistance in signing up for the Ralphs Community Reward program for one year as of April 10. During the past year, 130 people have signed up for the program. The next in-person sign-up opportunity will be on Wednesday, May 15, in Clubhouse 6 from 9-11 a.m. Those who can't make it in person can sign up at <https://shorturl.at/chZ35>. The Golden Age Foundation's (GAF) NPO ID number is FS519. GAF would like to thank everyone who has taken the time to join the program, which helps GAF continue to serve the community.



LW CERT President Catherine O'Brien (l-r) with Dennis Noethens and Karen Olson.

LW CERT

Learn how to prepare for a power outage

The LW Community Emergency Response Team (LW CERT) will meet on Friday, May 24, at 9 a.m. in Clubhouse 3, Room 9, for a safety class on preparing for a power outage and learning how to safely turn power off and on. LW CERT's free monthly safety classes are 45 minutes long, and all residents are welcome to join. Refreshments are provided.

Each month CERT gives a valuable gift to an attendee. During April's class, Dennis Noethens won the drawing for a water bottle.

At the April LW CERT safety class, President Catherine O'Brien distributed assessment tools to determine personality types. Understanding the different types can help people recognize and appreciate individual gifts, talents and contributions to a team. Assigning a person the right job to perform for their personality type ensures success for any group whether it's in business, a club or even within a family.



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SPORTS & GAMES



The Shuffleboard Club held its annual Ham Shoot on April 27. Sue Burkschab won the grand cash prize, Helene Neun placed second, and Rod Osgood, third.

SHUFFLEBOARD CLUB

New member mini-league begins on May 15

Success with the ongoing “Learn to Play Shuffleboard” clinics and evening open play events has prompted the Shuffleboard Club to initiate a first-ever mini-league starting May 15.

Twelve new and prospective members will play three weeks of friendly, fun team competition. Teams will be assigned, and a schedule of games will be available at the first evening of play.

The league is for people just learning the process of playing shuffleboard and who have attended at least two practice events. League Capt. Sue Burkschab will alert interested players no later than Saturday, May 11, with league guidelines and schedule.

The next all-member general meeting is on Thursday, May

9, at 10 a.m. in Clubhouse 1. Members will elect new officers for the 2024-25 club year, in addition to discussing current projects. All members are urged to attend. Patty Peterson, membership coordinator, will collect dues for the coming year.

April 26 morning league results: For the second week of the spring season Team Sally overtook Team Shel, winning seven out of 12 games. All-game winners for Team Sally included Sally Fowler, and substitute and new member Linda Mitchel. Team Shel’s wins were divided among a variety of players, without anyone winning both of their games.

Team Milly edged past Team Carol winning seven games of 12. Sal LaScala, Milly Larsen and Randi Allen were all-game winners for Team Milly while

substitute and new member Bill Mitchell was the all-game winner for Team Carol.

Two new members, Linda and Bill Mitchell, are regularly substituting for absent players. In just the second week of spring league both were all-game winners for their respective teams.

April 30 evening league results: For the third week of the spring season, Team Rod/Anne dominated Team Karen/Sue, winning eight of 12 games. All-game winners for Team Rod/Anne were Sal LaScala, Roger Bennett, Bob and Barb Ponegalek and Anne Calvo.

Team Chandra edged past Team Sally winning seven of 12 games. Susan McKaig, for Team Chandra, won all-game winner honors.

—Kay Mount

Cribbage Club

The Cribbage Club meets every Tuesday at noon in Clubhouse 1. Refreshments are served from noon-12:15. Those who arrive by 12:15 are assured a place to play. A total of seven games are played beginning at 12:30. One dollar is collected from each player. Players who finish with the top four scores are awarded prize money the following week.

Sandra DeDubovay provided cake and ice cream in celebration of her birthday. DeDubovay, along with Myrna Losquadro, served the refreshments. Melinda Cowan provided the members with mixed nuts and candies. The club thanks all these ladies.

Weekly winners include: Dale Quinn, 844, first place; Gene Smith, 833, second; Franca Yeske, 831, third; Dave LaCascia, 827, fourth. Maureen Habel finished with six 121s and Jim Schneiderman had no wins.

For more information, contact Marilyn Chelsvig at 562-279-5665. New players are always welcome.

—Mary Holder



Sandra DeDubovay

PICKLEBALL PLAYERS CLUB



The Pickleball Players Club offers a gentle play group for anyone who is returning from an injury or an absence and looking for a soft and friendly reintroduction back to the sport. The group meets on Sundays at 1 p.m. at the pickleball courts behind Clubhouse 2.

Pinochle Club

The Pinochle Club meets on Mondays, Thursdays and Saturdays in Clubhouse 1 from noon-4 p.m.

April 20 winners: Curt Rogers, 13,190, first place; Joan Taylor, 11,100, second; Irene Perkins, 10,770, third; Joan Borata, 10,720, fourth.

April 22 winners: Ruth Bonnema, 12,480, first place; Howard Beasley, 11,410, second; Dolores Cook, 11,320, third; Lynn Sorum, 11,060, fourth.

April 25 winners: Gene Smith, 12,450, first place; Dolores Cook, 12,390, second; Donna Gorman, 10,860, third; Nita Dixon, 10,750, fourth.

April 27 winners: Irene Perkins, 12,070, first place; Curt Rogers, 11,250, second; Peggy Kaspar, 9,038, third; Nita Dixon, 8,600, fourth.

Chess Club

The LW Chess Club meets every Friday in Clubhouse 3, Room 7, from 2-6 p.m. Chess can help improve short and long-term memory, critical thinking skills and cognitive function. People are encouraged to bring friends and enjoy the moment. Men and women are welcome.



The Women’s Pool Cue Club plays Mondays in the pool room at Clubhouse 1.

Ladies Q Club changes name but the fun remains

The club formerly known as the Ladies Q Club has a new name. It is now the Women’s Pool Cue Club. The name may have changed but the club is still the same and with the same rules, the most important of which are: have fun, and make

new friends. The club meets every Monday in the pool room in Clubhouse 1 from 9:30 a.m.-12:30 p.m. Arrival later than 9:30 is acceptable. Players don’t need to bring anything, there are pool cues available in the room. Any level of skill

is welcome and club members are happy to give pointers and help to new players.

For more information, contact Sioux Van Foeken at 714-745-5549 or rockinandwalkin@aol.com.

—Sioux Van Foeken

Duplicate Bridge Club meets twice weekly

The Leisure World Duplicate Bridge Club meets on Mondays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

April 22 winners (nine

tables): Anthony Reddy and Miranda Reddy (57.42%), and Sibyl Smith and Diane Schmitz (54.26%), north/south; Sue Fardette and Bill Brooks (61.96%), and Judith Jones and Al Appel (56.29%), east/west.

April 26 winners (seven tables): Anthony Reddy and Miranda Reddy (56.31%), and Beth Matheny and Marilyn McClintock (54.32%), north/south;

Sheri Held and Clinton Gorsuch (65.88%), and Kar-Yee Nelson and Sue Boswell (58.48%), east/west.

The club congratulates the winners and thanks all the players who participate and support the club.

For more information, call Howard Smith at 562-598-6121 or howardnrobin@gmail.com.

—Sue Fardette

SATURDAY SOCIAL BUNCO CLUB

Bunco club to play on Saturday

Bunco is an easy dice game and a lot of fun. The Saturday Social Bunco Club meets on the second and fourth Saturdays of the month in the Clubhouse 3 lobby. Sign-in begins at 1 p.m. and is \$5. Play begins at 1:30. The next meeting will be this Saturday, May 11.

April 27 winners: Helen Sponsler, most buncos; Laura Grier, most wins; Yvonne Vostry, most babies; Joyce Ingram, most losses; Peggy Clement, door prize.

For more information, contact Susan Hopewell at 562-754-5059 or Kathy Rapp at 562-230-8972.

—Kathleen Rapp



Janice Turner

LW Women's Golf Club

The LW Women's Golf Club plays a nine-hole tournament every Tuesday morning. First tee time is 7:30. Play is usually completed by 10. All Leisure World women are invited to join the club by stopping by the starter shack to obtain information. Annual dues are \$25. Beginners and tour pros are all welcome. Each tournament provides an opportunity to win money back. Players are put into flights according to their handicaps so that everyone is competing with players of comparable skills.

There is also a hole-in-one pot. While a hole-in-one is not a weekly occurrence, the week of April 23 saw Janice Turner ace the first hole. The club congratulates Turner.

—Linda Herman



Paul Kryczko

The recently refurbished bocce court is located behind Clubhouse 2.

LW Bocce Ball Club

The spring 2024 season of bocce ball is well underway with a full roster of players. During the LW Discovery Tour, the Bocce Ball Club met 25 residents who were interested in learning more about bocce ball. The club has begun a bocce clinic on Wednesdays at 10 a.m. at the court behind Clubhouse 2 for people who want to learn to play or improve their skills. Anyone is welcome to join in. There is also a substitute list available for those who just want to play occasionally.

The spring season will finish up by the end of May, and plans are being made for the spring finals and party on Saturday, June 8, at 10 a.m. on the bocce court. Lunch tickets for the party are being sold over the next few weeks for \$10 each. Players can sign up for the party on their day of play with their coordinators.

For more information, call Rhonda Cox at 714-904-6458.

—Rhonda Cox

LW Men's Golf League

Ten Leisure World Men's Golf League members played at the 4,000-yard par-62 David L. Baker Golf Course in Fountain Valley on April 26.

