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**LWER REACHES CRIBBAGE MILESTONE**  
 See page 9.



**APRIL SECURITY REPORT**  
 See page 16.



**ROCK AND ROLL SHOW IS MAY 18**  
 See page 19.



Paul Kryczko

A ballot drop-off box is located on the ground floor of the Administration Building.

**GRF BOARD ELECTIONS**

**Cast your vote: GRF Director ballots have been mailed**

Ballots to elect Golden Rain Foundation (GRF) directors from even-numbered Mutuels were mailed May 3. New directors will be installed at the 2024 Annual Meeting of the GRF on Tuesday, June 11, at 2 p.m. in Clubhouse 4.

A meeting to count votes will be held June 4 at 10 a.m. in Clubhouse 4. Of the even-numbered Mutuels, there are nine director seats up for election. Mutual 2 elects two candidates because of its larger size.

The candidates for each respective Mutual are:

- Mutual 2: Donald Horning, **BALLOTS, page 3**

**Memorial Day Early Deadline**

Due to the Memorial Day holiday, submissions for the May 30 issue should be turned in by 4 p.m. Wednesday, May 22.



The Band of the California Battalion is a fully reenacted Civil War Union brass band.

**LIVE PERFORMANCE**

**Civil War Union brass band will transport listeners through time**

The patriotic melodies of an authentic Civil War Union brass band will ring through Clubhouse 4 on Monday, May 20, at 7 p.m.

The concert will be performed by the Long Beach City College Evening Wind Symphony and the Band of the California Battalion, a fully reenacted Civil War Union brass band complete with period instruments.

The wind symphony is directed by Dr. Gary Thomas Scott, retired dean of

the School of Creative Arts and Applied Sciences at Long Beach City College.

The program will feature marches, period music and a few surprises. The Band of the California Battalion will provide an entertaining and informative program of music from the period when “instruments had character and characters had instruments.”

The Band of the California Battalion is celebrating 30 years as an ensemble and has toured all over the country providing

living history presentations, concerts, reenactments and special performances at a wide range of festivals and venues.

According to the Library of Congress, an 1862 periodical described the sounds of a brass band as having “revived the drooping spirits of many a weary soldier” and “soothed the pain of many a wounded patriot.”

This typically well-attended concert features something to be enjoyed by all. Admission is free.

**CINC RESIDENT PORTAL**

**GRF launches upgraded resident portal; training sessions available**



Stock Photo

GRF will offer in-person training sessions to learn about the new portal.

Last year, the Golden Rain Foundation (GRF) implemented a new electronic management system called CINC, which included a resident portal to give registered Leisure World residents access to their Mutual accounts for payment processing and other information. The portal has now been expanded to allow access to GRF accounts and important GRF documents, including:

- policies.
- meeting agendas and minutes.
- financial reports.

The GRF Board voted to restrict access to this information to GRF members only. Private community documents have now been removed from the public website and are now available through the GRF Resident Portal, which will protect data and decrease liability.

Residents can register for the GRF portal by logging in to their Mutual Resident Portal and following the instructions included in a letter that was mailed this week. The letter contains instructions and a GRF account number.

Once residents register for the GRF Resident Portal, they will have two accounts—one for their Mutual and one for the GRF. People can switch between the two accounts depending on their personal needs.

Note: When registering for the GRF Resident Portal, people will be asked to “register an additional property” with another number; this is referring to the second account, not a second residence.

In addition to payment processing, the GRF Resident Portal has other helpful features, such as

**CINC, page 3**

**FREE Legal Services for Qualifying Seniors 60+ in Orange County**

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<http://communitylegalsocal.org>

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ILLEGAL DUMPING

# Illegal dumping of hazardous waste persists at 1.8-acre site

On May 8, a pile of hazardous waste including paints and solvents was found at the 1.8-acre site. In mid-April, a similar pile of hazardous waste was found in the same area. Residents and contractors are reminded that hazardous waste cannot be disposed of in Leisure World, and must be disposed at a designated facility.

Leftover household products that contain corrosive, toxic, ignitable or reactive ingredients are considered household hazardous waste.

Products such as paints, cleaners, oils, batteries and pesticides that contain potentially hazardous ingredients require special handling when residents dispose of them.

Residents can dispose of toxic waste at any of Orange County's four Household Hazardous Waste Collection Centers. The closest one to LW is the Huntington Beach Collection Center located at 17121 Nichols Lane, 92647, Gate 6.



Eloy Gomez

Illegal dumping persists at the 1.8-acre site, where a pile of hazardous waste was found.

It is open from 9 a.m.-3 p.m., Tuesday through Saturday (closed on major holidays and during rainy weather). Proof

of county residence may be requested. People can also dispose of e-waste such as televisions, tablets, cell phones and com-

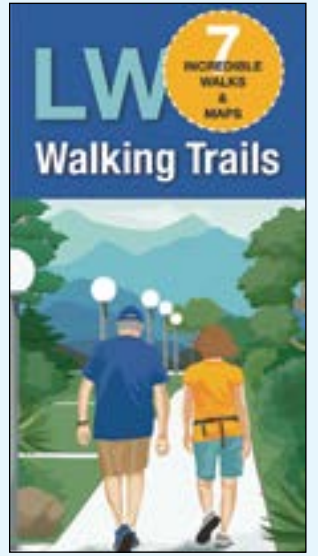
puters at this site.

All containers must have lids and be sturdy, non-leaking, labeled and protected from breakage. When appropriate, materials must be in original containers, except for motor oil, fuels and antifreeze.

Improper disposal of household hazardous wastes can include pouring them down the drain, on the ground, into storm sewers, or in some cases putting them out with the trash. The dangers of such disposal methods might not be immediately obvious, but improper disposal of these wastes can pollute the environment and pose a threat to human health.

People who need special assistance with household hazardous waste collection and are unable to bring it to a center should call 714-834-4000 for more information about Orange County's door-to-door service.

For more information, visit [www.oilandfills.com/hazardouswaste](http://www.oilandfills.com/hazardouswaste).



## Walking Trails Guide

LW Walking Trails maps are available in the News Office, located next to the Amphitheater. The office is open from 8 a.m.-4 p.m.

The maps contain routes of trails throughout the community. LW Maps are also available at no cost to residents.

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SEAL BEACH LIONS CLUB

## City and Lions Club partner to beautify local park

The City of Seal Beach has partnered with the Lions Club and local volunteers to beautify the River's End Park.

With their unwavering dedication and green thumbs, they've embarked on a mission to weed out evasive and unwanted weeds, making way for vibrant California native plants to flourish.

The group is headed by Lions Club member Rheo McColl, who volunteers for Los Cerritos Wetlands and Bolsa Chica Reserve Wetlands. She has trained through California Department of Fish and Wildlife (CDFW) biologists at Bolsa Chica Reserve to build a healthy coastal habitat.

She also trained for the Bolsa Chica Reserve Watch organized by CDFW Environmental Scientist-Reserve Manager Melissa Borde.

McColl has an eye for native landscape and the experience and knowledge to spearhead the team to make return the park to a natural, coastal environment.

The Seal Beach Lions Club has been serving the local area since 1939 and is the biggest Lions Club in California.

—City of Seal Beach

## SEAL BEACH LIONS CLUB

## Rubber Ducky Derby is May 18 at SB Pier



Numbered ducks will be thrown off the Seal Beach Pier. The first duck to reach the shore wins.

Stock Image

The Seal Beach Lions Club will host the third annual Rubber Ducky Derby at Seal Beach pier on Saturday, May 18. Rubber ducks will be launched from the pier at 1 p.m.

People can sponsor a duck for \$20. The first duck to reach the beach wins. First place will win \$2,000; second, \$1,000; and third, \$500. Tickets can be purchased at the Angel Store, 130 Main Street, Seal Beach, or on the day of the event at the pier from 9 a.m.-12:30 p.m.

Proceeds benefit the Seal Beach Lions Club. For more information, contact [ageingwarrior@icloud.com](mailto:ageingwarrior@icloud.com).

## SAFETY ENHANCEMENTS



Nick Massetti

Barriers were added at the North Gate Road turn in response to a second car crash in the area. These steel bollards augment the large boulders that were less effective in protecting the wall and the Mutual 9 residences immediately behind it. Residents are reminded that the speed limit in Leisure World is 25 miles per hour.

## GRF Self-Managed Vehicle Sale

Each fourth Saturday, authorized residents have the opportunity to sell any used motorized vehicle in the Administration Parking Lot from 8 a.m.-4 p.m. Vehicles must have current DMV registrations, GRF decals and be insured.

The owner or representative does not need to be present but is allowed to display a "for sale" sign no larger than 18" by 24" on the vehicle, to include a phone number. The sale is open to Leisure World residents only and the guests they call in. This is a self-managed event where residents can meet and buy or sell a vehicle on their own. For more information, contact Recreation at 562-431-6586, ext. 2398.



## Community White Pages

Residents' names and phone numbers are not automatically placed in the LW Community Guide's White Pages.

To be included or to update information, shareholders may submit their information to the LW Weekly by filling out the form placed in the most recent Community Guide on page 47, and returning it to the News Office near the Amphitheater or by emailing [debbiek@lwsb.com](mailto:debbiek@lwsb.com).



## Memorial Day in Costa Mesa

A Memorial Day ceremony will be held at Harbor Lawn Memorial Park on Monday, May 27, at 11 a.m. The park is located at 1625 Gisler Ave., Costa Mesa. Admission is free.

The ceremony will honor fallen heroes. Presented by the Freedom Committee of Orange County, the event features a Missing Man formation flyover, a wreath laying ceremony, live music, lunch and a WWII transport flyover featuring the D-Day Doll marking the 80th anniversary of D-Day. This will be the 70th annual event at the memorial park.

Memorial Day honors America's military men and women who lost their lives in service to the country.



Paul Kryczko

A vehicle collided with a barrier wall on May 7, sending bricks into the southbound lane of St. Andrews Drive.

## TRAFFIC SAFETY

## Vehicle crash damages barrier wall; driver injured

A barrier wall abutting the Administration Building parking lot across from the Aquatic Center was damaged on May 7 after a vehicle collided with the wall, sending bricks into the southbound lane of St. Andrews Drive.

The incident occurred around 1:52 p.m., according to a Security report.

The area was quickly taped off by Service Maintenance workers, who immediately began

removing debris from the road.

According to the report, the driver, a LW resident, lost control of the vehicle while attempting to park in a handicap space.

The Orange County Fire Authority and Seal Beach Police Department responded to the scene. The driver suffered injuries and was transported to Los Alamitos Medical Center. No one else was injured, according to the report.

## CINC

## from page 1

account histories and a direct link to the GRF. Depending on the Mutual, residents may also be able to view their Mutuals' governing documents and review the status of work orders and permits. The GRF wants to help everyone take advantage of this new system. For registration assistance or

questions about the resident portal, contact the GRF Client Services Team at 562-431-6586 or [info@lwsb.com](mailto:info@lwsb.com).

Live training sessions will be held in the Learning Center located in Clubhouse 3 as follows:

- Wednesday, May 29, 1 p.m. and 3 p.m.
- Thursday, May 30, 9 a.m.,

11 a.m., and 2 p.m.

- Wednesday, June 5, 9 a.m., 11 a.m., and 2 p.m.

- Thursday, June 6, 1 p.m. and 3 p.m.

Spaces are limited in each session to 30 spots. Residents may RSVP in advance by calling 562-431-6586 or sending an email to [info@lwsb.com](mailto:info@lwsb.com).

BALLOTS  
from page 1

Margaret Keller, Valerie Kornahrens, Teri Nugent, Paula Snowden

- Mutual 4: Vicki Burdman, Janet Kuhl
- Mutual 6: Frank De Palma (withdrawn), Susan Hopewell
- Mutual 8: Michael Banfield
- Mutual 10: Carol A. Stern Levine
- Mutual 12: Carole Damoci, Linda Herman
- Mutual 14: Martha Destra, Barry Lukoff, Lee Melody
- Mutual 16: Janet Isom

## Ballot Delivery

Mail-in secret ballots have now been distributed. After the ballot is completed, insert the ballot into envelope "A," seal envelope "A" and insert it into envelope "B," which is pre-addressed to the Inspectors of Election.

In the upper left corner of envelope "B," print your name and the address of your property located in Leisure World Seal Beach, sign your name on the signature line and return to the Inspectors of Election.

For ballots to be counted, you must sign your name on the outer envelope "B."

## Returning Ballots

There are four ways to return the mail-in secret ballot:

- By mail: Mail ballots to HOA Elections of California, Inc. at 1001 Avenida Pico, Ste. C-496, San Clemente, CA 92673 in the prepaid envelope provided, ensure ample time for delivery by 12 p.m. on Monday, June 3.

- Deliver by hand: Deliver the ballot (inside the two envelopes) by hand to the Inspectors of Election, HOA Elections of California, Inc., at 1001 Avenida Pico, Ste. C-496, San Clemente, CA 92673. The ballot must be received by the Inspector of Elections at the above address no later than 12 p.m. on Monday, June 3, the last business day before the election date.

Read more about elections on page 5.

# PERSPECTIVES

## Letters to the Editor

*Editor:*

I am responding to Earick Ward's letter (May 4). I am curious as to how people protect themselves from all the "liberal pablum" awash on television networks?

I would hope people who believe this would share the secret so as to help inoculate the rest of us from these dangerous ideas.

Or, does the use of the term stand for anything one does not believe or agree with?

The rest of the letter seems a patchwork of misinformation, misleading statistics, false choices, and a general harangue against, well, everything.

The writings remind me of those of the biblical prophets of doom. It must be very comforting to blame all challenges on one person or one political party. I see much blame to be spread everywhere. Lastly, how can people work together if the beliefs and ideas of one group are vilified?

*Jeff Colflesh  
Mutual 6*

*Editor:*

How I look forward to the LW Weekly newspaper, and I especially enjoy the letters to the editor column and the monthly Security incident report. As I read the Security report, I am always surprised and sometimes amused at the reports of real or imagined calamities befalling our residents.

Of course, fire, theft or vandalism of our property is nothing to laugh at, but I do have to chuckle when I read about coyote incidents and the ways some residents have to control them. The critters can't be controlled, of course, only discouraged, but think of it this way, the coyotes control the rabbit population in our wonderful community. Without the coyotes, the rabbits would take over, and how lovely that nature always has a balancing act.

After reading the Security report, I am always grateful and amazed at how lucky we are to have our Security team who work 24/7 to manage our safety and well being in our little community so well.

It is wonderful to know that in an emergency, such as an ambulance ride to the hospital, a kindly Security representative will stay behind to turn off your lights and lock your door. I often complain about Leisure World, but when I think of the chaotic and dangerous world outside of our gates, I count my blessings every day that I live in such a wonderful place.

*Joan Rose  
Mutual 12*

*Editor:*

To all residents, and, yes, it's the residents with RFID tags that are doing this—when driving south on Seal Beach Boulevard, there is only one right-turn lane entering the Leisure World front gate. Too many times, I have seen an entitled, inpatient resident

using the second lane to turn right. This is highly illegal and dangerous.

Please be respectful and wait your turn in line behind all the other drivers who are observing the law. You are creating a situation that could cause a potential accident. SBPD has more important things to deal with than to slap your hand for not being good.

*Sally Steenbergen  
Mutual 1*

*Editor:*

Perhaps it is time for a moratorium on printing Letters to the Editor if we cannot control or refuse to print "repetitive and otherwise inappropriate" letters that we are subject to, from the same people on a weekly basis.

*Mitchel Swersky  
Mutual 1*

*Editor:*

BRAVO to Jon Michaels on his Ode to Leisure World. It was so funny, refreshingly funny. It brightened my day.

I hope to hear more from him. Thank you for giving him space in the paper. We could all use a good laugh!

*Ann Griffor  
Mutual 1*

*Editor:*

Thank you for the article in regards to the janitorial staff (May 9). The staff does a great job. I have found them to be courteous and always willing to help. The facilities are all well-maintained.

Kudos to the janitorial staff.

## Member Column—Hummingbirds

We have a lot of hummingbirds flying around here at Leisure World. And they're pretty awesome; the way they dart around, and stop on a dime mid-air to feed on a plant's nectar. And when they're close to you, you can hear their wings flapping incredibly fast, making a buzzing, humming sound. They're almost half bird, half insect!

Anyway, I was sitting on my patio, just relating to nature, and for the first time, I noticed that we have lots of hummingbird feeders in the community; almost all are a red color, and hanging from the rafters. And as I later learned, filled with sugary water. A moment later on this particular day, a hummingbird flew right by, and stopped...like three feet in front of my face. And he was staring at me. And I was staring at him. Right into his beady little eyes.

What'd he find so fascinating? And that's when I realized, "I...HAVE...THE POWER! I am capable of summoning nature's creatures with just the power of my brain! It was psychokinesis in its most natural form. I was just thinking about hummingbirds a moment ago, and now one flies over to greet me from out of the blue!"

But what to do now? Does my little flapper want to play? Does he enjoy the scent of my aftershave lotion? Or does he simply appreciate my equanimity, one that all of God's creatures now evidently enjoy? After all, I'm now 64. And after six decades or so, I've learned to attain a certain one-ness with nature. Just ask any dog in the neighborhood.

And then, I took off my baseball cap to wipe my brow, and to take in the full magnitude of my newfound ability. And that's when the painful truth hit me. I came back to Earth with a disappointing thud. I realized, "Holy cow, I'm wearing a red baseball cap. And he thinks I'm a bird feeder!"

What a disappointment. I was so embarrassed. In a moment, my hummingbird acquaintance flitted away. He wasn't looking for a sugar daddy, just some sugar water.

Oh well, I guess I'm just an average dude who sometimes thinks a little too highly of himself. Hey, wait a cotton-pickin' minute. What's this we have here? Is this an ant crawling up my leg? By golly, it is!

Another one of nature's creatures inexorably attracted to me. Hey, you know what this means? It's the only logical conclusion. It means that I...am...unequivocally...and conclusively...DR. DOOLITTLE!

*Jon Michaels  
Mutual 1*

Many I have gotten to know by name. They care about their work.

*Linda Herman  
Mutual 1*

*Editor:*

Remember when your mom used to say "Look both ways before crossing the street?" My observation is that well over 80% of our residents do not do that and assume vehicle drivers see them. Please look both ways and then one more time. Keep looking as you cross. Also use an orange flag, but wave it, otherwise that flag is just as inconspicuous as you!

*Veta Oney  
Mutual 6*

*Editor:*

I applauded the letters from Lee Hoyt (5/2) and Mike Maher (5/9) pushing back on Earwick Ward's April 4 disinformation rant. Although refuting these views with documented fact may not serve to enlighten him, it is the best strategy we have to set the record straight. Mr. Ward has a right to state what he said, though I wish he would tone it down.

Our LW paper should help set a higher standard by stating in its policy that unsubstantiated inflammatory speech does not encourage fruitful discussion, and writers should keep that in mind when writing and to limit or eliminate their vitriol wherever possible.

For example, it is one thing to say that 100,000 people have lost their lives to fentanyl this year and another thing to imply the Democrats are responsible

for it, as Mr. Ward did.

Several studies on freedom of speech issues indicate that clamping down on speech (by censoring it) has the opposite effect desired in most cases. (Nadine Strossen in "Free Speech: What Everyone Needs to Know," 2024).

Accurate information is the best counterspeech to disinformation. It has also been shown that enhancing information and critical media skills is a better antidote to sloppy vitriolic speech. An opinion well stated and accurate is worth its weight in gold.

*Ann Gallagher  
Mutual 4*

*Editor:*

The Impaired Vision and Hearing Club would like to thank the Golden Age Foundation for its recent financial donation to our club. This support has allowed us to purchase equipment and materials that will better allow us to support our members as they learn to overcome the challenges of vision and hearing loss.

Thank you again GAF for your generous support and kindness.

*Don Craig,  
Impaired Vision/Hearing Club  
Mutual 6*

*Editor:*

I just don't understand the article "New Proposal Could Save GRF a Quarter Million Dollars Annually" (April 25).

Yes, on the surface, I get it. After reading the position descriptions of the 10 new full-time gate operations officers to be hired, is this just to save the new security system that isn't working for us? By the time you pay an average of \$20/hr plus benefits, isn't the savings a wash?

*Lisa Benedict  
Mutual 2*

*Editor's Note: The savings will be realized by replacing guards now contracted through Off Duty Officers (ODO), the company GRF uses to provide temporary security guards. Even with a starting pay of \$20, it will be much less expensive to employ Security officers through GRF vs. contracted through a third-party agency.*

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**Leisure World Seal Beach**

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# GOVERNMENT

## Mutual Meetings Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., May 16	<b>Mutual 2</b> Conference Room B/Zoom.....9 a.m.
Mon., May 20	<b>Mutual 15</b> Conference Room B/Zoom.....1 p.m.
Tues., May 21	<b>Mutual 14</b> Conference Room B/Zoom.....1 p.m.
Thurs., May 23	<b>Mutual 1</b> Conference Room B/Zoom.....9 a.m.
Wed., May 29	<b>Mutual 10</b> Conference Room B/Zoom.....1 p.m.
Wed., June 5	<b>President's Council</b> Clubhouse 4/Zoom.....1:30 p.m.
Mon., June 10	<b>Mutual 9</b> Conference Room B/Zoom.....9 a.m.
Tues., June 11	<b>Mutual 16</b> Conference Room B/Zoom.....1 p.m.
Wed., June 12	<b>Mutual 4 (Open forum 8:30 a.m.)</b> Conference Room B/Zoom.....8:45 a.m.
Thurs., June 13	<b>Mutual 12</b> Conference Room B/Zoom.....9 a.m.

## GRF Meetings Schedule

Golden Rain Foundation committee and board meetings are open to LW residents. The following is a tentative schedule.

Thurs., May 16	<b>Administration Committee Meeting</b> Conference Room A/Zoom.....10 a.m.
Thurs., May 23	<b>GRF Board Executive Session</b> Conference Room A.....1 p.m.
Tues., May 28	<b>GRF Board Meeting</b> Clubhouse 4/Zoom.....10 a.m.
Tues., June 4	<b>GRF Ballot Counting</b> Clubhouse 4.....10 a.m.
Tues., June 11	<b>GRF Annual Meeting</b> Clubhouse 4.....2 p.m.