The course was named for an influential member of the California golf community. While specific moments from David L. Baker's personal career may not be widely documented, his enduring impact on golf enthusiasts and the public lives on through this notable golf course. His vision for creating a golfing haven within Orange County has provided countless golfers with memorable experiences.

Even though the course was very wet, every golfer shot net under par, thanks to well-tended greens and tees that were set a little farther forward than usual. Sam Choi was closest to the pin on the 110-yard par-3 third hole, and Gary Stivers was closest on the 140-yard par-3 12th hole. Choi had the fewest putts in the A flight, while Steve Miller had fewest putts in the B. Choi

Shotgun Scramble
Golfers can sign up for the May 29 Shotgun Scramble Tournament at the Tuesday and Wednesday tournaments. Only the first 54 golfers can play. Broker and owner Dawn Januska of On-Site Sales is funding all entry fees and tournament prizes, meaning there is no cost to the individual golfer. See Steve Moody at the tournaments through May 28 or call him at 424-213-3002 with questions.

and Fujio Norihiro each had two birdies. Chris Lankford and Gene Vesely had one birdie each. **A flight winners (handicaps of 0-19):** Choi and Norihiro, 11 under 51, first place; Stivers, 6 under 56, second; Lankford, 5 under 57, third; Dave LaCascia, 4 under 58, fourth; Clay Fischer, 1 under 61, fifth. **B flight winners (handicaps over 19):** Vesely, 11 under 51,

first place; Miller, 5 under 57, second; Bob Munn, 4 under 58, third; Bill McKusky, 1 under 61, fourth.

Ten members played at the 6,000-yard, par-71 Willowick Golf Course in Santa Ana on April 29.

Willowick Golf Course is a significant golfing destination located in the heart of Santa Ana, just five miles west of Disneyland. Willowick holds the distinction of being the oldest 18-hole public golf course in Orange County, and uniquely among county golf courses, has no water hazards.

Due to the inconsistent state of the greens, fewest putts rewards was replaced by pars. Anyone who got a par or birdie was rewarded based on how many the golfer achieved. The following golfers had pars: Sam Choi, 10; Clay Fischer, 9; Jim Goltra, 8; Chris Lankford, 7; Gene Vesely, 4; Bill McKusky and Dave LaCascia, 3; Gary Stivers, 2; and Bob Munn, 1.

With excellent weather con-

ditions, five of the 10 players achieved a net score below par. Stivers was closest to the pin on the 140-yard par-3 fourth hole, and Fischer was closest on the 140-yard par-3 12th hole.

A flight winners (handicaps of 0-19): Lankford, 7 under 64, first place; Fischer, 6 under 65, second; Choi, 5 under 66, third; Stivers, 2 under 69, fourth; Goltra and LaCascia, 1 over 72, fifth.

B flight winners (handicaps over 19): Gene Vesely, 5 under 66, first place; Munn and Digna Vesely, 1 over 72, second; Tom Ross and McKusky, third.

The Monday and Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. Advanced reservations required. Sign-up sheets are available at each round.

There is a prize pool for each round that players are not obligated to enter.

Those interested in playing can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

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RELIGION

Assembly of God

All women present will be honored on Mother's Day, Sunday, May 12, as every woman is a mother, had or has a mother, or acts in the role of a mother to someone. Jesus bucked the traditions of his culture by honoring women. After his resurrection, he appeared to the women first, and entrusted them with bearing the good news that he had risen from the dead. He recognized many women as leaders in the early church. Pastor Chuck Franco will preach "Two Sides of Motherhood," from 2 Timothy 1:3-5 this week.

The Wednesday Bible study will cover session five of "The Grave Robber," by Mark Batterson, a study of the seven miracles recorded in the book of John. People should read John 6:16-21.

Leisure World Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. Hymn Sing is held the fourth Sunday of the month, at 6 p.m. in the Clubhouse 3 Lobby.

More information can be found at www.lwassemblyofgod.com, and on Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. Contact the church office at 562-357-4360, or pastorchuck@lwassemblyofgod.com for more information.

Beit HaLev

Beit HaLev services are held on Fridays at 5 p.m. To join Beit HaLev's Zoomagogue interactive service go to: <https://shorturl.at/hsJTZ>, Facebook: www.facebook.com/galityomtov, or YouTube: www.youtube.com/@beithalevlive8816/streams.

"You shall be holy, for I, the Lord your God, am holy." Holiness, "Kedoshim," is at the heart of this Parashah. HaShem is telling the Israelites that holiness is not restricted to the pious, it literally means everyone. Human beings that strive to follow the Laws of the Torah must consider themselves "separate," set apart from the peoples around them.

All Beit HaLev services share special prayerbooks onscreen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev is affiliated with the Union of Jewish Universalist Communities and Clergy and the International Federation of Rabbis. To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Beit HaLev does not require a fee for membership, however contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Karen Isenberg on Friday, May 10, at 6:30 p.m. An oneg will follow services. Rabbi Mike Mymon will lead the hybrid service on Saturday, May 11, in Clubhouse 3, Room 9, and on Zoom at 10 a.m.

Saturday's Torah reading will be Kedoshim from the book of Leviticus. Kedoshim (Holy) opens by instructing the Israelites to be holy. It details dozens of laws regulating all aspects of life, including observing Shabbat, loving one's neighbor, and leaving portions of a field for the poor. It ends by detailing punishments for certain types of idolatry and sexual misconduct.

To receive a Zoom Invitation contact Jeff Sacks at 714-642-0122.

Those who want to join Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

LW Baptist

The Bible frequently points to women and their faith-legacy. Jesus commended women for their faith, saying, "Woman, your faith has saved you," or "Great is your faith," or "Daughter, your faith has made you whole."

LW Baptist will celebrate Mother's Day together on Sunday, May 12, in Clubhouse 4 at 10 a.m. Five sisters—Mahlah, Noah, Hoglah, Milkah and Tirzah—come to God's house, the Tent of Meeting, in the days of Moses to claim inheritance for their heirs in the Promised Land, and God grants their request. Their celebrated faith became a precedent in Israel for daughters' inheritance rights, and is recorded in five different places in the Bible. Archaeology confirms the story of their faith by identifying two tribal districts named after two of them.

For more information about the church, call 562-430-8598.

Christian Women's Fellowship and Bible Study

The Christian Women's Fellowship and Bible Study group will meet Monday, May 13 and 27, in Clubhouse 3, Room 6, at 10 a.m. The group is studying a new book, "Growing in Wisdom and Truth," by Elizabeth George on the book of James. All residents are welcome to attend. For more information, contact Margie Singleton at 562-594-8100 or Joann Barsamian at 928-277-6408.

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together.

Pastor's Message

In Genesis 29, Jacob was commanded by his father Isaac to depart from Canaan and go to Padan Aram. He goes to the house of Bethuel his mother's father, to find a bride from the daughters of Laban, his mother's brother. In the homeland of his ancestors, Jacob will go through many trials before he comes to rely on the Lord. Approximately

20 years later, he will return to his home in Canaan as a wealthy man with two wives and 12 children.

Weekend Services

Sunday services, held from 9:30-10:45 a.m., are traditional with hymnal music led by Janet Ray leading the choir and Ruth Bonnema on the piano.

Saturday services includes contemporary worship songs led by Gregory Black with guitar and vocal accompaniment from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the women's Bible study on Mondays from 10:30-11:30 a.m.

Pastor Gary leads the Tuesday Bible study from 9:30-10:30 a.m.

Pastor Bruce Humes leads the Thursday morning Bible study from 10:30-11:30.

Humes also leads the prayer and Bible study every Friday from 4-5 p.m.

Scripture of the Week

"Be strong and let your heart take courage, all you who hope in the Lord," Psalm 31:24.

Contact

First Christian Church is located on Northwood Road behind Carport 125.

For more information, call 562-431-8810.

Community Church

Sunday, May 12, is Mother's Day, a holiday started by Anna Jarvis in honor of her mother. They were both active in the Methodist Church in their day. This past week, the Methodist Church has been in the news as the General Conference voted to repeal discriminatory language that has been in the rule book for 40 years. Community Church was established by the Methodist Church and continues to be a United Methodist Church.

Community Church will look at the Book of Acts and the Gospel of John during the 9:50 a.m. service. The focus will be on the love of God for all of creation and believers' responsibility as children of God to bring love to all. Following worship, the church will celebrate Mother's Day with a proper tea.

The church is located at 14000 Church Place. Sunday Worship is at 9:50 a.m., followed by a time fellowship and light refreshment. Come early for a cup of coffee in the narthex. Services are also available on Facebook or Zoom; contact the church office for a Zoom link.

LW Korean

Community Church

LW Korean Community Church's (LWKCC) invitational concert was held on April 18 and 21.

On April 17, Senior Pastor Yong Jang-young, Elder Kim Grace, Han Jeong-gang, Kim Hae-yeon, and Park Young-seon appeared on the "Morning Yard Live Broadcast" on the American Gospel Broadcasting Station.

Elder Kim Grace invited two vocalists and a piano performance for the residents of Leisure World for the "Praise God" concert.

Pianist Han Jeong-kwang performed Bach's Jesus, Human Joy and Schumann's Devotion.

Soprano Hye-yeon Kim and major soprano Young-sun Park sang together.

For more information, call 714-323-0897 or email yongjang10@gmail.com.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9:00 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary Classes (for children) are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at 562-212-8681.

The course of study this year is the Book of Mormon. Personal study for May 13-20 should be centered on Mosiah 11-17.

The "Come, Follow Me" manual says "While large fires can start from a single spark. Abinadi was only one man testifying against a powerful king and his court. His words were rejected for the most part, and he was sentenced to death. Yet his testimony of Jesus Christ, who is the 'light ... that can never be darkened'" (Mosiah 16:9), sparked something inside the young priest Alma. And that spark of conversion slowly grew as Alma brought many others to repentance and faith in Jesus Christ."

Faith Christian Assembly

A godly mother is among the greatest blessings that God can give. The psalmist who penned Psalm 116:16 as he was recounting all the benefits that he had received from the Lord, spoke of his gratitude for his mother in verse 16, "Truly I am your servant, Lord; I serve you just as my mother did; you have freed me from my chain."

He credits his mother for giving him this understanding. She taught him not just in word, but in deed.

Faith Christian Assembly is located at 13820 Seal Beach Blvd. Sunday service is held at 10:30 a.m., and the Wednesday Bible study is at 11 a.m. The men's and women's groups meet on the third Thursday of the month at 1 p.m. The next meeting is on May 18.

To receive a free newsletter or more information on the church, including the GriefShare program, call 562-598-9010 or email contact@fcachurch.net. People can also visit www.FCAchurch.net for past sermons.

Redeemer Lutheran and St. Theodore

On Sunday, May 12, the congregations of Redeemer Lutheran Church and St. Theodore of Canterbury Episcopal Church will celebrate the Ascension of Our Lord and Mother's Day with the Rev. Murray D. Finck, presiding. The Communion and worship service gathers at 10:30 a.m. at 13564 St. Andrews Drive. All are welcome. Altar flowers are presented by Dale Diesslin in honor of his mother. Fellowship with coffee, tea and snacks will be held afterward the service in the Fellowship Hall. As always, the congregations continue to collect donations of canned and boxed food for the hungry.

The Bible study will meeting on Wednesday, May 15, at noon in the Fellowship Hall. The group is studying 10 of Jesus' miracles. Bring a Bible, a friend and lunch.

Jesus prayed for his people before his death. He reminds the Father that these were entrusted to him and he has kept them faithfully. He prays that they will remain obedient and faithful especially through challenges to their faith, evil times and suffering.

Chinese Bible Study Fellowship

The Chinese Bible Study Fellowship will celebrate Mother's Day on Tuesday, May 14, at 2 p.m. in Clubhouse 3, Room 1. There will be a special guest performing a free magic show with his testimony. All are welcome.

HEALTH & FITNESS

MedCare Pharmacy Meals Schedule

**Thursday, May 9
(American)**

Barbecue baby back ribs, grilled chicken wings, Pasta Chicken Alfredo, broccoli wild mushroom and more.

**Friday, May 10
(Asian Friday)**

Chicken curry, egg rolls, orange chicken, steamed bao buns and more.

**Saturday, May 11
(Seafood Saturday)**

Grilled salmon with butterlemonsauce, baked scallops and sweet potato, shrimp pasta, shrimp dumplings and more.

**Monday, May 13
(International)**

Barbecue baby back ribs, lasagna, chicken pasta picante, stuffed bell pepper and more.

**Tuesday, May 14
(Mexican)**

Chicken enchilada, chicken tamales, fried rice and more.

**Wednesday, May 15
(International)**

Meatloaf, grilled chicken wings, seafood pasta, shrimp, seasonal vegetables and more.

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1% milk.

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit www.mowlb.org to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, May 9

Spaghetti and meatballs with marinara sauce, whole grain roll, broccoli, pear, ham and cheese sandwich with lettuce, tomato and pickle, and creamy coleslaw.

Friday, May 10

Chicken Breast Milano, brown rice, peas and carrots, seasoned broccoli, cheesecake, Caesar chicken salad with romaine lettuce, shredded cheese, croutons, Caesar dressing and crackers.

Monday, May 13

Chicken enchilada caserole with red sauce, pinto beans, seasoned cauliflower, applesauce with cinnamon, tuna salad sandwich with spinach and tomato, and homemade macaroni salad.

Tuesday, May 14

Beef chili, cornbread, green

MEALS LB, page 16

Wa-Rite goes beyond the weight loss for team success

The Wa-Rite Club meets on Friday mornings from 9-10, in Clubhouse 3, Room 1. Weigh-ins are from 8-8:45. Dues are \$10 a year, plus 10 cents upon signing in. That dime goes to the person who lost the most weight that week. Leisure World ID card must be shown.

The club is a supportive and caring group of women sharing weight loss tips and keeping each other accountable. Female residents looking to lose at least 10 pounds are invited to stop by one of the meetings at 9 a.m.

Marshia Larson was a top loser last week with a loss of 1.5 pounds. She attributes her success to reading labels, limiting carbs, and consuming her last



Darleen Gardner (l-r) and Judy Chambers.



Marshia Larson

meal by 6 p.m. Velma Sarna also lost weight, and won the weekly dollar.

President Judy Chambers interviewed the club's former weight loss queen Darleen Gardner, who shared her life story as a dedicated mother and career-oriented woman. After raising her children, Gardner got a job as a clerk

at Burlington Northern Air Freight (BAX Global) and was promoted to a managerial position. After over 20 years with the company, she retired and moved to Leisure World in 2000.

Gardner has been a member of Wa-Rite for almost 20 years, which helps her stay healthy, maintain weight and help others.

—Jan Friedland

Home Safety 101

LWSB Memory Support Team and AlzOC are inviting everyone to the Home Safety 101 seminar on Monday, May 13, from 10-11 a.m. in Clubhouse 3, Room 2.

This class will cover common hazards in the home and share tips on how to avoid accidents and injuries when living alone. Preregistration is not required.

For more information, email learn@alzoc.org or call 1-844-373-4400, or contact Robann Arshat at 562-431-6586, ext. 2317, or email robertaa@lwsb.com.

See more Health and Fitness on page 16.



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www.superwiretelecom.com



Dancing Feet Club is preparing for its monthly performance on May 26.

Dancing Feet Club

The Dancing Feet Club meets on Mondays for line dance lessons and practice from 7-9 p.m., and on the fourth Sunday of the month for social (ballroom) and line dancing from 6-9:30 p.m. Both events are held in Clubhouse 2. Admission is free. Come dressed to impress and bring favorite snacks and drinks. Alcohol is not allowed.

The club members are currently practicing a couple of line dances, "Disco" and "Kiss Me Honey Honey," to perform at their social event on May 26. For more information, text Ed Bolos at 551-998-4223.

—Ed Bolos

ZUMBA CLUB



LW Zumba Club meets on Wednesdays in Clubhouse 6 at 4:30 p.m. and Fridays at 8:30 a.m. in Veterans Plaza. Everyone is welcome.

Join Joyful Line Dance on Thursdays in CH 2

The Joyful Line Dance Club meets on Thursday mornings in Clubhouse 2. Beginner classes are from 10-10:30, intermediate dances are from 10:30-11, and more advanced are from 11:15 a.m.-12:30 p.m.

Line dancing is a great exercise to improve coordination and balance, and possibly prevent or delay Alzheimer's and depression. Athletic or dancing shoes are required. New members are welcome to register and make a nominal donation to the club.

For more information, text 562-301-5339.

—Anna Derby



Club leaders Elizabeth Kim (l-r), Sunny Kim and Chung Cha Lewis demonstrate the dance routine to all attendees.

People in household	Maximum gross monthly income	Maximum monthly allotment Oct 1, 2023-Sept. 30, 2024	
1	\$2,430	1	\$291
2	\$3,288	2	\$535
3	\$4,144	3	\$766
4	\$5,000	4	\$973
5	\$5,858	5	\$1,155
6	\$6,714	6	\$1,386
7	\$7,570	7	\$1,532
8	\$8,428	8	\$1,751
Each additional person	+\$858	Each additional household member	+\$219

CalFresh income guidelines effective Oct. 1, 2023-Sept. 30, 2024.

CalFresh is back in LW May 16

CalFresh will return to the LW community to help people apply for SNAP/EBT benefits on Thursday, May 16, from 10 a.m.-12:30 p.m. in Clubhouse 4 (near the food distribution truck). LW residents can review the latest qualification guidelines in the table above. RSVP is required with Daisy Diaz at 714-733-8679 or Vivian Truong at 714-944-3275 to see if they qualify. Those who RSVPed last month are still on the list and do not need to RSVP again.

Requirements to apply for CalFresh:

- The applying household must have at least one citizen or legal permanent resident with a social security number living in the household.
- Seniors on SSI or with disability can apply and may be eligible for CalFresh.
- People may be eligible if they meet the income requirement even if they have a full time job.
- Applicants must bring photo ID, Social Security card and GRFID.

Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon.

It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis. All meals come with 1% milk.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive. It returns to the Amphitheater at 11:40 a.m.

Thursday, May 9

Cubed beef with stew gravy, vegetables, whole baby potatoes, whole wheat bread with Smart Balance and mandarin orange.

Friday, May 10

Chicken cordon bleu, rice pilaf, chef's cut vegetables, whole wheat dinner roll with Smart Balance, lemon cake or fresh fruit (diet).

Monday, May 13

Mexican corn soup with sugar-free crackers, chicken salad, barley mushroom salad, whole wheat dinner roll and canned peaches.

Tuesday, May 14

Vegetable lasagna, three-way tossed salad, broccoli and cauliflower, whole wheat crackers and sugar-free apple crisp.

Wednesday, May 15

Chinese orange chicken with sauce, brown rice, spinach, sugar-free pudding and orange juice.