## Public Comments at GRF Meetings

California law requires the Board to establish reasonable time limits for members to speak at meetings. (Civ. Code Sec. 4925(b)), and how the Board responds to questions or concerns; most often the Board is unable to respond (Civ. Code Sec. 4930).

COMMENTS, page 6

## Mutual Elections

Mutual 14 is the first Mutual to receive the voting ballots to elect their Mutual Board of Directors. All other Mutuals will receive their ballots according to the election schedule on the left. The shareholders will receive cumulative and non-cumulative voting ballots in the mail.

Cumulative voting offers multiple votes (based on the Mutual) to give to certain candidates. It allows shareholders to cast all of their votes for a single candidate when the Mutual has multiple openings on its board.

Non-cumulative voting is a single-vote system that only allows one vote per candidate.

IRS Revenue Resolution 70-604 is a new addition to the ballot. In reviewing the election process for the mutuals, it was determined that this item should be included to ensure compliance with tax laws.

Homeowners associations have two different options when filing their respective federal income tax returns. Although there are many different factors that can affect the final determination of which return shall be filed, IRS Revenue Ruling 70-604 is one factor that allows for homeowners associations to exclude net membership operating profits from taxation (as defined as excess membership operating revenues over membership operating expenses).

Under this ruling, owners may vote to apply any excess membership income for the year to the following (or subsequent) year's budget requirements. Failure to approve the revenue ruling limits the tax filing options available to the association and can mean increased tax liability for the current fiscal year.

For Mutual election questions, contact Senior Portfolio Specialist Ripa Barua at [ripab@lwsb.com](mailto:ripab@lwsb.com). For GRF election questions, contact Jenna Dever at [jennad@lwsb.com](mailto:jennad@lwsb.com).

## Frequently asked questions about annual meetings and elections

The 2024 annual meeting season begins today, May 16. The fever-pitch of activity will continue for the next six weeks as all 16 mutuals and the Golden Rain Foundation (GRF) host their annual meetings.

The annual meeting and election season began in January and will conclude at the end of June. There are often many questions about this time of the year and why these activities are important.

### What is an annual meeting and how is it different from a regular board meeting?

The mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year.

An annual meeting is similar to a State of the Union speech as directors are limited to presenting reports concerning finances, infrastructure, accomplishments, and goals for the future. Business is conducted at board meetings.

### Who can attend annual meetings?

Shareholders/owners are en

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
MAY	14	328	165	7	4/16	3 <sup>rd</sup> Thu	5/16	10 a.m.	Cumulative Voting
	7	384	193	5	4/17	3 <sup>rd</sup> Fri	5/17	10 a.m.	Cumulative Voting
	10	276	139	5	4/18	3 <sup>rd</sup> Tue	5/21	10 a.m.	Cumulative Voting
	4	396	132	5	4/22	4 <sup>th</sup> Wed	5/22	10 a.m.	Cumulative Voting, Staggered Terms, Bylaw Amendments
	16	60	20	5	4/22	4 <sup>th</sup> Wed	5/22	2 p.m.	Cumulative Voting, Election & Annual Meeting held in Conf. Room B
	11	312	104	5 or 7	4/23	4 <sup>th</sup> Thu	5/23	10 a.m.	Cumulative Voting, Per Article 5 of Bylaw will elect 5 or 7 directors, Bylaw Amendments
	9	384	199	7	4/24	4 <sup>th</sup> Fri	5/24	10 a.m.	Voting is per parcel to elect one delegate. Parcel in effect.
	8	348	175	5	4/25	4 <sup>th</sup> Tue	5/28	2 p.m.	Cumulative Voting
JUNE	Golden Rain Foundation				Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutuals 2, 4, 6, 8, 10, 12, 14, & 16				5/3	1 <sup>st</sup> Tue	6/4	10 a.m.	No Cumulative voting. New directors will be installed at GRF Annual Meeting on 6/11 at 2:00 pm.
JUNE	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	6	408	205	7	5/8	1 <sup>st</sup> Fri	6/7	10 a.m.	Cumulative Voting
	1	844	282	5	5/10	2 <sup>nd</sup> Mon	6/10	10 a.m.	Cumulative Voting, Staggered Terms
	5	492	164	4	5/10	2 <sup>nd</sup> Tue	6/11	10 a.m.	No Cumulative Voting, Staggered Terms
	3	432	217	7	5/13	2 <sup>nd</sup> Wed	6/12	10 a.m.	Cumulative Voting
	12	452	151	7	5/14	2 <sup>nd</sup> Thu	6/13	10 a.m.	Cumulative Voting
	2	864	433	9	5/15	2 <sup>nd</sup> Fri	6/14	10 a.m.	Cumulative Voting
	15	502	252	7	5/22	3 <sup>rd</sup> Fri	6/21	10 a.m.	Cumulative Voting
17	126	64	3	5/24	4 <sup>th</sup> Tue	6/25	10 a.m.	No Cumulative Voting, Staggered Terms	

NOTE:  
 \* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.  
 \*\* = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.  
 \*\*\* = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.  
 \*\*\*\* = The quorum for Bylaws is pursuant to Sections 211 and 152 of the Corporations Code, the proposed Amended and Restated Bylaws must be approved by quorum as stated above. If approved by the shareholders, the Amended and Restated Bylaws will become effective immediately.

QUESTIONS, page 6 2024 GRF and Mutual election and annual meeting schedule.

The LW Weekly  
562-430-0534

**Mexico Cruise Special**  
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**SIMPLY DELICIOUS SENIOR MEAL DELIVERY SERVICE**  
5/20/2024 to 5/24/2024  
Find more menu details at our website  
A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week  
B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LUNCH</b>				
Turkey Sliders Cream Cheese, Ginger, Orange Zest & Cranberry Sauce	Beef Tacos Cabbage, Mexican Cream & Pico De Gallo	Cobb Salad Romaine Lettuce, Bacon, Chicken	Roast Beef Sandwich Lettuce, Tomatoes & Cucumber, French Roll	Cranberries & Walnut Chicken Salad On Flat Bread
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Seasonal Fruit
<b>DINNER</b>				
Chicken Francaise Garlic Green Beans Mashed Potatoes	Cajun Catfish Mixed Vegetables Rice	Beef Kebab Vegetable Kebab Rice & Roll	Chicken Bolognese Broccoli & Carrots Pasta & Roll	Fish Stew Leek, Fennel, Shallot Tarragon Cream Sauce
Cookies	Seasonal Fruit	Kunafa	Seasonal Fruit	Banana Crepes

**Salim Khoury**  
**(562) 754-8487**  
[www.simplydelicious.app](http://www.simplydelicious.app)  
To ensure high quality, some items may be substituted.

## QUESTIONS from page 5

couraged to attend their mutual annual meeting (see schedule on page 5). All Foundation members are encouraged to attend the GRF Annual Meeting on Tuesday, June 11, at 2 p.m. in Clubhouse 4.

### Are the elections and annual meetings held on the same day?

The ballot counting for the Mutual's election will be conducted at the annual meeting. The ballot counting for the GRF election will be conducted at a special GRF Board meeting at 10 a.m. on Tuesday, June 4, in Clubhouse 4, one week before the GRF Annual Meeting.

### How often are elections conducted?

Most mutual boards of directors are elected annually. The GRF has elections every year but elects directors from even-numbered mutuals in even-numbered years and directors from odd-numbered mutuals in odd-numbered years.

### How many ballots will I receive?

Depending on the mutual, shareholders may receive one or two ballots. Shareholders in mutuals 2, 4, 6, 8, 10, 12 and 14 are scheduled to receive two different ballots this season: a ballot to elect their Mutual board of directors and a ballot to elect their

GRF director(s). Shareholders in mutuals 1, 3, 5, 7, 9, 11, 12, 15, 16 and 17 are scheduled to receive one mutual ballot.

### Should I separate the voting-portion of the ballot before mailing it in the envelope provided?

Check the enclosed instructions on how to fill out ballots and how to return ballots to HOA Elections of California.

### Has my ballot been mailed?

Check the election schedule above to see when the mutual ballots were mailed. The GRF ballots will be mailed May 3.

### There are three people who live in my unit; do we each receive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power.

Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

### Can I use a proxy or designate someone to vote on my behalf?

Proxies are not permissible in GRF elections but, depending on the Mutual's election policy, proxies may be used in Mutual elections. To ensure the ballot's integrity, ballot envelopes must be signed by the shareholder member connected to that household.

### Are write-in candidates permitted?

Foundation bylaws do not permit write-in candidates for GRF directors. There is a space on most mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called "nominated from the floor") and must be present to accept the nomination.

### My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. However, a replacement ballot can be mailed to the address of the shareholder's choice. For more information, call HOA Elections of California at 951-667-7191 or email [info@hoaelections.com](mailto:info@hoaelections.com) or go to <https://shorturl.at/nBLY7> to request a replacement ballot.

### The candidates on my ballot are running unopposed; why should I vote?

Every vote counts and everyone's participation in the election process is critical for the operation of this community. Additionally, the return of a properly cast ballot ensures that a Mutual will obtain necessary number of votes to produce the annual meeting and counting of ballots.

### I don't know the candidates running for my mutual's board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on important topics. Attend meet-the-candidates events, and ask friends and neighbors for their opinion.

If shareholders decide not to cast their votes for any of the mutual candidates, they are still strongly encouraged to vote by checking the box labeled "abstain from voting—ballot counted for quorum only" portion of the ballot. This lets them participate in the election process by returning a properly cast ballot.

### I've heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must be present to make mutual annual meeting proceedings valid. In the case of elections, the participation in the voting process, i.e. a properly cast ballot, counts as shareholder's attendance. A quorum of at least one-third (1/3) for some Mutuals and half plus one for some of the mutual corporation membership is required before the mutual ballots can be counted.

### I lost my ballot OR can't remember if I mailed my ballot. What do I do?

Call HOA Elections of California at 951-667-7191 or email [info@hoaelections.com](mailto:info@hoaelections.com) or go to <https://shorturl.at/hDES2> to request a replacement ballot.

### Where do I mail the ballot?

Shareholders can mail the ballot to the Inspector of Elections, HOA Elections of California, Inc, 1001 Avenida Pico, Ste C496, San Clemente, CA 92673. Drop the ballot in a US mailbox as soon as possible. The ballot must be received before 5 p.m. on the business day **before** the annual meeting.

Members can also utilize the on-site ballot box in front of the Administration Building at least one hour before their Mutual's annual meeting begins, or hand-deliver their ballot to Clubhouse 4 on the day of the annual meeting. See instructions on your ballot for further information, and don't forget to sign the outside return envelope.

### I still have questions about annual meetings and elections. Who can help me?

Contact Senior Portfolio Specialist Ripa Barua at [ripab@lwsb.com](mailto:ripab@lwsb.com) for Mutual Election assistance, or Jenna Dever at [jennad@lwsb.com](mailto:jennad@lwsb.com) for GRF election assistance.

## Senior Transportation Shuttle

The Senior Shuttle Service is a free 20-passenger shuttle that runs on a fixed route throughout major city stops, including Seal Beach Pier/Old Town area, Leisure World, and Rossmoor Shopping Center/North Seal Beach Community Center. This shuttle can accommodate wheelchairs and scooters, and hold two bikes.

To register, submit the following to the City of Seal Beach recreation coordinator Anthony Nguyen by email or in-person/mail:

- An application that can be requested from Nguyen or found on <https://shorturl.at/bqOS6>.
- Photo ID showing proof of Seal Beach residency and date

of birth (CA driver's license or a Golden Rain Foundation ID card for Leisure World residents).

To use this free shuttle, people must be:

- A Seal Beach resident.
- 60 years or older.
- Pre-registered with the City of Seal Beach.
- Have their SMP ID Number available for the driver. (This number is assigned upon registration after submittal of application).

For more information or further assistance with the registration, call Robann Arshat, GRF member resources liaison at 562-431-6586, ext. 2317, or email [robertaa@lwsb.com](mailto:robertaa@lwsb.com).

## Seal Beach Senior Services Spring Guide

The Seal Beach Senior Services spring guide provides consolidated information for all available programs that the city offers for seniors this spring. That includes transportation, recreational classes, and other programs and services available to Seal Beach residents.

The guide is available online at <https://shorturl.at/cgA78> and at the community centers.

For more information, contact Nathan Caukin at 562-431-2527, ext. 1307.

## Tips on safeguarding personal and financial information

Safeguarding personal financial data has never been more important, as an increasingly digital world has made online banking that much more prevalent. People need to be diligent in safeguarding their information from cyber criminals and play a key role in protecting themselves. Though even the best precautions cannot completely secure the financial privacy, every little effort is worth it to reduce the risk of being victimized by data theft.

These tips from the Financial Industry Regulatory Authority can help people safeguard their privacy.

- People have the right to opt out of the sharing of some of their personal information with affiliates and non-affiliates of a financial institution. For example, people can opt out of receiving prescreened

credit offers by way of credit bureaus selling information about them to lenders or insurance.

- Increase awareness of phishing scams. These often are emails that appear to come from legitimate firms or financial regulators asking for personal information. These entities would never ask for account numbers, passwords, credit card information, or Social Security numbers through email. Verify all communication with the financial institution by contacting that institution directly at the number listed on your account statement or bill.
- Be aware of the links or pop ups online. Never click on a questionable link or download a suspicious email attachment.

- Strong passwords can keep accounts more secure. Resist the urge to use the same password across many accounts. Once that password is compromised, the cyber criminal may be able to try it on the other accounts. Consider using a password manager to suggest and save strong and unique passwords for each account.
  - Utilize multifactor authentication (MFA) whenever possible. MFA adds an extra layer of protection by using a password as well as a unique code or biometric to unlock the account.
  - Conduct all financial business on a personal device on a secure network. Delete the cache and history frequently to avoid leaving a digital trace.
- MetroCreativeConnection

## Gate Access Quick Tips

### Fastest Entry for Guests

For the most efficient access to LW, visitors should tell gate guards the unit number of their destination and then the resident's name. That is the order that information is entered into the computer.

### E-Passes for Guests

LW residents who are registered through the GRF with the Proptia guest management system can text guests e-passes to easily allow their guests entry to LW. To learn more, visit [info@lwsb.com](mailto:info@lwsb.com).

### All People, All Gates

Everyone—residents, guests, vendors, caregivers alike—can enter the Main Gate, St. Andrews

Gate or the North Gate. Opening all gates to all traffic from 7 a.m.-11 p.m. is expected to significantly reduce pressure on the Main Gate.

### Barrier Arms

Just a week into the new gate access system, several barrier arms have been broken off by a motorcyclist, a cyclist and vehicles. The arms are designed to break away at the least pressure to avoid damage and injury. GRF Service Maintenance re-installs the arms, which can be reused, but it does disrupt entry flow. New signs are being ordered to make arms more visible, and drivers and bikers are asked to approach gates with caution.

## Monthly bus tours are for new residents

The GRF Transportation Department conducts 1.5-hour bus tours of Leisure World on the first Tuesday of the month at 1 p.m. for new and recently moved-in residents.

Stock Transfer can book tours when new buyers check

in, or people can schedule one at <https://shorturl.at/fnW13>.

For more information, contact Melissa Gomez at [melissag@lwsb.com](mailto:melissag@lwsb.com) or 562-431-6586, ext. 2326, or Kathy Thayer at [kathyt@lwsb.com](mailto:kathyt@lwsb.com) or 562-431-6586, ext. 2398.

## Seal Beach Pier Restoration Project

Approved by the Seal Beach City Council, the pier restoration abutment project will address the signs of wear such as cracking and spalling concrete, and deterioration of exposed steel elements caused by the corrosive marine environment.

The project was scheduled to begin May 13 and last until the end of July. The concrete portion of the pier and the ramps will be closed in stages while maintaining a 6-foot wide pedestrian access.

## COMMENTS from page 5

Approximately one-fourth of the Board's meeting, a maximum of 30 minutes, is reserved for member comments. Comments are limited to three minutes if there are no more than 10 speakers. If there are more than 10 speakers, members' time will be allocated equally to be completed during the available time. To address the Board, submit a comment card at the meeting before it is called to order. Members may email correspondence to the executive coordinator at [grfboardaction@lwsb.com](mailto:grfboardaction@lwsb.com).

# HEALTH & FITNESS

## NUTRITION 101

### Learn about Blue Zones diet and longevity

Registered dietician Jacqueline Atwood invites everyone to learn more about Blue Zones foods to live a long and healthy life on Friday, May 24, at 2 p.m., in Optum HCC Conference Room.

Blue Zones are regions of the world where people live the longest and are the healthiest.

At this free seminar people will learn about secrets of longevity, Blue Zone meal patterns and how to incorporate those habits and food choices into their daily lives.

For more information, contact GRF Member Resources Liaison Robann Arshat at 562-431-6586, ext. 2317.

## MedCare Pharmacy Meals Schedule

### Thursday, May 16 (American)

Barbecue baby back ribs, meatloaf, pasta with meatballs, Caesar salad, garlic bread and more.

### Friday, May 17 (Asian)

Egg rolls, fried rice, Korean barbecue short ribs, dumplings, yakisoba, wonton soup and more.

### Saturday, May 18 (International)

Grilled salmon with butter lemon sauce, baked scallops and sweet potato, shrimp pasta, shrimp dumplings and more.

### Monday, May 20 (International)

Barbecue baby back ribs, lasagna, chicken pasta picante, stuffed bell pepper and more.

### Tuesday, May 21 (Mexican)

Burrito, chicken enchilada, fried rice, chicken pasta alfredo and more.

### Wednesday, May 22 (Seafood)

Shrimp pasta, seared salmon, surf and turf, sausage and sweet potato and more.

## Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years.

The club meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year.

For more information, call club president Tom Pontac at 562-304-0880.

## Find a lifestyle approach to weight loss with Wa-Rite

The Wa-Rite Club meets on Friday mornings from 9-10 in Clubhouse 3, Room 1. Weigh-ins are from 8-8:45.

Dues are \$10 a year, plus 10 cents upon signing in. That dime goes to the person who lost the most weight that week. Leisure World ID card must be shown.

The club is a supportive group of women sharing weight loss tips and keeping each other accountable. Female residents who want to lose at least ten pounds are invited to stop by one of the meetings at 9 a.m.

Judy Chambers reminded everyone to drink more water and stay on track, even if it means



Shirley LaBrecque (l-r), Melinda Lee, and Shirlene Bradrick.

saying no to cookies made by a family member. She also shared a weekly quote:

**"If you are going to quit anything, try to quit waiting for the right time."**

loser of the month was Shirlene Bradrick.

Melinda Lee earned the queen of the month title with the whopping 18.5 pounds weight loss in one month. She credits her success to a keto diet. Lee and her mother have been the Wa-Rite members since 2008.

—Jan Friedland

## WATER AEROBICS



Come find out why exercise is called a fountain of youth and try a low-impact workout in 84-degree water. Instructor Sylvia Makus (far right, in glasses) leads a 10 a.m. group workout. Water aerobics provide a good cardiovascular workout that strengthens and tones muscles, improves flexibility and relieves stress. The support of water can also reduce the risk of muscle and joint injuries compared to regular exercises. Classes are held daily in the mornings at 8:30 and 10, and at 10:30 on Wednesdays. Everyone is welcome.



Joyful Line Dance members get a full body workout by line dancing in a fun, social environment.

## Improve balance and social skills with Joyful Line Dance

The Joyful Line Dance Club meets on Thursday mornings in Clubhouse 2. Beginner classes are from 10-10:30, intermediate dances are from 10:30-11, and more advanced are from 11:15 a.m.-12:30 p.m.

The club has multiple leaders who take turns leading the class. They are Albert Comia and Gladys Comia, Jojo Weingart,

Kelly Johnson, David Powell, Carmel Atkinson, Anna Derby, Chung Cha Lewis, George Pinada, Gina Baik, Jinna Yoon and Sunny Kim.

Line dancing is a great exercise to improve coordination and balance, and possibly prevent or delay Alzheimer's and depression.

"The great thing about line

dancing is that people can do it at any age. Bring your body and your mind will follow," said president Anna Derby.

Athletic or dancing shoes are required. New members are welcome to register and make a nominal donation to the club. Everyone is welcome. For more information, text 562-301-5339.

—Anna Derby

## CITY OF SEAL BEACH

### Suicide Prevention Community Event

As part of mental health awareness month, the City of Seal Beach has partnered with Didi Hirsch Mental Health Services for a free general adult suicide prevention training on Tuesday, May 21, from 7-8 p.m. at the Orange County Fire Authority Fire Station No. 48, at 3131 North Gate Road, Seal Beach. People can RSVP at <https://forms.office.com/g/vJsvmePUeA>.

The presentation will provide an overview of suicide prevention and discuss the nature of suicide, suicide-related statistics, risk factors and warning signs. People will learn how to assess for lethality, support someone who is suicidal, and link them to appropriate resources.

According to the Orange County Healthcare Agency (OCHCA), white, middle-aged to older males are at the most risk of committing suicide. Many of the cities on the coastal areas of Orange County were most affected by suicide deaths compared to their inland neighbors. These cities also tended to have the highest populations of white residents and adults 55 years and older.

From 2021 to present, the average rate for Seal Beach is approximately 21 suicide deaths per 100,000 per year.

For more information, call 1-855-625-4657 to speak with a navigator who has been specially trained to guide people to the Health Care Agency behavioral health resources that will help them most.

In case of a mental health emergency, call 988. For a life threatening emergency, call 911.

## Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$10.50 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1% milk.

Contact Client Manager Caron Adler at 562-439-5000, ext. 1, or visit [www.mowlb.org](http://www.mowlb.org) to complete the application or cancel a meal for the following day, before 9 a.m. the prior business day.

### Thursday, May 16

Beef lasagna, whole grain dinner roll, broccoli and cauliflower, chef's special cake, roast beef and cheese sandwich with lettuce, tomato and pickle and confetti slaw.

### Friday, May 17

Roasted turkey with sage gravy, cornbread stuffing, peas and carrots, banana, spinach salad with chicken, mandarin oranges, cranberries, feta cheese, vinaigrette dressing and crackers.

MEALS LB, page 8

**FITNESS FUSION**



Fitness Fusion Club meets on Tuesdays from 10:30-11:30 a.m. in Clubhouse 6, and Tuesdays and Saturdays from 10:30-11:30 a.m. in Veterans Plaza. The members practice a lunge pose that improves balance and strengthens leg and core muscles. For more information, contact Marion Higgins at 562-296-8328.