Cataracts: symptoms, detection and diagnosis

Cataracts affect millions of people worldwide and are the leading cause of vision impairment, especially among older adults.

Understanding what cataracts are and how they may affect the eyes can help people make the right decision for their eyes.

What are cataracts?

A cataract is the clouding of the eye's natural lens, which lies behind the iris and the pupil. The lens works just like the camera lens; it focuses light to the back of the eye on the retina to give clear images.

With time, proteins within the lens start to clump, which results in the characteristic clouding of cataracts.

How common are cataracts?

According to the World Health Organization, nearly 65% of all people aged 60 and older have some degree of cataract development.

Symptoms of cataracts:

- Blurred vision.
- Glare and halos.
- Faded colors.



Dr. Carlos Martinez

Cataracts are most commonly related to aging, but can also occur due to diabetes, prolonged exposure to ultraviolet sunlight, smoking, some metabolic disease, and certain types of medication.

- Difficulty with daily activities like reading, driving, or seeing street signs.

Natural progression of cataracts:

Without intervention, cataracts will likely continue to develop and worsen over time. Stronger lighting and eyeglasses can help manage the symptoms; as the condition progresses, these adjustments may no longer be sufficient.

If left untreated, cataracts can lead to a significant decrease in vision and even blindness.

Early detection and treatment:

Cataracts can be discovered through a regular eye exam by an ophthalmologist, who can discuss potential treatment options and answer questions.

Cataracts represent a condition people do not have to make peace with as they get older. Early diagnosis and intervention can ensure the preservation of quality of life and independence.

—Carlos E. Martinez, Medical Director at Eye Physicians of Long Beach

MEALS LB from page 15

beans with pimentos, kiwi, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing and crackers.

Wednesday, May 15

Swedish meatballs in garlic cream sauce, egg noodles, seasoned broccoli, carrots, tangerine, turkey and cheese sandwich with lettuce, tomato and pickle, cucumber, red onion and dill salad.

Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Walking is one of the best exercises for all ages. Dues are 99 cents per year.

For more information, call club president Tom Pontac at 562-304-0880.

LW Bicycle Group

LW Bicycle Group meets at the North Gate on Sundays with breakfast, Mondays, Wednesdays and Fridays at 9 a.m. Helmets and safe shoes are required.

Research shows that cycling may reduce high blood pressure and cholesterol in older adults, and improve the overall quality of life.

For more information, call Mary Romero at 562-509-8475 or Lucy Cyza at 818-209-5075.

ARTS & LEISURE



Pheobe Madison Schrafft

MOTHER'S DAY BRUNCH TICKETS

Brunch includes free family photos

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 11, in Clubhouse 4 at 11 a.m. The event will be catered by Country Gardens Caterers.

This event is always a huge success. An elegant repast includes an egg and sausage strata, strawberry crepes, fresh fruit and pastry platters, sparkling cider and more. Moms and guests will be serenaded by classical harpist Pheobe Madison Schrafft. Mothers may want to treat daughters too, and both are welcome.

The event will also feature a free family portrait air-dropped to people's cellphones by professional photographer Ziggy Romano, so people are encouraged to bring the whole family.

Tickets are on sale for \$45 and are available at the Recreation Office in Building 5. Those who want to buy a table of eight (\$325) or sit with a group should inform the recreation coordinator when purchasing. The deadline to purchase tickets is today, May 9.

For more information, contact Recreation by emailing kathyt@lwsb.com or calling 562-431-6586, ext. 2707.

TRAVELING TIGERS

Presentation will follow journey through West Africa

The Traveling Tigers will meet on Wednesday, May 15, in Clubhouse 3, Room 9, at noon. The meeting will begin with a potluck. Members, and guests who would like to participate, are encouraged to bring a dish to share. At 1 p.m. there will be a short business meeting followed by the presentation.

Edward Hickman recently had a chance to spend a month traveling across West Africa. Starting out on a land journey across Ghana, Togo and Benin, he then flew to Senegal and The Gambia before heading out on a small expedition ship to Cape Verde. He saw the colorful coffins made in the shapes of airplanes and animals in Ghana. He visited the world's largest Voodoo market in Togo. There was a Mardi Gras parade in the capital of Cape Verde and a huge active volcano.

He got to stand on the westernmost point of the African continent after having been to the northernmost point, located in Tunisia, in 2022. Hickman was in Dakar, Senegal when the president of that country decided to cancel the elections due to perceived problems with his opposing candidate, causing widespread demonstrations. The small group he traveled with also went to Jufureh, The Gambia, famous as the birthplace of Kunta Kinteh in the Alex Haley novel "Roots."

—Edward Hickman



Edward Hickman near an active volcano on the island of Fogo, Cape Verde.



A cooking demonstration in West Africa.

INDESCRIBABLE

This free film is so incredible, you will not want to miss seeing it.
It is a video created for Christians, but it is being offered to everyone.
If you want physical proof of our faith, this may be the closest you will ever see.

Wednesday, May 15th at 6 PM - Clubhouse 2

Coffee and cookies provided

This video presentation is offered free of charge to all residents, compliments of the Leisure World America First Republican Club



Susan Cucci (l-r), Yoshiko Kishi and Keiko Kawamoto.

Hui O Hula

Hui O Hula welcomes back beloved teacher Jojo Weingart, who has arrived home from her recent travels. The dancers say “Mahalo Nui Loa!” (thank you very much) to dancers Susan Cucci, Yoshiko Kishi and Keiko Kawamoto, for leading classes while Weingart was away. It is such aloha that keeps the group moving forward.

The club anticipates many opportunities to share hula during the upcoming summer season.

Classes are held on Tuesdays at 1 p.m., upstairs in Clubhouse 6, and on Thursdays at 1 p.m., at Veterans Plaza—look for the dancers inside Clubhouse 3 if a room is available during unfavorable weather. For more information or to book a performance, contact Kaye Huff at 562-431-2242.

—Lori Chamberlain



Siegfried “Ziggy” Romano (r) explains something to Photo Arts Club member Nancy Hayes.

Photo Arts Club

The Photo Arts Club will meet today, May 9, at 1:30 p.m. in Clubhouse 3, Room 9.

The assignment was to take photos of pets with a camera/iPhone. People can also bring photos of their choice to be displayed and commented on.

Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome. For information about the club, call Regine Schumacher at 562-430-7978.

See more Arts & Leisure stories on pages 22-23

COMMUNITY KARAOKE

Singers celebrate a festive Cinco de Mayo with music

Karaoke singers celebrated Cinco de Mayo at karaoke night on May 1. Spanish songs like “Quando Quando” by Mila Cruz, “Mexico” by Elizabeth Butterfield and “South of the Border” by Ellen Brannigan continued the mood during the busy evening. Joe and Orelia Osuna enjoyed the variety of music and friendship as they feasted on delicious barbecue sandwiches. Local singing teacher Carl Bourhenne was in the audience appreciating the talent performing. It was fun to see joyous folks dancing in the aisles to the beat of some peppy songs.



Karaoke Club members often sing together as a group.

People are invited to forget their cares and woes each Wednesday evening in Clubhouse 1 for several hours beginning at 5:30. Audience members

are happy people making new friends. Some singers show flair and style while others just have a very good time singing a happy tune. All are welcome.



Mario Herrera

Viking Cruises will present to Traveling Tigers

The Traveling Tigers will hold an informational gathering open to all LW residents and their guests on Saturday, May 25, from 2:30-3:30 p.m. in Clubhouse 3, Room 9.

Wendy Souza, a LW resident representing All-Ways Travel, and Mario Herrera will provide information about Viking Cruise Line’s fleet of river, ocean and expedition ships.

They will share about the line’s worldwide itineraries and why Viking has been rated No. 1 in smaller ship sailings.

All-Ways Travel can also assist with air travel, accommodations, car rentals and almost any type of travel. Everyone is welcome.

LWer will demonstrate figure drawing

The Leisure World Art League will meet Tuesday, May 14, in Clubhouse 4 at 7 p.m. The guest demonstration artist will be LW resident and Art League Secretary Carmen Leslie. Leslie is an art teacher and has been conducting workshop classes in the Art Room of Clubhouse 4 on Thursdays from 9:30 a.m.-12:30 p.m.

She teaches and demonstrates portrait painting with a live model in the workshop classes.

Leslie came to California as a youngster and grew up in Long Beach. She had a love for painting all of her life. She was owner operator of Brush n’ Palette in Bellflower through the ‘70s while painting, teaching and raising her three children with her husband, Dale.

In the ‘80s, with children grown, she relocated to northern Nevada, again teaching and painting for the Brewery Art Center in Carson City, Catholic Schools in Reno, and the Nevada Art Association. Some of her favorite memories are of teaching at St. Mary’s Art Center, where she spent 10 years on its board of directors.

Leslie returned to Southern California in 2001 and settled into life in Leisure World with brush and pastels in hand. She began teaching and painting for the Art League and has been active here ever since. She is also a member of the Huntington Beach Art League and many art groups.

She recently found a letter from the Leisure World Art League dated 1979, thanking her for a painting demonstration in June of that year. A recent demonstration for that same group shows that she still has more to share and is not ready to put down her brushes anytime soon.

Leslie will demonstrate pastel painting focusing on figure drawing and composition, which is very rarely demonstrated in the meetings. The popular vote theme for this meeting is “flowers.” People with art entries for the competition should arrive early. Judging will start at 6:30 p.m. Those who do not want to enter the competition can also bring paintings for display only.