Last year's Life Options Expo offered a variety of service information, raffles, games and giveaways attracting hundreds of residents.

**2024 Life Options Expo is June 28 in Clubhouse 4**

The Golden Rain Foundation in partnership with Lucent Care and Oakmont and Ivy Park Senior Care is inviting everyone to the seventh annual 2024 Life Options Expo on Friday, June 28, from 10 a.m.-2 p.m., in Clubhouse 4.

This free event will provide information and resources offered by residential care facilities, home care agencies,

placement specialists, elder care agencies, county organizations and more.

One of the participants, Lucent Hospice, introduced the free companion program to LW, offering companionship to residents who were at home alone during the holidays. The program was well-received and Lucent Hospice will continue offering its services to residents

indefinitely.

Optum and the MedCare Pharmacy, the Collaboration Team and friends, Council on Aging, Alzheimer's OC, Meals on Wheels and nonprofit organizations such as Older Adult Services, Community Legal Aid SoCal, Nami OC WarmLine and Didi Hirsch Mental Health will also be in attendance.

—Robann Arshat

**The impact of untreated cataracts on quality of life**

The impact of untreated cataracts can significantly compromise people's quality of life. It becomes challenging to perform everyday activities and navigating through various environments.

Sometimes, the gradual progression of cataracts is so subtle that people may unconsciously limit their activities to adapt to their diminishing sight. The dangers of untreated cataracts include increased risk of accidents and falls leading to injuries and mobility issues. People with impaired vision may also avoid social interactions due to difficulty seeing,

**Most cataracts do not need surgery, but if not managed timely, they can become very dense, significantly complicating surgical intervention and quality of life.**

leading to isolation, loneliness, and potentially depression.

Regular eye exams are essential in detecting cataracts and other eye conditions.

"Cataracts surgery is a common, safe, and effective way to

restore vision," said Carlos E. Martinez.

He is the medical director at Eye Physicians of Long Beach, and has served as assistant clinical professor of ophthalmology at UCI, and chairman of ophthalmology at Long Beach Memorial Hospital.

He has authored many peer-reviewed articles and has personally performed over 20,000 procedures.

Dr. Martinez is pleased to serve LW residents at the Eye Department in the Optum Health Care Center.

—Dr. Carlos E. Martinez, MD, MS.

**Join the team helping people with memory concerns**

Alzheimer's OC offers an adult day program to LW residents living with cognitive impairment on Wednesdays and Fridays from 10 a.m.-2 p.m. Attendance for both days is required. Lunch is provided.

This program offers a variety of engaging recreational and therapeutic activities and gives caregivers a break. For more information, call 949-293-7326.

Alzheimer's OC is also looking for a part-time adult day program manager responsible for overseeing the program's operations, ensuring compliance

and staff supervision with the following key responsibilities and qualifications.

- Administer, coordinate, evaluate and adjust the program in compliance with state regulations and participant needs.
- Recruit, hire, train and supervise staff and volunteers.
- Collaborate with Site Advisory Committee and community partners for staff recruitment, training, facility use, outreach, PR and fundraising.
- Manage the program's bud-

get and prepare reports.

- Bachelor's degree in nursing, social work, psychology, health care, recreation, speech, occupational, physical therapy or gerontology.
- Knowledge of physical, social and mental health programs operating within a licensed health facility, clinic or adult day program.
- Knowledge of principles and methods of administration and management.

For questions or more information about the position, email [alzoc@gmail.com](mailto:alzoc@gmail.com).

**LW BICYCLE GROUP**



Members of the LW Bicycle Group met with a Long Beach city official (center) to resolve a hazardous area along the Shoreline Bike path following an accident that involved a group member. LW Bicycle Group meets at the North Gate on Sundays with breakfast, Mondays, Wednesdays and Fridays at 9 a.m. Helmets and safe shoes are required. For more information, call Mary Romero at 562-509-8475 or Lucy Cyza at 818-209-5075.

**BALLET FITNESS**



Instructor Mel Lockett demonstrates new choreography for the Ballet Fitness Class. The club meets on Saturdays from 1:30-2:30 p.m. in Clubhouse 6 upstairs in the Mirror Room. Everyone is welcome.

**Meals on Wheels Orange County**

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting The Lunch Cafe at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon.

It is open to anyone 60 or older. Suggested contribution is \$3. Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis. All meals come with 1% milk.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive. It returns to the Amphitheater at 11:40 a.m.

**Thursday, May 16**

Pork carnitas bowl, tomato cilantro rice, fiesta vegetable mix, tortilla, sour cream and seasonal fresh fruit.

**Friday, May 17**

Baja fish sticks tacos, black beans, red and white cabbage, tortillas, pico de gallo and pineapple chunks.

**Monday, May 20**

Vietnamese pork with caramel sauce, jasmine rice, broccoli and tropical fruit mix.

**Tuesday, May 21**

Turkey pot roast with brown gravy, sweet potatoes, collard greens and sugar-free fruited gelatin.

**Wednesday, May 22**

Macaroni and cheese, diced tomatoes, carrots, breadstick, sugar-free apple crisp and orange pineapple juice.

**MEALS LB from page 7**

**Monday, May 20**

Curry chicken, brown and wild rice, zucchini with tomatoes, seasoned corn, fresh orange, chicken salad sandwich with spinach and tomato, and marinated beet and onion salad.

**Tuesday, May 21**

Beef teriyaki, stir-fry noodles, oriental vegetables, peaches, kale chicken salad with chopped kale, shredded brussel sprouts, dried cranberries, balsamic dressing and crackers.

**Wednesday, May 22**

Herb-roasted chicken with honey mustard sauce, brown rice, seasoned cauliflower, green bean almandine, fresh pear, ham and cheese sandwich with lettuce, tomato and pickle, and carrot pineapple salad.



# SPORTS & GAMES

## CRIBBAGE CLUB

### Hopkins earns bronze award from the Cribbage Congress

by Emma DiMaggio  
Communications Manager

After amassing over 1,000 points in the game of cribbage, Mutual 16 resident Hoppy Hopkins has earned a Bronze Award from the American Cribbage Congress (ACC) Grass Roots, complete with a jacket to mark the occasion.

ACC Grass Roots is a nonprofit organization with over 200 local clubs in North America. Local clubs play regularly and tally their points, marking a champion each season.

The Bronze Award is given to only a small fraction of players. It takes years of dedicated game play to reach the milestone of 1,000 ACC Grass Roots-recorded points, which only account for high-level games.

For Hopkins, these points may as well be a drop in the bucket. He's played thousands of games of cribbage in his lifetime, learning the ropes when he was very young. He recalls besting adult players in Wisconsin, where his father first taught him to play.

In adulthood, Hopkins, a retired police officer, traveled the country to compete in cribbage tournaments. He's only seen about two dozen bronze star jackets in his life, he said, a testament to his hard-earned bragging rights.

Hopkins plays multiple games a week with the LW Cribbage Club. He also plays with the local Huntington Beach ACC club, the Surf City 29ers, which he's been a member of since 2013.



Hoppy Hopkins

Paul Kryczko



The new Shuffleboard Club officers for the 2024-2025 club year are Jack O'Brien (l-r) and Carol Johnson, captains representatives; Sally Fowler, treasurer; Micki Aiello and Karen Mendon, co-presidents; Ellie West, second vice president; Donna Perkins, secretary; Susan Hopewell and Rod Osgood, co-first vice presidents; Kay Mount, immediate past president.

## Shuffleboard Club marks new league milestone

A third league in a single season, with four teams playing competitive games, marks another milestone for the LW Shuffleboard Club.

League team play is at the core of the club's culture, and the new mini-league has been designed to assist new members — 15 since the GRF Discovery Tour on April 6 — to acclimate to the specific processes for league play games. For more information, call "Super Captain" of the mini-league, Sue Burkschab, at 562-533-2303.

On May 9, in addition to electing new officers for the 2024-2025 club year, numerous awards were presented to people who have contributed significantly to the club throughout the last two years. Groups recognized included 10 people who served as hosts for the five parties throughout each year, 11 people who served as captains,

10 people who served as leaders or hosts for eight or nine open play dates every month, plus 13 people who uniquely contributed services for various projects. Sally Fowler was honored with a special award for her many contributions to the club that are often done in the background of the various events, but which contribute to helping build a strong, dedicated membership. Thirty-five members attended the monthly meeting.

Open play time is returning to its regular schedule of Monday and Wednesday mornings from 9-11 at the courts building. The only requirement is to wear closed-toe shoes. The club provides all other equipment plus assistance to those who have never played shuffleboard. Everyone is welcome.

**May 3 morning league results:** Team Sally overtook Team Milly 7-5. Team Sally

all-game winners were Sally Fowler, Barbara Gardner and Ellie West. Team Milly's all-game winner was new member Linda Thompson.

Team Shel was the victor over Team Carol 7-5. Rod Osgood and Anita Giroud were all-game winners for Team Shel while Doris Morton and Micki Aiello garnered that title for Team Shel.

**May 7 evening league results:** Games were tie scores for all. Team Rod/Anne matched Team Karen/Sue 6-6. All-game winner for Team Rod/Anne was Sal LaScala and Team Karen/Sue's all-game winners were Susan Clark and Karen Mendon.

Team Chandra matched Team Sally 6-6. Chandra Patel was all-game winner for Team Chandra while Team Sally had no all-game winners.

—Kay Mount and Barbara Gardner

## TOURNAMENT POKER CLUB

### Texas Hold 'Em Casino Tournament is June 15

The LW Tournament Poker Club will host its Texas Hold 'Em Casino Tournament on Saturday, June 15, in the Clubhouse 6 Lobby. Registration and continental breakfast is at 9:45 a.m. Play begins at 10:30. Registration in advance is



\$20 for members and \$25 for guests. At the door on the day of the event it is \$25 for all players. There will be no late seating.

For more information, call Debbie Barner at 325-721-0687.

—Deborah Barner



Dave LaCascia earned a perfect score and a star.



Donna Gambol celebrated her birthday.

## LaCascia earns a perfect score

The Cribbage Club meets every Tuesday at noon in Clubhouse 1. Refreshments are served from noon-12:15 and anyone arriving by 12:15 is assured a place to play. Yearly dues are \$5 and \$1 is collected from each player who plays each week. Seven games are played beginning at 12:30.

Donna Gambol provided lasagna, salad and bread for her birthday. Melinda Cowan also provided nuts and candies. Gambol, along with Midge and Sue served the lunch.

The winners for the week include: Dave LaCascia, 847, a perfect score earning him another star, first place; Candy Meyers, 842, second; Gene Smith, 840, third; Don Kramer, 838, fourth. Gambol and Richard McCarty had no wins.

For more information, call Marilyn Chelsvig at 562-279-5665. New players are always welcome.

—Mary Holder

## Duplicate Bridge Club

The Leisure World Duplicate Bridge Club meets on Mondays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can call Linda Nye at 562-453-6678 or email her at [yuelingnye@yahoo.com](mailto:yuelingnye@yahoo.com) no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

**April 29 winners (eight tables):** Bud Parish and Howard Smith (63.49%), and Ellen

Kice and LaVonne McQuilkin (54.37%), north/south; Jeanette Estill and Ron Lee (58.73%), and Sue Fardette and Bill Brooks (57.94%), east/west.

**May 3 (seven tables):** Sibyl Smith and Diane Schmitz (58.33%), and Melanie Smith and LaVonne McQuilkin (57.74%), north/south; Bob Goldstein and Thad Mikols (58.93%), and Colleen Gardner and Jane Reid (55.06%), east/west.

The club congratulates the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach Bridge Center results page at [www.acblunit557.org](http://www.acblunit557.org) and click on Leisure World Results. For more information contact Howard Smith at 562-598-6121 or [howardnrobin@gmail.com](mailto:howardnrobin@gmail.com).

—Sue Fardette

## Yahtzee Club

The object of Yahtzee is to score points by rolling five dice to make certain combinations. The Yahtzee Club will meet May 17 in Clubhouse 3, Room 6, at 1 p.m. There will be a halftime social to meet friends and neighbors. The club meets the first, third and fifth Fridays of each month.

**May 3 winners:** Susie Ralston, most Yahtzees; Julie Milburn, high score; Nancy Mora, low score; Joanne Lester, door prize.

For more information, contact Diane Seeger at 562-533-5997.

—Joyce Ingram

## Women's Pool Cue Club

The Women's Pool Cue Club is a place for women in Leisure World to get together to play pool and snooker. The club meets every Monday from 9:30 a.m.-12:30 p.m. in Clubhouse 1.

The pool room is open from 7 a.m.-10 p.m. daily. Members are encouraged to practice at their leisure.

The goal of the club is to have fun and make friends. Beginners are encouraged and always welcome. Members are happy to teach beginners how to play. Yearly dues are \$5.

For more information, contact Sioux Van Foeken at 714-745-5549 or [rockinandwalkin@aol.com](mailto:rockinandwalkin@aol.com).

## LW MEN'S GOLF CLUB

## Paternoster and Archambault score holes-in-one

Fifty-four golfers played in the LW Men's Golf Club Tournament on May 8 at the Turtle Lake Golf Course. Various skilled golfers competed in three flights and vied for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot circle rewarded) and two closest to the pin challenges.

Two golfers achieved the ultimate in golf perfection by carding a hole-in-one. Pat Paternoster got his on the 85-yard eighth hole and Gene Archambault on the 75-yard 16th.

With the course being in excellent condition, 30 of the 54 rounds were net at or under par, with a record setting 83 birdies and six circle hole winners.

First place in the low gross competition was a tie at 1 under par between Paternoster, Bill Lyons and Bob Barnum, followed by Archambault and Mike Mayfield. Best net score was 47 by Young Lee and Dave Winn, followed by Paternoster, Bill Long and Ben Benjamins at 48. Closest to the pin on the first hole was Bruce Bowles at 3 feet 2 inches, and Bill McKusky was closest on the 10th at 5 feet 9 inches.

All scores below are net (gross score minus handicap).

**A flight winners (handicaps of 0-7):** Paternoster, 6 under 48, first place; Thomas Kim, 5 under 49, second; John Rudosky, Seung Lee and Archambault, 2 under 52, third; Fujio Norihiro and Steve Walker, 3 under 51, fourth; Don



Gene Archambault

#### May 29 Shotgun Scramble Tournament

This month's fifth Wednesday tournament sign ups, sponsored by the Januszka Group On-Site Sales, are complete and only standby fill-ins are being accepted.

There will be a picnic at the Clubhouse 1 picnic area after the scramble, starting around noon. Hot dogs, chips and drinks will be served for \$7, which will be collected at prior tournaments.

For more information, call Steve Moody at 424-213-3002.

Newhall, 2 under 52, fifth; Jae Chio and Barnum, 1 under 53, sixth; Mike Mayfield and Bruce Bowles, even par 54, seventh.

**B flight winners (handicaps of 8-12):** Dave Winn and Young Lee, 7 under 47, first place; Long, 6 under 48, second; Mark Tal, 5 under 49, third;



Pat Paternoster

Won Song and Bud Young, 4 under 50, fourth; Andrew Kim and Denis McMonigle, 2 under par 52, fifth; Roland Phillips and Dale Williamson, 1 under 53, sixth; McKusky and Richard Yokomi, even par 54, seventh.

**C flight winners (handicaps of 13-18):** Ben Benjamins, 6 under 48, first place; Kevin Lindstedt and Bill Zurn, 5 under 49, second; Marv Jones, 2 under 52, third; Byron Schweitzer and Daniel Mahoney, 1 under 53, fourth; Dennis Jensen and Jon Russell, 1 over 55, fifth.

The next men's tournament will be on May 22 and every second and fourth Wednesday of each month. The Guys and Gals Tournament is played on the third and fifth Wednesday—if there is one—of each month. Those who had planned to play and cannot should contact Scott Tuchfarber at 909-684-0426 or Alan Sewell at 541-324-8558 as soon as possible. Arrive 15 minutes prior to scheduled tee time and be ready to play.

—Dave LaCascia

## LW Men's Golf League

Eight Leisure World Men's Golf League members played at the 5,600-yard par-71 Meadowlark Golf Course in Huntington Beach on May 3.

Meadowlark celebrated its 100 year anniversary in 2022 and is owned by the City of Huntington Beach. It was designed by William P. Bell, who also designed or co-designed Riviera, Bel-Air, Stanford University, and many other courses in the western U.S.

Six golfers shot net at or under par. Sam Choi was closest to the pin on the 140-yard par-3 seventh hole, and the always difficult 150-yard par-3 15th hole prevented anyone from landing on the green due to windy conditions. Gary Stivers had the fewest putts in the A flight, while Daniel Mahoney had fewest putts in the B. Choi also had the only two birdies.

**A flight winners (handicaps of 0-19):** Fujio Norihiro, 5 under 66, first place; Stivers, 4 under 67, second; Choi, 3 under 68, third; Clay Fischer, fourth.

**B flight winners (handicaps over 19):** Mahoney, 7 under 64, first place; Bill McKusky, 4 under 67, second; Bob Munn, even par 71, third; Gene Vesely, fourth.

Seven league members played at the 4,000-yard par-62 David L. Baker Golf Course in Fountain Valley on May 6.

With good weather and little wind, every golfer scored at or under par. Gary Stivers was closest to the pin on the 110-yard par-3 third hole, and Sam Choi was closest on the 140-yard par-3 12th hole. Choi had the fewest putts in the A flight, while Bob Munn had fewest putts in the B. Choi and Clay Fischer had one birdie each.

**A flight winners (handicaps of 0-19):** Fujio Norihiro, 8 under 54, first place; Choi, 7 under 55, second; Stivers, 3 under 59, third; Fischer, even par 62, fourth.

**B flight winners (handicaps over 19):** Munn, 10 under 52, first place; Tom Ross, 6 under 56, second; Bill McKusky, even par 62, third.

The Monday and Friday golf leagues play at four local courses, all within 15-20 minutes of Leisure World. These courses are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

Those interested in playing can contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

## LW Women's Golf Club

The LW Women's Golf Club plays a nine-hole tournament every Tuesday morning. First tee time is 7:30. Play is usually completed by 10. All Leisure World women are invited to join the club by stopping by the starter shack to obtain information. Annual dues are \$25. Beginners and tour pros are all welcome.

The April 30 tournament was a special tournament where each woman could only use two clubs and a putter.

**A flight winners:** Jessica Choi, 29, low gross; Linda Herman and Grace Choi, 27, low net.

**B flight winners:** Maryann Moore, 31, low gross; Sang An, Lisa Kim, Hae Lee, Bert Thompson and Chong Hee Kim, 26, low net.

**C flight winners:** Nancy Tye, 33, low gross; Sally Park, 23, low net.

**D flight winners:** Judy Orloff, 32, low gross; Neva Senske, 19, low net.

The May 7 tournament was for low gross, low net and circle hole on No. 8.

**A flight winners:** Susie Kim and Sophia Kim, 27, low gross; Sang An, 23, low net; Sophia Kim, circle hole No. 8.

**B flight winners:** Margie Thompson, 31, low gross; Lim and Nancy Tie, 26, low net.

**C flight winners:** Keiko Sekino and Mary Greig, 31, low gross; Patty Littrell, 23, low net.

**D flight winners:** Neva Senske, 33, low gross; Lynn Baidack, 32, low net.

—Linda Herman

## SUMMER'S COMING

## Aquatic Center offers fitness center alternative

With better weather on the way, the LW Aquatic Center offers an outdoor exercise alternative to the indoor fitness center located in Clubhouse 6.

Exercise provides a number of measurable benefits for people of all ages, including older adults. Swimming is one exercise that may be especially beneficial for seniors.

Many people learn to swim in childhood and sharpen that skill as they get older. Though swimming devotees may get in the water for fun rather than fitness, this popular, joyful and relaxing pastime may be the ideal exercise for seniors looking to improve their overall health, particularly because it is very low-impact.

Because the water provides buoyancy while swimming, there is little risk of injury and minimal strain on the body. Water exercises, including swimming, work all the muscle groups, so it can be a complete exercise, says American Senior Communities. Swimming also is a great cardiovascular exercise that can strengthen the heart muscle and improve lung function and endurance. Because it lowers blood pressure and improves circulation, swimming is a great way to get the heart



Paul Kryczko

The LW Aquatic Center features a spacious pool, shower and dressing rooms, umbrella tables and lounge areas.

pumping.

A gentle, 30-minute swim can burn up to 200 calories, which is more than walking. A faster swim can burn calories more quickly than running or cycling. However, since water supports up to 90% of the body's weight, this activity will put less stress on muscles and joints while one is exercising.

Individuals with mobility issues or arthritis pain may find that swimming helps relieve discomfort and improves range of motion. Again, because the water is doing much of the work holding up the body, it will take the stress off of joints, helping a person to feel better while

stretching and moving gently in the water.

Even seniors who don't know how to swim can still reap the benefits of water exercise. Walking in shallow water, or using a kickboard to stay above the water can be effective. Using foam dumbbells or even pushing and pulling one's arms through the water can serve as a resistance exercise that builds strength.

Swimming and additional water activities are great ways for seniors to stay in shape. As always, individuals should speak with their doctors before beginning any exercise regimen to ensure that it is safe.

—MetroCreativeConnection



Jeanne Pontac (l) and her husband Tom.

## Dreams can come true eventually

Jeanne Pontac of Mutual 10 sent in this uplifting message: "I gave up all hope of being a competitive athlete again to support my husband, Leisure Legger President Tom Pontac, in remaining active while living with Parkinson's disease.

"To my surprise, I came in first place in my age group of 75-79 years old at the local Cinco de Mayo 5K race, proving once again that it's never too late to be all that you can be."

—Jeanne Pontac

# RELIGION

## HOLY FAMILY CATHOLIC CHURCH



Holy Family Church celebrated the Feast Day of St. Joseph the Worker, Patron Saint of Our Pastor, on May 1 with Father Joseph Nguyen (second row, middle) and Father Joseph Droessler. This photo features the hard-working parishioners who keep the church grounds clean, neat and respectable to neighbors. The church is so blessed and grateful to the parish community. The statue of St. Joseph is in the back.

## Community Church

On Saturday, May 25, at 2 p.m., Community Church will hold a piano trio concert by pianist Hannah Yi, along with cellist Francisco Vila, and world-renowned violinist Sojin Kim. To get tickets, contact the church office at 562-431-2503.

Pentecost Sunday is when Christians celebrate the gift of the Holy Spirit. In the Book of Acts, the spirit is described as a sound like the rush of a violent wind, and tongues of fire that settled on the first followers of Jesus. Community Church will look at this description of the Holy Spirit and what it means for believers as a community. There is a great deal of hate in the world right now, and the way of Jesus seems to be losing out to the way of evil. Christians have the opportunity to turn the tide, but it requires participation and



Violinist Sojin Kim, (l-r), pianist Hannah Yi, and cellist Francisco Vila, will play for Community Church on Saturday May 25, at 2 p.m.

the subjugation of ego described in scripture as the refiner's fire.

Those who are interested in turning the tide toward love are welcome to join Community Church in its study of the Book of Acts and the Gospel of John

People are welcome to see what the "friendly church" is

all about. The located at 14000 Church Place. Sunday Worship is at 9:50 a.m., followed by a time fellowship and light refreshment. Come early for a cup of coffee in the narthex. Services are also available on Facebook or Zoom; contact the church office for a Zoom link.

## Assembly of God

Pastor Chuck Franco will continue the series on the Beatitudes with a sermon titled "Meekness is Not Weakness," from Matthew 5:5. More contemporary translations use the word "humble" in this passage. Meekness and humility are not personality traits valued in modern culture, so why should Christians pursue them? Jesus often taught important lessons by using starkly contrasting thoughts. How and why would someone who is meek and humble inherit the whole earth? A humble spirit is not a sign of weakness, but rather the hallmark of one so at peace and confident with who they are in Christ that being prideful or overbearing is absent from their character. People are invited to explore how to integrate these God-honoring qualities with LW Assembly of God this Sunday, May 19, at 10:30 a.m.

The Wednesday Bible study



Pastors Chuck and Sheryl Franco

will cover session six of "The Grave Robber," by Mark Batterson, a study of the seven miracles recorded in the book of John. Read John 9:1-11, and be prepared to discuss "Never Say Never." Jesus heals a blind man and answers his disciples who are asking the wrong question. What seems impossible is possible when Jesus is present. Student interaction is moderated by Pastor Chuck after the brief teaching video.

Leisure World Assembly of God meets Sundays at 10:30

a.m. in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing takes place on the fourth Sunday evening of the month at 6 in the Clubhouse 3 Lobby. More information can be found on the website, [lwassemblyofgod.com](http://lwassemblyofgod.com), and on Facebook at the Leisure World Assembly of God Church page, where people can catch up on past sermons. Contact the church office at 562-357-4360, or [pastorchuck@lwassemblyofgod.com](mailto:pastorchuck@lwassemblyofgod.com) for more information.

## Beit HaLev

Beit HaLev's community prays for the safe return of all hostages, Israeli and Americans, and a swift end to the Israel-Hamas War and the proxy war being waged against Jewish students on U.S. campuses.

Beit HaLev services are held on Fridays at 5 p.m. To join Beit HaLev's Zoomagogue interactive service go to: <https://shorturl.at/hsJTZ>, Facebook: [www.facebook.com/galityomtov](http://www.facebook.com/galityomtov), or YouTube: [www.youtube.com/@beithalevlive8816/streams](http://www.youtube.com/@beithalevlive8816/streams).

The Second Triennial Cycle reading is from the Parashah "Emor," in Leviticus 22:17-23:22. This section of "Emor" (God spoke) instructs the Kohanim (priests) and their families in the regulations for sacrificial animals, which are considered unqualified and which are disqualified. The Maftir, the final verses speak of the "blasphemer," who was sentenced to death by stoning.

All Beit HaLev services share special prayer books on-screen, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah."

Beit HaLev and Rabbi Galit-Shirah are affiliated with the Union of Jewish Universalist Communities and Clergy and the International Federation of Rabbis. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. Beit HaLev consider all religions holy and valid.

To join the Beit HaLev Zoomagogue mailing list, call Rabbi Galit-Shirah at 562-715-0888 or email [duets@icloud.com](mailto:duets@icloud.com).

Beit HaLev does not require a fee for membership, however contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

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Read the LW Weekly online at [www.lwweekly.com](http://www.lwweekly.com)

## First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors to join in worship and explore God's word together.

### Pastor's Message

The love story of Jacob and Rachel in Genesis 29 is a story winding through twists and turns for 20 years. Pastor Bruce Humes will dive deeper into this story and expose the character of Laban, Jacob and his two wives.

Jacob traveled to the east to Haran, the ancestral homeland of Abraham, and after spending a month receiving hospitality from his relatives, it is time for Jacob to either leave or begin working for Laban.

Laban asks Jacob, "So what should your wages be?" Jacob had fallen for Laban's younger daughter Rachel upon their first meeting. Knowing that she was the second in line by tradition to be married, Jacob understood any chance of her

becoming his wife would come at great cost. So, Jacob tells Laban he will serve him seven years for Rachel, his younger daughter.

Jacob was willing. He considered Rachel, described as being good looking with beautiful features, to be worth the cost of seven years' work. Laban's deceitfulness however, results in a great deal of learning and patience on the part of Jacob.

God is not deterred from his promise made to Abraham of a great nation. Even though it takes 20 years of obedience and hard work on the part of Jacob, ultimately, the 12 sons sired by Jacob will become the instrumental 12 tribes of Israel.

### Weekend Services

Sunday services, held from 9:30-10:45 a.m., are traditional with hymnal music led by Janet Ray and Sherry Parmenter at the piano. This week's special music is a duet by Ray and Carol Speake.

Saturday services includes contemporary worship songs led by Gregory Black with guitar and vocal accompaniment from 9:30-10:45 a.m.

### Midweek Studies

Melli Herrera leads the women's Bible study on Mondays from 10:30-11:30 a.m.

Pastor Gary Whitlatch leads the Tuesday Bible study from 9:30-10:30 a.m.

Pastor Humes leads the Thursday morning Bible study from 10:30-11:30, and the prayer and Bible study every Friday from 4-5 p.m.

### Scripture of the Week

"The love of God has been poured out within our hearts through the Holy Spirit who was given to us. For while we were still helpless, at the right time Christ died for the ungodly," Romans 5:5-6.

### Contact

First Christian Church is located on Northwood Road behind Carport 125.

For more information, call 562-431-8810.



Gary and Sheri Leming lead the men's and women's Bible studies at Faith Christian Assembly.

## Faith Christian Assembly

Faith Christian Assembly offers a weekly Bible study on Wednesday mornings at 11. This mid-week service is a great time of diving deeper into the word of God.

2 Timothy 3:16 says: "All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness." Faith Christian Assembly invites LWers to join the congregation each week as Pastor Sheri Leming expounds on the word of God, bringing it from the page into hearts and lives.

The evangelist Dwight L. Moody said, "every Bible should be bound in shoe-leather." Learning should produce doing. King Solomon, the great biblical king known throughout the world for his wisdom, said in Ecclesiastes 1:9, "There is no new thing under the sun." He wasn't talking about technology, but rather mankind and what motivates a person.

Hope comes day in and day out with the positive changes the word of God can bring when people let it into their hearts.

Faith Christian Assembly is located at 13820 Seal Beach Blvd. Sunday service is held at 10:30 a.m., and the Wednesday Bible study is at 11 a.m. The men's and women's groups meet on the third Thursday of the month at 1 p.m. The next meeting is on May 18.

To receive a free newsletter or more information on the church, including the GriefShare program, call 562-598-9010 or email [contact@fcachurch.net](mailto:contact@fcachurch.net). People can also visit [www.FCachurch.net](http://www.FCachurch.net) for past sermons.

## Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Mike Mymon on Friday, May 17, at 6:30 p.m. Mymon will also lead the hybrid service on Saturday, May 18, in Clubhouse 3, Room 9, and on Zoom at 10 a.m.

Saturday's Torah reading will be Emor from the book of Leviticus. Emor (Say) opens with laws regulating priestly behavior, working in the Mishkan (Tabernacle), and consuming sacrifices and priestly food. It describes the biblical holidays of Passover,

Shavuot, Rosh Hashanah, Yom Kippur and Sukkot, and ends with a story about a blasphemer and his punishment.

To receive a Zoom invitation, contact Jeff Sacks at 714-642-0122.

Congregation Sholom has served Leisure World since 1962. It offers a traditional Jewish service in person and online.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.



Rabbi Mike Mymon

## Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary classes (for children) are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from

Bishop Mike Gravley at 562-212-8681.

The Stake Conference will be held Sunday, June 9, at 10 a.m. in the Stake Center. There will be no meetings in the Atherton building that day.

The course of study this year is the Book of Mormon. Personal study for the week of May 20-26 should be centered on Mosiah 18-24.

The "Come, Follow Me" manual says "The account of Alma and his people in Mosiah

18; 23-24 shows what it means to 'come into the fold of God' (Mosiah 18:8). When Alma's people were baptized, they made a covenant with God to 'serve him and keep his commandments' (Mosiah 18:10). While this was a personal commitment with God, it also had to do with how they treated one another. Yes, the journey back to Heavenly Father is individual, and no one can keep our covenants for us, but that doesn't mean we are alone. We need each other."

## Redeemer Lutheran and St. Theodore's

On Sunday, May 19, the congregations of Redeemer Lutheran Church and St. Theodore of Canterbury Episcopal Church will celebrate Pentecost Sunday with the Rev. Murray D. Finck presiding. His sermon is titled "Wind, Flame, Breath, Intercessor, and Advocate."

The Communion and worship service gathers at 13564 St. Andrews Drive every Sunday at 10:30 a.m. All are welcome. The Communion assistant this week will be Carmen Leslie and the acolyte is Sylvia Makus.

The congregations continue

to collect donations of canned and boxed foods for the hungry. Fellowship is held after the service in the Fellowship Hall with coffee, tea and cookies.

The Bible study is held on Wednesdays at noon in the Fellowship Hall. The study looks at 10 of Jesus' miracles through a study book. The group will discuss chapter three, "Casting out demons," from Mark 5:1-20 on May 22. Bring a Bible, a friend and a lunch.

This Sunday is Pentecost Sunday and the Gospel lesson is from John 15:26-27; 16:4b-

15. Jesus promises to send the advocate, the Holy Spirit. When the Spirit speaks, he speaks with the direction of the father and the son.

The gifts of the Holy Spirit are wisdom, knowledge, right judgment, understanding, courage, piety, and fear of the Lord. The fruits of the Spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. The Spirit is a powerful guide in life. They lead people to fulfill the 10 Commandments and live the eight Beatitudes.

## LW Baptist

The Bible says that ancient Israel's sacrifices were God's appointed means for his people to come to him. That is why the Gospel appears in the history of Israel's offerings, which is the Sunday worship theme.

People understood that the wages of sin is death, and that without the shedding of blood, there is no forgiveness of sins. God graciously provided a substitute for the sinner, and an innocent lamb represented God's provision for atonement on the altar morning and evening for 1,500 years until Jesus, God's perfect and final sacrifice, came. John the Baptist, pointing at Jesus, announced, "Behold the lamb of God who takes away the sin of the world." On the cross Jesus cried out, "it is finished."

By one sacrifice, Jesus has made perfect forever those who put their trust in him, as all the prophets testify.

To receive more information about LW Baptist Church, call 562-430-8598.



Pastor Rolland Coburn

## Buddha Circle

Buddha Circle will meet on Saturday, June 1, in Clubhouse 3, Room 1, with Venerable Kusala from 9:30-11 a.m.

Venerable Kusala is well known in the Buddhist community, and Buddhism in a simple way. The interactive session aims to teach people how to suffer less and become happier. Questions are encouraged. For more information, call 714-468-6887.

## Christian Women's Fellowship and Bible Study

The Christian Women's Fellowship and Bible Study group will meet Monday, May 27, in Clubhouse 3, Room 6, at 10 a.m. The group is studying a new book, "Growing in Wisdom and Truth," by Elizabeth George on the book of James. All residents are welcome to attend. For more information, contact Margie Singleton at 562-594-8100 or Joann Barsamian at 928-277-6408.

# When seconds count, B.E. F.A.S.T.

A stroke is a medical emergency.

Experts at the MemorialCare Neuroscience Institute urge you to learn the signs of stroke:



## Balance Lost

Sudden loss of balance or coordination



## Eyes Blur

Sudden trouble seeing or blurred vision in one or both eyes



## Facial Drooping

One side of the face droops or is numb



## Arm Weakness

Sudden weakness or numbness of an arm or leg, especially on one side of the body



## Speech Difficulty

Sudden confusion, trouble speaking or understanding speech



## Time to Call 911

Call 911 immediately (note the time the symptoms started)



[memorialcare.org/SBstroke](https://www.memorialcare.org/SBstroke)

  
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# COMMUNITY



Maryann Shaddow

## Sunshine Club

Maryann Shaddow, Mutual 14 resident and Realtor with On-Site Home Sales, will speak at the Sunshine Club's meeting on Friday, May 17, at 10 a.m. in Clubhouse 3, Room 2.

Shaddow will touch on the recent National Association of Realtors settlement that will see changes in the way brokers, sellers and buyers negotiate their commissions. Commission will no longer be allowed to be posted on the Multiple Listing Service as it is now. The other big change that is coming mid-July is that buyers will have to sign a buyer agreement with a Realtor before touring any properties.

Leisure World also has changes in the way it provides new buyers with HOA documents. Leisure World uses Home Wise Company to give buyers the documents that the seller is responsible for providing them.

Shaddow will also explain how to protect units from going to probate. She will also go over what children or heirs need to know before residents pass so that they can have a better understanding of what will be expected of them. Mutu- als maintain ownership of the buildings and they have to make sure the home is secure until the rightful heir has presented the proper legal documents to secure access to the unit.

Unfortunately, when residents die it is a very emotional time for children. Selling in Leisure World is very different than selling a home on the outside. Make sure to have all the information that is needed to provide a smooth transition.

Shaddow will also touch on the housing market and how it has been doing in Leisure World.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served.

For more information, contact Anna Derby at 562-301-5339.

The LW Weekly  
562-430-0534

### CALRTA DIVISION 56

## RSVP for June 7 luncheon

LW's Retired Teacher's Association (CalRTA Division 56) will hold a luncheon and raffle on Friday, June 7, in Clubhouse 3, Room 9 at noon.

The agenda includes state and national legislative updates, retirement security, advocacy for teachers' pension protection, highlights of the upcoming State Convention in Sacramento from June 7-9, and comments regarding the LW Division 56 plans.

The club also welcomes the retired teachers who signed in and chatted with officers at the Leisure World Discovery Tour last month.

This will be the club's last meeting until Oct. 4. People must RSVP by calling Anne Stone at 724-600-6956.



Rolf Janssen

## Golden Age Foundation Board Meeting

The Golden Age Foundation (GAF) will have its monthly board meeting on Wednesday, May 22, at 1 p.m. in the Clubhouse 3, Room 9. The GRF Conference Room B is not available due to the Mutual Annual Meeting.

All members of the GAF are welcome to observe the meeting. This is a great opportunity to catch up on the latest news and get a preview of coming Golden Age Foundation projects.

The GAF Board meets on the fourth Wednesday of the month.

For more information about the GAF or the board meeting, contact President Anna Derby at 562-301-5339.

### LW RV CLUB

## Join the barbecue on May 21

The LW RV Club will host a barbecue meeting in the picnic area of Clubhouse 1 on Tuesday, May 21, for members and guests. Happy hour will start at 4:30 p.m. and the barbecue will start at 5. There will be a short meeting immediately following the barbecue.

People are asked to bring an appetizer, salad, side dish, or dessert. The main course and refreshments will be provided by the club.

— Bob Konier  
Vice President and Activity Director

## Concerned Shareholders

The Concerned Shareholders will meet Thursday, May 23, at 1 p.m., in Clubhouse 3, Room 2.

The club will have two guest speakers in May, GRF Recreation Manager Kathy Thayer and Physical Property Manager Kevin Black. Thayer will discuss the programs for the Amphitheater and Recreation Department programs. Black will speak about the changes, functions and responsibilities of the Physical Properties Department. There will be time for questions at the end of the presentations. All residents are welcome.

## LW CERT Safety Class

The LW Community Emergency Response Team (LW CERT) will hold a safety class on preparing for a power outage on Friday, May 24, in Clubhouse 3, Room 9 at 9 a.m. All residents are encouraged to join this safety class, taught by President Catherine O'Brien.

LW CERT's free monthly FEMA safety classes are 45 minutes long and all residents are welcomed to join. Refreshments are provided.



Donna Gambol

Ren Villanueva (l-r), GAF President Anna Derby, Harry Varnas (back), and FALW President Ana Wayman

## GAF donates \$3,500 to FALW for the annual Veterans Picnic

The Golden Age Foundation (GAF), through resident Anna Derby and members of the GAF Board, presented a \$3,500 to support the Filipino Association of Leisure World's (FALW) annual Veterans Picnic.

The annual FALW Veterans Picnic is slated for Saturday, July 7, at the Clubhouse 1 picnic grounds. This event was initially started by the FALW in 2009. It is held to make a grateful recognition for the sacrifices of the young men and women who served the United States Armed Forces and dedicated themselves to the preservation of the country's freedom.

Only veterans and one guest residing in Leisure World will be qualified to RSVP. To register, veterans will be asked for their service branch, phone number, address and name of their guests.

For more information, or to RSVP, call Ana Wayman at 310-781-0067, Harry Varnas at 323-791-1141, Essie Hicks at 714-488-6149 or Ren Villanueva at 323-854-6209.

The GAF has been serving the Leisure World community for over 51 years. The GAF is a nonprofit 501(c)(3) organization established in 1973 to enhance the quality of Leisure World life to more than 9,500 shareholders. The tax id is 23-7273105.

Over the years, through the support of volunteers, individuals and organizations the Golden Age Foundation has organized and implemented many programs that have benefitted the community at no cost to residents. The foundation is entirely staffed by fellow share holder volunteers.

Those who want to learn more about the Golden Age Foundation can visit the website at [www.GoldenAgeFdn.org](http://www.GoldenAgeFdn.org).

### GOLDEN AGE FOUNDATION AND RALPHS REWARDS



LWer Ellen Brannigan (l) received help from the Golden Age Foundation in signing up for the Ralphs Community Rewards Program in Clubhouse 6. People are able to sign up for the program on the third Wednesdays of the month in Clubhouse 6 from 9-11 a.m. as the Board members will be there to assist to sign up. Those who can't make it in person can sign up at <https://shorturl.at/chZ35>. The GAF's NPO ID number is FS519. The GAF would like to thank everyone who has taken the time to join the program, which helps GAF continue to serve the community through programs such as the Hospitality Center, mobility aids, income tax filing, shredding and battery recycling.

## Golden Age Foundation Mobility Aids

Mobility aids are loaned out to the community as needed. They are open from Monday-Friday, 9-11 a.m., downstairs in Clubhouse 6. For more information or to volunteer, go to [www.GoldenAgeFdn.org](http://www.GoldenAgeFdn.org) or call 562-431-9589.

## LW BIRTHDAY



Kaye Huff (l-r), Susan Cucci, and Miyuka Okura celebrated Louise Hering's (center) 89th birthday.

### Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: [laurieb@lwsb.com](mailto:laurieb@lwsb.com)  
The deadline is the Thursday before the desired publication date.

## SUNSHINE CLUB



The Sunshine Club participated in the Great LW Discovery Tour, handing out literature, refreshments and raffle tickets for Ralphs gift cards and one gift basket from JAFRA Spa treatment donated by club member Helen Wells. The club volunteers greeted hundreds of residents during the Discovery Tour. The gift basket winner, Rita Bonowski from Mutual 17, stopped by the club's meeting to claim her win and to take a photo with members. For more information, text 562-301-5339.

## WOMAN'S CLUB

## Membership renewals are due for 2024

Annual membership dues of \$25 for the LW Woman's Club for the 2024-2025 year.

Without resident's participation and dues support, the club could not fulfill its commitment to raise money and donate to organizations and charities that help others. Members make everything the club does possible.

Members will have the opportunity to renew their dues at the general meeting on Tuesday, June 4. It is a members only luncheon.

The club accepts membership dues in cash or checks payable to: Woman's Club of Leisure World. Doors will open at 11 a.m.

Those who want more information about the club or have not signed up for the luncheon need to call Kathy Russell, membership chair, at 949-293-7517 no later than Wednesday, May 22.

—Kathy Russell

Send community stories to [laurieb@lwsb.com](mailto:laurieb@lwsb.com)  
News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



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# LW April Security Report

The following is the Security incident report for the month of April. It has been edited for brevity and clarity.

**FIRE: 1**

•April 6, 6:20 p.m., Mutual 2  
A resident overheated an item in microwave; no fire or smoke damage.

**COYOTE INCIDENTS: 31**

•31 sightings reported.

**THEFT**

•April 4, 6:18 p.m., Mutual 2  
A resident stated an unknown person removed keys from her front porch.

•April 5, 9:29 p.m., Mutual 12  
An unknown person removed a bicycle from carport area.

•April 10, 2:10 p.m., Mutual 5  
An unknown person removed a resident's clothing from dryer and fled the scene.

•April 19, 5:55 p.m., Clubhouse 6  
An unknown person removed a resident's golf cart from parking lot area.

•April 21, 11:01 p.m., Mutual 6  
An unknown person removed \$25 from a resident's patio area.

•April 29, 4:33 p.m., Mutual 7  
An unknown person entered an unlocked vehicle and removed gift cards.

•April 30, 11:10 a.m., Mutual 15  
A resident stated that a neighbor has been stealing from her for the last six years. Seal Beach police investigated; no police report taken.

**VANDALISM: 5**

•April 8, 8:09 a.m., Mutual 14  
A front door was damaged. The lock was secure, no entry into the unit had been made.

•April 9, 12:24 p.m., Mutual 5  
An unknown person deflated a resident's vehicle tires.

•April 12, 9:35 a.m., Mutual 11  
A resident stated an unknown person entered his vehicle and took apart the center console, then flattened a tire.