The meeting/demo is open to everyone, but the competition is only for active members of the Art League. LW residents can join the Art League at the meeting. Membership dues are \$20 per year. There is no fee to enter in the art competition. For more information, call Marion Higgins at 562-296-8328.

—Larry Sioson



Carmen Leslie



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CINCO DE MAYO



Donna Gambol

Alice Labranche (l-r), Matt Pagano, Pam Baker and Diane Vandergriff, all of Mutual 11, don tiny sombreros to get into the mood at GRF's Cinco de Mayo celebration on May 5.

LB Symphony: Concert and Bus Tickets

Tickets are on sale now for the Long Beach Symphony's classical series season finale. On June 1, LWers will attend Tchaikovsky's "Piano Concerto No. 1" and Bruckner's "Symphony No. 4." Doors open at 6:30 p.m. The pre-concert talk begins at 7 p.m. and music starts at 8.

To purchase tickets, contact Florita Davis from the Long Beach Symphony Box Office at 562-436-3203, ext. 1.

A round trip bus will leave from the Leisure World Amphitheater at 5:30 p.m. Riders should arrive at the bus loading area by 5. For bus tickets, contact Bus Hostess Beverly Emus at 562-936-8844 or Jeff Sacks 714-642-0122.

Later this year, the group will attend shows in the symphony's 2024-25 season. Opening night is Oct. 5.

LW Poetry

This feature showcases original poems by Leisure Worlders.

Alice

Ma had a twin,
and cherished her kin;
Poor but plain happy,
greed was a sin;
Rich just a dream,
and job was a win;
Her family were farm-
ers,
Good hardworking
charmers:
The salt of the earth,
with hearts that were
larger;
She lived through some
hard times,
Their farm it was lost:
Her great generation,
paid the stock market's
cost:
When you're younger,
your mother,
is like no other;
I still believe,
There was no one above
her.

—Gary Krank,
Mutual 15

Copper Enameling Class

The Jewellery and Lapidary Club will offer a new class on copper enameling on Wednesday, May 15, from 1-3:15 p.m. The class will last for six weeks and cost \$25 per person.

The class is limited to four students, allowing participants to take advantage of individual instruction. The class is taught by LaVerne Christenson, who has 25 years of experience as a jewelry artist and many years of teaching jewelry-making methods. In this class, students will learn the various techniques of applying glass powders to copper pieces to make their own designs. Techniques that will be covered are: proper preparation of the copper, applying layers of glass powders using stenciling, sgraffito, wet inlay, use of glass beads and mille fiore beads and much more.

The sign-up sheet for this class is in the Jewelry and Lapidary workshop located in Clubhouse 4. People are encouraged to sign up as soon as possible.

—Jan Friedland



LaVerne Christenson

Quilting Bees Luncheon

The Leisure World Quilting Bees' annual spring luncheon will be held May 15 in Clubhouse 2 at 11:30 a.m. Tickets, \$20, are limited. This event often sells out and includes six door prize tickets, over 100 wonderful items made by members, including quilts, aprons, table runners, pillows and more. To purchase tickets, call 949-584-2884.

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Grab 'n' Go Food Schedule: May 9-15

Thursday, May 9: Domino's Pizza at Clubhouse 6—Call ahead to 562-493-2212 for special orders, wings and salads. The truck is on site from 3:30-7 p.m. Cash and cards are accepted.

Monday, May 13: Kiki's Cuban Food at Clubhouse 6—Try a variety of Cuban specialties, including sweet plantains, vegan dishes and slow roasted pork. See the full menu online at <https://shorturl.at/cgNO5>. Cash and cards are accepted. Truck is on site from 3:30-7 p.m.

Tuesday, May 14: Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

Wednesday, May 15: Onpointttt Jerk Chicken Food Truck at Clubhouse 6—Explore Carribean favorites that will transport eaters to the islands. See the full menu online at <https://www.onpointttt.com/menu-flyer>. Cash and cards are accepted. Truck is on site from 3:30-7 p.m.

On-call bus service is available from 4:30 p.m. on. Regular bus service is available before 4:30, and weekends on-call any time. Call a ride at 562-431-6586, ext. 2379.

Vendors are subject to change. Get live updates on LW Live. Sign up at www.lwsb.com/lw-live-sign-up/.



A chicken and rice plate from Onpointttt Jerk Chicken.

GRF BUS TRIP

Watch Angels vs. Padres game

The Recreation Department is planning a GRF bus trip to Angel Stadium, where the Angels will take on the San Diego Padres on Monday, June 3.

Tickets are \$70, which includes transportation and a lower-level ticket in section 226. Tickets can be purchased at the Recreation Office, located on the ground floor of Building 5, or online at www.lwsb.com/grf-bus-trips/. Participants need to complete a release form, which is available at the Recreation Office.

The bus will leave from the Amphitheater parking lot at 5:15 p.m. Accessible seating is available if requested at the time of ticket purchase. Tickets are non-refundable.

For more information, contact the Recreation Department at 562-431-6586, ext. 2707.

Art clubs invited to join July 4 event

The GRF Recreation Department is planning its annual July 4 Car and Craft Show and is seeking clubs to participate in the craft show, held in Clubhouse 6.

GRF artisan and hobbyist clubs can apply now for a table or two for the event, which runs from 10 a.m.-2 p.m. on Independence Day. Members can sell their wares and promote their group at the same time.

Space is limited. To book a spot, email deborahb@lwsb.com or call 562-431-6586, ext. 2707.

Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6 (second floor). For May the classes are: West Coast Swing at 9 a.m., followed by waltz at 10. Each class is \$7 per person. Class participants vote on new dance topics every month.

Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.

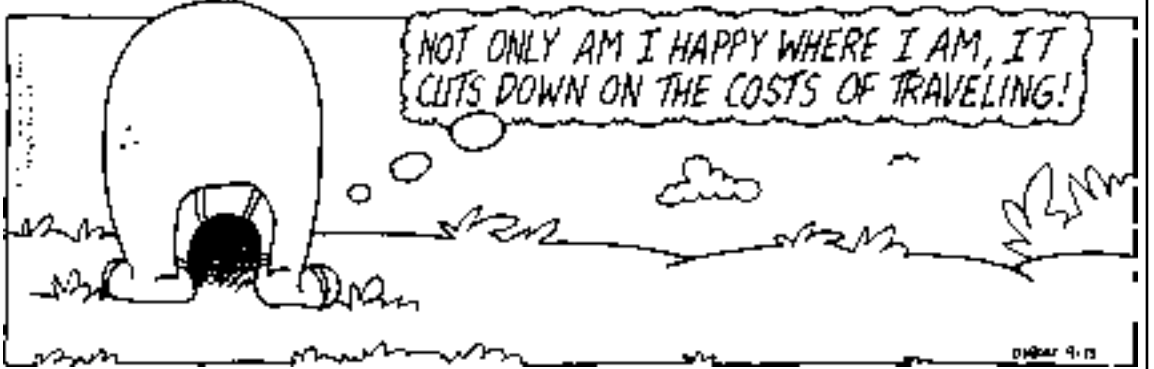
Leisure Time Dancers

The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. In May, cha cha is the new dance at 2 p.m., followed by a continuation of East Coast swing at 3. Beginners are welcome.

No partner is necessary. The class will rotate so everyone dances. A review of basics is included. The cost is \$8 per person for one class; \$12 per person for two classes in a single day. For more information, contact Nancy Lyons at nhlyons@icloud.com.

Puzzle Answers

Puzzle pages 6-7



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A	D	H	I	B	I	T	RACK 1 =	89
S	K	I	A	B	L	E	RACK 2 =	63
F	O	R	G	A	V	E	RACK 3 =	54
P	A	Y	L	O	A	D	RACK 4 =	67
M	Y	S	T	I	F	Y	RACK 5 =	68
PAR SCORE 275-285							TOTAL	351

Crossword Answers

L	A	U	R	A	L	I	S	P	S	C	A	R	F	O	B	S			
O	G	R	E	S	E	M	I	R	P	A	C	E	R	P	H	I	L		
R	E	A	L	E	S	T	A	T	E	O	F	F	I	C	E	E	D	G	E
D	E	L	U	X	E	C	A	M	I	E	D	I	T	N	A	M	E		
			C	U	L	L	R	I	L	L	I	T	S	A	T	R	A	P	
B	A	S	T	A	I	N	S	U	R	A	N	C	E	A	G	E	N	C	Y
A	C	T	A	L	O	N	E	M	I	C	E	W	A	C					
L	E	A	N	N	E	I	L	G	Y	R	O	S	R	O	W	D	Y		
D	R	Y	C	L	E	A	N	E	R	F	A	C	T	S	H	O	E		
T	E	E	S	D	A	D	A	H	A	R	D	T	I	M	E				
O	S	U	F	I	T	N	E	S	S	S	T	U	D	I	O	S	E	T	
M	U	N	S	T	E	R	S	P	L	E	A	E	R	S	T				
A	F	E	W	S	O	F	T	C	O	M	E	D	Y	C	L	U	B		
R	I	D	E	S	T	W	O	P	M	S	A	L	T	R	E	N	O		
			E	K	G	R	O	A	R	L	E	O	T	A	R	D	S		
F	E	R	T	I	L	I	T	Y	C	L	I	N	I	C	E	P	S	O	N
O	V	E	R	M	U	C	H	O	B	O	E	T	H	E	M				
L	I	P	O	E	Y	R	E	T	A	S	A	N	E	M	I	A			
K	T	E	L	S	H	E	L	L	C	O	R	P	O	R	A	T	I	O	N
S	E	A	L	T	O	A	S	U	T	A	H	G	A	M	U	T			
Y	S	L	O	T	T	E	R	S	O	S	O	E	L	I	S	E			