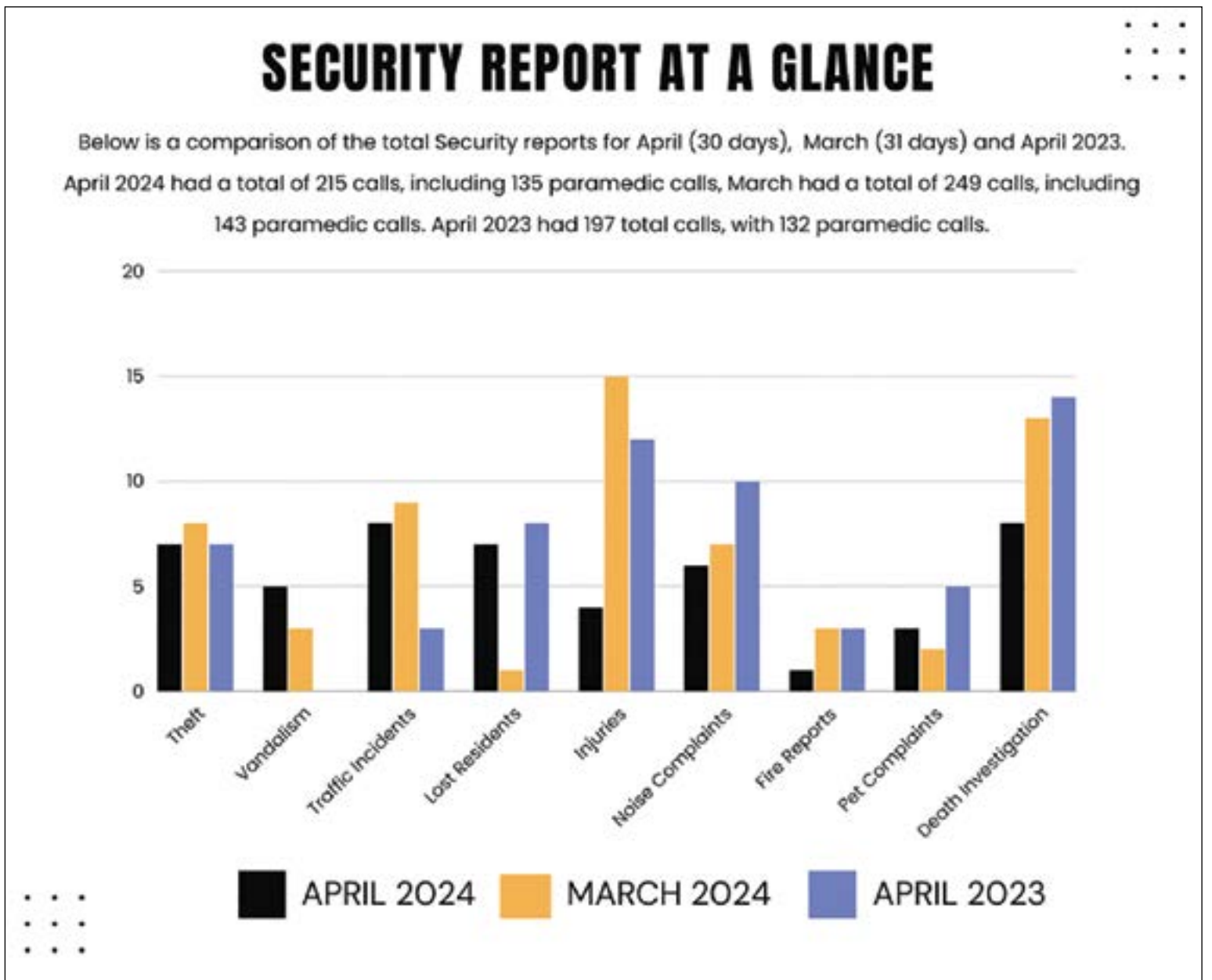
•April 17, 12:32 p.m., Mutual 15  
A bedroom window was shattered. No person or object was found near window.

•April 30, 4:21 p.m., Mutual 2  
An unknown person took off a car cover and touched vehicle equipment. Nothing taken from scene.

**PET COMPLAINTS: 3**

•April 26, 4:04 p.m., Mutual 1  
A resident stated an unknown dog attacked her dog and fled.

•April 27, 5:52 p.m., Mutual 1  
An unleashed dog was in the greenbelt area. Security advised owner of leash regu-



**lations.**

•April 28, 1:20 p.m., Mutual 10  
A dog was barking inside a unit. The owner was not present at the time. Security left pet violation notice.

**TRAFFIC INCIDENTS: 8**

•April 2, 5:11 p.m., 13140 Del Monte Drive  
A driver struck a parked vehicle and left the scene.

•April 3, 8:30 a.m., Golden Rain Road and St. Andrews Drive  
A vehicle struck another vehicle in the intersection.

•April 4, 3:47 p.m., Mutual 5  
A driver struck a parked vehicle while negotiating a U-turn.

•April 16, 3:30 p.m., Mutual 9  
A golf cart struck light pole.

•April 17, 1:25 p.m., Health Center Parking Lot  
Two moving vehicles collided in the lot.

•April 22, 12:45 p.m., Mutual 1  
A resident struck a parked GRF vehicle.

•April 22, 1:48 p.m., Post Office Parking Lot  
A unknown person struck a stop sign and fled the scene.

•April 26, 7:05 p.m., 1331 Oakmont Drive  
A driver struck a parked vehicle.

**NOISE COMPLAINTS: 6**

•April 7, 2:50 p.m., Mutual 2  
A vendor was making noise on a roof during the weekend. The vendor was advised of GRF policy, and the work stopped.

•April 20, 8:55 p.m., Mutual 8  
A resident complained of a noise from a neighboring unit. Security advised neighbor, no further issue occurred.

•April 22, 8:13 p.m., Mutual 2  
A resident complained of noise from neighboring unit; no noise detected.

•April 27, 10:02 p.m., Mutual 6  
A resident complained of a noise coming from neighboring unit; no noise detected.

•April 28, 8:30 p.m., Mutual 2  
A resident complained of a noise coming from neighboring unit; no noise detected.

•April 30, 10:55 p.m., Mutual 15  
A resident complained of loud noises from moving in neighboring unit. The neighbor was advised by Security, and the moving operation ceased.

**OTHER INCIDENTS**

•April 1, 9:46 p.m., North Gate  
An unauthorized person walked through the North Gate and was escorted out of the community.

•April 1, 8:30 p.m., Mutual 6  
Seal Beach Police respond-

ed to a domestic dispute call. The person was arrested at the scene.

•April 4, 9:05 a.m., Mutual 3  
A bicycle was found. Security is attempting to contact the owner.

•April 5, 2 p.m., Mutual 5  
Security kept the peace during an ongoing resident dispute.

•April 5, 11:20 p.m., Mutual 1  
A resident was driving unsafely and abusing staff at St. Andrews Gate.

•April 6, 2:15 p.m., Mutual 3  
Ongoing issue regarding smoking near a unit.

•April 8, 11:25 a.m., Mutual 10  
A resident came to Main Gate to complain about a number of issues, including problems with vendors and damage to his vehicle.

•April 9, 12:24 p.m., Mutual 5  
Ongoing dispute between residents.

•April 10, 12:55 p.m., Mutual 5  
A caregiver was advised against feeding wildlife inside the community.

•April 13, 1:06 p.m., Mutual 4  
Ongoing resident dispute regarding a variety of issues.

•April 16, 7:27 p.m., Mutual 4  
Ongoing resident dispute regarding verbal harassment.

•April 17, 7:27 p.m., Mutual 4

Ongoing resident dispute regarding verbal harassment.

•April 19, 7:10 a.m., Mutual 1  
An unauthorized person was reported sleeping in a vehicle. Security did not find anyone.

•April 23, 9:15 a.m., Mutual 11  
A visitor was abusing staff after being refused entry.

•April 24, 10:22 a.m., Mutual 5  
Ongoing neighbor dispute regarding a variety of issues.

•April 29, 5:15 p.m., Main Gate  
Security advised a man involved in lewd conduct at the public bus stop outside of the LW Main Gate. Police were called to the scene, but the suspect was not found.

•April 30, 6 p.m., Mutual 3  
Ongoing resident dispute regarding smoke.

**TOTALS**

- Paramedic calls: 135
- Theft: 7
- Vandalism: 5
- Traffic Incidents: 8
- Death Investigations: 8
- Lost Residents: 7
- Injury: 4
- Noise Complaints: 6
- Fire Reports: 1
- Pet Complaints: 3
- Coyote Incidents: 31
- Grand Total: 215

## How to place an obituary

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date. Obituaries that are received later will go in the following week's issue.

Email obituary notices to [laurieb@lwsb.com](mailto:laurieb@lwsb.com) with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional

word is 25 cents. Payment can be done over the phone or in the LW Weekly office.

For more information, call 562-430-0534, ext. 2801, or email [laurieb@lwsb.com](mailto:laurieb@lwsb.com).

## Filipino Association of LW Bingo

The Filipino Association of Leisure World and the American Legion Post 327 hosts bingo games every Sunday in Clubhouse 2. Games sales start at 1 p.m. and starts at 1:30. Games will be over by 4 p.m.



## America First Republican Club

During this coming election season, the Leisure World America First Republican Club will focus on local races where its impact will be the most effective.

The club booth, located near Clubhouse 6, will be open on Monday, June 3 from 11 a.m.-2 p.m. At the booth, residents can sign the Protect Kids of CA petition, register to vote, change their party affiliation, or enjoy pleasant conversation.

The Protect Kids of CA proposition, if passed, would not allow people who claim to be transgender to enter bathrooms or compete in sports that are opposite of their gender at birth. It would also require schools to get parental permission to refer students for gender-altering medical care or hormone therapy.

Monthly meetings are held in Clubhouse 3, Room 2 on the third Wednesday of each month at 5 p.m. for socializing and refreshments. The program will begin at 5:30.

The LW Republican Club believes in:

- Legal immigration and secure borders.
- Peace through strength.
- Lower taxes.
- Cutting government spending.
- Free enterprise capitalism.
- Family values.
- Pro-life.
- Parental control of education.
- Public safety through well-funded law-enforcement.
- An America first foreign policy.

## OBITUARIES

### Dong Un Kim Quilton 1938-2024

Dong Un Kim Quilton, age 86, passed away peacefully on May 2, 2024, at her Leisure World residence, surrounded by her loving family and friends.



Kim was born to parents Jae Keun Kim and Aeng Mo Chung in Seoul, South Korea on Feb. 2, 1938. She relocated to the United States with her husband and five children in 1973, planting their roots in Southern California. Kim was a business owner, running her own salon, Kimberly's Nails, from 1984-1991 alongside her daughter. She was devoted to her family, all of whom she held dear.

Kim's deep love for her family was rivaled only by her passion for travel. She traveled the world, including to parts of

Asia, Europe and all 50 states of America. She would return home with a spoon, magnet or matchbox to commemorate each of her visits to various countries, all proudly displayed in her home.

She is reunited in eternal peace with her beloved husband of 60 years, Dioscoro B. Quilton Sr., with whom she shared countless cherished moments. Kim is survived by her children and their spouses Dioselene (David), Dioscoro Jr. (Mira), Danilo Sr. (Norma), John Sr. (Judith), and Young (Mare); grandchildren Danilo Jr., Kimberly, Jewel, Nicole, John Jr., Dioscoro III, and Natalie; and great-grandchildren Danilo III and Spencer.

Kim will be fondly remembered and deeply missed. May her memory be a source of comfort to all who mourn the loss of a most devoted mother, grandmother, and great-grandmother.

Send obituaries to [laurieb@lwsb.com](mailto:laurieb@lwsb.com)

## Golden Age Foundation's Centenarian Event



Carl (left) and Liz Kennedy (right) visited centenarian Mary Bond (center) and presented her with a gift basket and food from Hof's Hut.



Lauren Barich, Jennifer Robles, and Thomas Moore from the City of Seal Beach presented Marilyn Sones with her certificate.



Katie Kim, Abby Abrams, and Henry Kim visited Bea Roth (center, sitting) and her family on April 23 for the centenarian event



Dody Polinski was also visited by City of Seal Beach representatives on April 23.

Joshua 1:7-9

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# ARTS & LEISURE

## LW DRONE CLUB



The LW Drone Club flies at local parks and near the ocean. The club meets every fourth Thursday in Clubhouse 3, Room 7, at 11:30 a.m. New male and female members are welcome. Recently, club member Bruce Reynolds took this photo over Alamitos Bay. For more information, contact Joseph Valentinetti at [0501042@gmail.com](mailto:0501042@gmail.com).



Vinyl Rock

## CABARET ENTERTAINERS

### Vinyl Rock will perform May 18 in Clubhouse 4

Vinyl Rock will perform Saturday, May 18, in Clubhouse 4 beginning at 7 p.m. The show is sponsored by the Cabaret Entertainers.

All are welcome but guests must be accompanied by the resident who invites them.

Vinyl Rock is an Orange County-based band consisting of eight members who passionately perform classic rock, pop

and Motown tunes primarily from the '60s, '70s and '80s.

The band keeps the audience engaged, inviting them to participate in sing-alongs and by mingling with them on the dance floor.

They'll have everyone smiling, singing, swinging and swaying to the songs they grew up listening to and easily recognize. The show is free to GRF

members and their guests over 18. Leisure suits, Fu Manchu 'staches, mullets and big hair are welcome, but not required.

Signing in is the only way to track each band's popularity and keep them coming back. All concerts are free, but tips are accepted and greatly appreciated.

For more information, contact Recreation Manager Kathy Thayer at [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

## Community Karaoke

Rob Illingworth is quite the performer. After thanking the audience for his birthday wishes, he dedicated his song "L.O.V.E." to all the mothers while he strolled through the room giving hugs. Illingworth is just one of the friendly members who enjoy Wednesday night karaoke parties.



Rob Illingworth

Karen Morris gave the audience a strong beat with "Double Vision," followed by the mellow voice of Essie Hicks doing "California Dreaming." Gerry Tagaloa was a hit with a Sinatra tune. "Abilene" was a fun song for Frank Farmer. Karen Kuntson and Sherlene Wallis harmonized the lovely song "Smile." Newcomer Bob Schmidt entertained the audience with an energetic country western number. Over 30 karaoke singers kept the audience jumpin'.

Wednesday night karaoke is always fun whether people choose to sing or not. The club's performers are excited to please the audience with a memorable song, special requests or numbers straight from the heart.

Karaoke is held weekly in Clubhouse 1 from 5:30-9:30. People can get started singing at the practice sessions held on Mondays in Clubhouse 6 from 1-3 p.m. Everyone is welcome.

—Margie Thompson

Read online:  
[LWweekly.com](http://LWweekly.com)

## GARDEN CLUB

### Speaker will discuss orchid care

The Garden Club will meet Monday, May 20, at 1:30 p.m. in Clubhouse 2. Leisure World's own orchid whisperer Dale Watkins will share his extensive knowledge about growing and nurturing orchids and how to keep them blooming.



Dale Watkins

Watkins majored in biology and environmental studies at California State University, Long Beach, and completed graduate work at Humboldt State University in water pollution biology. He later worked in the California State University environmental studies program, graduating from the UC Davis management program. He says his father's love of plants, especially flowering plants, rubbed off on him. Currently he enjoys raising orchids and African violets as well as many varieties of succulents in his garden.

Tickets for the "Back To The Beach" brunch will be on sale in the lobby starting at 1 p.m. Tickets are \$25 per person. The brunch will be held on June 17 in Clubhouse 2 at 11:30 a.m.

Country Garden Caterers will serve a buffet of egg and sausage strata and fresh fruit along with a variety of muffins and pastries. Attendees are encouraged to wear their favorite Hawaiian shirts. Prizes will be awarded to the best ones.

Entertainment will include a special fashion show by the board of directors. There will also be an opportunity drawing for a variety of gift baskets and door prizes. Club membership is not required to attend the brunch. Those who can't attend the meeting should call Nancy Goldstein at 562-896-8604 to purchase tickets.

The We Care table will be set up in the lobby for donations of non-perishable food items, gift cards and cash. All are welcome to attend. Coffee, tea and cookies will be served after the meeting.

## TRAVELING TIGERS

### All invited to special travel event

The Traveling Tigers will hold an informational gathering open to all LW residents and their guests on Saturday, May 25, from 2:30-3:30 p.m. in Clubhouse 3, Room 9.



Mario Herrera

Wendy Souza, a LW resident representing All-Ways Travel, and Mario Herrera will provide information about Viking Cruise Line's fleet of river, ocean and expedition ships. They will share about the line's worldwide itineraries and why Viking has been rated No. 1 in smaller ship sailings. All-Ways Travel can also assist with air travel, accommodations, car rentals and almost any type of travel. Everyone is welcome.

## SPRING CLEANING

### Sign-ups are open for community swap meet

The GRF Recreation Department will hold a community swap meet on Saturday, June 15, in the Administration parking lot from 8 a.m.-noon. People are invited to declutter their homes, recycle and make a few dollars by signing up to be a vendor.

Beginning today, May 16, at 8 a.m., interested vendors can stop by the Recreation Department on the ground floor of Building 5. Space will be allotted on a first-come, first-served basis.

Tables are \$10 for a single (no half tables; two-table limit). Tables include two chairs, but vendors must provide their own canopies.

People are invited to browse and find new and gently used treasures. For more information, contact [recreation.department@lwsb.com](mailto:recreation.department@lwsb.com) or call 562-431-6586, ext. 2707.



The 2023 GRF Swap Meet event.



Author Kate Quinn will discuss "The Phoenix Crown."

**LW LIBRARY**

**Best-selling author will present June 3**

The Leisure World Library will hold its second AuthorSpeak event of 2024 on Monday, June 3, at 11 a.m. in Clubhouse 4.

New York Times and USA Today best-selling historical fiction author Kate Quinn will speak about her many hit books, which include "The Alice Network" (a Reese's Book Club selection), "The Rose Code," "The Huntress," and her latest book "The Phoenix Crown."

"The Phoenix Crown" follows dual protagonists Gemma and Suling in 1906 as they are drawn into the orbit of San Francisco railroad magnate Henry Thornton. Henry possesses an extraordinary collection of Chinese antiques including the fabled Phoenix Crown. His patronage offers Gemma and Suling the chance of a lifetime, but their lives are thrown into turmoil when a devastating earthquake rips San Francisco apart. Thornton disappears, leaving behind a mystery reaching further than anyone could have imagined—until the Phoenix Crown reappears five years later at a sumptuous Paris costume ball, drawing Gemma and Suling together in one last desperate quest for justice.

After her virtual presentation, the microphone will turn towards the audience for a Q&A with Quinn. People are encouraged to come prepared with questions.

Signed copies of books will be available for purchase before and after the event, though quantities will be limited.

The presentation begins promptly at 11 a.m. Arrive as early as 10:30 to enjoy refreshments provided by the library.

**Memoir-writing class begins May 30**

Back by popular demand, LW resident Doris Sandrick will host a five-week legacy-writing class starting Thursday, May 30, from 1-2:30 p.m. Space is limited. Classes are free and refreshments are served.

The memoir-writing class will cover how to begin writing about one's legacy. The class will cover a new theme each week. Members will share their work for constructive feedback, support and encouragement. Writing one's legacy, memoirs or an ethical—a personal document to communicate one's values, experiences and life lessons to their family—is a great adventure.

The class will help people capture memories and get to know their neighbors and friends better. "Everyone has a story to tell," Sandrick said. For more information, call Sandrick at 562-296-8435.



Let the Good Times Roll Club members will perform musical hits on May 18.

**LET THE GOOD TIMES ROLL CLUB**

**Rock and roll show featuring Legends of Rock is May 18**

On Saturday, May 18, the Let the Good Times Roll Club will host a rock and roll show in Clubhouse 2. Doors open at 5:30 p.m. and the show starts at 6.

Club members will perform favorites by Patsy Cline, the Blues Brothers, Eric Clapton, Neil Diamond, Carole King, Tom Petty, Barry Manilow, Al Green, Linda Ronstadt, Pat Boone, Grand Funk Railroad, Jerry Lee Lewis, and others.

Then the Legends of Rock Dance Band will perform dancing music until 9:15. People are invited to bring their own snacks and beverages. Photos from the club's St. Patty's Eve Party will be displayed on the dividers. Those in the pictures are welcome to take and keep their photo as long as they share with others in the picture.

Coffee, ice, cookies and cups will be provided. All residents

and their guests are welcome. The show is free but donations to the club and the band support the club's mission to provide fun evenings of live entertainment for the community.

The club gained new talent thanks the LW Discovery Tour. The club is still looking for a volunteer to help on the karaoke computer. Those interested should call Martha Destra at 562-225-0037.

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The Velvetones Ballroom Dance Orchestra

**WEEKEND DANCE**

**Dance to big band swing on May 19**

The Velvetones Ballroom Dance Orchestra will perform Sunday, May 19, at 6 p.m. in Clubhouse 4.

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing big band swing and jazz standards—music for dreaming and dancing—under the direction of Jeff Plum. The Velvetones play at Clubhouse 4 on the first and third Sunday evenings of each month. People are encouraged to bring their dancing shoes.

The Velvetones signature is big band sound—that uniquely American combination of reeds, brass and rhythm which defined the nation's popular music for more than three decades and which still pervades the public consciousness. They vividly bring this classic music to life for a new generation of audiences, authentically recreating the style, musicality and essence of Swing Era band music. They pepper their repertoire with contemporary pop hits to broaden their audience.

Whether it be a well-known big band standard, contemporary jazz showcase, sentimental vocal ballad, or a hard swinging brass feature, the Velvetones provides a unique and complete package of musical entertainment.

**LB Symphony: Concert and Bus Tickets**

Tickets are on sale now for the Long Beach Symphony's classical series season finale. On June 1, LWers will attend Tchaikovsky's "Piano Concerto No. 1" and Bruckner's "Symphony No. 4." Doors open at 6:30 p.m. The pre-concert talk begins at 7 p.m. and music starts at 8.

To purchase tickets, contact Florita Davis from the Long Beach Symphony Box Office at 562-436-3203, ext. 1.

A round trip bus will leave from the Leisure World Amphitheater at 5:30 p.m. Riders should arrive at the bus loading area by 5. For bus tickets, contact Bus Hostess Beverly Emus at 562-936-8844 or Jeff Sacks 714-642-0122.

Later this year, the group will attend shows in the symphony's 2024-25 season. Opening night is Oct. 5.



LB Symphony Music Director Eckart Preu



Hui O Hula dancers give a champagne toast to LWer Chung Cha Lewis during her 80th birthday celebration. A festive party planned by loving family and friends included tributes, music and dance.

**Hula dancers express ideas through movement**

Hui O Hula offers Hawaiian dance lessons and practice every Tuesday and Thursday starting at 1:15 p.m. Tuesday's class is taught upstairs in Clubhouse 6. On Thursday, dancers usually meet at Veteran Plaza. If the weather is bad, they hold class in a room at Clubhouse 3. All, regardless of skill levels, are welcome. For more information about classes, call 562-431-2242.

Traditional hula should be danced or performed barefoot, however, people may also wear a pair of soft booties or socks

for practice.

The current class subject is Naupaka, composed by Virginia "Gann" Carter. Carter was a good friend of Auntie Nona Beamer—a well-known and beloved Hawaiian cultural educator and hula dancer extraordinaire.

The hula to this song is especially meaningful because in Leisure World, Hui O Hula dancers follow the Beamer family hula dance style. Carter met Beamer while enrolled in Colorado Women's College during

the 1940s. She became close to Auntie Nona and the entire musical Beamer clan. Thus began Carter's interest and influence in Hawaiian music.

This week, dancers are learning how to express the words to this love song with their hands such as turning their palms by their eyes to express "gentle eyes, radiant like pearls," and rubbing the throat to "indulge in your beauty."

It is never too late to learn to dance. Hui O Hula welcomes all.

—Jojo Weingart

**GENEALOGY CLUB**

**Speaker will explain newly released genealogy index**

All residents are invited to attend the Leisure World Genealogy Club meeting on Wednesday, May 22, at 10 a.m. Social hour starts at 9:30 in Clubhouse 3, Room 1.

This month Lisa Baker will speak about Ancestry's new Newspaper (military records) index "Stories and Events," just released in March. This new index will help members find new information about their families. Also new from FamilySearch is the use of a FamilySearch Labs experiment using AI (Artificial Intelligence) to assist with full-text search. Currently, the following collections are available to use this search feature: US Land and New Zealand Probate Records, and US Plantation Records.

Baker is the assistant director of the Hemet Family History Center at the Church of Jesus Christ of Latter-Day



Lisa Baker

Saints. She also serves on the board of directors of the Hemet San Jacinto Genealogical Society as the treasurer and director of communications, maintaining the society website and newsletter. After researching her own family for over 28 years, she began looking into her mother's family and discovered that her German roots extend back to the 1500s. Baker and her fam-

ily have lived in Hemet since 1990. Before that, her husband was on active duty with the US Army, and they lived in Colorado and Germany. She has two adult children and one granddaughter.

The Genealogy Club annual picnic will be held June 26.

Theme Thursdays are held on Thursdays from 1:30-2 p.m. in the Genealogy Library. On May 23, the focus will be researching with Janet Lessin and Liz Rasmussen. On May 30, the meeting will be a "chew and chat" with beverages available. People may bring snacks.

The library will be closed on Sundays until the club has a new volunteer. A volunteer is also needed to share Fridays with another member.

The Genealogy Library is open Monday through Thursday from 1-4 p.m. and closed Friday unless there is a special event.

**LW OPERA CLUB**

**Leading 20th century opera 'Lulu' to be screened**

Everyone is invited to attend a showing of composer Alban Berg's contemporary opera "Lulu" on Tuesday, May 21, at 1:30 p.m. in the Learning Center of Clubhouse 3.

The dissonant music is based on the story of the German novelist Frank Wedekind, who explored the subjects of unrestrained mayhem including sexuality, murder and death in Vienna during the late 19th and early 20th centuries. It was

a time of hedonistic obsessions depicted by Kurt Weill in Berlin after the Great War. It extended to worldly unrest, with the Norwegian painter Edward Munch producing "The Scream."

It was also the time of psychological investigations by Alfred Adler, Sigmund Freud and Carl Jung. It was a time of looking at moral hypocrisy in society along with a never ending search for tidy moral conclusions.

Club member Cynthia Stone will elaborate on this 100-year-old dilemma in her introduction to this musical tale that is regarded by critics as a leading 20th century opera.

The production is in German with English subtitles. People are encouraged to wear masks indoors, if desired. No dues or fees are collected. For more information, contact Margaret Gillon at [MargaretGi@yahoo.com](mailto:MargaretGi@yahoo.com) or 562-370-3844.



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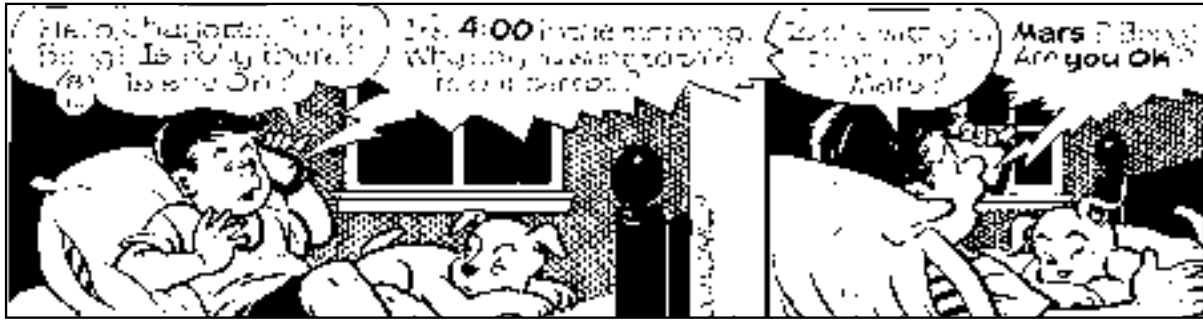
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# Puzzles & Comics

Answers on page 26

## Gasoline Alley

By Jim Scancarelli



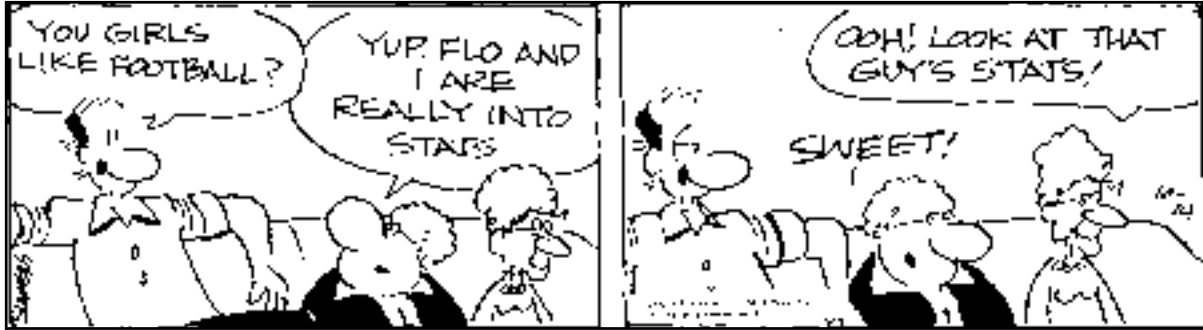
## Broom-Hilda

By Russell Myers



## Middletons

By Ralph Dunagin & Dana Summers

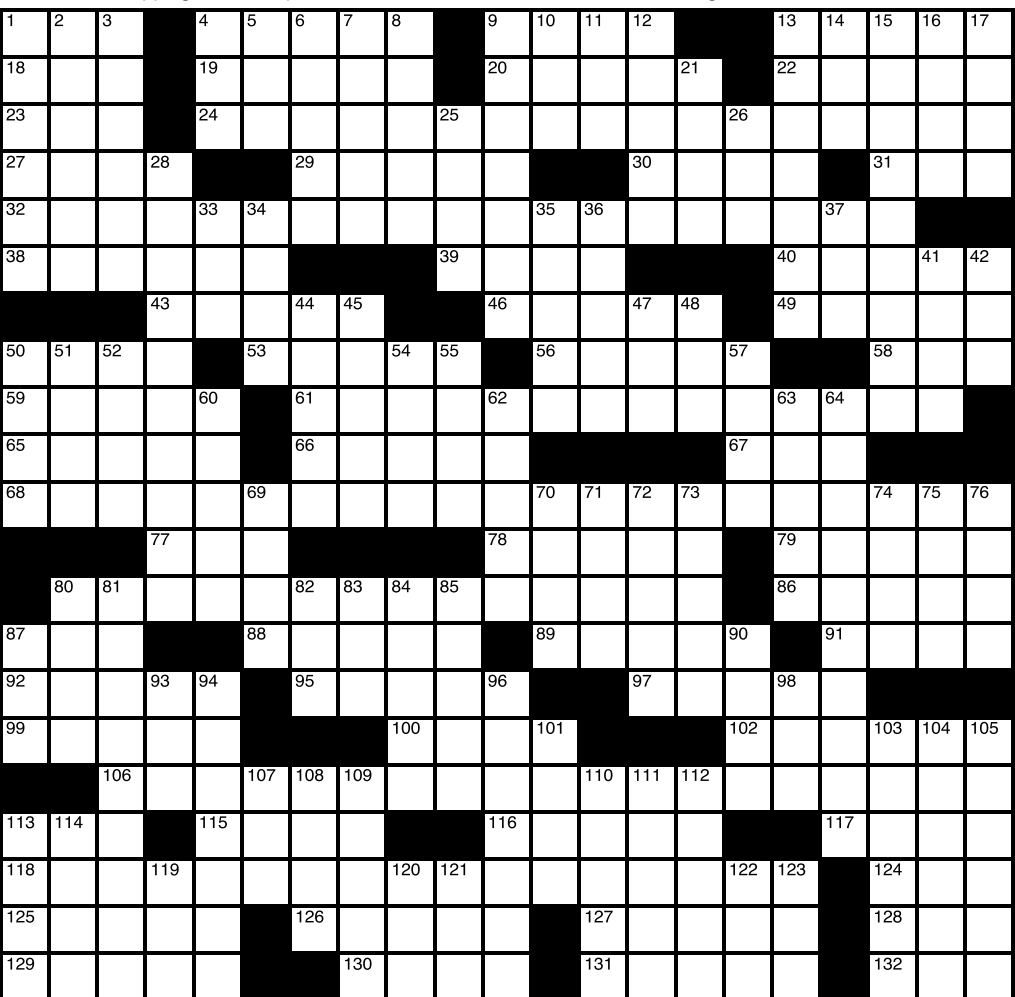


## Los Angeles Times Crossword Puzzle

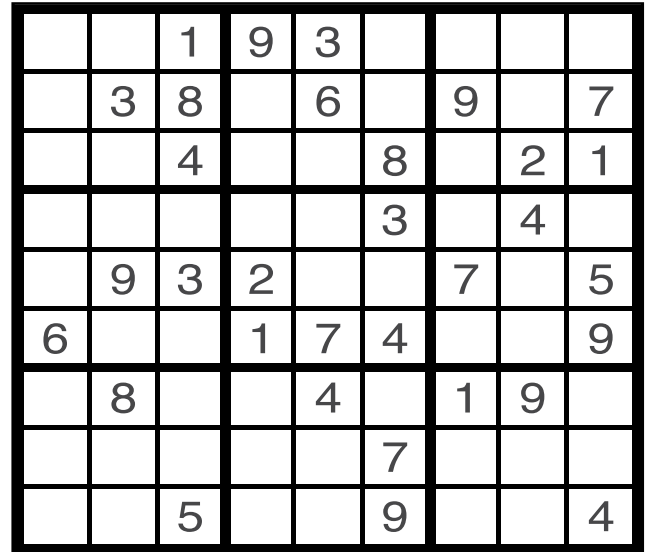
Edited by Patti Varol

"IS THERE AN ECHO IN HERE?" BY SID SIVAKUMAR

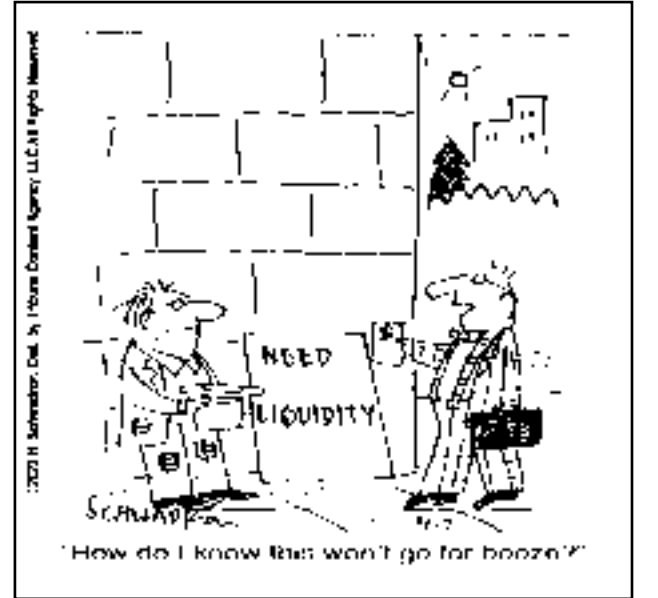
- |  |                                   |   |  |  |
|--|-----------------------------------|---|--|--|
| 95 "I aspire to that" hashtag                              | 132 Nikon choice, briefly         | 33 CC or LV competitor                          | 63 One side of a diner?                  | 96 Struck by Cupid's arrow                               |
| 97 Theater array   | <b>DOWN</b>                       | 34 Viking drink                                 | 64 Plays it cool                         | 98 Extra special attention, for short                    |
| 99 High-speed internet                                     | 1 "Faust" playwright              | 35 Birthplace of espresso                       | 69 With 2-Down, DC Comics superhero team | 101 Lot of farmland, maybe                               |
| 100 Berenstain Bear in a blue dress                        | 2 See 69-Down                     | 36 One taking things badly?                     | 70 "My bl"                               | 103 Immune system constituents                           |
| 102 Small handbag  | 3 Esoteric knowledge              | 37 Put away leftovers?                          | 71 Flatbread made with maida             | 104 Sculptor's tool                                      |
| 106 Venmo balance, PayPal account, or Google Wallet funds? | 4 MMA ref's call                  | 41 Scale button                                 | 72 Username, perhaps                     | 105 Soccer shot not taken with the feet                  |
| 113 U.K. mil. branch                                       | 5 Logical conclusion?             | 42 WashU's city                                 | 73 Thanks, in German                     | 107 CBS forensic franchise                               |
| 115 Home of the Himalayas                                  | 6 Final word                      | 44 Not wide-ranging                             | 74 Old earbuds hookup                    | 108 Mint containers                                      |
| 116 Poppycock  | 7 Reach, as a total               | 45 Wide-ranging                                 | 75 Not deceived by                       | 109 Much sitar music                                     |
| 117 Princess raised on Alderaan                            | 8 Tree native to the Rockies      | 47 With a layover in                            | 76 Bar bowlful                           | 110 Tech giant whose logo depicts the Golden Gate Bridge |
| 118 Crane, hard hat, or cement mixer?                      | 9 Spicy Chinese cuisine           | 48 Yale student                                 | 80 Desert valley                         | 111 All abuzz?   |
| 124 Psychedelics study subj.                               | 10 [strokes beard]                | 50 Butters on a farm?                           | 81 "Don't worry about me"                | 112 Transition   |
| 125 Bellybutton type                                       | 11 Tailless primate               | 51 Electric fencing equipment?                  | 82 Tail motion                           | 113 Box score stat                                       |
| 126 Lasagna layer  | 12 Maze border, maybe             | 52 Snitch (on)                                  | 83 _ rata                                | 114 Dad's sister   |
| 127 Activist's focus                                       | 13 People spending the night out? | 54 Automaker whose name means "listen" in Latin | 84 San Antonio landmark                  | 119 "Today's Wordle word is TRUE," e.g.                  |
| 128 Novelist Harper  | 14 Pub quaff                      | 55 Site to consult before buying new tech       | 87 Emoji alternative                     | 120 Bring a suit   |
| 129 Animal evoked by a chess knight                        | 15 Bite-size cake                 | 57 Former Yankee slugger, familiarly            | 90 "To _ their own"                      | 121 Granita bits   |
| 130 Viewed   | 16 Cameo shape                    | 60 Like a fork                                  | 93 Fish in baam machli ka salan          | 122 QVC sister channel                                   |
| 131 Without stopping                                       | 17 Promote                        | 62 Preschooler's wheels                         | 94 Had a bad feeling about               | 123 AFC Richmond coach Lasso                             |



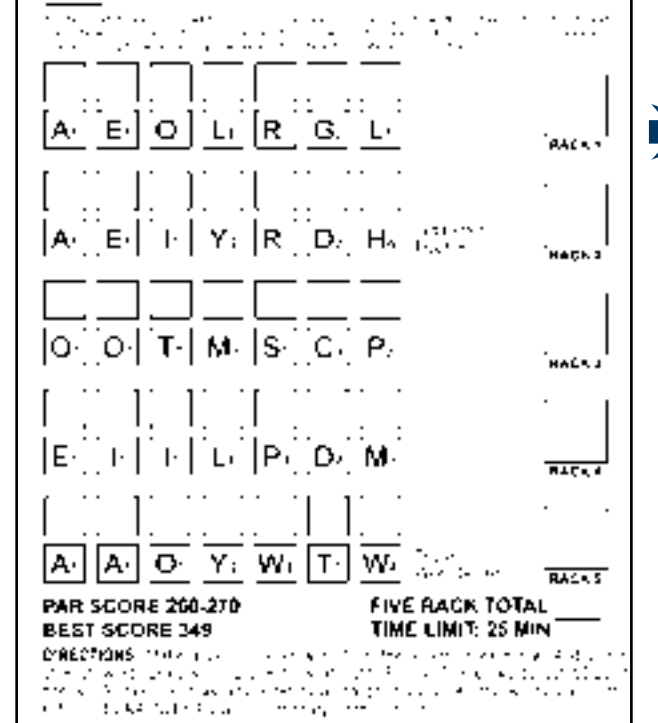
## Sudoku I



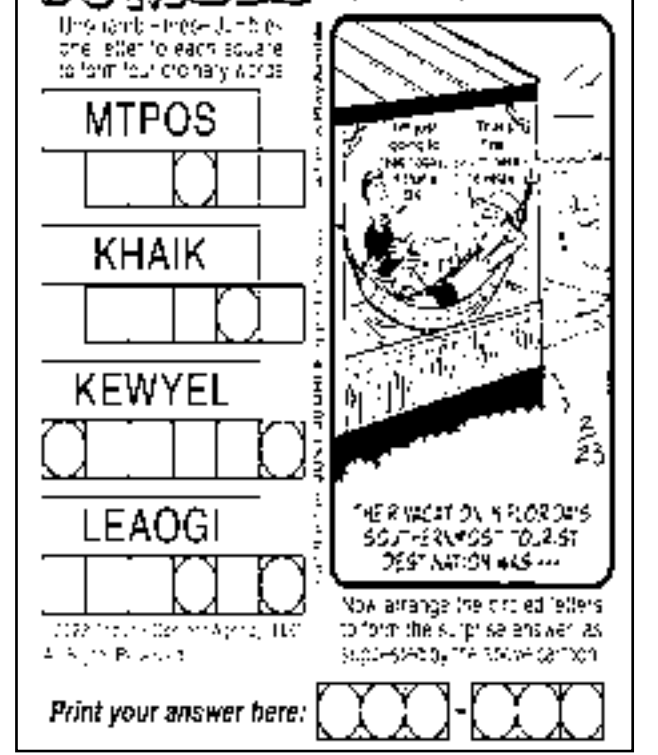
## 9 To 5 By Harley Schwadron



## SCRABBLE GRAMS



## JUMBLE THAT SCRAMBLED WORD GAME



# Guess Who?

I am a singer/songwriter born in Alabama on June 20, 1949. I founded several R&B groups and also played tennis on scholarship. I co-wrote a song to help raise funds for famine in Africa. Today, I'm a judge on "American Idol."

## Sudoku #2

		1	3		
	7		5	2	
5	2		6		7
1			5	2	
	2	8		5	9
		7	3		1
3		8		9	2
	9	5		4	
	4	6			

**Puzzles & Comics**  
**Answers on page 26**

⊙ ✱ ☐ ☉ ☼ ☽ ☿ ♁ ♃ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

**CRYPTO FUN**

☐ ☾ ♁ ✱ ☿ ☽ ☼ ☽ ✱

Determine the code to reveal the answer!

Solve the code to discover words related to grilling.  
 Each number corresponds to a letter.  
 (Hint: 24 = O)

**A. 12 11 26 10 10**  
 Clue: Outdoor cooking device

**B. 8 11 24 8 13 2 17**  
 Clue: Gas fuel

**C. 5 23 13 11 5 24 13 10**  
 Clue: Grill fuel option

**D. 5 24 24 4 26 2 12**  
 Clue: Preparing a meal

**Boggle BrainBusters!**

By David I. Hoyt and Jeff Knurek

B	U	P	H
W	O	S	I
K	O	K	E
A	G	M	

**BOGGLE POINTS TABLE**

BOGGLE POINTS TABLE	YOUR BOGGLE RATING
(3 letters = 1 point)	151+ = Champ
(4 letters = 2 points)	101-150 = Expert
(5 letters = 3 points)	61-100 = Pro
(6 letters = 4 points)	21-60 = Garner
(7 letters = 6 points)	11-30 = Rookie
(8 letters = 10 points)	0-10 = Fry again!
(9 letters = 15 points)	

**Boggle BrainBusters Bonus**  
 Find AT LEAST NINE INSECTS in the grid of letters.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# GRILL & BBQ WORD SEARCH

B	H	C	T	U	O	R	T	S	V	G	B	M	A	R	I	N	A	D	E
L	L	E	H	P	P	V	C	N	P	D	V	I	H	N	T	P	L	K	O
L	U	B	N	A	O	N	P	I	B	R	T	F	S	K	R	A	B	N	Y
P	E	R	Y	I	R	R	F	R	D	H	L	F	I	L	R	M	N	N	T
B	R	D	B	E	R	C	C	T	E	I	E	T	E	K	S	I	R	B	B
I	E	T	A	A	N	B	O	V	V	V	C	M	O	S	M	O	K	E	S
I	D	A	S	S	O	M	E	A	K	T	O	A	A	F	N	G	E	S	G
F	N	L	T	G	N	U	I	E	L	I	E	Y	L	L	H	I	T	P	F
I	E	F	E	Y	I	T	N	H	R	I	B	S	R	F	F	M	I	P	G
N	T	K	A	B	U	R	N	H	C	E	H	B	D	R	N	N	R	B	L
I	K	I	H	E	R	U	T	A	R	E	P	M	E	T	A	B	B	N	E
B	R	H	N	M	B	F	L	F	K	Y	C	S	H	R	C	C	L	N	O
T	O	A	V	I	T	A	K	M	P	C	C	I	M	E	Y	E	A	O	R
M	F	K	H	H	L	N	R	V	N	N	K	B	G	N	A	F	A	A	I
T	C	Y	C	F	T	P	U	B	P	V	F	I	U	N	R	S	H	B	B
N	C	B	P	Y	M	U	O	K	E	L	L	P	T	R	A	C	I	P	R
D	K	V	K	G	R	I	L	L	C	C	R	R	E	D	G	P	F	Y	E
M	L	D	E	G	A	Y	R	D	S	N	U	T	O	A	S	E	B	D	A
G	G	G	M	E	I	V	F	F	D	T	L	E	G	V	D	V	R	V	H
H	E	A	T	O	D	T	O	I	L	V	U	B	D	A	F	U	U	S	B

## WORDS

- ACIDIC
- ASADO
- BARBECUE
- BARK
- BASTE
- BRINE
- BRISKET
- BURGERS
- CARRYOVER
- CHAR
- CHARCOAL
- CHIMNEY
- DRY-AGED
- FLAME
- FLAT
- FORK-TENDER
- GRILL
- HEAT
- LEAN
- MARINADE
- RIBS
- RUB
- SMOKE
- TEMPERATURE

Find the words hidden vertically, horizontally, diagonally, and backwards.