Sudoku 1 Answers

6	9	8	2	7	1	5	4	3
1	5	2	6	3	4	9	7	8
4	7	3	9	8	5	6	1	2
3	2	5	8	1	6	4	9	7
9	4	1	7	2	3	8	5	6
8	6	7	5	4	9	2	3	1
5	1	6	3	9	2	7	8	4
7	3	9	4	6	8	1	2	5
2	8	4	1	5	7	3	6	9

The Basic Rules of Sudoku:
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

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 He had used the same hammer for more than 50 years because it was — TOUGH AS NAILS

Sudoku 2 Answers

7	4	5	1	9	8	3	2	6
2	9	1	3	7	6	5	8	4
3	6	8	2	4	5	9	1	7
8	1	6	9	3	2	4	7	5
9	3	4	7	5	1	2	6	8
5	7	2	8	6	4	1	3	9
6	2	9	4	1	7	8	5	3
1	5	3	6	8	9	7	4	2
4	8	7	5	2	3	6	9	1

Guess Who?
 Joe Montana

Crypto Fun Answers
 A. burst B. colors C. night D. festive

Boggle BrainBusters Answers
 UHVA BWEL GAEON USWDA EOWDOR SCWMLU

Word-Find Answers

N C L O G P H B R R D S T R O B E E N N
 L H W G S K P B H P P O C B N K O N S E
 R A A O A C T H I M A I L K P M G C U P
 Y E E G P M U M E H T N A S Y R H C P O
 D E D D F D A H L I A E I I L S N B U B
 C T S W A R F I B A T T E R Y P B S F A
 S T F U O C O C F K U F P A H I I U W R
 F E A M A P O M O U S W M M D D L N A G
 E S P U C E H R A F D T P B E E S C F E
 L S L U F A S S B N R N A K H R A W U F
 T O R B N K K U A W C Y T R K T L Y E L
 B R L E N I M E F L F A Y O S E U O G I
 R C R P N A N I F R F L N B H M T B A T
 P U M R P E R E H P S D L D G O E T R S
 Y Y H P B S S P A R K S I E L C L H R I
 W W E C E I P T E S E F D I H E Y P A P
 E S O P H D K U H A N D S Y C S N T B U
 W A T E R F A L L A H C R D S M O E G K
 C U G Y T E P E W P T L U S R K E M W P
 U S N H A P I K B D W E M P C K P D A T

'Lulu' to be screened in Learning Center

Everyone is invited to attend a showing of composer Alban Berg's contemporary opera "Lulu" on Tuesday, May 21, at 1:30 p.m. in the Learning Center of Clubhouse 3.

The atonal (dissonant) music is based on the story of the German novelist Frank Wedekind, who explored the subjects of unrestrained mayhem including sexuality, murder and death in Vienna during the late 19th and early 20th centuries. It was a time of hedonistic obsessions depicted by Kurt Weill in Berlin after the Great War. It extended to worldly unrest, with the Norwegian painter Edward Munch producing "The Scream."

It was also the time of psychological investigations by Alfred Adler, Sigmund Freud and Carl Jung. It was a time of looking at moral hypocrisy in society along with a never ending search for tidy moral conclusions.

Knowledgeable Opera Club member Cynthia Stone will elaborate on this 100-year-old dilemma in her introduction to this musical tale that is regarded by critics as a leading 20th century opera.

Act 1 introduces Lulu, a person of unrestrained attraction to both men and women, posing for a painter who is trying to seduce her under the watchful eye of her lover, Dr. Schoen.

When Lulu's real-life husband opens the door into the room, he sees, and collapses of a fatal heart attack. The painter then significantly asks Lulu if she loves anything or anybody and she answers by simply saying she does not know, yet he marries her because of his strong attraction. Later, when the painter learns of Lulu's past from Dr. Schoen, he kills himself. Lulu announces she next intends to marry Schoen, who then cancels his engagement to another woman because of his underlying attraction for Lulu and he proceeds to marry her too.

In Act 2, Lulu speaks of being pursued by a Marquis and at least three others, notably Schoen's adult son Alwa and a Countess, who are each heavily beguiled by her. Schoen then confronts Lulu and gives her a pistol advising she use it on herself, but she instead fires five shots into Schoen, killing him and escaping the police by fleeing to Paris with his son, Alwa.

Act 3 depicts Lulu in Paris, celebrating her birthday in the face of an African Marquis' threat to force her into a brothel. She ends up losing her money then finds herself in London, where Lulu is a prostitute and Alwa is a syphilitic who gets killed by one of Lulu's clients. The next client is Jack the Ripper who concludes the tale by stabbing to death both Lulu and the Countess.

The production is in German with English subtitles. People are encouraged to wear masks indoors, if desired. No dues or fees are collected. For more information, contact Margaret Gillon at MargaretGi@yahoo.com or 562-370-3844.



Marlis Petersen plays Lulu in the opera.

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CONDO/HOMEOWNER/AUTO INSURANCE. For a no obligation proposal call me (Jose Lee, Leisure World resident) 562-857-4480 or email jleeauto123@gmail.com License 0815240. Exp 5/22

BEAUTY SERVICES

Tammy Nguyen Phenix Salon. Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 6/05

COMPUTERS

FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. Seal Beach Business License CIP0001. Exp 1/22/2025

JOHN'S COMPUTER & TV SERVICES

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All things computer related,
LW-Resident Exp 7/17
SB License FUH0001

TV SERVICES

JOHN'S TV & COMPUTER SERVICES

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All things TV related,
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SB License FUH0001

HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands/ Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 6/05

CHRISTIAN HOME CARE

Experienced, knowledgeable caregivers. Honest/Assertive/Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 8/07/2024

MOST AFFORDABLE RATE

with/optimum service, 30+years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650/Heidi. SB Business License HYC0001. Exp 11/06/2024

EXPERIENCED CAREGIVER

Over 25+years in Leisure-World with/Excellent References! Hourly or Live-in. PLEASE Call Pampet/(562)-371-4895. SB Business License PAN0003. Exp 6/19

ELDERLY CARE. Live-in/Live-out. 30+/Years Experience.

Cooking/Cleaning/Medications/Doctors/Companions. Experience with Dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 7/10

MARIA'S Experienced Caregivers.

Run Errands/Doctor-Appointments/ Cleaning/Part-Time/Full-Time/ Live-In. 9xShift. (562)-230-4648. SB Business License CAM0006. Exp 7/17

Anthony Caregiver. Light-Cleaning/Doctor-Appointments/Errands/Cooking/Laundry.

Anthony Camacho Available-Evening-and-Nights-ONLY. 714-605-6869. SB Business License 14206319. Exp 5/22

Loving Arms Caregiving

Are you or a loved one in need of compassionate caregiving services? Look no further! **Loving Arms Caregiving** is here to support you with meal preparations, cleaning, Dr's. appointment transportation, companionship and much more. Contact us at (562)754-4639 to learn more about how we can assist you or your loved one. HCO#194701039 Exp 5/22

HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006. Exp 6/05

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881-2093. OVER 30+ YEARS EXPERIENCE! SB Business License AB0001. Exp 5/29

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GENERAL HOUSEKEEPING, 30+/Years Experience. Bi-weekly or monthly. SB Business License RAZ0002. Gloria/949-371-7425. Exp 7/10

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Albert and Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830. SB Business License 14206409. Exp 5/29

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I am a new Leisure-World resident in need of a car. (310)-871-9738

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS
Installed at your residence. Call Frank/(562)-743-3832. STATE Contractor License #779462. Exp 7/31

GOLF CARTS/ ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Carts for Sale & Repairs. Call 714-292-9124. SB Business License 14206207. Exp 1/29/2025

GOLF CART TIRES

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 6/12

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INEXPENSIVE SHUTTLE. AIRPORTS/SHOPPING/DOCTORS, etc. 562-881-2093. SB License ABL0001. Exp 5/29

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No job too small! Fast/Reliable/Great-Prices. 562-841-3787 Dan. SB Business License BRA0002. Exp 6/12

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MISCELLANEOUS WANTED

Buying Antique and Vintage Furniture/MCM-Retro-Furnishings/Dressers/Desktop/Antique-Jewelry/Navajo-Zuni-Jewelry/Vintage-Clothing/Men's-Watches-and-Lighters/Toys/Novelities/Whimsical-Figures/Miscellaneous-Collectibles, ETC. 562-243-7229. Exp 7/17

MISCELLANEOUS FOR SALE

Leisure World Resident wants to sell Almost-New Massage Chair \$1,000/Or-Best-Offer/5-Year-Warranty. Pictures-available-upon-request. 562-299-3175 Exp 5/22

Ukele_with/case, pocket-knives/watches/digital-camera/radios/porcelain-horse-and-dolls/teddy-bear/tri-pod/short-wave-radio. Comic-books many 14 Batman/mint-condition. USA Antique silver dollars and (1)-proof set. By-appointment only/562-594-3975. Exp 5/15

Yard Sale. Thursday/May-9th & Friday/May-10th, 9:00am-3:00ppm. 13701 Alderwood Lane, Mutual-3/Apartment-29J. Kitchen-items/sewing-machines/aprons/hankies/patio/deco/small-furniture/books/miscellaneous-items. (503)-559-3080

Howard Miller Pendulum Wall Clock. Cherry-wood, Model 612-221. \$2,000 Call (714)-401-0086.