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### LW Poetry

This feature showcases original poems by Leisure Worlders.

#### Punctuationship

When I met you, I was uncertain.  
I kept my love behind a curtain.  
Upon our romance we did embark,  
But was I just a question mark?

You were exciting. You were sure.  
In your feeling, you were secure.  
You won me, never to disappoint.  
Cheers, my lovely exclamation point!

—Dave Crandall  
Mutual 10

### Los Alamitos High School Graduation Parade

The fifth annual Rossmoor Graduation Parade will be held Saturday, June 1, beginning at 11 a.m. at the Shops At Rossmoor.

The parade will celebrate high school graduates from the greater Rossmoor area, most of whom are graduating from Los Alamitos High School.

The parade begins and ends at the Shops At Rossmoor. The full parade route can be found online at <https://ourrossmoor.com/2024-graduation-parade/>. The best vantage points for this year's parade will be around any of the four elementary schools.

The event was founded in 2020 when local graduation celebrations were cancelled due to the pandemic. In the first year, the parade gathered almost 500 vehicles with over 2,000 spectators. The event was such a success that it continued in 2021, even though social distancing restrictions were no longer in place.

### Grab 'n' Go Food Schedule: May 16-22

**Thursday, May 16:** Domino's Pizza at Clubhouse 6—Call ahead to 562-493-2212 for special orders, wings and salads. The truck is on site from 3:30-7 p.m. Cash and cards are accepted.

**Monday, May 20:** Italian Burger Food Truck at Clubhouse 6—Try burgers, chicken, steak and loaded fries with an Italian accent. Full menu is online at <https://www.bestfoodtrucks.com/truck/italian-burger-grill-orange-county/menu>. Preorders are accepted online at [info@italianburgergrill.com](mailto:info@italianburgergrill.com) or by texting 424-299-6291. The truck will be on site from 4-6 p.m. Cash and cards are accepted.

**Tuesday, May 21:** Taco Tuesday at Clubhouse 6—Enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. Cash and cards are accepted. No preorders are allowed.

**Wednesday, May 22:** Cousins Maine Lobster Truck at Clubhouse 6—See the full menu online at <https://www.cousinsmainelobster.com>. Cash and cards are accepted. Truck is on site from 4-7 p.m.

On-call bus service is available from 4:30 p.m. on. Regular bus service is available before 4:30, and weekends on-call any time. Call a ride at 562-431-6586, ext. 2379. Vendors are subject to change.



Koffel's Food Truck

### Memorial Day in Costa Mesa

A Memorial Day ceremony will be held at Harbor Lawn Memorial Park on Monday, May 27, at 11 a.m. The park is located at 1625 Gisler Ave., Costa Mesa. Admission is free.

The ceremony will honor fallen heroes. Presented by the Freedom Committee of Orange County, the event features a Missing Man formation flyover, a wreath laying ceremony, live music, lunch and a WWII transport flyover featuring the D-Day Doll marking the 80th anniversary of D-Day. This will be the 70th annual event at the memorial park.

Memorial Day honors America's military men and women who lost their lives in service to the county.

SCRABBLE G R A M S SOLUTION										
A	L	L	E	G	R	I	O			RACK 1 = 58
H	A	Y	R	I	D	E				RACK 2 = 68
C	O	M	P	O	S	T				RACK 3 = 63
I	M	P	L	I	E	D				RACK 4 = 62
T	O	W	A	W	A	Y				RACK 5 = 98
FAR SCORE 250-270 TOTAL 349										

### Puzzle Answers

Puzzle pages 21-22



### Crossword Answers

G	P	A	T	E	S	S	A	S	H	A	H	C	A	P	O	S				
O	A	R	K	L	A	U	S	I	M	P	E	L	A	L	E	V	E			
E	T	C	O	L	Y	M	P	I	C	M	E	D	A	L	M	E	T	A	L	
T	R	A	P	S	T	E	P	H	G	O	O	P	I	L	L					
H	O	N	E	Y	M	O	O	N	S	U	I	T	E	S	W	E	E	T		
E	L	A	P	S	E	O	A	T	H	R	A	F	T	S						
			P	L	A	N	B	N	A	I	V	E	S	T	O	A	T			
R	E	N	E	D	I	R	A	C	L	E	I	L	A	U	R	L				
A	P	A	R	T	C	O	U	N	T	Y	F	A	I	R	F	A	R	E		
M	E	R	C	I	H	A	D	E	R	O	R	C								
S	E	C	O	N	D	E	D	I	T	I	O	N	A	D	D	I	T	I	O	N
			R	E	O	K	O	A	L	A	E	S	P	N	U					
W	I	N	D	O	W	P	A	N	E	P	A	I	N	S	C	O	T	T		
G	A	L	M	A	R	L	O	S	N	A	K	E	A	D	O	S				
I	D	L	E	D	G	O	A	L	S	S	E	A	T	S						
F	I	B	E	R	M	A	M	A	C	L	U	T	C	H						
R	A	F	E	L	E	C	T	R	O	N	I	C	A	S	H	C	A	C	H	E
R	A	F	A	S	I	A	T	R	I	P	E	L	E	I	A					
B	U	I	L	D	I	N	G	S	I	T	E	S	I	G	H	T	L	S	D	
I	N	N	I	E	S	A	U	C	E	C	A	U	S	E	L	E	E			
S	T	E	E	D	S	E	E	N	O	N	E	N	D	S	L	R				

### Sudoku 1 Answers

5	7	1	9	3	2	4	6	8
2	3	8	4	6	1	9	5	7
9	6	4	7	5	8	3	2	1
8	1	7	5	9	3	2	4	6
4	9	3	2	8	6	7	1	5
6	5	2	1	7	4	8	3	9
7	8	6	3	4	5	1	9	2
1	4	9	6	2	7	5	8	3
3	2	5	8	1	9	6	7	4

**The Basic Rules of Sudoku:**  
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

### Jumble Answers

STOMP KHAKI WELKLY GOALIL  
 Their vacation in Florida's southernmost tourist destination was — LOW-KFY

### Sudoku 2 Answers

8	4	6	2	1	7	3	5	9
9	1	7	3	8	5	2	4	6
5	3	2	4	9	6	1	8	7
1	6	3	9	5	2	8	7	4
7	2	8	6	4	1	5	9	3
4	9	5	7	3	8	6	2	1
3	5	1	8	7	4	9	6	2
6	7	9	5	2	3	4	1	8
2	8	4	1	6	9	7	3	5

Guess Who?  
Lionel Richie

### Crypto Fun Answers

A. grill B. propane C. charcoal D. cooking

### Boggle BrainBusters Answers

DEF, GHI, JKL, MNO, PQR, STU, VWX, YZA, ABC, DEF, GHI, JKL, MNO, PQR, STU, VWX, YZA

### Word-Find Answers

B	H	C	T	U	O	R	T	S	V	G	B	M	A	R	I	N	A	D	E
L	L	E	H	P	P	V	C	N	P	D	V	I	H	N	T	P	L	K	O
L	U	B	N	A	O	N	P	I	B	R	T	F	S	K	R	A	B	N	Y
P	E	R	Y	I	R	R	F	R	D	H	L	F	I	L	R	M	N	N	T
B	R	D	B	E	R	C	C	T	E	I	E	T	E	K	S	I	R	B	B
I	E	T	A	A	N	B	O	V	V	V	C	M	O	S	M	O	K	E	S
I	D	A	S	S	O	M	E	A	K	T	O	A	A	F	N	G	E	S	G
F	N	L	T	G	N	U	I	E	L	I	E	Y	L	L	H	I	T	P	F
I	E	F	E	Y	I	T	N	H	R	I	B	S	R	F	F	M	I	P	G
N	T	K	A	B	U	R	N	H	C	E	H	B	D	R	N	N	R	B	L
I	K	I	H	E	R	U	T	A	R	E	P	M	E	T	A	B	B	N	E
B	R	H	N	M	B	F	L	F	K	Y	C	S	H	R	C	C	L	N	O
T	O	A	V	I	T	A	K	M	P	C	C	I	M	E	Y	E	A	O	R
M	F	K	H	L	N	R	V	N	N	K	B	G	N	A	F	A	A	I	
T	C	Y	C	F	T	P	U	B	P	V	F	I	U	N	R	S	H	B	B
N	C	B	P	Y	M	U	O	K	E	L	L	P	T	R	A	C	I	P	R
D	K	V	K	G	R	I	L	L	C	C	R	R	E	D	G	P	F	Y	E
M	L	D	E	G	A	Y	R	D	S	N	U	T	O	A	S	E	B	D	A
G	G	G	M	E	I	V	F	F	D	T	L	E	G	V	D	V	R	V	H
H	E	A	T	O	D	T	O	I	L	V	U	B	D	A	F	U	U	S	B

### LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members. Send poems to emmad@lwsb.com. Submissions run as space allows.

#### Be My Eyes

Let me see him through you  
Elevate your platform  
so we may both reach out  
to him

Be my eyes, be my eyes  
See the flutter, feel the  
wind

Smile at your troubles  
Let them fall where  
they must

Be my eyes, be my eyes

Bring those who suffer  
in darkness safely home.  
They need the warmth  
of melodies past.

Be my eyes, be my eyes.

—Mitch Cohen  
Mutual 5

### LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members. Send poems to emmad@lwsb.com.

#### Elegy to Marcus the Wondermutt

I never knew true love....till I adopted Marcus the Wondermutt  
He had charcoal eyes, a handsome face, and a wiggly butt.

The shelter said he was only two, but they weren't sure.  
I'd pet him, and bathe him, and brush his fur.

We'd chew the fat, then he'd chew my slipper.  
He had a paisley harness. There was nobody hipper.

If I had a bone to pick with him, he'd hide it in the couch.  
He had a great attitude. And was never a grouch.

He'd often beg for food, he was kind of a mooch.  
I guess like Father like Son; after all, he was my pooch.

We'd frolic, and gambol. We'd hike, run, and walk  
He'd act all mischievous. I wished he could talk.

I'd clip his toenails, and rub his ticklish belly.  
I'd buy him some meat from the neighborhood deli.

I gave him a home, he generously gave me his heart.  
I thought about him constantly and hoped we'd never part.

I'd tell him Sit, Stay. Good boy! But he was really the boss.  
He died at 16. It'll take even longer till I get over my loss.

Marcus died of old age, he was my favorite canine.  
He got more awesome every day. Just like a fine wine.

Don't forget...always keep an eye on those we regard so highly.  
There's a reason the Roadrunner's rival was named Wile E.

Every day, I'm going to thank the Lord above,  
In Marcus the Wondermutt, I'd finally known true love.

—Jon Michaels  
Mutual 1

### Leisure Time Dancers

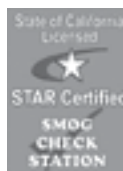
The Leisure Time Dancers hold classes on Monday afternoons in the dance studio, upstairs in Clubhouse 6. In May, cha cha is the new dance at 2 p.m., followed by a continuation of East Coast swing at 3. Beginners are welcome.

No partner is necessary. The class will rotate so everyone dances. A review of basics is included. The cost is \$8 per person for one class; \$12 per person for two classes in a single day.

For more information, contact Nancy Lyons at nhly-ons@icloud.com.

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### International City Theater

Saturday, May 19 is the last chance to see International City Theater's production of "What the Constitution Means to Me."

Playwright Heidi Schreck's play breathes new life into the U.S. Constitution and imagines how it will shape the next generation of Americans. In this play, she resurrects her teen self in order to trace the profound relationship between four generations of women and the founding document that shaped their lives.

Tickets are \$49 and can be purchased online at <https://ictlongbeach.org/constitution-means/> or by calling 562-436-4610.

Discounts are available to groups of 10 or more, with a minimum \$10 off each individual ticket. For more information about group discounts, call 562-495-4595, ext. 102, or email [denis@ictlongbeach.com](mailto:denis@ictlongbeach.com).

The theater is located at the Long Beach Performing Arts Center, 330 East Seaside Way, Long Beach, CA, 90802.

### Saturday Morning Dance Class

There are two dance classes every Saturday morning in Clubhouse 6 (second floor). For May the classes are: West Coast Swing at 9 a.m., followed by waltz at 10. Each class is \$7 per person. Class participants vote on new dance topics every month.

Prior dance experience is not necessary and partners are not required. For more information, contact Howard Small at 516-659-3314.

# CLASSIFIEDS

#### PERSONAL

New to Leisure World. Seek tall good-looking 70-90ish interesting, intelligent humorous boyfriend to hang out with. Former Flight Attendant traveled the World seeing/meeting interesting people/places/things. Spent 3/years in the air Force, which put me through college, then 6/years on Capitol Hill working for various Congressmen. How about you? My interest includes the Arts, photography, painting, performed in musical theatre and have free tickets to assorted local venues. The activities in LWweekly newspaper look interesting too. My boys told me "Mom" you are pretty, funny, smart, full of energy so go for it! (480)-300-9911 Dawn

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#### LEISURE WORLD CARPORT STORAGE BUILD-OUT

Build to Mutual standards for Lower/carport-storage. Cash deals \$975 plus \$25/Permit. Victor/ (951)-406-7909. Contractor State License 1082935. Exp 6/05

#### WINDOW WASHING

**WANT CLEAN WINDOWS?** I clean Inside/Outside OR Clean Outside only and SAVE \$\$\$.  
LW-Resident/Rich Livitski. (562)-600-0014. SB Business License LIV0004. Exp 5/22

**BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE.** PHIL (562)-881-2093. SB Business License AB0001. Exp 5/29

#### LEISURE WORLD HELPING LEISURE WORLD

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Contact Diane Hart 714-955-2885

#### "ROLLIN THUNDER" GOLF CART CLUB

Offering FREE advice on buying and selling of your Golf Cart. Also batteries and Safety Flags. 562-431-6859

Help the Emergency Information Council bring disaster preparedness information to Leisure World by donating your unwanted vehicle. Call (855) 500-7433 or visit [www.careasy.org/nonprofit/emergency-information-council](http://www.careasy.org/nonprofit/emergency-information-council).

#### INSURANCE PROVIDER

CONDO/HOMEOWNER/AUTO INSURANCE. For a no obligation proposal call me (Jose Lee, Leisure World resident) 562-857-4480 or email [jleeauto123@gmail.com](mailto:jleeauto123@gmail.com) License 0815240. Exp 5/22

#### SKYLIGHT SERVICES

**SKYLIGHTS CLEAN AND REPAIR**  
Licensed and insured  
Dan (562) 841-3787 Exp 6/12  
SB Business License BRA0002

SKYLIGHT Cleaning & Repairs., Eugene (714) 774-4385. Contractor License 634613-B. Exp 8/14/2024

#### BEAUTY SERVICES

**Tammy Nguyen Phenix Salon.** Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 6/05

#### COMPUTERS

##### FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. Seal Beach Business License CIP0001. Exp 1/22/2025

##### JOHN'S COMPUTER & TV SERVICES (562)-733-9193

All things computer related, LW-Resident Exp 7/17 SB License FUH0001

**LW WEEKLY**  
Read the paper online!  
[www.lwsb.com/newspaper](http://www.lwsb.com/newspaper)

# CLASSIFIEDS

## TV SERVICES

**JOHN'S TV & COMPUTER SERVICES**  
(562)-733-9193  
All things TV related,  
LW-Resident Exp 7/17  
SB License FUH0001

## HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands/Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 6/05

## CHRISTIAN HOME CARE

Experienced, knowledgeable caregivers. Honest/Assertive/Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 8/07/2024

## MOST AFFORDABLE RATE

with/optimum service, 30+years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/Doctor-Appointments. References, Fluent English. Ann 714-624-1911 and 562-277-3650/Heidi. SB Business License HYC0001. Exp 11/06/2024

## EXPERIENCED CAREGIVER

Over 25+ years in Leisure World with/Excellent References! Hourly or Live-in. PLEASE Call Pampet/(562)-371-4895. SB Business License PAN0003. Exp 6/19

## ELDERLY CARE. Live-in/Live-out.

30+/Years Experience. Cooking/Cleaning/Medications/Doctors/Companions. Experience with Dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 7/10

## MARIA'S Experienced Caregivers.

Run Errands/Doctor-Appointments/Cleaning/Part-Time/Full-Time/Live-In. 9xShift. (562)-230-4648. SB Business License CAM0006. Exp 7/17

## Anthony Caregiver. Light-Cleaning/Doctor-Appointments/Errands/Cooking/Laundry.

Anthony Camacho Available-Evening-and-Nights-ONLY. 714-605-6869. SB Business License 14206319. Exp 5/22

## Loving Arms Caregiving

Are you or a loved one in need of compassionate caregiving services? Look no further! **Loving Arms Caregiving** is here to support you with meal preparations, cleaning, Dr's. appointment transportation, companionship and much more. Contact us at (562)754-4639 to learn more about how we can assist you or your loved one. HCO#194701039 Exp 5/22

## HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006. Exp 6/05

## MOVE-IN, MOVE-OUT. WALLS, FLOORS, WINDOWS

PHIL 562-881-2093. OVER 30+ YEARS EXPERIENCE! SB Business License AB0001. Exp 5/29

## GRACIAN'S HOUSECLEANING and WINDOWS

10% off 1st-windows cleaning General-Housecleaning Excellent referrals in LW (562)-307-3861 25/years experience Exp 5/29 SB Business License GRA0006

GENERAL HOUSEKEEPING, 30+/Years Experience. Bi-weekly or monthly. SB Business License RAZ0002. Gloria/949-371-7425. Exp 7/10

**MARIA/House-Cleaning**  
We will make your house look NICE-as-possible! 15+/Years-Experience. We can work with your-schedule. Bi-weekly/Monthly. Deep-cleaning. Call/Text/714-496-2885. SB Business License HER0008 Exp 7/17

**MAGALY'S Cleaning Service.**  
We make your home sparkle! 7-days/call anytime! Complete-cleaning. 562-505-1613. SB Business License M0001A. Exp 5/29

Albert and Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830. SB Business License 14206409. Exp 5/29

## AUTOS WANTED

### ANY KIND OF CAR

Cars/Motorcycle/Truck, running-or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV & Release-of-Liability for you! Bonded/Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. CA Business License 046854. Exp 6/05

## AUTOS/BOATS/RV'S TRAILERS FOR SALE

### ELECTRIC CAR PADS

Installed at your residence. Call Frank/(562)-743-3832. STATE Contractor License #779462. Exp 7/31

2009 Hyundai Accent, Blue, Excellent Condition, One Owner, 27,000/miles. Asking \$7,500 (562)-594-8164.

## GOLF CARTS/ ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Carts for Sale & Repairs. Call 714-292-9124. SB Business License 14206207. Exp 1/29/2025

New/AIRHAWK, Mobility-Chair, lightweight/41-pounds. Can be transported in any vehicle! Checkout Air Hawk wheelchair website. Paid/\$1,800 Asking/\$1,400. (714)-366-8087-or-(760)-500-1398.

Electric-Dalton/Red-Scooter Extra large, Excellent condition. Picture-available-upon-request. \$400/OBO

Dorthea (562) 896-6500

Golf Cart 1999 New Batteries in 2023. 4-seat EZGO (562) 594-7549.

## GOLF CART TIRES

Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 6/12

## MOVING, HAULING & STORAGE SERVICES

### J&D HAUL-AWAY AND CLEAN-UP SERVICE

No job too small! Fast/Reliable/ Great-Prices. 562-841-3787 Dan. SB Business License BRA0002. Exp 6/12

A FRIEND and A TRUCK YOUR-FRIENDLY-MOVERS! We-Offer-HAULING-Service-too. ANY Size Job! Call/310-387-2618. SB Business License RO263644. Exp 6/19

## MISCELLANEOUS WANTED

Buying Antique and Vintage Furniture/MCM-Retro-Furnishings/Dressers/Desk/Antique-Jewelry/Navajo-Zuni-Jewelry/Vintage-Clothing/Men's-Watches-and-Lighters/Toys/Novelities/Whimsical-Figures/Miscellaneous-Collectibles, ETC. 562-243-7229. Exp 7/17

## MISCELLANEOUS FOR SALE

Do you want to sleep like a baby? Try all body massage chair, new, 5year-warranty. Leisure-World/resident selling for \$700. (562)-299-3175.

Yard Sale. 1240 Knollwood Road, Mutual-4/Unit-38K. Thursday/May-16th & Friday/May-17th 9:00am-3:00pm. Waffle-Iron/Electric-Skillet/Blankets/Ladders/Bubble-Lamp/Box-Fan/Small-Stand/Miscellaneous and many small items! (562) 431-8908

Hospital bed with/guard rails and mattress. \$250.00 very good condition Like-New. (805)-402-8891

Estate Sale. Thursday/May-16th and Friday/May-17th 9:00am-3:00pm. 13751 St. Andrews Drive Mutual-1/Unit-35J. Furniture/Housewares/Linens/Decor. EVERYTHING-MUST-GO! (508) 954-4467.