Stair Climber with battery. Please call 424-267-6695.

Estate Sale by Jennifer and Denise. Thursday/May-9th and Friday/May-10th from 9:00am-2:00pm at 1491 Golden Rain Road, Mutual-5/Apartment-91K. At this home you will find many Collectibles, old and new. Large potted patio trees, metal-patio-table/ceramic-lanterns/white-pub-table_with-chairs/pots-and-pans/dishes-and-serving-sets/Vitamix/Christmas/bunnies/Beatrix-Potter/linens/dolls/large-area_rugs/brown-fabric-modern_recliner and so much more!!

For entry through Leisure-World main-gate, call/text Denise 714-234-8842 by Wednesday evening. POB 427, Seal Beach, 90740. Seal Beach Business License 14206514.

Versace sunglasses-authentic/\$100. Set-of-8/Tumbler glasses (collection from Metropolitan Museum of Art)/\$25. New/Blood Pressure Machine/\$20. Apple/Ear-Pods/New/\$20. Apple/Watch Battery Charger/\$10. Pretty framed paintings/\$5.00-each. Many Fox Croft Blouses/Small-and-Medium/\$10.00-each. Haviland China/(France Rose Pattern)/Covered Vegetable Bowl/\$50. Small/Haviland Square Tray/\$30. Haviland Vegetable Dish/\$30. 80-piece/Haviland Limoge China Rose Pattern \$350/OBO. Drapers & Damon/Jackets/Medium/\$15. Appointment ONLY. Contact-Dorthea/562-896-6500

Shower-Chair/Medical-Grade/on wheels/attach to track that bridges cut-down shower/Padded-Seat and Sturdy/Doubles-as-Commode. \$100/Firm. 417-230-5415

LEISURE WORLD CARPORT AND LOCKER WANTED

Would like to rent carport-AND-locker space near Mutual-5 OR Mutual-6. Call (310)-413-9208. Exp 5/15

LEISURE WORLD CARPORT WANTED

Looking for carport-space in Mututal-5. (310)-871-9738

FREE ITEMS

TWOFluance XL7F floor speakers. (714) 585-0464



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(562) 533-3190



ginamrojas@gmail.com
Leisure World Specialist

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Mutual 1-64H



\$233,000

Newly painted one bedroom w/ enclosed indoor/outdoor patio

2023 Escrows

2-46C	\$379,000	2-18L	\$465,000
17-93A	\$482,000	7-146i	\$250,000
1-38E	\$215,000	9-210A	\$510,000
7-161i	\$330,000	1-8E	\$255,000
6-141K	\$288,000	4-79A	\$610,000

Leisure Living Resales



ERIKA SHAPIRO

BRE # 01448494

Resales Specialist Mut. 17 Resident

562-208-5223

New Listing

Mutual 11 - 284E
\$350,000

2 BDR/ 1 Bath, Side expansion, private entrance, drive-up convenience. very private location.



Mutual 17- 49A
\$450,000

First floor condo facing South/West, the greenbelt at CH 1, Fully equipped kitchen, central A/C heat. Breakfast Counter, Formal Dining, Laminate flooring in LVR and DR. Financing Available.



Mutual 9 - 218H
\$298,000

2 BDR, 1 bath, enclosed patio, Washer & dryer, dishwasher, microwave. East facing, private location.

UNDER CONTRACT



Coming Soon

Mutual 11-284D
\$350,000

Side Expansion for dining, A/C Heat Pump, private entrance, drive-up convenience



Leisure Living Resales

Mr. Hank
Leisure Living Resales, Inc. Lic. #636260
13918 Seal Beach Blvd., Seal Beach, CA 90740
(562) 493-6601
leisurelivingresales.com

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The Piano Man



Erika - M17
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Gina Rojas
562-533-3190



Joanie Korman
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Lela Lee
714-213-1993



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Coming Soon
2B/1Ba w/3rd Den/Bd.
2B/1Ba Opportunity



PENDING SALE

Mutual 15 - 11d McKinney
2Bd/2Ba Expanded Corner, w/Large Family/Great Room, private patio, greenbelt view. Rehab w/NEW Laminate Flrs., NEW Counters, Range/Oven, Bathrooms Rehabbed, NEW Paint, NEW Fixtures, Dual Pane Windows + Must See!
PRIVATE & SPACIOUS @ \$439,000



*****CLOSED TRANSACTIONS*****

Listed 12-77h	Listed 1-47h	Listed 15-21b	Listed 12-45c
Listed 10-238b	Listed 15-29j	Listed 14-19e	Listed 7-174h
Listed 15-22a	Listed 7-163k	Listed 2-37i	Listed 15-14n
Listed 15-43e	Listed 5-115i	Buyers Agt. 7-176c	Buyers Agt. 15-11d
Listed 15-10f	Listed 7-158b	Buyers Agt. 14-25e	Buyers Agt. 10-248c
Listed 5-103l	Listed 14-18b	Buyers Agt. 12-64g	Buyers Agt. 10-249b

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714-624-1981



Suzanne Ahn
562-810-1614



Michael Shieh
714-866-9268



Alice Sioson
626-216-3038


Robin Gray
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(562) 209-5605




Coming Soon


Mutual 5 - Expanded 2 Bedrooms
 Mutual 15, Remodeled Downstairs Corner

Mutual 8-182-H
\$229,000




Clean one bed with new paint, cleaned carpets & heat-pump - pretty spot!

Mutual 4-46-F
\$389,000



Catch the breeze on this expanded corner with skylights, central heat/air, washer/dryer, laminate wood-look floors, patio, and pretty views from all windows!

Mutual 1-6-K
\$234,000



Cute one bed, laminate floors, dual pane windows, skylights, heat-pump, and a patio to enjoy the courtyard setting

Mutual 10-248-I
\$365,000



Pretty spot, great 2 bed with an expanded bed and living room, private side patio, dual pane windows - getting new kitchen/bath counters
 13926 Seal Beach Blvd., Seal Beach, CA 90740

GASPER MONTEER
 REALTY GROUP

Mutual 4 - 83H



\$550,000

Unique floor plan makes this unit feel like a house - the perfect combination of beauty and practicality, form and function. Not another like it in LW! 2 bedrooms with an extra room to fit your needs: office, dining room, craft room, or guest bedroom. Plus a fully remodeled upgraded skylit kitchen with stainless refrigerator, flat top glass range, stainless dishwasher, built-in microwave, granite countertops, subway tile backsplash, a masterful pantry closet, and beautifully crafted designer cabinets. Two bathrooms, stacked washer and dryer, plantation shutters. Central air conditioning, throughout. Mutual 4 permits electric car chargers and this unit has one! Also, all the craftsman-modern wood FURNITURE IS INCLUDED in the sale as well.



Patti Kilian
 Resident Real Estate Specialist

858-242-0922

info@homewithpatti.com

CalBRE# 01993562

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 Branch Manager
 562-567-8228



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Gloria Hadley
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Edwina DiMario
 562-706-7999



Vickie Van Ert
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Rosie Wang Davis
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(562) 431-2149

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 Seal Beach, CA 90740



Estee Edwards
 562-208-2540

Mutual 5 -123J **\$234,000**
 Move in ready, new vinyl plank flooring, 2 heat pumps

One-Bedrooms

Mutual 1-6-K **\$239,000**
 Cute one bed with laminate floors, heat-pump, skylights, patio with storage.



Kristin Duncan
 562-480-1465

Two-Bedrooms

Mutual 1 - 14L **\$298,000**
 2 Bedrooms, 1 bathroom, new flooring, dishwasher, new heat pump, and upgrades. Includes golf cart.

Mutual 11-273L **\$359,000**
 2 Bedrooms, 1 bathroom

Mutual 4-46F **\$389,000**
 Expanded corner with central heat/air and washer/dryer!



Claudette "CC" Cooley
 310-484-9600

Mutual 12-69L **\$349,900**
 2 Bedrooms, 1 bathroom, 750 sqft corner unit built in kitchen appliances, updated bathroom, Central A/C, W/D

Mutual 10-248-I **\$365,000**
 Expanded two bedrooms, side patio, new paint & laminate floors.

Mutual 5-104F **\$549,000**
 2 Bedrooms, 1 bath - recent remodel corner with Large Patio



Bill Berman
 714-606-5258

Mutual 2-68G **\$399,000**
 Expanded corner close to carport



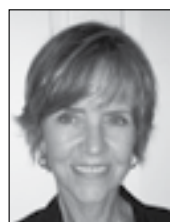
Hanna Rubinstein
 562-900-4243



Jay Cho
 714-944-4998



Philip Bak
 213-550-9991



Fay Wescott
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562 514-6613



Gloria Hadley
 Realtor®
 DRE # 01057681

This lovely expanded two bedroom one-and three-quarter bathroom home is light, bright, and ready to move in. The spacious living room has an adjoining formal dining area. The addition may serve as a den, office, or bonus room, and features a picture window in addition to double pane windows that overlook a lovely Greenbelt. The kitchen has built-in appliances including a stove top, oven, refrigerator and provides a tremendous amount of cupboard and counter space. The main bedroom suite has a separate closet, dressing area, full bathroom with shower, and double pane windows that overlook a Greenbelt with an abundance and variety of trees. The main bathroom has a bathtub with shower. The second bedroom features a large wardrobe closet, lots of storage space, and double pane windows. The second bathroom has a stall shower. This terrific floor plan is light, bright and has newly installed deluxe vinyl plank flooring and has recently been painted throughout.