Cambridge AXA35 amplifier brand new \$100. Tom (714) 585-0464

## Estate Sales by Jennifer and Denise.

Thursday/May-16th & Friday/May-17th from 9:00am-2:00pm at 13701 Annandale Drive, **Mutual-1/Unit-14K**. This amazing home has so many Vintage treasures inside! Lots of ladies-clothing/new-shoes\_size-8/purses/crocheted-scarves/blankets/vintage-bar-cart/wedding-dress-and-veil.Lane/hope-chest/small-kitchen-appliances/dish-sets/serving-platters/baking-dishes. Lots of jewelry and jewelry chest. **For entry through Leisure-World main-gate, call/text Denise 714-234-8842 by Wednesday evening, POB 427, Seal Beach, 90740. Seal Beach Business License 14206514.**

## Estate Sale - Thursday, May 16 and Friday, May 17 from 8:30-2pm at 1841 St. John Rd., Mutual 15 - 39C.

Large sectional sofa, electric recliner, media cabinet, modern dining room, office armoire, writing desk, fabulous doll house. Wedgewood china, depression glass, air fryer, Keurig. Trundle bed, antique dresser, Ethan Allen dresser/lingerie chest, jewelry armoire, nice ladies clothing (M/L), NEW ladies shoes (9-1/2), costume jewelry. Wicker patio furniture, portable a/c, handmade dolls. **Estate Sales by Docia Drake 714-514-8232, Seal Beach Business License ESD0001.**

## TRANSPORTATION

INEXPENSIVE SHUTTLE. AIRPORTS/SHOPPING/DOCTORS, etc. 562-881-2093. SB License ABL0001. Exp 5/29

## FREE ITEM

PORTABLE RoomAirConditioner Window Exhaust with Instruction Book. (562) 431-0634.



**MUTUAL 10**  
13280 ST. ANDREWS #256-A  
3 BEDS | 1 BATH | 1,100 SQ FT  
**\$579,000**



## The Only 3 Bedroom for Sale in LW!

Fully Remodeled South/East Facing Corner. Could be 2 Beds/Office. Washer & Dryer, Beautiful Kitchen w/Quartz Countertops & Island. A/C and Greenbelt View. **Please call for private tour.**



**KEITH KOSS**  
REALTOR®  
DRE #01407100  
**714.421.2612**  
Keith@KeithKoss.com  
KeithKoss.com



**Gina Rojas**  
(562) 533-3190



ginamrojas@gmail.com  
Leisure World Specialist

24 Years LW Experience  
DRE#02111452  
"I Have Your Best Interest at Heart"

## Now Offering Notary Services

## Mutual 1-64H



**\$233,000**  
Newly painted one bedroom w/ enclosed indoor/outdoor patio

## 2023 Escrows

2-46C	\$379,000	2-18L	\$465,000
17-93A	\$482,000	7-146I	\$250,000
1-38E	\$215,000	9-210A	\$510,000
7-161I	\$330,000	1-8E	\$255,000
6-141K	\$288,000	4-79A	\$610,000

## Leisure Living Resales

**Robin Gray**  
Over 27 years of Leisure World Experience DRE 01027333  
**(562) 209-5605**  
BERKSHIRE HATHAWAY HomeServices California Properties

## Coming Soon

**Mutual 5 - Expanded 2 Bedrooms**  
**Mutual 15, Remodeled Downstairs Corner**

**Mutual 8-182-H**  
**\$229,000**

Clean one bed with new paint, cleaned carpets & heat-pump - pretty spot! Pretty spot!! Expanded 2 bed, private side patio, newer laminate floors & dual pane windows. Will have NEW Kitchen/Bath Counter-tops - Buyers choice of 3 colors!!

**Mutual 4-46-F**  
**\$389,000**

Catch the breeze on this expanded corner with skylights, central heat/air, washer/dryer, laminate wood-look floors, patio, and pretty views from all windows!

**Mutual 1-6-K**  
**\$234,000**

Cute one bed, laminate floors, dual pane windows, skylights, heat-pump, and a patio to enjoy the courtyard setting

**Mutual 10-248-I**  
**\$355,000**

Pretty spot!! Expanded 2 bed, private side patio, newer laminate floors & dual pane windows. Will have NEW Kitchen/Bath Counter-tops - Buyers choice of 3 colors!!  
13926 Seal Beach Blvd., Seal Beach, CA 90740



An Independent Brokerage!  
DRE#02120194

**714-350-9449**

**Coming Soon**  
2B/1Ba w/3rd Den/Bd.  
2B/1Ba Opportunity

**DONNA JEAN**  
McIntyre

Are you considering hiring agents for the sale of your unit? We handle the entire process for you from Cleaning Out, Repairs, Upgrades, Vendor Mgmt. & getting the unit Market Ready. We guarantee a Smooth, Successful Sale



**Mutual 15 - 11d McKinney**  
2Bd/2Ba Expanded Corner, w/Large Family/Great Room, private patio, greenbelt view. Rehab w/NEW Laminate Flrs., NEW Counters, Range/Oven, Bathrooms Rehabbed, NEW Paint, NEW Fixtures, Dual Pane Windows + Must See!  
**PRIVATE & SPACIOUS @ \$439,000**



**\*\*\*\*\*CLOSED TRANSACTIONS\*\*\*\*\***

Listed 12-77h	Listed 1-47h	Listed 15-21b	Listed 12-45c
Listed 10-238b	Listed 15-29j	Listed 14-19e	Listed 7-174h
Listed 15-22a	Listed 7-163k	Listed 2-37i	Listed 15-14n
Listed 15-43e	Listed 5-115i	Buyers Agt. 7-176c	Buyers Agt. 15-11d
Listed 15-10f	Listed 7-158b	Buyers Agt. 14-25e	Buyers Agt. 10-248c
Listed 5-103l	Listed 14-18b	Buyers Agt. 12-64g	Buyers Agt. 10-249b

**www.TeamDonnaJean.com**

 <b>Andrea Bair</b> 714-624-1981	 <b>Suzanne Ahn</b> 562-810-1614	 <b>Michael Shieh</b> 714-866-9268	 <b>Alice Sioson</b> 626-216-3038
--	--	--	---

**Mr. Hank**  
Leisure Living Resales, Inc. Lic. #636260  
13918 Seal Beach Blvd., Seal Beach, CA 90740  
**(562) 493-6601**  
leisurelivingresales.com

**No One Knows LW Like We Do!**

**NOTARY ON DUTY**

 Mr. Hank 562-743-8473 The Piano Man	 Erika - M17 562-208-5223
 Gina Rojas 562-533-3190	 Joanie Korman 714-308-8034
 Lela Lee 714-213-1993	 Daniel Mahoney (562) 340-6918
 Carl Kennedy M15 661-810-9410	 Karen Wittkamm 714-858-1794

*We sold and listed thousands. Why don't we list and sell yours too!*  
**The Happy Office!**



**ERIKA SHAPIRO**  
BRE # 01448494  
Resales Specialist Mut. 17 Resident  
**562-208-5223**

**New Listing**

**Mutual 11 - 284E**  
**\$350,000**  
2 BDR/ 1 Bath, Side expansion, private entrance, drive-up convenience. very private location.

**Mutual 17- 49A**  
**\$450,000**  
First floor condo facing South/West, the greenbelt at CH 1, Fully equipped kitchen, central A/C heat. Breakfast Counter, Formal Dining, Laminate flooring in LVR and DR. Financing Available.

**Mutual 9 - 218H**  
**\$298,000**  
2 BDR, 1 bath, enclosed patio, Washer & dryer, dishwasher, microwave. East facing, private location.

**UNDER CONTRACT**

**Coming Soon**

**Mutual 11-284D**  
**\$350,000**  
Side Expansion for dining, A/C Heat Pump, private entrance, drive-up convenience

**Leisure Living Resales**

 <b>John Paul Garcia</b> Branch Manager 562-567-8228	 <b>Robin Gray</b> 562-209-5605	 <b>Barbara Diette-Dobias</b> 562-754-5628	 <b>Kathy Gupton</b> 562-618-9940	 <b>Gloria Hadley</b> 562-884-3594	 <b>Edwina DiMario</b> 562-706-7999	 <b>Vickie Van Ert</b> 310-220-1407	 <b>Rosie Wang Davis</b> 626-623-9929
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**(562) 594-0515**  
1900 St. Andrews Dr., Suite C  
Seal Beach, CA 90740  
BRE 00338699

**BERKSHIRE HATHAWAY**  
HomeServices  
California Properties

**(562) 431-2149**  
13926 Seal Beach Blvd.  
Seal Beach, CA 90740

**Estee Edwards**  
562-208-2540

**Mutual 5 - 123J**     **\$234,000**  
Move in ready, new vinyl plank flooring, 2 heat pumps

**One-Bedrooms**

**Mutual 1-6-K**     **\$239,000**  
Cute one bed with laminate floors, heat-pump, skylights, patio with storage.

**Kristin Duncan**  
562-480-1465

**Leah Perrotti**  
310-889-6583

**Mutual 1 - 14L**     **\$298,000**  
2 Bedrooms, 1 bathroom, new flooring, dishwasher, new heat pump, and upgrades. Includes golf cart.

**Two-Bedrooms**

**Mutual 11-273L**     **\$359,000**  
2 Bedrooms, 1 bathroom

**Mutual 10-248-I**     **\$365,000**  
Expanded two bedrooms, side patio, new paint & laminate floors.

**Mutual 2-68G**     **\$399,000**  
Expanded corner close to carport

**Mutual 4-46F**     **\$389,000**  
Expanded corner with central heat/air and washer/dryer!

**Mutual 5-104F**     **\$549,000**  
2 Bedrooms, 1 bath - recent remodel corner with Large Patio

**Claudette "CC" Cooley**  
310-484-9600

**Bill Berman**  
714-606-5258

**Hanna Rubinstein**  
562-900-4243

**Jay Cho**  
714-944-4998

**Philip Bak**  
213-550-9991

**Fay Wescott**  
949-212-8748

**Kawain Payne**  
714-293-1151

**Adrian Villarreal**  
714-694-3291

**Chris Kim**  
424-247-4542

# Specializing in the LW Community

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Yes we are **SISTERS**



**Kathy Gupton**  
Associate Broker  
DRE # 00744676



**Sean Wood**  
Realtor®

DRE# 02186926

562 514-6613



**Gloria Hadley**  
Realtor®  
DRE # 01057681

This lovely expanded two bedroom one-and three-quarter bathroom home is light, bright, and ready to move in. The spacious living room has an adjoining formal dining area. The addition may serve as a den, office, or bonus room, and features a picture window in addition to double pane windows that overlook a lovely Greenbelt. The kitchen has built-in appliances including a stove top, oven, refrigerator and provides a tremendous amount of cupboard and counter space. The main bedroom suite has a separate closet, dressing area, full bathroom with shower, and double pane windows that overlook a Greenbelt with an abundance and variety of trees. The main bathroom has a bathtub with shower. The second bedroom features a large wardrobe closet, lots of storage space, and double pane windows. The second bathroom has a stall shower. This terrific floor plan is light, bright and has newly installed deluxe vinyl plank flooring and has recently been painted throughout.



**M15-21Q \$369,000**

**Pending**

**PENDING**

Mutual 1-35J  
Mutual 8-193B  
Mutual 12-46F  
Mutual 14-28A

**SOLD  
2024**

Mutual 15-37R  
Mutual 11-273L  
Mutual 4-83L  
Mutual 10-242I  
Mutual 14-5B

**SOLD  
2023**

Mutual 2-29E  
Mutual 4-51L  
Mutual 4-76L  
Mutual 4-77E  
Mutual 10-254H  
Mutual 14-17B  
Mutual 5-91C  
Mutual 3-29K  
Mutual 14-5B  
Mutual 8-185K  
Mutual 11-273L  
Mutual 1-25I  
Mutual 2-26C  
Mutual 1-26B  
Mutual 8-188C  
Mutual 1-30K  
Mutual 5-91J  
Mutual 11-267C  
Mutual 1-26L  
Mutual 11-268F  
Mutual 4-50F  
Mutual 9-212C  
Mutual 6-143A  
Mutual 9-225C  
Mutual 9-230D  
Mutual 11-283D  
Mutual 4-51D  
Mutual 8-189D

Enjoy this lovely expanded two-bedroom, one-bathroom, formal dining room home. This home has been newly painted throughout and features a spacious living room with double pane windows and heat pump and is adjacent to the formal dining room which has a convenient entry closet for additional storage. The kitchen has Leisure World appliances including a built-in stove, oven, refrigerator, and has a skylight and ceiling fan. The main bedroom has double pane sliding glass doors that lead to the front patio. The bathroom has a skylight and cut down shower for walk-in convenience. The second room has a Murphy bed and built in wall unit. The living room, dining room, and both bedrooms are carpeted. The private front patio has indoor/outdoor carpeting, a walk-in storage closet, and is a perfect place to sit back relax and enjoy the beautiful surrounding green areas and the lovely gentle ocean breezes.



**M11-268D \$349,000**

This lovely two-bedroom one bathroom home is ready to move into. It has been newly painted and has newly installed deluxe vinyl plank flooring throughout. Enter the spacious living room through the beautiful leaded glass entry door. The living room has a heat pump that provides both heating and air conditioning. The kitchen has a skylight, white cabinets, and Leisure World appliances including a stove, oven, refrigerator, and it has an added new dishwasher. The main bedroom has mirrored wardrobe doors. The bathroom has white cabinets, a cut down shower for walk-in convenience and a skylight. The second bedroom has mirrored wardrobe doors. The large and private wrap around patio has two skylights, a walk-in storage closet, and is perfect for indoor outdoor entertaining.



**M12-43B \$339,000**

**Pending**

Elegant 2 bedroom 1-1/2 bathroom fully expanded home with a formal dining area. Take a look at this lovely spacious home with a large corner living room, adjacent formal dining area, and one that has been fully remodeled and expanded. The tiled entry porch and leaded glass door open into an entry area with a coat closet. The kitchen has been fully remodeled with custom cabinets, granite counters, built in appliances including a stove, oven, refrigerator, dishwasher, a mirrored backsplash, and skylight. The main bedroom is fully expanded with a walk-in closet, double pane windows and plantation shutters. The main bathroom has granite counters, cut down shower for walk-in convenience, vinyl flooring, and skylight. The second bedroom is carpeted and has a half bath. Also featured in this lovely home is central heating and air conditioning and is located in a pretty greenbelt area.



**M9-229C \$449,000**

**Pending**

Charming describes this lovely expanded two-bedroom one-bathroom Leisure World cottage. This home is light, bright, warm, and cozy. A washer dryer will be added at seller's expense. A Beautiful leaded glass door leads into a spacious open floor plan. The living room has a heat pump and air conditioning unit. The kitchen has an extra-large skylight, white cabinets with granite countertops, built in Leisure World appliances including stove, oven, refrigerator, an added built-in microwave oven, and a mirrored backsplash. The master bedroom has mirrored wardrobe doors. The bathroom has a skylight and cut down shower for walk-in convenience. The second bedroom has a mirrored wardrobe door. The side edition may be used as a dining area, office, den, sitting area or bonus area of your choice. There is laminate flooring throughout and a private patio with a walk-in storage area. This lovely home is a must see.



**M7-168C \$369,000**

**Recipients of the Berkshire Hathaway Presidents Circle Award**

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Visit Our Website: [www.thesealbeachsisters.com](http://www.thesealbeachsisters.com)

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)





**Carol Gasper**  
Resident Realtor  
DRE #01276484  
**562.716.1547**  
gcarol1966@gmail.com

# GASPER MONTEER

## REALTY GROUP

1900 St. Andrews Dr. Suite B, Seal Beach, CA 90740  
sealbeach-retirementcommunity.info

**\*Notary Services Available**

### OUR TEAM!



**Nicholas Monteer**  
Broker  
DRE #02166226  
**562.280.4631**  
nicholasmonteer@gmail.com



Patti Kilian, Realtor



Ruben Valladolid, Realtor



John Neill, Realtor



John Dixon, Realtor



Christina Reed, TC



Rossella Caroletti, Reception



**1642 Merion Way #40G | M2 | \$370,000**  
Corner drive-up location 2bed/1bath partially expanded with sunroom/patio. Washer/dryer. Skylights in kitchen and bathroom. Added dishwasher with newer refrigerator. Dual pane windows with shutters throughout and lots of storage space!



**1221 Golden Rain Rd #3i | M3 | \$239,000**  
1Bed/1bath interior location on wide green with tiled patio. New laminate floors and freshly painted. Skylights in kitchen and bathroom. AC heatpump and bathtub with storage closet.



**1420 Skokie Rd #84i | M4 | \$599,000**  
Redone and fabulous! 2Bed/2bath greenbelt location with tiled patio. Chef's kitchen, all new stainless appliances, expanded skylights, double pane windows, walk-in closet, central AC, washer/dryer and more!



**1240 Knollwood Rd #38i | M4 | \$285,000**  
Expanded 1bed/1bath home with added patio on greenbelt location. Expanded skylights with exposed beams, AC heat pump and walk-in closet. Freshly painted with new laminate floors throughout!



**13860 St Andrews Dr #61E | M1 | \$235,000**  
Charming greenbelt location with mature trees 1 bedroom 1 bathroom with full patio! Wood and laminate floors, dual pane windows, granite countertops throughout, patio skylight and cut down shower.



**13631 Annandale Dr \$349,000**  
Partially expanded drive-up/greenbelt corner 2bed/1 bath unit w/patio. Skylights in bathroom/ kitchen. Sliders off living room and guest bedroom with AC heat pump.



**13370 St Andrews Dr #69H | M12 | \$459,000**  
Expanded 2bed/1bath home with dual pane windows and shutters throughout. Laminate floors and skylights throughout. Remodeled kitchen with dishwasher and microwave. Redone bathroom, central HVAC, washer/dryer. Walk-in closet and outdoor closet too!



**1241 Knollwood Rd #46G | M4 | \$479,000**  
Corner 2bed/1 bath home in charming greenbelt location with mature trees. Bay windows and side patio. Shutters and double pane windows throughout. Laminate floors, washer/dryer, walk-in closet, dishwasher, microwave and central HVAC.

### CLIENT TESTIMONIAL

★★★★★

"Nick Monteer" was my agent that represented me on my purchase in Seal Beach. The escrow was a long 120 days! Nick was there for me every step of the way. We texted, emailed and spoke on the phone um-teen times. Every time a new listing came up he was right on it and we would go look. He was never impatient during the process. He listened and addressed all of my ridiculous questions and always had a smile. He had an answer for everything! I would give him a 10+ star. Don't waste your time with another agent because Nick is the best of the best without a doubt.

**Ann B.**

On May 6th, 2024 a total of 64 units in Leisure World show as active listings on the Multiple Listing Service(MLS)

- 13 - 1 bedroom/1 bath units from \$225,000 to \$315,000
- 33 - 2 bedrooms/1 bath units from \$295,000 to \$579,000
- 18 - 2 bedrooms/2 baths units from \$360,000 to \$645,000

Our buyer needs right NOW:

- Fully remodeled corner units with 2bed/2baths, laundry
- 1 bedroom in Mutuals 2 or 5



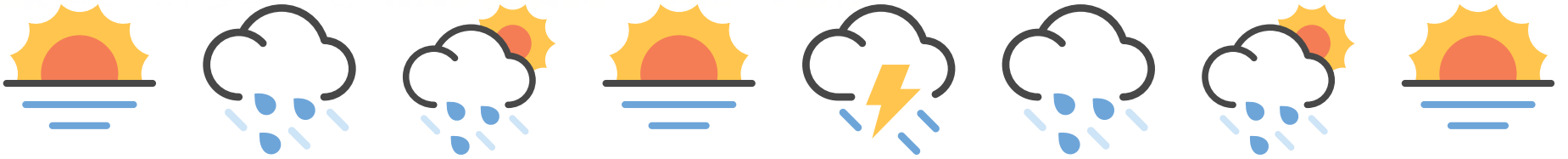


The Januszka Group, Inc.

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www.OnsiteHomeSales.com



*It might be "May Gray" but our listings and sales have not gone away! At On-Site Home Sales we are as busy as ever! Come by our office anytime to speak with an expert Realtor®, we are open seven days a week!!*



**M15 - 1K \$420,000**

2 Bed 2 Bath Upstairs Unit. All New Floors and Paint. Fully Expanded with a Large Office Space.



**M9 - 234I \$415,000**

2 Bed 1 Bath Corner Unit, Great Location. Has Newer Windows and Expanded Master Bedroom with Two Large Closets. Owner is Anxious to Sell.



**M14 - 33J \$304,000**

2 Bed 1 Bath, Central Air/Heat, Washer/ Dryer, Bonus Room.



**M12 - 10D \$304,000**

2 Bed 1 Bath, Modern White Kitchen and Grey Plank Floors.



**M9 - 234L \$415,000**

Beautiful East Facing Corner Unit with Expanded Master Bedroom.



**M14 - 33J \$369,000**

Beautiful and Very Bright 2 Bedroom 1 Bath Expanded Unit



**M12 - 11A \$615,000**

Gorgeous 2 Bedrooms 2 Bath Corner with Washer Dryer and Beautiful Green Views.



**M17 - 109B \$450,000**

2 Bedrooms 2 Bath Condo.



**M6 - 136I \$399,000**

Expanded 2 Bedrooms 1 Bath with Large Master Bedroom.



**M12 - 74F \$344,900**

Basic 2 Bedrooms 1 Bath with Greenbelt Views Close To Downtown.



**M14 - 51G \$350,000**

Partially Expanded 2 Bedrooms 1 Bath with Washer/Dryer.



**PRICE REDUCED**

**M15 - 26C \$599,000**

Rare and Gorgeous 2 Bedrooms 2 Bath Loft.



**M15 - 24A \$489,900**

A Stunning Downstairs Unit with Beautiful Built-Ins and Greenbelt Views.



**M15 - 10H \$509,000**

Gorgeous Downstairs 2 Bedrooms 2 Bath, Corner, Very Private.



Dawn Januszka  
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**Giving Back to the Community on Every Real Estate Transaction!**