M15-21Q \$369,000

PENDING

Mutual 1-35J
 Mutual 8-193B
 Mutual 12-46F
 Mutual 14-28A

**SOLD
 2024**

Mutual 15-37R
 Mutual 11-273L
 Mutual 4-83L
 Mutual 10-242I
 Mutual 14-5B

**SOLD
 2023**

Mutual 2-29E
 Mutual 4-51L
 Mutual 4-76L
 Mutual 4-77E
 Mutual 10-254H
 Mutual 14-17B
 Mutual 5-91C
 Mutual 3-29K
 Mutual 14-5B
 Mutual 8-185K
 Mutual 11-273L
 Mutual 1-25I
 Mutual 2-26C
 Mutual 1-26B
 Mutual 8-188C
 Mutual 1-30K
 Mutual 5-91J
 Mutual 11-267C
 Mutual 1-26L
 Mutual 11-268F
 Mutual 4-50F
 Mutual 9-212C
 Mutual 6-143A
 Mutual 9-225C
 Mutual 9-230D
 Mutual 11-283D
 Mutual 4-51D
 Mutual 8-189D

Enjoy this lovely expanded two-bedroom, one-bathroom, formal dining room home. This home has been newly painted throughout and features a spacious living room with double pane windows and heat pump and is adjacent to the formal dining room which has a convenient entry closet for additional storage. The kitchen has Leisure World appliances including a built-in stove, oven, refrigerator, and has a skylight and ceiling fan. The main bedroom has double pane sliding glass doors that lead to the front patio. The bathroom has a skylight and cut down shower for walk-in convenience. The second room has a Murphy bed and built in wall unit. The living room, dining room, and both bedrooms are carpeted. The private front patio has indoor/outdoor carpeting, a walk-in storage closet, and is a perfect place to sit back relax and enjoy the beautiful surrounding green areas and the lovely gentle ocean breezes.



M11-268D \$349,000

This lovely two-bedroom one bathroom home is ready to move into. It has been newly painted and has newly installed deluxe vinyl plank flooring throughout. Enter the spacious living room through the beautiful leaded glass entry door. The living room has a heat pump that provides both heating and air conditioning. The kitchen has a skylight, white cabinets, and Leisure World appliances including a stove, oven, refrigerator, and it has an added new dishwasher. The main bedroom has mirrored wardrobe doors. The bathroom has white cabinets, a cut down shower for walk-in convenience and a skylight. The second bedroom has mirrored wardrobe doors. The large and private wrap around patio has two skylights, a walk-in storage closet, and is perfect for indoor outdoor entertaining.



M12-43B \$339,000

Elegant 2 bedroom 1-1/2 bathroom fully expanded home with a formal dining area. Take a look at this lovely spacious home with a large corner living room, adjacent formal dining area, and one that has been fully remodeled and expanded. The tiled entry porch and leaded glass door open into an entry area with a coat closet. The kitchen has been fully remodeled with custom cabinets, granite counters, built in appliances including a stove, oven, refrigerator, dishwasher, a mirrored backsplash, and skylight. The main bedroom is fully expanded with a walk-in closet, double pane windows and plantation shutters. The main bathroom has granite counters, cut down shower for walk-in convenience, vinyl flooring, and skylight. The second bedroom is carpeted and has a half bath. Also featured in this lovely home is central heating and air conditioning and is located in a pretty greenbelt area.



M9-229C \$449,000

Pending

Charming describes this lovely expanded two-bedroom one-bathroom Leisure World cottage. This home is light, bright, warm, and cozy. A washer dryer will be added at seller's expense. A Beautiful leaded glass door leads into a spacious open floor plan. The living room has a heat pump and air conditioning unit. The kitchen has an extra-large skylight, white cabinets with granite countertops, built in Leisure World appliances including stove, oven, refrigerator, an added built-in microwave oven, and a mirrored backsplash. The master bedroom has mirrored wardrobe doors. The bathroom has a skylight and cut down shower for walk-in convenience. The second bedroom has a mirrored wardrobe door. The side edition may be used as a dining area, office, den, sitting area or bonus area of your choice. There is laminate flooring throughout and a private patio with a walk-in storage area. This lovely home is a must see.



M7-168C \$369,000

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Carol Gasper
Resident Realtor
DRE #01276484
562.716.1547
gcarol1966@gmail.com

GASPER MONTEER

REALTY GROUP

1900 St. Andrews Dr. Suite B, Seal Beach, CA 90740
sealbeach-retirementcommunity.info

*Notary Services Available

OUR TEAM!



Nicholas Monteer
Broker
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562.280.4631
nicholasmonteer@gmail.com



Patti Killian, Realtor



Ruben Valladolid, Realtor



John Neill, Realtor



John Dixon, Realtor



Christina Reed, TC



Rossella Caroletti, Reception



In Escrow

1642 Merion Way #40G | M2 | \$370,000
Corner drive-up location 2bed/1bath partially expanded with sunroom/patio. Washer/dryer. Skylights in kitchen and bathroom. Added dishwasher with newer refrigerator. Dual pane windows with shutters throughout and lots of storage space!



In Escrow

1221 Golden Rain Rd #3i | M3 | \$239,000
1Bed/1bath interior location on wide green with tiled patio. New laminate floors and freshly painted. Skylights in kitchen and bathroom. AC heatpump and bathtub with storage closet.



1420 Skokie Rd #84i | M4 | \$599,000
Redone and fabulous! 2Bed/2bath greenbelt location with tiled patio. Chef's kitchen, all new stainless appliances, expanded skylights, double pane windows, walk-in closet, central AC, washer/dryer and more!



In Escrow

1240 Knollwood Rd #38i | M4 | \$285,000
Expanded 1bed/1bath home with added patio on greenbelt location. Expanded skylights with exposed beams, AC heat pump and walk-in closet. Freshly painted with new laminate floors throughout!



In Escrow

13860 St Andrews Dr #61E | M1 | \$235,000
Charming greenbelt location with mature trees 1 bedroom 1 bathroom with full patio! Wood and laminate floors, dual pane windows, granite countertops throughout, patio skylight and cut down shower.



In Escrow

1871 Golden Rain Rd #26E | M14 | \$429,000
Partial expanded drive-up corner 2bed/1 bath unit w/patio. Central AC, double pane windows, skylights in bathroom/ kitchen. Movable kitchen peninsula. Large Outdoor storage closet and "peek-a-boo" view of golf course!

On May 6th, 2024 a total of 64 units show as active listings on the CRMLS (this is where Realtors list property for sale)

13 - 1 bedroom/1 bath units from \$225,000 to \$315,000

33 - 2 bedrooms/1 bath units from \$295,000 to \$579,000

18 - 2 bedrooms/2 baths units from \$360,000 to \$645,000

Please note that we offer virtual tours for anyone you know that needs a video of the interior of listings on the market! Please contact us to get access to any and all inventory.

5/06/2024 - Year To Date MLS Activity



"Nick Monteer" was my agent that represented me on my purchase in Seal Beach. The escrow was a long 120 days! Nick was there for me every step of the way. We texted, emailed and spoke on the phone um-teem times. Every time a new listing came up he was right on it and we would go look. He was never impatient during the process. He listened and addressed all of my ridiculous questions and always had a smile. He had an answer for everything! I would give him a 10+ star. Don't waste your time with another agent because Nick is the best of the best without a doubt.

-Ann B, Mutual 5 ★★★★★





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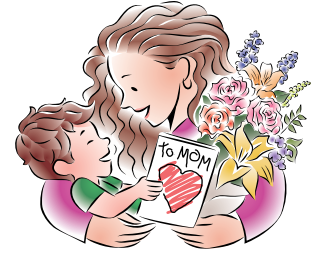
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Thank you to all the moms who do so much for their families everyday! Let's spoil mom this Mother's day and find a dream home for her in Leisure World! Come by our office anytime, we are open 7 days a week!



M9 - 234L \$415,000

Beautiful East Facing Corner Unit With Expanded Master Bedroom



M14 - 33J \$369,000

Beautiful and Very Bright 2 Bedroom 1 Bath Expanded Unit



M12 - 11A \$615,000

Gorgeous 2 Bedrooms 2 Bath Corner With Washer Dryer And Beautiful Green Views



M9 - 228J \$299,000

Lovely 2 Bedrooms 1 Bath Unit With New Laminate, Dual Pane Windows



M17 - 109B \$450,000

2 Bedrooms 2 Bath Condo



M6 - 136I \$399,000

Expanded 2 Bedrooms 1 Bath With Large Master Bedroom



M15 - 17J \$360,000

Beautiful 2 Bedrooms 2 Bath Upstairs Unit With New Paint And Flooring



M12 - 74F \$344,900

Basic 2 Bedrooms 1 Bath With Greenbelt Views Close To Downtown



M12 - 40G \$360,000

Fully Expanded 2 Bedrooms 1.5 Bath With Drive Up Parking



M14 - 51G \$350,000

Partially Expanded 2 Bedrooms 1 Bath With Washer/Dryer



M15 - 26C \$645,000

Rare And Gorgeous 2 Bedrooms 2 Bath Loft



M15 - 24A \$489,900

A Stunning Downstairs Unit With Beautiful Built-Ins And Greenbelt Views



M15 - 10H \$509,000

Gorgeous Downstairs 2 Bedrooms 2 Bath



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Giving Back to the Community on Every Real Estate Transaction!

